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THIS WEEK

Leap Day: What can you do in 24 hours?

SEE PAGE 4

La Jolla author writes travel book

SEE PAGE 8

New fashion at the Bridal & Wedding Expo

SEE PAGE 13

THE ART OF LOVE

LA JOLLA COUPLE TO PERFORM IN 'DON JUAN' SEE PAGE 9

Married San Diego Ballet dancers Stephanie Maiorano and Tona Gomez, who live in La Jolla, during a performance of 'Sleeping Beauty.'

COURTESY PHOTO

First Little Blue Penguin hatched at Birch Aquarium

For the first time, a Little Blue Penguin has hatched at Birch Aquarium at Scripps Institution of Oceanography at UC San Diego. The chick made its debut on New Year's Day in the aquarium's Penguin Care and Conservation Center in Beyster Family Little Blue Penguins.

"Our team is beyond excited to welcome this adorable new addition to the Birch Aquarium family.

Our penguin colony is truly a diverse group, comprised of individuals from five different zoos and aquariums," said Kayla Strate, assistant curator of birds.

"While it took some time for our penguins to synchronize to the same San Diego

schedule, we've created the ideal environment for our birds to thrive thanks to careful observations and adjustments to our breeding plans. Each breeding success makes a meaningful addition to the genetic diversity of Little Blue Penguin populations in the U.S.," she continued.

This moment, years in the making, marks a remarkable milestone in the aquarium's penguin conservation efforts as well as cooperative breeding program efforts with other Association of Zoos and Aquariums institutions. This chick is also the first Little Blue Penguin to hatch on the West Coast.

The chick made its debut on New Year's Day.

See PENGUIN , Page 6

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San Diego Humane Society opens redesigned Adoptions Center



San Diego Humane Society animals move into the new Adoption Center. Natt happily entered the new building. CONTRIBUTED PHOTO

By DAVE SCHWAB

San Diego Humane Society on Feb. 13 held the grand opening of its redesigned Adoptions Center with a ribbon cutting at its San Diego Campus.

The milestone was celebrated with a ceremony at 5500 Gaines St. attended by San Diego Mayor Todd Gloria, alongside SDHS staff, volunteers, adoptable pets, and community members.

Construction on the

state-of-the-art facility began in May 2022, resulting in a remarkable transformation of animal habitats, the adoption lobby, and outdoor exercise yards. The vibrant and colorful space will enhance the comfort and well-being of the resident pets while providing a better guest experience.

With an improved layout, there are now 58 dog rooms, 55 cat kennels, 11 communal cat rooms, and one large cat "aquarium" for multiple felines to stay, as well

as 53 spaces for small pets. "This marks a new era for San Diego's homeless animals," said Dr. Gary Weitzman, SDHS president and CEO. "Our renovated Adoptions Center represents a significant leap in animal welfare and will provide a better experience for countless pets in need. We believe these new habitats will increase visibility and result in shorter stays for our shelter residents, paving the way for brighter futures."

In the past year, SDHS, which



Matilda was the first of San Diego Humane Society animals to move into the new Adoption Center. CONTRIBUTED PHOTO

serves nearly 70% of San Diego County, has had significant issues with pet overcrowding, particularly with canines, setting a record for animals in its care. SDHS also observed a 20% increase in lost pets not retrieved by their owners. On Oct. 20, 2023, the organization set a new all-time high with 757 canines in its care.

Families have relinquished their pets for a variety of reasons including escalating costs of care, insufficient housing options for pet owners, and limited access to veterinary care.

"We've never seen a year like this with dogs before," said Weitzman. "October 2023 was one of our highest months in history for dog admissions. These dogs need homes or foster homes, and we are asking the community to help provide second chances for them."

The community is invited to visit the new SDHS Adoptions Center to browse adoptable pets from 10 a.m.-5 p.m., Tuesdays through Sundays. SDHS also has locations in Escondido, El Cajon, and Oceanside. Through Feb. 18, all pets are 50% off adoption fees thanks to Purina. For more information and to view adoptable pets, visit sdhumane.org/adopt.

ADOPTING FROM SDHS SERVES THESE PURPOSES:

- Helping create space in the shelter for other animals in need.
- Knowing you're getting an animal who has been properly assessed and cared for.
- Ensuring your pet has been microchipped, spayed/neutered, and vaccinated.
- Access to SDHS's services including an adoption guarantee, training advice, pet supplies, and educational information to support pet families for the life of their animals.

KEY FEATURES OF THE REMODELED ADOPTIONS CENTER INCLUDE:

- Calming enhancements to enclosures: Solar tubes for natural light, den-like housing for dogs to feel more secure, angled kennels so no dogs will have a direct view of each other, sound-proofed habitats, calming music, and pink noise, as well as improved drainage designs to allow staff to clean easier and spend more time with the animals.
- Dedicated space for small pets: Separate areas for small animals minimize stress and make it easier for visitors to view pets available for adoption.
- Expanded outdoor play areas: More play yards for dogs and outdoor "catios" for cats provide ample space for exercise and mental stimulation.

2024 Presidential Primary Election

Voting for president? Your political party registration determines which presidential candidates appear on your ballot. Learn more at sdvote.com.

Every active registered voter in San Diego County will receive a ballot in the mail the week of Feb. 4.

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Complete your ballot in the comfort of your home. Sign and date your return envelope, seal your completed ballot inside, and return it through the U.S. Postal Service – no stamp needed!

Return your ballot to any of the Registrar's official ballot drop boxes around the county **starting Tuesday, Feb. 6 through Election Day, Tuesday, March 5.**

Avoid long lines by taking advantage of early voting! Starting Saturday, Feb. 24, vote centers will be open daily from 8 a.m. to 5 p.m. through Monday, March 4.

On Election Day, Tuesday, March 5, voting hours change to 7 a.m. to 8 p.m.

Find a ballot drop box or vote center near you at sdvote.com



MAIL IT. DROP IT. VISIT.

Main (858) 565-5800 | Toll Free (800) 696-0136 | sdvote.com | [@sdvote](https://twitter.com/sdvote) #SDVOTE

FIDO CLEANUP

Fiesta Island Dog Owners next cleanup of its fenced off-leash area is Saturday Feb. 24 from 10-11:30 a.m. Come spend a couple of hours helping keep

the dog park clean. No need to sign up, just show up! Meet at the north end of the fenced off-leash area, just inside the fence. FIDO is a nonprofit corporation run by volunteers dedicated to protecting and improving the fenced off-leash dog park on Fiesta Island.

Because
spell check
isn't enough.

Laurie Gibson
Editor



(858) 635-1233
thesuperioreditor@gmail.com

PBTC FEBRUARY SOCIAL

Looking for a night filled with fun, friends, and specials on delicious food and drinks? Then join in for the Pacific Beach Town Council's social on Thursday, Feb. 29 from 4-6 p.m. at SD TapRoom, 1269 Garnet Ave. If you would like to help neighbors in the flood-ravaged parts of San Diego, donate a gift card and get a free beer from SD TapRoom. Cheers to a worthy cause. PBTC members will receive a 25% discount on drinks and food from SD TapRoom at this month's event. Sign up at Eventbrite to reserve your spot.

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LA JOLLA, VILLAGE AREA Bankruptcy court-ordered sale of vacant lot, just a block from beach, immediately across street from Bishop's School in the heart of the village of La Jolla - a developer's dream! Build from the 8-unit plans by architect Claude Anthony Marengo that are approved by Coastal Development Commission or the alternative best-use analysis: 24-30 units, inclusive of underground garage.
1/3 Acre + | 14,637 SF | \$5,898,000



LA JOLLA, WINDANSEA Income Earning! Enjoy homelife in your quaint cottage with old world charm and generous green space. Earn rents from the nice-size unit in back, and more from any of five one-car garages, on a block that ends at the beach, west of La Jolla Boulevard.
3 BD | 1 BA || 2 BD | 2BA || 1,954 SF | 6,406 LOT SF | \$2,798,000



LA JOLLA, WINDANSEA Income Earning! Envisioning the quintessential beach bungalow, private and quaint, with defined income to offset costs? Here it is. A duplex, within a block of the beach, west of La Jolla boulevard, in highly sought WindanSea.
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2 BD | 2 BA | 1,485 SF | \$1,250,000



LA JOLLA, LOWER HERMOSA Contemporized behind a pair of extra-wide pivot doors, one steel & the other glass, for privacy & intrigue. Volume ceilings, open trusses, sliding glass doors show off its everything.
4 BD | 3 BA | 2,829 SF | \$3,754,236

LEAP DAY – What to do with an extra 24 hours? Plan a weekend getaway to Catalina Island, or a staycation at Tower23 Hotel

By THOMAS MELVILLE

Who's to blame, Julius Caesar or Pope Gregory XIII? Or maybe the question is, Who's to thank? Both the Julian Calendar and Gregorian Calendar have leap years built in, but the pope's method ended up more accurate than the emperor's. Either way, it's an extra 24 hours in February. Now, what to do with it?

How about a weekend getaway

CATALINA ISLAND

Info: visitcatalinaisland.com.



The Catalina Island Yacht Club and the iconic Catalina Casino in Avalon Harbor.
PHOTO BY THOMAS MELVILLE

to somewhere somewhat local, yet totally different in style and feel? Or what about staying in Pacific Beach, but with a different perspective? Let's check out some options.

CATALINA ISLAND

Catalina is a rocky island off the coast of Southern California in the Gulf of Santa Catalina of about 75 square miles and 29 miles south, southwest of Long Beach. Its history didn't get interesting until the 1920s when chewing-gum magnate William Wrigley, Jr. bought a controlling interest in the Santa

Catalina Island Co. Wrigley invested in infrastructure and attractions, including the construction of the Catalina Casino, which opened on May 29, 1929. Then the fun started.

Celebrities, movies ("Treasure Island," "The Ten Commandments," and "Ben Hur" were shot there), and the captains of industry all made the island the place to be and be seen. The famous buffalo herd, which still roams the hills and valleys, was brought to the island in 1924 for the filming of "The Vanishing American." Even Wrigley's Chicago Cubs spent spring training on the island from 1921 to 1951.

The rich and famous still visit (Zoey Deschanel, Rob Lowe, and Taylor Swift recently), and the landscape still doubles as exotic locales for TV shows and movies, but for most people, the island is a relaxing getaway from the grind of everyday routines. The one city, Avalon, perched on Avalon Harbor (go figure), is a small, quiet walkable town (look both ways for golf carts) filled with charming shops and wonderful views. Sold? Let's go already.

CATALINA EXPRESS

The easiest way to get there is on the Catalina Express. From San Diego, head north up I-5 for about an hour to Dana Point Harbor, buy tickets, and board for the 9:30



Catalina Express is the fastest, safest, most frequent, and most comfortable form of transportation to Catalina Island.
PHOTO BY THOMAS MELVILLE

CATALINA EXPRESS

Where: 34675 Golden Lantern Drive, Dana Point.
Info: catalinaexpress.com, 800-613-1212.

a.m. trip. Catalina Express is the fastest, safest, most frequent, and comfortable form of transportation to Catalina Island. The company operates a fleet of high-speed, high-tech vessels providing up to 30 departures daily year-round, with scheduled passenger service to Avalon and Two Harbors on Catalina Island from San Pedro, Long Beach, and Dana Point.

Founded in 1981 as a commuter service for island residents, Catalina Express now operates eight vessels and carries more than one million passengers annually. The boats offer a spacious main deck with comfortable seating, large windows, and a small galley with drinks and snacks. The upper deck upgrade features a Commodore Lounge offering priority boarding with beverage and snack service included. The ride from Dana Point usually takes about 90 minutes.

See **DAY**, Page 7

Make the most of leap day in San Diego County with an adventure



People paragliding at Torrey Pines.

PHOTOS BY KYUNGMIN MIN

By KYUNGMIN MIN

What would you do if you had an extra day in your life? Do you think it's just a useless hypothesis? Well, we have the day this year, the 29th of February, as leap year is back after four years.

Whether you are a San Diego native, a new neighbor, or a transient like myself – I'm leaving the U.S.

in four months – why don't we see San Diego from a tourist's point of view for 24 hours? Let's explore the City of San Diego, or better yet, the entire county, on leap day. What can we do on the 60th day of the 366 days?

• Exploring Balboa Park to the fullest

With 16 museums and 65 miles of trails, fully enjoying Balboa Park in a day might be a challenge.

Choose museums based on your interests, ranging from the Natural History Museum to the Science Center, Air & Space Museum, Museum of Art, and more. You also have 1,200 acres of urban green spaces for a picnic. Immerse yourself in the exotic vibe of the Spanish Colonial architecture found in the main buildings along El Prado. Prado, a great restaurant, offers the best food, atmosphere, and service. Lastly, don't forget to visit the Zoo if it piques your interest!

• From La Jolla to Torrey Pines

La Jolla is a place that you can never get enough of. Feel the sea breeze as you drive along the coast. If you take Bus 30 from Bird Rock to La Jolla, you'll encounter wonderful scenery with the Pacific Ocean and clean, neat residential streets. Spend some time watching the sea lions barking or kayaking through the La Jolla Sea Caves. Enjoy lunch at a nice spot. Harumama is an Asian fusion restaurant that specializes in Japanese ramen. There are a few more branches in other locations, the one in La Jolla boasts an ocean view with its glass walls. In the afternoon, head a little farther north from La Jolla and explore Torrey Pines. Choose one of the trails in the Natural Reserve – check trail availability at the Torrey Pines State Natural Reserve website – or

try paragliding if you haven't before. Who knows? It might be your new hobby.

• To the ocean or the city, Downtown is the answer

Struggling to choose between the city and the ocean is futile because, in Downtown, you can easily enjoy both. I used to live in Little Italy for a while, and walking or running by the waterfront was my hobby. Grab some food

or snacks at Little Italy Food Hall and have a picnic at Waterfront Park. Take a stroll from the park to Unconditional Surrender, the renowned kissing statue. If time permits, visiting the USS Midway Museum is a great option in the city of "Top Gun." Check out the restaurants; it will be tough to choose just one. I love Rei Do Gado

See **LEAP**, Page 15



Sea lions in La Jolla.

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At Pueblo, every dish is a celebration of fresh, locally sourced ingredients, with a focus on Baja flavors and coastal traditions. From savory seafood to flavorful tacos, each plate is thoughtfully crafted by our chef to showcase the diverse culinary landscape of Mexico.

Quench your thirst with our extensive selection of tequila, featuring premium options from both sides of the border, or indulge in one of our signature cocktails made with fresh agave-based spirits. Whether you're sipping a margarita on our rooftop terrace, enjoying the ocean breeze, or cozying up by the fireplace with a glass of wine, Pueblo offers the perfect setting to unwind and enjoy the vibrant atmosphere.

In addition to our exceptional cuisine and libations, Pueblo provides a fun and friendly place to meet friends and enjoy good company. Our rooftop dining area offers stunning views and a lively atmosphere, perfect for gathering with friends and soaking in the coastal vibes.

Join us at Pueblo, where modern Mexican coastal cuisine meets upscale elegance in the heart of San Diego. Call (858) 544-1875 to make a reservation, and explore our menu at pueblopb.com. Discover the flavors of Mexico with us at Pueblo located at 877 Hornblend, (858) 544-1875



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THANKS LA JOLLA FOR 114 YEARS OF FRIENDSHIP

Erling Rohde Plumbing started in 1910. It is the longest run, family-owned plumbing business in La Jolla and San Diego. The company now in Bird Rock has been operated for the last 40 years by the grandson of the founder, Michael Glancy. Mike returned from Vietnam in the 70's and decided to seize the opportunity to work in a "good trade." He is also a surfer and wanted to stay close to the ocean. Mike says his company offers two valuable traits: honesty and knowledge. Rohde Plumbing's specialties include bathroom and kitchen remodels, water heater replacement, toilet, faucet, backflow protection, underground leaks including water, sewer, and gas pipes, and Ray-Pac boiler repair and/or replacement. They have earned their stellar reputation for providing genuine, caring customer service.

Living Room Coffeehouse has new address, same European feel

Advertised as a European cafe with a Californian flair, the Living Room Coffeehouse La Jolla has transformed itself with a recent move into regal surroundings becoming a full-service restaurant, bar, and live entertainment venue.

The red carpet has truly been rolled out at the Living Room's new location at 1205 Prospect St. in a building built by businessman and philanthropist Doug Manchester. Bistro owner Sam Azzu pointed out his establishment has always been a "melting pot" for San Diego and a place where people "from all over the world hang out drinking coffee, playing board games and studying." He added the Living Room is designed to be "a place where people come together. We celebrated our 30th anniversary last year. I came into the picture in 2000."

Azzu said his place is the exact opposite of a corporate-owned coffee-oriented business. "We are the opposite," he said pointing out "Most coffee shops nowadays are drive-thrus, whereas the Living Room is a true European-style coffee shop. I feel we have contributed in a positive way to our community."

Azzu expressed gratitude to Manchester and his financial group. "Manchester Group's leasing agent reached out to us and we thank Papa Doug for accommodating the Living Room."

About the plush surroundings in his new location of 11,000-plus square feet, Azzu added: "Every day now we see college kids hanging out and sitting in chairs and at tables that cost thousands of dollars. Being a part of this beautiful spot is a great feeling."

Living Room's new location is a major upgrade in numerous ways. Azzu pointed out that his new kitchen space is "larger than my entire space in the old spot." That has allowed him several advantages including providing

space for more equipment while allowing the bistro to change its menu.

"We went from being a simple cafe steaming our eggs on an espresso machine to making egg sandwiches, omelets, pancakes, waffles, and eggs Benedict – a full breakfast menu."

Azzu said they've also changed their night menu going beyond soups, sandwiches, and salads to adding a "whole array cooked foods and meats as well as chicken, beef, and seafood dishes."

Living Room's owner added their outside kitchen also allows them to offer pizza and flatbreads as menu items. The establishment has also become La Jolla's "late-night" dining. "If you're walking around La Jolla after 9 p.m. and you feel out of luck (for eating options), drop in at the Living Room," implored Azzu. "We're open until 11 p.m. offering full dinners."

The restaurateur said there are a couple of other refinements in their new space including their inheriting a "huge empty wine cellar" they intend to fill with a wide selection of wines at a variety of price points. Azzu added he has converted part of his space into a "speakeasy" bar that he has been able to stock with his full liquor license with "the rarest and hardest to get scotches and bourbons in the world."

Azzu added he also plans to bring live musical entertainment into the Living Room on weekends, even anticipating having open-mic nights. "It's going to be a fun place," he concluded.

The Living Room: 1205 Prospect St. (858) 459-1187 livingroomcafe.net



Häagen-Dazs La Jolla Celebrates a Decade of Sweet Success and Introduces Exciting Additions for 2024



Häagen-Dazs La Jolla, a beloved local ice cream and coffee destination, is thrilled to announce a milestone - the celebration of a decade since acquiring ownership of the franchise in 2013. Over the years, Haagen Dazs has become an integral part of the community, offering delightful ice cream and warm hospitality to both locals and tourists alike.

The journey began ten years ago when the current owners took over the franchise. Since then, they have been dedicated to creating a welcoming environment for all, especially

tourists who visit La Jolla. Their passion for connecting with visitors and witnessing their enjoyment while savoring delicious ice cream has been a driving force in making Haagen Dazs a cherished spot in the community.

"We feel incredibly lucky to have been a part of this wonderful journey and to have witnessed the joy on the faces of our customers," says Houda. "Our local patrons have been incredibly generous and friendly, and we've felt their support every step of the way. It's allowed us to keep our doors open until 10 pm, providing a safe and cozy place for everyone to enjoy."

As Häagen-Dazs La Jolla enters 2023-2024, the store is excited to introduce a delightful addition to its menu - coffee! Customers can now enjoy a variety of coffee options, including espresso, cappuccino, latte, and the popular Iced Brewed coffee. However, the standout addition is the Turkish coffee, which has quickly become a favorite among patrons.

To complement their ice cream and coffee offerings, Häagen-Dazs La Jolla is now baking

fresh waffle cones every day. They take pride in offering samples, allowing customers to indulge in the delicious aroma and taste of freshly baked cones before choosing their ice cream flavors.

"Our commitment to delivering exceptional ice cream and coffee experiences remains steadfast," says Houda. "This business is not just a venture for us; it's our retirement hobby, and we pour our hearts into it every day to ensure our customers leave with smiles on their faces."

As Häagen-Dazs La Jolla celebrates a decade of serving the community and visitors alike, they invite everyone to join in the celebration of this special milestone. Whether you're a local looking for a sweet treat or a tourist exploring the beauty of La Jolla, Häagen-Dazs La Jolla promises an unforgettable experience.

Häagen-Dazs La Jolla
Houda and Sam (Owners)
(858) 459-4381
1172 Prospect Street La Jolla, CA, 92037
Mon - Sun 11:00am - 10:00pm
Follow us on Instagram: [@haagendazs_laajolla](https://www.instagram.com/haagendazs_laajolla)



Rosamaria Acuña

Rosamaria Acuña is a bilingual real estate professional, entrepreneur, and humanitarian deeply committed to her community and a range of causes and nonprofits. As an advocate for homeownership, she has built a successful business by always placing her clients' needs first. Rosamaria has a special focus on guiding clients to invest in both their homes and therefore their future.

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"The most rewarding part of being a Realtor is helping people create security, along with the home of their dreams." "It's an honor to be trusted by so many. Giving back is my way of expressing gratitude to the community I live in and care so deeply about."

Contact Rosamaria today for a complimentary consultation or to receive up to the minute details about the real estate market. She is happy to address all inquiries so don't hesitate to call her today at 619-890-2828.

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Birch Aquarium opens immersive art exhibit on kelp forests

By DAVE SCHWAB

The Birch Aquarium at Scripps Institution of Oceanography at UC San Diego in La Jolla has opened “Hold Fast,” an immersive art exhibit that invites guests to explore the impact of climate change on the local kelp forests through the lens of three local artists and scientists.

“Warming waters and giant kelp don’t mix. We have to be realistic about the outsized impact that climate change has on our local giant kelp forests,” said Megan Dickerson, Birch Aquarium’s director of exhibits and co-curator of the installation. “But at the same time, local people are doing beautiful things. This ‘Hold Fast’ installation posits that the actions of local artists and scientists can give us hope that together, as a community, we can make collective change as we also acknowledge climate trauma.”

Aquarium visitors can now explore a labyrinth of cyanotype-printed giant kelp by photo-based artist and marine scientist Oriana Poindexter. They can come face-to-face with local species via gyotaku prints – the traditional Japanese method of printing fish – by artist Dwight Hwang. Finally, they can peer into the tiny world of kelp propagation with Scripps



Photo-based artist and marine scientist Oriana Poindexter with her cyanotype-printed giant kelp. CONTRIBUTED PHOTO

Oceanography PhD student Mohammad Sedarat.

Asked about her cyanotype prints and photo-based art, Poindexter noted she had been free diving and photographing the San Diego kelp forests and their inhabitants for years before starting to create cyanotypes. “Cyanotype is an early form of photography invented in the 1840s,” she said adding, “I’ve always been most comfortable communicating through visuals, so the use of photographic tools and processes is the best way I know how to ignite interest and awareness for the kelp forests. Everything I do comes from the same curiosity about the ocean, and a desire

to both literally and figuratively dive into what I’m curious about.”

Cyanotype lends itself particularly well to imaging kelp and communicating both the scale and the details from a technical, historical, and aesthetic perspective. “The simplicity of the process allows me to work at a large scale, which works for our aptly-named giant kelp,” said Poindexter. “The kelp itself has this beautiful transparency and texture to its blades – the leaf-like structures, which allow sunlight to pass through onto the paper a similar way that it does underwater, creating a tonal range and texture that is difficult to capture with

a camera. The blue-and-white tones of the images are distinctive to the cyanotype chemistry and speak to the underwater environment.”

Dwight Hwang, when asked about the traditional Japanese method of printing fish, how it’s done, and what kind of visual effect you get from it, replied: “Gyotaku was originally a way of taxidermy for Japanese fishermen and naturalists. Instead of skinning a fish and mounting it onto a mold as was done in the West, Sumi calligraphy ink was brushed onto the surface of the fish and then a sheet of washi paper rubbed onto the inked surface to create a print. It produces a fossil-like visual that can be both mysterious and beautiful. Over the years, artists such as myself, have taken this classical process and tuned it to create more delicate pieces.”

For the exhibit at the Birch Aquarium, Hwang was asked to create three large murals depicting local kelp forests and the creatures that inhabit them. “I hope that the viewers will feel as though they are underwater and in harmony with their surroundings,” he said. “I have always enjoyed all things that were related to fish, catching fish, looking at fish, going to aquariums, perusing harvested fish at the market, etc. Add my constant desire to create art

and gyotaku became the perfect marriage between my two passions.”

Asked about his involvement in “Hold Fast,” doctoral student Mohammad Sedarat noted it lies in “telling the story of kelp forests from a scientific perspective, particularly concerning their response to climate change. The climate is indeed changing, presenting challenges for various ecosystems, including kelp forests.”

Sedarat pointed out that his work specifically delves into the ecological, physiological, and genetic aspects of giant kelp (*Macrocystis pyrifera*) in light of rising ocean temperatures and shifting environmental conditions. “By highlighting the scientific research conducted on giant kelp, we aim to raise awareness about the potential impacts of climate change on these ecosystems and the urgent need for conservation efforts,” he said. “Our goal is to inspire visitors to appreciate the beauty and importance of kelp forests and to take action to protect them for future generations. Through interactive displays, educational programs, and engaging exhibits, we hope to foster a deeper understanding of the challenges facing kelp forests and the importance of preserving these valuable marine habitats.”



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PENGUIN »

CONT. FROM PG. 1

“Birch Aquarium has significantly expanded its breeding and conservation efforts over the years,” said Harry Helling, executive director. “The hatching of our first Little Blue Penguin chick is a major milestone for how today’s aquariums can make a difference in a changing planet.”

For now, the chick will remain behind the scenes as the first few months are crucial to its development. The chick is the offspring of Cornelius (male) and Pink/Black (female), however, it is being hand-raised by the aquarium’s penguin care team. This is a labor-intensive task that requires expert-level avicultural skills, according to Strate. The sex of the chick will be announced soon.

“I’m so proud of everyone on the team for rising to the challenge,” she said.

The chick is growing daily and fast. In just less than a month it nearly tripled in size, growing from 29 to over 800 grams. During its first few weeks, it was fed a blended formula of fish, krill and vitamins. It’s now alternating between formula and a few pieces of fish a few times a day and will soon graduate to eating whole fish.

The chick is currently covered in fluffy down feathers,

however these feathers are not waterproof. The next significant milestone will be the chick’s first molt when it grows in a sleek set of waterproof feathers. At that time, in approximately three months, the penguin will be ready to join the rest of the colony in the exhibit.

The aquarium hopes that this new arrival helps inspire the public to continue to protect our ocean planet as wild populations of Little Blue Penguins are facing numerous challenges from climate change. Warmer waters mean they must venture to colder, deeper waters to find food. This change significantly impacts the overall health of penguins, making it more difficult for them to nest and breed.

“Penguins are impacted by climate change and are indicative of the health of the oceans,” said Jenn Nero Moffatt, senior director of animal care, science and conservation. “It is critical that we not only protect wild populations but continue to maintain a healthy and genetically diverse population of Little Blue Penguins in human care. Our efforts provide sanctuary and serve as a repository for this important bird species.”

The aquarium is hopeful about welcoming more chicks in the future, as additional eggs are developing behind the scenes. Penguin enthusiasts can follow the aquarium’s social media channels for the latest updates.



The luxurious Bellanca Hotel re-opened in 2020 after undergoing a nearly \$4 million transformation.
PHOTO BY THOMAS MELVILLE

DAY»
CONT. FROM PG. 4

BELLANCA HOTEL

You arrive at the dock with the beautiful Avalon Harbor glimmering in the sun and say to yourself, “I made the right choice.” Now let’s get situated. Stroll down Crescent Avenue to Marilla Avenue (about 10 minutes) and the luxurious Bellanca Hotel is ready to accommodate. A big comfy bed, a sunken tub, a harbor view deck, and the best feature, a fireplace for cool evenings and warm, romantic hearts.

Bellanca (which translates to “beautiful”) re-opened in 2020 after undergoing a nearly \$4 million transformation and was inspired by the location’s natural beauty

THE NAUGHTY FOX

Where: 111 Crescent Ave., Avalon.
Info: bellancahotel.com/
the-naughty-fox/.



The Naughty Fox’s outdoor seating looks out onto Avalon Harbor.
PHOTO BY THOMAS MELVILLE



On the top floor of Catalina Casino is the world’s largest circular ballroom, with a 180-foot diameter dance floor.
PHOTO BY THOMAS MELVILLE

BELLANCA HOTEL

Where: 111 Crescent Ave., Avalon.
Info: bellancahotel.com,
310-510-0555.

and meant to showcase a contemporary, nautical-inspired oasis. The color palette reflects the blue harbor view, morning seafoam mist, and rich green kelp forests. The two-story 19,800 square foot hotel features 40 rooms, cabanas, and suites.

The hotel is home to Naughty Fox, a modern beach bar serving coastal cuisine. The restaurant’s outdoor seating looks out onto Avalon Harbor with the Catalina Island Yacht Club and iconic Catalina Casino to the north. It’s a great spot for coffee and breakfast (order the frittata), and then after a day of adventures – and there are plenty from bison tours to hiking to zip lining – settle back at Bellanca and fill your appetite with delightful dishes like hummus and naan bread (the hummus is divine),

blackened shrimp over rice, and plump burgers served with papas bravas. For drinks, there is a full bar for cocktails and cold beers. They make a mean old-fashioned.

ADVENTURES

A fun way to get the lay of the land is with an e-bike tour. Walk down to Pebbly Beach Road and rent e-bikes from Brown’s Bikes for a self-guided 4-hour tour. Head south down Pebbly past Lovers Cove, take a right at the power plant and up Wrigley Road to the harbor overlook, and then continue – follow the scenic road signs, which will eventually bring riders past the golf course, zip lines, and Chimes Tower before descending back to Crescent Avenue. It’s a fun ride and there is also a pet cemetery to check out if you’re into that sort of thing.

One of the most popular tours is of Catalina Casino, and it’s worth it. Enter the building and time-travel to the 1930s. The most photographed building on the island opened in 1929 at a cost of \$2 million. Apparently, 10,000 revelers took the steamer to celebrate Wrigley’s 12-story achievement.

Its design is in the Art Deco and Mediterranean Revival styles. The movie theater, with a seating capacity of 1,154, was the first to be designed specifically for films with sound. Cecil B. DeMille, Louis B. Mayer, and Samuel Goldwyn would preview their newest cinema productions there. The theater’s interior walls retain the original Art Deco murals by John Gabriel Beckman.

The upper level houses the 20,000-square-foot Catalina Casino Ballroom. It is the world’s largest circular ballroom, with a 180-foot diameter dance floor that can accommodate 3,000 dancers. French doors encircle the room connecting the dance floor with the Romance Promenade, an open balcony that runs around the building. The ballroom played host to dozens of big bands through the 1930s and 1940s such as Glenn Miller, Harry James, and Kay Kyser.

The ballroom is still active and rented out for weddings,

BROWN’S BIKES

Where: 107 Pebbly Beach Road, Avalon.
Info: catalinabiking.com,
310-510-0986.



Rode e-bikes from Brown’s Bikes for a self-guided scenic tour of the island.
PHOTO BY THOMAS MELVILLE



Tower23 Hotel features airy bright rooms with views of the ocean.
PHOTO BY THOMAS MELVILLE

TOWER23 HOTEL

Where: 723 Felspar St.
Info: t23hotel.com, 858-270-2323.
Promotion: A Leap Year flash sale of 29% off a two-night stay from Feb. 29 through June 15 – limited inventory every night, some blackout days apply.
JRDN wine tasting: Frog’s Leap Year Tasting, held by Kristy Byrd of Frog’s Leap Winery on Thursday, Feb. 29, 6 p.m. tasting, 8 p.m. reception with light bites, guided tasting of seven wines from past Leap Years, \$135 per guest inclusive of tax and gratuity.

anniversaries, and other special occasions. And while the theater no longer shows first-run movies, it does screen special movie nights.

STAYCATION

Not in the mood to leave San Diego for your additional day in February? That’s fine. There are plenty of options for a staycation where you can be pampered with breakfast in bed, dine on gourmet entrées, and watch the sunset over Crystal Pier from a private deck.

Well, that last one would be only one place, Tower23 Hotel in Pacific Beach.

TOWER23 HOTEL

Tower23, nestled right up to the boardwalk at Felspar Street overlooking Crystal Pier, is a luxury, beachfront lifestyle resort and one of California’s most stylish and contemporary urban retreats. Deriving its name from lifeguard tower 23 positioned on Pacific Beach, the hotel’s distinctive architecture and style create a cool haven for guests to enjoy a staycation or destination vacation.

The resort features airy bright rooms with views of the ocean.

Check-in and receive valet parking, two drinks at the huge ocean-view bar (order a whiskey sour, it’s delish), room service, use of a private deck with lounge chairs overlooking the boardwalk and pier, and complimentary cruiser bikes to explore the vibrant community. It’s a good time to visit as the hotel offers a Leap Year flash sale of 29% off a two-night stay from Feb. 29 through June 15 – limited inventory every night, some blackout days apply.

Tower23 was named one of the Top 25 Hotels on the Water in the US by TripAdvisor in 2022 and was recently voted among the Best Hotels in San Diego by TimeOut.

JRDN

The shiny pearl at Tower23 is its award-winning restaurant JRDN. The upscale eatery features 10,000 square feet of indoor/outdoor ocean-view dining. In addition to an ultra-lounge and jewel box sushi bar and service, JDRN’s private dining room features teak wood, dramatic lighting, and a 1,000-bottle wine wall – an intimate setting for any occasion. The Wine Room’s adjacent Sunset Patio, with fire and water elements, commands one of the most breathtaking views of the beach. JRDN’s recent accolades include Wine Spectator’s 2022 Award of Excellence.

Chef Jerry Ranson taps into the flavor of the season by working with local purveyors to create a dynamic menu that creatively reflects JRDN’s seaside locale. Bringing his Zen ethos to the kitchen, you can expect a laid-back dining experience while concurrently dazzling dinners with inventive items that pack a culinary punch. Try the steamed mussels, sweet potato gnocchi, and Wagyu burger while watching the boardwalk traffic and the lovely sunset.



Drinks and a sunset on the hotel’s private deck with lounge chairs overlooking the boardwalk and pier.
PHOTO BY THOMAS MELVILLE

La Jolla real estate agent’s book highlights travel memories

By DAVE SCHWAB

La Jolla-based real estate agent Michelle Serafini has a new addition to her resume: travel writer.

In “Getaway Home – Your Stories and Adventures from Your Home Away From Home,” Serafini has crafted an easy-to-understand travel journal that is perfect for people who own or rent vacation homes.

In “Getaway Home,” Serafini employs “prompts” encouraging readers to record special moments and places that can be shared and passed along. “Prompts are quotes and photographs for people to visualize,” she explained about her writing method offering these examples. “It might be something like, ‘Today the sunrise looked like X,’ or ‘My favorite food at this place was ...’”

Combining vacation-themed photographs with inspirational quotes (some hers, some famous) to create a guided vacation journal, Serafini encourages readers to share their adventures and describe their experiences. Thus, she said, the writer/reader can become food critics of local restaurants, travel writers and area guides themselves.

“This journal, in a way, also becomes a story of the getaway home itself, almost as if the people who live and play in the space over the years create generational stories that will be passed down,” said Serafini adding, “Homes have stories when people enjoy them.”

From where did Serafini’s inspiration for travel writing come? “Travel has always been a driving force in my life,” she answered. “It began with my first overseas trip, as a high school student, to Bavaria, Germany, where I



Michelle Serafini

journalized each day, and my wanderlust has continued throughout my life, along with my passion for journaling.”

The travel writer believes there is value in documenting your memory-making moments and sharing your stories. In today’s fast-paced, digital world, she hopes this will encourage people to hold a pen, while relaxing at a home-away-from-home, reliving the moments, the laughter, the gatherings, the conversations, the food, and the journey.

Serafini said her travel guide journal is like others in that it encourages personal growth, but extends beyond that for people in “really capturing their memories” while helping them remember and think about things in a “more creative way” by more fully relating their experiences, not just “we got up and had breakfast. It’s a great way for people to document and enjoy and remember their adventures and the lifestyle they had while they were there.”

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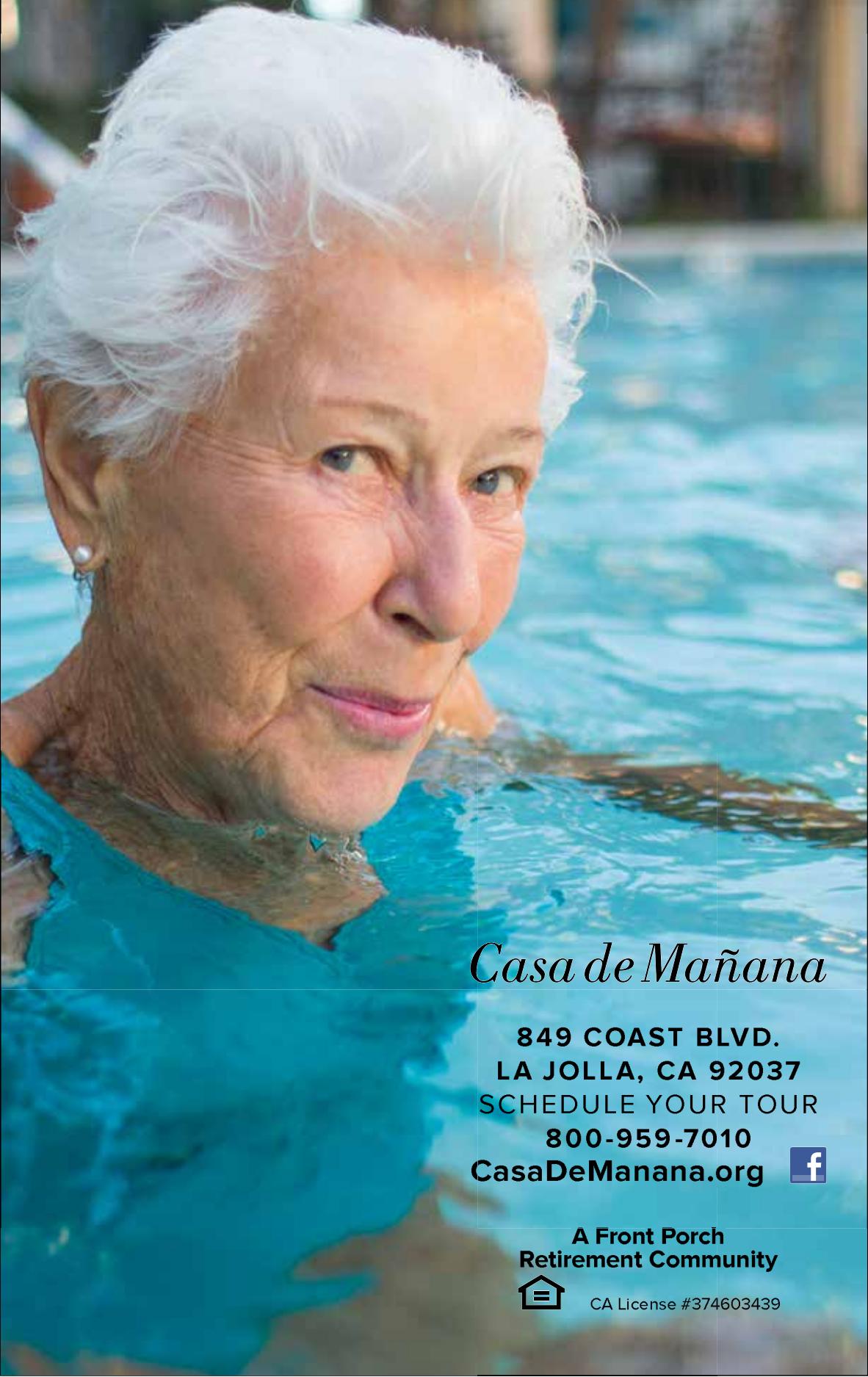
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Love story: Married dancers to perform 'The Many Loves of Don Juan'

By KYUNGMIN MIN

A grand spectacle featuring a compelling narration of Don Juan, the Casanova, accompanied by the enchanting sounds of the Spanish guitar awaits you. The San Diego Ballet will be performing "The Many Loves of Don Juan" at The Conrad Prebys Performing Arts Center on Feb. 24 and 25.

Audiences are invited to enjoy the performance of ballet dancers who are a married couple. Stephanie Maiorano and Tona Gomez have been building their career together as a couple since 2018 and as wife and husband since 2020. They were each on separate paths in the ballet world until they met.

Maiorano, the San Diego native, followed a relatively standard procedure as a ballerina. Her first ballet class was at the age of 3, and she started dreaming of becoming a ballet dancer at 11 when she first realized it could be a career.

Gomez, from Mexico, always wanted to be a dancer like his parents. His first dance teacher was his mother, and later, he knew he wanted to be a ballerino after watching "The Nutcracker." However, his parents wanted him to finish his degree, so he had to pause his dream for a moment.

He started his professional career a bit late, at 22 years old, which was the last chance – due to age restrictions – to enter the ballet school.

After a journey they had each followed, their first meeting was impressive. Maiorano mentioned that she was a career-oriented person before she found Gomez.

"I was teaching a class that Tona came to take, and he jumped so high. I had never seen anything like it in person, so that pulled my attention. I didn't feel anything romantic until we started dancing together, actually touching and moving together to the music, and it was like sparks."

She felt that Gomez was someone she wanted after their first performance together.

Gomez recalled the tension when he first became a partner with Maiorano. "She was the principal, so I was very nervous and didn't want to touch her. I was trying to be very careful," he said. However, as he started dancing with her, he felt a chemistry. "I became comfortable and loved dancing with her."

After they began climbing the career ladder together, they complemented each other. Maiorano's life and career expanded after meeting Gomez. "Tona broke my



Stephanie Maiorano and Tona Gomez during a performance of 'Sleeping Beauty.'
COURTESY PHOTO

cycle – rehearsals, teaching, home – and said, 'We're going to Mexico, and we're going to teach up here...' It made me realize I like that a lot more," she said. Spontaneity has permeated Maiorano's life, helping her to grow at the same time.

For Gomez, who runs several businesses, Maiorano has been the best supporter. Noting that many businesspeople can't share their experiences with their partners, Gomez said, "I can share what I'm doing with

Stephanie," since most of his businesses are related to dance, as well as her profession – arts center and marketing agency are some of Gomez's businesses.

"Sharing a passion is special because a lot of married couples don't. Both of us have a love and commitment to ballet, dance, and the arts. That was a driving force in how we became a couple and how we are as a couple," said Maiorano. "We are each other's cheerleaders."

Maiorano and Gomez have

DON JUAN

When: Feb. 24 at 7 p.m. and Feb. 25 at 2 p.m.

Where: The Conrad Prebys Performing Arts Center, 7600 Fay Ave.

Tickets, information: sandiegoballet.org/the-many-loves-of-don-juan/.

been on stage together countless times, sharing memorable moments. After the "Jungle Book" performance, which was one of the early performances they did together, Gomez gave a big smile at Maiorano as she took a bow, turned around, and looked at him. "That was when I knew immediately we were going to be together. I even have someone who took a picture of that moment, and we have it as a magnet on our fridge, so I get to see that moment all the time," said Maiorano.

In their newest performance together, "The Many Loves of Don Juan," Maiorano will play seven different characters in every scene of Don Juan's life, filling the stage with wild happenings. "The last time I performed this was 12 years ago. It'll be interesting to do it now with Tona," noted Maiorano.

Discovering them performing together on stage after learning about their career and love story will make the show even more enjoyable.

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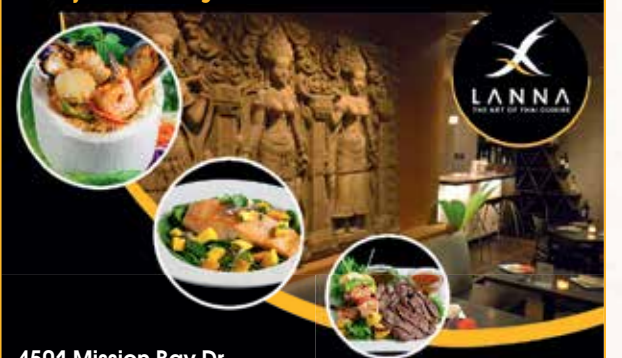
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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001353 Fictitious Business Name(s) a. NONNAS CHEESECAKE, 3223 TRUMBULL ST. SAN DIEGO, CA 92106 Is registered by the following: a. KIM A BATTAT Is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. KIM A BATTAT, if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 18, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000654 Fictitious Business Name(s) a. MISSION BEACH RESORT WEAR, 704 VENTURA PLACE, SAN DIEGO, CA 92109 Is registered by the following: a. JACOB SHAW, INC Is conducted by: A CORPORATION The first day of business was: 02/01/2000 Registrant Name: a. JACOB SHAW, INC Officer, if Limited Liability Company/Corporation Title of Signor JACOB SHAW, PRESIDENT statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 10, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001172 Fictitious Business Name(s) a. MARISCOS LA BAHIA, 100 WOODLAWN AVE, SPC 51, CHULA VISTA, CA 91910 Is registered by the following: a. JOSE EDGAR ZAPATA MENDOZA b. MARIBEL GARCIA Is conducted by: CO-PARTNERS The first day of business was: 01/15/2024 Registrant Name: a. JOSE EDGAR ZAPATA MENDOZA b. MARIBEL GARCIA , if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001141 Fictitious Business Name(s) a. TERRE AT 1050 PEACH, 1050 PEACH AVE, EL CAJON, CA 92021 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 09/15/23 Registrant Name: a. MF PANDA VENTURE (CA) LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRA CEPHUS, SECRETARY .The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001142 Fictitious Business Name(s) a. TERRE AT 1037 PEACH, 1037 PEACH AVE, EL CAJON, CA 92021 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 09/15/23 Registrant Name: a. MF PANDA VENTURE (CA) LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRA CEPHUS, SECRETARY .The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001143 Fictitious Business Name(s) a. TERRE AT 1019 PEACH, 1019 PEACH AVE, EL CAJON, CA 92021 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 09/15/23 Registrant Name: a. MF PANDA VENTURE (CA) LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRA CEPHUS, SECRETARY .The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001144 Fictitious Business Name(s) a. TERRE AT 1038 PEACH, 1038 PEACH AVE, EL CAJON, CA 92021 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 09/15/22 Registrant Name: a. MF PANDA VENTURE (CA) LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRA CEPHUS, SECRETARY .The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2024-9001146 Fictitious Business Name to be Abandoned: a.TERRE AT PEACH The Fictitious Business name referred to above was filed in San Diego County on: 09/15/2022 and assigned File No. 2022-9026741 Fictitious Business name is being abandoned by: a. MF PANDA VENTURE (CA) LLC, 233 WACKER DR #4700, CHICAGO, IL 60606 This business is conducted by: A LIMITED LIABILITY COMPANY I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000.) Registrant name: DEONDRA CEPHUS, SECRETARY Title of officer, if limited liability company/corporation. The statement was filed with Jordan Z. Marks, , Jr., Recorder/ County Clerk of San Diego County on: JANUARY 17, 2024 . ISSUE DATES: January 26 ,February 2, 9 & 16

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2024-9001145 Fictitious Business Name to be Abandoned: a.TERRE AT PEACH The Fictitious Business name referred to above was filed in San Diego County on: 12/08/2022 and assigned File No. 2022-9026738 Fictitious Business name is being abandoned by: a. MF PANDA VENTURE (CA) LLC, 233 WACKER DR #4700, CHICAGO, IL 60606 This business is conducted by: A LIMITED LIABILITY COMPANY I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000.) Registrant name: DEONDRA CEPHUS, SECRETARY Title of officer, if limited liability company/corporation. The statement was filed with Jordan Z. Marks, , Jr., Recorder/ County Clerk of San Diego County on: JANUARY 17, 2024 . ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000199 Fictitious Business Name(s) a. THE JULIAN CAFE & BAKERY COTTAGES -- A BED AND BREAKFAST, 1857 WHISPERING PINES DR, JULIAN, CA 92036 Is registered by the following: a. CARA MAY TETER b. TAMMY MARIE KIRKMAN Is conducted by: A GENERAL PARTNERSHIP The first day of business was: N/A Registrant Name: a. CARA MAY TETER b. TAMMY MARIE KIRKMAN , if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 04, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000924 Fictitious Business Name(s) a. PATHVIEW WEALTH ADVISORS, 8889 RIO SAN DIEGO DRIVE, SUITE 202, SAN DIEGO, CA 92108 Is registered by the following: a. ROWLING & ASSOCIATES, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: N/A Registrant Name: a. ROWLING & ASSOCIATES, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor LORENZO SANCHEZ, MANAGING MEMBER. The statement was filed with Ernest J.

Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 12, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001729 Fictitious Business Name(s) a. R & R HOOKAH, 6512 EL CAJON BLVD, SUITE G, SAN DIEGO, CA 92115 Is registered by the following: a. REST AND RELAXATION HOOKAH LOUNGE, INC This business is conducted by: A CORPORATION The first day of business was: 2/3/2015 Registrant Name: a. REST AND RELAXATION HOOKAH LOUNGE, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor RANI YOUSIF, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/ County Clerk of San Diego County on: JANUARY 24, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001603 Fictitious Business Name(s) a. RACE READY PRODUCTS, 657 PALOMAR STREET, SUITE C, CHULA VISTA, CA 91911 Is registered by the following: a. DISRUPTIVE MOTORSPORTS, INC This business is conducted by: A CORPORATION The first day of business was: 1/1/2024 Registrant Name: a. DISRUPTIVE MOTORSPORTS, INC TITLE of Officer, if Limited Liability Company/ Corporation Title of Signor ALEX GROSSMAN, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 23, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001604 Fictitious Business Name(s) a. RACE READY OFF ROAD PRODUCTS, 657 PALOMAR STREET, SUITE C, CHULA VISTA, CA 91911 Is registered by the following: a. DISRUPTIVE MOTORSPORTS, INC This business is conducted by: A CORPORATION The first day of business was: 1/1/2024 Registrant Name: a. DISRUPTIVE MOTORSPORTS, INC TITLE of Officer, if Limited Liability Company/ Corporation Title of Signor ALEX GROSSMAN, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 23, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001605 Fictitious Business Name(s) a. RACE READY OFF ROAD PRODUCTS, 657 PALOMAR STREET, SUITE C, CHULA VISTA, CA 91911 Is registered by the following: a. DISRUPTIVE MOTORSPORTS, INC This business is conducted by: A CORPORATION The first day of business was: 1/1/2024 Registrant Name: a. DISRUPTIVE MOTORSPORTS, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor ALEX GROSSMAN, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/ County Clerk of San Diego County on: JANUARY 23, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001874 Fictitious Business Name(s) a. SEA CHANGE, 825 AGATE ST, SAN DIEGO, CA 92109 Is registered by the following: a. STEVIE MARIE SCHWEIGHARDT b. CHRISTINA BENITI SCHWEIGHARDT Is conducted by: A CO PARTNERS The first day of business was: N/A Registrant Name: a. STEVIE MARIE SCHWEIGHARDT b. CHRISTINA BENITI SCHWEIGHARDT , if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 25, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000750 Fictitious Business Name(s) a. ENCHANTED MIND, 4776 LAMONT ST, APT 15, SAN DIEGO, CA 92109 Is registered by the following: a.SASHA TESS FAUST Is conducted by: AN INDIVIDUAL The first day of business was: 12/5/2023 Registrant Name: a.SASHA TESS FAUST , if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 10, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001989 Fictitious Business Name(s) a. OCEAN BEACH BREAD COMPANY, 4605 NIAGARA AVENUE, SAN DIEGO, CA 92107 Is registered by the following: a. CHARLES EDWARD DELAO This business is conducted by: AN INDIVIDUAL The first day of business was: 1/22/2024 Registrant Name: a. CHARLES EDWARD DELAO TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 26, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002094 Fictitious Business Name(s) a. CHATSWORTH SUMMIT, 2228-2236 CHATSWORTH BLVD, SAN DIEGO, CA 92106 Is registered by the following: a. AKF CHATSWORTH, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 1/3/2006 Registrant Name: a. AKF CHATSWORTH, LLC TITLE of Officer, if Limited Liability Company/ Corporation Title of Signor ANNE FOTHERINGHAM The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 29, 2024 ISSUE DATES: February 2, 9, 16 & 23

SUMMONS CASE # 37-2023-00051805-CU-OR-NC NOTICE TO DEFENDANT : SHIRLEY C. PETERSON, an individual; All persons unknown, claiming any legal or equitable right, title, estate, lien, or interest in the property described in the complaint adverse to Plaintiffs' title, or any cloud on Plaintiffs' title thereto; and DOES 1 through 25, inclusive YOU ARE BEING SUED BY PLAINTIFF: MICHAEL SIPLYAK, an individual; KATHERINE SIPLYAK, an individual NOTICE! You have been Sued. The court may decide against you without your being heard unless you respond with in 30 days. Read the information below.You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the case is: SAN DIEGO SUPERIOR COURT, - NORTH COUNTY, 325 MELROSE DRIVE, VISTA, CA 92081 The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: Steven W. Blake, Esq, Blake Law Firm, 533 2nd Street, Suite 250, Encinitas, CA 92024; (858) 232-1290 NOTICE TO THE PERSON SERVED: You are served as an individual defendant. Date: 011/30/2023 Clerk, by, I. Ledesma Deputy Clerk (ISSUE DATES:) February 9,16, 23 & March 1, 2024

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002128 Fictitious Business Name(s) a. SYMBIOSIS DESIGN & SERVICES , 3744 NATIONAL AVENUE, SAN DIEGO, CA 92113 Is registered by the following: a. TONYA ASHCRAFT b. FERNANDO BECERRA This business is conducted by: A MARRIED COUPLE The first day of business was: 7/27/2011 Registrant Name: a. TONYA ASHCRAFT b. FERNANDO BECERRA TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 29, 2024 ISSUE DATES:

February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000525 Fictitious Business Name(s) a. BODY FIX THAI MASSAGE, 5222 BALBOA AVE, UNIT 1 , SAN DIEGO, CA 92117 Is registered by the following: a. KUNKANYAPORN DONKRASIN This business is conducted by: AN INDIVIDUAL The first day of business was: 05/9/2023 Registrant Name: a. KUNKANYAPORN DONKRASIN TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 09, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002366 Fictitious Business Name(s) a. GREEN EARTH LITTER REMOVAL, LLC, 1528 COOLIDGE STREET, SAN DIEGO, CA 92111 Is registered by the following: aa. GREEN EARTH LITTER REMOVAL, LLC, This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 01/12/2024 Registrant Name: a. GREEN EARTH LITTER REMOVAL, LLC, TITLE of Officer, if Limited Liability Company/Corporation Title of Signor AMELIA SKOGSBERG, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 31, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002542 Fictitious Business Name(s) a. COAST + 55, 3652 KEMPER CT, AP 38, , SAN DIEGO, CA 92110 Is registered by the following: a. GABRIELA DA COSTA LINO ZIVKOVIC This business is conducted by: AN INDIVIDUAL The first day of business was: 02/02/2024 Registrant Name: a. GABRIELA DA COSTA LINO ZIVKOVIC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 2, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002501 Fictitious Business Name(s) a. THEMIS LAW, 888 PROSPECT ST, STE 200, LA JOLLA, CA 92037, Is registered by the following: a. FRANCO ALEXANDER SERAFINI This business is conducted by: AN INDIVIDUAL The first day of business was: 02/09/2009 Registrant Name: a. FRANCO ALEXANDER SERAFINI TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 2, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002181 Fictitious Business Name(s) a. REALIZEADREAM, 21911 YELLOWSTONE, LAKE FOREST, CA 92630 Is registered by the following: a. KATHRYN DIANNE JESSE This business is conducted by: AN INDIVIDUAL The first day of business was: 01/20/2024 Registrant Name: a. KATHRYN DIANNE JESSE This TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 30, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001701 Fictitious Business Name(s) a. TOH PET SUPPLIES, 13840 ETUDE ROAD, SAN DEGO, CA 92128 Is registered by the following: a. BRENO STEIN MORAES This business is conducted by: AN INDIVIDUAL The first day of business was: 01/23/2024 Registrant Name: a. BRENO STEIN MORAES This TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 23, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002632 Fictitious Business Name(s) a. SHANK SHOT EDITS, 4232 FIESTA WAY, OCEANSIDE, CA 92057 Is registered by the following: a. TRISTAN ALLEN SHANK This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: aa. TRISTAN ALLEN SHANK This TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 05, 2024 ISSUE DATES: February 9, 16, 23 & March 1

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2024-00004741-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: Superior Court of California, County of SAN DIEGO: 330 W. BROADWAY, SAN DIEGO, CA 92101 BRANCH NAME: HALL OF JUSTICE COURTHOUSE . TO ALL INTERESTED PERSONS: 1. Petitioner (name) SOPHIA MELLOS AND DINO MELLOS on behalf of a minor filed a petition with this court for a decree changing names as follows: Present name: a. VASIA MELLOS TO proposed name: VASILKI MELLOS THE COURT ORDERS that all persons interested in this matter appear before the court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING : a. Date: 03/19/2024 TIME: 8:30 AM DEPT: 61; a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: FEB 02, 2024 . JUDGE OF THE SUPERIOR COURT Maureen F. Hallahan ISSUE DATES: February 16, 23 & March 1 & 8, 2024 Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objection to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED

SUMMONS CASE # 37-2024-00001673-CU-OR-CTL NOTICE TO DEFENDANT : JOAN E. TAPPER, an individual; OH IT IS JESUS LLC, an unknown entity; and DOES 1 through 25, inclusive. YOU ARE BEING SUEDBY PLAINTIFF: BRE LA JOLLA VILLAGE LLC, a Delaware limited liability company NOTICE! You have been Sued. The court may decide against you without your being heard unless you respond with in 30 days. Read the information below.You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the

LIVE FROM SAN DIEGO – Music performances on the coast this week



By BART MENDOZA

SPOTLIGHT

Soul and R&B fans won't want to miss the Valentine's Super Love Jam taking place at Pechanga Arena on Feb. 16. On hand will be a selection of platinum-selling stars of the 1960s through the 1980s, including Keith Sweat, Next, Jon B, Ready for The World, Rose Royce and The Delfonics (above). Even among a veritable jukebox full of hits set for the night's playlist, The Delfonics will be a standout. Their 1967, much-covered hit, "La-La (Means I Love You)," remains one of the defining classics of the era and a major influence on performers to this day. For aficionados, this concert will be a great way to stir up fond memories of yesteryear, while also being a great introduction for newcomers to modern R&B's roots.

Valentine's Super Love Jam: Friday, Feb. 16 at Pechanga Arena, 3350 Sports Arena Blvd. 7:30 p.m. \$45.50 - \$155. pechangaarena.com.

RECOMMENDED

The Presidents Day Jazz Festival takes place at Humphrey's Backstage Live on Feb. 18. The

night will feature numerous local R&B and smooth jazz heavy hitters including singers Rebecca Jade and Ken Turner, as well as guitarist Patrick Yandall, with a guest spot from bassist Mark Hunter and drummer Kevin Koch, both from legendary combo, Fattburger. All the artists are great, but a lot of the spotlight at the moment is on Yandall. Prolific to a fault, his instrumental prowess is top-notch, as heard on his twenty-seven albums to date and his latest single, "Georgy Porgy," currently charting around the world. All the artists mentioned have sold out Humphrey's Backstage Live in their own right, the combination of their talents should take the music on this night to new heights.

Presidents Day Jazz Festival: Sunday, Feb. 18 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 5 p.m. \$25. humphreysbackstagelive.com.

There are few jazz musicians as hot as trumpeter Ambrose Akinmusire is right now. On tour in support of his latest album, "Owl Song," Akinmusire brings his quintet to the Jai for two shows on Feb. 23. He is currently recording for acclaimed label Nonesuch, having previously released five

albums on iconic imprint Blue Note. Notably, he has also performed on sessions for dozens of other artists' albums, including the Yellow Jackets, Marcus Miller, and Kendrick Lamar. The Jai's intimate, cabaret-style setting is the perfect way to take in a set from Akinmusire, an artist well on the way to making a name for himself as big as the musicians who inspired him.

Ambrose Akinmusire Quintet: Friday, Feb. 23 at The JAI at The Conrad Prebys Performing Arts Center, 7600 Fay Ave. 6 p.m. and 8:30 p.m. \$68-\$83. theconrad.org.

This year's Fourth Friday Jazz Series kicks off on Feb. 23 at the La Jolla Community Center. Upcoming shows include performances from Dr. Marshall Hawkins, Holly Hofmann, and Lori Bell, but first will be singer Angie Wells on Feb. 23. Backed by pianist Melonie Grinnell, bassist Doug Walker, and drummer Tyler Kreutel, Wells will perform songs from her latest album, "Truth be Told," as well as standards from the Great American Songbook. Even jaded listeners will appreciate Wells' arrangements, commanding presence, and smokey voice, all of which add up to give these evergreen tunes new life.

Angie Wells: Friday, Feb. 23 at the La Jolla Community Center, 6811 La Jolla Blvd. 8 p.m. \$30. ljcommunitycenter.org.

Female trio, the Laurel Canyon Revue performs a dinner time set at Estancia on Feb. 25. Playing vintage tunes loosely considered the sound of California, circa the 1960s and '70s, the group expertly performs three-part vocal harmonies on songs from the likes of The Mamas and Papas, Carly Simon

and The Beach Boys. Their vocal interplay is impressive, recreating iconic session parts effortlessly. While Laurel Canyon Revue's arrangements, using only bass, guitar and keyboards, stick close to the originals, the musicians' obvious joy at playing these classics is clear in every performance.

Laurel Canyon Revue: Sunday, Feb. 25 at Estancia, 9700 N Torrey Pines Road. 6 p.m. No cover. estancialajolla.com.

One of San Diego's top music schools, Mission Bay High, is holding a New Orleans-themed fundraising concert at the Soledad Club on Feb. 28. Known for its jazz programs under director JP Balmat,

the school is sending its acclaimed student group, the Mission Bay Preservationists, to Louisiana in April in order to perform, as well as soak in the culture, getting real-world experience in both performing and touring. Several of the school's musical ensembles will take part in the night's concert, making this event a great way to take in a lot of up-and-coming young talent, while also supporting music programs that keep the arts community vital and thriving.

Mission Bay High School New Orleans Fundraiser Concert: Wednesday, Feb. 28, at the Soledad Club, 5050 Soledad Road. 7 p.m. \$30-\$40. missionbaymusic.com.

RAIN, WIND, AND FIRE...

"The three menaces to any chimney, fireplace, or stove."



Every year there are over twenty thousand chimney / fireplace related house fires in the US alone. Losses to homes as a result of chimney fires, leaks, and wind damage exceeds one hundred million dollars annually in the US. Additionally, mold, mildew, pollen, dust and flammable creosote are among the hazards that can build up and collect in the flue of a chimney. A thorough inspection, and cleaning if necessary, will dislodge and remove such build-ups.

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CLASSICAL CONCERT

Le Salon de Musiques invites you to celebrate Nordic Legends, including Edvard Grieg, the iconic romantic melodist, at the La Jolla Woman's Club, 7791 Draper Ave., on Sunday, March 3 at 4 p.m. Introduced by musicologist Dr. Kristi Brown-Montesano, the program features three romantic masterpieces for piano, and strings, by Grieg and Moszkowski. It will be performed by: Sheng-Ching Hsu, violin; Chiai Tajima, violin; Alex Granger, viola; Evan Kahn, cello; and Sung Chang, piano. After the concert, a Q&A is organized between the musicians and the audience, followed by a high tea buffet with Champagne, catered by The French Gourmet. Limited seating. To buy tickets, and to read about our season's program, visit LeSalondeMusiques.com.

CONCERT AT THE CONRAD

La Jolla Music Society announced internationally acclaimed Miró Quartet will replace the Arod Quartet in concert on Feb. 17 at 7:30 p.m. at The Conrad, 7600 Fay Ave. as the Arod Quartet's concert tour has been canceled. Tickets for this event are on sale; ticket holders for the Arod Quartet may

choose to attend the Miró Quartet, exchange their tickets for a future event at The Conrad, donate their tickets, or request a refund. For questions or to make an exchange, ticket holders may contact the Box Office at 858-459-3728.

ARTIST TALK

The Athenaeum Music & Arts Library and Murals of La Jolla present Michael Mercil on Wednesday, Feb. 21 with a reception at 6 p.m. and a lecture at 6:30 p.m. at 1008 Wall St. Mercer will give attendees an inside look on his career, process, recent projects, and 2023 mural "Art Is Good For You," commissioned by Murals of La Jolla. The reception begins at 6 p.m., followed by an artist talk at 6:30 p.m.

Columbus, Ohio-based interdisciplinary artist Mercil explores realms of "the near, the low, the common." Mercil's work recontextualizes culturally significant reference material through dynamic multimedia compositions. His practice incorporates an expansive use of many mediums, including drawing, painting, needlepoint, sculpture, landscape architecture, film, performance, teaching, and farming.

PB LIBRARY ROUNDUP

Pacific Beach Taylor Branch Library at 4275 Cass St. will be closed Monday, Feb. 19 for Presidents Day. Voting: The PB Library's Community Room will serve as a vote center site for 11 days, where you'll be able to either drop off your mail ballot or cast an in-person vote starting Saturday, Feb. 24 thru Monday, March 4, from 8 a.m.-5 p.m. as well as Tuesday, March 5 (Election Day) from 7 a.m.-8 p.m. Friends of the PB Library Book Sale: Will be held on Feb. 21, Feb. 26, Feb. 28. On the first Wednesday of the month most items will be on sale for half price. Monday, Feb. 26 and Wednesday, Feb. 28 from 11 a.m.-5 p.m. will be a Big Bag Book Sale. Buy a special reusable bag from the Friends of the PB Library for \$5, then fill it up with books for just \$5 each time.

SANDPIPER DINNER EXPANSION

Sandpiper Wood Fired Grill & Oysters at 2259 Avenida De La Playa is expanding its dinner service to Mondays and Tuesdays beginning Feb. 19. The restaurant originally opened its doors

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Fill in the blank cells using number 1 to 9. Each number can appear only once in each row column and 3x3 block. Use logic and process elimination to solve the puzzle.

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JANUARY 4, 2024 ISSUE DATES: February 16, 23 & March 1 & 8

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‘The Way You Look Tonight’ at the Bridal Expo & Wedding Festival



Fashion
Files
Diana Cavagnaro

The Bridal Expo and Wedding Festival was presented at the San Diego Convention Center on Jan. 28. This is a perfect place to do one-stop shopping for all the up-and-coming couples who will be tying the knot. Vendors set up booths, there were photographers, videographers, and ideas for honeymoon destinations. One of the crowd favorites was gourmet food sampling and dessert tasting offered by the catering businesses. The event also had interactive wedding activities, gorgeous flowers, and live music. Strolling through all these merchants, one can’t help but come away with a multitude of ideas for their special day. If you are looking for tuxedos or a bridal gown then this is a great way to



Example of off-the-shoulders and detachable sleeves.



Is black the new white for bridal?



The model livens up the crowd.

make your big decision by watching the runway shows. This Bridal Expo had two fashion shows produced by Gretchen Productions during the day. The runway featured all the latest trends in bridal wear including the bridesmaids and flower girls’ dresses. Gretchen Bergman always produces a runway show offering top-notch entertainment. This show featured Krista King singing and Nicole Thomas dancing. Patricia Norvell created the makeup and hair for the show. At the finale of the show, the models tossed sachet rice balls into the audience with fantastic prizes in them from the participating vendors. The models coming down the runway were no longer only wearing white. Brides now have been favoring non-traditional colors such as pale pink, blush, and even black. Some of the other trends in bridal wear were off-shoulder dresses, detachable sleeves and capes, high slits in the dress, A-line princess style, and the popular mermaid style. This is a wonderful way to find inspiration and ideas for your upcoming wedding. If you missed this event, then the next Bridal Bazaar will be at the Del Mar Fairgrounds on Sunday, April

28 with two fashion shows by Gretchen Productions. For more information, call 760-334-5500.

UPCOMING EVENTS

Saturday, Jan. 27 to April 27: “A Splendid Decennium: Victorian to Vanguard: featuring the art of the fiber artist Mary Ornish at the Gaslamp Museum at the Davis-Horton House (gaslampfoundation.org/visit) and the Vila Montezuma Museum (villamontezumamuseum.org). Check websites for days and hours. Saturday, March 9: Soroptimist International of San Diego at the Sycuan Casino. The afternoon will have a fashion

show produced by Gretchen Productions and feature the “Live Your Dream” awards. For information: 619-670-9880. Sunday, March 10: Sip and Style Secondhand – Embrace sustainability and come and fill a bag with clothes while you sip an alcoholic or non-alcoholic beverage at the Kairoa Brewing Co. on 4601 Park Blvd. starting at 11:30 a.m. For tickets: https://bit.ly/3SQm1D3. Diana Cavagnaro is an internationally renowned Couture Milliner based in the San Diego area. Learn more about our hat designer, teacher, and blogger at www.DianaCavagnaro.com.

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Woman who stabbed man on trolley in La Jolla gets 13 years

By NEAL PUTNAM

A woman has been sentenced to 13 years in prison for stabbing a sleeping man on the Blue Line Trolley in La Jolla and she was on probation at the time for displaying a knife to her 10-year-old son's face, a report says.

Deputy District Attorney Roza Egizarian and the probation department urged a 27-year prison term for Angelina Montes Stricklen, 31, who pleaded guilty to attempted murder of Kevin Gutierrez-Salmeron, 21, whom she did not know.

Gutierrez-Salmeron staggered off the trolley at 3449 Nobel Drive in La Jolla at 5 p.m. after being stabbed twice in his chest. He was taken to a hospital on Oct. 22 and lost three pints of blood, according to a probation report released on Feb. 7.

The knife used to stab the victim "just barely" missed his heart, said the surgeon who operated on Gutierrez-Salmeron, who asked paramedics not to let him die, the report said.

Security cameras show that Stricklen rose from her seat shortly before the trolley stopped at the Nobel Drive station and took the victim's cell phone that was in his lap as he slept. The report said she put it in her waistband and then sipped from a wine bottle she carried with her.

The victim stopped her from stabbing him a third time, the report said. As he exited, she wiped the blood off her pocketknife with a piece of clothing and took his Adidas bag, according to surveillance cameras. Witnesses said she began dancing inside the

trolley car with the wine bottle and then quickly exited at the next stop.

San Diego Superior Court Judge Rachel Cano told Stricklen she may one day have a relationship with her three children after she is released from prison. She lost custody of them and they were living with her grandmother, records say.

Cano imposed 10 years for the attempted murder and added three years consecutively for her conviction of child abuse and use of a knife in a 2021 incident when she showed up at her grandmother's residence with a knife.

The probation report says she had a knife and tried to stab "the family parrot through the cage" while demanding the bird be still. The parrot was not injured. Stricklen said she was only "fake stabbing" at the bird and didn't intend to injure the parrot.

However, her presence at her grandmother's house with the children violated a restraining order. She walked inside her 10-year-old son's room "with a pocketknife with the blade pointed at him inches from his face," according to the report.

Her attorney, Sarah Brand, asked for a 14-year sentence, saying Stricklen had been diagnosed with bipolar disorder, and PTSD, and was intoxicated at the time of the assault.

"She was born into a family of domestic violence, as were her three children," said Brand. "Angelina is a victim of sexual abuse and domestic violence. She suffers daily. She's remorseful."

READ MORE ONLINE AT sdnews.com

STUNNING VIEW HOME IN POINT LOMA



Rare opportunity in Point Loma. Enjoy stunning, panoramic, unobstructed views of the downtown skyline, San Diego Bay, mountains, Coronado, Mexico and beyond. Unlock the potential in this wonderful and spacious pool home situated on a huge 11,988-square-foot lot at the end of a cul-de-sac, offering an extraordinary vantage point with sit-down views and a private backyard and garden area. Enjoy your morning coffee as the sun rises and announces a new day and unwind as the sun sets on a dazzling display of city lights and the San Diego Bay. Home features a spacious living room with fireplace, and a dining room and kitchen that open to the deck, with incredible views of the city and bay, perfect for outdoor dining.

Location: 3325 Hugo Street, San Diego, CA 92106

Year built: 1956

Living area: 3,012 square feet,
4 bedrooms, 2.5 baths

Features: Very private view lot; large family room with fireplace; private backyard with barbecue, pool and outdoor living space ideal for family gatherings and entertaining; great location with unlimited potential



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CONT. FROM PG. 4

Brazilian Steakhouse. You can taste various cuts and recipes of steak along with an appetizing salad bar. This was recommended by my Brazilian friend, and I can attest to her taste.

• Maximizing the CityPASS experience

The optimal way to embrace the tourist experience is by investing in a CityPASS. With the pass, you can enjoy four or five attractions of your choice. These may include SeaWorld, Legoland, San Diego Zoo, or Safari Park, USS Midway Museum, City Cruises, Old Town Trolley Tours, Birch Aquarium at Scripps, Maritime Museum of San Diego, and more. Assess how many you could do in a day and save the others for the following weekend. CityPASSes are available for purchase through CityPASS or Go City, with prices varying from \$104 to \$224.

• A night and two days on Coronado Island

Coronado Island is a beautiful place to enjoy both alone and together – it’s my favorite spot to spend a day in San Diego. Take a ferry at the Broadway Pier; it only takes 10 minutes to reach the island. If you drive or take bus 901, the panorama view from the Coronado Bridge is a spectacular sight. You can spend some peaceful time at the Coronado Public Library or have a little picnic in Spreckels Park. Experience some classic diner vibes at Clayton’s Coffee Shop, or savor Italian cuisine at Garage Buona Forchetta. Spend a night at the Hotel del Coronado. Take a late-night stroll at the beach and drink some wine at the hotel’s restaurant. You won’t need to worry about the time to head back home.

• A day trip along the beaches

Take the Coaster or drive alongside the West Coast. Stop at the beaches you encounter, from Del Mar to Solana Beach, Encinitas, Carlsbad, and Oceanside. Enjoy an e-bike tour from Solana Beach to Moonlight Beach in Encinitas. Join a whale-watching tour in Oceanside. Simply wade in the ocean or lounge back on the sand. Walk along the trekking course and enjoy the blue ocean and green trees at the same time.

• How about venturing a little farther?

If you are seeking a refreshing getaway outside the city, let’s expand our horizons to the county. Visit wineries in Escondido, where you can sit in front of the vast stretches of vineyards and taste a bottle of wine. Want to venture even further? Then head to the Salton Sea via Julian and Anza-Borrego State Park. Explore Julian, the historical town, and taste an apple pie. Go on an off-road ride from Anza-Borrego to the Salton Sea. Just be sure to fill up with enough gas.

• Who was born on leap day?

It is truly special to be born on leap day. You are among the rare individuals who fall under a probability of just 0.07%. You deserve to celebrate your birthday as grandly as possible! If you are someone who can confidently say, “Music is my life,” why not treat yourself to a ticket to a jazz club? Enjoy a meal or some finger foods along with some cocktails with your folks. How about dining at restaurants near the pier? On my birthday, I visited Ketch Grill & Tap (near Waterfront Park) and made lovely memories with my friends. They serve delicious food, particularly Mahi Mahi with sweet and sour cauliflower, and sautéed Brussels sprouts leaves, which is phenomenal. You can also host a birthday party on board near the pier. Rent a boat, indulge in food and drinks, party, and happy birthday!



‘Unconditional Surrender’ from the terrace of the USS Midway Museum.

PHOTO BY KYUNGMIN MIN

FRIENDS’ SUGGESTIONS FOR LEAP DAY ADVENTURES

I asked for some recommendations from my friends to spend the perfect day in San Diego. They have spent parts of their lives here and are keeping cherished memories. Most of them are now in different countries or cities, leaving San Diego behind as they take their next steps forward. I hope you can recall some of your favorites in the county while reading about what they miss the most in San Diego.

Juri: “If you follow the Black’s Beach trail in Torrey Pines, you will find a gorgeous view of this beach. Paragliders are flying across the sky, and the sunset in the afternoon is impressive. I recommend wearing comfortable shoes and bringing some drinks because the way might be exhausting. Taking some rest in the Jacuzzi after those activities was my favorite. Have a barbecue time with your beloved people. It would be a great wrap-up of the day!”

You may remember Juri Kim, our previous international intern from Korea, much like me. I was able to get in touch with Juri thanks to her kindness. I also adore the vast scenery overlooking the ocean at Blacks Beach. If you are interested in reading more of her recommendations, I suggest checking out a few of her columns: Crispy hiking in San Diego and Dear my second hometown.

Saskia: “I think a perfect way to spend the leap day is to have a nice breakfast at a sweet little café. I like Parakeet Cafe in Little Italy. After that, I would go to the mall, definitely Fashion Valley, either alone or with some friends. After some shopping and lunch at the mall, I would go to Coronado Beach to round out the day, perhaps reading a book or doing something I enjoy. Coronado Beach is one of the things I miss the most about San Diego.”

Saskia spent about a month in San Diego last summer and then returned to Germany to finish her school. It was a short-term experience, but I believe that’s why this city is more precious to her. She said she wanted to come back here again someday.

Hyunjung: “I recommend you to have a nice brunch in Hillcrest in the morning. Hash House A Go Go is one of my favorite places. Then, you would come over to Coronado Island for aesthetic afternoon

time. Fill your mouth with sweetness at Gelato Paradiso (on Orange Avenue), and relax at the beach lying down on a picnic mat. The next destination is Balboa Park. After appreciating great pieces at the San Diego Museum of Art, you will encounter a beautiful pinkish sunset near the fountain. Let’s move on to Old Town for a satisfying dinner. Get some tacos and cocktails. Your final stop for the leap day will be Pacific

Beach, where great clubs are located. Why don’t you fire up the end of your day at PB Shore Club?”

Hyunjung is working near Torrey Pines, and she has been in San Diego since last July. I have been spending a lot of time with her recently, and we are planning to explore San Diego together, including activities like paragliding, climbing, and hiking.

For the last section, I will share suggestions I received from the group chat with my close friends. Some readers might be familiar with their names since they have shared their thoughts through my column before.

Sangki: “I would take a walk in Balboa Park in the morning, then surf in the ocean. Mission Beach was my favorite spot to surf. To wrap up my day, I’d spend the evening on Coronado Island.”

Sena: “First, I’d have brunch near Mission Beach. Then I’d do some shopping at Fashion Valley and head to Old Town. It would also be nice to have a barbecue there. For the evening, watching the sunset at Solana Beach would be perfect.”

Donghyo: “I would surf at Pacific Beach during the daytime, and then enjoy chicken wings to fill up my hungry stomach after swimming. Or how about Mexican food? Personally, La Puerta was the best place for Mexican cuisine.”

These friends are surf lovers who are perfect for California. They are now working in different cities, so the activities they miss might be some of the best things to enjoy in San Diego.

I hope suggestions from me and others will help you, readers, at least a little to spend an amazing leap day this year. I also should choose from countless options that I have in San Diego. Let’s take a leap to make the most of leap day.

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La Jolla boys basketball: Four-guard scheme provides 'power from the back'

By ED PIPER

A close-in snapshot of La Jolla's basketball season: Guard Nick Sebro, 6-feet tall, lightning-quick, shadows his Madison counterpart late in the first quarter, then sticks a hand up to block his shot. Forty-seven seconds later, Sebro, whose other persona is a wide receiver on the Viking football team, steals a ball at midcourt and drives it home for a basket to punctuate an 11-2 La Jolla lead at the outset of an eventual 62-49 win. The victory put the black-and-red at 17-9 for the season, 4-2 in the Central League.

Within those 50 or so seconds of a recent non-league game on the Vikings' home wood, one of coach Paul Baranowski's four backcourtmen (the coach in his 45th year on the sidelines, 12th at the seaside school) illustrated what has become so good about the Vikes' 2024 campaign. The team can score in bunches; they can pile up a lot of points; it's "powered from the back,"

generated by the guards.

Just like they did three nights earlier against a helpless Crawford squad on Senior Night before an animated but ultimately disappointed home crowd. In the Colts' gym, Michael Contreras (leading the team at 20.1 points per game), point guard Eli Vaz, Sebro (the trio all seniors), and off-the-bench Brody Sessa, a sophomore, led La Jolla on a tear, from a 30-30 tie to a 56-31 lead over the latter part of the third quarter — seemingly, in the blink of an eye.

"Getting to the basket is something I can do to put points on the board," said "Contre," who has started for three years on the varsity.

Baranowski has tried different lineups, but one that has worked effectively since the football players came over from their elongated championship fall season and got acclimated puts 6 feet 3 inches tall senior Jackson Diehl and 6 feet 5 inches tall junior Lance Braga in the front court alongside

his guards. No center, nobody lumbering up and down court to slow down the attack. Diehl is mobile and a leaper who blocks shots; Braga, likewise, as he develops further. Jaime Guzman, a 6 feet 2 inches tall guard, is the missing piece and completes the Vikings' rotation of seven players.

They stayed in the thick of a Central League race that saw Point Loma, finishing 6-2, slow down a little after a key starter suffered a leg injury on Jan. 23 during a game at home against Coronado. Canyon Hills, like La Jolla, finished the league schedule at 5-3 Feb. 9.

Diehl explains his rebounding and shot-blocking techniques: "I just try to judge where the ball is going and get in the right position right before it hits the rim (for a rebound). I feel like I have good anticipation (for blocking shots), and I use my vertical to my advantage."

Vaz talks about his role: "I think if I pass the ball and relocate to the corner, I can hit those. I can drive, drive, drive."



Forward Lance Braga (13) of La Jolla blocks a shot by Crawford's Dominick Espalin in recent Central League action. PHOTO BY ED PIPER

Defensively, I'm trying to pick up my man at half-court and get a couple of steals. Anything to help my team."

PACIFIC COAST MEN'S DOUBLES CHAMPIONSHIP TO PLAY AT LA JOLLA BEACH & TENNIS CLUB

The deadline to enter the 135th Annual Pacific Coast Men's Doubles Championship is Sunday, Feb. 18. The tournament will be played March 1-3, at the La Jolla Beach & Tennis Club, 2000 Spindrift Drive.

The historic tennis event, which originated in Northern California in 1890, will feature an impressive field of collegiate players, along with independent competitors including top teaching professionals, promising juniors, college coaches and former touring professionals.

Many of the best NCAA Men's college teams in the country are expected to compete, including Ball State University, UC Berkeley, Boston College, UC Los Angeles, California Lutheran University, UC San Diego, Claremont-Mudd-Scripps (CMS), University of the Pacific, Pepperdine.

READ MORE ONLINE AT sdnews.com

Actor Lew G. Brown star of many old-time TV favorites and films

By JILL ALEXANDER

"Dragnet," "The Twilight Zone," "Dallas," "I Dream of Jeannie," and "Gunsmoke" ...

These are just some of the 110-plus old-time favorite TV shows that the late character actor Lew G. Brown starred in or appeared during his time on the small screen.

Brown, an Oklahoma native, was popular from the 1950s through the 1980s and began his career when TV was in its infancy, and when it was mostly Westerns. He was in "The Virginian," "Rawhide," and "Have Gun -- Will Travel" and did his first "Gunsmoke" in 1956. However, Brown is said to be best remembered for his portrayal of the tough Sgt. Shaeffer in "The Hell with Heroes" in 1968.

Sadly, Brown passed away in 2014, and as one obit stated: "Lew Brown, at 89 years young, gently passed Sunday morning July 27, 2014, at the VA Hospital La Jolla, CA. as unexpected raindrops fell from the clouds ..."

Another obit in the LA Times dated Aug. 14, 2014, reads ... "Character actor and Purple Heart recipient Lew Brown, 89, passed away peacefully on Sunday, July 27 at the VA Hospital in La Jolla, California. Brown was a noted character actor and performed hundreds of roles on stage, radio, TV, and in movies. Among his credits are 'Gunsmoke,' 'Dragnet,' 'Days of Our Lives,' and 'Topaz.' Lew is survived by his beloved wife Dee (Deanna) of 33 years and 8 children, 12 grandchildren, 6 great-grandchildren, 2 brothers, 1 sister-in-law, 3 nieces, 2 nephews, and spouses."



A LAD IN OKLAHOMA

Born in Goltry, Okla., on March 18, 1925, Brown came from a traditional working-class family that moved around a lot, according to Carolyn Krumanocker, a library technician with the Oklahoma Historical Society.

"In the 1900 Federal Census Woods County, Okla. it lists Sterling Brown and Mary, the father and mother of George S. Brown b. 1894. George S. Brown, the son was married to Marjorie Ballard in Alfalfa County, Okla."

"George S. Brown and Marjorie Ballard were the parents of Lew Gene Brown born in 1925," she said.

She also noted that in the 1930 Kansas Census, George and Marjorie were in Kansas, and George was listed as a salesman with a publishing firm.

By 1940 it states in the 1940 Oklahoma City, Oklahoma Census, father George S. was 45 and listed as an Adult Education Supervisor teacher along with Marjorie, 38, George S., Jr., 18, and Lew Gene, 15, Thomas, 3, and James, 3 ½.

"In 1950 it is recorded in the Grayson County, Texas Census,

father George S. was 55, Marjorie, 48, Thomas, 18, and James 10. However, the soon-to-be actor Lew was gone from home.

But before acting in TV and films, Brown served his country as a Marine corporal in WWII on the Pacific Front, Saipan, Tinian, Rota, Iwo Jima, and other small islands and was awarded a Purple Heart from shrapnel in his neck.

HOLLYWOOD BOUND, BUT NYC FIRST

After WWII, it has been said he returned home to Norman, Okla., and graduated from Oklahoma University. He taught high school English literature in Ava, Mo. before moving to New York to begin his life work as a character actor.

Brown left the Big Apple for Hollywood in 1951 to work on stage and in TV and films. He came to California and under the G.I. Bill, he earned a degree in theatrical arts from UCLA and appeared as a leading man in stock companies.

It has been reported while he was at a dinner party at the famed Frank and Musso's Restaurant, he was introduced to director Franklin J. Schaffner who was Impressed by Brown's "dark good looks, charming voice, and physique..."

The director arranged for Brown to start a career in the TV industry, appearing in a supporting role in an episode of "Playhouse 90."

Brown would go on to become a recognizable character actor appearing in more than 125 features; often typecast as everything from a husband to a father,

doormen, soldiers, policemen, doctors, cowboys, and more.

He was also in many syndicated sitcoms including "Maverick," "Alfred Hitchcock Presents," "Ben Casey," "The Twilight Zone," "Lassie," "Voyage to the Bottom of the Sea," "Rawhide," "The Fugitive," "Perry Mason," "It Takes a Thief," "Death Valley Days," "I Dream of Jeannie," "The Tim Conway Show," "Ironside," "Adam-12," "Room 222," "The Rookies," "Night Gallery," "Mission: Impossible," "Bonanza," "Columbo," "Barnaby Jones," "Banacek," "Cannon," "Little House on the Prairie," "Emergency!," "Baretta," "McCloud," "Quincy, M.E.," "The Waltons," "Eight is Enough," "Hart to Hart," "Knots Landing," "Hotel," "Days of Our Lives," and "Dallas," to name a few.

He appeared in many feature films such as "Crime & Punishment, USA" (1959), "The Threat," (1960), "Fitzwilly," (1967), "Topaz" (1969), "Airport" (1970), "The Resurrection of Zachary Wheeler" (1971), "The Man" (1972), "Breezy" (1973), "Gable and Lombard" (1976), "Grand Theft Auto" (1977), and "Portrait of a White Marriage" (1988).

FAMILY, COMMUNITY

Throughout his long career, various sites report Brown maintained membership at organizations such as the Screen Actors Guild, was supportive of the Motion Picture and Television Fund, served as a chairman for his local chapters of the American Red Cross and Habitat for Humanity, and was at one time

a magazine model for the Forbes Agency.

Brown was also a celebrity spokesman for A&P Supermarkets, a theatrical instructor at the Pasadena Playhouse, and a founding member of the Canyon Theatre Guild.

The actor was married to actress Toby Adler from 1967 to 1979 and before her death, they had a daughter, actress Shelly O'Neill. He was also married for 33-plus years to Dee "Deana" Brown.

LAST YEARS

Retired in 1990, he performed in one last film on Maui in the Swedish movie, "Gone to Maui" (his wife Dee had a small part). He spent his later years at autograph conventions, as well as charitable and religious ventures, until his death.

Upon his death. Brown had a military funeral at Fort Rosecrans, in San Diego on Aug. 15, 2014, and was cremated, his ashes given to family/friends. There was also a Masonic Service on Aug. 16, 2014, at the Scottish Rite Temple Event Center in San Diego.

Instead of flowers for his service, a donation in Lew's name to the California Scottish Rite Foundation for the San Diego Scottish Rite Childhood Language Center was requested.

One memorial about Brown read: "His career shined brightly without too much notice but his legacy lives on as he is seen in all the countless reruns of his hundreds of works in both color and black and white! ..."

Indeed.