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New Adoption Center opens
SEE PAGE 2



MBHS concert series
SEE PAGE 8



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SAN DIEGO COMMUNITY NEWSPAPER GROUP

Love Your Wetlands Day highlights Kendall-Frost Marsh Reserve in PB



Two Love Your Wetlands Day volunteers are helping to complete the rafts that are provided for the Ridgway's Rail to escape from high tides, build nests, and brood their chicks.

PHOTO BY ERIK JEPSEN/UC SAN DIEGO

By **DAVE SCHWAB**

The 19th annual Love Your Wetlands Day featuring bird watching, science talks, and Kumeyaay tule boat building was held on Feb. 3 at Kendall-Frost Mission Bay Marsh Reserve in Crown Point. The annual event was co-hosted by the San Diego Audubon Society and UC San Diego Natural Reserve System, which manages the approximately 40-acre Kendall-Frost Marsh, one of four California habitats used for science research and education.

San Diego Audubon also coordinates ReWild Mission Bay, a coalition of more than 90 community conservation groups working to restore the wetland along the northern shore of Mission Bay and re-establish a critical connection to Rose Creek. The ReWild campaign seeks to restore 315 acres of wetland and buffer habitats adjacent to the Kendall-Frost Marsh Reserve.

Love Your Wetlands Day is a once-a-year opportunity for the public to explore Kendall-Frost Marsh while learning about the importance of coastal wetlands, the climate threats they face, and how local communities are working to restore and protect them.

"Kendall Frost Marsh provides so much value to the City, cleaning Mission Bay's

See **WETLANDS**, Page 6



PB Sunset Yoga participants stretch out to the sun on Monday, Feb. 12 at Palisades Park. The donation-based yoga class on the bluff above Law Street beach meets Mondays through Fridays from 4-5 p.m.

PHOTO BY THOMAS MELVILLE

Buccaneers soccer finishes regular season undefeated

By **HECTOR TRUJILLO**

Mission Bay boys soccer completed an undefeated regular season (16-0-1), which clinched the top seed in the playoffs along with a league title. The Bucs closed out with a dramatic 3-2 road victory over Madison on Saturday with goals from Soren Bengston, Dane Peaslee, and Chase Fisher, after dominating wins over High Tech on Feb. 1, and Christian on Feb. 3. "It feels fantastic because it's a great group of boys that worked hard for each other,"

said head coach Joe Panian. "I expect pretty much the same of what we've been doing so far like having great ball possession."

As the top seed, Mission Bay will not play again until Friday, Feb. 16 at home against the winner of Imperial versus Otay Ranch scheduled for Tuesday. The Bucs outscored opponents 66 to 12 averaging nearly four goals per game with the only team able to scratch out a draw being Canyon Hills on Dec. 6 in a 1-1 result.

See **BUCS**, Page 9



Mission Bay senior Dane Peaslee beats a defender during the Bucs' win over High Tech High.

PHOTO BY STEVE SIDELL

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San Diego Humane Society opens redesigned Adoptions Center



San Diego Humane Society animals move into the new Adoption Center. Natt happily entered the new building. CONTRIBUTED PHOTO

By DAVE SCHWAB

San Diego Humane Society on Feb. 13 held the grand opening of its redesigned Adoptions Center with a ribbon cutting at its San Diego Campus.

The milestone was celebrated with a ceremony at 5500 Gaines St. attended by San Diego Mayor Todd Gloria, alongside SDHS staff, volunteers, adoptable pets, and community members.

Construction on the

state-of-the-art facility began in May 2022, resulting in a remarkable transformation of animal habitats, the adoption lobby, and outdoor exercise yards. The vibrant and colorful space will enhance the comfort and well-being of the resident pets while providing a better guest experience.

With an improved layout, there are now 58 dog rooms, 55 cat kennels, 11 communal cat rooms, and one large cat "aquarium" for multiple felines to stay, as well

as 53 spaces for small pets. "This marks a new era for San Diego's homeless animals," said Dr. Gary Weitzman, SDHS president and CEO. "Our renovated Adoptions Center represents a significant leap in animal welfare and will provide a better experience for countless pets in need. We believe these new habitats will increase visibility and result in shorter stays for our shelter residents, paving the way for brighter futures."

In the past year, SDHS, which



Matilda was the first of San Diego Humane Society animals to move into the new Adoption Center. CONTRIBUTED PHOTO

serves nearly 70% of San Diego County, has had significant issues with pet overcrowding, particularly with canines, setting a record for animals in its care. SDHS also observed a 20% increase in lost pets not retrieved by their owners. On Oct. 20, 2023, the organization set a new all-time high with 757 canines in its care.

Families have relinquished their pets for a variety of reasons including escalating costs of care, insufficient housing options for pet owners, and limited access to veterinary care.

"We've never seen a year like this with dogs before," said Weitzman. "October 2023 was one of our highest months in history for dog admissions. These dogs need homes or foster homes, and we are asking the community to help provide second chances for them."

The community is invited to visit the new SDHS Adoptions Center to browse adoptable pets from 10 a.m.-5 p.m., Tuesdays through Sundays. SDHS also has locations in Escondido, El Cajon, and Oceanside. Through Feb. 18, all pets are 50% off adoption fees thanks to Purina. For more information and to view adoptable pets, visit sdhumane.org/adopt.

ADOPTING FROM SDHS SERVES THESE PURPOSES:

- Helping create space in the shelter for other animals in need.
- Knowing you're getting an animal who has been properly assessed and cared for.
- Ensuring your pet has been microchipped, spayed/neutered, and vaccinated.
- Access to SDHS's services including an adoption guarantee, training advice, pet supplies, and educational information to support pet families for the life of their animals.

KEY FEATURES OF THE REMODELED ADOPTIONS CENTER INCLUDE:

- Calming enhancements to enclosures: Solar tubes for natural light, den-like housing for dogs to feel more secure, angled kennels so no dogs will have a direct view of each other, sound-proofed habitats, calming music, and pink noise, as well as improved drainage designs to allow staff to clean easier and spend more time with the animals.
- Dedicated space for small pets: Separate areas for small animals minimize stress and make it easier for visitors to view pets available for adoption.
- Expanded outdoor play areas: More play yards for dogs and outdoor "catios" for cats provide ample space for exercise and mental stimulation.

FIDO CLEANUP

Fiesta Island Dog Owners next cleanup of its fenced off-leash area is Saturday Feb. 24 from 10-11:30 a.m. Come spend a couple of hours helping keep

the dog park clean. No need to sign up, just show up! Meet at the north end of the fenced off-leash area, just inside the fence. FIDO is a nonprofit corporation run by volunteers dedicated to protecting and improving the fenced off-leash dog park on Fiesta Island.

PBTC FEBRUARY SOCIAL

Looking for a night filled with fun, friends, and specials on delicious food and drinks? Then join in for the Pacific Beach Town Council's social on Thursday, Feb. 29 from 4-6 p.m. at SD TapRoom, 1269 Garnet Ave. If you would like to help neighbors in the flood-ravaged parts of San Diego, donate a gift card and get a free beer from SD TapRoom. Cheers to a worthy cause. PBTC members will receive a 25% discount on drinks and food from SD TapRoom at this month's event. Sign up at Eventbrite to reserve your spot.

2024 Presidential Primary Election

Voting for president? Your political party registration determines which presidential candidates appear on your ballot. Learn more at sdvote.com.

Every active registered voter in San Diego County will receive a ballot in the mail the week of Feb. 4.

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Return your ballot to any of the Registrar's official ballot drop boxes around the county **starting Tuesday, Feb. 6 through Election Day, Tuesday, March 5.**

Avoid long lines by taking advantage of early voting! Starting Saturday, Feb. 24, vote centers will be open daily from 8 a.m. to 5 p.m. through Monday, March 4.

On Election Day, Tuesday, March 5, voting hours change to 7 a.m. to 8 p.m.

Find a ballot drop box or vote center near you at sdvote.com



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Laurie Gibson
Editor



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The Compass Station and Discover PB begin Community Care Crew

By DAVE SCHWAB

The Community Care Crew, a new employment program at The Compass Station, Shoreline Community Services' drop-in resource center in Pacific Beach, is up and running.

Shoreline Community Services has contracted with Discover PB, the community's business improvement district, to do street cleaning, trash removal, light landscaping, and graffiti removal in ongoing efforts toward beach beautification.

The new crew is an updated version of the PB Street Guardians program that served PB from 2016 to 2019. Plans include making pressure washing services available to the beach community for businesses and/or residents. "Building up our power-washing business, that's our goal for the spring, getting that going in a bigger way," said Shoreline Community Services executive director Caryn Blanton adding the community care group goes out daily in a work truck to engage in maintenance and beautification projects. The crew works throughout the Discover PB area including Garnet Avenue, Mission Boulevard, and Ingraham, Cass, and Turquoise streets.

Noting the PB Street Guardians previously "started with no contract just walking around cleaning the streets and sweeping the



The new Community Care Crew is an updated version of the PB Street Guardians program. CONTRIBUTED PHOTO

sidewalks," Blanton noted that, this time around, the Community Care Crew is on firmer footing. "I was approached by community leaders about starting up another cleaning crew," she said adding, "This time we wanted to lay a strong foundation. I talked to Sunny Lee of Discover PB and we restarted the program last July and it worked out great: It was a great collaboration."

Lyn Fielder, who confided she was living in her car when

she "discovered" Shoreline Community Services and its wrap-around services, talked about the unsheltered center and being a Community Care Crew member. "The Compass Station and all of its volunteers just made me feel like I had a safe place to come and they're helping me get back up on my feet," she said. "We just need a boost up to get back up. We've got each other's backs. It's like a family. We're all very supportive of each other."

Fielder said it was an adjustment getting back on a regular schedule and "holding yourself accountable" after being out on the streets. She pointed out the public has been very accepting of her and the rest of the Shoreline Community Services work crew. "We're getting thanked constantly and people come out and give us hot chocolate and iced tea," she said. "The community has embraced this program. We are doing it because the community wants us to come and do this. It's a win-win. It's an ongoing project. You get to the end – and then you start back at the beginning again."

Regarding how Shoreline Community Services and The Compass Station are faring, Blanton noted: "You would hope the (unsheltered) numbers were declining, but that is not the case. When we opened in June 2022, we were seeing 20 to 30 people a day. Now we're seeing 50 to 60 people a day. By the end of 2023, we had seen over 600 individual unsheltered people through visits."

Nonetheless, while pointing out that PB is "the only community that has something like this (Compass Center) other than downtown," Blanton concluded: "We're very proud to offer this (unsheltered services) to our community at the beach. And nobody else is doing anything like this work program and outreach that Shoreline Community Services is doing."

San Diego Flood Response Fund grants \$550,000 to flood survivors

San Diego Foundation announced that the San Diego Flood Response Fund has raised more than \$950,000 and this week granted an additional \$245,000 to local nonprofit organizations supporting flood survivors. Overall, \$550,000 has been granted to community-based organizations.

The majority of the \$550,000 in grants has been awarded to nonprofits that are providing temporary housing to San Diegos displaced by the Jan. 22 flood. This includes 409 individuals (303 adults and 106 children) who were provided housing vouchers by YMCA of San Diego County.

This week, \$245,000 in grants was awarded to nonprofits, including:

- SBCS (formerly South Bay Community Services) - \$150,000 for housing vouchers and temporary placement assistance for individuals and families impacted by the recent floods.
- Chicano Federation - \$25,000 to support families in Chicano Federation's affordable housing who were displaced by the flood.

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LEAP DAY – What to do with an extra 24 hours? Plan a weekend getaway to Catalina Island, or a staycation at Tower23 Hotel

By THOMAS MELVILLE

Who's to blame, Julius Caesar or Pope Gregory XIII? Or maybe the question is, Who's to thank? Both the Julian Calendar and Gregorian Calendar have leap years built in, but the pope's method ended up more accurate than the emperor's. Either way, it's an extra 24 hours in February. Now, what to do with it?

How about a weekend getaway

CATALINA ISLAND

Info: visitcatalinaisland.com.



The Catalina Island Yacht Club and the iconic Catalina Casino in Avalon Harbor.
PHOTO BY THOMAS MELVILLE

to somewhere somewhat local, yet totally different in style and feel? Or what about staying in Pacific Beach, but with a different perspective? Let's check out some options.

CATALINA ISLAND

Catalina is a rocky island off the coast of Southern California in the Gulf of Santa Catalina of about 75 square miles and 29 miles south, southwest of Long Beach. Its history didn't get interesting until the 1920s when chewing-gum magnate William Wrigley, Jr. bought a controlling interest in the Santa

Catalina Island Co. Wrigley invested in infrastructure and attractions, including the construction of the Catalina Casino, which opened on May 29, 1929. Then the fun started.

Celebrities, movies ("Treasure Island," "The Ten Commandments," and "Ben Hur" were shot there), and the captains of industry all made the island the place to be and be seen. The famous buffalo herd, which still roams the hills and valleys, was brought to the island in 1924 for the filming of "The Vanishing American." Even Wrigley's Chicago Cubs spent spring training on the island from 1921 to 1951.

The rich and famous still visit (Zoey Deschanel, Rob Lowe, and Taylor Swift recently), and the landscape still doubles as exotic locales for TV shows and movies, but for most people, the island is a relaxing getaway from the grind of everyday routines. The one city, Avalon, perched on Avalon Harbor (go figure), is a small, quiet walkable town (look both ways for golf carts) filled with charming shops and wonderful views. Sold? Let's go already.

CATALINA EXPRESS

The easiest way to get there is on the Catalina Express. From San Diego, head north up I-5 for about an hour to Dana Point Harbor, buy tickets, and board for the 9:30



Catalina Express is the fastest, safest, most frequent, and most comfortable form of transportation to Catalina Island.
PHOTO BY THOMAS MELVILLE

CATALINA EXPRESS

Where: 34675 Golden Lantern Drive, Dana Point.
Info: catalinaexpress.com, 800-613-1212.

a.m. trip. Catalina Express is the fastest, safest, most frequent, and comfortable form of transportation to Catalina Island. The company operates a fleet of high-speed, high-tech vessels providing up to 30 departures daily year-round, with scheduled passenger service to Avalon and Two Harbors on Catalina Island from San Pedro, Long Beach, and Dana Point.

Founded in 1981 as a commuter service for island residents, Catalina Express now operates eight vessels and carries more than one million passengers annually. The boats offer a spacious main deck with comfortable seating, large windows, and a small galley with drinks and snacks. The upper deck upgrade features a Commodore Lounge offering priority boarding with beverage and snack service included. The ride from Dana Point usually takes about 90 minutes.

See **DAY**, Page 7

Make the most of leap day in San Diego County with an adventure



People paragliding at Torrey Pines.

PHOTOS BY KYUNGMIN MIN

By KYUNGMIN MIN

What would you do if you had an extra day in your life? Do you think it's just a useless hypothesis? Well, we have the day this year, the 29th of February, as leap year is back after four years.

Whether you are a San Diego native, a new neighbor, or a transient like myself – I'm leaving the U.S.

in four months – why don't we see San Diego from a tourist's point of view for 24 hours? Let's explore the City of San Diego, or better yet, the entire county, on leap day. What can we do on the 60th day of the 366 days?

• Exploring Balboa Park to the fullest

With 16 museums and 65 miles of trails, fully enjoying Balboa Park in a day might be a challenge.

Choose museums based on your interests, ranging from the Natural History Museum to the Science Center, Air & Space Museum, Museum of Art, and more. You also have 1,200 acres of urban green spaces for a picnic. Immerse yourself in the exotic vibe of the Spanish Colonial architecture found in the main buildings along El Prado. Prado, a great restaurant, offers the best food, atmosphere, and service. Lastly, don't forget to visit the Zoo if it piques your interest!

• From La Jolla to Torrey Pines

La Jolla is a place that you can never get enough of. Feel the sea breeze as you drive along the coast. If you take Bus 30 from Bird Rock to La Jolla, you'll encounter wonderful scenery with the Pacific Ocean and clean, neat residential streets. Spend some time watching the sea lions barking or kayaking through the La Jolla Sea Caves. Enjoy lunch at a nice spot. Harumama is an Asian fusion restaurant that specializes in Japanese ramen. There are a few more branches in other locations, the one in La Jolla boasts an ocean view with its glass walls. In the afternoon, head a little farther north from La Jolla and explore Torrey Pines. Choose one of the trails in the Natural Reserve – check trail availability at the Torrey Pines State Natural Reserve website – or

try paragliding if you haven't before. Who knows? It might be your new hobby.

• To the ocean or the city, Downtown is the answer

Struggling to choose between the city and the ocean is futile because, in Downtown, you can easily enjoy both. I used to live in Little Italy for a while, and walking or running by the waterfront was my hobby. Grab some food

or snacks at Little Italy Food Hall and have a picnic at Waterfront Park. Take a stroll from the park to Unconditional Surrender, the renowned kissing statue. If time permits, visiting the USS Midway Museum is a great option in the city of "Top Gun." Check out the restaurants; it will be tough to choose just one. I love Rei Do Gado

See **LEAP**, Page 15



Sea lions in La Jolla.

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In addition to our exceptional cuisine and libations, Pueblo provides a fun and friendly place to meet friends and enjoy good company. Our rooftop dining area offers stunning views and a lively atmosphere, perfect for gathering with friends and soaking in the coastal vibes.

Join us at Pueblo, where modern Mexican coastal cuisine meets upscale elegance in the heart of San Diego. Call (858) 544-1875 to make a reservation, and explore our menu at pueblopb.com. Discover the flavors of Mexico with us at Pueblo located at 877 Hornblend, (858) 544-1875



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Erling Rohde Plumbing started in 1910. It is the longest run, family-owned plumbing business in La Jolla and San Diego. The company now in Bird Rock has been operated for the last 40 years by the grandson of the founder, Michael Glancy. Mike returned from Vietnam in the 70's and decided to seize the opportunity to work in a "good trade." He is also a surfer and wanted to stay close to the ocean. Mike says his company offers two valuable traits: honesty and knowledge. Rohde Plumbing's specialties include bathroom and kitchen remodels, water heater replacement, toilet, faucet, backflow protection, underground leaks including water, sewer, and gas pipes, and Ray-Pac boiler repair and/or replacement. They have earned their stellar reputation for providing genuine, caring customer service.

Living Room Coffeehouse has new address, same European feel

Advertised as a European cafe with a Californian flair, the Living Room Coffeehouse La Jolla has transformed itself with a recent move into regal surroundings becoming a full-service restaurant, bar, and live entertainment venue.

The red carpet has truly been rolled out at the Living Room's new location at 1205 Prospect St. in a building built by businessman and philanthropist Doug Manchester. Bistro owner Sam Azzu pointed out his establishment has always been a "melting pot" for San Diego and a place where people "from all over the world hang out drinking coffee, playing board games and studying." He added the Living Room is designed to be "a place where people come together. We celebrated our 30th anniversary last year. I came into the picture in 2000."

Azzu said his place is the exact opposite of a corporate-owned coffee-oriented business. "We are the opposite," he said pointing out "Most coffee shops nowadays are drive-thrus, whereas the Living Room is a true European-style coffee shop. I feel we have contributed in a positive way to our community."

Azzu expressed gratitude to Manchester and his financial group. "Manchester Group's leasing agent reached out to us and we thank Papa Doug for accommodating the Living Room."

About the plush surroundings in his new location of 11,000-plus square feet, Azzu added: "Every day now we see college kids hanging out and sitting in chairs and at tables that cost thousands of dollars. Being a part of this beautiful spot is a great feeling."

Living Room's new location is a major upgrade in numerous ways. Azzu pointed out that his new kitchen space is "larger than my entire space in the old spot." That has allowed him several advantages including providing

space for more equipment while allowing the bistro to change its menu.


"We went from being a simple cafe steaming our eggs on an espresso machine to making egg sandwiches, omelets, pancakes, waffles, and eggs Benedict – a full breakfast menu."

Azzu said they've also changed their night menu going beyond soups, sandwiches, and salads to adding a "whole array cooked foods and meats as well as chicken, beef, and seafood dishes."

Living Room's owner added their outside kitchen also allows them to offer pizza and flatbreads as menu items. The establishment has also become La Jolla's "late-night" dining. "If you're walking around La Jolla after 9 p.m. and you feel out of luck (for eating options), drop in at the Living Room," implored Azzu. "We're open until 11 p.m. offering full dinners."

The restaurateur said there are a couple of other refinements in their new space including their inheriting a "huge empty wine cellar" they intend to fill with a wide selection of wines at a variety of price points. Azzu added he has converted part of his space into a "speakeasy" bar that he has been able to stock with his full liquor license with "the rarest and hardest to get scotches and bourbons in the world."

Azzu added he also plans to bring live musical entertainment into the Living Room on weekends, even anticipating having open-mic nights. "It's going to be a fun place," he concluded.



The Living Room: 1205 Prospect St. (858) 459-1187 livingroomcafe.net

Häagen-Dazs La Jolla Celebrates a Decade of Sweet Success and Introduces Exciting Additions for 2024



tourists who visit La Jolla. Their passion for connecting with visitors and witnessing their enjoyment while savoring delicious ice cream has been a driving force in making Häagen Dazs a cherished spot in the community.

"We feel incredibly lucky to have been a part of this wonderful journey and to have witnessed the joy on the faces of our customers," says Houda. "Our local patrons have been incredibly generous and friendly, and we've felt their support every step of the way. It's allowed us to keep our doors open until 10 pm, providing a safe and cozy place for everyone to enjoy."

As Häagen-Dazs La Jolla enters 2023-2024, the store is excited to introduce a delightful addition to its menu - coffee! Customers can now enjoy a variety of coffee options, including espresso, cappuccino, latte, and the popular Iced Brewed coffee. However, the standout addition is the Turkish coffee, which has quickly become a favorite among patrons.

To complement their ice cream and coffee offerings, Häagen-Dazs La Jolla is now baking

fresh waffle cones every day. They take pride in offering samples, allowing customers to indulge in the delicious aroma and taste of freshly baked cones before choosing their ice cream flavors.

"Our commitment to delivering exceptional ice cream and coffee experiences remains steadfast," says Houda. "This business is not just a venture for us; it's our retirement hobby, and we pour our hearts into it every day to ensure our customers leave with smiles on their faces."

As Häagen-Dazs La Jolla celebrates a decade of serving the community and visitors alike, they invite everyone to join in the celebration of this special milestone. Whether you're a local looking for a sweet treat or a tourist exploring the beauty of La Jolla, Häagen-Dazs La Jolla promises an unforgettable experience.

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Rosamaria Acuña



Rosamaria Acuña is a bilingual real estate professional, entrepreneur, and humanitarian deeply committed to her community and a range of causes and nonprofits. As an advocate for homeownership, she has built a successful business by always placing her clients' needs first. Rosamaria has a special focus on guiding clients to invest in both their homes and therefore their future.

With 35 years of experience representing buyers and sellers, Rosamaria knows the San Diego real estate market exceptionally well. Rosamaria specializes in residential real estate for a wide ranging clientele from first-time home buyers to the luxury market. She has established a stellar reputation. Her dedicated work ethic, with her outstanding marketing skills, and network of professional alliances has consistently placed her in the top tier among all real estate professionals working today. Together with Berkshire Hathaway and her team, Rosamaria is dedicated to offering her clients superior personalized service, and providing the latest innovations in marketing and technology to facilitate every transaction.

"The most rewarding part of being a Realtor is helping people create security, along with the home of their dreams." "It's an honor to be trusted by so many. Giving back is my way of expressing gratitude to the community I live in and care so deeply about."

Contact Rosamaria today for a complimentary consultation or to receive up to the minute details about the real estate market. She is happy to address all inquiries so don't hesitate to call her today at 619-890-2828.

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Pangaea Outpost celebrating 20th anniversary in Pacific Beach

By DAVE SCHWAB

Pangaea Outpost has been offering a kaleidoscope of novel gifts and art at a wide variety of prices in a huge attractive retail space in Pacific Beach since 2004.

The gift emporium at 909 Garnet Ave. is celebrating its 20th anniversary this November. The store, just a short distance from Crystal Pier and the beach, is open seven days a week showcasing over 70 different local merchants and artists.

Pangaea, meaning “all lands,” is named for the prehistoric supercontinent. And you will find products from all lands, especially PB and the coastal beachfront, on the premises.

“Besides the rent, they (vendors) just pay a commission off of every item they sell,” noted Jillian Gonzales Schoettler, a manager for 19 years at Pangaea and one of approximately 70 vendors occupying two retail spaces there.

Catering to both genders and

all ages and tastes, Gonzales Schoettler pointed out, “We have gifts for everyone here, we do. It’s a good place for small local businesses and local makers.

“This is an artist she rents this area, and (another) guy who does woodworking and makes the items he sells,” said Gonzales Schoettler while conducting a tour of the 11,000-foot former warehouse space. “This is (another) local artist who used to come into the store when she was a little girl and now she’s selling in the store.”

Guests are immersed in a veritable shopping paradise filled with, among other things, jewelry, apparel, kids toys, crystals, decor, local art, and local artisan creations. There is also a huge selection of exotic imports from around the world.

The Beach Boys and other nostalgic music plays in the background while Gonzales Schoettler continues her Pangaea tour. She stands in front of another unique space featuring clocks fashioned from black vinyl record discs.

PANGAEA OUTPOST

Where: 909 Garnet Ave.

Hours: Mondays-Thursdays

10 a.m.-7 p.m., Fridays and Saturdays

10 a.m. -8 p.m., and Sundays

10 a.m.-6 p.m.

Info: pangaeaoutpost.com,
858-581-0555.

Other spaces showcase an assortment of hot sauces, infant and puppy clothes, Tibetan singing bowls, candles and incense, disco balls, socks, shirts, shoes, jewelry, and faux donut “bath bombs.” The list goes on and on.

Yet another retail space employs a popular mermaid theme. There is also a unique space with elaborate Native American dream catchers. Vintage, new, used items – you will find them all in Pangaea.

The well-organized spaces in Pangaea are attractively curated. There are couches set up in the middle of the store for lounging in an inviting atmosphere.

“The woman in charge of our vendors, she tries to keep a really good (tenant) mix in the store, a



Pangaea Outpost has been offering a wide variety of novel gifts and art for 20 years in Pacific Beach.

bit of everything,” said Gonzales Schoettler, while noting management is careful about ensuring vendors don’t end up competing with one another. “Everybody kind of has their own thing and they stay in their lane,” she said. “We’re all just thriving in our little way.”

Asked how people react the first time they wander into Pangaea, Gonzales Schoettler replied: “They get excited. They find treasures and gifts for the people they love. They end up buying things for themselves because there are so many great things in this store.”

MADCAPS moms inspired by message of ‘Random Kindness’

By KAREN AUSTIN

“Random Kindness and Senseless Acts of Beauty” is a well-known phrase-turned-movement, now embarking on its 30th year of inspiring kind words and actions around the world. It’s simply doing something positive for someone else, without them asking and without doing it for something in return.

Conceived by two friends over coffee in response to rising conflicts including the impending Persian Gulf War, Rodney King beating, and Los Angeles riots, it was quite literally a rewording of an increasingly common phrase on the news, “random violence and senseless acts of cruelty.”

First communicated in a 1991 Glamour magazine article that led to iconic bumper stickers, “Random Kindness” went viral, so to speak, and is now embedded in the national and global lexicon as a cultural movement.

On Jan. 10, members of the local volunteer organization, Mothers and Daughters Club Assisting Philanthropies (MADCAPS), heard an inspiring talk about the power of kindness from one of the co-authors of the movement who also helped pen a full-length prose poem to communicate it.

The book, “Random Kindness and Senseless Acts of Beauty” was written by M. Paloma Pavel, MDiv, Ph.D., and Anne Herbert (1950-2015), and was illustrated by Mayumi Oda. A foreword in the 30th-anniversary edition is by Pavel’s mentor, Nobel Prize laureate Desmond Tutu.

Archbishop Tutu shared his wisdom, strength, and hope in the context of the South African philosophy of Ubuntu, “... belief that our humanity is inextricably bound up in one another, and any tear in the fabric of connection must be repaired for us all to be made whole. This interconnect-edness is the very root of who we

are. Thus, compassion and service to others enhances the humanity of all, including oneself.”

The 30th-anniversary edition received the Gold Medal Book Award and was named Peacemaker Book of the Year in 2014.

Even before her presentation, Pavel said: “I’ve been looking forward to spending time with the MADCAPS moms, especially at the start of the New Year when many of us make positive resolutions to focus on ourselves and others. Every random act of

kindness makes the world a kinder, better place and that seems completely aligned with the purpose of MADCAPS to involve mothers and daughters in caring for their communities.”

With thanks to The Thursday Club for its hospitality, most of the 219 current MADCAPS moms from Point Loma, Ocean Beach, Mission Hills, and Hillcrest, attended the meeting. Pavel shared some stories about the history of the movement and her unexpected life journey as a result of it. As part

of her talk, she said, “We are here with the capacity to interconnect, to create something larger than one of us could do alone.”

Pavel also talked about what she referred to as the neuroscience of kindness, in which studies show the emotional, physical, and neurological benefits of kindness for those who put it into practice. To help personalize the talk, she encouraged moms to share about a random act of kindness that made a difference in their life, whether as the giver, receiver, or even as a witness.

WETLANDS»

CONT. FROM PG. 1

water and all the users benefit,” said Andrew Meyer, director of conservation for San Diego Audubon Society and ReWild Mission Bay program manager. “We (also) get resilience to sea-level rise and storm surge. Our community gets protection from the physical space that a tidal marsh provides as well as protecting endangered bird species in the 1 percent of marsh that we have remaining in Mission Bay. We need a couple more percentages to be ready for the coming decades.”

Added Meyer: “The City is presently going through their master plan update for the northeast corner of the bay. We want the City to prioritize tidal wetlands marshland restoration in the northeast corner of the bay. We need this parcel, and the rest of the northeast part of the bay, to be tidal wetlands.”

“The Kumeyaay are people of the islands, the oceans, the valleys, the mountains, and the deserts – all these different ecosystems for thousands of years,” said Stan

Rodriguez of the Iipay Nation of Santa Ysabel, who is president of Kumeyaay Community College. “We are no strangers to climate change. This environment is important to all of us. We are part of that. We cannot separate ourselves from everything else. What affects one affects us all.”

“Your presence here is indicating to the rest of the world the significance of wetlands, which play a very important role in carbon sequestration and climate change and sustainability,” said UC San Diego Chancellor Pradeep K. Khosla, “There’s a lot to study here. If only we could expand the reserve system, we would have natural ways of undoing the negative impacts of climate change. Don’t just look at this as marshland. Look at this as nature’s miracle. We have to work with and support nature and become good partners.”

“Wetlands are kind of a big deal,” noted District 1 Councilmember Joe LaCava representing Pacific Beach, who chairs the council’s environment committee. “There were 4,500 acres of wetlands that used to be here and it is now narrowed down

to this corner. Climate change is here. It is happening. We are seeing it every day, and we don’t have to look past the last couple of weeks (high tides and heavy rains). We need to start adapting quickly. And adaptation means not concrete seawalls, but natural solutions. It’s the best response and we can prove it right here.”

Speakers also included Megan Cooper, the State Coastal Conservancy South Coast regional manager and Dick Norris, professor of paleobiology at Scripps Institution of Oceanography at UC San Diego and interim director of the UC San Diego Natural Reserve System.

The special environmental day was all about community engagement. Hundreds of volunteers participated. They picked up, sorted, and weighed trash, all in the name of citizen science. This year attendees participated in conservation activities from fish seining (counting populations) to bird watching. There were a series of science talks, and marsh tours, and groups worked together to repair traditional Native American canoes in partnership with Kumeyaay Community College.

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The luxurious Bellanca Hotel re-opened in 2020 after undergoing a nearly \$4 million transformation. PHOTO BY THOMAS MELVILLE

DAY»
CONT. FROM PG. 4

BELLANCA HOTEL

You arrive at the dock with the beautiful Avalon Harbor glimmering in the sun and say to yourself, “I made the right choice.” Now let’s get situated. Stroll down Crescent Avenue to Marilla Avenue (about 10 minutes) and the luxurious Bellanca Hotel is ready to accommodate. A big comfy bed, a sunken tub, a harbor view deck, and the best feature, a fireplace for cool evenings and warm, romantic hearts.

Bellanca (which translates to “beautiful”) re-opened in 2020 after undergoing a nearly \$4 million transformation and was inspired by the location’s natural beauty

THE NAUGHTY FOX

Where: 111 Crescent Ave., Avalon.
Info: bellancahotel.com/
the-naughty-fox/.



The Naughty Fox’s outdoor seating looks out onto Avalon Harbor. PHOTO BY THOMAS MELVILLE



On the top floor of Catalina Casino is the world’s largest circular ballroom, with a 180-foot diameter dance floor. PHOTO BY THOMAS MELVILLE

BELLANCA HOTEL

Where: 111 Crescent Ave., Avalon.
Info: bellancahotel.com,
310-510-0555.

and meant to showcase a contemporary, nautical-inspired oasis. The color palette reflects the blue harbor view, morning seafoam mist, and rich green kelp forests. The two-story 19,800 square foot hotel features 40 rooms, cabanas, and suites.

The hotel is home to Naughty Fox, a modern beach bar serving coastal cuisine. The restaurant’s outdoor seating looks out onto Avalon Harbor with the Catalina Island Yacht Club and iconic Catalina Casino to the north. It’s a great spot for coffee and breakfast (order the frittata), and then after a day of adventures – and there are plenty from bison tours to hiking to zip lining – settle back at Bellanca and fill your appetite with delightful dishes like hummus and naan bread (the hummus is divine),

blackened shrimp over rice, and plump burgers served with papas bravas. For drinks, there is a full bar for cocktails and cold beers. They make a mean old-fashioned.

ADVENTURES

A fun way to get the lay of the land is with an e-bike tour. Walk down to Pebbly Beach Road and rent e-bikes from Brown’s Bikes for a self-guided 4-hour tour. Head south down Pebbly past Lovers Cove, take a right at the power plant and up Wrigley Road to the harbor overlook, and then continue – follow the scenic road signs, which will eventually bring riders past the golf course, zip lines, and Chimes Tower before descending back to Crescent Avenue. It’s a fun ride and there is also a pet cemetery to check out if you’re into that sort of thing.

One of the most popular tours is of Catalina Casino, and it’s worth it. Enter the building and time-travel to the 1930s. The most photographed building on the island opened in 1929 at a cost of \$2 million. Apparently, 10,000 revelers took the steamer to celebrate Wrigley’s 12-story achievement.

Its design is in the Art Deco and Mediterranean Revival styles. The movie theater, with a seating capacity of 1,154, was the first to be designed specifically for films with sound. Cecil B. DeMille, Louis B. Mayer, and Samuel Goldwyn would preview their newest cinema productions there. The theater’s interior walls retain the original Art Deco murals by John Gabriel Beckman.

The upper level houses the 20,000-square-foot Catalina Casino Ballroom. It is the world’s largest circular ballroom, with a 180-foot diameter dance floor that can accommodate 3,000 dancers. French doors encircle the room connecting the dance floor with the Romance Promenade, an open balcony that runs around the building. The ballroom played host to dozens of big bands through the 1930s and 1940s such as Glenn Miller, Harry James, and Kay Kyser.

The ballroom is still active and rented out for weddings,

BROWN’S BIKES

Where: 107 Pebbly Beach Road, Avalon.
Info: catalinabiking.com,
310-510-0986.



Rode e-bikes from Brown’s Bikes for a self-guided scenic tour of the island. PHOTO BY THOMAS MELVILLE



Tower23 Hotel features airy bright rooms with views of the ocean. PHOTO BY THOMAS MELVILLE

TOWER23 HOTEL

Where: 723 Felspar St.
Info: t23hotel.com, 858-270-2323.
Promotion: A Leap Year flash sale of 29% off a two-night stay from Feb. 29 through June 15 – limited inventory every night, some blackout days apply.
JRDN wine tasting: Frog’s Leap Year Tasting, held by Kristy Byrd of Frog’s Leap Winery on Thursday, Feb. 29, 6 p.m. tasting, 8 p.m. reception with light bites, guided tasting of seven wines from past Leap Years, \$135 per guest inclusive of tax and gratuity.

anniversaries, and other special occasions. And while the theater no longer shows first-run movies, it does screen special movie nights.

STAYCATION

Not in the mood to leave San Diego for your additional day in February? That’s fine. There are plenty of options for a staycation where you can be pampered with breakfast in bed, dine on gourmet entrées, and watch the sunset over Crystal Pier from a private deck.

Well, that last one would be only one place, Tower23 Hotel in Pacific Beach.

TOWER23 HOTEL

Tower23, nestled right up to the boardwalk at Felspar Street overlooking Crystal Pier, is a luxury, beachfront lifestyle resort and one of California’s most stylish and contemporary urban retreats. Deriving its name from lifeguard tower 23 positioned on Pacific Beach, the hotel’s distinctive architecture and style create a cool haven for guests to enjoy a staycation or destination vacation.

The resort features airy bright rooms with views of the ocean.

Check-in and receive valet parking, two drinks at the huge ocean-view bar (order a whiskey sour, it’s delish), room service, use of a private deck with lounge chairs overlooking the boardwalk and pier, and complimentary cruiser bikes to explore the vibrant community. It’s a good time to visit as the hotel offers a Leap Year flash sale of 29% off a two-night stay from Feb. 29 through June 15 – limited inventory every night, some blackout days apply.

Tower23 was named one of the Top 25 Hotels on the Water in the US by TripAdvisor in 2022 and was recently voted among the Best Hotels in San Diego by TimeOut.

JRDN

The shiny pearl at Tower23 is its award-winning restaurant JRDN. The upscale eatery features 10,000 square feet of indoor/outdoor ocean-view dining. In addition to an ultra-lounge and jewel box sushi bar and service, JDRN’s private dining room features teak wood, dramatic lighting, and a 1,000-bottle wine wall – an intimate setting for any occasion. The Wine Room’s adjacent Sunset Patio, with fire and water elements, commands one of the most breathtaking views of the beach. JRDN’s recent accolades include Wine Spectator’s 2022 Award of Excellence.

Chef Jerry Ranson taps into the flavor of the season by working with local purveyors to create a dynamic menu that creatively reflects JRDN’s seaside locale. Bringing his Zen ethos to the kitchen, you can expect a laid-back dining experience while concurrently dazzling dinners with inventive items that pack a culinary punch. Try the steamed mussels, sweet potato gnocchi, and Wagyu burger while watching the boardwalk traffic and the lovely sunset.



Drinks and a sunset on the hotel’s private deck with lounge chairs overlooking the boardwalk and pier. PHOTO BY THOMAS MELVILLE

Principal Profile: Dr. Karon Schnitzer – Pacific Beach Elementary School

Experienced teacher, successful administrator, world traveler, and author, meet Dr. Karon Schnitzer, the new principal at Pacific Beach Elementary School. Raised in Ocean Beach, Schnitzer is a product of San Diego schools graduating from Point Loma High School.

In asking Schnitzer about her inspiration for working in education, her eyes lit up as she shared her experience at Crown Point Elementary School. “It was the year 2000 and I was enrolled at SDSU as a business and marketing major. Can you believe it?” Schnitzer said. “I took a part-time job at Crown Point as a college student worker. I was assigned to a second-grade classroom and I fell in love with teaching. I went back to SDSU and changed my major.”

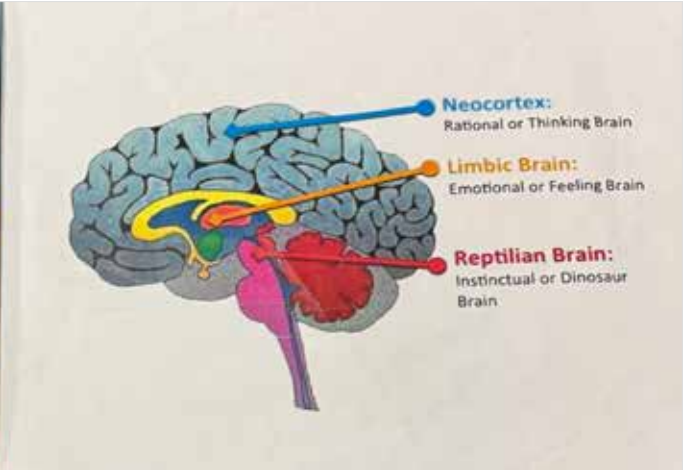
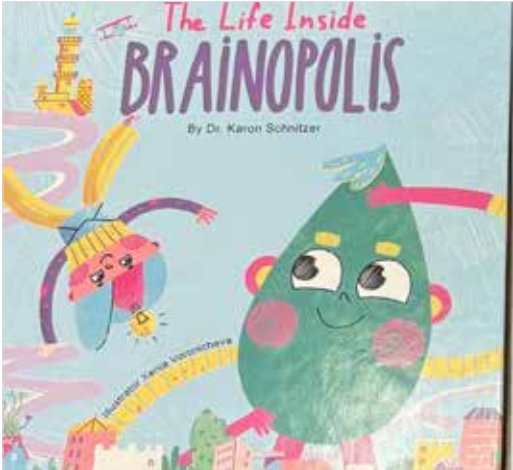
After completing her teaching credential, her master’s degree in cross-cultural education, and teaching every grade from kindergarten through sixth, she headed back to SDSU to earn her administrative credential.

“I loved my learning experience so much at SDSU that I submitted my application to



New Pacific Beach Elementary School principal Dr. Karon Schnitzer (right) with second and third-grade teacher Michelle Warner. ‘I was welcomed so warmly by the staff and community. It is remarkable how many teachers have been here for many many years. I can see why when you are here you never want to leave,’ Schnitzer said.

join the doctoral program.” She completed her Ed.D. in 2019. After four years as a school administrator in Chula Vista, she applied for the open principal job at PB Elementary. Her application process included four different levels of screening and



The children’s book, ‘The Life Inside Brainopolis,’ was written by Dr. Karon Schnitzer. ‘I wrote the book during COVID when I knew that so many children and adults were enduring so many emotions: fear, anger, worry, and sadness. The book’s main character, Ami Amygdala, can calm down only when a rush of oxygen overruns Brainopolis. Deep breathing is a tool that we can all use to regulate our bodies when we are feeling strong emotions.’

interviews that included district office staff, administrators from other schools, parents, and staff from PBES, and ultimately the district superintendent.

When asked about her first few weeks at PB Elementary, again her eyes light up. “I love PBES. We are truly a family school. I was welcomed so warmly by the staff and the community.”

When asked to discuss her vision for PBES, she says she sees a

school where every “child’s potential is recognized, celebrated and cultivated. Informed by the principles of neuroscience, we can unlock the unique capabilities of each student. Our vision is to create a school community where every child feels valued, supported, and empowered to explore their talent and capabilities.”

Fun Facts about Schnitzer:

1.) Enjoys traveling: Italy, Germany, China, Amsterdam,

and France.

2.) Has two children: Angelica, graduating from SDSU in May 2024, and Jordan, who works part-time at KUSI television.

3.) Is a published author in Leadership magazine as well as her book, “The Life Inside Brainopolis.”

4.) Teaches a class at San Diego State University helping to prepare future teachers for their credentials.

Mission Bay students to launch Meraki Concert Series at South Park venue

Mission Bay High School’s award-winning music program has announced the Meraki Concert Series. The series is set to start on Feb. 22 and go through May to support the school’s thriving music programs and the community.

Produced by the students as part of the MBHS Music Business Program, the Meraki Concert Series – in partnership with Meraki Event Space and Lounge and the San Diego Yokohama Sister City Society – is a music series that promises performances by established and emerging jazz artists.

Hosted by the newly-opened Meraki Event Space and Lounge located in South Park at 1648 30th St., the concert series will kick off on Thursday, Feb. 22, with the MBHS student band followed by music from the critically acclaimed

and San Diego-based musical collective Euphoria Brass Band.

“Through the Meraki Concert Series, we are not just presenting music – we are creating an experience crafted by the incredible hard work of our students. This concert series reflects the dedication of Mission Bay’s music program to inspire, entertain, and showcase the rich diversity in the jazz genre,” said Jean-Paul Balmat, the school’s music director. “We are so thankful to Meraki and the talented artists who are giving their time and talents to help make this possible.”

The spring jazz concert series includes an all-star jazz lineup: Euphoria Brass Band (Feb. 22), Gilbert Castellanos (March 21), Holly Hofmann (April 25), and Peter Sprague and Leonard Patton (May 30). Each concert will open with a performance by a Mission

Bay High School ensemble.

General admission is \$20 per person via the website or at the door; student tickets are \$15 with a promo code. Reservations-only dining begins at 6 p.m. with the headlining act starting at 7:30 p.m. To reserve a dining experience and purchase tickets, visit merakiconcerts.com.

The Meraki Concert Series provides students with a unique work-study experience, offering real-world opportunities in the business end of the music industry. MBHS students will manage every detail of the event, from setup to breakdown, venue management, promotions, booking of artists, and securing sponsorships. The students are actively looking for sponsors to support the business program and live music in San Diego. More information can be found at missionbaymusic.com.



Mission Bay High School’s award-winning jazz ensemble will open the Meraki Concert Series. CONTRIBUTED PHOTO



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Mission Bay ACES tutoring program reaches major milestone

Mission Bay High’s ACES tutoring program reached a major milestone last week, marking 85,000 students since it began just over 10 years ago. Over the past decade, ACES has been recognized by the San Diego Board of Education, honored by the California legislature as one of the top three attended programs in the state, and featured on a national level at the BOOST Best Out of School Teaching practices conference.

The philosophy of ACES, or After School Center for Excellence and Support, is based on the suits of cards, namely. Hearts: a holistic

approach to mentorship; Clubs: a community effect, providing a consistent place for students to gather to further their education; Diamonds: a balanced approach to curriculum with teachers across all subject areas; and Spades: digging deeper, offering key additional resources and access to one-on-one attention.

The traditional model, after-school tutoring, has been in place since the beginning, managing to stay available for students online throughout the pandemic. When Mission Bay eventually adopted a later start time, ACES opened its doors in the morning, providing parents and students

with an early-care tutoring option.

ACES also partners with the basketball team for ASAP, or the Aces Student Athlete Program, and is focused on the 5 C’s: 1) promoting student-athlete Culture; 2) facilitating Communication between teachers and coaches; 3) supporting student-athletes to seek and navigate rigorous Curriculum; 4) developing student-athletes who are College-ready; and 5) building leadership and Character. Currently staffed by 11 teachers, ACES is proud to serve Mission Bay High.

READ MORE ONLINE AT sdnews.com

BUCS

CONT. FROM PG. 1

Mission Bay girls soccer headed to CIF playoffs

By HECTOR TRUJILLO

"I have high hopes for the boys that they can keep this streak going," Panian added.

Panian is in his 25th year at the helm with his first one being the 1998-1999 season when the Bucs were crowned co-champions alongside Cathedral Catholic (University of San Diego High School at the time). He won four league titles during his time playing at San Diego High School along with three CIF championships before moving on to have a standout collegiate career as a goalkeeper for the University of San Diego.

Mission Bay shut out eight of their opponents during the regular season with outstanding play from goalkeeper Nick Herschman, who earned a 0.70 goals against per match average thanks to his great reflexes and solid play from the defensive line. Mission Bay did not play either Imperial or Otay Ranch this season, with the Tigers going 11-12-4 and the Mustangs finishing 7-9-8.

The Mission Bay girls soccer team will take on Steele Canyon in the first round of the playoffs after closing out the regular season with an impressive 8-4-4 record. The Bucs closed out strong losing only one of the final eight games, which included going undefeated in the last five.

"We made the playoffs last year, but we graduated a lot of seniors," said head coach Jorge Palacios. "It's going to be the first experience in a playoff atmosphere for many of the players."

Two-thirds of the team is made up of freshman and sophomores all of whom contributed to their solid performance especially on the defensive end by giving up only 11 goals in 16 matches including nine shutouts.

"We accomplished some of our goals this year and I was pleasantly surprised with how the girls played," Palacios added.

After starting off the season with a 3-0 defeat to Francis



Mission Bay teammates celebrate a goal during the regular season.

PHOTO BY STEVE SIDELL

Parker, Mission Bay went on a roll going undefeated over the next five games, which included four wins by a combined 16-1 scoreline. The Bucs were able to rebound from back-to-back losses versus La Jolla and San Diego High with victories over Mira

Mesa and Scripps Ranch as the team gave up only three goals over the last eight matches, which included back-to-back scoreless draws against Christian High to end the season.

Steele Canyon and Mission Bay did not face each other during the

regular season with the Cougars finishing with a 8-8-4 record including going undefeated over its last three games. Mission Bay finished last season with a 12-7-2 record, which included a dramatic 3-2 loss in the playoffs versus Rancho Bernardo.

MB BOYS BASKETBALL ADVANCES IN PLAYOFFS

On Wednesday night, Mission Bay boys basketball, the No. 2 seed in the CIF Div. I playoff bracket, punched their ticket to the CIF quarterfinals by routing the Poway Titans 74-45. Mission Bay would start behind the

eight ball, going down 10 to 5 three minutes into the first quarter, largely due to simple mistakes and a few sloppy turnovers. But those uncharacteristic first three minutes of play would be quickly washed away, as the Bucs would respond with a 23-2 run over the next nine minutes of

play, giving them a 28-12 lead with 2:55 to play in the second quarter. Spearheading the massive run was Mission Bay's aggressive defense led by Marcos Korch, Isaah Whitehurst, and Charlie Hutchinson, who would combine for five steals and three blocks during the run.

"The goal was to make them uncomfortable. We knew they could not handle pressure, so we went a little bigger, got physical with them, and pushed the pace," said Mission Bay head coach Marshawn Cherry. "Our press and traps were effective in speeding

them up. They're a North County team, and up there, it's all about sets and execution, so we wanted to take them out of half-court sets and have them scramble and be forced to make basketball plays. The guys executed the game plan perfectly."

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001126 Fictitious Business Name(s) a. SELECT DECORATIVE FILMS, 96 VIA SOVANA, SANTEE, CA 92071 Is registered by the following: a. SPRINT SIGNS, INC Is conducted by: A CORPORATION The first day of business was: 06/12/2018 Registrant Name: a. SPRINT SIGNS, INC Officer, if Limited Liability Company/ Corporation Title of Signor JOSH GRIMES, PRESIDENT statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001353 Fictitious Business Name(s) a. NONNAS CHEESECAKE, 3223 TRUMBULL ST. SAN DIEGO, CA 92106 Is registered by the following: a. KIM A BATTAT Is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. KIM A BATTAT, if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 18, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000654 Fictitious Business Name(s) a. MISSION BEACH RESORT WEAR, 704 VENTURA PLACE, SAN DIEGO, CA 92109 Is registered by the following: a. JACOB SHAW, INC Is conducted by: A CORPORATION The first day of business was: 02/01/2000 Registrant Name: a. JACOB SHAW, INC Officer, if Limited Liability Company/Corporation Title of Signor JACOB SHAW, PRESIDENT statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 10, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001172 Fictitious Business Name(s) a. MARISCOS LA BAHIA, 100 WOODLAWN AVE, SPC 51, CHULA VISTA, CA 91910 Is registered by the following: a. JOSE EDGAR ZAPATA MENDOZA b. MARIBEL GARCIA Is conducted by: CO-PARTNERS The first day of business was: 01/15/2024 Registrant Name: a. JOSE EDGAR ZAPATA MENDOZA b. MARIBEL GARCIA , if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001141 Fictitious Business Name(s) a. TERRE AT 1050 PEACH, 1050 PEACH AVE, EL CAJON, CA 92021 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 09/15/23 Registrant Name: a. MF PANDA VENTURE (CA) LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRA CEPHUS, SECRETARY .The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001142 Fictitious Business Name(s) a. TERRE AT 1037 PEACH, 1037 PEACH AVE, EL CAJON, CA 92021 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 09/15/23 Registrant Name: a. MF PANDA VENTURE (CA) LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRA CEPHUS, SECRETARY .The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001143 Fictitious Business Name(s) a. TERRE AT 1019 PEACH, 1019 PEACH AVE, EL CAJON, CA 92021 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 09/15/23 Registrant Name: a. MF PANDA VENTURE (CA) LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRA CEPHUS, SECRETARY .The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001144 Fictitious Business Name(s) a. TERRE AT 1038 PEACH, 1038 PEACH AVE, EL CAJON, CA 92021 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 09/15/22 Registrant Name: a. MF PANDA VENTURE (CA) LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRA CEPHUS, SECRETARY .The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2024-9001146 Fictitious Business Name to be Abandoned: a.TERRE AT PEACH The Fictitious Business name referred to above was filed in San Diego County on: 09/15/2022 and assigned File No. 2022-9026741 Fictitious Business name is being abandoned by: a. MF PANDA VENTURE (CA) LLC, 233 WACKER DR #4700, CHICAGO, IL 60606 This business is conducted by: A LIMITED LIABILITY COMPANY I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000.) Registrant name: DEONDRA CEPHUS, SECRETARY Title of officer, if limited liability company/corporation. The statement was filed with Jordan Z. Marks, , Jr., Recorder/ County Clerk of San Diego County on: JANUARY 17, 2024 . ISSUE DATES: January 26 ,February 2, 9 & 16

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2024-9001145 Fictitious Business Name to be Abandoned: a.TERRE AT PEACH The Fictitious Business name referred to above was filed in San Diego County on: 12/08/2022 and assigned File No. 2022-9026738 Fictitious Business name is being abandoned by: a. MF PANDA VENTURE (CA) LLC, 233 WACKER DR #4700, CHICAGO, IL 60606 This business is conducted by: A LIMITED LIABILITY COMPANY I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000.) Registrant name: DEONDRA CEPHUS, SECRETARY Title of officer, if limited liability company/corporation. The statement was filed with Jordan Z. Marks, , Jr., Recorder/ County Clerk of San Diego County on: JANUARY 17, 2024 . ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000199 Fictitious Business Name(s) a. THE JULIAN CAFE & BAKERY COTTAGES -- A BED AND BREAKFAST, 1857 WHISPERING PINES DR, JULIAN, CA 92036 Is registered by the following: a. CARA MAY TETER b. TAMMY MARIE KIRKMAN Is conducted by: A GENERAL PARTNERSHIP The first day of business was: N/A Registrant Name: a. CARA MAY TETER b. TAMMY MARIE KIRKMAN , if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 04, 2024 ISSUE DATES: January 26 ,February 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000924 Fictitious Business Name(s) a. PATHVIEW WEALTH ADVISORS, 8889 RIO SAN DIEGO DRIVE, SUITE 202, SAN DIEGO, CA 92108 Is registered by the following: a. ROWLING & ASSOCIATES, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: N/A Registrant Name: a. ROWLING & ASSOCIATES, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor LORENZO SANCHEZ, MANAGING MEMBER. The statement was filed with Ernest J.

Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 12, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001729 Fictitious Business Name(s) a. R & R HOOKAH, 6512 EL CAJON BLVD, SUITE G, SAN DIEGO, CA 92115 Is registered by the following: a. REST AND RELAXATION HOOKAH LOUNGE, INC This business is conducted by: A CORPORATION The first day of business was: 2/3/2015 Registrant Name: a. REST AND RELAXATION HOOKAH LOUNGE, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor RANI YOUSIF, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/ County Clerk of San Diego County on: JANUARY 24, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001603 Fictitious Business Name(s) a. RACE READY PRODUCTS, 657 PALOMAR STREET, SUITE C, CHULA VISTA, CA 91911 Is registered by the following: a. DISRUPTIVE MOTORSPORTS, INC This business is conducted by: A CORPORATION The first day of business was: 1/1/2024 Registrant Name: a. DISRUPTIVE MOTORSPORTS, INC TITLE of Officer, if Limited Liability Company/ Corporation Title of Signor ALEX GROSSMAN, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 23, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001604 Fictitious Business Name(s) a. RACE READY OFF ROAD PRODUCTS, 657 PALOMAR STREET, SUITE C, CHULA VISTA, CA 91911 Is registered by the following: a. DISRUPTIVE MOTORSPORTS, INC This business is conducted by: A CORPORATION The first day of business was: 1/1/2024 Registrant Name: a. DISRUPTIVE MOTORSPORTS, INC TITLE of Officer, if Limited Liability Company/ Corporation Title of Signor ALEX GROSSMAN, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 23, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001605 Fictitious Business Name(s) a. RACE READY OFF ROAD PRODUCTS, 657 PALOMAR STREET, SUITE C, CHULA VISTA, CA 91911 Is registered by the following: a. DISRUPTIVE MOTORSPORTS, INC This business is conducted by: A CORPORATION The first day of business was: 1/1/2024 Registrant Name: a. DISRUPTIVE MOTORSPORTS, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor ALEX GROSSMAN, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/ County Clerk of San Diego County on: JANUARY 23, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001874 Fictitious Business Name(s) a. SEA CHANGE, 825 AGATE ST, SAN DIEGO, CA 92109 Is registered by the following: a. STEVIE MARIE SCHWEIGHARDT b. CHRISTINA BENITI SCHWEIGHARDT Is conducted by: A CO PARTNERS The first day of business was: N/A Registrant Name: a. STEVIE MARIE SCHWEIGHARDT b. CHRISTINA BENITI SCHWEIGHARDT , if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 25, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000750 Fictitious Business Name(s) a. ENCHANTED MIND, 4776 LAMONT ST, APT 15, SAN DIEGO, CA 92109 Is registered by the following: a.SASHA TESS FAUST Is conducted by: AN INDIVIDUAL The first day of business was: 12/5/2023 Registrant Name: a.SASHA TESS FAUST , if Limited Liability Company/Corporation Title of Signor statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JANUARY 10, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001989 Fictitious Business Name(s) a. OCEAN BEACH BREAD COMPANY, 4605 NIAGARA AVENUE, SAN DIEGO, CA 92107 Is registered by the following: a. CHARLES EDWARD DELAO This business is conducted by: AN INDIVIDUAL The first day of business was: 1/22/2024 Registrant Name: a. CHARLES EDWARD DELAO TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 26, 2024 ISSUE DATES: February 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002094 Fictitious Business Name(s) a. CHATSWORTH SUMMIT, 2228-2236 CHATSWORTH BLVD, SAN DIEGO, CA 92106 Is registered by the following: a. AKF CHATSWORTH, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 1/3/2006 Registrant Name: a. AKF CHATSWORTH, LLC TITLE of Officer, if Limited Liability Company/ Corporation Title of Signor ANNE FOTHERINGHAM The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 29, 2024 ISSUE DATES: February 2, 9, 16 & 23

SUMMONS CASE # 37-2023-00051805-CU-OR-NC NOTICE TO DEFENDANT : SHIRLEY C. PETERSON, an individual; All persons unknown, claiming any legal or equitable right, title, estate, lien, or interest in the property described in the complaint adverse to Plaintiffs' title, or any cloud on Plaintiffs' title thereto; and DOES 1 through 25, inclusive YOU ARE BEING SUED BY PLAINTIFF: MICHAEL SIPLYAK, an individual; KATHERINE SIPLYAK, an individual NOTICE! You have been Sued. The court may decide against you without your being heard unless you respond with in 30 days. Read the information below.You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the case is: SAN DIEGO SUPERIOR COURT, - NORTH COUNTY, 325 MELROSE DRIVE, VISTA, CA 92081 The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: Steven W. Blake, Esq, Blake Law Firm, 533 2nd Street, Suite 250, Encinitas, CA 92024; (858) 232-1290 NOTICE TO THE PERSON SERVED: You are served as an individual defendant. Date: 011/30/2023 Clerk, by, I. Ledesma Deputy Clerk (ISSUE DATES:) February 9,16, 23 & March 1, 2024

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002128 Fictitious Business Name(s) a. SYMBIOSIS DESIGN & SERVICES , 3744 NATIONAL AVENUE, SAN DIEGO, CA 92113 Is registered by the following: a. TONYA ASHCRAFT b. FERNANDO BECERRA This business is conducted by: A MARRIED COUPLE The first day of business was: 7/27/2011 Registrant Name: a. TONYA ASHCRAFT b. FERNANDO BECERRA TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 29, 2024 ISSUE DATES:

February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000525 Fictitious Business Name(s) a. BODY FIX THAI MASSAGE, 5222 BALBOA AVE, UNIT 1 , SAN DIEGO, CA 92117 Is registered by the following: a. KUNKANYAPORN DONKRASIN This business is conducted by: AN INDIVIDUAL The first day of business was: 05/9/2023 Registrant Name: a. KUNKANYAPORN DONKRASIN TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 09, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002366 Fictitious Business Name(s) a. GREEN EARTH LITTER REMOVAL, LLC, 1528 COOLIDGE STREET, SAN DIEGO, CA 92111 Is registered by the following: aa. GREEN EARTH LITTER REMOVAL, LLC, This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 01/12/2024 Registrant Name: a. GREEN EARTH LITTER REMOVAL, LLC, TITLE of Officer, if Limited Liability Company/Corporation Title of Signor AMELIA SKOGSBERG, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 31, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002542 Fictitious Business Name(s) a. COAST + 55, 3652 KEMPER CT, AP 38 , SAN DIEGO, CA 92110 Is registered by the following: a. GABRIELA DA COSTA LINO ZIVKOVIC This business is conducted by: AN INDIVIDUAL The first day of business was: 02/02/2024 Registrant Name: a. GABRIELA DA COSTA LINO ZIVKOVIC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 2, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002501 Fictitious Business Name(s) a. THEMIS LAW, 888 PROSPECT ST, STE 200, LA JOLLA, CA 92037, Is registered by the following: a. FRANCO ALEXANDER SERAFINI This business is conducted by: AN INDIVIDUAL The first day of business was: 02/09/2009 Registrant Name: a. FRANCO ALEXANDER SERAFINI TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 2, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002181 Fictitious Business Name(s) a. REALIZEADREAM, 21911 YELLOWSTONE, LAKE FOREST, CA 92630 Is registered by the following: a. KATHRYN DIANNE JESSE This business is conducted by: AN INDIVIDUAL The first day of business was: 01/20/2024 Registrant Name: a. KATHRYN DIANNE JESSE This TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 30, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9001701 Fictitious Business Name(s) a. TOH PET SUPPLIES, 13840 ETUDE ROAD, SAN DEGO, CA 92128 Is registered by the following: a. BRENO STEIN MORAES This business is conducted by: AN INDIVIDUAL The first day of business was: 01/23/2024 Registrant Name: a. BRENO STEIN MORAES This TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 23, 2024 ISSUE DATES: February 9, 16, 23 & March 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9002632 Fictitious Business Name(s) a. SHANK SHOT EDITS, 4232 FIESTA WAY, OCEANSIDE, CA 92057 Is registered by the following: a. TRISTAN ALLEN SHANK This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: aa. TRISTAN ALLEN SHANK This TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 05, 2024 ISSUE DATES: February 9, 16, 23 & March 1

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2024-00004741-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: Superior Court of California, County of SAN DIEGO: 330 W. BROADWAY, SAN DIEGO, CA 92101 BRANCH NAME: HALL OF JUSTICE COURTHOUSE . TO ALL INTERESTED PERSONS: 1. Petitioner (name) SOPHIA MELLOS AND DINO MELLOS on behalf of a minor filed a petition with this court for a decree changing names as follows: Present name: a. VASIA MELLOS TO proposed name: VASILKI MELLOS THE COURT ORDERS that all persons interested in this matter appear before the court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING : a. Date: 03/19/2024 TIME: 8:30 AM DEPT: 61; a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: FEB 02, 2024 . JUDGE OF THE SUPERIOR COURT Maureen F. Hallahan ISSUE DATES: February 16, 23 & March 1 & 8, 2024 Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objection to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED

SUMMONS CASE # 37-2024-00001673-CU-OR-CTL NOTICE TO DEFENDANT : JOAN E. TAPPER, an individual; OH IT IS JESUS LLC, an unknown entity; and DOES 1 through 25, inclusive. YOU ARE BEING SUEDBY PLAINTIFF: BRE LA JOLLA VILLAGE LLC, a Delaware limited liability company NOTICE! You have been Sued. The court may decide against you without your being heard unless you respond with in 30 days. Read the information below.You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the

LIVE FROM SAN DIEGO – Music performances on the coast this week



By BART MENDOZA

SPOTLIGHT

Soul and R&B fans won't want to miss the Valentine's Super Love Jam taking place at Pechanga Arena on Feb. 16. On hand will be a selection of platinum-selling stars of the 1960s through the 1980s, including Keith Sweat, Next, Jon B, Ready for The World, Rose Royce and The Delfonics (above). Even among a veritable jukebox full of hits set for the night's playlist, The Delfonics will be a standout. Their 1967, much-covered hit, "La-La (Means I Love You)," remains one of the defining classics of the era and a major influence on performers to this day. For aficionados, this concert will be a great way to stir up fond memories of yesteryear, while also being a great introduction for newcomers to modern R&B's roots.

Valentine's Super Love Jam: Friday, Feb. 16 at Pechanga Arena, 3350 Sports Arena Blvd. 7:30 p.m. \$45.50 - \$155. pechangaarena.com.

RECOMMENDED

The Presidents Day Jazz Festival takes place at Humphrey's Backstage Live on Feb. 18. The

night will feature numerous local R&B and smooth jazz heavy hitters including singers Rebecca Jade and Ken Turner, as well as guitarist Patrick Yandall, with a guest spot from bassist Mark Hunter and drummer Kevin Koch, both from legendary combo, Fattburger. All the artists are great, but a lot of the spotlight at the moment is on Yandall. Prolific to a fault, his instrumental prowess is top-notch, as heard on his twenty-seven albums to date and his latest single, "Georgy Porgy," currently charting around the world. All the artists mentioned have sold out Humphrey's Backstage Live in their own right, the combination of their talents should take the music on this night to new heights.

Presidents Day Jazz Festival: Sunday, Feb. 18 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 5 p.m. \$25. humphreysbackstagelive.com.

There are few jazz musicians as hot as trumpeter Ambrose Akinmusire is right now. On tour in support of his latest album, "Owl Song," Akinmusire brings his quintet to the Jai for two shows on Feb. 23. He is currently recording for acclaimed label Nonesuch, having previously released five

albums on iconic imprint Blue Note. Notably, he has also performed on sessions for dozens of other artists' albums, including the Yellow Jackets, Marcus Miller, and Kendrick Lamar. The Jai's intimate, cabaret-style setting is the perfect way to take in a set from Akinmusire, an artist well on the way to making a name for himself as big as the musicians who inspired him.

Ambrose Akinmusire Quintet: Friday, Feb. 23 at The JAI at The Conrad Prebys Performing Arts Center, 7600 Fay Ave. 6 p.m. and 8:30 p.m. \$68-\$83. theconrad.org.

This year's Fourth Friday Jazz Series kicks off on Feb. 23 at the La Jolla Community Center. Upcoming shows include performances from Dr. Marshall Hawkins, Holly Hofmann, and Lori Bell, but first will be singer Angie Wells on Feb. 23. Backed by pianist Melonie Grinnell, bassist Doug Walker, and drummer Tyler Kreutel, Wells will perform songs from her latest album, "Truth be Told," as well as standards from the Great American Songbook. Even jaded listeners will appreciate Wells' arrangements, commanding presence, and smoky voice, all of which add up to give these evergreen tunes new life.

Angie Wells: Friday, Feb. 23 at the La Jolla Community Center, 6811 La Jolla Blvd. 8 p.m. \$30. ljcommunitycenter.org.

Female trio, the Laurel Canyon Revue performs a dinner time set at Estancia on Feb. 25. Playing vintage tunes loosely considered the sound of California, circa the 1960s and '70s, the group expertly performs three-part vocal harmonies on songs from the likes of The Mamas and Papas, Carly Simon

and The Beach Boys. Their vocal interplay is impressive, recreating iconic session parts effortlessly. While Laurel Canyon Revue's arrangements, using only bass, guitar and keyboards, stick close to the originals, the musicians' obvious joy at playing these classics is clear in every performance.

Laurel Canyon Revue: Sunday, Feb. 25 at Estancia, 9700 N Torrey Pines Road. 6 p.m. No cover. estancialajolla.com.

One of San Diego's top music schools, Mission Bay High, is holding a New Orleans-themed fundraising concert at the Soledad Club on Feb. 28. Known for its jazz programs under director JP Balmat,

the school is sending its acclaimed student group, the Mission Bay Preservationists, to Louisiana in April in order to perform, as well as soak in the culture, getting real-world experience in both performing and touring. Several of the school's musical ensembles will take part in the night's concert, making this event a great way to take in a lot of up-and-coming young talent, while also supporting music programs that keep the arts community vital and thriving.

Mission Bay High School New Orleans Fundraiser Concert: Wednesday, Feb. 28, at the Soledad Club, 5050 Soledad Road. 7 p.m. \$30-\$40. missionbaymusic.com.

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CLASSICAL CONCERT

Le Salon de Musiques invites you to celebrate Nordic Legends, including Edvard Grieg, the iconic romantic melodist, at the La Jolla Woman's Club, 7791 Draper Ave., on Sunday, March 3 at 4 p.m. Introduced by musicologist Dr. Kristi Brown-Montesano, the program features three romantic masterpieces for piano, and strings, by Grieg and Moszkowski. It will be performed by: Sheng-Ching Hsu, violin; Chiai Tajima, violin; Alex Granger, viola; Evan Kahn, cello; and Sung Chang, piano. After the concert, a Q&A is organized between the musicians and the audience, followed by a high tea buffet with Champagne, catered by The French Gourmet. Limited seating. To buy tickets, and to read about our season's program, visit LeSalondeMusiques.com.

CONCERT AT THE CONRAD

La Jolla Music Society announced internationally acclaimed Miró Quartet will replace the Arod Quartet in concert on Feb. 17 at 7:30 p.m. at The Conrad, 7600 Fay Ave. as the Arod Quartet's concert tour has been canceled. Tickets for this event are on sale; ticket holders for the Arod Quartet may

choose to attend the Miró Quartet, exchange their tickets for a future event at The Conrad, donate their tickets, or request a refund. For questions or to make an exchange, ticket holders may contact the Box Office at 858-459-3728.

ARTIST TALK

The Athenaeum Music & Arts Library and Murals of La Jolla present Michael Mercil on Wednesday, Feb. 21 with a reception at 6 p.m. and a lecture at 6:30 p.m. at 1008 Wall St. Mercer will give attendees an inside look on his career, process, recent projects, and 2023 mural "Art Is Good For You," commissioned by Murals of La Jolla. The reception begins at 6 p.m., followed by an artist talk at 6:30 p.m.

Columbus, Ohio-based interdisciplinary artist Mercil explores realms of "the near, the low, the common." Mercil's work recontextualizes culturally significant reference material through dynamic multimedia compositions. His practice incorporates an expansive use of many mediums, including drawing, painting, needlepoint, sculpture, landscape architecture, film, performance, teaching, and farming.

PB LIBRARY ROUNDUP

Pacific Beach Taylor Branch Library at 4275 Cass St. will be closed Monday, Feb. 19 for Presidents Day. Voting: The PB Library's Community Room will serve as a vote center site for 11 days, where you'll be able to either drop off your mail ballot or cast an in-person vote starting Saturday, Feb. 24 thru Monday, March 4, from 8 a.m.-5 p.m. as well as Tuesday, March 5 (Election Day) from 7 a.m.-8 p.m. Friends of the PB Library Book Sale: Will be held on Feb. 21, Feb. 26, Feb. 28. On the first Wednesday of the month most items will be on sale for half price. Monday, Feb. 26 and Wednesday, Feb. 28 from 11 a.m.-5 p.m. will be a Big Bag Book Sale. Buy a special reusable bag from the Friends of the PB Library for \$5, then fill it up with books for just \$5 each time.

SANDPIPER DINNER EXPANSION

Sandpiper Wood Fired Grill & Oysters at 2259 Avenida De La Playa is expanding its dinner service to Mondays and Tuesdays beginning Feb. 19. The restaurant originally opened its doors

READ MORE ONLINE AT sdnews.com

Fill in the blank cells using number 1 to 9. Each number can appear only once in each row column and 3x3 block. Use logic and process elimination to solve the puzzle.

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-9000258
Fictitious Business Name(s): a. BUBBLE GUM MEDIA b. BG MEDIA
5395 NAPA STREET # 212, SAN DIEGO, CA 92110 Is registered by
the following: a. TAHER NAJMUDEEN This business is conducted by:
AN INDIVIDUAL The first day of business was: N/A Registrant Name:
TAHER NAJMUDEEN This TITLE of Officer, if Limited Liability Com-
pany/Corporation Title of Signor The statement was filed with Ernest
J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on:
JANUARY 4, 2024 ISSUE DATES: February 16, 23 & March 1 & 8

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‘The Way You Look Tonight’ at the Bridal Expo & Wedding Festival



Fashion
Files
Diana Cavagnaro

The Bridal Expo and Wedding Festival was presented at the San Diego Convention Center on Jan. 28. This is a perfect place to do one-stop shopping for all the up-and-coming couples who will be tying the knot. Vendors set up booths, there were photographers, videographers, and ideas for honeymoon destinations. One of the crowd favorites was gourmet food sampling and dessert tasting offered by the catering businesses. The event also had interactive wedding activities, gorgeous flowers, and live music. Strolling through all these merchants, one can’t help but come away with a multitude of ideas for their special day. If you are looking for tuxedos or a bridal gown then this is a great way to



Example of off-the-shoulders and detachable sleeves.



Is black the new white for bridal?



The model livens up the crowd.

make your big decision by watching the runway shows. This Bridal Expo had two fashion shows produced by Gretchen Productions during the day. The runway featured all the latest trends in bridal wear including the bridesmaids and flower girls’ dresses. Gretchen Bergman always produces a runway show offering top-notch entertainment. This show featured Krista King singing and Nicole Thomas dancing. Patricia Norvell created the makeup and hair for the show. At the finale of the show, the models tossed sachet rice balls into the audience with fantastic prizes in them from the participating vendors. The models coming down the runway were no longer only wearing white. Brides now have been favoring non-traditional colors such as pale pink, blush, and even black. Some of the other trends in bridal wear were off-shoulder dresses, detachable sleeves and capes, high slits in the dress, A-line princess style, and the popular mermaid style. This is a wonderful way to find inspiration and ideas for your upcoming wedding. If you missed this event, then the next Bridal Bazaar will be at the Del Mar Fairgrounds on Sunday, April

28 with two fashion shows by Gretchen Productions. For more information, call 760-334-5500.

UPCOMING EVENTS

Saturday, Jan. 27 to April 27: “A Splendid Decennium: Victorian to Vanguard: featuring the art of the fiber artist Mary Ornish at the Gaslamp Museum at the Davis-Horton House (gaslampfoundation.org/visit) and the Vila Montezuma Museum (villamontezumamuseum.org). Check websites for days and hours. Saturday, March 9: Soroptimist International of San Diego at the Sycuan Casino. The afternoon will have a fashion

show produced by Gretchen Productions and feature the “Live Your Dream” awards. For information: 619-670-9880. Sunday, March 10: Sip and Style Secondhand – Embrace sustainability and come and fill a bag with clothes while you sip an alcoholic or non-alcoholic beverage at the Kairoa Brewing Co. on 4601 Park Blvd. starting at 11:30 a.m. For tickets: https://bit.ly/3SQm1D3. Diana Cavagnaro is an internationally renowned Couture Milliner based in the San Diego area. Learn more about our hat designer, teacher, and blogger at www.DianaCavagnaro.com.

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Woman who stabbed man on trolley in La Jolla gets 13 years

By NEAL PUTNAM

A woman has been sentenced to 13 years in prison for stabbing a sleeping man on the Blue Line Trolley in La Jolla and she was on probation at the time for displaying a knife to her 10-year-old son's face, a report says.

Deputy District Attorney Roza Egiastian and the probation department urged a 27-year prison term for Angelina Montes Stricklen, 31, who pleaded guilty to attempted murder of Kevin Gutierrez-Salmeron, 21, whom she did not know.

Gutierrez-Salmeron staggered off the trolley at 3449 Nobel Drive in La Jolla at 5 p.m. after being stabbed twice in his chest. He was taken to a hospital on Oct. 22 and lost three pints of blood, according to a probation report released on Feb. 7.

The knife used to stab the victim "just barely" missed his heart, said the surgeon who operated on Gutierrez-Salmeron, who asked paramedics not to let him die, the report said.

Security cameras show that Stricklen rose from her seat shortly before the trolley stopped at the Nobel Drive station and took the victim's cell phone that was in his lap as he slept. The report said she put it in her waistband and then sipped from a wine bottle she carried with her.

The victim stopped her from stabbing him a third time, the report said. As he exited, she wiped the blood off her pocketknife with a piece of clothing and took his Adidas bag, according to surveillance cameras. Witnesses said she began dancing inside the

trolley car with the wine bottle and then quickly exited at the next stop.

San Diego Superior Court Judge Rachel Cano told Stricklen she may one day have a relationship with her three children after she is released from prison. She lost custody of them and they were living with her grandmother, records say.

Cano imposed 10 years for the attempted murder and added three years consecutively for her conviction of child abuse and use of a knife in a 2021 incident when she showed up at her grandmother's residence with a knife.

The probation report says she had a knife and tried to stab "the family parrot through the cage" while demanding the bird be still. The parrot was not injured. Stricklen said she was only "fake stabbing" at the bird and didn't intend to injure the parrot.

However, her presence at her grandmother's house with the children violated a restraining order. She walked inside her 10-year-old son's room "with a pocketknife with the blade pointed at him inches from his face," according to the report.

Her attorney, Sarah Brand, asked for a 14-year sentence, saying Stricklen had been diagnosed with bipolar disorder, and PTSD, and was intoxicated at the time of the assault.

"She was born into a family of domestic violence, as were her three children," said Brand. "Angelina is a victim of sexual abuse and domestic violence. She suffers daily. She's remorseful."

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Rare opportunity in Point Loma. Enjoy stunning, panoramic, unobstructed views of the downtown skyline, San Diego Bay, mountains, Coronado, Mexico and beyond. Unlock the potential in this wonderful and spacious pool home situated on a huge 11,988-square-foot lot at the end of a cul-de-sac, offering an extraordinary vantage point with sit-down views and a private backyard and garden area. Enjoy your morning coffee as the sun rises and announces a new day and unwind as the sun sets on a dazzling display of city lights and the San Diego Bay. Home features a spacious living room with fireplace, and a dining room and kitchen that open to the deck, with incredible views of the city and bay, perfect for outdoor dining.



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Year built: 1956

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LEAP»
CONT. FROM PG. 4

Brazilian Steakhouse. You can taste various cuts and recipes of steak along with an appetizing salad bar. This was recommended by my Brazilian friend, and I can attest to her taste.

• Maximizing the CityPASS experience

The optimal way to embrace the tourist experience is by investing in a CityPASS. With the pass, you can enjoy four or five attractions of your choice. These may include SeaWorld, Legoland, San Diego Zoo, or Safari Park, USS Midway Museum, City Cruises, Old Town Trolley Tours, Birch Aquarium at Scripps, Maritime Museum of San Diego, and more. Assess how many you could do in a day and save the others for the following weekend. CityPASSes are available for purchase through CityPASS or Go City, with prices varying from \$104 to \$224.

• A night and two days on Coronado Island

Coronado Island is a beautiful place to enjoy both alone and together – it’s my favorite spot to spend a day in San Diego. Take a ferry at the Broadway Pier; it only takes 10 minutes to reach the island. If you drive or take bus 901, the panorama view from the Coronado Bridge is a spectacular sight. You can spend some peaceful time at the Coronado Public Library or have a little picnic in Spreckels Park. Experience some classic diner vibes at Clayton’s Coffee Shop, or savor Italian cuisine at Garage Buona Forchetta. Spend a night at the Hotel del Coronado. Take a late-night stroll at the beach and drink some wine at the hotel’s restaurant. You won’t need to worry about the time to head back home.

• A day trip along the beaches

Take the Coaster or drive alongside the West Coast. Stop at the beaches you encounter, from Del Mar to Solana Beach, Encinitas, Carlsbad, and Oceanside. Enjoy an e-bike tour from Solana Beach to Moonlight Beach in Encinitas. Join a whale-watching tour in Oceanside. Simply wade in the ocean or lounge back on the sand. Walk along the trekking course and enjoy the blue ocean and green trees at the same time.

• How about venturing a little farther?

If you are seeking a refreshing getaway outside the city, let’s expand our horizons to the county. Visit wineries in Escondido, where you can sit in front of the vast stretches of vineyards and taste a bottle of wine. Want to venture even further? Then head to the Salton Sea via Julian and Anza-Borrego State Park. Explore Julian, the historical town, and taste an apple pie. Go on an off-road ride from Anza-Borrego to the Salton Sea. Just be sure to fill up with enough gas.

• Who was born on leap day?

It is truly special to be born on leap day. You are among the rare individuals who fall under a probability of just 0.07%. You deserve to celebrate your birthday as grandly as possible! If you are someone who can confidently say, “Music is my life,” why not treat yourself to a ticket to a jazz club? Enjoy a meal or some finger foods along with some cocktails with your folks. How about dining at restaurants near the pier? On my birthday, I visited Ketch Grill & Tap (near Waterfront Park) and made lovely memories with my friends. They serve delicious food, particularly Mahi Mahi with sweet and sour cauliflower, and sautéed Brussels sprouts leaves, which is phenomenal. You can also host a birthday party on board near the pier. Rent a boat, indulge in food and drinks, party, and happy birthday!



‘Unconditional Surrender’ from the terrace of the USS Midway Museum.

PHOTO BY KYUNGMIN MIN

FRIENDS’ SUGGESTIONS FOR LEAP DAY ADVENTURES

I asked for some recommendations from my friends to spend the perfect day in San Diego. They have spent parts of their lives here and are keeping cherished memories. Most of them are now in different countries or cities, leaving San Diego behind as they take their next steps forward. I hope you can recall some of your favorites in the county while reading about what they miss the most in San Diego.

Juri: “If you follow the Black’s Beach trail in Torrey Pines, you will find a gorgeous view of this beach. Paragliders are flying across the sky, and the sunset in the afternoon is impressive. I recommend wearing comfortable shoes and bringing some drinks because the way might be exhausting. Taking some rest in the Jacuzzi after those activities was my favorite. Have a barbecue time with your beloved people. It would be a great wrap-up of the day!”

You may remember Juri Kim, our previous international intern from Korea, much like me. I was able to get in touch with Juri thanks to her kindness. I also adore the vast scenery overlooking the ocean at Blacks Beach. If you are interested in reading more of her recommendations, I suggest checking out a few of her columns: Crispy hiking in San Diego and Dear my second hometown.

Saskia: “I think a perfect way to spend the leap day is to have a nice breakfast at a sweet little café. I like Parakeet Cafe in Little Italy. After that, I would go to the mall, definitely Fashion Valley, either alone or with some friends. After some shopping and lunch at the mall, I would go to Coronado Beach to round out the day, perhaps reading a book or doing something I enjoy. Coronado Beach is one of the things I miss the most about San Diego.”

Saskia spent about a month in San Diego last summer and then returned to Germany to finish her school. It was a short-term experience, but I believe that’s why this city is more precious to her. She said she wanted to come back here again someday.

Hyunjung: “I recommend you to have a nice brunch in Hillcrest in the morning. Hash House A Go Go is one of my favorite places. Then, you would come over to Coronado Island for aesthetic afternoon

time. Fill your mouth with sweetness at Gelato Paradiso (on Orange Avenue), and relax at the beach lying down on a picnic mat. The next destination is Balboa Park. After appreciating great pieces at the San Diego Museum of Art, you will encounter a beautiful pinkish sunset near the fountain. Let’s move on to Old Town for a satisfying dinner. Get some tacos and cocktails. Your final stop for the leap day will be Pacific

Beach, where great clubs are located. Why don’t you fire up the end of your day at PB Shore Club?”

Hyunjung is working near Torrey Pines, and she has been in San Diego since last July. I have been spending a lot of time with her recently, and we are planning to explore San Diego together, including activities like paragliding, climbing, and hiking.

For the last section, I will share suggestions I received from the group chat with my close friends. Some readers might be familiar with their names since they have shared their thoughts through my column before.

Sangki: “I would take a walk in Balboa Park in the morning, then surf in the ocean. Mission Beach was my favorite spot to surf. To wrap up my day, I’d spend the evening on Coronado Island.”

Sena: “First, I’d have brunch near Mission Beach. Then I’d do some shopping at Fashion Valley and head to Old Town. It would also be nice to have a barbecue there. For the evening, watching the sunset at Solana Beach would be perfect.”

Donghyo: “I would surf at Pacific Beach during the daytime, and then enjoy chicken wings to fill up my hungry stomach after swimming. Or how about Mexican food? Personally, La Puerta was the best place for Mexican cuisine.”

These friends are surf lovers who are perfect for California. They are now working in different cities, so the activities they miss might be some of the best things to enjoy in San Diego.

I hope suggestions from me and others will help you, readers, at least a little to spend an amazing leap day this year. I also should choose from countless options that I have in San Diego. Let’s take a leap to make the most of leap day.

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SCOTT’S PB SPOTLIGHT

Mr Frostie: John and Debbie Conca - 1470 Garnet Ave – 858-274-997

I’m going to start off by saying this one is loooooong overdue! Who doesn’t love this place?

Mr. Frostie got its start at the same location in 1949! The Conca family wasn't the original owner, but John's parents bought Mr. Frostie and owned it from 1964-1971, and John worked there as a kid while he was a student at Mission Bay High School (fun fact, during this interview I learned that John and my mom's cousin, Diane Martin, went to school at St Brigid's together!). After high school, John joined the military and then later attended LMU in Los Angeles. During this time, in 1971, John's parents sold the business to someone they knew at St Brigid's. While at LMU, John met his future wife, Debbie, and ended up getting married, bouncing back and forth between living in SD and living in LA, where Debbie was from. They found themselves with a couple kids living in LA while John was working as a manager at a Farrell's when the opportunity to buy Mr. Frostie back was dropped into their lap. John's mom had been working for the new owner for a bit when she offered to sell her the business back. So, in 1978, John, Debbie and John's mom went in as partners and bought back Mr. Frostie, and the PB icon that we all know and love started its current run.



learned a lot about PB, how to enact needed changes, how important it is to be involved with community decisions, as well as a peek behind the curtain on what makes development in PB happen. Despite of all of the changes around them, John and Debbie have kept it rolling with K.I.S.S...Keep It Simple Stupid.

John and Debbie have been married for 48 years, lived in Clairemont for 40 years and raised 4 boys and 1 girl, all while running the shop themselves. At some point or another, all 5 kids have worked at the shop, with the oldest and youngest still involved, as well as 2 of their grandkids. When they were raising the kids, they'd alternate shifts so someone was always home, with John working the mornings into the afternoon and Debbie coming in in the afternoons and closing the shop at night. One thing longtime customers of Mr. Frostie know is that not much has changed over the decades. According to Debbie, that's by design. They've always operated off the "if it's not broken, don't fix it" business model. Considering this is their 75th anniversary of being in business, I'd say it's a pretty good business model. Over the years, John and Debbie could be found hand-painting the menus themselves, maintaining the walkway and tables, etc. themselves, as well as many other little things that a small business owner needs to do themselves in order to stay profitable. As they put it, "there isn't much room to pay other people to do stuff" when you're working on tight margins. This is part of the reason why they both have put their own blood, sweat and tears into the business and have logged who knows how many hours working the shop themselves.

Being a small business owner in PB for 46 years, John and Debbie have seen a lot of changes. Lots of businesses have come and gone, as well as many changes to the community as a whole. Some of these changes were what prompted Debbie to join the PB Planning Group, which is where I first "met" her, even though we'd met many times over the years. Through her involvement with the Planning Group, she

To say that Mr. Frostie is a staple of PB and a pillar of the community is an understatement. I'd wager that hundreds of thousands of tourists have popped in for an ice cream. Tens of thousands of kids have walked down after school over the years to get an ice cream, and there are countless local families that have been going there for generations. Five generations of my family have been going there, and I'm sure we're not the only ones. The Concas have always been gracious sponsors of kid's sports teams and have employed many Mission Bay students over the years. As things in PB change, stopping at Mr. Frostie for a butterscotch-dipped cone or an Oreo shake, my favorites, feels akin to going to your grandparents' house once you're an adult; a warm feeling of nostalgia engulfs you and you just feel at home. The worn brown railing out front still feels the same on my butt as when I was a kid sitting on it waiting in line, the signage still looks the same, the sweet smells of soft serve ice cream wafting out the small window still smell the same, and the excitement of walking down to the next window on a busy day to grab my order still brings a smile to my face. I really don't have some grandiose way to closeout this Spotlight. All I can say is the Concas are awesome people and they've lovingly been a huge part of PB for over four decades. I hope one day in the future I can walk my future grandkids there for an ice cream the way my grandma used to walk me there when I was a kid.

If you know of someone you think has an interesting story, send me an email scott@isellbeach.com with their info and why you think they would be a good person/business to spotlight and will consider them for a monthly spotlight.

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VALENTINES FUN FACT
In the 1300s, it officially became a holiday associated with love. At the end of the 5th century, Roman Pope Gelasius officially declared the date of February 14 "St. Valentine's Day." It wasn't until the Middle Ages, though, that the holiday became associated with love and romance, a tradition that first started from the common belief in France and England that birds started their mating season on February 14.

