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THIS WEEK



La Jolla Christmas Parade set for Dec. 3
SEE PAGE 5



The Social Diary: thanks to Dianne Bashor
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Vikings head to Div. II championship game
SEE PAGE 15

MAKING A DIFFERENCE

BIRD ROCK WOMAN'S 14TH TIME WALKING THE KOMEN 3-DAY SEE PAGE 4

Bird Rock resident the Rev. Janet Farley just participated for the 14th time during the most recent Susan G. Komen 3-Day walk for breast cancer research. COURTESY PHOTO

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* New Years Day - Monday - 01/01 - 4pm - 9pm

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* Limited Holiday Menu

SANDAG implementing regional safer streets initiative plan

By DAVE SCHWAB

San Diego Association of Governments is advancing a safer streets initiative to include the development of the first regional Vision Zero Action Plan.

Vision Zero is a strategy to eliminate all traffic fatalities and severe injuries while increasing safe, healthy, and equitable mobility for all. Vision Zero challenges the belief that traffic crashes are inevitable, instead of viewing them as preventable.

The regional transportation agency's first Regional Vision Zero Action Plan will encompass 19 jurisdictions, 17 federally recognized tribes, and more than 3.3 million people in the San Diego area.

The data-driven plan, modeled on national and international best practices, will pinpoint high-risk areas for traffic fatalities and serious injuries.

"On average the San Diego region experiences more than 250 fatal crashes annually, with pedestrians involved in approximately one-third of these fatal incidents, which is unacceptable," said Antoinette Meier, SANDAG senior director of regional planning. She added the agency's board adopted a Vision Zero resolution in summer 2022. Since then, Meier noted that SANDAG has received two major grants.

"One is to improve traffic safety and advance the goals of the Vision



Zero resolution by developing an action plan, which we recently kicked off which will identify where traffic fatalities and serious injuries are occurring with solutions (slower speeds, traffic circles, curb realignments) proposed for those areas," she said.

"The other is a \$400,000 state grant to develop a public awareness campaign around the rules of the road. Last year, the state passed laws to improve traffic safety for people driving, walking, and biking. We want to make sure everyone understands these rules and is practicing safe, driving, biking, and walking habits."

"Our community deserves safer streets and we must prioritize improvements for our underserved communities who are disproportionately affected by traffic-related injuries and fatalities," said

SANDAG and County Board of Supervisor's chairwoman Nora Vargas. "Advancing Vision Zero initiatives ensure a more inclusive transportation system that is critical to achieving greater equity in all of our communities."

SANDAG has launched the Traffic Safety Dashboard, a new

online tool with interactive maps and charts displaying transportation injury and fatality data. This dashboard acts as a central hub for collecting, analyzing, and visualizing traffic data. The agency is also updating the Regional Active Transportation Plan to improve walking and rolling connections for daily travel and recreation. This update will align the regional bike-way network with the Regional Plan and consider post-pandemic travel trends, including the increased use of eBikes.

Meier said a major part of SANDAG's Vision Zero resolution called for the creation of a traffic safety dashboard which she noted is "built off data the state California Highway Patrol collects from local law enforcement on crashes, that can be used to create an interactive mapping tool allowing us to determine where the high-risk traffic areas are in

the region." The dashboard link is at <https://opendata.sandag.org/stories/s/5f7y-nefe>.

Regarding updating SANDAG's regional active transportation plan, Meier said: "That plan was developed in 2010 and is our long-range plan for connecting regional bikeways that we've been implementing linking them with things like parks, job centers, and universities. But a lot has changed over the last 13 years. So we needed to update the transportation plan to account for those changes. We just kicked that off, and the updated transportation plan should be completed by early 2025."

Meier added that SANDAG is also looking for feedback from the public on where dangerous traffic intersections and other stretches of road are. The link where people can submit their comments on that is at <https://engage.sandag.org/saferstreets>.

City starts program to fix uneven and damaged sidewalks in all communities

By DAVE SCHWAB

The City has rolled out a Safe Sidewalks Program as part of an effort to improve sidewalks in all communities.

This will be accomplished by investing resources to fix uneven and damaged sidewalks, while also making it easier for people to make repairs in front of their private property. "Our team is focused on improving streets and sidewalks across the City, and we want to help property owners by making it as easy as possible to complete these needed repairs," said Bethany Bezak, director of the City's Transportation Department.

Starting this November and running through fiscal year 2026, the City will begin notifying property owners Citywide where sidewalk issues have been identified. The City Transportation Department estimates a backlog of 5,000 locations that need letters to be issued to private property owners with problematic sidewalks. The department is planning to submit notices on a Community Planning Area basis, utilizing the Pedestrian Priority Model to identify the locations to notify first.

The Pedestrian Priority Model, developed in 2006, has been used since then to determine the areas within the City with the highest pedestrian density. Each Community Planning Area will be ranked from high to low Pedestrian Priority Model. Community Planning Areas with a higher Pedestrian Priority Model will have letters sent first to prioritize improvements that would impact the largest number of pedestrians possible.

Under the Safe Sidewalks Program, fees will also be waived

for the permits to complete repair work. The program also allows property owners to save more time and money through a self-certification process where they can submit certification and photos of the completed sidewalk repair to the City's Transportation Department attesting that a licensed contractor performed the work in conformance with City construction standards.

Many property owners are unaware state law makes them responsible for the maintenance of sidewalks fronting their private property, creating a potential issue and legal liability. According to California Streets and Highway Code Section 5610, owners of property fronting a public street are required to maintain sidewalks in a safe condition for use by the public. Property owners may incur civil liability if a person suffers personal injury or property damage due to a sidewalk issue. Over the past 10 years, the average claim for sidewalk-related injuries in San Diego was \$46,000.

San Diego's City Council Policy 200-12 identifies certain conditions where maintenance of sidewalks will be performed at City expense, but many sidewalk issues remain the private property owner's responsibility, including damage caused by private trees and tree roots, deteriorating concrete and cracking, weather conditions, and normal wear and tear.

The Safe Sidewalks Program will waive costly permit fees and help expedite the process for property owners to make needed sidewalk repairs, saving up to \$2,100 per project. Additionally, the City is allocating \$300,000 per year to cover the costs of sidewalk repair projects for property owners in underserved areas.

For the duration of the Safe Sidewalks Program, the Transportation Department also proposes to reallocate the annual \$300,000 used for the 50/50 Cost Share Program to pay for 100% of the sidewalk repair cost at prioritized locations within Communities of Concern. This work will be performed by Transportation Department crews until the annual \$300,000 amount is expended. Locations within Communities of Concern that are repaired by Transportation Department crews will be prioritized based on PPM, with the highest pedestrian density locations prioritized first.

This work on eligible locations will be performed by Transportation Department crews, beginning with locations that experience the most pedestrian traffic. This allocation will cover only a small portion of known locations in need of repair. With limited funding and crews, this approach will allow the City to quickly repair the highest priority locations while eliminating barriers for other private property owners to make repairs that will keep their sidewalks safe and accessible for all users.

The City has 4,550 miles of sidewalks, and many of them were built during the rapid construction of the City's roadway system from the start of World War II through the 1970s. The sidewalk system also includes much older sidewalks with some dating to the early part of the last century. The typical useful life of a sidewalk is 50 to 70 years, depending on site conditions.

Learn more about the Safe Sidewalks Program at sandiego.gov/safesidewalks.

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Helping to defeat breast cancer one step at a time

By DAVE SCHWAB

Bird Rock resident the Rev. Janet Farley just participated for the 14th time in the Nov. 17-19 Susan G. Komen 3-Day walk for breast cancer research this year in memory of her mother, a survivor who contracted the disease in her early 40s and lived past age 100.

“My mother was told she only had a 20% chance of survival,” noted the 71-year-old Farley, who has walked Susan G. Komen since 2005, mostly in San Diego but also in San Francisco and Boston.

All Komen walkers are required to raise \$2,300 per walk. Farley did one better this year, having raised \$2,797 a day before the cancer fundraiser.

“I am walking again this year to raise funds and awareness to stop breast cancer,” said Farley asking on her GoFundMe Page. “Do you know anyone who has/had breast cancer; perhaps a co-worker, friend, sister, cousin, mother, and/or spouse? I think we all know someone, who watched the battle with surgery, chemo, and gratefully, for most, the slow but successful recovery.”

Added Farley: “I want to increase the number of breast cancer survivors as well as decrease the cases. That’s why I am committed to raising funds as best I can. Yep, I am asking for your help in raising funds. As a commitment to the walk and a challenge to you my friends and family, I will match funds for the first \$1,200 donated. Your support means you are also helping to end breast cancer forever.”

The Presbyterian minister noted a couple of her family members have fallen victim to the disease she characterized as “insidious,” including members in her congregations. This year she walked alone, but added she typically walks with a group numbering



Bird Rock resident the Rev. Janet Farley participated in the most recent Susan G. Komen 3-Day walk. COURTESY PHOTO

10 or more people.

“Over the last 14 years combined, the church women I’ve walked with have raised well over \$250,000,” Farley pointed out adding the Komen organization is extremely helpful in “showing their appreciation” to walkers via providing food, music, and entertainment at camp sights along their route.

Farley’s grateful “to be healthy enough to walk,” adding she “loves to tell the story about her mother (surviving)” to others along the way.

The minister prints out little cards with scripture verses that she passes out to fellow walkers along the way to help encourage them. And many need it. Last year, Farley met a man on the walk who’d lost his wife to cancer. She pointed out, “You’re touched by the people who do this,” adding she also appreciates all the “encouragers” who support the walkers as well as staff working behind the scenes to make the event happen smoothly.

“I would encourage everyone to walk,” said Farley about Komen. “It’s not a race. Almost anybody

SUSAN G. KOMEN'S 3-DAY

A 60-mile walk dedicated to ending breast cancer, the annual Susan G. Komen fundraiser was held in 2023 in San Diego on Nov. 17-19. Hundreds of passionate participants walked over three days, to raise money for research that brings closer the cures for breast cancer and supports people impacted by the disease today. The 3-Day walk is a testament to the strength and commitment of breast cancer advocates, with each walker raising a minimum of \$2,300 while walking 20 miles a day for three consecutive days. This powerful event has generated more than \$154.7 million since its inception in San Diego, contributing to Komen’s total investment of more than \$1.1 billion in research and \$2.5 billion in real-time support for patients and those living with metastatic breast cancer. Throughout the weekend, San Diego residents had the opportunity to encourage and cheer on 3-Day participants as they journeyed 60 miles (an average of 48,000 steps) throughout the streets of Del Mar, La Jolla, Pacific Beach, Ocean Beach, Mission Hills, Hillcrest, and San Diego. Since 1982, Susan G. Komen has been at the forefront of leading research, public policy initiatives, global education and outreach, and providing direct patient care services to make the biggest impact against breast cancer. For 40 years, Komen helped reduce the breast cancer mortality rate by 42% from 1989 to 2019. The organization has invested nearly \$1.1 billion in research and more than \$2.3 billion in patient support services, including education, patient navigation, screening and diagnostic services, and financial assistance, serving millions of patients in more than 60 countries. Visit komen.org or call 1-877 GO KOMEN.

in relatively good health can do it. Every time you help someone – you feel grateful to have been able to do that. And to see people who cheer you on, have signs thanking you for walking... It makes a difference in people’s lives, and makes you want to make a difference in someone else’s life.”

La Jolla tennis coach Nelson Alapi's family in need of community's support

By KYUNGMIN MIN

After the beloved tennis coach Nelson Alapi died, his family is receiving support from the community through a GoFundMe page.

Alapi was a staff member of the La Jolla Beach & Tennis Club. He mentored juniors to adults, assisting them in reaching their goals with passion. Alapi always kept positive energy, even when giving lessons seven days a week, 12 hours a day. Yet, he made time for his family at the end of those long days.

Crary Jagger, the organizer of the fundraising and one of the closest friends of Alapi remembered him as a source of joy and inspiration. “Nelson focused on inspiring and bringing people

together. His memory, words, and messages will remain with his family, friends, and students,” said Jagger.

Unfortunately, as his support is no longer available, the family is now facing the aftermath and needs financial assistance.

He has left his family members behind – his wife Margaret Alapi and two children, Cristina and Nelson. Cristina is in college, playing for the San Diego State’s club team. Little Nelson is set to enroll at Bucknell University this fall, where he was recruited for tennis. Both of them are putting forth efforts to seek support in their ways – Cristina has applied for financial aid at San Diego State, and Nelson has been granted a partial need-based grant at Bucknell.

At the time Alapi was in the



The late Nelson Alapi with his daughter Cristina and son Nelson. COURTESY PHOTO

hospital, Margaret started a jewelry business called ‘Surfside Jewels’ and became the breadwinner. She supported her children successfully and stood by Alapi’s side while he underwent chemotherapy and a marrow bone transplant.

READ MORE ONLINE AT sdnews.com



La Jolla Christmas Parade & Holiday Festival Foundation

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La Jolla Christmas Parade and Holiday Festival Foundation

Welcome to the 67th Annual La Jolla Christmas Parade & Holiday Festival "Christmas on the Sand." Our theme celebrates our coastal Institutions and individuals who have been making La Jolla a jewel for more than 100 years. As Grand Marshal we honor our Miramar Marines represented by General Michael Borgschulte, 3rd Marine Aircraft Wing, Air Station Miramar. Our Civic Marshals are the La Jolla Lifeguards represented by Lonnie Stephens. Our Traditional Marshal is Jana Mazurkiewicz Meisaroshi, Founder and Director of Yiddishland CA. Our Cultural Marshal is the La Jolla Playhouse, represented by Christopher Ashley and Debbie Bucholtz. Our Education Marshal is UCSD, represented by Chancellor Pradeep Khosla, and Our Military Marshal is Mt Soledad Memorial Association, represented by Neil O'Connell.

The Parade starts with an amazing Fly-

over, courtesy of the Antique Aircraft Museum and Bill Allen, who created this wonderful tradition more than 40 years ago. Traveling the route will be dozens of floats, bands, marching units, equestrians, and vintage vehicles, the 'Parade of Packards', fire engines, and Beauty Queens. A special feature of the Holiday Festival this year, is Santa's Village, brought to us by the generosity of the Kiwanis Club of La Jolla. It includes visits with Santa, arts and crafts and interactive activities courtesy of Birch Aquarium, The Museum of Contemporary Art San Diego, the La Jolla Riford Library, La Jolla Youth Robotics. An educational exhibit provided by Yiddishland California returns this year and an outdoor kids play area created by My Gym La Jolla will be joining again this year. Amazon Fresh will be at the Holiday Festival providing information and coupons.

This event is funded by community dona-



Honorary Parade and Festival Chairs:

Ann Kerr Bache, Charles Hartford, Jack McGrory, and Bill Kellogg.

tions from businesses, and residents. Please consider a donation to help keep the parade marching. It is made possible by the Christmas Parade and Holiday Festival Committee who dedicate countless volunteer hours to make the Annual event the best ever! Special thanks and Mike Cynthia-Adams Carlin (Parade Directors) for their many years of service and expertise to insure smooth operation and a safe and fun event for the whole family and community. The Parade and Festival would not be possible without Jack McGrory and Bill Kellogg, Parade Co-chairs who have helped raise the funds to support

this La Jolla Christmas Parade and Holiday Festival Foundation event for many years. But this year the parade and festival would not have been possible without our very Special Christmas Angel – Dianne Bashor. She responded to our last minute plea by donating critical funds needed to secure vendors to obtain our permit. We are extremely grateful to her and to all our donors and sponsors who responded to our requests to keep our La Jolla tradition alive. Entries span from the border to north county; about 80 percent of the entries are returning, and we are welcoming 20 percent new.

La Jolla Christmas Parade & Holiday Foundation

Honorary Marshals

Grand Marshal Miramar Marines Major General Michael Borgschulte



Major General Borgschulte is the Commanding General of the 3rd Marine Aircraft Wing headquartered at Marine Corps Air Station Miramar. In 1991 he earned a BS in Oceanography from the Naval Academy, and he was designated a Naval Aviator in 1993. He was then associated with helicopter units as a pilot, trainer, and forward air controller. When promoted to Colonel in 2013, he became Commander of a Marine Air Group, then advanced to his current position commanding one of the three Marine Air Wings. He had combat deployments in Iraq and Afghanistan. His decorations include Defense Superior Service Medal, Legion of Merit, Bronze Star Medal, Defense Meritorious Service Medal, Meritorious Service Medal w/two gold stars, fourteen Strike/Flight Air Medals for combat operations in Iraq and Afghanistan, an individual Air Medal for personal action in Afghanistan, a Joint Commendation Medal w/gold star, and a Navy Marine Corps Commendation Medal w/two gold stars. He has amassed over 3700 total flight hours including nearly 1000 Night Vision Goggle hours and more than 700 combat hours in Iraq and Afghanistan.

Civic Marshal Lonnie Stephens La Jolla Lifeguards



From Bird Rock Avenue to the North end of Blacks Beach the La Jolla Lifeguards humbly serve in this beautiful coastal community. They are responsible for water safety, cliff rescue, underwater search and recovery, swift water and flood rescue, and boating safety and enforcement. They are recognized and respected as a model organization having the confidence of the public. The Lifeguard Division of the San Diego Fire Department is comprised of 100 permanent Lifeguards and 230 seasonal Lifeguards.

Education Marshal Pradeep Khosla



Pradeep Khosla is Chancellor of UCSD, a student-centered, research-focused, service-oriented public

university in San Diego. He provides vision and strategy as he leads a campus of more than 43,000 students within eleven academic, professional, and graduate schools, eight undergraduate residential colleges; a preeminent health system; and the prestigious Scripps Institution of Oceanography. Among his accomplishments, he led UCSD's first Strategic Plan that included a 10-year, \$2 billion Campaign. This Campaign raised \$3.05 billion, making UCSD the youngest institution to complete a multi-billion-dollar fundraising campaign.

Traditional Marshal Yiddishland CA Jana Mazurkiewicz Meisaroshi



Jana Mazurkiewicz Meisaroshi is an actor, director, playwright, and producer of Yiddish theater. In 2017, she moved to San Diego and launched the Yiddish Arts and Academics Association of North America (YAAANA) and its cultural center called Yiddishland CA. Originally from Poland, Jana earned a Master of Arts degree in Polish Philology and Jewish Studies from the University of Wrocław. She is currently a PhD candidate in the Slavic Department at the University of Michigan, Ann Arbor where she is completing her dissertation on Yiddish Theater in Communist Warsaw. Learn more at yiddishlandcalifornia.org



Cultural Marshals La Jolla Playhouse Debbie Bucholtz Christopher Ashley and

The La Jolla Playhouse was founded in 1982 with the objective being to advance theatre as an art form. They stage six plays per year



that tell stories that inspire empathy and create a dialogue toward a more just future. We invite you to attend one of our plays to see what is new and the next in American theatre. Each is staged on one of four theatres on the UCSD campus. Learn more at lajollaplayhouse.org

Military Marshal Mt. Soledad Memorial Association Neil O'Connell



The Mt. Soledad National Veterans Memorial has stood at the top of San Diego since 1954. It is America's only memorial that honors veterans from the revolutionary war to the present. It can be seen throughout San Diego from the beaches to the mountains. Around the iconic Cross there are circular walls displaying individual plaques with an image of the veteran and a summary of their service accomplishments. Countless thousands have visited this Beacon of Freedom to honor the military men and women who sacrificed for this country. The Mt. Soledad National Veterans Memorial Association maintains and continually improves this precious Memorial. The current Executive Director is Neil O'Connell. Learn more at soledadmemorial.org



Welcome to the 67th Annual La Jolla Christmas Parade & Holiday Festival

“Christmas on the Sand”

By DAVE SCHWAB

LA JOLLA CHRISTMAS PARADE & HOLIDAY FESTIVAL SET FOR DEC. 3

The 67th annual La Jolla Christmas Parade and Holiday Festival themed “Christmas on the Sand” will take place on Sunday, Dec. 3. The parade kicks off at 1:30 p.m. at Girard and Kline, with the holiday festival opening at 11:30 a.m. on Wall Street between Girard and the alley by the Athenaeum Music & Arts Library, 1008 Wall

“We still need more money, \$25,000 to cover costs on the day of the event,” said Ann Kerr Bache, parade organizer for over 20 years. “We’ll still need donations after Dec. 3 to pay for the many bills that come due after the parade.”

St. Parade attendees are advised to refer to the La Jolla Christmas Parade website (ljparade.com) for parking details.

But, like in the Dr. Suess story, this year’s event almost wasn’t, as fundraising leading up to the annual extravaganza has fallen short. However, a good Samaritan has stepped forward to temporarily fill in the funding gaps so the La Jolla parade can go on. But fundraising will need to continue even after the parade is over. “We still need more money, \$25,000 to cover costs on the day of the event,” said Ann Kerr Bache, parade organizer for over 20 years. “We’ll still need donations after Dec. 3 to pay for the many bills that come due after the parade.” Kerr Bache pointed out that expenses across the board have risen sharply since COVID. She added there is a litany of



PHOTO BY DON BALCH

expenses to be covered for an event of this magnitude. Among them: an estimated \$8,564 for police, \$1,400 for insurance, \$1,450 for fencing, \$4,627 for Port-A-Potties, \$3,975 for sweeping and sanitation, \$2,541 for a sound system, \$3,750 for barricades and signage, \$1,000 for band stipends, and \$800 for banners, programs, and

posters. The parade’s organizer noted fundraising and staging the annual event is a year-round activity requiring a great deal of coordination. “What we’re trying to do is create a more stable organization and the infrastructure to support it,” she said. Kerr Bache pointed out that the daylong event is a free celebration of the holiday season for people of all ages. Besides bands from the greater San Diego area, the parade includes floats constructed by schools and community groups, parade marshals, and VIPs. “We have close to 2,000 people in the parade this year including 17 marching units, 14 bands, seven floats, five equestrian entries, and 14 VIP vehicles including seven cars for grand marshals, as well as a parade of Packards provided by the Packard Club of San Diego,” said Kerr Bache. She added one new parade development this year is that Mrs. Klaus will be joining Santa as headliners.

HOLIDAY FESTIVAL

The Holiday Festival will include visits and photos with Santa and educational exhibits. A Menorah and Christmas tree will be on display. Santa will be joining the festival before and after the parade when he rides in the Old Black Goose, courtesy of the La Jolla Beach & Tennis Club. “It is a multi-cultural, accessible, diverse event open to all without charge,” noted Kerr Bache. “We even allow equestrian entries and have maintained a sterling safety record. The holiday event is well-known and multiple generations of the community continue to participate. It draws tens of thousands of spectators to the Village who line the sidewalks. It is a unique old-fashioned celebration that starts and ends with the Holiday Festival.”

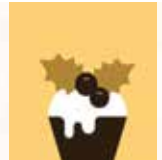


PHOTO BY DON BALCH



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- KAHLIL GIBRAN



Holiday Open House

DECEMBER 7, 2023 | 3:00-8:00 P.M.

Treats and drinks will be served.

7464 Girard Avenue, La Jolla, California 92037
858.456.7464



PARADE

cont' from page 3

CHRISTMAS PARADE

The parade commences at 1:30 p.m. at Girard and Kline and ends at the La Jolla Recreation Center, 615 Prospect St. Registration recently opened and more than 40 entries have joined this year's event as they know the number of entries is limited by the space allowed, which is much in demand.

The daylong event is a free celebration of the holiday season for kids of all ages. Besides bands from the greater San Diego area, the parade includes floats constructed by schools and community groups, parade marshals,

and VIPs, with a flyover by Bill Allen.

"It is a multi-cultural, accessible, diverse event open to all without charge," noted Kerr Bache. "We even allow equestrian entries and have maintained a sterling safety record. The holiday event

"It is a multi-cultural, accessible, diverse event open to all without charge," noted Kerr Bache.

is well-known and multiple generations of the community continue to participate. It draws tens of thousands of spectators to the Village who line the sidewalks from Girard to the Rec Center. It is a unique old-fashioned celebration that starts and ends with the Holiday Festival. The highlight is Santa arriving in the Old Black



PHOTO BY DON BALCH

Goose courtesy of Bill Kellogg and the La Jolla Beach and Tennis Club."

LA VALENCIA HOLIDAYS

Celebrate the holiday season at the historic La Valencia Hotel, a cherished destination for over 95 years at 1132 Prospect St. in La Jolla. With a rich history of hosting special moments that create lasting memories, La Valencia announced its lineup of festive events and experiences for the "most wonderful time of the year."

Tree Lighting Ceremony: Thursday, Nov. 30 – A favorite event to officially kick off the season, at 4:30 p.m. the annual Tree Lighting Ceremony. Delight in homemade treats, live music, carolers, and children's crafts while counting down to the tree lighting at 5:45 p.m. This event is open to all, and no reservations are required for entry.

Holiday Tea:

Fridays in December (Dec. 1, 8, 15, 22, 29) – Experience the elegance of Holiday Tea each Friday throughout December. Enjoy a proper afternoon tea experience with seatings between 11-11:30 a.m. Indulge in delightful treats,

tea, and bubbly (for 21-plus guests). La Valencia is partnering with Rady Children's Hospital San Diego, donating 10% of the proceeds from our Holiday Tea series back to this vital organization.

Gingerbread House Decorating:

Wednesday, Dec. 20 – Bring your friends and family to decorate gingerbread houses. Enjoy a festive chocolate milk and cookie station, with each guest 21-plus receiving a glass of bubbly. The \$100 fee includes up to four people per party and all of the sup-

cont' on page 6



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Flying Museum



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La Valencia
Hotel
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PARADE
cont' from page 5

plies needed to create the perfectly festive gingerbread house. La Valencia will donate 10% of all proceeds to Rady Children's Hospital-San Diego.

**Cozy by the Fireside
on Patio Sol:**

Experience the warmth and festivity of "Cozy by the Fireside" on Patio Sol on select Fridays and Saturdays, and Sundays between Dec. 1-30 from 6-9 p.m. Enjoy a special patio menu, including light bites and holiday beverages, with heaters, blankets, firepits, twinkling lights, and live music. This is a first-come, first-serve event with no reservations required.

Storytime Santa Brunch:

Saturdays in December (Dec. 2, 9, 16, 23) – Enjoy a Santa Brunch on Dec. 2, 9, 16, and 23. The standard brunch menu will be served from 9 a.m. to 2 p.m. with a visit from Santa between 11 a.m. and 1 p.m.

**Chabad of La Jolla's
Annual Hanukkah
Celebration:**

Dec. 7 – Join The Chabad of La Jolla for a memorable Hanukkah celebration.

**Christmas Eve and
Christmas Day:**

A special menu will be available from 3 p.m. onward. For \$98 per person with kid-friendly options, sit back, relax, and create lasting holiday memories with loved ones.

New Year's Eve Dinner :

Ring in the New Year with a

five-course dinner with seatings starting at 5 p.m. Last seating at 9 p.m. Contact La Valencia for pricing and menu details.

**NYE Celebration
in La Sala:**

Live music from 6 p.m. onward, and champagne specials. This event is for ages 21 and older and is first-come, first-serve.

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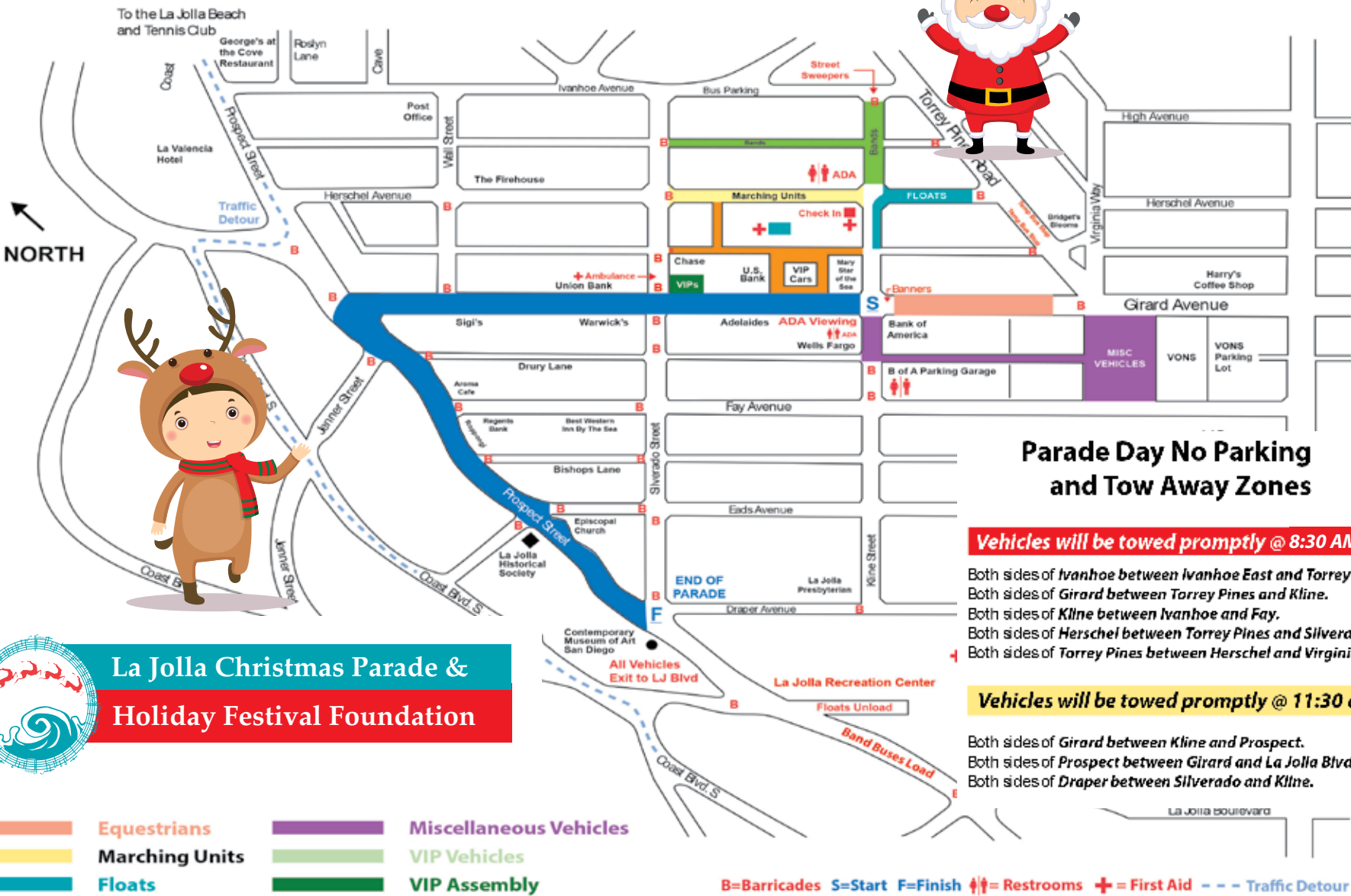


2023 La Jolla Christmas Parade & Holiday Festival

Sunday, December 3rd— 11:30 pm to 4:00 pm

Parade Map

1:30pm - 4:00 pm



La Jolla Christmas Parade &
Holiday Festival Foundation

Parade Day No Parking
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Vehicles will be towed promptly @ 8:30 AM

Both sides of *Ivanhoe* between *Ivanhoe East* and *Torrey Pines Rd.*
Both sides of *Girard* between *Torrey Pines* and *Kline*.
Both sides of *Kline* between *Ivanhoe* and *Fay*.
Both sides of *Herschel* between *Torrey Pines* and *Silverado*.
Both sides of *Torrey Pines* between *Herschel* and *Virginia Way*.

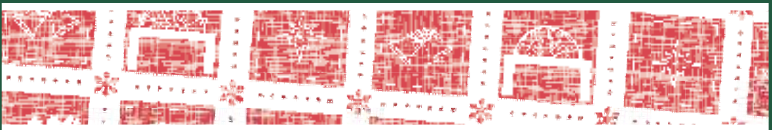
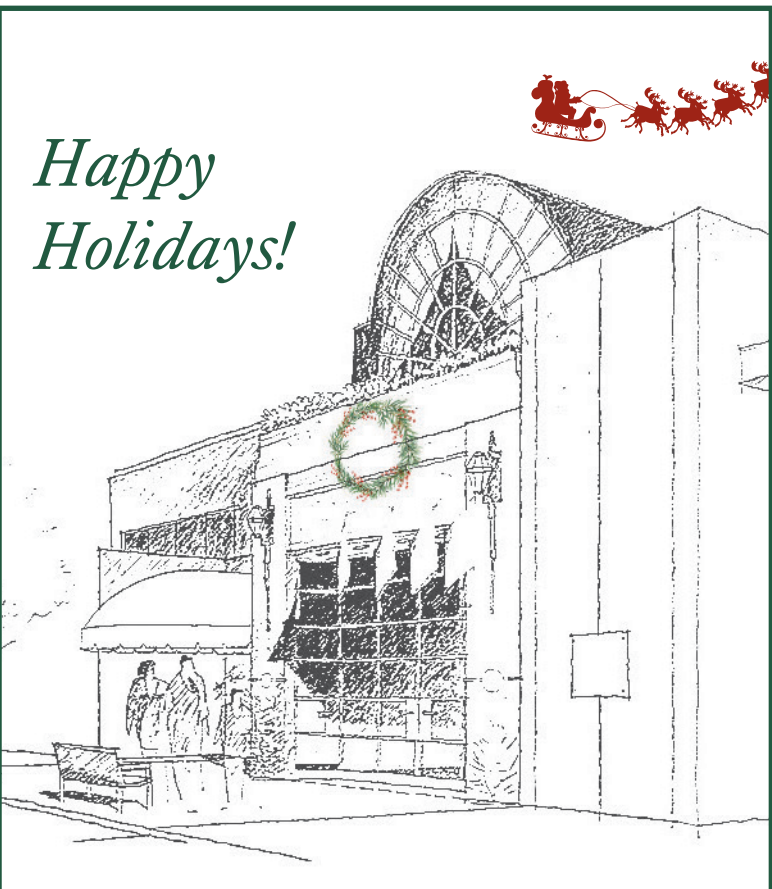
Vehicles will be towed promptly @ 11:30 am

Both sides of *Girard* between *Kline* and *Prospect*.
Both sides of *Prospect* between *Girard* and *La Jolla Blvd*.
Both sides of *Draper* between *Silverado* and *Kline*.



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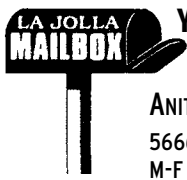
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LIVE FROM SAN DIEGO – Music performances on the coast this week

By **BART MENDOZA**
SPOTLIGHT

Music legend and Encinitas resident Jack Tempchin (right) performs at Humphrey's Backstage Live on Nov. 30. An integral part of the local music community since the 1960s, Tempchin is perhaps best known as co-writer of such 1970s and 1980s hits as The Eagles "Peaceful Easy Feeling," Johnny Rivers "(Slow Dancing) Swayin' to the Music," and Glen Frey's "You Belong to the City." After more than 50 years of making music, Tempchin is still going strong, most recently releasing the album, "One More Time With Feeling," but live is where he truly excels. Tempchin's concerts mix a lifetime's worth of stories with heartfelt renditions of his songs, each performance showcasing why he is considered a national treasure.

Jack Tempchin: Thursday, Nov. 30 at Humphrey's Backstage Live, 2241 Shelter Island Drive, Shelter Island. 6 p.m. \$10-20. humphreys-backstagelive.com.

RECOMMENDED

Johnny Cash fans won't want to miss Cash'd Out at Beaumont's on Nov. 24. Cash'd Out has more than 150 Johnny Cash songs in their repertoire, but their secret weapon is frontman Doug Benson. Backed by a three-piece band, his recreation of Cash's music, voice, and

manner is uncanny and a key reason they are one of the most popular tribute groups out of San Diego. The night's set list will include standards such as "Folsom Prison Blues" and "Jackson," but whatever tunes Cash'd Out performs from Cash's immense catalog of songs, will please even the most diehard country music listener.

Cash'd Out: Friday, Nov. 24 at Beaumont's Eatery, 5662 La Jolla Blvd. 9 p.m. \$30. beaumontseatery.com.

Adventurous music aficionados will want to head to the Athenaeum on Nov. 27 for a free lunchtime set from Duo AYA. Jointly based in San Antonio, Texas, and Tokyo, Japan, Duo AYA features Rachel Woolf, flute, and Makana Jimbu, marimba, with the pair working together to stretch the boundaries of traditional chamber music. It's a wonderful combination, with the flute's haunting melodies playing against the marimba's percussive qualities. Anyone who enjoys new-age music, quiet storm soundtracks, or modern jazz will find much to appreciate from Duo AYA's music.

Duo AYA: Monday, Nov. 27 at the Athenaeum Music & Arts Library, 1008 Wall St. Noon. Free. ljathenaeum.org.

On Nov. 30, Moonshine Beach hosts a show with three of San Diego's hottest rising talents, Cassie B, Charlie Rae, and Ash Easton. All three are well worth hearing.



Singer-songwriter Rae's plaintive tunes have built her a solid following, while Easton's bluesy rock won her a "Best New Artist" trophy at the 2023 San Diego Music Awards. Closing the night will be Cassie B, one of the hardest-working musicians in town. She's a powerhouse vocalist, but her real strength is her songwriting, with songs such as her instantly memorable new single "Checkmate," incorporating both dance elements and strong pop hooks.

Cassie B: Wednesday, Nov. 30 at Moonshine Beach 1165 Garnet Ave. 8 p.m. \$12. moonshine-beachsd.com.

San Diego has a thriving music scene, and that's thanks in part to Mission Bay High School's amazing music program. Helmed by music director JP Balmat, MBHS has turned out generations of gifted musicians. On Tuesday and Wednesday, Dec. 5 and 6, the school will hold two concerts

showcasing the current roster of young players. Opening night will feature jazz, spotlighting the school's Swing Choir, Mambo Orchestra, and Preservationists, while the following evening's classical theme, will include the school's Symphony and String Orchestras, Concert Choir, and Wind Symphony. Admission goes towards supporting the school's music program.

Mission Bay High School Winter Concerts: Tuesday and Wednesday, Dec. 5-6, at Mission Bay High School, 2475 Grand Ave. 7-9 p.m. \$5. missionbaymusic.com.

Electronica pioneers Depeche Mode stop in at Pechanga Arena for two shows, Dec. 6 and 8. Formed in England circa 1980, the group's angst-driven, atmospheric sound is as influential as ever. Still led by singer Dave Gahan and multi-instrumentalist Martin Gore, Depeche Mode remains hugely popular on a global scale. The new album, "Memento Mori," is currently on the charts, but longtime listeners can rest assured this tour is heavy on fan favorites, with songs such as recent single, "My Favourite Stranger," joining a long list of their classics, including "Never Let Me Down Again," and "Personal Jesus."

Depeche Mode: Wednesday and Friday, Dec. 6 and 8 at Pechanga Arena, 3350 Sports Arena Blvd. 7:30 p.m. \$54 - \$244. pechan-gaarenasd.com.

LJMS HOLIDAY OPEN HOUSE

La Jolla Music Society's annual free Holiday Open House returns to The Conrad on Thursday, Dec. 7 at 4 p.m. This festive, free event for the whole family transforms The Wu Tsai QRT.yrd into a Winter Wonderland. There will be: cider and classic hot cocoa, storytime, crafts for kids, and holiday shopping with local artisans at a holiday market. Enjoy live musical performances of holiday favorites from the San Diego Gay Men's Chorus – with a special guest appearance by Davina Sowers from Davina and the Vagabonds. Holiday Market 4-7 p.m. in The Wu Tsai QRT.yrd and The JAI with local artisans, 6 p.m. storytime with Katia Graham, 7 p.m. performance by San Diego Gay Men's Chorus featuring Davina Sowers from Davina and the Vagabonds.

TOYS FOR TOTS

Share the gift of giving this holiday season with Geppetto's Toys. Through Dec.15, bring an unwrapped toy, or buy one on-site, and donate to the Toys for Tots campaign at all Geppetto's locations, including one in La Jolla at 7850 Girard Ave. The mission of the U.S. Marine Corps Toys for Tots Program is to collect unwrapped toys and distribute them as Christmas gifts to less fortunate children in the community.

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Boulevard relocates, presents new looks at New York Fashion Week

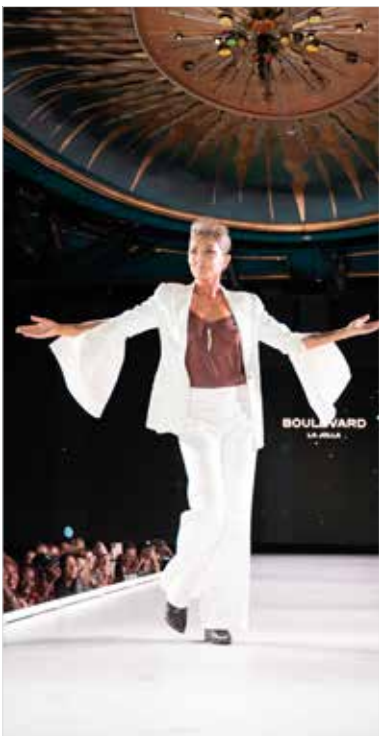


Fashion Files
Diana Cavagnaro

Boulevard on Girard Avenue has moved to a new address at 7726 Girard Ave. in the back of the store, Boffi. Kate Whitney the owner of this high-end consignment store has been on Girard for two years and wanted everyone to know where their new location is. Whitney styles women and helps them find pieces they love. She said that it is important to dress the way you want to look. Wear things you love despite what the culture dictates.

I asked Whitney what would be new and she said they would have many new consigners, international retail designers, plus private Champagne parties in the shop. They will also have many upcoming popups like a Las Patronas holiday event and one with La Meridian.

Whitney recently went to New York Fashion Week on Sept. 8. This trip gave Boulevard a lot of exposure and online presence. She took a team with her to present 30 different looks on the runway, which included Federica Capasso, Boulevard's manager, and Nicole Diamond, who brought her hair



La Jolla resident, Kathleen Rafaat, at New York Fashion Week.
PHOTO FROM GETTY IMAGES



Kate Whitney, modeling the dress that she designed, at New York Fashion Week.
PHOTO FROM GETTY IMAGES



Model on the runway.
PHOTO FROM GETTY IMAGES



Runway with Boulevard fashion.
PHOTO FROM GETTY IMAGES

and makeup team. The jewelry was by LFR Designs. They had very little time to organize the models, decide what they would wear, and be on the runway, but Capasso said it all came together and you could feel great energy.

La Jolla resident Kathleen Rafaat flew to New York to model on the runway. The audience had a surprise on the catwalk with a male model showing off a Burberry cape. Whitney said they had such a

great turnout with about 25 clients from La Jolla who flew out to watch the show. Runway 7 Fashion produced NYFW, which was held in Sony Hall.

Whitney designed the dress she wore for the runway by collaborating with Kathie Taylor for the final look. After sewing the fabric, Taylor hand-painted the fashion designer's names on the muslin fabric and then finished with Boulevard written in red paint.

Whitney rocked the runway in this creative design. Be sure to stop in and say hello at the new location. You can follow them on Instagram @boulevardlj and at boulevard-consignment.com.

UPCOMING EVENTS

Friday, Dec. 1 – Winter Wonderland Luncheon and Fashion Show presented by The Arc of San Diego. The event will be at The US Grant Hotel and feature a fashion

show by Leonard Simpson. For tickets, call Jennifer Bates Navarra at 619-685-1175, ext. 1291.

Saturday, Dec. 9, – The Black Rac Fashion Show from 7-9:30 p.m. at the Marina Village Conference Center (Bayview). Tickets are \$35 at <https://bit.ly/47zkPbK>.

Diana Cavagnaro is an internationally renowned Couture Milliner based in the San Diego area. Learn more about our hat designer, teacher, and blogger at DianaCavagnaro.com.

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Buccaneers shutout Vaqueros to make CIF semi-finals, but Grossmont ends their season

By CLARK FAHRENTHOLD

The Buccaneers' season ended after a 30-14 loss to the Foothillers on Friday, Nov. 17 in the CIF Div. III semi-finals.

Mission Bay fell behind early giving up 14 points in the first quarter, but were able to bounce back with two field goals in the second quarter while keeping the opponent out of the end zone cutting the deficit to eight points.

Grossmont went back to what worked in the third quarter scoring 16 more points to put the game away while the Bucs only managed eight as the final quarter saw both defenses dominate with no points scored by either side.

The Bucs started the season with a 7-1 record with the loss versus La Jolla High School, 14-7, on Sept. 15.

MISSION BAY 14, EL CAPITAN 0

Perhaps the oldest cliché in all of sports is that defense wins championships. On Friday, Nov. 11, Mission Bay gave another example of why that saying exists as the Bucs punched their ticket to the CIF Div. III semi-finals with a gritty 14-0 shutout victory over El Capitan Vaqueros.

Before Friday night's game, Bucs head coach Greg Tate knew that to come away with a win, it would come down to the team playing in the secondary. "Defensively, I think the play of our corners is going to dictate the entire game," said Tate, "While El Cap can run the ball, their QB and WR play is out of this world. It will take a group effort in our secondary to slow those guys down and contain their passing attack."

Well, consider the mission accomplished. Against an El Cap offense that averages



Mission Bay QB Charlie Hutchison avoids an El Capitan defender to make play. PHOTO BY STEVE SIDELL

over 350 yards of total offense per game and over 250 in the air, the Bucs' defense put the clamps on the Vaqueros. Holding them to under 250 yards of total offense while forcing four turnovers, including two red zone interceptions.

"For our secondary, they did their job exceptionally well all night," said Tate, "We knew with El Cap they rely on splash plays, so all week we stressed how important it was to stay over the top, don't bite on double moves if they did that we knew they're QB would throw us a couple passes."

Two of the turnovers would come from Gavin Marzion who logged an INT and forced a fumble both in the first half. Setting the tone for the Bucs defense.

Two INTs would come courtesy of senior Jacob Morgan. Up until just two weeks ago, Morgan had his hand in the ground playing defensive end for the last three years, but after being asked by his coaches to make a position switch, the senior responded with key red zone INTs

READ MORE ONLINE AT sdnews.com

San Diego FC breaks ground on new Right to Dream Academy

By HECTOR TRUJILLO

Two weeks after San Diego FC unveiled its crest, logo, and colors as the team prepares for its first season in 2025, the team broke ground on the much-anticipated Right to Dream Youth Development Academy and Training Facility at Sycuan Reservation at Singing Hills on Nov. 9.

"It's one of those great, memorable, and historic events for our league," said Major League Soccer Commissioner Don Garber. "We're beginning to kick off a series of special moments with the launch of this team that takes the field in 2025. The development of young players, in this case boys and girls...is a big part of the DNA of our league."

Garber was among the attendees at the event along with Tom Penn (San Diego FC president), Mohamed Mansour (San Diego FC chairman), Cody Martinez (San Diego FC vice-chairman and Sycuan tribal chairman), Tom Vernon (San Diego FC founding partner and founder/CEO of Right to Dream), and Manny Machado (San Diego FC founding partner and San Diego Padres player).

The \$150 million facility will be situated on a 28-acre project site on the northwest portion of the Sycuan Reservation east of El Cajon.

"To see this project come to life is incredible," said Machado. "It's important for me to leave a lasting legacy in San Diego, which has been so supportive. Our San Diego FC vision for the youth development academy

means there will be more opportunities for young San Diego athletes, boys and girls, who may not have otherwise had them."

The Right to Dream Academy offers a unique model of talent development by way of its holistic approach of character building, football development, and focus on education. Unlike the traditional U.S. pay-to-play model, Right to Dream San Diego is a scholarship-based academy whereby all enrolled, residential athletes will receive full five-year scholarships regardless of football performance. Upon completion of the project, San Diego FC will become the first MLS club to offer a privately operated school combined with a residential football academy. The Right to Dream Academy San Diego will be part of San Diego FC's 125,000 square-foot campus that will include a 50,000-square-foot state-of-the-art sports performance facilities shared by the first team and academy teams, and five full-sized soccer fields, including three natural turf fields and two synthetic turf fields.

"Right to Dream San Diego will also offer several firsts in the U.S. and MLS footballing landscapes, including a fully-funded school, residences, and football academy that offers pathways for young talent to flourish both on and off the field," said Vernon. "As we have in Ghana, Denmark, and Egypt we will provide opportunities to student-athletes to reach their academic potential, affect positive change in their communities and become world-class football players."

Vikings trample Broncos, head to Div. II championship game

By CLARK FAHRENTHOLD

The last time the La Jolla Vikings lost a game was on Sept. 8. Their opponent that day? The Broncos of Rancho Bernardo High. The same team the Vikings would face off against on Friday night in the CIF Div. II semi-finals.

In their biggest game of the year, the Vikings not only avenged their earlier season loss but punched their ticket to the CIF Div. II championship with an emphatic 42-14 victory over the Broncos.

"It was a special moment; you try to just soak it all in," said Vikings head coach Tyler Roach, "You assume it's always going to happen, but I've been doing this long enough to know winning games like this is special. This is an extremely special group of guys on this team, and they worked incredibly hard to get here, and I am very proud of them. But there was also a quick shift of focus that there is still one more to go."

On a wet and sloppy night, in conditions that could favor a run-heavy team like Rancho Bernardo, La Jolla flipped the script and dominated the line of scrimmage on both sides of the football.

On offense, La Jolla racked up over 300 yards of offense rushing. Running back Aidan McGill led with 148 yards rushing, Hank Hansen had 40 yards and a TD, and dual-threat star QB Jackson Diehl rushed for over 100 yards and three touchdowns. The QB would also connect with younger brother Carson Diehl for two TDs through the air.

"Our offensive line was on point, and they came out and set the tone up front," noted



La Jolla quarterback Jackson Diehl makes a play against Rancho Bernardo. PHOTO BY DAVID FREERKER

offense. But our guys just buckled down and took it to them."

The effort in the run-blocking game would not be exclusive to just Jett Thomas and company along the offensive line. The Vikings wide receiver core of guys like Hansen and Kia Fukuda were also instrumental in springing Diehl and McGill free at the second level.

On the other side of the ball, the Vikings' defense would also shine on Friday night. Facing an offense that at times has been nearly unstoppable and imposed their will against many teams. The La Jolla defense went toe to toe with RB in the trenches and held the Broncos to just 14 points.

The signature of this La Jolla defense all season has been their ability to generate turnovers. That trademark play style was on display once again as the Vikings came away with three interceptions courtesy of Andre Mclees Walker, Ryan Kestler, and Chris Johannsen.

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Roach, "And when that rain started coming

"Getting those takeaways was huge for us.

The Social Diary – Giving thanks to Rod Laver, Dianne Bashor, Windansea Surf Club, artists Siler and Cathey



Team Italy (second place), Team India (first place), Team Great Britain (third place), with Bill Kellogg – Rod Laver Tennis, courtesy photo.



Team India: Asmi Nihar Adkar, Rushil Khosla, Rod Laver, Vikram Anand (captain), Sohini Sanjay Mohanty, Manas Dahmane – Rod Laver Tennis, courtesy photo.

By MARGO SCHWAB

'Tis the season to be thankful, as such we start with profound thanks to Dianne Bashor who came to the rescue of the

La Jolla Christmas Parade with much needed funds. Thank you profoundly!

And thanks to the IC (International Cup) Rod Laver Junior Challenge Worldwide

Finals being held at the La Jolla Beach & Tennis Club. This world event fosters not just excellence in tennis, but additionally lasting friendships with an eye to help others equitably join the game.

A win-win!

And the art scene is vibrant in La Jolla, especially at the Siler Gallery the other night for an artists' reception for Buzz Siler, known worldwide for his abstract

impression paintings, many of women.

"I paint such a variety of subjects that are on my mind... but I truly love to paint women. I want to show a woman as she is... in her real life... and also who she can be in her wildest imagination."

Also on display at the Siler Gallery was the Love of Life Collection by artist Sharon Cathey. A passionate and powerful message of vibrant color that resonates love from the canvas and the artist!

Speaking of passion, that was Mr. Positivity Ozstar de Jourday at Windansea Surf Club's Coalition of Surf Clubs' event at La Jolla Shores. A lot of aloha spirit was spread! Happy Thanksgiving all!

SPONSORED CONTENT

The Smart Fit Method uses the power of AI to deliver transformational fitness results

Arthur's fitness transformation commenced with a hefty dose of skepticism due to many failed attempts. The traditional gym environment, characterized by monotonous routines, confusing equipment, and uninspiring surroundings, had always repelled him from the world of exercise.

However, as a busy professional with a poor diet and a lack of exercise, Arthur's lifestyle started to take a toll on his quality of life. Something needed to change.

Since Arthur has always believed in technology and efficiency, the concept of high-tech fitness and AI-driven workouts that use adaptive resistance intrigued him.

He decided to try out The Smart Fit Method™ near him, and this decision marked a significant turning point in his life.

Discovering the magic of high-tech fitness studios

Upon entering the studio, Arthur sensed a different type of fitness culture. His perspective of what was possible underwent an immediate shift after his first workout. His inner intrigue was matched by physical transformations that continued as he embarked on more sessions and explored the various equipment available.

These workouts were not merely routine movements; they evolved into invigorating



SMART FIT METHOD is perfect for the 40+ crowd! Courtesy photo THE SMART FIT METHOD

experiences that left him craving for more. Each session was efficient and tailored to his unique needs. He knew he had found his new fitness home.

Arthur explained, "The technology is impressive, but what makes it all work is the method that has been built around the equipment. The method is well thought out and designed to get results. From scheduling your appointments, which creates intention and prioritizes your health,

The power of AI

From his first visit, Arthur was able to discover the extraordinary efficiency of AI-driven fitness first-hand. Now, knowing that he's getting hours of exercise effect condensed into minutes of workout time keeps him enthusiastic.

This transformation in approach has enabled individuals like Arthur, who had previously been averse to tedious gym routines, to age gracefully while eliminating the drudgery of traditional workouts.

The benefits that keep on giving

Since embracing high-tech fitness, Arthur's life has taken a thrilling turn. The surge of energy and vitality he experiences after each session is nothing short of remarkable.

In addition, he has noticed that he is more patient, is more engaged at work and at home, and he has more capacity to

enthusiasm, resilience, freedom, and renewed vitality.

Conclusion: Embrace the Future of Fitness

In conclusion, Arthur extends an invitation to take a leap of faith and explore the transformative potential of high-tech, AI-powered personalized fitness. It's not just about working out; it's a lifestyle that redefines the way people age and grow stronger. Arthur encourages everyone to embrace the future of fitness together, savoring the energy and vibrancy it brings to their lives.

The Smart Fit Method is growing throughout Southern California! San Diego locations now included La Jolla, Cardiff and Rancho Santa Fe with new centers coming to Carlsbad and Torrey Hills. Orange County locations are Costa Mesa, Yorba Linda and soon San Clemente.

See for yourself how you can transform your fitness and quality of life through the revolutionary Smart Fit Method. Join during their Black Friday Special and receive 50% off of your first month, (a \$175 value) and hit the holiday season with a heightened level of fitness.

Visit smartfit-method.com for the location nearest you and book your FREE workout and body scan.



Chuck Elliott and Charlie Elliott of Swami's Surf Club with Ozstar de Jourday the Windansea Surf Club – Coalition of Surf Clubs.



Christina Esparza with artist Sharon Cathey, and daughter Olivia Esparza – Siler Gallery.



Artist Buzz Siler and Gloria Skoldberg – Siler Gallery.

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