

**SCAN ME**

**\$10 OFF**  
WHEN YOU SPEND \$50  
EXP. 11.25.23

**\$20 OFF**  
WHEN YOU SPEND \$100  
EXP. 11.25.23

SHOPC21PLUS.COM

**SPEND \$60 AND GET A CHRONIC CART FOR \$15**

**CANNABIS 21+™**  
SAN DIEGO

C10-0000323 LIC & C10-0000634 LIC

**INSIDE THIS ISSUE**

**NEWS**

War in the Mideast drawing activities at SDSU

The war between Israel and Hamas is catching the eyes of many college students. **Page 2**

**FOOD & DRINK**

What is your next dining out experience going to be?

Blanco Cocina + Cantina has an extensive menu of Sonoran-based dishes. **Page 10**

**FEATURE**

Volunteers having big impact at SCCG

Will you volunteer some of your free time at San Carlos Community Garden? **Page 11**

**CONTACT US**

**Editorial**  
(858) 270-3103 x130  
dave@sdnews.com

**Advertising**  
(951) 296-7794  
hfine@sdnews.com

**www.sdnews.com**  
San Diego Community Newspaper Group

*Lady Aztecs boot the competition in Mountain West Conference regular season play*

The San Diego State women's soccer team won its seventh regular season title late last month after a 2-0 victory over New Mexico at the SDSU Sports Deck. Both goals came in the second half courtesy of a 51st-minute score from inside the box by Kyera Utush that came off a corner kick and an 89th goal from Denise Castro on a solo breakaway opportunity. Aztec goalkeeper Alexa Madueno earned a clean sheet and reached the 300th save mark in the 52nd minute as San Diego State finished the regular season with a 14-3-2 record. SDSU finished with a 9-1-1 record in conference play. In the MWC Tournament semifinals, SDSU tied Colorado State 0-0, losing on penalty kicks 3-2. (Photo by David Frerker)

**Aztecs Rock Hunger annual campaign a big success**

By KAREN AUSTIN

Associated Students of San Diego State University has been working hard to make sure that students and other community members have access to the food they need to do well in school and in life.

Aztecs Rock Hunger (ARH) is an annual campaign which was in full swing between Oct. 13 and Nov. 5.

With the goal of besting the \$109,676 raised last year, event coordinators have been rallying campus student groups and

university divisions in a friendly competition to collect non-perishable foods, monetary donations, and log volunteer service hours.

The amount of money raised during the 2023 ARH campaign will be announced during a highly anticipated “reveal” event on Dec. 4, from 11 a.m. to 12 p.m. in the Conrad Prebys Student Union. Similar to last year, the Registered Student Organization which has contributed the most money will also be receiving an award.

SEE **COLLEGE HAPPENINGS**, Page 8

SDSU student leaders kick off the 2023 Aztecs Rock Hunger campaign to raise funds for school and community-based food programs. (Courtesy photo)

VOTED #1 DISPENSARY IN SAN DIEGO  
2022 SAN DIEGO READERS BEST

619.FRESHSD    [www.reservesd.com](http://www.reservesd.com)    LICENSED CANNABIS BOUTIQUE

**THE RESERVE**  
HIGHER STANDARDS

LIC#C10-0000630

**10% OFF PURCHASE**  
Not to be combined with other offers exp 12-07-23

8744 La Mesa Blvd. La Mesa, CA



# Israel-Hamas war prompts activism on SDSU campus

By NATALI GONZALEZ

On a major Jewish holiday in early October, Hamas, an armed Palestinian militant group, attacked Israel by air, land and sea, killing more than 1,400 Israeli people and taking over 200 hostages. Not long after the attack, Israeli Prime Minister Benjamin Netanyahu declared the country was at war. Since then, Israeli forces have launched an extensive counter-offense in Gaza. The Gaza Health Ministry reported that more than 9,700 Palestinians have been killed in the subsequent days.

Despite being thousands of miles away, the war has prompted activism among the San Diego State University community. On Oct. 9, approximately 100 students and community members made a peaceful walk around campus in support of Israel, wearing shirts that said “Fighting with Love” and carrying Israeli flags. The march was organized by the Hillel Center, Alpha Epsilon Pi and Students Supporting Israel to show support for the Jewish and Israeli community. “We want to share that we want peace,” Ori Lerer, the president of Alpha Epsilon Pi, said. “That’s all

we’ve ever really wanted is peace and that’s why we choose to do all of our events in a very specific peaceful way...it was amazing seeing everything come together and I was really proud of myself and everyone who helped put this event together.” Students also created a display at the Aztec Student Union to bring attention to people being held hostage by Hamas. Posters lined the steps of the union and hung from the top floors of the building with the names, ages and photos of those kidnapped. Students gathered there, held signs reading “bring them home” and waved Israeli flags. There were also events held in support of Palestine. A march was held on Oct. 11, where students gathered with Palestinian flags and signs, including a large banner reading “End U.S. Funds to Israel.” When the group reached Hepner Hall, they chanted “Free Palestine.” A vigil was later held in recognition of Palestinians killed during the war, which was organized by Students for Justice in Palestine. The somber event was held outside Hepner Hall where students sat with candles and listened to speeches by student leaders. “Palestinians deserve the right to live and deserve dignity, freedom and justice,” One student speaker said. “We must take action now and we will not stop until (there is) complete liberation.” The International Youth and Students for Social Equality (IYSSE) at SDSU also held an event in support of Palestine, titling their latest meeting “Stop Israel’s Genocide Against Gaza.” “We understand that many students may be unfamiliar with the complexity of an issue like Israel and Palestine or the role that capitalism has to play in it,” Joseph Kendrick, the president of IYSSE, said. “That’s why our recent meeting, which filled our meeting room to capacity, focused on providing the historical context of the situation as it’s developed in Palestine over the last 100 plus years. It’s clear from talking



The war in the Middle East has attracted a lot of attention on the SDSU campus. (Photos by Natali Gonzalez)

to youth and students that the sentiment for systemic change is there.” Regardless of students positions on the conflict, Ahmet Kuru, a professor of political science, recommends students research the historical and contemporary complexity of the region through various sources. “By reading diverse sources, students can develop their skills of evaluating sources in a critical manner,” Kuru remarked. He also referred students to a recent panel on the topic. “I encouraged my students to attend a very important panel SDSU Department of Political Science organized on the recent aspects of the conflict,” Kuru added. “The panel included two professors of political science, Farid Abdel-Nour and Jonathan Graubart, one professor of history, Susanne Hillman, and one USD professor of history, Ted Falk.” The panel is now available on YouTube. Students will also have the opportunity to learn more about the conflict through the campus community. “Many SDSU centers will be hosting events, speaker series and community gatherings in the coming weeks to foster...dialogue,” Adela de la Torre, the president of SDSU, said in a statement. “No matter your background, we encourage you to become informed and engaged.” SDSU urges students who need support to seek out various campus services.

## RAIN, WIND, AND FIRE...

*“The three menaces to any chimney, fireplace, or stove.”*



Every year there are over twenty thousand chimney / fireplace related house fires in the US alone. Losses to homes as a result of chimney fires, leaks, and wind damage exceeds one hundred million dollars annually in the US. Additionally, mold, mildew, pollen, dust and flammable creosote are among the hazards that can build up and collect in the flue of a chimney. A thorough inspection, and cleaning if necessary, will dislodge and remove such build-ups.

CHIMNEY SWEEPS, INC., one of San Diego's leading chimney repair and maintenance companies, is here to protect you and your home from losses due to structural damage and chimney fires.

Family owned and operated and having been in business for over 30 years, Chimney Sweeps Inc. is a fully licensed and insured chimney contracting company (License # 976438) and they are certified with the National Fireplace Institute and have an A+ rating with the Better Business Bureau.

For a limited time, readers of this paper will receive a special discount on our full chimney cleaning and safety inspection package with special attention to chimney water intrusion points in preparation for the rainy season.

### Full Service Chimney Cleaning

# ONLY \$149

reg. \$279

Includes full safety inspection

## CALL TODAY:

# 619-593-4020



**CHIMNEY SWEEPS, INC**  
SERVING SAN DIEGO COUNTY  
FOR OVER 30 YEARS





EL NIÑO  
ALERT

## Jeff Rosa

Founder / Broker  
Associate  
Market Real Estate



### Hire Your Neighborhood Expert!

# 619-886-8790

**PENDING!**  
Vista Del Cerro  
7995 Forrestral Road  
4Bd. 2 Ba. 1,890 sq. ft

**Make more money when you sell.**  
We coordinate and front the cost for all Presale Improvements.  
Our clients keep all the profits!



I can sell your home too!  
Jeff Rosa's Clients Sell Fast & For Top Dollar!

[www.marketsocal.com](http://www.marketsocal.com) Jeff@marketsocal.com  
San Carlos/Del Cerro Real Estate Expert Unparalleled Marketing

An Equal Opportunity Broker. If you a relationship with another agency, this is not intended as a solicitation. Information provided by SANDICOR, Inc. and is deemed reliable but not guaranteed. CA BRE#01452880





# Support Hardy Elementary Dads Club in buying Christmas tree and more

The Hardy Elementary School “Dads Club” runs an annual Christmas tree fundraiser, benefiting both Hardy and the College community.

Interested residents can pre-order the perfect Christmas tree, wreath, or trimmings, and they will be available for pickup close to home. No need to drive around, or take your tree on the highway. And no worrying if you can’t find the tree you wanted because you will pick that at time of order.

Those interested in purchasing such items must do so by Nov. 13.

Interested members of the community can also donate to the trees and wreaths for the troops program. The profits from this program will be used to put on monthly annual events such as movie nights, a campout, and fifth grade promotion.

The product pickup date is Sunday, Dec. 3, 8 a.m. to 1 p.m., at Hardy Elementary School. The school is located at 5420 Montezuma Rd, San Diego.

For more information, contact Daniel Cardenas at: dcardenas85@gmail.com.



SCAN ME

**SUPPORT OUR**

**CHRISTMAS TREE & WREATH FUNDRAISER!**

**PLACE YOUR ORDER ONLINE BY**

**DATE: 11/13/2023**

**PICK UP PRODUCTS**

**DATE: 12/3/2024**

**TIME: 8am-1pm**

**LOCATION: Hardy Elementary School**

**To order: Scan the QR code, or visit our web store:**

<https://fundraiser4us.com/shop/hardy-elementary-dads-club>



# Cuyamaca College recognized as one of the best across the nation for vets

Military Times magazine has ranked Cuyamaca College 80th in the nation as Best for Vets: Colleges and 215th as Best for Vets: Employers. Cuyamaca College was the only San Diego County college or university in the top 100 of the magazines’ ratings of best colleges for veterans.

This is the second consecutive year that Cuyamaca College has been recognized by the magazine as a Best College for Veterans.

“The rankings reflect Cuyamaca’s commitment to support students and employees and meet them where they are,” Cuyamaca College President

Jessica Robinson said. “Supporting our veterans and their families is core to our values of equity, excellence, and community. I want to extend my deep gratitude to our Veterans Center team for their unwavering commitment to our military and military-affiliated students.”

Each year for the last 10 years, the survey has been sent to colleges and universities across the nation asking about programs and services for veterans. The survey results are then analyzed, along with public data about colleges and universities obtained from the Department of Education and Department of Veterans Affairs.

Employer rankings are based on the results of a voluntary survey that asks companies about their policies, practices and benefits for veterans and their families.

Both surveys capture the areas of greatest importance to transitioning service members, veterans, and their families when looking for a college or employer. The Military Times Best for Vets: Colleges is the largest and most comprehensive annual ranking of schools for military service members and veterans.

The 2023 rankings, methodology, and more information can be found on the Best for Vets website: [bestforvets.com](https://bestforvets.com).



## Neighborhood Update

HAPPY THANKSGIVING TO YOU AND YOUR FAMILY

\*\*\*BUYER NEED\*\*\* I have Buyers that would love to live in Del Cerro or San Carlos. They are looking for a 4 Bd/ 2 Ba. They are fully underwritten and ready to go. Give me a call if you are wanting to sell your home.

### November 2023 Sales

ADDRESS	BEDS	BATHS	SQ.FT.	PRICE
6856 Birchwood	3	2	1,720	\$920,000
6841 Alroso Ave	4	3	2,354	\$1,105,000
7361 Tuxford Dr.	4	3	1,796	\$1,165,000
8448 Jackie Dr.	4	3	1,488	\$943,000
5561 Forbes Ave	3	2	1,200	\$880,000
7117 Horner Street	3	2	1,572	\$1,035,000

\*\*If your home is currently listed with a Broker this is not meant as a solicitation.

**CENTURY 21**  
Affiliated

**619.820.4789**

**Linda Lee Harris**  
REALTOR® | DRE# 01238752  
[LindaHarrisC21affiliated.com](https://www.LindaHarrisC21affiliated.com)



## 27 Quick and Easy Fix Ups to Sell Your Home Fast and for Top Dollar

SAN DIEGO - Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life, and once you have made the decision, you'll want to sell your home for the highest price in the shortest time possible.

To assist homesellers, a new industry report has just been released called “27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar.” It tackles the important issues you need to know to make your home competitive in today’s tough, aggressive marketplace.

Through these 27 tips you will discover how to protect and capitalize on your most important investment, reduce stress, be in control of your situation, and make the best profit possible.

In this report you'll discover how to avoid financial disappointment or worse, a financial disaster when selling your home. Using a common-sense approach, you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-270-1494 and enter 1023. You can call anytime, 24 hours a day, 7 days a week. Get your free special report NOW.

Dan Smith eXp Realty 01346593

An Iowa Meat Farms /Siesel's Meat & Deli Publication

Iowa Meat Farms  
6041 Mission Gorge Road  
San Diego, CA 92120  
619-281-5766  
Mon to Sat 9-6 Sun 10-6

Volume 31 Number V November 2023

# Specials

Good from November 8th, 2023 to November 30th, 2023 or while supplies last

Siesel's Meat & Deli  
4131 Ashton Street  
San Diego, CA 92110  
619-275-1234  
Mon to Sat 9-7 Sun 9-6

Midwestern  
**Kruse Bone-In Ham**  
\$3.99 lb.  
Whole or Half

**Siesel's Double Smoked Ham**  
\$4.99 lb.  
Whole or Half

Glenn's  
**Boneless Rolled & Tied Ham**  
W/ Apricot & Pineapple Glaze  
\$9.99 lb.

**Siesel's Glazed Spiral Hams**  
\$4.99 lb.

Our Own  
**Turducken**  
Large \$195  
Small \$175  
Roll \$125  
Order by Nov. 18th

Fresh Premium Young  
**Diestel Turkeys**  
\$5.99 lb.  
Order by Nov. 18th

In House  
**Stuffed Pork Chops**  
\$5.99 lb.

USDA PRIME  
Midwestern, Aged  
**Rib Roast**  
\$34.99 lb.

Free Range  
**Mary's Whole Fryer**  
\$5.99 lb.

Our Own, Fresh  
**Breakfast Sausage**  
\$4.99 lb.

16/20 ct.  
**Colossal Cooked Shrimp**  
\$19.99 lb.

#1 Grade  
**Ahi Steaks**  
\$14.99 lb.

Proudly Offer  
**American Wagyu New York Steak From Nebraska**

**Siesel's Turkey Gravy**  
\$7.99 qrt.

**Apricot & Pineapple Glaze**  
\$9.99 lb.

[www.bestmeatssandiego.com](https://www.bestmeatssandiego.com)

sdnews.com DAILY

STAY INFORMED!

Delivered daily to your inbox  
subscribe at:  
[sdnews.com/dailyupdateform](https://sdnews.com/dailyupdateform)

City closes parks, beaches, and trails to discourage gatherings

Nov 23, 2023 10:07 AM



On Wednesday, March 23, Mayor Kevin L. Faulconer was joined by Police Chief David Nisbet, Fire-Rescue Chief Colin Stewart and Lifeguard Division Chief James Garland to announce the closure of City's...

Read more

for and/c

Customs & Design

10474

B



# We made our lifetime investments on what was

Allied Gardens/Grantville  
By SHAIN HAUG



We chose to live in the Navajo Communities. We purchased our houses, we rented our residences, and we decided that this was where we would raise our families. We are long-term residents, we are recent arrivals, and we are folks who grew up here and returned. All of us were drawn to our homes by the single-family residential character of the Navajo communities.

Now “they” tell us that our communities are wrong, that the single-family residential neighborhoods of Allied Gardens, San Carlos, and Del Cerro should not have been so zoned, that the area should be compact with multi-family buildings, and that the shopping malls should be developed for residential as well as commercial/retail uses. But we made our lifetime investments on what was, not on what they now say what it should have been. We try to talk to “them” about the increases in residential density that they will impose on us

and we ask what we will receive in return for their sacrifice of our low density. They do not respond with why the increased density cannot be located on the miles upon miles of thoroughfares (El Cajon, Clairemont Mesa and La Jolla Boulevards come to mind) that have infrastructure and public transit adequate for thousands of apartments and condominiums. They are never sure of how many such units they need. They never give us clear reasons why our single-family neighborhoods are so important to their plans. They say that we need affordable

and low-cost housing, but that type of dwelling is only the smallest percentage of what they plan to build. Needless to say, nothing is offered in compensation for our loss. That we are not heeded is best represented by the recent treatment of the application for a permit to develop the All Peoples Church. After years of investigation of the project the Navajo Community Planners, Inc. (NCPI) concluded that the project is incompatible with our Community Plan, found that the factual findings necessary for approval were

not met, and determined that the community is opposed the development. NCPI recommended to the Planning Department denial of the permit. The Planning Department ignored the conclusions, findings, determinations and recommendation of the Community Planning Group. Without comment on or rebuttal of the findings of the Community Planning group, without articulation of the legally required findings, the Planning Department proposed that the Planning Commission approve the permit. The Planning Commission similarly ignored the work of the Community Planning Group and approved the development.

In our community town councils and our Community Planning Groups we examine issues facing our neighborhoods. We lean in with solutions. We propose and recommend to the city. But they don’t listen, maybe because they don’t see us. Woody Allen is quoted as saying 80% of success is showing up. Our success is found in the numbers of citizens who show up. You can be sure that our representatives are counting heads at our meetings. To the extent the public is interested, they are interested.

Our community meetings don’t always, maybe don’t often, deal with matters of critical importance. They can be pretty dull. But your presence lets the officials know that they have to take into account what we have to say. We will be heard if you join our meetings. The Allied Gardens/Grantville Community Council maintains an email contact list. Through that contact list we offer information about what is going on in the community. We pass on information about Mission Trails Regional Park, Allied Community Gardens, Navajo Community Planners, Inc., San Diego Canyonlands, the doings at Benjamin Library, events sponsored by our elected officials, and other matters of public interest. You can show support for our community by signing on to that contact list. Go to our website – aggccouncil.org – click on the “Contact us” link, and complete the form. You will be glad you did.

**Dine • Shop • Explore.**  
**La Mesa Village**  
**This Fall.**

 La Mesa Village Association

More Info: [LaMesaVillageAssociation.org](http://LaMesaVillageAssociation.org)  
[@lamesavillageasso](https://www.instagram.com/lamesavillageasso)  
[@lamesavillageassociation](https://www.facebook.com/lamesavillageassociation)



 **ST. THERESE ACADEMY**  
CORNER OF NAVAJO & COLLEGE

**NOW ENROLLING!**

**PRE-K THRU 8TH GRADE**

**Call today**  
**(619) 583-6270**  
[www.sta-sd.org](http://www.sta-sd.org)  
Preschool License #372005988



**6440 St. Therese Way San Diego, CA 92120**

**GET CARE NOW!**

**THE EMERGENCY ROOM AT ALVARADO HOSPITAL**  
Medical care when you need it, at the time you want it.

At the Alvarado Hospital Emergency Room, you can now reserve your arrival time. Choose when YOU want to arrive, and potentially save yourself hours of waiting in our lobby. Just scan the QR code to access the GetCareNow page on our website, or visit us at [AlvaradoHospital.com/getcarenow](http://AlvaradoHospital.com/getcarenow).

**GET CARE NOW!**



 **Alvarado Hospital Medical Center**  
A member of Prime Healthcare



**What could be better than one Courier?**

**... all three!**

Buy any size ad in the La Mesa Courier and Mission Times Courier. Get one FREE ad of equal size in the College Times Courier!

La Mesa Courier + Mission Times Courier + College Times Courier = **50,000 home deliveries!**

**Call your sales representative today!**  
**858-270-3103**





# Friends of Del Cerro elects board members at most recent meeting



By JAY WILSON

Following the annual meeting of the Friends of Del Cerro (FODC) the board met and elected the following officers; President - Mark Alan, Vice President - Jackie O'Connor, Treasurer - Bryan Pridmore, and Secretary - Jane Klofkorn.

Jane is also going to continue as the historian. Jane would like to hear from Del Cerro residents regarding any historical information and/or who she can interview about the history of Del Cerro. The interviews, stories and historical information will be posted on the friendsofdelcerro.org website. Contact Jane by emailing her at info@friendsofdelcerro.org.

Bob Hickman, the chair FODC Crime and Safety committee, emphasized the primary goal for the committee in the

coming year is to increase the number of active Neighborhood Watch areas within Del Cerro. To learn how simple it is to establish and maintain a Neighborhood Watch program in your neighborhood, contact Bob by emailing him at info@friendsofdelcerro.org.

Mark Alan, the new president of FODC is asking all Del Cerro residents to let him know about your concerns and suggestions for our nearly 70-year-old community. Let Mark here from you by emailing him at info@friendsofdelcerro.org.

As of the date this article was submitted to the *Mission Times Courier*, there is not a firm date as to when the All Peoples Church proposal will be discussed and voted on by the City Council.

There is also good news about the July 4th Fireworks at Lake Murray.

New members were elected to the board and the vote was unanimous to continue the event for July 4th, 2024.

# Season winding down for Crusaders Soccer

By JAY WILSON

The Crusaders Soccer 2023 fall season is winding down. Four of our 24 Competitive teams remain undefeated.

Crusaders Soccer is offering soccer camps for Competitive and Recreational level players during the Thanksgiving and Winter Holidays for players born between 2008 and 2016. Soccer players do not have to be registered with Crusaders Soccer to attend a camp.

The Thanksgiving camps for Competitive and Recreational level players are Nov. 20-22 and a goalkeeper camp Nov. 24-25. The Winter Camps for Competitive and Recreational players will be Dec. 19-21 and Dec. 26-28 with Goalkeeper camps on Dec. 22 and 23 and 29 and 30.

For more information and to register for the Crusaders Soccer Camps, go to:



Crusaders Soccer will hold their Thanksgiving camps for Competitive and Recreational level players later this month. (Courtesy image)

crusaderssoccer.org/thanksgiving-camp and crusaderssoccer.org/winter-camps.

As the fall season draws to a close, tryouts for the 2024 competitive teams and registration for the 2024 spring recreational season begin in December.

Competitive tryouts for boys and girls born in 2015 to 2018 will be held at Pershing Middle School between Dec. 4-9. Tryouts for players born 2010 to 2014 will be held in February and tryouts for players born 2006 to 2008 will be held in April. For more information about tryouts, go to crusaderssoccer.org.

Registration for the 2024 Recreational level spring season will open on Dec. 15. The spring season for Recreational level players is scheduled to play eight games beginning Sunday, March 3 through Sunday, April 28. There are no games on Easter Sunday. Register by Dec. 31 to take advantage of the early registration discount.

For more information about all the Crusaders Soccer programs, visit the website at crusaderssoccer.org.

# First community workshop for Chollas Creek Regional Park Master Plan takes place Nov. 17

In collaboration with the City of San Diego and their consultant KDI, Groundwork San Diego requests the public's support for, and attendance at, two upcoming workshops to

sculpt the initial design of the Chollas Creek Regional Park Master Plan.

The first workshop is slated for Friday, Nov. 17, 6:30 p.m. at Teen Challenge Center, 5450 Lea

Street. The next workshop will be Saturday, Nov. 18, 10:30 a.m. at Cesar Chavez Elementary School, 1404 South 40th Street.

The southern boundary of El

Cerrito marks the beginning of the proposed park.

Both workshops are open to the public and will offer opportunities for direct feedback and

recommendations.

There will be light refreshments served.

For more information, visit: groundworksandiego.org/.

Mission Times

COURIER

BEST

OF

2023

MISSION TIMES COURIER

## Best of Mission Times voting underway


The Best of Mission Times is back, highlighting all the great businesses in the area.

Do you have a business you've been a customer of in the Mission Times circulation area for many years? Is there a business or several of them you'd highly recommend to family and friends? What business or businesses go out of their way to serve you and other customers?

Let it be known what small, medium and big Mission Times area businesses owned and staffed by the families and people in the community you support.

Go to: <https://forms.gle/S5KHv3ydRoAKPKJV7> to vote.

The voting begins on Nov. 10. The deadline to vote is Feb. 2. The Best of Mission Times Courier will publish April 12.



US Army Corps of Engineers  
Los Angeles District

# News Release

For Release: Final Release  
October 2023

Contact: Dena O'Dell  
(213) 452-3925  
Dena.M.O'Dell@usace.army.mil

FOR IMMEDIATE RELEASE

Corps to begin five-year review for Camp Elliot/East Elliot Formerly Used Defense Site

LOS ANGELES – The U.S. Army Corps of Engineers Los Angeles District will begin its first five-year review for Camp Elliot-East Elliot, Munitions Response Site 01B, which is a formerly used defense site. The project number is J09CA006705.

More information about this site can be found at: <https://www.spl.usace.army.mil/Missions/Formerly-Used-Defense-Sites/Camp-Elliot/>

Camp Elliot-East Elliot is located about 12 miles northeast of downtown San Diego. Munitions Response Site 01B comprises 523.3 acres and is a sub-area of the overall East Elliot MRS 01, which comprises 3,035.5 acres. Most of the 523.3-acre is an active landfill, known as the Sycamore Landfill.

The landfill was opened in 1962 by the County of San Diego and is permitted to remain in operation until 2045. Fencing around the landfill restricts access to the site and "no trespassing" signs are posted. Once the landfill has reached capacity, its surface will be revegetated with native plant species and the area will become part of the Mission Trails Regional Park. Records indicate Camp Elliot was previously used by the U.S. Marine Corps for live-fire training exercises from 1942 until the end of World War II. During WWII, the range associated with Mission Response Site 01 was comprised of nine overlapping ranges, two of which fired into Mission Response Site 01B. These include Range U and Range V, which were maneuver, combat, and musketry ranges.

Following WWII and up until 1953, Camp Elliot was used as a U.S. Navy Training and Redistribution Center, where, reportedly, live-fire training was not conducted.

The Department of Defense ended its use of the entire Camp Elliot-East Elliot area in 1960. East Elliot was declared surplus in 1961, and the land was transferred to the General Services Administration, or GSA. Between 1962 and 1974, under transferred ownership to the GSA, the land was sold to real estate developers, private parties, and municipalities. Various investigations and removal activities were conducted at Camp Elliot-East Elliot from 1984 to 2014. In 2019, a decision document was prepared for the site, describing the final remediation to remove Department of Defense military munitions from the surface.

Los Angeles District

The Corps' formerly used defense team continues to educate and inform the surrounding community about the potential dangers. The agency implemented the Explosives Safety Educational Awareness program to keep the public educated and informed about the potential dangers of unexploded ordnance and munitions.

The munitions response site is now under long-term management. The Corps investigates the site every five years to evaluate if the remedial action activities are still protecting human health and the environment. The five-year review process involves a technical assessment of the remediation and activities designed to inform the community about the five-year review process, which also allows them to provide feedback.

The technical assessment includes a site inspection and interviews with people working or living near the area and those with knowledge or concerns about the site's remediation. The site inspection is scheduled for November 2023. The five-year review will be completed by September 2024.

The findings and conclusion of the five-year review, including recommendations, will be presented by the Corps in a five-year review report, which will be made available to the public after finalizing the report in the East Elliot project repository, located at Mission Trails Regional Park Visitor's Center and San Diego County Public Library, Santee Branch. The administrative record also can be found on the Corp's project website at: <https://www.spl.usace.army.mil/Missions/Formerly-Used-Defense-Sites/Camp-Elliot/>.





Could a work stoppage ultimately be coming for students during the semester? (Photo by Natali Gonzalez)

# California State University faculty are being pushed toward a strike by CSU management

In the community  
By NATALI GONAZLEZ

When students started at San Diego State University in the fall, many, including myself, were surprised to find a section of class syllabi titled, “Important note about a possible work stoppage during the semester.”

The message stated that the California Faculty Association, the labor union representing 29,000 faculty members on all California State campuses, was in a “difficult dispute” with the CSU management, which could result in a strike during the semester.

Since that message appeared on syllabi in August, the disagreement between the two groups has worsened.

The CFA and CSU have had several unsuccessful bargaining meetings and mediation sessions. Currently, they are at the “fact-finding” point of the process, where each side will present to a three-person panel who will recommend a solution. However, neither side is under an obligation to accept the recommendation.

One of the most contested issues between the two groups is faculty raises. The CFA is seeking 12%, while the CSU originally offered 4% before countering at 5%. This has shown CSU management’s unwillingness to bargain as they have only offered to move 1% from their original proposal.

The CSU has cited that the reason for this lack of movement is because such a high pay increase would force the

university system to make “difficult and painful” decisions of how to reallocate funds to cover the additional costs, as stated in a press release.

However, many CSU presidents received raises of up to 30% last year with salaries ranging from \$360,000 to over half a million. In fact, the highest-paid CSU President is SDSU’s Adela de la Torre, who makes \$533,000. Presidents also receive provided housing or additional housing stipends.

The new CSU chancellor, who was appointed over the summer, makes \$795,000 and receives an additional \$95,000 for housing. This salary is \$150,000 more than the interim chancellor who served the year before her.

Despite these significant salaries and their accompanying raises, the CSU says they are unable to give faculty more than a 5% raise.

In addition, the CSU also announced a multi-year tuition increase. This tuition hike was due to the fact that “the CSU requires additional resources to continue to provide its students with an accessible, high-quality education that prepares its graduates for success in California’s fast-evolving workforce.”

A significant part of providing students with a high-quality education is having dedicated, experienced faculty in the classroom to do the face-to-face work with students. CSU schools will not have this if they refuse to give faculty members raises.

Further, it begs the question of what, exactly, this

additional tuition will go towards if it cannot supply faculty with raises beyond 5%. As a student, I would like to see my professors – the ones who are there, helping my learning – benefit from the funds, not those in the boardroom whom I’ve never met.

By maintaining their low offer on wage increases and rejecting other CFA proposals, the CSU management is pushing faculty toward a strike.

During the fact-finding process, the CFA held a vote for strike authorization, which would give its leaders the ability to call a strike should they find it necessary. On Oct. 30, they released the results, revealing that 95% of CFA members were in favor.

I don’t believe my professors want a strike to occur; it would be disruptive to student learning and frustrating for students who are paying to be in classes.

However, the CFA should fight for increased wages and workplace rights. If a strike is the only way to send a message to management, then it should be done.

—Natali Gonzalez is an MA student in Rhetoric and Writing Studies. Originally from Ogden, Utah, she got her BA in English Teaching from Weber State University. While there, she worked as a research assistant examining the role of technology in K-12 education. She also worked for Upward Bound as an instructor and tutor. Now, at SDSU, she looks forward to learning about professional writing alongside increasing her knowledge about teaching practices.

## Letter to Editor

Dear Editor,

It’s become evident District 7 just reads procedures when they should deliver and extend care.....because they should care about their neighborhoods.

This has become a 45/50 year old pending topic, started when City of SD approved the designs, over resistance objections, for construction and operations of the major Zion Ave complexes, consisting of a huge member hospital facility coupled with a 150+unit apartment dwelling across from each other on Zion Avenue, a heavily traveled area.

Long ago, as residents we have come to a point where, the city should have learned it’s not wise to mix corporate commercial developments within and around existing residential housing developments without significant buffer. Learning and knowing these points the city should have known better from the Mercy Hospital surroundings. And made some better decisions, i.e more copious parking and above all, city authority figures, should have approved a proper mitigation relief plan before ever approving these existing Zion Avenue Complex Developments, some 50 years ago.

Obviously, this has now shown to be a serious glaring mistake by our city. Which speaks to, why our City and D/7 have avoided coming to providing any help, direction, guidance and leadership to this ongoing saga. The city remained totally out of focus for many years.

As a neighborhood we accelerated our efforts for assistance and help and finally caught the sincere attention of our community 92120 Councilmember Emerald and her staff in 2009, who took the bull by the horns and worked with the neighborhood to find and start needed solutions to help with the first phase of relief for the ongoing daily issues. Up to this point no other Councilmember showed the slightest level of cooperation we requested for help and needed mitigation relief and assistance.

No neighborhood should have to endure these daily encroachments/invasions brought on by others if the city would not have overlooked the appropriate mitigation relief plan in the first place to begin with 50 years earlier.

Even more so, these unresolved topics have not been given the proper attention for continuing with any further relief that was finished in 2012.

Yes, first phase was started and done one by one. Number two and beyond should be easy to do!

The favor of some relief action started in 2010 and completed in 2012 in efforts to minimize the impacts to this 92120 neighborhood. The careful study and reviews was done by the previous D/7 Administration in 2010. Therefore, there shouldn’t have been any real reason for the lack of continued further relief action and delays brought about by District 7 over the past 11 years.

One of the main critical errors made by D/7 is their non-acceptance of accountability and not remaining focused.

I was always taught, if you start a job you finish it!

This entire lack of courtesy and cooperation from D/7 just hasn’t been right. But, certainly could be by putting their educational weight and experience into this effort and strive to bring the further relief needed for this area along with many unaddressed safety issues.

Ralph Richardson  
San Diego

sdnews.com

1621 Grand Ave. Suite C  
San Diego, CA 92109  
(858) 270-3103  
Fax (858) 713-0095  
MissionTimesCourier.com  
Twitter: @MssnTimesCourier

### EDITOR

Dave Thomas x130  
dave@sdnews.com

### CONTRIBUTING EDITORS

Drew Sitton x136  
Tom Melville x131  
Dave Schwab x132

### CONTRIBUTORS

Lainie Alfaro  
Karen Austin  
Kelly Bonde  
Robin Dohrn-Simpson  
Natali Gonzalez  
Susan Grant  
Shain Haug  
Jean Hoeger  
Vince Meehan  
Jessica Mills  
Sarah Ward  
Jay Wilson  
Mickey Zeichick

### WEB & SOCIAL MEDIA

Dave Thomas  
dave@sdnews.com

### PRODUCTION MANAGER

Chris Baker x107  
chris@sdnews.com

### ADVERTISING CONSULTANT

Heather Fine x118  
(951) 296-7794  
hfine@sdnews.com

### ACCOUNTING

Heather Humble x120  
accounting@sdnews.com

### BUSINESS CONSULTANT

David Mannis

### PUBLISHER

Julie Main  
(858) 270-3103 x106  
julie@sdnews.com



**OPINIONS/LETTERS:** Mission Times Courier encourages letters to the editor and guest editorials. Please email submissions to dave@sdnews.com and include your phone number and address for verification. We reserve the right to edit letters for brevity and accuracy. Letters and guest editorials do not necessarily reflect the views of the publisher or staff.

**SUBMISSIONS/NEWS TIPS:** Send press releases, tips, photos or story ideas to dave@sdnews.com.

For breaking news and investigative story ideas contact the editor by phone or email.

**DISTRIBUTION:** Mission Times Courier is distributed free the second Friday of every month. © 2023. All rights reserved.

sdnews.com



SAN DIEGO  
COMMUNITY  
NEWSPAPER  
GROUP

Mission Times COURIER

UpTown News

COLLEGE TIMES COURIER

La Mesa COURIER

SAN DIEGO DOWNTOWN NEWS

MISSION VALLEY News

LA JOLLA VILLAGE NEWS



PENINSULA BEACON





# Much to be thankful for in this month of Thanksgiving

**San Carlos Area Council**  
**By MICKEY ZEICHICK**



SCAC will not be meeting in November but will hold our annual potluck social, open house, at 6:30 on Wednesday, Dec. 20.

We look forward to the Mayor, Councilman, Supervisor, Assemblyman, SDUSD Board Trustee and some of our past guest speakers and you, joining us.

On this month of Thanksgiving I have a lot to be thankful for: what our Country, State, County, and City all represent to not only us but to other countries around the globe. I feel we are truly a big part of the world's watch dogs and how to pursue the life we want to live. We are chief among the guardians for making the world a better place for our being here.

Last month I wrote about the hate, and how we must not ..... but rather we must concentrate on our commonality.

October brought challenges that were unimaginable, and yet we are rallying around each other and around people across the globe in a hope, still, for a better tomorrow. As circumstances unfolded my mind played over and over the things I witnessed while in Israel how Arab and Jew got along. I would see Mom's with

their children (Arab and Jew together) playing side by side, whether it was soccer or baseball or on the slides and swings. Kids laughing and playing. A friend of mine has a tag line to her emails, "There is only one race, the human race." Can't we all just get along? Are we so numb to violence from our playing some of the video games of shoot 'em up, that we forget that people are ALIVE, and when they cut they bleed? We are real, video games are not. All Religions teach do unto others what you would do to yourself: "The Golden Rule".

What will your legacy be? What do you want to be remembered for? The one overriding lesson is that we are the sum of all that we do and the people we allow into our lives. I have leaned on my friends for support and they have leaned on me for support – we are there for each other.

I want to be remembered for being a caring, compassionate person, who loves deeply on many levels. That each person is unique and wonderful and yes, awe inspiring. I want to be remembered as a person who makes people feel at ease, and makes people laugh. Laughter is the greatest medicine. I want to be remembered for one who dances with the wind, and sings with gusto – even if off-key. I want to be remembered for being kind.

A big congratulations to Raul and Nadia and their sweet son, Rafael Omid Farjood Campillo.

I look forward to our December potluck laughing and holding tight to the friendships formed.

I look forward to our January

meeting when Supervisor Joel Anderson will be our guest speaker.

I look forward: face to the sky, full of optimism for a better tomorrow, and a better world.

We are always looking for more board members, if you are interested. It would be nice if you RSVPd to attending our December potluck, we haven't in the past ever run out of food, but ...

Contact me at SanCarlosArea-CouncilPres@gmail.com.

## East County violin student to perform with ECYS

Christian Gonzales, a violin student from Juilliard School, is back to El Cajon where he grew up, to perform with his first orchestra – the East County Youth Symphony – as a soloist.

"Our concert on November 15th at the Kroc Theater is a celebration of Christian's success, his extraordinary talent, his hard work, and his passion for violin and classical music. It is also a huge event for the East County



Christian Gonzales performs on Nov. 15, 7 p.m., at the Joan B. Kroc Theater. (Courtesy photo)

SEE ECYS PERFORM, Page 15

**Family Owned**  
for Over 55 Years

**More Important Than Ever**

**Featheringill**  
mortuary

This long service has given us a great respect for people and meeting their needs whether it is for

- Local Burial • Cremation
- Pre-Needs
- Transfers to a Faraway Place

Serving San Diego County with Reverence & Dignity

[www.featheringillmortuary.com](http://www.featheringillmortuary.com)

**(619) 583-9511** Teri Featheringill  
General Manager

6322 El Cajon Blvd. San Diego, CA 92115  
License# FD1083

# \$650,000 Must Go!

## WIN A 2024 BMW 4-SERIES M440i COUPE

### SATURDAY, NOVEMBER 18

Not actual prize vehicle.

For More Information Visit [Sycuan.com](http://Sycuan.com)  
GUESTS MUST BE 21+ TO ENTER CASINO. PLEASE PLAY RESPONSIBLY



# St. Katharine Drexel Academy finishes up spooky month



By KELLY BONDE



It has been a busy few months of the school year at St. Katharine Drexel Academy.

Among some of the notable highlights to date:

## TRUNK OR TREAT

On Friday, Oct. 27, the SKDA parking lot was transformed into our annual Trunk or Treat event! This is a school favorite, as several of our families decorate their trunks with either spooky items or find creative themes. Each year, three cars are awarded with trophies that they keep all year. We award cars for being the most creative, best theme and best overall.



Trunk or Treat brings out plenty of smiles despite it being a spooky time of the year. (Courtesy photo)

The 8th grade families also serve food as a fundraiser for their 8th grade visit to a theme park.

Overall, the event was a huge success and helped get everyone in the Halloween spirit!

## DAY OF THE DAY OFREND

Shortly after Halloween, Catholics celebrate All Saints Day on Nov. 1 and All Souls Day on Nov. 2. These are important days in our faith where we honor those who have died and gone before us. Each year, our school creates an ofrenda, which is an altar where students, parents, faculty and staff can put pictures of their loved ones that have passed away, as a way to honor them during this special time.

## TK/KINDERGARTEN WAITING LIST NOW OPEN!

On Sunday, Nov. 5, SKDA held its annual Fall Transitional Kindergarten and Kindergarten Play Date and Open House! There were games, music, food and an opportunity to speak to the teacher, principal and other SKDA

parents. This event also kicks off our waiting list for the 24-25 school year, which is now open! Applications open on Jan. 26 and these families get notified first! Contact Kelly Bonde at [kbonde@skda-sd.org](mailto:kbonde@skda-sd.org) if you are interested in scheduling a tour.

## FIT FEST 2023

On Thursday, Nov. 9, SKDA held its annual Fit Fest, which is our school's version of a Jogathon. Each student is asked to raise \$125 each. On the day, students engage in three different fitness related activities: walking a course in the neighborhood, participating in a Zumba class and engaging in fitness stations in our parking lot. This event is a great way to focus on our health and community, while also raising money for the school!

# College happenings

CONTINUED FROM Page 1

This year the CACC also got involved by donating directly to Aztecs Rock Hunger.

CACC board member, Jim Schneider, who is the executive director of the College Area Business District (CABD), took extra time to promote the event. He posted information on social media throughout the month and recruited four local businesses to support the fundraising effort by donating a percentage of their sales on a given day. The local businesses which donated portions of their sales were Cheba Hut, Corbin's Q, The Cravory and Woodstock's Pizza.

Melvin Ridley III is on the CACC Board as the representative of SDSU Associated Students (AS) and serves as the AS Vice President of External Relations. A political science major in his fourth year, he takes his leadership roles seriously and contributes a lot on and off campus.

"Bringing the community together is important," he said, "as it shows that when people unite there isn't anything they can't accomplish." He added, "Having a campaign like ARH is important because it not only helps address inequities in San Diego, but it also helps support our students directly on campus. As an executive officer for Associated Students, it is important to me that we are doing everything we can to support students through their educational journey."

Since its inception in 2010, ARH has raised over \$825,000. Donations will support three beneficiaries: the on-campus AS Food Pantry, The Jacobs & Cushman San Diego Food Bank and the SDSU Economic Crisis and Response Team.

Located on the second floor of the Conrad Prebys Aztec Student Union, the AS Food Pantry is in

its eighth year of operation. It provides an average of 100,000 pounds of food to students each year, including eggs, milk and fresh produce. Last year, an estimated 1 in 4 students used the AS Food Pantry because of food and nutrition insecurity. The first being a lack of consistent access to food and the other, a lack of safe, nutritious and culturally acceptable food. The pantry is open to students three days a week for food and referrals to other food program resources.

Funds raised also go to support the Jacobs & Cushman San Diego Food Bank which serves students and non-students living in the College Area and throughout San Diego.

According to Chris Carter, vice president of Communications, Marketing & Public Affairs, "All students will likely qualify to have access to any food distribution site and for emergency food assistance." Food distribution sites in neighborhoods throughout the region can be found by going to [sandiegofoodbank.org/gethelp](http://sandiegofoodbank.org/gethelp).

In addition to the two direct service food sources, the ARH event dedicated 20% of its donated funds to support the SDSU Economic Crisis and Response Team. The ECRT helps students find the assistance they need to address food, housing or immediate, unforeseen financial crises.

The Aztecs Rock Hunger campaign is always a big success.

Successful in supporting students' nutritional needs, so food insecurity doesn't get in the way of their academic success.

## ALVARADO ESTATES

By KAREN AUSTIN

Earlier in the year, the San Diego Regional Fire Foundation awarded grant funds to the Alvarado Estates Fire Safe Council (AEFSC) to help address wildfire risks in the neighborhood and nearby gateway to College Area and SDSU.

The funds provide for a series of educational workshops to

help residents learn about and implement proven strategies to reduce wildfire risks to themselves, their families, their pets and their properties. The Fire Foundation provides grants throughout San Diego County to support community fire prevention programs.

On Nov. 8, the AEFSC held its first Fire Preparedness Workshop for residents. Fire officials from San Diego Fire-Rescue and CAL FIRE took part in the workshop, giving their valuable professional support.

Captain Alma Lowry, a community resource officer with SDFR, talked with the group about how she models fire behavior and works to establish evacuation plans. Residents learned what to expect in the event of an evacuation, how to prepare well in advance for evacuation, about AE-specific routes, what to do when leaving the house, and so forth.

Captain Thomas Shoots from CAL FIRE guided the group in registering for various emergency notifications, sharing information and tools to make a household safety plan, suggesting typical items for a "GO-KIT" of emergency supplies, and showing the group ember resistant vents for homes which help prevent the entry of blowing embers into flammable interior spaces.

Anthony Tosca, Deputy Fire Chief/Fire Marshal for San Diego Fire-Rescue, planned to join the other officers, as well. He stated in an advance communication, "We're looking forward to meeting with you and the community to discuss wildfire preparedness. Thanks for being proactive to make your community safer! It's this type of collaboration and community engagement that we look forward to."

This meeting helped refocus attention on the very important conversations and actions which are necessary to be well-prepared for inevitable wildfire ... its not IF, but when!



Residents of College View Estates enjoy time together during the annual Progressive Dinner on Halloween weekend. (Courtesy photo)

## COLLEGE VIEW ESTATES

By JEAN HOEGER

We were in full fun mode with our annual Progressive Dinner on Halloween weekend.

Over 80 community members gathered at one home for drinks, hors d'oeuvres and to meet old and new community members. We then moved on to private dinner homes in groups of about 6-8 people for more intimate conversations.

The night ended at the last home for desserts to die for and a Halloween costume contest.

Ken and Barbie were the clear winners, with Travis and Taylor coming in second. A couple of Waldos were also sighted. The weather was just perfect, with a full moon rising over the festivities.

Our Director of Children's activities, Josette Alvarez, sponsored a family fun Halloween Pumpkin and Popsicles party, with a free pumpkin and ice cream treats for all from Cabetos Pops.

## MESA COLONY

By SUSAN GRANT

Mesa Colony is celebrating the holiday season with Santa Claus this year.

He will be appearing at the College-Rolando Library located

at 6600 Montezuma Road on the evening of Tuesday, Dec. 12.

We encourage families to bring their little ones for a chance to ask Santa for that special gift. He would love to have his picture taken with Mesa Colony kids and families and others from College Area and Rolando neighborhoods and beyond. For those who are interested in crafts, there will be plenty of fun crafts to engage in throughout the evening.

Contact the library for time and other updated information at: [sandiego.gov/public-library/locations/college-rolando-library](http://sandiego.gov/public-library/locations/college-rolando-library).

Mesa Colony will host an open house and cookie exchange in the community room.

We will serve hot apple cider, holiday punch and coffee as well as finger foods and treats. "Ugly Holiday Sweaters" are encouraged, but optional.

Anyone who wants to participate should bring two dozen of their favorite holiday cookies and we will make them available to swap with other guests for a nice sampling of other yummy family favorites. There will be plenty of paper plates and wrap so that each participant can have a nice variety of cookies to take home to enjoy.



# Community Page

## Shop & Spend Local!



**Book Your Holiday Party Today!**

**SAN PASQUAL WINERY**

**Locally Made Award-Winning Wine**

AVAILABLE BY THE GLASS, FLIGHT & BOTTLE

**Happy Hour Mon. - Thur.**  
\$5/glass and \$10/flights  
4 - 6 pm

**Live Music every Saturday**  
7 - 9:30 pm

Open Daily  
8364 La Mesa Blvd, La Mesa, CA  
619.462.1797 - SanPasqualWinery.com  
@lamesasanpasqual

**W.F Smith Lawn Maintenance**

**Monthly . Bi-Weekly . 1 Time**

**Sprinkler Repair**

**Locally owned Since 1985**

Lic#B200901996

**Call Billy For A FREE Estimate**  
**619-469-6244**

**ABBEY CARPET & FLOORS**

**WHY BUY NEW FLOORS?**

**Sand & Refinishing**

Licensed and Bonded

*In Business since 1958*

**(858) 566-2950**

**Now OPEN in San Carlos**

**NOBLE LOCKSMITH**

**2 FREE House Keys When You Mention This Ad!**

**Serving Your Automotive, Residential & Commercial Lock and Key needs.**

**619-304-6128**

8734 Lake Murray Blvd  
Located in the Albersons Shopping Center  
(corner of Navajo Rd and Lake Murray Blvd)  
[www.NobleLockAndKey.com](http://www.NobleLockAndKey.com)

**Gino's Wide Shoes & Repair**

**Come See us At Our New Location At The Grossmont Shopping Center**

**Mens / Womens Shoes**  
Riding Boots • Chaps • Dance Shoes  
Birkenstocks • Orthopedic • Corrections Filled

**Sale Of: Wide/ Extra Wide Foot Wear**  
Comfort Footwear • Diabetic Footwear

**Hours Monday - Friday 9AM - 6PM / Saturday 9AM - 5PM / Closed Sunday**

**619-433-4466**  
**5500 Grossmont Center Dr. La Mesa**  
Across from See's Candies

**Donate your car to the CARS FOR KIDS program**

**John's AUTOMOTIVE CARE**

- Complete automotive maintenance and repair
- Early bird / Night drop off service
- ASE Master Certified Technicians
- Complimentary shuttle service
- 36 month / 36K mile warranty
- AAA Approved facility

**6267 Riverdale St. San Diego 92120**  
**619-280-9315 • [johnsautomotivecare.com](http://johnsautomotivecare.com)**

**TURNER LANDSCAPE**

**"We Do It All"**

- Gardening Services
- Lawns • Hedges
- Landscape Installation
- Weeding & Trimming

**MONTHLY • BI-WEEKLY • WEEKLY**

Over 30 Years Experience  
Local Resident Since 1993

**FREE Estimates**

**619-885-0906**

**Relaxology**

- Traditional Full Body Massage
- Table Shower Massage
- Hot Rocks
- Couple Massage

**We're open 7 days a week!**  
10am to 8pm

**619-650-7762**  
[relaxologysd.com](http://relaxologysd.com)  
6403 Mission Gorge Rd Ste. A  
San Diego

**Place Your Ad Here!**

**Let Us Bring More Customers To You!**

For More Information Contact Heather  
Your Sales Consultant  
**[hfine@sdnews.com](mailto:hfine@sdnews.com)**  
**Cell 951.296.7794**

**Pacific COMPUTER SERVICES**

Providing Safe and Secure Remote Services To Our Clients

- Virus Removal & Recovery
- Laptop & Desktop Repair
- Home Network Set-Up & Service
- PC Tuneups & Upgrades
- Internet Security
- On-Site Training
- Project Assistance

**Call Mike!**  
**619-501-0997**

**Senior and Veteran Discounts!**

**EXPERT REPAIRS • HOME, OFFICE & REMOTE SUPPORT**  
**EXCELLENT SERVICE**

**Corlett**

**Electrical Construction**

**Residential & Commercial**

**Mike Corlett Owner**  
Locally Owned & Operated  
**619-776-7134**

Lic. #858862  
[mikecorlett@hotmail.com](mailto:mikecorlett@hotmail.com)



# Blanco Cocina + Cantina, great hospitality, every time

**What's on the menu?**  
By **ROBIN DOHRN-SIMPSON**

The sign in the Fashion Valley Shopping Center Food Court on the upper level says Blanco Tacos and Tequila, but don't be confused, they serve much more than that.

Yes, there's a beautiful Tequila bar that intrigues anyone who enjoys sipping a fine Tequila. And of course, there are tacos with a unique assortment of flavors. The Chicken Pastor features caramelized pineapple and salsa Verde on handmade corn tortillas. Or the Slow-Cooked BBQ Pork taco with roasted corn slaw, pickled onion, and crema fresca.

Blanco Cocina + Cantina has an extensive menu of Sonoran-based dishes which feature corn, beef- especially machaca, carne asada and al carbon.

Our server recommended the Carne Asada Fajitas served with caramelized peppers and onions (not your common sizzling plate) with a condiment plate with a teaser of elote, guacamole, pico de gallo and shredded Cotija cheese. You can also have the Fajitas with tiger shrimp or grilled chicken. The Tucson Chimichanga with Short Rib Machaca or Chicken Tinga are two specialties. The menu has a sense of humor with the tagline "Chimichangas, the soul food of the southwest and proof that you can always make a good thing better...amen."



Blanco Cocina + Cantina has a number of tasty meals waiting for you. (Photos by Robin Dohrn-Simpson)

The cheese crisps are like a pizza. Different flavors are

Roasted Poblano Chile and Tomato, BBQ Pork and Roasted Corn, and Short Rib Machaca served with Guacamole and charred onion.

Looking around the restaurant you notice how beautiful everything here is.

From the variety of chairs that are comfortable, have nice lines and encourage you to sit a spell, enjoy yourself, and savor some good food to the tables, to the lights, the tile, the floor-to-ceiling windows to the kitchen, everything is beautiful. Attention to detail is the thought that comes to mind.

Owner, Sam Fox, from Arizona, designs the interiors, as well as creating all of the menus in his test kitchen. The attention to detail is visible in all aspects of the restaurant.

"To do great things you have

to love what you do. And we love what we do," said Fox.

Jeff Ekkart, assistant general manager, embodies the company philosophy of ensuring everyone is comfortable and enjoying their visit. He constantly hustles around the occupied tables, a true host.

And speaking of detail, for dessert the Brown Sugar Caramel Flan is dotted with whipped cream and embellished with sliced strawberries and blackberries. Don't pass that up!

Blanco Cocina + Cantina is in Fashion Valley Shopping Center at 7007 Friars Rd, in the Food Court on the 2nd Level. The phone number is (619) 810-2931.

See their website for a current menu at: [blancococinacantina.com/locations/san-diego-ca/](http://blancococinacantina.com/locations/san-diego-ca/).





**WE ARE BACK AND BOOMING!**

**PICK-UP & DELIVERY AVAILABLE**



**We Have In-Door & Out Door Dining**

**\$5.00 OFF \$20.00 or More!**

Valid at the Navajo Location Only    Exp. 12-07-23

**619-465-9490 • 7285 Navajo Rd.**

**RESTAURANT OWNERS**



**PLACE YOUR AD HERE!**

**DELIVERED TO LOCAL HOMES & BUSINESSES**

**For more information Call:**

**Heather (951) 296.7794**



# “Growing Community” project helps food insecure

**In the garden**  
By JESSICA MILLS

“Growing Community,” San Carlos Community Garden’s motto, was elevated to a new level in October with a partnership between Garden volunteers and Blue Shield of California.

Combining planning talents, labor expertise plus the generosity of time and money, the collaborators built elaborate fencing cage barriers around plots designated to grow food for the Good Shepherd Food Pantry in El Cajon.

“Protecting the plants from being eaten before a bountiful harvest will increase our ability to work on our goal to help end food insecurity”, said Gayle Mills, Garden SCCG board member in charge of maintenance and volunteers. “We really wanted to contribute to the community, so we began planting and donating produce,” Mills said. “Many of the plots didn’t have any fencing structures and the ones that did weren’t efficient. Our goal was

to construct a durable, stable and sustainable structure for the plots.”

SCCG volunteer and gardener Nancy Paige designed the structure’s blueprints and assisted in the building process. Although she does not have a formal engineering background she said “I’ve always really liked woodworking, sawing things, machines, things that come apart and figuring out how they work. I’d like to see other gardeners use my design but I also enjoy the diversity in others’ imagination.”

Blue Shield of California (BSCA), a mutual benefit corporation and health care plan, is particularly committed to community service, environmental sustainability and food insecurity and helped make this project possible.

Not only did 22 employee volunteers build three structures, but the company underwrote all the costs.

BSCA IT Product Manager Claire Doctor said, “Not only did this work help protect what is grown in these plots and help beautify the space, but the food



SCCG Board Member Kelly Wood (center) with some of the volunteers. (Courtesy photos)



Some of the volunteers providing their time and effort at San Carlos Community Garden.

that will be grown in those plots will later be donated to a local food pantry. I can’t think of a better way to spend a morning than showing up to a beautiful community garden with coworkers new and old, and working hard with members of the community to help support an organization that does such meaningful work.”

In addition to the three structures they built, the BSCA employees also harvested 61 sweet potatoes for the pantry and rolled up their sleeves to weed and mulch the Garden’s Orchard.

Alan Comstock and James Hyde, SCCG plot owners and regular volunteers, were also instrumental in the project’s completion and success, contributing countless hours of hands-on volunteerism.

“I was there when they started construction, so I started helping out,” Comstock said. “I figured this was something I could learn to do and something I could eventually build for my own plot.”

“Just initially the structures have been a really fun talking point around the community,” Hyde said. “I’m really optimistic about how they’ll work and all the food we’ll be able to continue to send to the food bank without interference from critters.”

Overall, the San Carlos Community Garden’s commitment to minimizing food insecurity brought together a corporation and individuals of all backgrounds, ages and woodworking abilities to work as a team. They remain hopeful that

these structures will maximize the Garden’s ability to help neighbors in need. What better way to “Grow Community”.

The SCCG is open to the public every Saturday from 9 -11 a.m.

Other events this month include:

- Storytime in the Garden: **Saturday, Nov. 11,** 10 - 10:30 a.m.
- Landscaping with Succulents: **Saturday, Nov. 18,** 9 - 10:30 a.m.
- Yoga in the Garden: **Sunday, Nov. 19,** 9 - 10 a.m.
- Produce Swap: **Saturday, Nov. 25,** 9:30 – 11 a.m.

Learn more at: [sancarloscommunitygarden.com](http://sancarloscommunitygarden.com).

*Editors note: Gayle Mills and the article’s writer, Jessica Mills, are related.*

# TACO TUESDAY

Take Taco Tuesday To A New Level!

## You don't need to think about your ads.

Call or text Heather to make your ad campaigns easy!  
951-296-7794 • [hfine@sdnews.com](mailto:hfine@sdnews.com)

### TACO TUESDAY SERVED UNTIL 8PM TJ Taco Special!

**\$1.50** Crispy Potatoe Taco  
**\$1.75** Pollo Asado . Al Pastor. Carnitas  
**\$1.99** Carna Asada. Fish Soft Taco

**Buy One Bean & Cheese Burrito Get Second One 1/2 OFF!**

**Open 7 Days**  
Mon - Fri - 7AM - 10PM  
Sat - 9AM - 10PM Sun. 9AM - 8PM  
Delivery - 9AM - 10PM  
619-229-1840  
5149 Waring Rd (located in the Grocery Outlet Center)

**EL ROBO**

**Times COURIER BEST OF 2022 MISSION TIMES COURIER**

### Ask About Our Taco Tuesday Special!

**CRACK TACO SHOP**  
Quality Mexican Food

SAN DIEGO 619.269.2828  
4242 CAMINO DEL RIO NORTH [cracktacoshop.com](http://cracktacoshop.com)

**Times COURIER BEST OF 2022 MISSION TIMES COURIER**



# Trinity Theatre Company brings the acting bug to Mission Valley

By VINCE MEEHAN

The acting bug has come to Mission Valley in the form of the Trinity Theatre Company, a local grass-roots theater group that has been operating in San Diego since 2012. The theater not only serves as an entertainment venue, but more importantly as a school for aspiring actors to learn the craft and cut some chops.

Sean Boyd is the artistic director and CEO at Trinity Theatre

Company (TTC) and runs the group with his brother Connor who serves as the associate artistic director.

Both brothers got into acting at a very early age and fell in love with the craft.

“I started doing youth theater at age 10 with my brother over at the Salvation Army Joan Kroc Center, and just knew right there, this is it!” Boyd said. “This is the environment I need to be in – a quirky little kid like myself, having those quirky little people around me I

think was exactly perfect; and that bug never wore off!”

The theater is located on the west end of the Westfield Mission Valley shopping center near the Outback Steakhouse and Target.

The shopping center was built over 60 years ago, so it comes with abstract old-school ideas such as ample parking and easy access. This makes the TTC one of the most convenient theaters to attend. Not only that, but there are numerous places to grab a bite before or after the show. This makes for a win/win situation for both the theater and the mall.

Boyd feels blessed to have been in the right place at the right time in securing this unorthodox locale for a theater, but he also has a “why not?” mantra that has served him his entire life.

“Luckily, we use a PO box right here and every time we were walking by and saw an empty venue we said ‘Why not? Why not that space?’ And everybody complains about parking in San Diego, well, we’ve got the best parking in San Diego! We just moved into this space on May 22nd, and started programing on June 14th. So it was a pretty fast turnaround in terms of getting the space ready to go for our youngest campers. And truly it’s been a nice synergistic opportunity, I think all the companies around us are happy to have us, we’re happy to be around them, the gelato shop right in front



Sean Boyd mans the soundboard at the theater. (Photos by Vince Meehan)



Brothers Sean and Connor at the concession stand.

of us is just delighted to serve gelato during the intermission break so it works well with them! Trinity Theater started back in 2012 – while I was still a senior in high school – and for a long time we would work with our communities to find venues that we could use as performance space. We performed with Community Actors Theater in City Heights, the Swedenborg Hall in University Heights, and the Tenth Avenue Arts Center in East Village Downtown; so we’ve been all over the map!”

The venue includes a stage that is 32 feet wide by 10 feet deep. It also features 62 seats, which will be mounted on risers for optimal viewing. TTC operates as a 501(c)(3) non-profit and includes education as a big part of its mission statement. It operates as a theater

school for the community as much as a performance venue. “Our mission is to unify friends, family and the community using theater and arts education as our facilitator,” Boyd added. “And we believe that anyone who has an interest and a passion for the arts should be able to participate regardless of past experience, so we’ve been very fortunate to merge the talents of the seasoned professional with the aspiring newcomer.” Boyd is Irish, and seeing as how he and his brother and father were so instrumental in getting the company off the ground, they decided to adopt the Celtic Trinity Knot design as their logo.

The trinity idea refers to the three pillars they aim to bring

SEE TRINITY THEATRE, Page 15

# Stay Healthy With Us!

# On The Farm!

~Full Service Deli

~Beer & Wine

~Nutritional



~Fresh Produce

~Meat Market

~Baked Goods

Order Pick-Up or Delivery



Follow Us On Social Media

## Thank You!

Mission Times COURIER

BEST OF

2022 MISSION TIMES COURIER

Voted Best

~Health Food Store

~Vitamin/Supplement Store



6386 Del Cerro Blvd.

619.287.1400

OPEN:

Sunday 9am-8pm

Monday-Saturday 8am-9pm



# Fall Talks at the Park lecture series enlightens public on many facets of nature

By KINDRA HIXON

This fall, the Mission Trails Regional Park (MTRP) Foundation is hosting Fall Talks at the Park, a lecture series exploring the natural environment and what we can do to give back to the world around us.

The community is invited to join our speakers at the Visitor Center for one (or all) of the lectures presented at the Visitor Center. Many thanks to our speakers who are generously sharing their knowledge with us: Bob Gordon, Millie Basden, Mark James, Patricia Simpson, and Cathy Handzel.

Fall Talks at the Park:

- Nov. 19, 10 a.m.: Hawk Talk with Bob + Huxley the Hawk
- Nov. 30, 6:30 p.m.: Taking iNaturalist to the Next Level at MTRP
- Dec. 14, 6:30 p.m.: Defending the Dark Film Showing + Stargazing on the Terrace

Whether you want to be a part of the solution to light pollution or meet an apex predator – there is a talk for everyone to enjoy. We are thrilled to be offering a seasonal lecture series at Mission Trails and encourage the community to get in touch if there are other presentations of interest. Stay tuned, we already have exciting speakers lined up for Winter! Learn more and register for these fantastic lectures at: [mtrp.org/events](http://mtrp.org/events).

Also, if you have friends and family visiting over the holidays, you can take them to Mission Trails to enjoy some of our free Trail Guide-led walks.

See Page 14 of this issue of the Mission Times Courier to learn more about our guided walk offerings.

—Kindra Hixon is stewardship manager, MTRP Foundation.



Bob Gordon and his friend Huxley the Hawk. (Photo by Phil Hwang)



### Senior Living

**Grand Opening New La Mesa Care Home**  
We are excited to announce that Silverlight Homes of La Mesa will be joining the Right Choice Senior Living network of Assisted Living Care Home Communities.

- Beautiful La Mesa Neighborhood Close to ALL
- Small Intimate Homelike setting • Experienced Team since 2008
- Reasonable Visitation Accommodations
- For photos, video tours please visit: [silverlighthomesllc.com](http://silverlighthomesllc.com)

Veteran Owned & Operated  
**619-246-2003** **NOW HIRING CAREGIVERS CALL NOW**

### RIGHT CHOICE

**SENIOR LIVING**  
Full Service Assisted Living Rates Starting at \$165 a day.  
We are saving families thousands of \$ per month  
[rightchoiceseniorliving.org](http://rightchoiceseniorliving.org)

**Make the Right Choice Senior Living**

Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care Homes and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see us today before making your final choice. Make the Right Choice Today.

We are excited to announce that Silverlight Homes of La Mesa will be joining the Right Choice Senior Living network of Assisted Living Care Home Communities.

Beautiful La Mesa Neighborhood Close to ALL, Small Intimate Homelike setting, Reasonable Visitation & Outings, Accommodations & Experienced Team since 2008 For photos, video tours please visit: <http://silverlighthomesllc.com/>

For more info call (619) 246-2003 or go to the [www.rightchoiceseniorliving.org](http://www.rightchoiceseniorliving.org).  
**NOW HIRING CAREGIVERS! CALL NOW!**

SAN CARLOS UNITED METHODIST CHURCH  
CONCERT SERIES PRESENTS

FOR UNTO US  
CHRISTMAS CONCERT

DECEMBER 8TH @ 7:00PM  
DECEMBER 9TH @ 4:00 PM

Join the Celebration Choir, the San Carlos Symphony, the Bell Tones, and conductor Michael Tyree as we rediscover the hope declared by the prophets and realized through the miracle of Christmas! Sing along to your favorite Christmas carols, reminisce with old classics, discover new favorites, and relive the Christmas story through God's gift of music. All SCUMC concerts are free to the public.  
A freewill offering will be taken after the concert.

**4BR/2.5BA/2277 SF**  
**Cul-de-Sac/Huge Lot**  
**San Carlos/\$981,300**

**4BR/2BA/1550SF**  
**Recently Upgraded**  
**Santee/\$869,000**

**Mary Jane Harris**  
**(619) 518-1159**  
Allison James Estates & Homes  
DRE#00890886

**Kassy & Lindy Kaiser**  
**(619) 265-0454**  
Keller Williams Realty  
DRE#01889763

# GET READY TO

If you're planning to buy or sell a home or property, we would like to help you put your plan in motion. Here are some properties that are currently on the market, but they'll be going fast. Give one of us a call! **It's your move....**

# MOVE



SERVICE DIRECTORY

**AUTOMOTIVE**

**Bee Line**  
• BRAKES • SINCE 1947  
• ALIGNMENT •  
• A/C SERVICE •  
• 30/60/90K Maintenance •

**10% OFF**  
W/ THIS AD  
(UP TO \$50 MAX FOR DISCOUNT)  
(excludes oil changes and  
OE Parts & Labor) May not be  
combined with any other offer.

2938 GARNET AVE., PACIFIC BEACH  
**(858) 273-2411**  
www.belinebrakes.com

**CLEANING**

**Cleaning Service**  
by Cecilia Sanchez  
Family owned & operated  
15 years experience.

Office, residential &  
vacancy cleanings

#1 vacation  
rental experts

Free estimates &  
excellent  
references

(619) 248-5238

**CARPET & TILE CLEANING**

**Service Kings**  
HOME SERVICES  
EST. 1991

WHERE YOU ARE  
TREATED LIKE ROYALTY!

Cleaning Carpet, Tile,  
Upholstery for over 28 years.

**CARPET CLEANING SPECIAL**  
**3 ROOMS \$129**  
25% OFF Tile & Grout Cleaning  
25% OFF restretching or carpet repairs  
Must mention ad. Some restrictions apply.

**619-677-6523**  
Or visit our website at  
www.servicekings.com

**COUNSELING**

**YOUR THERAPY ROOM**  
ONLINE THERAPY

TREATING:  
• People Pleasing  
• Codependency  
• Trauma  
• Toxic Relationships

**ANXIETY - BURN OUT**  
**OVERTHINKING/ SELF DOUBT**  
**WOMEN'S ISSUES**  
**LGBTQIA + ISSUES**  
**GENDER AFFIRMING CARE**

Yourtherapyrooms.com  
760-206-3287

**HANDYMAN**

**MARIO'S HANDYMAN SERVICES LLC**

Complete Home Repairs

- Painting • Electrical
- Carpentry • Decks
- Drywall • Flooring Repair
- Plumbing • Power Washing

Customer satisfaction.  
Insured & worker's comp

**CALL MARIO**  
**(619) 647-9606**

**HANDYMAN**

**RENT-A-HUSBAND**

HANDYMAN WITH  
30 YEARS EXPERIENCE

MANY SKILLS

HOURLY OR BID

PROMPT, AFFORDABLE,  
PROFESSIONAL  
INSURED

Ask for Bob  
619-742-0446

**LANDSCAPE/GARDEN**

**POINT LOMA LANDSCAPE**  
MAINTENANCE EXPERTS

Call Now For Free Estimate

Beach Cottages To Mansions  
Weekly • Biweekly • Monthly

Ca. St. Lic. #0783646 Insured

Billed Monthly • Check • Cc • Pay Pal

Readers Choice Award Winner

Helping the Peninsula grow for 25 years  
**(619) 523-4900**  
1998-2023 Silver Anniversary. 25 Years

**CROWN POINT CLIPPERS, INC.**  
TREE SERVICE  
FREE ESTIMATES!

- FINE PRUNING & THINNING
- ARTISTIC TREE LACING
- TREE & STUMP REMOVAL

CROWNPOINTCLIPPERS@GMAIL.COM

**(858)270-1742**  
Fully licensed and insured. Lic# 723867

SERVING THE LA JOLLA  
AREA FOR 40 YEARS

**PROPERTY MANAGEMENT**

**INVESTMENT SAFE**  
PROPERTY MANAGEMENT  
CA DRE #0124716

**RESIDENTIAL PROPERTY MANAGEMENT**

In the greater San Diego & North San Diego County areas

25+ years of Property Management in San Diego

New client special  
First Month Free  
MANAGEMENT  
Call Now!

Full Service Management  
Rent collection, maintenance,  
coordination & more!

Tenant Placement Services  
Find a tenant & write the lease

Asset Protection Plan  
Rental property counseling

**619-884-0906**  
www.investmentsafepropertymanagement.com

**NEWS**

**FICTITIOUS BUSINESS NAMES**

**NAME CHANGES**

**+ OTHER LEGAL**

**CALL US**  
**858-270-3103 X 115**

**PAINTING**

**Chuckie's**  
Painting Company

**(619) 795-9429**  
www.chuckiespainting.co  
chuckgjr@cox.net  
CA Lic. #925325

**PLUMBING**

**BILL HARPER PLUMBING.COM**

**Licensed Plumber**  
with years of experience in residential homes  
Prompt, Professional and Affordable  
Phone Estimates, Cash Discounts

**CALL BILL 619-224-0586**  
Lic #504044

**ideal**  
PLUMBING • HEATING • AIR • ELECTRICAL

**619-683-4583**  
**idealservice.com**

5161 Waring Rd, San Diego  
CA License #348810

**60 YEARS**

**ERLING RONDE PLUMBING COMPANY**  
Lic. 573106

**FAMILY OWNED & OPERATED  
BY A VIETNAM VET**

San Diego's Oldest  
Plumbing Company.  
Offering quality service &  
repair for 110 years.

**858-454-4258**  
5771 LA JOLLA BLVD #5  
ERLINGRONDEPLUMBING.COM

**VOICE LESSONS**

**Take virtual voice lessons with Susan Simmons.**

20+ yrs exp. MM-Voice.  
Come grow your voice.

Call/Text **(858) 349-8490**

**WINDOW CLEANING**

**Ray & Roger's**  
**WINDOW CLEANING**

Commercial & Residential

Tracks Screens Mirrors Skylights

30 Day Rain Guarantee  
Licensed & Insured • Free Estimates

**619.252.1385**

# Taking in the beauty of Mission Trails Regional Park during the fall months



Volunteers at Mission Trails Regional Park offer a variety of nature walks. Join free Trail Guide-led walk on Wednesday, Saturday, and Sunday mornings from the MTRP Visitor Center, and every second and fourth Saturday morning at the Kumeyaay Lake Campground. Other educational, fun walks include the Wildlife Tracking Walk (first Saturday of the month), Family Discovery Walk (third Saturday of the month), and Bird Walks, which will take place Nov. 17-18. All MTRP Trail Guide-led walks are free, including the Family Discovery Walk (pictured) and no registration is required. Learn more through the event calendar on the MTRP website at: [mtrp.org](http://mtrp.org). (Photos by Mark Foreman)

## COMMUNITY CLASSIFIEDS

### FOR SALE

Cleveland RTX Full Faced Wedge 58 degree \$50 Great Condition. Cleveland RTX Zipcore Wedge 54 degree with KBS graphite \$45 Great Condition. Call or text for photos 619-208-9459

### LESSONS

Sing! Sing! Sing! Take virtual voice lessons with Susan Simmons. 20+ yrs exp. MM-Voice. Come grow your voice. Call/Text (858) 349-8490.

### SERVICE

**BATHTUBS REFINISHED** like new without removal. Bath-tubs-Kitchen Sinks-Washbasins. Fiberglass and Porcelain. Over 25 years in San Carlos. Lic.#560438. 619-464-5141 (07/16)

**Keith Everett Construction & Handyman Services.** All phases of home remodeling & repair. Specialty in all types of fencing, decks & patio covers. No job to small. Senior discounts. Lic. #878703. 619-540-3963

**REAL ESTATE SHOWCASE**

Call 858.270.3103 to get your property featured today!

**MARIO'S**  
Mario's Handyman Service LLC  
Commercial & Residential Svc  
SERVING YOU SINCE 1986

**Plumbing, Painting, Electrical**  
**Concrete, Fencing, Carpentry**  
**Decks, Flooring, Tile,**  
**Complete Home Repair, Drywall,**  
**Power Washing, Quality Work**

**\*Worker's Compensation Insurance\***

**Mobile (619) 647-9606**  
**Office (619) 323-1474**

**COLEMAN**  
**MOVING SYSTEMS INC.**

Office/Residential | Free Wardrobe Use | Piano Moving  
Last Minute Moves | Packing/Unpacking  
Discount Packing Materials | Moving all over CA, AZ, NV  
7 DAYS A WEEK | FREE ESTIMATES FAMILY OWNED SINCE 1979

**619.223.2255** STU AND MATT COLEMAN  
BBB MEMBER | INSURED LIC #CAL T-189466

**Ready to Buy or Sell Real Estate?**

Sarah offers professional insight and guidance for buyers, sellers and investors throughout San Diego County. Call Sarah today for a no-obligation consultation!

*Sarah Ward* REALTOR® | DRE#01943308  
SARAH@SARAHDOESREALESTATE.COM

**858-431-6043**

**COLDWELL BANKER WEST**

©2022 Coldwell Banker Real Estate LLC. All Rights Reserved.  
Coldwell Banker® and the Coldwell Banker Logo are registered service marks owned by Coldwell Banker Real Estate LLC. Coldwell Banker Real Estate LLC fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Each office is independently owned and operated.



# Buyers are taking a look around at what is out there

**Real Estate Update**  
By SARAH WARD

After many months of continuous tiny increases, the ten-year treasury rate finally hit 5%, resulting in conventional mortgage rates nearing 8% and causing a housing sales slowdown. In the last month or two, many buyers vanished, throwing in the towel and hoping to try again in 2024 as an 8% mortgage is a difficult hurdle to clear.

In October we saw less sales and quite a few price reductions. But no sooner you're up when you're down again.

News of a slowing economy late last week with unemployment ticking up and job creation slipping caused the ten-year treasury (the base rate) to plummet almost half a percent and thus pull-down mortgage rates to 7.5% and even 7.25% with a buy down fee. Suddenly buyers are sticking their heads

out of the ground and having a look around.

I received a few calls this week from some of my buyers wanting to look at a couple properties and open houses. The ice may be thawing.

There are a ton of buyers out there on the sidelines, with excellent incomes and fatigue of renting; desiring to purchase a primary home. While a slowing economy is not ideal, it will at least bring down rates, (maybe even into the 6's!) and ramp up sales activity.

If the news of a slowing economy continues to unfold over the next few months and rates continue falling, I would expect a more robust local real estate market early next year. The only hitch will be inventory. As we have seen in the last year, homeowners are reluctant to give up their 3% mortgage rates and are electing to either stay in a property or rent it out, reducing the available homes for sale.

However, there are always certain sellers needing to sell for

various reasons (based on the 3 D's of debt, divorce, and death among other reasons such as moving out of state, etc.) and we could find ourselves again with new listings receiving multiple offers and prices pushing higher.

If you are interested in buying or selling next year, give me a call to discuss plans and options!

**MARKET REPORT (SINGLE FAMILY):**

- **College Area (92115):** October median price up 3% year over year to \$890,000 and with 65 homes for sale (a 40% increase).
- **San Carlos (92119):** median price up 10% to \$1,050,000 with 33 homes for sale.
- **Del Cerro/Allied Gardens (92120):** median price up 10%, year over year to \$1,138,000 with 36 homes for sale (a 16% increase).

—Sarah Ward is a REALTOR with Coldwell Banker West. Reach her at: [sarah@sarahdoesrealestate.com](mailto:sarah@sarahdoesrealestate.com).

## Trinity Theatre

CONTINUED FROM Page 12

together through their programming: friends, family, and community. This is a big part of their mission statement, as well as focusing on both youth and amateur theater fans that are looking for a way to break into the theater scene. Boyd says he makes it a point to reach out to under-represented areas of San Diego to find students that might slip through the cracks otherwise.

"We really think about the geographic barriers as a big piece and so a lot of our programs push out into different communities and areas. We're very fortunate to have partnerships with the South Bay Union School District, the Escondido Union School District, we've worked with San Diego Unified with the Level Up program through the San Diego Foundation so we can go directly into the

schools and provide students with the access right there without needing to drive to Mission Valley here. We also try to provide financially accessible opportunities so we do offer a number of programs for adults free of charge – our Living Room Readers Theater is one of our favorites – it allows artists to show up on Sunday with no reservation required. We'll put all of our characters into a hat for a random show that we've picked usually that day. So as artists arrive we say 'Read this, this is your character for today and good luck to ya!' And that's always a fun experience."

TTC is currently putting together a production of Charlotte's Web, which should be ready to perform within a few weeks. This promises to be a very popular play with unique costumes and sets, and the turnout is expected to be very robust.

Community participation is highly encouraged by Boyd in

many different aspects. "So we're a 501(c)(3) organization and we rely heavily on contributions so that we can continue to provide these free programs that give right back to the community," Boyd noted.

As with any non-profit, the need for donations is often matched with the need for volunteers who are key to making the program work. Trinity is now seeking dedicated volunteers to help with administration, front of house, lobby decorations, set builds, strikes, and more.

Anybody interested can reach out to [connor@trinityttc.org](mailto:connor@trinityttc.org) to learn more about getting involved. Boyd's answer to anyone who is interested in theater is to stop on by and talk to him. "Come! Come! And even if you're thinking maybe this isn't for you, try it! Try it! And we'll tell you that you should be here!"

For info go to: [www.TrinityTTC.org](http://www.TrinityTTC.org).

## ECYS perform

CONTINUED FROM Page 7

Youth Symphony. ECYS was founded sixteen years ago, and Christian is our first alumnus who was accepted to Juilliard" – said Alexandra Keegan, co-founder and artistic director of the East County Youth Symphony.

The show will take place Nov. 15, 7 p.m., at the Joan B. Kroc Theater (6611 University Ave.).

The program is:  
F. Mendelssohn  
Violin Concerto in e-moll  
- intermission -  
Symphony No. 3 "Scottish"  
ECYS Advanced Orchestra

Soloist  
Christian Gonzales  
(Juilliard School)  
conductor  
Alexandra Keegan  
Tickets are available at: [ECYSymphony.com](http://ECYSymphony.com).

Gonzales is establishing a multi-faceted career as a performer and educator. He is a graduate of the UCLA Herb Alpert School of Music and is currently a master's student at the Juilliard School under Areta Zhulla. Based in El Cajon, Gonzales started violin at the age of 10.

Membership in East County Youth Symphony is absolutely free, there are no fees or tuition required. It's open to all musicians,

ages 7 to 25, who wish to audition. Current members range from relative beginners to some of San Diego County's finest young musicians and come from 39 different schools.

Every musician in East County Youth Symphony upper divisions performs in a Symphony Orchestra. In addition, participation in ensembles and/or Chamber Orchestra is encouraged. All ECYS programs and ensembles are absolutely free.

The East County Youth Symphony orchestras rehearse weekly and perform 8-10 concerts a year, while the Chamber Orchestra and Ensembles perform year round at a variety of venues.

## MEET YOUR HOME & GARDEN PROFESSIONAL



### Renowned San Diego Native, David Hingeley, Cultivates Success with Crown Point Clippers Tree Service



David Hingeley, a true San Diego native and the visionary owner of Crown Point Clippers Tree Service, has established an unparalleled legacy in the world of tree care. His remarkable journey began in Jr. High School when he embarked on his first journey into the realm of tree care. Through unwavering dedication and tireless effort after school, during vacations, and weekends, he steadily nurtured his passion, which eventually led to the founding of his own business in 1979. Notably, he simultaneously served in the fire service for an impressive 31 years, showcasing his commitment to excellence.

Nestled in the scenic La Jolla area, Crown Point Clippers Tree Service caters to an esteemed clientele in La Jolla, Point Loma, Rancho Santa Fe, and across San Diego. The company's mission is to help clients rediscover the inherent beauty of their properties through meticulous tree trimming and a range of enhancement services. With a fervent belief in the transformative power of well-maintained trees, the company underscores their pivotal role in enhancing the visual allure of both residential and commercial landscapes.

David's extensive background in tree care and public safety positions Crown Point Clippers Tree Service as a premier provider. The company seamlessly melds proficiency and dedication to craft secure and breathtaking landscapes for its valued clientele. Recognized for their expertise in expert tree lacing and trimming, the company stands out as a beacon of quality in the industry.

For those seeking trusted and experienced tree care services in the Greater San Diego Area, Crown Point Clippers Tree Service emerges as a reliable partner. David Hingeley's journey from modest beginnings to a revered entrepreneur serves as an inspiring reminder that dedication, expertise, and a commitment to safety can pave the way to remarkable success.

Crown Point Clippers Tree Service (858) 270-1742

### Coleman Moving Systems, Inc.



Coleman Moving Systems has been relocating households and offices in the San Diego area since 1979. Local moving is our specialty. We provide experienced, fast, and efficient moving services.

Coleman Moving Systems is a professional moving company that is family owned and operated. We treat each move as if your items were our own. Our movers are full-time employees, and pride themselves with professional and personal assistance

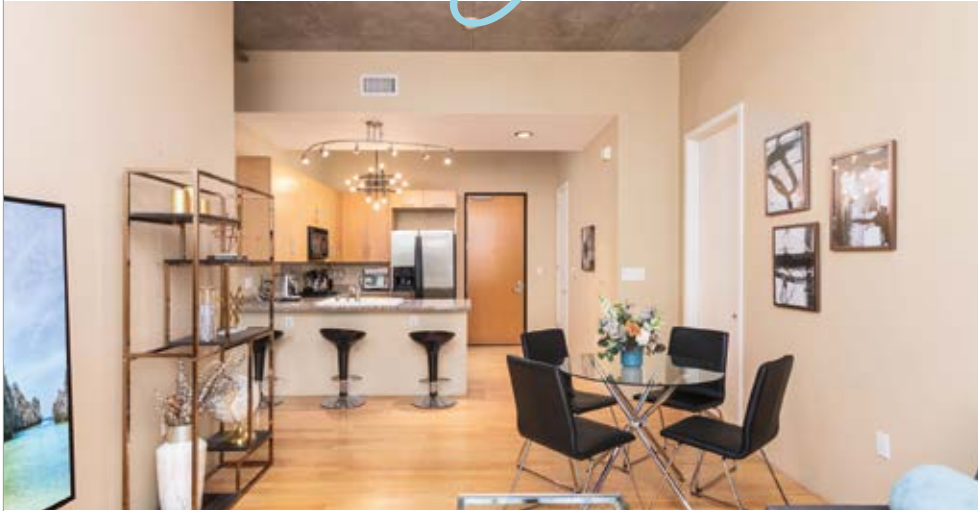
during each move. Some of our professional movers have been with us for 10+ years.

At Coleman Moving Systems we will pack, move, and unpack you if you wish. We do loading and unloading of pods or moving trucks. If you need furniture moved within your house, we can do that also. We also move pianos. Call us if you ever need something moved.

**Matt Coleman**  
Coleman Moving Systems, Inc.  
(619) 223-2255



# The *Best* Agent in 92115!



**FOR SALE: \$690,000**

1050 Island Ave #520 San Diego 92101



**IN ESCROW: \$1,140,000**

3131 Beven Drive Escondido 92027



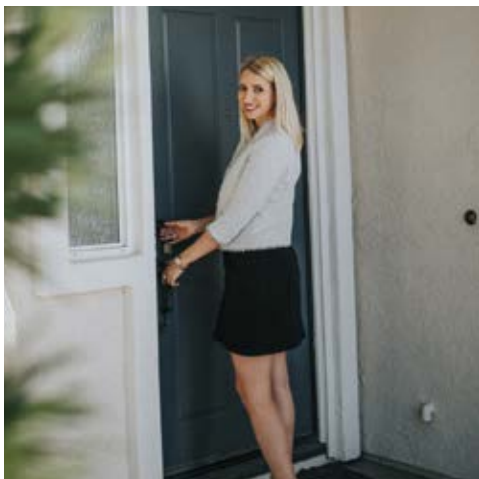
**SOLD: \$975,000**

9925 Osgood Drive San Diego 92126



**SOLD: \$1,165,000**

4731 El Cerrito Drive San Diego 92115



*Sarah Ward*

REALTOR® | DRE#01943308  
sarah@sarahdoesrealestate.com

858-431-6043

Ready to find your dream home, but not sure how to maximize the equity in your College Area home?

With this much money on the line, and so many tedious details to keep track of, you're right to want to approach this carefully.

Understanding your local market is an important part of a successful move. You deserve to get a strong return on investment and with the right information and preparation—you can!

My hands-on approach takes the stress and confusion out of selling your home because I sweat the small stuff—allowing you to stay focused on this move.

From start to finish, I work with you to help prepare your home, attract buyers, and facilitate a successful sale. Thanks to my proven system and passion for real estate, I've built a reputation for routinely providing a seamless and successful experience for my clients.



©2022 Coldwell Banker Real Estate LLC. All Rights Reserved.  
Coldwell Banker® and the Coldwell Banker Logo are registered service marks owned by Coldwell Banker Real Estate LLC. Coldwell Banker Real Estate LLC fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Each office is independently owned and operated.



**Call Sarah Today For  
Your Initial Consultation!**

**858-431-6043**