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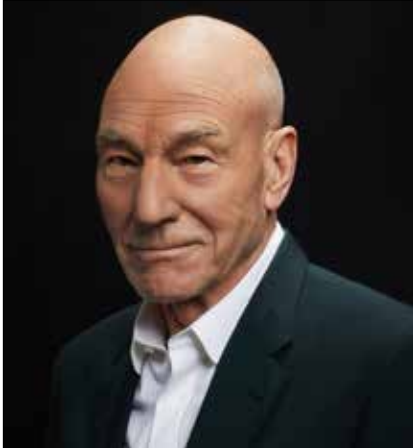
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THIS WEEK



The Social Diary:
Cheers to La Jolla spirits
SEE PAGE 9



An evening with
Sir Patrick Stewart
SEE PAGE 8



Stay strong and feel
younger with these tips
SEE PAGE 6



Little Amal greets children in Balboa Park on Saturday, Nov. 4. In partnership with La Jolla Playhouse's Without Walls program, San Diego Civic Youth Ballet, and San Diego Symphony, Little Amal went on an adventure in Balboa Park to celebrate the power of theater and the city's rich cultural diversity. Little Amal, the internationally celebrated 12-foot-tall puppet of a 10-year-old Syrian refugee girl, arrived in San Diego on Nov. 3 as part of her final stop during her epic 6,000-mile journey across the United States this fall. This week, she crossed the border to Tijuana and started a new journey through Mexico.

PHOTO BY THOMAS MELVILLE



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San Diego Humane Society is overcrowded with canines, adoptions needed

By DAVE SCHWAB

Overcrowding has led the San Diego Humane Society, which has set a record with canines in its care, to regularly offer special deals to help dogs in need of a second chance find new homes.

In the past year, SDHS, which serves nearly 70% of San Diego County, observed a 20% increase in lost pets not retrieved by their owners. SDHS noted families have relinquished their pets for a variety of reasons including escalating costs of care, insufficient housing options for pet owners, and limited access to veterinary care.

At least 400 dogs and 29 puppies are now ready for a new home and are available for adoption across the organization's campuses in Escondido, El Cajon, Oceanside, and San Diego.

Besides the 429 adoptable dogs and puppies, SDHS is currently caring for another 318 dogs, for a total of 747 canines. On Oct. 20, the organization set a new all-time high with 757 canines in care.

"We've never seen a year like this with dogs before," said Dr. Gary Weitzman, SDHS's president/CEO. "October was one of our highest months in history



Remi was rescued in March 2019, after being abandoned. COURTESY PHOTO

for dog admissions. These dogs need homes or foster homes, and we are asking the community to help provide second chances for them."

Adopting from SDHS serves a variety of purposes including:

- Helping create space in the shelter for other animals in need.
- Knowing you're getting an animal who has been properly assessed and cared for.
- Ensuring your pet has been microchipped, spayed/neutered, and vaccinated.
- Access to SDHS's services including an adoption guarantee,

"They gave us a bag of Purina Pro Plan and many other coupons and information to help us on our way with a new pet. From day one we fell in love with Bean, and Bean immediately loved all of us in return."

"She has become a full-fledged member of our family," continued Aburto. "Even Joey welcomed her too. He's now her big brother. They sunbathe together, go on walks together, play together, and patrol our yard together. She is so affectionate with all of us showering us with kisses and making us laugh with all her crazy antics. We are grateful to have found our perfect dog, or rather, dogs, at SDHS."

Kiran Vashishta talked about Remington "Remi," adopted from SDHS.

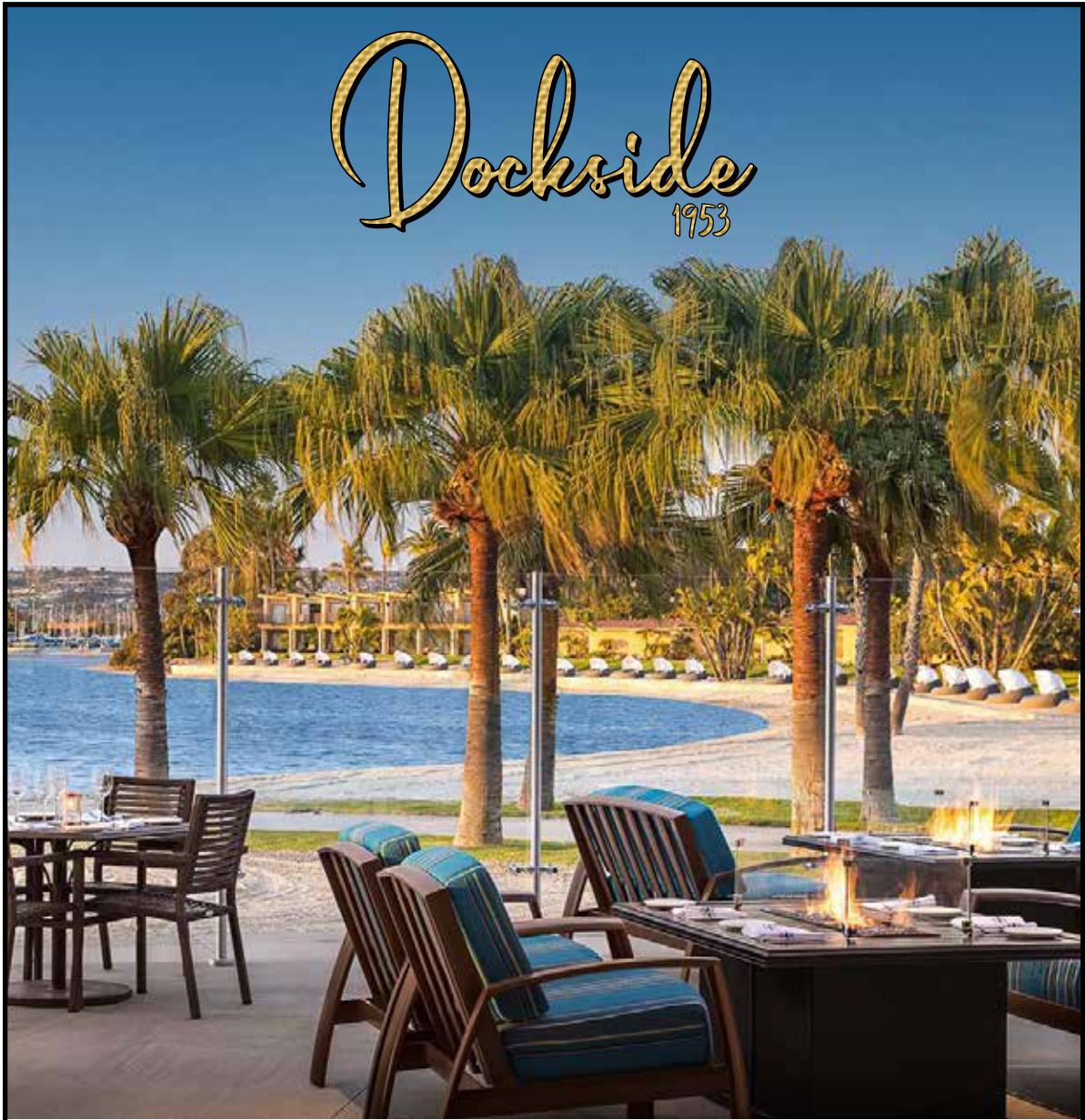

"Remi was rescued in March 2019, after being abandoned," said Vashishta. "Due to untold abuse and neglect, he was a skeleton weighing a meager 18 pounds who lacked the energy to stand up. Thanks to the time, effort, compassion, and dedication of countless staff at SDHS, Remi recovered medically and started to learn what it meant to be loved. SDHS frequently provided social media posts, pictures, and videos of this sweet boy, documenting his slow and

Adoption fees are 50% off for all kittens, puppies, and adult dogs, Nov. 7-12, thanks to Purina. To view animals available for adoption, visit sdhumane.org/adopt.

steady progress, which is how I first learned about him."

"When Remi was finally medically cleared in May of 2019, I had the privilege of adopting him," added Vashishta. "Everyone I encountered at SDHS was incredibly helpful and kind, and the staff set this first-time dog mom up for success by walking me through the quick and painless process of adoption. I was sent home with not only a goofy likes-to-lick-your-face pup but also access to several available resources and the knowledge that I had an unwavering partner in this rewarding adventure. Thanks to SDHS and their ongoing support, Remi's life was quite literally saved, and he is now thriving at nearly 60 pounds and has all the love, treats, playtime, and adventures he could ever want... and then some."

SDHS is open for walk-in adoptions Tuesday through Sunday, from 10 a.m. – 5 p.m. at its campuses in Escondido, El Cajon, Oceanside, and San Diego. Visit <http://www.sdhumane.org/adopt> to view animals available for adoption.



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LA JOLLA, LOWER HERMOSA Contemporized ranch home nestled behind a pair of extra-wide pivot doors – a steel street-front door and an all-glass front door posed at the end of a dramatic glass corridor – for privacy. Volume ceilings with open trusses top an open floor plan & glass doors show off its everything: grand living room, spacious dining area with bespoke fireplace, open kitchen with quartz waterfall island & abundant foliage.

4 BD | 3 BA | 2,829 SF | \$3,998,000



LA JOLLA, WINDANSEA Charming Windansea cottage on large, flat R-2 lot! 2020 renovations all-new kitchen, flooring, electrical with 200amp service, and HVAC system with ducting. Build two structures, enjoy as is, add an ADU; the sky is the limit!

Kim Caniglia 858.342.5298 3 BD | 3 BA | 1,298 SF | \$2,295,000



LA JOLLA, NORTH Breathtaking & romantic masterpiece set behind private gates on half-acre lot. Soaring ceilings & dramatic foyer bespeak welcome; 5 FPs, two offices, chef's kitchen, a movie room & a primary suite w/dual baths & closet-dressing rooms, surrounded by serene gardens & play space to complement & fulfill!

6 BD | 6.5 BA | 8,873 SF | \$5,998,000



PACIFIC BEACH, NORTH PB Charming 2023 remodel nestled in desirable north PB neighborhood in close proximity to sun-kissed beaches, the tranquil bay & lovely Kate Sessions Park. Opportunity to build upward for breathtaking bay, city & ocean views and an ADU for guests and/or passive income!

Natalie McGhie 619.559.8785 | 2 BA | 1 BA | 959 SF | \$1,800,000



PB, BASE OF MT SOLEDAD Contemporized home with majestic bay & ocean views & sparkling cityscape vistas; sprawling open ground floor & open stairs evoke the past mid-century. Partial ADU-build w/permits & approved plans for N-T promise of passive income.

3 BD | 2.5 BA | 1,717 SF | \$1,575,000



LA JOLLA, VILLAGE AREA Enjoy the lifestyle & your treasured solace in this single-story, end unit w/westward views of ocean & beach town, a fireplace lounge & breezy balconies to sit & sip coffee or martini toasts on cold or warm weather days.

2 BD | 2 BA | 1,359 SF | \$1,298,000

WHAT VETERANS DAY AND BEING A VETERAN MEAN

"Having spent over 20 years in the Navy Nurse Corps, I got to experience wonderful travels and meet incredible people in the service. Hopefully, I was able to leave a lasting mark with my service to fellow military members who were also serving. Plus, I met the love of my life, Bob, while stationed in Okinawa, Japan and married him in Hawaii a few years later. Great adventures." — Ellen Citrano, CDR, NC, USNR, Ret. (at right, in photo)

"As a veteran, I am part of a group that raised their hand to hold themselves to a higher standard. To willingly go whenever and wherever our country deemed necessary to provide for the safety and security of others. Veterans Day is a day to acknowledge all those who did this. Who committed to supporting our country by donning the uniform of the American fighting force that represents hope and freedom to the world. This day is a chance to say 'thank you' to all those who put the needs and security of our country before all else." — Sean Mulrooney, Commander, U.S. Navy Ret.

"Serving for nearly 27 years in the U.S. Army was a true honor and privilege. Knowing that I did my little part to develop better relationships with the citizens, service members, and diplomats of other countries is something that I feel very good about. I'm proud to be an Army veteran and the daughter of La Jolla-born Marine Corps Korean War veteran Rob Jackson, a Silver Star and Purple Heart recipient. I celebrate him on Veterans Day." — Jennie Jackson Werner, Chief Warrant Officer, U.S. Army Ret.

"To be a veteran is to have dedicated our most precious life commodity — time — knowing it may lead to the ultimate sacrifice. We believe that protecting our country,



Ellen Citrano, on right, spent over 20 years in the Navy Nurse Corps.

COURTESY PHOTO

our Constitution, and our fellow Americans is worth fighting and even dying for. Veterans Day, then, is a moment to reflect on the imperative of service. It should be used as an example to inspire others to serve their country or their communities, in or out of uniform." — Alexander Martin, Lt. Colonel, U.S. Marine Corps Reserve.

The San Diego LGBT Community Center announced this year's inductees into the Benjamin F. Dillingham, III & Bridget Wilson LGBT Veterans Wall of Honor. Since 2011, The Wall of Honor has recognized LGBTQ veterans with ties to San Diego. The 2023 inductees are:

- Daniel Kenneth Baggett, USN (he/him)
- Moses G. Beeman II, USMC (he/him)
- Roger C. Cornell, MD, USAF (he/him)
- Jimm Crouch, USN (he/him)
- Michael A. Dwyer, USA (he/him)
- Melissa Johnson, USAF (she/her)
- Carl Francis Moccacliche, USA (he/him)
- Turquoise Teagle, USN (they/them)
- Romie Lee Wilford, USN (he/they)

VETERANS DAY

Veterans Day ceremony at Mt. Soledad set for Nov. 11

By DAVE SCHWAB

The Mt. Soledad National Veterans Memorial will mark this year's Veterans Day on Saturday, Nov. 11 with a ceremony honoring the nation's veterans and commemorating the 50th anniversary of the Vietnam War from 11 a.m. to noon at Mount Soledad Memorial Park, 6905 La Jolla Scenic Drive South.

The event will feature two highly decorated veterans who served in Vietnam: former U.S. Attorney Robert S. Brewer Jr. and retired U.S. Navy Commander and former prisoner of war Henry James Bedinger. As an official partner of the United States of America Vietnam War Commemoration, an initiative authorized by Congress, the ceremony will honor the service and sacrifice of all veterans and their families, with special recognition paid to Vietnam-era veterans, prisoners of war, and those still missing in action.

The keynote speaker, Brewer, served in Vietnam as an Airborne Ranger and infantry officer in the U.S. Army. He received a Silver Star and two Bronze Stars for his heroic combat service.

Brewer went on to become a

prominent San Diego litigator after receiving his law degree from the University of San Diego School of Law. He then served as the Deputy District Attorney for Los Angeles County and Assistant District Attorney for California's Central District. On Jan. 16, 2019, he was sworn in as the United States Attorney for the Southern District of California.

This year's honoree and special guest speaker is Henry James "Jim" Bedinger, Commander, U.S. Navy (ret). Bedinger served in Vietnam as an A-4 Radar Intercept Officer aboard the aircraft carrier USS Constellation. On Nov 22, 1969, he was forced to eject over Laos. He was taken as a prisoner of war and was held at Hoa Lao for 1,223 days until his release through Operation Homecoming.

Bedinger continued to serve his country in various assignments, including at the Pentagon and with the Joint Chiefs of Staff. He retired on Aug. 1, 1989, from the Naval Training Center San Diego and continues to call San Diego home. He is also the author of "Patriot, Prisoner, Survivor: An American Family at War."

His book recounts his experiences of heroism, endurance, and the shared struggle in the fight for

MT. SOLEDAD NATIONAL VETERANS MEMORIAL

Mt. Soledad National Veterans Memorial stands high atop the coastal peak of Mt. Soledad in La Jolla. The memorial's mission is to honor our nation's veterans and preserve their legacy. It is the only Memorial to do so for both living and deceased veterans. More than 6,000 personalized tributes to their service and sacrifice, beautifully engraved on black granite plaques, are mounted on 14 curved walls encircling the base of the 29-foot-tall cross at its center. The memorial is located at 6905 La Jolla Scenic Drive South and is open daily from 7 a.m. to 10 p.m. For more information about Mt. Soledad National Veterans Memorial, visit soledadmemorial.org. The Mt. Soledad National Veterans Memorial is joining thousands of organizations under the United States of America Vietnam War Commemoration, established under the Secretary of Defense and authorized by Congress, as a commemorative partner to honor the 7 million Vietnam veterans, including those held as prisoners of war or are listed as missing in action. This commemoration highlights the service of our Armed Forces and pays tribute to the contributions made on the home front by the people of the United States during this conflict.

freedom. The book serves as a reminder of an individual's impact on the course of history.

You can learn more about the book at <https://bit.ly/46vNQVI>.

READ MORE ONLINE AT sdnews.com

HISTORY OF MT. SOLEDAD NATIONAL VETERANS MEMORIAL

At the height of WWII, Mt. Soledad was used as an observation point and radio transmission tower to monitor the real threat of Japanese sea forces and broadcast Easter Services to troops, connecting those serving at home and abroad a connection to home.

Since 1913, three crosses have been built on Mt. Soledad. The first was a simple redwood structure erected in 1913, torn down by vandals 10 years later. The second cross was built in 1923 from stucco over a wood frame. This cross, along with the first, was used as a gathering place for Easter Sunday. In 1952, the cross was destroyed in a windstorm.

The cross was erected as a lasting monument for service members who sacrificed their lives for the nation during the First and Second World Wars, and the Korean War. Just two years prior, the Mt. Soledad Memorial Association was created. The articles of incorporation were signed as the third cross was installed. This association would grow into what is now Mt. Soledad National



Veterans Memorial. The goal of the organization has always been to honor service members who honorably fought for the nation's freedoms, living and deceased.

In the 1990s, Mt. Soledad Memorial Association began construction on a new project, memorial walls, that would honor all veterans, regardless of status, rank, race, religion, or creed who protected our country. This project aimed to be a better, more focused, and permanent dedication than those held on Easter Sundays.

Architect James Alcorn came in and entered the preliminary designs for this newest wave of the memorial. His initial designs featured personalized black granite plaques, engraved with photos and information about the veteran being honored, mounted on walls ringing the center hill. This design was meant to encourage people to

walk around the memorial and understand the diversity of contributions that individuals in the armed forces made to safeguarding the country.

Alcorn's final design featured six low walls that radiated outwards from a pedestal that was marked with an American flag. The walkways in between these polished stone walls would be brick, and each wall would be filled with 3,200 engraved plaques made of black granite. This would bring visitors close to the acknowledgments and recollections of each individual veteran.

Each memorial plaque features one or more photos of the veteran listed. They would also include a summary that outlined the veteran's service record and insignia. These insignia could represent the branch of the military in which the veteran served, the American flag, or any other piece of memorabilia that represented that person.

Today, 14 walls encircle the center of the memorial, covered in nearly 6,000 plaques (and counting) honoring veterans from the Revolutionary War to present-day operations including the current war on terror. The Mt. Soledad National Veterans Memorial remains open to the public during normal Mt. Soledad Natural Park operating hours, and at no charge.

The Mt. Soledad National Veterans Memorial is privately owned, and remains 100% funded through the generosity of private donors, local and regional corporations, and members of the Mt. Soledad Memorial Association.

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Gentry Custom Architectural Ironworks and Furniture

If your taste runs toward European-style or wrought-iron furniture and décor for your home or garden, then Gentry Custom Ironworks in La Jolla is your place.

“Here we do custom ironworks in furniture and outdoor pieces like wall art, doors, gates and railings,” said Darya Soylu who, along with husband Azmi runs Gentry Custom Furniture, in existence since 1999 and now located at 7470 Girard Ave.

The Gentry collection offers items for outdoor dining, benches, oversized chairs, wall and window plantings, plant stands, hanging planters, coffee tables, patio accents and arbors and gazebos.

The company’s website at gentrys.us notes Gentry’s award-winning furniture line “finds its inspiration in the baroque periods of ornamental ironwork that decorate many of the great mansions and chateaus of Western Europe.”

Gentry Custom Ironworks was created and begun by the internationally renowned artist/designer Azmi Soylu. It started as a hobby before transforming into a full-blown business. It now encompasses thousands of different pieces and styles including furniture, decorative accessories and artistically-rendered utility items both beautiful and pragmatic. The Gentry collection gracefully combines metal with various imported woods and other materials, such as natural stone and glass, to create furniture that is both contemporary and timeless.

Darya said the choice for where else they wanted to go when they decided to move from Atlanta was easy. “La Jolla was our number one spot,” she said adding they moved there in April 2021 to Girard Avenue.

“Our prices are quite affordable,” she said pointing out the cost of items produced depends on “how much work is put into it” and whether it’s a “simple design or an artistic piece. We try to find a style of wrought iron that brightens the house, or restores the home’s historic design.” Fulfilling the expectations of customers is their top priority.

Gentry Custom Architectural Ironworks and Furniture
www.gentrys.us
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Renowned San Diego Native, David Hingeley, Cultivates Success with Crown Point Clippers Tree Service



David Hingeley, a true San Diego native and the visionary owner of Crown Point Clippers Tree Service, has established an unparalleled legacy in the world of tree care. His remarkable journey began in Jr. High School when he embarked on his first journey into the realm of tree care. Through unwavering dedication and tireless effort after school, during vacations, and weekends, he steadily nurtured his passion, which eventually led to the founding of his own business in 1979. Notably, he simultaneously served in the fire service for an impressive 31 years, showcasing his commitment to excellence.

Nestled in the scenic La Jolla area, Crown Point Clippers Tree Service caters to an esteemed clientele in La Jolla, Point Loma, Rancho Santa Fe, and across San Diego. The company’s mission is to help clients rediscover the inherent beauty of their properties through meticulous tree trimming and a range of enhancement services. With a fervent belief in the transformative power of well-maintained trees, the company underscores their pivotal role in enhancing the visual allure of both residential and commercial landscapes.

David’s extensive background in tree care and public safety positions Crown Point Clippers Tree Service as a premier provider. The company seamlessly melds proficiency and dedication to craft secure and breathtaking landscapes for its valued clientele. Recognized for their expertise in expert tree lacing and trimming, the company stands out as a beacon of quality in the industry.

For those seeking trusted and experienced tree care services in the Greater San Diego Area, Crown Point Clippers Tree Service emerges as a reliable partner. David Hingeley’s journey from modest beginnings to a revered entrepreneur serves as an inspiring reminder that dedication, expertise, and a commitment to safety can pave the way to remarkable success.

Crown Point Clippers Tree Service (858) 270-1742

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Coleman Moving Systems is a professional moving company that is family owned and operated. We treat each move as if your items were our own. Our movers are full-time employees, and pride themselves with professional and personal assistance during each move. Some of

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West Coast Electric Solutions, Inc



West Coast Electric Solutions, Inc. is a family-owned business, established in San Diego by Paul D'Agostino in 1979. At the age of 22, Chris Bailey began his apprenticeship with his father-in-law Paul, and became an official partner/owner in 2006. After Paul passed away in 2010, Chris took over the company entirely.

As a fully licensed and bonded company, West Coast Electric Solutions, Inc. provides both

residential and commercial needs to San Diego. The company is a team of 2, with Chris as a master electrician, and John as a journeyman electrician. Chris is a proud graduate of La Jolla High and John is a native San Diegan who graduated from Madison High.

West Coast Electric Solutions, Inc. would like to thank the residents of La Jolla for voting the company ‘Best Electrician in La Jolla’ for 13 consecutive years.

West Coast Electric Solutions, Inc. - wcesolutions.com (858) 565-7897 Lic# C10 #387080



Blue Ocean Window Cleaning

Introducing Paul and Charlene Pate, the owner and family behind Blue Ocean Window Cleaning. Paul and his wife Charlene reside in Pt. Loma and have been residents there for over 30 years. Charlene just retired after 35 years teaching at PLNU. Paul actively runs Blue Ocean Window Cleaning, a coastal focused window cleaning company now serving all of San Diego.

Blue Ocean Window Cleaning was established in Jan. 2010 as Paul faced extreme difficulty finding employment amidst the 2008 recession. With some experience in window cleaning, Paul began to distribute flyers to his neighbors offering inexpensive and immediate service. At the end of the first year, Blue Ocean Window Cleaning saw sales that far exceeded expectations.

It was clear that Paul had created something great. 13 years later Blue Ocean has become a service company that coastal communities and others have grown to love, respect and rely on. Blue Ocean now offers an array of services. Contact them by calling 619-450-6553 for a free estimate for window cleaning, solar panel cleaning, screen repairs, pressure washing & more. Paul now has office staff and a team of technicians trained in all services offered and they are fully insured.

Blue Ocean Window Cleaning
619-450-6553
Scheduling@Blueoceanwindowcleaning.com
blueoceanwindowcleaning.com

La Jollan inspires seniors on the ‘art of aging well’

By DAVE SCHWAB

Retired Wall Street executive Jim Owen is now in the business of teaching fellow seniors best practices on how to stay fit and live younger.

An 83-year-old La Jollan, Owen has authored books and filmed PBS documentaries reaching out to seniors and counseling them that, though you can't avoid growing older, you can remain mentally young.

The best-selling author behind “Cowboy Ethics,” Owen realized in his early 70s that the road ahead was shorter than the road behind. Which led him to embark on a journey to get into the best shape of his life so he could spend his remaining years with his wife of 50-plus years.

The Kentucky-born octogenarian noted he has had an epiphany of sorts since his business career in the financial investment world, which made him materially wealthy. “There was a lot of luck in my background managing money for a fee,” he noted adding, “I was in the right place at the right time catching a bull market with a tailwind behind me that started in 1982 and ran for 18 years. I caught a big wave.”

Noting he's a person who has “words that he lives by,” Owen disclosed what those words are. “One of my favorites is, ‘There's a very thin line between success and failure.’ And because of that, you better always give it



Jim Owen, an 83-year-old La Jollan, works out with weights.

COURTESY PHOTO

110% (effort). That's what separates you from other people.”

Owen's first two inspirational post-career moments came with his book “Just Move!: A New Approach to Fitness After 50”, and with the documentary “The Art of Aging Well,” which premiered on more than 20 PBS stations in 2020. Afterward, he quickly became a sought-after speaker and interview guest sharing his message that it is never too late to improve your health and live your best life.

As we head into 2024, Owen continues to inspire others with his latest film, a 30-minute documentary titled “SuperAgers: Getting Old and Living Young.”

Asked what the key is to living younger, Owens noted, after hitting the lecture circuit and turning age 70, that he was overweight and “had no energy. I was a mess physically.”

That's when he learned of statistics which showed, if you make it to 70, that most people have 15 more years to live. That thought, he acknowledged, was “life-changing” causing him to have only one goal, “to be 80 years young” saying to himself, “I'm disciplined and I'm going to do it.”

So Owen lost 35 pounds and I kept it off. “I couldn't do one push-up at 75,” he admitted. “I now can do 50, and my energy is back.”

Living younger has a lot to do with turning the clock back in your head, said Owen. “Some think of old age as, ‘Oh my God, my life is over,’” Owen said asking, “What kind of life is that?”

That thought led Owen to write his book about “super agers” and healthy aging. “I'm now in the inspiration business,” he said. “My job, my passion, is inspiring people to look



at themselves, look at the world around them, and say, ‘My best days are not behind me. My best days are ahead.’”

The advice Owen has to offer people about aging well in his books and documentaries is very simple. “Anyone can choose to live a happier, more fulfilling life: It's a choice,” he said. “I say I'm getting older, but I'm not old. Being in a good place has nothing to do with

wealth or social position. I don't know of anyone who is 80 or older who doesn't have medical issues. We all have loss, grief, and sadness in life. But there's a real joy in older people who have a sense of humor, which I call a ‘spark.’

Looking forward, Owen concluded people need to be thinking, “I want to be a better husband/wife, a better father/mother, and a better friend.”

La Jolla artist working on paintings inspired by California coast

By DAVE SCHWAB

It was no fluke that contemporary artist and designer Klara Chavarria chose La Jolla as the site for her new working art studio and gallery.

“I love nature and am so grateful to have natural beauty like that at La Jolla Cove, and I'm inspired by that,” said the Guatemalan-American visual artist, who set up shop at 7920 Ivanhoe Ave. about three months ago after moving from Prospect Street. “There is also a community, and a very nice group of artists and galleries here.”

Chavarria is now a fixture in the growing La Jolla art scene and was recently elected to the board of the La Jolla Village Merchants Association representing local artists and other entrepreneurs.

For more than a quarter-century, Chavarria has worked in different mediums, specializing in painting, while also being a graphic designer with over 20 years of experience. Her work is recognized internationally for



Klara Chavarria in her La Jolla art studio and gallery.

COURTESY PHOTO

its expressionist themes and human concepts dealing with anthropological concepts in symbolic and abstract forms. Her art explores themes of existence and the human experience, devoting thought to relationships, emotions, and nature.

That is evidenced on Chavarria's website at klarachavarria.com, which showcases her imaginative, thought-provoking, individualistic art. “It's figurative, abstract work and very expressive,” she said of her work adding, “I am interested in the human experience and

KLARA CHAVARRIA

Where: 7920 Ivanhoe Ave.

Info: klarachavarria.com,
305-282-2116.

condition. So a lot of my pieces have their own story, their soul. I want to focus on what unifies us, rather than what separates us. That's my interest.”

Born in Guatemala City, Chavarria relocated to the United States as a student.

She started her career in marketing and graphic design, having her own company for many years before devoting herself full-time to art. She has taught painting, drawing, and sculpture workshops at different venues nationwide.

Her work is part of the prestigious Museum Casa Santo Domingo Collection in Antigua, Guatemala, Central America. Her works are also in hundreds of international private collections including Spain, the United States, Guatemala, Netherlands, France, México, Monaco, Puerto Rico, Venezuela, Spain, and Argentina, among others. Her work was also

displayed at the Public Collection at the Museum of Science and Industry in Chicago, as well as at O'Hare International Airport.

For Chavarria, art is one of the purest forms of self-expression which she noted can be both “philosophical and intellectual.” She pointed out that nature is one of her favorite subjects to render through art. She said her art helped her “find my voice which I express through different pallets of color which include recognizable figures and landscapes, all very abstract.”

The contemporary artist welcomes the public to visit her La Jolla gallery where she is presently working on a new series of abstract paintings she said are “totally inspired by the California coast where I live. It's nature and the human concept together. I'm just bringing those two together.”

“We have so many environmental challenges in the world,” concluded Chavarria. “Nature, we are part of it. We need nature more than we think. And we're part of nature more than we think.”

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COMPASS



Bishop’s girls volleyball: Name bracelets and ‘team acknowledgments’

By ED PIPER

Bishop’s outside hitter Kaia Grieve talks about doing the “eye work”—reading where opposing hitters are, and where they’re going to be setting up—as she and her Knights teammates attack the net in their fine-tuned offense.

Fellow senior Nalani Muniz also thinks in advanced terms, about “what’s going on on the other side of the net” so that “we have good match-ups versus the blockers on the other team”.

Alongside the lethal, high-performance technical skills Grieve, Muniz, outside hitter Matsa Shi, and libero Anna Balsdon — each an All-Coastal Conference select-ee for 10-0 Bishop’s under 28-year coach Tod Mattox and first-year co-head coach Katie Meyers — exhibit, the four seniors also help to cultivate a relational, supportive culture within the team, whether it be coordinating as teammates on the court, or giving advice to underclassmen on schoolwork and life as a student.

Balsdon, the defensive specialist, says, “I’ve been a mentor for younger players.” She is interested in health science and anatomy, and is thinking of studying cell and molecular biology, or ecology and evolutionary biology in college.



Bishop’s players receive name bracelets and treats as co-head coach Katie Meyers shares them. PHOTO BY ED PIPER

After an intense Monday afternoon practice, teammates exchanged bracelets with each player’s name — “teammate acknowledgments” in Meyer’s parlance — and ate mini-ice cream cones, a refreshing treat after a nearly-two-hour workout closely monitored by Mattox, the “old silver fox”, who gruffly barks old-school pointers, alongside a more benign presence by Meyers, always smiling, who concentrates on team culture with her technical know-how.

Shi, a co-captain, is named after 2005’s Typhoon Matsa. Think MLB pitcher Hideo Nomo, “The Tornado.” Born in Shanghai, the 5 feet 9 inches tall outside hitter

plays libero for her club team. “It’s very easy to go from libero to outside,” she says, “You pass in both. You’re also a service receiver.”

“There are a lot of ups and downs during the season,” the projected economics/business major at D3 Tufts University next year said. “We’re able to fight back because we trust each other.”

Grieve said the team’s sleepover, escape room experience, and Arizona tournament trip played key roles in building relationships. Even Meyers says, “We spend a lot of time on team culture.”

READ MORE ONLINE AT sdnews.com

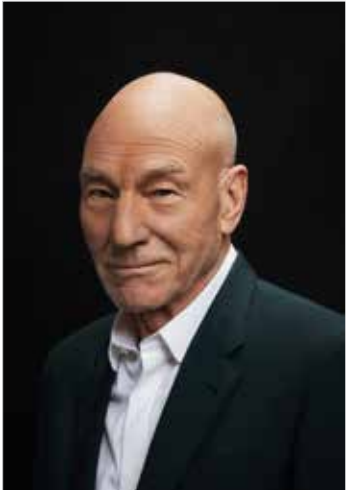
ArtPower at UC San Diego presents: An Evening with Sir Patrick Stewart

On Dec. 7, audiences are invited to join beloved actor Sir Patrick Stewart for an evening of inspiring conversation in celebration of his long-awaited memoir, “Making It So,” at 7 p.m. at The Balboa Theatre, 868 Fourth Ave.

From his acclaimed stage triumphs to iconic on screen work in the “Star Trek” and “X-Men” franchises, Stewart has captivated audiences around the world and across multiple generations. Now, he presents “Making It So,” a revealing portrait of an artist whose astonishing life—from his humble beginnings in Yorkshire, England to the heights of Hollywood and worldwide acclaim — proves a story as exuberant, definitive, and enduring as the author himself.

The intimate conversation will be facilitated by Barry Edelstein, The Old Globe’s Erna Finci Viterbi artistic director, and is presented by ArtPower at UC San Diego in partnership with Warwick’s Bookstore and the Arthur C. Clarke Center for Human Imagination.

“ArtPower at UC San Diego is delighted to present international-treasure and legend



Sir Patrick Stewart

of stage and screen, Sir Patrick Stewart,” said Colleen Kollar Smith, executive director of UC San Diego’s Campus Performances and Events Office. “Few artists can appeal so universally to art lovers and science enthusiasts alike. Evenings like this exemplify ArtPower’s commitment to connecting world-class artists and local experts, like Barry Edelstein, to the San Diego community. I look forward to a memorable evening of inspiration and storytelling.”

READ MORE ONLINE AT sdnews.com



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The Social Diary – Cheers to spooky La Jolla spirits!



Anseth Richards, fairy God mother for real, with skeleton Scott Johnston. Scott years back collected skeleton / body parts for real that washed up by The Marine Room....mystery never solved at the haunted shores! - Cheers



Jeanette Amen and Steve Martin, the conservative spirits - Cheers



The perfectly scariest makeup award goes to Taylor Miller and Paul Mears - Cheers



Mallory Eberlin at her baby shower with her beloved Ozzie! - Eberlin

By MARGO SCHWAB

Guests arrived on 'broomsticks' and by 'hearse,' it was an evening straight from the crypt as the Cheers National Foundation celebrated a very haunt couture Halloween evening at La Jolla Country Club. Martinis with floating fangs, cauldrons of creepy spirits and an esprit of haunting proportions. All for a great cause, "empowering women to live with vitality," thanks to the conceptualization and vigorous planning of Cheers President Anseth Page Richards. A legendary master of parties, it's no wonder she has her own Creative Occasions party planning.

NRG band rocked the house with such creatures of the night as Kathryn Murphy, Lisa Harrison of the popular Be Boutique on Ivanhoe, and Kristi Pieper. Meanwhile up in La Jolla Farms, a home used for epic Halloween parties for kids, as well as Papillion rescue parties replete with dogs jumping in the pool, was host to a long-awaited moment. Owner Jule Eberlin included friends for an over-the-top baby to be celebration for her daughter Mallory and partner Austin Cook. Speaking of babies, my cover shot is with Bettina Borrelli at Cheers. Bettina not only has her own massage therapy biz and real estate biz, she also is a very busy doula!



Margo and Bettina - Cheers



Mimi Swenson and Kerri Smith, the best 'bewitching' gal and friend of The Rainforest Alliance - Cheers

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9018063 Fictitious Business Name(s) a.LSD36.COM b. EVENT TACTICS, 975 ½ DIAMOND ST, SAN DIEGO, CA 92109 Is registered by the following: a.MICHAEL PATRICK MCGRATH This business is conducted by: AN INDIVIDUAL The first day of business was: 8/1/2023 Registrant Name: a.MICHAEL PATRICK MCGRATH TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: AUGUST 31, 2023 ISSUE DATES: October,20 ,27, November 3 & 10

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9020877 Fictitious Business Name(s) a.MAEVA TOURS, 8121 VALDOSTA AVENUE, SAN DIEGO, CA 92126 Is registered by the following: a. MAEVA TARACHU-McNICOL, This business is conducted by: AN INDIVIDUAL The first day of business was: 03/05/1997 Registrant Name: a. MAEVA TARACHU-McNICOL, TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 11, 2023 ISSUE DATES: October,20 ,27, November 3 & 10

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021035 Fictitious Business Name(s) a. DELISH MEAL PREP, 2122 CORTE CONDESA, CHULA VISTA, CA 91914 Is registered by the following: a. ANNE E HARDIN This business is conducted by: AN INDIVIDUAL The first day of business was: 10/12/2023 Registrant Name: a. ANNE E HARDIN , TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 13, 2023 ISSUE DATES: October,20 ,27, November 3 & 10

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2023-9018362 Fictitious Business Name to be Abandoned: a.ABBAS, JENSON & CUNDARI CPA'S, 3131 CAMINO DEL RIO NORTH #360, SAN DIEGO CA 92108 The Fictitious Business name referred to above was filed in San Diego County on:01/05/2016 and assigned File No. 2016-000269 Fictitious Business name is being abandoned by: a. TOMMY GERALD ABBAS b. CHRIS CUNDARI This business is conducted by: A GENERAL PARTNERSHIP I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) Registrant name: a. TOMMY GERALD ABBAS b. CHRIS CUNDARI . Title of officer, if limited liability company/corporation. The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: SEPTEMBER 6, 2023 . ISSUE DATES: October,20 ,27, November 3 & 10

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2023-00045330-CU-PT-NC SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: Superior Court of California, County of San Diego: 325 S Melrose Drive,Vista, CA 92081 BRANCH NAME: NORTH COUNTY COURTHOUSE . TO ALL INTERESTED PERSONS: 1. Petitioner (name) SARAH JEAN DERRYBERRY filed a. petition with this court for a decree changing names as follows: Present name: a. SARAH JEAN DERRYBERRY to proposed name: SARAH JEAN HESSINGER-DERRYBERRY THE COURT ORDERS that all persons interested in this matter appear before the court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date:12-29-23 TIME: 8:30 AM DEPT: 25. a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: October 19, 2023 . JUDGE OF THE SUPERIOR COURT Brad A. Weinreb ISSUE DATES October 27, November 3, 10 & 17 Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objection to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2023-00045605-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: Superior Court of California, County of San Diego: 330 W. BROADWAY, SAN DIEGO, CA 92101 BRANCH NAME: HALL OF JUSTICE COURTHOUSE . TO ALL INTERESTED PERSONS: 1. Petitioner (name) BETTYANN DENT GROUT filed a. petition with this court for a decree changing names as follows: Present name: a. BETTYANN DENT GROUT To proposed name: BETTYANN GROUT GAGE THE COURT ORDERS that all persons interested in this matter appear before the court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 12-06-23 TIME: 8:30 AM DEPT: 61; a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: OCTOBER 20 2023 . JUDGE OF THE SUPERIOR COURT Michael T. Smyth ISSUE DATES:October 27, November 3 , 10 & 17Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objection to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the

Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9020158 Fictitious Business Name(s) a.SILVERSTAR ENTERPRISES, 4772 JELLETT ST, SAN DIEGO, CA 92110 Is registered by the following: a. RANDY PAUL STUBBS This business is conducted by: AN INDIVIDUAL The first day of business was: 09/01/2023 Registrant Name: a. RANDY PAUL STUBBS , TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 02, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9020648 Fictitious Business Name(s) a.ROBERTO'S TACO SHOP, 1155 SCOTT STREET, SAN DIEGO, CA 92106 Is registered by the following: a. AUTHENTICA MEXICAN FOOD, INC This business is conducted by: A CORPORATION The first day of business was: N/A Registrant Name: a.AUTHENTICA MEXICAN FOOD INC, TITLE of Officer, if Limited Liability Company/Corporation Title of Signor MICHAEL DE LA ROSA, CHIEF FINANCIAL OFFICER The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 06, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021241 Fictitious Business Name(s) a. SAVOR NUEVA ITALIA COCINA MEXICANA, 2422 SAINT ANNE DR, EL CAJON CA 92019 Is registered by the following: a. ARELI GARCIA VELENCIA b. CARLOS MARTINEZ ROMERO This business is conducted by: A JOINT VENTURE The first day of business was: N/A Registrant Name: a. ARELI GARCIA VELENCIA b. CARLOS MARTINEZ ROMERO , TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 17, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021437 Fictitious Business Name(s) a.ANCIENTMODERNE, 8632 MELROSE AVE, LOS ANGELES, CA 90069 Is registered by the following: a. CHIC FRENCH NIGHT, INC This business is conducted by: A CORPORATION The first day of business was: N/A Registrant Name: a. CHIC FRENCH NIGHT, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor GABRIEL SALZMANN, SECRETARY The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 18, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021354 Fictitious Business Name(s) a.EL DAZA TAQUIZAS, 1144 13TH STREET APT199, IMPERIAL BEACH, CA 91932 Is registered by the following: a. ALEJANDRA BURGOS b. DAVID DATZAEI SOLORIO GONZALEZ This business is conducted by: CO PARTNERS The first day of business was: 10/18/23 Registrant Name: a.a. ALEJANDRA BURGOS b. DAVID DATZAEI SOLORIO GONZALEZ TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 19, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021435 Fictitious Business Name(s) a.CHURROS EL CHICO, 2178 HARRISON AVE, SAN DIEGO, CA 92113 Is registered by the following: a. FRANCISCO VAZQUEZ HERNANDEZ This business is conducted by: AN INDIVIDUAL The first day of business was: 10/18/23 Registrant Name: a. a. FRANCISCO VAZQUEZ HERNANDEZ TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 19, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021433 Fictitious Business Name(s) a.BUTTERFLY RESIDENTIAL & COMMERCIAL CLEANING SERVICES, 625 S. JOHNSON AVE, EL CAJON, CA 92020 Is registered by the following: a. LIDIA PEREZ This business is conducted by: AN INDIVIDUAL The first day of business was: 10/12/23 Registrant Name: a. LIDIA PEREZ TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 19, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9019936 Fictitious Business Name(s) a. PROTRANSLATE ,812 HAVENHURST POINT, LA JOLLA, CA 92037 Is registered by the following: a. HAVENHURST INVESTMENTS, LLC. This business is conducted by: A. LIMITED LIABILITY COMPANY The first day of business was: 02/05/2014 Registrant Name: aa. HAVENHURST INVESTMENTS, LLC. Officer, if Limited Liability Company/Corporation Title of Signor GLADYS A GARCIA, MANAGER The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: SEPTEMBER 27 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021503 Fictitious Business Name(s) a. SOCIETY BILLIARDS CAFE b. SOCIETY BILLIARDS ,1051 GARNET AVENUE, SAN DIEGO CA 92109 Is registered by the following: a.AMERICAN HIGH, INC, A CALIFORNIA CORPORATION This business is conducted by: A. CORPORATION The first day of business was: 11/14/1989 Registrant Name: a.AMERICAN HIGH, INC, A CALIFORNIA CORPORATION Officer, if Limited Liability Company/Corporation Title of Signor Oved Haskal, President The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 19, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021584 Fictitious Business Name(s) a.REVAMPLIFY, 3711 INGRAHAM ST #4, SAN DIEGO, CA 92109 Is registered by the following: a. KUMBIRAY TAFADZWA MURINDA This business is conducted by: AN INDIVIDUAL The first day of business was: 10/14/23 Registrant Name: a. . KUMBIRAY TAFADZWA MURINDA TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021263 Fictitious Business Name(s) a. BALI HAI RESTAURANT, 2230 SHELTER ISLAND DRIVE, SAN DIEGO CA 92106 Is registered by the following: a.SHELTER ISLAND INC This business is conducted by: A. CORPORATION The first day of business was: 08/15/1953 Registrant Name: a.SHELTER ISLAND INC Officer, if Limited Liability Company/Corporation Title of Signor Susan H Baumann, President The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 17, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021264 Fictitious Business Name(s) a. TOM HAM'S LIGHTHOUSE, 2150 HARBOR ISLAND DRIVE, SAN DIEGO CA 92101 Is registered by the following: a. SHELTER ISLAND INC This business is conducted by: A. CORPORATION The first day of business was: 11/01/1971 Registrant Name: a.SHELTER ISLAND INC Officer, if Limited Liability Company/Corporation Title of Signor Susan H Baumann, President The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 17, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021722 Fictitious Business Name(s) a. MAYDAY, 1156 BROADWAY, EL CAJON, CA 92021 Is registered by the following: a.MAYDAY TOWING, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: October 1, 2023 Registrant Name: a.MAYDAY TOWING, LLC Officer, if Limited Liability Company/Corporation Title of Signor Majed Adel Fahad Nemat, President The statement was filed with Jordan Z. Marks, ,

Jr. Recorder/County Clerk of San Diego County on: OCTOBER 24, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021772 Fictitious Business Name(s) a.CLEARSTEM b. CLEARSTEM SKINCARE, 7440 GIRARD AVE #9, LA JOLLA, CA 92037 Is registered by the following: a. CLEARSTEM SKINCARE INC This business is conducted by: A. CORPORATION The first day of business was: 07/01/2016 Registrant Name: a.SHELTER ISLAND INC Officer, if Limited Liability Company/Corporation Title of Signor DANIELLE GRONICH, CEO The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 24, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021530 Fictitious Business Name(s) a.BROS EXPRESS, 573 LA RUE WAY, EL CAJON, CA 92021 Is registered by the following: a.MHSD TRANSPORTATION, INC This business is conducted by: A. CORPORATION The first day of business was: 10/20/2023 Registrant Name: a.MHSD TRANSPORTATION, INC Officer, if Limited Liability Company/Corporation Title of Signor MICHAEL HANNA, CEO The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: November 3 , 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9020709 Fictitious Business Name(s) a. VAL'S PALS, 4902 ELSA RD, SAN DIEGO, CA 92120 Is registered by the following: a. VALERIE JETTER This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. VALERIE JETTER Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 09, 2023 ISSUE DATES: November 3 , 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021590 Fictitious Business Name(s) a. THE HANDY CARPENTER - SAN DIEGO, 3422 PALM AVE #1, SAN DIEGO, CA 92154 Is registered by the following: a.PRISCILLA CARMELO This business is conducted by: AN INDIVIDUAL The first day of business was: 04-1-2022 Registrant Name: a.PRISCILLA CARMELO Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: November 3 , 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021520 Fictitious Business Name(s) a. GIANT SEQUOIA JOURNEYS, 3750 MONROE STREET, CARLSBAD, CA 92008 Is registered by the following: a. GIANT SEQUOIA MARKETING, INC This business is conducted by: A CORPORATION The first day of business was: 08/25/2023 Registrant Name: a. GIANT SEQUOIA MARKETING, INC Officer, if Limited Liability Company/Corporation Title of Signor Gabriela Franco Sharples, President/CEO The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: November 3 , 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -90211621Fictitious Business Name(s) a. ABBAS, DUTSON -CUNDARI CPAS, 3131CAMINO DEL RIO N SUITE 360, SAN DIEGO, CA 92108 Is registered by the following: a. JEREMY DUTSON b. CHRIS CUNDARI c. TOMMY GERALD ABBAS This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: 08/17/2023 Registrant Name: a. JEREMY DUTSON b. CHRIS CUNDARI c. TOMMY GERALD ABBAS Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 21, 2023 ISSUE DATES: November 3 , 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9022001 Fictitious Business Name(s) a. LECOURT VINEYARDS, 16270 HIGHLAND MESA DRIVE, ESCONDIDO, CA 92025 Is registered by the following: a. R & J SPIRITS, INC This business is conducted by: A CORPORATION The first day of business was: N/A Registrant Name: a. R & J SPIRITS, INC Officer, if Limited Liability Company/Corporation Title of Signor JOSHUA MCCOURT, President The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: November 3 , 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9022156 Fictitious Business Name(s) a.PACIFIC COAST ASH SCATTER, 3377 CHEYENNE AVE, SAN DIEGO, CA 92117 Is registered by the following: a. ECO DEVELOPMENT GROUP, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 10/01/2023 Registrant Name: a. ECO DEVELOPMENT GROUP, LLC Officer, if Limited Liability Company/Corporation Title of Signor ERIC REED, MANAGING MEMBER The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 30, 2023 ISSUE DATES: November 3 , 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9022169 Fictitious Business Name(s) a. KIDS CHAWACHTER ART, 4485 GRANGER ST, SAN DIEGO, CA 92107 Is registered by the following: a. WILLIAM A MUFFAT business is conducted by: AN INDIVIDUAL The first day of business was: 10/28/2023 Registrant Name: a. WILLIAM A MUFFAT Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 30, 2023 ISSUE DATES: November 3 , 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9022183 Fictitious Business Name(s) a. SAN DIEGO STAGE RENTAL, 962 LA SOMBRA, SAN MARCOS, CA 92078 Is registered by the following: a. PETER HURLEY business is conducted by: AN INDIVIDUAL The first day of business was: 10/30/2023 Registrant Name: a. PETER HURLEY Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 30, 2023 ISSUE DATES: November 10, 17, 24 & December 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021548 Fictitious Business Name(s) a. OVERTIME VENDING, 4079 GOVERNOR DRIVE #5140, SAN DIEGO, CA 92122 Is registered by the following: a. JESUS ANTONIO SANCHEZ business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. JESUS ANTONIO SANCHEZ Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: November 10, 17, 24 & December 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9022469 Fictitious Business Name(s) a. JERMAINE AMIR RANSOME b. MAJOR LEAGUE HOLDINGS, 9076 BERKVIEW LANE, SPRING VALEY, CA 91977 Is registered by the following: a. JERMAINE AMIR RANSOME business is conducted by: AN INDIVIDUAL The first day of business was: 11-03-23 Registrant Name: a. JERMAINE AMIR RANSOME Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 3, 2023 ISSUE DATES: November 10, 17, 24 & December 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9022340 Fictitious Business Name(s) a. NORTH POLE CHRISTMAS TREES, 4757 PALM AVE, LA MESA, CA 91942 Is registered by the following: a. INDEPENDENT SOLAR business is conducted by: A CORPORATION The first day of business was: N/A Registrant Name: a. INDEPENDENT SOLAR Officer, if Limited Liability Company/Corporation Title of Signor ANDREW AQUINO, CEO The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 1, 2023 ISSUE DATES: November 10, 17, 24 & December 1

City announces funding opportunity to elevate arts-based projects in communities

The City of San Diego has launched a new opportunity for local artists and organizations to create change-making projects that reflect local communities through Impact, a funding program for artists and nonprofit organizations. Impact aims to address systemic challenges in arts and cultural ecosystems and forge new paths to transform communities through the arts, in alignment with City priorities and its adopted Strategic Plan.

Guidelines for the pilot funding opportunity are available on the City's Arts and Culture webpage, and the deadline to apply is 8 a.m. on Nov. 13.

The Impact pilot program will offer phased funding up to \$100,000 over 18 months from Jan. 1, 2024 – June 30, 2025, to 10 collaborations comprised of artists and organizations. Funding awards will serve as a resource for lead

artists and nonprofit organizations based in San Diego Communities of Concern and the San Diego Promise Zone and its collaborative partners. The purpose is to develop and implement change-making innovative projects within these designated geographic boundaries connecting heritage, sustainability and justice — three areas identified by the City as having the most significant potential for impact and community value.

"In a time of increasing challenges in the arts and cultural ecosystems, the need for new ideas could not be more apparent. Accelerating costs of creating and producing work, growing threats to cultural heritage, and persistent injustices all underscore the need for shifts in approach," said Jonathon Glus, Executive Director of Arts and Culture. "Transforming the creative future of our city will

require new voices and models for change-making, and this Impact pilot is a way to uplift this work in areas of the City prioritized for investment."

Impact is made possible by Transient Occupancy Tax (TOT), a tax collected from visitors who stay overnight in hotels, motels and other similar accommodations.

Each funded collaboration will produce a project to inspire others locally, regionally, nationally and bi-nationally. An essential outcome of Impact is that learnings and results can be shared with the communities centered in the project and the arts, cultural and creative sectors. Awardees will also benefit from networking and learning opportunities throughout their project term.

"We know that artists and organizations are hard at work in the gaps between and often outside traditional systems. This is an

opportunity for visionary artists and organizations doing unique work in the community to make a potentially significant, lasting impact on society's most pressing challenges in the arts, cultural and creative sectors," said Chief of Civic Art Strategies Christine Jones.

The pilot includes several features designed to streamline the application process and make the opportunity accessible to artists and small organizations in San Diego-designated Communities of Concern or the San Diego Promise Zone. This pilot does not require applicants to provide a funding match, and applications will be accepted through a shortened

application process. Applicants will complete an eligibility survey before completing a full application for consideration.

Free online resources and assistance are available to potential applicants. Visit the Impact Resources webpage for resource offerings and an office hours calendar.

The City of San Diego advances and drives an equitable and inclusive creative economy and cultural ecosystem by investing in the work of artists and creatives and the institutions and systems that amplify creative work and experiences. To learn more, visit sandiego.gov/arts-culture.

Crown Point author writes true story of Irish refugee

By DAVE SCHWAB

Local attorney Dan Lawton's first nonfiction book, "Above the Ground: A True Story of The Troubles in Northern Ireland," tells the story of Irish refugee Kevin Barry Artt during the Irish "Troubles."

The Troubles were an ethno-nationalist conflict in Northern Ireland that lasted from the late 1960s to 1998. The conflict is usually deemed to have ended with the Good Friday Agreement of 1998, which ended most of the violence of the Troubles. The agreement restored self-government to Northern Ireland on the basis of "power sharing," and it included the early release of paramilitary prisoners, followed by demilitarization.

Artt, charged with possession of firearms and the 1978 murder of the Deputy Governor of Maze (he was ultimately cleared) and numerous other IRA political prisoners had been held in the supposedly escape-proof HM Maze Prison in Northern Ireland. They fled the facility in what has become known as "The Great Escape." Artt and three other escapees successfully escaped only to be arrested in the United States between 1992 and 1994. They all fought lengthy legal battles against extradition.

In 2000 the British government withdrew extradition requests for Artt and two others, who officially remained fugitives. But in 2003, Artt and his colleagues were finally informed by the British

government that they were no longer being "actively pursued."

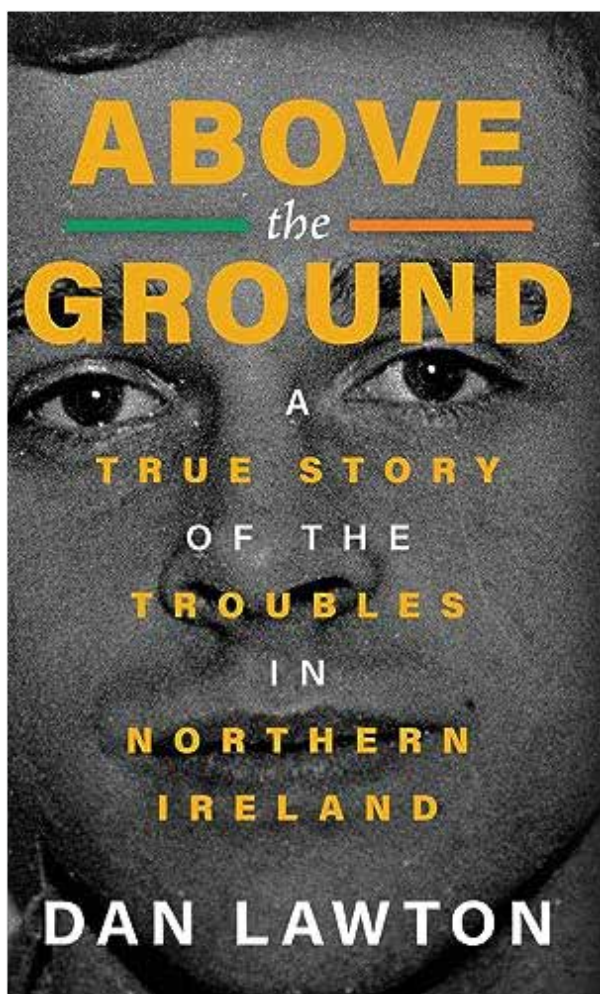
"Above the Ground" is a gripping account of one of the darkest periods in Northern Ireland's history, a tale of survival and redemption for an innocent man (Artt). Themes of injustice, perseverance, and hope emerge in the

piqued his interest because he felt "the American media didn't do a good job" of explaining who the Irish opposition leaders to British rule were, and what exactly they'd done. "Men (prisoners) were starving themselves to death, and why was (Prime Minister) Thatcher's government insisting on treating them the way they did?" asked Lawton adding, "All of that was new to me. How does an innocent man get falsely convicted?"

"One of the goals with this book is to try and explain the Troubles to an American audience in a way they can understand without being overwhelmed with the alphabet soup of the jargon used describing the Troubles," continued Lawton. "It can be confusing if not explained well. I also think some of the issues I deal with in this book are timeless."

Extensive research was done by Lawton on his first book. "I traveled to Ireland several times to collect documents and interview witnesses," he said. "I looked at every page of all of the court records in both of the legal cases — 125 banker's boxes. All the interviews, the review, and analysis of all the documents took some time."

What does Lawton want readers to come away with from reading his inaugural novel? "I want to tell people a unique story about an innocent man who was unjustly imprisoned in a high-security prison in Europe, and ultimately was vindicated against all odds," he concluded. "It's truly a David and Goliath story, one that has timeless elements."



story of Artt's ultimate escape and struggle against an unjust legal system and two mighty legal adversaries — the British and U.S. governments.

Lawton, a Crown Point resident who grew up in Orange County, is a practicing attorney with the law firm of Klinedinst San Diego. He learned about Artt and the Troubles "from scratch" while in college, and the drama of the Maze prison escape and its aftermath

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Fill in the blank cells using number 1 to 9. Each number can appear only once in each row column and 3x3 block. Use logic and process elimination to solve the puzzle.

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1. Happen again	26. Made empty	munify
8. Large flightless birds	30. Fishing net	47. Naturally occurring solid
13. A type of account	31. Fast-moving, harmless snake	material
14. Beyond what is natural	32. Analyzed into its parts	48. British watch brand
15. Beloved comfort food	33. In a way, chilled	49. Toddler
19. Rural delivery	34. Hindu queen	50. Integrated circuit
20. Belonging to us	35. Circles around the sun	51. Being revered
21. Typical	38. Used for emphasis	55. "Pets" you can grow
22. Pie __ mode	39. Reactive structures	57. Continual
23. Returned material authorization (abbr.)	40. Recommendations	58. Puts together in time
24. Not us	44. Feel intense anger	59. Houses temporarily
	45. Puke	

1. Vital public document	17. Regretted	40. Raw
2. Disinter	18. Leg (slang)	41. In operation
3. Musical performances	22. "Night Train" author	42. Pillager
4. After B	25. More supernatural	43. Butterflies with brown wings
5. Every body has one (abbr.)	27. Baltimore ballplayer	45. Disallow
6. Utilize	28. Shoe parts	48. Own up
7. In a way, disproved	29. Scores perfectly	51. Hungarian city
8. Fisherman's tool	30. More lucid	52. A way to condemn
9. Of she	32. Trim by cutting	53. Tax collector
10. Trauma center	34. Disreputable people	54. Lease
11. Commercial flyer	35. Dramatic behaviors	56. Not out
12. Administered medicine to calm	36. Disorder	
	37. Private box in a theater	

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4	3	9	7	5	6	1	8	2

Join Museum of Contemporary Art San Diego at its Joan and Irwin Jacobs Building in La Jolla

The Spazmatics: Wednesday,
Nov. 22 at Moonshine Beach 1165
Garnet Avenue. 8 p.m. \$10. moon-
shinebeachsd.com

at 700 Prospect St. from 6-8 p.m. on Free Third Thursday, Nov. 16, for *My Barbarian*, a collective consisting of Malik Gaines, Jade Gordon, and Alexandro Segade who will perform a staged reading of "The Mother and Other Plays," previously presented at the Whitney Biennial 2014, among other venues nationally. This live adaptation of Bertolt Brecht's "The Mother" (first performed in 1932), includes original musical numbers and improvised content, and also maintains the Brechtian concept of the *Lehrstück*, or learning-play, by inviting audience members to participate in select scenes. A play about the revolutionary potential of motherhood, *My Barbarian's* "The Mother and Other Plays" offers audiences a theatrical, and critical, performance experience. Refreshments will be available for purchase from The Kitchen.



Artist's rendering of Jewels of the Sea: A Jellyfish Experience, which will open next year.

New jellyfish exhibit to open in 2024 at SeaWorld San Diego

By KYUNGMIN MIN

SeaWorld San Diego held a groundbreaking for its new animal exhibit, Jewels of the Sea: A Jellyfish Experience on Friday, Nov. 3, coinciding with National Jellyfish Day. The new exhibit is set to open in spring 2024, with three different galleries showcasing various species of jellyfish alongside educational graphics.

On the day of the groundbreaking, some pieces of concept art for the galleries were displayed. In the first gallery, visitors will be immediately greeted by a few different species of jellyfish and some unique habitats, including upside-down jellies, sea nettles, and moon jellies. As they walk into the second gallery, visitors will be surrounded by an iconic arch of moon jellies. At the same time, SeaWorld will show an 18-foot cylinder, the largest of its kind in the country.

In the last gallery, visitors will encounter over 10 different jellyfish habitats with immersive media. Educational opportunities will be provided as well, allowing them to learn about the environmental perils of plastics in the oceans.

Next year also marks SeaWorld San Diego's 60th anniversary.

"The opening of the jellyfish exhibit will be just one of the many ways we will celebrate our 60th anniversary next year. We are planning for an incredible ongoing celebration all year next year," said Jim Lake, SeaWorld San Diego park president.

After the ceremony, there was a tour of the aquarium lab. Attendees had the opportunity to learn more about jellyfish and touch them. Children who were invited to the event asked questions to curators, such as whether moon jellies sting, if they have eyes, what kind of food they eat, and more. One child exclaimed, "It's goooey!" after touching a moon jelly.

In the new exhibit, visitors will have the chance to touch jellyfish as part of an upgraded tour that takes them behind



Children are experiencing touching moon jellies during an aquarium lab tour. This will be included in the actual exhibit starting next year.

PHOTO BY KYUNGMIN MIN

the scenes, where SeaWorld raises these species.

SeaWorld is trying to provide educational lessons that are vital for protecting the oceans, not only offering thrilling experiences as a theme park.

"We are very excited to have a new animal experience to showcase several different species of mesmerizing and unique animals and bring the educational aspect of how they play in the ecosystems and how they can help us learn about ocean health," said Danielle Castillo, a curator of the aquarium.

The educational part will be particularly crucial for the next generation. Both Castillo and Mark O'Connor, a volunteer with Surfrider San Diego County, emphasize the importance of encouraging children to use reusable items and reduce plastic waste.

"I am really excited to be able to share the teaching opportunity with children so they can move forward and help us to make changes for the environment," Castillo said.

The Jellyfish Experience will be the newest immersive and interactive aquarium at the park, offering exclusive galleries and media. SeaWorld pass members will receive a preview of the new exhibit before it opens to all guests. For more information, park hours, and purchase tickets, visit SeaWorld San Diego.

UC SAN DIEGO TOWN AND GOWN PROGRAM

"I Need A Good Night's Sleep – Help!" is the second lecture of UC San Diego Town and Gown's lunch and lecture series on Nov. 14 at 11 a.m. at Joya Kitchen in La Jolla. This month's featured speaker is Sonia Ancoli-Israel, Ph.D., professor emeritus of psychiatry at UC San Diego School of Medicine, who will discuss the latest methods and tactics to improve sleep. Contact townandgown@ucsd.edu for information about membership and attendance at the

luncheons. Town and Gown luncheons are held the first Tuesday of each month during the academic year

Many people believe that older adults sleep less than younger adults, yet that is not necessarily true. Sleep disturbances are very common in older adults, yet they are not a result of aging per se, but rather almost always related to other – treatable – conditions. Ancoli-Israel will walk through the common types of sleep disturbances and the latest effective treatments being developed at UC San Diego.



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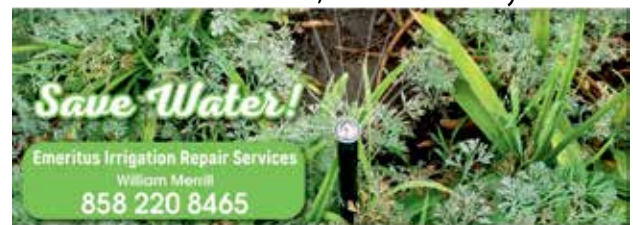
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Greetings from San Diego: A perspective on interpreting this society

By KYUNGMIN MIN

Dear readers:

I would like to greet you for the first time, as I have had a great opportunity to participate with the San Diego Community Newspaper Group.

It has been three months since I arrived in San Diego, and I have been staying in Little Italy during this time. My life there has been fascinating because I could experience two different versions of scenery simultaneously: the ocean and the city. Also, it's hard to talk about Little Italy without mentioning how nice the restaurants are.

I am from Korea, and I know the feeling how comforting a foreign village can be for people from abroad. I also have enjoyed visiting Convoy Street to have some Asian food with my friends. Therefore, it meant a lot to me to be a part of the melting pot of Italian and American history, experiencing how Italians appreciate their own culture and food in San Diego.

Now, I have moved to Pacific Beach, and I am getting used to the new, more peaceful atmosphere that gives me a Californian mood.

Let me tell you more about my story. I am a university student in Korea, studying philosophy. As someone who is always eager to explore the wider world, I decided to come to the US with only one semester left until graduation. I am here as a participant in a cultural exchange program between the USA and the Korean government.

Over the past three months, I have taken a language course and had a tremendous opportunity to meet people from different countries and hear their stories. Every single story they shared has given me inspiration



and helped me find meaning in my life in this new city.

The people and culture here are vastly different from what I have experienced in Korea. San Diego is less hectic compared to the city where I was born and raised, which is Seoul. Therefore, I am learning how to ease myself and not be obsessed with perfectionism.

People here enjoy engaging in small talk with random people on the street and treat me as if we have been friends for decades. Small talk is one of the unfamiliar cultural practices that many Asians are not used to, and I also had a hard time with it at first. However, it has helped me a lot to get to know San Diego better over time. Now, I understand that this is one of the essentials of American culture.

Also, people here are more open-minded about diversity. Once, I volunteered as an interpreter for a program held by the U.S. Embassy in Seoul and the San Diego Diplomacy Council. The theme of the program was 'diversity and tolerance,' and it

featured influencers with various characteristics, such as homosexual, people who need more help, a drag queen, a North Korean defector, and more.

I remember that a drag queen told me she feels safer and more confident here because people compliment her fashion and take pride in her, saying she is astonishing and marvelous. However, back when she was in Korea, sometimes she had to endure insults from anonymous individuals. Even though Korea has been changing to better understand and embrace diversity than before, it is still conservative in some ways compared to the rest of the world.

Of course, as in the case of every city around the world, there are some problems here too. Rent and prices are too high for many people to afford, leading to being unhoused. Before I came to the US, I had heard that the homeless problem was getting more severe, but now it has become a reality in my life. I couldn't hide the shock when I first saw tens of tents under a bridge and people living with their belongings in shopping carts.

Moreover, there might be various kinds

of difficulties that students from abroad or non-native Americans have encountered. The number of students pursuing bachelor's to doctoral degrees from other countries is increasing. At the same time, non-native populations are also on the rise.

With experience working as a journalist for a university newspaper in Korea, I truly enjoy hearing the voices of students who are the future of our society. As I have family members who are Korean Americans, I am also interested in people who are forging their own paths and communities in a world where they are recognized as strangers.

The world we live in is becoming more diverse as time goes by, and San Diego is no exception. Everyone is facing challenges in their lives and trying to find solutions. I hope I can serve as a bridge, conveying varied stories and offering new perspectives to interpret San Diego as someone who came from outside of this society through the San Diego Community Newspaper Group.

Kyungmin Min is an international intern from South Korea.

DISCOVER PACIFIC BEACH UPDATE

Discover Pacific Beach, the community's business improvement district, the second largest in San Diego with over 1,400 member businesses, reports October was a banner month for the organization. DPB seeks to revitalize and promote the Pacific Beach community, both physically and economically.

"It was a month filled with joy, camaraderie, and community spirit that truly defines the essence of our beautiful beachside neighborhood," said Sunny Lee, DPB's executive director. "Our BeachFest event marked the beginning of October with a bang. It was a resounding success, and we owe a huge debt of gratitude to our generous sponsors – High Noon, Mavericks Beach Club and Diamond Parking – who made it all possible, and we look forward to continuing this partnership into the future."

"Looking ahead, we are thrilled to announce that next year, DPB will be celebrating its 25th anniversary of BeachFest," continued Lee. "It's a remarkable milestone, and we're already hard at work planning an extraordinary event that will make it a year to remember. We can't wait to share more details with you in the coming months."

Board Elections – "Our annual meeting and board elections also took place in October," said Lee. "The dedication and passion of our board members are instrumental in shaping the future of our community, and we are fortunate to have this outstanding group of newly elected individuals leading us into the next year: John Anderson, Mavericks Beach Club, Eric Marenburg, San Diego Running Co., Wilber Lai, Ocean Park Inn, Randall Engstrom, Randall's Sandals, Shylah Hales, Diamond Parking. "We believe that with this dedicated team on board, we are well-positioned to tackle the challenges and opportunities that lie ahead," concluded Lee.

BEACH COMMUNITY COURT

Discover Pacific Beach business improvement district is seeking volunteers for the Beach Area Community Court Impact Panel, to help educate people who have committed quality-of-life crimes in your community. They need to hear from residents how these types of offenses diminish quality of life in the beach area, and how they affect you and your family every year.

When it comes from you, it's real, and they listen. Offenders of quality of life crime examples: alcohol related offenses, urinating in public, littering, glass on the beach, smoking, dogs off a leash.

These types of offenders can be given the opportunity to attend Beach Area Community Court. Community Court happens once a month during most of the year, and several times a month during the summer season. You can help once, or as many times as you like. Needed are a variety of voices and stories to reach participants and broaden their point of view regarding personal responsibility and making amends. The educational component lasts two hours, but participation is for about 45 minutes to an hour on a weeknight. There is also a short training session (2 hours) that you must complete before you can volunteer for BACC. The volunteer registration form includes the scheduled dates of the Impact Panel discussions. Volunteer Registration.

LJ SANDPIPER HAPPY HOUR

Sandpiper Wood Fired Grill & Oysters at 2259 Avenida De La Playa in La Jolla Shores offers all-day happy hour on Fridays and Saturdays from 11 a.m.-5:30 p.m. Happy hour on Wednesdays, Thursdays, and Sundays is 4-5:30 p.m. Specialty cocktails, well drinks, draft beer, and wines by the glass are all \$4 off during that time. Sandpiper is the sister restaurant to founder Trey Foshee's Georges at the Cove.

DUCK DIVE THANKSGIVING

This Thanksgiving, Duck Dive at 4650 Mission Blvd. will be serving traditional turkey dinner and a prime rib dinner. Traditional turkey dinner will be \$42, and includes turkey, mashed potatoes, stuffing, seasonal vegetables, cranberry sauce and pumpkin pie. The prime rib dinner is \$51, and consists of horseradish cream, mashed potatoes, seasonal veggies, and pumpkin pie. Thanksgiving dinner service will be 11 a.m.-close, while supplies last, and reservations are encouraged for groups of four or more. Duck Dive will also be serving fall-inspired libations throughout the day. Reservations can be made by calling 858-273-3825. Duck Dive will also be having a canned food drive on Thanksgiving day. Guests can bring in a can of unopened, unexpired food and receive a Jameson Irish coffee for only 1 cent.



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County releases Climate Action Plan to reduce greenhouse gases

By SHAUNI LYLES

The County of San Diego's Draft Climate Action Plan (CAP), a blueprint for reducing greenhouse gas (GHG) emissions in the unincorporated area and at County facilities, is now available for public review and comment.

Actions outlined in the Draft CAP will ultimately help us reach net zero emissions by 2045. Net zero means removing the same amount of emissions that are produced.

The CAP is designed to improve overall sustainability while meeting the state's GHG requirements through actions in the following sectors: built environment and transportation, energy, solid waste, water and wastewater, and agriculture and conservation.

What does reducing GHG emissions achieve?

Implementing the CAP actions that reduce GHG emissions will help preserve the environment, improve public health, increase access to green careers and improve quality of life.

The CAP can also help us reduce wildfire risk, increase energy reliability, and reduce utility bills for the unincorporated area.

The County has worked with attorneys, litigants and interested community members to make this CAP stronger by adding more choices for the public.

In January 2021, the Board of Supervisors called for a new CAP that uses updated data and modeling, prioritizes environmental justice and equity, includes a net-zero greenhouse gas emissions goal, and other key priorities. The Board rescinded the 2018 CAP, but the County continued many of its 26 measures, which were not challenged by the court and have been achieving good results.

Since 2021, the County has worked closely with the community and special interest groups to shape the next CAP.

Here are some of the County's climate action measures:

- Open space and agricultural easements acquisition.
- Tree planting initiatives and rain barrel programs.
- County fleet fuel use and emissions reductions.
- Solar photovoltaic energy, which is a renewable source of energy, use at County facilities and in the community.

As of 2022, the County's climate action efforts have:

- Acquired 8,766 acres of open space.
- Established conservation easements on 2,135 acres of farmland.
- Planted more than 30,000 trees.
- Created 369 miles of bike lanes.
- Added 56 public electric vehicle charging stations.



Implementing the Climate Action Plan actions that reduce GHG emissions will help preserve the environment, improve public health, and improve quality of life. PHOTO BY THOMAS MELVILLE

- Distributed 10,493 rain barrels.
- Continued to support the use of clean energy by waiving solar permit fees.

You can find updates on all County greenhouse gas reduction measures at sandiegocounty.gov/sustainability/dashboard.

How can you participate in the process of developing the CAP?

Community input has been vital to the County's efforts to develop the CAP to date. Since the beginning of 2023, staff released a survey for unincorporated area residents,

provided classroom workshops on clean air and water, and began a series of presentations to Community Planning and Sponsor Groups.

The public comment period will run through Jan. 5, 2024. Residents can review and provide feedback.

The draft CAP will be considered by the County's Board of Supervisors for adoption in fall 2024.

To learn more about the CAP Update and get involved, visit the project and follow along on Facebook, and Instagram.

What you should do if you see a coyote in your neighborhood

Are you seeing more urban coyotes in your neighborhood? If so, don't panic. The County's Department of Animal Services (DAS) has some tips to keep them away and help you, your family and pets stay safe.

Coyotes will often roam out of their immediate area because of things residents do to attract them – like leaving your pet's food and water outside or unsecured trash cans in the backyard. Try to remove all food sources, including fallen fruit from trees.

There are also some things you can do to prevent coyotes from getting into your backyard. Have you ever heard of a "coyote roller?" It's a metal tube that you put on top of your fence, when the coyote tries to climb over the fence the tube will spin and prevent any traction. It's an easy and humane way to keep coyotes out.

There's another simple and effective technique to use if you see a coyote in your path called "coyote hazing." When hazing you scare animals away by making the animal afraid of people and not wanting to return to your neighborhood.

If you see a coyote approaching you, here's what you should do:

- Stop and yell at it to go away.
- Make yourself look big and scary by waving your arms above your head.
- Maintain eye contact.
- Stomp your feet and make loud noise.
- Always maintain a safe distance.

When hazing a coyote, it's very important to continue to do this until the coyote leaves the area and is out of sight. If the coyote continues to hang around, take a couple steps forward, stop and yell again.

What to do when I need help with wildlife?

- The County will respond when a wild animal is an immediate threat to people or other animals.
- The County will respond if the animal is sick or injured, too young to survive on its



own or trapped.

- The County will respond if the wild animal is a rabies agent (raccoons, skunks, bats, foxes or coyotes, for example) and has attacked you or your pet.

However, the County will not respond to reports of wildlife being loose or simply roaming. The County cannot help you with wildlife nuisance problems like skunks under your porch or opossums raiding your pet's food.


Coyotes are a "rabies vector species," which means rabies, a preventable viral disease, can spread through the bite of a rabid coyote to people or other animals. This is why it's very important to take proper precautions and avoid coyotes when you see them in your community.

If you enjoy the County's preserves or parks when you take your dog for a walk, make sure to always keep them on a leash and don't let them stray too far away from you. If you have a cat, make sure to keep it indoors. If you see a coyote and you have a small dog with you, pick it up immediately. Keeping it on the ground will cause a coyote to charge.


According to California Department of Fish and Wildlife, coyotes play an important role in the ecosystem and help keep the rodent populations under control. So, learn how to live with them.

For more information about wildlife, visit sddac.com or call 619-767-2675.


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RE/MAX COASTAL



Actress Charlotte Dempsey Henry of 'Alice, in Wonderland'

By JILL ALEXANDER

"The Wizard of Oz" and "Alice in Wonderland" are two of the most popular kids' movies and both have been remade many times over. However, some say there's nothing like the originals with stars Judy Garland in "Oz" and Charlotte Henry in "Alice in Wonderland" (1933) even though it wasn't as big of a hit as "Oz" (1939).

As for Henry, she began acting on stage when she was a mere 5 years old, and by 14 years old, she made her debut in the film "Courage" in 1928. In 1933 she got her big break at age 19 when Paramount wanted to cast an unknown actress in the title role of "Alice in Wonderland" and chose Henry from around 7,000 applicants worldwide (she was 57th to audition in the costume).

Although there was lots of fanfare about the film it was not successful even with its high-profile supporting cast members including W.C. Fields, Cary Grant, Gary Cooper, and Edna May Oliver.

But Henry went on to appear as Bo-Peep in "March of the Wooden Soldiers" (1934) with Laurel and Hardy, but, other roles were few and far between thereafter.

With not much interest in Hollywood after the poor returns on "Alice," Henry retired from acting and moved to San Diego. Her last film "I Live on Danger" was in 1942 and starred Chester Morris and Jean Parker.

She and her mother headed to San Diego where the young Henry would start a long tenure



Charlotte Henry as Alice in 'Alice in Wonderland' (1933).

as a personal secretary to Charles Francis Buddy the American prelate of the Roman Catholic Church. He served as the first bishop of the new Diocese of San Diego from 1936 until he died in 1966.

"I remember Charlotte as being very petite, with a blonde page-boy haircut, and very pretty," said Elvia Aguilar, who also worked in the Diocese starting in 1952 after graduating from high school in the area.

"Charlotte was already working at the office when I started at around age 16, during the holiday season as a temporary fill-in for a secretary on leave. Charlotte was mature, carried herself well, and was in her 40s perhaps. I had heard she was an actress and was in the film 'Alice in Wonderland.'"

Aguilar said after leaving the chancery office to get married

and have children Aguilar returned in 1978 as a secretary but Henry was no longer there.

EARLY DAYS

Charlotte Henry was born in Brooklyn on March 3, 1914, to parents Robert Emmett Henry and Charlotte Ann Sayers Henry in Brooklyn, Kings County, N.Y.

It is reported she was fascinated by the theatre and her family was amazed when as a teen she was cast in "Courage" which became a Broadway hit in 1928. The following year, Henry's mother moved with her daughter to Hollywood where she repeated her part in the movie version of "Courage" in 1930 at age 14.

She enrolled her daughter at the Hollywood Professional School where some of her classmates included Frankie Darro, Anita Louise, and Bette Grable.

Junior Durkin, who had collaborated with her in "Courage," is said to have suggested Henry for a play he was appearing in at the Pasadena Playhouse. By then, Henry had appeared in two more films "Huckleberry Finn" (1931) and "Lena Rivers" (1932).

A Paramount talent scout saw Henry in the play and arranged a screen test for Alice and a week later, Henry began filming the high-budget film "Alice." Apparently, the studio's press department made a big to-do about her resemblance to the character as it appeared in the original Tenniel drawings.

While the 1933 film gave much praise for the young Henry and its big cast of impressive stars, it was

reported their make-up made it hard to make out who was who, and the film bombed at the box office.

LIFELONG AFFECTS

Several articles reported that the failure of "Alice in Wonderland" had a lingering effect on Henry's life along with her being typecast. Henry noted that from the first week of shooting "Alice," she became aware that others around her had lost sight of her as a person.

"I no longer existed as Charlotte Henry," she said. "With that costume, I was transformed in their minds into the creature they had read about as children. My identity was gone."

Another article cited Henry as stating her success as a child actress left her "typed, definitely typed" and she had the difficulty of proving "that I am quite capable of playing serious adult parts."

This all resulted in her lack of work in films and moving toward acting on stage in a production of the Federal Theatre Project.

Although the "Alice" film didn't do well, Paramount later loaned Henry out to MGM for "Babes in Toyland" with Laurel and Hardy. Despite the success of the film the studio severed ties and released her.

Henry continued to make movies, although due to the lower budgets of some of the productions and the films not being memorable, in her own words: "I simply lost interest," and she returned to acting in stock theater.

MOVING ON FROM PICTURES

As mentioned, Henry eventually left Hollywood and relocated to San Diego where she ran an employment agency with her mother Ann Henry for years. It was also reported Henry continued with her acting, appearing in several stage productions at the San Diego Old Globe Theatre.

But she would become the personal secretary for 15 years to Charles Francis Buddy (Oct. 4, 1887 to March 6, 1966) the American prelate of the Roman Catholic Church. He served as the first bishop of the new Diocese of San Diego in California from 1936 until he died in 1966.

MARRIAGE AND VANITY PLATES

Henry married Dr. James J. Dempsey who was also in the service — TEC 4 US Army, World War II — and died in 1976. The couple had no children.

Charlotte Virginia Dempsey died on April 11, 1980, at age 66 of cancer and is buried in the Holy Cross Cemetery in San Diego. At the time of her passing an obit in the San Diego Union newspaper said she was survived by her husband, Dr. James J. Dempsey, and her brother, the Rev. Robert E. Henry of St Paul's Episcopal Church in Ventura.

Even though Henry was said to be affected by the box office failure of "Alice" throughout her life she was not sour and drove around with the vanity license plate "ECILA", on her car which is ALICE — through the looking glass.

Remembering Priscilla Lawson Allen La Jolla's grande dame of local theater

By JILL ALEXANDER

Local theater in San Diego is important and there are plenty of venues where theatergoers can get their fill year-round. From classics to the obscure the San Diego stage supplies plenty of entertainment for all.

It's also a place where the late actress and "grand dame of local theater," Priscilla Lawson Allen died at the age of 70 on Aug. 14, 2008.

Allen was a popular stage actress for more than 40 years where she appeared at San Diego Repertory Theatre, the Old Globe Theatre, Starlight Musical Theatre, Lamb's Players Theatre, and North Coast Repertory Theatre.

Additionally, generations of drama students learned from her at San Diego schools and San Diego Mesa College, while moviegoers knew her for a role in the 1990 Arnold Schwarzenegger movie "Total Recall."

EARLY DAYS

Born in Buffalo, N.Y., on July 19, 1938, she grew up in La Jolla, graduated from La Jolla

High School in 1956, and kicked off her acting at what was then San Diego State College. She earned a bachelor's and master's degrees from San Diego State.

She is also credited with helping start the drama department at the San Diego School of the Performing Arts.

In 1963, she married Dennis Allen, who shared her love for the theater. They lived for a year in Los Angeles before returning to San Diego, where he joined the police force.

They performed in several plays and musicals together until he was killed in the line of duty in 1977.

Onstage, Allen's roles included Queen Elizabeth, Madame Arcati in "Blithe Spirit," Mrs. Peachum in "Threepenny Opera" and Big Mama in "Cat on a Hot Tin Roof."

In "Total Recall," she played Schwarzenegger's character in drag. She was known as the "exploding head" or the "Two Weeks Lady" for her big scene when her character tried to clear customs on Mars and kept repeating the term "two weeks" until her disguise malfunctioned to reveal Schwarzenegger



Priscilla Lawson Allen in the movie 'Total Recall.'

inside.

Allen died at her La Jolla home after a battle with non-Hodgkin's lymphoma, surrounded by her daughters, grandchildren, and much-loved pets, according to a statement from San Diego Repertory Theatre the year she died.

Priscilla and Dennis had three children.

Some trivia on IMDb reports: Although Priscilla Allen's character in "Total Recall" is named "Fat Lady" in the credits, according to the signature shown on the passport in the scene, her name is "Priscilla Allen."

David Ellenstein, artistic

director of the not-for-profit regional theatre in the North

Coast Repertory Theatre said: "She had a great presence in the San Diego Theatre community and was very much treasured and a true force of nature. Her appearances at North Coast Rep are treasured and will not be forgotten."

Also, in an email when asked about Allen, D.W. Jacobs, playwright/director/actor who worked with Allen added, "More than once, Priscilla told us her husband was a policeman, that he had died much too young, but their house was a great consolation to her. She had a place

to raise her family, in a home they'd never have been able to afford if they hadn't bought into La Jolla when it was a sleepy and affordable little beach town."

He is the author of "R. Buckminster Fuller: THE HISTORY (and Mystery) OF THE UNIVERSE from the life, work, and writings of R. B. Fuller."

On one blog, commentator Butcher Benton wrote, "She was my daughter's teacher at the San Diego School for Performing Arts. Nice Lady, and a great actress. R.I.P."

MURALS OF LA JOLLA BOOK

Murals of La Jolla is a hard-bound, 176-page book documenting the first 10 years (2010–2019) and the first 30 murals of the project. The book includes two essays — "La Jolla Views," by Susan Morgan, and "Reframing a Community: Murals of La Jolla," by G. James Daichendt; artist biographies; and a map with mural locations. For more information about the book, visit ljathenaeum.org/murals-book.