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Gaga ball at PBES SEE **PAGE 6**





Don't Tell Comedy shows popping up in Pacific Beach backyards



Brad Silnutzer performs in Pacific Beach. COURTESY PHOTO

By DAVE SCHWAB

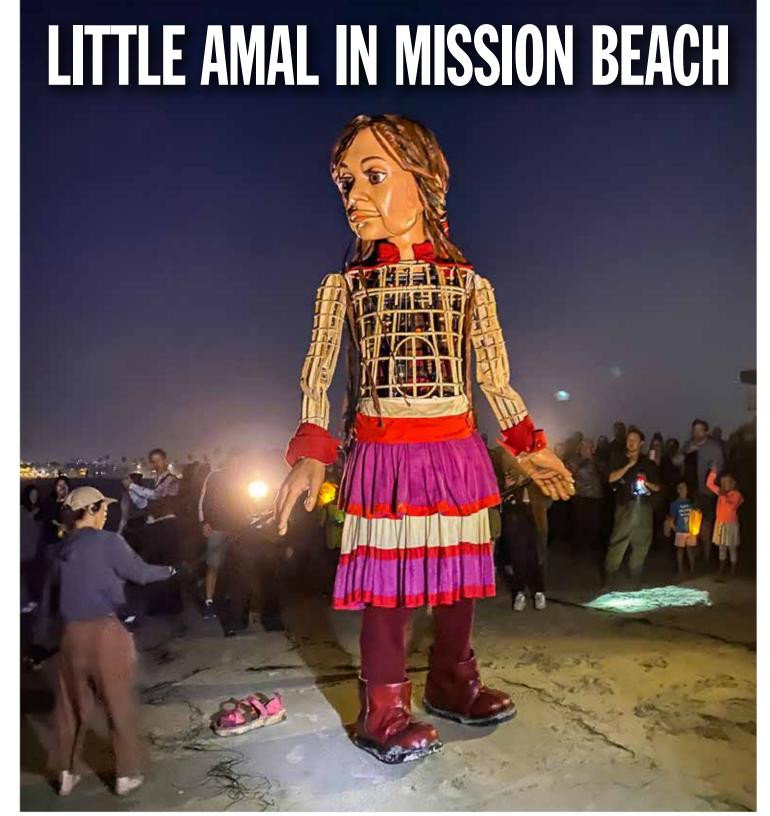
ive comedy "popped up" Friday night on Nov. 3 in Pacific Beach with seven hilarious – often outrageous – performances delivered by up-and-coming comedians brought in special for a YouTube taping.

Sponsored by Don't Tell Comedy, a grassroots group producing pop-up comedy shows in unique locations nationwide, the "secret" venue for two live comedy shows turned out to be the backyard outside at The Movement Warehouse at 1425 Garnet Ave.

The comedians who performed were as diverse and extraordinary as their material. They were Brad Silnutzer, Andrew Orolfo, Rob Haze, Emily Van Dyke, Matty Ryan, Adam Pasi, and Wolves of Glendale. They all brought something unique to the stage. One comic "toyed" and "teased" with the audience. Another, a mom, joked about pregnancy. A comic of Samoan extraction, as part of his 10-minute set, quipped about members of his nationality being born bouncers.

"This is something I started in 2017, the concept being trying to make stand-up comedy shows more accessible, more affordable, more of a community event bringing shows to different businesses, people's residences, etc.," said Don't Tell Comedy's founder/CEO

See **COMEDY**, Page 8



Little Amal walks south down Mission Beach on Nov. 4 and stops when she discovers the remnants of cherished belongings that have been washed ashore - a sandal (above), suitcase, and life jacket - then listens to the sea, thinking about the millions of refugee children across the world, who, like her, are searching for a better life. Little Amal, the internationally celebrated 12-foot-tall puppet of a 10-year-old Syrian refugee girl, made Mission Beach her final stop during her epic 6,000-mile journey across the United States this fall. This week, she crossed the border to Tijuana and started a new journey through Mexico.

PHOTO BY THOMAS MELVILLE



San Diego Humane Society is overcrowded with canines, adoptions needed

By DAVE SCHWAB

vercrowding has led the San Diego Humane Society, which has set a record with canines in its care, to regularly offer special deals to help dogs in need of a second chance find new homes.

In the past year, SDHS, which serves nearly 70% of San Diego County, observed a 20% increase in lost pets not retrieved by their owners. SDHS noted families have relinquished their pets for a variety of reasons including escalating costs of care, insufficient housing options for pet owners, and limited access to veterinary care.

At least 400 dogs and 29 puppies are now ready for a new home and are available for adoption across the organization's campuses in Escondido, El Cajon, Oceanside, and San Diego.

Besides the 429 adoptable dogs and puppies, SDHS is currently caring for another 318 dogs, for a total of 747 canines. On Oct. 20, the organization set a new all-time high with 757 canines in care.

"We've never seen a year like this with dogs before," said Dr. Gary Weitzman, SDHS's president/CEO. "October was one of our highest months in history



Remi was rescued in March 2019, after being abandoned.

COURTESY PHOTO

for dog admissions. These dogs need homes or foster homes, and we are asking the community to help provide second chances for them."

Adopting from SDHS serves a variety of purposes including:

- Helping create space in the shelter for other animals in need.
- Knowing you're getting an animal who has been properly assessed and cared for.Ensuring your pet has been
- microchipped, spayed/neutered, and vaccinated.

• Access to SDHS's services including an adoption guarantee,

training advice, pet supplies, and educational information to support pet families for the life of their animals.

People who've adopted pets and availed themselves of SDHS's services talked about their experiences. "Bean' is one of three pets Kathleen Aburto has adopted from SDHS recently joining "Joey" another dog they adopted in 2021.

"The wonderful people at SDHS went over her medical information thoroughly, and explained that Bean had been spayed and got all her vaccinations," said Aburto adding, "They gave us a bag of Purina Pro Plan and many other coupons and information to help us on our way with a new pet. From day one we fell in love with Bean, and Bean immediately loved all of us in return."

"She has become a full-fledged member of our family," continued Aburto. "Even Joey welcomed her too. He's now her big brother. They sunbathe together, go on walks together, play together, and patrol our yard together. She is so affectionate with all of us showering us with kisses and making us laugh with all her crazy antics. We are grateful to have found our perfect dog, or rather, dogs, at SDHS."

Kiran Vashishta talked about Remington "Remi," adopted from SDHS.

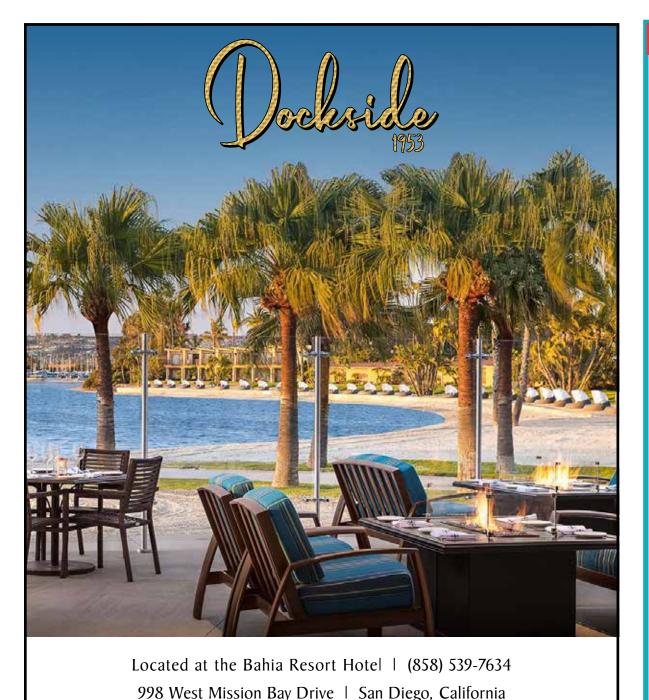
"Remi was rescued in March 2019, after being abandoned," said Vashishta. "Due to untold abuse and neglect, he was a skeleton weighing a meager 18 pounds who lacked the energy to stand up. Thanks to the time, effort, compassion, and dedication of countless staff at SDHS, Remi recovered medically and started to learn what it meant to be loved. SDHS frequently provided social media posts, pictures, and videos of this sweet boy, documenting his slow and

Adoption fees are 50% off for all kittens, puppies, and adult dogs, Nov. 7-12, thanks to Purina. To view animals available for adoption, visit sdhumane.org/adopt.

steady progress, which is how I first learned about him."

"When Remi was finally medically cleared in May of 2019, I had the privilege of adopting him," added Vashishta. "Everyone I encountered at SDHS was incredibly helpful and kind, and the staff set this first-time dog mom up for success by walking me through the quick and painless process of adoption. I was sent home with not only a goofy likes-to-lickyour-face pup but also access to several available resources and the knowledge that I had an unwavering partner in this rewarding adventure. Thanks to SDHS and their ongoing support, Remi's life was quite literally saved, and he is now thriving at nearly 60 pounds and has all the love, treats, playtime, and adventures he could ever want... and then some."

SDHS is open for walk-in adoptions Tuesday through Sunday, from 10 a.m. – 5 p.m. at its campuses in Escondido, El Cajon, Oceanside, and San Diego. Visit http://www.sdhumane.org/adopt to view animals available for adoption.





Fiesta Island Dog Owners working on plans to reduce dangerous foxtails

By DAVE SCHWAB

lesta Island Dog Owners held their annual Halloween bash and general membership meeting on Oct. 28, cluing members in on continuing efforts to improve their 90-acre, off-leash fenced area on the man-made island.

A nonprofit, FIDO currently has about 16,000 members. The group's annual "Barktober" brewery event at Bay City Brewing Co. in Midway was a fun costume contest for pooches with several categories including cutest, most creative, scariest, and most hilarious.

However, the larger purpose of FIDO's annual meeting was to update dog lovers on the status of several key projects being worked on. Those include building a pet memorial, managing weeds and invasive plant species, and improving coastal access for the island's legally sanctioned dog park.

FIDO president Carolyn Chase said the group is making progress on all of these long-sought-after improvements. "We're paying for and signing the right-of-entry permit for the pet memorial this week," she said adding the project "has to go back for some kind of additional (City) review before we can start (construction). The project is estimated to cost about \$2,500. We are signing up volunteers now."

The City's Parks and Recreation Board in April unanimously endorsed a FIDO proposal to re-create a pet memorial in the off-leash section of the island. For 10 years, people using the off-leash area to walk their pets had been placing painted



Fiesta Island Dog Owners held their annual Halloween bash at Bay City Brewing Co. in Midway. Amy Taylor and her dog were one of the costume winners.

rocks in a six-foot-diameter spot next to a path in the middle of the area to honor dogs lost. The impromptu memorial was removed after someone complained of a canine being buried nearby. The City subsequently removed the remaining memorial-painted rocks, eventually storing them at the park ranger's office for retrieval.

Another FIDO improvement project includes a plan to reduce foxtails harmful to pets, as well as problematic tumbleweeds on the island. FIDO board member Debbie Madden, in a group slideshow



Thomas DeJohn and his dog were winners at Fiesta Island Dog Owners' Halloween bash. COURTESY PHOTO

presentation, pointed out the California Coastal Commission, which oversees coastal development, approved the final plan amendment for Fiesta Island in 2022, with modifications for the City to add language supporting weed and non-native plant removal on the island.

"Immature and mature foxtails, barbed like a fishhook, can enter the eyes, noses, ears and under the skin of pets traveling one way," warned Madden adding, "They can cause tissue damage, which can cost thousands of dollars."

The solution to the foxtail-tumbleweed issue lies in mowing weeds at the proper

time of the year. However, that conflicts with the City's current mowing schedule on the island.

"The only way to get both foxtails and tumbleweeds, which are invasive, under control is to mow the tops of the grasses before they go to seed," noted Chase, who added a problem has arisen with determining which governmental agency is responsible for regulating Fiesta Island. "We're (FIDO) trying to approach all the regulating agencies to get them to approve a mowing regimen that matches our goals with weed management for invasive species," Chase said.

Government officials have thus far been reluctant to change their current Fiesta Island mowing schedule, fearing they might destroy nesting endangered bird species in the area. Chase said FIDO has addressed that problem.

"We hired someone to do a biological survey this year looking for endangered species bird nests, and we did not find any nests in the dog park," she said adding District 2 Councilmember Dr. Jennifer Campbell, as part of her budget requests this year, "has asked City Parks and Recreation Department to support the management of foxtails on the island."

Chase said another longer-term FIDO project involves hiring an architect to improve coastal access by designing and adding stairs on the west and south sides of the dog park.

Also in the long term, FIDO wants to develop a private-public partnership to help fund maintenance improvement projects in the future on Fiesta Island.





WHAT VETERANS DAY AND **BEING A VETERAN MEAN**

"Having spent over 20 years in the Navy Nurse Corps, I got to experience wonderful travels and meet incredible people in the service. Hopefully, I was able to leave a lasting mark with my service to fellow military members who were also serving. Plus, I met the love of my life, Bob, while stationed in Okinawa, Japan and married him in Hawaii a few years later. Great adventures." - Ellen Citrano, CDR, NC, USNR, Ret. (at right, in photo)

"As a veteran, I am part of a group that raised their hand to hold themselves to a higher standard. To willingly go whenever and wherever our country deemed necessary to provide for the safety and security of others. Veterans Day is a day to acknowledge all those who did this. Who committed to supporting our country by donning the uniform of the American fighting force that represents hope and freedom to the world. This day is a chance to say 'thank you' to all those who put the needs and security of our country before all else." - Sean Mulrooney, Commander, U.S. Navy Ret.

"Serving for nearly 27 years in the U.S. Army was a true honor and privilege. Knowing that I did my little part to develop better relationships with the citizens, service members, and diplomats of other countries is something that I feel very good about. I'm proud to be an Army veteran and the daughter of La Jolla-born Marine Corps Korean War veteran Rob Jackson, a Silver Star and Purple Heart recipient. I celebrate him on Veterans Day." - Jennie Jackson Werner, Chief Warrant Officer, U.S. Army Ret.

"To be a veteran is to have dedicated our most precious life commodity – time – knowing it may lead to the ultimate sacrifice. We believe that protecting our country,

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Ellen Citrano, on right, spent over 20 years in the Navy Nurse Corps.

our Constitution, and our fellow Americans is worth fighting and

even dying for. Veterans Day, then, is a moment to reflect on the imperative of service. It should be used as an example to inspire others to serve their country or their communities, in or out of uniform." – Alexander Martin, Lt. Colonel, U.S. Marine Corps Reserve.

The San Diego LGBT Community Center announced this year's inductees into the Benjamin F. Dillingham, III & Bridget Wilson LGBT Veterans Wall of Honor. Since 2011, The Wall of Honor has recognized LGBTQ veterans with ties to San Diego. The 2023 inductees are:

- ■Daniel Kenneth Baggett, USN (he/him)
- Moses G. Beeman II, USMC (he/him)
- Roger C. Cornell, MD, USAF (he/him)
- Jimm Crouch, USN (he/him)
- Michael A. Dwyer, USA (he/him)
- Melissa Johnson, USAF (she/her)
- Carl Francis Moccafiche, USA (he/him)
- ■Turquoise Teagle, USN (they/
- Romie Lee Wilford, USN (he/ they)

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Veterans Day ceremony at Mt. Soledad set for Nov. 11

By DAVE SCHWAB

The Mt. Soledad National Veterans Memorial will mark this year's Veterans Day on Saturday, Nov. 11 with a ceremony honoring the nation's veterans and commemorating the 50th anniversary of the Vietnam War from 11 a.m. to noon at Mount Soledad Memorial Park, 6905 La Jolla Scenic Drive South.

The event will feature two highly decorated veterans who served in Vietnam: former U.S. Attorney Robert S. Brewer Jr. and retired U.S. Navy Commander and former prisoner of war Henry James Bedinger. As an official partner of the United States of America Vietnam War Commemoration, an initiative authorized by Congress, the ceremony will honor the service and sacrifice of all veterans and their families, with special recognition paid to Vietnam-era veterans, prisoners of war, and those still missing in action.

The keynote speaker, Brewer, served in Vietnam as an Airborne Ranger and infantry officer in the U.S. Army. He received a Silver Star and two Bronze Stars for his heroic combat service.

Brewer went on to become a

prominent San Diego litigator after receiving his law degree from the University of San Diego School of Law. He then served as the Deputy District Attorney for Los Angeles County and Assistant District Attorney for California's Central District. On Jan. 16, 2019, he was sworn in as the United States Attorney for the Southern District of California.

This year's honoree and special guest speaker is Henry James "Jim" Bedinger, Commander, U.S. Navy (ret). Bedinger served in Vietnam as an A-4 Radar Intercept Officer aboard the aircraft carrier USS Constellation. On Nov 22, 1969, he was forced to eject over Laos. He was taken as a prisoner of war and was held at Hoa Lao for 1,223 days until his release through Operation Homecoming.

Bedinger continued to serve his country in various assignments, including at the Pentagon and with the Joint Chiefs of Staff. He retired on Aug. 1, 1989, from the Naval Training Center San Diego and continues to call San Diego home. He is also the author of "Patriot, Prisoner, Survivor: An American Family at War."

His book recounts his experiences of heroism, endurance, and the shared struggle in the fight for

MT. SOLEDAD NATIONAL **VETERANS MEMORIAL**

Mt. Soledad National Veterans

Memorial stands high atop the coastal

peak of Mt. Soledad in La Jolla. The memorial's mission is to honor our nation's veterans and preserve their legacy. It is the only Memorial to do so for both living and deceased veterans. More than 6,000 personalized tributes to their service and sacrifice, beautifully engraved on black granite plaques, are mounted on 14 curved walls encircling the base of the 29-foot-tall cross at its center. The memorial is located at 6905 La Jolla Scenic Drive South and is open daily from 7 a.m. to 10 p.m. For more information about Mt. Soledad National Veterans Memorial, visit soledadmemorial.org. The Mt. Soledad National Veterans Memorial is joining thousands of organizations under the United States of America Vietnam War Commemoration, established under the Secretary of Defense and authorized by Congress, as a commemorative partner to honor the 7 million Vietnam veterans, including those held as prisoners of war or are listed as missing in action. This commemoration highlights the service of our Armed Forces and pays tribute to the contributions made on the home front by the people of the United

freedom. The book serves as a reminder of an individual's impact on the course of history.

States during this conflict.

You can learn more about the book at https://bit.ly/46vNQVi.

READ MORE ONLINE AT sdnews.com

HISTORY OF MT. SOLEDAD NATIONAL VETERANS MEMORIAL

At the height of WWII, Mt. Soledad was used as an observation point and radio transmission tower to monitor the real threat of Japanese sea forces and broadcast Easter Services to troops, connecting those serving at home and abroad a connection to home.

Since 1913, three crosses have been built on Mt. Soledad. The first was a simple redwood structure erected in 1913, torn down by vandals 10 years later. The second cross was built in 1923 from stucco over a wood frame. This cross, along with the first, was used as a gathering place for Easter Sunday. In 1952, the cross was destroyed in a windstorm.

The cross was erected as a lasting monument for service members who sacrificed their lives for the nation during the First and Second World Wars, and the Korean War. Just two years prior, the Mt. Soledad Memorial Association was created. The articles of incorporation were signed as the third cross was installed. This association would grow into what is now Mt. Soledad National

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Veterans Memorial. The goal of the organization has always been to honor service members who honorably fought for the nation's freedoms, living and deceased.

In the 1990s, Mt. Soledad Memorial Association began construction on a new project, memorial walls, that would honor all veterans, regardless of status, rank, race, religion, or creed who protected our country. This project aimed to be a better, more focused, and permanent dedication than those held on Easter Sundays.

Architect James Alcorn came in and entered the preliminary designs for this newest wave of the memorial. His initial designs featured personalized black granite plaques, engraved with photos and information about the veteran being honored, mounted on walls ringing the center hill. This design was meant to encourage people to

walk around the memorial and understand the diversity of contributions that individuals in the armed forces made to safeguarding the country.

Alcorn's final design featured six low walls that radiated outwards from a pedestal that was marked with an American flag. The walkways in between these polished stone walls would be brick, and each wall would be filled with 3,200 engraved plaques made of black granite. This would bring visitors close to the acknowledgments and recollections of each individual veteran.

Each memorial plaque features one or more photos of the veteran listed. They would also include a summary that outlined the veteran's service record and insignia. These insignia could represent the branch of the military in which the veteran served, the American flag, or any other piece of memorabilia that represented that person.

Today, 14 walls encircle the center of the memorial, covered in nearly 6,000 plaques (and counting) honoring veterans from the Revolutionary War to present-day operations including the current war on terror. The Mt. Soledad National Veterans Memorial remains open to the public during normal Mt. Soledad Natural Park operating hours, and at no charge.

The Mt. Soledad National Veterans Memorial is privately owned, and remains 100% funded through the generosity of private donors, local and regional corporations, and members of the Mt. Soledad Memorial Association.

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Gentry Custom Architectural Ironworks and Furniture

If your taste runs toward European-style or wrought-iron furniture and décor for your home or garden, then Gentry Custom Ironworks in La Jolla is your place.

"Here we do custom ironworks in furniture and outdoor pieces like wall art, doors, gates and railings," said Darya Soylu who, along with husband Azmi runs Gentry Custom Furniture, in existence since 1999 and now located at 7470 Girard Ave.

The Gentry collection offers items for outdoor dining, benches, oversized chairs, wall and window plantings, plant stands, hanging planters, coffee tables, patio accents and arbors and gazebos.

The company's website at gentrys.us notes Gentry's award-winning furniture line "finds its inspiration in the baroque periods of ornamental ironwork that decorate many of the great mansions and chateaus of Western Europe."

Gentry Custom Ironworks was created and begun by the internationally renowned artist/designer Azmi Soylu. It started as a hobby before transforming into a full-blown

business. It now encompasses thousands of different pieces and styles including furniture, decorative accessories and artistically-rendered utility items both beautiful and pragmatic. The Gentry collection gracefully combines metal with various imported woods and other materials, such as natural stone and glass, to create furniture that is both contemporary and timeless.

Darya said the choice for where else they wanted to go when they decided to move from Atlanta was easy. "La Jolla was our number one spot," she said adding they moved there in April 2021 to Girard Avenue.

"Our prices are quite affordable," she said pointing out the cost of items produced depends on "how much work is put into it" and whether it's a "simple design or an artistic piece. We try to find a style of wrought iron that brightens the house, or restores the home's historic design." Fulfilling the expectations of customers is their top priority.

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Renowned San Diego Native, David Hingeley, Cultivates Success with Crown Point Clippers Tree Service



David Hingeley, a true San Diego native and the visionary owner of Crown Point Clippers Tree Service, has established an unparalleled legacy in the world of tree care. His remarkable journey began in Jr. High School when he embarked on his first journey into the realm of tree care. Through unwavering dedication and tireless effort after school, during vacations, and weekends, he steadily nurtured his passion, which eventually led to the founding of his own business in 1979. Notably, he simultaneously served in the fire service for an impressive 31 years, showcasing his commitment to excellence.

Nestled in the scenic La Jolla area, Crown Point Clippers Tree Service caters to an esteemed clientele in La Jolla, Point Loma, Rancho Santa Fe, and across San Diego. The company's mission is to help clients rediscover the inherent beauty of their properties through meticulous tree trimming and a range of enhancement services. With a fervent belief in the transformative power of well-maintained trees, the company underscores their pivotal role in enhancing the visual allure of both residential and commercial landscapes.

David's extensive background in tree care and public safety positions Crown Point Clippers Tree Service as a premier provider. The company seamlessly melds proficiency and dedication to craft secure and breathtaking landscapes for its valued clientele. Recognized for their expertise in expert tree lacing and trimming, the company stands out as a beacon of quality in the industry.

For those seeking trusted and experienced tree care services in the Greater San Diego Area, Crown Point Clippers Tree Service emerges as a reliable partner. David Hingeley's journey from modest beginnings to a revered entrepreneur serves as an inspiring reminder that dedication, expertise, and a commitment to safety can pave the way to remarkable success.

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West Coast Electric Solutions, Inc



West Coast Electric Solutions, Inc. is a family-owned business, established in San Diego by Paul D'Agostino in 1979. At the age of 22, Chris Bailey began his apprenticeship with his father-in-law Paul, and became an official partner/owner in 2006. After Paul passed away in 2010, Chris took over the company entirely.

As a fully licensed and bonded company, West Coast Electric Solutions, Inc. provides both residential and commercial needs to San Diego. The company is a team of 2, with Chris as a master electrician, and John as a journeyman electrician. Chris is a proud graduate of La Jolla High and John is a native San Diegan who graduated from Madison High.

West Coast Electric Solutions, Inc. would like to thank the residents of La Jolla for voting the company 'Best Electrician in La Jolla' for 13 consecutive years.

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Blue Ocean Window Cleaning

Introducing Paul and Charlene Pate, the owner and family behind Blue Ocean Window Cleaning. Paul and his wife Charlene reside in Pt. Loma and have been residents there for over 30 years. Charlene just retired after 35 years teaching at PLNU. Paul actively runs Blue Ocean Window Cleaning, a coastal focused window cleaning company now serving all of San Diego.

Blue Ocean Window Cleaning was established in Jan. 2010 as Paul faced extreme difficulty finding employment amidst the 2008 recession. With some experience in window cleaning, Paul began to distribute flyers to his neighbors offering inexpensive and immediate service. At the end of the first year, Blue Ocean Window Cleaning saw sales that far exceeded expectations

It was clear that Paul had created something great. 13 years later Blue Ocean has become a service company that coastal communities and others have grown to love, respect and rely on. Blue Ocean now offers an array of services. Contact them by calling 619-450-6553 for a free estimate for window cleaning, solar panel cleaning, screen repairs, pressure washing & more. Paul now has office staff and a team of technicians trained in all services offered and they are fully insured.

Introductory art class a requirement for Mission Bay High School freshmen



Freshman art student Elena Roloff displays her finished thumbnail sketches for her abstract art piece. Roloff transferred to Mission Bay from St. Paul's Lu-theran School in Pacific Beach.

s each student at Mission
Bay High School works
their way to a diploma,
two-semester credits in "visual and performing arts" must be
completed. An introductory art
class for incoming ninth graders
to begin meeting that graduation
requirement is Art 1-2 taught by
Heather Henkes, a long-time art
teacher at Mission Bay.

The course description for Art 1-2 is challenging from the beginning. Art 1-2 provides a "design and skill foundation for students that includes drawing, painting, and design problems. Media and



Ninth-grade art student Alejandro Sanchez-Kerr is transitioning from thumb-nail sketches to his final abstract design piece. He enjoys working on pencil sketches or using markers.

COURTESY PHOTO

methods are explored to facilitate future progress in additional art courses."

A recent early morning visit to Henkes' ninth-grade art class provided insight into several fresh-men's responses to their initial class assignment: Abstract Composition In Colored Pencil.

Each student started by completing thumbnail sketches (rough drafts) that included required elements of overlapping organic and geometric shapes with size variations and pattern-filled areas. The final effort included tonal and

color gradations and an overall element of balance in each completed art piece. Once their thumbnail sketches were reviewed and approved, each student enlarged their final composition onto 9 by 12 inches drawing paper.

Ninth-grader Alejandro Sanchez-Kerr transferred to Mission Bay from the Longfellow UTK-Grade 8 Spanish Immersion Magnet School. When asked what inspires his art, Sanchez-Kerr said: "Mostly nature and things that pop into my head at random. I work in 'bursts' not defined periods because inspiration is not constant... it happens at random."

Freshman Sawyer Nicksic enjoys working with pencils and colored pencils at this time in his de-veloping art career. "Inspiration comes from my dad. He has always encouraged me to push and expand my abilities," said Nicksic.

Ninth-grader Elena Roloff entered Mission Bay after graduating from St. Paul's Lutheran School in Pacific Beach. Roloff enjoys using many different textures and materials in her art and finds inspiration from nature. "Nature inspires my art, including wildlife, plants, sunsets, anything out-doors," Roloff said.

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Fifth-grade student Dakota Darnell strikes the gaga ball with an open hand. Waiting their turn are second-grader Niccolo Marseglia, left, and fifth-grader Autumn Kautman.

Gaga ball a popular recess activity at Pacific Beach Elementary

venues.

popular recess play activity at Pacific Beach Elementary is gaga ball played in the school's ga-ga pit.

The pit is an octagonal enclosure, approximately 15 feet across with edges typically 45-48 inches high. Gaga, translated literally from Hebrew means "touch touch."

Gaga ball is a variation of dodgeball that is played in a gaga pit. Six to eight students can play at any one time.

The game starts with students standing along the inside of the pit with one hand touching the edge of the pit. A student drops the ball into the middle of the pit to bounce three times. Corresponding to the three bounces is the announcement, "ga...ga... go," and the ball is then in play. The ball is usually a soft foam ball or a standard 10-inch rubber playground ball. The game com-bines dodging, striking, running, and jumping. The game is fast-paced and kids quickly realize they are getting a very physical workout.

The object of gaga ball is to be the last person remaining in the pit. Players hit or strike the ball at each other with an open hand and are eliminated if the ball strikes them on or below the knee. The game can be played by a group of individual players or with teams, as well as in one-on-one matches. Rules, ball types, pit surfaces, and pit sizes may vary at different

At PB Elementary, basic rules include hitting or slapping the ball with an open hand and aiming the ball at another person's leg, knee, or below. Any contact with the ball and a player's knee or below and the player is out and leaves the pit...free to join the next game.

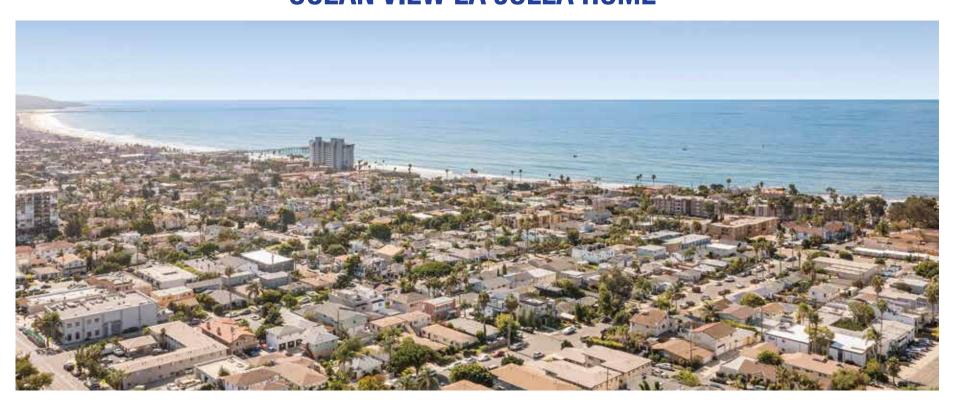
Anytime the ball goes out of the pit, the person the ball touched last is out. A player can only hit the ball one time until the ball either hits another player or the wall, then the player may hit the ball again.

The game ends when there is only one player remaining in the pit. Other players re-enter the pit, go to the edge, the ball is dropped and bounces...a new game begins.

READ MORE ONLINE AT sdnews.com

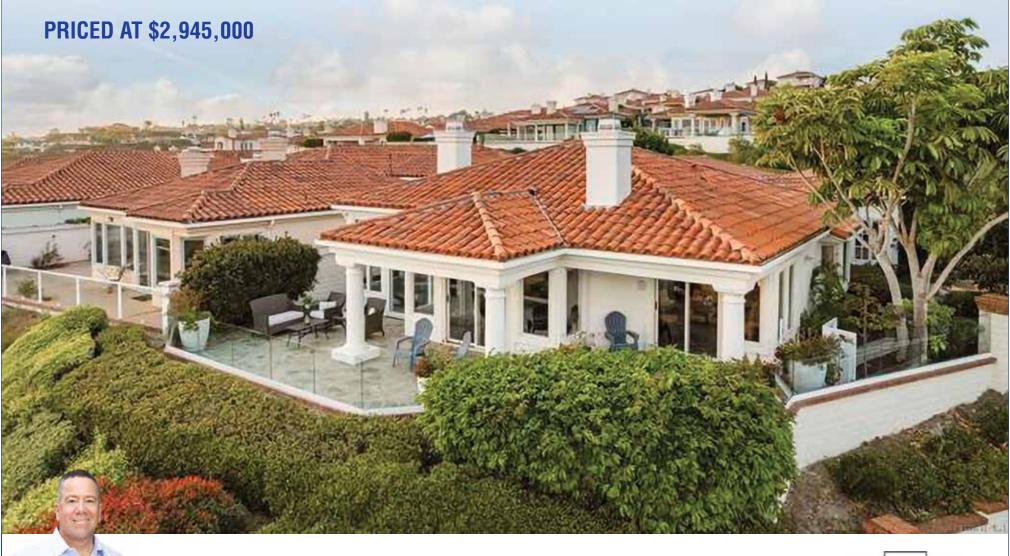


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COMPASS



Beachfront hotel redesigned, upgraded as The Wayfarer San Diego

By DAVE SCHWAB

uests at the newly expanded and improved The Wayfarer San Diego surf-chic beachfront hotel in Pacific Beach may not be locals – but will feel like they are.

This is the whole idea behind Orange County-based Pacifica Hotels' recent refit and re-opening of the former Blue Sea Beach Hotel at 707 Pacific Beach Drive.

The transformed property features a coastal-meets-modern design inspired by the vibrant surf and skate culture of the surrounding coastal community. The Wayfarer San Diego presents refreshed guestrooms and a re-imagined lobby area with art installations and a curated book library, as well as a new locally sourced café concept.

Adam Marquis, Pacifica Hotel's president, noted The Wayfarer is perfectly positioned to allow guests to take full advantage of all the amenities the freshly minted boutique hotel offers. Those amenities include access to other nearby local- and tourist-serving businesses,

like Pacific Surf School and Woody's Breakfast and Burgers. The very definition of a wayfarer is "one who travels on foot."

"We've owned this great hotel, which has been in our portfolio for over 30 years," Marquis said. "It's a nice location for visiting international travelers or families. We expanded the hotel and built a back portion. We also spent \$3 million re-branding the hotel."

What locals and travelers can expect from The Wayfarer San Diego:

■126 coastal-inspired rooms and suites feature private balconies — most with ocean views — custom art by famed street artist, Cheyenne Randall. Updated suites are complete with private bedrooms, innovative bunk beds, and comfortable lounge areas.

Open from sunup to sundown, Zephyr Café pays homage to the legendary SoCal Zephyr skateboarding team, the Z-Boys, featuring creative installations such as Polaroid images of San Diego on the walls and speaker heads along the front of the bar.



The new pool deck features custom daybeds and a curated mural titled Sirens by David Flores. COURTESY PHOTI

Guests can settle into a dreamlike getaway complemented by afternoons at the heated outdoor pool, dips in the adjacent ocean, and evenings stargazing by outdoor fire pits. The new pool deck features custom daybeds and a curated mural titled "Sirens" by David Flores.

■ Travelers can adopt the San Diego lifestyle with a bike ride along the boardwalk, a short stroll to the Crystal Pier and Belmont Park, or a surf session via the hotel's partnership with Pacific Surf School. Guests can also grab local gear from brands including Catch Surf and Pura Vida from the hotel's retail shop.

Marquis talked about the coastal-meets-modern design concept behind The Wayfarer re-brand. "It's an internally developed brand created through Pacifica for independent hotels," he said adding the hotel's refit included developing working partnerships with other local restaurants and businesses in the area to accommodate guests and their needs.

The Wayfarer was described by Marquis as a "tailored" hotel experience where guests will be exposed to "the full essence of PB," allowing them to "feel like locals" while they're here.

"We worked with designers and California artists to do an expansive, custom refit featuring beach scenes with huge vinyl wall treatments and bright colors of San Diego flora going down the hall-ways to rooms," said Marquis. "The greatest thing for families is that the views are just unparalleled from their balconies.

"We want to be the hotel where guests feel the most local when they arrive and be immersed in PB," concluded Marquis. "We wanted to be an authentic representation of the local area."

Rose Creek Native Plant Garden a hidden treasure in Pacific Beach

By DAVE SCHWAB

Rose Creek Native Plant Garden is a hidden treasure in Pacific Beach, which is judiciously maintained and supported by its custodian, the nonprofit Friends of Rose Creek.

Friends accomplish this task, in part, through hosting work parties on the second Saturday of every month. The next garden work party will be Saturday, Nov. 11 from 9-11 a.m.

PB social activist and environmentalist, Karin Zirk, founder/executive director of Friends of Rose Creek, conducted a tour of the native plant garden recently. She discussed the origin of the garden, its purpose, and the joys – and challenges – of keeping it properly tended.

Zirk explained that the original linear community garden near Rose Creek Cottage was begun and run in the '90s by The Nature School, a group that did educational programming for children. She related an interesting tale about how she

"inherited" stewardship of the PB community garden.

Zirk said the head of The Nature School contacted her unexpectedly and said, "We've been taking care of the creek for the last 15 years, but I'm retiring and moving. Why don't you take the creek over?"

To which Zirk replied: "I need to think about this. And the creek and I had a 'conversation,' and the creek said, 'Somebody needs to look out for me. So I said, 'I'll do my best. That's all I can do."

Zirk said Friends wanted to have a hands-on activity with the garden that created a positive impact in the community. "So we decided it made sense to expand the native plant garden," she said adding, "The goal is to get the native plants in the ground, and then help them through those first two to three years. Then they're freerange plants. They just grow on their own."

An ongoing problem in properly tending Rose Creek Native Plant Garden, noted Zirk, has been keeping the native plants in, and the non-native, invasive plants out. "Once established in natural areas, these non-native plants grow so fast that they crowd out native vegetation, block streams causing flooding, and produce so much biomass that they become serious fire hazards," she said. "They also increase landscaping maintenance costs and contribute to the loss of recreational opportunities in our natural areas. Once invasive plants spread and take over natural areas, public resources are required to restore these lands."

Zirk added non-native plants negatively impact the entire ecosystem that they invade. "They crowd out the native plants that provide the right type of habitat and food sources for native birds, bugs, and reptiles." She added, "By re-establishing the natives (plants) you will increase the bird population, and the native butterflies and native honey bees do much better with the native plants."

On Nov. 11, Rose Creek garden party volunteers should meet behind the Rose Creek Cottage at



Karin Zirk of Friends of Rose Creek explains the differences between native and non-native invasive plant species at Rose Creek Native Plant Garden in Pacific Beach.

PHOTO BY DAVE SCHWAB

2525 Garnet Ave. For an hour or more, they will engage in weeding, watering, removal of invasive non-native plants, and trash collection. They will all also plant and tend native species. Wear sunscreen, closed-toe shoes, and a hat. Volunteers should bring

water and heavy-duty work or gardening gloves.

This garden project is perfect for community service credit hours. All volunteers under the age of 13 must have a parent or guardian with them. For more information, email me@karinzirk.com.

COMEDY »

Kyle Kazanjian-Amory speaking before the Nov. 3 show. "The first shows were in my friends' backyards and living rooms in Los Angeles. Six years later we're in 120 cities, six international."

It wasn't the first, or the last time Don't Tell Comedy has chosen PB as a live comedy venue. "We've been doing shows here since 2018," said Kazanjian-Amory. "Every month we'll have at least one show in Pacific Beach, sometimes up to three or four shows.

Pacific Beach is kind of our home down here. We do the most shows in this neighborhood." He added they've also done shows in Point Loma and Downtown San Diego, as well as in North County.

Discussing the successful launch of his homegrown business, Kazanjian-Amory pointed out that "live experiences are such an amazing way to connect with people and we didn't have it (due to COVID) for almost a year. So, after we were shut down for about nine months, we saw that there was a huge appetite for comedy for live events and just being in-person laughing together. That's been

great for our business."

Concerning how Don't Tell Comedy selects venues, Kazanjian-Amory noted people and businesses will reach out to them expressing willingness to host a show. "But initially, I just started going door-to-door asking people: That's how it started," he said.

He said prerequisites required for hosting live comedy include, "Any place that can fit 40 or more people that has open spacing, with things that are easily movable." He noted they've even done shows in bookstores, where things are on wheels and can be easily displaced. He added an average show

accommodates 65 people.

Regarding comic selection for the two special taped Nov. 3 performances in PB, Kazanjian-Amory said the comedians were flown in from New York, Atlanta, Los Angeles, San Francisco, and Portland, Ore. "It's a mix of the best of the next generation of comedians from all around the country that we bring here," he said. He added that "normal" shows in San Diego are a good mix of some of the best local talent, comedians living in San Diego who have been doing stand-up for at least three to five years, along with rising comics that Don't Tell Comedy brings down from Los Angeles for every San Diego show.

"A big part of what we're doing is trying to bridge the gap between comedians and audiences, connect them," concluded Kazanjian-Amory. "It's a beautiful thing because everyone loves it. People producing our shows love it because they're able to organize events. The comedians love it because they get good stage time in front of really good, young audiences. And the venues love it because it brings people into their businesses. So it's a win-win all the way around. It truly feels grassroots, even though we've been doing it for six years."

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 9018063 Fictitious Business Name(s) a.LSD36.COM b. EVENT TACTICS, 975 1/2 DIAMOND ST, SAN DIEGO, CA 92109 Is registered by the following: a.MICHAEL PATRICK MCGRATH This business is conducted by: AN INDIVIDUAL The first day of business was: 8/1/2023 Registrant Name: a.MICHAEL PATRICK MCGRATH
TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder County Clerk of San Diego County on: AUGUST 31, 2023 ISSUE DATES: October, 20, 27, November 3 & 10

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9020877 Fictitious Business Name(s) a.MAEVA TOURS, 8121 VALDOSTA AVENUE, SAN DIEGO, CA 92126 Is registered by the following: a. MAEVA TARACHU-McNICOL, This business is conducted by: AN INDIVIDUAL The first day of business was: 03/05/1997 Registrant Name: a. MAEVA TARACHU-McNICOL, TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks. . Jr. Recorder/County Clerk of San Diego County on: OCTOBER 11, 2023 ISSUE DATES: October 20 . 27. November 3 & 10

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021035 Fictitious Business Name(s) a. DELISH MEAL PREP, 2122 CORTE CONDESA, CHULA VISTA, CA 91914 Is registered by the following: a. ANNE E HARDIN This business is conducted by: AN INDIVIDUAL The first day of business was: 10/12/2023 Registrant Name: a. ANNE E HARDIN, TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks. . Jr. Recorder/County Clerk of San Diego County on: OCTOBER 13, 2023 ISSUE DATES: October,20 ,27, November 3 & 10

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2023-9018362 Fictitious Business Name to be Abandoned: a.ABBAS, JENSON & CUNDARI CPA'S, 3131 CAMI-NO DEL RIO NORTH #360, SAN DIEGO CA 92108 The Fictitious Business name referred to above was filed in San Diego County on:01/05/2016 and assigned File No. 2016-000269 Fictitious Business name is being abandoned by: a. TOMMY GERALD ABBAS b. CHRIS CUNDARI This business is conducted by: A GENERAL PARTNERSHIP. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1.000).) Registrant name: a. TOMMY GERALD ABBAS b. CHRIS CUNDARI Title of officer, if limited liability company/corporation. The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: SEPTEMBER 6, 2023 . ISSUE DATES: October,20 ,27, November 3 & 10

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO 37-2023-00045330-CU-PT-NC SUPERIOR COURT OF CALIFOR-NIA. COUNTY OF SAN DIEGO: STREET ADDRESS: Superior Court of California, County of SAN DIEGO: 325 S Melrose Drive, Vista, CA 92081 BRANCH NAME: NORTH COUNTY COURTHOUSE . TO ALL INTERESTED PERSONS: 1. Petitioner (name) SARAH JEAN DERRYBERRY filed a. petition with this court for a decree changing names as follows: Present name: a. SARAH JEAN DERRYBERRY to proposed name: SARAH JEAN HESSINGER-DERRYBERRY THE COURT ORDERS that all persons interested in this matter appear before the court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date:12-29-23 TIME: 8:30 AM DEPT: 25; a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: October 19, 2023 . JUDGE OF THE SUPERIOR COURT Brad A. Weinreb ISSUE DATES October 27, November 3, 10 & 17 Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection $% \left(1\right) =\left(1\right) \left(1\right)$ has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified. the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objection to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent and proof of service must be filed with the court. IT IS SO ORDED

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2023-00045605-CU-PT-CTL SUPERIOR COURT OF CALIFOR-NIA, COUNTY OF SAN DIEGO; STREET ADDRESS: Superior Court of California County of SAN DIEGO: 330 W BROADWAY SAN DIEGO CA 92101 BRANCH NAME: HALL OF JUSTICE COURTHOUSE TO ALL INTERESTED PERSONS: 1. Petitioner (name) BETTYANN DENT GROUT filed a. petition with this court for a decree changing names as follows: Present name: a. BETTYANN DENT GROUT To proposed name: BETTYANN GROUT GAGE THE COURT ORDERS that all persons interested in this matter appear before the court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing NOTICE OF HEARING a. Date: 12-06-23 TIME: 8:30 AM DEPT: 61; a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper); LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: OCTOBER 20 2023. JUDGE OF THE SUPERIOR COURT Michael T. Smyth ISSUE DATES:October 27, November 3 , 10 & 17Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objection to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent and proof of service must be filed with the court. IT IS SO ORDED

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 9020158 Fictitious Business Name(s) a.SII VERSTAR ENTERPRIS-ES, 4772 JELLETT ST, SAN DIEGO, CA 92110 Is registered by the following: a. RANDY PAUL STUBBS This business is conducted by: AN INDIVIDUAL The first day of business was: 0901/2023 Registrant Name: a. RANDY PAUL STUBBS, TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 02, 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9020648 Fictitious Business Name(s) a.ROBERTO'S TACO SHOP, 1155 SCOTT STREET, SAN DIEGO, CA 92106 Is registered by the following: a. AUTHENTICA MEXICAN FOOD, INC This business is conducted by: A CORPORATION The first day of business was N/A Registrant Name: a. AUTHENTICA MEXICAN FOOD INC, TITLE of Officer, if Limited Liability Company/Corporation Title of Signor MICHAEL DE LA ROSA, CHIEF FINANCIAL OFFICER The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 06, 2023 ISSUE DATES: October 27,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021241 Fictitious Business Name(s) a. SAVOR NUEVA ITALIA COCINA MEXICANA, 2422 SAINT ANNE DR, EL CAJON CA 92019 Is registered by the following: a. ARELI GARCIA VELENCIA b. CAR LOS MARTINEZ ROMERO This business is conducted by: A JOINT VENTURE The first day of business was: N/A Registrant Name: a. ARELL GARCIA VELENCIA b. CARLOS MARTINEZ ROMERO . TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks. . Jr. Recorder, County Clerk of San Diego County on: OCTOBER 17, 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021437 Fictitious Business Name(s) a.ANCIENTMODERNE, 8632 MELROSE AVE, LOS ANGELES, CA 90069 Is registered by the following: a. CHIC FRENCH NIGHT, INC This business is con ducted by: A CORPORATION The first day of business was: N/A Registrant Name: a. CHIC FRENCH NIGHT, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor GABRIEL SALZMANN, SECRETARY The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTO-BER 18, 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021354 Fictitious Business Name(s) a FL DAZA TAQUIZAS 1144 13TH STREET APT199, IMPERIAL BEACH, CA 91932 registered by the following: a. ALEJANDRA BURGOS b. DAVID DATZAEL SOLORIO GONZALEZ This business is conducted by: CO PARTNERS The first day of business was: 10/18/23 Registrant Name: a.a. ALEJANDRA BURGOS b. DAVID DATZAEL SOLORIO GONZALEZ TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks. Jr. Recorder/County Clerk of San Diego County on: OCTOBER 19, 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021435 Fictitious Business Name(s) a.CHURROS EL CHICO, 2178 HARRISON AVE, SAN DIEGO, CA 92113 Is registered by the following: a. FRANCISCO VAZQUEZ HERNANDEZ This business is conducted by: AN INDIVIDUAL The first day of business was: 10/18/23 Registrant Name: a. a. FRANCISCO VAZQUEZ HERNAN-DEZ TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan 7, Marks, . Jr. Re corder/County Clerk of San Diego County on: OCTOBER 19, 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9021433 Fictitious Business Name(s) a.BUTTERFLY RESIDENTIAL & COMMERCIAL CLEANING SERVICES, 625 S. JOHNSON AVE, EL CAJON, CA 92020 Is registered by the following: a. LIDIA PEREZ This business is conducted by: AN INDIVIDUAL business was: 10/12/23 Registrant Name: a. LIDIA PEREZ TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/ County Clerk of San Diego County on: OCTOBER 19, 2023 ISSUE DATES: October 27, November 3 , 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9019936 Fictitious Business Name(s) a. PROTRANSLATE ,812 HAVENHURST POINT, LA JOLLA, CA 92037 Is registered by the following: a. HAVENHURST INVESTMENTS, LLC This business is conducted by: A. LIMITED LIABILITY COMPANY The first day of business was: 02/05/2014 Registrant Name: aa. HAVENHURST INVESTMENTS, LLC Officer, if Limited Liability Company/Corpora tion Title of Signor GLADYS A GARCIA, MANAGER The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: SEPTEMBER 27 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021503 Fictitious Business Name(s) a. SOCIFTY BILLIARDS CAFE b. SOCIETY BILLIARDS ,1051 GARNET AVENUE, SAN DIEGO CA 92109 Is registered by the following: a.AMERICAN HIGH, INC, A CALIFORNIA CORPORATION This business is conducted by: A CORPORATION The first day of business was: 11/14/1989 Registrant Name: a.AMERICAN HIGH, INC, A CALIFORNIA CORPO-RATION Officer, if Limited Liability Company/Corporation Title of Signor Oved Haskal, President The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OC TOBER 19, 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 9021584 Fictitious Business Name(s) a.REVAMPLIFY, 3711 INGRAHAM ST #4, SAN DIEGO, CA 92109 Is registered by the following: a. KUMBIRAYI TAFADZWA MURINDA This business is conducted by: AN INDIVIDUAL The first day of business was: 10/14/23 Registrant Name: a. . KUMBIRAYI TAFADZWA MURINDA TITLE of Officer, if Limited Liability Company/Corporation Title of Si gnor The statement was filed with Jordan Z. Marks. . Jr. Recorder/ County Clerk of San Diego County on: OCTOBER 20 DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021263 Fictitious Business Name(s) a. BALI HAI RESTAURANT, 2230 SHELTER ISLAND DRIVE, SAN DIEGO CA 92106 Is registered by the following: a.SHELTER ISLAND INC This business is conducted by: A. CORPORATION The first day of business was: 08/15/1953 Registrant Name: a.SHELTER ISLAND INC Officer, if Limited Liability Company/Corporation Title of Signor Susan H Baumann, President The statement was filed with Jordan Z. Marks, Jr. Recorder/County Clerk of San Diego County on: OCTOBER 17, 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021264 Fictitious Business Name(s) a, TOM HAM'S LIGHT-HOUSE, 2150 HARBOR ISLAND DRIVE, SAN DIEGO CA 92101 Is registered by the following: a.SHELTER ISLAND INC This business is conducted by: A. CORPORATION The first day of business was 11/01/1971 Registrant Name: a.SHELTER ISLAND INC Officer, if Limited Liability Company/Corporation Title of Signor Susan H Baumann, President The statement was filed with Jordan Z. Marks, Jr. Recorder/County Clerk of San Diego County on: OCTOBER 17, 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021722 Fictitious Business Name(s) a. MAYDAY, 1156 BROAD WAY, EL CAJON, CA 92021 Is registered by the following: a.MAY-DAY TOWING, LLC This business is conducted by: A LIMITED LIA-BILITY COMPANY The first day of business was: October 1, 2023 Registrant Name: a.MAYDAY TOWING, LLC Officer, if Limited Liability Company/Corporation Title of Signor .Majed Adel Fahad Nemat, President The statement was filed with Jordan Z. Marks, ,

Jr. Recorder/County Clerk of San Diego County on: OCTOBER 24. 2023 ISSUE DATES: October 27, November 3, 10 & 17

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021772 Fictitious Business Name(s) a.CLEARSTEM b CLEARSTEM SKINCARE, 7440 GIRARD AVE #9, LA JOLLA, CA 92037 Is registered by the following: a. CLEARSTEM SKINCARE INC This business is conducted by: A. CORPORATION The first day of business was: 07/01/2016 Registrant Name: a.SHELTER IS LAND INC Officer, if Limited Liability Company/Corporation Title of Signor DANIELLE GRONICH, CEO The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 24, 2023 ISSUE DATES: October 27, November

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021530 Fictitious, Business Name(s) a BBOS EXPRESS, 573 LA RUE WAY, EL CAJON, CA 92021 Is registered by the following: a.MHSD TRANSPORTATION, INC This business is conducted by: A CORPORATION The first day of business was: 10/20/2023 Registrant Name: a.MHSD TRANSPORTATION, INC Officer, if Limited Liability Company/Corporation Title of Signor MICHAEL HANNA, CEO The statement was filed with Jordan Z. Marks, , Jr. Recorder/ County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: November 3, 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9020709 Fictitious Business Name(s) a. VAL'S PALS, 4902 ELSA RD, SAN DEIGO, CA 92120 Is registered by the following a.VALERIE JETTER This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a.VALERIE
JETTER Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks. . Jr. Recorder/County Clerk of San Diego County on: OCTOBER 09, 2023 ISSUE DATES: November 3, 10, 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021590 Fictitious Business Name(s) a. THE HANDY CARPEN-TER SAN DIEGO, 3422 PALM AVE #1, SAN DIEGO, CA 92154 Is registered by the following: a.PRISCILLA CARMELO This business is conducted by: AN INDIVIDUAL The first day of business was: 04 1-2022 Registrant Name: a.PRISCILLA CARMELO Officer. if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: November 3, 10, 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -9021520 Fictitious Business Name(s) a. GIANT SEQUOIA JOURNEYS, 3750 MONROE STREET, CARLSBAD, CA 92008 Is registered by the following: a. GIANT SEQUOIA MARKETING, INC This business is conducted by: A CORPORATION The first day of business was: 08/25/2023 Registrant Name: a. GIANT SEQUOIA MARKETING, INC Officer, if Limited Liability Company/Corporation Title of Signor Gabriela Franco Sharples, President/CEO The statement was filed with Jordan Z. Marks, , Jr. Recorder/Count Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES November 3, 10, 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 -90211621Fictitious Business Name(s) a. ABBAS, DUTSON &CUNDARI CPAS, 3131CAMINO DEL RIO N SUITE 360, SAN DI-EGO, CA 92108 Is registered by the following: a. JEREMY DUT-SON b. CHRIS CUNDARI c. TOMMY GERALD ABBAS This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: 08/17/2023 Registrant Name: a. JEREMY DUTSON b. CHRIS CUNDARI c. TOMMY GERALD ABBAS Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 21, 2023 ISSUE DATES: November 3, 10, 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9022001 Fictitious Business Name(s) a. LECOURT VINEYARDS 16270 HIGHLAND MESA DRIVE, ESCONDIDO, CA 92025 Is registered by the following: a. R & J SPIRITS, INC This business is conducted by: A CORPORATION The first day of business was: N/A Registrant Name: a. R & J SPIRITS, INC Officer, if Limited Liability Company/Corporation Title of Signor JOSHUA MCCOURT, President The statement was filed with Jordan Z. Marks, , Jr. Recorder/ County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: November 3, 10 , 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9022156 Fictitious Business Name(s) a.PACIFIC COAST ASH SCATTER, 3377 CHEYENNE AVE, SAN DIEGO, CA 92117 Is registered by the following: a. ECO DEVELOPMENT GROUP, LLC This business is conducted by: A LIMITED LIABILITY COMPANYThe first day of business was: 10/01/2023 Registrant Name: a. ECO DEVELOPMENT GROUP, LLC Officer, if Limited Liability Company Corporation Title of Signor ERIC REED, MANAGING MEMBER The statement was filed with Jordan Z. Marks. . Jr. Recorder/Count Clerk of San Diego County on: OCTOBER 30, 2023 ISSUE DATES November 3, 10, 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 9022169 Fictitious Business Name(s) a. KIDS CHAWACTER ART, 4485 GRANGER ST, SAN DIEGO, CA 92107 Is registered by the following: a. WILLIAM A MUFFAT business is conducted by: AN INDIVIDUAL The first day of business was: 10/28/2023 Registrant Name: a. WILLIAM A MUFFAT Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on OCTOBER 30, 2023 ISSUE DATES: November 3, 10 , 17 $\&\,24$

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023. 9022183 Fictitious Business Name(s) a. SAN DIEGO STAGE RENTAL, 962 LA SOMBRA, SAN MARCOS, CA 92078 Is registered by the following: a. PETER HURLEY business is conducted by: AN INDIVIDUAL The first day of business was: 10/30/2023 Registrant Name: a. PETER HURLEY Officer, if Limited Liability Company, Corporation Title of Signor The statement was filed with Jordan Z Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTO-BER 30, 2023 ISSUE DATES: November 10, 17, 24 & December 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 9021548 Fictitious Business Name(s) a. OVERTIME VENDING 4079 GOVERNOR DRIVE #5140, SAN DIEGO, CA 92122 Is registered by the following: a. JESUS ANTONIO SANCHEZ business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. JESUS ANTONIO SANCHEZ Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: OCTOBER 20, 2023 ISSUE DATES: November 10, 17, 24 & December 1

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023 9022469 Fictitious Business Name(s) a. JERMAINE AMIR RAN-SOME b. MAJOR LEAGUE HOLDINGS, 9076 BERKVIEW LANE SPRING VALEY, CA 91977 Is registered by the following: a. JER-MAINE AMIR RANSOME business is conducted by: AN INDIVIDU-AL The first day of business was: 11-03-23 Registrant Name:a. JERMAINE AMIR RANSOME Officer, if Limited Liability Company Corporation Title of Signor The statement was filed with Jordan 7. Marks. . Jr. Recorder/County Clerk of San Diego County on NOVEMBER 3, 2023 ISSUE DATES: November 10, 17, 24 & De-

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9022340 Fictitious Business Name(s) a. NORTH POLE CHRIST-MAS TREES, 4757 PALM AVE, LA MESA, CA 91942 Is registered by the following: a. INDEPENDENT SOLAR business is conducted by: A CORPORATION The first day of business was: N/A Registrant Name:a. INDEPENDENT SOLAR Officer, if Limited Liability Company/Corporation Title of Signor ANDREW AQUINO, CEO The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 1, 2023 ISSUE DATES: November 10, 17, 24 & December 1

City announces funding opportunity to elevate arts-based projects in communities

The City of San Diego has launched a new opportunity for local artists and organizations to create change-making projects that reflect local communities through Impact, a funding program for artists and nonprofit organizations. Impact aims to address systemic challenges in arts and cultural ecosystems and forge new paths to transform communities through the arts, in alignment with City priorities and its adopted Strategic Plan.

Guidelines for the pilot funding opportunity are available on the City's Arts and Culture webpage, and the deadline to apply is 8 a.m. on Nov. 13.

The Impact pilot program will offer phased funding up to \$100,000 over 18 months from Jan. 1, 2024 – June 30, 2025, to 10 collaborations comprised of artists and organizations. Funding awards will serve as a resource for lead

artists and nonprofit organizations based in San Diego Communities of Concern and the San Diego Promise Zone and its collaborative partners. The purpose is to develop and implement change-making innovative projects within these designated geographic boundaries connecting heritage, sustainability and justice ¬— three areas identified by the City as having the most significant potential for impact and community value.

"In a time of increasing challenges in the arts and cultural ecosystems, the need for new ideas could not be more apparent. Accelerating costs of creating and producing work, growing threats to cultural heritage, and persistent injustices all underscore the need for shifts in approach," said Jonathon Glus, Executive Director of Arts and Culture. "Transforming the creative future of our city will

require new voices and models for change-making, and this Impact pilot is a way to uplift this work in areas of the City prioritized for investment."

Impact is made possible by Transient Occupancy Tax (TOT), a tax collected from visitors who stay overnight in hotels, motels and other similar accommodations.

Each funded collaboration will produce a project to inspire others locally, regionally, nationally and bi-nationally. An essential outcome of Impact is that learnings and results can be shared with the communities centered in the project and the arts, cultural and creative sectors. Awardees will also benefit from networking and learning opportunities throughout their project term.

"We know that artists and organizations are hard at work in the gaps between and often outside traditional systems. This is an opportunity for visionary artists and organizations doing unique work in the community to make a potentially significant, lasting impact on society's most pressing challenges in the arts, cultural and creative sectors," said Chief of Civic Art Strategies Christine Jones.

The pilot includes several features designed to streamline the application process and make the opportunity accessible to artists and small organizations in San Diego-designated Communities of Concern or the San Diego Promise Zone. This pilot does not require applicants to provide a funding match, and applications will be accepted through a shortened

application process. Applicants will complete an eligibility survey before completing a full application for consideration.

Free online resources and assistance are available to potential applicants. Visit the Impact Resources webpage for resource offerings and an office hours calendar.

The City of San Diego advances and drives an equitable and inclusive creative economy and cultural ecosystem by investing in the work of artists and creatives and the institutions and systems that amplify creative work and experiences. To learn more, visit sandiego.gov/arts-culture.

RAIN, WIND, AND FIRE...

"The three menaces to any chimney, fireplace, or stove."



Every year there are over twenty thousand chimney / fireplace related house fires in the US alone. Losses to homes as a result of chimney fires, leaks, and wind damage exceeds one hundred million dollars annually in the US. Additionally, mold, mildew, pollen, dust and flammable creosote are among the hazards that can build up and collect in the flue of a chimney. A thorough inspection, and cleaning if necessary, will dislodge and remove such build-ups.

CHIMNEY SWEEPS, INC., one of San Diego's leading chimney repair and maintenance companies, is here to protect you and your home from losses due to structural damage and chimney fires.

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A+ Rating

Crown Point author writes true story of Irish refugee

By DAVE SCHWAB

ocal attorney Dan Lawton's first nonfiction book, "Above the Ground: A True Story of The Troubles in Northern Ireland," tells the story of Irish refugee Kevin Barry Artt during the Irish "Troubles."

The Troubles were an ethno-nationalist conflict in Northern Ireland that lasted from the late 1960s to 1998. The conflict is usually deemed to have ended with the Good Friday Agreement of 1998, which ended most of the violence of the Troubles. The agreement restored self-government to Northern Ireland on the basis of "power sharing," and it included the early release of paramilitary prisoners, followed by demilitarization.

Artt, charged with possession of firearms and the 1978 murder of the Deputy Governor of Maze (he was ultimately cleared) and numerous other IRA political prisoners had been held in the supposedly escape-proof HM Maze Prison in Northern Ireland. They fled the facility in what has become

known as "The Great Escape." Artt and three other escapees successfully escaped only to be arrested in the United States between 1992 and 1994. They all fought lengthy legal battles against extradition.

In 2000 the British government withdrew extradition requests for Artt and two others, who officially remained fugitives. But in 2003, Artt and his colleagues were finally informed by the British

government that they were no longer being "actively pursued."

"Above the Ground" is a gripping account of one of the darkest periods in Northern Ireland's history, a tale of survival and redemption for an innocent man (Artt). Themes of injustice, perseverance, and hope emerge in the

piqued his interest because he felt "the American media didn't do a good job" of explaining who the Irish opposition leaders to British rule were, and what exactly they'd done. "Men (prisoners) were starving themselves to death, and why was (Prime Minister) Thatcher's government insisting on treating

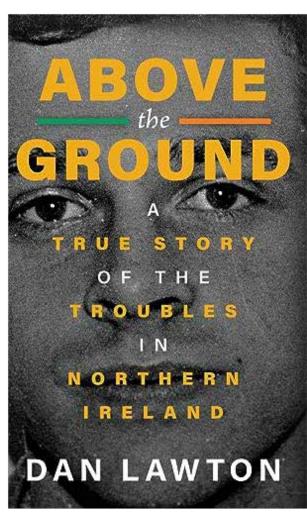
them the way they did?" asked Lawton adding, "All of that was new to me. How does an innocent man get falsely convicted?"

"One of the goals with this book is to try and explain the Troubles to an American audience in a way they can understand without being overwhelmed with the alphabet soup of the jargon used describing the Troubles," continued Lawton. "It can be confusing if not explained well. I also think some of the issues I deal with in this book are timeless."

Extensive research was done by Lawton on his first book. "I traveled to Ireland several times to collect documents and interview witnesses," he said. "I looked at every page of all of the court records in both of the legal cases – 125 banker's boxes. All the interviews, the review,

and analysis of all the documents took some time."

What does Lawton want readers to come away with from reading his inaugural novel? "I want to tell people a unique story about an innocent man who was unjustly imprisoned in a high-security prison in Europe, and ultimately was vindicated against all odds," he concluded. "It's truly a David and Goliath story, one that has timeless elements."



story of Artt's ultimate escape and struggle against an unjust legal system and two mighty legal adversaries – the British and U.S. governments.

Lawton, a Crown Point resident who grew up in Orange County, is a practicing attorney with the law firm of Klinedinst San Diego. He learned about Artt and the Troubles "from scratch" while in college, and the drama of the Maze prison escape and its aftermath



SUDOKU PUZZLE

		3				6			2
		6	1			4			
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	8	2				3			6
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		9						7	5
					8				
	6			4	7				

Fill in the blank cells using number 1 to 9. Each number can appear **CROSSWORD PUZZLE** 13 15 20 26 44 58

CLUES ACROSS

once in each row column and 3x3 block. Use logic and process

- 1. Happen again
- 8. Large flightless birds
- 13. A type of account
- 14. Beyond what is natural
- 15. Beloved comfort food
- 19. Rural delivery
- 20. Belonging to us
- 21. Typical
- 23. Returned material authorization (abbr.) 24. Not us

6. Utilize

CLUES DOWN

1. Vital public document

3. Musical performances

5. Every body has one (abbr.)

- 25. Discharge
- 26. Made empty

- 35. Circles around the sun
- 40. Recommendations
- 45. Puke

- 30. Fishing net
- 31. Fast-moving, harmless snake material
- 32. Analyzed into its parts
- 33. In a way, chilled
- 34. Hindu queen
- 38. Used for emphasis
- 39. Reactive structures
- 44. Feel intense anger
- 16. Popular R&B performer
- 17. Regretted
- 18. Leg (slang) 22. "Night Train" author
- 25. More supernatural 27. Baltimore ballplayer

30. More lucid

Disorder

32. Trim by cutting

34. Disreputable people

35. Dramatic behaviors

37. Private box in a theater

- 28. Shoe parts 7. In a way, disproved 29. Scores perfectly
- 8. Fisherman's tool 9. Of she
- 10. Trauma center
- 11. Commercial flyer
- 12. Administered medicine to

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46. Rural Northern Ireland com-

47. Naturally occurring solid

48. British watch brand

50. Integrated circuit

55. "Pets" you can grow

58. Puts together in time

59. Houses temporarily

38. More dried-up

41. In operation

43. Butterflies with brown wings

40. Raw

42. Pillager

45. Disallow

48. Own up

54. Lease

56. Not out

51. Hungarian city

53. Tax collector

52. A way to condemn

51. Being revered

57. Continual

munity

49. Toddler

LIVE FROM SAN DIEGO - Music performances on the coast this week

By BART MENDOZA

SPOTLIGHT

It's hard to pigeonhole the music of Hemisphere (right). A blend of contemporary jazz, pop, and a touch of progressive rock, the band's music draws fans across genres. Performing at Humphrey's Backstage Live on Nov. 11 in support of their recent album, "Unity," Hemisphere has put together a wide-ranging bill for the night. Opening acts include Hawaiianthemed combo, Slack Key Ohana, and award-winning blues singer Whitney Shay, set to debut an acoustic Bowie tribute. All three acts are headliners in their own right, with this bill also a testament to San Diego's diverse music community.

Hemisphere: Saturday, Nov. 11 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 8 p.m. \$25-\$50. humphreysbackstagelive.com.

RECOMMENDED

Singer-songwriter Amanda Cogan celebrates the release of her album, "Shifting Winds," with a daylong album release show at the Mission Beach Boat & Ski Club on Nov. 11. A two-time San Diego Music Award nominee, Cogan is a strong songwriter, with several cover worthy tunes in her musical arsenal, including the anthemic "Sorry Aint Enough," a song ready-made for modern country radio. Kicking off at 1:30 p.m., other artists taking part in the festivities include Gary Flick, Gaby Aparicio & La Buena Onda, John Rankin, Ash Foster, and Howlin' Moon.

Amanda Cogan: Saturday, Nov. 11 at Mission Beach Boat & Ski Club, 2606 N Mission Bay Drive. 8:30 p.m. \$5. www.eventbrite. com/e/722499765247.

The Allison Adams Tucker Trio will play at the Athenaeum on Nov. 13 as part of the venue's Monday Lunchtime Mini Concerts. A favorite guest vocalist with acclaimed jazz guitarist Peter Sprague, Tucker is on a roll



Allison Adams Tucker Trio: Monday, Nov. 13 at the Athenaeum Music & Arts Library, 1008 Wall St. Noon. No cover. ljathenaeum.org.

clear, melodic voice.

Long-running mid-west rockers REO Speedwagon, still featuring frontman Kevin Cronin, return to Humphrey's Concerts by the Bay on Nov. 13. Formed in 1967, the group hasn't released an album of original music since 2007's "Find Your Own Way Home," currently touring a greatest-hits set. As such, the night will consist solely of REO Speedwagon's best-known songs, including such standards as "Keep On Loving You" and "Take It On The Run." Longtime fans won't want to pass up this opportunity to see an old favorite, while newcomers to REO's sound will find the night's choice of tunes to be a good introduction.

REO Speedwagon: Monday, Nov. 13 at Humphrey's Concerts by the Bay, 2241 Shelter Island Drive. 7:30 p.m. \$135 and up. humphreysconcerts.com.

Classic rock fans will want to check out The Rolling Heartbreakers, who perform at Tio Leo's on Nov. 17. Mixing the songs of Tom Petty with those of the Rolling Stones, the band casts a wide net on their setlist. All their music is well played, but where The Rolling Heartbreakers excel is with their early 1960s Stones material, with songs like "Paint It Black" and "Get Off Of My Cloud," performed with real passion. If you like the music of either of the Rolling Heartbreakers namesake groups, you'll love every second of

The Rolling Heartbreakers: Friday, Nov. 17 at Tio Leo's, 6333 Mission Gorge Road. 7 p.m. \$12. tioleos.com.

this show.

Although Moonshine Beach is known as a country music haunt, they do on occasion branch out with their bookings. Such will be the case on Nov. 22 with an appearance from new wave and powerpop era tribute band, The Spazmatics. The band has a comedic angle, dressing in silly "nerd" styled costumes, but they match that with top-notch musicianship. There likely won't be any line dancing to songs such as Devo's "Whip It" or Depeche Mode's "Just Can't Get Enough," but for anyone who enjoys 1980s-era music, this concert will be a lot of fun.

The Spazmatics: Wednesday, Nov. 22 at Moonshine Beach 1165 Garnet Avenue. 8 p.m. \$10. moonshinebeachsd.com

CHAMBER MUSIC AT THE CONRAD

Join Mainly Mozart for an intimate evening of Chamber Music at the Conrad with works by Mozart and the world premiere of an original work by Mainly Mozart Youth Orchestra member Edric Saphire performed by internationally renowned pianist Anne-Marie McDermott, San Diego Symphony Orchestra (SDSO) principal bassoon Valentin Martchev, SDSO concertmaster Jeff Thayer, SDSO associate concertmaster Wesley Precourt, SDSO principal cello Yao Zhao and SDSO principal viola Chi-Yuan Chen at 7 p.m. on Tuesday, Nov. 14, at The Conrad, 7600 Fav Ave.

CHAMBER MUSIC AT THE CONRAD 2

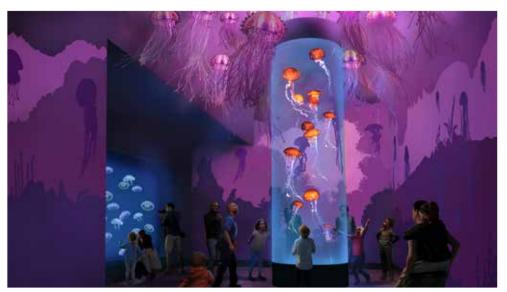
From the mind of acclaimed composer Clarice Assad comes

Tapestry, an amalgamation of the ideas of 50 female musicians and composers from across the globe, built as a celebration of women. Performed with pianist Anne-Marie McDermott and more at 6 p.m. on Saturday, Nov. 18, at The Conrad, 7600 Fay Ave. The program also includes "Piano Trio" by the prolific American composer Ellen Zwillich who earned the 1983 Pulitzer Prize in Music for her "Symphony No. 1. The concert will conclude with "Piano Quintet in F Sharp Minor" written in 1909 by Amy Beach, who is widely considered to be the first successful woman composer in America. tickettailor.com/events/ mainlymozartinc/999243.

FREE THIRD THURSDAY

Join Museum of Contemporary Art San Diego at its Joan and Irwin Jacobs Building in La Jolla

at 700 Prospect St. from 6-8 p.m. on Free Third Thursday, Nov. 16, for My Barbarian, a collective consisting of Malik Gaines, Jade Gordon, and Alexandro Segade, who will perform a staged reading of "The Mother and Other Plays," previously presented at the Whitney Biennial 2014, among other venues nationally. This live adaptation of Bertolt Brecht's "The Mother" (first performed in 1932), includes original musical numbers and improvised content, and also maintains the Brechtian concept of the Lehrstück, or learning-play, by inviting audience members to participate in select scenes. A play about the revolutionary potential of motherhood, My Barbarian's "The Mother and Other Plays" offers audiences a theatrical, and critical, performance experience. Refreshments will be available for purchase from The Kitchen.



Artist's rendering of Jewels of the Sea: A Jellyfish Experience, which will open next year.

New jellyfish exhibit to open in 2024 at SeaWorld San Diego

By KYUNGMIN MIN

eaWorld San Diego held a groundbreaking for its new animal exhibit, Jewels of the Sea: A Jellyfish Experience on Friday, Nov. 3, coinciding with National Jellyfish Day. The new exhibit is set to open in spring 2024, with three different galleries showcasing various species of jellyfish alongside educational graphics.

On the day of the groundbreaking, some pieces of concept art for the galleries were displayed. In the first gallery, visitors will be immediately greeted by a few different species of jellyfish and some unique habitats, including upside-down jellies, sea nettles, and moon jellies. As they walk into the second gallery, visitors will be surrounded by an iconic arch of moon jellies. At the same time, SeaWorld will show an 18-foot cylinder, the largest of its kind in the country.

In the last gallery, visitors will encounter over 10 different jellyfish habitats with immersive media. Educational opportunities will be provided as well, allowing them to learn about the environmental perils of plastics in the oceans.

Next year also marks SeaWorld San Diego's 60th anniversary.

"The opening of the jellyfish exhibit will be just one of the many ways we will celebrate our 60th anniversary next year. We are planning for an incredible ongoing celebration all year next year," said Jim Lake, SeaWorld San Diego park president.

After the ceremony, there was a tour of the aquarium lab. Attendees had the opportunity to learn more about jellyfish and touch them. Children who were invited to the event asked questions to curators, such as whether moon jellies sting, if they have eyes, what kind of food they eat, and more. One child exclaimed, "It's gooey!" after touching a moon jelly.

In the new exhibit, visitors will have the chance to touch jellyfish as part of an upgraded tour that takes them behind

UC SAN DIEGO TOWN AND GOWN

PROGRAM



Children are experiencing touching moon jellies during an aquarium lab tour. This will be included in the actual exhibit starting next year.

PHOTO BY KYUNGMIN MIN

the scenes, where SeaWorld raises these species.

SeaWorld is trying to provide educational lessons that are vital for protecting the oceans, not only offering thrilling experiences as a theme park.

"We are very excited to have a new animal experience to showcase several different species of mesmerizing and unique animals and bring the educational aspect of how they play in the ecosystems and how they can help us learn about ocean health," said Danielle Castillo, a curator of the aquarium.

The educational part will be particularly crucial for the next generation. Both Castillo and Mark O'Connor, a volunteer with Surfrider San Diego County, emphasize the importance of encouraging children to use reusable items and reduce plastic waste.

"I am really excited to be able to share the teaching opportunity with children so they can move forward and help us to make changes for the environment," Castillo said.

The Jellyfish Experience will be the newest immersive and interactive aquarium at the park, offering exclusive galleries and media. SeaWorld pass members will receive a preview of the new exhibit before it opens to all guests. For more information, park hours, and purchase tickets. visit SeaWorld San Diego.

luncheons. Town and Gown luncheons are held the first Tuesday of each month during the academic year

Many people believe that older adults sleep less than younger adults, yet that is not necessarily true. Sleep disturbances are very common in older adults, yet they are not a result of aging per se, but rather almost always related to other - treatable conditions. Ancoli-Israel will walk through the common types of sleep disturbances and the latest effective treatments being developed at UC San Diego.



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"I Need A Good Night's Sleep - Help!" is the second lecture of UC San Diego Town and Gown's lunch and lecture series on Nov. 14 at 11 a.m. at Joya Kitchen in La Jolla. This month's featured speaker is Sonia Ancoli-Israel, Ph.D., professor emeritus of psychiatry at UC San Diego School of Medicine, who will discuss the latest methods and tactics to improve sleep. Contact townandgown@ucsd.edu for information about membership and attendance at the

Greetings from San Diego: A perspective on interpreting this society

By KYUNGMIN MIN

Dear readers:

I would like to greet you for the first time, as I have had a great opportunity to participate with the San Diego Community Newspaper Group.

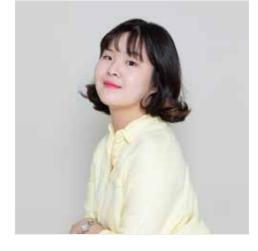
It has been three months since I arrived in San Diego, and I have been staying in Little Italy during this time. My life there has been fascinating because I could experience two different versions of scenery simultaneously: the ocean and the city. Also, it's hard to talk about Little Italy without mentioning how nice the restaurants are.

I am from Korea, and I know the feeling how comforting a foreign village can be for people from abroad. I also have enjoyed visiting Convoy Street to have some Asian food with my friends. Therefore, it meant a lot to me to be a part of the melting pot of Italian and American history, experiencing how Italians appreciate their own culture and food in San Diego.

Now, I have moved to Pacific Beach, and I am getting used to the new, more peaceful atmosphere that gives me a Californian mood.

Let me tell you more about my story. I am a university student in Korea, studying philosophy. As someone who is always eager to explore the wider world, I decided to come to the US with only one semester left until graduation. I am here as a participant in a cultural exchange program between the USA and the Korean government.

Over the past three months, I have taken a language course and had a tremendous opportunity to meet people from different countries and hear their stories. Every single story they shared has given me inspiration



and helped me find meaning in my life in this new city.

The people and culture here are vastly different from what I have experienced in Korea. San Diego is less hectic compared to the city where I was born and raised, which is Seoul. Therefore, I am learning how to ease myself and not be obsessed with perfectionism.

People here enjoy engaging in small talk with random people on the street and treat me as if we have been friends for decades. Small talk is one of the unfamiliar cultural practices that many Asians are not used to, and I also had a hard time with it at first. However, it has helped me a lot to get to know San Diego better over time. Now, I understand that this is one of the essentials of American culture.

Also, people here are more open-minded about diversity. Once, I volunteered as an interpreter for a program held by the U.S. Embassy in Seoul and the San Diego Diplomacy Council. The theme of the program was 'diversity and tolerance,' and it

featured influencers with various characteristics, such as homosexual, people who need more help, a drag queen, a North Korean defector, and more.

I remember that a drag queen told me she feels safer and more confident here because people compliment her fashion and take pride in her, saying she is astonishing and marvelous. However, back when she was in Korea, sometimes she had to endure insults from anonymous individuals. Even though Korea has been changing to better understand and embrace diversity than before, it is still conservative in some ways compared to the rest of the world.

Of course, as in the case of every city around the world, there are some problems here too. Rent and prices are too high for many people to afford, leading to being unhoused. Before I came to the US, I had heard that the homeless problem was getting more severe, but now it has become a reality in my life. I couldn't hide the shock when I first saw tens of tents under a bridge and people living with their belongings in shopping carts.

Moreover, there might be various kinds

of difficulties that students from abroad or non-native Americans have encountered. The number of students pursuing bachelor's to doctoral degrees from other countries is increasing. At the same time, non-native populations are also on the rise.

With experience working as a journalist for a university newspaper in Korea, I truly enjoy hearing the voices of students who are the future of our society. As I have family members who are Korean Americans, I am also interested in people who are forging their own paths and communities in a world where they are recognized as strangers.

The world we live in is becoming more diverse as time goes by, and San Diego is no exception. Everyone is facing challenges in their lives and trying to find solutions. I hope I can serve as a bridge, conveying varied stories and offering new perspectives to interpret San Diego as someone who came from outside of this society through the San Diego Community Newspaper Group.

Kyungmin Min is an international intern from South Korea.

DISCOVER PACIFIC BEACH UPDATE

Discover Pacific Beach, the community's business improvement district, the second largest in San Diego with over 1,400 member businesses, reports October was a banner month for the organization. DPB seeks to revitalize and promote the Pacific Beach community, both physically and economically.

"It was a month filled with joy, camaraderie, and community spirit that truly defines the essence of our beautiful beachside neighborhood," said Sunny Lee, DPB's executive director. "Our BeachFest event marked the beginning of October with a bang. It was a resounding success, and we owe a huge debt of gratitude to our generous sponsors – High Noon, Mavericks Beach Club and Diamond Parking – who made it all possible, and we look forward to continuing this partnership into the future.

"Looking ahead, we are thrilled to announce that next year, DPB will be celebrating its 25th anniversary of BeachFest," continued Lee. "It's a remarkable milestone, and we're already hard at work planning an extraordinary event that will make it a year to remember. We can't wait to share more details with you in the coming months."

Board Elections - "Our annual meeting and board elections also took place in October," said Lee. "The dedication and passion of our board members are instrumental in shaping the future of our community, and we are fortunate to have this outstanding group of newly elected individuals leading us into the next year: John Anderson, Mavericks Beach Club, Eric Marenburg, San Diego Running Co., Wilber Lai, Ocean Park Inn, Randall Engstrom, Randall's Sandals, Shylah Hales, Diamond Parking. "We believe that with this dedicated team on board, we are well-positioned to tackle the challenges and opportunities that lie ahead," concluded Lee.

BEACH COMMUNITY COURT

Discover Pacific Beach business improvement district is seeking volunteers for the Beach Area Community Court Impact Panel, to help educate people who have committed quality-of-life crimes in your community. They need to hear from residents how these types of offenses diminish quality of life in the beach area, and how they affect you and your family every year.

When it comes from you, it's real, and they listen. Offenders of quality of life crime examples: alcohol related offenses, urinating in public, littering, glass on the beach, smoking, dogs off a leash.

These types of offenders can be given the opportunity to attend Beach Area Community Court. Community Court happens once a month during most of the year, and several times a month during the summer season. You can help once, or as many times as you like. Needed are a variety of voices and stories to reach participants and broaden their point of view regarding personal responsibility and making amends. The educational component lasts two hours, but participation is for about 45 minutes to an hour on a weeknight. There is also a short training session (2 hours) that you must complete before you can volunteer for BACC. The volunteer registration form includes the scheduled dates of the Impact Panel discussions. Volunteer Registration.

LJ SANDPIPER HAPPY HOUR

Sandpiper Wood Fired Grill & Oysters at 2259 Avenida De La Playa in La Jolla Shores offers all-day happy hour on Fridays and Saturdays from 11 a.m.-5:30 p.m. Happy hour on Wednesdays, Thursdays, and Sundays is 4-5:30 p.m. Specialty cocktails, well drinks, draft beer, and wines by the glass are all \$4 off during that time. Sandpiper is the sister restaurant to founder Trey Foshee's Georges at the Cove.

DUCK DIVE THANKSGIVING

This Thanksgiving, Duck Dive at 4650 Mission Blvd. will be serving traditional turkey dinner and a prime rib dinner. Traditional turkey dinner will be \$42, and includes turkey, mashed potatoes, stuffing. seasonal vegetables, cranberry sauce and pumpkin pie. The prime rib dinner is \$51, and consists of horseradish cream, mashed potatoes, seasonal veggies, and pumpkin pie. Thanksgiving dinner service will be 11 a.m.-close, while supplies last, and reservations are encouraged for groups of four or more. Duck Dive will also be serving fall-inspired libations throughout the day. Reservations can be made by calling 858-273-3825. Duck Dive will also be having a canned food drive on Thanksgiving day. Guests can bring in a can of unopened, unexpired food and receive a Jameson Irish coffee for only 1 cent.



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County releases Climate Action Plan to reduce greenhouse gases

By SHAUNI LYLES

he County of San Diego's Draft Climate Action Plan (CAP), a blueprint for reducing greenhouse gas (GHG) emissions in the unincorporated area and at County facilities, is now available for public review and comment.

Actions outlined in the Draft CAP will ultimately help us reach net zero emissions by 2045. Net zero means removing the same amount of emissions that are produced.

The CAP is designed to improve overall sustainability while meeting the state's GHG requirements through actions in the following sectors: built environment and transportation, energy, solid waste, water and wastewater, and agriculture and conservation.

What does reducing GHG emissions achieve?

Implementing the CAP actions that reduce GHG emissions will help preserve the environment, improve public health, increase access to green careers and improve quality of life.

The CAP can also help us reduce wildfire risk, increase energy reliability, and reduce utility bills for the unincorporated area.

The County has worked with attorneys, litigants and interested community members to make this CAP stronger by adding more choices for the public.

In January 2021, the Board of Supervisors called for a new CAP that uses updated data and modeling, prioritizes environmental justice and equity, includes a net-zero greenhouse gas emissions goal, and other key priorities. The Board rescinded the 2018 CAP, but the County continued many of its 26 measures, which were not challenged by the court and have been achieving good results.

Since 2021, the County has worked closely with the community and special interest groups to shape the next CAP.

Here are some of the County's climate action measures:

- Open space and agricultural easements acquisition.
- Tree planting initiatives and rain barrel programs.
- County fleet fuel use and emissions reductions.
- Solar photovoltaic energy, which is a renewable source of energy, use at County facilities and in the community.

As of 2022, the County's climate action efforts have:

- Acquired 8,766 acres of open space.
- Established conservation easements on 2,135 acres of farmland.
 - Planted more than 30,000 trees.
- Created 369 miles of bike lanes.
- Added 56 public electric vehicle charging stations.



Implementing the Climate Action Plan actions that reduce GHG emissions will help preserve the environment, improve public health, and improve quality of life.

PHOTO BY THOMAS MELVILI

- Distributed 10,493 rain barrels.
- Continued to support the use of clean energy by waiving solar permit fees.

You can find updates on all County greenhouse gas reduction measures at sandiegocounty.gov/sustainability/dashboard.

How can you participate in the process of developing the CAP?

Community input has been vital to the County's efforts to develop the CAP to date. Since the beginning of 2023, staff released a survey for unincorporated area residents,

provided classroom workshops on clean air and water, and began a series of presentations to Community Planning and Sponsor Groups.

The public comment period will run through Jan. 5, 2024. Residents can review and provide feedback.

The draft CAP will be considered by the County's Board of Supervisors for adoption in fall 2024.

To learn more about the CAP Update and get involved, visit the project and follow along on Facebook, and Instagram.

What you should do if you see a coyote in your neighborhood

re you seeing more urban coyotes in your neighborhood? If so, don't panic. The County's Department of Animal Services (DAS) has some tips to keep them away and help you, your family and pets stay safe.

Coyotes will often roam out of their immediate area because of things residents do to attract them – like leaving your pet's food and water outside or unsecured trash cans in the backyard. Try to remove all food sources, including fallen fruit from trees.

There are also some things you can do to prevent coyotes from getting into your backyard. Have you ever heard of a "coyote roller?" It's a metal tube that you put on top of your fence, when the coyote tries to climb over the fence the tube will spin and prevent any traction. It's an easy and humane way to keep coyotes out.

There's another simple and effective technique to use if you see a coyote in your path called "coyote hazing." When hazing you scare animals away by making the animal afraid of people and not wanting to return to your neighborhood.

If you see a coyote approaching you, here's what you should do:

- Stop and yell at it to go away.
- Make yourself look big and scary by waving your arms above your head.
- Maintain eye contact.
- Stomp your feet and make loud noise.
- Always maintain a safe distance.

When hazing a coyote, it's very important to continue to do this until the coyote leaves the area and is out of sight. If the coyote continues to hang around, take a couple steps forward, stop and yell again.

What to do when I need help with wildlife?

- The County will respond when a wild animal is an immediate threat to people or other animals.
- The County will respond if the animal is sick or injured, too young to survive on its



own or trapped.

The County will respond if the wild animal is a rabies agent (raccoons, skunks, bats, foxes or coyotes, for example) and has attacked you or your pet.

However, the County will not respond to reports of wildlife being loose or simply roaming. The County cannot help you with wildlife nuisance problems like skunks under your porch or opossums raiding your pet's food.

Coyotes are a "rabies vector species," which means rabies, a preventable viral disease, can spread through the bite of a rabid coyote to people or other animals. This is why it's very important to take proper precautions and avoid coyotes when you see them in your community.

If you enjoy the County's preserves or parks when you take your dog for a walk, make sure to always keep them on a leash and don't let them stray too far away from you. If you have a cat, make sure to keep it indoors. If you see a coyote and you have a small dog with you, pick it up immediately. Keeping it on the ground will cause a coyote to charge.

According to California Department of Fish and Wildlife, coyotes play an important role in the ecosystem and help keep the rodent populations under control. So, learn how to live with them.

For more information about wildlife, visit sddac.com or call 619-767-2675.





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Here's one of those obscure Veterans Day facts you can use to impress your friends: In 1968, Congress passed the Uniform Holidays Act, which put Veterans Day on the fourth Monday in October. It took effect in 1971, but in 1975, President Gerald Ford signed a law returning it to Nov. 11.