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THIS WEEK



The Social Diary:
Groovy gala at Las Patronas
SEE PAGE 16



Take a luxury daycation
in La Jolla with ResortPass
SEE PAGE 7



So Diego tours
highlight history
SEE PAGE 8



A sea lion lunges at several beachgoers last week at La Jolla Cove. The City has signs at the Cove urging beachgoers to not approach wildlife and warns that seals and sea lions can bite, may attack when agitated and that harassing them is against the law. The NOAA urges members of the public to not pet, touch, or attempt to interact with marine mammals and to observe marine animals from a safe and respectful distance.
PHOTO BY JIM GRANT

Kayak, snorkle and swim near the sharks in La Jolla

By DAVE SCHWAB

Now is the time to view abundant leopard sharks in La Jolla coastal waters, and participating in one of Everyday California's eco-friendly kayak and snorkeling tours is one of the best ways to experience this seasonal event.

A local ocean adventure and lifestyle brand, Everyday California is owned by Chris Lynch and Michael Samer at 3361 Avenida de la Playa in La Jolla Shores. The company offers kayak and snorkeling tours of the La Jolla Ecological Reserve, one of the world's

EVERYDAY CALIFORNIA

Where: 3361 Avenida de la Playa.
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Everyday California's ocean adventure guests have the unique opportunity to safely approach not only the leopard sharks, which are harmless to humans, but also garibaldi, shovel nose guitar fish, dolphins, turtles, and other species endemic to offshore La Jolla.

See SHARKS, Page 8



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Planning Commission approves housing package without SB 10

By DAVE SCHWAB

The City Planning Commission on Aug. 3 thwarted an initial attempt to make San Diego the first California city to implement SB 10, unanimously turning thumbs down on the controversial proposal.

SB 10, which seeks to increase housing in transit-oriented areas, is backed by San Diego Mayor Todd Gloria. The bill could allow up to 10 homes on a single-family lot up to three stories tall near existing or planned mass transit.

A transit-oriented area is defined as being within one mile of an existing bus or trolley line, or within one mile of a proposed bus or trolley line. The bill, which cannot be rescinded once passed according to state law, was included as part of a housing package considered by planning commissioners.

“SB 10 is not the right way to go,” said Planning Commission chair William Hofman following lengthy public testimony both for and against the housing measure. “I totally support this housing package without SB 10. We’re going down a wrong path here that we won’t be able to retreat from. My biggest concern is that the adoption of SB 10 is irreversible. Whatever the negative impacts to our communities that

“ ‘I totally support this housing package without SB 10.’
- William Hofman, Planning Commission chair

occur – cannot be undone.”

The City defended implementing SB 10, contending San Diego is facing a severe home shortage, with growing demand and limited options. “This proposal for missing middle (income) homes allows for a greater array of affordable housing types,” said City staffer Jeff Ryan adding, “Eighty percent of the City’s total land area is zoned only for single-home development.”

“A critical strategy is to streamline and encourage the production of smaller, less complicated, and less expensive housing projects in areas that have existing infrastructure and amenities. This (SB 10) provides opportunities to increase the use of transit, pedestrian, and bicycle infrastructure. This also concentrates missing middle homes – townhomes, row homes, triplexes, and fourplexes – in areas that allow for the efficient delivery of additional infrastructure.

“The proposal to permit missing middle-home types in residential neighborhoods, is an

approach for allowing housing options that fit into the fabric of existing neighborhoods,” continued Ryan who noted, “Two- and three-story homes can provide more homes while also meeting the scale and context of surrounding neighborhoods. Missing middle homes can also create a more sustainable city by providing housing closer to high-frequency transit, job locations, and amenities, and reducing greenhouse gas emissions and air pollution. Missing middle homes can help provide more lower-cost options for middle-income families.”

But not everyone testifying at the Aug. 3 commission hearing saw SB 10 in the same light.

“I just don’t want to see San Diego become Los Angeles,”

argued Amy Reichert, a County District 4 supervisorial candidate. “These claims that more people would be likely to take public transportation if these units are built closer to bus stops simply are not true. I don’t believe SB 10 is the answer to do that. Creating more density, it’s just going to result in more traffic and more congestion. I want to stop this here.”

“We feel this is not good for San Diego,” argued Point Loman Mandy Havlik. “We share the planning commission’s concerns about the flaws in this proposal, and firmly believe that no housing regulation should be irrevocable.”

Claiming lots as small as 1,000 square feet would be eligible for development under SB 10, Havlik concluded: “Existing infrastructure in single-family neighborhoods is ill-equipped to accommodate multi-dwelling units as proposed by SB 10. It is highly unlikely that the overdevelopment resulting from SB 10 will result in more affordable housing. Rather, it will just increase

the profits of developers.”

Concluded commission chair Hofman: “We had asked for options for the implementation of the missing middle housing regulations without the use of SB 10. I would like still to have seen those alternatives. The reason for implementing SB 10 versus any other alternatives is the free environmental pass the state has given us (on implementing the bill). To me, that’s not good enough. With all the programs that have been adopted in the last few years, and all the community plan updates that are going to be occurring, we’ve significantly raised the number of potential homes to be built.”

Hofman moved, and his colleagues agreed, that they recommend to city staff and the mayor’s office that “workshops be held to address that middle-income gap, whether it’s looking at SB 10 or other possibilities.”

The housing package of which SB 10 was a part, now goes to the City Land Use and Housing Committee for review, before a final vote of the San Diego City Council at a later date.

San Diego Community Newspaper Group: A legacy of strong readership and local engagement

The San Diego Community Newspaper Group, the largest independently female-owned newspaper group in the region, proudly celebrates its steadfast commitment to delivering local news and fostering community engagement. Since its establishment in 1988 by a visionary publisher, Julie Main, the group has consistently proven itself as a vital information source for San Diego neighborhoods.

The heart of the San Diego Community Newspaper Group lies in its eight distinctive publications, each tailored to serve the unique needs of its respective community. These publications encompass three dynamic bi-weeklies: La Jolla Village News, Beach & Bay Press, and the Peninsula Beacon. Additionally, five informative

monthlies fill the portfolio: San Diego Downtown News, Uptown News, Mission Times Courier, College Times Courier, and La Mesa Courier.

A key attribute that sets the San Diego Community Newspaper Group apart is its dedication to ensuring direct and reliable delivery to its readers. With an impressive average of 80% direct carrier delivery, the group remains committed to the principle of connecting with its readers on their doorsteps. The remaining 21% is accomplished through controlled bulk delivery, assuring widespread circulation and engagement.

According to a recent CVC Audit study (Jan. 1, 2021 - Dec. 31, 2022), the impact of these publications on their readership is undeniable. A majority of

residents who receive their local publication express their loyalty by consistently reading it. Even more striking is the fact that more than 50% of readers report frequent purchases of products and services advertised within the pages of these publications, indicating a strong conversion rate for local businesses.

The survey also revealed intriguing insights into the reading habits of the community. An impressive 66% of respondents disclosed that they retain their papers for two weeks or less before discarding them. This rapid turnover not only reflects the relevance of the content but also underscores the timely nature of the information shared.

San Diego Community Newspaper Group's unwavering dedication to local news and community engagement remains a beacon in an increasingly digital world. The newspapers not only keep residents informed about events and developments in their neighborhoods but also provide local businesses with an effective platform for reaching their target audience.

As the San Diego Community Newspaper Group continues its legacy of serving the community, it stands as a testament to the enduring power of print media and its ability to foster a sense of belonging and shared identity among residents. Through its dedication to quality journalism and its role as a marketing powerhouse, the group has truly become an integral part of the San Diego community.

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City says it plans to achieve climate goals

By DAVE SCHWAB

Responding to “Crunch Time For Climate,” a recently released report from Climate Action Campaign advocating doubling down on shifting transportation options away from gas-powered vehicles, the City said it has plans in place already to achieve its climate goals.

“San Diego’s 2022 Climate Action Plan includes six strategies that set a path toward achieving the City’s interim 2030 fair-share reduction goal and ambitious 2035 goal of net-zero greenhouse gas emissions,” said Tara Lewis, supervising spokesperson in the City’s Communications Department. “The strategies include 17 quantified performance targets, outlining how the City will track progress and achieve its overall GHG reduction goals. Each of the 21 CAP measures is broken down into discrete actions and supporting actions, 190 in total, that work together to achieve performance targets and emissions-reduction goals. The 2022 CAP was adopted into law in August of 2022.”

According to the City, its Climate Action Implementation Plan

unveiled in March 2023 is a living planning tool that guides the full implementation of the measures laid out in the CAP and informs every decision the City makes.

“While the CAIP does lay out a robust outline of future actions to be taken, much of the climate action work is already underway,” said Lewis. “As part of Strategy 3 (“Mobility and Land Use”), the City is focused on reducing emissions from transportation, which accounts for more than half of all GHG emissions in San Diego. Comprehensive mobility solutions for more safe and sustainable mobility options has been a focus of the City over the last two years.”

Lewis pointed out work to improve accessibility for pedestrians of all ages and abilities, such as the installation of curb ramps, crosswalks, and lead pedestrian interval signals at intersections, have occurred Citywide, including Downtown, and in conjunction with the Capital Improvements Program and roadway maintenance projects. “The City has over 1,000 miles of bikeway, and an increasing number of those are separated facilities (up to 37 miles of Class IV) to complement

78 miles of Class I – bike paths,” she said. “New community plans are constantly being updated and increasing the proposed mileage of new facilities, especially in-street separated facilities. We have also implemented bike signals and signage to support the use and way-finding for new and experienced cyclists.”

To encourage its employees to consider new mobility options, the City recently approved free transit passes for all of its 11,000-plus employees to be used for daily commuting and around-town trips, seven days a week.

“To bridge the first mile and last mile for public transit users and to address those shorter neighborhood trips, the City has partnered with scooter company Bird for shared mobility devices,” noted Lewis. She added, “Most recently, building on the FRED circulator Downtown, the City helped launch a new neighborhood (Beach Bug) electric vehicle shuttle to connect the new Blue Line Trolley extension to the beaches and Mission Bay, as well as the shops and restaurants within Pacific Beach.

“The City is also installing roundabouts and other types of



A couple headed to Pacific Beach takes a ride in the new electric Beach Bug at the Balboa Avenue Transit Center.
PHOTO BY THOMAS MELVILLE

traffic-calming measures in communities around the City and is in the process of reviewing a competitive procurement for electric-vehicle charging on all City-owned properties. This addresses a key barrier that exists for our residents and businesses who want to convert from a gas-powered vehicle to an electric, clean vehicle.”

All of these projects are being done concurrently with the development of not only a Complete Streets Council Policy, and an update to the City’s Street Design Guidelines, but also the City’s first

interdepartmental and comprehensive Mobility Master Plan,” noted Lewis adding that master plan is expected to be ready for public review this summer. “The master plan is a comprehensive transportation planning effort to shift us away from personal-vehicle use to more environmentally conscious transportation modes because every mile and every trip count when we are working toward a net-zero GHG emissions goal by 2035,” she concluded.

Climate group’s report says City needs to reduce GHG emissions

By DAVE SCHWAB

San Diego is falling short in implementing the objectives and timetables in its Climate Action Plan’s ambitious goal of achieving net-zero greenhouse gas emissions by 2035, according to a watchdog group.

“Crunch Time For Climate,” is the latest report by Climate Action Campaign, a nonprofit with a mission to stop the climate crisis through effective policy action. And the conclusion drawn by CAC in Crunch Time is that the City must double down on shifting transportation options away from gas-powered vehicles, in order to achieve net-zero greenhouse gas emissions in the next 12 years.

“The City’s most recent, and only, publicly available data on mode share targets shows 2021 mode

share targets are off track from reaching the City’s 2030 binding goals,” states CAC’s report. “The 2021 data shows commuter transit at 8%, pedestrian commuter mode share at 3%, and bicycle commuter mode share at 2%.

“These percentages miss all 2015 Climate Action Plan targets of 12%, 4%, and 6%, respectively. These numbers will be even further behind under the binding 2022 CAP mode share targets for 2030 and the bold 2035 targets, which include shifting 50% mode of all (car) transportation trips and not just commuter trips.”

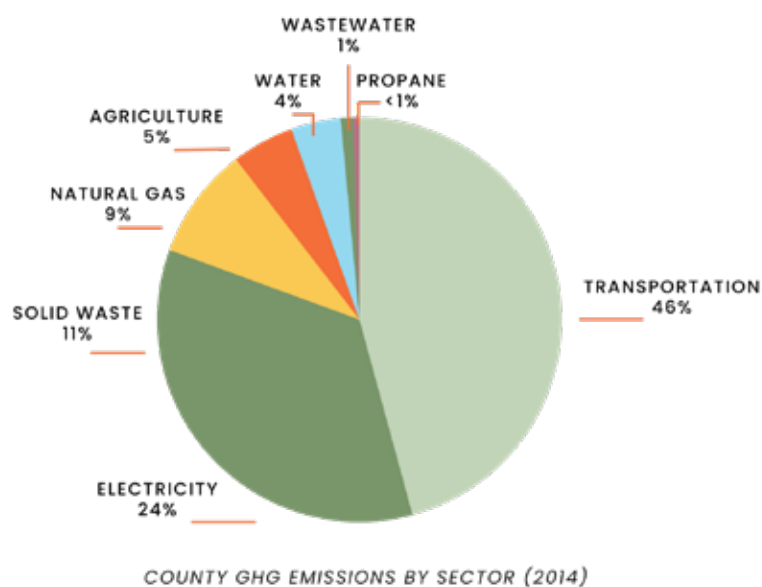
Noting San Diego is preparing to draft its first Mobility Master Plan, CAC intends for its latest climate report to “act as a guide. With only seven years left to double mode shift results, the MMP needs to be detailed, with specific timelines

and benchmarks. Our report outlines how we can increase mode shift, bring health and economic benefits to our communities, increase mobility options, and unlock funding opportunities from the state and federal governments. The MMP is the key to our hope for a better tomorrow.”

Nicole Capretz, an environmental attorney and executive director of CAC, pointed out that when the San Diego City Council voted unanimously to slash carbon emissions in half, that became the first “legally binding” Climate Action Plan committing to 100% clean energy in a major U.S. city. Now, Capretz added, the goal is to hold the City’s feet to the fire to ensure it keeps its CAP pledge.

Asked how the City’s CAP aids coastal communities like Ocean Beach and Point Loma, Capretz replied: “This plan is about how we reduce carbon emissions, which we’re already seeing in coastal communities adapting to extreme heat or sea-level rise. The more people we get out of their cars to start biking and walking means more people not burning gas in their cars, resulting in cleaner air.”

Capretz noted real progress is being made in cutting GHG emissions via the creation of community choice electricity programs such as San Diego Community Power. SDGP is a local renewable electricity provider bringing cleaner energy at competitive rates to over 700,000 customers in Chula Vista, Encinitas, Imperial Beach, La Mesa, and San Diego.



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ninis, soups and amazing salads for lunch. And for dinner we highly recommend the turkey lasagna, buffalo chicken or humus & veggie wrap. You will be impressed by a visit to our wine cellar while you are dining with us, featuring an excellent selection with great prices.

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Cafe Milano-a taste of Northern Italy

Owner/chef Pasquale Cianni brought northern Italian cuisine to La Jolla 20 years ago and has been successfully pleasing both local residents and out-of-towners — even out-of-the-country guests — with his homemade pappardelle pasta, veal ossobuco, lobster ravioli, chicken marsala, veal scaloppini and many other authentic Italian dishes. This is just a small sampling of their extensive menu. The kitchen at Cafe Milano uses only fresh, local and seasonal ingredients in its dishes and has a large range of Italian and Californian wines to choose from. The bread and balsamic dipping sauce is so good you need to be sure to save room for the delicious entrees to come. And to fin-

ish off your dining experience, the tiramisu is simply scrumptious - one of a large variety of dessert selections. Add to this service that is fast, friendly, and attentive and it's no wonder they are a consistent award winner for Best Italian Restaurant. Café Milano is an exciting and incredible experience for the whole family at affordable prices. Open Tues. - Sun. 2- 9pm. Closed Mondays.

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A La Jolla Institution

Copy Cove of La Jolla should be on your speed dial for all things printed.

This 3rd generation print shop is owned by Sal Usman who has been at the print house for over 33 years since his sophomore year at La Jolla High School.

The shop was opened by Usman's Grandfather, Mother and Father, Mohammed and Munira back in 1980 and has been a La Jolla Establishment for over 43 years. Copy Cove is now the last of the independent printers in La Jolla. It's the kind of place where everyone knows your name and all treated like locals. Copy Cove has been printing for the community so long that they've printed for La Jolla businesses, schools and families through their own generations.

Their professional, courteous and knowledgeable staff, Patricia, Karla and

Jeff, strives to assist their customers with all of their print needs from printing documents directly from their iPhones to creating unique business cards and stationery to event invitations and programs to brilliant color copies, flyers, brochures, postcards, directories, manuals, custom greeting cards and color posters and canvas gliché prints as well as helping self publishers print their paperback books. Copy Cove of La Jolla is the only printer for miles to offer in-house Perfect Binding. They also offer the new 'triple-thick' business card printing and custom-printed beverage napkins.

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Rosamaria Acuña

Rosamaria Acuña is a bilingual real estate professional, entrepreneur, and humanitarian deeply committed to her community and a range of causes and nonprofits. As an advocate for homeownership, she has built a successful business by always placing her clients' needs first. Rosamaria has a special focus on guiding clients to invest in both their homes and therefore their future.

With 35 years of experience representing buyers and sellers, Rosamaria knows the San Diego real estate market exceptionally well. Rosamaria specializes in residential real estate for a wide ranging clientele from first-time home buyers to the luxury market. She has established a stellar reputation. Her dedicated work ethic, with her outstanding marketing skills, and network of professional alliances has consistently placed her in the top tier among all real estate professionals working today. Together with Berkshire Hathaway and her team, Rosamaria is dedicated to offering her clients superior personalized service, and providing the latest innovations in marketing and technology to facilitate every transaction.

"The most rewarding part of being a Realtor is helping people create security, along with the home of their dreams." "It's an honor to be trusted by so many. Giving back is my way of expressing gratitude to the community I live in and care so deeply about."

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First generation college students helped by La Jolla Golden Triangle Rotary Club

La Jolla Golden Triangle Rotary Club is gearing up for the school year at Preuss Charter School, located on UC San Diego's campus.

Every year, these local Rotarians help Preuss School by providing scholarships, student awards, connecting with pupil peers in Afghanistan-sponsored schools, holding an annual career day, sponsoring 150 pupils to participate in a joint Cygnet Theatre educational program, and engaging the students in Rotary Youth Leadership Academy, Model UN, and the Hands of Peace project.

The award-winning Preuss Charter focuses on students from low-income families and first-generation college students and has an impressive track record of preparing and admitting students into UC San Diego and other colleges. The partnership with La Jolla Golden Triangle Rotary Club means more students can make college a reality and be given the tools for success in life.

Another joint venture between La Jolla Golden Triangle Rotarians and Preuss is the Interact program for high school-age students. With meetings held on campus, Preuss students in the Interact Club become immersed in community responsibility through volunteerism. Similar



Peace Pole donated by La Jolla Golden Triangle Rotary Club was installed at The Preuss School UC San Diego.

COURTESY PHOTO

programs can be established at other public schools, through a Rotary Club sponsor.

The La Jolla Golden Triangle Rotary Club meets every Friday at 7 a.m. for breakfast at the UC San Diego Ida and Cecil Green Faculty Club and welcomes business, university, and community leaders as guests and members. Check lajollagtrotary.org and email Christy White at info@lajollagtrotary.org to check out a meeting.

After 50 years, Scripps Institution of Oceanography retires its FLIP platform

By DAVE SCHWAB

Scripps Institution of Oceanography at UC San Diego's high-profile Floating Instrument Platform is being retired after 50-plus years of cutting-edge research.

Over the course of its service life, the baseball bat-shaped platform exemplified the ingenuity of Scripps scientists and engineers. However, on Aug. 3, the final chapter on FLIP's distinguished career was closed when it was towed to a dismantling and recycling facility. That came six years after its last research voyage, and three years after reviewers determined the costs to renovate it could not be justified.

John Hildebrand, Scripps professor of oceanography associated with the institution's Marine Physical Laboratory, recalls just how useful a research tool the platform truly was.

"Commissioned in 1962, the concept was to create a stable platform, though most of it was submerged," said Hildebrand about FLIP, which he used to study how sound can be used to better understand whales and their behavior. "The water down deep is stable, so with FLIP, it seemed like you were still on land. It (the platform) wouldn't move.



UC San Diego's high-profile Floating Instrument Platform could float while vertical (above) or horizontal (below).
PHOTOS BY SCRIPPS INSTITUTION OF OCEANOGRAPHY



There are so many things you can do from that."

Hildebrand used the platform to install an array of underwater microphones to perform various studies. "It did a very good job of listening for whales and gave us a unique perspective," he said while pointing out, since FLIP was developed, that there's "been a bit of evolution in the way we make measurements. There are a lot more autonomous vehicles that operate now with no one on board."

Hildebrand noted some 30 Scripps scientists used the innovative platform during its time. "When I arrived here 40 years ago as a young scientist, FLIP was a really unique opportunity," he said. "It was a very effective tool.

"I'm sad to see it go," concluded Hildebrand of FLIP adding he believes there's "still a niche for a new one though there just isn't money at this point to build one."

FLIP's significance cannot be underestimated, said Scripps Oceanography director Margaret Leinen. "R/P FLIP has existed for more than half the length of the institution's entire history," she noted. "It was an engineering marvel constructed during an important phase of new technology for ocean exploration following World War II. The many discoveries from FLIP help set the stage for ongoing cutting-edge science to understand our ocean."

Over the decades, FLIP became an example of innovation at the institution, with its unprecedented design helping to advance society's understanding of ocean currents, ocean acoustics, air-sea interactions, marine mammals,

and more. It inspired millions of school-age children, routinely appearing in grade school textbooks used in schools throughout the U.S.

"In recent years, the combination of FLIP's exceptional dynamic stability, its booms which allow for measurements untainted by flow distortion due to the platform's structure, and its ability to deploy a diverse range of specialized laboratory instrumentation in the field revolutionized our understanding of the coupling between the ocean and the atmosphere," said Scripps oceanographer Luc Lenain. "It also played a crucial role in advancing and validating new cutting-edge observational technologies such as instrumented autonomous surface vehicles, radar, and electro-optical based remote sensing of the environment – tools that are now routinely used in ocean field programs."

Veteran Scripps physical oceanographer Rob Pinkel was among the researchers who had logged the most hours as a chief scientist on FLIP cruises, beginning in 1969 when he was a Scripps graduate student. "In the late 1950s, the National Research Council Committee on Oceanography convened a study of the capabilities required to dramatically advance ocean science," Pinkel said. "Among the recommendations of the group was the creation of a special purpose research submersible capable of full ocean depth exploration and a manned spar buoy for the upper ocean and precision measurements.

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Take a daycation at local hotels with ResortPass

By KYLIE CAPUANO

ResortPass has created a way for San Diego locals to play tourists in their own city through their daycation booking platform.

Founded five years ago, ResortPass has partnered up with more than 1,000 hotels to offer day passes to luxury amenities – including pool, spa, gym, and private beach access – at a discounted rate.

Locals – or ambitious tourists – can pop in to enjoy the benefits of a hotel guest without actually booking an overnight stay.

“ResortPass is a way for locals and travelers alike to experience the amenities at a range of hotels – many four and five-stars – and really have a luxurious daycation, regardless if they live in that city or are traveling and staying at an Airbnb or another property,” said Nicole Maddern, ResortPass’ vice president of marketing. “We see

a lot of locals enjoy ResortPass as a way to get away and take their family to the pool or have a romantic day with their partner, or a fun time out with friends.”

With over 250 participating cities worldwide, San Diego is among one of the more frequented partnering destinations. Whether looking to snag a \$10 day-pass to InterContinental’s four-star rooftop pool downtown or access to Hotel del Coronado’s cabanas and beach lawn chairs, locals can choose from more than 40 hotels located across San Diego.

“Most of these hotels don’t actually have a way for you to book a day pass, outside of ResortPass. You’ll get a similar experience as you might if you were an overnight guest,” said Maddern. “We have things that are more family-friendly versus things that are more luxurious and relaxing, so we really do think there is an offering for everyone.”

Among the more popular of the partnered San Diego hotels are the Loews Coronado Bay Resort, Hyatt Regency Mission Bay Spa and Marina, Omni La Costa Resort and Spa in Carlsbad, and the Town and Country San Diego in Mission Valley. Each ranging from four to five stars, there is a wide variety of amenities within these participating properties.

Loews Coronado Bay Resort has been partnered with Resortpass for the past three months, offering day passes for \$45 dollars for adults and \$25 for children. This grants access to their pools, restaurants, pickleball courts, and more.

“Often times people are surprised that we have the beach shuttle service. So, if they want to hang out at the pool for half the day and then go to the beach for the rest of the day, they have that,” said AJ Dorschner, Loews Coronado recreation supervisor. “They come by and have spoken great things



Hyatt Regency Mission Bay Spa and Marina offers a wide range of amenities – including pool access, waterslides, daybeds, and cabanas. COURTEYS PHOTO

about our staff and are pleasantly surprised to have such good food poolside.”

Locals are not the only ones reaping the benefits of these discounted amenities. Hotels are able to decide how many day-passes they want to allocate to ResortPass, depending on how booked the rooms are. This allows for the properties to fully utilize their amenities, even during slower tourism weeks.

“It’s been great because on certain days where the hotel isn’t at max capacity, we are able to coordinate with ResortPass to get our areas at the hotel full and being used – and people get to enjoy what we have to offer,” said Dorschner.

Passes typically start at \$25 per person and can be booked through resortpass.com.

Two new coffee shops open in Pacific Beach this summer



The owners of What's In Your Cup? Heather Magana (left) and Susie Montero. COURTESY PHOTO

By KEITH ANTIGIOVANNI

Two more coffee shops have opened in Pacific Beach in close proximity to one another: What's In Your Cup?, and Goddess Coffee.

What's In Your Cup? is located at 955 Grand Ave. on the first floor of Oakmont Pacific Beach, the senior living center on the corner of Grand and Cass. Co-owners Heather Magana and Susie Montero opened on July 5 after six months of preparation that included a build-out, design, acquiring products, and learning how to make the drinks.

Magana, who relocated from Torrance, has a background in the coffee industry and a Guatemalan

background. “After the previous leaseholders’ contract expired, I contacted Oakmont to try to get a new lease on the location,” Magana said.

The current location had been vacant for six years since the Purple Coffee Shop closed in 2017. Prior to that, it was known as the Javanican cafe that stretched back to the 1970s. From the time it closed until 2017, there were a series of leaseholders that tried to open up as a coffee business but for a variety of reasons including construction, covid, and other delays, it remained vacant until Magana and Montero opened it.

Montero, a native of Cuba, joined forces with Magana in January as they worked together to launch the business, “My fiancé and I were trying to come up with ideas for a business, and we decided on coffee.”

What's In Your Cup? is open from 8 a.m.-4 p.m. Tuesdays through Fridays and 8 a.m.-2 p.m. on the weekends and features coffee, bagels, pastries, and a power drink that boosts energy from an all-natural plant-based boost from coffee beans. The website is what-sinyourcupsd.com.

About a month before What's In Your Cup? opened, another coffee business opened at 910 Grand Ave., Goddess Coffee, the city’s first known cafe to feature baristas in bikinis, opened just

before Memorial Day. The shop serves a variety of coffee, espresso drinks, nitro cold brew, tea protein ice-blended espresso drinks, plant-based energy drink fusions, and the popular Chagaccino mushroom coffee, freshly baked donuts, and pastries from women-owned local bakeries.

According to its website (goddesscoffee.com), “Our mission is to inspire women everywhere to free their inner Goddess, to love their bodies, embrace their sensuality, their natural beauty, and their divine feminine power within.” Goddess Coffee concept is a collaboration between husband and

wife but is primarily San Diego-native, woman-owned, and operated by MaLinda Bloch.

Their website states why their baristas wear bikinis: “Our mission is to inspire women of all shapes, sizes, and colors to embrace their bodies.”

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NOVO DIA WELLNESS EXPERIENCE RETURNS TO LA JOLLA

The organizers behind the NOVO Dia Wellness Experience announce its return for the second year on Saturday, Oct. 21. Attendees interested can expect an immersive wellness, art, and food experience at the Museum of Contemporary Art in La Jolla. For more information, visit novodiawellness.com or follow

on Instagram. Beginning at 9 a.m., wellness enthusiasts from across the county will gather for a transformative day of inner discovery and mindful exploration. There will be over 20 different wellness practices and educational workshops to choose from including yoga classes of all levels, sound baths, transformative breathwork sessions and guided meditations led by renowned instructors and studios throughout San Diego.

So Diego tours highlight history and cuisines of America's Finest City

By KYLIE CAPUANO

Whether a tourist visiting San Diego for the first time, or a born-and-raised local, So Diego enriches its guests with a deeper appreciation for the culinary and historical scene of the city with its 20 distinct walking tours.

The newest among their tours, a three-hour guided walk through La Jolla, will take you through four distinct local eateries and the history of its long-standing vibrant art scene.

Kicking off the tour with a taste of La Jolla Italian, guests are seated in La Dolce Vita Ristorante's quaint fairy-light strung patio to experience their signature dishes directly in the heart of the Village. Pasta, wine, and bruschetta will set the tone for an experience packed with diverse dishes and drinks.

As the tour moves from one spot to another, the So Diego guide takes participants into the rich history behind the streets they walk. Whether it's learning about Theodor (Dr. Seuss) Geisel's residency in La Jolla or of the Village's first hotel's involvement in World War II, So Diego hones into parts of the city even lifelong residents may not know.

However, history will always be complemented by food on a So Diego tour. The next



La Dolce Vita Ristorante kicks the walking food tour off with a taste of Italian bites. COURTESY PHOTO

TAKE A TOUR

Visit sodiego.com to explore their offered tours of La Jolla, Little Italy, and Gaslamp.

stop through the Village takes place in the popular San Diego Mexican chain Puesto. Tour guests taste gourmet tacos and signature margaritas as one of the many features of the food itinerary.

A walk through one of San Diego's most artistically-rich areas isn't fulfilled without a visit to an art gallery. As one of the 22 art galleries in the Village, L&G showcases art from emerging, local, and international artists. Tour guests are encouraged to

browse through art created directly within La Jolla, all the way to pieces imported from Iran.

After working up an appetite in the art gallery, the tour moves on to the family-owned Mediterranean restaurant Spiro's for a taste of their iconic spanakopita, dips, and sangria.

If there is still room for dessert, the last stop on the menu takes place at Bobboi for a taste of authentic gelato, brought to the streets of La Jolla by two Italian immigrants.

The tour concludes with a scenic and historical stop at Ellen Browning Scripps Park. While taking in the coastal views of the park, guests learn about the



So Diego founder Bianca Beale leads a group on the La Jolla – Sip, Savor, and Sea tour that ventures around the local eateries and art scene of the Village. COURTESY PHOTO

background behind the imported plants right before them. Despite the tour ending there, the popular La Jolla Cove is just a few steps away for those who wish to immerse deeper into the area's sites and sounds.

A step into La Jolla's rich culture costs \$120 per ticket. Prices vary by selected tour – the brothels and bites of Gaslamp Quarter, pizzas and pasta of Little Italy, and tacos and tombstones of

Gaslamp can all be explored for an \$80 entry fee.

Founded by Bianca Beale and co-owned by Nicole Cooley, the fully-female-owned and operated company has been hosting tours for the past 14 years. The idea to create So Diego arose from a simple love for San Diego and a desire to give "visitors and locals a more authentic and exciting view of 'America's Finest City,'" according to Cooley.

SHARKS »

CONT. FROM PG. 1

San Diego-Scripps Coastal Marine Conservation Area and adjoining Matlahuayl State Marine Reserve are adjoining marine protected areas that extend offshore from La Jolla covering 2.51 square miles. San Diego-Scripps Coastal prohibits the taking of all living marine resources except that coastal pelagic species, not including market squid, may be taken recreationally by hook and line. Matlahuayl prohibits the taking of all living marine resources.

"Our kayak tours go to the seven sea caves of La Jolla, passing through an ecosystem known as the sandy flats, one of four microhabitats in La Jolla's protected marine reserve," said Alexandra Mier Y Teran, Everyday California's marketing coordinator. "We also run a snorkeling tour of La Jolla that is the best opportunity to go one-on-one with a leopard shark in small groups, with a ratio of 10 people to one tour guide."

The leopard shark (*Triakis semifasciata*) is a species of houndshark found along the Pacific Coast from Oregon to Mazatlan, Mexico. Typically measuring 3.9 to 4.9 feet long, this slender-bodied shark is known for its striking pattern of black saddle-like markings and large spots over its back, from which it derives its name.

Large schools of leopard sharks are a common sight in bays and estuaries swimming over sandy or muddy flats near kelp beds and reefs in water less than 13 feet deep. Active-swimming predators, leopard sharks mainly forge for clams, spoonworms,

crabs, shrimp, bony fish, and fish eggs. From March to June, the female gives birth to as many as 37 young. The leopard shark is caught by commercial and recreational fisheries for food and the aquarium trade.

Typically, leopard sharks come to La Jolla's warming waters in July and linger there, sometimes into November. "Most of the sharks there are females that use the warm water to speed up their gestation periods," said Teran, who pointed out Everyday California's guests can choose to bring their own wetsuits and gear or rent equipment – masks, snorkels, fins, etc. – through their company before setting out on an ocean tour to see "leopard shark city," as it is nicknamed, up close and personal.

"It's the safest way to go swimming with sharks, and a lot of locals don't even know it's happening every year in La Jolla," said Teran of their ocean adventures. "We can run upwards of six tours a day between 9 a.m. and 4 p.m."

Besides conducting snorkeling and kayaking tours, and renting equipment for those activities, Everyday California also offers kid's surf lessons and surf camps in the summer. The company also creates and sells ocean-safe sunscreen.

Everyday California also prides itself on its partnership with 1% For the Planet, donating a portion of each purchase to environmental nonprofits such as GreenWave and Urban Surf 4 Kids, at no cost to the consumer.

"We all want more beach days in the future, and these are some of the steps we're taking to protect the oceans that we love," said the company at everydaycalifornia.com.



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Stem cell therapy rescues symptoms of Alzheimer's disease

UC San Diego study shows hematopoietic stem cell transplants can protect against memory loss, neuroinflammation

In the ongoing search for a cure for Alzheimer's disease, a burgeoning branch of medicine is bringing new hope. Stem cell therapies are already being used to treat various cancers and disorders of the blood and immune system. In a new proof-of-concept study, scientists at University of California San Diego show stem cell transplants may also be a promising therapeutic against Alzheimer's.

In the study, publishing in Cell Reports, the researchers demonstrate that transplanting hematopoietic stem and progenitor cells was effective in rescuing multiple signs and symptoms of Alzheimer's in a mouse model of the disease. Mice that received healthy hematopoietic stem cells showed preserved memory and cognition, reduced neuroinflammation and significantly less β -amyloid build-up compared to other Alzheimer's mice.

"Alzheimer's is a very complex disease, so any potential treatment has to be able to target multiple biological pathways," said senior study author Stephanie Cherqui, PhD, professor at UC San Diego School of Medicine. "Our work shows that hematopoietic stem and progenitor cell transplantation has the potential to prevent complications



'We are excited to see such promising preclinical results.'

- Stephanie Cherqui, UC San Diego School of Medicine



from Alzheimer's and could be a promising therapeutic avenue for this disease."

The success of the therapy stems from its effects on microglia, a type of immune cell in the brain. Microglia have been implicated in the initiation and progression of Alzheimer's disease in various ways. It's known that sustained microglia inflammation can contribute to Alzheimer's, as the release of inflammatory cytokines, chemokines and complement proteins leads to increased β -amyloid production. In healthy conditions, microglia also play a major role in clearing β -amyloid plaques, but this function is impaired in Alzheimer's. The resulting β -amyloid build-up also puts stress on other brain cells, including endothelial cells that affect blood flow to the brain.

Postdoctoral researcher and first author Priyanka Mishra, PhD, set out to test whether transplanting stem cells could

lead to the generation of new, healthy microglia that might reduce the progression of Alzheimer's disease. The Cherqui lab had already found success using similar stem cell transplants to treat mouse models of cystinosis, a lysosomal storage disease, and Friedreich's ataxia, a neurodegenerative disease.

Mishra and her colleagues performed systemic transplantations of healthy wild-type hematopoietic stem and progenitor cells into Alzheimer's mice and found that the transplanted cells did differentiate into microglia-like cells in the brain.

The researchers then evaluated the animals' behavior and found that memory loss and neurocognitive impairment were completely prevented in mice that received the stem cell transplant. These mice showed better object recognition and risk perception, as well as normal anxiety levels and locomotor activity, compared to non-treated

Alzheimer's mice.

Looking closer at the animals' brains, the researchers found that mice treated with healthy stem cells showed a significant reduction in β -amyloid plaques in their hippocampus and cortex. The transplant also led to reduced microgliosis and neuroinflammation, and helped preserve the integrity of the blood-brain barrier.

Finally, the researchers used transcriptomic analyses to measure the expression of different genes in treated and non-treated Alzheimer's mice. Those that had received the stem cell therapy had less cortical expression of genes associated with diseased microglia, and less hippocampal expression of genes associated with diseased endothelial cells.

Altogether, the transplantation of healthy hematopoietic stem and progenitor cells led to enhanced microglia health, which in turn protected against multiple levels of Alzheimer's pathology.

Importantly, a third group of mice that received stem cells isolated from Alzheimer's mice exhibited no signs of improvement, demonstrating that these cells retained the disease-related information in Alzheimer's disease.

Future studies will further

explore how the healthy transplanted cells produced such significant improvements, and whether similar transplant strategies can be used to alleviate Alzheimer's symptoms in humans.

"Alzheimer's disease poses a major emotional and economic burden on our society, yet there is no effective treatment available," said Cherqui. "We are excited to see such promising preclinical results from hematopoietic stem cell therapy and look forward to developing a new therapeutic approach for this devastating disease."

Co-authors of the study include: Alexander Silva, Jay Sharma, Jacqueline Nguyen, Donald P. Pizzo and Debashis Sahoo, all at UC San Diego, as well as Denise Hinz at the La Jolla Institute for Immunology.

The study was funded, in part, by the Epstein Family Research Collaboration Fund, the Alzheimer's Disease Cooperative Study (ADCS) at UC San Diego, the National Institutes of Health (grant R01-448 NS108965), the California Institute of Regenerative Medicine (grant CLIN2-11478), the Cystinosis Research Foundation and the Friedreich's Ataxia Research Alliance.

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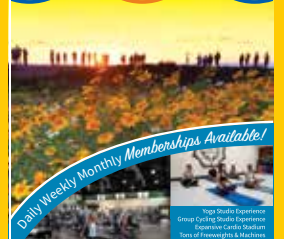
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SUMMONS ON FIRST AMENDED COMPLAINT CASE # 37-2022-00016362-CU-BC-NC NOTICE TO DEFENDANT : James Kozen, Mark Kozen, R. Michael Pack, Ryan Buenafior, Jim Jenkins, Vardan Kushkyan, Wayne Yamamoto, Rattlesnake Pine LLC, OEM National, a corporation, John Does (1-6), and XYZ Corporations (1-6), inclusive; YOU ARE BEING SUED BY PLAINTIFF: JAMES LAKE You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is: SAN DIEGO SUPERIOR COURT 325 SOUTH MELROSE DRIVE, VISTA, CA 92081 The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is Jeffery T. Graham, Econsultaw, Ltd. 7023 Camino Degrazia, Unit 212 San Diego, CA 92111 NOTICE TO THE PERSON SERVED: You are served as an individual defendant. Date: 03-24-2023 Clerk, by, ERIKA DEEVERS Deputy Clerk 2023(ISSUE DATES): JULY 28, AUGUST 4, 11 & 18, 2023

FIRST AMENDED COMPLAINT FOR DAMAGES CASE # 37-2022-00016362-CU-BC-NC Jeffery T. Graham(SBN-262305) Econsultaw, Ltd. 7023 Camino Degrazia, Unit 212 San Diego, CA 92111 Phone: 619-796-1377 Counsel for Plaintiff James Lake VS Defendant James Kozen, Mark Kozen, R. Michael Pack, Ryan Buenafior, Jim Jenkins, Vardan Kushkyan, Wayne Yamamoto, Rattlesnake Pine LLC, OEM National, a corporation, John Does (1-6), and XYZ Corporations (1-6), inclusive; IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF SAN DIEGO JUDGE: Honorable Robert P Dahlquist, Dept. N-29 FIRST AMENDED COMPLAINT FOR DAMAGES: 1.Breach of Oral Contract, 2. Rescission of Promissory Note, 3.Promissory Estoppel 4.Fraud, 5.Civil Fraud-Violation of California Penal Code § 496 6. Elder Financial Abuse, 7. Control Person Liability for Provision of False Financial Information Under Cal. Corp. Code § 1507 8. Securities Fraud Cal. Corp. Code § 25400 et seq. 9.Conspiracy 10.Unjust Enrichment 11. RICO §1962(c) 12. RICO § 1962(d) UNLIMITED JURISDICTION JURY TRIAL DEMANDED COMPLAINT FILED: May 2, 2022 TRIAL DATE: TBD 2023 Issue Dates JULY 28, AUGUST 4, 11 & 18, 2023

NOTICE OF CLAIM FOR PUNITIVE DAMAGES STATEMENT CASE # 37-2022-00016362-CU-BC-NC Jeffery T. Graham(SBN-262305)Econsultaw, Ltd. 7023 Camino Degrazia, Unit 212 San Diego, CA 92111 Phone: 619-796-1377 Counsel for Plaintiff James Lake VS Defendant James Kozen, Mark Kozen, R. Michael Pack, Ryan Buenafior, Jim Jenkins, Vardan Kushkyan, Wayne Yamamoto, Rattlesnake Pine LLC, OEM National, a corporation, John Does (1-6), and XYZ Corporations (1-6), inclusive; IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF SAN DIEGO JUDGE: Honorable Robert P Dahlquist, Dept. N-29 NOTICE OF CLAIM FOR PUNITIVE DAMAGES STATEMENT UNLIMITED JURISDICTION JURY TRIAL DEMANDED COMPLAINT FILED: May 2, 2022 TRIAL DATE: TBD - NOTICE TO: Ryan Buenafior Plaintiff James Lake reserves the right to seek \$4,000,000 in punitive damages when James Lake seeks a judgment in the suit filed against you. Date: 3/22/2023 2023 Issue Dates JULY 28, AUGUST 4, 11 & 18, 2023

NOTICE OF CLAIM FOR PUNITIVE DAMAGES STATEMENT CASE # 37-2022-00016362-CU-BC-NC Jeffery T. Graham(SBN-262305)Econsultaw, Ltd. 7023 Camino Degrazia, Unit 212 San Diego, CA 92111 Phone: 619-796-1377 Counsel for Plaintiff James Lake VS Defendant James Kozen, Mark Kozen, R. Michael Pack, Ryan Buenafior, Jim Jenkins, Vardan Kushkyan, Wayne Yamamoto, Rattlesnake Pine LLC, OEM National, a corporation, John Does (1-6), and XYZ Corporations (1-6), inclusive; IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF SAN DIEGO JUDGE: Honorable Robert P Dahlquist, Dept. N-29 NOTICE OF CLAIM FOR PUNITIVE DAMAGES STATEMENT UNLIMITED JURISDICTION JURY TRIAL DEMANDED COMPLAINT FILED: May 2, 2022 TRIAL DATE: TBD - NOTICE TO: Jim Jenkins Plaintiff James Lake reserves the right to seek \$4,000,000 in punitive damages when James Lake seeks a judgment in the suit filed against you. Date: 3/22/2023 2023 Issue Dates JULY 28, AUGUST 4, 11 & 18, 2023

NOTICE OF CLAIM FOR PUNITIVE DAMAGES STATEMENT CASE # 37-2022-00016362-CU-BC-NC Jeffery T. Graham(SBN-262305)Econsultaw, Ltd. 7023 Camino Degrazia, Unit 212 San Diego, CA 92111 Phone: 619-796-1377 Counsel for Plaintiff James Lake VS Defendant James Kozen, Mark Kozen, R. Michael Pack, Ryan Buenafior, Jim Jenkins, Vardan Kushkyan, Wayne Yamamoto, Rattlesnake Pine LLC, OEM National, a corporation, John Does (1-6), and XYZ Corporations (1-6), inclusive; IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF SAN DIEGO JUDGE: Honorable Robert P Dahlquist, Dept. N-29 NOTICE OF CLAIM FOR PUNITIVE DAMAGES STATEMENT UNLIMITED JURISDICTION JURY TRIAL DEMANDED COMPLAINT FILED: May 2, 2022 TRIAL DATE: TBD - NOTICE TO: OEM National Plaintiff James Lake reserves the right to seek \$4,000,000 in punitive damages when James Lake seeks a judgment in the suit filed against you. Date: 3/22/2023 2023 Issue Dates JULY 28, AUGUST 4, 11 & 18, 2023

NOTICE OF CLAIM FOR PUNITIVE DAMAGES STATEMENT CASE # 37-2022-00016362-CU-BC-NC Jeffery T. Graham(SBN-262305)Econsultaw, Ltd. 7023 Camino Degrazia, Unit 212 San Diego, CA 92111 Phone: 619-796-1377 Counsel for Plaintiff James Lake VS Defendant James Kozen, Mark Kozen, R. Michael Pack, Ryan Buenafior, Jim Jenkins, Vardan Kushkyan, Wayne Yamamoto, Rattlesnake Pine LLC, OEM National, a corporation, John Does (1-6), and XYZ Corporations (1-6), inclusive; IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF SAN DIEGO JUDGE: Honorable Robert P Dahlquist, Dept. N-29 NOTICE OF CLAIM FOR PUNITIVE DAMAGES STATEMENT UNLIMITED JURISDICTION JURY TRIAL DEMANDED COMPLAINT FILED: May 2, 2022 TRIAL DATE: TBD - NOTICE TO: Vardan Kushkyan, Plaintiff James Lake reserves the right to seek \$4,000,000 in punitive damages when James Lake seeks a judgment in the suit filed against you. Date: 3/22/2023 2023 Issue Dates JULY 28, AUGUST 4, 11 & 18, 2023

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2023-9014912 Fictitious Business Name to be Abandoned: a LEFT COAST RETREAT Located at:2740 HARTFORD ST., SAN DIEGO, CA 92110 . The Fictitious Business name referred to above was filed in San Diego County on: 07/20/2015 and assigned File No. 2015-004500 Fictitious Business name is being abandoned by: KATHLEEN A. ADAMS, 5700 SW HOLLYHOCK CIRCLE #131, CORVALLIS, OR 97333 This business is conducted by: AN INDIVIDUAL I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000.) Registrant name: KATHLEEN A. ADAMS, Title of officer, if limited liability company/

corporation. The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: JULY 17, 2023 . ISSUE DATES: JULY 28, AUGUST 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9014955 Fictitious Business Name(s) a. ETHEREAL PICNICS & FLOWERS, 1557 ORO VISTA RD APT 32, SAN DIEGO, CA 92154 Is registered by the following: a.STEPHANY DARLEEN POLANCO This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. a.STEPHANY DARLEEN POLANCO TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 18 2023 ISSUE DATES: JULY 28 ,AUGUST 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9014806 Fictitious Business Name(s) a. EMILIANA'S MEXICAN & DELI FOOD , 9965 BUSINESS PARK, SUITE C, SAN DIEGO, CA 92131 Is registered by the following: a.CLISERIO OSWALDO RODRIGUEZ OCAMPO This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. CLISERIO OSWALDO RODRIGUEZ OCAMPO TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 14 2023 ISSUE DATES: JULY 28 ,AUGUST 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9014969 Fictitious Business Name(s) a. VERANDA LA JOLLA APARTMENTS, 3845 LA SCALA DR SAN DIEGO, CA 92122 Is registered by the following: a.NOBEL LA JOLLA LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: N/A Registrant Name: a. NOBEL LA JOLLA LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor CHRISTOPHER J KOBER, MANAGER The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 18 2023 ISSUE DATES: JULY 28 ,AUGUST 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9015078 Fictitious Business Name(s) a. TERESA'S HAIR NAIL & SPA, 4208 CONVOY ST, SAN DIEGO, CA 92111 Is registered by the following: a.TERESA M. TILSETH This business is conducted by: AN INDIVIDUAL The first day of business was: 7/18/2023 Registrant Name: a. a.TERESA M. TILSETH TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 18 2023 ISSUE DATES: JULY 28 ,AUGUST 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9014949 Fictitious Business Name(s) a. ON-CALL DIESEL REPAIR, 1819 MALDEN STREET, SAN DIEGO, CA 92109 Is registered by the following: a.DANIEL VILLADA This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a.DANIEL VILLADA TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 18 2023 ISSUE DATES: JULY 28 ,AUGUST 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9015082 Fictitious Business Name(s) a. INNERBLOOM THERAPY, 3205 MIDWAY DRIVE STE C, SAN DIEGO, CA 92110 Is registered by the following: a.DEANNA JIMENEZ This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a.DEANNA JIMENEZ TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 19 2023 ISSUE DATES: JULY 28 ,AUGUST 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9015370 Fictitious Business Name(s) a. XCELERATE, 5001 GASCONADE AVE, SAN DIEGO, CA 92110 Is registered by the following: a.FIONA JANE JAHN This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a.FIONA JANE JAHN TITLE of Officer, if Limited Liability Company/ Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 24 2023 ISSUE DATES: JULY 28 ,AUGUST 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9013571 Fictitious Business Name(s) a. PRIORI SKINCARE, 11633 SORRENTO VALLEY ROAD, SAN DIEGO, CA 92121 Is registered by the following: a.sKinSciPac, Inc This business is conducted by: A CORPORATION The first day of business was: 05/01/2023 Registrant Name: a.sKinSciPac, Inc TITLE of Officer, if Limited Liability Company/Corporation Title of Signor DAVID STERN, CEO The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JUNE 27 2023 ISSUE DATES: JULY 28 ,AUGUST 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9011863 Fictitious Business Name(s) a. BELLA BABE FIT, 1128 FELSPAR STREET APT 5, PACIFIC BEACH, CA 92109 Is registered by the following: a. ANA KAROLINE MARQUES PIOTO This business is conducted by: AN INDIVIDUAL The first day of business was: 1/1/2022Registrant Name: a. ANA KAROLINE MARQUES PIOTO TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: MAY 31, 2023 ISSUE DATES: JULY 28 ,AUGUST 4, 11 & 18

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2023-00031194 -CU-PT-NC SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 325 S. MELRODE DRIVE CITY AND ZIP CODE :VISTA, CA 92081 ; BRANCH NAME: Hall of Justice Courthouse . TO ALL INTERESTED PERSONS: 1. Petitioner (name)SEAN WILLIAM COX filed a petition with this court for a decree changing names as follows: Present name: a CAMERON JAMES GAVIN to proposed name: CAMRON PAUL D'AMORE and b. MICHELLE LYNN GAVIN to proposed name MICHELLE LYNN D'AMORE THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 09-15-23 TIME: 8:30 AM DEPT: 25; a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: 07/25/23 . JUDGE OF THE SUPERIOR COURT BRAD A. WEINREB ISSUE DATES: AUGUST 4, 11 , 18 & 25, 2003 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objecting to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date, you will be notified by

mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED

NOTICE OF PETITION TO ADMINISTER ESTATE OF Raquel Y. Wilkins, deceased CASE NO. 37-2022-00035299-PR-LA-CTL. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Raquel Y. Wilkins deceased A PETITION FOR PROBATE has been filed by Darleen H. Clough in the Superior Court of California, County of SAN DIEGO. THE PETITION FOR PROBATE requests that Darleen H. Clough be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with full authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on August 23, 2023 at 1:30pm in Dept. 502 Room C-502 located at 1100 Union Street, SAN DIEGO CA 92101 PROBATE DIVISION. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice (DE154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: Darleen H. Clough, 7609 Willow Brook Ct. Hudson FL. 34667 , (727)271-3972 ISSUE DATES: August 4, 11, 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9013954 Fictitious Business Name(s) a. LIGHTHOUSE ICE CREAM & YOGURT, 5059 NEWPORT AVENUE, SUITE 102 SAN DIEGO, CA 92107 Is registered by the following: a. LIGHTHOUSE ICE CREAM, Inc This business is conducted by: A CORPORATION The first day of business was: 03/17/1997 Registrant Name: a. LIGHTHOUSE ICE CREAM, Inc TITLE of Officer, if Limited Liability Company/Corporation Title of Signor CAROL LADIGES, PRESIDENT The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JUNE 30 2023 ISSUE DATES: AUGUST 4, 11 , 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9015586 Fictitious Business Name(s) a. URBAN NATURAL GARDEN DESIGN, 3054 RUE D'ORLEANS, UNIT 133 , SAN DIEGO, CA 92110 Is registered by the following: a. LESLI RAE KENDALL This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. LESLI RAE KENDALL TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 26, 2023 ISSUE DATES: AUGUST 4, 11 , 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9015286 Fictitious Business Name(s) a. SECRET TO OUR SUCCESS, 729 AGATE STREET, SAN DIEGO, CA 92109 Is registered by the following: a. NANCY M PACE, JR This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. NANCY M PACE, JR TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 21, 2023 ISSUE DATES: AUGUST 4, 11 , 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9015640 Fictitious Business Name(s) a. SAINT VIOLET JEWELRY AND ART, 4598 39TH STREET APT A, SAN DIEGO, CA 92116 Is registered by the following: a. MELODY A OAKES This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. MELODY A OAKES TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 27, 2023 ISSUE DATES: AUGUST 4, 11 , 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9015677 Fictitious Business Name(s) a. HABITATS LANDSCAPE & HORTICULTURE b. HABITATS DESIGN & LANDSCAPE, 4719 ORCHARD AVENUE, SAN DIEGO, CA 92107 Is registered by the following: a. SCOTT GLENN JONES This business is conducted by: AN INDIVIDUAL The first day of business was: 7-27-23 Registrant Name: a. SCOTT GLENN JONES TITLE of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Jordan Z. Marks, , Jr. Recorder/County Clerk of San Diego County on: JULY 27, 2023 ISSUE DATES: AUGUST 4, 11 , 18 & 25

SUMMONS CASE # 37-2022-00016872-CU-PO-CTL NOTICE TO DEFENDANT :CITY OF SAN DIEGO; COUNTY OF SAN DIEGO; STATE OF CALIFORNIA; JACK H. PEVERI, dba JACK & GIULIOS ITALIAN RESTAURANT; DOROTHY DIMARIS EICHENLAUB; DIMARIS, INC.; OLD TOWN TRIANGLE,LLC; URBAN PROPERTY GROUP; GRAND ENTERPRISES, LLC; OLD TOWN BUSINESS IMPROVEMENT DISTRICT 3; OLD TOWN COMMUNITY PLANNED DISTRICT/DESIGN REVIEW BOARD; OLD TOWN SAN DIEGO CHAMBER OF COMMERCE & VISITOR CENTER; EVANCO REALTY ADVISORS, INC.; CARL M. EICHENLAUB,JR., individually and as TRUSTEE of the CARL M. EICHENLAUB TRUST; JEAN EICHENLAUB, individually and as TRUSTEE of the EICHENLAUB FAMILY TRUST;

BRIAN PHILLIP EICHENLAUB; DOROTHY D. EICHENLAUB; BETTY SUE SHERMAN; OLD TOWN TRIANGLE II ,LLC; and DOES 1 through 10, inclusive YOU ARE BEING SUED BY PLAINTIFF: DENICE SIMMONS, Individually and as Personal Representative of the ESTATE OF MARC WOOLF NOTICE! You have been Sued. The court may decide against you without your being heard unless you respond with in 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these

Airport Authority chooses restaurants, retail for New Terminal 1

By DAVE SCHWAB

The San Diego County Regional Airport Authority Board has approved the final group of New Terminal 1 concession leases for restaurants and retail shops that will offer a mix of local, regional, and some national brands.

A total of six concessions operators will open 19 restaurants and seven retail stores in the New T1. The first phase (19 gates) is slated to open in 2025 and the remaining 11 gates in early 2028.

Following is a Q&A between the San Diego Community Newspaper Group and the Airport Authority giving details of their plans for New Terminal 1's new restaurant/retail space:

SDCNG: Describe where the new retail will be in the terminal. Will it be set up like a food court?

Airport: No, the location of convenience and specialty retail is different from the location of food service. Convenience and specialty retail need to be sprinkled everywhere throughout the terminal for passenger convenience. Food can be more clustered for those who are looking for food variety.

SDCNG: What types of businesses were you looking for to fill out the space?

Airport: Retail operations in airports are very specialized due to the logistical and operational challenges involved. As a result, airport

retail tends to be dominated by a handful of national/international companies who partner in joint ventures with locals who really understand the market. They accomplish a partnering of the large and the small scale when it comes to the concepts and merchandise. We didn't mandate this type of proposer, but it was the type we expected that would be interested. This also turned out to be the case.

SDCNG: Sounds like you have a mix of different types of retail. Tell us about that. Will the retail have a San Diego look and feel? If so, how will that be accomplished?

Airport: We sought to achieve the look and feel of San Diego in two ways: with architecture and merchandise. With architecture, we created three distinct "districts" in the terminal.

- The Heritage district provided proposers with design cues from old mission San Diego, suggesting earthy natural colors and materials.
- The Urban district can be best described as the light-industrial 'grit' of downtown Gaslamp, for example, rust and faux brick.
- The Seaside district suggested tones of blue, green, and sand with lighter materials. The retail shops have a greater ability to reflect these districts as they are not governed by the kind of brand guidelines of quick service restaurants.

With merchandise, it's all about curating local products. It could be



The popular Ambrogio15 will have a space in New Terminal 1.

as subtle as jewelry made in a studio at Liberty Station or more overt as souvenir merchandise from the San Diego Zoo and the USS Midway Museum

SDCNG: What purpose will the retail serve in the overall scheme of the new Terminal 1?

Airport: The purpose is always two-fold: needs and wants. However, in the overall scheme, "needs" are more important. Needs are "I need a quick sandwich to take on the plane because I don't have time to eat in a restaurant," or, "I forgot my phone charger at home," or, "I have a horrible headache and need aspirin." Airport retail must cover all those needs and more.

For some travelers, it's enjoyable to explore airport retail offerings as the last thing they do before departing San Diego. Those kinds of "wants" could be San Diego

souvenirs or it could be just something unique not found elsewhere. It can also be higher-end cosmetics and perfumes for some.

SDCNG: Tell us about the selection process, and what went into choosing among the various applicants who wanted to get into the New T1 terminal.

Airport: There were many factors, of course. Some of the criteria for food service were understandably different than for retail. Generally, for all, we looked at the financial strength of the company and evidence of an ability to invest, as well as relevant experience.

Key factors for retail, were the proposed store concepts, the design aesthetic and how it fits with the terminal, how well they used limited space, and what merchandise would be offered. For restaurants, we are looking more specifically

TERMINAL 1 BUSINESSES

The concessions operators selected to fill the 32,000-square-foot, food-and-beverage space, and 14,000 square feet for convenience retail space in New Terminal 1, will be offering many brands and concepts well-known to San Diegans.

■ Food and Beverage: Kettner Exchange, Puesto, Mostra Coffee, Parakeet Café, Better Buzz, Cutwater Restaurant & Bar, Lofty Coffee, Understory Bar & Restaurant, NOVO Brewing, El Pez, Taco Stand, Ambrogio15, Herb & Air, SIP Wine & Beer, 900A Tony Hawk Public House, Luna Grill, Mr. Moto Pizza, Carnitas Snack Shack, Grab & Go Subs, Café Moto, Chick-fil-A, and McDonald's.

■ Retail, Convenience, and Gifts: Gaslamp Marketplace, Hip & Humble, SAN Supply Co. and Goods Express @ SAN, Goods Univision Travel Store, No Boundaries, The Commissary, InMotion, WHS Smith, Liberty Station, and The Arts District Market.

at the appeal of the food type to a broad audience and proposed menus.

For all types, we also looked at their proposed inclusion of small businesses and their environmental practices. And, of course, they indicated what percentage of sales they would be willing to pay the airport. The percentage rent offers are typically quite similar because they are derived based on estimated sales and the costs of doing business.

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"The three menaces to any chimney, fireplace, or stove."

On a hot summer day, a chimney can experience temperatures of 125 to 150 degrees. This intense heat can cause metal to warp, masonry to crack and leave a chimney fully exposed to the other elements. Don't let the scorching sun damage your chimney; contact us for expert maintenance and repairs today before it's too late

CHIMNEY SWEEPS, INC., one of San Diego's leading chimney repair and maintenance companies, is here to protect you and your home from losses due to structural damage and chimney fires.

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SUDOKU PUZZLE

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CROSSWORD PUZZLE

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CLUES ACROSS

1. Civil rights organization
5. Calendar month (abbr.)
8. Monetary unit of Burma
11. Twyla ___, US dancer
13. Everything included
14. "Antman" actor Rudd
15. Italian city
16. Nowhere to be found
17. Mild yellow Dutch cheese made in balls
18. Turkish officer
20. Perform on stage

21. Ribosomal ribonucleic acid
22. Canadian coastal provinces
25. Furnishes anew
30. Edible mollusk
31. No seats available
32. Garden figurine
33. Two-legged support
38. Rest here please (abbr.)
41. In a silly way
43. One from the Golden State
45. Photographers
48. Native religion in parts of China

49. Dickens character
50. Broadway actress Daisy
55. Ancient Greek sophist
56. Undivided
57. Daniel __, French composer
59. Nocturnal S. American rodent
60. Rusty
61. Jewish spiritual leader
62. Patti Hearst's captors
63. Popular global holiday (abbr.)
64. Tall, slender plant

CLUES DOWN

1. Defunct US energy company
2. Fellow
3. It's issued from volcanoes
4. Type of acid
5. Winged nut
6. Arouses
7. Things are served on it
8. San Diego ballplayer
9. Currency and a Chinese dynasty
10. ___ mater; one's school
12. Exclamation that denotes disgust
14. Hairstyle

19. Supreme ancient Egyptian god
23. They ____
24. Connecting line on a map
25. Mock
26. One point north of due east
27. Chinese philosophical principle
28. Type of tree
29. Persuade to do something
34. A place for travelers to rest
35. National Gallery of Art designer
36. Panamanian province
37. Field force unit (abbr.)
39. Whalers' tool

40. Simply
41. Nigerian City
42. Not one
44. Obstruct
45. Political plot
46. Manila hemp plant
47. Dough made from corn flour
48. Fishes by letting the bob fly
51. Swiss river
52. Plant that makes gum
53. A French abbot
54. One point east of northeast
58. Get free of

REGGAE AGAINST DUCHENNE

The second annual Cali-Reggae Against Duchenne Fest returns to The Beach House in Mission Beach on Sept. 2 to benefit Cure Duchenne, a leading global nonprofit focused on funding and finding a cure for Duchenne muscular dystrophy. The event will feature reggae artists Through the Roots, Sammy Dread, Common Sense, SM Familia, Skyler Lutes Band, Indica Roots, Beech City, and DJ: Real Alofa Sound & Fandy Hermex. Cali-RAD Fest will be held from 3-10 p.m. Tickets for the all-ages show are \$50 for ages 16 and up and \$30 for youth. VIP tickets with access to the second story Sky Lounge with private bar and outdoor patio are \$100.

Duchenne muscular dystrophy is a fatal genetic disease that affects roughly 1 in 5,000 male births. Individuals with Duchenne are typically diagnosed as toddlers, lose the ability to walk in their early-teens and often succumb to the disease in their mid-20s. Tickets

LEGALS »

CONT. FROM PG. 10

nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is: SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, 330 W BROADWAY, SAN DIEGO, CA 92101 The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is Joseph G. Dicks, Esq., Dicks & Workman Attorneys at Law, APC 7825 Fay Avenue, Suite 120, La Jolla, California 92037 (619) 685-6800 NOTICE TO THE PERSON SERVED:

You are served Date: 03/08/2023 Clerk, by, A, RHODES 2023 Clerk (ISSUE DATE) AUGUST 11, 18, 25 and SEPTEMBER 1, 2023

STATEMENT OF DAMAGES (personal injuries or wrongful death).
 Attorney or party without Attorney JOSEPH G. DICKS, SNB 127362;
 DICKS & WORKMAN ATTORNEYS AT LAW, APC, 7825 FAY AVENUE,
 SUITE 120, LA JOLLA, CA 92037 ATTORNEY FOR : DENISE SIMMONS,
 Individually and as Personal Representative of the ESTATE OF
 MARC WOOLF Superior Court of California, County of SAN DIEGO:
 EGO: 330 W. BROADWAY, SAN DIEGO, CA 92101 Central Division
 PLAINTIFF: DENISE SIMMONS DEFENDANT: CITY OF SAN DIEGO,
 et al. CASE NUMBER: 37-2022-00016872-CJ-PO-CTL To
 (name of one defendant only): DIMARIS, Inc. PLAINTIFF (name
 of one plaintiff only) DENISE SIMMONS, Individually and as Personal
 Representative of the Estate of Marc Woolf seeks damages in
 the above-entitled action, as follows: 1. GENERAL DAMAGES: a.
 PAIN, SUFFERING, AND INCONVENIENCE IN THE AMOUNT OF
 \$50,000,000.00 b. EMOTIONAL DISTRESS IN THE AMOUNT OF
 \$50,000,000.00 2. SPECIAL DAMAGES a. Medical expenses (to
 date), \$2,000,000.00 b. Future medical expenses (present value)
 \$28,000,000.00 c. Loss of earnings (to date) \$200,000.00 d. Loss
 of future earning capacity (present value) \$10,000,000.00 3. Pu-
 nitive Damages; Plaintiff reserves the right to seek punitive da-
 mages in the amount of (specify): \$100,000,000.00 when pursuing
 a judgment in the suit filed against you. Date: 08/23/2022
 JOSEPH G. DICKS, ISSUE Dates: August 11, 18, 25 and September 1, 2023

STATEMENT OF DAMAGES (personal injuries or wrongful death).
ATTORNEY or party without ATTORNEY JOSEPH G. DICKS, SNB 127362;
DICKS & WORKMAN ATTORNEYS AT LAW, APC, 7825 FAY AVENUE,
SUITE 120, LA JOLLA, CA 92037 ATTORNEY FOR : DENICE SIMMONS,
SIMMONS, Individually and as Personal Representative of the ESTATE
OF MARC WOOLF Superior Court of California, County of SAN DIEGO:
3300 W. BROADWAY, SAN DIEGO, CA 92101 Central Division
PLAINTIFF: DENICE SIMMONS DEFENDANT: CITY OF SAN DIEGO, et al.
a. CASE NUMBER: 37-20220016872-CU-PO-CTL To (name
of one defendant only): DOROTHY DIMARIS-CHENLAUB Plaintiff
(name of one plaintiff only) DENICE SIMMONS, Individually and as
Personal Representative of the Estate of Marc Woolf seeks damages
in the above-entitled action, as follows: 1. GENERAL DAMAGES:
a. PAIN, SUFFERING, AND INCONVENIENCE IN THE AMOUNT OF
\$50,000,000.00 b. EMOTIONAL DISTRESS IN THE AMOUNT OF
\$50,000,000.00 2. SPECIAL DAMAGES a. Medical expenses (to date),
\$2,000,000.00 b. Future medical expenses (present value) \$28,
000,000.00 c. Loss of earnings (to date) \$200,000.00 d. Loss of
future earning capacity (present value) \$10,000,000.00 3. Pu-
nitive Damages; Plaintiff reserves the right to seek punitive dam-
ages in the amount of (specify): \$100,000,000.00 when pursuing
a judgment in the suit filed against you. Date: 08/03/22 JOSEPH
G. DICKS, ISSUE DATES: August 11, 18, 25 & September 1, 2023

STATEMENT OF DAMAGES (personal injuries or wrongful death).
Attorney or party without Attorney JOSEPH G. DICKS, SBN 127362
DICKS & WORKMAN ATTORNEYS AT LAW, APC, 7825 FAY AVENUE,
SUITE 120, LA JOLLA, CA 92037 ATTORNEY FOR : DENISE SIMMONS,
SMMNS, Individually and as Personal Representative of the ESTATE
OF MARC WOOLF Superior Court of California, County of SAN DI-
EGO: 330 W. BROADWAY, SAN DIEGO, CA 92101 Central Division
PLAINTIFF: DENISE SIMMONS DEFENDANT: CITY OF SAN DIEGO, et
al. CASE NUMBER: 37-2022-0016872-CJ-PO-PTL To (name
of one defendant only) DOROTHY D. EICHENAU (Plaintiff (name
of one plaintiff only) DENISE SIMMONS, Individually and as Per-
sonal Representative of the Estate of Marc Woolf seeks damages
in the above-entitled action, as follows: 1. GENERAL DAMAGES:
a. PAIN, SUFFERING, AND INCONVENIENCE IN THE AMOUNT OF
\$50,000,000.00 b. EMOTIONAL DISTRESS IN THE AMOUNT OF
\$50,000,000.00 2. SPECIAL DAMAGES a. Medical expenses (pre-
sent) \$2,000,000.00 b. Future medical expenses (present value)
\$28,000,000.00 c. Loss of earnings (to date) \$200,000.00 d. Loss
of future earning capacity (present value) \$10,000,000.00 3. Pu-
nitive Damages; Plaintiff reserves the right to seek punitive dam-
ages in the amount of (specify): \$100,000,000.00 when pursuing
a judgment in the suit filed against you. Date: 08/03/22 JOSEPH
G. DICKS, ISSUE DATES: August 11, 18, 25 & September 1, 2023/

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO. 37-2023-00032913-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: Superior Court of California, County of SAN DIEGO: 330 W. BROADWAY, SAN DIEGO, CA 92101

and sponsorships are available at Caliradfest.com. For more information, visit cureduchenne.org.

WINGS EVENT CANCELED

The Lord of the Wings chicken-wing contest sponsored by Discover PB scheduled for Saturday, Aug. 19 at Mavericks Beach Club has been canceled. Discover PB apologies for any inconvenience, they have provided a few options for those who have previously purchased or won raffled tickets. Redeem ticket at the next event, Heart of PB Restaurant Walk on Sept. 13. Donate your funds to Discover PB. Request a refund only if you have purchased ticket online, email vanessa@pacificbeach.org

PBTC AUGUST SOCIAL

Pacific Beach Town Council will be partnering with Pacific Beach Ice Cream Co. at 1010 Grand Ave. to hold a summer ice cream social on Wednesday, Aug. 23 from 4-6 p.m. PBTC members and

LA 92101 BRANCH NAME: HALL OF JUSTICE COURTHOUSE - TO ALL INTERESTED PERSONS: 1. Petitioner (name): JESSICA GARDINO MARTINEZ AKA JESSICA GONZALES filed a petition with this court for a decree changing names as follows: Present name: a JESSICA GARDINO MARTINEZ AKA JESSICA GONZALES to proposed name: JESSICA GARDINO MARTINEZ. THE COURT ORDERS that all persons interested in this matter appear before the court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING. A. Date: 09-19-23 TIME: 8:30 AM DEPT: 61. a. Copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: 08/03/23 THE JUDGE OF THE SUPERIOR COURT Michael T. Smyth ISSUE DATES: August 11, 18, 25 & September 1, 2023 Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objecting to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-
 9013995 Fictitious Business Name(s) A. HOLLY CROSS LUTHER-
 AN CHURCH OF CLAIREMONT, SAN DIEGO CALIFORNIA, 6749 TAIT
 STREET, SAN DIEGO, CA 92111 Is registered by the following: A
 PEACE EVANGELICAL CHURCH OF SAN DIEGO CALIFORNIA This
 business is conducted by: A CORPORATION The first day of busi-
 ness was: 06/02/2023 Registrant Name: a. PEACE EVANGELICAL
 CHURCH OF SAN DIEGO CALIFORNIA TITLE of Officer, if Limited
 Liability Company/Corporation title of Signor KELLEY SEDGWICK
 , PRESIDENT The statement was filed with Jordan Z. Marks , Jr.
 Recorder/County Clerk of San Diego County on: JULY 3 2023 ISSUE
 DATES: August 11, 18, 25 & September 1, 2023

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2023-00033259-CJ-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: Superior Court of California, County of San Diego: 330 W. BROADWAY, SAN DIEGO, CA 92101 BRANCH NAME: HALL OF JUSTICE COURTHOUSE - 10 ALL INTERESTED PERSONS: 1. Petitioner (name)SEAN WILLIAM COX filed a petition with this court for a decree changing names as follows: Present name: a SEAN WILLIAM COX to proposed name: SEAN WILLIAM COX BRIAR THE COURT ORDERS that all persons interested in this matter appear before the court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 09-20-23 TIME: 8:30 AM DEPT: 61; a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: 08/07/23 . JUDGE OF THE SUPERIOR COURT Michael T. Smyth. ISSUE DATES: August 11, 18, 25 and September 1, 2023. Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objecting to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED.

non-members are encouraged to attend. For those PBTC members attending, there is a souvenir to take home, on top of a 15% discount on ice cream. Non-members will receive a 10% discount for this event.

To sign up for this event, visit [eventbrite PBTC August Social](#).

CONCERT TICKETS SALE

Single tickets are now on sale for Fragments 2, the second installment of renowned cellist Alisa Weilerstein's multi-year project, Fragments, Thursday, Nov. 16 at 7:30 p.m. at The Baker-Baum Concert Hall of The Conrad Prebys Performing Arts Center in La Jolla. Co-presented by the San Diego Symphony and La Jolla Music Society as part of LJMS's 2023–24 Winter Season's ProtoStar Innovative Series, this program weaves together the 36 movements of Bach's solo cello suites with 27 newly commissioned works.

READ MORE ONLINE AT sdnews.com

Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME, CASE NO. 37-2023-00034026-CJ-PT-CTL, SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: Superior Court of California, County of San Diego: 330 W. BROADWAY, SAN DIEGO, CA 92101 BRANCH NAME: HALL OF JUSTICE COURTHOUSE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): CHAD EVERETTE BULLOCK filed a petition with this court for a decree changing the names as follows: Present name: a. CHAD EVERETTE BULLOCK to proposed name: DRICKS CHAD EVERETTE THE COURT ORDERS that all persons interested in this matter appear before the court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING: a. Date: 09-26-23 TIME: 8:30 AM DEPT: 61; b. A copy of this Order to Show Cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: 08/10/23. JUDGE OF THE SUPERIOR COURT Michael T. Smyth ISSUE DATES: AUGUST 18, 25, September 1 & 8, 2023 Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (requisite at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. If you are a respondent objection to the name change, you must file a written objection at least two court days (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date, you will be notified by mail by the Court of a future hearing date. Any petitioner for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9016437
 Fictitious Business Name(s) a. KING FRENCH CONNECTION
 WEST, 5102 LEHRER DR, SAN DIEGO, CA 92117 is registered by
 the following: a.KING FRENCH CONNECTION WEST this business
 is conducted by: A LIMITED LIABILITY COMPANY The first day of
 business was: 08/08/2023 Registrant Name: a. KING FRENCH
 CONNECTION WEST Title of Officer, if Limited Liability Company/
 Corporation Title of Signor SOLOMON FRIESE, CEO The statement
 was filed with Jordan Z. Marks, , Jr. Recorder/Clerk of San
 Diego County on: AUGUST 8, 2023 ISSUE DATES: August 18, 25
 September 1 & 8, 2023

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-
9016214 Fictitious Business Name(s) a. INSTITUTE FOR THE
UNCONDITIONAL .4443 SANTA CRUZ AVE, SAN DIEGO, CA 92107
Is registered by the following: a. MIRIAM LORINDA SIEVERS This
business is conducted by: a. INDIVIDUAL The first day of business
was: 07/31/2023 Registrant Name: a. MIRIAM LORINDA SIEVERS
TITLE of Officer, if Limited Liability Company/Corporation Title of
Signor The statement was filed with Jordan Z. Marks, Jr. Record-
er/Clerk County of San Diego County on: AUGUST 3, 2023 ISSUE
DATES: August 18, 25, September 1 & 8, 2023

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-
9016727 Fictitious Business Name(s) ANCHOR PET SERVICES
10759 CARLUO CT, SAN DIEGO, CA 92124 is registered by the
following: A.JASON MITCHELL HICKS This business is conducted
by: A INDIVIDUAL The first day of business was: N/A Registrant
Name: A.JASON MITCHELL HICKS Title of Officer, if Limited Li-
ability Company/Corporation Title of Signor The statement was filed
with Jordan Z. Marks, J. Recorder/County Clerk of San Diego
County on: AUGUST 14, 2023 ISSUE DATES: August 18, 25, Sep-
tember 1 & 8, 2023

9101113 BUSINESS NAME STATEMENT FILE NO. 2023-
9101113 Fictitious Business Name(s) a.JUST BE CHIROPRATIC,
2209 GARNET AVENUE, SAN DIEGO, CA 92109 Is registered by
the following: a.CHRISTINE MOGANNAM This business is conducted
by: AN INDIVIDUAL The first day of business was: 07/19/2023
Registrant Name: a.CHRISTINE MOGANNAM TITLE of Officer, if
Limited Liability Company/Corporation Title of Signor The statement
was filed with Jordan Z. Marks, Jr. Recorder/County Clerk of San
Diego County on: AUGUST 02, 2023 ISSUE DATES: August 18, 25
September 1 & 8, 2023

[illegible]

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4	3	6	8	1	9	5	7	2
7	1	5	3	4	2	8	9	6
9	5	4	2	8	6	7	1	3
1	2	7	9	3	4	6	8	5
6	8	3	7	5	1	9	2	4

Mine-free diamonds and gemstones at Taylor Custom Rings



Variety of rings



Fashion Files

Diana Cavagnaro

Taylor Custom Rings is a showroom in North County where you can find jewelry that is “yours, not mined.” These one-of-a-kind designs are made with mine-free diamonds and gemstones and recycled precious metals. This is a trend with the eco-conscious mindset and those who have ethical concerns about diamond sourcing. There is an overall shift toward sustainability in the industry especially with millennials and the Gen Z.



Chelsea-Aqua-Moissanite

There are many benefits for these non-traditional engagement rings. The direction is accelerating due to these ethical benefits and affordability. Taylor Custom Rings was started in 2015 by husband and wife owners Ashley and Jerry Taylor. They have opened their first jewelry showroom at The Beacon La Costa. Customers have a choice to



Showroom



Jerry and Ashley Taylor

choose a piece from the store collection or they could create a custom design. These 100% real lab-grown diamonds are identical to their mined counterparts. The only difference is one is formed above the ground while the other is in the earth. In 2018, the FTC ruled that lab-grown diamonds were physically, chemically, and identical to their mined counterparts. Ashley and Jerry Taylor create unique collections for engagements, weddings, anniversaries, and other celebratory occasions. Everything is handcrafted with attention to detail. They believe that we should be kind to the Earth by using quality environmentally-conscious materials. These lab-grown diamonds, moissanite, and gemstones were made without harmful mining or exploitation. Some of the advantages are larger, nicer diamonds, and lower prices, which will add up to about 30-40% less than mined

diamonds. The name of some of their popular styles are The Stevie Ring, The Darby Ring, and the Sojourner Ring. Taylor Custom Rings is at the forefront of ethical jewelry design. If you have been looking for sustainability in jewelry look no further. Visit this showroom at 7740 El Camino Real, Suite C in Carlsbad.

UPCOMING EVENTS

Sept. 7 – Walking in Harmony with Nature, The second annual fashion show at Sycuan featuring 16 Native designers. For tickets: sycfashionshow@yahoo.com.
Sept. 9 – Strut For Sobriety! From 10 a.m. to 3 p.m. at the Sheraton San Diego Hotel & Marina. Raises funds for A New PATH. For tickets visit: april@anewpath.org.
Sept. 14 – Art of Fashions, luncheon, and fashion show hosted

by Country Friends and South Coast Plaza from 10 a.m.-4 p.m. at The Inn at Rancho Santa Fe. Raises funds for many non-profits. For tickets: thecountryfriends.org.
Diana Cavagnaro is an internationally renowned Couture Milliner based in the San Diego area. Learn more about our hat designer, teacher, and blogger at DianaCavagnaro.com.

ART GALLERY EXHIBIT

R.B. Stevenson Gallery at 7661 Girard Ave. in La Jolla will present the exhibition "Small Scale" featuring paintings by San Diego artist Wayne Hilton and sculpture by San Diego artist Jeff Irwin. The exhibition opens with a reception for the artists Saturday, Aug. 19, from 5-8 p.m. and will remain on view through Sept. 16. Gallery will be open at 1 p.m. for early viewing. Hilton's artwork involves bold, vivid hues that harmonize and dance in geometric shapes. Irwin's artworks came from a desire to make objects that speak to how humans impact nature. They are all either physically, visually or emotionally fragile, alluding to the concept that nature is fragile.

ART & WINE FESTIVAL

The 15th annual free La Jolla Art & Wine Festival returns on Saturday, Oct. 7 and Sunday, Oct. 8 from 10 a.m.-6 p.m. daily. Visitors can expect a fully packed weekend of fine art, regional and international wines, craft beer and spirits, a high-end silent auction, live entertainment and music, a gourmet food court, pet rescue stations, and interactive, family-friendly fun. The La Jolla Art & Wine Festival features more than 160 juried artists from across the U.S. and Mexico. Artists from all backgrounds will display exquisite creations in a variety of mediums.

READ MORE ONLINE AT sdnews.com



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Mission Beach author to speak about debut book on scandalous murder case

Mission Beach resident Deborah Holt Larkin's debut book, "A Lovely Girl: The Tragedy of Olga Duncan and the Trial of One of California's Most Notorious Killers," is set against the backdrop of iconic 1950s small-town family life, is a true story of a bizarre murder plot, bumbling killers, and the last woman ever executed in California. This scandalous 1958 murder case grabbed the imagination of the entire country.

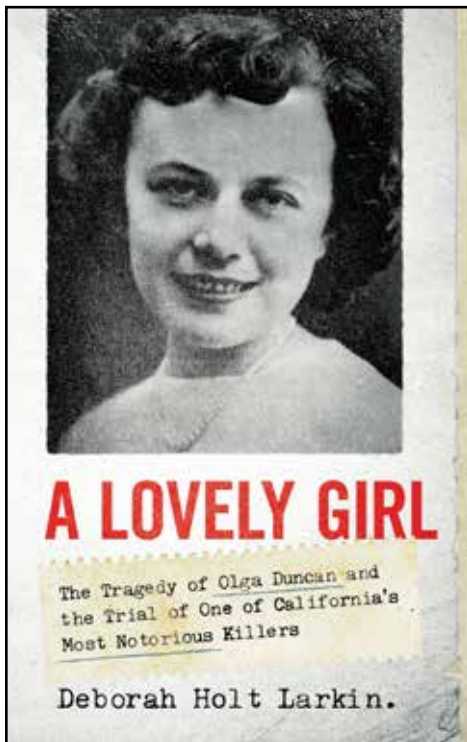
The author will be giving a talk about the book at the Pacific Beach Library at 4 p.m. on Aug. 23.

"A Lovely Girl" was released by Pegasus Books in October 2022, but the story began well over 60 years ago when Olga Duncan vanished from her Santa Barbara apartment on Nov. 17, 1958.

"The discovery of her body a month later on a lonely road near my home was a pivotal moment in my young life," Larkin said. "I was 10 years old. My father, a crime reporter for the local newspaper, covered the story of the investigation and sensational trial.

"I had a constant source of information from my father's newspaper articles about the murder and his never-ending monologue around the house detailing the bizarre Ma Duncan case. I became obsessed with this true crime story.

"Because the tragedy of Olga Duncan had such an impact on me, it has rippled through my life and shadowed me since childhood," Larkin said. "I was determined to tell Olga's story. It took me nine years to research and write 'A Lovely Girl,' and another two years to find an agent and New York publisher (no easy feat for an "older"



first-time author!). The book alternates chapters of a thoroughly researched true crime procedural with a poignant, coming-of-age memoir."

The result is described in a Publishers Weekly Starred Review: "Larkin writes beautifully about her coming of age intermingled with details of the horrific case... This page-turner is not to be missed."

Larkin is a former teacher and school principal at Julian Elementary School in Julian.

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LIVE FROM SAN DIEGO – Music performances on the coast this week

By BART MENDOZA

SPOTLIGHT

Anyone who appreciates the music of the 1980s, from new wave to synthpop, will love every second of the mini-music festival, The Lost 80's Live, taking place on Aug. 25 at Humphrey's Concerts by the Bay. On hand will be an impressive list of Gold and Platinum selling artists, including Wang Chung, General Public, Naked Eyes, Missing Persons (featuring Berton Averre of The Knack), Stacey Q, Shannon, Animotion, Musical Youth, Bow Wow Wow, Gene Loves Jezebel, Kon Kan, Trans-X and Wally Palmer of The Romantics. With so many artists on the bill, the show is a veritable live jukebox, focusing on the hits. The night will include such classic songs as "Tenderness," "Walking in LA" and "What I Like About You," so you can expect the concert to be one big audience sing-a-long and a lot of fun.

Lost 80's Live: Friday, Aug. 25 at Humphrey's Concerts by the Bay, 2241 Shelter Island Drive. 6 p.m. \$119.50 humphreysconcerts.com.

RECOMMENDED

On Aug. 22, classical music aficionados are invited to open rehearsals for upcoming Summerfest performances at the Baker Baum Concert Hall. The free, all-ages, afternoon event will feature work on Tchaikovsky's "Souvenir de Florence," Op. 70, however in this case it almost doesn't matter what tune is played, it's the opportunity to see how world-class musicians put together their repertoire that makes this presentation special. This rehearsal is both a wonderful introduction to the classics for children and a way for music fans in general to see and hear some of the work that goes into producing a classical concert. The rehearsal will be followed by an audience Q&A.

Summerfest Open Rehearsal: Tuesday, Aug. 22 at The Baker Baum Concert Hall at The Conrad Prebys Performing Arts Center, 7600 Fay Ave. 3 p.m. Free. theconrad.org.

There is no doubt that Ella Fitzgerald was one of the greatest singers of the last 100 years. Though considered a jazz vocalist, in truth there was no genre Fitzgerald couldn't sing. Her career lasted more than six decades, leaving a legacy of music that will never be equaled. On Aug. 25 some of the area's top musicians will celebrate Fitzgerald's memory with a concert at the La Jolla Community Center, featuring singer Rose Mallet, bassist Rob Thorsen, drummer Richard Sellers and pianist Melonie Grinnell. Fitzgerald scored dozens of hits, including such classics as "A-Tisket, A-Tasket" and "T'ain't What You Do (It's the Way That You Do It)," both likely candidates for the night's set list, but whatever Mallet and the band play, the audience is in for a treat.

The Best of Ella Fitzgerald: Friday, Aug. 25 at the La Jolla Community Center, 6811 La Jolla Blvd. 8 p.m. \$30. ljcommunitycenter.org.



Dave Wakeling of General Public.

It will be worth getting up early on Aug. 26 to catch a set from keyboardist David Yuter at the La Valencia. Kicking off at 11 a.m., he will perform a mix of jazz, pop hits, and songs from the Great American Songbook, the perfect soundtrack for a visit to one of San Diego's most scenic hotels. Yuter is a major talent often heard on much bigger stages, including with electronica outfit, Electric Dream Machine, as well as with 1970s hitmakers, The Babys. Whether you're stopping into La Valencia for brunch or just to take in the sights, Yuter's music will make the occasion even more enjoyable.

David Yuter: Saturday, Aug. 26 at The La Valencia, 1132 Prospect St. 11 a.m. No cover. lavalencia.com.

San Diego-based smooth jazz saxophonist Erisa Nicole stops in at Humphrey's Backstage Live on Aug. 27. Playing in support of her new single "Fresh," Nicole's music certainly includes jazz elements, but making her music very danceable, equally present in her sound is funk. Covers in her set include the likes of James Brown and The Gap Band, all crafted to get clubgoers up and moving. Nicole is the latest rising star to emerge from our city's jazz community, indeed, her previous Humphrey's show was sold out. Catch her in a small venue while you can.

Erisa Nicole: Sunday, Aug. 27 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 6 p.m. humphreysbackstage.com.

It's joked that bassists don't get much respect, but that surely won't be the case on Aug. 27 at the San Diego Jazz Bass Summit, taking place at Tio Leo's. Featuring Marshall Hawkins, Mark Dresser, Rob Thorsen, and Andres Martin, the night will include a mix of classic tunes and improvisation, highlighting the melodic qualities of the bass guitar. All the players are amongst the area's finest, but the night's star will be Hawkins, who has recorded with such greats as Roberta Flack, The Manhattan Transfer, and Richie Cole.

Jazz Bass Summit: Sunday, Aug. 27 at Tio Leo's, 6333 Mission Gorge Road. 5 p.m. No cover. tioleos.com.

California's winter waves may be increasing under climate change

New research used 90 years of seismic data to infer wave heights, creating an unprecedented record of the waves that have pounded California's coast

By ALEX FOX

A new study from UC San Diego Scripps Institution of Oceanography researcher emeritus Peter Bromirski uses nearly a century of data to show that the average heights of winter waves along the California coast have increased as climate change has heated up the planet.

The study, published in the *Journal of Geophysical Research - Oceans*, achieved its extraordinarily long time series by using seismic records dating back to 1931 to infer wave height, a unique but accepted method first developed by Bromirski in 1999. The results, made more robust by their 90 years of statistical power, join a growing body of research that suggests storm activity in the North Pacific Ocean has increased under climate change.

If global warming accelerates, growing winter wave heights could have significant implications for flooding and erosion along California's coast, which is already threatened by accelerating sea-level rise.

When waves reach shallow coastal waters, some of their energy is reflected back out to sea, Bromirski said. When this reflected wave energy collides with waves approaching the shoreline, their interaction creates a downward pressure signal that is converted into seismic energy at the seafloor. This seismic energy travels inland in the form of seismic waves that can be detected by seismographs. The strength of this seismic signal is directly related to wave height, which allowed him to calculate one from the other.

In using this relationship to infer wave height, Bromirski had to filter out the "noise" of actual earthquakes, which he said is easier than it sounds because earthquakes are typically much shorter in duration than the ocean waves caused by storms.

Bromirski developed this novel way to calculate wave heights out of necessity. Seeing patterns or trends in phenomena such as storm activity or big wave events associated with climate change requires many decades of data, and the buoys that directly measure wave heights along the California coast have only been collecting data since around 1980. Of particular interest to Bromirski were the decades prior to 1970 when global warming began a significant acceleration. If he could get his hands on wave records stretching back several decades before 1970, then he could

assess the potential influence of climate change.

Since no direct wave measurements going back that far existed, Bromirski began a search for alternative sources of data in the 1990s. In 1999, he published a paper detailing his method of deriving historic wave heights using modern digital seismic records. In the process, Bromirski learned that UC Berkeley had seismic records going back nearly 70 years at the time. The problem was that these records were all analog — just sheets and sheets of paper covered in the jagged lines of seismograph readings.

To work in the many decades of seismic records held at UC Berkeley to create a long-term wave record using this method, Bromirski needed to digitize the reams of analog seismograms spanning 1931 to 1992 so that he could analyze the dataset as a whole. The process required the enthusiasm of multiple undergraduate students, a special flatbed scanner, and multiple years of intermittent effort to complete.

Finally, with the digitized seismic data spanning 1931-2021 in hand, Bromirski was able to transform those data into wave heights and begin to look for patterns.

The analysis revealed that in the era beginning after 1970, California's average winter wave height has increased by 13% or about 0.3 meters (one foot) compared to average winter wave height between 1931 and 1969. Bromirski also found that between 1996 and 2016 there were about twice as many storm events that produced waves greater than four meters (13 feet) in height along the California coast compared to the two decades spanning 1949 to 1969.

"After 1970, there is a consistently higher rate of large wave events," said Bromirski. "It's not uncommon to have a winter with high wave activity, but those winters occurred less frequently prior to 1970. Now, there are few winters with particularly low wave activity. And the fact that this change coincides with the acceleration of global warming near 1970 is consistent with increased storm activity over the North Pacific resulting from climate change."

The results echo an increase in wave height in the North Atlantic tied to global warming reported by a 2000 study.

If California's average winter waves continue to get bigger under climate change, it could amplify the effects of sea-level rise and have significant coastal impacts.



Large waves pound the breakwater at the Children's Pool in La Jolla in January.

PHOTO BY THOMAS MELVILLE

"Waves ride on top of the sea level, which is rising due to climate change," said Bromirski. "When sea levels are elevated even further during storms, more wave energy can potentially reach vulnerable sea cliffs, flood low-lying regions, or damage coastal infrastructure."

To see how his results compared with atmospheric patterns over the North Pacific, which typically supplies the California coast with its winter storms and waves, Bromirski looked to see if a semi-permanent wintertime low pressure system located near Alaska's Aleutian Islands called the Aleutian Low had intensified in the

modern era. A more pronounced Aleutian Low typically corresponds to increased storm activity and intensity.

Per the study, the intensity of the Aleutian Low has generally increased since 1970. "That intensification is a good confirmation that what we are seeing in the wave record derived from seismic data is consistent with increased storm activity," said Bromirski. "If Pacific storms and the waves they produce keep intensifying as climate change progresses and sea-level rises, it creates a new dimension that needs to be considered in terms of trying to anticipate coastal impacts in California."

GHG »

CONT. FROM PG. 4

"Cleaner air contributes to better public health," Capretz said adding, "Community power that comes to homes is much closer to 100% renewable energy than most other sources."

Capretz said that "once the City develops its MMP, there will be a lot more bike riding in coastal communities helping out with people's fitness, their commutes and increasing our (climate) security."

But getting people to shift away from fossil fuels and toward greener, cleaner energy won't be easy, admitted Capretz. "The bottom line is, reaching the 100% electrical goal for transportation requires a pretty big infrastructure change necessitating redesigning our streets and roads making them more bikeable and walkable" she concluded.

What advice is CAC offering the City to help guide it in achieving its climate and GHG emission-reduction objectives? "We think climate needs to be a higher political and fiscal priority," answered Capretz. "That would help change the outcomes, help us accelerate the reduction of carbon pollution in San Diego."

Pointing out San Diego is now "legally required to slash our carbon footprint," Capretz added, "We need to be needling the City to stay on track, not just for the greater good now, but looking forward to the next generation."

Asked Capretz, "Are we doing everything possible to transition our economy toward clean energy and away from fossil fuels? That's hard. But all we're asking is for the City to comply with its own (climate) plans and goals. We're just telling the City, 'You made commitments — now keep them.'"

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The Social Diary — ‘Disco and Daisies’ groovy gala at Las Patronas ‘Studio 77’

By MARGO SCHWAB

The ‘Studio 77 Disco and Daisies’ Jewel Ball representing 77 years strong of annual fundraising once again raised significant money for San Diego causes. My fave causes include UC Davis Veterinary, San Diego Humane Society, Timken Museum, and Serving Seniors. And oh what fun fundraising it is especially with this year’s theme ‘Disco and Daisies.’

Wayne Foster rocked the house,

Behind the Scenes catering delivered superb culinary fare, and the on-the-scene people watching priceless!

Standouts included Harry Cooper and his wife Valerie in ‘Val-entino,’ Dianne Bashor in couture Fe Zandi, Summer Kellogg in vintage Halston, and Sheila Combe looking ‘diplomat’ exquisite in Brunello Cucinelli. Thanks as always to the La Jolla Beach & Tennis Club for generously hosting the event. Cheers!



Peter and Erin Preuss with Lauren Walsh and Laurie Lope.



Bill and Jeanne Larson of The Collector Fine Jewelry with Harry and Valerie Cooper.



Michelle and Pat Kearney.



Summer and Bobby Kellogg.



Past chair Jorie Fischer poolside elegant.



Jewel Ball Chair co-chair Jill Peters (co-chair Jessica Castagnola not pictured) and Misti Coleman.



Chair Mio Hood with Dianne Bashor.



Darlene Shiley with a surround sound of men, former Sheriff Bill Gore and Dr. Robert Weinreb.



Vidi Revelli with Erin Preuss.