



LA JOLLA VILLAGE NEWS

READERS CHOICE AWARDS

RETAIL/SERVICES

2022

La Jolla's Top Picks of 2022

On the one hand, the 2022 Readers Choice Award winners list in the retail/services area features a lot of longtime businesses that enjoy a solid clientele; on the other, there are these new businesses making a go of things amid a tough economic climate. But the list is our readers' creation, because the readers took the time to seek out La Jolla's best of the best, and voted accordingly. Thanks for participating, and we mean that! Health clinics, bookstores, CPAs, banks, physicians, markets, hotels, and hundreds more: Here's your ultimate directory of the brightest stars in La Jolla retail, authored by you, the readers, and your neighbors.

If you're looking for a store that carries that one-of-a-kind gift this season, check out where our readers

have found the perfect item. If you're deep into some home improvement, see who our readers voted the best. If your computer suddenly crashed, find out who in the Village is known among the readers for speedy, reliable repair.

If you see a venue proudly displaying its Readers Choice Award, stop in and pass along your appreciation to the manager. Yeah, you chose the winners, but he's working hard to hold up his end of the recognition and make La Jolla a shining example of community business ownership.

Now that you've spoken through your votes, we'd like to thank the business community for its tireless service in making La Jolla all it can be. And in reality, every venue in the neighborhood deserves an honorable mention.



Readers Choice Award Winners:

RETAIL/SHOPPING

Antiques
Art Gallery
Art Gallery (Photography)
Auto Sales
Best Place To Buy Jeans
Bed,Bath & Linen
Bike Shop
Bike Shop (Electric)
Boutique
Book Store
Children's Apparel
Cell Phone Store
Coins & Precious Metals
Convenience Store
Discount Store
Electric Rideables
Eyewear
Fashion Accessories
Floor Covering
Furniture Store
Gift Store
Grocery Store (Specialty)
Grocery Store
Hardware Store
Health Food/Nutrition Store
Hotel
Jewelry Store
Liquor Store
Men's Apparel
Men's Apparel (formal)
Painting Supplies
Pet Store
Resale Shop
Shoe Store
Sunglasses
Sporting Goods Store
Surf Shop
Swimsuits
Tourist Attraction
Womens Apparel

SERVICES

Accounting
Architect
Attorney
Auto Detail
Auto Repair (all makes)
Auto Repair (import)
Bank
Car Wash
Child Care
Cleaning
Computer Repair
Contractor / Construction
Dog Grooming
Dry Cleaner
Electrician
Financial Planner
Florist
Handyman
Insurance Agent
Interior Designer
Jewelry Design & Repair
Landscape
Mortgage Agent
Painter
Pet Hospital
Pet Sitting / Boarding
Plumber
Preschool
Printer
Private School
Remodeling Company
Shipping
Travel Agency
Tutoring
Veterinarian
Web Design

HEALTH & BEAUTY

Acupuncture
Alternative/Integrative Health
Chiropractor
Cosmetic Rejuvenation
Cosmetic Surgery
Day Spa
Dentist
Dentist (Pediatric)
Doctor
Doctor (Naturopathic)
Hair Salon
Health Club
Holistic Medicine
Martial Arts
Massage
Nail Salon
Optometrist
Orthodontist
Pharmacy
Personal Trainer
Pilates
Senior Care
Senior Living
Specialized Workout Fac.
Stylist
Tanning Salon
Urgent Care
Yoga
Weight Loss
Wellness Center

GOLD

Ark Antiques
Cosmopolitan Fine Arts
Ian Ely Gallery
O'Gara Coach
Ralph Lauren
Everett Stunz
UC Cyclery
Pedego Electric Bikes/SD Electric Bikes
Lissilaa Boutique
Warwick's
Little Love
Verizon
H.S. Perlin
CVS/Keg N Bottle
Goodwill
Pedego Electric Bikes
Be Seen Optics/Optical Artisans
Trance
Nativa
Nativa
Warwick's
Trader Joe's/Valley Farm Market
Von's/Ralphs
Meanley & Son Hardware
Whole Foods
Grand Colonial/La Valencia
Bower's Jewelers/David & Son's
Keg n Bottle
Ascot Shop/Brooks Brothers
Sherwin Williams
Decker's Dog + Cat
Goodwill
Rangoni Firenze
Eyestructure
La Jolla Swim &Sport
Mitch's Surf Shop
La Jolla Swim & Sport/Roxy
Birch Aquarium/La Jolla Cove
Lissillaa Boutique/Sigi's Boutique

Steven Alpinieri, CPA/Russel Ingledew,CPA
Architect Mark Lyon/Marengo Morton
Mark Krasner, CPA, ESQ
Pearl Car Wash
Family Auto
Marco Polo
Poppy Bank/First Republic
Pearl Car Wash
Dan McKinney Family YMCA
Molly Maids
uBreakiFix
Grunow Construction/Dewhurst & Associates
La Jolla Grooming Company
Margaret's Cleaners/ Ogden's Cleaners
West Coast Electric
Wells Fargo Financial Advisors
Adelaide's/ Bridget's Blooms
Handyman of La Jolla & Del Mar
Pete Williams-Farmers Insurance
Elizabeth Thiele/Kathleen Buoymaster
Mario Master Jewelers
Revolution Landscape
Tracy Trudeau/Ed Woolery
Chism Bros. Painting
Windan' Sea Vet/Bird Rock Animal Hospital
DogZenergy
Erling Rohde/Bill Howe Plumbing
Gillispie School
Copy Cove
The Bishop's School/Gillispie School
GDC Construction,Inc/ Grunow Construction
La Jolla Mailbox/Bird Rock UPS
Cadence Travel/Chayet Travel Network
Mathnasium of La Jolla
Dr. Dina Raichel@Windan' Sea Vet Clinic
Modmacro

Aculife/Wonderworks Healing Arts
Amorah Kelly at Wonderworks
Team Elite Chiropractic/Active Rest Chiro.
IJ Cosmetic Laser Clinic/Bev. Hills Rejuvenation
True Beauty
Livkraft/Beverly Hills Rejuvenation Center
Dr. Reynolds/D'Angelo/Hoffman/Olson
Seaside Pediatric Dentistry & Ortho.
Dr. Guarneri/Dr Monica Perlman
Pacific Pearl
Judy Judy Judy / Onel10 Salon
Life Time La Jolla/Balanced Fitness La Jolla
Koi Wellbeing/Pacific Pearl
Rada Jiu-Jitsu
Connie Youngblood -Equanitimty
Perfect 10
Jesse A Camen,OD-Be Seen Optics
La Jolla Village Orthodontist
CVS
John Swain-Optimum Fitness & Health
Pilates Plus of La Jolla /Melange Studio
Home Care Assistance
Casa de Manana/White Sands
Orange Theory/Osteostrong
Gilda Hargis/Kristin Merckling
iTan - LJ / Blush Organic Spray Tanning
Urgent Care of La Jolla
Trilogy Sanctuary
Sarapy Clinic
Koi Wellbeing/Livkraft

SILVER

Ross Thiele & Son
BFREE Studio/K. Nathan Gallery
Modernist Cuisine Gallery/Peter Lik
Reserve/Jake's Motorcars
Nordstrom
Nordstrom/Avocado
California Bicycles
UC Cyclery
Be Boutique
DG Wills Books
Aviator Nation
AT&T
United Coin & Precious Metals
Neighbor -Saver Market
Ark Antiques/CVS
San Diego Electric Bikes
Gordon Wong Eye Designs
Sigi's Boutique/Francesca's
Cabochon/Nativa
Ark Antiques
The Cave Store/The Faded Awning
Whole Foods/Small Goods
Sprouts

Trader Joe's
Inn by the Sea/La Jolla Village Lodge
Jewels by the Sea/Diamonds on the Rock
Dick's Liquor / Bev Mo
Ralph Lauren
Zeglio Custom Clothiers
Meanley & Son Hardware
Bella Woof
Boulevard La Jolla
Charleston Shoe Co.
Be Seen Optics/Sunglass Hut
Bird Rock Surf Shop/Mitch's Surf Shop
Bird Rock Surf Shop
Aviator Nation
Torrey Pines Glider Port
Trianon Clothing & Lingerie

Eisenberg Group
IS Architecture/ Benton & Benton
The Law Office of Evan W Walker
Mega Car Wash
Colonial Garage Smog
La Jolla Independent
Chase
Mega Car Wash
Mimi's House Child Care of La Jolla
Merry Maids
La Jolla Computer Repair
GDC Construction, Inc
Dogtopia
Silverado Cleaners
A Rover Electric
Financial Alternatives
Bloomers
Dave King
Terry Hudkins-State Farm
AGK Design Studio
Bower's/Diamonds on the Rock
Todd Fry
Janice Sedloff
Peek Brothers Painting
La Jolla Veterinary Hospital
Dogtopia
M.D. Plumbers

Fed Ex La Jolla
Stella Maris Academy
Four by Four Construction
Aviator Nation
Outdoor Travel Adventures
Wells Academic Solutions
Kären Marsden@Bird Rock Animal Hosp.
Brass Ring Multimedia

Indigo and Ease
LivKraft/Beauty Point by Point
Dr. Chang Health
True Beauty/Raja Nalluri, M D
Dr. Krant-SK Clinic/Dr Arjang Miremadi
La Vie Day Spa
Dr. Taddey
Open Wide La Jolla Dentistry
Dr. Peter Mann
Dr. Leah Gordon@ Womanhood Wellness
Ashen Salon/Envie Hair Salon
Dan McKinney Family Ymca
Livkraft
Twin Dragons/Pacific Training Center
LivKraft
Nancy's Nails/Seabreeze Nails
Gordon Wong Eye Designs Optometry
Braces San Diego
Pharmaca
The Exercise Coach
WindanSea Pilates/Bird Rock Pilates
La Jolla Nurses' Home Care/
Chateau La Jolla/ Belmont Village
Studio Barre/Pure Barre
Tommy Aucoin/Judy,Judy,Judy
Everglo Tan
Perlman Clinic
Prana Yoga Center
The Perfect Workout
Dan McKinney Family YMCA

Gold Winner Listings:

Best Antiques Ark Antiques

Building on a 48-year tradition of volunteer service to animals, Ark offers a truly wonderful selection of donated and consigned antiques, furnishings and home accessories from the finest homes in La Jolla. Period and fine furniture, silver, crystal and china, exquisite linens, paintings and prints, oriental rugs and decorative arts of the highest quality are its stock in trade.
7643 Girard Ave, La Jolla
arkantiques.org | 858-459-7755

Best Art Gallery Cosmopolitan Fine Arts

La Jolla, Cosmopolitan Fine Arts features original works from over 150 renowned contemporary American and European painters. The collection encompasses the best in realism and impressionism. CFA specializes in Contemporary French impressionist and post-impressionist paintings by Cortes, La Loue, Labrofont, Marcel Dyf, Blanchard, Loir and others. The gallery also represents celebrated American and European contemporary artists .
7932 Girard Ave, La Jolla
858-456-9506 | cosmopolitanart.com

Best Art Gallery/ Photography Ian Ely Gallery

Ely chose the upmarket seaside community of La Jolla as the site of his first eponymous gallery. While it was a massive undertaking to put down roots into bricks and mortar, it was also a measured decision that has been upheld by the gallery's instant and overwhelming success. The art of landscape photography is a natural fit for his desire to share the deep connection he feels to the land. To those who view his work, it's clear the man behind a lens that captures such heartfelt and evocative images has something more than simply technique and talent.
1141 Prospect St, La Jolla
858-291-8084 | ianely.com

Best Auto Sales O'Gara Coach

O'Gara San Diego is an award-winning factory authorized dealer for Bentley, Bugatti, Karma, Lamborghini, McLaren, and Rolls-Royce Motor Cars, serving Southern California. Through unparalleled performance, O'Gara has become respected as one of the largest and most prestigious dealer groups in the entire world with locations in Beverly Hills and Westlake Village. They personally tailor each client's experience to match the luxury and refinement from the brands they carry. Enjoy the automotive luxury that you deserve at O'Gara San Diego.

7440 La Jolla Blvd, La Jolla
ogaracoachsandiego.com
888-460-0901

Best Place to Buy Jeans Ralph Lauren

All-American classic dress with a dash of contemporary style. The high-quality apparel matches the price tag in this distinguished store. The men's collection features preppy blazers, knit polo shirts, tailored slacks, golf apparel, swimwear and more. Women will find everything from jeans, sweaters to evening wear. Expect dark, woodsy mix-and-match patterns brightened by occasional feminine floral.
7830 Girard Ave, La Jolla
858-459-0554

Best Bed, Bath & Linens Everett Stunz

Everett Stunz is San Diego's premier mattress, bed, bedding and bath store. They have been in La Jolla for more than 54 years—the original adjustable bed store. Stop by to see their exclusive lines of adjustable and flat beds that can be custom made to your own specifications. They are San Diego's only supplier of the extraordinary DUX® Bed, Savvy-Rest Organic Latex Mattresses and the Reverie Sleep System with Power Base. The collections of bed and bath linen are imported from around the world to provide the highest quality and latest materials available.
7547 Girard Ave, La Jolla
everettstunz.com | 858-459-3305

Best Bicycle Shop UC Cyclery

Making a purchase on a bicycle these days is not an easy one. It can be a challenge because there are a myriad of stores that carry two-wheelers, from specialty retailers, to giant department stores, to backyard garage operations. Where you buy, however, has everything to do with what you get. At UC Cyclery, you get it all.
7462 La Jolla Blvd, La Jolla
858-454-0316 | calbike.com

Best Electric Bike Shop (tie)

Pedego (see under Best Ridebles

SD Electric Bikes

The first factory-made electric bikes made their big debut to the public in 2010 and the e-bike movement started gaining traction. San Diego Electric Bike was the first company to ride that monumental e-bike wave— selling some of the very first factory-made electric bikes in So. Cal. Known for resilience, friendly atmosphere, a full-service facility, San Diego Electric bike is considered a PIONEER LEADER in the e-bike industry. SD Electric Bike is honored to hold that title and their dedication to providing the ultimate customer experience keeps getting stronger every year.

SD Electric Bikes
7444 Girard Ave, La Jolla
858-750-2127

Best Boutique Lissilaa Boutique


From Haute Couture to European street wear. Lissilaa is a highly curated boutique serving La Jolla for more than 26 years! Stop in to see an array of the most unique items that make you look and feel like a one of a kind woman!
1250 Prospect St, La Jolla
858-454-0874


Best Bookstore Warwick's


When W.T. Warwick founded his paper goods shop in Minnesota in 1896, he

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sold books, writing paper and writing instruments. Upon relocating to California in the mid-1930s, he re-established his store in La Jolla. In 2001, the fourth generation stepped up to the plate. Nancy and Cathy Warwick, W.T. Warwick's great-granddaughters, continue to underscore their savvy in the purchase of diverse products, from books to int'l artisan jewelry. Enjoy wonderful gifts for every holiday!

7812 Girard Ave, La Jolla
858-454-0347 | warwicks.com

Best Children's Apparel Little Love

Little love is a treasure chest full of gently used designer children's clothing at excellent prices. The idea for the store was born out of the owner, Lindsey Fisher's, quest for finding good quality, affordable, and gently used designer items for her son Cooper. It became clear that San Diego needed a designer children's consignment boutique, and with a little love, she's done just that.

1110 Torrey Pines Rd. Ste M, La Jolla
855-230-6857
littlelovesandiego@gmail.com

Best Cellular Phone Verizon

Verizon Wireless is committed to delivering outstanding customer satisfaction, and it has a charitable streak to boot. It offers quality products and services on the nation's largest 4G LTE network and the largest, most reliable 3G network -- and it's all over the causes that advance literacy in the United States.

904 Pearl St, La Jolla
858-551-0057 | 4Gwireless.com

Best Coins & Precious Metals

H.S. Perlin Co., Inc.

Current owner and President of H.S. Perlin Co., Inc., Joel D. Perlin is widely respected as an expert in the gold and rare coin trading markets and has provided his clients with informed and timely financial advice since he started in the family business at its inception. Mr. Perlin combines his coin expertise with a keen insight into global economic factors affecting the precious metals trade, resulting in highly successful and lucrative gold investment market trading for his clients. For more than 60 years,

he has been instrumental in developing personalized investment portfolios and collections using world traded gold coins, bullion gold, U.S. gold coins, and rare coins for high net worth investors, corporate pension plans and private investors. For more than half a century, H.S. Perlin Co., Inc. has provided tangible gold holdings for clients with a focus on gaining your trust and satisfaction by personalizing investment plans to best meet your financial circumstances.

1110 Silverado St, La Jolla
goldendures.com | 858-459-7803

Best Convenience Store Keg N Bottle La Jolla

The deli sandwiches menu is vast at Keg N Bottle and sandwiches are made to order with the freshest ingredients at really good prices! What's not to love about this great neighborhood market! Headed to the beach? They have everything you need to fill your picnic basket. And don't forget--the wine, beer and liquor selections are fabulous too.

1030 Torrey Pines Rd, La Jolla
858-459-1124

Best Discount Store La Jolla Goodwill

Yes, its true, we have a Goodwill in La Jolla! The 1,600-square-foot store uses proceeds from sales of donated items to provide employment and training opportunities to people with disabilities and other barriers to employment. And, the very best thing about the La Jolla Goodwill is the same thing that sends people flocking to estate and garage sales in the better parts of town: classy goods. You'll find top brands like Prada and Gucci! 7631 Girard Ave, La Jolla

858-752-6181 | sdgoodwill.org

Best Electric Rideables PEDEGO Electric Bikes

PEDEGO Electric Bikes La Jolla has more than 150 PEDEGO Bikes In-Stock, featuring more than 25 Models in multiple sizes and colors and price-points from \$1,995 to \$8,995. PEDEGO Electric Bikes feature "Best-in-Class" Lithium Ion Batteries and 749-Watt Hub Motors, encouraging 100-mile riding distances and the power to conquer any hill. PEDEGO Electric Bikes also provides an "Industry-leading" 5-Year PEDEGO Care and Anti-Theft Warranty.

PEDEGO La Jolla offers PEDEGO Electric Bike Rentals, as well as Custom Guided Tours. They also specialize in the sales of the best Brands of "Electric Rideables", including ONEWHEEL, PHAT RIDES, USCOOTER, CYCLEBOARD, EVOLVE, SUMMERBOARD, MGI GOLF Carts and MOKE Electric Vehicle Rentals. PEDEGO La Jolla also features multiple Brands of Accessories, including MAUI JIM, SHOKZ, SUN BUM, SMITH, SENA, THOUSAND, TIFOSI, THULE, ARROWWHERE, SOCK GUY, etc. HELLO FUN...

5702 La Jolla Blvd, 101, La Jolla
pedegolajolla.com | 858-291-8845
info@pedegolajolla.com

Best Eyewear (tie) Be Seen Optics

Eyestructure is a locally owned and operated optical boutique. While the gorgeous San Diego weather promotes sunglass sales, Eyestructure prides itself as being the ultimate luxury optical dispensary. The extensive inventory stems from all over the globe to offer customers a diverse choice of frame styles. Eyestructure stays current on all the eyewear trends, and is confident to state that the staff can find a frame that matches your individual style.

5702 La Jolla Blvd. Ste 102, La Jolla
beseenoptics.com | 858-291-8211

Optical Artisans

Previously known as Richard R Trainer, OD, La Jolla's oldest optical practice., is now owned by Suzanne Terán, Dr. Trainer's office manager and optician of 25 years. They look forward to seeing you in the same great location, in the Village, with the same focus on excellent customer service and quality products and passion for long-term quality care.

930 Silverado St, La Jolla
opticalartisans.com | 858-454-0191

Best Fashion Accessories Trance Boutique

Trance Boutique always keeps you in style with the latest trends and something for everyone. Whether you are looking for a dress for an elegant night out or something stylish. With summer here, check out the incredible swimsuit collection and bodysuits to welcome summer.

7944 Girard Ave, La Jolla
858-886-7016

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Best Floor Covering

Nativa Interiors

Did you know that Nativa furniture collections are crafted in-house using premium materials. From exotic wood species from South America to soft leathers from Italy or rare marble from Turkey, the list of unique components available to you are close to endless. To ensure that these materials are treated with the respect they deserve, they process them using old-world techniques in their own factories. Thanks to the close attention to detail they can personally guarantee that the pieces you take home will last you a lifetime.

7770 Girard Ave, La Jolla
nativafurniture.com | 858-454-1874

Best Furniture Store

Nativa

(see listing under Best Floor Covering)

Best Gift Shop

Warwick's

(see listing under Best Bookstore)

Best Grocery Store (tie)

Vons

More than just a grocery store, Vons of La Jolla provides shoppers with an impressive array of flowers, a wine selection, gourmet food items, select meats and a wonderful variety of fresh produce. The on-site bakery and floral shop will assist you with all your special orders. Vons provides a large and mouth-watering selection of daily take-out foods daily.

7544 Girard Ave, La Jolla
vons.com | 858-454-2620

Ralph's

Whether you prefer to shop in-store, delivery, or curbside pickup, your neighborhood Ralphs offers thousands of quality products ranging from fresh produce, meats, seafood, dry goods, home supplies, health products and more. Make Ralphs in La Jolla your one-stop shop.

8657 Villa La Jolla Dr, La Jolla
858-597-1550

Best Grocery Store (Specialty) (tie)

Trader Joes

It all started in the 1950s! Would you believe they started out as a small chain of convenience stores? Way back in 1958 they were called Pronto Markets. The founder, the original Trader Joe, changed the name (to Trader Joe's) and the way they do business. Stores got bigger, decked the walls with cedar planks and the crew dressed in cool Hawaiian shirts. Most importantly, they started putting innovative, hard-to-find, great-tasting foods in the Trader Joe's name.

8657 Villa La Jolla Dr, La Jolla
traderjoes.com | 858-546-8629

Valley Farm Market

Expect the highest-quality USDA meats, freshest produce and largest craft beer selections. The best way to stay up-to-date on all the latest happenings at Valley Farm is to join their mailing list. Whether you have been going to Valley Farm for years or you are hearing about them for the first time, you will see why they've become a Readers Choice.

6902 La Jolla Blvd, La Jolla
valleyfarmmarkets.com
858-999-0358



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Best Hardware Store

Meanley & Son Hardware

Meanley & Son has been a staple of the La Jolla community for more than six decades, with roots tracing back to 1948, when Nackey Scripps Meanley, husband Tom and son William established the store. With gourmet cookware, paint, portable appliances, giftware, light bulbs, tools, electrical and plumbing fittings, cleaning and gardening supplies and all the widgets, fasteners, glues, and whatchamacallits you can imagine. Meanley and Sons joined the Ace Hardware co-op in 1997, which enables them to keep prices low while still offering hometown service.

7756 Girard Ave, La Jolla
858-454-6101 | meanleys.com

Best Heath Food/Nutrition Whole Foods

Whole Foods strives to provide the highest quality, least processed, most flavorful and natural foods possible, because the owners believe that food in its purest state—unadulterated by artificial additives, sweeteners, colorings and preservatives—is the best tasting and most nutritious food there is. They are also active in local communities, supporting food banks, sponsoring neighborhood events and donating to local non-profits.

8825 Villa La Jolla Dr, La Jolla
wholefoodsmarket.com |
858-642-6700

Best Hotel (tie)

La Valencia

Coined “The Pink Lady,” La Valencia Hotel has Old World charm and a new outlook, big picture windows and attention to the smallest detail. More than a La Jolla hotel, it’s an icon, having hosted celebrities, celebrations, reunions and romantic getaways since 1926. Just steps from miles of stunning coastline, world-class museums, shopping and galleries, it’s the perfect blend of location and recreation. The beachfront hotel’s Mediterranean influenced architecture and décor, evoke colossal charm and is one-of-a-kind.

1132 Prospect St, La Jolla
lavalencia.com | 858-454-0771

The Grande Colonial Hotel

Since opening their doors in 1913, the Grande Colonial has remained the finest

boutique hotel in La Jolla for one simple reason: commitment to delivering an unparalleled experience to our guests. Which means no request is too small, too large or too difficult to grant. Make your stay at the Grande Colonial La Jolla Hotel one to remember.

910 Prospect St, La Jolla
thegrandecolonial.com | 858-454-2181

Best Jewelry Store Bowers Jewelers

Since 1945, Bowers is La Jolla’s oldest family-operated jewelry store. In all that time, the staff has picked up expertly on its customers’ tastes — that’s why it finds itself filling a variety of custom orders and also stocking silver, crystal, porcelain and items such as cigarette lighters, candlesticks, platters and flatware. You’ll find something every time for that hard-to-buy-for person in your life!

7860 Girard Ave, La Jolla
bowersjewelersoflajolla.com
858-459-3678

David & Sons

David & Sons Fine Jewelers has been a family-owned and operated business since 1980. They offer one of the largest selection of certified loose diamonds in the San Diego area. Fancy and ideal cut diamonds are the venue’s specialty. Its business has been built on satisfied repeat customers — and unlike many of its competitors, David & Sons offers free lifetime maintenance on merchandise.

4485 La Jolla Village Dr, U. C.
davidandsonsjewelers.com
858-457-7664

Best Liquor Store Keg N Bottle

(see listing under best Convenient Store)

Best Men’s Apparel Vuori Clothing

Vuori makes premium performance apparel inspired by the active Coastal California lifestyle; an integration of fitness, surf, sport, and art. Breaking down the boundaries of traditional activewear— new perspective on performance apparel.

7841 Girard Ave, La Jolla
844-880-5355

Best Men’s Apparel (tie) (Formal)

Ascot Shop

The Ascot Shop was established in La Jolla in 1950. This high-end men’s clothing boutique has been stocking brand-name apparel in classic and modern styles at the same location with its charming double Dutch front doors. All this from a traditional men’s haberdashery start-up.

7750 Girard Ave, La Jolla
ascotshop.com | 858-454-4222

Brooks Brothers

Did you know Brooks Brothers was founded in 1818? They have been a destination for classic American clothing for nearly two hundred years. For generations of men,

women, and children, Brooks Brothers is a way of life.

7824 Girard Ave, La Jolla
858-964-6488

Best Painting Supplies Sherwin Williams

Founded in 1866, Sherwin Williams has spent the last 155 years creating a legacy of growth, creativity, and innovation to meet clients needs. It has become a household name and leader in the paint industry. Be sure to stop by its newest location in La Jolla. You’ll enjoy the personable and helpful staff who look forward to partnering with you on your next painting project.

7477 Girard Ave, La Jolla
858-729-1801 | sherwin-williams.com

Best Pet Store

Decker’s Dog + Cat

Decker’s enjoys spoiling your furry friends has never been so fun. You’ll find all specialty pet food brands, local companies, fresh raw and cooked food, unique accessories and gifts, toys beds plus much more!

7928 Ivanhoe Ave, La Jolla
858-999-0153

Best Resale Shop La Jolla Goodwill

(see listing under Best Discount Store)

Best Shoe Store

Rangoni Firenze Shoes

This wonderful shoe store draws from a

La Jolla man retires, gets new suit.

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distinct European vibe, selling only hand-crafted shoes from Florence, Italy, made in its own Amalfi Factory. You will also find a nice selection of fine leather handbags by Barbara Milano and Merci Marie made in Milan, Italy.

7870 Girard Ave, La Jolla
rangonistore.com | 858-459-4469

Best Sporting Goods

La Jolla Swim & Sport

(see listing under Best Swim Shop)

Best Sunglasses

Eyestructure

Eyestructure prides itself as being the ultimate luxury optical dispensary. The extensive inventory stems from all over the globe to offer customers a diverse choice of frame styles. Eyestructure stays current on all the eyewear trends, and is confident to state that the staff can find a frame that matches your style. Glasses are a custom accessory which expresses your personality. The knowledgeable and highly experienced Eye-

structure staff maximizes the customization of the perfect pair of glasses. Customers are fitted into free-form progressive lenses by Zeiss. Your eyewear needs do not get more personalized than Eyestructure.

1232 Prospect St, La Jolla
eyestructure.net | 858-551-7959

Best Surf Shop

Mitch's Surf Shop

Mitch's Surf Shop opened for business in 1967 near Windansea Beach, and today, it is the go-to destination for local surfers and skateboarders. Mitch's has a huge stock of ready-to-go surfboards as well as blanks, handmade custom fins and other accessories you need to build your own. Popular with the skate crowd, too, they carrying a wide selection of skateboards by Arbor, Sector 9 and Skatedesigns.

631 Pearl St, La Jolla
mitchssurfshop.com | 858-459-5933

Best Swimsuits (tie)

La Jolla Swim Sport

Issakov grew up swimming in La Jolla Cove

and has channeled her love of ocean swimming by helping others feel at home in the ocean. "It's remarkable what has happened since I hung up the sign out in front of the swim shop. The response has been amazing." From Argentina to Canada, Australia to England, they've had swimmers from all over the world join in.

1644-1 Girard Ave., La Jolla
858-454-4002
lajollaswimandsport.com

Roxy

A must have shop for our beach towns. The iconic brand Roxy with discounted shoes, clothing, accessories and more. Score on the style, score on the price.

1111 Prospect St, La Jolla
858-459-1267

Best Tourist Spot (tie)

Birch Aquarium

Birch Aquarium at Scripps is the public exploration center for world-renowned Scripps Institution of Oceanography at UCSD. Perched on a bluff overlooking the Pacific Ocean, Birch features more than 60

habitats of fishes and invertebrates from the cold waters of the Pacific Northwest to the tropical waters of Mexico and beyond.

2300 Expedition Way, La Jolla
858-534 3474 | aquarium.ucsd

La Jolla Cove

La Jolla Cove is a small, picturesque cove and beach that is surrounded by cliffs in La Jolla. The Cove is protected as part of a marine reserve; underwater it is very rich in marine life, and is popular with snorkelers, swimmers and scuba divers.

LaJolla.com

Best Women's Apparel (tie)

Lissillaa Boutique

(see listing under Best Boutique)

Sigi's Boutique

Women seeking high-end European designer fashions and accessories love this shop's fine cashmere from Scotland, stylish classics from Italy and France, and sportswear from Herno.

7888 Girard Ave, La Jolla
858-454-7244

Professional Services

Best Accounting (tie)

Steven Alpinieri, CPA

If you think it's time to ask an accountant to help you get your finances and records in order, the firm of Steven Alpinieri CPA, an Accountancy Corporation can provide the guidance you require. Based in La Jolla, they work mostly with small and medium operations. When someone brings a job, it gets the attention to detail it demands. They offer year-round services, flexible hours and reasonable payment terms. You can also relax knowing they put the satisfaction of clients first.

7575 Eads Ave, Ste 102, La Jolla
858-230-6610

Russell Ingledew, CPA

Russell E. Ingledew has more than 20 years of experience working in tax planning and preparation for individuals, business entities, nonprofits, trusts and estates. At Rus-

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I have always had a passion for hair style and have studied at L'Oreal Academy in Paris, London, Los Angeles and San Diego. I continue to study the latest trends in hair and am also a color specialist. I would also like to Thank my talented staff. We all look forward to helping you feel and look beautiful. - Glidia

Robert Sanchez - Stylist
Daryana Mikhnicck - Extension Specialists
Fay Ave Ste K La Jolla (858) 456-8700 7760




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7301 Girard Ave. Ste 303, La Jolla
lajollacpa.com | 858-454-2190

Best Architect

Mark D. Lyon, Inc.

Architect Mark D. Lyon, Inc. is the recipient of this year's Best Architect Award and consistent winner. Architect Mark D. Lyon, Inc. is a full-service architectural and planning firm offering expertise in residential, coastal planning, commercial and historic restoration projects. Mark D. Lyon has earned a reputation for imaginative design solutions, efficient project management and adherence to both schedule and budget.

410 Bird Rock Ave, La Jolla
mdla.net | 858-459-1171

Marengo Morton Architects

Award winning team of Marengo Morton Architects is constantly seeking new ways to

sharpen their skills and develop their creativity. Their passion for style goes beyond imitation and toward self-expression. They treat a property as a sculpture with its own unique composition of function and form, shape and style. The result becomes the signature statement of the property owner.

7724 Girard Ave, La Jolla
marengomortonarchitects.com
858-459-3769

Best Attorney

Mark Krasner of Blanchard Krasner & French

Mark Krasner, a co-founder of Blanchard Krasner & French, has more than 40 years experience as a certified public accountant and attorney in a wide variety of matters and industries. His areas of practice include mergers and acquisitions, real estate, tax matters, family law, purchases and sales, licensing, franchising, corporate and partnership structuring and reorganizations, international trade and estate planning. Mark is also involved in multiple nonprofit organizations, including but not limited to the Scripps Hospital Citizens Advisory

Board, Nevada Museum of Art, Promises 2 Kids, Big Brothers Big Sisters and is also active in local, state and national politics.

800 Silverado St, 2nd Fl, La Jolla
bkflaw.com | 858-551-2440

Best Auto/Detail Shop

Pearl Car Wash

(see listing under Best Car Wash)

Best Auto Repair (All Makes)

Family Auto

Family Auto is an independently owned and operated (full) service dedicated to the best possible auto and customer service you can get. The waiting area includes wi-fi, a refreshment area, a children's play area, a shuttle service. One stop and you will understand why this new auto service has been voted as one of La Jolla's top choices.

1027 Virginia Way, La Jolla
858-260-2000

Best Auto Repair (Imports)

Marco Polo Independent BMW & Mini Service

Marco Polo Independent has been servicing

BMW and MINI automobiles in the La Jolla area for more than 38 years, providing automotive maintenance, repairs and improvements for all years of BMW. They have also serviced new model MINI automobiles for more than 18 years. The experienced staff of mechanics and quality of workmanship, has earned them a reputation amongst customers for having reliable auto services at affordable prices. Experience the Marco Polo difference for yourself—don't get charged a premium just because they're in La Jolla.

7464 Draper Ave, La Jolla
marcopoloinddependent.com |
858-454-2002

Best Bank (tie)

Poppy Bank

Since opening its first branch in 2005, Poppy Bank has grown to more than \$5 billion in assets with branches throughout the San Francisco Bay Area, Roseville-Sacramento Area and So. Cal. Poppy Bank specializes in business lending and offers a full array of personal/business banking products and services. The bank's commitment to clients has propelled its success and garnered national recognition for per-

formance. Poppy Bank is five-star rated by BauerFinancial, the leading independent bank and credit union rating firm, and is recognized as one of the best performing financial institutions in the country.

7544 Girard Ave, La Jolla
poppy.bank | 858-454-1013

Best Car Wash

Pearl Car Wash

Pearl's fast service and reasonable prices make it a top destination for dirty cars. The facility offers hand washes and interior detailing, and the owners recently added same-day auto body repairs to their list of services. Drop your car off for a mini-makeover if it needs windshield and wheel repairs, paintless dent fixes, headlight restoration, bumper-scuff removal or window tinting, and it will come back to you shiny and looking new.

600 Pearl St, La Jolla
pearlcarwash.com | 858-456-1170

Best Childcare/Preschool

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8355 Cliffridge Ave, La Jolla
858-453-3483

Best Cleaning Service Molly Maids

There's no better way to save valuable time than with professional housekeeping services from Molly Maids. Enjoy a clean, comfortable home and all the benefits of professional home cleanings.

mollymaid.com | 858-673-8111

Best Computer Repair uBreakiFix La Jolla

Quick repairs, quality parts and services for

all you electronic devices.

7605 Girard Ave, La Jolla
858-727-5096

Best Contractor/ Construction/(tie) Grunow Construction

Grunow Construction is a residential contractor who has served the La Jolla area for over 35 years. Grunow's work includes custom home remodels and some custom commercial upgrades. Grunow maintains a high quality, select group of long-term employees, many of whom have been with Tom for decades. Grunow's mission is to provide their clients with a consistently high standard of craftsmanship and service. Grunow's premier service provides detailed bidding and quality project management along with consistent communication which ensures long lasting relationships. Grunow is built on trust and consistent performance. Tom has been an active community volunteer serving as President of the LJ Historic Society, the Founding board President of the Winston School, a vestry member and head of the building committee at St James Church, the general con-

tractor for the Map in LJ Shores, contractor for the Rec Center bocce ball court, the flagpole restoration in Park Row, and a member of the Vision Committee at the Rec Center.

1121 Torrey Pines Rd, La Jolla
grunowconstruction.com
858-459-8742

Dewhurst & Associates

Designing and building quality, custom homes in the La Jolla area has been Dewhurst & Associates' specialty since 1929. La Jolla's oldest construction company, Dewhurst & Associates is a family-owned and operated design/build firm serving the greater San Diego area and surrounding communities. Today, 89 years after Ernest Dewhurst came to La Jolla, his grandson and great-grandchildren continue to maintain the integrity, quality of service and workmanship that he established in the construction of custom homes. After turning over the operations of the company to his son Walter in the mid-40's, Ernest worked alongside his son until he retired in the late-50's. In the mid-70's, Don joined the firm representing the next generation of the Dewhurst legacy. Keeping with the fam-

ily tradition, in 2006, Don's twin sons, Dave and Doug became CEO and president, respectively, of the family owned business. Together at Dewhurst & Associates, the family continues to provide quality construction of new custom homes, remodels and repairs.

7541 Girard Ave, La Jolla
dewhurst.com | 858-456-5345

Best Dog Grooming La Jolla Grooming

La Jolla Grooming Co thanks to ALL our Furry Friends, Families, and supporters for this honor. We appreciate your patronage over the past year and look forward to beautifying your best friends for 2023. Hope to see all of you pet lovers at the Mutt Strut, May 13th La Jolla Community Center.

7709 Fay Ave, La Jolla
858-246-6235 | lajollalovespets.org

Best Dry Cleaners (tie) Margaret's Cleaners

La Jolla was Margaret's original flagship location in 1987. Over the years, they have expanded several times. They now have five So. Cal. stores and also offer services to gar-

ment retailers in San Diego & Orange Counties, Beverly Hills and Las Vegas—providing garment cleaning, restoration and evaluation. Their new state-of-the-art award winning plant is in Kearny Mesa. Margaret's specializes in high-end dry cleaning, bridal gown cleaning and preservation, drapery & blind cleaning, handbag and leather cleaning. Pick-up & delivery included within service areas.

7511 La Jolla Blvd, La Jolla
margarets.com | 858-454-2375

Ogden's One-Hour Cleaner

We don't know who Ogden is, but we do know he's got one-hour cleaning down to a science. He must have, because he's able to pass along savings that would otherwise go toward overhead. Check out their prices.

945 Pearl St, La Jolla | 858-454-4687

Best Electrician

West Coast Electric

West Coast Electric Solutions, Inc. is a family owned business that has been serving the San Diego area proudly since 1979. All the electricians are licensed, insured and bonded. They are a full service electrical company serving San Diego for all your residential or commercial needs. West Coast Electric Solutions values customer service and takes pride in our work and attention to detail.

wcesolutions@yahoo.com
858-565-7897

Best Financial Planner Wells Fargo Financial Advisors

The team of Financial Advisors can provide a full range of financial products and services, from helping you select individual investments to developing a retirement plan. They have access to a broad array of company resources — including research analysts and economic and market experts who help make informed recommendations based on your needs.

888 Prospect St, Ste. 301, La Jolla
wellsfargoadvisors.com | 858-459-0521

Best Florist (tie)

Adelaide's Florist

Committed to offering only the finest floral arrangements and gifts, Adelaide's has operated its business in La Jolla for over 50 years, Year after year, Adelaide's is com-

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7766 Girard Ave, La Jolla
adelaidesflowers.com | 858-454-0146

Bridget's Blooms

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1055 Torrey Pines Rd, La Jolla
858-459-0731
bridgetslajollablooms.com

Best Handyman

Handyman of La Jolla & Del Mar

Handyman of La Jolla has more than 30 years' experience in construction, remodeling and handyman services. You can count on quality, clean and quiet service. Whether you're looking for interior or exterior work or need a little of both, Handyman of La

Jolla is here to help. From remodeling and repairs of homes and condos, can take care of it all.

handymanoflajolladelmar.com
858-459-3860

Best Interior Design (tie)

Kathleen Buoymaster

Kathleen Buoymaster Interior Design is an interior design firm that offers a wide array of services for both residential and commercial clientele. Since 1985, emphasis on each project is always placed on highly personalized service through continual detailed communication with the client. Whether a client is seeking one piece of furniture to complete a room, or to re-conceptualize their entire home or office, Kathleen can help with painting, furniture plus arrangement.

7944 Princess St, La Jolla
kathleenbuoymaster.com
858-456-2850

Ross Thiele & Son Elizabeth Thiele

Ross Thiele & Son is a full-service, residential interior design studio based in the heart

of La Jolla. Founded in 1932 by Ross Thiele, they were one of the first businesses to provide interior design services to the San Diego area as they are known today. They are dedicated to providing high quality design and furnishings to their community.

7425 Girard Avenue, La Jolla
858-454-2133 | rossthiele.com

Best Insurance

Pete Williams Farmers Insurance

For many customers of Pet Williams, their home is the most valuable asset they own. Pete helps homeowners in La Jolla understand their home insurance options so they can design a policy around their needs and lifestyle.

1020 Prospect St Ste Cu2, La Jolla,
858-587-2116 | agents.farmers.com/ca-la-jolla/pete-williams

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designs since 1990. Most of his creations are handmade to order. Bring your idea to Mario and he will turn it into a reality. Join the thousands customers who return again and again to let Mario create a jewelry masterpiece, and repairs.

7515 Fay Ave, La Jolla
858-454-0952

Best Landscape Revolution Landscape Architecture

The mission of Revolution Landscape Architecture mission is to create beautiful, eco-friendly landscapes that you will just love, perfectly tailored to your unique aesthetic and special purpose. Revolution Landscape provides comprehensive landscape architectural design and installation services for La Jolla and other select areas of coastal San Diego. Contact them and let them help make your yard special!

Ari Tenenbaum, CA RLA Lic# 6656
858-337-6944
revolutionlandscape.com

Best Mortgage Agent (tie) Tracy Trudeau

Tracy is a senior loan officer at Rancho Financial and has been in the mortgage industry since 1993. He currently works as a direct mortgage banker and offers in-house underwriting, docs and funding. Rancho Financial has preferred direct lender rates that are consistently more competitive than other sources. Tracy lives in the Bird Rock neighborhood with his wife and children and active in the community.

7755 Fay Ave. Ste. A
858-216-4385 | tracytrudeau.com

Ed Woolery

Clients looking for a smart mortgage consultant and a company that really cares go

to Ed Woolery and Guaranteed Rate Affinity for all their home financing needs. You can count on him to listen and understand your vision, and stay committed to doing what's in your best interest. Ed knows that every client has different financial goals, so he takes the time to understand your vision in order to recommend smart mortgage solutions. As a consultant, he is backed by a dedicated team of loan assistants, processors, underwriters and closing specialists. He and his team consistently deliver smart choices because they're highly trained and well versed in all aspects of the industry.

930 Prospect St, La Jolla
858-922-3325 | Ed.Woolery@grarate.com

Best Painter Chism Bros. Painting

Since its inception, Chism Bros. have strived to become the leading residential painting company in La Jolla by consistently providing exceptional quality and dependable service. They're not just about painting—they are about people. They value clients, and put employees first and invest in serving the community. Thank you for voting Chism Bros Painting as your area leader in painting.

7958 Convoy Ct, San Diego, CA 92111
chismbrothers.com | 858-454-3850

Best Pet Hospital Windan'Sea Veterinary Clinic

The doctors and staff of Windan'Sea Veterinary Clinic collaborate closely with every client to meet the individual needs of your beloved pets. The hospital's commitment to veterinary excellence is exemplified by its doctors and medical director Dina Raichel, MS, DVM. The Windan' Sea team take pride in the fundamental belief that pets deserve the best of care throughout all

stages of their lives and treats every pet as if it were their own.

6911 La Jolla Blvd, La Jolla
windanseavet.com | 858-454-0354

Best Pet Sitting/Boarding DogZenergy

DogZenergy, offers complete canine care. Not just another dog walking service, DogZenergy also organizes exercise play groups and the most premier positive reinforcement dog training program to truly change your dog's life. Your dog will be physically and mentally exercised so that he can be the best dog that he can be. This place can turn your out-of-control dog into a calm, zen dog. They provide in-home overnight pet sitting that allows your dog to stay in the comfort of his own home.

dogzenergy.com | 858-349-5700

Best Plumber (tie) Bill Howe Plumbing

Bill Howe Plumbing & Air specializing in Rheem products and service. Bill Howe is known for its customer service, and you can count on the company for a free, no-obligation consultation to determine the perfect system for your home or business.

9085 Aero Dr., Ste. B, La Jolla
619-286-6348

Erling Rohde Plumbing

Erling Rohde Plumbing a family owned business that has been serving La Jolla for over 100 years, its specialties include toilet, faucet, pipe repair and replacement, back-flow protection, underground leaks water and gas, Ray-Pac boiler repair, solar hot water systems and water heaters. It's earned a stellar reputation for providing caring customer service.

5771 La Jolla Blvd, #5, La Jolla
rohdeplumbing.com | 858-454-4258

Best Preschool Gillispie Preschool

(See under best Private School)

Best Printing Copy Cove

Over the last 43 years, this firm has remained a La Jolla establishment. From offset and digital printing to binding and full-color posters and banners, business cards, client project specialists Patricia, Jeff and Karla are integral to the success and the efficiency of how Copy Cove runs. Customer service and client satisfaction are always top priorities. Email them at info@copycove.com for all your printing needs.

701 Pearl St, La Jolla
copycove.com | 858-456-2444

Best Remodeling Company (tie)

GDC Construction, Inc.

GDC is a family-owned business headed by Pancho Dewhurst, a fourth generation La Jolla builder. GDC appreciates serving the La Jolla community through both fine craftsmanship and decades of community service. GDC's commitment to service La Jolla's community remains a strong cornerstone for GDC Construction values.

1031 Silverado St, La Jolla
858-551-5222

Grunow Construction

(See under Best Construction Company)

Best Private School (tie) The Bishop's School

The Bishop's School is an academic community pursuing intellectual, artistic and athletic excellence in the context of the Episcopal tradition. They are dedicated to offering the highest quality education to a

diverse student body and to fostering integrity, imagination, moral responsibility to serving the larger community.

7607 La Jolla Blvd, La Jolla
bishops.com | 858-459-4021

Gillespie School

Recognizing that children are naturally creative problem solvers, Gillispie's Early Childhood program uses a Reggio-inspired approach, and Elementary grade levels apply well-researched programs and strategies that allow students to move past the "How?" to get to the "Why?" At Gillispie, academic rigor is defined by work that demands independent, higher level thinking. The investment in these early years is foundational. At a pivotal juncture in these children's lives, they revere a child's right to "Ah-ha!" moments and nurture their belief that they can navigate the unknown.

7380 Girard Ave, La Jolla
gillispie.org | 858-459-3773

Best Shipping/Packaging (tie)

La Jolla Mailbox

La Jolla Mailbox Rentals offers customers 24-hour access to mail and postal deliveries. When you have a mailbox at this convenient location, you receive not only a private mailing address, access to delivery of large packages and 24-hour access to your mailbox, but peace of mind. LJ Mailbox also offers printing, copy service, shipping/packaging, scanning, postal services and shredding. UPS, USPS, FedEx & DHL.

5666 La Jolla Blvd, La Jolla
858-456-2216

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5580 La Jolla Blvd, La Jolla
858-459-4077

Best Travel Agency (tie) Cadence

Cadence is an award-winning, internationally recognized travel company dedicated to the art of taking better care of people. They offer curated and customizable solutions for every travel need. They manage strategically focused business travel, plan exceptional meetings and incentive travel programs, and create bespoke personal leisure travel. They specialize in offering advice for incredible travel experiences with status and perks you don't have to earn. Whether you're planning a family vacation, exotic honeymoon, group excursion or a solo journey, they have the perfect resort, vacation package, or cruise line for your vision.

7701 Herschel Ave, La Jolla
cadencetravel.com | hello@cadence-travel.com | 858-551-4000

Chayet Travel Network

The Chayet Travel Network will go the extra mile to ensure the planning of your travel experience is as easy and stress-free as possible. They are completely committed to ensuring clients consistently enjoy excellent value and memorable travel adventures. They stand out because most of their recommendations for accommodation, tours and other travel services come from first hand experience. The La Jolla travel agents specialize in high-end travel or exclusive travel for those who want something more.

7580 Fay Ave, Ste 101, La Jolla
chayettravel.com | 858-459-8000

Best Tutoring Mathnasium of La Jolla

Mathnasium instructors use a unique assessment process to determine (with great accuracy) exactly what each child knows and what they need to learn. Next, they design a customized learning plan for teaching the concepts the student needs to master. They continually check progress along the way to make sure kids truly understand and retain the concepts taught. The results are transformative - kids will see measurable changes in attitude, confidence, and school progress.

915 Pearl St, Ste D, La Jolla
lajolla@mathnasium.com | 858-291-8186

Best Veterinarian Dr. Dina Raichel @Windan- sea Vetrinarian Clinic

(See under Best Pet Hospital)

Best Web Design ModMacro

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modmacro.com | 858-774-4924

Health, Beauty & Fitness

Best Acupuncture (tie)

Aculife

Good health is the key to quality of life. That's what the folks at Aculife believe. Their multi-modality holistic approach of using acupuncture, herbal medicine, massage therapy, and nutritional counseling are used to promote balance and wellness. They offer individualized treatment plans, prevention-based health education, and knowledgeable and compassionate care. Their vision is to be the leading integrative health care clinic in So. California providing effective treatments that heal and empower clients to live to life's fullest potential.

8950 Villa La Jolla Dr, La Jolla

858-210-0969 | myaculife.com

Wonderworks

(See under Best Alternative / Integrative Health)

Best Alternative/ Integrative Health

Amorah Kelly/Wonderworks

Amorah Kelly is passionate about helping people improve the quality of their life by uplifting, grounding, and balancing body, mind and spirit. Amorah uses gentle acupuncture, Chinese herbal medicine and energy healing to help people improve the quality of their life by balancing body, mind and spirit. This takes place in a beautiful, peaceful, caring environment, which encourages relaxation and trust. Healing rooms have crystal tables and magnetic pads to create balance, energy and a greater healing experience.

7742 Herschel Ave Ste, Q, La Jolla,
wonderworkshealingarts.com
858-775-1515

Best Chiropractor (tie)

Team Elite

Team Elite Chiropractic specializes in sports injury rehabilitation and performance enhancement. They are dedicated to relieving your pain and discomfort to allow you to function at your highest potential. Their team of skilled doctors will provide you with an individualized treatment plan to help ensure a speedy recovery so that you can get back to the activities you love.

7710 Fay Ave, La Jolla
teamelitechiropractic.com
858-633-8036

Active Rest Chiropractic

Active Rest Chiropractic is operated by Dr. Koeppen, a San Diego chiropractor who practices "Upper Cervical" alignments - a noninvasive, gentle adjustment to the vertebrae of the neck. At just 8 years old, he suffered a neck injury that wasn't properly corrected until he found an upper cervical specialist 20 years later. He has dedicated his life to helping others enjoy a pain-free lifestyle.

7630 Fay Ave, La Jolla
858-736-4056
activerestchiropractic.com

Best Cosmetic Rejuvenation (tie)

La Jolla Cosmetic Laser Clinic

All of the La Jolla Cosmetic Laser Clinic providers have many years of experience in cosmetic lasers and injectables. Awareness of the varied responses of mixed ethnicities ensures your skin procedures will be carefully selected to provide not only pleasing results but SAFE results. The team of medical professionals are committed to researching and investing in the best technology and equipment available. Their vision is to individually design skincare programs to help each of their clients look their best, morning, noon and night! You will enjoy renewed confidence, self-esteem and feel good about how you look.

7720 Fay Ave, La Jolla
lajollalaser.com | 858-454-2700

Beverly Hills Cosmetic Rejuvenation Center

Beverly Hills Rejuvenation Center, focus is

on the client. At every stage of a treatment plan, the client's goals drive the team to satisfy expectations. They sure to communicate with the client and to maintain a relaxed, inviting environment. Once clients see the results of their physical renewal, they find emotional satisfaction.

909 Prospect St, #100C, La Jolla
619-900-2472

Best Cosmetic Surgery

True Beauty

Brian Reagan, MD, F.A.C.S. is one of the nation's top board certified plastic and reconstructive surgeons, whose commitment to excellence is well known by both his peers and patients. Upon graduating from the University of California, San

Diego's Revelle College, Dr. Reagan attended Cornell Medical College and The New York Hospital, where he conducted award-winning research in the science of healing. He went on to train under the tutelage of several world-recognized plastic and reconstructive surgeons. As a leader in the industry, Dr. Reagan has authored several scientific articles on his areas of expertise and interest including facial rejuvenation, rhinoplasty and breast reconstruction. Their boutique-style practice and hands-on approach makes them the ideal choice for patients seeking personalized cosmetic results.

7746 Herschel Ave, La Jolla
truebeautysd.com | 858-454-SKIN (7546)

Best Day Spa (tie)

Livkraft

What is livkraft? Definition: having the ability to do what you love. Norwegian. Inspired by the word livkraft, meaning life force or vitality. LIVKRAFT's mission is to support your passion for the many health and fitness activities that define the So. Cal. lifestyle. They keep you doing what you love by offering state of the art recovery treatments in a luxury spa inspired setting.

7710 Fay Ave, La Jolla
livkraft.com | 858-401-2383

Beverly Hills Cosmetic Rejuvenation Center

(See under Best Cosmetic Rejuvenation)

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Best Dentist (tie)**Dr. Reynolds D.D.S.**

Dr. Michael Reynolds diligent attention to detail helps him craft your perfect smile. How do they work toward perfection? Through a constant effort to improve their skill set, and relentless attention to detail. How do they provide a perfect dental experience? First, through a genuine concern for the well-being of patients and then by having a thorough understanding of their needs.

7742 Herschel Ave, La Jolla
858-454-9991

D'Angelo, Hoffman, Olson

New patients are always welcome at D'Angelo/Hoffman/Olson La Jolla Dentistry. Their goal is to provide you with the healthiest and most beautiful smile possible. Throughout their years spent in training and practice, they've learned how closely oral health and overall health relate. The better the oral healthcare you receive, the healthier your body will be as a whole.

1111 Torrey Pines Rd, La Jolla
laajolladds.com | 858-459-6224

Best Pediatric Dentist**Seaside Pediatric Dentistry & Orthodontics**

Seaside Pediatric Dentistry and Orthodontics believe in treating each patient each patient as family. Supported by an experienced, compassionate team, their doctors are dedicated to ensuring you know you are heard, respected, and valued as an individual. They want you to feel at ease in their care, confident you or your child is receiving the ideal treatment for your specific needs and concerns.

10549 Scripps Poway Pkwy, Ste E
San Diego, 92131
myseasidesmiles.com | 858-271-4200

Best Doctor (tie)**Mimi Guarneri, MD**

Pacific Pearl
In the 1990s, Dr. Guarneri recognized the need for a comprehensive approach to cardiovascular disease and co-founded Scripps Center for Integrative Medicine and served as the Medical Director for 15 years. Later in 2014, she co-founded Guarneri Integrative

Health, Inc. at Pacific Pearl La Jolla. She serves as Medical Director to a team of experts in Conventional, Integrative, Natural, and Functional Medicine. She is Board-certified in Cardiovascular Disease, Internal Medicine, and Integrative Holistic Medicine. As the President of the Academy of Integrative Health and Medicine (AIHM) and the Past President of the American Board of Integrative Holistic Medicine (ABIHM), she consistently lectures as an internationally sought speaker and educator. As a senior advisor for large healthcare systems, she guides the development of integrative medicine and wellness centers.

6919 La Jolla Blvd. La Jolla
858-459-6919 | pacificpearllajolla.com

Dr. Monica Perlman

Perlman Clinic
"Doctor, Friend, Advocate" Those are the terms that define Monica Perlman, M.D. In fact, that is why she formed Perlman Clinic in 2005. Dr. Perlman wanted to have the time necessary to care for her patients and to advocate for them with other medi-

cal providers. She is also deeply committed to preventive care and healthy lifestyles. And, remarkably, she practices what she preaches. When you meet Dr. Perlman, you will immediately be impressed by her energy and caring demeanor.

9850 Genesee Ave # 320, La Jolla-
perlmanclinic.com | 858-273-6021

Best Hair Salon (tie)**Judy Judy Judy**

Women with hair loss can have thick and healthy hair volume. Thick, healthy hair is never out of style! Even with all the excellent professional volumising products available, nothing compares with the real thing, thick, healthy human hair! The unique patented process used at Judy's salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair. Most women who want this service suffer from thin, weak and damaged natural hair, but once this application process has been applied, you will be amazed at the transformation that

occurs, not only in your hair, but in your outlook! Call for a free consultation and receive \$200 off your first full head of hair extensions!

7734 Herschel Ave, Ste. P, La Jolla
hairextensionsoflajolla.com
858-456-2344

One | 10 Salon

One | 10 Salon is La Jolla's top new collective hair and lash lounge located in La Plaza. Artists are well established within the La Jolla community. They strive to create the look clients envision while providing a fun, inviting experience. Their team of professional artists are dedicated to maintaining the integrity, health and beauty of your hair and lashes by utilizing superior products and advanced techniques. Stop by and experience the high end hair and lash services.

7863 Girard Ave, La Jolla
858-886-7745

Best Health Club/ Gym (tie)**Balanced Fitness and Health La Jolla**

Balanced Fitness and Health is a community gym driven by you. Their atmosphere and memberships are tailored to the needs of maintaining, staying focused for your best result. Real goals and real results. It's where providing your fitness and health come first and not the sale— where everybody knows your name and your goals. Everybody's health and routine is different their focus is one member at a time and one success at a time!

7680 Girard Ave Ste 200, La Jolla
858-456-2595 | balancedfitnesshealth.com

La Jolla Life Time

Experience this luxury athletic resort located on the corner of Wall Street and Herschel Avenue. You'll find an expansive workout floor, group fitness studios, saunas, steam rooms, a full-service spa, a cafe — 46,000 stunning square feet, all dedicated to the pursuit of healthy living.

1055 Wall St, La Jolla | 858-410-7100
balancedfitnesshealth.com

Best Holistic Health/ Integrative (tie)**KOI Wellbeing**

The KOI Wellbeing team of Medical Doctors, Nurse Practitioners and Naturopathic Doctors work together to deliver person-centered, efficient, accessible and cost effective healthcare and services. The integration of Western and Naturopathic medicine, and team of healthcare providers that share their passion for improving how they provide healthcare in this country is born of their belief that medicine and wellness should be grounded in science, based in nature where possible and tailored to your unique bioidentity and needs. The classically trained and naturopathic doctors work collaboratively at KOI's beautiful offices and treatment regimens are often integrated with KOI's own IV Therapies, Nutrient Injections and highest quality supplements and products.

5632 La Jolla Blvd • La Jolla
858.257.2808 | KOIWellBeing.com

Pacific Pearl La Jolla

Imagine a place where state-of-the-art western medicine meets the best of global healing traditions. Where body, mind and spirit are treated as one, where health is defined as more than the absence of disease, and where prevention is the best intervention. Welcome to Pacific Pearl La Jolla and Guarneri Integrative Health; a unique blend of conventional, integrative and natural medicine practitioners devoted to your health and healing.

9619 La Jolla Blvd, La Jolla
858-459-6919

Best Martial Arts**Rada Jiu-Jitsu**

RADA Jiu Jitsu Academy is proud to offer the best Brazilian Jiu Jitsu classes in La Jolla. From complete beginners, to professional mixed martial artists, to law enforcement officials, all are welcome at their BJJ academy. They focus on the team, and how they can best fulfill the goals of students. Not everyone has the same reasons for training in the Martial Arts. Some enjoy the exercise, others want to learn self-defense, and some may wish to pursue a career in MMA or competition. No matter the case, they have the Jiu Jitsu classes in La Jolla for you! The philosophy of this team is to teach functional Brazilian Jiu Jitsu that you will keep with you for the rest of your life. They will teach you to be comfortable anywhere, with or without strikes; on the feet, on the ground, off your back, how to control the situation, and how to have fun



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while learning it! Many of our students are members of law enforcement, mixed martial artists, and members of the Armed Forces. People have diverse needs, which is why we have assembled equally diverse resources for the students at their school. Led by Black Belt Professor, Rafael Dallinha, who is a 3rd Degree Black Belt degree from Brazil.

7521 Fay Avenue, La Jolla
619-252-5678 | lajollajujitsu.com

Best Massage Equanimity Massage by Connie Youngblood

Connie Youngblood has been doing massage in San Diego since 1996. She is Nationally Certified and associated with ABMP and continues to take course work that strengthens as well as diversifies her modalities. Connie's massage is nurturing as well as educational, putting you back in touch with your own body by pointing out the areas you hold your stress and tension. Connie's strengths also include being a Medium and Nutritional Counseling. With the balance of all three she passes along her knowledge to her clients.

7752 Fay Ave, La Jolla
619-993-7909
equanimitymassage.com

Best Nail Salon Perfect 10 Nails

Since their opening, Perfect10 Nails has become a perfect destination for those seeking peace and charm. To many they are a social gathering lounge for friends to share their weekly events and make beauty for their best moments. Services include nails, skincare and eyebrows.

7523 Fay Ave ste c, La Jolla
perfect10nailsajolla.com
858-456-7899

Best Optometrist

Dr. Jesse A. Camen, GDC Be Seen Optics

Dr. Camen is a full scope, California licensed optometrist with diverse experience in the private, corporate, hospital, and military sectors of primary care optometry. After completing the pre-optometry program at Ferris State University in Michigan, Dr. Camen went on to graduate cum laude from the Illinois College of Optometry, earning

both her Doctorate of Optometry and Bachelor of Science in Visual Science in 2008. Prior to serving as a Medical Officer in the U.S. Navy from 2009-2012, she developed her foundational skills while working as an Associate Optometrist for Lenscrafters. Dr. Camen returned to private practice in 2012 and has since polished her optometric skills with nationally renowned ophthalmic surgeons both in the Chicagoland area and now in San Diego. Dr. Camen is also a recognized adjunct faculty member at two national Colleges of Optometry, and in 2010, she was hand selected for the esteemed role of Examiner in the administration of the Nat'l Board of Optometry Examination.

5702 La Jolla Blvd STE 102, La Jolla
eyepegasus.com | 858-291-8211

Best Orthodontists

La Jolla Village Orthodontics

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858-459-3353 | sandiegoorthodontist.co

Best Personal Trainer John Swain@ Optimum Fitness and Health

Optimum Fitness & Health is not your traditional gym. It has a chiropractor, Dr. Robert H. George, specializing in active release technique, rehabilitation and corrective exercise for the spine and extremities, plus fitness training for strength, flex-

ibility and endurance. John Swain, B. S. specializes in sports & orthopedic injuries, massage therapy, sports conditioning and personal training.

7744 Fay Ave, La Jolla | 858-459-0180

Best Pharmacy CVS

CVS Pharmacy has been assisting customers with the RX needs for too many years to count. They don't perform like a big box businesses but more like the neighborhood pharmacy it has become over the years. Helping answer questions and going the extra mile to serve local customers is number one.

7525 Eads Ave, La Jolla
858-551-0699

Best Pilates (tie) Pilates Plus La Jolla

Pilates Plus La Jolla offers a muscle blowing, body shaking workout unlike any you've ever done before. It's a high-intensity, low-impact 40-minute session that is done as slow as possible to lengthen and tone your body in ways you've never dreamed. Thank a hybrid of Pilates + cardio + circuit training... welcome to the Lagree Fitness® method. Suited to all fitness levels, from beginners to advanced. They've trained everyone from the first time

fitness goer to the injured and the pro athlete. This isn't your "mama's pilates!"

7712 Fay Ave, La Jolla
pilatespluslajolla.com | 858-456-1516

Mélange Studio

Mélange Studio is a Pilates and yoga studio founded by Shabnam Guvendik in 2014. Shabnam creates individualized programs using a mixture of Pilates and yoga techniques to meet each individual client's specific needs. Shabnam is a master trainer and certified Pilates and yoga instructor with more than 15 years of teaching experience. Mélange Studio provides a quiet and personal environment for each client. In this non-competitive atmosphere, Shabnam challenges both mind and body to build strength, flexibility, and body awareness that allows for better dynamic and functional movement.

7734 Herschel Ave, Ste H, La Jolla,
858-752-4970

Best Senior Care

TheKey

(formerly Home Care Assistance)

The best home care combines expertise and heart. For over 20 years, TheKey—formerly Home Care Assistance—has delivered quality in-home care, supporting older adults with a wide range of needs and age-related conditions. We've provided millions of hours of care to families just like yours. Today, we're the country's leading provider of premium in-home care, offering an even broader range of care services. We're passionate about helping older adults live in their own home as they age, improving the quality of life for our clients—and those who love them.

(858) 304-1513

Best Senior Living (tie)

Casa de Mañana

Located on Coast Boulevard near La Jolla Cove, Casa de Mañana is a one-of-a-kind retirement experience offering independent living and Truly Yours, our brand of assisted living services. Here, the views are breathtaking all times of day. Down-to-earth, inclusive, engaging and warm, with all the best of Southern California living. Casa de Mañana is a world by the sea where the water sculpts the shore and where you can continue to enjoy what you love or discover new passions. Here, you can connect with extraordinary people as well as enjoy delicious food, the fresh salt air, Spanish architecture and much more. The community is as warm as the coastal sunshine. It's resort-style living and old-world charm that's surprisingly attainable—with no entrance fee. We are open for in-person tours or move-in. Contact us today at 800.959.7010 or via email at CDMsales@frontporch.net for more information or to schedule a tour.

849 Coast Blvd, La Jolla
casademanana.org | 800-959-7010

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While your lifestyle is definitely your choice, with as much privacy as you desire, there are many activities for you to enjoy at White Sands of La Jolla. Enjoy concerts, water aerobic classes or trips to nearby musical and stage performances. You can browse through the well-stocked library, indulge your creativity in our hobby rooms or take a walk on the beach. Jacuzzis, gardens, exercise rooms, even travel arrangements.

7450 Olivetas Ave, La Jolla
858-454-4201



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Brian Papazian
handymanoflajollaanddelmar.com
Tele: 858-459-3860




Best Specialized Workout Facility (tie)

Osteostrong

OsteoStrong is a membership-based integrative health and wellness center with their main focus on musculoskeletal strengthening. They utilize a series of robotic musculoskeletal treatment devices utilizing high impact emulation, so that people can get the benefit of impact without the associated risks, providing a physical medicine option that has no side effects.

7442 Girard Ave, La Jolla
osteoststrong.me | 619-346-4636

Orangetheory Fitness

Orangetheory Fitness offers 60-minute workout sessions split into intervals of cardiovascular and strength training with heart rate monitors to track intensity and maximize metabolic burn. Increase energy, get visible results and burn more calories, even after leaving the studio. That's the Orange Effect! Really want to change your body and your fitness level? Join the best fitness movement in the nation.

7734 Girard Ave. Ste. C, La Jolla
orangetheoryfitness.com | 858-551-8750

Best Stylist (tie)

Kristin Merklung Salon Envie

Thank you so much for voting for me and warmly welcoming me back to La Jolla, after working in Beverly Hills the last 12 years! While there, I worked amongst some of the finest producers and celebrities in the entertainment industry. My job doesn't feel like a job. From the red carpets of the Academy Award shows; the filming of Judge Judy to music videos of Lionel Richie— my passion is always strong. Although I am still at times requested for movies and television shoots in Los Angeles, my family and heart are here in La Jolla. New clients are always welcome! I specialize in color and hair cuts to frame

your facial shape and suit your lifestyle.

1014 Pearl Street, La Jolla
858-775-7895 | salonenvielajolla.com

Glidia Hargis Salon

Gildia Hargis has always had a passion for hair style, glamour, and fashion which led her to study hair styling at L'Oreal Academy in Paris, Vidal Sassoon London and Los Angeles, as well as in San Diego. She continues to learn and develop her craft by studying the latest trends in hair, make-up, color and fashion inspired by regular trips to Paris. She has recently expanded her salon, and is dedicated along with her staff, to make clients feel and look beautiful by defining and enhancing their personal

style. They specialize in a well rounded range of beauty services. Glidia's expertise lie in classic blonding, vibrant reds and customized haircuts. Jillian, on staff, is wonderful with fashion colors, seamless balayage and platinum blondes.

7760 Fay Ave Ste K La Jolla
glidia.com | 858-456-8700

Best Tanning Salon (tie)

iTan Sun Spray Salon

iTAN offers sunless airbrush tanning and five levels of tanning beds for a customizable bronzing regime. Their Smart Tan certified consultants are friendly, ap-

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We are honored to be awarded our 12th Readers Choice Award for Best Acupuncture in La Jolla! We'd like to extend our deepest thank you to everyone who voted for us!

FREE 15 MINUTE PHONE CONSULTATION
CALL / TEXT US TODAY:
858.210.0969

8950 Villa La Jolla Drive, Suite B212
La Jolla, CA 92037
858.210.0969
myaculife.com julia@myaculife.com

Dr. Julia Robar, DACM, L.Ac

Thank You for Voting me Best Massage In La Jolla!

Equanimity Massage
by Connie Youngblood CAMTC #8904

Massage Therapy • Medium

7752 Fay Ave. Ste. D La Jolla
619-993-7909 • equanimitymassage.com

MITCH'S SURF SHOP
Since '67

LA JOLLA

410 Bird Rock Ave.
858-459-1171
mdla.net

Thank you La Jolla!

LA JOLLA VILLAGE NEWS READERS CHOICE AWARDS 2022

Best Cosmetic Rejuvenation Best Day Spa

BEVERLY HILLS REJUVENATION CENTER
909 Prospect S, Ste #100C | 619.900.2472
lj.bhrcsocal.com

La Jolla and San Diego's oldest plumbing company
La Jolla's only locally owned and operated Plumber

ERLING RONDE PLUMBING COMPANY
SINCE 1910
Lic. 573106

858-454-4258
erlingrohdeplumbing.com
5771 La Jolla Blvd. #5

READERS CHOICE AWARDS 2022

14 years in a row!

THANK YOU LA JOLLA

for voting us one of your favorite places to Ship

Owners Melih & Donatello can help you ship anything anywhere. Their motto is

"It CAN be done!" Best MAILBOX prices in town!

PAKMAIL

7486 La Jolla Blvd, La Jolla,
(858) 456-8573
pakmailajolla.com

Nancy's NAILS

La Jolla Salon and Day Spa

Specializing in EYELASHES EXTENSIONS & REFLEXOLOGY

THANK YOU for voting us
ONE OF LA JOLLA'S BEST NAIL SALONS

In Appreciation

20% OFF EYELASHES EXTENSIONS
EXP. 4/20/23 w/ COUPON

10% OFF ANY OTHER SERVICE (EXP. 4/20/23 w/COUPON)

We offer artificial nails, manicures, pedicures, facial waxing and more!
Our Stylists use organic products.

Think GREEN! Let our gracious Staff take care of all your skin and nail needs!
721 Pearl St., La Jolla • (858) 454-2853 nancysnailsajolla.com

proachable and well-educated on the proper ways to achieve your desired tan. Every customer is guided through the procedure and given a salon tour.

7492 La Jolla Blvd, La Jolla
itansolariums.com | 858-454-3873

Blush Organic Spray Tanning

Although fake tans are their thing, when it comes to the rest of the company, they prefer to keep it real. Their ads won't show runway models, blinged-out bikinis or retouched bodies. Instead they choose to feature real clients, embrace cellulite and focus on what we each love about our bodies- like how great our legs look with a fresh spray tan.

7863 Girard Ave #305, La Jolla
blushtansandiego.com
858-412-4029

**Best Urgent Care
Urgent Care of La Jolla**

Urgent Care La Jolla is a convenient,

locally owned and operated clinic for family medicine and urgent care. They provide minor emergency care for fever, sprains, cuts, colds, flu-like symptoms, sore throats, asthma, and many other ailments. They can assist in the management of hypertension, high cholesterol, diabetes, and other difficult but non life-threatening medical conditions. Urgent Care La Jolla also specializes in vascular disease including sclerotherapy and varicose vein treatment.

7634 Girard Ave Ste J, La Jolla
urgentcarelajolla.com | 858-255-8325

**Best Yoga Facility
Trilogy Sactuary**

The owners, Joe and Leila felt that a sense of community and belonging is something missing in many large cities like San Diego, so they created a sanctuary space that encourages connection in the heart of La Jolla for yoga, vegan cuisine and spiritual healing. Experience what Trilogy has to offer for your well being and fitness.

Rooftop & Level 3, 7650 Girard Ave,

Ste 400, La Jolla
trilogysanctuary.com
858-633-3893

Best Wellness Center (tie)

Koi Wellbeing

(see listing under Best Holistic Health)

LivKraft

(see listing under Best Day Spa)



*Thank you La Jolla Village News readers
for the confidence you expressed in voting
Mark A. Krasner, CPA, ESQ. – Best Attorney for 13 Years*



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