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OUTDOOR DINING MAY BE REMOVED



California Coastal Commission rules in favor of more parking places

See page 2

Diners use the outdoor seating at Jose's CourtRoom on Prospect Street. These outdoor dining areas may have to be removed for parking spots.

PHOTO BY THOMAS MELVILLE



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The outdoor seating area at The Duck Dive at the corner of Mission Boulevard and Emerald Street. PHOTO BY THOMAS MELVILLE



Diners use the outdoor seating at The Spot restaurant and pub on Prospect Street. PHOTO BY THOMAS MELVILLE

Outdoor dining spaces may be removed for parking places

By DAVE SCHWAB

A new California Coastal Commission amendment to the City's Spaces as Places program requiring beach businesses to replace displaced vehicular parking was greeted with mixed reviews by merchants and residents.

In January 2022, the City instituted Spaces as Places, a new program to help COVID-challenged businesses by allowing them to put temporary outdoor dining spaces in the public right-of-way. The Coastal Commission recently attached a condition that parking displaced by Spaces as Places must be replaced, contending the public's shoreline access was impeded by parking removal.

Some are distressed by the Coastal Commission's amendment and its potential impact on shopkeepers.

"Prior to the COVID pandemic we had absolutely zero outdoor space available to us," said Eric Christiansen, 20-year co-owner of Guava Beach Bar & Grill in Mission Beach. "One of the silver linings in the pandemic was the creation of the various outdoor seating areas, including sidewalk cafes and 'streetaries'."

"I do 'not' feel that it is fair that the City of San Diego voted to allow businesses to keep their outside streetaries, yet the Coastal

Commission has the power to alter that decision just for those of us who happen to be located near the ocean. No one has come forward with any information on how we are supposed to 'make up' the equivalent parking spots utilized by our streetary."

"It is interesting that we need more trees, fewer cars, walking more and other things to enhance climate change, and yet the Coastal Commission is requiring the City to reinstate parking places for cars," said Janie Emerson, president of La Jolla Shores Association.

"Especially in the Shores, the outside dining has enhanced the walkability of the area and been overwhelmingly successful. Outside dining and parking for cars seem to be in total opposition to each other. Time for everyone to think outside the box and explore things that move us forward not backward. This decision by the Coastal Commission moves us all backward," Emerson said.

Others, however, concur with the Coastal Commission, arguing so-called streetaries were a temporary response to a health crisis largely over.

"It was a great gift for the restraints by the City of loaning them our parking spaces and sidewalks during a very hard time for all, and helping them survive," said La Jolla and community parks

planner Melinda Merryweather. "But that time has passed and they should be incredibly grateful to the City and for all who missed the parking spaces."

Laurie Carlock of Pacific Beach concurred with Merryweather. "It seems straightforward to me: They (streetaries) were allowed for a reason and it is time to return the streets for parking, which there is little of on PB streets," she said.

"Many of these temporary porches are not taken care of, block traffic coming from alleys and side streets and have an advantage over other businesses that have to stay in their property line. It just seems fair to return the traffic parking spots. There are many places that have porches we can go to," Carlock said.

"While Spaces as Places is expected to improve pedestrian-oriented amenities and promote alternate modes of transit, there are potential adverse impacts to public access associated with the program," wrote the Coastal Commission in its executive summary. "Private cars and street parking are still the primary means by which the general public accesses the shoreline. Allowing the expansion of private structures and uses into areas currently reserved for public parking, could adversely impact the ability of the general public to access and enjoy the shoreline."

The Coastal Commission pointed out "it can take over 1 ½ hours to reach the coast from eastern San Diego, which is also where many of the lower-income communities of the City are located. The occupation of public parking along the coast will likely have a deterrent effect on visitors living much farther away in light of transit time. Measures that limit coastal access for people who are not within walking distance disproportionately impact lower-income communities, which raises environmental justice concerns. Therefore, projects to remove parking in the Beach Impact Area 'only' must replace that parking elsewhere."

"The City will continue to work toward solutions to allow more outdoor dining and other active uses that contribute to more coastal access while improving mobility and access for all modes of transportation in the City's coastal areas, including the Beach Impact Area," responded Tara Lewis, City spokesperson.

Supervising City spokesperson Scott Robinson talked about how the Coastal Commission's coastal amendment will be enforced. "The Development Services Department will primarily conduct enforcement of Spaces as Places," he said. "For previously permitted businesses operating with a Temporary Outdoor Business Operations

permit that have submitted a Spaces as Places application, the City will continue to allow these to operate in the Coastal Zone while the application is under review."

Added Robinson: "Where possible, the City will work with impacted businesses in the Coastal Zone to allow for replacement parking. The San Diego City Council must still affirm the Coastal Commission's decision before the Coastal Commission can provide final certification of the Spaces as Places regulations. After final certification, the City will be able to grant permits in the Coastal Zone."

Christiansen of Guava Beach argued the Coastal Commission's ruling on replacement beach parking "was made with little to no guidance for affected businesses. Parking in commercial districts citywide has always been an issue that is not unique to just beach areas. As for the 'hardship' that this presents, it is unclear as I have yet to receive any guidance, or even a notification, from either the City or the Coastal Commission."

"Some have suggested that affected businesses rent spots to make up the difference. However, that produces net 'zero' additional spaces. The Coastal Commission's ruling is both unfair and biased. Those of us located within one-half mile of the coast are the only ones affected by this ruling," Christiansen said.

REGIONAL NEWS

SAN DIEGO RIVER PARK FOUNDATION'S KAYAK CLEAN-UP A SUCCESS

Once a year, the San Diego River Park Foundation takes out kayaks at the San Diego Estuary (where the river meets the ocean near Ocean Beach). The organization carefully coincides with this event with the king tides, and to avoid the nesting season for specific endangered species, such as the Light-footed Ridgeway Rail. This year's event took place in early January with support from more than 75 green and clean community clean-up volunteers, working on kayaks and onshore, collectively removing more than two tons of trash. **Read more about it in the Peninsula Beacon and at sdnews.com.**

SANDAG study finds arrest rate in San Diego at seven-year low

The arrest rate in the San Diego region dropped 8% for juveniles and 5% for adults in 2021, reaching a seven-year low according to a new SANDAG report, Arrests 2021: Law Enforcement Response to Crime in the San Diego Region.

The report found that an average of 155 adults and six juveniles were arrested per day in 2021, down from 272 and 12, respectively, in 2017. However, the data showed an increase in violent (3% and 4%) and weapon (17% and 98%) arrests for both adults and juveniles.

"This data is an important measure for the community to understand law enforcement's response to crime," said SANDAG senior director of data science Dr. Cynthia Burke. "Over the years compared in this report, we have seen a continued decline in the felonies committed overall, as well as fewer arrests in juveniles. However, weapon offenses have seen an uptick, which is likely related to the growing issue of untraceable firearms, or ghost guns, in our communities."

In addition, while arrest rates largely decreased for all

ethnic groups, racial differences remained. Black and Hispanic individuals were overrepresented in all arrest categories in 2021. White individuals and those who represented other races/ethnicities were underrepresented.

Other notable report findings include:

- Adult and juvenile arrests for property and drug crime decreased in 2021, compared to 2020.
- Around two in five arrests were considered felonies in 2021.
- Adult arrests for driving under the influence increased at both the

felony and misdemeanor level in 2021 (up 34% and 12%, respectively, from 2020).

For a full breakdown of the data collected, read the SANDAG Criminal Justice Bulletin Arrests 2021: Law Enforcement Response to Crime in the San Diego Region.

Local data for this report were extracted and analyzed by SANDAG Automated Regional Justice Information System (ARJIS). ARJIS is a complex criminal justice enterprise network used by more than 60 local, state, and federal agencies throughout San Diego and Imperial counties.

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New La Jolla fitness studio uses cutting-edge technology training program

By DAVE SCHWAB

Competitive athletes Rob and Connor Darnbrough had a fitness “epiphany,” which led them to pioneer a new hybrid training program called The Smart Fit Method, which they expanded recently into La Jolla.

“We’ve developed and perfected an efficient and effective program at our original Cardiff studio, where we’ve helped countless clients achieve total body transformations while freeing up their time to do the other things they love,” said Rob Darnbrough, CEO and co-founder of The Smart Fit Method, which recently debuted at 7863 Girard Ave.

The new La Jolla studio is locally-owned and operated by Marc and Colleen Cormier and James and Chante O’Neill, experienced San Diego business leaders and entrepreneurs.

“We’re excited to work with this team to deliver the same great Smart Fit Method experience in La Jolla while offering our existing clients the ability to achieve the same great workout and results at another San Diego studio location,” says Connor Darnbrough, brand co-founder.

Founded in San Diego in 2020 by a father-son duo, The Smart Fit Method is a science-based fitness program combining exercise robotics and artificial intelligence for perfect personalized training in just

THE SMART FIT METHOD

Where: 7863 Girard Ave., #102
Website: smartfitmethod.com.
Contact: lajolla@smartfitmethod.com, 858-500-1166.

three, 20-minute sessions a week. The Smart Fit Method employs the most cutting-edge fitness technology and training equipment that was once only available to professional sports teams and medical facilities, making it accessible to the public.

It all began, said son Connor, when his dad was diagnosed with a heart condition, aortic aneurysm, and was advised: “never to walk up a hill or lift anything over 30 pounds again.”

“He was just a very fit and very high-energy person and was just shocked,” Connor said adding Rob was bedridden a full six months before trying Vasper, a revolutionary health and fitness technology combining compression, cooling, and interval training to help the body reach peak vitality. “In nine months, Vasper took my dad from a cardiac measurement for that of a 60-year-old to that of a 25-year-old, just using it two or three times a week,” Connor said.

At that point, Rob and Connor teamed up to incorporate Vasper into the new Smart Fit Method they were developing. Smart Fit builds strength and muscle, optimizes hormones, and burns fat to elevate users to their maximum potential efficiently and effectively.



The Smart Fit Method employs fitness technology and training equipment that was once only available to professional sports teams and medical facilities COURTESY PHOTO.

The innovative program focused on improving longevity is scientifically proven to work with quantifiable measurable results from a monthly Smart Body Scan uploaded to a Smart Fit app to track results. The Smart Fit Method is aiming to give members their time back while achieving their fitness goals.

Connor Darnbrough said Smart Fit employs AI in its exercise equipment that adapts itself to the performance of the user, automatically adjusting itself so the user gets optimum benefit from their workout. “You never overload or underload,” he said of the equipment, adding the method has proven so successful it has become a burgeoning franchise.

The Smart Fit Method also utilizes one trainer for every three or four

fitness members, striking just the right balance between instructor and pupil. “It is not overwhelming and doesn’t take up too much of a busy client’s time,” Connor said.

Darnbrough encouraged people to come out to La Jolla and try out the new method. “We offer a \$75 body scan for free along with their workout with no obligation,” he noted.

Concluded Connor of their new fitness modality: “It is a healthier, better way to exercise. My father and I started this together, and I’ve seen it help him, my mom, and my girlfriend. I’ve seen it help a lot of people who work out at our facilities. It is a very cool and fulfilling thing to be able to work with people in La Jolla, and see it impact them as well.”

INSTALLATION DINNER

Each January, members of the Pacific Beach Town Council and other honored guests gather as a united community to install board members and officers for the new year. The 2023 Installation Dinner will be held on Saturday, Jan. 21, at Mission Bay Yacht Club at 1215 El Carmel Place. There is a limited number of tickets available. Tickets may be purchased online, or via checks mailed to the office at 1706 Garnet Ave., made out to the Pacific Beach Town Council. You may buy individual tickets or reserve an entire table for 10. Tickets available at pbtowncouncil.org.

BROKEN YOLK EXPANDING

Broken Yolk, which started out in Pacific Beach at 1851 Garnet Ave., opened its 36th cafe in Henderson, Nev. on Jan. 16. The store features a full bar and a covered patio for outdoor seating. Broken Yolk is now in six states. The restaurant has launched a drink of the month program this year. “Each month we will offer a new drink of the month,” said Nikki Sachman, who handles the restaurant’s marketing. “The drinks can be either non-alcoholic or alcoholic. This can include coffee drinks, mimosas, cocktails, etc.”

Senior Living



La Jolla Senior Care Homes

We are excited to share information about our three residential care homes located atop of Mt Soledad in La Jolla:
La Jolla Casa Pacifica: #374604422
La Jolla Casa Fiesta: #374604425
La Jolla Vista: #374604421

Offering memory care and assisted living, our mission at La Jolla Senior Care Homes is to serve seniors in a manner that preserves their dignity and promotes their independence, while enhancing their quality of life. We take pride in providing care services tailored to each resident’s needs and desired lifestyle. Residents and families can rest easy knowing that all of our homes are expertly staffed to help with all of their daily living needs.

Don’t just take our word for it - here is what some of our residents’ families had to say about our care!

“My mother received excellent care from the owners and staff at La Jolla Vista. The facility is homey with a spec-

tacular view from the yard and great room. I highly recommend it.” -Brad J.

“Thank you for your condolences Jennifer. I wanted to tell you that I’m very grateful to you and Gus and especially the staff at Casa Fiesta for everything they’ve done for my mother over the past four years. I can’t say enough good things about Tiffany, Winnie, Mila, Nestor and Anne. They always treated my mother with respect. Placing my mother at Casa Fiesta was the best decision I could have made.” -Rob K.

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CITY REPAIRING POTHOLES

Following several consecutive days of rain, the City of San Diego is responding to a spike in the number of potholes on streets. This week, dozens of additional teams are being assigned to make pothole repairs and the City's Transportation Department is repurposing other asphalt and concrete crews and equipment to support the work being done by existing patch truck crews. On a non-rainy day, there are up to nine crews assigned to filling potholes across the City. These are two-person teams who respond to pothole repair requests; each team will complete 10-15 requests per day. With the recent storms, the City is dedicating approximately 150 employees to address the backlog of repairs.

San Diegans are encouraged to report potholes by using the Get It Done application or by calling 619-527-7500. For more information and resources on how to properly prepare before a storm, visit the City's Storm Preparedness page.

Typically, the City has a daily average of 200 pothole requests to be filled. After the recent storms, the backlog is just above 1,600 reports. As crews are unable to fill potholes when it is actively raining, dry weather provides an opportunity to address the backlog of repairs and to address new potholes that have developed.

READ MORE ONLINE AT sdnews.com

Gallery at Lands End celebrating 50th anniversary in San Diego

By DAVE SCHWAB

A family-owned small business supporting local crafters and offering custom picture framing, Gallery at Lands End in Pacific Beach is celebrating its 50th anniversary this year.

Begun in Ocean Beach as a lithography business by Jay and Vicki Ford in 1973, the business was ultimately sold to employee Thayne Yungman. A custom picture framer, woodworker, and photographer, he pushed to create a warm gallery environment exhibiting local artists' works. In 2013, the gallery expanded into showcasing handmade local gifts from some of San Diego's best craft makers.

"The Fords in the '70s to '90s were selling printing-quality, high-end poster work," said Yungman who started working with them in 2002. "We started to slowly pull back and do a little more artistic stuff. From there we pivoted again toward locally crafted goods in this converted two-bedroom beach bungalow."

Located on a corner lot on Cass and Loring streets, Yungman noted they've seen a lot of change in their north Pacific Beach neighborhood, which has established its own unique identity over the years. "We've got established restaurants here now," Yungman noted adding, "When you think of PB you still think of Garnet. But a

GALLERY AT LANDS END

Where: 4984 Cass St.
Contact: galleryatlandsend.com, 858-270-7820.

lot of people know this is a destination for brunch on weekends. That has all changed since we've been here."

Perusing the gift shop indoors at Lands End, there is a seemingly endless supply of jewelry including rings, necklaces, earrings, polished stones of all types, coffee mugs, ceramics, glass and wood products. "We know all these makers, they are local, and we're paying out directly to the artist," pointed out Yungman. "That gets people in the door and lets them know that we (also) do custom framing, which has been way up since COVID."

Noting custom framing is his "bread and butter," Yungman added, "Our clients are everybody. We have everyone from people with international artwork who want it framed as a keepsake, to collectors in La Jolla. We run the gamut."

Lands End switched to working by appointment only during the pandemic. "That has been a big deal for us, allowing people to book online and know they have a specific amount of time with us, which has been really great," said Yungman who added, about client consultation, "A lot of times people don't know what



Thayne Yungman welcomes all to check out Gallery at Lands End in Pacific Beach. PHOTO BY DAVE SCHWAB

they want; sometimes you have to show them what they don't like in order to figure out what they do like. Customer framing is a lot about reading the customer and interpersonal communication: It is about picking up on what is making people happy, and showing them more options."

The gift shop and custom framing are two complementary businesses under the same roof. "I do all the woodworking," noted Yungman. "I'm lucky to have the ability of artistic expression in a hobby that makes a couple of dollars." He added, "I'm not interested in buying something from China. I want to sell something locally."

Discussing the key ingredients that go into running a successful mom-and-pop, Yungman said: "Being such a small business is adapting and innovating, staying new and staying exciting. You continue to go to work and you keep going. Eventually, we found a headwind and dug into it. We switched to appointment-only shopping and custom framing, and once people were stuck inside they picked up house projects. We have been very busy (since) with custom framing."

What about the future?

"It will be more of the same until something new pops up," answered Yungman.

Barbara Paull's Obituary 98 years old Cottage 58



Mom was born on June 28, 1924 in Hollywood, California. She moved to Norfolk, Nebraska and lived there through the 8th grade and moved to North Platte, Nebraska. She graduated from North Platte High School in 1942. She was a member of the orchestra in high school. She also was the queen in Job's Daughters, which is a Masonic affiliated organization for young women. She went to Hastings College in Hastings, Nebraska for two years and majored in music where she played the cello. Mom married our dad in 1945 in San Diego. He served in the Navy during the war and mom worked at North Island with the officers where she was a teletypist. They purchased their house in Pacific Beach in 1947. Dad and mom opened Don Paull Plumbing and Heating Co. in Pacific Beach at 4284 Cass St. in 1951 where they served the beach areas, Clairemont, etc. for 35 years.

Mom and dad worked as a team during this entire time. They ran a very successful small plumbing business. Each one had their positive attributes that contributed to their success and each deserve equal credit. Mom basically was responsible for the inside of the shop and dad for the outside.

Mom and dad spent most of their outside working hours as leaders in the Plumbing-Heating-Cooling Contractors association, PHCC. Mom served all the offices in the San Diego women's PHCC auxiliary and later became California President of the Women's Auxiliary. Dad served all the offices in the San Diego, the State and became National President in 1980. Once again, they worked as a team to accomplish their success. When we accepted the North Platte High School Distinguished Award for our dad posthumously, we said, "Mom could have received the award herself as she strongly worked with our dad in all their success."

They were involved in community activities besides PHCC. Dad joined Toastmasters in Pacific Beach, whose main goal is public speaking. Women could not join Toastmasters since this took place before Title IX which equalized rights for women. However, women had an organization called Toastmistresses, which mom joined. Mom was also a member of PEO and Eastern Star.

When mom and dad retired, they moved to the Casa de

Manana in La Jolla. They lived there for eight and a half years with mom serving as the treasurer for seven and a half years for the resident organization. During that time, she changed the entire accounting system to a computer based system. Mom was excellent at bookkeeping which was one of her responsibilities in the plumbing business and loved technology. She got her first computer, a Kaypro, in the 1980's and purchased an iPad about 12 years ago, and a iPhone about 6 years. She would spend hours each day using the computer. They then moved to Wesley Palms where she served as treasurer for one year. She lived in a 2 bedroom cottage, number 58, with one of the best views at the site.

Mom and dad loved to travel. Mom has been in most of the states including Hawaii and Nebraska a number of times. While mom and dad were still working in the plumbing business, they were one of 25 American plumbing contractors chosen by the People to People Program to meet with the top plumbing industry leaders in China and Russia. She traveled on all the Viking Tour boats in Europe and on the Holland America ships to Mexico, Central America, South America, Caribbean, etc.

Mom's hobby and escape was working in the yard as a young person and with her plants only when she was living at the Casa de Manana and Wesley Palms for over 20 years. When she was days before passing she said, "You won't have to water my plants anymore," and I responded that we are going to keep the plants living in my brother and my yards. I know that made her happy. Also, she always exercised and could be seen in the gym working out. She stayed in good shape.

Mom had a strong love for our dachshund dogs, which we have had for many years. You may remember her black and brown doxie, Husker, that she was with a lot up until 2 years ago when she passed. He was our best friend.

Surviving members include son, Dr. Ben Paull, Tom Paull and his wife Phoebe and daughter Sydney, a cousin 103 years old, Mary Spallino, who lives in Lake Forest and numerous nieces and nephews.

A private service will be held.

The Social Diary – A palatial wedding, and birthday blowout!



Lena Zawaideh and Becky Ojeda who is the twin sister of the bride! – Zawaideh wedding.



Margo Schwab and Scott Johnston.

By MARGO SCHWAB

It was royal wedded bliss as mega smart and DNA-blessed Drs. Patricia Ojeda and Mazen Zawaideh exchanged vows before friends and family at the uber-exclusive Zephyr Palace in Costa Rica. Off the charts would be the warm up description as five days of five star celebrating got underway. Among the mix were music star Lena Zawaideh (Mazen’s sister) in Alexander McQueen, and Mazen’s parents May and Emad. May was glowing in Dona Matoshi and floral hat by La Jolla Village News’ own Diana Cavagnaro, and Emad in Dolce & Gabbana.

The wedding dinner had such enticements as lobster and shrimp bisque with a touch of Pernod, lobster tail, with fresh spaghetti, and duo of Tiramisu and banana crepes with blackberry coulis.

By the way, newlyweds are quite

the duo. Mazen is a neuroradiologist and Patricia is a musculoskeletal radiologist. Best wishes you two!

Meanwhile, hometown’s favorite Emmy-Award winning news anchor and Women’s Museum board member Sandra Maas celebrated birthday blessings with friends and husband Jim Burgess at the Solterra Winery & Kitchen. Among the mix were Carrie Woodland, Sophia Alsadek, and Andrea Naversen Wait. And yes, our shot is in vintage Gianni Versace tails!

Check out Margo Schwab on Insta and FB for more event photos as well as insightful tips cooking to social!Til next time!



Newlyweds Drs. Patricia Ojeda and Mazen Zawaideh – Zawaideh wedding.



Lisa Kern, Connie Sundstrom, Amy Wynne, Dana Stein, and Neda Norani – Maas birthday.



Jim Burgess and Sandra Maas – Maas birthday.



Emad and May Zawaideh – Zawaideh wedding.

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Italian-style coffee and pastries at Il Giardino di Lilli

By DAVE SCHWAB

If you like your coffee and pastries Italian style, then Il Giardino di Lilli in La Jolla is for you. Named for a family member of the owner's business partner, Stefania Sciomachen, Lilli, "Lilli's garden" in Italian, is owned and operated by Giuseppe Scognamiglio, who doubles as the eatery's pastry chef.

"Il Giardino di Lilli is a tribute to my late grandmother, Liliana Carani, who continues to inspire me, especially my love and appreciation for good food and beautiful gardens," said Sciomachen, an interior designer, at lillilajolla.com.

The retail space, beautiful and spacious inside and out, was formerly inhabited by Pannikin, which has relocated elsewhere in La Jolla. The coffeehouse and bakery is authentic Italian, with all its pastries and desserts inspired by family recipes passed down generations bringing

a touch of Italy to the Jewel.

"We don't have any regular pastries people find in a coffee shop," noted Scognamiglio. "On the coffee side, we have multiple options including espresso, cappuccino, and macchiato. We try to be pretty authentic with the coffee. And 90% of the pastries we import from Italy. The only thing we get from local sources is the fruit, vegetables, and sugar. Everything we do we process in-house."

Scognamiglio said Lilli has become a mecca for Italians. "If you come here early in the morning during the weekend, you hear only Italian spoken," he said adding, "I found out there are a lot of Italians in La Jolla I didn't know about."

Scognamiglio said, when the retail space on Girard Avenue became available, he seized the opportunity because it was a perfect garden spot for their needs. He previously owned restaurants in both Naples, Italy, and in Point Loma.



Stefania Sciomachen and Giuseppe Scognamiglio, co-owners of Il Giardino di Lilli.

PHOTO BY DAVE SCHWAB

The restaurateur came to the States "temporarily" seven years ago and liked it so much he never left.

"Stefania and I were looking to open something in La Jolla because we love it here," Scognamiglio said adding they "changed the inside, the woods. She did everything with

the design. Everything that looks pretty: It's her choice."

The breakfast and lunch menu at Lilli features a host of Italian sandwiches and salads along with Italian pastries and desserts as well as an assortment of teas and fruit juices.

IL GIARDINO DI LILLI

Where: 7467 Girard Ave.
Hours: Daily 7 a.m.-4 p.m.
Contact: lillilajolla.com,
858-203-3926.

With an indoor fireplace, Lilli has a very comfortable, homey feeling.

"Our ideal business is to make a place that makes us happy," said Scognamiglio. "All our employees like working here because they like the way we handle everything. I would say it's my first home because I spend more time here than at my house."

The restaurant owner said he has lots of other coffeehouses to compete within the area, but added it is a friendly competition, pointing out all the coffee shops have their own niches and don't serve the same products.

Above all else, Lilli is a welcoming establishment.

"This is a place where you come and enjoy your time," said Scognamiglio.

New lounge and dining experience at The Marine Room

San Diego's iconic Marine Room has unveiled a refreshed dining room and new oceanfront lounge concept. Named "Lounge at The Marine Room," the intimate space offers stunning ocean views from the most desirable tables and will offer a globally inspired, sea-food-forward menu of whimsical small plates, one-of-a-kind dishes, and curated list of chef-driven cocktails, wine, and beer.

Executive chef Mike Minor says that The Lounge will become an integral part of The Marine Room ethos.

"We're excited to offer our guests an exclusive experience to match our incomparable views of La Jolla Cove and Shores," Minor said. "The lounge gives us a stage from which to showcase an all-new menu presented in a way that's engaging, seductive, and creative. It's all about luxury and indulgence in an atmosphere that's refined but with a vibe that's more relaxed than diners have known in the past."

To elevate and update the interiors, Studio UNLTD took inspiration from the seaside location. The palette cheers with ceilings painted bright white, blonde wood flooring, and shades of blue ranging from pale seafoam to deep turquoise. A white oak cladding in a ribbed pattern was installed on the soffit above the bar and accentuates its unique wave-live shape.

Swiveling bar stools in velvety pewter-colored upholstery allow bar guests to pivot and join in the collective experience of the dramatic oceanfront location. Brass elements and custom tabletops in a mosaic pattern of golden-hued glass add a bit of shimmer and luxury to the space. Underfoot a bold carpet with colors and shapes inspired by turbulent waters serves as the backdrop for meandering seating that includes a custom curvilinear sofa in luxuriant



The new Lounge at The Marine Room.

PHOTO BY HALEY HILL

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bone-colored chenille with flecks of gold. The space is finished with a lushness of plant life at the entry and stand-alone planters.

Minor is passionate about cooking with premium ingredients and presentation, and the new lounge setting aligns the food with the experience. The dishes include

delicacies such as Dry Aged Bluefin Tuna Carpaccio served with lemon oil, ginger, yuzu, black winter truffle and a garlic chili oil, Surf and Turf with Hokkaido scallop, Kurobuta pork belly, caviar, and a bacon whiskey jam.

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In 2010, Amanda McCarroll and Carolina Vivas founded their online yoga studio, yourBuddhi.com, a membership-based site with a vast library of classes for all levels. Their website makes it convenient to practice at home or on the go with pre-recorded classes and daily livestream. In 2014, the Buddhi Yoga studio was established in the heart of downtown La Jolla, CA. Located on the second floor above Lululemon, there are floor-to-ceiling windows overlooking a beautiful wall garden. The clean and open studio with vaulted ceilings is the perfect setting for your yoga practice. In 2017 they created their signature workout class FlowLIFT. Using light hand and ankle weights, FlowLIFT is a full body workout filled with dynamic moves that challenge the body and engage the mind. The result is a sweaty and addictive workout that builds a long, lean and functional physique. Carolina and Amanda have both been teaching for over 20 years. They created a beautiful space with great energy that is a one-stop shop for both yoga and fitness. It has the perfect balance of physical and spiritual practices to enhance your health and promote longevity. Buddhi Yoga has over 65 weekly classes taught by San Diego's top instructors. Styles range from Vinyasa to slow flow, restorative, FlowLIFT, yin yoga, sound healing, kundalini and meditation. The studio offers teacher trainings for FlowLIFT and yoga, workshops and special events all year long. Members receive free access to their online sites, yourBuddhi.com or FlowLIFTfitness.com. In addition, Buddhi Yoga features their in-house boutique, a collection of foxy beach-chic and yoga-ready apparel. Come experience the Buddhi difference!



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Lupi Italian Restaurant and Wine Bar


Lupi Italian Restaurant and Wine Bar has always been a local La Jolla favorite for those who appreciate fine Italian wine and mouthwatering authentic cuisine.

Acclaimed Chef Luigi Tornatore III has been chef to celebrities and politicians, including for President Gerald Ford's daughter's wedding. Chef / Owner Luigi has had a passion for preparing delicious meals for his guests for over 30 years.

Luigi noted, "I am constantly creating new specials to add to the menu, while keeping all your favorite Italian dishes." Luigi uses only local, organic ingredients!


At Lupi, the Bread, Sauces, Pastas and Pizza dough are house made. With a Full Bar, friendly staff, enjoy your dining experience in either their pet friendly sunny outdoor patio or relaxing indoor dining room with soothing music.

Lupi can also accommodate banquets for up to 100 people - they are the perfect place for Wedding



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858-454-6421
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MEET YOUR LA JOLLA MERCHANTS

YOUR GUIDE TO LA JOLLA PROFESSIONALS AND COMMUNITY BUSINESSES



You'll find it all in The Living Room!

The Living Room has truly lived up to its name in La Jolla. The café has drawn young and old alike to sip tea, coffee and deluxe smoothies in a homey ambiance furnished with antique, ornate couches and wooden tables. Patrons find the communal atmosphere inspiring and relaxing; you'll find groups of friends smoking the hookah on the upstairs patio and others poring over books in the back.

You must try out the quiche lorraine, spinach & cheese stuffed croissant or a super healthy acai bowl with fresh fruits for breakfast. The sandwiches, wraps, paninis, soups and amazing salads for lunch. And for dinner we highly recommend the turkey lasagna, buffalo chicken or humus & veggie wrap. You will be impressed by a visit to our wine cellar while you are dining with us, featuring an excellent selection with great prices.

Top off your meal with one of the many scrumptious desserts. Enjoy the views from the second floor ocean view room. **Check out our Banquet Room - the perfect venue for any event or party.** The Living Room is open for Drive-In, Patio Dining and Pickup. Delivery available by your favorite delivery service.


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1010 Prospect St.
(858) 459-1187

Benton & Benton Architects: A Local Legacy

Benton & Benton Architects is located in the heart of La Jolla Village and led by Andrew and Paul Benton. This father-son team of architects has decades of experience creating beautiful and functional spaces in La Jolla and throughout San Diego, working with clients of all sizes on projects that range from tranquil coastal residences to state-of-the-art laboratories for nearby UCSD.

The Benton & Benton Architects team includes a diverse, well-coordinated staff of design professionals. Boasting a variety personal and professional backgrounds, the team is well-versed in analyzing and accommodating each of our clients' unique needs and requirements.

The diverse and experienced team is ready to create an inspiring and transformational space to meet your needs for business and lifestyle, while taking full advantage of our coastal environment.



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La Jolla Mailbox Rentals



For years locals of Bird Rock have relied on the services of the La Jolla Mailbox Rentals and its owner, Anita Wood.

Anita acquired the business February 1987. Anita accredits her success to her ability to interact well with her customers.

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Rosamaria Acuña

Rosamaria Acuña is a bilingual real estate professional, entrepreneur, and humanitarian deeply committed to her community and a range of causes and nonprofits. As an advocate for homeownership, she has built a successful business by always placing her clients' needs first. Rosamaria has a special focus on guiding clients to invest in both their homes and therefore their future.

With over 30 years of experience representing buyers and sellers, Rosamaria knows the San Diego real estate market exceptionally well. Rosamaria specializes in residential real estate for a wide ranging clientele from first-time home buyers to the luxury market. She has established a stellar reputation. Her dedicated work ethic, with her outstanding marketing skills, and network of professional alliances has consistently placed her in the top tier among all real estate professionals working today. Together with Berkshire Hathaway and her team, Rosamaria is dedicated to offering her clients superior personalized service, and providing the latest innovations in marketing and technology to facilitate every transaction.

"The most rewarding part of being a Realtor is helping people create security, along with the home of their dreams." "It's an honor to be trusted by so many. Giving back is my way of expressing gratitude to the community I live in and care so deeply about."

Contact Rosamaria today for a complimentary consultation or to receive up to the minute details about the real estate market. She is happy to address all inquiries so don't hesitate to call her today at 619-890-2828.

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FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026054Fictitious BusinessName(s)a.BRUSHWORKSPAINTINGa.1964CHALCEDO- NYST#8,SANDIEGO,CA92109Isregisteredbythefollowing:a.LOUIS WELLESMESSERVYThisbusinessisconductedby:ANINDIVIDUALThefirst dayofbusinesswas:N/ARegistrantName:a.LOUISWELLESMESSERVY TitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor.The statementwasfiledwithErnestJ.Dronenburg,Jr.Recorder/CountyClerkof SanDiegoCountyon:NOVEMBER30,2022.ISSUEDATES:December16, January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026698Fictitious BusinessName(s)a.TERREATEPARKa.437EPARKAVENUE,SAN DIEGO,CA92020Isregisteredbythefollowing:a.MFPANDAVENTURE(CA) LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirst dayofbusinesswas:10/04/2022RegistrantName:a.MFPANDAVENTURE (CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSi- gnorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026699Fictitious BusinessName(s)a.TERREAT5ANZAa.3105ANZA ST,SAN DIEGO,CA92020Isregisteredbythefollowing:a.MFPANDAVENTURE(CA) LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirst dayofbusinesswas:10/03/2022RegistrantName:a.MFPANDAVENTURE (CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSi- gnorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026700Fictitious BusinessName(s)a.TERREATLEXIa.32811STSTREET,ELCAJON, CA92019Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLC Thisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstday ofbusinesswas:10/03/2022RegistrantName:a.MFPANDAVENTURE (CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSi- gnorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026701Fictitious BusinessName(s)a.TERREATMADISONa.1241-49EMADISON AVE,ELCAJON,CA92021Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITY COMPANYYThefirstdayofbusinesswas:10/03/2022RegistrantName:a. MFPANDAVENTURE(CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/ CorporationTitleofSignorDEONDRACEPHUS,SECRETARY.Thestatement wasfiledwithErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiego Countyon:DECEMBER8,2022.ISSUEDATES:December16,January6, 13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026702Fictitious BusinessName(s)a.TERREATLINCOLNa.4155.LINCOLNAVE, ELCAJON,CA92021Isregisteredbythefollowing:a.MFPANDAVENTURE (CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANY Thefirstdayofbusinesswas:10/03/2022RegistrantName:a.MFPANDA VENTURE(CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/Corporation TitleofSignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiledwith ErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon: DECEMBER8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026703Fictitious BusinessName(s)a.TERREATWELLSa.304N11STST,ELCAJON, CA92021Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLC Thisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstday ofbusinesswas:10/03/2022RegistrantName:a.MFPANDAVENTURE (CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSi- gnorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026704Fictitious BusinessName(s)a.HORIZONa.466WWASHINGTONAVE,ELCAJON, CA92021Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLC Thisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstday ofbusinesswas:5/1/2022RegistrantName:a.MFPANDAVENTURE(CA) LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor DEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026705Fictitious BusinessName(s)a.VALLEATESCONDIDOa.1204NESCONDIDOBLDV, ESCONDIDO,CA92026Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPAN- YThefirstdayofbusinesswas:10/3/2022RegistrantName:a.MFPANDA VENTURE(CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/Corporation TitleofSignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiledwith ErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon: DECEMBER8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026706Fictitious BusinessName(s)a.PARKa.740-86/835-29E.MISSIONAVE,ESCONDI- DO,CA92025Isregisteredbythefollowing:a.MFPANDAVENTURE(CA) LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirst dayofbusinesswas:10/3/2022RegistrantName:a.MFPANDAVENTURE (CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSi- gnorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026707Fictitious BusinessName(s)a.VALLEATMISSIONa.801-50JUNIPERST.,ESCON- DIDO,CA92025Isregisteredbythefollowing:a.MFPANDAVENTURE(CA) LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirst dayofbusinesswas:10/3/2022RegistrantName:a.MFPANDAVENTURE (CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSi- gnorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026708Fictitious BusinessName(s)a.TERREATCREEKSIDEa.9349-9360CREEKSIDECT, SANTEE,CA92071Isregisteredbythefollowing:a.MFPANDAVENTURE (CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANY Thefirstdayofbusinesswas:10/3/2022RegistrantName:a.MFPANDA VENTURE(CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/Corporation TitleofSignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiledwith ErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon: DECEMBER8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026709Fictitious BusinessName(s)a.TERREATLAKESIDEa.12905MAPLEVIEWST,LAKE- SIDE,CA92024Isregisteredbythefollowing:a.MFPANDAVENTURE(CA) LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirst dayofbusinesswas:10/3/2022RegistrantName:a.MFPANDAVENTURE (CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSi- gnorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026711Fictitious BusinessName(s)a.VALLEATPARKa.151GAYLANDST,ESCONDIDO,CA 92027Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLCThis businessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstdayof businesswas:10/3/2022RegistrantName:a.MFPANDAVENTURE(CA) LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor DEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026710Fictitious BusinessName(s)a.VIDAa.1070-90EWASHINGTON,ESCONDIDO,CA 92027Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLCThis businessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstdayof businesswas:10/3/2022RegistrantName:a.MFPANDAVENTURE(CA) LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor DEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026722Fictitious BusinessName(s)a.CAI/AVOa.10850JAMANCHABLVD,SPRINGVALLEY, CA91978Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLC Thisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstday ofbusinesswas:10/3/2022RegistrantName:a.MFPANDAVENTURE(CA) LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor DEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026727Fictitious BusinessName(s)a.STATEa.4981CATOCTINDR,SANDIEGO,CA91978 Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLCThisbusiness isconductedby:ALIMITEDLIABILITYCOMPANYThefirstdayofbusiness was:10/4/2022RegistrantName:a.MFPANDAVENTURE(CA)LLCTITLE ofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignorDEONDR A CEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ.Dronenburg,Jr. Recorder/CountyClerkofSanDiegoCountyon:DECEMBER8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026724Fictitious BusinessName(s)a.VILLASa.3917CONRADDRIVE,SPRINGVALLEY,CA 91977Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLCThis businessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstdayof businesswas:10/4/2022RegistrantName:a.MFPANDAVENTURE(CA) LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor DEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026721Fictitious BusinessName(s)a.TERREATGRAVESa.1521GRAVESAVE,ELCAJON, CA92021Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLC Thisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstday ofbusinesswas:10/04/2022RegistrantName:a.MFPANDAVENTURE(CA) LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor DEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026720Fictitious BusinessName(s)a.TERREATBRADLEYa.325E.BRADLEYAVE,ELCA- JON,CA92021Isregisteredbythefollowing:a.MFPANDAVENTURE(CA) LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirst dayofbusinesswas:10/04/2022RegistrantName:a.MFPANDAVENTURE (CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSi- gnorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026718Fictitious BusinessName(s)a.TERREAT E.BRADLEYa.360E.BRADLEY AVE,EL CAJON,CA92021Isregisteredbythefollowing:a.MFPANDAVENTURE (CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANY Thefirstdayofbusinesswas:10/4/2022RegistrantName:a.MFPANDA VENTURE(CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/Corporation TitleofSignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiledwith ErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon: DECEMBER8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026728Fictitious BusinessName(s)a.VALLEAT9209KENWOOD,9209KENWOODDR, SPRINGVALLEY,CA91977Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITY COMPANYYThefirstdayofbusinesswas:10/4/2022RegistrantName:a. MFPANDAVENTURE(CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/ CorporationTitleofSignorDEONDRACEPHUS,SECRETARY.Thestatement wasfiledwithErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiego Countyon:DECEMBER8,2022.ISSUEDATES:December16,January6, 13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026726Fictitious BusinessName(s)a.VALLEAT9151,9151KENWOODDR,SPRINGVALLEY, CA91977Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLC Thisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstday ofbusinesswas:10/4/2022RegistrantName:a.MFPANDAVENTURE(CA) LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor DEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026723Fictitious BusinessName(s)a.VALLEATFAIRWAY,3743FAIRWAYDRIVE,LAMESA, CA91941Isregisteredbythefollowing:a.MFPANDAVENTURE(CA)LLC Thisbusinessisconductedby:ALIMITEDLIABILITYCOMPANYThefirstday ofbusinesswas:10/4/2022RegistrantName:a.MFPANDAVENTURE(CA) LLCTitleofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor DEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ. Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER 8,2022.ISSUE DATES:December16,January6,13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026719Fictitious BusinessName(s)a.VALLEAT9061KENWOOD,9061KENWOODDR, SPRINGVALLEY,CA91977Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITY COMPANYYThefirstdayofbusinesswas:10/4/2022RegistrantName:a. MFPANDAVENTURE(CA)LLCTitleofOfficer,ifLimitedLiabilityCompany/ CorporationTitleofSignorDEONDRACEPHUS,SECRETARY.Thestatement wasfiledwithErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiego Countyon:DECEMBER8,2022.ISSUEDATES:December16,January6, 13&20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026725Fictitious BusinessName(s)a.VALLEAT9121KENWOOD,9121KENWOODDR, SPRINGVALLEY,CA91977Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITY COMPANYThefirstdayofbusinesswas:10/4/2022RegistrantName:a.MF

LEGALS »
CONT. FROM PG. 10

PANDAVENTURE(CA)LLCTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER8,,2022.ISSUE DATES: December 16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026747 FictitiousBusinessName(s)a.MARAT203LAUREL,203LAUREL AVE,NATIONALCITY,CA91950Isregisteredbythefollowing: a.MFPANDAVENTURE(CA)LLCThisbusinessisconductedby: ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/4/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDi- egoCountyon:DECEMBER8,,2022.ISSUEDATES:December16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026736 FictitiousBusinessName(s)a.MARAT203LAUREL,135LAUREL AVE,NATIONALCITY,CA91950Isregisteredbythefollowing: a.MFPANDAVENTURE(CA)LLCThisbusinessisconductedby: ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/4/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDi- egoCountyon:DECEMBER8,,2022.ISSUEDATES:December16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026743 FictitiousBusinessName(s)a.TERREATPEACH,1019PEACHAVE, ELCAJON,CA92021Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIA- BILITYCOMPANYThefirstdayofbusinesswas:10/4/2022Reg- istrantName:a.MFPANDAVENTURE(CA)LLCTITLEofOfficer,if LimitedLiabilityCompany/CorporationTitleofSignorDEONDRACE- PHUS,SECRETARY.ThestatementwasfiledwithErnestJ.Dronen- burg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEM- BER8,,2022.ISSUE DATES: December 16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026742 FictitiousBusinessName(s)a.TERREATPEACH,1037PEACHAVE, ELCAJON,CA92021Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIA- BILITYCOMPANYThefirstdayofbusinesswas:10/4/2022Reg- istrantName:a.MFPANDAVENTURE(CA)LLCTITLEofOfficer,if LimitedLiabilityCompany/CorporationTitleofSignorDEONDRACE- PHUS,SECRETARY.ThestatementwasfiledwithErnestJ.Dronen- burg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEM- BER8,,2022.ISSUE DATES: December 16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026741 FictitiousBusinessName(s)a.TERREATPEACH,1038PEACHAVE, ELCAJON,CA92021Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIA- BILITYCOMPANYThefirstdayofbusinesswas:10/4/2022Reg- istrantName:a.MFPANDAVENTURE(CA)LLCTITLEofOfficer,if LimitedLiabilityCompany/CorporationTitleofSignorDEONDRACE- PHUS,SECRETARY.ThestatementwasfiledwithErnestJ.Dronen- burg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEM- BER8,,2022.ISSUE DATES: December 16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026737 FictitiousBusinessName(s)a.TERREATPEACH,989PEACHAVE, ELCAJON,CA92021Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIA- BILITYCOMPANYThefirstdayofbusinesswas:10/4/2022Reg- istrantName:a.MFPANDAVENTURE(CA)LLCTITLEofOfficer,if LimitedLiabilityCompany/CorporationTitleofSignorDEONDRACE-

PHUS,SECRETARY.ThestatementwasfiledwithErnestJ.Dronen- burg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEM- BER8,,2022.ISSUE DATES: December 16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026738 FictitiousBusinessName(s)a.TERREATPEACH,1050PEACHAVE, ELCAJON,CA92021Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITEDLIA- BILITYCOMPANYThefirstdayofbusinesswas:10/4/2022Reg- istrantName:a.MFPANDAVENTURE(CA)LLCTITLEofOfficer,if LimitedLiabilityCompany/CorporationTitleofSignorDEONDRACE- PHUS,SECRETARY.ThestatementwasfiledwithErnestJ.Dronen- burg,Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEM- BER8,,2022.ISSUE DATES: December 16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026739 FictitiousBusinessName(s)a.TERREATBOSTONIA,1294MOL- LISONAVE,ELCAJON,CA92021Isregisteredbythefollowing: a.MFPANDAVENTURE(CA)LLCThisbusinessisconductedby: ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/4/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDi- egoCountyon:DECEMBER8,,2022.ISSUEDATES:December16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026740 FictitiousBusinessName(s)a.TERREATSANDALWOOD,708N MOLLISSONAVE,ELCAJON,CA92021Isregisteredbythefollow- ing:a.MFPANDAVENTURE(CA)LLCThisbusinessisconducted by:ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/4/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDi- egoCountyon:DECEMBER8,,2022.ISSUEDATES:December16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026744 FictitiousBusinessName(s)a.TERREATBALLANTYNE,542-548 BALLANTYNEST,ELCAJON,CA92020Isregisteredbythefollow- ing:a.MFPANDAVENTURE(CA)LLCThisbusinessisconducted by:ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/4/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDi- egoCountyon:DECEMBER8,,2022.ISSUEDATES:December16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026745 FictitiousBusinessName(s)a.TERREATCOPLLEY275BALLAN- TYNEST,ELCAJON,CA92020Isregisteredbythefollowing: a.MFPANDAVENTURE(CA)LLCThisbusinessisconductedby: ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/4/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDi- egoCountyon:DECEMBER8,,2022.ISSUEDATES:December16, January 6, 13 & 20

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026745 FictitiousBusinessName(s)a.TERREATMOLLISON233NMOL- LISONAVENUE,ELCAJON,CA92021Isregisteredbythefollow- ing:a.MFPANDAVENTURE(CA)LLCThisbusinessisconducted by:ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/3/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDi- egoCountyon:DECEMBER8,,2022.ISSUEDATES:December16, January 6, 13 & 20

ORDERTOSHOWCAUSEFORCHANGEOFNAME;CASENO:37-

2022-00001655-CU-PT-CTLSUPERIORCOURTOFCALIFORNIA, COUNTYOFSANDIEGO;STREETADDRESS:330WBROADWAY CITYANDZIPCODE:SANDIEGO,CA92101;BRANCHNAME: SUPERIORCOURT.TOALLINTERESTEDPERSONS:1.Petitioner (name):MARITZABELRUIZifiledapetitionwiththiscourtforade- creechangingnamesasfollows:Presentname:a.MARITZABEL RUIZtoProposedname:MARITZABELPEDRAZZINIcourtattthe hearingindicatedbelowtoshowcause,ifany,whythepetition shouldnotbegranted.Anypersonobjectingtothenamechang- esdescribedabovemustfileawrittenobjectionthatindicates the reasonsfortheobjectionatleasttwocourtdaysbeforethematter isscheduledtobeheardandmustappearatthehearingtoshow causewhythepetitions shouldnotbegranted.Ifnowrittenobjection istimelyfiled,thecourtmaygrantthepetitionwithoutahearing. NOTICEOFHEARINGa.Date:02/01/2023TIME:8:30AMDEPT: 61;b.TheaddressofthecourtisSAMEASNOTEDABOVE;3a. A copy of this Order to show cause shall be published at least onceeachweekforfourconsecutiveweeks prior to thedate set fortheargonthepetitioninthe followingnewspaperofgeneral circulation,printedinthiscountry(specifynewspaper):LAJOLLA VILLAGENEWS,ANDPENINSULABEAACON.Date:December20, 2022.JUDGEOFTHESUPERIORCOURTMICHAELT.SMYTHIS- SUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9027341 FictitiousBusinessName(s)a.LGWa.a.8354MACAWAVENUE, SANDIEGO,CA92123Isregisteredbythefollowing:a.RYAN ADAMEMMONSThisbusinessisconductedby:ANINDIVIDUAL Thefirstdayofbusinesswas:08/16/22RegistrantName:a.RYAN ADAMEMMONSTITLEofOfficer,ifLimitedLiabilityCompany/ CorporationTitleofSignor.ThestatementwasfiledwithErnest J.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon: DECEMBER16,,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9027619 FictitiousBusinessName(s)a.DOUGH2Ua.a.2163ABBOTT STREET,SANDIEGO,CA92107Isregisteredbythefollowing:a. ACSERGONZALEZThisbusinessisconductedby:ANINDIVIDUAL Thefirstdayofbusinesswas:12/15/22 RegistrantName:a.. ACSERGONZALEZTITLEofOfficer,ifLimitedLiabilityCompany/ CorporationTitleofSignor.ThestatementwasfiledwithErnest J.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon: DECEMBER21,,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9027761 FictitiousBusinessName(s)a.HARBORDRIVECOACHINGAND CONSULTINGGb.HARBORDRIVEc.HARBORDRIVECOACHINGa. 3370HILLSTREET,SANDIEGO,CA92106Isregisteredbythe following:a.VIRGINIAROSELINGHAMThisbusinessisconducted by:ANINDIVIDUALThefirstdayofbusinesswas:12/11/22Regis- trantName:a.VIRGINIAROSELINGHAMTTITLEofOfficer,ifLimited LiabilityCompany/CorporationTitleofSignor.Thestatementwas filedwithErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSan DiegoCountyon:DECEMBER23,2022.ISSUEDATES:January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026814 FictitiousBusinessName(s)a.KEYTECHNOLOGYSOLUTIONSs. 1934REEDSTREET,SANDIEGO,CA92109Isregisteredbythe following:a.ANONAMOOLLCTThisbusinessisconductedby:ALIM- ITEDLIABILITYCOMPANYThefirstdayofbusinesswas:11/22/22 RegistrantName:a.ANONAMOOLLCTITLEofOfficer,ifLimited LiabilityCompany/CorporationTitleofSignorJONTURLEJ,CEO. ThestatementwasfiledwithErnestJ.Dronenburg,Jr.Recorder/ CountyClerkofSanDiegoCountyon:DECEMBER09,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9027427 FictitiousBusinessName(s)a.PARASAILPHOTOGRAPHYb.SD CARDMARKETc.SAMHOSKINGa.a.4654LOTIUSSTREET,SAN DIEGO,CA92107Isregisteredbythefollowing:a.DONNABUANG LLCThisbusinessisconductedby:ALIMITEDLIABILITYCOMPANY Thefirstdayofbusinesswas:N/ARegistrantName:a.DONNAB- UANGLLCTITLEofOfficer,ifLimitedLiabilityCompany/Corpora- tionTitleofSignorSAMHOSKING,MANAGER.Thestatementwas

filedwithErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSan DiegoCountyon:DECEMBER19,2022.ISSUEDATES:January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026948 FictitiousBusinessName(s)a.CLEANWAVESLAUNDRYa.860 GRANDAVENUE,SANDIEGO,CA92109Isregisteredbythefol- lowing:a.860GRANDAVENUE,LLCThisbusinessisconducted by:ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 06/24/2022 RegistrantName:a.860GRANDAVENUE,LLCTITLE ofOfficer,ifLimitedLiabilityCompany/CorporationTitleofSignor ETHANHARKLEOAD,MANAGER.ThestatementwasfiledwithEr- nestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCounty on:DECEMBER13,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026690 FictitiousBusinessName(s)a.MARATCHAVEZ,130-58CALLE PRIMERA,SANYSIDRO,CA92173Isregisteredbythefollow- ing:a.MFPANDAVENTURE(CA)LLCThisbusinessisconducted by:ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/3/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiego Countyon:DECEMBER8,,2022.ISSUEDATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026691 FictitiousBusinessName(s)a.VIEW,6650DORIANAST,SAN DIEGOCa92139Isregisteredbythefollowing:a.MFPANDAVENT- URE(CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITY COMPANYThefirstdayofbusinesswas:10/3/2022Registrant Name:a.MFPANDAVENTURE(CA)LLCTITLEofOfficer,ifLimited LiabilityCompany/CorporationTitleofSignorDEONDRACEPHUS, SECRETARY.ThestatementwasfiledwithErnestJ.Dronenburg, Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER8, ,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026692 FictitiousBusinessName(s)a.VALLEATCANYON,1624CAN- YONRD,SPRINGVALLEY,CA91977Isregisteredbythefollow- ing:a.MFPANDAVENTURE(CA)LLCThisbusinessisconducted by:ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/3/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiego Countyon:DECEMBER8,,2022.ISSUEDATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026693 FictitiousBusinessName(s)a.VISTA,14402NDAVENUE,CHULA VISTA,CA91911Isregisteredbythefollowing:a.MFPANDAVENT- URE(CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITY COMPANYThefirstdayofbusinesswas:10/3/2022Registrant Name:a.MFPANDAVENTURE(CA)LLCTITLEofOfficer,ifLimited LiabilityCompany/CorporationTitleofSignorDEONDRACEPHUS, SECRETARY.ThestatementwasfiledwithErnestJ.Dronenburg, Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER8, ,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026694 FictitiousBusinessName(s)a.MARATNATIONALCITY,2500B AVENUE,NATIONALCITY,CA91950Isregisteredbythefollow- ing:a.MFPANDAVENTURE(CA)LLCThisbusinessisconducted by:ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/3/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiego Countyon:DECEMBER8,,2022.ISSUEDATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026695 FictitiousBusinessName(s)a.MARATGROVE,1471GROVE AVENUE,IMPERIALBEACH,CA91932Isregisteredbythefollow-

ing:a.MFPANDAVENTURE(CA)LLCThisbusinessisconducted by:ALIMITEDLIABILITYCOMPANYThefirstdayofbusinesswas: 10/3/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLC TTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitleof SignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiego Countyon:DECEMBER8,,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026696 FictitiousBusinessName(s)a.MARATCOTTONWOOD,202-08 SANYSIDROBLVD,SANYSIDRO,CA92173Isregisteredbythe following:a.MFPANDAVENTURE(CA)LLCThisbusinessiscon- ductedby:ALIMITEDLIABILITYCOMPANYThefirstdayofbusiness was:10/3/2022RegistrantName:a.MFPANDAVENTURE(CA) LLCTITLEofOfficer,ifLimitedLiabilityCompany/CorporationTitle ofSignorDEONDRACEPHUS,SECRETARY.Thestatementwasfiled withErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSanDiego Countyon:DECEMBER8,,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022- 90266967 FictitiousBusinessName(s)a.MARATPRIMERA240- 246W.CALLEPRIMERA,SANYSIDRO,CA92173Isregisteredby thefollowing:a.MFPANDAVENTURE(CA)LLCThisbusinessis conductedby:ALIMITEDLIABILITYCOMPANYThefirstdayofbusi- nesswas:10/3/2022RegistrantName:a.MFPANDAVENTURE (CA)LLCTITLEofOfficer,ifLimitedLiabilityCompany/Corporation TitleofSignorDEONDRACEPHUS,SECRETARY.Thestatementwas filedwithErnestJ.Dronenburg,Jr.Recorder/CountyClerkofSan Diego Countyon:DECEMBER8,,2022.ISSUEDATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026956 FictitiousBusinessName(s)a.TERREATOAK,11814THST,RA- MONA,CA92065Isregisteredbythefollowing:a.MFPANDA VENTURE(CA)LLCThisbusinessisconductedby:ALIMITED LIABILITYCOMPANYThefirstdayofbusinesswas:10/3/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLCTITLEofOf- ficer,ifLimitedLiabilityCompany/CorporationTitleofSignorDE- ONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnest J.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon: DECEMBER13,,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026957 FictitiousBusinessName(s)a.ALTA,346JAMACHARD,ELCAJON, CA92019Isregisteredbythefollowing:a.MFPANDAVENT- URE(CA)LLCThisbusinessisconductedby:ALIMITEDLIABILITY COMPANYThefirstdayofbusinesswas:10/3/2022Registrant Name:a.MFPANDAVENTURE(CA)LLCTITLEofOfficer,ifLimited LiabilityCompany/CorporationTitleofSignorDEONDRACEPHUS, SECRETARY.ThestatementwasfiledwithErnestJ.Dronenburg, Jr.Recorder/CountyClerkofSanDiegoCountyon:DECEMBER13, ,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026958 FictitiousBusinessName(s)a.TERREATTRAILS,42516THST, RAMONA,CA92065Isregisteredbythefollowing:a.MFPAN- DAVENTURE(CA)LLCThisbusinessisconductedby:ALIMITED LIABILITYCOMPANYThefirstdayofbusinesswas:10/3/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLCTITLEofOf- ficer,ifLimitedLiabilityCompany/CorporationTitleofSignorDE- ONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnest J.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon: DECEMBER13,,2022.ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUSBUSINESSNAMESTATEMENTFILENO.2022-9026959 FictitiousBusinessName(s)a.TERREATPRESERVE,121NRAMO- NAST,RAMONA,CA92065Isregisteredbythefollowing:a.MF PANDAVENTURE(CA)LLCThisbusinessisconductedby:ALIMIT- EDLIABILITYCOMPANYThefirstdayofbusinesswas:10/3/2022 RegistrantName:a.MFPANDAVENTURE(CA)LLCTITLEofOfficer, ifLimitedLiabilityCompany/CorporationTitleofSignorDEONDRACEPHUS,SECRETARY.ThestatementwasfiledwithErnest J.Dronenburg,Jr.Recorder/CountyClerkofSanDiegoCountyon: DECEMBER13,,2022.ISSUE DATES: January 6, 13, 20 & 27

See LEGALS, Page 12



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SUDOKU PUZZLE

9							5		
			1		9				
		7			4		3		
	7				3				9
	1	6	7			2			
5	2								
		5					6		
							4	8	
		8	6		1				

CROSSWORD PUZZLE

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18								
19						20			21					
				22				23						
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29	30						31					32		33
34					35	36					37			
38					39						40			
	41		42						43	44				
			45					46						
		47	48				49					50	51	52
53							54				55	56		
57											58			
59							60				61			

- CLUES ACROSS**

 - 1. Not invited
 - 6. Whale ship captain
 - 10. One point south of southwest
 - 14. Small cavity in a rock
 - 15. Recidivists
 - 17. City of Angels hoopster
 - 19. A way to mark with one's signature
 - 20. OJ trial judge
 - 21. Rice cooked in broth
 - 22. One point east of due south
 - 23. One point east of southeast
- CLUES DOWN**

 - 1. Green and yellow citrus fruit
 - 2. A bright color
 - 3. Thicket
 - 4. Journalist Tarbell
 - 5. A place to work or relax
 - 6. Sharp mountain ridge
 - 7. Helicopter
 - 8. Mimic
 - 9. Suggests
 - 10. More musty
 - 11. Large, flightless rail
 - 12. Make beer
 - 13. Soviet Socialist Republic
- CLUES ACROSS**

 - 24. Complements an entree
 - 26. Grouped by twos
 - 29. Disfigure
 - 31. Woods
 - 32. Political action committee
 - 34. Longer of 2 bones in the forearm
 - 35. Kin groups
 - 37. Philippine Island
 - 38. Contrary to
 - 39. Bluish-gray fur
 - 40. Comprehend the written word
 - 41. Natural depressions
 - 43. Felines
- CLUES DOWN**

 - 16. People who can account for you
 - 18. Taunt
 - 22. South Dakota
 - 23. Cover the entirety of
 - 24. Kids' favorite visitor
 - 25. A way to save for retirement
 - 27. Fencing swords
 - 28. C. China mountain range
 - 29. Type of sandwich
 - 30. Team
 - 31. Paddle
 - 33. Partly digested food
 - 35. Most cagey
 - 36. Shoppers make one
 - 37. Cathode-ray tube
- CLUES ACROSS**

 - 45. Breathe noisily
 - 46. Taxi
 - 47. Pancake made from buckwheat flour
 - 49. Swiss river
 - 50. Foot (Latin)
 - 53. Have surgery
 - 57. Formal withdrawal
 - 58. Monetary units of Peru
 - 59. Greek war god
 - 60. 2,000 lbs.
 - 61. High points
- CLUES DOWN**

 - 39. Food supplies
 - 42. Backbones
 - 43. Concern
 - 44. Blood group
 - 46. Broadway songwriter Sammy
 - 47. Dutch colonist
 - 48. Full-grown pike fish
 - 49. Deity of a monotheistic cult
 - 50. Type of bread
 - 51. S. Nigerian people
 - 52. Scottish tax
 - 53. Young women's association
 - 54. Brazilian city
 - 55. Hide of a young animal
 - 56. Midway between N and NE

S	X	V	E	I		N	O	I	S	S	E	H	V	
S	I	L	N	I		N	O	I	S	S	E	O	E	S
E	J	I	N	K	E	H	L	E	E	O	N	O	O	G
S	E	E		H	V	V		I	N	I	L	E		
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d	V	E	H				H	I	V	A		L	N	B
n	B	E	O		S	K	N	V	L	O		V	N	n
c	V	L	S		S	K	V	O			H	N	V	S
			d	E	H	I	V	d		E	d	I	S	
			E	B	E	S								
M	V	I	L		O	L	I			K	N	I		
H	E	K	V	L	S	E	L	O	G	N	V	O	O	G
S	H	E	L	V	E	E	E			E	d	O	O	G
S	B	M	S		B	V	H	V		d	I	B	N	n

5	6	7	1	2	9	8	3	4
8	4	1	5	3	6	2	9	7
2	9	3	7	4	8	5	6	1
3	7	8	9	1	4	6	2	5
4	5	2	8	6	7	9	1	3
6	1	9	3	5	2	4	7	8
1	3	6	4	9	5	7	8	2
7	2	4	6	8	1	3	5	9
9	8	5	2	7	3	1	4	6

Torreys boys soccer: Finally putting it all together

By ED PIPER

You've hung together, a few guys have graduated, and the COVID restrictions are lessened. And finally, all the waiting and the hard work begin to pay off.

That's where the Country Day boys soccer team finds itself. As the second half kicked off at home in their opening league match against Classical Academy on Jan. 11, a rapid-attack approach designed by coach Corbin Prychun quickly transformed a 2-1 halftime into a 5-1 runaway with only 10 minutes transpired on the clock.

The Torreys employ a "structured-but-creative" offense that has the wingers playing high, the striker feeding the ball to multiple threats as players converge on the opponents' goal. It can happen quickly, and the results can bring satisfaction and subs who get to take part in the feasting to relieve the starters.

Says senior wing/captain Mark Holland: "Coach (Prychun) likes us to play (in a way) that gives us a lot of structure yet we have the freedom to be innovative and play in a creative way."

Holland, whose coach describes him as "He's physical, he's fast, he dribbles hard," said a key element has been Patrick Jette taking over goal duties after senior Alex Glynn graduated. "Patrick is playing

absolutely amazing, and is easily one of the best, if not the best, keepers in the Coastal Conference this year."

A breakout player, by Prychun's own assessment, is the opposite winger, Axel Nyman, another senior captain. "Axel is having a super year," says Corbin, who teaches AP European history and AP psychology on campus and who keeps an open door for team members. "He is playing every minute. He is scoring. He is doing great."

"I have really grown as a player in my confidence," says Axel, with the appropriate name for a wheel who keeps the engine propelling at high speed. "I've also been working on my passing and finishing to help my team in the final third."



Torrey forward Will Mirhashemi (17), a sophomore, moves the ball against Silas Tackaberry (11) and Marco Preciado (7) of Classical Academy in their game on Jan. 11. LJCDSD won, 5-1. PHOTO BY ED PIPER

players since I switched."

On the male front, he says, "It's a tough thing to be a guy these days. There are some issues they have to deal with." With that environment, Prychun said, "I have an open classroom. The players come by. There is a great vibe."

Timi Corcoran, says captain Holland, was recently moved as a center back. Benji Hua filled in for a teammate in the Classical Academy win. Both have been playing great, said Mark.

The trophy the Torreys won for winning the Parker Cup tournament on Dec. 8 sits in Prychun's classroom, Room 213. "We played Preuss in the final," the coach said. "The trophy sits in my classroom. It shows the boys what they can achieve together."

LEGALS

CONT. FROM PG. 11

CEPHUS, SECRETARY. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 13, 2022. ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9026960 Fictitious Business Name(s) a. TERRE AT THE RANCH, 511 14TH ST, RAMONA, CA 92065 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: ALIMITED LIABILITY COMPANY The first day of business was: 10/3/2022 Registrant Name: a. MF PANDA VENTURE (CA) LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRACEPHUS, SECRETARY. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 13, 2022. ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9026961 Fictitious Business Name(s) a. TERRE AT VINTAGE, 110 7TH ST, RAMONA, CA 92065 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: ALIMITED LIABILITY COMPANY The first day of business was: 10/3/2022 Registrant Name: a. MF PANDA VENTURE (CA) LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRACEPHUS, SECRETARY. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 13, 2022. ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9026962 Fictitious Business Name(s) a. TERRE AT CANYON, 1707 LA BREA ST, RAMONA, CA 92065 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: ALIMITED LIABILITY COMPANY The first day of business was: 10/3/2022 Registrant Name: a. MF PANDA VENTURE (CA) LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRACEPHUS, SECRETARY. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 13, 2022. ISSUE DATES: January 6, 13, 20 & 27

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9026963 Fictitious Business Name(s) a. TERRE AT CREEK, 1411 14TH ST, RAMONA, CA 92065 Is registered by the following: a. MF PANDA VENTURE (CA) LLC This business is conducted by: ALIMITED LIABILITY COMPANY The first day of business was: 10/3/2022 Registrant Name: a. MF PANDA VENTURE (CA) LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor DEONDRACEPHUS, SECRETARY. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 13, 2022. ISSUE DATES: January 6, 13, 20 & 27

ORDERTO SHOW CAUSE FOR CHANGE OF NAME: CASE NO. 37-2023-00000509-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: SUPERIOR COURT. TO ALL INTERESTED PERSONS: 1. Petitioner (name): SACUCNGOCLETRAN filed a petition with this court for a decree changing names as follows: Present name: a. SACUCNGOCLETRAN to Proposed name: CASEYNGOCLETRAN at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the hearing is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING: A. Date: 02/21/2023 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3a. A copy

of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: January 6, 2023. JUDGE OF THE SUPERIOR COURT MICHAEL SMYTH. ISSUE DATES: January 13, 20, 27 & FEBRUARY 03 ATTACHMENT TO ORDER TO SHOW CAUSE - Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATES SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the dates specified on the Order to Show Cause. If all requirements for a name change have been met as of the dates specified, and no timely written objection has been received (require at least two court days before the dates specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the dates specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTING TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATES SPECIFIED. Do not come to the court on the specified date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9027500 Fictitious Business Name(s) a. SOUNDRE, 4903 DAFTER PLACE, SAN DIEGO, CA 92102 Is registered by the following: a. MICHAEL STEVEN GOULET AS THIS business is conducted by: AN INDIVIDUAL The first day of business was: 12/20/22 Registrant Name: a. MICHAEL STEVEN GOULET AS TITLE of Officer, if Limited Liability Company/Corporation Title of Signor statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 20, 2022. ISSUE DATES: January 13, 20, 27 & FEBRUARY 03

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-900001 Fictitious Business Name(s) a. HANGAR 53 STUDIOS, 1336 MESQUITE DR, VISTA, CA 92083 Is registered by the following: a. HANGAR 53 STUDIOS, LLC This business is conducted by: ALIMITED LIABILITY COMPANY The first day of business was: N/A Registrant Name: a. HANGAR 53 STUDIOS, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor TRISTAN RINEHART, MEMBER statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: January 3, 2023. ISSUE DATES: January 13, 20, 27 & FEBRUARY 03

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9000481 Fictitious Business Name(s) a. QNAILS & SPA, 4603 MISSION BLVD, STE 102, SAN DIEGO, CA 92109 Is registered by the following: a. QNAILS & SPA, LLC This business is conducted by: ALIMITED LIABILITY COMPANY The first day of business was: 05/22/2022 Registrant Name: a. QNAILS & SPA, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor TERESA TRAMLE statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: January 9, 2023. ISSUE DATES: January 13, 20, 27 & FEBRUARY 03

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9028175 Fictitious Business Name(s) a. 92101 CONDO GURU, DOWNTOWN SAN DIEGO CONDO GURU, 1420 KETTNER BLVD, SUITE 100, SAN DIEGO, CA 92101 Is registered by the following: a. 92101 CONDO GURU, INC This business is conducted by: A CORPORATION The first day of business was: 01/01/2012 Registrant Name: a. 92101 CONDO GURU, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor GEORGE ALAN HAMRICK, PRESIDENT statement was filed with Ernest J.

Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 30, 2022. ISSUE DATES: January 13, 20, 27 & FEBRUARY 03

ORDERTO SHOW CAUSE FOR CHANGE OF NAME: CASE NO. 37-2023-00001578-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: SUPERIOR COURT. TO ALL INTERESTED PERSONS: 1. Petitioner (name): KHWAJAMI SALEMSAEED & TAMANNA SAEED filed a petition with this court for a decree changing names as follows: Present name: a. KHWAJABEH RAD SULA IMAN SAEED to Proposed name: SULA IMAN SAEED at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING: A. Date: 02/28/2023 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: January 13, 2023. JUDGE OF THE SUPERIOR COURT MICHAEL SMYTH. ISSUE DATES: January 20, 27, February 03 & 10 ATTACHMENT TO ORDER TO SHOW CAUSE - Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATES SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the dates specified on the Order to Show Cause. If all requirements for a name change have been met as of the dates specified, and no timely written objection has been received (require at least two court days before the dates specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the dates specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTING TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATES SPECIFIED. Do not come to the court on the specified date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9027645 Fictitious Business Name(s) a. WIGGLE BUTTS, 8963 VIA ANDAR, SAN DIEGO, CA 92122 Is registered by the following: a. PAMELA FINDLING This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. PAMELA FINDLING Title of Officer, if Limited Liability Company/Corporation Title of Signor statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 21, 2022. ISSUE DATES: January 20, 27, February 03 & 10

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2023-9000916 Fictitious Business Name(s) a. ELPEPPER LOCOTHE CRAZY PEPPER, 2754 CALHOUN STREET, SAN DIEGO, CA 92110 Is registered by the following: a. CUSTOM MOMM MODITY, LLC This business is conducted by: ALIMITED LIABILITY COMPANY The first day of business was: 06/15/2022 Registrant Name: a. CUSTOM MOMM MODITY, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 13, 2023. ISSUE DATES: January 20, 27, February 03 & 10



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COMPASS

Bucs stay hot with win over San Diego Cavers

By HECTOR TRUJILLO

Mission Bay improved its record to 15-5 after a dramatic 62-60 road victory over San Diego High on Jan. 13 in what has turned out to be an even better start than last season when the Bucs went 14-6 after the first 20 games. The third and fourth quarters turned into a back-and-forth affair after an evenly played first half with Mission Bay closing it out at the end by holding back a late run from the Cavers.

"It's been a good season and we have a good group of guys who like each other," said Mission Bay head coach Marshawn Cherry. "I like how everyone steps up and contributes and our goal is to get 20 wins."

In order to get those 20 victories, the Bucs have to win five of their eight remaining regular season matches, five of which are at home and all but one is a non-league game.

"The other goal is to be a top-four seed in the Open Division so we get a home game," Cherry added.

Mission Bay is in this position after an impressive start to the season where it won five of its first six games. After a home loss to Carlsbad, the Bucs bounced back and went on a six-game winning streak that included defeating Carlsbad 55-52 on Dec. 23. Since then, Mission Bay has won four of their last seven matches and is currently riding a three-game undefeated streak.

Mission Bay closes out the regular season at St. Augustine on Feb. 10. The last time St. Augustine and Mission Bay faced each other was in the quarterfinal round of the 2022 CIF playoffs where the Bucs fell 84-43 after finishing the season with a 19-8 record. Mission Bay hopes to end this season as it did in 2018 when the team was crowned CIF San Diego Open Division champions.



Mission Bay junior Charlie Hutchison dunks against Archbishop Alter.

PHOTO BY STEVE SIDELL

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Midnight Magic at annual Bridal Bazaar



Fashion Files
Diana Cavagnaro

The Bridal Bazaar was presented on Jan. 15 at the San Diego Convention Center. This event had vendors in every aspect of the wedding, which made it non-stop shopping for any couple considering tying the knot. There were caterers, musicians, wedding planners, floral designers, photographers, and videographers.

For those who were planning a honeymoon, there were booths with information and for those who were interested in home buying, there were many real estate companies there to help. The most important part of a wedding is the fashion gowns and tuxes. During the event, there were two fashion shows demonstrating all the latest trends and fashions for weddings.

The runway show began with Jason Brown playing smooth jazz on his saxophone. He is an amazing artist and wowed the audience with his music. The fashion show was produced by Gretchen Productions, which marries dance, theater, and fashion for a unique experience. The audience was entertained by singing, dancing, and the latest bridal fashions.

The theme for this show was “Midnight Magic” and began with designs from Freedom Brides and Men’s Wearhouse. The first gown to step on the runway was a beautiful red gown by Freedom Brides.



Red bridesmaid gown by Freedom Brides.

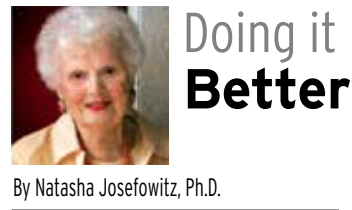


Brides of San Diego.
PHOTOS BY DIANA CAVAGNARO



Brides of San Diego.

A recent stay in a local hospital overwhelmed and understaffed



Doing it Better
By Natasha Josefowitz, Ph.D.

Just before the holidays, I was looking for some ideas for my next column when I started feeling unusually tired. A blood draw at the clinic showed an unexpected loss of 40 percent of my hemoglobin requiring a trip to the ER. Now, I had my topic for my column. It is not always good to get what one wishes for, so here is my column about going to the hospital amid a surge in RSV in children, the flu, and new COVID variant cases.

The ambulance picked me up and took me to UCSD Thornton Hospital with my secretary Brianna riding along. We arrived at the ER at 3:30 p.m. My gurney was wheeled into the hallway where I remained for several hours until I was transferred to a bed while remaining in the hallway. The ER waiting room was occupied by 20 people, some of who had been waiting for up to six hours to be seen. The hallway was like Grand Central Station. The doors were continually opening for incoming gurneys, enveloping patients with gusts of wind. The traffic was never-ending, with shift changes and incoming patients. I was given blankets to keep me from freezing.

Dr. Elaine Sapiro came to examine me in the middle of this traffic-ridden hallway. I had my blood drawn again, as well as an EKG done — all in the hallway. As there was no food available, Brianna went to the cafeteria to pick up a couple of quesadillas. At 9 that night, I finally got a “room” — a cubicle with curtain dividers, a bed, a chair, and a sink. Being separated by only a curtain for privacy, I was privy to my neighbor’s recitations of her various medical problems.

Eventually, I was told I needed a colonoscopy and an endoscopy the next day, with an uncertain schedule as to when these could be performed. Brianna decided to spend the night with me, not wanting me to stay alone in this precariously unsettling environment. Her sleeping arrangement was a small plastic chair. She asked her husband to bring her a change of clothes and a blanket. We both settled in for an uneasy sleep. In the middle of the night, I woke up and found Brianna trying to sleep on the floor as the plastic chair didn’t cut it.

It seemed that every few minutes — as soon as I would fall asleep — a nurse would come in to check my blood pressure. The next morning, I was told that I was scheduled for both my colonoscopy and endoscopy at 4 p.m. I asked whether I could have both performed at the same time, as I would only need one dose of anesthesia for both procedures. This was agreed upon.

At 11 a.m. a nurse brought in a gallon of a liquid consisting of a MiraLax solution that I needed to drink in order to prep for my colonoscopy. Brianna poured me an eight-ounce glass every 10 minutes. Since the cubicle had no bathroom, a small portable toilet was placed next to my bed. After four hours, I had almost finished my first gallon, when my colon was declared sufficiently cleared. I was then wheeled to an operating room.

The endoscopy was to be performed by Mark Kowalczyk, a first-year fellow. I asked him if this was going to be his first endoscopy; he assured me he had done the procedures many times before. I was given intravenous anesthesia; 45 minutes later I woke up with both procedures having been successfully completed. Mark told me that the source of my internal bleeding had not been found.

Next, Brianna and I were taken to a room where we located all our belongings taken from our ER cubicle. I would be discharged that night. As Brianna gathered our things, I realized that the charger for my hearing aids was missing. Panic ensued. I have severe hearing loss; without my hearing aids I’m just about deaf. I begged every nurse I saw to go look for my charger. Eventually, someone found it — imagine my relief! I was impressed that while inundated and overwhelmed with patients, all the doctors, nurses, and technicians — even though they were understaffed and exhausted — were caring, compassionate, and helpful.

We called the limo service who took us back to White Sands. Brianna had phoned the clinic to order some food for me as I had not eaten in over 24 hours. A wheelchair was waiting for me. I can’t remember a time I appreciated my own bed more than I did that night. I am forever grateful to Brianna for staying by my side and to all the UCSD staff for their help throughout a most trying experience!

Natasha Josefowitz is the author of 21 books. She currently resides at The White Sands La Jolla Retirement Community in La Jolla. Copyright © 2023. Natasha Josefowitz. All rights reserved.

This revealed how bold colors are trending in bridesmaid dresses. The runway also showed different shades of blue, and even one segment with black dresses as popular bridesmaid dresses.

Little Kid’s Wear brought “oohs” and “ahhs” from the audience with their darling clothes for boys and girls. Brides of San Diego showed gorgeous tulle dresses and body-fitting mermaid gowns. Natty Bella Couture presented stunning gowns with beaded lace. David’s Bridal presented sparkling beaded gowns with sequins. Friar Tux showed a variety of tuxedos in many colors including boys and men.

The finale was a showstopper with the lavish gowns from Brides of San Diego and was topped off with J Lewis Bridal Accessories. The models threw rice sachets into the



Little Kids's wear.

UPCOMING EVENTS
Saturday, March 18 – Fashion show for the Soroptimist International of San Diego at the Sheraton San Diego Hotel & Marina. The afternoon also features the “Live Your Dream” awards. For info: 619-670 334-5500.

Diana Cavagnaro is an internationally renowned Couture Milliner based in the San Diego area. Learn more about our hat designer, teacher, and blogger at DianaCavagnaro.com.

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LIVE FROM SAN DIEGO – Music performances on the coast this week



SPOTLIGHT

Acclaimed Gypsy jazz composer/guitarist Stéphane Wrembel (above) returns to Dizzy's for a concert on Jan. 26. Touring in advance of his upcoming album, "Django New Orleans," out May 5, Wremble specializes in the style of iconic guitarist Django Reinhardt. His incredible fretwork can be heard in such films as "Vicki Cristina Barcelona," and "Midnight In Paris," or across his 16 albums to date. However, where the magic really happens is onstage, and Wrembel is truly a marvel. Backed by Josh Kaye (guitar), Ari Folman-Cohen (bass), Nick Anderson (drums), and Daisy Castro (violin), his

playing is mesmerizing, as he seemingly effortlessly produces thrilling guitar runs and chord patterns that will impress start to finish. While this is a jazz show to be sure, music fans across the board will love every second of Wremble's performance.

Stéphane Wrembel: Thursday, Jan. 26 at Dizzy's, 1717 Morena Blvd. 8 p.m. \$25. dizzysjazz.com.

RECOMMENDED

San Diego's legion of Grateful Dead fans won't want to miss an appearance by tribute band, Easy Wind, who stop in at Beaumont's on Jan. 20. This isn't a costumed tribute, instead Easy Wind concentrates on the music's grooves.

The seven-piece combo includes both male and female vocals, with the latter by Rosy Dawn Selwitz, a noted performer in her own right. Easy Wind specializes in the Dead's 1970s output, making them the ideal band for die hard fans or newcomers wanting to hear what are arguably some of the era's greatest rock songs.

Easy Wind: Saturday, Jan. 20 at Beaumont's Eatery, 5662 La Jolla Blvd. 9 p.m. \$10. beaumontseattery.com.

On Jan. 23, two giants of the jazz world, pianists Joshua White and Mike Wofford, perform as part of the Athenaeum's free Monday lunchtime concert series. Each is a star in his own right. White's amazing lyrical playing has made him an up-and-coming headliner in his own right, one of the best improvisational musicians going today. Meanwhile, Wofford is a long-established legend, having played with a long line of jazz greats (Sarah Vaughn, Ella Fitzgerald) and pop superstars (John Lennon, The Jackson 5).

If you're a fan of jazz or spectacular piano playing, this is an event you won't want to miss.

Joshua White and Mike Wofford: Monday, Jan. 23 at the Athenaeum Music & Arts Library, 1008 Wall St. Noon. Free. ljahthe-naeum.org.

One of the great things about The Conrad Prebys Performing Arts Center is its dedication to programming for younger listeners. On Jan. 28, the venue presents 123 Andres for two shows featuring Latin GRAMMY Award-winning husband and wife team, Andres and Cristina. This is a fun, interactive event with music from throughout Latin America, perfect for kids through sixth grade, featuring an immersive mix of singing and dancing. A great way to get kids involved in the arts, even jaded parents will find much to enjoy in 123 Andres rhythmic sounds and lyrical play.

123 Andrés: Saturday, Jan. 28 at The JAI at The Conrad Prebys Performing Arts Center, 7600 Fay Ave. 10 a.m. and 11:30 a.m. \$15 - \$25. theconrad.org.

Mission Bay High School's music department holds its annual music fundraiser concert on Jan. 29 at Deft Brewing in Bay Park. If you've noticed what a vibrant music scene San Diego has, it can be at least partially attributed to programs like MBHS', which turns out a wonderful batch of young musicians each year. This afternoon event will feature all the school's jazz groups, including the Mambo Orchestra, Swing Choir, and Preservationists, as

well as their Chamber Orchestra, Concert Choir and a special MBHS Alumni All-Star Band. This event is a great way to check out the newest jazz talent while helping the very programs that fuel San Diego's music community.

MBHS Music Fundraiser Concert: Sunday, Jan. 29 at Deft Brewing, 5328 Banks St. Noon to 6 p.m. \$10 - \$20. missionbaymusic.com/mbhs-music-events/2023/1/29/mbhs-music-fundraiser-concert.

There are plenty of blues musicians in town, but no one comes close to Robin Henkel, who performs at Humphrey's Backstage Live on Jan. 30. One of the areas top players over the past four decades, Henkel is adept at numerous blues sub-genres, particularly acoustic styles. As great of a guitarist as Henkel is, what really puts him over the top is his story telling and especially his manic performing style. When Henkel is in full flight, he's a wonder to watch, lost in the passion of the music he's making. One of San Diego's true musical treasures, blues fans should make it a priority to see Henkel in concert.

Robin Henkel: Monday, Jan. 30 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 6 p.m. \$5. humphreysbackstage-live.com.

Hollywood in La Jolla: From murder mysteries to sci-fi and more

By JILL ALEXANDER

Besides its beautiful beaches, and many historic buildings, La Jolla has been home to backdrops and locations for various movies, TV shows, and more. From science fiction films like "Gattaca" to murder-themed TV shows including "Silk Stalkings," "Veronica Mars," and "Terriers," La Jolla has many attributes such as its ocean and, coastline views, mountains, and desert scenery.

According to Professor Eric Pierson, who teaches communications at UC San Diego, La Jolla makes for a great place to film for all sorts of reasons. "I think La Jolla's ability to transition into a place that you don't necessarily know right away is one of its many advantages."

For example, he cited the 1997 film "Gattaca" about a genetically inferior man who assumes the identity of a superior one to pursue his lifelong dream of space travel ... it also tells the story of two competitive brothers and how far they can swim.

"It is an interesting way to focus on the power of the sea vs. being overshadowed by where you are," Pierson said.

"The film shows the geography of the state like its rocks, and waves ... that's where the La Jolla shores come in and what makes the film appealing," he said. "... It's not Malibu, which



is a very specific kind of location that viewers typically can make out immediately. I think in this case La Jolla is more adaptable to the need of this film."

Pierson added if a filmmaker wants to reflect on a high-end coastal community, La Jolla also allows and provides for that need.

LIKE A CHAMELEON

Another reason La Jolla has been an inspiration and option for many a filmmaker as well as TV producers, is the feeling of the sense of California overall vs. just Los Angeles.

"When people think of California, they automatically

think of LA," he said. "But when you use La Jolla, you get a different feel and view of the state. I think not just La Jolla but San Diego, in general, is a wonderful place to shoot a film or TV show. I am surprised that there isn't much more filming done here as La Jolla offers the amenities of LA but not the difficulties of LA since it is so condensed."

Pierson said "Veronica Mars" was indeed filmed in the area starring Kristen Bell, Jason Dohring, and Percy Daggs III. Mars, 17, is an amateur private investigator who attempts to solve mysteries in an affluent, fictional town named Neptune.

Also, the TV crime drama series "Silk Stalkings" was "almost exclusively shot in La Jolla," Pierson said.

Some of the other films and TV shows that have used La Jolla as a location include "The Cell," about an "F.B.I. agent that persuades a social worker, who is adept with new experimental technology, to enter the mind of a comatose serial killer to learn where he has hidden his latest kidnapping victim."

Also, in "Thor," some scenes were filmed in La Jolla, according to various sites including IMDb and here.

And one blog states the home of one of the characters in "Bring It On" was also filmed in La Jolla.

EARLY DAYS

The La Jolla Cinema League were early pioneers who did

much filming in and around La Jolla, according to the San Diego History Center's website.

"The La Jolla Cinema League, founded in 1926, attempted to promote motion picture productions by groups not associated with large commercial studios.

"It produced five to 10 melodramas and newsreels ranging in length between five and 74 minutes. These were photographed by P.H. Adams, directed by R.G.S. Berger (who owned the house where many productions were filmed), and starred as a troupe of actors related to Adams or Berger.

"... The sets were realistic and of historic importance, because they showed early 20th-century architecture in La Jolla including the Casa de Manana, a historic hotel."

The movies included "Consuelo di Capri," "the first production of the League, about thugs trying to wrestle the deed to valuable property away from an old man by kidnapping his daughter."

In "Avarice" an "unsympathetic miser acts miserly and ends up locking himself in his safe."

"Virtue's Reward" or "Blood for Bond" is about a weekend party that is disturbed when bad people try to steal bonds from good people.

Let's not forget about "The Stunt Man" from 1980, however, 60 years before actor Peter O'Toole acted in "The Stunt Man", Hollywood's original

stuntman, Douglas Fairbanks Sr., was scaling the cliffs of La Jolla in films.

Also, San Diego County History Center says: "In search of a location more tropical than Chicago in winter, the Selig Polyscope Cos.' Francis Boggs and Thomas Persons ... "stumbled off a train in Los Angeles in 1907 intent on completing the first movie version of "The Count of Monte Cristo."

"After some shooting behind a laundry in downtown Los Angeles, the troupe traveled down to La Jolla. According to the historian Terry Ramsaye's rather whimsical view, "Persons fitted the hypnotist with a white wig and then a great La Jolla wave tossed him in the ocean. Boggs and Pearson jumped in the water to save the wig and later the hypnotist. From all appearances, the La Jolla segment of the first feature film made in California was filmed near the La Jolla Cave's 'White Lady' rock sculpture."

MORE FUN

Also, some aviation films with romantic triangles were filmed at the Naval Air Station at North Island such as "Devil Dogs of the Air" with James Cagney and Pat O'Brien. The men get tangled up with each other, a waitress at a diner, and a mock invasion of Black's Beach in La Jolla.

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