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SAN DIEGO COMMUNITY NEWSPAPER GROUP

FRIDAY, JULY 8, 2022

sdnews.com

## THIS WEEK



**The Social Diary:  
Zoo Wild for Animals**

SEE PAGE 8



**La Jolla merchants  
partner with Lion King**

SEE PAGE 6



**Tom House pitches  
a new app for athletes**

SEE PAGE 8



Bird Rock's 43rd annual Beaumont Avenue Fourth of July Parade had a timely 'Top Gun' theme this year, as this Maverick-inspired float depicts. The neighborhood parade, which was well-attended with a festive atmosphere, started at the corner of Camino de la Costa and Beaumont Avenue and ended at Mira Monte. PHOTO BY DON BALCH

## New restaurant to open in former Piano Building

By DAVE SCHWAB

**R**edevlopment of a new restaurant/retail space in the former Piano Building in the heart of Bird Rock is well underway with completion expected later this summer.

The wrap-around property at 5680 La Jolla Blvd. on the corner of Bird Rock Avenue was previously inhabited by a piano store and by A Better Deal Tuxedos & Shirts. The building was acquired by residents Eric and Zoe Kleinbub, who enlisted La Jolla architect AJ Remen to redesign the building to accommodate a restaurant with significant outdoor seating. Remen

presented to Bird Rock Community Council, which approved the project's redevelopment plans earlier this year.

The new restaurant, to be named Paradisaea, will feature contemporary California cuisine including locally sourced seafood and handmade pasta. Its menu will have a signature hamburger along with selected ice creams.

"We've fine-tuned the design and are looking to remove a lot of the concrete sidewalk running the full length of Bird Rock Avenue, that currently does not meet municipal code access requirements, and turn that into a planter strip," architect Remen told Bird Rock

Community Council. "We want to soften the curbs a little and also provide a wider pathway. We want to provide outdoor dining along La Jolla Boulevard like other restaurants, such as Beaumonts, have taken advantage of."

"The proposal is to take out a lot of the plantings and replace it with hardscape, which would accommodate outside dining?" asked Bird Rock Community Council president John Newsam.

"We're trying to add as much green space as we can along Bird Rock Avenue," replied Remen.

See PIANO, Page 6

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# San Diego's updated Climate Action Plan heads to City Council

By DAVE SCHWAB

The San Diego City Council Environment Committee on June 30 unanimously endorsed Mayor Todd Gloria's update of the City's Climate Action Plan.

The update formalizes the City's goal of achieving 100% renewable energy by 2030, and net-zero emissions by 2035 while reinforcing the City's standing as a national climate leader. The CAP update will now be voted on by the full City Council in late July.

One hundred percent renewable energy means getting all energy from renewable resources – sunlight, wind, rain, tides, waves, and geothermal heat – to be used for electricity, heating, cooling, and transport.

Net-zero applies to a situation where global greenhouse gas emissions from human activity are in

balance with emissions reductions. At net zero, carbon dioxide emissions are still generated, but an equal amount of carbon dioxide is removed from the atmosphere as it is released into it, resulting in a zero increase in net emissions.

"San Diego is at a crossroads," said Gloria in his introduction to the CAP update. "We can and must make the choices and investments necessary to embrace the growing clean-energy economy, provide equitable access to clean mobility, deliver healthy built and natural environments, and protect our residents from the growing threats of climate change. Since 2020, we have heard from more than 3,800 residents about your hopes, needs, and frustrations. Establishing a net-zero GHG emissions target by 2035 means eliminating fossil-fuel emissions from most day-to-day activities in a little more than a

decade.

"This CAP guides our collective efforts to build a better future together," continued Gloria. "It won't be easy. This is an ambitious plan. But the financial cost and human consequences of inaction are almost unimaginable. The CAP is our strategy to create a City with more efficient buildings and healthier lifestyles, good-paying green jobs, and more resilient communities. Achieving net-zero emissions will improve the air we breathe, the communities we live in, and our overall quality of life."

Adopting the updated CAP builds on the landmark plan adopted by the City in 2015, and advances goals around de-carbonizing the City's built infrastructure. This transition away from fossil fuels is to be supported by the implementation of strategic initiatives including building electrification, electric vehicle infrastructure, renewable energy, mobility upgrades, and zero waste goals.

"Achieving CAP's ambitious goals will produce a sustainable future for San Diegans and remain a model for the country," said District 1 Councilmember Joe LaCava, chair of the City Council's Environment Committee. "Climate



One of the San Diego Metropolitan Transit System's battery-electric buses. COURTESY PHOTO

action cannot wait. This updated CAP is the start. I look forward to the implementation plan and a budget to inform the Council's priorities and funding decisions.

I appreciate the mayor's and staff's commitment to carrying out this work and aggressively tackling the climate crisis."

Initially, the Climate Action Campaign, a group whose mission is to stop the climate crisis through effective policy action, opposed the City's updated CAP plan to cut greenhouse gasses because it lacked a clear timeline and costs for

implementation.

But Nicole Capretz, founder/CEO of CAC, who helped write the City's 2015 CAP, now supports the City moving forward with a new updated plan, even without a hard deadline and fixed goals. "Given the City's failure to implement the first CAP, we are focused on getting firm commitments to fund and identify associated costs for the new updated plan," Capretz said adding, "Planning is good, doing is better."

The City's updated CAP can be viewed at [climate-action-plan-updated-draft.pdf](https://climate-action-plan-updated-draft.pdf) ([sandiego.gov](https://sandiego.gov)).



## Ceramics and Art Camp for Kids

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Studio 6: 619-236-8997

For more information:

Elizabeth Woolrych (Studio 6)

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[ewoolrych@hotmail.com](mailto:ewoolrych@hotmail.com)

## Your in Good Hands at Claytime Ceramics Camp

Claytime Camps are hosted by the owner of 20 years, Caroline Anthony. Caroline practiced law in California and Massachusetts. She also has a masters in education and is a professional ceramic artist. The camps are held in her beautiful and unique studio surrounded by art in the mediums of mosaic, clay, sculpting and canvass. The camp also features outdoor activities including trips to the beach.

Camp registrations are online.

Go to [claytimeceramics.com](http://claytimeceramics.com)

By DAVE SCHWAB

Reaction is pouring in from all quarters to the U.S. Supreme Court's recent overturning of Roe v. Wade which, since 1973, had protected a woman's right to choose to have an abortion without excessive government restriction.

The Supreme Court on June 24 officially ruled 5-4 against Roe v. Wade, which effectively ended recognition of a constitutional right to abortion. The ruling now gives individual states the power to allow, limit, or ban the practice altogether.

The California state legislature responded quickly. The state Assembly, just three days after Roe v. Wade was overturned, passed SCA 10, a constitutional amendment to make explicit the fundamental constitutional right to abortion and contraceptives in a 58-16 vote. The bill, jointly authored by Senate President pro-Tempore Toni G. Atkins (D-San Diego) and Assembly Speaker Anthony Rendon (D-Lakewood), was co-authored by a large coalition of Democratic legislators.

"Abortion is health care, and should be a private discussion between a patient and their health care provider," said Atkins. "When politicians and judges force themselves into that room, safety goes out the window."

"Friday was a dark day. Today, we provide a ray of hope by

enabling voters to enshrine reproductive rights in our constitution, reflecting California's values and protecting all who need an abortion, contraceptives, and other reproductive care in our state."

Voting to overturn Roe were justices Clarence Thomas, Neil M. Gorsuch, Brett Kavanaugh, Samuel A. Alito, Jr., and Amy Coney Barrett. Voting to uphold Roe were Chief Justice John G. Roberts, Jr. along with justices Stephen G. Breyer, Sonia Sotomayor, and Elena Kagan.

"I'm deeply disappointed with the Supreme Court ruling taking away women's right to choose," said District 2 Councilmember Dr. Jennifer Campbell. "As a physician, I know that this decision will cost women their lives. It is not possible to ban abortions; they are only banning access to safe abortions."

"We will continue to ensure that San Diego is a safe place for women to make their own healthcare decisions, including regarding abortion. And I'm leading the way for San Diego to support the California State constitutional amendment enshrining reproductive rights into law in our state."

Thirteen states had "trigger bans" designed to take effect as soon as Roe was overturned and are expected to ban abortion immediately or within 30 days. A total of 26 states are certain, or likely, to attempt to ban abortion immediately, according to the Guttmacher Institute, a research and policy organization



Senate President pro-Tempore Toni G. Atkins COURTESY PHOTO

committed to advancing sexual and reproductive health and rights worldwide.

The ruling came in the SCOTUS's opinion in Dobbs v. Jackson Women's Health Organization, which centered on a Mississippi law that banned abortion after 15 weeks of pregnancy. The Republican-led state of Mississippi asked the Supreme Court to strike down a lower court ruling that stopped the 15-week abortion ban from taking place.

"We end this opinion where we began. Abortion presents a profound moral question. The Constitution does not prohibit the citizens of each State from regulating or prohibiting abortion. Roe and Casey arrogated that authority."

READ MORE ONLINE AT [sdnews.com](https://sdnews.com)

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# Residents and civic groups react to Roe v. Wade being overturned

By DAVE SCHWAB

Coastal residents and civic groups spoke out on the Supreme Court overturning Roe v. Wade.

"Any society, group, or agency that wants to prohibit abortion should 'first' legislate the means and money to care for babies whose mothers 'cannot raise them' for any reason," reacted Phyllis Minick of La Jolla.

"It's such a deeply personal and difficult decision but, ultimately, I think the Supreme Court's reversal of Roe v. Wade violates a basic human right to have complete control over one's body," said Susan Crowers of Pacific Beach. "Everyone is entitled to their opinion about abortion, but those opinions or beliefs should not be legislated to eliminate the 'choice.' I can no more imagine forcing a woman to endure pregnancy and delivery against her will, than forcing a pregnant woman to have an abortion against her will."

Pacific Beach social activist Caryn Blanton of nonprofit Shoreline Community Services aiding the unsheltered, was disappointed but hopeful about the future following the court's decision.

"We (women) are a part of history," Blanton said. "Others fought and came through abolitionism, The Great Depression, WWII, The Civil Rights Movement. We will fight and come through this 'Great Unraveling.'"

Melinda Merryweather of La Jolla believes Roe v. Wade's reversal creates inequity among the sexes. "Women are not livestock," she said. "Women will die. Why should my brothers have more rights than me?"

Judy Adams Halter of La Jolla said she was "disheartened that a small minority of people are changing constitutional rights for women that are half of our population and that this small group of people is also changing precedent that two-thirds of our nation agrees with. Our system is broken and needs to be more representative with term limits for supreme



PHOTO BY LORIE SHAULL/WIKIMEDIA COMMONS

court justices as well as for our legislators.

"My hope is that our young people, especially millennials, will vote in more representative leaders of our nation in the upcoming midterms. Our legislators need to represent our population. We also need to discard the Electoral College and allow for more Senate representation for more populated states. California only holds two Senate seats for 40 million people and a state like Montana with just 1 million people also has two Senators. Is that representative? Is that a democracy?" Halter said.

"It is amazing to me that 49 years of law have been overturned, something that my mother and I fought hard to get," said Janie Emerson of La Jolla Shores. "Also, what happened to the separation of church and state?"

Two local nurses weighed in on the SCOTUS decision.

"I respect each individual's choice," said retired Navy nurse Ellen Citrano of Pacific Beach. "That being said, choice is the key word. We have just stepped back into the barbaric times when regardless of how they became pregnant, they now have to seek dangerous and life-endangering procedures. Girls and women will die needlessly because of a handful of out-of-touch, lying white elitists."

"As a health care professional I am keenly aware of my licensure qualifications for practicing medicine," said Camilla Bicknell RNC,

WHNP, of Point Loma. "I am amazed that SCOTUS, without a medical degree or license, has made a medical decision regarding abortion. They are attempting to practice medicine 'without' a license (which is illegal). They do not have the qualifications to determine when, why, how, or where abortion should be performed. We don't live in a perfect world. If we did, abortion would not be necessary."

Ashlea Vedder of Point Loma, a 25-year-old political science grad from University of California, Santa Barbara, weighed in on Roe's reversal.

"This decision is so blatantly not about life and it's all about controlling women and creating more economic and social disparity," Vedder said. "Healthcare experts have said that abortion access is a healthcare necessity and that in certain situations people will die if they cannot receive an abortion. People get pregnant at all ages – some while they are still children. So this cannot be about protecting the lives of children."

"Right now, we already have some of the highest rates of maternal mortality out of any developed country, not to mention we have a national shortage of baby formula. We have no federal-paid paternity leave. No affordable childcare services. We shouldn't have to justify this over and over. It is not acceptable to allow states, governments, and religion to interfere with the personal decisions we make about our bodies," Vedder said.

"I'm mad as hell," said Susan Winkie of Ocean Beach. "The data speaks for itself: the vast majority of this country believes the decision to overturn Roe v. Wade was wrong and based on politics as opposed to the law. This decision by the court has wiped out decades of progress that allowed women to have equal opportunities in this country. It has basically undermined women giving the government power over our bodies and what we do with them. As a result, we effectively become second-class citizens."

READ MORE ONLINE AT [sdnews.com](https://sdnews.com)

# Planned Parenthood in PB offers reproductive health care services



Planned Parenthood of the Pacific Southwest serves San Diego, Riverside, and Imperial counties. COURTESY PHOTO

By DAVE SCHWAB

Despite Roe v. Wade being overturned, nonprofit Planned Parenthood of the Pacific Southwest serving San Diego, Riverside, and Imperial counties assures women that abortion services remain legal and attainable.

"Our mission is to ensure broad public access to sexual and reproductive health care through direct service, education, and advocacy," said Sandra Duran, Planned Parenthood's director of communication.

Duran said there has been a recent influx of women from outside California seeking abortion services.

"We are definitely already seeing an increase in out-of-state patients, primarily from Arizona, seeking abortion care at Planned Parenthood of the Pacific Southwest," said Duran. "Overall there has been a 77% increase in the number of abortion appointments booked from the week before the SCOTUS ruling to this week. The biggest increase is from patients coming from Arizona (1,246% increase)."

"Although we knew the decision announced by the Supreme Court was likely, to say we are extremely disappointed does not begin to encompass the deep worry we feel," said Darrah DiGiorgio Johnson, president and CEO of Planned Parenthood Action Fund of the Pacific Southwest. "It is expected that over half of all states across the country will severely restrict or ban abortion entirely, including 13 states that will likely enact abortion trigger laws immediately. We share in our communities' and patients' sadness, anger, and fear about what this means for the short-term, and for generations to come."

"This dangerous and chilling decision will force people to flee their state to access basic, critical care, while those who cannot afford to travel for health care will have to face unbelievable choices and may end up being forced to carry pregnancies against their will," continued Planned Parenthood's statement. "And as we know, barriers to accessing care will only increase for people of color, people with low incomes,

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**Contact:** Make an appointment for an abortion at one of 19 health centers in Imperial, Riverside, and San Diego counties by calling 1-888-743-7526. You can also book an appointment online.

**Need help with travel costs?** After making your appointment the contact center representative will connect you to a care coordinator to assist with travel accommodations.

**Find a provider** – Anyone who needs abortion care should go to [abortionfinder.org](https://abortionfinder.org) to find their nearest provider.

**Volunteer with Planned Parenthood of the Pacific Southwest:** Accepting online volunteer applications and have many more opportunities at [planned.org/getinvolved](https://planned.org/getinvolved). To receive information about upcoming Planned Parenthood events, news, abortion rights, reproductive health care, and more at [planned.org/carematters](https://planned.org/carematters).

**How to help?** Donate. The Abortion Access Fund provides free or reduced-cost abortion services for thousands of patients each year. Your contribution will help to ensure that no patient is turned away due to an inability to pay.

immigrants, and LGBTQ+ people.

"It is important to note that abortion is still safe, legal, and protected in the state of California and that all patients, regardless of where they may be traveling from, will be able to access abortion care at Planned Parenthood of the Pacific Southwest.

"Today, we are facing another difficult moment, but we are not backing down – not now, not ever. As always, we stand with abortion providers everywhere, with supporters, and with all who will keep fighting until all people can be free to decide if and when to start a family."

READ MORE ONLINE AT [sdnews.com](https://sdnews.com)

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# The Most Wuthering Heights Day Ever coming to Pacific Beach on July 30

By DAVE SCHWAB

Do you like literature, the library, and dancing at live events? Now you can have all three wrapped into one at The Most Wuthering Heights Day Ever at Pacific Beach/Taylor Branch Library on Saturday, July 30.

The library at 4275 Cass St. will hold San Diego's edition of The Most Wuthering Heights Day Ever in the library's park starting at noon. Described as a flash mob/ community dance, the event has taken place internationally every July since 2013. San Diego is one of only five locations hosting an event in the United States in 2022, and the only one on the West Coast.

"Whether you are more a fan of Emily Bronte's classic 1847 novel 'Wuthering Heights' or Kate Bush's 1978 song adaptation, we invite you to express your inner Cathy at The Most Wuthering Heights Day Ever," said PB library manager Christina Wainwright, who has designed dance costumes, especially for the event.

"Don a red dress and dance to Kate Bush's 'Wuthering Heights' in the Pacific Beach Library's park, using the moves that Kate Bush immortalized in her music video. Afterward, we invite you to hang out in our park. We'll spin some tunes and you can bring picnic supplies."

The Most Wuthering Heights Day Ever is an event held at locations worldwide where participants recreate the music video for musician Kate Bush's 1978 song "Wuthering Heights." The event's inspiration is "Shambush's The Ultimate Kate Bush Experience," which took place in 2013 in Brighton, United Kingdom, as part of Brighton Fringe, created by performance collective Shambush. Shambush attempted to set an unofficial world record on that date for the most people dressed as Kate Bush in one place, with hundreds attending.

"Wuthering Heights" is an 1847 work by Emily Bronte, an English novelist and poet who is best known for this, her one and



Rob Rosas and Christina Wainwright of Pacific Beach Library rehearse the 'Wuthering Heights' dance in the red tunics that will be featured in a July 16 cos-tuming workshop.

only novel, concerning two families of the landed gentry and their turbulent relationships. The novel was influenced by Romanticism and Gothic fiction. "Wuthering Heights" is now considered a classic of English literature. But it was controversial for its depictions of mental and physical cruelty, including domestic abuse, and for its challenges to Victorian morality and religious and societal values.

Catherine "Kate" Bush is a British singer, songwriter, pianist, dancer, and record producer. In 1978, aged 19, she topped the UK Singles Chart for four weeks with her debut single "Wuthering Heights." She became the first female artist to achieve a UK No. 1 with a self-written song. She was also the first British solo female artist to top the UK album charts and the first female artist to enter the album chart at No. 1.

Wainwright characterized the upcoming library event as "something unique and just a bit weird in a good way."

"The novel has enduring appeal," she said adding, "It's a love story about love and passion regarding the main characters, Heathcliff and Cathy. Kate Bush wrote the song from a TV mini-series based on one scene, now

captured in her song, showing people in red dresses dancing in a field.

"Because it is so dramatic, over the top, years later, in 2013, people in English art groups thought it would be a neat thing to invite folks to wear red dances and dance out in the fields. It has since become an international movement."

PB's observance of the special literary event will be lighthearted. "'Wuthering Heights' is for people of all ages and abilities just coming together to do something fun," Wainwright said. "It just happens to be about 'Wuthering Heights.'"

The PB librarian said they're hosting online costuming workshops for folks wanting to practice dancing before they participate.

"Hopefully, it will get more people interested in Bronte's book and in Bush's music," Wainwright said. "If you want to do something weird and fun together: This is that event."

You can see more info about the event (including links to dance rehearsals, a costuming workshop, and several videos) at mysdpl.org/wuthering. Folks who are on Facebook can also join a group dedicated to the event, to get updates: <https://www.facebook.com/groups/sdplwuthering>.

## PARK ART INSTALLATION

The art installation "Tribute to Paleteros" at Standley Park, 3585 Governor Drive and at Gardens Park, 4850 Governor Drive, is on view now until Nov. 20 in University City. In his project, artist Roberto Salas celebrates paleteros. Salas reveres the paleteros as vendor-heroes with desirable treats because they create everlasting memories for generations and park-goers in the instance of "Park Social. Tribute to Paleteros" takes the form of various large-scale, Popsicle sculptures. Meet Salas on Saturday, July 16, during Park Social Exploration Day at Standley Park from noon to 3 p.m.

As vehicles pass these

sculptures, their headlights illuminate these roadside attractions. The drivers are the participants as their cars project lights that glow and animate the pieces. This interaction creates a new art venue, a new museum, a new gallery where anyone driving or walking by can become part of the experience. From this, Salas hopes that community members will become unofficial docents of this new museum, sharing their enthusiasm for the work. For more information, visit [sandiego.gov/park-social](http://sandiego.gov/park-social).

## LJ BEAUTIFICATION

An effort to beautify utility boxes located within the La Jolla maintenance assessment district

by covering the surface of these boxes with artistic vinyl wraps continues to progress. A committee comprised of three Enhance La Jolla directors has solicited and vetted cost estimates from several artists for the project.

A list of specific utility boxes that would be included in this pilot utility box enhancement program and proposed images and designs for the boxes will be shared at the next Enhance La Jolla board of directors meeting on July 21. Visit [enhancelajolla.org](http://enhancelajolla.org) for more information. If you see an issue needing attention within the district, contact Enhance La Jolla at 858-444-5892 or [manager@enhancelajolla.org](mailto:manager@enhancelajolla.org).

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**[hemlocksocietysandiego.org](http://hemlocksocietysandiego.org)**



# La Jolla Village Merchants Association partners with 'The Lion King'

By DAVE SCHWAB

La Jolla Village Merchants Association is partnering with Disney's musical production of "The Lion King" to promote five "Hakuna Matata-themed" events in July and August.

"Hakuna Matata" is a Swahili phrase meaning "no trouble," "no worries" and "take it easy." The phrase is derived from the 1994 Walt Disney Animation Studios animated film "The Lion King." The movie popularized the phrase in one of its songs, which is translated as "no worries."

La Jolla Village will host a variety of events to shine the light on environmental stewardship, family, and of course — the no-worry attitude, said LJVMA on its website [lajolla-bythesea.com](http://lajolla-bythesea.com). The promotion collaborates with Broadway San Diego, which is presenting the return of the Tony Award-winning musical on the Civic Theater stage downtown from



Aug. 24 to Sept. 11.

Jodi Rudick, LJVMA's executive director talked about how the promotional collaboration came about.

"Prior to the pandemic in March of 2020 Disney's Broadway musical, "Frozen," was heading to San Diego and had similarly partnered with La Jolla Village," said Rudick adding, "The show, unfortunately, did not go on, but LJVMA

forged a positive relationship with Disney Theatrical that endured beyond COVID. When "The Lion King" became part of the Broadway San Diego 2022 season, Disney's promotional team again selected La Jolla to be part of its launch."

Rudick noted that "Lion King"-themed events, sponsored by the show, will "bring a fun, unique vibrancy to La Jolla. We are always looking for mutually beneficial partnerships that promote the values of La Jolla and the needs of our merchants."

## LION KING IN LA JOLLA VILLAGE

— **Simba's Safari Scavenger Hunt:** July 15-Aug. 7. Discover La Jolla Village as you follow the clues to find "Lion King" masks that will be on display throughout the Village. Enter to win show tickets, restaurant gift cards, and the grand prize package valued at more than \$1,400 featuring a stay at the La Valencia Hotel, dinner, brunch, and tickets to see the Broadway production.

— **ManeTain the Trail: La Jolla Coast Walk Cleanup, Sunday, July 17, 9-11 a.m.** Gather to honor the "Circle of Life" spirit by giving back to the earth and protecting natural resources. Whether you can help with light maintenance or assist with registration and other administrative duties, all are welcome to clean up a La Jolla version of Pride Rock. Volunteers will be treated to refreshments, prizes, games, and more.

— **Pool-side screening of "The Lion King" on Tuesday, July 19 at 8 p.m.** at La Valencia Hotel, 1132 Prospect St.

— **Circle of Life Art Contest Call for Entries: July 5-July 20.** Amateur artists of all ages are invited to submit their best representation of "The Lion King" themes from the African animals and scenery of the Savannah to symbols of love, family, adventure, coming of age, and even betrayal. All media are welcome but must be submitted digitally by July 20 for review by a panel of professional artists. Selected pieces will be displayed beginning Aug. 5. People will be able to vote for their favorite pieces both online and in person.

— **First Friday Art Walk:** Aug. 5, 4-7 p.m. "Hakuna Matata" is the theme and will feature live music, sips, snacks, art demos, and more than 16 galleries — many of which are dedicated to conservation and wildlife protection. Join in for the opening reception of the community art show where you can vote for your favorite piece and savor the creativity of artists of all ages.

The themes of 'Lion King' align perfectly with La Jolla's commitment to the environment, conservancy, and preservation. As a cross-marketing partner, Broadway San Diego is a natural fit as La Jolla Village seeks to attract similar arts and culture audiences to events and activities."

Tickets for the Tony Award-Winning musical are on sale and are likely to sell out. Whether you are a roaring fan or have never experienced the visual and musical magic of the show, you'll want to mark your calendar and reserve your spot for these Lion King-themed events in La Jolla Village.

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## PIANO »

CONT. FROM PG. 1

"The discussion here is about encroachment into the maintenance assessment district," noted Newsam adding, "But there are a lot of other issues with a restaurant like this such as trash, traffic, noise, and hours. Our task is to decide whether we're happy with that encroachment, and the use of some of the MAD area to substantially increase outside dining opportunities."

Bird Rock's MAD was established by the City in 2005. The purpose of the district is to fund specifically identified improvements, including maintaining landscaping along La Jolla Boulevard that are within the boundaries of the special district. The Bird Rock MAD is bounded on the west by the ocean, on the north by La Cañada Street,



on the east by Folsom Drive, Bellevue Avenue, Linda Rosa Avenue, and La Jolla Mesa Drive, and on the south by Bellevue Place, Bird Rock Elementary School/Bird Rock Joint Use Park, the Park La Jolla property, and Wreton Drive.

The MAD and Bird Rock Community Council board have enlisted an independent contractor to manage day-to-day MAD operations and to perform bi-weekly inspections and other

management tasks for regular landscape and irrigation system maintenance and repair, selected public right-of-way clean-up, trash disposal, and additional services

Most Bird Rock Community Council members and residents expressed favorable views of the restaurant-retail project while it was being vetted, concluding it would be a welcome addition providing another culinary alternative and attraction in the community.

## New chorus director for La Jolla Symphony and Chorus

The La Jolla Symphony and Chorus announced the appointment of Dr. Arian Khaefi as the Sally & Einar Gall Chorus Director. After serving a highly successful year as interim chorus conductor, Khaefi has now accepted the permanent position as LJS&C's chorus director, beginning July 1.

Prior to his appointment at San Diego State University in September 2019 as director of choral studies, Khaefi served as director of choral activities at Fullerton College and at Towson University in Maryland. He holds D.M.A. and M.M. degrees in conducting from the University of Michigan-Ann Arbor and the University

of California-Los Angeles, respectively. An active member of the American Choral Directors Association, Chorus America, and the National Collegiate Choral Organization, Khaefi is also the vice president of the Choral Consortium of San Diego.

For more information, visit [ljsc.org](http://ljsc.org).

"Arian's timely appointment is truly fortuitous for the LJS&C chorus. After two years of COVID-related cancellations and transitions in our artistic leadership, his highly skilled, enthusiastic, and passionate approach is just what is needed to infuse the chorus with new energy and purpose,"

said Dr. Stephanie Weaver Yankee, executive director.

"There really isn't much the chorus can't take on. At a time when practitioners in the field are thinking more critically than ever about the social impact of programming, I am thrilled to be working with an organization that has championed innovative and diverse works throughout its more than sixty-five years of history. This is a dream position, and I am eager to work with the chorus as we begin a new chapter of brilliant choral music-making at the national level," said Khaefi.

READ MORE ONLINE AT [sdnews.com](http://sdnews.com)



# Pacific Beach student artist spruces up Garnet Avenue

The art project, Explore PB's Wild Side, highlights endangered birds

By DAVE SCHWAB

Even trash cans have artwork on them in Pacific Beach thanks to a contribution by a Pacific Beach Middle School student.

“Every eighth-grader at PBMS has to do a community service project and I wanted to do something that incorporated art, something I’m passionate about,” said young artist Makena Seiler. “So I found a nonprofit, beautifulPB, and they had this idea that I could put something on trash cans on Garnet. We brainstormed and decided to use endangered birds, and I got a list from the Audubon Society for what birds to use.”

“Our latest art installation is up on Garnet Avenue, which we’re calling ‘Explore PB’s Wild Side,’” said beautifulPB president Katie Matchett. “It features pictures of local birds created by a number of different PB artists including Makena Seiler. It’s a great project and we hope to build on it with more plaques and other art installations in the future. Community public art beautifies our public spaces, and inspires dynamic cooperation throughout a neighborhood.”

“We first discussed this idea about putting art on the trash cans a few years ago,” said Leslie Dufour of beautifulPB, who



Pacific Beach Middle School student Makena Seiler sits next to a brown pelican, one of four local endangered bird species she painted with water colors and colored pencils, which are now decorating trash cans in Pacific Beach. COURTESY PHOTO

manages community art murals for the grassroots nonprofit, which works to create a more sustainable, equitable, and beautiful Pacific Beach. “Like many ideas, it fell by the wayside. Then Makena Seiler approached us. We thought, ‘bingo, this could be a great community project that fosters the values of anti-littering and getting to know and care for our PB environment.’”

Dufour noted everything “fell into place” with Seiler’s school art project. “Makena provided us some beautiful artwork, we located a few other talented professional artists—Hilary Dufour, and David Krimmel

—and we were able to replicate the fantastic artwork from the Kendall Frost murals, (that are being torn down) including the mural by Kyla-Yu Swanson,” she said.

Added Dufour, “It was really time to add more art to Garnet, especially art that supported our aspirations and wasn’t prohibitively expensive. It succeeded because of the enthusiasm of the artists, the installer, Heather Clinkenbeard, the printer, T&S Signs, Discover PB, beautifulPB, and the local folks at the Audubon Society.”

Seiler started using water-colors while painting her four

endangered birds, a project she began in January. But she switched to using colored pencils after a while because “the birds stood out more and the background did too.” She added this was just the first batch of artistically rendered birds. “We’re going to come up with another one soon,” she noted.

Asked about the objective of her art project, Seiler replied: “People should pick up their trash that endangers the ocean, the wetlands, the birds, and other endangered animals.

Discussing what she’s gotten out of her project, Seiler answered, “How to do different styles of art, learning more about the environment. I didn’t know there were so many endangered birds and animals in my community. We need to preserve their habitats.”

The budding artist received school credit and an award for

successfully completing her art project which, thus far, has drawn rave reviews.

“The IB coordinator and my principal want to scan some of my favorite ones (birds) and put them around the school so I can spread awareness (there) too to get people to pick up their trash,” Seiler said adding, “I’m just thankful to beautifulPB for helping with this project by getting the trash cans.”

Endangered bird trash can art joins nearly 50 public art murals scattered around the beach community, not even counting painted crosswalks or decorated utility boxes, which are dispersed throughout town. There is a descriptive map with bios of murals artists and their work at beautifulpb.com.

See more information about the community endangered bird trash can art project at <https://beautifulpb.com/explore-pb-wild-side/>.

## LITTLE BLUE PENGUINS EXHIBIT TO OPEN AT BIRCH AQUARIUM ON JULY 12

The wait is finally over. Beyster Family Little Blue Penguins officially opens at Birch Aquarium at Scripps Institution of Oceanography at UC San Diego at 9 a.m. on July 12. To mark the completion of this highly-anticipated exhibit, Birch Aquarium is hosting a ribbon-cutting ceremony from 8:30-9 a.m.

Inside the exhibit, guests will come face-to-face with Little Blue

Penguins as they waddle, swim and glide about their new home. This new attraction brings the world’s smallest penguins to Southern California for the first time. The 2,900-square-foot habitat — made possible by philanthropic support from the Beyster Family — features an 18,000-gallon penguin lagoon, multiple cozy burrows, sandy beach and native plants that mimic the coast of New Zealand and Australia.

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Tom House was introduced to the crowd at La Jolla's baseball playoff game May 17.  
PHOTO BY ED PIPER

By ED PIPER

A handful of years ago, Tom House worked with La Jolla Vikings baseball players and other local athletes on improving their pitching and quarterback throwing techniques. A sportswriter for

## Tom House pitches a new app for young athletes

this news portal was invited to observe House, a former Major League pitcher who studied biomechanics, and ask him questions as he interacted with the high school athletes.

To bring you up to date, House and his collaborators have put out a new app, Mustard, which will allow youthful throwers to make a video of their throwing motion and use input available in the app to make improvements. Their intent is to give athletes who otherwise wouldn't have access to coaching and a personal trainer a chance to grow.

House, who has worked with star quarterbacks Tom Brady and Drew Brees, and pitching standouts Randy Johnson and Nolan Ryan, among other NFL and MLB players, noticed that young athletes often quit competing for their school team or youth

organization about middle school age. One of the factors, apparently, is frustration over the fact they can't get needed coaching, and as a result, they stop progressing.

"Giving out elite instruction to 12-year-olds not only helps them play better but with more fun," said House. "It keeps them in the sport."

So, from a video shot by parents of their son on their smartphone, Mustard will give feedback on his throwing motion using 11 variables House rates as most important, including timing, kinematic sequencing, balance, posture, stride momentum, and release point.

The app runs a regression analysis based on House's 40-year motion capture database. It takes into consideration the athlete's age and size, and then provide corrective exercises.

House linked up with Jason Goldsmith, a mental performance coach. One time, he cracked to Goldsmith, "You know, there are probably 10,000 Nolan Ryan's in the world that will never play baseball." House was referring to the fact that many youths just don't have access to proper coaching.

The former pitching coach, now 77, formed a team with engineers Carlos Dietrich and Kevin Prince, who both previously worked at Major League Baseball Advanced Media (MLBAM). House credits Dietrich's ability to extract biomechanical data from a phone using computer vision. This was the same kind of thing House did years ago when he began videotaping pitchers and analyzing their motions.

A real zinger from the throwing guru goes like this: "The

simpler (the Mustard app is), the easier it is to disseminate throughout sports, which are games of failure coached by negative people in a misinformation environment."

House has always enjoyed tweaking people's "accepted truths," those things that adults believe and pass on to youth in their coaching, and that others — traditionalists — simply practice without submitting it to analysis.

Many of the training methods that are now considered "normal" were once viewed as odd and inappropriate. House brought many practices into the acceptable zone. One considered offbeat was a baseball pitcher practicing throwing a football. Then, when Nolan Ryan was seen throwing one, people didn't fight it as much.



Jana Farella, co-chair Michelle Forsythe, co-chair Kristi Pieper, Kim Peters, and Teri Brouillard

PHOTO COURTESY OF K. PIEPER

## The Social Diary – Zoo Wild for Animals

By MARGO SCHWAB

How many parties do you go to that the guest of honor has a trunk? 'Elefantastic' elephants were the stars as the 39th RITZ, aka Rendez-Vous-In-The-Zoo delivered that and more with a festive night at the world-famous San Diego Zoo. Among those there were Jeanne Larson. She was the chair a few moons back, arriving on an elephant and

resplendent in Pala mined jewels!

Jordan Animal Couture was de rigueur, so was the fun, and yes, animals were highly amused as big monies were raised for the new Elephant Valley at the Zoo. Trunks up all around!

Get a social shout out in my next column. Be the first to correctly identify my outfit designer on the cover shot. Think couture! Send answers to [mschwab@san.rr.com](mailto:mschwab@san.rr.com)... 'Til next time!



Fun RITZ guests

PHOTO BY MELISSA JACOBS



Steve and Lauren Simpson

PHOTO BY MELISSA JACOBS



Nadia Farjood and Raul Campillo

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The Kjos family

PHOTO BY MELISSA JACOBS

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## University City man gets 18 years for manslaughter

By NEAL PUTNAM

A University City man who stabbed his roommate to death in 2019 has been sentenced to 18 years in state prison after he pleaded guilty to voluntary manslaughter.

Brandon Ganskow, 37, had attacked the victim, Kevin Crosthwaite, 56, once before with a knife, but Crosthwaite forgave him and allowed him to return to his house in the 5300 block of Bothe Avenue when Ganskow finished a jail term on terms of probation.

"He was a victim who had a big heart," said Deputy District Attorney Matt Greco. "Unfortunately, on July 8, 2019, history repeated itself in a very sad way."

Ganskow had moved his mother into the house in 2019, and she called police when the victim was injured. Crosthwaite was stabbed seven times in the neck with scissors. Ganskow had developed delusions that Crosthwaite kept track of his movements through phones and devices, the prosecutor said.

Ganskow pleaded guilty to voluntary manslaughter and a murder charge was dismissed. He also pleaded guilty to using the scissors as a deadly weapon and received five years consecutively for injuring Crosthwaite in the prior case to add up to 18 years, said the prosecutor.

READ MORE ONLINE AT [sdnews.com](https://sdnews.com)

## La Jolla man pleads guilty in fentanyl death

By NEAL PUTNAM

A La Jolla man pleaded guilty Wednesday (June 29) to voluntary manslaughter in the fentanyl death of Sally Manchester Ricchiuti, who died in 2020 from an accidental overdose.

Ricchiuti, 49, of La Jolla, was the daughter of real estate developer/businessman Doug Manchester, who is the former publisher of the San Diego Union-Tribune, and Betsy Manchester.

"It doesn't look like she knew what she was taking," said Deputy District Attorney Joel Madero to reporters afterwards.

Joshua Alan Breslow, 54, also pleaded guilty to possession of Oxycontin while

out on bail, and fentanyl. He stood behind a glass barrier wearing jail clothes while pleading guilty.

San Diego Superior Court Judge Ken So set sentencing for July 28. Breslow remains in the South Bay Detention Facility without bail.

Some of her family members watched the proceedings.

Breslow sold fentanyl-laced pills to Ricchiuti and she died on Sept. 18, 2020.

"The takeaway is no one knows what's in these pills," said Breslow's attorney, Douglas S. Gilliland, afterwards. "He's extremely remorseful."

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Legals

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013021 Fictitious Business Name(s) a. BAY PARK MOVING b. SAN DIEGO OFFICE MOVERS c. BAY PARK TRUCKING Located at: 3298 GOVERNOR DR # 22528 , SAN DIEGO, CA 92192 Is registered by the following: a A-INSTANT MOVERS, INC This business is conducted by: A CORPORATION The first day of business was: 03/22/1995 Registrant Name: a A-INSTANT MOVERS, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. DOUGLAS K. HACKLEY, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 7, 2022. ISSUE DATES: JUNE 17 ,24 , JULY 1 & 8

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9012840 Fictitious Business Name(s) a. LEARNING JOURNEY CONSULTING Located at: 1765 MISSOURI STREET, SAN DIEGO, CA 92109 Is registered by the following: a MARGARET E. ALLEN This business is conducted by: AN INDIVIDUAL The first day of business was: JUNE 3, 2022 Registrant Name: a MARGARET E. ALLEN TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 3, 2022. ISSUE DATES: JUNE 17 ,24 , JULY 1 & 8

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013217 Fictitious Business Name(s) a. DIRTY DAN'S YACHT SERVICE Located at: 1742 DIAMOND ST #4, SAN DIEGO, CA 92109 Is registered by the following: a DANIEL FRENCH This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a DANIEL FRENCH TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 9, 2022. ISSUE DATES: JUNE 17 ,24 , JULY 1 & 8

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013647 Fictitious Business Name(s) a. SUBLUXATIONS, ETC. Located at: 4102 QUAPAW AVENUE, SAN DIEGO, CA 92117 Is registered by the following: a JULIA A. TOOLEY This business is conducted by: AN INDIVIDUAL The first day of business was: 14 JUN, 1981 Registrant Name: a JULIA A. TOOLEY TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 14, 2022. ISSUE DATES: JUNE 17 ,24 , JULY 1 & 8

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2022-00023530-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): LAETITIA GENEVELEVE JAUFFRET-OPILKA filed a petition with this court for a decree changing names as follows: Present name: a.LAETITIA GENEVELEVE JAUFFRET-OPILKA To Proposed name: ELLE JAUFFRET court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 08/04/2022 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: 6/17/ 2022 . JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH ISSUE DATES: JUNE 24 ,JULY 1,8,& 15 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014478 Fictitious Business Name(s) a. A PINCH OF SALT Located at: 2040 COLUMBIA ST #203, SAN DIEGO, CA 92101 Is registered by the following: a ERIKA CAIETTI This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 05/01/2022 Registrant Name: a ERIKA CAIETTI TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 24, 2022. ISSUE DATES: JULY 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014680 Fictitious Business Name(s) a. SOUL INSPIRATIONS Located at: 1362 DIAMOND ST, SAN DIEGO, CA 92109 Is registered by the following: a JENNIFER RIVETT This business is conducted by: AN INDIVIDUAL The first day of business was: JAN 01 ,/2022 Registrant Name: a JENNIFER RIVETT TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 28, 2022. ISSUE DATES: JULY 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013455 Fictitious Business Name(s) a. TROY AUTO GROUP b. TROY MOTOR GROUP Located at: 4626 MERCURY ST, SUITE 1120 SAN DIEGO, CA 92111 Is registered by the following: a TROY ALLEN THERIAULT This business is conducted by: AN INDIVIDUAL The first day of business was: 6/13/2022 Registrant Name: a TROY ALLEN THERIAULT TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 13, 2022. ISSUE DATES: JULY 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013895 Fictitious Business Name(s) a. CALI WHOLESAL E b. CALI WHOLESAL E FLOWERS Located at: 5858 DRYDEN PLACE PL. #3 , CARLSBAD CA 92008 Is registered by the following: a IMELDA LACAYO This business is conducted by: AN INDIVIDUAL The first day of business was: 3/1/2016 Registrant Name: a IMELDA LACAYO TITLE of Officer, if Limited Liability Company/ Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 16, 2022. ISSUE DATES: JUNE 24 ,JULY 1,8,& 15

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013699 Fictitious Business Name(s) a. SOL Y QUITO Located at: 2754 CALHOUN STREET, SAN DIEGO, CA 92110 Is registered by the following: a CUSTOM COMMODITY, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 05/22/2021 Registrant Name: a CUSTOM COMMODITY, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. IRFAN JANJUA, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 15, 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013700 Fictitious Business Name(s) a. EL PEPPER LOCO Located at: 2754 CALHOUN STREET, SAN DIEGO, CA 92110 Is registered by the following: a CUSTOM COMMODITY, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 06/15/2022 Registrant Name: a CUSTOM COMMODITY, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. IRFAN JANJUA, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 15, 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014145 Fictitious Business Name(s) a. STATUS CUSTOM BUILDERS Located at: 1223 CLEVELAND ANV, SUITE 200, SAN DIEGO, CA 92103 Is registered by the following: a FORT MANAGEMENT GROUP This business is conducted by: A CORPORATION The first day of business was: 07/18/2017 Registrant Name: a FORT MANAGEMENT GROUP TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. SERGI IANGIROV, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 22 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014461 Fictitious Business Name(s) a. COOL CARS UNLIMITED Located at: 6076 CARNEGIE ST, SAN DIEGO, CA 92122 Is registered by the following: a GMC AND ASSOC INC DBA COOL CARS UNLIMITED This business is conducted by: A CORPORATION The first day of business was: MAY 13, 1999 Registrant Name: a GMC AND ASSOC INC DBA COOL CARS UNLIMITED TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. GEORGE COPELIN, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 24, 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014522 Fictitious Business Name(s) a. JOSE AROESTE PROBATE SERVICES Located at: 7665 PALMILLA DR #5416, SAN DIEGO, CA 92122 Is registered by the following: a JOSE AROESTE INSURANCE AGENCY, INC This business is conducted by: A CORPORATION The first day of business was: 06/24/2022 Registrant Name: a JOSE AROESTE INSURANCE AGENCY, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. JOSE AROESTE, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 24, 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9012892 Fictitious Business Name(s) a. WILDWOOD FLOUR BAKERY Located at: 1976 GARNET AVE, SAN DIEGO, CA 92109 Is registered by the following: a WILDWOOD FLOUR, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was:N/A Registrant Name: a WILDWOOD FLOUR, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor.NOAH ORLOFF, MANAGING MEMBER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 06, 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014478 Fictitious Business Name(s) a. A PINCH OF SALT Located at: 2040 COLUMBIA ST #203, SAN DIEGO, CA 92101 Is registered by the following: a ERIKA CAIETTI This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 05/01/2022 Registrant Name: a ERIKA CAIETTI TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 24, 2022. ISSUE DATES: JULY 8, 15, 22 & 29

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013455 Fictitious Business Name(s) a. TROY AUTO GROUP b. TROY MOTOR GROUP Located at: 4626 MERCURY ST, SUITE 1120 SAN DIEGO, CA 92111 Is registered by the following: a TROY ALLEN THERIAULT This business is conducted by: AN INDIVIDUAL The first day of business was: 6/13/2022 Registrant Name: a TROY ALLEN THERIAULT TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 13, 2022. ISSUE DATES: JULY 8, 15, 22 & 29



# Over-The-Line World Championship is back and bawdy as ever

By DAVE SCHWAB

What started out 69 years ago as a way to pass the time waiting for an open volleyball court, the Over-The-Line World Championship has since morphed into what it is today – an outrageously fun and competitive bat-and-ball sport best known for its tongue-in-cheek humor.

This year's summertime staple, presented by the Old Mission Beach Athletic Club (OMBAC), will be held on back-to-back weekends, July 9-10 and July 16-17, at Fiesta Island on Mission Bay from 8 a.m. to 5 p.m. The event draws teams from all over the nation and world.

Trademarked by OMBAC, the homegrown sport is a variation of softball that uses rope, a softball bat, and a rubber ball. Three-person teams pitch, bat and field. The game is played on a sand court resembling a triangle attached to an open-ended rectangle.

As usual, the following OTL rules will be strictly enforced this year. The no B's rules will be in effect: No bottles, bicycles, bowsers (dogs), babies, and boas; as well as no bad attitudes or battles (fighting).

OTL chair Patrick Vaughan said the event was not held in 2020 due to COVID and was held last year, but in a diminished capacity.

"We had less than 600 teams last year, and in 2019, before the

pandemic, we had 1,050 teams," said Vaughn. "[Attendance] has been decreasing every year for the last four or five years."

Vaughn said the pandemic also forced OMBAC to go to three days instead of four on two separate weekends last year. "And we only had five weeks to prepare for it," he noted adding, "This year we're back to having a traditional setting, though we've only got around 700 teams."

But Vaughn pointed out the weather forecast is for a hot opening tournament weekend. "Warmer weather drives folks in the inland valleys out here to

the beaches, and this is one of the events they come to," he said. "So we're expecting to get a lot of people out here as spectators."

Vaughn speculated that the San Diego beach booze ban that began in 2008 may have had a dampening effect on crowd sizes at OTL. But not to worry, he said, alcohol, properly controlled, is permitted at the event.

"You can bring your own coolers in with aluminum cans," he said. "But we also have one big public beer garden right in the middle of the courts."

Vaughan said the tournament is OMBAC's biggest fundraiser by

far. "Every nickel we make goes to pay for all our events all year long."

OTL is a public event. However, it is not appropriate or safe for children, due to crowds, bat and ball-related games, and language. Alcohol rules and restrictions will be exactly the same as in previous years' tournaments.

Originated in San Diego, OTL dates back to 1954 on the sand of Mission Beach, where a group of beach volleyball players waiting for an open court grew antsy and began brainstorming ideas to pass the time. OTL was the result.

READ MORE ONLINE AT [sdnews.com](https://sdnews.com)

## MS. EMERSON

If you or a friend are interested in being Ms. Emerson, email your name, age (21-plus), and contact information to [missemerison@ombac.org](mailto:missemerison@ombac.org) or stop by the Ms. Emerson lounge during the first weekend of the annual Over-The-Line Tournament to sign up. The Ms. Emerson contest is a long-standing tradition with Old Mission Beach Athletic Club and the Over-The-Line Tournament. The winner will be elected by the voting members of the Ms. Emerson Committee on the second Saturday of OTL. Ms. Emerson will be a spokesperson and ambassador for the nonprofit OMBAC; and she and her court will volunteer during the year, focusing on fundraising events that benefit young athletes, physically challenged athletes, cancer research, and wounded U.S. veterans.

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SUDOKU PUZZLE

Fill in the blank cells using number 1 to 9. Each number can appear only once in each row column and 3x3 block. Use logic and process elimination to solve the puzzle.

		5		1				
1		8	2		4			7
				3				
	8		1		9			
7				5	6			9
							3	2
6								
	3		8			4		
		4				2		6

CROSSWORD PUZZLE

1	2	3	4		5	6	7	8	9	10									
11					12								13						
14									15					16	17				
	18								19								20		
					21		22					23							
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42			43		44			45											
46								47		48									
49					50	51				52		53	54	55					
	56						57		58									59	
					60				61										
												63							

- CLUES ACROSS

  - 1. Absence of difficulty
  - 5. Preserve a dead body
  - 11. Gratitude
  - 14. The act of coming together again
  - 15. More cushy
  - 18. Visionaries
  - 19. Large, fish-eating bird
  - 21. Indicates near
  - 23. NY Mets legend Tommie
  - 24. Icelandic books
  - 28. Pop
  - 29. Hammer is one
  - 30. Sense of self-importance
  - 32. Thyrotrophic hormone
  - 33. Can't be found
  - 35. Electronic data processing
  - 36. Passports and licenses are two
  - 39. Snake-like fishes
  - 41. Air Force
  - 42. Popular computers
  - 44. Intermediate ecological stage
  - 46. Wings
  - 47. Used in combination
  - 49. Laid back
  - 52. Jewelled headdress
  - 56. Slow
  - 58. Famous Falls
  - 60. Reassertions
  - 62. Periods of time
  - 63. Hyphen
- CLUES DOWN

  - 1. Body part
  - 2. Mimics
  - 3. Expel large quantities
  - 4. Sea eagle
  - 5. Genetically distinct varieties
  - 6. Dialect of Chinese
  - 7. Famous Mr. T character
  - 8. Consumed
  - 9. Chinese dynasty
  - 10. Menace to yards
  - 12. Ireland
  - 13. Palm trees
  - 16. Fungal disease
  - 17. Willis and Robert are two
  - 20. Affirmative! (slang)
  - 22. It shows who you are
  - 25. The First State (abbr.)
  - 26. Get older
  - 27. Associations
  - 29. Woman (French)
  - 31. Sunscreen rating
  - 34. Brew
  - 36. Leader
  - 37. Plants in the legume family
  - 38. Burn with a hot liquid
  - 40. Junior's father
  - 43. Scads
  - 45. Morning
  - 48. Length of a line (abbr.)
  - 50. Double curve
  - 51. Small, thin person
  - 53. Worn by exposure to the weather
  - 54. Mars crater
  - 55. Humanities
  - 57. Word element meaning ear
  - 58. To the \_\_\_ degree
  - 59. Residue of something burned
  - 61. It cools your home

H	S	V	D		S	H	O		P	E									
S	L	N	E		M	E	J		L	S	E	R							
V	R	V	G		V	I	N		O	I	G		V						
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9	6	2	8	7	5	4	1	8
1	7	4	2	9	8	6	3	5
8	8	9	1	4	6	2	7	9
2	8	1	7	8	4	9	5	6
6	4	8	9	9	8	1	2	7
9	9	7	6	2	1	8	8	4
8	1	6	9	8	9	7	4	2
7	9	8	4	6	2	8	9	1
4	2	9	8	1	7	9	6	8



Full Strength funk band to perform at Concerts by the Sea on July 17. COURTESY PHOTO

LIVE FROM SAN DIEGO – Music performances on the coast this week

By BART MENDOZA

RECOMMENDED

After a two-year absence, the summer music series, Concerts by the Sea, is back! Presented by the Kiwanis Club, the event takes place at La Jolla's Scripps Park across four Sundays, running from July 17 through Aug. 7. This free, beloved institution provides great music at one of San Diego's most scenic locations, complete with seals. Artists performing include cover band The Mighty Untouchables (July 24), boogie woogie pianist Sue Palmer (July 31), and dance band The Heroes (Aug. 7), but first up is the 11-piece Full Strength funk band on July 17. With a set list full of dance floor fillers, ranging from Michael Jackson classics to bass-heavy favorites such as Dee-Lite, Full Strength offers up a great soundtrack for the return of one of San Diego's favorite summer parties.

Full Strength: Sunday, July 17 at Scripps Park, 1100 Coast Blvd. 3:30 p.m. Free. [kiwanisclublajolla.org](http://kiwanisclublajolla.org).

SPOTLIGHTS

Country fans won't want to miss Red Headed Strangers (aka The RHS), performing at Humphrey's Backstage Live on July 10. As might be expected from the band's name, they specialize in the songs of Willie Nelson and friends, including twangy classics such as Nelson's "Whiskey River" and Jerry Reed's "East Bound and Down." However, keep an ear out for the group's excellent originals. Red Headed Strangers has recently released their debut album, "Reverend," full of tunes cut from the same cloth as the vintage tracks, topped by revved-up rockabilly stomper, "Whiskey, Cocaine

and Women." Well worth a listen for any country music aficionado.

Red Headed Strangers: Sunday, July 10 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 8:30 p.m. \$5. [humphreysbackstagealive.com](http://humphreysbackstagealive.com).

Fans of iconic guitarist Carlos Santana won't want to miss an appearance by tribute band, Santana Soul at Campland by the Bay on July 15. Performing outdoors, right on the water, attendees will be treated to a mix of classics and deep cuts, all unified by Latin rhythms and great lead guitar playing. Expect to hear such evergreens as "Black Magic Woman," "Europa," and "Smooth," but with a set list of potential songs running dozens of albums deep, there is no shortage of great songs to choose from.

Santana Soul: Friday, July 15 at Campland by the Bay, 2211 Pacific Beach Drive. 7 p.m. Free. [campland.com](http://campland.com).

One of the reasons San Diego has such a vibrant music community is the programs that are available to kids locally. While there are several notables, at the top of the list has to be the Young Lions Conservatory, helmed by trumpeter Gilbert Castellanos. On July 16, Dizzy's will host a special concert by the Mocambo Jazz Ensemble, spotlighting young musicians who have been part of the conservatory over the past decade. The performance will feature future all-stars Kahlil Childs (alto and soprano saxophone), Alvin Paige (tenor, alto, and baritone saxophone), John Murray (bass), Joey Kim-Weigandt (piano), and Rhydian Marshall (drums), a great opportunity to catch a set from some of the area's most gifted young players.

Mocambo Jazz Ensemble: Saturday, July 16 at Dizzy's, 1717

Morena Blvd. 7:30 p.m. \$20. [dizysjazz.com](http://dizysjazz.com).

The Jazz at the Athenaeum series continues on July 16 with a performance from the Joel Frahm Trio, featuring Dan Loomis (bass) and Ernesto Cervini (drums). Saxophonist Frahm is a highly respected session man with over 100 credits, including Brad Mehldau's "Finding Gabriel," which took home a 2020 Grammy for "Best Jazz Instrumental Album," but it's his own works that have cemented his reputation as one of the top players in today's music scene. Touring in support of his latest album, "Bright Side," this rare local appearance should top any jazz fan's list of concerts this week.

Joel Frahm Trio: Saturday, July 16 at the Athenaeum Music & Arts Library, 1008 Wall St. \$40. 7:30 p.m. [l Athenaeum.org](http://l Athenaeum.org).

Two of Motown's biggest groups of the 1960s, The Temptations, and the Four Tops, stop in at Humphreys' Concerts by the Bay on July 17. Featuring original singer Otis Williams, The Temptations string of hits includes such immortal tunes as "My Girl," "(I Know) I'm Losing You," "Get Ready," while the Four Tops, with original singer, Abdul "Duke" Fakir, have a musical resume featuring the likes of "Baby I Need Your Loving," "Bernadette" and "Reach Out I'll Be There." Motown was once considered the "Sound of Young America," and while that was nearly six decades ago, the music remains timeless and is now admired by music fans of all ages.

The Four Tops / The Temptations: Sunday, July 17 at Humphrey's Concerts by the Bay, 2241 Shelter Island Drive. 7:30 p.m. \$75. [humphreysconcerts.com](http://humphreysconcerts.com).

MCASD TOUR

Join the La Jolla Community Center for a tour of the recently opened Museum of Contemporary Art San Diego (MCASD) in La Jolla on Thursday, July 21. The MCASD's full collection includes approximately 5,600 works of art. Of those, there are approximately 350 works on display in La Jolla.

LJMS SUMMERFEST RETURNS

La Jolla Music Society's annual SummerFest Gala returns with a truly extraordinary celebration at The Conrad, 7600 Fay Ave. in La Jolla, on Aug. 13. Attendees will travel back in time to La Belle Époque at The Palais Conrad Paris.

READ MORE ONLINE AT [sdnews.com](http://sdnews.com)





San Diego Strikers celebrate a goal by forward Kiera Bocchino at Mission Bay High. PHOTO BY DAVID FRERKER

## San Diego Strikers in conference championship at Mission Bay High

By HECTOR TRUJILLO

After finishing undefeated for a second-straight season along with winning another Plymouth Division crown with the best record in the So Cal conference at 7-0-1, the San Diego Strikers will now face Miss Kick FC in the playoffs at 7 p.m. on Friday, July 8 at Mission Bay High School for the conference championship.

The team, led by head coach Ray Taila, ended the regular season with a 2-2 draw against Dutch Lions FC at home on July 1 followed by a 2-1 win over San Diego Parceiro Ladies at Madison High School on July 3 with goals from midfielders Maddy Samilo and Cassie Callahan.

Over their first two seasons as a member

of the Women's Premier Soccer League, the Strikers have gone a combined 13-0-1 having yet to lose a single match.

The Strikers were led in scoring this season by forward Kiera Bocchino who tallied six goals, with her most recent coming in the match versus the Dutch Lions on July 1. She was a big reason why the team finished with a plus-21 goal differential, along with the team's excellent defending and goalkeeping from Kelcie Brodsky, who only gave up five goals overall.

As for their next opponent, Miss Kick FC finished the season with a 4-1-3 record and in second place in the So Cal Conference Coastal Division.

The kickoff for Friday's conference championship post-season match is at 7 p.m. with tickets at \$5.

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## COMMUNITY

# As old identities are lost, surprising new identities are emerging



Doing it  
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By Natasha Josefowitz, Ph.D.

Had my son been alive he would have been 70 years old. I miss him! I lost my identity as a mother of a son. I am thankful to still be the mother of a daughter, a relationship I treasure!

Lately, I have been thinking about all the identities I have lost and all those I am still gaining. We've all passed through various identities: student, worker, spouse, and eventually parent. Within these parameters we established a number of identities. My professional identities included teacher, author, business consultant, therapist, speaker, as well as radio and television guest. My personal ones were daughter, wife, mother, and grandmother, and now even great-grandmother of six great grandsons. My other identity used to be a lecturer on cruise ships.

These are just a fraction of the possible identities I lived through. When I had my hip replaced, I took on the identity of patient. When a friend became ill, I became a helper. When my son died, I was a mourner. Some identities remain permanent, such as being a writer. Many others are fleeting. (For example, I am now a Zoom exerciser.) Some evolve slowly while others develop breakneck speed.

My reason for writing about identities is that I realize how much many of us have changed from before the pandemic to the present. I used to be a theater and concert goer, museum attendant, store shopper, a participant in boards and committees, attending meetings, exercise classes and parties in person, as well as enjoying going to dinner with friends in restaurants... then the pandemic struck.

Living in a retirement community during COVID-19, our dining room closed; meals were delivered to our rooms and isolation ensued without personal contacts. We resigned ourselves to Zoom, FaceTime, texts, and phone calls. I became a recluse, a hermit, through no will of my own. A new identity developed, one that is no longer engaged in the life of the community.

What I find interesting is that this

solitary identity keeps lingering even with the possibility of going back to life as it was pre-pandemic. I have lost interest in the cultural events of my city and seem reluctant to accept invitations to go out to eat, even in outdoor places. This is due both to the hesitancy to take a chance on the new virus strain and given the new desire to stay at home as I am approaching 96 years. Most young people cannot wait to get back to their former identities, which include, student, party goer, athlete, intern, etc.

I suspect that this is a natural reaction from people in my age group. Yes, a new identity has emerged — that of “old woman” preferring to stay put. My recliner is getting more and more appealing. It is all somewhat surprising as I don't really know this new identity; it is unfamiliar, but too prevalent to ignore. It entails a whole new set of permissions, that of not always being productive. In other words, it is okay to waste time daydreaming and napping. Reading is the great pleasure, it always has been, and, of course, writing as I am doing now. I'm getting bad news fatigue and only read the newspaper headlines. I do not know how long this new identity will last.

My insatiable curiosity about the unfathomable future is keeping me on my toes. I would not be surprised that new identities will emerge that I have not yet encountered. Researcher is a possibility for it can be done at home. I attempted to understand quantum mechanics, but couldn't grasp beyond the basics, like how an electron can be in two places at once. I don't plan to understand the crypto currency phenomenon. I'm fascinated by technology and science, which still intrigue me more than politics and art. Our brains can't really fathom concepts such as eternity and infinity. In my next life, I will be a brain researcher.

I am currently editing a couple of books written by friends and enjoying the process of a different identity, that of editor. I am well aware that I am beginning to ramble on in this column, so I should quit now before you all lose interest in reading this. Is that a new identity: rambler?

*Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2022. Natasha Josefowitz. All rights reserved.*

### UCP'S ANNUAL LUNCHEON

For the past 38 years, the City of San Diego firefighters have donated thousands of dollars and volunteer hours to United Cerebral Palsy of San Diego. The firefighters have served as the major sponsor and underwriter of the annual Fire Fighters and Friends Celebrity Waiters Event for UCP and this year's event will take place on Friday, Sept. 24 at the Coronado Island Marriott Resort and Spa – Bayside at 11:30 a.m. – no host with lunch being served at noon with live and silent auction during the event.

Tickets start at \$80 per person and reservations can be made by calling the UCP office at 858-571-5365 (ex: 112) or at ucpsd.org. Other sponsors for the event include Berkshire Hathaway HomeState Cos., Misty Thompson, Melody Morgan, San Diego Community Newspaper Group, David Mirisch Enterprises, Mobilityworks, and DPC Productions.

### LJCC CLASSES

La Jolla Community Center at 6811 La Jolla Blvd., is offering three new classes. Member Appreciation Grill & Chill in-person: Enjoy a summer evening mingling with new and old friends in the courtyard. On the menu: burgers, hot dogs and beer. Friday, July 29, 5-7 p.m. To register, visit [ljcommunitycenter.org](http://ljcommunitycenter.org).

iPhone/iPad for Beginners, Part 1, in-person six-week course: Join the online world using your iPad and iPhone. Wednesdays, July 27, Aug. 3, 10, 17, 24, 31. 12:30-1:30 p.m. Free/members, \$90/non members. Drop-in \$20/non members. One-on-one sessions available by appointment. To register, visit [ljcommunitycenter.org/iphoneclasses](http://ljcommunitycenter.org/iphoneclasses). Technology can bring many potential advantages to seniors such as enhancing communication, bonding with family and friends, and reducing loneliness. Learn the basic functions, applications, and other fun features. This class is designed for beginners.

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