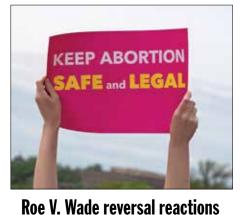
SAN DIEGO COMMUNITY NEWSPAPER GROUP FRIDAY, JULY 8, 2022 BEACHANDBAYPRESS.COM





SEE **PAGE 4** 



**Over-The-Line is back** 

SEE **PAGE 11** 



# Concerts on the Green returns to Kate Sessions Park later this month

By DAVE SCHWAB

oncerts on the Green at Kate Sessions Park, an annual free Pacific Beach summer tradition, is back this year on late Sunday afternoons on four consecutive weekends July 24-Aug. 14.

"The park is beautiful and it has some of the best views in San Diego," said Marcella Bothwell, president of Pacific Beach Town Council, which is presenting the four-concert series estimated to cost \$33,683. "We want to share that with the rest of San Diego."

The updated contemporary musical series at the park on Soledad Road has improvements this year. "Previously, we just used the top of the park and I've always dreamed – and everyone always has wanted – to put the stage down the hill," noted Bothwell, who has run the concert series since 2017. "I decided this is the year we're going to do this, put the stage at the base of the hill and use the entire hill as a natural amphitheater."

This year's unique staging will overlook the city skyline during each evening show from 4-6:30 p.m. The entire concert series will be family-friendly.

The live music events also are made possible only by the generous contributions from individuals and businesses in the Pacific Beach community and all across San Diego.

Certain event dates will be specially themed. Another new feature of the concert series this year will be the addition of visual arts from local performing artists. One date is traditionally a community-service paired event showcasing local organizations such as beautifulPB, Friends of Rose Creek, Pacific Beach Woman's Club, and first responders emergency services including SDFD, lifeguards, SDPD Northern Division, and park rangers.

Concerts on the Green presents a different side to the beach: one where all are welcome and families with children are the priority.

See  ${\color{red}\textbf{CONCERTS}},$  Page 9



The Sunset Luaus on Mission Bay at the Catamaran Resort feature island music, hula dancing, and fiery torch performers.

COURTESY PHOTO



### San Diego's updated Climate Action Plan heads to City Council

By DAVE SCHWAB

he San Diego City Council Environment Committee on June 30 unanimously endorsed Mayor Todd Gloria's update of the City's Climate Action Plan.

The update formalizes the City's goal of achieving 100% renewable energy by 2030, and net-zero emissions by 2035 while reinforcing the City's standing as a national climate leader. The CAP update will now be voted on by the full City Council in late July.

One hundred percent renewable energy means getting all energy from renewable resources – sunlight, wind, rain, tides, waves, and geothermal heat – to be used for electricity, heating, cooling, and transport.

Net-zero applies to a situation where global greenhouse gas emissions from human activity are in balance with emissions reductions. At net zero, carbon dioxide emissions are still generated, but an equal amount of carbon dioxide is removed from the atmosphere as it is released into it, resulting in a zero increase in net emissions.

"San Diego is at a crossroads," said Gloria in his introduction to the CAP update. "We can and must make the choices and investments necessary to embrace the growing clean-energy economy, provide equitable access to clean mobility, deliver healthy built and natural environments, and protect our residents from the growing threats of climate change. Since 2020, we have heard from more than 3,800 residents about your hopes, needs, and frustrations. Establishing a net-zero GHG emissions target by 2035 means eliminating fossil-fuel emissions from most day-to-day activities in a little more than a

decade.

"This CAP guides our collective efforts to build a better future together," continued Gloria. "It won't be easy. This is an ambitious plan. But the financial cost and human consequences of inaction are almost unimaginable. The CAP is our strategy to create a City with more efficient buildings and healthier lifestyles, good-paying green jobs, and more resilient communities. Achieving net-zero emissions will improve the air we breathe, the communities we live in, and our overall quality of life."

Adopting the updated CAP builds on the landmark plan adopted by the City in 2015, and advances goals around de-carbonizing the City's built infrastructure. This transition away from fossil fuels is to be supported by the implementation of strategic initiatives including building electrification, electric vehicle infrastructure, renewable energy, mobility upgrades, and zero waste goals.

"Achieving CAP's ambitious goals will produce a sustainable future for San Diegans and remain a model for the country," said District 1 Councilmember Joe LaCava, chair of the City Council's Environment Committee. "Climate



action cannot wait. This updated CAP is the start. I look forward to the implementation plan and a budget to inform the Council's priorities and funding decisions.

I appreciate the mayor's and staff's commitment to carrying out this work and aggressively tackling the climate crisis."

Initially, the Climate Action Campaign, a group whose mission is to stop the climate crisis through effective policy action, opposed the City's updated CAP plan to cut greenhouse gasses because it lacked a clear timeline and costs for implementation.

But Nicole Capretz, founder/ CEO of CAC, who helped write the City's 2015 CAP, now supports the City moving forward with a new updated plan, even without a hard deadline and fixed goals. "Given the City's failure to implement the first CAP, we are focused on getting firm commitments to fund and identify associated costs for the new updated plan," Capretz said adding, "Planning is good, doing is better."

The City's updated CAP can be viewed at climate-\_action-plan-updated-draft.pdf (sandiego.gov) .

# summer Camps



#### Ceramics and Art Camp for Kids

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Register at ewoolrychpottery.co Studio 6: 619-236-8997 For more information: Elizabeth Woolrych (Studio 6) 619-236-8997 ewoolrych@hotmail.com

#### Your in Good Hands at Claytime Ceramics Camp

Claytime Camps are hosted by the owner of 20 years, Caroline Anthony. Caroline practiced law in California and Massachusetts. She also has a masters in education and is a professional ceramic artist. The camps are held in her beautiful and unique studio surrounded by art in the mediums of mosaic, clay, sculpting and canvass. The camp also features outdoor activities including trips to the beach.

Camp registrations are online. Go to claytimeceramics.com

# State legislature passes constitutional amendment to guarantee rights to abortion and contraceptives

By DAVE SCHWAB

Reaction is pouring in from all quarters to the U.S. Supreme Court's recent overturning of Roe v. Wade which, since 1973, had protected a woman's right to choose to have an abortion without excessive government restriction.

The Supreme Court on June 24 officially ruled 5-4 against Roe v. Wade, which effectively ended recognition of a constitutional right to abortion. The ruling now gives individual states the power to allow, limit, or ban the practice altogether.

The California state legislature responded quickly. The state Assembly, just three days after Roe v. Wade was overturned, passed SCA 10, a constitutional amendment to make explicit the fundamental constitutional right to abortion and contraceptives in a 58-16 vote. The bill, jointly authored by Senate President pro-Tempore Toni G. Atkins (D-San Diego) and Assembly Speaker Anthony Rendon (D-Lakewood), was co-authored by a large coalition of Democratic legislators.

"Abortion is health care, and should be a private discussion between a patient and their health care provider," said Atkins. "When politicians and judges force themselves into that room, safety goes out the window.

"Friday was a dark day. Today, we provide a ray of hope by

enabling voters to enshrine reproductive rights in our constitution, reflecting California's values and protecting all who need an abortion, contraceptives, and other reproductive care in our state."

Voting to overturn Roe were justices Clarence Thomas, Neil M. Gorsuch, Brett Kavanaugh, Samuel A. Alito, Jr., and Amy Coney Barrett. Voting to uphold Roe were Chief Justice John G. Roberts, Jr. along with justices Stephen G. Breyer, Sonia Sotomayor, and Elena Kagan.

"I'm deeply disappointed with the Supreme Court ruling taking away women's right to choose," said District 2 Councilmember Dr. Jennifer Campbell. "As a physician, I know that this decision will cost women their lives. It is not possible to ban abortions; they are only banning access to safe abortions.

"We will continue to ensure that San Diego is a safe place for women to make their own healthcare decisions, including regarding abortion. And I'm leading the way for San Diego to support the California State constitutional amendment enshrining reproductive rights into law in our state."

Thirteen states had "trigger bans" designed to take effect as soon as Roe was overturned and are expected to ban abortion immediately or within 30 days. A total of 26 states are certain, or likely, to attempt to ban abortion immediately, according to the Guttmacher Institute, a research and policy organization



Senate President pro-Tempore Toni G.
Atkins COURTESY PHOTO

committed to advancing sexual and reproductive health and rights worldwide.

The ruling came in the SCOTUS's opinion in Dobbs v. Jackson Women's Health Organization, which centered on a Mississippi law that banned abortion after 15 weeks of pregnancy. The Republican-led state of Mississippi asked the Supreme Court to strike down a lower court ruling that stopped the 15-week abortion ban from taking place.

"We end this opinion where we began. Abortion presents a profound moral question. The Constitution does not prohibit the citizens of each State from regulating or prohibiting abortion. Roe and Casey arrogated that authority."

READ MORE ONLINE AT sdnews.com

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#### BY CHRIS LOVE **Y**

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# Residents and civic groups react to Roe v. Wade being overturned

By DAVE SCHWAB

oastal residents and civic groups spoke out on the Supreme Court overturning Roe v. Wade.

"Any society, group, or agency that wants to prohibit abortion should 'first' legislate the means and money to care for babies whose mothers 'cannot raise them' for any reason," reacted Phyllis Minick of La Jolla.

"It's such a deeply personal and difficult decision but, ultimately, I think the Supreme Court's reversal of Roe v. Wade violates a basic human right to have complete control over one's body," said Susan Crowers of Pacific Beach. "Everyone is entitled to their opinion about abortion, but those opinions or beliefs should not be legislated to eliminate the 'choice.' I can no more imagine forcing a woman to endure pregnancy and delivery against her will, than forcing a pregnant woman to have an abortion against her will."

Pacific Beach social activist Caryn Blanton of nonprofit Shoreline Community Services aiding the unsheltered, was disappointed but hopeful about the future following the court's decision.

"We (women) are a part of history," Blanton said. "Others fought and came through abolitionism, The Great Depression, WWII, The Civil Rights Movement. We will fight and come through this 'Great Unraveling."

Melinda Merryweather of La Iolla believes Roe v. Wade's reversal creates inequity among the sexes. "Women are not livestock," she said. "Women will die. Why should my brothers have more rights than me? "

Judy Adams Halter of La Jolla said she was "disheartened that a small minority of people are changing constitutional rights for women that are half of our population and that this small group of people is also changing precedent that two-thirds of our nation agrees with. Our system is broken and needs to be more representative with term limits for supreme



PHOTO BY LORIE SHAULL/WIKIMEDIA COMMONS

court justices as well as for our legislators.

"My hope is that our young people, especially millennials, will vote in more representative leaders of our nation in the upcoming midterms. Our legislators need to represent our population. We also need to discard the Electoral College and allow for more Senate representation for more populated states. California only holds two Senate seats for 40 million people and a state like Montana with just 1 million people also has two Senators. Is that representative? Is that a democracy?" Halter said.

"It is amazing to me that 49 years of law have been overturned, something that my mother and I fought hard to get," said Janie Emerson of La Jolla Shores. "Also, what happened to the separation of church and state?"

Two local nurses weighed in on the SCOTUS decision.

"I respect each individual's choice," said retired Navy nurse Ellen Citrano of Pacific Beach. "That being said, choice is the key word. We have just stepped back into the barbaric times when regardless of how they became pregnant, they now have to seek dangerous and life-endangering procedures. Girls and women will die needlessly because of a handful of out-of-touch, lying white elitists."

"As a health care professional I am keenly aware of my licensure qualifications for practicing medicine," said Camilla Bicknell RNC, WHNP, of Point Loma. "I am amazed that SCOTUS, without a medical degree or license, has made a medical decision regarding abortion. They are attempting to practice medicine 'without' a license (which is illegal). They do not have the qualifications to determine when, why, how, or where abortion should be performed. We don't live in a perfect world. If we did, abortion would not be necessary."

Ashlea Vedder of Point Loma, a 25-year-old political science grad from University of California, Santa Barbara, weighed in on Roe's reversal.

"This decision is so blatantly not about life and it's all about controlling women and creating more economic and social disparity," Vedder said. "Healthcare experts have said that abortion access is a healthcare necessity and that in certain situations people will die if they cannot receive an abortion. People get pregnant at all ages - some while they are still children. So this cannot be about protecting the lives of children.

"Right now, we already have some of the highest rates of maternal mortality out of any developed country, not to mention we have a national shortage of baby formula. We have no federal-paid paternity leave. No affordable childcare services. We shouldn't have to justify this over and over. It is not acceptable to allow states, governments, and religion to interfere with the personal decisions we make about our bodies," Vedder said.

"I'm mad as hell," said Susan Winkie of Ocean Beach. "The data speaks for itself: the vast majority of this country believes the decision to overturn Roe v. Wade was wrong and based on politics as opposed to the law. This decision by the court has wiped out decades of progress that allowed women to have equal opportunities in this country. It has basically undermined women giving the government power over our bodies and what we do with them. As a result, we effectively become second-class citizens."

# Planned Parenthood in PB offers reproductive health care services



Planned Parenthood of the Pacific Southwest serves San Diego, Riverside, and Imperial counties.

#### By DAVE SCHWAB

espite Roe v. Wade being overturned, nonprofit Planned Parenthood of the Pacific Southwest serving San Diego, Riverside, and Imperial counties assures women that abortion services remain legal and attainable.

"Our mission is to ensure broad public access to sexual and reproductive health care through direct service, education, and advocacy," said Sandra Duran, Planned Parenthood's director of communication.

Duran said there has been a recent influx of women from outside California seeking abortion services.

"We are definitely already seeing an increase in out-ofstate patients, primarily from Arizona, seeking abortion care at Planned Parenthood of the Pacific Southwest," said Duran. "Overall there has been a 77% increase in the number of abortion appointments booked from the week before the SCOTUS ruling to this week. The biggest increase is from patients coming from Arizona (1,246% increase)."

"Although we knew the decision announced by the Supreme Court was likely, to say we are extremely disappointed does not begin to encompass the deep worry we feel," said Darrah DiGiorgio Johnson, president and CEO of Planned Parenthood Action Fund of the Pacific Southwest. "It is expected that over half of all states across the country will severely restrict or ban abortion entirely, including 13 states that will likely enact abortion trigger laws immediately. We share in our communities' and patients' sadness, anger, and fear about what this means for the short-term, and for generations to come.

"This dangerous and chilling decision will force people to flee their state to access basic, critical care, while those who cannot afford to travel for health care will have to face unbelievable choices and may end up being forced to carry pregnancies against their will," continued Planned Parenthood's statement. "And as we know, barriers to accessing care will only increase for people of color, people with low incomes,

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Services: abortion, birth control, HIV, men's health, morning-after pill (emergency contraception), pregnancy testing, STD testing, treatment and vaccines, transgender hormone therapy, and women's health.

Contact: Make an appointment for an abortion at one of 19 health centers in Imperial, Riverside, and San Diego counties by calling 1-888-743-7526. You can also book an appointment

Need help with travel costs? After making your appointment the contact center representative will connect you to a care coordinator to assist with travel accommodations.

Find a provider – Anyone who needs abortion care should go to abortionfinder.org to find their nearest provider.

**Volunteer with Planned Parenthood** of the Pacific Southwest: Accepting online volunteer applications and have many more opportunities at planned. org/getinvolved. To receive information about upcoming Planned Parenthood events, news, abortion rights, reproductive health care, and more at planned.org/carematters.

**How to help?** Donate. The Abortion Access Fund provides free or reducedcost abortion services for thousands of patients each year. Your contribution will help to ensure that no patient is turned away due to an inability to pay.

immigrants, and LGBTQ+ people.

"It is important to note that abortion is still safe, legal, and protected in the state of California and that all patients, regardless of where they may be traveling from, will be able to access abortion care at Planned Parenthood of the Pacific Southwest.

"Today, we are facing another difficult moment, but we are not backing down - not now, not ever. As always, we stand with abortion providers everywhere, with supporters, and with all who will keep fighting until all people can be free to decide if and when to start a family."

**READ MORE ONLINE AT sdnews.com** 

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# The Most Wuthering Heights Day Ever coming to Pacific Beach on July 30

By DAVE SCHWAB

o you like literature, the library, and dancing at live events? Now you can have all three wrapped into one at The Most Wuthering Heights Day Ever at Pacific Beach/Taylor Branch Library on Saturday, July 30.

The library at 4275 Cass St. will hold San Diego's edition of The Most Wuthering Heights Day Ever in the library's park starting at noon. Described as a flash mob/community dance, the event has taken place internationally every July since 2013. San Diego is one of only five locations hosting an event in the United States in 2022, and the only one on the West Coast.

"Whether you are more a fan of Emily Bronte's classic 1847 novel 'Wuthering Heights' or Kate Bush's 1978 song adaptation, we invite you to express your inner Cathy at The Most Wuthering Heights Day Ever," said PB library manager Christina Wainwright, who has designed dance costumes, especially for the event.

"Don a red dress and dance to Kate Bush's 'Wuthering Heights' in the Pacific Beach Library's park, using the moves that Kate Bush immortalized in her music video. Afterward, we invite you to hang out in our park. We'll spin some tunes and you can bring picnic supplies."

The Most Wuthering Heights Day Ever is an event held at locations worldwide where participants recreate the music video for musician Kate Bush's 1978 song "Wuthering Heights." The event's inspiration is "Shambush's The Ultimate Kate Bush Experience," which took place in 2013 in Brighton, United Kingdom, as part of Brighton Fringe, created by performance collective Shambush. Shambush attempted to set an unofficial world record on that date for the most people dressed as Kate Bush in one place, with hundreds attending.

"Wuthering Heights" is an 1847 work by Emily Bronte, an English novelist and poet who is best known for this, her one and



Rob Rosas and Christina Wainwright of Pacific Beach Library rehearse the 'Wuthering Heights' dance in the red tunics that will be featured in a July 16 costuming workshop.

PHOTO BY TAHNI BANNO

only novel, concerning two families of the landed gentry and their turbulent relationships. The novel was influenced by Romanticism and Gothic fiction. "Wuthering Heights" is now considered a classic of English literature. But it was controversial for its depictions of mental and physical cruelty, including domestic abuse, and for its challenges to Victorian morality and religious and societal values.

Catherine "Kate" Bush is a British singer, songwriter, pianist, dancer, and record producer. In 1978, aged 19, she topped the UK Singles Chart for four weeks with her debut single "Wuthering Heights." She became the first female artist to achieve a UK No. 1 with a self-written song. She was also the first British solo female artist to top the UK album charts and the first female artist to enter the album chart at No. 1.

Wainwright characterized the upcoming library event as "something unique and just a bit weird in a good way."

"The novel has enduring appeal," she said adding, "It's a love story about love and passion regarding the main characters, Heathcliff and Cathy. Kate Bush wrote the song from a TV miniseries based on one scene, now

captured in her song, showing people in red dresses dancing in a field.

"Because it is so dramatic, over the top, years later, in 2013, people in English art groups thought it would be a neat thing to invite folks to wear red dances and dance out in the fields. It has since become an international movement."

PB's observance of the special literary event will be lighthearted.

"'Wuthering Heights' is for people of all ages and abilities just coming together to do something fun," Wainwright said. "It just happens to be about 'Wuthering Heights."

The PB librarian said they're hosting online costuming workshops for folks wanting to practice dancing before they participate.

"Hopefully, it will get more people interested in Bronte's book and in Bush's music," Wainwright said. "If you want to do something weird and fun together: This is that event."

You can see more info about the event (including links to dance rehearsals, a costuming workshop, and several videos) at mysdpl. org/wuthering. Folks who are on Facebook can also join a group dedicated to the event, to get updates: https://www.facebook.com/groups/sdplwuthering.

#### PARK ART INSTALLATION

The art installation "Tribute to Paleteros" at Standley Park, 3585 Governor Drive and at Gardens Park, 4850 Governor Drive, is on view now until Nov. 20 in University City. In his project, artist Roberto Salas celebrates paleteros. Salas reveres the paleteros as vendor-heroes with desirable treats because they create everlasting memories for generations and park-goers in the instance of "Park Social. Tribute to Paleteros" takes the form of various large-scale, Popsicle sculptures. Meet Salas on Saturday, July 16, during Park Social Exploration Day at Standley Park from noon to 3 p.m.

As vehicles pass these

sculptures, their headlights illuminate these roadside attractions. The drivers are the participants as their cars project lights that glow and animate the pieces. This interaction creates a new art venue, a new museum, a new gallery where anyone driving or walking by can become part of the experience. From this, Salas hopes that community members will become unofficial docents of this new museum, sharing their enthusiasm for the work. For more information, visit sandiego. gov/park-social.

#### **LJ BEAUTIFICATION**

An effort to beautify utility boxes located within the La Jolla maintenance assessment district by covering the surface of these boxes with artistic vinyl wraps continues to progress. A committee comprised of three Enhance La Jolla directors has solicited and vetted cost estimates from several artists for the project.

A list of specific utility boxes that would be included in this pilot utility box enhancement program and proposed images and designs for the boxes will be shared at the next Enhance La Jolla board of directors meeting on July 21. Visit enhancelajolla.org for more information. If you see an issue needing attention within the district, contact Enhance La Jolla at 858-444-5892 or manager@enhancelajolla.org.

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A CLINICAL UPDATE





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hemlocksocietysandiego.org

## Mission Bay's valedictorian and salutatorian ready for new challenges

By DAVE SCHWAB

ission Bay High School valedictorian James Ward, and salutatorian Edgar Seecof, discussed their school experiences, what they're doing this summer, their career aspirations, and outlooks on the future.

Ward led a team of colleagues this past year in co-founding Alattis, a student-led business creating a new videoconferencing platform built by students, for students, to resolve some of the problems with Zoom, and other video-conferencing platforms. "I'll be working this summer to bring the platform to summer schools in San Diego," he said.

An avid surfer and beachgoer, Seecof, who is going to UC San Diego this fall, will be busy this summer with an internship. "I'm going to be working at a little semiconductor place that works in automated tests, just helping with testing over there," he said.



Valedictorian James Ward

Ward started an entrepreneurship club at MBHS and was active in sports. "I was all-league rugby this year," he said. "I won league championships for individuals and doubles for tennis."

Not a club or sports person, and more of a free spirit, Seecof said: "I just kind of march to the beat of my own drum, do what I do after school. That's how I am."

Of how they'll remember MBHS, both Ward and Seecof will remember it well.

"The biggest thing I'll remember

is the sports because I was really into sports," said Ward adding, "And then I would say the people I met. One thing I really enjoyed was the homecoming dances and the pep rallies during my freshman and sophomore years. And then, also, the IB program at Mission Bay."

"There are lots of nice teachers here willing to get to know you, both after school and during class," said Seecof. "Everyone's very accepting here."

Ward will be attending Warton School of Business at the University of Pennsylvania this fall. "I want to pursue a double major in economics with a focus in health administration and policy and computational and mathematical biology," he said. "My end goal is to be a CEO of a hospital. My grandma passed away because she wasn't able to get the care she needed. I want to be in charge of a hospital so I can prevent that from happening to other people."

"I enrolled for computer engineering at UC San Diego, so we'll see

where I end up, maybe in software or hardware," said Seecof. "I went through the engineering program at MBHS and took IB design technology, the building side of engineering, which gives you more of a design orientation, not just grinding out mathematics for thermodynamics and linear algebra."

The two young scholars had decidedly different attitudes toward current events in these times of inflation, the housing crisis, the war in Ukraine, and mass shootings happening more frequently nationwide.

"As young people, it's our responsibility to educate ourselves on what's happening," said Ward. "We have access to so much information that other generations didn't have. We can use that to benefit the world in a lot of ways. For example, with social media, people can explore different perspectives of others that they wouldn't have been able to see in their own communities."

"It's good to be optimistic but not

overly optimistic, thinking about stuff in the future, making all the stuff we've done right now better, is not the way to look at it," said Seecof. "What you want to fight, you need to fight right now, because counting on future generations, and future actions, to happen is not a good way to go about it."

Looking ahead, Ward said, "I'm definitely optimistic in people as a whole, as well as myself, to be proactive and make change where change is needed. With the power of social media and the internet, we can work together to begin solving the problems of the world. And the first step to solving any issue is awareness."

"It is stressful to watch inflation bumping up really fast, the really crappy housing market, and just the generic economic situation comparing it to past generations," said Seecof. "That's distressing. But you've got to just roll with it. You can't do much by yourself. You need a lot of people to do everything."

#### **PBE DONATION**

The fifth-grade class left its mark at Pacific Beach Elementary School at 1234 Tourmaline St., a donation at school year's end: a brand new garden sign and welcome surfboards at the entrance to the school's garden. The fifth graders also voted on a new, fresh name for the garden: The Penguin

Patch. Each surfboard contains individual tiles hand painted by each student in the fifth-grade class.

#### FIREHOUSE FUNDRAISER

Powerhaus Wholesome Pizza and Eats at 1550 Garnet Ave. held a fundraiser for Pacific Beach Fire Station 21 on June 30. "We wanted to support the local PB firefighters and all people had to do was order and Powerhaus donated on the attendees' behalf," said Powerhaus intern Madison Culp.

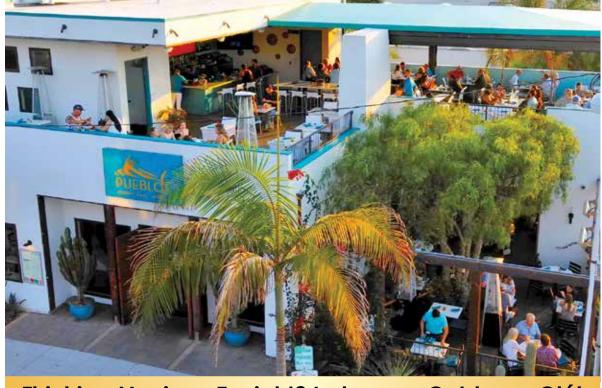
#### **WOMAN'S CLUB FUNDRAISER**

Pacific Beach Woman's Club is hosting a Bunco fundraiser Sunday, July 17 at 2 p.m. at VFW Post 5985, at 853 Turquoise St. Bring your friends. Bunco is fun and easy to learn. There will be raffle items and refreshments. Proceeds will benefit the club's many charitable efforts. Get tickets at ticketstripe.com/julybunco. There will be a maximum of 40 participants selected on a first come, first served basis.

#### **MOBILE CHEESESTEAKS**

Calozzi's Cheesesteaks will soon close its shop at 1146 Garnet Ave. and launch the company's first food truck. The transition will be with no downtime, and Calozzi's will be mobile all over San Diego County as soon as possible.

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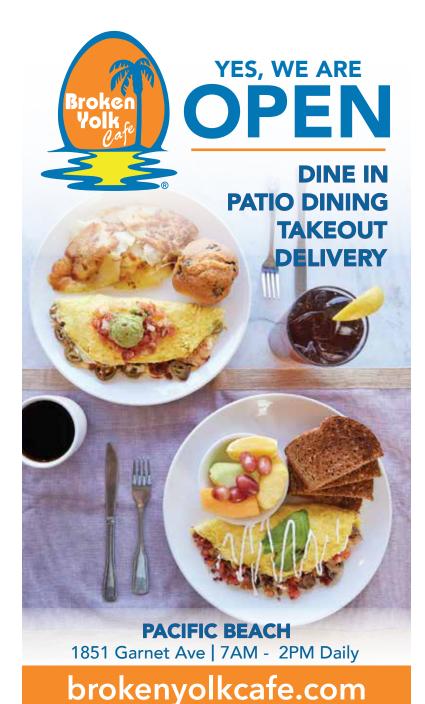
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# Pacific Beach student artist spruces up Garnet Avenue

The art project, Explore PB's Wild Side, highlights endangered birds

By DAVE SCHWAB

en trash cans have artwork on them in Pacific Beach thanks to a contribution by a Pacific Beach Middle School student.

"Every eighth-grader at PBMS has to do a community service project and I wanted to do something that incorporated art, something I'm passionate about," said young artist Makena Seiler. "So I found a nonprofit, beautifulPB, and they had this idea that I could put something on trash cans on Garnet. We brainstormed and decided to use endangered birds, and I got a list from the Audubon Society for what birds to use."

"Our latest art installation is up on Garnet Avenue, which we're calling 'Explore PB's Wild Side," said beautifulPB president Katie Matchett. "It features pictures of local birds created by a number of different PB artists including Makena Seiler. It's a great project and we hope to build on it with more plaques and other art installations in the future. Community public art beautifies our public spaces, and inspires dynamic cooperation throughout a neighborhood."

"We first discussed this idea about putting art on the trash cans a few years ago," said Leslie Dufour of beautifulPB, who



Pacific Beach Middle School student Makena Seiler sits next to a brown pelican, one of four local endangered bird species she painted with water colors and colored pencils, which are now decorating trash cans in Pacific Beach.

manages community art murals for the grassroots nonprofit, which works to create a more sustainable, equitable, and beautiful Pacific Beach. "Like many ideas, it fell by the wayside. Then Makena Seiler approached us. We thought, 'bingo, this could be a great community project that fosters the values of anti-littering and getting to know and care for our PB environment."

Dufour noted everything "fell into place" with Seiler's school art project. "Makena provided us some beautiful artwork, we located a few other talented professional artists — Hilary Dufour, and David Krimmel

– and we were able to replicate the fantastic artwork from the Kendall Frost murals, (that are being torn down) including the mural by Kyla-Yu Swanson," she said.

Added Dufour, "It was really time to add more art to Garnet, especially art that supported our aspirations and wasn't prohibitively expensive. It succeeded because of the enthusiasm of the artists, the installer, Heather Clinkenbeard, the printer, T&S Signs, Discover PB, beautifulPB, and the local folks at the Audubon Society."

Seiler started using watercolors while painting her four endangered birds, a project she began in January. But she switched to using colored pencils after a while because "the birds stood out more and the background did too." She added this was just the first batch of artistically rendered birds. "We're going to come up with another one soon," she noted.

Asked about the objective of her art project, Seiler replied: "People should pick up their trash that endangers the ocean, the wetlands, the birds, and other endangered animals.

Discussing what she's gotten out of her project, Seiler answered, "How to do different styles of art, learning more about the environment. I didn't know there were so many endangered birds and animals in my community. We need to preserve their habitats."

The budding artist received school credit and an award for

successfully completing her art project which, thus far, has drawn rave reviews.

"The IB coordinator and my principal want to scan some of my favorite ones (birds) and put them around the school so I can spread awareness (there) too to get people to pick up their trash," Seiler said adding, "I'm just thankful to beautifulPB for helping with this project by getting the trash cans."

Endangered bird trash can art joins nearly 50 public art murals scattered around the beach community, not even counting painted crosswalks or decorated utility boxes, which are dispersed throughout town. There is a descriptive map with bios of murals artists and their work at beautifulpb.com.

See more information about the community endangered bird trash can art project at https://beautifulpb.com/explore-pb-wild-side/.

#### LITTLE BLUE PENGUINS EXHIBIT TO OPEN AT BIRCH AQUARIUM ON JULY 12

The wait is finally over. Beyster Family Little Blue Penguins officially opens at Birch Aquarium at Scripps Institution of Oceanography at UC San Diego at 9 a.m. on July 12. To mark the completion of this highly-anticipated exhibit, Birch Aquarium is hosting a ribbon-cutting ceremony from 8:30-9 a.m.

Inside the exhibit, guests will come face-to-face with Little Blue

Penguins as they waddle, swim and glide about their new home. This new attraction brings the world's smallest penguins to Southern California for the first time. The 2,900-square-foot habitat — made possible by philanthropic support from the Beyster Family — features an 18,000-gallon penguin lagoon, multiple cozy burrows, sandy beach and native plants that mimic the coast of New Zealand and Australia.

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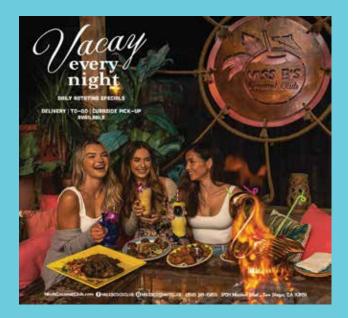
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### Make a splash this summer at the Bahia and Catamaran resorts

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#### **ISLAND VIBES**

- Say "Aloha!" to the Catamaran Resort, a Polynesian-inspired hotel, featuring a bayside luau that's fun for the whole family, and several island-themed activities in its tropical setting. Sunset Luaus on Mission Bay, Tuesdays and Fridays through Sept. 2, features an allyou-can-eat Hawaiian buffet, authentic island music, hula dancing, fiery torch performers, and even a volcano that erupts confetti. Guests also receive a lei and Mai Tai. New this year is premium VIP seating close to the stage.

– The poolside Keiki Klub (Kids Club), happening daily from 1-3

p.m., features complimentary Hawaiian-inspired arts and crafts. Guests of all ages can participate in complimentary hula Lessons and fresh flower lei making (cost \$20), which take place bayside on Tuesdays and Fridays from

- Continuing the island vibe, there is an outdoor enchanted tiki room featuring daily Bird Shows at 3 p.m. (except on Sundays and Wednesdays), featuring Chadwick the cockatoo and his five feathered friends, including colorful talkative parrots – all Insta-worthy photo ops!

– Throughout the summer there will be yoga on the bay, which takes place daily 8:30-9:30 a.m. The complimentary open-air yoga session, overlooking the calm waters of Mission Bay, is a relaxing way to begin the day. Mats are provided.

#### **MOVIE MAGIC**

- Taking advantage of the warm weather, both resorts stage complimentary outdoor, family-friendly

movie nights. Movies on the Bay take place at the Catamaran on Mondays, beginning at dusk (through Sept. 5), with complimentary popcorn. Movies at Palm Terrace take place at the Bahia on Saturdays at 8 p.m. (through Sept. 3).

#### **KIDS' STUFF**

- Both resorts cater to kids, and guests of all ages, with a variety of interactive summer games and activities including self-guided scavenger hunts, complimentary video arcade at the Catamaran, shuffleboard and tennis courts at Bahia, and dozens of games and toys to borrow including Frisbees, footballs, volleyballs, corn hole, smash ball, and more.

#### SIZZLING NIGHTLIFE

– As a sweet way to end the day, both properties offer S'mores on the Bay with complimentary s'mores kits and hot cocoa on Wednesdays at the Catamaran and Thursdays and Sundays at the Bahia, from 7-8:30 p.m.

– The Bahia Belle After Dark Cruise, Mission Bay's party boat, will make waves on Fridays and Saturdays, 9-11 p.m. While cruising the bay, guests can dance to



Polynesian dancers entertain with a variety of gyrations at the Sunset Luaus on Mission Bay at the Catamaran Resort.

live music and drink cocktails and craft brews. Partygoers must be 21 years or older. Cruises depart from the Bahia Resort on Fridays and the Catamaran Resort on Saturdays. Cost: \$15 for hotel guests, \$25 for non-hotel guests.

- Happy hour at Moray's at the Catamaran Resort is the place to people watch while sipping a signature Mai Tai and enjoying daily food and drink specials.

For more information, visit bahiahotel.com and catamaranresort.com.

#### **CONCERTS**<sub>\*</sub> CONT. FROM PG. 1

The community is seeking to rebrand Pacific Beach, altering its image from that of a "college bar" area, to a national and international travel destination where whole families can come to enjoy the arts, music, beautiful beaches, and a funky community with restaurants, bars, and a shopping scene.

Bothwell said concert guests will likely be allowed to bring low umbrellas for shade and comfort on the sides of the concert site. She noted last year's crowd for the lone concert was only about 1,000, adding PBTC expects that figure could double this year. "People are just ready to get out," Bothwell said, adding there is plenty of room in the future for expansion. "The new layout might make for a big change," she pointed out

#### **SCHEDULE**

July 24: Captain J and the Jive Crew (yacht rock).

July 31: The Radio Thieves (modern pop-rock).

Aug. 7: The Mighty Untouchables (feverish dance band).

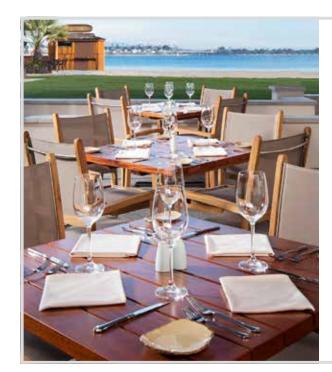
Aug. 14: SM Familia (reggae and hot Latin).

noting there are also plans to have a halftime this year at Concerts on the Green.

"I'm hoping to have a couple of special things, a yoga presentation, and a presentation by a dance studio that does Latin dance," Bothwell said of the halftime shows. "The other thing we've always done is a community night where we have a firetruck, which will be Aug. 7."

Bothwell said the beach community's new image will be on display at Concerts on the Green.

**READ MORE ONLINE AT sdnews.com** 



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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9012840 Fictitious Business Name(s) a. LEARNING JOURNEY CONSULTING Located at: 1765 MISSOURI STREET, SAN DIEGO, CA 92109 Is registered by the following: a MARGARET E. ALLEN This business is conducted by: AN INDIVIDUAL The first day of business was: JUNE 3, 2022 Registrant Name: a MARGARET E. ALLEN TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 3, 2022. ISSUE DATES: JUNE 17,24, JULY 1 & 8

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013647 Fictitious Business Name(s) a. SUBLUXATIONS, ETC. Located at: 4102 QUAPAW AVENUE, SAN DIEGO, CA 92117 Is registered by the following: a JULIA A. TOOLEY This business is conducted by: AN INDIVIDUAL The first day of business was: 14 JUN, 1981 Registrant Name: a JULIA A, TOOLEY TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 14, 2022. ISSUE DATES: JUNE 17.24. JULY 1 & 8

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO:

37-2022-00023530-CU-PT-CTL SUPERIOR COURT OF CALIFOR-NIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROAD-WAY CITY AND ZIP CODE: SAN DIEGO. CA 92101: BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): LAETITIA GENEVLEVE JAUFFRET-OPILKA filed a petition with this court for a decree changing names as follows: Present name: a.LAETITIA GENEVLEVE JAUFFRET-OPILKA to Proposed name: ELLE JAUFFRET court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEAR-ING a. Date: 08/04/2022 TIMF: 8:30 AM DEPT: 61: b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: 6/17/ 2022. JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH ISSUE DATES: 24 JULY 1,8,& 15 ATTACHMENT TO ORDER TO SHOW CAUSE - Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served. along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013895 Fictitious Business Name(s) a. CALI WHOLESALE b. CALI WHOLESALE FLOWERS Located at: 5858 DRYDEN PLACE PL. #3, CARLSBAD CA 92008 Is registered by the following: a IMELDA LACAYO This business is conducted by: AN INDIVIDUAL The first day of business was: 3/1/2016 Registrant Name: a IMELDA LACAYO TITLE of Officer, if Limited Liability Company/ Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 16, 2022. ISSUE DATES: JUNE 24 ,JULY 1,8,& 15

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013699 Fictitious Business Name(s) a. SOL Y QUITO Located at: 2754 CALHOUN STREET, SAN DIEGO, CA 92110 Is registered by the following: a CUSTOM COMMODITY, LLC This business is conducted by A LIMITED LIABILITY COMPANY The first day of business was: 05/22/2021 Registrant Name: a CUSTOM COM-MODITY, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. IRFAN JANJUA, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 15, 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013700 Fictitious Business Name(s) a. EL PEPPER LOCO Located at: 2754 CALHOUN STREET, SAN DIEGO, CA 92110 Is registered by the following: a CUSTOM COMMODITY, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 06/15/2022 Registrant Name: a CUSTOM COM-MODITY, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. IRFAN JANJUA, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 15, 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014145 Fictitious Business Name(s) a. STATUS CUSTOM BUILDERS Located at: 1223 CLEVELAND ANV, SUITE 200, SAN DIEGO, CA 92103 Is registered by the following: a FORT MAN-AGEMENT GROUP This business is conducted by: A CORPORA-TION The first day of business was: 07/18/2017 Registrant Name: a FORT MANAGEMENT GROUP TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. SERGI IANGIROV. CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 22 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014461 Fictitious Business Name(s) a COOL CARS LINI IMITED Located at: 6076 CARNEGIE ST, SAN DIEGO, CA 92122 Is registered by the following: a GMC AND ASSOC INC DBA COOL CARS UNLIMITED This business is conducted by: A CORPORATION The first day of business was: MAY 13, 1999 Registrant Name: a GMC AND ASSOC INC DBA COOL CARS UNLIMITED TITLE of Officer, if Limited Liability Company/Corporation Title of Signor, GEORGE COPELIN. PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 24, 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014522 Fictitious Business Name(s) a. JOSE AROESTE PRO-BATE SERVICES Located at: 7665 PALMILLA DR #5416, SAN DIEGO, CA 92122 Is registered by the following: a JOSE AROESTE INSURANCE AGENCY, INC This business is conducted by: A COR-PORATION The first day of business was: 06/24/2022 Registrant Name: a JOSE AROESTE INSURANCE AGENCY, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor, JOSE AROESTE. PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on:

JUNE 24, 2022. ISSUE DATES: JULY 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9012892 Fictitious Business Name(s) a. WILDWOOD FLOUR BAKERY Located at: 1976 GARNET AVE, SAN DIEGO, CA 92109 Is registered by the following: a WILDWOOD FLOUR, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: N/A Registrant Name: a WILDWOOD FLOUR, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor.NOAH ORLOFF, MANAGING MEMBER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 06, 2022. ISSUE DATES:

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014478 Fictitious Business Name(s) a. A PINCH OF SALT Located at: 2040 COLUMBIA ST #203, SAN DIEGO, CA 92101 Is registered by the following: a FRIKA CAIFTTI. This business is conducted by: AN INDIVIDUAL The first day of business was: 05/01/2022 Registrant Name: a ERIKA CAIETTI TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 24, 2022. ISSUE DATES: JULY 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9014680 Fictitious Business Name(s) a SOUL INSPIRATIONS Located at: 1362 DIAMOND ST, SAN DIEGO, CA 92109 Is registered by the following: a JENNIFER RIVETT This business is conducted by: AN INDIVIDUAL The first day of business was: JAN 01,/2022 Registrant Name: a JENNIFER RIVETT TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 28, 2022. ISSUE DATES: JULY 8, 15,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9013455 Fictitious Business Name(s) a. TROY AUTO GROUP b TROY MOTOR GROUP Located at: 4626 MERCURY ST SUITE 1120 SAN DIEGO, CA 92111 Is registered by the following: a TROY ALLEN THERIAULT This business is conducted by: AN IN-DIVIDUAL The first day of business was: 6/13/2022 Registrant Name: a TROY ALLEN THERIAULT TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 13, 2022. ISSUE DATES: JULY 8, 15, 22 & 29

### Over-The-Line World Championship is back and bawdy as ever

By DAVE SCHWAB

hat started out 69 years ago as a way to pass the time waiting for an open volleyball court, the Over-The-Line World Championship has since morphed into what it is today – an outrageously fun and competitive bat-and-ball sport best known for its tongue-in-cheek humor.

This year's summertime staple, presented by the Old Mission Beach Athletic Club (OMBAC), will be held on back-to-back weekends, July 9-10 and July 16-17, at Fiesta Island on Mission Bay from 8 a.m. to 5 p.m. The event draws teams from all over the nation and world.

Trademarked by OMBAC, the homegrown sport is a variation of softball that uses rope, a softball bat, and a rubber ball. Threeperson teams pitch, bat and field. The game is played on a sand court resembling a triangle attached to an open-ended rectangle.

As usual, the following OTL rules will be strictly enforced this year. The no B's rules will be in effect: No bottles, bicycles, bowsers (dogs), babies, and boas; as well as no bad attitudes or battles (fighting).

OTL chair Patrick Vaughan said the event was not held in 2020 due to COVID and was held last year, but in a diminished capacity.

"We had less than 600 teams last year, and in 2019, before the

pandemic, we had 1,050 teams," said Vaughn. "[Attendance] has been decreasing every year for the last four or five years."

Vaughn said the pandemic also forced OMBAC to go to three days instead of four on two separate weekends last year. "And we only had five weeks to prepare for it," he noted adding, "This year we're back to having a traditional setting, though we've only got around 700 teams."

But Vaughn pointed out the weather forecast is for a hot opening tournament weekend. "Warmer weather drives folks in the inland valleys out here to the beaches, and this is one of the events they come to," he said. "So we're expecting to get a lot of people out here as spectators."

Vaughn speculated that the San Diego beach booze ban that began in 2008 may have had a dampening effect on crowd sizes at OTL. But not to worry, he said, alcohol, properly controlled, is permitted at the event.

"You can bring your own coolers in with aluminum cans," he said. "But we also have one big public beer garden right in the middle of the courts."

Vaughan said the tournament is OMBAC's biggest fundraiser by

far. "Every nickel we make goes to pay for all our events all year long."

OTL is a public event. However, it is not appropriate or safe for children, due to crowds, bat and ball-related games, and language. Alcohol rules and restrictions will be exactly the same as in previous years' tournaments.

Originated in San Diego, OTL dates back to 1954 on the sand of Mission Beach, where a group of beach volleyball players waiting for an open court grew antsy and began brainstorming ideas to pass the time. OTL was the result.

READ MORE ONLINE AT sdnews.com

#### MS. EMERSON

If you or a friend are interested in being Ms. Emerson, email your name, age (21-plus), and contact information to missemerson@ombac.org or stop by the Ms. Emerson lounge during the first weekend of the annual Over-The-Line Tournament to sign up. The Ms. Emerson contest is a longstanding tradition with Old Mission Beach Athletic Club and the Over-The-Line Tournament. The winner will be elected by the voting members of the Ms. Emerson Committee on the second Saturday of OTL. Ms. Emerson will be a spokesperson and ambassador for the nonprofit OMBAC; and she and her court will volunteer during the year, focusing on fundraising events that benefit young athletes, physically challenged athletes, cancer research, and wounded U.S. veterans.





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#### SUDOKU PUZZLE

5 8 2 4 3 9 8 6 9 5 3 6 3 8 4

# Fill in the blank cells using number 1 to 9. Each number can appear only once in each row column and 3x3 block. Use logic and process **CROSSWORD PUZZLE** 42 46

- CLUES ACROSS
- 1. Absence of difficulty
- 5. Preserve a dead body
- 11. Gratitude 14. The act of cor
- 15. More cushy
- 18. Visionaries 19. Large, fish-eating bird
- 21. Indicates near

CLUES DOWN

1. Body part

23. NY Mets legend Tommie 24. Icelandic books

3. Expel large quantities

6. Dialect of Chinese

8. Consumed

7. Famous Mr. T character

- - 29. Hammer is one 30. Sense of self-importance 32. Thyrotrophic hormone
    - 33 Can't be found
    - 35. Electronic data processing 36. Passports and licenses are two
    - 39. Snake-like fishes 41 Air Force

    - 42. Popular computers 44. Intermediate ecological stage
    - 17. Willis and Robert are two 20. Affirmative! (slang)
    - 22. It shows who you are 25. The First State (abbr.)
    - 26. Get older
    - 29. Woman (French)
    - 31. Sunscreen rating 34. Brew
- 9. Chinese dynasty 36. Leader
- 10. Menace to yards 37 Plants in the legume family 12. Ireland 38. Burn with a hot liquid
- 13. Palm trees 40. Junior's father
- 16. Fungal disease 43. Scads

- 45. Morning 48. Length of a line (abbr.)

47. Used in combination

52. Jewelled headdress

49. Laid back

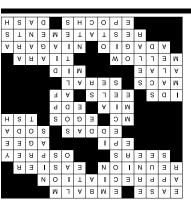
58 Famous Falls

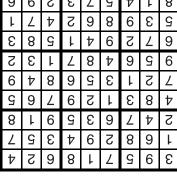
60. Reassertions

62. Periods of time

56 Slow

- 50. Double curve
- 51. Small, thin persor
- 53. Worn by exposure to the weather
- 55. Humanities
- 57. Word element meaning ear 58. To the \_\_ degree
- 59. Residue of something burned
- 61. It cools your home







Full Strength funk band to perform at Concerts by the Sea on July 17. COURTESY PHOTO

# **LIVE FROM SAN DIEGO – Music** performances on the coast this week

By BART MENDOZA

#### RECOMMENDED

After a two-year absence, the summer music series, Concerts by the Sea, is back! Presented by the Kiwanis Club, the event takes place at La Jolla's Scripps Park across four Sundays, running from July 17 through Aug. 7. This free, beloved institution provides great music at one of San Diego's most scenic locations, complete with seals. Artists performing include cover band The Mighty Untouchables (July 24), boogie woogie pianist Sue Palmer (July 31), and dance band The Heroes (Aug. 7), but first up is the 11-piece Full Strength funk band on July 17. With a set list full of dance floor fillers, ranging from Michael Jackson classics to bass-heavy favorites such as Dee-Lite, Full Strength offers up a great soundtrack for the return of one of San Diego's favorite summer parties.

Full Strength: Sunday, July 17 at Scripps Park, 1100 Coast Blvd. 3:30 p.m. Free. kiwanisclublajolla.org.

#### **SPOTLIGHTS**

Country fans won't want to miss Red Headed Strangers (aka The RHS), performing at Humphrey's Backstage Live on July 10. As might be expected from the band's name, they specialize in the songs of Willie Nelson and friends, including twangy classics such as Nelson's "Whiskey River" and Jerry Reed's "East Bound and Down." However, keep an ear out for the group's excellent originals. Red Headed Strangers has recently released their debut album, "Reverend," full of tunes cut from the same cloth as the vintage tracks, topped by revved-up rockabilly stomper, "Whiskey, Cocaine

and Women." Well worth a listen for any country music aficionado.

Red Headed Strangers: Sunday, July 10 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 8:30 p.m. \$5. humphreysbackstagelive.com.

Fans of iconic guitarist Carlos Santana won't want to miss an appearance by tribute band, Santana Soul at Campland by the Bay on July 15. Performing outdoors, right on the water, attendees will be treated to a mix of classics and deep cuts, all unified by Latin rhythms and great lead guitar playing. Expect to hear such evergreens as "Black Magic Woman," "Europa," and "Smooth," but with a set list of potential songs running dozens of albums deep, there is no shortage of great songs to choose from.

Santana Soul: Friday, July 15 at Campland by the Bay, 2211 Pacific Beach Drive. 7 p.m. Free. campland.com.

One of the reasons San Diego has such a vibrant music community is the programs that are available to kids locally. While there are several notables, at the top of the list has to be the Young Lions Conservatory, helmed by trumpeter Gilbert Castellanos. On July 16, Dizzy's will host a special concert by the Mocambo Jazz Ensemble, spotlighting young musicians who have been part of the conservatory over the past decade. The performance will feature future all-stars Kahlil Childs (alto and soprano saxophone), Alvin Paige (tenor, alto, and baritone saxophone), John Murray (bass), Joey Kim-Weigandt (piano), and Rhydian Marshall (drums), a great opportunity to catch a set from some of the area's most gifted young players.

Mocambo Jazz Ensemble: Saturday, July 16 at Dizzy's, 1717

Morena Blvd. 7:30 p.m. \$20. dizzysjazz.com.

The Jazz at the Athenaeum series continues on July 16 with a performance from the Joel Frahm Trio, featuring Dan Loomis (bass) and Ernesto Cervini (drums). Saxophonist Frahm is a highly respected session man with over 100 credits, including Brad Mehldau's "Finding Gabriel," which took home a 2020 Grammy for "Best Jazz Instrumental Album," but it's his own works that have cemented his reputation as one of the top players in today's music scene. Touring in support of his latest album, "Bright Side," this rare local appearance should top any jazz fan's list of concerts this week.

Joel Frahm Trio: Saturday, July 16 at the Athenaeum Music & Arts Library, 1008 Wall St. \$40. 7:30 p.m. ljathenaeum.org.

Two of Motown's biggest groups of the 1960s, The Temptations, and the Four Tops, stop in at Humphreys' Concerts by the Bay on July 17. Featuring original singer Otis Williams, The Temptations string of hits includes such immortal tunes as "My Girl," "(I Know) I'm Losing You," "Get Ready," while the Four Tops, with original singer, Abdul "Duke" Fakir, have a musical resume featuring the likes of "Baby I Need Your Loving," "Bernadette" and "Reach Out I'll Be There." Motown was once considered the "Sound of Young America," and while that was nearly six decades ago, the music remains timeless and is now admired by music fans

The Four Tops / The Temptations: Sunday, July 17 at Humphrey's Concerts by the Bay, 2241 Shelter Island Drive. 7:30 p.m. \$75. humphreysconcerts.com.

#### **MCASD TOUR**

Join the La Jolla Community Center for a tour of the recently opened Museum of Contemporary Art San Diego (MCASD) in La Jolla on Thursday, July 21.The MCASD's full collection includes approximately 5,600 works of art. Of those, there are approximately 350 works on display in La Jolla.

Some of the contemporary artists featured at the La Jolla location include Andy Warhol, Mark Roscoe, Ellsworth Kelly, and sculptor Marion Hassinger. A few pieces of the works of artist Niki de Saint Phalle are also included in the permanent collection. For more information, visit ljcommunitycenter.org.

#### **LJMS SUMMERFEST RETURNS**

La Jolla Music Society's annual SummerFest Gala returns with a truly extraordinary celebration at The Conrad, 7600 Fay Ave. in La Jolla, on Aug. 13. Attendees will travel back in time to La Belle Epoque at The Palais Conrad Paris.

READ MORE ONLINE AT sdnews.com



San Diego Strikers celebrate a goal by forward Kiera Bocchino at Mission Bay High.

## San Diego Strikers in conference championship at Mission Bay High

By HECTOR TRUJILLO

fter finishing undefeated for a second-straight season along with winning another Plymouth Division crown with the best record in the So Cal conference at 7-0-1, the San Diego Strikers will now face Miss Kick FC in the playoffs at 7 p.m. on Friday, July 8 at Mission Bay High School for the conference championship.

The team, led by head coach Ray Taila, ended the regular season with a 2-2 draw against Dutch Lions FC at home on July 1 followed by a 2-1 win over San Diego Parceiro Ladies at Madison High School on July 3 with goals from midfielders Maddy Samilo and Cassie Callahan.

Over their first two seasons as a member

of the Women's Premier Soccer League, the Strikers have gone a combined 13-0-1 having yet to lose a single match.

The Strikers were led in scoring this season by forward Kiera Bocchino who tallied six goals, with her most recent coming in the match versus the Dutch Lions on July 1. She was a big reason why the team finished with a plus-21 goal differential, along with the team's excellent defending and goalkeeping from Kelcie Brodsky, who only gave up five goals overall.

As for their next opponent, Miss Kick FC finished the season with a 4-1-3 record and in second place in the So Cal Conference Coastal Division.

The kickoff for Friday's conference championship post-season match is at 7 p.m. with tickets at \$5.





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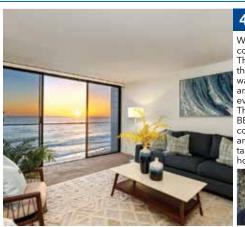












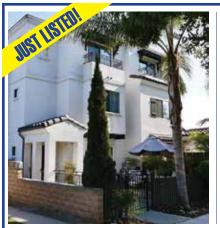
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### **COMMUNITY**

# As old identities are lost, surprising new identities are emerging



Doing it **Better** 

By Natasha Josefowitz, Ph.D.

ad my son been alive he would have been 70 years old. I miss him! I lost my identity as a mother of a son. I am thankful to still be the mother of a daughter, a relationship I treasure!

Lately, I have been thinking about all the identities I have lost and all those I am still gaining. We've all passed through various identities: student, worker, spouse, and eventually parent. Within these parameters we established a number of identities. My professional identities included teacher, author, business consultant, therapist, speaker, as well as radio and television guest. My personal ones were daughter, wife, mother, and grandmother, and now even great-grandmother of six great grandsons. My other identity used to be a lecturer on cruise ships.

These are just a fraction of the possible identities I lived through. When I had my hip replaced, I took on the identity of patient. When a friend became ill, I became a helper. When my son died, I was a mourner. Some identities remain permanent, such as being a writer. Many others are fleeting. (For example, I am now a Zoom exerciser.) Some evolve slowly while others develop breakneck speed.

My reason for writing about identities is that I realize how much many of us have changed from before the pandemic to the present. I used to be a theater and concert goer, museum attendant, store shopper, a participant in boards and committees, attending meetings, exercise classes and parties in person, as well as enjoying going to dinner with friends in restaurants... then the pandemic struck.

Living in a retirement community during COVID-19, our dining room closed; meals were delivered to our rooms and isolation ensued without personal contacts. We resigned ourselves to Zoom, FaceTime, texts, and phone calls. I became a recluse, a hermit, through no will of my own. A new identity developed, one that is no longer engaged in the life of the community.

What I find interesting is that this

solitary identity keeps lingering even with the possibility of going back to life as it was pre-pandemic. I have lost interest in the cultural events of my city and seem reluctant to accept invitations to go out to eat, even in outdoor places. This is due both to the hesitancy to take a chance on the new virus strain and given the new desire to stay at home as I am approaching 96 years. Most young people cannot wait to get back to their former identities, which include, student, party goer, athlete, intern, etc.

I suspect that this is a natural reaction from people in my age group. Yes, a new identity has emerged — that of "old woman" preferring to stay put. My recliner is getting more and more appealing. It is all somewhat surprising as I don't really know this new identity; it is unfamiliar, but too prevalent to ignore. It entails a whole new set of permissions, that of not always being productive. In other words, it is okay to waste time daydreaming and napping. Reading is the great pleasure, it always has been, and, of course, writing as I am doing now. I'm getting bad news fatigue and only read the newspaper headlines. I do not know how long this new identity will last.

My insatiable curiosity about the unfathomable future is keeping me on my toes. I would not be surprised that new identities will emerge that I have not yet encountered. Researcher is a possibility for it can be done at home. I attempted to understand quantum mechanics, but couldn't grasp beyond the basics, like how an electron can be in two places at once. I don't plan to understand the crypto currency phenomenon. I'm fascinated by technology and science, which still intrigue me more than politics and art. Our brains can't really fathom concepts such as eternity and infinity. In my next life, I will be a brain researcher.

I am currently editing a couple of books written by friends and enjoying the process of a different identity, that of editor. I am well aware that I am beginning to ramble on in this column, so I should quit now before you all lose interest in reading this. Is that a new identity: rambler?

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2022. Natasha Josefowitz. All rights reserved.

#### **UCP'S ANNUAL LUNCHEON**

For the past 38 years, the City of San Diego firefighters have donated thousands of dollars and volunteer hours to United Cerebral Palsy of San Diego. The firefighters have served as the major sponsor and underwriter of the annual Fire Fighters and Friends Celebrity Waiters Event for UCP and this year's event will take place on Friday, Sept. 24 at the Coronado Island Marriott Resort and Spa – Bayside at 11:30 a.m. – nohost with lunch being served at noon with live and silent auction during the event.

Tickets start at \$80 per person and reservations can be made by calling the UCP office at 858-571-5365 (ex: 112) or at ucpsd.org. Other sponsors for the event include Berkshire Hathaway HomeState Cos., Misty Thompson, Melody Morgan, San Diego Community Newspaper Group, David Mirisch Enterprises, Mobilityworks, and DPC Productions.

#### LJCC CLASSES

La Jolla Community Center at 6811 La Jolla Blvd., is offering three new classes. Member Appreciation Grill & Chill in-person: Enjoy a summer evening mingling with new and old friends in the courtyard. On the menu: burgers, hot dogs and beer. Friday, July 29, 5-7 p.m. To register, visit ljcommunitycenter.org.

iPhone/iPad for Beginners, Part 1, in-person six-week course: Join the online world using your iPad and iPhone. Wednesdays, July 27, Aug. 3, 10, 17, 24, 31. 12:30-1:30 p.m. Free/members, \$90/non members. Drop-in \$20/non members. One-on-one sessions available by appointment. To register, visit ljcommunitycenter. org/iphoneclasses. Technology can bring many potential advantages to seniors such as enhancing communication, bonding with family and friends, and reducing loneliness. Learn the basic functions, applications, and other fun features. This class is designed for beginners.

#### PLANNING TO BUY OR SELL THIS YEAR?



#### **COASTAL BUYER INCENTIVES \***

1031 EXCHANGES | INCOME UNITS BEACH HOMES | WATERFRONT PACIFIC BEACH, MISSION BEACH, LA JOLLA

### **JUST LISTED**

**810 SANTA BARBARA COURT** 

2BR/2BA Luxury Townhouse Between the Ocean & the Bay! Built in 2020 | 2-Car Garage | Call for Info

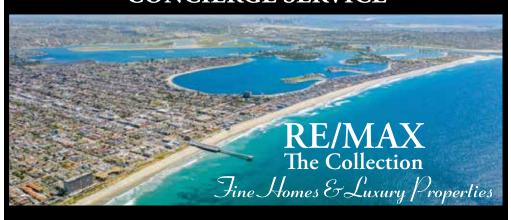




HELEN SPEAR
YOUR COASTAL SPECIALIST
619.813.8503
PBListingSpecialist.com



#### **CONCIERGE SERVICE**

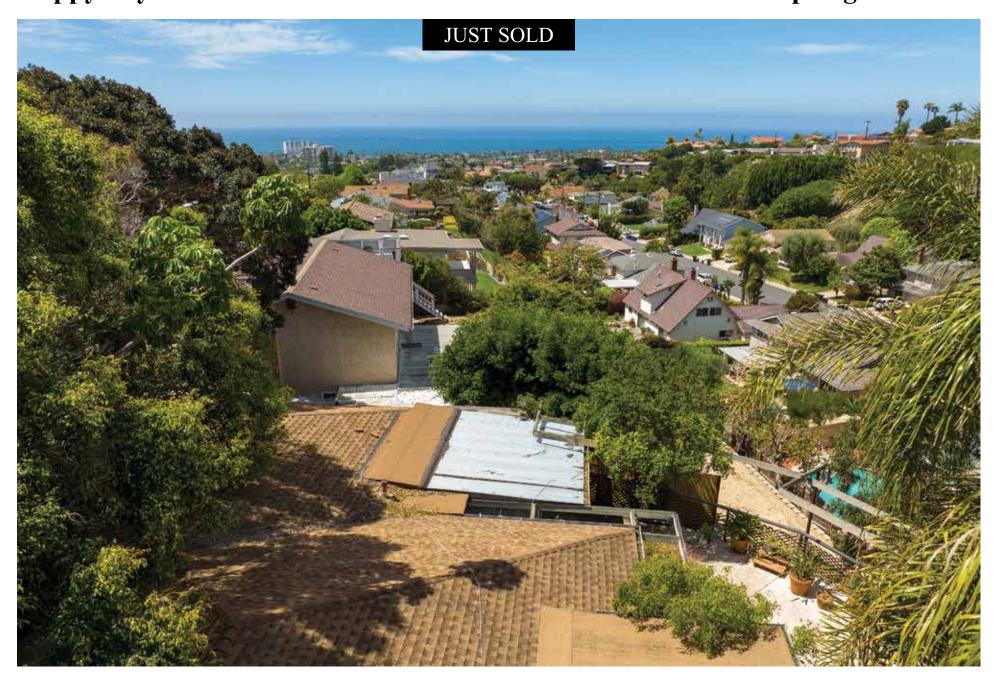


### SELLERS: FREE HOME PREP W/ YOUR LISTING\*

CUSTOM MARKETING | LUXURY STAGING AERIAL PHOTOS | VIDEOS | MATTERPORT UNSURPASSED NEGOTIATIONS

\*CALL/TEXT OR VISIT MY NEW OFFICE FOR DETAILS OR MEETING

# 2 experienced local PB agents make for 1 smooth transaction which equals very happy buyers and sellers! Scott Booth listed this one and Steve Springer sold it!











#### 1604 YOST DR.

2 BD | +2 Optional BD | 2.5 BA | 1,758 sq. ft.

Modern mountain comes to the beach! This unique property has so much to offer and is a blank slate for someone to bring it back to its glory. An open floor plan with dual living spaces, lots of natural light, large bedrooms, a detached office and an attached guest quarters create the foundation for the showcase property this home could be with a little TLC. A quiet street, ocean views, cool breezes and lots of privacy created by all the mature trees round out the amazing features of this home.

Multiple offers received and sold for \$1,775,000

Come by our local PB office at the corner of Cass St and Diamond St to chat about PB real estate.









COMPASS