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FRIDAY, APRIL 29, 2022

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The iconic white bridge, which was added in the 1990s, of the historic Coast Walk Trail in La Jolla. PHOTO BY THOMAS MELVILLE

A BRIDGE TO HISTORY WITH A SPLENDID VIEW

Volunteers help maintain historic Coast Walk Trail in La Jolla

By DAVE SCHWAB

It is believed the historic Coast Walk Trail in La Jolla has been used for some 9,000 years. Nonprofit Friends of the Coast Walk Trail, Inc. formed by concerned neighbors to protect, improve, and maintain the trail originally used by Native Americans, has only been around for 13 of those years. But in that short time, ample trail restoration work has been accomplished, as Brenda Fake, chair of Friends of the Coast Walk Trail board, will tell you. Fake conducted a recent tour of the slightly more than half-mile long coastal bluff scenic trail between Torrey Pines Road and Coast Boulevard, an urban retreat offering

Brenda Fake, of Friends of Coast Walk Trail, shows off the new logo with a QR code that takes you to a guided tour and history of the trail. PHOTO BY DAVE SCHWAB

a dazzling color palette and incomparable views of nature, wildlife, and the ocean. “Five or six years ago this whole thing failed,” said Fake, standing on the bridge pointing to a spot on one end of the trail off Torrey Pines Road. The trail stretches along the bluff ending near The Cave Store, a souvenir shop at 1325 Coast Blvd. with a tunnel and wooden staircase of 145 steps leading down to Sunny Jim's Sea Cave. “The trail was here,” said Fake gesturing off the bridge. “What we did was realign this trail. We don't build anything permanent out here. Everything has either been redone or is stuff that could easily be removed.”

COAST TRAIL, See page 6



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Artist planning new Mother's Day mural on Fresheria building

By DAVE SCHWAB

Muralist Hanna Daly recently lost her mom and is dedicating her next artwork in La Jolla as a special tribute to her parent featuring her mom's favorite bird: a peacock.

The new mural, to be painted just in time for Mother's Day on May 8, will replace an existing mural Daly did during the pandemic on the side of the Fresheria building at 627 Pearl St.

"I grew up on a farm and there were peacocks all over the place and my mom loved peacocks," said Daly. "When I was 8 years old, my mom made me a peacock Halloween costume, and she made me a whole tail out of peacock feathers."

Daly plans to paint her Mother's Day tribute mural May 4-6.

"I will be repainting that wall with a piece that tells moms how much we need them, love them and miss them," she said. "I'm not 100% sure what I will paint yet, but my mother loved peacocks, and at the age of 70, she got a Cala Lilly tattoo on her ankle. So I'll probably incorporate those images in addition to the text, 'I love you, Mom.'"

Daly started her business painting murals in 2005. "It started out super small, I just did kid's rooms," she said adding, "It's ramped up a lot in the last few years."

Asked how many murals she's done since Daly replied: "Over 1,000. I don't count. I never keep track. I



Hanna Daly in front of the pandemic-themed mural on the Fresheria building at 627 Pearl St. Her new mural honoring the memory of her mother will be painted over this mural.
PHOTO BY DAVE SCHWAB

didn't get paid for all of them. I do about 100 a year now."

Daly's murals explore a wide range of topics. Some, as with her upcoming Mother's Day tribute, have serious themes. She recently did one titled "Death Takes A Holiday," memorializing the deaths of those close to her and her wife.

Above all, Daly's murals are colorful.

"I'm a colorful person. I love color, and doing things that inspire people to be a little bolder with their decisions," she said adding, "I can't make everybody happy? But if my work makes people happy when they walk by – that's all you can do."

It's also remarkably clear Daly has a real passion for her work.

"It's exciting. Every day I go to

work I change the world a little bit, even if it is one teeny-tiny corner," she said. "It's really a rad job. I get to meet different, new people, all the time. I also love that I'm working up in Escondido one day, at a school the next day, then in somebody's mansion the next. I love it and I love to travel. It gives me a lot of freedom."

Pointing out she's done murals all over, Daly noted, "I probably

have 10 in Pacific Beach including one on the Nite Owl Cocktail Lounge, 2772 Garnet Ave., that you see when you get stuck in that intersection coming into PB."

Daly couldn't think of a "dream" mural she wanted to paint but talked instead about problematic painting. "I don't like stuff that's really tall. It gets really tiring being up so high," she noted.

Daly discussed her technique.

"I do a loose idea," she said. "I don't measure everything out and make it perfect. I sketch them (murals) in chalk, then paint them using house paint most of the time. It lasts forever. It won't even start fading for 10 years."

Added Daly, "I enjoy the process of 'not' knowing what it's going to look like. And it's weird because: I don't know. A lot of artists start out with a sketch that looks exactly like a mural. My sketch is an overall idea. But it's not going to look like that. I just enjoy changing stuff. It's kind of a surprise to me, too, when I'm finished."

Daly encourages people to pick up a brush and try painting. "It's very therapeutic, about creation, for me," she concluded, adding she likes the fact that painting is "very tangible. I can show people a visual picture of what I did that day. Even if you just pick it (painting) up as a craft, there really isn't a risk. I always encourage people, for whatever is artistic in them, to express that."

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New principal and vice principal at Mission Bay High School

By DAVE SCHWAB

New principal and associate principal, Eric L. Brown, Ph.D., and Ali West, respectfully, are leaving their own educational mark on Mission Bay High School.

The new MBHS administrators are both native San Diegans. Brown, a La Jolla High School graduate, played prep football as both a defensive end and fullback.

“We were the largest backfield in San Diego County,” he joked, adding he was also a math teacher and a principal at Mountain Empire High School in rural East County. “I was also in the Army for 15 years,” Brown added.

West is an alumna of Scripps Ranch High School and went to Cal Poly where she earned a degree in biology. She also graduated from San Diego State University with a master's degree in education leadership.

“I’ve been a science teacher at different charter schools all around San Diego,” West said. “My last job was at a K-12 school where I served as an advisor to families that were fully or partially homeschooled. I also took on additional leadership roles at the school.”

A mom of three who has twins, West left education for a while to take care of her children before realizing that “I was dying to get back in the classroom.” She also served a stint as a Peace Corps volunteer in Namibia in Africa.

Brown said the high school is back to full-time, in-person instruction. Discussing his school's uniqueness, Brown noted: “We



Mission Bay High principal Eric L. Brown, and vice principal Ali West.

PHOTO BY DAVE SCHWAB

have students coming here from all over the county as part of our open choice program. We also have our International Baccalaureate focus. A large percentage of our students, in the upper 80th percentile, move on to the next level of education at either a two- or four-year school.”

Asked about her role as associate principal at MBHS, West said: “It’s a mixture of responding to the needs of the teachers, and supporting teachers and students.” She added her role also involves some diplomacy.

“I do a lot of mediation work between kids having trouble getting along with each other,” she said. “We really try to bring in restorative practices and have kids mend that relationship and come together.”

Brown said his role is as diverse as it is clear-cut. “There’s a lot of hats that are worn,” he pointed out. “My job is to make sure that our teachers have everything they need to serve our students. I figure out how to mix that all up, and deliver it back to them in a positive manner. My job is also to make sure the community is

being served by our (school) site.”

Brown noted MBHS has been an IB school for eight years. “We’re the fourth largest IB program in the state,” he said adding the IB curriculum “is more rigorous than AP (advanced placement) classes.”

The principal said new changes at the high school include a later 8:45 a.m. start time to allow busy students extra time to get proper sleep. He joked that the later starting time seems to be working.

“We’ve got 90% of our kids that are supposed to be here and

Mission Bay High School at 2475 Grand Ave. is a public high school that is a magnet school with an emphasis on academic studies. Built in 1953, the school sits on a 55-acre site with 84 classrooms, a gymnasium and newly remodeled weight room, a library with two new computer labs, a small theater, a 790-seat auditorium, landscaped green areas, and student and faculty parking lots.

A new artificial turf football with synthetic track stadium and other athletic fields were completed under Prop. S construction in April 2015.

In 2006, Mission Bay introduced International Baccalaureate courses that students could take to help them get their IB diploma.

The Mission Bay High jazz program is home to the award-winning and touring Mission Bay Preservationists, as well as the Mission Bay Mambo Orchestra, the only youth-Latin big band in California. The music program has been taught by Jean-Paul Balmat, an MBHS alum, since 2006.

People of note who’ve graduated from MBHS include Skip Frye, legendary surfboard shaper and world-class professional surfer; late musician Frank Zappa (attended, but did not graduate); and Arian Foster, collegiate football star for the Tennessee Volunteers, and a running back in the NFL for the Houston Texans.

they’re here and in class,” he said. “I know. I just checked.”

Of the high school's feel, West noted, “There is a sense of community pride here at this school. So many of the teachers have graduated from here, or have had kids who’ve gone through here, or are going through here. You can just feel there is real love for the community.”

Former MBHS principal Ernest Remillard moved on to the Poway Unified School District.

Balanced Fitness & Health celebrates first year in La Jolla

By DAVE SCHWAB

Balanced Fitness & Health is celebrating its one-year anniversary in La Jolla on May 7.

Owner Rodrigo Iglesias, formerly in the restaurant business, came to a realization several years ago that set him on a new career course.

“In my former life I used to own nightclubs, bars, and restaurants,” said Iglesias noting that, six years ago, he did the 12-mile swim across Lake Tahoe. “I had a life epiphany, deciding I wanted to get back into fitness,” he said. “Doing that swim you come to such fitness fatigue: It’s almost a clarifying moment. I just wasn’t as happy anymore. So I had to leave.”

There was a place Iglesias had been working out in Downtown San Diego. “The owner was actually selling it, so I went ahead and bought it,” Iglesias said. “This is our second location.”

Annalena Dickman, marketing and events coordinator for Balance came to San Diego from Oklahoma in 2020 and pounded



Rodrigo Iglesias and Annalena Dickman of Balanced Fitness & Health at 7680 Girard Ave.

PHOTO BY DAVE SCHWAB

the pavement for months looking for a job. “I started calling places and I called Balance and they were like, ‘Great, we’ll give you a try,’” she said. “I just love California and I’m here to stay.”

Dickman likes the ambiance of Balance. “It’s got a different type of feel, not corporate, it’s a family atmosphere,” she said. “Everyone’s

a name, not a number here, and I really love that.”

Located at 7680 Girard Ave., in a two-level space most recently inhabited by 24 Hour Fitness, Balanced Fitness & Health La Jolla offers a plethora of services including personal training, athletic performance, fitness classes, and physical therapy, muscle building,

injury rehabilitation, weight loss, and nutrition.

“We are your go-to gym in La Jolla that helps you achieve real results for your real goals with a wide array of gym offerings,” says the company’s website at balancedfitnesshealthljca.com. “Whether you want to rehabilitate from an injury, receive professional personal training, or get into shape through classes in yoga, spin, Pilates, body sculpting, and more, you’ve come to the right place. We’re proud to offer small-group training that increases attention to the individual in a small-group setting.”

Iglesias spoke about Balance’s business philosophy.

“I felt like gyms had lacked customer services and had become more about sales,” he said. “You sign up, and they forget about you. Everything’s about a sales platform. So we created something where it was very intimate, where we don’t forget about people. We continue to work on their goals. We developed a boutique-style where all the resources are there. We wanted to

make it easy for people.”

Iglesias credits his past experience in the restaurant industry for allowing him to successfully reshape his fitness business model. “We don’t look at ourselves as owners-operators. We all do the work,” he said. “I always call it the ‘Cheers’ of fitness, where everybody knows your name. The whole concept of Balance is that it’s right in front of you. We wanted to teach a lifestyle where less is more. Let’s work on the long life goals, as opposed to the three-month standards that are sold nowadays.”

How are Iglesias and Dickman going to be celebrating Balance’s one-year anniversary?

“It’s going to be a lot of in-your-face, dressed up in a gorilla suit,” he said about promotions, adding most of his clientele come from La Jolla Village, which has a somewhat older demographic.

“Walking around La Jolla,” she answered. “In May we’re going to be doing things. We’re spreading the word. We want to invite everyone in.”

Pickleball players want more courts, tennis players don't love it

By DAVE SCHWAB

On April 5, Pickleball and tennis enthusiasts crossed rackets in a turf battle over a proposal to convert Robb Field tennis courts in Ocean Beach into 36 pickleball courts.

Both sides, about equally represented, packed Santa Clara Recreation Center volleying back-and-forth during Mission Bay Park Committee's monthly meeting. The committee heard both sides out but took no immediate action.

Pickleball supporters contended there is a lack of places to play locally for the rapidly growing sport. Peninsula Tennis Club players, who use Robb Field courts, turned out in large numbers with colorful signs and costumes to argue it is unfair, and inadvisable, to remove existing tennis court space.

Pickleball proponent Stefan Boyland argued Robb Field tennis courts are underutilized and in poor condition, contending tennis players there could be accommodated at nearby Barnes Tennis Center.

"It's a sport we love and hope to bring to Robb Field," said Boyland who, along with Mike Shinzaki, has been lobbying to develop more pickleball courts regionwide. "We advocate for local residents who want more courts in San Diego. We are happy to see tennis folks here because there is a lot of misinformation, and it's good for tennis players to hear our proposal directly



Ann Glazener of Peninsula Tennis Club turned out at the April 5 Mission Bay Park Committee meeting to protest a proposal to turn Robb Field's tennis courts into pickleball courts. PHOTO BY DAVE SCHWAB

from us."

"We have assessed over 50 candidates (pickleball court) locations and none of them have worked because they're either too small or there is no parking," said Shinzaki during a joint slideshow presentation with Boyland. "A location needs to be away from residences for light and noise permitting. Adding new cement is not a realistic solution. So we must share finite public land. The City asked us to prove local support: We have 4,000 local players on the petition. We have 11,000 letters of support."

Todd Sprague of Peninsula Tennis Club countered that the

pickleball side's argument was flawed. He attacked their study of utilization of Robb Field's tennis courts, claiming statistics they used failed to address that tennis courts there are heavily utilized more at certain times than others.

"Peninsula (Tennis Club) is in good standing under its use permit, and parks and recreation does not believe it (Robb Field) is a viable alternative for a pickleball facility," Sprague said. "Tennis is a growing sport. In San Diego, there are about five to six times more tennis players than pickleball players. There's a great need now for more tennis courts."

Added Sprague: "Seventy percent

of tennis is played on public facilities. So the idea of taking any public facilities out of circulation is a real problem for tennis players. This is not to say pickleball isn't growing. It's just to say tennis is growing and actually services a whole lot more people. What we all recognize is that (tennis court) utilization has peaks and valleys. They (pickleball supporters) would like you to believe that's not the case. But it's true."

"Our view is that the public parks are meant for the benefit of the entire community," concluded Shinzaki after the April 5 meeting. "This isn't about which sport is better, but about efficient use of public park space. Right now, 37 combined tennis courts at [Robb Field] plus Barnes combined are hardly used (25% usage, on average). The City should require them to share space, or cede ground, allowing pickleball a chance to exist and grow."

During public comment, more than one person testified that they played both sports, adding the real issue wasn't pickleball versus tennis, but rather finding ways to accommodate both sports and encouraging more active recreation in general.

When asked what their next step would be, Boyland replied, "To get approval for re-purposing Robb Field tennis courts for pickleball, and to get a letter of recommendation so the City can consider this."

City hires new director to lead housing initiatives

The City of San Diego recently announced the hiring of Heidi Vonblum as the City's planning director. Vonblum brings more than 12 years of experience working for the City of San Diego, including as deputy planning director for the last two years.

"Heidi is a visionary leader who has developed innovative planning initiatives to meet the challenges facing San Diego both today and decades from now," said Mayor Todd Gloria. "Her hard work and diligence have earned the trust and confidence of both City leadership and her team in the Planning Department, and I'm excited to continue working with her to meet our climate, housing and equity goals to improve the lives of all San Diegans."

Vonblum and her team in the Planning Department were instrumental in developing the Homes for All of Us initiative that pulls together multiple statewide and City reforms aimed at making it easier to create new homes for all income levels throughout San Diego. Gloria signed into law the first piece of the Homes for All of Us initiative last month.

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COAST TRAIL »

CONT. FROM PG. 1

Friends' focus is on the safety and environmental preservation, restoration, and enhancement of the Coast Walk Trail. The goal is to ensure continued use and enjoyment for the community today and tomorrow.

Toward that end, the group has established a vigorous program of removing invasive non-native vegetation and replacing it with colorful and practical native plants that help anchor the soil and bluff. "We're mitigating erosion that is destined to happen," noted Fake.

The group has done extensive trail work to help prevent erosion, as demonstrated by the fact that the morning of the tour with this reporter, it had rained but the trail was completely dry a couple of hours later.

"Two years ago, we resurfaced the trail with decomposed granite and a lot of little rocks, so that, when the water comes down, it disperses as opposed to cutting (the soil)," said Fake adding "it helps mitigate the mud issues with rain."

Coast Walk Trail, designated a historic asset in 1990, is a "paper" street managed by the City's Transportation Department. "It was originally going to be a road along the bluffs in the 1920s, but this



One of several spots to relax and enjoy the views from the Coast Walk Trail.

PHOTO BY THOMAS MELVILLE

wasn't a place to put a road," Fake noted. "It's called a paper street, though it's a trail. Technically, it's a road."

Friends of Coast Walk Trail is a 501(c) under federal tax guidelines. "If we donated money, we wanted to be able to do it as a tax benefit," said Fake. "So we created a 501 C3."

Pointing to a sign on the trail's bridge, Fake said, "This has a new logo with a QR code that takes you to a guided tour and history of the trail on our website."

Trail restoration and maintenance are challenging and never-ending. Fake said social media, unfortunately, is making the task of preserving the trail

even harder. "TikTok is our biggest enemy now," she said. "It's dangerous for people to come down here (the gulch the bridge crosses) and use an unauthorized chair and swing, and it's adding to erosion. I'm all for access. But there's overuse."

Throughout the trail tour, people of all ages, some on bikes, walk or ride the trail. It's obvious they're enjoying the surroundings.

Fake discussed how trail work is paid for. "Everything is grassroots community fundraising," she said. "That's been the most surprising, humbling, wonderful thing, the residents giving as much money as they have to maintain this asset."

But the trail work is all necessary. "If we don't do what we're doing – the trail erodes," said Fake adding, "We want to take care of what we've got. So we've repaired several trail benches, fixed the trail, put in the decomposed granite."

Down at The Cave Store end of the Coast Walk, Fake noted that part of the trail, which features wooden stairs, fences, and a viewing platform overlooking the ocean, has also been restored. "We're not here to redesign or do anything different than what we've got," she said. "It's just repair and replace."

Added Fake: "The cliffs had eroded to such a point that we had to move the fence posts in about six feet. We repaired the fence. It's all done with treated wood, which can last 30 or 40 years."

The trail is also a natural, open-air garden and zoo with plenty of birds and pinnipeds. "We have Torrey Pines that only grow here, and it's the most endangered pine species," noted Fake. "We have brown pelicans that are also endangered."

Pointing to the fence surrounding The Cave Store, Fake talked about a future trails project. "We're going to sell plaques to put up on that fence to raise money and for people who want to leave a legacy," she said adding she has a yearly trails maintenance budget while admitting, "I could spend every nickel of it."

CONTRIBUTORS TO THE TRAIL'S MAINTENANCE

Board of the Friends of Coast Walk Trail: Dr. Paul Teirstein, treasurer, Carolyn Edds, secretary, Erin McConkey, student outreach/ native plant specialist, Shannon Smith, member at large, The Cave Store owner.

La Jolla Sunrise Rotary: Steve Cross, Loretta Smith, Steve Andres, Randy Large.

Bishops Community Service "Trail Squad" team: Maddie Cramer, Steven Yin, Shinjoe Sakamoto.

La Jolla High School: Will Spann.

2022 La Jolla Boy Scout Troop No. 4 Eagle Scout projects: Emmet Holden (Eagle Scout mentor), Jimmy Sundstrom, Nathaniel Cumming, Nick Thomson, Nico McCann.

La Jolla.ca: Peter Godfredson, Max Lawrence.

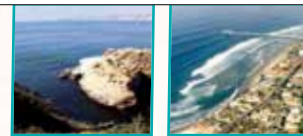
With a sense of pride, Fake pointed out the historic Coast Walk Trail is one of many reasons why people worldwide visit La Jolla. "It's probably the best little urban trail in San Diego," she said adding, "We've really seen a community rally around something, and during COVID, it was important."

Of trail restoration and maintenance, Fake said: "It builds community and people can see it. All of us that started this... We weren't paying attention to who was watching. And now, of late, people have been acknowledging the efforts. That's been pleasantly surprising, kind, and good."

Added Fake, "This is less a reflection of us – and more a reflection of our community."

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Bishop's softball: The local 'Machado-Tatis' connection



Sophomore Reese Cohen (9) of Bishop's delivers an inside pitch to a Francis Parker batter in recent game action.
PHOTO BY ED PIPER

By ED PIPER

Enter Jayla Stafford's world: "I think I have a pretty good thought process for hitting. I look for a ball up in the zone. I have a yes-yes-no mentality: I'm ready, every pitch, to hit. It's basically seeing and identifying the ball."

Stafford's world, which she happily employs in the service of the Bishop's softball team, is reinforced by her school coach, Al Gomez, with instructions from her travel team coach on the Corona Angels.

The other half of the Knights' stellar Machado-Tatis-like left side of the infield, Jackie Cosio, is 5 feet 2 inches tall to Stafford's 5 feet 8 inches height or so and hits from the port side. Jayla led off the

Bishop's attack against Francis Parker in a recent non-league game at home with a screamer the opposite way — on the first pitch she saw — just inside the right field line for a triple.

Cosio, in the second slot in the order, brought her in with a flare/spinning fly that dropped behind the shortstop. The senior also reached third base, but then was tagged out trying aggressively to steal home. Bishop's eventually eked out a narrow 13-12 win over Parker in the end.

"We're getting better, improving every game," said Gomez, in his fifth year as a softball coach. "We had a nice win at Country Day (a Coastal Conference rival) last week." Gomez serves as a

consistent, steadying influence on his team, which also features two-time CIF water polo player of the year Maggie Johnson at first base, plus other players at varying stages of development.

Against visiting Parker on the Knights' multi-purpose soccer/lacrosse/football practice platform atop the school's parking structure, sophomore pitcher Reese Cohen limited the Lancers early.

The Knights are a virtual United Nations aggregation of identities, with freshmen Oviya Dhinakar, Safina Abraham, Leela Zaveri-Tabb, and Shyla Gupta playing alongside their fellow classmate, Stafford.

Gomez talked about the school's unique combination of demanding academics combined with athletic participation: "Someone is playing the lead in a play; someone comes late to practice because (they have another class commitment). Not all coaches understand that."

"Bishop's has high academic rigor," Gomez said. "I think you have people around the community who understand that. Athletes are students first."

Cosio, the four-year starter at shortstop, shared how her sister Shakira, six years older, played softball at Bishop's and on travel ball as her influence. "I played other sports, but it came down to either soccer or softball."

READ MORE ONLINE AT sdnews.com



Members of the Mission Bay girls beach volleyball team, which finished the season at 3-4.
COURTESY PHOTO

Mission Bay girls beach volleyball finishes regular season strong

By HECTOR TRUJILLO

Thanks to a strong finish to the regular season, the Mission Bay girls beach volleyball team strengthened their argument to make the postseason as their aspirations to be crowned champions remain alive.

The team, made up of 23 players, finished 3-4 overall leaving them at the cusp of making the playoffs after two important victories to end the regular season.

"This year, we are carrying more girls than ever before," said head coach Brittany Johnson. "The lineup changes weekly based on numerous factors."

The team has had many standout performances and Johnson points to

the top four players, seniors Grace Berryhill and Emily Hernandez, along with sisters Justyne Higman and Jayden Higman, who will be attending USC next year.

After starting out with back-to-back losses to Coronado and University City, the team got its first win of the season on March 17 in dramatic fashion 3-2 over Clairemont. They would take a step back in the following two matches against La Jolla and Cathedral Catholic but would find a way to bounce back once again defeating Academy of Our Lady Peace on April 13, and Scripps Ranch on April 14 for their third win of the regular season.

See VOLLEYBALL, Page 13



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“Here we do custom ironworks in furniture and outdoor pieces like wall art, doors, gates and railings,” said Darya Soylu who, along with husband Azmi runs Gentry Custom Furniture, in existence since 1999 and now located at 7470 Girard Ave.

The Gentry collection offers items for outdoor dining, benches, oversized chairs, wall and window plantings, plant stands, hanging planters, coffee tables, patio accents and arbors and gazebos.

The company's website at gentrycustomfurniture.com notes Gentry's award-winning furniture line "finds its inspiration in the baroque periods of ornamental ironwork that decorate many of the great mansions and chateaus of Western Europe."

Gentry Custom Furniture was created and begun by the internationally renowned artist/designer Azmi Soylu. It started as a hobby before transforming into a full-blown business. It now encompasses thousands of different pieces and styles including furniture, decorative accessories and artistically-rendered utility items both beautiful and pragmatic. The Gentry collection gracefully combines metal with various imported woods and other materials, such as natural stone and glass, to create furniture that is both contemporary and timeless.

Darya said the choice for where else they wanted to go when they decided to move from Atlanta was easy. “La Jolla was our number one spot,” she said adding they moved there in April 2021 to Girard Avenue.

"Our prices are quite affordable," she said pointing out the cost of items produced depends on "how much work is put into it" and whether it's a "simple design or an artistic piece. We try to find a style of wrought iron that brightens the house, or restores the home's historic design." Fulfilling the expectations of customers is their top priority.

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Rosamaria Acuña

Rosamaria Acuña is a bilingual real estate professional, entrepreneur, and humanitarian deeply committed to her community and a range of causes and nonprofits. As an advocate for homeownership, she has built a successful business by always placing her clients' needs first. Rosamaria has a special focus on guiding clients to invest in both their homes and therefore their future.

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Brian Reagan, MD, F.A.C.S is one of the nation's top board certified plastic and reconstructive surgeons, whose commitment to excellence is well known by both his peers and patients. Upon graduating from the University of California, San Diego's Revelle College, Dr. Reagan attended Cornell Medical College and The New York Hospital, where he conducted award-winning research in the science of healing. He went on to train under the tutelage of several world-recognized plastic and reconstructive surgeons at the University of Texas at Southwestern, home to one of the top plastic surgery training programs in the nation. As a leader in the industry, Dr. Reagan has authored several scientific articles on his areas of expertise and interest including facial rejuvenation, rhinoplasty and breast reconstruction. Our boutique-style practice and hands-on approach makes us the ideal choice for patients seeking personalized cosmetic results. Get started on a beautiful and refreshed you. To discuss your aesthetic needs and goals with a member of our team, please call today.



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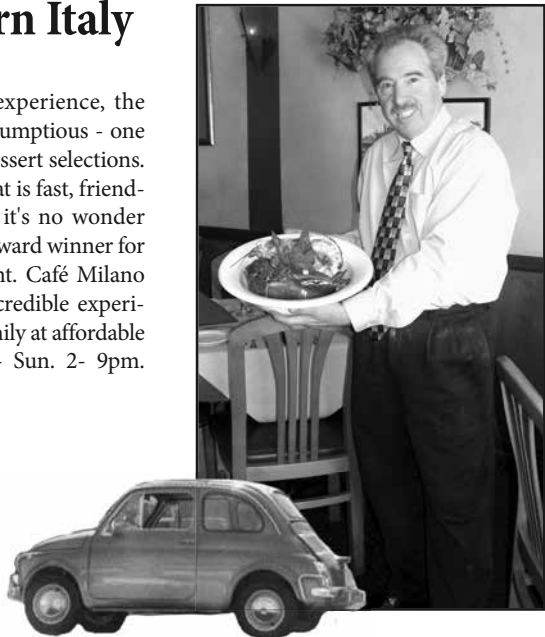
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off your dining experience, the tiramisu is simply scrumptious - one of a large variety of dessert selections. Add to this service that is fast, friendly, and attentive and it's no wonder they are a consistent award winner for Best Italian Restaurant. Café Milano is an exciting and incredible experience for the whole family at affordable prices. Open Tues. - Sun. 2- 9pm. Closed Mondays.

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ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2022-00011836-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): CHRISTIAN STEVEN LAWRENCE WALLS filed a petition with this court for a decree changing names as follows: Present name: a. CHRISTIAN STEVEN LAWRENCE WALLS to Proposed name: DEKARRI CHRISTIAN FIELDS This court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: MAY 12,2022 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: MARCH 30, 2022 . JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH ISSUE DATES: APRIL 8,15,22 & 29 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006749 Fictitious Business Name(s) a. AGING FOCUSED AT EVE MAR, LLC Located at: 6748 LOPEZ GLEN WAY, SAN DIEGO, CA 92126 is registered by the following: a. AGING FOCUSED AT EVE MAR, LLC This business is conducted by: LIMITED LIABILITY COMPANY The first day of business was: 1/1/2022 Registrant Name: a. AGING FOCUSED AT EVE MAR, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. REBECCA MONTANO, PRESIDENT/CEOThe statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 22, 2022.. ISSUE DATES: APRIL 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006750 Fictitious Business Name(s) a. MONTANO CASE MANAGEMENT, LLC Located at: 6748 LOPEZ GLEN WAY, SAN DIEGO, CA 92126 is registered by the following: a. MONTANO CASE MANAGEMENT, LLC This business is conducted by: LIMITED LIABILITY COMPANY The first day of business was: 1/1/2022 Registrant Name: a. MONTANO CASE MANAGEMENT, LLC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. REBECCA MONTANO, PRESIDENT/CEOThe statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 22, 2022.. ISSUE DATES: APRIL 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007577 Fictitious Business Name(s) a. THE FUNKY LEMON Located at: 3415 MISSION BLVD, SAN DIEGO, CA 92109 Is registered by the following: a. 4 THE LOVE OF LEMONS This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 03/15/2022 Registrant Name: a. 4 THE LOVE OF LEMONS TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. MARIELA DESTOUT, PRESIDENTThe statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 30 2022. ISSUE DATES: APRIL 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007263 Fictitious Business Name(s) a. DEW NORTH MARINE Located at: 398 POWERS DRIVE, EL DORADO HILLS, CA 95762 Is registered by the following: a. RYAN DEWANTE This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. RYAN DEWANTE TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 28 2022. ISSUE DATES: APRIL 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007270 Fictitious Business Name(s) a. ACCURATE ACCOUNTING Located at: 4592 NEWPORT AVE, SAN DIEGO, CA 92107 Is registered by the following: a. BRANDI TAYLOR This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. BRANDI TAYLOR TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 28 2022. ISSUE DATES: APRIL 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006710 Fictitious Business Name(s) a. TITAL POOL ANS SPAS Located at: 3782 1ST AVENUE #303, SAN DIEGO, CA 92103-4075 Is registered by the following: a. TODD DAMERON This business is conducted by: AN INDIVIDUAL The first day of business was: 3/21/22 Registrant Name: a. TODD DAMERON TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 21 2022. ISSUE DATES: APRIL 8, 15, 22 & 29

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2021-00053534-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): MARQ CALEB HEUSNER filed a petition with this court for a decree changing names as follows: Present name: a. MARQ CALEB HEUSNER to Proposed name: MARQ CALEB ABRAZADO This court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 5/23/22 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: April 7, 2022 . JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH ISSUE DATES: APRIL 15,22,29 & May 6 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have

not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008556 Fictitious Business Name(s) a. DOWNTOWN SMOG CENTER Located at: 765 17TH AVENUE, UNIT B, SAN DIEGO, CA 92101 Is registered by the following: a. DOWNTOWN SMOG CENTER, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 04/22/2022 Registrant Name: a. DOWNTOWN SMOG CENTER, LLC TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. ANTHONY J MOVELLI-NO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 12, 2022. ISSUE DATES: APRIL 15, 22, 29 & MAY 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008309 Fictitious Business Name(s) a. FRIENDLYVALLE Located at: 102 SIERRA WAY, CHULA VISTA, CA 91911 Is registered by the following: a. EDITH AISPURO GUERRA This business is conducted by: AN INDIVIDUAL The first day of business was: 04/01/2022 Registrant Name: a. EDITH AISPURO GUERRA TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 07, 2022. ISSUE DATES: APRIL 15, 22, 29 & MAY 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008594 Fictitious Business Name(s) a. WEPARK Located at: 10437 LAKE BREEZE DRIVE, SPRING VALLEY CA 91977 Is registered by the following: a. JAY-DORAN KOCHER MENDOZA This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. JAY-DORAN KOCHER MENDOZA TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 12, 2022. ISSUE DATES: APRIL 15, 22, 29 & MAY 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007997 Fictitious Business Name(s) a. LEGACY MEDIA Located at: 10437 LAKE BREEZE DRIVE, SPRING VALLEY CA 91977 Is registered by the following: a. JAY-DORAN KOCHER MENDOZA This business is conducted by: AN INDIVIDUAL The first day of business was: 01/15/2019 Registrant Name: a. JAY-DORAN KOCHER MENDOZA TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 12, 2022. ISSUE DATES: APRIL 15, 22, 29 & MAY 6

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2022-00013766-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): VANESSA CAMPOS on behalf of a minor filed a petition with this court for a decree changing names as follows: Present name: a. MAITE VERENICE DEL CARMEN-POPOCA to Proposed name: MAITE VERENICE CAMPOS court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: MAY 31,2022 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: APRIL 13 2022 . JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008683 Fictitious Business Name(s) a. LA JOLLA PB HOMES Located at: 2452 ALTO CERRO CIRCLE, SAN DIEGO, CA 92109 Is registered by the following: a. ROSA A BUETTNER This business is conducted by: AN INDIVIDUAL The first day of business was: 09/01/2014 Registrant Name: a. ROSA A BUETTNER TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 13, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008686 Fictitious Business Name(s) a. PECS BAR Located at: 2046 UNIVERSITY AVE, SAN DIEGO, CA 92104 Is registered by the following: a. SUNDANCE SALOON, INC This business is conducted by: A CORPORATION The first day of business was: 10/22/1987 Registrant Name: a. SUNDANCE SALOON, INC TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. ROSA A BUETTNER, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 13, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008538 Fictitious Business Name(s) a. THE BLACK Located at: 5017 NEWPORT AVENUE, SAN DIEGO, CA 92107 Is registered by the following: a. THE BLACK STORES, INC This business is conducted by: A CORPORATION The first day of business was: 01/02/2022 Registrant Name: a. THE BLACK STORES, INC TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. KURT DORNBUSCH, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 12, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008613 Fictitious Business Name(s) a. INTENTIONAL LIVING WITH JODY Located at: 2929 KALIMA STREET, SAN DIEGO, CA 92104 Is registered by the following: a. JODY VINING This business is conducted by: AN INDIVIDUAL The first day of business was: 12/17/2021 Registrant Name: a. JODY VINING TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 14, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008795 Fictitious Business Name(s) a. THE LASH LOUNGE Located at: 3550 ROSECRANS STREET, SAN DIEGO, CA 92110 Is registered by the following: a. LASHEYE-LOMA, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 01/01/2021 Registrant Name: a. LASHEYE-LOMA, LLC TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. BAYLOR TRIPLETT, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 14, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008714 Fictitious Business Name(s) a. KALOPSIA SUPPLY Located at: 4451 HERMOSA

Concerts by the Sea and Cove Swim being revived in La Jolla

By DAVE SCHWAB

La Jolla Kiwanis Club is “inheriting” two popular public events – Concerts by the Sea and the La Jolla Cove (Rough Water) Swim – which were discontinued before the pandemic and are being revived.

“In December 2019, I moved The La Jolla Cove Swim (formerly the La Jolla Rough Water Swim) to the Kiwanis Club of La Jolla because I knew it was the right home for [the swim],” said Judy Adams Halter, who revived the swim after it had been canceled in consecutive years due to pinniped and bird waste buildup.

“Kiwanis Club runs wonderful events for our community and then directs the proceeds to worthy causes in San Diego. They are organized and mission-driven to do good.”

The La Jolla Cove Swim will be held on Sunday, Sept. 11 this year with one- and three-mile swims. All proceeds will benefit the Prevent Drowning Foundation of San Diego, plus providing swim lessons for underserved youth, as well as partially funding the return of La Jolla’s Concerts by the Sea, a series of outdoor concerts to be held in Ellen Browning Scripps Park above La Jolla Cove starting this summer.

The return of La Jolla Concerts by the Sea, discontinued after its 33rd season in 2016 because of

funding problems, is being spearheaded by Howard Zatzkin.

“I’ve lived in La Jolla 55 years and music is a love of mine,” said Zatzkin, who attended the summer concert series previously. “We’ve got all the permits needed and the bands together and the sound guy.”

Zatzkin said both returning public events, the swim and the concert series, are cross-pollinating.

“My neighbor, Judy Adams Halter, was reviving the swim and she knew I was trying to revive the concerts,” he said. “So she offered to fund it (concerts).”

Zatzkin added that both events

were placed under the umbrella of Kiwanis because of the club’s longstanding stability and enduring commitment to community causes.

The bands that had been set to perform when the summer concert series was canceled – Full Strength, The Mighty Untouchables, Sue Palmer and Her Motel Swing Band and The Heroes – are all returning on Sunday afternoons on July 17, 24, and 31, as well as the last concert on Aug. 7.

“I chose well-known, really good bands because we wanted to make sure our first year back was really top-of-the-line entertainment, and

it is,” Zatzkin said adding, “What amazes me is how many people, 60 to 80, come down to the Cove to dance in front of the stage.”

A change this time around is that Sunday concerts will be held later in the day, from 3:30-5:30 p.m., to give families more time to get to the events and enjoy them.

La Jolla Concerts by the Sea ran for 33 years starting in 1984, only to go out of business after the 2016 season. The popular summertime event had been in financial trouble, losing money for years, as well as having trouble finding – and keeping – sponsors. Only seven of 2016’s final eight summer concerts had sponsors.

Past Concerts by the Sea chair Shirleymae Davis previously said the nonprofit gradually got squeezed over the years by increasing City demands, like doubling the number of portable toilets and requiring them to use their own dumpster, as well as requiring concessions to be sold by vendors, and not the nonprofit putting on the concerts.

The annual high-profile, all-ages swim event held every September, was canceled in 2014 due to construction at the La Jolla Cove Lifeguard Station.

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SUDOKU PUZZLE

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CROSSWORD PUZZLE

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- CLUES ACROSS**

 - A power of perception
 - Slotted hinged metal plate
 - Popular crop
 - Siamese fighting fish
 - Larval crabs
 - South American mammal
 - Occur as a result of
 - Slavic language
 - An electric underground railway
 - Transporting
- A direction
 - Opposite of start
 - Mock
 - People love and hate it (abbr.)
 - A people of Myanmar
 - A Queens ballplayer
 - Southern Thailand indigenous person
 - Famed actress
 - Thin strips
 - Bluish greens
- Ridiculed
 - Having the shape of a cube
 - Came down
 - Indian religious god
 - "Bewitched" actress Moorehead
 - Leak through slowly
 - Buzzing insects
 - Midway between south and south-east

- CLUES DOWN**

 - Skin condition
 - Earlier
 - Right away
 - Vomiting
 - Go to
 - "The Police" frontman
 - Bullfighting maneuver
 - Pacific island
 - A system of algebraic notation
 - A room used for the activities of a group
 - The longest division of geological time
 - Car mechanics group
 - A barrel of liquid (abbr.)
 - Bound to do
 - Explosive
 - Ridicules
 - Adult male
 - Military personnel
 - French and Belgian river
- Found in the sea
 - A share lost in default (abbr.)
 - Type of medication (abbr.)
 - City on the Rhine
 - Animal disease
 - They're in martinis
 - Get away
 - Wampum
 - Lacking brightness

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San Diego Padres and Petco Park powered by renewable energy

San Diego Community Power (SDCP), the not-for-profit community choice energy program, on April 20 announced the San Diego Padres' decision to opt up to SDCP's Power100 service tier. SDCP will now be providing Petco Park and its affiliated facilities with 100 percent renewable and carbon-free energy.

"The Padres are proud to be a leader in environmental sustainability and energy efficiency in professional sports," said Erik Greupner, Padres chief executive officer. "We are excited to further elevate Petco Park's standing as one of the greenest ballparks in America by becoming a Power100 Champion and utilizing clean, renewable energy through our partnership with San Diego Community Power."

Petco Park will now become the first National League stadium to be powered by 100 percent renewable and carbon-free energy. Petco Park, which continually ranks as one of the top ballparks in the MLB, had the third-highest



The sun sets on Petco Park as the San Diego Padres play the Cincinnati Reds in April. PHOTO BY THOMAS MELVILLE

attendance across all stadiums during the 2021 Padres season.

"The Padres and SDCP make a great team. We couldn't be more excited to build our partnership with the Padres and welcome them as a Power100 Champion," said SDCP board chair Joe Mosca. This announcement only

further the growing partnership between the Padres and SDCP, which also sponsors "Tonight's Lights" at all Padres home games, and will be the game-day sponsor of the Fernando Tatis Jr.'s hat giveaway on June 8.

READ MORE ONLINE AT sdnews.com

LEGALS » CONT. FROM PG. 10

WAY, SAN DIEGO, CA 92103 Is registered by the following: a. KENNEDY IRELAND HOPKINS This business is conducted by: AN INDIVIDUAL The first day of business was: 04/13/2022 Registrant Name: a. KENNEDY IRELAND HOPKINS TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 13, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-900889 Fictitious Business Name(s) a. HORIZON REAL ESTATE GROUP b. HORIZON REALTY GROUP Located at: 3572 IDEWILD WAY, SAN DIEGO, CA 92117 Is registered by the following: a. BENJAMIN S. SMITH This business is conducted by: AN INDIVIDUAL The first day of business was: 04/15/2022 Registrant Name: a. BENJAMIN S. SMITH TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 15, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9009116 Fictitious Business Name(s) a. BEAUTY BY ALLIE Located at: 2560 1ST AVE, SUITE 204 SAN DIEGO, CA 92114 Is registered by the following: a. ALAURA SOUKTHAVONG This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. ALAURA SOUKTHAVONG TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 19, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008978 Fictitious Business Name(s) a. KLEAN SWEEP Located at: 2035 GRAND AVE SAN DIEGO, CA 92109 Is registered by the following: a. DONNA MAE OLEYNICK This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. DONNA MAE OLEYNICK TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 18, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008992 Fictitious Business Name(s) a. THE STRONGHOLD b.STRONGHOLD KIDS c. STRONGHOLDMOM d.STRONGHOLD JIU JITSU Located at: 2176 CHATSWORTH BLVD, SAN DIEGO, CA 92107 Is registered by the following: a. THE STRONGHOLD CCR This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 01/01/2021 Registrant Name: a. THE STRONGHOLD CCR TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. RAQUEL CUSI, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 24, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008426 Fictitious Business Name(s) a. EXP REALTY Located at: 10620 TREENA ST, STE 230 SAN DIEGO, CA 92131 Is registered by the following: a.EXP REALTY OF SOUTHERN CALIFORNIA, INC This business is conducted by: A CORPORATION The first day of business was: N/A Registrant Name: a.EXP REALTY OF SOUTHERN CALIFORNIA, INC TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. MACIE HAWKES, SECRETARY The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 9, 2022. ISSUE DATES: APRIL 22, 29 ,MAY 6 & 13

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2022-00014500-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): ASHLEY DEJANAE JOSHUA filed a petition with this court for a decree changing names as follows: Present name: a. ASHLEY DEJANAE JOSHUA To Proposed name: ASHLEY DANIELLA BEVILACQUAPICKELS court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 06/06/2022 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause

shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: APRIL 20, 2022 . JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH ISSUE DATES: APRIL 29 ,MAY 6, 13 & 20 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2022-00014496-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): SHANE DIXON PICKLES filed a petition with this court for a decree changing names as follows: Present name: a. SHANE DIXON PICKLES To Proposed name: SHANE DIXON BEVILACQUAPICKELS court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 06/06/2022 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: APRIL 20, 2022 . JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH ISSUE DATES: APRIL 29 ,MAY 6, 13 & 20 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2022-00014606-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): YULIYA ALEXANDROWNA LUND Filed a petition with this court for a decree changing names as follows: Present name: a. YULIYA ALEXANDROWNA LUND To Proposed name: MIA HANSKOM court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before

the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 06/06/2022 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: APRIL 20, 2022 . JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH IS- SUE DATES: APRIL 29 ,MAY 6, 13 & 20 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9009369 Fictitious Business Name(s) a. SMART CAB Located at: 10207 BELL GARDENS #6, SANTEE, CA 92071 Is registered by the following: a. SAID YAGEV This business is conducted by: AN INDIVIDUAL The first day of business was: 4-21-2022 Registrant Name: a. SAID YAGEV TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 21, 2022. ISSUE DATES: APRIL 29 ,MAY 6, 13 & 20

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9009378 Fictitious Business Name(s) a. CLASS ACT CAB Located at: 6055 CAMINO SAN FERMIN #101, SAN DIEGO, CA 92130 Is registered by the following: a. NAJIBULLAH HAMID This business is conducted by: AN INDIVIDUAL The first day of business was: 4-21-2022 Registrant Name: a. NAJIBULLAH HAMID TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 21, 2022. ISSUE DATES: APRIL 29 ,MAY 6, 13 & 20

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9009309 Fictitious Business Name(s) a. MHHS Located at: 15233 PRESILLA DRIVE, JAMUL, CA 91935 Is registered by the following: a. DANNY GHAZAL This business is conducted by: AN INDIVIDUAL The first day of business was: 4-21-2022 Registrant Name: a. DANNY GHAZAL TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 21, 2022. ISSUE DATES: APRIL 29 ,MAY 6, 13 & 20

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9009688 Fictitious Business Name(s) a. CARING HOME CARE b. CARING HOME CARE PROGRAM Located at: 8947 COMPLEX DRIVE, UNIT B, SAN DIEGO, CA 92123 Is registered by the following: a. CLAIREMONT MANAGEMENT SERVICES, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 4-26-2022 Registrant Name: a. CLAIREMONT MANAGEMENT SERVICES, LLC TITLE of Officer,if Limited Liability Company/Corporation Title of Signor ZHIKE PRIUETT, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 26, 2022. ISSUE DATES: APRIL 29 ,MAY 6, 13 & 20

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9009511 Fictitious Business Name(s) a. REBOUND HEALTH, LLC Located at: 4858 MERCURY ST, STE #103, SAN DIEGO, CA 92111 Is registered by the following: a. REBOUND HEALTH, LLC This business is conducted by: A REBOUND HEALTH, LLC TITLE of Officer,if Limited Liability Company/Corporation Title of Signor CHRISTOPHER S. STEFAN, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 22, 2022. ISSUE DATES: APRIL 29 ,MAY 6, 13 & 20

VOLLEYBALL »

CONT. FROM PG. 7

"The season has gone as well as could be expected," Johnson added. "Due to the lapse of the pandemic years and the new CIF status, the structuring of the league put us at a disadvantage. Last season was a miniature pandemic but we performed well."

Johnson has been the head coach since the inception of the beach volleyball league in 2014, but the sport has been part of her life and passion since the age of 16. Growing

up in Houston, Johnson and her best friend Laura Strunk made it a point to participate in as many junior tournaments in Galveston, Texas as possible.

"I knew I wanted to end up in San Diego, where I could play daily," Johnson said. "After graduate school at University of Texas at Austin, I made the move in 2010 and never looked back."

The Bucs will find out if they will be taking part in postseason play on April 25, with CIF playoffs going from April 28 to May 7 and finals being held at San Diego Mesa College.

HOTEL RIBBON-CUTTING

A ribbon cutting will be held Friday, April 29 at 11 a.m. for the Cormorant Boutique Hotel at 1110 Prospect St. Cormorant features 26 coastal-inspired guestrooms, private balconies overlooking the ocean, Birdseye restaurant located on the hotel's intimate rooftop terrace, and an upscale marketplace, Prospect Market. Take a tour of the hotel to see the hotel's mid-century modern design and ocean views, the upscale marketplace, Prospect Market, and more. Cormorant's owner and developer, Manoj Chawla, will be in attendance. Taste light

bites from the hotel's restaurant Birdseye. Valet parking available.

LIBRARY GARDEN SEEDS

Growing your own food is a great way to create a more sustainable and healthier lifestyle and the City of San Diego Public Library can help. The library is now offering free seed packets available at all locations offering services. Every library location offers several types of seeds including varieties of carrots, melons and herbs.

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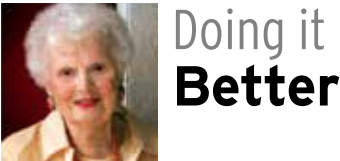
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Civility and respect – two words that are no longer in use today



By Natasha Josefowitz, Ph.D.

Doing it Better

There is so much acrimony and animosity in the world today. We are living under circumstances in which even typically rational people are pushed over the edge and act out. While it's easy to see the cultural forces that are eroding civility, this generation is facing rising income inequality, political stagnation, and anxiety about climate change. Civility is much more easily maintained when people feel secure in their basic needs.

This lack of civility in America today has eroded family ties, encouraged unethical business practices, and normalized a new brazen level of dishonesty in politics. Civility is at the heart of civilization, encouraging citizens to control negative impulses and place the common good, or long-term rewards, over instant gratification. Civility is the antithesis of "letting it all hang out;" it is the quest for calm and rationality, as opposed to inflammatory rhetoric. In other words, civility means understanding, and acting on, the fact that personal well-being and the pursuit of personal goals cannot be separated from the well-being and goals of others, whether members of our family, our friends, our organizations, or our country.

If we are to live in a civil society, it will require listening to others with an open mind and responding with an open heart. It will require knowing ourselves: our tendency to manipulate others, to serve our own interests first. Civility is learned at home by example. Children observe how their parents interact with each other, and go on to imitate what they see.

We are not born civil. We are born to grab from others, to hit the child whose toy we want, to have tantrums when we are denied a wish. Parents are the first teachers of civility, then schools continue this education when they use "time out" for unruly behavior in the classroom or on the playground. Civility continues in the workplace, where people ought to be treated with respect up and down the organizational chart.

Today's polarization is not new. The world has always contended with warring parties, whether through arms or verbal abuse. But the internet has allowed for globalized anonymity. We are all vulnerable to slurs. And retaliation does not work; it only increases the tension, potentially escalating a frustrating discussion into a dangerous encounter. We are currently

WADDLE BE HIS NAME?

Starting today all penguin lovers will have a chance to name one of the 15 penguins that will move into the Beyster Family Little Blue Penguins habitat when it opens this summer at Birch Aquarium at Scripps Institution of Oceanography at UC San Diego.

"Being able to introduce the community to Little Blue Penguins and foster a deeper connection and understanding of their environment, how important they are to our ecosystems and the survival challenges they face, is truly a milestone worth celebrating," said Jenn Nero Moffatt, senior director of animal care, science and conservation.

So, waddle be his name? That's for the

witnessing the cost of this loss of civility within our immediate environment as well as on the world stage.

There is another word which seems to have disappeared from our vocabulary: "Respect." This word loomed large in my childhood. We used to sign letters, "Respectfully yours." "Respect your elders" was a frequent admonition. I wonder if the decline in this word's usage correlates with the loss of the behavior it represents.

People are expected to behave a certain way in front of others. They rarely have trouble showing respect to people in authority. However, it is equally important to show the same respect to one's colleagues, and especially to one's subordinates. Do we respect our suppliers as much as our clients? Do we show the same courtesy to the new assistant as we do the company president? Can we find a kind word for the hurried waiter or the custodian who comes after hours to sweep up our offices? Our present environment is not conducive for teaching respect. We are not taught to respect other people's religious, political beliefs, or value systems.

Respect is more than polite behavior. It means listening attentively, taking into account the opinions of others, being sensitive to other's feelings. Self-respect is an important component; we must first value ourselves before we can see the value of others, and thus reduce bigotry and discrimination. In order to gain respect from others, we need to show them the same respect we would like to receive.

Civility and respect are signs of true maturity. Let us resolve to remain civil and respectful, no matter what the circumstances. Be aware of what triggers us to spin out of control and to help others to do the same by projecting calm, attentiveness, and thoughtfulness; understanding other points of view, even when we disagree.

The first step toward universal peace starts if and when all of us are willing to accept opposing points of view. There is little we can do as individuals about the present situation in the world, but we can be respectful at home and at work. Hold open a door, give up a seat, listen well, consider the opinions of others, make requests instead of demands, be patient, put yourself in someone else's shoes, say please and thank you.

Make time for these small acts of kindness and considerations, and people will reciprocate, making the world a more considerate, appreciative, gracious and respectful place... starting in our own backyard.

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2022. Natasha Josefowitz. All rights reserved.

public to decide! Through May 8 the public can suggest a name along with why they think it's the perfect fit for this penguin on Birch Aquarium's website. This pint-sized penguin needs a name as unique as its species. Birch Aquarium encourages the community to pick a name with ties to San Diego, UC San Diego, Scripps Institution of Oceanography, or Birch Aquarium itself.

"This penguin is one of my favorites because he has a mellow and friendly disposition. He's often seen swimming and spending time with the other males in the colony," said Kayla Strate, lead penguin aquarist. "He's got this beautiful sharp plumage and that characteristic hook on the end of his bill that is a sure giveaway that this is a strong, competitive male."

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Kimono Reimagined to be displayed at Visions Art Museum in Liberty Station



Fashion Files

Diana Cavagnaro

Kimono Reimagined was a collaboration between Visions Art Museum quilters and Mesa College Design students. Anne Randerson donated 19 Kimonos to professor Susan Lazear who organized this upcycle project.

A Mesa College fashion student was teamed up with a “stitcher” from the Visions Art Museum. There were 19 teams working together to redesign and reconstruct kimonos. Each team documented every step of their design process beginning with a photo of the kimono on a mannequin, a photo of it dissembled, and a photo of the sketch for the new creation. They were allowed to add 20% of another fabric to come up with their new design.

This project presented two events to showcase their designs. The first was a virtual presentation on Tuesday, April 12. A slide show of each of these projects was shown and each team talked about their process to come up with these designs.

The second event was a fashion show at the Japanese Friendship Garden in Balboa Park on April 19. The garments were modeled in the lower pavillion for a fashion show surrounded by this scenic garden. Seven of these garments will be on display at the Visions Art Museum in Liberty Station



Kimono Reimagined. Designer: Christiann Moore. Stitcher: Tara Ritacco. Model: Ramses Alfaro.

PHOTO BY SUSAN LAZEAR

from June 8-June 18. You can also see the garments in the upcoming Golden Scissors Fashion Show on May 20. sdmesa.edu.

A HEADY AFFAIR

The Social Service League of La Jolla met on April 13 in the Anna Room Lounge of the League House. A presentation was given to the SSL by Milliner Diana Cavagnaro on her 30 year career of designing hats. Her hats are described as, “A work of art that happens to be worn on your head.”

Diana delighted the audience



Kimono Reimagined. Designer: Juliette Sainlo. Stitcher: Andrea Bacal. Model: Nada Zein.

PHOTO BY JORDYN SMILEY

with photos of her creations from a showroom in London, fashion magazines worldwide, fashion films, racetracks from Del Mar to Dubai, and fashion shows including NYFW. She talked about her adventures making hats and teaching Millinery at Mesa College.

After the presentation, the group retired to the Rose Garden in the Darlington House for a wonderful luncheon catered by the Abbey. This group has been helping low-income residents of San Diego county since 1947. They have been providing affordable housing and meals for those who cannot afford decent



Social Service League presenter, Milliner Diana Cavagnaro, at the event.

PHOTO COURTESY OF DIANA CAVAGNARO

housing after retirement.

The SSL acquired the Darlington House in 1968, which provides revenue for their League Housing. This is a premier wedding and fundraiser venue at the Darlington House throughout the year. For more information, visit ssloflj.org.

UPCOMING EVENTS

Thursday, April 28 – Fashion Redux 2022: Three fashion designs from San Diego Mesa College students will be showcased with their garments inspired by 1940s fashion from the San Diego History Center in Balboa Park starting on April 15.

Friday, May 6 – 30th annual

luncheon and fashion show fundraiser “Thank You for Being a Friend: A Tribute to the Golden Girls” to benefit the Vista Hill Foundation, presented by Gretchen Productions at the Town & Country Hotel. For info: 858-449-8060.

Friday, May 14 – Virtual fashion show presented by San Diego Mesa College Fashion Department. For information, contact instructor Gretchen Bergman at 619-670-9880.

Diana Cavagnaro is an internationally renowned Couture Milliner based in the San Diego area. Learn more about our hat designer, teacher, and blogger at DianaCavagnaro.com.

The Social Diary – Car legend Carroll Shelby, Gilot at the Athenaeum, and Jane Fonda?

By MARGO SCHWAB

La Jolla Concours D'Elegance revved up things over the weekend all to benefit La Jolla Historical Society. A happy car flashback for me was meeting legendary Carroll Shelby at Pebble Beach Concours D'Elegance in 1999. You know the genius behind the Shelby Mustang, and the likewise coveted Cobra.

Meanwhile, a block from the Cove car festivities was

a very private, one-night-only reception at the historic Athenaeum Music & Arts Library. A bubbly celebration of incredible artist Francoise Gilot. On view were never been seen publicly works from Gilot's private collection provided by her daughter Aurelia Engle. It was a magical night with Annie Navarra, Lee Clark and Dr. Jerry Pikolycky, co-host Cynthia Burleson, artist Faye Tassviri, Alix Wilhelm, Vicki Plavchak, and Roy

Porello among the who's who.

I was one of the hosts who happily suggested the Athenaeum for the venue and delish appetizers of Girard Gourmet. A win-win backdrop for Gilot treasures!

Truth or not ... sure looked like actress Jane Fonda or her doppelganger at Mary's Gourmet Salads the other day.

Get a social shout out in my next column. Be the first to correctly identify my outfit's designer on the cover. Send answers to mschwab@san.rr.com. 'Til next time!



Erika Torri with Dr. Anne 'Vara' Lauder – Athenaeum.



Elliott and Diane Rabin – Athenaeum.



Margo Schwab with legend Carroll Shelby.



Alix Wilhelm with Bernard Malhame and Dr. Anne 'Vara' Lauder, Vicki Plavchak, and Purple Heart recipient Scott Johnston – Athenaeum.



Artist Faye Tassviri with Margaret Grossman – Athenaeum.