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FRIDAY, APRIL 15, 2022

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## THIS WEEK



**The Social Diary:**  
MCASD reopens at last

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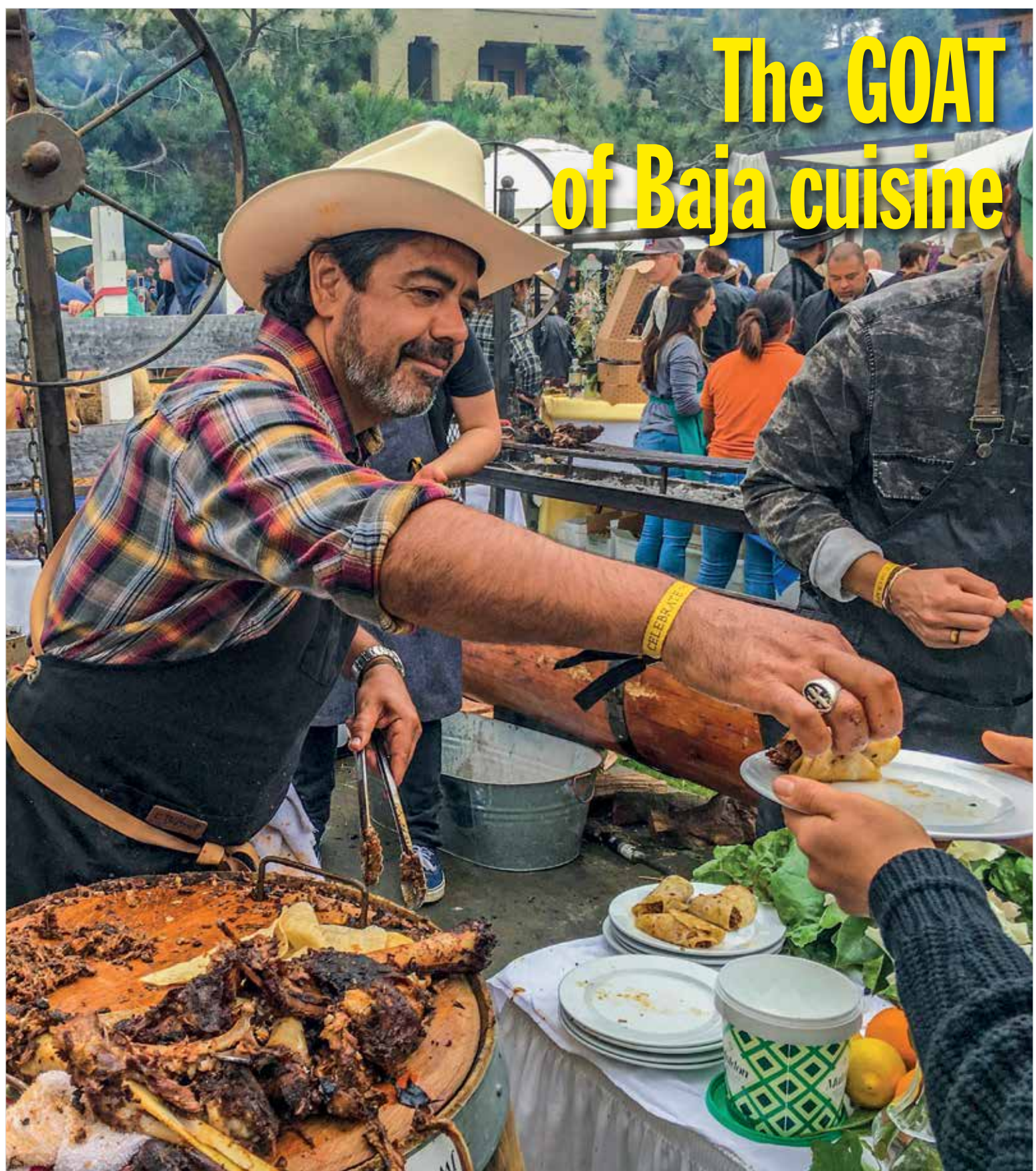
**La Jolla track has**  
speed to burn

SEE PAGE 8



**Closure of Point La Jolla**  
for sea lions approved

SEE PAGE 6



# The GOAT of Baja cuisine

Renowned Baja California chef and restaurateur Javier Plascencia hands out tacos of roasted goat on handmade flour tortillas during the annual Celebrate the Craft food festival on April 3 at The Lodge at Torrey Pines. The event is a showcase for regionally grown ingredients, top chefs, fine wine, and local craft beers. A portion of the proceeds was donated to Slow Food Urban San Diego.

PHOTO BY THOMAS MELVILLE



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# San Diego Humane Society helps stranded pets at Ukrainian border

By DAVE SCHWAB

Recently returned from a “deployment” to Poland to help stranded Ukrainian pets, San Diego Humane Society president Dr. Gary Weitzman said the best thing concerned San Diegans can do to support the humanitarian veterinarian effort is to aid existing charities already there.

“I’d been desperate to find a way to go and see if I could help,” said Weitzman, who just returned from 10 days in Przemyśl, Poland on a mission to provide veterinary care, where he helped set up a border-crossing veterinary clinic. “We’ve been hearing from a lot of people who have been thinking about the welfare of the animals, and about trying to minimize what’s happening to them. We’ve all been shocked by what’s happening.”

Weitzman noted SDHS has partnered with Greater Good Charities based out of Tucson, Ariz., along with other animal and non-animal groups, to help Ukrainian pet refugees in Romania and Poland.

“Greater Good wanted to go and asked if I, and my team, could help in any way,” noted Weitzman adding, “We needed to get the lay of the land, so we wanted to do an exploratory trip first to find out what might be needed in this terribly long ordeal.”

Greater Good Charities works to help people, pets, and the planet by



Dr. Gary Weitzman held a Yorkie inside the clinic in Przemyśl, Poland.

COURTESY PHOTO

mobilizing in response to need and amplifying the good.

The SDHS head vet said his team encountered problems from the get-go after landing in Warsaw, the Polish capital. “The team got stricken with COVID, though there was not much sign of it with fewer people masking anymore and no social distancing,” said Weitzman. “A lot of those people ended up testing positive and being quarantined in Romania for a week. I stayed in contact with them by phone.”

Weitzman encountered two subsets of Ukrainian animals overseas. “The first was animals that were lucky enough to have owners that cared for them very well and hand-carried them across the border,” he said. “The other group



A staff member feeds a stray dog. Some animals had to be left behind, not because people didn’t want to bring them, but because authorities have stopped the migration of large dogs across the border.

COURTESY PHOTO

was much more tragic, animals that had to be left behind, not because people didn’t want to bring them, but because the last couple of weeks the authorities have stopped the migration of large dogs across the border.”

Weitzman added that “some dogs had been left tied to the border fence,” while other strays were “fending for themselves. Some rescue groups had set up temporary animal shelters and I was working with them.”

Asked if refugee animals were available for adoption in the United

States, Weitzman said that alternative wasn’t, and probably won’t be, available.

“The problem is these animals need to get back to their people who were forced to leave them behind,” he said. “Our hope is that their families may come back to get them. San Diego is far away from the front of that war, and it would be a really difficult journey for those animals.”

Weitzman pointed out, however, that “Europe is being overwhelmed by the animals and is placing them in shelters until they get into a new

home.”

The vet said he already wants to go back, despite being exhausted from his recent Poland trip. He added that SDHS’ current game plan is to continue to work with Greater Good Charities to determine what the veterinary needs really are for countries taking in Ukrainian refugee pets.

“We’re going to wait until we see what the veterinary needs are over there, then help them (animals) wherever they end up, which could well be back on the Ukrainian side of the border,” Weitzman said.



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# Senior Living

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together. Programming at Belmont Village La Jolla will be enhanced through an ongoing partnership with UCSD to develop activities that foster resilience and wellbeing in older adults.

Belmont Village has served San Diego seniors for 20 years at its Sabre Springs and Cardiff by the Sea communities, offering independent living, assisted living and award-winning memory care. To learn more, call 858-358-7129 or visit [belmontvillage.com/lajolla](http://belmontvillage.com/lajolla).

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All Heart Home Care has received the Top Home Care award from SeniorAdvisor.com 5 years in a row 2017-2021.

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# Coastal Commission approves Point La Jolla closure for sea lions

By DAVE SCHWAB

A second popular La Jolla beach has now been closed to the public for part of the year. The California Coastal Commission voted unanimously on April 8 to grant the City's request to close Point La Jolla, where sea lions pup, from May 1 to Oct. 31 to protect the marine mammals for the next seven years.

The Coastal Commission actually went above and beyond the City's original request, which was to close Point La Jolla between La Jolla Cove and Boomer beaches from May 25 to Sept. 15.

Children's Pool beach nearby, where harbor seals pup, has been closed to the public with a guideline rope since 2014 during the pinniped's Dec. 15 to May 15 pupping season.

The City last summer successfully secured a temporary emergency closure of a portion of Point La Jolla at Ellen Scripps Browning Park from Aug. 11 to Sept. 15. That measure was to protect the sea lion rookery there from tourists during the annual sea lion pupping season. The temporary closure came in response to continuing reports by Sierra Club docents that human encroachment was threatening sea lions and their offspring.

"This plan protects visitors and wildlife alike," said District

1 Councilmember Joe LaCava, who represents La Jolla. "The Commission's approval maintains recreational access to the ocean and ensures the public can continue to enjoy sea lions and their pups from a safe distance. It is because of the robust public input we received that we were able to forge a future that reflects the needs of the community, from body surfers to sea lions."

The Sierra Club San Diego Chapter was elated by the Coastal Commission's decision to close Point La Jolla for six months of the year, while La Jolla beach-access proponents were outraged by it.

"Yet another beach is about to be closed to the public," said Ken Hunrichs, spokesperson for Friends of the Children's Pool, a local group lobbying to protect beaches and coastal access for future generations. "The real question that needs a close look is how a fringe group from the Sierra Club gained so much influence over City policy to again close another beach."

The following statement was released by beach-access proponents in response to the Coastal Commission's decision on extending sea lion protections: "The Commission has a history of failing to uphold the coastal-access protections in the Coastal Act. The Commission extended the time and size of the closure beyond what the City requested.

City staff folded when a fringe group associated with the Sierra Club made a pitch to close the entire Point La Jolla and Boomer Beach with their expressed hope of making that closure permanent and year-round.

"The result is another closed beach from May through October for the next seven years. The City was also quite happy to commit to additional ranger staff and nighttime security camera monitoring at a cost to taxpayers of millions of dollars over the next seven years at least."

"Even more troubling was the failure of City officials to stand up for a promised compromise," continued the pro-beach access statement. "That compromise worked out with the City and ocean-access advocates, fishing enthusiasts, and others was to allow limited shoreline access to South Boomer Beach. It was quickly dismissed, and Boomer Beach will be inaccessible except by water or steep coastal cliff descent. Residents and visitors who actually access the ocean at Boomer Beach and Point La Jolla were cast aside as that area of Scripps Park joins the Children's Pool as a marine mammal reserve."

Ocean-protection advocates argued the Coastal Commission did what was right – and necessary – to protect sea lions threatened by co-existence with humans.

"The Sierra Club San Diego



Sea lions at Point La Jolla.

COURTESY PHOTO

Chapter and the Sierra Club Seal Society are pleased with the Coastal Commission's decision and conditional requirements for San Diego's Coastal Development Permit for the seasonal closure of the sea lion rookery at Point La Jolla and Boomer Beach," said Robyn Davidoff, Seal Society

chair. "The commissioner's based their decision on science, facts, experts, and photo and video documentation to provide adequate protections for sea lions during their birthing, mating and pups-vulnerable stage of life."

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# UC San Diego joins national trial to explore new vaccines for COVID-19 variants

The University of California San Diego has joined a Phase II clinical trial to evaluate various additional COVID-19 booster shots. The trial seeks to understand if different vaccine regimens can broaden immune responses in adults who already have received a primary vaccination series and a first booster shot.

The study, known as the COVID-19 Variant Immunologic Landscape trial or COVAIL, is sponsored by the National Institute of Allergy and Infectious Diseases (NIAID), part of the National Institutes of Health. The trial is funded through a contract

to Frederick National Laboratory for Cancer Research, operated by Leidos Biomedical Research in Frederick, Md.

For more information about the trial, visit [clinicaltrials.gov](https://clinicaltrials.gov). For more information about participating in the San Diego arm of COVAIL, visit the COVID-19 Prevention Network San Diego at [covidvaccinesd.com](https://covidvaccinesd.com) or call 619-695-4371.

Despite waning protection against infection and mild illness during the Omicron wave, COVID-19 vaccines available in the United States have thus far maintained durable protection against

severe COVID-19. The concern is that future variants may evade protection provided by currently available COVID-19 vaccines.

COVID-19 vaccine manufacturers can adjust their prototype vaccines to target specific variants, a process similar to how manufacturers update seasonal influenza vaccines every year to target circulating strains. However, predicting if, when and where new COVID-19 variants will emerge and how they will affect the population, remains challenging.

"The emergence of SARS-CoV-2 variants has challenged the efficacy of available preventive vaccines.

It's clear that we need to learn more about how we might adapt vaccines to match circulating variants and expand and optimize immune coverage to existing and emerging variants," said Susan Little, MD, professor of medicine at UC San Diego School of Medicine and principal investigator of the UC San Diego trial site.

"The COVAIL study will evaluate the safety and immunogenicity of additional doses of prototype and variant vaccine candidates in previously vaccinated participants with or without prior SARS-CoV-2 infection. It will evaluate innate,

cellular and humoral (the presence of antibodies in blood) immune responses to inform on how to shift the immune response to cover new variants as they emerge."

Studies indicate that Omicron has a combination of mutations that make it substantially different from prior SARS-CoV-2 variants. Should a new variant emerge that more closely resembles ancestral SARS-CoV-2 or, for example, the Delta variant, an Omicron-specific vaccine may not offer substantial protection.

READ MORE ONLINE AT [sdnews.com](https://sdnews.com)

## Easter Services 2022

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# La Jolla High School track: the Vikings have some speed to burn

By ED PIPER

Ask La Jolla High track coach Paul Byrne what kind of season three of his girl sprinters have had this spring, and he'll say, "Good."

Payton Smith, a sophomore burner, ran a 12.0-second-wind-aided 100 meters on March 3 in a home meet against Sage Creek. "I'll put that in the record books," said Byrne at the time, one of four 12.0-second-and-under times ever recorded by a Viking girl.

Maddie Lyons, a transfer from Bishop's, has continued to record fast times since coming over to the public school on Rushville (an appropriate name). In that particular meet against the visiting Bobcats, the senior blazed a time just behind Smith to the tune of 12.65 seconds.

And finally, Ebony Crandle, another senior, active in ASB and other student endeavors, wasn't

too shabby, either. In that March 3 competition — the initial Sage Creek finisher came in almost two seconds later than the first Viking across the finish line — Crandle recorded a fine time of 13.43 seconds.

The three top La Jolla finishers went 1-2-3. "The time counts as a PR (personal record) for Payton," explains Byrne when asked about his comment at the time, "just not a record" in the school record books. The wind component, measured at 3.2 mph, didn't necessarily aid the sprinters in going faster. But in the exacting standards of track times, it exceeded the allowable wind speed which might have altered finishing times.

Byrne, proud of his sprinters as well as all his other Viking track athletes — he coached the girl and boy pole vaulters until a constant turnover of head coaches led him to accept the head job several years ago to give



La Jolla's Ebony Crandle (near right), Payton Smith (third from right), and Maddie Lyons (far left) start in the 100 meters against Sage Creek on March 3. Smith, a sophomore, finished in 12.0 seconds; Lyons, a senior, was second in 12.65; Crandle, also a senior, in 13.43.  
PHOTO BY ED PIPER

the student-athletes continuity and stability — revealed Ebony Crandle has accepted a scholarship to attend USC next year.

"She's one of our team captains," said the coach. "She's not going to run track at USC, but

she'll go there on a scholarship." Earlier in the year, Crandle has written pieces for publication about her growing awareness and leadership in student leadership and activism.

The saga of Lyons is not an

unfamiliar tale of the COVID pandemic. It has resulted in her medalling, which includes the top six in an event in CIF. "Maddie was going to sit out during COVID," says Byrne. "She couldn't compete her sophomore year." Since coming over to La Jolla, she has competed in the "four-by" (400-meter relay with Crandle and Smith, and this year with freshman Elena Farrar).

Smith and distance runner Kirra Fisk qualified for the prestigious Arcadia Invitational in Los Angeles County this past weekend.

An addition this track season has been coach Krishna Curry, a former UCLA sprinter who "implements a lot of stretching," in the words of Byrne.

On April 9, Smith ran sixth in the 400 meters (57.13) and eighth in the 100 meters (12.10) at the prestigious Arcadia Invitational in L.A., which draws athletes from all across the U.S.

## ENHANCE LJ DAY

Building on the success of the initial Enhance La Jolla Day last year, the second one has been scheduled for Saturday, April 23, said Ed Witt, chair of Enhance La Jolla, which manages the maintenance assessment district dedicated to the maintenance and improvement of the Village of La Jolla. "We're excited that this year's

event will take place in front of the Museum of Contemporary Art San Diego, 700 Prospect St., that re-opened in April after an extensive renovation that doubles its size and quadruples its galleries," said Witt. "The museum is an essential component in creating a vibrant community for both San Diegans and tourists."

The event, scheduled from 9-11

a.m., will feature a family-friendly art project organized by museum staff, a milkweed plant give-away to promote butterfly population in the Village, an Urban Corps worker demonstration of their eco-friendly equipment, music provided by Ron Jones and the La Jolla Town Council, and the opportunity to talk with District 1 Councilmember Joe LaCava and leaders of many

community organizations.

## WITHOUT WALLS FESTIVAL

La Jolla Playhouse's Without Walls (WOW) Festival will take place April 21-24 at Arts District Liberty Station, home of the Playhouse's 2019 WOW Festival and the Pop-Up WOW event in August 2021. Like previous WOW Festivals, the event will feature four action-packed days of theatre, dance and music, with more than 20 productions by acclaimed local, national and international artists occurring simultaneously throughout the weekend. The WOW Festival creates a cultural and artistic hub in the city, where patrons can gather to experience performances, engage in lively discussions about the work, and enjoy food and drink options at Liberty Station. For more information, visit [lajollaplayhouse.org](http://lajollaplayhouse.org).

## CONCOURS D'ELEGANCE

The La Jolla Concours d'Elegance presented by LPL Financial and Pacific Sotheby's International Realty celebrates its 16th year of automotive excellence with a luxurious weekend of exclusive events Friday, April 22 through Sunday, April 24. The La Jolla Concours is a unique blend of automotive history, art, and revelry that culminate into one weekend. The La Jolla Concours d'Elegance attracts automobile enthusiasts from around the world who come together over the shared interest and passion for the "moving sculptures" that are to be displayed on the grassy cliffs overlooking the Pacific Ocean.

This year, guests can anticipate over 150 stunning cars within a wide range of judging categories competing for prestigious titles and automotive infamy. The honored marque of this year's showcase is Bugatti and the La Jolla Concours d'Elegance has ensured that the French marque will have a collection ranging from classic to modern-day models.

Ferrari Friday is free to attend. The Saturday Tour d'Elegance is sold out. The Saturday evening soiree has a limited number of tickets available for \$275. The Sunday Concours general admission tickets are \$95. Premium tickets include easy check in, commemorative poster, and unlimited access to the Premium Champagne Bar and the Concours Pit Stop Bar for \$195. For more information, visit [lajollaconcours.com](http://lajollaconcours.com).

## PANNIKIN CLOSES

After failing to reach agreement on a new lease, the iconic Pannikin coffee shop at 7467 Girard Ave. in La Jolla shuttered following business hours on April 9, beginning a search for a new location. "Pannikin has served the community for more than 50 years," states a flyer widely distributed recently throughout the Village of La Jolla. "For many, both young and old, Pannikin provided a simple place to unplug and listen to the birds sing. A place all were welcome to study, enjoy nourishing food, and most importantly, slow down to connect with one another. Please consider donating to Pannikin La Jolla GoFundMe or share the link with friends and family." As of April 11, \$43,892 from 278 donations had been raised on the Pannikin GoFundMe page toward a \$75,000 fundraising goal to help the business find a new home.

## CREEK TO BAY CLEANUP

I Love A Clean San Diego is set to hold the 20th anniversary "Creek to Bay Cleanup" on Saturday, April 23 from 9 a.m. to noon, the day after Earth Day. The event has become the region's largest one-day environmental volunteer effort honoring Earth Day. This year, Creek to Bay returns to in-person, group volunteering at nearly 75 sites around the county. Organizers expect over 5,000 volunteers of all ages to participate. Free online registration available at [CreektToBay.org](http://CreektToBay.org).

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FIRE IS STILL BURNING BY ROBIN BRANHAM



# World traveled artist still going strong in La Jolla

By DAVE SCHWAB

A natural-born artist, Michael Seewald is still going strong at age 70 with his paintings and fine art photography gallery in La Jolla.

"My mom was an artist, taught me painting when I was a kid, Paint By Numbers," said Seewald, whose gallery is at 7863 Girard St. on the bottom floor in La Plaza. "I entered my first art contest painting windows at the mall in Chula Vista when I was 13 and won first place."

Seewald has owned an art gallery since 1983. Of the transition from painting to photography, Seewald noted there never has been one. "To me, they're both arts: There's no difference," he

said. "Both ways I'm in charge of the product from beginning to end. And it's an artistic art process."

The fine arts photographer has done a little bit of everything during his artistic career to get by, from framing to commercial art, even doing weddings and boudoir photography as well as family portraits. "I didn't turn down anything," he said. "As soon as they called, I said, 'Yes, I'm a pro at whatever you need.'"

Through the years, Seewald has traveled the world over to find his photographic and artistic muses. His list of destinations reads like the United Nations featuring 55-plus countries the likes of Kenya, China, Nepal, France, Ireland, Russia, Hawaii,



Michael Seewald stands next to his photos in his gallery on Girard Street.

PHOTO BY DAVE SCHWAB

Spain, etc.

Starting out in North County, Seewald has brought his art to sell in La Jolla because, he said, "A higher amount of tourists come through here – more traffic."

Seewald's been in his latest retail space for a few months, having previously relocated from Prospect Street. He added his studio is like a co-op in how it operates.

"There's no board of directors, it's not a nonprofit like co-ops are," he said. "I have people who wanted to display their art, so they can rent a space and show here. I get a lot of artists who never had gallery space before. I give

them a chance to sell their art."

Seewald also does traveling three-day photography workshops, having just returned from one in Yosemite. The photographer said he's "fussy" about his photos. "In Katmandu, I stopped three times in a week and made three photos, and only one made it into my exhibit," he said adding, "It now hangs over my bed at my house. I don't make a lot of photos. I'm very picky. And I teach that pickiness to my students."

Added Seewald, "One of my students, a Marine, is now selling his work here. He was buying my art 30 years ago. I inspired him to pick up a camera and become a

## MICHAEL SEEWALD GALLERIES

**Where:** 7863 Girard Street, Suite 106 (La Plaza).  
**Contact:** 760-633-1351, seewald.com.

photographer. He's had my class twice. Now he's selling his own art."

Seewald sells retail at the gallery and at seewald.com. "A lot of people go to my website and just spend hours," he added.

Especially lately, Seewald has been big on doing abstract paintings. "They sell really well," he pointed out, showing off his paintings stacked up in his studio. "Some are from photos I've done, and some are just invented."

By his own admission, Seewald is not bad at bass fishing either, a skill he picked up from YouTube and reading articles. That's an art, too, he claims.

"It's a challenge too because you've got to fake that little fish out," Seewald said. "Most people think fishing is a bobber with a little worm at the bottom. No, it's me in the front of the boat controlling the motor going along the bank trying to throw the right lure to trick that bass into biting. Two years ago in Chula Vista I caught an 11 1/2-pound bass. Last week, I took a friend out fishing. I caught 10 fish and he caught one. Same lure."

Asked if he's satisfied with his career, Seewald was short and to the point in answering. "I do what I love," he concluded.



Michael Seewald recently returned from a photography workshop in Yosemite National Park. Here's his photo of Half Dome, the granite dome at the eastern end of Yosemite Valley.

PHOTO BY MICHAEL SEEWALD

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006687 Fictitious Business Name(s) a. J+J GLOBAL MECHANICAL, LLC Located at: 1968 S. COAST HWY, LAGUNA BEACH, CA 92651 Is registered by the following: a. J+J GLOBAL MECHANICAL, LLC b. WES HARRELSON This business is conducted by: CO-PARTNERS The first day of business was: 01/10/19 Registrant Name: a. J+J GLOBAL MECHANICAL, LLC. b. WES HARRELSON TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 21, 2022.. ISSUE DATES: MARCH 25 APRIL 1, 8 & 15

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9005947 Fictitious Business Name(s) a. L. LANE HAIR Located at: 1939 MISSOURI ST, SAN DIEGO, CA 92109 Is registered by the following: a. LINDSAY N. MCDERMOTT This business is conducted by: AN INDIVIDUAL The first day of business was: 3/1/22 Registrant Name: a. LINDSAY N. MCDERMOTT TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 10, 2022.. ISSUE DATES: MARCH 25 APRIL 1, 8 & 15

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9005719 Fictitious Business Name(s) a. OAKS BAR AND GRILL b. CARLTON OAKS CATERING c. CARLTON OAKS GOLF AND COUNTRY CLUB d. CARLTON OAKS BAR AND GRILL e. CARLTON OAKS EVENTS f. CARLTON OAKS BAR g. CARLTON OAKS GRILL Located at: 9200 INWOOD DRIVE, SANTEE, CA 92071 Is registered by the following: a. KEANU, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 5/15/2017 Registrant Name: a. KEANU, LLC. . TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. LINA CHEN, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 08, 2022. ISSUE DATES: MARCH 25 APRIL 1, 8 & 15

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006618 Fictitious Business Name(s) a. NU AGE BROKERS Located at: 12932 PEPPER GRASS CREEK GATE, UNIT 59, SAN DIEGO, CA 92130 Is registered by the following: a. WILLIAM B. GLASSMAN This business is conducted by: AN INDIVIDUAL The first day of business was: 03/15/2022 Registrant Name: a. WILLIAM B. GLASSMAN TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 18, 2022.. ISSUE DATES: MARCH 25 APRIL 1, 8 & 15

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006652 Fictitious Business Name(s) a. SALT AND PEPPER DIAMONDS b. S AND P DIAMONDS Located at: 4551 POMONA AVE, LA MESA, CA 91942 is registered by the following: a. GALACTIC, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: N/A Registrant Name: a. GALACTIC, LLC. . TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. SHAWN BLAZE, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 18, 2022. ISSUE DATES: MARCH 25 APRIL 1, 8 & 15

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006803 Fictitious Business Name(s) a. GOVI INC DBA VIGO SOLUCIONES INDUSTRIALES Y AMBIENTALES Located at: 9006 JAMACHA RD, SPRING VALLEY, CA 91977 Is registered by the following: a. GOVI, INC This business is conducted by: A CORPORATION The first day of business was: 01/01/2022Registrant Name: a. GOVI, INC . TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. JOSE GONZALO BADILLA, VICE PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 22, 2022. ISSUE DATES: MARCH 25 APRIL 1, 8 & 15

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006886 Fictitious Business Name(s) a. ROSEVILLE BARBER COMPANY Located at: 2180 CHATSWORTH BLVD, SUITE A, SAN DIEGO, CA 92107 Is registered by the following: a. HAIR BY ZALYN, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 06/13/2020 Registrant Name: a. HAIR BY ZALYN, LLC. TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. ZALYN BULLARD, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 18, 2022. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006815 Fictitious Business Name(s) a. GPS TRACKER Located at: 1344 CORTE DE LAS PIEDRAS, EL CAJON, CA 92019 Is registered by the following: a. AUTO TITLE LOANS SAN DIEGO, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was:N/A Registrant Name: a. AUTO TITLE LOANS SAN DIEGO, LLC TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. SOHRAB ALBORZIAN, MEMBER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 22, 2022. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007032 Fictitious Business Name(s) a. MITCH'S SEAFOOD Located at: 1403 SCOTT STREET, SAN DIEGO, CA 92106 Is registered by the following: a. CONTOUSSAHARA, INC This business is conducted by: A CORPORATION The first day of business was:11/1/2009 Registrant Name: a. CONTOUSSAHARA, INC TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. MITCHELL CONNIFF, PRESIDENT/ CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 24, 2022. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007030 Fictitious Business Name(s) a. TUNAVILLE MARKET & GROCERY Located at: 4904 N. HARBOR DR, SUITE 102, SAN DIEGO, CA 92106 Is registered by the following: a. CELEBRITY SEAFOOD, INC This business is conducted by: A CORPORATION The first day of business was:N/A Registrant Name: a. CELEBRITY SEAFOOD, INC TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. MITCHELL CONNIFF, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 24, 2022. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-90027156 Fictitious Business Name(s) a. SPLIFF CAPITAL Located at: 1968 S. COAST HWY #5021, LAGUNA BEACH, CA 92651 Is registered by the following: a. SPIN CAPITAL, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 03/25/2022 Registrant Name: a. SPIN CAPITAL, LLC TITLE OF Officer, if Limited Liability Company/Corporation Title of Signor. CHRISTOPHER CONNER, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 25, 2022.. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-90027275 Ficti-

tious Business Name(s) a. TEE'S BOOTCAMP Located at: 938 EMERALD ST, SAN DIEGO, CA 92109 Is registered by the following: a. TEREASA CHARMANE PARRISH This business is conducted by: AN INDIVIDUAL The first day of business was: 10/01/2007 Registrant Name: a. TEREASA CHARMANE PARRISH TITLE OF Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 28, 2022.. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007277 Fictitious Business Name(s) a. JOHN P MARTIN CONSTRUCTION Located at: 4629 CASS ST #236 , SAN DIEGO, CA 92109 Is registered by the following: a. JOHN P MARTIN This business is conducted by: AN INDIVIDUAL The first day of business was: 1-1-2018 Registrant Name: a. JOHN P MARTIN TITLE OF Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 28, 2022.. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007159 Fictitious Business Name(s) a. READY NOW TRANSACTION MANAGEMENT b. READY NOW TRANSACTION COORDINATION Located at: 11625-4 COMPASS POINT DR N, SSAN DIEGO, CA 92126 Is registered by the following: a. D. FORTAKOFF TRANSACTION MANAGEMENT, INC. This business is conducted by: A CORPORATION The first day of business was: 03/25/2022 Registrant Name: a. D. FORTAKOFF TRANSACTION MANAGEMENT, INC. TITLE OF Officer, if Limited Liability Company/Corporation Title of Signor. DIANE FORTAKOFF, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 25, 2022.. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007028 Fictitious Business Name(s) a. SCREENCUTS Located at: 1324 HORNBLEND STREET , SAN DIEGO, CA 92109 Is registered by the following: a. BRIAN LUBERTS This business is conducted by: AN INDIVIDUAL The first day of business was: N/ARegistrant Name: a. BRIAN LUBERTS TITLE OF Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 24, 2022.. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006569 Fictitious Business Name(s) a. ENCUESTRO CAFE b. EL ENCUESTRO Located at: 3941 MASON ST, SUITE #5, SAN DIEGO, CA 92110 Is registered by the following: a. TEPUY, LLC This business is conducted by: LIMITED LIABILITY COMPANY The first day of business was: N/A Registrant Name: a. TEPUY, LLC TITLE OF Officer, if Limited Liability Company/Corporation Title of Signor. LUIS MIGUEL VARGAS, MANAGING MEMBER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 18, 2022.. ISSUE DATES: APRIL 1, 8, 15 & 22

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007395 Fictitious Business Name(s) a. OLDNEWFILMS Located at: 202 W. SAN YSIDRO BLVD, APT 3, SAN YSIDRO, CA 92173 Is registered by the following: a. SUSAN MAGDALENA TORRES PUENTE This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. SUSAN MAGDALENA TORRES PUENTE TITLE OF Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 29, 2022.. ISSUE DATES: APRIL 1, 8, 15 & 22

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2022-00011836-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): CHRISTIAN STEVEN LAWRENCE WALLS filed a petition with this court for a decree changing names as follows: Present name: a. CHRISTIAN STEVEN LAWRENCE WALLS to Proposed name: DEKARRI CHRISTIAN FIELDS This court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING. a. Date: May 12,2022 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VIL-LAGE NEWS, AND PENINSULA BEACON. Date: MARCH 30, 2022 . JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH ISSUE DATES: APRIL 8,15,22 & 29 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (ex-cluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006749 Fictitious Business Name(s) a. AGING FOCUSED AT EVE MAR, LLC Located at: 6748 LOPEZ GLEN WAY, SAN DIEGO, CA 92126 Is registered by the following: a. AGING FOCUSED AT EVE MAR, LLC This business is conducted by: LIMITED LIABILITY COMPANY The first day of business was: 1/1/2022 Registrant Name: a. AGING FOCUSED AT EVE MAR, LLC TITLE OF Officer, if Limited Liability Company/Corporation Title of Signor. REBECCA MONTANO, PRESIDENT/CEOThe statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 22, 2022.. ISSUE DATES: APRIL 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9006750 Fictitious Business Name(s) a. MONTANO CASE MANAGEMENT, LLC Located at: 6748 LOPEZ GLEN WAY, SAN DIEGO, CA 92126 Is registered by the following: a. MONTANO CASE MANAGEMENT, LLC This business is conducted by: LIMITED LIABILITY COMPANY The first day of business was: 1/1/2022 Registrant Name: a. MONTANO CASE MANAGEMENT, LLC TITLE OF Officer, if Limited Liability Company/Corporation Title of Signor. REBECCA MONTANO, PRESIDENT/CEOThe statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 22, 2022.. ISSUE DATES: APRIL 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007577 Fictitious Business Name(s) a. THE FUNKY LEMON Located at: 3415 MISSION BLVD, SAN DIEGO, CA 92109 Is registered by the following: a. 4 THE LOVE OF LEMONS This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 03/15/2022 Registrant Name: a. 4 THE LOVE OF LEMONS TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. MARIELA DESTOUT, PRESIDENTThe statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 30 2022. ISSUE DATES: APRIL 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007263 Fictitious Business Name(s) a. DEW NORTH MARINE Located at: 398 POWERS DRIVE, EL DORADO HILLS, CA 95762 Is registered by the following: a. RYAN DEWANTTE This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. RYAN DEWANTTE TITLE OF Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 28 2022. ISSUE DATES: APRIL 8, 15, 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9007270 Fictitious Business Name(s) a. ACCURATE ACCOUNTING Located at: 4592 NEW-PORT AVE, SAN DIEGO, CA 92107 Is registered by the following: a. BRANDI TAYLOR This business is conducted by: AN INDIVIDUAL The first day of



# Youth leads the way for Mission Bay track teams

## Annual Jim Cerveny Invitational set for April 16

By HECTOR TRUJILLO

Led largely by the performances of its sophomores, the Mission Bay track and field teams have started the season in impressive fashion. The boys' team is ranked No. 1 and the girls' team No. 2 in CIF Division III with Brandon Cheeks leading all of San Diego in the triple jump. He is ranked No. 4 in the country among sophomores with a jump of 45 feet 11 inches long, which is the new school record that was previously set by Xavier Brandon in 2017.

"Our season is going great this year," Cheeks said. "So far a lot of school records have been matched or improved. The best part about being on this team is the social aspect, and how being around other great athletes is a humbling experience." Cheeks is also the only a sophomore ranked No. 1 in the long jump at 22 feet 4.75 inches, the high jump at 6 feet 5 inches, which is only .75 away from the school record, the 110m hurdles at 15.60 and, is also ranked third in the state in the triple jump.

For the Mission Bay girls, Marissa Toliver has had an impact as well recently achieving her best time of 12.63 in the sprints at the 2022 Bronco Invitational held on March 12. "Her 26.15 and 59.97 put her at the top of sophomores in San Diego

and favorite to medal at CIF," said head track coach Danny Perez. Also, Khouri Evans is leading DIII in the shot put with a throw of 29 feet 2 inches. "Much different from her sister, who followed her dad and our current sprint coach Andre Evans in the sprints, Khouri has found her own way in the throws," Perez added. Mission Bay has two dual meets remaining: first on April 14 at Canyon Hills and Saints/OLP, along with one on April 21 at La Jolla High School. In between those the school will host the fourth annual Jim Cerveny Invitational on Saturday,

April 16 in a meet dedicated to the legendary track star who won the state title in 1957 in the 880. Cerveny will be on hand as well as former state champion, NCAA champion, and Olympic athlete Charles Jock who took down Cerveny's record during a memorable 2008 state meet run where he placed second at nationals. Others being honored at the event are 1999 CIF champion Priscilla Parker, and 2003 shot put champion, Jared Bray, along with the 1972 boys Morse CIF team. The Mission Bay teams close off the season with the DIII prelims and finals on May 14 and 21, respectively.



Mission Bay shot putter Khouri Evans. PHOTO BY STEVE SIDELL



Mission Bay triple jumper Brandon Cheeks. PHOTO BY STEVE SIDELL

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1. A woman of refinement
7. Body part
10. One who imitates
12. Tropical Asian starlings
13. A type of delivery
14. W. Australian capital
15. Many wombs
16. Wings
17. Expression of amusement
18. Brews

19. Mild yellow Dutch cheese
21. Mild expression
22. Solitary
27. Distance to top
28. The rebirth of a soul in a new body
33. Police who investigate police (abbr.)
34. Begrudged
36. Popular sports league
37. Autonomous republic of Russia

1. Inspiration
2. Resembling wings
3. Form of Persian
4. Consumed
5. Extinct flightless bird of New Zealand
6. Sea eagle
7. Jaguarundis
8. Poker stake
9. Bravo! Bravo! Bravo!
10. South American nation
11. A colorless, odorless gas

- 12. Disturbance
- 14. Artist's tool
- 17. Polish peninsula
- 18. Ottoman military leaders
- 20. Bird-like dinosaur
- 23. Drinking glass
- 24. Central Florida city
- 25. One's mother
- 26. To do it is human
- 29. Atomic #10
- 30. Used to write
- 31. The branch of medicine concerned with the ear

32. Adversaries
35. Have already done
36. One of conspicuous wealth
38. It flies over sporting events
40. Geological times
41. Net
42. Musical phrase
43. Chadic dialect
44. Private Internet Access (abbr.)
45. Lizard genus
46. Woman of the church
47. Having ten

[illegible]

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8	9	6	7	2	3	1	4	5
7	3	1	5	9	4	8	6	2
2	5	4	6	1	8	9	7	3
9	4	8	2	6	5	3	1	7
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Dylan Taylor dressed as a boom box during his appearance on the TV game show.

COURTESY PHOTO

# Pacific Beach resident makes a deal on TV game show and wins \$10,000

By DAVE SCHWAB

Dressed in costume as a boom box, Dylan Taylor of Pacific Beach recently fulfilled a lifelong dream of competing as a contestant on the “Let’s Make a Deal” game show.

The 25-year-old Taylor originally hails from Gilroy, the southernmost city in the San Francisco Bay Area known as the “garlic capital of the world.” Taylor touted his hometown’s nickname when applying to be a contestant on his segment of the TV show, which was filmed last December and aired on April 4.

"I grew up watching the game show at my grandparent's house, and I'd always wanted, dreamed of, going on a game show," said Taylor, who works for Citrix Systems Inc. a multinational cloud computing and virtualization technology company. "I was fortunate enough to play a game that was for a \$10,000 prize."

Known for audience members dressing in outrageous costumes to increase their chances of being selected to play, "Let's Make a Deal" is an American TV game show that originated in 1963 and was hosted by Monty Hall for nearly 30 years. The current edition of the show has aired on CBS since

2009. In the fall of 2020, the show began filming with a hybrid format and virtual contestants playing from home due to COVID.

"Let's Make a Deal" involves members of the studio audience, called "traders," making deals with the host. In most cases, a trader will be offered something of value and given a choice of whether to keep it or exchange it for a different item hidden behind a curtain, door, or giant cookie jar. The "other" item is hidden from the trader until that choice is made. The trader thus does not know if they are getting something of equal or greater value, or a prize that is referred to as a "zonk," an item purposely chosen to be of little or no value to the trader.

Taylor has a friend who'd previously been on the show who schooled him on how to apply. "She told me they were looking for people right now due to COVID, as they wanted people living closer to where the show is filmed in Van Nuys (Los Angeles area) because they were trying not to fly a lot of people in," he said. Taylor added the show wants to know "fun facts" about each prospective contestant to be discussed on the show. So he opted to tell them about Gilroy and garlic.

Of the game-show experience, Taylor said: "The thing that was cool was they only had 14 people in the live studio audience when they usually have over 100. So they told us, 'Everyone here is going to be guaranteed at least one play of the game.' I got offered to play for the big deal of the day, where you have to forfeit your prize and try to win a bigger prize."

But, as turned out to be fortunate, Taylor opted to keep the \$10,000 prize money instead of risking it on an alternative. "I've watched the show a lot and the number three comes up a lot, so I was going to pick curtain No. 3," he said. "But then I thought it would be better to just have the money. That was good because what was behind curtain No. 3 was a kitchen set that I probably never would have used. So I'm glad it worked out."

Asked if he'd advise others to be contestants on "Let's Make a Deal" Taylor answered, "Totally. One hundred percent. It was a cool thing to be behind the scenes at a game show. And I couldn't believe my facial expressions when I was up on the stage, and everyone there, the producers and the camera people jumping up and down. I was just lucky to be chosen to play the game."

## LEGALS»

CONT. FROM PG. 10

business was: N/A Registrant Name: a. BRANDI TAYLOR TITLE of Officer,if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 28 2022. ISSUE DATES: APRIL 8 , 15 , 22 & 29

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-  
9006710 Fictitious Business Name(s) a. TITAL POOL ANS SPAS  
Located at: 3782 1ST AVENUE #303, SAN DIEGO, CA 92103-4075  
is registered by the following: a. TODD DAMERON This business  
is conducted by: AN INDIVIDUAL The first day of business was:  
3/21/22 Registrant Name: a. TODD DAMERON Title of Officer, if  
any: a. President  
Limited Liability Company/Corporation Title of Signor, The state  
was filed with Ernest J. Dronenburg, Jr. Recorder/County  
Clerk of San Diego County on: MARCH 21 2022. ISSUE DATES:  
APRIL 8 , 15 , 22 & 29

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2021-00053534-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): MARQ CALEB HEUSNER filed a petition with this court for a decree changing names as follows: Present name: a. MARQ CALEB HEUSNER to Proposed name: MARQ CALEB ABRAZADO This court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing. NOTICE OF HEARING A date: 5/23/22 TIME: 8:30 AM DEPT 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, and PENINSULA BEACON. Date: APRIL 2022.. JUDGE OF THE SUPERIOR COURT MICHAEL T. SMYTH. IS-  
 ISSUE DATES: APRIL 15,22,29 & May 6 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9008556 Fictitious Business Name(s) a. DOWNTOWN SMOG CENTER Located at: 765 17TH AVENUE, UNIT B, SAN DIEGO, CA 92101 is registered by the following: a. DOWNTOWN SMOG CENTER, LLC This business is conducted by: A LIMITED LIABILITY

COMPANY The first day of business was: 04/22/2022 Registrant  
Name: a. DOWNTOWN SMOG CENTER, LLC TITLE of Officer,if  
Limited Liability Company/Corporation Title of Signor. ANTHONY J.  
MOVELLINO The statement was filed with Ernest J. Dronenburg, Jr.  
Recorder/County Clerk of San Diego County on: APRIL 12, 2022  
ISSUE DATES: APRIL 15, 22, 29 & MAY 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-  
90038039 Fictitious Business Name(s) a. FRIENDLYVALLE Located  
at: 102 SIERRA WAY, CHULA VISTA, CA 91911 Is registered by the  
following: a. EDITH AISPURO GUERRA This business is conducted  
by: AN INDIVIDUAL The first day of business was: 04/01/2022  
Registered Name: a. EDITH AISPURO GUERRA Title of Officer,if  
any: a. EDITH AISPURO GUERRA  
Limited Liability Company/Corporation Title of Signor. The state-  
ment was filed with Ernest J. Dronenburg, Jr. Recorder/County  
Clerk of San Diego County on: APRIL 07, 2022. ISSUE DATES:  
APRIL 15, 22, 29 & MAY 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-0008594  
 Fictitious Business Name(s) a. WEPARK Located at: 10437 LAKE  
 BREEZE DRIVE, SPRING VALLEY CA 91977 Is registered by me  
 following: a. JAY-DORAN KOCHER MEMENDOZA This business is  
 conducted by: AN INDIVIDUAL The first day of business was: N/A  
 Officer/Manager: a. JAY-DORAN KOCHER MEMENDOZA TITLE of  
 Registrant: If Limited Liability Company/Corporation Title of Signor, The  
 statement was filed with Ernest J. Dronenburg, Jr. Recorder/County  
 Clerk of San Diego County on: APRIL 12, 2022. ISSUE DATES:  
 APRIL 15, 22 29 and MAY 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-900973  
 Fictitious Business Name(s): a. LEGACY MEDIA. Located at: 10437  
 LAKE BREEZE DRIVE, SPRING VALLEY CA 91977 Is registered by  
 the following: a. JAY-DANOR KOCHER MENDOZA This business  
 is conducted by: AN INDIVIDUAL The first day of business was:  
 01/15/1919 Registrant Name: a. JAY-DANOR KOCHER MENDO-  
 ZA TITLE of Officer, if Limited Liability Company/Corporation Title  
 of Signor. The statement was filed with Ernest J. Dronenburg, Jr.  
 Recorder/County Clerk of San Diego County on: APRIL 12, 2022.  
 ISSUE DATE: APRIL 15, 22, 29 & MAY 6



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# Roles, tasks, resources — understanding the controlling forces



## Doing it Better

By Natasha Josefowitz, Ph.D.

“They don’t allow it,” you’re told. “They wouldn’t like it...” “They have decided...” “It’s up to them.”

We hear such common pronouncements often, but who are they? They are “the powers that be,” the nameless, faceless others who control our lives. They are the systems, institutions, organizations, boards of directors, trustees, governing bodies or other members of the upper echelon. They determine others’ roles, distribute tasks and allocate resources.

One’s role deals with who you are, tasks with what you do, and resources with what you have access to in order to do your job. If you can understand roles, tasks, and resources in terms of their expectations and yours—learning what is negotiable—you have a chance to exert some control over your work and life.

Your role usually is defined by a formal title, the responsibilities attached to that title, and by specific behaviors. The way a specific role is performed determines its influence. For example, the role of chairperson can be exercised democratically, ensuring that all members have a say; or in a more manipulative fashion, recognizing only members who agree with you to speak. Similarly, the role of a secretary may include typing and filing, but can be more influential when attending meetings, writing reports and making important decisions.

Roles always have two aspects: others’ expectations and your own. The importance of others’ expectations is that it colors their perceptions of your performance. It is important to get feedback as to whether expectations are being met.

While roles are easily defined at the workplace, they become more fluid in the personal sphere. We all have several roles to play as our lives unfold. From the role of a child, to student, to earner, to parent, our roles change with the decades and the events of our lives. As we hold several roles simultaneously, we need to prioritize the time allotted to each one. The role of parent to young children will need to be prioritized over work, while the parent of a college student may focus more on work. The role of spouse changes with family needs. As one ages, a spouse may become caretaker to their partner. Role reversal can occur as aging parents start depending on their adult children; there may be specific tasks

required such as finding an appropriate facility or caretaker if the parent is aging at home. And just as parents helped their children navigate the process of applying for college, that same child may need to help their parent access available resources or facilities.

The main problem that many working women face today concerns juggling their various work and family roles. This multiplicity of demands can generate significant stress. Determining how to prioritize these roles is key to managing it all. Identifying the specific tasks to be performed for each area of responsibility, as well as seeking available external resources, is essential in this process.

Family illnesses change priorities. Some of my older friends place a high priority on their roles as grandparents, which can sometimes mean being essential if the parent(s) work. The needed resources may include one’s available time and energy, as well as skills for dealing with young active children.

As one grows older and eventually retires, there are no children to care for. Some people’s primary role becomes that of a volunteer. For others, their primary role is to care for themselves. Likewise, to be a friend is an important role and, depending on the demands of the friendship, the task may be to spend time together or to be helpful and available during an emergency.

Our lives are lived in concentric circles. The first circle is that of immediate family, where the roles are defined by their needs. The next circle, a little wider, is that of extended family and friends. The next circle may include the work environment and one’s community. The circle may widen to include one’s country and eventually the world at large. All of these require different roles with different tasks and available resources.

I am asking my readers to identify their primary role(s), define the accompanying necessary tasks, and see if you have the resources to accomplish these tasks successfully. With most of my family living afar, my role as a great-grandmother involves connecting with family members regularly via Zoom. Another role is being a helpful resident in my retirement community. My favorite role is that of writer; my task being to write this bi-monthly column. My resources include Google, Wikipedia, my friends, as well as, quite often, you, my readers. I thank you for that!

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2022. Natasha Josefowitz. All rights reserved.

## MAMA’S DAY RETURNS

Mama’s Day returns to an in-person event for Friday, May 6 from 5:30-9:30 p.m. at the Hyatt Regency La Jolla at Aventine at 3777 La Jolla Village Drive. One of San Diego’s most anticipated culinary events, Mama’s Day is held the Friday before Mother’s Day to bring together more than 300 attendees for an evening of fun, food, friends, and fundraising.

Often touted as San Diego’s original tasting event, Mama’s Day will feature more than 20 food purveyors offering bites from San Diego’s finest restaurants, catering companies, and hotels. In addition, this year’s event will feature a special curated

libations, including wine, cocktails, beer, and specialty beverages.

Proceeds from the event help raise funds for Mama’s Kitchen’s mission to deliver three medically tailored nutritional meals a day, seven days a week and free of charge to local women, men and children vulnerable to hunger due to HIV, cancer or other critical illnesses like congestive heart failure, Type II diabetes and chronic kidney disease. This year, event organizers aim to raise \$125,000, which will provide 50,000 meals to San Diego’s critically ill neighbors. Tickets to Mama’s Day can be purchased at [mamaskitchen.org](http://mamaskitchen.org).

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# The Social Diary – Royal fun in Beverly Hills, MCASD at last, Tom Cruise, 'Top Gun' reunion, and paw-tea zen in Bel Air

By MARGO SCHWAB

Something's in the air... "Top Gun" mega reunion is coming to San Diego mid-May thanks to Kari and Frank Whiteley. That's Frank Whiteley who has been every mega-star's bodyguard, in particular for Tom Cruise in "Top Gun." Although TC is not scheduled to come, yet, another mega-star is rumored as possible. Will the Ice Man cometh? Stay tuned.

"Top Gun" is one of executive producer Bill Badalato's many hits and yes for you acting hopefuls, he will be there. Email me [mschwab@san.rr.com](mailto:mschwab@san.rr.com) for info.

Speaking of stars, I met with model, actress, singer Principessa Francesca Gioia Drommi of Rome and Beverly Hills at the Peninsula in Beverly Hills. Her mother Principessa Elena was also

an Italian movie star featured in De Laurentiis movies. Will be looking forward to seeing Principessa Francesca again at this summer's La Jolla International Fashion Film Festival in July.

And have you seen the mega spectacular newly expanded and newly re-opened Museum of Contemporary Art San Diego on Prospect Street. Whoa...this is a whole new experience of art thanks to the vision of Dr. Paul Jacobs and brilliant board members like Steve Strauss. Strauss's parents are big donors including the famous "Hammering Man" by Jonathan Borofsky out front.

More fun in Bel Air included a visit with one of my favorite people, Erika Brunson. Yes, she is the coolest having done the interior wizardry for palaces and Steven Tyler alike, but she

also is the founder of SPAY4LA, which spays and neuters for free in areas of need in L.A. She definitely is my animal mentor having introduced me to Petco LOVE's Susanne Kogut who introduced me to Rebecca Mayberry of San Antonio Pets Alive aka SAPA that my rescue KAIA is from.

Make sure to check out SAPA's on-line auction April 22 to April 25. I organized the two-night oceanfront stay at the La Jolla Beach & Tennis Club. A great place to staycation, or stash friends / relatives. Yes, I am serving up a bottle of Tattinger at The Marine Room as part of the deal too!

Get a social shout out in my next column. Be the first to correctly identify the dress designer and subject on the cover. Send answers to [mschwab@san.rr.com](mailto:mschwab@san.rr.com) ... 'Til next time!



Eric and Zoe Kleinbub with MCASD's David C. Copley Director and CEO Kathryn Kanjo – MCASD.



Frank Whiteley with Tom Cruise – Top Gun.



Lise Wilson and Steve Strauss – MCASD.



Kathy and Laurent Hamon – MCASD.



Erika Brunson with one of her six rescue puppies. PHOTOS BY MARGO SCHWAB

## LA JOLLA COMMUNITY CENTER EVENTS

**West Side Story:** La Jolla High School students will perform select songs from "West Side Story" at La Jolla Community Center on Friday, April 15, from noon-1 p.m. Cast includes 20 students from 9-12 grades. Free. Refreshments will be served. Guests welcome to bring lunch to eat in the courtyard.

**Day Trip:** Carlsbad Flower Fields and Green Dragon Tavern and Museum. This half-day trip begins with a lunch at the historic Green Dragon Tavern Inn and Revolutionary War Museum and ends with a visit to Carlsbad Flower Fields. Wednesday, April 20. Bus departs at 11 a.m.; returns at 3 p.m. Cost is \$45 for members, \$60 for non-members. Cost includes lunch and trip. Ticket purchase is required to reserve a seat; cancellations must be made seven days in advance.

**Fourth Friday Jazz Concert Series** features Rob Thorsen Trio featuring Rob Thorsen, Alexander

Anderson and Richard Sellers performing "Extraordinary Standards." Friday, April 22. Reception from 7-8 p.m.; the concert is from 8-9:15 p.m. Cost is \$22 for members; \$25 for non-members and door entrance is \$30. Light refreshments served. Valet service available.

**Distinguished Speaker Series** presents Philip Molnar, award-winning San Diego Union-Tribune reporter covering residential real estate and the San Diego economy, will speak on "San Diego's Post-Pandemic Recovery," breaking down the housing market, local economy, and interest rates. Tuesday, April 19, 5:30-7 p.m. This is an in-person event. Free and open to the public.

**Concert:** The Skylarks, the girls' rock 'n roll group will perform doo-wop hits and songs from the 1950s and 1960s. Friday, April 29, 6-7:30 p.m. \$15 for

members, \$20 for non-members.

**New La Jolla Art Association Reception** (in-person) will present a new exhibition of 10 artists who will be exhibiting in April and May. They include Beverly Brock, Ann Chaitin, Sharon Hinkley, Daniel Kilgore, Ralph Kingery, Dana Levine, Sherry Roper, Vita Sorrentino, Dottie Stanley, and Minnie Valero. The reception will be held on Thursday, April 21 from 3-5 p.m. Free and open to the public. (Light refreshments will be served).

**La Jolla Art Association Art Demonstration** (in-person). This month, LJAA will feature a demonstration by Ann Chaitin, a mixed-media artist. The demonstration will be held on Thursday, April 28 from 3-5 p.m. The demonstration will show how a variety of handmade papers, bits of nature, photos and found objects can be combined and layered to reflect a personal visual image.

Free and open to the public.

**iPhone/iPad Art Creation for Beginners** (in-person). Bring your device and photos to class to learn how to merge 2-3 images into one, using the elements of each picture that you love! Bring two photos to class already divided in your photo gallery (photo of the sky and clouds and photo of a tree or your favorite picture). The class is led using an iPhone. The apps required to take the class include Distressed FX\*, Reflect\*, and Snapseed. Class requirements: iPhone, Apple ID and password. (Some applications used to create digital art have an additional fee.) Artist Beverly Brock is the instructor. Class will be held on Thursday, April 21 from 1-2:30 p.m. Cost is \$10 members, \$20 non-members.

**Watercolor with Wine Wednesday** (in-person). Learn how to paint watercolor with artist Minnie Valero. Play, learn and gain understanding and confidence with this medium. Material list online. All levels welcome. This is a four-week course

starting Wednesday, May 4, 11, 18 and 25 from 4-6 p.m. Cost is \$49 members, \$59 non-members.

**Acrylic Pour Workshop** (in-person). Call it fluid art, liquid art, or acrylic pouring, learn how to create abstract masterpieces by letting pigment run amok. This form of abstract art uses acrylics with a runny consistency to create psychedelic paintings. Friday, April 29, 2-3:30 p.m. Cost is \$10 members, \$20 non-members. Materials included.

**Painting from the Model, Uninstructed** (in-person). Test your figure drawing or painting skills in this uninstructed painting session. Models vary and will be costumed or nude. Artist Dottie Stanley welcomes you to join where professional artists and beginners experience the thrill of painting directly from a live person. Every Friday, 10-11 p.m. Reservations required to secure your spot. Email Dottie Stanley at [dottieartist@gmail.com](mailto:dottieartist@gmail.com). Class is free for members, \$5 non-members. Participants split the model fee.