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FRIDAY, JUNE 11, 2021

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THIS WEEK



Social season roars into full swing at zoo gala

SEE **PAGE 12**



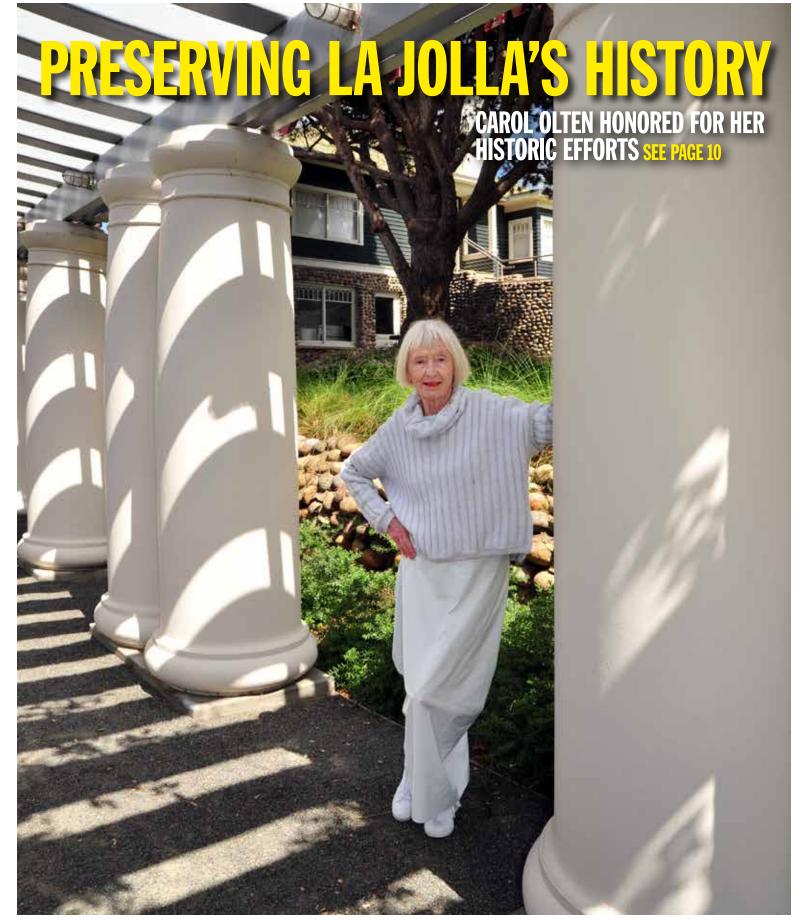
Group files lawsuit to stop La Jolla fireworks

SEE PAGE 2



Local woman launches quirky Just Be Jewelry

SEE **PAGE 14**



Carol Olten of La Jolla Historical Society poses in front of Wisteria Cottage on Prospect Street. Olten won the Town Crier award from SOHO in its preservation awards.





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Animal advocacy group files lawsuit to stop La Jolla fireworks

By DAVE SCHWAB

It's déjà vu. La Jolla has resumed plans to host a Fourth of July fireworks display this year. And, as in the past, an environmental attorney has filed a lawsuit seeking to block the nonprofit organizing the pyrotechnics event, arguing the display will harm local wildlife and the environment.

The suit has been filed, but at press time had not yet been served, by Bryan Pease, a civil rights, environmental, and animal-protection attorney on behalf of the nonprofit Animal Protection and Rescue League.

"APRL seeks to enjoin defendants Deborah Marengo, La Jolla Community Fireworks Foundation, La Fireworks Foundation, Inc., and La Jolla Town Foundation from blasting off fireworks over La Jolla Cove at Point La Jolla, a sea lion rookery, which is an area where marine mammals give birth on land," states the lawsuit. "The federal Marine Mammal Protection Act makes it unlawful 'for any

person... to take any marine mammal in waters or on lands under the jurisdiction of the United States."

The APRL lawsuit defines "take" as meaning to harass, hunt, capture, or kill, or attempt to harass, hunt, capture, or kill any marine mammal. The suit defines "harassment" as any act of pursuit, torment, or annoyance, which has the potential to injure or to disturb a marine mammal or marine mammal stock in the wild by causing disruption of behavioral patterns, including, but not limited to, migration, breathing, nursing, breeding, feeding, or sheltering.

"Defendants' plans are certain to disturb the sea lion pups at Point La Jolla, as well as the harbor seal pups a half-mile away at Children's Pool Beach, in violation of the MMPA and San Diego Municipal Codes," continues the Pease suit. "Blasting fireworks off over La Jolla Cove, a marine protected area, will also result in pollution of the air and water with chemicals from the fireworks, damaging sensitive marine life in the area.

"Harmful byproducts of fireworks including perchlorate, dioxins, and metals that are considered persistent, bioaccumulative, and toxic chemicals. These chemicals may adversely impact marine mammal and human health and the environment."

Marengo of the La Jolla Community Fireworks Foundation could not be reached by La Jolla Village News for further comment.

Paused last year due to COVID, a drive has been underway by the nonprofit fireworks foundation to resurrect the annual Independence Day show at La Jolla Cove, a community tradition since 1985.

For its first quarter-century, the annual La Jolla Cove fireworks display, begun by La Jolla restaurateur George Hauer in 1985, went almost without a hitch. Then came legal challenges more than a decade ago alleging environmental damage to the ocean from La Jolla's annual coastal, one-day pyrotechnic display. Those challenges were ultimately settled after years of debate.

After Hauer stepped back relinquishing control of the Cove fireworks event, it was saved by the formation of a grassroots group known

as La Jolla Community Fireworks Foundation. Helmed by Marengo, La Jolla Community Fireworks Foundation had struggled ever since to raise funds for the continually rising cost of staging fireworks annually at the picturesque Cove overlooking the ocean.

"The governor has said restrictions and the color-coded tier zones will be ending by June 15," Marengo said previously. "We're hoping that by that time all of our restaurants and hotels will be open at 100% capacity now that we'll be having the fireworks display. It will be a way for them to say, 'We're open and we're back."

More than just an event, the fireworks organizer said Fourth of July fireworks at The Cove is woven into the community's cultural fabric.

"It's been a part of the Village, and this community, not just as a signature event for so many years, but it's a tradition for us," Marengo concluded. "It was really sad to have had to stop it at any point. But people really need to understand that it does take a village to put this show on."

And, as it turns out, it may take a village to defend it in order for the show to go on again on July 4.

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San Diego County moves to Yellow Tier; full reopening set for June 15

By JOSÉ A. ÁLVAREZ

After registering a case rate of less than two COVID-19 cases per 100,000 residents for two consecutive weeks, the County will move to the Yellow Tier of the state's reopening framework beginning Wednesday, June 9.

As of today, the County's new adjusted case rate is 1.2 cases per 100,000 people after declining to a case rate of 1.7 cases last week. The Yellow Tier means there is minimal spread of COVID-19 in the region.

"You did it, San Diegans. You have followed the public health guidance and got vaccinated when the vaccine became available to you," said Wilma Wooten, M.D., M.P.H., County public health officer. "These actions have resulted in a significant drop in COVID-19 cases in the region. Now we need San Diegans to continue getting vaccinated so that we can get closer to herd immunity, and that includes second doses for those who received the Pfizer or Moderna vaccine."

When the tier change goes into effect, local businesses can expand operations to levels not seen in over a year, and one week before the state's tier system disappears.

"Vaccinations continue to be an important tool in ending the pandemic and ensuring full economic reopening," Wooten said.

When the tier system ends in California, capacity and distancing restrictions will be lifted for most businesses and activities in the state. Further guidance is expected from the California Department of Public Health prior to June 15. Vaccination or negative test requirements will continue for large-scale indoor and outdoor events through at least Oct. 1.

Vaccination Progress:

- \bullet Doses delivered: More than 4.21 million.
- Doses administered: Nearly 3.8 million.
- Received at least one shot: Over 2.07 million or 74% of San Diegans 12 and older.
- Fully vaccinated: Over 1.68 million or
- The goal: fully vaccinate 75% of San Diego County residents 12 and older or 2,101,936 people.

- To date, 98.7% of the goal population has received at least one vaccine and 80.1% are fully vaccinated.
- More vaccination information can be found coronavirus-sd.com/vaccine.

State Metrics:

- San Diego County's state-calculated, adjusted case rate is currently 1.2 cases per 100,000 residents, placing the County in the Yellow Tier.
- The testing positivity percentage is 1.1% and the County is in the Yellow Tier.
- \bullet The health equity metric is 1.3%, placing the County in the Yellow Tier.
- The state's metric system will be retired June 15.

Community Setting Outbreaks:

- One new community outbreak was confirmed June 7 in a business setting.
- In the past seven days (June 1 through June 7), four community outbreaks were confirmed.
- The community outbreaks trigger is more than seven in a 7-day period.

Testing

- \bullet 6,671 tests were reported to the County on June 7, and the percentage of new positive cases was 1.1%.
- The 14-day rolling average percentage of positive cases is 0.8%. Target is less than 8.0%.
- The 7-day, daily average of tests is 9,805.
 Cases, Hospitalizations and ICU
 Admissions:
- 71 COVID-19 cases were reported to the County on June 7. The region's total is now 280,878.
- \bullet 15,447 or 5.5% of all cases have required hospitalization.
- 1,711 or 0.6% of all cases and 11.1% of hospitalized cases had to be admitted to an intensive care unit.

Deaths:

• No new deaths were reported June 7. The region's total is 3,764.

More Information:

The more detailed data summaries found on the County's coronavirus-sd. com website are updated around 5 p.m. daily.

row

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Pacific Beach family suffering tragic health issues needs help

By DAVE SCHWAB

GoFundMe account has been established to help the living expenses of a Pacific Beach family in dire

In less than two weeks, \$9,355 has been raised toward a starting goal of \$15,000 to benefit Sara Scharton and her son Kain. Suffering from a rare childhood condition that caused her to go into kidney failure, Sara was finally working with her team recently to coordinate efforts to get a transplanted kidney when she was hit with more devastating news: She had thyroid cancer.

Worse yet, Kain's grandpa Frank, who was supporting their family financially, suffered a massive stroke and died. Sara, who has been unable to work for a couple of years, will not be able to cover her rent and other living expenses for the time being, including feeding Kain.

"She's just been through so much and is such a fighter," said



Sara Scharton and her son Kain.

COLLETESY PHOTO

'She's just been through so much and is such a fighter.'

- KRISTI EICHHORN, SARA'S FRIEND AND NEIGHBOR

Kristi Eichhorn, Sara's friend and neighbor who's organizing her relief fund. "She is just such an important person in our school community and our own children's lives. They need some cash and, more importantly, we need to try and get Sara set up with housing assistance, or just really reach out to anybody who might be able to offer some kind of guidance as to what kind of assistance programs she might be able to qualify for."

Sara's kidney is down now to 0% function. But unfortunately, due to her cancer history, she is not eligible for a kidney transplant for two more years. This means she requires time-consuming, physically exhausting dialysis treatment four days weekly. This is presently her only life-sustaining option.

Through these challenges, Kain has been by Sara's side watching his mom face adversities and overcome physical and emotional challenges. Eichhorn noted Sara's main goal is the same as most moms, "to provide a safe, comfortable, and stable environment for her son to grow and thrive. And this means keeping Kain with his friends and at the same school here in PB.

"Whether Sara is able to find a roommate or two, or she

HOW TO HELP?

To visit Sara Scharton's fundraising page, go to gofundme.com and type Help Sara and Kain Through Tough Times in the search bar.

finds another home, one thing is certain, Sara and Kain are in need of financial support right now. In addition to reaching out to various organizations for support, we can help them through some of these tough times and ease a few of their burdens."

Eichhorn pointed out the \$15,000 GoFundMe goal is "just a number we sort of popped in there. I think Sara is going to need help beyond that as well, as Sara is barely able to help Kain these days with his homework. Maybe someone could come to the home and do tutoring. Or, with summer coming up, watch Kain when Sara goes to her four- or five-hour kidney dialysis treatments."

Scripps study: More lives could have been saved with earlier COVID restrictions

Scripps Health data experts have teamed with Columbia University infectious disease modeling scientists to estimate how the number of coronavirus deaths and hospitalizations at Scripps might have been different had a 25-day reopening of businesses not occurred in San Diego County last summer.

The researchers concluded that 45 deaths, or nearly two deaths a day, could have been avoided at Scripps' five hospital campuses alone had the pandemic restrictions remained in place. These findings mirror recent conclusions by

some experts nationally that more lives could have been saved had restrictions been put in place earlier and for a longer period during the pandemic. The findings also validate efforts that help to minimize the spread of the virus, such as wearing masks, practicing social distancing and avoiding large gatherings.

"Our research shows that community restrictions work, and that message couldn't be any more important than now as federal health officials warn that a fourth COVID-19 surge could be

around the corner if we let our guard down too much and too quickly," said Scripps Health president and CEO Chris Van Gorder. "While our efforts at Scripps have been focused on providing the best care possible to all of our patients throughout this period, we believe the knowledge and experience we have gained in our fight against this disease will help others in the community as they continue to respond to the ever-changing conditions of this health crisis."

Beginning on June 12, 2020, county officials approved a series

of public health orders that cleared the way for restaurants, bars, wineries, breweries, gyms and some other businesses to restart limited indoor activities under Phase 3 reopening guidelines set by the state of California. On July 7, county officials once again shut down indoor activities at those businesses when the region exceeded per capita coronavirus testing thresholds set by the state during what turned out to be a sharp mid-summer second spike of the disease.

Scripps data experts wanted to know how the temporary reopening affected patient volumes and outcomes at its five hospital campuses. They reached out to scientists in the Department of Environmental Health Sciences at Columbia's Mailman School of Public Health in New York, who already had used statistical modeling methods to show that early delays in locking down cities and states across the entire country had cost at least 36,000 lives nationwide through the first spike of COVID-19.

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Coastal Dining Guide











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Retired Navy nurse has new life after heart transplant

By DAVE SCHWAB

llen Citrano of Pacific Beach has a new heart. And new hope.

The 67-year-old retired critical-care Navy nurse is recuperating from a full heart transplant she had on May 1 and is looking forward to renewed energy, strength, and continued long life.

Citrano said her medical "odyssey" dates back more than 15 years.

"I had a virus in 2005 that damaged my heart," she said. "They realized in two years that it (damage) had progressed: I kept getting weaker and short of breath as I was working at Sharp HealthCare at the time. I decided to retire and concentrate on staying alive."

Citrano had defibrillators and pacemakers inserted in her chest to stimulate her heart muscle to stabilize her condition. "But my heart was getting worse," she noted. "A normal heart beats at 75% function. Mine dropped down to 11% to 13%."

About a year ago, Citrano's natural heart function failed altogether. "It was June 2020 during COVID," she recalled. "They took me into the hospital and tried to put in an artificial valve, hoping this would give me a better chance of survival. It was not successful."

But Citrano managed to survive both COVID and her heart condition, self-medicating at home with a pump and fanny pack around her waist, which allowed her to stay alive while she waited on a heart transplant recipient list to be matched up with a compatible donor.

When a donor's heart was finally available, Citrano was beyond pleased pointing out: "My operation was going to be done by one of the best cardiothoracic surgeons in the country, Dr. Robert Adamson of Sharp HealthCare, who has done more than 500 heart transplants. I'm the 470th heart transplant at Sharp Memorial since the 1960s."

HEART TRANSPLANTS AT SHARP MEMORIAL HOSPITAL

In October 1985, Sharp Memorial Hospital became San Diego's first hospital to perform heart transplants. Today, Sharp Memorial is recognized as a leader in heart transplantation, and Sharp doctors have performed 472 heart transplants in the last 36 years. So far this year, Sharp has performed 11 heart transplants.

The transplant program includes more than 50 direct caregivers, including four physicians who have remained at Sharp Memorial since the program's beginning. Dr. Robert Adamson is one of those physicians and has performed the majority of heart transplants at Sharp.

The historic first heart transplant back in 1985 took two years of preparation. The hospital invested in new operating room tools, built a special post-operative recovery area, and recruited a team of heart specialists trained at Stanford and Harvard universities.

The first recipient, Gary Grissom, was a 48-year-old retired electrical engineer and married father of two, who had been given only a few months to live. He received the heart of a 21-year-old sailor who died in a motorcycle accident. Grissom walked out of the hospital three weeks later. He lived for another 10 years.

Sharp Memorial's transplant program was an extension of the hospital's cardiovascular services, which were considered pioneering even back then. The hospital had performed San Diego's first openheart surgery in 1958 and installed the West Coast's first electronic pacemaker in 1961. However, most heart transplants at that time were being performed by academic medical centers, not small, community hospitals like Sharp.

The first human-to-human heart transplant was performed by Christiaan Neethling Barnard, a South African cardiac surgeon, on Dec. 3, 1967. Barnard transplanted the heart of an accident victim into the chest of a 54-year-old man, who regained full consciousness and easily talked with his wife, before dying 18

days later of pneumonia, largely brought on by the anti-rejection drugs that suppressed his immune system.

Citrano was fortunate in her heart transplant because she had the best possible blood type, AB, which made her a universal recipient. "I got on the heart list three days into January and I got my transplant on May 1 at midnight," she said adding, "They wake you up two hours after surgery. They want you moving around in the best shape possible."

Six weeks after her heart transplant, Citrano is undergoing physical therapy, recuperating, and gradually regaining strength. "All my wounds are healed and I'm doing fine," she said. "Everything is looking good."

Concerning her prognosis, Citrano said: "You're on anti-rejection drugs the rest of your life, three different pills a day forever to make sure your heart doesn't get rejected. It's worth it. I don't know how much strength I will have. The next six months will tell how much energy I will have. I'm hoping it will be a lot. It's possible for me to have a 30-year life span."

Has Ellen's outlook on life been changed by her operation?

"It has given me a new perspective to live life older and get the energy back," Citrano said. "I've always been one that wanted to go for the gusto, go for real change. I'll be weak as a little puppy dog, and I won't have the strength to do a lot of things. But I'm encouraged. They want me on a treadmill and weight lifting in two or three months."

Though she won't be running marathons any time soon, Citrano is happy to be back in the

"It was my only option," pointed out Citrano adding, "I still have a lot of living to do. I'm active in the community. I'm not ready to give up yet. That's why I pushed to change the quality of my life. I pushed to make that change happen."



Ellen Citrano of Pacific Beach after her full heart transplant at Sharp Memorial Hospital.

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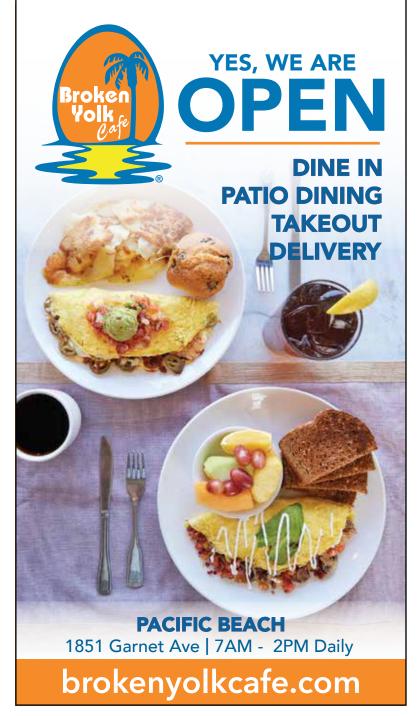


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Man admits kidnapping La Jolla cardiologist, beating him

BV NEAL PUTNAM

19-year, eight month prison sentence is expected for the brutal beating of a La Jolla cardiologist following the guilty pleas of his former neighbor, a prosecutor said.

Sentencing for Robert "Trey" Whitaker, 59, was set for Aug. 23 by San Diego Superior Court Judge Peter Deddeh on May 26 for the beating of Dr. Hassan Kafri in 2019.

Whitaker pleaded guilty to kidnapping Kafri, assault with a deadly weapon that resulted in great bodily injuries, and residential burglary when Whitaker attacked him inside his garage in the June 12, 2019 incident.

Deputy District Attorney

Kristie Nikoletich said Whitaker has "stipulated" or agreed to receive a 19-year, eight month sentence in state prison and thus this is the expected term.

Deddeh dismissed charges of torture, kidnapping for robbery, and dissuading a witness after Whitaker pleaded guilty to the other counts.

Kafri, who was 48 years old at the time, suffered a broken nose, broken wrist, dental injuries and other fractures. He is a well known doctor with offices in San Diego, Chula Vista, and El Cajon.

Whitaker was a construction contractor who lived with a woman who owned the house next door to Kafri on Mar Avenue in La Jolla. Kafri sued Whitaker for a sewage backup on his property in 2018, but later dropped the suit.

Kafri testified he got text messages from Whitaker to talk about constructing a fence between them. The doctor testified he met with Whitaker on June 12 in his garage to discuss the fence when Whitaker began acting strangely.

Whitaker wrapped his arm around Kafti's neck and put him in a chokehold, Kafri testified. He said Whitaker struck him 30 times in the face with a wooden tool and sometimes used his fists in blows to the head.

Whitaker tried to strangle him, the doctor testified, and he had blood on his face.

READ MORE ONLINE AT sdnews.com

Girl Scouts educate restaurants about takeout sustainability

By DAVE SCHWAB

🕇 irl Scout Troop 4288 in Pacific Beach is working toward earning their Silver Award through educating restaurants in the community about sustainability in their takeout packaging.

When Girl Scouts focus on an issue they care about, learn the facts, and take action to make a difference, that all adds up to the Girl Scout Silver Award, the highest honor a cadette can achieve.

That is what Lila Salatka, Rennie Anderson, and Kailyn Emerson of Troop 4288 did, led by troop leader Lindsey Salatka.

The trio said they chose restaurant sustainability for their Silver Award project as takeout has spiked during the pandemic, reflected in takeout containers disposed of along the beachfront.

"We chose this project because all of our troop members are active members of the PB community, and we often eat at the restaurants in the area and go to the beach for fun," said the young women in a joint statement. "We see the impact that single-use utensils and containers have on our community and on our beautiful beaches. For our project, we contacted 25 restaurants in PB to collect data about their takeout packaging and spoke to them about the importance

of sustainability. By educating restaurants in PB, we hope to spread awareness and help our environment."

The cadettes reported 77% of the restaurants they spoke to were making strides toward sustainability, defined as the ability to be maintained at a certain rate

"We see sustainability as using compostable, recyclable, or reusable materials," the Girl Scouts said. "We would like our community to strive to protect our planet for years to come. Many restaurants use paper products that can be recycled. We would like to highlight these restaurants."

The trio talked about what they got out of their project.

"My favorite part was learning about being environmentally friendly with my friends," said Lila Salatka.

"I was excited to see the progress that restaurants have made to becoming more sustainable," noted Rennie Anderson.

"Although several restaurants are making the pledge to attain a cleaner environment for all of us to enjoy, I was most excited about the supportive response from Backyard Kitchen and Tap," pointed out Kailyn Emerson. "Not only did the manager respond to my email, I felt he was genuinely interested in our community project and devoted to making the



Girl Scout Troop 4288 members Lila Salatka, Rennie Anderson, and Kailyn Emerson are earning their Silver Award by educating Pacific Beach restaurants about sustainability in their takeout packaging.

world a better place."

A flier Girl Scout Troop 4288 distributed pointed out: "Plastic never fully biodegrades. Any plastic that goes in the ocean stays in it. Trash in the ocean is killing more than 1.1 million seabirds and animals every year. If plastic doesn't suffocate animals, it breaks down into smaller pieces and is swallowed by marine life. Fish that eat plastic are eaten by humans. By consuming plastic you are also consuming harmful chemicals that can affect your weight, reproductive system, and organ health."

Their flier also made a pitch about sustainability noting best practices ask customers if they would like utensils, sponsor or participate in beach clean-ups, use paper bags instead of plastic bags for to-go orders, and create ways for customers to use less packaging, including creating programs for customers to bring their own to-go containers."

Of what they learned from their sustainability project Troop 4288 concluded: "It doesn't take that much to create change. It's small efforts that move things forward. People in restaurants want to be community partners. We also learned how simple tasks can help our environment and that being eco-friendly is not as simple as it seems.'

The scouts added: "We'd like to encourage the restaurants we didn't reach in the community to be able to respond and say what they are doing that's sustainable. They can send their response to lindseysalatka@gmail.com.

Eco-friendly PB restaurants working toward sustainability: Our Green Affair

The Backyard

Cafe Athena

Pure Cupcakes

Yerba

Flame Broiler

Woodstocks

Steak N' Fies

Filippis

Pacific Beach Fish Shop

What they learned talking to restaurant owners:

- Although plastic bags take a long time to biodegrade, they sometimes have a smaller carbon footprint than paper because they are lighter and easier to transport so it takes less fuel to get them places.
- A lot of times biodegradable products create more carbon emissions than nonbiodegradable products.
- Cardboard or paper boxes with waxy films do not biodegrade as quickly as cardboard boxes without a film.
- It is more challenging to source sustainable products with the recent pandemic, so even if the restaurant wants to make the switch there is a chance that the more sustainable products are not currently available.

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Not even a pandemic could stop

By DAVE SCHWAB

That's how La Jolla Village Merchants Association is billing its June 15 grand ribbon-cutting ceremony celebrating 38 businesses that opened or will open soon, during the past 15 months of COVID.

The celebratory event will be held starting at 4 p.m. at Sotheby's Plaza, 1111 Prospect Ave.

"Join us for sips, snacks, games, prizes, music, and magic," said Jodi Rudick, executive director for La Jolla's business improvement district, the La Jolla Village Merchants Association.

"Two months ago Gov. Newsom announced that June 15 was the intended date for lifting California's statewide COVID restrictions and fully reopen. For many, this feels like a date to commemorate all that we as individuals and small businesses have endured over the past year 15 months."

Added Rudick: "La Jolla is proud of the 38 businesses that opened since 2019. We encourage

everyone to check them out, shop, dine and support them. Join us Tuesday, June 15 for a grand ribbon-cutting ceremony and celebrate the newest additions to La Jolla Village."

Village Merchants Association to hold grand reopening

After the outdoor reception will be a ribbon-cutting at 5 p.m. to be followed by sip and stroll mini-events at 5:30 p.m. For a free parking pass, register in advance at lajollabythesea.com.

NEW LA JOLLA VILLAGE

- **Restaurants**: Mermaids and Cowboys, 1251 Prospect St.; Raymundos Taco Shop, 7918 Ivanhoe; Ciao Ciao Piadina, 510 Pearl St.; Semola (Artisan Express Pasta), 7556 Fay: Spiro's Mediterranean Cuisine, 909 Prospect St.; Qala Peruvian Seafood and Grill, 737 Pearl St.; American Pizza Mfg, 7402 La Jolla Blvd.; Mary's Gourmet Salads, 723 Pearl St.; Smallgoods Cheese Shop and Cafe, 7524 La Jolla Blvd.; Karina's Cantina, 1055 Torrey Pines Road; and Thai Gulf, 1271 Prospect St.

- Boutiques: Saigon Spring Jewelry, 7703 Fay Ave.; GK

Fashion House, 1261 Prospect; 2 Bella, 7868 Girard; Be Boutique, 7910 Ivanhoe; Sunny Days, on Girard: Vissla Surf Shop, 7851 Girard; CP Shades, 7802 Girard; and Lola Soaps, 7444 Girard.

- Home stores and home decor: Mattress Firm. La Iolla Galleria, 905 - 915 Pearl St.; Sherwin Williams Paint Store, Girard: Floral Palette, 7643 Girard; and Avocado Green Mattress, 7646 Girard Ave.

- Galleries: Quint Gallery. 7655 Girard Ave.; Quint One, 7722 Girard Ave.; Thomas J Gallerie, 7857 Girard Ave.; and L & G Projects Contemporary Art Gallery, 1111 Wall St.

- Gyms / yoga / bike rentals / services: Golden Brow, 1237 Prospect; StretchLab La Jolla, 7863 Girard; San Diego Electric Bike, 7444 Girard Ave.; La Jolla Magic, Craig Blackwood, 7966 Herschel Ave.; Dr. Maddie Walker, Awaken Family Chiropractic, 7734 Herschel Ave.; Pure Barre Studio, 7863 Girard; H2O Lifely CBD Wellness, 1115 Wall St.; Encelia Hair, 7734 Herschel Ave.; VV Hair Salon, 1250 Prospect St.; and Bella Woof, 7755 Girard Ave.



UC San Diego Health

Coastal Commission to decide on Fiesta Island Dog Park options

By DAVE SCHWAB

decision over Fiesta Island could be settled as the California Coastal Commission will likely choose on June 10 (after press time) between two options for re-configuring the island: one favored by off-leash dog owners and the other by water users and environmentalists.

Government agencies have gone back-and-forth on choosing between two alternatives proposed as an amendment to the Mission Bay Park Master Plan to update the land uses and vision for 470-acre, multi-use Fiesta Island.

Option A would divide the man-made island with a road and reduce access for off-leash dog park users while providing storage and beach access for personal watercraft.

Option B would keep the island intact and undivided while increasing the fenced, off-leash area, which would be bisected by a road if Option A is ultimately selected.

Option A is espoused by non-motorized boaters including kayakers and paddle boarders. That option puts a road, fences, parking lots, etc. in the area dog owners want to be left untouched.

Option B is favored by Fiesta Island Dog Owners. FIDO has worked for 15 years lobbying for that land-use alternative, which



Owners and their dogs walk on the beach and play in the surf at Fiesta Island Dog Park.

PHOTO BY CAROLYN CHASE

preserves the off-leash area open and intact.

The City Council voted unanimously in favor of Option B two years ago. Prior to the Council's decision, the City Planning Commission voted 6-0 in favor of Option A, dividing the manmade island with a road and reducing access for off-leash dog park users.

Coastal Commission staff's June 10 report recommends "Option A with its new public recreation and boat facility along the southern shoreline."

In order to address concerns of Option B proponents, Coastal Commission staff has suggested

modifications to delete the 'dog activity park' development along the northern fence line to help maximize the amount of earthen open space area in the 87 acres that would remain a fenced offleash dog area."

The City, The Audubon Society, and FIDO have all written letters to the Coastal Commission detailing their positions on the desirability of choosing either Option A or B for realigning Fiesta Island.

"This area is unique for its intact size and coastline accessibility for off-leash dog owners," said FIDO president Carolyn Chase. "The latest studies show that 47% of all households now have a dog.

As San Diego densifies, keeping existing open space is even more critical for groups with nowhere else to go. This is the only bay shoreline access in the City for people to access with their dogs."

"We do not need more paved roads cutting through the few remaining undeveloped open spaces in our parks," continues FIDO's letter. "We need to maintain existing open spaces safe for walkers, runners, and bikers. While the commission staff says that much of the rest of Fiesta Island allows off-leash dogs, we have no guarantee that this will remain the case in the future and the large majority of people use the fenced area because it's safer. The existing fenced area is heavily utilized seven days a week by families, the elderly, and the handicapped. Please support Option B as the best plan with the most uses and users."

"The San Diego Audubon Society and the 59 organizations that comprise the ReWild Coalition support the Coastal Commission staff recommendations to improve the Fiesta Island Mission Bay Park Master Plan amendment," wrote the environmental group in its letter. "The staff's recommendation appropriately prioritizes the restoration of habitat for endangered species as an integral part of a healthy bay that humans can enjoy.

"We encourage the Coastal Commissioners to change the type of use associated with the portion of the Fiesta Island road that enters the northern wetland to a pedestrian, wheelchair, and bicycle trail from a motorized vehicle road. Mission Bay represents one of the best habitat restoration and coastal-access opportunities, and the amendment with the changes made by coastal commission staff, with our identified improvements, will improve the ecological functioning and social value of the bay and park for the citizens and wildlife of the City."

In a letter to the Coastal Commission on Fiesta Island, City Planning Department deputy director Heidi Vonblum wrote: "The City Council determined that the most appropriate uses of the subarea are reflected in Option B. We request that the commission consider the immense and overwhelming public input that resulted in the land-use plan adopted by the City Council, which we believe strikes a balance and provides public access in accordance with the public access and recreation policies in the Coastal Act."



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Penny Long jumps through the seasonal wild flowers at Fiesta Island Dog Park

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Boat captain pleads not guilty to grand jury indictment

By NEAL PUTNAM

The captain of the boat that broke apart on rocks off Point Loma during an alleged human smuggling venture has been indicted by a federal grand jury on 24 charges, which include the deaths of three people.

Antonio Hurtado, 39, pleaded not guilty to all charges before U.S. District Court Magistrate Judge Michael Berg. He will return to court on July 9 to set a trial date.

Hurtado is also charged with attempting to bring in 20 unlawful aliens in the May 2 incident and one count of assault on a federal officer after he was arrested.

Some of the 30 undocumented immigrants have posted bond and are allowed to stay in the U.S. because they are considered material witnesses, according to court records.

Hurtado, a U.S. citizen, remains in the Metropolitan Correctional Center without bail.

Court documents say 21 passengers identified Hurtado as the person who piloted the vessel from Mexico into the U.S. territorial waters when shown five photos and one picture of Hurtado.

All passengers were believed to be from Mexico except for one person from Guatemala, according to court records.

The assault charge alleges that Hurtado struck a U.S. Border Patrol agent in the head with his knee while agents were attempting to place leg shackles on him.

The San Diego Medical Examiner's office said the cause of death for all three people was drowning, but all three suffered blunt force trauma injuries to the head, which was a contributing factor.

READ MORE ONLINE AT sdnews.com

Man who surprised Mission Beach man in apartment gets 16 years

By NEAL PUTNAM

A man who surprised a Mission Beach man in his apartment after saying voices told him to attack him has been sentenced to 16 years in state prison for attempted murder.

Charles Dean Clardy, 56, was given consecutive sentences in May after he pleaded guilty to attempted murder and residential burglary when he attacked Ty Fickau, 45, inside his apartment at 8 p.m. on April 11, 2019.

Clardy also pleaded guilty to assaulting Fickau with a caustic chemical and attempted arson when he poured gasoline on him in Fickau's apartment in the 700 block of Isthmus Court.

San Diego Superior Court Judge Jeff Fraser ordered Clardy to pay \$14,688.58 in restitution for medical expenses of the victim, who suffered a collapsed lung after multiple stab wounds to his neck, chest, back, and arms.

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La Jolla historian honored for her preservation efforts

By DAVE SCHWAB

he lives in a historic home, has worked nearly 30 years for a historical society, writes for a historic publication, and does historical research on

It's, therefore, no surprise – or coincidence - that Carol Olten of La Jolla Historical Society was honored recently with the Town Crier award by Save Our Heritage Organisation. The award by SOHO, San Diego's countywide preservation group, came at its 38th annual People In Preservation Awards.

"I guess it's because I've been around La Jolla since 1965 and I try to keep track of what's going on with the various issues being debated, as well as doing research about houses and what happens to them," said Olten, a retired San Diego Union-Tribune entertainment reporter, and film critic, about her SOHO award. "Working with the historical society, one of my duties is to keep people informed on what's going on in the areas of preservation, architecture, and design."

There's a story behind the Town Crier designation, as there are with many things you talk to Olten about.

"It dates from old British tradition," she said of town criers. "When you think of town crier you think of someone who needs



Carol Olten of La Jolla Historical Society poses in front of Wisteria Cottage on Prospect Street.

PHOTO BY SANDÉ LOLLIS

a soapbox to stand on in Hyde Park. But it turns out British traannouncing the news to people."

In presenting her award, SOHO said of Olten: "You will be hard pressed to find another writer who has a better way with words for sharing San Diego and La Jolla history than Carol Olten. The breadth of topics she has written about include discussions of popular architectural styles and building types.

"She has also chronicled La Jolla landmarks such as the Red Roost and Red Rest, the long-lost Green Dragon Colony, and the magnificent Marine Room. Her alluring articles and books flash you back to the past, including captivating facts interspersed between literary paintings of vivid past images.

"Starting her career in San Diego during the 1960s as a reporter and writer for the San Diego Union, Carol has served as La Jolla Historical Society historian since 2006, and editor of the LJHS Timekeeper periodical and countless research contributions."

Carol was hired by the late Pat Dahlberg to join La Jolla Historical Society. "Pat knew me from the U-T and I had written something about the society's first Secret Garden Tour in 1999," noted Olten, adding Dahlberg told her, 'I think we can find something for you to do part-time."

Asked what she treasures most about her post at LJHS, Carol answered, "My function as editor of the Timekeeper, which I named, has been important to me. It was mostly a newsletter. I enlarged and changed it to more of a

magazine-type publication. It's a growing and discovery process."

Olten had another story to tell about a historic doll, two in fact, that she re-discovered as part of an LJHS research project. Said Olten: "Anna Heald, who founded the (early La Jolla art) Green Dragon Colony, had a doll collection and one of her very large dolls named Olive Mishap was in a prominent photograph with her. I started wondering, whatever happened to this doll?"

Added Olten: "One day, Olive Mishap walked in the front door in an Adidas shoebox. Turns out the doll had been manufactured in the late 19th century. We got the doll all fixed up and introduced it at the society's 50th anniversary lawn party. I later got a note in the mail from a lady in Washington, D.C. who said she had Anna Heald's doll. It turned out those clever Green Dragon Colony people had twin dolls, which they interchanged."

Olten said being a historian is about more than just preserving history.

"Saving structures is all well and good," Carol said. "But it's also about saving our cultural landscape, preventing McMansions from happening. I think preservation is coming into its own today."

An avid dog walker, Olten is a big fan of the Russian Samoyed breed. She is now on her third Samoved named Nanook.

Olten also lives in a historic house, yet to be officially designated, in La Jolla's historic Park Row neighborhood.

"The guy who built the house had been a playwright in New York City and he named it the 'Dreamery,'" Olten said. "When he came to live in La Jolla in 1908, he built a tower as part of the main house, which is still there. He took an old typewriter up there with an ocean view to write dreaming of his plays. I feel so fortunate to be in a house built by a writer that I could own, fix up, and live in."

dition holds that a town crier was a royal-looking person dressed in red with a trumpet respected for going around in small towns and An Iowa Meat Farms /Siesel's Meat & Deli Publication Volume 29 Number III June/July 2021

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La Jolla Community Center to reopen on June 15

The La Iolla Community Center will open its doors on June 15. The Summer Soiree slated for Friday, June 25, from 4-6 p.m. will celebrate summer and welcome members and guests back to the center. There will be live entertainment, food and refreshments, gifts, raffles, and more.

Cost is \$35 members; \$40 nonmembers and advance registration and payment is required by June 21. Seating is limited to comply with the CDC and County guidelines. Individuals will be required to show proof of complete COVID-19 vaccine or provide a negative COVID-19 test within 72 hours. Register at ljcommunitucenter.org/soiree or call 858-459-0831.

NEXT PRESENTATION

Reinventing Your Life in the Second Half with Confidence, Purpose, and Passion (and post-COVID 19) will take place Thursday, July 22, from 10-11 a.m. (with bagels/coffee). Laura Diaz is a board-certified life coach and founder of In Harmony Coaching. She has worked with women in life and career transitions for more than 20 years. Her focus is to help clients build their self-confidence so that they can make a smooth transition with courage and ease and discover the keys to unlock their passion and zest for life. As well as individual coaching, she has offered small group, online coaching groups, for the past eight years and is currently facilitating a six-month coaching

module entitled "The Success Club." Diaz's recent Kindle eBook: "Choose Confidence: 21 Ways Women Can Increase Self-Confidence" is expected to be published in paperback this summer. Her website is inharmonycoaching.com.

Research has shown that people can thrive and do thrive past retirement. Many choose to engage with ongoing education. inner exploration of their purpose, and being expressive with a hobby or part-time work. The second half of your life is unique in your ability to access wisdom, reclaim your passion, and clarify your purpose. This is the time to embrace a deeper expression of you and at the same time redefine the concept of retirement in the second half of your life.

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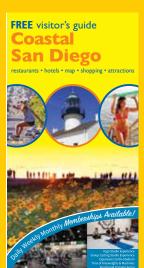
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The Social Diary - 2021 social season roars into full swing at the zoo, and the Alavi's



An exuberant Vicki Eddy at Rendez Vous at the Zoo Gala.



Jeff Linley, Denny Sanford, and Dorrie Stutz in front of the Sanford Childen's ALL PHOTOS BY MARGO SCHWAB



Dianne Bashor and Annie Malcolm at the Zoo Gala.



The leopard lovelies, Micki Olin and Toni Bloomberg at the Zoo Gala.



Couture designer and artist Pam Marks with Selma Daniels at the Alavi party.

By MARGO SCHWAB

he San Diego Zoo opened the 2021 gala season roaring with its Rendez Vous in the Zoo Gala on June 5.

It was a "purrr-fect" night with just the right amount of sponsoring guests mingling outside among a canopy of the Zoo's fabulous plants and animals. Among the milieu was a fabulous cheetah on a leash with an informative zoo ambassador. The ambassador explained the cheetah is not only the fastest land animal built for speed, but surprisingly cheetahs do not roar but instead purr.

Among the purr-fectly attired patrons attending were Christy Billings, Clarice and Bill Perkins, Barbara Kjos and John De Puy, Peter Cooper, Cheryl Mitchell, Debbie Turner, and they never miss a RITZ, guests Ingrid Hibben and Victor de la

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Ivan and Ana Boesky with former Barbados Ambassador Mary Ourisman and her husband Brigadier General Peter Miller Dawkins at the Alavi party.

Magna.

After all, it was the party to be at!

As guest Dorrie Stutz explained: "Rendezvous in the Zoo is our favorite event of the year. The highlight of the

evening was the sneak peek of the new Sandford Children's Zoo. Dancing the night away to the music of the Wayne Foster Band. It was an honor to be part of such an amazing event."

By the way, Dorrie, Jeff Linney, and big zoo patron Denny Sanford had just returned from a superb safari adventure in South Africa two days earlier. Incredibly, no jet lag and ready for fun.

Speaking of fun, the night quickly escalated from lovely appetizers to a sit-down dinner and absolutely non-stop dancing.

All for great causes as big, big monies were raised for the zoo's goals of conservation and education through this event and the virtual event held online. Winning bidding support came



Birthday party hosts Dr. Sassan Alavi

in from many countries. After all, the San Diego Zoo is global!

Don't forget, the San Diego Zoo and San Diego Safari Park are open and ready to take you around the world on wildlife expeditions from Amazonia to the Australian forests, and so much more conveniently located right here in San Diego.

Meanwhile, the same night across town, a chic party was happening up the hill in La Jolla at the over-the-top home of Sandra and Dr. Sassan Alavi. It was a birthday party for Sassan, and simultaneously, rather a fabulous get-together for many friends after a long pandemic time out.

Among the many, there were Vanessa Wells and husband Jonathan Wells, Rocio and Mike Flynn, Atooza Styc, Dixon RH,



Miriam and Dr. David Smotrich at the Alavi party.

Maria Delgado, Tamara and Roger Joseph, MJ Wittman, and Pam and Gregg Mark.

Gregg had those fabulous "shark" Louboutin's on. Always a man of fashion as the former CEO of the Kasper Group, he is now on to new ventures, stay tuned.

More there included Selma and Patrick Daniels. They are a "Bachelor" TV show love connection that resulted in one very happy marriage and now family. And they are busy.

Patrick, who is an attorney, and his wife Selma, a real estate agent, are the builders of a 34-unit residential project in San Diego, owners of Monello Italian Restaurant in Little Italy, and owners of Sugar & Scribe Bakery in La Jolla. Whew!

Birthday honoree Sassan Alavi, definitely one of San Diego's top cosmetic surgeons. and his wife Sandra, are owners of a litany of restaurants including El Chingnon, Prohibition Lounge, the very popular music venue Music Box, PURE Salon, and more. Non-stop, they are with adorable twins too!

It was quite the celebration! Miho Catering provided delicious cuisine by the bite, and excellent dance vibes were provided from SPAGS Music.

Till next time!

Margo Schwab is the owner and publisher of The Social Diary. She has produced TV segments, acted, and is currently filming a documentary that will include elements of her passions, animals, and fashion. Contact her at mschwab@ san.rr.com.



Adam Smith and Mayor Todd Gloria congratulating RITZ co-chairs Kristi Pieper and Michelle Forsythe at the Zoo Gala.

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Local woman launches quirky Just Be Jewelry



Fashion Files

Diana Cavagnaro

Just Be Jewelry is a new line of jewelry launched by Ellie Polsky. The first collection was called the Natural Collection and is made up of raw, natural, and quirky qualities. As time went on she has added Just Be Breath Pieces to her collection. These necklaces mirror what your breath may look like in your body and has names such as Acceptance, Connect, and Discovery.

Before COVID, she had been teaching kids yoga and trauma-informed yoga. At the age of 13, Polsky was diagnosed with epilepsy and suffered from anxiety attacks and depression. When



Ellie Polsky at her table of Just Be Jewelry.

the quarantine happened she was not able to express her emotions because of her thinking. She wanted calm and peace so she began making jewelry as a way to express herself. She used that technique to channel her emotions to create beauty. She said, "Once we find the beauty from within, we can become the best version of ourselves."

She first began by making

earrings that were made out of resin, wire wrapping in all shapes, and random things from nature. Each piece is unique and one-of-a-kind. When wearing her jewelry, her friends would say where did you get those? She began making things for friends and one day someone said you should start a jewelry business and the rest is history.

Realizing the therapeutic value of the Breath Pieces, Polsky began Just Be Jewelry workshops. In these workshops, she teaches you how to get in touch with your internal self. She uses different breathing methods, incorporates art practices such as music and movement.

The workshops also use meditation practices and everyone in the class will begin by journaling. This will build a blueprint to help each person create their breath necklace. Next, Polsky gives each



Breath Piece by Allie Polsky
PHOTOS COURTESY OF ELLIE POLSKY

person silver or gold wire to create their breathe necklace. This is a reflection of their inner self and will be a tool for connection.

In the future, she would like to have breath parties for companies, conventions, hotels, kids, and groups like AA. I asked Polsky what lies ahead and she said she would like to have retreats and teach on a larger scale.

See **JEWELRY**, Page 16



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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9008894 Fictitious Business Name(s) a. KAIA D'ALBORA HEALTH Located at: 5055 CORAL SAND TER, SAN DIEGO, CA 92117 Is registered by the following: a. KAIA BRYN D'ALBORA This business is conducted by AN INDIVIDUAL The first day of business was: 003/27/21 Registrant Name: a. KAIA BRYN D'ALBORA Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego Countv on: MAY 1, 2021. ISSUE DATES: May 21, 28 JUNE 4 & 11

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9009776 Fictitious Business Name(s) a. REVIBE MASSAGE Located at: 6262 BEADNELL WAY APT 1Q, SAN DIEGO, CA 92117 Is registered by the following: a. ISRAEL GARCIA This business is conducted by: AN IN-DIVIDUAL The first day of business was: 03/27/21 Registrant Name:
a. ISRAEL GARCIA Title of Officer, if Limited Liability Company/ Corporation Title of Signor. The statement was filed with Ernest J Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MAY 13, 2021. ISSUE DATES: May 21, 28 JUNE 4 & 11

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2021-00021586-CU-PT-CTL SUPERIOR COURT OF CALI-FORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 WEST BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH titioner (name): SHANIYA RENE JACKSON filed a petition with this court for a decree changing names as follows: Present name: a. SHANIYA RENE JACKSON to ACHSAH BAHT ISRAEL 2. THE COURT ORDERS that all persons interested in this matter shall appear be-fore this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date 06/30/2021 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of genera circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS / BEACH & BAY PRESS & PENINSULA BEACON. Date: ,MAY 17, 2021. JUDGE OF THE SUPERIOR COURT LORNA ALKSNE ISSUE DATES: MAY 21, 28 JUNE 4 & 11 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a mi-nor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

CITATION FOR FREEDOM FROM PARENTAL CUSTODY AND CON-TROL CASE NUMBER 21AD000182C ATTORNEY OR PARTY WITH-OUT ATTORNEY (Name, State Bar number, and address): MAYRA
CRISTAL TALAMANTES *** ADRESS CONFIDENTIAL UNDER FAMILY
CODE SECTION 3429 *** ATTORNEY FOR (Name): IN PRO PER SU-PERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO CENTRAL DIVISION, JUVENILE COURT, 2851 MEADOW LARK DR., SAN DIEGO BIRTH: 07/24/2017; A MINOR RESPONDENT(S): ENRIQUE DIAZ LOPEZ To (name): JOSHUA GARY SCHUYLER; You are ordered to appear in the Superior Court of the State of California, County of San Diego, in Department 903 at the court location indicated above on 0/2021, at 9:00 a.m., to show cause, why (name[s]) OLIVER TALAMANTES should not be declared free from parental custody and control (X FOR THE PURPOSE OF PLACEMENT FOR ADOPTION) as requested in the petition. THIS HEARING WILL BE CONDUCTED BY VIDEO OR TELEPHONE THROUGH THE FAMILY CENTRAL DIVISION 1100 UNION STREET SAN DIEGO, CA 92101 IMPORTANT: ENRIQUE
DIAZ LOPEZ PLEASE CALL THE COURT PROMPTLY FOR INSTRUC-TIONS ON HOW TO ATTEND THIS HEARING (858) 634-1671 M-F 8:30-11:30 AM PST At the hearing, the judge will read the petition and, if requested, will explain the effect of the granting of the pe tition, any term or allegation contained therein and the nature of the proceeding, its procedures and possible consequences, and may continue the matter for not more than 30 days for the appointment of counsel, or to give counsel time to prepare. The court may appoint counsel to represent the minor whether or not the minor able to afford counsel. If any parent appears and is unable to afford counsel, the court shall appoint counsel to represent each parent who appears unless such representation is knowingly and intelligently waived. Someone over the age of 18 -not the petitioner must serve the other party with all the forms and complete a proof of service form, such as Proof of Service (JC Form #FL-330 or JC Form #FL-335), telling when and how the other party was served and file that with the court. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your

See **LEGALS**, Page 15

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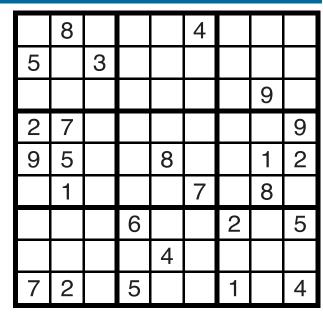
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			1	2	3		4	5	6	7	8	9		
			10				11							
12	13		14					15						
16		17						18				19	20	21
22								23						
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31	32	33			34				35			36		
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48				49					50					
51									52					
			53						54				55	
		56					57		58					
		59							60					

CLUES ACROSS

Fill in the blank cells using number 1 to 9. Each number can appear only once in each row column and 3x3 block. Use logic and process elimination to solve the puzzle.

- 1. "Sleepless In Seattle" actress
- 4. One of Santa's reindeer
- 10. Before the present
- 11. Type of butter 12. Location of White House
- 14. Motion
- 15. Tree part 16. Regions around the North Pole
- 18. Fits on a boat's gunwale
- 22. Discuss after it's happened 23. Milk substitute for coffee
- **CLUES DOWN**
- 2 Self-centered person
- 3. One you look after

Portion

- 6. Speaks ill of 7. Formal system for computer pro-

- 12. Group of languages
- 8. To make angry

- 24. Describes one who believes in
- supreme being
- 26. Equally
- 27. Famed director Forman
- 28. Popular apartment style
- 30. British School 31. Advanced degree
- 34. Order of architecture
- 36. Investment account (abbr.)
- 37 Snakelike fishes
- Children's tale bear
- 40. Norse personification of old age
- 41. Atomic #58
- 13. Large First Nations group 17. Circulating life force in Chinese
- 19. Excludes
- 21. Swedish monetary unit
- 25. Works with 29. Partner to "to"
- 31. Rewards (archaic)
- 32. One of Caroline Islands
- 33. Type of alcohol 35. Fat a lot

- 42. Moving your head
- 48. 1878 Kentucky Derby winner
- 50. Frankfurter 51 Small seedless raisin
- 52. Device in papermaking machine
- 53. Go
- 54. Open payment initiative (abbr.) 55. "Westworld" actor Harris
- 56. Saturated with salt
- 58. Marry
- 59. Report on
- 60. Midway between north and northeast
- 38 Nuns
- 41. Dog
- 43. Become more serious 44. Choose
- 46. World's longest river
- 47. Commanded to go faster
- 49. Cabs
- 56. Mr. T's "A-Team" character 57. Document signed (abbr.)
- M E E N I E и о в в і и е
- 3 8 Þ G 9 9 7 6 7 G ε 8 9 9 6 ε 9 8 7 ħ 8 3 5 9 6 7 Z 7 9 Ļ 8 3 6 G Þ 3 9 9 6 7 8 Þ

JEWELRY »

CONT. FROM PG. 14

With her film and sound design background, she would like to make a documentary on how we cope with our emotions. She would also like to write a book on the same topic.

Coming up, Polsky will have a workshop on June 17 at the Ale Smith Brewery Craft Market. Frequently, you can find her at the La Jolla Cove children's pool or the grassy area. To contact her or book a workshop, visit justbe-jewelry.com.

UPCOMING EVENTS

June 19 – Summer in Bloom at the Forum Carlsbad runway fashion show at 11 a.m. Admission is free. Location: in front of the Apple store. To register,

https://bit.ly/3z7ahjJ.

June 26 – Ugochi Iwuaba x Aston Martin fashion show at 4-6 p.m. Located at Aston Martin San Diego at 7820 Balboa Ave. For tickets, visit https://bit. ly/2RIUJ4T.

July 24 – La Jolla International Fashion Film Festival at the Conrad Prebys Performing arts Center at 7 p.m. For Tickets, visit

https://bit.ly/34Xv5fL.

Diana Cavagnaro is an internationally renowned Couture Milliner based in the San Diego area. Learn more about our hat designer, teacher, and blogger at DianaCavagnaro.com.

LEGALS»

CONT. FROM PG. 15

pleading, if any, may be filed on time. Date: 05/172021 Judge of the Superior Court EDLENE MCKENZIE ISSUE DATES: MAY 28

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9008701 Fictitious Business Name(s) a. BUON APPETITO RESTAURANT Located at: 1609 INDIA STREET, SAN DIEGO, CA 92101 Is registered by the following: a. ENTERTAINMENT IN-CORPORATED This business is conducted by: A CORPORATION The first day of business was: 04/30/21 Registrant Name: a. EN-TERTAINMENT INCORPORATED Title of Officer, if Limited Liability Company/Corporation Title of Signor. SALVATORE CANIGLIA, VICE PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 30, 2021. ISSUE DATES: MAY 28 JUNE 4 .11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9008945 Fictitious Business Name(s) a. SOGNO DI VINO Located at: 1607 INDIA STREET, SAN DIEGO, CA 92101 Is registered by the following: a. LUNA D'ORO INCORPORATED This business is conducted by: A CORPORATION The first day of business was: 005/01/21 Registrant Name: a. LUNA D'ORO INCORPORATED Title of Officer, if Limited Liability Company/Corporation Title of Signor. SALVATORE CANIGLIA, VICE PRESIDENT The state was filed with Ernest J. Dronenburg. Jr. Recorder/County Clerk of San Diego County on: MAY 1, 2021. ISSUE DATES: MAY 28 JUNE 4,11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021at: 1603 INDIA STREET, SAN DIEGO, CA 92101 Is registered by is conducted by: A CORPORATION The first day of business was 005/01/21 Registrant Name: a. NA TAZZULELLA INCORPORATED Title of Officer, if Limited Liability Company/Corporation Title of Signor. SALVATORE CANIGLIA, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MAY 1, 2021. ISSUE DATES: MAY 28 ,JUNE 4 ,11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9008898 Fictitious Business Name(s) a. TRATTORIA I TRULLI Located at: 830 S. COAST HIGHWAY 101, CA 92024 Is registered by the following: a. TWO-NINETY-SIX INCORPORATED This husiness is conducted by: A CORPORATION The first day of business was: 06/12/20 Registrant Name: a. TWO-NINETY-SIX INCORPORATED Title of Officer, if Limited Liability Company/Corporation Title of Signor. SALVATORE CANIGLIA, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MAY 1, 2021. ISSUE DATES: MAY 28 ,JUNE 4 ,11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9000096 Fictitious Business Name(s) a. SAN DIEGO DOWNSIZING Located at: 7710 BALBOA AVENUE SUITE 324 . SAN DIEGO, CA 92111 Is registered by the following: a. PREMIERE REAL ESTATE GROUP This business is conducted by: A CORPORATION The first day of business was: N/A Registrant Name: a. PREMIERE REAL ESTATE GROUP Title of Officer, if Limited Liability Company/Corporation Title of Signor. NASSER ALAMEDIN, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorde Clerk of San Diego County on: MAY 20, 2021. ISSUE DATES: MAY

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9009365 Fictitious Business Name(s) a. FRAME MASTERS AND FINE ART Located at: 5631 LA JOLLA BLVD, LA JOLLA, CA 92037 Is registered by the following: a. MIRIAM RUTH ZIEMINSKI b. BRI-AN DAVID LEHR This business is conducted by: A MARRIED COU-PLE The first day of business was: 05/01/96 Registrant Name:a. MIRIAM RUTH ZIEMINSKI b. BRIAN DAVID LEHR Title of Officer, if Limited Liability Company/Corporation Title of Signor. The state ment was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MAY 08 2021. ISSUE DATES: MAY 28 ,JUNE 4 ,11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9009925 Fictitious Business Name(s) a. KB NOTARY SERVICES Located at: 3354 AVOCADO VISTA LANE, FALLBROOK, CA 92028 Is registered by the following: a.KERRYANN S. GOODEN This business is conducted by: AN INDIVIDUAL The first day of business was: 03/80/21 Registrant Name: a..KERRYANN S. GOODEN Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Record er/County Clerk of San Diego County on: MAY 18 2021. ISSUE DATES: MAY 28 ,JUNE 4 ,11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9009857 Fictitious Business Name(s) a. BLUE CHIP MOM Located at: 2337 VISTA PARK DRIVE, SAN DIEGO, CA 92110 Is registered by the following: a.SARAH ALISON BECKMAN BECKThis business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a..SARAH ALISON BECKMAN BECKTitle of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MAY 17 2021. ISSUE DATES: MAY 28 JUNE 4.11 & 18

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: CASE NO:

37-2021-00015023-CU-PT-CTL SUPERIOR COURT OF CALI-FORNIA, COUNTY OF SAN DIEGO: STREET ADDRESS: 330 WEST BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE TO ALL INTERESTED PERSONS: 1 Petitioner (name): TIMOTHY L DAVIS filed a petition with this court for a decree changing names as follows: Present name: a. TIMOTHY L DAVIS to TYSON TIMOTHY DAVIS 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing NOTICE OF HEARING a Date 07/14/2021 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS / REACH & BAY PRESS & PENINSULA REACON Date: ,MAY 121, 2021. JUDGE OF THE SUPERIOR COURT LORNA ALKSNE ISSUE DATES: MAY 21, 28 JUNE 4 & 11 ATTACHMENT TO ORDER TO SHOW CAUSE - Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written ob jection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9009605 Fictitious Business Name(s) a. CHILL BABY BOUTIQUE Located at: 801 HILLSIDE TERRACE #60, VISTA, CA 92084 Is registered by the following: a.REBEKAH MOELLMANThis business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: .a.REBEKAH MOELLMAN Title of Officer. if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MAY 11 2021. ISSUE DATES: MAY 28 JUNE 4 ,11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9008625 Fictitious Business Name(s) a. MONICA HICKEY ART + DESIGN b. MONICA HICKEY ART AND DESIGNLocated at: 903 lowing: a.MONICA ANN HICKEY b. ROBERT PHILIP HICKEY This business is conducted by: A MARRIED COUPLE The first day of business was: 01/01/20Registrant Name: a.MONICA ANN HICKEY b. ROBERT PHILIP HICKEY Title of Officer, if Limited Liability Com pany/Corporation Title of Signor. The statement was filed with Er-

ty on: APRIL 29 2021. ISSUE DATES: MAY 28 ,JUNE 4 ,11 & 18 ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2021-00022129-CU-PT-CTL SUPERIOR COURT OF CALI-FORNIA, COUNTY OF SAN DIEGO: STREET ADDRESS: 330 WEST BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE TO ALL INTERESTED PERSONS: 1, Peti tioner (name): BRANDIN MAURICE JONES filed a petition with this court for a decree changing names as follows: Present name: a. BRANDIN MAURICE JONES to BRANDIN MAURICE AYERS 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date 07/06/2021 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consec utive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS / BEACH & BAY PRESS & PENINSULA BEACON. Date: .MAY 18, 2021. JUDGE OF THE SUPERIOR COURT LORNA ALKSNE ISSUE DATES: JUNE 4, 11. 18 & 25 ATTACHMENT TO ORDER TO SHOW CAUSE - Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE OR-DER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed. the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other. non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9010365 Fictitious Business Name(s) a. TITAN BEACH RENTALS b. TitanBR Located at: 1847 THOMAS AVE B. SAN DIEGO, CA 92109 Is registered by the following: a. TITAN BEACH RENTALS LLC This business is conducted by: A LIMITED LIABILITY COMPANYThe first day of business was: N/A Registrant Name: a. TITAN BEACH RENTALS LLCTitle of Officer, if Limited Liability Company/Corpo ration Title of Signor.JEFF NISIUS, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MAY 25 2021. ISSUE DATES: JUNE 4, 11, 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9010447 Fictitious Business Name(s) a. BIG WAVE WATER TECHNOLOGIES, INCLocated at: 4221 AVENIDA DE LA PLATA, OCEANSIDE, CA 92056 is registered by the following: a, DOANE AND HARTWIG WATER SYSTEMS, INC This business is conducted by: A CORPORATION The first day of business was: 9/20/20Reg istrant Name: a. DOANE AND HARTWIG WATER SYSTEMS, INC of Officer, if Limited Liability Company/Corporation Title of Signor DAVID HARTWIG, PRESIDENT The statement was filed with Ernest J. Dronenburg. Jr. Recorder/County Clerk of San Diego County on MAY 25 2021. ISSUE DATES: JUNE 11,18,25 & JULY 2

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9010802 Fictitious Business Name(s) a. ACU ZEN Located at: 8950 VILLA LA JOLLA DRIVE, SUITE A219, LA JOLLA, CA 92037 Is registered by the following: a. RUI LIU This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a.RUI LIU Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on JUNE 1 2021. ISSUE DATES: JUNE 11,18,25 & JULY 2

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSI-NESS NAME FILE NO. 2021-9010006 Fictitious Business Name to be Abandoned: a. MIND PEACE THERAPY Located at: 16395 WEST BERNARDO #110, SAN DIEGO, CA 92127. The Fictitious Business name referred to above was filed in San Diego County on: 11/21/2018 and assigned File No. 2018-9029025. Fictitious Business name is being abandoned by: RUBINA DHANI 14085 WILLOW RANCH ROAD, POWAY, CA 92064. This business is conducted by: AN INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) Registrant name: RUBINA DHANI Title of officer, if limited liability company/corporation. The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: MAY 18,2021. ISSUE DATES: JUNE 11,18,25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9010007 Fictitious Business Name(s) a. MINDPEACE WELLNESS Located at: 4747 MISSION BLVD #7 SAN DIEGO CA 92109 Is registered by the following: a. RUBINA K. DHANI This business is conducted by: AN INDIVIDUAL The first day of business was 01/01/21 Registrant Name: a. RUBINA K. DHANI Title of Officer. if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MAY 18,2021. ISSUE DATES: JUNE 11,18,25 & JULY 2

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO 37-2021-00023863-CU-PT-CTL SUPERIOR COURT OF CALI-FORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 WEST BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE TO ALL INTERESTED PERSONS: 1. Petitioner (name): MATTHEW VELEZ filed a petition with this court for a decree changing names as follows: Present name: a. MATTHEW VELEZ to MATTHEW ALBERTO SUAREZ 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petitio without a hearing. NOTICE OF HEARING a. Date 07/21/2021 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS / BEACH & BAY PRESS & PENINSULA BEACON. Date: ,MAY 28, 2021. JUDGE OF THE SU-PERIOR COURT LORNA ALKSNE ISSUE DATES: JUNE 11,18,25 & JULY 2 ATTACHMENT TO ORDER TO SHOW CAUSE - Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE OR-DER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other. non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9010888 Fictitious Business Name(s) a. ZACH CAMERINO FILMS Located at: 11211 TRAIL SIDE COLIRT SAN DIEGO, CA 92127 Is registered by the following: a. ZACHARY JOHN CAMERINO This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name:a. ZACHARY JOHN CAMERINO I Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder County Clerk of San Diego County on: June 2, 2021. ISSUE DATES: JUNE 11,18,25 & JULY 2

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9011057 Fictitious Business Name(s) a. EVERY ZONE Located at: 3110 ERIE ST, SAN DIEGO, CA 92117 Is registered by the following: a. LUIS PAREDES This business is conducted by AN INDIVIDUAL The first day of business was: 10/01/20 Registrant Name: a. LUIS PAREDES Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: June 4, 2021. ISSUE DATES: JUNE 11,18,25 & JULY 2

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SELLER TESTIMONIAL FOR 7520 MAR AVE LA JOLLA CA 92037

Not one realtor or broker believed I could get 3 million for my house except David. They were all trying to convince me to sell it for less to get rid of it. And I mean they were saying in the low 2s and that is not going to happen. He never tried to convince me to settle or take an offer less than what I wanted. When I said no, he listened and told the potential buyers no. He somehow will convince them to give me more money. He strategizes very well. Like he has this game plan on how to get me what I want. He's done it time after time with many of the offers that I have received. We had 10 formal offers between \$2,200,000 and \$3,200,000 and 7 low ball cash verbal offers. I never ever expected David nor has any agents in my past has ever achieve that for me.

Broker David has gotten me offers as high as \$3,200,000. Nobody would believe that happened. He did that not once but twice at \$3,200,000. The buyers of my house did offer \$3,100,000, but dropped to \$3,000,000 because they wanted some concessions. That was fine because as I mentioned before, I really wanted \$3,000,000 and I got what I wanted, so again he got me not once but twice \$3,100,000 offers, that seems to be David's slogan, not once but twice, lol. David has sold over a dozen of the same properties two and three times over. But never in my wildest dream that I would get offers beyond that. David has special skills at negotiating with the buyers/agents. Not sure how he does it but he is the miracle worker. I will be more than happy to refer any of my friends and family to have David R. Indermill represent them. I look forward to David representing me on many more real estate transactions! Doris Lew 7520 Mar Ave La Jolla Ca 92037

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The diverse sources and ever-changing inventory of human fears



Doing it **Better**

By Natasha Josefowitz, Ph.D.

The other day, a friend of mine said that she was afraid of curbs. "Why?" I asked, surprised.

"Because I can't see as well, and I could fall," she replied.

This startled me. I started wondering whether I, too, worry about curbs. Sure enough, I have become aware that instead of stepping off mindlessly like I have all my life, I now stop, look, and place my foot down carefully. This brought to my mind all the things that I am afraid of, or rather people my age — older folks — begin to worry about. I wondered if fears change not only for the aging population, but also through decades, regions, and cultures as world events impact one's well-being.

Fears change with generations. I remember when I was in high school we had drills where we had to crouch under our desks to protect us from the possibility of the ceilings falling on us due to Russian attacks. When my children were young, we were afraid of polio with every sore throat. Then a generation later, we were afraid of AIDS, and now of course, we have COVID-19 to worry about.

Political fears also change. As a child in Paris, we were afraid of the Nazis using mustard gas. My parents in Russia were afraid of the Bolsheviks. Today we worry about the escalating controversy with China. Some fears are mostly geographic. There are countries facing famine, regions facing droughts, floods, or locusts.

Most fears fall into three categories: personal, universal, and global. Personal fears are the ones that are common, but not shared by most people. Some of us are afraid of heights, some of flying, others of snakes or of speaking in public.

Universal fears are those which are experienced by an entire group. When I was young, it never

occurred to me to worry about falling. But as people age, falling becomes a universal fear. There are also fears of illness, dementia, loss of autonomy, financial ruin, or losing one's spouse. Additional fears accumulate with age as one becomes more vulnerable. My grandfather used to recite an old Jewish prayer, "Oh God, please don't let me die alone, poor, and sick." These are indeed universal fears.

Global fears change with the times. Centuries ago, we feared Barbarian invasions or the black plague. Today we have a new set of fears: germ warfare; sabotage of the electrical grid; cyberattacks on the computer networks that run our hospitals, schools, and businesses, triggering economic collapse. We see images of wildfires ravaging landscapes, hurricanes devastating towns, droughts so severe that we are on the edge of losing whole species of animals due to disappearing water sources, warming oceans. There are islands in the Pacific that have already disappeared due to rising seas, and their people had

to be evacuated. We worry about what kind of planet our grandchildren will inherit and about our grandchildren's children with coastal flooding seemingly inevitable due to global warming. By mid-century there will be whole populations forced to move inland. These are the global fears, those that threaten our planet and about which we can prepare with wind farms, solar panels, vaccinations, recycling, going green, and desalinization plants; we need to strive for better planning in light of the inevitable problems that will occur, if not in our lifetime, then in the lifetime of our descendants, in order to leave a legacy of a viable earth.

Then there are our irrational fears, those that may not occur. For instance, when my husband was late coming home from work, I envisioned him having an accident or a heart attack, alone on a deserted road. Whenever my children and grandchildren are flying somewhere, I have plane-crash anxiety.

am afraid it is a sign of Alzheimer's.

Obviously being anxious about events that probably won't happen is not only unpleasant, but bad for our immune systems. Feelings of anxiety impact our health. Instead of anticipating worst-case scenarios, we should try to let go of the negative thoughts and concentrate on positive outcomes. Changing our mindset is difficult, we need to occupy ourselves with tasks that need concentration. Being physically active also helps to curb our concerns. It is normal for many of us to feel anxious about the current state of the world. Reading the daily news only exacerbates our feelings of powerlessness. If we can't find a way to manage living with today's fears, it may be beneficial to seek the help of a healthcare professional.

We are all in this together!

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2021. Natasha Josefowitz. All rights reserved.

Lawrence Family Jewish Community Center receives \$5 million donation

The Lawrence Family Jewish Community Center (JCC) Jacobs Family Campus recently received a \$5 million donation from Joan and Irwin Jacobs. The couple has invested consistently in the community building work of the Lawrence Family JCC at the Jacobs Family Campus for many decades, which led to this historic donation – the single largest gift to the LFJCC.

The Jacobs deeply believe in the value of the JCC as a critical driver in enriching Jewish life in San Diego while also engaging the people of all faiths and culture to build stronger bonds of unity and

strategically enhance the JCC's endeavors to advance and accelerate their work.

"Joan and Irwin's extraordinary gift is the culmination of decades of philanthropy, leadership and inspiration they have offered to our community," said Betzy Lynch.

READ MORE ONLINE AT sdnews.com

10 Entertaining Things to do in San Diego this Summer

June 11 - July 4: Home Grown Fun - San Diego County Fair
Smaller in scale than the fair and limited in attendance, HOME*GROWN*FUN will offer a taste of your fair favorites-including shopping, food concessionaires, a Ferris wheel and carousel, agri-cultural-themed exhibits, demonstrations, contests and more!

June 11 - September 6: Nighttime Zoo at the San Diego Zoo

Stay after dark and help us celebrate summer during Nighttime Zoo. Come "rock and roar" every day this summer with live music and other amazing entertainment experiences.

June 14 - 20: 2021 U.S. Open Championship

he 2021 U.S. Open marks the third USGA championship for the South Course and the second time it will play host to the national championship

June 18 - 19: 619 Party - Celebrating San Diego's Grand Re-Opening!

Say "Goodbye to Quarantine and Hello Party Scene!" Join San Diego in celebrating the City's Official Grand Re-Opening and Summer Kickoff! We are celebrating everything uniquely San Diego: sunshine, sexy summer vibes, sizzling nightlife and award winning dining in the Gas-lamp Quarter.

June 20: Father's Day Prime Rib Dinner Cruise

The best place to celebrate Father's Day in San Diego is on the bay. We've got a variety of special cruises planned for Father's Day to help you and your family celebrate.

June 22 - 23: Taste of Little Italy

This year, the event will be held over two days, with two time slots, allowing plenty of room for attendees and minimizing congestion. Sample mouthwatering bites from over 20 culinary gems.

July 4: Big Bay Boom

This spectacular firework display over the San Diego Bay. Fireworks will be discharged simultaneously from numerous barges around the county, creating an amazing show for all **July 16 - 18: California State Games**Thisis the largest Olympic-style sports festival in the state with 25+ sports from Archery to Softball at venues across San Diego County.

July 16 - September 6: Del Mar Racing Season San Diego horse racing takes place where the "turf meets the surf" at the Del Mar Racetrack. Fans flock to the track each summer to wager on their favorite horses during the racing season.

August 7 - 8: ArtWalk @ Liberty Station

With many art shows and in-person events being cancelled for most of 2020, ArtWalk celebrates the return of in-person art events and continues to serve as a symbol of hope for the art community.



Greg Cummings

The Greg Cummings Group 858.717.0730 Greg@GregCummings.com

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Every time I misplace something, I community. The Jacobs' gift will **CURRENT COASTAL LISTINGS** BY HELEN SPEAR ———



5440 LA JOLLA BLVD | La Jolla Representing Buyer | LP: \$949,000

1235 PARKER PL 3L | Sail Bay Bay front w/ Views | \$1,395,000



5386 CALUMET AVE | La Jolla 3/2 | Make It Your Own

4684 SARATOGA AVE | OB Representing Seller | \$1,420,000



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1242 GRAND AVENUE

2BR |2BA | 1007 ESF

This light and bright condo features vinyl plank woodstyle flooring, fireplace, abundance of outdoor space with a private patio off of the bedroom,updated windows, a one-car attached garage plus an extra parking space all within 5 blocks from the beach.

> Sold for \$765,000 Multiple offers, sold over list price!

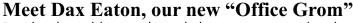


3843 RIVIERA #2

2+BR |2.5BA | 1792 ESF

Three-story townhome with dual master bedrooms on the first floor, a spacious and open great room on the second floor and a loft on the top floor. Just steps away from the bay and boardwalk, making it easy to enjoy sunny days at the beach.

> Sold for \$935,000 Sold off market for over list price!



Dax has been blowing through the competition in local and state surf contests and is our inaugural Scott Booth Real Estate Group sponsored surfer. Dax is an amazing kid, comes from a great local family, is also on the South Coast Surf Team and already has some big sponsors including Rip Curl. We're excited to see where his budding surf career takes him.



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PB Fun Fact:

On the south side of Crystal Pier, where South Coast Wahines is now, there used to be two little tourist shops and an ice cream store. On the north side of the pier, where Paradise Cove is, used to be a bar named The Stage Door.