SAN DIEGO COMMUNITY NEWSPAPER GROUP FRIDAY, NOVEMBER 26, 2021 **BEACHANDBAYPRESS.COM** 







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Trolley extension opens SEE **PAGE 5** 





# SDPD stats show 2020 violent crimes down in Pacific Beach

**BV DAVE SCHWAB** 

or some time Pacific Beach has ranked second behind only East Village out of 125 City communities in violent crimes reported, and that trend continued with the recent release of San Diego Police Department's 2020 citywide crime statistics.

Violent crimes include murder, rapes, armed robberies, and aggravated assaults. In 2019, Pacific Beach had 18 reported rapes and 152 aggravated assaults. In 2020, the numbers improved with PB having 15 rapes reported and 126 aggravated assaults.

Though the total number of violent crime incidents decreased in PB between 2019 and 2020, small-business owner and former Pacific Beach Planning Group chair Brian Curry noted the community has a long way to go in improving public safety.

"This (crime decrease) is not surprising given the COVID-related shutdown," Curry said adding, "PB remains ranked No. 2 out of 125 communities in incidents of violent crime in 2020. Rape and sex crimes remain extremely high compared to other communities. Assault, drugs, alcohol, and theft remain the highest crimes happening in Pacific Beach."

DUIs also continue to be a major concern in the beach community.

"There were nearly 70 reported DUI arrests over the past six months," said Curry noting, "That is the number of arrests, not the number of DUIs."

Additionally, noted Curry, "Motor vehicle theft and vehicle break-ins have been trending upward as of late."

Previously Curry, co-owner of Fitness West, has argued that alcohol is a major factor in the community's continuing high rate of violent crime.

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# PINK POWER PERSISTS Susan G. Komen 3-Day



Jennifer and Megan Branch of Pacific Beach walked in this year's Susan G. Komen 3-Day event logging 60 miles in three days to raise money for cancer



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# Redistricting Commission may split Pacific Beach between two districts

By DAVE SCHWAB

Commission's vote scheduled in December on a final map, Pacific Beach residents weighed in on previous versions of maps redrawing all nine City Council district boundaries at Pacific Beach Town Council's Nov. 17 meeting.

Residents expressed disapproval of one possible boundary change in particular for their District 2, which presently includes Pacific and Mission beaches as well as the Peninsula. That proposed boundary change would split Pacific Beach between two different council districts.

"It is a difficult task to attempt to please everyone according to their needs and wants," noted PBTC president Marcella Bothwell in a letter to the independent nine-member redistricting commission, which will make the final decision on how all nine council districts will be realigned. "We very much appreciate the compromise preliminary map that you have approved, which continues to keep the Pacific Beach community planning group area unified. We have multiple organizations which serve this specific planned area including the PB Planning Group, the PB Town Council, Beautiful PB, Discover PB, and more. By keeping this area united we can continue 'We strongly oppose any map that divides us between districts.'

- MARCELLA BOTHWELL, PACIFIC BEACH TOWN COUNCIL PRESIDENT

our work in the neighborhood and community."

Added PBTC's letter: "We strongly oppose any map that divides us between districts. We do have a small ask that Mission Beach planning area be included with Pacific Beach in District 1. Pacific Beach and Mission Beach have long been contiguous and have worked closely together on many issues. The stewardship of Mission Bay by both Pacific and Mission Beach residents is vital for the well-being of Mission Bay. So we respectfully request that Mission Bay be included in District 1 with us so we may continue our important work."

Redistricting is the government-mandated process of redrawing political district lines every 10 years following completion of the U.S Census, which occurred in 2020. The federal government requires that districts must have nearly equal populations and must not discriminate based on race or ethnicity.

Another requirement of redistricting is that existing districts should not have a total population deviation of more than 10% from the previous census. In 2010, there was a total district citywide

deviation of approximately 4.59%.

At the Nov. 17 PBTC Zoom meeting, residents voiced their views and concerns about redistricting.

"I'm not thrilled with being (potentially) part of District 1," said longtime PB planner Eve Anderson. "We're going to be the orphans, the folks at the end of the line. We belong with Mission Beach or even Point Loma. We've been very compatible with those areas. We'll (PB) lose big time if we're divided in half."

"Don't forget we have to include Mission Bay," said PBTC treasurer Denise Friedman. "We're talking about land, not a lot of people. Mission Bay is us, not Clairemont."

"Keeping Mission Beach with us probably would provide a solution, though we would have to provide a map, and we would need to lose (population) numbers in other parts of District 1," said Karl Rand, Pacific Beach Planning Group chair and PBTC vice chair, who pointed out Mission Beach's population is about 4,000, whereas Pacific Beach's population is about 45,000, while Clairemont's is approximately 80,000.

Added Rand: "The current map is acceptable though it's not ideal. If

we're split from Mission Beach, that at least still keeps us (PB) whole."

"On Nov. 13, the commission voted 7-2 to approve Map 74956 as the Preliminary Map submitted to the City Clerk on Nov. 15," said Lora Fleming, chief of staff for the San Diego Redistricting Commission. "Once the preliminary map was approved, that triggered another five public-input meetings. The commission has heard from thousands of residents

throughout the city, and we expect public participation to remain high in the final half dozen meetings."

Added Fleming: "The Redistricting Commission will vote on the final map on Dec. 15. The commission is completely independent, so the City Council and mayor do not have the authority to approve or reject the plan. This is the time for residents to suggest minor and major changes to the preliminary map."

# Thanksgiving eve hearing re-set for Jan. 4 in Laura Shinn murder case

By NEAL PUTNAM

preliminary hearing was rescheduled to Jan. 4, 2022 for the drug impaired driver who is accused of killing architect Laura Shinn while she was riding her bicycle in North Park.

The hearing had been set for Nov. 24, which was the Wednesday before Thanksgiving for Adam David Milavetz, 38, of Pacific Beach, who is charged with second-degree murder and gross vehicular manslaughter while under the influence of drugs in the July 20 incident.

The Nov. 24 date was set at Milavetz's first court appearance in August, perhaps because attorneys didn't realize it was the day before Thanksgiving, which would have been difficult to subpoena witnesses. San Diego Superior Court Judge Robert Trentacosta recently re-set it for Jan. 4, according to court records.

Shinn, 57, was on Pershing

Drive on her way to work at 7:30 a.m. as the director of facilities planning at San Diego State University when she was struck from behind by Milavetz's 2011 Prius while she was in a bicycle lane

A prosecutor said Milavetz was arrested a month before the incident on a charge of suspicion of driving under the influence of meth. On his Facebook page, Milavetz wrote he was a "420 mobilization tech" for a cannabis dispensary. He also wrote he was a delivery driver for another marijuana dispensary and sometimes worked from his PB home.

Milavetz has pleaded not guilty. He remains in the George Bailey Detention Facility without bail. San Diego Police arrested Milavetz at the scene.

Shinn was an avid bicyclist and was riding to work as she often did, according to the American Institute of Architects San Diego. She was their board president this

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Audeo's new Pacific Beach resource center is conveniently located at 959 Hornblend St. Visit Audeocharterschool.net or call (858) 678-2050 to enroll today!



Audeo Charter School opened a bright, new location in Pacific Beach at 959 Hornblend St., SD 92109. Visit Audeocharterschool.net or call (858) 678-2050 to learn more about this FREE public school and enroll today! Photo by Dan Kirksey.

# **Former Mission Bay Visitor Information Center rebrands**

losed since 2011, the former Mission Bay Visitor Information Center has been rechristened the Mission Bay Beach Club and reopened with a new life and mission as a vegan cafe in its first phase. A pizzeria and an urban vineyard are to follow.

The freshly minted Mission Bay Beach Club at 2688 E. Mission Bay Drive bills itself as "San Diego's newest waterfront destination for enjoying a day at the beach."

The first phase of the old visitor center's renovation now open includes Superbloom, a casual vegan cafe featuring organic cold-pressed juice, quality coffee, and healthy food options. Superbloom is based on the concept that a healthy lifestyle should be easy, enjoyable, and delicious, with convenient offerings in a beautiful setting.

Also available are bikes and boards rentals at Beach Bunny, which is described as "a sweet boutique of all the essentials for an amazing day on the bay." The shop offers bike rentals with wicker baskets for cruising the coastline, as well as standup paddleboards for exploring the bay. The boutique is packed with favorite items from locals as well as several handmade items.

Coming soon to the bayfront venue is Picnic at the Mission



The former Mission Bay Visitor Information Center has been retooled as the Mission Bay Beach Club with a new vegan cafe, rental shop, and eventually a pizzeria and urban vineyard.

PHOTO BY THOMAS MELVILLE

Bay Beach Club, a waterfront gathering place to enjoy casual California cuisine with a contemporary twist. Picnic's food program is to be based upon seasonality, working with local farmers and artisanal producers to create simple food done well. Picnic will offer a robust wine-focused menu along with a bottle shop for picking up old favorites and discovering new ones at a tasting bar.

Picnic will also feature a wood-fired pizza oven for guests to enjoy the comfort and conviviality of a casually elegant meal with an ocean-front view.

This iconic building renovation project continues to be a labor of love facilitated in partnership with the City of San Diego and the Mission Bay Parks Department. This historic building was originally built by San Diego architect Dick Lareau, who has worked throughout the rehabilitation process to ensure the renovation of this abandoned building kept with the original design intent of the property.

The project has been overseen and created by Bradley Schnell of playground design and Kristine Overacre of Beaucoup Creative.

#### **MISSION BAY BEACH CLUB**

Where: 2688 E. Mission Bay Drive. Contact: missionbaybeachclub.com, 858-201-7551.

Once the heart of Mission Bay tourism, the former visitor information center site eventually devolved into an unmanned vending machine area, storage space, and public bathroom that was decommissioned in 2010.

Schnell, CEO of the Mission Bay Beach Club, noted he had the vision to restore the building after seeing it lying vacant while walking his dog. That vision, he said, involved improving what was already there rather than creating something entirely new.

"We've got you covered for a full day of fun, and there's more to come," said the club on its website at missionbaybeachclub.com. "In the coming months, we'll be adding in a wood-fired pizza oven, a full bar, as well as a full-service restaurant and fire pit lounge area. In the meantime, stop by and enjoy a round of bocce in the vineyard, savor a sweet treat from the world's happiest ice cream cart, called Summer Afternoons, or just take a moment to catch up with friends and enjoy the bay view."

Future plans for the venue include an urban vineyard that Schnell and Overacre hope to press into a house wine.

#### **NEW PB RESTAURANT**

An authentic Mexican restaurant based out of Riverside, Birrieria La Huasteca, will soon open a location at 865 Turquoise St. The San Diego branch of Birrieria La Huasteca will open in the indoor/outdoor space that last housed Treelogy Cafe in North Pacific Beach. Expect a menu centered around slow-cooked, fall apart birria, both birria de Borrego made with lamb and beef birria de res.

The all-day eatery will offer regional Mexican specials for breakfast, lunch and dinner, including ramen birria, birria tacos, chilaquiles, pizza birria, birria burritos, mulitas, gorditas, chicken mole, and more. For more information, follow the restaurant on Instagram.

#### **MR. JINGLES RETURNS**

Mr. Jingles is a second-generation family-owned Christmas tree business. There are locations in San Diego open the day after Thanksgiving at Belmont Park in Mission Beach, Downtown at 2128 Third Ave., 3901 Clairemont Drive, and at 801 Pearl St., La Jolla. Mr. Jingles' Christmas trees are freshly cut, loaded onto trucks, and are immediately shipped to each of their locations from Oregon, Washington, North Carolina, Wisconsin, and Canada each season.

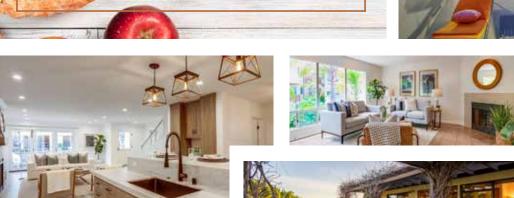


















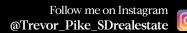




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# Woman's text messages shown to judge in fatal car crash case

By NEAL PUTNAM

A Point Loma woman sent desperate text messages while she was a passenger in a frightening ride while her friend allegedly drove while intoxicated — until the messages stopped abruptly, according to court testimony on Friday.

Sidnie Waller, 21, died of her injuries after her friend, Jennifer Rae Xavier, 21, allegedly drove her BMW off a freeway ramp and it landed upside down and partially submerged near Sea World Drive on March 4.

"Jenny drank so much and took a bar (tranquilizer)...She's swerving all over. Almost ran into five cars...Pray for me," wrote Waller.

Her text messages were shown on a screen to San Diego Superior Court Judge Peter Deddeh at Xavier's preliminary hearing on Nov. 19.

Deputy District Attorney Philippa Cunningham said the victim's brother was receiving those text messages "in real time as they were happening."

Xavier is charged with second-degree murder, gross vehicular manslaughter while intoxicated, DUI, and hit and run in a traffic fatality.

"She won't listen. I'm so (obscenity) scared," wrote Waller. "I'm gonna be sick, holy (obscenity), this is so scary."

Her brother was receiving the messages until they abruptly stopped around 9:10 p.m. after the BMW plunged below the Interstate 5 freeway and landed upside down in the Tecolote Creek.

California Highway Patrol officer Brad Clinkscales testified he interviewed witnesses who said Xavier had two drinks at a Pacific Beach bar before she and Waller left. Deddeh ordered Xavier to stand trial for murder, gross vehicular manslaughter while intoxicated, DUI, and hit and run.

She pleaded not guilty to all charges at the end of the hearing and Deddeh set a trial date for April 18, 2022.

Xavier said nothing during the hearing while wearing blue jail clothes with a white mask while handcuffed. She remains in Las Colinas Women's Detention Facility without bail.

"Obviously, we have a tragic situation here," said her attorney, Joel Bailey, to the judge. Bailey asked Deddeh unsuccessfully to dismiss the murder charge, calling it "a horrible accident" and hinted the possibility the defense at trial would contend that Waller was the actual driver, not Xavier.

"It was aggressive driving by somebody," said Bailey.

Xavier got out of the car and wandered up an embankment onto the Sea World Drive ramp where she got a ride from a Point Loma couple who took her home. They called police because Xavier was too intoxicated to communicate where she lived.

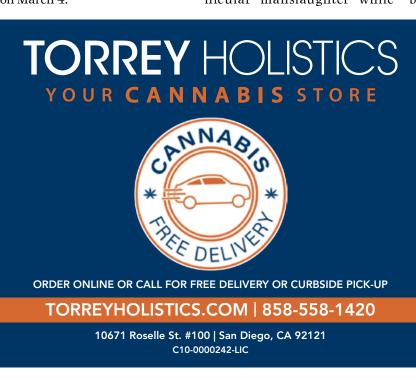
Xavier apparently did not mention to anyone she crashed her car off a ramp and her friend was still in the partially submerged vehicle.

Police officers arrived and took Xavier to her home on Collwood Boulevard near SDSU, but they were unaware of the rescue effort of Waller in the partially submerged car.

Waller was rushed to a hospital where she died three days later from her injuries.

It isn't known what Xavier's blood/alcohol level was at the time because she was not arrested until days later. The next day after the incident, Xavier showed up at Waller's home, as she was wondering where her friend was and what happened to her car.

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# Blue Line Trolley extension officially opens at UC San Diego

By DAVE SCHWAB

n an unseasonably warm Sunday, Nov. 21, public officials formally dedicated the 11-mile Blue Line Trolley extension at the UC San Diego Central Campus Station with a virtual ribbon-cutting as an on-screen trolley crashed through a banner strung across trolley tracks.

The new extension stretches from the U.S.-Mexico border through downtown and the Mid-Coast corridor with new stations at Tecolote Road, Clairemont Drive, Balboa Avenue, Nobel Drive, VA Medical Center, UC San Diego Central Campus, UC San Diego Health La Jolla, Executive Drive, and the UTC transit center.

Crowds piled into the trolley cars and flocked to a packed grand opening celebration in the shadow of the light rail line's new UC San Diego Central Campus Station. They consumed free food, heard live music, and got free trolley swag as mementos. The fanfare included bands, cheerleading squads, stilt walkers, face painting, and a rock-climbing wall.

"What a great day to open a new trolley line," noted Catherine Blakespear, Encinitas mayor and chair of the San Diego Association of Governments, the region's transportation agency, speaking to an excited and appreciative crowd. "It's not that frequently that you open a \$2 billion, nine-stop, 11-mile new trolley line."

Blakespear singled out



An aerial view of the opening celebration on Nov. 21 at UC San Diego Central Campus Station of the 11-mile Blue Line Trolley extension. PHOTO COURTESY OF SANDAGE

Congressman Scott Peters (D-52) for special mention.

"He singlehandedly helped us bring \$1 billion to this \$2.2-billion project, nearly half of it," she pointed out. "We would not be here today without your dedication. So today's event commemorates the culmination of decades of planning and five years of construction."

Blakespear pointed out the Blue Line Extension project dates back to 1986 and was part of that year's regional plan. "Now we're doing the 2021 regional plan, so we're looking forward and saying, 'What kind of projects like this do we want to deliver for this region 30 years from now in 2050?," said Blakespear. "This type of project is an example of the transformative work that's really possible when

we work together through this process called the regional plan. If it's not in the plan – it's not gonna get built."

"We are thrilled about this project," said San Diego Mayor Todd Gloria. "This is teamwork and that's how we get stuff done in our community. What is important to drive home, again and again, is this project was not just locally based. We had a tremendous amount of federal funding that made it possible."

Added Gloria: "I think of this as a jobs train. This is opening up opportunities for people all across the region to access the incredible opportunities of the innovation economy here in La Jolla. We must do more of this. This is a great day for our City. There will be many more



UC San Diego cheerleaders, stilt walkers, and Trolley riders came out to celebrate the opening of the Blue Line extension on the university's campus.

PHOTO COURTESY OF SANDAG

great days ahead because of this collective commitment to making sure that we are sustainable and climate-friendly moving forward."

"This is not about us up here in La Jolla, this is about a whole region," noted Peters adding, "We're a multicultural city with a rich history and walkable neighborhoods. We're a cosmopolitan City that embraces the international border as an opportunity for commerce, not as a threat, but an opportunity for friendship with our neighbors in Mexico."

Continued Peters: "For me, today is the culmination of nearly two decades of commitment to building public transportation in San Diego. When I joined the City Council 21 years ago next month, I knew that the way we moved people around would determine our future in San Diego. With a million new San Diegans expected in the coming decades, we all know that more and wider highways won't meet this problem. We still have more to do. And I'll do my part to encourage policies that boost ridership and build more housing near transit."

Peters was joined by congressional colleague Juan Vargas in issuing the City a proclamation commemorating the grand opening of the new trolley line.

"This is just a peek into the future," concluded SANDAG executive director Hasan Ikhrata. "We're going to have more celebrations of a future transportation system that will be unmatched anywhere."

# City agencies and residents working to achieve carbon neutrality

By DAVE SCHWAB

he City has a Climate Action Plan in place to reduce greenhouse gas emissions with the ultimate goal of getting to a reduced- or zero-carbon economy.

Carbon neutrality seeks net zero carbon dioxide emission by balancing carbon dioxide emission with removal, working toward eliminating carbon dioxide emissions altogether.

Carbon dioxide-releasing processes are associated especially with transportation, but also with energy production, agriculture, and industrial processes. Greenhouse gas emissions from transportation account for about 28 percent of total U.S. greenhouse gas emissions, making it the largest contributor of U.S. GHG emissions.

Carbon neutrality can be achieved in two ways: Balancing carbon dioxide emissions with carbon offsets; and reducing carbon emissions to zero through changing energy sources, shifting towards the use of renewable energy sources such as hydro, wind, geothermal, solar, and nuclear power.

"Zero carbon means getting off fossil fuels entirely," said 'People are afraid of change, and they've been using fossil fuels for a really long time.'

- MALEEKA MARSDEN, OF CLIMATE ACTION CAMPAIGN

Maleeka Marsden, co-director of policy for the Climate Action Campaign. "It's important to secure a safe and livable future. An international panel on climate change has said we need to achieve net-zero carbon emissions by around 2045 (to counteract global warming)."

The CAC is a coalition of national climate, conservation, and progressive groups working to protect clean air and promote action to limit climate change.

Point Loma resident Jerry Lohla believes in global warming and is all in on reducing his carbon "footprint," how much carbon his family produces through their daily activities.

"According to most scientists, the major contributor to global warming is CO2 emission from fossil-fuel vehicles," said Lohla. "Moving away from gasoline-powered vehicles toward electric vehicles is in the best interest of the planet. Oil prices will continue to decline as we transition away from internal-combustion technology. Sell your Exxon, Mobil, and BP

stock now."

Added Lohla: "The State of Califonia and the City of San Diego are moving in the right direction. The federal government will move in the right direction now that we have a president who listens to scientists and understands science."

Lohla has taken numerous steps personally to work toward achieving carbon neutrality.

"We installed a more energy-efficient furnace, thermostat, and attic ductwork in 2020," he said. "We replaced the last of our single-pane windows with low-E energy-efficient windows. We try to minimize our vehicle trips by planning 'multiple goal' shopping trips, about once a week during the COVID pandemic. Our primary vehicle for short trips is a 'Smart Car.'"

Living more sustainably carries over to areas of Lohla's life outside his home.

"For my volunteer work on the USS Midway Museum, I bicycle to/from there along Harbor Drive when weather and daylight allow," he said, adding technology is making it easier for people to minimize their carbon emissions.

"We capture virtually all precipitation off our roof with four 50-gallon and one 250-gallon water barrel," Lohla said. "We're fortunate to live in Point Loma, where we are able to keep our total monthly utility costs (electric water, sewer) to about \$300."

In 2015, the City Council approved San Diego's Climate Action Plan, which calls for the City to cut half of all greenhouse gas emissions by 2035. The CAP's strategies include 100 percent renewable electricity, water and energy efficiency, zero waste, and encouraging bicycling, walking, transit and land use.

The City has gone far in implementing its aggressive Climate Action Plan.

"The 2020 Climate Action Plan Annual Report demonstrates the advancements we have made to reduce greenhouse gas emissions, promote equity, and encourage growth in clean-technology jobs," said City spokesperson Alec Phillipp. "San Diego continued its trend of decreasing greenhouse-gas emissions each year, reaching a

25% decrease in 2019 from our 2010 baseline. We are building community partnerships, integrating equitable solutions in Citywide policies, and supporting a 20% increase in jobs that support climate action. We are also ensuring that we better monitor our energy consumption and reduce waste at City buildings."

Added Phillipp: "We are also accelerating the adoption of electric vehicles in the City fleet. These efforts are in addition to our commitment of having our City facilities use 100% clean energy through San Diego Community Power. This year we also introduced new policies, like Complete Communities, that will make walking, biking and taking public transit a more convenient choice while investing in our Communities of Concern. In alignment with this effort we plan to incentivize City employees, encouraging them to continue working remotely while considering the use of alternate methods of transportation."

Other agencies in the City, like the Metropolitan Transit System operating bus and trolley lines,

See **CARBON**, Page 15

# Susan G. Komen 3-Day event returns to San Diego

By DAVE SCHWAB

This year's Susan G. Komen 3-Day walk took place Nov. 19-21 with its trademark pink ribbon logo to support breast cancer research was Pacific Beach resident Jennifer Branch's 12th outing and her daughter Megan's first.

"I started walking 12 years ago and have walked every year except last year when it was canceled and held virtually due to COVID," said Jennifer Branch. "I initially started walking because I had a family member with breast cancer who was fighting it. After the first walk, I learned that it kind of helps you put everything in perspective about your personal life, about what's really important – and what's not – when the walk is done. I liked what I took away from the event."

Added Branch: "And then my babysitter, our nanny in her early 20s, was diagnosed with breast cancer. She did not have any insurance."

Her nanny Julie Phan's plight inspired Branch to raise the bar in her efforts to join in the breast cancer fight.

"So I formed a team to start walking for her in her name called the Phan Club," she said adding, "It's been five years now and Julie has had a double mastectomy and made a full recovery, and is now the proud mother of a beautiful, 3-year-old little boy. It's really great news."



San Diego Police officers join a line-dance during a pitstop for the Susan G. Komen 3-Day walkers at Kellogg Park in La Jolla on

Branch pointed out daughter Megan "grew up watching her mom do this walk every year, cheering on the walk, handing out pink stickers, and helping me set up my pink tent (camping overnight in Crown Point)."

Megan, 17, concurred with her mom that the three-day walk is all-important in helping to fight breast cancer.

"I've never officially walked it

but I've done it every year, met up with my mom and her friends whenever they walked," Megan said. "It's been a part of my life every year since I can remember, from when I was a little Girl Scout. I cherish little things like that."

This past weekend, Jennifer and Megan Branch were among the scores of passionate pink-hued women and men who sauntered 60 miles over three days, starting at

the Del Mar Fairgrounds on Friday and culminating with a moving closing ceremony at Waterfront Park with fanfare, speeches, and camaraderie on Sunday. These men and women each raised in excess of \$2,000 and walked 20 miles a day for three consecutive days, all while educating tens of thousands of people about breast

The walk's proceeds will support the mission of Susan G. Komen by funding breakthrough research and efforts to ensure all people receive the best health care they need.

Walk participants trained and raised funds for several months in preparation for the event, which fosters lifelong friendships and memories while providing the community a moving opportunity to honor those who have battled, and for those who continue to fight, breast cancer. Breast cancer afflicts one out of every eight women during their lives. In 2021 alone, an estimated 281,000 women will have been diagnosed with breast cancer in the United States.

The foundation's namesake, Susan Goodman Komen, died of breast cancer in 1980 at the age of 36. Komen's younger sister, Nancy

#### **SUSAN G. KOMEN 3-DAY**

#### Friday

The annual fundraising event began with an inspirational opening ceremony at Del Mar Fairgrounds on Friday, Nov. 19. Walkers started out on a fairly flat, paved walk along coastal Highway 101. Torrey Pines State Natural Reserve presented a significant hill early-on, with approximately a two-mile climb on paved roadway and dirt paths followed by a three-mile downhill descent into

After lunch, the going was mostly flat terrain with a few rolling hills through La Jolla, Bird Rock, and Pacific Beach. The day's route concluded with a paved trail to Mission Bay heading to camp at Crown Point Shores.

#### **Saturday**

On Saturday morning Nov. 20, participants pounded the trail again. The day's route took walkers around Mission Bay and through the hilly but breathtaking views of Sunset Cliffs, showcasing the coastal neighborhoods of Ocean and Pacific beaches. Mission Bay was the afternoon highlight and jewel of Day 2 on the walkers way back to Crown Point camp for another evening of community, camaraderie and fun.

#### Sunday

The final day of the 60-mile journey on Sunday, Nov. 21, started with a walk leaving Pacific Beach and heading around Mission Bay. Just before lunch, walkers climbed the steep half-mile hill in Old Town to reach Mission Hills and Hillcrest. The latter part of the day brought a two-mile descent past Balboa Park, through Little Italy and into Downtown. The journey was completed with a fun Finish Line Festival and an inspiring closing ceremony at Waterfront Park.

Brinker, believed that Susan's outcome might have been better if patients knew more about cancer and its treatment, and founded the Susan G. Komen Breast Cancer Foundation in 1982.

In 2008, the 25th anniversary of the breast cancer-battling organization changed its name to "Susan G. Komen for the Cure" and its logo to the pink ribbon.

Of the three-day walk itself, Jennifer Branch commented: "Most people do train for it. It's not a major physical exertion. It's an endurance event where you just keep going. The slogan from Susan G. Komen is that the pain and the muscular aches and blisters aren't nearly as difficult as fighting breast cancer or going through chemotherapy. So it's all worth it."



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# Mission Bay Buccaneers to play for CIF Division V championship

**SPORTS** 

By DAVE THOMAS

ike a machine, the Mission Bay football team rolled for the second weekend in a row in CIF playoff action.

Junior wide receiver Jacob Sloan caught three touchdown passes from senior quarterback Clash Orsborn as Mission Bay defeated Calexico High 41-7 in a CIV Division V semifinal matchup last Friday. After falling behind 7-0 and then tying the game at 7-7, Calexico watched Mission Bay (10-2) reel off the next 34 unanswered points to put the game away.

With the victory, second-seeded Mission Bay moves into the championship at 7 p.m. on Friday, Nov. 26 at Grossmont High versus top-seeded Palo Verde Valley High (Blythe). Both teams sport 10-2 records. The Yellow Jackets escaped last weekend with a 29-28 semifinal win over Fallbrook High.

Sloan, who also handles kicking duties for the Bucs, finished his stellar night catching 12 passes for 166 yards. To top things off, he also recorded an interception.

"I was very pleased with the way that my team and I performed," Sloan commented. "My offensive line held blocks well, which gave Clash (Orsborn) enough time to complete passes. On defense, we flew around and made tackles holding Calexico to only seven points."

Bucs have played as a team all season long. With 10 wins in



Mission Bay senior running back Quentin Randle breaks free against Calexico last

their pocket heading into the title game, success has been on display for much of the season at Mission Bay High.

"A key to our team's success this year has been playing as a unit," Sloan said. "We don't play as individuals and we all do our jobs. Another key to our team's success has been our energy at practice. Throughout the year, especially these last few weeks, we have been focused and locked in every single day."

Not resting on their laurels, the Bucs know they have a good test ahead of them this Friday in the form of the Yellow Jackets.

"This Friday we will have to stop the run and play physical, disciplined football," Sloan noted. "Our offense needs to play simple football and do our job, while our defense keeps them off the field. This game means a lot to our whole team, but we just have to play like any other Friday."

For Mission Bay Head Football Coach Greg Tate, this fantastic season continues on, especially when it comes to how hard his team competes.

"I felt like we competed well, we knew they (Calexico) wanted to play keep-away with the ball and we need to force them into a



Mission Bay senior wide receiver Keller Feltman (17), and junior wide receiver Jacob Sloan (11) celebrate beating Calexico High on Nov. 19.

couple three and outs, score, and put them in an uncomfortable situation," Tate remarked. "I felt like as a team we just needed to settle down at halftime. We came back out in the second half and executed the game plan."

While Mission Bay lit up the scoreboard for 30-plus points in the second straight CIF playoff game (Beat El Cajon Valley 35-7 a week earlier), the Bucs defense was stalwart once again.

"Really just the entire defense, including the subs, they all just did their jobs really well," Tate noted. "We talk about playing 'team ball' and that's what they did."

Heading into the matchup this Friday versus Palo Verde Valley, Tate is expecting quite the physical game.

"I think they'll play us a lot like Calexico in that they'll try to keep our offense off the field," Tate offered. "They have a great running back and solid offensive line so it'll be tough to slow them down. In order to win, we just have to treat it like we've treated the other 12 games this season; practice hard and execute on Friday. Don't let the moment be too big."

For Mission Bay High, keeping it all in perspective will go a long way as championship Friday unfolds.

# La Jolla beats Valley Center in CIF playoff game

By ED PIPER

"What is this?" said a woman who had entered the back gate at Tom Edwards Stadium near the end of the game while wondering what she was watching. "I've never seen a high school football game, and on Friday night."

I told her it was a second-round CIF playoff game, and La Jolla, with their quarterback, re-injured moments before, was trying to hold off a small-but-determined Valley Center team in the last seven minutes. The Vikings led. 21-15.

"Who are the red?" (I never found out her real name) asked. La Jolla, she was told. "I heard all the noise down the block, so I came to see what it was."

From the vantage point near the rear gate, the players out on the field looked minuscule. La Jolla, who had suffered through a month of games without their injured quarterback, Jackson Stratton, had been looking good in surging toward the six-point lead.

But now faces were looking grim on the home sideline, with the QB holding his right (throwing) arm the same way he had back on Sept. 10, when on a quarterback keeper he was able to run for extra yardage and was piled on at the end in an eventual 38-15 loss at Del Norte. From there, the Vikings' record had plunged to 3-7. But the CIF selection committee had been



La Jolla QB Kevin Steel (far left) drops back as he directs the Viking defense against Valley Center in a Division II second-round playoff game on Nov. 12. PHOTO BY ED PIPER

kind in granting them a favorable playoff spot.

"This is so exciting," said the first-time fan.

She struck up a conversation with some students standing on the other side of her. She turned and told me: "His brother is playing on varsity. He and his friends went out to get some food at halftime. They came back to see the end of the game.

"How could they leave a game this exciting?" She could not believe everyone didn't share the same peak excitement level she felt at the moment.

The visiting Jaguars were marching down the field toward a

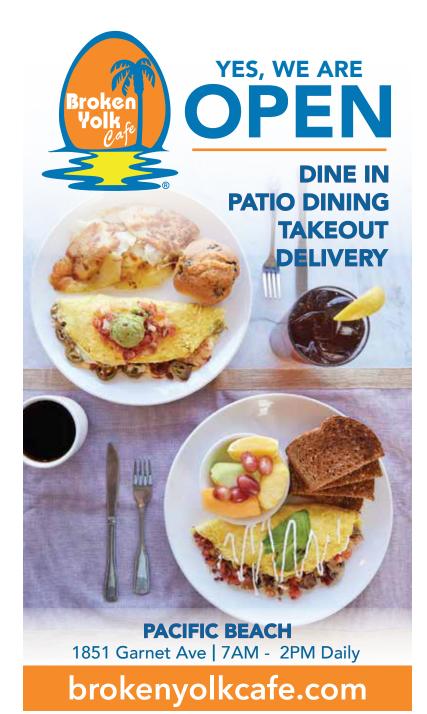
score. Quarterback Colton Paxton, running back Lucas Sinohui, and receiver Jake Dunckel contributed toward a touchdown, making the score 22-21 in favor of Valley Center. Five minutes left.

"What happens now?"

I explained that whatever team won went to the Division II semifinals next Friday. The loser went home for the winter.

"Now, who are the cheerleaders on this (visiting) side?" she asked. She was told Valley Center's, in turquoise and black. "Who are the cheerleaders in red?" La Jolla, she was told.

READ MORE ONLINE AT sdnews.com



# San Diego Wave FC acquires Abby Dahlkemper

#### **ATHLETE BIO**

Name: Abby Dahlkemper Position: Defender Height: 5 feet 7 inches Date of Birth: May 13, 1993 Birthplace: Menlo Park, Calif. International Caps: 77 - as of Nov. 15, 2021

Last Club: Houston Dash (NWSL) Awards: FIFA Women's World Cup winner: 2019; NWSL Defender of the Year: 2017; NWSL Best XI: 2017, 2018, 2019; NWSL champion: 2016, 2018, 2019; NWSL Shield winner: 2017, 2018, 2019; NCAA national champion:

🕇 an Diego Wave Fútbol Club announced this week that the club has acquired the rights to 28-year-old defender Abby Dahlkemper following the conclusion of the 2021 NWSL season from Houston Dash via a three-way trade that included North Carolina Courage. The U.S. international and World Cup winner is the first player announced to join Wave FC ahead of the club's inaugural season in 2022.

"Abby is one of the best centerbacks in the world and a proven winner at the club and international level," said Wave FC president Jill Ellis. "Having coached her with the USA, I know first-hand about the qualities she can bring to a team and a group. We look forward to welcoming her to San Diego and our club."



Abby Dahlkemper

Dahlkemper is one of the most decorated defenders in NWSL. She has played in the league since 2015, winning three NWSL Championships and being named to the Best XI three times. She earned NWSL Defender of the Year honors in 2017.

Upon execution of the trade, North Carolina Courage will receive \$190,000 in allocation monev and San Diego's natural first round draft selection in the 2023 NWSL Draft.

"I've followed Abby's career for a long time and always admired her qualities as a centerback," said Wave FC head coach Casey Stoney. "She's had a stellar career with the United States and in NWSL, and I coached against

her last year when she was playing in England. She's a top player who I feel has a lot to offer any team on the field and in the locker room. Those qualities will be of great value to our club as we build a team to be competitive in this league. I look forward to working with her on a daily basis."

Since making her international debut in 2016, Dahlkemper has been a constant presence on the backline for the U.S. women's national team and played the most minutes of any U.S. player during the Americans' victorious 2019 FIFA Women's World Cup campaign in France. Dahlkemper is a native of Menlo Park, Calif. and played college soccer at UCLA, where she won a NCAA national championship in 2013.

The NWSL's 12th and newest franchise will begin play at its temporary home, Torero Stadium, in spring 2022. The club's crest and permanent venue will be announced at a later date. Fans can learn more about Wave FC, sign up for ticket information and purchase club apparel at SanDiegoWaveFC.com.

# **Seals, Belmont Park** announce partnership

The San Diego Seals announced a multi-year partnership with historic Belmont Park in Mission Beach. The Seals and Belmont Park joined forces to create a unique partnership that brings together two of San Diego's entertainment properties.

"Belmont Park is an iconic attraction in San Diego and we're thrilled to launch this relationship," said Seals president Steve Govett. "Many of our fans already know and love Belmont Park. Now we're going to give them reasons to love it even more!"

Belmont Park opened on July 4, 1925 and has been a staple in the community ever since. The partnership will feature numerous creative activations including player headshots on the historic Giant Dipper roller coaster, Salty plush dolls as prizes at the park's Midway Games, trick shots around the complex, exclusive season ticket member experiences and more.

"We are very excited to partner with the Seals," said Belmont Park general manager Steve Thomas. "Their commitment to our community and youth, along with the fast-paced action of lacrosse, make this a perfect fit for Belmont Park."

Seals return to Pechanga Arena for Opening Night on Dec. 3.

# San Diego Strike Force names **David Beezer head coach**

announced the hiring of David Beezer as head coach for the 2022 season. Beezer, most recently athletic director for Christian Unified Schools, will report to new general manager Todd Durkin, who joined the team last

"I think he's a great fit for the Strike Force for several reasons.

The San Diego Strike Force Coach Beezer is a guy who is constantly working on ways to out-scheme and out-smart the opposition. He has the right temperament to lead the team. He exemplifies the winning culture our team and organization stand for. He expects the best out of his players and he's one of the most competitive people I know who wants to win a championship in year one and is committed to doing what it takes to get there. I love that," Durkin said.

> "He's lived in San Diego for decades so he understands our community and fan-base, and loves the idea of bringing winning professional football back in town."

> When the Indoor Football League's season kicks off, it will be Beezer's 30th year coaching football. Raised in San Diego, Beezer played football for Christian High School and then at Liberty University as a wide-receiver. After graduating, he joined Liberty's coaching staff under two-time NFL Coach of the Year Sam Rutigliano. Beezer returned to his high school alma mater in 1993 as head coach at age 23, immediately turning around a 1-9 team to winning three consecutive CIF championships.

> Former Strike Force starting quarterback, Michael Carrillo. played QB for Beezer at Christian High and won the CIF championship in 2013. As head coach or offensive coordinator, Beezer's teams have never had a losing season. He also took on the athletic director and director of development roles at Christian High and retired in 2020.

> "David was my first choice when I assumed the team president role. He cultivates winning teams. He cultivates a championship attitude. He cultivates leading men on the field. Everything about him is what it takes to win and win the right way," said San Diego Strike Force president Vivi Lin.



# Small businesses receive \$6 million in City COVID relief grants

ayor Todd Gloria announced this week the impacts of his grant program with The San Diego Foundation, which has provided \$6 million to more than 1,000 San Diego small businesses hardest hit by the COVID-19 pandemic.

"We thoughtfully crafted this program to help economically disadvantaged businesses build back their livelihoods," Gloria said. "These grants are a lifeline for many of our small businesses that have been struggling due to the residual impacts of the pandemic and the City, in collaboration with our community partners, is proud to step up during this difficult time to help support them."

Gloria's "Back to Work SD" budget allocated a \$10 million in financial assistance to small business and non-profits hardest hit by the COVID-19 pandemic and in historically underinvested communities. The San Diego Foundation provided an additional \$2 million to support local nonprofit organizations and increased the total program funding to \$12 million. So far, \$6 million in grants has been awarded to San Diego businesses.

This month, 1,055 small businesses were awarded grants of \$5,000. Businesses that had not received COVID-19 relief funding and industries most adversely impacted by the economic effects of the pandemic were prioritized

during the grant allocation process. Priority consideration was also given to businesses located in the following economically disadvantaged areas:

- · Promise Zone;
- · Low- to Moderate-Income CDBG Eligible Areas;
  - · Opportunity Zone;
- · Zip Codes with Higher than Average Unemployment Rates.

"The San Diego Foundation is committed to building just, equitable and resilient communities," said Pamela Gray Payton, chief impact and partnerships officer of The San Diego Foundation. "Through partnerships like these, we can ensure that pandemic assistance goes to the San Diegans who need it most. We're looking forward to announcing soon the recipients of our \$2 million in grants for community-based organizations serving the City of San Diego."

Grantees will need to complete a grant agreement and provide supplemental information before receiving their funds. Outreach Partners will be reaching out to make sure awardees complete the agreement and submit the appropriate documentation to receive their grants.

"The City of San Diego and The San Diego Foundation have demonstrated their commitment to equity and inclusion through their intentional outreach and partnership with the Central San Diego Black Chamber of Commerce by providing grants to underserved businesses," said Donna DeBerry, president and CEO of the Central

San Diego Black Chamber of Commerce. "Through our partnership, these grants have positively impacted and enriched the lives of so many of our underserved

business owners that can now recover and rebuild their American dream."

**READ MORE ONLINE AT sdnews.com** 

### City launches sidewalk sanitization pilot program

ith a goal of keeping San Diego clean, the City of San Diego this week announced the launch of a new pilot program for sidewalk sanitization that aims to help sidewalks remain cleaner, longer.

"Through evaluating the effectiveness of current efforts and creative thinking by our City and Clean Harbor crews, we're taking cleanliness to the next level," Mayor Todd Gloria said. "These sidewalk resets will prevent the spread of bacteria, beautify our neighborhoods and improve the quality of life for our residents and visitors."

Dubbed a "Sidewalk Reset," the City is now employing a deep-cleaning method to remove grime and build-up from sidewalks in Downtown, beach areas, and South Bay, among other areas being evaluated. Crews developed the new approach after noticing the regular sanitizing solution beading off the sidewalks due to build-up of grease and dirt.

Regular sidewalk sanitization



The sidewalk on Thomas Avenue before and after the City's deep-cleaning method to remove grime and build-up.

efforts consist of a quick spray application of a mist containing a mixture of water and bleach to kill bacteria. Alternatively, the Sidewalk Reset involves a deep power washing of the sidewalk and gutter, street sweeping and removal of the water and can take up to two hours per block. The new program, coupled with the regular sanitization cleanings, will be more effective in the longterm for overall sidewalk cleanliness and sanitization.

The City of San Diego's Environmental Services Department contracts with Clean Harbors to provide sidewalk sanitization services, as well as remove incidental hazardous waste, primarily consisting of human waste and hypodermic needles. The City's Stormwater Department assists with the street sweeping and removal of water runoff.

Since 2017, San Diego has sanitized sidewalks in areas across the City on a regular basis to prevent the spread of infectious diseases. Recently, the City increased those ongoing sanitization efforts to seven days per week due to an outbreak of Shigellosis among persons experiencing homelessness.







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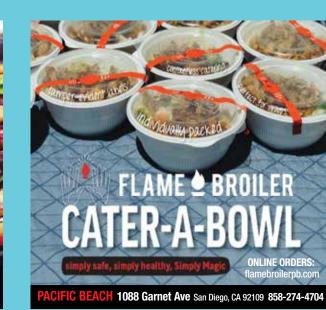
















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# Mission Bay, Torrey Pines students named Most Remarkable Teens in San Diego

By YVETTE URREA MOE

he San Diego County Public Defender's Office named its recipients of the 25 Most Remarkable Teens from around San Diego County for their civic contributions and efforts in categories such as environmental activism, community service, perseverance, mental health activism, courage to overcome personal adversity, arts and culture, and science.

"I didn't think teens could be any more inspiring than past years remarkable teens, but this year's nominees were beyond incredible, each and every one of them. Choosing just 25 to celebrate in 2021 was extremely difficult," said Randy Mize, San Diego County Public Defender. "San Diego teens continue to blow me away with their dedication, commitment, resilience and passion."

The program recognizes youth ages 13 to 19 for their accomplishments. The community submitted more than 150 teen nominations. Every nominee was interviewed by the San Diego County Public Defender Youth Council panel. Nominees all received a certificate of recognition.

Civic leaders and elected officials from San Diego County and the City of San Diego presented the awards Wednesday evening at the San Diego Central Library. This is the third year teens have

been selected for the program. Due to the pandemic, last year's awards were delivered personally to the teens at home by attorney advisors and youth council members

The local Most Remarkable Teens for 2021 are:



#### **KIERAN PEARSON**

Kieran Pearson, 17, Torrey Pines High, received his award in the LGBTQ activist category. He always knew he was different, even at a young age, but as he grew older, he didn't recognize himself and became depressed. With the help of his family, Kieran came out as transgender and is living his life authentically. He joined the school's Gender Sexuality Alliance club to help make it a safer space for future transgender students. He also volunteers with Trans Family Support Services, an organization that was instrumental in his own success and current relationship with his family.



#### **SITA ANTEL**

Sita Antel, 17, Mission Bay High School, received her award in the community service category for her hundreds of hours of volunteer service to the National Park Service. She serves as a docent at the Old Point Loma Lighthouse and recently created an award-winning exhibit for the 100th anniversary of women's right to vote at the Cabrillo National Monument. She is also president of her school's Model United Nations club and a member of the mock trial team.



AIDAN HALLINAN
Aidan Hallinan, 18, Mission

Bay High School, received his award in the mental health activist category. He is autistic and suffered from depression. He has been working tirelessly on his recovery with therapy. He launched a personal campaign on mental

health awareness to help other teens experiencing depression and anxiety. He also created a website called "Hopesparkk" to help struggling teens and adults dealing with mental health issues find hope and acceptance.

# La Jolla Country Day student selected for national civic fellowship program

By JENNIFER FOGARTY

arson Walker ('23) was selected from a nation-wide pool of competitors to be one of 10 student fellows for the Bill of Rights Institute Student Fellowship. This inaugural program helps Upper School students develop their skills in building a civil society. The fellows will meet virtually throughout the school year, then engage in a weekend capstone experience in Washington, D.C., in June 2022.

Walker is politically active and has used social media platforms to raise awareness on different political issues and upcoming elections. He also made calls, organized events and canvassed for Congressman Mike Levin.

"My dream is to play baseball and study political science before



Carson Walker

eventually going into politics and law," Carson said. "This program gives me the opportunity to get a sneak peek into studying American politics. I look forward to meeting the other nine people who were selected and hearing their viewpoints."

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# New Southern California media network offers advertisers 1.7 million engaged readers spanning from Newport Beach to San Diego and inland to Temecula wine country

#### Five hyper-local independent newspaper media groups combine to offer advertisers engaged print, online and social media audiences

oCal Media Network (socalmedianetwork.com), a newly formed alliance of independent community media news organizations, launched this week offering advertisers an opportunity to reach more than 1.7 million engaged readers of community newspapers, websites and social media channels.

The network is comprised of five different independent publishers with 19 standalone publications, websites and social media platforms located in coastal South Orange County, North San Diego County, wine country Temecula/Fallbook, and the greater San Diego area.

groups in the SoCal Media Network are: Firebrand Media, Picket Fence Media, Reeder Media, Coast News Group, and San Diego Community News

Orange County: Newport Beach Independent, Laguna Beach Independent, Coastal Real Estate, San Clemente Times, Dana Point Times, The Capistrano Dispatch.

North San Diego County: The Coast News, The Inland Edition. Riverside County: Valley News (Temecula).

San Diego County: Village News (Fallbrook), La Jolla Village News, Beach & Bay Press, The independent publishing Peninsula Beacon, Uptown

News, Downtown News, Mission Times Courier, Mission Valley News, La Mesa Courier, College Times Courier.

"I'm thrilled to align my brands with the other award-winning media brands in this new network," said Julie Main, owner and publisher of San Diego Community News Group, which operates nine brands in the greater San Diego area including La Jolla, Mission Bay, Downtown San Diego, and La Mesa. "Many of my advertisers have sought effective ways to reach other key marketing areas in Southern California, and our new network now provides the very best media platforms through which to reach key audiences."

Advertisers can place advertising network-wide directly through any of the five member organization's sales staffs, which can be reached at socalmedianetwork.com.

Additionally, the group announced the launch of "Explore SoCal," a staycation guide (print and online) to Southern California featuring original content and distributed through all of the network's 19 platforms including 350,000 print copies direct to current readers, newsracks and an expanded bonus distribution to key hotel operators in the markets.

"As established, trusted, independent hyper-local media business operators, we know that audience engagement driven by original, unbiased news reporting coupled with scale across multiple platforms yields results for advertisers," said SoCal Media Network's Norb Garrett, who is the CEO and publisher of Picket Fence Media based in Capistrano Beach. "By creating this new network, we can offer local, regional and national advertisers a simple, onestop, cost-effective way to reach these highly desirable audiences through our award-winning media brands across print, digital, social and video."

# SOHO highlights endangered historic sites in La Jolla, Pacific Beach, and Old Town

By DAVE SCHWAB

The 23rd annual Most Endangered List compiled by preservationist group Save Our Heritage Organisation features four beachfront spots, including the proposed NAVWAR/Old Town redevelopment, plus two sites in La Jolla, and another in Pacific Beach.

According to SOHO, San Diego's only countywide historic preservation advocacy group, these threatened sites both reflect and define San Diego's authentic character, and cry out for preservation while time remains.

"The purpose of the annual Most Endangered List is all about raising awareness among the public, property owners, decision-makers, students, and developers regarding threatened landmarks and memorable places in our historic built and natural environments," said SOHO's communications director Alana Coons.

A new site appearing this year on the list is the proposed NAVWAR/Old Town redevelopment offering five alternatives for redeveloping NAVWAR's World War II-era Old Town Campus. The Navy's preferred alternative is a public-private, higher-density, mixed-use development with a transit center and an estimated 30-year build-out.

"The project would negatively impact a minimum of 19 historically designated properties, including the National Historic Landmark Presidio Park with its sweeping city and bay views, the much-visited Old Town San Diego State Historic Park, and various historic places that tell the story of San Diego's early development around San Diego Bay," said Coons about why NAVWAR made the endangered



Chase Bank, at 4650 Mission Bay Drive, with its exquisite mosaics by a group of artists that includes the renowned Millard Sheets, and rare architectural design, remains under threat by the bank, which has development plans for a new branch building and a drive-thru restaurant.

"The proposed dense, mid- to high-rise buildings would forever block and literally overshadow San Diego's historic and cultural landmarks, oldest neighborhoods, and quintessential views." Coons pointed out the plant's three large hangars at OTC Site One are significant to San Diego's aerospace history and the nation's success during World War II,

This year's list of historic buildings, sites, and landscapes features once again the Red Roost/Red Rest beach bungalows above La Jolla Cove, and Pottery Canyon Kiln, as well as Home Savings Bank's mosaics in Pacific Beach.

Key among SOHO's endangered 2021 sites list are the vulnerable, dilapidated, and deteriorating redwood Red Roost and Red Rest bungalows, which have overlooked La Jolla Cove since 1894. The pair have appeared on the list for more than 25 years, longer than any other threatened historic resource. SOHO has referred to these two threatened structures as "demolition by neglect."

The other endangered La Jolla site is Pottery Canyon Kiln at 3034 Torrey Pines Road. Located on a private lot next to Pottery Canyon Natural Park in La Jolla, the endangered kiln is a round wood-burning adobe structure. While a designated historic site, the park is a developable parcel, so City staff must be diligent to ensure this unique resource is

Concerning Red Roost, Red Rest, Coons commented: "The owners recently submitted preliminary plans for rehabilitation, reconstruction, and relocation on-site. If the project goes forward with plans and permits for a historical resource and coastal development, then SOHO, planning groups, and others will weigh in before final approval. We hope this will be a final solution."

And of Pottery Canyon and its import, Coons said, "The historic



The Pottery Canyon Kiln, at 2725 Torrey Pines Road, is a wood-burning kiln on a private lot next to Pottery Canyon Natural Park in La Jolla, and is a fragile circular adobe structure. It is associated with Cornelio Rodriguez, who arrived in La Jolla from Guadalajara, Mexico in 1928 and produced pottery in the San Diego area.

kiln was designated in 1976 and remained in operation through the 1980s, making it the oldest operating kiln in San Diego and potentially all of Southern California."

Pacific Beach's entry on this year's list again is Chase Bank at 4650 Mission Bay Drive. Initially proposed for demolition by Chase to accommodate a drive-through restaurant and new bank building, this original Home Savings and Loan branch is the only one left in San Diego. With its exquisite murals and Modernist design, the building displays scenic San Diego mosaics, a bronze seal sculpture, and an interior folk mural.

"In the spring of 2020, when Pacific Beach Planning Group first learned of the Chase application for a City permit to demolish the building and build new structures, I spoke with SOHO representatives about their planned efforts to save the building, and also coordinated discussions with SANDAG representatives to explore relocating the mosaics to the new trollev station if the whole building could not be saved," said Karl Rand, Pacific Beach Planning Group chair.

"SANDAG was ready, willing, and able to accept the mosaics, and Chase representatives seemed interested in the idea too. However, no action has been taken on the Chase application itself since the spring of 2020. In the meantime, we are continuing to enjoy the building and the mosaics.'

Noting sites continue to be on the list "until they are saved, no longer threatened, or lost," Coons added more than 50 previously designated sites have been purged successfully from the list. She added the list is determined by "SOHO's Preservation Action Committee, staff, and the board of directors who all can submit a site, and the public is asked to submit sites as well."

For more information, visit sohosandiego.org.

# Continue lifelong learning at Osher Institute in La Jolla

By DAVE SCHWAB

sher Lifelong Learning Institute on UC San Diego campus is exactly what its name implies.

"It's learning for the sake of learning. Everybody is welcome," said Carol Roberts, current Osher board president, about the institute and its mission. "There's no prerequisites. No exams. The only time you have to read a book is if it's something the professor wants you to read that's pertinent. Nobody ever complains about that."

Volunteer-run under UC San Diego Extension, Osher is a membership program for adults age 50-plus who want to be part of a learning community with peers. The institute is committed to providing its members with intellectually stimulating learning opportunities year-long.

Participants pay an annual fee to take classes during semesters. Some 800-plus members elect executive officers and council members to establish organizational policy and to oversee a variety of volunteer committees.

Each quarter, Osher features lectures and seminars by faculty and researchers of the UC San Diego community, as well as local leaders, artists and musicians. Class topics include medicine, science, law and society, history, art and humanities, international relations, literature, politics and social sciences.

The instructional format includes informed, member-led discussions of current events, live drama and music. Periodic field trips and social gatherings enhance the Osher experience at UC San Diego.

Mark Evans, a La Jollan residing at White Sands, discovered Osher by accident 12 years ago after he retired.

"With two lectures a day five days a week, plus special-interest peer-led seminars, the Osher program is an intellectual feast," Evans said. "We can attend as many classes as we like, with ample opportunity to both follow our existing interests and explore unfamiliar subjects. The speakers are invariably world-class experts. So we're regularly exposed to cutting-edge research in the

sciences, penetrating insights in the arts and humanities, thoughtful analyses of politics, history, and foreign affairs. It's like being back in college, but without the exams, papers, and homework."

Added Evans: "The Osher experience is deeply enriching both intellectually and socially. We have made many good friends among our Osher colleagues, with whom we share a love of learning and an abiding intellectual curiosity. By every measure, Osher has been a highlight of our retirement years."

The institute is as much social as it is educational, agreed president Roberts, who is in her 80s and discovered Osher while looking for something else to do. "It's a great way to meet people coming to class or online. I just fell in love with it. It's just been a wonderful experience. The people are amazing from a peer point of view. We have pure lectures. So many people with talent, or stories to tell. And they're happy to share."

Osher's roots go back to 1974 and Dean Mary Walshok of UC San Diego Extension, who



A group of Osher Lifelong Learning Institute students learning about how guitars are made at world famous Taylor Guitar Company in El Cajon.

established what was then known as the Institute for Continued Learning. In 2007, The Bernard Osher Foundation awarded ICL an initial grant followed by a \$1 million endowment to establish the Osher Lifelong Learning Institute

at UC San Diego. What started out as a small group of 30 peers has since grown to over 800 lifelong learners.

For more information, visit Osher Lifelong Learning (ucsd. edu).

# San Diego author to debut sci-fi novel at Comic-Con Special Edition

By DAVE SCHWAB

Thomas Mariani has a science-fiction affliction.

That is why he's seen every episode of every TV series in the ever-expanding universe of the Star Trek franchise, which has warped over the past 55 years into films, TV series, video games, novels, and comics.

Star Trek is what inspired Mariani, 42, a San Diego information technology professional, to write his recently released debut sci-fi novel, "Space Faction." He will be promoting "Space Faction" at the Comic-Con Special Edition on Thanksgiving weekend Nov. 26-28. Mariani will have a table in the Artist's Alley section of Comic-Con International, which is returning to San Diego after a two-year hiatus.

It is at Comic-Con where Mariani will officially launch "Space Faction," the story of a society in a galaxy far far away where war has raged for years. Tired of the senseless killing, a small group of people bands together to try and end it once and for all. When they are unsuccessful, they figure a way to escape the galaxy and start over.

And, just like the author's beloved Star Trek, the message of Mariani's new book is simple: There is always hope – even if things look bleak.

"I pushed to get a table at Comic-Con because I thought it would be a perfect avenue full of sci-fi fans and gamers for the kind of novel I wrote," said Mariani, who grew up watching reruns of the original "Star Trek" TV series with his dad. "That gave me the idea that we could have a good future, like that in the Star Trek utopia, where we're not alone in the universe anymore and we can live as a species enjoying what the technological future holds with space travel."

Mariani said the genesis of "Space Faction" actually began with "a game idea" he and some friends worked on for a while that never came to fruition. "I worked heavily on the story arc of the game, fine-tuned it, and a couple of years later said, 'I'm going to write this,' he said. "And I expanded the world around those ideas and the character and just ran with it."

Discussing his evolving writing style, Mariani said: "My first inkling was just to get the story on paper, get it done." Of how he got started out with "Space Faction" Mariani noted, "Generally I have a base idea of what would make a good book and I start writing from there. As I'm writing, the novel almost writes itself. I don't know how it's going to end. Sometimes I don't know how it's going to start. Sometimes I start in the middle and work my way back - or forward. Then I flesh out the ending, which depends on how the other areas of the book get evolved."

Mariani clearly is going where few IT professionals have gone before with pure, hyper-imaginative science fiction. "I am writing another novel right now, it's going to be closer to Earth than 'Space Faction,'" he said adding, "And 'Space Faction,' I want to make it a trilogy."

Of his characters in "Space



Thomas Mariani's science-fiction novel 'Space Faction.'

Faction" Mariani noted: "My main character and my main villain, I put a lot of forethought into those characters. They were really like my little babies."

Circling back to Star Trek in particular, and science fiction in general, with their frequently socially relevant themes Mariani, noted: "From the earliest days science fiction has had more to do with the stories, then with the special effects. The good stories are what drove people to the genre."

And the author likes that sci-fi films, movies and books are usually technology-propelled. "It's about how civilizations or species change with technology, sometimes for the good, sometimes for the bad," Mariani said. "Science fiction always represents a huge leap forward – or a huge leap backward – toward an apocalypse or a future utopia. There's always some form of major change that happens in most science-fiction stories. It's a window into what we can become, for better or worse. And we can learn a lot from science fiction about where we can go."



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#### LEGALS

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9024349 Fictitious Business Name(s) a. SO CAL PANGA Located at: 3838 47TH ST, SAN DIEGO, CA 92105 Is registered by the following: a. PANGWERO LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: N/A Registrant Name: a. PANGWERO LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor DANIEL BEDENKO, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: OCTOBER 29, 2021. ISSUE DATES: NOVEMBER 5, 12, 19 & 26

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2021-00046844-CU-PT-CTL SUPERIOR COURT OF CAL-IFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101: BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): STEPHANIE WATSON HUN-SAKER and SHAUN BRAD HUNSAKER filed a petition with this court for a decree changing names as follows: Present name: a. ELISE GRACE HUNSAKER To Proposed name: ELISE MARGIE HUNSAKER. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 12/20/21 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following news-paper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: November 4, 2021. JUDGE OF THE SUPERI-OR COURT LORNA ALKSNE ISSUE DATES: NOVEMBER 12, 19, 26 & DECEMBER 3

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9024415 Fictitious Business Name(s) a. SUN AND SAGE Located at: 3146 VANCOUVER AVENUE, SAN DIEGO, CA 92104 Is registered by the following: a. ALEXIA MARISELA MA-GALLANES b.ELISABETH MARIE YAOTANI This business is conducted by: A GENERAL PARTNERSHIP first day of business was: 10/25/21 Registrant Name: a. ALEXIA MARISELA MAGALLANES b.ELISABETH MARIE YAOTANI Title of Offi-The Statement was filed with Ernest J. Dronenburg, Jr. Re-corder/County Clerk of San Diego County on: OCTOBER 30, 2021. ISSUE DATES: NOVEMBER 12, 19, 26 & DECEMBER 3

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9024525 Fictitious Business Name(s) a. SPTN b. STAYING POSITIVE TESTING NEGATIVE Located at: 4191 MT EV-EREST BLVD, SAN DIEGO, CA 92111 Is registered by the following: a. SPTN, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was:
N/A Registrant Name: SPTN, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor EDWIN WIED-MANN, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 1, 2021. ISSUE DATES: NOVEMBER 12, 19

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-LAUNDRY Located at: 2267 GARNET AVENUE, SAN DIEGO, CA 92109 Is registered by the following: a. GARNET AVE-NUE, LLC This business is conducted by: A LIMITED LIABIL-ITY COMPANY first day of business was: N/A Registrant Name: a. GARNET AVENUE, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor ETHAN HAR-KLEROAD, MANAGER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: OCTOBER 30, 2021. ISSUE DATES: NOVEMBER 12, 19, 26 & DECEMBER 3

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9024982 Fictitious Business Name(s) a. THE TRAINING CENTER Located at: 2949 GARNET AVENUE, 3RD FLOOR, SAN DIEGO, CA 92109 Is registered by the following: a. CSC PB, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 11/05/21 Registrant Name: a. CSC PB, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor CHRISTIAN LEBEN. MANAGER The statement was filed with Ernest J. Dronen-NOVEMBER 8, 2021. ISSUE DATES: NOVEMBER 12. 19. 26 & DECEMBER 3

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9024984 Fictitious Business Name(s) a. BY MARI PHO-TOGRAPHY Located at: 10882 ANGOLA ROAD, SAN DIEGO, CA 92126 Is registered by the following: a. MARICRUZ CARDENAS This business is conducted by: AN INDIVIDUAL

#### See **LEGALS**, Page 16

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#### CARBON» CONT. FROM PG. 5

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approved a multi-year Zero Emissions Bus Pilot Program. The decision builds upon MTS' strong track record of operating one of the cleanest public transit fleets in the nation.

On Sept. 17, 2020, the MTS board of directors approved the agency's plan to get the bus fleet

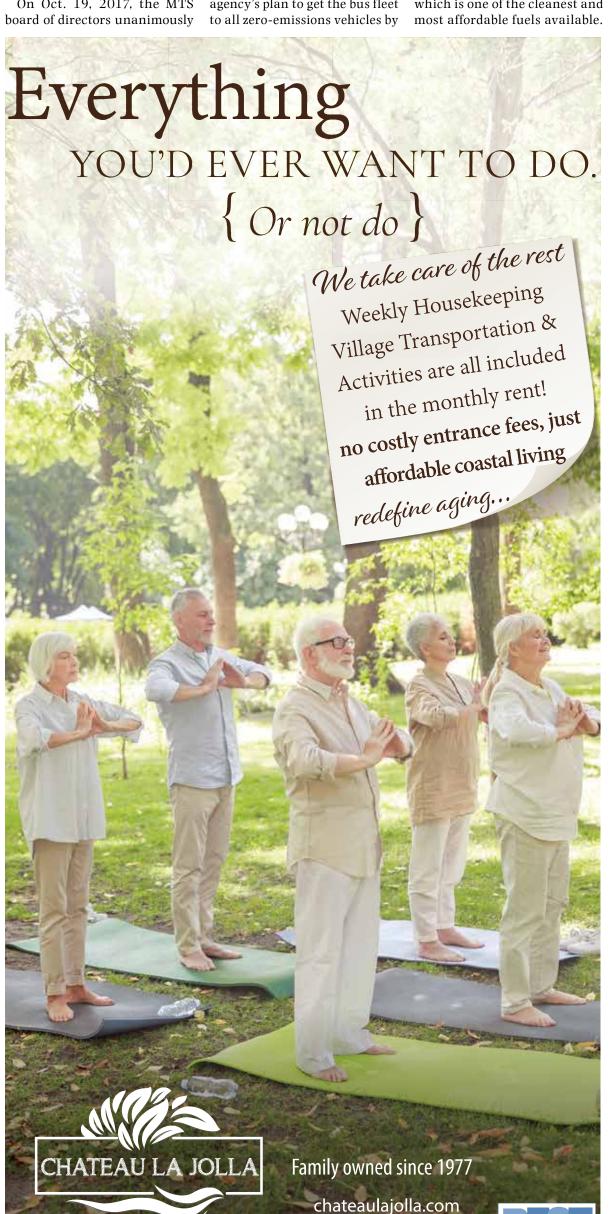
2040. The plan will fast-track the purchase of 17 vehicles over the next two years including the agency's first 60-foot articulated electric buses.

Currently, the entire MTS fleet of 40- and 60-foot buses use compressed natural gas, which is one of the cleanest and In addition, MTS also operates 130 zero-emission light rail (trolley) cars.

Moving toward carbon neutrality is a difficult task, but one that needs to get done, said Marsden of CAC.

"People are afraid of change and they've been using fossil fuels for a really long time," she pointed out. "But we've found that the percentage of people who care about climate action is much higher than people think. We all have to learn to be vocal. and to inspire other people to be vocal."

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8 6 2 1 4 6 9 3 6 2

# Fill in the blank cells using number 1 to 9. Each number can appear only once in each row column and 3x3 block. Use logic and process elimination to solve the puzzle. **CROSSWORD PUZZLE** 16 25 28 43 49 53 56 60 63 65

#### **CLUES ACROSS**

- 1. Leg shank
- 5. A way to recognize
- 11. "VeggieTales" character
- 12. Getting out of by cunning
- 16. Mythological mountain
- 17. Atomic #18
- 18. Viscous liquid 19. 2010 Denzel film
- 24. 12th star in a constellation
- 25. Made better 26. Pouches
- 27. Nervous twitch

#### **CLUES DOWN** 1 A way to fit out

- 2. Football carries
- 4. Maintaining equilibrium
- Sealed with a kiss
- 6. Type of container 7. Hollywood

- 14. Candidate
- 8. We
- 9. Small freshwater ducks 10. Norse personification of old age
- 13. Says who you are 37. Anger
- 15. Sugar found in honey & fruits 20. Defunct language (abbr.)
- 21. Take too much

28. This (Spanish)

31. Afrikaans

38. Leaseholder

40. Popular dance

(abbr.)

45. Mark

29. Tennis legend Bjorn

34. Treated with kid gloves

39. Frogs, toads, tree toads

43. Sailing maneuver: tack &

- 22. Iranian province 23. Records electric currents \_ and feathers
- 29. Beloved Mr. T character 30. More (Spanish)
- 31. Beverage 32. Promotional material
- 33. Green vegetable 34. National capital 35. To any further extent
- 36. Swollen, inflamed lymph node
- 38. Pound 40. Popular Yugo

- 30. Hand (Spanish) 53. Execute or perform 33. Int'l interpreters organization
- 50. Custom clothing brand 51. One who makes suits

49. Health insurance

- 54. Degree of pleasantness when
- tasting
- 56. Equal to roughly 5.6 bushels
- 58. Blood group
- 59. Imaginary line
- 60. Hopeless
- 63. Darken
- 44. Indicates speed of rotation (abbr.) 64. Spoke 65. Work units
  - 41. Salt of acetic acid 42 Millihenry
  - 44. Israeli city \_\_\_ Aviv
  - 45. Make wide 46. Drink containing medicine
  - 4/. Acknowledging
  - 48. Private, romantic rendezvous
  - 50. Calvary sword 51. Disease of the lungs
  - 52. 2001 Spielberg film
  - 54. Fleshy, watery fruit 55. In one's chambers
  - 57. Set of information (abbr.)
  - 61. Dorm employee 62. Indicates position

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# City acquires 100 new works of art created by San Diego artists

The economic impact of the COVID-19 pandemic on artists is projected to last for months, if not years. During the stay home order, many artists were left with few ways to exhibit their work and or generate income. With that in mind, the City of San Diego last year launched two initiatives to support local artists: SD Practice and Park Social.

Earlier this year, the City announced 100 new acquisitions from 89 local artists are being added to the Civic Art Collection through the SD Practice initiative, which focused on the purchase of existing artworks from San Diego area artists. This initiative aims to support artists affected by the COVID-19 pandemic, advance the mission of the Civic Art Collection, and increase collection holdings by acquiring new works that reflect the rich diversity of artistic talent and expression in San Diego.

Acquisition of these new works was made possible through a \$500,000 gift from the estate of Thomas O. Rasmussen, an avid contemporary art collector. Rasmussen, who died in 2014, desired to expand the presence of artwork in public facilities

'With these artworks, many of which are the first by these artists to enter the Civic Art Collection holdings, we will be able to ensure that the collection continues to grow and deepens understanding of contemporary art and local art





Artist Alida Cervantes' Salta pa' lante (Jump Forward) - acrylic spray paint and oil

histories," said Christine E. Jones, chief of civic art strategies of the City's Commission for Arts and Culture. "It's also important to grow awareness of San Diego artists and to help support them at such a difficult time."

The new acquisitions span artistic media from painting, sculpture, drawing, print, photography and video, installations and textiles. They reveal key aspects of San Diego's art practices and, in most cases, are the City's first works by the respective artists.

In an effort to acquire artworks, the City issued a request for proposal (RFP) and 552 artists responded. The RFP was open to practicing artists residing in San Diego County. The City convened a panel of five jurors to

assess eligible artwork applications considering the priorities of the SD Practice initiative, which aims to strengthen and diversify the collection while underscoring the City's commitment to working artists and their important role in civic life.

The panel included local art professionals:

- Anthony Graham, associate curator, Museum of Contemporary Art San Diego and Commission for Arts and Culture Public Art Committee member.
- Eun Jung Park, assistant professor, Art Department, Southwestern College and Commission for Arts and Culture Public Art Committee member.

**READ MORE ONLINE AT sdnews.com** 

### **LEGALS** »

first day of business was: 10/01/2021 Registrant Name: a MARICRUZ CARDENAS Title of Officer, if Limited Liability filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 8, 2021. ISSUE DATES: NOVEMBER 12, 19, 26 & DECEMBER 3

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9024340 Fictitious Business Name(s) a. SAN DIEGO EV RENTALS Located at: 2957 W CANYON AVE, SAN DIEGO, CA 92123 Is registered by the following: a.TRABOULAY CAP-ITAL, INC This business is conducted by: A CORPORATION first day of business was: 10/21/21 Registrant Name: a.TRABOULAY CAPITAL, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor ERIC TRABOU-LAY III, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San D on: OCTOBER 28, 2021. ISSUE DATES: NOVEMBER 12, 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9024714 Fictitious Business Name(s) a. DEEP BLUE POOL CLEANING Located at: 2839 SHELTER ISLAND DRIVE. SAN DIEGO, CA 92106 Is registered by the following: a. COLIN OLSON This business is conducted by: AN INDIVIDUAL first ay of business was: 10/01/2021 Registrant Name: a. COLIN OLSON Title of Officer, if Limited Liability Company/Corpo ration Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 3, 2021. ISSUE DATES: NOVEMBER 12, 19

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2021-00046689-CU-PT-CTL SUPERIOR COURT OF CAL-IFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED **ELMORE and MATTHEW RYAN LEE OSUNA filed a petition** with this court for a decree changing names as follows:
Present name: a.MARIA ANGELINA LANGIT ELMORE TO Proposed name: MARIA ANGELINA LEE b.. MATTHEW RYAN LEE OSUNA To Proposed name: JACOB RYAN LEE 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the netition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 12/20/21 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least of week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: November 3, 2021. JUDGE OF THE SUPERIOR COURT LOR-NA ALKSNE ISSUE DATES: NOVEMBER 19, 26 ,DECEMBER 3 & 10 ATTACHMENT TO ORDER TO SHOW CAUSE - Name Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECI-FIED IN THE ORDER TO SHOW CAUSE. The Court will review

the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requiremen have not been met as of the date specified, the court will mail you a written order with further directions. If a timecontact the parties by mail with further directions. IF YOU ARE A RESPONDENT OR JECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hear ing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause or the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9025213 Fictitious Business Name(s) a. NBI UPHOLSTERY Located at: 3749 SPORTS ARENA BLVD, SAN DIEGO, CA 92110 Is registered by the following: a. DAVID E EVANS b.TIMOTHY D EVANS This business is conducted by: A GEN-ERAL PARTNERSHIP first day of business was: 7-1-1972 Registrant Name: a. DAVID E EVANS b.TIMOTHY D EVANS Title of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. on: NOVEMBER 10. 2021, ISSUE DATES: NOVEMBER 19, 26 DECEMBER 3 & 10

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-CENCE Located at: 2726 SHELTER ISLAND DRIVE NO 336. SAN DIEGO, CA 92106 Is registered by the following: a. THE FLOURESCENTS, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: Title of Officer, if Limited Liability Company/Corporation Title of Signor PETER C. A'HEARN The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 09, 2021. ISSUE DATES: NO-VEMBER 19, 26 , DECEMBER 3 & 10

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9025375 Fictitious Business Name(s) a. CLIPS AND TREATS Located at: 7360 PARK RIDGE BLVD #218, SAN DIEGO, CA 92120 Is registered by the following: a.SYLWIA PERS This business is conducted by: AN INDIVIDUAL first day siness was: 11-09-2021Registrant Name: a.SYLWIA PERS T Title of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J.
Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 13, 2021. ISSUE DATES: NOVEMBER 19, 26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9023831 Fictitious Business Name(s) a. PARADISE CUSTOM POOLS, INC Located at: 8626 SIESTA ROAD, SANTEE, CA 92071 Is registered by the following: a. DOMINIC GIORDA-NO This business is conducted by: A CORPORATION first of business was: 06/01/92 Registrant Name: a. DOMI-NIC GIORDANO This of Officer, if Limited Liability Company / Corporation Title of Signor DOMINIC GIORDANO, PRESIDENT OWNER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: OCTOBER 2021. ISSUE DATES: NOVEMBER 26, DECEMBER 3,10

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-

9025496 Fictitious Business Name(s) a. GIFT - OF - LIGHT Located at: 1871 VENICE STREET, , SAN DIEGO, CA 92107 Is registered by the following: a JAMES YUTAKA YAMAUCHI This business is conducted by: AN INDIVIDUAL first day of business was: 11-09-2021Registrant Name: a. JAMES YUTAKA YAMAUCHI Title of Officer, if Limited Liability Com pany/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of Sar Diego County on: NOVEMBER 16, 2021. ISSUE DATES: NO-VEMBER 26, DECEMBER 3,10 & 17,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9024772 Fictitious Business Name(s) a. PACIFIC BEAUTY SPA Located at: 4150 MISSION BLVD, SUITE 109, , SAN DI-EGO, CA 92111 Is registered by the following: a JESSIE GUIDA This business is conducted by: AN INDIVIDUAL first day of business was: 11/01/21 Registrant Name: a JESSIE ration Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 04, 2021. ISSUE DATES: NOVEMBER 26, **DECEMBER 3,10 & 17** 

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021ess Name(s) a. SoCal Pip Located at: 10246 LAIRWOOD DRIVE, SANTEE, CA 92071 Is registered by the following: a. SoCal Pipeline, LLC business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: n/a Registrant Name: a. SoCal Pipelin LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor Sheree Henson, President The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 06, 2021. ISSUE DATES: NOVEMBER 26, DECEMBER 3,10 & 17,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9025811 Fictitious Business Name(s) a. WIND GODDESS RETREATS Located at: 4604 ALHAMBRA STREET, SAN DIEGO. CA 92107 Is registered by the following: a. TRADEWIND ANVENTURES. LLC business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 11/1/2021 Registrant Name: a. TRADEWIND ADVENTURES, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor ANNE M GARDNER, MEMBER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 18, 2021. ISSUE DATES: NO-VEMBER 26. DECEMBER 3.10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9025845 Fictitious Business Name(s) a. RELIEVE PAIN CENTER, INC Located at: 3969 4TH AVE, SUITE 208, SAN DIEGO, 92103 Is registered by the following: a. RELIEVE PAIN CENTER, INC business is conducted by: A CORPORATION first day of business was: 11/1/2021 Registrant Name: a RELIEVE PAIN CENTER, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor BRANDON VAN NOORD, CEO SECRETARY The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 19, 2021. ISSUE DATES: NOVEMBER 26. DECEMBER 3.10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9025666 Fictitious Business Name(s) a. AMETHYST AESTHETICS Located at: 3589 MIDWAY DRIVE, SAN DIEGO, CA 92110 Is registered by the following: a. AMETHYST MEDICAL SPA, LLC business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 09/21/21 Registrant Name: a. AMETHYST MEDICAL SPA, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor MICHELE A ERWIN, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 17, 2021. ISSUE DATES: NOVEMBER 26, DECEMBER 3,10 & 17,

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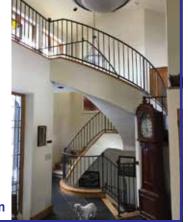








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# Our generation in transition: How to age bright-eyed and bushy-tailed



Doing it Better

By Natasha Josefowitz, Ph.D.

arge affairs are not performed by muscle, speed, nimbleness, but by reflection, character, judgment. In age, these qualities are not diminished but augmented.

~ Marcus Tullius Cicero (106-43 BC) at age 62

If we don't want wrinkles and grey hair, we'll have to die young! As this is not something worth considering, let us examine the alternative: aging. More than 10,000 people turn 65 every day in the United States, and people are living longer. In 2019, the average life expectancy of American men was 76 years, while for women it was 81. Accordingly, I am already living 15 years beyond what is projected. Until very recently, I thought of myself as old, that was until I realized it is my children who are old; I am in a new category called old-old.

I have begun to notice that formerly flat surfaces leading to my home have suddenly become small hills, that stairs have become steeper, grocery bags heavier, while newspapers are reducing the size of their print on a yearly basis and everyone around me has started to mumble.

Those aren't the worst changes we face. Yes, we are forgetting everything! From the name of our best friend the moment we have to introduce her, to the phone number we were dialing two seconds ago. We think we have Alzheimer's every time we misplace our keys, wallet, or the piece of paper upon which was written our list of things to remember.

I don't remember my parents worrying about this loss of memory as much as all my friends and I do. Think of how much more is stored in our brains than a generation ago. We are overloaded with information, much of which is not pertinent to our daily lives. I know that I am more interested in and more knowledgeable about a host of significant as well as insignificant facts.

Bewildered as we may be by the overload of data, let's take advantage of it. Some of the more fascinating, recent research centers on brain function. New discoveries show that our brains can keep growing until the day we die as long as we keep them active and challenged. New neurons grow and new synapses are made every time we take on a new mental effort, like learning a new language (which is the same as becoming adept at my computer). The problem stems from the fact that what I learn today, I forget tomorrow—unless I keep using it on a regular basis.

Communication has radically changed over the centuries—from cave paintings, smoke signals, and drumbeats to the written language: from letters on the Pony Express, the telegraph, and then telephones with party lines to landlines to cell phones. I don't type anymore; I dictate with Siri correcting my spelling and Alexa functioning as my encyclopedia. I have talked to my doctors via TeleHealth, getting prescriptions sent directly to the pharmacy, who, in turn, deliver them to me the same day.

I record all TV shows and watch them at my leisure (skipping commercials!) As I don't cook, I order meals by phone. Most restaurants have online menus for carry out or delivery services. Grocery stores deliver ready-made meals. I don't shop in stores anymore and continue to contribute to the success of Amazon by getting everything I need online. I purchase clothes and shoes from catalogs with a return label included, so that I don't even have to go to the post office or UPS to return any unwanted items. I bank online, exercise and attend committee meetings on Zoom. I work virtually with my assistant using FaceTime.

We live in a radically, fast-changing and ever-evolving world. We are the generation that dealt with one transition and is currently in the midst of the next one. We left the world of our parents, which was familiar and comfortable, to enter the new world of technology, unfamiliar and often stressful.

Today we are orbiting in a foreign world, a realm of artificial intelligence and holograms, without the usual accouterments of our lives, from the anticipated demise of post offices, newspapers, landlines, and checks. Books and music are accessed electronically, and soon it will be flying taxis and deliveries by drones...a world our parents could

have hardly imagined. Our future will be both overwhelming and exciting. Will we be able to keep up? We will certainly try. We are the generation in transition.

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2021. Natasha Josefowitz. All rights reserved.

### Feeding San Diego calls for support from the local community this holiday season

This month is the start of Feeding San Diego's Give Hope, Share Joy fundraising campaign. Funds raised will help sustain large scale drive-through food distributions, cover rising food and transportation costs, increase food supply to mobile pantries in rural areas of Eastern San Diego County, and provide meals for children and families in partnership with school districts and other youth-based programs. Last year's campaign raised more than 10.1 million meals and the goal is to surpass that this year.

While the COVID-19 pandemic continues, the fallout has affected thousands of San Diegans who have lost loved ones, are navigating a career change, or are struggling to cover all their expenses while the cost of nearly everything continues to skyrocket. Thousands of low-income families, children,

seniors, college students, military families, and veterans need the community's help, now and for the foreseeable future.

The following are ways for the community to get involved:

- Double your impact with your gift to help end hunger through food rescue. Thanks to a \$75,000 matching donation from The David C. Copley Foundation and Steve and Ruth Netzley every dollar you give on Nov. 30 (Giving Tuesday) doubles to help feed local families.
- · Become a team for good. Local businesses and corporations are invited to engage employees and support a culture of philanthropy by participating in the Teams for Good program and volunteering at the Feeding San Diego headquarters in Sorrento Valley.

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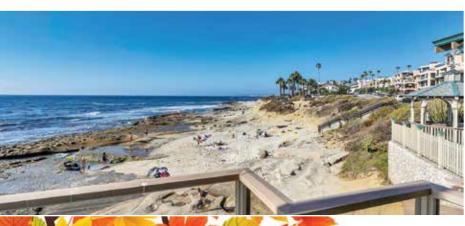
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### PB Fun Fact:

Thanksgiving is one of the reasons TV dinners exist. In 1953, Swanson packaged his extra turkey onto aluminum trays with other sides, like sweet potatoes, and that is how the first TV dinner was born.