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Mural project needs volunteers
SEE PAGE 10



Rose Creek Bikeway issues
SEE PAGE 4



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DOG DAYS OF SUMMER

PB'S LATEST SOCIAL MEDIA STAR BRUCE KEEPS COOL
SEE PAGE 13

San Diego Bruce stays cool during the hot summer. The golden retriever's Instagram @san_diego_bruce has nearly 10,000 followers and his videos have more than 1 million views. COURTESY PHOTO

Fannie and William Payne Park dedicated in Pacific Beach

By DAVE SCHWAB

San Diego Unified Board of Education President Richard Barrera joined San Diego Mayor Todd Gloria in dedicating the Pacific Beach Middle Joint-Use Field after Fannie and William Payne, African-American educators who overcame adversity in the 1940s, at an Aug. 5 ceremony.

Students and community representatives who advocated for the "Fannie and William Payne Joint-Use Field and Community Park" also spoke at the special event.

"It is so important for our kids to know

that they have a voice and they can make a difference in their community," said Kimberly Meng, PB Middle School principal. "That's the purpose of education, giving our kids the tools and skills so they can make the world a better place. And this is a perfect example of it."

"It's about coming together, wanting to learn and grow," said PB resident Regina Sinsky-Crosby, who, along with Paige Hernandez, aided in the park renaming effort. "This renaming has been a year in the making, hundreds of emails, hours of Zoom meetings. This is Payne Park now. We got



Fannie and William Payne

this done."

"It's a great park and we're happy that this has righted a wrong," said Marcella Bothwell, Pacific Beach Town Council president. "We can't do a lot of things – but we can do this."

"It's left a stain on the community that I'm happy to see now, 45 years later, that it is finally being addressed and rectified to try and erase that stain," said Michel Anderson of San Diego Parks Foundation. "It's long overdue."

See PARK, Page 9

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La Jolla lowers decibels with electric leaf blowers

By DAVE SCHWAB

Nissho of California, the company servicing the maintenance assessment district overseen by Enhance La Jolla, unveiled its new quieter electric battery-operated leaf blower that it began using Aug. 1 at the MAD's July 15 meeting.

"Nissho has been a good partner and we want to show you their brand new \$3,000 battery backpack leaf blower," said Ed Witt, chair of the 13-member board of nonprofit Enhance La Jolla, which runs the MAD. "A lot of people have been talking about leaf blowers being noisy and polluting. So we started talking to Nissho about that, and it's (electric leaf blowers) a lot of money, but it's going to happen eventually. We thank Nissho for stepping up and buying that."

Before demonstrating the new leaf blower, Ben Colton of Nissho talked about the rationale behind switching from gas to electric power.

"A lot of what we've heard from the community is the gas-powered blowers are old and outdated and make a whole lot of ruckus and keep people up, disrupt Zoom calls, and all of the above," he said. "So, in an effort to alleviate that, we wanted to take a step into the future and go with the way the trend is going."

Colton noted other municipalities, specifically Del Mar and Palm Springs, have switched to electric-power leaf blowers.

"Gas-powered blowers range anywhere from 120 to 120 decibels when operating," he said. "And the challenge with any type of gas-powered engine is they continue to idle and run, so it's a continuous noise that disturbs everybody and doesn't sound great. The difference with all-electric is that it operates with a backpack in the low 90s decibel range, which is pretty phenomenal. The sound isn't carrying in a business district. It's being cut down by the actual buildings themselves."

Colton noted the electric battery packs on the new leaf blowers are also long-lasting. "The run time on a backpack on the low setting is up to eight hours, two or three hours on full force," he said. "It doesn't take us more than 1 ½ to two hours in the morning to leaf blow, so this will more than do that."

Pointing out the business district's main thoroughfare from Girard Avenue to Pearl Street is leaf blown daily, Colton noted the cost of the new blowers is substantially more. "A standard gas-powered blower, since they're mass-produced, is \$200 to \$300," he said. "This one with the new electric technology and my boss

decided to go top of the line, is just under \$3,000, \$2,800."

The transition from gas to electric power to lessen greenhouse gas emissions across the board continues as environmental and other civic groups have joined recently to consider forming a coalition advocating a gas-powered leaf blower ban.

"Gas-powered leaf blowers create high levels of formaldehyde, benzene, fine particulate matter, and smog-forming chemicals that are known to cause cancer and are harmful to the environment," La Jolla Patty Kushner of the League of Women Voters, which is backing the ban, said previously. "We are working on forming a coalition with several local environmental groups – SD350, The Sierra Club, Ban Leaf Blowers San Diego, and others – in support of the ban consisting of approximately 35,000 people."

An organizational Zoom meeting was held on May 7 attended by 14 supporters of banning gas-powered leaf blowers. They are advocating devising a new City ordinance with a possible buy-in or trade-in policy requiring leaf blower users to convert from gas to electrical power.

A similar anti-gas-powered leaf blower ordinance, passed by the City of Coronado, has been in effect since Jan. 1.



Ben Colton of Nissho demonstrates the electric battery-operated leaf blower.

COURTESY PHOTO

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Rose Creek Bikeway still plagued by graffiti, trash, encampments

Fixing it has become a path of red tape, lack of funding, and jurisdictional issues

By DAVE SCHWAB

Outraged that Rose Creek Bikeway is already being trashed soon after being opened, Pacific Beach resident and bicyclist Nanci Dalzell wants the City to be aware of it and correct it.

"In less than a month of its grand opening, this beautiful nature trail was defamed by homeless camps, graffiti, and excess trash," said Dalzell about the new bikeway connecting with the Coastal Rail Trail leading to UC San Diego. Her remarks came during a recent weekend show-and-tell ride on the picturesque trail.

Noting portions of the new bicycling path are pristinely clean, Dalzell showed how other parts of it are being strewn with garbage and defaced by gang graffiti. She also pointed out where the bike path's fence has been slashed to allow access to makeshift encampments with fire pits.

"The shelter system is broken and we need to always remember that a shelter is temporary, not permanent housing," said Caryn Blanton, co-chair of Pacific Beach-based homeless provider Shoreline Community Services, about encampments. "We know there is a shortage of affordable housing. There is also a shortage of shelter space. The shelter system



Pacific Beach resident and bicyclist Nanci Dalzell points out graffiti and where the bike path's fence has been slashed. PHOTO BY DAVE SCHWAB

can be restrictive for some people. Many shelters ask for residents to agree to sobriety before entering a program. This excludes many of those who are most in need of being inside."

Added Blanton: "Being in an encampment provides the safety of a group, a community of people who share a common problem and understand one another, autonomy and a certain amount of privacy. Due to the pandemic, services provided to those experiencing homelessness have been reduced and SDPD and SD County Sheriff's Department have reduced

enforcement.

"As of June, the County and the City have joined together to implement new initiatives to address issues of homelessness with a focus on those who need mental health services and addiction/substance use programs. A total of \$10 million has been approved by the San Diego City Council towards these efforts and to support the Homelessness Strategies Department," Blanton said.

"Homeless encampments are illegal and generally can be in violation of one or more state or local laws or ordinances. The most

common are illegal lodging, unauthorized encroachment, and overnight camping," said SDPD spokesman Lt. Adam T. Sharki.

"When complaints regarding homeless encampments are submitted to the City of San Diego, mostly via the Get It Done app, the Neighborhood Policing Division (NPD) is the unit assigned to respond. If an encampment has been identified, particularly in remote areas, and is found to be inhabited, efforts are made to first send out the Homeless Outreach Team to connect the individuals with shelter or services, prior to enforcement," Sharki said.

"This graffiti has been here since the trail opened," said Dalzell, posing next to a long tunnel covered end-to-end with it. She added, "It appears as fast as it's covered. Some people say that's art. You know what? It's graffiti."

City senior spokesperson Anthony Santacrose noted there are overlapping problematic jurisdictional issues with the Rose Creek Bike Path/Coastal Rail Trail. "This is a SANDAG project that is close to the Metropolitan Transit Authority (buses, trolleys) and Caltrans' (regional transportation agency) assets mixing a bit of policy (homelessness) and operations (graffiti, trash, and lighting installation),"

he said. "You can report graffiti and excessive trash or dumping along the bikeway by using the City's Get It Done app."

Dalzell believes problems with the newly opened bike path require "supervision on a daily basis, double on weekends and quadruple on holidays." She added, "It's so lovely. But that beauty can be so quickly destroyed. I would never feel safe going down there with people getting high, etc."

Dalzell appreciates that being homeless is not a crime. "But what about everything that results from them, like the drug and alcohol issues?" she asked. "We've got to differentiate between who needs the help, and who wants the help. Are we going to use the pandemic as an excuse?"

"Graffiti, homeless camps, public safety, poor lighting and no supervision or funding by the City to keep it safe," were listed by Dalzell as bike path issues needing prompt resolution.

Regarding prospective solutions to those problems, Dalzell noted: "The City needs to make a commitment to fund and supervise keeping this clean."

Continuing along the bike path, Dalzell comes to another problematic tunnel.

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City seeking permit to close Point La Jolla to protect marine life

The City of San Diego is submitting an application for a temporary emergency closure of a portion of Point La Jolla at Ellen Scripps Browning Park, in an effort informed by California Coastal Commission guidance, to protect the public and the sea lion rookery located along the shoreline during the annual sea lion pupping season.

The City is taking steps to secure an emergency coastal development permit that will effectively close

the tip of Point La Jolla beyond the seawall beginning at Boomer Beach and ending at the access stairway leading down to the bluff.

"We have called for responsible tourism, met with stakeholders, installed new signage, and yet crowds continue to seek up-close encounters with the sea lions. The spectacle of the past few months does not reflect who we are as a city and has distracted the public from enjoyment of San Diego's world-class natural resources,"

said District 1 Councilmember Joe LaCava.

"The temporary closure, as called for by the California Coastal Commission, will curtail access to Point La Jolla while preserving the unique viewing of sea lions. Further, it provides the City additional time to continue conversations with stakeholders on effective methods to manage our coastline for all to safely enjoy."

With the permit, the City anticipates an emergency closure

of the area starting this week through Sept. 15 when pupping season concludes. The closure serves to protect both the public and marine life while complying with federal Marine Mammal Protection Act regulations during this sensitive time when mother sea lions are raising their young. Sea lions can become aggressive when they feel threatened and can cause serious bodily injury to visitors who get too close.

"It is imperative that we are taking steps to minimize potential injuries to both the public and the sea lions during pupping season as interactions between the two continue to increase," said Andy Field, director of the City of San Diego Parks and Recreation Department. "It is of utmost importance that we are protecting adults and children while respecting the sea lions as they care for their young."

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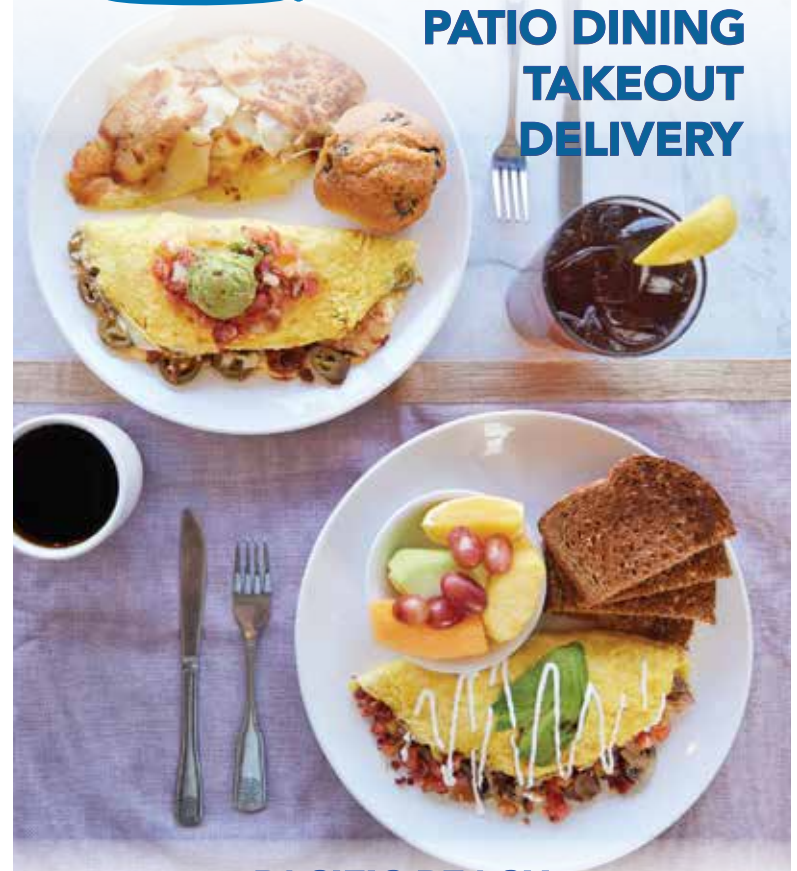


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ESTATE PLANNING CHECKLIST

By: Dick McEntyre and Chris von der Lieth, Attorneys at Law

To be sure your estate planning is in order, here are a few things you might do:

1. Be sure you have a will or, better yet, a “living” trust which directs where your property is to go when you die. A trust is usually the best way to go when you own property having a total value in excess of \$166,250, since a probate (with its high costs) can thereby be avoided. Otherwise, your estate—except for death benefits under insurance policies, “POD” bank accounts, annuities, pension plans, IRAs, and property held in joint tenancy—will pass by the “laws of succession,” which may not be to your liking, and will still require a probate.
2. Re-check the provisions of your trust or will to be sure the trustee(s)/executor(s) you have designated, and your beneficiaries, are the ones you still wish.
3. Be sure the beneficiaries you desire to receive life insurance proceeds, IRAs, and annuities, and pension benefits upon your death are correctly listed in the account holder’s records. We have seen mistakes.



4. If you have a living trust, be sure the legal ownership (title) of the properties you intended to be held in your trust has, in fact, been transferred to such trust.
5. Be sure you have a current, versus old (“stale”), advance health care directive, under which you have appointed an agent to make emergency health care decisions on your behalf, and have stated your wish as to withholding or retaining life support where you are expected to die. You should also have a current general power of attorney under which you have appointed an agent to assist you with your financial affairs should the need ever arise.

The above statements are not to be taken as legal advice for the reader’s particular situation. Richard F McEntyre practices law in the area of estate planning and administration, having served the San Diego community as a lawyer for over 40 years. Chris von der Lieth is an attorney who has worked with Dick for over 7 years. Affordable rates. Highest quality services. House calls available.

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After recent tragedies, bike advocates call for safer streets in San Diego



Bicycle traffic on 30th Street and University Avenue.

COURTESY PHOTO

By DAVE SCHWAB

Dozen fatalities in bicycle-versus-vehicle accidents this year, including the recent death of a 34-year-old Salk scientist with an 11-month-old child in La Jolla, underscores the need for infrastructure improvements to make San Diego’s streets safer.

After an alarming number of bicyclists have been struck and killed by motorists in recent weeks, Mayor Todd Gloria said: “One cyclist death is too many, particularly when we know it’s preventable. My administration has taken a number of steps to help reach our Vision Zero goal of eliminating fatalities and serious injuries on our roads, including establishing a new team to create bike lanes more quickly, joining the National Association of City Transportation Officials to learn and adopt best practices, and working with SANDAG to reduce the time it takes to process a bike infrastructure permit by 75%. Saving lives should not be controversial, and my administration will continue to work to make sure all who use our roads, regardless of method of travel, are safe.”

The San Diego Association of Governments is the region’s transportation planning agency. Vision

Zero is a multi-national road traffic safety project that aims to achieve a highway system with no fatalities or serious injuries involving road traffic.

Andy Hanshaw, executive director of the nonprofit San Diego County Bicycle Coalition, urged a more timely government response in improving regional bike infrastructure.

“The recent string of fatal bike crashes in the county is alarming and devastating to all of us who ride, lives lost and families and friends devastated for what could be prevented,” Hanshaw said. “While we’ve made progress on safer bikeways recently including the Rose Creek Bikeway (in Pacific Beach) and 30th Street (in North Park), too many others are taking far too long to be built. We must accelerate our timelines for these funded projects in order to achieve our mobility goals and climate action plan goals, but most importantly, to save lives of our fellow San Diegans.”

Anthony Obregon, a community relations officer with San Diego Police Department Traffic Division, pointed out that “bikes don’t always have the right-of-way and are considered vehicles in California subject to the same rules of the road as motor vehicles, meaning they can be cited for

RECENT BICYCLE-VERSUS-VEHICLE ACCIDENTS

– Swati Tyagi, 34, a research scientist at La Jolla’s Salk Institute for Biological Studies and the mother of an 11-month-old son, was killed by a car June 23 in La Jolla. San Diego Police said the crash occurred in the late afternoon in the southbound lanes of North Torrey Pines Road approaching La Jolla Village Drive. Tyagi died at the scene.

– Laura Shinn, director of facilities planning at SDSU, was killed while biking on Pershing Drive on her commute from downtown to North Park on July 20. The driver in the crash, who is suspected of driving while high on methamphetamine, has pleaded “not guilty” to charges including murder and gross vehicular manslaughter.

– Allen Hunter II, a 75-year-old retired physicist, was struck by a suspected drunken driver in a hit-and-run crash about 10:35 a.m. on June 22 while riding on South Coast Highway 101 near Lomas Santa Fe Drive in Solana Beach. Witnesses called 911, and medics arrived to find Hunter gravely injured and unconscious. He was taken by ambulance to Scripps Memorial Hospital in La Jolla, where he died about 6:30 p.m. that day from multiple blunt force injuries. The 21-year-old driver of the vehicle that struck Hunter allegedly fled the scene, but deputies arrested him later that day. He was booked on charges of suspicion of gross vehicular manslaughter, felony hit and run resulting in death or injury and felony DUI causing great bodily injury.

unsafe movements, not stopping at red lights, etc.”

Obregon said Chapter 3 in the state vehicle code on driving, overtaking, and passing, known as the Three Feet for Safety Act, protects cyclists from vehicles on shared roadways.

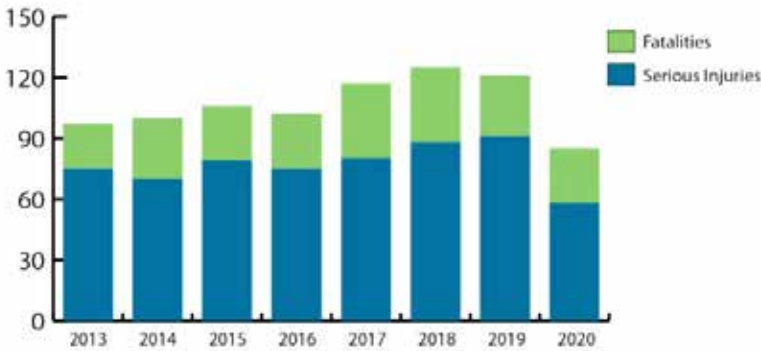
In excerpts from that vehicle code section: “The driver of a motor vehicle overtaking and passing a bicycle that is proceeding in the same direction on a highway shall do so at a safe distance, less than three feet between any part of the motor vehicle and any part of the bicycle or its operator, that does not interfere with the safe operation of the overtaken bicycle. If the driver of a motor vehicle is unable to comply due to traffic or roadway conditions, the driver shall slow to a speed that is reasonable and prudent, and may pass only when doing so would not endanger the safety of the operator of the bicycle.”

Colin Parent, executive director of Circulate San Diego, which is dedicated to advancing mobility, noted data shows a modest improvement over the last few years region-wide in bicycling safety.

“However, the recent deaths of bicyclists in the San Diego region show that we have a long way to go if we are going to make our streets safe for everyone,” said Parent.

READ MORE ONLINE AT sdnews.com

Annual Comparison - Bicycle & Pedestrian Collisions



Providing outstanding outcomes at Pacific Beach Med Spa

By DAVE SCHWAB

Body sculpting is not only a science but an art at PB Med Spa. And medical director Dr. Jerry Thrush and his fiancée and business partner, clinical director, and nurse practitioner Jenilyn

Peros, have the cutting-edge equipment and scientific know-how to achieve optimum results for their clients.

"We do non-invasive, non-surgical body sculpting with an FDA-approved EMSculpt NEO device that uses high-flow,

electromagnetic pulses to kill fat cells that actually contract the entire muscle," said Thrush, of procedures used at his growing medical spa practice. "It will remove fat by about 30% of the thickness, on average, in four treatments. It also grows functional muscle by about 25% of the thickness."

Added Thrush, "It's a real spectrum of society that we treat, all ages from late teens to late 80s, everyone from competitive body-builders to elderly people who want to look their best, to average people who just want to compete for jobs."

"About 85% to 90% of our clients are female," noted Peros. "We have actresses and models from Los Angeles and Hollywood coming in."

Of their branding, Peros related: "Our consultation is complimentary, but beauty is priceless. We really have a caring environment to help them on their journey of beauty."

A big fan of Greece, its culture, art, and architecture, PB Med Spa created jointly by Thrush and Peros features Mediterranean stylistic flourishes. There is also a fireplace and a functional digital player piano playing music greeting med spa guests as they enter the facility.

Thrush pointed out their med spa goes beyond body sculpting. "We do other things such as facelifts, face fillers, Botox,



Pacific Beach Med Spa in PB Med Spa Plaza at 2204 Garnet Ave.

COURTESY PHOTO

PB MED SPA

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dermatotoxin for wrinkles, making jawline's thinner, etc.," he said.

Thrush explained there are decided advantages to using their modern medical body-sculpting technique. "The beauty of non-invasive, non-surgical facelifts is there is less downtime and the pain is less than with traditional facelifts, where you cut skin out and tighten it (face) up," he said.

READ MORE ONLINE AT sdnews.com



Dr. Jerry Thrush and his fiancée and business partner Jenilyn Peros.

Award-winning chef Bernard Guillas departs The Marine Room

The Marine Room, a San Diego landmark and award-winning oceanfront restaurant for more than 75 years, announced the departure of world-renowned and award-winning chef Bernard Guillas. Bernard recently got married and introduced us to his new born son. So after 27 years, he is hanging up his apron to spend time with his family.

Under his leadership as the executive chef, Bernard has been honored Best Chef in San Diego, and The Marine Room as best restaurant for countless years. He published two books, which brought

him a tremendous amount of press not only locally in San Diego but also nationally and internationally. He traveled the globe cooking and is a well-known radio and TV personality.

The Marine Room offers diners global cuisine rooted in French classics. Its spectacular views, exemplary service and outstanding wine list have made it a dining destination for over seven decades. The Marine Room is owned and operated by La Jolla Beach & Tennis Club, Inc. and is located at 2000 Spindrift Drive in La Jolla. Visit MarineRoom.com for more information.

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Pacific Life Church offers church services every Sunday and we have 2 amazing opportunities for you to worship with us! We offer an in person, outdoors worship service every Sunday at 8:30am. We meet at St. Andrew's by the Sea – 1050 Thomas St. There is parking on the street, in the library parking lot or behind the church in the ally. We also offer an online church service at 10:30am via our website, YouTube channel or Facebook page. For more information about our church services, to get involved in a Life Group, to sign up for our weekly emails or to connect with our staff, please visit our website, www.pacificlifechurch.org or our social media pages.

Every week, we provide video encouragements from our church staff and volunteers, both via email and on our social media pages. Topics include but are not limited to - parenting help, kid's activities, worship, hope, mental health service opportunities and loving our neighbors. So again, head to our website to sign up for those weekly emails and to connect with us at Pacific Life Church. We feel fortunate that we get to serve the community of Pacific Beach and we love our town. We are here for you – you are not alone!



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PARK »

CONT. FROM PG. 1

“It’s really about the young people here who made this day possible,” said Mayor Todd Gloria. “This is really important for healing in our community, for correcting a historic wrong, and for really showing what our City’s about. Fannie and William Payne showed up in this community and they broke barriers in doing so. And they weren’t always welcome. But here we are today to make sure that, for the rest of time, people will understand that they (Paynes) are welcome here in Pacific Beach and San Diego.”

William Henri Payne was the first Black teacher at Pacific Beach Junior High in 1945. During that time, an estimated 1,900 residents in Pacific Beach signed a petition to remove him from the position, stating that the superintendent, Will C. Crawford, “used very poor judgment in assignment of a Negro teacher to that school.”

Crawford defended the district’s commitment, “in keeping with the principles of democracy,” by employing teachers based on training, experience, and character, “regardless of race, color or creed.” Superintendent Crawford said Payne was, “doing a good job and was accepted both by his pupils and their parents.”

Payne’s wife, Fannie Lois Jeffries Payne, was also a well-respected teacher in San Diego public schools. She was an alumnus of

San Diego State University and was an active member of the community, engaged in many service and philanthropic activities.

Despite this display of racism, Fannie and William Payne exemplified resilience and dignity in their personal and professional lives. Later on, William Payne taught at San Diego High before retiring from public education after a 25-year distinguished career. He died in 1986, and Fannie survived him for another 22 years. Their story is a pioneering one in San Diego history with a Pacific Beach connection worth commemorating.

Following the George Floyd protests during the summer of 2020, the Pacific Beach Middle School community requested to name the Pacific Beach Middle joint-use field the “Fannie and William Payne Joint-Use Field.”

Two residents of Pacific Beach sought to recognize local Black citizens who broke down barriers while dedicating their lives to educating the youth of Pacific Beach and the greater San Diego community and collaborated with two eighth grade students (now freshmen in high school) in this endeavor as part of their International Baccalaureate Community Service Project to educate the students and staff at Pacific Beach Middle School while garnering support for the proposal.

In June 2020, community members Hernandez and Sinsky-Crosby created a Change.org webpage to request naming the Pacific Beach

Middle School Joint-Use Area and the hard-court areas of Pacific Beach Community Park in honor of Fannie and William Payne.

PBMS students Juliniel Woods and Nuhamin Woldeyes also led the effort. The two students who launched the park renaming effort spoke of its significance.

“This is very significant because we’re keeping their legacy alive for the next generation, and more people can learn about their story, people who don’t know about this,” said Woods.

“We got to honor two people who weren’t honored in their lifetime,” pointed out Woldeyes. “And we also got to inform the entire community.”

“It’s a fabulous way to honor the Paynes’ work, and students at PB Middle School for their hard work in their service project,” said Ashley Hensen of Pacific Beach.

The renaming includes the entire joint-use area and the hard-court areas of Pacific Beach Community Park, including the basketball and tennis courts. The recreation center and playground areas are not included in the renaming.

The Pacific Beach Community Recreation Group, the Pacific Beach Planning Group, and the Pacific Beach Town Council, along with other community groups and community members, also expressed their support in honoring Fannie and William Payne by renaming the Pacific Beach Middle School Joint-Use Field and the hardcourt areas of Pacific Beach Community Park to “Fannie and

William Payne Joint-Use Field and Community Park.”

“It’s righting a wrong that was done,” said Karl Jaedtke of Pacific Beach Town Council. “It’s a good thing.”

Channeling the effort from the community, the San Diego Unified Board of Education voted unanimously to approve the name “Fannie and William Payne Joint-Use Field” at its March 9 session. Following the district’s approval, the City of San Diego Park and Recreation Board approved the name “Fannie and William Payne Joint-Use Field and Community Park” at its April 15 meeting.

“A few months ago our board had the incredible gift of a history lesson from our students, Jules and

Nuhamin, who came before us and the history was a story that most people in San Diego didn’t know,” said Barrera. “But they not only wanted to present history: They wanted to make history. They came to us with a simple request which was, ‘We want to name this joint-use field, which is used by everyone in the community, after Fannie and William Payne.’”

San Diego Unified’s capital projects are funded by San Diego Unified School District’s Propositions S, Z, and Measure YY, which are local bond measures approved by San Diego voters to repair, renovate and revitalize neighborhood schools.

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SCOTT’S PB SPOTLIGHT

I often get met with surprise when people learn that I grew up here in PB since there aren’t too many “locals” anymore. It got me thinking, there’s a lot of interesting people and businesses in our community that people may not know about if they are new to the area. So, each month I will be spotlighting someone within our community that I think has an interesting story to share.

This month’s feature: **Pat Van Eaton**

This month’s spotlight person is very special to me, she’s my Grandma and she’s turning 90 on August 15th! She was born in Davenport Iowa in 1931. At two years old, she moved to Tucson Arizona and then at 17, her family moved to a house on Chalcedony in North PB. She graduated from La Jolla High, class of 48’, since there was no Mission Bay High School at that point. She married her first husband Hugh Payne, whom she met while she worked at the MCRD PX while he was going through basic training in the Marines. They moved to Oklahoma where he was from and had their first child, my Mom, Susan. She then went on to have two more children and eventually settled back in PB in 1955.



She lived in North PB after her return from Oklahoma and then after her parents passed away, she moved into the family house on Chalcedony that she first lived in when she moved here in 1948 and still lives there today. She shared that home with her second husband of 34 years, Joe Van Eaton, who was an amazing person and Grandpa before he passed away. She worked for a local dentist for a few years while my Mom, Uncle and Aunt were young and then decided to start a home daycare business that she ended up running for over 30 years. During that time she took care of 2 of her 5 grandkids, including myself. As a pet lover she had many pets, some bought, some given and some inherited from neighbors, which also ended up in her knowing many many neighbors that she’d meet while out walking one of the many dogs she had over the years. As someone who has lived in PB for over 70 years, she has cool vintage pictures of PB, amazing stories and a rich history and knowledge of the community and it’s longtime residents. For years, her sister (Mary Martin), who lived across the street, would come over every afternoon and they’d sit on the back patio and visit.

As a kid who grew up with a working single mother, my Grandma and I had a special bond. We’d try out new restaurants in PB, she’d shoot baskets with me on the backyard basketball hoop she put in, we’d play board games and we’d go to the nursery every Saturday morning. If I was good and helped out, she’d let me pick out a new GI Joe toy at the toy store on Garnet or at Toys R Us on Morena. She taught me how to cook, she shared her love of gardening, including raising plumerias (which I still grow from clippings from her original plants) and she always had a snack and a hug when I got home school. Even when I was in high school at Mission Bay, (we had off campus lunch) I’d drive to her house a couple times a week and she’d make me lunch!

In my humble opinion, my Grandma is THE most interesting person in PB and she has lived an amazing life full of love, family and has touched many people’s lives. As PB changes, as all things in life do, it’s the stories and history of people like her that we need to keep alive and celebrate in order to truly appreciate the wonderful place we live in. I love you Grandma and I wouldn’t be where I am today or be the person I’ve become without you. You are an amazing person and Happy 90th birthday!

If you know of someone you think has an interesting story, send me an email scott@isellbeach.com with their info and why you think they would be a good person/business to spotlight and will consider them for a monthly spotlight.

COMPASS

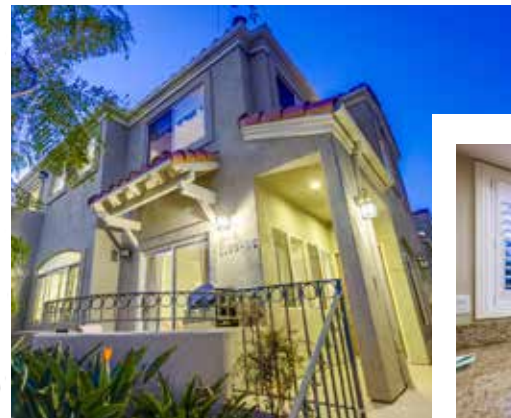
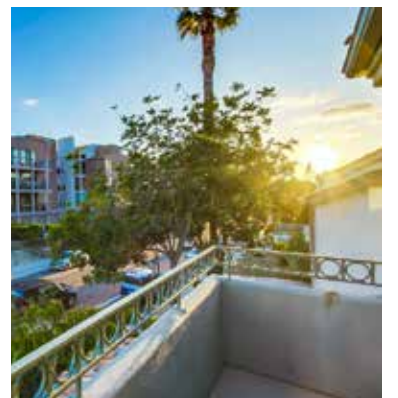
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PB REC CENTER MURAL PROJECT NEEDS VOLUNTEERS

Work has begun on the PB Rec Center mural project, and the volunteers are having a great time. A lot of local people signed up to volunteer, but only a handful have shown up for each work session so far. The project really needs volunteer help in order to stay on schedule. Remember, you don't have to be an artist, just be willing to help up; pick a time and show up: Friday, Aug. 6 (4-7 p.m.), Saturday, Aug. 7 (10 a.m.-2 p.m.), Friday, Aug. 13 (4-7 p.m.), Saturday, Aug. 14 (10 a.m.-2 p.m.).

KEEP PB CLEAN

Discover Pacific Beach business improvement district welcomes the summer months and extra visitors

and this means more trash and debris throughout PB's business district. Discover PB has maxed out on the funding available for clean up. They are asking the business community to help out by maintaining curbside trash barrels and the area outside your business as needed. If each business could monitor their area at this time, it would be greatly appreciated. If you would like to formally volunteer for a regular clean up shift or organize a monthly clean up, email sunny@pacificbeach.org.

PB COUNTS

Volunteers are being sought for PB Counts, an annual project of BeautifulPB. The project, to be conducted by volunteers and community members in the western central

area of Pacific Beach, will be from 2:30 to 5 p.m. Saturday, Aug. 7. It is the only community-led traffic count conducted regularly in San Diego County, and one of the few that consistently tracks all modes of transportation including pedestrians, skaters, e-scooters, and cars on PB Pathways. Volunteers will be meeting at the corner of Cass Street and Felspar Street. Snacks and refreshments will be provided. For more information and to RSVP, contact emily.beautifulpb@gmail.com.

LJCC SPEAKER SERIES

La Jolla Community Center has speakers lined up in resuming its iPhone/iPad class (in-person) coming up in August. The first is Dr. Joseph Casciani, psychologist, author and

expert on mental health, aging and longevity, who will speak on "9 Must Have Strategies for Living Well While Living longer" on Tuesday, Aug. 10, 10-11 a.m. (virtual). This presentation encourages the audience to "turn aging on its head," with an uplifting perspective on aging successfully, overcoming obstacles, and the resilience needed to start new chapters. The event is free. To register, go to ljcommunitycenter.org/DSS.

FIDO VICTORY LAP

Nonprofit Fiesta Island Dog Owners are celebrating their victory in saving the Fiesta Island off-leash area, and also continuing to raise money to help with maintenance and improvements in the No. 1 dog

park in the nation. FIDO is switching gears to focus on improvements to the area to make it even more enjoyable for all users and our furry friends. FIDO is asking if any members or supporters in the civil engineering field might work pro bono (or with a nonprofit discount) on maintenance and improvement projects for berm-to-shore trails. FIDO is a volunteer-run nonprofit organization working to preserve the fenced off-leash area on Fiesta Island.

LJ HOTEL SUPPORTS SHELTER DOGS

Order La Valencia's new locally made Key Lime Pie for Two (\$18), and the pet-friendly hotel will donate a portion of proceeds to Shelter to Soldier, a San Diego-based nonprofit organization that adopts dogs from local shelters and rescue organizations and trains them to become psychiatric service dogs for post-9/11 combat veterans suffering from post traumatic stress, and other injuries associated with traumatic service experiences. The Key Lime Pie for Two will be available for purchase for both lunch and dinner.

HSWRI SEAL RESEARCH

SeaWorld San Diego and Hubbs-SeaWorld Research Institute are currently tracking the movement and behavior of two Guadalupe fur seals (listed as threatened under the Endangered Species Act and depleted under the Marine Mammal Protection Act) as they were returned to ocean waters.

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ANNOUNCEMENTS 100

Public Notice

Pacific Beach Community Development Corporation and Pacific Beach Business Improvement District of The City Of San Diego NOTICE OF ELECTION AND GENERAL MEETING

The Pacific Beach Business Improvement District (PBBD) includes business and rental properties with six or more units, in the area which can be approximately described as the area circumscribed by Interstate 5, the Mission Beach Boardwalk, Crown Point Drive and Turquoise Street. The purpose of the PBBD and The Pacific Beach Community Development Corporation (PB-CDC) is to provide an organizational framework and funding for the improvement of the area. Pacific Beach area business license holders and owners of rental property with six or more units, are invited to run for election as a member of the PB-CDC Board of Directors. Nominations are currently being solicited for five (5) seats on the fifteen (15) member Board. The Board has appointed a nominating committee to whom nominations may be made by submitting a petition or letter. The nomination petition or letter must be submitted to the nominating committee by September 3rd at 5pm either by mail or emailing sunny@pacificbeach.org. Additional nominations may be made from the floor at the September 7, 2021 meeting. The Board of Directors will also review the list of business and rental property license holders to confirm their representative's eligibility to be voting delegates for the election. The business delegate will be the person named in that business license unless a business indicates differently in writing to the PB-CDC Board of Directors. The Board of Directors must receive the written notice of the business delegate change at or before their September 7, 2021 meeting. All delegates' terms will end with the election. The list of known business and property license holders eligible to vote will be available for review after the September 7, 2021 meeting by contacting Sunny Lee at 858-273-3303. The Board will then consider reports and other matters to be placed on the agenda for the annual election meeting. The annual meeting of the Board of Directors is scheduled for October 19, 2021 at 5:00pm, at Discover Pacific Beach office, 1503 Garnet Avenue. Newly elected members of the Board of Directors will be inducted and the Board will consider any other items placed on the agenda by the Board of Directors. A majority of the current Board of Directors shall constitute a quorum for a meeting of the Board of Directors and meeting of the delegates for the October 19th annual meeting.

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LEGALS

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9012492 Fictitious Business Name(s) a. IN ELEMENTUM Located at: 27442 CALLE DE LA ROSA, SAN JUAN CAPISTRANO, CA 92675 Is registered by the following: a. MICHELE E PAVLOR This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. MICHELE E PAVLOR Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 18, 2021. ISSUE DATES: JULY 16, 23, 30 & AUGUST 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9012554 Fictitious Business Name(s) a. THE CENTER FOR STRESS AND ANXIETY MANAGEMENT Located at: 2878 CAMINO DEL RIO SOUTH # 200, SAN DIEGO, CA 92108 Is registered by the following: a. JILL STODDARD PHD PSYCHOLOGY, INC This business is conducted by: A CORPORATION The first day of business was: 4/8/10 Registrant Name: a. JILL STODDARD PHD PSYCHOLOGY, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor. JILL STODDARD, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 18, 2021. ISSUE DATES: JULY 16, 23, 30 & AUGUST 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014440 Fictitious Business Name(s) a. CARNSCRAFT DESIGN & REMODEL Located at: 4660 VOLTAIRE STREET, SAN DIEGO, CA 92107 Is registered by the following: a. TRU-VALUE ENTERPRISES, INC This business is conducted by: A CORPORATION First day of business was: 9/15/15 Registrant Name: a. TRU-VALUE ENTERPRISES, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor. CHARLES CAIRNS, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 7, 2021. ISSUE DATES: JULY 16, 23, 30 & AUGUST 6

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2021-00029362-CJ-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 WEST BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: Superior Court of California, CIVIL DIVISION TO ALL INTERESTED PERSONS: 1. Petitioner (name): SHIRIN NAGHAVI and BRIAN GONZALES filed a petition with this court for a decree changing names as follows: Present name: a. FLAMINGA NAGHAVI GONZALES to AZALEA NAGHAVI GONZALES 2. The COURT ORDER that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 08/25/2021 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3. a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS / BEACH & BAY PRESS & PENINSULA BEACON. Date: JULY 09, 2021. JUDGE OF THE SUPERIOR COURT LORNA ALKSNE ISSUE DATES: JULY 16, 23, 30 & AUGUST 6 ATTACHMENT TO ORDER TO SHOW CAUSE - Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements

See LEGALS, Page 11

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SUDOKU PUZZLE

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8					7							9	
										1		4	
3							1		5				
	7					3							
9			2			4							
	1					9						5	
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CROSSWORD PUZZLE

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		58						59						
60	61						62	63				64		
65						66						67		
68						69						70		

- CLUES ACROSS

1. Calls balls and strikes

4. Turkish officer

9. Repaired shoe

14. Grass genus

15. Small, sealed vial

16. Primp

17. Immoral act

18. A tool to communicate

20. Crumbles away

22. Egg-like

23. Districts (abbr.)

24. Dressed

28. Small island (British)
29. Dialect of Chinese

30. Force unit

31. Borderlines

33. Norse gods

37. Morning

38. Fiddler crabs

39. Tell a story

41. Consumed

42. Atomic #58

43. About old Norse poems

44. Fencing swords

46. One-time Tigers third baseman

49. Snoutpaw (abbr.)

50. Neither
51. Conversations

55. Distinctive manner or pronunciation

58. Cyprinids

59. Appropriate to a festival

60. Pearl Jam frontman

64. Wrath

65. Italian city

66. A way to get there

67. A nose or snout

68. German seaport

69. A horse for riding

70. Airline representative (abbr.)

CLUES DOWN

1. Unhappy

2. Silk fabric

3. Unbroken view of a region

4. Middle Eastern territory

5. ___ and Andy, TV show

6. Central processing unit

7. Department of Housing and Urban Development

8. Midcentury newspaper columnist

9. Weapon

10. Delivered a speech

11. Probably going to happen

12. Midway between northeast and

13. Danish krone

19. Synthetic resin (abbr.)

21. Fall slowly in drops

24. Bestow an honor upon

25. Childishly silly

26. Related on the mother's side

27. Populations of related plants

31. Coherent

32. Tribe of ancient Britons

34. Financial firm Goldman ___

35. Stephen King thriller

36. Went in again

40. Commercial

41. Poking holes in the ground

45. Prisoners of war

47. Pursued pleasure

48. "Seinfeld" character

52. Body of water

53. Hovering vehicle (abbr.)

54. People who utilize

56. Nostrils

57. Inner mass of some fungi

59. Honor lavishly

60. Midway between east and SE

61. Turn round

62. Small round mark

63. Expected at a certain time

V	S	Q		Q	E	E	L	S		N	E	Q	W	E
W	E	N		E	L	O	H			V	N	E	I	S
E	H	I		W	Q	Q	E	A	E	I	Q	D	E	
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S	E	E	Q	E		Q	I	Q	Q	E		E	Q	
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8	L	6	l	z	E	7	9	9
l	z	9	8	7	9	6	E	L
9	7	E	6	9	L	8	l	z
E	8	7	9	L	z	l	9	6
9	6	z	E	8	l	9	L	7
L	9	l	7	6	9	z	8	E
7	l	L	z	E	8	9	6	9
6	9	9	L	l	7	E	z	8
z	E	8	9	9	6	L	7	l

LEGALS >>
CONT. FROM PG. 11

have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014364 Fictitious Business Name(s) a. VICKY NGA PHAM b. VICKY PHAM c. VICKY NGA PHAM REAL ESTATE Located at: 9915 MIRA MESA BLVD #200, SAN DIEGO, CA 92131 Is registered by the following: a. NGATHI TUYET PHAM This business is conducted by: AN INDIVIDUAL first day of business was: 03/30/20 Registrant Name: a. NGATHI TUYET PHAM Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 6, 2021. ISSUE DATES: JULY 16,23 ,30 & AUGUST 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014771 Fictitious Business Name(s) a. TOUCHPOINT DISINFECTING Located at: 113 W. G ST #523, SAN DIEGO, CA 92101 Is registered by the following: a. TOUCHPOINT DISINFECTING, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 07/02/21 Registrant Name: a. TOUCHPOINT DISINFECTING, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor.EDDY LUKOVIC, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 9, 2021. ISSUE DATES: JULY 16,23 ,30 & AUGUST 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014772 Fictitious Business Name(s) a. SAN DIEGO PUB CRAWLER Located at: 113 W. G ST #523, SAN DIEGO, CA 92101 Is registered by the following: a. SAN DIEGO PUB CRAWLER, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 01/01/16 Registrant Name: a. SAN DIEGO PUB CRAWLER, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor.EDDY LUKOVIC, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 9, 2021. ISSUE DATES: JULY 16,23 ,30 & AUGUST 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014556 Fictitious Business Name(s) a. ENDURITEK b. bubu brand Located at: 4629 CASS STREET, SAN DIEGO, CA 92109 Is registered by the following: a. ARI EVAN GOLD This business is conducted by: AN INDIVIDUAL first day of business was: N/A Registrant Name: a. ARI EVAN GOLD Title of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 8 2021. ISSUE DATES: JULY 16,23 ,30 & AUGUST 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014913 Fictitious Business Name(s) a. BEAUTY PRODUCTS BY DESIGN Located at: 1607 TRENTON WAY, SAN MARCOS, CA 92078 Is registered by the following: a. ERIN COLLINS This business is conducted by: AN INDIVIDUAL first day of business was: N/A Registrant Name: a. ERIN COLLINS Title of Officer, if Limited Liability Company/Corporation Title of Signor The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 13, 2021. ISSUE DATES: JULY 16 ,23 ,30 & AUGUST 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014462 Fictitious Business Name(s) a. DVM FILMS Located at: 8731 GLEN OAKS WAY, SANTEE, CA 92071 Is registered by the following: a. DVM ENTERPRISES, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: N/A Registrant Name: a. DVM ENTERPRISES, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor. MARIA CECILIA DEL MUNDO, COO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 7, 2021. ISSUE DATES: JULY 16,23 ,30 & AUGUST 6

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014202 Fictitious Business Name(s) a. MARK FRIENDS Located at: 1929 CABLE STREET, SAN DIEGO, CA 92107 Is registered by the following: a. RYAN SCOTT SHOEMAKER b. MICHAELA ANN MAES This business is conducted by: A MARRIED COUPLE first day of business was: N/A Registrant Name: aa. RYAN SCOTT SHOEMAKER b. MICHAELA ANN MAES Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 2, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014718 Fictitious Business Name(s) a. DAVES DOG SERVICES Located at: 1726 BACON STREET, SAN DIEGO, CA 92107 Is registered by the following: a. DAVID SANDILLO This business is conducted by: AN INDIVIDUAL first day of business was: 6/20/21 Registrant Name: a. DAVID SANDILLO Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 9, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014702 Fictitious Business Name(s) a. ACCESS DENTAL HYGIENE CARE PRACTICE OF DIANE BROWN Located at: 3033 ADAMS AVE, UNIT 6, SAN DIEGO, CA 92116-1504 Is registered by the following: a. DIANE KATHLEEN BROWN This business is conducted by: AN INDIVIDUAL first day of business was: 05/12/05 Registrant Name: a. DIANE KATHLEEN BROWN title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 9, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9015138 Fictitious Business Name(s) a. CAFE OF LIFE b. CAFE OF LIFE CHIROPRACTIC c. CAFE OF LIFE SAN DIEGO Located at: 4535 FANUEL STREET, SAN DIEGO, CA 92109 Is registered by the following: a. STEPHANIE LIBS This business is conducted by: A CORPORATION first day of business was: 04/01/05 Registrant Name: a. STEPHANIE LIBS title of Officer, if Limited Liability Company/Corporation Title of Signor. STEPHANIE LIBS, OWNER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 15, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014914 Fictitious Business Name(s) a. BAIHAN, INC Located at: 1132 ARCHER STREET, SAN DIEGO, CA 92109 Is registered by the following: a. BAIHAN, INC This business is conducted by: A CORPORATION first day of business was: 6/6/21 Registrant Name: a. BAIHAN, INC title of Officer, if Limited Liability Company/Corporation Title of Signor. COLIN LOBER, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 13, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9013929 Fictitious Business Name(s) a. OM SPOT Located at: 2085 BERYL STREET, SAN DIEGO, CA 92109 Is registered by the following: a. GINA SHOTANI This business is conducted by: AN INDIVIDUAL first day of business was: 01/01/18 Registrant Name: a. GINA SHOTANI title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 01, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

AMENDED SUMMONS CASE #BC688932 NOTICE TO DEFENDANT : MAGNUS SECURITY, a California Corporation; MARQUES OLIVER, an individual, and DOES 3 through 10 inclusive. YOU ARE BEING SUED BY PLAINTIFF: YUSUF TILLMON, individually, and on behalf of all others similarly situated NOTICE You have been Sued. The court may decide against you without your being heard unless you respond with in 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is: LOS ANGELES, 312 SPRING STREET, LOS ANGELES, CA 90012 The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is KANE MOON, MOON & YANG ACP, 1055 W. 7TH STREET, SUITE 1880 LOS ANGELES, CA 90017 (213) 232-3128 NOTICE TO THE PERSON SERVED: You are served as an individual defendant. Date: JULY 16, 2021. SHERRI R CARTER, Clerk,

KRISTINA VARGAS Deputy (ISSUE DATES:) JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9015450 Fictitious Business Name(s) a. MUTTY WASH Located at: 34925 EL DORADO STREET, LAKE ELSINORE, CA 92530 Is registered by the following: a. CATLIN RACHEL PETERSON This business is conducted by: AN INDIVIDUAL first day of business was: 01/01/18 Registrant Name: a. CATLIN RACHEL PETERSON Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 19, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9015290 Fictitious Business Name(s) a. THE MUSIC IS MEDICINE TOUR Located at: 964 OPAL ST #A, SAN DIEGO, CA 92109 Is registered by the following: a. RYAN D BROLLIAR This business is conducted by: AN INDIVIDUAL first day of business was: 01/01/18 Registrant Name: a. RYAN D BROLLIAR Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 16, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014814 Fictitious Business Name(s) a. HILLTOP MOBILE HOME PARK b. HILLTOP MHP Located at: 155 W. JASON STREET, ENCINITAS, CA 92024 Is registered by the following: a. HILLTOP MHP GP, LLC This business is conducted by: A LIMITED PARTNERSHIP first day of business was: 11/25/19 Registrant Name: a. HILLTOP MHP GP, LLC of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 12, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9015324 Fictitious Business Name(s) a. JV PRODUCTIONS Located at: 722 OAKLAWN AVE, APT A, CHULA VISTA, CA 91910 Is registered by the following: a. SOLD BY ROOTS, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: N/A Registrant Name: a. SOLD BY ROOTS, LLC of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 16, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9013936 Fictitious Business Name(s) a. KATE KUTNER THERAPY Located at: 5360 JACKSON DRIVE, SUITE 218C, LA MESA, CA 91942 Is registered by the following: a. KATE KUTNER THERAPY AN INDIVIDUAL & FAMILY COUNSELING CORPORATION This business is conducted by: A CORPORATION first day of business was: 3/15/21 Registrant Name: a. KATE KUTNER THERAPY ,AN INDIVIDUAL & FAMILY COUNSELING CORPORATION of Officer, if Limited Liability Company/Corporation Title of Signor. KATE KUTNER, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 01, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9015243 Fictitious Business Name(s) a. ALOHA GLOW & LASH Located at: 403 WISCONSIN AVENUE, F OCEANSIDE, CA 92054 Is registered by the following: a. ALOHA BEAUTY INCORPORATED This business is conducted by: A CORPORATION first day of business was: 07/06/21 Registrant Name: a. ALOHA BEAUTY INCORPORATED of Officer, if Limited Liability Company/Corporation Title of Signor. GREY KUNTER, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 16, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9013874 Fictitious Business Name(s) a. MASSACHUSETTS MIKE'S PIZZERIA b. MASSACHUSETTS MIKE'S PIZZA Located at: 435 UNIVERSITY AVE, SAN DIEGO, CA 92103 Is registered by the following: a. K&M SD HOLDINGS, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 7/26/20 Registrant Name: a. K&M SD HOLDINGS, LLC of Officer, if Limited Liability Company/Corporation Title of Signor. MICHAEL HARRITY, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 30, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2021-00030308-CU-PT-NC SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 325 S MELROSE DR, VISTA, CA 92081 ; BRANCH NAME: Superior Court of California, TO ALL INTERESTED PERSONS: 1. Petitioner (name): NICOLAS GERARDO NEGRON filed a petition with this court for a decree changing names as follows: Present name: a. NICOLAS GERARDO NEGRON to NICOLAS HUGO DE VERA 2. THE COURT ORDER that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 09/07/2021 TIME: 8:30 AM DEPT: 25; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS / BEACH & BAY PRESS & PENINSULA BEACON. Date: JULY 20, 2021. JUDGE OF THE SUPERIOR COURT PAMELA M PARKER ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9013052 Fictitious Business Name(s) a. ROSE STREET BUILDING SERVICES Located at: 3722 HAINES ST, SAN DIEGO, CA 92109 Is registered by the following: a. JAMM FAM, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: N/A Registrant Name: a. JAMM FAM, LLC of Officer, if Limited Liability Company/Corporation Title of Signor. CHRIS FERRANS, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JUNE 23, 2021. ISSUE DATES: JULY 23 ,30 ,AUGUST 6 & 13

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9014215 Fictitious Business Name(s) a. GROW BUSINESS SOLUTIONS Located at: 6385 CAMINITO ESTRELLADO, SAN DIEGO, CA 92120 Is registered by the following: a. GROW BUSINESS, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 4/20/21 Registrant Name: a. GROW BUSINESS, LLC of Officer, if Limited Liability Company/Corporation Title of Signor. JAMILE DE ALMEIDA STORCK, MEMBER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 2, 2021. ISSUE DATES: JULY 30 ,AUGUST 6 ,13 & 20

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9015858 Fictitious Business Name(s) a. CARLTON OAKS GOLF & RESORT b. CARLTON OAKS GOLF & LODGE c. CARLTON OAKS GOLF & COUNTRY CLUB d. CARLTON OAKS GOLF e. CARLTON OAKS LODGE f. CARLTON OAKS g. CARLTON OAKS COUNTRY CLUB Located at: 9200 INWOOD DRIVE, SANTEE, CA 92071 Is registered by the following: a. ALUKA, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 05/15/17 Registrant Name: a. ALUKA, LLC of Officer, if Limited Liability Company/Corporation Title of Signor. JOHN CHEN PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 22, 2021. ISSUE DATES: JULY 30 ,AUGUST 6 ,13 & 20

CITATION FOR FREEDOM FROM PARENTAL CUSTODY AND CONTROL CASE NUMBER 21AD000274N ATTORNEY OR PARTY WITHOUT ATTORNEY SARA R NEUMANN, YELMAN & ASSOC, 3333 CAMINO DEL RIO S, STE 140, SAN DIEGO, CA 92108 (619) 282-1107 ATTORNEY FOR DAVID & BERNADETTE FEENER SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO 325 SOUTH MELROSE DRIVE, VISTA, CA 92081; IN THE MATTER OF HOPE CLARE FEENER, BROOKE LAUREN FEENER DATE OF BIRTH: 11/15/2014; 05/09/2016 A MINOR RESPONDENT(S); PHILLIP BLAKE NEAL To (name): PHILLIP BLAKE NEAL You are ordered to appear in the Superior Court of the State of California, County of San Diego, in Department N-23 at the court location indicated above on SEPTEMBER 02, 2021, at 8:30 a.m., to show cause, why (name(s)) HOPE CLARE FEENER, BROOKE LAUREN FEENER should not be declared free from parental custody and control (X FOR THE PURPOSE OF PLACEMENT FOR ADOPTION), as requested in the petition. THIS HEARING WILL BE CONDUCTED BY VIDEO OR TELEPHONE THROUGH THE NORTH COUNTY DIVISION 325 SOUTH MELROSE DRIVE, VISTA, CA 92081 IMPORTANT: PHILLIP BLAKE NEAL PLEASE CALL THE COURT

PROMPTLY FOR INSTRUCTIONS ON HOW TO ATTEND THIS HEARING (760) 201-8720 M-F 8:30-11:30 AM PST At the hearing, the judge will read the petition and, if requested, will explain the effect of the granting of the petition, any term or allegation contained therein and the nature of the proceeding, its procedures and possible consequences, and may continue the matter for not more than 30 days for the appointment of counsel, or to give counsel time to prepare. The court may appoint counsel to represent the minor whether or not the minor is able to afford counsel. If any parent appears and is unable to afford counsel, the court shall appoint counsel to represent each parent who appears unless such representation is knowingly and intelligently waived. Someone over the age of 18 – not the petitioner — must serve the other party with all the forms and complete a proof of service form, such as Proof of Service (JC Form #FL-330 or JC Form #FL-335), telling when and how the other party was served and file that with the court. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your pleading, if any, may be filed on time. Date: 7/15/2021 Judge of the Superior Court PAMELA M PARKER, JUDGE FOR THE SUPERIOR COURT ISSUE

Pacific Beach pooch goes viral for being ‘a good boy’

By DAVE SCHWAB

A local dog has thousands of Instagram followers and millions of video viewers.

“I am the owner of a golden retriever named Bruce ‘San Diego Bruce’ and his Instagram account is on its way to 10,000 followers,” said Laura Siciliano of Pacific Beach. “We are at almost 9,900 followers. We also have four videos that have gone viral with more than 1 million views each.”

Laura said Bruce has gained popularity over Instagram through viral photos and videos posted on his account, @san_di-ego_bruce. “Some videos show him wearing a Padres baseball cap or sunglasses,”

Siciliano said. “He loves putting smiles on people’s faces.”

The 11-month-old golden retriever will celebrate his first birthday on Aug. 14. Siciliano said their family adopted Bruce nine months ago and immediately created an Instagram account for their pooch as “a diary and a chronicle of his baby photos. It was just a way to keep track of him, as well as creating video content.”

Siciliano admitted putting Bruce on the social media app has blown away all their expectations for just how successful photo-sharing of him could be.

“It’s just fun to share content of a good dog; It’s a fun corner of the internet,” noted Siciliano. “He has a lot of loyal fans,

and people can share his videos with their friends. It’s just a fun little hobby.”

Siciliano noted Instagram posts, as in Bruce’s case, can lead to a “chain reaction, with a lot of people seeing and sharing posts that can explode all at once. When thousands of people are viewing a video at once, it’s like a domino effect.”

Added Siciliano about Instagram sharing, “It’s very wholesome and a lot of fun, for sure.”

Launched in October 2010, Instagram rapidly gained popularity, with one million registered users in two months, 10 million in a year, and 1 billion as of June 2018. In April 2012, Facebook acquired it for approximately \$1 billion in U.S. cash and stock. As of October 2015, more than 40 billion photos had been uploaded.



The golden retriever’s antics on Instagram @san_di-ego_bruce has garnered thousands of followers and more than 1 million views. COURTESY PHOTO

LEGALS» CONT. FROM PG. 12

(require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing parent, and proof of service must be filed with the court. IT IS SO ORDERED.

CITATION FOR FREEDOM FROM PARENTAL CUSTODY AND CONTROL CASE NUMBER A63439 ATTORNEY OR PARTY WITHOUT ATTORNEY SARA NEUMANN, YELMAN & ASSOC, 3333 CAMINO DEL RIO S., STE 140, SAN DIEGO, CA 92108 (619) 282-1107 ATTORNEY FOR CHARLES & MARGARITA WALLING SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO 2851 MEADOW LARK DRIVE, SAN DIEGO, CA 92123 IN THE MATTER OF MIGUEL ANGEL AMADOR DATE OF BIRTH: 09/09/2003 A MINOR RESPONDENT(S); MIGUEL ANGEL AMADOR To (name): MIGUEL ANGEL AMADOR You are ordered to appear in the Superior Court of the State of California, County of San Diego, in Department JC-01 at the court location indicated above on OCTOBER 22, 2021, at 1:30 p.m., to show cause, why (name(s)) MIGUEL ANGEL AMADOR should not be declared free from parental custody and control (X FOR THE PURPOSE OF PLACEMENT FOR ADOPTION) as requested in the petition. THIS HEARING WILL BE CONDUCTED BY VIDEO OR TELEPHONE THROUGH THE NORTH COUNTY DIVISION 325 SOUTH MELROSE DRIVE, VISTA, CA 92081 IMPORTANT: MIGUEL ANGEL AMADOR PLEASE CALL THE COURT PROMPTLY FOR INSTRUCTIONS ON HOW TO ATTEND THIS HEARING (760) 201-8720 M-F 8:30-11:30 AM PST At the hearing, the judge will read the petition and, if requested, will explain the effect of the granting of the petition, any term or allegation contained therein and the nature of the proceeding, its procedures and possible consequences, and may continue the matter for not more than 30 days for the appointment of counsel, or to give counsel time to prepare. The court may appoint counsel to represent the minor whether or not the minor is able to afford counsel. If any parent appears and is unable to afford counsel, the court shall appoint counsel to represent each parent who appears unless such representation is knowingly and intelligently waived. Someone over the

age of 18 -not the petitioner — must serve the other party with all the forms and complete a proof of service form, such as Proof of Service (JC Form #FL-330 or JC Form #FL-335), telling when and how the other party was served and file that with the court. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your pleading, if any, may be filed on time. Date: 7/28/2021 Judge of the Superior Court ANA ESPANA JUDGE FOR THE SUPERIOR COURT ISSUE DATES: AUGUST 6, 13, 20 & 27

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9016120 Fictitious Business Name(s) a. RAYCO EXTERIORS Located at: 970 WEST VALLEY PARKWAY #41, ESCONDIDO, CA 92025 Is registered by the following: a. RAYCO CONSTRUCTION ENTERPRISES, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 03/25/21 Registrant Name: a. RAYCO CONSTRUCTION ENTERPRISES, LLC of Officer, if Limited Liability Company/ Corporation Title of Signor GABRIEL COOLEY, MANAGER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 24, 2021. ISSUE DATES: AUGUST 6, 13, 20 & 27

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9015812 Fictitious Business Name(s) a. LAUNDRY STATION b. THE LAUNDRY STATION Located at: 4217 BALBOA AVENUE, SAN DIEGO, CA 92117 Is registered by the following: a. FAULKNER FAMILY VENTURES, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 03/25/21 Registrant Name: a. FAULKNER FAMILY VENTURES, LLC of Officer, if Limited Liability Company/ Corporation Title of Signor JESSICA FAULKNER, MANAGER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 22, 2021. ISSUE DATES: AUGUST 6, 13, 20 & 27

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9016819 Fictitious Business Name(s) a. UPLIFT ACCOUNTING b. UPLIFT ACCOUNTING & CFO Located at: 3727 7TH AVENUE #2, SAN DIEGO, CA 92103 Is registered by the following: a. SUSTAINABLE CFO This business is conducted by: A CORPORATION first day of business was: N/A Registrant Name: a. SUSTAINABLE CFO of Officer, if Limited Liability Company/ Corporation Title of Signor KELLY O'HARA, PRESIDENT. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: AUGUST 3, 2021. ISSUE DATES: AUGUST 6, 13, 20 & 27

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9016564 Fictitious Business Name(s) a. A.A.V. CASH 4 CARS Located at: 821 KUHN DRIVE, SUITE 110B, CHULA VISTA, CA 91914 Is registered by the following: a. VASQUEZ & SONS TRUCKING, INC. This business is conducted by: A CORPORATION first day of business was: 4/20/21 Registrant Name: a.a. VASQUEZ & SONS TRUCKING, INC. of Officer, if Limited Liability Company/ Corporation Title of Signor ALFONSO VASQUEZ, CEO. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JULY 30 2021. ISSUE DATES: AUGUST 6, 13, 20 & 27

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Getting clear on what matters: Discovering what is truly important



Doing it Better

By Natasha Josefowitz, Ph.D.

By What is important? Important to whom? In terms of what? In terms of people's philosophy of life? In terms of one's needs? In terms of one's strengths? In terms of policy? Or in terms of one's mental health?

Throughout the years I had collected some people's thoughts about what they thought was important. So I assembled a variety of answers to this question without judgment. It all seemed plausible depending on the century, the culture, the psychology of the time. What I find intriguing is that in a couple of words one can express a whole philosophy of life.

To wit, in the ancient Greek tradition: the words one lived by were

"honor, glory, courage." Indeed the Greek stories were all about these three concepts. You might remember Achilles who— given a choice between a short life of glory or a long, but inconsequential life — chose the glory. The Jewish tradition is based on the words "justice and law." To act with fairness and obey the law is what was required of the Jewish people and still is today in the Orthodox communities where most behaviors are strictly regulated. Some of the less traditional Jews (I call them tribal Jews) still light candles to memorialize the death of loved ones, don't eat pork or shellfish, and go to temple on High Holidays. The Christian tradition emphasizes "obedience and grace." Obedience means surrendering one's will to God. Grace is God's gift to the world and its inhabitants. The scientific tradition sticks to "reason and logic." In other words, scientific thinking is based on research, proof, thought-through conclusions, and eschews

fantasies and unproven theories.

New York Times correspondent David Brooks has often written about the importance of our needs, strengths, and the meaning of life. He names our lives' four purposes: a) commitment to family and to oneself; b) commitment to one's craft, which includes one's work; c) commitment to one's values, which may include one's faith; and d) commitment to community, which is the capacity to make a difference in other people's lives. He also writes about some of our basic needs: a) the need for certainty (we tend to be risk-averse); b) the need for variety (we like change); c) the need for significance (we wish to be a recognized member of our community); d) the need for connection to others (our need for love); e) the need for growth (to keep learning, which includes curiosity and open-mindedness); and f) the need to contribute (to be of service to others).

We need strengths in the

following areas: a) humility (letting go of one's self-importance); b) firmness (sticking to one's beliefs as opposed to flaccidity, being wishy-washy); c) grit (the courage to sustain unpopular views, without rigidity); d) generosity (sharing one's knowledge and giving credit); e) self-reflection, self-control, and optimism; and f) autonomy (the use of authority).

The 19th century German philosopher Frederick Nietzsche asked four questions about what is important: a) What have you truly loved? b) What has uplifted your soul? c) What has dominated you? and d) What has delighted you? In his 1941 State of the Union Address, President Franklin D. Roosevelt spoke of the four freedoms: freedom of speech and expression, freedom of worship, freedom from want, and freedom from fear.

What all of the above ways of seeing the world point to is the variety of perceptions of what

matters. We can select the pieces which fit our own beliefs and examine the possibility of adding new concepts to our understanding.

The old Persian proverb comes to mind: "He who knows not; and knows not that he knows not is a fool, shun him. He who knows not; and knows that he knows not is a child, teach him. He who knows; and knows not that he knows is asleep, wake him. He who knows; and knows that he knows is wise, follow him."

I would like to end this column with how five Jews have changed the way we see the world: a) Moses — the law is everything, b) Jesus — love is everything, c) Marx — money is everything, d) Freud — sex is everything, and e) Einstein — everything is relative.

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2021. Natasha Josefowitz. All rights reserved.

Friends of Pacific Beach Library seeking volunteers

After 15 months of waiting, the Pacific Beach/Taylor Library has now reopened for in-person services. The Friends of Pacific Beach Library are also gearing up to support the library services and events when they resume. The group is currently seeking volunteers to assist in

accomplishing its mission to support the widest and best possible services to the Pacific Beach community.

If interested, membership and volunteer information is available at the front desk of the library located at 4275 Cass St. or call 858-581-9934 ext 0, or

visit pblibraryfriends.org/contactus.htm.

Friends of Pacific Beach Library operates a used book store at the library, currently on Mondays and Wednesdays 11 a.m.-5 p.m. The book store is seeking volunteers to assist in the book sales through ongoing

regularly scheduled short shifts.

Other volunteers are needed for onetime events as they are scheduled. The group welcomes all types of members, including those who only provide financial support to accomplish their mission. Membership dues and the Friends bookstore sales

are the primary sources of revenue. The proceeds provide financial support for acquisitions and community activities such as concerts, summer movies, and numerous children and adult activities.

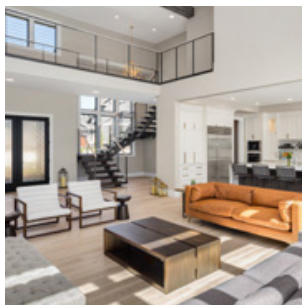
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5 Reasons You Should Be Using Our Free & Easy Concierge Program

1. Maximize the value of your home.
Easily increase the market value of your home and sell for a higher price.

2. Show your home in its best light.
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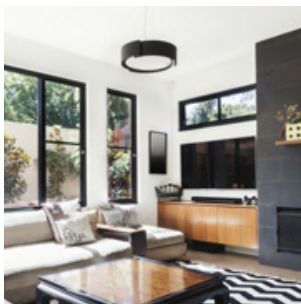


3. Sell your home faster.
Concierge helps you attract more buyers so that you can sell your home quickly.

4. No upfront costs or interest.
Funds will be advanced to you for home improvement services. When your home sells, you'll pay the costs of services rendered and nothing more.

5. Our Concierge Program is hassle free
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PT. LOMA – 3+ BD, 3 BA + FAMILY RM, 2023 SQFT \$1,500,000
Impressive, Spanish Home! Inviting front gated courtyard. Charm & vintage details, flexible floor plan! Formal living room, fireplace and hardwood flooring. Updated kitchen, family room, private outdoor patios & lush gardens. Large master suite. Detached guest suite, granny flat, or extra bedroom. 2 car garage with alley access. Walk to Liberty Station & just minutes to the beach & shopping!



PT. LOMA – 3 BD, 2 BA + FAMILY RM, 1,502 \$1,250,000
Open 7/31 & 8/1 from 1-4pm. Spacious Loma Portal home, large 7600 SQFT corner lot! Formal living & dining rooms, cheery eat-in kitchen + a family room that opens to the deck & yard. Private master suite. Hardwood flooring under most carpet, laundry room & storage. Plenty of places to relax outdoors, boat or RV parking! Quieter Homes Program has been completed. Solar passes on monthly savings to you!



SUNSET CLIFFS – 2 BD/2 BA, 1,399 SQFT \$1,100,000
Absolutely stunning panoramic views! Enjoy a spacious, single level, open floor plan. Take in the ocean breezes & soak up the sunset views with two view balconies overlooking the ocean! Updated & move-in ready. Large master view suite, kitchen with granite counters, stainless steel appliances & breakfast bar, in-unit laundry. 1 garage space + 2 additional parking spaces! Steps from ocean & beach access.



FALLBROOK – 3 BD, 2.5 BA, 1,971 SQFT \$699,000
Ideally located, formal model home, allows you to enjoy open preserve & mountain views! Designer touches, open floor plan, master retreat with a balcony to take in the views, 2 additional bedrooms, office area, laundry room, 2 car garage + plenty of storage. Paid Solar! Low HOA fees! Bonsall School District! Awesome community w/ access to trails & parks. Easy access to I-15 & HWY 76.



Curious about PB real estate?

Let's have a chat. Let me buy you a coffee next door to my PB office at the fabulous café, La Clochette Du Coin.



SCAN HERE
to schedule a
coffee chat
with Steve.

Steve Springer
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Just Listed!

3857 SEQUOIA ST. - NEW CONSTRUCTION

3 BD | 2.5 BA | 1,950 SQ. FT.

HURRY! Don't miss out on this new construction property in beautiful Crown Point. 3859 Sequoia went into escrow after just 8 days of market time, and 3857 Sequoia is the last one left! This jaw-dropping, impeccably-designed single family home brings a unique and fresh look to the beach area, and the builder sure didn't skimp out on a single thing. Outstanding craftsmanship, high end finishes, a Viking appliance package, beachy, yet modern, touches and stunning bay views from multiple oversized decks (and so much more) make this property so dreamy. Call to see the amazing views for yourself!

Asking price of \$1,999,000



Sold!

2562 GRANDVIEW ST.

4 BD | 3 BA | 2,303 SQ. FT. | 6,800 SQ. FT. LOT

After only 4 days of market time and receiving multiple over-ask offers, this stunning Bay Park home sold for \$251,000 over asking for a total sales price of \$1,950,000! Here is what our seller had to say about our service:

"...Once we were on the market, a bidding war broke out and we got \$250,000 over our list price!! It is scary to make such huge life changes but Scott helped us along the way with professionalism, humor and balance. He was able to negotiate a lease back so we could wait for my husband to officially retire in a few months. If you are making a huge life change as well, stick to an agent who knows how to make that change go smoothly. My husband and I highly recommend Scott Booth!"



SCOTT BOOTH
—REAL ESTATE GROUP—
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DRE #01397371

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PB Fun Fact:

A few years after the pier was constructed, cottages were also built - starting the Crystal Pier hotels. A lot of guests were attracted to spend a night on of the cottages because they got the chance to sleep over the ocean (literally).