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Curfews at three PB parks

SEE PAGE 4



Mixed views on Slow Streets

SEE PAGE 2



sdnews.com
SAN DIEGO COMMUNITY NEWSPAPER GROUP

Mayor Gloria signs short-term vacation rental ordinance into law



Mayor Todd Gloria and Council President Jennifer Campbell.

Four months into his administration, Mayor Todd Gloria on April 14 put to rest an issue that had been unnecessarily difficult for City leaders to solve as he signed into law an ordinance regulating short-term vacation rentals.

“These regulations should have been put in place long ago,” Gloria said. “Thanks to the leadership of Council President Jennifer Campbell, who worked closely with me to get the job done, San Diego finally has a clear set of rules governing short-term vacation rentals. Now, the work turns to thoughtful implementation, faithful enforcement and careful monitoring to enhance the quality of life in our neighborhoods.”

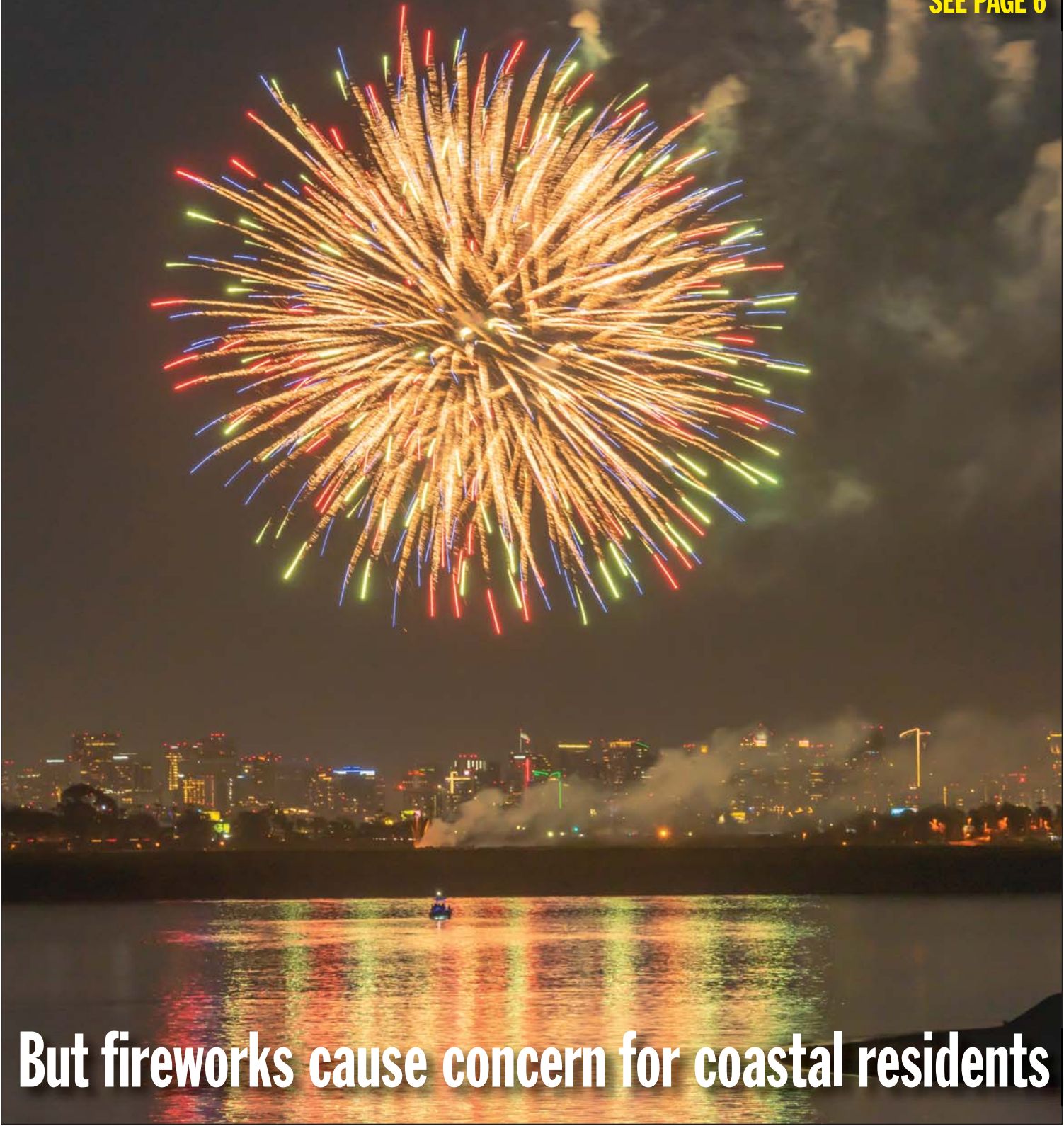
As he signed the ordinance at City Hall, he was joined by Campbell, who shepherded the ordinance to a pair of 8-1 Council votes on Feb. 23 and April 6. The ordinance puts regulations on the books that seek to protect neighborhoods while providing San Diegans with opportunities to rent out their homes, should they choose to do so.

“I’m grateful to the mayor for signing this ordinance, which will end the uncontrolled growth of short-term rentals, return homes back to San Diego’s housing market and bring peace and tranquility back to our neighborhoods,” said Campbell.

Now that the ordinance has been signed into law, City staff will work toward proposing for City Council approval sensible rental license fees and a lottery process for an initial allocation of limited licenses. Staff is also working to establish the systems, personnel and protocol needed to effectively enforce the new regulations.

SEAWORLD RIDES REOPEN WITH A BOOM

SEE PAGE 6



But fireworks cause concern for coastal residents

A SeaWorld fireworks show over Mission Bay from earlier this month. PHOTO BY CHRIS MANNERINO



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Residents have mixed views on Slow Streets program in Pacific Beach

By DAVE SCHWAB

Some Pacific Beach neighbors want the brakes put on the Slow Streets pilot program on Diamond Street from Mission Boulevard to Haines Street, claiming it is adversely impacting their neighborhood and is no longer needed.

The Slow Streets pilot program was introduced by former Mayor Kevin Faulconer to make it safer during COVID for San Diegans to walk and bike by creating more space for physical distancing and reducing congested foot traffic at parks, beaches, and outdoor trails. The program involved the City closing select streets to through traffic to optimize pedestrian and cyclist use to prioritize cost-effective transportation for essential workers during a time of economic strain and decreased transit service. This included erecting temporary barriers and signage, allowing residents to move about their neighborhood while practicing safe social distancing.

But some PB residents, like Jennifer Sprofera on Diamond Street, argue instead that slow streets are less safe and have diminished residents' safety, privacy and quality of life.

"In spite of it saying 'not a through street,' many (drivers) still use it as such," said Sprofera. "Because [Diamond] was such



Diamond Street is part of the Slow Streets program.

PHOTO BY DAVE SCHWAB

a high-traffic street, it made no sense to take that from us. It was the east-west route with protected four-way stops at each intersection and a light to cross over Ingraham. Now drivers using other streets must worry about being T-boned. And on Diamond, when crossing north to south, you must worry about crashing into a bike, scooter, skater or pedestrian in the middle of the road."

"Slow streets are a way to encourage walking, biking, skating and other people-powered transportation by creating spaces where driving isn't prioritized," said Slow Streets supporter and PB resident Katie Machete. "We know that higher-speed roads are more dangerous for everyone, and we consistently hear complaints

from the community about speeding in Pacific Beach. Slow Streets are one way to slow drivers down and protect our most vulnerable roadway users, which is especially important on Diamond Street adjacent to PB Middle School and the PB Rec Center."

"But Slow Streets offer even more benefits than just safety: over and over we hear how much people love having extra space to exercise, enjoy the outdoors, and connect with their neighbors," continued Machete. "We hope our Slow Street in Pacific Beach can become a model for other neighborhoods as we rethink the best ways to share our roadway space."

Neighbor Cindy Van Voorhis agreed with Sprofera.

"Making our streets safer and building on a sense of community are excellent motives, but this closure does not achieve these goals, and the City is putting our citizens' lives and property at risk for this pet project with no merit," she claimed. "Our streets are not made safer by creating a complex driving pattern with a myriad of new accident-prone opportunities in a community that ranks both fourth and fifth as the most dangerous driving zone in the city with a demographic of densely-populated highest-risk drivers and tourists."

Added Van Voorhis: "Diamond Street residents are not safer from criminal behavior or public nuisance because [Slow Streets] creates an increased demand on our already-challenged public and traffic safety resources. This is not eco-friendly because it will cause increased congestion."

"Our City has not performed due diligence or good-faith efforts to explore the wide-ranging impacts this will have on our community. If this precedent is established, not one resident homeowner in this entire City will be protected from this method of haphazard unilateral drastic remapping of our communities."

Proponents on the other hand contend Slow Streets work effectively slowing drivers and protecting vulnerable non-motorized

users while opening streets up more equitably to all users.

PB community activist Regina Sinsky-Crosby concurred with Machete's view that Slow Streets has successfully promoted traffic safety while encouraging public street access.

"We have a neighborhood begging for slower streets," she said. "To get the slow we need, we must celebrate and encourage the City to support the slow we have. The Slow Streets, the PB Pathway and our bike lanes are wonderful starts to a holistic, slow infrastructure. I hope Diamond is not only sustained but the start of more, connected, slow streets in PB."

Added Sinsky-Crosby: "PB has a history of telling people what they can't do. No skateboarding. No scooters. It doesn't work. Instead, let's try welcoming these things by creating specific, safe and enjoyable spaces and pathways for all types of mobility and ability to be enjoyed. Diamond Street is doing just that."

Neighbors Jessica and Mike Moore believe Slow Streets has had unintended negative consequences on Diamond Street.

"We are not opposed to Slow Streets, we are opposed to Slow Streets on our densely congested main artery that was done

See SLOW, Page 10

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SCOTT'S PB SPOTLIGHT

I often get met with surprise when people learn that I grew up here in PB since there aren't too many "locals" anymore. It got me thinking, there's a lot of interesting people and businesses in our community that people may not know about if they are new to the area. So, each month I will be spotlighting someone within our community that I think has an interesting story to share.

This month's feature: **Heather Rabe Worms**

Many of you probably already know Heather but for those of you that don't, she is in charge of the Jr Lifeguard program, is currently on the Site Governance Committee at PB Middle, is the past chair of the MB Cluster Board as well as served 6 years on the PB Elementary PTO board as well as its past president. In her "free time" she is involved with PYSL and helps with the Blast soccer club and still manages to be a dental hygienist a couple half days a week. Heather lives in North PB with her husband Rob and two kids.



Heather moved here from the Sacramento area to attend UCSD in the early 90's and never left. Her tenure with the lifeguard department started in 1996 when she was a summer lifeguard while attending UCSD. In 1998 she became an instructor for the Jr Lifeguard program and last year after the then person in charge retired, she was selected to run the show. Some of her accomplishments include helping found the Jr Lifeguard Autism Camp in association with Autism Tree, helping start the Grommets program and last year being able to still have one of only 3 Jr Guard programs to run in the state and the first in the nation due to Covid. When I asked her why she thought she was able to make it work against such daunting circumstances, she said "I really leaned on my amazing staff to accomplish still being able to run the program and without them it wouldn't have been possible". That program this year was immediately filled and has over 2,000 people on the waiting list, a testament to how well the program is run.

Heather's involvement with the schools and school boards here in PB has seen a LOT of accomplishments. As she pointed out to me, she was very lucky that when her and her co-president, Amanda Marzion took the reigns of the PTO Board at PBE, that "the people before us had done such a good job setting the stage for us to succeed and do well and we were surrounded by tons of other parent volunteers that contributed so much to the school, programs and fundraising". Some of those accomplishments are the creation and funding of a science program, funding a continued PE program and music program, increased fundraising, much more community involvement and an overall elevation of the student's enrichment. Her involvement at PBE led to her involvement with the MB Cluster and involvement with PBMS where she has been involved with the new later school start times as well as the recent re-opening of the schools.

I for one, as a parent of two kids here in PB, can say I have personally benefitted from all of her hard work and dedication within the community and I'm sure many of you have benefitted as well. As she pointed out numerous times when we spoke, she didn't do it alone and if it wasn't for all of the other amazing people she's worked with and collaborated with, she wouldn't have been able to accomplish what she has. So thank you Heather for making our community that much better.

If you know of someone you think has an interesting story, send me an email scott@isellbeach.com with their info and why you think they would be a good person/business to spotlight and will consider them for a monthly spotlight.

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City Council approves curfews at three Pacific Beach parks

By DAVE SCHWAB

Increasing crime in parts of Pacific Beach during the evening- and early-morning hours has prompted the beach community to recommend curfews at Fanuel Park, Pacific Beach Library grounds, and Mission Bay Youth Fields.

That recommendation was approved by an April 6 full City Council vote.

“The park curfews will go into effect 30 days after the mayor signs the ordinance, and signage will go up by that time,” said Brian White, past president of Pacific Beach Town Council. “This initiative is the result of a nearly two-year-long process, starting with a petition circulated in July 2019 that gathered 504 signatures in two months. Over the past two years, this proposal has been heard by numerous park advisory groups, commissions, and community groups.

“I’m glad to see the park curfews nearing the final steps toward implementation. These parks experience elevated levels of crime during nighttime hours, and these curfews will be an added tool for residents and police to make the areas safer.”

The following nighttime curfews are now designated: PB Library, 10 p.m.-5 a.m.; Mission Bay Youth Fields, 11 p.m.-6 a.m.; and Fanuel Park, 10 p.m. to 5 a.m.



Fanuel Park on Mission Bay will have a curfew from 10 p.m. to 5 a.m.

PHOTO BY DAVE SCHWAB

Fanuel Park, which is heavily used during the day especially on weekends, needs further approval from the Coastal Commission, which may take longer to initiate.

“Also due to City budget shortfalls, local volunteer nonprofit Pacific Beach Town Council is paying for signage costs,” added White, who is working with City Parks and Rec on the details.

PB civic volunteers agree a curfew has become necessary in designated parks.

Lee Silber, a volunteer at the Bob McEvoy Fields on Grand

Avenue, offered some insight into what happens overnight at the Mission Bay Youth Sports Fields where baseball, softball, and soccer for kids is played.

As the person who maintains the fields and facilities, Silber noted what he finds mornings when he arrives:

– Needles, crack pipes, human waste, broken glass, and a lot of litter.

– Broken equipment, vandalism, graffiti, real damage to the dugouts, scoreboards, and snack shop.

– Bike parts, shopping carts, and other stolen items left behind.

“What this means is I spend a great deal of time dealing with this, which means I have less time to work on the fields,” noted Silber. “Our league has spent hundreds of dollars fixing things that were broken overnight, which is money that could have been used on the kids. This is the crux of the complaint. It’s a field for kids. And it’s not safe.”

Silber shared one example. “Our games often start at 8 a.m. which means the kids arrive at 7

a.m.,” he said. “I was the first one to arrive on a Saturday at 6:30 a.m. and found a man had broken the lock to the dugout and was inside ‘sleeping’ with a needle still stuck in his arm. When I woke him up he went berserk and chased me around (I led him away from where the kids were arriving). Like many of the things that have happened at the fields, it wasn’t reported to the police because the man got on his bike and rode off. But I know we have called the police many times, too.”

Another PB volunteer, Marcella Teran, addressed her public support for a nighttime curfew at PB Library Park.

“Our community’s crime rates are growing each year,” Teran said. “We are experiencing increasing crime especially in certain areas of Pacific Beach during the evening and early morning hours. Three parks that are particularly impacted by criminal activity are Fanuel Park, Pacific Beach Library Park, and Mission Bay Youth Fields.

“Many people in the nearby neighborhoods have told me they are afraid to walk, jog, or walk their dogs in or close to these parks during the evening- and early-morning hours. I know this to be true. The night-time curfew is a subtle way to help reduce crime, and help people feel safer,” Teran said.

Obituary: Dr. John Westwood, DDS

Dr. John Westwood, DDS, passed away peacefully March 30, 2021 surrounded by his wife and three children at Scripps Memorial Hospital from Parkinson’s complications. An adventurous, kind and generous soul, John shared his talents, time and love with friends, family and community. No one was a stranger to “Dr. John”.

He grew up on the shores of Mission Beach, graduated from Mission Bay High school in 1960, attended BYU then served an LDS mission to Northern California. He transferred to SDSU majoring in Zoology where he earned a varsity letter in volleyball. Creative match making by his mother, Betty Westwood, led to a beautiful marriage of over 53 years to Darice (Tippets).

In 1967, John and Darice moved to Los Angeles to attend USC Dental School. After graduation, John returned to San Diego with his young family. Initially working alongside his father, Dr. John T. Westwood, John enjoyed connecting with his patients for over 37 years. As a member of Flying Samaritans, he provided free dental care to remote villages in Baja California. In 1982, he opened a second dental practice in Pacific Beach. John continued to serve his patients and the community. He was President of the PTA at Pacific Beach Middle School. An original board member for Discover Pacific Beach, he also served as a board member of the Pacific Beach Town Council. In 2007, he retired from dentistry after being diagnosed with Parkinson’s disease. Known for wearing crazy hats, colorful jackets, with a playful character and the twinkle in his eyes, he refused to let Parkinson’s slow him down. In 2012, he was awarded the honorary Mayor of Pacific Beach, where he was instrumental in renovating the play equipment at Kate Sessions Park. He spent weekends volunteering for Concerts on the Green at Kate Sessions Park and picking up trash

wherever he went. John and Darice enjoyed many date nights as patrons of the symphony and live theater. Together they traveled extensively throughout the world.

A man of action, he enjoyed playing golf, tennis, waterskiing, snow skiing and adventures along the Colorado River, especially time at Lake Powell. He volunteered countless hours on the weekends with the Blind Ski Program that brought him immense joy. John looked forward to any time he could yell, “Hit it!” behind a boat.

Grinding wheat, baking and delivering bread to countless friends and neighbors allowed him to use the wheat storage under the house and connect with others. He was devoted to his family, providing a constant cheering section to his children and grandchildren.

Time spent together as family was filled with dominos, waterskiing, card games, music, golfing, Dutch oven meals, tennis, pickleball and ping pong; but most of all, the laughter and love that enveloped each person in his presence. In recent years, John loved to end family events with a cacophony of noise from his firecrackers stash, emphasizing his zest for good times spent together with his family and friends.

“We are not here for a long time, we are here for a good time!”

He is survived by his beloved wife, Darice Tippets Westwood; three children Damon (Trish) Westwood, Adrian (Katarina) Westwood and Stella (Parker) Jones; and six grandchildren: Peyton and Caprice Westwood, August Westwood, Morgan, Olivia and John Parker Jones; sister Margot Bradford and brother James Westwood.

Services will be held April 17. In lieu of flowers, please consider donating to Parkinson’s Association of San Diego or Pacific Beach Town Council.





A group adventure at UC San Diego. In the background is Fallen Star, an art installation by South Korean artist Do Ho Suh on the Jacobs School of Engineering building at UC San Diego. COURTESY PHOTO

Couple leads tours to ‘quirky hidden spots’ in San Diego

Team building events, scavenger hunts, and wellness walks offered

By DAVE SCHWAB

Darlynne and Marc Menkin migrated from the East Coast to San Diego to re-establish themselves and ended up becoming tour guides, something neither of them had ever considered.

Darlynne Reyes Menkin was working in broadcast news and her husband Marc had been busy discovering “quirky hidden spots” exploring the shores of North Pacific Beach and Bird Rock.

“He would come home and tell me about all the really cool places he’d found,” said Darlynne. “Finally he said to me, ‘I think I want to do this tour guide thing.’ I said, ‘Ok, we’ll go for it.’ I’ll help you as much as I can.”

The couple started doing walking tours on weekends for fun and enjoyed it so much they began to figure out how to earn a living from it.

“Then a company called us asking if we’d be willing to help them put together a team-building project,” noted Darlynne. “That’s how it started.”

Now the pair own two sister companies, Out Of The Ordinary Group Adventures for team building, and Where You Want To Be Tours covering guided walking and bicycling tours, which began in 2003.

“We offer adventures for the public and also for private groups, which are often a family, a group of friends for an outdoor birthday adventure, or meet-up groups and companies looking for a fun team building day outside,” said Darlynne.

“Our team-building company was actually started in 1996, and as time has gone on we’ve gotten more companies doing it such as Qualcomm, Kaiser, and Sharp,” noted Marc, adding both their companies are under one umbrella. “They go hand in hand,” he said adding, “We do scavenger hunts, one of our best sellers, in Balboa Park and elsewhere. We also do team Olympics, a cooking ‘iron chef’ as well as teaching outrigger racing and sailing. The list goes on, over 30 different team-building concepts for groups who want to

play or bond, as well 15 to 20 different experiences for Where You Want To Be.”

“During this COVID time, outside tours are best, you can easily physically distance in beach communities like La Jolla,” added Darlynne.

Marc discussed their Hidden Gem Walking Tour.

“South of La Jolla Village there are some great beaches, like WindanSea, and just some really unusual places, hidden, secret beaches near mansions,” noted Marc. He added, “It’s an easy two-hour, four-mile walking tour with no steep hills. We know all the great spots, on top of the cliffs and the tide-pools. We’ve gotten good feedback on our secret beaches and canyons tours. We show people where they can go to take a walk or bike ride.”

“We get very excited about being able to show these places to local people, or when they have their families in town,” noted Darlynne. “We get jazzed about empowering them.”

Their clientele is diverse, said Darlynne.

“It’s leisure family tours as well as corporate and local groups and companies, tourists visiting, birthday parties and school reunions,” she said. “People want to be outside.”

Marc said they’re planning to begin bicycle and electric bike tours

GROUP ADVENTURES

What: Darlynne and Marc Menkin group team building, walking, and biking tours

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soon in North PB and Bird Rock. “It will be a 12- to 15-mile tour with stops along the way,” he said, adding similar tours are planned in Mission Beach and Sunset Cliffs.

Darlynne pointed out people want something extraordinary in a group tour.

“They don’t want canned tours,” she said. “They want something that really speaks to them, allows them to have some fun with their families, something that is different and unique – a new experience.”

“We’re ourselves,” noted Darlynne of their success adding, “We also donate our time a lot to the military and faith-based groups.”

“Right now we’re planning for adventures in the hospitality industry, encouraging people to participate who’ve been in the hard-hit hotel and hospitality industry,” noted Marc.

The couple feeds off the reactions of guests on their guided tours. “We enjoy being in the moment, observing what people are learning,” Marc concluded.

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Most rides, exhibits, events, and shows open at SeaWorld

EMPEROR ROLLER COASTER SCHEDULED TO OPEN IN 2021

By DAVE SCHWAB

Having relaunched its rides on April 12, SeaWorld has fully reopened its theme park with limited capacity featuring animal exhibits, presentations, and other entertainment experiences.

"We're delighted to bring back some of the best thrill and family rides that San Diego has to offer," said park president Marilyn Hannes. "Our guests have been eager for SeaWorld to reopen rides, and we are looking forward to providing these exciting experiences to our guests."

"We reopened in August 2020 then again in early February as an accredited zoo and aquarium with changes to almost every aspect of our park operations to enhance our already strict health and safety standards – from food service to live animal presentations," noted Tracy Spahr, SeaWorld spokesperson. "Now with guidelines available from the state, SeaWorld San Diego is operating as a theme park. Guests can enjoy our indoor exhibits and see penguins, sharks,



The roller coaster Electric Eel – where riders drop from heights of 150 feet while getting boosted 60 mph forwards and backwards through looping twists – is now open at SeaWorld.

PHOTO BY SEAWORLD PARKS & ENTERTAINMENT

belugas and our new northern sea otters; learn about dolphins and sea lions at live educational presentations, and sip and savor around the world at the Seven Seas Food Festival event on weekends."

Added Spahr: "Meet the Sesame Street characters at the Sesame Street Bay of Play. Watch a new live animal presentation called R is for Rescue, an exclusive show to our park that highlights rescued animals with some added fun from Elmo and Abby Cadabby, plus all

the park's rides."

Spahr noted SeaWorld employees, during the park's closures, were present to properly care for animals. "In addition, our SeaWorld Rescue Team continued to be on call 24/7/365, partnering with multiple government agencies to rescue and help animals in need of our care during the pandemic, giving them a second chance at life," she said. "Last year, we rescued 819 animals, 463 of those were while we were closed due to COVID."

What can park guests expect from the reopened SeaWorld?

"We've added plexiglass to the rides and extra-distancing measures. In addition, hand sanitizer is available at the entrance and exit of all rides and throughout the park, and we have increased

the frequency of cleaning and sanitizing and all rides are kept to a limited capacity," replied Spahr.

What to expect:

PARK RIDES

Open: The roller coaster Electric Eel – where riders drop from heights of 150 feet while getting boosted 60 mph forwards and backwards through looping twists – as well as the Tentacle Twirl, Elmo's Flying Fish, Oscar's Rockin' Eel, and the Sea Dragon Drop.

Opening soon: Water rides Shipwreck Rapids and Journey to Atlantis, roller coaster Manta, Riptide Rescue, Octarock, and the Bayside Skyride.

Temporarily closed: The roller coaster Tidal Twister, and the Skytower.

Opening in 2021: The Emperor roller coaster will be the tallest and fastest floorless dive coaster in the state. Riders will dangle and drop more than 150 feet before plunging 90 degrees into exhilarating loops, a tribute to the Emperor penguins' journey from frozen cliffs to their deep dive into the depths of the ocean.

SESAME STREET

The laughter and learning of Sesame Street come to life at Sesame Street Bay of Play where families can participate in new experiences including the all-new R is for Rescue animal education presentation on how the park cares for animals in need, and how we can all

take care of the environment to make it a safer place for animals.

FOOD FEST

For those who like to sip, savor, and sample, the Seven Seas Food Festival continues through May 2. The event runs Fridays, Saturdays, and Sundays, serving more than 125 flavors from around the world with live music performances stationed throughout the park. Weekend guests will experience the heart-pounding energy and beauty of the Polynesia Dance Show, complete with atmospheric Hawaiian traditional music, hula dancers, a fire dance and live musicians.

To prepare for the spring and summer months ahead, SeaWorld is recruiting and hiring more employees. Southern California residents can now purchase a SoCal resident pass for \$9 a month, which includes unlimited visits for 12 months and 50 percent off parking. Visit seaworldsandiego.com for more details.

Added Hannes, "Safety is our number one priority, and as we've been fortunate to already be open and operating as a zoo; we've already implemented significant safety enhancements for our guests." To give guests ample space for a physically distanced visit, the number of date-specific tickets and reservations available each day are limited and must be purchased online and in advance of each visit to manage capacity.

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SeaWorld fireworks reignite noise complaints from coastal residents

By DAVE SCHWAB

The resumption of fireworks this spring at the recently reopened SeaWorld has resurrected long-time opposition to the pyrotechnic displays, which opponents insist can be harmful to both animals (especially dogs) and people.

SeaWorld, which reopened most rides and exhibits on April 12, restarted nightly fireworks on March 26 through April 11. The fireworks shows, which had been on a long hiatus, will continue on Fridays, Saturdays, and Sundays through May 30.

That action has prompted a new petition drive launched by a San Diego resident on Change.org. The petition, which was started a couple of weeks ago and has 3,105 signatures as of April 14, states: "The fireworks at SeaWorld constitute animal cruelty. Dogs, cats, and other companion animals don't understand that the terrifying loud bangs are

a celebration. SeaWorld claims to be an organization based on animal conservation and education, yet it launches nightly fireworks terrifying and tormenting tens of thousands of animals in the San Diego area."

"Dogs, cats, and all animals live in terror every night for miles around," continues the petition. "Can you imagine what the terrifying booming does to its own animals directly under the thunderous sounds in small tanks reverberating the noises? It is beyond irresponsible for an animal conservation group to be inflicting so much pain and trauma to animals. SeaWorld is notorious for its abuse and neglect of its own animals. It's not surprising they are completely ignorant to this as well. It's a disgusting display of ignorance and a complete disregard to animal welfare."

Reacting to the petition's allegations, SeaWorld spokesperson Tracy Spahr answered: "We have always conducted our fireworks,

which have been a San Diego spring and summer tradition for more than 25 years, in accordance with City of San Diego noise ordinance (San Diego policy 500-06) that regulates such demonstrations. We try to be mindful of our neighbors and their pets by making sure the program is concluded by 9 or 10 p.m., and always communicate the dates and times of our fireworks presentations.

"We do understand that atmospheric conditions can cause sound to travel farther distances," continued SeaWorld's response. "But we have no way of telling if those conditions have been different now than from previous years. We've also used the same fireworks shells for the past decade and as part of our policy, we don't use any fireworks shells for the sole purpose of making noise (these are called salutes), but limit the shells to the smaller version

See SEAWORLD, Page 10

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Safety is top of mind for everyone, and Birch Aquarium has adopted sev-



eral new safety measures for in-person camps including requiring face coverings and social distancing during all activities. Additionally, kids will remain in their camp pods with individual supplies and materials for each camper.

Camps run June 21-August 27 and extended-day options are now available for in-person camps. Registration begins April 12 for the general public,

with early registration available for aquarium members. Visit aquarium.ucsd.edu/summercamps for details.

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Come join the fun and get better this summer at the Nike Tennis Camps at University of San Diego. Veteran director, Bill Scott, joined by USD Head Women's Tennis Coach, Sherri Stephens, and Head Men's Tennis Coach, Ryan Keckley have another amazing summer lined up with fun both on and off the court! With six weeks of junior overnight and day camps for boys & girls ages 9-18 of all

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LETTER TO EDITOR:

Pacific Beach residents should have more say over 'Slow Streets' program

EDITOR:

The City's risking lives/properties for a slow-street "test tube" in dangerous demographics. Homeowners will be forced to endure permanent adversity with no vote/no vetting from transportation/safety/environmental authorities.

Vested residents deserve democratic process of regular order for proposals of this magnitude. If this precedent's established, no homeowner will be protected from unilateral haphazard drastic remapping of our neighborhoods.

PB's worldwide destination provides a plethora of amenities encompassing miles of boardwalk, ocean, park lands, ball fields, recreation centers. Now they want to carve out what will inevitably become a circus at our doorsteps removing a precious main artery steps away from city-leased ever-expanding YMCA, school, recreation center, selfishly "leaf-blowing" all traffic under pretenses "safety/community building" so people can also "play in the streets" – potentially creating dangerous fads for now more congested roadways. "Give them an inch..."

Streets aren't made safer by increasing accident-prone opportunities in highest-risk demographics of transient resident/tourist drivers three blocks from city's largest drinking Mecca. Pedestrians are given false sense of security; cars will illegally access this "street-walk." It only takes "one bad day" for this ticking time bomb.

"Diamond" thinks they won the lotto under the guise of COVID. Residents aren't safer because ecosystems will evolve for criminal/nuisance et al. behaviors thereby increasing strains on our already-challenged resources. "If you build it, they will come."

Eco-friendly cities don't intentionally increase congestion willy-nilly. These risk-reward disparity ratios are exponential. Aren't they?

"Smart Cities..." details "12 Ways to Slow Down Traffic..." PB has a measly handful of deterrents. We deserve a comprehensive plan incorporating intelligent infrastructure versus this slapstick pet project destined for personal injury, property damage, and an increasingly divided community.

San Francisco's model requires numerous surveys/several agencies to get on board to ascertain equitable understandings of how this will affect people. How nice. Our "Finest City" model includes one obscure survey posted thick in the weeds of a pandemic prefaced with "This is temporary..." – kinda resembling bait and switch.

I implore the City to put its citizens at ease with what should be readily-available answers to these paramount questions before concrete gets poured over this matter. Please protect and serve. Tick-tock

Cindy Van Voorhis
Pacific Beach



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SLOW »
CONT. FROM PG. 2

inappropriately with zero input from the community,” said Jessica Moore, adding, “We’re just worried somebody is going to get hurt.”

“Slow Streets has been in effect for 11 months,” pointed out Mike Moore. “The initial note was that this would be temporary due to an increase in pedestrian and biking activity when the boardwalk was shut down. Diverting traffic to other streets has completely disrupted the natural flow of traffic in PB.”

Mike Moore added: “Local residents on these streets are ‘not’ happy with the closure of

Diamond. [Prior to Slow Streets] we had issues with drivers speeding down our street. There were two dog deaths, a skateboarder hit and numerous car accidents. Five years ago, I worked with the City to designate four-way stops at Missouri and Fanuel and Missouri and Gresham. All other Slow Streets have been canceled throughout the city, except the Diamond closure.”

“There’s a strong possibility that the City is in violation of California Codes 830/835,” contended Van Voorhis. “Our tax dollars are at stake in this irresponsible behavior because if an accident occurs during this closure, the City will be held liable in a court of law.”

SEAWORLD »
CONT. FROM PG. 6

that result in the colorful burst people can see. From our observations and noise studies, animals are said to be used to the various sounds and different noises in their environment, and are quite desensitized to them.”

Regarding the impact of noise from fireworks on its marine park animals, SeaWorld previously asserted: “Our firework displays do not impact the animals in our park. The U.S. Department of Agriculture Animal and Plant Health Inspection Service filed a report relating to our animals and fireworks that states that ‘all animals were apparently healthy and

there were no aberrant behavioral manifestations noted’ ... as a result of firework activities in the evening during summer. More than 10 years of analysis consistently demonstrate that our fireworks displays, which only last five minutes, are not having a detrimental impact on Mission Bay.”

There are other, better alternatives to pyrotechnics, states the Change.org petition, adding: “Fireworks are available in silent options. This petition is to encourage SeaWorld to be conscientious about their animals and the tens of thousands of animals around their park that they affect on a nightly basis. Please sign this petition to make a change for their animals and ours.”

Driver pleads not guilty to two counts of gross vehicular manslaughter

By NEAL PUTNAM

An alleged drunk driver who is accused of causing the deaths of two passengers in La Jolla pleaded not guilty Monday to two counts of gross vehicular manslaughter while intoxicated.

Peter John Meno, 27, appeared before San Diego Superior Court Judge Joseph Brannigan via a computer program as the courts are partially closed due to the coronavirus outbreak.

Meno is accused in the Nov. 22, 2020, deaths of Jayden Rowley, 22, of Oceanside, and Matthew Cate, 19, of Vista.

Meno was driving his Nissan Altima on Torrey Pines Road around 3:15 a.m. when he made a left turn onto Girard Avenue and lost control of his car.

The vehicle struck a tree. Meno was hospitalized for injuries in the incident.

Brannigan allowed Meno to remain free on \$100,000 bond which he posted earlier. After he was released from the hospital, he was in jail for a day or two before posting the \$10,000 premium to a bail bond agency, according to court records.

A preliminary hearing is set for May 20.

Meno is also charged with two counts of DUI with injury in making an unsafe turning movement.

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LEGALS ADS 900

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005002 Fictitious Business Name(s) a. CURIOUS JUNIPER b. CURIOUS JUNIPER NOT SO SIMPLE SYRUPS Located at: 4156 CITRADORA DRIVE, SPRING VALLEY, CA 91977 Is registered by the following: a. KIMBERLY ANN-FLORES CREEKMORE b. BRITTANY JEANNE SCHAEFFER This business is conducted by: A GENERAL PARTNERSHIP. The first day of business was: N/A Registrant Name: a. KIMBERLY ANN-FLORES CREEKMORE Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 15, 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

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6				9				
		1			8		4	
3			5	7	4			9
4			1		6			8
						1		6
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CROSSWORD PUZZLE

1	2	3					4	5	6	
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43				44					45	
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	51								52	

- CLUES ACROSS

1. Ocean surface indicator (abbr.)
4. American time
7. Satisfaction
8. Diving duck
10. Very small amount
12. Metrical units
13. An ignorant or foolish person
14. Sino-Soviet block (abbr.)
16. It may sting you
17. Turn outward
19. Perform on stage
20. "CSI" actor George
21. Localities
25. Make a choice
26. Indicates position
27. One of Thor's names
29. Indian musical rhythmic pattern
30. "The Raven" author
31. Take in solid food
32. Legendary QB
39. Sorrels
41. Organization of nations
42. Texas pharmaceutical company
43. Mathematical term
44. Expression of disappointment
45. Abba __, Israeli politician
46. Hide away
48. Salad restaurant
49. Daughters of Boreas (mythology)
50. Men's fashion accessory
51. Political action committee
52. Unhappy

- CLUES DOWN

1. Make unhappy
2. Heard the confession of
3. Capital of Taiwan
4. Fiddler crab
5. Brazilian dances
6. Fit with device to assist breathing
8. Brother or sister
9. Pastries
11. "Lone Survivor" director Peter
14. Boat type (abbr.)
15. Apertures (biology)
18. Suffix
19. Creative endeavor
20. Icelandic poem
22. Spanish dances
23. Town in Central Italy
24. Cars need it
27. Mimics
28. Rocky peak
29. Cigarette (slang)
31. One point south of due east
32. Soap actress Braun
33. Large domesticated wild ox
34. Island nation
35. Appear
36. Addictive practices
37. Loss of control of one's body
38. Type of poster
39. Greek mountain
40. Funny person
44. One and only
47. Pouch

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9	8	7	2	8	6	2	9	1
8	2	6	9	2	1	9	8	7
6	1	9	7	2	9	8	2	8
2	7	9	8	8	9	1	6	2
8	8	2	1	6	2	7	9	9





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LEGALS»
CONT. FROM PG. 11

9005317 Fictitious Business Name(s) a. AMERICAN COMEDY CO. b. AMERICAN COMEDY CO., INC Located at: 818-B 6TH AVENUE, SAN DIEGO, CA 92101 Is registered by the following: a. AMERICAN COMEDY CO., INC This business is conducted by: A CORPORATION. The first day of business was: 3/1/12 Registrant Name: a. AMERICAN COMEDY COMPANY, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor. JUSTIN HOLLISTER, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 19, 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005721 Fictitious Business Name(s) a. TOKYO CENTRAL Located at: 8125 BALBOA AVENUE, SAN DIEGO CA 92111 Is registered by the following: a. a. MARUKAI CORPORATION This business is conducted by: A CORPORATION . The first day of business was: N/A Registrant Name: a. MARUKAI CORPORATION Title of Officer, if Limited Liability Company/ Corporation Title of Signor. YASUYUKI SAKAMOT, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 23 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005722 Fictitious Business Name(s) a. TOKYO CENTRAL Located at: 8111 BALBOA AVENUE, SAN DIEGO CA 92111 Is registered by the following: a. a. MARUKAI CORPORATION This business is conducted by: A CORPORATION . The first day of business was: N/A Registrant Name: a. MARUKAI CORPORATION Title of Officer, if Limited Liability Company/ Corporation Title of Signor. YASUYUKI SAKAMOT, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 23 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005331 Fictitious Business Name(s) a. MOCARD GREEN BUILDING Located at: 419 WINDJAMMER CIRCLE, CHULA VISTA, CA 91910 Is registered by the following: a. HUGO MORA This business is conducted by: AN INDIVIDUAL . The first day of business was: N/A Registrant Name: a. HUGO MORA Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 20, 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005000 Fictitious Business Name(s) a. THE HARP Located at: 4935 NEWPORT AVENUE, SAN DIEGO, CA 92107 Is registered by the following: a. ANTHONY JOHN FLEMING This business is conducted by: AN INDIVIDUAL . The first day of business was: 1/1/08 Registrant Name: a. ANTHONY JOHN FLEMING Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 15, 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005627 Fictitious Business Name(s) a. FLIPNICKS Located at: 3297 E FOX RUN WAY, SAN DIEGO, CA 92111 Is registered by the following: a. ANTHONY ALBERT ALVAREZ This business is conducted by: AN INDIVIDUAL . The first day of business was: 3/5/21 Registrant Name: a. ANTHONY ALBERT ALVAREZ Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 20 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005305 Fictitious Business Name(s) a. PORTIA BIBB TTK Located at: 3618 MARLESTA DRIVE, SAN DIEGO, CA 92111 Is registered by the following: a. PORTIA GENELLE BIBB This business is conducted by: AN INDIVIDUAL . The first day of business was: 2/7/21 Registrant Name: a. PORTIA GENELLE BIBB Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 19 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSEPH RONALD LEMOINE a.k.a. TONY VOLU, deceased CASE NO. 37-2021-00006730-PR-LA-CTL. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: JOSEPH RONALD LEMOINE a.k.a. TONY VOLU deceased A PETITION FOR PROBATE has been filed by MICHELLE PAUL in the Superior Court of California, County of San Diego. THE PETITION FOR PROBATE requests that MICHELLE PAUL be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with full authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on 05/18/21 at 11:00AM in Dept. 504 located at 1100 UNION ST. SAN DIEGO CA 92101 PROBATE DIVISION. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority

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may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice (DE154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: MICHELLE PAUL, 4918 N. HARBOR DRIVE, SUITE 204, SAN DIEGO, CA 92106 (619) 379-9823. ISSUE DATES: APRIL 2, 9 & 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9006159 Fictitious Business Name(s) a. NOLI Z Located at: 6987 CAMINO PACHECO, SAN DIEGO, CA 92111 Is registered by the following: a. NOLI CIPRIANO ZOSA This business is conducted by: AN INDIVIDUAL . The first day of business was: 2/7/21 Registrant Name: a. NOLI CIPRIANO ZOSA Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 30 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9004698 Fictitious Business Name(s) a. AM WHOLESALEERS Located at: 8025 CLAIREMONT MESA BLVD #300, SAN DIEGO, CA 92111 Is registered by the following: a. FOREVER REST, LLC This business is conducted by: A LIMITED LIABILITY CORPORATION. The first day of business was: 01/01/21 Registrant Name: a. FOREVER REST, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor. ANDRE GIOVANNI FIMBRES, MORALES, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 13 2021. ISSUE DATES: APRIL 2, 9, 16 & 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005919 Fictitious Business Name(s) a. SQUIRTOPIA Located at: 4062 VALETA ST. #338, SAN DIEGO, CA 92110 Is registered by the following: a. COASTAL SAGE MANAGEMENT, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: N/A Registrant Name: a. COASTAL SAGE MANAGEMENT, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor. THOMAS FARMERY, MANAGING MEMBER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 27 2021. ISSUE DATES: APRIL 9, 16, 23 & 30

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005986 Fictitious Business Name(s) a. THE THUNDERCOCK Located at: 4950 DATE STREET, SAN DIEGO, CA 92102 Is registered by the following: a. ADAM JEFFREY JONES b. ODELL HOBSON c. OSCAR ALEJANDRO RIVEROS This business is conducted by: A GENERAL PARTNERSHIP . The first day of business was: 03/17/16 Registrant Name: a. ADAM JEFFREY JONES b. ODELL HOBSON c. OSCAR ALEJANDRO RIVEROS Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 27 2021. ISSUE DATES: APRIL 9, 16, 23 & 30

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005328 Fictitious Business Name(s) a. BLUE TYGER'S HOLISTIC CITCHEN b. MYSTIC MAU KOMBUCHA Located at: 1501 E GRAND AVENUE, APT 6410, ESCONDIDO, CA 92027 This business is conducted by: AN INDIVIDUAL The first day of business was: 02/15/21 Registrant Name: a. TYGER KAREN DENISE MOSES Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 19 2021. ISSUE DATES: APRIL 9, 16, 23 & 30

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2021-00013635-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 WEST BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE TO ALL INTERESTED PERSONS: 1. Petitioner (name): ASHLEIGH KERYN DONOVAN AKA ASHLEIGH KERYN ROMERO filed a petition with this court for a decree changing names as follows: Present name: a. ASHLEIGH KERYN DONOVAN AKA ASHLEIGH KERYN ROMERO to Proposed name: ASHLEIGH KERYN SCHWAB 2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 05/12/2021 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS / BEACH & BAY PRESS & PENINSULA BEACON. Date: MARCH 26, 2021. JUDGE OF THE SUPERIOR COURT LORNA ALKSNE ISSUE DATES: APRIL 9, 16, 23 & 30 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9006588 Fictitious Business Name(s) a. DIRTY BIRDS FOOD TRUCK b. DIRTY BIRDS FOOD TRUCKS Located at: 6987 CAMINO PACHECO, SAN DIEGO, CA 92111 Is registered by the following: a. NOLI Z This business is conducted by: A CORPORATION . The first day of business was: N/A Registrant Name: a. NOLI Z Title of Officer, if Limited Liability Company/Corporation Title of Signor. NOLI CIPRIANO ZOSA , CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 9, 2021. ISSUE DATES: APRIL 16, 23, 30 & May 7

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9005152 Fictitious Business Name(s) a. RB DESIGN CENTER b. RANCHO BERNARDO DESIGN CENTER c. RBDC Located at: 16486 BERNARDO CENTER DRIVE #128, SAN DIEGO, CA 92128 Is registered by the following: a. TROY A FRANCE b. JANICE M FRANCE This business is conducted by: A MARRIED COUPLE . The first day of business was: 02/01/10 Registrant Name: a. TROY A FRANCE b. JANICE M FRANCE Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 17, 2021. ISSUE DATES: APRIL 16, 23, 30 & May 7

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9006326 Fictitious Business Name(s) a. LAK CALIFORNIA Located at: 6204 AGEE STREET, UNIT 133, SAN DIEGO, CA 92122 Is registered by the following: a. KRISTINA KOVALCHUK This business is conducted by: AN INDIVIDUAL. The first day of business was: 03/3/21 Registrant Name: a. KRISTINA KOVALCHUK Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 6, 2021. ISSUE DATES: APRIL 16, 23, 30 & May 7

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9004714 Fictitious Business Name(s) a. STEER FINANCIAL b. MANTRA PAYMENTS Located at: 3112 JARVIS STREET, SAN DIEGO, CA 92106 Is registered by the following: a. STEER FINANCIAL, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 10/01/20 Registrant Name: a. STEER FINANCIAL, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor. VANESSA T ARELLANO, MANAGING PARTNER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 13, 2021. ISSUE DATES: APRIL 16, 23, 30 & May 7

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9006379 Fictitious Business Name(s) a. HOGAN'S CARS Located at: 7490 OPPORTUNITY ROAD, SUITE 2250, SAN DIEGO, CA 92111 Is registered by the following: a. ECE ENTERPRISES, INC This business is conducted by: A CORPORATION The first day of business was: 03/19/21 Registrant Name: a. ECE ENTERPRISES, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor. HOLGER E. BUDECK, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 6, 2021. ISSUE DATES: APRIL 16, 23, 30 & May 7



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The new dilemmas we face as we reassess our post-pandemic lives



Doing it Better

By Natasha Josefowitz, Ph.D.

As we emerge from a year in isolation, we are suddenly thrust into situations we used to take for granted: proximity to others and opportunities to mingle, participate, contribute, to hear and be heard. But we have changed; we are not the same people as of a year ago. The changes in ourselves can be psychological, mental, physical, or fear-related. We must choose whether to accept this and reconcile ourselves to our new identity or to recover who we were.

Let's start with the psychological dilemmas. Should I push myself to attend theaters, concerts, museums, and movies when they resume? I used to go to these events with pleasure and anticipation. Or should I stay home? That is what I would rather do now. In other words, since the pandemic, I have become less interested in outside activities.

The positive part of going is that I stay connected to my culture. If I decide to stay home, the upside is that I am

cured of the disease called ATMS (afraid to miss something) or, as they refer to it today, FOMO (fear of missing out). I am content to stay home to read and write. The downsides are that I become out of touch and withdrawn and lose out on some wonderful experiences.

Could depression be a factor? If it is depression, one is home, sad; if it is not depression, one is home, happy. So the dilemma is whether to fight the tendency to be a casanier (French word derived from the word casa, meaning a happy, stay-at-home person) or to indulge myself and honor my increasing years and my aging body with its less available energy (I'm in my mid-nineties), and to reward my decades of activity with the well-earned right to rest. It doesn't have to be either-or, one could do some things, but just be more discriminating.

The physical dilemma is whether to exercise or take a walk versus staying comfortably in my recliner. This time the push is critical for my health. When the motivation is low, I still exercise and walk, although not as much as previously. I feel there is no real choice as the consequence of not doing it may be a wheelchair in my future.

The third dilemma has to do with mental health. Should I seek out brain-stimulating opportunities: listen to a Ted Talk, attend classes, be a committee or board member, belong to a book club? Again, I prefer to stay put, but I make myself get involved. I have always lived on a learning curve and still have the curiosity to learn more—yet it is with difficulty that I pull myself out of my chair and accept invitations.

The last dilemma may only be transitory. It is about fear: not going anywhere due to the possibility of encountering a new variant of COVID-19 or being next to an unvaccinated person. Friends have asked me to join them going to a restaurant or to a dinner party; so far, I have refused. At what point will I feel safe? We will have to wait and see. I have 60- and 70-year-old friends who say they are going through the same phenomena: reassessing their lives and wishing for less activity and fewer demands.

The above may hold true for the older segment of the population, but there is also the younger generation who cannot wait to get out, to be with others in close proximity without masks, and start living again. They are

less prone to the fear factor. Having been cooped up for a year, they are bursting with unused energy and eager to get out and go.

It is interesting that having lived a year in isolation has given some people the experience of pleasure and contentment of doing less while others have experienced anxiety and depression. For adolescents what is missing is socializing with peers, an important factor in identity formation and gaining independence from parents. For older people what is missing is seeing family members, which increases feelings of loneliness and contributes to health problems.

The trend of people preferring to work at home will impact construction, commuting, office rentals, restaurants, stores, travel, and countless other factors that we have taken for granted. It will be a new way of living.

We have to all stick around to see what happens next. I will be sure to write about it.

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2021. Natasha Josefowitz. All rights reserved.

COVID-19 vaccine now open to everyone 16 and older

By JOSÉ A. ÁLVAREZ

Starting April 15, everyone 16 and older is now able to get vaccinated against COVID-19.

"Every San Diegan who qualifies for the vaccine can now get vaccinated," said Wilma Wooten, M.D., M.P.H., County public health officer. "The vaccine is the best protection we have against COVID-19. Get your shot as soon as you can."

Currently, only the Pfizer and Moderna vaccines are available in the region. Use of the Johnson & Johnson vaccine has been paused while it is reviewed following recent safety concerns.

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New Guidance for Gatherings

Also going into effect April 15 is new guidance on gatherings, private and indoor live events, and performances.

In the Orange Tier, which the County is currently in, outdoor activities of up to 50 people are now permitted. Indoor gatherings are strongly discouraged but are allowed with modifications and if they do not exceed 25 people.

Private outdoor events are permitted for up to 100 people; 300 persons if all guests show proof of a recent COVID-19 test or full vaccination.

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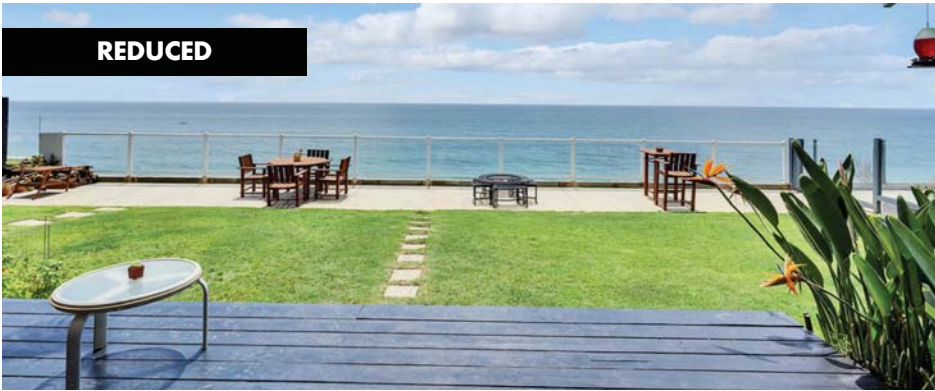


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4339 LOMA RIVIERA CT.
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