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"Work" by Dia Bassett (Photo courtesy Dia Bassett)

KIT-BACON GRESSITT | UPTOWN NEWS

The remnants of youth — favorite photos, stickers, love notes — are often stashed in attics or tucked on bedroom shelves; sometimes they even make it to living room walls, framed for posterity.

But Uptown artist Dia Bassett has taken her memorabilia to a new level. The resulting piece, a two-panel collage titled "Work," has been acquired by the San Diego Workforce Partnership for an exhibit at its new headquarters in Kearny Mesa.

The origin of Bassett's piece is found in the youthful world of the college food service industry, back in her undergrad days at Point Loma Nazarene University.

see Artist Bassett, pg 13

Atkins: Year of housing production ahead

KENDRA SITTON | UPTOWN NEWS

Governor Gavin Newsom tries to not overuse the word "crisis" because it can tend to normalize an issue. At a press conference in San Diego on Oct. 9 where he signed SB 113, a bill that allows \$331 million in state funds to be used by renters and homeowners for legal aid, Newsom said he normally steers clear of the word, but the issue of affordable housing in California has truly become a crisis.

His visit to San Diego came amid his housing tour where he signed 18 bills aimed at addressing different parts of the complex housing issue. Senate Pro Tempore Toni Atkins joined him at the press conference. The San Diego politician ensured bills protecting renters, cutting red tape on building new housing, and upending single-family zoning made it to his desk in the first place. Since Newsom vetoed Atkins' signature piece of legislation this year (an ambitious bill keeping in place the environmental standards of the Obama administration), she said the work to address the housing crisis (a term she freely uses to describe the issue) is her proudest accomplishment from the last legislative session. In addition to addressing climate change and coastal erosion, her goal next year is to boost production of new housing now that stop-gap measures to prevent "price gouging" of renters are in place.

see Atkins, pg 3

Cellist celebrates new album at St. Paul's Cathedral

BART MENDOZA | UPTOWN NEWS

San Diego's arts scene is thriving at the moment and nowhere is that more evident than the classical community. The Symphony, La Jolla Music Society and the Athenaeum Music & Arts Library, to cite just three local organizations, continue to rise to new heights with their programming, with smaller events taking place regularly and a growing number of internationally renowned performers making their home in San Diego. Such is the case with cellist Sophie Webber, who will host a pre-release concert for her second album, "B2C: Bach Cello Suites to Choir," at St. Paul's Cathedral on Oct. 19.

Originally from Oxford, England, Webber arrived in San Diego, via Chicago, in 2016. "It

was [a] very welcome change from Chicago where we had been," Webber remarked. "Coming here has given me a chance to hunker down on various projects I really wanted to get my teeth into, but didn't have the time to in Chicago," she said. "So, San Diego has become a sort of artistic oasis, in a good way, for me."

The choice of venue for this pre-release event is special to Webber. While her new album was recorded in Chicago, her first, "Escape: Bach's Six Suites for Solo Cello" (2018), was recorded at St. Paul's Cathedral.

"I was really struck by the strong music program there, and the strong choral tradition," she said. "In the hall where we are actually playing, I find it inspiring.

see Musician , pg 2



Sophie Webber with her cello (Courtesy photo)

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Senate pro Tem's eyes on climate change today

KENDRA SITTON | UPTOWN NEWS

One advantage of the California Senate pro Tempore hailing from San Diego is that issues affecting the southernmost areas of the Golden State are being addressed at the highest level of government. As she jokes, California does not end in Los Angeles. Senator Toni Atkins has been in San Diego talking to constituents and other stakeholders while the Legislature is on break. As she looks ahead to next year, addressing coastal erosion is at the top of her agenda.

She brought up the issue of climate change at a recent talk at the Point Loma Association when a constituent asked about

the erosion of Sunset Cliffs amid fears the bluffs will collapse.

"The individual sort of responded, 'Well, that's not what I'm talking about.' I'm like, 'Well, that is what we're talking about.' Because the wave patterns and the sea level rise — climate change is all impacting that," Atkins said in an interview later that day.

As leaders in the public space struggle to not only mitigate climate change, they also must figure out how to talk about it. The world getting apocalyptically hot can seem abstract, so at these town hall meetings, Atkins is working on describing how a hotter planet has already affected

the daily experiences of people in California.

"I love the big stuff, but you gotta be able to bring it all the way down to focus on what it means for your life today, tomorrow," Atkins said. "I'm so excited about being able to do that on climate change."

While she is back in San Diego, Atkins is also meeting with people at the forefront of climate activism. On Oct. 9, she addressed UC San Diego students in a chapter of CALPIRG (California Public Interest Research Group).

"They've [the students] been a driving force on trying to get plastics out of our waterways and to reduce the use of plastic period,"

Atkins said. "We're talking about sea level rise. We're talking about things like the investor-owned utilities and hardening infrastructure to protect us from high winds and Santa Anas... Now we're seeing every fire is more expensive. That's all climate change."

Already, in last year's budget, Atkins got another \$1.5 million for Scripps Institute of Oceanography to study the impacts of climate change.

"We're seeing the results. So I think a lot of what I'm excited about next year is we're going to get more into what we need to do all throughout California to monitor weather patterns, to see how

we selectively figure out how to turn off the energy for the shortest period of time — not to disrupt people's lives, but to protect public safety and public health," Atkins said.

In addition to addressing climate change, Atkins is focused on combatting the housing crisis and homelessness. She is also excited about Governor Gavin Newsom's development of a master plan for aging as California prepares to accommodate an aging population. She noted 50% of California's population will soon be over the age of 50.

— Kendra Sitton can be reached at kendra@sdnews.com.✧

FROM PAGE 1 MUSICIAN

It's such a beautiful space, with such lovely acoustics, it really does remind me of a European church in that way."

The evening selections will be taken directly from the new album combining cello and voice. "I will be performing both recorded suites (No. 1 in G Major and No. 3 in C Major) with the choristers of St. Paul's, under the direction of Martin Green," Webber explained. For her, it was important to present Bach not

just as "cello pieces, but rather showing them in a more accessible light. So, to me that meant working with the implied harmonies in the music. There is all this harmonic language and chordal progressions that are present in the music, very much implied, not necessarily fleshed out. So, I thought, why not do that, why not give people a different way into this music." As for the new choral arrangements, Webber kept things minimal. "The idea is to keep the structure and not to clutter or distract from Bach's original music, but just to highlight what's already there," she said.

In addition to composing, recording and performing, Webber also teaches. She notes no decline in interest in classical music, even with younger folks, when given the opportunity to experience it properly. "I'm incredibly interested in bringing more people to classical music," she said. "I think it's totally about the away that it's presented. I have students who are working up renditions of [AC/DC's] 'Thunderstruck,' as played by 2Cellos, while also working on other more traditional pieces. It doesn't have to be one or the other. It's not that classical is better than any other kind of music

Sophie Webber

Saturday, Oct. 19, at St. Paul's Cathedral, 2728 Sixth Ave. 7 p.m.
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sophiewebber.com

or worse than any other." She claims the sheer scope of what is considered classical music to be one of its attractions. "There isn't just one type and there are so many composers and eras to discover. Certainly the younger ones who have been coming to me seem to be developing a

genuine love for classical, which is lovely for me to see."

Webber is already looking ahead to 2020, which in addition to the release of the new album, features plans for additional shows in Chicago, England and Germany to promote the new work. There are also plans for further recordings. "I couldn't imagine not having music in my life, it is a way of life," she mused. "Music such a unique means of expression and it's so multilayered, it's such an exciting world to be a part of."

— Bart Mendoza is a local music writer. He can be reached at bartmendoza0905@gmail.com.✧

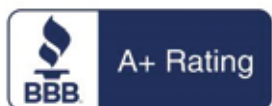


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FROM PAGE 1
ATKINS

Atkins has spent much of her own career shaping the language used around housing, and thus the vision of how government needs to address it. In 2002, when she was on the San Diego City Council, she led the rest of the Council to declare a State of Housing Emergency. She resubmitted the declaration each week to keep the issue at the forefront of her colleagues' minds, even as they grew weary of her insistence on addressing it. Atkins also tallied how many affordable housing units were approved by the Council each week.

"I felt like I really was there to be able to push the city of San Diego to develop more units and a lot of them were developed in my district," Atkins said in an interview in her Downtown office. Her efforts meant much of the new housing was produced in North Park, City Heights, Normal Heights and other areas along transit corridors that embraced her vision.

"All we've done since then is lose ground," the Senator said.

San Diego has continued to fall short of building enough units to sustain the population, leading to higher rents and housing costs as well as an increasing homelessness crisis.

"[Housing] is the most



Senate pro Tempore Toni Atkins in her Downtown office (Photo by Kendra Sitton)

important issue because it impacts so much of everything else about our lives," Atkins said. "If we can't afford the rents, if we don't have a house, if we're forced to live in our cars now because of high rents or losing our home or foreclosure issues, you can't do anything else."

For her, housing is most significantly connected to the economy. She cited predictions that the next downturn California faces will be because employers will not be able to afford to keep workers from leaving the state.

She also connects housing to mental health. People trying to

stabilize their mental health will have an impossible time doing so while also facing the stress of housing insecurity.

Fixing housing has been Atkins' singular career focus even before she was elected into office and working in the office of then-City Council member Christine Kehoe. Despite each new position, from City Council member, to interim mayor, to Assembly member, to Senate pro tempore and even briefly acting governor, the problem has only worsened around her.

Last year, she shelved an

ambitious — and controversial — effort to increase housing production by limiting the powers of local governments to impede development. Atkins guaranteed that work would continue on SB 50 and it would come up in committee again in January or February. She said the bill's author, Senator Scott Weiner, is going over the bill again while on break.

"We may need to undo some of the exemptions and compromises that have been made. Scott's taking a fresh look," Atkins said.

Under the latest form of the bill before it was turned into a two-year bill and set aside, 80% of the city of San Diego was exempt from it due to being a high-fire risk zone, according to Atkins. SB 50 also differentiates between small and large cities, a move Atkins agrees with.

"I don't think one size fits all. I think small cities and large cities are different."

The only path forward she sees to passing the bill is by involving more people in the process, including having conversations with communities that do not want to add any housing.

"The crux of this is really going to be can you bring other stakeholders to the table and get them to agree on how to do this," Atkins explained. "The dilemma is how do we get broad support from legislators to support a bill that basically pushes — maybe incentivizes, I don't know what the bill turns out to be at the end

of the day but pushes — for actual development to happen where it needs to happen."

For her, senators need to figure out a way to accomplish the goal of adding production through a broad piece of legislation that impacts the lowest levels of government, including the 42 community planning groups and areas in San Diego.

"We are not going to be able to take a sledgehammer and just beat it over the heads of every city. We've gotta be more precise about it. And that's what makes SB 50 difficult because I don't think one size fits all. But I do think there is a way to do this," she said.

Atkins believes that without the crisis, housing advocates would not have made as much progress as they even have on SB 50 because the conversation around housing was so different just three years ago when then-Governor Jerry Brown added a by-right housing proposal to the budget.

"I think the [Yes In My Backyard] movement [and] the crisis have given us the bandwidth to go further than we might've gone before," Atkins said. "Many people feel like, 'Great, we should have done it 10 years ago, 20 years ago.' In fact, I said this decades ago and nobody was listening to me."

— Kendra Sitton can be reached at kendra@sdnews.com.

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Uptown properties awarded Orchids and Onions

DELLE WILLETT | UPTOWN NEWS

In early October, the San Diego Architectural Foundation (SDAF) recognized this year's best and "not so best" projects throughout San Diego County at the 43rd annual Orchids & Onions Awards Ceremony held at the historic U.S. Grant Hotel. The ceremony was emceed by state Assembly member Todd Gloria.

The projects awarded Orchids and Onions were nominated by the design community and the public. A jury made up of architects, landscape architects, interior designers, a historic-preservation architect, a developer, a visual artist, an architecture professor and a student conducted a day-long tour of short-listed

projects, followed by deliberations. The process resulted in this year's awards.

Along with the jury-selected awards, there were three People's Choice awards selected by the public through an online voting process.

A total of 14 projects were awarded Orchids or Onions in the architecture, interior design, landscape architecture, public art, place making and architectural detail.

The following winners (and losers) are in the Uptown area:

The Mission Hills-Hillcrest/Harley and Bessie Knox Library won an Orchid for Public Art — "Climate Clocks (Abstraction Devices)" are located inside library — and an Onion for



Mission Hills-Hillcrest/Harley and Bessie Knox Library (Photo by Andy McRory)

Architecture. The owner/developer is the city of San Diego. The architects are Mosher Drew, Manuel Oncina Architects and Ferguson Pape Baldwin Architects. "Climate Clocks" artist is Janet Zweig. About the "Climate Clocks," one juror noted: "Art is about an important issue that needs to be talked about. It is relevant and driving a tough conversation. This is what art should do."

The library also received an Onion because the jury felt like its arts-and-crafts-meets-Mission-Style went terribly awry. They felt from faux rocks to the inhospitable chain-link fence separating the library from the adjacent school, the project was a

huge missed opportunity to connect with the community.

The Morning Glory restaurant on West Date Street won an Orchid for Architectural Detail. The owner/developer is CH Projects and the designer is Basile Studio. The jury was wowed with its playful palette of cotton-candy pink, mint green, warm wood and shiny copper. As one juror noted: "I think it's phenomenal. The windows are so beautiful, and the interior design is part of the architecture."

Truax House apartments on Union Street took an Onion for Landscape Architecture. The owner/developer is Soheil Nakhshab; the architect is Nakhshab Development & Design.

The jury was disappointed that the landscape architect did not utilize native California plants and created an uninspired "garden" consisting mostly of river rocks.

The complete list of 2019 Orchids & Onions is at orchidsandonions.org.

Orchids & Onions is an educational and fundraising program of the SDAF, a 501(c)(3) nonprofit organization with a mission to educate and promote outstanding architecture, landscape, interior, and urban design to improve the quality of life for all San Diegans.

SDAF sponsors public programs throughout the year, including youth programs, architectural tours, and community events. Orchids & Onions has been one of SDAF's most successful and longest-standing programs for more than four decades. It serves to raise awareness and encourage practical discourse about the built environment, thereby effecting positive change and more thoughtful design. To learn more about SDAF and Orchids & Onions, visit sdarchitecture.org.

— Delle Willett has been a marketing and public relations professional for over 30 years, with an emphasis on conservation of the environment. She can be reached at dellewillett@gmail.com.



'Climate Clock' by artist Janet Zweig (Photo by Philipp Scholz)

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Morning Glory restaurant (Photo by Zack Benson)

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Junior League’s masquerade for the community

LUCIA VITI | UPTOWN NEWS

The Junior League of San Diego, Inc. (JLSD) is inviting guests to don a mask for its fourth annual Gala masquerade ball to be held on Nov. 2, at the San Diego Natural History Museum in Balboa Park.

“We are thrilled to host our fourth annual Gala to support community projects,” said Emily Green Lake, president of the JLSD. “The Gala is the perfect way to celebrate fall in such a magnificent location, while raising awareness and funds for causes that directly benefit San Diegans in need.”

The Junior League is an international organization of women committed to empowering women to be leaders. Described as “exclusively educational and charitable,” these voyeurs of volunteerism advocate positive social change through mission-based projects that include facilitating support for youth transitioning out of the foster care system and assisting San Diego County partners fight human trafficking.

Hailing its 90th birthday, the JLSD will honor Jamie Gates, M.Div., Ph.D., with its Outstanding Member of the Community Award for exposing issues surrounding San Diego’s human and sex trafficking endemic.

“Dr. Gates has been instrumental in bringing San Diego’s human trafficking epidemic to the forefront,” continued Green Lake. “Dr. Gates works tirelessly to educate the community to recognize the

signs of human trafficking in order to eradicate this atrocity.”

Gates admits to accepting the award with humility in light of the “many wonderful women involved in the movement that deserve recognition far before I do.”

The JLSD and the faith-based organizer have aligned themselves against the horrific brutality of human and sex trafficking with events such as a countywide prayer vigil — Churches Against Trafficking — in conjunction with JLSD’s annual Human Trafficking Awareness Rally.

Dr. Gates, a professor of Sociology and director of Point Loma Nazarene University (PLNU), touts an extensive list of educational accomplishments including a doctorate in Cultural Anthropology from the University of Florida; a master’s of Divinity from the Nazarene Theological Seminary; and a Bachelor of Arts in Psychology/Theology from Eastern Nazarene College.

Lauded nationwide for his work battling human and sex trafficking, Dr. Gates also serves as the director of the Center for Justice & Reconciliation; co-chairs the Research and Data Committee of the San Diego County Advisory Council on Human Trafficking and CSEC; and directs San Diego County’s Human Trafficking Research and Data Advisory Roundtable — a group he founded.

Working with Dr. Amy Carpenter, Dr. Gates co-led a “groundbreaking research”

Junior League of San Diego

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For more information, log onto www.jlstd.org.



Dr. Jamie Gates will be honored at this year’s event for his work exposing human trafficking in San Diego. (Photo courtesy Dr. Jamie Gates)

expose on the scale of human trafficking in San Diego entitled, “Measuring the Extent and Nature of Gang Involvement in Sex Trafficking in the San Diego/Tijuana Border Region.”

Dr. Gates also initiated PLNU’s Beauty for Ashes Scholarship Fund, which affords human trafficking survivors the opportunity to pursue a college education.

Among his many efforts to raise awareness of the issue, Dr. Gates designed and continues to implement drama-based, peer-to-peer human trafficking awareness training throughout San Diego’s middle and high schools.

San Diego County tallies between 3,000 and 8,000 sex trafficking victims per year. Perpetrators — oftentimes a boyfriend — coerce victims as young as 16 into sexual exploitation and

prostitution. While homeless and foster youth are disproportionately targeted, the clutches of human and sex trafficking affect every socio-economic group.

Victims — many of whom are high school-aged teens described as lonely and insecure — often rely on social media for relationships. Parents are either absent or non-participatory. Gangs and San Diego’s ever-present transient and military populations give abusers access to these vulnerable minors.

“These are our children,” said Dr. Gates. “No neighborhood in San Diego is exempt. No school is exempt. And there are no class distinctions.”

Other human trafficking victims include household slavery and forced labor in nail salons,

massage parlors and agriculture. Gates encourages students through education and engagement with organizations like the JLSD as well as the San Diego Traffic Prevention Collective in order to prevent human trafficking.

Dr. Gates leans on his faith, family and community to deal with the difficulty of this plight.

“If not for my deep faith, I would have imploded by now,” he said.

Dr. Gates humbly acknowledges the efforts of the JLSD along with staff members and students in fighting San Diego’s war on human and sex trafficking.

— Lucia Viti can be reached at luciviti@roadrunner.com.

Uptown Briefs

Missiongathering Church sues the city

More than two months after the city of San Diego ordered that Missiongathering Christian Church in North Park cease operations of its weekly homeless youth shelter and cancel rentals of its sanctuary for music events, Missiongathering officially filed a lawsuit against the city of San Diego on Oct. 11.

“Our church has continually reached out to the city for over two months, urging them to come to the table and negotiate with us to restore our homeless ministry and music outreach,” said Lead Pastor Brandon Robertson. “After hearing not a single official response from the city, we have decided at the direction of our legal counsel to file a lawsuit against the city

for violating our first-amendment right to the free exercise of our faith on our property.”

The lawsuit cites several violations by the city, including violations of the Federal Religious Land Use and Institutionalized Persons Act and the First Amendment of the United States Constitution. “We have avoided filing a lawsuit at all costs, but the city’s unresponsiveness has put our congregation in a dire position where our very survival is being threatened,” Pastor Robertson continued. Missiongathering is represented by Jennifer L. Bursch of Tyler and Bursch, LLP.

The church has launched a GoFundMe Page and is hosting a Community Oktoberfest Fundraiser on Oct. 27, from 3-8 p.m. to help raise funds for their legal fees and repairs of the campus.

see Briefs, pg 8



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To fix the gender imbalance in its tech sector, San Diego should remember its values

REBECCA HENDERSON | UPTOWN NEWS

In a survey of the best tech cities for women, San Diego did not break the top 40, and failed to reach national averages for positions held by women, income after housing costs, and gender pay gap.

The lack of female representation in other tech hubs, like Silicon Valley, has put tech companies' diversity initiatives in the national spotlight. Although the tech industry is integrating more women in board rooms, the progress they've made to fill the gender gap has been minimal. According to a report by Morning Consult, only 50% of women would consider a job in the tech industry — compared to 74% of men.

A recurring theme in the industry is there aren't enough women with STEM degrees to fill tech roles. But according to the National Girls Collaborative Project, women earn 50.3% of science and engineering bachelor's degrees — yet still remain underrepresented in the STEM workforce.

When it comes to finding work, women want it all: We want more than a fair paycheck, paid family leave and flexible hours. Female candidates who entered the labor market this past year — reversing a two-decade decline — want to work for companies whose values reflect their own. If the technology sector wants to resolve its gender disparity, companies need to focus on communicating their values to attract women.

In fact, nearly three-quarters of women are interested in working for a company with a higher purpose beyond generating revenue, according to the same report from Morning Consult. Only half of men surveyed said the same.

Concerning what values are most appealing, both men and women are drawn to employers who are environmentally responsible or give a share of



Rebecca Henderson (courtesy photo)

company profits to charity. But women in white-collar fields were particularly interested in companies that make a deliberate effort to hire and promote a diverse staff. This is a particular weakness of the tech industry.

This makes sense when you consider that, generally speaking, women want to lift up other women. We want to see employers make an impact on society from the inside-out, and our fellow women to feel empowered to make decisions about their careers or family, rather than be motivated by guilt or fear. Most of all, we want a more equitable society and workplace for the generations after us.

Organizations can demonstrate their commitment to diversity in many ways, like closing gender pay gaps and setting goals to increase gender representation in leadership. Employers can organize affinity groups and mentorship programs for women and people of color and offer unconscious bias training to all employees. Even small donations to organizations committed to advancing women or other underrepresented groups can go a long way.

For companies, a commitment to diversity is shown to boost both

performance and innovation. According to new research from McKinsey & Company, companies in the top quartile for gender diversity outperform their competitors by 21% and those in the top quartile for ethnic diversity outperform their competitors by 33%. Employers who make these efforts will see more applications from candidates with a wider array of backgrounds.

As CEO of a global talent solutions provider, I see diversity work its magic all the time. For example, crowdfunding website Patreon signals its commitment with a motto you might not expect to hear in Silicon Valley: "Work hard and go home." Erica Joy Baker, senior engineering manager, told The Wall Street Journal that this motto and the lack of keep-you-at-work perks tells her that her company cares about work-life balance — an especially important factor for women choosing an employer.

One of the ways we demonstrate our dedication at Randstad Sourceright is through the mentorship programs we offer. By pairing more senior male and female executives with early- to mid-career women, we have noticed a lasting impact on the career trajectory of our female employees.

Though women are certainly looking for companies that understand our need for flexible hours and paid family leave, a commitment to the values of diversity and inclusion can speak even louder.

For San Diego to live up to its value — to "lead in the creation of a work environment which encourages professionalism, pride and respect" — tech firms must pledge to improve women's representation in their ranks. Because ultimately, a commitment to diversity tells women that a company will be committed to them.

— Rebecca Henderson is the CEO of Randstad Sourceright, a global talent solutions leader.✧

LETTERS TO THE EDITOR

Impeachment of Trump

At this point, if not well before, it should be clear to anyone but the most deluded zealots that Donald Trump is a traitor and a criminal, who has violated his oath of office in countless ways.

The Ukraine tape outrage may or may not be the most egregious offense of this corrupt enterprise masquerading as a presidential administration. It may, however, be a simpler way to understand his corruption, i.e., even Trump's somnambulant followers should be able to comprehend the tit for tat.

And now, with a move as callous as it is mind-numbingly idiotic, Trump arbitrarily decides to abandon the Kurds, our staunchest and most effective allies in the Middle East. This "impulse" (the word policy implies something thought out) morally and pragmatically undermines America's immediate and long-term foreign policy goals to such a degree that even Trump's most house-broken sycophants are finally taking notice.

There is no longer any ambiguity about Donald Trump's fitness for the presidency; no plausible deniability; no political slight of hand; no MAGA

chamois that can polish this turd. He must be removed for the sake of our democracy. This is not a partisan issue; it is a vital, moral crisis. It is increasingly apparent that the actions of Republican senators will, in large part, determine Trump's fate. It is time for these senators to show a backbone.

This is my letter to them:

To cravenly pander to the most misinformed and bigoted of your constituents has been the pattern for far too long. To give you the benefit of the doubt, stupid people rarely become senators, so you should be intelligent enough to know this is exactly what you have done.

In the words of Edmund Burke, "Your representative owes you, not his industry only, but his judgment; and he betrays it, instead of serving you, if he sacrifices it to your opinion."

Apparently, this is a dictum which does not apply to today's Republican senator. The words "Republican" and "conservative" at one time had positive and honorable connotations, even to those who disagreed politically. Associating these words with Donald Trump is a macabre perversion of the patriotic values your party once held.

Join with Democrats to take the moral,

proper, and legal actions the Constitution demands of you.

If you shirk this duty, it will send a message to Trump that laws, political norms, and the Constitution do not matter. It will tell him that his id-driven bullying and intimidation tactics, however primitive, are effective with Republican "leaders" who quiver in fear with every new chunk of textual vomit he spews on Twitter.

Without hyperbole, allowing Donald Trump to run roughshod over the Constitution will be the end of democracy as we know it. Do you want that on your conscience?

Mark McCool
Mission Hills

SDG&E charging for grid use

I had solar panels installed about two years ago and my electric bill has not gone over \$10 a month. I do not understand the reasons behind SDG&E's proposal to charge me \$39 dollars a month as a penalty. The sun is a gift from God and He gave it to us to help us all. SDG&E should recognize this and accept some grace themselves, it's free!

Ricardo Castillo
City Heights✧

Tips for spotting scam crowdfunding campaigns

District Attorney News
Summer Stephan



As your District Attorney, I'm committed to increasing communication and accessibility between the DA's Office and you, the community. One way I have been doing that is through this monthly column, where I provide consumer tips on public safety matters.

We've all been scrolling through a social media feed when a fundraising campaign catches our eye. Either someone is raising money for medical expenses, a friend's daughter is collecting funds for a school trip or your old college roommate is creating a life-changing product, but needs cash to get it to the market. Websites such as Kickstarter, GoFundMe, and Indiegogo are online platforms that allow people to donate towards charitable causes or innovative new products. Instead of having a single large investor, crowdfunding raises money through hundreds of

individual donations.

As successful and popular as crowdfunding can be, there is a growing trend of fraudsters using the platform to swindle money from unsuspecting victims

Here are some steps that you can take to ensure that the crowdfunding campaign you are considering is honest:

- Research the creator of the crowdfunding campaign. Is the creator part of any lawsuits? Does the person asking for donations have a social media account that verifies their story? Do you know anyone who can vouch for the creator or their campaign?

- Consider whether the project or story seems reasonable and realistic. For example, is this organization promising a trip to the moon for a \$100 dollar donation? Does this mother really have 10 children who all have a rare disease requiring multiple surgeries?

- Look at the comments on the platform. Kickstarter and GoFundMe have comments on their respective campaigns that allow potential donors to see what past donors are

saying. If most of the comments are negative, it could indicate a scam or a poorly managed campaign.

- Finally, look at the refund policy of the campaign. If the campaign fails, is it possible for you to get your money back?

Taking time to consider researching the cause will make you better equipped to snoop out good campaigns from bad ones.

If you have already contributed and found out the campaign was a scam, here's what you can do:

- Ask for a refund directly from the crowdfunding website. Kickstarter or Indiegogo allow you to cancel your donations if the campaign hasn't closed yet.

- Some websites let you get a refund automatically if the crowdfunding campaign doesn't meet its donation goal.

- Report the campaign to the Federal Trade Commission or the state attorney general if you discover a scam.

- Finally, leave a comment warning other people on the crowdfunding website about the possible scam.

I'm proud of our community's generosity when it comes to helping someone in need and I don't want to discourage anyone from supporting a genuine campaign. Now that you know how to prevent, identify, and report crowdfunding scams, you can feel more comfortable donating to a cause you care about.

The DA's Consumer Protection Unit is made up of deputy district attorneys, investigators and paralegals dedicated to protecting consumers and law-abiding businesses from fraudulent or unfair

business practices. To report a consumer complaint, you can call 619-531-3507 or email consumer@sdcca.org.

— District Attorney Summer Stephan has dedicated more than 29 years to serving justice and victims of crime as prosecutor. She is a national leader in fighting sex crimes and human trafficking and in creating smart and fair criminal justice solutions and restorative justice practices that treat the underlying causes of addiction and mental illness and that keep young people from being incarcerated. ❖

Working to clear low-level marijuana convictions

City Attorney News
Mara W. Elliott



People deserve second chances in life, especially when a mistake from the past can have exaggerated consequences on their future.

That's why I'm working to dismiss convictions from the records of thousands of San Diegans who violated now-obsolete laws against possessing low-level amounts of marijuana.

These citizens often cannot fully participate in society because they once engaged in an activity that today is legal in the eyes of the courts, the state Legislature, and the voters of California.

They may be turned down for a job, or unable to rent a home. Having a criminal record can keep them from coaching their child's sports team, or affect their ability to obtain a student loan for college.

My office is currently reviewing more than 5,000 misdemeanor and infraction convictions from 2009 through 2018, and thousands more before then. Charges will be systematically dismissed to clear conviction records for those who

qualify, and records will be sealed.

We filed the first motions to dismiss 30 convictions on Sept. 25, and additional motions will be filed on a regular and ongoing basis.

Under a bill passed by the state Legislature, prosecutors like myself are tasked with clearing convictions before July 1, 2020. We are working with the Superior Court, San Diego County District Attorney Summer Stephan, and the Office of the Public Defender to develop a streamlined countywide process to identify all eligible individuals. We are conducting a thorough review of convictions documented in the databases of the Superior Court, City Attorney's Office, and California Department of Justice.

Since marijuana became legal in California, people convicted of low-level misdemeanors and infractions for marijuana possession could petition the court to have their records dismissed. However, few took advantage of the opportunity, likely because they didn't know about it, or perhaps found the process lengthy, daunting, and expensive.

Since the city will be proactively dismissing these convictions, the defendants will

not have to file a petition, hire a lawyer, or take any other actions.

This effort will wipe the slate clean for thousands of San Diegans who can then start over without having to disclose a criminal record on any job, property rental, volunteer, or loan application.

When our work is done, thousands of San Diegans will be able to move forward with their lives without this mark on their records.

Everyone makes mistakes, and we all deserve second chances. Most use the opportunity to make better lives for themselves and their loved ones.

Questions concerning the conviction dismissal process can be sent to CityAttorney@sandiego.gov at the City Attorney's Office.

— Mara W. Elliott was elected City Attorney of San Diego in 2016 after serving as the chief deputy attorney for the office's Public Services Section and legal adviser to the city's Independent Audit Committee and Environment Committee. Mara and the lawyers in her section held polluters accountable, reformed city contracting, cut administrative red tape, and strengthened the city's Living Wage and Non-Discrimination in Contracting ordinances. ❖

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If you have just 20 minutes, a bench, and a set of 10- to 20-pound dumbbells, you can do a total-body toning workout. For the sequence described in this article, you can begin with the first move, doing as many reps as you can for 50 seconds, then rest for 10 seconds and prepare to move onto the next exercise. Do this for a total of five moves before resting for 1 minute. Complete three rounds of these exercises.

First, start with a foot-elevated glute bridge. Lie on your back, bend your knees, and put your feet flat on the floor. Keep your arms on the floor at shoulder level with your palms facing up, and lift your hips until your body is in

a straight line from your knees to your shoulders. Engage your core and lift your left knee up toward your chest. Hold this position for a second before lowering your left foot. Repeat this move on the right side. Do as many reps that you can while staying in proper form for 50 seconds, then pause for 10 seconds before moving on to the next move.

Next, do lateral step-up shuffles. Start by standing on a step with your left foot, and your right foot flat on the floor 2 feet to the side. Slightly bend your knees, keeping your chest out. Keep your elbows close to your body and bent at 90 degrees. Keeping your knees bent, jump to your left by pushing off your left foot and replacing it with your right foot

onto the step. Then, push off your right foot and return to your starting position to complete one rep. Do as many reps as you can in 50 seconds, rest for 10, and move onto the next move.

Now, you will move onto Bulgarian split squats. Start by standing 2 feet in front of a step and extending your one leg back, placing that foot on the step and your hands on your hips. Lower your body as much as you can by bending your knees and keeping your shoulders back and your chest out. Hold this pose for a second, then return to start to complete one rep. Do as many reps as you can in 50 seconds, then rest for 10 seconds before switching to the opposite leg and repeating the exercise.

Sumo deadlifts are next. To do these, place a pair of dumbbells onto the floor in front of you, and stand with your feet 3 feet apart with your toes turned out. Bend your knees to squat, keeping your spine straight and chest up. Grab your dumbbells, keeping your arms straight and slightly arching your lower back. Tighten your glutes, tilt your hips forward, and lift the dumbbells as you return to a standing position. Slowly return the weights to the floor to complete one rep. Do as many reps as you can in 50 seconds, rest for 10, and move onto the next move.

Then, you will move onto squat jacks. Stand with your feet hip-width apart and put your hands together in front of your chest. Slowly bend your knees until you're in a seated position with your knees bent at almost

90 degrees. From there, quickly jump your legs out and then back to your starting position to complete one rep. Do this in the lowered squat position for 50 seconds and then rest for 10 seconds before going back to the first move.

Complete three rounds of these entire exercises total. Once you begin to see results, you can add some variety to make the exercising more challenging for you.

— *Fitness Together Mission Hills offers personal training with qualified professionals by regular appointment in private suites. Exercise and nutritional programs are custom designed to fit your needs and abilities. Call 619-794-0014 for more information or to schedule a free fitness diagnostic and private training session.* ❖

FROM PAGE 8

BRIEFS

\$15.1 million loan to build luxury condos in Bankers Hill

INI Greenfield, a development company based in San Diego, has obtained a \$15.1 million loan arranged by JLL for the development of Palatine Bankers Hill, a five-story, 16-unit luxury condominium project at 2750 Fourth Ave. in Bankers Hill.

JLL worked on behalf of the developer to arrange the one-year, floating-rate construction loan through a New York City-based debt fund.

Palatine Bankers Hill is due for completion in early 2020. The property will consist of 16 for-sale residential units, 1,121 square feet of ground-level commercial space and 38 subterranean and grade-level parking spaces.

Residences will include a mix of two-, three- and four-bedroom layouts that will feature luxury finishes, including Turkish stone tile and hardwood flooring, quartzite countertops, sustainable wood cabinetry, Miele appliances, large private terraces, customizable closet systems,

ThermoPad thermostats, automated Lutron lighting, keyless entry and electric car charging stations. ❖

Majority of Asm. Gonzalez's bills signed by Newsom

As time ran out for Governor Gavin Newsom to sign bills that made it to his desk at the end of the legislative session, it was unclear which of Assembly member Lorena Gonzalez's bills would get through. Although Newsom vetoed a few bills, including Gonzalez's bill that would have given school employees paid maternity leave, he signed many the San Diego lawmaker's major bills — handing her a series of legislative victories. The most significant among them is AB 218, which gives adults who were victims of childhood sexual abuse more time to file charges. While schools and other organizations that have been operating for decades worried that civil suits could cost them millions, the governor signed the bill, which aims to empower survivors. Newsom also signed bills ending forced arbitration and “no rehire” clauses, both of which have been controversial ways corporations tamped down on sexual harassment

claims. Another bill aimed at preventing the sexual harassment of janitorial workers was signed into law.

“Janitorial workers are overwhelmingly immigrant women. They work alone and at night, leaving them particularly vulnerable to workplace sexual harassment and assault,” Gonzalez said in a statement. “It’s time that we empower these workers to directly take on this industry’s culture of fear through peer-to-peer training.”

Two bills aimed at protecting immigrant rights were also approved by the governor. AB 1747 prevents the misuse of law enforcement databases to target unauthorized immigrants who have been issued drivers licenses. In sum, it protects the data of Californians from immigration officials. AB 668 protects immigrants from civil arrests in courthouses.

Other San Diego lawmakers were signed by the governor, including Assembly member Shirley Weber's bill providing housing and education assistance to people who were wrongly convicted, and Senate leader Toni Atkins' bill to create a tax credit for the preservation and rehabilitation of historic buildings.

Nathan Fletcher is new MTS chair

Gonzalez's husband Nathan Fletcher had his own win in San Diego, when he was voted as the new chair for the Metropolitan Transit System on Oct. 10. The County Supervisor is taking over for City Council President Georgette Gomez, who is pursuing a run for Congress. Fletcher's election comes as the agency is pursuing a potential tax measure to boost transit service in 2020.

Scare away hunger with Meals on Wheels

October is Scare Away Hunger Month and Meals on Wheels San Diego County (MOWSDC) is asking for the public's help so that no senior will go hungry. MOWSDC delivers more than 430,000 meals per year to nearly 3,200 homebound seniors, many of whom are not able to afford this valuable service. For the 49% who live alone, this is often the only outside interaction they will receive each day. People can help support a senior with lunch and dinner for only \$7 per day or \$217 for the month to truly “scare away hunger” this October.

For more information and to support the Scare Away Hunger campaign, please

visit meals-on-wheels.org or call 619-278-4041.

Homelessness plan unveiled

In efforts to improve San Diego's system for helping individuals experiencing homelessness, a coalition of civic leaders, service providers and advocates announced the city's Community Action Plan on Homelessness — a comprehensive, 10-year plan that builds on recent progress, lays out short-term achievable goals and will serve as a guide for long-term success.

The Community Action Plan, announced Oct. 11, is designed to be a living document to adapt as San Diego continues its efforts to reduce homelessness through programs and services, including expanding proven, successful programs and new initiatives.

Through extensive analysis, three short-term goals were developed to be achieved within the first three years: decrease San Diego's unsheltered population by 50%, end veteran homelessness, and proactively prevent and end youth homelessness.

The framework set forth will help the city address the varying needs of individuals and families experiencing homelessness and meet critical benchmarks, including adding 5,416 permanent housing opportunities over the next 10 years for a total of \$1.9 billion. Housing needs include: building more permanent supportive housing units, providing more rapid rehousing assistance, creating additional housing for San Diegans with low income, and helping those who are new to homelessness to find alternative housing outside of the shelter system.

The guiding principles of this plan include measured accountability to meet clearly defined goals, valuing the input of San Diegans with lived experience, and improving housing and service options through evidence-based models. ❖

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Review: 'Bad Hombres/Good Wives'

JEAN LOWERISON | UPTOWN NEWS

What do you get when you cross Molière and Shakespeare with a few "contemporary" topics like women's rights and who is "allowed" to do what, and toss the whole wild salad with a Latinx perspective?

You get "Bad Hombres/Good Wives," the latest play by San Diego Repertory Theatre's playwright-in-residence Herbert Sigüenza, in its world premiere through Oct. 27 on the Rep's Lyceum Stage.

The basic question at issue is whether contemporary women should (or even can) be forced into "School for Wives"-type roles as compliant wives, subservient to their husbands.

La Lucha Grande (Roxane Carrasco), resplendent in near full-domme regalia (black, tight leather-looking gear) and black eye patch, is a banda singer and opens the show with a song. When somebody brings her a note onstage, she immediately announces that her husband has just died and she must attend his funeral.

Then she thinks better of it: "I never loved the son-of-a-bitch anyway. Let's finish the pinche show."

Is anti-machismo revolt in the air? I'll bet you can guess.

The players include Don Ernesto (John Padilla), the macho head of a powerful Sinaloa drug cartel, and in the market for a compliant wife. The Don announces out of the blue to hard-of-hearing housekeeper Armida (Sigüenza in hilarious drag) that he is marrying the girl of his choice this very Sunday — Eva (Yvette Angulo), an orphan the Don found and placed in a nearby convent for this very reason. Now she is 16, and he figures she has been taught to obey orders without question.

Does he ever have a

surprise coming.

At the Culiacan bus station (where Armida is sent to pick up the girl), Eva is spotted by handsome Mario Grande, Jr. (Jose Balistrieri), son of recently expired rival cartel leader Mario Grande. Mario Junior is on the way to the old man's funeral. But once he meets Eva, his future plans are set — and they don't include Eva marrying Don Ernesto.

Miss Eva may have been convent-raised, but she is a voracious reader and has adopted some ideas that Don Ernesto isn't counting on. And she thinks Junior is pretty cute.

Sigüenza, one of the founders of Chicago's satire troupe Culture Clash, tapped co-founder Ricardo Salinas to play the somewhat other-than-expected Padre Alberto, who provides some giggles in the confessional.

Mario, Jr., Eva, Don Ernesto and La Lucha will all end up in Sinaloa for the funeral, along with Eva, Armida and two of the Don's young hit-men: Leo (Daniel Ramos III) and Tito (Salomón Maya). There will be lots of sneaking around, stolen kisses, spying on and general verbal and physical mayhem (much of it in Spanish, sometimes with supertitles) before this "nar-conovela" ends.



Yvette Angulo plays the orphaned Eva.

The details

"Bad Hombres/Good Wives" plays through Oct. 27, 2019 at San Diego Repertory Theatre, 79 Horton Plaza, Downtown. Wednesday at 7 p.m.; Thursday and Friday at 8 p.m.; Saturday at 2 and 8 p.m.; Sunday at 2 p.m. Tickets: 619-544-1000 or sdrep.org

You'll also hear "Romeo and Juliet" and "Hamlet" references and hear music by composer Bostich, played by Adrian Kulcho Rodriguez on solo tuba. That's something you don't see every day.

Sigüenza is a force in Latinx comedy, and it's always great to see him and his friends onstage. This show is a tad too scattershot for my taste. Maybe I'm too old, but keeping up with all the nuttiness got to be a bit of a chore after a while.

But I like the point: the men are no match for the women of Sinaloa.

— Jean Lowerison is a long-standing member of the San Diego Theatre Critics Circle and can be reached at infodame@gmail.com. ♦



Daniel Ramos, Jose Balistrieri and Salomon Maya (Photos by Jim Carmody)



The men of Sinaloa



Roxane Carrasco opens the show with a song.





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From desserts to hot dogs in Normal Heights (Eve on Adams Presents)

The dessert cafe in Normal Heights known as **Eve on Adams** is currently transitioning into an all-American eatery. A set of new owners took over last month and temporarily renamed it **Eve on Adams Presents**. By late fall, they will change the name permanently to **The Burger Joint**.

Until then, co-owner Keith Visona and his wife Tara, plus two longtime friends, have retooled the menu with various styles of hot dogs, tater tot nachos, grilled sandwiches, milkshakes and more. Burgers will come in-to play when the establishment makes its final transition.

"The concept is an ode to American fare," said Visona, who works for the Department of Defense. In addition, his wife owns **Thai Joint** just down the street from their new venture. 3460 Adams Ave., 619-795-9995.



An Italian Sunday supper is in the offing at a Bankers Hill restaurant. (Wicked Creative)

The tradition of comforting Sunday suppers is being celebrated at **Bankers Hill Bar + Restaurant** in a weekly series featuring one home-style dinner entree that isn't available on the regular menu. For the month of October, the dish is spaghetti and meatballs with roasted tomato sauce, grana Padano cheese and garlic bruschetta. Available only on Sundays, the cost is \$16.95 per person — or \$22.95 if paired with a glass of Fossetti Mocali Rosso Toscano wine. Dishes for November and thereafter haven't been announced yet. 2202 Fourth Ave., 619-231-0222, bankershillsd.com.



Tacos for many good causes (Cohn Restaurant Group)

Tacos Libertad in Hillcrest has surpassed a charitable milestone. The nonprofit establishment recently announced it donated more than \$100,000 to various organizations since opening in 2017.

Owned by the **Cohn Restaurant Group**, the company each month selects a beneficiary that receives 100% of the taco shop's profits for a period of about 30 days. This month, proceeds from sales will go to **The League**

of Extraordinary Scientists and Engineers (science-ing.org), a locally based effort that promotes hands-on science and mathematics curriculums for students in pre-kindergarten through eighth grade.

Past recipients have included **Feeding San Diego**, **Girls on the Run**, **Balboa Park Conservancy**, **Mama's Kitchen**, **KPBS**, and more. 1023 University Ave., 619-481-5035, cohnrestaurants.com.



These vodkas produced in North Park are enjoying national recognition. (By Tom Williams)

From a short list of distillers operating within San Diego, **619 Spirits** in North Park was

recently cited as one of the 10 best urban vodka distilleries by USA Today, in its 2019 readers' choice travel award contest. The distillery and tasting room is owned by Nick Apostolopoulos, who produces vodka with infusions of locally sourced ingredients such as cucumbers, scorpion peppers, coffee, and rose petals. Lunch, dinner and late-night dishes are also served in the tasting room. 3015 Lincoln Ave., 619-269-2757, 619spirits.com.

A staffer at **East Coast Pizza** in Cardiff recently told us the company's Hillcrest location, which suddenly closed this summer, "will reopen sometime within the next month." The employee,

who requested anonymity, added it will be rebranded under a different name yet to be determined, and that the space is currently undergoing a remodel. 435 University Ave., 619-501-3444.



A popular travel publication recommends this Mission Hills restaurant. (By Jim Sullivan)

Condé Nast Traveler recently turned its attention to San Diego's prolific dining scene by citing the "25 best restaurants" in the county — from Oceanside and right on down to our urban core.

Six restaurants from various Uptown neighborhoods made the grade. They were praised for everything ranging from exceptional Neapolitan-style pizzas (**Buona Forchetta** in South Park) and "pitch-perfect" French cuisine (**Mister A's**) to rustic wood-fired

dishes (**Fort Oak** in Mission Hills) and a charming atmosphere for eating shepherd's pie (**Jayne's Gastropub** in Normal Heights). The other Uptown restaurants included **Il Dandy** in Bankers Hill and **Trust** in Hillcrest.

To see the complete list and their summaries, visit cntraveler.com and enter into the search field "25 best restaurants in San Diego."

— Frank Sabatini Jr. can be reached at fsabatini@san.rr.com. ✦

Critic's Choice
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Nour

By **Heather Raffo**
Directed by **Johanna McKeon**

Must Close Sunday

THE OLD GLOBE (619) 23-GLOBE
TheOldGlobe.org

Giovanni Cozic, Mattico David, and Lameece Issaq.
Photo by Jim Cox.

Blast to the past in South Park

**Come On
Get Happy!**
Dr. Ink

Sitting unobtrusively in one of the most charming spots in South Park is Fernside, which resides in the structure South Park Abbey occupied for several years. It was here, at this postcard-ish intersection of Fern and Grape streets where I first started reveling in the local craft-beer craze, at a time when it was super cool to do so.

That was in 2011, still some years after San Diego breweries started gaining steam. Admittedly I was a little behind the trend back then, as I probably was when finally stepping into Fernside, which opened a year ago to the delight of craft-cocktail aficionados.

Yes, there's the expected selection of local brews, but at this point in time, they seem

Fernside
1946 Fern St. (South Park)
619-255-9591,
fernsidebar.com
Happy hour: 3 to 6 p.m.,
Monday through Friday

like footnotes compared to the bar's hyped focus on mixology.

Fernside launched with the backing of cocktail maestro Christian Siglin of Cutwater Spirits, and Shane Gerde, previously with Underbelly. Their concept was to furnish South Park with a spirit-forward hangout that also serves decent bar grub. Fortunately, for us bargain hunters, part of that commitment extends into happy hour.

South Park Abbey's somewhat grungy atmosphere is a thing of the past. Now, the building has big windows and features two-tiers inside. Colored string lights hang above the bar area, adding a festive feel, but without coming across as some rowdy party bar.

Happy hour menus placed on every table reveal a tight selection of plates and draft beers for \$5 each; a few wines by the glass for \$6 apiece; and five cocktails priced at \$7 each. Those, surprisingly, pale in comparison to the bar's normal selection of intricately constructed drinks.

We're talking basic margaritas, mojitos, and Moscow mules as your happy hour options. There's also a Tom Collins, which I settled for out of nostalgia. It was my drink of choice eons ago for copping a fast buzz.

But this wasn't as tart or kicky. Either my taste buds changed and I developed a higher tolerance for alcohol (very likely), or the drink was sorely lacking in lemon and gin. Soda water was the dominant force. But refreshing it was. And the booze-soaked cherry bobbing in the fizz gave me a thrill once I reined her in.

A trio of "party burgers" topped with American cheese, thinly sliced pickles and pinkish "Fern sauce" went down easily as well. Each contained loosely formed beef patties sporting caramelized, well-done edges.

Fernside picks up where South Park Abbey left off, but in a sleeker, more modern sense. The aesthetics are far better, the drinks are fancier (outside of happy hour) and that charming South Park vibe still envelopes the place.❖



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UPTOWN CALENDAR

Saturday, Oct. 19

12th annual Hallo-Wine Fall Festival

Home Start, Inc., a nonprofit child abuse prevention and treatment agency that has strengthened and developed San Diego's families and communities since 1972, will hold its 12th annual Hallo-Wine Fall Festival on Saturday, Oct. 19, from 3-6 p.m. at the Historic Burnham House, located at 3565 Seventh Ave. Held each October in recognition of National Domestic Violence Awareness Month, Home Start's Hallo-Wine Fall Festival raises funds for the organization's programs that provide critical assistance to vulnerable children and families in San Diego. Event guests can savor a variety of boutique wines, hand-crafted beers, small-batch spirits, and gourmet hors d'oeuvres while enjoying live entertainment, a silent auction and many more fun surprises. Tickets start at \$50.

10th annual San Diego Green Homes Tour

The San Diego Green Building Council (SDGBC), a nonprofit organization promoting sustainable building and community practices in San Diego, will host its 10th annual Green Homes Tour on Saturday, Oct. 19, and Sunday, Oct. 20. In response to growing public interest in the green movement and an abundance of groundbreaking projects in the region, the tour has been expanded this year to two full days, showcasing a diverse collection of the most innovative eco-friendly homes in the San Diego region. Two of the home sites are in University Heights and another is in Bankers Hill. Visit sdgreenhometour.org for more information.

Dueling Pianos

The b-present Foundation invites you to join us under the stars at Quartyard, San Diego's trendiest concert venue, for our fall fundraiser. Prepare for a show that's equal parts concert and comedy. Our A-List Talent, The Killer Dueling Pianos, will have you dancing, laughing and singing along to your favorite hits of all time. 100% of proceeds support the b-present Foundation, a 501(c)3 volunteer-based nonprofit organization with a mission to improve the experience of young adults with cancer. 6-10 p.m. at 1301 Market St. Tickets start at \$25.

Sunday, Oct. 20

Making Strides Against Breast Cancer

The 22nd anniversary American Cancer Society Making Strides Against Breast Cancer walk will be held Oct. 20, at Balboa Park to unite communities, honor those touched by the disease and raise awareness and funds for a world without breast cancer. This year's walk features a shortened course of 2.5 miles, while retaining the most picturesque and popular features – those of crossing the iconic Cabrillo Bridge and strolling along the closed northbound lanes of Highway 163. Registration for this event begins at 6:30 a.m. and the walk is set to start at 7:30 a.m. To learn more about the Making Strides Against Breast Cancer event and how you can become involved, visit MakingStridesWalk.org/SanDiego.

WASTED: A celebration of Sustainable Food

According to a National Resources Defense Council (NRDC) report, approximately 40% of edible food ends up in landfills in the United States, while 1 in 8 in San Diego are food-insecure (Feeding San Diego). At this event, guests will witness a new way of cooking that will help decrease your carbon footprint and at the same time taste delicious. This tastemaker event will feature 40 local and national celebrity chefs and mixologists who will be competing to prepare winning dishes and cocktails using food that would otherwise go to waste in their kitchens. The goal of the event is to bring awareness to sustainability for chefs and consumers, creating a call to action about rethinking food waste through culinary creativity. All proceeds will support Kitchens for Good, a nonprofit organization that tackles issues of food waste, poverty and hunger. 4-6:30 p.m. at Kitchens for Good, 404 Euclid Ave. Tickets are \$115 at wasted-celebration.com.

Monday, Oct. 21

Council District 3 candidates forum

The Bankers Hill Community Group will host City Council District 3 candidates for a forum moderated by the League of Women Voters. Toni Duran, Adrian Kwiatkowski, Chris Olsen and Stephen Whitburn are in the race. The forums are open to all and will be held at the Bankers Hill Clubhouse, 3030 Front St. in Bankers Hill from 6-8 p.m. Come early, submit your question for the candidates, meet candidates and enjoy a beautiful view of the bay and setting sun.

Tuesday, Oct. 22

Uptown Democratic Club

Kathi Anderson, co-founder and executive director of Survivors of Torture International, will be our guest speaker. Kathi will discuss how this organization works to heal victims' deep wounds and to foster their transition into society, made more challenging in today's political climate. Joyce Beers Community Center, 6:30 p.m. social, 7 p.m. lecture. Free and open to the public.

Wednesday, Oct. 23

Family Craft Night: Sugar Skulls!

Join us as we celebrate Día de los Muertos a little early with a sugar skull decorating party! All supplies will be provided, just bring your creativity! One sugar skull per family. Registration limited to 45 people. Children ages 5 and up only. 6:30 p.m. at North Park Library.

Friday, Oct. 25



Nightmare Before Halloween

The Lafayette Hotel is transformed into a Tim

Burton-inspired wonderland for a night of fantasy and eccentric horror. Guests can stay from 8 p.m.-1:30 a.m. and enjoy a Tim Burton costume contest for the chance to win prizes and performances by: Shane Hall, Low Volts, Lee Wilder, Stephen El Rey Sextet, Dani Bell & The Tarantist, DJ Tony The Tyger and Babydoll Warriors. Tickets at <https://bit.ly/30zY1qh>. The first 100 tickets are only \$20. General Admission: \$25.

Saturday, Oct. 26



Local author book signing

Local children's book author and illustrator Julie Hampton will be at The Book Catapult for a kids storytime at 1 p.m. Julie will read from and sign her new illustrated kids book, "Betty Builds It." 3010 Juniper St.



North Park Day of the Dead Festival 2019

A free family event to celebrate life and remembrance, to pay homage to the spirits of our dearly departed. 11 a.m.-5 p.m. Artelexia on Ray Street.

Brews and Boos

Join Jsix on the roof of Upper East Bar for an all-you-can-drink Halloween beer festival. Bring your boo-tiful costume and enjoy plenty of brews and views along with food and drink specials. \$25 for all you can drink. 12-4 p.m.

Sugar skull making workshop

As part of the Fiesta de Almas hosted by the El Cajon Boulevard Business Association, learn to make sugar skulls. 5 p.m. at El Borrego Restaurant.

Trunk-or-Treat

A free, family-friendly Halloween celebration with face painting, crafts, a food truck, a magician, a photo booth, and of course—trunkloads of candy! Join us for what is sure to be a wonderful community event. t. Paul's Senior Services Parking Lot, 328 Maple St. 4:30-7:30 p.m.

Sunday, Oct. 27

CicloSDias

For this year's CicloSDias hosted by San Diego Bike Coalition, streets like Adams Avenue in Normal Heights and others in City Heights including El Cajon Boulevard will close completely to cars, encouraging residents and tourists to bike, walk, skate or stroll through neighborhood streets. CicloSDias brings people of all ages together in new areas of San Diego each time to support local businesses and enjoy time outdoors. Close to four miles of streets will be car-free playgrounds.

Wednesday, Oct. 30

Community event with Todd Gloria

Assembly member Todd Gloria will be discussing climate change and what can be done about it with local residents. Location: St. Didacus Parish Hall, 4772 Felton St., San Diego. 7 p.m.

Thursday, Oct. 31

Architects of Change

The Academy of Our Lady of Peace (OLP), the oldest all-girls high school in San Diego, will host its seventh Architects of Change (AOC) live speaking engagement. The event will feature award-winning, revolutionary, eco-friendly fashion designer and founder of 3D-Printed Fashion Lab, Julia Daviy. Attendees will have the opportunity to engage in an interactive, facilitated conversation with Daviy and experience a unique fashion showcase of her work. 11 a.m. at 4860 Oregon St. The special event is free and open to the public, although registration is required. Please register for tickets by Tuesday, Oct. 29, at aolp.org/julia-daviy/

Preschool Storytime & Craft: Halloween Edition!

Kids of all ages are invited to dress up and join us for some fun Halloween-themed stories, songs, and fun! We will have treats for trick-or-treaters all day long! 10 a.m. at North Park Library.

Standup comedy

Another fantastic comedy show at Whistle Stop Bar. Headlining is Eddie Pepitone from Netflix, and "The Bitter Buddha" (documentary). Featuring is Opeyemi Olagbaju from "New Negroes." Additional talent on the lineup includes Chase Christy, Shapel Lacey, Myles Magallanes, Daniel Delgado, and Beau Hufford. Show starts at 8 p.m. and it's a \$5 cover. 2236 Fern St.

Friday, Nov. 1



Día de los Muertos

Old Town's Bazaar del Mundo and Casa Guadalajara are teaming up Friday through Sunday, Nov. 1-3, to celebrate Día de los Muertos – or "Day of the Dead" – the traditional Mexican holiday that honors friends and family members who have passed on. The entrance to Casa Guadalajara will transform into a lively marketplace of artisans displaying their Day of the Dead-themed wares. Guests will delight in performances from traditional Ballet Folklórico dancers and Casa Guadalajara's world-class mariachi band – all in painted skeleton faces. Face painting and photo opportunities with a life-size Catrina (a female skeleton figure donning a Mexican folkloric dress and hat) sitting in an 1800s carriage will also be available. In the Bazaar del Mundo Shops, at 4133 Taylor St., guests can peruse additional artists displaying Día de los Muertos-themed work and collectables, plus additional altars and opportunities to participate

in free family-friendly activities – including sugar skull decorating, mask making and more.

Saturday, Nov. 2

Local author book signing

Local author Elizabeth Earley will be at The Book Catapult at 7:30 p.m. to discuss and sign her new novel, "Like Wings, Your Hands." Elizabeth will be in conversation that evening with Lily Hoang and Kazim Ali. 3010 Juniper St.

Junior League Gala

The Junior League of San Diego (Junior League) is holding one of its largest fundraising events, the fourth annual Gala, which supports youth transitioning out of foster care, assists San Diego County partners in reducing human trafficking and empowers women to becoming strong volunteer leaders in the community. Attendees interested in supporting Junior League in its mission-based projects are welcome to join this evening event in masquerade fashion at the San Diego Natural History Museum. Beginning at 6:30 p.m., guests will gather at Balboa Park in black-tie attire for an extraordinary evening of dining, dancing and auctioning. Tickets are \$150.



Camino de Almas

The community is invited to join in the procession led by Day of the Dead Mariachis from El Borrego to Fair@44, where the family-friendly celebration will include face painting, music, food and drinks and a free viewing of the Disney Pixar movie Coco. Meet at El Borrego at 5 p.m.



Local author book signing

Local author Elizabeth Earley will be at The Book Catapult at 7:30 p.m. to discuss and sign her new novel, "Like Wings, Your Hands." Elizabeth will be in conversation that evening with Lily Hoang and Kazim Ali. 3010 Juniper St.

'Twelfth Night'

The classical actors of tomorrow will bring to life a world filled with some of the Bard's most unforgettable characters and memorable moments. Twelfth Night will run Nov. 2–10, 2019 in the Sheryl and Harvey White Theatre, part of the Conrad Prebys Theatre Center. Opening night is Saturday, Nov. 2 at 8 p.m. Tickets to Twelfth Night are now on sale and can be purchased online at TheOldGlobe.org, by phone at (619) 23-GLOBE, or by visiting the Box Office.

Sunday, Nov. 3

Race for the Cure

Susan G. Komen San Diego will hold their 23rd annual Race for the Cure on Sunday, Nov. 3, in Balboa Park. This event is key for raising funds that are utilized directly in the San Diego community for research and to help fund important breast health resources for those in the community who face barriers to care. The vendor expo will be open at 6:30 a.m. along Balboa Drive, and the walk will begin at 8 a.m. Start at Sixth Avenue at Palm Street. KomenSanDiego.org/walk.

RECURRING EVENTS

Mondays

Lestat's West Open Mic

Weekly open mic event hosted by Robby Robertson every Monday, 6:30-11 p.m. at Lestat's, 3343 Adams Ave. bit.ly/LestatsWest

Tuesdays

Introduction to Buddhism & Meditation

Join an all-ages introductory class to learn the basic Buddhist concepts as well as participate in a discussion and silent meditation. Weekly event led by Jeff Zlotnik. Free. 7-8 p.m. at Dharma Bum Temple 4144 Campus Ave. Also held on Saturdays at 11 a.m.-noon bit.ly/dharmabum

Thursdays

North Park Thursday Market

Shop at more than 90 tents for locally grown produce, seasonal grocery items, fresh food and hand-crafted arts and crafts. 3-7:30 p.m. at 3000 North Park Way, stretching from 31st to Utah streets in North Park. bit.ly/ThursMarket

Thursdays at the Ken

San Diego's late-night jazz jam convenes every Thursday night at the Kensington Club. Hosted by musicians Ian Buss, Robert Dove and Hugo Suarez. \$5. 10 p.m.-1:30 a.m. 4079 Adams Ave. bit.ly/ThursKen

Fridays

Free Friend Friday

Looking for a co-working space with value-aligned social entrepreneurs, artists, nonprofit professionals and local startups? Collective Impact Center offers a complimentary day pass to use shared desks and office space. Bring your laptop and check in on social media with #cicfreefriendfriday for free Wi-Fi. 9 a.m.-5 p.m. at Collective Impact Center, 3295 Meade Ave. bit.ly/free-Fridays

Saturdays

Old Town Saturday Market

This street market features original works from local artists including paintings, jewelry, photography and more. Every Saturday and Sunday. 9 a.m.-4:30 p.m. at Harney Street and San Diego Avenue in Old Town. bit.ly/OTMarket

Sundays

Hillcrest Farmers Market

About 175 vendors offer a variety of locally grown produce, hand-made arts and crafts, and fresh-cut florals at one of the city's largest open-air markets. 9 a.m.-2 p.m. on Normal Street between University and Lincoln avenues. bit.ly/HillcrestMarket

Puzzles Sponsored by:



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9			3					
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					5		1	
6		9					7	

9/6

Sudoku Puzzle

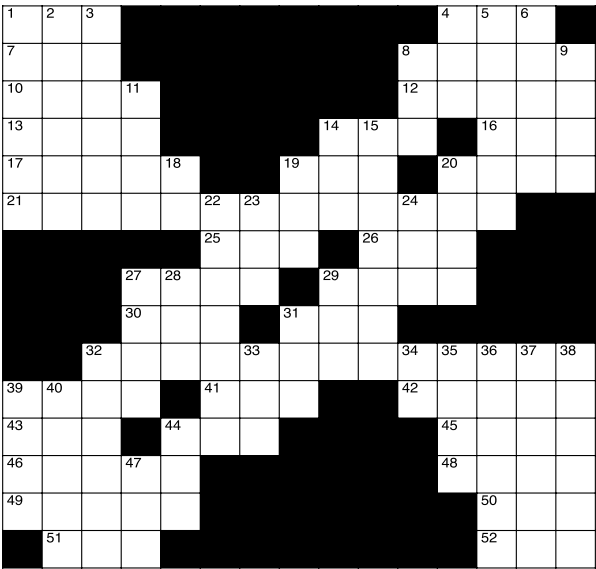
Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

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Puzzle answers on page 14

Uptown Crossword

Classics



CLUES ACROSS

1. Computer key

4. Periodical (abbr.)

7. Hot beverage

8. Capital of Ghana

10. Shrek is one

12. Behemoth

13. Good friend

14. Form of “to be”

16. Where travelers rest

17. European country

19. Everyone has one

20. Pop

21. Feelings of anxiety

25. Small amount

26. Moved quickly

27. Common name for a type of frog
29. Free from psychological disorder

30. 8th month (abbr.)

31. Basics

32. Transcending national boundaries

39. Natives of Kashmir

41. Returned material authorization (abbr.)

42. Cigar wrapper

43. Brew

44. Popular video game series

45. Abba __, Israeli politician

46. Jewelled headdress

48. French cleric

49. Bizarre

50. Unit of measurement

51. Foul-mouthed Hollywood bear

52. “Partridge Family” actress

CLUES DOWN

1. Type of bomb

2. Smooth

3. Clothing pattern

4. Defunct phone company

5. Something to take

6. Type of piano

8. Consumed

9. “Pitch Perfect” actress Kendrick

11. Ray-finned fish

14. Heat storage stove

15. Shrink back

18. Yukon Territory

19. Connects words

20. Sound unit

22. Furniture with open shelves

23. Cool!
24. 007’s creator

27. Source of the Nile River

28. Not safe, but ...

29. Helps little firms

31. Comedienne Gasteyer

32. Conceptualize

33. Root mean square (abbr.)

34. Integrated circuit

35. Evergreen trees and shrubs genus

36. Apprehended

37. Suitable for growing crops

38. Isolated

39. Footwear company

40. Electronic intelligence gathering

44. Political action committee

47. Free of

Puzzle answers on page 14

FROM PAGE 1
ARTIST BASSETT

“I created the piece in 2001,” Bassett explained, “while I worked at the Point Break Cafe on campus, using hand-filled food order forms. ‘Work’ speaks to various connotations of work: work done by hand, the work in the act of studying and learning, work on the self, work of art. I mixed a little coffee in there, too, so it has a nice patina.”

The theme of labor Bassett’s piece shares with the exhibit host is not a coincidence. The Workforce Partnership, which provides services to workers and businesses, launched an effort last April to showcase San Diego artists in its new lobby. A request for creations that reflect, as the partnership described it, “work—loosely defined in all its ugliness, beauty, grit” caught Bassett’s attention.

“They had a call for artists,” Bassett recounted, “and I was like, ‘Oh, I have artwork that is that theme exactly.’” In fact, another of her works, titled “Labor,” a giclée print on paper, was also purchased for the exhibit.

While Bassett’s works tend toward reinterpretation of the artifacts of daily living — at one point she was sketching on her infant daughter’s cloth diapers — the blended roles of artist and mother are inspiring changes in her creative process.

“Typically, my work has been fiber-based and at least somewhat

three-dimensional, even if it’s a wall hanging,” the artist said. “I did a really big fiber installation at the San Diego State Downtown gallery. It had hundreds and hundreds of hangers, and I upcycled a lot of clothing. Because we live in the world we do, most of the clothing is produced in sweatshops. I really thought a lot about the cycle and evolution — the life of a piece of clothing.”

The installation piece also had sonic and performance elements: the sound of a sewing machine, the artist conducting an orchestra with knitting needles, a jar of sewing pins and other objects passed out to the audience as instruments. However, such interactive installations are time- and labor-intensive.

“I can’t really do that type of work right now,” she said, “because I don’t have time or head space. That’s why I did those little diaper sketches. I’m in a transition. The themes I’ve been interested in the last few years, they are still so relevant to my life — more so because I’ve become a mom. Labor, I have always been interested in, scenes of labor, especially invisible labor. There are so many masses of people performing invisible labor because of global capitalism — not making a living wage but producing goods for our modern Western world. Now, as a mom, I can see how invisible labor is so much a part of motherhood. I definitely feel passionate about wanting moms to have more support for what they

do. What we do now is not sustainable. We’re stressing parents out, and it’s not good for the babies.”

Despite the challenges, support from Bassett’s family members allows her to continue her creative work, which includes an artist interview podcast bearing her name and hosted on YouTube. It is part of her network, something she recommends to other artists.

“It’s good to have friends who can give you feedback,” Bassett said. “The social part of being an artist is really important and making lots and lots of artwork is really important. You make stuff you might not show to anybody — you shouldn’t be afraid to fail.”

Bassett’s collage and print will be on display for a year, along with the works of local artists Jennifer Bennett, Esther Rodriguez, Victoria Rutherford, Claire Salisbury-Ruf, Rebecca Smith, and Jasmine Zink. The exhibit is available for public viewing between 9 a.m. and 5 p.m. at the Workforce Partnership, at 9246 Lightwave Ave., Suite 210.

For more information, visit diabassett.com and workforce.org.

—Kit-Bacon Gressitt formerly wrote for the North County Times, and she is the publisher of Writers Resist, a literary journal. She also hosts Fallbrook Library’s monthly Writers Read author series and open mic and teaches Women’s, Gender, and Sexuality Studies in the Cal State system. Reach her at kbgressitt@gmail.com.

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Historic Mission Hills was early residence of San Diego Zoo director

JILL DIAMOND | UPTOWN NEWS

A special house at 4152 Ibis St. in Mission Hills earned its historical designation in March 2016 and has since been known as the Holly and Nellie Perrine/Thomas Faulconer House after a one-time director of the San Diego Zoo.

According to Alexandra Wallace, principal researcher at La Jolla-based Legacy 106, Inc., who was involved in preparing the now historic home's nomination report for historic designation along with husband Kiley Wallace, an architectural historian at the firm: "Thomas Faulconer (no relation to Mayor Kevin Faulconer) was a director of the San Diego Zoo in the early to mid-1920s.

"He [Thomas] traveled to Australia and in 1925 brought back several live animals for the zoo's collection — including two koala bears — the first koalas in the United States. This was quite a sensation and really helped to elevate our zoo's reputation," said Wallace, of the firm that offers

historic preservation and archaeology services for homeowners seeking such historic designation.

Home sweet home

The house on Ibis Street is an example of the early Craftsman architectural style in the Mission Hills neighborhood of San Diego and was built in 1910.

Owned by numerous people throughout the decades, the original owner, Holly R. Perrine, was born in Ogle County, Illinois, in January 1850. The 1880 U.S. census lists Holly as a resident of Hyde Park, Illinois, and as a cattle dealer. In 1884, he wed Nellie M. Hogan in Lincoln, Nebraska.

The couple had the home constructed in 1910 and lived in it until 1916 and rented it out to the Fordmann family in 1917. When Holly sold the home in 1920, he was a widower; he died in San Diego in 1935.

From 1923 to 1926, Faulconer and his wife Margaret owned the home, and during this time he worked as one of the earliest directors of the Zoological Society

of San Diego.

Zoo biz

Faulconer earned the title of executive secretary to the San Diego Park Board in 1913 and by 1922, was appointed as part of the zoo's first hired staff. A year later, he became the zoo's executive director in 1923 for two years. He replaced Frank Buck, who was fired after less than three months following an argument with zoo officials, according to the report.

Faulconer was personally financed by businessman and local philanthropist John D. Spreckles to find animal examples from around the world for San Diego's new and failing zoo in Balboa Park.

In December 1924, Faulconer headed to San Francisco, where he left by steamship for his excursion across the Pacific Ocean. He was the only zoo employee on the journey, which was financed by Spreckles, Wallace discovered.

He traveled to Australia and returned to the U.S. in January 1925 with two koalas and several other animals for the zoo's collection.

"This was the seminal period of the early San Diego Zoo and the acquisition of the two koalas began the zoo's important history of displaying, conserving and eventually breeding koalas at a time when the animals were almost unknown in the U.S.," Wallace said.

Even the local newspapers touted his accomplishments: "Faulconer scored a major victory for the San Diego Zoo for bringing koalas Snugglepot and Cuddlepie



The house on Ibis Street (Photos courtesy Legacy 106 Inc.)



to San Diego. Other animals that Thomas Faulconer brought back from Australia at the same time included 40 kangaroos, 6 emus, wombats, dingoes, phalangiers, birds of paradise, and an echidna. Unfortunately, the stress of the journey was too much for Cuddlepie and he died a few days after arriving in San Diego," according to an article in the San Diego Union, Feb. 5, 1925).

Faulconer quit the zoo in March 1925 for his own business venture. He was replaced by Dr. Harry M. Wegeforth, the zoo's founder, until Faulconer's assistant Richard A. Addison was given the title of executive director. The 1926 San Diego city directory

lists Faulconer's occupation as an assistant auditor for the Union Title Insurance Co., according to the Wallace report.

"I tracked down Thomas Faulconer's daughter-in-law, who lives in Point Loma, ; she was married to Thomas' son Philip [now deceased]," Wallace recalled. "She gave us two great photos of Philip as a child, holding the koalas in the backyard of 4152 Ibis St., shortly after his father returned from Australia!"

— Jill Diamond is a Southern California freelance writer with a penchant for interesting historical pieces. Reach her at JillDiamondHistory@gmail.com.

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COMPASS

Hillcrest couple fosters infants, toddlers

Zoltar fortunetelling machines are a big part of Jules De La Cruz's life. Part of her business is installing and maintaining these novelty attractions at local tourist destinations.

But Jules doesn't need a fortuneteller to predict her future. She has something better: a wife who is a meticulous planner. One night at dinner, Kimberly Saint Laurent casually mentioned to Jules that she would like to visit the Galapagos Islands. Jules remembers expressing interest, but also saying it seemed very far away. The following day, Kimberly

booked plane tickets, Jules recalls with a laugh.

The same thing happened when they considered fostering. "She told me that 'we' signed up for an info session at Angels. I think I may have gotten a Google calendar notice," Jules recalls. That's not to say she was less interested in fostering than her wife, just that Kimberly is definitely the planner.

The couple came to fostering after three years of trying to conceive through in vitro fertilization. Kimberly's pregnancies ended in miscarriage, but they

still wanted to play an active and nurturing role in the lives of children. Another couple told them about their positive experience with Angels Foster Family Network, which interested them in learning more.

What surprised them most at the info session was how much emotional damage can be undone when traumatized young children are placed in stable, loving homes. They say that they've seen great changes in "Tiny Human," an infant who came to Kimberly and Jules severely underweight and lethargic. Now



The couple on a vacation (Courtesy photo)



he is a healthy weight and in the top 1% in height. He enjoys going to the zoo and playing with "Medium Human," an 18-month-old girl who is also placed with the couple. (Typically, Angels asks foster families to care for one child or sibling set at a time, but in the rare cases like this, when children come back into the foster care system, Angels families are offered the opportunity to care for a child again.)


to make an impact, not because you're hoping to adopt." Jules adds, "You have to be settled and cannot think of fostering as a way to fill a personal need because the children are the ones who have the needs. Do this to fill a hole they have instead of one that you have."

The couple says one of the keys to their success as foster parents is the thorough training they received in the Angels certification process. There, they learned about how to care for children who have experienced trauma, what types of services children may access, how to manage visits with biological family, and work toward reunification, among other issues. They were also introduced to the variety of support services they would receive as an Angels foster family, such as their own clinical case manager, playgroups and meet-ups.

The couple says fostering has had challenges. They are always tired from the children's very full schedules and routines can be interrupted by circumstances beyond their control. But fostering is worth it because they have been able to witness great changes in infants and toddlers that they have fostered. "You can see there is hope," says Jules. As for Tiny and Medium Humans' reunification with biological parents, Kimberly and Jules have a plan for that too. "We let ourselves grieve, we let ourselves feel, we let ourselves cry," Kimberly says.

A word of warning from Kimberly, who says, "You're going to have your heart broken over and over" because most foster children are reunified with their biological families. "You have to foster because you want

They don't need to consult with Zoltar to know reunification will be hard for them, but they'll be OK. Kimberly and Jules simply need to check in with one another to know that they've made a difference in the lives of two children who are better prepared for life because of the healthy attachments they formed.❖



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