




ARTS P. 4


Public art installations


FOOD AND DRINK P. 11


Ponces celebrates 50 years

FEATURE P. 14


Savior of at-risk kittens

HISTORY P. 15


Book details skating in SD



Constantin Bakala smiles and hugs his family after landing at the San Diego International Airport. (Photo courtesy St. Luke's Episcopal Church)

KENDRA SITTON | UPTOWN NEWS

St. Luke's Episcopal Church gathered on Sunday, Aug. 25, to celebrate Constantin Bakala being released on parole. He was reunited with his family, who reside in San Diego, after 21 months in immigration detention across the U.S. The last time he saw

his wife and seven children was when they presented themselves at the San Ysidro Port of Entry in November 2017 after escaping from political persecution in the Democratic Republic of the Congo.

"Constantin Bakala and his family arrived at the San Ysidro border crossing and asked for asylum. He had been kidnapped,

imprisoned and tortured by his own government. His family had been hunted and harassed. His wife had been assaulted. ICE responded by detaining him," Pastor Colin Mathewson said after the church service.

Bakala, his wife Annie

see Climate, pg 17

The Irenic, youth shelter shut down

On Aug. 31, Missiongathering Christian Church in North Park received a Civil Penalty Notice and Order from the city of San Diego, ordering that the church cease operations of their homeless youth shelter and cancel all rentals of their sanctuary, called "The Irenic" immediately— an action that will potentially cost the church an estimated tens of thousands of dollars before year end, and leave youth without a place to stay. The church has already laid off staff in the wake of the order and they may have to cease operations at the campus before the end of the year after the swift action by the city.

The order follows an inspection on July 31 to determine if the church was properly zoned and properly operating within city code after six years of uninterrupted operations. The city now says Missiongathering has transitioned from "Church Zoning" to "Music Venue/Nightclub Zoning."

see Church, pg 19

Former San Diego Zoo founder's home and Junior League San Diego HQ get facelift

The 210 Maple Restoration Project is scheduled to be completed by December

JILL DIAMOND | UPTOWN NEWS

Dr. Harry M. Wegeforth, the founder of the San Diego Zoo, would probably be thrilled his former residence in Bankers Hill has served as headquarters to the Junior League of San Diego (JLSD) since 1981, and is undergoing a restoration.

Dubbed "The 210 Maple Restoration Project" – the multi-year, multi-phase initiative will provide an inclusive, safe and functional space to serve its 1,000 volunteer members, 120 community partners and 1,200 youth exiting foster care, according to Andrea Myers of the Junior League of San Diego.

members, as well as ultimately develop exceptional San Diego leaders and community partners," Myers said.

Considered a "true jewel," JLSD acquired the home in 1981 and is celebrating its 90th anniversary in the community. Additionally, the organization helped to have the home designated a historical landmark in 1981. At press time, the organization had raised nearly \$400,000 of its \$750,000 goal for the renovation project.

Famous architects

Designed by Louis Gill — a principal in the office of his uncle, famed architect Irving Gill — for Dr. Harry M. Wegeforth and his family in 1916, the house is two levels and about 3,900 square feet. It included many modern amenities when it was constructed, according to architect Tim



The San Diego Zoo founder's home when it was first built. (Photo courtesy Junior League San Diego)

Martin of Martin Architecture. "The architecture is pretty amazing due to it being a largely intact example of Louis and Irving

Gills' work," said Martin who is a lead in the project.

see Junior League, pg 2

Index

Opinion.....6

Calendar.....16

Puzzles.....17

Classifieds.....18

Contact us

Editorial/Letters

858-270-3103 x 136

kendra@sdnews.com

Advertising

858-270-3103 x 106

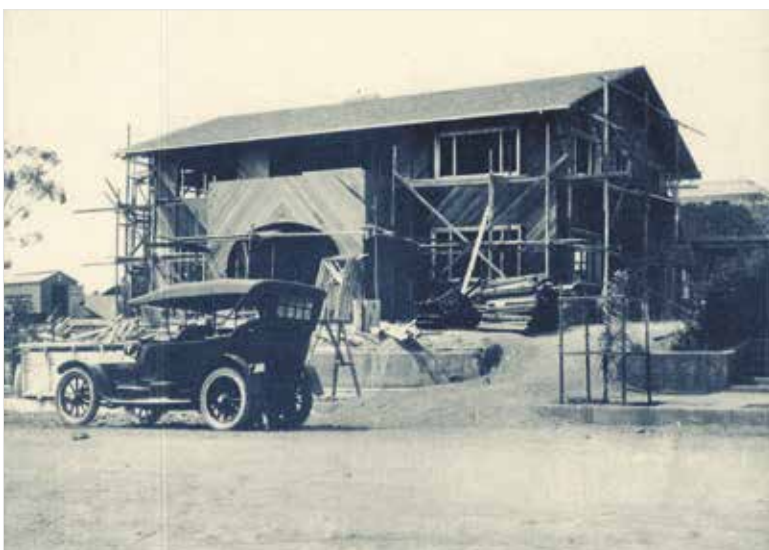
julie@sdnews.com

www.sdnews.com

San Diego Community Newspaper Group



Current front of the 210 Maple Restoration Project



The San Diego Zoo founder's home when it was under construction.



Members of the Junior League pose with photos of the original site and renovation plans. (Photos courtesy Junior League San Diego)

FROM PAGE 1

JUNIOR LEAGUE

The renovations include a new training kitchen, flexible seating area for trainings and meetings, new lounge, Americans with Disabilities Act-compliant improvements, upgraded technology, and a

records room that will be used to pay tribute to the JLSD's nine decades in San Diego.

"It was a classic single-family home with many modern amenities when it was designed and built. It has changed little over the years and remains a fine example of Gill's work," Martin said.

A central formal entry with grand staircase is flanked by a

living room and dining room, with a sunroom to the west off the living room, and a kitchen behind the dining room, with a conventional bath near the rear of the house and a two-car garage. The upper level has several bedrooms, baths with copper tubs and porches once used for sleeping.

Some minor changes were made by another local architect in 1981, which involved converting the home into a commercial-use property from a residence when JLSD took occupancy, according to Case Irwin of Irwin Builders, also a lead in the renovations.

The kitchen is perhaps the most extensive part of the restoration project, which will bring it up to speed for teaching and to meet other current building codes.

"The kitchen is cool and has a lot of original elements still there that we're trying to incorporate," Myers said. "One is a huge gas stove that will be kept and we're trying to save the old doors from the original ice boxes."

Irwin said at the time the home was built it was advanced as far as techniques. For instance, he said in the basement — which won't be renovated and is about 1,700 square feet — they found a whole house vac system.

"There is also a dumbwaiter, laundry shoot, and all the baths have trap doors to access plumbing and plumbing fixtures that were ahead of the time," Irwin said. "There was also some sort of solar device that helped heat water."

Full steam ahead

For the time being, the JLSD has temporarily relocated to the former SD Women's Club — now Parq West — directly across the street until the project is completed in December.

Martin said he has worked on a lot of remodels and old homes but the Wegforth is "truly a gem."

"It's going to be an interesting process and we are proud to be able to deliver what will serve JLSD very well for many years to come," Martin said. "It's still very stately, simple and very much the Gill style. It has been well preserved over years and has remained intact with little work done from the exterior that wasn't original. It's a pleasure to work on something like this and advance its life for another 100 years."

Added Myers: "Junior League is proud that its headquarters is so deeply connected to the history of San Diego and the renovations will only continue to preserve the historic landmark."

— Jill Diamond is a Southern California freelance writer with a penchant for interesting historical pieces. Reach her at JillDiamondHistory@gmail.com.

Critical Information For Men & Women over 50 ...

"This is the best 20 minutes of my week!"

Dr. Paul Neustein, Surgeon

"I recommend The Change Fitness to everyone."

— Dr. Dan Einhorn, M.D., President American Assoc. of Clinical Endocrinologists, medical director of the Scripps Whittier Diabetes Institute, and professor of medicine at UC San Diego

"The Change Fitness has helped me improve my strength and flexibility tremendously!"

— Dr. Scott Mubarak, Orthopedic Surgeon

"I definitely feel difference in balance with stronger legs. It's been very helpful in preventing serious falls ... Mobility is so important as we age and hit or miss workouts aren't enough to keep the body strong."

— Joyce Bruun, age 78, Home-maker / artist

"This has made my golf game better. I can hit the ball much further now. In recent bone density tests, it has increased the bone density in my hips."

— Jan Delair, age 63, retired

**Stay Mobile, Maintain Balance,
Increase Strength and Stamina,
Even Make Your Bones Stronger!**

Are you fearful of having your body break down as you enter your golden years? It's frightening to think of not being able to enjoy the activities you're used to. It's even more frightening to think you might end up in a lot of pain and discomfort as you age.

Now is the time to fight back! By following my revolutionary exercise program for just 20 minutes a day, once or twice a week, you can actually make your body biologically younger and make yourself virtually immune to the health issues associated with aging.

In fact, by following my proven and totally safe exercise program, you may just discover **you'll feel better than you ever have in your entire life!**

Imagine never having to worry about falling and breaking a bone, losing your balance and banging your head, or even succumbing to a stroke or diabetes.

All of the exercises you'll be doing — under my expert supervision — have been clinically proven to increase strength and mobility, improve blood pressure, cholesterol, blood sugar, sleep and even memory too.

Every workout is personalized, and even those with physical limitations will benefit.

Serious fitness — serious results

THE Change Fitness

"The Revolutionary Fitness Studio"™

Call today for your first appointment. Be prepared to be saying "Wow!"

Two locations to serve you: **Poway/Rancho Bernardo & Mission Hills**

Call for your introductory appointment today! **(858) 382-4517**

www.thechangefitness.com • thechangefitness@gmail.com



Interview: 2020 San Diego Council District 3 candidates

WILLIAM E. KELLY | UPTOWN NEWS

The four candidates running for the District 3 City Council seat being vacated by Chris Ward in 2020 are Toni Duran, Adrian Kwiatkowski, Chris Olsen and Stephen Whitburn. Each was asked to state the experiences that prepared them to serve District 3, two or three priority issues and how they would address them. In closing, they were asked if an aging population and climate change were threats to San Diego and if so, what steps they recommend to reduce those threats. What follows are the summaries and quotes of their answers by topic in alphabetical order by candidate last name.

Experience:

Toni Duran: “I have served the communities of District 3 as a representative for Toni Atkins in her Assembly and Senate offices for nearly six years and know the communities, organizations and issues. By working on housing, veterans’, women’s, human trafficking, LGBTQ and arts and culture issues, I’ve dealt one-on-one with ordinary people in crisis and built solid relationships. Having personally struggled with housing insecurity, I have had to move nine times in San Diego in order to find affordable housing. I have experienced many of the problems our community members face and [am] committed to solving them.”

Adrian Kwiatkowski: “I’m a homegrown San Diegan with a track record of results and a history of experience spanning over 25 years as a city volunteer and professional. I have served as a town council president, on a planning board, on a park and recreations council and on a maintenance assessment district. I helped establish a clean needle exchange program, I was one of the authors of San Diego’s Strong Mayor-Council government, helped establish the smoke-free beaches and parks ordinance and worked with the VA San Diego Healthcare System to open the VA Aspire Center in Old Town, a facility for military veterans with post traumatic stress disorder and traumatic brain injury and most recently helped to continue the protections for the La Jolla harbor seals.”

Chris Olsen: “My experience in public service and the city’s Office of the Independent Budget Analyst has made me ready to lead on the City Council beginning on day one. I know the details of the city budget, city operations, and how to make the city work smarter for all of us. I’ve worked in local government for 15 years including over five years in San Diego. I also teach budget and fiscal policy to students at the San Diego State University School of Public Affairs. I am the candidate who can deliver results.” Olsen said, “San Diego

needs to be a leader on addressing climate change, housing, and most importantly, homelessness.” He stressed, “I will always take a balanced approach to tackling San Diego’s most pressing issues.”

Stephen Whitburn: “I have lived in District 3 for nearly 20 years; involved in the vibrant neighborhoods of the district, bustling Downtown, and iconic Balboa Park; engaged with the community professionally as director of the American Cancer Society in Southern California; [and have been] a volunteer, vice-chair of the North Park Planning Committee, vice president of the American Civil Liberties Union in San Diego, and president of the San Diego Democratic Club. I have also participated in many community group activities and recognize each neighborhood features unique qualities and challenges.”

Priorities:

Duran stressed, “The crushing weight particularly on the working class and the elderly of a lack of supply of affordable housing. It is time to take a comprehensive look at city zoning and land-use regulations slowing the building of new affordable housing and it needs to be a very public discussion between San Diegans and the politicians they elect to make decisions that determines what our city will become over the next decade.”

Duran pointed out, “San Diego has one of the most aggressive climate action plans in the country, but is missing the milestones. We have to quickly get back on track a plan for doing so and the city’s move into Community Choice Aggregation is the right one.

Of homelessness, Duran said, “Homelessness is a critical challenge and the housing-first model (permanent supportive housing and rapid rehousing) is the right approach. People can’t improve their lives or handle other needs when they have no roof over their heads.”

Kwiatkowski prioritized the homelessness crisis and the employee and organizational crisis at City Hall stating, “We have to develop real solutions to increase housing stock and availability. I will pursue a holistic approach that includes a little bit of love and a little bit of tough love to address the homeless crisis, I will pursue housing policies that speed up the approval and entitlement process and I support the \$900 million housing bond on the November 2020 ballot. We also need to stabilize the city as an organization and manage the employee crisis and stop the brain drain through a combination of pension restoration and having the city re-enter the Social Security system.”

Olsen stated, “Addressing and adapting to climate change is one of the greatest challenges of our time. I will turn plans into action, working with city staff

to develop funding mechanisms that can help achieve real progress on getting us to a sustainable future. Creating new housing opportunities at all income levels can welcome new neighbors while respecting the character of our neighborhoods. District 3 has some of the best neighborhoods in all of San Diego. We need to keep what is great and improve what is not.

Whitburn shared, “San Diego does not have a comprehensive plan to address homelessness. We need one. It’s the only way we’ll make permanent progress on this issue. I’ll make it a top priority for the city to adopt and implement a comprehensive, proactive plan that will efficiently and effectively marshal the city’s resources to end large-scale homelessness.

“Even people who have a home are struggling to make ends meet. We have to build more housing that is affordable to people with low and moderate incomes. There appears to be broad public support for a proposed bond measure to fund affordable housing, which is a good start.

“We also need to fix up our streets and especially our cracked sidewalks, which are dangerous particularly for our older residents who are more susceptible to falls. We can accelerate these repairs with additional revenue from the hotel surcharge paid by tourists, which is lower than that of comparable destination cities.”

Climate change and an aging population:

Duran: “I see climate change as a very real threat and one of my three priorities. With regards to our growing older population, it is expected to have approximately 1 million people aged 65 and older living in San Diego in the next decade – which is double that of today’s senior population. Having the city of San Diego sign on to be an age-friendly community is a positive step forward to ensure that we address the needs of our older community members. This means partnerships between government and local nonprofits will be making positive change around transportation, housing, outdoor spaces and buildings, community support and health services, respect and social inclusion, communication and information, and civic participation and employment.”

Olsen remarked, “I’m ready to turn plans into action to achieve our climate goals. As a city, San Diego also needs to be proactive in making sure our infrastructure and residents are prepared to adapt to shifts that will occur with an aging population. I think many of my campaign’s key issues, such as improving access to housing and transportation, definitely overlap with concerns about aging. We need to preserve and build neighborhoods that allow multiple generations of families to live near one another and

move around easily with a variety of different mobility options. This has the dual benefits of reducing greenhouse gas emissions and allowing family members to care for one another.”

Kwiatkowski: “Yes, climate change is real and population growth needs to be managed effectively. They are both threats and opportunities to, and for, San Diego. We are not prepared enough and our city can be a leader in our state, which is a leader in the country on climate change. The city needs to set an example by having a zero-carbon footprint as an organization before 2040. We need to manage population growth via smart density in the urban core near mass transit and walkable, bikeable, scooterable housing and commercial density.”

Whitburn: “Demographic and climate changes pose unique challenges to San Diego for which the city is not yet prepared. The number of San Diegans aged 65 and older is expected to nearly

double over the next decade. Many of these seniors will be retired and have fixed incomes, and the need for affordable housing will be even greater than it is today. Many will become less mobile as they get older, and there will be an increased need for housing near shops and services, safe pedestrian walkways, accessible community spaces, and additional transit options. Furthermore, rather than allowing older residents to become isolated, we should create opportunities for seniors to use their valuable experience, knowledge, and time to improve San Diego through civic engagement. The city must also contribute to efforts to reduce climate change. The city should continue to implement its adopted climate action plan.”

— William (Bill) Kelly is a freelance community reporter who has lived in San Diego for 22 years. He can be reached by email at wekbill@yahoo.com.

Stay Somewhere Unique!

Voted By International
& US Travelers
San Diego’s Top B&B

3845 Front Street • 619-990-2441
www.hillcresthouse.net



Catch a film. Be inspired. **Build community.**

**GI FILM
FESTIVAL
SAN DIEGO**

September 24-29, 2019

FILM PREMIERES ★ RED CARPET MOMENTS ★ FILMMAKER APPEARANCES
LOCAL FILM SHOWCASE ★ AWARDS CELEBRATION
PANEL DISCUSSIONS ★ FAMILY MOVIE NIGHT

GIFilmFestivalSD.org

[f GIFilmFestivalSanDiego](https://www.facebook.com/GIFilmFestivalSanDiego) | [@GIFilmFestSD](https://twitter.com/GIFilmFestSD) | [#GIFilmFestSD](https://hashtage.com/GIFilmFestSD)

TICKETS NOW AVAILABLE



*Embracing a lifestyle in
which dogs & design dwell
together harmoniously*



LOCATED IN NORTH PARK:
3768 30TH ST., SAN DIEGO, 92104

HOURS:
WED - SUN, 11 - 6

[@HOMEANDHOUNDSD](https://www.instagram.com/HOMEANDHOUNDSD)

North Park lot gets splash of color



There are several ways to improve the environment of a community. One popular way is to make it easier for residents and visitors to walk and bike. Another is to beautify public spaces with art.

North Park is doing both with an exciting new project that enlivens the 400-spot Ace Parking structure located at the corner of 29th Street and North Park Way.

Local artists Kris Hodson Moore and Don Masse were selected to create 16 artworks that will adorn the parking structure for the next several years. These will replace the current artwork featuring artist Blair Thorney who graciously donated her talent to North Park in 2008. Both Moore and Massey say they are honored to continue Blair's legacy.

"North Park residents and visitors adore Thorney's

whimsical renderings so it was important that the selection committee choose the right artists for the project," said Angela Landsberg in a statement, CEO of North Park Main Street, which is managing the project funded by Civic San Diego.

The artists were selected from a pool of 20 proposals. The North Park Garage Selection Committee evaluated the artists' proposals based on their ability to: creatively use the space; complement the style of the building and the physical space; symbolize and/or reflect the history, character or essence of the neighborhood or the community at-large; demonstrate professional ability and quality of artwork.

The committee chose to have each selected artist create pieces that reflect their own styles rather than asking them to collaborate on one approach.

Masse chose to feature elements of North Park set against a background of vibrant and colorful pixels. "I envisioned this series of images as a reflection of the past, present, and future of North Park coming together," said Masse in a press release.

Moore said she also included images of North Park. "I chose the soft-focus technique for its dream-like quality and



Don Masse tried to show the past, present and future of North Park in their installation.



Kris Hodson Moore's art on the parking garage (Photos courtesy North Park Main Street)

abstract result. The design samples colors and shapes of nearby buildings, sidewalk crossings, and homes I photographed. This ethereal style helps alleviate the sensory assault of a busy neighborhood, while providing a delightful visual array of colors," said the artist.

Not only will the new garage art contribute to North Park's vibe as a hip and edgy artistic hub, it will promote walking and biking. "Research has shown us that when communities make aggregate parking more accessible and attractive, people will park their cars once

and spend the rest of their time on foot or riding bicycles in a community," says Jake Romero, assistant director of North Park Main Street. "Our goal is to reduce our collective carbon footprint while adding to the artistic vibrancy of the community."

The North Park Garage Selection Committee, Civic San Diego, and Ace Parking invite the community to the official unveiling of the project at a rooftop celebration on Sept. 29 from 5-7 p.m. Guests will meet the artists and community leaders working to enhance the quality of life in North Park.❖



**DESIGN
CONSIGNMENT
GALLERY**

VOTED # 1 IN GAY SAN DIEGO

858-800-2405



8840-B MIRAMAR RD.
SAN DIEGO, CA 92126
WWW.DESIGNCONSIGNMENTGALLERY.COM



SHOP ONLINE OR COME VISIT
OUR SHOWROOM OF MODERN
AND TRANSITIONAL PIECES AT
GREAT PRICES. PICKUP,
DELIVERY AND INTERIOR
DESIGN SERVICES AVAILABLE!





\$50

GIFT CARD WITH
PROOF OF THIS
ADVERTISEMENT!
CAN NOT BE COMBINED WITH
ANY OTHER OFFER. NO CASH
VALUE

**DCG CONSIGNS
ART AND HOME
FURNISHINGS UNDER
THE BEST TERMS
ANYWHERE!**






Uptown residents rake in Memoir Showcase awards

Three Uptown residents are being recognized for writing about their personal stories. Mission Hills residents Anastasia Zadeik and Chili Cilch and North Park resident Kenny Sucher are three of 10 winners of the 2019 San Diego Memoir Showcase.

Sucher wrote a memoir titled “Elephant in the Room,” which recounts a couple’s quarrel in a humorous piece about about the struggles between passion, party, and parentage.

Zadeik was recognized for her piece “Not Fine at All.” In “Not Fine at All,” Zadeik tells the story of a pre-dawn telephone call from her husband’s ex-wife’s brother that reveals a complicated web of lies, forcing her to reassess more than a decade of her past and setting in motion a chain of events that will fundamentally alter her life—and the lives of those she loves most.

Cilch’s winning contribution is named “Paul.”

“For many years, I’ve told my girlfriends that I need to write a book about my crazy dating life. I’ve often joked that while some people have guardian angels, I seem to have guardian practical jokers. ‘Paul,’ is a prime example of my prankster guardians running interference with my attempts at romance,” Cilch said. She is currently working on a memoir tentatively titled “Sole Mates – Walking from One Relationship to the Next and Coming Home to Me.”

Executive Producer Marni Freedman, in association with the San Diego Memoir Writers Association (SDMWA), announced the winners of the fifth annual San Diego Memoir Showcase Competition in August.

This year’s contest theme was “I Didn’t See That One

Coming,” and almost 200 submissions were received and



Mission Hills resident Anastasia Zadeik was recognized for her piece “Not Fine at All.”



Mission Hills resident Chili Cilch won for her memoir “Paul.”



North Park resident Kenneth Sucher wrote a memoir titled “Elephant in the Room.”

reviewed by a panel of judges.

Ten winning submissions were selected to be in the fifth annual San Diego Memoir Showcase. The showcase matches writers with local writing coaches and then hires professional actors and directors to bring their stories to life.

These pieces will be performed before a live audience at the North Coast Repertory Theatre on Oct. 28. This year, there will be two shows: a 4:30 p.m. afternoon matinee as well as a 7:30 p.m. evening performance.

In addition to the 10 showcase pieces, an additional 20 writers will be matched with a writing coach and featured in the upcoming 2020 SDMWA memoir anthology, “Shaking the Tree: brazen, short, memoir. – Volume 3.” All the authors will have the opportunity to appear on the “Shaking the Tree” book tour as an anthology author.

The award-winning anthology, “Shaking the Tree — Volume One,” was published in 2018 and featured 29 stories from the first three years of the San Diego Memoir Showcase.

Its editors and writers were honored to receive the 2019 National Indie Excellence Award in Anthology.

“Shaking the Tree — Volume 2” will be published in November 2019.❖

Help With:

- Anxieties & Fears
- A Broken Heart
- Negative Thoughts



Alan Shein

Personal Life Coach/Self-help Author

Free Phone Consultation
Gift Yourself With Help

Call 858-752-1110
GoForwardLifeCoaching.com

Time to act on short-term rentals

City Attorney News

Mara W. Elliott



Short-term rentals in San Diego should be regulated in a clear and objective manner that respects the rights of all property owners, protects our quality of life, and preserves our housing stock.

Instead of adopting a regulatory framework, however, San Diego has opted to rely on existing laws that address noise, trash, parking, and other problems created by visitors who rent properties through online services like Airbnb. This is frustrating to those of us who believe that short-term rental

property owners and neighborhood residents deserve clear rules that they can live with.

While the politics of short-term rentals (STRs) are complicated, the law is clear. The Municipal Code, which houses our city’s laws, does not specifically regulate or prohibit STRs in single-family residential zones. Under what is known as a “permissive” zoning ordinance, the city of San Diego has created zones that define how land within the city may be used. If the use is not listed, it is not permitted, which is the case with STRs. At a minimum, our policy makers must define STRs so that citizens understand how the land can be used,

see Mara Elliott, pg 7



Four Diamond
Award

MORE OF THE DIAMONDS.

We’re honored to receive the AAA Four Diamond Award.



SYCUAN.COM

MORE OF THE DIFFERENT

Sycuan
CASINO • RESORT

GUESTS MUST BE 21+ TO PLAY IN CASINO. PLEASE PLAY RESPONSIBLY

San Diego Uptown News

1621 Grand Ave. Suite C
(858) 270-3103
Twitter: @SD_UptownNews
Instagram: @SD_UptownNews



EDITOR
Kendra Sittton
858-270-3103 x 136
kendra@sdnews.com

PRODUCTION MANAGER
Chris Baker x107
chris@sdnews.com

MARKETING DIRECTOR
Francisco Tamayo x116
francisco@sdnews.com

ADVERTISING CONSULTANT
Mike Rosensteel
(619) 865-2220

BUSINESS CONSULTANT
David Mannis

ACCOUNTING
Heather Humble x120
accounting@sdnews.com

PUBLISHER
Julie Main x106
julie@sdnews.com

CONTRIBUTING EDITORS
Jeff Clemetson x130
Tom Melville x131
Emily Blackwood x133
Dave Schwab x132

WEB & SOCIAL MEDIA
Jeff Clemetson

COPY EDITOR
Dustin Lothspeich

CONTRIBUTORS
Victoria Davis
Mara W. Elliott
Katherine Hon
William E. Kelly
Jean Lowerison
Franka Sabatini Jr.
Summer Stephan
Lucia Viti

OPINIONS/LETTERS: San Diego Uptown News encourages letters to the editor and guest editorials. Please email submissions to kendra@sdnews.com and include your phone number and address for verification. We reserve the right to edit letters for brevity and accuracy. Letters and guest editorials do not necessarily reflect the views of the publisher or staff.

SUBMISSIONS/NEWS TIPS:
Send press releases, tips, photos or story ideas to kendra@sdnews.com

For breaking news and investigative story ideas contact the editor by phone or email.

PAID SUBSCRIPTIONS:
You may read all of our newspapers online for free at sdenn.com.

You may sign up for our weekly newsletter for free at sdenn.com where we will email you a link of our digital edition upon publication of our newspaper. We also make our newspapers available in hundreds of locations throughout the communities we serve. If you would like a hard copy of your community newspaper mailed to you first class by USPS you may pay by credit card or check. Subscription rates are \$1.55 per copy. Mailed copies are mailed the day of publication by first-class mailed by USPS.
12 issues - \$18.60 or 26 issues - \$40.30

DISTRIBUTION: San Diego Uptown News is distributed free every other Friday.
© 2019. All rights reserved.



sdnews.com



Letters to the editor

Re: 30th Street bike lanes

The City Council has put into place an eccentric plan to carve unique roadways for bicycles and, now, scooters. We are told the move is part of a 30-year plan to encourage folks to bike rather than drive so that San Diego could reduce emissions and achieve the state's longterm climate plan.

Sadly, San Diego is not Amsterdam and the council's intent seems more like a self-serving feel-good move than a serious attempt to pursue a well-planned public transportation plan.

San Diego has a vibrant and well-educated citizenry many of whom live center city and adjacent distinct neighborhoods. The sense that they might bike to work may work in a Dr. Seuss fable but it has little practical application.

SANDAG's recently released transportation plan has enormous potential to provide intelligent transportation solutions in a creative, well thought-out and well-presented document. Our City Council would do themselves — and us — a service by putting serious effort into creating a pathway in congruence with SANDAG's plan and listen more to experts than to the bike lobby

Bill Slack, via website

The city did not follow proper procedures to notify and collaborate with residents to find an optimal design for 30th Street that accommodates bikes with fully-protected bike lanes while minimizing impacts on other uses.

It should be noted that bike safety and parking are not mutually-exclusive concepts. Anyone who suggests they

are is nothing more than a closed-minded ideologue. J Street Downtown has parking-protected bike lanes that are extremely safe, yet parking did not need to be removed.

David G., via website

Re: Protected bikeways on Fourth and Fifth avenues

This is great news. If we as a community and race (the human race) really care about climate change, the health of members of our community, then we need to make as many protected bike lanes as possible.

Now, here's a thought. We need to also install bicycle shelters in a parking space, in grocery store parking lots, in parking garages and at malls. All you need to do is a "Google Images" search using the search phrase, "bicycle shelters" and you'll see that multiple cities in the USA are doing this as well as cities around the world.

And on top of this, there are statistics that show that car-related accidents with bicycles go way down when there are protected bicycle lanes.

Mike West, via website

Trump's corruption stinks

Trump is a danger to our democracy. Given the overwhelming evidence Mueller presented in his report and testimony, and the willingness of this administration to let foreign powers interfere in our democracy, it's past time Congress opened a formal impeachment inquiry.

No more excuses. No more delays.

The Mueller investigation found extensive criminal activity committed by Trump and his team. It resulted in 37 indictments and at least seven convictions or guilty pleas, uncovered over 10 instances of obstruction of justice by Trump himself, and revealed over 100 secret meetings and communications between his campaign and Russian and their cronies.

If any other American had obstructed justice as flagrantly as Trump has, they'd be going to jail.

Our representatives need to step up now, because doing nothing will only embolden Trump to trample over our democratic norms and to keep breaking the law. Doing nothing sets a dangerous precedent for future presidents.

For all of these reasons, it's time for our representatives to voice their support for a formal impeachment inquiry.

Victor Marquez, Kearney Mesa
Angela Teixeira, North Park
Leiza Duckworth, Scripps Ranch

If any other American had obstructed justice as Trump has, they'd be going to jail. By letting Trump get away with his corruption and stalling on holding him accountable, Congress sends a dangerous message to the American public. It's time they act.

During Mueller's testimony in July, he confirmed the results of his investigation: 37 indictments, at least seven convictions and guilty pleas, and more than 10 episodes of obstruction of justice by Donald Trump himself.

see Letters, pg 7

Stop those annoying phone calls

District Attorney News Summer Stephan



Have you ever wondered why your mobile phone suddenly started receiving intrusive phone calls from phone numbers you don't recognize? Maybe you think you fixed the problem with your iPhone by using the block caller feature, but the next day a nearly identical phone number is calling — just one digit off from the phone number calling the day before.

Before you stop answering calls altogether, let me explain what's going on. As annoying as they are, not all of these calls are the same. From the phony sweepstakes, to the utility company threatening to shut off your electricity unless you pay now or the caller asking you to take a political survey — there is a reason you can get some calls to stop but not others. The simple answer is some are legal and adhere to checks and balances such as the National Do Not Call Registry. And, the others fly under the radar because they are illegal and use technology to attempt to scam victims.

Inexpensive technology such as Voice over Internet Protocol (VoIP) allows scammers to pick the area code and country that will display on the victim's caller ID. Calls can originate from anywhere in the world, yet appear as though they are a local caller.

Scam calls come in two general forms: pre-recorded calls and non-recorded calls. Pre-recorded calls are typically referred to as robocalls and are considered illegal unless the caller has prior consent from you or the call is purely informational. Unfortunately, the Do Not Call Registry does not block robocalls from accessing and calling your number.

The Federal Communications Commission (FCC) recently began working with mobile carriers and app developers to finally put an end to scam calls. They may not stop these annoying calls for good, but there are ways you can help prevent scammers from reaching you.

- Do not answer calls from numbers you do not recognize.
- If you receive a call from an automated caller, hang up immediately and report the number to <https://www.ftc-complaintassistant.gov/>.
- If you answer a scam call, never give out personal information, regardless of how urgent the scammer may try to make the situation feel.
- If someone calls saying they are from a legitimate company or organization, don't trust the caller. Instead, contact the organization on your own to confirm they are trying to reach you.
- Talk with your service provider about tools they offer to identify and/or block unwanted calls for little to no cost such as AT&T's Call Protect app, Verizon's Caller Filter, and T-Mobile's Scam ID.

The National Do Not Call Registry removes your number from lists of sale solicitors, but does not stop calls from legitimate political, surveys or charity organizations. To add your name to the National Do Not Call Registry, follow the steps below:

- Visit <https://www.donotcall.gov> to access the official registration page for the Federal Trade Commission's Do Not Call Registry.
- Click on the "Register Your Phone" link in the blue circle.
- Click on the "Register Here" link in orange.
- Follow the three steps on screen and click submit.

If you follow the steps listed above, you should stop receiving any type of sales calls after 31 days.

With these tools, you can feel more assured that the next call you pick up will be your friend asking about lunch on Tuesday rather than a bogus caller informing you that a free trip to Cancun is yours pending the confirmation of your bank account information.

— District Attorney Summer Stephan has dedicated more than 29 years to serving justice and victims of crime as prosecutor. She is a national leader in fighting sex crimes and human trafficking and in creating smart and fair criminal justice solutions and restorative justice practices that treat the underlying causes of addiction and mental illness and that keep young people from being incarcerated.✧

Atkins: Calif. can't fight mass shootings alone

Notes
from Toni
Toni G. Atkins



Three young lives were cut short on July 28 in Gilroy, California – a 6-year-old boy, Stephen Romero; a 13-year-old girl, Keyla Salazar; and a 25-year-old man, Trevor Irby. They were indiscriminately murdered while attending a community celebration, the Gilroy Garlic Festival, where people should be concerned with nothing more than great food, lively music, and enjoying one another's company.

We had barely gotten to know who they were before a horrific massacre occurred in El Paso just six days later, when a racist gunman traveled 650 miles to "kill Mexicans" at a popular Walmart. Before he was apprehended, he murdered 22 people with the same kind of military-style weapon used in Gilroy.

We had little time to catch our breath before we heard the news that just 12 hours later, another young man had randomly killed nine people at a bar in Dayton, Ohio, also using a military-style weapon.

I didn't need to personally know Stephen, Keyla, or Trevor to feel deep sadness. I need only think about people of similar ages who I do know, and how their young lives are full of promise, hope, and infinite possibilities. I didn't need to know any of the 31 people who died needlessly in El Paso and Dayton. I need only think about their families and friends, and the indescribable pain of loss they must feel.

We must not succumb to numbness as these incidents mount. We must continue to do whatever we can to keep ourselves, our families, and our communities safe.

California has been trying to just that. Our state leads the nation in sensible gun regulation.

We've restricted who can legally sell firearms, and how they can sell them. We've required a waiting period between sale

of a firearm and possession, barred anyone younger than 21 from purchasing a gun, and limited purchases to one gun per month. We've banned those who are prone to violence from buying firearms. We've restricted sales of ammunition in various ways. We've strengthened our laws on where and how guns can be carried. And we've banned certain high-powered weapons that have no place in the hands of anyone who is not in the military and fighting on a battlefield. Additional gun-control measures are currently under consideration in the Legislature.

Data show a strong correlation between stricter gun laws and fewer gun-related deaths, according to CalMatters, citing research by the Centers for Disease Control and Prevention. There's no doubt in my mind that these laws have made Californians safer.

However, despite our efforts, we cannot claim success. Mass shootings are still happening.

What is certain is that California cannot go it alone.

The Gilroy murders are evidence of that. I won't name the shooter, and I don't want to say much about him, but I will point out that the weapon he used – similar to an AK-47 – is banned in California. He was able to get his hands on it and use it to kill three Californians and injure 15 others because it was perfectly legal for him to buy it in Nevada. Transporting the weapon across state lines was likely illegal, but no one wants to see cars being searched before they're allowed to enter California.

Nearly 40% of guns used in crimes that could be traced to a source come from a state other than the one where the crime was committed, according to Vox, citing federal government data – and Arizona and Nevada lead the nation in providing weapons for out-of-state crimes.

As long as our neighbors continue to treat weapon sales with such a laissez-faire attitude, and as long as the federal government allows such a wildly varied patchwork of gun

laws, Californians – and all Americans – will be less safe from mass shootings.

The Second Amendment is a stalking horse for those who profit from the sale of weapons. I grew up in the South, and I understand that hunting and gun ownership are a part of everyday life in some communities. But hunting rifles and handguns used to protect one's family aren't going to be confiscated. No civilian needs to possess military-style weaponry. And there's no good reason to oppose thorough background checks.

Congress and the White House should have immediately tightened federal gun laws after 20 first- and second-graders were slaughtered at Sandy Hook Elementary School in 2012, if not long before that.

Heartbreakingly, it's too late for those children. It's too late for the 34 innocent people who died in Gilroy, El Paso, and Dayton – not to mention our own backyard of Poway, where Lori Gilbert-Kaye was murdered on April 27 at her synagogue. But it's not too late for those who might die in the next shooting. Or the next. Or the next.

— Toni G. Atkins represents District 39 in the California Senate. Follow her on Twitter @SenToniAtkins.❖

FROM PAGE 5
MARA ELLIOTT

and so that law enforcement can enforce the law.

In March 2017, I issued the first of several memoranda summarizing the law and suggesting potential solutions, including the enactment of an ordinance that reflects "the reasonable compromise our communities seek," a compromise that allows for participation in the innovation economy as well as the quiet enjoyment of our homes.

Following the memo's release, the Mayor's Office said that it would not change enforcement practices until the City Council took action to regulate short-term rental properties.

In August 2018, after hours of public testimony, the City Council enacted on a 6-2 vote an ordinance to regulate STRs. The ordinance had been introduced by the Planning Department and amended by the City Council. Attorneys in my office advised on the law and drafted Municipal Code amendments to meet the policy makers' goals.

The STR industry did not like the ordinance. Although they openly threatened to sue, they instead chose to bankroll a petition drive to suspend the ordinance and force a public vote on it. In such cases, the council has a choice: it can repeal its ordinance outright or place it on the ballot. By an 8-1

vote, the council repealed its ordinance, even though it had been years in the making.

Under the law, the mayor and City Council had two alternatives. When the City Council repeals an ordinance suspended by a referendum, as was the case here, the council could introduce a substantially similar ordinance one year after the date of repeal. The one-year anniversary of the repeal is Nov. 13, 2019. The council could also immediately introduce a new STR ordinance that does not substantially mirror the repealed ordinance. Unfortunately, no action has occurred since the repeal, and STRs continue to flourish.

The mayor and City Council have a golden opportunity to bring this long conversation to a meaningful and productive end by finally putting in place rules that are objective and clear, and again they will have the full support of my office in doing so. In the meantime, my office stands ready to prosecute any STR-related nuisance cases brought to us by mayoral departments.

— Mara W. Elliott was elected City Attorney of San Diego in 2016 after serving as the chief deputy attorney for the Office's Public Services Section and legal adviser to the city's Independent Audit Committee and Environment Committee. Mara and the lawyers in her section held polluters accountable, reformed city contracting, cut administrative red tape, and strengthened the city's Living Wage and Non-Discrimination in Contracting ordinances.❖

FROM PAGE 6
LETTERS

Given all of the evidence, I don't understand at this point why our representatives still haven't voiced their support for a formal impeachment inquiry.

No one should be above the law in our country. Period. I don't care who you are — if you're the CEO of a company or the president of the United States of America. Donald Trump must be held accountable, just like any other American would be.

If it had been anyone else who obstructed justice as blatantly as

Trump did, they'd be behind bars.

Some people say that we shouldn't pursue impeachment because there are so many other issues to deal with. What about health care? Gun control? Climate change? Immigration?

And to these people, I say: our lawmakers can address these issues and pursue an impeachment inquiry at the same time. That's what we pay them to do.

It's time for our representatives to join the 130-plus other members of the House and support a formal impeachment inquiry now.

Janis Cramer, North Park❖



Golden State Greens

Adult/ Medicinal Retailer License C10-0000298-LIC

100% LEGAL SHOP

FOLLOW US ON SOCIAL MEDIA AND DOWNLOAD OUR APP FOR EXCLUSIVE DISCOUNTS, EVENTS AND MORE!

SELECT CARTS BUY 2 1G GET A PALM BATTERY \$1



BUY (4) 8THS GET ONE \$1

CALL FOR DELIVERY & PICKUP OVER 1000 MENU ITEMS AND MORE SPECIALS AVAILABLE

1-844-420-BEST

FIRST DELIVERY 10% OFF

MUST MEET \$60 MINIMUM AFTER DISCOUNT. CANNOT BE COMBINED WITH OTHER DISCOUNTS. OFFER WITH THIS AD ONLY

Cannabis you can trust



3452 HANCOCK ST
SAN DIEGO CA, 92110



Scan me

100% LEGAL SHOP

Edward F. Bryans: Leaving a legacy of beautiful buildings

PastMatters KATHERINE HON

From his arrival in San Diego in 1912 through the 1940s, Edward F. Bryans built structures in every style of the time, including Craftsman, Spanish Colonial Revival, Mission Revival, Italian Renaissance, and Neoclassical. He also was prolific, constructing hundreds of homes as well as many apartments ("flats") and commercial buildings throughout the city.

In May 1913, he obtained a building permit for 3544 Oregon St. (now Pershing Avenue), which was his home with his wife Myrtle until 1916, when they moved to 3022 Upas St. On April 29, 1926, Bryans obtained a building permit for 3401 Granada, and this was his family residence from 1927 until 1961. His wife died in 1956. Bryans moved to 525 Spruce St. in 1961 and lived there until his death on Aug. 12, 1973 at the age of 92. His obituary noted he was a retired building contractor, that he moved to San Diego 60 years ago, and was a contractor for more than 40 years. He was born in Minnesota on April 16, 1881, to Irish parents and grew up on a farm.

Bryans was established as a master builder in 2011 with the designation of the North Park Dryden Historic District. He built more than a dozen homes within



Edward F. Bryans built this Craftsman home at 3544 Pershing Ave. in 1913 and lived there with his wife Myrtle until 1916. He built 15 homes in the North Park Dryden Historic District from 1913 to 1923. (Photos by Katherine Hon)



Edward F. Bryans completed this elegant Italian Renaissance Revival style apartment building at 3511 Park Blvd. in 1922 for Mrs. Helene D. Henrich.



This Spanish Colonial Revival duplex — now offices — at 3444-46 Park Blvd. was built by Edward F. Bryans in 1924 for Nat and Ella Sebastian.

the historic district, including the following 11 homes on Pershing Avenue between Upas and Landis streets: 3420, 3510, 3521, 3530, 3544, 3552, 3593, 3607, 3612, 3635, and 3652. He also built the homes at 3520, 3570, and 3711 28th St. in the historic district.

Many of the apartment buildings along Park Boulevard between Upas Street and Pennsylvania Avenue were built by Bryans. One of his earliest buildings is the Craftsman house at 3689 Park Blvd., which he built in 1913. In 1921, he built a house at 3535 Park Blvd. for Nat and Ella Sebastian; Bryans also constructed several apartment buildings along Park Boulevard for the Sebastians.

Buildings constructed by Bryans anchor the proposed "Park Boulevard Residential Historic

District" along both sides of Park Boulevard generally between Upas Street and Robinson Avenue. Apartment buildings constructed by Bryans along Park Boulevard during the 1920s include 3401, 3418-20, 3422-24, 3430, 3444-46, 3501-07, 3511, 3517, 3521 and 3611.

About a decade into his San Diego building career, Bryans became heavily involved in a front-page-news tragedy related to a recently divorced client, Mrs. Helene D. Henrich, for whom he had just completed the apartment building at 3511 Park Blvd. The Evening Tribune's Dec. 1, 1922 page one headline exclaimed, "Kills Self in Home; Whole Estate Left to S.D. Contractor." Bryans was that contractor.

The San Diego Union's Dec.

3, 1922 issue reported the testimony presented at the inquest. Bryans testified that Henrich had called him on Thanksgiving evening and asked him to come over to her apartment near her new building and repair a door that had jammed. He could not get in through the bolted front door, so he went around to the back and up the stairs to the rear porch. There he found a note for him that read in part, "The doors are all bolted, so you cannot get in. Now please do just as I ask you to do: ...This is very important. Now go and get a policeman, and tell him that I phoned you to come over and now you can't get in, so you want him here...Now go at once and don't get a neighbor. Get a policeman."

Bryans said he drove away and telephoned the police station

from the Sebastian home on Park Boulevard, as they were also his clients. He continued, "Mrs. Sebastian and I then went back to Mrs. Henrich's apartment and as we mounted the stairs, we both heard a sound similar to that of the firing of a small caliber automatic. As the rear door was still bolted we waited for the police."

Detective Harry Kelly (profiled in the July 12-25, 2019 issue of Uptown News), Chief of Police James Patrick and Patrolman Griffith were the responding officers. Chief Patrick testified that Kelly and Griffith had to use a ladder and break through a second-floor bedroom window to get inside. They found Henrich's body on a blanket in the bathroom, "a

see Bryans, pg 9



Full Service Chimney Cleaning

ONLY \$99 reg. \$189

Includes full safety inspection

**CALL TODAY:
619-593-4020**



CHIMNEY SWEEPS, INC.
SERVING SAN DIEGO COUNTY
FOR OVER 30 YEARS

RAIN, WIND, AND FIRE...

"The three menaces to any chimney, fireplace, or stove."

Every year there are over twenty thousand chimney / fireplace related house fires in the US alone. Losses to homes as a result of chimney fires, leaks, and wind damage exceeds one hundred million dollars annually in the US.

CHIMNEY SWEEPS, INC., one of San Diego's leading chimney repair and maintenance companies, is here to protect you and your home from losses due to structural damage and chimney fires.

Family owned and operated and having been in business for over 30 years, Chimney Sweeps Inc. is a fully licensed and insured chimney contracting company (License # 976438) and they are certified with the National Fireplace Institute and have an A+ rating with the Better Business Bureau.

For a limited time, readers of this paper will receive a special discount on our full chimney cleaning and safety inspection package with special attention to chimney water intrusion points in preparation for the rainy season.

Review: 'Dance Nation'

JEAN LOWERISON | DOWNTOWN NEWS/UP TOWN NEWS

I have always considered dance, like music, a civilizing force in the world. But Clare Barron's "Dance Nation" (a 2019 Pulitzer Prize finalist) disabused me of that notion, at least when it comes to competitive dance.

Picture yourself somewhere in small-town Ohio, where dance teacher Pat (Daren Scott) is trying to ready the seven girls and one lone boy in his troupe for a dance competition that could eventually lead to dance nirvana for them — a trip to Tampa for the national competition. But first they must win three preliminary rounds.

The conceit of the play depends on the audience imagining a cast of 20-to-60-year-old dancers on the stage are all about 13, and that they are as serious about winning as Pat is. Unlike singing (which many like me managed to do non-competitively and quite happily at that age), these girls are so serious about winning that the fangs (literally) will come out, though at least they don't resort to tripping each other.

Pat is by turns snarky and encouraging, but let's face it: he wants this team to win as much for himself as for them.

Luke (played by Eddie Yarocho)

— is especially amusing as the lone boy drowning in the sea of female hormones surrounding him.

Moxie Theatre's artistic director, Jennifer Eve Thorn, helms this crazy, unsettling, amusing tour through early female adolescence, which plays through Sept. 15.

Pat has choreographed a dance about Gandhi and resistance. So who will dance Gandhi? Several (probably all) of the girls want the role. But there is a talent hierarchy; the uncontested best dancer is Amira (Wendy Maples). The worst is Zuzu (Joy Yvonne Jones), who looks most like a dancer (and like a winner). But Connie (Farah Dinga) — who has the right look and demeanor — gets the nod. Pat, who seems to like Zuzu despite her evident lack of talent, adds another character — the spirit of Gandhi — and gives that role to Zuzu.

"Dance Nation" is set in the dance world, but it's really about ambition, desire and finding oneself in the often confusing teen world. In between rehearsals, injuries (Vanessa is lost to injury in the first scene) and the excitement and terror of competition, these girls will have conversations about puzzling issues like masturbation, circumcision

The details

"Dance Nation" plays through Sept. 15, 2019 at Moxie Theatre, 6663 El Cajon Blvd., Suite N in the Rolando neighborhood. Thursday at 7:30 p.m.; Friday and Saturday at 8 p.m.; Sunday at 2 p.m. Tickets: 858-598-7620 or www.moxietheatre.com

and having one's first period, not to mention the SATs and how to nail the math section, and pondering whether being the best — at dance or anything else — is even a good thing.

Amina speaks for teacher's pets everywhere when she says, "Sometimes I think I want to lose... Like I feel I hurt people just by existing."

It's a whirlwind of a play about confidence and its lack, building a team, wondering what's going on in a teen girl's body — and dancer moms, three of whom (all played by Sarah Karpicus Violet) show up to "help."

This West Coast premiere boasts excellent acting all around, and fine direction by Thorn. She's helped by Reiko



Adult actors depict children in this play. (Photos by Daren Scott)

Huffman's movable, sectional set design, Kate Bishop's costumes and fine lighting and sound design by Nate Parde and Lily Voon.

Each girl has a definite personality, and no shyness at all in talking about her physical attributes. Ashlee (Andréa Agosto) goes on a monologue rampage about her "epic ass." Sofia (Sandra Ruiz) is all ready until she freaks out at the sight of her first period. There's even a confidence-building bit about the "perfect" p-word that all the girls claim.

In a sudden time shift, Li-Anne Rowsell gives us a glimpse of the adult that Maeve will become.

"Dance Nation" has a lot of vulgar and sexual language, so don't bring the very young. But if you were a child dancer — or know someone who was or is

— this will either validate what she knows or give her a different impression about the art of competitive dance.

— Jean Lowerison is a long-standing member of the San Diego Theatre Critics Circle and can be reached at infodame@gmail.com. ♦



FROM PAGE 8 BRYANS

.25-caliber automatic clutched in her hand."

In a letter found at the scene, Henrich wrote to her mother: "Mother, dear: My first two marriages were hell. I won't go through the experience again. I am leaving my property to Mr. Bryans who I feel will carry on my work. Please do not interfere."

The jury brought in a verdict of "suicide while despondent," and Bryans became the executor of her estate.

If Henrich's intended work was to leave a legacy of beautiful buildings, Bryans certainly accomplished that. In addition to University Heights, he built in the tracts of Horton's Addition, Blair's Highlands, Pauly's Addition, Park Villas, West End and Mission Beach. A highly regarded professional, he was a charter member of the San Diego Chapter of the Associated General Contractors of America — which formed in 1927 — along with other well-known local names in construction such as Daley Corporation, V. R. Dennis, R. E. Hazard, H. G. Fenton and M. H. Golden. Bryans served as vice president of the organization in 1945 and president in 1946.

— Katherine Hon is the secretary of the North Park Historical Society. Reach her at info@northparkhistory.org or 619-294-8990. ♦

Cox adds Prime Video app to Contour TV



Wondering which TV show or movie to watch when you have some time to unwind? Cox Communications just made it even easier to find a new favorite show with its recent launch of Prime Video on Cox Contour TV.

Prime Video joins Netflix, YouTube, NPR One and others in the Contour TV library of apps. Cox Contour video customers can use their voice remote control to easily and quickly access their Prime Video subscription to watch critically acclaimed shows such as "The Marvelous Mrs. Maisel" directly on their televisions.

Other popular Originals include "Hanna," "Tom Clancy's Jack Ryan," "Guava Island," "Homecoming," and

"The Man in the High Castle."

"There's no need for a secondary device or input switch," said Suzanne Schlundt, vice president of field marketing. "Similar to Contour's other integrated apps including Netflix, YouTube and iHeart Radio, all you have to do is speak into your voice remote control and say things like 'Prime Video' or 'Mrs. Maisel,' and Cox Contour will take you to your Prime Video programming."

Prime Video can also be accessed in the "Apps" section of the Contour guide.

"Contour has become one of the most innovative platforms in cable," said Schlundt. "By adding the Prime Video app to Contour, Cox continues to make it incredibly easy for customers to access all the programming they love in one place."

Popular Prime Video TV shows include:

"The Marvelous Mrs. Maisel" (2 Seasons)

This winner of eight Emmy Awards tells the story of Midge Maisel, a

perfect 1950s housewife with two kids whose life gets turned upside down when her husband leaves her. Instead of falling to pieces, Midge surprises everyone she knows by taking the stage and becoming one of New York City's most colorful stand-up comics.

"Hanna" (1 Season)

Based on the 2011 film of the same name, "Hanna" is a brooding thriller about a young girl raised by her father in isolation in the woods and trained to be a lethal assassin. Thrust into the real world with no sense of social normalcy, Hanna skillfully dodges an off-book CIA agent while searching for the truth about her identity.

"Jack Ryan" (1 Season)

This political action thriller follows CIA analyst Jack Ryan, a character from Tom Clancy's well-established "Ryanverse," who is pulled from the safety of his desk job to work in the field.





David Oates of **PR Security Service** in San Diego relayed to us that none of the restaurants owned by **The Patio Group** will close in light of fraud charges lodged against its parent company, **ANI Development**, and the investment company's founder, Gina Champion-Cain.

The well-known restaurateur/investment guru has been accused by the U.S. Securities and

Exchange Commission of defrauding numerous retail investors out of a sum totaling \$300 million over the past several years. She operates a series of local restaurants that include **The Patio on Goldfinch**, **The Patio on Lamont**, **Fireside by the Patio**, **Saska's**, and **Himmelberg's**.

In an email we received from Oates on Champion-Cain's behalf, he stated in part: "While we can't

discuss details of the ongoing litigation matter, we will continue to cooperate with authorities throughout this process," noting also that he expects a "receiver" will be appointed to the civil suit.

In a subsequent email, he pointed out: "We do not anticipate any disruption to operations," referring to The Patio Group's portfolio of restaurants. thepatiogroup.com.



Acclaimed chef Brad Wise is busy creating brand new menu concepts. (Photo by Jim Sullivan)

The **Trust Restaurant Group** is reinventing a couple of Uptown eating and drinking establishments. It recently announced it will transform the former **Brooklyn Girl** in Mission Hills (4033 Goldfinch St.) into an Italian restaurant encompassing a full bar, a retail wine section, a bakery, and a walk-up window for purchasing ice cream. Slated to be named **Cardellino**, most of the operation is due to open by late January.

Over in Hillcrest/University Heights, the company's **Hundred Proof** (4130 Park Blvd.) will switch from an unpretentious cocktail bar that served casual grub to a neighborhood-style steakhouse spotlighting classic cuts and throwback dishes such as oysters Rockefeller. It's been named 4130 West and will feature a dry-aging room. Chef and co-owner Brad Wise plans to also offer old-school Italian favorites such as spaghetti with meatballs and pizzas. The project is expected to materialize sometime in November.



A celebration of mezcal at Tahona (Photo by Dalila Ercolani)

Tahona in Old Town is jumping into action for Mezcal Week (Sept. 8-15). It is also about to launch a speakeasy on Sept. 17 in a former storage room within the establishment. The tucked-away cocktail bar will be called **Oculto 477**. Guests in the know can expect an "incredibly elevated" cocktail program of which the details are yet to be revealed, according to its promoters.

In the meantime, Tahona's kitchen and mezcal bar will introduce a new "taco omakase" series on Sept. 10, which will continue

every subsequent Tuesday under the direction of executive chef Adrian Villareal.

In addition, look for the launch of the establishment's "mezcal society" on Sept. 11, when guests will taste several mezcal from 8 to 11 p.m., including a new brand called La Reina Raicilla.

Throughout the rest of Mezcal Week, there will be "spooky" mezcal cocktails (Sept. 13), complimentary samples (Sept. 14), and a mezcal-themed brunch (Sept. 15). 2414 San Diego Ave., 619-255-2090, tahonabar.com.



Luis Diaz at the upcoming location of Los Panchos in Hillcrest (Photo by Frank Sabatini Jr.)

Luis Diaz is inching closer to opening the largest **Los Panchos Taco Shop** in his long-established chain, which has seven other locations sprinkled throughout San Diego County.

This latest venture takes the place of **Brazen BBQ** at the prime corner of Washington Street and Fifth Avenue, just yards away from where he operated in Hillcrest for almost 20 years.

Diaz allowed us a peak inside the 3,334 structure, which revealed hand-painted palm fronds, bamboo ceilings and space dividers, a full bar that

opens to the outdoor deck, and a significantly upgraded kitchen featuring a vertical spit for cooking al pastor.

The menu will feature many of the company's signature items, but they'll be served on hot plates rather than in baskets. There will also be the additions of assorted ceviches, fajitas, and steak and seafood entrees.

Diaz's brother, Carlos, will oversee the bar program, which will offer flavored margaritas, fine tequilas and mezcal, wine, and craft beer. Look for a late-September opening. 441 Washington St.



Restaurateur Flavio Piromallo brings a taste of Naples to North Park. (Photo by Frank Sabatini Jr.)

A spirited kickoff took place Aug. 31 for the arrival of **SiAmo Napoli** in the heart

of North Park. The restaurant replaces **Il Postino** and ushers in a full bar and classic

Neapolitan dishes that include seafood risotto, beef cannelloni, parpadelle pasta with lamb ragu, and pizzas baked in a high-heat oven imported from Naples.

SiAmo Napoli, which translates to "we are Naples," is owned by a trio of siblings from Naples, Italy. They include Flavio Piromallo, who has been general manager of **Civico 1845** in Little Italy for several years and previously worked for Buon Appetito in Hillcrest.

The restaurant's chic design features light colors, interior brick, a giant photograph of Sophia Loren, and an imposing mural of Naples in the rear dining area. 3859 30th St., 619-310-6981, siamonapolisd.com.



Southern-style sweets and savories are on tap at an upcoming biscuits-and-gravy eatery. (Photo by Gabriel Ferguson)

Biscuits and gravy as well as pies cooked in cast-iron skillets will take center stage at **Sunny Boy Biscuit Co.** in Hillcrest, which is due to open by early November in the space last occupied by **The Smok'd Hog**.

Owner Gabriel Ferguson grew up in a Washington state farming community with food and recipes that closely resembled those from the South.

"I've always wanted to do comfort food and pie in a restaurant concept," he said while revealing to us some of his upcoming menu items.

There will be various themed biscuits and gravy, such as

California-style with carne asada, a chicken cutlet version, and another based on Sunday-style roast using a rotating selection of meats. Biscuit sandwiches will also be available, along with scratch-made cast-iron pies such as pumpkin, pecan and lemon to be sold whole and by the slice.

Ferguson will maintain his catering/private chef business that he has run for nearly 10 years under the name **Dine In**. 3749 Park Blvd., 619-850-8939, sunnyboybiscuitco.com.

— Frank Sabatini Jr. can be reached at fsabatini@san.rr.com.

SATURDAY
SEPT 21 • 2019
10am — 10pm

SUNDAY
SEPT 22 • 2019
10am — 6pm



38th Annual
adams avenue
STREET FAIR
presented by Monaco Cocktails



MONACO

ADAMS AVENUE
BUSINESS DISTRICT

vibrant culture
vibrant city
Commission for Arts and Culture
City of San Diego

- 7 STAGES / 100 BANDS
- BEER GARDENS & CRAFT BEER TASTING
- GIANT CARNIVAL RIDES
- FESTIVAL FOOD
- 300 EXHIBITORS

FREE

adamsavenuestreetfair.com

A golden jubilee in Kensington

Ponce's Mexican Restaurant turns 50

Restaurant Review

Frank Sabatini Jr.



It was 1969. Man had set foot on the moon. And way down below in the sleepy San Diego neighborhood of Kensington, an ambitious cook opened a restaurant against the advice of nearby business owners. They believed it would fail because of low consumer traffic in the area.

"There wasn't much culinary activity around here at the time," said Ponce Meza Jr., whose father founded Ponce's Mexican Restaurant on Adams Avenue after previously working at the former Nati's Mexican Restaurant in Ocean Beach.

Ponciano "Ponce" Meza Sr. retired years ago. But he will be in proud attendance for the restaurant's 50th anniversary bash, to be held from noon to 6 p.m., Sept. 15, in the adjacent parking lot and the mini park behind it.



Ponce Meza Jr. alongside the restaurant's outside murals

Admission is \$50, which includes all-you-can-eat tacos, two drinks, a souvenir T-shirt, and live music by the B-Side Players and a mariachi band. (Admission for those 3 to 17 years old is \$40.)

The restaurant has been wildly successful. It operates to a full house pretty much from the moment the doors open at 11 a.m. and until closing at 10 p.m. In addition, Ponce Jr. and his sister, Rocio, opened a second location in Del Sur, which is coming up on its

Ponce's Mexican Restaurant

4050 Adams Ave.
(Kensington)

619-282-4413, ponces-restaurant.com

Prices: Soups, salads and appetizers, \$3.50 to \$11.95; street tacos, \$2.75 each (or \$12.95 for three with rice and beans); specialty tostadas, burritos and tacos, \$5.95 to \$11.95; tortas, \$8.95; fajitas, \$12.95 to \$14.95; combo plates, \$12.95 to \$15.95; signature entrees, \$12.95 to \$16.95

one-year anniversary.

I recently visited with a friend who has been eating faithfully at the double-storefront Kensington spot since he was a kid. His go-to picks are the standard margarita made with fresh-squeezed limes, and a combination plate featuring a cheese enchilada and crunchy ground-beef taco. I'm told the latter is the exact duo of hot items that famed San Diego Padres player Tony Gwynn always ordered as a regular Ponce's customer.



Framed paintings comprise Ponce's "wall of women." (Photos by Frank Sabatini Jr.)

The combo plates feature a choice of either two or three main items. They come with rice and refried beans, which sneaks lard into the recipe for a creamy, comforting outcome. (Vegetarian beans are available upon request.)

Sitting within the gaze of nearly two dozen females captured in framed paintings, we scarfed down the complimentary table chips with red and green salsas in addition to a bowl of semi-chunky guacamole, which was seemingly made fresh to order.

The collection of paintings, known as "the wall of women," was amassed over time from various flea markets and customer donations. Some of the women are unknown. Others are either current or former staffers who worked at Ponce's for 10 years or

longer. They all possess Latina beauty.

Over multiple visits, I've come to cherish many dishes — too many to completely name here.

Ponce's soups, for starters, coddle the mind and body with deep flavors and soothing textures. Beef-rice meatballs take center stage in the lightly seasoned albondigas, which is rich in carrots and squash as well. It's been on the menu since the earliest days.

The chicken tortilla soup is a relative newcomer and no less outstanding. It features a boatload of shredded breast meat with a stacking of tortilla strips and avocado slices on top.

Plump and crepe-like are the chicken enchiladas suizas.

see Ponces, pg 13



Enchiladas suizas

Albondigas soup

The al pastor burrito mingles seasoned pork with bits of pineapple.

DIGITAL GYM CINEMA Sep 13 - 19

"Innovative, compassionate, and mesmerizing."
- Guillermo del Toro

TIGERS ARE NOT AFRAID

Buy one movie ticket, get one free!
*Offer must be redeemed in full at the time of purchase. Not valid for 1st show of day or Mondays. Cannot be combined with any other offers. Offer must be the price of one regular admission.

www.DigitalGym.org/cinema
P. 619-230-1938

2921 El Cajon Blvd San Diego, CA 92104
(off 805 Freeway on El Cajon Blvd & 30th St. in North Park)

Journey to the past.

"A sweeping adventure!"
- Time Out New York

ANASTASIA
THE NEW BROADWAY MUSICAL

OCTOBER 1 - 6, 2019

BROADWAY
SAN DIEGO
A NEDERLANDER PRESENTATION

Season Sponsored by
San Diego County Credit Union

Website Powered by **Sycuan** **8** **The Wedgwood Hotel** **Audi** **DANCE CREATIVE**

TICKETS ON SALE NOW!
SAN DIEGO CIVIC THEATRE

3rd Avenue & B Street

619.570.1100

Mon-Fri 10am-5pm

619.564.3011 Groups (10+)

www.BroadwaySD.com

We Specialize in Complete Interior & Exterior Projects

DOUBLE G PAINTING & CONTRACTING
"When Quality Matters"

All Phases of Home Improvement
Flooring - Hardwood, tile and carpet.
Kitchen & Bath - Cabinets,
Crown Moldings and baseboards

Painting Stucco Gutters Concrete Windows Waterproofing Masonry Brickwork Drywall

Detailed professional projects all over "America's Finest City" for over 15 years!

Free Estimates from owner John Gregg Senior & Military Discounts
619.665.0754 Member BBB • Lic. #950146 • doublepainters.com

UPTOWN COMMUNITY PARKING DISTRICT
Bankers Hill | Hillcrest | Int'l Restaurant Row | Mission Hills

UPTOWN COMMUNITY PARKING DISTRICT ELECTIONS
The Uptown Community Parking District's mission is to improve availability and supply of parking for residents and businesses, by re-investing its portion of parking meter funds with fiscal responsibility. The district will also consider traffic circulation, transit effectiveness, biking, and pedestrian mobility in its neighborhoods and develop creative collaborations to support a vibrant local economy.

HILLCREST PARKING COMMITTEE
• **ONE SEAT REPRESENTING RESIDENTS**
Election hosted by: Hillcrest Town Council
Tues, Oct 8th @ 6:30-8:00pm
Joyce Beers Community Center 3900 Vermont St | San Diego | 92103

• **TWO SEATS REPRESENTING BUSINESSES**
Election hosted by: Hillcrest Business Association
Tues, Oct 8th @ 5:00 pm
Hillcrest Brewing Company 1458 University Avenue | San Diego | 92103

Nomination Deadline: Tuesday, September 10th by 5pm
Forms available at the Hillcrest Business Association:
3737FifthAve.SanDiego, CA 92103 or www.ParkUptownSD.org

BANKERS HILL NEIGHBORHOOD PARKING COMMITTEE
• **ONE SEAT REPRESENTING RESIDENTS**
• **ONE SEAT REPRESENTING BUSINESSES**
Elections hosted by: Bankers Hill Community Group
Mon, Oct 21st 6 pm-8 pm
Banker's Hill Clubhouse, 3030 Front St | San Diego | 92103

LEARN MORE (619) 210-0944 ext 701 ParkUptownSD.org

NEW MUSICAL COMEDY

"HILARIOUS!"
- Theater Dogs

"The music is DOPE!"
- The Mercury News

SEPT 3 - OCT 13

KISS MY AZTEC!

LA JOLLA PLAYHOUSE

KISS MY AZTEC!
BOOK BY John Leguizamo and Tony Taccone MUSIC BY Benjamin Velez
LYRICS BY David Kamp, Benjamin Velez, and John Leguizamo
BASED ON A SCREENPLAY WRITTEN BY John Leguizamo and Stephen Chbosky
CHOREOGRAPHY BY Maija Garcia DIRECTED BY Tony Taccone
In Association with Berkeley Repertory Theatre

BUY TODAY! LaJollaPlayhouse.org

Growing Balboa Park

Summer Appeal, Awards Luncheon, pumpkin dedications, free carousel rides on Halloween!



(Photos courtesy Friends of Balboa Park)

Friends of Balboa Park, a non-profit that champions the legacy and beauty of the park, is stewarding a number of exclusive opportunities for the community to enhance Balboa Park.

With fall in San Diego around the corner, we look forward to all things pumpkin and spice and everything nice in Balboa Park!

Balboa Park Awards Luncheon

Join us for the Friends of Balboa Park's annual Awards Luncheon on Friday, Oct. 4. We will recognize honorees for their commitment to preserve and enhance Balboa Park for future generations.

Millennium Awards

Globe Guilders of The Old Globe
San Diego Junior Theatre

Inspiration Awards

Karen Krampe, San Diego Civic Youth Ballet
Mark Leland, San Diego Automotive Museum
Jim Marsh, San Diego Zoo Global
Greg Rushall, San Diego Automotive Museum

Betty Peabody Emerging Young Leader of Balboa Park Award

Brianna Mirabile, San Diego Museum of Man
Tickets start at \$85, with tables and sponsorships available. Please join us in celebrating Balboa Park's shining stars!

20th Anniversary Appeal

Throughout 2019, Friends of Balboa Park has been celebrating its 20th anniversary of enhancing and preserving the park for future generations. As part of a special anniversary appeal, we are highlighting the more than 300 projects and programs Friends has undertaken that have made Balboa Park a shining jewel. Visit our website for more information, and consider a tax-deductible donation today.

a.m.-5:30 p.m. All children 12 and under in costume will receive a free ride on the carousel, so come enjoy a ride and the park's festivities!

Balboa Park Carousel

In 2017, Friends purchased the historic Balboa Park Carousel, and launched a multi-year \$3 million fundraising capital campaign to restore and complete the purchase of the carousel. The campaign recently surpassed the \$1.9 million mark, thanks to the community's generosity. We still have a ways to go to reach our next milestone, and need your support. Please consider a donation today, and help preserve one of the park's most beloved icons!

Benefits of Being a Friend

Friends is celebrating our 20th anniversary this year, and is commemorating this milestone by launching a new membership program that rewards supporters and encourages even more people to join our efforts to make a meaningful difference in Balboa Park. Join online at friendsofbalboapark.org/membership.

For more information on Friends' events and park improvement projects, or to support the Balboa Park Carousel, call 619-232-2282 or visit friendsofbalboapark.org.

— Friends of Balboa Park is a nonprofit affinity organization that champions and enhances the park by connecting the philanthropic community to Balboa Park. The group has spearheaded major capital improvement initiatives throughout Balboa Park, including upgraded carillon speakers in the California Tower, restoration of the historic Cabrillo Bridge gate houses and Lily Pond, information kiosks, Adopt-A-Plot program, dedicated benches and trees, operation of the historic Balboa Park Carousel, and other programs that facilitate the community's direct involvement in the enhancement of Balboa Park. ❖



Free carousel ride on Halloween

Celebrate Halloween at the Balboa Park Carousel on Saturday, Oct. 26 from 11



Multi-media arts program captures, shares the stories of San Diego's Vietnamese-American community

Two new art installations have been completed as part of "Little Saigon Stories," a community-based arts program showcasing San Diego's Vietnamese-American community through public art and placemaking activities along El Cajon Boulevard.

Little Saigon Stories was designed as a platform for local youth to capture, preserve and share the first-hand accounts of intergenerational members of San Diego's Vietnamese-American community through photography and film. The project began in 2017, facilitated by the Media Arts Center San Diego, in collaboration with the Aja Project, Little Saigon Foundation and the El Cajon Boulevard Business Improvement Association.

The latest installation in the Little Saigon Stories series is a large-scale mural created by acclaimed artist Shinpei Takeda, co-founder of the Aja Project, a participatory photography-based program for refugee and immigrant youth in San Diego. The 120-by-30-foot mural covers the entire parking lot of Sin Lee Foods, located at 4665 El Cajon Blvd. in City Heights.

Painted by Takeda and a small team of volunteers over the course of eight nights, the work centers around a 66-foot ship, the actual size of the typical fishing boats refugees boarded to escape the communists in the aftermath of the Vietnam War. The image was inspired by a story shared by Andy Tang, owner of Sin Lee Foods, whose uncle Stephen fled to the U.S. on such a vessel. As many as 300 to 400 people were crammed onto each boat, a devastating fact that Takeda depicts in his painting by using the same number of Vietnamese letters to tell the personal stories of escape collected through the Little Saigon Stories project.

Funded through a grant from the National Endowment for the Arts, the mural was designed as a semi-permanent installation using durable road sign paint on the asphalt lot, which sits at the center of the designated Little Saigon District in City Heights. The



Shinpei Takeda's depiction of a refugee ship in the parking lot of Sin Lee Foods (Photos courtesy El Cajon Business Improvement Association)

Sin Lee store is also the site of the landmark "Greeting" wall mural completed in 2018 to commemorate the district.

A second Little Saigon Stories art installation has also been completed at a vacant storefront formerly occupied by Thrift Trader at the corner of 30th Street and El Cajon Boulevard in North Park. The owner of the property has donated use of the store's large display windows to showcase the artwork of local students until a new tenant is found. The art pieces were previously displayed at a series of community events and pop-up exhibitions in City Heights earlier this year.

Located in the heart of the heavily trafficked "30ECB Hub" along The Boulevard, the storefront location offers the opportunity for more members of the San Diego community to learn about the vibrant Little Saigon District just down the road.

The installation will be center-stage for viewing during the next "Stroll the Boulevard" on Friday, Sept. 6, from 6-10 p.m. The lively neighborhood event will feature a variety of fun activities, games, music art, and food and drink specials from local businesses.

"These two new art installations

are a key part of our larger place-making strategy along The Boulevard," said Beryl Forman, marketing and mobility coordinator for the El Cajon Boulevard Business Improvement Association, in a press release. "We are always looking for new ways to create special community gathering spaces, similar to what we have been able to do with Fair@44. By transforming a boring parking lot or an empty storefront into something not only beautiful, but that also tells a story, creates dialogue and fosters a sense of community pride, that's really powerful."

"My hope is that the people will physically step into my painting on the ground, whether consciously or subconsciously, and recognize that we are all part of these stories, that we are literally making history," said Takeda. "The imagery relates not only to the refugees from the Vietnamese War, but also those suffering right now on the Mediterranean Sea and elsewhere in the world. The ship represents the ongoing voyage on the sea of negotiation and reconciliation, towards the formation of new identity and new collective history."

More information about Little Saigon Stories can be found at www.mediaartscenter.org/littlesaigon.

measures of cumin and oregano. Who can object?

I most recently tried the camarones ala diablo, an entree of sauteed shrimp that is probably the spiciest dish on the menu. The shrimp are bathed in dark-red chili sauce, which is quelled only slightly if you incorporate into each bite some of the rice, beans or sour cream on the plate. If you're toting in Aunt Bee from rural Podunk, steer her instead to a puffy, golden-fried chimichanga or the delectable al pastor burrito stuffed with mildly seasoned pork and bits of juicy pineapple.

Ponce Jr. credits the restaurant's sustained popularity to comforting dishes and generous portions. He advises those interested in attending the anniversary party to purchase tickets as soon as possible. They're available only at the restaurant. The event, he adds, will cap off at 400 guests.

— Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press) and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. You can reach him at fsabatini@san.rr.com.



WE MAKE MEDICARE EASY!

Our services do not cost you anything



CA Lic# 0F95192

FREE ASSISTANCE!
34 years experience

The Best Service and
Quotes in Medicare

Questions? Call us! 858-408-1404

BE SURE TO "FUND" YOUR TRUST AS PART OF THE ESTATE PLANNING PROCESS

by Dick McEntyre and Chris von der Lieth, Attorneys at Law

You may have a beautifully prepared trust instrument (Declaration of Trust or Trust Agreement) which sets forth your exact intentions and directions as to whom is to receive the property in your trust (in the trust estate) when you die.

However, unless you transferred your titled assets (examples: house, bank accounts, stock brokerage accounts) at or after the time you created your trust, when you die these non-trust assets, depending upon their values, may well require a probate (long, costly court procedure) to enable their respective titles to be transferred into your trust, before your successor trustee can transfer these assets out of the trust to your intended trust beneficiaries. Simply listing these titled assets on a schedule attached to your Declaration of Trust is not enough. You must transfer your legal ownership in each such asset to yourself as trustee of your trust.

Typically at the time your trust instrument is prepared, your attorney will prepare the deed necessary to transfer legal title to your home into your trust, and you yourself will be responsible for transferring the other titled assets into your trust. This process is often called "funding" your trust. And it is somewhat of a "hassle" for some

folks to do this. This is because you usually must personally visit your bank to change title to bank accounts and must correspond with stock brokerage firms and complete lengthy forms to transfer stock brokerage accounts. But all your effort is certainly worthwhile, if by doing so you avoid a probate!



Richard F. McEntyre practices law in the area of estate planning and administration, having served the San Diego community as a lawyer for over 40 years. Chris von der Lieth is Dick's associate lawyer, having worked with Dick for over six years. Affordable rates. Highest quality services. House calls available. Dick's office is located at 2615 Camino Del Rio South, Suite 101 (Telephone (619) 221-0279), www.richardfmcentyre.com.

FROM PAGE 11 PONCES

They're stuffed with manchego cheese and chunks of tender white meat. Crema and tomatillo salsa on top seal the deal.

Ground beef in Mexican cuisine is a rarity, and unfortunately synonymous with Taco Bell. Yet I prefer it over the chewy, shredded beef used in most family-run places. Ponce's utilizes the ground meat for tacos and burritos, a carryover from when Ponce Sr. worked at Nati's, but with added

MISSION HILLS HERITAGE

15TH ANNUAL HISTORIC HOME TOUR

MISSION HILLS ARCHITECTURE IN THE ROARING TWENTIES

SEPT. 21, 2019 • 10AM-4PM

ADVANCE TICKETS ONLINE

MHH members - \$25

Non-members - \$30

PURCHASE ONLINE

<https://bit.ly/2JtNMwg>

Tickets held at Will Call

Day of Tour

Will Call & Ticket Office
4405 Trias St. • 9:30am-2:30pm

Members \$30 • \$35 Non-members
Checks & Cash only please

www.MissionHillsHeritage.org

COLEMAN MOVING SYSTEMS INC.

Office/Residential | Free Wardrobes
7 DAYS A WEEK | FREE ESTIMATES
FAMILY OWNED SINCE 1979

619.223.2255

BBB MEMBER | INSURED | LIC#CAL T-189466



'Kitten Lady' gets personal rescuing at-risk kittens in San Diego

VICTORIA DAVIS | UPTOWN NEWS

Two book releases in the last month, an appearance on "Animal Planet," and two advocacy awards show not only how quickly Hannah Shaw has been able to make a name for herself in the public eye, but also the ripple effect of her high-energy and hands-on approach regarding kitten advocacy, rescue and education.

"This has all happened much to my surprise and delight," said Shaw, founder of the nonprofit Orphan Kitten Club, which provides lifesaving operations and the world's first grant program specifically funding innovation in kitten welfare. "When people realize that these babies are all unique and so worthy of protection, I think that it gets a lot of people to go out and sign up to foster in their own communities."

Nicknamed the "Kitten Lady," Shaw provides educational media and training resources on her website and social media, as well as instructional workshops, all to help individuals and animal shelters learn how to save the lives of kittens.

"I wanted to create a fun community where people could see up close and personal what it looks like to rescue kittens, and also help people to feel like they know the individual animal," said Shaw, who tries to share all the intimate moments she has with her rescued kittens, from helping them through a disease to helping them hit their first steps, making them hats or even writing songs about the kittens.

"It hopefully helps with finding adopters and encouraging more fostering."

Working closely with the San Diego Humane Society, East County Animal Rescue and Love Your Feral Felines, Shaw has helped to rescue dozens of kittens (and two neonatal piglets) since moving from Washington to San Diego, including Flapjack, a malnourished orange tabby who was covered in fleas when Shaw and her team found him in Spring Valley.

"Hannah has done a great deal



Hannah Shaw and her cat and first-ever rescue Coco. (Photos courtesy Hannah Shaw)

for kittens all across the world through her humane education program, and now that Hannah is local to San Diego, we are proud to have her Orphan Kitten Club as a rescue partner," said Jackie Noble, nursery manager at San Diego Humane Society. "Not only does OKC care for these kittens at their in-home kitten nursery, they also help out our community through their Full Circle TNR (trap-neuter-return) program. Talk about the 'purr-fect' partnership!"

Though his brother didn't survive, Flapjack regained his health and was the inspiration for Shaw's new Full Circle Program, where Shaw and her nonprofit team go out and sterilize the family, or colony, of the kitten they rescue.

"When we picked him up, we saw just how many cats there were in just his colony living as strays," said Shaw. "These cats are coming into shelters at the rate that they are because there's so many community cats outside. There's no harsh winters in San Diego, so it's kitten season year-round here."

Orphan Kitten Club also takes on cases where the kitten's condition is more challenging, perhaps too challenging for the average shelter, such as their most recent addition to Shaw kitty nursery, the tuxedo kitten named Apple. Apple was born with Swimmer Syndrome so her hind legs spread out like a frog's, inhibiting her from walking.

For the next few weeks, Shaw will be wrapping and taping Apple's legs so they can grow in

a normal posture.

"A lot of kittens like her are euthanized because she can't walk, but with us she will get to live a normal life," said Shaw. "We work with the kittens that no one else will."

Shaw is also a New York Times bestselling author, with her educational book on the U.S. kitten crisis "Tiny But Mighty." Shaw also has an upcoming children's book, "Kitten Lady's Big Book of Little Kittens," which releases Tuesday, Oct. 8. The book takes children through the life of foster kittens. Both books can be found at Barnes & Noble or on Shaw's website, kittenlady.org.

"It's all a lot more personal for me now," said Shaw, who has been an activist for many years but never planned on getting this hands-on with the work.

"It's not just theoretical. It's not just data. You're not just trying to convince people something matters because you read a statistic," she said. "You're literally looking at a little life in the palm of your hand and knowing that there are so many other little lives like that who are out there in need of love and support and care."

"That's why, whenever I teach, I teach using stories. It's not a theory, it's a real kitten that you can hold and see and feel and that needs your help."

To apply to adopt any of Shaw's rescues, visit orphankittenclub.org.

— Victoria Davis is a freelance reporter. ♦

#44 Live your life with theirs in mind.

Together let's start planning for your family's future.

Mary L. Stockton, LUTCF, CLU®, CLTC®
Agent
New York Life Insurance Company
4365 Executive Drive, Suite 800
San Diego, CA 92121
(858) 623-8945
stocktonm@ft.newyorklife.com
www.marylstockton.nyagents.com

SHR1140411000up.08.07.2019
© 2019 New York Life Insurance Company
31 Madison Avenue, New York, NY 10017
Keep Good Going™ is a trademark of New York Life Insurance Company. All rights reserved.

Life Insurance. Retirement. Investments.

KEEP GOOD GOING

NEW YORK LIFE

Critic's Choice
"Ever-surprising,
daringly inventive!"
An expertly acted, boldly-out-
of-the-box evocation!"

The San Diego Union-Tribune

ROMEO AND Juliet

By William Shakespeare
Directed by Barry Edelstein

One More Week!
Must Close September 15
Tickets start at \$30

World-Class Shakespeare
Under the Stars in Balboa Park

THE OLD GLOBE (619) 23-GLOBE (234-5623)
TheOldGlobe.org

Aaron Clifton Moten and Louisa Jacobson with the cast of Romeo and Juliet. Photo by Jim Cox.



Hannah Shaw's latest book, "Tiny But Mighty."

New book recounts the birth of skate in San Diego

LUCIA VITI | UPTOWN NEWS

Did you ever wonder what catapulted skateboarding's popularity into the stratosphere? Does history of a "sport," born and bred along the coast of Southern California, coincide with your love of surfing? Are you "stoked" to know that skateboarding will be featured in Tokyo for the 2020 Summer Olympics?

If you've answered yes to any of the above questions, John O'Malley's new book, "Urethane Revolution: The Birth of Skate-San Diego 1975," is a must read. The always interesting, sometimes shocking, off-color page-turner dialogues the history of skateboarding from one of its founding fathers, John O'Malley.

Dubbed the "greatest story never told in extreme sports history," O'Malley retraces his steps as a member of the original Skunkworks crew to creating his own skate parks. Photographs — sure to make everyone reminisce about the good ol' days — accompany stories from the underground.

"One crazy year on the California coast in 1975, a hippie Skunkworks, bred in garages and shacks, launched the modern skater movement," writes O'Malley. "Strap in for a wild ride replete with two car chases, two plane crashes, a massive truck bomb, Colombian narcos, the mafia, senior White House staff, a gypsy fortuneteller, three straight-up miracles, Jacques Cousteau, big piles of cocaine and naked hippie chicks."

O'Malley details the book's title, "Urethane Revolution," beginning with the history behind the urethane.

"Around 1973, a guy named Frank Nasworthy discovered these urethane training wheels that were used on beginners' roller skates," he notes. "They were grippier than the unforgiving composite clay wheels of the day. Frank bolted them on his skateboard and bingo! Suction-cup traction like no one had ever imagined possible. It's in that instant that the skateboard went from a toy with feet of clay to a wall-climbing UFO, screaming at warp speed to the

2020 Olympics."

The Revolution follows suit.

"The Revolution began when a rift opened in the universe and that centrifugal buzz — heretofore available only through sports like surfing and skiing — came leaking out of the streets," writes O'Malley. "Adrenaline rushing up your road, serotonin dripping down the drive. And the scales fell from our eyes: Any paved surface could be ridden. And the call went out: The rift has opened, God is great, spread the word."

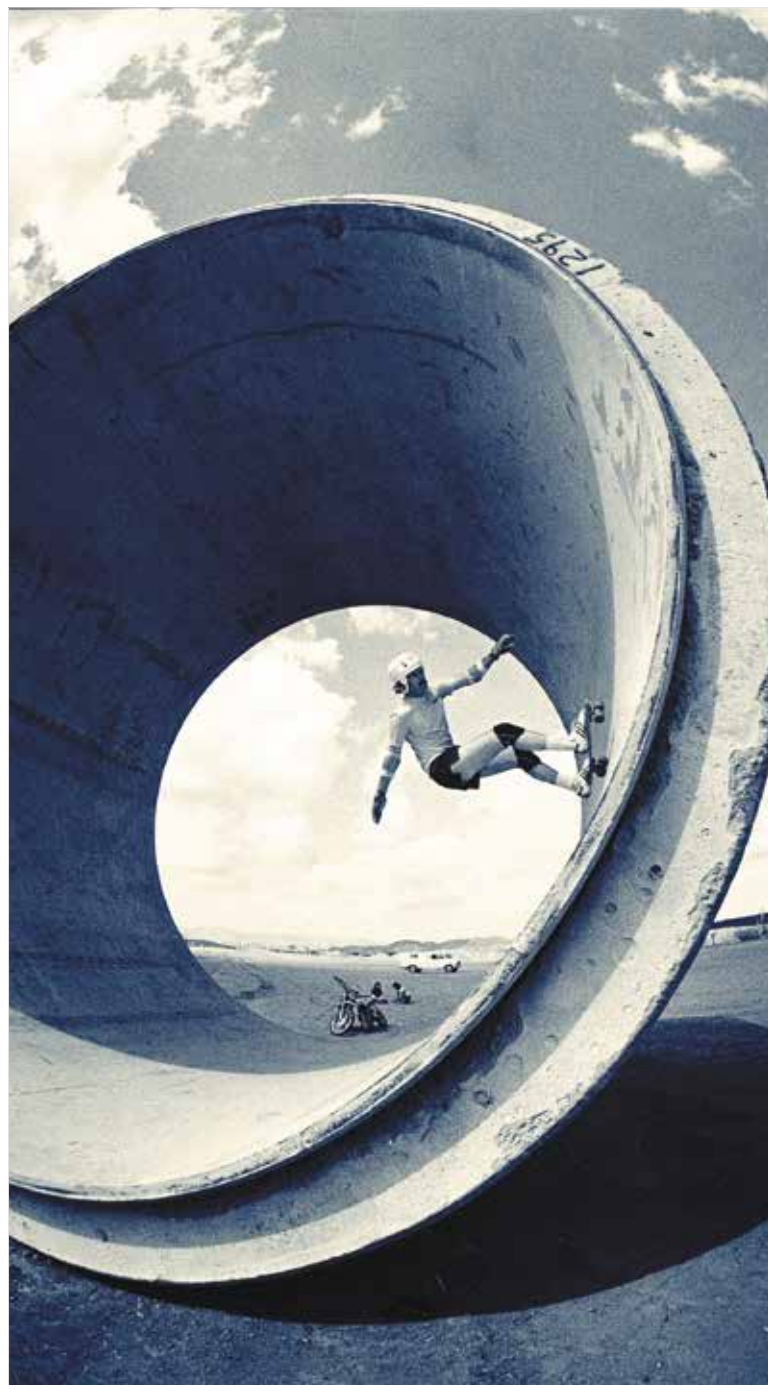
According to O'Malley, a perfect storm of "ill winds" that began with a historic drought fueled the Revolution.

"The drought uncovered insanely fun new skating forms like the reservoirs and drainage ditches while recession-vacant homes had their swimming pools drained and skated," he pens. "Our eyes spoked an urban landscape lit up with a million new possibilities."

"Urethane Revolution" also showcases La Jolla native Bobby Turner. The innovative craftsman built Turner SummerSki slalom skateboards. Still



Dave Dominey surf style, Escondido Reservoir. (Photo courtesy Lance Smith/Tracker Archive)



John O'Malley, Central Arizona Water Project. Pull way back on this photo and it's just a kid doing a nothing kickturn on a teeny banked turn. But in Warren's eyes, it's world champion Laura Thornhill caught in a moment of grace on a sunny afternoon. (Photo by Warren Bolster)

popular today, these boards are constructed along the design vein of surfboards and snow skis. According to O'Malley, Turner's skateboards "revolutionized" slalom skating boards.

O'Malley touts, "The Revolution is over. Skaters won."

And if you need a place to play, check out Robb Field — San Diego's first skateboard park constructed and operated by the city at 2525 Bacon St. Designed

with input from the legendary Tony Hawk, the 40,000-square-foot concrete park is suitable for all ages and skill levels. Sidling the San Diego River Bike Path at the onset of Ocean Beach, the "street course" features a combination bowl, handrails, ledges, blocks, a pump bump and an octagon volcano.

—Lucia Viti can be reached at luciaviti@roadrunner.com. ❖

**Call Mike Today
to Advertise!**

Mike Rosensteel
(619) 961-1958
mike@sdcnn.com



sdCNN

CRITIC'S CHOICE! "Masterful...Extraordinary acting...Often drop-dead funny...
RARE GEM of a theatre piece." — *San Diego Union-Tribune*

**"FIRST-RATE
WORLD PREMIERE"**
— *Talkin' Broadway*

THE COAST STARLIGHT

BY **Keith Bunin** DIRECTED BY **Tyne Rafaeli**

Must Close Sept 15!

The cast of *The Coast Starlight*; photo by Jim Carmody.

BUY TODAY! LaJollaPlayhouse.org

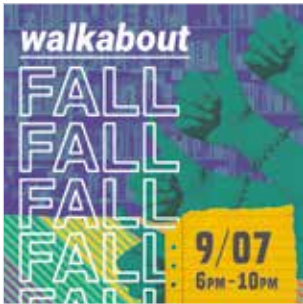
**LA JOLLA
PLAY
HOUSE**

UPTOWN CALENDAR

Saturday, Sept. 7

City Heights Lantern Festival

To celebrate its 35th anniversary and the diversity of City Heights, Vien Dong IV is hosting the inaugural City Heights Lantern Festival. The free event will include lion dancing, music, food trucks and lanterns. The festival celebrates the Mid-Autumn Harvest Festival (Tet Trung Thu) as well as the diversity and support from the amazing community of City Heights. The festival is from 11:30 a.m.-9 p.m. at the Vien Dong IV Shopping Plaza, 5382 University Ave., San Diego, CA 92105.



South Park Fall Walkabout

The South Park Walkabout is a quarterly fun-filled evening festival that showcases all the unique and independent businesses within South Park. Enjoy complimentary treats, live entertainment, and special offers. Located at South Park Neighborhood from 30th and Kalmia streets to 30th/Fern and Beech streets from 6-10 p.m.

Raza Visions

Centro Cultural de la Raza presents Raza Visions, another round in their series of fundraisers featuring live music, food, drinks and live screenprinting. With the 50th anniversary of Centro Cultural de la Raza approaching in 2021, Raza Visions is a fundraiser to help the Centro establish new collaborations with artists and to develop new approaches to public engagement and historic preservation. 7 p.m.-midnight at Centro Cultural de la Raza, 2004 Park Blvd.

Hackathon

Academy of Our Lady of Peace (OLP) will hold its inaugural Hackathon event at its campus at 4860 Oregon Street. This event invites female students, grades 8-12, to participate in collaborative problem solving surrounding the topic of environmental sustainability. Participating students will practice valuable skills in STEM, including research, analysis, communication and more, and will present their comprehensive findings and solutions to a panel of judges, with the top teams to receive special prizes. The event will feature keynote speaker, Cody Hooven, Chief Sustainability Officer for the City of San Diego, and will be hosted by OLP's Engineering Projects in Community Service Club. The full-day Hackathon starts with registration at 7:45 a.m. and ends at 4:30 p.m. The cost is \$18 per person and includes snacks, lunch, and event swag.

Sunday, Sept. 8

Farm to Fork Week

San Diego Farm to Fork Week returns Sept. 8-15 with a brand new kickoff party: Farmers, Chefs and Fishermen. The party will be held at the historic

Mission Hills Nursery on Sept. 8 from 4-7 p.m. with over 20 chefs, vintners and other beverage makers and will benefit Olivewood Gardens and Learning Center. For more information and updates on San Diego Farm to Fork Week events, visit farmtoforksd.com

Tuesday, Sept. 10

Gay Men's Bookclub

The Gay Men's Book Club will meet on Tuesday, Sept. 10, to discuss this month's selection, "The Great Believers" by Rebecca Makkai, a finalist for the National Book Award and the Pulitzer Prize for fiction. The Pulitzer committee described it as, "an artful novel that chronicles a mother's search for her estranged daughter against the backdrop of the AIDS crisis, and contemplates the ripples of grief affecting generations of survivors." Anyone interested in novels, memoirs and plays with gay themes is welcome to join the club. 6-7:30 p.m. at the Mission Hills-Hillcrest Library, 215 W. Washington St. Contact Ron Alsop at ronald.alsop@gmail.com or 908-347-3877 for more information.

Thursday, Sept. 12

Art as Health: A day of art and HIV testing

During this day, the community is offered free HIV testing, complimentary admission to San Diego Art Institute's newest exhibit "Forging Territories," including docent-led tours tailored for HIV-impacted individuals and communities, and access to a panel discussion featuring artist and HIV activist Joey Terrill of the AIDS Healthcare Foundation. Participants' experiences this day are designed to provide HIV education and awareness through free testing by the AntiViral Research Center at UCSD, as well as a sense of cultural awareness through the thought-provoking art of SDAI's new exhibit "Forging Territories: Queer Afro and Latinx Contemporary Art." The event will be held from noon to 6 p.m., with a panel discussion, "Race, HIV, and Art: The Impact of HIV/AIDS on LGBTQ Artists and Communities of Color" beginning at 6 p.m.

SD Street Food Fest

City Heights Community Development is hosting a delicious, convenient, affordable community builder. The first annual Street Food Fest is designed to get people together around tables and food stalls to celebrate another year of community building. Kids under age 12 are free. Tickets are \$8. 5-9 p.m. at Fair@44, 4350 El Cajon Blvd.

Friday, Sept. 13

Alley Cat Art Walk

Eight art galleries and museums in Historic Downtown El Cajon are hosting an event held in Arts Alley — an alley between Main Street and Rea Avenue that is a popular corridor of public murals. Entertainment will include art shows, art demonstrations, artists' booths, hands-on craft booths, wine tastings, opportunity drawings, a beer garden sponsored by the El Cajon German American Club, and vibrant music performed live by Theo and the Zydeco Patrol. The Alley Cat

Art Walk also features a collection of wood planks in the shape of a cat head, painted artistically by regional artists. 3-8 p.m.

'Urban Campout: All That Glitters is Gold'

Friends of Girl Scouts San Diego are invited to come together under the stars on Friday, Sept. 13, for "Urban Campout: All That Glitters is Gold." The event will be held from 6-11 p.m. at Girl Scouts' campus in Balboa Park, located at 1231 Upas St. In addition to a wine walk (modeled after a cake walk) and classic camp activities like archery and s'mores, the event will provide entertainment based on its theme. Urban campers will "pan for gold" and compete for a chance to score a "golden ticket." The gilded evening will also feature auctions, gourmet cuisine, adult beverages, and dancing to the music of The Mighty Untouchables. The public is welcome at Urban Campout. For details on attending or volunteering for the event, visit sdgirlscouts.org/uc or call 619-610-0807. Tickets start at \$300.

Saturday, Sept. 14

The ART of Aging Well: A Workshop for Gay Men

The workshop is based on Michael Kimmel's next book: "The Gay Man's Guide to Aging Well." The ART of Aging Well will address questions like: As a gay man, do you find aging (particularly in San Diego's LGBT community) to be a challenge? Come join us as we explore these questions with a safe, supportive group of men, facilitated by yours truly. The workshop is limited to 25 men and the admission fee is \$25. Saturday, Sept. 14, from 1:30-3 p.m. at The Studio Door in Hillcrest. To register, please go to: bit.ly/2KvDCwM. For more information, contact Michael at 619-955-3311 or beyondtherapy@cox.net.

Homeruns for Homelessness

Come celebrate InterContinental San Diego's first anniversary by running the original Padres stadium bases to benefit the Alpha Project and other homeless services. At this all-ages, all-levels event, request your "at-bat" song, step up to the plate at historic Lane Field Park and wind up for a whiffle ball — the farther you hit it, the more the hotel will donate on your behalf! Then, batter up for a ballpark-style lunch, ice cold brews in the "outfield," raffle and silent auction prizes, fun and games for kids, and more. In attendance will also be the San Diego Padre's official Pad Squad and Swingin' Friar, the official Padres mascot. Pricing is \$20 for adults, \$15 for kids — includes one "at bat" and run around bases, ballpark-style lunch, and \$10 (adults) or \$5 (kids) donation to the Alpha Project. Lunch includes hot dog or hamburger, chips, cracker jack and soda or water. Additional "at bats" can be purchased for \$5 with all proceeds going to the Alpha Project.

Monday, Sept. 16

Mayoral Forum

The Bankers Hill Community Group will host a mayoral forum at their monthly meeting. Barbara Bry, Bonnie Sue Eisner, Todd Gloria, Beatrice Marion,

Rich Riel and Tasha Williamson all want to be your next mayor and have confirmed for the Mayoral Forum. The forums are open to all and will be held at the Bankers Hill Clubhouse, 3030 Front St. in Bankers Hill from 6-8 p.m. Come early, submit your candidates question, meet candidates and enjoy a beautiful view of the bay and setting sun.

Thursday, Sept. 19

San Diego LGBTQ Town Hall

The San Diego LGBT Community Center has announced the next phases of its organizational strategic planning process, which will include a community-wide town hall meeting and a series of focus groups. The feedback from these interactive activities will be essential in developing goals to form The Center's strategic plan to continue to strive to best serve the San Diego LGBTQ community. The San Diego LGBTQ Town Hall meeting will take place from 6-8 p.m. in The Center's Auditorium, 3909 Centre St.

Friday, Sept. 20



Santa Fe Marketplace

Celebrating the colorful cultures of Native Americans and the American Southwest, Bazaar del Mundo's annual Santa Fe Marketplace returns to Old Town, Friday through Sunday, Sept. 20-22. Bazaar del Mundo (located at 4133 Taylor St. in Old Town) will overflow with exquisite collections of authentic Native American jewelry, art, crafts and décor from Navajo, Cherokee, Hopi, Pima, Isleta Pueblo and Santo Domingo Pueblo tribe members, along with other noted Southwestern artists demonstrating and selling their goods. Guests will also enjoy daily musical entertainment and feast on mouth-watering Mexican cuisine for sale at the otherwise free event, 10 a.m. to 8 p.m. Friday and Saturday, and 10 a.m. to 5 p.m. on Sunday. For more information, visit bazaardelmundo.com.

Saturday, Sept. 21



Charity Yoga Event

One Love Movement, a nonprofit centered around raising awareness and support to advance social justice, will host its eighth annual Charity Yoga Event on Saturday, Sept. 21 from 9 a.m.-12:30 p.m. at Waterfront Park in Downtown San Diego. The event features a yoga class along with a guided meditation, a live concert and talk with singer-songwriter and guitarist Trevor Hall, a kids corner and the first-ever wellness garden. Guests will be able to enjoy food and beverage

vendors, as well as massages. All proceeds will benefit local San Diego nonprofit Voices for Children, that transforms the lives of abused or neglected children by providing them with trained volunteer advocates, as well as the San Diego Rapid Response Network, that aids immigrant families in the San Diego border region, and the One Love Shelter in India, home to 17 boys in Bangalore, India. Tickets start at \$35.

Mission Hills Roaring '20s Home Tour

Mission Hills Heritage presents its 15th annual Home Tour. This year's tour is all about Mission Hills Homes built in the 1920s — that decade of decades, exuberant, prosperous and simply fabulous. Take the tour of eight Mission Hills Historic Homes featuring high style and architectural variety. 10 a.m.-4 p.m. starting at 4405 Trias St. Tickets are \$35.

Celebrate the Jeri Dilno Way

Councilmember Chris Ward will be recognizing local trailblazer and LGBTQ leader, Jeri Dilno with an honorary street naming at the 2400 block of Howard Ave, in front of her home at North Park Seniors. We will be unveiling "Jeri Dilno Way" and celebrating her 83rd birthday. 12-1:30 p.m. at North Park Seniors, 4200 Texas Street.

San Diego Zoo Food & Wine Brew

San Diego's wildest tasting event, that will feature globally-inspired food, wine and brews with more than 160 of SoCal's best vendors, is set in the world-famous SD Zoo. Fine-casual concept Bibigo Kitchen brings its modern Korean menu to the 3,000 guests. Benefits will go to San Diego Zoo Wildlife Conservancy. 6:30-10:30 p.m. Tickets start at \$125. For more information, contact Rachel Schrichte at rschrichte@sandiegozoo.org or call 619-744-3362.

Rock & Roll Avalanche

Immunotherapy Foundation's Rock & Roll Avalanche returns Sept. 21, with rock & roll icon, Billy Idol. The legendary evening to "Rock out for Cancer Research" takes place at the Music Box, 1337 India St., in San Diego. Sponsorship and tickets are on sale now. Individual tickets are priced at \$500, with VIP options available.

Saturday, Sept. 28

30th annual AIDS Walk & Run San Diego

AIDS Walk & Run San Diego is the largest HIV/AIDS fundraiser in San Diego County and is coordinated by The San Diego LGBT Community Center. For more information on the event, including opportunities to donate, volunteer, sponsor, or register, please visit www.aidswalksd.org. You can also contact Ian Johnson at aidswalk@thecentersd.org or 619-692-2077, ext. 247.

'The Secret Morgue: Alien Autopsy'

Kick off the Halloween season with the return of The Secret Morgue to the future home of the Comic-Con Museum. Presented by Film Geeks SD, this year's marathon of offerings will be "Alien Autopsy" themed. Not all films will be about

aliens, but they will share the sci-fi theme. Just like last year, titles will not be announced in advance, but we guarantee at least six films will be shown, including fan favorites, as well as some that are rarely screened, and hopefully some you have ever seen! Tickets are \$30, includes a survival pack, lunch and dinner snacks. You can bring your own food and drinks, but no alcohol is permitted. Noon on Saturday to 1 a.m. on Sunday.

RECURRING EVENTS

Mondays

Lestat's West Open Mic

Weekly open mic event hosted by Robby Robertson every Monday, 6:30-11 p.m. at Lestat's, 3343 Adams Ave. bit.ly/LestatWest

Tuesdays

Introduction to Buddhism & Meditation

Join an all-ages introductory class to learn the basic Buddhist concepts as well as participate in a discussion and silent meditation. Weekly event led by Jeff Zlotnik. Free. 7-8 p.m. at Dharmabum Temple 4144 Campus Ave. Also held on Saturdays at 11 a.m.-noon bit.ly/dharmabum

Thursdays

North Park Thursday Market

Shop at more than 90 tents for locally grown produce, seasonal grocery items, fresh food and hand-crafted arts and crafts. 3-7:30 p.m. at 3000 North Park Way, stretching from 31st to Utah streets in North Park. bit.ly/ThursMarket

Thursdays at the Ken

San Diego's late-night jazz jam convenes every Thursday night at the Kensington Club. Hosted by musicians Ian Buss, Robert Dove and Hugo Suarez. \$5. 10 p.m.-1:30 a.m. 4079 Adams Ave. bit.ly/ThursKen

Fridays

Free Friend Friday

Looking for a co-working space with value-aligned social entrepreneurs, artists, nonprofit professionals and local startups? Collective Impact Center offers a complimentary day pass to use shared desks and office space. Bring your laptop and check in on social media with #cic-freefriendfriday for free Wi-Fi. 9 a.m.-5 p.m. at Collective Impact Center, 3295 Meade Ave. bit.ly/free-Fridays

Saturdays

Old Town Saturday Market

This street market features original works from local artists including paintings, jewelry, photography and more. Every Saturday and Sunday. 9 a.m.-4:30 p.m. at Harney Street and San Diego Avenue in Old Town. bit.ly/OTMarket

Sundays

Hillcrest Farmers Market

About 175 vendors offer a variety of locally grown produce, hand-made arts and crafts, and fresh-cut florals at one of the city's largest open-air markets. 9 a.m.-2 p.m. on Normal Street between University and Lincoln avenues. bit.ly/HillcrestMarket❖

Puzzles Sponsored by:



RICHARD WOODS
619-347-9866



WOODS
REAL ESTATE SERVICES
Opening the Doors to Your Future

CA DRE #: 01412706 www.WoodsRealEstateServices.com

					9			7
	1	5						
		8		1	4			
						2	8	
6			4					3
9								
					6		7	2
			3		5			
5		2		7			9	

Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

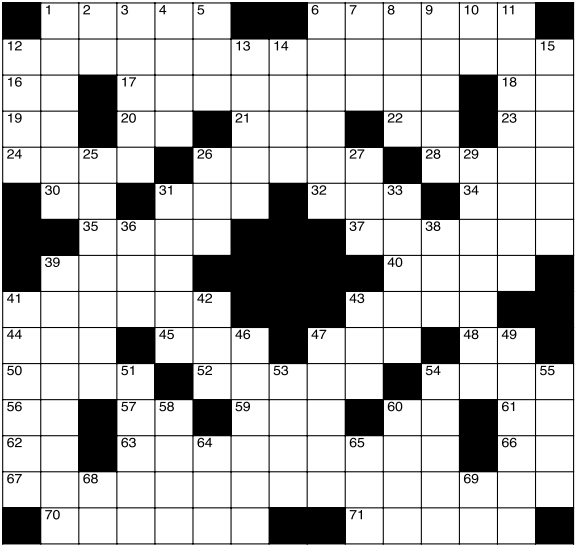
9/6

©2009 CNS/websudoku.com

Puzzle answers on page 18

Uptown Crossword

Classics



CLUES ACROSS

1. Adventure stories

6. Amphetamines

12. Extend the limits

16. Article

17. Socially disoriented

18. Gold

19. Part of the mind

20. "Rubber Band Man" rapper

21. Take by force

22. Football position

23. American cola

24. Risk management plans (abbr.)

26. Narrow channel on the moon

28. Semitic alphabet letter

30. Dorm employee

31. Dessert dish

32. A street where nightmares happen

34. For each

35. Fat from a pig

37. Easily altered

39. Salvador __, Spanish artist

40. The last CEO of Sears

41. One who lades

43. Russian pop duo

44. Fictional free city of Essos

45. Cool!

47. Strong liquor

48. Rural delivery

50. Brews

52. Compound found in hops

54. Where golfers begin holes

56. Third note of a major scale

57. City of Angels

59. Snag

60. Exclamation of surprise

61. Controversial retired wide receiver

62. For example

63. Free to use

66. Carson's sidekick

67. Pirate saying

70. Convulses

71. Semitic gods

CLUES DOWN

1. Split apart

2. Equally

3. Mountain passes

4. Another name for Thor

5. Chinese chess piece

6. Helpless

7. US army designation (abbr.)

8. Micturated

9. One to respect

10. Small Greek island

11. In a thinly dispersed way

12. Put two together

13. Of the supernatural

14. Type of structure in organic chemistry

15. Card game

25. Feeling of discomfort

26. Get free of

27. Unit of measurement

29. A person who enjoys good food and drink

31. Violin maker

33. Noted psychotherapist

36. Complete

38. Ballplayers' tool

39. Afternoon illumination

41. Points a finger at

42. Moved quickly

43. ' __ death do us part

46. Blue jeans

47. French Jesuit theologian

49. Dissuades

51. Eastern European peoples

53. Abnormal rattling sound

54. Air-breathing land snail genus

55. Turfs

58. Farewells

60. __ mater: one's school

64. They __

65. Baby's eating accessory

68. Priestess of Hera

69. Type of railroad

Puzzle answers on page 18



FROM PAGE 1
ASYLUM

Kapongo and 17-year-old daughter Mary-Louise thanked the community in a press conference for pressuring Immigration and Customs Enforcement (ICE) to release the father on parole.

Bakala said the most difficult part of detention was being separated from his family where he could not see them.

"I'm very grateful to God and all those people who are helping my family to be together," Mary-Louise said.

Due to the new Trump administration policy of keeping asylum-seekers in third countries, often Mexico, during the asylum process, Kapongo and the children's court date has been postponed to November 2020 to give asylum-seekers outside the U.S. priority in the court system.

As they wait to see if they can stay in San Diego permanently, Constantin's lawyer is going to petition for the court to bundle his case with the rest of the family instead of having two simultaneous processes. Bakala said through a translator that the

conditions have changed since the first time he went before a judge he was by himself, but now he has a lawyer. He is hopeful that his asylum case will go through.

"Constantin has been reunited with his family but thousands of others remain incarcerated in for-profit prisons under appalling conditions. Tragically, the horrors of this story are not unique," Mathewson exhorted.

"I want to tell those people who have the same situation as my family that whatever is your situation, just remember that you are not alone. There will be people who will support you," Mary-Louise Bakala said.

Now that the family is reunited, they are able to commemorate the dates that pull a family's history together. Kapongo and Bakala are belatedly celebrating their 20th wedding anniversary. Mary-Louise is thankful her dad will be by her side to welcome her into adulthood on her 18th birthday this month.

"I'm just very happy. My dad is here," Mary-Louise said.

Bakala said, "The joy that I feel right now — I don't have words for."

— Kendra Sitton can be reached at kendra@sdnews.com.



The Bakala family poses for a picture at San Diego International Airport. (Photo courtesy St. Luke's Episcopal Church)



YORK
INSTALL CONFIDENCE

UP TO

\$4,250*

rebates on select systems

Contact For Details www.jpplumbers.com
(858)836-1380 CA License #951568



JOHN PADILLA
PLUMBING, INC.
SAN DIEGO, CA

*Certain restrictions apply

AUTOS WANTED

CARS/TRUCKS WANTED!!! All Makes/Models 2002-2018! Any Condition. Running or Not. Top

\$\$\$ Paid! Free Towing! We're Nationwide! Call Now: 1-888-985-1806 Place in Health & Fitness

Suffering from an ADDICTION to Alcohol, Opiates, Prescription PainKillers or other DRUGS? There is hope! Call Today to speak with someone who cares. Call NOW 1-855-866-0913

Donate Your Car to Veterans Today! Help and Support our Veterans. Fast - FREE pick up. 100% tax deductible. Call 1-800- 245-0398

HEALTH/FITNESS

VIAGRA and CIALIS USERS! 100 Generic Pills SPECIAL \$99.00 FREE Shipping! 100% guaranteed. 24/7 CALL NOW! 888-445-5928 Hablamos Espanol

EDUCATION

AIRLINES ARE HIRING - Get FAA approved hands on Aviation training. Financial Aid for qualified students - Career placement assistance. CALL Aviation Institute of Maintenance 888-686-1704

MISCELLANEOUS

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-844-722-7993

Earthlink High Speed Internet. As Low As \$14.95/ month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-520-7938

Applying for Social Security Disability or Appealing a Denied Claim? Call Bill Gordon & Assoc., Social Security Disability Attorneys, 1-855-498-6323! FREE Consultations. Local Attorneys Nationwide [Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL (TX/NM Bar.)]

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being

NATIONAL AUTO FLEET GROUP is looking for qualified body company truck up fitters to help us serve our Southern California Government and Municipal clients. Due to high volume orders we are looking for up fitters who can help upfit vehicles ranging from a Toyota Prius to and Freightliner Chassis.

Supplier must have but not limited to:

- Provide References of end users with your products/service.
- Minimum (10) ten years' experience engineering, sourcing and installing light duty (Class 1-6) truck and van equipment
 - Proof of installation capabilities - site visit required
 - All items below including electrical schematics and drawings will be required for each light duty vehicle
- Minimum (10) ten years' experience engineering, building and fabricating service bodies
 - Proof of manufacturing capabilities - site visit required
- In-house design, installation and service for service bodies
- In-house automotive paint system - AQMD Registered & Certified
- In-house design, installation and service of hydraulic systems
- In-house design, installation and service of electrical systems
- CAD drawing capabilities - pre-production and completed vehicle as-built drawings required for each unit produced
 - Service bodies & Equipment
 - Hydraulic Systems
 - Electrical Systems
- National Highway Traffic Safety Administration (NHTSA) Registration
- National Truck Equipment Association (NTEA) Membership
- Certified Disadvantaged Business Enterprise (DBE)

- Minimum Insurance Requirements
 - Commercial General Liability
 - Each Occurrence - \$1,000,000
 - Personal - \$1,000,000
 - General Aggregate - \$2,000,000
 - Product - \$2,000,000
- Automobile Liability - \$1,000,000
- Umbrella Liability
 - Each Occurrence - \$5,000,000
 - Aggregate - \$5,000,000
- Garage Keepers Liability - \$7,000,000

Please Contact: National Auto Fleet Group at Support@nationalautofleetgroup.com if you would like to be considered as a supplier for National Auto Fleet Group.

reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution Call for Your Free Author's Guide 1-877-626-2213

\$\$\$OLD GUITARS & AMPS WANTED\$\$\$ GIBSON • FENDER • MARTIN. ALL BRANDS. TOP DOLLAR PAID. CALL TOLL FREE 1-866-433-8277

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 888-609-2189

Get a SMARTPHONE for \$0 DOWN* with AT&T Next* and AT&T Next Every Year; \$250 Gift Card for Switching to AT&T! (*Requires well-qualified credit. Limits & restrictions apply.) 1-888-545-5093

Denied Social Security Disability? Appeal! If you're 50+, filed for SSD and denied, our attorneys can help get you approved! No money out of pockets! Call 1-866-376-3163

Lung Cancer? Asbestos exposure in industrial, construction, manufacturing jobs, or military may be the cause. Family in the home were also exposed. Call 1-866-795-3684 or email cancer@breakinginjurynews.com. \$30 billion is set aside for asbestos victims with cancer. Valuable settlement monies may not require filing a lawsuit.

DENTAL INSURANCE from Physicians Mutual Insurance Company. NOT just a discount plan, REAL coverage for [350] procedures. Call 1-877-308-2834 for details. www.dental50plus.com/ cadnet 6118-0219

Attention all Homeowners in jeopardy of Foreclosure? We can help stop your home from foreclosure. The Foreclosure Defense helpline can help save your home. The Call is absolutely free. 1-855-516-6641.

GENERIC VIAGRA and CIALIS! 100 Pills \$99.00 FREE Shipping! 100% guaranteed. 24/7 CALL NOW! 888-889-5515

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off and 0% financing for those who qualify. PLUS Senior & Military Discounts. Call 1-855-402-0373

HEAR AGAIN! Try our hearing aid for just \$75 down and \$50 per month! Call 800-426-4212 and mention 88272 for a risk free trial! FREE SHIPPING!

Cross country Moving, Long distance Moving Company, out of state move \$799 Long Distance

Hillcrest Newsstand

Featuring San Diego's best collection of hard to find international magazines! We also carry all your favorite local & national publications, as well as souvenirs, snacks and lotto tickets!

529 University Ave.- Hillcrest
(619) 260-0492

Movers. Get Free quote on your Long distance move. 1-844-452-1706

Call Empire Today* to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 1-855-404-2366

Spectrum Triple Play! TV, Internet & Voice for \$99.97/ mo. Fastest Internet. 100 MB per second speed. Free Primetime on Demand. Unlimited Voice. NO CONTRACTS. Call 1-855-652-9304 or visit <http://tripleplay-today.com/national>

Get DIRECTV! ONLY \$35/month! 155 Channels & 1000s of Shows/Movies On Demand (w/ SELECT All Included Package.) PLUS Stream on Up to FIVE Screens Simultaneously at No Addt'l Cost. Call DIRECTV 1-855-781-1565

DISH Network \$59.99 For 190 Channels! Add High Speed Internet for ONLY \$14.95/month. Best Technology. Best Value. Smart HD DVR Included. FREE Installation. Some restrictions apply. Call 1-855-837-9146

Recently diagnosed with LUNG CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 877-648-6308 today. Free Consultation. No Risk.

Start Saving BIG On Medications! Up To 90% Savings from 90DAYMEDS! Over 3500 Medications Available! Prescriptions Req'd. Pharmacy Checker Approved. CALL Today for Your FREE Quote. 844-584-5104

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 866-243-0510

Stay in your home longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-855-534-6198

PROTECT YOUR HOME AND FAMILY with Vivint Smart Home. Call 844-475-6160 today to receive a FREE \$50 GIFTCARD with your purchase. Use promo code: FREE50

MobileHelp, America's Premier Mobile Medical Alert System. Whether You're Home or Away. For Safety and Peace of Mind. No Long Term Contracts! Free Brochure! Call Today! 1-855-401-6993

INVENTORS - FREE INFORMATION PACKAGE Have your product idea developed affordably by the Research & Development pros and presented to manufacturers. Call 1-888-501-0236 for a Free Idea Starter Guide. Submit your idea for a free consultation.

BATHROOM RENOVATIONS. EASY, ONE DAY updates!

CLIMATE HEATING & AIR

YOUR BEST CHOICE
SERVICING SAN DIEGO COUNTY

(760) 554-3648 • (760) 970-9478
climatehvac11@gmail.com
Lic# CA1048200

Sales & Service - Insurance/Bonded

With this ad
10% OFF

PET CARE

Loving Pet Care at Your Home

DOG WALKING PET VISITS

Since 2000

Call Mark
(619) 295-6792

COMPUTER REPAIR

Complete Computer Repair

all PCs & MACs
Laptops & Desktops

\$10 OFF
any repair

3251 Adams Ave. (Just east of 805)
(619) 584-4720

www.sdlatops.com

REFRIGERATION

SALES & REPAIRS on:

Air Conditioning & Commercial Refrigeration

Free Service w/repair
3 Free Service w/ purchase of new system.

619-274-9496
hnrrefrigeration.com

ATTORNEY

Law Offices of
Catharine Kroger-Diamond

PERSONAL INJURY — ACCIDENTS
Automobile • Cycle
• Dog Bite • Wrongful Death
Pedestrian • Slip & Fall

— Free Consultation — No Retainer —
Serving our community for over 30 years

Metropolitan Valley
7220 Avenida Encinas
Suite 203
Carlsbad, CA 92011
(760) 931-2900

Metropolitan Valley
1775 Hancock Street
Suite 103
San Diego, CA 92110
(619) 682-5100

www.ckdpiilaw.com
A Professional Corporation

CLEANING

Power Washing

Residential Commercial

Dirty Deeds Done Dirt Cheap
Sidewalks, Patios, Driveways,
Stucco Cleaning, Dumpster
areas, Gum removal.

619-460-8177
sdklean.com

PAINTING

DOUBLE G PAINTING & CONTRACTING

"When Quality Matters"

We specialize in complete interior & exterior projects

Kitchen	Gutters
Bath	Concrete
Moldings	Windows
Baseboards	Waterproofing
Flooring	Masonry
Painting	Brickwork
Remodels	Drywall
Stucco	and more!

Senior & Military Discounts

Free Estimates from owner John Gregg

619.665.0754
Member BBB • Lic. #950146 • doublegpainters.com

We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 888-912-4745

DENTAL INSURANCE. Call Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350 procedures.888-623-3036 or <http://www.dental50plus.com/58> Ad# 6118

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 855-741-7459

DISH TV \$59.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply 1-800-718-1593

BECOME A PUBLISHED AUTHOR! We edit, print and distribute your work internationally. We do the work... You reap the Rewards! Call for a FREE Author's Submission Kit: 866-951-7214

WANTED TO BUY

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co. 80201

Reader Advisory: The National Trade Association we belong to has purchased the above classifieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer employment but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home.

Under NO circumstance should you send any money in advance or give the client your checking, license ID, or credit card numbers. Also beware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does business only over the phone it is illegal to request any money before delivering its service. All funds are based in US dollars. Toll free numbers may or may not reach Canada.

GARAGE DOOR PROBLEMS?

★★★★★ *Over 5,000 Five Star Reviews*

\$49 SERVICE SPECIAL

Regularly \$99!

Any parts necessary to complete repair are additional. Cannot be combined with other offers. Call for details. Expires 12/1/19.

CA Lic. #594206

(858) 869-0383

gdmedics.com

We Only Recommend What You Need

Lung Cancer?

Asbestos exposure in industrial, construction, manufacturing jobs, or the military may be the cause. Family in the home were also exposed.

Call 1-866-795-3684 or email cancer@breakinginjurynews.com.

\$30 billion is set aside for asbestos victims with cancer. Valuable settlement monies may not require filing a lawsuit.

CALL NOW & SAVE ON YOUR NEXT PRESCRIPTION

Drug Name	Qty (pills)	Price*
Viagra 100mg	16	\$120.00
Viagra 50mg	16	\$100.00
Cialis 5mg	84	\$150.00
Cialis 20mg	16	\$119.00
Levitra 20mg	30	\$130.00
Stendra 200mg	16	\$260.00
Spiriva 18mcg	90	\$130.00
Advair 250mcg/50mcg	180 ds	\$190.00

All pricing in U.S dollars and subject to change without notice. *We accept Amex, Electronic Checking, Personal Check or International Money Order.

Prices shown are for the equivalent generic drug if available.

1-855-530-8993

Mailing Address: World Health Link, PO Box 42 Station Main Winnipeg, MB R3C 2G1 Canada

CODE MG09

LeafFilter

GUTTER PROTECTION

NO MORE GUTTER CLEANING, OR YOUR MONEY BACK — GUARANTEED

BEFORE LeafFilter AFTER LeafFilter

✓ Installs on your existing gutters!

CSLB# 1035795-0000, #1073359-5501, License# 7656, License# 50145, License# 41354, License# 99338, License# 128344, License# 218294, License# 603 233, 777, License# 211 2212986, License# 210623 2346, License# 2705132153A, License# LEAF2N08222, License# W0056912, License# WC2998H17, Nassau HIC License# H010827, NO, Registration# 17647, Registration# HIC048900, Registration# C12220, Registration# C127230, Registration# J06020918, Registration# PC6475, Registration# IR731804, Registration# 13VH09953900, Registration# PAD69383, Suffolk HIC License# 52223-H *Contact us for additional details

0% FINANCING* **AND! 15% OFF ENTIRE LEAFFILTER PURCHASE**

PLUS AN ADDITIONAL

SENIOR OR MILITARY DISCOUNT!
We offer Senior & Military discounts **ON TOP** of the 15% off & 0% financing!

CALL US TODAY For A FREE Estimate!
1-855-995-2490

Promo Number: 285
Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm
Sun: 2pm-8pm EST

PUZZLE ANSWERS

Sudoku
Puzzle from page 17

7	6	8	8	1	7	9	9
8	9	1	9	2	8	7	7
7	7	9	9	7	6	1	8
1	7	7	7	9	9	8	6
8	9	6	1	8	7	7	9
9	8	7	8	6	7	9	1
9	8	9	7	1	7	8	7
6	7	7	7	9	8	9	1
7	1	8	6	8	9	9	7

Classics
Crossword from page 17

S	T	V	V	B	S	E	S	S	O	I				
S	H	E	B	W	I	L	E	W	H	E	A	I	H	S
O	E		E	T	B	V	I	V	A	V		O	E	
O	L	H	V		B	V	N	V	T		I	W		
S	E	O	L		O	B	E	N		S	E	T	V	
O	B		N	I	E		O	V	H		S	A	T	
B	T	I	B	V	T		O	H	V	T				
B	E	O		W	T	E		E	I	O		V	H	
H	S	E	B		E	T	I	H		S	W	E	B	
O	H		E	O		B	O	H		I	L	O	I	
N	V		O	E	L	V	N	E	I	T	V	N	V	
E	d	O	T	E	A	N	E		E	H	L	H	S	
S	H	E	d	d	N		S	V	O	V	S			

FROM PAGE 1
HOUSECALLS

In addition, the church must apply for a conditional use permit (CUP) because the Code only allows churches to host shelters 30 times a year without a permit, and the church hosts theirs for 50. According to a GoFundMe for the church, the CUP could cost close to \$20,000 just to cover the 20 extra nights.

This notice also cited the church with more than 20 violations and informed them that they may be back-charged at a rate of \$300 per violation, per day, since the inspectors first noticed them on July 31, 2019. The church plans to avoid penalties by immediately correcting all violations as identified. The church was informed that without obtaining a conditional use permit for both their sanctuary rentals and the shelter, they would not be able to continue operating these ministries.

The church held their last youth homeless shelter on Sept. 3 and informed the youth that had come to rely on the ministry they are no longer allowed to serve them. Before that, they operated a weekly homeless youth shelter, which provided a hot meal, a warm shower, a place to sleep, and connection to service that can help these individuals get off the street through a partnership with Urban Street



Youth at the emergency shelter were given a hot meal.

Angels, one of the largest non-profits combating youth homelessness in San Diego.

“We have partnered with Missiongathering Christian Church over the last three years to provide the only emergency overnight homeless shelter dedicated to homeless youth in the county,” said Eric Lovett, the executive director and founder of Urban Street Angels. “That is in jeopardy now with the city telling the church they have to stop. We hope the city and the church can sit down and work this out so we can continue the partnership with a church who is focused on serving those in need.”

In addition to the shelter, the church also rented out their sanctuary to host concerts at “The Irenic” for all-ages shows, the proceeds of which help to fund the church’s ministry to

the community.

In a press release, the church announced its intention to fight the order.

“Missiongathering believes that the city of San Diego may be violating their religious liberty as a church and are committed to fighting these actions for the sake of the survival of the church and their right to be who God has called them to be. It is a fundamental call of Christ to reach out to those who are in need, to clothe the naked, and to be a good steward of our resources. The city is not only preventing Missiongathering from doing that, they are penalizing them for it,” read the release.

At a press conference held on Sept. 3, church leaders called on the city to work with the church in a more “reasonable manner” to continue its operations as a faith community. The church



Inside Missiongathering Christian Church's weekly youth shelter (Photos courtesy Urban Street Angels)



hopes Mayor Kevin Faulconer and city leaders will allow the religious organization to let them continue to express their faith through the weekly shelter

and community concerts. They say the outcome of the fight will determine whether the church can stay at its current location.❖



MICHAEL KIMMEL
Psychotherapist
Author of "Life Beyond Therapy" in Gay San Diego
5100 Marlborough Drive
San Diego CA 92116
(619)955-3311
www.LifeBeyondTherapy.com

LEARN MORE ABOUT YOUR MODERATE-TO-SEVERE ATOPIC DERMATITIS AND A POTENTIAL TREATMENT OPTION
Attend a FREE educational event!

When:
Wednesday, October 2, 2019
Start Time: 6:30 PM
Featuring:
Tirsa Quartullo, DNP, FNP-C
& an Atopic Dermatitis Ambassador

Where:
The Winery Restaurant
4301 La Jolla Village Drive, Suite 2040
San Diego, CA 92122

Complimentary Valet Parking and light fare provided.



Call 1-844-387-4936, option 5 to register!

Family and friends are welcome!

SANOFI GENZYME  REGENERON

© 2019 Sanofi and Regeneron Pharmaceuticals, Inc. All Rights Reserved.
US-DAD-14762(2) Last Update: 07/2019

REAL ESTATE SHOWCASE

Call 858.270.3103 to get your property featured today!



WELCOME TO
HARBORVIEW SENIOR
ASSISTED LIVING

HarborView Senior Assisted Living is a boutique assisted living home located next to downtown San Diego in the Uptown Banker's Hills neighborhood. HarborView is dedicated to offering compassionate, individualized care and support services for residents living with Alzheimer's or related dementia. We also promote the physical, social, and spiritual aspects of our residents' lives. Our well-trained and considerate staff works around the clock in this charming Italian renaissance chateau.



619-233-8382 • 2360 Albatross St., San Diego, CA 92101



RICHARD T. WOODS
Broker Owner/Attorney
Woods Real Estate Services
930 W Washington St. Suite 1
San Diego 92103
BRE#01412706
richtwoods@gmail.com
619.347.9866



1433 Putterbaugh St
3BR/ 3BA
\$2,900,000

Be amazed by one of San Diego's most unique homes. This 3 BR/ 3BA historically designated mid-century modern home by architect Lloyd Ruocco has Mills Act transfers to a deep property tax discount. Only the third time on the market since 1947, this stunning home is extensively renovated for a modern lifestyle, but retains so many of Ruocco's original design features.

www.WoodsRealEstateServices.com



Bankers Hill, 2BR+Den/2.5BA | \$1,749,000



North Park, 2BR/1BA | \$705,000



Mount Helix, 4BR/3BA | \$1,140,000



Del Sur, 3BR/3BA | \$779,000



Downtown, 2BR+Den/2BA | \$1,024,000



Del Cerro, 2BR/2BA | \$338,500

Metro's Finest Professionals



Amy Alexander
DRE# 01427503



Ken Baer
DRE# 01334769



Christine Baker
DRE# 01808132



Louis Brignac
DRE# 01888287



Brianne Butler
DRE# 01732043



John Cilch
DRE# 01840504



Larry Cline
DRE# 01894025



Stephanie Erickson
DRE# 01316258

Christine Baker
DRE# 01808132

Ken Baer
DRE# 01334769

Bart Albin
DRE# 0151538

Summer Crabtree
DRE# 01256007

Josh Polanco
DRE# 02044318



Meg Metroyanis
DRE# 02042527



Johnny O'Brien
DRE# 02047274



Josh Polanco
DRE# 02044318



Nick Rotsart
DRE# 01724681



Ayush Vats
DRE# 02057884



Tommy Walker
DRE# 01994105



Christina Ludovice Wilkin
DRE# 01936121



Steven Kilgore
Branch Manager
DRE# 01898156



WILLIS ALLEN
REAL ESTATE
SINCE 1914.

CHRISTIE'S
INTERNATIONAL REAL ESTATE

2875 FIFTH AVENUE, SAN DIEGO | 619.238.8065 | INFO@WILLISALLEN.COM

STEVEN KILGORE, BRANCH MANAGER | ANDREW E. NELSON, PRESIDENT & OWNER | DRE# 01204280