

FOOD AND DRINK P. 8



A new restaurant brings open-face toast creations to North Park

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Depression explored in Cygnet Theatre's one-man show

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Take a trip to Taos, New Mexico with travel writer Nancy Stern

CALENDAR P. 23



Happenings in the Uptown neighborhoods, including the Climate Action March



(Clockwise) An artist rendering of the proposed redesign for the Hillcrest DMV location; a look at the exterior of the San Ysidro DMV location, which incorporates "crash barriers" (top) and a fence (bottom) included in the redesign of Normal Street. (Photos courtesy of DMV/DGS)

## Hillcrest DMV seeks makeover on Normal Street, community reacts

Sara Butler | Editor

Community members gathered at the Uptown Planners' meeting on Sept. 4 to express their thoughts about the agenda's top-ticket item: The Department of Motor Vehicles (DMV) Normal Street field office.

Representatives from the DMV presented to the planning board and meeting attendees about their proposed redesign project for the Uptown-based site. Originally built in 1961, the Normal Street DMV is currently a 14,319 square-foot, partial two-story building, located on the corner of Normal Street and Cleveland Avenue.

see DMV, pg 3

## Historic home with a view

### A look at a Mission Hills house formerly owned by local judge


HouseCalls

Michael Good

*[Editor's Note: This column offers a glimpse into the history of the "Marsh House," one of the locations in the upcoming Mission Hills Heritage home tour. To learn more about additional houses featured at the event, see pages 12 and 13.]*

For Teresa Merrick, there was just something about the big, white house on the corner. She still gets enthusiastic just thinking about it.

"It was just a really beautiful house," Merrick said, referring to her first impression of what is now the family home. "Someone had paid attention to designing it. We just liked how old it was. It was high up. And you get a really good breeze from the bay."



The Marsh House, one of the destinations featured in the home tour  
(Photo courtesy of Mission Hills Heritage)

You can sample that breeze and experience seven other south Mission Hills treasures when Mission Hills Heritage (MHH) stages its annual home tour, Saturday, Sept. 22.

That breeze is especially strong up on the roof, which is accessible through a staircase in the upstairs bedroom closet.

see HouseCalls, pg 14

Uptown News  
BRIEFS

SCOOTER PIONEER JOINS RIDE SHARE COMMUNITY

Cerritos-based Razor USA, manufacturer of Razor Scooters, recently made its move into the growing ride-sharing industry. As a pioneer of the original scooter design, the company — which launched in 2000 — is seeking to expand upon the current electric scooter design in hopes of standing out in the crowded market.

"We are thrilled to be joining this vibrant community," said Danny Simon, chief operating officer for Razor USA. "Our specially designed shared e-scooters create a better shared ride for San Diegans to make the experience convenient, safe, and fun. We are dedicated to

see News Briefs, pg 4

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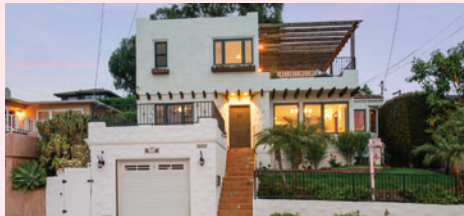
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FROM PAGE 1

DMV

Gil Topete, deputy director of Legislation at DMV, was joined by Project Director Chris Wicks of General Services Department. Wicks was contracted by the DMV to redesign the site and incorporate its needs into the facility.

The plan intends to create a “fresh, modern design” that matches the rest of the neighborhood. If approved, it will begin in January 2020 with a demolition of the old building and a construction of a new facility. The total process timeline is estimated to take 16 months.

The redesign would increase the size of the building to 18,540 square feet and decrease the height two feet. It aims to “have zero net energy consumption,” utilizing glass windows to allow daylight to enter the building, as well as all-LED lighting. The surface-level parking lot will also incorporate solar panels.

One aesthetic aspect highlighted were “crash barriers,” located in a plaza outside the building. These barriers are cement benches that allow additional seating for DMV visitors, as well as act as a safeguard to prevent vehicles from driving into the building, which Wicks confirmed has previously occurred at California DMV offices. Extending outdoors might also reduce the congestion inside the facility.

After the presentation,

community and board members expressed their thoughts on the proposed plan. Perhaps the most contested element among the crowd was the fence, dubbed by Topete as “the white elephant in the room.”

This plan would add a seven-foot high fence along the site’s perimeter. Visitors would use motorized rolling gates — placed on the two driveways, planned for Normal Street and Cleveland Avenue — to enter and exit the site.

The fence would wrap around the parking lot, which is currently a neighborhood asset. Due to the high density and lack of parking spots in Hillcrest, the community often utilizes this empty lot for events or activities when the DMV office is closed. One of the biggest users of the parking lot is the Hillcrest Farmers Market — hosted by Hillcrest Business Association (HBA) — which occurs every Sunday from 9 a.m. to 2 p.m.

“A fence going through the Farmers Market would be devastating,” said Ben Nichols, president of the HBA. “It feels like you’re trying to wall off the neighborhood a little bit.”

“This [government] property should be inviting to the people of Hillcrest — to bring people here, to bring people to the businesses, to share,” longtime Hillcrest resident Mary added. “To barrier it off is not inviting.”

Topete said they plan to reach out to different organizations and businesses, such as HBA, to continue or negotiate parking agreements that would



A view of northern side of the DMV, located on 3960 Normal St. (Photo courtesy of DMV/DGS)

grant these groups access to the lot during requested hours. They also intend to plant greenery along the fence to soften the appearance and blend it in with the community.

“The color is negotiable ... there’s no barbed wire, no spikes aimed at anybody,” Topete said. “The idea is that it’s intended to blend in with its surroundings. It’s there — but hopefully it’s not the ‘there’ that you’re focusing on. Hopefully you’re focusing on a DMV facility where you’re there to take care of your business.”

The redesign would provide approximately 141 parking

spots, including five ADA spaces. Many attendees suggested incorporating an underground parking structure into the facility to increase spots, but Topete and Wicks said this is unlikely. In addition to increased cost, an underground lot may pose as a safety risk for the large demographic of those visiting the DMV: 16-year-olds learning to drive.

“You are the Department of Motor Vehicles — you got to have parking,” said board member Ken Tablang of Mission Hills.

Roy Dahl, board member of Hillcrest, added that the

location’s close proximity of the Interstate-163 ramps and future Park Boulevard Trolley Line is a neighborhood asset that should not be ignored in the updated redesign.

“[Normal Street DMV] is like the most accessible site in all of Uptown, from a transportation point of view,” Dahl said. “It is the one place that can handle the density that we’ve been asked to handle ... a surface lot in the middle of density doesn’t necessarily feel appropriate.”

Board member Tom Mullaney

see DMV, pg 5

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## FROM PAGE 1 NEWS BRIEFS

continuing to work with the city on how to best be a strong partner for the community.”

The new red and black scooters have already hit the street. Like similar ride-sharing services, the scooters are managed by a downloadable smartphone app. As an additional incentive to try the new scooters, Razor USA is offering customers their first three rides for free.

For more information about the service, visit [razor.com/share](http://razor.com/share).



### HILLCREST NEIGHBORHOOD WALKABOUTS ON HIATUS

Hillcrest’s weekly neighborhood walkabouts, hosted by the Hillcrest Business Association (HBA), have been postponed until further notice. An updated schedule will be soon be distributed.

Until walkabouts resume, the HBA encourages residents to take a look at their subscription services, including security patrol and sidewalk power-washing. These services are available for \$75 per month. In addition, applications for the PROW Program (Public Right-of-Way) and American Flag program are still open.

Contact Eddie Reynoso, HBA’s marketing and member services director, for inquiries at 619-299-3330 or [Eddie@HillcrestBIA.org](mailto:Eddie@HillcrestBIA.org).



### BALBOA PARK GOES GREEN

As part of its Urban Forest initiative, the Balboa Park Conservancy and the city of San Diego’s Parks and Recreation Department planted 58 trees in Balboa Park on Wednesday, Aug. 22.

The trees, located along 28th Street, will provide additional tree canopy. Members of the Urban Corps planted 16 different species, including pine, oak, jacaranda, camphor, and pink trumpet trees.

The initiative is part of Tree Balboa Park, a massive reforestation project to plant 500 trees within Balboa Park over the next two years. The project launched in summer 2017 after the conservancy secured a \$378,297 state grant from the California Department of Forestry and Fire Protection (CAL FIRE). This group selected Tree Balboa Park as part of its urban forest expansion and improvement initiative through the state’s Greenhouse Gas

Reduction Fund (GGRF).

To learn more about Tree Balboa Park, visit [bit.ly/tree-balboa](http://bit.ly/tree-balboa).

### GUN REFORM HILL AWAITS GOVERNOR’S SIGNATURE

Legislation which would regulate concealed carry weapons in California officially passed the state legislature on Aug. 27 and anticipates approval by Governor Jerry Brown. AB 2103 was approved by the California Senate and received bipartisan approval from the Assembly — marking a blow to the National Rifle Association who has strongly opposed the bill since its conception.

The bill mandates applicants for concealed carry weapon permits receive a minimum eight hours of firearm safety training. In addition, applicants would need to perform live-fire shooting exercises on a firing range to demonstrate proficiency in safely handling weapons. Current state law does not prescribe any minimum training standard, meaning an individual could receive a permit with little to no prior training.

AB 2103 is supported by the California State Sheriffs Association, the California Police Chiefs Association, Equality California, the Brady Campaign to Prevent Gun Violence, the Giffords Law Center to Prevent Gun Violence, the County of Los Angeles, and the California Federation of Teachers.



### TRY A TASTE OF SOUTH PARK

The annual Taste of South Park returns Sept. 15 to celebrate the neighborhood’s collection of restaurants, cafes and bars. Located at the block of 30th and Fern streets, this all-ages event is limited to 400 tickets. Tickets include tasting passports, which will give guests access to free bites and drinks. It will also offer discounts at participating local businesses.

Presented by the South Park business group, this event highlights one of Uptown’s culinary and cultural hubs, home to several local and national award-winning restaurants. Participating eateries include Buona Forchetta, Cafe Madeleine, Kindred, South Park Brewing Co. and more.

Tickets can be purchased online prior to the event for \$35 or for \$40 on the day of at the information booth, located at the intersection of Grape and Fern streets. Both advance and day-of tickets can be picked up on Sept. 15 from the information booth.

For additional details or to purchase tickets, visit [bit.ly/ToSP](http://bit.ly/ToSP).

### MINGEI MUSEUM OPENS IN LIBERTY STATION

Though the Mingei International Museum in Balboa Park will close this fall for renovations, it will continue to be a part of the

community through exhibitions as well as a newly announced cafe and gift shop at the heart of Liberty Station. The museum’s cafe and store — Café Mingei and Shop Mingei, respectively — will find temporary residence within the Dick Laub NTC Command Center, located at 2640 Historic Decatur Road.

“We couldn’t think of a better place to be while our building is being upgraded,” said Rob Sidner, Mingei executive director.

“As the largest collection of arts organizations outside of Balboa Park, the arts district is a natural choice for our temporary home,” he continued. “We look forward to introducing Mingei to new audiences and being part of this growing arts district.”

All purchases at Shop Mingei and Café Mingei support the exhibition and educational programs at Mingei International Museum. Mingei Members, Friends of NTC, and Arts District employees receive a 10 percent discount at the store and a 20 percent discount at the cafe.

Hours of Mingei’s new additions are to be announced. The grand opening is set for Friday, Oct. 5 at 10 a.m. Following the opening, the museum will hold various workshops and activities, including a Dia de los Muertos art workshop and a Holiday Market in December.

Visit [mingei.org/calendar](http://mingei.org/calendar) to view Mingei’s upcoming events at its new location.

### STATE ASSEMBLY PASSES HISTORIC BAIL REFORM

The California state Assembly voted to approve legislation that would eliminate the money bail system in California. SB 10 was approved by the Assembly with a vote of 41-27. The governor signed the bill on Aug. 28.

“Today marks a significant paradigm shift in California and a major step toward a fairer and more just criminal justice system in this state,” said Todd Gloria, state Assembly member and co-author of the bill.

“SB 10 provides us the opportunity to move toward a smarter, more just system that can make sure high-risk offenders remain behind bars and low-level offenders are not held in custody simply because of their inability to pay,” he continued. “As a co-author of SB 10, I am proud to support this bill and be part of the coalition that stood up to lead California toward a system that will get us closer to our nation’s pledge of liberty and justice for all.”

### BILL BLOCKING FORCED ARBITRATION SENT TO GOVERNOR

State Assembly person Lorena Gonzalez Fletcher won support for her bill to end forced arbitration contracts that workers are made to sign as a condition of employment. The state Assembly passed AB 3080 by a 47-25 vote in May and the state Senate passed it with a vote of 25-12 in August.

Assembly Bill 3080, a Women’s Caucus priority bill,

## ASK KATHY: A COLUMN ABOUT REAL ESTATE ISSUES

### Down Payment Assistance Programs

**Kathy McSherry**



Hi Kathy:

My husband and I have been trying to save for quite some time for a 20% down payment and it seems to be taking forever. I am a school teacher and he is a police officer with San Diego and we have one 2-year-old and another child on the way. I keep hearing it is a great time to buy and interest rates may go up. How can we take advantage of the market without our full 20% down payment?

-Missy B.

Hi Missy:

As far as your down payment, there are a few options to consider. First there are loan programs such as an FHA loan, that have looser guidelines for qualifying and you can have a down payment as low as 3.5% of the purchase price vs. the traditional conventional financing of 20% down. You may be able to come out of pocket with less money, but you will have to pay a price for this as you will have a mortgage insurance premium that will be added to your monthly mortgage payment. Putting less money down will mean your payment will be higher.

Another option to look into is to ask your lender about programs that are available for first time homebuyers that are offered through the Department of Housing and Urban Development based on your profession. Teachers and law enforcement often qualify for these down payment assisting programs.

CalFHA Buyer Assisted Loans, if you qualify, render you eligible for down payment assistance and closing costs. There is also an ECTP, Extra Credit Teacher Home Purchase Program available to teachers, administrators, school district employees and staff members. This program offers between \$7500 and \$15,000 in down payment assistance for first time home buyers. California home buyers can use CalFHA down payment assistant programs for a purchase price of up to \$660,000.

You mentioned your husband is in law enforcement and there is the CalHero program. The goal of this program is to give back to those that sacrifice their time to educate, serve and protect our community.

I think you are in a great spot to purchase depending on your income and credit scores. Speak to a qualified loan officer to get all your questions answered and to take advantage of all the assistance that you can.

Good luck Missy. It sounds like there are many opportunities for you to look into so that you can make your home ownership dream come true sooner than you think!

Best,  
Kathy

Kathy McSherry is a veteran Realtor  
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FROM PAGE 3

DMV

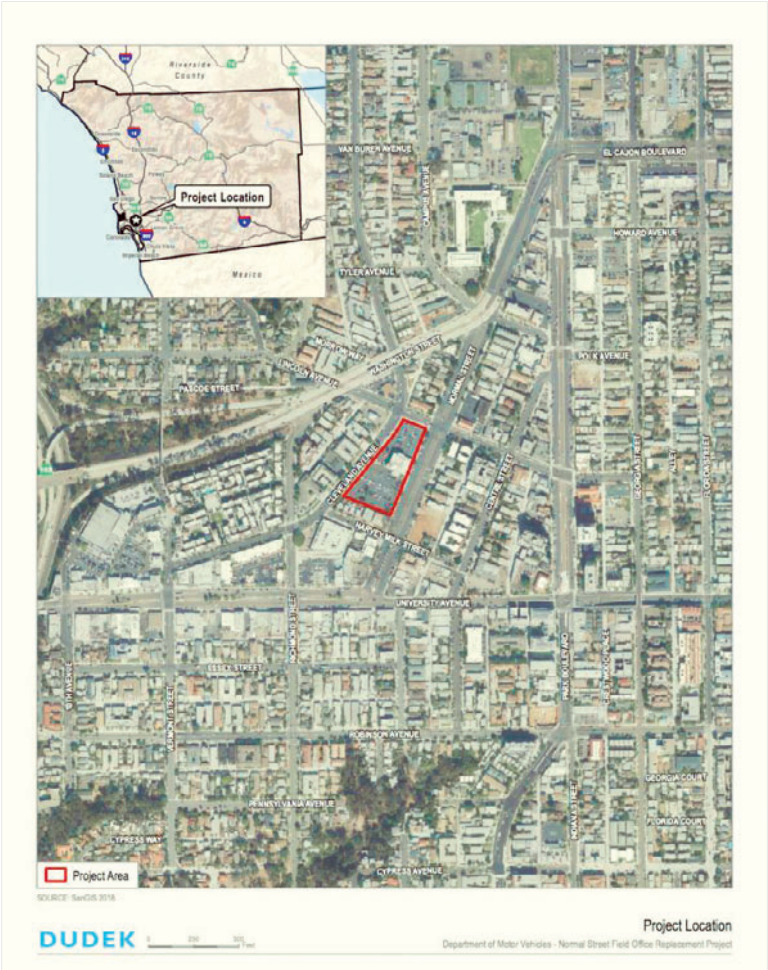
of Mission Hills noted his biggest reservation was the plan's lack of integration with the neighborhood. Sharon, a Hillcrest resident in attendance, requested the DMV coordinate with the neighborhood with their ongoing plans for a community park along Normal Street.

Another issue discussed was the DMV's noise impact on the neighborhood. Mary, a Hillcrest resident who attended the meeting, lives near the site and said the previous loudspeakers used for announcements damaged her eardrums, as well as increased her stress and blood pressure.

"What you did for six months was very harmful," she said. "There should not be loudspeakers where apartments are stacked on top of each other and are densely populated in that area."

"The speakers have been taken out of the current facility," Wicks responded. "We're working with acoustic engineers and basically we're looking at more low, not broad, volume but small areas. ... Nothing will be directed, as it is now, horizontally to the neighborhood."

Other discussion points included a suggestion to move the site to Mission Valley, a community arguably more equipped to handle the auto-centric site; a suggestion to revisit a "mixed-use" model visited, but abandoned, back in 2007; and a concern about DMV visitors waiting outside in the sun on



A map of the project location (Photo courtesy of DMV/DGS)

the "crash barriers."

Among those in attendance was Assemblymember Todd Gloria. He echoed the crowd's concerns, referencing a letter he wrote to the DMV on Aug. 24 as well as his previous meeting with the head of the DMV.

"Number one, we only do cute [design] in this district, we aren't doing anything ugly," Gloria said. "It needs to accommodate

our existing uses [such as] on-site parking and the Hillcrest Farmers Market." He also added that he hopes the new site can become a public asset to benefit the community.

"I think we can get this done better," Gloria continued. "I think we have to."

In response to the community and board comments, Topete said that if the community is not

happy with the plan, he will consider pushing for a redesign with other considerations.

"You guys have an investment in this community," Topete said. "You have plans to talk about a parkway. I'm mindful of the fact that if you plant this DMV [redesign] ... and you put a fence around it, how does that look for the one area of your community that you're staging to be this small green beltway next door?"

Topete added that he hopes a new plan can be drafted to match both the DMV and Uptown residents' visions. He promised to talk to his higher ups about the concerns addressed at the meeting, as well as stay in communication with Assemblymember Todd Gloria's office and Hillcrest Business Association through Ben Nichols.

"All I can say is going forward, we will consider everything that we have discussed," he concluded. "I welcome your input ... we'll continue the dialogue."

For those who could not attend the meeting, the DMV is encouraging individuals to comment about the plan through its online public forum at [normalstdmv.com](http://normalstdmv.com), which closes on Sept. 7 at 5 p.m.

Uptown Planners, who rejected the redesign proposal in a unanimous vote, intends to revisit the topic and invited the DMV to return at a later date. San Diego Uptown News will provide an update on the project once more details develop.

—Reach Sara Butler at [sara@sdcdn.com](mailto:sara@sdcdn.com).

FROM PAGE 4

NEWS BRIEFS

will help victims of sexual harassment seek justice by prohibiting California employers from requiring prospective hires to sign arbitration agreements that keep them from utilizing their rights in the workplace.

"We know that workers across California constantly experience sexual harassment, wage theft, and other abuses in the workplace and that these abuses are often never brought to justice because employees are forced into secret and one-sided mandatory arbitration agreements at the time they are hired," Assemblywoman Gonzalez Fletcher said.

"Our bill, AB 3080, ensures that no worker is forced to give up their rights as a condition of employment," she continued.

AB 3080 would ensure that a person is not required as a condition of employment to waive their rights to worker protection claims, that a person is not prevented from disclosing instances of sexual harassment, and that a person cannot be threatened, retaliated or discriminated against for refusing to sign an arbitration agreement. The bill is now pending final approval by Governor Brown, who has until the end of September to review it.❖

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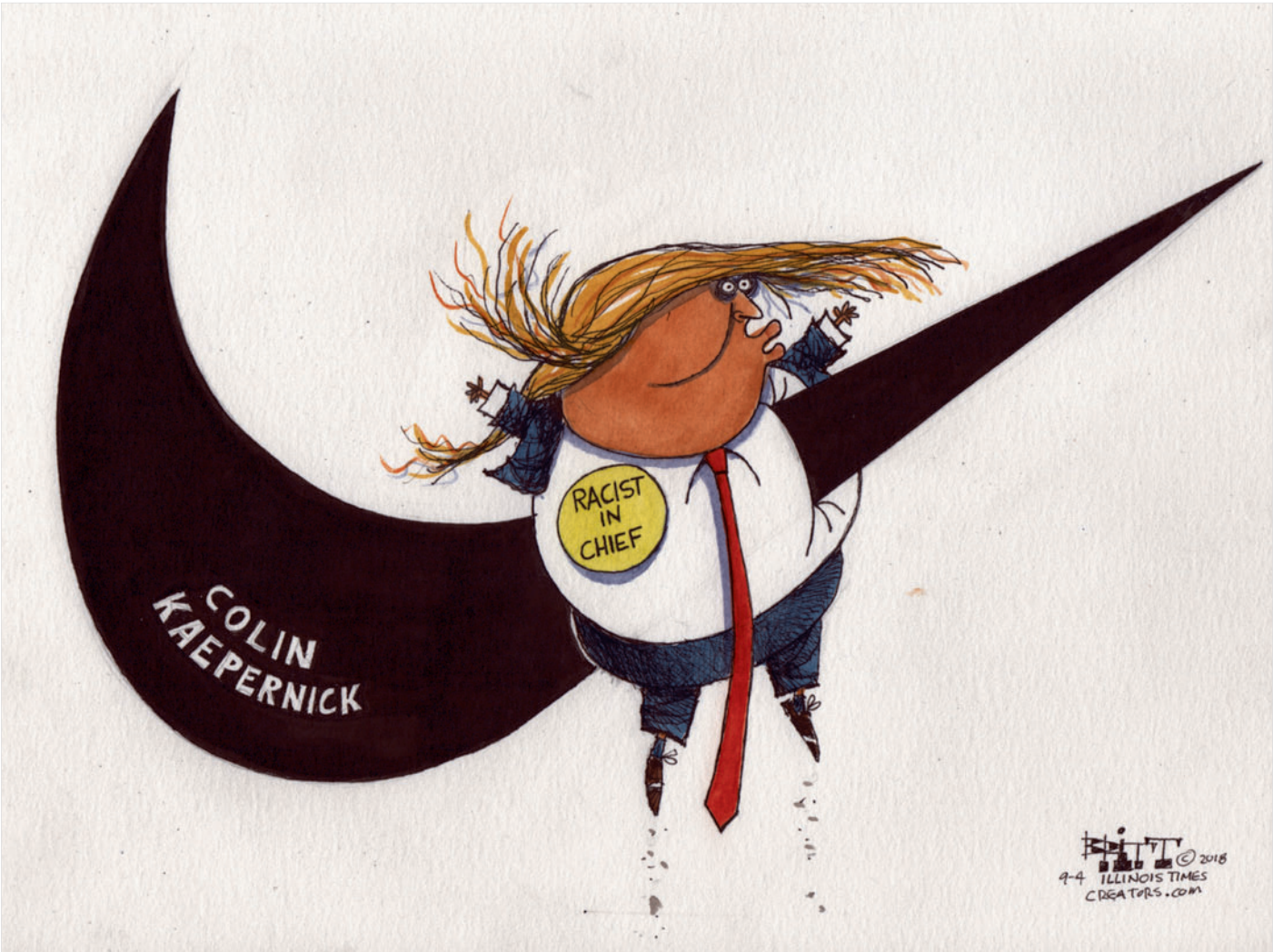
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## Guest Editorials

### San Diego's de facto ban on short-term rentals is a blow to its reputation

By Matthew Kiessling

*[Editor's note: This editorial first appeared in the Voice of San Diego on Aug. 22. View the original article at bit.ly/vosd-kiessling.]*

Just a few years ago, San Diego laid claim to being the only North American municipality featured in the National Geographic documentary series "World's Smart Cities," touting its strong technology sector, local talent and high quality of life as factors lifting it to be one of the most forward-thinking cities across the globe. But recent actions by the San Diego City Council have dealt a blow to its reputation as a transformative innovator.

The City Council decided last month to reject the interests of local residents who want to list their homes on short-term rental platforms — like Airbnb, VRBO and HomeAway — thereby stripping San Diego residents of much-needed income and costing the city millions of dollars in tax revenue. And it's not just the local economy that will be negatively impacted by this decision; San Diegans are quite literally being told what they can and can't do with their homes.

More concerning is that the City Council's decision has the potential to fundamentally change San Diego tourism. Travelers

are increasingly seeking short-term rental accommodations when they travel, so it's likely that many tourists will simply choose another destination, with the city no longer willing to offer travelers and their families choices when it comes to accommodations.

San Diego residents should support the public referendum to overturn the City Council's recent action to ban short-term rentals, because they understand the significant economic opportunities that tourism, including short-term rentals, provide to the San Diego community, including thousands of jobs and nearly \$500 million in economic activity annually.

Perhaps the most important implication of the City Council's decision, however, is that it represents a sharp turn away from the openness to technology and innovation needed to foster the 21st century gig economy. There is no better indicator of a city's mindset toward technology and innovation than how that city has treated the sharing economy.

Entrepreneurs and innovators in San Diego have historically been met with a supportive ecosystem, but as the city shifts its stance on the gig and sharing economy, it signals to technology companies that the city will not be

see Reputation, pg 7

### New vacation rental rules aren't a 'ban' — they're reasonable regulations

By Matt Valenti

*[Editor's note: This editorial first appeared in the Voice of San Diego on Aug. 31. View the original article at bit.ly/vosd-valenti.]*

The sky is falling.

Or so it would seem, if you believe the claims the vacation rental industry is making.

They're upset about the compromise ordinance passed by San Diego's City Council. Brainchild of Councilwoman Barbara Bry, the ordinance is the final result of years of back and forth between the two sides of the issue.

The mayor and many others have praised the compromise. Housing advocates have breathed a sigh of relief. We can't make headway on the housing crisis when we're currently losing two housing units to vacation rentals for each three new ones we build.

But Airbnb and the vacation rental industry aren't happy. They want investors to be able to continue to buy multiple homes and take them off the housing market to put them on the mini-hotel market.

And they don't want you to know that Bry's ordinance actually legalizes the kind of home-sharing they claim they're trying to protect. The ordinance allows all San Diego homeowners to list their spare room as

a vacation rental all year long, and their entire home for up to six months a year.

That's not a "de facto ban," it's a reasonable regulation. The beauty of Bry's ordinance is that it puts the "bnb" back in Airbnb.

It's also exactly what the residents of San Diego overwhelmingly expressed they wanted. And a bipartisan majority of the Council agreed.

But the industry wants to continue profiting from San Diego's overstretched housing stock. So they're sending out an army of paid signature-gatherers, who have been repeatedly accused of being untruthful about the true purpose of the referendum.

And they're rolling out a multimillion-dollar media campaign, with the theme, as I said, best summed up as "the sky is falling."

The latest variation on this theme, put forth by an industry spokesman from Virginia, is that the new ordinance will stifle innovation and discourage entrepreneurship in San Diego.

It's a silly argument. San Diego is doing what cities like New York, San Francisco and Los Angeles are also doing. We're preserving our residential housing for the residents who live and work here, while providing ways for residents to use their own

see Regulations, pg 7

Letters



**AN ARTISTIC INVITATION**  
[Ref: “What about the arts?” Vol. 10, Issue 16, or online at [bit.ly/gallery-costs](http://bit.ly/gallery-costs).]

We in City Heights would love to have artists move in. Many places are for rent or even for sale. Close by but more affordable. Could be a good opportunity for artists.

—Taylor McDonald, via our Facebook page.

[City Heights] is a deliciously diverse community with plenty of cultures and many yummy foods available. We’d love to have you.

—Jeanette Neely, via our Facebook page.

Thank you for continuing to tell this story, Jess. Sunday [Aug. 12] the gallery closes to the public and we begin to de-construct our studios. More to come!

—Patric Stillman of The Studio Door, via our Facebook page.



**CAPTURING THE MOMENT**  
[Ref: “MOPA turns 35,” Vol. 10, Issue 15, or online at [bit.ly/mopa-35](http://bit.ly/mopa-35).]

Unable to make this highly anticipated event at my favorite Balboa Park museum, I was grateful to see your coverage by the photojournalist Cynthia Robertson. Her feature captures the passion for life that makes photography so critical to our recording its moments, its impressions, its interpretations.

Grateful, too, that MOPA found a home in Balboa Park, where always excellently curated exhibits are a constant invitation. May it always be accessible. May the parking always



FROM PAGE 6  
**REPUTATION**

accommodating to future innovation and investment. Not only was San Diego’s ability to attract the next generation of job creators at risk, but the future of home delivery via drones, mobility solutions and much more. Is that the precedent that this forward-thinking city wants to set?

FROM PAGE 6  
**REGULATIONS**

home to make a little extra money. That’s good for the economy all over. And it’s especially good for innovation.

I know because I worked for nearly a decade in the local biotech industry. The groundbreaking research performed in laboratories all over San Diego starts at UCSD and an ecosystem of small research organizations. The students and scientists working in these labs struggle to afford to live in San Diego as it is. Like everyone else, they need

It’s not too late for the city residents to correct for the City Council’s misstep. The referendum to overturn the recently adopted de facto ban on short-term rentals must collect signatures from 35,823, or 5 percent, of the number of San Diego’s registered voters as of the 2016 general election within the next two weeks for the City Council to withdraw the regulations or put the issue on the 2020 ballot. To add your name to the list of San Diego residents that support

this referendum and ensure that restoring property rights is on the ballot in 2020, look for residents in green shirts collecting signatures of support around your community.

—Matthew Kiessling is vice president of short-term rental policy at the Virginia-based Travel Technology Association, which represents online travel agencies and other companies, including the short-term rental platforms Airbnb, HomeAway and VRBO.❖

affordable housing. The same goes for the lab technicians, the office staff and the employees of the small businesses that serve them. And of course, entrepreneurs and the founders of new start-ups are well known to be short of cash, but still need a roof over their head.

San Diego can’t afford to risk our world-renowned biotech industry, or green tech industry or any other innovative, job-creating part of our local economy. And a lack of affordable housing creates exactly that risk.

In fact, the San Diego Regional Chamber of Commerce recently released a

report warning that the housing crisis is driving employers away.

The reality is that vacation rentals simply don’t contribute nearly as much to the economy — not to mention to the culture and community life of our city — as the loss of housing takes away.

After all, tourists are good for the economy. But they’ll never be a replacement for residents.

—Matt Valenti is an attorney, former San Diego City Council candidate, and board member of the community advocacy group Save San Diego Neighborhoods.❖

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The Friars Mission Center shopping plaza in Mission Valley will soon be home to the third San Diego location of **Wich Addiction**, a gourmet sandwich shop lauded for its house-roasted meats and assorted aiolis. The eatery will replace **Elva's Bowls & Wraps**, which closed Aug. 31 because of an impending 25 percent rent increase,



This chimichurri steak sandwich hails from a gourmet deli that's heading to metro San Diego. (Courtesy of Wich Addiction)

according to proprietor Melvin Fleschman. The property is owned by Regency Centers Corporation. Wich Addiction was first launched six years ago in Sorrento Valley before branching into Torrey Pines. It is owned and operated by

Mark Manning and his wife, Dyann, a graduate of the Culinary Institute of America who serves as chef. Her sandwiches capture everything from hand-breaded fried chicken, and eggs with artichokes, to steak, seared salmon and braised pork. Creative salads and burritos filled with a variety of proteins, such as Virginia baked ham, are also on the menu. Manning expects to open the new location by mid-October, adding that he hopes to launch several more outlets throughout San Diego if the market permits. 5664 Mission Center Road, [wichaddiction.com](http://wichaddiction.com).

Restaurateur Frankie Terzoli, a former contestant of Bravo's "Top Chef" (season two), is in the midst of moving his **Fishmonger's Market & Seafood Bar** from Middletown to either Hillcrest or North Park. He opened the restaurant and fish deli last year within **57 Degrees** wine and beer bar but told us that he decided to pull out of the Hancock Street location because "it wasn't a good fit for the concept." As a result, he's currently sizing up addresses formerly occupied by **Blue Forno Grill** and **Pardon My French**, both in Hillcrest, and **Paesano** in North Park.



The two-piece uni roll at the new **Aburi Sushi** (Yelp)

South Park will see the arrival of its first Indian restaurant in the Juniper Street space that was last occupied by **Firehorse Asian Bistro**. Due to open in a few months, **Curryosity** will play off its whimsical name with a wide selection of mild and spicy curry dishes conceived by Raj Mutti, who also owns **Spice Lounge** in Pacific Beach. The menu promises plenty of vegan and gluten-free options as well. 3023 Juniper St.

What was the short-lived **Craft & Sea** in North Park is now **Aburi Sushi**, where dishes such as salmon skin salad and braised short rib buns are preludes to a decent selection of crafty sushi rolls and tepanyaki entrees. The business was launched by two former employees of the former **Cafe Japengo**: sushi master James Holder and chef "Big Mike." Holder also runs **James' Place** at UCSD. 3396 30th St., 619-892-7210, [aburinorthpark.com](http://aburinorthpark.com).

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A restaurant devoted to open-face toast creations is coming to North Park. (Instagram)

Trendy avocado toast will rise to a whole new level at the upcoming **Son of a Toast**, an eatery due to open in a former North Park tattoo parlor this fall. Spearheaded by chef Gaston Corbala, who co-founded **Grater Grilled Cheese** before selling his share of the company, the menu will spotlight the open-face dish in a variety of sweet and savory ways.

Corbala will source his breads from wholesaler Sadie Rose Baking Company and top them with everything from fresh avocado with muddled eggs to salmon, smoked turkey, artisan cheeses, peanut butter and seasonal fruits. Mocktails, coffee drinks and yogurt parfaits will also be available. 3066 University Ave., [sonofatoast.com](http://sonofatoast.com).



The latest place for poke in Hillcrest (Photo by Frank Sabatini Jr.)

Another poke eatery has landed in Hillcrest, this time in the **HUB Hillcrest Market**. Still in its soft opening, **Poke Zip** allows customers to craft their own bowls by choosing from a selection of seafood, sauces and toppings. Proteins include octopus, yellowtail, albacore and salmon. Tofu is also available, along with Hawaiian beverages and macaron ice cream sandwiches. 1080 University Ave., 619-230-5975, [pokezip.com](http://pokezip.com).

—Frank Sabatini Jr. can be reached at [fsabatini@san.rr.com](mailto:fsabatini@san.rr.com).

# A touch of New Orleans

## Restaurant Review

Frank Sabatini Jr.



You wouldn't know from immediately stepping inside 5th Ave Kitchen & Tap that chef and co-owner, Andrew Boyer, funnels the spirit of his native New Orleans into the establishment.

There are no glittery voodoo skulls peering at you from dark corners and no Mardi Gras beads hanging from decorative wrought iron. The menu, however, is the giveaway. It features the recent additions of jambalaya, catfish and gumbo.

New Orleans staple po'boy sandwiches are also available. (Although they were already on the menu when Boyer opened the place earlier this year.) In fact, the airy French-style rolls he uses for making them are sourced from Leidenheimer Baking Company, which was established in The Crescent City more than 100 years ago.

In addition, the atmosphere will soon be fueled by fans of the New Orleans Saints whenever they play in the upcoming NFL season. The games will be broadcast across 10 flat-screens that dominate the bar and front dining areas, thus raising the allegiance to Boyer's hometown.

Replete with familiar roll-up windows and a large bar, the space last housed Spitz, and Doghouse Bar & Grill before that. It came with a full liquor license and a spacious back patio. Both have played to Boyer's advantage since he took over the address, which followed a 10-year stint working as chef and general manager for Carver's Steaks & Chops in Rancho Bernardo.

His cocktail list offers perky temptations such as "lime in the coconut" made with coconut vodka, lemonade and soda water. There's also a spicy mezcal mule accented with cayenne pepper, plus a variety of botanical cocktails flavored with orange blossoms, cucumbers and roses. Craft beer lovers get to choose from 16 taps.

The dog-friendly patio has become a profitable draw.

Almost equal in size to the main dining room, it serves as a venue for fashion shows and weddings, as well as meetings by the San Diego Young Democrats, the ACLU, and the Bankers Hill Business Association.

I visited with a carnivore in tow on a Thursday night, when prime rib dinners are available from 5 p.m. until closing. For \$15, you get a 12-ounce slab of the slow-roasted meat accompanied by mild horseradish sauce plus a vegetable and a starch. It's a deal you'll be hard pressed to find elsewhere.

Fortunately, I was told about it ahead of time because we didn't see any signage promoting the meal. Nor were we informed about it by our server, who doubled that night as the bartender.

On this evening, the plate featured a pleasing salad of mixed lettuces, and fried potatoes tucked under the steak, which gave the spuds extra flavor as they absorbed the juices. A steak knife wasn't needed (or ever brought to us), as the medium-rare meat cut easily with our butter knives.

Like the prime rib, meats such as brisket and barbecue pork ribs are roasted in-house. And bacon is cured onsite.

Boyer also cranks out meatballs that rival those in trendy Italian-owned restaurants. (Sorry Maestro, but yours can't hold a flame to these.) Served two to an order as an appetizer, and with a toasted slice of garlic-kissed Leidenheimer bread, the orbs are moist from ricotta cheese that's folded into the meat mix. They're also braised all day in tomato sauce, which is key for achieving memorable texture.

We had kicked off the meal with a shareable roasted beet salad dressed judiciously in pesto vinaigrette. The veggies tasted garden-fresh, the feta crumbles were creamy, and the candied walnuts weren't overly cloying — a comforting summer medley by any standard.

For my main course, I was initially lured by the selection of internationally inspired burgers, which include the banh mi with pickled veggies;

## 5th Ave Kitchen & Tap

3515 Fifth Ave.  
(Hillcrest)

619-578-2873  
5thavekitchenand-tapsandiego.com

Prices: Salads and small plates, \$5 to \$18  
sandwiches and burgers, \$12 to \$16  
entrees, \$14 to \$17;  
desserts, \$6

the Argentina consisting of house-made Spanish sausage and chimichurri sauce; and the Cajun combining crawfish and Cajun sausage.

But I was hell bent on a shrimp po' boy.

Without regret, my teeth glided through the lightweight French roll and into scads of fried, breaded shrimp. Mixed within were the usual po'boy essentials: shredded lettuce, diced tomatoes, pickles and zesty remoulade. Substantial in girth, half of it came home with me.

Other po'boy choices include chicken, meatball, brisket and rib eye.

The dessert list features white-chocolate bread pudding, bananas foster and peach crumble. We chose the latter. If high doses of cinnamon float your boat, as it did ours, this loose version of cobbler with vanilla ice cream on top won't disappoint.

Service at 5th Ave Kitchen & Tap is very casual — it's a seat-yourself kind of place boasting all the trappings of a San Diego sports bar, but with food and drinks that will probably exceed your expectations in quality.

—Frank Sabatini Jr. is the author of 'Secret San Diego' (ECW Press) and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. Reach him at fsabatini@san.rr.com.❖



Crafty food and cocktails with a New Orleans bent await inside this Fifth Avenue hangout (Photos by Frank Sabatini Jr.)



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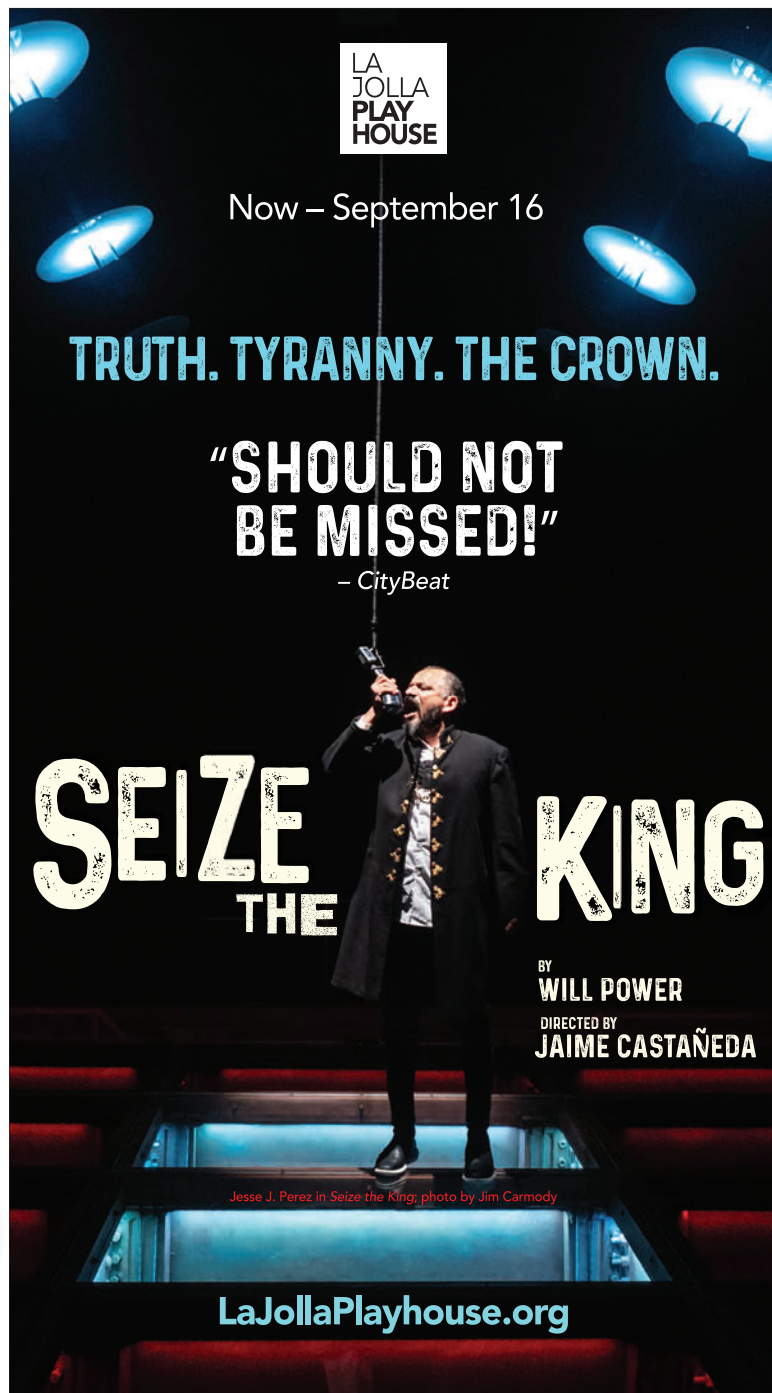
Meatballs with truffle-ricotta cheese

Roasted beet salad

The shrimp po' boy

Peach crumble

Slow-roasted prime rib is available on Thursday nights.



# Vodka-making on Lincoln Avenue

**Come On  
Get Happy!**  
**Dr. Ink**

Local distiller Nick Apostolopoulos has finally come into his own with an established line of vodkas picked up by retailers statewide, plus a very cool tasting room from which he can sell them.

Set within a stripped-down structure that used to be a house many years ago, 619 Spirits North Park held its grand opening over Labor Day weekend. A separate building on the property serves as the distillery.

Apostolopoulos took up distilling in 2012 in Bend,

Oregon before moving his stills to Encanto, where he began securing a foothold in the consumer market. With five types of vodkas in his initial portfolio — cucumber, rose petal, coffee, scorpion pepper and plain — he now brings them into a well-stocked bar featuring a host of other liquors from local distilleries.

There are also several beers and wines on tap, plus a kitchen that sends out dishes ranging from casual chicken wings and Philly cheesesteaks to bistro-style steak frites and shrimp and grits.

By all accounts the 619 vodkas are smooth and fine enough to drink straight up, just as a bar patron I spoke to did as he savored the summery tasting cucumber-infused version. I was about to take the same route



The introductory 619 collection features five types of vodka. (Photo by Dr. Ink)



Nick Apostolopoulos (Facebook)

with the scorpion pepper vodka until seeing that it was combined with the irresistible juice of blood oranges in what's called "blood of the scorpion."

Cocktails made with 619 vodkas are \$8 during happy hour. Those made with guest spirits by distilleries such as Malahat, Liberty Call and Old Harbor are \$9. Either way, they all receive pours measuring 1 1/2 ounces. In addition, a few select noshes are \$5 off their regular prices.

The reddish-hued scorpion drink was icy, refreshing and mildly spicy. It didn't sting like the name implies because the sweetness from the blood-orange juice beautifully counterbalanced the heat of the chili-pepper vodka.

Other cocktail choices using the house spirits include a "princess cosmo" combining the rose-petal vodka with lime and cranberry juices; a white Russian blending the coffee

**619 Spirits  
North Park**

3015 Lincoln Ave.  
(North Park)  
**619-269-2757**  
**619vodka.com**  
Happy hour:  
4 to 7 p.m., daily

vodka with heavy cream; and the 619 mule made with plain vodka, ginger beer and bitters.

In between my heavy sips of the juicy cocktail, I munched from an order of pita and hummus, which was anything but boring. Embedded in a substantial streak of the bean puree on the plate were olives, radishes, pickles and almonds — a delicious pretty presentation I'll be stealing next time I throw a party.

But for now, it's all about the celebration at 619 Spirits, which joyfully shakes up North Park's ubiquitous beer scene with unpretentious libations served within a laid-back atmosphere where you'll find plenty of indoor-outdoor wiggle room.

It's open seven days a week and offers brunch from 9:30 a.m. to 3 p.m. on Saturdays and Sundays. That menu includes short rib hash, orange French toast with bourbon-maple syrup, and a spinach omelet with goat cheese.❖

## RATINGS

**Drinks:** Liquors from local distilleries abound, as do the number of refined cocktails using 619 Vodka, which is distilled onsite. The "blood of the scorpion" is a winner.

**Food:** The chef-driven menu features everything from light noshes and sprightly salads to steak frites and shrimp and grits.

**Value:** During happy hour, you'll save \$2 to \$3 on cocktails and \$5 off select appetizers.

**Service:** The bar staff was attentive and enthusiastic.

**Atmosphere:** The tasting room is situated in an old stripped-down structure, which was a house years ago. The ceiling shows off exposed wood beams; there are also outdoor patios on the front, side and back of the property still being filled in with furnishings and décor.

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# Uptown brews

Neighborhood news on our local staples: coffee and beer



## Second chances

### North Park beer lounge celebrates its third year

By Jess Winans

The charitable Second Chance Beer Co., which operates a tasting lounge in North Park and brewery in Carmel Mountain, celebrated its third “brewversary” this past Labor Day weekend.

Opening the brewery was a “second chance” for co-founders Curtis Hawes, Marty Mendiola and Virginia Morrison, who founded the business after working for more than a decade in the San Diego craft-beer industry.

“Working at a brewery here

in town [Rock Bottom in La Jolla] and just tasting awesome craft beer, not only that Marty [Mendiola] brewed but around town, gave me the idea to open Second Chance,” said Hawes, who also operates as the chief sales officer (CSO) for the company.

Hawes and Mendiola began working in the industry at Rock Bottom Restaurant & Brewery in La Jolla as brewmasters for 10 years and 15 years, respectively.

“Marty and I would talk a lot about wanting to go out and open up our own brewery and so after a few years of talking about it, Virginia [Morrison] at one point was like ‘Either do it or stop talking about it because you guys talk about it all the time,’” Hawes said. “So we were like, ‘Alright, that’s a good idea.’”

Hawes, brewmaster Mendiola and CEO Morrison chose the name, Second Chance, on the premise that everyone deserves a second chance in life. In line with its name, the brewery donates to charities as part of their Giving Second Chances program. Nonprofit organizations and individuals can fill out an online application to hold events at their two locations. Organizations that benefit from the program include Second Chance Dog Rescue and Donate Life, among others.

“I think the best part about operating the program is seeing the actual impact,” Hawes said. “People talk a lot about change, but especially when it’s change locally that you’re a part of, you get to see the impact.”

Second Chance also holds fundraisers for individuals and families experiencing losses or hardships, such as paying for cancer treatments or funeral services.

Hawes said one of the hardest parts of owning a brewery



Curtis Hawes, co-founder and chief sales officer, pours from the tap (Photos by Jess Winans)

is naming the beers. With an estimated total of 7,000 breweries nationwide, there are a lot of names that are off limits.

One name they snagged, which is Hawes’ favorite, is their first beer — Seize the IPA.

“That might’ve been the first beer name we ever chose,” he said. “It just fit not only with the feel we wanted, but also just what we were trying to get across like ‘seize the moment, seize the day, live in the moment,’ — that idea. And that’s where ‘Seize the IPA’ came in.”

Other drafts on rotation include Luminous, a blonde ale; Tabula Rasa, a toasted porter; Seize the Coffee, a coffee IPA; Mulligan, an Irish-styled pale ale; Clever Hoppy Name, a pale ale; Legally Red, a hoppy American red; Fool me Twice, a double IPA; Glorious, a Belgian-style golden ale; Saison Solare, a Belgian-style saison; and Take Two, a brown ale.

Another opportunity may also be in the works for Second Chance, which might expand sales to Arizona, Orange County and other areas. Hawes

thinks the craft-beer industry is only continuing to grow. For the brewer who has been doubling sales and production each year since opening, there’s a whirlwind of second chances to be taken.

“One of the best things we do is talk to beer fans, whether they’ve been into it now or been into it since the beginning, or just starting,” Hawes said.

“There’s a ton of people who are into craft beer, but there’s also still a giant amount of people who are either just getting into it or haven’t really gotten into it yet,” he continued. “Yes, we love talking to people who are into craft beer, but it’s funny to talk to people who are just getting into it or kind of dipping their toe into the beer pool.”

Second Chance Beer Co. will be celebrating the second anniversary of its North Park beer lounge during Halloween weekend. For more information on Second Chance or its events, visit [secondchancebeer.com](http://secondchancebeer.com).

—Reach Jess Winans at [jess@sdcnn.com](mailto:jess@sdcnn.com).



Continuing with their theme of second chances, Hawes, Morrison and Mendiola use upcycled furniture in their beer lounge.

### In other brews...

Alpine Beer Company’s most popular IPA, Nelson, is hitting shelves in 12 oz. six-pack bottles and on draft in eight states; Arizona, California, Colorado, Hawaii, Nebraska, Nevada, Texas and Utah. To kick off this release, Nelson will be on draft at the Alpine Beer Company Pub and Tasting Room beginning Sept. 7. Many breweries, restaurants and stores in the Uptown neighborhoods will also serve the IPA while it lasts. Distribution will be limited. Search for a nearby location offering Nelson at [alpinebeerco.com/find-beer](http://alpinebeerco.com/find-beer).



A hand-painted logo graces one of the walls in the tasting room.

Due to time and space constraints, the additional coverage of Dark Horse Coffee Roasters (DHCR) planned for this month — focusing on its involvement in Uptown’s coffee culture and community — has been postponed. The second DHCR installment will be featured in the next “Uptown brews” in the Oct. 5 issue.

### RESTAURANT SPOTLIGHT

**Parma Cucina Italiana**  
3850 Fifth Ave.  
619-543-0049  
[parmaitaliankitchen.com](http://parmaitaliankitchen.com)

If you’re looking for real authentic Italian cuisine, a quiet atmosphere and a friendly staff, Parma Cucina Italiana is the place to go!

This great, little gem in the heart of Hillcrest is a few minutes away from Little Italy San Diego. The restaurant is small and intimate with a warm and inviting design, shiny hardwood floors, and nice and simple Italian wall decor. Parma is well-known for its fantastic Italian cuisine described as homemade cooking combined with a dash of love and exceptional flavor. Short and well-finished menu includes: Appetizers from Burrata with Prosciutto di Parma to Polenta e Salsiccia; a variety of pasta dishes from the Tortellini alla Bolognese to the traditional homestyle Lasagna with béchamel and ragù; and a variety of everyday specials such as Fagottini with Truffles and Porcini mushrooms, the homemade Pesto sauce and the Fish of the Day with a super tasty Mediterranean sauce. Don’t forget the homemade desserts and gelati ... a guaranteed pleasure bomb!



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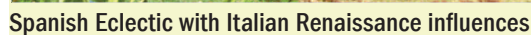
**PAGE**



**GAY SAN DIEGO**



**Uptown News**



# HERITAGE

## home

eritage's annual  
r preview



English Tudor Cottage

other cottages on the lot, which the sisters rented out for income, a not-uncommon strategy for single women of means in San Diego circa 1920. Johnson, a Swedish immigrant, was a prolific and talented builder who constructed large commercial projects as well as single-family homes. Undaunted by the Great Depression, which brought lending and home building to a near halt, Johnson built a large apartment complex in Bankers Hill, an elementary school in Sherman Heights (designed by the Quayle Brothers) and a Spanish mini-mansion at the corner of Country Club Drive and Romero in La Jolla, designed by Requa and Jackson.

The house was for rent in 1931 — for \$65 a month, furnished. The advertisement read: “Mission Hills, delightful 5-room house. Norman, English type; twin beds, double bed, davenport bed; everything choice; completely furn.”

It’s still delightful today — but the rent may have gone up.

### Playing the ponies

According to the news of the day, Harry Weiss was a lot of things: “Wealthy coal mine operator,” gentleman

farmer, and the owner of what was once described (in a real estate advertisement) as “one of the finest homes in the county: large park-like grounds, magnificent Bay View.”

But mostly Harry Weiss was a polo player. For the Weisses, polo was a family affair: There were five brothers, sons and cousins, including Harry’s son Reggie, who was considered the best player on the West Coast.

When the Weiss family descended on Coronado’s Tent City for the biannual polo season, the staff sprang into action, setting up two cottages and six tents.

In 1925, Weiss took out permits to build a Mediterranean-style house in the Marine View section of Mission Hills, on a hillside overlooking the harbor. In an advertisement in the May 28, 1925 issue of the San Diego Union, a local hardware store stated: “Another Hazard-Gould Hardware Job Complete from nails to modern Corbin Finish Hardware. Mission Hills Residences: Harry Weiss.”

Unfortunately, Weiss didn’t have much time to enjoy it. He committed suicide on May 23, 1927.

“Since a fall from a polo pony at Riverside, 10 years ago, Weiss has had fits of ill health and despondency,” the article said. “He is thought to have taken his life while in the throes of such a fit this morning, the coroner said.”

But that didn’t end the Weiss legacy in Mission Hills. Carrie Weiss moved to 1515 Puterbaugh, near where her daughter Catherine lived with her husband Richard Jessop, manager of the famous jewelry store Downtown. Her son Reggie (now called Harry) had married Marguerite Getz, daughter of Tommy Getz, who was the entertainment director for Tent City in Coronado and the manager of Ramona’s Marriage Place in Old Town. Reggie, who lived with Catherine on Presidio Drive, eventually traded the Sport of Kings for the myth of early California, and became the manager of Ramona’s Marriage Place, which we now know as Casa de Estudillo.

They like to say California started in Old Town. But the old house tour started at the Casa de Estudillo.

—Contact Michael Good at [housecallssdun@gmail.com](mailto:housecallssdun@gmail.com).



Modern Craftsman Revival (Photos by Patricia Harrison Photography)

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## UPTOWN COMMUNITY PARKING DISTRICT

Bankers Hill | Hillcrest | Int'l Restaurant Row | Mission Hills

### UPTOWN COMMUNITY PARKING DISTRICT ELECTIONS

The Uptown Community Parking District's mission is to improve availability and supply of parking for residents and businesses, by re-investing its portion of parking meter funds with fiscal responsibility. The district also considers traffic circulation, transit effectiveness, biking, and pedestrian mobility in its neighborhoods and develops creative collaborations to support a vibrant local economy.

### HILLCREST PARKING COMMITTEE

ONE SEAT REPRESENTING BUSINESSES

Election hosted by:  
The Hillcrest Business Association  
Annual Meeting /Elections scheduled for Tuesday, October 9th, 2018 @ 5:00 pm held at Inside Out Restaurant located at 1642 University Avenue #100 | San Diego | 92103  
Nomination Deadline:  
Tuesday, September 11th at 5pm  
Forms available at the Hillcrest Business Association: 3737 Fifth Ave. San Diego, CA 92103 or on the UCPD website: [www.ParkUptownSD.org](http://www.ParkUptownSD.org)

## MISSION HILLS HERITAGE

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**Will Call & Ticket Office**  
1437 Torrance Street • 9:30 am–2:30 pm

[www.MissionHillsHeritage.org](http://www.MissionHillsHeritage.org)

FROM PAGE 1  
HOUSECALLS

"It's almost like a secret passage," Merrick said. The staircase is steep and narrow — not something you'd want to go up and down every day. At the top of the stairs is a sort of trap door, leading you outside on the tar-covered, flat roof without a railing. The view of the bay and the California Tower is pleasant, provided you're a mountain climber or a roofer.

"We go up there every Fourth of July," Merrick said, who has two intrepid kids and a husband. "We can see five fireworks displays."

The house was built for Spencer Marsh, who, by all accounts, was as sober as a judge. Because he was a judge. And a temperance advocate. He probably didn't spend a lot of time up on the roof.

So if not for the fireworks, what, exactly, was the secret stairway and hatch for?

"It was a form of air conditioning," Merrick said. "When you open it up, the heat rises."

Even with the hatch closed, the house gets a pretty decent breeze.

"Every side has windows," she continued. "As long as there is any breeze at all, you're able to capture it. It was built pre-air conditioning. It has the most marvelous air conditioning naturally."

As you might expect from a house built 104 years ago, the place has a few quirks. There are seats built into the

west-facing living room windows — but they are 3 feet off the ground, so you can't sit on them. There are shallow storage boxes beneath, but their specific purpose is unknown.

In addition to these interior window boxes with cubbies, there's an odd shallow cupboard in the downstairs bedroom. And an unfinished basement that assumes you are about 3 feet tall, and don't mind being surrounded by dirt. But unfinished basements — where the stills were kept during Prohibition — are one of Mission Hills's hidden secrets.

Then there's the architecture itself.

"Two stories, like a wedding cake," Merrick explained. "Two boxes on top of each other."

It could be Prairie. It could be International style. Teresa thinks it's a bit "Irving Gill-esque," and she might have a point. If you squint, it looks a bit like the Hugo Klauber house collided with the Russell C. Allen Residence. It's a marriage of styles — befitting a wedding cake.

Finally, there's Spencer Marsh himself, who seems a bit quirky, even by today's standards. Marsh ran for statewide office in Wisconsin on a single issue: street railways, which he thought needed regulating; he claimed the pricing structure was illogical and unfair. Once in office, he latched onto another issue: Temperance. Marsh crafted a law that would make it much easier for prohibitionists to outlaw drinking, one county

at a time. And he did this in Wisconsin, a state famous for its breweries. His measure went down in defeat, and Marsh ended up being a one-term state senator, leading to his move to Southern California.

In San Diego, Marsh was a middle-aged man in a big hurry. He went from lawyer, to assistant district attorney, to district attorney, to acting judge, then elected judge.

As a judge, he ruled that women should be able to serve on juries, just like men, provided they owned property. He made history with the severity of his sentences, giving a drunk driver a three-year sentence in San Quentin — for a first offense. He was a Grand Master in the Masons. He was on the board of the National Association for the Advancement of Colored People. When registering to vote, he answered the question of his party affiliation with a single word: "No."

In the summer of 1930, after 13 years on the bench, Judge Marsh announced he was taking a two-month vacation. While visiting his family in Wisconsin, he experienced some sort of nervous breakdown. On Oct. 23 Marsh wrote his clerk, asking him to inform the governor that he resigned.

"Although I am feeling greatly improved, I still think it advisable for me to resign the judgeship so I may have a few months more for rest and recreation," Judge Marsh wrote in the letter to his clerk. "I find it



The horizontal feel of the entry hall says, "Prairie Style," but the arches? Not so much. (Photo by Michael Good)

requires a considerable length of time to recover from a nervous attack."

"Judge Marsh attributes his broken health to overwork," according to an Evening Tribune article published on Oct. 23, 1930. The article continued that he planned "to resume light practice of law" when he returned.

Apparently, the practicing wasn't light enough, and two years later Marsh died "after an illness of only a few weeks," as the Evening Tribune reported on Oct. 12, 1932.

Teresa Merrick imagines the front bedroom of her house could have been Marsh's office. It had a separate entrance,

which has since been covered up. And then there's that quirky cabinet, high up on the bedroom wall. Could it have been a cubby for storing legal papers? Court documents? His favorite gavel?

Or maybe it was the perfect place to store a bottle and a couple of glasses for a special occasion. Or an attack of nerves.

The Mission Hills home tour is Saturday, Sept. 22, from 10 a.m. to 4 p.m. Tickets are available online at the MHH website or in person on the day of the event.

—Contact Michael Good at [housecallssdun@gmail.com](mailto:housecallssdun@gmail.com).

## Cox adds YouTube Kids and NPR One apps to Contour TV



Cox Communications has launched YouTube Kids and NPR One apps on its Contour TV service, once again bringing more innovative television programming choices to customers of all ages.

Cox Contour customers can now use their voice remote control to easily and quickly access YouTube Kids videos and NPR One audio directly on their televisions.

"There's no need for a secondary device or input switch," said Suzanne Schlundt, Vice President of Field Marketing. "Similar to Contour's other integrated apps, Netflix, YouTube and iHeart Radio, all you have to do is speak into your voice remote control to access the apps. Just say things like "YouTube Kids," "NPR One" or "National Public Radio," and Cox Contour will take you to all the fun and informative video and audio programming that YouTube Kids and NPR One have to offer."

YouTube Kids and NPR One can also be accessed in the "Apps" section of the Contour guide.

With YouTube Kids, families can:

- Easily access family-friendly videos and channels, from favorite shows and music to video tutorials on how to build a model volcano;
- Flag videos for review by the YouTube Kids team;
- Monitor what your children are watching through the "watch history" function.

With NPR One, Cox Contour customers have access to a stream of local and national news, stories and podcasts from National Public Radio (NPR) to help keep listeners informed, engaged and inspired.

"Contour has become one of the most innovative platforms in cable," said Schlundt. "By adding YouTube Kids and NPR One to Contour, Cox continues to make it incredibly easy for customers to access all the programming they love in one place."



To access YouTube Kids and NPR One on Cox Contour, customers simply need a compatible Contour receiver and Cox High Speed Internet service. **For more information about YouTube Kids and NPR One on Cox Contour, visit [www.cox.com](http://www.cox.com).**

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# Dark brilliance

Theater Review  
Jean Lowerison



Depression and suicide are not commonly thought of as opportunities for comedy. But British playwright Duncan Macmillan’s immersive, 70-minute, one-man show “Every Brilliant Thing” — playing at Cygnet Theatre through Sept. 16 — aims to find reasons to laugh despite these situations.

But watch out: If you enter the theater early, you may be conscripted to play a part, perhaps even to sit on the stage for this blend of comedy, improv and audience participation. (Macmillan wrote the interactive play with British comedian Jonny Donahoe in mind as the performer.)

The Cygnet version stars local

favorite Ro Boddie, an actor of enormous talent and an extremely engaging style. The playwright doesn’t give him a name but calls him “Narrator.”

“The list began after her first attempt,” he tells the audience, referencing his mother’s first suicide attempt when he was 7 years old. He thought that if he compiled a list of all the wonderful things in the world to live for (“every brilliant thing”), it might keep her from trying again. (In British English, “brilliant” means “very good.”)

Number one? Ice cream.

The show takes the Narrator from the world of a young kid and his dad through the Narrator’s high school and college experiences, and eventually to a marriage with its own problems — all haunted by the looming specter of another possible maternal suicide attempt.



“Every Brilliant Thing” is an interactive show featuring audience members. (Photos by Ken Jacques Photography)

### ‘Every Brilliant Thing’

Runs through Sept. 16  
Cygnet Theatre  
4040 Twiggs St.  
(Old Town)

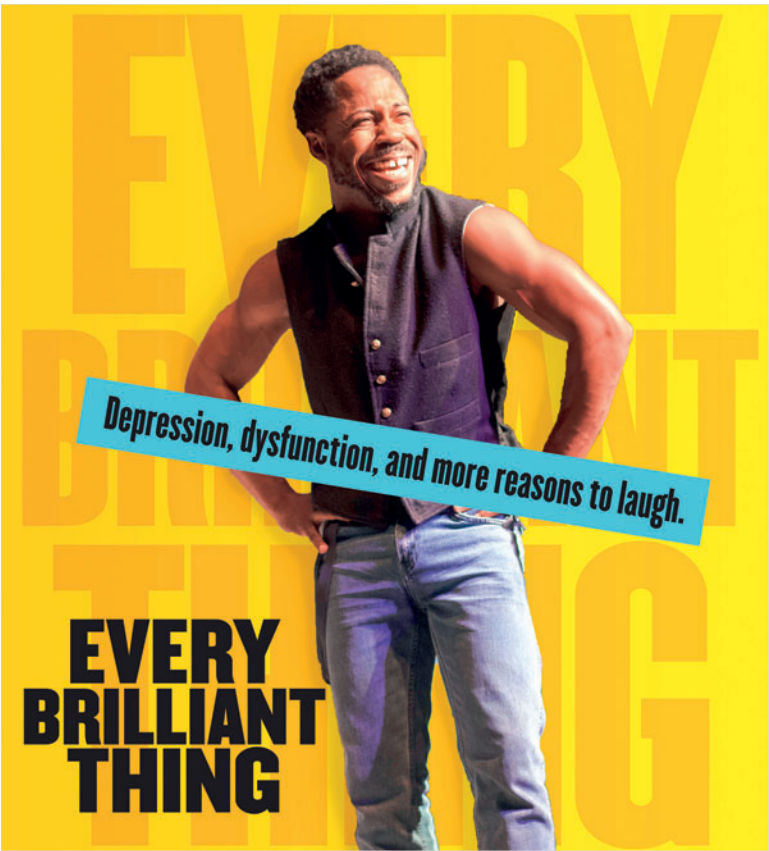
Wednesday and Thursday  
at 7:30 p.m.  
Friday at 8 p.m.  
Saturday at 3 and 8 p.m.  
Sunday at 2 and 7 p.m.

Tickets: 619-337-1525  
or [cygnettheatre.com](http://cygnettheatre.com)

The making (and reading) of the list — which will eventually have a million entries — comprises much of the show. The Narrator distributes pieces of paper with one brilliant thing each to selected audience members, who will read when their number is called. A few audience members will be called upon to interact with the Narrator.

Your mileage will vary with differences in audience participation. One major takeaway is that Cygnet needs to use microphones, at least for the folks who do more than read a list item. And the director needs to tell the folks given a piece of paper with one “brilliant thing” to speak up when they read aloud.

One of the most successful interactions on opening night was the Narrator’s meeting, courting and eventual marriage to fellow



college student Sam, a volunteer picked by Boddie who is seated on the stage. This Sam was excellent, both likable and credible, and a character who made us believe the relationship, beginning to end.

Another highlight was Mrs. Patterson, the high school counselor who tries to help our distraught Narrator navigate his life with the help of an improvised sock puppet.

The poignance of the notion that a list of “brilliant things” might save a depressed person’s life almost overshadows the amusement of some of the items on the list. Still, Boddie is an

engaging presence, and though the show sometimes seems like an extended public service announcement, Boddie at least makes it watchable.

Here’s the major philosophical takeaway to discuss over coffee, courtesy of the Narrator: If you get to the end of your life without getting crushingly depressed, you probably haven’t been paying attention.

—Jean Lowerison is a long-standing member of the San Diego Theatre Critics Circle and can be reached at [infodame@cox.net](mailto:infodame@cox.net).

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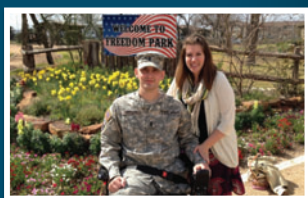
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# Moments in time

## A collection of photographs, years in the making

By Lucia Viti

*"Photography was brought into being by a desire to make pictures."*

—Beaumont Newhall

"Moment in Time: A Collection of Photographs" literally took years to come to life.

Curated by Deborah Klochko, executive director and chief curator of Museum of Photographic Arts (MOPA), the exhibition segments Bank of America's Art in Our Communities — a photographic expose designed to inspire audiences worldwide. The program, established in 2009, offers museums and nonprofit galleries public and free exhibitions. More than 130 showings have been displayed since the onset of this unique program.

In 1967, Beaumont and Nancy Newhall were hired by Samuel William Sax, president of the Exchange National Bank of Chicago, to assemble America's first historic photographic exhibition. At the time, investing in fine art was common for banking institutions. Sax, a seasoned photographic collector, was convinced that photography was fine art and "worthy of collecting." Work was amassed from the Museum of Modern Art, The George Eastman House and the Art Institute of Chicago.

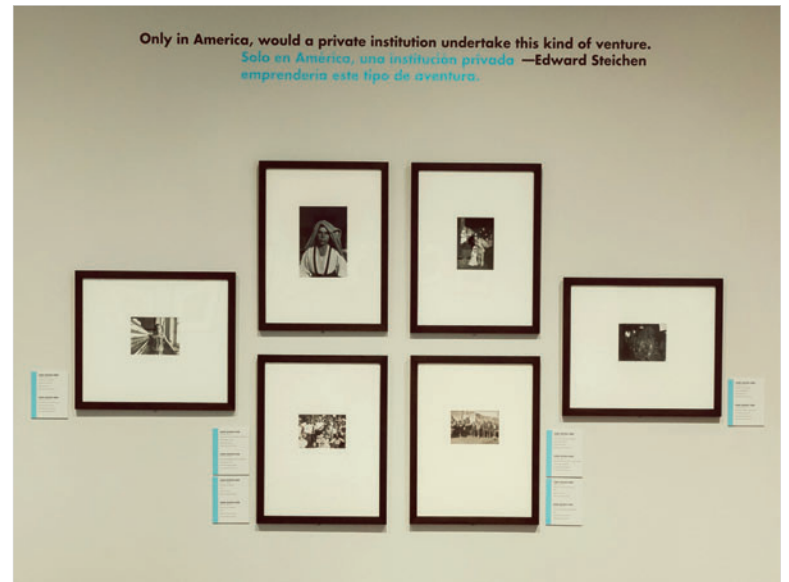
Bank of America, current owners of the collection, approached San Diego's MOPA to exhibit an assortment of the celebrated compilation. San Diego embraced the idea with open arms.

"Arts enriches our communities, celebrates the past and inspires our future," said Rick Bregman, San Diego market president for Bank of America. "We're proud to partner with the Museum of Photographic Arts by lending pieces from our Bank of America collection for the benefit of all visitors. By sharing these intriguing photographic works, we hope to foster great learning and inspiration."

Traillblazing photography icons, dating back to the 1800s, reign among the works on display.

"A Moment in Time: A Collection of Photographs" is not only a fabulous exhibition for MOPA — the collection represents the greatest hits of the best-known photographers and their iconic images," Klochko said.

The exhibition is divided into three sections. "History" opens the door to understanding "what goes on in photography." William Henry Fox Talbot, credited as one of the inventors of photography, dates photos from 1843. Julie Margaret Cameron, one of America's first female photographers, is featured along with Lewis Wickes Hine's immigrants



The collection represents the greatest hits of the best-known photographers and their iconic images (Photo by Lucia Viti)

entering Ellis Island and child laborers in Chicago and Pennsylvania. Timothy Sullivan's photographs of the West give way to Edward Steichen's New York portraits.

"Chicago" follows suit, sharing the exemplar as well as the eclectic. Aaron Siskind, Arthur Siegel, Harry Callahan and Art Sinsabaugh are also among the legends.

"A Collection of Photographs" finalizes the breathtaking, historical assortment, scanning the likes of Ansel Adams and Helen Levitt's New York circa 1945. Beaumont Newhall's work stretches between 1946 and 1970. Elliot Porter adds modern color as Man Ray exercises abstracts in black and white. Pirkle Jones highlights San Francisco while Edward Weston covers the 1920s and '30s.

"While it's wonderful to see the works in publication and online, it's not the same as experiencing the works in person," Klochko said. "It's exciting to be surrounded by photographic art such as the beautiful landscapes of Ansel Adams and the amazing work of Minor White. People will recognize names within the collection as it brings history alive in multiple ways."

Sporting a Master of Fine Arts in photography from the SUNY, Buffalo, New York, and a "strong background in museum education," Klochko described her 12-year tenure at MOPA as the perfect role.

"My background in museum education works to promote what we do," she said. "Learning becomes visual at MOPA. Our programs, exhibitions and activities encourage creativity and understanding of the history and power of the visual image."

Klochko noted that MOPA is "pay-what-you-wish admission."

"Anyone can engage in the exhibition whether or not you choose to pay," she said.

Touted as one of only three independent museums

in America dedicated to a lens-based medium, MOPA offers a calendar of "relevant, thought-provoking and engaging exhibitions, film festivals and lifespan-learning opportunities."

Accredited by the American Alliance of Museums, MOPA addresses cultural, historical and social subjects through its photographic exhibitions and educational programs.

"Photography's not a dying art," Klochko said. "Photography is at the forefront of contemporary art. As the visual currency of our time, photography is more energized and robust than it's ever been. 'Moment in Time: A Collection of Photographs' shows the rich diversity and range of what the medium is capable of. From child labor to photograms to the powerful work of Barbara Morgan's dancers."

Dedicated to "sharing and exploring the universal language of photography," MOPA serves more than 100,000 visitors annually through its "presentation, collection, and preservation of photography, film, and video."

San Diego's MOPA houses historical and contemporary photographic works, as well as photojournalism materials and documents related to the medium's history. The Edmund L. & Nancy K. Dubois Library, located in MOPA, showcases more than 20,000 photographic artifacts including 8,500 photographs from over 700 artists as well as monographs, magazines, encyclopedias, and exhibition catalogs.

The exhibition is funded by Bank of America, the City of San Diego, the Gardner Bilingual Fund and the Massey Charitable Trust. "Moment in Time: A Collection of Photographs" runs through Sept. 23. A coffee table book of the presentation is also available.

—Lucia Viti  
can be reached at  
luciviti@roadrunner.com.❖

# Ten must-see attractions of Taos

**Travel**  
Nancy Stern



Ask a local what brought them to live in Taos, New Mexico and they would likely answer, “I think I was called to be here.”

The area’s art and culture, serene mountain views, eclectic food scene, early history, and unique architecture will keep visitors busy exploring all of the various attractions that make this city a magical place. Here are some of the best must-see wonders of Taos.

**Millicent Rogers Museum**

The Millicent Rogers Museum is based on the life of a New York socialite who visited Taos in order to gain peace of mind. She fell in love with the thriving, edgy and artistic town. Over time, the fashion icon contributed her own sense of style and made an impact on the popular culture of her day.

Millicent Rogers’ unique chic style blends Native American turquoise and silver jewelry with high couture fashion. Along with a collection of her personal jewelry, there are displays of priceless Southwestern pottery, textile blankets and sarapes. More than 7,000 objects of art are rotated in the well-designed museum that was established as a memorial to her.

**Taos Artisan Walking Tour**

A delightful walking tour down Kit Carson Street is available through the Taos Artisan Tours by Heritage Inspirations, led by a well-informed guide.

The tour’s first stop is the Couse-Sharp Historic Site, where Eanger Irving Couse and Joseph Henry Sharp began recruiting artists from the eastern U.S. to paint new subject matter of local flora and the Native Americans.

After Couse’s death, his son maintained his father’s studio just the way it was left. Everything is authentic, and the brushes Mr. Couse used are still in their original place. The

tour continues on to visit the studios of contemporary artists — such as Rich Nichols, Tres Estrellas Design, and Inger Jirby — who work there daily on their latest pieces.

**Taos Pueblo**

Many Americans may not be aware that there are 19 Pueblo communities between Albuquerque and Taos. The northernmost of these, the Taos Pueblo, is believed to have been established nearly 1,000 years ago. It is the only living Native American community that has been given both the World Heritage Site designation by United Nations Educational, Scientific and Cultural Organization (UNESCO) and National Historic Landmark status.

For an admission fee, tourists can visit the walled-in city and hear resident guides speak about the historical culture and traditions. About 150 Pueblo inhabitants still live in their adobe homes with no electricity or running water — as simply as their ancestors did long ago.

Many who live there set up little shops outside their homes selling jewelry, Indian fry bread, pastries and crafts. As one young local said, “We don’t want to sell out to modernism; we want to keep it authentic.”

**Taos Plaza**

Located in the heart of downtown, Taos Plaza previously held a reputation of being a “wild and wooly West” hotspot. Hootings, hangings, excessive drinking and human trafficking all contributed to its notorious past.

Throughout the years, repeated fires burnt down the surrounding wood buildings until adobe construction put a halt to the destructive cycle. The Hotel La Fonda de Taos is testament to this as it has stood since 1820. Many celebrities and notable citizens have stayed here, including Judy Garland, Georgia O’ Keefe and Dennis Hopper.

The plaza is also a central meeting place for festivities. Throughout the summer on Thursday evenings, various local musicians are featured;

tourists can also visit shops in the plaza that offer candles, jewelry, fine art and souvenirs. From May to October, a thriving farmers market on Saturdays sells fresh juices, produce, honey, homemade cheeses, breads and ethnic pastries.

**Teresina Lane**

One side alley off of Taos Plaza is called Teresina Lane, named after the daughter of Governor Charles Bent. In 1847, Bent was trying to keep peace among the Spaniards and local Indians, but in a grave misunderstanding, he was murdered near the Taos Plaza.

Today, the cobblestone alley houses tourist shops that lead to Alley Cantina, a popular restaurant and watering hole for the locals.

**Kit Carson Home and Museum**

Kit Carson is a household name and part of American West folklore. Visit his original Taos home — now a museum — to learn about this legendary frontiersman who was highly respected among the people of his time. Tragically, his wife Josefa died 10 days after giving birth to her last child, and Carson passed away one month to the day after that. Their gravesite is a short distance away in the Kit Carson Cemetery.

An award-winning History Channel video accompanied with exhibits, story boards, and a well-stocked bookstore all impart information about this colorful period of history.

**Taos Art Museum at Fechin House**

The Taos Art Museum at Fechin House contains a stunning collection of art from past notable Taos artists. Nicolai Fechin was a Russian artist who escaped the Bolshevik Revolution and eventually ended up in New York City where he painted portraits. Lured by fellow Taos artists, he made his final home in Taos and built an exquisite hand-crafted adobe home.

see Travel, pg 18



A local painter at Nichol's Fine Art Gallery (Photos by Ron Stern)

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Kit Carson's gravesite alongside his wife Josefa

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FROM PAGE 17  
TRAVEL

Today, his residence is known as The Taos Art Museum and displays his paintings and woodcrafts along with those of past fellow artists. Cultural events and exhibits occur throughout the year so there is always something new to see and do. Take time to browse the gift shop located on the landscaped grounds.

Los Rios River Runners

Los Rios River Runners is an outdoor adventure company offering a variety of river rafting adventures on the Rio Grande and Rio Chama rivers.

The Sunset Dinner Float is a smooth and tranquil evening raft ride down the Rio Grande. Your guide will keep you entertained with colorful Western stories, and there is a good chance of spotting wildlife creatures such as beavers, mule deer, and wildcats. The raft ride concludes on the riverside with a sumptuous outdoor meal cooked under the evening stars.

The Rio Grande Gorge Bridge

Much older than even the Taos Pueblo is the Rio Grande Rift, 6 miles deep and 20 miles wide. The Rio Grande Gorge Bridge is the fifth highest in the U.S. and spans 650 feet above the Rio Grande River. This man-made marvel of engineering has been featured in several films

such as “Terminator Salvation,” “Wild Hog,” and “White Sands.” The completion on this bridge project opened up Route 64 in Taos to the west and the north, creating easier access to parts of Taos County.

San Francisco de Asis Church

This popular tourist attraction is also an active church since its completion in about 1815. Recognized as a National Historic Landmark in 1970, it is considered the oldest existing Catholic Church adobe structure in the Taos Valley and one of the finest examples of a Spanish Colonial New Mexican church. Georgia O’Keefe found its twin towers to be an inspiration for several of her famous paintings.



Taos Mountain (Photos by Ron Stern)

Parishioners and volunteers gather each year for the “enjarre” during the first two weeks of June. This is when the mudding (restoring the outside walls) occurs in the traditional way of mixing clay, straw, sand, and water.

Inside the hall hangs the 19th-century painting by artist Henri Ault, “The Shadow of the Cross,” which glows in the dark. Tourists can view it for a \$3 donation to the church.

“There are no straight lines in Taos!” according to one guide. This can be found in the round curves of the adobe architecture, the cobblestones, and the many celestial symbols

of the sun and moon in the local decor. Here, the relaxed attitude of the locals and shopkeepers slows down the pace of a once hurried tourist. The warm hues and bright colors happily stimulate the senses, compelling many to pull up stakes and make Taos their permanent home.

For a list of places to stay while in town, visit the online version of the article at [gay-sd.com/taos](http://gay-sd.com/taos).

—Nancy Stern is a travel writer with her husband Ron Stern. This was a sponsored trip; however, all opinions herein are the author’s.

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A tour guide jumps near the Rio Grande Gorge Bridge



San Francisco de Asis Church

# Get the most out of your workouts

**Fitness**  
Blake and  
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Many people who spend hours in the gym try to get lean and toned, but sometimes achieving their goals turns out harder than anticipated. So, what do people have to do to actually tone their muscles and see some definition?

Getting a fit body requires completing a variety of exercises, including increasing your endurance and intensity, building muscle, and improving flexibility and balance. To make your body look fit, you need more muscle so it can reveal itself on your body.

However, this requires more than a few weight lifting sessions. Many gym-goers make critical mistakes when trying to tone down their bodies. Here are seven habits that you should avoid.

1. Working alone

Don't jump right in. While you may want to begin running or join a gym and play around with the machines, if you don't know what you are doing, you probably won't achieve the results that you desire. Instead of making up your workouts as you go along, consult with a professional to learn how to work out effectively.

Whether it's a one-on-one

coach, a boot camp or fitness class, having a professional lead you in the right direction and keep you accountable is important when you are starting to work out. They will make sure you work harder and consistently, which will help you produce results.

2. Repeating the same workout

It is great to start out with a commitment to a certain workout program. However, doing this for too long can lead to a plateau which will halt your progress. Your body will adjust to your exercise routine over time, so it's important to change it up to keep your muscles guessing and growing.

Switch up your tempo or mix in some strength training with your cardio. Any way that you can adjust your exercises throughout the week will help you achieve results.

Do your normal routine backwards. Cut the same routine up in thirds, which gives you interchangeable members that offer a wide variety of options. It can be that simple.

3. Not eating enough protein

Although you may be inclined to cut calories when you start a new exercise regimen, you should make sure that you are still getting enough protein. Your muscles use this protein to recover, repair and grow. If you are

not getting the protein that your body needs, your muscles will not be able to adapt and grow, which is not helpful when you're trying to tone your muscles.

Try adding more healthy proteins to your diet like eggs, fish, lean meats, beans and high-quality protein powders. Ask yourself at every meal: "Where is the protein?" This alone will go a long way in helping you balance your diet. Download apps like MyFitnessPal to keep track of your protein intake throughout the day.

4. Not committing enough time

You need to give your workouts enough time and intensity in order for them to be effective. If your workouts don't feel challenging, then you are likely not doing enough and your body will not change. You want to finish your workout with a healthy amount of sweat and some weakness in your muscles.

It also takes time to see results, so don't be so hard on yourself. Just show up, work hard and "lather, rinse, repeat."

5. Eating too much avocado

While avocado is known to be a popular superfood that has a lot of nutrition, it is important to remember that they also have a lot of calories. These calories add



up quickly and end up being stored as fat. The same is true of nuts — good for you, but lots of calories. Be mindful of your calorie intake while you are trying to tone up your body.

6. Getting dehydrated

Your body needs water throughout the day to function properly. If you don't drink enough water, you will become dehydrated, which leads to fatigue, hunger, and a slow metabolism.

Also, your muscles are not able to properly recover after a hard workout if you are not hydrated and your body cannot effectively burn fat. Try to drink at least half of your bodyweight in ounces of water daily. A simpler alternative is drinking four 20-ounce bottles.

7. Not sleeping enough

Working out results in small muscle tears to help strengthen your muscles, and these tears need time to heal themselves. If you are constantly working out without taking a break you can get into a "recovery hole," keeping you from achieving the results that you are looking for.

Make sure that you are getting enough sleep and rest to prepare your body for its next workout. Aim for seven to eight hours. Try shutting down sooner, decompress, turn off the lights, turn down the air and get some Z's.

—Blake and Gwen Beckcom run Fitness Together Mission Hills. Contact them at [fitnesstogether.com/missionhills](http://fitnesstogether.com/missionhills) or call 619-794-0014.❖



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	8		3		4		
5						3	8
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			7		9		
4		9		2		7	
	6	8					9
			5		2		6
2	4				3		7

9/6

**Sudoku Puzzle**

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

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Puzzle answers on page 21

Uptown Crossword

Classics

1	2	3	4	5		6	7	8		9	10	11	12	13
14						15				16				
17						18				19				
20						21				22		23		
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53			54		55						56			
57				58		59				60				
61						62				63				
64						65				66				

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By Charles Preston

**ACROSS**

1 Offspring  
6 KGB cousin  
9 A comic character  
14 Uncaps  
15 Zwi predecessor  
16 Tigers' winter counterparts  
17 Walk after this, if you can  
19 Tapestry  
20 Sphere starter  
21 Fat liquid  
23 A growing pain  
24 Teachers' org.  
25 Concerned with knowledge  
27 Poetic contraction  
28 Jackie's late mate, et al.  
29 Charley horse  
31 Go over carefully  
34 Acapulco accommodations  
37 "\_\_\_ who asks, it shall be given"  
38 Related, in a way  
39 Fisherman, of a sort  
42 Novelist William  
44 Palacio inhabitant

45 Corrida cries  
46 He had a salty wife  
48 Bugged  
50 Colloid  
53 Former: archaic  
55 Specific male 1 Across  
56 Musical Malcolm  
57 Fall flower  
59 End of a circuit  
61 Pietro \_\_\_ c Maria  
62 First person, in ancient Rome  
63 Complete  
64 Classified  
65 Prepare hide  
66 Wallace, in 60 Down perhaps?

**DOWN**

1 Cedar Rapids native  
2 Malice  
3 AL city  
4 Disassemble  
5 Foresight letters  
6 Disappear!  
7 Prepares potatoes  
8 Let loose  
9 Oeufs \_\_\_ Russe  
10 Civitavecchia coin  
11 In this, two must run

12 Dumb  
13 Ruhr city  
18 Architectural style  
22 Actor Robert de \_\_\_  
25 Imaginary trouble-maker  
26 Provided viands  
28 Made \_\_\_ of money  
30 Mas o \_\_\_  
31 Conglomerate initials  
32 Neither's companion  
33 He plays close  
35 When the QE2 is due  
36 Old Kobe coin  
40 Compass directions: abbr.  
41 Cog catcher  
42 Miner king?  
43 Coeur d'\_\_\_, ID  
46 Jumped  
47 Le Quai d'\_\_\_, Paris  
49 NY or PA county  
50 Place for andirons  
51 Sign up  
52 Mistrusting  
54 Vision starter  
56 Aged in Aachen  
58 Staff  
60 Inverness inn

Puzzle answers on page 21

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Florist \_\_\_\_\_  
Gym/Health Club \_\_\_\_\_

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Hotel \_\_\_\_\_  
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Massage \_\_\_\_\_  
Museum \_\_\_\_\_  
Nail Salon \_\_\_\_\_  
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## FEATURED EVENTS

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Sept. 7

### 'Godspell' benefit concert

A performance of the musical "Godspell" will serve as a benefit concert for St. Luke's job development work with the Sudanese and Congolese refugee communities of San Diego. Based on the Gospel according to Matthew, the show features a comedic troupe of eccentric players who team up with Jesus to teach his lessons in a new age through parables, games and tomfoolery. \$75, which includes a \$50 tax-deductible gift; \$25 for students and refugees. 7-9 p.m. at St. Paul's Cathedral, 2728 Sixth Ave. Visit bit.ly/stpaul-godspell.

### Film screenings at Digital Gym

Digital Gym Cinema offers screenings of two films: "Scotty and the Secret History of Hollywood" (documentary; 98-minute runtime) and "Leave No Trace" (drama; 109-minute runtime). Both shows run through Aug. 30. \$7.50-\$11. Various times at Digital Gym Cinema, 2921 El Cajon Blvd. Visit bit.ly/DigitalGymFilms.

SATURDAY

Sept. 8



### Climate Action March

Thousands of San Diegans will stand with climate advocates worldwide on this global day of action ahead of the Global Climate Action Summit in San Francisco. Join San Diego 350 for live music, speeches and participatory actions, followed by a short march to South Embarcadero Park, which will offer voter registration, activities, and a kid's zone with games and face-painting. Volunteers encouraged. Free. 10 a.m.-2 p.m. at Civic Center, 202 C St. Visit bit.ly/sd-climate-march.

SUNDAY

Sept. 9

### 'Crystal Bowls and Restorative Yoga'

Pilgrimage of the Heart Yoga in Normal Heights is holding a workshop on restorative yoga featuring chakra-attuned crystal singing bowls, a gentle practice, and hands-on adjustments. \$25 members; \$30 non-members. 6-7:15 p.m. at

Pilgrimage of the Heart Yoga, 3287 Adams Ave. Visit bit.ly/UTNCrystal.



### DogFest

DogFest San Diego will celebrate the community of people and dogs that make it possible for Canine Companions to place assistance dogs with children, adults and veterans. The event will benefit Canine Companions for Independence. Free; donations encouraged. 9 a.m.-1 p.m. at NTC Park at Liberty Station, 2455 Cushing Road. Visit bit.ly/dog-fest.

TUESDAY

Sept. 11

### MOPA group meeting

Join The San Diego Photography Collective for its quarterly photography and potluck gathering. The featured Photo Challenge theme is "Transportation," along with a group photo exchange on any subject matter. Up to three images per person. Free. 6:30-8:30 p.m. at the Museum of Photographic Arts (MOPA), 1649 Balboa Park. Visit bit.ly/mopa-group.

### The Narrators San Diego

A live storytelling show and podcast — based in San Diego and Denver — comes to North Park every second Tuesday of the month. Five to seven storytellers narrate true, first-person stories based on a monthly theme; September's theme is "Close Call." Free. All ages, but some discretion advised. 8 p.m. at Tiger! Tiger! Tavern, 3025 El Cajon Blvd. Visit thenarrators.org.

### Acupuncture for first responders

In partnership with Acupuncturists Without Borders, The Inn Spot will provide free acupuncture treatments to all first responders — police, firefighters and EMTs — as well as their families. Service offered 24 hours, from midnight on Sept. 11 to midnight on Sept. 12. at The Inn Spot Community Acupuncture, 3505 Camino Del Rio South. Visit bit.ly/inn-spot.

WEDNESDAY

Sept. 12

### Listening Lab

humankind San Diego, a network of people and initiatives committed to strengthening shared humanity through conversation, invites the community to its monthly event. Casually converse and participate in experimental learning activities to connect with others. Free. 6:30-8 p.m. at Collective Impact Center, 3295 Meade Ave. Visit bit.ly/listen-lab.

THURSDAY

Sept. 13



### San Diego Zoo global press launch

The San Diego Zoo's new venue will publish books for children and adults about wildlife, the natural world, and conservation. To celebrate its launch, the zoo invites the public to a cocktail reception for a chance to meet the authors, have books signed, mingle with animal ambassadors, and hear about future book projects. Free. 5-7 p.m. at San Diego Zoofari Party Area, 2920 Zoo Drive. Visit bit.ly/zoo-party.



### Art on 30th Drawing workshop

Whether you are drawing for the first time or reviewing and refreshing necessary skills, learn the basic techniques and gain an understanding of the various drawing materials at Art on 30th's September drawing workshop. Methods learned in this workshop include sketching, composition, light and more. Bring supplies; full list online. This is a three-week workshop; other dates are Sept. 20 and 27. \$99. 6-8 p.m. at Art on 30th, 4434 30th St. Visit bit.ly/art30-draw.

SATURDAY

Sept. 15

### Mission Hills Library Book Sale

The Friends of the Mission Hills Library will hold a book sale. 9 a.m.-noon at Mission Hills Library, 925 W. Washington St. Visit bit.ly/LibraryMH.



### Taste of South Park

Hosted by the South Park Business Group, this annual event highlights the neighborhood's eclectic mix of restaurants, bars and pubs, coffee houses, and family dining spots. More than 20 restaurants will be participating. Guests receive a walking map of South Park and a Tasting Passport, which is good for one taste at all participating locations. \$35-\$40; limited to

400 tickets. All ages. Noon-4 p.m. at 3009 Grape St. in South Park. Visit bit.ly/taste-sp.

### Junior Science Club at The Fleet

Children in grades one through four are invited to participate in a monthly science club. Sessions will be filled with new challenges, hands-on activities and interaction with local scientists. \$13-\$15. 11 a.m.-12:30 p.m. at The Fleet Science Center, 1875 El Prado. Visit bit.ly/junior-science.

SUNDAY

Sept. 16

### Marston House Garden Tour

The garden tour takes you on a walk through the 5-acre estate, beginning with the first plantings and landscape plan in 1905 to the 1928 introduction of a formal garden. You will also learn about the grand restoration plans for the arts and crafts canyon landscape. \$15. 1:30-2:15 p.m. at Marston House, 3525 Seventh Ave. Visit bit.ly/marston-house.

### Hemlock Society film screening

Hemlock Society of San Diego will screen the award-winning 20-minute documentary, "Dying Wish," which chronicles the journey of an 80-year-old retired surgeon with end-stage cancer on hospice who chooses to voluntarily stop eating and drinking (VSED) with the support of his friend and fellow physician. Dr. Bob Uslander, as well as several individuals who have observed their family members participate in VSED, will speak following the screening. Free. 1:30-3:30 p.m. at the Scottish Rite Event Center, 1895 Camino Del Rio South. Visit bit.ly/hemlocksds.

### Coffee with the Catapult

In the spirit of discoverability, The Book Catapult hosts an informal discussion about what's new in the world of literature. Led by the Catapult's book buyer and co-owner, Seth. Complimentary coffee from Communal Coffee, plus a 20 percent discount off all books discussed. Free. 11:30 a.m. at The Book Catapult, 3010-B Juniper St. Visit bit.ly/CatapultCoffeeSept.

THURSDAY

Sept. 18

### Homework help at Kensington Library

Are your elementary- and middle school-aged kids having trouble with homework? Coaches at the Kensington-Normal Heights Library can help. Free. Also on Wednesday, Sept. 19. 3-7 p.m. at Kensington-Normal Heights Library, 4121 Adams Ave. Visit bit.ly/homeworkkensington.

## ONGOING EVENTS



### 'California Rules' Through Sept. 15

The Southwestern Artists' Association presents "California Rules," an art exhibit featuring local artists Deanne Tiffany and Susanne Flowers at Gallery 23. Free with gallery admission. 10 a.m.-4:30 p.m. at Spanish Village Art Center, 1770 Village Place in Balboa Park. Visit bit.ly/CaliforniaRules.

### 'Leela - Portrait of a Woman in a Green Dress' Through Sept. 16

Timken Museum of Art presents its modernist installation inspired by Bartolomeo Veneto's Portrait of a Lady in a Green Dress (1530). Created by artist-in-residence Bhavna Mehta, "Leela" is a modern-day, whimsical character who will welcome visitors into the Timken's rotunda evoking light, dance and dreams. Free. 10 a.m.-4:30 p.m. at Timken Museum of Art, 1500 El Prado. Visit bit.ly/leela-timken.

### Food Truck Fridays Through Sept. 28

Kick off your summer weekends every Friday evening at Balboa Park's after-hours event. Visitors of all ages can enjoy live entertainment while eating dishes from a rotating selection of more than a dozen food trucks. Free. 4-8 p.m. at Plaza de Panama in Balboa Park. Visit bit.ly/balboafoodtruck.

### 'Run619: Tour Uptown Fun' Through Sept. 28

RUN619 is Movin Shoes coming to Mission Hills for a relatively easy cardio workout. Run through the neighborhoods of Mission Hills, Hillcrest, University Heights, and Bankers Hill. Runs are usually three to four miles. Free. All ages. 6:19 a.m. at Heartwork Coffee Bar, 3993 Goldfinch St. Visit bit.ly/Run619Heart.

### 'The Heart of Rock and Roll' Through Oct. 21

The Old Globe presents "The Heart of Rock and Roll," a musical comedy inspired by Huey Lewis and the News. 8-10 p.m. at The Old Globe Theatre, 1363 Old Globe Way. Visit bit.ly/HueyLewisComedy.

### 'Dr. Otic's Miraculous Old Town Showdown' Through February 2019

Dr. Otic's Miraculous & Audience-Powered Old Town Showdown — Similar to "Who's Line is it Anyway?" — is a fun and interactive show based entirely on audience suggestions. Showdown performances are every Friday and Saturday night, but each show is a unique experience created on the spot by our talented ensemble of improvisors. Reservations recommended. \$14-\$17. All ages; family-friendly. 7-9 p.m. at Old Town Improv Co., 2415 San Diego Ave. #103. Visit bit.ly/dr-otic.

## RECURRING EVENTS

### Mondays

#### Lestat's West Open Mic

Weekly open mic event hosted by Robby Robertson every Monday. 6:30-11 p.m. at Lestat's, 3343 Adams Ave. Visit bit.ly/LestatsWest.

### Tuesdays

#### Trivia Night at Brew Project

Here's Johnny! Answer five to seven rounds of questions and participate in team challenges for raffles and prizes. Weekly event hosted by Johnny Grant. 7 p.m. The Brew Project, 3683 Fifth Ave., Hillcrest. Visit bit.ly/BrewTrivia.

#### Lestat's West Comedy Night

Weekly comedy night event hosted by Dustin Nickerson every Tuesday. 9-11 p.m. at Lestat's, 3343 Adams Ave. Visit bit.ly/LestatsWest.

### Thursdays

#### North Park Thursday Market

Shop more than 90 tents of locally grown produce, artisan grocery items, prepared foods and hand-crafted goods. 3-7:30 p.m. at 3000 North Park Way, stretching from 31st Street to Utah Street, North Park. Visit bit.ly/ThursMarket

#### Thursdays at The Ken

San Diego's late-night jazz jam convenes every Thursday night. Hosted by musicians Ian Buss, Robert Dove and Hugo Suarez. \$5. 10 p.m.-1:30 a.m. at The Kensington Club, 4079 Adams Ave. Visit bit.ly/ThursKen.

### Saturdays

#### Golden Hill Farmers Market

Stop by the open community space to pick up California Certified Organic Produce from local farmers. 9:30 a.m.-1:30 p.m. at B Street between 27th and 28th streets, Golden Hill. Visit bit.ly/GHMarket.

#### Old Town Saturday Market

The street market features work from local artists including paintings, jewelry, photography and more. Every Saturday and Sunday. 9 a.m.-4:30 p.m. at Harney Street and San Diego Avenue, Old Town. Visit bit.ly/OTMarket.

### Sundays

#### Hillcrest Farmers Market

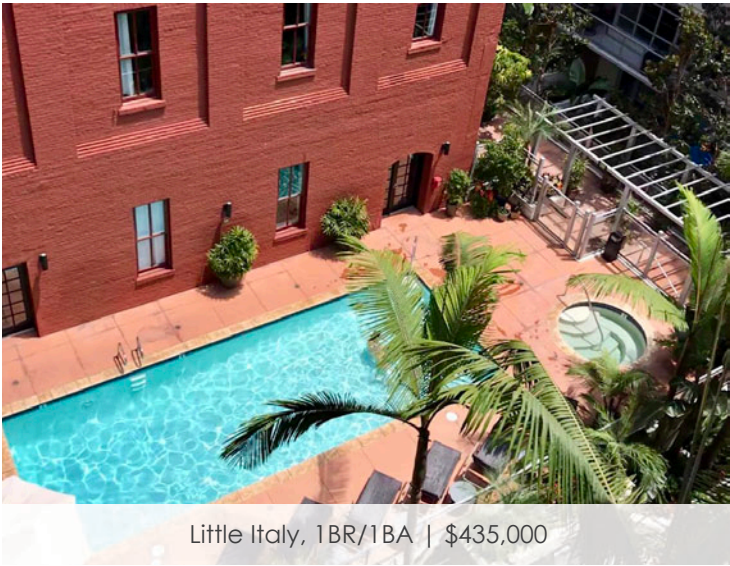
About 175 vendors offer a variety of locally grown fruit, produce, gifts, arts and crafts, flowers, and more. 9 a.m.-2 p.m. on Normal Street between University and Lincoln avenues. Visit bit.ly/HillcrestMarket.

To view a comprehensive calendar of events happening throughout San Diego, visit our online calendar at bit.ly/UTNCal.

—Compiled by Sara Butler. Email calendar items to sara@sdenn.com.✧



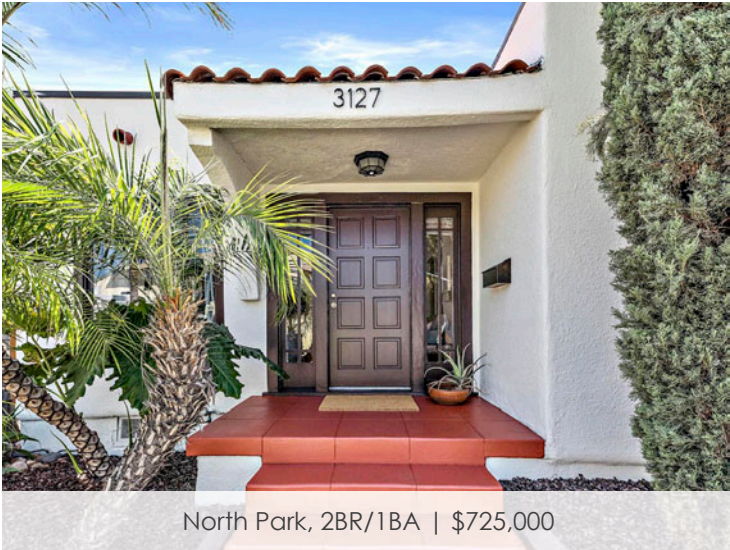
Electra, 1BR/1BA | \$475,000



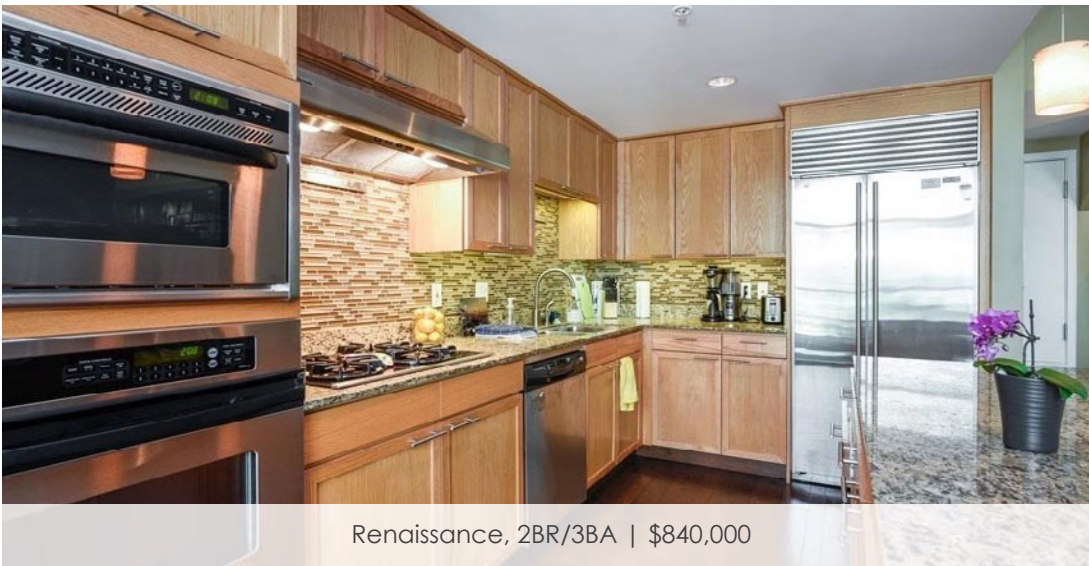
Little Italy, 1BR/1BA | \$435,000



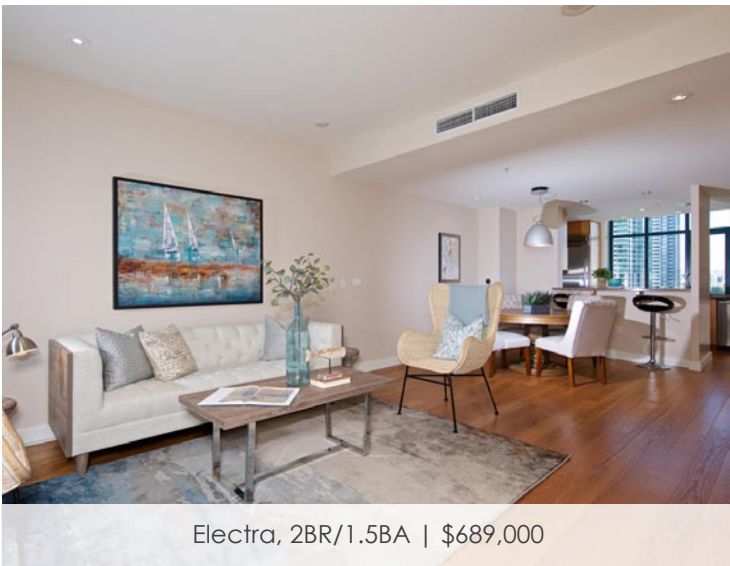
Cortez Hill, 2BR/2BA | \$739,000



North Park, 2BR/1BA | \$725,000



Renaissance, 2BR/3BA | \$840,000



Electra, 2BR/1.5BA | \$689,000

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