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San Diego Community News Network





(I to r) Long-time customers peruse the beloved Uptown bookstore during its liquidation sale; the exterior of the building, located on the corner of Adams Avenue and 35th Street (Photos by Connor McBride)

Normal Heights bookstore shuts its doors after five decades

Sara Butler | Editor

On July 15, the story of the Adams Avenue Book Store will end. The 53-year-old bookstore, located at 3502 Adams Ave., has been a mainstay in the Normal Heights community since 1965.

Adams Avenue used to be home to more than a dozen independent bookstores. Over the years, the street has come to reflect the struggling industry, evident in neighboring storefronts forced to call it quits. Yet, even as friendly faces began to disappear, Adams Avenue Book Store was able to survive.

Owner Brian Lucas took over the business 32 years ago. After visiting three stores back in the '80s, the former Trinity Presbyterian Church minister and current William Jessop University professor knew he found the right spot when he toured the Normal Heights location.

Currently, he is a part-time San Diego resident, where his children still live. When Lucas is in Sacramento, California, with his wife, he leaves day-to-day operations to the bookstore's manager, Michael Smythe.

What drew Lucas into the business is a love for books and people. He felt as if he was "joining a guild," receiving support from other book dealers and patrons alike.

"It's always about people — I mean I love books, to be sure, and I'm an adjunct professor on the side — so I love books and I love teaching. But I love people more," Lucas said. "And to have a job where you get to do both of those things, it's as good as it gets, I think. So to me, that's the core of the whole thing."

see Book Store, pg $2\,$

'Stand Down' for vets

By Lucia Viti

Next weekend, the Veteran's Village of San Diego (VVSD) invites homeless veterans to "Stand Down" during its threeday, single-site intervention.

"Stand down" is a military term that signals war combatants to lay down their guard. In line with that concept, VVSD designed its three-decade-old event help veterans adrift with despair and immobility to reconnect with society. This year's Stand Down will be held on June 29–July 1 at San Diego High School, located at 1405 Park Blvd. on the edge of Balboa Park.

The intervention provides eligible homeless veterans comprehensive community outreach. Assistance includes case management, recovery programming, employment counseling, facilitating the appropriate Veterans Affairs (VA) benefits, rental assistance, transportation services, health care, legal aid and emergency supplies. Reprieve from street life also includes comfortable cots, meals, hot showers, haircuts, medical check-ups and



A talented veteran performs at last year's event (Photo by Susan Kim)

on-site courts that waive fines and fees.

"Stand Down is a life-changing and life-saving event," said Darcy Pavich, Stand Down's program director and former Navy chaplain. "Stand Down is not about who helps you, it's about that help is given. We take hands and say, 'Welcome

home. What do you need from me today?' From that, we give hope, restore dignity and help homeless veterans become people again."

Recognized as the "most valuable outreach tool for homeless veterans" by the National Coalition for Homeless Veterans, Stand Down offers respite from the daily combat of living on the streets. Veterans are met with a handshake, coffee and breakfast. Animals and possessions are stored under 24/7 protection while men, women and families are assigned to a bunker. Volunteers then escort participants to clothing tents, showers, barbers, makeovers, medical, dental and optical services.

"Our success is based on the moment veterans register," said Kim Mitchell, president and CEO of VVSD, who lives in Uptown. "Everyone gets a goodie bag. Veterans are personally escorted to their bunks and showers and issued towels, soap and a hygiene kit. A local cosmetology university provides haircuts.

see Stand Down, pg 4

Uptown Planners discuss canyon restoration, affordable housing

Sara Butler | Editor

The June 5 meeting of Uptown Planners focused on indoor and outdoor spaces in Bankers Hill and Park West.

Though no action items were on the agenda, two informational presentations were given: one from the city about the Maple Canyon Restoration Project; the other by a development nonprofit about two affordable housing plans.

The evening started off with the upcoming storm drain improvement project in Maple Canyon of Bankers Hill/Parks West. Elham Lotfi, associate engineer and employee of the Public Works Department, is the project manager of the restoration's phase one.

see Uptown Planners, pg 13

FROM PAGE 1 **BOOK STORE**

That love kept the store alive for years. Though Lucas can't quite pinpoint why his business was able to keep afloat for as long as it did, he attributes much of the success to a little bit of luck

and his long-standing staff. Between Smythe, long-time employee Scott Emerson, and himself, the three have about 110 years of experience under their belts, which Lucas thinks kept them ahead of the curve.

"That experience and the trade and to be able to go out and buy large collections of books is really important,"



(I to r) Michael Smythe, Scott Emerson, Christopher Lynch, Brian Lucas, Brittani Santos-Hills, Andy Welch, and Emma Kellman are the faces behind Adams Avenue Book Store. (Photo courtesy of Brian Lucas)

he said. "Ultimately, it comes down to having the best books.

However, the priority on books in bookstores has recently fell by the wayside. Many have relied on hosting community events — open mics, music performances, poetry readings, or public lectures — to bring people into the store. Others have resorted to selling food or drink items, such as coffee and muffins, hoping patrons will pair them with a book or two.

Also, independent businesses have had to rely on online selling, in addition to their brick-and-mortar shops, to stay competitive. Online companies such as Amazon have drastically altered the print market, with their ability to sell books at a fraction of a cost over the internet.

"When every book that is available can be seen at

"Bookstores like this? This is where things can find you, instead of you finding it."

—Brittani Santos-Hill



Bartleby, who has called the store home for over 15 years, is also a large part of the bookstore's family. (Photo by Connor McBride)

once on one screen, you don't need to be a genius to realize what's going to happen to the prices," Lucas said.

Though many customers who frequent the store have speculated Amazon is responsible for the fall of the local business, Lucas doesn't want to play the blame game. Instead, Lucas emphasized there are a number of factors that play into the store's demise. Overall, it all boiled down to a large change in today's society.

It's no secret that younger generations are not reading as much as they used to. With the prominence of the internet and technology leading to the distractedness of the culture — the world is shifting away from pages to

Brittani Santos-Hills, 21, is Adams Avenue Book Store's youngest employee. She began her "dream job" six months ago. Ever since she was little, Santos-Hill found refuge in the pages of a book.

"I've always been more into books," Santos-Hill said. "Especially because there was a point in my life — in my early years — where books were my friends when I had none. And I've always had an appreciation for books and being able to escape."

Though she grew up in the age of the internet, Santos-Hill notes that the experience of going into a

see Book Store, pg 3



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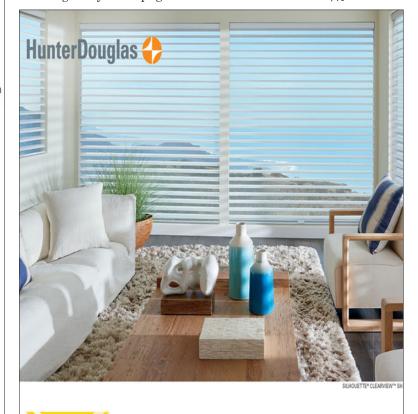
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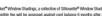
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FROM PAGE 2 **BOOK STORE**

bookstore is vastly different from Googling for a title. She believes it negatively alters the experience of book buying and reading.

"When you're buying a book online, you often have to know exactly what you want, know the search terms, and know the author," she continued. "Bookstores like this? This is where things can find you, instead of you finding it. There are so many books that I have now and love that I probably never would have chosen on my own."

After the store closes, Santos-Hill plans to pursue special education. Though she is sad her time among the binds has to end so soon, she is grateful for the experience, friendships and personal growth.

"Working in a bookstore has been a dream," she said. "Some of the best conversations I've had in my life have been through this store. Especially when you find people who are just interested in ideas."

"It's always about people — I mean I love books, to be sure, and I'm an adjunct professor on the side — so I love books and I love teaching. But I love people more. And to have a job where you get to do both of those things, it's as good as it gets."

—Brian Lucas

Likely in the spirit of Uptown's trendy trademark with an increased focus on analog — some entrepreneurs have recently decided to open up new bookstores in the area. Despite the closure of his own business, Lucas wishes nothing but the best for these local ventures. He even sat down with a few of them to offer them sage wisdom, focusing on the accelerated changes in today's society.

"I certainly want to encourage them. But I said, 'You just have different



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According to Brian Lucas, the business' patrons span over three generations. (Photo by Connor McBride)

questions to answer than we did," Lucas told them. "The things that I had to deal with — or somebody else had to deal with — 30 years ago are just different, that's all. So you got to look at what are you going to have to do to survive, given the reality that we have."

He admitted that the growing need to "adjust to a moving target" may have attributed to his store's inability to sustain in the current culture. Though they made efforts to do this themselves — with many of his employees making a big difference — adapting an old system to the ever-changing reality proved a struggle.

"[New bookstores] have to have people [on staff] that can connect with the culture around them," he continued. "They have to be able to connect with the way we interrelate with people; how they offer our goods to [customers] in a way that is going to reach them. That's probably something I didn't do very well."

Yet there is no resentment or regret in his words. Lucas said he is fortunate for his three-decade run in the business, surrounded by the good company of close friends and sprawling books lining the walls. He notes that the surrounding Uptown community has been very supportive and positive about the news.

'We've been here for 32 years - the store's been here for 53 years – and it's been fantastic," Lucas said. "Great people; I love Normal Heights, great area."

"So, there's lots of reasons [for the closure], there always is," he continued. "But I try to be as positive about it as I can. There's so much to be thankful for. Life friendships have come out of this, for everybody, for all of us, not just for me. And I consider myself to be a very fortunate person to be able to have experienced that.'

The store's liquidation sale began on June 4 and will run until the store's closing in mid-July. All books will be marked 25 percent off. The remaining books that are not sold will be donated to William Jessop University's library, the school that Lucas teaches at. The fate of the building is unknown; once Adams Avenue Book Store closes, the property will be put up for sale.

And despite rumors circulating on the internet that the store's house cat Bartleby will be out on the Uptown streets after the doors shut, Lucas offered assurance that the 15-year-old feline will find refuge in the home of a Normal Heights neighbor and long-time patron of the business.

For more information about the store and updates on its closure, visit adamsavebooks.com.

-Reach Sara Butler at sara@sdcnn.com.*

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- Petra T.

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Best, Kathy

Sponsored content

Kathy McSherry is a veteran Realtor in Mission Valley with Coldwell Banker Residential Brokerage Email questions to her at kathymcsherry@outlook.com www.kathymcsherry.com

FROM PAGE 1 STAND DOWN

Balboa Naval Medical Center provides medical services from doctors and nurses. Community partners include employment and church groups, housing organizations and rehab programs. There's even a spot to strum a guitar."

"Everything's jammed packed into a community of support," Pavich added. "For the military, it's like going home. Shaven and clean, no one hides. These men and women walk around proudly, communicating and connecting with peers and volunteers."

In addition, the event will feature a bouncy house, arts and crafts, blankets, stuffed animals, and games for children.

"Every child should have every opportunity in the world," Mitchell said. "So, we help parents find the resources to get these families off the streets."

Stand Down boasts 150 participating organizations and agencies, as well as



A volunteer provides medical care to a veteran (Photos by Susan Kim)

she continued. "Many have tried and tried and tried. Doors slam so they quit and accept their fate with discipline and regularity. 'I live on the streets because I didn't know what else to do,' they say. Stand Down helps them realize that life doesn't have to be this way."

The majority of homeless veterans range between 50 and 60 years old; Pavich noted that this age group faces many challenges.

"Job placement is difficult

everyone is good. We walk around and wave, just like we all do when walking by your neighbor's porch."

Pavich and Mitchell agree that Stand Down's homeless veterans rest their burdens while "lifting themselves up to the possibilities of change."

"Any veteran could walk into a tent, see a program and say, 'I found my solution," Mitchell added.

Mitchell also stressed the importance of connecting with resources and bonding with other veterans because an individual may not feel quite as homeless if they have a friend.

Despite those who return to brave the elements of street life, others who embrace the possibility of change and connect with Stand Down's services and programs often become productive members of the community.

Success stories include a homeless veteran who attended Stand Down for 17 consecutive years. Each year, he declined to participate in a residential treatment program. At year 17, he finally accepted the offer to attend classes, therapy sessions and work with a case manager. Today, the 62-year-old is clean and sober, working a stable job, and living in an apartment.

The event ends with a graduation ceremony. According to Pavich, a renewed sense of pride is tangible after the program.

"On day one, these men and women walk in downtrodden," she said. "On graduation day, everyone gathers at their tents and march in formation — just like they did in the military — to the stage to receive gifts and graduation hats. Although they may return to the streets, they do so coming from a place they've belonged. A place they've called home."

Ninety-two percent of those who attend Stand Down have been honorably discharged from the military.

"Discovering how these veterans have served their country is humbling," Pavich said.
"Now on the streets, it's the pause that says, 'This isn't right. No one should be living on the streets."

Stand Down opened its doors to homeless veterans in 1988 under the sponsorship of the Vietnam Veterans of San Diego, which was renamed

(I to r) One of last year's volunteers with Kim Mitchell and Phil Landis

more than 3,500 volunteers. Community service partners also include the Salvation Army, Father Joe's Villages and People Assisting the Homeless.

"The goodness of the community comes to the fore-front," Pavich said. "There's amazing cooperation between the VA, state and federal policies. We're apolitical. Everyone gets involved."

One-third of Stand Down's committed volunteers are former homeless veterans.

"People thank us for giving them their lives back," Pavich said. "Lives are changed and lives are saved. People become whole again. To explain Stand Down is to explain a miracle."

San Diego touts the second largest homeless veteran population in the United States. Pavich said that returning to civilian life isn't always easy for military veterans. Citing post-traumatic stress disorder, mental health issues and substance abuse, some veterans "spiral into a deep, dark place."

"The military teaches you character and discipline but oftentimes, people need guidance and direction for living outside of military structure,"

at that age," she said. "And many lack medical care to fix what most of us can as we age. Criminal and felony convicts also have a tough time. Despite rehabilitation, few [employers] want to give them a chance. We see them doing better every day but finding people to give them a chance for employment is difficult."

Women are the largest growing group of homeless veterans. Refusing to admit their homeless status for fear of losing their children, many find themselves living in their cars.

"Women are socialized to solve the problem, not be the problem," Pavich said. "Children are clean and cared for, but they're living in a Volkswagen bus."

"If plans fall through when exiting the military, San Diego's cost of living and military paychecks don't match," Mitchell added. "There's a true misconception that life on the streets is easy. But it's not. You're always in protective mode when you have nothing. Stand Down is a safe haven. Veterans and their families relax. San Diego's High School upper ballfield turns into a village where

see Stand Down, pg 7



Guests enjoying a noodle stand at last year's Taste of Adams Avenue event (Photo courtesy of Craig Burns)

The Adams Avenue food experience

'Taste of' event to host its largest event on June 24

By Jordan Damond

Donuts, beer, ramen. Whether it be a hearty breakfast, greasy pub food or decorative desserts, Taste of Adams Avenue gives Uptowners the opportunity to try it all.

The annual event, which is always held on a Sunday at the end of June, will land on June 24 from 11 a.m.–3 p.m. With nearly 50 restaurants participating — ranging from sushi bars to coffee shops to wineries — attendees will be given a plethora of options to choose

After last year's rousing success, executive director of Adams Avenue Business Association Scott Kessler is focusing on spreading the word for the 18-year-old event.

"The goal for this year is to promote the variety of offerings that exist on Adams Avenue and in the restaurants," Kessler said. "We have five new restaurants and we're up to 48 overall.'

One of these new restaurants is Nomad Donuts, which opened its second location on North Park's University Avenue in August 2017. Owner Brad Keiler previously attended the event as a consumer.

"The Uptown neighborhood is just a part of where I work, live and play," Keiler said.

With all of the buzz surrounding the new eatery, one of Keiler's goals is to remind people of its original Normal Heights location, that now focuses primarily on coffee. He is looking to make a lasting impression as a vendor this year.

"It's a unique thing in [Uptown] that we all tend to cluster around the places close to us," he said. "For the two and a half or three years we were up [at 30th Street], not a lot of people south of University Avenue knew we existed and now that we're here we have this presence [in North Park]."

"It's kind of a struggle to get known in that [Normal Heights] neighborhood and I think Taste of Adams Avenue does a great job of helping with that," Keiler continued.

Other new restaurants include Tanuki, An's Dry Cleaning, Thai Joint and Kensington Brewery. This year's vast roster of restaurants shows a significant amount of growth in comparison to five years ago, when there were only 30 restaurants participating in the event.

As the options have grown, so has the attendance.

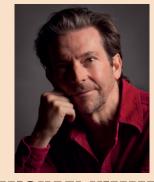
"We have sold out this event for the last four years," Kessler said. "We're expecting a sellout again this year. We only print 11,000 tickets and we end up having to turn away people. We sell out 90 percent of the tickets before the events and 10 percent during the event."

Kessler suggested that new participants buy tickets online or at a nearby eatery that is included in the event. Guests should prepare and plan accordingly to maximize their experience.

"People should map out the options and start at either end of the avenue," he said. "Wear comfortable running/walking shoes and something with an expansive waistline. We have free trolley systems for anyone who doesn't want to walk. Come with a good appetite and comfortable attire.'

Tickets can be purchased online at tasteofadams.com for \$35 in advance or \$40 on the day of the event, available for pickup at the will call at Smitty's Auto Service, located at 3441 Adams Ave.

—Jordan Damond is an editorial intern for SDCNN, parent company of San Diego Uptown News, and a graduating senior at High Tech High School who will be attending University of Redlands in the fall.



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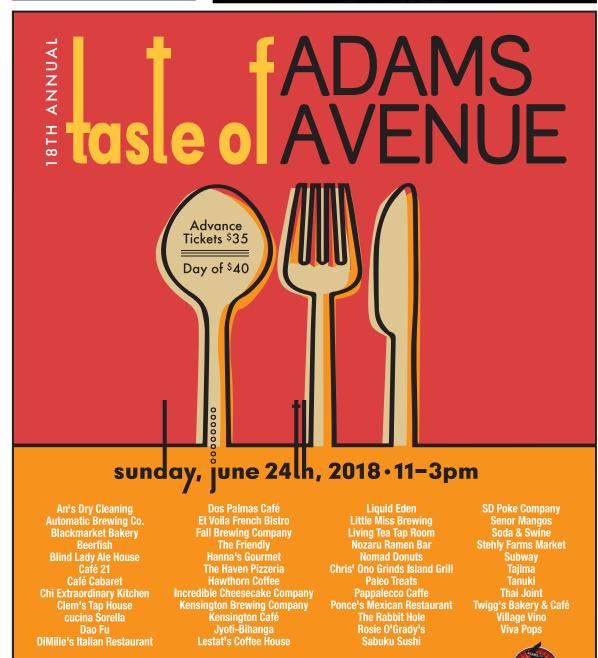


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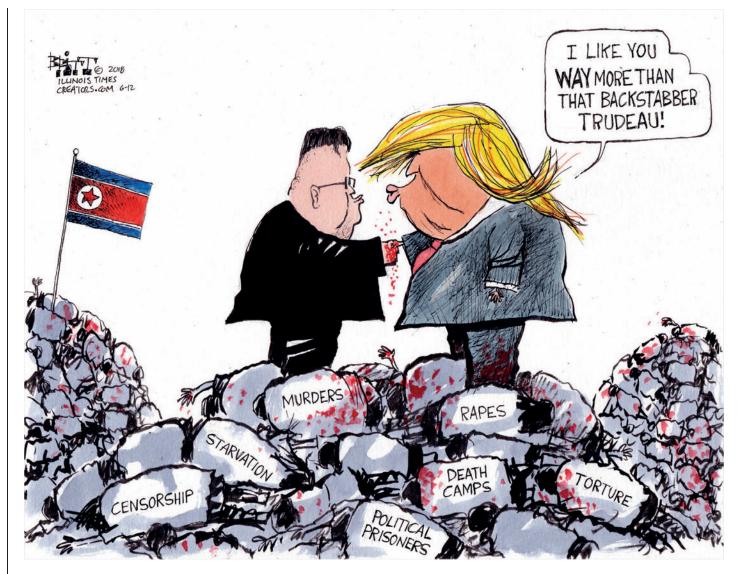












Guest Editorial

Stop blaming vacation rentals for San Diego's housing woes

By Jonah Mechanic

[Editor's note: This editorial first appeared in the Voice of San Diego on June 8. View the original article at bit.ly/2JQkSso.]

The mayor and City Council are preparing to once again debate short-term vacation rentals in San Diego. Those who support this industry hope our elected leaders have studied the matter carefully since their last meeting, rather than relying on the misnomers and reactive arguments that have clouded the discussion for the past several years.

Groups opposed to vacation rentals want to disregard personal property rights, as well as decades worth of successful vacation rental history, to blame all of San Diego's woes on the short-rental industry. One of their most prolific attacks is that the proliferation of short-term vacation rentals has caused our affordable housing crisis.

But according to the market researchers at Xpera Group, only about 1 percent of all San Diego homes are used for this purpose — and most of those are in the beach community where rents aren't exactly cheap. Plus, a 2015 study by Point Loma Nazarene University found that 47 percent of San Diego's housing costs are due to building regulations. Adding more government oversight to restrict private property rights is not the answer.

Short-term vacation rentals do not remove affordable housing options from the market because most of these homes have never been "affordable." The overwhelming majority of these rentals in San Diego are within two miles of the coastline and most are within 10 blocks of the beach. At an average cost of \$800 per square foot and an average size of 2,000 square

feet, we are looking at home prices of about \$1.6 million.

The reality of the situation is that the houses being used as short-term vacation rentals are simply not now, nor will they ever be, considered affordable housing. The majority of short-term "whole home" rentals are owned by people who may not live in the home full time, but vacation there throughout the year — and in many cases retire to the property in the years to come. Why would they allow their own homes to be trashed or alienate their neighbors?

When these owners are not using their homes, they rent them out to help offset expenses. These people are not investors; they are part-time San Diego residents who are sharing their homes with tourist families during a time the homes would normally be sitting vacant. Short-term vacation rentals provide homeowners with a reasonable way to earn extra income in a manner that still provides them with the ability to use their second home when they want.

Short-term vacation rentals play a pivotal role in San Diego's economy. In 2017 alone, the city says, vacation rentals and third-party online hosting platforms contributed \$21.2 million to the general fund, which went toward paying for things such as road repair, emergency services and schools. Shortterm vacation rentals also offer lowcost alternatives so that traveling families can avoid renting multiple hotel rooms, eating at expensive restaurants for breakfast, lunch and dinner, and the many other expenses that come with traditional travel. Instead, shortterm vacation rentals represent an option that keeps families together, allows homeowners to earn extra income and has an economic impact of nearly half a billion dollars. That's real money that stays within our community.

As we've seen in our beach areas, especially Mission Beach, where vacation rentals have existed for decades, short-term vacation rentals are an important economic driver and help keep our beaches accessible for families and tourists. Extreme policies such as outright bans might sound good to a few but have no chance of holding up at the California Coastal Commission level, which continues to strike down burdensome regulations — even as recently as May 10 during its review of Santa Barbara County's restrictive ordinance.

Let's face it — short-term vacation rentals are here to stay. Just like Amazon and Uber, which faced similar criticisms at first, the technology-driven world we live in is dynamic. The answer is not to fight progress or adopt superficial regulatory barriers or bans that cannot be enforced. Instead, we should support common sense solutions that generate revenue to appropriately enforce and eliminate "bad actors" that are not sensitive to our local communities.

Any ban on whole-home vacation rentals would severely damage San Diego's thriving tourist economy, trample on personal property rights and most importantly, be ineffective and unenforceable.

Our council and mayor have put countless hours into developing a resolution to this very important issue. I would suggest that before anyone decide on this matter, they take the time to research all sides and not simply use this as an opportunity to try to score political points.

—Jonah Mechanic is a resident of La Jolla and president of Share San Diego, a collection of homeowners, property rights advocates and rental

FROM PAGE 4 STAND DOWN

the Veterans Village of San Diego in 2005. Refusing to accept America's overwhelming number of homeless veterans as acceptable, Stand Down was conceived "for veterans, by veterans" to bridge the "physical and psychological barriers between service providers and recipients."

The Vietnam Veterans of San Diego was established eight years prior to Stand Down. In 1981, Vietnam veterans Jack Lyon, Bill Mahedy, Randy Waite, Paul Grasso, and Russ Kelly planned a "combat assault" on the VA during a counseling session in response to the medical and psychological care awarded — or lack thereof — to their Vietnam comrades.

Moderator Father William Maheday, who just happened to be an Army chaplain, suggested channeling their anger into positive action. And indeed they did, giving birth to the Vietnam Veterans of San Diego.

In 1988, Robert Van
Keuren, the organization's
then-executive director, became concerned about the increasing number of homeless
veterans seeking services.
Tapping into his Vietnam
War "stand down" respite, he
— along with Jon Nachison,
the nonprofit's then-clinical
director — initiated the first
Stand Down event geared to
aid homeless veterans. Now
more than 300 Stand Downs



Veterans celebrating at the graduation ceremony last year (Photo by Susan Kim)

occur nationwide every

Last year, 718 out of 853 total participants were veterans. Stand Down is described as an opportunity for transformation. Staff and volunteers believe that the human spirit will triumph over extraordinary odds.

"Stand Down is one of the most meaningful three days I've ever experienced," Mitchell concluded.

"Everyone, everyone is forever changed by their experience at Stand Down," Pavich echoed.

Participants can pre-register online. Transportation to the event is also provided. For more information about the event, visit vvsd.net/ stand-down.

—Reach Lucia Viti at luciaviti@roadrunner.com.❖

Honoring those that serve

Notes from Toni Toni G. Atkins



San Diego is home to an array of talented, hard-working, conscientious people who are dedicated to growing our economy, improving our quality of life and helping others in need. And throughout June, I'll have the privilege of honoring some of our residents, organizations and businesses for their contributions.

First, on June 6, I recognized ElderHelp as my choice for Nonprofit of the Year in Senate District 39. Californians are living longer, and the oldest baby boomers are now in their 70s. We need organizations dedicated to serving this "Silver Tsunami," and San Diego's ElderHelp is one of the best.

Led by CEO and Executive Director Deborah Martin and her talented staff, ElderHelp's purpose is to make it easier for seniors to remain in their own homes, providing services like care management and coordination, housing assistance such as roommate matching and affordable-housing navigation, transportation to medical and non-medical appointments, caregiver support and daily check-in calls.

The organization served more than 7,000 seniors in the most recent fiscal year

and enrolled 123 volunteers, a 21 percent increase over the previous year. Those volunteers logged more than 11,000 hours helping clients. Some 60 percent of new program participants were placed in affordable housing.

Next, on June 19, I will honor i.d.e.a. as my choice for the 39th District's Small Business of the Year. Led by founders Indra Gardiner Bowers and Jon Bailey, i.d.e.a. has been a leading creative agency in San Diego for the past six years, helping clients such as Qualcomm, Splat, Harrah's and Curio Hotels connect with the public.

But for i.d.e.a., it's not just a business for profit. They have a strong community ethic, as well, having been named a Certified B Corporation, which requires meeting rigorous standards for social, community and environmental responsibility. For example, i.d.e.a. partnered with Father Joe's Villages, which serves homeless San Diegans, to alter the public perception of homelessness from people being a problem to people being seen as who they are: people.

In addition to recognizing i.d.e.a in a ceremony in Sacramento, I will be honoring a number of great small businesses located throughout my district at a local event on June 21.

Finally, my pick for Veteran of the Year in the 39th District will be feted on June 20 — and that veteran is Veronica Zerrer. Retired U.S. Army Major Zerrer was active in the U.S. Navy from 1976 to 1980, serving as a cryptologic technician, and then in the Army from 1980 to 1998, as a cavalry scout, platoon leader, company commander and staff officer while assigned to the 1st Infantry and the 35th Infantry divisions.

After active duty, she served in the Reserves and embarked on a civilian career in social services and government. She has managed a shelter for people experiencing homelessness, a home-maintenance program for seniors and traffic-safety projects for the state of Kansas. She also worked as the tribal grant writer for the Prairie Band Potawatomi Nation and was the director of development for the Orange County, California LGBT Community Center.

Having relocated to San Diego, she is the president of the board of directors for both The Neutral Corner, Inc., San Diego's longest active transgender education organization, and TransFamily Support Services, a nonprofit devoted to supporting transgender youth and their families.

I am pleased to honor these incredible San Diegans and thank them for their considerable contributions to our communities.

—Toni G. Atkins represents the 39th District in the California Senate. Follow her on Twitter @SenToniAtkins.*

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Call **1-800-HOMELESS** or visit **NEIGHBOR.ORG** to schedule your free vehicle pick-up.





This year's annual Pride brew is a collaboration between Ballast Point Brewing and **Hillcrest Brewing Company** (HBC). Described as a "cucumber lager," the newly released product is made with German hops and Bock yeast. Brewers Kelly Tidwell of Ballast and Clinton Shaver of

The much-anticipated gelato shop that looks like a dry cleaners has opened in North Park under the misleading title, An's Dry Cleaning. Many of the signature flavors are named after linens such as chiffon (strawberry-ginger), poplin (cucumber, lime and mint), and silk (almong-sage). The gelatos are scratch-made in small batches and use locally sourced ingredients. 3017 Adams Ave., 619-450-6166, adcgelato.com.

HBC began working on the recipe earlier this year at Ballast Point's brewing facility. It is available at Ballast Point locations (ballastpoint.com) and HBC (1458 University Ave., hillcrestbrewingcompany.com). Consumers can also find it at various West Hollywood bars starting June 10.



Cotton candy ice cream sandies are among the new, outrageous foods at the San Diego County Fair. (Photo courtesy of Del Mar Fairgrounds)

Forget acai bowls and kale salads if you're delving into the newest foods at the San Diego County Fair, which opened June 1 and continues through July 4. This year's

lineup includes deep-fried filet mignon, which pales in sinfulness compared to items such as spaghetti and cheese compacted into the shape of donuts; bacon-wrapped baklava; chocolate-flavored pasta served in red velvet waffle bowls; lasagna nachos; ramen burritos; and unicorn cotton-candy ice cream sandwiches.

On the liquid side of things, there will be plenty of suds and spirits for the tasting as the grounds make way for the San Diego International Beer Festival (June 15-17) and the Distilled Spirit and Cocktail Festival (June 23). 2260 Jimmy Durante Blvd., Del Mar, 858-755-1161, sdfair.com.

The chic, little cafe in Hillcrest formerly known as The Kouch is now called Bardo Lounge. Its recent re-branding has resulted in more options for breakfast and lunch as well as a "lightened up" motif in Pride rainbow colors — but in pastels, according to manager Jack Castillo.

In addition to beer, wine, cocktails and coffee, the menu includes colorful "ombre" pancakes, tacos, quesadillas, salads, and more. There are also two types of multigrain toast; the LGBT sandwich is topped with guacamole, bacon, lettuce and tomatoes.

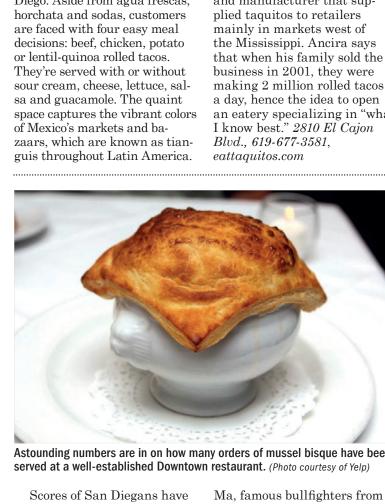
For \$8 you can score two fish tacos and a Modelo beer at any time during regular operating hours. 3852 Fourth Ave., 619-269-5729, bardolounge.com.



A colorful eatery specializing in rolled tacos has opened in North Park. (Photo courtesy of Alandra Chavarria

The new El Tianguis in North Park has one of the most straightforward menus of any Mexican eatery in San Diego. Aside from agua frescas, sour cream, cheese, lettuce, sal-

The eatery is owned by Oscar Ancira, whose family founded the highly successful Deli Mex, a wholesaler and manufacturer that supplied taquitos to retailers mainly in markets west of the Mississippi. Ancira says that when his family sold the business in 2001, they were making 2 million rolled tacos a day, hence the idea to open an eatery specializing in "what I know best." 2810 El Cajon Blvd., 619-677-3581, eattaquitos.com



Astounding numbers are in on how many orders of mussel bisque have been served at a well-established Downtown restaurant. (Photo courtesy of Yelp)

contributed to the latest tally of mussel bisque orders served at Dobson's Bar & Restaurant since it opened in 1984. According to head chef Martin San Roman, records show that 1.1 million servings have been

The famed pastry-crowned bisque, which receives a generous pour of sherry when it's served, has sated the likes of President Bill Clinton, world-renowned cellist Yo-Yo

Mexico and other luminaries. Of late, San Romano says he sells up to 700 orders per week. As for the origin of the recipe, the restaurant's founder, Paul Dobson, obtained it decades ago from a bistro in Normandy, France. 956 Broadway Circle, 619-231-6771, dobsons restaurant.com.

-Frank Sabatini Jr. can be reached at fsabatini@san.rr.com.*





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DINING San Diego Uptown News | June 15 - 28, 2018

'Check engine soon'

A pricey vehicle repair leads to a cheap poultry fest

Restaurant **Review**

Frank Sabatini Jr.

It was the gloomiest of mornings. May gray hung thickly overhead as I rolled in to my least favorite environment on earth — an auto repair garage. I needed a smog test, and because the check engine light on my dashboard was illuminated, I was required to replace the "fuel composite sensor" in order to pass the test. The price tag: about \$850.

Feeling angry and conflicted over the regulations that keep our air breathable, I wandered aimlessly onto nearby El Cajon Boulevard while the mechanics performed their expensive sorcery. Finding a bag of hundred-dollar bills or a shoulder to cry on would have been divine. Instead, comfort came through a consoling meal at the historic San Diego Chicken Pie Shop.

I hadn't eaten here since 2012, when the eatery's famous chicken pie dinner was an easy \$7.50. They've gone up a painless notch to \$9.99; the meal still includes the savory pie filled with both chicken and turkey, with the yellowish gravy draping it, plus whipped potatoes, vegetables, a biscuit, and a slice of fruit or cream pie to boot.

Even though it was only 10:30 a.m., the meal felt like a sympathetic back rub rather than something I'd scarf down indifferently for lunch or

The pie shop originally opened in Downtown in 1938. Its founder, the late George Whitehead, moved the business to Fifth Avenue and Robinson Street in Hillcrest in the 1940s. It eventually became so popular that it ended up moving to its current, much-larger space in North Park nearly 30 years ago.

Townsend purchased the business from Whitehead and ran it until their passing. Today, their sons Bob and Chris, and their respective wives, Lisa and Amanda, run the show. Through it all, the recipes for most items — pie crusts, the fillings (both savory and sweet), gravy, and coleslaw — haven't changed in the shop's 80-year

Relatively new is the availability of bottled craft beer and wines by the glass. Breakfast "all day" has also been added. The succinct offerings include pancakes, Belgian waffles (with or without chicken), and a chicken pie topped with eggs and gravy called "the neighborhood grind." It's served with hash browns and bacon or sausage — and should probably include a week's worth of statins.

The second you start comparing the Pie Shop's food to contemporary cuisine, you've set the stage for disappointment. Everything about the place is the antithesis of hip from the homey décor and the middle-age waitresses pushing around their rattling food carts to the lack of culinary surprises, in what boils down to sustenance straight out of a Betty Crocker cookbook.

Otherwise you're in for a palatable good time amid dozens of ceramic chickens perched around the dining room. There used to be more — 124 to be exact — but the shop's insurance carrier recommended they be caged up inside a display hutch near the entrance in case of an earthquake.

The chickens and turkeys used in the pies are pressure-cooked. Their drippings are captured for making the gravy, which isn't as salty or insipid as you might expect. Also, I've found the meat inside these poultry pies to be consistently tender. The kitchen makes between 700 and 900 of them a day, according to general manager Lisa Townsend. She added its three-day anniversary celebration last month.

San Diego Chicken Pie Shop

2633 El Cajon Blvd. North Park 619-295-0156 chickenpieshops.com Prices: Soups and salads, \$2.59 to \$11.79 sandwiches, \$8.29 to \$12.59 chicken pies (a la carte), \$1.99 and \$3.99 dinners, \$9.99 to \$14.99 breakfast plates, \$7.59 to \$12.99

had previously caught my eye. I brought along my spouse, who ordered the day's special: sirloin tips with standard button mushrooms in dark, viscous gravy.

Served with corn and slaw, the meal played right into the eatery's great ability to resist decades of culinary changes and snobbery. It was hearty and flavorful, the kind of all-American grub trendy chefs might throw off kilter with alternations like waygu beef, kale coleslaw and enoki mushrooms.

I was forewarned by our brusque but efficient waitress about the corned beef in the Reuben. It's chopped into small julienne strips and blended in messy fashion with the sauerkraut. Not bad, but I prefer the meat stacked in thin, wavy slices, separate from the sauerkraut.

A slice of dessert pie came with the sirloin special, just as on any given day are vast, ranging from apple and bluecream. The latter was fluffy stickler for the cherry because er than overly cloying.



The iconic eatery found its third home in 1990 on El Cajon Boulevard. (Photos by Frank Sabatini Jr.)

Starts Sunday

shop now offers taco Tuesday, when you can indulge in three rolled chicken tacos or two fish tacos, with rice and beans, for a total of \$9.65.

Maybe next time. Although probably never — since I'm now pretty much stuck within that 85 percent of customers who Townsend says arrive clucking

for the chicken pies and nothing else.

-Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press), and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. Reach him at fsabatini@san.rr.com.



10 San Diego Uptown News | June 15 - 28, 2018 DINING sdcnn.com

A quaint daiquiri with a muscular punch

Come On Get Happy!

Dr. Ink

As the name implies, you can bet your equilibrium that the cocktails at Hundred Proof aren't for lightweights. This isn't to say that every drink rings in at 100 proof, but there are plenty of robust, high-quality liquors that find their way into your glass.

Hundred Proof is the boozy offshoot to nearby Trust, which also has a solid cocktail program but operates more as a restaurant. Both establishments are part of the same restaurant group co-owned by acclaimed chef Brad Wise. (A third venture is in the pipeline for Mission Hills, a restaurant due to open in the fall.)

In my most recent happy hour visit to Hundred Proof, I got somewhat sloshed over a hand-shaken daiquiri served in a cute, little tulip glass. All cocktails during this time are \$7, and my plan was to encroach on one or two others afterwards.

That didn't happen. The daiquiri uses two types of rum by Hamilton: the "navy strength" and the "86." Both are high-octane and offer teasing notes of caramel and raisins. Compared to white rums used in traditional daiquiris, the Hamilton brand turns the drink into an adorable copper color.

A succinct selection of craft

Hundred Proof

4130 Park Blvd.
University Heights
619-501-6404
hundredproofsd.com
Happy Hour: 3 to 6 p.m.,
Monday through Friday

beer and wines by the glass are also in the offing during happy hour. They're priced at \$5 and \$6, respectively. But based on my observations, most customers gravitate to the almighty cocktails—at least during happy hour.

The big sellers, according to one of the fast-moving bartenders, are "the pink drinks," which mix locally produced gin by You & Yours with Campari, grapefruit and lemon.

The spicy "Trust #2" is also favored by the down-to-earth sophisticates who frequent the place. Invented at Trust, it features jalapeno-infused tequila, agave, citrus and Firewater Bitters. I had it a few months ago and loved its sexy tongue sting.

All "provisions" from the regular menu are \$2 off during happy hour. A couple visits ago, I shared with a friend the wildly delicious beet hummus, which combines pureed chickpeas and red beets with pistachios, green onions and crumbled feta. With the discount, I paid \$9, which included grilled pita bread for dipping.

Before the evening rush



Hundred Proof is the party-happy sibling to nearby Trust restaurant

descends, Hundred Proof offers lots of wiggle room to stretch out and drink. In addition to a large bar, there are comfy booths, high tops and patio tables.

And if you're wondering who the sultry woman is wearing a tuxedo and with a cigarette hanging from her mouth in the blown-up photo on the back wall, it's movie legend Marlene Dietrich.

"Only four or five people out of 100 know who it is," said the bartender as he conjured up a round of plucky cocktails for a trio of first-time customers, who enthusiastically buckled in for their plunge into this fun and inviting happy hour.

RATINGS

Drinks: TTTT

The daiquiri 86 was excellent, a departure from the classic version made normally with white rum. This was darker with mild caramel notes stemming from Hamilton 86 rum.

Food: IIIII

The roasted beet hummus with green onions and pistachios makes for a hearty nosh. It's among a host of elevated choices that also include steamed mussels, oyster-zucchini fritters, Korean-style chicken thighs and more.

Value: I I I I

Discounts on cocktails, beer and wine run deeper than the food. Their prices range between \$5 and \$7 during happy hour while the "provisions" average \$10 per dish.

Service: TYTY

Two friendly and attentive bartenders on duty didn't leave customers waiting for their drinks.

Atmosphere: TTTTT

The daytime atmosphere is bright and airy, thanks to accordion windows that allow the natural light to flood in. The spacious L-shaped bar and front patio are accommodating, and the overall design exudes a stylish yet unpretentious vibe.

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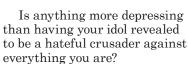


The must-try beet hummus

Renouncing an idol

Theater Review

Jean Lowerison



In the world premiere of Gordon Leary and Julia Meinwald's musical "The Loneliest Girl in the World," Tommy — a gay fan of Anita Bryant — has a difficult time renouncing Anita even as he watches her transformation from second runner-up in Miss America 1959 to pop recording star to purveyor of orange juice - and finally into a virulent anti-gay crusader peddling the nonsense that since gays cannot biologically reproduce, "they must recruit our children."

"The Loneliest Girl in the World" has just been extended through July 1 at Diversionary Theatre, where it's well directed by Diversionary's Artistic Director Matt M. Morrow.

Anita Bryant (the formidable Allison Spratt Pearce) isn't one for small moves. She calls

'The Loneliest Girl in the World'

Runs through July 1 Diversionary Theatre 4545 Park Blvd. University Heights

Thursdays at 7 p.m. Fridays and Saturdays at 8 p.m. Sundays at 2 p.m.

Tickets: 619-220-0097 or diversionary.org

herself "The Loneliest Girl in the World" and wants to be noticed. She thought the Miss America crown would be her springboard to fame. But when she lost, it was back to the drawing board. Meeting Miami DJ Bob Green (Steve Gouveia) and marrying him in 1960 was her entree to recording fame, illustrated in her song "Make Me a Star."



Anita Bryant (Allison Spratt Pearce) is ready for her close-up (Photos courtesy of Simpatika)

Tommy (Sam Heldt), a young closeted gay with his own identity issues, fell in love with the recording star Anita, but he also identified with her outsider status. "You didn't look like you belonged, and that's why I loved you from the start," he says.

But when Tommy dons an apron and lipstick to watch Anita on TV, his horrified mother (Marci Anne Wuebben) orders him to take them off "before your father gets home!"

Tommy continues to follow Anita's recording career and begins frequenting a record shop, looking for Anita's latest album. There, he meets future life partner Kyle (Shaun Tuazon), who doesn't understand Tommy's interest in Anita. But their "Twin Bed" duet is a charmer.

Anita is spurred on —
"haunted" might be a better
word — by occasional vignettes of Mary Ann Mobley
(the delightful Lauren King
Thompson), who took the
Miss America crown from her.
Mobley shows up to rub salt in
the wound by announcing the
film and TV shows she's in,
while Anita makes Holiday Inn
and orange juice commercials.

Anita hits her stride when she goes back to her fundamentalist roots and begins an anti-gay campaign, "Save Our Children," that would have far-reaching effects ... until it didn't anymore.

Pearce, one of the finest singers around, shows again — with a nuanced performance, powerful

vocals and mastery of this difficult music — why she is in such demand on the musical stage.

"Loneliest Girl" takes place on Robin Sanford Roberts' garish green and orange set reminiscent of "Romper Room," with six squarish holes for such things as TV screens, faces to appear, an oven door, etc. There are more than 20 small, white light bulbs and two curtained exits.

The four-man band on stage right cranks out plenty of sound — too much on opening night, in fact, for the unfamiliar songs whose clever lyrics we wanted to hear.

Heldt's Tommy is an engaging character with a lovely voice, especially on "Sing Me the Songs." He and Shaun Tuazon's Kyle make a good

counterpoint for each other; Tuazon shows his versatility in a variety of other roles as well.

Anita Bryant dropped out of the public eye shortly after she campaigned for California's Briggs amendment in 1978, which would have made pro-gay statements regarding homosexual people or homosexuality by any public school employee cause for dismissal. It went down to massive defeat at the polls.

But give her anti-gay campaign credit for helping to launch the gay rights movement that continues to this day.

—Jean Lowerison is a long-standing member of the San Diego Theatre Critics Circle and can be reached at infodame@cox.net.*



Tommy (Sam Heldt) idolizes Anita



"The Loneliest Girl in the World" runs through July 1 at Diversionary Theatre.

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Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

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Puzzle answers on page 13

Uptown Crossword

Classics

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PUZZLE ANSWERS

Sudoku Puzzle from page 12

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FROM PAGE 12 **CLASSIFIEDS**

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FROM PAGE 1 **UPTOWN PLANNERS**

Lotfi and the city have been working with the Friends of Maple Canyon, a subset of San Diego Canyonlands, on the project. Roy, a Bankers Hill resident and representative from the group, also attended the meeting and expressed his

The scope of the project includes extension of the pipeline, expansion of the placement of the inlets, and installing energy dissipaters to slow down the velocity of water runoff to minimize the erosion of the canyon. The city has completed the full design and is seeking recommendation to move forward with planning process; construction is slated to begin in early 2020 and be completed by the end of 2021.

Board chair Leo Wilson expressed concern from nearby homeowners about the grading and restoration of the natural habitat, as well as the impact installing the new pipes will have on the trees in the area.

"Unfortunately, there will be some trees — because of the alignment of the pipeline going through — that may not make it because the roots will be too damaged to be stabilized to remain in place," Lotfi said.

"But we have an extensive revegetation plan and we are required to replace those trees that have been lost to the maximum extent as possible," she continued, adding that they have surpassed the minimum requirements to maintain the area and replenish the biomass.

She also noted that though they tried to redesign the project to keep those trees in place, any plan will require some tree removal. However, Roy added that the current realignment will not affect any valuable trees, such as the six native oaks; most of the trees removed will be small eucalyptus and California pepper trees. Only one jacaranda will have to be sacrificed.

Other board and public comments included an inquiry of potential relocation of the trees to places such as the San Diego Zoo; encouragement to coordinate with the Climate Action Plan representatives on deciding what revegetation to plant; suggestion to work with designers to ensure the redesign looks natural, rather than engineered with massive concrete elements: and appreciation that the project is working with local groups who "are significant stakeholders and really do know that area their backyards — better than the city does."

The second phase, which will begin following approval of phase one, will restore the streambed and take care of any erosion that has already occurred to try to restore it to the natural state.

Following the presentation, the meeting focus shifted indoors. Housing Development Partners (HDP) — a nonprofit affiliate of the San Diego Housing Commission (SDHC) who serves as "the development

arm" of the city commission offered an overview of their upcoming rehabilitation and affordable housing project, which was presented by senior project manager Josh Hoffman.

In December 2017, SDHC acquired the 1830 and 1840 Fourth Ave. properties in Bankers Hill/Park West and transferred the projects to HDP. These two buildings will soon be rehabilitated and become affordable housing, partially supported by Section 8 supplements. Formerly, the properties operated as hotels: the 47-unit complex West Park Inn and 91-unit complex Quality Inn.

Currently, each former hotel-style room has its own private bath, shower, and small closet; some include compact kitchens. Major renovations for the units, which are over 30 years old, will include: repairment and upgrades to roofs, mechanical, electrical and plumbing systems; restoration of the building's exterior; updates to shared common areas; attaching kitchenettes to as many apartments as possible; and adding a new social services space at the former Quality Inn location.

'This is sort of a refresh of an existing resources thing neglected for a long time, and will be preserved for the next 65 years," Hoffman said.

An open courtyard space and a residential lobby will also be included in the redesign. One community member suggested also incorporating "user-friendly sharable transportation options" to accommodate disabled and senior residents.

The project will offer lowcost housing to those making 80 percent or less of area median income (AMI); however, this is the highest threshold, and Hoffman noted they will likely serve much lower income levels.

The population identified for these permanent, supportive housing units at 1830 Fourth Ave. will be homeless, low-income seniors. HDP will work with nonprofits — such as St. Paul's PACE and Serving Seniors — to find tenants.

In addition to seniors, the larger 1840 Fourth Ave. property will accommodate veterans and foster care youth (ages 15 to 20) who are exiting the system.

All units will require a one-year lease. Construction "has an aggressive schedule," expected to start at the end of 2018, with a year of turnaround time.

Both groups are expected to return to the board to present with more information; Maple Canyon Restoration Project plan to present again in August and HDP/SDHC in September. Hoffman noted that the HDP will also present the project at the Bankers Hill Community Planning Group on

Uptown Planners meets on the first Tuesday of the month but will take a hiatus in July; the next meeting will be held on Aug. 7 at the Joyce Beers Community Center.

—Reach Sara Butler at sara@sdcnn.com. *

Talk like a tradesman

HouseCalls Michael Good

If it seems your contractor is speaking another language, that's because, well, they are.

Many of the words used by builders today are hundreds, or even thousands, of years old. Some have their origins in the days of the guilds that jealously guarded the secret practices, formulas and methods involved in making plaster or paint or joinery or finishes. Others are as old as the Parthenon — which may explain why it all sounds like Greek to you.

But that doesn't mean you can't learn the lingo; the terms

are now available for all to know. And if you hope to restore your Craftsman, you are going to have to talk like a craftsman.

To that end, here's a short guide to Contractor Speak. For a more complete introduction, pick up a copy of Francis D.K. Ching's "A Visual Dictionary of Architecture," an illustrated guide to all things architectural, including arcane names for archaic house parts.

Apron: Not to be confused with the shop apron (an item of clothing) or the theater apron (the portion of the stage that extends beyond the curtain line), this horizontal flat piece of trim molding sits directly

beneath the stool. The apron, side casings and cabinet head all form the bottom part of the wood trim that visually frames the window.

Casement: A window sash that opens on hinges mounted on its left or right side, which can swing in or out.

Coped joint: A way of joining two pieces of wood that adapts one molding shape to the other. It masks any movement that occurs as the molding — and house — expands and contracts. Requires a modicum of skill and patience, as well as a hand tool with a thin blade called a "coping saw."

Classical Orders: The Greeks were obsessed with the concept of "order." In architecture, order, according to Ching, is "a condition of logical, harmonious or comprehensive arrangement."

In the early days of the republic, American architects and builders followed the classical order. That's why the houses we now call "Colonial" resemble Greek temples on the outside. On the inside, classical stone elements from Greek and Roman facades were adapted in wood for the door and window molding.

Craftsman- and Prairiestyle designers adapted the classical order to their needs. Today, we still use many of the classical terms, such as column, capital and cornice. And



A double-hung bow window in a Prairie-style house, showing the apron, stool, casings, and cabinet head with dentil molding (Photos by Michael Good)

inside the wall. It was the most common type of window in the first two decades of the 20th century.

Heart: The older center of the tree — no longer alive — that produces the densest, knot-free, and most desirable lumber for clear-finished interior molding and built-ins. In old houses, heartwood comes from "Old Growth" trees, meaning forests that predate modern logging.

Hollow clay tile: A little-known but frequently used building material resembling a concrete block, but made from Frost Hardwood, which back in the day milled some of the trim used in San Diego bungalows.

Mullion: A vertical stick of wood between panes of glass.

Muntin: A milled piece of wood with a groove — or "rabbet"— that holds a pane of glass in a window. A mullion is a muntin, but not all muntins are mullions.

Original: Any part of an old house that was present when construction was finished and the Notice of Completion was filed. This can also refer to anything that the contractor wants you to save.

Rail: A horizontal element — often made of wood— such as a picture rail, plate rail or handrail. In windows and doors, the rail's companion member is the stile, which is vertical.

Rustication: In early-20th-century houses, this is any process that results in something new looking old, such as a beam in a 1920s Spanish-style house that has been hacked with various tools to appear roughly made and centuries old.

Sash: The frame, usually wood in old houses, that holds the glass windowpane. It can be movable or fixed.

Skirt: Another name for the apron. But if you want to appear cool, call it the apron. And you'll only wear your apron when you're alone in the shop—not on the job site.

—Contact Michael Good at housecallssdun@gmail.com.*



Rail and stile door, restored by San Diego Sash







Rusticated beam from a 1920s Spanish house, restored by Craftsman Wood Refinishing

while most contractors can't tell their fascia from their scotia, a knowledgeable preservation carpenter knows how to restore a "sense of order" to a house that has lost its original design.

Dentil: A tooth-shaped decorative element, adapted in Queen Anne, in Craftsman and Prairie houses from the Ionic, Corinthian and Composite cornices. The name is derived from the Latin word for tooth.

Dovetail: A lap dovetail or half-blind dovetail joint is composed of interlocking wedge shapes made to be invisible on one side, such as the front of a drawer. It is a superior and time-consuming way of joining two pieces of wood, and its presence usually means the carpenter was highly skilled, and that the owner, builder or architect cared about the details.

Double hung: A window composed of two vertically sliding sashes in adjacent tracks, separated by a thin parting bead and hung from ropes suspended by pulleys, and usually balanced by counterweights that are hidden in channels high-fired clay that is structurally strong and durable. When covered with plaster, hollow clay tile was widely used for bungalow porches, and sometimes present in the stucco-covered Prairie- and Spanish-style houses by builders such as Nathan Rigdon and Ralph Hurlburt.

Miter: A joint formed by two pieces of molding each cut at an angle, usually 45 degrees. Mitered joints for window casings are more common for Spanish- and Tudor-style interiors.

Molding profile: Think of the profile of a face. Despite efforts by millwork shops in the late 19th century to standardize them, there are hundreds of molding shapes. These profiles are composed of eight principal shapes: scotia, cavetto, ogee, reverse ogee, astragal, torus, ovolo and fillet.

Greek moldings are based on the ellipse; Roman moldings on the circle. Although many molding profiles from the last century are no longer mass-produced, most can be recreated by

UPTOWN CALENDAR

ONGOING EVENTS

'A Thousand Splendid Suns' at Old Globe Through June 17

The Old Globe presents a production detailing the epic story of three generations of Afghan women and their remarkable resilience. The show is a theatrical adaptation of the best-selling novel by Khaled Hosseini, "The Kite Runner." \$30–\$88. 8 p.m. at The Old Globe, 1363 Old Globe Way. Visit bit.ly/2jg8B1r.

'Hippie Days' at North Park Theatre Through June 17

GB Productions presents their annual melodrama set in a 1968 hippie commune. There will be a hippie clothes contest each night. \$11–\$14. 8 p.m. at North Park Vaudeville & Candy Shoppe Performance Art Theatre, 2031 El Cajon Blvd. Visit bit.ly/2sh05Um.

'The Year of the Woman: An Original Sketch Comedy' Through July 23

"The Year of the Woman (?): An Original Sketch Comedy" — Black Kat's latest production — offers an entertaining perspective on issues facing women today including wage inequality, gender stereotypes and their role in the workplace. Directed by Tisha Tumangan and written by Kathryn Schellinger. \$16. 18 and up. 7:30 p.m. at The Women's Museum of California, Liberty Station. Visit bit.ly/2JJYT6x.

'Native Gardens' at Old Globe Through June 24

Young power couple Pablo and Tania purchase an upscale house in a historic neighborhood. But a disagreement with their next-door neighbors Virginia and Frank soon spirals into an all-out war of taste, class, and gardening. \$30. Various dates and times at Old Globe, 1363 Old Globe Way. Visit bit.ly/2scyALq.

'Romeo, Romeo and Juliet' at Moxie Theatre Through July 8

What happens when Shakespeare's iconic, star-crossed lovers get a third wheel? Find out Roustabouts Theatre Co.'s production of "Romeo, Romeo and Juliet" playing at Moxie. Dates and times vary. Moxie Theatre, 6663 El Cajon Blvd. Visit bit.ly/2sPC2wx.

'Epic Tales from Ancient India' at SDMA

Through Aug. 31

The San Diego Museum of Art in Balboa Park hosts "Epic Tales from Ancient India," an exhibit with more than 90 Edwin Binney 3rd Collection of Indian paintings. Spanning the 16th through 19th centuries, traditional stories showcased include the Bhagavata Purana, Ramayana, Ragamala and works of Persian literature. \$8–\$15; 17 and under free. Times vary. Closed on Wednesdays. 1450 El Prado, Balboa Park. Visit bit.ly/2JK4oCd.

Food Truck Fridays Through Sept. 28

Kick off your summer weekends every Friday evening at Balboa Park's after-hours event. Visitors of all ages can enjoy live entertainment while eating dishes from a rotating selection of more than a dozen food trucks. Free. 4–8 p.m. at Plaza de Panama in Balboa Park. Visit bit.ly/2Bfr74N.

FEATURED EVENTS





The Wild Fires at Soda Bar

Hard-rock band The Wild Fires performs with TGRDN and EMAEL. \$8. 21 and up. 8:30 p.m. at Soda Bar, 3615 El Cajon Blvd. Visit bit.ly/2LEU9MS.





Post Animal at Soda Bar

Psychedelic-rock band Post Animal performs with Slow Pulp and Los Shadows. \$8. 21 and up. 8:30 p.m. at Soda Bar, 3615 El Cajon Blvd. Visit bit.ly/2HH6767.





Business Mixer at Kensington Brewing

The Kensington Talmadge Business Association (KTBA) will be hosting its next mixer at the Kensington Brewing Company. The mixer is co-hosted by lime1 Design. Free for KTBA members; \$20 for non-members. 5:30–7:30 p.m. at Kensington Brewing Company, 4067 Adams Ave. RSVP by June 15. Visit kentalbiz.org/events.



Tim Pyles presents

Sarah Rogo at The Merrow 91X Loudspeaker's Tim Pyles presents a night of live local music, featuring performances by Golden Hour, Sarah Rogo and Brave Spirits. \$5. 21 and up. 8 p.m. at The Merrow, 1271 University Ave. Visit bit.ly/2HJ7Zvq.



Business for Good Summer Mixer

In honor of World Refugee Day, Business for Good San Diego will hold a summer mixer to celebrate immigrants and refugees over Syrian food. Free. 5–7 p.m. at Suri Market and Restaurant, 461 El Cajon Blvd. Visit bit.ly/2JNel1Q.



Men I Trust at Casbah Indie-dance band Men I Trust performs with Anemone. \$12– \$15. 21 and up. 8:30 p.m. at 2501 Kettner Blvd. Visit bit.ly/2HEo4m1.



Eric Paslay at Observatory

Country music singer-songwriter Eric Paslay performs. \$15. All ages. 8 p.m. at Observatory North Park, 2891 University Ave. Visit bit.ly/2LGGTXW.





Regional Bike Summit at MOPA

The San Diego Bike Coalition will host a three-day Regional Bike Summit to bring together bike advocates, elected officials and San Diego residents. Times vary. Through June 23. Times vary. The Museum of Photographic Arts, 1649 El Prado, Balboa Park. Visit bit.ly/SDbikesummit.



Summer Solstice Party

With Summer Solstice right around the corner, North Park Thursday Market will kick off its summer season with a neighborhood celebration. The event features live music from Miss Erika Davis, interactive activities for kids, tastings from local chefs, a craft beer garden, and more. Free. 3–8 p.m. Free at North Park Thursday Market, 3000 North Park Way. Visit bit.ly/2MthClo.





'High-Key Color' at San Diego Art Institute

'High-Key Color in Southern California" is an art exhibit that showcases local artists who utilize vivid and colorful imagery in their work. Curated by Elizabeth Rooklidge, this exhibit features the work of more than 20 artists, including Michael James Armstrong, Jennifer Anne Bennett, Claudia Cano and Max Daily. Runs through Aug. 12. \$5. 6 p.m. at San Diego Art Institute, 1439 El Prado, Balboa Park. Visit bit.lv/colorsocal



Armors at Space Bar

Alternative band Armors performs with special guests. \$10-\$12. 21 and up. 9 p.m. at Space, 3519 El Cajon Blvd. Visit bit.ly/2HIA3ie.

Long Beach Dub Allstars at Observatory Dub/ska/rock band Long

Dub/ska/rock band Long Beach Dub Allstars performs. \$5. All ages. 8 p.m. at Observatory North Park, 2891 University Ave. Visit bit.ly/2HF0Z2F.



Jungle Fire at Soda Bar

Afro/Latin/funk band The Jungle Fire performs with Sure Fire Soul Ensemble. \$13–\$15. 21 and up. 8:30 p.m. at Soda Bar, 3615 El Cajon Blvd. Visit bit.ly/2HEtgGc.





Taste of Adams Avenue

The annual 18th Taste of event returns to Adams Avenue. From 11 a.m.–3 p.m. Over 40 restaurants, coffee houses, breweries, wine bars, and other eateries will be takings over the Adams Avenue business district. \$35–\$40. 11 a.m.–3 p.m. on Adams Avenue. Visit bit.lv/2JHZ0iT.







Music and art show at Blonde Bar

Blue Monday presents musicians Silent, INUS and Hexa, as well as DJs Camilla Robina and Aaron Wallace. A tattoo industry party will follow, featuring free tattoos by Jesse Valadez, as well as an art show. 1 p.m. at 1808 West Washington St. Visit bit.ly/2sNYyWI.



Grex at The Merrow

Experimental jazz band Grex celebrates their album release and performs with Nicey Nice World and the Grok. \$5. 9 p.m. at The Merrow, 1271 University Ave. Visit bit.ly/2LJFuA7.



Sketch Party & Videodrome at Whistle Stop

Creating sketches and watch videos while enjoying food and drink. Free. 9 p.m. at Whistle Stop Bar, 2236 Fern St. Visit bit.ly/2sPH3Ft.



Ingemar and Snapghost at Soda Bar

Electronic-soul duo Ingemar and Snapphost performs with Pulls (WAS) and Shindigs. Show hosted by Field Trips and Soda Bar. \$6. 21 and up. 8 p.m. at Soda Bar, 3615 El Cajon Blvd. Visit bit.ly/2LGWt5R.



Fear at Observatory

Hardcore-punk band Fear celebrates its 40-year anniversary and performs with Street Dogs, Left Alone, and The Last Gang. \$22-\$25. All ages. 8 p.m. at Observatory North Park, 2891 University Ave. Visit bit.ly/2sNVkCC.

RECURRING EVENTS

Mondays

Lestat's West Open Mic

Weekly open mic event hosted by Robby Robertson every Monday. 6:30–11 p.m. at Lestat's, 3343 Adams Ave. Visit bit.ly/2nWco63.

Tuesdays

Trivia Night at Brew Project

Here's Johnny! Answer five to seven rounds of questions and participate in team challenges for raffles and prizes. Weekly event hosted by Johnny Grant. 7 p.m. The Brew Project, 3683 Fifth Ave., Hillcrest. Visit bit.ly/2HmaogX.

Lestat's West Comedy Night

Weekly comedy night event hosted by Dustin Nickerson every Tuesday. 9–11 p.m. at Lestat's, 3343 Adams Ave. Visit bit.ly/2nWco63.

Thursdays

North Park Thursday Market

Shop more than 90 tents of locally grown produce, artisan grocery items, prepared foods and hand-crafted goods. 3-7:30 p.m. at 3000 North Park Way, stretching from 31st Street to Utah Street, North Park. Visit bit.ly/2H9AItc.

Thursdays at The Ken

San Diego's late-night jazz jam convenes every Thursday night. Hosted by musicians Ian Buss, Robert Dove and Hugo Suarez. \$5. 10 p.m.-1:30 a.m. at The Kensington Club, 4079 Adams Ave. Visit bit. ly/2DFUTwS.

Saturdays

Golden Hill Farmers Market

Stop by the open community space to pick up California Certified Organic Produce from local farmers. 9:30 a.m.-1:30 p.m. at B Street between 27th and 28th streets, Golden Hill. Visit bit.ly/2DHRZrg.

Old Town Saturday Market The street market features

work from local artists including paintings, jewelry, photography and more. Every Saturday and Sunday. 9 a.m.-4:30 p.m. at Harney Street and San Diego Avenue, Old Town. Visit bit.ly/2KvuTYW.

Sundays

Hillcrest Farmers Market

About 175 vendors offer a variety of locally grown fruit, produce, gifts, arts and crafts, flowers, and more. 9 a.m.–2 p.m. on Normal Street between University and Lincoln avenues. Visit bit.ly/2FC4slg.

To view a comprehensive calendar of events happening throughout San Diego, visit our online calendar at bit.ly/2Hl1z9m.

—Compiled by Jess Winans, Jordan Damond and Sara Butler. Email calendar items to sara@sdcnn.com.**







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