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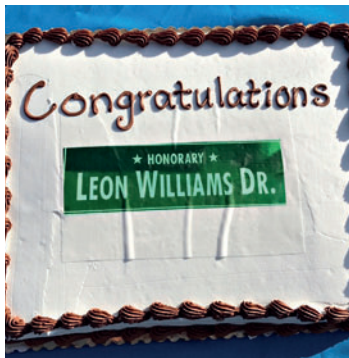
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# San Diego Uptown News



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Street named for political pioneer

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Local woman designs yoga pants

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San Diego Community News Network



A Target Express could replace the vacant Wang's North Park, but will the often-photographed mural painted by Mark Paul Deren, also known as Madsteez, be preserved? (Photo by Ken Williams)

Ken Williams | Editor

News that Target is reportedly negotiating to lease the vacant Wang's North Park building is further evidence that the boom in the North Park neighborhood is far from over.

San Diego Uptown News has learned from three reliable sources that Target officials have been testing the

neighborhood's interest in having the retail giant bring a smaller Target Express store to North Park.

Target officials from the company's Minnesota headquarters did not respond by deadline to two requests made over the past week to comment.

Finding a tenant for the historic Wang's building

— built in 1942 at 3029 University Ave. as a J.C. Penney department store

— has been the No. 1 priority for North Park officials since the restaurant folded in May 2015. Wang's spent \$1.75 million to renovate the building that was vacant from 2008 until the restaurant opened in January 2012.

"This is the building that prior to Wang's hosted Big Lots (Pick n' Save), REI, and J.C. Penney," said René A. Vidales, chair of the North Park Planning Committee (NPPC).

Vidales and NPPC board member Peter Hill are among those who confirmed the rumor

see Target, pg 15

## University Avenue biking lane to gobble up 29 parking meters

Switch to angled stalls nearby to add 48 spaces

Ken Williams | Editor

In Hillcrest, a bustling neighborhood where finding an empty parking stall can be a challenge in the business corridor, any loss of parking spaces is fought tooth and nail. But not so on Oct. 31 when the City Council voted unanimously on a plan that will remove 29 parking spaces along University Avenue to make way for new bike lanes.

The plan had the support of bicycling advocates and Circulate San Diego, and even the Hillcrest Business Association (HBA), which traditionally opposes the removal of parking spots in the business hub.

"I think it certainly is a win-win for the community," District 3 Councilmember Chris Ward said at the council meeting.

"It's projects like this that are going to help breathe new

life into Uptown, increasing ways in which residents can get around town."

Benjamin Nicholls, executive director of the HBA, said the plan is part of a grand compromise involving city officials, bicycling advocates, the HBA and the Uptown Community Parking District (UCPD).

"We have always supported bike lanes that do not result in a net loss of spaces," Nicholls said.

Gerrie Trussell, executive director of the UCPD, said her group was supportive of the plan.

"The Hillcrest Parking Committee, a subcommittee of the Uptown Community Parking District, worked diligently with the Hillcrest Business Association, Mayor Falconer's staff and several city departments to develop this win/win scenario," Trussell said. "It is a



The city will remove 29 parking meters along University Avenue in Hillcrest, from Sixth Avenue eastward to Vermont Street, to construct a bicycle lane. (Google Maps)

good example of encouraging bike paths without sacrificing parking."

What sold the plan was the proposed switch to angle parking on streets near University Avenue. That will result in an additional 48 parking stalls, bringing a net gain of 19 parking spots in the business district.

Circulate San Diego — a nonprofit dedicated to advancing mobility choices such as public transit, biking and walking — applauded the council's decision. The nonprofit is also part of a coalition of 20 organizations behind the Vision Zero campaign to

see Parking, pg 14

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# Street named after political pioneer Leon Williams

By Dave Schwab

Pioneering politician Leon Williams has lived in the same house on the same street in Golden Hill since 1947.

That thoroughfare, the 3000 block of E Street, has now been named Leon Williams Drive honoring the first African-American to serve on the San Diego City Council, and the only one to have served on the San Diego County Board of Supervisors.

On Oct. 20, District 3 Councilmember Chris Ward joined civic leaders and community members in Golden Hill for the dedication of an honorary sign officially designating Leon Williams Drive.

Williams, 95, attended the ceremony.

"It's tremendous being here and being recognized for things that I thought everybody felt," Williams told the gathering. "I thought everybody felt good about everybody, and everybody want to do as much as they could for everybody. I felt that way my whole life."

Williams moved to California from the Oklahoma dustbowl as a child, and served in the U.S. Army Corps of Engineers during World War II. He was among the first African-American students to enroll at San Diego State College (now San Diego State University).

In 1947, he purchased his home on E Street in Golden Hill, becoming the



(l to r) Leon Williams and Councilmember Chris Ward (Courtesy of Chris Ward's office)

first African-American in a white-only community, even when the deed explicitly required a white owner.

Reached by San Diego Uptown News after the street-naming ceremony, Ward noted that Williams is an inspiration to everyone who has followed his lead into public service.

"I know he was a role model for (supervisor) Ron Roberts," Ward said. "It was interesting to see that Ron, who was my

county supervisor, how much he looked up to Leon (even) with all of his public service. It was very touching."

Ward said the example Williams set throughout his long and distinguished career is something every public servant can learn from.

"Leon has always been very humble, gracious and inspiring," Ward said. "I would say Leon is probably two political generations removed from me now. But I am able to sit in my office

and work because I'm learning from the politicians who, in turn, learned from Leon before them."

Added Ward, "I certainly am aware of his (Leon's) mark and his reputation within Golden Hill and the broader community."

Ward pointed out many things Williams did with the county back in the 1980s "set in motion things we are now taking care of today."

During his 37 years in civic life, Williams spurred the dynamic Downtown renewal. His achievements include the fixed-rail trolley to San Diego State University and overall better transit options, and the installation of freeway call boxes to help drivers stranded in a pre-cellphone world.

Williams also led the creation of San Diego's Office of the Public Defender and tougher smoking regulations. He was an early advocate of programs to combat AIDS, and also pushed for robust community-oriented policing.

Williams retired in 2006 after stints on the City Council, the county Board of Supervisors and the Metropolitan Transit System's board of directors.

Ward added there is a common "thread" heard about Williams whenever people talk about him and his political record.

"That thread is one of appreciation for his approach to civility," Ward said. "He was

somebody that treated everyone with respect. He was a role model for all of us to be able to try and emulate during difficult and intense public discussion."

Other public servants chimed in on Williams and his impact on social justice in San Diego.

"Leon is a rare public servant, having served for 37 years in office and advocated for solutions to difficult problems well ahead of his time," state Sen. Toni G. Atkins said. "From championing needle-exchange programs to fight AIDS, to leading on smart growth and smarter transit solutions, he has always been a true champion for the common person."

San Diego Municipal Code Section 125.1130 allows the City Council to recognize the significant contributions by or importance of certain individuals and organizations to the city of San Diego by naming sections of public streets in their honor.

Recognition with an honorary street title is reserved for those that have performed an exemplary act or achievement of lasting interest to their community, which reflects positively on the city of San Diego as a whole.

The honorary renaming policy was adopted in December 2016, and does not change or affect official street names or addresses. Since adoption, streets have been named in honor of Kathleen Harmon, Mark Hamill and Walter Munk.

—Dave Schwab can be reached at [dschwabie@journalist.com](mailto:dschwabie@journalist.com).

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# Homelessness, hepatitis A and the man making a difference

**Ken Williams | Editor**

With a large tattoo creeping up his neck, Jonathan Herrera is not your typical city bureaucrat dressed up in a suit and tie. He readily acknowledges that he is a former gang member who knows the mean streets of San Diego.

These days, Herrera is better known as the senior advisor on homelessness coordination for Mayor Kevin L. Faulconer. He became the “homeless czar” on July 3, when Stacie Spector quit after only seven months on the job. Herrera previously

held the position as the mayor’s director of public safety and neighborhood services.

Herrera spoke about homelessness and the hepatitis A crisis during the public portion of the North Park Community Association board meeting on Oct. 25 at the Lafayette Hotel, Swim Club & Bungalows.

Regarding hepatitis A, Herrera said the first case in the local crisis was identified in November 2016 in El Cajon. Since then, the virus has spread rapidly, sickening more than 500 people and killing 19 in San Diego County.

This is the worst outbreak of hepatitis A this year in the United States, according to federal health officials.

The city issued a directive to combat hepatitis A on Aug. 31, Herrera said, and declared a local public health emergency on Sept. 1.

Vaccination, sanitation and education are the declared strategies to get the epidemic under control, Herrera said.

Almost 70,000 people have already been vaccinated, of which 54,000 are from the “at risk” population that includes

homeless people and drug users, he said. Firefighters and paramedics recently have been trained and authorized to administer vaccination shots.

“Most likely this crisis will continue for some time before it gets better,” Herrera said.

Sanitation efforts include sidewalk cleaning in the Downtown, Uptown, Mid-City, Midway and beach neighborhoods, as well as clean-up efforts of the San Diego River, where homeless encampments are common and on the rise. Herrera promised that street sanitation would be the new norm, not a temporary effort.

Dozens of handwashing stations and portable restrooms have been opened, mostly Downtown.

San Diego has embraced the “Housing First” movement, which encourages finding permanent housing for the homeless that is tied to getting people the services they need to thrive. Visit [sdhc.org](http://sdhc.org) for more information about the program.

Herrera said the San Diego Housing Commission and the city in July launched a three-year, \$80 million “Housing First — San Diego” plan for the creation of new permanent supportive housing units plus programming funds to focus on improving homelessness outreach. Other efforts include creating incentives for developers to construct affordable housing and the loosening of regulations to allow homeowners to construct granny flats to add to the pool of affordable housing.

**In other news**

- Kathryn Durant, the Point in Time project coordinator for the Regional Task Force on Homelessness, announced at the meeting that the next count of the homeless population would be 4-7 a.m. on Friday, Jan. 26, 2018, followed by in-person interviews Jan. 26-31. Volunteers can sign up now at [rtfh.volunteerhub.com](http://rtfh.volunteerhub.com).

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Jonathan Herrera is the senior advisor on homelessness coordination for Mayor Kevin L. Faulconer. (City of San Diego)



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# First-graders see fire station spring into action

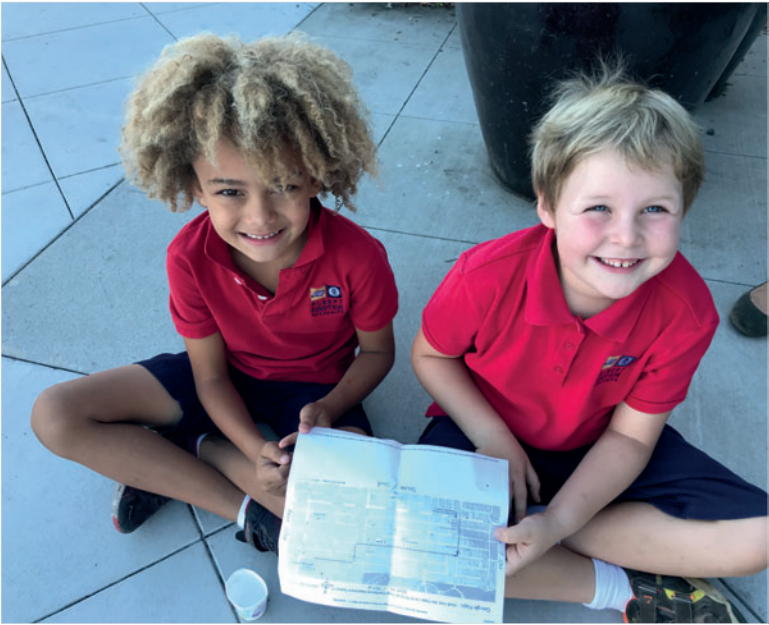


First-grade students from Albert Einstein Academy visit the fire station in Golden Hill. (Photos by Jennifer Morrissey)

By Jennifer Morrissey

First-grade students from Albert Einstein Academy got to experience firefighters racing into action on a recent visit to Fire Station No. 11, on the corner of Broadway and 25th Street in Golden Hill.

The academy is a German-immersion International Baccalaureate school with an elementary school in South Park and a middle school in Grant Hill.



Albert Einstein Academy students Caleb and Anton survey a map of the neighborhood.

As a part of the students' unit of study about communities, the first-grade class walked to the local fire station for a tour, checked out the fire trucks, and learned about the gear that firefighters wear to protect themselves when battling fires. One of the firefighters put on all of the gear they wear during a blaze and

advised the children that if they ever experienced a fire, someone dressed like them might come to their rescue and to not be afraid of them, that they would be there to help them.

The students' teacher, Frau Narveson, shared what happened next.

"We were in the middle of our tour at the station when our fireman tour guide told the children that there was a fire close by," she said. "He asked the kids to quickly go outside so that the fire trucks could immediately leave. Very quickly, the fire trucks were driving away and the giant garage doors came down."

"As we walked the mile back to our school on Ash Street, the kids saw black smoke billowing from the canyon in the direction of state Route 94," Narveson said. "The students' talking stopped as the kids stared at the reality of what these brave men and women do to protect our community. It was a lesson that they will never forget!"

The fire they saw was caused by a motorcycle that crashed on SR 94. The crash sparked a brush fire on an embankment and burned a quarter-acre before the fire was put out. No injuries were reported. The children send a "thank you" to the firefighters for the tour, and for protecting the community.

— Jennifer Morrissey is a local freelance writer.❖

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Black smoke billows from the motorcycle crash on state Route 94.



# Yoga pants with a purpose

How a local woman’s clothing line also helps save sea turtles

Ken Williams | Editor

Yoga and sea turtles are two passions of Larissa Miller, an entrepreneur born and raised in Normal Heights.

Her start-up company, Pi Yoga Pants, is a clothing line that donates a portion of its net profits toward sea turtles and ocean conservation efforts in Bali and around the world.

As a longtime lover of yoga, Miller wanted to create pants that were practical and stylish. And she wanted to make sure some of her company’s bottom line would go toward efforts to save the sea turtles she fell in love with during her visits to Bali.

After crowdfunding through May 18, Miller launched her company with online sales at [piyogapants.com](http://piyogapants.com). Her clothes are also sold at brick-and-mortar locations in California, Arizona, Washington, Hawaii and North Carolina.

Locally, Pi Yoga Pants are sold by Brillo del Sol Clothing in Mission Beach, Hapa Yoga in Mission Valley, House of Yogi in Point Loma, Yoga Bow in Miramar, and at Trilogy Sanctuary and Kundalini Windansea-A Yoga and Meditation Center in La Jolla.

Here are five questions with Larissa Miller:

**1. What is the history of Pi Yoga Pants and why did you decide to start a line of comfortable, casual clothing?**

The first pair of Pi Yoga Pants was created while I was living in Bali. I fell in love with the sea turtles while I was living there and saw the gap in the market for breathable yoga pants that would survive the Balinese heat. Desperate for something comfortable to wear during yoga, I designed Pi Yoga Pants. Flowy enough to let your skin breathe with elastic at the ankle to protect you from mosquitoes. The bright fun designs of the pants were an inspiration from the Balinese culture that is always so full of life.

**2. Where are your garments made, how do you sell your clothing, and who is your target audience?**

Pi Yoga Pants are all hand-made with love on the tropical shores of Bali. We take pride in women empowerment on and off the yoga mat. We empower women in Bali to make the pants and my seamstress is an inspiration in her own life. She started her own sewing business 20 years ago without any schooling and now runs a successful business with her daughter and her daughter-in-law.

Our mission is to empower men and women to feel comfortable in their yoga pants and confident enough to step on their yoga mat. Therefore, our target audience is women, men and kids with an interest in furthering their yoga practice.



Normal Heights native Larissa Miller is founder of Pi Yoga Pants. (Courtesy of Larissa Miller)

**3. Where do the company’s charitable donations go?**

Pi Yoga Pants donates 10 percent of net profits back to sea turtle conservation efforts in Bali. The main organization

we work with is the Gili Eco Trust on the island of Gili Trawangan off the shore of Bali. We actually just got back from spending the month of July 2017 in Bali working to rebuild the coral reef. For more



A model wears a pair of yoga pants from the line of clothing created by Pi Yoga Pants. (Courtesy of Pi Yoga Pants)

information, you can check out our blog at [bit.ly/2xvPJ52](http://bit.ly/2xvPJ52).

**4. What is your background, and why did you choose to do this as a career?**

My creative side always had a passion for marketing, the Capricorn in me had a passion for leadership, and the part of me that wanted to promote health in myself and others was undeniable from the beginning. Promoting health and well-being in all promotes a healthy sustainable future as well as happy friends and family! What more could you ask for? I was hoping I would be able to start a business in this field and am very grateful for the opportunities that have presented

themselves so Pi Yoga Pants could come into creation.

**5. What do you like about living in Normal Heights?**

I was born and raised in Normal Heights since 1990 and love nothing more than going for my morning run, saying good morning to all my neighbors, and taking a yoga class at Pilgrimage [of the Heart] followed by a delicious Rama Bowl from Jyoti-Bihanga. Mmm!

—Ken Williams is editor of Uptown News and can be reached at [ken@sdcdn.com](mailto:ken@sdcdn.com) or at 619-961-1952. Follow him on Twitter at @KenSanDiego, Instagram at @KenSD or Facebook at KenWilliamsSanDiego.❖



## 5 WAYS TECHNOLOGY CAN GET YOUR HOME READY FOR THE HOLIDAYS

The holidays can be many things: magical, family-filled and joyful, or hectic, busy, and stressful. This year, use technology to simplify your life so you can spend more time on the things that matter. Here are five ways technology can prepare you for the busy season ahead.

**1. Automatic Lights and Thermostat Settings.** Fall may mean earlier sunsets, but you don’t have to come home to a dark home. With Cox Homelife, you can turn lights on and off remotely using your smartphone, or program them to turn on and off at certain times each day, even your porch light for that added security. And if you can’t remember whether you turned off the heater or coffee pot before you left the house, Cox Homelife allows you to control your thermostat and small appliances remotely.

**2. Smoke and Carbon Monoxide Detectors.** As the holidays approach, and the weather changes, so does the increase in fire and carbon monoxide related injuries and deaths. Make sure you have a working smoke alarm and carbon monoxide detector. And, if you have a security and automation system like Cox Homelife, you’ll be able to protect, control, and monitor your home for smoke and carbon monoxide.

**3. WiFi for Overnight Guests.** While you may be tempted to unsecure your in-home WiFi while visitors are in town, always make sure your network is secured and password protected. An unsecure network could open you up to potential hackers or allow others to use up your plan’s data. It’s better to give

your guests your password while they’re in your home than unknowingly give strangers down the street access to your WiFi.

**4. Music Choice.** No need to download classic and current holiday songs, or go searching for that box of holiday CDs. With a selection of holiday stations on Music Choice, you can pipe the perfect yuletide music directly from your TV. Just go to your Cox Contour TV guide, choose one of the Music Choice holiday channels, and check one more thing off your holiday party To Do list.

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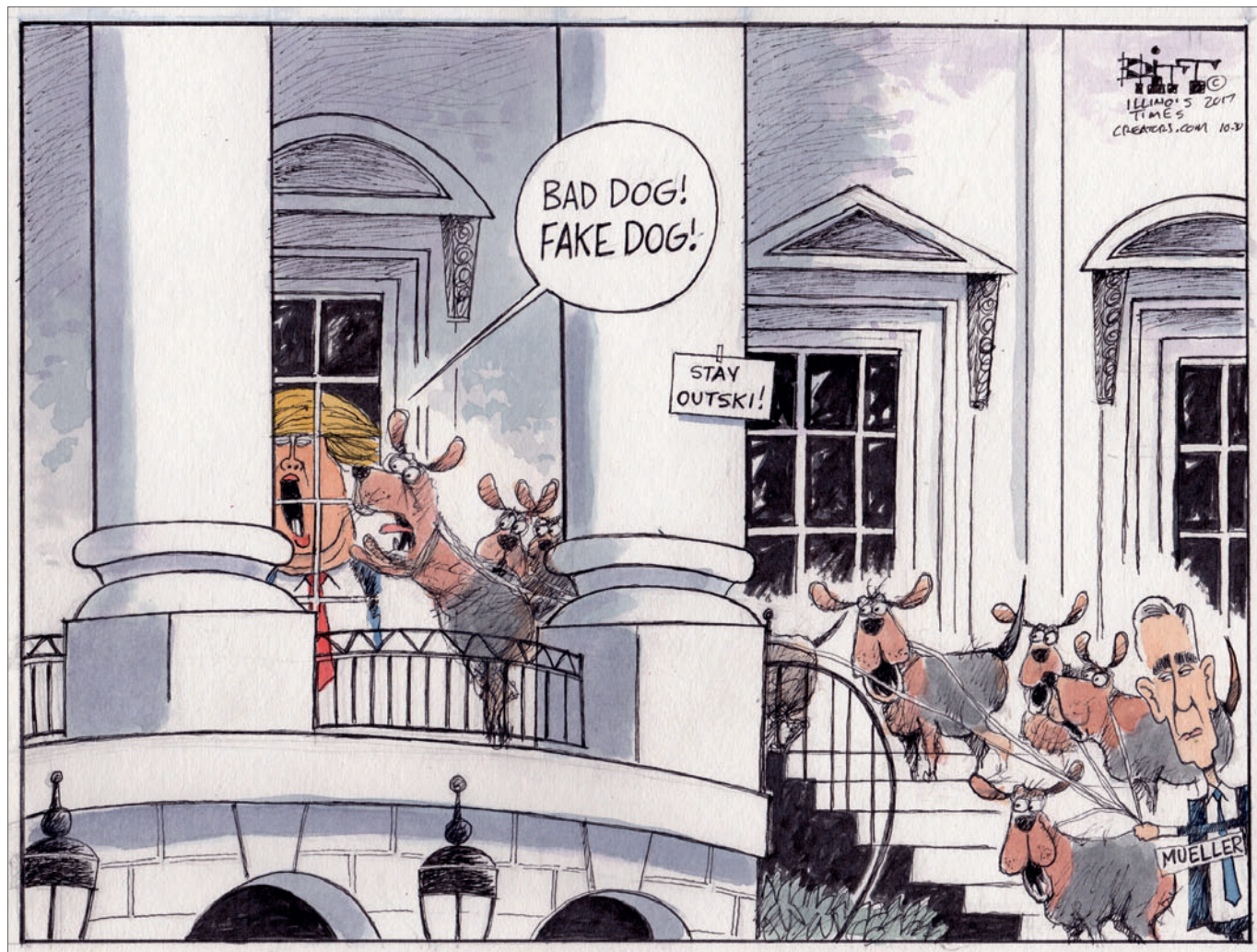
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## GUEST EDITORIAL

# Danger of climate change is not going away

By Mary M. McKenzie

I have just returned home to San Diego from the 36th training session of the Climate Reality Project's Leadership Corps in Pittsburgh, Pennsylvania. I am now part of a group of about 13,000 trained leaders across the globe with the commitment to speaking the truth about the realities of climate change, also known as global warming. This specific movement dates back 11 years to the release of former Vice President Al Gore's film, "An Inconvenient Truth." Yet there is still significant resistance to the idea that we humans are heating the Earth beyond its capacity to host living forms as we know them.

In part, this is because of the complexity of the physical mechanisms involved; there exists a complex web of factors that, combined, are changing the basic climate

patterns of the planet. For those of us who are not geologists, physicists, biochemists or climate scientists, these patterns are quite challenging to understand.

Perhaps more importantly, the idea that we are actively helping to kill the planet scares us, especially if we have children or grandchildren. Closing our eyes to the facts, though, doesn't make them go away. We are actively killing this planet that sustains us.

Has the Earth gone through climate cycles before? Absolutely, yes. One killed off the dinosaurs. But the current cycle is the only one marked by human activity that has significantly altered the natural balance in the atmosphere.

Have you noticed this storm season (hurricanes Harvey, Irma and Maria) included Tropical Storm Ophelia that reached Ireland? How about the deadly wildfires in

California, Portugal and Spain? Or the disappearance of ancient glaciers in the Arctic and Argentina? This is not normal; it is caused by the extraordinary heating of the air and the oceans and a fundamental shift in the Gulf Stream. There is no scientific doubt about this, unless you believe that the over 2,000 esteemed scientists who are part of the Intergovernmental Panel on Climate Change are wrong or want to dupe us. Scientific uncertainty exists, but not here.

Is there anything we can do? Cleaning up after ourselves will be difficult, and things will not turn around quickly. However, we must end our reliance on coal, oil and gas, which is the chief human contributor to carbon dioxide emissions. This is what is warming our planet, raising sea levels — part of Greenland has disappeared! — and

changing the basic terrain of large swaths of the world.

Climate change is not a joke, a hoax or a false alarm. We can change the outcome. But we need to do it now.

To learn more about the Climate Reality Project (CRP), visit [bit.ly/2y3GFD7](http://bit.ly/2y3GFD7).

I plan to establish a CRP chapter in San Diego in the near future. Additionally, San Diego is home to several forward-thinking environmental action groups that would welcome your involvement, including the Climate Action Campaign ([climateactioncampaign.org/](http://climateactioncampaign.org/)) and SanDiego350 ([sandiego350.org](http://sandiego350.org)).

—Dr. McKenzie is an adjunct professor of political science at the University of San Diego. She also serves as the secretary of the Hillcrest Town Council. She can be reached at [mary2@sandiego.edu](mailto:mary2@sandiego.edu).

## GUEST EDITORIAL

# Do something big: Support our children

By Omar Passons

I am a native San Diegan, and for as long as I can remember, our leaders have confused funding big buildings, like stadiums, with doing big things for San Diegans, like creating more affordable homes or supporting children and families. That has to stop.

We have thousands of people living on the streets and an education system that is not adequately preparing all of our children for success. Meanwhile, our local governments focus too much on ribbon-cutting and catchy slogans and not enough on the people who live here.

The cost and lack of flexibility in high-quality child care is a drain on families of all incomes and we must take this issue seriously now!

It is time for San Diego County to fully support children and parents so that every person raised in our community has a meaningful opportunity to achieve his or her full

potential. We need universally available, high-quality child care and pre-school for every child, rich or poor, and in every neighborhood.

Advances in scientific research have clarified the importance of a child's earliest experiences. We now know that our basic brain architecture is built in the first 5 years of life through exploration, play, talk and

see Children, pg 14

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# Iconic retail

## The history of the J.C. Penney department store in North Park

**PastMatters**  
**Katherine Hon**

Newcomers may only know the boxy two-story building on the southeast corner of Ray Street and University Avenue as the former location of Wang's North Park. Residents who have been here longer may remember Big Lots occupying that building during the early 2000s and REI before then. But the building we see today at 3029 University

By 1941, Penney operated 1,600 stores in all 48 states. He retired in 1946, taking the title of honorary chairman. Penney died in New York City on Feb. 12, 1971, at the age of 95. The Kemmerer, Wyoming store and associated buildings were designated a U.S. National Historic Landmark in 1978 because they show the humble origins of the J.C. Penney Co., and because it was there that Penney formulated the merchandising ideas that enabled him to create the first

drying hoses, was just to the east at 3035 University Ave. on two lots donated by Mary Jane Hartley, known as the "Mother of the North Park District." It is part of North Park lore that the fire station was destroyed in the winter of 1941-42 when the basement for the J.C. Penney store was being dug and a storm filled the pit with water, undermining the fire station's foundation. A Dec. 9, 1949 news article notes that although a new fire station was built by the city at the corner of 32nd Street and Lincoln Avenue in 1942, the damaged building was "altered and repaired, and it is now used by the Penney store, along with the old tower, an area landmark, for storage space." The tower likely remained until the expansion of the J.C. Penney



The J.C. Penney store is in the distance beyond the North Park sign hanging above University Avenue at 30th Street in this 1964 photo looking eastward taken by architect Sim Bruce Richards. The Jerome's store on the right is a dress shop. (Courtesy of the Sim Bruce Richards Family)

Ave. originated in 1942 as a J.C. Penney department store. It anchored retail in North Park into the 1980s and drew other major chain stores, including National Dollar Stores, Lerner Shops, Kay Jewelers, Woolworths and Thrifty Drug Stores to the busy commercial area along University Avenue. The first J.C. Penney store at Ray Street and University Avenue was one of only two built by the company during World War II. The North Park store apparently was successful even during the war years, and the company decided to expand it in 1954, replacing it with the building seen today. The J.C. Penney Co. started with one hard-working businessman, James Cash Penney. He was born Sept. 16, 1875 on a farm near Hamilton, Missouri. He worked for a local retailer after graduating from high school. He partnered with Thomas Callahan and Guy Johnson, who owned dry-goods stores called Golden Rule in Colorado and Wyoming, and moved to Kemmerer, Wyoming in 1902 to open a store in that small coal-mining town. He participated in the creation of two more stores and purchased full interest in all three locations when Callahan and Johnson dissolved their partnership in 1907. By 1912, Penney had established 34 Golden Rule stores with sales of more than \$2 million. The next year he changed the chain name to J.C. Penney Co., with a motto of "Honor, Confidence, Service, and Cooperation."

truly nationwide department store chain. The commercial blocks along the south side of University Avenue between Ray and 32nd streets are part of the original Hartley's North Park tract, which extended south almost to Dwight Street. In the decades before the J.C. Penney store was built at 3029 University Ave., an automobile service garage, which was operated by Paul Hartley from 1926 to 1933, occupied the corner. The city's Fire Station No. 14, with its tall tower for

store in 1954, when the City Directory lists the address of 3035-37 University Ave. as "Under construction." Penney commented that his company "is the finest example I know of cooperative effort; people sharing in what they helped create have made it what it is." The same could be said of North Park. —Katherine Hon is the secretary of the North Park Historical Society. Reach her at [info@north-parkhistory.org](mailto:info@north-parkhistory.org) or 619-294-8990.



An undated San Diego Union-Tribune article looks back to August 1954 when the enlarged J.C. Penney department store was getting ready for its grand opening. The building has remarkably retained its iconic historic integrity for 63 years. (Courtesy of the North Park Historical Society)

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# Alliance will meet to discuss preventing gun violence

By Susan Taylor

It's been a month now since the deadliest mass shooting in American history on Oct. 1 in Las Vegas, Nevada. It stunned the nation, sparked vigils and marches, inspired newspaper editorials and letters to the editor, and promoted lawmakers to vow to do something.

On Sunday, Nov. 12, from 2:30-4 p.m., an alliance to prevent gun violence will gather in the private backroom at Eclipse Chocolate, located at 2145 Fern St. in South Park, to discuss mass shootings, suicide and accidental deaths, as well as try to come up with possible actions for change.

The public is invited to share their thoughts. There is no fee to attend.

The alliance matches the San Diego chapters of two activist groups: the Brady Campaign to Prevent Gun Violence and Moms Demand Action for Gun Sense in America. Together, they participate in events such as EarthFair in Balboa Park, meet with legislators, speak out, and educate.

San Diego Brady counts some 600 people on its email list and about 30 dedicated members who have organized meetings with the Girl Scouts, local PTA groups, college districts, and most recently, a meeting with San

Diego Unified School District Superintendent Cindy Marten.

"It's the best thing we've done in San Diego," said Vicki Chin, San Diego Brady treasurer. Indeed, San Diego Brady and the board of education approved the mailing of hundreds of packets for school parents to learn about the Asking Saves Kids (ASK) and Speak Up causes.

ASK is a simple acronym with a powerful message. The idea is that when kids go to play at a neighbor's house, parents should inquire as to whether there is an unlocked gun in the home. While a majority of adults think that their gun is in a well-hidden place, studies have shown that curious children will find them,

and tragically, 100 children younger than 17 die from guns annually. Another 400 children younger than 17 die from suicide by gunfire every year.

And yet, many parents fear that asking about guns will offend their neighbors. Speak Up allows middle and high school students to call an anonymous number to report a suspected gun threat at school, and Moms Demand Action similarly promote Be Smart, an age-appropriate educational tool for adults to teach about the dangers of handling guns.

ASK and other gun-violence-related topics will be discussed at Eclipse on Nov. 12. Organizers plan to hand out

postcards for participants to write to local public officials to increase attention to the need for safe cities, streets, schools and neighborhoods. Food, beverages, and chocolate desserts will be available to sweeten the discourse.

So if the headline "The deadliest mass shooting in America" didn't grab you or has blended into old sound bites, consider sitting in on the meeting and adding your voice. Only by learning and acting can citizens keep gun violence in our sights and lead to a better future.

For more information, visit [BradyCampaignSD.org](http://BradyCampaignSD.org).

—Susan Taylor is a freelance writer, activist and volunteer, and a retired teacher from North Park.❖

## South Park group tackles climate change



Paul Hormick discusses climate solutions. (Photo by A.J. Herrington)

By A.J. Herrington

Neighborhood group South Park Climate Solutions will be hosting a vegetarian potluck as its monthly meeting at a private home on Thursday, Nov. 9. Local residents are invited, and encouraged to visit the group's Facebook page to RSVP or get more information.

The group was formed in January by South Park resident Paul Hormick. He has a master's degree in environmental science and policy, and works as a native plant horticulturist at the Living Coast Discovery Center in Chula Vista.

"What we're trying to do is work together to encourage ourselves to take upon practices that reduce our carbon footprint," Hormick said, when asked about the goals of the grass-roots organization.

Noting that South Park has a community-oriented feeling, Hormick said he believes that it's the perfect place to bring neighbors together to discuss how individuals can address climate change in their own homes.

South Park resident Jennifer Hart is a member of the group, and has adopted many "green" practices for her household, including composting and growing a vegetable garden. She'll be attending the potluck, and is planning to cook a vegan chick pea curry, with peppers and tomatoes grown at home. Hart prepares several vegetarian meals a week, and curries are a favorite because they are versatile, flavorful and easy to make.

"You can add whatever produce is in season and easily change up the flavor profile to match your cravings. Now that fall has arrived, I have pumpkin curry on my mind," she said.

Group leader Hormick noted that reducing meat consumption is a great way for many households to reduce their carbon

footprint. About 16 percent of the greenhouse gases produced in the United States are from agricultural activities, and beef is one of the largest contributors.

"One pound of beef throws the equivalent of 30 pounds of carbon dioxide into the atmosphere," Hormick said. Going meatless one day a week can have as much impact on climate change as switching from a traditional gasoline-powered car to a hybrid.

At last month's meeting, held at wine bar The Rose in South Park, Hormick shared many other ways individuals can be a part of the climate change solution. Switching incandescent light bulbs to LEDs, and drying laundry on a clothesline or a rack are easy and cost-efficient ways to make a difference. Reducing water use can also help, because 20 percent of California's carbon emissions come from transporting water throughout the state. Installing rooftop solar, although requiring a substantial initial investment, reduces the need for electricity produced by fossil fuels.

Opportunities for the residents of South Park to come together and act as a community were also discussed. Members of South Park Climate Solutions have encouraged the local restaurants to offer vegan or vegetarian options on their menus, to help people reduce their consumption of meat. The adequacy of public transportation options for the neighborhood was discussed. A plan to pool resources and purchase LEDs in bulk to save money was also suggested.

More information about South Park Climate Solutions can be found at the group's webpage at [bit.ly/2zcAMsu](http://bit.ly/2zcAMsu). Their Facebook group can be found at [bit.ly/2gPKxoy](http://bit.ly/2gPKxoy).

—A.J. Herrington is a local writer.❖

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# The puppet from hell

Theater  
Review  
Jean Lowerison

Times change. When I was a kid, the word “puppet” meant “The Howdy Doody Show.” Later it was “Sesame Street.” Then came “Avenue Q,” and puppets got sexy and vulgar and a little weird.

Now we have Robert Askins’ off-the-charts “Hand to God,” which posits a demonic puppet in the hands of Jason (Caleb Foote), son of the recently widowed Margery (DeAnna Driscoll). Margery, barely functional herself, is trying to run a puppetry class for church teens in the local Lutheran church basement in Cypress, Texas. She’s particularly stressed right now, because Pastor Greg (Jason Heil) has just told her she and her “Christketeers” are scheduled to present a show at the church next week. And he’s trying to make moves on her.

Also in the class are typical teens Timothy (Garrett Marshall), horny and none too bright (but he knows how to get the chicks), and Jessica (Christina Flynn), a little snooty and spacey but sweet.

But when Jason’s puppet Tyrone unexpectedly takes over (demonic possession?) — spouting consistently foul language, doing and saying things nobody should do or say (at least not in public) and making the point that we all have subterranean desires we usually choose not to mention in polite conversation — all hell breaks loose.

It’s an amusing idea ... for a while. But my attention started to wander when it went from gross to disgusting, with violence that will remind you of Vincent van Gogh and worse things. I couldn’t wait for the end.

“Hand to God” has a real history: Askins was born in Cypress, Texas, into a Protestant family, and his mother did lead a puppet ministry at the church. His father also died when Askins was a teenager.

The production can’t be faulted. Set designer Robin Roberts’ rotating set moves nicely from the church basement (looking a bit like a primary school classroom with its cheery “Jesus loves you” posters) to the pastor’s office to a playground.

The actors can’t be faulted either. Marshall and Flynn are convincingly familiar as the teens in the class; Driscoll is amusingly distracted as the harried (and hit-on) teacher; and Heil plays the standard hypocritical pastor well.

But this show belongs to Foote, who has the head-spinning job of portraying both the shy, diffident Jason and the harsh, antagonistic and extremely profane Tyrone at the same time. I’m tempted to say it’s worth seeing the show just for this astonishing performance.

Let’s face it, there are points to be made about the hypocrisy of adults (who often try to blame someone else for their

### ‘Hand to God’

Tuesday through Sunday  
Through Nov. 12

San Diego Repertory  
Theatre  
79 Horton Plaza  
Downtown

619-544-1000  
sdrep.org



Caleb Foote as Jason with his puppet in “Hand to God” (Photos by Daren Scott)



DeAnna Driscoll as Margery and Jason Heil as Pastor Greg

less-than-upright actions) and religion, where one standard copout is “the devil made me do it.”

I’m always up for a discussion of ethics, morality, honesty and the like. But when you give that to me in a lengthy, profanity-laden diatribe including voluminous F-words, scatological references and puppet fellatio, I’m more likely to tune out than

wade through the garbage in search of hidden gems. Your mileage may vary.

“Hand to God” is one of the most frequently performed shows of the year.

—Jean Lowerison is a long-standing member of the San Diego Theatre Critics Circle and can be reached at [infodame@cox.net](mailto:infodame@cox.net).

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J. Bernard Calloway. Photo by Jim Cox.

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As One strips the hot button issue of being transgender bare to one human being’s personal and emotional story illuminated by empathy and humor. Stay for Act II, a talk-back with the cast and the creators of the opera, including librettist Kimberly Reed.

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The New Zealand-inspired **Dunedin New Zealand Eats** in North Park recently launched weekday breakfast service, available from 9 a.m. to 2 p.m., as an extension to its successful weekend brunch offered within the same time frame. Many of the dishes carryover from the brunch menu, such as the baked pancake



Apples and spicy fried chicken over a Dutch-style pancake for breakfast at **Dunedin New Zealand Eats** (Ellis Consulting)

paired with apples and fried habanero chicken, and a hearty croque madame-style béchamel bread pudding with Gruyere cheese, ham, eggs, potatoes and

roasted tomatoes. There's also a traditional Kiwi breakfast featuring eggs, sausage, baked beans and potatoes. *3501 30th St., 619-255-8566, dnp-sd.com.*

**Napizza in The HUB Hillcrest Market** has closed but will restructure under the same ownership as a sit-down modern Italian restaurant called **Casa Maestoso**. Co-founder Christopher Antinucci said he partnered with a "high-end chef from Rome" for the project, which is slated to debut in March. Napizza has existing locations in Little Italy, the 4S

Commons Town Center, and Encinitas. Another will open in December in University Town Center. "All of our other stores are healthy, but the Hillcrest location wasn't making much money. It was way too big for our concept," he added. "We have high hopes for the new concept and banners will start going up soon." *1040 University Ave., na-pizza.com.*



Pumpkin meets gelato at **Pappalecco**, a local chain of Tuscan-style cafes. (Pappalecco)

'Tis the season when pumpkin spice finds its way into countless food products. For those who prefer the holiday flavoring used sanely — in let's

say gelato instead of popcorn, salad dressing and other unlikely edibles — **Pappalecco** will roll out pumpkin-walnut Nutella gelato at all five of its locations during the month of November. Sold in scoops, customers can indulge in the gelato in either a cup, cone or over a shot of hot espresso. It's also available to-go in pints and quarts. Pappalecco offers Tuscan-inspired savorys, coffee drinks and wine, and operates in Hillcrest, Kensington, Little Italy, Del Mar and Cardiff. *pappalecco.com.*

**Vom Fass in The HUB Hillcrest Market** is throwing an all-day fall party from noon to 8 p.m. Saturday, Nov. 11. The customer-appreciation event will feature

complimentary salads, appetizers, mulled-spiced wine and cocktails, as well as raffles. *1050 University Ave., Suite E103, 619-534-5034, vom-fasshillcrest.com.*

Local chef Claudette Zepeda-Wilkins, an upcoming contestant on Bravo's "Top Chef" (season 15), has teamed up with San Diego-based Rise & Shine Restaurant Group (**Fig Tree Café** and **Breakfast Republic**) to launch **El Jardin**, a modern Mexican restaurant in Liberty Station. The project is scheduled to open early next year. Wilkins will serve as the restaurant's executive chef while capturing the flavors and ingredients she came to know from spending time with her family in Tijuana and Guadalajara. She was chef de cuisine at the former **Bracero**



"Top Chef" contestant Claudette Zepeda-Wilkins will helm the kitchen of **El Jardin**, a modern Mexican restaurant in Point Loma. (Photo by Jim Sullivan)

in Little Italy and previously competed in season two of "Top Chef Mexico." *2865 Sims Road, riseandshinerg.com.*

Chef Mitsu Aihara, formerly of **Sushi Ota**, is applying modern spins on sushi, sashimi and Japanese tapas at the new **Himitsu** in La Jolla, which is open only for dinner from 5 to 10 p.m. Monday through Friday.

The 30-seat restaurant was launched by the owners of **The Taco Stand** and Mexico City restaurateur Edo Kobayashi. It also offers an omakase menu that changes nightly. *1030 Torrey Pines Road, 858-263-4463, himitsusd.com.*



The new **Himitsu** in La Jolla offers modern-day and traditional Japanese fare. (Alternative Strategies)

After a six-month closure, the long-established **Trattoria Fantastica** in Little Italy re-emerged at the end of October as **Nonna** to the tune of Italian classics such as chicken Parmesan, pasta Bolognese and spaghetti and meatballs. Owned by the Busalacchi family, which earlier this

year closed **A Modo Mio** in Hillcrest, the reinvented indoor-outdoor restaurant connects to a café in an adjoining space previously occupied by Café Zucchero. *1735 India St. —Frank Sabatini Jr. can be reached at fsabatini@san.rr.com.\**

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# Croques and crepes under cozy conditions

## Restaurant Review

Frank Sabatini Jr.



Until a few months ago, there was only one window of opportunity each day to savor a meal at La Bonne Table, the small and beloved French restaurant that has teased its followers with dinner-only service since opening in 2014.

Now, if you're looking to spend some intimate mealtime with friends, lovers or family members on your day of rest, and before sundown, La Bonne accommodates with a noteworthy under-the-radar Sunday brunch.

Held from 10 a.m. to 3 p.m., the weekly affair was put on

La Bonne feels as though you've stepped into somebody's quaint living room. Tables are tightly arranged, though not uncomfortably so. And the interior is adorned with small lamps and numerous black-and-white images of Paris from the 1930s, all lifted and framed from a photography book by late photojournalist Robert Doisneau.

We started with an elegant salad called *salade haricot*, meaning thin, blanched green beans played a starring role in the mix of fresh lettuces, roasted pecans and sliced egg. Dressed in gentle vinaigrette, the salad also comes with crumbled goat cheese, which we requested on the side because of my inexplicable aversion to goat milk curds.

Hubby had a taste for something creamy and ordered

## La Bonne Table

3696 Fifth Ave.  
Hillcrest

619-260-8039

Brunch plates:  
\$13 to \$18;  
dinner prices: starters,  
\$9 to \$19;  
entrees, \$25 to \$33

french fries, which might be cooked in beef tallow, as Renaud admitted to using when I visited for dinner a couple years ago. If that's still the case, I'm all for it.

We ordered Nutella-stuffed French toast for dessert, but towed most it home for later. I'm glad we did because it allowed the Nutella and slightly mushy brioche to set a bit more. Draped in pecans and sliced bananas, the flavors were nonetheless in decadent harmony.

Other brunch options include roasted root vegetables with poached eggs and herb pesto; asparagus with poached eggs and melted Gruyere; a three-egg omelet with chives, goat cheese and asparagus; and a steak burger crowned with a fried egg and Morbier cheese.

Although if a hankering strikes for seared foie gras or streak frites or trout amandine, come back at 5 p.m. (or 4 p.m. on Sundays) when La Bonne Table performs its nightly dinner magic. It's an experience that potentially ends with one of the dreamiest chocolate mousses to ever pass your lips.

—Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press), and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. You can reach him at [fsabatini@san.rr.com](mailto:fsabatini@san.rr.com).



Sandra Tristan runs the kitchen for Sunday brunch.

the table — so to speak — by Sandra Tristan, wife of Parisian transplant Renaud Tristan, who founded the restaurant before the couple met and married.

Sandra is from Rome and worked in the food industry since moving to the U.S. more than 20 years ago. Insisting to her chef-husband the time was ripe for introducing brunch, he concurred and put her in charge of it.

Like Renaud's concise dinner menu, Sandra's brunch options are focused and French with about a dozen dishes for the choosing. There's also a full bar that awakens when the doors open.

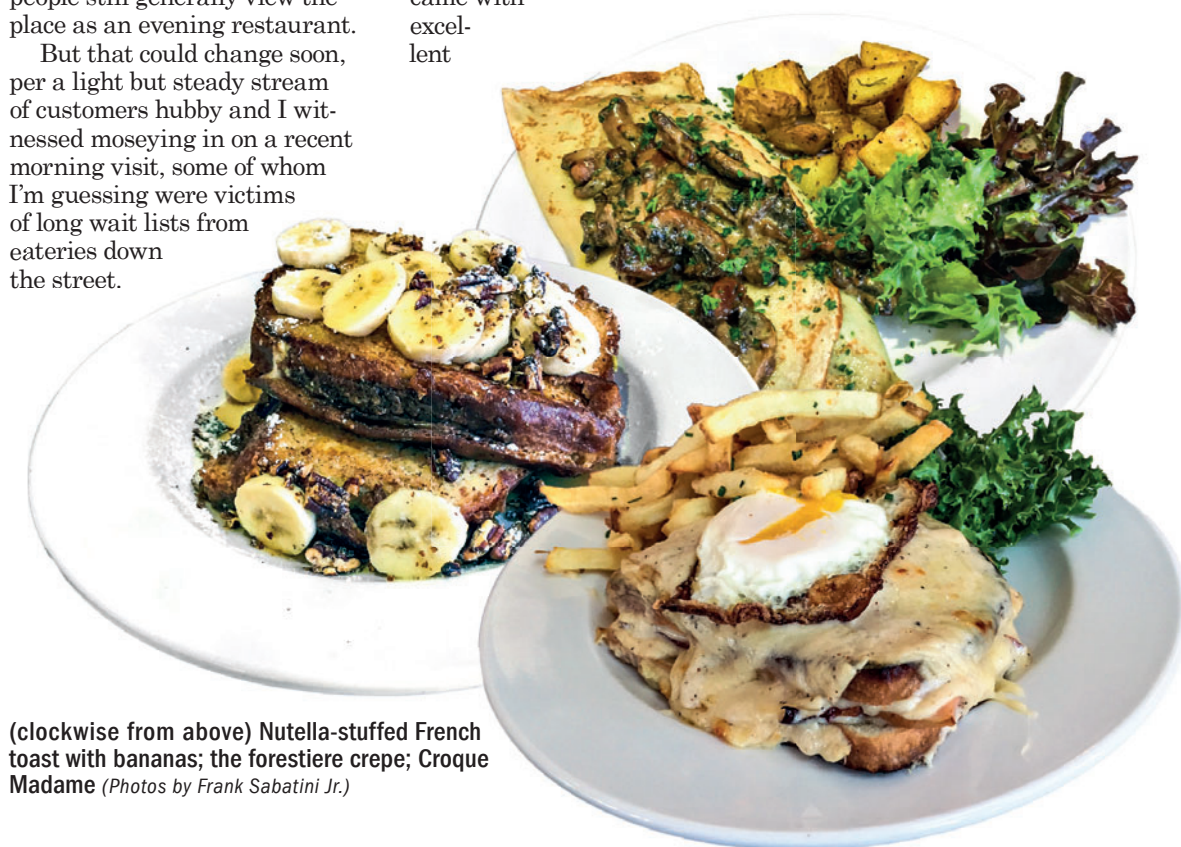
Although the best part is, you don't have to linger outside in flocks before scoring a cocktail, espresso or plate of food, because people still generally view the place as an evening restaurant.

But that could change soon, per a light but steady stream of customers hubby and I witnessed moseying in on a recent morning visit, some of whom I'm guessing were victims of long wait lists from eateries down the street.

the crepe forestiere, which uses cream to tie together wine-braised mushrooms, Gruyere cheese, shallots and bacon for what turned out to be a fantastically plump crepe. Sharing the plate were scrumptious, cubed potatoes stained yellow from turmeric.

Never one to pass up a Croque Madame, especially in seriously French restaurants such as this, I dove into the sandwich's generous layer of smoked ham and melty Gruyere with wild abandon. On top was a fried egg basking in a mantle of mornay sauce, a richer departure from classic *béchamel* because grated Gruyere (or Swiss) cheese goes into it.

The sandwich came with excellent



(clockwise from above) Nutella-stuffed French toast with bananas; the forestiere crepe; Croque Madame (Photos by Frank Sabatini Jr.)



San Diego's most intimate French restaurant resides in Hillcrest. (Photos by Frank Sabatini Jr.)

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from Any of our Flavor



# 'Fiesta hour' in North Park



The guacamole comes with some tasty sidekicks. (Photo by Dr. Ink)

## Come On Get Happy! Dr. Ink

Kudos to San Diego-based Moose Restaurant Group for the eye-grabbing remodel it gave to Claire de Lune Coffee Lounge before opening Tamarindo Latin Kitchen & Bar in its place.

The historical structure, built in 1929, now flaunts a multi-colored exterior comprising light-greens, sky-blues and dusty reds, thus cheerfully disrupting the neutral paintjobs

that still dominate commercial North Park.

The appealing colors continue inside amid splendid architectural details that include faux windows and balconies tailored after those you'd find along antiquated streets in Mexico City or Madrid. Combined with high ceilings and the building's large, arched windows, customers are sent on a Latin getaway — and with \$5 drinks in hand during happy hour.

Choices include a Tommy's Margarita, the new-era version from Tommy's in San Francisco made only with tequila, lime and agave nectar. My drinking

## Tamarindo Latin Kitchen & Bar

2906 University Ave.  
North Park

619-955-8770  
tamarindonp.com

Happy hour: 3 to 6 p.m.  
daily and all day on  
Tuesdays

## RATINGS

### Drinks: ⭐⭐⭐⭐

The classic daiquiri and Tommy's Margarita we tried were perfectly balanced in booze, citrus and simple sweeteners.

### Food: ⭐⭐⭐

Our top rating goes to the fresh guacamole we ordered from the regular menu. It was accompanied by onions, radishes, pomegranate seeds and cilantro. The complimentary salsas, however, tasted lackluster.

### Value: ⭐⭐⭐

Cocktails, shots and select beers are only \$5 during happy hour, and a few dishes (only on Tuesday) are \$4.

### Service: ⭐⭐⭐

The bartender doubled as a waitress and managed to efficiently accommodate everyone in the room with a generous smile.

### Atmosphere: ⭐⭐⭐

This is one of North Park's best remodels, giving the neighborhood some much-needed color and a lesson in architectural preservation.

pomegranate seeds, diced jalapenos and onions, and chopped cilantro. It was a charming presentation I wish many establishments would copy.

Tamarindo opens its entire layout to happy hour, offering guests ample seating options that include roomy wood booths, comfy high tops and patio tables. With its bright, airy and tastefully designed atmosphere, it's easy to hang around longer than planned while losing track of your drink intake.❖

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The look of a Spanish street hangs over several booths. (Photo by Dr. Ink)



## Uptown News BRIEFS

### FLU SHOT WON'T MAKE YOU SICK

It's a myth that a flu shot makes you sick, so don't use that as an excuse to not get vaccinated against influenza.

"The viruses in the flu vaccine are dead or 'inactivated' and cannot be infectious or cause illness," Dr. Wilma Wooten, the county public health officer, said in a news release. "The most common side effects from the flu shot are soreness, redness, or swelling where the shot was given."

Some people may experience a low-grade fever, headache and muscle aches within a day or two of getting vaccinated, Wooten said, leading them to falsely believe that they got sick from the shot.

"When this happens, the reactions are considerably milder and less severe than the symptoms caused by the flu, which can last up to two weeks," Wooten said. "Get vaccinated now before the flu starts to spread."

The flu season has already begun in San Diego, and there were 285 known cases of influenza as of Oct. 21. One person has died from influenza to date this year.

Call 211 or visit [sdiz.org](http://sdiz.org) to learn where to get a flu shot, if your medical insurance doesn't cover it.

In addition to getting vaccinated, people who want to avoid getting sick should also do the following:

- Wash hands thoroughly and often.
- Use hand sanitizers.
- Stay away from sick people.
- Avoid touching your eyes, nose, and mouth.
- Clean commonly touched surfaces.
- If you are sick, stay home and avoid contact with others.

### KENSINGTON MIXED-USE PROPERTY SOLD

A mixed-use property in Kensington, located at 4060 Adams Ave., has been sold for \$1,550,000.

The 2,500-square-foot building is directly adjacent to Interstate 15 on/off ramps, located within the main commercial district in Kensington, and is occupied by Good Vibrations Family Chiropractic. The property has onsite parking and a residential unit.

Brendan Wilkes of NAI San Diego, represented the seller CRI Big Rock.

The buyer is the Meza Family Trust, owner-operator of Ponce's Mexican Restaurant adjacent to the property.

### EARLY SUCCESS REPORTED IN REDUCING GREENHOUSE GAS EMISSIONS

Mayor Kevin L. Faulconer, joined by business and environmental leaders on Oct. 25, released a new report that shows San Diego's landmark Climate Action Plan (CAP) is seeing early results and the city remains ahead of schedule toward reaching the ambitious goal of slashing greenhouse gas (GHG) emissions in half by 2035.

The CAP's second Annual Report revealed that overall GHGs have been reduced by 19.3 percent since 2010 — outpacing

the 2020 goal of a 15 percent reduction. It also represents a 2 percent reduction since last year.

"It's been less than two years since we passed a landmark Climate Action Plan that won accolades from around the globe," Faulconer said. "Now the results are starting to roll in and we're seeing significant progress in our push to slash greenhouse gas emissions. We continue to be ahead of schedule on our ambitious goals which means the actions we're taking are making a difference — and that San Diegans are doing their part to leave a cleaner and more sustainable city than the one we inherited."

The analysis outlined in the report attributed much of the reduction to improved fuel efficiency in vehicles, expanding use of renewable energy sources, and increased the amount of reused or recycled trash.

"The city of San Diego is setting the example by using more energy-efficient vehicles, making it easier to get solar panel permits and finding new ways to reuse or recycle trash before it ends up in the landfill," said Cody Hooven, the city's chief sustainability officer. "We've seen a groundswell of residents and business leaders joining our efforts and helping us reach the ultimate goal of a healthy and sustainable San Diego."

For each of the past two fiscal years, the city has invested nearly \$130 million annually in five bold strategies outlined in the CAP. They are Energy and Water Efficiency; Clean and Renewable Energy; Bicycling, Walking, Transit and Land Use; Zero Waste; and Resiliency.

The report's other key findings include:

- 18 percent reduction in residential energy use.
- 13 percent reduction in daily per capita water use.
- 5 percent reduction in municipal energy use.
- 43 percent use of renewable electricity citywide.
- 12,000 linear feet of improved sidewalks.
- 90 zero emissions vehicles/45 hybrids in municipal fleet.

Additionally, the report finds that sustainability efforts have helped spur the local economy and create jobs. For example, jobs related to sustainability grew 10.9 percent since 2010, with the largest increase in the clean and renewable energy sector. San Diego's clean tech job concentration is also 2.6 times the national average.

The city also continues to be a national leader in several categories, including:

- No. 1 for solar rooftop installations, per Shining Cities Report 2016.
- No. 1 for climate and carbon management, per U.S. Clean Tech Leadership Index 2017.

### SCHOOL DISTRICT ADOPTS A CLIMATE ACTION PLAN

San Diego Unified School District (SDUSD) has become the first school district in San Diego County to adopt a Climate Action Plan (CAP).

The district's Climate Action Plan aims to achieve 100 percent renewable energy by 2035. SDUSD joins the cities of San Diego, Del Mar, Solana Beach and Chula Vista in committing to that goal, and cements our region

as a national leader in driving a 100 percent clean energy future.

The school board also passed a resolution to support the adoption and implementation of Community Choice Energy (CCE) in the city of San Diego to achieve its clean energy target.

"We're thrilled to see SDUSD become the first school district in our county, maybe the nation, to commit to 100 percent clean energy and join the regional effort to stop climate change and protect the future of children," said Nicole Capretz, executive director of Climate Action Campaign. "We're making big strides throughout the county for 100 percent clean energy and we're counting on the other school districts in our county, state, and even nation to follow in SDUSD's footsteps. There is too much at stake not to take bold and immediate action now."

A survey conducted during the development of SDUSD's Climate Action Plan confirmed that over 70 percent of parents and employees believe it's important for the school to take action in response to climate change. Partly in response to the survey data, SDUSD included increasing alternative transportation modes for school commutes — which has the dual benefits of both reducing greenhouse gas emissions and increasing public health and quality of life for teachers, parents and students. It also helps set new transportation habits for the next generation.

Board president Richard Barrera stressed the urgency of adopting comprehensive clean energy policy solutions such as Climate Action Plans and Community Choice Energy. "Our kids will create an amazing world if we support them now," he said.

### WEBSITE HELPS FAMILIES FIND QUALITY EARLY EDUCATION

Quality child care comes in many shapes and sizes, just like children themselves. The trick is knowing how to look for it and recognizing it when you find it.

Parents across the San Diego region now have a resource to find quality early education and care via SDQPI.org, a new website from the San Diego Quality Preschool Initiative (QPI), a network of high-quality early care and education programs.

"A child's experiences during their first five years of life will have a profound impact for years to come," County Superintendent of Schools Paul Gothold said in a news release. "That's why investing in early education and care is the most important commitment we can make to help ensure a child's future success."

SDQPI.org was created by the San Diego County Office of Education (SDCOE) with funding from First 5 San Diego. The website is a comprehensive resource designed to help parents and providers understand what quality early care and education look like; how to find participating early care and education providers; and to assist providers who want to become part of QPI.

The new website houses guidance on the essential elements of quality in early care and education, as well as quality rating data on more than 300 programs across the county — making it the go-to resource for parents and providers. The website covers the

complete range of early care and education programs, from infant/toddler programs to center-based preschools to home-based family child care.

The first five years of a child's life are critical for doing well in school and beyond, and the QPI website will help parents find the type of early care and education programs that will give their child a strong foundation.

### OPIOID-RELATED DEATHS REMAIN STEADY

The number of prescription drug and other opioid-related deaths in San Diego County has remained steady over the past few years, according to the latest report.

The county's 2017 Prescription Drug Abuse Report Card shows 253 fatalities last year. That is five more than in 2015, but 15 fewer than in 2012 when the

highest number was recorded.

"It's good news that prescription drug-related deaths have dropped slightly since 2012," said Alfredo Aguirre, director of Behavioral Health Services for the County Health & Human Services Agency and a member of the Prescription Drug Abuse Task Force executive committee. "However, misuse and abuse of prescribed medicines continues to be a serious issue in the region."

To read more, visit the countynewscenter.com at [bit.ly/2y5gXDe](http://bit.ly/2y5gXDe).

### HEPATITIS A UPDATE

On Oct. 24, the San Diego County Board of Supervisors again extended the hepatitis A outbreak public health emergency for another two weeks.

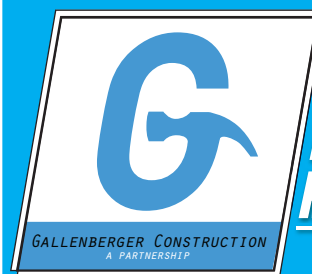
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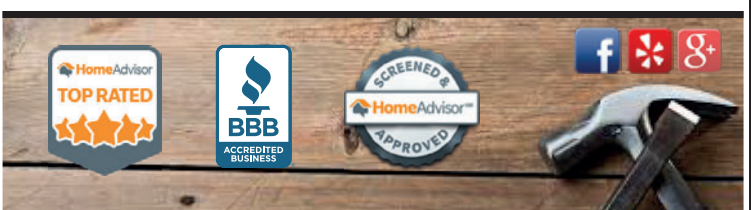


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FROM PAGE 1

## PARKING

end traffic deaths and serious injuries in San Diego by 2025, a strategy the City Council adopted in 2015.

The “vote to shorten the gap on University [Avenue] is a key step toward improving safety on one of San Diego’s most dangerous Vision Zero corridors,” said Maya Rosas, advocacy manager with Circulate San Diego.

The City Council decision fills in a critical gap in the bike lanes through the heart of Hillcrest. Bicyclists have complained for years that University Avenue, one of the busiest streets in the Uptown area, is not safe to bike.

But in 2015, the Transportation Committee of the San Diego Association of Governments (SANDAG) voted down a compromise plan with broad community support that would have improved biking along University Avenue between Washington and Normal streets. That created a significant gap in the Uptown Bikeways project to connect Hillcrest to Downtown, Mission Valley, Mission Hills and North Park.

### Removal of 29 metered spaces will result in an annual loss of \$50,000 in parking revenue

With bike lanes already planned along Fourth and Fifth avenues from Downtown to Hillcrest, bicyclists turning onto University Avenue would have been thrust into unprotected traffic. That’s when the city — not SANDAG — decided to step forward to find a workable solution to fixing most of the gap, which will construct bike lanes along University from Fifth Avenue to Park Boulevard.

The remaining gap is on a narrow portion of University Avenue from Washington Street to Fifth Avenue, and there are no plans at this time to resolve the problem.

The removal of the 29 metered spaces will result in an annual loss of \$50,000 in parking revenue, according to city documents.

To make up for the loss of parking on University Avenue, the city’s Street Division plans to convert parallel parking spaces to angle parking at these locations:

- Eighth Avenue from University Avenue to Washington Street (west side), adding 11 stalls.

- Tenth Avenue from University Avenue to state Route 163 onramp (east and west sides), adding eight stalls.

- Essex Street from Tenth Avenue to Vermont Street (north side), adding 14 stalls.

- Essex Street from Vermont Street to Richmond Street (north side), adding 15 stalls.

“HBA argued for the spaces on Essex and the side streets to off-set the bike lane losses,” Nicholls said.

To keep updated on the Uptown Bikeways project, visit [bit.ly/1CZmHnJ](http://bit.ly/1CZmHnJ).

To learn more about Vision Zero, visit [bit.ly/21G50Oe](http://bit.ly/21G50Oe).

To read the city document regarding the plan to remove parking meters in Hillcrest, visit [bit.ly/2z4W88a](http://bit.ly/2z4W88a).

To see a map showing where the meters will be removed, visit [bit.ly/2z466sP](http://bit.ly/2z466sP).

—Ken Williams is editor of Uptown News and can be reached at [ken@sdcnn.com](mailto:ken@sdcnn.com) or at 619-961-1952. Follow him on Twitter at @KenSanDiego, Instagram at @KenSD or Facebook at KenWilliamsSanDiego.

FROM PAGE 6

## CHILDREN

loving interactions with family and all caregivers. This means that early support for children and their families pays huge dividends. Nobel Prize-winning economist Dr. James Heckman has demonstrated that there is a 13-to-1 return on every dollar invested from birth to age 5 due to avoided future costs like special education, juvenile justice and health care. The smart allocation of money is early and sustained.

Investing in San Diego’s children and families of all income levels is also good for business. Employees can give their full attention to their jobs knowing their children are safe and learning. Each year, U.S. businesses lose billions of dollars to absenteeism and poor productivity caused by unreliable child-care arrangements. And the lack of affordable, quality child care causes parents to drop out of the workforce: The San Diego Regional Chamber of Commerce recently found that San Diego has the lowest female labor force participation among 10 competitor cities.

This hurts our economic competitiveness as a region.

I know personally that support makes a difference because I am living proof. I was born in San Diego and almost immediately went into our county-funded foster care system. Through supportive systems, a safety net of nutritious food, educational support and guidance, I was able to thrive. I earned a master’s degree in public health as well as a law degree, and practiced law for a decade in construction and land use. I’ve given back as a member of this community as a volunteer, a fundraiser and a leader. It has all been possible because of high-quality early support as a child. I had no control over how my life started, but I am now in a position to make a positive difference for my community. Failing to support our children is leaving talent on the table and our government, together with our business, nonprofit and philanthropic communities, can help.

I have watched for years as our tax dollars seem to evaporate while San Diego kids and families struggle. It is time to put people first. Shifting our focus to make our region’s children the top priority will bring the cost of living down and push quality of life up. To be sure, we must get the cost of housing under control and we must address the homelessness on our streets. But the single best thing we can do to improve the quality of life for the San Diegans in the long term is to prioritize youth. To do this, we must take a major leap towards universal high-quality child care available to all families who want it, not merely at the lowest and highest ends of the income scale, but ALL families.

Governor Jerry Brown signed AB 377 into law, which enables San Diego County to take critical planning steps for increasing the availability of high-quality child care. The onus is now on our region to realize that our regional competitiveness, the strength of our workforce and creating true equal opportunity all demand that every child has access to the early development that quality child care provides.

We must make San Diego not just a world-class region known for great weather and life sciences, but the best place in America to raise a family. It is our turn as San Diegans to put the people’s needs first. We must redefine what doing big things for San Diegans means. This starts with our children. They are our future.

—Omar Passons is an attorney and youth advocate and a candidate for the County Board of Supervisors, District 4.

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— Joyce Bruun, age 78, Home-maker / artist

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— Jan Delair, age 63, retired

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FROM PAGE 1

TARGET

that Target is expected to lease the 40,000-square-foot building. Hill discussed NPPC’s role in the community and mentioned Target’s plans during the public portion of the monthly meeting of the board of directors of the North Park Community Association on Oct. 25.

This summer, Target officials briefed the North Park Main Street (NPMS) board about their plans for the site. And on Aug. 10, 10News reported about the North Park Main Street meeting with Target officials. At the time, 10News said the company was still in a “fact finding phase.” The 10News report then inspired a public discussion on reddit.com, getting mostly positive responses. One commenter wrote: “You’ll bemoan it now, but you’ll shop there. Wait till you run out of toilet paper on a Sunday afternoon. South Park can testify to this.” Another commenter posted: “While I would rather have something that is not a huge chain, there are only so many things that could thrive in such a large space like that. Wang’s has been closed for a couple years and that building sits empty with bums making fort-like nests around it all the time. At this point I would welcome Target with open arms.” Angela Landsberg, executive director of North Park

Main Street, confirmed that Target officials spoke to the NPMS board. “The item was discussion and information only,” she said. “We did not take a vote to support or deny support for the business. However, the board has been very happy with the effort that Target has made to connect with the community and share information as well as their concern for the small businesses nearby who may be impacted by their presence in North Park.” Target officials plan to make a presentation to the North Park Planning Committee, “likely to be in January,” Vidales said. This may be the first chance for residents to hear about Target’s plans and comment on their proposal. Since the building is already zoned for retail use, Target is not required to appear before the NPPC. But if the company seeks a conditional-use permit to sell beer, wine and alcohol — which they do at the Target Express in South Park — then Target would need to come to the NPPC to get a recommendation, Vidales said. Hill told Uptown News that he has been informed that Target wants to apply for a liquor license in North Park. Some community activists are opposed to new liquor licenses, arguing that North Park is already saturated as the neighborhood is becoming the craft beer capital of San Diego.

Another potential issue is parking, since the building doesn’t have a parking lot. “They’ll be using the two parking lots on Grim Avenue between University Avenue and North Park Way,” Vidales said. “Those two parking lots are currently paid parking lots.” Landsberg added: “The hope is that this store will draw many of the locals who bike and walk in the area. There will also be dedicated parking in the lots directly behind the store. And let’s not forget the 400 spaces in the parking garage that are less than two blocks away.” Both Landsberg and Vidales said the addition of a Target Express would be a good thing for North Park. “Our organization looks forward to the positive impacts of more foot traffic and the additional shoppers that will come to the area to shop at Target,” Landsberg said. “After all, this space was once a J.C. Penney’s and North Park is and was a shopping district.” Vidales said a Target Express will fill a void in the neighborhood. “Target will be an option for items that cannot be found in a nearby grocery store or a pharmacy chain,” he said. “In addition, they will stay open later than Barons or Smart & Final, giving residents another choice. “They will liven up the neighborhood by activating a portion of a block that is currently empty and dark at

night, plus it’s been more than two and a half years since Wang’s closed its doors and we need to bring that big 1950s building back to life, which is part of the historic fabric of the University Avenue business corridor in North Park.” Several historical buildings remain shuttered along University Avenue. “Woolworths is still running the course with the outfall of redevelopment, International Discount Fashions has a new lease and hopefully will be filled in the coming months, and Ramona Theater is continuing to speak with prospective tenants,” Landsberg said. The F.W. Woolworth building, located at 3067-3075 University Ave. at Illinois Street, is boarded up and remains in limbo after getting caught up in the legal mess involving the redevelopment dissolution process. The city’s former Redevelopment Agency was dissolved by the courts, and city-owned properties like the Woolworth building wait for the court to approve their disposition. The International Discount Fashions building, on the highly visible northeast corner of University Avenue and 30th Street, is currently an eyesore because homeless people camp out under its broad awning. The name of the new leaseholder is unknown at this time. The Ramona Theater’s seats and movie projection system have been removed and the interior has been gutted on both levels.

Meanwhile, many other construction projects point to the vibrancy that is North Park. Nomad Donuts recently opened after remodeling the former Lady of the Lake bookstore and gift shop at 3102 University Ave. Billoury LLC plans to open a craft brewery at the former Abundance Grace Christian Center at 3117 University Ave. Rise & Shine Restaurant Group plans to convert the former Animal House Pet Shop, 2726 University Ave, into a new restaurant concept called Pizza Republic California. They operate the popular Breakfast Republic located next door. Solomon Bagels & Donuts is expected to open by year’s end at 4152 30th St., across from Vons. Drive down El Cajon Boulevard, between Park Boulevard and 30th Street, and you will notice six large housing developments going up in the transit corridor. What does this say about North Park? “The Mid-City area has a lot to offer,” Landsberg said, “and it’s only just begun!” —To read more about the historical Wang’s building, read Katherine Hon’s Past Matters column on Page 7. —Ken Williams is editor of Uptown News and can be reached at ken@sdcdn.com or at 619-961-1952. Follow him on Twitter at @KenSanDiego, Instagram at @KenSD or Facebook at KenWilliamsSanDiego.✧

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9/6

**Sudoku Puzzle**

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

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Puzzle answers on page 17

Uptown Crossword

Going Up

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By Charles Preston

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1 Quick kiss  
5 Civil War genl.  
10 Stickum  
13 To me: Fr.  
14 Near the shoulder  
16 Put two \_\_\_\_ two together  
17 Surrounded  
18 Recapped  
20 Credit  
22 Bad mark  
23 WWII craft  
24 Filled to the gills  
27 Bankroller  
29 Fur  
33 Come \_\_\_\_ halt  
34 Cubic meters  
36 Caviar  
37 Ward, with off  
38 Family man?  
41 Rust-colored pear  
44 Writer Rand  
45 Kind of prunes  
49 You \_\_\_\_ My Sunshine  
50 After home or bed  
52 Hoist  
53 Old "Nam" capital  
55 Silkworm

57 "\_\_\_\_ a jolly good \_\_\_\_"

58 It figures  
63 She figures to be a good wife  
65 Unique person  
66 Fuss  
67 \_\_\_\_ run: leave after dining  
68 The \_\_\_\_ Griffin Show  
69 Each  
70 Dog that "arfs"  
71 Being: L.

**DOWN**

1 Buddhist towers  
2 Of high rank  
3 Retinue  
4 Acquaintances  
5 Files  
6 Is jubilant  
7 \_\_\_\_ -koku: edible algae  
8 Shade trees  
9 Guido's high notes  
10 Newspaper  
11 Bill  
12 Eccentric  
15 Get \_\_\_\_ out of  
19 President McKinley's wife

21 President Arthur's wife  
25 Age upon age  
26 "Paw"  
28 Entertainer Clapton  
30 Byrne Meadowlands \_\_\_\_  
31 Scarf  
32 Not as much  
35 Improvisation  
37 Release  
39 Bread  
40 Moral custom  
41 Christmas jeer  
42 A feast \_\_\_\_ famine  
43 Pell of Washington, D.C.  
46 Some hula dancers  
47 Planers  
48 Merit  
50 Move edgeways  
51 Lay legal claim to  
54 Harem room  
56 Crude  
59 "When \_\_\_\_ a lad"  
60 "\_\_\_\_ creature was stirring \_\_\_\_"  
61 Late J. Edgar Hoover, for one  
62 Residence  
63 Faucet  
64 Pindar work

Puzzle answers on page 17

**Classifieds**

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PUZZLE ANSWERS


Sudoku  
Puzzle from page 16  

1	5	6	7	9	4	8	2	
8	9	1	2	5	7	6		
7	4	2	6	8	5	1	9	
4	6	1	7	8	7	9	8	5
5	9	7	8	6	1	2	4	8
2	8	5	4	9	7	6	1	
8	1	5	7	7	2	6	9	8
6	2	4	9	1	8	5	7	
9	7	8	5	6	1	2	4	

Going Up  
Crossword from page 16  

E	S	S	E		A	N	D	V	S		U	E	D
A	B	E	W		D	N	V	L	V	E		O	D
E	N	O		N	W	O	M		T		I	O	I
E	N	I	H	O		W		N	I		O	D	V
S	E	H		I	R	E				I	O	N	V
E	A	V	E	H		D		V	E	I	S		E
O	E	M	E	L	S		N	A	V		O	S	O
D	N	E											
V	O	I											
D	E	I	V	S									
D	E	Z	I										
D	N	V											
O	O												

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# UPTOWN CALENDAR



## 'Alice in Wonderland Jr.'

Nov. 3-5 and Nov. 10-12 by Center Stage Children's Theater, Mission Hills United Church of Christ, 4070 Jackdaw St. 866-967-8167 or centerstagechildrenstheater.org.

## 'Orange is the New Black'

"Orange is the New Black" exhibit, Art on 30th gallery, 4434 30th St., North Park. Through Nov. 18. Visit arton30th.com or call 619-894-9009.

## 'Monet's Étretat: Destination and Motif'

View several works by French Impressionist painter Claude Monet, including two major oil paintings on loan from The Metropolitan Museum of Art. Free. Through Sunday, Dec. 31. Timken Museum of Art, 1500 El Prado, Balboa Park. bit.ly/2wvCR16.

## 'Game Masters: The Exhibition'

See the works of over 30 video game designers and play video games both old and new. \$17-\$20. Through Jan. 15, 2018. Fleet Science Center, 1875 El Prado, Balboa Park. bit.ly/2sYkb5q.

## 'Arts of South and Southeast Asia'

This exhibition displays images of Hindu deities. Through Jan. 31, 2019. San Diego Museum of Art, 1450 El Prado, Balboa Park. bit.ly/2sXMd1b.

## 'Brenda Biondo: Play'

Exhibit features 25 photographs from Brenda Biondo's series "Playground" and "Paper Skies." Through March 11, 2018. San Diego Museum of Art, 1450 El Prado, Balboa Park. bit.ly/2sYluiA.

## Square dancing classes

No previous dance experience needed. 8-9:30 p.m., Recital Hall, 2130 Pan American Plaza, Balboa Park. \$50 for 13 classes. 858-277-7499 or circulators.sdsda.org.



## 'Once Upon a Body'

Exhibit by Bhavna Mehta, today through Nov. 18, Art Produce, 3139 University Ave., North Park. 619-584-4448.

## Friends of the Library book sale

9:30 a.m., North Park Library, 3795 31st St. 619-533-3972.

## 'The Zoo Story'

San Diego Actors Theatre presents the Edward Albee play that explores themes of isolation, loneliness, miscommunication and dehumanization in a commercial world. 2 p.m. Nov. 4-5 and Nov. 11-12 at Pioneer Park, 1521 Washington Place, Mission Hills. \$20. sdactors theatre.net or 619-997-2589.

## Old Town Saturday Market

9 a.m.-4:30 p.m., Harney Street and San Diego Avenue,

Old Town. Also held on Sundays. Oldtownsaturdaymarket.com.

## Golden Hill Farmers Market

9:30 a.m.-1:30 p.m., B Street between 27th and 28th streets, Golden Hill. Sdmarketmanager.com.

## Vegan Taco Cook-Off

4-8:30 p.m., Fair@44, 4350 El Cajon Blvd., City Heights. Judged competition sponsored by City Heights Economic Development Collaborative. \$5. Bit.ly/2yl8Aga.

## Holiday Art Market opens

The Holiday Art Market lets local artists who have participated in The Studio Door over the past sell affordable, small works of art. Noon-6 p.m. The Studio Door, 3750 30th St., North Park. Through holidays. Visit bit.ly/2i2OCiY.

## Comedy Heights

Local comedians perform 8-10 p.m., Twiggs Coffeehouse, 4590 Park Blvd., University Heights. Free. Comedyheights.com.



## Susan G. Komen Race for the Cure

8 a.m., annual 5K and 1-mile walk/run in Balboa Park. Fundraiser for free breast cancer services and support. Komensandiego.org or 858-573-2760.

## Hillcrest Farmers Market

9 a.m.-2 p.m., Normal Street between University Avenue and Lincoln Street. Hillcrestfarmersmarket.com.

## 'Legacy in Black'

10 a.m.-5 p.m. daily, works by local African-American artists Manuelita Brown, Ernest Eugene Barnes Jr., Jean Cornwell Wheat, Albert Fennell, Kadir Nelson, Faith Ringgold, Charles Rucker and Rossie Wade exhibited through April 15, 2018 at San Diego History Center, 1649 El Prado, Balboa Park. 619-232-6203 or sandiegohistory.org.

## Holidays for Heroes

10 a.m.-2 p.m., American Red Cross of San Diego/Imperial Counties holiday card-making campaign for servicemembers, veterans and their families at Veterans Museum & Memorial Center, 2115 Park Blvd. in Balboa Park. Redcross.org/sandiego.

## Save Hillcrest fundraiser

The nonprofit SaveHillcrest.com has a fundraiser to mount a legal defense to fight the Hillcrest 111 mixed-use development at the corner of Robinson and Seventh avenues. 1-3 p.m. at The Meadows, No. 3, 3065 Third Ave., Bankers Hill. Each dollar donated will be doubled. 619-379-3416.

## West African dance class

Master dancer Djibril Camara from Guinea teaches

classes for all ages and skill levels. 5:30-7 p.m., La Vie Dance Studio, 325 W. Washington St., Hillcrest. bit.ly/2rkMr1u.



## Cults at The Irenic

Cults, Curls and The Willowz perform at 7 p.m., The Irenic, 3090 Polk Ave., North Park. All ages. \$20-\$22. Ticketfly.com.



## Bankers Hill Parking Committee

5-6:30 p.m., Merrill Gardens, 2567 Second Ave., Bankers Hill.

## North Park Toastmasters

6:30-8 p.m., St. Luke's Episcopal Church, 3725 30th St., North Park. 619-694-9148. bit.ly/2vMOGje.

## Open Mic Night

6:30 p.m., Lestat's Coffee House, 3343 Adams Ave., Normal Heights. Free. bit.ly/2vMqHR9.



## Adams Avenue Business Association

8 a.m., board of directors meeting, Normal Heights Community Center, 4649 Hawley Blvd.

## 'Mano a Mano: Hugo Crosthwaite vs. Jose Hugo Sanchez'

10 a.m., San Diego Art Institute, 1439 El Prado, Balboa Park. Two artists to spar in hand-to-hand artistic performance over next five days, improvising for audiences in a pictorial narrative on migration, dislocation, labor and life in the Mexico-U.S. border region they call home. Giant mural to be unveiled 6-8 p.m. Nov. 11 and on exhibit until Jan. 7, 2018. \$5. \$3 for seniors, military, teachers and students. Sandiego-art.org.

## North Park Main Street Design Committee

5:30-7:30 p.m., North Park Main Street office, 3939 Iowa St., Suite 2. 619-294-2501.

## Normal Heights Community Association

6 p.m., Normal Heights Community Center, 4649 Hawley Blvd.

## Normal Heights Community Planning Group

6 p.m., Normal Heights Community Center, 4649 Hawley Blvd.

## Uptown Planners

6 p.m., Joyce Beers Community Center, 3900 Vermont St., Hillcrest.

## Curbside Bites

Gourmet food trucks gather 5-8 p.m., 3030 Grape St., South Park. bit.ly/2vMQDw2.



## North Park Main Street

Board of directors meeting, 7:30 a.m., North Park Main Street office, 3939 Iowa St., Suite 2. 619-294-2501.

## Old Town Community Planning Group

3:30 p.m., The Whaley House, 2476 San Diego Ave.

**Greater Golden Hill Community Planning Group**  
6:30 p.m., Balboa Golf Course Clubhouse, 2600 Golf Course Drive.

## Ken-Tal Community Planning Group

6:30 p.m., Copley-Price Family YMCA, 4300 El Cajon Blvd.

## Burlingame Neighborhood Association

7 p.m., Mazara Trattoria, 2302 30th St.

## Wednesday Night Experience

Uplifting and spiritually inspiring experiences for all, 7-8 p.m., Universal Spirit Center, 3858 Front St., Hillcrest. \$20 donation requested. bit.ly/2vMK5xl.



## San Diego Asian Film Festival

The 18th annual San Diego Asian Film Festival, Nov. 9-18, UltraStar Mission Valley. More than 150 films will be shown. Sdaff.org or 619-400-5911.

## Uptown Sunrise Rotary Club

Weekly meeting, 7 a.m., Panera Bread, 1270 Cleveland Ave., Hillcrest. bit.ly/2pezpnR.

## North Park Thursday Market

3-7:30 p.m., North Park Way between 30th Street and Granada Avenue. Northparkfarmersmarket.com.

## Thanksgiving Cookie Decorating

For kids, 3:30-4:30 p.m., Mission Hills Library, 925 W. Washington St. Limited to 30 participants. RSVP: 619-692-4910.

## Kornflower's Open Mic

Sign up at 7 p.m., open mic (no poetry or comedy). Family-friendly event, Rebecca's Coffee House, 3015 Juniper St., South Park, free. RebecascOFFEEHOUSE.com.

## Liberty Toastmasters Club

7 p.m., St. Paul's Community Care Center, 328 Maple St., Bankers Hill. bit.ly/2vN6A5t.

## Courage to Change - Al-Anon meetings:

7:15-8:15 p.m., for friends and relatives of alcoholics, Christ United Presbyterian Church chapel, 3025 Fir St., South Park.



## 'American Carnage: A Love Story'

7:30 p.m. preview of world premiere written and directed by Aimee Greenberg, staged by fruitlessmoon theatreworks at City Heights Performance Annex, 3795 Fairmount Ave. Thursday through Sunday. Through Nov. 26. \$20. fruitlessmoontheatreworks.org or 949-246-1698.



## Chris Mann

8 p.m., Chris Mann ("Phantom of the Opera") performs "Urban Songbook: The New Standard," Martinis Above Fourth Table + Stage, 3940 Fourth Ave., Hillcrest. \$35-\$40 reserved seating, \$15 per person food/drink minimum. 619-400-4500.

## Kirtan Musical Meditation

8:30 p.m., chant and sing ancient and contemporary mantras celebrating love and life, Pilgrimage of the Heart Yoga, 3301 Adams Ave., Normal Heights. Free - donations welcome. Pilgrimageyoga.com.



## 'Aircraft Carrier: Guardian of the Seas'

Giant-screen premiere, IMAX theater, Fleet Science Center, Balboa Park. Rhfleet.org.

## Memory Café

Gathering place for those with memory loss, caretakers and those worried about memory problems. 10-11:30 a.m., First Unitarian Universalist Church of San Diego, 4190 Front St., Hillcrest. Donations appreciated. bit.ly/2vMSZV.

## Fundraiser for youth programs

The nonprofit Media Arts Center San Diego, producer of the Teen Producers Project and the Youth Media and Technology camps, fundraiser to sustain their education programs, 6-8 p.m., Digital Gym Cinema, 2921 El Cajon Blvd., North Park. Live music, art, tasty bites from celebrity chefs. \$20 for fundraiser. \$30 includes ticket to opening night film of Hola Mexico Tour 2017, sponsored by San Diego Latino Film Festival. Bit.ly/2yjf3yU.

## Square dancing classes

No previous dance experience needed. 8-9:30 p.m. Recital Hall, 2130 Pan American Plaza, Balboa Park. \$50 for 13 classes. 858-277-7499 or circulators.sdsda.org.



## Veterans Day Parade

11 a.m.-1 p.m., 31st annual San Diego Veterans Day Parade. Begins at County Administration Building and proceeds south on North Harbor Drive past USS Midway Museum to Pacific Highway. Suggestion: Use trolley to get Downtown. Sdvetparade.org.



## 'The Zoo Story'

San Diego Actors Theatre presents the Edward Albee play that explores themes of isolation, loneliness, miscommunication and dehumanization in a commercial world. 2 p.m. Nov. 11-12 at Pioneer Park, 1521 Washington Place, Mission Hills. \$20. sdactors theatre.net or 619-997-2589.

## Ray at Night

6-10 p.m., free monthly art walk with entertainment in North Park. bit.ly/2qpDeyY.

## 'Falling'

7:30 p.m., InnerMission production of Deanna Jent play about autism, directed by Samantha Ginn. Through Nov. 25 at Diversionary Theatre, 4545 Park Blvd., University Heights. \$25. Innermissionproductions.org.

## 'Romeo and Juliet'

8 p.m. opening night, Sheryl and Harvey White Theatre, Conrad Prebys Theatre Center, The Old Globe, 1363 Old Globe Way, Balboa Park. Production by The Old Globe and University of San Diego Shiley Graduate Theatre Program. Shows through Nov. 19. \$19. 619-234-5623.

## Comedy Heights

Local comedians perform 8-10 p.m., Twiggs Coffeehouse, 4590 Park Blvd., University Heights. Free. Comedyheights.com.

## Old Town Saturday Market

9 a.m.-4:30 p.m., Harney Street and San Diego Avenue, Old Town. Also held on Sundays. Oldtownsaturdaymarket.com.

## Golden Hill Farmers Market

9:30 a.m.-1:30 p.m., B Street between 27th and 28th streets, Golden Hill. Sdmarketmanager.com.



## Hillcrest Farmers Market

9 a.m.-2 p.m., Normal Street between University and Lincoln avenues. Hillcrestfarmersmarket.com.



FROM PAGE 18

CALENDAR

**UH Arts Open – Taste of University Heights**  
University Heights Arts Open, 11 a.m.–4 p.m., and Taste of University Heights, noon–3 p.m. \$20 in advance; \$25 day of event. UHarts.org or 619-297-3166.

**Gun violence discussion**  
2:30–4 p.m., San Diego chapter of Brady Campaign to Prevent Gun Violence and Moms Demand Action discuss gun violence, Eclipse Chocolate, 2145 Fern St., South Park. 619-578-2984.

**West African dance class**  
Master dancer Djibril Camara from Guinea teaches classes for all ages and skill levels. 5:30–7 p.m., La Vie Dance Studio, 325 W. Washington St., Hillcrest. bit.ly/2rkMr1u.

MONDAY

Nov. 13

**North Park Maintenance Assessment District**  
6 p.m., North Park Adult Activity Center, 2719 Howard Ave.

**North Park Toastmasters**  
6:30–8 p.m., St. Luke’s Episcopal Church, 3725 30th St., North Park. 619-694-9148. bit.ly/2vMOGje.

**Open Mic Night**  
6:30 p.m., Lestat’s Coffee House, 3343 Adams Ave., Normal Heights. Free. bit.ly/2vMqHR9.



**Cold Specks at Soda Bar**  
Cold Specks (Somali-Canadian singer Ladan Hussein) and LA Timpa perform a 21-and-older show, 8:30 p.m., Soda Bar, 3615 El Cajon Blvd., North Park. \$12–\$14. 619-255-7224 or sodabarmusic.com.

TUESDAY

Nov. 14

**Hillcrest Business Association**  
Board of directors meeting, 5 p.m., Joyce Beers Community Center, 3900 Vermont St.

**Hillcrest Town Council**  
6:30 p.m., Joyce Beers Community Center, 3900 Vermont St.

WEDNESDAY

Nov. 15

**Mission Hills Business Improvement District**  
3:30 p.m. Visit missionhillsBID.com for meeting location.

**Wednesday Night Experience**  
Uplifting and spiritually inspiring experiences for all, 7–8 p.m., Universal Spirit Center, 3858 Front St., Hillcrest. \$20 donation requested. bit.ly/2vMK5xl.

**Concerts at The Irenic**  
Slaughter Beach Dog, Walter Etc and Shannen Moser perform at 6:30 p.m., The Irenic, 3090 Polk Ave., North Park. All ages. \$12. Ticketfly.com.

THURSDAY

Nov. 16

**Uptown Sunrise Rotary Club**  
Weekly meeting, 7 a.m., Panera Bread, 1270 Cleveland Ave., Hillcrest. bit.ly/2pezpnR.

**North Park Book Club**  
3 p.m., North Park Library, 3795 31st St. 619-533-3972.

**North Park Thursday Market**  
3–7:30 p.m., North Park Way between 30th Street and Granada Avenue. Northparkfarmersmarket.com.

**North Park Community Association mixer**  
6 p.m., grand opening of Second Chance Beer Company, 4045 30th St., Suite A, North Park. Northparksd.org.



**Meet author Adam Braver**  
7 p.m., Adam Braver, author of “The Disappeared,” in conversation with Amy Wallen, The Book Catalyst, 3010-B Juniper St., South Park. 619-795-3780.

**Kornflower’s Open Mic**  
Sign up at 7 p.m., open mic (no poetry or comedy). Family-friendly event, Rebecca’s Coffee House, 3015 Juniper St., South Park, free. Rebeccascoffeehouse.com.

**Liberty Toastmasters Club**  
7 p.m., St. Paul’s Community Care Center, 328 Maple St., Bankers Hill. bit.ly/2vN6A5t.

**Courage to Change – AI-Anon meetings:**  
7:15–8:15 p.m., for friends and relatives of alcoholics, Christ United Presbyterian Church chapel, 3025 Fir St., South Park.

see Calendar, pg 20

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[auditoryresearchslhs@mail.sdsu.edu](mailto:auditoryresearchslhs@mail.sdsu.edu)

**SAN DIEGO STATE UNIVERSITY**



FROM PAGE 19  
CALENDAR



**Medavog 2018 Men's Couture Collection**  
8 p.m.–midnight, local designer Francisco Medavog will launch his first Men's

Couture Collection, Brick Bar, 1475 University Ave., Hillcrest. [bit.ly/2gR8t7r](http://bit.ly/2gR8t7r).

**Kirtan Musical Meditation**  
8:30 p.m., chant and sing ancient and contemporary mantras celebrating love and life, Pilgrimage of the Heart Yoga, 3301 Adams Ave., Normal Heights. Free – donations welcome. [Pilgrimageyoga.com](http://Pilgrimageyoga.com).

To view local community organization meeting information online, visit [bit.ly/2esLpLR](http://bit.ly/2esLpLR).

—Compiled by Ken Williams. Email calendar items to [ken@sdcnn.com](mailto:ken@sdcnn.com).

FROM PAGE 13  
BRIEFS

The county's public health officer declared the outbreak emergency on Sept. 1 and the board is required to review the need for continuing the declaration every 14 days.

Through Oct. 31, there have been 536 cases associated with the outbreak, including 20 deaths and 357 hospitalized.

The county and community partners have given nearly 84,000 hepatitis A vaccinations, including 70,748 to the at-risk population,

which includes homeless individuals, illicit drug users, people with chronic liver disease, law enforcement and emergency personnel, people who work with homeless or treatment programs, food handlers, and men who have sex with men.

The board was presented with a letter from the Centers for Disease Control and Prevention that recommended against testing the San Diego River or any body of water for waterborne hepatitis A virus. The CDC letter stated there has not been a documented waterborne hepatitis A outbreak in over 30 years and referred to the "futility of

environmental sampling" during a person-to-person outbreak such as San Diego's.

"There is no evidence that either water or environmental sampling provides additional information for addressing person-to-person HAV transmission," said John Ward, CDC director of viral hepatitis wrote in the letter. "Thus, investing in these activities would unnecessarily divert resources that are needed to contain the outbreak in proven and effective ways (vaccination, education, restrooms, and hand hygiene practices)."

To read more, visit the county-newscenter.com at [bit.ly/2y4MncM](http://bit.ly/2y4MncM).

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