Old Town • Mission Hills • Bankers Hill

Halloween hauntings Calendar, P. 14

Hillcrest • University Heights • Normal Heights • North Park • South Park • Golden Hill • Kensington • Talmadge

#### >> COMMUNITY P. 3



HBA conducts annual meeting

#### >> FEATURE P. 4



Breast cancer survivor honored

#### ➤➤ THEATER P. 7



When drag queens rule the day

#### >> DINING P. 10



Dr. Ink's happy hour at Dunedin

#### Index

Opinion	6
Classifieds1	2
Puzzles1	2
Business & Services1	3
Calendar1	4

#### Contact us

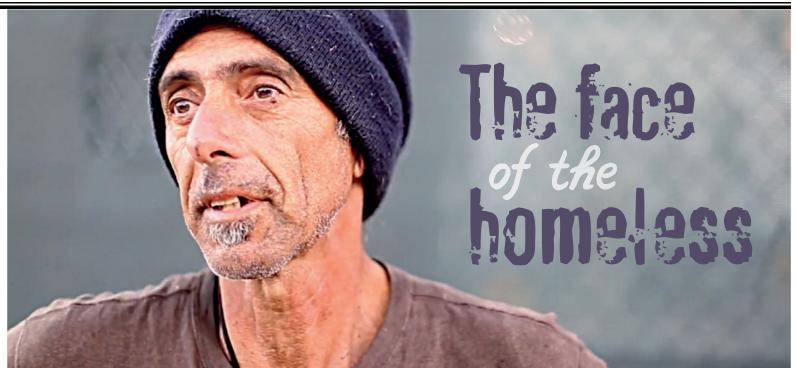
#### **Editorial/Letters**

619-961-1952 ken@sdcnn.com

#### Advertising

619-961-1958 mike@sdcnn.com

www.sdcnn.com San Diego Community News Network



Tony lost his job, and then his home. He now lives on the streets of San Diego. He tells his heartbreaking story in the documentary, "Tony — The Movie," showing soon at the Observatory North Park. (Screenshot from the movie)

### Local man shares his story of homelessness in 'Tony – The Movie'

By Lucia Viti

Tony Rodriguez is an intelligent and articulate man. The San Diego native is described as humble, kind, compassionate, loyal and creative. Sporting an associate's degree in graphic

arts from Mesa College, Tony draws, paints and assembles sculptures made from discarded items. Tenacious and handy with tools, he can even fix a bicycle "in a heartbeat."

Five years ago, Tony lost his job as a waiter, despite a 15-year tenure. Lacking financial and familial support, he could no longer afford his basement apartment. Homeless, Tony said he learned to survive living on the streets because it was "easier than living in shelters." For the record, Tony is not — and never has been — an addict or an alcoholic. And he doesn't suffer from a mental illness. Gaming the bureaucratic system is also out of the question:

see Tony, pg 15

### **Georgia Street Bridge project lags behind**

Ken Williams | Editor

No, it's not your imagination. The Georgia Street Bridge project on University Avenue in North Park is running way behind schedule.

The historical bridge is undergoing a \$14 million face-lift to restore the aging landmark to its original glory, and the rehabilitation project was originally envisioned to be finished by now.

But motorists, pedestrians, bus riders and nearby neighbors continue to be inconvenienced by the construction, which has reduced traffic to one lane in each direction and caused noise and dust to plague that part of Uptown. The No. 7 bus traveling north on Park Boulevard cannot turn right onto University Avenue due to the construction and is being rerouted, making commutes longer for bus riders.

Recently, Hillcrest resident Primo Vannicelli started a post on nextdoor.com asking about the status of construction on the Georgia Street Bridge. San



Construction is months behind on the Georgia Street Bridge project on University Avenue, east of Park Boulevard. (Photo by Ken Williams)

Diego Uptown News decided it was time to update our article posted after the project kickoff ceremony on July 19, 2016.

Alec Phillipp, a public information officer with the city, confirmed that the project is running behind schedule.

"The project is currently eight months behind the initial estimate. Time extensions for additional work and inclement weather contributed to that but potential changes in condition in the soil backfill and difficult

drilling have extended the time considerably," Phillipp said.
"Also, we have limited our use of night work to minimize noise disturbance, which contributed to the delay."

The new target date for completion of the project is spring 2018.

What is the current status of the project?

"We are currently pouring concrete retaining wall

**see Bridge**, pg 5

### Uptown News BRIEFS

#### GOVERNOR DECLARES STATE OF EMERGENCY OVER HEPATITIS A CRISIS

Gov. Jerry Brown issued an emergency proclamation on Oct. 13 that allows the state to boost its supply of vaccines to combat the hepatitis A crisis.

Most of the hepatitis A incidents have occurred in San Diego County, but cases have now also been reported in Los Angeles and Santa Cruz counties. While a majority of the cases have involved the homeless or people who use illegal drugs, others have not fit into those categories.

In San Diego County, 19 deaths have been attributed to hepatitis A and more than 500 people have been sickened by the virus as of Oct. 18, according to the San Diego County Health and Human Services

**see Briefs**, pg 5



### **Hillcrest Town Council update**

By Benny Cartwright

While the featured presentation at the Oct. 10 meeting of the Hillcrest Town Council (HTC) was on the neighborhood's LGBTQ+ past and present, it was clear that the issue of homelessness and the hepatitis A outbreak that is spreading through San Diego was on people's minds.

During the public comment period, one neighbor spoke up about the hepatitis A outbreak, explaining what he believes to be the symptoms of the illness and encouraging anyone who exhibits symptoms to immediately see a doctor.

Almost all of the representatives of our elected officials who were present also spoke about homelessness and the related hepatitis A crisis, and addressed some of the things that their offices are doing. Assemblymember Todd Gloria's office said that they are doing everything they can at the state level to leverage resources to support the health emergency, but also to come up with affordable housing solutions. Other offices mentioned that handwashing stations have been placed throughout neighborhoods as a potential solution to the hepatitis A outbreak, and the city opened a temporary "campground" for homeless individuals on Oct. 9 in an old city public works lot. The campground is a temporary

arrangement as the city prepares to open three giant tents to house homeless people and provide wrap-around social services.

The Hillcrest Town Council has previously hosted several forums on homelessness and will continue to address the issue and encourage our elected officials to support our community members in need. While we understand some of the difficulties the homeless population can cause for housed folks, we believe that homelessness is not the fault of the unhoused population, rather a systemic problem that we need to address as a community. We always welcome input and solution ideas from our neighbors.

Other items discussed included an update from UCSD Health on the future reconstruction of their Hillcrest campus, and an update on the University Avenue Pipeline Project. We'll post more about those projects on our social media pages as information becomes available.

It was a very busy meeting as we also held an election for a Hillcrest resident seat on the Uptown Community Parking District (UCPD) advisory board, which is comprised of members of the four neighborhood committees. The neighborhoods are Bankers Hill, Hillcrest, Mission Hills and International Restaurant Row. The organization's charge is to address parking inventory/supply, uniformity of parking



Jen LaBarbera, Lambda Archives of San Diego's lead archivist, talked about Hillcrest's LGBTQ+ past and present. (Photos by Kaimi Wenger)

allocation, traffic circulation, public information, public transit and comprehensive system management.

Gerri Trussell, UCPD's executive director, led the election, which had two Hillcrest residents vying for the open seat. HTC's membership, which is the body that has been given the authority to elect the Hillcrest resident seat to the board, elected Miah Earn. A longtime Hillcrest resident, Earn has been an active participant at HTC meetings, and we look forward to her fresh voice on this important board. Earn  $\,$ will attend HTC meetings whenever possible and be open to hearing input on parking

issues that she can take back to the UCPD board.

The second half of the meeting was dedicated to a wonderful presentation on Hillcrest's LGBTQ+ past and present, presented by the Lambda Archives of San Diego's Lead Archivist Jen LaBarbera. The presentation opened with a brief introduction to the important work the Archives does to gather the history of San Diego and Baja California's LGBT communities. She then spoke to the group about why Hillcrest became the region's LGBT enclave, and several notable historical events in the area. While Hillcrest is a neighborhood that is open and welcome to everyone, the LGBT community has a rich history in the area, and will continue to be a major presence for years to come — and we like that!

The next Hillcrest Town Council meeting is scheduled for Tuesday, Nov. 14 from 6:30-8 p.m. at Joyce Beers Community Center in the HUB shopping center. Check out our Facebook page soon to get more information about the meeting topic when we announce it. Also mark your calendar for our annual Hillcrest Holiday Party scheduled for Friday, Dec. 8, from 6-8 pm at Gossip Grill. Mayor Kevin Faulconer's office has called us "the most fun town council in the city" so you definitely don't want to miss our holiday celebration!

—Benny Cartwright is vice chair of the Hillcrest Town Council.❖



### SO YOU THINK YOU CAN SING!?

If you can carry a tune and enjoy singing, please come sing with us at the St. Joseph Cathedral Choir at 1535 Third Avenue, San Diego, CA 92101. Rehearsals begin September 7th every Thursday night at 7pm.

The St. Joseph Cathedral Choir will sing every Sunday at the 10:30am mass beginning Sunday, September 10th





Hillcrest Town Council chair Kath Rogers and a map of the University Avenue Pipeline Project

# NEIGHBORHOOD HOUSING CRISIS! 10,723 Homes Illegally Converted To AIRBNB MINI-HOTELS!

San Diegans
need homes!
Housing
is a crisis.

Change our laws
homes for hotels.

Councilmember Chris Ward Wants to Change Our Zoning Laws!
Selling out San Diegans! In AIRBNB'S Pocket!

"We must protect our existing housing stock in San Diego by regulating short-term rentals to prohibit absentee investors from taking homes away from those who live and work here."

Assemblyman Todd Gloria
Former City Council President/District 3

"Legislation that allows private homes to be leased out as hotels will blur the line between commercial and residential neighborhoods, and thereby ruin the distinct character of numerous residential areas. I believe that the growth of short term vacation rentals will also cause the already high cost of living to further increase and exacerbate the shortage of affordable housing, as homeowners and renters will leave their units to rent them out to hotel users."

"Allowing short-term rentals – a commercial use – in single-family residential neighborhoods undermines the purpose and intent of single-family zoning. The latest proposal to allow short-term rentals in San Diego by Councilman Chris Ward and others is fatally flawed and should be rejected."

Joe Flynn, former Deputy Planning Director

City of San Diego

"When supply is low and demand is high, that drives up the price of housing. And again, the short-term vacation rentals adds to the lack of supply."

Professor Alan Gin. Prominent Economist. University of San Diego

"At a time when the region is experiencing a severe housing crisis driven by a lack of supply, vacation rentals further constrain the housing market and displace local residents, forcing them to rent elsewhere. The net impact of this tightened housing supply is felt most acutely by the most vulnerable of our citizens."

Stephen Russell, Executive Director San Diego Housing Commission

#### **Chris Ward's Proposal Will**

- Legalize Airbnb Mini-Hotels In Your Neighborhood!
- Allow Thousands Of Tourists In San Diego Residential Zones!
- Increase Rents and Housing Costs!
- Reduce Housing Availability!
- Increase Taxes for San Diegans!



### **HBA** holds annual meeting

Hillcrest Business Association conducted its annual meeting on Oct. 10 at The Offices of M. Roland and Associations, on the top floor of the Mr. Robinson building on the corner of Park Boulevard and Robinson Avenue.

Guests sipped wine or cocktails and sampled sliders at the mixer-style meeting that was open to the public. HBA executive director Benjamin Nicholls shared the annual report, and elections were held for seven seats on the HBA board of directors as well as a seat on the Uptown Community Parking District board.

All seven candidates seeking a two-year term on the HBA board were elected or re-elected by a majority vote. They are:

- Ryan Bedrosian, general manager of Rich's Nightclub.
- Tami Daiber, chief operating officer at Carleton Management.
- John Husler, founder and operator of Lestat's Coffeehouses in Hillcrest, University Heights and Normal Heights. Husler was the only new board member elected.
- Charles Kaufman, co-owner of Bread and Cie.
- Larry Malone, co-owner of Empire House.
- Alfonzo Tsing, banking center manager at Comerica Bank.
- Delour Younan, owner and operator of Hillcrest Shell gas station.

Visit bit.ly/2yuuEse for more detailed biographies.

—Text by Ken Williams



(I to r) HBA executive director Benjamin Nicholls looks on as Councilmember Chris Ward honors Crest Café owner Cecelia Moreno for the restaurant's 35 years of business in Hillcrest. Moreno had just made a joke about how she made it that long: "Lots of alcohol." (Photos by Ken Williams)



Eric Fillion, co-owner of Pardon My French Bar & Kitchen, was elected as the Hillcrest representative on the **Uptown Community Parking District** during the HBA annual election.



(I to r) HBA board member Michael Brennan and Robert Clossin, director of physical and community planning for UC San Diego



Gerrie Trussell, executive director of Uptown Community Parking District, and Marc Marconi, UCPD's Hillcrest project coordinator



(I to r) Carla O'Dell, Tami Daiber, Cecelia Moreno and Benjamin Nicholls



Tami Daiber is president of the HBA board of directors.





3845 Front Street • 619-990-2441 www.hillcresthousebandb.com



### **HELPING INJURED PEOPLE WHEN HELP IS NEEDED MOST**

You are entitled to be compensated for the damages that you have suffered that are legally caused by another.

Dog Bites

Assault and Battery

• SCUBA Diving Accidents

- Catastrophic Injury
- Brain Injury Wrongful Death
- Trucking Accidents
- Auto Accidents
- Motorcycle Accidents
- Injuries to Children and the Elderly
- and Deaths • Bicycle Accidents
- Boating Accidents Pedestrian Accidents
- Intoxicated Driving Accidents Insurance Bad Faith

Do not be bullied - let us fight for you.



Law Office of SPENCER GUERENA

San Diego Personal Injury Lawy

**Spencer Guerena** Attorney at Law 3200 Adams Avenue, Suite 206 San Diego, CA 92116 (619) 955-5151 • (619) 955-5195 fax

spencer@guerenalaw.com



### SCOVE URBAN OPTIKS OPTOMET

SAN DIEGO'S FINEST COLLECTION OF LUXURY EYEWEAR & SUNWEAR CURATED FROM AROUND THE WORLD



#### **OVER 100 5-STAR YELP REVIEWS**

Invision Magazine's Top 10 Optical Retailer in the Nation 2015 San Diego Uptown News "Best Optometrist" 2009-2017 GSDBA Emerging Business Of The Year 2010

Anne Et Valentin - France \* Baars Eyewear - Paris \* Booth & Bruce - England Claire Goldsmith - London \* Face a Face - Paris \* Francis Klein - Paris Gold & Wood - Paris \* Hoffmann Natural Horn - Germany \* ic! berlin - Germany Kaenon Polarized - USA \* I.a.Eyeworks - Japan \* Matsuda - Japan Oliver Goldsmith - London \* Prodesign - Denmark Swissflex - Switzerland \* Traction Productions - Paris Tom Davies - London \* Theo - Belgium Vinylize - Budapest

Gary A. Klein, O.D. Optometrist Kristy Cambone, Erika Caesar & Kari Gridley Opticians

**Cairo Building Hillcrest** 3788 Park Blvd Suite 5 619.683.2020 uoosd.com

## Feeling of hope'

### Mission Hills woman named 2017 Honorary Breast Cancer Survivor

By Joyell Nevins

"It was a light along the way what at times was a very hard wav."

That's how Mission Hills resident and breast cancer survivor Christine Trimble describes the Susan G. Komen San Diego (Komen SD) foundation. Meet Trimble and support the foundation's efforts at its annual Race for the Cure, held from 6:30-10:30 a.m. on Sunday, Nov. 1, in Balboa Park.

In September 2014, Trimble was diagnosed with stage 3C breast cancer, an "aggressive advanced" form of the disease. She had just started chemotherapy when a co-worker at Qualcomm, where Trimble is the vice president of public affairs, suggested she come to Komen SD's Race for the Cure. Trimble didn't know much about the organization or the event, but agreed to come.

Before the race begins, all survivors are honored on stage in a special ceremony. They are brought up in groups by the number of years they've survived. Being just a couple months into her treatment, Trimble was the only one in her

"I looked out at this sea of pink and I didn't feel like a survivor," Trimble recalled. "I thought, I'm not sure that I can get through this, but next year I'm going to be one of those [survivors] in the other groups."

After chemotherapy, a mastectomy and radiation, Trimble's cancer was declared in remission in fall 2015. But she marks that moment at the race as a turning point in her cancer battle.

"Looking at those thousands of faces, it was very emotional. It was so inspirational, and so empowering. I just had this feeling of hope," Trimble said. "I knew it was giving me the boost I needed.'

Trimble also credits her husband Kent, with whom she just celebrated 22 years; her son, Nicholas; her extended family (including a sister and brother-in-law in the medical field) and some incredible friends for

being her support system. They offered both emotional support -Trimble refers to Kent as "my cheerleader" — and practical support.

"When people say 'if you need something, let me know' ... well, at the time, you don't really know what you need," Trimble said.

But her circle of friends and family recognized and filled her needs. They accompanied Trimble to doctor's appointments, helping take notes and making sure the right questions were asked (Trimble notes that there is a huge onslaught of information coming at you in those appointments). A group organized a meal schedule online, so every day she had chemotherapy there was a hot meal dropped off for her family.

"It was so nice — one less thing I had to worry about," Trimble said.

Even her dog 'Stein (short for Einstein) was a comforting companion. When she felt sick from a treatment, Trimble said, "he would be so content to sit next to me." She admits that 'Stein was bought as a family dog, but both Kent and Nicholas acknowledge that animal is completely hers!

#### A broader picture

Helping meet emotional and practical needs in other breast cancer survivor's lives is



Mission Hills resident Christine Trimble, with her dog Einstein, who was a faithful companion during her battle against breast cancer (Courtesy of Susan G. Komen San Diego)

something Komen SD strives to do. But the organization doesn't provide these services themselves: they work as a giant network to get women the resources they need.

Komen SD is an expert at identifying a need and finding a way to fill it — "bridging barriers to care," as they say. Every two years, leadership has a "needs assessment" summit. They determine what they believe the holes in services are, and what San Diego women and families specifically need in the fight against breast cancer. This time around, those barriers that need to be bridged include under-insurance, lack of time and transportation, illiteracy, low finances,

diagnostics, lack of support, issues with HMOs and cultural barriers.

Then once a year, Komen SD holds a blind and competitive grant process for local nonprofits that cross those bridges. In 2017-18, Komen SD granted more than \$1.2 million to the following organizations: 2-1-1 San Diego, a health navigation program in breast health care; Community Heath Imaging Centers of San Diego's Mobile Mammography

Coach (which Trimble actually used); Mama's Kitchen, a nocost meal delivery service for patients' families; education

programs at Vista Community Clinic, San Ysidro Health Center POWER/PODER, Family Health Centers of San Diego, and San Diego Black Nurses Inc.'s "Keeping Abreast of Our Needs."

Komen SD also gave grants to Health Quality Partners, Jewish Family Service of San Diego, and La Maestra Family Clinic, which all provide breast cancer services to low-income, uninsured and underinsured patients.

A significant portion of those grant funds comes from the Race for the Cure and its counterparts Row for the Cure, Dine Out for the Cure, Pups for the Cause, and Sleep In for the Cure.

Of every dollar raised through the race, 25 cents go into the national Susan G. Komen Foundation pool to support research for new drugs and treatment and ultimately, a cure. The other 75 cents stay in house and funds the Komen SD mission. None of the race profits go to support the administrative or marketing side -allof that is covered by corporate sponsors. Komen SD is still

seeking runners, supporters and financial donors for the event.

#### The last word

And for those still fighting their cancer battle, Trimble offers these words of hope

and advice:

susan G. Komen

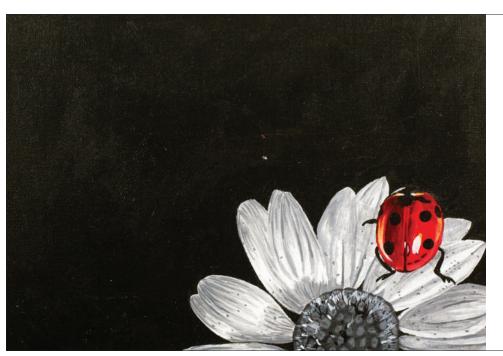
"You're going to have bad days — it's OK to go rest," she said. "Focus on yourself and what your body needs."

For more information or to register for the race, visit komensandiego.org, call 858-573-2760 or follow Komen San Diego on Twitter, Instagram or Facebook. If you come in person, check out Trimble's "Pretty in Pink" team (just look for the '80s hair and Molly Ringwald

-Joyell Nevins is a freelance writer who can be reached at joyellc@gmail.com. Find her  $blog\ ``Small\ World, Big\ God" at$ swbgblog.wordpress.com.



Two women prepare to participate in the 2016 Race for the Cure. (komensandiego.org)



Sophie's Kensington Gallery

#### The Road Ahead

2nd Annual National Traveling Exhibition By Artists with Developmental Disabilities from Eight Centers Across the United States

October 7 - 28, 2017

**Premier Reception** Saturday, October 7, 5-8PM Wine & Hors d'oeuvre

**During National Disabilities Awareness Month** 

Ladybug © Gilvon Greer / Imagine That! Kansas City, MO

Sophie's Kensington Gallery 4186 Adams Avenue San Diego, CA 92116 Open: Wednesday - Saturday 12-5 PM 619.593.2205 / 619.654.3679 www.stmsc.org / sophiesgallery@stmsc.org





bedroom also has 2.5 bathrooms with an open concept floor plan. The gourmet kitchen is an aspiring chef's dream featuring Italian cabinetry Caesar stone counter-tops, and large island idea for prepping meals and entertaining guests. SEE SUPPLEMENT FOR MORE INFORMATION. www.WoodsReal http://paragonmls.sandicor.com/publink/default.

aspx?GUID=2726e330-eba 7-44aa-863a-5c8f13c77d43&Report=Yes

\$1,400,000

RICHARD T. WOODS Woods Real Estate Services 930 W. Washington St., Ste.1

BRE #01412706 richtwoods@gmail.com



### FROM PAGE 1 BRIEFS

Agency. Statewide figures were unavailable.

Assemblymember Todd Gloria, who represents San Diego, said in a statement that the governor made the right call with the proclamation:

"Governor Brown is 100 percent correct. This is an emergency. What started as an outbreak of hepatitis A in San Diego County has snowballed into an epidemic affecting other areas of California like Los Angeles and Santa Cruz. We must contain this epidemic now."

Call 211 if you suspect you have hepatitis A or need to find out where to get vaccinated, or visit 211sandiego.org.

#### HEPATITIS A CASES BY ZIP CODE

County health officials have announced the hepatitis A cases by ZIP code, with data compiled through Oct. 9. As expected, the Downtown area with its 92101 ZIP code had 81 cases.

In the Uptown News circulation area, 92104 had 14 cases, 92105 had 11, 92103 had 7 and 92116 had 2 — for a total of 34 out of 490 cases that had been reported as of Oct. 9.

Health officials stressed that the patient's ZIP code report may not necessarily reflect the location where the hep A exposure took place.

#### SAFE PARKING PROGRAM TO HELP PEOPLE LIVING OUT OF THEIR VEHICLES

As another strategy to reduce homelessness, Mayor Kevin L. Faulconer on Oct. 16 announced a safe parking program that will allow individuals and families who are currently living out of their vehicles a safe and secure place to park at night, with case managers and a housing specialist working to help them find permanent homes. The program includes the expansion of an existing safe parking lot and the opening of a satellite lot in District 6, which was recommended by Councilmember Chris Cate. The expanded program will now offer 120 parking spaces to homeless people.

"Homelessness comes in many forms. Sometimes people are living on the streets, some are sleeping on a friend's couch and some live out of their cars," Mayor Faulconer said. "In many cases, these folks just need a place to go so they can focus on getting their lives back on track. These safe parking areas will provide a creative solution for people who just need a temporary reprieve from the streets."

The existing lot is operated by Dreams for Change at Jewish Family Service's Joan & Irwin Jacobs Campus on Balboa Avenue and provides a safe space for 40 vehicles, serving 50 to 60 individuals nightly, with an emphasis on families. Thanks to support from the city and charitable donations through JFS, 20 new spaces will be added and, for the first time, people parking their vehicles will have access to housing navigators who will help them find permanent housing.

The second site, located at a city-owned parking lot near the intersection of Aero Drive and Murphy Canyon Road, will open Monday, Oct. 23, with 60 parking spaces. Together, these two safe parking lots will serve more than 200 people each night.

Program participants must be working toward securing housing and will be carefully screened to ensure it is a safe and welcoming environment for all

According to the Regional Task Force on the Homeless' 2017 Point-in-Time count, about 960 people, or 17 percent, of unsheltered people in San Diego reported staying in their vehicle. Many of them are couples or families with children. To participate in the Safe Parking Program, call 619-497-0236 or visit dreamsforchange.org.

### NORTH PARK KEEPS RACKING UP AWARDS

This month, Realtor.com and Yelp.com both ranked North Park as the third hottest hipster neighborhood in America for its red-hot housing market and cool independently-owned businesses. You'll recall that Forbes magazine first identified North Park as one of America's hippest neighborhoods back in 2012.

The Clintonville neighborhood in Columbus, Ohio, and the Capitol Hill neighborhood in Seattle, Washington, finished ahead of North Park in the rankings.

Realtor.com cited factors

such as farm-to-table restaurants, unique boutiques, and urban renewal projects along both the El Cajon Boulevard and 30th Street corridors, for attracting the hipster crowd and millennials. And millennials make up almost a quarter of the population of North Park.

Yelp.com echoed those points, adding that craft breweries, the Thursday farmers market and a cool vibe contribute to making North Park an appealing home for hipsters and place to visit outside of the touristy neighborhoods of San Diego.

But that's not all. The North Park Planning Committee (NPPC) won the "Outstanding Planning Document — Plan, Policy or Ordinance Award" for its North Park Community Plan update.

That honor was handed out Oct. 5 at the annual awards ceremony held by the San Diego Chapter of the Association of Environmental Professionals.

The community plan update was years in the making and finally approved by the City Council in late 2016. Longtime NPPC chair Vicki Granowitz and city planner Marlon Pangilinan helmed the laborious task.

Meanwhile, new NPPC chair René Vidales moderated a panel discussion at the San Diego Green Building Conference & Expo on Sept. 22 on the topic of "Beyond Triple Bottom Line Policies: How North Park Updated its Community Plan." Angela Landsberg of North Park Main Street, Howard Blackson and Dave Gatzke also participated. The update reflected one of the most comprehensive sustainability elements of any community plan in the city and created policies to help retrofit an urbanized older community while sustaining historical neighborhoods. Vidales noted how North Park's update has become a model for future community plan updates across the city.

#### SAN DIEGO IS SECOND-GREENEST CITY IN AMERICA

WalletHub conducted an in-depth analysis of the 100 largest cities in the U.S. and determined that San Diego was the second-greenest city in the nation in 2017.

To determine which cities promote a "green" lifestyle,

WalletHub's analysts used 22 key indicators of environmental friendliness and sustainability. The data set ranges from greenhouse-gas emissions per capita to green job opportunities per capita to number of smart-energy policies and initiatives.

Among national rankings, San Diego was fourth in farmers markets per capita, sixth in environment, eighth in lifestyle and policy, ninth in percentage of green space and ninth in annual excess fuel consumption.

San Francisco held the top spot. Aside from San Diego, other California cities in the top 10 were Fremont, San Jose, Sacramento, Irvine, and Oakland; in addition to Honolulu, Hawaii; Washington, D.C.; and Portland, Oregon.

Read more at wallhub.com.

### SDCCD ECONOMIC IMPACT HITS \$3.7 BILLION

The San Diego Community College District (SDCCD) contributed approximately \$3.7 billion in net spending — or 1.8 percent of the county's total gross regional product — during the 2016-17 fiscal year, according to a new report from an Idaho-based economic modeling firm.

The Emsi study also found the economic impact of former students who are employed in the San Diego County workforce amounted to \$3.1 billion in added income to the regional economy, enough to support 35,735 jobs. A student who earns an associate degree from the SDCCD can expect to earn on average approximately \$11,000 more annually than someone with just a high school diploma at the midpoint of their working career. Over a working lifetime, that increase in earnings amounts to approximately \$407,000 in added

In all, the district's economic impact supports more than 46,000 jobs, including nearly 2,500 in manufacturing, more than 4,200 in professional and technical services, and more than 5,400 in the health care and social assistance sectors.

"The San Diego Community College District is the great equalizer of economic and social mobility. The district provides any student who is seeking a degree or certificate and any employee who is seeking advancement in the workplace an opportunity to reach their goals," Chancellor Constance M. Carroll said. "This report also shows that the district is having a profound impact and playing a pivotal role in the economy."

SDCCD operates City, Mesa and Miramar colleges as well as San Diego Continuing Education.

### EMPOWERING PEOPLE THROUGH COFFEE

The Dojo Café is a new twist on your average coffee shop. It grew from the years of conversations a social worker, Carlos McCray, had with the residents of City Heights and the 16-24 year olds he's come to know since 2006.

Now, McCray and four fellow civic-minded entrepreneurs, along with a host of partners, are working together toward one goal: to empower underserved communities to thrive through social enterprise. It starts by having The Dojo Café become THE place to go in City Heights for coffee and events—the place where everybody is made to feel like somebody.

"In the Japanese culture, 'dojo' means 'a place of the way,' it's a safe place to practice your craft and hone your skills," McCray said. "So, we are creating a safe place for residents of City Heights, especially millennials and minorities, to come and hang out, learn, practice their craft, and hopefully be empowered to find their way."The Dojo features the staples of a coffee place — lattes, cappuccinos, cold brews and café Cubanos all caffeinated by Dark Horse roasted beans. And it will also offer four unique drinks made with the Dojo flair: Vietnamese cold brew, a super strong cold brew tamed with sweetened condensed milk or sweetened condensed coconut milk; The Dojo Spice, a dairy-free latte with a spice twang; The Dojo Mojo, with jimaica and a blast of spices; and Pinole, made from toasted heirloom blue corn sourced from Napa.

The drinks will be served out of an 80 percent solar-powered vintage travel trailer, which McCray and his co-founders completely remodeled, from the floor to the roof.

The Dojo Café, located at 4350 El Cajon Blvd., celebrated its grand opening on Oct. 14.\*

### FROM PAGE 1 **BRIDGE**

sections at the southeast, then northwest walls, abutment walls, and stressing abutment ground anchors," Phillipp said.

So far, construction crews have already lowered the roadway on University Avenue below the bridge, and new soil nails and ground anchors have been installed in the retaining walls. But lots more needs to be done.

Phillipp added: "Continue the retaining wall pours, rebuild the arches and bridge structure, form and pour the barrier walls, and install lighting." For the foreseeable future, "the traffic alignment will remain the same," Phillipp said.

In 1914, the Georgia Street Bridge — a reinforced concrete structure designed by J.R. Comly to replace a 1907 all-redwood trussed bridge — was dedicated in a new city neighborhood named North Park. Charles F. O'Neall was the mayor of San Diego, a city of about 40,000 people experiencing growing pains.

Comly designed the bridge to complement the theme of the 1915-16 Panama-California Exposition at nearby Balboa Park.

The new bridge was an instant classic with its elegant Roman arches, a theme echoed on the massive retaining walls on both sides of University Avenue, below the bridge.



Traffic on University Avenue is impacted by the Georgia Street Bridge construction project. (Photo by Ken Williams)

Now, more than 100 years later, the bridge is getting some love.

"This is more a gateway than a bridge," Vicki Granowitz, then the chair of the North Park Planning Committee, said at the July 19 ceremony. "It is an entrance to historical North Park."

It took years of advocating by community activists and local politicians to save the bridge from demolition, which was recommended by Caltrans after engineers declared it "structurally deficient." They worked tirelessly to get the bridge declared historic and then mustered up the money needed to complete the restoration.

That restoration effort, however, is going to take a little longer than planned. Phillipp had one last message for readers:

"We want to thank the community for their patience and cooperation throughout the duration of this project."

You can follow the project at bit.ly/2SdZM1.

—Ken Williams is editor of Uptown News and can be reached at ken@sdcnn.com or at 619-961-1952. Follow him on Twitter at @KenSanDiego, Instagram at @KenSD or Facebook at KenWilliamsSanDiego.\*

123 Camino de la Reina. Suite 202 East San Diego, CA 92108 (619) 519-7775 Twitter: @SD\_UptownNews



#### **EDITOR**

Ken Williams (619) 961-1952

#### **CONTRIBUTING EDITORS**

Jeff Clemetson, x119 Morgan M. Hurley, x110

#### **WEB & SOCIAL MEDIA**

Sara Butler, x120 web@sdcnn.com

#### **COPY EDITOR Dustin Lothspeich**

#### **CONTRIBUTORS** Benny Cartwright

Susan A. Davis Jean Lowerison Colette Mauzeralle Joyell Nevins Frank Sabatini Jr. Lucia Viti Leo Wilson

#### **SALES & MARKETING** DIRECTOR

Mike Rosensteel (619) 961-1958 mike@sdcnn.com

#### **ADVERTISING CONSULTANTS**

Annie Burchard, x105 Michele Camarda, x116 Heather Fine, x107 Sloan Gomez, x104 Brenda Vergara, x114

#### ACCOUNTING

Priscilla Umel-Martinez (619) 961-1962 accounting@sdcnn.com

#### **WEB DESIGNER**

Kim Espinoza kim@kespinoza.com

#### **INTERNS**

Alex Ehrie Jennifer Gottschalk Erik Guerrero

#### **PUBLISHER**

**David Mannis** (619) 961-1951 david@sdcnn.com

**OPINIONS/LETTERS:** San Diego Uptown News encourages letters to the editor and guest editorials. Please email submissions to ken@sdcnn.com and include your phone number and address for verification. We reserve the right to edit letters for brevity and accuracy. Letters and quest editorials do not necessarily reflect the views of the publisher or staff.

#### SUBMISSIONS/NEWS TIPS:

Send press releases, tips, photos or story ideas to ken@sdcnn.com.

For breaking news and investigative story ideas contact the editor by phone or email.

#### PAID SUBSCRIPTIONS:

You may read all of our newspapers online

for free at sdcnn.com.

You may sign up for our weekly newsletter for free at sdcnn.com where we will email you a link of our digital edition upon publication of our newspaper. We also make our newspapers available in hundreds of locations throughout the communities we serve. If you would like a hard copy of your community newspaper mailed to you first class by USPS you may pay by credit card or check. Subscription rates are \$1.55 per

copy. Mailed copies are mailed the day of publication by first-class mailed by USPS. 12 issues - \$18.60 or 26 issues - \$40.30

> **DISTRIBUTION:** San Diego Uptown News is distributed free every other Friday. © 2017. All rights reserved.























#### **GUEST EDITORIAL**

### Time to turn moments of silence into action regarding gun violence

By Rep. Susan A. Davis

Over a year ago I used this space in San Diego Uptown News to talk about the killing of 49 innocents at the Pulse nightclub in Orlando, Florida. As we grieved for the victims, we also pushed for a debate in Congress and action to prevent gun violence.

As is typical with such a tragedy, there was a moment of silence on the House floor for the victims of Orlando. There is a growing sense that the only thing Congress can do on gun violence is "moments of silence."

Democrats demanded more. We urged a vote on common-sense gun safety measures to keep guns out of the hands of people who should not have them. Sadly, our counterparts on the other side of the aisle blocked our efforts.

Led by civil rights icon ep. John Lewis, who knows a little something about civil disobedience and making "good trouble," Democrats staged a sitin on the House floor. We protested congressional inaction on the issue of gun violence.

Rather than have that message delivered, Republicans shut down the House of Representatives and turned off the cameras to the chamber. Undaunted and using social media, Democrats were still able to broadcast our message around the world for hours.

Frustratingly, no legislative action was taken



to reduce incidents of gun violence and Orlando faded from the national debate.

That debate was reignited three weeks ago when another gunman using high-powered weaponry opened fire on a crowd enjoying an evening of country music in Las Vegas, Nevada.

What was supposed to be a peaceful and joyful night quickly turned to horror as high-caliber ammunition rained down upon them. In the shooting, 59 people were killed and more than 500 men. women and children are undergoing treatment for injuries, many of them life-threatening.

San Diego was not immune to the heartbreak of lost and shattered lives. Jennifer T. Irvine, a family law attorney, was shot and killed. Injured in the mass shooting were Tina Frost, George Sanchez, Zack Mesker, Jeffrey Koisher, Elizabeth Carvalho and Fred Rowbotham, who is an agent with the Chula Vista Police Department.

There were also stories of hope and heroics. Taylor Winston of San Diego was

attending the Route 91 concert when the shooting began. Looking to help the victims, Taylor commandeered one of the festival trucks. Making two trips to the hospital, he was able to drive dozens of critically injured people to get care.

His is one of many stories that night of heroes saving lives. What did we do here in Congress in response to the mass shooting? We held a moment of silence.

Maybe this time we will turn a moment of silence into action.

We can start with one approach that is getting some early bipartisan support.

The Las Vegas shooter had 12 bump stocks attached to rifles in his hotel room, allowing him to fire nine bullets per second during his 11-minute attack.

Bump stocks were also used in other mass shootings. It's time we get rid of these devices.

I joined in introducing the Automatic Gunfire Prevention Act that would ban bump stocks. Some Republicans are showing interest in banning these devices, but that doesn't end the need for common-sense changes.

Reinstating the assault weapons ban — are they needed for recreation uses? – and reducing the availability of large capacity magazines, limiting them to holding no more than 10 rounds, are measures that have been supported by a majority of Americans.

While the Las Vegas shooter passed a background check to get his guns, there are still glaring loopholes in our national background check

Every gun purchase whether at a retail establishment, gun show, online, or between private citizens – should be subject to a background check. I have co-sponsored legislation to close these loopholes.

It's important to acknowledge why gun owners feel the need to possess guns and understand the concerns they have about protecting their families. Most owners are not automatically opposed to gun safety measures and engaging them on this issue can lead to safer communities throughout our

Every single life lost to gun violence should elicit sorrow and action. We have had too many moments of silence in Congress for mass shootings. The victims and their families certainly deserve our condolences, but they also deserve action.

—Rep. Susan A. Davis represents Congressional District 53, which includes the San Diego communities of Old Town, Kensington, Mission Hills, University Heights, Hillcrest Bankers Hill, North Park, South Park, Talmadge and Normal Heights, as well as La Mesa, Lemon Grove, Spring Valley and parts of El Cajon and Chula Vista.\*

## A 'Legend' grows

## **Theater Review**Jean Lowerison

Nov. 12.

If Elvis can't save the day, how about a drag queen or two? In Matthew Lopez's sprightly "The Legend of Georgia McBride," a man saves everything by discovering his inner woman. The play is at Cygnet Theatre through

In Panama City, Florida, Casey (Spencer Bang) has been trying to make ends meet with playing Piaf. He's to lip-synch to the song "Padam, Padam," and is told that since he doesn't know the French words, he can just lip-synch "watermelon motherf\*\*\*er" and no one will be the wiser.

She gives him a name — Georgia McBride — taken from the state where his mother was born and the last name of the first girl he kissed — et voilà! A new drag queen is born.

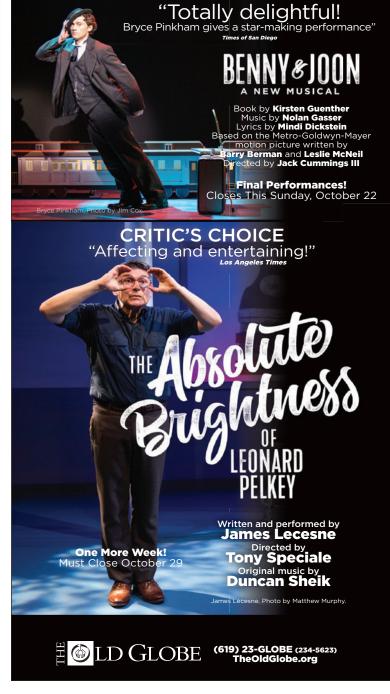
Meanwhile, back at home, Casey is determined to say nothing of this to Jo — until, of course, Georgia becomes a hit. You can guess the rest.

#### 'The Legend of Georgia McBride'

Wednesday through Sunday Through Nov. 12

Cygnet Theatre 4040 Twiggs St. Old Town San Diego

619-337-1525 cygnettheatre.com





(I to r) Alexandra Slade and Spencer Bang, as wife and husband, with Chesley Polk as Rexy (Photos by Daren Scott)



David McBean as Miss Tracy Mills

an Elvis impersonation act he's been doing at Cleo's, a local bar owned by his friend Eddie (Lance Carter). But one night he arrives to find two drag queens in the dressing room.

It seems Eddie has decided that Elvis isn't selling enough drinks. But Miss Tracy Mills (David McBean) compassionately suggests that Casey stay on as bartender for her and Rexy, aka Miss Anorexia Nervosa (Chesley Polk).

Meanwhile, back at home, Casey's wife Jo (Alexandra Slade) is fuming because Casey bought a pizza with the debit card and they've bounced the rent check — again. And, by the way, she's just found out she's pregnant.

When Rexy shows up for work drunk one night, Miss Tracy drafts Casey, stuffs him into a sparkly dress and wig "from your Janet Reno phase" and gives him a crash course in



(I to r) Spencer Bang and David McBean

Director Sean Murray plays up the camp and gives costume designer Jennifer Brawn Gittings all the leeway she wants for outrageousness in costumes. I'm tempted to say she is the real star of this show. They are fabulous.

It's good to see new faces onstage, too. Spencer Bang's transformation from Casey to Elvis to Piaf and onward is great fun to watch, and so is his growing ease with the requirements of drag.

Chesley Polk's tippling Rexy gets some great bitchy lines and has the look as well. He also plays Casey's friend Jason.

Alexandra Slade is excellent in the difficult part of Casey's wife Jo. She has to adjust to Casey's new look and job and pretend to be happy about it. Slade isn't new to the area but she is to Cygnet.

Lance Carter, coming off his terrific appearance as Harry the Horse in The Old Globe's "Guys and Dolls," is just as good as Eddie, the owner of Cleo's.

Returnee David McBean is the local drag queen par excellence, and his Miss Tracy Mills is a total hoot.

If you're looking for a bit of respite from the news of the day or any other unpleasantness in your life, you can't do much better than "The Legend of Georgia McBride."

—Jean Lowerison is a long-standing member of the San Diego Theatre Critics Circle and can be reached at infodame@cox.net.\*



#### Nomad Donuts

3102 University Ave. North Park

619-431-5000 nomaddonuts.com

Prices:
Doughnuts, \$2 to \$4
apiece or \$30 per dozen;
bagels, \$2 apiece
or \$18 per dozen;
bagel sandwiches,
\$5 to \$10

## Wheels of goodness

#### Restaurant Review

Frank Sabatini Jr.

We came for the sandwiches made with Montreal-style bagels and ended up shoveling down four crazy-good doughnuts first. It wasn't supposed to go that way, but when queuing up to place your order at the new location of Nomad Donuts, the colorful and imaginative array of sweets takes first dibs on your appetite.

At least 20 different types of doughnuts fill the display case on any given day, most of which you'll never see in the leading chains: dragonfruit-acai, green apple sage, strawberry-lavender, and a host of others conceived by Nomad's partner and executive chef, Kristianna Zabala.

Her rotating repertoire, which includes a decent number of vegan options, has come to include hundreds of flavors since the shop opened a few years ago at its original, nearby location on 30th Street. The new digs are five times bigger in comparison, affording Zabala more kitchen space to pump up the selection and offer creative bagel sandwiches that capture everything from house-cured salmon and brisket to

marinated pork and various veggie combinations.

From the quartet of doughnuts we initially consumed was my dream-come-true, one slathered with cherry-pineapple frosting made supposedly with fruit purees. I chose the vegan version and couldn't tell at all it was egg-less and made with soy milk.

My companion took the first messy bite of a doughnut filled with a bomb's worth of house-made blackberry jam. Somewhere in either the crumb or frosting were whispers of peach and ginger, making for a wildly stimulating flavor experience that was brilliantly fruity and spicy at the same time.

The light and airy chamomile cruller verged on a traditional doughnut with sugar icing, except for the herby aftertaste suggesting that a modicum of the anti-inflammatory tea was present. Conversely, the cake-style mango-passionfruit doughnut was exotic, offering a tropical essence enhanced by shaved coconut and semi-sweet icing on top.

I'm in the minority of people who don't like bagels, except for these.

Zabala refers to the Montreal method, meaning the bagels are boiled in sweetened water rather than plain or salted. And they're wood-fired instead of baked in convection ovens. The results are thinner bagels with bigger holes that taste like

crispy edges.

They're available in four varieties: plain, sesame, poppy and "everything," which are topped with sesame, poppy and sunflower seeds plus dried onions.

good rustic bread

sporting charred,

We indulged in three different sandwiches, starting with the top-selling salmon that's cured for three days in multiple spices, including fennel and mustard seeds. Choosing a plain bagel, it was crammed with the Canadian-Atlantic fish and a combination of dill-caper cream cheese, pickled red onions, arugula and lemon vinaigrette.

I would have preferred less arugula and no vinaigrette as to allow for the salmon to sparkle brighter. My companion, however, didn't mind the gush of flavors.

Spicy Hawaiian pizza bagel (Photo by Frank Sabatini Jr.)

For the spicy
Hawaiian open-face
sandwich, we chose
the "everything"
bagel. Its hearty



**Executive Chef Kristianna Zabala** (*Tim Otto Photography*)

topping paired swimmingly with mantles of marinara sauce, mozzarella, red chili pork and pineapple, which didn't jangle the scheme like it does for me on pizza.

The pork katsu on a black sesame bagel was my favorite due in part to the meat's leanness and crispy panko breading. A pleasing crunch pervaded throughout the entire sandwich, starting with the wood-fired bagel and extending to Asian pear and

fennel slaw. Generous measures of cilantro also tucked inside added extra-fresh flavor.

After operating at the new location for seven weeks, Nomad recently held its grand opening to lines around the corner, when hundreds of mini, complimentary doughnuts and bagels were bestowed to new and established patrons.

Founder Brad Keiller said the relocated project is still "a work in progress," as he awaits a

permit for a sidewalk patio that he hopes will be followed by a license to sell beer and wine. As for the original shop at 4504 30th St., Keiller added that it will remain dark until he decides what to do with the space.

Back row (I to r):

ginger-peach stuffed

with blackberry jam;

vegan pineapple-cherry.

Front row (I to r): mango

cake with passionfruit

and coconut; chamomile

cruller (Photo by Frank

—Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press), and began his local writing career more than two decades ago as a staffer for







4020 Goldfinch Street, Mission Hills | 619.501.5090 thepatioongoldfinch.com

RELAX, ENJOY, SHARE,®





Must present coupon at time of purchase. Cannot be combined with other offers or promotions. Excludes alcohol. Cannot be redeemed for cash value. Expires December 31, 2017.





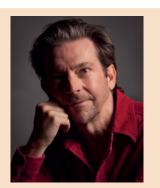
Short rib hash at BO-beau kitchen + cache in Hillcrest (Cohn Restaurant Group)

Dishes such as short rib hash, crepes Suzette, croque monsieur sandwiches and more are in the offing during the newly launched Sunday brunch at BO-beau kitchen + cache in Hillcrest. Held from 10 a.m. to 2:30 p.m. each week, the menu extends also to an array of European-inspired cocktails. 1027 University Ave., 619-481-5033, cohnrestaurants.com.



A new location and vibe for California Pizza Kitchen (Kevin Falk Photography)

California Pizza Kitchen in Fashion Valley Mall has settled into a new space directly below its original spot inside the two-level mall. Situated near guest services, it features an expanded patio, an open kitchen and a stand-alone bar serving craft cocktails, local beers and assorted wines. The aesthetics include an herb garden and artwork showcasing local landmarks. 7007 Friars Road, Suite 354, 619-298-4078, cpk.com.



**Psychotherapist Author of "Life Beyond Therapy"** in Gay San Diego 5100 Marlborough Drive San Diego CA 92116 (619)955-3311

www.LifeBeyondTherapy.com

A change of guard in the kitchen has occurred at Uptown Tavern with the Oct. 8 departure of Executive Chef Lety Gonzalez, who started five years ago at the Hillcrest establishment as a line cook before working her way up the ladder.

Stepping into her role is sous chef Mark Molina.

"Mark's been with me for the last two and a half years, and he's a very bright, talented man. He'll take Uptown Tavern where I left it and do better," Gonzalez said, adding that she was offered a job "somewhere with a different concept" but couldn't yet reveal the place.

"It was time for me to do something else and I'll be first taking time off to spend with my family that I don't get to see that often," she said.

Molina previously held line cook positions at a pop-up

powerhouse burger chain is siz-

Shack is due to make its local

debut "sometime over the week-

expanded Westfield UTC mall,

according to a company repre-

sentative. In addition, a second

local outlet is coming by the end

of the year in The Millennium

Mission Valley housing-retail

Known for its all-natural

Angus beef burgers served on

non-GMO potato buns, the com-

pany was born in 2004 in New York City's Madison Square

Park. It has since spread

into hundreds of locations

complex at 675 Camino de la

Reina.

Move over In-N-Out

zling into San Diego.



Mark Molina is the new executive chef at Uptown Tavern (Photo by Kaylia Molina)

restaurant called Juke in North Park and Fleming's Prime Steakhouse in La Jolla. He plans on rolling out a new menu next month that will include fried green tomato stacks, Coca Cola-braised short ribs over whipped potatoes, and a spin on papas bravas made with tater tots. 1236 University Ave., 619-241-2710, uptowntavernsd.com.



Popular burger chain is shaking up the local competition (Yelp)

throughout the U.S. and abroad.

In addition to burgers, Shake Shack serves up crinkle-cut fries, griddled hot dogs, crispy chicken sandwiches, and concretes (frozen custard) in a variety of flavors. 4309 La Jolla Village Drive, Suite 2350, shakeshack.com.

The Patio on Lamont in Pacific Beach will host a four-course vegepalooza" wine dinner at 6:30 p.m., Tuesday, Oct. 24. The menu will feature charred carrot and beet salad, Hungarian sweet peppers stuffed with ricotta and eggplant, corn and squash in yellow curry and more. The cost is \$60 per person, which includes wine pairings. Reservations are required. 4445 Lamont St., 858-412-4648, the pation lamont.com.

–Frank Sabatini Jr. can be reached at fsabatini@san.rr.com.❖



List with Greg! Complimentary Home Evaluation How Much Is My Home Worth? Search For Homes:

#### sdmarketvalue.com

Greg Blake 619-929-1623 www.gregblaketeam.com gregb@bhhscal.com

- Mission Hills
- Bankers Hill

Hillcrest BERKSHIRE HATHAWAY

### California BBQ & Oven Cleaning

"The most thorough BBQ and oven cleaning service!"





Call Today! (858) 210-2034 www.CalBBQ.com

### **The Only Thing That Should Be Separated By Color Is**

## LAUNDRY NEW

PLANT OPEN! Hangers



THE ORIGINAL **GREEN DRY CLEANER** 

## **LOW LOW TRY US PRICES!**

**North Park Plant** 4009 30th 619.281.HANG (4264)





REBATES AVAILABLE ON SELECT LIGHT-TRANSFORMING STYLES. ASK FOR DETAILS TODAY.

Soften harsh sunlight and save with Hunter Douglas window fashions.



Make sure your home is holiday ready by ordering beautiful new Hunter Douglas window fashions today. Rebate savings are available on select styles, 9/16/17 HunterDouglas 🛟 through 12/11/17. Ask for details.



619.795.0789

- Shutters
   Blinds
- Shades
   Draperies

Harmony Blinds & Shutters 2S45 El Cajon Blvd. Ste. 105 San Diego, CA Home or Showroom Consultations by Appointment harmonyblindsandshutters.com CSLB #863941









### Five-dollar everything

#### Come On Get Happy! Dr. Ink

For those with a tight wallet, happy hour at Dunedin New Zealand Eats in North Park is the equivalent of finding a rare blackjack table in Las Vegas that welcomes \$5-minimum bets

The exquisitely designed establishment opens up its entire 20-tap beer system for an easy five spot per glass during daily happy hour, and also includes a couple of select wines and several appetizers for the same price.

Dunedin is part of a portfolio of San Diego restaurants containing names of New Zealand cities, such as Queenstown Public House in Little Italy and Ragland Public House in Ocean Beach. They're run by the same set of owners who also operate Bare Back Grill in Pacific Beach.

Here, craft beer and lamb burgers rule the day in an environment that feels part coastal and part woodsy — kind of like what you might imagine of the restaurant's namesake harbor city, Dunedin, which is known for its maritime history and lush landscapes.

The multi-level structure, once a Craftsman home, features indoor and patio seating, plus a central bar that sits partially outdoors. Faux kelp and corral and a sculpted wood sand barrier tie together the Maori-inspired theme, tricking you into thinking you're on vacation in a faraway land.

Arriving to a welcoming playlist of classic rock — Led Zeppelin, The Rolling Stones, Jimi Hendrix, etc. — my drinking partner zeroed in on the Tabula Rasa toasted porter by Second Chance Beer Company, reveling in its cocoa undertones and creamy finish. If you're a fan of non-bitter dark beers, this one's for you.

I chose a Belgian-style Fruition Wit by Brewery Ommegang out of New York State. A first for these lips, I was immediately struck by its radiant yellow hue, not to mention the smooth citrus, slightly spiced flavors that followed. Perhaps because of our surroundings, I also picked up whispers of kiwi.

Dunedin's famous "bare lamb burger" with bleu cheese crumbles, beet root and sparkling mint jelly is downsized during happy hour to a slider. Yet it's deliciously filling for the \$5 price tag and also





Crafty architecture and lush landscaping at Dunedin (Photos by Dr. Ink)

comes with a piling of skinny french fries.

We augmented the plate for an additional \$5 with a generous bowl of pretzel bites accompanied by jalapeno cheese sauce. The latter was addicting, but the pretzel balls not so much because they were too dense and chewy for our liking.

Other bargain noshes include spicy chicken skewers, hummus with pita and calamari with peppers.

The rotating beer selection, which often includes Washington Gold Cider and



Lamb slider with french fries

### Dunedin New Zealand Eats

3501 30th St., North Park

619-255-8566 dnp-sd.com

Happy hour: 3 to 6 p.m. daily

kombucha by Boochcraft in Chula Vista, is broken down into several beer styles ranging from IPA and pale ales to lagers, wheats and reds. We also found on nitro Cali Creamin' by Mother Earth Brewing tempting had we not been so immersed in our choices.

For the flat prices and airy, artfully designed environment, Dunedin's three-hour happy hour is an alluring winner in our books.\*

### **RATINGS**

**Drinks: TYYYY** 

From 20 taps, you'll find a good cross-section of craft beers of local and national origins. Cider, kombucha and select wines are also in the offing.

Food: TTTT

If you're looking for the best lamb burger in town and don't mind settling for one in the form of a slider during happy hour, you've come to the right place.

Value: I I I I I I

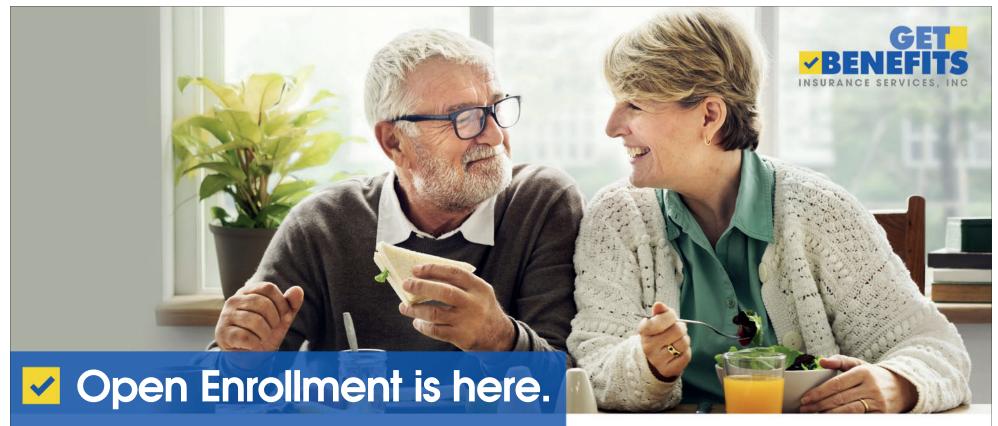
Most of the beers and appetizers are at least \$3 cheaper than what you'd find elsewhere.

Service: **TITIT** 

The bartenders on duty were fast and upbeat while keeping close eyes on customers whose glasses started depleting. No wait for refills.

Atmosphere: ITM Filled with wood, greenery and big windows, local designer Michael Soriano created a rustic, semi nautical élan to capture a feeling from The Land Down

Under.



Thinking of making a change to your Medicare plan?

(800) 697-9596 License #0181016

If you are not satisfied with your current Medicare Plan, or you want a second opinion, we can help.

Call today to speak to a licensed sales agent to review your options.

Not connected with or endorsed by the U.S. government or the federal Medicare program.

### Meet Bankers Hill's famous aviator

By Leo Wilson

SAN DIEGO BANKERS HILI

Waldo D. Waterman Park will be dedicated on Wednesday, Oct. 25, in honor of a famous aviator from Bankers Hill.

The new park is at the corner of Maple and Albatross streets, and overlooks Maple Canyon.

On July 1, 1909, less than six years after the famed Wright brothers flight at Kitty Hawk, 15-year-old Waldo Dean Waterman flew a homemade hang glider off the south rim of Maple Canyon, landing on the canyon bottom. Some sources say he "swooped" into the canyon.

Waterman made several flights before returning to his garage and working on a plane with an engine. The spot he took off from on the canyon rim is included within the new park that is named after him.

The 9,000-square-foot park site was formerly known as the West Maple Canyon Mini-Park. On May 18, 2017, at the request of Uptown Planners, it was renamed after Waldo Waterman.

For over a decade, it was assumed the green space would be known as Waldo Waterman Park. On May 18, 2007, the Bankers Hill/Park West Community Association included the renaming as part of its recommendations for how the new park should be designed. The recommendations also requested that: "A historic image of Waldo Waterman should be



Bankers Hill park will be named for local aviator Waldo Dean Waterman, who died in 1976. (City of San Diego)

placed in the center of the site to commemorate the historic figure.'

The historic image will be a relocated plaque that was placed at the west end of the park site on July 1, 1959 to commemorate the 50th anniversary of Waterman's flight. The plaque was placed by the Early Birds of Aviation, a national aviation organization, and the San Diego Historical Society. The mayor of San Diego and other dignitaries were in attendance, as was Waldo Waterman, who spoke at the event. The day prior, Waterman, who was still a licensed pilot, flew again over Maple Canyon.

In 1911, shortly after his first flight, Waterman became involved in a project to develop a new hybrid airplane/car/boat - known as the "whatsit" airplane. An owner could: "drive his amphibian aircraft away from the landing field or water.' It got its name because when people first viewed it, their initial question was: "What is

it?" Waterman worked on the project for several decades, but eventually abandoned it and the prototype plane donated to the Smithsonian Museum. Waterman went on to become a TWA pilot, but at the same time continued his inventive work in aviation.

Waterman was not the only famed aviator associated with Bankers Hill. In May 1927, a 25-year-old aviator left his temporary residence on Maple Street in Bankers Hill, only a few blocks east of Waldo Waterman Park, and flew a small plane that had been manufactured in San Diego to Paris. His name was Charles Lindbergh.

The dedication of Waldo D. Waterman Park will take on Oct. 25, from 10:30-11 a.m. There were dozens of people in Bankers Hill who helped make this park happen; thanks to everyone involved.

-Leo Wilson is administrator for Metro San Diego CDC and is a Bankers Hill resident.



CLUB ( PILATES **BANKERS HILL** 

2760 5th Avenue, Suite 110 bankershill@clubpilates.com 619-701-6414





#### Bankers Hill Business Group grows along with its community

By Colette Mauzeralle

Founded in August 2011, the Bankers Hill Business Group is on a mission: Promote and advocate for area businesses, and increase awareness of Bankers Hill as a destination neighborhood.

Partially funded by the city's Micro District Program, the group is managed solely by volunteer business owners, many of whom have been around since the group's inception.

"We had about 20 neighborhood business owners when we started. Now we have more than 70 listed on our website. said Jake Sutton, co-founder of the Bankers Hill Business Group and owner of Edward Jones Investments at Fourth Avenue and Laurel Street. He shares the founder role with Clyde Dugosh of Inscriptu, a laser engraving and printing

The Bankers Hill Business Group has met near-monthly since 2011 to discuss topics ranging from street lights and parking improvements to planning community events. In six the group has achieved milestones such as writing a grant for and receiving funding from the city's micro improvement district, working with San

Diego State University and the University of California San Diego on community development projects, addressing opportunities to enhance Bankers Hill as a business district despite its largely residential feel and providing local business owners with a place to connect.

The organization also hosts two large-scale events. Last spring's fifth annual Bankers Hill Art & Craft Beer Festival sold out for the first time in the event's history,

and the Bankers Hill Fall Festival, co-sponsored by the Metro San Diego Community Development Corporation, will take place Saturday, Oct. 21. The Fall Festival is designed to provide San Diegans a closer look at Bankers Hill and features a 10-block footprint of more than 30 participating businesses including restaurants, fitness studios, boutiques, spas and art galleries

see Bankers Hill, pg 15





**Puzzles Sponsored by:** 

### RICHARD WOODS 619-347-9866





2		4		5			
7			2		3		6
		7				2	
				2	7	5	
			5				3
5	7	3					
4				9			1
	1		4			7	
		1		6		9	2
	5	7	7   7   7   7   7   7   7   7   7   7	7      2        7          5       5     7     3        4       4       1      4	7      2         7      2          2          5               4           1	7      2      3        7       7            7   <	7      2      3         7       2     7     5         5           5     7     3           4      4      7

Sudoku

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

©2009 CNS/websudoku.com

Puzzle answers on page 13

### **Uptown Crossword**

#### **Directional Signals**

1	2	3	4			ò	6	7			8	9	10	11
12				13		14				15				
16						17				18				
19					20				21					
			22				23							
24	25	26		27		28			29		30	31	32	
33			34		35		36	37		38				39
40				41					42					
43						44					45			
	46				47			48		49		50		
				51		52	53		54		55			
э6	57	58	59					60				61	62	63
64						65				66				
67						68				69				
70						71					72			П

CREATORS NEWS SERVICE

#### ACROSS

- 1 Column
- 5 Camel's-hair fabric 8 Short shop
- 12 Worship 14 Base
- 15 Infant's bane
- 16 Tinge 17 Montmartre season
- 18 Haist 19 Imminent
- 22 Aunt, in Acapulco
- 23 Arab VIP
- 24 Govt. board
- 27 Cease
- 29 Made into cubes
- 33 French department 35 French psychothera-
- 38 Irrigation tool

pist

- 40 Moderate
- 43 Musical composition 44 Additional amount
- 45 Author Ferber 46 Calendar term
- 48 Sprite
- 50 Corn unit
- 51 A TV Cartwright
- 54 Ailina
- 56 Direct the way

- 64 Batter's forte 65 Beverage
- 66 Not likely 67 Mockery of some-
- thing
- 68 Unknown: abbr 69 Silent
- 70 Sidekick 71 Guided
- DOWN

72 Descartes

- 1 S. Am. rodent 2 Scent
- 3 Choir part 4 Fish
- 5 Promote 6 Lave
- 7 Revoke a grant 8 Active one
- 9 Dash 10 Exist
- 11 Bakery employee 13 A Ford 15 Hoofer
- 20 Reel 21 EI Campeador

28 Ruin

**24** Like 25 Set of furniture 26 Seem reasonable

- By Charles Prestor 30 Central part 31 Eat away
- 32 British princess
- 34 Icelandic literature 36 Flying saucer
- 37 Raison d' 39 Hebrew month
- 41 Libertinism 42 Spiral: comb. form
- 47 In addition 49 Mock
- 52 Sluggard 53 Rushlike plant
- 55 Crescent-shaped 56 Vessel
- 57 Israeli dance 58 Cupid 59 Remain unsettled
- 60 Transmit
- 61 Clan 62 Rotate rapidly 63 Feminine suffix

### **Classifieds**

#### **AUTOS WANTED**

CARS/TRUCKS WANTED!!! All Makes/Models 2000-2016! Any Condition. Running or Not. Top \$\$\$ Paid! Free Towing! We're Nationwide! Call Now: 1-888-985-1806

CARS/TRUCKS WANTED!!! All Make/Models 2000-2015! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-416-2330.

GOT AN OLDER CAR, VAN OR SUV? Do the humane thing. Donate it to the Humane Society. Call 1-855-558-3509

#### **EDUCATION**

AIRLINE MECHANIC TRAINING - Get FAA Technician certification. Approved for military benefits. Financial Aid if qualified. Job placement assistance. Call Aviation Institute of Maintenance 866-453-6204

AIRLINE MECHANIC TRAINING - Get FAA certification to work for airlines. Financial Aid if qualified. Job placement assistance. Housing assistance. Call Aviation Institute of Maintenance 888-686-1704

25 DRIVER TRAINEES NEEDED NOW! Earn \$1000 per week! Paid CDL Training! STE-VENS TRANSPORT COVERS ALL COSTS! 1-877-209-1309 drive4stevens.com

#### **EMPLOYMENT**

\$\$\$WORK FROM HOME\$\$\$ Earn \$2,845 Weekly assembling Information packets. No Experience Necessary! Start Immediately! FREE Information 24hrs. www. RivasPublishing.com or 1-800-250-7884

Make \$1,000'S Weekly! Mailing Brochures! Easy Pleasant Work!: WWW.HomeBucks. us #### \$1,000'S Weekly! Processing Mail! Send SASE: Lists/NN, Springhouse, PA 19477-0396

#### HEALTH/MEDICAL

FREE VIAGRA PILLS 48 PILLS + 4 FREE! VIAGRA 100MG/ CIALIS 20mg Free Pills! No hassle, Discreet Shipping. Save Now. Call Today 1-888-410-0514

#### MEDICAL

Suffering from Knee or Back Pain? Learn How a Brace Can Help! Fast & Easy Medicare Approvals. FREE Shipping. Relieve Your Pain Now! 24/7 Call Center. CALL 1.844-502-1809

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150 FREE shipping. NO prescriptions needed. Money back guaranteed! 1-888-

DENTAL INSURANCE. Call Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350 procedures. 888-623-3036 or http:// www.dental50plus.com/58 Ad# 6118

OXYGEN - Anytime. Anywhere. No tanks to refill. No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit: 844-558-7482

#### MISC. FOR SALE

KILL ROACHES-GUARANTEED! Buy Harris Roach Tablets, Available: Hardware Stores, The Home Depot, homedepot.com

#### **MISCELLANEOUS**

Become a published author! Publications sold at all major secular & specialty Christian bookstores. CALL Christian Faith Publishing for your FREE author submission kit. 1-855-548-5979

HOTELS FOR HEROES - to find out more about how you can help our service members, veterans and their families in their time of need, visit the Fisher House website at www.fisherhouse.org

Bathe safely and stay in the home you love with the #1 selling walk-in tub in North America. For an in-home appointment, call: 888-308-5610

Lung Cancer? And 60+ Years Old? If So, You And Your Family May Be Entitled To A Significant Cash Award. Call 877-648-6308 To Learn More. No Risk. No Money Out Of Pocket.

SENIOR LIVING referral service, A PLACE FOR MOM. The nation's largest FREE, no obligation senior living referral service. Contact our trusted local experts today! 1-800-217-3942

**CASH FOR CARS: We Buy Any Condition** Vehicle, 2000 and Newer. Nation's Top Car Buyer! Free Towing From Anywhere! Call Now: 1-800-864-5960.

CASH PAID for unexpired, sealed DIA-BETIC TEST STRIPS! 1 DAY PAYMENT & PREPAID shipping. HIGHEST PRICES! Call 1-888-776-7771. www.Cash4Diabetic-Supplies.com

SelectQuote is dedicated to finding a Medicare plan right for you and your wallet. Call 844-750-4116 today and receive a free quote from one of our multiple carriers.

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: Call 1-877-737-9447 18+

**NEW AUTHORS WANTED! Page Pub**lishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 866-951-7214

Dish Network-Satellite Television Services. Now Over 190 channels for ONLY \$49.99/mo! HBO-FREE for one year, FREE Installation, FREE Streaming, FREE HD. Add Internet for \$14.95 a month. 1-800-718-1593

LIFELOCK Identity Theft Protection. Do not Wait! Start Guarding Your Identity Today. 3 layers of protection. Detect, Alert, Restore. Receive 10% off. Call for Details 1-855-399-2089

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-888-909-9905 18+.

Spectrum Triple Play! TV, Internet & Voice for \$29.99 ea. 60 MB per second speed No contract or commitment. More Channels. Faster Internet. Unlimited Voice. Call 1-855-652-9304 Prescription medications for up to 85% off retail prices! STOP paying so much! \$15 Off for First Time Customers. FREE Shipping. Price Match Guarantee. CALL for FREE Quote: 1-877-627-7239 or visit MailMedsplus. net/discount

#### FOR SALE

Fireplace logs, cement and plastic Flower pots and wrist watches. Make offer 619-239-6704

Lung Cancer? And Age 60+? You And Your Family May Be Entitled To Significant Cash Award. Call 866-428-1639 for Information. No Risk. No Money Out Of Pocket.

HughesNet Satellite Internet ? 25mbps for just \$49.99/mo! Get More Data FREE Off-Peak Data. No phone line required! FAST download speeds. WiFi built in! FREE Standard Installation! Call 1-855-440-4911

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-844-722-7993

#### TRAVEL

CRUISE VACATIONS - 3, 4, 5 or 7+ day cruises to the Caribbean and more. Start planning your winter getaway or your next summer vacation. Royal Caribbean, Norwegian, Carnival, Princess and many more. Great deals for all budgets and departure ports. To search for your next cruise vacation visit www.NCPtravel.com

#### **MOTORCYCLES**

WANTED OLD JAPANESE MOTORCYCLES KAWASAKI Z1-900 (1972-75), KZ900, KZ1000 (1976-1982), Z1R, KZ 1000MK2 (1979,80), W1-650, H1-500 (1969-72), H2-750 (1972-1975), S1-250, S2-350, S3-400, KH250, KH400, SUZUKI-GS400, GT380, HONDA-CB750K (1969-1976), CBX1000 (1979,80) CASH!! 1-800-772-1142 1-310-721-0726 usa@classicrunners.com

#### WANTED TO BUY

CASH PAID- up to \$25/Box for unexpired, sealed DIABETIC TEST STRIPS. 1-DAYPAYMENT.1-800-371-1136

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co. 80201

ADVERTISE to 10 Million Homes across the USA! Place your ad in over 140 community newspapers, with circulation totaling over 10 million homes. Contact Independent Free Papers of America IFPA at danielleburnett-ifpa@live.com or visit our website cadnetads.com for more information

Reader Advisory: The National Trade Association we belong to has purchased the above classifieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer employment but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home. Under NO circumstance should you send any money in advance or give the client your checking, license ID, or credit card numbers. Also beware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does business only over the phone it is illegal to request any money before delivering its service. All funds are based in US dollars. Toll free numbers may or may not reach Canada.

## NCM 221A11A

Featuring San Diego's best collection of hard to find international magazines! We also carry all your favorite local & national publications, as well as souvenirs, snacks and lotto tickets!

529 University Ave.- Hillcrest (619) 260-0492

### **BE DEBT FREE** in 24-48 months!

If you owe more than \$10,000 in credit card or other debt, see how we can help.

Call today: 844-245-4092









#### **AIRLINE** CAREERS

Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly.

Call Aviation Institute of Maintenance

800-481-7894

#### **WIDOW OR WIDOWER?**

Interested in participating in friendly social activities? You are welcome to join our very active club: WIDOWS OR WIDOWERS (WOW) of SAN DIEGO.

Website: www.wowsd.org Phone: 858-278-3884, 619-579-5930,

or 619-448-7113

Puzzle answers on page 13

**COMPUTER REPAIR** 

Complete

Computer Repair

(619) 584-4720

SD LAPTOPS

**Call Annie Today to Advertise** 

Annie Burchard

(619) <u>961-1955</u>

Annie@sdcnn.com

**STUCCO** 

**RE-STUCCO & INTERIOR** 

PLASTERING SPECIALIST

**REPAIRS • DRYWALL** 

LICENSED, BONDED

C35 #694956

30 YRS. EXPERIENCE

ALL WORK GUARANTEED

619 846-2734

PLEASE CALL ARLEX

CLEAN • RELIABLE

REASONABLE AFFORDABLE

\$10 OFF

all PCs & MACs

Laptops & Desktops

"A SNOWY

**A BURNING** 

"A BRUTAL,

DRENCHED

STORY" - The Wrap

BLOOD-

HEART." - Time Out

THRILLER WITH

### AIR CONDITIONING

#### **EKING AIR CONDITIONING 24 Hour Service**

- (619) 394-3055 A/C Cooling & Heating
- Refrigeration
  - Controls/EMS
- Air Balance Cooling Towers
- Chillers Boilers
- Exhaust Fans Ice Machines
   And More

Email : KingAirCondition@Gmail.com A Quality Environment Friendly HVAC Source

#### **GARDENING**

#### **COASTAL SAGE** GARDENING

Garden Design & Maintenance Ca. Contractor License #920677



Garden • Shop Classes • Services

3685 Voltaire St. San Diego 619.223.5229 · coastalsage.com

#### William Van Dusen Millworking

For Vintage Homes & Gardens Craftsman - Victorian

Spanish Revival

#### **PLUMBING**

#### **AFFORDABLE PLUMBER / DRAINS** 619-231-6670

**ALWAYS Free Estimates At BBB** ior & Military Disc. 40 Yrs L#696549



Facebook and Twitter sdcnn.com

#### **WOOD WORKING**

Craftsman Wood Refinishing STRIP • STAIN • VARNISH

Michael Good 619-291-3575



#### **MILLWORK**

**ATTORNEY** 

Catharine Kroger-Diamond

PERSONAL INJURY — ACCIDENTS
Automobile • Cycle

· Dog Bite • Wrongful Death

• Pedestrian • Slip & Fall

Serving our community for over 25 years.

www.ckdpilaw.com

7220 Avenida Encinas

Suite 203

(760) 931-2900

1775 Hancock Street

Suite 180

(619) 682-5100

## Authentic Woodwork

619-443-7689 WVDMillwork.com

License #919946

### **POWER WASHING Power** Washing

#### Commercial Residential

Storefronts, dumpsters stucco cleaning, gutters, sidewalks, gum removal, patios, sanitize pool decks

619-460-8177 sdklean.com

#### Help Wanted

**WE NEED YOU NOW' GROWING FAST NOW HIRING** 

- Caregivers
- CNAs
- · HHAs



### to Advertise!

**Mike Rosensteel** 



### **Call Mike Today**



#### COMPUTER/IT SUPPORT

#### COMPUTER **ADMIN**

- Preventative Monitoring
- ✓ Remote + On-Site Assistance PC and Mac Support
- **Managed Backup Solutions** Network + Disaster Planning
- ✓ VoIP + Phone Systems

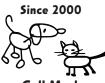
Call or Click Today!
NO COMMITMENT. NO HASSLE 619.713.7422

TheComputerAdmin.com

#### **PET CARE**

#### **Loving Pet Care** at Your Home

DOG WALKING PET VISITS



Call Mark (619) 295-6792

#### **TAX CONSULTANT**

#### Renee Differ **Registered Tax Preparer**

**Individuals & Businesses** 

Rentals & Investments Reporting **Bookkeeping & Payroll Processing Audits & Amended Returns Notary Public Mobile Appointments** Experienced & Professional

reneediffer@cox.net 619-516-0400

### YOUR AD HERE



David@sdcnn.com **San Diego Community News Network** 



619-961-1951

#### **PUZZLE ANSWERS**

#### Sudoku Puzzle from page 12

7	6	<b>t</b>	9	ε	Ţ	ς	8	L
ς	L	9	8	₽	7	I	6	3
Ĭ	٤	8	6	L	ς	9	Þ	7
8	9	7	Þ	6	ε	L	ς	I
ε	Þ	I	L	ς	8	7	9	6
6	ς	L	7	Ţ	9	8	ε	†
₽	7	ς	ε	8	L	6	Ţ	9
9	8	ε	I	7	6	Þ	L	ς
L	Ī	6	ς	9	7	٤	7	8

#### **Directional Signals** Crossword from page 12

Е	Ν	Э	Я			a	Э	П			a	ਮੁ	À	d
1	_	C	٧	Τ		И	Ð	Τ		λ	Ν	0	Ы	
I	d	A	N	U		3	a	A		Я	3	Μ	О	H
Ξ	S	Я	U	0	Э	S	Э	Ν	0	3	d	A	Н	S
			$\Box$		_		S	S	0	I				
ਬ	٧	3		Ы	٦	3			1	0	A.	ď	3	
¥	Ν	Q	3		Э	ਬ	0	M		3	a	$\cap$	I	3
а	A	0	Ы	Ξ	Н	I	Э	О	3	П	a	а	1	M
٧	Т	Я	0	Ν		Ξ	Π	0	0		∃	а	n	A
	a	П	0	T	a			a	Ν	3		٧	S	S
				Ы	_	M	3		A		Τ			
В	3	Ν	Я	O	Э	3	Н	Ι	а	Ν	ນ	0	Я	A
Ξ	Λ	¥	3	Н		3	T	3		Я	Ó	٦	0	Э
Э		1	0	Э		a	A	В		3	Ы	0	а	A
Ͳ	٦	Ξ	a			٧	8	A			Ι	S	0	d

### MOVING SYSTEMS INC.

Office/Residential | Free Wardrobes

7 DAYS A WEEK I FREE ESTIMATES **FAMILY OWNED SINCE 1979** 

VISA Masterday DISCOVER

BBB MEMBER | INSURED | LIC#CAL T-189466



### **DENTAL Insurance**

A less expensive way to help get the dental care you deserve

☑ If you're over 50, you can get coverage for about

No wait for preventive care and no deductibles

cleanings, exams, fillings, crowns...even dentures

NO annual or lifetime cap on the cash benefits

**FREE Information Kit** 

1-877-308-2834 www.dental50plus.com/cadnet



"Individual plan. Product not available in MN, MT, NH, RI, VT, WA. Acceptance guaranteed for one insurance policy/certificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO, NY; call 1-800-969-4/81 or respond for similar offer. Certificate C2504 (ID: C250E; PA: C250O); Insurance Policy P150(GA: P150GA; NY: P150NY; OK: P150OK; TN: P150TN) 6096C MB16-NM001GC

### October 20 - 26 Buy your tickets TODAY! General Admission: \$11.00 Students & Seniors: \$8.50 2921 El Cajon Blvd San Diego, CA 92104 (off 805 Freeway on El Cajon Blvd & 30th St. in North Park) P.619-230-1938 California BBQ

DIGITAL GIM

## & Oven Cleaning

"The most thorough BBQ and oven cleaning service!"

We come to you! Have your BBQ or oven professionally steam-cleaned using non-toxic, biodegradable, **USDA-approved products.** 

- We service all makes and models
- Experienced, reliable, local staff
- Extend the life of your BBQ
- Improve the quality and flavor of food
- Eliminate carcinogens for healthier cooking
- Use your appliance the same day after cleaning You will be amazed at the transformation!





Call Today! (858) 210-2034 www.CalBBQ.com



## NO EXCUSES, NO APOLOGIES, JUST PRIVATE TRAINING WITH RESULTS.



Limited Time Offer 3 sessions for \$99

Get Started Today! 619.794.0014

fy

#### **Mission Hills**

4019 Goldfinch Street San Diego, CA 92103

fitnesstogether.com/mission-hills

\*Limited time offer. Terms and conditions apply. See studio for details.

© 2017 Fitness Together Franchise Corporation. All rights reserved. Each Fitness Together® studio is independently owned and operated

## **UPTOWN CALENDAR**



#### **GI Film Festival San Diego**

The annual GI Film Festival San Diego, through Oct. 22, at various venues countywide. Visit gifilmfestivalsd.org for details.

San Diego Arab Film Festival The annual San Diego Arab Film Festival, through Oct. 21 at Museum of Photographic Arts in Balboa Park. Visit sandiegoaff.org for details.



### The Haunted Trail America Haunts ranks The Haunted Trail in Balboa Park

Haunted Trail in Balboa Park as the second-best attraction in the U.S. for Halloween thrills and chills. Through Oct. 31 at the corner of Balboa Drive and Juniper Street. Closed Oct. 23. 7-11 p.m. \$25 general admission; \$37 VIP admission. bit.ly/2ydQXSP.

'A Midsummer Night's Dream' San Diego City College Dramatic Arts Program presents the Shakespearean comedy, at Saville Theatre, 15th Avenue at C Street, Downtown. 8 p.m. Oct. 20-21 and Oct. 27-28; 2 p.m. Oct. 22 and Oct. 29. \$10-\$15, cash only. Add fee for online purchase at bit. ly/2gqHDn9..



#### **Old Town Saturday Market**

9 a.m.-4:30 p.m., Harney Street and San Diego Avenue, Old Town. Also held on Sundays. Oldtownsaturdaymarket.com.

Golden Hill Farmers Market 9:30 a.m.–1:30 p.m., B Street between 27th and 28th streets, Golden Hill. Sdmarketmanager.com.

#### Book sale | Free concert

Friends of the Mission Hills Library book sale, 9:30 a.m. to noon; "The Musical Potpourri Concert," 2 p.m., Mission Hills Library, 925 W. Washington St. 619-692-4910.

#### **Book discussion group**

Kathi Diamant to led a discussion of "Mothering Sunday" by Graham Swift, 10-11 a.m., Kensington-Normal Heights Library, 4121 Adams Ave. 619-533-3974.

#### Armenian OctoberFest

Live music and dancing, folk dance performances, Armenian beer and wine, Armenian food and pastries, crafts for kids. Noon to 9 p.m., St. John Garabed Armenian Church, 4473 30th St., North Park. \$3 donation. Free for children younger than 12. stjohngarabed.org.

#### Hillcrost Classic Car Show

Great Autos of Yesterday, the largest LGBT car club on the West Coast with more than 1,000 members, cruise into town on the third Saturday of the month. 1-4 p.m., Normal Street at University Avenue, Hillcrest. Free. greatautos.org.



#### Blackmarket's anniversary party

Celebrate the first anniversary of Blackmarket Bakery San Diego, 4686 30th St., North Park. Cake demos, seasonal samples and party games, 2-4 p.m. Free, but register at bit.ly/2wJhupJ.

#### **Bankers Hill Fall Festival**

Celebrate the changing season with a walk-around Bankers Hill along Fourth and Fifth avenues. Grab your map at St. Paul's Episcopal Cathedral, Fifth Avenue at Nutmeg Street, to learn about the participating businesses. \$15 pre-sale; \$20 the week of the event. bit.ly/2hB4XOI.

#### 'Orange is the New Black'

Opening reception 6-8 p.m. for "Orange is the New Black" exhibit, Art on 30th gallery, 4434 30th St., North Park. Through Nov. 18. Visit arton30th.com or call 619-894-9009.

#### 'Hinky-Die-Die' exhibit

A show inspired by Mojave Desert by Ashley Fenderson, recipient of the 2017 Art Produce/SDSU MCA graduate award exhibit. Exhibit title is a phrase describing a strange, even slightly sinister feeling that's hard to explain. Through Oct. 30. Reception 6-8 p.m. Oct. 21. Art Produce, 3139 University Ave., North Park. Artproduce.org.

#### **Comedy Heights**

Local comedians perform 8–10 p.m., Twiggs Coffeehouse, 4590 Park Blvd., University Heights. Free. Comedyheights.com.

#### Tei Shi at Soda Bar

Tei Shi and Twelve'Len perform a 21-and-older show, 8:30 p.m., Soda Bar, 3615 El Cajon Blvd., North Park. \$14-\$17. 619-255-7224 or sodabarmusic.com.



#### Hillcrest Farmers Market

9 a.m.–2 p.m., Normal Street between University Avenue and Lincoln Street. Hillcrestfarmersmarket.com.

#### Armenian OctoberFest

Live music and dancing, folk dance performances, Armenian beer and wine, Armenian food and pastries, crafts for kids. Noon to 7 p.m., St. John Garabed Armenian Church, 4473 30th St., North Park. \$3 donation. Free for children younger than 12. Visit stjohngarabed.org.

#### **West African dance class**

Master dancer Djibril Camara from Guinea teaches classes for all ages and skill levels. 5:30-7 p.m., La Vie Dance Studio, 325 W. Washington St., Hillcrest. bit. ly/2rkMr1u.

#### **Have Mercy**

Have Mercy, Boston Manor, Can't Swim, and A Will Away perform at 6:30 p.m., The Irenic, 3090 Polk Ave., North Park. All ages. \$15-\$17. Ticketfly.com.



#### North Park

Toastmasters meeting 6:30-8 p.m., St. Luke's Episcopal Church, 3725 30th St., North Park. 619-694-9148. bit.ly/2vMOGje.

#### Open Mic Night

6:30 p.m., Lestat's Coffee House, 3343 Adams Ave., Normal Heights. Free. bit. ly/2vMqHR9.

#### 'The Windy City'

Write Out Loud's story concert reading on "The Windy City: Stories From and About Chicago," 7 p.m. Old Town Theatre, 4040 Twiggs St. \$25. writeoutloudsd.com or 619-297-8953.

#### Knuckle Puck

Knuckle Puck, Movements, With Confidence and Homesafe perform at 6:30 p.m., The Irenic, 3090 Polk Ave., North Park. All ages. \$17-\$20. Ticketfly.com.



#### **Curbside Bites**

Gourmet food trucks gather 5–8 p.m., 3030 Grape St., South Park. bit.ly/2vMQDw2.

#### Tasty Truck Tuesdays

Food trucks gather 6–9 p.m., Smitty's Service Station, 3442 Adams Ave., Normal Heights. bit.ly/2umVaVy.

#### **Shows at The Merrow**

"Unherd TV's" Mike Halloran presents J. Hofstee, Ronhaar and Shane Hall, 9 p.m.-midnight, The Merrow, 1271 University Ave., Hillcrest. 21-plus show. \$5 at the door. 619-299-7372.



#### 2017 Momentum Awards

Circulate San Diego's Momentum Awards celebrate mobility, great neighborhoods, connected communities, and sustainable development while recognizing the achievements of visionary civic leaders, local governments and businesses. 5:30 p.m., Natural

History Museum, 1788 El Prado, Balboa Park. \$60. 619-544-9255, ext. 310.

### Play-Well Teknologies: LEGO Engineering

Kids can flex their engineering and architectural skills at this STEAM event using LEGO pieces, 6-7 p.m., North Park Library, 3795 31st St. 619-533-3972.

#### **Mystery Book Club**

A new mystery novel will be discussed, 6:30-7:30 p.m., Mission Hills Library, 925 W. Washington St. 619-692-4910.

#### **Wednesday Night Experience**

Uplifting and spiritually inspiring experiences for all, 7-8 p.m., Universal Spirit Center, 3858 Front St., Hillcrest. \$20 donation requested. bit. ly/2vMK5xl.





#### 'The Birds'

Alfred Hitchcock horror classic. Through Oct. 28, 8 p.m. Cinema Under the Stars, 4040 Goldfinch St., Mission Hills. \$15. topspresents.com or 619-295-4221.

### Halloween costumes-preschoolers

Princesses, superheroes, pirates and other costumes expected at preschool story and craft time, 10 a.m., North Park Library, 3795 31st St. 619-533-3972.

Uptown Sunrise Rotary Club Weekly meeting, 7 a.m., Panera Bread, 1270 Cleveland Ave., Hillcrest. bit.ly/2pezpnR.

North Park Thursday Market 3–7:30 p.m., North Park Way between 30th Street and Granada Avenue. Northparkfarmersmarket.com.



SoNo Neighborhood Alliance fall forum "Density Is Here: Now What?" features environmental and land-use attorney Craig Sherman talking about the city's "Housing San Diego" plan that targets "urban infill" projects. 6 p.m. Lafayette Hotel, Swim Club & Bungalows, 2223 El Cajon Blvd, North Park. Free. The nonprofit informs and engages residents of South Park and North Park about neighborhood issues. sonoalliance.org.

#### **Business mixer**

Kensington Talmadge Business Association mixer, 5:30 p.m., UrbanLife Café at

Copley-Price Family YMCA, 4300 El Cajon Blvd., City Heights. RSVP to vp@kenbiz.org.



#### **Memory Café**

Gathering place for those with memory loss, caretakers and those worried about memory problems. 10-11:30 a.m., second and fourth Fridays. First Unitarian Universalist Church of San Diego, 4190 Front St., Hillcrest. Donations appreciated. bit. ly/2vMSsZV.

#### Turnover

Turnover, Elvis Depressedly, and Emma Ruth Rundle perform at 7 p.m., The Irenic, 3090 Polk Ave., North Park. All ages. \$16-\$19. Ticketfly.com.





#### 'The Zoo Story'

San Diego Actors Theatre presents Edward Albee play that explores themes of isolation, loneliness, miscommunication and dehumanization in a commercial world. 2 p.m. Oct. 28-29, Nov. 4-5 and Nov. 11-12 at Pioneer Park, 1521 Washington Place, Mission Hills. \$20. sdactorstheatre. net or 619-997-2589.

#### 'Nightmare on Normal Street'

Live entertainment, fright zones, food trucks, outdoor dance party and a costume contest with celebrity judges and audience voting by text. 6-11 p.m. on Normal Street at University Avenue, Hillcrest. Benefits The San Diego LGBT Community Center and Hillcrest Business Association. \$20 general admission or \$45 VIP presale; \$25 or \$55 day of event. bit.ly/2xAN1xh.

#### Balboa Park Halloween Family Day

Free craft project for kids, costume parades and contests, other fun events, 11 a.m.-4 p.m. throughout Balboa Park, including at 12 museums. Details at bit.ly/2fZ2e1d.

#### Art show

Artwork by local artists displayed and sold, 6 p.m., mezzanine, North Park Beer Company, 3038 University Ave. Halloween costume contest at 8 p.m. northparkbeerco.com or 619-255-2946.

#### Knitting Saturday Circle Monthly, event, for knitte

Monthly event for knitters of all levels, 10-11:30 a.m., Kensington-Normal Heights Library, 4121 Adams Ave. 619-533-3974.



#### 'Swan Lake'

California Ballet Company presents full-length classic, Oct. 28-29, Civic Theatre, 1100 Third Ave., Downtown. \$25-\$125. californiaballet.org.



### Cabernet sauvignon wine tasting

Taste over a dozen wines from one of France's most coveted wine regions, 4-7 p.m., Village Vino, 4095 Adams Ave., Kensington. \$35 (fee waived with purchase of two bottles of wine). RSVP to 619-546-8466.

#### **Comedy Heights**

Local comedians perform 8-10 p.m., Twiggs Coffeehouse, 4590 Park Blvd., University Heights. Free. Comedyheights.com.

#### Old Town Saturday Market

9 a.m.-4:30 p.m., Harney Street and San Diego Avenue, Old Town. Also held on Sundays. Oldtownsaturdaymarket.com.

#### Golden Hill Farmers Market

9:30 a.m.-1:30 p.m., B Street between 27th and 28th streets, Golden Hill. Sdmarketmanager.com.

### San Diego Arab Film Festival

The annual San Diego Arab Film Festival, Oct. 28-29 at AMC Mission Valley 20. Visit sandiegoaff.org for details.



#### Hillcrest Farmers Market 9 a.m.-2 p.m., Normal Street between University and Lin-

between University and Lincoln avenues. Hillcrestfarmersmarket.com.

#### Kids Craft Pumpkin Painting

Parents can kick back with a beer while kids socialize and paint mini pumpkins, 1-3 p.m., North Park Beer Company, 3038 University Ave. \$5 donation will benefit Friends of Jefferson Elementary School. northparkbeerco. com or 619-255-2946.

#### Parachute

Parachute performs "An Intimate Acoustic Evening," along with opener Austin Plaine. 7:30 p.m., The Irenic, 3090 Polk Ave., North Park. All ages. \$129. Ticketfly.com.

see Calendar, pg 16

#### FROM PAGE 1 TONY

He has never applied nor received a single disability check.

One morning, a well-dressed 'professional" woman walked by Tony "looking directly at me." Since most people avoid eye contact with the homeless, Tony felt buoyed. In his world, a "normal interaction between two people" rarely occurs. In passing, she leaned into Tony and whispered into his ear: 'You bum.'

"I literally fell to my knees," he said. "She got me. She tore into my soul. This was intimate and it hurt."

One individual tried to poison Tony, another offered him a sandwich filled with glass shards, while another gave him a sandwich oozing with the hottest sauce "you could ever imagine." And yet, despite people "wreaking havoc to beat you down," Tony overwhelmingly believes that most people are generous and kind.

"And that," Tony said, "is what I choose to focus on.'

Today, he is the star of his poignant story, "Tony - The Movie."

'It's bizarre to be filmed," he said. "At times I felt like a star until the seriousness of the issue weighed in. You quickly realize it's not all fun and games."

#### **North Park filmmaker**

Hobbyist filmmaker Dennis Stein, a North Park resident, will show the documentary on Oct. 28 at the Observatory North Park in an effort to "jumpstart a community discussion on our region's homelessness crisis." The free public event will also feature "Shine," an animated short film from Father Joe's Villages.

Filmed in 2016-17, the biopic on Tony is also an exposé for implementing solutions to San Diego's pervasive homeless issue. America's Finest City ranks fourth in homeless overall, and second in the number of homeless veterans.

"Tony's story highlights the need to support the homeless," Stein said. "Chronic and challenging, the issue of homelessness in San Diego is not being properly addressed. Filming the struggles of life on the street made me question: Why is it like this? What changes can we make? 'Tony — The Movie' focuses on the importance of supporting solutions based on what does and doesn't work."



Tony, a local homeless man who is the star of the documentary, "Tony — The Movie," shows off one of his paintings. He has an associate's degree in graphic arts. (Courtesy of the artist)

"Housing first" is the underbelly of the documentary's message. Stein advocates a regional plan emanating from San Diego's political affiliates and elected officials including mayors, county supervisors and City Council members, to replace programs that serve only as bandages and not resolutions.

"Housing first is not only key, housing first works," he said. "A percentage of San Diego's 9,000 homeless have endured underserving challenges. Others ride the system. But how can we judge those who deserve help and those who don't? It's impossible. Judgment leaves people on the streets without solving the problem. Non-judgment houses people. Would you rather house the homeless or step over them on your doorstep?

According to Stein, transitional housing cost \$36,000 per year and often loses participants who can't adhere to program rules. Tenting — shelter tents — costs \$6,000 a year per

"Why not spend that money to house people so they can efficiently accept help and get their lives back together?" Stein said. "Government research shows that housing first is the most effective long-term solution to homelessness. The public should visit the East Village, become outraged and demand an immediate response. San Diegans can make it politically infeasible for our elected officials not to implement housing

#### Priced out of housing

Facing a "tsunami of rising costs," Tony explained how San Diegans "living on the edge of homelessness" are often priced out of their apartments. Residents get evicted without

"From professional services and restaurants to health and wellthe mix of businesses has become a strength for the district. Bankers Hill is definitely open for business."

Bankers Hill Business Group is complimentary. To learn more, visit bankershillbusinessgroup. com and connect on Instagram at @VisitBankersHill.

public relations & marketing manager for the Bankers Hill Business Group.\*

being offered alternative housing. And yet, Rodriguez remains sympathetic to the public's understanding of housing first.

"I understand how many view housing first as unfair," he said. "Families pay hundreds of thousands of dollars for their homes and now we want them foot the bill to house the homeless. But what does it say about our society if we let anyone - especially the mentally ill — live outside? I know an elderly man who sits on the pavement rocking a huge teddy bear. He's dirty. The teddy bear's dirty. It rains and people simply walk by. How can we as a society turn our backs?'

Job hunting is also impeded by a lack of housing.

"You need a place to live in order to look for a job," Stein continued. "You can't wake up dirty and need to move and guard your possessions while making interviews and appointments. Housing first, jobs second."

"How can anyone have the mental space to find a job when you're constantly running from the cops?" Tony said. "Cops beat me down. I'm not a criminal. I don't do drugs. I don't steal. But I run from cops. Every. Single. Day. 'Move along,' they say, 'we just got a call.' 'How could you get a call, we just got to the coffee shop? Just let us sit and buy coffee.'

"Bicycle cops move you all day long," he continued. "Well, there's no place to sit on the street. You're constantly on the go, spinning your wheels and getting nothing done. You're beaten down and beaten down, another nail in the coffin of your self-esteem. Getting back on your feet requires help from a mentor or a support group. I can't do this on my own."

Police enforcement remains a tenuous issue. The city of San Diego was cited and successfully sued for ticketing people who slept on the streets. Individuals now have the right to sleep on "certain streets" unless an alternative is provided. Ticketing is no longer allowed between 9 p.m. and 5 a.m. unless subjects engage in illegal activity or disturb the peace. However, street dwellers must be gone by 5:30 a.m. or they face jail or losing their possessions.

Moving possessions is "tough." What can be stolen is housed in wagons and carts, covered by sleeping bags, blankets, even a carpet and secured with large chains. What can't be stolen is carried — phone, charger, flashlights, keys, art supplies and basic tools to fix bikes and cut wood. Rodriguez had a storage unit but was "booted out for a nonsensical reason."

"In other words, you're homeless, you don't fit in and you're not welcomed," he said. "The same thing happened at the dog park. Another nail in the coffin of destroying self-esteem that we suffer every day."

Tony spoke of the common misconceptions surrounding homelessness, which is made worse because "homeless people are generally secretive."

"Homeless people are no different that you and I," he said. "Bureaucrats like to rope us in with criminals. Yes, there's

a criminal element just like there's a criminal element in every society. Good and bad people exist everywhere."

Tony shares a "symbiotic" relationship with his girlfriend Ginger and their dog, Bambi. "Working together to protect their possessions," he said their day begins with canning and dumpster diving, "an arduous full-day endeavor." Money is used to purchase food, cigarettes, towelettes (since there are no showers) and sundries required to live on the streets. Dumpster items are often used for "trade."

"I never ask for money," Tony said. "I never ask for anything. I find it offensive."

Stein affirmed that: "Tony never asks for anything because he doesn't feel like he deserves anything."

"I left one society and became a member of the homeless society," Tony said. "I don't choose to be here, but it's where I am. I tread water to survive. I need help, but not forever. I want to live in the other society. But I need a place to stay. I need counselors. Something within me has changed. Going back to that life is very, very ... I'm stressed at starting my life over from ground zero at almost 60. I'm from the bottom of society. I have no car, no house, no kids. I've never been married. But I must find a peace, an identification with rejoining society because street life is survival in no man's land.'

Ultimately Tony hopes to live with Ginger and Bambi and work as an artist. "Even a garage will do." But at the moment nothing's changed. He works odd jobs for Stein, while Ginger watches their things.

"I like to work," he said. "I work every day. But I'm so beaten down, I can't promise an employer that I can work full time. I'm impeded by physical and emotional reasons, including depression. I can begin with part-time employment and flexible hours."

#### 'Tony — The Movie'

#### 'Shine' short film

Movie screening and panel discussion Saturday, Oct. 28 Observatory North Park 2891 University Ave.

11:30 a.m. – Steph Johnson and Voices of Our City Choir Noon – Screening 1 p.m. – Panel discussion on homelessness 2 p.m. – City Tacos and Mike **Hess Brewing Company** 

> Movie trailer tony-themovie.com Short film bit.ly/2imeayw

RSVP for a free ticket, but a donation can be made: bit.ly/2yhq4PG

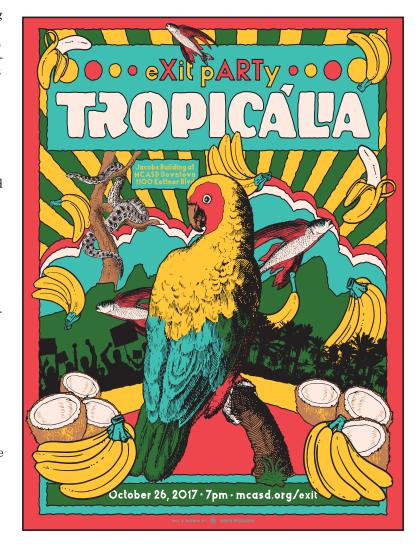
Tony also spoke of the importance of his faith.

"I connect with my God," he said. "He answers prayers. I've prayed for direction. I've prayed for the second half of my life to be worthwhile. This part of my life's a mess. I'm wasting my talents. I have regrets, but nothing to hide. Working with Dennis was an answer to a prayer, an opportunity to create positive change."

Transformed by the filming experience, Tony plans to continue to champion housing first. Stein added his own commitment.

"I know too much now," he said. "I'm involved."

-Contact Lucia Viti at luciaviti@roadrunner.com. \*



### FROM PAGE 11 BANKERS HILL

showcasing their fare and wares. Tickets are available at bankershillbusinessgroup.com/ events and at the door, while supplies last.

Perhaps the most exciting aspect has been the neighborhood's growth in recent years.

'It has been exciting to see all the new businesses that have opened in Bankers Hill since 2011 when we started our organization," Sutton said. ness establishments and salons,

Membership with the

-Colette Mauzeralle is



#### FROM PAGE 14 CALENDAR



#### **North Park Toastmasters** meeting

6:30-8 p.m., weekly meeting at St. Luke's Episcopal Church, 3725 30th St., North Park. 619-694-9148. bit.ly/2vMOGje.

#### **Open Mic Night**

6:30 p.m., Lestat's Coffee House, 3343 Adams Ave., Normal Heights. Free. bit. ly/2vMqHR9.



#### **Curbside Bites**

Gourmet food trucks gather 5-8 p.m., 3030 Grape St., South Park. bit. ly/2vMQDw2.

#### **Tasty Truck Tuesdays**

Food trucks gather 6-9 p.m., Smitty's Service Station, 3442 Adams Ave., Normal Heights. bit.ly/2umVaVy.



#### 'Are we ready

to edit our children's genes?' The Center for Ethics in Science & Technology presents a talk by Dr. Evan Y. Snyder from the University of

Pennsylvania who is regarded as one of the "fathers of the stem cell field." Do we edit genomes to prevent diseases or defects? Do we create "designer babies"? Who decides? 5-7 p.m., RH Fleet Science Center, 1875 El Prado, Balboa Park. Free. Register at bit. ly/2hXHQSi.

#### Wednesday **Night Experience**

Uplifting and spiritually inspiring experiences for all,

Universal Spirit Center, 3858 Front St., Hillcrest. \$20 donation requested. bit. lv/2vMK5xl.



#### **Book club meets**

North Park Book Club gathering, 3 p.m., North Park Library, 3795 31st St. 619-533-3972.

#### **Uptown Sunrise Rotary Club**

Weekly meeting, 7 a.m., Panera Bread, 1270 Cleveland Ave., Hillcrest. bit. ly/2pezpnR.

**CHECK OUT THE BEST** 

**HOT SOUP BAR IN TOWN!** 





#### **North Park Thursday Market**

3-7:30 p.m., North Park Way between 30th Street and Granada Avenue. Northparkfarmersmarket.com.

To view local community organization meeting information online, visit bit. ly/2esLpLR.

-Compiled by Ken Williams, Email calendar items to ken@sdcnn.com.

SIMPLY GOOD FOOD. SIMPLY GOOD PRICES.



**BARTLETT BOSC PEARS** 

77¢



Washington

GALA & **GRANNY SMITH APPLES** 

67¢



**FRESH PINEAPPLE** 



HAUNTUMN BLACK **SEEDLESS GRAPES** 





**TASTY BITE HOT & SPICY VINDALOO** 











**2**99







#### THE JACKFRUIT CO. TERIYAKI JACKFRUIT



Washington

Organic

**FUJI APPLES** 

### CHEESE OF THE WEEK

### FROMAGE D'AFFINOIS DOUBLE CREAM BRIE

RICH, CREAMY AND BURSTING WITH EARTHY FLAVORS, THIS DOUBLE CREAM SOFT CHEESE IS THE CHEESE YOU AND YOUR FRIENDS WILL BE TALKING ABOUT. SAMPLE IN-STORE TODAY!



#### **GUITTARD MILK CHOCOLATE CHIPS**



### **BARONS MARKET**



**8**0z

WINE CORNER

31939 Rancho California Road

Corner of Meadows Pkwy. (951) 693-1111

#### In our freezers! **GOOD FOOD MADE SIMPLE VERMONT MAPLE OATMEAL**



\$**?**69 **1**60z

## **NEW ZEALAND RACK OF LAMB**

#### DON'T FORGET...

Roland Organic Udon Noodles	\$ <b>1.99</b> 12.80z
Glory Bee Honey Stix	5 for \$1
Bold Brew Nitro Cold Brew Coffee	\$3.49 8oz
Milton's Sea Salt Baked Crackers	\$3.59 4.5oz
Lorina Sparkling French Lemonade	.\$2.99 +CRV 750m
Mama Cocco's Basil Garlic Pasta Sauce	9\$2.49 2507

# Apothic Red......\$8.99 750ml

#### **Rancho Bernardo**

11828 Rancho Bernardo Road

Bogle "Old Vine" Zinfandel.....\$8.98 750ml Tisdale Pinot Noir.....\$2.99 750ml McManis Chardonnay.....\$9.98 750ml Babich Sauvignon Blanc.....\$12.98 750ml Pepperwood Grove Pinot Grigio......\$5.99 750ml **Temecula** 

#### Wildomar

32310 Clinton Keith Rd. 1 Blk. W. of I-15 (951) 609-9200

### **EARTH FRIENDLY ECOS** FREE & CLEAR LIQUID **LAUNDRY DETERGENT**



#### Alpine

1347 Tavern Road In the Alpine Creek Town Center (619) 445-5600

#### **Point Loma**

4001 W. Point Loma Blvd. 1 Blk. W. of Midway Dr. (619) 223-4397

In the Mercado (858) 485-8686

40545 California Oaks Road In the California Oaks Shopping Center

#### **North Park** 3231 University Ave

1 Block West of 805 (619) 814-5555

baronsmarket.com

Hours: Everyday 8 AM to 9 PM (except holidays) Limited Quantity on Some Items. Not Responsible for Misprints

#### Murrieta

(951) 200-8700