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San Diego Community News Network

San Diego Uptown News



(clockwise from upper left) Bridget Klein's "Rise," Nancy Rourke's "Subaltern Resistance Discussion," Jon Savage's "Moods," Lynne Bowden's "Hidden Master," Savage's "Lovers Under" and Rea Rossi's "Resonance" (Courtesy of The Studio Door)

'DEAF EYES'

Diverse set of artists celebrate National Deaf Awareness Month

By Lucia Viti

The Studio Door will celebrate National Deaf Awareness Month with its exhibition "Artistry Through Deaf Eyes," an eclectic collection of iconic art created by 18 Deaf and hard-of-hearing artists from around the U.S.

The mixed media art show will kick off its three-week stint with a welcome reception on Saturday, Sept. 9 from 6-9 p.m. at the gallery, located at 3750 30th St. in North Park. It will close on Sept. 24.

"Artistry Through Deaf Eyes" will showcase

photography, painting, sculptures, acrylics, oils and mixed media. Spearheaded by visual artist Jon Savage, the exhibit will underscore "diversity" from Deaf and hearing-impaired artists.

see Exhibit, pg 2

The reluctant doctor

The love of pets inspired her calling in life

Ken Williams | Editor

Hang around with Ann L. Eliopulos for any length of time and there likely will be a cute little dog begging for her loving attention. Or maybe two or three competing for a hug or to sit on her lap. For the past three decades, she has been working with animals in some form or fashion.

Growing up with parents who were both doctors, Eliopulos vowed to take a different career path. The little rebel tried out a number of jobs, but always found her greatest joy as working with our furry friends.

Over the years, she held positions such as a vet

technician, an animal control officer and an animal shelter manager before deciding to go back to college in the mid-1990s to become a doctor of veterinary medicine.

These days, "Dr. E," as Eliopulos is affectionately dubbed, is medical director and hospital administrator at Bodhi Animal Hospital, located at 2200 University Ave. in North Park. Her areas of expertise are internal medicine, emergency medicine, geriatric medicine, behavior and surgery.

Here are five questions with Ann Eliopulos:

see Profile, pg 19



Ann L. Eliopulos, medical director and hospital administrator at Bodhi Animal Hospital in North Park, in the "Cat Room" (Photo by Ken Williams)

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FROM PAGE 1
EXHIBIT

"I am Deaf," Savage said. "I share my experiences through my art. 'Artistry Through Deaf Eyes' will celebrate the rich artistic traditions of Deaf contemporary artists."

The Studio Door, owned and operated by resident artist Patric Stillman, is known as an "arts incubator dedicated to the creative marketplace and the promotion of contemporary artists." Thrilled to "express the experience of being Deaf through art," Stillman described the exhibit as a form



Savage touch

Jon Savage describes his logo for "Artistry Through Deaf Eyes."

"The inverted color of black and white represents the idea of opposite but equal. The turquoise represents integrity. The gray represents focus. The hands and the eye represent American Sign Language to create richness of knowledge in a Deaf person."

of "Deaf pride that deals with empowerment, American Sign Language (ASL) and perceptions based upon the Deaf experience."

"I'm excited to host Deaf and hard-of-hearing artists," Stillman said. "The De'VIA (Deaf View/Image Art) movement, the pulse for this artistic community, feel compelled to speak, engage and connect people in a creative way. Their work runs the gamut, from celebrating oneself to an overview of the harsher realities faced by this community."

Savage, a self-taught career artist, approached Stillman to curate a show dedicated to the creativity of Deaf and hard-of-hearing artists. Stillman agreed that it was a "brilliant idea," stating that Deaf and hard-of-hearing artists share their unique experiences living in a hearing world, one "we often take for granted," through their art. Spanning the U.S., artists were chosen from California, Colorado, Georgia, Maryland, New York, North Dakota, Pennsylvania and Washington, D.C.

"Artistry Through Deaf Eyes' is an artistic movement that captures the exhilaration and alienation of the Deaf community or any group not considered mainstream," Stillman continued. "There's an interesting and sensitive creativity posed by their view of living life as a Deaf person."

Stillman added that show's "incredible mixed media artwork" is empowering and optimistic. The work incorporates ASL with visuals, making

it "universal and easy to understand."

"Sadness doesn't surround the Deaf and De'VIA artists," he said. "I see a proud spirit that understands their uniqueness. The Deaf and hard-of-hearing community has a voice that deserves to be heard. Jon Savage, vivacious and larger than life, is committed to creativity and slick at marketing. He makes a great gallery partner."

Stillman described Savage's work as playful, dramatic and extremely graphic. Getting his message across void of fanfare, Savage's photographic images placed into color fields often invites people into The Studio Door.

Fascinated by art since early childhood, Savage's work includes media/visual arts, photography, video editing, cinematography, acting and painting. His work — graphic, pop-art paintings, replete with abstract bright colors and a clean-cut style — reflects his journey as a Deaf artist. Passionately devoted to educating Deaf people about the linguistic, social, political and cultural issues of the Deaf community, he defines his art as "activism" that educates society on the importance of recognizing and utilizing ASL.

"We're looking for equity — the same as hearing artists," he said. "Artistry Through Deaf Eyes' will impact and inspire Deaf people to see artwork — by Deaf artists of all ages — to understand and relate to their experiences, good, bad or ugly. I motivate Deaf children to become receptive, expressive and

fluent in ASL. I encourage the support of hearing parents. I encourage Deaf people to strive to achieve."

Ask Savage what his goal is for the exhibit and he'll quote John F. Kennedy.

"And so, my fellow Americans, ask not what your country can do for you — ask what you can do for your country," he concluded. "My goal is to let Deaf people do for our community instead of our community doing what is best for Deaf people!"

The Deaf Community Services of San Diego will work as reception partners for "Artistry Through Deaf Eyes" to provide interpreters for introductions and conversations between the Deaf artists and patrons. QR codes will be staged to open YouTube videos of ASL + Closed Captions (CC) or ASL + Voice-over videos.

Stillman is no stranger to artistic success in painting, photography and digital media. His art has been exhibited at Musée du Louvre (Paris), in Miami Beach's SCOPE, and throughout Southern California. In 2016, Stillman was named Mentor of the Year by Professional Artist Magazine.

Carving a "unique art-to-market perspective," The Studio Door serves as an art gallery, an artistic studio and a classroom for art instruction and art-to-market programming. Partnering with regional artists and industry organizations, the gallery hosts national exhibitions, regional invitationals, and San Diego's annual Open

'Artistry Through Deaf Eyes'

The Studio Door
3750 30th St.
North Park

Sept. 9-24

thestudidoor.com

Artists

Yossi Ben Abu • San Francisco

Delora Bertsch • San Pedro

Cynthia Boehm • Grand Forks, N.D.

Lynne Bowden • Vancouver, Wash.

Ka-Yun Chan • Glendale

Amy Cohen Efron • Tucker, Ga.

Angus English • Washington, D.C.

Bridget Klein • Bloomsburg, Pa.

Melissa Malzkuhn • Washington, D.C.

Ellen Mansfield • Frederick, Md.

Bill Prochnow • Oakland

Rea Rossi • Wynnewood, Pa.

Nancy Rourke • Loveland, Colo.

Jon Savage • San Diego

Jerry Steffen Jr. • Mountlake Terrace, Wash.

Branton Stewart • Temecula

Munira Virji • Los Angeles

Andrea Zuchegno • Rochester, N.Y.

Studios Weekend. The Studio Door also publishes a biennial "50 To Watch" colored manual that highlights San Diego's newly arrived and ever-so-popular visual artists. Sidling the gallery, Stillman operates the HYPE, a co-op art haven.

"I quickly realized the importance of community while on my creative path," he said. "Community support propelled me to grow. I created The Studio Door to connect artists with community. Being an artist can be lonely. Work happens outside of your head. The Studio Door allows artists to network while learning the nuances of creative commerce and sharpening their skills and talents."

"I am the impetus behind my goal of supporting studio artists who support and encourage me."

—Contact Lucia Viti at luciviti@roadrunner.com.*

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Finding his way

Former Afghan interpreter for U.S. troops hopes family can immigrate to South Park

By Cynthia Robertson

Imagine that the Taliban is trying to find you in Afghanistan where you live so that they can murder you. Now imagine that you have to leave your friends, family and everything you know back in your homeland and move to another country. That is the reality for many of the interpreters in Afghanistan and Iraq who chose to help U.S. troops fight the enemy in their homeland.

Such is the case with South Park resident Noorullah Aziz, who moved to the United States two years ago. He is safe now, employed, and has made new friends, but his smile is slow. Every day he hopes for his family to be able to move out here soon.

“I used to smile a lot. It was my hobby. But now I hear more and more of my people being killed back there,” said Aziz, who was one of the main speakers at a fundraiser event on Aug. 6 for No One Left Behind, an organization that helps newly arrived interpreters seeking refuge.

Aziz’s story begins when he was 12 years old as the

Taliban was occupying Afghanistan in 1996. His two older brothers had been fighting in the Northern Alliance Forces against the Taliban, who eventually demanded weapons left behind by Aziz’s brothers, but they had none. So the Taliban took money from the family instead. As a result, all 10 of the family members lived in poverty, eating only bread three times a day.

Aziz worked nine hours a day to get 7 kilograms (about 15 pounds) of wheat to feed the family. Two weeks after his father’s first arrest, Taliban soldiers surrounded the house and arrested his father a second time.

The goodwill of an elderly man who was a cook for the Taliban helped the family to escape, and they fled to Pakistan where they lived for five years. Aziz and his siblings wove carpet to survive.

“Instead of going to school, me and my other siblings were working from 4 a.m. to 4 p.m. in the evening,” Aziz said.

After the Northern Alliance leader known as the Great Massoud, Cmdr. Ahmed Shah

Massoud, was assassinated in 2001, two days before the 9/11 attack, his father chose to return to Afghanistan.

“I decided to go back to school as well to start learning English,” Aziz said.

After he learned English well enough, he discovered many opportunities as an interpreter and translator with the Joint Task Force and the International Security Assistance Force to help build and train Afghanistan National Security Forces (ANSF).

“For that reason, I loved to see our countries’ army and the police to rule the law and build our country. I joined to work as an interpreter/translator in order to help the international forces build our ANSF and the country,” Aziz said.

As a translator, he was assigned to an Embedded Training Team to help train the Afghan National Army and fight in the field. Aziz said he was in the war for three years from 2005 to 2008 and injured three times.

Each day out in the field, Aziz battled with the fear of being attacked by the Taliban, “the beast,” as he called it.

“Their religion [of the Taliban] is to kill humans,” Aziz said.

The most dangerous situation Aziz found himself in was during an ambush by the Taliban in the Spera District in the Khost Province where two men were killed and eight injured, including a U.S. Army sergeant.

The sergeant was right next to Aziz and got shot in his neck, and another officer, a Lt. Webster, who was badly injured in a leg and ear, helped Aziz and another colleague get under a big rock. They were able to stop the lieutenant’s bleeding with toilet paper.

“You had to be prepared 24 hours to go out either for training or for a fight, which was happening every day, and there was high possibilities of IEDs (improvised explosive devices),” Aziz said.

The only downtime that Aziz enjoyed was hanging out on the military base with his friends, playing cards or going to the gym.

Danger lurked everywhere, even as he would travel home during vacation using local



Noorullah Aziz (center) talks about his experiences as a military interpreter. Author Amanda Matti and No One Left Behind CEO Matthew Makowski listen during the Aug. 6 event. (Photo by Cynthia Robertson)

taxis, because most of the drivers had affiliations with the insurgents.

When Aziz finished his work as an interpreter, he had to flee to the United States because the insurgents and many other Afghani people believed that the translators who worked for the U.S. Army were spies or traitors. They believed that the civilian casualties during military operations often happened because of the translators.

“Also most of the insurgents who were arrested in the operations we participated [in] were released [by] the president of Afghanistan [and] that’s why I decided to leave the country to survive,” Aziz said.

Though he would be safe in his passage to the U.S via a special immigrant visa, the move was overwhelming for Aziz.

“The most difficult thing is living alone and in poverty without having anyone, and being far away from my family. If something happened to me, except for God, I have

no one to take care of me,” he said.

That is where No One Left Behind (NOLB) has stepped in. Aziz got in touch with people in that organization via their Facebook page.

NOLB helped him create his own Facebook page for job searching and offered Mirza Aziz a free job interview workshop. As a result, he found work as a security officer for a major downtown hotel and he delivers packages for Amazon.

Aziz is making a home here in the U.S., but he misses his homeland. “Afghanistan is one of the most beautiful countries in the world. And I have been to other places like France,” he said.

“The good thing about South Park is it’s a quiet, nice and calm neighborhood and I’m glad I have the best landlord and good neighbors,” he said.

For information on how to volunteer with San Diego Chapter of NOLB, go online to bit.ly/2uJBPyh.

— Cynthia Robertson is a local freelance writer.✧



Noorulah Aziz (left) with a team of officers from the U.S. Army and the Afghan National Army with whom he worked in multiple counter terrorism operations in Afghanistan (Courtesy of Noorulah Aziz)



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Santa Fe Marketplace returns to Old Town

By Kit-Bacon Gressitt

For more than 35 years, the Bazaar del Mundo, in Old Town San Diego, has hosted Santa Fe Marketplace, a Southwestern art show and sale. This year is no exception.

The popular event will be Sept. 15 and 16, from 10 a.m. to 7 p.m.

Shoppers can meander a vast selection of fine arts and crafts in the outdoor marketplace, have a bite to eat, and learn directly from the artists about the unique characteristics of their work, which originates in the U.S. Southwest and Native American cultures. Visitors can even bring one or two pieces from their own collections for appraisal by an expert.

Leslie Gregory, manager of The Gallery at Bazaar del Mundo, explained that the

jewelry, paintings, clothing, rugs and other items in the marketplace have a uniquely Southwestern look. It is defined by distinct images, patterns, and both the subtle and brilliant colors of the desert — earth tones, rich turquoise, a spectrum of coral reds and vibrant blue lapis, among others.

Jewelry artist Veronica Benally, of the Navajo tribe, and one of the exhibiting artists, added that Native American jewelry is also distinguished by the traditional use of stamped silver and various natural materials, including shells.

“Clam shell and abalone are sacred,” she said. “The medicine men use them, too.”

Benally is an award-winning designer, considered among the best contemporary Navajo jewelers — and a woman creating art in a historically male space.

She has found inspiration in other women, including the renowned Zuni artist Veronica Poblano. Both of them are known for blending the traditional and the contemporary.

Benally works with her husband Ernest in Gallup, New Mexico. “We do the stamp pattern using the tool on the silver,” she said, “but we also create channels, areas where we can inlay stones. Occasionally, the inlay will consist of a Navajo rug weaving pattern; sometimes there’ll be one of the deities, like, we have a female Yei and a male Yei. So, it’s a combination of old and new.”

The blend of old and new is a common theme for other artists showing at the Santa Fe Marketplace — a necessity, perhaps, to maintain and attempt to build an audience for Native American arts, the market for which ebbs and flows.

John Balloue, an Indian Arts and Crafts Association Artist of the Year, has been painting full time for almost 25 years, and his style has shifted between realism to “a more contemporary look,” sometimes straddling the line between the two to keep up with collectors’ preferences. He now typically paints traditional Native American subjects, but with bold colors and brush strokes.

Balloue, a Vietnam War veteran whose father is part Oklahoma Cherokee, returned from the war, studied art, and began painting portraits. As he learned more about his heritage,



Pendant by Veronica Benally (Courtesy of the artist)

though, it appeared in his work and, eventually, dominated it.

“Over the last 15 years or so,” Balloue said, “I’ve done a lot more contemporary type of work. Like using color in a nontraditional form, representing animal figures in bright colors. I enjoy the different aspects of it, but you’re still using traditional stories and values. Each generation, we are who we are. Art changes as the world changes, some good, some bad.”

In addition to meeting the artists and enjoying the arts and crafts, visitors to the marketplace can bring up to two pieces of Native American jewelry or other family heirlooms to be appraised by Art Quintana, an expert pawn trader. He described the typical scenario for people who bring objects to be appraised.

“It’s something they’ve had, were curious about, and I give them the history about it and the value. There’ve also been some really nice pieces. Last year, a woman came in with



Veronica Benally (Courtesy of the artist)

Santa Fe Marketplace

Native American and Southwestern fine art and crafts

Bazaar del Mundo
4133 Taylor St.
Old Town San Diego

Friday, Sept. 15
10 a.m. to 7 p.m.
Saturday, Sept. 16
10 a.m. to 7 p.m.

some Charles Loloma — he’s a famous Hopi artist. She had half a dozen pieces — the bracelet she had was in gold. It was valued at about \$60,000. I might have one of his rings at the [San Diego] show.”

see Santa Fe, pg 7



John Balloue (Courtesy of the artist)



“Mr. Strong” by John Balloue (Courtesy of the artist)

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Uptown News Briefs



Taste of South Park will be on Sept. 16

The third annual Taste of South Park on Saturday, Sept. 16, is a food lover's chance to enjoy delicious bites from participating restaurants in the neighborhood.

From featured dishes to popular appetizers, entrees or desserts, the Taste of South Park will give each passport holder the opportunity to walk and taste their way through South Park.

Hours are noon to 4 p.m.

Participating restaurants for this year's event include:

- Buona Forchetta
- Cafe Madeleine
- Captain Kirk's Coffee
- Del Sur
- Eclipse Chocolate
- Grant's Marketplace
- Hamilton's Tavern
- Kindred
- Mazara Trattoria
- Piacere Mio
- Rebecca's
- Station Tavern
- Sombrero's

- South Park Brewing Co
 - The Big Kitchen
 - The Daily Scoop
 - The Rose
- Tickets are \$35 online pre-sale at tinyurl.com/ydewtom9 or \$40 day of event. Only 350 tickets will be sold.

Illuminating stories about homelessness

On Wednesday, Sept. 20, three artists will join Father Joe's Villages at Media Arts Center San Diego's Digital Gym Cinema in North Park to share a creative look at compassion. Before the screenings of films focused on homelessness, artists will guide attendees through a gallery of their work and discuss how art inspires action to solve social issues — particularly San Diego's homelessness crisis.

As an artist who struggles with homelessness himself, Allan Ostermann knows the connection between human struggle and creativity firsthand. He will display a collection of portraits and share how art offers healing and

opportunity as he works with Father Joe's Villages to get back on his feet.

Two acclaimed artists will join Ostermann to share their award-winning portrait series on individuals who are homeless. Neil Shigley's striking "Invisible People" display captures the faces of people living on the streets of Downtown, using large-scale portraits to bring expressions of vulnerability and strength out of the shadows. Two-time Pulitzer Prize-winner Steve Breen will speak about his "Street Art: Portraits of San Diego's Homeless" series in the San Diego Union-Tribune, which sheds light on the stories of local people affected by homelessness.

"It can be so easy to see our homelessness crisis as a list of statistics, or tents we pass on our way to work," Breen said. "But art awakens our humanity and reminds us that homelessness is about people whose stories are as full of potential as they are of struggle."

Deacon Jim Vargas, Father Joe's Villages president and CEO, will present a behind-the-scenes look at the creation of "Shine," a three-minute

animated film that tells a story of hope intended to shift public perceptions of homelessness and inspire people to take action.

"We created 'Shine' to shed light on the struggles thousands of our neighbors face every day," Vargas said. "By working with local integrated marketing agency i.d.e.a. and Golden Globe-nominated animation studio Reel FX, we created a film that shows the power of compassion and targeted support to end homelessness."

After exploring the connection between art and social justice, attendees will view "Shine" and "Time Out of Mind," the powerful story of a man who discovers friendship and redemption at a Manhattan intake center for the homeless.

"The Art of Ending Homelessness" is part of Father Joe's Villages' Good Neighbor Month, a monthlong celebration of the power of giving and kindness to our neighbors in need. The event begins at 6:30 p.m. at the Digital Gym Cinema, 2921 El Cajon Blvd. Tickets are available online at tinyurl.com/yaqfe473 for \$11, with discounts available for students, seniors and Media Arts Center San Diego members.

Kensington attorney named among the best

Kensington resident James R. Lance, a founding partner of NoonanLance and a high profile trial attorney, has been named to the 2018 Edition of Best Lawyers, the oldest and most respected peer review publication in the legal profession.

Complex commercial litigation is the focus of Lance's practice. He has tried cases in federal and state courts for both plaintiffs and defendants. He often represents clients in "bet the company" litigation. When representing plaintiffs, Lance has obtained numerous verdicts, judgments and settlements in excess of \$1 million each for his clients.

For the past six years, Lance has been awarded the Best Lawyers designation for Commercial Litigation. In 2013, Lance accepted admission to the American Board of Trial Advocates, an organization which required completion of 20 jury trials to verdict as lead counsel before membership consideration.

NoonanLance law firm is based in East Village in Downtown.❖

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GUEST EDITORIAL

Building more homes and jobs

Notes from Toni

Toni G. Atkins



As this column, derived from my newsletter “Toni Times,” was being prepared, my top-priority bill, SB 2, was still under consideration in the Assembly — the deadline for Senate bills to pass “the other house” is Sept. 15.

SB 2 — the Building Homes and Jobs Act — is part of a package of bills aimed at addressing California’s severe housing crisis. Gov. Jerry Brown, Senate President Pro Tem Kevin de Leon and Assembly Speaker Anthony Rendon all pledged to make the package a priority during this session’s home stretch.

SB 2 would create a permanent source of funding for affordable housing. The bill would raise roughly \$250 million annually to provide homes for struggling families, seniors and people experiencing chronic homelessness. The revenue would come from a \$75 fee imposed on the filing of certain real-estate documents. SB 2 would exempt all property sales from the fee.

Coupled with an additional \$4.6 billion in leveraged funding over five years, SB 2 would create tens of thousands of new homes and good jobs. That means it would spur economic activity in communities up and down the state, in addition to ending housing instability for many Californians.

SB 3 and SB 35 are the other bills in the package. SB 3 would place a \$3-billion bond measure on the November 2018 ballot to fund statewide housing programs. SB 35 would streamline the approval process for projects in cities that are not meeting state-mandated housing goals at various affordability levels.

The situation in California is dire, and San Diego is feeling it.

The median rent in our region has risen 36 percent since 2000. At the same time, the median household income for renters has increased just 4 percent. Our lowest-income earners spend nearly 70 percent of their income on housing. To meet demand for middle- and working-class housing, we’d need to immediately create 142,000 rental units.

We are building housing locally, but it’s mostly being built for wealthy residents. Relatively speaking, only a small amount is being built for the middle class and the working poor.

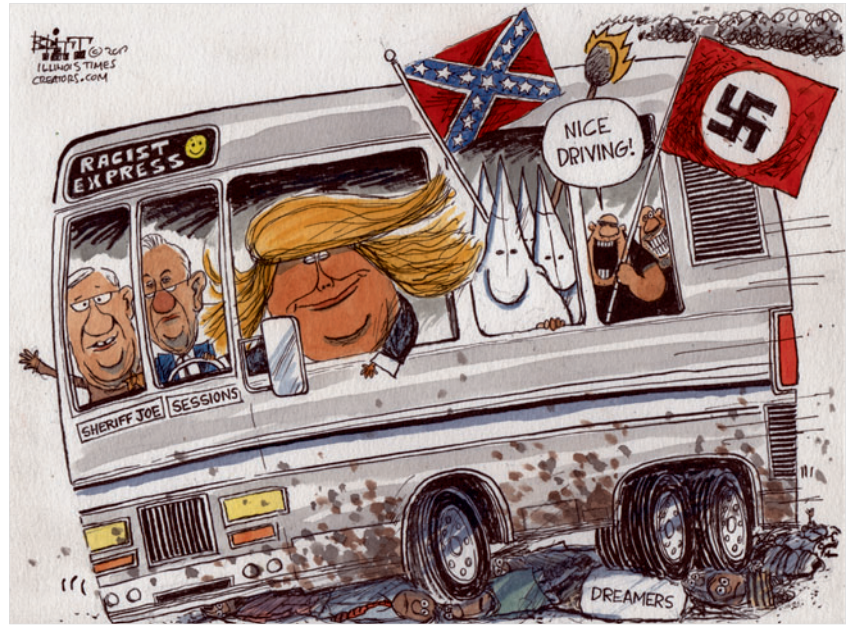
While this package of bills won’t instantly solve the housing crisis, it will help. It attacks the problem with a mix of funding and regulatory reform, making it easier to build more housing in the right locations and provide homes quickly for residents who are struggling the most. Funding will always be needed — there will always be people who are priced out of the housing market.

Back in July, I helped cut the ribbons on two affordable-housing projects — Talmadge Gateway and Cypress Apartments — which will provide a total of 122 new homes in San Diego for people who are representative of those who will always need help: seniors on fixed, low incomes and folks who had been homeless and suffer from difficult, chronic medical issues. I met people who were grateful to be moving in.

Those two projects are exactly the kinds of projects that my bill, SB 2, would help finance. We need more of them — in San Diego County and throughout California.

SB 2 is a heavy lift. Because it includes a fee, it requires a two-thirds vote. I hope my Assembly colleagues realize how important it is that we create a reliable, ongoing source of funding for affordable housing, and I hope to have good news about my bill the next time I update you.

—Toni G. Atkins represents District 39 in the California Senate. Follow her on Twitter, @SenToniAtkins.*



LETTERS

DACA reactions

San Diego area lawmakers reacted to the Trump administration’s announcement on Sept. 5 that it would end the Deferred Action for Childhood Arrivals (DACA) but would give Congress six months to possibly do something. Here are their statements:

● U.S. Rep. Susan A. Davis (D-San Diego)

“By ending DACA, President Trump ignores the Dreamers’ economic impact to our country. He has not only put them at risk, but our economy at risk as well. While it’s sad that Trump is siding with the worst elements of his administration, it’s not surprising given his past rhetoric on immigration.

“DACA has been a rousing success. Many Dreamer kids in the workforce are earning high wages — an average of \$17 per hour. Nearly half of Dreamers are attending school. Over the next decade, Dreamers are expected to contribute half a trillion in economic activity. The Dreamers are contributing to America in a positive way and they should be allowed to keep contributing.”

● U.S. Rep. Scott Peters (D-San Diego)

“President Trump, in a display of total and complete cowardice, has outsourced the announcement to end DACA to the Attorney General — a remarkable abdication of responsibility for the heartlessness of an action that leaves 800,000 lives in the balance.

Ending DACA is unbelievably cruel and it is un-American. It will also immediately damage our economic interests.

“Expelling hundreds of thousands of people who have known no home but the United States makes us weaker and diminishes our standing in the eyes of the world.

“Failures in leadership have led us to this point. Republicans in Congress refused to even allow a vote on comprehensive immigration reform in 2013 that would have protected Dreamers, which is what led to the creation of DACA in the first place.

“Facing this urgent deadline, Congress must finally step up, work together, and do its job. We must move swiftly to protect Dreamers and provide them and their employers with the certainty they deserve. If Congress does not act by March 6, 2018, it is complicit in this economic and moral catastrophe.”

● U.S. Rep. Darrell Issa (R-Vista)

“When President Obama unilaterally created DACA, he unlawfully overstepped his executive authority and only put a temporary band-aid on a problem which prolonged uncertainty for many children brought here through no fault of their own. The administration’s decision today puts the onus on Congress to address this challenge in the right way: for the long-haul, with respect for our nation’s laws, a desire to enhance the integrity of our borders, and a sense of compassion for those who were brought here in their childhood years ago and wish to stay as productive members of our communities. I’m eager to get to work on a permanent fix and call on Democrats and Republicans alike to immediately put political posturing aside and let this be a catalyst to achieve long-overdue reforms in this important area of concern.”

● Assemblymember Todd Gloria (D-San Diego)

“Ending the DACA program demonstrates yet again that President Trump wants to divide America. His decision is cold-hearted and counter to the bipartisan outcry to allow the 800,000 Dreamers to remain in the only country they’ve known. What’s more is that DACA’s repeal will hurt our economy with an average of 30,000 jobs lost every month equating to billions of dollars in lost economic output.

“This decision cannot stand. It is contrary to our country’s values and it spits in the face of the diversity the United States was founded upon. I urge Congress to stand up to the President and immediately pass the DREAM Act.

“In the meantime, I will continue to stand in solidarity with our DACA recipients and work with my colleagues in the California Legislature to do all we can to protect our Dreamers.”*

Countering the messages of hate

Congressional Watch

Andy Cohen



On Aug. 11 and 12, a group of “white nationalists” (a watered-down term intended to normalize white supremacists) took to the streets of Charlottesville, Virginia, and the campus of the University of Virginia, in what was billed as a “Unite the Right” rally, ostensibly to protest the removal of a statue of Confederate Gen. Robert E. Lee.

Among the group were neo-Nazis — complete with Nazi paraphernalia and symbols — heavily armed white supremacist militia, and members of the Ku Klux Klan.

Carrying tiki torches while marching on Friday night through the UVA campus, where the Lee statue was located, the neo-Nazi horde chanted “You will not replace us,” and “Jews will not replace us” and “blood and soil,” a reference to the 1930s German Nazi movement’s quest for racial purity.

Countering the message of hate were scores of people of all colors, creeds, religions, orientations and nationalities, spreading a message of inclusion and acceptance. Included among the counter-protesters were members of the Antifa (short for anti-fascists) movement, who have been prone to occasional violent outbursts of their own while protesting white supremacists and police brutality against minorities.

There were a handful of skirmishes, including a group of white supremacists that severely beat a black man. One white nationalist pulled out a handgun, cocked it, and aimed it at a black man’s head before realizing he had the safety on, then proceeded to fire a shot into a crowd of counter-protesters.

Meanwhile, 32-year-old Heather Heyer was killed when 20-year-old white supremacist James Alex Fields drove his car into a crowd of counter-protesters, striking Heyer and dozens of others.

The response to such events would seem to be rather easy: condemnation for the hate mongers who brought this scourge to Charlottesville in the first place.

“There is no place for the KKK, neo-Nazis and white supremacists in civil society. They do not represent the values upon which our nation was founded,” or something along those lines, would seem to be the type of statement our leaders would be expected to make.

For President Donald Trump, apparently it was not so easy.

“We condemn in the strongest possible terms the egregious display of hatred, bigotry, and violence on many sides, on many sides,” he said, equating counter-protesters with the white supremacists.

Trump’s statements drew strong rebukes from both sides of the aisle.

Scott Peters (D-52) called on Congress to censure Trump.

“The hatred and violence we saw erupt in Charlottesville does not reflect who we are as a

country,” Peters said in a press statement. “There is only one side: the one of respect, justice, and kindness. The hateful, malicious tone set by Donald Trump — from his campaign, to his presidency, to his tweets — is only dividing us as a country. It shouldn’t take an act of Congress or public shaming for President Trump to know he’s on the wrong side.”

“Many sides? This is about one side emboldened by Trump’s hateful rhetoric. Must keep standing against violence and bigotry,” wrote **Susan Davis (D-53)** on Twitter.

Darrell Issa (R-49) called for a congressional inquiry into the impact of white supremacist groups on civil rights.

“We have a duty to more fully understand what led to these terrible events and the persistence of these hateful, extremist ideologies,” Issa wrote in a letter to House Judiciary Chair Bob Goodlatte, requesting the hearings. “While Congress cannot legislate respect, decency, or acceptance of others, we have an obligation to use our platform to lead our country forward on these matters.”

“@POTUS’ remarks on #Charlottesville are horribly offensive. By failing to condemn

white supremacists, he emboldens their racist mission,” tweeted **Juan Vargas (D-51)**.

Noticeably silent on the matter was **Duncan Hunter (R-50)**. Hunter has been, and apparently remains, one of Trump’s most ardent supporters.

“He’s just like he is on TV,” Hunter told a gathering of the Riverside County Young Republicans. “He’s an asshole, but he’s our asshole.”

Meanwhile, Hunter’s legal troubles continue to mount, as FBI agents, armed with a federal search warrant, raided the Virginia offices of his campaign’s treasurer. Agents seized several computer hard drives, laptops, tablets and iPads, as well as bills and disbursement records from Election CFO, an Alexandria, Virginia-based company whose slogan is “We do compliance so you can do politics.”

The warrant and subsequent raid marked an escalation in the investigation of multiple alleged violations of campaign finance laws. Hunter was forced to repay in excess of \$62,000 after it was discovered that he used campaign funds for personal expenses, including air transportation for his pet rabbit, his children’s private school tuition,

and personal vacation expenses in Italy and Arizona, among other expenditures.

President Trump signed the Forever G.I. Bill into law in August. The bill, which provides funding for veterans to help them attain a college education, eliminates the 15-year availability limit, allowing access to the funds at any time after their separation from the military.

The law contains language written by Peters that makes all Purple Heart recipients eligible for full funding. Previously, only Purple Heart recipients who had served for at least three years were eligible for the full G.I. Bill.

Davis issued a rebuke of President Trump for his proposed ban on transgender people serving in the military.

“Transgender service members have and are serving with honor, distinction, and courage,” Davis said. “No evidence has been presented to warrant this ban, which is based solely on discrimination.”

After Trump initially ordered the ban via Twitter, the heads of each branch of the military all issued statements saying, in effect, that they would ignore the tweet until official direction was provided. He has since done so.

—Andy Cohen is a local freelance writer. Reach him at ac76@sbeglobal.net.

FROM PAGE 4

SANTA FE

While there will be plenty of utilitarian items for sale at the Santa Fe Marketplace, from bolo ties to earrings, the work is equally as valuable for its aesthetics, its beauty. And the opportunity to meet the artists and understand their creations adds even more.

“Art kind of shows how people expand,” Balloue said, “how you can go beyond what you are, trying new things. It’s always been a way of expressing yourself. To make a connection with people. That’s when it’s the best.”

And the best of Native American and Southwestern art is on its way to San Diego.

—Kit-Bacon Gressitt writes narrative nonfiction and commentary, published at ExcuseMeImWriting.com and is a founding editor of WritersResist.com. She formerly wrote for the *North County Times*. She also hosts *Fallbrook’s monthly Writers Read authors series* and open mic, and she can be reached at kbgressitt@gmail.com.

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— Jan Delair, age 63, retired

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Historic Home Tour: Craftsman, then and now

By Mission Hills Heritage

Mission Hills Heritage will be holding its 13th annual Historic Home Tour on Saturday, Sept. 23, with eight homes on view instead of the usual six.

Visitors will be able to explore both interior and exterior features, and docents will provide historical details.

Craftsman homes became popular in San Diego during the rapid growth of the early 20th century that surrounded the 1915 Panama Pacific Exposition in Balboa Park. Influenced by the British Arts and Crafts Movement, architects and builders embraced its philosophy of valuing natural materials, skilled carpentry with select woods and native stone. The Craftsman aesthetic complemented the natural environment, and imposed a high regard for quality materials and mastery in craftsmanship.

Useful decorative art, often handmade, was the style of the era, expressed in the creation of furniture with clean simple lines, ceramic tiles, textiles, painting and pottery. All perfectly complemented these beautifully crafted homes.

Local interest was kindled by the Marston House, built by William Sterling Hebbard and Irving Gill in 1905 at the north end of Balboa Park. Although wealthy clients could hire an architect to design a custom residence, families of modest means could purchase design plans or a whole kit house from a catalog and hire a builder to construct a house.

Smaller one-story bungalows became popular because of a severe housing shortage and an economic downturn following World War I. Mission Hills has a wide range of Craftsman



One of the eight homes on view during the 13th annual Historic Home Tour (Courtesy of Mission Hills Heritage)

homes, ranging from bungalows to large custom masterpieces. Most have been altered and some enlarged through the decades.

A variety of Craftsman homes will be open for the 2017 tour; four are historically designated. Because of its comfortably warm and inviting style, Craftsman houses continue to be built. One of these new treasures is included on the tour.

Making even extensive renovations to meet families' needs does not automatically disqualify homeowners from attaining historic designation and qualifying for the Mills Act, a state contract with a homeowner that grants a reduction of property taxes in exchange for the continued preservation of the historic property. Guidelines have been established that help maintain the character and charm of century-old neighborhoods. These guidelines will become more understandable as the eight houses on the tour are presented and discussed.

Complimentary refreshments will be served at one of the houses featuring Mission Hills Heritage's almost-famous homemade cookies and beverages.

Purchase of advance tickets is encouraged. Purchase them online to save \$5 at tinyurl.com/ybv9qcqs. Day-of-tour tickets will cost \$30 for Mission Hills Heritage members and \$35 for non-members. All tickets will be available at Pioneer Park, 1521 Washington Place. For membership and additional information, visit MissionHillsHeritage.org.

To read Michael Good's House Calls column in Uptown News about a Craftsman bed-and-breakfast that will be on the tour, visit tinyurl.com/ycaoglee.



Craftsman homes valued skilled carpentry and furniture with clean simple lines.

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FROM PAGE 1
AIDS MEMORIAL

to be built in Hillcrest, perhaps along Normal Street near the Pride flag site, and others favor Balboa Park or Downtown.

The task force announced its decision at a public meeting held Aug. 28 in the Great Hall at St. Paul's Cathedral in Bankers Hill, which is about three blocks east of the future park. The group also invited the public to submit their ideas about how the memorial should look.

Longtime LGBT activist Nicole Murray-Ramirez, co-chair of the task force, said the volunteer group considered Balboa Park, Hillcrest and the Embarcadero as possible sites for the AIDS memorial before deciding on Olive Street Park.

The other sites would take many more years of red tape before a memorial could be built, he said, adding that groundbreaking at Olive Street Park could be as soon as 18 months away.

Murray-Ramirez, who also serves as a city commissioner, said he and other activists have been trying to get the city to build an AIDS memorial since the 1990s. He said Mayor Susan Golding, who served from 1992-2000, had given her blessing for a memorial but that effort never got off the ground.

The project regained steam several years ago when Assemblymember Todd Gloria — then the District 3 City Council member — spearheaded an effort to get Olive Street Park built by suggesting that the AIDS memorial could be located there.

More than a century ago, the Ford, McKee and Woods families had dedicated the 80-by-120-foot lot to the city for use as a park. In 2004, the city listed the lot as surplus property, but the Uptown Planners rallied the community to oppose selling the land.

Gloria and other city officials then crafted a complex deal that involved the sale of the historic Truax House, home to the city's first AIDS hospice.

The Truax House, located at 2513/2515 Union St. in Bankers Hill, is about one mile west of Olive Street Park via Maple Canyon. Local developer Nakhshab Design & Development, led by Soheil Nakhshab, agreed to pay \$2.5 million for the Truax House, an adjoining house and a vacant lot if Truax House would be preserved and restored with a community meeting room included.

Meanwhile, proceeds from the sale of the surplus property went into the city's gas tax fund, as required. But as part of the complex deal, city officials agreed to shift around money in the budget to fund construction of Olive Street Park and provide space for the AIDS memorial.

Katherine Stuart Faulconer, the city's first lady who is co-chair of the task

force, said the AIDS memorial would take up about 25 percent of the park. A children's playground would also share space in the park, despite objections that a play area would be too noisy for a memorial site designed for mourning and reflection.

She invited the public to submit ideas for the AIDS memorial online at bit.ly/sdaids-memorial. Deadline is 5 p.m. Friday, Sept. 15. The input can range from very informal ideas to professional presentations, she said, and the task force will review all the ideas and select the top three for a public vote.

Task force members include Rabbi Laurie Coskey, CEO of United Way in San Diego; the Very Rev. Penny Bridges, dean of St. Paul's Cathedral; Terry Cunningham, chairman of the county HIV Health Services Planning Council; Jim Cassidy, of Being Alive San Diego; Dr. Delores Jacobs and Carolina Ramos, of the San Diego LGBT Community Center; former Assemblymember Jeff Marston as well as Susan Jester, Jim Lennox, Jimmy Ramsey, Carole Norman, Shannon Wagner, Ben Dillingham, Jay Sheehan and Diana Schmid.



(l to r) Jeff Marston, Terry Cunningham, Rabbi Laurie Coskey, Nicole Murray-Ramirez, Katherine Faulconer, the Very Rev. Penny Bridges, Jim Cassidy and Carolina Ramos (Photo by Ken Williams)

Attendees at the public meeting were then allowed to speak, and 10 people shared their thoughts.

Amie Hayes, representing the Bankers Hill Community Group, said its members opposed putting the AIDS memorial in the proposed pocket park and added that the tot lot was detrimental to the peaceful nature of a memorial site.

Leo Wilson, speaking on behalf of the Metro San Diego Community Development Corp., which serves the Bankers Hill area, said CDC members voted unanimously to support the effort to put the AIDS memorial at Olive Street Park.

Community volunteer Tom Kirkman said he supported

putting the AIDS memorial near the Pride flag in Hillcrest, and worried that senior citizens would have difficulty getting to the Olive Street Park. The nearest bus stop is on Fourth Avenue just south of Palm Avenue, two blocks away.

Charles "Chuck" Kaminski, a local LGBT historian and activist, urged the task force to keep the design-selection process fair and transparent.

Mat Walstrom, who serves on the Uptown Planners, urged that the memorial design take advantage of the overlook into Maple Canyon. He envisioned benches along the rim of the canyon where visitors could watch the sun set and reflect on their loss of loved ones.

Eddie Reynoso, who operates the San Diego LGBT Visitors Center, suggested planting cherry trees a la AIDS Vancouver's 30 30 Campaign. His idea was to obtain seedlings or cuttings from an original tree in the Cherry Tree Memorial Grove.

To share your ideas, go to bit.ly/sdaidsmemorial.

To learn more information, visit SDAIDSMemorial on Instagram, Twitter and Facebook.

—Ken Williams is editor of Uptown News and can be reached at ken@sdcdn.com or at 619-961-1952. Follow him on Twitter at @KenSanDiego, Instagram at @KenSD or Facebook at KenWilliamsSanDiego.❖



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MULTI-NATIONAL DINING IN MISSION HILLS

Restaurant Review

Frank Sabatini Jr.



Don't assume the song "Fools and Kings" by reggae rockers Fighting Gravity was the inspiration for the namesake restaurant that opened two months ago in Mission Hills. The new globally-inspired kitchen borrows instead from a line in the 1948 tune recorded by Nat King Cole called "Nature Boy."

The poetic lyrics are posted at the restaurant's iron-gated entrance as an inspirational prelude to the welcoming and

diverse meal experience you'll discover inside. Be sure to read them before settling in.

Fools and Kings is the second venture by Christian Gomez, a savvy wine aficionado and crafty chef who also operates Wet Stone Wine Bar & Café in Bankers Hill.

The décor and cuisine reflect cities that captivated his heart over years of traveling the globe to places like Lima, Barcelona, San Sebastian and Buenos Aires. Although in crafting the menu, he didn't exclude flavors from the Asian continent.

My dining companion immediately compared the

interior of Fools and Kings to "many places" he ate at when visiting Barcelona.

A dramatic mural of a handsome man relaxing in a chair and rolling a cigar greets you in the front breezeway, from which tables flow into a dining



Roasted baby carrots over spiced yogurt

room adorned with old-world lighting fixtures, earthy wall colors and a tapas bar.

Another mural in the back of the dining room shows stacked homes in what could be Greece, Italy, the Middle East or any antiquated place your imagination takes you.

Both were painted by local artist Josh Hunter.

The wine list is focused and cosmopolitan, extending to an impressive medium-bodied Slovenian red boasting soft tannins. It paired beautifully to one of our favorite dishes of the evening — sautéed shiitake mushrooms draped over burrata cheese.

The tannins were distinctly pronounced in a Spanish garrucha my friend ordered before he proceeded to a rebujito, a refreshing house specialty combining dry sherry with citrus and ginger. Also, if you're familiar with Gomez's sprightly fruit-loaded sangrias he makes at Wet Stone, you'll find them here as well.

A watercress-jicama salad dressed in lime vinaigrette would have tasted too bitter had it not been for the sweet and juicy grilled peaches incorporated into the scheme. Simple and enjoyable, a dish of roasted carrots interspersed with golden raisins was more interesting in comparison. It's listed under the "bocaditos" section, which translates to "little bites."



Eye-catching murals by local artist Josh Hunter grace the restaurant's interior (Photos by Frank Sabatini Jr.)

Fools and Kings

4015 Goldfinch St.
Mission Hills

619-578-2542
foolsandkings.bar

Prices: Salads, \$8; small plates (bocaditos), \$8 to \$10; flatbreads, \$14 to \$15; special plates, \$12 to \$16

of the evening, we staggered our plate orders, which is exactly the relaxed approach to dining that Fools and Kings encourages you to do.

The back end of our meal had us digging into a curried chicken-potato flatbread and a quartet of Angus flat steak skewers. Those are from the "special plates" category, which also features Peruvian-inspired ceviche and a French-style charcuterie and cheese board.

The flatbread's Masaman yellow curry was tastefully complemented by cilantro oil, which further moistened the crust and the hearty poultry and potatoes on top. The construct tasted both familiar and exotic.

The steak skewers were wildly succulent, brushed or marinated with a Korean-style sauce similar to the sweet-salty-garlicky type you'd find on bulgogi beef. It came with potato salad, which we agreed didn't have much going on. As my companion pointed out, Spanish-style patatas bravas potatoes — kicked up perhaps with spicy oil or roasted tomatoes — would have been the perfect player in this dish.

I reached for my last couple sips of the Slovenian wine to wash down decadent bread pudding that behaved more like dark-chocolate lava cake. Served piping hot, the cocoa flavor was deep and luxurious, as were the smears of fruity guava paste sitting alongside.

Fools and Kings is off to a fine start. And knowing Gomez's penchant for hunting down reliable wines and balancing dishes with dynamic spices and ingredients, the international flair he brings to Goldfinch Street is sure to keep cultured diners on their toes.

—Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press), and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. Reach him at fsabatini@san.rr.com.✴



Shrimp tempura

The carrots, stacked upon a bed of creamy za'atar-spiked yogurt, were tender while maintaining their central crisp. Even better was the aromatic Moroccan spice at work, known as ras el hanout, which like za'atar, can contain dozens or more spices. I'd guess cloves, cinnamon and allspice were among the residents in this bewitching mix.

Another bocadito, tempura shrimp, suffered only when dipping the sweet, battered crustaceans into the intensely salty soy sauce. If there were other components hiding in the liquid, we didn't notice. They would have needed a low-sodium soy sauce to shine.

The same soy sauce reappeared as a half-bedding to ahi tuna carpaccio. We stuck mostly to the other side of the plate, where olive oil laid beneath the fresh, almond-speckled fish. Over the entire arrangement were cubes of outstanding duck mousse pate made by a local French chef. We snapped those up with gusto.

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The much-anticipated second location of **Nomad Donuts** recently opened in a 3,200-square-foot space located several blocks away from its original North Park shop at 4504 30th St. That location is under renovation and will reopen in a few months.

In keeping with its inventory of globally inspired donuts using ingredients from local farmers markets, the roomier digs have allowed executive chef Kristianna Zabala to add breakfast and lunch sandwiches to the menu, as well as wood-fired bagels and new sweet and savory baked goods.

Owner Brad Keiller envisioned a larger outpost of the business two years ago and soon after landed in what was formerly **Lady of the Lake** bookstore.

After a year of construction, the remodeled space greets with Caribbean-style elements such as aqua walls, vibrant tiling, and wooden captain's



Nomad Donuts opens a second North Park location. (Facebook)

chairs and tables. In addition, an expanded coffee program features drinks made from limited-edition single-origin varietals. 3102 University Ave., 619-431-5000, nomaddonuts.com.

Joe's Crab Shack in Mission Valley's **Hazard Center** is among 40 locations nationwide that abruptly closed in the past couple weeks after the chain's ownership, Ignite Restaurant Group, filed for bankruptcy earlier this summer. About 70 other locations in various states remain in operation for now, including those in Downtown San Diego (525 E. Harbor Drive) and Oceanside (314 Harbor Drive South). joescrabshack.com.

Chef Abe Botello has left his long-standing gig at **West Coast Tavern** in North Park to head up the kitchen at **Florent Restaurant and Lounge** in the Gaslamp Quarter. His menu revisions, due to roll out in early October, will be Buffalo-style cauliflower, barbecue "pork wings" made from shanks, a truffle burger, and several varieties of flatbreads. 672 Fifth Ave., 619-595-0123, florentsd.com.

—Frank Sabatini Jr. can be reached at fsabatini@san.rr.com.❖



Chef Abe Botello transitions from North Park to the Gaslamp Quarter. (Courtesy of Citrus Public Relations)

A collaborative seafood boil and hog roast will be held on Sunday, Sept. 10 in Hotel Circle's hidden, outdoor event space known as **Lot 8**. The event starts at 5 p.m. and features live bluegrass music and chefs from **Grand Ole BBQ y Asado**, **Mastiff Sausage**, **Lola 55**, and **Eco Caters**.

The cost is \$65 per person, which includes food and two alcoholic beverages. Presented by the Facebook group, **Eating and Drinking in San Diego**, portions of the proceeds will benefit **The Berry Good Foundation**, which supports our local food industry. To purchase tickets, visit brownpapertickets.com and enter "Le Grand Ole Boucherie and Seafood Boil." 1201 Hotel Circle South (behind The Atwood,) 619-546-5660.

Café Bleu recently transformed into **Jo's Mission Hills Diner** with a brightly colored makeover and a menu that covers numerous breakfast dishes, salads, sandwiches, burgers and entrees such as meatloaf and smoked mac n' cheese.

"We wanted to be a little more approachable," said Ric Libiran, who owned Café Bleu and kept its chef for the new venture.

Although a smidgen of the café's popular fare carried over, the menu also reveals French onion soup, steak frites



A casual diner is up and running in Mission Hills. (Photo by Frank Sabatini Jr.)

and brandy French toast with strawberries.

As for the diner's name, Libiran added, "There is no Jo. We just wanted to give it a familiar, everyday name." 807 W. Washington St., 619-323-2035.

Circa Restaurant in University Heights has teamed up with **North Coast Brewing Co.** for a six-course pairing dinner to be held Wednesday, Sept. 13, at 6:30 p.m. Circa's chef, Mike Almos, will present dishes such as local melon salad with pea tendrils; braised chicken on a walnut waffle; roasted quail with lentil and pork belly, plus more.

The courses will be matched by various beers from the brewery's portfolio, which include Scrimshaw Pilsner, Le Merle Saison, Alt Nouveau, and others. The cost is \$65 per person. 2121 Adams Ave., 619-269-9152, circasd.com.

Everything from European butters and fresh pasta to artisan cheeses, seasonal produce and crafty baked goods are in the offing at **Lazy Acres Market** in Mission Hills, which celebrated its grand opening Aug. 26.

Known for its "wholesome, natural and organic" foods, the market has only three other locations — in Encinitas, Long Beach and the original store in Santa Barbara.

A walk through the aisles leads to various stations offering pizzas, freshly carved meats, poke, prepared hot meals and a salad bar. The store also features a live beehive rescued by a North County beekeeper.

Marketing manager Cait Gunderson said most

departments offer tasting samples on a daily basis, which doesn't exclude the bakery department handing out pieces of the company's famous cookie, made with Belgian chocolate, walnuts and sea salt. 422 W. Washington St., 619-272-4289, lazyacres.com.



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Suds, spuds and little people

**Come On
Get Happy!**
Dr. Ink

I started going to bars at around age 6. My grandfathers on both sides would take me for neighborhood walks that always included a few tavern stops. They'd show me off to their drinking buddies, buy me a 7UP, and give me a few dimes to play Skee-ball.

But the thrill was short-lived because I was usually the lone child in these places — a playful soul who preferred hanging outdoors with my peers.

Lucky are the tykes who end up at Waypoint Public in North Park with their young, hipster parents. Like Blind Lady Ale House in Normal Heights and Station Tavern in South Park, kids are regular inhabitants. They're afforded games, toys and special menus.

At beer-centric Waypoint, there's even an indoor playpen framed by a drink rail, which was utilized by a few dads I spotted during happy hour as they drank from large bottles of various beers while casually watching over their frolicking offspring.

But the kid-friendly environment isn't what brings me here. It's the \$5 drafts that call during weekday happy hour, not to mention Waypoint's airy interior.

When the retractable windows are rolled up on two sides of the building, which is usually always, it feels as though you're part of the bustle of North Park Way and 30th Street. Hence, the occasional child colliding into my knees becomes rather tolerable.

I'm also a fan of the food, none of which is discounted during happy hour. Although the menu features several side dishes priced at \$5.50 — not bad considering I often pay more for noshes at other places *with* the happy-hour discounts.

Of the three rotating tap beers available during happy hour, I recently chose an English Oat Ale boasting whispers of coffee. It's a golden ale crafted in collaboration by



English Oat Ale



An eating and drinking hotspot where kids are welcome
(Photos by Dr. Ink)

Eppig Brewing and Ballast Point Brewing — refreshing and with a sweet, malty finish.

I paired it with a heaping side dish of Carolina-style smoked potato salad speckled with green onions, celery and mustard seed. The potatoes were dressed



Carolina-style smoked potato salad

judiciously in mayo, and their smokiness struck a fine chord to the coffee notes in the beer.

In a subsequent visit, I popped in quickly for a \$5 glass of IPA by San Diego Brewing Company, one of my favorites from the Mission Gorge facility. If you forgot what IPAs tasted like before brewers unleashed mega doses of hops into their products — this is a swell reminder.

Passing that time on the side dishes, which include roasted vegetables, herbed french fries, and Israeli cous cous with harissa vinaigrette, I dashed across the street afterwards to Mr. Moto Pizza House and paid \$3.50 to fulfill my hankering for a slice of cheese with pepperoni.

RATINGS

Drinks: ★★★★

There are only three draft beers discounted during happy hour, but they vary in style and hail from local breweries. A few wines are also available for \$7 a glass.

Food: ★★★★★

You'll pay regular prices for food, which includes several side dishes such as smoked potato salad for only \$5.50. If you choose to go further, you've come to the right place for other items such as jambalaya, gourmet burgers and Moroccan-style tri tip.

Value: ★★★★

Expect to save about \$2.50 for draft beer and wines by the glass during happy hour.

Service: ★★★★

The bartender on duty provided fast and personable service, a multi-tasker who didn't leave anyone in the hang.

Atmosphere: ★★★★★

Situated ideally on a corner lot with retractable windows, the breezy interior features wood panels in assorted colors, a large bar, window-ledge seating and a play area for kids.

In this commercial hub of North Park, you can conveniently piece together happy hour exactly to your liking. ♦

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Andrew Samonsky, Bryce Pinkham, and Hannah Elless. Photo by Jim Cox.

Toxic brilliance

Theater Review
Jean Lowerison



Families can be as toxic as radiation, playwright Paul Zindel tells us in “The Effect of Gamma Rays on Man-in-the-Moon Marigolds,” playing through Sept. 24 at Cygnet Theatre in Old Town.

Rob Lutfy directs this seldom-done piece.

Beatrice (DeAnna Driscoll) is the kind of mother no one wants but many people have. Disappointed in life — she blames it on marrying the wrong man — the widowed Beatrice takes it out on her teenage daughters in the form of casual insults and threats to get rid of their pet rabbit Peter.

Beatrice also has an active imagination, concocting many crazy get-rich schemes such as opening a tea shop in the house.

Credit set designer Charles Murdock Lucas for the amazing and cluttered former vegetable market they call home, with knickknacks in every cranny and newspapers over windows and door.

Tillie (Abby DePuy) is a science whiz at school — when she gets there. Mom frequently makes her stay home to tend to chores, and sometimes to take care of Nanny (Carm Greco), the elderly boarder who seems to provide Beatrice’s only source of income. Tillie is unconcerned about fashion, but fascinated with things scientific, even down to atoms, which she calls “beautiful.”



(l to r) Rachel Esther Tate, Abby DePuy and DeAnna Driscoll



(l to r) DeAnna Driscoll, Abby DePuy and Rachel Esther Tate
(Photos by Daren Scott)

Tillie is working on a science fair project that involves exposing marigolds to radiation to record the effects. She finds (in the play’s metaphor) that it stunts the growth of some, while others mutate in interesting ways.

But Tillie is shy and a social bust, according to older sister Ruth (Rachel Esther Tate), who makes fun of (and is indeed sometimes embarrassed by) her sister’s lack of social grace. But while Ruth has her own problems (fainting spells and nightmares since her father died) and is withering under the negativity that emanates from her mother, Tillie seems determined to reach beyond that barrier to the stars.

“Marigolds,” one of few plays with an all-female cast, opened in 1964 and won a Pulitzer Prize in 1971. Zindel also wrote many novels for

the young-adult market, but is probably best known for this play. The title refers to an actual experiment performed by a student of one-time high-school teacher Zindel.

“Marigolds” is a bit like a train wreck — difficult to watch, but impossible to look away from. The show is anchored by Driscoll’s fearless, committed performance as the gorgon who, despite what she says and does, is clearly stunted herself, and doing the best she can as mother and caregiver.

Young newcomer DePuy is excellent in her first professional nonmusical role as Tillie, the young dreamer who loves the notion that we are made of the same stuff as the stars.

Tate is also impressive as older sister Ruth, who unfortunately seems to be adopting some of her mother’s attitudes and habits.

‘The Effect of Gamma Rays on Man-in-the-Moon Marigolds’

Wednesdays through Sundays
Through Sept. 24

Cygnet Theatre
4040 Twiggs St.
Old Town

619-337-1525
cygnettheatre.com

Michelle Marie Trester offers the show’s welcome comic relief as student Janice, describing how she acquired the cat skeleton she displays in the school’s science fair.

Carm Greco is touching as the elderly Nanny, target of still more predictable verbal abuse from Beatrice.

Kevin Anthenill and Conor Mulligan make solid contributions in sound and lighting, especially when Tillie is talking about the stars.

The stars may not seem quite far enough away from this particular mother, but kudos to director Rob Lutfy and his terrific cast for bringing this seldom-done prize-winner to Cygnet.

—Jean Lowerison is a long-standing member of the San Diego Theatre Critics Circle and can be reached at infodame@cox.net.❖

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Honoring a local legend

George White Marston founded a store, and so much more

PastMatters Katherine Hon

Longtime San Diego residents may remember shopping or working in the grand Marston Department Store along the north side of C Street between Fifth and Sixth avenues.

The five-story building constructed in 1912 has been gone since the late 1960s, when the store founded by George Marston became the Broadway after nearly 90 years in business.

Marston started his merchandising career at age 20 in early San Diego, first serving as an assistant bookkeeper in Aaron Pauly's store/wharf office from 1870 to 1872. He then clerked one year for Joseph Nash, who advertised his establishment as "The Cheapest Store in the City."

In 1873, Marston and his best friend and fellow clerk, Charles Hamilton, bought Nash's business for \$10,000. In a brief memoir titled "My Personal Business History," Marston noted that "customers always asked me for chicken feed, coal oil, molasses and cod fish which were in the cellar, because my desk was at the head of the stairs." The partners separated amicably in 1878, when Marston opened a dry goods store he called "a little wooden shop of the wild west style," and Hamilton launched a grocery store. Both



The four-story, 8,500-square-foot Marston House was built in 1905 in a "modernized" English Cottage style. (Photo by Sandé Lollis)



The Marston Store location from 1896 to 1912 is still standing at the southwest corner of Fifth Avenue and C Street. (Photo by Katherine Hon)

men grew their respective businesses to great success.

During the first year on his own, Marston took over a

dry goods and notions store on Fifth Avenue between G and H streets and expanded his offerings to include carpeting and drapery. In 1882 he moved into an Italianate-Victorian style building at the northeast corner of Fifth Avenue and F Street, where he expanded to the point of paying rent to four different landlords.

In 1896, he relocated to a new store built for him by his uncle, Stephen W. Marston, at the southwest corner of Fifth Avenue and C Street. This four-story building featured wide aisles, an open court from the ground floor to the roof, and a novelty — an elevator. Marston made one last move across the street to his largest location in 1912.

At the grand 50th anniversary celebration of his business in 1928, Marston told the crowd that the store was "the product of the community ... You want 'goods,' a word that means all the best things in the world. So we have for you not only merchandise, but music and flowers, history and art, things useful and things beautiful."

But Marston did far more for San Diego than found one of its finest retail establishments. The list of his accomplishments and gifts to the region may surprise you:

- He created Presidio Park and the Serra Museum in Old Town, which he gave to the city in 1930.
- He donated hundreds of acres of desert land to the people of California, initiating

see Past Matters, pg 15

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The last Marston Store on the north side of C Street between Fifth and Sixth avenues was demolished in the late 1960s but is fondly remembered by many who worked and shopped there. (Courtesy of SOHO)

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FROM PAGE 14

PAST MATTERS

the Anza-Borrego Desert State Park.

- In 1902, he donated \$10,000 to hire Samuel Parsons Jr. of New York, the nation's best known landscape architect, to survey Balboa Park and begin its beautification in advance of the 1915 Exposition.

- In 1906, he helped fund John Nolen to develop the first comprehensive city plan.

- He founded the San Diego Historical Society (now San Diego History Center) in 1928 and served as its first president.

- Another ongoing gift to San Diego is the Marston family home at 3525 Seventh St., which was built in 1905 and is one of the few large residences designed by William Hebbard and Irving Gill that is still standing in near-original condition.

The Marston House is managed as a museum by the Save Our Heritage Organisation (SOHO), and is open for tours year-round Friday through Monday.



You know your mink is the finest quality if it has The Marston Company label. (Photo by Katherine Hon)



Imagine George Marston “sweating over the matching of carpet patterns” after hours in the narrow building in the middle on Fifth Avenue between G and H streets. This was the Marston Store location from 1878 to 1882. (Photo by Katherine Hon)



During the 14 years from 1882 to 1896, Marston expanded his store from an original salesroom measuring 25 by 70 feet to four rooms in this building at Fifth Avenue and F Street. (Photo by Katherine Hon)

SOHO is creating a permanent exhibition on the second floor of the Marston House to honor the family and celebrate the department store. They want to feature memories, anecdotes, and Marston Store items from the community. Do you own or know someone who owns memorabilia, ephemera or correspondence about the Marston family? SOHO would welcome your donations of Marston Store clothing, goods, memorabilia, menus, bills of sale and other items with a Marston label such as hat boxes, shopping bags, and dress boxes. The donated items can be dropped off at the SOHO office in Old Town at 2476 San Diego Ave.



These dapper young gentlemen served customers seeking Ivy League-style men's clothing in the department store's University Shop. The mid-1960 photograph is an early color Polaroid. (Courtesy of Randy Sappenfield)

They also want to preserve your memories of shopping, lunching, or working at Marston's. Your memories and anecdotes can be mailed to SOHO at 2476 San Diego Ave. in the 92110 ZIP code or emailed to sohosandiego@aol.com with “Marston Collection” in the subject line. If you would prefer to speak with someone about your memories or possible donations, call 619-297-9327 and a member of the curatorial team will get back with you.

Visit the SOHO website at sohosandiego.org for more information about the Marston House and this worthy project to honor a San Diego pioneer and philanthropist who was rightly known as “the best man we ever had.”

—Katherine Hon is the secretary of the North Park Historical Society. Reach her at info@northparkhistory.org or 619-294-8990.

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		5	3		8	6		
	2		1		5			
	7							1
7	3	9				5		4
			4		3			
8		6				2	1	3
9								7
			2		4		9	
		1	6		7	4		

9/6

Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

©2009 CNS/websudoku.com

Puzzle answers on page 17

Uptown Crossword

Geographic

1	2	3	4		5	6	7		8	9	10	11
12				13		14			15			
16						17			18			
19					20				21			
			22				23					
24	25	26		27		28			29		30	31
33			34		35		36	37		38		39
40				41					42			
43						44				45		
	46				47			48		49		50
				51		52	53		54		55	
56	57	58	59					60			61	62
64						65			66			
67						68			69			
70						71				72		

CREATORS NEWS SERVICE

By Charles Preston

ACROSS

1 Speak out
5 Explorer Johnson
8 Crustacean
12 Talks wildly
14 Ad ____
15 Ice skate part
16 Daughter of Cercyon
17 Greek letter
18 Beer
19 Be understood
22 Proper
23 Organic soil
24 Elko, ____ : abbr.
27 Accomplice
29 Rooster
33 First man
35 Incursion
38 Water wheel
40 Show aloofness
43 Old-womanish
44 Chief
45 Window part
46 Be in accord
48 Discuss
50 Color
51 Drink excessively
54 Obtain
56 Maintain secrecy
64 Greek marketplace

65 Numero ____
66 Carnival show
67 Rose part
68 Girl of song
69 Flowering shrub
70 Viewed
71 Vane dir.
72 Becomes listless

DOWN

1 Boast
2 French composer
3 Own
4 Warm
5 Spread
6 Exercise
7 Subside
8 Earth
9 Cereal grass
10 Yemen seaport
11 Austrian composer
13 Establish
15 Clamorous
20 Core of anything
21 Algonquin
24 Space agcy.
25 City near Minneapolis
26 Just
28 Strip of wood
30 Splendor

31 Mountain nymph
32 Simpleton
34 Pinochle score
36 Anger
37 Heartfelt
39 Suit to ____
41 Indifferent
42 Proverb
47 *The Gold Bug* author
49 Nacre
52 Hialus
53 Former beverage heaters
55 *The Innocents* abroad author
56 Dozes
57 Double curve
58 Board or bag
59 Grain husks
60 Aperture
61 Plinth
62 Peruse
63 Calendar abbreviations

Puzzle answers on page 17

Classifieds

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Get your copy of a unique and easy to read guide entitled "Home Safety Tips" completely free from me to you! According to the CDC, more than one third of adults 65 and older fall each year in the United States and 20%-30% of them suffer injuries that decrease mobility, decrease independence and increase their chance of life threatening complications. I have written this important guide to help provide peace of mind and safety strategies for those concerned about safety within the home, whether for themselves or elderly family and friends. My guide includes advice on safe access, potential hazards to avoid, easy home modifications, simple changes to routines and gentle activities to perform that can be implemented straight away to reduce the risk of falling and remain safe at home. There are limited copies of my free "Tips" guide available, so please contact me on the phone number below as soon as possible. I will personally send it out to you the next business day. The "Home Safety Tips" guide can help you or your loved ones by increasing confidence with mobility and independence and hopefully allow you to live at home longer.

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UPTOWN CALENDAR

FEATURED EVENTS

Horrible Imaginings Film Festival

Through Sunday, Sept. 10
Experience art and film that explores the darker or more macabre sides of the human condition. The event features film discussions, question and answer sessions, panels and other presentations. Various times. Museum of Photographic Arts, 1649 El Prado in Balboa Park. Visit bit.ly/2gDJELO or bit.ly/2gDtGBB.

‘Twain’s America’

Monday, Sept. 11
Enjoy Write Out Loud’s first Story Concert of the season, which focuses on American stories by American authors. This reading features Tim West, Cynthia Gerber, Mark Christopher Lawrence and Walter Ritter. Pre-show reception at 6:15 p.m. and 7 p.m. curtain. \$25. Old Town Theatre, 4040 Twiggs St. Visit writeoutloudsd.com.

Dry Jacket at Soda Bar

Tuesday, Sept. 12
Alternative/indie band Dry Jacket will perform with Sundressed and Lost Dakota at 8:30 p.m. at Soda Bar, 3615 El Cajon Blvd. in North Park. 21-and-older show. \$12. Visit bit.ly/2gDQ0ek.

Together with Texas: A Harvey Relief Benefit

Thursday, Sept. 14
Stop by The Merrow for a fun night to lend a hand to the victims of Hurricane Harvey. The benefit features live music, a raffle and more. \$10 at bit.ly/2gD06Me. All proceeds will be donated to the United Way Harvey Recovery Fund. 21-and-older event. 7 p.m. at The Merrow, 1271 University Ave. in Hillcrest. Visit bit.ly/2gDCTK0.

Mission Hills Zentangle Art workshop

Thursday, Sept. 14
Kids and families are invited to a free art class using the Zentangle Art Method. Space is limited to 25 participants. Call or sign up at the Circulation Desk in advance. 3:30–4:30 p.m. at Mission Hills Library, 925 W. Washington St. Visit bit.ly/2s8dmxO.

Together Pangea at The Irenic

Thursday, Sept. 14
Rock band Together Pangea will perform with Tall Juan and Daddy Issues at 7 p.m. at The Irenic, 3090 Polk Ave. All ages. \$12–\$14. Visit bit.ly/2gD6NxQ.

‘The Basics: Memory Loss, Dementia and Alzheimer’s Disease’

Friday, Sept. 15
Alzheimer’s Association presents the second free session in their education series. Learn about detection, causes, risk factors, stages and treatments of Alzheimer’s disease. Refreshments provided. 3–4 p.m. at Kensington-Normal Heights Library, 4121 Adams Ave. RSVP at 800-272-3900.

BNA Block Party

Saturday, Sept. 16
Come join the fun and mingle with your neighbors. Burlingame Neighborhood Association invites neighbors to its annual block party. The fiesta features street tacos, snow cones, a potluck, a bounce house for kids and a drawing for adults. 3–7 p.m. at Palmo Ave. between Laurel and Maple streets. Visit bit.ly/2gE9eAa.

Mission Hills Book Sale

Saturday, Sept. 16
Friends of the Mission Hills Branch Library will hold a book sale. 9:30 a.m.–noon at Mission Hills Library, 925 W. Washington St. Visit bit.ly/2s8dmxO.

Back-to-School Workshop

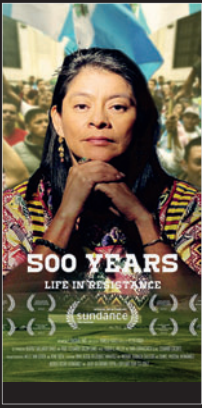
Sunday, Sept. 17
Learn recipes and tips for quick breakfasts, creative lunches and easy family meals that will ease back-to-school stress. Online registration required. Adults \$20; children \$10. All proceeds benefit The Sean O’Shea Foundation. 3–5 p.m. at Sojourn Healing Collective, 2870 Fifth Ave. Visit bit.ly/2eHTTSf.

Bruce Vilanch in ‘Uncensored’

Tuesday, Sept. 19
Comedian and six-time Emmy Award-winner Bruce Vilanch will perform “Uncensored” at Martinis Above Fourth, 3940 Fourth Ave. in Hillcrest. \$30–\$35 plus \$15 per person food or drink minimum. Doors 6 p.m., show 8 p.m. Visit bit.ly/2gDOOHI.

see Calendar, pg 20

DIGITAL GYM GEMS



‘500 Years’ — The story of growing resistance in Guatemala’s recent history is examined through the standpoint and actions of the indigenous Mayan population. Unrated. Friday, Sept. 8 through Thursday, Sept. 14.



The Resistance Saga Triple Feature — This cinematic and artistic high-profile project is designed to galvanize audiences to fight back when society is faced with authoritarianism and demagogues. “When the Mountains Tremble,” “Granito: How to Nail a Dictator” and “500 Years” will play consecutively as a triple feature. Saturday, Sept. 9.



Live From Lincoln Center: ‘Falsettos’ — Recorded live from the Lincoln Center, “Falsettos” is a hilarious and poignant look at middle-class family dynamics. Unrated. Friday, Sept. 8 through Thursday, Sept. 14.



‘Paulina’ — This drama examines privilege, class and the power of the judicial system when a young teacher and activist is sexually assaulted by a gang but refuses to give up her ideals in the aftermath. Unrated. Friday, Sept. 15 through Thursday, Sept. 21.

Visit DigitalGym.org for show times, tickets and information on additional films.

RECURRING EVENTS

Cinema Under the Stars:
Films presented at an outdoor viewing space on various nights of the week.

Upcoming films:
● “The Big Lebowski” — Friday Sept. 8 and Saturday, Sept. 9
● “Notorious” — Thursday, Sept. 14 through Saturday, Sept. 16
● “The Blues Brothers” — Thursday, Sept. 21 through Saturday, Sept. 23
Films start at 8 p.m. \$15. 4040 Goldfinch St., Mission Hills. Visit topspresents.com or call 619-295-4221.

Mondays
North Park Toastmasters meeting: 6:30–8 p.m., weekly meeting at St. Luke’s Episcopal Church, 3725 30th St., North Park. 619-694-9148. bit.ly/2vMOGje.

Open Mic Night: 6:30 p.m., the mic is open to you at Lestat’s Coffee House, 3343 Adams Ave., Normal Heights, free. bit.ly/2vMqHR9.

International Summer Organ Festival Finale: Stop by the Spreckels Organ Pavilion for the last free concert of the summer series. Carol Williams and Carol Williams Band will perform a combination of classic organ and a tribute to The Doors. 7:30 p.m. at 2125 Pan American Road in Balboa Park. bit.ly/2royppD.

Tuesdays
Curbside Bites: 5–8 p.m., gathering of gourmet food trucks at 3030 Grape St., South Park. bit.ly/2vMQDw2.

Tasty Truck Tuesdays: 6–9 p.m., Smitty’s Service Station hosts several food trucks under their well-lit shade structure, 3442 Adams Ave., Normal Heights. bit.ly/2umVaVy.

Uptown Democratic Club Monthly Meeting: 7–9 p.m. every fourth Tuesday, 3900 Vermont St. at Joyce Beers Community Center. bit.ly/2tL2tTw.

Wednesdays
Wednesday Night Experience: 7–8 p.m., uplifting and spiritually inspiring experiences for all, weekly at Universal Spirit Center, 3858 Front St., Hillcrest. \$20 donation requested. bit.ly/2vMK5xl.

Thursdays
Uptown Sunrise Rotary Club meetings: 7 a.m., weekly meeting at Panera Bread, 1270 Cleveland Ave., Hillcrest. bit.ly/2pezpnR.

North Park Thursday Market: 3–7:30 p.m., at 3000 North Park Way, between 30th Street and Granada Avenue, North Park, free. Northparkfarmersmarket.com.

Kornflower’s Open Mic: Sign up at 7 p.m., open mic (no poetry or comedy). Family-friendly event at Rebecca’s Coffee House, 3015 Juniper St., South Park, free. Rebeccascoffeehouse.com.

Liberty Toastmasters Club: 7 p.m., at Saint Paul’s Community Care Center, 328 Maple St., Bankers Hill. bit.ly/2vN6A5t.

Courage to Change – Al-Anon meetings: 7:15–8:15 p.m., a weekly meeting for friends and relatives of alcoholics at Christ United Presbyterian Church (in the chapel), 3025 Fir St., South Park.

2017 San Diego Film Series: 7:30 p.m., every third Thursday view a film representative of Italian cinema at the Museum of Photographic Arts, 1649 El Prado, Balboa Park. Sandiegoitalianfilmfestival.com.

Kirtan Musical Meditation: 8:30 p.m., chant and sing ancient and contemporary mantras celebrating love and life at Pilgrimage of the Heart Yoga, 3301 Adams Ave., Normal Heights. Free – donations welcome. Pilgrimageyoga.com.

First Thursday at The Lafayette: San Diego Made presents a new event the first Thursday of every month at the Lafayette Hotel, 2223 El Cajon Blvd. bit.ly/2qprnJd.

Fridays
Memory Café: 10–11:30 a.m., second and fourth Fridays. Gathering place for those with memory loss, caretakers and those worried about memory problems in the Common Room at First Unitarian Universalist Church of San Diego, 4190 Front St., Hillcrest. At-will donation. bit.ly/2vMSsZV.
Square Dancing Classes: 8–9:30 p.m., every Friday. No previous dance experience needed. Recital Hall, 2130 Pan American Plaza. \$50 for 13 classes. 858-277-7499 or circulators.sdsda.org.

Saturdays
Old Town Saturday Market: 9 a.m.–4:30 p.m., on Harney Street and San Diego Avenue, Old Town, free. Also held on Sundays. Oldtownsaturdaymarket.com.

Golden Hill Farmers Market: 9:30 a.m.–1:30 p.m., on B Street between 27th and 28th streets, Golden Hill, free. Sdmarketmanager.com.

Ray At Night: 6-10 p.m., second Saturday. Free monthly art walk in North Park. Visit bit.ly/2qpDcyY.

Comedy Heights: 8–10 p.m., local comedians take the stage next to Twiggs Coffeehouse at 4590 Park Blvd., University Heights, free. Comedyheights.com.

Sundays
Hillcrest Farmers Market: 9 a.m.–2 p.m., under the Hillcrest Pride Flag, University Ave. and Lincoln St., free. Hillcrestfarmersmarket.com.

West African dance class: 5:30–7 p.m., Master dancer Djibril Camara from Guinea teaches these classes that are also a great workout for all ages and skill levels at La Vie Dance Studio, 325 W. Washington St., Hillcrest. Visit bit.ly/2rkMr1u.

—Calendars compiled by Sara Butler. Email calendar items to ken@sdenn.com.

FROM PAGE 1

PROFILE

1. What is the history of Bodhi Animal Hospital, and how many people work there?

Dr. Bob Nagell and Chris Chandler opened Bodhi Animal Hospital in April 2011. Dr. Nagell had his North Park practice, Pacific Vet, for over 20 years and wanted to offer his unique blend of high-level, affordable veterinary care; compassion and community-centered practice on a larger scale so that more pets and their people could benefit. With the help of multiple designers and architects, they completely redesigned the building at 2200 University Ave., which had previously been a fitness club, a bathhouse and a banquet hall, to reflect their vision of a calming, healing environment for everyone. He sold the practice to Pathway Partners in June 2012 after achieving his dream. Bodhi has grown from that small practice in a house to one with eight doctors and 44 employees.

2. What services make Bodhi stand above the competition?

Bodhi is incredibly unique in that we are fully engaged in our community and truly want to be available to provide great, affordable care at almost any hour. We now offer Urgent Care until midnight seven days a week for the maximum convenience and benefit to our clients. We are the only urgent care practice in all of San Diego, practicing high-level urgent and emergent care at night without the inflated prices of 24-hour emergency hospitals.

We have a veterinary technician monitoring and caring for the patients all night, allowing us to hospitalize patients and give them the service they would get at a more expensive facility. We take urgent and emergent patients throughout the day and do not require an appointment to be seen.

Our wellness programs are thorough and tailored to the needs of the individual. We recognize that great health care is costly for many and have instituted our Essential Care Plans to address this. Pet owners are able to get the optimal care for their kiddo while making monthly, affordable automatic payments on discounted services.

3. How does Bodhi treat pets differently than at most veterinary facilities?

Bodhi takes the well-being of the pet, their person and the health care team very seriously. We are one of only eight Certified Cat Friendly Practices in a 20-mile radius. What this means is that we have advanced training in gentle cat handling, and provide a separate cat waiting room and exam rooms with pheromones to help them relax.

We also practice Fear Free Medicine, which strategically addresses the fear, stress and anxiety that many pets feel when they come to a vet office.



Veterinarian Ann L. Eliopulos holds one of her rescue dogs in her office at Bodhi Animal Hospital in North Park. (Photo by Ken Williams)

To achieve this, we utilize a lot of treats, gentle handling, anxiety medication where indicated and sedation if needed. We are very pro-active with pain management and treat acute and chronic pain to achieve maximum quality of life for our patients.

4. What is your background and why did you choose this as a career?

I grew up in Cincinnati, Ohio with both my mom and dad being doctors. I swore that I would never become one myself. I began as a veterinary technician in 1982, and interspersed with that co-owned a restaurant, managed an SPCA, worked as Animal Control Officer, managed a dairy goat farm and was an organic farmer for eight years. I even was a nanny for two years.

No matter what else I tried my hand at, I always circled back to working with the animals, from working with abuse

and neglect cases, to rescue, to shelter work. I finally had to admit that nothing made me feel more fulfilled, more vital and more passionate than helping animals and their people ... and, I had gone as far as I could without a real education. I had been a technician for the better part of 10 years and was ready to completely dedicate my life to the well-being of these amazing animals I am privileged to work with.

So much for not being a doctor! I graduated from the University of California at Davis School of Veterinary Medicine in 1997. After 20 years in practice, there is not a single day that goes by where I don't see some patient that makes me smile and laugh. There are days when the work is painful and heartbreaking and that one silly, cute or sweet elderly pet can be just the balm that my soul needs. I know without doubt that this is exactly what I was meant to do with my life.

5. What do you like about working in North Park?

North Park, and our neighboring community of Hillcrest, just has this fantastic diversity, energy and progressiveness that is not found elsewhere in San Diego. For such a small part of San Diego, it is packed with personality, great restaurants, breweries and very cool small local businesses.

Our clients are from all walks of life and are unique individuals who defy the Southern California stereotypes. We have clients from every demographic category, including homeless clients, and I love that we can serve all of them and their amazing pets equally.

Our staff reflects our community. We are very LGBTQ centric. Our hospital is this

spa-like environment with committed individuals who sport a ton of tattoos, piercings and multi-colored hair. We can be who we are in North Park and know that we are being received based on our caring, compassion and quality versus our appearance. What's not to love about that? That's the embodiment of North Park.

For more information about Bodhi Animal Hospital, visit bodhisd.com. Text or call 619-225-5838.

—Ken Williams is editor of Uptown News and can be reached at ken@sdcdn.com or at 619-961-1952. Follow him on Twitter at @KenSanDiego, Instagram at @KenSD or Facebook at KenWilliamsSanDiego.❖



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Cox Digital Academy Offers Free Online Resources to Make Learning Fun

Cox Communications has launched the Cox Digital Academy, a website that gives families access to free online resources such as educational games, social media safety, do-it-yourself science projects, and computer basics. Whether it's homework help and a "making it rain in a jar" activity for students, or computer and internet basics to financial literacy for parents, families can take advantage of a host of resources to improve their digital literacy skills.

The Cox Digital Academy features tools and resources provided by Common Sense Media, EVERFI, and the Public Library Association, which have partnered with Cox Communications through its Connect2Compete program. The Academy is an expansion of the Connect2Compete program, which provides low-cost internet for families that have a K-12 student in the home and receive government assistance.

The Cox Digital Academy offers:

- **Computer and internet basics**, teaching users how to conduct web searches, create and manage email accounts, and how to navigate search engines.
- **Educational games** and resources for students and teachers, providing homework help, teaching strategies, and more.
- **Job skills**, enabling parents to easily navigate job search engines, create resumes and fill out online applications.

- **Social media and online safety**, giving parents and children the tools to help prevent cyberbullying, learn about social media basics, and protect social media privacy.
- **Online financial literacy**, such as setting up or managing a checking account online and managing an online budget.

Cox supports local communities and technology adoption through the Cox Digital Academy and Connect2Compete. In San Diego County, Cox provides free internet access to the community at more than 40 Cox Technology Centers in Boys and Girls Clubs and community, youth and senior centers across the county. Each Boys and Girls Club Technology Center includes computers, monitors, laptops, printers, and internet service, enabling students to complete their school assignments and learn critical digital literacy skills that are important to their future success.

Since 2012, more than a quarter million people have been connected nationwide to the internet via Cox's Connect2Compete program. For more information, or to sign up for Connect2Compete call 1-855-222-3252, or visit <https://www.cox.com/aboutus/connect2compete.html>.

The Digital Academy is available at www.cox.com/aboutus/connect2compete.html.



As a part of Father Joe's Good Neighbor Month, local artists will share how creativity can inspire action during a film and art showcase. The event features work by Steve Breen and Neil Shigley, as well as screenings of "Time Out of Mind" and "Shine." \$7.50-\$11 at bit.ly/2gE4N8u. 6:30 p.m. at Digital Gym Cinema, 2921 El Cajon

View the work of French Impressionist painter Claude Monet at Timken Museum of Art. Centerpieces of the exhibition are two major oil paintings by Monet on loan from The Metropolitan Museum of Art. Free admission. Exhibit hours are 10 a.m.–4 p.m. Tuesday-Saturday; noon–4:30 p.m. Sunday. Timken Museum of Art, 1500 El Prado, Balboa Park. Visit bit.ly/2wvCR16.

San Diego Art Institute presents "BC to BC," an art exhibit featuring ceramic sculptures by over 30 artists from Baja

Fleet Science Center and Australian Centre for the Moving Image will showcase the work of over 30 video game designers. The exhibit also offers free, playable games. Admission \$17-\$20. 10 a.m. to 5 p.m. Monday–Thursday; 10 a.m. to 6 p.m. Friday–Sunday. 1875 El Prado, Fleet Science Center. Visit bit.ly/2sYkb5q.

Brenda Biondo's photography will be on display at San Diego Museum of Art. The exhibit features 25 of her photographs from her two series. 1450 El Prado, Balboa Park. Visit bit.ly/2sYluiA.

San Diego Museum of Art presents an exhibition displaying images of Hindu deities. View the exhibition on the first floor of Gallery 12 North: Barbara & Norton Walbridge Gallery. 1450 El Prado, Balboa Park. Visit bit.ly/2sXMD1b.

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