

Preservation awards Pages 10-11

Hillcrest • University Heights • Normal Heights • North Park • South Park • Golden Hill • Kensington • Talmadge



Uptown Planners stay busy

>> FEATURE P. 7



Elizabeth Hannon re-emerges

>> COMMUNITY P. 9



Remembering our tennis stars

DINING P. 14



Not afraid of the garlic

Index

Opinion6	,
Classifieds 16	,
Puzzles 16	,
Business & Services17	
Calendar18	

Contact us

Editorial/Letters

619-961-1952 ken@sdcnn.com

Advertising

619-961-1958 mike@sdcnn.com

www.sdcnn.com San Diego Community News Network



UCSD Medical Center (seen in foreground) in Hillcrest does not meet the new earthquake standards going into effect in 2030. (Courtesy of UC San Diego)

UC San Diego to replace Hillcrest hospital

Ken Williams | Editor

University of California San Diego plans to build a new medical center on its Hillcrest campus by 2030 to comply with California's Hospital Seismic Safety Law.

Located at 200 W. Arbor Drive in Hillcrest, the UCSD Medical Center is a Level 1 Trauma Center, a

Regional Burn Center and a Comprehensive Stroke Center — capable of treating victims of major traumatic injuries and the most serious health emergencies. The teaching hospital

is renown for its groundbreaking research into cancer, heart disease and other complex health conditions. And its

see Hospital, pg 8

Food fest turns 11

Taste of Adams Avenue returns on June 25

By Jess Winans

Hungry? Come on down to the 17th annual Taste of Adams Avenue and take a bite, as 45 restaurants, wine bars, pubs and coffee houses open their doors to San Diego's foodie community.

The event, which is always held on the last Sunday of June and hosted by the Adams Avenue Business Association, will take place Saturday, June 25 from 11 a.m.-3 p.m. Stretching from Mississippi Street in University Heights to Vista Street in Kensington, the food fest also goes through Normal Heights.

see Taste, pg 15

Helping the Angels

Jamie's Joy honors boy's memory with good deeds



Kids will be celebrated at "Jamie's Joy Toast to 21" fundraiser for Urban Street Angels on Saturday, June 24 at The Irenic in North Park. (Photo © Amazing Memories Photography)

By Joyell Nevins

Love, joy, peace, connection. These are all qualities nat the late Jamie Morgan Mychael Bratton-McNeeley embodied. His life will be honored, and the nonprofit organization Urban Street Angels benefitted, at a "Jamie's Joy Toast to 21" event from 6-10

p.m. on Saturday, June 24 at The Irenic in North Park. The Irenic complex has become a home base for the Angels.

"Jamie was full of love and and spontaneity," said his mom, Elene Bratton. "He was all boy, but a sweet, loving, spiritually deep person. His beauty on the outside was matched by his beauty on the inside.'

Elene shared how Jamie was an abstract thinker by 4 years old. One evening, they were praying prayers for peace together, and he told her "Mom, they can't hear their hearts, because they're too much in war."

He was also a vegetarian like his mom, and used to tell people when they asked him how come, "Why, I don't eat my friends!'

But on April 24, 2002, Jamie and Elene's sister Angela Bratton were in a horrific car crash. The accident killed Jamie and put Angela on life support, leaving her with a permanent traumatic brain injury. One month later, May 24, marked what would have been Jamie's sixth birthday.

Elene and the family were still in shock, but she wanted to do something to commemorate him. So they had a candle-lighting and storytelling evening. Everyone attending wrote a word on a candle that described Jamie, and the relationship they had with him. The words ranged from rascally and scamp

see Fundraiser, pg 17



Voted By International & US Travelers San Diego's Top B&B

3845 Front Street • 619-990-2441 www.hillcresthousebandb.com



MCL REAL ESTATE GROUP

25th Home Sale Charity Program



The McT Real Estate Group **Gives Back...**

by donating commission dollars from our 25th home sale to a local non-profit charity chosen by the community

The top four charities chosen by the community:

Mama's Kitchen Promises2Kids

Holly's Garden Dog Rescue Friends of Jefferson Elementary

Final vote will run from June 8th to June 21nd to see who will receive the largest portion of the commission from our 25th home sale

> Visit our website at MaryMcTSoldMe.com click on the 25th Home Sale Logo for more information



17 Homes Sold Year to Date!









\$375 - \$395,000 3765 Boundary St #9





\$789,000 2416 Vancouver Av



3164 Thorn St



If you are thinking about selling your home, call the McT Real Estate Group right now to find out how we can help you to receive the highest return on your most important investment!



\$1,115,000 1140 Loring St

CHARITY



3020 Bancroft St \$685,000



\$495,000 3675 Meade Av



2505 Boundary St \$850,000





CONDO 2BR 2BA • 850 sa ft \$350.000 4205 Ohio St #309



\$550,000 2576 Myrtle Av



\$625,500 3918 Arizona St



3922-3924 Arizona St \$650,500



\$585,000 2632 Madison Av



\$415.000 2313 Donnington Wy





\$655,000 3420 Dwight St



\$350,000 3619 Landis St



\$942.500 1636 Granada Av



\$710,990 2665 Fifth Av #202



\$1,175,000 4867 Kensington Dr

MaryMcTSoldMe.com

NEWS San Diego Uptown News | June 16 - 29, 2017 sdcnn.com



Benjamin Nicholls, executive director of the Hillcrest Business Association, calls the lack of affordable housing the top issue facing the neighborhood. (Photos by William Pontius)

Hillcrest Town Council looks to the future

By Mary McKenzie

What is your vision for Hillcrest?

Community members were asked to address this question at the June 13 meeting of the Hillcrest Town Council (HTC), held at the Joyce Beers Community Center in the HUB shopping center.

Benjamin Nicholls, executive director of the Hillcrest Business Association (HBA), opened the discussion with a brief analysis of the state of doing business in Hillcrest. Businesses follow customers, he said, and first-time homeowners or renters are moving or shopping elsewhere because of the lack of affordable housing in the neighborhood.

Affordable housing is the main challenge facing Hillcrest, Nicholls said.

The HBA, he added, is focusing on two efforts to improve the quality of life in Hillcrest. First is the "New Normal," which debuted as a pilot project last year. In this proposal, Normal Street would be transformed into a park-like setting with fewer traffic lanes, more pedestrian space and additional bike lanes. The plan is awaiting approval by the San Diego Association of Governments (SANDAG), he said.

"Hillcrest Clean and Safe" is a more recent program focusing on the extension of the East Hillcrest Maintenance Assessment District. This expanded district would levy a special assessment on willing property owners on the east end of Hillcrest to pay for enhanced security, cleaning and gardening services.

The HTC also heard from public representatives in Hillcrest.



(I to r) Andrew Dugger, HTC's **Neighborhood Improvement** Committee chair, board member David Vance and the chair, Kath Rogers

 Jessica Meir from U.S. Rep. Susan Davis' office announced a second Town Hall meeting at San Diego State University on June 19

• HTC Vice Chair Ben Cartwright gave a report on behalf of state Sen. Toni G. Atkins, who is supporting a sock drive for homeless veterans now through July 10. To find dropoff locations, google "Socks for Stand Down." Or you can bring new socks to the HTC Summer Social on July 6 at 5 p.m. at Uptown Tavern, located at 1236 University Ave. in Hillcrest.

• Brittany Bailey from Councilmember Chris Ward's office was asked about the recent volatile debates about the city's fiscal year 2018 budget. Controversy surrounded funding of a special election in the fall, which the City

Council opposed. Mayor Kevin Faulconer overrode the council's decision to not approve money for the special election, but the money will remain undispersed unless the council changes its mind. The office and programs budgets were cut for two council districts whose representatives opposed the mayor's decision, including Ward's District 3 comprising Downtown and most of the Uptown neighborhoods.

 Nick Serrano spoke on behalf of Assemblymember Todd Gloria. Gloria is sponsoring #Gloria100, an effort to encourage the adoption of pets from Humane Society locations in San Diego County. From June 16-19, the first 100 adoptions will have fees waived. On June 30. Gloria will be co-sponsoring a seminar for citizens seeking to serve on state boards and commissions, which is being held at 5:30 p.m. at the Fleet Science Center in Balboa Park.

The meeting adjourned after a brief discussion of the attendees' vision for Hillcrest. The beautification of University Avenue was paramount in the responses. Maybe murals? All suggestions will be summarized in a report to enable HTC to share the results with the area's elected leadership. If you have ideas or are just interested in helping Hillcrest become the gem of the city, HTC welcomes you to attend the next meeting on Aug. 8. Or join the HTC at the social on July 6 at Uptown Tavern. If you have any comments or concerns, contact Chair Kath Rogers at dognamedannie@gmail.com.

—Mary M. McKenzie is the secretary of the Hillcrest Town Council. *



Investment protection for your home!

A Fidelity National Home Warranty

is a one year service contract that covers repairs and/or replacement of a home's major appliances and mechanical systems and is renewable year after year.



Debi Levenson Assistant Vice President 1-800-308-1424 x3520 Cell: 619-252-7823 dlevenson@fnf.com

1-800-TO-COVER

DISCLOSURE 1-800-880-9123



Best of the Best! At The Courtvards! 5875 Friars Road #4203, 92110

Must see this rarely available spacious 3 bedroom/2 bath penthouse with 1969 sq ft of living area! Newly renovated! New paint, carpet, molding, bathrooms! Large Master suite with sitting area and fireplace! 3 balconies w/views and 2 with storage! Dual zone heating/air system for economic efficiency. West facing unit that is filled with natural light~ overlooking a serene pond. 2 Assigned, side by side parking spaces. 2 pets okay at less than 35 lbs. Resort style, gated community!



Donna Weisshaupt BRE 01430256

Allison James Estates and Homes 619–227–9147



ONE CLIENT. ONE TRAINER. ONE GOAL.™.



Mission Hills 4019 Goldfinch Street San Diego, CA 92103

Get Started Today!

619.794.0014

fitnesstogether.com/mission-hills

*Limited time offer. Terms and conditions apply. See studio for details

Follow Us fy

© 2016 Fitness Together Franchise Corporation. All rights reserved. Each Fitness Together® studio is independently owned and operated



Hillcrest 111 developer compromises with Uptown Planners

Ken Williams | Editor

Even though the Hillcrest 111 mixed-use development has already been approved by city planners, the developer Greystar came back to the Uptown Planners on June 6 to offer a rather unexpected but welcomed olive branch to the citizen-elected volunteer board.

Jim Ivory, representing Greystar, told board members that city planners have already approved plans for the project and that the developer was returning to the Uptown Planners to address some of their concerns.

"We heard you," Ivory said.
"And we want to be part of this neighborhood."

Hillcrest 111 will feature 111 apartment units, including nine designated for very-low-income earners, as well as 4,800 square feet of retail space on both corners of Robinson and Seventh avenues.

On the south side of the complex, the developer will also build a three-level underground garage for AT&T, the seller of the 1-acre lot that has been used to park the company's trucks, vans and personal vehicles. The detached garage will not have public parking because AT&T needs a secure facility to park their vehicles

that often carry expensive equipment. Another underground garage — serving the apartment complex — will have some public parking for customers of the retail businesses that will rent in the Hillcrest 111 spaces.

Greystar applied for a Process 2 Neighborhood Development Permit, one of the Planning Department's easier application processes, simply requiring action by the Uptown Planners and then a decision by the city's Planning Department staff.

At the April 4 meeting of Uptown Planners, board members expressed their frustrations that city planners were not paying attention to their recommendations for the project. The Uptown Planners is an advisory group to city planners, who are not obligated to rubber-stamp the board's recommendations.

At that meeting, the Uptown Planners voted to potentially appeal the Hillcrest 111 project if the hearing officer approved the Process 2 permit without several modifications that the board recommended. The hearing officer has now approved the plans, and that was apparently the reason Greystar returned to Uptown Planners on June 6 with an update to the project.

Support the store that

builds homes and hope.

Furniture, appliances, building materials, and more!

Complete your home improvement project for less!

Proceeds help build Habitat for Humanity homes



Hillcrest 111 will now have a stepback along Robinson Avenue starting on the fourth floor. (Artist rendering by Architects Orange)

Ivory told the board members that Greystar will now accept the Uptown Planners recommendation for a stepback of the building along Robinson Avenue.

"We can give you a 10-foot stepback," he said, starting on the third floor. As a design feature, a stepback breaks up the monotony of a square-box building and adds visual appeal to pedestrians.

The board members also wanted a commitment to solar, and Ivory said that Greystar will use solar thermal heating for the apartments and the swimming pool.

The project changes came with a cost, which Ivory described as a "reduction in efficiencies." He said some apartment units on the upper floors along Robinson Avenue would be smaller in size and that the developer also had to shrink internal courtyards, among other things.

Ivory said the setback on the upper floors of the seven-story front building of the complex will force the developer to move the utilities on the roof further back from the street, and that is expected to lower the building's height along Robinson Avenue from 94 feet to 82 feet.

The new compromise pleased a majority of the board members. Jay Newington joined a number of members who thanked Greystar for coming back with a new plan.

"You listened to what the board had to say," he said. "I appreciate the effort."

But Cindy Thorsen called the architectural design "an eyesore" and Amie Hayes said she had a number of concerns and could not support the project.

Ivory asked the Uptown Planners to reconsider its vote to appeal the project.

After a discussion, the Uptown Planners voted 11-3-1 to appeal the project only if Greystar does not submit the updated plans to city planners. Marcela Escobar-Eck, principal with Atlantis Group Land Use Planning that is working with Greystar on the project, promised the board that they would present the updated plans as soon as possible.

To read previous coverage of Hillcrest 111, go to bit.ly/2kPyfMg and bit.ly/2pPEkle.

Mission Hills project

An action item to approve a new tentative map for a subdivision to create a third parcel from two existing parcels in Mission Hills generated a lot of community comments at the June 6 meeting.

The property owners of 4211 Cosoy Way and 2521 Presidio Drive are proposing to subdivide the two parcels so they can create a third one, to allow the building of an expensive home that some were calling a "spec house," which would probably sell for around \$3 million.

Uptown Planners chair Leo Wilson said the board received more than 30 emails and letters regarding the project. Most of the people at the meeting spoke against approving the subdivision.

The house would be built on a 0.635-acre lot at 4219 Cosoy Way near the intersection with Presidio Drive. The steep, narrow and winding road is considered a substandard street without sidewalks or bicycle lanes — and many speakers cited that as a reason to turn down the request.

Sharon Gehl, a local activist who lives in Mission Hills, said adding a seventh house to that stretch of Cosoy Way would not change the fact that the street is substandard but also would not negatively impact the neighborhood.

Robert Rose, a neighbor, said there were "six blind driveways" on the winding road that posed safety issues for motorists and bicyclists.

Constantine, one of the property owners involved in the project whose home would be next-door on Cosoy Way, said the architect had redrawn plans for the spec house's garage so there would be a 36-foot driveway that would allow the homeowners to turn their vehicles around instead of having to back out into the street.

Board member Soheil Nakshab — a developer who announced at the meeting that he had closed escrow on the historic Truax House property in Bankers Hill — said he liked the architectural design of the house.

"The biggest thing is the substandard road," Nakshab said.
"This is not the gentleman's problem; it's the city's problem. His project is above par."

Mat Wahlstrom, another board member, encouraged the developer to change the entrance to the property to Presidio Drive, where there is right of way. But the developer said that changing architectural plans would cause the house to have a higher profile and it would end up towering over the neighborhood.

Maya Rosas said she respected the public's concern about public safety, but reminded everyone that it isn't the applicant's responsibility.

"I have faith this driveway will be better than any other one on this street," she said.

The Uptown Planners then voted 9-5-2 to approve the new tentative map. Then they voted unanimously on a motion to recommend that the city look into the safety issues along Cosoy Way, even considering making it a one-way street.

Jones House relocation

As the meeting approached its third hour, the Uptown Planners swiftly voted unanimously to support a Site Development Permit for the relocation of the historic Henry B. Jones House from 4040 Fifth Ave. in Hillcrest to 4114 Ibis St. in Mission Hills. The Hillcrest lot, located west of Scripps Mercy Hospital San Diego, will be developed as a cancer treatment center.

Condos for Hillcrest

The Uptown Planners voted 13-1-1 to approve a tentative map for the creation of 10 residential condominium units within two structures located at 3642 and 3650 Seventh Ave. in Hillcrest. Maggie Rolland, principal at M Roland Associates, said the work had already begun since this is a condo conversion project. The buildings are north of the Coral Tree Plaza apartments.

Pharmacy for Bankers Hill

CVS Pharmacy officials told Uptown Planners that they are converting a building at 850 Fifth Ave. in Bankers Hill into the area's newest pharmacy and expect to open in May 2018. They said they would return to Uptown Planners in the near future to ask for a Type 21 ABC license to sell beer, wine and liquor. The 10,200-square-foot building will have 28 off-street parking spaces in addition to metered parking along nearby streets. Sharp Rees-Steely Downtown medical clinic is

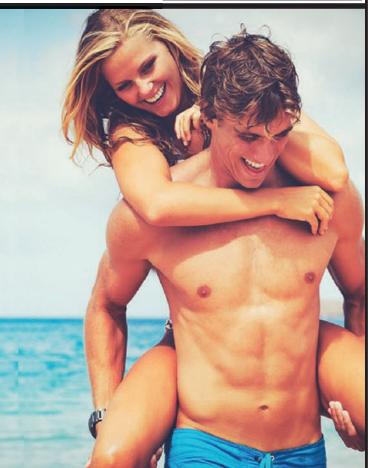
—Ken Williams is editor of Uptown News and can be reached at ken@sdcnn. com or at 619-961-1952. Follow him on Twitter at @KenSanDiego, Instagram at @KenSD or Facebook at KenWilliamsSanDiego.*





Rise up against the razors!

We Wax! EYEBROWS, MANZILIANS, BRAZILIANS, LIPS, CHINS, CHEEKS, SIDEBURNS, EARS, UNDERARMS, BETWEEN THE CHEEKS, LEGS, BACKS and more!



PROFESSIONAL. QUALIFIED. EXPERIENCED.



IN THE HILLCREST HUB! 1040 UNIVERSITY AVE. SUITE B-205 SAN DIEGO, CA 92103

CALL 619-831-8877

Uptown News

123 Camino de la Reina. Suite 202 East San Diego, CA 92108 (619) 519-7775 Twitter: @SD_UptownNews



EDITOR

Ken Williams (619) 961-1952 ken@sdcnn.com

CONTRIBUTING EDITORS leff Clemetson, x119

Jeff Clemetson, x119 Morgan M. Hurley, x110

WEB & SOCIAL MEDIA

Sara Butler, x118 web@sdcnn.com

COPY EDITOR

Dustin Lothspeich

CONTRIBUTORS

Toni G. Atkins Sara Butler Amie Hayes Dr. Ink Katherine Hon Morgan M. Hurley Mary McKenzie Joyell Nevins Frank Sabatini Jr. Jess Winans

EDITORIAL INTERN

SALES & MARKETING DIRECTOR

Mike Rosensteel (619) 961-1958 mike@sdcnn.com

ADVERTISING CONSULTANTS

Andrew Bagley, x106
Annie Burchard, x105
Michele Camarda, x116
Heather Fine, x107
Sloan Gomez, x104
John Watson, x113

ACCOUNTING

Priscilla Umel-Martinez (619) 961-1962 accounting@sdcnn.com

WEB DESIGNER

Kim Espinoza kim@kespinoza.com

SENIOR INTERN

nniier Gottschair

INTERNS

Madhu Chandnani Alex Ehrie Czarina Greaney Eric Guerrero Angel Rodriguez

PUBLISHER

David Mannis (619) 961-1951 david@sdcnn.com

AWARD-WINNING JOURNALISM: San Diego Uptown News won third place for general excellence at the 2016 AFCP Annual Publication Award. This category is the top award in the annual competition, which received more than 1,400 entries from free community newspapers across the U.S. and Canada. Parent company San Diego Community News Network won a total of six awards.

OPINIONS/LETTERS: San Diego Uptown News encourages letters to the editor and guest editorials. Please email submissions to ken@sdcnn.com and include your phone number and address for verification. We reserve the right to edit letters for brevity and accuracy. Letters and guest editorials do not necessarily reflect the views of the publisher or staff.

SUBMISSIONS/NEWSTIPS:

Send press releases, tips, photos or story ideas to ken@sdcnn.com.

For breaking news and investigative story ideas contact the editor by phone or email.

DISTRIBUTION: San Diego Uptown News is distributed free every other Friday.

© 2017. All rights reserved.























GUEST EDITORIAL

Support small businesses

Notes from Toni Toni G. Atkins



Small businesses, if you think about it, enrich our own personal quality of life and enhance our neighborhoods and communities — from my nail salon in Mission Hills, my massage therapist in Hillcrest, my auto mechanic in Normal Heights, my veterinarian in Kensington, and the wine bar in my own community of South Park/Golden Hill to the network of independently owned endeavors throughout my Senate district and the San Diego region.

South Park is a perfect case for how small businesses shape a community. Historically a quiet smaller neighborhood, South Park has recently become a more desirable destination in San Diego, and that's thanks to its nearly 100 small businesses — clothing and gift boutiques, hair salons and tattoo parlors, restaurants and bars, ice cream shops and cafes, dog groomers and toy stores, gyms and yoga studios.

Every quarter, South Park holds a neighborhood "walkabout" that used to be a smaller community gathering where the stores would stay open late on a Saturday night and residents could socialize together. But the walkabout has exploded, becoming

a popular destination for people who live all over the city.

That's all due to the businesses that have set up shop in the neighborhood — unique companies that can't be found anywhere else. This is happening in communities throughout San Diego and California, and behind all those businesses are people who had a dream, a vision for a specific need that they could fill to provide goods or services for their neighbors and a livelihood for their families.

Small businesses are the backbone of California, employing more than 6.5 million people — about half of the state's workforce — and driving our economy forward.

In San Diego County, there are about 77,000 companies that employ fewer than 50 people. That's 95 percent of all companies in our region, accounting for nearly half of the local workforce. About 60,000 businesses employ fewer than 10 people, accounting for 74 percent of all businesses. And about 46,000 companies — 57 percent of the total — employ fewer than five people.

I want to make sure everyone knows about the Governor's Office of Business and Economic Development — Go-Biz for short — which provides a range of services for companies big and small and assists anyone who has a vision for a company of their own. Visit Go-Biz online at business. ca.gov.

One of Go-Biz's successful programs is the California Competes tax credit program. It has provided 104 San Diego-area companies with more than \$92 million in tax credits, helping to create more than 13,500 new jobs. Many of those are small businesses.

The state Legislature honored small businesses throughout California at a luncheon in Sacramento on June 5, including the small business of the year from my 39th District: Ponce's Mexican Restaurant in Kensington. And on June 23, we'll recognize additional businesses from San Diego, Coronado, Del Mar and Solana Beach at a reception here in San Diego

Even though it's a number of months away, Nov. 25 will be a great opportunity to support small independent shops in our communities—it's Small Business Saturday, two days after Thanksgiving.

And let's not forget our incredible farmers markets — one almost every night of the week throughout our cities in San Diego County. Farmers markets give small businesses a venue to bring specialty foods, innovative ideas and fresh vegetables right to our neighborhoods.

I encourage you to support the independent stores and shops that make your life easier.

—Toni G. Atkins represents the 39th District in the California Senate. Follow her on Twitter @SenToniAtkins.*

LETTERS

Likes Hillcrest 111

(Re: "The next big thing in Hillcrest?" Vol. 9, Issue 3 or online at bit. ly/2kPyfMg.)

I live on Seventh Street and I support this Hillcrest 111 project. Yes, it's not pretty, but that corner is a hangout spot for homeless people and this is far better than that. The shops in Hillcrest keep closing

down and we have tons of empty storefronts. We need more people here to reinvigorate the neighborhood and add money to the local economy. This would add a bunch of luxury apartments that would raise the property value of other homes in the area, and it has parking spots for every resident plus extra, so it won't affect parking.

Yes, I'd rather it looked better and more unique/interesting, but I don't have as big a problem with the height as some other commenters do. I'd rather they keep it the same height and make it prettier as opposed making it shorter.

see Letters, pg 20

Where did Elizabeth Hannon go?

Morgan M. Hurley Contributing Editor

Members of the Uptown communities are familiar with Elizabeth Hannon, who for the last several years was a very visible force as the CEO of the Uptown Parking District.

But earlier this year, Hannon seemed to effectively drop out of sight, causing many in the community to wonder where she is and what she is up to.

Wonder no more.

We recently caught up with Hannon who, after taking a monthlong hiatus from the churning wheels of San Diego to lend support during the passing of her beloved father in January, was forced to take a long hard look at where she was and where she was going.

"In a nutshell, my nearly four

In April, she landed at Sutra Research, in a role with a larger focus on the region's transportation issues and the added ability to pursue the reality of her dreams. Here are five questions for Elizabeth Hannon.

1. What is your new role at Sutra Research and Analytics and what does this company do?

Sutra provides technology, strategy and planning, system engineering and change management with a focus on transportation for public agencies and organizations. A progressive technology and strategy-consulting firm, Sutra is based in San Diego, with clients worldwide. They are regarded for their expertise in bridging ideas and communication between technology developers and project stakeholders.

(I to r) Ty Manzo and Elizabeth Hannon, partners in life and now in business, have launched an organization focused on empowering women leaders with mindful practices. (Courtesy of Wiser Everyday)

years work for the Uptown community at the parking district was a tremendous experience," Hannon said. "I learned much about designing our streets, the inner workings of our public agencies, politics, and developed such fondness for the four unique communities. I should also mention the personal joy and challenge it was to balance all the varied voices, letting them be heard, finding compromises and steering opinions to find common ground to bring about community consensus.'

Hannon said she understood how important it was to ensure the district's recently hired support staff were equipped appropriately to continue making progress for the region in the four transportation modes of choice — walking, biking, bus riding or parking.

One of Hannon's fait accompli was making sure that the district reviewed its vast parking demands and documented all the statistical data, which included patterns of usage and time of day, as well as parking needs.

"We developed a parking toolbox with tools to manage our needs and analyzed the data to deliver a set of comprehensive strategies that can better manage parking in Uptown," she said.

With decisions made and loose ends wrapped up, "everything aligned wonderfully" and Hannon has now moved on. I've been brought on as their COO to coordinate operations, expand and develop business, while serving as a project manager and community liaison on current projects.

For some time, I have been looking to create a livelihood in work that is a bit more profound and rooted in my spiritual practices. It is through my studies and implementation of the practices of Buddhism, yoga and mediation that I find the greatest connection to my authentic self and I honor the role of mindfulness in being a leader.

To this end, I've been attending summits and retreats for many years to learn and to integrate these key practices into my day-to-day life with the intent to share them with others.

I've been able to manifest a win-win situation to develop a passion project, "Wiser Everday," while still putting (gluten-free) bread on the table, as Sutra is fully supporting this effort.

2. What is "Wiser Everyday" and who will benefit from it?

My passion project has now come to fruition with the founding of this new organization. Together with my partner, Ty Manzo, we launched Wiser Everyday to provide leadership and development training and consulting, rooted in mindfulness practices.

Currently, we are working with several women-focused nonprofit organizations for those seeking to develop skills and a leadership presence to advance equality in their work.

Of the people we've begun to work with that are women, many are in affinity groups — for those working at corporations — or small businesses, or are entrepreneurs themselves. Several are interested in leading social change.

We have designed and are customizing workshops to teach everyone, with a focus on women, how they can develop the leadership mind.

3. What motivated you to start it?

For the past 15-plus years, I've been exploring a spiritual path rooted in Buddhism. Mindfulness, as taught in Buddhism, is key to finding the clarity and compassion to be a resilient and resonant leader. Throughout my career and work in the community, it has been a tool that allows one to find the space between a situation and a response; it is being aware of others and of one-self and a major contributor to how one can find the space to lead others.

As our personal partnership blossomed, Ty and I discussed the significant benefits we've both experienced with this and in emotional intelligence.

We wanted to share our insights with others to create more inspired and keenly developed leaders — many of whom are women — to better lead our organizations and communities with more compassion, more courage and the confidence to find their own voice.

[The Women's March], events like it and what we are doing are the best thing to come out of this seemingly devastating administration. People, and especially women, are standing up and getting engaged!

4. What are your shortand long-term goals for the organization?

This fall, we will be conducting a survey called, "100 Wise Women Leaders."

One of our goals is to use the survey and the stories from it as a means to inspire, provide role models and develop mentor programs. We are interested in learning more about how these



The former Uptown Parking District CEO has re-emerged with a new venture.

(Courtesy of Elizabeth Hannon)

women have achieved their wisdom, how they moved through the leadership ladder, and what advice they have to share.

Those chosen for the survey will come through our established connections, input sought through our partner organizations, and guidance received from our task force/working group.

We also have two main ideas for books in the works and will be tying all of these ideas together to share our life lessons and the 100 wise women's life lessons to further develop compassionate, resonant leaders.

Later this summer, we'll be talking a bit more about our 100 Wise Women Leaders interviews and survey to better understand the opportunities and obstacles for women in leadership positions and those stepping onto or up the ladder.

5. Do you have any upcoming events that will allow the community to get more involved?

Our only public event in the next few months is on June 21, presented by the San Diego Chapter of NOW.

It's called "Developing Leadership Presence for Social Change" and takes place from 6–8 p.m. at the San Diego Foundation, located at 2508 Historic Decatur Road in Liberty Station.

Those wishing to attend can sign up or get more information by emailing SanDiegoAreaChapter@gmail. com or calling 818-927-3669.

Then we are doing a threemonth long series of presentations for San Diego's leading organization of women professionals in the transportation sector, launched in 1977 as Women's Transportation Seminar and now called WTS International.

These presentations will focus on board development, mindfulness and emotional intelligence for leadership development, and they are scheduled to begin in August.

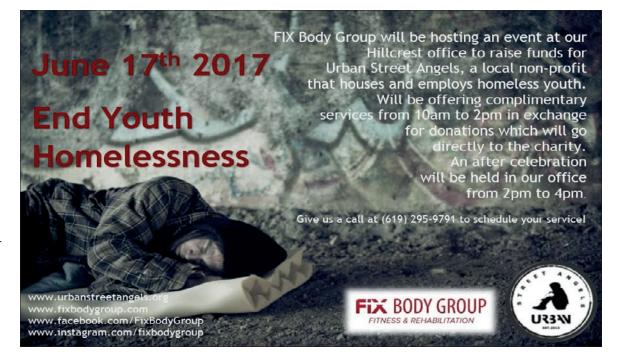
We are also providing training for the American Public Works Association (APWA) at the Public Works Institute here in San Diego this September, which will cover a spectrum of practices within Public Works in San Diego for emerging leaders at all levels.

Hannon said she and Manzo recently attended a women's circle event at The Chopra Center, which gave them further inspiration for what they have planned to do.

"We are also beginning to explore how to bring these practices into under-served and lower-income aspects of our community," Hannon said. "It is there that the seeds for greatness and loving kindness need to be planted and it is perhaps there that people voted for something 'different.' By opening hearts, we can open minds."

Intrigued? Visit wiserevery-day.org or contact Hannon at 619-794-8612.

—Morgan M. Hurley can be reached at morgan@sdcnn. com.*



FROM PAGE 1 HOSPITAL

Owen Clinic is considered one of the national leaders in treatment for HIV and AIDS

The hospital tower will be about 60 years old by the deadline and is one of 175 hospitals in California that the state has declared won't be repairable or functional after a strong quake.

These buildings must be brought into compliance with the Alquist Act by Jan. 1, 2030 or be removed from acute care service," according to a statement in California's Hospital Seismic Safety Law.

Building a new hospital will be less expensive to construct than retrofitting the aging tower, said Robert Clossin, director of physical and community planning for UC San Diego, during a public forum on June 7 at the San Diego Indoor Sports Club in Bankers Hill.

The existing hospital tower must remain fully operational during the estimated threeyear construction phase of the new facility, he said, and work would have to begin no later than 2027 to meet the deadline. The fate of the tower has not been determined, but Clossin said it most likely would be demolished.

Clossin — who was part of the planning team for the \$943 million Jacobs Medical Center on the UC San Diego La Jolla campus that opened this year said it typically takes 10 years to plan and then construct a

GROCERY: Dept.

MEAT: Asst. Dept.

PRODUCE: Dept.

Manager, Shift

Mgr., Cutters. Clerks

Supervisors, Clerks

(wet rack experience)

Mgr., Clerks

Managers, Asst. Dept.

new hospital.

The big challenge, he said, is that the 56-acre campus has only 25 acres of vacant, usable land. The site has more than 37 buildings of all sizes and ages, comprising 1.1 million gross square feet and accommodating a daily population of 7,000. The campus has only 2,200 parking spaces, but 51 percent of that population is now using alternative transportation to get

Building a new hospital is part of the university's Master Planning Study update for the Hillcrest campus. Goals are:

- Existing conditions analysis.
 - Land-use concepts.
 - Development potential.
- Open spaces.
- Wayfinding and circulation.
 - Parking integration.
- Development phasing.
- Neighborhood identity.
- Utilities and
- infrastructure.

• Sustainability principles. Clossin said the master plan would re-envision the entire campus and determine which of the existing buildings would be usable in the future.

The Hillcrest campus is perched atop canyons on three sides, providing sweeping views of Downtown, Mission Valley and Point Loma. Clossin said master planners will look at the site's potential, celebrate its views, preserve the neighborhood character, improve community access and embrace sustainability as required by the city's Climate Action Plan.

Manager, Clerks

NATURAL LIVING/

Asst. Dept. Mgr.,

FRONT END: Shift

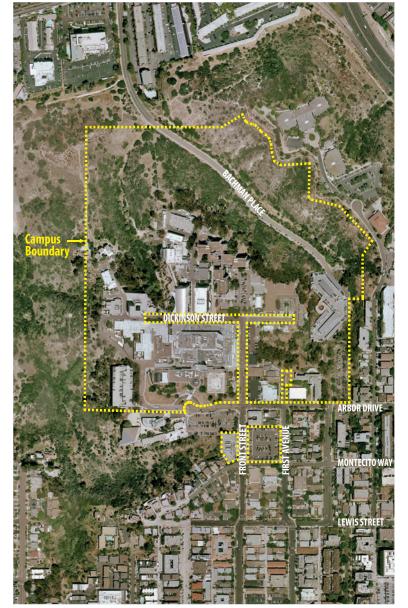
Supervisors, Cashiers

RECEIVING: Receiver

DAIRY: Clerks

VITAMINS:

Clerks



Map outlines the boundary of the Hillcrest campus. (Courtesy of UC San Diego)

"We have set carbon-neutrality goals for the future," Clossin said.

His PowerPoint presentation showed a slide containing the vision statement: "Design a premier academic health campus and lifelong wellness destination with locally focused amenities that enhance community prosperity and wellbeing, maximize the site's amazing views, and leverage the beauty of the natural environment."

The master plan study will continue through October 2017. Work on the Long Range Development Plan and the Environmental Impact Report will take place from July 2017 to October 2018, and these key documents will then go to the university's regents for approval in November 2018.

Among the nuggets of information that was announced at the forum was that the Owen

Clossin then opened the floor to public comments.

Suggestions by residents

Chuck Kaminski, a local activist, said that because Owen Clinic is so well-known for its HIV and AIDS treatment, the Hillcrest campus would be a better location for San Diego's proposed AIDS memorial. Currently the AIDS memorial is designated for Olive Street Park, a pocket park proposed in Bankers Hill. A number of community activists are opposed to the out-of-the-way location.

Ann Garwood and Nancy Moors, a couple from Bankers Hill, suggested building a public swimming pool, which would be of great benefit to the entire Hillcrest neighborhood that lacks one. It was even suggested to build and operate a community pool jointly with Scripps Mercy Hospital, which is nearby.

Moors, a founding member of the Hillcrest History Guild, urged "respect for any historic buildings on the campus" and said that "new construction should be complementary to the KenWilliamsSanDiego.

neighborhood." She seconded Kaminski's idea of putting the AIDS memorial on campus, and also spoke about setting aside space for a community garden and for a midweek farmers market to inspire residents to embrace healthy eating.

Roy Dahl, a member of the Uptown Planners and the Uptown Parking District, said he was surprised to see a housing component being considered for the Hillcrest campus. He said the area along nearby Washington Street is zoned for high-density projects. Garwood, though, said she was in favor of putting more density in the area known as the Medical District. Clossin said there is a need for housing for staff and medical students.

A number of speakers were concerned about parking problems throughout the Medical District, where the streets are narrow and some are designed for one-way traffic. Clossin said the Arbor Drive parking structure on the southwest side of the campus eventually would be demolished and planners would build underground parking that was centrally located.

The No. 1 issue for staff is parking," he added. "Most of the parking will be underground, out of sight."

The large parking garage that causes a safety issue along Bachman Drive will be re-evaluated during the update process. Clossin said there may be solutions to the safety problem, such as changing the entrance/exit points or even demolishing the structure.

Other transportation solutions include providing a connection with the trolley at the Fashion Valley Transit Center in Mission Valley; improving existing bus service; and adding retail spaces on campus to cut down on daily trips.

Clossin also cited the need to "brand" the Medical District with signage guiding visitors toward the Hillcrest campus, which is several blocks north of Washington Street.

Speak out

UC San Diego is currently taking public comments on the Long Range Development Plan that will determine the future of the Hillcrest campus. Visit lrdp.ucsd.edu and click on "Hillcrest Campus Long Range Development Plan" to learn more.

-Ken Williams is editor of Uptown News and can be reached at ken@sdcnn. com or at 619-961-1952. Follow him on Twitter at @KenSanDiego, Instagram at @KenSD or Facebook at



The fate of the UCSD Medical Center has not been determined, but is likely to be demolished. (Courtesy of UC San Diego)



Supervisors, Deli

SEAFOOD: Dept.

Clerks

Managers, Cutters/

OFFICE: Chalk Artist

SUSHI: Clerks/Chefs

BULK FOOD: Dept.

Manager, Clerks

JUICE BAR: Dept. Manager, Asst. Dept. Mgr., Clerks

To apply and for a complete listing of available positions visit

http://www.lazyacres.com/employment.html

OR Email your resume to: recruiting@lazyacres.com

Cooks/Chefs, Deli

Clerks, Deli Receiver



BRE #01412706

richtwoods@gmail.com 619.347.9866

COMMUNITY San Diego Uptown News | June 16 - 29, 2017 sdcnn.com

Tennis, anyone?

Famous players got their start in North Park's backyard

Past Matters Katherine Hon

Summer is coming! It's time to go outside and play.

If tennis is your game, maybe you play all year at the Morley Field tennis complex, home of the Balboa Tennis Club (BTC). In that case, you are part of a long history of the club, local players — and the tennis courts themselves.

BTC traces its origins to 1922, when a small group of tennis players raised \$5,000 and cooperated with the city to build six tennis courts next to the present War Memorial Building off Park Boulevard. The site is now part of the San Diego Zoo parking lot.

The San Diego Tennis Association obtained the lease to operate the courts in 1924. The BTC was officially formed in 1939, when their articles of incorporation were drawn up as a public nonprofit with the mission to "foster and develop the game of tennis in San Diego ... and to encourage competitive play with other clubs of this and other communities."

In June 1966, the BTC moved to its current location at Morley Field. In July 1983, the club assumed all operational responsibilities for the complex.

The BTC is strongly involved in the community. In 2012, the club worked with Balboa Naval Medical Center and the San Diego District Tennis Association to host the first annual National Wounded Warrior Tennis Camp with 60 wounded, ill and injured service members and their families from around the U.S.

The North Park Historical the BTC's annual hosting of the North Park Car Show in

the parking lot fronting the tennis courts on the first Saturday after Labor Day. (This year the show will be Sept. 9 from 102 p.m. — save the date!)

The BTC also maintains the San Diego Tennis Hall of Fame, a collection of memorabilia about some of San Diego's most illustrious players.

They include Maureen Connolly Brinker, a tennis phenomenon of the early 1950s who had won three straight U.S. National and Wimbledon titles by the time she was 19. She became the first woman to win a Grand Slam (Australia, France, Wimbledon and the U.S.) in 1953. She broke her leg in an equestrian accident in 1954, which ended her tennis career. She later became a feature writer for the San Diego Union, and met her husband Norman Brinker, a member of the 1952 U.S. Olympic Equestrian Team, on an interview assignment. The stadium court at the Morley Field tennis complex was dedicated to her in 1971.

Maureen Connolly started learning how to play tennis at age 8 on the University Heights Playground courts (now the North Park Recreation Center) near her home on Idaho Street. Her first tennis teacher was Wilbur Folsom, another member of the San Diego Tennis Hall of Fame.

A San Diego native, Folsom graduated from San Diego High School and later San Diego State University, where he earned his teaching credential. He devoted 35 years to helping young people learn tennis, and became known as the "Architect of Tennis



Ben Press and Maureen Connolly, pictured in 1956, were long-time friends and North Park neighbors during their youth. (Courtesy of Ben Press)



The Maureen Connolly Brinker stadium court at the Morley Field tennis complex (Photo by Steve Hon)

a car at Park Boulevard and Meade Avenue. The accident resulted in the loss of his left leg, but that did not affect his passion for tennis or his skill as a teacher. On Oct. 28, 1967, on his 59th birthday, he was honored at Morley Field when Mayor Francis Earl "Frank" Curran declared it to be Wilbur Folsom Appreciation Day for Folsom's service to the community.

Another North Park champion who learned from Folsom was Ben Press. He was a neighbor and friend of baseball great Ted Williams on Utah Street as well as Maureen Connolly. He attended San Diego High School and played varsity tennis at UCLA. He taught tennis for more than 60 years, and some of his students included actors Errol Flynn and Charlton Heston. He served as a tennis pro at the Kona Kai Club, Hotel del Coronado, and Hilton Beach and Tennis Club. He wrote a regular column

about tennis for the San Diego Evening Tribune in the 1970s.

The courts that hosted these luminaries and many other tennis players were initially funded in 1932 as part of a \$300,000 unemployment relief bond approved by the City Council during the Great Depression. The recreation facilities built for about \$70,000 in what is now Morley Field included the swimming pool and clubhouse still at the southern end of Texas Street and eight tennis courts. These facilities opened with other amenities to much fanfare in January 1933. Several courts

were added immediately; by 1966, a total of 24 courts had been built and the tennis stadium court was under construction. The BTC is always implementing upgrades to the complex, including resurfacing courts to blue and changing lights to LEDs.

Morley Field is a unique place to play and celebrate history. So get out there and have some fun!

—Katherine Hon is the secretary of the North Park Historical Society. Reach her at info@northparkhistorv.org or 619-294-8990.*



Wilbur Folsom was honored at Morley Field on Oct. 28, 1967. (Courtesy of Ben Press)



10 San Diego Uptown News | June 16 - 29, 2017 FEATURE sdcnn.com

SOHO honors local community at 35th annua

By Amie Hayes

[Editor's note: Amie Hayes was the emcee for Save Our Heritage Organization's 35th annu $al\ People\ in\ Preservation$ awards ceremony May 18 in the garden at Marston House in Balboa Park. In this edition of San Diego Uptown News, we salute the winners who are connected $to\ the\ Up town\ communities$ as well as Sande Lollis, who photographed the winners at the location of their choice and put together the beautiful poster boards that illustrate this article. The selected words that follow were spoken by Amie Hayes, who is the organization's historic resources specialist, at the ceremony.]

Amie Hayes: Each year we look forward to presenting awards to people who have achieved great success for their preservation goals. The results of their passion, sweat and determination enrich our communities and our individual lives, and will continue to do so into the future.

Town Crier Award

With so much information flying at us every second of the day, focusing on what's important can be a challenge. Experienced journalists know how to present facts and tell relevant stories. Raising readers' awareness about our history and the development of San Diego's built environment is a bit more complicated. $Three\ new spapers -- Up town$ News, Downtown News and Gay San Diego — consistently devote space throughout their print and digital pages to preservation issues, projects, and threats. Entire historic neighborhoods are benefitting from this informative coverage, and many readers are spurred to attend public meetings, write letters to decision makers, and more.

We're fortunate to have two editors who care about our region's heritage and historic preservation at the helm of these popular and influential community newspapers. They have gathered historians, community leaders, museum professionals, artisans, preservationists, and archivists



of the LGBTQ community to write informative articles and persuasive columns on an ongoing basis. Regular readers stand to learn a lot and tend

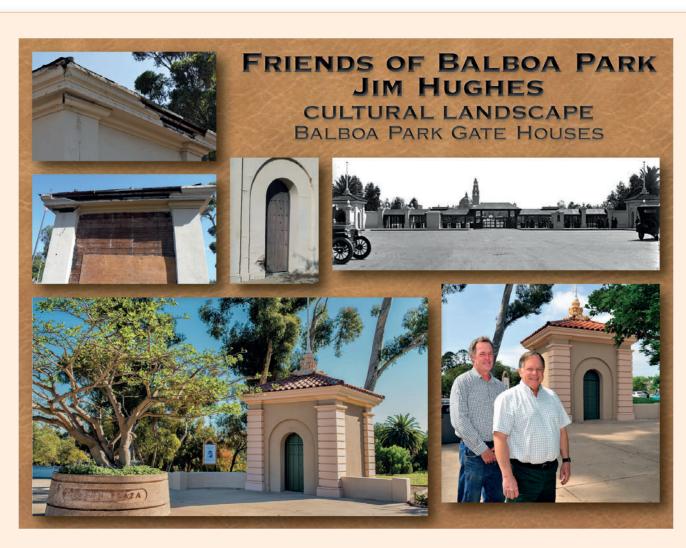
to be moved to act to protect their historic neighborhoods.

For their ongoing commitment to communicating the importance of our heritage

and historic resources, editors Morgan Hurley and Ken Williams of the San Diego Community News Network have earned the **Town Crier Award**.

Other winners

- Historic Arts Restoration & Education Award Bandy Blacksmith Guild of Escondido, an all-volunteer group that works with nonprofits to restore priceless historic artifacts, fittings and hardware. Their projects include the San Diego Maritime Museum's San Salvador, the Escondido History Center's mud wagon and the centennial cannon, a rare survivor from 1870s San Diego now owned by SOHO.
- Historic Arts Restoration & Conservation Award — Bera Stained Glass Studios of San Marcos, for meticulous and sensitive restoration of historic windows at St. Matthew's Episcopal Church in National City, which was built in 1887 and is listed on the National Register of Historic Places.
- Outstanding Public
 Service Award Goes to the city
 of San Diego's dedicated City Clerk
 Elizabeth Maland for San Diego's
 Archives Access and Preservation
 Project, which has made rare publications, documents and maps available to the public online and in person at the city's archives center.
- Adaptive Reuse Award San Diego Housing Commission and its president and CEO, Richard Gentry, for preserving and converting a dilapidated Hotel Churchill, a seven-story historic landmark, into much-needed affordable housing.
- Partners in Preservation
 Award To the city of San Diego,
 Civic San Diego and Westfield LLC
 for restoring Horton Plaza Park —
 designed by influential architect
 Irving Gill to its original 1910 appearance, with paving, furnishings
 and pedestrian access for optimal
 use. The historic Broadway Fountain
 was also restored to its old glory.



Cultural Landscape Award

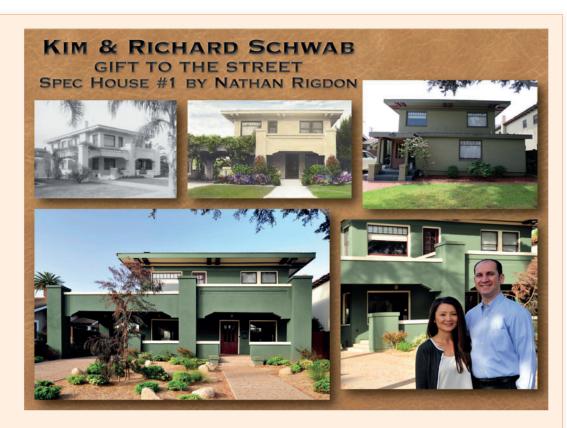
When the Panama-California Exposition opened in Balboa Park in 1915, the main entrance was reached across Cabrillo Bridge from Laurel Street. A gate stretched between a pair of gate houses to control admission. After the expo closed, the gate was removed, but the gate houses continued to stand guard. Closed for decades, the twin sentinels fell into serious disrepair.

Over 18 months, the gate houses were restored to their original appearance. They are now ready to greet visitors throughout the 21st century with new roofs, new stucco and paint, restored wood doors, and replicated missing ornament and flagpoles. Once forlorn and visually lost in the busy park, the gate houses have regained their proper historic stature.

For restoring these Balboa Park landmarks, SOHO honors the Friends of Balboa Park and board member Jim Hughes, with the **Cultural Landscape Award**.

sdcnn.com FEATURE San Diego Uptown News | June 16 - 29, 2017 11

ıl People in Preservations awards ceremony



Gift to the Street Award

A Prairie-style spec house in Mission Hills constructed by master builder Nathan Rigdon had been altered many times over the decades since it was first inhabited in 1916. Its integrity was so degraded that the home didn't qualify as a contributor to the Fort Stockton Line Historic District. The current owners, who bought the house in 2012, realized its potential and set about restoring the main façade.

Two historic photographs of the façade from the 1930s and forensic investigations guided the restoration. The porte-cochère that had been removed in 1960 was restored, and a porch that had been enclosed that same year was reopened. The front

door had been moved; it was restored and returned to its original location. A second-story balcony that had been removed was reconstructed and a 1960 window was replaced with the original balcony door. Failing stucco was covered with historically appropriate new stucco and the front concrete walkway was re-poured and scored with a rectangular pattern seen in the historic photographs.

At this past April Historical Resources Board meeting, the house was designated and now reclassified as a contributor to the Fort Stockton Line Historic District.

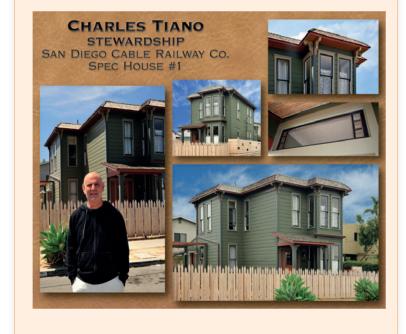
Congratulations to Kim and Richard Schwab on your thoughtful and triumphant restoration! Please accept the **Gift to the Street Award**.

Stewardship Award

A few years after an Eastlake style Victorianera house was constructed Downtown during a brief, late 1880s building boom, the San Diego Cable Railway Company moved it along its line to University Heights. This spec house No. 1 was meant to enhance and increase interest in the more than 100 vacant lots along Adams Avenue that the company was offering for sale. The house was moved again around 1913 to its current location on Adams Avenue.

The owner has rehabilitated this rare survivor of early residential San Diego with care. Standout architectural details include reproduced siding, a period front door with transom window, and reinstalled the home's tall. narrow windows. This rehabilitation is especially important in telling the story of how the city developed stylistically. The owner has since been rewarded by having his home designated historic by the city's Historical Resources Board.

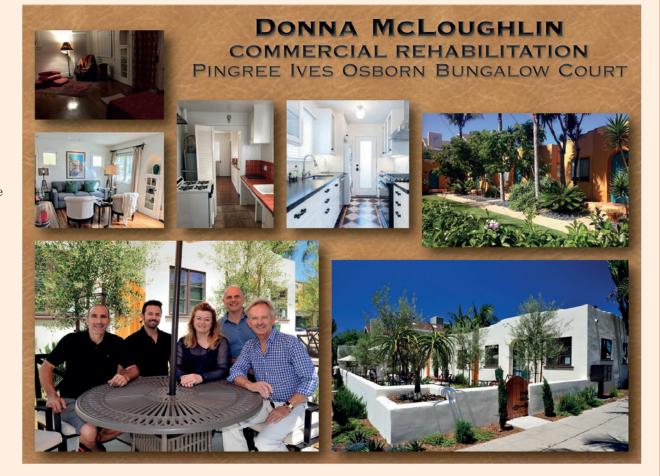
For excellence in a residential rehabilitation, we applaud Charles Tiano, winner of this year's **Stewardship Award.**



Commercial Rehabilitation Award

In 1924, architect and builder Pingree Ives Osburn constructed a Spanish Revivalstyle bungalow half court on a corner lot in Hillcrest. Some 30 years ago, its classic white stucco walls gave way to orange paint. Aluminum-framed sliding windows "modernized," if you will, the place, while screen doors concealed the beauty of the original 12-light, arched front doors. Worse yet, the bungalows were imprisoned in chain-link fence when the current owner bought them three years ago.

On top of all that bad news, the owner had to deal with about 25 years of deferred maintenance. None of this deterred her enthusiasm and vision to transform the bungalows into vacation rental units with historic character married to modern conveniences. She preserved as much of the



1924 fabric as possible, bringing the wood windows back, refinishing and repairing wood floors, trim, and moldings. Working with the original floor plans, her dedicated

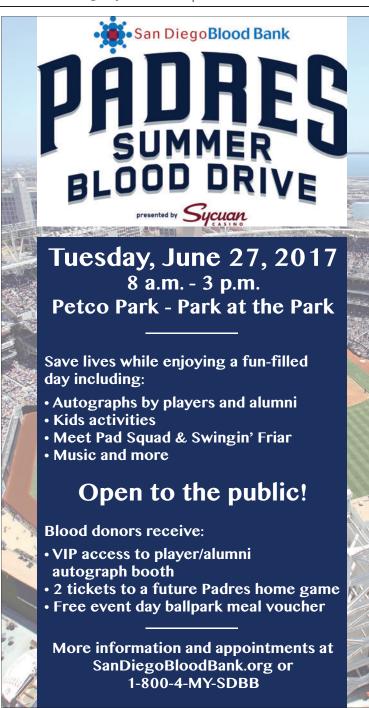
team carved out a galley kitchen, livable bedroom and dining areas, and a spa-style bathroom in each unit. Restored porches and courtyards became outdoor rooms adorned with Spanish-style tiles. The formerly neglected bungalows now form a historic oasis in a lively part of town. And last, but not least, they are a shining example of how to attract heritage tourism.

For this handsome project rich in authentic details, Donna McLoughlin is the winner of the Commercial Rehabilitation Award.

Farewell remarks

Amie Hayes: Congratulations to all our People In Preservation winners! You've enriched our historic buildings, parks and streetscapes; our rare artifacts; our housing options; and our knowledge, through archives and journalism. By restoring and preserving our treasured historic resources vou've made a lasting contribution to San Diego's authentic character and quality of life.

—For more information about SOHO, visit sohosandiego.org.*



Uptown News Community Newspaper

Affordable Ad Rates - Great Results!



For advertising information Call Mike at (619) 961–1958 Mike@sdcnn.com

Oregon's local stronghold

Come On Get Happy!

I was in the mood for beer and pizza but ended up with wine and breadsticks.

Rarely can one escape the intoxicating aromas of cheese, tomato sauce and freshly spun dough emitting from Pizzicato's ovens during business hours. The scent instantly triggered my appetite from a block away, causing me to charge faster toward the place through carpets of fallen, purple leaves from jacaranda trees along the sidewalk.

Pizzicato reportedly began as a "hole in the wall" in Portland, Oregon some 25 years ago. It has since flourished into a franchise that is confined mainly to that state.

Known for using handtossed dough, whole-milk cheeses and locally sourced ingredients whenever possible, the company rolled into San Diego more than a decade ago and does a brisk business. It opened first in Encinitas, and then in Bankers Hill on the ground level of the Laurel Bay housing development.

I ate here several years ago and recall digging the pizza. Craft beers were on the rise at the time and I figured by now they'd be available. Indeed, there are six taps that include Stone IPA, Blazing World by Modern Times, Orange Wit by Coronado Brewing Company and a couple others I like.

Along with wines by the glass, they're \$1 off during happy hour.

But everything changed when I approached the order counter. For starters, there are no deals on pizzas, whole or by the slice. The only food bargains are on appetizers; they're half-price



Pizzicato has operated in Bankers Hill for more than eight years (Photos by Dr. Ink)

and include hummus, caprese salad and artichoke-spinach dip. Those didn't grab me, so I settled for closest thing to pizza — mozzarella-stuffed breadsticks made with the house pizza dough and served with thick, zesty marinara sauce. Not bad.

Then, a vino from Pizzicato's small selection caught my eye, a Chilean cabernet by Root 1 Winery that I fell in love with on a recent dinner outing.

Full-bodied with abundant notes of cherries and plums, it strikes an exceptional match to melted cheeses and robust sauces, thus breathing life into my high-caloric plate of breadsticks. Here, I paid only \$6 for a generous pour in a stem-less globe glass. When out on the town for dinner a few weeks ago I paid \$13 a glass, per that restaurant's expected mark up.

So I came away with a plan for my next visit to Pizzicato of which I'll succumb to paying regular price for pizza while taking lawless advantage of the cabernet — or perhaps the house sangiovese, which costs even less.*

RATINGS

Drinks: TYYY

The drink list is succinct, featuring eight craft beers and six wines that included a well-structured Chilean cabernet.

Food: III

The quality is fine, but the limited choices are generally uninteresting: hummus, artichoke-spinach dip, cheese-filled breadsticks and caprese salad. I vote for pizza slices to be added to that list.

Value: TTTT

Appetizers are half-off during happy hour, although you save only \$1 on drafts and wine.

Service: TTTTT

The friendly employee at the front counter was adept at multi-tasking, taking food and drink orders and serving them while keeping the dining room very tidy.

Atmosphere: 1111

Pumpkin and avocado wall colors add style to a clean, minimalist design marked by large front windows, polished concrete floors and blonde-wood booths.

Pizzicato

2420 Fifth Ave. (Bankers Hill)

619-232-9000 pizzicatosd.com

Happy hour: 4 to 6 p.m., Monday through Friday



Decent prices are offered on wines by the glass during happy hour at Pizzicato in Bankers Hill.

sdcnn.com San Diego Uptown News | June 16 - 29, 2017 13





Pork belly with raspberry pico and black bean puree at The Kettle Room (Photo by Rocio Fleckenstein)

A fine-dining "restaurant" with a speakeasy feel is up and running in the back of **Ballast Point's** Little Italy tasting room. Known as **The Kettle Room**, it seats 25 to 30 guests and reservations are required.

Chefs Rocio Fleckenstein and Devin Woodall oversee a four-course menu featuring seasonal appetizers, salads, entrees and desserts. Diners can order al a carte or opt for prix fixe meals priced at \$55 or \$75 with beer or wine pairings.

"It's an elevated dining experience compared to our other locations and we use a lot of our research and development beers for the pairings, which we only brew here," Fleckenstein said.

The Kettle Room operates from 6–10 p.m. Wednesday through Sunday. 2215 India St., 619-255-7213, ballastpoint.com.



Bull & Grain's new pasta-free eggplant lasagna (Photo by Simon Wolujewicz)

New and recreated dishes at Bull & Grain have been introduced in the wake of Chef Daniel Barron's departure from the Hillcrest restaurant. Owner Simon Wolujewicz said a new executive chef will be announced "in the next month or two," and that his kitchen staff has since added to the menu items such as gluten-free eggplant lasagna without pasta and hanger steak with blue cheese-peppercorn sauce. Common desserts with boozy twists have also come into play such as tiramisu incorporating whiskey and strawberry cream; chocolate lava cake with fresh mint and mint liqueur; and crème brulee with dark rum.

Also, happy hour now features \$6 craft cocktails from 4 to 6 p.m. Tuesday through Friday; and half-price cocktails from 3 to 6 p.m. on Saturdays. 1263 University Ave., 619-546-9122, bullandgrain.com.



The fast-casual Taco Stand is coming to North Park (Photo by Julian Hakim)

Famous for its spit-roasted pork (al pastor) and spicy shrimp tacos, **The Taco Stand** will replace **Tacos Perla** in North Park this summer, marking the company's fifth location since opening in La Jolla four years ago. The other locations are in Downtown, Encinitas and Miami.

Co-owner Julian Hakim expects the North Park operation to open in August, adding that it will feature the same menu as the other locations. 3000 Upas St., letstaco.com.

French kitchen **Café Bleu**, which originated in Hillcrest and moved to Mission Hills several years ago, has closed. The bistro's owners posted the notice recently on Facebook, stating in part: "It just now happens to be our time to move on to the next adventure. But stay tuned, if the right opportunity presents itself you just might see a Café Bleu opening up near you." 807 W. Washington St.

After serving Sicilian and Italian cuisine in Hillcrest for more than 30 years, the Busalacchi family has closed **A Modo Mio**, which opened six years ago at *3707 Fifth Ave.*, one block down from its original **Busalacchi's** restaurant. The latter sprung onto the scene in 1986 and shuttered shortly before A Modo Mio was launched.

In a letter issued by the family, it states the decision to close "didn't come easily, we felt it was the right thing to do for the continued growth of our family business."

Three restaurants in the Busalacchi restaurant group remain: **Barbusa** is its newest and the two others — **Trattoria Fantastica** and **Café Zucchero**, all three in Little Italy — are currently under renovation and due to reopen in August or September. barbusa.com.

The loading docks and stock rooms at all locations of **Barons Markets**, including those in North Park and Point Loma, will soon be utilized for pairings of food from the stores with beers by **Mike Hess Brewing Company**.

The annual event is a fundraiser for the San Diego Food Bank and will be held company-wide from 6–8 p.m. Wednesday, June 21. Pairings include the "green goddess" spring salad with 8 West Orange Honey Wheat, curry chicken skewers with Grapefruit Solis IPA, and more.

Tickets are \$15 per person and can be purchased through eventbrite.com under "Barons back room beer pairing." Guests must be 21 years or older. 3231 University Ave. and 4001 W. Point Loma Blvd., 619-814-5555.



Soda & Swine is taking part in the upcoming Taste of Liberty Station (Courtesy Liberty Station Community Association)

With its growing number of tenants, the time has come for the first annual **Taste of Liberty Station**, which will spotlight nearly two dozen restaurants and beverage vendors doling out samples within the historic compound. Resident art galleries will also be open for attendees to explore. The event, which also features live music and a bubbly garden, will be held from 5–9 p.m. Wednesday, June 21.

Participating restaurants include Fire by the Patio, Slater's 50/50, Soda & Swine, Dirty Birds, Solare Ristorante, Point Loma Tea, Tender Greens, the newly opened Officine Buona Forchetta and more.

Admission is \$30 for all food samples (\$40 day of the event) and \$15 for entrance into the bubbly garden, which includes three tastings of sparkling wines for guests 21 years and older. Advance tickets can be purchased through the website: libertystation.com/events. 2851 Dewey Road.

—Frank Sabatini Jr. can be reached at fsabatini@san.rr.com.❖

REACH SAN DIEGO'S LGBT COMMUNITY!



Pride Guide 40,000 Copies

- Your ad appears in BOTH Gay San Diego (7/7)
 & SD Uptown News (7/14)
- Pride Guide inserted as a Second Section in Both Newspapers
- Two newspaper buy 40,000 copies
- Low cost per thousand
- Door-to-door to 13,000 homes
- Over 400 drops in high traffic locations

Space Reservation Deadline: June 28th



POCKET GUIDE 10,000 Copies

POCKET GUIDE FEATURES:

- Beautiful, glossy, 4x9" complete guide to this year's Pride festival.
- Handy, easy-to-read and easy-to-carry during festival.
- 10,000 copies handed out at the Pride Festival
 Parade and high traffic locations around town.
- Includes schedules, events, photos and Pride feature articles.

Space Reservation Deadline: July 5th

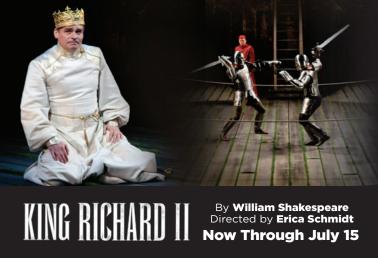
To advertise, call (619)961-1958 or sales@sdcnn.com



By Molière Adapted by Fiasco Theater Directed by Jessie Austrian and Noah Brody

> Final Weeks! Must Close July 2







(619) 23-GLOBE (234-5623) www.TheOldGlobe.org

From top: The cast of *The Imaginary Invalid,*Robert Sean Leonard, Tory Kittles, James Joseph O'Neil, and Ian Lassiter. Photos by Jim Cox.

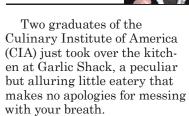




THE POWER OF GARLIC

Restaurant Review

Frank Sabatini Jr.



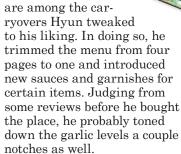
Garlic in one form or another finds its way into about 75 percent of the dishes across an American-Asian menu from which you'll discover steamed burgers, the item that mainly led me here because of its obscurity — at least within San Diego.

"Steamed burgers are becoming a thing and we were the first and maybe still the only place locally that has them," said David Hyun, who purchased Garlic Shack earlier this month from its original owner and brought in fellow CIA alum Connor J. Sterphone as assistant chef.

owner and brought in fell CIA alum Connor J. Ster as assistant chef. The steamed burgers and other dishes such as "spicy bomb" french fries, garlicky meatballs and zesty Koreanstyle beef

and other dishes such as "spicy bomb" french fries, garlicky meatballs and zesty Koreanstyle beef sandwiches and

Chicken pot stickers



Even a bucket of "wet" french fries studded with sweet, crumbled garlic and cooked to a pleasant well-done crisp didn't necessarily send us running home to our toothbrushes right after eating them. A glass of craft beer or bottle of Kickapoo soda will effectively cleanse your palate.

Garlic Shack's atmosphere is more cohesive than its menu. It is indeed a shack, but with claytile flooring, a semi-open kitchen and a decent outdoor patio.

The walls are goth-y black, except for one that's paneled in corrugated metal. Hovering over the tight cluster of wooden-bench tables are pro-garlic statements scrawled in chalk. One of them reads: "See what happens when you eat garlic on an empty stomach."

We did and couldn't figure out the answer except to say we filled up quickly from the generous food portions.

While plowing through the wet fries, we also savored an appetizer of chicken pot stickers



Steamed burger

with Muenster

cheese

made lovable by the accompanying ginger-pineapple dipping sauce. Titillating hints of garlic resided somewhere in the dish.

Then the steamed burger and "K-beef" sandwich arrived. Both were monstrous in size. Hyun explained that the burgers are cooked in a stockpot with broth and then finished on the grill under metal steamers just until the Muenster cheese on top melts.

Though lacking caramelization and color, the patty was exceptionally moist and adopted meek garlic flavor from the "house spread" smeared inside the bun. My only complaint was the excessive amount of wilted spinach bursting out of all sides, which created textural redundancy to the much-softened puck of meat.

Our second sandwich featured a concentration of flavorful sliced beef, similar to bulgogi but accented with Provolone cheese and grilled peppers and onions. Think of it as a Korean cheese steak fully wrapped in nice bread and with the additions of crispy bean sprouts and a little of the garlic spread.

Customers can also opt for spicy pork in the sandwich or request most of the menu's proteins in rice bowls or noodle soup instead.

Other dressed-up dishes include a soft shell crab burger, turkey sliders, poutine, and an over-the-top bratwurst dog bedded with sauerkraut, mozzarella, grilled onions, a fried egg and spicy mayo and mustard. Maybe next time, maybe never.

Garlic Shack's sweeter offerings include frozen macarons by Brick, various craft sodas and free parking in a modest-size lot next door.

—Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press), and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. Reach him at fsabatini@san.rr.com.*

Garlic Shack

549 25th St. (Grant Hill)

619-551-4388

Prices: Finger foods, \$3.75 to \$7; sandwiches, burgers, bowls and soups, \$5 to \$15

taste of Adams Avenue



Vendors include:

- **Automatic Brewing Co.**
- **Beerfish**
- **Blackmarket Bakery**
- **Blind Lady Ale House**
- Café 21 University Heights
- Café Cabaret
- **Ceviche House**
- Chi Extraordinary Kitchen
- Chris' Ono Grinds **Island Grill**
- Clem's Tap House
- **Cucina SORELLA**
- **Daofu Restaurant**
- DiMille's Italian Restaurant
- Dos Palmas Café
- El Zarape Mexican Eatery
- **El Zarape Restaurant**
- Et Voila French Bistro
- **Fall Brewing Company**
- Grains
- **Hawthorn Coffee**
- The Haven Pizzeria
- The Incredible Cheesecake Company
- Kensington Café
- Lestat's Coffee House
- **Liquid Eden Holistic** Center
- **Little Miss Brewing**
- **Living Tea**
- Moosie's Ice Cream
- Nozaru Ramen Bar
- **Pappalecco**
- Ponce's Mexican Restaurant
- The Rabbit Hole
- Rosie O' Grady's
- Sabuku Sushi
- San Diego Poke Company
- **Senor Mangos**
- Soda & Swine
- **Stehly Farms Market** Kensington
- Tajima
- Twiggs Bakery and Coffeehouse
- Village Vino
- Viva Pops

Tickets can be purchased online at tasteofadams. com for \$35 in advance or will cost \$40 on the day of the event at the will call at Smitty's Auto, located at 3441 Adams Ave. All tickets must be picked up at will call and will not be emailed.

FROM PAGE 1 **TASTE**

"We feature a diversity of restaurants, coffee houses, breweries, wine bars and oneof-a-kind eateries in one of San Diego's most celebrated communities," said Scott Kessler, executive director of the business group. "We make sure to feature businesses that are new to Adams Avenue as well."

New vendors this year include Grains, Living Tea, Tajima, Nozaru Ramen Bar and San Diego Poke Company.

About 1,000 foodies attended Taste of Adams Avenue last year.

"We're expecting a lot of people coming in to try our food," said Napatr Chayodom, manager of Grains, located at 221 Adams Ave. "We're hoping to see a lot of new faces that would potentially later on become our customers.'



Vegetarian or vegan? Don't fret. Grains, Viva Pops, Senior Mangos and Living Tea are all vegetarian/vegan friendly, and many traditional vendors will also have vegetarian options.

And if you're looking to revisit some of your favorites, many places like Ponce's Mexican Restaurant, located at 4050 Adams Ave., and Soda & Swine, located at 2943 Adams Ave., will be returning this year.

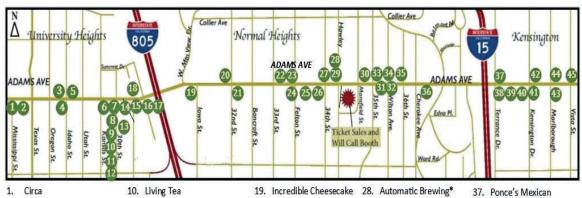
"Typically we get a lot of our customers from the neighborhood we're in," said Alison Horn, manager of Black Market Bakery, located at 4686 30th St., which made its Taste debut last year. "What I like about Taste of Adams, it seems like there are a lot of people coming from outside neighborhoods. It's cool to get to know people who aren't necessarily our neighbors."

The Adams Avenue Business Association, founded in the early 1980s, is a nonprofit corporation that partners with property owners, local businesses, public and government agencies, as well as private companies operating in the Adams Avenue area. Its purpose is to boost the neighborhood economy as well as bring others to the area.

"Taste of Adams helps us continue our mission of promoting and revitalizing the Adams Avenue business corridor," Kessler said.

Food-lovers can use a free trolley service along the route as well as walk or bike.

-Jess Winans is an intern with San Diego Community News Network. You can reach her at jessicamwinans@gmail.com.*•



- 1. Circa
- Grains
- Café 21
- Chi Extraordinary Kitchen
- Twiggs Bakery 5.
- Beerfish
- Soda & Swine
- Blackmarket Bakery Ceviche House
- 10. Living Tea
- 11. Fall Brewing* 12. Chris' Ono Grinds
- 13. Señor Mangos 14. Et Voilà French Bistro
- 15. Tajima
- 16. Hawthorn Coffee
- 17. Sabuku Sushi 18. El Zarape Mexican Eatery
- 19. Incredible Cheesecake 28. Automatic Brewing*
- 21. El Zarape Restaurant
- 22. Viva Pops
- 23. Dao Fu
- 24. Lestat's Coffee House
- 25. Nozaru Ramen Bar
- 26. The Rabbit Hole 35. Dos Palmas Café 27. Rosie O'Grady's 36. Café Cabaret
- 29. Blind Lady Ale House 20. Liquid Eden
 - 30. Dimille's Italian 39. cucina SORFLLA

32. San Diego Poke Co.

33. Little Miss Brewing*

34. Subway

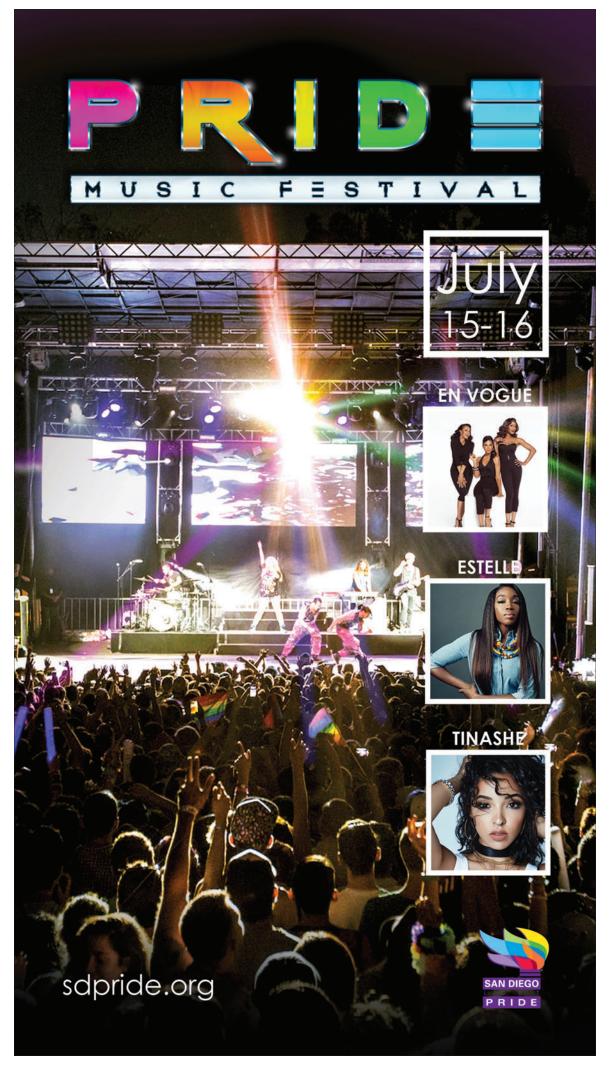
- 31. Moncai Vegan 40. Moosie's Ice Cream

 - 41. Village Vino

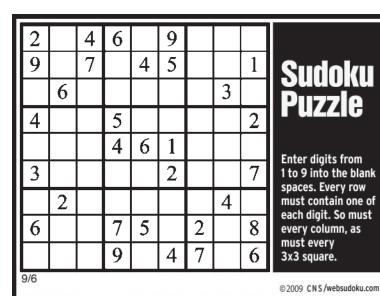
38. The Haven Pizzeria

- 42. Clem's Tap House*
- 43. Kensington Café
- 44. Stehly Farms 45. Pappalecco

*Additional charge for beer tasters/21+ up only



Puzzles Sponsored by: RICHARD WOODS 619-347-9866 CA DRE #: 01412706 www.WoodsRealEstateServices.com



Puzzle answers on page 17

Uptown Crossword

Toe Hold

1	2	3	4	5	6	7		8	9	10	11	12	13	14
15								16						
17								18						
19				20			21				22			
			23				24			25				
26	27	28				29				30	31	32	33	34
35					36				37					П
38				39				40						
41							42				43			
44						45				46				
				47	48				49					
ъ0	51	52	5 3		54			55				Эć	5/	58
59				60				61			62			П
63								64						
65								66						П

CREATORS NEWS SERVICE

ACROSS

1 Flattery 8 Point on Martha's Vineyard

15 A flower's petal envelope 16 Fifty states

17 Of the skull 18 Went up in steam

19 Gourmet dish to some 20 Filch

22 Roman tyrant 23 Japanese money

24 Tree genus 26 Covered with ceramics

29 Lettuce

30 Fine fabrics 35 Silkworm

36 Karate adjunct 37 Lady, in Durango 38 Natty Bumppo

41 Subject to intense heat

42 Income 43 Region

44 Peruses 45 Long time 46 Garb

_ Bay, Sweden 49 __ culpa 50 Certain progenitor

54 The _ : Oregon town

56 Light blow 59 Ennui 61 Sweet

63 Effacement Buddhism

65 Man from Raleigh 66 ___ table

DOWN

1 Behold, à la Pilate 2 In days of

3 Of a period 4 Succeeded

5 Wing-footed 6 Done in 7 Corridor

8 Mallets 9 To love: It.

10 Slang affirmative 11 Czech river

12 Island republic

13 Tree genus 14 Pedestal part 21 Ottoman

23 At ease

25 Man's nickname 26 Pertaining to tissue

By Charles Prestor

27 Miss Dunne 28 Vine

29 Dining or smoking 31 Middle East capital

32 Figured silk 33 White-tailed birds

34 Tales 64 Spiritual perfection in 36 Honey, in pharmacy 37 Red or white

39 Mixture 40 Shade of brown

45 Gloss 46 Abandon 48 Idolize

49 Means of communication

50 Encourage 51 Girl's name 52 Moroccan Iree 53 Net

55 Auld Syne 56 Iranian coin of Cleves 57

58 Money, for Uncas 60 Owing

62 Timetable abbr.: var.

Puzzle answers on page 17

Classifieds

AUTOS WANTED

CARS/TRUCKS WANTED!!! All Makes/Models 2000-2016! Any Condition. Running or Not. Top \$\$\$ Paid! Free Towing! We're Nationwide! Call Now: 1-888-985-1806

A-1 DONATE YOUR CAR FOR BREAST CAN-CER! Help United Breast Foundation education, prevention, & support programs. FAST FREE PICKUP - 24 HR RESPONSE TAX DEDUCTION 855-403-0213

CARS/TRUCKS WANTED!!! All Make/Models 2000-2015! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-416-2330.

AUTOMOTIVE

Thinking of buying a new or used car? Call to get current promotional pricing and local dealer incentives for free. No hassle. No obligation. Call: 855-390-3747

EDUCATION/CAREER TRAINING

25 DRIVER TRAINEES NEEDED NOW! Earn \$1000 per week! Paid CDL Training! STE-VENS TRANSPORT COVERS ALL COSTS! 1-877-209-1309 drive4stevens.com

AIRLINE MECHANIC TRAINING - Get FAA certification. Approved for military benefits. Financial Aid if qualified. Job placement assistance. Call Aviation Institute of Maintenance 888-686-1704

HEALTH & FITNESS

VIAGRA 100MG and CIALIS 20mg! 50 Pills \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 1 -866-312-6061 **Hablamos Espanol**

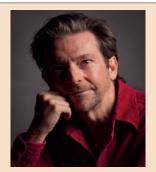
VIAGRA 100MG and CIALIS 20mg! 50 Pills + 10 FREE. SPECIAL \$99.00 100% guaranteed. FREE Shipping! 24/7 CALL: 1-888-223-8818 Hablamos Espanol.

EMPLOYMENT

PAID IN ADVANCE! Make \$1000 Weekly Mailing Brochures From Home! NO Experience Required. Helping home workers since 2001! Genuine Opportunity. Start Immediately! www.Mailing-Pros.Net

MEDICAL

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace at little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-844-502-1809



MICHAEL KIMMEL

Psychotherapist

Author of "Life Beyond Therapy" in Gay San Diego 5100 Marlborough Drive San Diego CA 92116 (619)955-3311 www.LifeBevondTherapv.com

BXTM ATTENTION SMOKERS

New product hits the market which will

win the fight against COPD. Smokers

can now stop smoking with TBX™

More effective than the Patch and Gum

#1 Choice by Smokers Fast-Acting

88% Success Rate vs 4% combined

success rate of the patch & gum!

Clinically Proven: REGISTERED 69305-0001-01

New England Journal of Medicine

No Side Effects or Withdrawals

Just \$1.67 per day (based on a r

SAVE THOUSANDS ON SURPRISE COST-LY HOME REPAIRS!! With Nations Home Warranty we pay 100% of covered Home repairs! CALL FOR A FREE QUOTE

TODAY!! 877-279-3904

OXYGEN - Anytime. Anywhere. No tanks to refill. No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit: 844-558-

FREE MEDICARE SUPPLEMENT QUOTES! Top providers. Excellent coverage. Call for a no obligation quote to see how much you can save. Toll free: 855-899-

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150 FREE shipping. NO prescriptions needed. Money back guaranteed! 1-877-743-5419

FREE VIAGRA PILLS 48 PILLS + 4 FREE! VIAGRA 100MG/ CIALIS 20mg Free Pills! No hassle, Discreet Shipping. Save Now. Call Today 1-888-410-0514

TRAVEL/MISCELLANEOUS

Valentine's Getaway! 4-Day Bahamas Cruise on Carnival Liberty Sailing 2/11/18 from Port Canaveral. Inside \$363.55pp Balcony \$483.55pp, including taxes & port fees. \$150pp Deposit by 7/10/17 to secure a \$50 Cabin Credit!! Call NCP Travel 877-270-7260.

MISCELLANEOUS

Comcast Hi-Speed Internet -\$39.99/mo (for 12 mos.) No term agreement. Fast Downloads!

PLUS Ask About Our Triple Play (TV-Voice-Internet) for \$89.99/mo (lock in 2 years!) CALL 1-844-714-4451

DISH SPECIAL! Stop paying for channels you don't watch! Starting at \$39.99/mo. FREE Next-Day Installation + FREE \$50 giftcard with signup courtesy of Satellite-Deals Call 866-620-9429

HERO MILES - to find out more about how you can help our service members, veterans and their families in their time of need, visit the Fisher House website at www.fisherhouse.org

Lung Cancer? And Age 60+? You And Your Family May Be Entitled To Significant Cash Award. Call 866-428-1639 for Information. No Risk. No Money Out Of Pocket.

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-888-909-9905 18+

Spectrum Triple Play TV, Internet & Voice for \$29.99 ea. 60 MB per second speed No contract or commitment. We buy your existing contract up to \$500! 1-855-652-

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-217-

Dish Network-Satellite Television Services. Now Over 190 channels for ONLY \$49.99/mo! HBO-FREE for one year, FREE Installation, FREE Streaming, FREE HD. Add Internet for \$14.95 a month. 1-800-718-1593

Make a Connection. Real People, Flirty LiveLinks. Try it FREE. Call NOW: Call 1-877-737-9447 18+

Social Security Disability? Up to \$2,671/ mo. (Based on paid-in amount.) FREE evaluation! Call Bill Gordon & Associates. 1-855-376-6502. Mail: 2420 N St NW,

TBX-FREE

Washington DC. Office: Broward Co. FL., member TX/NM Bar.

CASH PAID for unexpired, sealed DIA-**BETIC TEST STRIPS! 1 DAY PAYMENT &** PREPAID shipping. HIGHEST PRICES! Call 1-888-776-7771. www.Cash4DiabeticSupplies.com

CASH FOR CARS: We Buy Any Condition Vehicle, 2000 and Newer. Nation's Top Car **Buyer! Free Towing From Anywhere! Call** Now: 1-800-864-5960.

HughesNet: Gen4 satellite internet is ultra fast and secure. Plans as low as \$39.99 in select areas. Call 1-855-440-4911 now to get a \$50 Gift Card!

Cut the Cable! CALL DIRECTV. Bundle & Save! Over 145 Channels PLUS Genie HD-DVR. \$50/month for 2 Years (with AT&T Wireless.) Call for Other Great Offers! 1-855-781-1565

Social Security Disability? Up to \$2,671/ mo. (Based on paid-in amount.) FREE evaluation! Call Bill Gordon & Associates. 1-855-498-6323. Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL., member TX/NM Bar.

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-844-722-7993

MOTORCYCLES

WANTED OLD JAPANESE MOTORCYCLES KAWASAKI Z1-900 (1972-75), KZ900, KZ1000 (1976-1982), Z1R, KZ 1000MK2 (1979,80), W1-650, H1-500 (1969-72), H2-750 (1972-1975), S1-250, S2-350, S3-400, KH250, KH400, SUZUKI-GS400, GT380, HONDA-CB750K (1969-1976), CBX1000 (1979,80) CASH!! 1-800-772-1142 1-310-721-0726 usa@classicrunners.com

WANTED TO BUY

CASH PAID- up to \$25/Box for unexpired, sealed DIABETIC TEST STRIPS. 1-DAYPAYMENT.1-800-371-1136

Cash for unexpired DIABETIC TEST STRIPS! Free Shipping, Best Prices & 24 hr payment! Call 1-855-440-4001 www. TestStripSearch.com. Habla Espanol.

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co. 80201

ADVERTISE to 10 Million Homes across the USA! Place your ad in over 140 community newspapers, with circulation totaling over 10 million homes. Contact Independent Free Papers of America IFPA at danielleburnett-ifpa@live.com or visit our website cadnetads.com for more information

Reader Advisory: The National Trade Association we belong to has purchased the above classifieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer employment but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home. Under NO circumstance should you send any money in advance or give the client your checking, license ID, or credit card numbers. Also beware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does business only over the phone it is illegal to request any money before delivering its service. All funds are based in US dollars. Toll free numbers may or may not reach Canada.

Make Your Vehicle An Ad Space And Earn \$300 Wkly.

Earn tip to \$300 wkly when drive your vehicle with an Ad on it. Vinyl graphic sheets are installed for free by the Advertiser and you earn extra \$300 by just driving to your normal routine places.

Contact:

Conceptcarwrap@gmail.com or text (305) 501-0507 to apply.

DirtCheapDemo.com "We are honored to destroy your investment."

DEMOLITION

SERVING S.D. SINCE 1967 SPECIALISTS. **SALES & EXCHANGES**

APARTMENTS • OFFICE BUILDINGS · COMMERCIAL · LEASING · FEE COUNSELING • RESORT PROPERTIES ANYWHERE

GEORGE JONILONIS

"The Estate Builder" 619-454-4151

gionilonis@att.net Fax 760-431-4744

MILLWORK



& Gardens Craftsman - Victorian

Spanish Revival 619-443-7689

WVDMillwork.com License #919946

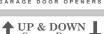
PLUMBING

AFFORDABLE PLUMBER / DRAINS 619-231-6670

ALWAYS Free Estimates At BBB Senior & Military Disc. 40 Yrs L#696549

CONTROL AND MONITOR YOUR **GARAGE DOOR OPENER FROM YOUR SMARTPHONE**





TUP & DOWN Garage Doors 619-464-0116

Clopay 186 Commercial St., La Mesa, CA 91942



COMPUTER / IT SUPPORT



INVESTMENT

INVESTMENT PROPERTY

REAL ESTATE PROBLEM SOLVING

PAINT SPECIALISTS



Call Brian Burchard 619.886.1229

PSYCHICS



Readings by phone Be a part of something great. Connect with your fate and explore your happiness. Get grounded advice from a

true professional.

Call (855) 706-1212

TAX CONSULTANT

Renee Differ

Registered Tax Preparer

Individuals & Businesses Rentals & Investments Reporting Bookkeeping & Payroll Processing **Notary Public**

Experienced & Professional reneediffer@cox.net 619-516-0400

YOUR AD HERE



PUZZLE SOLUTIONS

Sudoku Puzzle from page 16

9	I	L	Þ	7	6	ε	ς	8
8	6	7	ε	ς	L	Ţ	†	9
ε	†	ς	9	8	Ţ	6	7	L
L	ς	t	7	6	8	9	Ţ	٤
6	8	ε	Ţ	9	7	7	L	ς
7	9]	L	ε	ς	8	6	†
†	3	6	8	L	7	ς	9	I
Ţ	7	9	ς	7	ε	L	8	6
ς	L	8	6	Ī	9	7	ε	7

Toe Hold Crossword from page 16

_	_	_	_	_	_	_		_		_	_	_	_	_
	Ξ	П	3	1	A	ດ		רן] =	Э	Η	Ы	A	T
A	Ν	A	Λ	Я	Т	Ν		Ξ	ਬ	U	S	A	В	3
]	Ν	-	7	3	а	A		Ν	O	ā	\exists	Н	O	8
d	٧	ਬ		S	3	\neg	٦	٧	a		Ν	٧	Q	٧
	_	_	A	3	Ν	_	0	Z	A	Н	_	_	_	_
S	S	I	ਬ	Q		Ν	0	Э		S	a	٧	ⅎ	ਬ
A	3	Н	Α		Х	Α	Ι		٦	٧	ⅎ	Ν	Ν	A
Ð	Ν	Т	К	О	0	\perp	S	Я	3	Ι	1	A	Ξ	П
A	Œ	0	Ν	3	Ş		T	≯	Ν		Þ	Τ	ш	3
S	Ξ	Ν	٧	٦		S	0	0		a	∃	٦	-	Ι
				٧	П	٦	0		Ν	3	S			
О	Я	∃	Ν		Н	3	п	٦	Τ	d		٦	Ξ	3
a	3	Я	0	d	A	Λ			٧		Ν	٧	Я	0
A	Э	Т	Я	3	Ν	A		A	٦	П	0	ਬ	O	Э
а	Þ	∃	Н	У	Þ	Ω		Η	S	Þ	٨٨	Э	У	3

CAREGIVING

the house?

Cooking Lite Housekeeping nship • Grocery Shopping

Call Rose (720) 839-7958

Call or Click Today! NO COMMITMENT. NO HASSLE. 619.713.7422 TheComputerAdmin.com

INVESTMENT

COMPUTER REPAIR

 \bigcirc

COMPUTER

Remote + On-Site Assistance

✓ Network + Disaster Planning

№ Preventative Monitoring

PC and Mac Support Managed Backup Solutions

✓ VoIP + Phone Systems

FOR SALE

LIQUOR LICENSE **TYPE 21**

for San Diego County \$700,000

Serious Buyers Only

10% Non-Refundable Deposit Required

email: abcliquor92@yahoo.com

POWER WASHING



\$90 Single Story \$140 Two Story

We also do Patios, Decks, Driveways, Walkways, Gutters, Awnings, Garages, HOA, Mobile Homes

619-460-8177 sdklean.com

STUCCO

RE-STUCCO & INTERIOR PLASTERING SPECIALIST

REPAIRS • DRYWALL LICENSED, BONDED C35 #694956

CLEAN • RELIABLE REASONABLE AFFORDABLE



30 YRS. EXPERIENCE ALL WORK GUARANTEED PLEASE CALL ARLEX

619 846-2734

Call David

619-961-1951 David@sdcnn.com

News Network

Call Annie Today to Advertise



Do you need help around

Caregiver of San Diego County

MOVING

COLEMAN

7 DAYS A WEEK | FREE ESTIMATES 619.223.2255

FROM PAGE 1

FUNDRAISER

to angel and magical. All ex-

pressed the impact Jamie had

that Elene, with the support

continued to host a birthday

celebration every year since

then. The first few years,

through the San Diego

the birthdays were private

Foundation called "Jamie's

Joy" had been set up in 2003,

and the birthday month or cel-

ebration often correlated with

But in 2008, on what would

have been Jamie's 13th birth-

day, the focus shifted. Just as

13 can be a changing point in

a young man's life, so Elene

should have a change as well

The event became a public

felt that the celebrations

an expansive change.

celebration, and broadened

its fundraising and aware-

ness scope. Silent auctions,

kids' activities — it has just

kept growing. The celebra-

tions even got the attention

of public officials such as

mayors, district attorneys

and Assembly members. Past

have included Bob Filner when

he was mayor, Toni G. Atkins,

Todd Gloria and Mara Elliott.

guests of Jamie's Joy events

concerts, lots of food and

a letter-writing campaign or

donation to a local charity

through the fund.

occasions. A memorial fund

of her family and friends, has

made in the world around him.

It was such a special time

VISA CO E

PET CARE

Loving Pet Care at Your Home DOG WALKING PET VISITS



(619) 295-6792

TAX PREPARATION



Free review of last year's taxes Payment options - pay with your refund! New customer discounts; Referral bonuse: Self-employed; Uber and Lyft drivers welcon EIC - Ele & Direct Deposit for a fast return!

Mieko Sunbury: Enrolled Agent Phill Sunbury: CTEC Certified tax prepare sunburytaxprep@gmail.com 619-738-1040

WOOD WORKING

Craftsman Wood Refinishing STRIP • STAIN • VARNISH

I'S WOOD THAT MAKES THE BUNGALO Michael Good 619-291-3575

Call Mike Today to Advertise!

Mike Rosensteel



Annie Burchard (619) 961-1955



Kids have fun at annual fundraiser. (Courtesy of Jamie's Joy) Hope for

Elene's perspective on grief:

the hurting

- Grief is not an either/or, it is both/and. It is bitter AND sweet. You can be broken AND happy.
- Be willing to work through the grief process – don't numb or circumvent that through a physical or material fix.
- Don't allow others to "ping pong" you with well-meaning platitudes or ignorant statements. Trust your own process, regardless of how it differs from someone else's concept.
- Do reach out to people who have been through similar losses (for Elene, the support group Compassionate Friends was a lifesaver)

Charities benefitted have always reflected Jamie's character and what would have been his current age group. The Tariq Khamisa Foundation, one of the recipients, educates and inspires middle-school students in principles of compassion, forgiveness and peacemaking in support of safer schools and communities.

see Fundraiser, pg 19

Featuring San Diego's best collection of hard to find international magazines! We also carry all your favorite local & national publications, as well as souvenirs

snacks and lotto tickets 529 University Ave.- Hillcrest (619) 260-0492

Your amazing ad can be here!

Uptown News

MIND MASTERS



Do you have your own business?

Could you use some support to help you set, reach and add vision to your goals?

The Mind Masters program assists business owners to harness the power of success.

Call to schedule a FREE Strategy Session

858-467-9091 www.MindMasters.com

18 San Diego Uptown News | June 16 - 29, 2017 Uptown News | sdcnn.com

UPTOWN CALENDAR

FEATURED EVENTS

Solace San Diego's Surgery Prep Workshop

Friday, June 16

Get information about surgery preparation and healing at Solace San Diego workshop based on Peggy Huddleston's Prepare for Surgery, Heal Faster method. Free. 6-7 p.m. Adams Avenue Integrative Health, 3239 Adams Ave. in Normal Heights. RSVP at solacesandiego@gmail.com or 619-546-4806.

U.N. International Day of Yoga

Saturday, June 17

Pilgrimage of the Heart Yoga Studio offers a one-day festival of free yoga classes to celebrate the International Day of Yoga. Registration required. 8 a.m.-3 p.m. at 1900 Presidents Way, President's Way Lawn in Balboa Park. Visit bit.ly/2s7M7DG.

Juniper Canyon Enhancement Workshop and Field VisitSaturday, June 17

Help San Diego Canyonlands volunteers continue their Juniper Canyon enhancement plan, such as habitat restoration and creating potential trails. 9-11:30 a.m. at 3300 block of Juniper Street. Meet at the corner of Juniper and Felton streets. Visit bit. ly/2jZ3iBI.

'Me Before You' screening

Sunday, June 18

Hemlock Society of San Diego presents a film screening of "Me Before You," a movie that highlights Swiss nonprofit Dignitas. Discussion to follow. Free. 1:30 p.m. at Mission Valley Library, 2123 Fenton Parkway. Visit bit.ly/2kIUipF.

International Documentary Film Series

Tuesday, June 20 and Tuesday, June 27

International Rescue Committee presents a film series that highlights the stories of refugees and brings their issues to the big screen. 7 p.m. at Landmark Hillcrest Cinemas, 3965 Fifth Ave. #200. Tickets \$10-\$35 at bit.ly/2roFcbY.

'The Battle of the Midway'

Wednesday, June 21

In honor of the 75th anniversary, "Midway Memories" author and USS Midway Museum's Rudy Shappee will offer a free presentation about the Battle of Midway. 6:30 p.m. at Mission Hills Library, 925 W. Washington St. Visit bit.ly/2s8dmxO.

'The Longest Day'

Wednesday, June 21

Play cards for a good cause. Redwood Bridge Club and San Diego Bridge Academy will host a bridge marathon to raise money for Alzheimer's Association's event "The Longest Day." 9 a.m.-10 p.m. at 3111 Sixth Ave. Visit bit.ly/2s878y2 or contact Ed Kaufman at 619-866-9331.

Summer Reading Program

Thursday, June 22 and Thursday, June 29

Join Mission Hills Library for their Summer Reading Program every Thursday. This month features juggler Michael Rayner and music duo Hullabaloo. 10:30 a.m. at Mission Hills Library, 925 W. Washington St. Visit bit.ly/2s8dmxO.

Daywave at The Casbah

Tuesday, June 27

Electro-pop/indie-rock band Daywave will perform with Blonder and Dear Boy at 9:30 p.m. at Casbah, 2501 Kettner Blvd. This is a 21-and-older show. Tickets \$13-15 at bit.ly/2s7L32M.

Wednesday 13 at Brick by Brick

Tuesday, June 27

Metal/punk band Wednesday 13 will perform with special guests Once Human and Gabriel & the Apocalypse. 21 years and older. Tickets \$15 in advance; \$20 day of show. Doors 8 p.m. and show 8:30 p.m. Brick by Brick, 1130 Buenos Ave. Visit bit.ly/2s8fTIB.

'Vets Break it Down with the PGK Dance Project' Friday, June 30

Join Veterans Initiative of the Arts for a night of dance, music, spoken word and more. Tickets \$10-20; free for military and their families. Free parking. 7:30 p.m. at The Veterans Museum in Balboa Park, 2115 Park Blvd. Visit bit.ly/2s80BTX or call 619-886-7924.

DIGITAL GYMGEMS



'One Week and A Day' – This Israeli drama follows the story of Eyal and Vicky, a married couple dealing with the death of their late

son. Unrated. Friday, June

16 to Thursday, June 22.



'Last Chance Indies: A Quiet Passion' – Experience Emily Dickenson's personal and professional journey through the film biography of the late poet's life. Unrated. Friday, June 16 to Thursday, June 22.



'Family Life' - This Chilean dramedy tells the story of a man invited to housesit for his distant relatives while they are away, only to make the home his own. Unrated. Friday, June 23 to Thursday, June 29.*

Visit DigitalGym.org for show times and tickets and information on additional films.

RECURRING EVENTS

Cinema Under the Stars: Films presented at an outdoor viewing space on various nights of the week. Upcoming films:

- "Raiders of the Lost Ark" Friday, June 15-Sunday, June 18
- "Suspicion" Thursday June 22 and Friday, June 23
- "Pretty in Pink" Saturday, June 24 and Sunday, 25
- "The Princess Bride" Thursday, June 29-Monday, July 3

Films start at 8 p.m. \$15. 4040 Goldfinch St., Mission Hills. Visit topspresents.com or call 619-295-4221.

Mondays

North Park Toastmasters meeting: 6:30–8 p.m., weekly meeting at St. Luke's Episcopal Church, 3725 30th St., North Park. 619-694-9148. toastmastersclubs.org.

Open Mic Night: 7:30 p.m., the mic is open to you at Lestat's Coffee House, 3343 Adams Ave., Normal Heights, free. Lestats.com.

International Summer Organ Festival: Stop by the Spreckles Organ Pavilion for a free weekly concert. This month features Ty Woodward and the Marine Band San Diego. 7:30 p.m. at 2125 Pan American Road in Balboa Park. Visit bit.ly/2roypPD.

Tuesdays

Curbside Bites: 5:30-8:30 p.m., gathering of gourmet food trucks at 3030 Grape St., South Park. Curbsidebites.com.

Tasty Truck Tuesdays: 6–9 p.m., Smitty's Service Station hosts several food trucks under their well-lit shade structure, 3442 Adams Ave., Normal Heights. Sdfoodtrucks.com.

West African dance class: 7 p.m., Master dancer Djibril Camara from Guinea teaches these classes that are also a great workout for all ages and skill levels at La Vie Dance Studio, 325 W. Washington St., Hillcrest. Visit bit.ly/2roy0N2.

Wednesdays

Wednesday Night Experience: 7–8 p.m., uplifting and spiritually inspiring experiences for all, weekly at Universal Spirit Center, 3858 Front St., Hillcrest, love offering requested. Universalspiritcenter.org.

Storytellers of San Diego: Join the non-profit for an evening of literary and folkloric personal stories. 7-8:45 p.m. at Rebecca¹s Coffee house, 3015 Juniper St. bit.ly/2rock3v.

Thursdays

Uptown Sunrise Rotary Club meetings: 7 a.m., weekly meeting at Panera Bread, 1270 Cleveland Ave., Hillcrest. bit.ly/2pezpnR.

North Park Thursday Market: 3–7 p.m., at 3000 North Park Way, between 30th

Street and Granada Avenue, North Park, free. Northparkfarmersmarket.com.

Kornflower's Open Mic: Signups at 6:30 p.m., open mic (no poetry or comedy) 7–10 p.m. Family-friendly event at Rebecca's Coffee House, 3015 Juniper St., South Park, free. Rebeccascoffeehouse.com.

Liberty Toastmasters Club: 7 p.m., at Saint Paul's Community Care Center, 328 Maple St., Bankers Hill. Liberty.toastmasters.org.

Courage to Change – Al-Anon meetings: 7:15–8:15 p.m., a weekly meeting for friends and relatives of alcoholics at Christ United Presbyterian Church (in the chapel), 3025 Fir St., South Park.

Kirtan Musical Meditation: 8:30 p.m., chant and sing ancient and contemporary mantras celebrating love and life at Pilgrimage of the Heart Yoga, 3301 Adams Ave., Normal Heights. Free – donations welcome. Pilgrimageyoga.com.

Fridays

Memory Café: 10–11 a.m., second and fourth Fridays. Gathering place for those with memory loss, caretakers and those worried about memory problems in the Common Room at First Unitarian Universalist Church of San Diego, 4190 Front St., Hillcrest. At-will donation. Memoryguides.org and Firstuusandiego.org.

Square Dancing Classes: 6:30–8:30 p.m., every Friday. No previous dance experience needed. Recital Hall, 2130 Pan American Plaza. \$50 for 13 classes. 858-277-7499 or circulators.sdsda.org.

Saturdays

Old Town Saturday Market: 9 a.m.— 4 p.m., on Harney Street and San Diego Avenue, Old Town, free. Also held on Sundays, Oldtownsaturdaymarket.com.

Golden Hill Farmers Market: 9:30 a.m.–1:30 p.m., on B Street between 27th and 28th streets, Golden Hill, free. Sdmarketmanager.com.

Comedy Heights: 8–10 p.m., local comedians take the stage next to Twiggs Coffeehouse at 4590 Park Blvd., University Heights, free. Comedyheights.com.

Sundays

Hillcrest Farmers Market: 9 a.m.–2 p.m., under the Hillcrest Pride Flag, Harvey Milk and Normal streets, free. Hillcrestfarmersmarket.com.

West African dance class: 5:30–7 p.m., Master dancer Djibril Camara from Guinea teaches these classes that are also a great

see Calendar, pg 20

FROM PAGE 17 **FUNDRAISER**

It was established by Azim Khamisa and Ples Felix, after Felix's 14-year-old grandson Tony Hicks killed Tariq Khamisa, Azim's 20-year-old son. Hicks was sentenced to 25 years to life in prison, becoming the first child in California under the age of 16 to be convicted as an adult. Azim reached out in forgiveness to Felix to begin the process of healing, and together they established the foundation to stop the cycle of violence and hatred.

Elene has gotten to know Azim very well, and understands the difficulty, but importance, of forgiveness through her own situation. She says emphatically that she loves Angela, and although forgiveness required pushing through some dark thoughts, she refused to lose a second family member to the tragedy of that night.

Other charities benefitted have included transcenDANCE Youth Art Project, which uses the power of dance for positive change in underserved communities, and Reality Changers. which brings in mentors in early high school to promote first-generation college students.

Helping the Angels

Last year and again this year, Urban Street Angels is the recipient of the Jamie's Joy celebrations. The organization operates an emergency overnight shelter on Tuesdays in North Park, a transitional housing and employment program, and

outpatient therapy. All of their programs specifically work with "transitional age youth," typically between the ages of 17 and 25.

"We are in the business of providing unconditional love. which is something that some of these kids have never experienced. That's our business, Assistant Director Jerry Troyer told San Diego Uptown News earlier this year. "We believe that if we get homeless youth off the streets before they reach the age of 25, we can break the cycle and help reduce the number of chronically homeless people.

This year, the celebration will also include a concert by Shea Freedom. The activist and folkhop musician Freedom has lived through such trials as drug-addicted parents, foster care, homelessness, thievery and a horrific motorcycle accident. Yet he refuses to descend into bitterness and hopelessness.

Freedom's mission and mindset is to build a place for foster youth and trans people like him to know that they are not alone. He calls his movement Foster Freedom as a "living musical prayer for future generations.'

Each of these years, Elene has chosen the musicians and charity carefully, but she doesn't feel she's choosing alone.

"This whole thing is spiritual in a way — it just comes to me," she said. "My son guides me we're partners.'

She also feels that this year



Elene Bratton and her daughter, Danielle Bratton (Photo © Amazing Memories Photography)

"He's older now; I don't have to take care of him anymore," Elene said.

Even his room, which is still his room in her house in Azalea Park, has been redecorated recently. Elene didn't feel a growing man would probably want Winnie the Pooh decorations anymore, she explained tongue-in-cheek.

But there will always be ways to honor Jamie. Community service, speaking and traveling are some of the ways Elene and company will be keeping his spirit alive.

"You don't want your child to be forgotten," Elene said. "I'm finding my son's legacy.'

For more information about Urban Street Angels, visit urbanstreetangels.org and 8west. org. To read the Uptown News article titled "Saving lives: Urban Street Angeles offer lifelines to homeless you," visit bit.ly/2hMC93N.

-Jovell Nevins is a freelance writer who can be reached at joyellc@gmail.com. Find her blog "Small World, Big God" at swbgblog.wordpress.com.

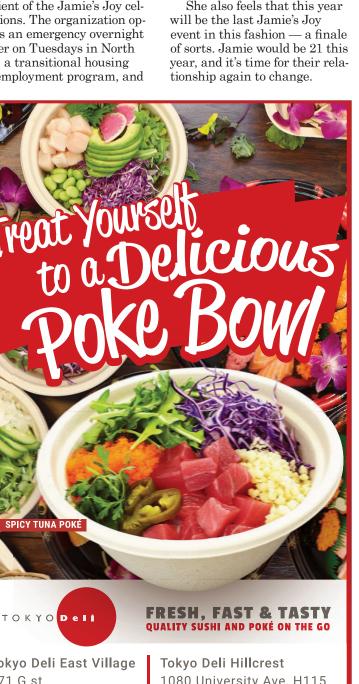
'Jamie's Joy Toast to 21'

Performance by Shea Freedom

6-10 p.m. Saturday, June 24

> The Irenic 3090 Polk Ave. (North Park)

Tickets: Jamies Joy.org 619-282-2553



Tokyo Deli East Village 871 G st, San Diego, CA 92101 **©** 619.564.6960 Open daily 11:30am~7pm 1080 University Ave, H115 San Diego, CA 92103 **6**19.546.8870 Open daily 11:30pm~7pm

tokvodeliusa 🙆 tokvodelicious tokvodeli.com





4020 Goldfinch Street, Mission Hills | 619.501.5090 thepatioongoldfinch.com

RELAX, ENJOY, SHARE,



FROM PAGE 6 **LETTERS**

Hillcrest is in the center of San Diego, and we should be at the center of new growth, instead of watching all the money going into downtown and North Park. We have been saying no to everything, and I think it's been to the detriment of Hillcrest.

-Kelly via our website, sduptownnews.com

[Editor's note: Please read an update on the Hillcrest 111 project on Page 4 of this edition of San Diego Uptown News.]

Bravo, Michael McQuiggan

(Re: "Face of FilmOut: After battling lymphoma, Program Director Michael McQuiggan looks forward to good health and upcoming festival," Vol. 9, Issue 11 or online at bit.ly/2riBIUe.)

Thank you for this wonderful article! I had the privilege of working with Michael McQuiggan for a couple of years as a board member of FilmOut San Diego, and he is by far one of the nicest people I have ever met. I love his passion for movies. It is so great to hear that he is done with chemo and is in remission. I can't for this year's festival, all the films look so good!

Uptown News

—Sue Sneeringer via our web site

[Editor's note: FilmOut San Diego's 19th annual LGBT Film Festival was held June 9-11 and by all accounts was a smash success. The audiences seemed to agree with Sue about the quality of the movies shown.

—Email letters to ken@ sdcnn or post comments on our website or Facebook page.*

FROM PAGE 18 CALENDAR

workout for all ages and skill levels at La Vie Dance Studio, 325 W. Washington St.. Hillcrest. Visit bit.ly/2roy0N2.

To view local community organization meeting information online, visit bit.ly/2esLpLR.

—Email calendar items to ken@sdcnn.com.*

Barons

SIMPLY GOOD FOOD. SIMPLY GOOD PRICES.

GOLDEN KISS MELONS



77¢



BANANAS

Organic

HASS AVOCADOS

LARGE CANTALOUPE



FRESH SQUEEZED

ORANGE JUICE

\$2.69 **-** \$4.99 160z - 320z

39¢

FRESH PINEAPPLES

Organic

RED & GOLD BEETS



2 for \$4

RED PLUMS

California Grown

\$**9**99

HAMILTON'S

FLANK STEAKS



PREMIUM CUT **EEF TRI TIP** \$**7**99 Great On The BBQ

Organic **ROMA TOMATOES** 97¢

Organic **COLLARD GREENS**



Each Bunch

Applegate **UNCURED**



BEEF HOT DOGS

699 120z

CHEESE OF THE WEEK

DILL HAVARTI

THIS SEMI-SOFT CHEESE IS CREAMY, BUTTERY AND SMOOTH. THE TOUCH OF DILL ADDS A DEPTH OF FLAVOR. GOES WELL WITH PINOT NOIR. "COME IN FOR A TASTE"





Caulipower **Pizza**

Katz **Gluten Free Donuts**

\$599

Pitaya Plus Dragonfruit Cubes \$**二**49

In Our Freezer Section

Julian Pies

DON'T FORGET...

Roland White Crab Meat	\$2.99 60z
El Mexicano Cotija Cheese	\$ 4.99 100z
Ciao Bella Sorbet	\$4.99 160
Alpine Valley Organic Hot Dog Buns	\$3.99 6pk
Barons Red Skin Mashed Potatoes	\$3.29 lb
RRO Krinkle Cut Kettle Chins	\$4 99 1307



Rancho Bernardo 11828 Rancho Bernardo Road In the Mercado (858) 485-8686

Temecula 31939 Rancho California Road

BEER CORNER

Wildomar

32310 Clinton Keith Rd. 1 Blk. W. of I-15 (951) 609-9200

Barons market GRILLED



1347 Tavern Road

Point Loma

4001 W. Point Loma Blvd. 1 Blk. W. of Midway Dr. (619) 223-4397

Corner of Meadows Pkwy. (951) 693-1111 Murrieta

40545 California Oaks Road In the California Oaks Shopping Center (951) 200-8700

North Park

3231 E. University Ave 1 Block West of 805 (619) 814-5555

baronsmarket.com

Alpine In the Alpine Creek Town Center (619) 445-5600

Hours: Everyday 8 AM to 9 PM (except holidays) Limited Quantity on Some Items. Not Responsible for Misprints