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San Diego Community News Network

San Diego Uptown News



Brian Beevers of City Heights doesn't stand still for long. (Photo courtesy of Brian Beevers)

Busy as Beevers

Entrepreneur operates Simply Local shops and several farmers markets

By Lucia Viti

Brian Beevers is the tour de force driving the success of the Golden Hill Farmers Market and North Park's artisan retail store Simply Local, among his other enterprises.

Beevers heeds every detail to sustain the concept that home grown and handmade support the residential economy. From providing fresh, pesticide-free produce, craft food and art to serving as a jamboree for families and neighbors, Beevers' markets remain a cornerstone in reviving the lost art of everything local. Farmers who labor against a backdrop of large retail chains and artists who cannot afford commercial rent now have the opportunity to share their livelihoods and artistic talents while local businesses benefit from increased foot traffic.

The City Heights resident described his start in the world of farmers markets as a "haphazard" accident.

see Beevers page 17

North Park fine-tuning Community Plan draft

Ken Williams | Editor

The North Park Planning Committee members sharpened their pencils and went to work on Aug. 18 to edit a portion of the Community Plan draft report.

During almost three hours of intense work, the 11 committee members added and subtracted items from the 2015 draft of the "Economic Prosperity" element to the North Park Community Plan update. The Community Plan, which has not been updated since 1986, will guide growth in North Park for the next 25 years.

City planner Marlon Pangilinan, who is assigned to oversee the update of the 174-page file, edited a Word document while it was being projected onto a wall in a second-floor meeting room at a church on North Park Way. Audience members watched the sometimes tedious process, patiently listening as debates over semantics and word choices sometimes bogged down the process, and contributed suggestions to the volunteers who serve on the committee headed by chair Vicki Granowitz.

One audience member told San Diego Uptown News that he appreciated the planning committee for the diversity of its members and its forward thinking. "As compared to some other planning groups, they tend to be less conservative, embracing a greater diversity of viewpoints, and more apt to consider new ideas and bold statements," he said.

Greater North Park, according to city planners, includes Burlingame on the south end. The planning district also includes a large portion of University Heights east of Park Boulevard stretching to the west side of Interstate 805. The west side of University Heights is part of the Uptown planning district.

The population of North Park currently is 45,997, but that number is expected to swell to 61,965 based on the build out of the Community Plan, according to the draft.



Images from the cover of the North Park Community Plan update draft show the diversity of North Park and eastern University Heights. (Courtesy of sandiego.gov/planning)

Currently, commercial businesses employ almost 5,800 people in North Park, and an estimated 2,500 people are self-employed. By 2030, the community's total employment is expected to grow by 17 percent by adding more than 1,400 jobs. Over the next 15 years, the document predicts growth in jobs involving health services, leisure and hospitality, professional and business services, finance and real estate, retail trade, and government.

Granowitz, in a follow-up conversation a day later, said that her committee members "were so pissed off" by the initial draft. "We felt like the Planning Department wasn't listening to us," she said. "Now, they seem to be paying attention to us, so we are slowly making progress."

The Planning Department has set a November deadline for final comments to be made on the community plan updates for North Park, Uptown and Greater Golden Hill. The city is updating all three simultaneously because they are contiguous and share similar issues.

see NorthPark, page 17

Getting down to brass tacks

Uptown Planners continue to edit Community Plan update draft

Ken Williams | Editor

Uptown Planners, facing a tight November deadline to complete public comments on the update draft of the Uptown Community Plan that will guide development over the next 25 years, have tackled two more key elements of the document.

The group, which advises city planners from the grassroots level, edited the "Economic Prosperity" and "Historic Preservation" elements at a public meeting Aug. 19 in the Guild Room at St. Paul's Cathedral in Bankers Hill. More than a dozen residents also attended the session, which lasted more than two hours, and many of them offered suggestions on improving the document.

The "Historic Preservation" debate generated the most comments, with historic preservation allies butting heads with the business community and a local architect who argues that Hillcrest, in particular, has no need for a historic district.



UPTOWN PLANNERS

Representatives from Mission Hills Heritage and Save Our Heritage Organisation (SOHO) joined Ann Garwood and Nancy Moors with the Hillcrest History Guild in urging planners to preserve historical structures in the sprawling Uptown district that includes Bankers Hill, Hillcrest, Mission Hills and the eastern portion of University Heights.

Resident Carol Emerick advocated that Cleveland Heights — a subdivision bounded by Albatross Street and First Avenue and extending from Walnut Street to Florence Canyon — should be designated historic since it dates to the 1890s and was home to some of the city's pioneers.

The University Heights Historical Society also submitted a letter in support of efforts to preserve historical places.

Ben Nicholls, executive director of the Hillcrest Business Association representing 1,200 local busi-

see Uptown, page 19

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\$585,000 2685 Wyandotte Av



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\$205,000 3030 Suncrest Dr



SOLD 2BR 2BA • 1232 sq ft
\$662,000 3066 Palm St



SOLD Represented Buyer 3BR 2BA • 1092 sq ft
\$710,000 3620 Utah St



SOLD Multi-Unit Property • 1124 sq ft
\$655,000 4676-78 East Mountain View Dr



SOLD 2BR 1BA • 952 sq ft
\$552,888 3681 33rd St



SOLD Represented Buyer 3BR 2BA • 1230 sq ft
\$620,000 3805 Louisiana St



SOLD 3BR 2BA + Den • 1699 sq ft
\$821,000 3221 McKinley St



SOLD 2BR 1BA • 905 sq ft
\$591,250 3381 Felton St



SOLD 3BR 1BA • 1166 sq ft
\$656,000 3312 30th St



SOLD 2BR 1BA • 864 sq ft
\$492,000 2331 Landis St



SOLD Multi-Unit Property • 1921 sq ft
\$985,000 3659-3661 Pershing Av



SOLD Represented Buyer 3BR 1BA • 1066 sq ft
\$635,000 3078 Ivy St



SOLD 2BR 1BA • 732 sq ft
\$524,900 4087 Hamilton St



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Map shows Lunch Loop and Hillcrest Trolley routes. (Courtesy of Uptown Community Parking District)

Uptown parking district explores new ways to 'Access Hillcrest'

By Hutton Marshall

If there's a traditional philosophy to improving parking, it's that more parking spaces means more access to parking. The Uptown Community Parking District (UCPD), however, has recently incorporated a different approach into its work managing parking in Hillcrest: The best solution to parking problems might mean removing the need to park a car in the first place.

"The Uptown parking district is charged with managing parking supply, but we're also managing demand," said Elizabeth Hannon, UCPD's chief operating officer. "So one of the ways we can manage demand is to have fewer people in their cars."

This means creating new services to access the dense, urban neighborhood that remove the need to scour the streets for a free parking meter. A streetcar trolley, valet services and even free electric-drive shuttles are just a few services in the works so far. The new mindset and the creative solutions stemming from it have inspired the parking district to rebrand their public outreach efforts — previously called "Park Hillcrest" — to "Access Hillcrest."

"As we look to hit our target market a little more, figuring out who is coming to Hillcrest and how are they getting here, we just thought the name Access Hillcrest made more sense — whether people are driving here and using our parking services, taking the trolley, walking, biking or using the bus system," Hannon said.

The Park Hillcrest brand won't entirely vanish though. UCPD will still maintain the Park Hillcrest App to provide real-time parking and trolley information.

One of UCPD's most promising new projects is the Lunch Loop, a two-hour streetcar trolley ferrying lunch breakers from Hillcrest's outskirts into its business core. Having launched in May, the Monday-through-Friday service now averages 50 riders a day, many from the local UC San Diego medical offices.

"The Lunch Loop has been a huge success and our staff, patients and visitors at UC San Diego Health really love it," UCSD Assistant Director Zachary Schlagel said.

"Beyond our cafeteria, there is a dearth of options, especially for our staff. Because of our location in the neighborhood, the closest restaurants are Jack in the Box and Panda Express, and those are at least 10 minutes away, walking distance.



(l to r) Councilmember Todd Gloria, HBA's Marisa Romero, UCSD's Zachary Schlagel and UCPD CEO Elizabeth Hannon on Lunch Loop's launch in May. (Courtesy of UCPD)

"When some staff may only have 30 minutes, that doesn't give them many options. This new shuttle service has enabled our staff to have quick and easy access to dozens of world class restaurants, stores and other services, like the post office, etc."

The Lunch Loop streetcar falls under the responsibility of the UCPD, but promoting it among local businesses has been done by the Hillcrest Business Association. On its website, fabulouhillcrest.com, a "Lunch Loop Menu" lists over 50 businesses within two or three square blocks of a lunch loop stop. One business owner with several locations along the route said the trolley has been a welcome addition to the weekly lunch crowd.

"We love the new lunch trolley, it's a very convenient and fun way for the hospital workers to get the Hillcrest and has totally increased our lunch business," said Chris Shaw, whose company MO's Universe operates four restaurants and bars in Hillcrest. "The trolley always has people on it."

The Lunch Loop is just one of several plates Hannon and UCPD are spinning in Hillcrest. A \$5 valet service — subsidized by UCPD and the businesses in closest proximity to it — also operates on weekends on Fifth Avenue.

"We find that a lot of folks are using the \$5 valet to grab brunch at Hash House A Go-Go or Snooze, then hopping on the trolley over the farmers market, getting all their provisions for the week, then hopping on the trolley back over to where their car was valeted," Hannon said.

Hannon also hopes to establish another valet service on the east side of Hillcrest, but a surface lot close enough for valet runners hasn't yet been found.

The Lunch Loop trolley will continue operating until the program is reviewed in the fall, but so far it still only serves the central portion of the neighborhood. One reason is because the route needs to find more populated stops like UCSD. Hannon said she's reaching out to two other big employers in the area, Scripps Mercy and the San Diego Unified School District.

Incorporating these businesses could also open up new routes servicing points as far east as Baja Betty's and Heat Bar & Kitchen near University Avenue's intersection with Park Boulevard, Hannon said. The increased services just need to show they are lowering parking demand.

"So as long as we're alleviating parking impacts, that's really the goal of how public funds should be used," Hannon said.

The other limitation with the trolley, however, comes from its physical turning capabilities. Right now, the trolley's route can't go west of Fourth Avenue or south of University Avenue because the turns required are too sharp for it to handle. UCPD has yet another pilot project for this: a free, electric vehicle shuttle service through a company called Free Ride. The idea was piloted near the beginning of August, and another test run may be in the works soon.

"So becoming kind of a little transit operator here, one of the ideas is to have these lunch and evening trolley services pick people up, bring them into the core, perhaps around Seventh and University in front of Whole Foods, then have the electric vehicles run them out from there," Hannon said.

Although accesshillcrest.com won't be fully operational until September, the "Access Hillcrest" Facebook page is already up and running. Stay up to date with them and you could soon be taking part in one of their latest innovations.

—Hutton Marshall is a freelance writer and former editor of San Diego Uptown News. Contact him at jhuttonmarshall@gmail.com.

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SEPT. 05	TCU	10:30AM	
SEPT. 05	OREGON ST.	7:30PM	

*Phone Wallet Giveaway

UptownBriefs

HILLCREST TOWN COUNCIL FORMS AIDS WALK & RUN TEAM

The Hillcrest Town Council (HTC) has formed a team to support the 26th annual AIDS Walk & Run on Sept. 26.

Team members will walk to raise money for neighbors, friends and others who are living with HIV/AIDS. AIDS Walk & Run is a program of the San Diego LGBT Community Center in Hillcrest.

The HTC team set a goal to raise \$1,000 by Sept. 26. To help them reach their goal, visit bit.ly/1EWyNAu and join the team or pledge money.

The team leader is Luke Terpstra, chair of the HTC. Contact him at luketerpstra@cox.net with any questions.



The conceptual design for the apartment complex at 4220 Arizona St. in North Park. (Courtesy of Skyport Studio)

NORTH PARK LAND SELLS FOR \$7.1 MILLION FOR APARTMENT COMPLEX

Alliance Residential has spent \$7.1 million to buy the land at 4220 Arizona St. in North Park for a multifamily apartment community.

The 1.21-acre site includes a nearly 50,000-square-foot office building that once housed an AT&T administrative office. The building will be demolished. The property is between Arizona and Texas streets, bounded on the south by Howard Avenue.

The seller is Community HousingWorks. Jim Neil, Eric Comer and Merrick Matricardi of the CBRE Multifamily team represented the seller.

The multifamily site at 4220 Arizona Street will feature an urban contemporary design with stucco exterior and select accents. The 118 apartments will include studio, one- and two-bedroom units ranging in size from 550 square feet to 1,300 square feet.

Skyport Studio completed the conceptual design and architectural renderings. 4220 Arizona was designed to emphasize pedestrian activity with a blending of the public and

private amenities through landscaped plazas and community serving areas.

Community HousingWorks entitled the site jointly with a 76-unit proposed affordable senior development that will be immediately west of the 4220 Arizona St. complex on the west side of Texas Street, south of the McDonald's restaurant on the corner of El Cajon Boulevard and Texas. Both complexes are within walking distance of bus stops at Texas and El Cajon.

Community HousingWorks is developing the senior site into a complex of seven studios, 66 one-bedroom and three two-bedroom apartments. Community HousingWorks is partnering with the San Diego LGBT Community Center to design the senior apartments as an affirming and supportive environment for LGBT seniors, with The Center's Senior Services staff providing services welcoming to the entire senior community of residents.

The apartments will feature private balconies, washer/dryer units and community amenities including a roof deck, bike storage, elevator services, storage units as well as large common amenities space. ♦



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Editorial

The row over Airbnb and ‘home sharing’

By Omar Passons

Many people in communities like mine in North Park have been following San Diego’s struggles with Airbnb over the past several months. Airbnb is an Internet company that allows regular people (or business owners) to rent rooms or their homes for as long or as little as they want, and it allows you to screen guests or properties based on the reviews of others.

The stakes were raised during a City Council hearing in April when the city took the position that its commercial bed and breakfast law applies to everything from home swaps and Airbnb to foreign exchange students and occasionally renting out your home when you go on vacation.



Omar Passons (via Facebook)

I am a land use attorney and I represented a woman who was fined thousands of dollars for using Airbnb to let people stay in one to two bedrooms of her home for less than 30 days. As an attorney, I care about what the law actually says and about how it is applied. As a member of the San Diego community, I care about the policies involved and the tension between a

person’s right to legally use their home to supplement income versus some neighbors’ views that residential areas should not have this type of activity.

On Aug. 12, 2015, the city of San Diego released its draft Short Term Vacation Rental/Home Sharing law, and I decided to write this piece so that people would understand what’s going on. I have many neighborhood friends and colleagues around the city who want to know what is happening, what the rules are and what the proposed changes actually mean.

How will ‘home sharing’ be defined?

One part of the new law will define boarders, lodgers and “home shar-

see Editorial, page 8

Letters

Helping the homeless

I am a regular reader of the Uptown News and appreciated your article, “What to do about the homeless?” [Volume 7, Issue 16 or bit.ly/1lwfnFN]

I am a grandmother in my 80s, and have seen and am aware of the increase of the homeless but didn’t realize that San Diego has become “a destination” for them, as police Sgt. Dean Thomas said, because of our weather and reputation for helping indigents. This is sad as well as a serious problem for our communities.

It’s interesting to see how others are helping the homeless. I read an article in the May 2015 issue of Awake! titled “Hope for the homeless and the poor.” I also checked out their website, jw.org, and found it to be very unique in

many languages for families and children of all ages.

—Mrs. Joan Keeno, Rolando, via mail

The University Avenue project

Re: “Transforming University Avenue in North Park” [Volume 7, Issue 17 or bit.ly/1fBE8GG]

On the whole, I consider this plan a big improvement over what currently exists. It should slow autos, make it safer and easier for people to cross University, allow for more reliable and faster transit access, and at least provide people on bikes shared space with the bus lanes. Combined with slowing auto traffic, this should be a lot safer for people on bikes.

I wish there was a similar plan for Hillcrest instead of

the current one that is auto and parking dominated with no dedicated bus lanes. North Park continues to look more desirable and Hillcrest less so.

—Greg Martin, via Facebook

This plan was ill conceived and is certainly outdated. This scheme will have a negative impact on the livability we have worked so hard to reestablish in North Park. Bike use, now just treacherous, is doomed with this arrangement and walkability will suffer with no buffer. Medians are a huge mistake and will use 20 percent of the existing narrow roadway — 20 percent that will remain useless and be-

see Letters, page 6

Poll

San Diego

Uptown News



Readers

Poll

Poll Results

What is your top preference for the Pernicano’s property?

- 52% Mixed-use development
- 19% Boutique hotel
- 11% Restaurants and retail stores
- 9% Affordable housing and/or condos
- 9% Parking

New Poll:

Do you agree with the Community Plan updates for North Park, Uptown and Golden Hills that call for greater density?

- ☐ Yes
- ☐ No
- ☐ Unsure

To cast your vote, visit sduptownnews.com.

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COMMUNITY ORGANIZATION MEETINGS

San Diego Uptown News encourages readers to make a difference in the community where they live. Here is a list of community organizations that meet in your area:

Adams Avenue Business Association Board of Directors
8 a.m. on the first Tuesday of the month
Normal Heights Community Center, 4649 Hawley Blvd.

Bankers Hill Community Meeting
6:30 – 8 p.m. on the third Monday
San Diego Indoor Sports Club, 3030 Front St.

Bankers Hill Parking Committee
5 – 6:30 p.m. on the first Monday
Merrill Gardens, 2567 Second Ave.

Burlingame Neighborhood Association
7 p.m. on the second Wednesday
Mazara Trattoria, 2302 30th St.

El Cajon Boulevard Business Improvement Association
9 – 10:30 a.m. on the third Thursday
3727 El Cajon Blvd.

Greater Golden Hill Community Development Corporation
6:30 – 8 p.m. on the third Thursday
Golden Hill Recreation Center, 2600 Golf Course Drive

Greater Golden Hill Community Planning Group
6:30 p.m. on the second Wednesday
Balboa Golf Course Clubhouse, 2600 Golf Course Drive

Hillcrest Business Association Beautification Committee
3 p.m. on the fourth Monday
3737 Fifth Ave., Suite 202

Hillcrest Business Association Board of Directors
5 p.m. on the second Tuesday
Joyce Beers Community Center, 3900 Vermont St.

Hillcrest Town Council
6:30 p.m. on the second Tuesday
Joyce Beers Community Center, 3900 Vermont St.

Ken-Tal Community Planning Group
6:30 p.m. on the second Wednesday
Copley-Price Family YMCA, 4300 El Cajon Blvd.

Mid-City Community Parking District
11:30 a.m. on the fourth Thursday
3727 El Cajon Blvd.

Mission Hills Business Improvement District
3:30 p.m. on the third Wednesday
Visit missionhillsBID.com for meeting location.

Mission Hills Heritage
7 p.m. on the fourth Thursday
Call 619-497-1193 or email info@MissionHillsHeritage.org for meeting location.

Mission Hills Town Council Trustees
6 p.m. on the second Thursday of alternating months
902 Fort Stockton Drive

Mission Hills Town Council Town Hall
6 p.m. on the second Thursday of alternating months
Francis Parker Lower School, 4201 Randolph St.

Normal Heights Community Association
6 p.m. on the first Tuesday
Normal Heights Community Center, 4649 Hawley Blvd.

Normal Heights Community Planning Group
6 p.m. on first Tuesday
Normal Heights Community Center, 4649 Hawley Blvd.

North Park Community Association
6 p.m. on the fourth Wednesday
Lafayette Hotel, 2223 El Cajon Blvd.

North Park Historical Society
6:30 p.m. on third Thursday
Grace Lutheran Church, 3967 Park Blvd.

North Park Main Street Board of Directors Meeting
7:30 a.m. on the second Wednesday
North Park Main Street Office, 3076 University Ave.

North Park Main Street Design Committee
5:30 – 7:30 p.m. on the first Tuesday
North Park Main Street Office, 3076 University Ave.

North Park Maintenance Assessment District
6 p.m. on the second Monday
North Park Adult Activity Center, 2719 Howard Ave.

North Park Planning Committee
6:30 p.m. on the third Tuesday
North Park Christian Fellowship, 2901 North Park Way

Old Town Chamber Organization Committee
11 a.m. on the second Wednesday
The Tequila Factory, 2467 Juan St.

Old Town Community Planning Group
3:30 p.m. on the second Wednesday
The Whaley House, 2476 San Diego Ave.

Old Town Community Parking District
Meetings scheduled as needed

South Park Business Group
8:30 a.m. on the last Wednesday
Eclipse Chocolate, 2145 Fern St.

Talmadge Community Council
6:30 p.m. on third Tuesday of odd numbered months
4760 Miracle Dr. (residential address)

Talmadge Maintenance Assessment District
6:30 p.m. on the fourth Tuesday
Copley-Price YMCA, 4300 El Cajon Blvd.

University Heights Community Development Corporation
6:30 p.m. on the first Wednesday
4452 Park Blvd. Suite 104

University Heights Community Parking District
6:30 p.m. on the first Wednesday
4452 Park Blvd. Suite 104

University Heights Community Association
6:30 p.m. on the first Thursday
Alice Birney Elementary School auditorium, 4345 Campus Ave.

Uptown Community Parking District
5 – 6:30 p.m. on second Monday
Joyce Beers Community Center, 3900 Vermont St.

Uptown Planners
6 p.m. on the first Tuesday
Joyce Beers Community Center, 3900 Vermont St.

Email ken@sdcnn.com for inclusion of your organization or committee meeting. ♦

FROM PAGE 5 LETTERS

come a physical barrier. Dedicated bus lanes are also dead-wrong — 50 percent of the roadway empty 95 percent of the time.

Consider this: The curb-to-curb street width is only 52 feet along much of this segment, just wide enough for a section like this: 6 feet|10 feet|10 feet|10 feet|6 feet (bike|car|car|car|car|bike). The bike lanes are the sidewalk buffer. Restrict left turns. Raised crosswalks at key locations calm traffic and eliminate need for new signals.

This is done elsewhere with spectacular results. The traffic planners and engineers behind this need to travel abroad or even just to Portland, Oregon and see how the rest of the word elegantly deals with cars, bikes and pedestrians. The city of Copenhagen, Denmark, on streets generally this width, put bike lanes where parking was (against the curb/

sidewalk), slid parking over into what was the right lane, and left two lanes for traffic, one each way. This began in the 1980s and today 45 percent of the population commutes on bikes.

This plan is incompetent at best and we deserve better.

—Vernon Franck via Facebook

Go slow, save lives. It could be your own next time you're walking or crossing the street. This will enhance the neighborhood. Better than existing. Love to all the haters.

—Anonymous via Facebook

Oh my God, stop. We don't want awful hardscape pink-stamped medians all up and down University. What are you trying to do?

Contact a designer to create a beautiful street with landscaping. Please do not do not do this insane one care. This will increase traffic, reduce quality of life. It will suck having to drive down this avenue every day.

I'll do your design for you. This is what you do. Put palm trees all down the center of University Avenue, put

in a couple of crosswalks, put nice trees every 30 feet down University Avenue that spread and build a canopy over the sidewalk. I don't let the city trim them to death and repair the sidewalks. No charge.

—Max Coates via Facebook

No bike lanes? Yeesh, as if cyclists don't have it tough enough already. That's absurd, I already have a difficult enough time trying to not get hit by some of the crazier drivers.

Also what would this do to the bus routes? I can only imagine how terrible the backup traffic would be while this construction is going on.

—Riley J. Gibson via Facebook

This plan is now 13 years out-of-date and has major invalid assumptions and huge disadvantages that would:

1. Create much more traffic on University Avenue for over 90 percent of residents by forcing car traffic into one lane instead of two.

2. Make things more dangerous for bicyclists due to it including no bike lanes (yes the plan really has no bike lanes — take a look at it).

3. Remove an important buffer between traffic lanes and the sidewalk (where parking is removed) thereby reducing pedestrian safety and degrading the aesthetics and neighborhood feel of our sidewalks.

4. Inconvenience local businesses and their customers who depend on pickups and deliveries by removing all parking on University Avenue, which in fact would not be significantly offset in most cases by other parking gained on some side streets.

5. Realize no environmental benefits claimed by supporters, due to adoption rates of zero emissions vehicles already far outpacing state and local goals and estimates used to justify bus-only lanes.

6. Result in ugly medians with no landscaping due to the city being unwilling to budget a miniscule amount for landscaping. (They would likely

spend more to put in pavers than landscaping would actually cost.)

7. Fail to comply with the city's own Climate Action Plan, which requires a minimum tree canopy area to be provided.

As usual, Councilmember Todd Gloria and other bureaucrats have nothing of substance to say other than vapid generalizations that fail to recognize any of the numerous issues. There are indeed some good aspects to the plan, but the above issues need to all be thought through and addressed before we let the city go forward with this disaster.

—David Gleason via Facebook

Save our historical facades

Re: "Pernicano's buyer still hasn't closed deal" [Volume 7, Issue 17 or bit.ly/1fBF3Hd]

I'm hopeful for something great at this intersection. These properties literally make up the heart of Hillcrest and with the right uses, it could transform the neighborhood into something even more fabulous! I can't wait to hear what's in store.

—Benny Cartwright via Facebook

No mention of our VALUABLE HISTORIC RESOURCES? Let us try really hard to make sure the facades of City Deli (Kahn Building) and the Spanish building on Fifth Avenue are restored and preserved. The historic charm of these buildings makes this area of Hillcrest what it is. This is why this area has charm and why people are drawn here. Complement these buildings and PLEASE work them into any designs for the future of this block!

—Gregory May via Facebook

—Send letters to the editor to ken@sdcnn.com or make comments on our Facebook page. Letters may be lightly edited for context, grammar and style. ♦

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Taking the lead

University Heights woman to head San Diego Women's Foundation board

By Margie M. Palmer

University Heights resident Suzanne LaTour will take on the role of president of the San Diego Women's Foundation (SDWF) board of directors for the upcoming year.

The SDWF was founded 15 years ago as a supporting organization of the San Diego Foundation. Its founding members were a small group of volunteers who envisioned an organization that would help promote the leadership of women in philanthropy.

Today, the SDWF has grown to more than 210 members, each of whom has committed to provide a \$2,000 annual contribution for a minimum of five years. LaTour said approximately \$2.9 million has been granted to 74 nonprofits since the organization's inception; grants start at \$25,000.

Some of their 2015 community partners include the Center on Policy Initiatives, which inspires college students from underserved communities to become high-functioning, effective leaders; and Outdoor Outreach, which utilizes the outdoors to provide teens with life skills, employment opportunities and civic engagement training.

"We want to make a significant impact and I've seen the ripple effect of that money," LaTour said. "It's amazing what you can do when you pool your contribution with more than 200 other women."

The SDWF, she notes, was one of the original funders of the Down-

town-based Monarch School, which helps educate students who have been impacted by homelessness.

"Seeing the impact that we've made really pulls on the heart strings. There are so many programs we've funded that are amazing to watch," she said. "If you watch the news or read the news, you'll see there are a lot of disappointing and negative things that are going on, but seeing these people, and these organizations who are trying to change the world is awesome."

However, LaTour is no stranger to the philanthropic rodeo. Her commitment to making San Diego a better place runs deep. She's a former board member of the Downtown YMCA and has served on the Advisory Committee for the San Diego Foundation's Philanthropy Department. She has also worked with San Diego's Adult Literacy Program, Habitat for Humanity, LEAD San Diego and the San Diego Leadership Trust.



Suzanne LaTour
(Courtesy of San Diego Women's Foundation)

LaTour said she first became involved with the SDWF after she was invited to a membership meeting in 2003. She knew right away that joining the foundation would allow her to be more hands on. Each member has one vote to determine where grants will be given each year.

"I absolutely loved it, it's a group of really great, strong women who are there to educate each other and make an impact in the community," she said, noting the foundation has done a lot of growing up in the granting process throughout her tenure.

"Things were a lot less structured in the past but we've made a lot of significant changes and have created a really well respected granting

process for nonprofit organizations in San Diego. Applicants know we have a high-quality process and that everyone gets a fair chance."

And while her tenure as board president will be brief, she looks forward to helping the SDWF further its mission. She also looks forward to continuing to provide funding to local organizations that are making a difference.

"The upcoming year's grants will focus on programs that help develop job readiness," she said. "Living in San Diego gets more expensive each year and the sustainable wage for a family of four is significantly higher than the national average, which is why we'll be focusing on organizations who are working to help train people in ways that will

allow them to get higher than minimum wage jobs."

Other members say they are equally excited to see LaTour take the lead.

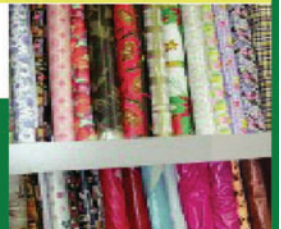
"We're truly honored that Suzanne has accepted the position of president of The San Diego Women's Foundation for the upcoming year," said Leigh Hartman, outgoing president. "She is passionate about the issues that face our community, and inspires our members to use their skills and talents to collectively make a difference."

—Margie M. Palmer is a San Diego-based freelance writer who has been racking up bylines in a myriad of news publications for the past 10 years. You can reach her at margiep@alumni.pitt.edu.

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Fitness: Goodbye to dog days of summer

Fitness

Blake Beckcom



As summer begins to wind down, so do the days with no routines or schedules. As you start to get your kids into their back-to-school routines, you should also think about getting back into your regular fitness routine.

Face it — summer break probably left you with little time during the day to schedule a trip to the gym. Your kids going back to school gives you the perfect opportunity to get back into a fitness routine, and planning a consistent time of day can help you stay on track.

If you don't have to run to the office immediately after dropping off the kids, try to fit in a workout before your day gets busy with errands and meetings. You'll feel energized, and it offers a great chance to take a little time for yourself.

If mornings aren't available, schedule a regular workout routine in the afternoon just before picking your kids up from school. This will help you get a little afternoon pep and have you ready to keep up with your energetic kids. Plus, you'll have plenty of gas to run them to their after-school activities.

If you can't find time to workout during the day, try to get up early

and exercise. This is an excellent way to grab a few minutes by yourself and gear up for the hectic day. You'll feel ready to take on the morning hustle as well as the rest of the day without interruption.

Getting the kids back in school and everyone back on a schedule is great, but it can sabotage your workout if you are not careful. You've worked so hard this year to get in shape and get your body the way you wanted. However, when end of summer's hectic schedule changes things; it is easy to lose motivation to workout. Here are a few things you can do help you stay motivated to workout over the summer.

Plan, plan, plan

If you just say you are going to workout — chances are you won't. However, if you plan a consistent time to workout and add it to your calendar and set reminders, the odds of you working out are much greater. You'll have better results with a regular routine.

Take your workout outside

It is still summer weather, get outside and enjoy the beauty of it. If you are getting stuck on going inside to the gym, try taking your workout outside. Talk to your personal trainer to get exercises that are easily adaptable to outdoors.

Set goals

If you have a goal, you'll be more motivated to succeed. Try setting small weekly goals, as you carry out your goals, give yourself a little reward. As you meet each goal, you'll want to complete the next week's goal even more. You have several big holidays ahead: Halloween, Thanksgiving, Christmas and New Year's Eve. Use those for time bounding to fit your goals within, so you will have a completion timeline.

Half workouts

Try cutting your workouts in half, but increase the intensity, thus shortening the time allotment, when your days get slammed. You will benefit from moving faster through your program, and get the mental boost of not missing a workout. If you exercise 60 minutes as a norm, try 30 minutes, or even 45. It is easier to schedule and offers fewer excuses. No matter how busy you get, 30 minutes is doable.

Get back into your routine

With vacation, family gatherings, and barbecues waning, the excitement of summer, and perhaps the drudgery of back to school and routines, offers up a lot of temptation to get lazy and indulge yourself. It is OK to an extent, but don't settle for the excuse, and the notion that "I'll get back to it next week." Odds are you will not. It's OK to have fun and cheat a little on your diet, but don't let summer's end and the return to routines rob your hard work.

—Blake Beckcom runs Fitness Together Mission Hills with his wife Gwen. Contact them at fitnesstogether.com/missionhills.

FROM PAGE 5

EDITORIAL

ing." Let's not quibble; "sharing" involves money. Something can be commerce without being a "business." If you are empty-nesters who occasionally rent your place when you go out of town, it's not a business, but it is commerce. Rules are needed.

Two key points of the new definition:

The "shall remain present" language in the law, if it sticks, eliminates the option of renting your own home if you take a short vacation.

The law does not define what it means to "reside" some place, but the city says this informally means at least half the year.

What are the issues with this "home-sharing" definition?

If you rent out your place — to anyone — while on a short vacation, you will be breaking the law without the \$10,000 permit. Seems excessive.

You can only use a maximum of 25 percent of your dwelling unit. This will severely limit families with smaller dwelling units. As written, it benefits the wealthier, newer parts of San Diego over the less wealthy, older parts like Uptown and Mid-City where the houses and lots are often smaller.

The requirement for one off-street parking space per two visitors also disproportionately harms older, poorer communities who will have the most trouble meeting this requirement. As a result, the people who could most benefit will be most restricted.

The no "multiple agreements" requirement would eliminate one of the most useful and flexible aspects of these services. This section means if you rent to more than one person who don't know each other in the same dwelling unit that you are subject to the commercial bed and breakfast law (and the \$5,000-\$10,000 permit) not the home-sharing law. Example: This means that you will NOT be able

to just list your home on Airbnb or your couches on couchsurfing.com and have a guy from Sweden and one from Brooklyn stay at the same time without first getting the \$5,000-\$10,000 permit.

The new proposed rules — at least for now — do not tell you how to treat something like a granny flat or rear apartment. Since these are abundant throughout Mid-City and they are a convenient way to supplement income, it will be important to keep an eye out for those rules, too.

Proposed rules for 'short term vacation rental'

The new proposed rules for "short term vacation rental" (STVR) do begin to address when a person's entire investment property (think second home or beach rental) can be used for stays of less than 30 days. These proposed rules seem to address many of the difficult issues like noise and responsiveness of the property owner. They do not address whether owners must respond to all complaints or just those regarding illegal behavior. The other big issue is the requirement for "exclusive transient use," which seems to suggest that you can't live in your home part of the year and make it a short-term vacation rental part of the year.

The process of resolving how short rental stays will be permitted in our communities will continue to unfold over the next several months. The easiest ways to have your voice heard are to attend your local Community Planning Group meeting or to contact your elected representative.

—Omar Passons is a senior construction and land use attorney at Stutz Artiano Shinoff & Holtz, and a longtime North Park resident. This op-ed is adapted from "Understanding short term rentals in San Diego" (part IV), a series on his personal blog at understandingSD.com.

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For the love of cars and history

North Park Car Show returns to Balboa Park

By Bob Bauer

For the past six years, the North Park Historical Society has organized a car show on the first Saturday after Labor Day. So what do automobiles, motorcycles and the occasional travel trailer have to do with history, you might be wondering?

The answer is simple: The history of Americans is closely linked to getting from point A to point B comfortably, stylishly and economically. The development of North Park is integrally tied to the expansion of San Diego first by the electric rail car system and eventually the automobile. Once on the very eastern fringe of San Diego, North Park is now part of the "Mid-City" area.

The history of the automobile is a glimpse into so much of our history. Events in history influence the availability of the auto, the style of the auto, the materials used in the auto, and the source of the auto. The availability of buying a new automobile was interrupted by World War II, and even the ability to replace tires and purchase gasoline for existing pre-war cars were challenging. The automobile industry was retooled for war-time production.

license due to their "build quality" and went on to produce the engines (V-1650) in the famous P-51 Mustang fighters. The history of these fighter planes and the performance of the engines live on, but alas the Packard Motor Car Co. does not.

The post-war fascination in the Jet Age drove the design response for tail fins on the back of the automobile, with the peak occurring between 1955 and 1959. The 1957 Chevrolet Bel-Air and the Nomad station wagon, with their distinctive vertical tail fins, eventually gave way to the Chevrolet swept tail fins. General Motors and Chrysler seemed to be in competition for the most distinctive tail fin design during this era. The 1959 Cadillac Eldorado had the most iconic and extreme vertical tail fins with dual bullet tail lights.

But by 1965, it was difficult to find a fin on the rear of an automobile, with a few exceptions, such as the Volvo P-1800S.

Some readers might remember the 1973 Arab oil crisis and the long lines of cars waiting for rationing gas stations to change from red to green flags, so that you could eventually arrive at the pump and purchase



The distinctive tail fins on this 1956 Chevrolet Nomad helped this car win second place People's Choice at the 2014 North Park Car Show.

(Courtesy of Jim Brady)

cycles on display at the North Park Car Show.

This year, the North Park Historical Society presents the North Park Car Show on Saturday, Sept. 12 from 10 a.m. to 2 p.m. in the parking lot of the Balboa Tennis Club in Morley Field.

If you have a fine classic car or vintage motorcycle to show (pre-1990 is preferred), the exhibition fee is \$10 for one vehicle and \$20 for two or three. Visit our website at NorthParkHistory.org for a registration form and car show information, or contact the NPHS secretary at info@northparkhistory.org or 619-294-8990. This event is free to attendees, so please come join us to meander through history.

—Bob Bauer is a board member of the North Park Historical Society. ♦



This 1960 Plymouth Belvedere at the 2013 North Park Car Show sports some of the biggest tail fins ever. (Courtesy of Jim Brady)

In England, the last new cars were being produced in the fall of 1939 and did not resume until late 1945. In the United States, there was some car production into 1942 and once again by late 1945.

One of the many interesting sidelines of the war-time auto industry involved Rolls-Royce and the Packard Motor Car Co. (1899-1958). Packard was a manufacturer of high quality American luxury motor cars, and one of several American manufacturers vying for the license to build the Rolls-Royce Merlin aircraft engines used in the Royal Air Force (RAF) Spitfires, the RAF Hawker Hurricane fighter and the RAF DeHavilland Mosquito bomber/fighter. Packard was selected by Rolls-Royce for the American

up to 10 gallons of gasoline. This event, which lasted from October 1973 through March 1974, helped result in the demise of the American "muscle cars" and focused the consumer interest in Japanese and European compact cars with their more thrifty gasoline consumption. The less impactful Iran oil crisis of 1979 cemented our concern with obtaining better gas mileage from our cars. From 1973 onward, we lost sight of inexpensive gasoline, where a dollar could buy three, four or more gallons of gasoline.

Not only does the motor car provide Americans glimpses into our past 100-plus years of history, each motor car company has its own unique history; just ask the owner of one of the unique cars or motor-



This 1970 Plymouth Super Bird at the 2012 North Park Car Show is just one example of the high-powered muscle cars popular before the 1973 oil crisis. (Courtesy of Mike Ward)

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(l to r) Shelves sake forms the backdrop to Saiko's sushi bar and the Saikorama roll. (Photos by Dr. Ink)

A sushi joint that lives up to its name

**Come On
Get Happy!**
Dr. Ink

I often declare after sipping smooth sake and biting into a clean, unctuous sushi roll that they're "the best I ever had." When the mood strikes for either, I'm vulnerable that way. At Saiko Sake and Sushi Bar, however, the offerings (and happy hour prices) fall into the exceptional category, even if arriving not so hungry.

"Saiko" translates to "best," which might seem boastful when using the word to name an establishment. But when premium sake and crafty sushi lands under your chin in sleek and artful surroundings, the usage is justified.

This is Saiko's second location, which opened less than a year ago in North Park's central business district. Its original home on Orange Avenue in Coronado is about three years older. According to my alert waiter, the menus are slightly different and the sake collection in North Park is decidedly larger.

Three of them are available for \$5 apiece during happy hour, each premium brands served cold in standard two-plus-ounce pours.

Passing up the classic Lily Honjozo and the sweet, cloudy Snow Maiden Nigori, I was sold on the lightest in the trio, the Matinee, which falls into the "junmai" category of sake because less rice is used in its production.

The crystal-clear liquid was

remarkably crisp, sporting one of the softest finishes I can remember. It's exactly the kind of sake you sip with food opposed to the sweeter, edgier types best savored before or after a meal.

Which brings me to Saiko's bill of fare. You know you're in luck when you see two kids around kindergarten age who are less interested in playing with their chopsticks than they are in devouring what's on the table.

They appeared to be eating

the same bargain roll I ordered, the wildly plated "Saikorama" made this particular week with

yellowtail, salmon and imitation crab. Priced at \$5 and cut into eight pieces, it usually sells for \$12.50. I loved the light tempura edges and the big swirls of sweet, caramelized soy sauce encircling the arrangement.

My intention of trying the house-fermented kimchi using seasonal vegetables (\$2) or the Sriracha chicken skins (\$5) flew right out the window. The roll proved to be a fuller meal than I expected. And with sake that had seemingly lined my throat in silk, I came away with only \$10 less in my wallet, not to mention a return visit penned into my schedule. ♦

RATINGS

DRINKS: **★★★★**

Three cold, premium sakes fall into the categories of classic, sweet and light. They measure at least 2 ounces per serving. The drink bargains extend also to several craft beers on tap, plus a few mellow wines by the glass tailored to Asian food.

FOOD: **★★★★**

The hot wings coated in Brazilian pepper sauce (malagueta) are all the rage, although on this visit the savory pastry known as pastel stole the show. It's stuffed with ground beef, potatoes and onions.

VALUE: **★★★★**

All draft beers are reduced by \$2; cocktails drop from \$7.50 to \$5; house wines even off at \$5; and tapas start at \$3.

SERVICE: **★★★★**

The bubbly bartender doubled as an efficient waitress, offering warm hellos to patrons as they walked in, and tending to them in a prompt manner.

ATMOSPHERE: **★★★★**

Framed art and a splashy mural of Japanese anime are tastefully incorporated into the relaxing, white-walled dining room, which offers additional seating at the sushi and drinking bars.

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UPTOWN FOOD BRIEFS

BY FRANK SABATINI JR.



A taste of New England is coming to North Park. (Facebook)

Boston native Pete DeCoste is putting the finishing touches on his upcoming **Pete's Seafood and Sandwich**, a North Park venture that will soon appear in the space where **Bazinga Eatery** operated. A remodel is nearing completion, and the overall theme is New England, with a menu focusing on clam chowder, lobster rolls, fried and grilled seafood, and hearty East Coast-style sandwiches. DeCoste, who worked for **Lefty's Chicago Pizzeria** in Mission Hills for five years, hopes to be up and running by early October. 3382 30th St. 619-255-8940.

After working in the fish industry for 15 years, Chris Park has launched a Hawaiian-Korean restaurant in Hillcrest, named **Poke Go**, which offers a short-list of bowls and platters using fresh ahi, salmon and marinated beef. Park previously ran **North Park Fish Market and Grill** and another similar operation in Kearny Mesa. He says his newest venture is an "affordable concept" that he has seen become popular in Los Angeles over the past year. 3614 Fifth Ave., 619-230-5549.



Poke Go launches in Hillcrest (Courtesy of Poke Go)

Chi Extraordinary Kitchen in Normal Heights is up and running as one of the few Thai restaurants in San Diego devoted to pescatarians. Owner Pimwara "Patty" Thongchua also runs **Plumeria** in University Heights and **Asian Bistro** in Hillcrest. Top sellers so far include sole larb, mixed seafood stir-fry, grilled shrimp with lemongrass dressing, as well as a host of vegetarian dishes. 2789 Adams Ave., 619-795-9999.

The event once known as **The Tequila Trail** in Old Town has been revamped to **Taste of Old Town**, which will be held for its second year, from 6 to 9 p.m. Sept. 10, throughout the historic neighborhood. With a greater emphasis on food, more than a dozen restaurants are taking part. They include **Miguel's Cocina**, **Cosmopolitan Hotel & Restaurant**, **Café Coyote**, **The Alamo**, **Old Town Mexican Café** and more. Tequilas, however, will still be included in the package at most of the restaurants. Tickets are \$35 in advance; \$40 onsite; and \$25 for the food-only plan. They can be purchased online or at the will call booth, located at Twiggs Street and San Diego Avenue. tasteofoldtown.com.



The new Coasterra (Photo by Auda & Coudayre Photography)

After nine years in the making, the \$15 million **Coasterra** by Cohn Restaurant Group and Chef Deborah Scott has opened its doors on Harbor Island. The 28,000-square-foot structure doubles as a restaurant and a "floating event center." It features a daily menu specializing in upscale Mexican cuisine that encompasses whole Maine lobsters, New York strip steaks and Jidori chicken. The bar offers more than 70 labels of high-end agave spirits in addition to Mexican craft beers on tap and an ambitious wine list focusing on varietals from Baja and South America. 880 Harbor Island Drive, 619-814-1300.

The flora-filled backyard of **Art Produce Gallery** in North Park is making way for **ChuckAlek Brewery Tasting Room & Biergarten**, due to open in the next few months. The project will spotlight a range of old-world German beers and English-style porters brewed by **ChuckAlek Independent Brewers** of Ramona. A small indoor bar will be rigged with nearly a dozen taps, and food can be ordered from the upcoming Tostadas, which is gearing to open in an adjoining storefront. 3139 University Ave., 619-584-4448.

Since recently named by Zagat as one of the top 13 barbecue joints in the nation, **The Whole Hog** in Hillcrest has introduced several new menu items, such as a pork belly Reuben and a bacon-stuffed meatloaf sandwich. The eatery soft-opened earlier this year, and was cited by Zagat for offering barbecue from different regions of the nation. "We were the only place in San Diego that made the list," co-owner Chris McAfee says. The Whole Hog held its official grand opening on Aug. 25. 3749 Park Blvd., 619-546-5467.



The Whole Hog pork belly Reuben (Photo by Chris McAfee)

The new **Negociant** urban winery in North Park, which had its soft opening Aug. 21-23, will host a fundraiser for Gay Bowl XV, from 5 - 9 p.m. Saturday, Aug. 29. Attendees will be afforded a seven-pour wine tasting and a chance at winning restaurant gift cards and a bottle of wine each month for year through **Negociant's** membership program. This year's annual Gay Bowl takes place in San Diego on Oct. 9-11. It will bring together 50 teams under the National Gay Flag Football League and will be hosted by the local San Diego American Flag Football League (SDAFFL.com). Admission to the fundraiser is \$15. 2419 El Cajon Blvd., 619-535-1747.

Not to be confused with the **Broken Yolk Café**, a chain of greater magnitude known as **Another Broken Egg Café** will roll into San Diego County with 12 locations over the next five years. The first outlet is due to appear "sometime in 2016," says a rep from the Florida-based company. With only one California location in Burbank, the multi-store expansion will be spearheaded by David Lee, a U.S. Army veteran and past franchisee of **Subway** sandwich shops throughout the country. Lee has begun scouting sites in Mission Valley, Pacific Beach, Downtown and La Jolla. Founded in 1996, the chain is known for its contemporary, w/Southern fare and currently has 50 locations throughout the country. anotherbrokenegg.com.

—Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press), and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. You can reach him at fsabatini@san.rr.com. ♦

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Oceanic surprises from a liquor store

Restaurant Review

Frank Sabatini Jr.



It is easier to see Alaska from the heart of Normal Heights than it is to see Russia from Sarah Palin's backyard. At least in terms of food, the state of Maine also comes into focus, and without the support of a high-powered telescope. Simply poke into Corner Liquor, and nobody will challenge these claims or spoof you on "Saturday Night Live."

Maine native Chris Fournier and his wife, Joann, sublease a section of the store under the name Alaskan Seafood Connection. Prior to opening it more than two years ago, Fournier was a longtime foreman at a seafood plant in Kodiak, Alaska.

His intention after moving here was to open a wholesale seafood business. But he decided instead to start a "full-cook deli" specializing in everything from New England lobster rolls and fried scallops to salmon burgers and red-tinted hot dogs that Mainers know well.

Fresh and frozen seafood is also available by the pound, including king crabs, snow crabs, salmon, cod and rockfish sourced directly from Alaska. They share deli space with cooked, whole Maine lobsters — some of them lusty 5-pounders.

Seating is limited to two outdoor tables. Oddly, there's plenty of open space inside the circa-1938

structure that could potentially accommodate extra seating. But overall, the store would need a fresh paintjob and cleaner flooring before ever doubling as a veritable café.

A friend and I seized one of the teeny sidewalk tables after placing our orders at the deli counter. All of the food came out within minutes apart.

First up were the fish and chips, which yielded several pieces of cod cloaked in bubbly-textured batter. They're served over excellent fries that we saw cut to order and then dusted in flour. The latter procedure successfully prevents them from becoming soggy too fast.

The cod nuggets were fresh and flaky, although only semi-crispy. They ultimately came alive from a few splashes of fresh lemon and repeated swipes through the house-made pickle-perfect tartar sauce. So good, we fetched another container to give our fries the same love.

Our lobster roll hit most of the classic high points: a buttered and toasted frankfurter roll, check; abundant lobster meat dressed lightly in mayo and lemon, yes; and crispy, diced celery in the mix, you bet.

Missing or undetectable from the equation, however, was fresh tarragon some chefs use to jazz up the lobster salad. Also, as a personal preference, I like the sandwich filled with heftier chunks of the shellfish, as seen throughout sections of Connecticut.



Whole lobsters from the deli case
(Photo by Frank Sabatini Jr.)

While waiting for our Styrofoam container of lobster bisque to cool down, we encroached on a hot dog sealed in "natural casing" from Kayem Old Thyme.

"This is crazy looking," my companion said of its ruby-red color, achieved from food coloring that New Englanders have long embraced in much the same way Southerners uphold dye in red velvet cake.

The dog was juicy and flavorful, probably one of the best we've had in a while, and even before dressing it in mustard, relish and onions. It was tucked into a toasted, buttered roll, which provided half the thrill.

Our main disappointment was the lobster bisque. Despite visible flecks of meat floating within, the pale liquid yearned for a robust stock, fresh herbs, white wine or sherry, and far less flour. All told, the roux was stretched too far, and the flavor suffered as a result.

Since our visit, a friend strongly advised I return for a few items we

didn't try, describing the clam dip with house-made chips as "the bomb" and the grilled salmon burger as "fresh and wonderful." The menu extends also to clam chowder; oysters in the half shell; fried shrimp or scallops; fish lumpia and salmon-stuffed pasta shells. Who knew you could find any of these foods when purchasing a bottle of gin or a Bic lighter?

—Frank Sabatini Jr. can be reached at fsabatini@san.rr.com.

(top to bottom) Lobster roll; and fish and chips (Photos by Frank Sabatini Jr.)

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3355 Adams Ave.
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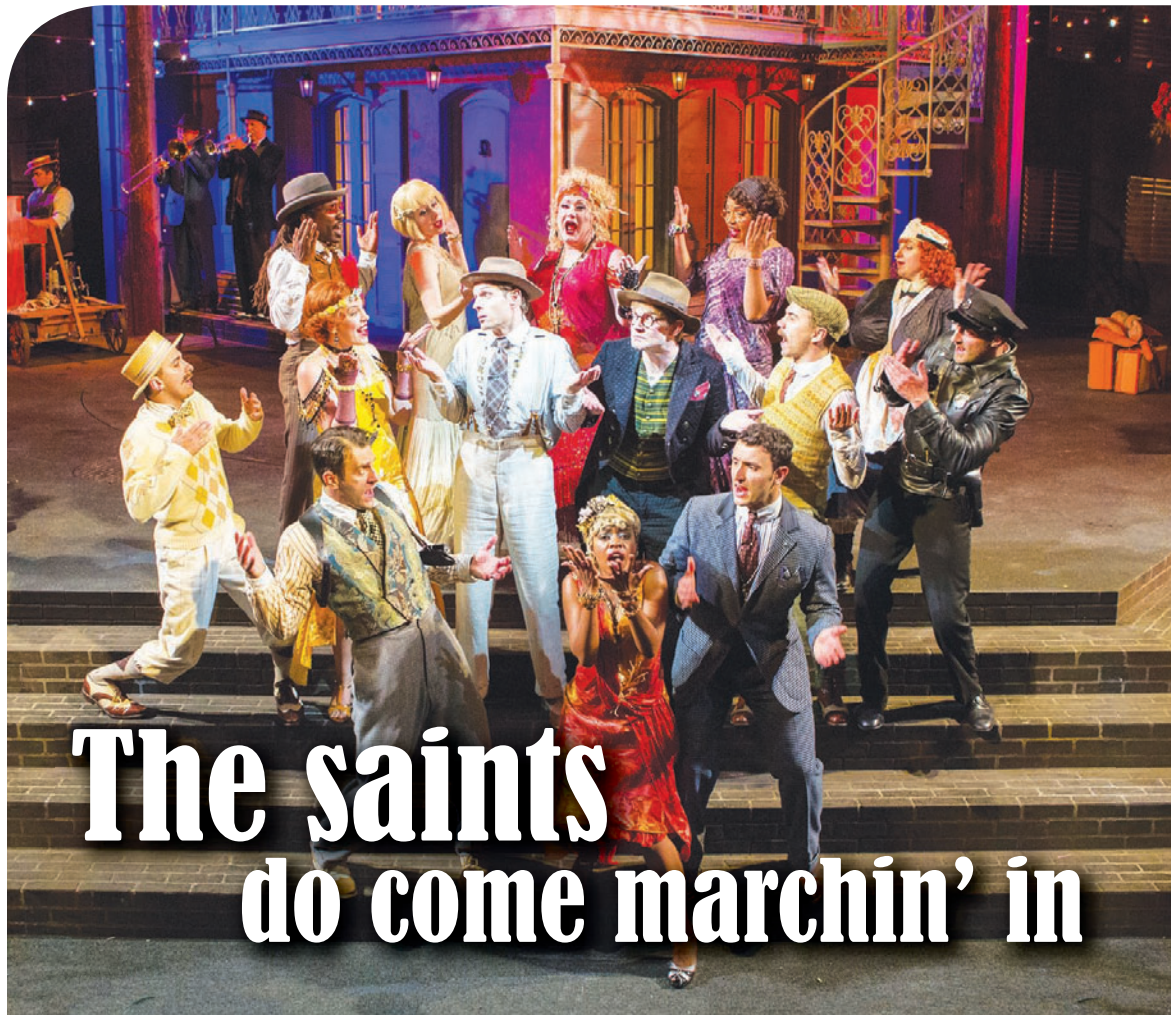
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The saints do come marchin' in

The cast of The Old Globe's 2015 Summer Shakespeare Festival production of "The Comedy of Errors." (Photo by Jim Cox)

Theater Review

Charlene Baldrige



In case anyone missed it, Broadway director Scott Ellis helmed the Old Globe's current offering, William Shakespeare's "The Comedy of Errors," in the outdoors

Lowell Davies Festival Theatre.

Ellis, who had three shows on Broadway this year, trimmed the farcical play — already one of the Bard's shortest — to a quick 90 minutes or so. He also changed the locale from ancient Ephesus to 1920s New Orleans, which gives him an excuse for some fabulous Roaring '20s flapper-style gowns, a typical New Orleans jazz band

parade and a drag Courtesan.

The production seems tailor-made (Linda Cho is the costume designer) for modern audiences, and it is saucy and bold enough to be Broadway bound. Only Associate Artist Deborah Taylor's 11th-hour speech as the Abbess reminded purists where they've been for the last half-century and what they usually witness — de-

spite all the hijinks, it is the sincere and glorious reunion of a family long-sundered, reunited amidst the chaos of mistaken identities. Never mind. The evening was great fun.

Two sets of identical twins, separated in infancy — one set the Antipholus boys of Syracuse and Ephesus (both played by Glenn Howerton), and the other set, their servants, the Dromios of Syracuse and Ephesus (both played by Rory O'Malley). Though more accustomed to cameras than they are to iambic pentameter, both men are winners. Howerton currently stars as Dennis Reynolds in the FXX comedy, "It's Always Sunny in Philadelphia," and O'Malley spent last summer co-starring with Kelsey Grammer and Martin Lawrence in FX's "Partners."

Drag artist Garth Schilling (aka Miss Vodka Stinger) plays the Courtesan and makes the most of her rendition of the interpolated song, "A Little Sugar in My Bowl." This is Schilling's Shakespearean debut. The Courtesan offers comfort to Antipholus of New Orleans and provides foil for a subplot about a gold chain intended for his wife, Adriana, who is played by Shakespeare veteran Megan Dodds. Dodds wears her '20s dress fetchingly and speaks the speech trippingly off the tongue.

Barrett Doss plays her sister, Luciana, for whom Antipholus of Syracuse develops a longing for more than kinship. This creates a great deal of consternation, since no one knows there are two Antipholi. O'Malley performs a wondrous turn as Dromio of Syracuse relates his encounter with a greasy kitchen wench whose body stretches from sea to sea.

For the purists, Patrick Kerr is exceptionally well-spoken as

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Egeon, father of the Antipholus twins, who tells the tale of how all were separated at sea when his sons were infants.

It's great evening of jollity upon Alexander Dodge's gorgeous set ("A Streetcar Named Desire" might be performed there on alternate evenings). Philip S. Rosenberg creates remarkable lighting, Acme Sound Partners make everything audible, and Derek Cannon is responsible for no fuss music direction. The jazz musicians are Cannon, Chaz Cabrera and Jordan Morita. Others just kind of join the parade.

Dialect coach Ursula Meyer does a herculean job of making such a disparate company sound like one Shakespearean troupe. James Vásquez is movement magician; George Ye, the fight director; and Shana Wride the assistant director.

The saints do come marchin' in.

—Charlene Baldrige has been writing about the arts since 1979. You can follow her blog at charlenebaldrige.com or reach her at charb81@gmail.com. ♦

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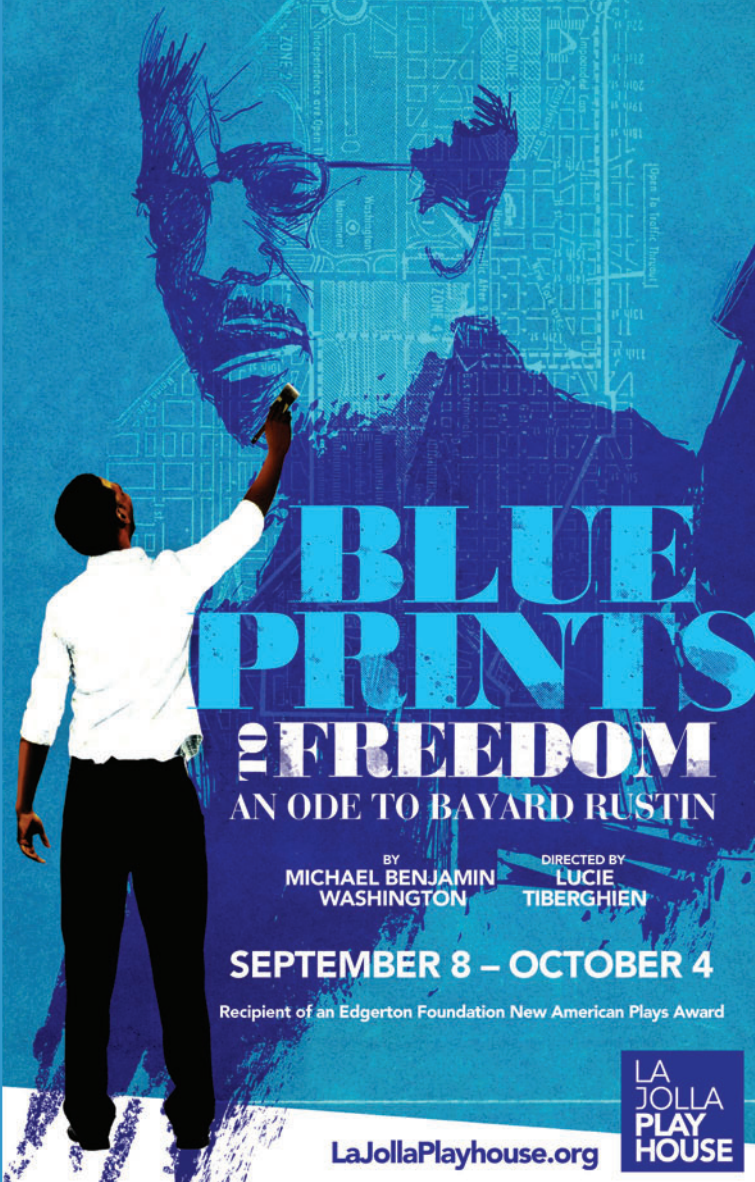
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4		9	8		1	7		5
	6			5				
8			9		6	5		7
9		2		3			1	
					7	3		8

9/6

Sudoku Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

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Puzzle answers on page 16

Uptown Crossword

Hat Trick

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21					22					
23				24				25						
26				27				28				29	30	31
			32			33	34				35			
36	37	38				39					40			
41				42	43				44	45				
46				47					48			49	50	51
		52	53				54	55				56		
		57					58				59			
60						61					62			
63						64					65			
66						67					68			

CREATORS NEWS SERVICE

By Charles Preston

ACROSS

1 Thomas Waller
5 Beginning of a wound healing
9 Firemen's equipment
14 River or range
15 Poi source
16 Houston athlete
17 Forbidden behavior
18 Makes a mistake
19 Big birds
20 Pillbox
23 Employ
24 Nautical shout
25 Highway
26 Placid
28 Break a commandment
29 Actor Holbrook
32 Derby
36 Lotion ingredient
39 Guido's highest note
40 Toast topper
41 Pork pie
46 Youngster
47 Psyche parts
48 Heckle
52 Speeder's penalty
54 Houston-based org.
56 Help

DOWN

57 Cloche
60 Pomp and Circumstance composer
61 Actress Anderson
62 Location
63 Italian city
64 Lulu
65 Spill the beans
66 True
67 Soccer star
68 Pub pints

1 Mushroom or mildew
2 Waken
3 Leather worker
4 Wild plum
5 Novelist King
6 Sophia's husband
7 Order
8 Autumn pear
9 Concord
10 Actor Milo
11 Marie-Henri Beyle
12 Part of Q.E.D.
13 Distress call
21 Full head of hair
22 Composer Satie
27 ___ out: used frugally
28 Food fish

30 Movie detective Ventura
31 Sign of summer
33 Pekoe and oolong
34 Final, for short
35 Architect Ludwig Mies van der ___
36 Play part
37 Mauna ___
38 Stick-in-the-mud
42 Word before oil or water
43 German river
44 Encourage
45 Circus performer
49 O.T. book
50 Rich impressionist?
51 Ford fiascoes
53 Donald's ex
54 Peter of Herman's Hermits
55 Synthetic fiber
57 Muse or award
58 *Ishtar*, e.g.
59 Movie canine
60 Lessons for immigrants: abbr.

Puzzle answers on page 16

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Chevron
Coffee Bean
Comerica Bank
Community Prescription
Deli Llama
DMV
El Cuervo
Falcon Liquor
Fedex/Kinkos
Fitness Together
Flicks
Hash House
Hairspray Salon
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Hillcrest House Bed & Breakfast
Hillcrest News Stand
Hillcrest Pharmacy
Hillcrest Smoke Shop
Hillcrest Vape Shoppe
Inner Spring For Health
Ibis Market
Jack in the Box (220)
Jack in the Box (804)
Jimmy Carter's Cafe
J. Stuart Showalter, JD, MFS
Konna Cafe
Martinis Above Fourth
McDonald's
Meshuggah Shack
Midtown Church of Science
Mission Hills Liquor & Deli
Mission Hills Library
NuNu's
Park Boulevard Pharmacy
Peets Cafe
Post Office
Postal Annex (inside)
Postal Place
Pride Pharmacy
Rich's
San Diego Uptown News
Scrapps Mercy Hospital
Shell Station
Snooze
Special Delivery Food Pantry
Starbucks
Starbucks
Starbucks
Starbucks (Uptown Ctr.)
The Center LGBT
The Loft
The Merrow
Trader Joes
Toma Sol Cafe
UCSD Medical Center (Gift Shop)
UC Medical Ctr. Hosp. Bldg. East
Union Bank
Uptown Car Wash
Urban Mo's
US Bank
V-Outlet
Wells Fargo
Windermere
Wine Steals
Whole Foods Market

NORMAL HEIGHTS/
UNIVERSITY HEIGHTS

A Brothers Market
Adams Ave. Business Assoc.
Adams Ave. Bookstore
Adams Ave. Post Office
Alamo Club
Antiques Row Cafe
Bourbon Street Bar & Grill
Century 21 Horizon
Chase Bank
Coin Laundry
Coin Laundry
LeStat's Coffee House
LeStat's Coffee House
Mueller College
Mystic Mocha
My Backyard
Park Boulevard Foods
Public Library - University
Park Blvd. Laundry
Starbucks
Summer Liquor & Deli

3845 Fifth Ave.
621 University Ave.
4054 Normal St.
514 Pennsylvania Ave.
415 University Ave.
422 W. Washington St.
902 Fort Stockton Dr.
3800 Fourth Ave.
3766 Fifth Ave.
1010 University Ave.
1421 University Ave.
4070 Centre St.
1010 University Ave.
350 University Ave.
3831 Park Blvd.
4180 Park Blvd.
120 W. Washington St.
640 University Ave.
3702 Fifth Ave.
3960 Normal St.
110 W. Washington St.
805 W. Washington St.
734 University Ave.
4019 Goldfinch St.
1017 University Ave.
3628 Fifth Ave.
141 University Ave.
3965 Fifth Ave.
4033 Third Ave.
3845 Front St.
529 University Ave.
120 University Ave.
141 University Ave.
451 University Ave.
3361 Fourth Ave.
1112 Fort Stockton Dr.
220 Washington St.
804 University Ave.
3172 Fifth Ave.
4021 Falcon St.
3995 Fifth Ave.
3940 Fourth Ave.
1414 University Ave.
4048 Goldfinch St.
3858 Front St.
1630 W. Lewis St.
925 W. Washington St.
3537 Fifth Ave.
3904 Park Blvd.
350 University Ave.
3911 Cleveland St.
1286 University Ave.
1010 University Ave.
1270 University Ave.
1051 University Ave.
3737 Fifth Ave.
4077 Fifth Ave.
302 Washington St.
3940 Fifth Ave.
4021 Goldfinch St.
784 W. Washington St.
3801 Fifth Ave.
1240 University Ave.
1080 University Ave.
3909 Centre St.
3610 Fifth Ave.
1271 University Ave.
1010 University Ave.
301 W. Washington St.
200 W. Arbor Dr.
4168 Front St.
3900 Fifth Ave.
4157 Normal St.
308 University Ave.
610 Washington St.
1483 University Ave.
1200 Cleveland St.
265 W. Washington St.
1245 University Ave.
711 University Ave.

NORTH PARK

7-Eleven
7-Eleven
AM/PM
Aarp Center
Albertson's
American Market
Auntie Helen's Thrift Store
Bar Pink Elephant
Blvd. Fitness
BODHI Veterinary Clinic
Chicken Pie Shop
Chiropractic
Claire De Lune Coffee House
Coin Laundry
Coco's
Ectopah Restaurant
El Cajon Blvd. Market
Get It Clean
Grants Market
Heaven Sent Desserts
Isabel's Beauty Salon
Kevin's Barbershop
Kindred Hospital
Lafayette Hotel
Lips Club
Live Wire
Mary McTemen's Real Estate
Media Arts Digital Gym Ctr.
Mission Cafe
North Park Cafe
North Park Family Health
North Park Fitness
North Park Library
North Park Main St.
Paesano Restaurant
Para's Newstand
Pecos Bar
Pigment
Pleasures & Treasures
Push Wash Coin Laundry
Queen Bees
Redwing Bar & Grill
Ritual Tavern
S&D Property Management
Santos Coffee
Starbucks
Tanline
The Laundry Room
The Old Mill Cafe
Victoria House/North House
Western Dental
Williams San Diego Memorial
Young Hickory

SOUTH PARK

Brabant
Cardamon Cafe and Bakery
Hamilton's Tavern & Cafe
Make Good
Rancho Buena Vista Real Estate
Rebecca's Coffee House
The Big Kitchen
The Grove
The Whistle Stop Bar

GOLDEN HILL

Krakatoa Coffee
Lefty's Chicago Pizza
Pizzeria Luigi
Turf Supper Club

KENSINGTON/
TALMADGE

Ken Theatre
Kensington Cafe
Kensington Vet Hospital
Kensington Grill
Kensington Club
Public Library - Kensington
Salon Bordeaux

MIDDLETOWN

Aero Club
El Indio Mexican
Gelato Vero Cafe
Safron Chicken
Shell Station

BANKERS HILL

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Hob Nob Hill
Marketplace Market
Caliph

OLD TOWN

Old Town Liquor
O'Hungry's

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2804 Adams Ave.

1995 El Cajon Blvd.
4697 Ohio St.
2340 El Cajon Blvd.
4075 30th St.
2235 University Ave.
4395 Cleveland Ave.
4028 30th St.
3829 30th St.
2110 El Cajon Blvd.
2200 University Ave.
2633 El Cajon Blvd.
2301 El Cajon Blvd.
2906 University Ave.
1955 El Cajon Blvd.
2644 El Cajon Blvd.
2312 El Cajon Blvd.
3504 El Cajon Blvd.
2953 Beech St.
3001 University Ave.
2227 Fern St.
4004 30th St.
1940 El Cajon Blvd.
2223 El Cajon Blvd.
3036 El Cajon Blvd.
2103 El Cajon Blvd.
3855 Granada Ave.
2921 El Cajon Blvd.
2801 University Ave.
3028 University Ave.
3544 30th St.
3049 University Ave.
3795 31st St.
3076 University Ave.
3627 30th St.
3911 30th St.
2046 University Ave.
3827 30th St.
2525 University Ave.
1525 Fern St.
3925 Ohio St.
4012 30th St.
4095 30th St.
3128 El Cajon Blvd.
3191 Thom St.
2899 University Ave.
2419 El Cajon Blvd.
1955 El Cajon Blvd.
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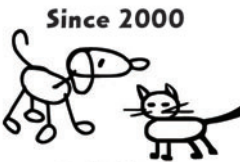
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PUZZLE SOLUTIONS

Sudoku

Puzzle from page 15

7	9	1	6	8	4	2	5	3
2	3	4	7	1	5	8	6	9
6	5	8	2	9	3	1	7	4
1	8	5	3	7	9	6	4	2
4	2	9	8	6	1	7	3	5
3	6	7	4	5	2	9	8	1
8	1	3	9	4	6	5	2	7
9	7	2	5	3	8	4	1	6
5	4	6	1	2	7	3	9	8

Hat Trick

Crossword from page 15

F	A	T	S		S	C	A	B		H	O	S	E	S
U	R	A	L			T	A	R	O		A	S	T	R
N	O	N	O			E	R	R	S		R	H	E	A
G	U	N	E		M	P	L	A	C	E	M	E	N	T
U	S	E		A	H	O	Y		R	O	A	D		
S	E	R	E	N	E			S	I	N		H	A	L
				K	E	N	T	U	C	K	Y	R	A	C
A	L	O	E			E	L	A			O	L	E	O
C	O	L	D		M	E	A	T		D	I	S	H	
T	A	D		I	D	S			N	E	E	D	L	E
				F	I	N	E		N	A	S	A		A
				C	O	V	E	R		F	O	R	P	L
E	L	G	A	R				L	O	N	I		S	I
S	I	E	N	A				O	N	E	R		T	E
L	O	Y	A	L				P	E	L	E		A	L

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FROM PAGE 1
BEEVERS

“I interviewed for a managerial position with the City Heights Farmers Market — despite having no former experience — because the job sounded interesting,” the former website developer said. “I clicked on the first day. I enjoyed recruiting and managing vendors, planning the schematics of traffic control, setting up barricades, booths and canopies, and ensuring that everyone had the correct permits, proper insurance qualification and completed applications. The handfuls of tasks are those one would do when running a business.”

Two years later, Beevers opened his first farmers market in Mission Valley. Golden Hill, University Towne Center and Point Loma followed suit.

“I ride life like it’s a wave,” he said. “In 2009, I opened my first farmers market in Mission Valley thinking, ‘OK, let’s see how far I can ride this wave.’ Today I can honestly say, I’ve found my niche.”

Farmers markets are living, breathing organisms that require an “artistic” balance between produce vendors, craft food and artwork, he said. Pedestrian traffic depends upon the location and markets will grow or shrink based on community support.

“If a community supports a market, it will grow to support that community,” the Point Loma Nazarene University graduate said. “Every market’s a risk that I’m willing to take if I see it as a



Brian Beevers inside the Simply Local store in North Park. Garden-fresh carrots and farm-fresh eggs are sold at the various farmers markets operated by Beevers. (Photos courtesy of Brian Beevers)

viable opportunity. Establishing a new farmers market gives the community the option of purchasing fresh, locally grown, pesticide-free produce as opposed to buying from a large grocery chain that gets its produce from who knows where. But the community mindset must take hold or the market is here and gone.”

Although no one is more determined to support local businesses, farmers, artists and residents than Beevers, the 42 year old is quick to admit that he had to earn his reputation to achieve a loyal clientele.

“My reputation has been built on my work ethic,” he said. “Vendors follow me because they know I’m honest, hard-working and I care about their business. All vendors have price points to

put their sticks in the ground and I don’t duplicate vendors. That is, I won’t bring in 10 cookie craftsmen just to make a profit. The vendors need to make money or I lose all integrity. Everyone who fits the criteria gets a chance. And I won’t give a product the thumbs up — no matter how unique it may be — if I know it won’t sell. I won’t set anyone up for failure.”

Beevers remains adamant in his dedication to support local farmers, stating that “produce gets first priority. We’re there because of the farmers. This is a community market, not a tourist market.”

Beevers stressed that vendors who display their wares at farmers markets enhance their businesses.

“New businesses must view selling at a farmers market as inexpensive advertising,” he said.



“Products gain or lose traction simply by being viewed. Products that resonate sell well.”

Simply Local was Beevers’ retail co-op solution for artists who have neither the time nor the money to launch their own shop in a prime location. Designed to showcase local artists and small businesses, the gift store has a huge social media following and was recently voted best place to shop by San Diego Magazine.

“Simply Local features a phenomenal selection of artists who offer a high quality product,” he said. “Eighty-five percent of what is sold is locally made. Imported items must be super cool and sold as merchandise within the local business.”

Sarah Larson, owner of Often Wander, an eclectic collection of

jewelry, candles, succulents and vintage home décor, is one of Beevers’ many success stories.

“Simply Local offers growing businesses a platform to connect with the community,” the former professional dancer said. “Brian’s a true leader with an amazing network of people filtered through his farmers markets and Simply Local retail locations. Simply Local is the perfect stage for a new business looking to get their name out.”

North Park’s Simply Local is so successful that Beevers opened a second location in Downtown’s newly refurbished Police Headquarters. Admitting that profits aren’t “huge,” Beevers stressed that revenues don’t determine or diminish his motivated hustle.

“I work a lot,” he concluded. “But I love what I do. Simply Local and the farmers markets are my children. And I intend to continue to grow each one of them.”

—Contact Lucia Viti at lucia-viti@roadrunner.com. ♦



Freshly pressed apple cider sold at the farmers market. (Courtesy of Brian Beevers)

FROM PAGE 1
NORTH PARK

Granowitz described the North Park committee as “super hands-on” and wants the update to truly reflect the community’s needs and desires. She criticized the draft document for leaving out critical information, such as North Park being split between two police stations.

The North Park committee is not overly concerned about the city’s density bonus plan, which has caused such an uproar in Uptown. “We are supportive of density,” Granowitz said. “We just want to put density along our transportation corridors.”

North Park is blessed with a number of high-profile transportation corridors. Major north/south corridors include Interstate

805, 30th Street, Texas Street and Park Boulevard. Major east/west corridors include University Avenue, El Cajon Boulevard and Adams Avenue.

Granowitz said El Cajon Boulevard could handle higher density, multi-use development because it has six lanes of traffic and is used by the city’s Mid-City Rapid Bus that travels between San Diego State University and the Santa Fe Depot in Downtown. The City of Villages development concept embraced by the city recommends high-density projects be completed near transit stops to encourage people to use public transportation and bicycles, or to walk more and use their cars less.

The Mid-City Rapid Bus stops along El Cajon Boulevard at 30th Street, Texas Street and the intersection with Park Boulevard. There is also a stop at Park Boulevard and University Avenue, where

a number of high-rise buildings already exist.

Park Boulevard, though, could see additional high-density projects, according to draft documents involving both North Park and Uptown. SANDAG documents show the Mid-City Trolley Extension is due to be completed by 2035, bringing a light rail line from Downtown along Park Boulevard to El Cajon Boulevard and eastward to San Diego State University. And MTS Bus Line No. 10 will eventually be converted to a Rapid Bus along University Avenue through North Park and Hillcrest. Both the trolley and Rapid Bus lines would likely attract higher density projects.

Meanwhile, 30th Street could see rapid change in the next decade or so as the document supports additional growth and redevelopment. A streetcar is being planned along 30th Street from Adams Avenue to Downtown with

multiple stops, which will bring tourists to Golden Hill, South Park, North Park and the Adams Avenue district.

The “Economic Prosperity Element” was retooled by the committee to stress the goals to maintain North Park’s red-hot national reputation as a hipster community and a destination place for tourists and residents from other parts of the city. The document highlights North Park for its home-grown arts and culture, its entertainment and hospitality districts, and its image as a place that is affordable to live and work.

The committee added to the draft document, giving its support and encouragement for more live/work buildings in North Park.

—Ken Williams is editor of Uptown News and Mission Valley News and can be reached at ken@sdenn.com or at 619-961-1952. ♦

The North Park Planning Committee will meet at 6:30 p.m. Sept. 15 on the second floor of the North Park Christian Fellowship Church, located at 2901 North Park Way.

— To read the North Park Community Plan update draft document, visit bit.ly/1K6PG1m.

— To read North Park Planning Committee agendas and minutes, visit bit.ly/1J9pGc.

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UPTOWN CALENDAR

FEATURED EVENTS

MustBePaid Theatre presents 'Repulsing the Monkey' Tuesday, Sept. 1 – Thursday, Sept. 3

A play about Pittsburgh, South Slope and 20-somethings from out of town who want to change it all. "Repulsing the Monkey" by Michael Eichler revolves around Danny and Janey who've inherited Jablonski's Bar and have to decide whether to keep the business open or sell it. This interesting production about a neighborhood bar will take place in our own neighborhood bar, Kensington Club (4079 Adams Ave.) The remaining performances start at 7:30 p.m. (Arrive early to get a drink!) Tickets are \$20 each or \$90 for a booth with six seats. Visit MustBePaid.com for more information.

'An Evening with Alec Mapa' Wednesday, Sept. 2 and Thursday, Sept. 3.

Actor-comedian Alec Mapa has made a name for himself across several mediums including live performances and television. His newest project "Alec Mapa: Baby Daddy" premiered on Showtime in June and his past credits include "Ugly Betty," "Desperate Housewives" and more. Mapa has performed his stand-up in several comedy specials and aboard Rosie O'Donnell's R Family Cruise ships. Now he brings his hilarity to the Martinis Above Fourth stage (3940 Fourth Ave., Hillcrest). Doors for the shows open at 6 p.m., performance at 8 p.m. \$30 – \$40 reserved seating with \$15 food/drink minimum. Visit martinisabovefourth.com for more information.

'Amazons and Their Men' previews Thursday, Sept. 3 – Friday, Sept. 11 (Thursdays – Sundays)

The first production of Diversionary Theatre's (4545 Park Blvd. #101, University

Heights) new season kicks off with preview performances of "Amazons and Their Men" (runs through Oct. 4). The West Coast premiere will also be the directing debut of Diversionary's new Executive Artistic Director Matt M. Morrow. The play explores the true story of filmmaker Leni Riefenstahl whose career was marked by her affiliation with the Nazi party. The production takes a fictional turn following Riefenstahl's film adaption of "Penthesilea" starring two men whose chemistry ignites on and off camera. Opening night is Sept. 12. Visit Diversionary.org for tickets.

'Casablanca' Thursday, Sept. 3 – Sunday, Sept. 6

Cinema Under the Stars is an outdoor movie theater in Mission Hills (4040 Goldfinch St.) that showcases various movies several nights a week. This four-night run features the iconic film, "Casablanca," starring Humphrey Bogart and Ingrid Bergman. Tickets are \$15 at the box office, \$17 with online reservation. Popcorn, candy and beverages will be on sale for \$2 each. Film screenings start at 8 p.m. with a classic cartoon shown first. For more info, visit topspresents.com or call 619-295-4221.

Live music – Steve 'n' Seagulls Tuesday, Sept. 8

This unique band hailing from Finland will be performing their folk-bluegrass cover songs at Soda Bar (3615 El Cajon Blvd., Normal Heights). The band takes classic metal songs and "hillbillies" them. Find their version of AC/DC's "Thunderstruck" on YouTube for a taste of the arrangement featuring banjo, ukulele, upright bass and accordion. They'll be joined by Nashville's country-pop band Great Peacock for this one. Tickets are \$10. Visit Sodabarmusic.com for more information.

San Diego Quilt Show Wednesday, Sept. 9 – Sunday, Sept. 12

The 34th annual show will be at the San Diego Convention Center in Hall A. There will be a preview night and wine reception featuring Lisa Bongean on Wednesday with tickets \$25 in advance or \$30 at the door. Admission to the other three days is \$10 for unlimited access. Visit sandiegoquiltshow.com for more information.

RECURRING EVENTS

Daily:

Don't Try This at Home!: Six varying times per day until Sept. 27, a live science show is presented with demonstrations that are too messy, loud or shocking to try at home. Reuben H. Fleet Science Center, 1875 El Prado, Balboa Park, free with admission. Rhfleet.org.



Mondays:

Singing Storytime: 1:30 p.m., learn what's going on inside your baby's mind, strengthen your bond and sing songs together at Mission Hills Library, 925 Washington St., Mission Hills, free. Library92103.org.
Open Mic Night: 7:30 p.m., the mic is open to you at Lestat's Coffee House, 3343 Adams Ave., Normal Heights, free. Lestats.com.
Karaoke: 8 p.m., your chance to shine on the big stage at The Merrow, 1271 University Ave., Hillcrest. Themorrow.com.

Tuesdays:

Curbside Bites: 5:30 – 8:30 p.m., gathering of gourmet food trucks at 3030 Grape St., South Park. Curbsidebites.com.
Tasty Truck Tuesdays: 6 – 9 p.m., Smitty's Service Station hosts several food trucks under their well-lit shade structure, 3442 Adams Ave., Normal Heights. Sdfoodtrucks.com.
Uptown Democratic Club: 6:30 p.m., Joyce Beers Community Center hosts these meetings on the fourth Tuesday of every month. New members wanted. 1220 Vermont Ave., Hillcrest. Uptowndemocrats.org.
Open Mic Charlie's: 7 – 9:30 p.m. (except the third Tuesday), open mic night at Rebecca's Coffee House, 3015 Juniper St., South Park, free. Rebeccascoffeehouse.com.
North Park Brewer's Club: 8:30 p.m., monthly meeting of the club every second Tuesday of the month on the back patio at Thorn Street Brewery, 3176 Thorn St., North Park. Thornstreetbrew.com.

Wednesdays:

Wednesday Night Experience: 7 – 8 p.m., uplifting and spiritually inspiring experiences for all, weekly at Universal Spirit Center, 3858 Front St., Hillcrest, love offering requested. Universalspirit-center.org.
Storytelling: 7 – 8:45 p.m. the first Wednesday of each month featuring members of Storytellers of San Diego at Rebecca's Coffee House, 3015 Juniper St., South Park, Suggested \$5 donation. Ages 12 and up. Storytellersofsandiego.org.
Wednesday Jazz Jam Session: 7:30 p.m., Gilbert Castellanos hosts the Jazz Jam Session with special guest musicians at Seven Grand, 3054 University Ave., North Park, free. Sevendgrandbars.com.

Additional showings Friday – Sunday. Tickets start at \$15. Topsresents.com.

Fridays:

Memory Café: 10 – 11 a.m., second and fourth Fridays. Gathering place for those with memory loss, caretakers and those worried about memory problems in the Common Room at First Unitarian Universalist Church of San Diego, 4190 Front St., Hillcrest. At-will donation. Memoryguides.org and Firstusandiego.org.
Preschool Storytime: 10:30 a.m., at Mission Hills Library, 925 Washington St., Mission Hills, free. Library92103.org.
Square Dancing Classes: 6:30 – 8:30 p.m., every Friday, class is open to new dancers on Sept. 11 and 18. No previous dance experience needed. Recital Hall,

Taste of Old Town

The Taste of Old Town gives attendees the chance to sample food and beverages from local restaurants while meandering through Old Town San Diego. Various locations will also host live music and entertainment to keep with the festive vibe. A trolley will provide free shuttle service with several stops throughout Old Town. Taste of Old Town will be held from 6 – 9 p.m. Thursday, Sept. 10. Participating restaurants include Barra Barra Saloon, Old Town Mexican Café, Old Town Tequila Factory, Rockin' Baja Lobster and more. Tickets are \$35 in advance, \$40 the day of the event, and \$25 for food only (designated drivers). Visit TasteofOldTown.com for more information and visit bit.ly/1WdAvs7 for a chance to win tickets from San Diego Uptown News.

Thursdays:

Uptown Sunrise Rotary Club meetings: 7 a.m., weekly meeting at Panera Bread, 1270 Cleveland Ave., Hillcrest. Sdurotary.org.
Gentle yoga for seniors: 2:30 – 4 p.m., presented by The Center and Silver Age Yoga Community Outreach (SAYCO) at The San Diego LGBT Center, 3909 Centre St., Hillcrest, free. Thecentersd.org.
North Park Farmers Market: 3 – 7 p.m., in the parking lot behind CVS at 32nd Street and University Avenue, North Park, free. Northparkfarmers-market.com.
Kornflower's Open Mic: Signups at 7 p.m., open mic (no poetry or comedy) 7 – 10 p.m. Family-friendly event at Rebecca's Coffee House, 3015 Juniper St., South Park, free. Rebeccascoffeehouse.com.



Cinema Under the Stars: 8:30 p.m., classic movie screenings at 4040 Goldfinch St., Mission Hills.

2130 Pan American Plaza. \$50 for thirteen classes. 858-277-7499 or circulators.sdsda.org.

Saturdays

Old Town Saturday Market: 9 a.m. – 4 p.m., on Harney Street and San Diego Avenue, Old Town, free. Also held on Sundays. Oldtownsaturdaymarket.com.
Golden Hill Farmers Market: 9:30 a.m. – 1:30 p.m., on B Street between 27th and 28th streets, Golden Hill, free. Sdmarket-manager.com.
Children's Craft Time: 10:30 a.m., at Mission Hills Library, 925 Washington St., Mission Hills, free. Library92103.org.
Comedy Heights: 8 – 10 p.m., local comedians take the stage next to Twiggs Coffeehouse at 4590 Park Blvd., University Heights, free. Comedyheights.com.



Sundays

Free Pancake Breakfast: 8:30 – 9:45 a.m., every second Sunday this neighborhood breakfast precedes worship service and Sunday school at Normal Heights United Methodist Church, 4650 Mansfield St., Normal Heights. Email nancy@nhunited.org.
Hillcrest Farmers Market: 9 a.m. – 2 p.m., under the Hillcrest Pride Flag, Harvey Milk and Normal streets, free. Hillcrestfarmers-market.com.
Karaoke: 8 p.m., your chance to shine on the big stage at The Merrow, 1271 University Ave., Hillcrest. Themorrow.com.

—Email calendar items to ken@sdcnn.com. ♦

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FROM PAGE 1
UPTOWN

nesses, said the HBA is opposed to designating the commercial corridor of Hillcrest as a historic district. Instead, Nicholls urged the planners to put in the update document that the commercial corridor be encouraged to join the Main Street national program.

The National Main Street Center, a subsidiary of the National Trust for Historic Preservation, is a popular program that works to create preservation-based commercial district revitalization in cities and town across the U.S.

Ian Epley, architect with i.e., Design, read a long statement he had written in advance. "Should we let a small group of people whose passion is the past effect an entire community's future? A good community plan embraces not only what was, but what will be. So, it is equally important that the voices of those with a passion for the future also be considered," he said.

"A historic survey requested through the city of San Diego and carried out by Ione Stigler determined that the only historic resource in Hillcrest was the sign at Jimmy Wong's. The Hillcrest Community Development Corporation agrees," said Epley, who represented that group.

"The built environment is completely eccentric in nature and future development can be themed with the use of the national Main Street program, a program that is supported by both the HBA and the Hillcrest CDC. A historic district in Hillcrest is not needed."

The Uptown Planners voted to approve the statements and recommendations of SOHO, University Heights Historical Society and Mission Hills Heritage, and advised the city planners to include them in the revised document.

Editing of the "Economic Prosperity" element proved to be less controversial.

- Goals were set:
1. Increase employment within the community by increasing small business opportunities.
 2. Create a diverse mix of busi-

- nesses that provide a variety of goods and services.
3. Increase the aggregate buying power in the community.
4. Promote successful entertainment districts that appeal to local and regional residents as well as tourists.
5. Encourage vibrant neighborhood commercial districts where residents purchase a significant share of their basic needs and services from within the community.
6. Create parking and multimodal transit options for the automobile-oriented commercial districts.
7. Expand medical related development and employment.

The draft document expects Uptown will add 2,200 jobs by 2030, mostly in health services. Uptown has several major hospitals and numerous medical offices, which amount to 40 percent of all office space in Uptown. Uptown has about 3.6 million square feet of office space and 2 million square feet of retail space — and most of the space consists of older structures.

A disturbing trend is forecast: the loss of jobs in the leisure and hospitality fields, affecting workers at hotels, bars, restaurants and entertainment businesses. Resident Sharon Gale questioned the SANDAG statistics and was told by planners that such data are not always accurate when peering that far into the future.

The document notes that Uptown's entertainment and dining districts — largely located along University Avenue and Fifth Avenue — could benefit if transportation links are enhanced, especially from the touristy Gaslamp District via a proposed sky tram up Sixth Avenue to Balboa Park and a street car line. The draft encourages the marketing of Uptown to visitors who come to Balboa Park or stay Downtown.

Another transit bonus could come from Mid-City Trolley Extension that SANDAG is planning to traverse from Downtown along Park Boulevard to El Cajon Boulevard and eastward to San Diego State University. That light rail line — expected to be completed by 2035 — could bring visitors to the east side of Hillcrest.

Eastern Hillcrest appears most

poised for future growth, and the document encourages higher-density projects to be built along major transportation routes, such as along Park Boulevard between Robinson Avenue and El Cajon Boulevard. The documents recommends preserving the Egyptian Quarter, a historical neighborhood in that vicinity.

A Bankers Hill resident lamented about "dead blocks" along Fifth Avenue where the first floors of high-rises have no commercial or retail businesses. Planners were asked to support commercial and retail businesses on the first floors of high-rises as an incentive for people to walk, shop and dine in their neighborhoods.

Nicholls said the HBA is excited that the draft recognizes the importance of the entertainment districts, but asked that the city define what that means in the docu-

ment. He liked the incentives for developers to create public spaces.

Some on the advisory group urged planners to find solutions for sprucing up alleys so that small businesses such as cobblers, tailors and key makers could find affordable spaces that were also safe for shoppers. That triggered a discussion about affordable rents for small business owners, and whether shared spaces should be encouraged in larger buildings where the rents are too high for one business.

Nicholls pointed out that many of the older buildings in Hillcrest were built in a time and an era when large spaces were affordable. He pointed to the former City Deli restaurant as a good example of a business that could not thrive in such a large space.

Michael Brennan, secretary of Uptown Planners, supported the

concepts of live/work spaces and subdividing larger buildings to be used by several businesses. He joined Nicholls in embracing the Main Street approach to revitalizing Hillcrest's commercial corridor.

The draft document also calls for boutique hotels and a new parking garage near central Hillcrest, perhaps casting an eye at the Pernicano's property that is up for sale. The potential buyer seems intent on putting underground parking on the site, as well as a boutique hotel, restaurants and retail shops. That site — between Sixth and Fifth avenues just south of University Avenue — is considered the heart of Hillcrest.

—Ken Williams is editor of Uptown News and Mission Valley News and can be reached at ken@sdenn.com or at 619-961-1952. ♦

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