



Beaten tourist finally discharged, heads Down Under

By JILLIAN RISBERG | THE BEACON

A savage assault in Ocean Beach in February left Australian tourist Robert Schneider with life-threatening injuries but has not quelled his indomitable spirit or love of travel.

The 26-year-old was released from UC San Diego Medical Center in Hillcrest on Friday evening and has returned to Adelaide after five weeks of rehabilitation in San Diego. He said, however, he is still eager to get back up on a surfboard and quench his thirst for adventure.

On Feb. 27, Schneider was brutally beaten unconscious with a skateboard and thrown into a blazing fire pit at the foot of Abbott Street in Ocean Beach. Schneider spent two weeks in a medically induced coma and had multiple skin grafts to treat 2nd- and 3rd-degree burns on his upper chest, back and stomach.

He will receive follow-up treatment at a trauma burn center in Adelaide and will be fitted with pressure garments to help with any scarring. He is healing well after reconstructive surgery on a severe skull fracture and a shattered eye



COURTESY PHOTO CARL GREGORY | THE BEACON

Australian tourist Robert Schneider, 26, holds a flier promoting a benefit dinner in his honor on April 13 downtown. Schneider was released from UC San Diego Medical Center in Hillcrest after five weeks of rehabilitation following a brutal beating in Ocean Beach on Feb. 27.

socket.

Schneider and his parents, Peter and Judy, held a news conference at the hospital Thursday to express their gratitude to the doctors and nurses who saw them through their

SEE **SCHNEIDER**, Page 4

Planning boards wrap election cycles, but vacancies remain

By SEBASTIAN RUIZ | THE BEACON

A smaller field of voters turned out to the polls April 3 in a run-off election to determine the last of five open seats on the Peninsula Community Planning Board (PCPB).

Though all five seats have been filled, the board must now decide how to fill another vacancy created by the resignation of former board member Katheryn Rhodes. Rhodes left the board following the initial March 20 election to work with other community groups in the city. She resigned March 21.

PCPB voters elected Shelly Kilbourn McGee, who nudged out the board's Airport Committee chair, Lance Murphy.

Nearly 460 voters handed

SEE **PCPB**, Page 5

OB planners seat incoming board

By SEBASTIAN RUIZ | THE BEACON

The Ocean Beach Community Planning Board (OBCPB) confirmed and seated their newly elected board members during a monthly meeting April 4 at the Ocean Beach Recreation Center.

Five of the seven seats available went uncontested with the contested seat filled after a three-way race.

The seventh seat, that of Shane Finneran, remains vacant because Finneran chose not to vote for himself,

SEE **PLANNERS**, Page 5



Antique bargain hunting

PAUL HANSEN | THE BEACON

A shopper checks out items displayed Saturday during the Ocean Beach Antique District's Spring Cleaning Event on Newport Avenue. Five antique shops featured hundreds of unique items during the two-day event.

Western's new top cops hit ground running

By LORALEE OLEJNIK | THE BEACON

San Diego Police Department's (SDPD) Western Division has new leadership at the helm. Capt. Bill Edwards and Lt. Lori Luhnnow began their assignments at Western Division earlier this year.

For Edwards, a 30-year veteran police officer who has been with SDPD since 1979, this is his third time working the division that includes Ocean Beach, Point Loma, Morena, Midway District, Hillcrest, Mission Valley, Mission Hills, University Heights and Linda Vista. In total, Western Division encompasses about 26 square miles and 176,000 people.

Edwards served Western Division as a police



LORALEE OLEJNIK | THE BEACON

Capt. Bill Edwards has assumed the helm at the San Diego Police Department's Western Division, along with Lt. Lori Luhnnow. Both have extensive SDPD resumes.

SEE **LEADERSHIP**, Page 3

Surf Report

SATURDAY

Hi: 2:44 a.m.
6:05 p.m.
Low: 10:43 a.m.
10:30 p.m.
Size: 3-4 ft.
Wind: 4-11 mph

SUNDAY

Hi: 4:23 a.m.
6:50 p.m.
Low: 11:52 a.m.
--
Size: 3-4 ft.
Wind: 6-11 mph

Prodigious alum

A Point Loma High School grad is capturing the spotlight in Seattle with her theatrical work "Wake." **8**

You made the call

Our readers weigh in on their favorite local merchants with the Beacon's inaugural Readers Choice Awards 2007. **INSIDE**



Pointers catching fire

After getting off to a sluggish start this season, the Point Loma High baseball team is suddenly finding a groove. **9**

De Anza Mobilehome Park's fate, resolution still in murky waters

By SEBASTIAN RUIZ | THE BEACON

A decades-old legal battle over money and land between the city and residents of De Anza Mobilehome Park continues with small steps forward but no immediate resolution in sight.

The city still wants De Anza residents to move from the park to free up the public land for public use. But representatives for the residents continue to hold out for more money, saying that the city should give them anywhere from \$48 million to \$84 million in fair market value for their

homes and other relocation expenses, according to Vincent Bartolotta, an attorney representing the De Anza residents.

In the past, the city has offered residents up to \$8,000 for moving out, which the residents rejected, Bartolotta said.

"If that home is worth \$130,000, which does not include any money from the land because they don't own the land, and you're taking it away, why shouldn't they get 130,000, the fair market value, the price of their home?" Bartolotta said.

Court rulings filed in March rejected the residents' claim that the city should pay fair market value for the homes. The court order issued by Judge Charles R. Hayes requires the city to prepare a relocation plan in accordance with state law.

The order also requires that two "special masters" — usually a retired judge — oversee the relocation process.

However, Bartolotta said the his firm filed a request in late March asking the court for detailed clarification of the relocation process, including an explanation of how the special masters are chosen.

"Does each side choose one (special master) or do we all get together and see who's going to do the report?" he said.

Bartolotta said the court has 15 days to respond to his request but

added that there may be delays.

The City Attorney's Office is trying to cooperate with the De Anza residents, said Deputy Attorney Mia Severson. The city contacted the lawyers for De Anza, giving them 10 days to submit a list of candidates for special master. Severson said the city attorney's office heard no reply from Bartolotta's firm before the April 4 deadline.

"The city would like to comply with the court's order and would like to work towards a way of moving the property back to the public use in a way that's respectful to the residents and in a way that provides them reasonable mitigation that provides for relocation," Severson said.

The city had plans to close the park in November 2003 to make room for public use of the area. Since then, De Anza residents have been arguing with the city over how much the city should be required to compensate residents. Some of residents have medical needs or are on a fixed income and may not be able to afford housing somewhere else, attorneys for De Anza residents said.



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PAUL HANSEN | THE BEACON

Residents of De Anza Mobilehome Park on Mission Bay are still embroiled in a dispute with the city over displacement and compensation.

How Does This 67-Year Old Doctor Have The Body Of A 30-Year Old?

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Jeffrey Life, MD, age 67, after Cenegenics as featured in GQ magazine. This photo is not digitally enhanced.

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Tasty books to sink your teeth into

RONAN GRAY | THE BEACON

Visitors are reflected in an overhead mirror during the San Diego Book Arts ninth annual Edible Book Tea at the Watercolor Society Gallery, NTC Pomenade at Liberty Station in Point Loma, on April 5. The event featured books made from edible materials, and prizes were award to the best entrants.

LEADERSHIP

CONTINUED FROM Page 1

officer from 1980 to 1984 and as a lieutenant from 1986 to 1988, finally returning as captain Jan. 26.

Luhnnow is an SDPD veteran of nearly 20 years, with an impressive resume. She became the department's first female SDPD motorcycle officer in 1993 and headed up the highly successful administrative citation program, wherein homes hosting loud par-

ties are subject to \$1,000 civil assessment fines. This is Luhnnow's first time policing Western Division. She began on Feb. 22 and focuses on the Ocean Beach, Point Loma and Rosecrans areas.

The Beacon had the opportunity to sit down with Edwards and Luhnnow to discern their perspectives on policing the community. The results are presented in question-and-answer format.

Characterize Western Division from a policing perspective.

Edwards: You have very diverse

communities. You also have very influential communities. I would say the people are very pro-police. They want to work with the police department. The challenges we face are that we are rebuilding an organization and trying to improve staffing levels to provide the level of service that I think the public has come to expect from us.

Luhnnow: The biggest thing I've noticed already is the level of community support and involvement.

SEE WESTERN, Page 7

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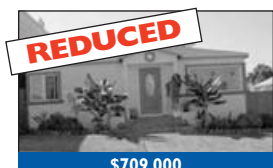
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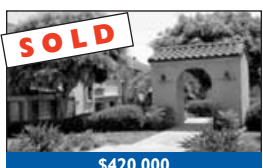
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SCHNEIDER

CONTINUED FROM Page 1

darkest hour.

"He was pretty bashed up. It was horror, and I was broken," said Judy Schneider. "The surgeries they performed on him have really returned him to life for us, and we are so grateful. We know that God had no intentions to let our son die in that fire, and this is a testament to that."

Peter Schneider agreed. "Their compassion, their understanding, their love, has kept us up because there were days where we would have gone down," said Peter Schneider.

It was a team effort, according to Dr. Bruce Potenza, director of the Regional Burn Center.

"I'm hopeful that you've seen the best that our country has to offer after having lived through the worst," Potenza said.

He said Robert Schneider surpassed medical expectations and is expected to make a full recovery but that he may experience symptoms consistent with a traumatic brain injury.

"Headaches, memory loss, concentration, slight personality changes, and over time I would expect those to improve," Potenza said.

The Schneiders praised the response from the San Diego community.

"There were two bad people in San Diego; there's been thousands of people that have poured their hearts out to us," Peter Schneider said. "We can be standing here smiling today. Five weeks ago we were bawling our eyes out, really upset – the people of San Diego have lifted us up."

While the Schneiders are relieved by the recent arrests of two tran-

sients linked to Robert Schneider's beating — Damian Maple, 21, and Frank Montoya, 46, in Idaho and Oregon, respectively, on felony torture and mayhem charges — they said their first responsibility is to their son.

Maple, who has since been extradited to California, pleaded not guilty during an arraignment in San Diego court Monday. He is being held on \$1 million bail.

Montoya has yet to be extradited, according to prosecutors.

"They need to stand accounted for what they did to Robert; that's not acceptable," Peter Schneider said. "But, from our point of view, Robert's alive (and) he's recovering."

The case was brought to a successful resolution through the joint efforts of police and witnesses who came forward.

"In all honesty, this is probably one of the more brutal, sadistic-type crimes that I've heard, and I think that this thing just got out of hand," said Capt. Bill Edwards of the police department's Western Division.

Even before the Feb. 27 incident, recent media reports of crimes against overseas travelers left family members concerned, they said.

"Robert's been away since May last year and there was always that little niggling thing in the back of the head, 'We hope it doesn't happen to us,'" Peter Schneider said.

With the life-altering event behind him, Robert Schneider had a few parting words for the city that embraced him.

"Thank you, everyone. Thank you, San Diego," he said.

For gifts to the Friends of Robert Schneider Fund at Wells Fargo Bank (account No. 7707402199), make checks payable to: "Friends of Robert Schneider," Outdoor Travel Adventures, c/o "Robert Schneider Campaign," P.O. Box 60084, San



JILLIAN RISBERG | THE BEACON

Robert Schneider, center, participates in a news conference with mother Judy and father Peter on April 3. The Schneiders thanked doctors at UC San Diego Medical Center in Hillcrest and the San Diego community at large.

“ We can be standing here smiling today. Five weeks ago we were bawling our eyes out, really upset — the people of San Diego have lifted us up.

PETER SCHNEIDER
FATHER OF ASSAULTED TOURIST

Diego, 92166.

Additionally, a fundraising dinner event is planned for Sunday, April 13 from 2 to 6 p.m. at Bondi, 333 5th Ave. in the Gaslamp Quarter of downtown. Admission is \$8 and includes an Australian barbecue, a live band and a raffle for grand prizes: two tickets to Australia and a trip for two to Fiji.

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PCPB

CONTINUED FROM Page 1

McGee a 246-count victory over Murphy's 212 votes. McGee joins J. Scott Brown, Jim Lester, Charles Mellor and Donna Kaup as board members-elect.

Only two candidates faced off on the run-off election because four candidates on the original March 20 ballot withdrew from the race.

Not included on the ballot this time around were incumbents Geoff Page, Mignon Scherer and Patti Barbee-Rank and challenger Harris Steiner.

A dust-up over who would remain on the ballot just hours before the election caused city officials — at the recommendation of the City Attorney's Office — to step in.

"The candidates requested that their names be withdrawn and the city accommodated that

request," said Max Stalheim of the city's Planning and Community Investment Planning Department. "I think ultimately it made for a clearer ballot and certainly that's going to assist the electorate."

PCPB Election Committee chair Cal Jones, however, said the city shouldn't have interfered with the election process without first consulting the entire board. Though the candidates told Jones they wanted out of the race, he said he refused to confirm that for the city.

"They [city officials] have commandeered the election process and procedures without the board's consent or the electorate's consent," he said.

Jones said changing the ballot in the middle of an election is unfair to voters.

Conversely, Deputy City Attorney Alex Sachs said the election went fairly well with no reports of electioneering.

Still, questions remain because of an attempt by Page — the exiting PCPB chair — to declare both the March 20 vote and April 3 run-off elections illegal. As a result of Page's decision, Sachs said the City Attorney's Office would be looking into allegations of impropriety lodged by Page.

With the results of the two recent elections potentially in limbo, yet another vote may be in store for Peninsula voters.

In a memorandum to board members, the City Attorney's Office recommended a special election be held to fill the vacancy left by Rhodes.

If the board decides to follow the city attorney's recommendation this year, ballots could be cast yet again sometime soon.

The Peninsula Community Planning Board advises the city on land use and development issues on the Peninsula.

For more information, visit www.pcpb.net.

PLANNERS

CONTINUED FROM Page 1

according to OBCPB chair Landry Watson.

"Any person who fills out a petition could potentially be appointed [to the board]," he said.

To qualify for the seat the applicant must live or own a business in the area they want to represent and must also gather 35 signatures from residents or business owners in the area. To download an application, visit www.obpb.org.

The board seated the six new board members April 4.

Newly elected board members include Seth Connolly, who

claimed the only contested seat for the district around Newport Avenue. The seat represents many businesses in the surrounding area, according to Watson.

Connolly received about 37 votes, edging Eli Ben-Moshe, who garnered 28 votes. Patrick Tyler Farmer also ran for the seat and collected about 3 votes, according to the unofficial count.

As a result of the uncontested races, the board also seated Ronson Shamoun, Brittany Taylor, Michael Taylor and George Murphy and appointed new board member Giovanni Ingolia as vice chair.

Taylor served on the OBCPB about two years ago and returns after a break from the board,

Watson said.

In other board news, the board overwhelmingly approved both projects on this month's agenda, Watson said.

The board approved a permit to convert existing residential units at 4862 Santa Monica Ave., into a veterinary hospital.

The board also approved an application for a condominium conversion project currently under construction at 4844 Coronado Ave., Watson said.

The Ocean Beach Community Planning Board acts as an advisory board to the city. It advises on land use and development issues in Ocean Beach. The board is one of the oldest community planning boards.

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GUEST COMMENTARY

Tax board offers tips to last-minute filers

California Franchise Tax Board

Here is a last-minute filing tip for Californians from the state Franchise Tax Board: tax errors can cause major delays in processing your refund.

With only days left before the April 15 tax deadline, the Franchise Tax Board (FTB) is offering last-minute tips for taxpayers and outlining the top-10 tax filing errors that delay refunds.

"There is time left for even the most complicated returns, and we offer a number of tools that can help you speed up your refund and prevent errors in the filing process," said state controller and FTB chair John Chiang.

"A taxpayer can file his or her return online today and have a refund in the bank well before April 15," he said.

Speed up your refund

Taxpayers who file online and have their refunds issued by direct deposit often get refunds within a week. Paper returns requesting check-issued refunds will take six to eight weeks.

Avoid Common Errors

The 10 most common errors include:

1) Estimated tax payments: claimed amounts do not match FTB records.

2) Payments and credits: amounts either incorrectly added or subtracted from total tax.

3) Withholding credits: amount of withholding claimed does not match W-2s.

4) Estimated tax transfer: incorrect refund amount transferred from previous tax year.

5) Excess State or Voluntary Plan Disability Insurance (SDI/VPDI): excess amount not

substantiated.

6) Exemption credits: claimed amounts miscalculated due to income limitations or computation errors.

7) Amended returns: incorrect amounts transferred from original return to amended return.

8) Tax: wrong amounts selected from the tax table on paper returns.

9) Renter's credit: wrong amounts claimed for filing status, income limits exceeded, or not qualified due to residency status.

10) Deductions: incorrect amounts claimed for standard or itemized deductions.

FTB's new "My FTB Account" service can help taxpayers avoid many of these errors by allowing them to view their estimated tax payments, California wage and withholding information, and other useful information online. Electronic filing programs, like CalFile and ReadyReturn, also catch many errors before the return is submitted.

Need Extra Time?

California automatically gives taxpayers a filing extension on their state returns to Oct. 15. But if you owe tax this year, make sure you pay that amount by April 15 to avoid interest and penalties. If you can't afford to pay by April 15, you can request a payment plan online. You will generally qualify if you owe less than \$25,000 and can pay your taxes within five years.

— *Tips and information submitted as a public service by the California Franchise Tax Board.*



LETTERS TO THE EDITOR

Dog waste may be cause for ban along boardwalks

I'm writing because of what I have witnessed over a 24-hour period. I have been witness to more dog feces on the boardwalk and beaches than I care to.

With that being said, I think we need to examine a ban of dogs on the boardwalk. I am not against dogs; I'm just against the lazy owners that can't clean up after them.

I ride my bike on the boardwalk on a daily basis and I see more dog remains all over the place. If we are reviewing a ban of alcohol at the beach for the reason of cleanliness, I truly believe we should take a real look at restricting dogs. We have dog beaches for them and they can run and crap all day long, and if the owners don't want to clean up after their dogs, fine, because the only people that will be stepping in the remains will be fellow dog owners, not innocent bikers out for exercise.

I don't know if you've ever had the displeasure of cleaning dog remains from the treads of your bike tires, so let me tell you firsthand that I would rather do something else, like, say, stub my toe extremely hard, rather than do this.

I believe that the number of people drinking causes the

same percentage of problems as those who don't clean up after their dogs. Over a 24-hour period, I witnessed two dog owners not clean up after their pets. This is littering and should be treated as such, and the fine should correspond to that of littering.

Those same percentages also don't know what the leash law is and the hours they're permitted to walk.

If we are restricting the drinking of alcohol at the beach to keep our beaches clean, we need to examine the restriction of dogs for that same reason.

Let the dogs have Dog Beach and let humans have the rest of the beach and boardwalk. At least beer cans are recyclable and picked up because they hold a cash value for someone.

James Olson
San Diego

Encourages action, not warnings for smoke shops

When a deputy city attorney talks about a lack of political will to go after smoke shops, I have to wonder what's going on at City Hall ("Warning distributed to area smoke shops," Beacon, April 3, page 12).

I've met Makinne Hammond, and she is a highly motivated,

articulate person, very available to work on community crime issues here at the beach. So, I was floored to hear her quoted in your paper as saying "... but I don't know if there is the political will to go after marijuana."

For crying out loud, between Pacific Beach and Mission Beach there are 11 of the damn things; that's 20 percent of the total for the entire city! Smoke shops are an eyesore and common sense would tell you that they contribute to the high number of drug problems in our community.

Let's not be naive; a bong is not for tobacco and the proprietors know it. As for "political will," the PB Planning Board, Town Council and Business Improvement District (Discover PB) have all contacted their elected officials to complain about smoke shops.

What is this if it's not an expression of political will? Instead of sending warning letters, how about some prosecution?

Let's find out in court whether the "doofus defense" ("Gee, we don't know whether this stuff is used for inhaling illegal drugs") tried by these shop proprietors will hold up in court.

Bill Bradshaw
Mission Beach

YOUR VIEWS

POLICY

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The Beacon reserves the right to exclude any Letter to the Editor, or to edit Letters to the Editor for length and prevention of libel, or for other reasons as seen fit by the editors.

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SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The editor reserves the right to edit for clarity.

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WESTERN

CONTINUED FROM Page 3

Through my interaction with people, I am pleasantly surprised at how much support we have and [by the] understanding they give us toward our challenges right now with staffing and their willingness to help out. They aren't looking for us necessarily to own some of the problems that they can help with. In fact, they're proactive in trying to solve their own problems, and they just need a little support from us, and we're more than happy to give it to them.

Other than departmental challenges such as staffing, what are some specific challenges for Western Division?

Edwards: When you talk about Ocean Beach and Point Loma,

obviously you always have an issue with homeless problems. It's an area people migrate to. You've always had auto thefts and car prowls, but one of the things that's changed that I've noticed from the last time I worked here is you're starting an upturn in violent crime, and it's more of people within the community later in the evening/early morning hours attacking each other, and that's something that's a little unusual. We've had homicides, some severe ones, and we've had violence out there, but this to me is a different type of activity that I'm not used to seeing in the Ocean Beach area. Obviously, everyone's well aware of the situation at the fire ring (the brutal Feb. 27 attack on Australian tourist Robert Schneider, who was beaten and thrown into a fire ring in OB. Both suspects have been taken into custody). That's one of the more brutal

crimes that I can think of. What's the point of reason?

What are going to be your strategies for policing Western?

Edwards: The new patrol chief [Boyd Long] has asked each division to come up with goals. I've already asked each sergeant to get with their squads and develop some divisionwide goals. It may be a little bit different depending on [the] community, but I need to come up with three or four common goals we can work on for the next year to two years or longer and still fulfill the mission of the San Diego Police Department. And what's specific to enhancing public safety and improving quality of life? Some of the basic tenets that this department has built its reputation on: community policing, problem solving, working in

SEE **POLICE**, Page 8

RETIREMENT MAY BE FAR OFF, BUT THE APRIL 15 DEADLINE FOR IRA CONTRIBUTIONS ISN'T.

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PLHS alumnus making a 'Wake' in Seattle's theater spotlight

By KATE SEARCY | THE BEACON

One of Point Loma's own is now seeing her latest theatrical work produced onstage for audiences in the Seattle area. Playwright Sonya Schneider's latest work, "Wake," is currently in preparations for its

world premiere.

"It's totally amazing," Schneider said. "I started this process about a year ago. I began writing the first draft of the play and it has evolved so dramatically since then."

Presented by Onward Ho! Productions and directed by Laurel

Pilar Garcia, "Wake" includes a cast of seven ensemble actors.

According to a short description of the play on its official blog, www.wakeplay.blogspot.com: "Thirteen years ago, the Harlow family suffered a tragedy that cast a shadow over all their lives. When two outsiders join a special family gathering, relationships are changed, assumptions are challenged and a world where the truth has been too painful to accept is forever altered."

Schneider said her inspiration for writing the play came from close to home.

"Its roots are definitely in my family history," she said.

Schneider said the process of writing the piece took about a year to complete, during which time she said she went through at least four full drafts before completion.

"The more I imagined it and first conceived it, the more it took on a life of its own," Schneider said.

A 1996 Point Loma High School (PLHS) graduate, Schneider said she was lucky enough to be enrolled at the school during the same time that noted English, visual performing arts teacher and musical theater program director Larry Zeiger

was still teaching there.

"I was fortunate enough to be in Point Loma before his retirement and we put on a great show," Schneider said. "I had a very small part. That was one of my first forays into live theater."

Zeiger, for whom the school's performing arts center is now named, retired last June after 33 years of service to the school. His musical theater and cinema arts program's unique curriculum, one in which he had his students write, choreograph, design and produce their own musical each year, was recognized by both local and national media outlets for its groundbreaking and successful nature.

Zeiger was also awarded an Emmy by the National Academy of Television Arts and Sciences during the 33rd annual Pacific Southwest Emmy Awards in June.

In addition to her experiences with Zeiger, Schneider said she continues to utilize all she learned from her seminar English teacher, Cynthia Hedges.

"She was hugely influential in just helping me focus on writing," Schneider said.

Outside her years at PLHS, Schneider said she gained a lot of

knowledge and inspiration from the plays she saw at La Jolla Playhouse, where she said she saw many of her first plays.

After graduating from Point Loma High, Schneider said she earned an English degree and studied playwriting at Stanford University. Schneider said she worked at the Manhattan Theatre Company before relocating to Seattle.

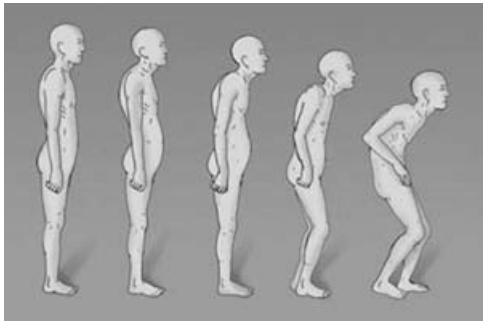
"I've worked in theater now for five years, in the administrative side, and I've seen new plays happen and change," said Schneider. "But I had no idea what that meant for my own work. Writing a play is just one piece of the puzzle that's a collaboration between the actors, the designers and the production of the play."

Schneider said she hopes to return to San Diego.

"Well, I hope one of my plays comes to San Diego, so I have a reason to return [to] see all my friends and family and go to the beach," Schneider said.

Performances run through Sunday, April 13 at Little Theatre, 608 19th Ave. East on Capitol Hill in Seattle. Tickets are \$10 to \$15. For information, visit www.brownpapertickets.com.

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Midway post office to handle late tax filers Tuesday

Residents waiting until the last moment to get their taxes postmarked by midnight April 15 will be able to take advantage of the U.S. Postal Service Office at 2535 Midway Drive.

Postal officials said the extended hours will apply to both retail service and collections. But postal officials also warn late tax filers to be prepared for a traffic headache if they do wait until the last moment.

To play it safe, taxpayers are

urged to use the following tips:

- Get postage calculations quickly and easily by visiting www.usps.com.

- Mail tax returns early in the day to avoid the late afternoon and evening rush.

- Even after closing hours, postage stamps may be purchased from stamp-vending machines or automated postal centers, which can weigh articles, print address labels with postage already affixed and

vend stamps.

Mailers who desire proof of mailing and delivery should request Certified Mail with Return Receipts.

Tax forms are not available at most post offices but are available by visiting www.irs.gov/forms-pubs/index.html or www.ftb.ca.gov/forms/.

The number and hours of post offices open late has decreased because of the reduced volume of tax returns mailed on the deadline.

POLICE

CONTINUED FROM Page 7

partnership — it still holds true today.

Luhnnow: We're still in the assess-

ment phase where we're getting input from our sergeants and the community to establish those goals. We want to spend our time on the important issues to them. The changes that may occur from here

on out aren't going to be that noticeable because the officers and sergeants are still the same and they're the backbone for us.

Any other message you would like to get out to the community?

Edwards: Obviously, please, if there are issues, make sure you bring it to our attention. The number for Western is (619) 692-4800. If it's an emergency, call 9-1-1 or (619) 531-2000 to report crimes. Continue to stay involved. Everyone knows everybody's struggling right now, and don't lose faith; things will get better. This has always been a good organization to work for, and the people believe in it. There's a lot of dedicated people around here.

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Surf’s up at Sacred Heart Academy

COURTESY PHOTO | THE BEACON

For the first time in the 50-year history of Sacred Heart Academy, the school has formed a surf team. According to Sacred Heart Academy surf coach Andrew Cohick, some local businesses have already offered to sponsor the team to help it get started, but the team is hoping for more members and sponsorships. For information, call (619) 222-7252.

PLHS baseball team makes resurgence

By KEITH ANTIGIOVANNI | THE BEACON

After a slow start, the Point Loma High School (PLHS) Pointers baseball team has reversed its momentum with a 6-2 record over the last eight games, including a resounding 10-0 home victory over University City last Wednesday.

“We got off to a slow start at 0-4 and played three top-10 teams

(La Costa Canyon, Scripps Ranch and Oceanside), but we were able to learn a lot of lessons against some good teams. Our pitching staff has matured through experience and our defense has improved,” said PLHS head coach Jon Posternak.

The Pointers were outscored 50-24 in the first four games but have evened things up by outscoring opponents 48-28 over the eight-

game stretch.

PLHS looks to return to the CIF playoffs. The team posted a 17-15 record in 2007.

The Pointers hope to continue the momentum this week when they face non-league opponents Patrick Henry and San Ysidro in the Metro League Tournament before the Western League sched-

SEE POINTERS, Page 10

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POINTERS

CONTINUED FROM Page 9

ule begins on April 14 against Coronado.

"We've been able to learn from our mistakes, which is a sign of a good team, and have been getting stronger every game," Posternak said.

In the past two games alone, Point Loma has outscored its opponents 21-1 with victories over Hoover and University City.

Juniors Matt Arlington and Coleman Cox have helped lead the way during Point Loma's recent resurgence.

"They are the top two in our batting order and have a done great job of getting on base,"

Posternak said.

Arlington leads the Pointers with a .444 batting average and .556 on-base percentage, while Cox is second on the team in both categories with a .432 batting average and .533 on-base percentage.

The Pointers have 10 seniors on their 19-player roster.

The Western League appears to be one of the strongest in the city

again this season. The current non-league standings demonstrate the strength of the league with only one of the seven schools under .500. Clairemont is 3-10. Conversely, Cathedral (13-3), Coronado (13-4), La Jolla (9-4-1) and Mission Bay (11-7) are all above .500, while University City (7-7) and Point Loma (6-6) are at .500.

"We play in one of the toughest

if not the toughest league along with the Avocado League in the county. Cathedral, Coronado and Mission Bay are all good teams," said Posternak.

"Our attitude is very positive with 14 games left in the season. Our guys enjoy the competition and look forward to proving themselves the rest of this season," he said.

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U. of Washington Huskies dominate Crew Classic

By PAUL DOUGLAS | THE BEACON

At the largest gathering of eight-person crews in the U.S. in four years, including more than 90 teams and 3,000 athletes, the historic favorites proved their power over the waters, as the University of Washington returned after a three-year absence to win the top events.

The Huskies took home the men's Copley Cup and the women's Jessop-Whittier Cup Sunday, April 6, from the 35th annual Crew Classic on Mission Bay at Crown Point Shores. Washington's dominance has not been felt since 2002. Since then, Cal, Stanford and USC have stepped in. But it seemed the big dogs are back.

Yale, Harvard, Princeton, Purdue, Stanford, UCLA, USC, Notre Dame — name a great university and it probably was there.

Local crews also made impressive strides rowing against the elite crews. UCSD posted a 6-minute time against teams from Ohio State, Syracuse and Penn. The time was 7 seconds from a win and 20 seconds off the best of the best, but to be that close in the Copley Cup class, the accomplishment for a non-scholarship Division II school was like Joes versus the Pros.

The UCSD men moved up to the top class in 2008 after winning the Cal Cup in 2007.

The top women's performance was put in by the USD varsity crew. The Toreros finished second in the women's Cal Cup, just under a second behind UC Davis and 10 sec-

onds ahead of SDSU, which came in fifth.

"Second place is our best-ever performance. We got a third before, so we are moving up," first year head coach Kim Cupini said. "It was a great race — I'm happy."

After two years as assistant coach, the USD alum knows her competition.

"We have met and beaten all the other teams in our (WCC) conference," Cupini said. "But we haven't met Gonzaga, so the conference championships in three weeks (May 2) should be a good match-up."

The local universities haven't seen a women's team win a major victory since the SDSU women won the women's Cal Cup race in 2005.

On April 12, the city championships between USD, UCSD and SDSU will play out on Mission Bay.

Other highlights of the Crew Classic competition included both the men's masters from the San Diego Rowing Club (SDRC) and women's masters from ZLAC remaining competitive against Long Beach and Northern California club crews by reaching the grand finals.

Local participants included teams from UCSD, SDSU, USD, the ZLAC women's club and SDRC. All of them make their home on Mission Bay.

SDRC and ZLAC offer junior summer camp programs. SDRC is co-ed, while ZLAC features introductory camps for high school-age girls. SDRC information is available at www.SDRC-row.org; click on "juniors." For ZLAC club on Pacific Beach Drive, visit www.ZLAC.com.

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Solare Ristorante and Lounge a bright addition to Liberty Station

By PATRICIA M. WALSH | THE BEACON

The independently owned and operated Solare Ristorante and Lounge has officially opened its doors in the NTC Promenade area of Liberty Station.

Italian for "sunlight," Solare is the creation of a husband-and-wife team, chef-owner Stefano Ceresoli and Roberta Ruffini.

The couple also owns Caffè Bella Italia in Pacific Beach. Solare fuses Asian influences with contemporary gourmet Italian cuisine and service in its 4,000-square-foot restaurant, which includes a dining area, lounge, outdoor patio, glassed wine room and private dining room.

A visible grill offers fresh seafood and a focus on hormone-free meat, capriccios and oysters. Italian-style thin-crust gourmet pizzas are fired from the stone oven. The glassed wine room is the focal point of the restaurant, which features a selection to emphasize the flavors from the menu. In the lounge area, tapas, wines and specialty drinks are served. The private room, Prana, seats up to 24 diners and will feature cooking classes for children and adults.

The co-executive chef is Mark Pelliccia, who brings more than 15 years of culinary arts to Solare.

"We're interested in using only the freshest ingredients and newest technology to provide an evening that will excite the senses," he said. "The menu will fuse world influences, slow cooking and gourmet sensibilities."

Ruffini's passion for aesthetics is on display throughout the restaurant, which was custom-designed with items hand-picked by her and

her husband, a native of Milan. From floor to ceiling, the restaurant envelops diners in organic elements — natural wood floors, delicate window fabrics, custom-made teak tables and chairs and a fountain imported from Bali. The organic elements are ensconced in the warm golden-hued walls to create a positive energy and an inviting atmosphere. Ruffini points to the spiral-shaped tie-backs holding the sheer curtain fabric. The shape, which represents the "O" in the Solare logo, symbolizes energy, she said.

Solare is the first restaurant to open outside The Marketplace at Liberty Station, which includes Vons, Trader Joe's and 18 other eateries, coffee shops and restaurants. Other sections of Liberty Station include NTC Landing, with historic buildings; Harbor Square, site of two hotels and the future Nickelodeon Hotel by Marriott; NTC Park and Esplanade, a waterfront public park; Sail Ho Golf Course; and the residential neighborhoods of Admiralty Row, Beacon Point and Anchor Cove.

Solare appears to be the perfect accompaniment to the NTC Promenade. At the heart of the former Naval Training Center, the Promenade is home to two nonprofit artistic endeavors — ARTS: A Reason to Survive, and the New Americans Museum and Learning Center. ARTS is dedicated to healing, inspiring and empowering children facing life challenges by providing innovative arts-based programs, education and opportunities.

The New Americans Museum and Learning Center serves as a resource to promote understanding between newcomers and

native-born Americans while helping new Americans become proud and responsible citizens.

Solare is currently open for lunch from 11 a.m. to 3 p.m. Mondays through Saturdays. A casual quick menu features panini, fresh fish sandwiches and healthful

soups and salads. Through April 13 a Chef's Gourmet Tasting Menu is being served at dinner. A four-course dinner with complementing wines is available for \$50 per person (plus tax and gratuity), and a six-course meal is offered for \$69. Beginning Monday, April 14

the restaurant will be open for regular dinner service.

Solare is located at 2820 Roosevelt off Historic Decatur Road. Free parking is available. For reservations or for information, call (618) 270-9670 or visit www.solarelounge.com.

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April
A Look Ahead**COMMUNITY/CIVIC**

Saturday, April 12 and Sunday, April 13, the Point Loma-based Thursday Club hosts 81st annual Rummage Sale to benefit 16 local charities and organizations. The free event takes place at the Balboa Park Municipal Gym, 2111 Pan American Plaza. For more information, call (619) 224-5264, or visit www.thethursdayclub.org.

Sunday, April 13, 1 to 4 p.m., Fostering Opportunities Dollars for Scholars hosts spring fling with free food, games and socializing. Event takes place on the east side of Shelter Island. For more information or to RSVP, call (619) 871-2135.

Saturday, April 19, 1 p.m., Friends of Famosa Slough will host a free bird walk featuring an easy walk with good views of a variety of birds and salt marsh habitat in the Ocean Beach/Point Loma preserve. Participants are asked to bring binoculars and meet at the first bench on Famosa Boulevard south of the intersection with West Point Loma Boulevard. For information, call (619) 224-4591, or visit www.famosaslough.org.

Saturday, April 19, 10 a.m. to Sunday, April 20, 10 a.m., Peninsula Chamber of Commerce hosts 2008 Relay for Life at the Point Loma Nazarene University track. The event raises money for cancer research, advocacy, education and services. For more information, call Cathy Gallagher at (619) 849-2564, or e-mail cathygallagher@pointloma.edu.

Saturday, April 19, 9 a.m., Parkinson's Disease Association of San Diego hosts 5K Walk and Fun Run at the NTC Promenade at Liberty Station. Registration at 8 a.m. Cost is \$25 by April 16, \$30 day of event; children 12 and under \$15. For more information, call (877) 737-7576, or visit pdasd.org.

Saturday, April 26, 10 a.m. to 4 p.m., Dana Unit of Rady Children's Hospital Auxiliary presents seventh annual Point Loma Garden Walk to benefit Rady's craniofacial services program. The event includes home and garden tours along with a garden boutique from 10 a.m. to 4 p.m. at 3215 Tennyson St. Advance tickets are available for \$15 from Walter Anderson Nursery, Mission Hills Nursery on Fort Stockton Drive, Cottage Antiques or Armstrong Garden Center on N. Morena Boulevard. Tickets are \$20 the day of event. For more information, call (619) 225-0459, or visit www.pointlomagardenwalk.com.

Saturday, May 17, 6 p.m. to midnight, High Tech High Parents Association hosts fourth annual fundraising event, "Catwalk Casablanca: Midnight at the Oasis," to benefit schools in the High Tech High Village at Liberty Station. The event includes entertainment, dancing, casino, auctions and exotic cuisine and takes place at High Tech High, 2855 Farragut Road. Tickets are \$75 in advance or \$85 at the door. For tickets or more information, visit

<http://parentpage.org/catwalk08>.

Saturday, May 31, Makua, a Point Loma-based women's organization, hosts "Wild, Wild West" dinner-dance fundraiser to benefit foster children in San Diego. The event takes place at the NTC Promenade in Point Loma. For more information or to donate, call (619) 222-2075.

Sunday, June 8, 11 a.m. to 5 p.m., Celebrate Cancer Survivorship: San Diego! hosts free 11th annual celebration of life, offering information on cancer treatment, prevention and support. The event includes a health fair, educational presentations, cancer screenings, survivors' stories and family activities. For more information, visit www.cancersurvivorshipsd.com.

HEALTH

Tuesday, April 29, 10 a.m. to 1 p.m., Sharp Cabrillo Senior Resource Center hosts "Meet the Pharmacist Day," an opportunity to have medications reviewed by a pharmacist. The free event takes place at the Point Loma Community Presbyterian Church, 2128 Chatsworth Blvd. Reservation required for free lunch. For more information, call (877) 926-8300.

SCHOOLS**Dana Elementary**

- Today, April 10, bake sale.
- Today, April 10, 6:30 to 7:30 p.m., Parent/Child Book Club meeting in library.
- Friday, April 11, Dana Pride Day.
- Monday, April 14, Mathematics Benchmark Test.
- Tuesday, April 15, Language Benchmark Test.
- Wednesday, April 16, 4 to 5:30

SEE CALENDAR, Page 13

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CALENDAR

CONTINUED FROM Page 12

p.m., School Site Council meeting.
• Thursday, April 17, bake sale.

Loma Portal

- Friday, April 11, 9:15 to 10 a.m., parent coffee with the principal in library.
- April 14-18, book fair in the auditorium during school hours.
- Thursday, April 17, 6 to 7 p.m., Spring Open House.
- Through April, preparation of pledges for annual school jog-a-thon on April 24; dolphin sweat wristbands sold every Thursday during the bake sale for \$1. For more information, e-mail todaygym@cox.net.

Ocean Beach Elementary

- Today, April 10, Bank Day, Sing 'N' Speak Spanish; 12:30 p.m., Family Science Night.
- Tuesday, April 15, Kinder Theater Residency; 2nd-graders to Balboa Park; 4th-grade bake sale; 2:30 p.m., SSC/SGT meeting.
- Wednesday, April 16, kindergarten tours; 2nd-grade theater.
- Thursday, April 17, Bank Day, Sing 'N' Speak Spanish; 12:30 p.m., Family Science Night.

Sacred Heart Academy

- Today, April 10, 2nd-graders to Carlsbad Flower Fields and the Museum of Making Music.
- Thursday, April 17, 8th-graders serve dinner at StandUp for Kids Center.
- Tuesday, April 22, 1st-graders to Reuben H. Fleet Museum; progress reports for grades 4 through 8 online.
- Thursday, April 24, 8 a.m., All-School Mass at Sacred Heart Church.

- Friday, April 25, no school.

Silver Gate Elementary

- Friday, April 11, Student Council Family Movie Night; canned food drive kickoff.
- Tuesday, April 15, kindergarten Family Science Night in auditorium.
- Friday, April 25, 8 a.m., principal's chat with parents of kindergartners and 1st-graders; 6 p.m., silent auction in Bay View Room.

Word-Wide ESL Institute

- Tuesday, April 22, 6 to 8 p.m., beginner plus Spanish class begins each Tuesday;
- Tuesday, April 22, 4 to 6 p.m., 8-week Spanish sponge intensive beginner plus class begins; Saturdays 9 to 11 a.m.;
- Tuesday, April 22, 9 to 11 a.m., French beginner plus dive team restarts; Tuesdays;
- Wednesdays, 2 to 4 p.m., advanced Spanish;
- Third Saturday of every month, Word-Wide German Club meets.

For more information, call (619) 222-6411, or e-mail rose@word-wide.us.

ARTS & ENTERTAINMENT

Through May 25, Visions Art Quilt Gallery presents upcoming exhibition "Transformations 07: Reverberations," a traveling exhibit featuring 24 nationally known quilt artists. The event is sponsored by the Studio Art Quilt Associates, Storrs, Conn., whose mission is to promote the contemporary quilt as an art form. The gallery is located at 2825 Dewey Road at the NTC Promenade in Point Loma. For more information, call (619) 546-4872, or visit www.quiltvisions.org.

April 4 through April 25, San Diego Watercolor Society hosts

"Sprint Ahead" exhibition, juried by Julian resident and award-winning painter Stan Goudy. Roughly 100 paintings created by SDWS members on display and for sale. The gallery, located at 2825 Dewey Road, No. 105, is open Wednesdays through Sundays from 11 a.m. to 5 p.m. The exhibit is free. A reception is scheduled for April 4 from 5 to 8 p.m. For more information, call (619) 876-4550, or visit www.sdws.org.

April 11-13, the Red Brick Players, a ministry at Point Loma Community Presbyterian Church, perform "Godspell," a presentation in music and drama about the parables of Jesus as found in the gospel of Matthew. Performance dates: Friday, April 11, 7 p.m.; Saturday, April 12, 7 p.m.; Sunday April 13, 2 and 7 p.m. The performance takes place at the church, 2128 Chatsworth Blvd. A free-will donation is requested. For tickets, call (619) 223-1633. For information, visit www.pointlomachurch.org.

April 15 through 20, Saloman Theatre of Point Loma Nazarene University presents "Smoke on the Mountain Homecoming," a musical written by Connie Ray, conceived by Alan Bailey with musical arrangements by Mike Craver. The sequel to "Smoke on the Mountain" explores the tradition of the Saturday Night Hymn Sin in the first half of the 1900s. Times of the performances are April 15, 16, 17 and 19 at 7 p.m.; April 18 at 8:30 p.m.; matinees at 3 p.m. on April 19 and 20. General admission is \$10 for the Tuesday through Thursday performances and \$12 for Friday and weekend performances. Tickets available at the Cabrillo building, office 206; by calling (619) 849-2605; or through the Saloman Theatre box office, (619) 849-2433.

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Calendar/Events

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 FILE NO. 2008-007181
 THE NAME(S) OF BUSINESS:
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 LOMA**

 located at: 1221 ROSECRANS ST. #C SAN
 DIEGO, CA. 92106 is hereby registered by
 the following owner(s): GREGORY GEORGE
 LUNA This business is being conducted by
 : A N INDIVIDUAL The transaction of business
 began on: NOT YET STARTED The
 statement was filed with Gregory J. Smith,
 County Clerk of San Diego County on: MAR
 03, Issue Dates: MAR13, 20, 27 and APR
 03, 2008

**FICTITIOUS BUSINESS
 NAME STATEMENT
 FILE NO. 2008-007515
 THE NAME(S) OF BUSINESS:
 HAWLEY MARINE**

 located at: 2846 LYTTON ST. SAN DIEGO,
 CA. 92110 is hereby registered by the fol-
 lowing owner(s): DONALD E. HAWLEY This
 business is being conducted by : A N INDI-
 VIDUAL The transaction of business began
 on: 03/03/08 The statement was filed with
 Gregory J. Smith, County Clerk of San Diego
 County on: MAR 05, 2008 Issue Dates:
 MAR13, 20, 27 AND APRIL 03, 2008

**FICTITIOUS BUSINESS
 NAME STATEMENT
 FILE NO. 2008-007542
 THE NAME(S) OF BUSINESS:
 HOME LAYAWAY**

 located at: 4475 DEL MAR AVE. SAN
 DIEGO, CA. 92107 is hereby registered by
 the following owner(s): RONALD M. SMITH
 This business is being conducted by : A N
 INDIVIDUAL The transaction of business
 began on: 03/05/08 The statement was
 filed with Gregory J. Smith, County Clerk of
 San Diego County on: MAR 05, 2008 Issue
 Dates: MAR13, 20, 27 AND APRIL 03, 2008

**FICTITIOUS BUSINESS
 NAME STATEMENT
 FILE NO. 2008-007772
 THE NAME(S) OF BUSINESS:
 DOG DAYS**

 located at: 4653 BERMUDA AVE. SAN
 DIEGO, CA. 92107 is hereby registered by
 the following owner(s): NATHAN SIMPSON,
 CRYSTAL SIMPSON This business is being
 conducted by : HUSBAND AND WIFE The
 transaction of business began on: NOT YET
 STARTED The statement was filed with
 Gregory J. Smith, County Clerk of San Diego
 County on: MAR 05, 2008 Issue Dates:
 MAR 20, 27 APRIL 03 AND 10, 2008

LEGAL ADS 700

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 2008-008524
THE NAME(S) OF BUSINESS:
TE MANA CAFE
located at: 4956 VOLTAIRE ST. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): JASON J. CRUZ, MARGUERITE M. CRUZ This business is being conducted by : HUSBAND AND WIFE The transaction of business began on: NOT YET STARTED The statement was filed with Gregory J. Smith, County Clerk of San Diego County on: MAR 12, 2008 Issue Dates: MAR 27 APRIL 03, 10 AND 17,2008

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 2008-008368
THE NAME(S) OF BUSINESS:
AMERICAN GREETINGS
located at: ONE AMERICAN ROAD CLEVELAND, OHIO 44144 is hereby registered by the following owner(s): CARLTON CARDS RETAIL, INC. This business is being conducted by : A CORPORATION CARLTON CARDS RETAIL, INC. ONE AMERICAN ROAD CLEVELAND, OHIO 44144 CONNECTICUT The transaction of business began on: NOT YET STARTED The statement was filed with Gregory J. Smith, County Clerk of San Diego County on: MAR 12, 2008 Issue Dates: MAR 20, 27 APRIL 03 AND 10, 2008

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 2008-006226
THE NAME(S) OF BUSINESS:
GOOD TO GO BBQ
located at: 7479 COMET VIEW CT. SAN DIEGO, CA. 92120 is hereby registered by the following owner(s): FREDRICK J. CASTRO This business is being conducted by : AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Gregory J. Smith, County Clerk of San Diego County on: FEB 25, 2008 Issue Dates: MAR 20, 27 APRIL 03, AND 10, 2008

NOTICE OF PETITION TO ADMINISTER ESTATE OF:
EDMUND F. SANOCKI,
CASE NUMBER:
37-2008-00151116-PR-LA-CTL
1. To all heir's, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of (specify all names by which the decedent was known): EDMUND F. SANOCKI,
2. A Petition for Probate has been filed by: DOROTHY A. SANOCKI in the Superior Court of California, County of : SAN DIEGO
3. The Petition for Probate requests that : DOROTHY A. SANOCKI
be appointed as personal representative to administer the estate of the decedent.
4. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
5. The petition requests authority to administer the estate under the Independent Administration of Estate Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
6. A hearing on the petition will be held in this case as follows:
a. Date: APR 15, 2008 Time:9:00
dept: PC-2
b. Address of court
SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO
Madge Bradley Building
1409 Fourth ave, 3rd floor
San Diego, CA. 92101
SAN DIEGO CENTRAL DIVISION
7. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
8. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.
9. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
10. Attorney for petitioner: LAUREN J. KEEN, ESQ. GEIGER, COON & KEEN, LLP.
311 E. MAIN ST. SUITE 400
STOCKTON, CA. 95202
209-948-0434
ISSUE DATE(S): MAR 27 APRIL 03 AND 10, 2008

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 2008-009613
THE NAME(S) OF BUSINESS:
WE CARE VETS
located at: 2232 #112 CAMINITO PAJARITO SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): PATHWAYS TO SELF HEALING This business is being conducted by : A CORPORATION 4153 A EL CAMINO WAY PALO ALTO, CA. 94306 CALIFORNIA 501 (C) 3 RELIGIOUS TAX-EXEMPT The transaction of business began on: NOT YET STARTED The statement was filed with Gregory J. Smith, County Clerk of San Diego County on: MAR 20, 2008 Issue Dates: APRIL 03, 10, 17 AND 24, 2008

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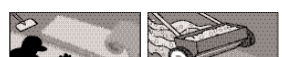
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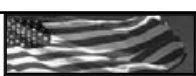
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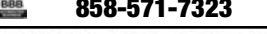
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ACROSS

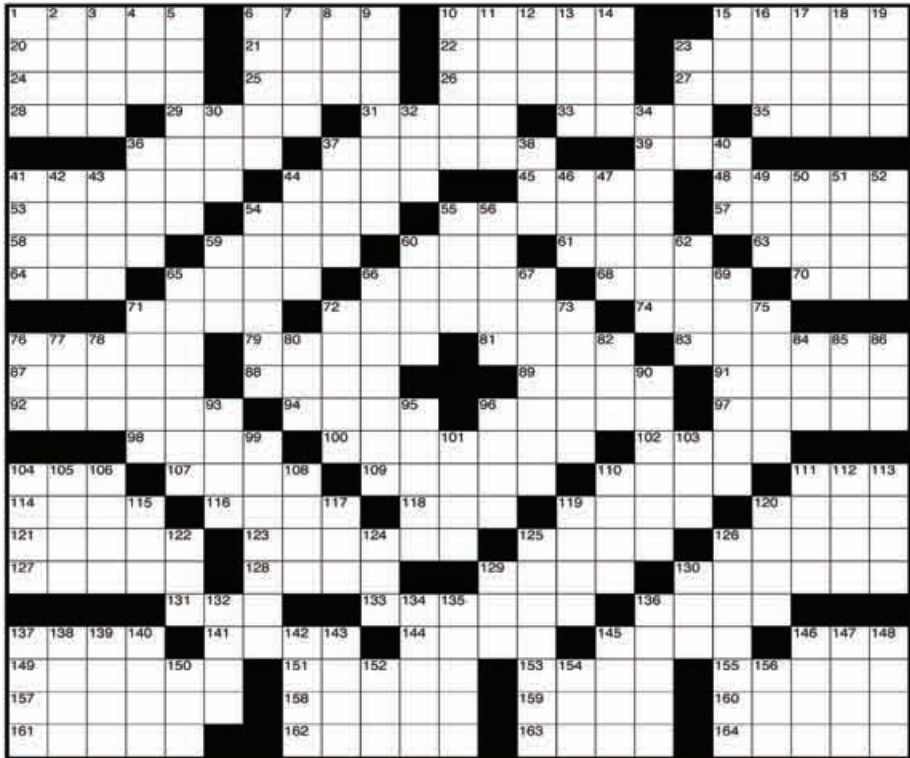
- Field or Kellerman
- Nightspot
- Take place
- Vise
- Form of quartz
- The Eternal City
- Use a razor
- Hot water tank
- Blair or Ronstadt
- Remotely
- Like Superman
- Repeat performance
- Digit
- Floating platform
- Box
- Minor
- Hold on to
- Make a sweater
- Fireplace floor
- To the — degree
- Sword
- Twine
- Use a blue pencil
- Earthy pigment
- Antelope
- Conversation
- Long speech
- Deceitfulness
- Surrounded by
- Time of year
- compos mentis
- Additional
- Support for a sail
- Fellow
- Affectionate
- Overcharge
- "Saturday Night —"
- Perceive
- Piece
- Flintstones' town
- Girl in "La Boheme"
- Falcon
- Tilts
- Musical sound
- Storeroom for food
- Sluggish
- She (Fr.)
- Huron or Superior, e.g.
- Racket
- Mind
- Flat-topped hill
- Interlaced

97 South American

- range
- Caterwaul
- Bony structure (2 wds.)
- Obligation
- Fernando
- Equipment
- Inane
- Tiny creature
- Used to own
- Entreaty
- Destroy
- Symbol in a code
- Bird of peace
- Father
- Sorrowful cry
- Stimulated
- Subterfuge
- Shopping spree
- Not glossy, as a photo
- Lab burner
- Hardy heroine
- Clergyman
- Congel
- Petty scholar
- Chocolate or malted
- Woman on campus
- Wine city
- Rounded part
- Linear measure
- Acquired
- Hubbub
- One of the Chipmunks
- Jot
- Relinquish voluntarily
- Dried grape
- Greek thinker
- Certain relative
- Steve or Woody
- Run, as colors
- Organic compound
- Jay of TV
- Decades

DOWN

- Rock or table
- Exchange premium
- Road division
- Abbr. in bus.
- Longed
- Skill
- Large open commercial space
- Actress — Thurman
- Wildly angry
- Movie award
- Map
- Beret
- Part of the eye
- Cincinnati players
- Arroz — pollo
- Defeat
- Succulent plant
- Simple
- Make ready, for short
- Worn out
- Melody
- Cushion
- Intervening time
- Type
- Roman Empire
- That girl
- Embrace
- Quantity of paper
- mater
- Bothersome one
- Tranquil
- Water barrier
- Graven image
- Not talking
- Slant
- If not
- Network of nerves
- Reptile in a shell
- Vacation trip
- Metal mass
- Jolt
- Gives silent assent
- Wickedness
- African swine
- Book of the Bible
- Environmentalist's concern
- Proceed from
- Roost
- Farm machine
- Scoundrel
- Sardonic literary style
- Drink a little of



- Reply (abbr.)
- Fundamental
- Shade tree
- Get with trouble (with "out")
- Performed
- Native of (suffix)
- Legal matter
- Salad green
- Pitcher
- Put up with
- Whitman or Disney
- Rest on one's —
- Oaf
- Western Indian
- Unwanted email
- breve
- In good order
- Sardonic literary style
- Forest-floor plant

- Clue
- Jason's ship
- Antlered animal
- Play part
- Mother Superior
- Do housework
- Under the weather
- Barrel
- Tree fluid
- Urban —
- Road surrounding a city
- Bar bill
- de Janeiro
- Merit
- The upper crust
- Generous one
- Catchword
- Restrain
- Fall birthstone

- Cleveland's lake
- Prescribed amount
- Red or ticker
- Troubles
- Huckleberry —
- Kind of monster
- Finished
- Wallet items
- Assist
- Cistern
- Color
- Beery beverage

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Open House

DIRECTORY

1pm-4pm	457 Coast Blvd. 302	2BR/2BA	FRIDAY APRIL 11 \$1,545,000	Elena Wilcox 858 454-9800 • La Jolla
10am-1pm	2774 Bayside Walk Unit 3	3BR/3.5BA	SATURDAY APRIL 12 \$1,995,000-\$2,100,000	Ellen Alvord 619-806-0218 • Mission Beach
10am-1pm	2774 Bayside Walk Unit 2	4BR/3.5BA	\$1,975,000-\$2,050,000	Ellen Alvord 619-806-0218 • Mission Beach
10am-1pm	3415 Ocean Front Walk	6BR/6.5BA	\$5,299,000	Brien Metcalf 619-708-2239 • Mission Beach
1pm-4pm	525 Marine St. # 10	2BR/2BA	\$585,000	Andrew Jabro 858-525-5498 • La Jolla
12pm-4pm	7440 Hillside Dr	2BR/2.5BA	\$1,995,000-2,495,000	Yvonne Sorour 858-967-0816 • La Jolla
1pm-4pm	1053 Opal St	4BR/2.5BA	\$1,099,000	Kathy Evans 858-488-SELL • Pacific Beach
12pm-3pm	3280 Trumbull	3BR/2BA	\$1,475,000	Caroline Glasner 619-222-7650 • Point Loma
10am-4pm	7520-7530 Draper	3BR/3.5BA	\$1,125,000-\$1,295,000	Rob M, Darin, Robert K, Saeed 858-273-2121 • La Jolla
1pm-4pm	372 Playa Del Norte	2BR/2.5BA	\$799,000	Brad Brinkman 858-273-2121 • La Jolla
1pm-4pm	2383 Beryl St.	3BR/2.5BA	\$659,000	Lawrence Tollenaere 858-740-1011 • Pacific Beach
1pm-4pm	5911 Folsom Dr.	3BR/3BA	SUNDAY APRIL 13 \$2,100,000-\$2,499,000	Elty Brown, Realty Experts• 858-337-1081 • La Jolla
1pm-4pm	1475 Cam Solidago- Ventana	3BR/ 2.5BA	&1,010,000	Team Frager- Hixon 858-405-9100 • La Jolla
1pm-4pm	8850 Villa La Jolla Dr. #215	2BR/2BA	\$448,000	Greg Noonan 858-551-3302 • La Jolla
1pm-4pm	2838 Torrey Pines Rd	3BR/3BA	\$795,000	Greg Noonan 858-551-3302 • La Jolla
1pm-4pm	4155 Gresham St	3BR/3BA	\$1,395,000	Trevor Pike 619-823-7503 • Pacific Beach
2pm-5pm	3415 Ocean Front Walk	6BR/6.5BA	\$5,299,000	Brien Metcalf 619-708-2239 • Mission Beach
1pm-4pm	1650 Copa De Oro	3BR/2.5BA	\$2,195,000	Greg Noonan 858-551-3302 • La Jolla
1pm-4pm	5360 Chelsea St	4BR/2.5BA	\$1,995,000	Greg Noonan 858-551-3302 • La Jolla
1pm-4pm	3549 Promontory 92109	3br/3ba	\$1,200,000.00	Lance Morton 619-726-4148 • Crown Point (Pacific Beach)
11am-2pm	745 Coast Blvd #1A	2BR/2BA	\$1,795,000	Whitney & Associates 858-456-3282
11am-2pm	5480 La Jolla Blvd #J203	2BR/2BA	\$1,375,000 - \$1,475,000	Whitney & Associates 858-456-3282
11am-2pm	7865 Torrey lane	3BR/2BA	\$1,200,000 - \$1,379,000	Whitney & Associates 858-456-3282
1pm-4pm	5756 La Jolla Corona	4BR/4.5BA	\$3,100,000	Susie Montgomery 619-253-9149 • La Jolla
1pm-4pm	5752 Castleton Dr	5BR/3BA	\$650,000	Judy Smilor 858-539-9557 • Clairemont
1pm-4pm	1549 Felspar St.	2BR/2BA	\$574,500	Rich Moore 619-807-5831 • Pacific Beach
1pm-3pm	988 Agate St.	3BR/2BA	\$749,000	Marie Tolstad 858-705-1444 • Pacific Beach
1pm-4pm	714 San Gabriel Place	2BR/3BA	\$925,000	Gary Wilson 858-245-7147 • Mission Beach
1pm-4pm	5312 Soledad Mountain Road	5BR/3BA	\$1,199,000	Joan Lombardo 858-272-1902 • Pacific Beach
12pm-4pm	1053 Opal St	4BR/2.5BA	\$1,099,000	Kathy Evans 858-488-SELL • Pacific Beach
1pm-4pm	5041 San Joaquin	4BR/2BA	\$2,295,000-\$2,795,000	The Tash Team 619-954-9000 • Pacific Beach
1pm-4pm	9554 La Jolla Farms Rd	5BR/3BA	\$3,995,000	The Tash Team 619-954-9000 • La Jolla
1pm-4pm	6062 Gresham #224	2BR/2BA	\$1,495,000	Jim Shultz 858-354-0000 • Pacific Beach
1pm-4pm	7440 Hillside Dr	2BR/2.5BA	\$1,995,000-2,495,000	Elaina Nieman 619-742-2343 • La Jolla
1pm-4pm	3280 Trumbull	3BR/2BA	\$1,475,000	Caroline Glasner 619-222-7650 • Point Loma
1pm-4pm	7491 Salizar	3BR/2BA	\$385,000	Paul Martin 858-2373-2121 • Clairemont
12pm-4pm	6127 Beaumont	4BR/3BA	\$1,950,000-\$2,195,000	Yvonne Sorour 858-967-0816 • La Jolla
1pm-4pm	9695 Claiborne Sq	4BR/2.5BA	\$1,125,000-\$1,145,000	Irene Chandler 858-775-6782 • La Jolla
1pm-4pm	5452 Renaissance Casa Bella	3BR/2BA	\$1,000,000-\$1,150,876	Ursula Kiemle 858.212.4152 • University City
1pm-4pm	1268 Agate St	2BR/1.5BA	\$730,000	Elizabeth Courtier 619.813.6686 • Pacific Beach
1pm-4pm	1254 Agate St	2BR/1.5BA	\$750,000	Elizabeth Courtier 619.813.6686 • Pacific Beach
1pm-4pm	225-231 Bonair St	2BR and 3BR	595,000-1,775,000	The Reed team 858.456.1240 • La Jolla
1pm-4pm	333 Coast #8	2BR/2BA	\$1,665,000- \$1,765,000	Moirra Tapia 858.337.7269 • La Jolla
1pm-4pm	2075 Torrey Pines Road	5 BR/3.5 BA	\$2,368,000	Maxine & Marti Gellens (858) 551-6630 • La Jolla
1pm-4pm	1712 Valdes Drive	6BR/5.5BA	\$5,999,000 - \$6,400,876	Maxine & Marti Gellens (858) 551-6630 • La Jolla
1pm-4pm	1335 La Palma, Unit F3	3BR/2BA	\$895,000	Maxine & Marti Gellens (858) 551-6630 • Pacific Beach
1pm-4pm	408 Bonair Street	3BR/2BA	\$795,000	Maxine & Marti Gellens (858) 551-6630 • La Jolla
1pm-4pm	5859 Box Canyon Road	4BR/4.5BA	\$3,495,000	Maxine & Marti Gellens (858) 551-6630 • La Jolla
1pm-4pm	15764 Circo Diegueno	6BR/6.5BA	\$3,695,000	Maxine & Marti Gellens (858) 551-6630 • Del Mar
1pm-4pm	457 Coast Blvd.	2BR/2BA	SATURDAY & SUNDAY \$1,454,000	Elena Wilcox 858 454-9800 • La Jolla
1pm-4:00pm	809 Lamplight Dr	4BR/3.5BA	\$2,390,000	Dan & Brenda Wyatt 858-775-7333 • La Jolla

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Strawberries

1 lb containers

3 for \$5



Castroville

Large Artichokes

69¢ each



Del Monte Gold Pineapple

2 \$5



Asparagus

El Centro

\$1.49 lb



Riverside

Cara Cara Oranges

2 \$1 lbs



Blue Lake Green Beans

99¢ lb



Washington

Braeburn Apples

69¢ lb



Jarlsberg Cheese

Slightly sweet & nutty,
Goes well with Chardonnay

\$6.99 lb



Twinings Tea

English Breakfast,
Orange Pekoe, Peach,
Earl Grey, & many more

\$2.99 20 bags



Florida Natural Sour Fruit Strings

Packed full of vitamins & real fruit

\$1.99 4.8 oz



Near East Rice Pilaf

Great side or main dish

\$1.99 box



Newman's Own Fig Newman's

Organic Figs, Lowfat

\$3.49 13 oz



Knudsen Recharge Orange Juice

Fruit Juice Sweetened

\$2.19 32 oz



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Delicious soups & chowders each with a unique taste & fresh home-made flavor, the way soups should be. All fresh & natural ingredients.

\$2.49 12 oz

\$2.99 16 oz

\$5.69 32 oz



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Milton's Entrees

Turkey Portobello Florentine, Creamy Chicken with Rice

\$3.99 12 oz



Great with Shady Maple Syrup \$7.99 8oz

Van's Gourmet Waffles

97% Fat-Free, Dairy Free, Whole Grain

\$3.29 8 oz



Tandoor Chef Chicken Tandoori with Spinach

Delicious, traditional, authentic flavors of India. Quick & Easy Dinner

\$3.99 10 oz



MaraNatha "No Stir" Peanut Butter

All Natural, Creamy or Crunchy

\$2.99 16 oz



Rising Sun Farms Mediterranean Cheese Torta

Delicious appetizer or over pasta

\$5.99 9.5 oz



Foster Farms "Savory Servings" Chicken Breasts

Boneless & Skinless

Ready-to-cook
Teryaki, Lemon Thyme, Garlic & Herb

\$5.69 lb



Kosher Wines for Passover

Manischewitz Concord Grape	\$2.99	750 ml
Kesser Niagara Blanc	\$6.98	750 ml
Herzog Chardonnay 06	\$8.98	750 ml
Herzog Merlot 05	\$8.98	750 ml
Barkan Cabernet Sauvignon 04	\$11.98	750 ml
Bartenura Mosato 06	\$13.98	750 ml

Organic Veggies



Amy's Pot Pies

Broccoli Cheese, Vegetable, Shepherd's, Country Vegetable

\$2.99 7.5-8 oz

Kosher Beef, Chicken & Turkey

Aaron's 8 pc cut-up Chicken	\$2.69 lb
David's Ground Beef	\$3.79 lb
Aaron's Young Chicken Broiler	\$2.79 lb
Aaron's Half Turkey Breast w/rib	\$3.49 lb
Aaron's Knockwurst	\$4.99 lb
Aaron's Lamb Chops	\$9.99 lb

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THE PENINSULA BEACON

April 10, 2008 - Special Supplement

READERS CHOICE AWARDS 2007

And the Winners Are...

...all of you! You, the readers of the Peninsula Beacon, are the ones who have enjoyed great service, friendly assistance above and beyond the norm, unusual selections, mouthwatering menu items and more all around town — and you, our readers, let us know about it.

We are proud to present the first Peninsula Beacon Readers Choice Awards. Our categories cover the sunniest corner for your morning coffee to smoothest spot for a soothing nightcap and everything in between.

These awards recognize the people and places that make the Point Loma and Ocean Beach areas truly extraordinary. From Euro chic to American casual, you can find it all in these dynamic beach communities.

Ballots were printed in the Peninsula Beacon for six weeks — Dec. 13, 2007 through Jan. 17. Many ballots were dropped off at the Ocean Beach MainStreet Association office, at several local businesses, some were mailed and other readers chose to vote online. The votes have since been tabulated and the results presented inside this special supplement.

Some of the winners may surprise you; others have enjoyed sterling reputations for years and even decades. We hope these awards will delight those who aspire to excellence every day and inspire new businesses to reach new heights. Although we all are sometimes crushed by the daily grind, it's gratifying to know that kindness, care and a bright smile do not go unnoticed.

The Peninsula Beacon would like to thank all the readers who took the time to single out the businesses and merchants who make Ocean Beach and Point Loma such rich and unique communities.

Congratulations!

Kevin McKay,
Editor, The Peninsula Beacon



The 2007 Readers' Choice Award winners were selected by The Peninsula Beacon readers!



Readers Choice

AWARD WINNERS 2007

Congratulations to the following businesses who were chosen by the readers of the Peninsula Beacon.

The business categories were published in ballot form over a period of 6 weeks. Readers were asked to cast ballots for their favorite choices. This was no simple task! With more than 75 categories, our readers came through with overwhelming response.

We wish to thank all the readers who took the time to recognize these businesses which do so much to make Ocean Beach and Point Loma such wonderful communities.

Dining

Category

1. Restaurant
2. Late Night Dining
3. Patio Dining
4. Breakfast
5. Lunch
6. Dinner
7. Take Out
8. Sunday Brunch
9. Family Restaurant
10. Wine Selection
11. Happy Hour
12. Burrito
13. Best Value
14. Place For A Birthday Party
15. Most Romantic
16. Best Ocean View
17. Appetizer
18. Burger
19. Desserts
20. Margarita
21. Pizza
22. Hawaiian
23. Sandwich
24. Steak
25. Sushi
26. Seafood
27. American
28. Chinese
29. Thai
30. French
31. Italian
32. Mediterranean
33. Mexican
34. Bakery
35. Bar
36. Coffee Shop
37. Deli
38. Ice Cream / Frozen Yogurt
39. Vegetarian
40. Bbq
41. Live Music Venue

First Place

- The Venetian
Nick's At The Pier
Shades Oceanfront Bistro
Shades Oceanfront Bistro
Con Pane
Thee Bungalow
TIE: Poma's Italian Deli/ Nicos
Humphrey's By The Bay
Shades Oceanfront Bistro
3rd Corner
The Brigantine
Nico's
TIE: Nico's/South Beach Bar & Grill
Chuck E. Cheese
Thee Bungalow
Nick's At The Pier
South Beach Grill
Hodad's
European Cake Gallery
Miguel's Cocina
The Venetian
Bali Hai
Poma's Italian Deli
Black Angus
Umi Sushi
Pt. Loma Seafood
Hodad's
Little Chef
Antique Thai
Thee Bungalow
The Venetian
TIE: Fairouz/3rd Corner
Miguel's Cocina
Con Pane
South Beach Bar&Grill
Newbreak Coffee&Cafe
Poma's Italian Deli
Lighthouse Ice Cream & Yogurt
OB Peoples Organic Food Co-Op
Bar-B-Que House
Winston's

Special Recognition

- Shades Oceanfront Bistro / Miguel's Cocina
3rd Corner / The Vine
Tower Two /Nati's/ O'Bistro
Red Sails Inn /Village Kitchen / Point Break
Hodad's/Little Chef
The Venetian / Nick's At The Pier
Hodad's / PDQ
Bali Hai
Blueberry Hill / The Venetian
Wine Steals/ The Bungalow/The Vine
Sunshine Company Saloon / South Beach
Santana's/Adalbertos
Newport Pizza / Ranchos Cocina
Nati's / Tower Two
Nick's / Humphrey's By The Bay /Old Venice
Shades Oceanfront Bistro / Bali Hai
Brigantine / 3rd Corner
Blueberry Hill
Thee Bungalow / 3rd Corner
Brigantine / Nati's
Espresso / Pizza Nova
L&L Barbeque / Da Kine's
Subway /Olive Tree / Chris' Liquor / Brown Bag Deli
Island Prime / The Brigantine
Sapporo / Kirin
The Brigantine / South Beach Bar & Grill
Blueberry Hill / The Brigantine
Pick Up Stix / Mandarin China
Thai Time / Royal Thai

Old Venice / Espresso / Pepe's

Nati's /Nico's / Ortega's
European Cake Gallery / Stephanie's
Sunshine Co. Saloon/Tiny's Tavern / Pacific Shores
Living Room/Your Mama's Mug/Starbucks
Olive Tree / Subway
Cold Stone / Baskin Robbins
Ranchos Cocina
Phil's Barbeque
Humphrey's By The Bay /Gallaghers Pub

Shopping & Services

Category

1. Antiques
2. Bookstore
3. Chiropractor
4. Furniture
5. Place W/ Unusual Gifts
6. Auto Repair
7. Bank
8. Hotel
9. Men's Apparel
10. Women's Apparel
11. Eye Wear
12. Swimsuits
13. Shoe Store
14. Dry Cleaners
15. Florist
16. Grocery Store
17. Travel Agency
18. Pet Hospital
19. Pet Store
20. Hair Salon
21. Nail Salon
22. Day Spa
23. Yoga Studio
24. Tanning Salon
25. Resale Shop
26. Surf Shop
27. Skate Shop
28. Bike Shop
29. Cd's & Music Shop
30. Tattoo Shop/Body Piercing
31. Fitness Club / Gym
32. Place For A Bargain
33. Smoke Shop
34. Doctor
35. Dentist
36. Veterinarian
37. Specialty Grocery

First Place

- Newport Avenue Antiques
Bookstar
Dr. Sean Silva
Mallory's
Rock Paper Scissors
Rich's Automotive
Point Loma Community Bank
Ocean Beach Hotel
South Coast Surf Shop
The Closet
Newport Avenue Optometry
Goodlife
Sports Chalet
Embassy Cleaners
Point Loma Village Florist
Vons
Carefree Vacations
Cabrillo Pet Hospital
Bone Appetit
Details
B's Hair & Nail
Details
Namaste
San Diego Sun Tanning
Girls From The Park
South Coast Surf Shop
Ob Surf And Skate
Bernie's Bikes
Cow Records
Apogee Body Piercing
Gold's Gym
The Closet
The Black
Dr. Cava
Dr. De Rosa
Dr. Rose Cabrillo Vet
Ob Peoples Co-Op

Special Recognition

- Cottage Antiques / OB Antique Mall/Newport Ave Antique Center

Greater Life Chiropractic/Dr. Patch
Vignettes/Karen's Consignment/Cottage Antiques
The Black/Just For The Halibut/Ocean Gifs & Shells
Sunset Garage/76 Station Rosecrans
Union Bank/Washington Mutual
Humphrey's/ The Pearl / Inn At Sunset Cliffs
Mens Fashion Depot
Dream Girls/South Coast Surf Shop
Sunglass And Optical Warehouse/Sunglass Shop
South Coast Surf Shop
South Coast Surf Shop/Famous Footwear
Mr. Jays
Floral Fantasia/San Diego Bay Flower Company
Stump's / Apple Tree
Acacia Travel
Pt. Loma Animal Clinic/Shelter Island Hospital
Pet Smart/Pet Kingdom
Electric Chair
The Strand
TL Spa/Haute Spa

Hollywood Tan/California Tan
Discovery Shop/VFW
Ob Surf Shop/Pt. Loma Board Room/Rocky's
Pride Surf Shop

Ace Tattoo/Seths Chop Shop
24 Hour Fitness/Sunset Cliffs Pilates
Super Max /Salvation Army
Visions
Dr. Chambers/Dr. Gordon
Dr. Yamada/Dr. Tino Ferreira
Sunset Cliffs Vet/Peninsula Vet
Barons/Trader Joe's



Dining

Restaurant

The Venetian

If visuals get your Italian-cuisine appetite in gear, The Venetian is your restaurant forevermore. It's physically impossible to escape the concepts behind the décor – the Tuscan wall murals and tabletop scenes complement vine-strewn latticework and mellow lighting on the patio. The food has best been described as California-Italian, which simply means you can expect great fare without a lot of heavy sauce, the way some other places think Italian should be done. The pastas and chicken entrees will command your serious attention, as will the tidy bar and the family-style menu. Anything else you could ask for probably doesn't exist.

The Venetian
3663 Voltaire St., Point Loma
(619) 223-8197
www.venetian1965.com
(see photo page 3)

Late-Night Dining

Nick's at the Pier

Take Nick's at the Beach (arguably the archetypal Pacific Beach eatery) and drop it in Ocean Beach; oddly enough, Nick's at the Pier materializes, with the same vibe and commitment to quality you'll find at the P.B. staple. The fried Calamari, the Papas Quesadilla, the Crab Cakes and Steamed Mussels – they're all here, along with a killer wine list, a serious banquet menu and a stratospheric 23 big-screen TVs. For a place that first opened its doors only last year, Nick's at the Pier has thought of just about everything. There's a reason it all looks familiar – but don't worry.

You've come to the right place.

Nick's at the Pier
5083 Santa Monica Ave.
(619) 222-7437
www.nicksatthepier.com

Patio Dining

Shades

Oceanfront Bistro

This Ocean Beach venue has an odd habit of opening at 6:30 a.m. In and of itself, that's maybe not so unusual – until you add in the rockin' happy hour and the 9 p.m. close (10 during the summer). That's a long day, to be sure, but we have every faith you can handle it. The big hit at breakfast involves

something called Salmon Scrambles, which should tide you over until lunch and that Veggie Sandwich with goat cheese and sprouts you've had your eye on. The excellent food, unique cocktails and quality service mark the evening as well, and the ocean view never stops.

Shades Oceanfront Bistro
5083 Santa Monica Ave.,
Ocean Beach
(619) 222-0501
www.shadesob.com
(see photo page 10)

Breakfast

Shades

(see entry under Patio Dining)

Red Sails Inn Restaurant

The Red Sails wine list includes three Merlots, which tells you something about the place right there. Merlot is an extremely versatile beverage, so much so that it probably doesn't even belong on anybody's list of reds, including Red Sails'. But just as Merlot is the wine for any occasion, so too is the eatery's talent for pleasing all the people all the time. While mom and dad are chowing down on steak and lobster, the little ones have a menu of their own, which includes the universal favorite peanut butter and jelly sandwich. Red Sails is

in its 51st year now, which means it's had time to get it all right – and it certainly has.

Red Sails Inn Restaurant
2614 Shelter Island Drive,
Point Loma
(619) 223-3030
www.theredsails.com

Lunch

Con Pane

You guys probably didn't know that the Italian "con pane" is the root phrase for the word "companion." You guys also probably didn't know that "con pane" is literally translated as "with bread." Now that you do,

Voted Best Restaurant

The Venetian

If visuals get your Italian-cuisine appetite in gear, The Venetian is your restaurant forevermore. It's physically impossible to escape the concepts behind the décor – the Tuscan wall murals and tabletop scenes complement vine-strewn latticework and mellow lighting on the patio. The food has best been described as California-Italian, which simply means you can expect great fare without a lot of heavy sauce, the way some other places think Italian should be done. The pastas and chicken entrees will command your serious attention, as will the tidy bar and the family-style menu. Anything else you could ask for probably doesn't exist. ■

The Venetian
3663 Voltaire St., Point Loma
(619) 223-8197
www.venetian1965.com



PHOTO BY Casey Dean / The Peninsula Beacon

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3663 Voltaire St., San Diego • (619) 223-8197



PHOTO BY Casey Dean / The Peninsula Beacon

Dinner

Thee Bungalow

We've wondered every so often about that pesky little extra 'e' in "Thee Bungalow, but after favoring our palates with some of the finest cuisine we've ever had, we finally get it. This really is THEE place to go for an exquisite dining experience. Celebrating 30 years in Ocean Beach, Thee Bungalow features four intimate dining rooms perfect for that romantic rendezvous, small party or business meeting. House specialties include roast duck, roast lamb, fresh seafood and near-scandalous dessert soufflés – one taste of anything on the menu, and you'll have a new favorite place to eat. ■

Thee Bungalow
4996 W. Point Loma Blvd.
(619) 224-2884
www.theebungalow.com

Wine Selection

3rd Corner

Your first glance at this OB wine bar may prompt a certain confusion. You won't know whether you've walked into a bar that dabbles in retail sales or a wine cellar with a drinking license—such is the level of attention this establishment renders both services. Hundreds of bottles from around the world are there for the taking, surrounded by funky-colored walls and maps of the world's most well-known wine regions; 3rd Corner serves dinner, too, and many patrons make a habit of ordering a meal and then visiting the racks to pick the wine that goes best with their food. You'll come away with a very decent bottle of wine, and you won't be paying an inflated price just 'cause you're at a restaurant. ■

3rd Corner
2265 Bacon St., Ocean Beach
(619) 223-2700
www.the3rdcorner.com



PHOTO BY Casey Dean / The Peninsula Beacon

you guys have probably figured out that this Point Loma eatery touts its many types of bread as heavily as what it puts between the slices. That Turkey Cobb Sandwich with avocado couldn't taste better between slices of the house's finest garlic entry. Or how about a Raisin and Hazelnut Batard wrapped around your choice of sugar-coated delicacy? There's even a three-bread platter that comes with olive oil and goat cheese to help you decide on your fare. Good bread indeed makes the best of companions. Here, you'll find both.

Con Pane
1110 Rosacrans St., Point Loma
(619) 224-4344
(see photo page 9)

Hodad's

(see entry under Burger)

Dinner

Thee Bungalow

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Thee Bungalow
4996 W. Point Loma Blvd.
(619) 224-2884
www.theebungalow.com
(see photo page 4)

Take-Out

Poma's Italian Deli

The folks at Poma's like to call their eatery the home of the roast beef sandwich – but you'll talk about this place's pizza before anything. Or more specifically, the choice of toppings. Remember, Poma's is a deli, and delis are touted first for their sandwiches. Not only does this place serve up 14- and 16-inch pies; the pizzas come with your choice of 11 condiments, from ham to pineapple. Add that to the wide selection of sandwiches, and Poma's becomes a deli and pizzeria in one. And don't think the staff stumbled on the fare selection anytime in the recent past – this family-run business has been in Ocean Beach since 1965.

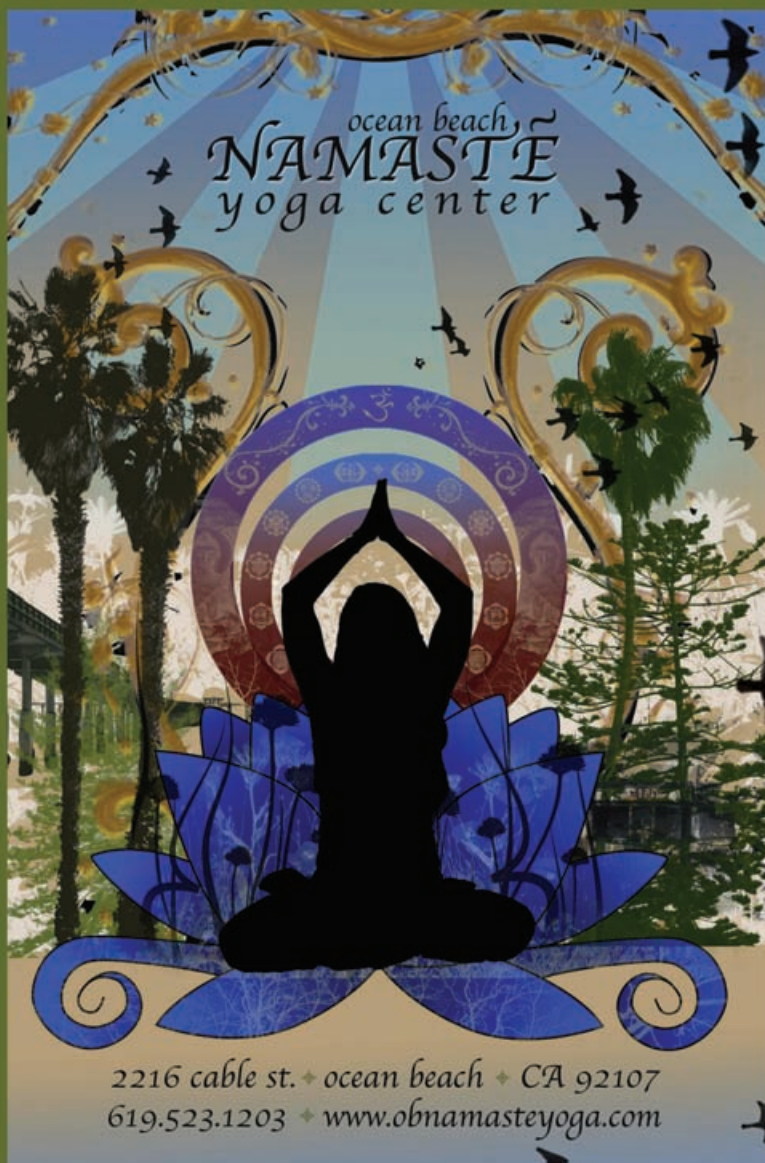
Poma's Italian Deli
1846 Bacon St., Ocean Beach
(619) 223-3027
www.pomasdeli.com

Nico's Mexican Food

"I've never loved anything in this crazy world," one partisan says, "as much as I love a Nico's bean 'n' cheese burrito." "Anything"? That's quite an endorsement, especially when you consider that this crazy world has lots of cool stuff in it – like this eatery's legendary hot sauce and the way it piles on the beans. The chicken taquitos rate high as well, as does the veggie burrito and the refried fare. In a city that touts close to 5 million Mexican restaurants, Nico's must indeed be unique in this crazy world – or in crazy OB at the very least.

Nico's Mexican Food
4918 Newport Ave., Ocean Beach
(619) 223-0230

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Gentle Hatha
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Time Magazine called Bud's Ice Cream
"One of the World's Best"

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LIGHTHOUSE ICE CREAM
5059 NEWPORT AVE. OCEAN BEACH
619-222-8600





PHOTO BY Casey Dean / The Peninsula Beacon

Value South Beach Bar & Grille

Anybody who knows anything about coastal San Diego knows that the fish tacos here are the best in the history of the universe. But did anybody ever think about what kind of fare rests inside that delicious shell? South Beach Bar & Grille can only speak for itself on that score – and the mahi taco, at an absolutely unbeatable price, speaks volumes for South Beach Bar & Grille. This place has lots of stellar values on everything else – it's all part of doing business on the coast, which is already overrun with competitors. When it comes to a cheap, great taco, South Beach has it made. And if you visit, so do you. ■

South Beach Bar & Grille
5059 Newport Ave., Ocean Beach
(619) 226-4577
www.southbeachob.com

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in the history of the universe. But did anybody ever think about what kind of fare rests inside that delicious shell? South Beach Bar & Grille can only speak for itself on that score – and the mahi taco, at an absolutely unbeatable price, speaks volumes for South Beach Bar & Grille. This place has lots of stellar values on everything else – it's all part of doing business on the coast, which is already overrun with competitors. When it comes to a cheap, great taco, South Beach has it made. And if you visit, so do you.

South Beach Bar & Grille
5059 Newport Ave., Ocean Beach
(619) 226-4577
www.southbeachob.com
(see photo page 6)

Place for a Birthday Party

Chuck E. Cheese's

With all that hype about its traditionally great rides, prizes and birthday fare for the kids, it's easy to forget that Chuck E. Cheese's also serves up great food and entertainment for the whole family, like pizzas and salads and soups. The place, of course, is best known for its age-appropriate games, rides, prizes, food and entertainment that children of all ages from toddlers to big kids will love. It's been described as part arcade, part

playground and part children's theater – that's three ways to please the kids, and that oughta be plenty.

Chuck E. Cheese's
3146 Sports Arena Blvd., Point Loma
(619) 523-4385
www.chuckecheese.com

Most Romantic

Thee Bungalow
(see entry under Dinner)

Best Ocean View

Nick's at the Pier
(see entry under Late-Night Dining)

Appetizer

**South Beach
Bar & Grille**
(see entry under Value)

Burger

Hodad's

"If this isn't the best burger you've ever had," declares an electronic page devoted to Hodad's in Ocean Beach, "we really don't want to hear about it." The staff wouldn't have time to listen anyway – everybody's too busy serving up OB's favorite burger. No less than the peeps over at Fodor's travel guides call the Hodad's bacon-cheese-

burger "awesome," and there's even a grilled cheese sandwich on the menu for those desiring lighter fare. You can get beer and malts to go with it all – the important thing, though is that you show up.

Hodad's
5010 Newport Ave., Ocean Beach
(619) 224-4623
www.hodadburger.com
(see photo page 5)

Desserts

The European Cake Gallery

You'd think this place had staked its claim on its carrot cake – such is the fanatical public response the delicacy's gotten over the years. Truth is, The European Cake Gallery is more than just an item or two. Apple, pumpkin and other pies line the shelves as surely as the German chocolate and white Bavarian cake entries, cookies and fruit bars – and you haven't lived until you've tried a piece of the Swiss Black Forest. It's three layers of chocolate cake filled with a light chocolate mousse and whipped cream, iced with whipped cream and either milk chocolate or white chocolate shavings. That's a lot of "chocolates" in one sentence – stop by here, and you'll taste the justification for each one.

The European Cake Gallery
3661 Voltaire St., Point Loma
(619) 222-3377
www.europeancakegallery.com
(see photo page 7)

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PHOTO BY Casey Dean / The Peninsula Beacon

Alex Moffat pours an award winning Margarita at Miguel's Cocina.

Margarita

Miguel's Cocina

There are too many theories behind how the Margarita got its name, let alone opinions about who serves the best one. As to the former, it's said that a Mexican bartender named the drink for his wife after mixing it by accident – but taste one of this venue's very special blends, and you won't care. Miguel's serves 'em big and bold, with the tequila, Triple Sec and other staples poured to order. Miguel's also happens to be a cousin of The Brigantine, which you already think has the best Happy Hour – so your Margarita's probably in good hands to boot. ■

Miguel's Cocina
2912 Shelter Island Dr.,
Point Loma
(619) 224-2401
www.brigantine.com/miguels

Margarita

Miguel's Cocina

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Miguel's Cocina
2912 Shelter Island Dr.,
Point Loma
(619) 224-2401
www.brigantine.com/miguels
(see photo page 6)

Pizza

The Venetian

(see entry under Restaurant)

Hawaiian

Bali Hai Restaurant

There's no escaping the Hawaiian theme at this longtime San Diego fixture, either on the menu or in the décor. Hawaiian nachos, macadamia nut chicken, haole halibut and about a million more: The 50th state rules here by virtue of its cuisine, and its tiny place on the map be hanged. Meanwhile, the restaurant's accouterments are ever-changing in deference to tiki art, or Polynesian carvings of human forms. And the fact that the

building sits smack on the water doesn't exactly interrupt the flow of things. Mahalo – and enjoy!

Bali Hai Restaurant
2230 Shelter Island Drive, Point Loma
(619) 222-1181
www.balihairestaurant.com
(see photo page 7)

Sandwich

Poma's Italian Deli

(see entry under Take-Out)

Steak

Black Angus Steakhouse

Oddly enough, Black Angus Steakhouse is best known for its meat dishes, something you'd hardly suspect amid the name. But if the idea has lulled you into complacency, consider that this eatery has some equally fetching nonmeat entries, such as three-cheese garlic bread, chicken tenders, crab cakes and potato skins. There's even wine and a Happy Hour to go along with everything. Black Angus may specialize in a certain fare, but its flair for stuff outside the box is decidedly worth a taste.

Black Angus Steakhouse
3340 Sports Arena Blvd.,
Point Loma
(619) 223-5604
www.blackangus.com

Sushi

Umi Sushi

"Umi," see, is the Japanese word for ocean. It's also an utterly appropriate handle for this restaurant, since everything tastes pretty much like it was lifted from the Pacific. If you go, you can entertain yourself while you're



PHOTO BY Casey Dean / The Peninsula Beacon
Mr. Tiki at the Bali Hai.

Hawaiian

Bali Hai Restaurant

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Bali Hai Restaurant
2230 Shelter Island Drive, Point Loma
(619) 222-1181
www.balihairestaurant.com

Desserts

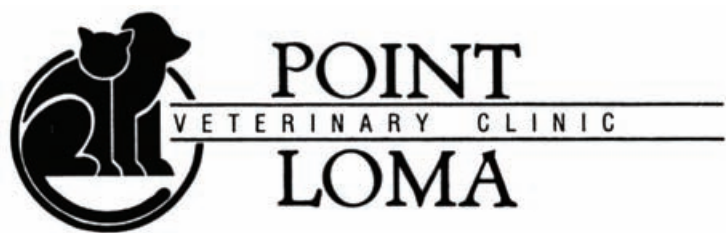
The European Cake Gallery

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The European Cake Gallery
3661 Voltaire St., Point Loma
(619) 222-3377
www.europeancakegallery.com



PHOTO BY Casey Dean / The Peninsula Beacon
Linda Andrade shaves pieces of chocolate to be used as cake topping at The European Cake Gallery.



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Ice Cream

Lighthouse Ice Cream & Yogurt

The Lighthouse serves up some of the best ice cream and yogurt in Ocean Beach – but if you already read the name of the venue, you got the idea. But the Lighthouse also has something that the other places don't – a hot waffle ice cream sandwich, which includes your favorite ice cream stuffed between two Belgian waffles and put in a special iron. Reportedly, the heat doesn't even melt the ice cream – that means this place is worth a visit for the scientific phenomenon alone. The also feature Bud's World Famous Ice Cream of San Francisco. Even time magazine has dubbed Bud's one of the world's best ice creams. And what's good enough for Time oughta be good enough for you. ■

Lighthouse Ice Cream & Yogurt
5059 Newport Ave., Ste. 102, Ocean Beach
(619) 222-8600
www.afcthailand.com

PHOTOS BY Casey Dean / The Peninsula Beacon
(Top) John Panaloza and son enjoy a sample of Bud's ice cream. (Below) Michelle serves customers, while owner Carol Ladiges looks on.



waiting for your order – get a load of the names of the rolls, like Crazy Boy, Vegas and Spider (the latter features mouth-watering softshell crab). Dumplings, mussels, sashimi and more make up the formidable list of appetizers, so come hungry.

Umi Sushi
2806 Shelter Island Drive, Point Loma
(619) 226-1135
www.umisushisandiego.com

American

Hodad's
(See entry under Burger)

Seafood

Point Loma Seafoods

Nothing like buying and selling local to increase your neighborhood's tax base. Local's also a pretty neat concept when you want to ensure the freshness of your product. Point Loma Seafoods offers a staggering 70 menu entries, and all of 'em reportedly taste like they were caught about 15 minutes ago (check out the chowders and the shrimp). There's even a sushi deli, unlike in 1963, when this firm opened its doors. That's 54 years' experience – experience for which the creatures of the deep are no match.

Point Loma Seafoods
2805 Emerson St., Point Loma
(619) 223-1109
www.pointlomaseafoods.com

Chinese

Little Chef

One local tells of an innocuous run-in with Little Chef that speaks volumes. Not only was the food delicious, it was still hot when her boyfriend brought it to her at work. Now, that's fresh – and the wontons and wrapped chicken

enliven every meal as excellent appetizers. Some 60 chicken, beef and shrimp dishes dot the menu, and Little Chef offers delivery to a limited area as well. Add the daily specials, and there's not a lot Little Chef is missing as a restaurant or a community service.

Little Chef
4910 Newport Ave., Ocean Beach
(619) 222-6627

Thai

Antique Thai Cuisine

If décor were food, Antique Thai Cuisine wouldn't be standing. The lush, quiet surroundings and lighting are absolutely some of the most beautiful you'll find anywhere, let alone in a high-class restaurant. The entrees, such as ginger and kapraow, are as tasty as the walls amid their unique aromas and rich components. This an outstanding eatery, one that will appeal to the art lover in you as well.

Antique Thai Cuisine
3373 Rosecrans St., Point Loma
(619) 222-0689
www.antiquethaicuisine.com

French

Thee Bungalow
(see entry under Most Romantic)

Italian

The Venetian
(see entry under Restaurant)

Mediterranean

Fairouz Restaurant & Gallery

This eatery is making a career out of both gastronomic and visual art.

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3740 Sports Arena Blvd. Ste 5 San Diego, Ca 92110

Acupuncture* Skincare* Massage* Waxing

It's a quality Middle Eastern restaurant known for its very good entrée prices – and its lamb, chicken and beef dishes would whet the most sophisticated appetites at twice the cost. But the dining experience also begins and ends with what's on the walls, namely the paintings of Ibrahim Al Nashashibi. The themes of his work speak to the passions of life, relationships between man and woman and the depictions of life in Jerusalem, portrayed as the city of love.

Fairouz Restaurant & Gallery
3166 Midway Drive, Point Loma
(619) 225-0308

3rd Corner
(see entry under Wine Selection)

Mexican

Miguel's
(See entry under Margarita)

Bakery

Con Pane
(see entry under Lunch)

Bar

South Beach Bar & Grill
(see entry under Best Value)

Coffee Shop

Newbreak Coffee & Café

Ocean Beach routinely capitalizes on its rep for the laid-back lifestyle, and that's why the Newbreak Café is in exactly the right place. The place caters to a num-

ber of pursuits – there's free wireless for the studious types, an outdoor patio for people-watching and lots of comfortable chairs and big tables for hanging out with friends. All that people-watching is bound to make you hungry, which is where the excellent omelet bar comes in. Sandwiches, burritos and pastries are available, and you can wash 'em down with a large latte for only \$2.75. Newbreak's in the right area of town, all right; it's as Ocean Beach as – well – Ocean Beach.

Newbreak Coffee & Café
1830-D Sunset Cliffs Blvd.,
Ocean Beach
(619) 226-4471
and
Newbreak at the Beach
1959 Abbott St., Ocean Beach
(619) 224-6666

Deli

Poma's
(see entry under Sandwich)

Ice Cream

Lighthouse Ice Cream & Yogurt

The Lighthouse serves up some of the best ice cream and yogurt in Ocean Beach – but if you already read the name of the venue, you got the idea. But the Lighthouse also has something that the other places don't – a hot waffle ice cream sandwich, which includes your favorite ice cream stuffed between two Belgian waffles and put in a special iron. Reportedly, the heat doesn't even melt the ice cream – that means this place is worth a visit for the scientific phenomenon alone. They also feature Bud's World Famous Ice Cream of San Francisco. Even time magazine



PHOTO BY Casey Dean / The Peninsula Beacon

has dubbed Bud's one of the world's best ice creams. And what's good enough for Time oughta be good enough for you.

Lighthouse Ice Cream & Yogurt
5059 Newport Ave., Ste. 102,
Ocean Beach
(619) 222-8600
www.afcthailand.com
(see photo page 8)

Vegetarian

Ocean Beach People's Organic Food Co-op

This cooperative was born as a small neighborhood buying club in 1971. The people who nurtured its growth were activists seeking to create alter-

natives to established institutions, including grocery stores. Their dream was a facility that provided healthful, nonpolluting foods at a fair price, a store that belongs to the community it serves. The idea has stuck – this employee-owned business is nearly 40 years old now, and it's still buying and selling with the same healthful options in mind, options that never seem to go out of style with its 8,000 members. There's acoustic music on Friday nights, too.

Ocean Beach People's Organic Food Co-op
4765 Voltaire St., Ocean Beach
(619) 224-1387
www.obpeoplesfood.coop

Lunch

Con Pane

You guys probably didn't know that the Italian "con pane" is the root phrase for the word "companion." You guys also probably didn't know that "con pane" is literally translated as "with bread." Now that you do, you guys have probably figured out that this Point Loma eatery touts its many types of bread as heavily as what it puts between the slices. That Turkey Cobb Sandwich with avocado couldn't taste better between slices of the house's finest garlic entry. Or how about a Raisin and Hazelnut Batard wrapped around your choice of sugar-coated delicacy? There's even a three-bread platter that comes with olive oil and goat cheese to help you decide on your fare. Good bread indeed makes the best of companions. Here, you'll find both. ■

Con Pane
1110 Rosecrans St., Point Loma
(619) 224-4344

Live Music Venue

Winston's

You already know that Winston's is the most popular live music venue in Ocean beach – it's been that way for almost all of its 22 years, and things aren't expected to change in the foreseeable future. What you may not have known is that Winston's also hosts many special shows, such as its own film festival and an array of bus trips, and works to support local causes and charities on behalf of community members who've suffered injury, affliction or loss. Winston's is proud of its work with the ocean beach MainStreet Association and

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619-222-0501 • WWW.SHADESOB.COM



Patio Dining

Shades Oceanfront Bistro

This Ocean Beach venue has an odd habit of opening at 6:30 a.m. In and of itself, that's maybe not so unusual – until you add in the rockin' happy hour and the 9 p.m. close (10 during the summer). That's a long day, to be sure, but we have every faith you can handle it. The big hit at breakfast involves something called Salmon Scrambles, which should tide you over until lunch and that Veggie Sandwich with goat cheese and sprouts you've had your eye on. The excellent food, unique cocktails and quality service mark the evening as well, and the ocean view never stops. ■

Shades Oceanfront Bistro
5083 Santa Monica Ave.,
Ocean Beach
(619) 222-0501
www.shadesob.com



PHOTO BY Casey Dean / The Peninsula Beacon

many San Diego-area organizations in the interest of a better community.

Winston's
1921 Bacon St., Ocean Beach
(619) 222-6822
www.winstonsob.com

Barbecue

Bar-B-Que House

Barbecue is one of those things you eat only with friends or family. The best barbecue, after all, can be pretty messy, so you need to know your fellow diners really well to save – uh – face. On the other hand, the stuff at this eatery is so good you may just lose any sense of decorum. The locals especially recommend the house sloppy Joe, and the pork sandwich is reportedly the best anywhere. Come hungry – but be prepared to ask for a ream of extra napkins.

Bar-B-Que House
5025 Newport Ave., Ocean Beach
(619) 222-4311

SHOPPING & SERVICES

Antiques

Newport Avenue Antiques

If you don't confuse this venue with the neighboring Newport Avenue Antique Center, you'll be OK. And you'll find a range of items you may never have considered in the antique family before, like signage and lighting fixtures. The stained-glass lights are interesting without exception, and the light bar in the shape of a set of antlers will probably get your attention first. If

you're just in the market for furniture, no question is out of bounds. You, and your prospective purchase, are in the best of hands.

Newport Avenue Antiques
4836 Newport Ave., Ocean Beach
(619) 224-1994
(see photo page 14)

Bookstore

Bookstar

The building that houses this Point Loma venue is no stranger to visual media, like books. It used to be a theater – which also means it's huge inside. That translates into lots and lots and lots of product, the kind of volume and prices you'd find at the chains. It's also just as accessible as the bigger stores, on Rosecrans Place just shy of Lytton Avenue near the I-5. Bookstar probably has what you're looking for, and it's only a hop and a skip away to boot.

Bookstar
3150 Rosecrans Place,
Point Loma
(619) 225-0465

Chiropractor

Dr. Sean Silva

Chiropractors like to say that their skill gets at the source of a medical problem rather than just the symptom(s). They may well be on to something, as the mainstream medical community (once a bastion of hostility toward chiropractic) is beginning to warm to the idea as alternative therapies gain in popularity. Sean Silva is a leading proponent of this modality – and to boot, you've said he's a darn good chiropractor, even for infants.

Sean Silva
Midway Chiropractic
3405 Kenyon St., Point Loma
(619) 224-5731

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www.obrps.com

Furniture Store

Mallory's New Furniture

Turns out that the staff here knows a lot more about new furniture than you do. And they're as generous with their information as they are with their prices and delivery schedules (order before a certain hour, and you can get your stuff the same day). Seems everybody's taken a shine to the leather couches here – great deals on some quality stuff. But don't be lulled – this inventory goes way beyond that.

Mallory's New Furniture
4905 Newport Ave., Ocean Beach
(619) 226-0236

Place with Unusual Gifts

Rock Paper Scissors + International Galleria

If you've spent anywhere close to 10 minutes in Ocean Beach looking for an eclectic line of gifts, somebody's pointed you to this venue – Rock Paper Scissors carries unusual paintings, books, jewelry and other items made locally and the world over. But it's also got a rep for instruction in expertises you don't hear about every day, like silversmithing, belly dancing and art for children. Rock Paper Scissors can help you decide on a gift and instruct you in how to make your own. Now, that's service.

Rock Paper Scissors + International Galleria
4976 Newport Ave., Ocean Beach
(619) 222-7625
www.rockpaperscissorsob.com
(see photo page 11)

Auto Repair

Rich's Automotive Service

Rich's has been at it since 1981, just about the time you were watching Ronald Reagan take his first oath of office. That was a bit of a while ago; in fact, today's car engines have something like 500 computers in them, as opposed to virtually none in Reagan's day. Fear not – Rich's staff has kept up with the technology as well as anybody, and supporting him means you're supporting a local business to boot.

Rich's Automotive Service
1869 Cable St., Ocean Beach
(619) 222-4684

Bank

Point Loma Community Bank

Point Loma Community Bank opened its doors in 2004 with the idea that local folks can handle local stuff the best. The team offers an array of banking products and solutions backed by a commitment to quality, personalized service. Its business decisions are made smack-dab in the building, and it's committed to supporting the people and organizations that make Point Loma a special place to live and work.

Point Loma Community Bank
1350 Rosecrans St., Point Loma
(619) 243-7900
www.pointlomabank.com
(see photo page 15)

Hotel

Ocean Beach Hotel

The closer the water, the more gregarious Ocean Beachers seem to become – this hotel, in fact, sits

Place with Unusual Gifts

Rock Paper Scissors + International Galleria

If you've spent anywhere close to 10 minutes in Ocean Beach looking for an eclectic line of gifts, somebody's pointed you to this venue – Rock Paper Scissors carries unusual paintings, books, jewelry and other items made locally and the world over. But it's also got a rep for instruction in expertises you don't hear about every day, like silversmithing, belly dancing and art for children. Rock Paper Scissors can help you decide on a gift and instruct you in how to make your own. Now, that's service. ■

Rock Paper Scissors + International Galleria
4976 Newport Ave., Ocean Beach
(619) 222-7625
www.rockpaperscissorsob.com



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Details SalonSpa is partnering with **Surfrider
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as well as awareness for clean water.

Events taking place are Bake Sales running Wednesdays through Sat-
urdays the entire month of April, a garage sale April 12 in the salon
parking lot.. We will also be selling reusable shopping bags with our
logo. All funds will go to Surfrider.



4993 Niagara Ave., Suite #205, Ocean Beach • 619.222.6777
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Men's Apparel

**South Coast
Surf Shop**

You know you're in a die-hard beach community
when a surf shop is voted the No. 1 store for men's
apparel. But that's what's happened here – South
Coast is your pick for the hippest duds around,
including its shorts, T-shirts, crew sweats and
accessories (check out the wallets and their cleverly
crafted extra ID holders). No, this store doesn't
feature any top-hats or cummerbunds to go with
those sweats – then again, it's not supposed to. ■

South Coast Surf Shop
5023 Newport Ave., Ocean Beach
(619) 223-7017
www.southcoast.com

PHOTOS BY Casey Dean / The Peninsula Beacon
Chad Wilson at South Coast Surf Shop

across from the beach, and the staff
there is about as friendly as your
family. It's adjacent to numerous
restaurants, surf shops, the OB Pier
and other commercial establish-
ments along Newport Avenue.

Ocean Beach Hotel
5080 Newport Ave., Ocean Beach
(619) 223-7191
www.obhotel.com

Men's Apparel

South Coast Surf Shop

You know you're in a die-hard beach
community when a surf shop is
voted the No. 1 store for men's
apparel. But that's what's happened
here – South Coast is your pick for
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its shorts, T-shirts, crew sweats and
accessories (check out the wallets
and their cleverly crafted extra ID
holders). No, this store doesn't fea-

ture any top-hats or cummerbunds
to go with those sweats – then again,
it's not supposed to.

South Coast Surf Shop
5023 Newport Ave., Ocean Beach
(619) 223-7017
www.southcoast.com
(see photo page 12)

Women's Apparel

Closet

Locate this retailer anywhere
else, and it'd still be great – but
its Newport Avenue digs assure
that more of you will stop in,
maybe with a purchase in mind.
This store is great if you have
the items that you want to pur-
chase already in mind. Going
through all the apparel can be
overwhelming – you can begin
to forget what you think is fash-
ionable and what is not. Don't
worry, though. The friendly staff

is there to remind you.

Closet
4949 Newport Ave., Ocean Beach
(619) 222-0379
(see photo page 12)

Eyewear

Newport Avenue Optometry

No wonder one local thinks this is
the best place in town for all things
ocular – not long ago, he'd had a
metal fragment removed from his
eye here. Everything's fine now, and
the guy's probably a customer for
life. That means he gets to choose
from scores of lenses and frames,
furnished by as courteous and
friendly a staff as they come, emer-
gency or not.

Newport Avenue Optometry
4822 Newport Ave., Ocean Beach
(619) 222-0559
(see photo page 13)



Women's Apparel

Closet

Locate this retailer anywhere else, and
it'd still be great – but its Newport
Avenue digs assure that more of you will
stop in, maybe with a purchase in mind.
This store is great if you have the items
that you want to purchase already in
mind. Going through all the apparel can
be overwhelming – you can begin to
forget what you think is fashionable and
what is not. Don't worry, though. The
friendly staff is there to remind you. ■

Closet
4949 Newport Ave., Ocean Beach
(619) 222-0379

PHOTOS BY Casey Dean / The Peninsula Beacon
Nancy Zagal display the many accessories available at The Closet.



PHOTO BY Casey Dean / The Peninsula Beacon
Dr. Ben-Moshe performs tests on Robin Hungerford during recent eye exam.



Eyewear

Newport Avenue Optometry

No wonder one local thinks this is the best place in town for all things ocular – not long ago, he'd had a metal fragment removed from his eye here. Everything's fine now, and the guy's probably a customer for life. That means he gets to choose from scores of lenses and frames, furnished by as courteous and friendly a staff as they come, emergency or not. ■

Newport Avenue Optometry
4822 Newport Ave., Ocean Beach
(619) 222-0559

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www.balihairestaurant.com

Swimsuits

Good Life Boutique

Maybe you stop at Good Life so often because it carries feather boas and other exotic dancewear in addition to its full line of swimsuits. Whatever the reason, you said we can find you here first when it comes to beachwear. Good Life's fare changes with the seasons, after all – the knowledgeable sales staff is as ready to help during January as it is in June. And it carries clothing up to size 40-E to boot.

Good Life Boutique
4967 Newport Ave., Suite 2,
Ocean Beach
(619) 222-9374

Shoe Store

Sport Chalet

Leave it to you guys to choose a sporting goods store for your favorite shoes. In sand-crazed San Diego, the formal stuff apparently takes a back seat to what's comfortable – accordingly, Sport Chalet carries the best running, walking, hiking and cross-training footwear there is. This is where you and your feet want to be.

Sport Chalet
3965 Midway Dr., Point Loma
(619) 224-6777

Dry Cleaner

Embassy Cleaners

Martinizing is a term of art for the dry cleaning process, named after the guy who came up with it in the late 1940s. A lot goes into it – but that's not your problem. Your problem is deciding which of the many services Embassy can provide in the interest of appearance's sake. Embassy is a totally appropriate name for this place – once you let it handle your sartorial, you'll look like you've stepped out of one.

Embassy Cleaners
4320 Voltaire St., Ocean Beach
(619) 223-6621

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Antiques

Newport Avenue Antiques

If you don't confuse this venue with the neighboring Newport Avenue Antique Center, you'll be OK. And you'll find a range of items you may never have considered in the antique family before, like signage and lighting fixtures. The stained-glass lights are interesting without exception, and the light bar in the shape of a set of antlers will probably get your attention first. If you're just in the market for furniture, no question is out of bounds. You, and your prospective purchase, are in the best of hands. ■

Newport Avenue Antiques
4836 Newport Ave., Ocean Beach
(619) 224-1994



PHOTO BY Casey Dean / The Peninsula Beacon
Mowgli, the official greeter at Newport Avenue Antiques, welcomes customers, Ellen Craig and Jerry Hall.

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AVENUE
OPTOMETRY**



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PHOTO BY Casey Dean / The Peninsula Beacon
Tony Calabrese, President of Point Loma Community Bank.

Bank

Point Loma Community Bank

Point Loma Community Bank opened its doors in 2004 with the idea that local folks can handle local stuff the best. The team offers an array of banking products and solutions backed by a commitment to quality, personalized service. Its business decisions are made smack-dab in the building, and it's committed to supporting the people and organizations that make Point Loma a special place to live and work. ■

Point Loma Community Bank
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www.pointlomabank.com

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223-3030

Florist

Point Loma Village Florist

You're probably thinking that florists deliver primarily to residences on special occasions. You're positively wrong about that. Point Loma Village Florist routinely delivers its product to some 160 businesses in the area, and it somehow manages not to forget its duties to private parties. Point Loma Village Florist is No. 1 with you for at least 160 reasons.

Point Loma Village Florist
3020 Canon St., Point Loma
(800) 995-6110

Grocery Store

Vons

Unless you've been living on Mercury for several years — and many of

you have — you already know this name. Vons is an area byword for the highest-quality food and sundry items, and depending on the location, you can fill a prescription, effect a money transfer and even send flowers. Vons may be big chain, but it's got you covered in all the little ways.

Vons

Several locations in Point Loma and Ocean Beach
www.vons.com

Specialty Grocery

OB People's Organic Co-Op

At O.B. People's Organic Food Co-Op, you're more than a member. You're an owner. You can participate in decision-making by running for the board of directors or joining one of several committees. And as a member/owner, your financial investment at every level works toward a better co-op and

a better community. Oh, yeah — the selection is second to none as well.

OB People's Organic Food Co-Op
4765 Voltaire St., Ocean Beach
(619) 224-1387
www.obpeoplesfood.coop

Travel Agency

Carefree Vacations

Carefree vacations manager Tracy Anderson can probably book you a trip to, like, Mars or something. If you'd rather stay here, she can hook you up in 11 destinations, from Disneyland to Turkey. Surfing and ski getaways, European river cruises, jaunts to the South Pacific: Anderson and her staff know and love these places as much as you will.

Carefree Vacations
2927-A Canon St., Point Loma
(619) 224-2961
www.carefreevacations.com

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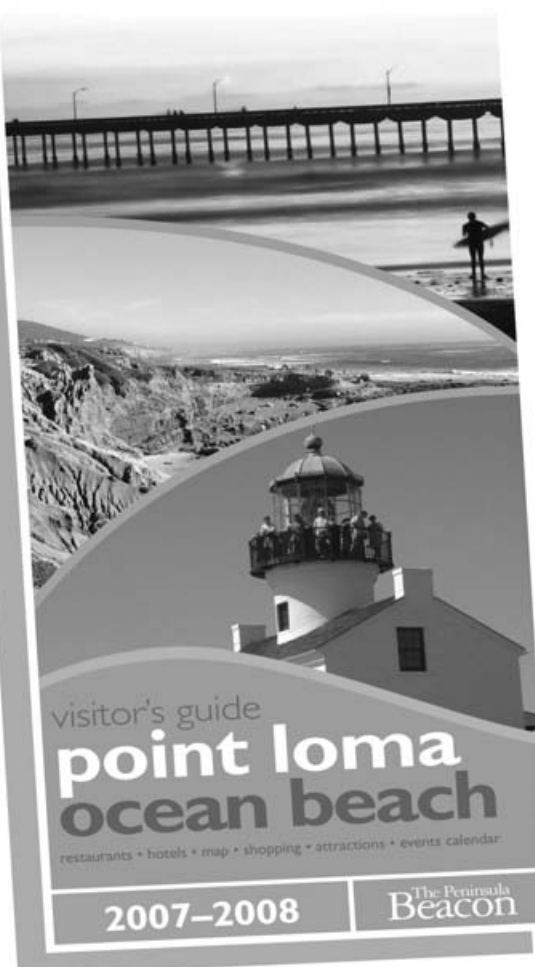
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x117 or x112**



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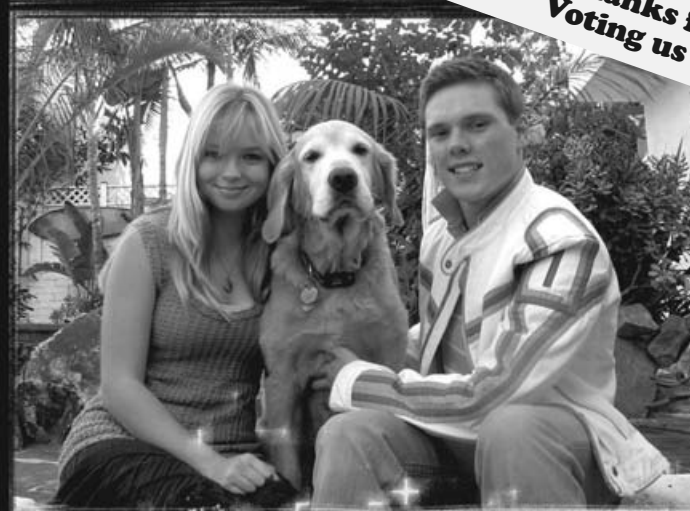
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TEL: 619.225.9684 FAX: 619.225.0132 www.CabrilloPetHospital.com



Pet Store

Bone Appetit

You have a cute pet. Bone Appetit has a cute name. It's about time you two got together. You can never have enough supplies on hand for that other family member, and Bone Appetit insists it has what you're looking for. It even stocks a full line of "green," environmentally friendly foods and sundries, the coming thing in pet care circles. Go on. Make an acquaintance. You know you want to. ■

Bone Appetit
4845 Newport Ave., Ocean Beach
(619) 226-6250



PHOTO BY Casey Dean / The Peninsula Beacon

(Left) Jay and Coco bring their people, Karis Stenback and Brad Irving, along to check out what's new at Bone Appetit. (Right) Bone Appetit owner Kelly Patri taking a break with her dog.

Pet Hospital

Cabrillo Veterinary Hospital & Pet Care

It's one thing to hawk yourself as a vet hospital. It's another to hold yourself out as a pet sitter. Cabrillo handles both for you, like it's been doing both from day one. Your pet is an important member of the family, and in the event it's sick or just needs the extra company (or both), Cabrillo is right here in the 'hood. It even has its own pedigree – it's endorsed by the American Animal Hospital Association.

Cabrillo Veterinary Hospital & Pet Care Center
4138 Voltaire St., Ocean Beach
(619) 225-9684
(see photo page 14)

Pet Store

Bone Appetit

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Bone Appetit
4845 Newport Ave., Ocean Beach
(619) 226-6250
(see photo page 16)

Hair Salon

Details Salon Spa

When's the last time you've been to a hair salon that sells beer and wine – not to take out but to drink while the color takes hold? Here, you can get that soothing slug of alcohol as you sit among the best

at what they do. Details also offers massages and waxing – and the staff promises not to spill the wax. That's one way to ruin a perfectly good glass of Riesling.

Details Salon Spa
4993 Niagara Ave., Ste. 205, Ocean Beach
(619) 222-6777
www.detailssalonspa.com
(see photo page 17)

Nail Salon

B's Hair and Nails Salon

How does this place get its manicures to stay so fresh even three weeks on? Know-how, that's how. Your nails, after all, are made of hair – and B's, being a hair place too, has lots of tricks at its command for care of the former. Cash only, please.

B's Hair and Nails Salon
1910 Cable St., Ocean Beach
(619) 222-8002

Day Spa

Details Salon Spa

(See entry under Hair Salon)

Yoga Studio

Namaste Yoga Center

"Namaste" is taken from the ancient Sanskrit, and it means "I bow to you." A gesture of deep respect accompanies it – and if you want to learn more about that, the Namaste Yoga Center will be happy to accommodate you. The ancient art of yoga is based in mutual regard for teacher and student, and this merchant works to keep that regard intact.

Namaste Yoga Center
2216 Cable St., Ocean Beach
(619) 523-1203

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(strength Through Service)

Vietnam Veterans Memorial
Ocean Beach VFW Post 1392

Canteen: (619) 225-0921
Thrift Shop: (619) 223-3024

4944 Newport Ave., "G"
San Diego, CA 92107

Bike Shop

Bernie's Bicycle Shop

The shop is still named after Bernie, but owners Roger and Yasuko Lovett and their staff know everything from installing forks on your mountain bike to respoking a wheel. The locals say the prices are far and away the best, too, with ironclad guarantees on service. One guy says you're a "traitor" if you don't come to Bernie's for your biking needs. That's enough right there.

Bernie's Bicycle Shop
1911 Cable St., Ocean Beach
(619) 224-7084

Tanning Salon

San Diego Sun Tanning

This isn't really a club, where only a few select people can take

advantage of the services. It's just a little storefront venue run by people who look out for your safety. Those manufactured ultraviolet rays are pesky things in the wrong hands – the people at this club get that, and they guarantee you'll walk out as healthy as when you walked in, with a dynamite glow to boot.

San Diego Sun Tanning
4932 Newport Ave., Ocean Beach
(619) 225-9133
www.obtan.com

Resale Shop

Girls from the Park

Fun, colorful, young, hip – Girls from the Park resale store features a great selection of gently used clothing, shoes and accessories by all of your favorite designers. The online store offers our unique gift clothing

line for girls and women. The store slogan is: "You can take the girl out of the park, but you can't take the park out of the girl."

Girls from the Park
4919 Newport Ave., Ocean Beach
(619) 226-0043

Surf Shop

South Coast

Surf Shop
(See entry under Men's Apparel)

Skate Shop

Ocean Beach

Surf & Skate

And here you thought OB Surf and Skate only sold surfboards and skateboards. The fact of the matter is, they do that – but there's so

Hair Salon

Details Salon Spa

When's the last time you've been to a hair salon that sells beer and wine – not to take out but to drink while the color takes hold? Here, you can get that soothing slug of alcohol as you sit among the best at what they do. Details also offers massages and waxing – and the staff promises not to spill the wax. That's one way to ruin a perfectly good glass of Riesling. ■

Details Salon Spa
4993 Niagara Ave., Ste. 205,
Ocean Beach
(619) 222-6777
www.detailssalonspa.com



PHOTO BY Casey Dean / The Peninsula Beacon
Brittney Mitofsky and Linsey Pierce give clients Robin Hart and Bianca Saad the full treatment.

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Win



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Phil Lobred, owner of H & M Landing

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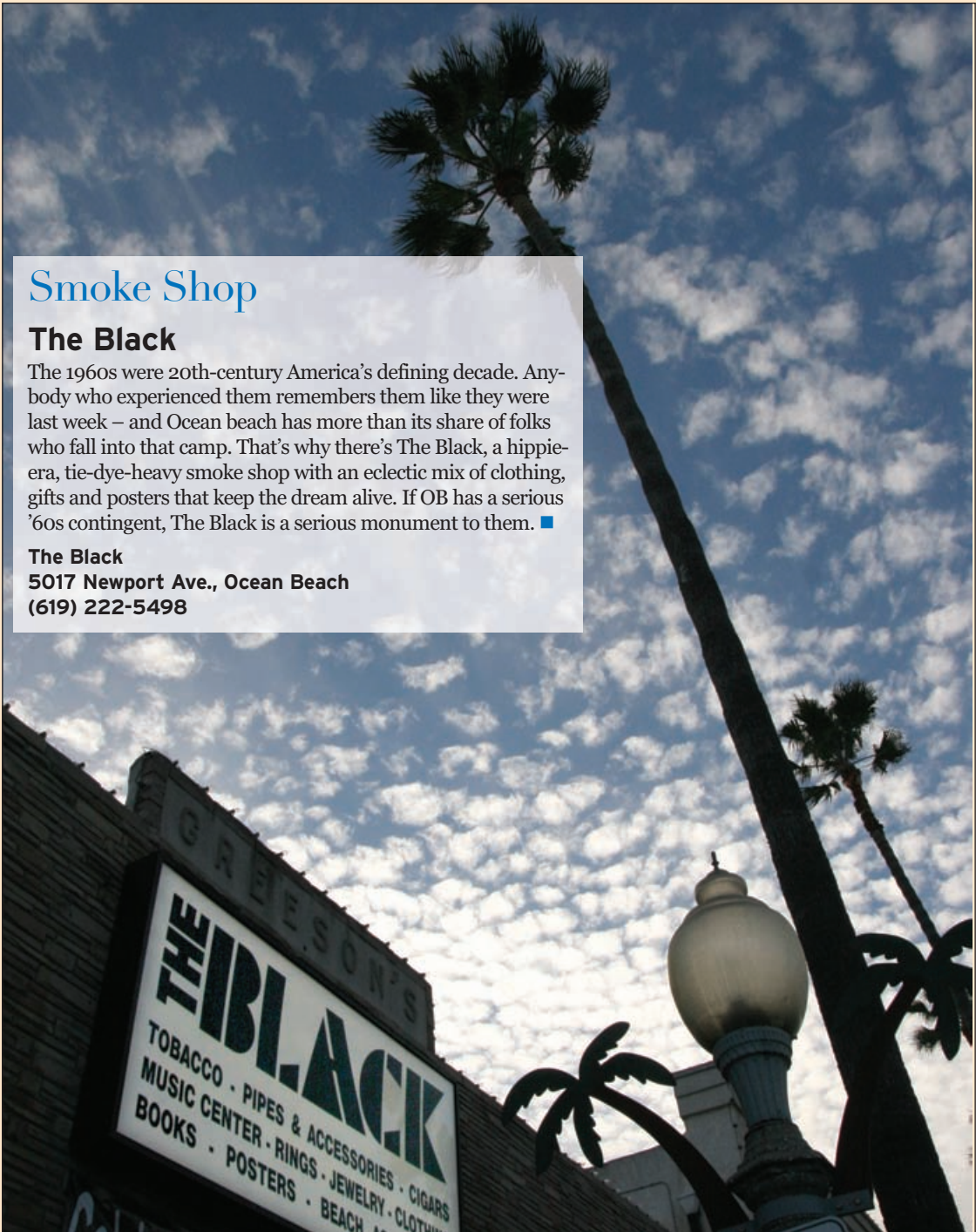


PHOTO BY Casey Dean / The Peninsula Beacon
The Black on a cloudy afternoon.

much more inside the package. Surf camps and clinics; adventure tours; kayaking lessons: Tell the peeps your passion, and they'll orchestrate something for you accordingly.

Ocean Beach Surf & Skate
4881 Newport Ave., Ocean Beach
(619) 225-0674
(see photo page 19)

CD and Music Shop

Cow Records
Music Trader may register as the more popular name, but shoppers say Cow Records sells cheaper CDs and deals with a larger assortment. And to boot, you know you're in a beach-town record shop when the

owner is sweeping the sand out of the doorway, as he often is. Lots of B-movie DVDs are available here too, all for about \$5 a crack.

Cow Records
5029 Newport Ave., Ocean Beach
(619) 523-0236

Body Piercing / Tattoo Shop

Apogee Body Piercing
Apogee Body Piercing is San Diego's original professional piercing studio. The staff use the latest and most progressive techniques in the piercing industry to facilitate safe physical change. Founded in 1994 as Dr. Jefe's Body Piercing, Apogee has been bringing the best in professional piercing to

southern California – probably because the personnel are so intent on continuing education in both the science and the art.

Apogee Body Piercing
4944-B Newport Ave.,
Ocean Beach
(619) 223-1771
www.apogeepiercing.com

Fitness Club / Gym

Gold's Gym
Gold's has been at it since 1965 – and today, it's expanded its fitness profile to offer all of the latest equipment and services, including group exercise, personal training, cardiovascular equipment, spinning, Pilates and yoga. Fear not – Gold's also maintains its core weight lifting tradition. With nearly 3 million members worldwide, Gold's continues to change lives by helping people achieve their individual potential.

Gold's Gym
3156 Sports Arena Blvd.,
Point Loma
(619) 226-9500

Place for a Bargain
The Closet
(See entry under Women's Apparel)

Smoke Shop

The Black
The 1960s were 20th-century America's defining decade. Anybody who experienced them

Thank You!

Point Loma & Ocean Beach
for voting us

BEST

AUTO REPAIR

(special recognition)

619-224-2929

1946 Bacon St. Ocean Beach

Visit us at www.sunsetgarageob.com



PHOTO BY Casey Dean / The Peninsula Beacon

(Top) Manni and Mike offer expert advise on choosing the right skateboard.

Skate Shop

Ocean Beach Surf & Skate

And here you thought OB Surf and Skate only sold surfboards and skateboards. The fact of the matter is, they do that – but there's so much more inside the package. Surf camps and clinics; adventure tours; kayaking lessons: Tell the peeps your passion, and they'll orchestrate something for you accordingly. ■

Ocean Beach Surf & Skate
4881 Newport Ave., Ocean Beach
(619) 225-0674

remembers them like they were last week – and Ocean beach has more than its share of folks who fall into that camp. That's why there's The Black, a hippie-era, tie-dye-heavy smoke shop with an eclectic mix of clothing, gifts and posters that keep the dream alive. If OB has a serious '60s contingent, The Black is a serious monument to them.

The Black
5017 Newport Ave., Ocean Beach
(619) 222-5498
(see photo page 18)

Physician

Dr. Noli Cava

Dr. Cava has been in the medical profession for 15 years. And while that's not terribly remarkable, his schedule certainly is. He has offices in Ocean Beach and Chula Vista – such is the extent to which he keeps up. And such is the extent to which you've responded with your vote of confidence.

Noli Cava, MD
1933 Cable St., Ocean Beach
(619) 221-4490

Dentist

Dr. David DeRosier

If your dental problem can't wait, Dr. DeRosier wants to know about it – any time of day or night. Just call the office and follow the instructions; the doctor will return your call promptly. Under any conditions, you and the doctor can make sure your teeth last a lifetime. Doing it right the first time, after all, makes all the difference.

David DeRosier, DDS, Inc.
3019 Emerson St., Point Loma
(619) 222-7400
www.drderosier.com

Veterinarian

Gary Rose

If you're going to be a vet, you'd better love animals. Really, really love animals. Dr. Rose understands that level of attention and dedication, and he practices it from one of the most ideal locations in Ocean Beach. You and your pet haven't that far to go for the best in veterinary care.

Gary Rose, DVM
4138 Voltaire St., Ocean Beach
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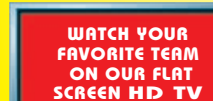
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www.theebungalow.com
(see page 4)



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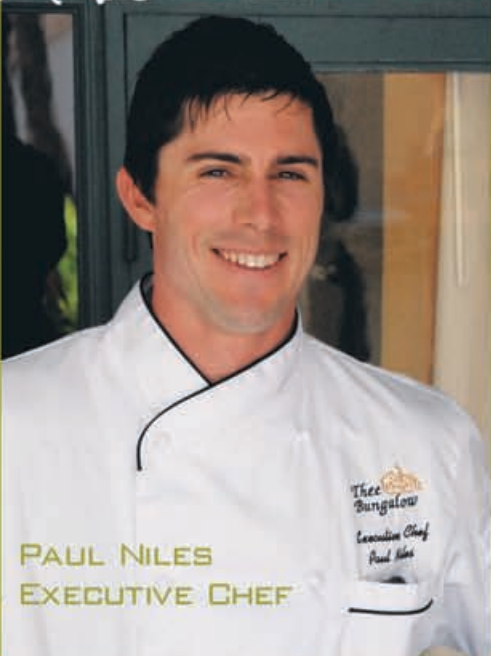
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THANK
YOU



Paul Niles



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