

► News briefs, from page 1

and their customers, which was approved by the CPUC.

After allegations of improper communications between SCE and the CPUC surfaced, however, the CPUC reopened the proceeding to investigate the claims and determine if the alleged communications impacted the previous settlement. No violations were alleged to have been committed by SDG&E and no penalties were assessed on SDG&E.



Anthony Diaz maneuvers the ball in an Oct. 6 win over Adalante Soccer Club. (Photo by Jay Coulter)

Crusaders Soccer Club in first place

Crusaders Soccer Club (CSC) Competitive Teams are in first place in their division in San Diego County as teams reach the middle of the fall soccer season. As of Oct. 10, four of the CSC Competitive Division teams are in first place; the Boys 2002 AA-A team, coached by Adam Smith, the CSC San Diego Development Academy Boys 2000 Flight 1 team coached by Erick Melendez, the

See NEWS BRIEFS page 3 —————>

Adventures of old aviators

Local cable access show features stories of pilots

Doug Curlee
Editor at Large

If it has wings — or rotor blades — Fred Province has probably flown it. He has video that backs up that claim, and he talks about it every Sunday evening on “Captain Fred’s Aviation Theater,” carried on Spectrum Cable’s public access channel.

If aviation is your thing, this is the place to go to see it, and hear about it.

Fred has interviewed some of the world’s great pilots over the years — Joe Foss, Jim Stockdale, John McCain — the list goes on and on.

He also happens to be married to one of the world’s better-known woman aviators, Ana Camberos Province. She’s in The Ninety-Nines,

the international sorority for female pilots. She’s received an Amelia Earhart medal, and a number of other prizes and recognition.

Fred isn’t just a pilot and TV host — he has two advanced college degrees, and has in the past been a school-teacher and school principal. But it’s flying that really flips his switch.

He always knew he wanted to fly, and started by building his own glider at his home in rural Missouri when he was only 14 years old.

“I was about to try to fly it, when the local county sheriff showed up and ordered it broken up and burned. When I asked him why, he said ‘We’ll think of a reason.’”

Fred finally was taught to fly a glider by, of all people, Hans Busch. Busch was

actually a former German Luftwaffe pilot who made it to the United States after World War II.

Thus was born the lifelong addiction to flight.

It wasn’t all an easy education.

“There was one plane crash where I was really lucky. I’d fractured my skull in five places, and I was actually pronounced dead at the hospital. Two guys were taking me to the morgue, but I woke up and said, ‘pain ...’ The two guys were shocked, but decided the morgue wasn’t the best place for me right then. Real glad they made that decision.”

Fred met Ana in college, and she decided she wanted to try flying. She ended up soloing in an Ercoupe — a tiny two-seat plane that’s very easy to fly. From there, she and Fred pursued time in the air whenever possible — and it was possible a lot.

We wanted to talk with Ana for this story, but Fred said she didn’t want to be interviewed.

“Ana is just painfully shy,” Fred said. “She doesn’t mind me talking about her, but would just rather not talk.”

Ana herself has a couple of degrees in accounting, both



Fred and Ana Province

American and Mexican college degrees. She was born very poor in Tijuana, but got away from that life.

Nowadays, Ana busies herself as the producer and aerial photographer for “Captain Fred’s Aviation Theater”.

“It’s real simple. She tells me what to do, and I do it.”

Fred has a lot of “Aviation Theater” episodes in the can, but he’s always looking for new and different topics. You can contact him through Spectrum Cable, and he’ll be happy to talk to you ... and talk to you ... and talk to you ...

He has lots of stories to tell.

—Doug Curlee is Editor at Large. Reach him at doug@sdenn.com. ■



Fred Province in a Fokker Dr1 Dreidecker (Photos courtesy Fred Province)





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► News briefs, from page 2

Girls 2008 AA-A team coached by Ivan Melendez, and the San Diego Development Academy Girls 2000 Flight 2 team coached by Kevin Soares.

The fall season for the Crusaders Soccer Club is at the halfway point and World Club Soccer uniforms can be seen on more than 1,000 recreational division players on Saturdays all over soccer fields in Allied Gardens, Del Cerro and San Carlos.

Erick Melendez, one of the CSC Competitive Division coaches and one of the few “A” Youth Nationally Licensed coaches in the United States, will be supervising the boys and girls Thanksgiving Soccer Camps for competitive and recreational players on Nov. 19, 20 and 21. Both camps will be at Pershing Middle School from 8:30 to 10:30 a.m. All players will learn proper techniques and skills to become better soccer players. For more information, and to register a player for one of the Thanksgiving camps, go to sandiegocrusaders.com.

The Competitive Division camp is for CSC competitive players born between 2007 and 2010. The camp will be taught by CSC professional coaches. The cost is \$100 per player. The Recreational Division Camp is for recreational players born between 2006 and 2012. The cost is \$65 per player. Coach Melendez will be supervising the recreational camp and it will be facilitated by members of the first-place CSC Boys 2000 San Diego Developmental Academy Team.

Visit the Crusaders Soccer Club website for more information about all their programs for recreational and competitive programs at sandiegocrusaders.com.

STEMM Foundation to hold fundraiser at Chipotle

The Henry Cluster STEMM Foundation has been granted a fundraiser at the Chipotle Mexican Grill located at 8005 Fletcher Parkway in La Mesa on Wednesday, Oct. 24 from 4 p.m. to 8 p.m. Thirty-three percent of the price of meals will be donated to the HC STEMM Foundation by mentioning the foundation to the cashier. The foundation’s goal is to increase the level of engagement and academic achievement in science, technology, engineering, mathematics, music and the arts (STEMM) among Patrick Henry neighborhood schools. Proceeds from this fundraiser

will be used to help fund two 2018-2019 For Inspiration and Recognition of Science and Technology (FIRST) robotics teams.

Both teams are community based; The Wizalos team is FIRST Tech Challenge team composed of seventh- and eighth-graders. The Dapper RoboNoodles is a FIRST Lego League team comprised of fifth- and sixth-graders.

STEMM Foundation board members Karen Miller and Michael Reed are working with both teams and are available to help parents, teachers, schools and community-based groups interested in forming their own teams. Interested parties should send requests to info@hctestemm.org.

“We thank Tommy Najarian, owner and director of Mathnasium, The Math Learning Center (located at 10330 Friars Road, Suite 109) for his firm’s \$250 donation to help sponsor the Dapper RoboNoodles team,” said Henry Cluster STEMM Foundation President Scott Bailey in a press statement. “For more information about this program and/or to help sponsor a team, visit our website at hctestemm.org. Our foundation is a 501 (c) (3) nonprofit corporation. Please tell your friends and neighbors about our fundraiser and their opportunity to have a great meal at the same time.”

FIRST brings STEM topics alive through a dynamic, hands-on approach to robotics. The program challenges students to apply STEM concepts in real-world situations, and inspires tomorrow’s innovators and entrepreneurs. Teams of up to 15 students are responsible for designing, building and programming their robots to compete as alliances against other teams.

The HC STEMM Foundation continues to work with teachers and administrators at San Diego State University and schools within the Henry Cluster to strengthen partnerships and advance educational opportunities.

Humane Society offers free microchipping

San Diego Humane Society is offering free microchipping on select days in October in anticipation of Halloween, when shelters typically see a substantial increase in lost pets.

Creepy costumes, glowing jack-o-lanterns and candy galore make Halloween a treat for kids and grown-ups, but they can be seriously scary for pets. Opening doors for

trick-or-treaters provides plenty of opportunities for spooked pets to flee, resulting in a higher number of stray animals entering the shelter after Halloween.

“There is typically a spike in the number of stray animals we receive the day after a big holiday like Halloween,” said Beau Archer, vice president of animal welfare for San Diego Humane Society in a press release. “We’re offering free microchips so people can protect their pets and reunite with them faster should they become lost.”

San Diego Humane Society will offer free microchipping at its San Diego campus, 5500 Gaines St., every Saturday in October, 8–10 a.m.

Microchips will be available while supplies last, and the Humane Society recommends arriving early. For pets that are already microchipped, the Humane Society recommends owners make sure the contact information is current. For people who cannot make a free event, microchips are always available at all campuses with no appointment necessary for \$15.

For pets that go missing, ensuring your pet is microchipped and licensed will assist in a quick reunion. San Diego Humane Society also utilizes a facial recognition app, Finding Rover, to quickly reunite lost dogs with their owners. Registering photos on Finding Rover is free.

For more information, visit bit.ly/2xBv1nW.

San Diego Zoo offers free admission for children

October is the “month of the kids” at the San Diego Zoo and San Diego Zoo Safari Park, as children are invited to visit both facilities for free.

Kids Free presented by Mission Fed is an annual event that gives free admission to children ages 11 and younger, while providing special weekend activities for the whole family — including enrichment zone events at the zoo, and special keeper talks and fascinating stories about animals at the Safari Park.

At the zoo, kids can join in the African Treasure Hunt, following the clues on a treasure map to discover wildlife treasures. Zoo Corps teens present a

See NEWS BRIEFS page 10 —>

27 Tips to Drive Up the Sale Price of your Home Even in a Changing Market

San Diego - Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life, and once you have made the decision, you’ll want to sell your home for the highest price in the shortest time possible without compromising your sanity. Before you place your home on the market, here’s a way to help you to be as prepared as possible.

To assist homesellers, a new industry report has just been released called “27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar.” It tackles the important issues you need to know to make your home competitive in today’s tough, aggressive marketplace.

Through these 27 tips you will discover how to protect and capitalize on your most important investment, reduce stress, be in control of your situation, and make the best profit possible.

In this report you’ll discover how to avoid financial disappointment or worse, a financial disaster when selling your home. Using a common-sense approach, you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-270-1494 and enter 1023. You can call anytime, 24 hours a day, 7 days a week. Get your free special report NOW.

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Tifereth Israel Sisterhood celebrates 70

Joyell Nevins

Seventy years ago, cell phones didn't exist, Doo Wop was on the radio, and Vietnam and Iraq were far countries on a map. It was also the year the Tifereth Israel Sisterhood was founded within the Tifereth Israel Synagogue in San Carlos.

The world may look a lot different now, but the Sisterhood still exists — and is still growing.

"We have managed to survive and thrive," Membership Chair Barbara Sterling said.

The Sisterhood has about 150 members — a significant

percentage of the 350 families that make up the Synagogue. It incorporates many ages and backgrounds, and in one of their clubs, men are also welcomed.

One of the reasons the members point to for the Sisterhood's longevity is how the organization has been able to shift its focus as times and generations shift. The group's values and beliefs have never changed, but some of its activities have.

"We've become more business oriented," President Judy Stern said, noting that many women appreciate being able to use the skills they've gained in the workplace or school.

Those businesses are actively incorporated into the Tifereth Israel Synagogue. The Sisterhood runs "Kiddush Katerers," which offers simple menus and catering services to members of the Synagogue. During special celebrations and rites of passage, Sisterhood volunteers pervade the kitchen, serving love and kosher delicacies.

Volunteers also run and maintain the Traditions Gift Shop, which is located in the Synagogue and open to the general public. It offers many Judaica items and gift needs such as candlesticks, Kiddush cups, Challah trays and kippot.

"[The shop] is so unique and so lovely," Stern said.

The funds raised through those and other business endeavors get funneled back into the Synagogue. The Sisterhood has helped purchase air conditioning for the school building and a new playground for the children, covered expenses when clergy visit for Holy days, and assisted with other Synagogue needs. When the church needed a new building, the Sisterhood pledged and raised \$50,000.

"As opposed to working for other kinds of Jewish organizations, where one's efforts often produce benefits for national or international ends, working for a local Sisterhood or synagogue yields results that are immediately apparent," Past President Gail Rice said. "I found this



Tifereth Israel Sisterhood President Judy Stern (above) and Hanna Marx at the Butterfly Project dedication (Photos courtesy Tifereth Israel Sisterhood)



(l to r) Tifereth Israel Sisterhood members Anita Blutinger, Marilyn Singer and Pepe Kahn at the Sukkah Fiesta

kind of local service particularly rewarding."

The Sisterhood's impact goes beyond their Synagogue walls. Tikkun Olam is a Hebrew phrase meaning "repair of the world" and represents the Jewish value of making a difference in the world and community around you.

The Sisterhood's Tikun Olam Club is an interfaith group open to men and women. The club's action projects help the homeless, the hungry, and the downtrodden. Members have worked with such organizations as the Burn Institute, Jewish Family Services, San Diego Youth Services, and Angel Faces. They help in both fundraising and getting their hands dirty with service projects.

What ties all of these Tifereth Israel Sisterhood aspects together is the community and friendship that runs through it. These women have formed a tight bond that crosses common barriers.

"We help many people and we perpetuate our way of life,

but the best part of sisterhood is the close friendships with the wonderful women that make up our organization," Program Committee Chair Olga Worm said.

"You're part of a community larger than yourself," Stern added.

Whether it's working in the kitchen, raising funds for homeless teens, or setting up gift shop inventory, the women just enjoy spending time together. They work with a purpose and they work in harmony. "We never use the 'w' word, it's always fun!" Sterling laughed.

The Traditions Gift Shop is located within the Tifereth Israel Synagogue at 6660 Cowles Mountain Blvd. For more information about the Sisterhood, call 619-697-6001 or visit tiferethisrael.com/sisterhood.

—Freelance writer Joyell Nevins can be reached at joyelle@gmail.com. You can also follow her blog *Small World, Big God* at swgblog.wordpress.com.

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Davis, Murtaugh square off in debate at Politifest

Jeff Clemetson
Editor

The November midterm elections are just around the corner. And while there is much talk of the Democrats' hope to unseat enough Republicans in Congress with fresh, young progressive candidates to take back the House of Representatives, the race for California's 53rd Congressional District is the exact opposite.

Republican Morgan Murtaugh, a 26-year-old media personality that works for right-wing news network One America News, is running a long-shot campaign to unseat incumbent Democrat Rep. Susan A. Davis and become the youngest member of Congress.

On Oct. 6, the two candidates held their one and only debate at Voice of San Diego's Politifest event, moderated by Lynn Walsh of the Trusting News Project.

"I think it's time for the next generation of leadership to step forward," Murtaugh said in her opening remarks, adding that voters should "reflect on the hate" going on in Washington D.C. right now. "Our leadership is so divided that they are driving a toxic wedge into our society." Murtaugh called the recent confirmation hearings for Supreme Court Justice Brett Kavanaugh "despicable" and said she is sexual assault survivor herself, but that she didn't believe Kavanaugh's accuser



Democrat Rep. Susan A. Davis (susandavisforcongress.com)

Dr. Christine Blasely Ford, and called her accusations partisan "hate."

In her opening remarks, Davis said she was thankful for the opportunity to debate because as a former League of Women Voters president, she believes in making sure candidates can speak to voters. Davis then touted her public service experience at local, state and national levels.

"And in that capacity, I've had the opportunity to build coalitions with people and to get out and really understand how we can make a difference in people's lives," she said, adding that her 'no' vote on the Iraq War authorization showed her good judgement; and that her effort in repealing Don't Ask Don't Tell was her proudest moment serving in Congress so far.

Immigration and border wall

Walsh kicked off questions by asking the candidates about immigration.

Murtaugh said she supported a border wall, but not "as described" by the Trump administration.

"The most important thing we need to do is separate immigration reform from border security," Murtaugh said, adding that Davis used to believe that but "changed her tune."

"I've been down to the border three times and I've had Border Patrol come to me and we've spoken on the issue," she continued. "And the one thing that I hear consistently is that they need more manpower, they need better infrastructure, and they need better technology."

Murtaugh suggested a wall is needed here in San Diego,



Republican Morgan Murtaugh (morganmurtaugh.com)

but not one in the desert of Texas. She added that there should be a program to find out who illegals are, and then the U.S. should deport some and grant others "residency."

"I've spent a lot of time on the border and with that have been helpful in providing the dollars, along with my colleagues, for the new Port of Entry," Davis said, adding that billions of dollars allocated to that project now need to be spent on funding better security equipment.

Davis said she rejects "terrorizing" children and taking them away from their parents. "That is wrong. That is not who we are as a country."

She criticized the Trump administration for not knowing what they were doing in implementing its immigration policies. "I've never seen anything that went out with such

disregard for the people who were being affected," Davis said. "We have to change that. We can't be complicit in that."

Davis said the solution is to codify how to deal with illegals so the administration won't have legal leeway and to pass the Dreamers Act, but that those reforms are hung up by Republicans too afraid to sign any legislation.

"We need people who do what they say," she said.

Murtaugh then asked why Davis voted against legislation with a pathway to citizenship for Dreamers recently offered up by congressional Republicans.

"Because it included a border wall and we don't have the money," Davis said, adding that she would rather spend money on infrastructure; that the

See DEBATE page 10 —————>

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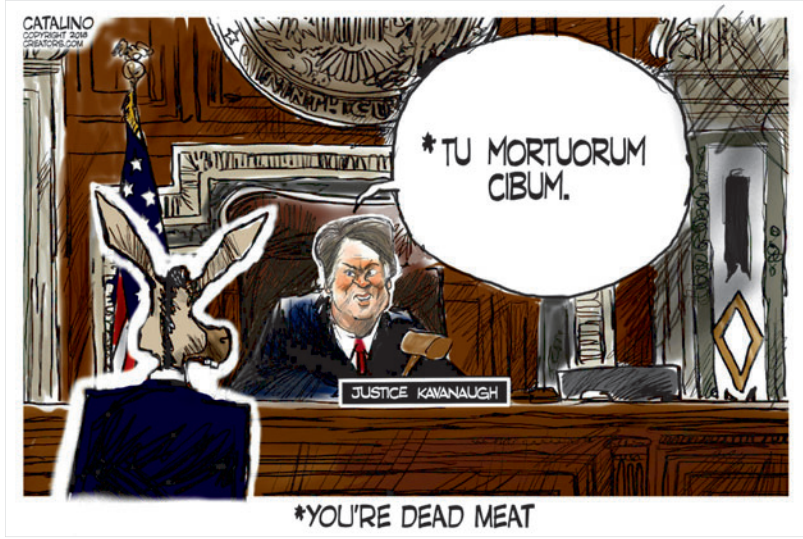
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Guest editorial

Don't procrastinate: October is the time to get your flu shot

Paul Downey

It's that time of the year when you start hearing about the flu shot or seeing signs to "Get Your Flu Vaccine Here!" And in fact, there is no better time than now to get vaccinated.

For millions of people every season, the flu can mean a fever, cough, sore throat, runny or stuffy nose, muscle aches, fatigue and miserable days spent in bed. However, you may not realize that more than 200,000 people are hospitalized in the United States from flu complications each year. In fact, during the 2014-2015 flu season, 710,000 Americans were hospitalized and 56,000 died, according to the Centers For Disease Control and Prevention (CDC).

Flu season typically peaks between December and February, but significant activity can occur as late as May. Recently, the CDC recommended people get their vaccines for the 2018-19 flu season by the end of October before the flu begins spreading in your community. It takes about two weeks after vaccination for antibodies that protect against flu to develop in the body. Getting vaccinated later, however, can still be beneficial and vaccination should continue to be offered throughout flu season, even into January or later.

While how well the vaccine works can vary, the benefits from vaccination are well documented. Studies show flu vaccination can reduce flu illnesses, doctors' visits, missed work and school due to flu, as well as prevent flu-related hospitalizations and deaths. This is why the CDC recommends an annual flu vaccine for everyone 6 months and older. The flu vaccine is available as a shot and as a nasal spray.

Getting the flu vaccine is simple, and it's the most important thing you can do to protect yourself and your family. Talk to your doctor or other health care professional about which vaccine is best for you and your family.



Paul Downey (Courtesy photo)

Some people are at high risk for serious flu-related complications, like pneumonia, that can lead to hospitalization and even death. This includes young children, pregnant women, people 65 and older and people with certain medical conditions, like asthma, diabetes or heart disease. For those at high risk for complications, getting the flu vaccine is especially important. It's also important to get the vaccine if you care for anyone at high risk, including seniors with chronic health conditions.

Most health insurance plans cover the cost of recommended vaccines. Check with your insurance provider for details of coverage. You can also use the HealthMap Vaccine Finder at vaccinefinder.org to find the nearest location where you and your family can get vaccinated. In San Diego, you can walk into an immunization clinic or call 1-866-358-2966 for more information.

So next time you see a sign that says, "Get Your Flu Vaccine Here," stop in and get one, and encourage your friends and family to do the same.

—For more nearly two decades, Paul Downey has been a national advocate for low-income seniors as well as the president and CEO of Serving Seniors, a nonprofit agency dedicated for more than 45 years to increasing the quality of life for San Diego seniors living in poverty. Learn more at serving-seniors.org.■

Letters

Fires caused by more than climate

Re: "Guest editorial: Here out West, 'smoke season' keeps getting worse" [Volume 24, Issue 9 or bit.ly/2RfiWe3]

I just read the article "Here out West, 'smoke season' keeps getting worse." First, I am not a climate change denier. I am a good steward of the earth. I am a naturalist, I recycle, I use energy wisely and pick up trash almost daily in my community so it doesn't flow into the ocean.

Most people I know approach their lives in this manner. However, the average person takes blanket statements in articles like this about wildfires, climate change and sea levels rising as fact. This bothers me to no end. Why can't we have an honest and civil conversation about why wildfires are occurring more often?

I did a simple research on the internet to find certain factors that affect the increase of wildfires and one of them is higher temperatures. But, generally, scientists struggle with linking wildfires exclusively to warming because so many factors contribute to their occurrence. Less timber harvesting may have an effect; land use change and management has had a profound effect; and human beings causing more fires in California than any other western state were facts I gleaned through internet searches, but not easily.

I also agree it would be far cheaper to prevent and mitigate climate change now, like the article stated, but the truth is, it is not exclusively linked to "the climate crisis." This is not the only factor.

This article also states that we cannot simply leave it up to individuals and the market to prevent this outcome. I disagree. I truly believe in the power of the individual to make change in this country, but if the issues are always based in politics and forcing people to change their habits and beliefs based only on chosen facts, how can we come up with productive and solid solutions together?

I hope that in the future, we can eventually move away from this divisive culture, give all individuals easy access to all the facts pertinent to the issue, and have productive conversations on all sides of the fence.

—Bill Schmid, San Diego

More MAD history
Re: "Letters" [Volume 24, Issue 9 or bit.ly/2NSKXtG]

Mr. Rawlins, in response to my letter, not surprisingly reacted exactly as expected, claiming that

once the Del Cerro maintenance assessment district (MAD) is established, [it will enhance the quality of life and improve property values]. It is apparent, that [he has] not spoken with the residents in Golden Hill, South Park, Barrio Logan and now La Jolla — let us not forget Liberty Station. They all have a much different view and have not experienced the success that [he refers] to. And let me point out a little history about Del Cerro.

Del Cerro was established about 1957, 61 to 62 years ago by the developers of Jackson and Scott. Maintenance assessment districts did not come into existence until 1978, the same year that the voters of California passed proposition 13, a landmark decision that saved millions of homeowners from losing their homes. Most MADs are established by the developers not homeowners.

And may I point out that there have been 10 new communities established decades ago in the northern part of the city of San Diego after Del Cerro was completed.

I have noted in many of [Mr. Rawlins'] writings that [he] often speaks of the negatives of Del Cerro and I paraphrase: "now 60 years later, our community looks tired compared to the communities that have maintenance districts."

Again, I would like to point out that the community of La Jolla has had a MAD for five years. What improvements have they seen? Out of frustration and a lack of improvements, homeowners of La Jolla hired an attorney to bring a lawsuit against the city of San Diego to have their MAD dissolved, a decision has been handed down but appeals have been filed and the city is patiently waiting for the decision of the appellate court.

[Rawlins is], of course, entitled to look forward to what [his] vision of the community of Del Cerro should look like and, of course, if a MAD is established and the improvements are made to the medians in front of [his] home on the east end of Del Cerro Boulevard and the home of Mr. Thomas, [his] chief of staff whose home is on the west end of Del Cerro Boulevard, [their] property values will certainly be enhanced. And when, or if, improvements are made to Princess Del Sol Park, which is within walking distance from Mr. McSweeney's and Mr. Wilson's homes, I'm sure that their property values will be enhanced.

But what improvements will the rest of the community of Del Cerro realize? —Joe Ney, Del Cerro■

Mission Times COURIER

444 Camino Del Rio South, Suite 102
San Diego, CA 92108
(619) 519-7775
MissionTimesCourier.com
Twitter: @MssnTimesCourier

EDITOR
Jeff Clemetson
(619) 961-1969
Jeff@sd cnn.com

SALES & MARKETING DIRECTOR
Mike Rosensteel
(619) 961-1958
mike@sd cnn.com

EDITOR AT LARGE
Doug Curlee
(619) 961-1963
doug@sd cnn.com

MARKETING MANAGER
Francisco Tamayo
(619) 272-1279

CONTRIBUTING EDITORS
Albert Fulcher, x110
Sara Butler, x118

ADVERTISING CONSULTANTS
Heather Fine, x107
Norma Bialas, x113

WEB & SOCIAL MEDIA
Jess Winans, x102

ACCOUNTING
Priscilla Umel-Martinez
(619) 961-1962
accounting@sd cnn.com

COPY EDITOR
Dustin Lothspeich

SALES ASSISTANTS
Erik Guerrero
Eric Diaz

CONTRIBUTORS
Jeff Benesch
Pat Boerner
David D. Cooksy
Paul Downey
Elizabeth Gillingham
Shain Haug
Sue Hotz
Dianne Jacob
Kathryn Johnson
Vince Meehan
Patty Mooney
Jennifer Morrissey
Joyell Nevins
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Scott Sherman
Patricia Simpson
Jay Wilson

EDITORIAL ASSISTANT
Jess Winans

EDITORIAL INTERN
Jules Shane

PUBLISHER
David Mannis
(619) 961-1951
david@sd cnn.com

PUBLISHER EMERITUS
Jim Madaffer



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For breaking news and investigative story ideas contact the editor by phone or email.

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News and notes from
your County Supervisor

Dianne's Corner



Dianne Jacob

Don't pull the plug: SDG&E recently claimed it was stepping up its efforts to improve fire safety in our region, but if the monopoly was truly serious it would abandon its dangerous shut-off plan.

Backcountry residents last year pounded the utility with complaints when their power was cut, leaving them and public safety personnel vulnerable during a disaster.

While I welcome measures to improve fire protection, the fact remains that SDG&E should be doing far more to keep the region out of harm's way. Some of our deadliest firestorms have been sparked by SDG&E equipment, yet the company has failed to fully harden its infrastructure.

Helping hand: Your county government continues to expand initiatives aimed at helping those with critical needs.

The Board of Supervisors recently agreed to spend an additional \$19 million in state funds to assist those dealing with mental health issues and homelessness.

The money will help those at risk of becoming involved in

the justice system. It will also be used to expand shelter and service options in the unincorporated areas of the county.

Community superstars: There are so many great folks in our community who doing so many great things.

Among the East County residents and groups that have recently received county proclamations for their contributions: Natalie Romano of Julian, for her academic excellence and volunteer work; Jacob Gertonson of Lakeside, a volunteer with Lakeside Christian Helps Center; and Poway OnStage, an arts program that works with kids.

—Dianne Jacob is San Diego County Supervisor for District 2. For more District 2 news, visit diannejacob.com or follow her on Facebook and Twitter. For assistance with a county issue, call 619-531-5522 or email dianne.jacob@sdcounty.ca.gov.■

Trash and debris removed from fire-prone canyons

District 7 Dispatch



Scott Sherman

With a goal of reducing the risk of wildfires in San Diego's most fire-prone areas, the city of San Diego has begun clearing trash and debris from canyons as part of Mayor Kevin Faulconer's "Clean SD" initiative.

According to the San Diego Fire-Rescue Department, the city has seen the number of fire incidents related to camping or cooking increase from nearly 150 in 2014 to almost 300 in 2017.

The Clean SD initiative expanded to include canyons on Aug. 13 and already more than five tons of trash and waste has already been removed. Since November, crews have removed 158 tons from the river, and 168 tons from Downtown streets and sidewalks.

District 7 has many communities where houses go right to the canyon edge. In fact, around 45,000 structures are along canyon edges throughout the city. This cleanup effort goes a long way to help mitigate fire risks and keep residents and firefighters safe.

The 1,400 tons of debris include:

- 481 tires
- 4595 mattresses and box springs
- 1,577 shopping carts
- 203 appliances

Also, San Diego residents should take the time to ensure they have taken the proper precautions to protect their family and property.

For tips on how to prepare, please visit San Diego Fire-Rescue's website at sandiego.gov/fire. It is also important to remember that wildfire danger isn't just near canyonlands. In the 2007 fires, houses were burning when the fire-front was 89 minutes away. Flying embers have been known to travel over 5 miles from a wildfire.

Together, we can ensure that our property and families are safe from wildfires.

—San Diego City Councilmember Scott Sherman represents the District 7 neighborhoods of Mission Valley, Grantville, Allied Gardens, Del Cerro and San Carlos.■

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MOVE

Sen. Morrell to speak at November meeting



Pat Boerner

Navajo Canyon Republican Women Federated (NCRWF) were thrilled with the attendance and enthusiasm at the Vintage Patriotism Fashion Show held Oct. 9 at the Bali Hai, San Diego. We would like to thank all those that attended, making it possible for us to make a substantial donation to the Canine Companions for Independence/Veterans in Oceanside. The fashions presented by Glamour Girlz of El Cajon were so popular that many of the outfits were purchased on the spot and taken home by our ladies to be worn and enjoyed. Of course, the winner of the \$100 door prize was also very happy!

In anticipation of the Nov. 6 election, we feel the most important thing we can do as patriotic NCRWF members is to register voters. In that effort, we were pleased to participate in La Mesa Oktoberfest. We registered many voters and had spirited conversations with people of all political views

Morgan Murtaugh, candidate for California's 53rd Congressional District and Bill Baber, La Mesa City Council member, joined us to answer questions and remind everyone how important it is to vote. We

also had a wonderful surprise visit from Sen. Joel Anderson (38th District). He has always been an ardent supporter of NCRWF and we were especially honored that he took time from his busy schedule to attend our event and make an award presentation.

If you are happy with the way President Trump is keeping his promises and making America respected and great again, it is your duty to be informed, vote, and encourage others to vote. We need to think of this November as a national election, not just a state election. We must focus on our goal to retain the majority in the House and the Senate. We have learned that there is no reason to be optimistic or pessimistic based on poll numbers. We came through in 2016 against all the predictions, got out the vote, and are enjoying the rewards of that important victory. We absolutely can't slack off now — we must rally behind our president and have a record-breaking voter turnout.

It will soon be Veteran's Day and a fitting way to thank our veterans would be to vote and show how much we appreciate our freedom and right to elect our representatives. Then on Thanksgiving Day we can all take some time to realize how fortunate we are to live in the United States of America.

NCRWF will welcome Sen. Mike Morrell to their Nov. 13 monthly meeting at the La Mesa Brigantine. Morrell



Sen. Mike Morrell (Courtesy NCRWF)

represents California's 23rd State Senate District. He currently serves as vice chair for the following committees: Legislative Ethics; Energy, Utilities and Communications; and Public Employment and Retirement.

In 2017, the Military Officers Association of America named Morrell its Legislator of the Year. We are pleased to have the Senator come to speak to us and look forward to hearing his insights into current issues, and the November election results. Please plan to make a reservation and join us for lunch and this opportunity to hear Sen. Morrell.

Check-in begins at 10:30 a.m. for the 11 a.m. meeting. A full course lunch is served with the speaker to follow. As there are space and seating limitations, reservations are required. Cost is \$25 and cash and checks are accepted, but sorry, no credit cards. Please RSVP to NCRWF@gmail.com or call Marjie at 619-990-2791 and she will confirm your reservation.

We offer a wonderful opportunity for Republican women to get together in a friendly environment and discuss political issues and become better informed. There are many opportunities to volunteer to help Republican candidates and we strive to get every NCRWF member involved. For more information on all our activities, please visit our website at navajo-canyonrnf.org and check us out on Facebook.

—Pat Boerner writes on behalf of Navajo Canyon Republican Women.■

Midterm results analyzed at next Dems meeting



Tina Rynberg and Jeff Benesch

In light of the extremely controversial Brett Kavanaugh confirmation to the Supreme Court voted by the Republican Senate this month, will the #me-too movement, Indivisible groups, equality and environmental activists, women's rights advocates, and core Democratic and progressive voters combine for an historic midterm "blue wave" election on Nov. 6?

Every two years, our November meeting immediately follows the midterm or presidential election of the previous day. This year, La Mesa Foothills Democratic Club will look to celebrate a day of electoral successes on Wednesday night, Nov. 7, with an all-star panel of notable San Diego influence-makers. You'll not want to miss the analysis by three of our favorite expert policymakers: Nicole Capretz, founder and executive director of the Climate Action Campaign; Matt Strabone, nonprofit attorney and former candidate for County Assessor/Recorder; and Brian Elliott, policy director for City Councilmember Chris Ward and chair of Sierra Club's Political Committee.

Can charismatic Ammar Campa-Najjar knock off indicted oft-investigated bunny-shipping Congressman Duncan Hunter in a huge upset in the 50th Congressional District? Will Mike Levin take Darrell Issa's seat in the 49th? Will promising Democrats Dr. Jen Campbell and Tommy Hough solidify a San Diego City Council for Democrats? Will Dr. Akilah Weber and Dave Myers do the same in La Mesa? Which stadium measure will carry the day? Can SDSU gain a foothold



Nicole Capretz (Photos courtesy LMDFC)



Matt Strabone

for expansion in Mission Valley with Proposition G? Or will private investors behind SoccerCity get the go ahead from voters with Proposition E? One little side-note: Nothing actually binds the investment group behind Proposition E to actually build a soccer stadium to replace Qualcomm Stadium.

Will the newly imposed gas tax, meant to provide funding for infrastructure and transportation improvements statewide, be repealed by Republican gadfly Carl Demaio's Proposition 6?

Will Nathan Fletcher break the Republican monopoly on the County Board of Supervisors? Can Matt Brower win a heated Superior Court battle against real creep Gary Kreep? Will our bevy of down-ballot candidates in East County find success in newly contested races in traditionally red districts?

These, and many other issues in the most important midterm of our generation will be dissected in detail by Capretz, Strabone and Elliott at La Mesa Community Center, 4975 Memorial Drive, La Mesa, just north of University Avenue. The meeting starts at 7 p.m., with our social time at 6:30 p.m. when the doors open to all members and guests. La Mesa Foothills serves the communities of Del Cerro, San Carlos, Mt. Helix, Casa de Oro, Allied Gardens, La Mesa, Santee, the College Area, and other nearby enclaves.

Don't miss our gala holiday celebration at our Dec. 5 meeting with guitarist and satirist Roy Zimmerman returning to share his musical and comedic gifts, and a potluck dinner supplied by our membership.

—Tina Rynberg is president and Jeff Benesch is vice president of programming for La Mesa Foothills Democratic Club. Reach them at jeffbenesch@gmail.com.■

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► News briefs, from page 3

discovery stations stocked with props, biofacts and cool things to do; and animal ambassadors educate and entertain guests at the “Wild About Animals” show at Wegeforth Bowl.

HalGLOWeen — the zoo’s glowing Halloween event — will return this year, during Kids Free month. As the sun sets on Oct. 26, 27 and 28, the zoo will glow under black light, with activities for all ages. HalGLOWeen entertainment will include a bubble dance party with the energetic Funky Monkeys, a cupcake walk, Boolahoops, “Dr. Zoolittle’s Spooky Revue,” performers, special animal experiences, a Boo Crew and much more. Kids may wear costumes for this event, according to the guidelines posted on the HalGLOWeen website.

The San Diego Zoo Safari Park will provide even more activities and experiences during Kids Free that will help kids connect with wildlife in exciting and fun ways. Each Saturday and Sunday in October, children and their families can experience animal ambassadors and a variety of keeper talks that will provide a new way of looking at wildlife.

This year, the Safari Park will extend free admission for kids through the first four days in November, to celebrate Día de los Muertos. This multi-day event, honoring Mexico’s traditional Day of the Dead festivities, will feature mariachi musicians, folklorico dancers, stilt walkers, crafts, decorations, and more.

Mission Fed — a longtime sponsor of Kids Free month — donated \$5,000 to San Diego Zoo Global Wildlife Conservancy to further the organization’s mission to end extinction and continue vital conservation initiatives both locally and across the globe.

During Kids Free, the zoo is open 9 a.m.–6 p.m. every day — except during HalGLOWeen festivities, when the zoo will close at 8 p.m. The Safari Park is open 9 a.m.–5 p.m. daily. All children younger than 15 must be accompanied by a paid adult during their visit to the zoo or the Safari Park. For more information about Kids Free, show times and activity schedules, visit sandiegozoo.org/kidsfree and sdzsafaripark.org/kidsfree. ■

► Debate, from page 5

wall was a “poison pill” in the legislation; and that the wall is not supported by a majority of the constituents of the 53rd District.

Sanctuary state

On the issue of California’s “sanctuary” laws, Davis said the state opted to keep law enforcement separate from border enforcement so that people will still engage with police about criminal matters and not be too scared to talk with police to report crime.

“We want to make sure that law enforcement who deals with the border — whether its ICE [Immigration and Customs Enforcement] or Border Patrol — we want them to do their job right and well. But what we don’t need is have all law enforcement be engaged in that one goal,” she said.

Davis also said she is against ICE agents “grabbing” parents from places like schools and hospitals and that unless representatives speak out “forcefully” against such actions, they are condoning them.

Murtaugh said sanctuary states should not exist, and that California should “realistic” about number of immigrants we should allow. She likened the sanctuary state laws to local efforts to solve the homeless crisis by building affordable housing.

Building affordable housing, according to Murtaugh, won’t solve the causes of homelessness. Rather she said it is just the “eyesore” of homelessness and called the building affordable housing solution “lazy.” Her approach would be job training and help assimilating the homeless back into society.

“Throwing them into affordable housing, that’s not going to help the problem,” she said. “That’s going to keep them in poverty.”

Environmental roll backs

Walsh then asked the candidates whether they support the Trump Administration’s rollbacks of environmental protections, especially proposed changes that would limit California’s ability to set clean air standards.

Although Murtaugh dodged the question of whether she supports Trump’s environmental rollbacks, she did say

she considers herself an environmentalist and that it is the government’s job to protect environment.

“One thing that drives me crazy, as someone who enjoys the environment so much, is the toxic waste that has gone on for decades in the Tijuana Valley,” she said. “It has gotten so bad that when there are storms, you can’t go into the ocean all the way up to Coronado.”

Murtaugh then praised Trump for including provisions in the new NAFTA agreement that will help address the issue.

Davis said she does not support rollbacks of environmental laws from the EPA (Environmental Protection Agency) or other agencies.

“What we need today is to continue the movement that San Diego has shown brings about sustainable growth and environmental change, cleanliness and security,” she said, adding that worldwide problems often stem from bad environments where poor water and air quality lead to civil unrest. “So it’s not just an environmental issue, it’s a national security issue and unless you fight against what this administration is doing today, then we are just enabling them.”

Davis said she has been working on the Tijuana Valley issue for many years, and that it has been hard to come up with solutions. In the last national defense budget, she put in language to have the military investigate and work on the problem because that area is where the Navy SEALs will train in near future.

“We used it as a tool to get them to pay attention to this problem,” she said. “I, personally, would not want one SEAL in the area unless we can define the problem and the solution and make sure it gets done.”

Davis also went after Trump’s tariffs on solar panels for setting back clean energy programs in San Diego.

Gun control

On the question of what the government can do about gun violence, Davis said that one of her worst days in Congress was the day her friend Rep. Gabby Giffords was shot. She also listed recent school shootings at Parkland High and Sandy Hook as reasons for supporting gun control.



(l to r) Morgan Murtaugh, Lynn Walsh and Rep. Susan A. Davis (Photo by Sara Butler)

“We’ve had so many tragic times that innocent people have been killed because we have not done anything about this problem,” she said.

Davis added that change will require legislation and that she supports closing the gun show loophole; instituting background checks for everyone; and expanding services available for mental health.

Murtaugh said she can relate to the gun issue because she was almost at the October 2017 Las Vegas concert where a gunman opened fire, killing 59, and that she had friends who were shot there.

“I can definitely relate to the tragedy and the heartbreak that comes with mass shootings but we have to be cognizant of the fact that there are more guns in this country than there are human beings and to just say we’re going to get rid of guns is not feasible,” she said.

She added she would support universal background checks, but only if implemented “hand in hand” with concealed carry “reciprocity.”

Murtaugh also said she supports more mental health programs, as well as firearms education taught in schools.

Davis said that she is not in favor of gun control legislation that would take away guns from responsible gun owners, but does support taking “weapons of war” off the street.

Term limits

The final question of the debate — about where the candidates stand on term limits — was picked from Twitter, Walsh said.

Murtaugh said she believes in term limits and said the

only reason they have not been implemented is because members of Congress won’t vote to fire themselves from their jobs. She suggested that members of Congress should serve four-year terms instead of instead of two, but with a maximum of three or four terms.

“Running every two years is what I think has caused the political divide and why we can’t get a lot done,” she said. “Because members of Congress are constantly running for reelection.”

Davis disagreed.

“What problem are we trying to solve?” she asked. “If it is a matter of we think that people serve too long, we have to look to some practices that other states have had.”

Davis pointed to California’s three term limit and said the positive was there were new people in committees right away; the negative was a loss of expertise. California eventually extended the limit.

Davis said one idea would be to put term limits on congressional committee chairs “because that’s when people develop leadership.” Davis recently stepped down as ranking member of the Armed Services Committee Military Personnel Subcommittee.

“That’s why I took myself out of chairing a committee, in order to let somebody else take that position,” she said.

For more information about the candidates, visit susandavisforcongress.com and morganmurtaugh.com.

—Additional reporting by Contributing Editor Sara Butler.

—Reach Jeff Clemetson at jeff@sdcnn.com. ■



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Patrick Henry High School News

Elizabeth Gillingham

PHHS Student of the Month

Senior Madison Simmons was nominated for the Kiwanis student of the month and was honored last month at the Kiwanis Breakfast. Vice Principal Jennifer Pacofsky accompanied Simmons and her family and she presented to the club why she was selected.

“We chose Maddie for being an amazing student and athlete (she plays softball and is the leader of the girl’s golf team), but she is an even better person,” Mrs. Pacofsky stated. “I have had the pleasure of working with Maddie for the last four years and I have seen her evolve into a mature, well-spoken and courteous young adult. She is a student that helps others and shows compassion to those in times of need.

“She is eager to be a part of her education and help in the learning process of others. She

is an excellent academic model for classmates, using class time well, helping classmates when they need assistance, and asking for clarifications or explanations when something isn’t clear (which her teachers appreciate because she always does it in a tactful way and it helps keep not only them, but the class in general, on track.)

“She has helped in the office where she assisted with answering phones and helping visitors before running off to play softball for Henry. Maddie is also a member of the Henry Link crew. She is a model student and always goes above and beyond her job duties. She enjoys volunteering and will often come in early and help out whenever a helping hand is needed. She is very



Madison Simmons (Photos courtesy PHHS)

responsible and can be trusted with any task given to her. The best thing about her is she does it all with a smile and a very welcoming, warm demeanor.”

‘One Flew Over the Cuckoo’s Nest’

PHHS Player's Club is proud to announce their upcoming production of Dale Wasserman's, “One Flew Over the Cuckoo's Nest,” which will be presented Oct. 24–26 at 6 p.m. in PHAME! Tickets are \$5 at the door.

The play is based on the book by Ken Kesey. This comedic-dramatic play is about a charming rogue who contrives to serve a short sentence in an airy mental institution rather than in a prison. This, he learns, was a mistake. He clashes with the head nurse while taking over the yard and accomplishes what the medical profession has been unable to do for 12 years; he makes a presumed deaf and dumb inmate

talk. He leads others out of introversion, stages a revolt so that they can see the World Series on television, and arranges for a rollicking midnight party.

Come see our cast in this mature production: Noah Howard, Ryan Zook, Gavin Ayers, Logan Aviles-Davis, Keira Olive, Colby Koo, Justin Starr, Alex Aguilar, Olivia Newell, Andrew Minjares, Maya Dixon, KC Anderson, Sierra Taylor, Izaiah Newsom, Kella Smith, Nina Breister, Emily Nguyen, Zander Johnson, Kassandra Alduenda, Bella Havens, Ally Manderville, Maggie Robinson, Via Ruiz, and Caroline Beail.



(l to r) Counselor Erik Gonzales and teachers Shanika McCarty and Kevin Trombley

New staff members

Every year, we add a few new members to our teaching staff as others take on new jobs across the district or retire. This year, we welcomed a small number in several key areas around the campus.

Samson Pak is our new school police officer and comes

with lots of experience after serving with the El Cajon Sheriff's Division and later as a campus police officer at Madison High School. He came with high recommendations from everyone who worked him and has already impressed the students with his presence on our campus.

Our nursing office has had a clean sweep in changes, as both Nurse Kathy Ryan and our health tech, Jessica Pearson, took new assignments in the district. Replacing them, we added two nurses: Lynn Vogelgesang (full-time) and Amy Berwind (part-time) and one health technician, Sharon Hackett, who will be at Henry two days a week. Vogelgesang retired from the Navy and joined our district to continue working as a nurse and to support others. The nurse's office has additional support with Nurse Berwind who comes in twice a week to help us with reports, provide preventive measures, and help our students who show up sick.

We also added a new part-time counselor. Erik Gonzales joined our team this year and will serve students whose last name begins with the letters Nears-Rion. Gonzales has been in the district as a campus security support at Serra High School until he finished his counseling license and became a counselor at Serra High School as well. We are thrilled to add him to our team as he also has a welcoming and calm demeanor that fits well with our teaching staff.

We have also added a few teachers in several different areas. In science, we were able to add a part-time biology teacher, with Akeya Del Aguiar, and a full-time chemistry and physics teacher with Mr. Kevin Trombley. Del Aguiar

Cox Contour TV filling consumer hunger for apps



Home entertainment options continue to expand with Cox Communications

With the addition of YouTube Kids and NPR One to its menu of apps, Cox Communications' Contour TV continues to bring more options to home entertainment, whether you're watching a cable network on demand, accessing a movie on Netflix, or listening to NPR while doing household chores.

Contour TV already offers Netflix, YouTube and iHeart Radio apps, which eliminate the need for a secondary device or input switch.

Now, with YouTube Kids and NPR One, Contour brings even more age-appropriate content to the TV screen for younger members of the family, and the informative, quality audio programming of NPR One for those who want to stay abreast of current events – particularly as election day gets closer.

Cox Contour customers can simply use their voice remote control to easily and quickly access shows, movies and music by speaking into their voice remote control to access the apps. Just say things like “Netflix,” “YouTube Kids,” or “National Public Radio,” and Cox Contour will go straight there.

The programming can also be accessed by going to the “Apps” section of the Contour guide:

Netflix: Catch up on past and current episodes of your favorite Netflix shows with Contour 2 and a Netflix subscription—no need to toggle between remotes or TV inputs. It's as easy as changing the channel.

YouTube: Easily search billions of YouTube videos with your voice remote control and set parental controls so that the app can only be accessed with a PIN.

YouTube Kids: Access family-friendly videos, from favorite shows and music to video tutorials on how to build a model volcano. You can also flag videos for review by the YouTube Kids team and monitor what your children are watching through the “watch history” function.

NPR One: Access a stream of local and national news, stories and podcasts from National Public Radio (NPR) that help keep listeners informed, engaged and inspired.

iHeart Radio: Listen to more than 800 live radio stations over a range of genres, including Pop, Country, Alternative Rock, Hip-Hop, and R&B.

So, the next time you want to watch a makeup tutorial, do-it-yourself video or your child's soccer game on YouTube, you don't have to settle for viewing it on your smartphone when Contour delivers the same content on your TV screen. And, it's as easy as the push of a button.

Fantasy Football and more...

Contour TV also offers apps for local weather and extended forecasts, checking real-time traffic before you leave the house, minute-to-minute stock updates, daily horoscopes and sports.

The Sports app lets you check live sports scores and statistics, find live games on TV, and see upcoming schedules. You can even watch TV and use the Sports app at the same time – which comes in handy when your two-year-old is enthralled with his or her favorite show.

And, now that it's football season, the Fantasy Football app helps CBS Sports Fantasy Football players keep up with their fantasy teams on the same screen as the live games themselves (or any other program).

To access the apps on Cox Contour, customers simply need a compatible Contour receiver and Cox High Speed Internet service. **For more information on Cox Contour, visit www.cox.com.**

► PHHS, from page 12

just completed her credential and is starting her career with us at Henry. Trombley transferred from Serra High School and enjoying the students and staff who have welcomed him to his new assignment.

Tricia Tigli replaced Mrs. Malphurs, who moved to Japan. Tigli is our new French teacher, who comes with much experience as she is a native French speaker and can bring the Parisian culture into her teaching.

Shanika McCarty joined Henry halfway through the year when a teacher left for personal reasons. When an opening in the English department came up, she was a quick call to join on team on a full-time basis.

PHHS seniors excel

Patrick Henry High School seniors Sarah Kosic, Nhi Nguyen, and Maya Rozenshteyn have won the prestigious 2018 SWENext Club Challenge, a national competition put on by the Society of Women Engineers (SWE). They will be honored at the annual SWE national conference held in Minneapolis, Minnesota Oct. 17–21.

To win the Club Challenge, Kosic, Nguyen, and Rozenshteyn put together a poster and a video describing Stephanie Kwolek, a chemical engineer who revolutionized the fiber industry through her invention of Kevlar (a synthetic fiber stronger than steel which can be used for military equipment, bulletproof vests, long distance ocean cables,

suspension bridges, athletic equipment, and more — helping save countless lives). Their video also included a demonstration of the properties of chemical polarity. The video can be found at tinyurl.com/phsswevideo. They would like to thank their AP Chemistry teacher, Mr. Kiffe, for introducing them to the experiment that was used in the video.

SWE is an international nonprofit organization that supports women in engineering. SWENext is SWE's program for girls 18 and under to get involved in the organization, learn more about engineering,



(l to r) Nhi Nguyen, Maya Rozenshteyn and Sarah Kosic (Courtesy PHHS)

and receive access to resources that support their interest in engineering. For more information about SWENext, visit bit.ly/1Czrf5e. For more information about the Society of Women Engineers, visit swe.org. For more information about the PHHS SWE Club, visit tinyurl.com/phssweclub.

College information from our counseling team

College applications have opened up. Seniors interested in applying to four-year universities should be actively applying to campuses now!

Below are three links for three different university systems. On Thursday, Oct. 18, Patrick Henry counselors will be hosting a senior college application student and parent meeting at 5:30 p.m. in our PHAME building. The meeting will go over specific university systems as well as applications. Everyone is welcome to attend and it's free!

CSU application: Open Oct. 1; deadline Nov. 30. Application can be found at www2.calstate.edu/apply.

UC application: Has opened; deadline Nov. 30. Application can be found at bit.ly/1g1spMA

Common Application: Has opened; deadlines on various dates. Application can be found at commonapp.org.

—Elizabeth Gillingham is principal of Patrick Henry High School.■

Open enrollment for SDUSD

Schools in San Diego Unified School District may enroll pupils who do not live in the neighborhood through the School Choice process. The Choice application period for school year 2019-20 will be from Monday, Oct. 1 through Tuesday, Nov. 13.

Choice applications to any Henry cluster school should be submitted at this time for:

- Incoming TK/K sibling of current Choice pupil.
- Child of any employee at our school who is interested in having their child(ren) attend

any school in the Henry high school cluster.

- Currently enrolled students who have recently moved, or will be moving out of our neighborhood but would like to continue enrollment at our school.

- Currently enrolled magnet pupils who wish to articulate to the next level magnet program.

- Students originally enrolled via Choice as SDUSD residents, who have moved, or are planning to move outside of the SDUSD boundaries into a

different school district (Poway, La Mesa/Spring Valley, Chula Vista, etc.).

- Students whose parents are interested in transitioning from a different school into ours.

Choice applications are not necessary for resident students, or students already accepted to our school via Choice who currently reside in the SDUSD boundaries.

If you know of any family that may be interested in our school, please invite them to attend a school's tour. PHHS host tours are on the first Wednesdays of every month. For more information about

our schools, please view any school's website.

The 2018-19 Enrollment Options applications may be submitted online at sandiegounified.org/apply. For personal assistance, contact or visit the Family Welcome and Enrollment Center located at our district headquarters at the Eugene Brucker Education Center, 4100 Normal St., Annex 12, San Diego, 92103. Questions regarding the

Choice process may be directed to 619-260-2410. The center is open to the public Monday through Friday, from 9 a.m. to 4 p.m.

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CURRY CRAVINGS

A new Thai restaurant fills a niche in north La Mesa

Restaurant Review

Frank Sabatini Jr.



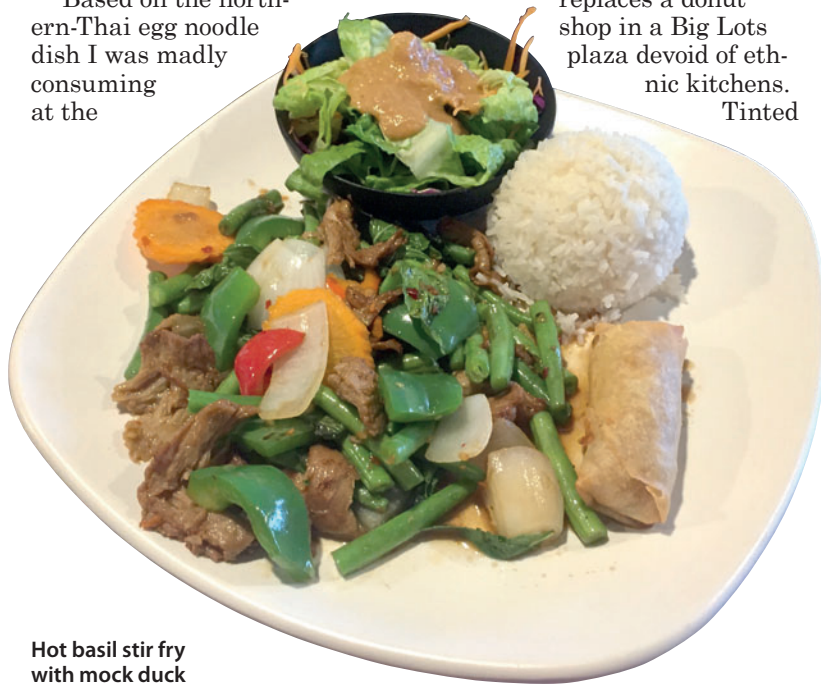
A customer waiting for his to-go order in the foyer of Signature Thai Cuisine declared excitedly to an employee: “I can’t get enough of this food!” His words echoed straight into the dining room and into the ears of patrons taking advantage of the weekday lunch deals.

Based on the northern-Thai egg noodle dish I was madly consuming at the

moment, I considered rising from my chair to second him.

Known as khao soi, it’s one of the more non-pedestrian items on the regular menu in which the noodles are paired to a goldmine of tender chicken (sliced breast meat and a bone-in leg) and served in an orange-colored pond of yellow and red curries. Listed under “specialties,” it sells for \$12.95 and proves there is luscious life beyond drunken noodles and pad Thai.

The 2-month-old restaurant replaces a donut shop in a Big Lots plaza devoid of ethnic kitchens. Tinted



Hot basil stir fry with mock duck



Maps of Thailand’s various regions serve as wall art. (Photos by Frank Sabatini Jr.)

windows give the impression of a shuttered business. But just inside is a clean, nicely decorated space with fresh-cut flowers adorning sparkly black tables.

Intent on leaving with a weighty doggy bag of leftovers for dinner that evening, I opted also for two of the \$8.95 lunch specials: hot basil with mock duck, and yellow curry with the above-mentioned chicken

breast. Each meal included a cup of vegetable soup, a basic green salad with sweetish peanut dressing, an egg roll, and rice. I accepted doubles on everything.

The soup flaunted a medley of cabbage, zucchini, carrots and leafy greens in a lovely, clear broth that tasted a little like Lipton Cup-A-Soup, although not as salty and not at all a bad thing. My

exceptionally friendly waiter said it is house-made.

The egg rolls turned up cold in the middle. I sent them back and received crisp, piping hot replacements with a gracious apology.

In the hot basil stir fry, I loved the zesty brown sauce and shredded pieces of vegan duck, which actually resembled

See SIGNATURE page 15 —————>

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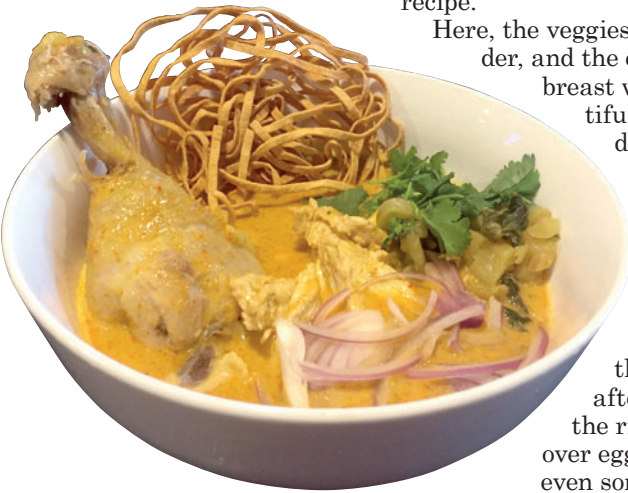
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► **Signature**, from page 14

succulent beef. The dish's downside, however, was copious amounts of under cooked green beans and bell peppers. I had wished they matched in texture the soft "meat" or that



Saucy khao soi contains egg noodles and chicken.

they were cut as thin as the carrots also comprising the dish. If you're a fan of traditional yellow curry made with coconut milk and draped over potatoes, carrots, onions and a protein of choice, you won't be disappointed with this full-flavored recipe.

Here, the veggies were tender, and the chicken breast was plentiful. Nary a drop of the precious liquid went to waste, as I dredged everything through it afterwards—the rice, a leftover egg roll and even some of the lettuce leaves from

my salads. Draw me a bath of this stuff and I'll soak in it all day. Kudos to the kitchen for getting the spice level right. In all cases, I opted for "2" on a 10-level scale. I normally go a few notches higher, but when sharing Thai leftovers with my spouse, anything spicier results in fits and screeches. Other reduced-price lunch specials, which offer a choice of chicken, pork, beef, seafood or tofu, include cashew stir fry; green or red curry; pad see ew; drunken noodles; and more. From the regular menu, you'll find everything from



Chicken breast and veggies in yellow curry

vegetarian curry puffs and papaya salad to crab-fried rice, royal duck curry, and Chinese-inspired orange chicken. Signature Thai Cuisine opens daily at 11 a.m. and closes at 9 p.m. Sunday through Thursday, and at 9:30 p.m. Fridays and Saturdays.

Signature Thai Cuisine
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619-825-7559
signaturethaicuisine.com

Prices: Soups, salads and appetizers, \$3.95 to \$12.95; curry dishes, \$9.95 to \$14.95; entrees and specialties, \$9.95 to \$16.95. Lunch specials: \$7.95 to \$10.95

—Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press), and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. Reach him at fsabatini@san.rr.com.■



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► **Stadium,** from page 1

ballot, making this one of the most unique elections in San Diego history. The initiatives must first pass by garnering more than 50 percent of the votes. And if they both succeed, the one with the higher percentage will win.

At first glance, the two initiatives look very similar. Both plans promise to build a new stadium and demolish the old one. Both plans include a public river park along the bottom third of the tract, and both plans include mixed-use development including 4,800 units of housing. And both plans promise to do all this at no cost to San Diego taxpayers. So what is the difference? To find out, we talked to representatives of both initiatives about their visions.

SoccerCity (Measure E)

The goal of SoccerCity is to transform San Diego into the epicenter of soccer in America. This is according to Nick Stone, one of the leading proponents of SoccerCity and a Partner at FS Investors, which launched the initiative.

“The growth in soccer is real,” Stone said. “And San Diego will be where the best of the best come to train and play.”

The plan is to purchase the land, and then use that acquisition to convince Major League Soccer (MLS) to grant San Diego an expansion team. This will be reliant on building a new soccer stadium on the site by the 2021 season.

The SoccerCity plan also includes buying the new expansion team. In addition, a training facility is planned where both national teams and youth academies can train and play exhibition games in the stadium.

SoccerCity also includes plans for a sports entertainment complex similar to the L.A. Live venue in Los Angeles. This is to make SoccerCity a sports destination for San Diegans to enjoy year-round. SoccerCity has agreed to pay the city \$83 million for the land if the initiative wins in November. And if they cannot secure an MLS franchise within one year, the deal will default to the SDSU West plan.

SDSU West (Measure G)

The SDSU West initiative was not created by San Diego State University. As a state agency, SDSU is not allowed to advocate for or against a ballot initiative. So a group of civic leaders with SDSU ties (Friends of SDSU) launched the initiative that stipulates the city must sell the stadium property to SDSU. So if SDSU West passes, Friends of SDSU hand the football off to SDSU, which will then pony up the money to purchase the tract. However, the price for the land will need to be negotiated with the city after the vote.



SDSU West artist renderings (Courtesy photo)

SDSU

Gina Jacobs, assistant vice president of Divisional Communications and Strategy at SDSU, said that a SDSU West complex would be beneficial to San Diego due to the innovation the site would generate. The plan is to coax private enterprises such as biotech firms to open offices alongside SDSU facilities, so students can “learn and intern” as part of their studies. Jacobs noted that many SDSU students choose to stay in San Diego after they graduate, and this would be beneficial to the city.

“SDSU’s vision is to create an innovation district where university faculty and students can partner with private industry, business incubators and accelerators to generate new ideas that create jobs and companies, which will have

economic benefits for the entire San Diego region,” Jacobs said.

An example includes a conference hotel adjacent to the stadium where students could work alongside trained professionals.

“This would create academic opportunities for students enrolled in our Hospitality and Tourism Management program,” added Jacobs.

The NFL option

Both initiatives leave the door open for a return of the National Football League (NFL) to San Diego. SoccerCity plans to set aside 16 acres for a possible NFL stadium in addition to its soccer stadium, but there is a five-year time limit on that. The SDSU West plan leaves an option open to expand its 35,000-seat stadium to NFL specs if San Diego can land a team.

Endorsements

SDSU West is endorsed by a who’s who of San Diego power brokers. However, Councilmember Scott Sherman (District 7) endorsed SoccerCity. The property being voted on lies in his district and he says his constituency has been very vocal about not using taxpayer money to fund any new stadium. He says he endorses the SoccerCity plan because it uses no taxpayer money, and he’s skeptical about the SDSU plan. “How can you sell a taxpayer asset to a taxpayer-funded entity and expect not to have any taxpayer money being put into it?” asked Sherman.

Rob Hutsel, president and CEO of the San Diego River

Park Foundation (SDRPF), has a huge stake in the vote. Hutsel advocated for a river park on the property for years as both a member of the SDRPF and the Mission Valley Planning Group. The SDRPF board of directors voted to come out in opposition to the SoccerCity initiative due to concerns about the “ballot box planning” of using the initiative process as a vehicle for the sale.

“There isn’t the give and take of a planning process. When you come before a planning group, then

you go before a decision maker like the planning commission or the City Council, there’s opportunities along the way to make it better and to find compromise; and the initiative doesn’t allow that,” Hutsel said. He is also concerned that the initiative would not get him the 60 acres of river park that he has lobbied for. “SoccerCity has indicated that they would get us there, but it’s not in the initiative so we had to oppose it at this time,” added Hutsel. The SDRPF plans on meeting with SDSU soon to decide if they can support their plan or not.

Timeline

One sobering fact is that both plans will take 10 to 15 years to complete in full. So no matter who wins, San Diegans can expect to see chunks of barren graded land for years to come. However, SoccerCity promises to have its soccer stadium complete by the 2021 MLS season. SDSU intends to have its Aztec stadium completed for its 2022 season. And both plans intend to complete their river parks on the same timeline. But if both initiatives fail, the site stays as is until the city comes up with a plan B.

Ultimately, the choice will come down to what voters see as the future of San Diego. If both initiatives fail, we then face the possibility of entering 2030 with a weed-covered stadium standing as a monument to inaction.

—Vince Meehan can be reached at vinniemeehan@gmail.com. ■



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► **Dust**, from page 1

Bailey agreed that the dust situation is worsening.

“The area has progressively become covered with more and more concrete dust to the point where the black asphalt is almost white,” he said. “The entire area is inundated with it and the city of San Diego, the [Environmental Protection Agency], and other responsible agencies are doing absolutely nothing about this.”

Noting the quarry at 7500 Mission Gorge Road has been operating since the early 1940s supplying much-needed construction materials, SRM spokesperson Arnold Veldkamp said, “All of these (plant) activities are subject to stringent permit requirements from the APCD. These requirements include both control measures and special equipment to reduce dust emissions.”

Added Veldkamp, “The quarry and roads within the plant site are watered several times a day. Any ‘transfer points,’ where the rock goes from one point to another, such as a conveyor belt to a storage pile, are watered by a fine nozzle spray. Both the concrete batch plant and the asphalt plant have bag houses, which are essentially giant vacuum cleaners to capture dust. The APCD regularly inspects the plants to ensure compliance with the permit requirements.”

Veldkamp said SRM has gone beyond APCD requirements by: sweeping Mission

Gorge three times a day with street sweepers; recently paving Superior’s interior street, an extension of Princess View, while installing a tire wash to remove the dirt from truck tires before they exit the quarry; being one of the first San Diego companies to install diesel particulate filters on their diesel trucks to reduce particulate emissions by up to 85 percent in 2008.

“Every year since, [SRM] has retired its older engines for the newest, cleanest engines available,” said Veldkamp. “In the past few years, Superior has begun converting its diesel engine fleet to natural gas engines with near-zero emissions.”

Concluded Veldkamp, “Superior wants to do its best by the communities it lives in and serves, and strives to protect the natural resources and environment of Mission Gorge Valley.”

Jessica Northrup, APCD spokesperson, confirmed that, since Aug. 3, 2018, the APCD has received 33 air-quality complaints from 28 residents surrounding SRM reporting dust from the plant.

“The APCD has conducted 13 inspections in 2018,” Northrup said. “These inspections were conducted to investigate the air-quality complaints, and to verify compliance with all applicable air pollution regulations, which include standards to minimize air pollution and protect public health.”

Northrup added the APCD documented some violations of applicable air pollution

regulations by SRM issuing the following Notices of Violations (NOV): July 26 for failing to maintain all required records on site; Aug. 10 for not complying with a limit on usage of recycled asphalt pavement for the hot-mix asphalt plant; Aug. 24 for failing to properly maintain the control equipment (bag house) for the hot-mix asphalt plant; Sept. 7 for not maintaining their processing materials for the recycling plant by keeping them sufficiently wet (to prevent excessive dust); and Sept. 19 for failing to conduct quarterly visible emission evaluations for the bag houses at the rock-crushing plant.

“During these inspections, the APCD did not document any visible emission violations,” said Northrup. “As provided in state law, a NOV may result in monetary penalties, civil suit, or, in serious cases, criminal prosecution.”

Northrup said the APCD met with Superior Ready Mix on Sept. 24 to discuss the NOVs issued and the nature of the complaints investigated.

Riley and the other residents are expanding the discussion about the dust issue as well and have set up an email address for other residents who have experienced issues with the concrete plant. He said he urges people to contact cleanair92120@gmail.com and share their complaints and add their names to the petition.

—Freelance writer Dave Schwab can be reached at dschwabie@journalist.com.■

Del Cerro Action Council news

Jay Wilson

Adela de la Torre, Ph.D., the new president of San Diego State University, will be the guest speaker at the Del Cerro Action Council (DCAC) meeting to be held at Temple Emanu-El, on Monday, Oct. 22 at 7 p.m. This is her opportunity to introduce herself to us and share her interest in, and willingness to positively engage with, our community.

This will not be a discussion on voting on the future of SDSU West or SoccerCity proposal for the Qualcomm Stadium site in Mission Valley. Both entities representing support for their proposal have made presentations to the Navajo Community Planners, Inc., our local planning and land use organization over the past several months.

The DCAC has been notified that the Friends of Del Cerro have secured donations to complete the matching donation of \$10,000 by the San Diego Padres to provide needed tools to better fight canyon and wild-land fires. The Friends of Del Cerro donation includes \$1,500 from the Del Cerro Action Council and \$2,500 from SDSU. Thank you to everyone who donated. The \$10,000 checks from the San Diego Padres and the Friends of Del Cerro were

scheduled to be presented to the San Diego Fire-Rescue Foundation on Oct. 11. As the firefighters continually say: “It is not a question of if there will be another canyon fire, it is merely a matter of when.”

Mark Rawlins, chair of the DCAC, reiterated that the next hearing regarding the La Jolla Maintenance Assessment District (MAD) is set for Nov. 2.

“Shortly thereafter we should know the outcome,” he stated. “If the decision is in the city of San Diego’s favor, the Friends of Del Cerro and the other community organizations seeking to establish a MAD within in their community should be able to move forward towards collecting signatures to bring the matter to a vote for their respective community.”

We should also receive an update at our meeting from the staff of the People’s Church and/or The Atlantis Group on their progress with the city on building their church below the Chevron Station.

Remember, the quarterly meeting of the Del Cerro Action Council is Monday, Oct. 22, 7 p.m. at Temple Emanu-El.

—Jay Wilson is secretary of the Del Cerro Action Council. For more information, visit delcerroactioncouncil.org.■



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Vet housing project discussed at November AGGCC meeting

Shain Haug

The Nov. 27 Allied Gardens Grantville Community Council (AGGCC) town hall meeting will address the Zephyr Special Needs housing project for homeless veterans now under development at the old Motel 6 on Alvarado Canyon Road. The meeting will be attended by John Wurster and Brendon Bergen of Affirmed Housing and Jonathon Castillo of PATH (People Assisting The Homeless). In anticipation of your attendance, we think some background information on this development will be helpful.

Affirmed Housing is the owner and developer of this and similar projects. Their funding for purchase and construction is from equity investments in exchange for tax credits allowed under state and federal laws relative to development of low income and homeless housing. Funding also comes from the Department of Housing and Community Development Veterans and Homeless Prevention Program and the San Diego Housing Commission. The residents will receive Section 8 vouchers and will pay up to 30 percent of their income to rent.

PATH has a major role in providing recovery services to the homeless in San Diego. Funded by grants from private organizations and public entities, they are responsible for 2,000 previously homeless now in permanent housing.

Zephyr will provide studio apartments to 84 homeless

veterans and one onsite resident manager. PATH and the Veteran's Administration will conduct background investigations to ensure that no one with criminal tendencies will reside in the facility. Counseling services will be provided by a program manager and four case managers from PATH. While immediate relief from the "street" is the first objective, the long-term goal will be restoration to selfsufficiency.

The area of the Zephyr property is zoned as CC-3-9 by the Navajo Community Plan. The Zephyr modification of and ultimate use of the old Motel 6 is in compliance with zoning ordinances and building codes. No special governmental permission, such as a conditional use permit or a zoning modification, was required for plans that met building codes.

With that background look at the project, the question becomes that of how the Allied Gardens and Grantville community will respond to this development. That is what we will discuss at our town hall meeting.

I am sure that the first reaction was and will be, "Not in my backyard!" But the law permits them to join our community. What we have is an opportunity. An opportunity to greet and support veterans who, sometimes because of circumstances beyond their control and sometimes because of bad choices, have reached a low point in their lives. We have a lot to offer them and, as they recover their places in society, they have a lot to offer us.

The residents will come to the bare rooms of the facility empty handed and with limited resources. (Remember, if you will, the first apartment you moved into.) We hope to provide a "Welcome Home" kit for each resident as they arrive. An abbreviated look at the kit includes a supply of: kitchen and dining ware, cooking tools and the like; bedroom linens; items for the bathroom such as towels and toilet brushes; cleaning supplies; and miscellaneous personal grooming materials.

The Nov. 27 town hall meeting will begin with a series of AGGCC board questions to Affirmed Housing and PATH, to give you a better understanding of each of the organizations, of Zephyr, and what we can do for the residents. And what they can do for us. After about 20 minutes of that background information, we will turn the proceeding over to you, the affected community, for your questions. And for your comments, particularly those of what we can do to make this new relationship of value to all of us.

The AGGCC board of directors meets on the first Tuesday of each month at 6:30 p.m. at Benjamin Library, at the corner of Zion Avenue and Glenroy Street. Our next board meeting will be on Tuesday, Nov. 6. You are welcome.

—Shain Haug is the president of the Allied Gardens Grantville Community Council. Reach him at aggccshain@yahoo.com, or visit aggccouncil.org.

San Carlos Area Council news

Patty Mooney

During our October meeting, we enjoyed a visit from five of San Diego's bravest and "hottest" firefighters who reported on the state of equipment and how Friends of Del Cerro (FDC) has been able to raise enough money to provide all fire trucks with equipment they had been lacking. Now FDC is raising money for chainsaws for our firefighters. You can learn more and donate to this worthy cause at friendsofdelcerro.org/san-diego-fire-rescue.

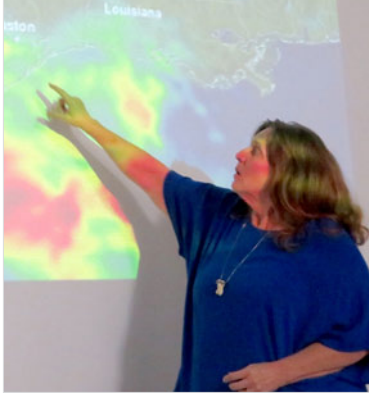
Battalion Chief Dave Seneviratne told us that they had responded to two different fires within the last month. The first was near Mast and West Hills Parkway where 20 firetrucks, two helicopters and two water drops from planes were deployed. The second fire destroyed a 15-by-15-foot area in the vicinity above Tuxedo Park containing a homeless encampment. Seneviratne handed out brochures from the Burn Institute about "Fire & Burn Prevention for Seniors." If you are 62 or older and own your home, you are qualified for the Burn Institute's free smoke alarms, or inspection of your

existing smoke alarm. To learn more, call 858-541-2277.

Ryan Trabuco from state Senator Toni Atkins's office reported on the passage of a bill that Sen. Atkins worked on for the last two years, which teaches hotel and motel employees how to recognize signs of human trafficking. He also brought some great pumpkin chocolate chip cookies to share with everyone.

Lisa Scott from the office of Councilmember Scott Sherman paid us a visit and handed out the District 7 Dispatch. The headlining story focuses on the removal of five tons of trash and debris from fire-prone canyons. There is also the announcement of a Free Flu Shot Event in October for seniors. The city is partnering with Sharp HealthCare to create a citywide wellness program. For information call 800-827-4277. Scott mentioned that Councilmember Sherman will be present at the ribbon-cutting of the 24-Hour Fitness Super Sport facility on Nov. 1. The gym will hold a grand opening for the general public on Nov. 3.

Our president, Mark Schulze, mentioned that he had seen a news story about San Carlos neighbors reporting brownish "smelly" water



Dr. Cherry Robinson leads a discussion on climate change (Courtesy SCAC)

coming out of their taps. Scott said that Sherman's office had looked into it immediately. Technicians who inspected the water determined that the cause was a naturally-occurring chemical found in soil called geosmin. The water has been deemed safe to drink.

Our guest speaker at the Oct. 3 meeting was Dr. Cherry Robinson, Psy. D., volunteer climate leader at the Climate Reality Project. Her slide show illustrated to a packed house of interested observers how weather events like hurricanes and wildfires are a direct result of sending greenhouse gases

See SCAC page 21

WORSHIP DIRECTORY

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Wed. Night.....6:30pm to 8:00pm
Sat. Night.....6:30pm to 8:00pm
Sunday.....10:00am to 11:30am
Tuesday.....6:30pm to 8:00pm
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PUZZLES ANSWERS ON PAGE 20

SUDOKU
Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle.

	6		3		5		4	
		4						3
	2		1	4			5	
				1		4		
1	4	2				9	7	8
		8		2				
	1			6	2		8	
9						7		
	8		9		4		1	

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CROSSWORD Raise the Flag

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55						56					57			
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CREATORS NEWS SERVICE By Charles Preston

- ACROSS**

1 Forefeet
5 Spoken evidence
10 Cool one's heels
14 Author Dinesen
15 City of Spain
16 Andes native
17 A.J. Foyt, in 1967
20 Watchmen
21 Phonies
22 Bag

DOWN

1 Area at 53 Across
2 Wimbledon's Arthur
3 Issue caveats
4 Drawing rapidly
5 Barbeque locale
6 A Room With
7 Borders
8 Miss
9 Legally
- 23 Wiretaps
24 Greek lead-off
27 contendere
28 Woodmen do it
31 Actor Clive
32 Composed
33 Town near Mursk
34 Winners at 53 Across
10 Nictitates
11 Diarist Frank
12 Picnic tote
13 Smokers' danger
18 Gofers' chore
19 Othello's headache
23 Dimwits
24 Have watch out
25 Falana and Albright
- 37 Summoned the butler
38 Merino mamas
39 de Leon
40 Chi-Richmond direction
41 She played Lucy
42 Dim bulbs
43 Determines
44 Teamster trip
46 Hang around
49 Hair-clip
53 Timely event
55 Think over
56 Ear area
57 Big bell
58 sow, so shall...
59 Like some leaves
60 Swirl of air

National Public Lands Day at Mission Trails Regional Park

Mission Trails Regional Park Foundation
Jennifer Morrissey

In September, more than 70 volunteers gathered at the Mission Trails Regional Park East Fortuna Staging Area to take part in REI San Diego's annual National Public Lands Day service event. REI already shows its support for the park through a grant to the Mission Trails Regional Park Foundation for materials used for trail maintenance, and REI has, for many years, introduced a great many San Diegans to Mission Trails and its recreational offerings through REI Outdoor Programs.

At the National Public Lands Day event, volunteers removed invasive plants, planted 140 native plants, and spread mulch around the plants and over a large area. They were led by MTRP rangers who instructed the volunteers on how to plant shrubs so that they can grow and thrive. At the end of the event, volunteers received thank-you gifts from REI and enjoyed Viva Pops—popsicles made with organic fruits and herbs from San Diego growers and suppliers at local farmers' markets. Many thanks to REI, Viva Pops, and the many volunteers who helped to enhance Mission Trails.

There are many ways to volunteer at Mission Trails Regional Park. Be part of a weekend morning work crew,

volunteer at the front desk of the MTRP Visitor and Interpretive Center, join the Cell Phone Patrol that monitors the trails, and more! Learn about all of the volunteer opportunities available at mtrp.org/volunteer. To schedule a one-day group volunteer event, please contact David Lee at dlee@mtrp.org.

Monthly work crews

Want to help protect and preserve Mission Trails? Spend a weekend morning on one of our work crews. See below for opportunities and make sure to RSVP with the ranger specified. Please wear long pants and sturdy, closed-toe shoes. Bring work gloves (if you have them), sun protection, and a water bottle to refill. Tools, gloves (if needed), snacks, ice water, and Gatorade will be provided. These crews most often meet at the Kumeyaay Lake Campground Day Use Parking Lot; but contact the rangers listed to confirm. The Kumeyaay Lake Campground Day Use Parking Lot address is 2 Junipero Serra Trail, San Diego.

- Habitat Restoration Crew: 8 a.m.–noon each second Saturday of the month**
Get your exercise and improve the natural habitats in Mission Trails by lending a hand on our monthly Habitat Restoration Crew! The general meeting location is in the Kumeyaay Lake Campground
- Trail Improvement Crew: 8 a.m.–noon, Sunday, Oct. 21 and each third Sunday of the month**
Help improve MTRP on the Trail Improvement Crew! Meet Ranger Levi in the Kumeyaay Lake Campground Day Use Parking Lot. Questions? Contact Ranger Levi at



(l to r) Mission Trails Regional Park Ranger Heidi with REI's Lizzy Bendrick (Courtesy Mission Trails Regional Park Foundation)

Day Use Parking Lot. For October 2018, RSVP and find out the specific project location by contacting Ranger Julie at 619-668-2744 or jaeilts@mtrp.org. For November and beyond, RSVP and find out the specific meeting location by contacting Ranger Heidi at 619-668-3279 or hgutknecht@mtrp.org.

FALL EVENTS AT MISSION TRAILS REGIONAL PARK*

Wildlife Tracking Walks: 8:30 a.m., first Saturday each month – Visitor Center
Guided Nature Walks: 9:30 a.m., Wednesday, Saturday, Sunday each week – Visitor Center
Guided Nature Walks Kumeyaay Lake Campground: 8:30 a.m., second and fourth Saturday each month – KLC Campground
West Sycamore Nature Walk: 8 a.m., third Sunday each month – Stonebridge Parkway in Scripps Ranch
Birding Basics Class: 1 p.m., last Saturday each month – Visitor Center
Bird Walks: 8 a.m., third Saturday each month – *check website calendar for meeting locations*
Family Discovery Walks: 3 p.m., fourth Sunday each month – Visitor Center
Discovery Table Activity: 10 a.m.–1 p.m., second Saturday each month – Visitor Center
Live Hawk Talk Activity: 9 a.m.–noon, first Sunday each month – Visitor Center
Kids Nature Story & Craft with a Ranger: Every third Saturday, ages 5–7 start at 10 a.m.; ages 8–10 start at 11 a.m. – Meet at KLC Campground, Kumeyaay Lake Picnic Structure, RSVP for info: 619-668-3279
West Sycamore Volunteer Crew: 8 a.m., first Sunday each month – *check website calendar for meeting locations*
Habitat Restoration Volunteer Crew: 8 a.m., second Saturday each month – *check website calendar for meeting locations*
Trail Improvement Volunteer Crew: 8 a.m., third Sunday each month – *check website calendar for meeting locations*
Park Beautification Volunteer Crew: 8 a.m., fourth Saturday each month – *check website calendar for meeting locations*
Native American Flute Circle: 1 p.m. to 3 p.m., second Sunday each month – Visitor Center Outdoor Amphitheater
Free Concert: 3 p.m., Sunday, Oct. 7, Fred Benedetti, guitar – Visitor Center Theater
Free Concert: 3 p.m., Sunday, Oct. 21, N. Scott Robinson, World Music – Visitor Center Theater
Free Concert: 3 p.m., Sunday, Nov. 4, Quartet Nouveau – Visitor Center Theater
Star Gazer/Telescope Parties: Oct. 13, 6:30 p.m.; Nov. 17, 5 p.m. – meet at KLC Campground Day-Use Parking Lot. Cloudy skies/rain cancels. *Check website calendar for meeting locations & updates.*
The Wild Read Book Club: Sunday, Oct. 28, 1:30 p.m. – Visitor Center Library, RSVP for info: 619-668-2747

*Partial listing of Monthly Events at Mission Trails Park. Visit mtrp.org for full calendar of free activities, programs, and updates, or call 619-668-3281.

Oct. 27 and each fourth Saturday of the month

Join Park Ranger Heidi and help keep MTRP beautiful! Projects include pruning brush, hauling and spreading mulch, litter abatement, riverbed clean-up, and fence repairs. The meeting location is the Kumeyaay Lake Campground Day Use Parking Lot. For October only, RSVP to Ranger Heidi at 619-668-3279 or hgutknecht@mtrp.org. For November and beyond, RSVP and find out the specific project location by contacting Ranger Julie at 619-668-2744 or jaeilts@mtrp.org.

—Jennifer Morrissey is executive director of the Mission Trails Regional Park Foundation.■

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SUDOKU & CROSSWORD PUZZLE ANSWERS FROM P. 19

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CROSSWORD ANSWERS

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Flight of the tern at Lake Murray

David D. Cooksy

Despite the dismal rainy season of 2017-18 and the corresponding dearth of food across the ecological spectrum (was there a wild flower season and I missed it?), somehow Kumeyaay Lake has survived. Actually, it has thrived. You would not think this true by looking at it now, but my regular rounds have discovered white-tailed kites, hummingbirds, nesting hawks, nest boxes with ash-throated flycatchers and house wrens. Within the lake itself, the population of tadpoles, minnows, dragon- and damselflies are seemingly unaffected by desperately low water levels.

In fact, over the past several months, one visitor has captured my attention on a daily basis: a Caspian tern (*Hydroprogne caspia*). Just one mind you, but just one Caspian tern is enough to witness the acrobatic aeronautical fleet-winged skill of this premier flyer.

The Caspian tern is grouped with gulls and skimmers in the family Laridae. There are 42 species of tern worldwide, 14 in North America, and 12 recorded in San Diego County. The Caspian tern is the largest species of tern in North America. It is primarily brilliant white, with a black cap, black legs,



A Caspian tern takes flight over Lake Murray. (Photo by David Cooksy)

and brilliant red beak; it can be confused in flight with gulls. Primarily a spring and summer visitor to San Diego County, perhaps no other bird can claim the unique breeding distribution of the Caspian tern: Pacific coast region to British Columbia, Utah, Wyoming and east to the Great Lakes and Newfoundland.

While spotting the Caspian tern at Kumeyaay Lake is not rare, it is more likely at Santee Lakes or Lindo Lake. Greater numbers, including mating pairs, are often spotted along Mission Bay and the salt flats of South County.

My photographic fascination of flight is easily satisfied by this creative flier. The Caspian

tern has a long, thin body, long wings tapered to a fine tip and a distinctive sharply wedged tail; a design perfect for high-speed gliding or lazy spinning turns when searching the water below for prey.

The most impressive aeronautical maneuver is a pinpoint turn that pulls into a momentary full stop, allowing gravity to take over for a straight-down, high-speed dive. The result is a spectacular headfirst explosive splash to a fully immersed grab for food. Although not always successful, the tern does not often miss.

—David. D. Cooksy is a trail guide at Mission Trails Regional Park.■

iNaturalist observation of the month: Robber fly

Patricia Simpson

Earlier this year, on the trail, I was startled by a deep buzzing sound followed by a large fast flying insect zipping right in front of me. A wasp maybe. Seconds later, I could see the long slender-shaped insect resting on a rock.

As I approached, I was surprised to see a rather large fly with its single set of wings neatly folded over its back. Bulging brown eyes, triangular face with a beak-like appendage, long spread-out legs, a slender abdomen and a white beard! For sure I was looking at a robber fly, though I had never seen one quite so large.

Others have been documenting robber flies in Mission Trails Regional Park this summer, such as in this iNaturalist observation by klyle161 at bit.ly/2zJNeyW.

I was able to get close to the robber fly by moving very slowly. The beast and I observed

each other, though it lost interest in me quickly, being far more preoccupied with its next meal (fortunately, none of us are on the menu!). Its head moved very quickly (lightning fast, really) as it looked around at any moving insect that might dare get close.

The robber fly is a fierce predator. Its keen eyesight allows it to detect small insects at a fair distance. The fly will take flight and catch its prey “on the wing” (meaning in mid-flight). Once the meal is secured, the robber fly finds a resting spot and consumes the victim after injecting liquifying saliva into it. Bon appetit!

Robber flies catch a large array of insects including some almost twice their size. They are also undeterred by predators such as wasps or bees and often add them to their menu.

Despite all that, don’t let their appearance scare you away. They will not come after you. But do not handle them as they have a nasty bite! Enjoy



Robber Fly (Photo by M. Basden)

watching them from as close as you can get ... they’ll get scared before you do and just fly away.

For more on this fascinating animal, enjoy this little video by MikeBlairOutdoors at bit.ly/2Otlh6v.

—Patricia Simpson is a trail guide at Mission Trails Regional Park.■

► SCAC, from page 19

and methane into our atmosphere. Dr. Robinson showed us how we are all linked, and that thousands of people displaced due to natural disasters in various parts of the world have a direct effect on all of us. Hope is alive with all the inroads we have made with alternative energy. To learn more about the Climate Reality Project, visit climaterealityproject.org.

Join us at the next meeting of the San Carlos Area Council (SCAC) on Wednesday, Nov. 7, at 6:30–8 p.m. in the San Carlos Branch Library, 7265 Jackson Drive. Several representatives of elected officials will provide their reports of the latest news and answer your questions and concerns.

Consider becoming a member the SCAC. The dues are modest (\$7 per household). Help support this local volunteer-run organization by

sending a check to: SCAC P.O. Box 19246, San Diego, CA 92159-0246. If you wish to be added to the Interested Persons List or have a topic you would like to learn about, please contact San Carlos Area Council Secretary Mickey Zeichick at mrzeichick@gmail.com.

—Patricia Mooney is vice president of the San Carlos Area Council. Reach her at patty@crystalpyramid.com.■



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CELEBRATING 40 YEARS OF JEWELRY SERVICE TO SAN DIEGO

We are pleased to still be serving San Diego jewelry customers for 40 years and many generations in the same families. We want to thank all of those who have made this possible by entrusting their family heirlooms to us to redesign and repair, as well as those who have made us a part of their significant occasions such as weddings, birthdays, anniversaries and graduations. We would love to hear your stories of the special memories our jewelry has made in your life. Feel free to stop by or email us,



OCTOBER BIRTHSTONE – OPAL/TOURMALINE

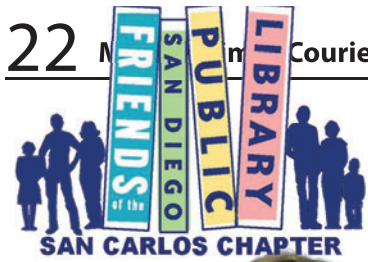
Hope and harmony are the special gifts granted to those of October birth by these two brilliantly colored gems. The fiery opal, displays vivid flashes of iridescent color against either a white or black background. Indeed precious opal is like no other gemstone because it changes color and pattern as the observer turns the stone. While transparently clear tourmaline October’s second birthstone choice comes in a rainbow of dazzling colors, more than almost any other gem. These two beautiful gems can also be combined beautifully in one piece of jewelry giving the wearer two birthstones in the same piece of jewelry.



Martin and Kathleen White have owned Enhancery Jewelers for over thirty nine years. They specialize in diamond and gemstone jewelry, custom design, appraisals, and jewelry and watch repairs. Find us on Facebook and check out our monthly specials or shop online at www.enhancery.com.



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Sue
Hotz



General membership meeting

The 2018 San Carlos Friends of the Library (SCFOL) General Membership meeting will be held on Wednesday, Nov. 14, 4–5:30 p.m., in the Winer Family Community Room & Art Gallery. This year's keynote speaker will be the super talented Disney artist and illustrator, Terry Naughton, whose award-winning illustrations will be on display in our art gallery throughout November. Read more about Naughton, on the SCFOL website under "Art Shows." The meeting's agenda will include the introduction of SCFOL's newest Life Members, election of 2019 SCFOL officers and board of directors, SCFOL and branch updates by President Joan Hayes and Managing Librarian David Ege, and of course, refreshments and interesting conversation. Become a SCFOL Life Member for just \$250, before Oct. 30, to be included on the 2018 SCFOL Honor Wall. Join online or pick up an envelope at the library.

Art shows

Oct. 8–Nov. 1, the gorgeous photography of Pamela York and Tim Mountain will grace the walls of the Winer Family Community Room & Art Gallery. York enjoys many forms of artistic photography. Her work is both bold and delicate. Mountain's background in environmental geography shows off in his photos of natural landscapes and beautiful vistas taken in our East County neighborhoods. Their artist reception is Oct. 27, noon–2 p.m.

San Carlos Library news

Do you believe in ghosts?

Oct. 12, 2–4 p.m., investigate the world of the spirits when three members of Pacific Paranormal Investigations (PPI) research team present "Science and Beyond." Learn the history of paranormal investigation, how to conduct your own inquiry into the supernatural, and about the skeptical approach that these local paranormal investigators take in gathering data about the possible presence of ghosts.

Authors and books

Oct. 26, 2–3 p.m., author and motivational speaker Zoe Ghahramani returns to our branch to discuss her novels and what it means to be a good reader; what libraries do for us and what we can do for them. Ghahramani is a board member of the Friends of the San Diego Central Library. Her novel, "Sky of Red Poppies," was chosen as the 2012 One Book, One San Diego selection.

The Library Book Club's October meeting was rescheduled for Oct. 18. The Club is reading Ivan Doig's final novel, "Last Bus to Wisdom," for their Nov. 8, 12:30–2 p.m. meeting. Travel along and enjoy the uproarious misadventures of 11-year-old Donal and grand-uncle Herman the German, as they meet some far-out characters while riding a Greyhound bus to Montana from Wisconsin. Copies are located directly inside the library to your right.

One Book, One San Diego special event

The San Carlos Branch Library will host a free showing of the Oscar-winning short documentary, "Mighty Times: The Children's March," Tuesday, Oct. 16, 6–8 p.m. This film, for all age groups, highlights the heroism of the young activists of the 1963 Children's Crusade, and the themes of

2018's One Book, One San Diego selection: civil rights, social justice and discrimination.

The 2018 One Book, "March: Book One," is a graphic memoir, co-authored by Rep. John Lewis, Andrew Aydin and Nate Powell. The companion 2018 One Book for kids is "Blue Sky, White Stars," written by Sarvinder Naberhaus and illustrated by Caldecott-winning artist Kadir Nelson.

College admission essay assistance

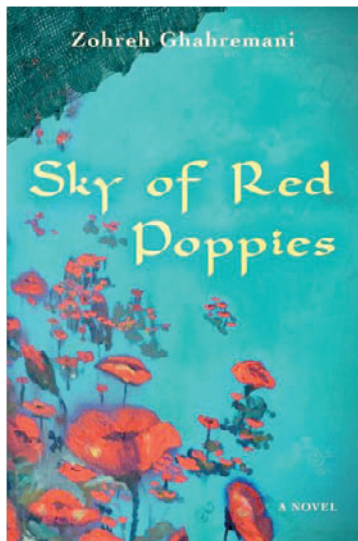
Library assistant III Sarah Hendy-Jackson will lead a new program series geared toward high school seniors to help them with their college admission essays. Students can drop in anytime during the dates/times listed below to get free assistance with brainstorming, editing, organizing, grammar, word count, etc. Hendy-Jackson studied 19th-century American literature in graduate school at UCSD and has worked within the university's humanities department, teaching freshman writing, history, philosophy, and literature since 2011. Dates and times are Wednesdays, Oct. 17, and Nov. 14 and 21 from 6:30–7:30 p.m.; and Saturdays, Oct. 13 and 27 and Nov. 10 from 3–4 p.m.

The League of Extraordinary Scientists (LXS)

Two-thirds of the world's oxygen comes from plants in the ocean. Kids ages 8–12 can join LXS marine scientists, Oct. 24, 4–4:45 p.m., and learn what makes ocean plants different from land plants and about products that are made from them, like toothpaste and ice cream. Critical thinking and hypothesis formation skills are emphasized.

Trick-or-Read

On Oct. 31 anytime between 11:30 a.m. and 8 p.m., get your trick-or-treat on at the San



Zoe Ghahramani, author of "Sky of Red Poppies," will speak on Oct. 26. (Courtesy SCFOL)



Carlos Branch Library. First, view popular Halloween tales in an interactive exhibit posted around the library, then say, "Trick-or-Read" to a librarian and be treated to a free book! Join us at 2:30 p.m. for spooktacular stories and crafts. Costumes and all ages are welcome.

Reoccurring youth activities

Do Your Homework @ the Library is available for K-8 grades, Mondays and Thursdays, 3–6 p.m.; and Tuesdays and Wednesdays, 3–7 p.m.

After School Special on Wednesdays, 2:30–3:30 p.m., are programs for ages 5–10 and include stories, silly songs, and crafts.

Yoga & Storytime for ages 3–8 at 4 p.m. is offered on Tuesdays, and chess for ages 18 and under from 5–7 p.m. on the second and fourth Tuesdays.

Process Art meets on Thursdays at 4 p.m. for ages 3–8, and Preschool Storytime & Crafts are at 10 a.m. on Fridays. Pick up the fall youth schedule at the library, or download youth programs, "In-A-Nutshell," from our website.

Mail-in ballot drop-off

Oct. 29–Nov. 5, mail-in ballot drop-off will be available

at the San Carlos Branch Library. Volunteers with the County Registrar of Voters will be on hand during regular library hours to collect ballots. Our branch's Community Room is a polling site on Tuesday, Nov. 6. The poll workers will collect ballots that day. The library will be open but all Community Room programs are canceled.

Dates to remember

- October: CANCELED: Adult Mind /Body Fitness resumes Nov. 13
- Oct. 6–Nov. 17: In-N-Out reading program, ages 4–12. Sign up at the library.
- Oct. 17, 4–5:30 p.m.: SCFOL monthly meeting. Please join us.
- Oct. 30: 2018 SCFOL new Life Member deadline for 2018 Honor Wall list
- Oct. 31: Happy Halloween
- Nov. 2, 1:30–3:30 p.m.: Friends of the Library only, Used-Book Pre-sale. Join SCFOL during the sale
- Nov. 3, 9:30 a.m.–3 p.m.: SCFOL Monthly Used Book Sale

—Sue Hotz is publicity chair and board member of the San Carlos Friends of the Library. Reach her at publicity@sancarlosfriendsofthelibrary.org. ■

Why libraries will always be relevant

Kathryn Johnson

In the early 2000s, I made a trip to Green Lake, Wisconsin to visit my father who had recently retired to the small town. After a long career with the post office in Milwaukee, my father was finally able to take it easy and pursue his interests in painting, building model airplanes and volunteering at the Air and Space Museum in Kenosha.

My visit was very relaxing and, of course, included a trip to the local library. While

looking around, I noticed a large table with puzzle pieces strewn about and was drawn in to work on putting it together. My dad eventually came over and we worked on it for the better part of an afternoon. I fondly recall my father complementing my puzzling skills as I found the correct location for a piece. Even though I was an adult living several states away, he would give me a "good job" or "way to go, Kate" as we spent the afternoon together.

Sadly, my father passed away a few years after my visit. It is interesting to note, however, that his passing allowed for me to attend library school and eventually move to San Diego to work at the Allied Gardens/Benjamin Library. One of the first things we did when I started was create a puzzle table.

I love our puzzle table for nostalgic reasons and for the friendships and connections I have

seen form around it over the years. It warms my heart when I see a regular puzzler help a curious young child as she approaches the table with the desire to assist or to see two strangers working away while chatting. It is my belief this connection and interaction is one of the best things about libraries.

While I appreciate today's libraries move toward more technology ala 3-D printers, laser cutters and automated self-publishing machines, I think the library as community gathering place is one of our best selling points. I have seen young parents form friendships during toddler story time, a romantic older adult relationship blossom and a young teen new to the area make new friends; all in our humble library. This is one of the reasons why I love the library, the Allied Gardens community and my work.

Please note that everyone is invited to stop in and work on our puzzle during open hours. We also have a puzzle exchange where you can take home a

puzzle or two on the honor system and connect with family and friends at home.

Local art

Speaking of our amazing community members, local artists George and Carmen are showcased in our display cases this month. Please stop in to see the colorful, whimsical art work by our wonderful neighbors.

The talent continues

Last week, the library received a very generous donation of three books by a young local author. Young Sofia's works are fun, humorous and informative. One of her highly-recommended works entitled "The Hole Book" takes a unique look at shapes and negative space. If you are interested in Sofia's work, her titles are available for checkout and are located in the children's section.

If your young author is interested in donating his/her work,



Art display by Carmen (Photos courtesy Allied Gardens Library)

we would love to add it to our collection.

Pumpkin coloring contest returns

The annual pumpkin coloring contest has returned for the month of October. Folks ages 1–99 are invited to stop in for a coloring form. All entries must be submitted by Oct. 26 so that winners can be selected and informed the following week. Winners in each age category will receive a prize.

—Kathryn Johnson is managing librarian of the Allied Gardens/Benjamin Branch Library. ■



Story books by young Sofia are available in the children's section.

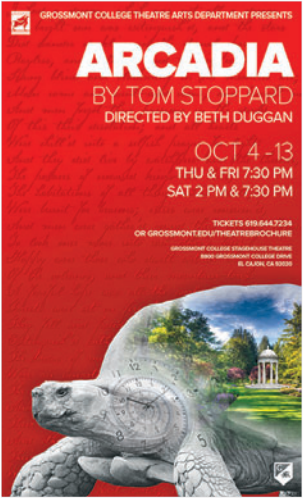
MISSION TIMES COURIER
COMMUNITY AND ARTS & ENTERTAINMENT CALENDAR

ONGOING EVENTS

Great Pumpkin Festival
Through Oct. 31
The Children's Nature Retreat animal sanctuary in Alpine will hold its annual great pumpkin festival through Oct. 31. Retreat staff invite you to get in the Halloween mood, wander the pumpkin patch, and meet their family of over 130 animals. Tickets to visit the sanctuary are \$15 for kids and \$25 for adults. For tickets and information about the retreat, visit bit.ly/2OSuiTB.

Sunset Yoga in the Garden
Every Sunday in October
In partnership with CorePower Yoga La Mesa, the San Carlos Community Garden will host a free yoga series every Sunday in October. Participants will enjoy instructor-led yoga, 5–6 p.m. in the San Carlos Community Garden, 6460 Boulder Lake Ave. No experience necessary. Yoga mats available (or bring your own).

Gardening 101 Workshop
Every Saturday in October
San Diego Master Gardeners and San Carlos Community Garden will offer four hands-on workshops to teach participants how to have a healthy, productive garden. Topics include planning a garden, healthy soil, composting, planting layout, starting from seed, transplanting, beneficial insects and what to do about pests, appropriate water use, harvesting and more. Cost is \$20 for all four classes and free for anyone who leases a garden plot in September or October. 9–11:30 a.m. at the San Carlos Community Garden, 6460 Boulder Lake Ave. Space is limited. Sign up by sending an email to info@sancarloscommunitygarden.com.



'Arcadia'
Through Oct. 13
Tom Stoppard's stage-play "Arcadia" will be presented at the Grossmont College Stagehouse Theatre in six shows between Oct. 4–13. An original production by prolific British dramatist Tom Stoppard, the story follows two timelines that begin to converge as past and present grow increasingly blurred. Tickets to the critically acclaimed play are \$15 for general admission, and \$10 for students. For tickets and show times, visit bit.ly/2PQ6CPJ.

FEATURED EVENTS



'Butterflies are Free'
Through Nov. 11
The Lamplighter Theatre presents its rendition of Leonard Gershe's 1969 play about a blind aspiring songwriter who falls in love with a free spirit in Manhattan. "Butterflies are Free," winner of the 1970 Tony for Best Stage Actress, is a touching and entertaining drama about finding one's way in the world. Directed by George Bailey. Tickets are \$22, students and military \$19. 5915 Severin Drive. For tickets and show times, visit bit.ly/2OQsSsF.



Ladies at the Lake Fall Market
Women-owned businesses will be featured at Santee Lakes' "Ladies at the Lake Fall Market" event. Shop from over 65 vendors; enter to win raffle prizes; kick back in the adult beverage "Ladies Lounge"; and munch on local food. 9 a.m.–2 p.m. at Santee Lakes Recreation Preserve, 9310 Fanita Parkway, Santee. Cost is \$6 for parking. Visit santeelakes.com for more information.



Artist reception
'Out of Africa'
The Mission Trails Regional Park Foundation presents a photography exhibition, featuring award-winning photographers Dolwain Green

and Suzanne Green, titled "Out of Africa." This exhibit will be on display Oct. 13–Nov. 9, 9 a.m.–5 p.m., in the Mission Trails Regional Park Visitor Center Art Gallery, 1 Father Junipero Serra Trail. The public is cordially invited to a reception in honor of the artists on Sunday, Oct. 14, 2–4 p.m.



David Cooksy:
Wildlife Photography
The Mission Trails Regional Park In Focus series features lectures and optional in-field instruction on photography. David Cooksy has photographed Mission Trails Park wildlife for many years and will share his work, and key concepts and techniques he uses to create stunning photos. 6:30 p.m. at the Mission Trails Regional Park Visitor Center. Optional field classes will be held Oct. 20, 27 and Nov. 1 at 1 p.m. For tickets and information, call 619-668-3280 or email mtrp@mtrp.org.



Rummage sale
St. Dunstan's Episcopal Church hosts a semi-annual rummage sale fundraiser for a charitable nonprofit educational scholarship program. Items include clothing, costumes, records, household items, furniture and more. 7 a.m.–5 p.m. at St. Dunstan's, 6556 Park Ridge Blvd., San Diego. Cash purchases only.



Community art show
A pop-up art show and garden party will take place on Oct. 21 with 10 local artists displaying and selling their works. Refreshments will be served while guests browse at this free event. Noon–4 p.m. 6378 Lake Athabaska Place, San Diego.



Reka Parker Jazz Quartet
The Reka Parker Jazz Quartet returns to the Samuel M. Ciccatti theater at Cuyamaca College on Thursday, Oct. 25. The quartet includes Reka Bodis-Parker on piano, Taylor Smith on bass, Grossmont College Music Department Chair Derek Cannon on trumpet, and Bob Daniels on drums. Show begins at 7:30 p.m. Tickets priced at \$10 for general admission and \$5 for students and seniors. First 20 students are admitted free. Call 619-660-4288 for reservations.



The Three Irish Tenors
Mission Basilica San Diego de Alcala presents an evening with The Three Irish Tenors, along with Tara Novak on violin and Scott Nicholas on piano in the St. Francis Chapel. 8 p.m. 10818 San Diego Mission Road. Tickets are \$100; available at bit.ly/2QqnmgQ.



Health Fair and anniversary celebration
College Avenue Center's Health Fair will feature over 30 organizations providing valuable information about older adult services and assistance. Flu shots will be provided by Sharp Grossmont Senior Resource Center for a suggested donation of \$2. Flu shots are recommended for adults 60 and up and for adults with a chronic illness. In addition, there will be a variety of health screenings available. A luncheon will be served at noon, and musical entertainment and 20th anniversary celebration at 12:30 p.m. Lunch is a suggested donation of \$4 for adults 60 and up and a fee of \$7 for all others. 6299 Capri Drive San Diego. For information, call 858-637-3270.

Prop Talks
The nonpartisan League of Women Voters review the pros and cons of the 11 California state ballot measures, the four San Diego County measures and the eight San Diego city measures. 10 a.m.

at the Allied Gardens/Benjamin Branch Library, 5188 Zions Ave. Free.



Boo Bash
Join the Salvation Army Kroc Center and get dressed up with the family at the 16th annual Boo Bash. This year's autumn celebration will be Saturday, Oct. 27, 1–4 p.m. Admission includes inflatables, carnival games, candy and prizes, pumpkin decorating, rock climbing, family-friendly music, goody bags and more. \$1 per person. Salvation Army Kroc Center Recreation Field, 6753 University Ave.



Wine in the Wilderness
Soroptimist International fundraiser event benefiting head-of-household women with education grants to improve their employment prospects through the Live Your Dream Award. Beneficiaries also include projects that empower women and girls including Dream It, Be It Career Support for Girls; Girls Rising Mentor Program; and YWCA Becky's House 2 Home. Event will feature wine, craft beer, cheese, hand-made chocolate, Champagne, tasty food and a live jazz band, fabulous raffle baskets and the popular cork pull. Event is 21 and over. 6:30–9 p.m. at Mission Trails Regional Park Visitor Center, 1 Father Junipero Serra Trail. Shuttle service available. Advance tickets \$55; \$60 at door. More details at sisandiego.org



SingMa Hawkers Fair
The annual SingMa Hawkers Fair is a one-stop shop to buy and enjoy a variety of hawk fare prepped and sold by home cooks and vendors. On the menu are foods like Hainanese chicken rice, Char Kuey Teow, Nasi Lemak, The Tarik and more. 11 a.m.–3 p.m. at Admiral Baker Park, Gazebo 4, 2400 Admiral Baker Road. Tickets are \$10; available at bit.ly/2O5qwtR



Rick Wiley:
Landscape Photography
The Mission Trails Regional Park In Focus series features lectures and optional in-field instruction on photography. Rick Wiley has photographed the Mission Trails Park landscape for many years and will share his work, and key concepts and techniques he uses to create stunning photos. 6:30 p.m. at the Mission Trails Regional Park Visitor Center. Optional field class will be held Nov. 18 at 9 a.m. For tickets and information, call 619-668-3280 or email mtrp@mtrp.org.



'Goloshes of Fortune'
Through Nov. 3
Grossmont College's Stagehouse Theatre presents a production based on the Hans Christian Andersen fairy tale and adapted by Elizabeth Wong about a pair of magic yellow Wellington rain boots and two busybody fairies who contemplate whether humans have the capacity for true joy. Nov. 2 and 3 at 7:30 p.m. and Nov. 3 matinee at 2 p.m. in the Stagehouse Theatre, 8800 Grossmont College Drive, El Cajon. \$10 tickets and information available at bit.ly/2RjhWWi.



San Carlos Community Garden Fall Festival
San Carlos Community Garden's Fall Festival is a free event for all ages. This year's art-themed festival, "Building a Community is an Art With Heart," is aimed to educate and inspire the community through hands-on art and science activities, and will feature live music from local musicians, The Forget-me-Nots. In addition to local arts and crafts activities, the San Diego Children's Discovery Museum team will lead several STEM-aligned activities for all ages. 1–4 p.m. at the San Carlos Community Garden, 6460 Boulder Lake Ave. ■

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