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San Diego Community News Network



(clockwise from top left) Portraits of artists Jess Dominguez, Chris Lee, Dottie Korn-Davis and David Beck Brown; (center) Photographer Jennifer Spencer (Courtesy Jennifer Spencer)

San Carlos photographer explores local artists through portraits in upcoming book

Margie M. Palmer

Jennifer Spencer never thought she'd become a photographer.

The longtime San Carlos resident and former executive

director for a visual arts organization spent most of her career working as a painter, but when the construction of Petco Park forced her out of her 450-square-foot art studio in Downtown San Diego, she found herself still struggling to create.

"When the ballpark came in, I lost my studio space I had to move back into my little studio that I had at home, which I had basically just used for framing work," Spencer said. "My whole

See **ARTIST BOOK** page 10 →

Blessing or curse? New granny-flat rules create opportunity, controversy

Dave Schwab

The city has made it easier — and less expensive — to create "granny flat" companion units to help alleviate the housing crunch, which is inviting blowback from some neighborhoods, like Allied Gardens in the Navajo area.

Case in point: A companion unit now under construction by

Jim and Amy Bennett in their front yard at 6306 Seaman St. The Bennetts say they are doing nothing extraordinary with their property.

"We are developing an accessory dwelling unit on our property in accordance with the recent changes in California law and city regulations," said Jim Bennett. "We have both

See **GRANNY FLATS** page 12 →



Loosened regulations and fees make it easier or homeowners to build granny flats on their property. (Courtesy of Jay Wilson)

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Lake Murray festival faces funding crunch

Doug Curlee
Editor at Large

Fireworks, music and food will once again be offered at Lake Murray on July 4, but it may be a somewhat slimmed down effort compared to last year — unless there is a sudden rush of donations and sponsors.

The fundraising goal to put on the festival is the same as last year — \$75,000. The committee raised a little more than that in 2017, because the fight to return the fireworks after several years of absence caught the imagination of donors, both corporate and public.

However, for whatever reasons, that isn't happening nearly as well this year.

Rob Hotz is working to turn that around, but it's slow going.

"I can't understand why we're having trouble," Hotz said. "Everyone says the economy is in better shape now than it was last year, but we've lost several of the corporate donors we had last year, and no one is really stepping up to replace them. We also are not getting nearly the public response we got from residents in the San Carlos and La Mesa. We got 385 personal checks from people last year, but so far only 237 checks this year. We're still hand-delivering flyers to residences in the area. We'll eventually place 14,000 appeal flyers on doorsteps."

Organizers of the event are suggesting a donation of \$50 per household, although any amount is appreciated, according to fundraising material. Neighbors that plan on going to the fireworks and music festival that donate will go a long way,

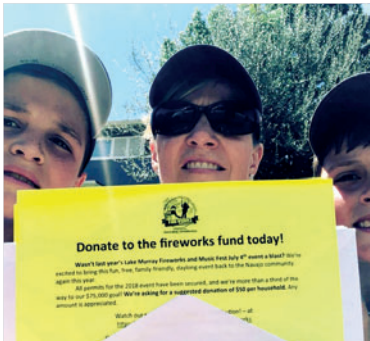
but small, individual donations are not the only issue event organizers are dealing with.

"Where it's really biting is in the corporate amounts," Hotz said, adding that there are considerably less sponsors for this year's event.

According to the event website, available corporate sponsorships range from \$500 to \$7,500 and come with a variety of perks, including booth spaces, mentions during the event, logos placed on event material, framed certificate of sponsorship and more.

"We can still accept corporate sponsors for the next few weeks before we need to have banners go to print," Hotz said. "So now's the time if anyone has a business who would like to get involved."

Sponsorship packages are available at lakemurrayfireworks.org.



Volunteers helped raise money by delivering over 13,000 fliers at resident homes throughout the Navajo community area and parts of La Mesa. (Courtesy Lake Murray Fireworks)

It all adds up to more upfront expenses than the committee faced in 2017 — something they hadn't really anticipated.

There is no doubt there will be a festival with fireworks and music from 11 a.m. to 9:30 p.m. on the July 4. This year's music lineup includes The Bayou Brothers (Cajun zydeco), The Revival Band (Allman Brothers tribute), Freeze Frame (80's hits), and Sensation Showband (variety). There will also be a number of food vendors there — nine of them at last count.

The fireworks will still be launched from a barge on the lake and will be viewable from San Carlos and La Mesa. The show will definitely go on. But unless the fundraising situation turns around, it could be a slightly stripped-down version of last year's event.

If you're motivated to donate or to help, you can do it by contacting the committee at lakemurrayfireworks.org. There is also a Gofundme page at gofundme.com/

Lake Murray July 4th Fireworks and Musicfest

Wednesday, July 4
11 a.m.–9 p.m.

Lake Murray Playground
7001 Murray Park Drive,
San Diego

Music:

- The Bayou Brothers
- The Revival Band
- Freeze Frame
- Sensation Showband

Rules:

- No tent or canopy stakes in the ground
- Canopies and tents in marked areas only
- No glass bottles or containers
- Pets on leashes
- Please clean up after yourself

lakemurrayfireworks.org



(Courtesy Lake Murray Fireworks)

lakemurrayfireworks.org. If you want to donate money, hurry, there's not much time left.

In addition to financial help, the fireworks festival committee is also seeking volunteers to help with cleanup after the event. A Lake Murray Family Cleanup Day will be held on July 5, starting at around 8 a.m. Volunteers will work one to two hours tops with coffee and donuts and water provided. Contact the committee through the website.

—Doug Curlee is Editor at Large. Reach him at doug@sdccn.com. ■

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► News briefs, from page 1

volunteers collected 12,575 pieces of this type of single-use plastic waste from San Diego beaches in 2017 alone. Surfrider Foundation strongly supports the city of San Diego in banning polystyrene food take-out containers.”

The negative impacts of EPS are permanent, threatening the health of San Diegans, wildlife, and industries critical to our region. EPS does not biodegrade; rather it photodegrades — breaking down into smaller pieces which are easily mistaken for food by marine wildlife. EPS is also one of the most abundant forms of marine and terrestrial litter found along roadways and beaches.

The policy would provide consumers safe alternatives to EPS that will not cause harm to human health or our waterways, beaches, and oceans. As proposed, the city's Environmental Services Department would provide a list of acceptable and affordable alternatives to EPS products, as well as develop a process to phase implementation of this ordinance to limit impact on small businesses.

The proposed policy will also extend to the retail sale of food ware that contains EPS, including plates, cups, and utensils. These products, along with coolers containing EPS, are frequently used at picnics in our parks and beaches and due to proximity, disposal may result in the food ware reaching our waterways.

In an effort to further reduce single-use plastics, the ordinance would require restaurants to only provide to-go utensils upon request. Surfrider Foundation and 5 Gyres Institute will also be advocating for an inclusion in the ordinance for a straws-only-upon-request as well.

In his formal memo on the proposed ordinance, Councilmember Ward has requested that the City Council's Rules Committee consider the proposal and direct the proposal for appropriate further review.

Carrillo and Sons donates vehicles

Carrillo and Son's Collision Center recently donated two vehicles to SURA, a sustainable living nonprofit organization.



The vehicles donated by Carrillo and Sons (Courtesy Carrillo and Sons)

The Grantville repair shop donated a 2006 Ford F-350 King Ranch 4X4 and a 2007 Toyota 4Runner SR5 4X4 with the assistance of the National Auto Body Council's Recycled Ride Program. Other local businesses who helped refurbish or supply parts for the donated vehicles include: Mark's Auto Glass, John's Auto Care, West Auto Wrecker, Pacific Auto Trim, East County Diesel and Van's Auto Service.

According to SURA's mission statement, the organization works to demonstrate that “it is possible for a family to live in a sustainable way” by promoting the use of clean energy, building environmentally-friendly infrastructure, cultivating non-toxic food products, responsibly disposing waste and reforesting areas with native plants and trees — at a cost accessible to families with average incomes.

For more information about SURA, visit bit.ly/2LaPx0T. For more information about the National Auto Body Council's Recycled Ride Program, visit bit.ly/2aGTroM.



A wallaby at the Safari Park (Courtesy San Diego Zoo)

Visit Walkabout Australia

On May 25, Walkabout Australia opened at the San Diego Zoo Safari Park.

The walkabout features an immersive 3.6-acre experience featuring kangaroos, wallabies, cassowaries, wombats and other Australian animals over grassland, rainforest, wetland and desert habitats.

“Australia is an extraordinary place, and we are thrilled to provide a snapshot of some of the wonders from Down Under at the all-new Walkabout Australia experience at the Safari Park,” Lisa Peterson, director of San Diego Zoo Safari Park, said in a press release. “Not only does Walkabout Australia allow us to connect people to Australia's fascinating wildlife, but it adds another dimension to San Diego Zoo Global's efforts to save endangered species, such as the cassowary and Matschie's tree kangaroo.”

For more information about the walkabout, visit sdzsafari-park.org/walkabout.



(l to r) Rick and Mary Doremus, Mark Klaus of Home of Guiding Hands, Greg LaDue of San Carlos United Methodist Church. (Courtesy GHD)

San Carlos resident a 'Healthcare Hero'

The Grossmont Healthcare District (GHD), a La Mesa-based public agency that supports various health-related community programs and

See NEWS BRIEFS page 8 —>

27 Quick and Easy Fix Ups to Sell your Home Fast and for Top Dollar

San Diego - Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life, and once you have made the decision, you'll want to sell your home for the highest price in the shortest time possible without compromising your sanity. Before you place your home on the market, here's a way to help you to be as prepared as possible.

To assist homesellers, a new industry report has just been released called "27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar." It tackles the important issues you need to know to make your home competitive in today's tough, aggressive marketplace.

Through these 27 tips you will discover how to protect and capitalize on your most important investment, reduce stress, be in control of your situation, and make the best profit possible.

In this report you'll discover how to avoid financial disappointment or worse, a financial disaster when selling your home. Using a common-sense approach, you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

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Firefighters save Del Cerro from Adobe Fire

Juveniles with lighter suspected

Jay Wilson and
Jeff Clemetson, Editor

Del Cerro residents are breathing a sigh of relief now that a brush fire that was ignited by two juveniles has been officially put out.

The blaze, dubbed the Adobe Fire, started at 4:10 p.m. on Sunday, June 3, in the area of 5700 Del Cerro Blvd. and moved west to east in the canyon between Adobe Falls and Interstate 8.

"[There was a] tremendous effort by the firefighters on the ground who put themselves between the flames and the homes

along the ridge of the canyon," said Mónica Muñoz, media service manager for SD Fire-Rescue in a press statement. "[And a] tremendous effort by the pilots and air support teams."

At the peak of the fire there were approximately 200 firefighters on the line plus fire-retardant-dropping aircraft from CALFIRE and SD County Fire and water-dropping helicopters, including an SDG&E helitanker, and SDFD Copter1. Without the immediate and decisive attack to the fire, homes would have certainly been lost. There was heavy vegetation right up to the backyards of many homes, which included brush,

pine, palm and eucalyptus trees. They acted like torches.

At one point during the fire, embers from the fire were blown onto the College Avenue southbound off-ramp, and were quickly extinguished.

Fire crews worked throughout the night, using chainsaws to remove brush and trees, particularly close to homes, which eliminated potential fuel for the fire.

Despite burning close to 40 acres of canyon brush land immediately adjacent to Del Cerro residences, the only damage done to homes was to one backyard deck that was scorched.

While walking the area on the Monday morning after the fire began, Battalion Chief Dan Froelich pointed out the precision of the of the water and fire-retardant drops that saved homes, and the 15 firefighting units and crews totaling nearly 100 individuals still on the fire line to ensure any smoldering areas do not ignite. The fire was 100 percent contained by Monday evening.

The Adobe Fire was allegedly started by two juveniles, one male and one female, who are both 12 years of age. They have been identified by investigators but because they are juveniles, their names and residence information will not be released. They used a lighter.



The Adobe Fire burned up to, but not into, the Del Cerro neighborhood.
(Photos by Jay Wilson)



The Adobe Fire burned close to 40 acres along the canyon between Del Cerro and Interstate 8.

prepared in advance of the high temps, low humidity and Santa Ana winds we expect this summer and fall."

Ready, Set, Go! is available in English and Spanish at sandiego.gov/fire.

Del Cerro house fire

MAST is also conducting a separate criminal investigation involving a suspected incident of arson at a Bernadette Lane home, where a fire started the morning of June 5.

When firefighters calmed the flames enough to go inside, they discovered the body of a man in an upstairs bedroom. According to a report by ABC10News, the home belonged to Mark Himmel, although it was recently foreclosed on.

—Jay Wilson is secretary of the Del Cerro Action Council. Reach him at jwilson2@cox.net. Reach Jeff Clemetson at jeff@sdccn.com. ■



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STEMM Day grows at Patrick Henry

Jeff Clemetson
Editor

Five years ago, engineering teachers at Patrick Henry High School (PHHS) came up with a plan to host an event that would bring elementary school students to the Henry campus and interact with their high school counterparts participating in STEMM activities.

That first year, the event was held in the quad area at Patrick Henry and was “very minimal” with only two local elementary schools participating, said PHHS Engineering Academy lead teacher Adria Van Loan-Polselli.

When Van Loan-Polselli took over the engineering department, she kept the program going the same way for two years, engaging in STEMM activities she found online and hosting a small handful of schools in the quad. But as more and

more area schools embraced a STEMM-focused curriculum, the STEMM Day event blossomed.

“So, one of the biggest feedback and reflection that we got from the fifth-grade teachers was to step it up a notch, include some of the robotics and just basically grow it and make it bigger,” Van Loan-Polselli said.

Last year, STEMM Day moved venues to the Patrick Henry amphitheater where all the different Henry cluster school students could be together. Also, the schools invited expanded to include charter schools as well as Catholic School St. Therese Academy.

“We really want the kids to get to know each other from the different schools before they go to middle school and before they come to high school together,” Van Loan-Polselli said.

The program also changed by adding robotics

demonstrations by the Henry robotics teams and new curriculum.

“We changed it up and decided to do activities that mimic and are from the San Diego County Science Field Day,” Van Loan-Polselli said. “As far as I know, these schools do not compete in that event so we want to give them that opportunity to compete and practice in that.”

This year’s STEMM Day was held on May 31 and around 430 fifth grade students from six schools joined more than 100 PHHS engineering students to work out two STEMM projects. One of the projects the students worked on was a structure activity meant to develop civil engineering skills. With only a Styrofoam square, dozens of plastic straws and a box of T-pins, the students had to construct a foot-tall platform that could hold text books weighing five pounds apiece.

“It’s a strength thing — how can you make it the strongest possible,” described Gage Elementary fifth grade teacher Stefanie Hayes. “The whole idea behind the STEMM is the kids plan it out, get the materials and then change it along the way to make it the best. When doing STEMM projects you can have eight groups with the same goal and get eight completely different ideas. These kids will come up with the most inventive things.”

In addition to learning about structural dynamics — such as triangles being the strongest



The Patrick Henry robotics team put on a demonstration for the fifth graders at STEMM Day. (Photo by Jeff Clemetson)

shape — the students also learn how to work as a team and how to overcome failure.

“In these projects, they don’t always succeed,” she said. “There’s a lot of failure. But then they learn that if it didn’t work, what would they try for next time.”

As the fifth graders build their projects, Henry students are there to guide them, without telling them what to do.

“I kind of gave them hints on how to make it the strongest, but they were really smart and they came up with most of it on their own, if not all of it on their own,” said Theo Hale, a freshman engineering student.

Sophomore Jax Knight helped a group of students from Marvin Elementary, where he went to school and was a student at the very first STEMM Day at Henry. He said that his class’ project was to create a boat from paper and duct tape. He described the experience as “inspiring” and he now studies engineering at PHHS.

“It’s kind of crazy to think we were that age once doing this stuff,” he said.

The mentoring aspect of STEMM Day is one of the main pluses for the Henry students.

“We like it because it gives them the opportunity to do the leading and the guiding and the practice at thinking skills that we’re doing with them in class,” Van Loan-Polselli said. “That’s what we want these kids to be leaving high school. We want them to be in leadership positions in whatever they choose, whether it’s a four-year school, the military, two-year school or a job.”

With the new location in the amphitheater, Van Loan-Polselli hopes the program will continue to grow.

“We’re so happy that all these school can come and next year we hope even more schools will be available,” she said.

—Reach Jeff Clemetson at jeff@sdcdn.com.■



Students testing the soundness of their structure with a heavy text book (Courtesy PHHS)

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Seniors now have easy access to rides on demand

By Amy Stice
Co-founder, Arrive Rides

My grandmother, Nina, is in great health. She’s 94 years old and recently got a five-year renewal on her driver’s license, despite feeling nervous driving on the freeway. When she’s going anywhere outside her neighborhood, she calls my aunt for a ride. If my aunt isn’t available, Nina reschedules the appointment.

The stress on Aunt Nan! Nina is confident on her feet and mentally sharp. All she needs is a driver—which is what companies like Uber and Lyft do. They allow their users to order a ride through their smartphones. It’s easy, and simple, and I use those services all the time myself.

There was just one problem: Nina, like most people over 65, doesn’t have a smartphone. That means on-demand transportation isn’t available to the age group that may need it most.

I created Arrive Rides to solve this problem. What we



do is simple: **We connect people who don’t have smartphones to the services of Lyft and Uber.**

Arrive Rides members can call us from any type of phone—home phone, cell phone, the convenience desk of the grocery store—to request a ride. We dispatch a car and let our member know what kind it is and when exactly it will arrive. We then call the driver to let them know how to find the member: “You’re picking up my friend Gloria. She’s a 70-year-old woman in a blue sweater and is waiting for you in the parking lot behind

her hair salon.”

We use Lyft and Uber’s technology to see exactly where the car is at any given time, and ensure that the member is picked up as planned and on time.

Arrive Rides charges \$10/month as a membership fee, and ride costs are based on the time and distance of the trip, with a \$12 minimum.

For more information, call Arrive Rides’ information line at (866) 626-9879, or visit us online at www.arriverides.com.



Guest editorial

Every neighborhood needs to do its part to solve homelessness

Shawn VanDiver

[Editor's note: This op-ed first appeared online in the Voice of San Diego on May 23.]

It's no secret that San Diego, and nearly all of California, is in the midst of a housing affordability crisis. It's also no secret that San Diego has seen an influx in the number of folks experiencing homelessness. I don't know anyone who enjoys seeing these folks living in squalor on the streets — and yet seemingly every reasonable solution encounters resistance.

Challenges of this magnitude require that every neighborhood does its part.

That's why I was so disappointed to see my neighbors show up to the Clairemont Community Planning Group's meeting in May to vehemently oppose [2] a private project that would bring about 60 supporting housing units. Health care and addiction services would be provided at the Mt. Alifan Drive site, as well as help finding jobs.

Despite this, my neighbors complained that they didn't want alcohol abusers, homeless people or dangerous criminals in our neighborhood. They also insisted that the "housing-first" model [3] doesn't work. Although this project doesn't require input from the community planning group, the group inserted

itself into the discussion anyhow and is considering the formation of an ad-hoc committee on homelessness that could result in more red tape.

Whether they realize it or not, my neighbors are telling the people trying to get their lives back on track that they aren't good enough to live in the Clairemont community. That their struggle doesn't matter. That they should pull themselves up by their tattered bootstraps.

This phenomenon isn't unique to Clairemont. Every time one of these proposed projects comes before a city council, planning group or town council — essentially any sort of body tasked with approving or providing input on community affairs — a group of folks show up to say "no" or "yes, but not in my backyard."

They always argue that some other neighborhood would be better — ensuring that nothing changes and that responsibility is passed around. With SANDAG projecting that, by 2050, there will be a 150,000-unit shortage in San Diego, every neighborhood needs to build and build now. We know that "housing first" is a proven model, because it provides homeless families a stable environment without overly difficult barriers.

It's working in Detroit, Hawaii, Seattle and more. It works because it prioritizes security and housing over other issues, such as

sobriety. Just consider how hard it would be for any of us to focus on finding a job, getting sober or otherwise getting our lives back on track if we didn't have a place to call home. Consider how hard it would be to get ready for a job interview without a mirror, electricity or clean water.

The opponents of the Mt. Alifan Drive project have attracted much of the attention, but the good news is that once the site is developed into supportive housing, nearly 60 folks will no longer be homeless. They'll be our neighbors, and welcoming them to our community should be a priority. And while we're working on this project, we should also be working to identify other areas in our region to build more housing.

San Diego should be famous for its weather, bi-national relationships and delicious tacos, not for our housing and homelessness crises. If we want to get there, everyone in the region needs to do their part. I hope my neighbors, and all San Diegans, will open their minds and encourage the political leadership, planning groups, labor unions and business community to set aside their petty fights and build like they've never built before.

—Shawn VanDiver is a Navy veteran and formerly served as the chief operating officer of the Three Wise Men Foundation, a veterans nonprofit. ■

Letters

Trouble with 'toon

Re: "Cartoon" [Volume 24, Issue 5]

Some of you readers find your political cartoon unacceptable.

What data do you have that indicate that the world nations do not respect the USA? Does your list include England, France, Canada, Australia, Italy, New Zealand, Netherlands, Iceland, Netherlands, etc.?

The Iran Deal could not pass Congress, just too many doubters. Please tell me the downside.

Leadership and NATO, where's the beef?

The real issues: Brown's bullet train folly, the gas tax, illegal immigrants, the DACA resolution.

—Victor Tallarida Sr., San Carlos

Market woes

Re: "Kaiser Zion opens farmers market: [Volume 24, Issue 4 or bit.ly/2LN4iYH]

When Kaiser Permanente at Zion launched their two-year plan for opening a farmers market program, they called on Councilmember Scott Sherman of District 7 to cut the ribbon and he showed up along with the press.

This information reached me and several other residents in this immediate residential area around mid-April 2018. Yes, we read it in a well-written story by Jeff Clemetson, editor of the Mission Times Courier.

Over the past several years, residents within the pocketed city streets surrounding Kaiser have made several attempts to gain the support, help, direction and leadership of Councilmember Sherman with very limited to no response to the daily issues we face from the construction and operations of Kaiser and other profit-making entities — all of which were approved developments by our city. These daily operations

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Guest editorial

Is the sky falling?

William E. Kelly

The inadequacy of social safety nets intended to protect a burgeoning population of older adults is a political, cultural and moral hot potato. Advancements in medical science, means a rapidly expanding number of us will be living longer. We will do so with more expensive medical issues and rising living expenses dependent on inadequate incomes and declining assets. At the same time, our younger population is experiencing a decline in numbers. This translates to more of us relying on those safety nets and fewer of us to replenish the funds to sustain them.

Social Security was designed to supplement savings and pensions as we retire. It was never intended to replace them. Social Security taxes are collected from worker paychecks. If self-employed, the individual pays 100 percent of the taxes due. If employed by another, the employer and employee each pay half of what is due. In 2018 Social Security tax is 6.2 percent of the first \$128,700 of wages or a maximum of just under \$8k a year. Those funds are used to purchase interest bearing U.S. Treasury bonds. The U.S. government pledges to protect and grow the funds collected so that principal and interest remain sufficient to keep the Social Security Trust Fund solvent. But it is projected that this holds true for only another year or two

(2019-2020) before Social Security needs to begin redeeming the bonds to cover benefits.

Two years ago, Social Security trustees of the funds projected that by 2034, absent any changes to the law, benefits would need to be reduced by roughly 79 percent of current levels to remain solvent. In 2014, \$785.6 billion came into the Fund and \$848.5 billion was paid out in benefits. Social Security was able to make payments in excess of its tax income because of interest income earned on the Treasury Bonds. That scenario has been reversed and it is projected that the Social Security taxes collected, and interest earned will be spent down without reforms. This means benefits paid out to future recipients and some currently receiving benefits will need to be reduced as early as 2034. That cannot be allowed to happen. To do nothing invites unnecessary suffering, social unrest and a decline in the standard of living Americans have come to expect and as a nation we can very well collectively afford, even as too many individuals cannot.

Two graphs published in an extensive 43-page report by the Social Security Administration last September, pretty much tell the story. (The link to that report is: bit.ly/2J2vzYq).

In 2010, tax and other non-interest income did not fully cover the costs of programs, and the 2017 Trustees Report states, "Social Security is not sustainable over the

long term at current benefit and tax rates." Post-World War II baby boomers are retiring at rates that will double in the next 50 years. In 2016, 2.8 workers were paying into Social Security for each person collecting benefits. By 2036 the ratio falls to 2.1 to 1 and without changes in the pattern this ratio will continue to decline for the next 75 years. Further, estimates show the Social Security Trust Fund reserves will be depleted by 2034 when income flowing into the fund will cover only about 77 percent of program costs.

There are four possible ways to cover the Social Security Fund short-fall: increase revenues (taxes) by raising the percentage withheld and/or raising the maximum amounts subject to the tax; reduce the benefits paid to recipients; increase the rate of return on the invested Social Security Trust Fund and or some combination of the other three options.

Higher payroll tax means lower pay checks and the risk of lower future raises due as employers try to cover the raise in their part of the tax. Lower benefits mean fewer Social Security and other safety net funds for our elder recipients, many of which are already unable to survive on current benefit checks. With certainty, lower worker take-home pay decreases individual ability to remain financially independent. But decreasing Social Security benefits also puts an increased financial burden on family caregivers working to have

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have brought many unsettled issues to our modest neighborhood.

Sherman and his staff have refused to respond to our many emails and other mailed correspondence offering suggestions to help mitigate the ongoing issues. They have failed to help us move toward reasonable efforts by findings remedies and solutions to these daily problems.

However, now we are learning that the city is supporting Kaiser's new program and plans for a weekly farmers market in this neighborhood without any notice or level of open and honest communication with its neighbors.

This glorified market concept is similar to an upscale swap meet. It's become a real circus.

The vendors sell vegetables, fruits, eggs, nuts, nursery plants, sauces, socks, perfumes, flowers, various types of food to go. You want it, they pretty much got it!

Orange flagging and music helps to bring 'em in.

All of this activity and then some is occurring in this residential area/neighborhood without the benefit of proper permits and in

violation of certain code compliance.

In part, this alone says "The Giant" with power and money can do anything. And in this case the "Giant" is played by Kaiser at Zion and obviously supported and totally endorsed by our

Councilmember Sherman of District 7.

Perhaps Sherman just forgot he has been straight-arming the citizens in this area that helped him when he asked for our help and support, but now forgets to think of them when he was cutting the ribbon with Kaiser representatives while on TV.

To this end, the district endorsement of this activity without the proper permit considerations, within the surrounding area, will also further impact properties through extra traffic and left behind debris by adding to the already unresolved street parking and debris issues Sherman has chosen to avoid by not coming to the resolution of working together and "just be accountable" to find and support needed solutions by the city of San Diego for this area and neighborhood.

—Ralph Richardson, Grantville■



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► News briefs, from page 3

services, recently honored San Carlos resident Rick Doremus with a 2018 Healthcare Hero award. Now in its 12th year, the Healthcare Heroes is GHD's annual awards program recognizing volunteers who advance the delivery of quality health services in the East County.

Doremus, a retired airline industry executive, has served since 1995 as a board member of the Home of Guiding Hands (HGH), an El Cajon-based non-profit that provides services, training and advocacy to people with developmental and intellectual disabilities and their families. On the HGH board, he has held every executive committee position, including board president, VP, treasurer and secretary, and served on several committees, including business management, facilities, investment and capital campaign. Doremus and wife of 56 years, Mary Doremus, have organized several HGH "Hand and Heart Gala" fundraisers. Doremus also played a key role in recruiting Randy Jones to become involved with HGH, a former San Diego Padres pitcher who now has an annual HGH 5k run-walk fundraiser named in his honor.

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► Sky falling, from page 7

financial independence during their own retirement years.

It is no secret that there is and continues to be a strong push from the current Washington, D.C. administration and a cry across the nation to reform our social safety nets in ways that will result in considerable and totally unnecessary suffering and loss for millions of Americans — in particular the senior population who are outliving their assets, their off-spring, or others left with the responsibility of supplementing the costs of and providing more of the measures that permit our elders to live out their retirement years with safety, security, care, dignity and respect?

It remains to be seen if Social Security and other safety net taxes we are forced to pay, and the interest earned will remain sufficient to help supplement the costs. Of one thing I am certain, poverty, homelessness and anger allowed to rise until trust in our political, medical and social systems implodes and then explodes into mass desperation, depression, hopelessness, civil unrest and rebellion is not a viable option. Of necessity, attitudes and expectations need to be adjusted to resolve existing challenges facing Social Security and our current system of social safety nets. I reiterate, we are certainly collectively capable of far better than what this picture paints but far too many individuals are not capable.

The truth is, that as a whole, we simply did not anticipate and plan ahead as individuals or as a society for these eventualities. But social safety nets are necessary to assist people of all ages who for whatever reasons fall on "hard times." It is neither a humane nor a cost-effective solution to alternatively imprison, institutionalize, dispose or simply leave to fate all those less fortunate for any reason. Unemployment, poverty, drug and alcohol abuse, lack of education, lost opportunities, crime, homelessness, mental illness, depression and disease are far costlier on every level than addressing the causes and treating these societal ills to minimize the number afflicted.

Those of us who possess and benefit from the ability and opportunity to remain largely self-sufficient need to be more compassionate for and assist those who do not and provide increased opportunities to those who with help could become self-sufficient. In any case, there is a cost to do nothing. That cost will be in dollars or the quality of life we have as a society or some combination of both. The questions are: when we do each have enough and what responsibility do we have to see to it that those who do not are not left behind to become a further burden to society or themselves. Think about it!

—William E. Kelly is a long-time local activist who currently focuses on senior issues, especially for the LGBT community. Reach him at wekbill@yahoo.com. ■

News and notes from your County Supervisor

Dianne's Corner

Dianne Jacob



Taxpayer alert: San Diego County has unveiled a new tool aimed at boosting transparency and public feedback on how it spends money.

With the recent release of the county's latest proposed budget, you can now weigh in directly on the \$6.26 billion spending plan and check out what others are saying by visiting budget.sandiego-county.gov.

See where your valuable taxpayer dollars are going — then let us know what you think by posting a video or text response. I look forward to your feedback.

Progress on the fire front: The Board of Supervisors recently backed my proposal to explore the functional consolidation of fire dispatch centers in the region.

I believe that placing the region's five dispatch centers under one roof would improve response times and save lives. Those centers are operated by San Diego Fire, North County Dispatch, Heartland Communications,

Escondido and Cal Fire/County Fire Authority.

Over the past 15 years, the county has spent more than \$460 million to improve fire protection and emergency medical services in our backcountry.

Helping our seniors:

It was great to join folks in Ramona recently to break ground on the new Schmale Family Senior Residence.

This important project will become a home for some of our neediest residents — low-income seniors who need a quality, affordable place. It will have 62 units. Rents will be subsidized by federal Section 8 vouchers provided through the County Housing Authority. Each unit will be available to those 55 and older who financially qualify.

The county approved the project about a year ago. It is part of our broader efforts to boost the stock of affordable housing across the county, especially for our seniors and veterans.

—Dianne Jacob is San Diego County Supervisor for District 2. For more District 2 news, go to diannejacob.com or follow her on Facebook and Twitter. For assistance with a county issue, call 619-531-5522 or email dianne.jacob@sdcountry.ca.gov. ■

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'Cavalcade of Stars' featured at Democratic picnic event



Tina Rynberg and
Jeff Benesch

We'd like to invite you to join our club's annual salute to Independence Day, democracy, progressive idealism, and those heroes that choose public service to advance the principles that really make America great.

Continuing a popular summer club tradition, La Mesa Foothills Democratic Club (LMFDC) will hold "Cavalcade of Stars" as part of its Independence Day celebration on Wednesday, July 11. This year, we'll meet at beautiful Harry Griffen Park, 9550 Mildred St., La Mesa, nestled behind Grossmont High School, and we'll enjoy a terrific picnic dinner at the amphitheater. The festivities will begin at 5 p.m. and include current and future Democratic standouts, along with the beautiful flamenco guitar stylings of Anthony Garcia. As at our past summer picnics, we'll again have a variety of sub-sandwiches, chips, veggies, fruit and beverages. And we'll continue with our great tradition of the pie contest with prizes for the winners.

Among the notables speaking, we'll have last year's winner of the club's Rising Star Award, San Diego City Attorney



Chris Ward

Mara Elliott, who's certainly shown a flair for tackling tough issues and being a shining light to those of us who see her as a champion of the common good and the under-represented in our community.

In that same category is San Diego Councilmember Chris Ward, longtime friend of the club, who doesn't care whose feathers get ruffled by his principled actions for his constituents. Whether it's advocating for fair housing; railing against Trump's immigration policy, which rips children from their parents; stridently working on solutions to gun violence, climate change and homelessness; or advocating for public safety, Ward always seems to be on the compassionate, and proper side of an issue.

Our county party chair Jessica Hayes will speak to the new political landscape and the blue wave building for Democrats in November. And we're very excited that our own board member, Dr. Akilah Weber, will be kicking



Dr. Akilah Weber

off her campaign for La Mesa City Council at our Cavalcade of Stars. What an impressive candidate she is, and you'll be enthralled with her background, her grasp of the needs for our community, her enthusiasm, progressive idealism, and graceful demeanor.

We'll also be hosted by wonderful local politicians Colin Parent and Mark Gracyk; the former who, since his election in 2016, has been pushing a forward-looking agenda at La Mesa City Hall, and the latter, while sitting on the Helix Water Board, cares about the ratepayers' stake in making good decisions on water issues.

This year, we'll be situated in the amphitheater, so please be sure to bring lawn chairs, blankets or cushions to sit on. We'll not have tables and chairs as provided in the past.

The cost of the picnic dinner and beverages is \$10 each for members and \$15 for non-members. However, for guests who wish to join the club on July 11



Mara Elliott (Photos courtesy LMFDC)

at the picnic, we'll be kicking off our summer membership campaign with half-price dues. For only \$15 you can join the club for the rest of the year on the spot, and immediately get

\$5 off the cost of your picnic dinner. You'll have your choice of turkey, roast beef, Italian and veggie-delight sub sandwiches from Cheer's Deli, a long-time local favorite.

Help grow our club and its powerful influence in getting out the vote and putting progressive candidates in local, regional and statewide office.

Beginning July 1, for those that wish to join the club and can't make the picnic in the park, take advantage of our half-price dues deal and join via our website, bit.ly/2vQbPgU.

—Tina Rynberg is president and Jeff Benesch is vice president of programming of La Mesa Foothills Democratic Club. Reach them at jeffbenesch@gmail.com. ■

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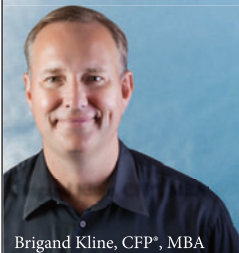
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► **Granny Flats**, from page 1

sets of our parents with issues of declining health and ability. We are relieved to be able to offer them help in this time of their lives. We have worked with our architect to design the new unit to match the architecture of our existing house. We are thankful that the law changes have afforded us this opportunity.”

Issues surrounding granny-flat companion units are surfacing in the aftermath of a recent, unanimous vote by the City Council, with Councilmember David Alvarez absent, to cut fees by more than 60 percent on granny flats. Previously, homeowners had been paying upwards of

\$40,000 alone in government fees prior to constructing such companion units.

Both District 7 Councilmember Scott Sherman, who chairs a council committee dealing with land-use issues, and Mayor Kevin Faulconer, were onboard leading the charge on granny-flat streamlining and cost-cutting.

“With these new incentives, we’re removing barriers to encourage the construction of new units that San Diegans can actually afford,” Faulconer said. “The only way to change that is to build more housing that people can actually afford.”

Concluded Faulconer, “Hardworking folks who love San Diego and want to live in San Diego should not be priced out of San Diego.”



Granny flats bring needed housing to San Diego, but some believe they should be regulated to back yards and not allowed in front yards like this one being built in Allied Gardens. (Photo by Jay Wilson)

Characterizing San Diego’s housing affordability crisis as “the top issue facing our city,” Sherman concurred with Faulconer, contending housing

shortages are “literally forcing the next generation of San Diegans to move outside the region.”

Following the council’s granny-flat vote, Faulconer noted other changes to help homeowners design and build granny-flat companion units are coming. He is hopeful the effort will collectively add at least 2,000 new units to the city’s housing stock by 2028.

The mayor’s office has also pointed out that more than 70 percent of San Diegans can’t afford to buy a home at the county’s median home cost of more than \$550,000. That makes San Diego one of the most expensive housing markets in the country.

But not everyone is all in on the new changes governing granny flats. One detractor is Bennett neighbor and longtime Navajo community planner Marilyn Reed, who sees granny flats as an unwanted intrusion on the sanctity of her single-family neighborhood.

Describing the Bennetts as good neighbors and a nice couple, Reed said she does not disagree with their building a companion unit, but rather “how” they’re going about it.

“They could build it with an attached unit to the back or side of their home,” Reed said. “But instead, they’re building a completely separate unit on their front lawn.”

Reed fears others taking advantage of new, more-relaxed granny-flat regulations may signal the beginning of the end of single-family neighborhoods as San Diegans have known them.

“You put a granny flat in a single-family neighborhood in the front yard — and it changes the whole dynamic of the neighborhood,” she claimed adding, “granny flats can be rentals. I want to live in a single-family

home in a single-family neighborhood. If I wanted to live in a very dense neighborhood — there are other places in the city I could have chosen to live.”

Reed has a partial answer for what she believes needs to be done to address what she views as loopholes in existing regulations governing companion units.

“The city needs to take another look at their regulations,” she said. “Instead of making them so lax, they need to put some more restrictions on where these granny flats are being built. They should not be built on the front lawn of somebody’s home. The city needs to go back and change some of these regulations to have more control over these granny flats, so they don’t do to single-family neighborhoods what they’re doing to them now. This is really causing the single-family neighborhood to become extinct.”

Cautioned Reed about current granny-flat regulations, “There are no regulations from the city saying it has to be affordable, and regulations over-seeing how they are being built now are non-existent.”

Concluded Reed, “It’s one thing to put in changes making it easier for people to put granny flats in. It’s another thing to put them in front yards, where you have two dwellings very close to each other, which lends an extremely dense appearance to the neighborhood.”

If the growth and regulation of granny flats remains unchecked in Allied Gardens, Reed said: “We may end up not having the single-family neighborhood we bought into many years ago.”

—Dave Schwab is a San Diego-based freelance writer. Reach him at dschwabbie@journalist.com.

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**PATRICK
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High School

Patrick Henry High School News

Elizabeth Gillingham

NJROTC student pushes Henry to win EDCO Challenge

Every award has a few behind-the-scenes key players that make things happen. Kalani Piotrowski is that person at Henry as she has been working all year to motivate our NJROTC members to volunteer every Thursday after school to help dispose of the classroom commingled recycling. They were focusing on litter for a while, but classroom recycling is back because of her efforts!

Piotrowski also arranged for JROTC members to work the Rolando Street Fair and the Creek to Bay Clean Up. She has strong leadership skills and a positive attitude. Her team of volunteers varies from week to week. She has to explain the routine every



Kalani Piotrowski

time. Adults can talk the talk, but it is students like her that are making other students on campus change their behaviors for the better.

PHHS Swim Team had a great season under the leadership of Coach Charlie Equals and Coach Hector Sanchez. This dynamic duo helped produce great team and individual results taking a few all the way to the State CIF competition!

Boys swim results:

Carlson Temple placed third in the 200 IM, and fourth in the 100 Breast. Kevin Harry placed 15th in the 100 Fly. Khang Nguyen placed 15th in the 50 Free. Sean Quirk placed 16th in the 100 Back.

Boys' relays: 200 medley placed fifth, 200 Free placed seventh and 400 Free placed 12th. (Austin Wenzel, Adam Monroe, Trevor Arellanez, Ian Balcazar, Khang Nguyen, Carlson Temple, Kevin Harry, and Sean Quirk made up the different relays.) Overall, the boys team took sixth place out of 18 teams.

Girls swim results:

Ashley Wenzel placed 12th in the 100 Fly. Sarah Harry placed sixth in the 100 Free and 16th in the 50 Free. Girls' relays: 200 Free placed ninth, 200 medley placed 11th, and 400 Free placed 11th. (Nicole Donahue-Maruchau, Sarah Harry, Shelby Fortune, Ashley Wenzel, Caitlin Quirk, and Ella D'Orio made up the different relays.) Overall, the girls team took 11th place out of 18 teams.

Dive results: Jack Maccoca took first place and broke the league record for the second year in a row! Sophia Lewko placed fifth. Madeleine Maccoca



Patrick Henry's dive team made a splash this season. (Photos courtesy PHHS)

placed 11th. Emma Yanagihara placed 13th.

Diving: Jack Maccoca came in first for diving and will compete at the state championships in Clovis. Madeleine Maccoca placed 16th (out of 30). Sophia Lewko placed 19th. Emma Yanagihara placed 28th.

Swimming: Carson Temple placed first in the 200 IM medley and second in the 100 Breast — he lost by only 0.03 seconds. He qualified for state competition, but decided not to compete. Grace Lockwood

qualified for state in her 100 and 50 Free and will be attending as a para-swimmer! Sarah Harry placed 13th in her 100 Breast, and 15th in her 100 Free. Girls 200 IM medley placed 16th (Caitlin Quirk, Sarah Harry, Ashley Wenzel and Ella D'Orio). Boys 200 IM medley placed 16th (Sean Quirk, Khang Nguyen, Kevin Harry, and Carlson Temple).

Boys 200 Free Relay placed 11th (Kevin Harry, Khang Nguyen, Ian Balcazar, and Carlson Temple).

PHHS recognition is growing

Patrick Henry High School (PHHS) has two prestigious accolades to share with you which should boost your love and appreciation for what we're doing for your students. U.S. News continues to show us as a top school in California (No. 175) and nationally (No. 997), earning us the Silver Medal once again! They are impressed with the number of students taking APs (55 percent), our passage rate at 77 percent for APs, and our math and reading proficiency scores. Add the list of fancy college acceptance for our seniors (i.e. Harvard, Stanford, Yale, UCLA, Berkley, UCSD, SDSU, etc.), you can see how these results play out in a competitive world.

We also received recognition for being named an Honor Roll School for 2017–2018 by the Educational Results Partnership (ERP) for our high achievement and student success. The Honor Roll program, sponsored by the Campaign for Business and Education Excellence (CBEE), is part of a national effort to identify higher-performing schools and districts that are improving student outcomes. PHHS is one of 1,798 public schools in

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See PHHS page 15 →

► PHHS, from page 14

California to be recognized. The 2017–2018 ERP Honor Roll utilizes public school student achievement data to identify successful schools and districts. Our school stands above others in the state because of our demonstrated ability to get students to grade level achievement and beyond. Schools that receive the ERP Honor Roll distinction have demonstrated consistent high levels of student academic achievement, improvement in achievement levels over time, and a reduction in achievement gaps among student populations.

Here a few important facts about the ERP Honor Roll:

- It's the only award given in collaboration with business leaders.
- It includes graduation and dropout rate data.
- It establishes a higher bar of performance than any other award.
- It is conducted by Educational Results Partnership, a nonprofit organization that maintains the nation's largest database on student achievement.

We did not apply for this award — our results led them to us. Because of our accomplishment, we will be featured on the ERP Honor Roll website and a banner has been designed for us to hang proudly at our school.

We are thankful for the hard work of our students and teachers here at Henry High School. This recognition is a testament to the sustained focus on academic results and commitment to student success that our school and parent community have shown over the years. Go Patriots!

Chevron Design Challenge Team wins

Last month, PHHS freshmen Engineer Academy students were invited to the state competition after winning

at the local level. PHHS's team competed against the top 17 teams in the state and won third place. They each

received a \$200 Amazon gift card and the school got a large crystal trophy (in the shape of a red TSA flag).

Congratulations to Kasey Bitter, Olivia Van Houten and Alonzo Robles for representing Henry proudly!

Student of the Month

Clinton Allen was chosen as our Kiwanis student of the month, not just because of his amazing grades, humor, and athletic abilities but because he always has a positive attitude and outlook on things. He looks at the positive in everyone first; the type of student who sees the glass half full. His smile lights up the room. His willingness to help others and welcoming attitude shines. He does not always pull attention to himself, but has a good presence in the classroom. He is a well-rounded and grounded student.

Allen has been the assistant captain of the Roller Hockey Team for the past two

years, he was second in CIF at the state level for surfing, played on the boy's lacrosse team, and is an amazing Improv Team member (he recently competed at the National Comedy Theatre Improv Festival). He is also our 2017-2018 male scholar-athlete of the year.

Allen is a great leader in Link Crew because of his great energy and wonderful attitude. He helps other students become great leaders and supports students who are struggling. His teachers all believe that he is deserving of this recognition and that he is an all-around amazing student and person to be around.



Student of the Month Clinton Allen (Courtesy PHHS)

Save a Life Foundation screens students

The board of directors of the Eric Paredes Save a Life Foundation thanked Patrick Henry High School for hosting the cardiac screening event last month. Together, more than 100 volunteers screened 566 teens, finding two at risk for sudden cardiac arrest/death and five with

previously undiagnosed heart abnormalities. It truly was a lifesaving day.

Next up, they will be in the South Bay on Sunday, Aug. 26, at Mar Vista High School, but that location may be changing. Details can be found on our website, epsavealife.org/register.

Anyone between the ages of 13-25 can be screened for free. This is a great opportunity to ensure your student can safely participate in sports throughout their high school career and beyond.

Screen Your Teen future dates:

- Aug. 26 — South Bay
- Sept. 30 — Mission Hills High School (North County)
- Nov. 4 — Valhalla High School (East County)
- Feb. 24 — Coronado High School

—Elizabeth Gillingham is principal of Patrick Henry High School.■

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Cox High Speed Internet Now Twice as Fast in San Diego

When it comes to the internet, one of the things consumers value most is speed. It frees up their time by completing tasks faster. It makes watching a movie or listening to music more enjoyable. And, for video game enthusiasts, it could be the difference between winning or losing.

So, how much speed do you need? That depends on how you're using the internet, and how many connected devices you have in your home.

Whether you're using the internet for basic search, paying bills, and shopping online, or are a multi-generational household with multiple connected devices streaming simultaneously, there's some great news on the internet speed front.

Cox Communications, which already offers some of the fastest consumer internet speeds in the nation, recently doubled the speed for most of its customers in San Diego County.

Download speeds for Cox High Speed Internet doubled for three of its service plans: Starter, Essential and Preferred. The speed increases went into effect automatically for all Cox High Speed Internet customers with those service plans in San Diego.

The new download speed for Preferred, the company's most popular tier of service, is now up to 100 Mbps.

The Starter and Essential plans are ideal for lighter users with one to five devices connected to the home network. The new download speed for Essential is now up to 30 Mbps and Cox Starter is now up to 10 Mbps.

"Speed increases are one of the many ways we continually add value for our high speed internet customers," said Suzanne Schlundt, Vice President of Field Marketing for Cox Communications. "Today, the majority of Cox customers in San Diego are now enjoying speeds twice as fast."

Even faster speeds are available with the company's Ultimate and Gigablast service plans, which have been made possible by continual investments in Cox's network coupled with the deployment of new technology and infrastructure.

Cox offers a variety of internet service plans, so households can select the option that best fits their needs. Take a short quiz on the speed advisor at www.cox.com to determine which speed is right for you.

Cox is also improving the in-home WiFi experience with Panoramic WiFi, ensuring wireless internet service is "wall-to-wall" fast throughout every nook and cranny of the home.

"Our internet customers have embraced Panoramic WiFi," said Schlundt. "Our technicians will literally walk your home from wall to wall to identify any dead spots and turn them into live spots so that you can have an optimal wifi experience in your home."

Cox plans to invest \$10 billion in its infrastructure over the next five years, with a focus on enhancing the customer experience inside and outside of the home. The company already provides its internet customers with access to more than half a million wifi hotspots nationwide.

Gig Speed Ahead

Cox, which was the first company to launch residential gigabit speeds in San Diego under the name Gigablast, has continued the expansion of gigabit speeds to households countywide. Gigabit speeds (1,000 Mbps) are the fastest residential internet speeds around.

When you have a gigabit connection, you can download 100 songs within three seconds, 1,000 photos in 16 seconds, and a two-hour movie in eight seconds. You can also run dozens of connected devices simultaneously at blazing fast speeds, which is key if you are planning on adding any of the increasingly popular smart home devices to your household.

For more information on gigabit speeds and to see how fast they are, go to www.cox.com/giglife.

Restaurant Review

Frank Sabatini Jr.



remaining old-school Chinese restaurants in metro San Diego. (The cherished Mandarin House in Bankers Hill had shuttered shortly before the fire, and before that, China Camp on Pacific Highway had gone poof.)

Hong Kong Restaurant in Hillcrest and Chop Suey Peking Restaurant in North Park are icons as well, but they're not necessarily in the same culinary league as Szechuan Mandarin because they incorporate other styles of Chinese cuisine into their menus.

Only here anymore can I find kung pao in the red-dish version I prefer. In other Chinese restaurants the sauce is brown and lacks the dramatic interplay of hot chili paste and sugar. In my most recent visit, a long-time server explained the recipe also contains hoisin sauce, a viscous chili-based condiment that imparts depth of flavor and a dark-red hue to whatever protein you choose (chicken, beef, fish, shrimp or tofu). He as-



Kung pao chicken (Photo by Frank Sabatini Jr.)

sured no food coloring is involved.

Visiting as a famished twosome, we were thrilled by the number of steamed pork dumplings that came in a single order from the appetizer list. In the past, it was always eight. This time it was 10. Not bad for \$7.50. Drizzled in spicy chili oil, their skins were supple and the pale ground pork inside offered wisps of ginger.

The hot and sour soup is remarkably consistent, always a little more sour than peppery, and with the same hearty measure of bamboo shoots and tofu.

As my companion became woozy over a couple of zombies — made with two types of

rum, triple sec and pineapple juice — our table gave way to family-style servings of moo shu pork and kung pao chicken. There was plenty of rice as well, although the fried version tasted hardly any different than the steamed. It was sorely lacking the classic additions of peas, chopped carrots and fried egg.

In earlier days, moo shu pork came with a bit of tableside activity, whereby the server would fold the minced pork and cabbage into paper-thin pancakes right before your eyes. That might have been the case had we not answered “no” when our waitress politely asked if we minded the wraps be made in the kitchen. With today's lack of competition, I'm guessing it's one of those frills the establishment doesn't mind axing.

The entree nonetheless came with a bonus bowl of the tasty pork-cabbage mixture on the side — the excess amount that all five pancakes couldn't accommodate.

My craving for kung pao chicken was grandly sated by a dish containing more poultry than peanuts, and with cubed water chestnuts strewn throughout for an ideal crunch. The reddish sauce, both sweet and piquant, performed its usual magic on the ingredients. Best of all, the plate yielded

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enough leftovers for lunch the next day.

If you prefer entrees with sweeter overtones, look no further than the Mandarin dishes such as tangerine scallops, crispy orange beef, and pork with plum sauce.

But don't fear the Sichuan-style dishes, most of which are printed in red to indicate they contain chili peppers. You won't need a fire hose to quell the burn. Everything I've tried over the years has been safely spiced, and as warmly familiar as the feel-good message waiting inside your fortune cookie.

—Frank Sabatini Jr. is the author of “Secret San Diego” (ECW Press), and began his local writing career as a staffer for the former San Diego Tribune. Reach him at fsabatini@san.rr.com. ■



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Quarter pounders from a little burger chain

Restaurant Review

Frank Sabatini Jr.



In an age when you can out-bro your fellow bros by broad-casting your love for certain burgers, along comes a chainlet founded in Portland, Oregon that has yet to register on the radar of cool 30-somethings. Teens and fresh-faced college students, however, appear captivated.

I'm betting that the new Little Big Burger in Mission Valley won't put a competitive dent in places like The Friendly in North Park or The Balboa Bar & Grill in Bankers Hill, where their burgers are trending wildly among savvy audiences. Ditto for dozens of other kitchens throughout Uptown and beyond (Burger Lounge, Cali "O" Burgers, Rocky's Crown Pub, etc.), which probably aren't flinching a spatula over this In-N-Out Burger wannabe.

The menu at Little Big Burger lists four food items in

grade-school font: hamburger, cheeseburger, veggie burger and truffle fries. I consumed all of them over a couple of visits. They're followed by two other entries: fountain soda and root beer float, neither of which I bothered ordering. (Give me cold beer or nothing with my burger.)

A sterile red-and-white scheme pre-vails, save for the bold geometric graphics on a large wall and the design-er-gray color of another wall displaying merchandise.

Run by a franchi-see through Chanticleer Holdings Inc. — the same company that owns Hooters — the mom-and-pop factor is blatantly absent. This is quite similar to all of the other burger chains operating within a two-mile radius, including The Habit, In-N-Out, Shake Shack and Fuddruckers. In comparison, Little Big Burger is younger, cuter and smaller, with only about 17 locations in several states since launching in 2010. More are in the pipeline locally and nationally.

Strangely, since opening its two locations in the area months ago — both here and in El Cajon — neither offers a working phone number. So

for now, pick-up orders can be placed via the website.

I love burgers just as much as any ravenous kid or foodie hipster. These are made with black Angus beef by Jensen Meat Company in Otay Mesa, which uses a 75/25 lean-fat ratio. (Only the San Diego locations source from Jensen.)

In addition, some of the cheese options are rather chic for a fast-food concept; chevre and bleu reside among the usual lineup of cheddar, pepper jack and Swiss. So why my lack of affection for these quarter-pound pucks?

When I asked one of the Gen Z grill cooks if the meat is seasoned, he answered, "Only with a little salt and pepper." As it turned out, that was all I tasted. The flavor of the beef was overtaken.

Also, I'm not a fan of patties verging toward the shape of meatballs. These are small in diameter and chubby in stature. What you get are concentrated mouthfuls of meat in fewer bites compared to standard burgers — not necessarily a bad thing among some aficionados I know.

As the burgers sizzle on the griddle, they're squirted

periodically with water. The cook said the H2O helps lock in the moisture. He was right. It made for a reasonably juicy outcome.

What I did enjoy very much were the thick-sliced pickles on the burgers and the moist, springy brioche buns. As for the Camden's catsup and "fry sauce" you'll find in squeeze bottles throughout the smallish dining area, they were forgettable.

The catsup tasted flat. And the sauce — an equal mix of the catsup and Hellman's mayo — struck me as unimaginative, like something that might have tasted edgy when I was 10 years old experimenting with condiments.

A couple days later I ordered the veggie burger and truffle French fries. I had high hopes for the mushroom-based patty "made by some woman in San Diego," according to an enthusiastic employee. Rice, peas and carrots are apparently in the mix as well. But not even the tiny flecks of red chili peppers hiding in the pepper jack cheese I chose could pep up the nicely textured patty. Extra onions might have helped.

I'm officially done with truffle fries until places that serve them prove to me that the oil drizzled over the spuds is infused with actual truffles.



A beef burger with cheddar, mayo, pickles and raw onions



Little Big Burger in Mission Valley's Park Valley Center plaza (Photos by Frank Sabatini Jr.)

Based on my research, the flavoring is an altered form of formaldehyde shunned by respected chefs. It's a hyped product that will hopefully disappear one day from every commercial kitchen.

Little Big Burger will surely be well-served by its location in the Park Village Center, which offers a trolley station and ample parking for motorists willing to cheat on their favorite burger joints. My guess is that in their search for something sexier, few will say they found it here.

—Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press), and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. Reach him at fsabatini@san.rr.com.■

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News from the Mission Trails Regional Park Foundation



Jennifer Morrissey

Monuments

In late May, Mission Trails Regional Park (MTRP) staff and volunteers installed a new monument sign at the park's South Fortuna Summit. This is the first of four new monument signs to be installed in the coming months, with the others to be placed at the summits of Kwaay Paay, Pyles, and North Fortuna. Cowles Mountain has had a summit marker for many years. With the completion of these monument installations,

all of the peaks in the 5-Peak Challenge will be represented. Since the kick off of the 5-Peak Challenge in November 2015, more than 8,000 hikers have participated, received a certificate, a lapel pin, and discount coupons from REI and Adventure-16. To learn more about the 5-Peak Challenge, visit mtrp.org. Even if you've completed the challenge, lace up the hiking boots and come see the new monument at South Fortuna!

Rare sighting

A few weeks back, MTRP volunteer and photographer David D. Cooksy got lucky,

having a rare sighting of a California long-tailed weasel (*Mustela frenata*). A nearly daily visitor to the park, Cooksy was photographing hummingbirds one morning when, from behind a rock, up popped a California long-tailed weasel. Since his camera was at the ready for the next hummingbird visit, he was able to capture several images before the weasel darted off. The elusive California long-tailed weasel can be seen from southern Canada, throughout the United States and south through Central American into northern South America. Though small, it is a voracious eater and will consume a wide variety of smaller, live animals for its diet. It will also climb trees to raid nests of bird eggs or such other nest-dwelling creatures. While the California long-tailed weasel exists within Mission Trails Regional Park, it is seldom seen.

Connecting youth to nature

Though the school year is coming to a close, we at MTRP reflect on the thousands of San Diego County students who have visited the park through field trips and overnight campouts, taking what they've learned in the classroom to experience it firsthand at MTRP. Even the teachers and parents learn when they visit; sometimes chaperoning a group is their first trip to the park, or perhaps their first night sleeping in a tent. What better experience can our youth have



(l to r) Ranger Levi Dean with Mission Trails Regional Park volunteers Bob Graham and Roy DeRego pause for a photo after placing a new monument sign at the park's South Fortuna Summit along with Senior Ranger Ryan Roberson, who took the photo. (Photo by Ryan Roberson)



A California long-tailed (Photo by David D. Cooksy)

MISSION TRAILS REGIONAL PARK CALENDAR OF EVENTS*

- Wildlife Tracking Walks** – 8:30 a.m., first Saturday each month - Visitor Center
- Guided Nature Walks** – 9:30 a.m., Wednesday, Saturday, Sunday each week – Visitor Center
- Guided Nature Walks** – 8:30 a.m., second and fourth Saturday each month – KLC Campground
- Birding Basics** – 1 p.m., last Saturday each month – Visitor Center
- Bird Walks** – 8 a.m., third Saturday each month – check website for meeting location
- Family Discovery Walks** – 3 p.m., fourth Sunday each month – Visitor Center
- Discovery Table Demos** – 10 a.m.–1 p.m., second Saturday each month – Visitor Center
- Live Hawk Demos** – 9 a.m.–noon, first Sunday each month – Visitor Center
- Native American Flute Circle** – 1–3 p.m., second Sunday each month – Visitor Center Outdoor Amphitheater

*Partial listing of monthly events at Mission Trails Park. Visit mtrp.org for a full calendar of free activities and programs, or call the MTRP Visitor Center at 619-668-3281.



Students from Horace Mann Middle School learn how to put up a tent at the Kumeyaay Lake Campground from MTRP Foundation educator Haynes Pitts. (Photo by Jennifer Morrissey)

than one that makes them gasp in excitement, a common reaction when they spy something on the trail that they've never

seen before or step out onto the MTRP Visitor Center terrace and experience the stunning, panoramic view of Mission Gorge for the first time.

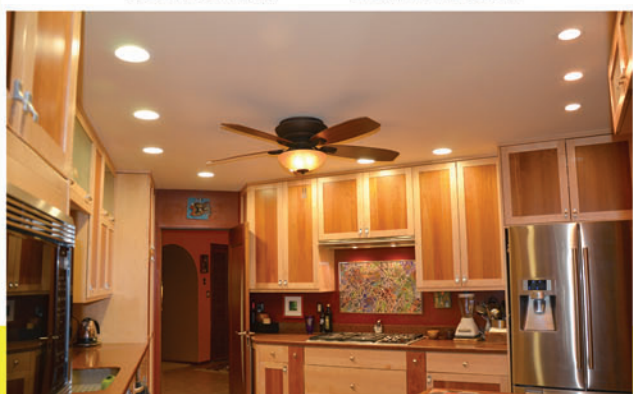
As we look ahead to fall, we at MTRP are already eagerly anticipating this fall's visiting students, coming from all corners of the county. MTRP rangers and the foundation partner on our education programs; and the MTRP Foundation — through grants and corporate and individual gifts — provides bus transportation and educational programming to thousands of visiting students. In addition, the MTRP Foundation organizes and provides overnight camping experiences for local youth, from booking the campsites and lending equipment to providing guided nature hikes as well as visits from an astronomer and/or a Kumeyaay storyteller.

To ensure that we can continue to give children the gift of a visit to MTRP, please consider making a donation of any amount to support the educational programs of the Mission Trails Regional Park Foundation. We thank this past school year's donors and funders, including SDG&E, for underwriting thousands of students' visits to the park. For information about how you can support Mission Trails Regional Park, please contact Jennifer Morrissey, MTRP Foundation executive director, at 619-582-4502 or jmorrissey@mtrp.org.

—Jennifer Morrissey
is executive director of the
Mission Trails Regional Park
Foundation. ■

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How to eat a catfish

David D. Cooksy

[Note: This is the second of a four-part “how to” series. In future issues, look for “How to eat a dragonfly” and “How to eat a crawdad.”]

This series is a photographic record of the big birds of Mission Trails capturing, securing, and consuming a meal. In this installment, a great blue heron (*ardea herodias*) eats a very sizable catfish. To the beginning wildlife photographer, I offer the following advice: first, know your subject; and second, be patient. Nature happens when it happens and there is nothing the photographer can do to change that pace. In capturing these

images, an hour elapsed between spotting the great blue heron and the heron catching the fish. I knew from many hours previously spent tracking great blue herons what to expect with respect to its behavior when hunting and timing for photography. At the risk of coming off as a heron whisperer, as I watched the heron, I knew something very important was about to occur. After waiting an hour, I saw feathers fluff, the neck tense, the unblinking eyes, and I was rewarded with ... the strike! Over the next few minutes, I watched a vigorous struggle as the great blue heron pulled and tugged and pulled and tugged; whatever it had caught was huge and not going down

without a fight. But, eventually out came the trophy — certainly well worth the struggle. As with the bullfrog described in the first installment of this series, after capturing the prey, the heron engaged in significant pre-consumption preparation. The great blue heron dropped the fish, jabbed the fish, picked it up, shook it, dropped it, even stood there just admiring the catch. Or so it seemed. Perhaps the great blue heron was giving second thought to continuing the effort. Finally, with preparation complete, the purpose of the catch, a meal, began. As will be evident in future installments, smaller prey goes down easily. But when the meal exceeds a foot in length and has stiff protrusions in the form of fins, it's not so easy. All meals — whether bullfrog, catfish, dragonfly, or crawfish — go down head first. The great blue heron struggled for long minutes to maneuver the catfish into the correct position, but then down it went. You could see a bulge in the throat of the heron as the catfish was going down. After a few sips of water, a stretch of wings, the show was over, the great blue heron flew away, I suspect, to find a safe spot for a long nap. I am surprised it got off the ground, but in typical flight fashion, one flap and it was airborne, two more flaps and it was gone. A magnificent show



(top) A great blue heron flies off after capturing a catfish in Mission Trails Park; (bottom) The heron begins pre-consumption preparation.



The heron swallows the catfish head first. (Photos by David D. Cooksy)

by a magnificent big bird of Mission Trails. —David D. Cooksey is a trail guide at Mission Trails Regional Park. For more information about the park's free offerings, opportunities, updates and events, visit mtrp.org or call 619-668-3281. Special walks can be arranged for scouts, clubs or other organizations of any fitness or mobility level. Contact Ranger Chris Axtmann at 619-668-3277 or caxtmann@mtrp.org. ■

iNaturalist Observation of the Month: Mealy Pixie Cup Lichen

Patricia Simpson

Lichenology is fascinating. It is easy to dismiss that green stuff on the trees or on the rocks, but one only needs to start looking a little harder to realize there is great diversity in the unique life form we call lichen. This observation of the month is of one of the small lichens that grow on the ground in Mission Trails: Mealy Pixie Cup Lichen. (iNaturalist page: bit.ly/2swf9xe.) Lichens are unique because they are not plants, though they may look like it sometimes. Lichen is the result of the

ultimate symbiotic relationship between algae or cyanobacteria (photobiont) and fungus (mycobiont). So why did “Alice Algae and Freddy Fungus take a ‘lichen’ to each other?” You may have noticed that Alice and Freddy choose homes than may otherwise look unsuitable for most growing organisms: a rock, a branch, your rooftop! Nutrients may not be readily available, and lichen can't quite hop in the car and head to the grocery store. Instead, the fungus provides shelter, nutrients and moisture for the algae and in exchange, the algae nourishes the fungus through its photosynthesis.

Because lichens have no roots and get nutrients and moisture from the air, scientists frequently use them as an important indicator for air quality. Lichens are also used as food by many wildlife species. Native Americans used them as medicine and dyes. So next time you hit the trails, don't hesitate to get on your knees and you might find treasures like our observation of the month. You can find out more fun facts and details about lichens here: bit.ly/2J388Lj. —Patricia Simpson is a trail guide at Mission Trails Regional Park. ■



Pixie cup lichen (Courtesy MTRPF)

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Happening at the Allied Gardens Library

Kathryn Johnson

We now have a full-time clerk on board who comes to us from the Serra Mesa Library. Dave began working at San Diego Public Library (SDPL) in May of 2010 as a volunteer at the Serra Mesa-Kearny Mesa Branch. In December 2014, he was hired as an hourly library aide and worked at the Point Loma Hervey Branch until November 2015 when he was promoted to half-time library clerk at the Serra Mesa branch. His most recent promotion came in April 2018 and he is now the full-time clerk at Allied Gardens/Benjamin Branch.

A retired veteran of the U.S. Navy, Dave believes in hard work and making a positive difference in patrons' lives by helping them get the most out of the resources available at

SDPL. He makes it a personal challenge to never miss a day of work. His passions are baking and crossword puzzles so if you are stuck on a clue, stop by the circulation desk and ask him for help or to exchange a good recipe. Welcome aboard, Dave!

This month our **Handmade @ the Library** will be printmaking using the lino cutting technique. If you are unfamiliar with this technique, it involves carving an image out of a linoleum block and then creating ink prints. Please register by calling 619-533-3970 and bring a simple image measuring 3-by-4-inches to the program on Friday, June 23, at 2:30 p.m. This program is geared toward adults but all are welcome.

Our wonderful **Fitness Fun** instructor, Lois, is scheduled to present on June 8 and 15 this month but we ask participants

to call to confirm beforehand. She is making every effort to present but circumstances are such that she may not be available. We appreciate your understanding.

Thank you to everyone who brought in **book donations** for the May book drive. Thanks to your generosity, we collected 119 children's books, which will be added to our collection or distributed to children in need. Please note, we do accept book donations for all ages on a regular basis for our amazing Friends of the Allied Gardens/Benjamin group. Your donations help the Friends support our programming.

Speaking of our Friends group, they will be hosting a paperback and children's **book sale** on Saturday, June 23, from 9:30 a.m.-1:30 p.m. Be sure to mark your calendar and bring a large bag for these inexpensive gems.

The **Socks for Stand Down** collection drive will continue through June 18. Please bring in new socks or underwear to go to homeless veterans and their families. Our collection box is halfway full as of the writing so let's see if we can fill it to the brim.

The **San Diego Heart Gallery** is part of a collaborative national project designed to increase awareness about the need for adoptive families. This project hopes to create new opportunities for children in the foster care system to connect with prospective families. In partnership with the County of San Diego, the Benjamin Branch **Library** hopes to assist this effort. Visit our latest exhibit to see portraits of these beautiful children and read their personal stories.

June is **LGBT Pride Month** and our display celebrates the contributions of the Lesbian, Gay, Bisexual and Transgender (LGBT) community to our nation's history and culture. Check out our current display of books, movies and music by and about LGBT writers, artists, musicians, scientists, philosophers, service members, citizens and community leaders. LGBT Pride Month is celebrated every June to honor the June 28, 1969 Stonewall riots, a pivotal moment in the American LGBT rights movement. The purpose

of this national commemorative month is to recognize the lasting contributions that LGBT individuals have made and continue to make to culture, society and the world.

We are so excited about **Comic-Con**, that we started celebrating a month early! Throughout the summer, our display cases will be filled with a variety of pop culture memorabilia, comic books, and private comic-themed collections. Don't forget to check out our graphic novel collections for adults, teens and children. We have comics for all ages! Not only does the San Diego Public Library have a vast collection of graphic novels, but we also have a great selection of science fiction and fantasy genres, as well as your favorite popular movies and TV series on DVD.

Our **Summer Reading Program** started on June 1 and runs through Aug. 1. This year's theme is "Reading Takes You Everywhere" and readers of all ages can participate. Just read 10 books or 10 hours to claim your finishing prize pack. Finishing prizes are available starting July 1. Sign up online at SanDiego.gov/SummerReading and record your books. This is a great opportunity for children to avoid the "summer slide" and give them a head start for next school year. We encourage all to participate. You never know where you'll go while reading a book — anywhere and everywhere! Our weekly Summer Reading Programs children's events are going to be held on Monday afternoons at 2:30 p.m.

On June 18 at 2:30 p.m. **Mad Science** will guide kids' imagination by taking them through the jungle. We will explore the jungle by the sounds that you will hear, discover the many creatures that habitat in the jungle, and experiment with the chemical elements found in some plants and insects!

Hullabaloo is back! Join us for on June 25 at 2:30 p.m. for a foot-stomping, wing-flapping celebration of songs that honors and entertains both kids and families. A good time for the whole family!

On July 2 at 2:30 p.m., the **League of Extraordinary Scientists** presents Life-cycles! Learn how everything alive has



Allied Gardens Library's new full-time clerk Dave (Photos courtesy AG Library)

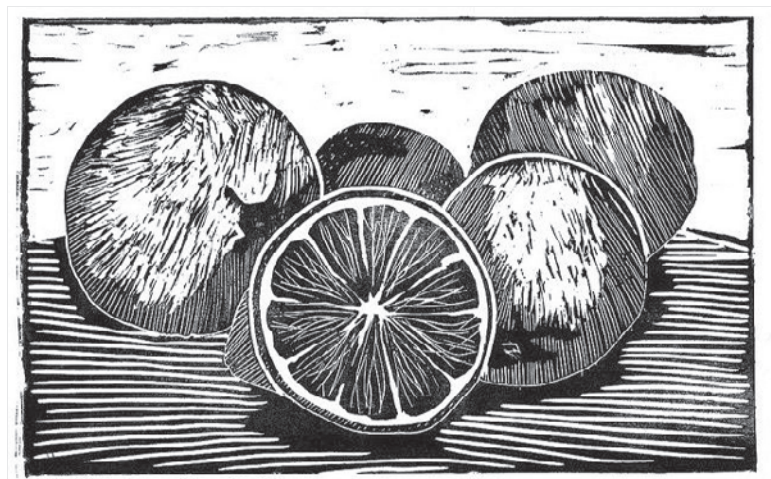
a life cycle and how those life cycles are connected — seeds to plants, babies to adults, eggs to butterflies. Not only will your little ones get a better understanding of life on our planet but they will also have the opportunity to see it up close. There will be tadpoles, frogs, beetles, mantis, butterflies and more!

On July 9 at 2:30 p.m., **Pacific Animal Productions** presents an opportunity to meet animals from around the world and learn how they survive each day. From deserts to swamps, from hunting to hiding, animals are perfectly suited for the adventures they will face in their homes no matter where in the world they live. It is sure to be a fun and entertaining time full of information, laughs and of course audience participation.

Starting June 18, our wonderful teen programs will go on hiatus for the summer but don't worry they will be back in the fall. Until then, we will continue to have our ever-popular **Teen Scene**, which takes place on Tuesday at 3 p.m., as well as our video-gaming program that takes place every Wednesday from 12:30 p.m. to 2:30 p.m.

We continue to offer story times for babies, toddlers and preschoolers throughout the week, as well as our popular adult programs. Please visit the branch or check out our Facebook page for a schedule.

—Kathryn Johnson
managing librarian of the Allied Gardens/Benjamin Branch Library. Reach her at JohnsonKA@sandiego.gov. ■



Lino cutting printmaking will be this month's Handmade @ the Library project.



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News from the San Carlos Library

hours or 10 books — but you must register and record your reading progress to win.

Special SRP events

At the San Carlos Branch, we have planned eight special SRP performances that will delight the entire family. All performances are on Wednesdays at 2:30 p.m., and last about 45 minutes.

Passport to Animal Adventure, brought to us by Pacific Animals, is our first program on June 20. We will be introduced to some exotic animals from around the world and learn about the adaptations required for their survival in unique habitats.

The following week, on June 27, a zany chemistry professor will perform gooey, slimy, and smoky experiments.

On July 11, join us for a South American experience. Attendees will be encouraged to join in the fun as native stories and music are interwoven into a multicultural event.

Where's Waldo?

The Library Shop, located in the courtyard of the

It's summertime-fun-time

Bring on the vacation, sun-screen, and fun! Join your neighbors at the Lake Murray MusicFest & Fireworks on the Fourth of July for music, dancing, games, picnicking, or just relaxing with a great book.

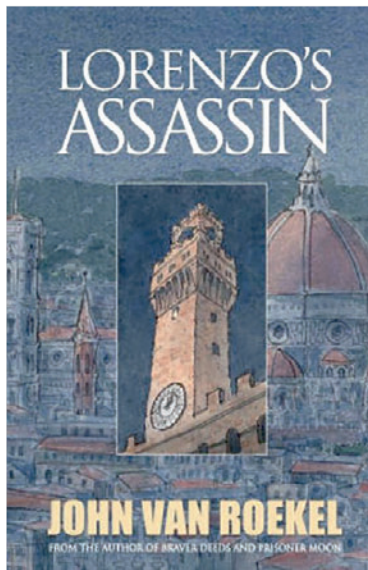
Would you like to go around the world in 80 days? The library has a book for that! Learn to love Paris and French-inspired cooking while reading "My Life in France," by Julia Child. The 2018 Summer Reading Program (SRP), "Reading Takes You Everywhere," gives the young and young at heart the opportunity to learn new things and live vicariously through reading. June 1—Aug. 1, register online for the SRP at sandiego.gov/public-library. Depending on your age, there are incentives and prizes for reading 10



The art of Ruth Benjamin will be on display at the San Carlos Library through July 5.



Author Jon Van Roekel will discuss his novel 'Lorenzo's Assassin' on June 22. (Photos courtesy SCFOL)



Downtown Central Library, is a nonprofit book and gift store, sponsored by the Friends of the San Diego Public Library and the San Diego Public Library Foundation. During the month of July, the Library Shop's Where's Waldo @ the Library contest will challenge you to find Waldo hiding at each of San Diego's 36 branch libraries.

To play, pick up a passport at your local branch and begin your hunt. When you find Waldo, have your passport stamped and receive that branch's unique button. Continue your hunt at the other 35 branch libraries. Try to collect all 36 buttons; then take your passport to the Library Shop for a chance to win additional prizes.

Weekly youth activities

Children's Yoga + Stories, Tuesdays, 4–4:45 p.m., ages 3–8: Kids will participate in story-inspired stretches and musical activities using child-friendly props. Please bring a mat or towel.

Youth Chess, second and fourth Tuesdays, 5–7 p.m., ages 18 and under: Youth learn to play chess or hone their skills. All levels are welcome.

Process Art, Thursdays, 4–5 p.m., ages 3–8: Kids get to experiment with a variety of art supplies, and make keepsakes for their parents.

Storytime for Toddlers & Preschoolers, Fridays, 10–10:45 a.m.: Little ones listen to interactive stories and make a fun craft.

Art show

June 5–July 5, the paintings of local artist Ruth Benjamin, will grace the walls of our Winer Family Community Room & Art Gallery. After her retirement as a teacher of special needs youth and adults, Benjamin began experimenting with the Asian art of sumi-e painting and a variety of unique watercolor techniques. Her paintings include many of the beauties of nature: aquatic birds, mammals, and fish as well as lovely botanical and landscape scenes.

Meet our charming neighbor at her reception, Saturday, June 16, noon–2 p.m. Refreshments will be served.

Authors and books

June 14, 12:30–2 p.m., the Library Book Club is discussing the One Book, One San Diego selection for 2017, Chris Bohjalian's "The Sandcastle Girls."

June 22, 2–3 p.m., author John Van Roekel, will speak about his novel, "Lorenzo's Assassin." This book is three intertwined stories of love, vengeance and forgiveness centered around the Pope's request for the murder of Lorenzo the Magnificent.

July 12, 12:30–2 p.m., the Library Book Club is talking about the repercussions of "Big Little Lies," by Liane Moriarty. The book is based on a true story which centers on the friendship of three very different women, all of whom have kindergarten children in the same school. The theme is

multifaceted and covers bullying, domestic abuse, lies, and finally murder. The book was adapted into a 2016 HBO seven-part series.

Each month, a list of new adult and youth titles available at the San Carlos Branch may be found at bit.ly/2eLaVZY.

Free OASIS and HHSA programs

June 8, 2–3 p.m.: With the hot weather coming, don't miss "Hydration for Health." Learn about what factors influence hydration needs, what are indicators of being safely hydrated, healthy beverage options and beverages to avoid, and helpful tips for staying well-hydrated. Every attendee will receive a free healthy snack and wellness guide with recipes and tips for healthy living.

June 15, 2–3 p.m.: Aging & Independent Services presents, "Don't Get Hooked: Preventing Financial Abuse, Scams, and Frauds." This will be an interactive PowerPoint presentation for older adults, their families and caregivers, covering the latest scams proliferated on our aging population. Learn about these scams: grandparent, sweepstake and lottery, door to door, telemarketing, computer, IRS and other official-sounding government scams. "Don't Get Hooked" booklets and other resources are provided for attendees.

Dates to remember

- June 1–Aug. 1: Citywide Summer Reading Program. Register at sandiego.gov/public-library/
- June 20–Aug. 15: SRP special event, Wednesdays at 2:30 p.m.
- June 17: Father's Day
- June 22: Preschool Storytime CANCELED
- June 26: Youth Chess CANCELED
- July 4: CLOSED Fourth of July. We'll see you at Lake Murray MusicFest & Fireworks
- July 6: 1:30–3:30 p.m.: Friends of the Library only, Used-Book Pre-sale. Join SCFOL during the sale
- July 7: 9:30a.m.–3 p.m.: SCFOL Monthly Used Book Sale

—Sue Hotz is board member and publicity chair for the San Carlos Friends of the Library. Reach her at publicity@sancarlosfriendsofthelibrary.org.■

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News from the Allied Gardens/Grantville Community Council

Shain Haug

The May 22 Allied Gardens-Grantville Community Council (AGGCC) Town Hall Meeting was devoted to the question of the development of the stadium property.

There are three competing possibilities. The Soccer City/FS Investors initiative would provide for private for-profit development. The initiative placed on the ballot by SDSU West would turn the property over to the California State University system for development with plans conceived by San Diego State University. If neither initiative receives a majority of the votes, the property will remain available for development through the city's normal planning and development process.

We were fortunate to have the benefit of the knowledge and insight of Roger Showley and Joe LaCava. Showley recently retired from 44 years with the local newspaper as a specialist in real estate development. LaCava is a longtime resident of the neighborhood and is an expert consultant in that field. Whatever their personal inclinations may be, they kept the presentation well-balanced by discussion

of the pros and cons of each possibility. The AGGCC will schedule further information sessions if the public clamor so demands.

The next local opportunity to obtain information about this important matter will be at the next Navajo Community Planners, Inc. board meeting at 6:30 p.m. on June 13 at the East San Diego Masonic Lodge, 7849 Tommy Drive, where representatives of the Soccer City/FS Investors will present its proposal.

The next AGGCC Town Hall Meeting will be on July 24 at 6:30 p.m. at the Benjamin Library at the corner of Zion Avenue and Glenroy Street. We are trying to schedule our District 7 Councilmember Scott Sherman to speak on issues relative to companion and junior units, commonly known as "granny flats." These units are additions to existing single-family dwellings and are a part of the city's push to develop affordable housing. The city is encouraging this expansion of density in our neighborhood by an abatement of a portion of development fees normally imposed for this type of development.

One of the many important questions we will ask the council member is why this

significant change in the zoning configuration of Allied Gardens did not go through public examination by Navajo Community Planners, Inc. and how it is that these units — additions that have typically been built in backyards — can now be put on front yards.

A related issue is the question of the increase in parking that will follow the rental of these units. It appears that Transit Overlay Zones, Transit Priority Zones, and other regulations allow increased residential density in some areas without increases of on-site parking.

The time has come for knowledge and action. Please join us.

The AGGCC board of directors meets on the first Tuesday of each month at 6:30 p.m. at Benjamin Library, at the corner of Zion Avenue and Glenroy Street. Our next board meeting will be on Tuesday, July 10 (a one-week delay because of the holiday). Join us!

—Shain Haug is president of the Allied Gardens-Grantville Community Council. Reach him at aggccshain@yahoo.com. Visit the AGGCC website at aggccouncil.org. Send suggestions for meeting topics to aggccouncil@gmail.com. ■

Del Cerro Action Council news

Jay Wilson

It has been a quiet month in Del Cerro. There has not been an update from The Peoples Church and their goal to build a church where the ColRich housing development was initially to be constructed.

The Maintenance Assessment District (MAD) lawsuit involving a proposed MAD in La Jolla and the city of San Diego is scheduled to be heard in court on June 8 — after the deadline for this article. This case must be settled before any action will be taken by the city of San Diego regarding new MADs. There should be more to report next month.

John Steffen, our Police Community Relations Officer, reported that over the past 30 days we have had four residential burglaries and one theft from a vehicle in our area.

Officer Steffen and Mark Rawlins, the chair of Del Cerro Action Council (DCAC), reminds everyone that we are going into the summer months and that we all need to keep our doors locked and our garage doors and windows closed. In addition, make certain that you keep all valuables out of plain view in your cars. If you are going to be gone for several days or more consider contacting the Retired Senior Volunteer Patrol. Call 858-495-7900 and ask to speak with Bob Mazeika to schedule RSVP home checks while you are away.

There is a new item that should concern all homeowners

and that is the city's new "granny flat/companion unit" regulations. With a 15-foot setback, you can now construct a granny flat/companion unit in your front yard, and the occupant of the new unit does not have to have any connection with the property owner. There is a more extensive article about this in this issue of the MTC. There is already one of these front yard units under construction in Allied Gardens.

The city of San Diego is working on a Parks Master Plan and they are soliciting input from residents. The results of this master plan will have an impact on all the parks in the city. I encourage you to visit the DCAC website. I have posted information about this massive project and how you can become involved by participating in one of the workshops this summer. The results of this project will guide the development of our parks for the next 20 to 30 years.

The Lake Murray July 4th Fireworks and MusicFest is about three weeks away. The committee has been working diligently for months to ensure that the event is another great success. As a member of the committee, I can tell you that we are still seeking donations to make our goal. Please visit the website at lakemurrayfireworks.org to make a donation today.

The next meeting of the DCAC will be July 26 at 7 p.m. at Temple Emanu-El. Visit the DCAC website at

delcerroactioncouncil.org for more information.

Thank you for saving homes in Del Cerro

A tremendous thank you to all the agencies involved in fighting the 40-acre fire in the Del Cerro canyon between the homes on the ridge of Del Cerro and I-8 on June 3. The expertise and commitment demonstrated by all the firefighters was superb.


Wildland fire season is here and we have successfully lived through a close call in our community. This should be another wake-up call to all of us to prepare our property for a wildland fire. We have many canyons in the Navajo Community and the vegetation is dry and going to become considerably drier as the warm and dry weather season moves on. It is not just clearing dry brush to establish a safe zone around a home, but embers from fires can be blown several miles and start another fire.

—Jay Wilson is secretary for the Del Cerro Action Council. Reach him at jwilson2@cox.net. ■



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ACROSS

1 O'Neill's was hairy
4 Help a hood
8 Construction piece
12 Witticisms
14 Protuberances
16 Baylor campus site
17 Nonsense
19 Landed
20 Nonsense
21 Dr. and Roger

23 Thunder
24 Diacritic mark
25 Egyptian dancing girls
28 Makeover mecca
30 He crowned William I
33 Stock exchange
35 Point for Lendl
37 Millay or Best
38 Prepare for war
39 Nonsense

41 ABA member
42 Original stage "Salesman"
44 Musical gal
45 Renter
48 Sardegna, e.g.
50 Point
52 Comedian Bert, and biographer
53 Ruffled trimming
55 MP's quest

DOWN

1 Radio bands
2 Vamp name
3 Cousin of etc.
4 City near the Twin Cities
5 Umpire's nemesis
6 Whirlpool
7 ___ Aviv
8 Nonsense
9 Nonsense
10 Galatea's boyfriend

11 Nonsense
13 Pardoning governor, e.g.
15 Transporter
18 Cousin of dregs
22 Gums
24 Mexican sandwich
25 Early computers
26 Certain parrots
27 Nonsense
29 West Chester, PA neighbor

31 Come in
32 Togetherness times
34 Asner, and name-sakes
36 Old cloth measure
40 Rave
43 Nonsense
46 Leap for love
47 ___ taste: recipe direction
49 Vigoda

51 Pacific Ocean discoverer
54 Calendar of feasts
56 Whitman and Disney
57 Nonsense
58 Panamanian native
59 Breathing sound
60 Turkish standard
61 COD item
62 ___ volente
64 Sceptre's sidekick



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San Carlos Area Council news

Mickey Zeichick

The next meeting of the San Carlos Area Council (SCAC) will be Wednesday, Sept. 5, at 6:30 p.m. in the San Carlos Branch Library, 7265 Jackson Drive. We will be meeting monthly and please note the new time.

Our monthly meetings will alternate between more in-depth reports from elected officials' representatives one meeting and the next month's meeting will have a speaker as the focus. However, elected official office representatives will be invited to provide brief updates.

Parks Master Plan

The city of San Diego is embarking upon a citywide Parks Master Plan, which is a three-year planning effort to shape our future parks, recreation facilities and programs for the next 20 to 30 years.

The Work Plan for the Parks Master Plan outlines the goals, what we will study, the project schedule and our public outreach. This Work Plan is available on the project website. The Parks Master Plan will be the city's road map for creating a world class parks and recreation system. It will be relevant to changing needs, make parks accessible to all community members, and celebrate the unique qualities of San Diego.

San Diego's last Parks Master Plan was completed in the late 1950s. In the past 60 years, changes in recreational trends and demographics have reshaped our city's parks and recreational needs.

There are 52 community planning areas and many of these communities are built out with little land left for

traditional parks. Many of these communities were built prior to the current park service levels the city requires today and therefore we do not have an equitable balance of recreational resources across the city.

Not only is it difficult to find park land, but land is very expensive to acquire. And yet the Parks and Recreation Department manages over 42,000 acres of park land and only a small percentage of this land is used for population-based community and neighborhood park needs. Therefore, we need to study how all city-owned land is used for our recreation needs. This effort would provide the criteria and use of park equivalencies.

Have a voice in the revision to the Parks Master Plan and attend any one of the 10 regional workshops: June 11 at Robb Field; June 12 at San Diego Central Library; June 14 at Black Mt. Middle School; June 18 at Mid-City Gym; June 19 at Skyline Hills Rec Center; June 20 at Canyonside Rec Center; June 21 at Standley Rec Center; June 25 at Golden Hill Rec Center; and June 27 at San Ysidro Community Activity Center. A meeting was held on June 6 at the Linda Vista Rec Center.

SCAC dues are due (\$7 per household). Please send your check for membership to: SCAC P.O. Box 19246, San Diego, CA 92159-0246. If you wish to be added to the Interested Persons List or have a topic you would like to learn about, please contact me at mrzeichick@gmail.com.

—Mickey Zeichick is secretary of the San Carlos Area Council.■

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Get the kids out in the garden this summer

Leslie Nelson

As the weather heats up, plants begin to thrive. It's time for tomatoes and zucchini and summer flowers. It's a great time to get the kids out in the garden for some fun projects.

Eastern San Diego County weather is great for growing all kinds of summer plants. And getting your kids involved can pay big dividends throughout their lives and for your family's dinner menu and their health. Research shows that children who garden in a community or school garden have an improved recognition of vegetables and willingness to try them. Because of this, they will tend to eat healthier as they mature. Caring for plants also teaches children

responsibility as well as a bit about science, nature and nutrition if the plants are also a food. Gardening is also a known stress reliever and good exercise. Studies shows that gardening can help reduce the stress in people of all ages.

In my experience working with kids at Dailard Elementary in San Carlos for many years, kids who were at first timid when they started gardening, became eager and interested in learning and sharing this knowledge with others. They loved growing vegetables, no matter how small. Gardening also encourages curiosity as kids get closer to nature and they enjoy inspecting for all kinds of insects.

Here are a few garden project ideas to get your kids started:

Let kids take some responsibility. Because it takes persistence and attention to grow things in our hot climate, you'll need to water consistently. Most potted vegetables will need to be watered every other day. Water together or alternate watering days with your child. New to gardening? Make sure you put your plant along a path-way where you can notice it as you go in and out of the house each day. Or make it a habit of inspecting the garden every other day with your kids and do a "critter patrol" to look for pests or bugs when you water.

Put up chicken wire around any tomato plants. Since rats love tomatoes, and with all the canyon areas in this region, chicken wire is important. Also consider topping chicken wire with more chicken wire — rats will not dig, but they are excellent climbers.

Plant some zucchini or other squash. It's the perfect time of year for various varieties. If you want to try out something new, visit kitazawaseed.com which sells a variety of Japanese vegetable seeds, including many types of Asian peppers and squash.

Summer flowers like zinnias are beautiful, dramatic and love the heat. Have your kids plant zinnia seeds like Benary's Giant Mix zinnia seed or sunflowers available from Johnnyseeds.com. They will provide spectacular beautiful blooms till September. Let the kids deadhead (cut off old



(Photos by Heather Nelson)

blooms) to make way for new ones and don't forget to remind them to spread the dried seeds for next year's show.

—Leslie Nelson is a gardening volunteer at San Carlos

Community Garden. She will be giving a Kids Gardening and Botany class on Saturdays, July 7–Aug. 4 at the San Carlos Community Garden. For more information, visit bit.ly/2M1SamB. ■





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The members of this energetic choral group all have one thing in common — they are singers with Parkinson's disease. 12:30 p.m. at the College Avenue Center, 6299 Capri Drive. Free. Visit jfssd.org.



The Real Story of Monopoly
Wayne Saunders tells the real story surrounding the game "Monopoly." The story Parker Brothers doesn't tell involves a famous 19th-century tax theorist, a stenographer who invented a typewriter carriage return, a Delaware commune, Ivy League economics classes, Atlantic City Quakers, and much more. \$12. 1–2:30 p.m. at Grossmont Lifelong Learning Center, 5500 Grossmont Center Drive, Suite 269. Visit bit.ly/2wQCD5F.



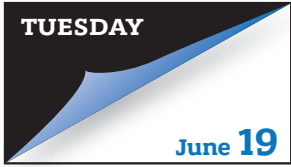
Music program: 'Like Father, Like Son'
Eric Dickerson, a San Diego State University Music Performance major, will perform a unique collection of rare and popular pieces from the English and Italian Renaissance, on his 11-string alto-guitar. In honor of Father's Day, Dickerson has carefully selected and arranged music from the 16th and 17th centuries, written by famous lute composers and their sons. 12:45 p.m. at the College Avenue Center, 6299 Capri Drive. Free. Visit jfssd.org.



San Diego Pin & Patch Con
The San Diego Pin & Patch Con is the world's first official wearable art convention. Celebrate the culture you love along with other pin and patch lovers while meeting your favorite artists and companies. Enjoy the annual convention this year and take part in the many activities that the SDPPC team has put together. \$10. At Montezuma Hall, 5500 Campanile Drive. Visit bit.ly/2sDB0Uk.



Film: 'The Women's Balcony'
Film discussion with Ralph de Lauro about Director Ben Shimon's jaunty, rousing tale of women speaking truth to patriarchal power. The collapse of a women's balcony in an Orthodox synagogue leads to a gender riff between the community's women and men. (In Hebrew with English subtitles.) 1 p.m. at the College Avenue Center, 6299 Capri Drive. Free. All ages. Visit jfssd.org.



Prehistoric Rock Art Paintings of San Diego
Author and professor of American Indian Studies, Richard Carrico runs a session on the rich heritage of Kumeyaay and Luiseno art portrayed on rock faces and on the desert floor throughout San Diego County. Take a virtual tour of these incredible works while also attaining a greater understanding of how they were created, and explore the possible meanings of these art pieces that extend back thousands of years. Learn about the people who lived in San Diego County thousands of years ago through their artistic expression. 10 a.m.–noon at Grossmont Lifelong Learning Center, 5500 Grossmont Center Drive, Suite 269. \$12. Visit bit.ly/2wQCD5F.



'Romeo, Romeo & Juliet'
Through July 8
The Roustabouts Theatre Company presents a play about what happens when Shakespeare's iconic, star-crossed lovers get a third wheel: a tangled triangle of unrequited love. In this fun and fizzy romantic comedy, a rehearsal room becomes a hilarious hothouse for palpable passion, witty repartee,

and comedic conflict as the Bard's glorious language inspires the hopeless romantic in us all. Shows on June 22, 23, 24, 28, 29, 30, and July 5, 6 and 7 all start at 8 p.m. at The Moxie Theatre, 6663 El Cajon Blvd. Tickets are \$38; available at bit.ly/2LbryPB.

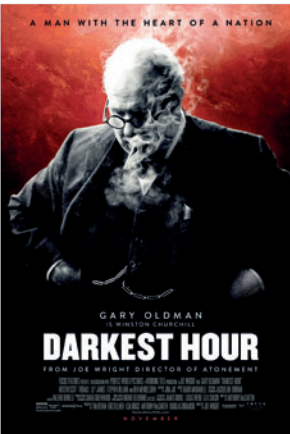
Choral concert: Encore
Encore is a women's vocal ensemble created in 2016 by former members of the San Diego Choraleers. The group performs music worth hearing again — and includes familiar pop tunes, music from Broadway and film, choreography, and singalongs. 12:30 p.m. at the College Avenue Center, 6299 Capri Drive. Free. Visit jfssd.org.

Clearing the Air
Join the San Diego Foundation's Malin Burnham Center for Civic Engagement for a complimentary lunch and community conversation about San Diego's declining air quality with health and environment experts, and learn what more can be done for the 400,000 San Diegans who are at heightened risk from air pollution. 11:30 a.m.–1:30 p.m. in the La Mesa Community Center Arbor View Room. Free. RSVP by June 18 at bit.ly/2kryAUl.



Artist reception: 'Vanishing Images'
For their exhibit, "Vanishing Images," photographers Mary and Michael Peddecord have selected favorites from trips to Kenya, Antarctica, Yellowstone, Alaska and Arctic Svalbard. Many of the of the animals featured in their photos are threatened or in danger of extinction due to human actions. "Vanishing Images" is on display at the Mission Trails Regional Park Visitor Center Art Gallery June 23–July 20. An artist reception will be held June 24, 2–4 p.m. in the MTRP Visitor and Interpretive Center, 1 Father Junipero Serra Trail. Admission is free. Visit mtrp.org.

Concert: Robert Hardaway III
World-renowned guitarist, singer and entertainer, Robert Hardaway III will perform. Robert Hardaway has been an entertainer for over 30 years. He has worked with many famous musicians, including Neil Sedaka, Steve Allen, The Rockettes, Vic Damone and more. Hardaway was an entertainer on cruise lines for many years and has recorded many CDs in different genres of music ranging from classical, to patriotic to ballads. 12:30 p.m. at the College Avenue Center, 6299 Capri Drive. Free. Visti jfssd.org.



Film: 'The Darkest Hour'
See the 2017 Academy Award-winning film about Winston Churchill. In May 1940, the fate of Western Europe hangs on British Prime Minister Winston Churchill, who must decide whether to negotiate with Adolf Hitler, or fight on knowing that it could mean a humiliating defeat for Britain and its empire. 1 p.m. at the College Avenue Center, 6299 Capri Drive. Free. Visit jfssd.org.



'Bye Bye Birdie'
Through June 30
Bye Bye Birdie is a stage musical based on a book by Michael Stewart. The story was inspired by the phenomenon of popular singer Elvis Presley and his draft notice into the Army in 1957. Starring Brady Beach as Albert Peterson, Kylie Greaves as Rose Alvarez, Elizjah Jack as Conrad Birdie and many others. \$5–\$15 at The Salvation Army Ray & Joan Kroc Corps Community Center located at 6845 University Ave. To learn more go to bit.ly/2sEWJL5.



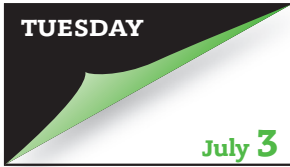
Concert: Mike Chamberlin
Chamberlin is a former TV anchorman, who enjoys playing and singing music of the 1950s through 1970s. 12:30 p.m. at the College Avenue Center, 6299 Capri Drive. Free. Visit jfssd.org.



Sha Na Na
Doo-wop rockers Sha Na Na play Sycuan Casino, 5469 Casino Way, El Cajon. 8 p.m. Tickets cost \$29–\$39; available at sycuan.com.



Film: 'Greater'
2016 film about Brandon Burlsworth, perhaps the greatest walk-on in the history of college football. Brandon dreamed of playing for the Arkansas Razorbacks, but was told he wasn't good enough to play Division I ball. Undeterred, Brandon took a risk and walked on in 1994. 1 p.m. at the College Avenue Center, 6299 Capri Drive. Free. Visit jfssd.org.



Independence Day Celebration Luncheon
Food plus music by Sophisticats. Begins at noon at the College Avenue Center, 6299 Capri Drive. Free. Visit jfssd.org.



Lake Murray Fireworks and MusicFest
Celebrate the Fourth of July at Lake Murray with a full day of live music, food vendors and an evening fireworks show. Performances by The Bayou Brothers, The Revival Band, Freeze Frame and Sensation Showband. 11 a.m.–9 p.m. at Lake Murray Playground, 7001 Lake Murray Drive, San Diego. Free. Visit lakemurrayfireworks.org.



Primus and Mastodon
Primus is an American rock band based in San Francisco, California, currently composed of bassist/vocalist Les Claypool, guitarist Larry "Ler" LaLonde and drummer Tim "Herb" Alexander. Mastodon is an American heavy metal band from Atlanta, Georgia, formed in 2000. The group is composed of Troy Sanders, Brent Hinds, Bill

Kelliher, and Brann Dailor. \$25–\$85. 7 p.m. at Open Air Theatre at SDSU 5500 Campanile Dr. To learn more go to bit.ly/2Jup1lQ.



AG First Fridays: Pop Vinyl
Allied Gardens First Fridays summer concert series continues with premiere dance band Pop Vinyl. 6–8 p.m. in the Allied Gardens Community Park, 5155 Greenbriar Ave. Free event. Free hot dogs and chips courtesy of Ideal Plumbing Heating Air & Electrical.

Kevin Hart at Viejas Arena
Kevin Hart is an American comedian and actor. Born and raised in Philadelphia, Pennsylvania, Hart began his career by winning several amateur comedy competitions at clubs throughout New England. \$38–\$810. 7 p.m. at Viejas Arena 500 Canyon Crest Drive. Visit bit.ly/2Jgp7y3.



'From Russia with Insight'
SDSU professor emeritus Zev Bar Lev talks how Lennon, Lenin and a year in Russia transformed her from an atheist to a Zionist. 12:45 p.m. at the College Avenue Center, 6299 Capri Drive. Free. Visit jfssd.org.



Ozomatli
July 11, 12
Latin rock and funk outfit Ozomatli plays two night at Sycuan Casino, 5469 Casino Way, El Cajon. 8 p.m. Tickets cost \$59–\$69; available at sycuan.com



Young Actors' Theatre: 'Shrek the Musical'
Through July 22
"Once upon a time, there was a little ogre named Shrek...." And thus begins the tale of an unlikely hero who finds himself on a life-changing journey alongside a wisecracking donkey and a feisty princess who resists her rescue. \$25–\$32. July 12, 13, 14, 20 & 21 at 7 p.m. at July 14, 15, 21 & 22 at 2 p.m. and at July 19 at 10 a.m. the play will take place at Joan B Kroc Theatre 6611 University Ave.■



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Del Cerro Fire Shakes Up Community

Last Sunday's Del Cerro Fire was a stark reminder that fires can happen at any time, and we need to be prepared to protect our families and property. The fire scorched around 38 acres of vegetation, and could have been much worse without the quick action and diligence by the San Diego Fire-Rescue Department. Thank you to our amazing first responders for keeping our community safe!

Since 2013 I have served on the board for the San Diego Fire Rescue Foundation. The Foundation supports the San Diego Fire-Rescue

Department in its efforts to provide the highest level of service to the community by helping to supply funding for enhanced equipment, training, and technology for our first responders. Through the generous support of community members, like you, we are able to help provide these unmet needs that would not otherwise be available through the City's budget process. Our funding starts where the City's budget stops. As we have just seen in our own backyard, these services are imperative to the safety of our families, homes, and community. **Please consider donating: sdfirerescue.org/donate**

Recent donations have helped the Foundation fund:

- The purchase and installation of 56 mobile data computers in the County
- Outfitting the Arson K9 vehicle with a temperature monitoring alert system, canine kennel, and additional outfitting and investigating equipment required to conform to national arson and explosive investigator standards
- Personal Escape Systems that provide firefighters with the ability to exit through an upper floor window in less than 30 seconds, should they become trapped or disoriented during a structure fire
- 3 Programmable, commercial-grade washing machines that will help remove carcinogens from firefighter's turnouts and other equipment
- Youth development programs, such as Girls Empowerment Camp

Current need:

- 75 sets of enhanced hand tools for fighting wildfires. Firefighters use these tools to create a path, free from vegetation, around the perimeter of the fire. This "fireline" helps prevent flames from spreading on the ground while crews work to contain the fire.

Upcoming Events:

San Diego Fire Rescue Foundation 5K & Kids Run (+Fire Safety Expo)

- Sat., Oct. 6, 2018 at Spanish Landing Park West.
- More info: sdfirerescue.org/5k-and-kids-run

Use promo code IDEAL and save \$5 off your 5K registration.

(Promo code not valid on Kids 1-Mile Run, Sparky Sprint or Public Safety Personnel registrations. Expires 8/31/2018. Cannot be combined with other offers.)



sdfirerescue.org/donate

Summer Community Events!



Liberty Sponsor

Lake Murray July 4th Fireworks & MusicFest

11:00am - 9:00pm

LakeMurrayFireworks.org



Title Sponsor

Allied Gardens First Fridays FREE Summer Concerts

Friday, July 6, 6:00-8:00pm

Band: Betamaxx

agfirstfridays.com



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