

Follow us on sdcnn.com

Times COURIER

Wood Ranch BBQ & Grill Page 23

Carlos • tcher Hills

■ RECREATION

Upcoming events at Mission Trails



Find an art class, a nature walk or a musical $performance\,this\,month\,at\,Mission\,Trails.$ Story on Page 8

NEIGHBORHOODS

Local author set to speak



San Carlos native Margaret Dilloway will speak about her new novel at the library. Story on Page 13

TRAVEL

Flying from Tijuana



In some cases, flying out of Tijuana can be cheaper and quicker than Lindbergh Field. Story on Page 16

EDUCATION

Patrick Henry High School update



Get the details on upcoming back-toschool meetings and orientation at PHHS. Story on Page 20

ALSO INSIDE

Opinion	6
Poll of the Month	15
Area Worship Directory	18
Puzzles	19
Music Notes	22
Community Calendar	22

CONTACT US

Editorial / Letters (619) 961-1969 jeremy@sdcnn.com

Advertising (619) 961-1957 lisahamel@sdcnn.com

www.sdcnn.com San Diego Community News Network

Take a book, leave a book at the Lake House Library in San Carlos. (Photo by Jeremy Ogul)

Grantville • Allied Gardens • Del Cerro • Mission Trail

Little Free Libraries bring neighbors together

Jeremy **Ogul**

Editor

he San Diego Public Library branches in Allied Gardens and San Carlos have long been anchors of the community in the Navajo area, but several new libraries have emerged over the past couple years.

You may not have noticed them unless you live down the street most of them take up no more than two or three square feet. Known as Little Free Libraries, they



resemble birdhouses or oversized mailboxes and are usually placed in front yards and maintained by the homeowner.

They function on a "take a book. leave a book" honor system anyone is free to borrow a book, and there's no requirement to return that exact book at any point. Neighbors are encouraged to share their favorite books with the neighborhood by placing them in the Little Free Library. Because of this system, the collection changes every day.

Janet Mika is the steward of the

See LIBRARIES page 5 —



Adam "Ace" Moyer, founder and CEO of Knockaround Sunglasses, surrounded by Foster Elementary School students wearing the winning "Striker" design, by Evan Bui (standing to the right of the sign). (Photo by Mr. Bui)

Allied Gardens student wins local sunglass design competition

Morgan M. Hurley

every year, Downtown sunglass company Knockaround organizes an annual contest to raise money for art and design lessons in local elementary schools. This

year, 316 students from three schools — Foster Elementary in Allied Gardens, Monarch School in Barrio Logan and Jefferson Elementary in North Park submitted designs through the program.

The winning design, called "Striker," was submitted by

Evan Bui, a fourth-grader from Foster Elementary. His design was inspired by lightning bolts, because "he wanted people to be shocked when they saw them," according to Knockaround's marketing manager, Tony Martinez.

See KNOCKAROUND page 3 —

Local families react to new state immunization laws

Doug **Curlee** Editor at Large



When Gov. Jerry Brown signed the strict new vaccination policy into law last month, it did not end the efforts of antivaccination parents and activists to block or repeal that law.

The law ended virtually all previous exemptions except for the medical ones. It did away with personal and religious provisions that allowed parents to send their unimmunized children to public schools in California.

There are now two separate efforts afoot to either block the



(Courtesy Flickr user dm-set via Creative Com

law in court, or to force the measure onto the ballot in the form of a referendum to repeal the law.

If the parents who were with their children at Allied Gardens Rec Center and park are any indication, neither of those alternatives will find much support among the general public.

Jim and Lisa Fritz, along with their son Sean, who has all his immunizations, are all in favor of the new law.

"It's for the greater good, and I'm fine with it" Jim said. "There are places people can send their kids to school if they don't want them vaccinated," he said, referring to the private school or homeschooling alternatives available to people.

Lisa and Sean agreed.

"I don't want to get sick because someone didn't get vaccinated," Sean said

Stacy Irie was very happy to see that bill signed into law. She doesn't think either challenge to the law has much chance of succeeding.

"I support the new law, and I don't know anyone who doesn't," Irie said.

One of the possible routes of challenge is to go to court and claim that children who have not been vaccinated will be deprived of their right to a public education if they are not allowed to attend

See VACCINES page 12-

With megabond flailing, city leaders look to regional fix

Andrew Keatts

Voice of San Diego

S ave us, SANDAG. You're our only hope.

San Diego's got a long list of stuff that needs to be repaired, and nowhere near enough money to pay for it all.

City leaders years ago circled November 2016 as a time that might change. Young, liberal and low-income voters would flock to the polls for the presidential election, the thinking went, making it possible that two out of three voters would agree to raise taxes to pay for all the city's needs.

Councilman Todd Gloria promised to start working on it back at the 2012 inauguration. He reiterated the promise during a State of the City address when he was interim mayor two years later.

But as 2016 draws closer, it's clear the city might not have done enough to even put the question to

Instead, the city might have to settle for latching onto a parallel attempt to raise taxes countywide by the San Diego Association of Governments, a regional planning agency whose board is made up of leaders from around the county.

"From my perspective, the city is probably unlikely to be able to put forward a real viable measure by 2016," Gloria said at a June 26



A pipeline project on Del Cerro Boulevard is one of the few public infrastructure projects underway in the area. (Photo by Jeremy Ogul)

SANDAG meeting discussing the bond measure, days after a Council committee told city staff to keep working on getting a proposal ready

spokesperson Councilwoman Lorie Zapf, who is on both the Council's infrastructure committee and SANDAG's board, echoed Gloria's remarks.

"SANDAG is just better organized," Zapf staffer Alex Bell said. "They've been working on the bond measure longer than we have. They're further down the line."

The SANDAG meeting included

a presentation from local pollster John Nienstedt, who researched whether increasing sales taxes across the county to pay for public needs even stands a chance.

It does. It's close, but a tax increase could cross the 66 percent threshold it needs, Nienstedt found.

So you're telling me there's a

Unlike the city, SANDAG has no choice but to ask voters to increase

When county voters in 2004 extended TransNet, a half-cent sales tax that pays for transportation projects, they also voted to require that SANDAG come back to them with a way to pay for open space preservation.

SANDAG later added shoreline preservation, water quality and public transportation to the list of unfunded needs for which it would eventually ask voters for more revenue.

That was supposed to happen in 2008, but SANDAG—citing polling that said a proposal would probably lose — delayed the vote until 2010. It then delayed the vote until 2012, and again until 2016.

Now, the polling says a tax increase could win.

Nienstedt tested two ballot measures: one that sunsets in 40 years, and one with no end in sight.

"Both versions of the measure are within striking distance of passing, he told the SANDAG board.

Anti-tax sentiment is down and environmental concern is up since SANDAG polled the issue in 2011, Nienstedt said.

Dueling tax proposals

While city leaders are slowly shifting their support to SANDAG's bond proposal because it's further along in the process, having both bonds on the same ballot was never

"The tax rubber band is only so elastic," said SANDAG Executive Director Gary Gallegos last year. "If you bunch them all up, there's a likelihood (voters) say no to everything.

There's noise that state tax extensions will come before voters in 2016, which could further fracture support for local initiatives.

Chula Vista's SANDAG representative, Councilmember Pamela Bensoussan, said her city could have its own infrastructure-related bond on the 2016 ballot. Councilwoman Marti Emerald said she's pushing a bond to fund fire stations, too.

Having voters face tax increases from the state and county, as well as citywide measures in Chula Vista and San Diego, could put them all in competition. The city's independent budget analyst suggested as much in its own report on the city's options to fund needed infrastructure improvements.

The IBA report said the city should decide by September whether it is pursuing its own measure, or leaning on the SANDAG bond instead.

But Colin Parent, policy counsel for transportation advocacy group Circulate San Diego, sent a memo to elected leaders arguing SANDAG's proposal could generate enough money to fix each city's infrastructure problems, and fund regional needs.

"A regional measure is absolutely superior to a citywide measure," Parent said.

He also pointed out that SANDAG's long-term transportation plan is already counting on money from this bond paying for its future projects. Forget about planning more transit projects, or making them happen faster: Without this bond, SANDAG can't even fund the transit projects it's already counting on.

How money from SANDAG's bond would be broken down is still up in the air. The IBA estimated

See **SANDAG** page 19 —



Join our Alvarado Hospital orthopedic specialists Drs. James Bates, Choll Kim and Ramin Raiszadeh for a three-course dinner as they discuss:

- Back and joint pain causes and solutions
- Newest treatments for pain management
- Advanced procedures, including laser, minimally invasive and robotic-assisted
- Why the innovative Advanced Spine & Joint Institute is the only one of its kind in San Diego
- Q&A

Cost is \$12/person and pre-registration (by 8/7) is required. Call (800) 258-2723 or register at AlvaradoHospital.com



ADVANCED SPINE | ALVARADO HOSPITAL & JOINT INSTITUTE | MEDICAL CENTER



AlvaradoHospital.com | (800) ALVARADO

sdcnn.com

LOCAL NEWS

July 17 - Aug. 20, 2015 | Mission Times Courier

▶ Knockaround, from page 1

During the fundraising period, the Striker custom sunglasses sold 943 units.

Knockaround works with ArtReach, a Little Italy-based nonprofit that provides art classes to Title I schools throughout San Diego County that do not have a budget or other resources for art instruction.

Last year, Knockaround donated \$8,000 from the fundraiser to ArtReach, said Judy Berman Silbert, executive director of ArtReach, and this year, because of record sales during the fundraiser, they are poised to get much more.

Knockaround calls their relationship with ArtReach the "Class Acts" project. Each year they go into elementary schools and teach fourth- and fifth-graders about art and design.

"Kids aren't aware of what design is — especially with the current focus on STEAM [science, technology, engineering, art, mathematics]," Berman Silbert said. "We try to get kids to pay attention to things around them and realize that everything was designed, somebody drew it. [Knockaround founder Adam Moyer] told the students that Petco [Park] started as a drawing and then it was a model, and now it is a baseball stadium. We want to get kids to think not just about the sunglasses, but how they were made."

After the presentation, students are given a worksheet with an outline of the Knockaround sunglass frame and told to design their own pair of sunglasses. The winning design gets manufactured into a real line of sunglasses and is then sold as a fundraising event; with proceeds going back to the schools and ArtReach.

"Art is a very significant part of Adam's and Knockaround's background, and the idea of contributing to elementary school art programs so that kids are given the same artistic opportunities that Adam and others were given is extremely important to Knockaround," Martinez said. "Our Class Acts program is something that we intend on doing every year, with the hopes that we can continue to grow its reach and contribution."

* * * * *

Knockaround's story is a classic tale of San Diego innovation.

When East Coast native Adam Moyer first became a regular on the beaches of San Diego nearly a decade and a half ago while studying for his master's degree in fine art at UC San Diego, he realized that he—and his friends—had a dire need for sunglasses all year round.

Moyer found himself going through pair after pair and soon began buying in bulk, which gave him an idea: Why not create his own?

So, while still a grad student at UCSD, Moyer launched Knockaround — the name inspired by a familiar term his father used for "old, reliable clothes that could take a beating." He began producing a line of practicable and affordable, but stylish and sturdy sunglasses





 $(top) \ College \ students \ at \ a \ recent \ Padres \ College \ Night \ pass \ through \ Knockaround's \ photo \ booth; \ Evan \ Bui \ works \ on \ his \ winning \ design. \ (\textit{Courtesy Knockaround})$

out of his personal art studio.

The standard Knockaround model is a Wayfarer-style frame, but then new models, alternative frame styles, an expansion in the variety of color choices, differing lens options and even a line of accessories, soon followed. Today Knockaround offers 10 select models with over 100 styles of sunglasses, and that doesn't include the countless custom and limited-edition models they create.

Ten years after opening, Knockaround operates out of a large warehouse at 2031 Commercial St., just east of Downtown. With a fun, laid-back startup-style culture, they have become so successful they juggle a number of philanthropic projects at any given time.

"Knockaround has always been, from the beginning, a very positive, optimistic, all-inclusive, feel-good brand intended to be a part of your feel-good moments," Martinez said.

In addition to the annual student design contest, the company will be giving away 20,000 pairs of Knockaround's "Fort Knocks" model sunglasses — a \$30 value and renamed "Friarknocks" for the giveaway — to fans walking through the turnstiles at the San Diego Padres game on July 22. This is their fourth year of doing so.

"Friarknocks' is the name that we've casually given the sunglasses that we do for the Padres giveaway each year," Martinez said. "It started out as a hashtag we used for our second-year giveaway, and every year we try to design a new set of 'Friarknocks.' We've come across a lot of fans that have two or more of our giveaways, and it's exciting for them to collect and look forward to the next one."

This year their "Friarknocks" sunglasses will come in the infamous 1984 Padres colors, and each pair will come with a special Padres version of Knockaround's custom Knocchi strap — another \$6 value.

They also upped their game with the Padres this year by offering to be a sponsor at seven College Nights at Petco Park during the team's home season, three of which are still left; July 23, Sept. 3 and Sept. 24. On those nights, Knockaround staff can be found operating a photo booth up on the Budweiser deck and giving out even more sunglasses to students who come through the booth.

For more information about Knockaround Sunglasses, visit knockaround.com. To learn more about Art Reach, visit artreach-sandiego.org.

— Morgan M. Hurley can be reached at morgan@sdcnn.com.■

How Owners Lose Thousands When Selling Their Homes

San Diego – A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of this matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and worse financially disadvantaged when they put their homes on the market.

As this report uncovers, most homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitles "The 9 Step System to Get your Home Sold Fast and For Top Dollar". To order your FREE copy of this report, call toll-free 1-800-270-1494 and enter 1000. You can call anytime, 24 hours a day, 7 days a week.

Get your free special report Now to find out how you can get the most money for your home.

Courtesy of Dan Smith Re/Max BRE 01346593

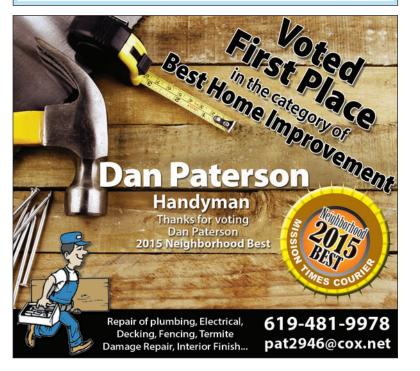


Remodel & Renovation • New Pool & Spa Construction Commercial & Residential • Custom Pool Finishes Pebble, Hydrazzo, Color Quartz, Quartz Scape, Plaster Finish • Decking • Tile • Coping

Call today for a free estimate! **(619) 286-0009**

www.paradisecustompools.com

BBB.



Planning Commission frustrated by city's medical pot shop rules

Doug **Curlee**Editor at Large



The city Planning Commission is the body that must hear appeals of Planning Department decisions about who should be approved to open medical marijuana consumer cooperatives.

But a number of commissioners are now saying the rules need to be changed, perhaps triggering a review of the whole process.

At issue immediately is the fact that the process seems to be a first-come, first-served system that may cause much better applicants to be denied approval simply because others got there first.

There is also considerable dissatisfaction about rules that disqualify applicants based on the geographic location of their proposed cooperative.

City Council District 7 is a prime example.

Four applicants for permits to open medical marijuana cooperatives in the Grantville area have apparently fallen afoul of a provision in the law that forbids such co-ops from operating within a thousand feet of a parks, churches, schools and other minor-oriented facilities.

Grantville Green at 4410 Glacier St., Living Green at 4417 Rainier Ave., SDUG, Inc. next door at 4427 Rainier Ave., and Green Tree Holistic at 5959 Mission Gorge Road are all less than 1,000 feet from the Mission Valley riparian area, which makes them ineli-

gible for a permit to operate, at least at those locations.

The Mission Valley riparian area is an expanse of undeveloped land along the San Diego River in Grantville. Though there is no public access to the area, it is considered dedicated parkland, and therefore off-limits to them. Whether or not the riparian areas will ever actually become a park is debatable at best, but city staff say it qualifies as a park under the city's medical marijuana consumer cooperative ordinance.

Alicia Darrow is a San Franciscobased cooperative owner who's somewhere in the process for approval, but may be stuck there because of the riparian issue.

"We're just trying to keep hacking away at it, and see where we can go," Darrow says. "It's really frustrating, because we run first-class operations here in San Francisco and Oakland. Our Rainier location is almost outside that riparian zone, but those are the rules right now."

Asked if there is a possibility that an individual or a group might go to court to challenge that 1,000-foot limit, Darrow replied, "I wouldn't be surprised if someone is looking at that."

Ron Miller of Grantville Green wants to open a very small dispensary at 4410 Glacier Ave., also near the riparian area.

"We don't really want to open a fullscale dispensary like others do," Miller said. "Our proposed facility is only 634 square feet. We are interested in strictly the medicinal value of the oils that can be extracted and used for the benefit of

people ill with cancer or AIDS-related problems. We're not interested in hundreds of people showing up with pot 'recommendations' so they can party hearty for the weekend. That's not the market we're after at all."

Some planning commissioners want a workshop in the very near future, where changes to the laws regarding the process can be seriously reviewed and changed.

First-come, first served applications are a target of some planning commissioners. One cooperative approved last week in Council District 6 won because it was the first in line in the process.

"I wish this would have been a beauty contest, because the sixth applicant was by far the best," said Commissioner Theresa Quiroz.

All of this could end up creating a logiam in court someday fairly soon, though, if changes in the overall process are approved at this late date.

If there are proposed changes in the process, they would have to be approved by the City Council, and the council may not be at all anxious to reopen that can of worms.

As it stands, the law allows a maximum of 36 cooperatives in the city — four in each of the nine council districts. Nine have been approved, none in our District 7, and the feeling is that the city would be happy to see no more than 11 to 14 citywide.

This won't go away anytime soon.

—Write to Doug Curlee at doug@ sdcnn.com.■

Allied Gardens Rec Center now open longer hours

Thanks to additional funding in the new city budget, the Allied Gardens Recreation Center will be open for an additional 15 hours a week — bringing the total number of hours per week to 60 — beginning Aug. 1.

The new hours will be as follows: Monday, 1 to 9 p.m.; Tuesday, 11 a.m. to 9 p.m; Wednesday, noon to 9 p.m.; Thursday, 11 a.m. to 9 p.m.; Friday, noon to 6 p.m.; Saturday, 9 a.m. to 6 p.m.; and Sunday, 9 a.m. to 3 p.m.

The additional hours will allow more individuals and community groups to use meeting rooms, athletic facilities and other Rec Center facilities. Senior citizen and retiree groups are especially encouraged to arrange to use the meeting rooms.

For more information, contact the center at 619-235-1129 to speak with Director Malo Lutu or another member of the staff.

Allied Gardens Rec Center parking lot closed for repairs

Due to state laws governing storm water control, the city has begun an extensive renovation of the parking lot at Allied Gardens Recreation Center. The closure began July 13 and will continue through Oct. 19. The project, expected to cost approximately \$187,000, involves changing the drainage design, resurfacing the parking lot and adding accessible pathways in accordance with the Americans with Disabilities Act.

There's still time for soccer

Crusaders Soccer Club is still signing up new players, ages 3 to 19, for the fall recreational season. Interested families should register online at sandiegocrusaders.com.

The soccer club is also offering free skills training every Friday in July at 4:30 p.m. at the Pershing Middle School playing fields. This is an opportunity for interested soccer players to learn and develop their skills under the guidance and direction of coaches Rene Miramontes and Victor Melendez. Goalkeeping training is also being offered by coaches from the San Diego Goalkeeping Institute.

Proven Results...Trusted REALTOR...Guaranteed Marketing



SOLD at \$490,000. Spacious 4 Bedroom/3 Bathroom home with Pool!



Coming Soon! Next to the Village! Stunning Craftsman in meticulous condition w/ pool and 2 car garage!



Coming Soon! - 4 Bedroom/3 Bathroom with Mid-Century Charm!



Listed at \$390,000. Money making Duplex on a great street!

RIK WEICHELI





Views from atop Fletcher Hills! Situated on a private Cul de Sac, this spacious 3,200 sf home features extensive upgrades throughout, 4 large bedrooms and relaxing spa Listed at \$839,900-\$899,900.



Congratulations!

To all the All Stars for a great season!

~ Coach Erik







Erik Weichelt Realtor Direct: 619.850.5358 Office: 619.290.3900

Erik@TheWeicheltGroup.com
BRE# 01224268





Gracie, the Rottweiler, sits next to the Madra Dog Little Free Library. (Photo by Jeremy Ogul)

Libraries, from page 1

Madra Dog Little Free Library on Madra Avenue in Del Cerro.

"It encourages people to read, and we're all about that," Mika said. "It's kind of a cool neighborhood thing."

The library is named after Madra Dog, an eccentric statue of a Rottweiler whose wardrobe changes frequently. Mika's brother, Rick Albin, built the library out of an old wine refrigerator. Neighbors young and old stop nearly every day to take a book or leave a book.

"Tve seen a lot of parents with children stop by," Albin said. "If there's children's books in there, they don't last long."

But it's more than just books for kids, Mika said.

"It's a really rich mixture of every genre — fiction, history, cooking, weight loss," she said.

Mika said she lucked out recently when her book club was reading "The Boys in the Boat" by Daniel James Brown.

"I went down and there it was!" she said.

The official Little Free Library website lists six registered libraries in the area: three in Del Cerro and three in San Carlos.

Janet Burgess and her husband, John, set up their Little Free Library on Lake Lucerne Drive last December. It is painted to match the trim on their house and includes a water bowl and treats for dogs. Ever since they set up their library, they have met and interacted with the many neighbors who stop by to check out books.

"We meet all kinds of people," Burgess said. "We love it."

Just around the corner is the Lake House Library, which was established by Suzanne Fisher four months ago on Blue Lake Avenue. It serves as a tribute to Fisher's late father, Ramon Ross, who was a professor in the College of Education at San Diego

State University.
"He loved books and

"He loved books and writing and reading," Fisher said.

When Ross fell ill last year, Fisher introduced him to the Little Free Library concept and asked him to build her one as a birthday present, "partly to distract him from being in the hospital, which he hated," Fisher said.

When Ross was well enough to leave the hospital, he gathered the materials and started building the fixture from repurposed wood. Ross died unexpectedly before he could see the library completed, but Fisher's family helped finish and install the library. It opened in April and has been active ever since.

"It's a bigger success than I hoped it would be," Fisher said. "I love when people stop and tell me how much they love it or leave notes in the logbook — it really does feel like a tribute to my dad."

Fisher's story is surprisingly similar to the story of the original little free library. According to the Little Free Library website, the movement began in Wisconsin in 2009 when Todd Bol built a miniature model of a one-room schoolhouse in honor of his late mother, a former teacher who loved to read. Bol stocked the little schoolhouse with books and mounted it on a post with a sign that read "FREE BOOKS" in his front yard, delighting his neighbors and friends.

Bol soon got together with Rick Brooks, a University of Wisconsin Madison instructor who specializes in community development and social enterprises.

"Tm always looking for manageable projects that connect people on a personal level to where they live," Brooks said in a 2012 interview with OnWisconsin Magazine. "What's better than books?"

Bol and Brooks built 30 Little Free Libraries in 2010 and distributed them to neighbors and friends in their community. From there, the movement spread organically. Inspired by Andrew Carnegie's philanthropic effort to establish more than 2,500 free public libraries around the turn of the 20th century, Bol and Brooks set a goal to establish 2,510 Little

Free Libraries. They reached that goal in August 2012; there are now nearly 30,000 Little Free Libraries all

over the world.

To find a
Little Free
Library near
you, visit littlefreelibrary.
org.

—Write to Jeremy Ogul at jeremy@sdcnn.com.■

LittleFreeLibrary 17



Something to Smile About

Today's dentures are more comfortable, durable, and natural-looking than ever before.





Introducing
Sarah Winter DMD

A second-generation dentist, Dr. Sarah Winter combines warmth and experience with training in the latest techniques in dentistry. We are excited to welcome her to our practice. Call Us For Your Complimentary New Patient Exam

(619) 567-6104

www.hornbrook.com

Also offering **crowns, bridges and veneers** to build you a beautiful smile!



www.TomDinardoPlumbing.com

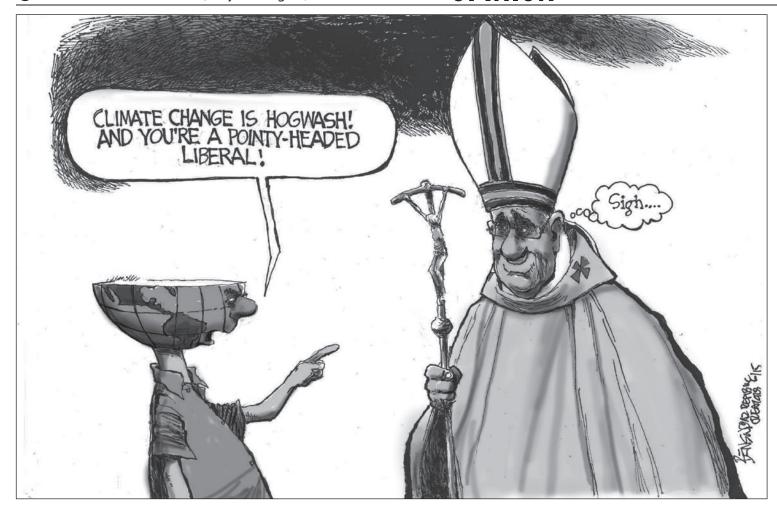
Benefits of choosing Tom DiNardo Plumbing:

- Tom personally performs all work so you know the job will be done right.
- 100% satisfaction guarantee or the service call is free! (\$90.00 value)
- A+ rating with Better Business Bureau









LETTERS

Residents concerned about new residential development in San Carlos

I read your article in the Mission Times Courier this week regarding the possible closure of Magnolia Science Academy and the purchase of the property by the developer Preface to build homes on the property.

You wrote that John Pilch, who I am unfamiliar with, said residents on Lake Arrowhead Drive have no opposition to new homes being built on the property. That is completely untrue.

I live directly behind the school on Lake Arrowhead Drive. We didn't know the school was being sold until after it was sold and received a little postcard in the mail from the developer regarding a meet-and-greet at the Rec Center to discuss our concerns.

My husband went and told them he was unhappy about it and that our daughter has asthma and we are concerned about all of the construction that will take place behind our house. They basically said "oh well."

We have spoken to our other neighbors and they are not happy either.

We would rather see an "undeveloped, unkempt, decomposed granite expanse," as Pilch put it in your article, than a bunch a single-family homes. We like how it looks when we go out into our backyard.

Do you know how ridiculous these homes will look in this neighborhood? The reason we bought this home is because there were no homes behind us. We now are considering moving and when we will be able to do that. Will the value of our home go down? Can we sell our home when all of this construction is going on?

The dust from the construction will really impact us and our backyard. I just pray that my daughter's health isn't made worse.

We are not at all happy about this.

— Kathy Galloway, resident of Lake Arrowhead Drive (via email)

Dear editor,

I grew up in this neighborhood back in the 1960s and '70s, and the school was there already. It's been a part of the neighborhood forever, and I would hate to see it get torn down, either the school itself or the playing field and the school together.

If this company comes in and puts in 50 homes, it's just going to destroy what's left of this neighborhood. I've talked to people

up and down Lake Arrowhead Drive and they're not looking forward to it. I used to be a paperboy in this neighborhood, so I know a lot of people. They feel more strongly about it than you realize.

I'd rather have a vacant playing field to look over than 50 houses with all kinds of stink and smells and dogs barking and all the crud that gets accumulated in people's backyards. I'd rather have a wide-open view.

They didn't give this Magnolia school a chance to round up the funds fast enough. It makes you wonder if money's talking. If they're going to put in all these homes it's going to bring down the quality of the neighborhood.

If they put in 50 more homes it's just going to make this area overcrowded. There's already families here doubling up in houses. You're talking four to six people per house. Lake Arrowhead Drive is already a cut-through for traffic. It's just going to be hellacious.

I live near Charlotte, North Carolina, now, but I've been here a number of weeks now visiting family and friends who still live on this street, and I've been hearing all this talk about water shortages. Every night you see on the news we've got to save water, save water. Every time you turn around they're putting in new homes or businesses.

I'm sure the little school here is not going to use the amount of water that 50 new homes are going to use. They're being hypocrites. They're not saving water because they're allowing more building to be done. If they take this little school and convert it into more housing it's just going to be a bigger water issue.

The city schools should have been paying attention to those things too. Did the city schools just need the money so bad that they were in too big a hurry to pay attention to what they were doing to the neighborhood? Why would you sell a piece of land that's worth way more than \$6 million? The developer is going to get rich and go back to LA and they're not gonna care about the impact on this neighborhood.

-Randy [last name withheld], former resident of Lake Arrowhead Drive (via telephone)

Note: Letters are edited for length and clarity. Please send letters to jeremy@ sdcnn.com.

Repair of city streets begins in **Mission Valley**

Recently in Mission Valley, I had the great pleasure to join Mayor Kevin Faulconer and Councilmember Mark Kersey to kick-off the beginning of an aggressive road repair plan that will fix over 1,000 miles of streets in the next five years.

That is more than one-third of San Diego's entire road network.

This plan is a major step in the right direction from when I first took office. In this fiscal year, which began July 1st, the city will fix more than 300 miles of roads. That is roughly the same distance as driving from San Diego to Arizona

The road repairs continue the promise made to taxpayers to reinvest money back into our neighborhoods.

It is especially exciting that the first mile of street repairs began in District 7. Mission Valley is one of the most heavily traveled communities in San Diego where thousands of residents and tourists come to live, work, and play. It is important to our local economy and to District 7 residents that our roads and infrastructure are maintained at the highest levels.

As most District 7 residents already know, this plan couldn't have started soon enough. After years of budgetary constraints, the funding of San Diego's roads was severely neglected. In fact, in a 2011 survey, 35% of streets were in good condition, 40% were in fair condition, and 25% were in poor condition.

Though we have a lot of work to do on our roads and infrastructure, this new aggressive street repair project is a strong and positive step in the right direction.

If you know of roads in your community that are in need of repair, please email me at ScottSherman@SanDiego. Gov or call 619-236-6677 with the information.

In Service,

Scott Sherman Councilmember, District 7

rimes Courier

123 Camino de la Reina. Suite 202 East San Diego, CA 92108 (619) 519-7775 MissionTimesCourier.com Twitter: @MssnTmesCourier

EDITOR

Jeremy Ogul (619) 961-1969 Jeremy@sdcnn.com

EDITOR AT LARGE

Doug Curlee (619) 961-1963 doug@sdcnn.com

Morgan M. Hurley, x110 Ken Williams x102

CONTRIBUTING EDITORS

WEB & SOCIAL MEDIA Jen Van Tieghem, x118

jen@sdcnn.com

COPY EDITOR

Dustin Lothspeich **CONTRIBUTORS**

Linda Armacost Audrey F. Baker Jaclyn Gaylis Sue Hotz William Kelly Judy McCarty K. Moscar Michael Murphy John Pilch Sari Reis Frank Sabatini Jr. Anthony Wagner

Jay Wilson

SALES & MARKETING

DIRECTOR Mike Rosensteel (619) 961-1958 mike@sdcnn.com

ADVERTISING

CONSULTANTS Lisa Hamel (619) 961-1957 lisahamel@sdcnn.com

Andrew Bagley, x106 Sloan Gomez, x104 Emily McKay Johnson, x105 Robert Jones, x113

CREATIVE DIRECTOR

Todd Kammer (619) 961-1965 graphics2@sdcnn.com

PRODUCTION ARTISTS

Vincent Meehan, x111 Suzanne Dzialo, x111

ACCOUNTING

Priscilla Umel-Martinez (619) 961-1962 accounting@sdcnn.com

WEB DESIGNER Kim Espinoza

kim@kespinoza.com

PUBLISHER

David Mannis (619) 961-1951 david@sdcnn.com

PUBLISHER EMERITUS Jim Madaffei



OPINIONS/LETTERS: Mission Times Courier encourages letters to the editor and guest editorials. Please email submissions to hutton@sdcnn.com and include your phone number and address for verification. We reserve the right to edit letters for brevity and accuracy. Letters and guest editorials do not necessarily reflect the views of the publisher

SUBMISSIONS/NEWS TIPS: Send press releases, tips, photos or story ideas to hutton@sdcnn.com.

For breaking news and investigative story ideas contact the editor by phone or email.

DISTRIBUTION: Mission Times Courier is distributed free the third Friday of every month. COPYRIGHT 2015. All rights reserved.





















Potholes? Water? Chargers?

Republican Women to hear from Councilmembers Sherman and Cate





as busy as we resume our regular luncheon meetings featuring insightful speakers at The Brigantine. District 7 City Councilmember

Scott Sherman will appear with District 6 Councilmember Chris Cate at the Sept. 8 meeting of Navajo Canyon Republican Women. Both are respected for their practical and common sense approach to citywide issues. Scott is a businessman and Chris was active in the Taxpayers Association. Check-in time begins at 10:30 a.m. for the 11 a.m. meeting. A full-course lunch will be served at noon with the speaker following at 12:30 p.m. Cost is \$20 and reservations are required. RSVP (with "luncheon RSVP" in the subject line) to NCRWF99@gmail.com, or call Glenda at 619-284-9958.

NCRWF and other Republican Women groups always enjoy staffing the Republican booth during the San Diego County Fair in Del Mar, registering voters and visiting with those who pass by. This year, 2,000 people voted in the clubs' straw poll of Republican candidates. Sen. Marco Rubio came in first, followed by Dr. Ben Carson, Gov. Scott Walker, Jeb Bush and Donald Trump. Visitors also signed messages of goodwill to our military on 29 chef aprons. These aprons will be given to chefs on all the Navy ships in port, the Marine Corps Recruit Depot and Camp Pendleton. Several hundred signed up to volunteer in next year's campaign season, and we won second place for best decorated booth at the fair! This is why we enjoy the annual experience.

NCRWF will also have a booth at La Mesa's Oktoberfest on Oct. 2-3. In addition to information on all the candidates and voter registration, we'll have another straw poll then, so be sure to stop by and vote.

The Downtown Republican Club will be on hiatus for a time due to flooding (city workers broke a pipe) which impacted Mary Pappas' Athens Restaurant. We'll let you know when we resume that activity.

Club activity is not all that our energetic and committed members do. So far this year, our club members have devoted nearly 4,000 hours to political activity and more than 3,500 hours to community service. Civic activity and service is something in which we strongly believe.

-Judy McCarty is publicity chair of the Navajo Canyon Republican Women Federated. Write to her at ihmccarty@cox.net.■

Assembly Speaker Toni Atkins to headline Dems' meeting

Linda Armacost

a Mesa Foothills Democratic Club will host Toni Atkins, the speaker of the California State Assembly, at its special Aug. 5 meeting. The speaker will cover a wide range of topics, including a legislative update and how San Diegans can and will be affected by the new state budget. A new California law sponsored by Speaker Atkins mandating that residential care facilities carry liability insurance will get special attention.

The Wednesday night meeting will start with social time at 6:30 p.m., and the talking gets underway at 7 p.m. The club includes members from the neighborhoods of Allied Gardens, Del Cerro, San Carlos, La Mesa, Mt. Helix, Santee, the College Area and other nearby East County towns. We meet at the La Mesa Community Center, 4975 Memorial Drive, just north of University Avenue.

Atkins has served in the California State Assembly since 2010 and was elevated to the top leadership post in 2014, when her colleagues unanimously elected her 69th speaker of the Assembly. Speaker Atkins proudly represents the people of coastal San Diego — from Imperial Beach, north to Solana Beach and most of central San Diego. She previously served eight years on the San Diego City Council, and became a stabilizing force during a tumultuous period in 2005, stepping in as acting mayor after the resignation of Mayor Dick Murphy and acting Mayor Michael Zucchet.

Speaker Atkins is a coalition-builder who believes government policies can improve people's lives. She is a leading voice for affordable housing, a powerful advocate for women and champion for veterans and homeless people. Prior to her election as speaker, she held the position of majority leader. She chaired the Assembly Select Committee on Homelessness and served on the committees on Agriculture, Housing and Community Development, Health, Judiciary, Veterans Affairs, Select Committee on Ports, Select Committee on Biotechnology as well as the Joint Legislative Audit Committee.

Her life of public service began in San Diego in the mid-1980s as director of clinic services at Womancare Health Center. She became a staff representative of then-City Councilmember Christine Kehoe, later winning her mentor's council seat after Kehoe's election to the Assembly. Atkins represented the City of San Diego in the local chapter of the League of California Cities; on the board of the Metropolitan Transit System; on the San Diego Association of Governments; the Regional Housing Working Group; and the San Diego River Conservancy.

This meeting will be unique not just because we'll have the first Assembly Speaker ever from San Diego, but we'll also get a civics lesson in politics and policy at work. Not long after the publication of a series of disclosures about elder abuses in residential care facilities (also called assisted living homes). it was revealed that over 85 percent of these homes lacked basic liability insurance despite caring for frail,

dependent seniors. Therefore, in the case of neglect, abuse, injury or death, there was little judicial recourse for residents or their families. Speaker Atkins took up the cause and put forward Assembly Bill 1523. It was passed in a bipartisan vote and signed into law by Gov. Brown. It went into effect on July 1 of this year. Now, all RCFEs (Residential Care Facilities for the Elderly) will be required to carry liability insurance in California.

The driving force behind this legislation was a small advocacy group named CARR, Consumer Advocates for RCFE Reform. The two founders of this award-winning organization are Chris Murphy and Christina Selder. How exactly do two women with investigative and research experience convince the speaker of the Assembly to carry a bill to protect seniors from unscrupulous care providers? Selder will be sharing their story with our members in a followup to Speaker Atkins' address. It's a great story and a lesson in good timing and a just cause.

Christina (Chrisy) Selder holds a master's degree in gerontology from San Diego State University, and a bachelor's degree in economics/international trade and finance from Louisiana State University. She has previously held an RCFE Administrator's Certificate, earned an SDSU grant writing certification and completed components of UCSD's paralegal training to be of further benefit to CARR's mission and work. Her scholarship and credentials are augmented by her hands-on employment experiences inside several RCFEs.

CARR recently won a \$50,000 contract with the San Diego County's Aging & Independence Services unit for a pilot project to create a rating system for assisted living facilities in the county and to develop a consumer-friendly website to display the ratings and facility information. CARR was also the recipient of the First Amendment Coalition's Free Speech and Open Government Award for its work, making CARR the first nonprofit organization to receive this honor.

Despite a little rain, our second annual Party in the Park turned out to be a real success. Over 130 attendees saw a moving tribute to retiring City Councilmember Marti Emerald, heard Todd Gloria and Scott Peters each speak eloquently to a rapt audience, and enjoyed park naturalist Linda Hassakis give an entertaining and educational presentation about Mission Trails Regional Park. Our great thanks to Jay Wilson and the entire staff at the Visitors Center, and to Cheers Deli for supplying some great sub sandwiches. Our silent auction raised over \$700 and we signed up 16 new members. Lastly, we heard enthusiastic pitches from several of our Democratic hopefuls for city office and hope they'll all return for our candidates' forum in September.

Please find photos and more information for all our LMFDC events and meetings at lamesafoothillsdemocraticclub.com and please like us on Facebook.

—Linda Armacost is president of the La Mesa Foothills Democratic Club.
■

"...dependable, reliable, honest and trustworthy ... our problems became Arbor's #1 priority." Marian and David C. (San Carlos/Lake Murray)



Computer Support & Repair

By Telephone

Speed Up Your PC REMOVE VIRUSES

LAKE MURRAY • DEL CERRO • ALLIED GARDENS • LA MESA • EL CAJON • SAN CARLOS

Loaner PCs Available - Same Day Service - PC Shopping Help

619-992-5882

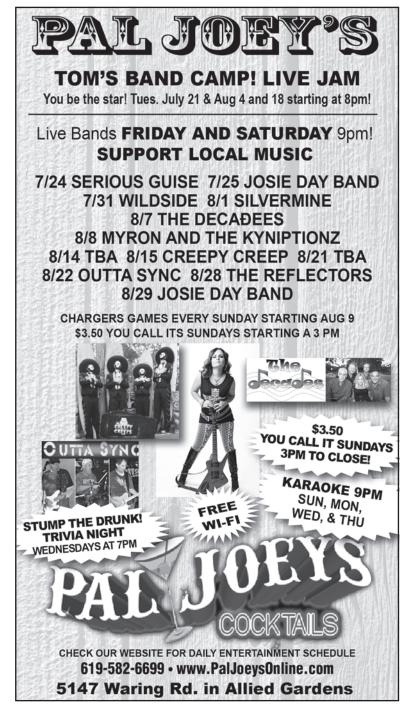
The Neighbors' Choice for Computer Help

Trusted in Homes Over 25 Years Omar Spitani, Senior Tech **Arbor Technical Services**

6977 Navajo Rd. #109, San Diego, CA 92119









Upcoming events at Mission Trails Regional Park

Jay **Wilson**

Pleasant summer breezes are blowing through Mission Trails Regional Park (MTRP), and the Visitor Center is very active with new children's programs, art exhibitions, concerts, discovery tables and guided nature walks. Take a look at the guide below and find something fun to do!

Children's education programs

There will be three more inspiring "Nature Tales and Trails" classes for children ages 5 through 12 with science instructor Cindy Christ. Each two-hour class is from 9:30 to 11:30 a.m. The class begins with an entertaining, educational program in the classroom, followed by a guided nature hike and a fun-filled craft project related to the topic of the class.

The July 28 class is "Nature Detectives." By making observations of nature, we can begin to understand the world around us.

The Aug. 11 class is "Survivors' Adaptations." Children will walk a trail and uncover secrets of adaptation in the natural world.

The Aug. 25 class is "In A Nutshell." The web of life starts with a single seed. Discover the growth of one oak tree and its life-giving ways.

The "Nature Tales and Trails"



Cindy Christ leads her students on a guided nature walk as part of a Nature Tales and Trails class. (Courtesy MTRP Foundation)

summer series is appropriate for all children who want to hang out in a "cool" environment, make new friends and explore the natural beauty of Mission Trails. The cost for each class is \$10 per child. Go to mtrp.org and look under "More News" for more information and registration forms. If you have additional questions, you may email Cindy Christ at cchrist@mtrp.org.

Beginning art classes

Beginning art classes are designed for young artists. All classes are taught by artist and teacher BetteAnn Pierce. They begin at 12:30 p.m. and last for two hours.

July 25: Tigers on faux leather hides in oil pastels. Students will learn how simple, brown grocery bags can be turned into beautiful paper that looks just like leather for making fun paintings with oil pastels.

Aug. 1: Iris in mixed media. Using pencils and two different types of markers for drawing, students will use the concept of "wax resist" in a creative procedure with oil crayons and watercolor paints.

Aug. 29: Fairies and dragons. This fun lesson uses one's imagination, colored pencils, and possible storytelling skills in creating the day's art work.

For more information and registrations forms, go to mtrp.org and look under "More News." You may also contact BetteAnn at betteann@artsmarts.net or call 619-269-7386.

Advanced art classes

Advanced art classes are appropriate for both children and adults. All classes are taught by artist and teacher BetteAnn Pierce from Art Smarts. They begin at 2:45 p.m. and last for two hours. Students will take home a completed art project.

July 25: Rendering in still life. Using charcoal, we will be creating an artwork from a still life set up in the classroom. Students will learn how to make objects appear round or flat, shaded or lit, near of

far, sitting or floating, and how to effectively use the space to draw a viewer into the composition.

Times COURIER

Aug. 1: Landscape painting. Students will learn the basics of using acrylic paint to create landscape paintings. From priming basics, to in-depth rendering, to how to "seal" your painting to preserve it.

Aug. 29: Macro and the micro. In this class, students will create visual art works incorporating what is seen with the naked eye AND a microscopic view using "The Foldscope," an origami microscope.

For more information and registrations forms, go to mtrp.org and look under "More News." You may also contact BetteAnn at betteann@artsmarts.net or call 619-269-7386.

Art exhibition

"Art Telling" is the next art exhibition, on view from July 18 to Aug. 14. The eight artists divided this show into 10 groups around words that have become part of their artistic language. They have each written short notes of reflection on the pieces in the show. They hope you enjoy this show, where language and art converge to inspire.

The next exhibition, from Aug. 15 to Sept. 11, features incredible photography by Dolwain Green.

Concerts

Renowned San Diego-based jazz guitarist Peter Sprague returns to the Visitor Center theater on Sunday, July 19 at 3 p.m. Los Angeles Times critic Leonard Feather described Prague as "one of the emergent great guitarists."

On Aug. 2, outstanding vocalist Lillian Palmer is scheduled to return to the Visitor Center.

The Visitor Center is one of many great features of MTRP. Take a hike, enjoy the Old Mission Dam, spend a weekend camping at the Kumeyaay Lake Campground or look at the universe during a Star Party. The events calendar at mtrp.org is full of exciting things to see and do.

—Jay Wilson is executive director of the Mission Trails Regional Park Foundation. Reach him at jwilson@mtrp.org.■

BE SAUCY BE ORIGINAL BE HONORED







Make Yourself at Home

BELONG

FIND OUT WHAT **SENIOR LIVING** IS MEANT TO BE

Welcome to comfortable, elegant surroundings with a level of service so extraordinary it has a name: WESTclass.

Enjoy our pet-friendly community, exceptional dining and swimming pool.

Relax in our beautiful gardens and enjoy the koi ponds.

CALL US TODAY TO SCHEDULE A TOUR!

619.464.6801



Oakdale of La Mesa

Independent, Assisted Living and Memory Care Community

5740 Lake Murray Boulevard • La Mesa, CA 91942 619.464.6801

www.OakdaleLaMesa.com

WESTliving.net





RECREATION July 17 - Aug. 20, 2015 | Mission Times Courier sdcnn.com

Bask in summer at Mission Trails Park

Audrey F. **Baker** Trail Guide



Summer sun, fun and the great outdoors await you. Tis the season for simple pleasures found only under the ambience of nature. Vacation days bring a relaxed attitude, opportunities to make new discoveries, and adventures to be gained by experiencing life outside of those four walls. At Mission Trails, we celebrate summer and embrace this special time of year with unique and inspiring activities, and we don't forget those summer nights under sapphire skies. We invite you to experience the wealth of nature, and indulge in its wonders.

Our MTRP Trail Guide walks are an opportunity to learn more about natural Southern California, with its unique landscapes, habitats, local history, plant and animal life. The walks are free, interesting, fact-filled, and geared to all ages and interests. Grab sturdy shoes, that comfortable hat, a water bottle and sunscreen, and hit the trail!

Morning walks are offered every Saturday, Sunday and Wednesday, from 9:30 to 11 a.m. You'll start from the park's Visitor and Interpretive Center, 1 Father Junipero Serra Trail, San Carlos. The walk beginning from the Kumeyaay Lake Campground Entry Station, 2 Father Junipero Serra Trail, at the San Carlos-Santee border, gives a different perspective of the park and its diverse habitats. These walks are offered from 8:30 to 10 a.m. on the second and fourth Saturdays of the month and take in historic Old Mission Dam.

Wildlife Tracking reveals the secret lives of animals and brings insight into their survival techniques and habits. Tracking team members assist in identifying and interpreting tracks, scat and habitats. Join us at 8:30 a.m., Saturday, Aug. 1 in front of the Visitor Center for a two-hour tracking adventure.

Discovery Table: Creatures in Camouflage explores the many forms of camouflage animals depend upon to thrive in nature. Our MTRP Trail Guides will



The MTRP Visitor and Interpretive Center (Courtesy Audrey F. Baker)

introduce you to local "masters of Kiowa Drive, La Mesa. disguise." Come test your powers of observation. Drop by the Visitor Center Saturday, Aug. 8 between 10 a.m. and 1 p.m. and try your skill at matching an animal to its track.

Evening Bird Walk is your invitation to enjoy our special nighttime birding event led by MTRP Resident Birders Jeanne Raimond and Millie Basden. We'll look for bird activity under transitioning skies and possibly view night-time species toward the end of the walk. Bring a bird book and binoculars if you have them. Sign up at 619-668-3281; there is a limit of 40 participants. On Saturday, Aug. 8 at 7 p.m., meet at the kiosk in the parking lot at Bushy Hill Drive and 2 Father Junipero Serra Trail, across from the Kumeyaay Campground Entry Station, for a two-hour excursion.

Summer Twilight Walk delves into the nocturnal world of MTRP as dusk sets in and converts into night. You'll learn about the changes that occur under nighttime skies on a Trail Guide-led stroll in nature. Bring a jacket and flashlight. See you Saturday, Aug. 15 from 6:45 to 8:15 p.m. Meet at the kiosk in the parking lot at Bushy Hill Drive and 2 Father Junipero Serra Trail, across from the Kumeyaay Campground Entry Station.

La Mesa Walk and Talk combines scenic lakeshore environs with topics in nature. This month, join your Trail Guides as we chat up the topic "Snakes of San Diego County." Sssssee you there on Tuesday, Aug. 18 from 9 to 10:30 a.m. We start from the boat docks at Lake Murray, 5540

Lic #C10-516913

Star Party shines on under a waxing first quarter moon as MTRP Star Gazer George Varga scopes in the Ring Nebula (M57) in Lyra, the Hercules Cluster (M13), Globular Cluster (M22) and the Lagoon Nebula (M8) in Sagittarius. Clouding or rain will cancel the event. See you Saturday, Aug. 22 from 7:30 to 10 p.m. at the far end of the Kumeyaay Campground Day Use Parking Lot, Mission Trails Regional Park, 2 Father Junipero Serra Trail.

Family Discovery Walk connects your little ones to nature and introduces its wonder, joy and beauty as a family experience. Our interactive outing focuses on childhood enrichment and fun! We depart from inside the Visitor Center at 3 p.m. Sunday, Aug. 23 for 90 minutes in nature.

Birding Basics, the 90-minute class conducted by Mission Trails Bird Guide Winona Sollock, teaches five simple techniques to identify birds at a glance. You'll also pick up tips on bird field guide use. (Bringing one is optional.) Class meets Saturday, Aug. 29 from 1 to 2:30 p.m. inside the Visitor Center.

Meanwhile, come on out and enjoy the park!

—Audrey F. Baker is a trail guide at Mission Trails Regional Park. Visit mtrp.org for more information and our events calendar, or call 619-668-3281. Special walks can be arranged for any club, group, business or school by contacting Ranger Chris Axtmann at 619-668-2746 or at $caxtmann@mtrp.org.\blacksquare$











Complete Electrical Service and Installation

Residential • Commercial



■ Experienced Professionals

Competitive Prices

Bonded & Insured

Swift Response

No job is too small... No problem is too large! To reach us please call:

619-464-6568

Email Address:

info@tomkennedyelectric.com **Web Address:**

www.tomkennedyelectric.com

We can help you through your next electrical project from troubleshooting a power loss, to installation of LED recessed lights to an upgrade of your service panel.







OVER 25 YEARS OF EXPERIENCE

Our goal is to be your

#1 SOLAR INSTALLER And Provide You With

SUPERIOR SERVICE

- The most cost effective solar panel system while using the best solar panels and inverters
- Lower or eliminate your electrical bill
- Audits for energy efficiency
- Add value to your home

Call today for a

estimate! www.tagelectricinc.com



Looking for a great **OPPORTUNITY?**

We are seeking experienced, motivated advertising sales consultants for our six community newspapers.











Call David Mannis today at: 619-961-1951 or email at David@sdcnn.com



Del Cerro group discusses crime, new residential development

Jay Wilson



The next Del Cerro Action Council meeting is Thursday, July 23 at 7 p.m. at Temple Emanu-El, 6299 Capri Drive.

NEIGHBORHOODS

Two important items are impacting Del Cerro: First, the homeless and their encampments in the canyon adjacent to Lake Murray and below the dam; and second, the proposed development of approximately 26 homes on the land below the Chevron station and east of College Avenue.

Fortunately, as soon as the crime situation was brought to the attention of Councilmember Scott Sherman and the San Diego Police Department, immediate action was taken. Liz Saidkhanian, our representative in Sherman's office, working with Adam McElroy, our SDPD community relations officer, and the City's Code Compliance Department, went to work. At least seven homeless encampments have been removed from the canyon, seven arrests have been made and a SDPD police unit has been assigned to work the area. Some of the arrested individuals have admitted to some of the crimes in the area. Police Capt. Bernie Colon and Lt. Michael Swanson stressed that the best eyes and ears of any community are its residents.

"If you see something unusual, let us know," they said. "If it is a non-emergency situation, call 619-531-2000; and if it is an emergency, call 911."

On July 6, Saidkhanian and a couple of residents coordinated a community meeting held at the intersection of Linfield Avenue and Wesley Place. Approximately 85 residents attended along with Capt. Colon, Lt. Swanson, Officer McElroy, nine other officers, Saidkhanian and Barrett Tetlow, Sherman's chief of staff.

Attendees at the meeting discussed the possibility that some of the adverse activity is coming from La Mesa since there are several houses on either side of the city line that are vacant, and one occupied house may be a source



of some negative activity. SDPD and La Mesa police are now working together, so there is definitely a concerted effort to address the problem.

Saidkhanian pointed out that Sherman's staff does not have access to the Navajo Area NextDoor.com message boards because they are not residents. If you have a concern, please call Sherman's office at 619-236-6677.

Officer McElroy will have an update for us on this matter at the DCAC meeting on July 23.

The second item impacting Del Cerro is the proposed development of approximately 26 homes south of the Chevron Station and east of Del Cerro Boulevard. Tony Pauker, vice president of acquisitions for COLRICH, Inc., made an informational presentation that outlined the basics of the proposed project at the July 8 meeting of Navajo Community Planners, Inc.

"We have a long process to go through and will probably be back to NCPI two or three times," he said. "We will be making a presentation to the DCAC on Thursday, July 23, where we will have some updated drawings and additional information."

The proposed homes will be between 1,800 and 2,200 square feet on lots that must be at least 5,000 square feet. The proposed ingress/egress will be from College Avenue, close to the Chevron Station. There will be a deceleration/acceleration lane on the property. The right turn lane from College to eastbound

Del Cerro Boulevard will actually be lengthened.

A concern raised by several residents at the NCPI meeting was over the "No U-turn" sign on College Avenue at Del Cerro Boulevard. Traffic leaving the new development will encounter this "No U-turn" sign when they want to go south; cars exiting the gas station now make that illegal Ŭ-turn.

Pauker said he will have updated traffic engineering information and updated drawings of the project at the DCAC meeting. I have asked him to have his traffic engineer attend as well.

Finally, a message from DCAC chair Mark Rawlins: "It is a busy summer for Del Cerro. Join us on July 23 at 7 p.m. for our quarterly DCAC meeting, and stay informed. If we are proactive, we can express our opinions and concerns when it counts. I look forward to seeing you at the DCAC meeting at 7 p.m. at Temple Emanu-El. Our website is delcerroactioncouncil.org."

-Jay Wilson is secretary of the Del Cerro Action Council. Write to him at jwilson@mtrp.org.■



sdcnn.com



San Carlos Area Council news

John F. Pilch

sdcnn.com

The next meeting of the San Carlos Area Council (SCAC) is scheduled for Wednesday, Sept. 2 at 6 p.m. in the Community Room at the San Carlos Branch Library, 7265 Jackson Dr. We continue our efforts to schedule Mayor Kevin Faulconer as our guest speaker to learn more about his plans for the city now that the 2016 budget has been passed by the City Council. More news will be sent to the SCAC email list when we have additional information. See the bottom of this article on how to sign up for updates. As usual, the event is open to the public and there is no charge to attend.

We had an interesting and educational meeting on July 1. It began with a brief discussion of the Mid-City Pipeline project, which will have an impact in our area on Lake Murray Boulevard, from the Alvarado Water Treatment Plant down to Interstate 8 and then under the freeway and the trolley tracks, continuing up the hill to El Cajon Boulevard. Construction is planned from November 2016 to February 2019. We followed this with another brief discussion of the Grantville Focused Plan Amendment, which will result in the redevelopment of the Grantville Area, from Interstate 8 to Friars Road and then east on Mission Gorge Road. Information and maps about both projects were passed out at the meeting and have been sent to the SCAC Interested Party list.

Rita Glick, managing librarian at the San Carlos Branch, then provided some updates about the library and the programs at our branch. Glick thanked the San Carlos Area Council for our \$500 donation, which was used to purchase \$750 in new books for the branch. The San Diego Public Library Foundation provided matching funds of 50 percent of our donation for use by the San Carlos Friends of Library organization, per their existing program. Rita advised that construction is "nearly complete," with modifications still needed to finish the Americans with Disabilities Act retrofit. The long-awaited book sale on June 27 was well-attended and raised a goodly sum for the friends to



use at the library. The next sale is scheduled for Saturday, Aug. 1. There are many new programs being planned for the coming months, and you can learn more at sancarlosfriendsofthelibrary. org. This includes the Summer Reading Program, "Read to the Rhythm," for children, teens and adults, with a free book to all who complete the program. Finally, we learned about a special meeting about the future of this library, scheduled for Wednesday, July 22 at 6 p.m., when we'll hear about the purchase of the parking lot at the corner and how the mitigation efforts are progressing. Approximately \$150,000 has been raised for the purchase, with more info to be provided about the timeline for the construction of the expanded library. Additional info will be sent to the SCAC List as it is made known to us.

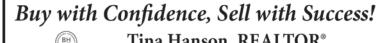
Dan Northcutt, a member of the SCAC Board of Directors and one of the four San Carlos representatives on the board of Navajo Community Planners, Inc. (NCPI), provided an update on the May 13 NCPI meeting. Topics included a discussion of the conditions the planners can request to be included on a Conditional Use Permit (CUP), which is needed for telecom sites and others. John Pilch then added that yet another telecom site was recommended for approval at the 7880 Golfcrest Drive property at the intersection with Mission Gorge

Road. We objected to the new faux pine tree, due to its 34-foot height, which is above the 30-foot limit for the city and the fact that it can't be pruned like the other live trees on the lot. However, we were successful in getting the Verizon telecom proposal for the Masonic Lodge site continued and thank the local residents who attended for their help in getting this result.

Since the SCAC meeting, the NCPI met on Wednesday, July 8 and heard an information item from a developer who proposes to build 26 single-family homes on the property to the right of College Avenue, as you leave I-8 to head toward Del Cerro Boulevard. More information will be available at the Del Cerro Action Council meeting at Temple Emanu-el on Thursday, July 23 at 7 p.m.

Two San Carlos projects were on the NCPI agenda as action items (requiring a vote). The first was the Diego Hills Public Charter School, planned for the vacant Blockbuster Video building at 8776 Lake Murray Blvd., between the Chevron station and McDonald's. The CUP was approved unanimously, with the hope that a traffic impact study will be completed, if deemed necessary. We see this as a big plus for that immediate area, since a security guard will be on

See SAN CARLOS page 18 -



Tina Hanson, REALTOR® BERKSHIRE HATHAWAY (619) 916-6706

TinaHanson@BHHScal.com CalBRE#: 01931584

Ready to look for your new home?

Call me for your FREE Market Report and list of properties TODAY! A member of the franchise system of BHH Affiliates, LLC 9555 Grossmont Summit Dr., La Mesa





ACADEMIC EXCELLENCE SINCE 1960 WHERE CHARACTER MATTERS

Preschool License #372005988 | St. Therese Academy is fully accredited by WASC/WCEA 6046 Camino Rico San Diego, CA 92120 Ph: 619.583.6270 www.sta-sd.org



Personalized Service Since 1981

"One of San Diego's **Finest Woman Owned Collision Centers**"



Maria Carrillo

IT'S NO ACCIDENT THAT YOU FOUND US.

"Wrinkles are cute on your dog... not on your car!"





Mojo

Louis V

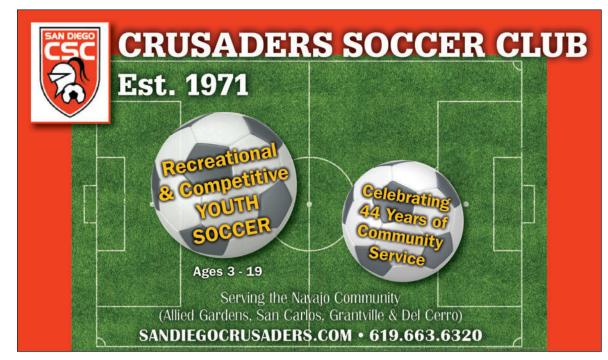
Military welcome. All insurance accepted. Ask about our lifetime warranty.

4680 Old Cliffs Road • San Diego, CA 92120

(619) 287-7200

Check Out Our Website! www.carrillonsons.com

FAMILY. QUALITY. INTEGRITY.



BECOME A JUNIOR ACCOUNTANT

Learn high-demand job skills needed by every business

Get started in a new career with six months of hands-on training



ACCOUNTING ACADEMY

www.theaccountingacademv.com

My Team has sold \$75,670,767 in Real Estate

GO WITH AN AGENT YOU TRUST



PURCHASED BY MY CLIENT FOR \$661,000 - VALUED AT \$880,000

MY LISTINGS INCLUDE:

- FREE High End Marketing
- FREE Professional Photography
- My expert advice & contractor assistance with home repairs
- My highly reviewed 24/7 customer service

My service is second to none: zillow.com/profile/jamespasto

I am your ALL-IN-ONE-STOP for all your Real Estate needs!



JAMES PASTO JR. CELL (619) 840-7577 PASTOJAMES@HOTMAIL.COM www.JamesPasto.com



Advertising in

Let us show you

what we can do

for you!

Contact Lisa Hamel

(619) 961-1957

COURIER

I operate Arbor Technical Services, repairing computers for home users, especially seniors. For many years, I've run display and Business & Services ads in the Mission Times Courier, a paper Times COURIER distributed in (among other places) San

Carlos and its surrounding neighborhoods. Notwithstanding the paper is small and free, my MTC ads have returned – literally – a hundred times their cost, for three reasons:

- MTC reaches my target market
- The publisher is flexible and quick to respond as I change my ads
- · Though the paper is a monthly, recipients hold and use its ads even into the fourth week of the delivery cycle

Arbor Tech employs a broad range of advertising methods and platforms to generate new business, investing in direct mail, yellow pages and other print media, and, without a doubt, the

Mission Times Courier is the most powerful tool I use.

6977 Navajo Road #109 San Diego, CA 92119

619-992-5882 ospitani@gmail.com

Call (619) 961-1958 for more advertising options:













Allied Gardens - Grantville **Community Council**

Anthony Wagner

Our next Allied Gardens Grantville Community Council Town Hall Meeting will be Tuesday, July 28 at 7 p.m. at Ascension Lutheran Church, 5106 Zion Ave.

Our forum will focus on our region's water crisis and what we can do as a community to save water. David F. Akin, Esq., the city's chief water saving guru and director of the Public Utilities Department Customer Advocacy Program, will lead the discussion.

Summer concert series continues

The hits kept coming on July 3 during the second concert in our series of four at Allied Gardens Community Park. The Ballad Mongers band played to a capacity crowd of more than a thousand neighbors and local residents. Don and Melissa Teemsma from Ideal Plumbing, Heating, Air and Electrical handed out more than 500 complimentary hot dogs.

The concert series, AG First Fridays presented by Ideal, will play its next free concert in the park on Friday, Aug. 7 from 6 to 8 p.m. That evening, the Hoodoo Blues will rock the park. Formed in 1999, they've opened for national acts Guitar Shorty



and B.J. Sharp, appeared at the OB Street Fair and San Marcos Spring Festival and have twice been the house band for the KUSI weekend news. Well known for their infectious rhythms and blend of blues, swing, funk and rock, Hoodoo Blues has been featured at nightclubs and special events throughout Southern California.

Our last concert of the summer will be Sept. 4 and will feature the Country Rockin' Rebels.

AG First Fridays is the result of collaboration between the Allied Gardens – Grantville Community Council, our local Kiwanis Club and the publishers of the Mission Times Courier. Our mission is to provide our neighbors and friends of all ages a venue where we can congregate, enjoy local musical talent and celebrate the summer as valued members of our community. Our goal is to make this a neighborhood tradition.

Since permitting restrictions prevent us from having any food or drink for sale, we will encourage families to bring picnics and get to know their neighbors.

We are very fortunate to have the financial support of the Teemsma family — owners of Ideal Plumbing, Heating, Air and Electrical — who have made a generous donation to become the title sponsor for this series. Additional heavy lifting sponsors include San Diego City Councilmember Scott Sherman, Kaiser Permanente, Allied Gardens Shopping Center, Windmill Farms, Superior Ready Mix, Mission Trails Church, A-1 Self Storage and our neighborhood Jersey Mike's Subs. Please support our fine sponsors!

If you would like to sponsor this community event, please call me at the number listed at the end of this article. All sponsorships are 501(c)(3) tax-deductible contributions. For updates and more information on the concert series. find AG First Fridays on Facebook and visit AlliedGardens.org.

—I'm Anthony Wagner, president of Allied Gardens - Grantville Community Council. We represent the community interests of Allied Gardens and Grantville. Check out our new website at AlliedGardens. org. Feel free to call me at 619-253-4989 or write me a note at Anthony John Wagner@gmail.com or tweet @AnthonyWagnerSD.■

Vaccines, from page 1

the public schools.

Michelle Roth, attorney and mother of an infant, doesn't think that one has that great a chance.

"They might get it to a court, but this law is really for the greater public good," she said, noting that was not a legal opinion but just the opinion of a mother whose children will go to school.

The other avenue vaccination opponents will try is to force a referendum in the ballot to repeal that law. That effort is being spearheaded by former assemblymember and gubernatorial candidate Tim Donnelly, who is

now an archeonservative radio talk show host. He has already filed and paid the fee to the California Secretary of State to begin gathering signatures for the effort. Once it's certified for the ballot, there will be a 180-day window within which 365,880 valid signatures will have to be gathered and verified. That will mean that close to a half a million signatures will need to be gathered in order to be sure to overcome all the likely duplicates, illegal and just plain phony names on the petitions. Election officials say that is a very heavy load to carry.

"I'm all for it," said new mom Jerica Alonzo. "I'll make sure my little girl has all the vaccinations she needs. It's really important."

There was one young woman who'd heard what I was asking, and she caught up with me as I was leaving. She refused to give her name, saying she didn't want people to know who she is.

"I'm upset about it, because I think it should be my decision about my children's health," she said. "I don't know what I'd do, but private schools might be more than we can afford."

That's a factor that some parents are going to have to consider very carefully in the future.

—Doug Curlee can be reached at doug@sdcnn.com.■



CELEBRATING 42 YEARS 1972-2014



PRIMO CONCRETE

George Koury - Owner License # - 412312

Call or email today for you **FREE** estimate! (619) 546-4466

georgelkoury@cox.net Visit: primoconcrete.com today!

Concrete - Masonary - Pavers Remodeling - Design





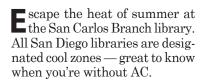
(619) 840-2447

sandiegoproperties.us



San Carlos **Friends** of the Library update





We'd like to send a huge "thank you" to all who patronized our June 27 used book sale. After our three-month hiatus due to construction, we will have many new selections available at our next sale, scheduled for Aug. 1.

The beginning of the 2015-16 fiscal year for the library and all city services was July 1. San Carlos Friends of the Library (SCFOL) has donated \$13,500 to the matching program fund for youth and adults, \$7,500 to the matching book fund and \$2,000 to the matching equipment fund for a total of \$23,000. The city matches 100 percent of our contributions to the program and equipment funds and 50 percent of our contributions to the book fund. The SCFOL donation to these funds comes from revenue from our book sales, memberships and donations, so please buy books and join SCFOL to continue to support the library!

author Award-winning Margaret Dilloway has a new novel hot off the press for your summer reading pleasure: "Sisters of Heart and Snow." Margaret will speak on Friday, July 24, at 2 p.m. in the library's Winer Family Community Room & Art Gallery. Raised in San Carlos, this Patrick Henry High School graduate has returned here to raise her family. Two previous novels by Margaret are "How to Be an American Housewife" and "The Care and Handling of Roses with Thorns." Margaret, the daugh-



San Carlos native Margaret Dilloway will discuss her new book on July 24 at the library. (Courtesy Dilloway)

ter of a Japanese mother and an American father, incorporates into her novels the generational struggles of a multi-cultural family. In her latest novel, two estranged sisters are driven back together when their dementia-afflicted, Japanese mail order bride mother sends her daughters on a quest to find a book she left for them about the legendary 12th-century female samurai Tomoe Gozen. Come hear Margaret speak about her personal samurai connection; ask if her husband has yet to surprise her with a trip to Paris.

Lyna Nath's expressionist oils, watercolors and ink drawings grace the Winer Community Room & Art Gallery through the end of July. From Aug. 4 to Sept. 3, view the gorgeous photography of Cynthia Robertson. Don't miss her artist reception, where you can discuss her photographic techniques, on Aug. 15 from noon to 2 p.m.

"Read to the Rhythm" is the theme for this year's summer reading program. It's not too late to sign up. Register on line at sandiego.gov/public-library/kidsandteens/summerreading/index. shtml to win prizes. Children through age 11 can win prizes for reading 10 books or 10 hours. For ages 12 to 18, read 10 hours, and for adults, read three books.

As part of the summer reading program, SCFOL offers a variety of free family entertainment every Wednesday from 2 to 3 p.m. through Aug. 12. These programs pre-empt the normal school age story time.

On July 22, join in the fun with body percussionist, jaw harp master and rhythm instructor

"Slap Jazz Danny." On July 29, sing, clap and dance to rhythms from around the world with Nikola Clay. On Aug. 5, Celia Lawley, aka "Fiddlegirl," gives a varied instrument, high-energy musical show. On Aug. 12, the Scott Land Marionettes round out the summer with contemporary entertainment using handcrafted, Old World-style marionettes.

For children ages three and up, mark your calendar for free summertime crafts on Thursdays from 4 to 5 p.m., July 23 through Aug. 13.

Story times continue throughout the summer on Tuesdays at 4 p.m., Fridays at 10 p.m. and every second Saturday at 10:30 a.m.

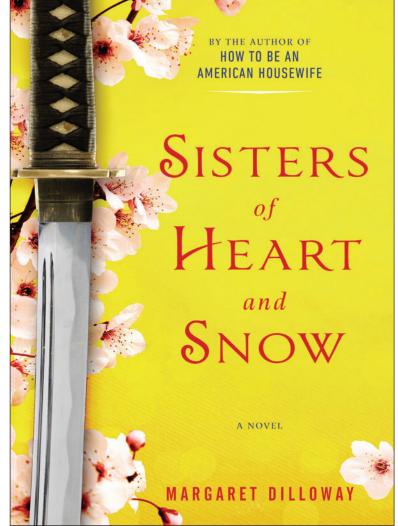
For children ages 7 and up, we'll offer a self-defense class taught by Mario Mayorga on Aug. 20 at 10:30 a.m.

Adults can join us for the librarian's book club meeting on Aug. 13 at 12:30 p.m., where we'll discuss "Storied Life of A.J. Fikry" by Gabrielle Zevin.

We also have an upcoming OASIS program for adults on Aug. 21 from 1 to 3 p.m.; Mark Carlson will discuss "In Defense of the Book."

We offer many "just for fun" activities, including Monday craft circle, exercise, self-defense and informational classes. Details are on the website and library calendar. Go to sancarlosfriendsofthelibrary.com.

—Sue Hotz is publicity chair on the board of the San Carlos Friends of the Library.■







When there's a huge solar energy spill, it's just called a "nice day".

\$0 Down Option with **Hero Financing**



No Sub-contractors



619.292.8062

info@SolarQuestPower.com

www.SolarQuestPower.com



5173 Waring Rd. #118 San Diego, CA 92120 CA Lic. #992252

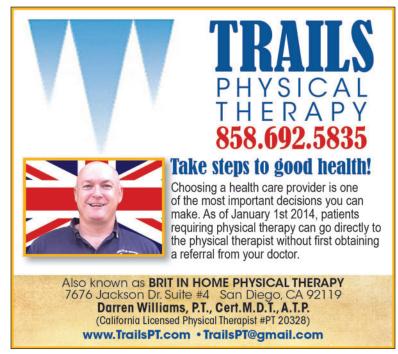




Vacation Packages Worldwide
 Customized Itineraries

Special CelebationsFamily Vacations

619.287.8900 • travelplannersonline.net







(I to r) Jennifer Eve Thorn, Delicia Turner Sonnenberg and Jo Anne Glover (Photo by Ash & Arrow Photography)

Women power

Moxie's world premiere showcases female legends

David **Dixon**

or 10 seasons, Moxie Theatre has produced shows involving strong women in front of the stage and behind the scenes.

The company — founded by Artistic Director Delicia Turner Sonnenberg, Associate Artistic Director Jennifer Eve Thorn and General Manger Jo Anne Glover — has staged classic stories such as "A Raisin in the Sun" as well as work from modern playwrights including Marisa Wegrzyn and Sarah Ruhl.

"Eternally Bad," making its world premiere from July 10 through Aug. 2, will be the latest musical at the intimate space in the Rolando neighborhood. Based on the humorous book "Eternally Bad: Goddesses With Attitude" by Trina Robbins, the theatrical piece, timed to coincide with Comic-Con, focuses on several stories featuring female

characters from ancient mythology. These adventures are influenced by different cultures and incorporate cheeky comedy, which should give the production a 21st-century edge.

Thorn, the producer who is an Uptown San Diego resident, says audiences will be extremely entertained learning about the myths.

"Some of the roles will be familiar to people such as Pele and Eve," she said. "Some of them are lesser known. Their adventures are really wild, which helps make the production very fun."

Although this will be the first

time "Eternally Bad" is fully staged, there was a 2003 danceheavy piece with

the same name directed by Javier Velasco, Artistic Director of the San Diego Ballet Dance Company. Velasco is also the playwright/director of the new adaptation.

"Initially, he first thought that it would be a musical," Thorn said. "He sort of shopped this idea around, and when he didn't get any bites, he decided to pursue it as a dance piece for San Diego Ballet. That was his first incarnation."

Eventually, Velasco received a grant to turn "Eternally Bad" into a musical. Working with Velasco is the well-respected blues and jazz singer/songwriter Candye Kane. The two have collaborated before at the Moxie on her auto-

biographical script, "Toughest Girl Alive."

"I think Kane fans are going to enjoy the evening," she said. "The music has her flavor. The lyrics and the style of the piece are influenced by her. It is exciting that not only does the plot focus on mythological bad girls throughout time, but that the songs were written by a sort of legendary bad girl."

In addition, Thorn acknowledges the contributions from arranger/music director Steve Gunderson, who has provided original music.

"He is known for complicated arrangements. His work with Velasco on 'Everybody's Talkin: The Music of Harry Nilsson' at the San Diego Repertory Theatre was incredible. We are pretty lucky that he is a part of the creative team."

The producer acknowledges that there are both positive qualities and challenges of working on a musical.

"The positive aspect is that musicals tend to sell well, especially in the summer," she said. "While we don't produce a lot of musicals, because we have worked with Kane before, we have been exposed to her diverse fan base. They are a really cool group of people, many of them visiting from Los Angeles. A lot of of fans became fans of the Moxie after watching 'Toughest Girl Alive.'

"Challenges include being creative with our sound system and using prerecorded music. If you are using music that is recorded, having

a smart sound designer who knows how to mike singers can help make things easier. However, I think what is exciting about seeing a musical in our space is that you are so close to the performers. It feels larger than life." Thorn said

life," Thorn said.

"Eternally Bad" concludes the latest season for a theater that has progressed substantially since opening in 2005.

"I think the thing that I am the most proud of is we have grown in size steadily since our inception. We never had to stop or take a hiatus. We have been producing full seasons since day one. Our subscription base last year nearly doubled, which is amazing," Thorn said.

"Sonnenberg will probably agree with me that since we

have found our groove, our fastest growth is going to happen in the next few years. I am proud to be a founder with two people who I still work with everyday. I think the future of Moxie is going to be incredible."

—A fan of film and theater from a very young age, David Dixon has written reviews and features for various print and online publications. You can reach him at daviddixon0202@gmail.com.



by Javier Velasco
based on Trina Robbins book

July 10 to Aug. 2

Moxie Theatre
6663 El Cajon Blvd. Suite N (Rolando)
moxietheatre.com



Daylilies deliver

Tough, low-water plants provide rich garden color over a very long season

Gary Jones

G et that mental picture of the ubiquitous, narrow-petaled golden daylily right out of your mind. Today's daylilies are so much more than that.

To begin with, prepare to be bowled over with ravishing colors such as cranberry red, dark purple, vivid pink, blackish-red, butterscotch, burnt orange, ivory cream and startling combinations of other never-before-seen daylily colors.

Next, check out the new hybrids' thick, wide, waxy petals. These exciting daylilies deliver much more floral firepower than the wimpy ones of yesterday. Some have double flowers, some extravagant ruffles.

You'll also be surprised with the length of bloom season. Some new daylilies are rebloomers and can bloom right through fall.

Consider also that the new hybrid daylilies come in compact sizes from 10- to 18-inch tall cuties such as Happy Returns, Little Grapette, Little Business, Purple de Oro and Mini Pearl to scaled-down 2-footers like Fairy Tale Pink and Chicago Apache.

These are perfect plants for pots, small courtyard or patio gardens.

They are also tidy plants to edge walkways and flowerbeds with.

Finally, imagine a new quality in daylilies — fragrance. Top-scented varieties are Daring Dilemma, a cream-tinted pink with plum edges and centers; Happy Returns, a very floriferous dwarf yellow daylily; Hyperion, with large yellow flowers; and the magnificent, fully double, salmon Siloam Double Classic.

Daylilies are a valuable component to mixed flower borders and shrub borders. The graceful, arching, grass-like clumps are a welcome contrast to the foliage of most annuals, perennials and shrubs. The large, trumpet-shaped flowers rising well above the foliage are an excellent complement to the spikey flowers of sages, lavenders and other summer perennials.





(I to r) Purple de Oro daylily and Happy Returns dwarf daylily (Courtesy Armstrong Garden Centers)

Don't forget that daylilies are a great choice for San Diego gardens because they're tolerant of extreme heat as well as partial shade and can bear some drought when you need them to. Few perennials are as low-care, free of disease and insect problems and all-around tough as daylilies.

Daylilies grow and flower best in full sun, but will take some shade—especially in the hottest areas. They're not fussy about soil type, but will do better in wellamended soil.

The fleshy roots will survive drought, although plants will look better and flower more with weekly watering. Feed them every other month (starting in March) with an organic rose and flower food.

If you have any gardening tips that you would like to share, please don't hesitate to do so. San Diego weather is warming up and the timing is good to prepare your garden for an increase in temperature.

Next time, we will take a closer look at how to help your plants, trees and shrubs beat the Southern California heat.

—Gary Jones is Chief Horticulturist at Armstrong Garden Centers. Email your drought and gardening questions to growing dialogue@armstronggarden.com.■

ESA Certified

Times COURIER



Poll of the Month

Last Month's Question

How will you vote on the stadium issue?

33% I will vote in favor of building a new stadium

45% I won't vote for a new stadium

22% I'm undecided

This Month's Question:

Which planning issue is most important to you?

☐ Arts and culture

Conservation and sustainability

Mobility and transportation

River, parks and recreation

■ Urban design

To cast your vote, visit missiontimescourier.com.



Next door to True Value Hardware and

Los Primos Mexican

8

Tijuana airport provides alternative for San Diego travelers

Elaine J. Masters

N avigating traffic and crowded streets to San Diego International Airport can be as much of a struggle as getting through security and onto the airplane. There is another option—flying from Tijuana. Just steps from the Otay Mesa border crossing, the Tijuana Airport (TIJ) is surprisingly modern and spacious, and flights from Tijuana are often cheaper than flights from San Diego.

A new bi-national bridge is on schedule to open by the end of the year to allow travelers to walk directly from the U.S. side into the airport, and travel services are being built along both sides of the border. Until the new bridge is open, travelers can walk across the border to waiting taxis about five minutes away. While improvements are on-going, the path is simple to navigate even with luggage.

Veteran traveler and San Diego resident Teresa Pooley recently took her first flight out of TIJ. She and her husband parked in the U.S. and took a shuttle to the border.

"It was easy to walk across with only two pieces of luggage, even though there's still construction in the walking area," Pooley said. "Cabs were right there and the ride was only about six minutes. The airport is beautiful, totally modern and very large, almost as nice as Lindbergh."



The terminal at Tijuana Airport is spacious, modern and just down the road. (Photo by Elaine J. Masters)

Her hotel and flight package to Cancun was also much less expensive and more direct than a flight from San Diego would have been. This is true for many Latin American destinations.

Flying to Lima, Peru? One of the cheapest September deals from San Diego right now is a Delta Airlines roundtrip to Lima for about \$1,164, with a layover in Atlanta. From Tijuana, on the other hand, you can get to Lima and back on the same dates for just \$577 on Aeroméxico, with a layover in Mexico City.

How about a trip to Costa Rica? From San Diego, one of the September best deals right now is a roundtrip to San Jose, Costa Rica's capital, on United Airlines for \$521 with a layover in Houston. From Tijuana, the roundtrip to San Jose costs \$343 on Aeromexico with one stop in Mexico City.

(The savings are not as great for flights to destinations outside of Latin America. To most destinations within the United States, for example, you'll pay less flying out of San Diego than Tijuana.)

Getting to TIJ is already speedy

for county residents. State Route 125 leads drivers directly to the Otay Mesa border crossing. Interstates 5 and 805 lead south and east to Route 905, which has a clearly marked border exit. Several companies offer secure parking on the U.S. side with shuttle rides to the border. Some require advance reservations. Buses, taxis and shuttles also take passengers to the Otay crossing.

While identification isn't checked when entering Mexico, U.S. citizens always need a valid passport or SENTRI Card to return home. When traveling through Mexico, south of Baja, travelers will need to purchase a Visitor's Card (FMM), which is not technically a visa, and can do so easily at a kiosk inside the airport terminal. The cost is about \$22 U.S.

By the end of the year, travelers will be able to walk from the United States directly into the TIJ airport terminal. A new second level, mezzanine area, is being built for fliers who purchase tickets for the Cross Border Xpress Bridge.

Spanning 325 feet between countries, it will take only about five minutes to walk across the bridge and over the Federal Highway into the terminal or back into the U.S. Tickets to use the bridge will be \$15 each way and will only be available for airline ticket holders whose flights leave within 24 hours. On the U.S. side of the bridge there will be short- and long-term parking, tourist shops and food. Curb access will be available for taxis, shuttles or those being dropped off at the bridge. The Cross Border Xpress Bridge will be staffed by U.S. and Mexican customs and immigration officers.

Coming into the U.S. from international flights will be easier too. Fliers may pick up their baggage in a secure area and purchase tickets for the bridge. They then gain access to the new second level of the TIJ terminal to walk over to U.S. Customs and Immigration.

There are other reasons to

See AIRPORT page 17 -





SUDOKU & CROSSWORD PUZZLE ANSWERS FROM PAGE 19

	٤	6	L	Þ	I	8	ς	7	9
	7	8	†	3	ς	9	I	L	6
	ς	I	9	L	7	6	3	7	8
	L	7	7	6	8	ς	9	I	ε
	1	ς	6	7	9	ε	L	8	7
	9	ε	8	l	Þ	$\lfloor L \rfloor$	7	6	ς
ı	7	7	ς	8	ξ	Ţ	6	9	L
ı	8	L	ε	9	6	7	†	ς	I
	6	9	Ī	ς	Ĺ	7	8	ε	7

Ξ	٦	S	Ι	٦		0	В	A	3	Н		Х	Я	A
Τ	A	Π	N	n		M	Ι	A	٦	Э		٦	3	B
	3	٨	Ι	Н		3	Ζ	A	В			A	Н	_
Α	Я	A	Э	S	Α	M		A	Ν	Ν	Э	Τ	Ν	Α
		_	Α	M	S				Τ	Я	Н	S	Τ	Τ
3	S	3		Я	Α	3	Х		Я	0	Τ			
Ν	3	Н	S	A		S	Я	3	К	Э	A	Ι	Τ	Α
Τ	Λ	Э	M			Τ	U	٦			0	N	Ν	Т
Ν	_	A	Я	В	S	0	Я			Υ	٦	A	3	S
			Α	Ν	П		а	0	0	Н		Ъ	٦	Α
	Α	а	Ν	Τ	٦				Э	Τ	S			
Х	Я	3	Π	Э	0	Я		а	3	Τ	3	٦	3	а
A	0	٦		В	N	Τ	٦	Г		S	Я	A	Μ	П
Τ	0	Ι		A	Я	Τ	٦	N		3	В	A	S	\cap
S	Τ			S	A	S	3	M		Τ	0	В	A	Э

Canine heatstroke

Do you know what to do?

Sari Reis



dog's inability to regulate A dog s manney to 128
his body temperature when overheated causes heatstroke. With summer upon us, it is an ever-present danger.

Canines do not sweat as humans do. Their sweat glands are in their noses and in their paw pads. Their ability to release heat is basically through panting, which often isn't enough. With fur-covered bodies and their feet in contact with hot pavement, a dog's temperature can rise very rapidly.

Short-snouted dogs such as pugs and boxers as well as elderly dogs, puppies and dogs with other health issues are at higher risk. Since heatstroke can lead to irreversible damage to major organs and even cause death, it is essential that you understand the symptoms and treatment.

A dog's normal body temperature is between 100.5 to 102.5 degrees Fahrenheit. If his temperature rises to over 105, he will start to experience heatstroke. Once it reaches 106 to 108 degrees, organ

celebrate the cross-border improvements and additions. The Cross Border Xpress will be the first of its kind in the western hemisphere

and the second self-sustaining

"Once it opens, the 10-year project will be a boon for travelers as well as business in the region,"

says Stephanie Saathoff, spokes-

person for the funding group, Otay

San Diego's South Bay region

San Diego has been looking

for solutions to its crowded skies.

Cindy Gomper-Graves, CEO

of the South County Economic

Development Council, says that

Tijuana Venture, LLC.

businesses develop, she said.

cross-border bridge in the world. The new customs office required a presidential permit approved by both the U.S. and Mexico.

Airport, from page 16

damage can begin to occur. Since most of us don't walk our dogs with a rectal thermometer handy, it is essential that you be aware of the symptoms:

- Excessive panting
- Excessive thirst
- Hyperventilation
- Increased salivation
- Glazed eyes
- Weakness
- Staggering or confusion
- Vomiting and diarrhea
- Collapse

If the overheating isn't corrected, your dog could possibly stop breathing, have a seizure or even fall into a coma.

If you notice any of these symptoms or a combination of them, you need to act quickly. First, get the dog into shade. Hopefully you will pads of his feet. If possible, use running water from a hose.

air needs to flow around him allowing the applied water to evaporate. Do not enclose him in a kennel and if possible keep him moving. Give him small amounts of cool water to drink but make sure he doesn't drink it too fast. Once he has started cooling and no longer appears distressed, get him to a veterinarian as soon as possible.

PETS/TRAVEL

If you continue to try to cool him for too long, hypothermia could result. Since the effects of heatstroke can continue for up to 72 hours, it is essential the dog be checked out by a veterinarian to ensure there is no internal damage.

Recognizing the signs of heatstroke and knowing how to treat it are imperative; however, prevention is the best solution. Don't walk your dog in the heat of the day; stop frequently in shady spots whenever possible; have plenty of cool water for him to drink on hand and offer it frequently; do not let your dog walk on hot asphalt and NEVER leave your dog in a parked car on a warm day. Keeping these things in mind will make summer walks a pleasure

Humane Education Specialist and the owner of Mission Valley Pet Sitting services. For more information you can contact her at 760-644-0289 orwww.mission-

have a source of cool water on you or near you. Apply the water to the for both of you. dog's inner thighs, stomach and the -Sari Reis is a Certified Do not submerge your dog in a tub of water or use water that is too cold as this could cool him down too fast, causing other problems. Avoid putting a wet towel on him as the valleypetsitting.com.■ INSTITUTO NACIONAL DE MIGRACION Collonnino.

Travel outside of Baja California but within Mexico requires a Visitor's Card, easily acquired at this desk in the airport. (Photo by Elaine J. Masters)

COSTO: \$332.00

is poised to benefit from increased airport services as new restaurants, hotels, car rentals and international

increased air capacity and growth. "[It will] offer easier access and more destinations for flights into the Pacific Rim and Mexico, making travel for companies that have locations in both areas more efficient," she said.

With all the focus on improve-

flying in and out of the San Diego region through the Tijuana Airport is a travel alternative that is poised for success.

Elaine J. Masters, founder of the blog TripWellness.com, is an awardwinning author, travel writer and

the cross-border terminal, the ments at the Otay Mesa crossing, second in the world, will bring long-term San Diego resident. St. Dunstan's Episcopal Church Presents ESA **Proceeds** from the Rummage Sale support outreach programs

at St. Dunstan's, including the Interfaith Shelter Network (homeless shelter), El Nido (domestic violence shelter), The Teen Shelter, Episcopal Refugee Network and many other local, national and international projects.

Present this coupon for

With Minimum \$10 Purchase

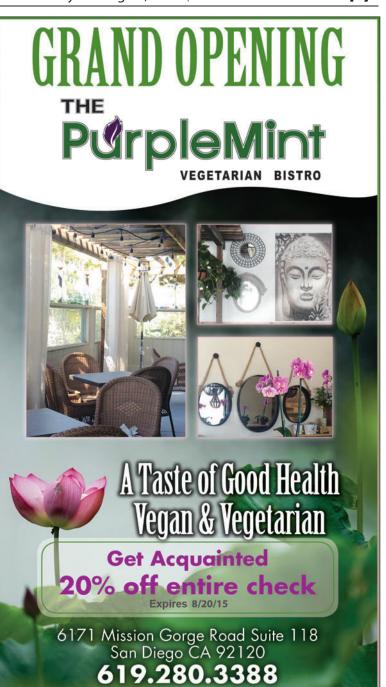
St. Dunstan's Episcopal Church 619.460.6442 www.stdunstans.org

St. Dunstan's Rummage Sale

Friday, August 22 & Saturday, August 23 ONLY

7 AM - 2 PM

6556 Park Ridge Blvd., San Diego, CA 92120 (Across from Patrick Henry High School)





AREA WORSHIP DIRECTORY

St. Andrew's Lutheran 8350 Lake Murray Blvd, La Mesa, CA 91941 Sun: 8am, 9:30am, 11am; Sat: 5pm (619) 464-4211 Andy Taylor

St. Dunstan's Episcopal 6556 Park Ridge Blvd, San Diego, CA 92120 Sun: 8am, 10am; Wed: 10am, Thurs: 7am (619) 460-6442 Father Robert Eaton

San Carlos United Methodist 6554 Cowles Mountain Blvd, San Diego, CA 92119

Sun: 8:30am, 10am (619) 464-4331 Martha T. Wingfield Community Church of San Diego 7811 Mission Gorge Rd, San

Diego, CA 9210 Sun: 9:30am. 1st Sun is Communion at 9:30am (619) 583-8200 John C. Clements

Mission Valley Christian Fellowship 6536 Estrella Ave, San Diego, CA 92120 Sun: 7:45am, 9:30am, 11:15am (619) 683-7729

Tabernacle Church & Kingdom House of Prayer 5310 Prosperity Ln, San Diego, CA 92115 Sun: 6:30pm; Wed: 12pm worship at SDSU (619) 788-3934 Darren Hall

Blessed Sacrament Church 4540 El Cerrito Dr, San Diego, CA 92115 Sun: 8am, 10am, 6pm; Sat: 5pm (619) 582-5722 Bruce Orsborn All Peoples Church 4345 54th St, San Diego, CA 92115 Sun: 9am and 11am (619) 286-3251 Robert Herber

Church of Jesus Christ of Latter Day Saints 6767 51st Street, San Diego, CA 92120 (619) 287-3970

Wesley United Methodist 5380 El Cajon Boulevard, San Diego, CA 92115 Sun: Youth worship 11am; Sat: YAY at 7:30pm (619) 326-7202

Mission Church of the Nazarene 4750 Mission Gorge Pl, San Diego, CA 92120 Sun: 9am and 10:30am (619) 287-3211 Dr. David Runion

Salvation Army Kroc Center Church 6611 University Ave, San Diego, CA 92115 Sundays at 10:30am (619) 287-5762 Bryan Cook

Prince of Peace Lutheran 6801 Easton Court, San Diego, CA 92120 Sundays at 9am (619) 583-1436 Paul L. Willweber

Zion Avenue Baptist 4880 Zion Ave, San Diego, CA 92120

St. Therese Catholic Church 6016 Camino Rico, San Diego, CA 92120 Sun: 7am, 9am, 11am; Mon: 6:20am, 7:30am; Sat: 5pm (619) 286-4605 Fr. Michael M. Pham

Masjid al-Rribat 7173 Saranac St., San Diego (619) 589-6200 Imam Mohamed Gebaly

Temple Emanu-El 6299 Capri Dr., San Diego 92120 Fridays 6:00 p.m., Saturdays 10:30 a.m. (619) 286-2555 Rabbi Devorah Marcus

Holy Spirit Anglican Church 6116 Arosta St., San Diego 92115 Sunday, 9:30 a.m.

(619) 324-9171 Father David Montzingo

Palisades Presbyterian Church 6301 Birchwood St., San Diego 92120 Sunday 9:30 a.m. (619) 582-0852 Rev. Daniel Hagmaier

Ascension Lutheran Church 5106 Zion Ave., San Diego 92120 Sundays 9:15 a.m. (619) 582-2636 Interim Pastor Karin Boye Mission Trails Church 4880 Zion Ave., San Diego 92120 9:00 am

and 10:30 am Pastor Kyle Walters

The Grove Church 4562 Alvarado Cyn. Rd., San Diego 92120 Sundays 9:30 a.m. Pastor John Hoffman Tifereth Israel Synagogue 6660 Cowles Mountain Blvd., San

Diego 92119 (619) 697-1102 Rabbi Leonard Rosenthal Chabad of East County (Jewish) 8691 La Mesa Blvd., La Mesa 91942 jewishec.com (619) 647-7042 Rabbi Rafi Andrusier

Del Cerro Baptist Church 5512 Pennsylvania Lane, La Mesa, 91942 Sunday Traditional Service 8:30 a.m. Contemporary Service 11:00 a.m.(619) 460-2210 Web Site www.dcbc.org Pastor Dr. Mark S. Milwee

Fletcher Hills Presbyterian Church 455 Church Way, El Cajon 92020 8:30 a.m. 10:00 a.m. Rev. Dr. Kevin Womack

Young Israel of San Diego 7289 Navajo Road, San Diego, CA 92119 619-589-1447 Rabbi Chaim Hollander

San Carlos, from page 11

duty during operating hours of 7 a.m. to 6 p.m. for the transitional school for teens and is hoped to deter loitering at McDonald's and the area around it.

The other project was the renewal of a CUP for an existing T-Mobile telecom site at St. Dunstan's church on Park Ridge Boulevard at Wandermere Drive. No changes will occur to the antennas that are currently housed in radomes at the top of three existing light poles in the parking lot. We would have preferred to have the NCPI Board review the conditions on the existing permit and make modifications, if and as needed, but that didn't occur.

NCPI now meets on the second Wednesday of the month at 6:30 PM at Tifereth Israel Synagogue on Tommy Drive and Cowles Mountain Boulevard. Please note the new date and time of their meetings. Find agendas and more info at navajoplanners.org.

On local issues, the proposed Joint-Use Agreement for artificial turf at Gage Elementary School was continued by the City Park and Recreation Board to its meeting on July 16 at 2 p.m. at City Hall. Further, the sewer replacement project on Jackson Drive, from Lake Shore to Lake Murray Boulevard, has begun with minimum intrusion into traffic lanes. The work started earlier than anticipated and should be finished in July or August. And no, we don't know why there is a pause in the work, but anticipate that it will continue shortly, since the roadway has been marked for additional work. Please be patient and know that the entire roadway will be re-paved following completion of the project, according to Ryley Webb in Councilmember

Scott Sherman's office. Getting back to the July 1 meeting, our guest speaker was our Community Relations Officer Adam McElroy, who was accompanied by Lt. Mike Swanson, the person in charge of the Navajo Area of Eastern Division. We asked Officer McElroy to speak about the increase in crime in the Navajo Area and San Carlos recently. He provided statistics about the increase in property crimes (residential burglaries and vehicle break-ins) in the four Navajo Area communities that included five residential burglaries (three through open windows/ patio doors) and 13 vehicle breakins in May, with 11 of the vehicles unlocked. In June, there were zero residential burglaries and 11 vehicle break-ins, with nine of those vehicles unlocked. In the past six months, there were 47 car prowls and 21 residential burglaries. Fourteen of the vehicles were parked near Cowles Mountain after hikers left to travel up the mountain. Nineteen of the 47 car prowls involved unlocked vehicles. Officer McElroy provided handouts, which included checklists to help residents prevent vehicle and home burglaries. These documents have been sent to the SCAC Interested Party list. On the positive side of his crime news, Officer McElroy noted that violent crimes, including domestic violence, have decreased from 16 in January to seven and then

to four in the past two months. Many thanks to Officer McElroy and Lt. Swanson for taking the time to address SCAC members and residents who had a great deal of questions for the speakers and appeared to be satisfied with the responses.

We are pleased to report that the crops being grown in the San Carlos Community Garden continue to flourish, in spite of the critters that think the greens are being grown for them. The peach crop was plentiful and other fruit trees are maturing and producing crops.

If you're interested in raising your own fruits and vegetables in this garden, please visit sancarloscommunitygarden.com for details. The community garden is located at the corner of Lake Adlon and Boulder Lake Avenue, adjacent to Springall Academy, 6440 Boulder Lake Drive.

The San Carlos Community Garden has come a long way in three years and the volunteers are to be congratulated for their efforts, the results of which can be seen in the garden. By the way, we just learned that open houses are planned for Saturday mornings from 9 to 11 a.m., so stop by to see for yourself.

We look forward to instituting some changes this year, including a resumption of collecting dues, re-instituting the SCAC newsletter electronically and becoming more actively involved in community events and activities. A letter and return envelope has been mailed to all members on the most recent list, with a request for \$7 per household and \$15 for a business, which will be listed in the electronic newsletter and other electronic mailings from the SCAC. We'd like prior members to return and are soliciting new members in this article. The funds will be used to make donations to the library (where we meet), Mission Trails Regional Park (on whose Citizens Advisory Committee we have a vote), the San Diego River Coalition (on whose group we have a voting membership) and other deserving entities. We'll also work to develop a website and enhance the bimonthly meeting experience. We're interested in hearing from residents about ideas to enhance our community. Someone recently suggested that we attempt to have a food truck gathering in San Carlos, and we're looking into that. Please send your thoughts and suggestions to jfpilch@hotmail.com to be considered by our 11-member board.

For information about speakers, meeting reminders and agendas and other local news, please send an email message to jfpilch@hotmail.com and request that your name be added to the SCAC Interested Party email list. Rest assured that your privacy will be respected and neither your name nor vour email address will be shared with anyone. Messages are sent "Bcc" to prevent you from being spammed.

-John F. Pilch is president of the San Carlos Area Council. If you have an issue you wish the council to consider or just have a question about the community, please contact him at 619-462-1408 or by e-mail at jfpilch@ $hotmail.com. \blacksquare$

COMMUNITY CLASSIFIEDS

DOG GROOMING Caring For Our Community's Dogs Since 1985. ALL ABOUT GROOMING 619-583-3644 Large open air pens for comfort & safety. Only the owner grooms your pet. 7525 Mission Gorge Rd at Princess View Dr. See our Photo Gallery at www.chgala.com/AllAboutGrooming

HOUSE CLEANING Please call Elena. Busy schedule? Let me help you with your home. Professional and friendly! Available Saturday and Sundays too! 619-674-1582 12/15

YARD SERVICES Gardening Service: Lawns, Hedges, weeding, trimming WE DO IT ALL! 25 years' experience. Allied Gardens resident since 1983. Weekly/bi-weekly service. Licensed and insured. Free estimates. 619-287-6947 12/15

Keith Everett Construction & Handiman Services. All phases of home remodeling & repair. Specialty in all types of fencing, decks & patio covers. No job too small. Senior discounts. Lic #878703 (619) 255-3499 (5/15)

SOPHIA'S BEAUTY SALON. 35% off regular prices. Come see Elen who has the best prices in town. \$30 Haircut Special includes: haircut, blow dry and deep conditioning. \$55 Senior Special includes: Perm, haircut & set. 6193 Lake Murray Blvd. Suite E, La Mesa, CA 619-928-1442

Professional Flute/Piano Instruction. 32 years experience. Beginner to advanced. Music Education. B.A. Degree. Reasonable rates. Teaching in your home or mine. Rick, 619-286-8012.

WANT TO PLAY GUITAR? Guitar lessons offered privately in your home or in classroom setting. Thursday evenings at Tierrrasanta Recreation Center. All ages. Lesley 858-204-5697

Locksmith - Discount Deadbolts and Rekeying - security door viewers, patio door locks, simulated alarms, magnetic door stops. Cliff Henderson 619-840-3327 - Lic# LCO4353 - Bonded - Never a trip charge! (06/15)

Linda's Puppy Love, licensed, insured pet sitting service offering daily walks, cat care, overnight staysyour home, lots of love. 619-857-3674 www.lindaspuppylove.com or email lindasmithlpl@gmail.com (6/15)

Dan Paterson Handyman. Repair of plumbing, electrical, heating, painting, termite damage,fencing & deck repair, interior finish, millwork, molding, pressure washing, cleaning Raised in Allied Gardens. 20 years in construciton and home repair. Dan 619.481.9978 pat2946@cox.net. I am not a licensed contractor. (11/15)

Roy L. Schwartzand Son Tree Service. ISA Certified Arborists and Tree Worker License #775662 619-282-3562 www.aroyltreesvc.com. ARoyLTreeSVC@Gmail.com. (07/15)

BATHTUBS REFINISHED like new Sinks-Washbasins. Fiberglass and Porcelain. Over 25 years in San Diego. Lic.#560438. 619-464-5141 (08/15)

Roofing, licensed, bonded, second generation Allied Gardens roofer. Over 100 homes in Allied Gardens roofed. Repairs, all types of roofing. Free estimates. Call 619-287-7149

Spring is just around the corner! Let's get your garden ready to bloom. Our company offers complete and detailed gardening services. Local REFERENCES and INSURANCE! Free estimates. Brazilian Gardening Services 619-334-6723

Start your own E-Commerce business from home for under \$1000.00. For information visit www. gold-as-money.com or call 619-309-4789 for a recorded message.

DrumLessonSanDiego.com Learn the art of rhythm & music as a second language. Discover how drums relate to different styles of world music. Take the mystery out of playing the drum set. Call Ron 619-784-6931

Paying cash for old military items from VW2 and Vietnam War. Uniforms, patches, medals, war souvenirs, and factorv aviation models from General Dynamics, Convair. Please call Larry Stone - 619-368-2055

Jill of all Trades - offering efficient home care services with customized rates. Services provided include help

with organizing, food prep, cooking, pet care, cleaning, laundry, errands and transportation to and from appointments. Call Charlotte Booth at (619) 867-1272.

Stronger, Safer Seniors. Personal training for all ages from beginner to advanced. Workout in your home or outdoors. Certified 17 years. FREE consultation. Email strongersaferseniors@ yahoo.com or call Pam at 619-962-7144. www.strongersaferseniors.com (08/15)

Fiesta Fundraiser at Ascension Lutheran, 5106 Zion Ave., May 3, 5 - 7. 100% of donations help build a home for a needy family south of the border. RSVP (619)583-4663.

Huge Rummage Sale at Ascension Lutheran, 5106 Zion Ave., May 2, 7am to noon. Furniture, electronics, kitchenware clothes, books and other treasures. See

Painting by Irwin Home Improvement 30 years best local prices with California State license 762615. All paints and applications are available. On time courteous group.please call John

The San Diego County Football Officials Association (SDCFOA) is once again recruiting referees. Have you ever had a desire to 'get back into the game,' come and join the third team, as a referee. Enjoy the 'best seat' in the house while getting paid. We have a place for you and it is simple to join, go to sdcfoa.org for details or contact Tom Ables at 619-997-7684.

Piano & Voice Lessons: Students 6 & Up. Never too old to express yourself. Local teacher of 25 years, with reasonable rates. Piano Degree U. of M. Will travel. Call Randy 858.775.7865

Support Group - Grief, Loss and Life Adaptations. Every Wednesday - 4:30-5:30. St. Dunstan's Church, 6556 Park Ridge Blvd. 92120. 619-564-8222 - 619-460-6442

For Sale

GE Built-In Electric Wall Oven, Self-Cleaning, Touch Pad, 2 Years New, 24" Wide, Asking \$500 or Best Offer. - Under Cabinet Range Hood Stainless Steel 30" Wide, Asking \$20 619-284-8238

Next Publication Date: August 21 Ad Space Reservation: August 14

Article Deadline: August 14 Classified Deadline: August 14

Classifieds - Submit ads to Lisa at lisahamel@sdcnn.com Mail Payments To: 123 Camino de la Reina, Suite 202 East, San Diego, CA 92108

PAID CLASSIFIEDS - \$10/word for private party \$20/word for business ads

Ads cost \$10 for 25 words or less plus 50¢ per word over 25, payable in advance of publication only. Editor reserves the right to reject or re-classify any ads. Paid ads may run for any consecutive number of issues, provided that proper payment for the ads is received in advance.

NO PHONE CALLS WILL BE ACCEPTED FOR RENEWAL OF ADS. THE LAST DATE PRE-PAID ADS WILL RUN IS PRINTED AFTER EACH AD.

When counting words—a word is a word, regardless of the number of letters. A telephone number is a word. An address such as "10000

San Diego Mission Road" is 5 words. We do not mail "proofs of publication" for classifieds. No personals are accepted.

SANDAG, from page 2

it could bring around \$42 million a year to the city; Circulate San Diego's memo suggested it could be as much as \$108 million annually.

Fending off opposition

Nienstedt's poll also showed that support for the bond fell below the passage threshold after respondents heard a series of arguments against the plan.

One conclusion from that is that SANDAG needs to carefully select what goes into the plan to make it less susceptible to attacks.

It also means SANDAG needs to reach out to potential opponents and address concerns to make sure they don't organize against it.

Lani Lutar used to run the San Diego County Taxpayers Association, where, based on her own assessment to SANDAG's board, she "spent a tiny portion of her life opposing bad tax measures." But speaking now for the Endangered Habitats League —an environmental preservation group — she said SANDAG's proposal is better equipped to get a broad base of support than one from the city of San Diego.

"I think unfortunately the city would have to admit, if you were to throw hundreds of millions or a billion dollars at them, they would be struggling a bit to spend that money," she said.

Mayor Kevin Faulconer has held a similar position. He reiterated this week that the city is not capable of efficiently spending the type of money that would be gen-

erated from a large infrastructure bond, and that he remains focused on fixing those problems, not supporting a citywide measure.

Aimee Faucett, COO of the San Diego Regional Chamber of Commerce — which helped fund opposition to an attempt to raise the city's minimum wage — signaled that her organization is open to supporting new revenue to pay for public infrastructure.

The Chamber and the San Diego-Imperial Counties Labor Council shared the cost of their own poll looking at the potential of a citywide infrastructure bond.

"Based on the data, from the SANDAG poll as well as the poll we did with Labor Council, it's clear that infrastructure is a very high priority amongst voters," Faucett said in a statement. "Whether through a city measure or a regional one, we're all trying to figure out the best way to address long-term infrastructure needs."

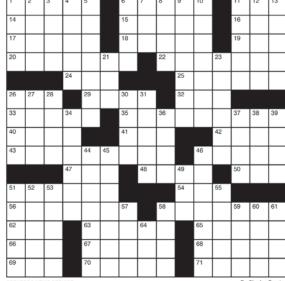
But opposition could still materialize.

Former Councilman Carl DeMaio, now a conservative radio host, pledged he would fight any city effort that included a tax increase.

His spokesman, Tommy Knepper, didn't respond to a request to clarify whether that held for SANDAG's countywide tax increase as well.

-- I'm Andrew Keatts, a reporter for Voice of San Diego. Please contact me if you'd like at andrew. keatts@voiceofsandiego.org or *619-325-0529.***■**

CROSSWORD From the Neck Up



54 Wee: Scot

body . . ." 63 Daydream

58 Eyelash darkener

65 Kind of general

67 It's often staked

69 Noah's craft

71 Hosiery cotton

DOWN

1 Flan

68 Catholic's cousin

70 "It takes a ____ livin' in a house . . . ": Guest

_ body meet a

56 Aerial

ACROSS

- 1 Explorer Sebastian
- 6 Plateaux 11 Begins
- 14 Practice 15 Extreme
- 16 Infant
- 17 1977 sci-fi flick 18 Paserine bird 19 Mauna
- 20 Removed a letter 22 Mischief
- 24___ transit gloria
- mundi 25 Darnell and Ronstadt 26 Matterhorn, for one
- 29 Nourishment
- 32 Geneticist's field 33 Serta rival
- 35 Corded silk fabric 40 ___ time: quickly 41 Ah, fors'Ë ___: Verdi
- aria 42 Twice DLIII
- 43 Siege participants
- 46 Wan
- **47** Crag
- 48 Century unit
- 50 Language suffix 51 Start of the Hebrew

5 Depone 6 Hot-dog additive

2 "___ forgive those who . . . "

3 Pagan god 4 Fairy-tale heavies

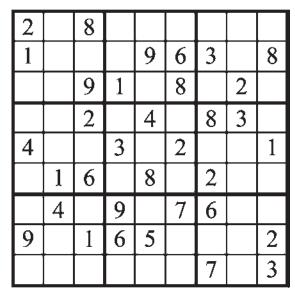
- 7 Wright wing? 8 Ado
- 9 Belonging to
- Schwarzenegger 10 In a state of decline
- 11 Took by surprise
- -Loo-Ra-Loo-Ral

23 Deprives of weapon

- 13 Remains 21 Novelist Umberto
- 26 Atlas expanse 27 Pre-Easter period
- 28 Gasp
- 30 Act the lecher 31 Advise and Conse
- author
- 34 Detest
- 36 Seine feeder 37 Pine
- 38 Composer Charles
- 39 Supreme Court fig 44 Pudding ingredier
- 45 Kriss 46 Big babies, perhap
- 49 Simile center
- 51 Siberian forest 52 Deduce
- 53 Track down
- 55 Grape seeds, in S
- 57 Perfect report-card foursome
- 58 Reminder
- 59 Hertz competitor
- 60 Actual 61 Phoenician godde
- 64 Kind of code

SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle



© 2014 Janric Enterprises Dist. by creators.com

INTERN WITH SDCNN

San Diego Community News Network seeks interns in the editorial and sales departments.

Editorial: Email resume and writing samples to ken@sdcnn.com.

Sales: Email resume to mike@sdcnn.com.



Sal Countier Times COURIER BUSINESS

Business & Services - Contact Lisa Hamel Email at lisahamel@sdcnn.com or call 619-961-1957

COMPUTER SERVICES



Repair-Setup-Speed **Up Your Computer**

PC Help for Families, Seniors. Home Offices. Trusted in Homes for over 25 years. BBB CA Lic #81527 (11/13) (619) 992-5882

PLUMBING

Bell Plumbing & Drain Service

Water Heaters, Toilets, Sinks. Garbage Disposals. Faucets, Pressure Regulators, Laundry Sinks, Licensed, Bonded, Insured Lic# 411756 Ask For Discounts - Senior & Military (06-12)

Cell # 619-206-6048 Office# 619-562-4780 Ask For Dave

DESIGN

I am a qualified professional who can solve problems such as: paint colors furniture arrangement accessorizing My charge is \$60/hour. Call me to see if you like

(619) 865-2834

BLUE LINE POOL & SPA SERVICE

DENTAL IMPLANTS

Ronald S.

Lessem, DDS

Dentistry - Implantology,

Cosmetic, Oral Surgery,

Endodontics, Sedation

Dentistry Evening, Sat. &

emergencies, TLC

7557 El Cajon Blvd. Suite A

La Mesa, CA 91942

(619) 255-7480



SPECIALIZING IN SPAS

Repairs on all Makes & Models Chemical-Free Spa Service Custom Spa Covers Drain and Cleaning **Acid Washes**

Family Owned and Operated for over 22+ years Member of BBB San Diego County: A+ Rating

(619) 466-1999 www.Bluelinespas.com

FOR RENT

Coral Tree Plaza in the heart of Hillcrest. Walk to Whole Foods, restaurants and Balboa Park. 2 bd/2bath, 1500 SF., 6th floor condo. SW facing, sunny and bright open floor plan with balcony. Updated kitchen and appliances. Rec room, fitness room, pool, tennis and 2 parking space and storage. Asking only \$2.875/month. Call Lisa (323) 931-0461.

Decorating Help?

what I can offer

Adrienne Interiors

GARAGE DOORS

UP & DOWN GARAGE DOORS √

We specialize in broken springs, garage door & opener repairs, As well as installation of new garage doors & operators.

A trusted & honest company. Based in La Mesa

(619)464-0116 www.upanddowngaragedoors.com Lic: 904512

ACCREDITED

LAWYER

The law offices of KANE HANDEL

AUTOMOBILE ACCIDENTS & INJURIES

- · Auto & Motorcycle Accidents · Whiplash Cases
- Bicycle Accidents Pedestrian Accidents · Child Injuries & Other Accidents

No recovery = No fee Home or hospital visits Atendidos cordialmente en Espanol No cobramos si no ganamos

FREE CONSULTATION! (858) 756-5195

COMPUTER SERVICES



Call Us Anytime! TIM FRONCZEK

619.713.7422 TheComputerAdmin.com Follow us on Facebook at:
Facebook.com/TheComputerAdmin

A Revitalized Bath & Kitchen Kitchen & Bath Specialists



POOL SERVICE JOHN LOCOCO REFLECTION POOLS A POOL COMPANY DEDICATED TO CUSTOMER

SERVICE (619) 300-4516 reflection_pools@yahoo.com

CARPET CLEANING



619-520-3886 Specializing in: Carpet & Upholstery • Tile & Grout Air Ducts & Dryer Vents • Carpet Repairs

> Over 20 years experience Truecrpt@gmail.com

REPAIR & TERMITE



Specialist **Termite & Fungus Damage Decks & Patios Termite Treatments** Fumigation Service Plans We can treat it, fix it, repair it

All Work Guaranteed Fully Insured

or build it brand new

1-855-966-3349 best-rate-repair.com

HANDYMAN



Handyman/Carpentry Repair of plumbing, Electrical, Decking, Fencing, Termite Damage Repair, Interior Finish...

No job too small!

Raised in Allied Gardens. 20 Years in Home Repair **Dan Paterson** (619) 481-9978 pat2946@cox.net

am not a licensed contractor

PLUMBING



Water Heaters/Tankless • Drain Stoppage Toilets • Faucets • Garbage Disposals Camera Inspections of Drains Water Softeners & Filtration **Heating & Air Conditioning** Indoor Air Quality **Electrical Repairs & Upgrades** Kitchen & Bath Remodeling

619.583.7963

idealsvc.com Lic#348810 Serving San Diego Since 1960!

WINDOW CLEANING

Green Earth Window Cleaning and Pressure Washing

Interior and exterior window cleaning, door and window screen repair & replacement. pressure washing, rain gutter cleaning. Residential & commercial service. (11-12) (619) 808-4663 Lic #009237

www.greenearth windowservices.com

(619) 808-4663

WINDOW CLEANING



A GLASS ACT WINDOW CLEANING

Cleaning any/all windows - Apts, Stores, Offices, Residential specialist. Inside /outside windows, Tracks, Screens, Ledges

Senior and Military (veteran) discounts Free estimates.

More affordable than you think. Call for a free estimate (619) 384-7615



Patrick Henry High School News

Incoming freshmen invited to summer transition program

The PHHS counselors know that starting high school can be both an exciting and nervous time for students. That's why the counselors have organized a two-day program called Propelling to Patriot Power on Aug. 20-21 from 8:30 to 11:30 a.m. at Lewis Middle School.

This two-day experience is designed to give students the opportunity to get familiar with the high school experience, make new friends, meet their counselors and teachers and prepare for the first semester of high school.

By attending the two-day program, incoming ninth-graders will be assigned a success team made up of continuing students, teachers and staff to help guide them through the first semester. Students will be introduced to resources that are designed to support them as unique individual learners and will gain a head start on the semester.

On the first day of the Propelling to Patriot Power, Aug. 20, there will be a special workshop for all family members from 8:30 to 10 a.m. so everyone can learn about the transition into high school.

On the second day a special session will be held for any student who had academic challenges in middle school; these students will learn about additional support and strategies that will continue throughout the 2015-2016 school year.

New students to Patrick Henry will also meet again for Patriot Camp, sponsored by the PHHS Link Crew, on Aug. 28 at 9 a.m.



Students from the PHHS Environmental Club accepted the energy-saving award on behalf of the school. (Courtesy PHHS)

PHHS is an energy-saving champion

PHHS earned second place in the San Diego Unified School District's energy conservation competition, decreasing our overall usage between April 22 and May 12. The Environmental Club accepted the \$625 check on behalf of the school.

JROTC places third in the district

On Saturday, May 16, hundreds of Junior ROTC cadets, parents, district administrators and members from various San Diego veteran groups participated in the 69th annual JROTC awards ceremony and change of command at the Kearny High School auditorium. This ceremony is designed to recognize the individual, team and unit achievements in the areas of academic excellence, physical fitness and precision drill competitions.

Throughout the school year, JROTC students participate in numerous competitive events that award placement points. The overall unit recognition awards and final standings were determined by assessing the most cumulative points attained by each unit during the year-long brigade competitions. Patrick Henry High School came in third this year, surpassed only by Scripps Ranch and Morse high schools, who took first and second, respectively.

Save the date for important upcoming events

New student enrollment is Tuesday, Aug. 25 from 8 a.m. to 2 p.m. or Tuesday, Sept. 1 from 1 to 2:30 p.m. (New student enrollment dates and times are subject to beginning with the letters M through Z is Thursday, change.) Stop by the attendance counter at the PHHS Aug. 27 from 8 to 11 a.m.

office for a new student enrollment packet.

Freshmen orientation, for students with last names beginning with the letters A through L, is Wednesday, Aug. 26 from 8 to 11 a.m.

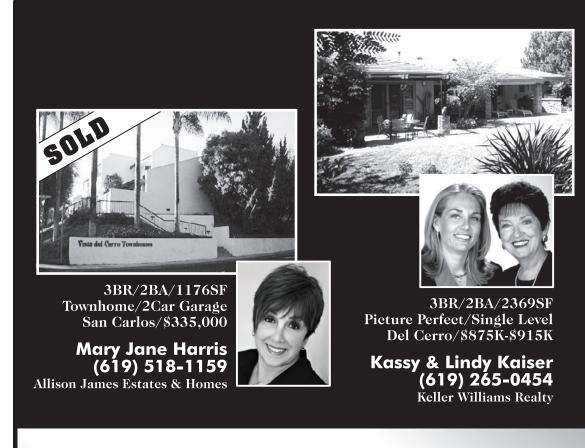
Freshman orientation for students with last names

Conservation posters now up around Look for Mara Fiorentini's

winning conservation poster all around the PHHS community. The Grantville-Allied Gardens Kiwanis Club recognizes all 24 of the students that entered and awarded the top prize of \$100 to Fiorentini. Second place went to Alexis Handler and third to Kalos Chu. Honorable mentions went to Joey Tran, Chante' Butler and Brianna Pinto.



Mara Fiorentini (Courtesy PHHS)



T READY

If you're planning to buy or sell a home or property, we would like to help you put your plan in motion. Here are some properties that are currently on the market, but they'll be going fast. Give one of us a call! It's your move....





PHHS book award winners (Courtesy PHHS)

Students win college book awards

Book awards are presented by various college alumni groups and given to high schools to select the best fit candidate from their top junior students based on each college's special criteria. They are designed to stimulate interest among our top junior students toward very these selective colleges. They are very prestigious selections and do not require an early acceptance or enrollment in the college making the award. They often come with a merit scholarship promise should the student decide to attend the college.

This year's book awards went to: Will Mason (Yale Book Award), Hannah Reidy (Wellesley Book Award), Jabril King-Mahdi (University of Rochester Bausch & Lomb Award), Nicholas Armenta (University of Rochester George Eastman Award), Diwash Shrestha (University of Rochester Frederick Douglas Award), Ian Rodney (Rennselear Medalist), Leann Hua (Rachel Carson Book Award), Emily Helmke (Pepperdine YCS Award), Brandon Kennedy (Williams College Award).



GROSSMONT COLLEGE

Grossmont College News



Summer Conservatory students and teachers (Courtesy Grossmont College)

Summer theater program returns for second year at Grossmont College

Anne Krueger

S ome are sewing gowns for the ball. A few are up on catwalks setting up the lighting that will illuminate the stage. Others keep busy building the sets, tools in hand and ladders at the ready.

Welcome to the Grossmont College Theatre Department's 2015 Summer Conservatory, an eight-week course where high school students work side by side with their college counterparts doing everything from stagecraft to acting in a unique program that culminates with "Cinderella - A New Pop Musical" from July 23 through 31.

All of the students — high school and college, actors and stagehands - earn college credit for the course that began June 8.

"None of the high schools here have a summer program where students can go to work on their craft, whether it be on the stage or behind the stage," said Beth Duggan, Grossmont College Theatre Arts Department chair. Duggan organized and is directing the production, which is self-funded through contributions to the Foundation for Grossmont & Cuyamaca Colleges. "This is a great opportunity for both high school and college students."

Students agree.

"This is giving me an opportunity to learn from college students as well as professors who work in the industry," said Aimee-Marie Holland, a Grossmont College student serving as stage manager for Cinderella. "This is one of the better community college theatre programs I've come across. Everyone here encourages you and supports you, no matter what area you want to explore. They're training us to be able to get jobs from set design to costuming to acting."

That's what attracted Mika Fogacci, a home-schooled high school senior who is working in the costume shop.

"I've never had any experience working backstage," said Fogacci, who has performed in numerous roles with various theatre groups.

Cinderella -**A New Pop Musical**

7:30 p.m. performances July 23-25 and 29-31. 12:30 p.m. performances July 24, 30 and 31 2 p.m. performance July 25 General admission tickets are \$15. Tickets for seniors and members of the military are \$12.

group rates are available by calling 619-644-7234. More info: grossmont.edu/ theatrebrochure

Student tickets are \$10. Special

"It's a whole different side for me. It's fascinating.'

The second annual Summer Conservatory (last year's inaugural edition culminated with a weeklong showing of The Three Musketeers) is but one of several endeavors in which Grossmont College's Theatre Arts Department is reaching out to local schools. For example, "Inside the Actor's Process," a program that aims to teach teens the finer points of stage performance, just wrapped up its ninth year by visiting 15 high school campuses, including Granite Hills and Helix high schools in the East County, San Ysidro and Eastlake high schools in the South County, Point Loma High School to the west and The Preuss School at UC San Diego to the north.

And earlier this year, high school theater students from across the county converged at Grossmont College for the annual DramaFest, a daylong series of acting workshops co-sponsored by the San Diego Educational Theatre Association.

More than 1,000 high school students have taken part in DramaFest since it began more than a decade ago.

"We're building a relationship not only with the high schools, but with the community," Duggan said. "We're keeping the arts alive at a time when funding for the arts at public schools is being threatened."

—Anne Krueger writes on behalf of the Grossmont-Cuyamaca Community College District. Reach her by email at anne.krueger@ gcccd.edu.■

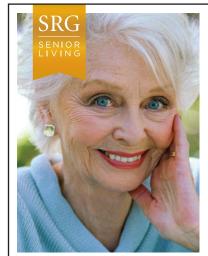


GADS

GrantvilleAlliedGardensDelCerroSanCarlos

ALL ARE WELCOME

A Business Community Networking Group Next Meeting August 19th Call Lisa for details 619-961-1957



Experience matters. Let us show you why.

By any measure, 27 years of experience in senior living is a lot. And through the years, we've helped many people find a lifestyle perfectly suited to them. Come see how good it feels to have experience on your side. Please call now to schedule your complimentary lunch and tour.

Independent & Assisted Living · Memory Care LAVIDA REAL

11588 Via Rancho San Diego • Rancho San Diego, CA • 619.592.8067 • SRGseniorliving.com

♠ RCFE# 374603565





Jazz

Fridays: "Jazz at the Cosmo" at The Cosmopolitan Restaurant and Hotel. Free. 6:30 p.m. 2660 Calhoun St., Old Town. OldTownCosmopolitan.com.

Charlie Arbelaez Trio at The Rook. Free. 9 p.m. 7745 University Ave., La Mesa. TheRookBar.com.

Jazz Happy Hour at the Handlery Hotel's 950 Lounge. Free. 5:30 p.m. 950 Hotel Circle North, Mission Valley.

Saturdays: Jazz with George and Alan at Bistro Sixty. Free. 6:30 - 9:30 p.m. 5987 El Cajon Blvd., College Area. BistroSixtySD.com.

Douglas Kvandal with the LiveJazz! Quartet at the Amigo Spot at Kings Inn. Free. 7 p.m. 1333 Hotel Circle South, Mission Valley. KingsInnSanDiego.com.

July 19: Peter Sprague at Mission Trails Regional Park Visitor Center Auditorium. Free. 3 – 4 p.m. 1 Father Junipero Serra Trail, San Carlos. MTRP.org.

Aug. 2: Lillian Palmer at Mission Trails Regional Park Visitor Center Auditorium. Free. 3 – 4 p.m. 1 Father Junipero Serra Trail, San Carlos. MTRP.org.

Pop

Tuesdays: Suzanne Shea and Bob Wade at Bistro Sixty. Free. 6:30 – 8:30 p.m. 5987 El Cajon Blvd., College Area. BistroSixtySD.com.

Fridays: Nathan Welden at Bistro Sixty. Free. 6:30 p.m. 5987 El Cajon Blvd., College Area. BistroSixtySD.com.

Aug. 9: Siren's Crush at Civita Temporary Park. Free. 5:30-7 p.m. Corner of Civita Boulevard and Via Alta. CivitaLife.com.

Classical

July 19: "A Walk in the Park" by the San Diego Symphony Orchestra at Spreckels Organ Pavilion. Free. 5:30 p.m. 1549 El Prado, Balboa Park. SanDiegoSymphony.org.

Aug. 7 & 8: "A Rodgers and Hammerstein Celebration" at Embarcadero Marina Park South. \$25+7:30 p.m. 200 Marina Park Way, Downtown. SanDiegoSymphony.org.

Alternative/Rock

July 23: Tim Flannery performing Gram Parsons songs at Vision Center for Spiritual Living. \$20. 7 p.m. 6154 Mission Gorge Road, Suite 100, Grantville. FolkeyMonkey.com.

Aug. 1: Silvermine at Pal Joey's. Free. 9 p.m. 5147 Waring Road, Allied Gardens. PalJoeysOnline.com.

Aug. 1: Monsters of Rock at Navajo Live Bar. Free. 9 p.m. 8515 Navajo Road, San Carlos. NavajoLive.com.

Other

July 25: Full Strength Funk Band at Tio Leo's Lounge. Price TBD. 9 p.m. 5302 Napa St., Linda Vista/Morena. TioLeos.com.

Aug. 7: Allied Gardens First Friday featuring Hoodoo Blues at Allied Gardens Recreation Center. Free. 6 – 8 p.m. 5155 Greenbrier Ave., Allied Gardens. Facebook.com/ AGFirstFridays.

Aug. 13: Berkley Hart at Vision Center for Spiritual Living. \$15. 7 p.m. 6154 Mission Gorge Road, Suite 100, Grantville. FolkeyMonkey.com.

—Compiled by Jen Van Tieghem. Bands, venues and music-lovers, please submit listings for this calendar by emailing Jen@sdcnn.com.

FEATURED EVENTS

Festival of the Bells Saturday, July 18 and Sunday, July 19

This annual event celebrates the anniversary of Mission Basilica San Diego de Alcala (10818 San Diego Mission Road, Mission Valley) — this year is its 246th anniversary! The festivities will include food, live entertainment and traditional activities like the Blessing of the Bells (Saturday at noon) and Blessing of the Animals (Sunday at 3 p.m.). Saturday's events will be from 10 a.m. - 9:30 p.m. and Sunday's will be from 11 a.m. -5 p.m. The celebration is free to attend. Visit MissionSanDiego. org for a full schedule of events.

American Cancer Society Relay for Life of Mission Valley

Saturday, July 25 - Sunday, July 26

Hundreds of participants are expected at this year's Relay for Life of Mission Valley. The event will start at noon on Saturday; Special laps and ceremonies will be held throughout the day including a celebratory cancer survivors lap (12:30 p.m.), a caregivers lap, a luminaria ceremony (9 p.m.) and a closing ceremony. These events will all take place at Civita's temporary park on the corner of Civita Boulevard and Via Alta. The race does not require a registration fee or have a minimum fundraising requirement. Teams of 2 - 25 people can participate and

there will be an overnight campout with live entertainment and more. At press time Relay for Life of Mission Valley had raised over \$10,900 for the American Cancer Society. Visit RelayForLife.org/ MissionValleyCA to register.

58th annual Coinarama San Diego Coin Show Saturday, July 25 and Sunday, July 26

This weekend-long event will be held at the Scottish Rite Masonic Center (1895 Camino Del Rio South, Mission Valley) from 10 a.m. - 6 p.m. on Saturday and 10 a.m. - 5 p.m. on Sunday. Attendees can bring coins to sell and peruse items from Coinarama dealers. There will be a "Coins 4 Kids" table for young collectors to search through donated items and learn more about the coincollecting hobby. Admission if \$5 per person; free for kids under 16 and all active duty military members (with I.D.). For more information visit Coinarama.org.

Women's social organization meets

Tuesday, Aug. 4

The local chapter of Beta Sigma Phi encourages women of all ages to attend its meeting to learn what the organization is all about. Beta Sigma Phi is an international organization of women who do philanthropic work and service projects in their local communities. Members also enjoy fun social events and make lifetime friendships. A social hour begins at 6 p.m. in the social hall of St. Dunstan's Episcopal Church

at 6556 Park Ridge Blvd., with the formal meeting to follow. For more information, contact Beta Sigma Phi's Tierra Del Sol Area Council President, Dorothy Nelson, at dnelson18@cox.net.

Info session for family caregivers

Tuesday, Aug. 18

If you're providing care for a loved one, this event will give you information on health and community resources, placement options, support groups and more. Meet at 3 p.m. in Room 15 at Sharp Grossmont Hospital's Brier Patch Campus, 9000 Wakarusa St., La Mesa. Register online at sharp.com or call 800-827-4277.

Emergency Resource Fair Saturday, Aug. 22

This free informational event will encourage residents of San Diego and East County to fully prepare for emergencies and natural disasters such as fires and earthquakes. Information will be provided by representatives of the following agencies and organizations: Federal Emergency Management Agency (FEMA), American Red Cross of San Diego/ Imperial Counties, Heartland Fire and Rescue, U.S. Forest Service, the Office of Emergency Services, the Burn Institute, Emergency Animal Rescue, San Diego Gas & Electric (SDG&E), American Medical Response and 2-1-1 San Diego. The event is organized by the office of state Sen. Joel Anderson.

—Email calendar items to jeremy@sdcnn.com.■

BUYING or SELLING

Serving all of San Diego



Joan Hay **Broker - Associate CRS - SRES** (619) 994-2816 CALBRE 00599034



Del Cerro

Warm, Inviting, Highly Upgraded 3 Bedrooms (1 Bedroom currently office) 2.5 Baths -Approx. 2381 Sq.ft. - Pool. Views to Ocean, Downtown, Mt. Soledad.

Asking \$799,000 - \$839,000

We Accept Most Insurance!



Century 21 AWARD • 5640 Baltimore Dr. • La Mesa, CA 91942



Convenient La Mesa Location! 7557 El Cajon Blvd. Suite A • La Mesa, 91942

Barbecue from across the U.S.A.

Frank Sabatini Jr.



ike a divided Congress, there are two sides of the aisle when it comes to barbecue: one makes its case by blowing a lot of smoke and the other pontificates with scorching flames. Rarely does either party find common ground.

The debate over what constitutes as "real" barbecue, however, hits a peaceful impasse at Wood Ranch BBQ & Grill, a Hazard Center newcomer where meat smokers and fiery grills operate in fluid concert.

From smoked brisket and beef ribs (ala Texas-style) to saucebrushed "all-American" baby backs sporting stripes from direct heat (like those found through-



the Kansas City delicacy known as "burnt ends," which are doubleroasted, double-smoked cubes of meat from the marbled, top layer of brisket. We sadly missed out on them because they're available only as a special on Wednesdays

and Saturdays. Wood Ranch was established 23 years ago when longtime friends Eric Anders and Ofer Shemtov rescued a failed barbecue joint in Moorpark, California. They've since branched into 16 locations, mostly throughout Southern California. For their San Diego debut, they gutted and remodeled what used to be Randy Jones' All American Sports Grill (and Trophy's before that).

The reconfigured space mixes wood, brick and metal in a hip and comfortable motif that frequent restaurant-goers know well. Conveniently, a separate entrance is designated for takeout, and there are several parking slots reserved for receiving food orders to your vehicle before toting them to tailgate parties.

The kitchen is equipped with more than a dozen Alto-Shaam smokers, which double as convection ovens for slow-roasting brined chickens and other meats before some get finished briefly on wood-fired grills.

Among them is the BBQ half chicken, which yielded moist flesh and crackly, charred skin permeated meekly by semi-sweet barbecue sauce. The kicker came when applying to the bird a few drops of Texas-inspired habaneropeach puree served alongside. Fruity up front for about two seconds, it's the spiciest sauce in the house.

The tri-tip tasted Santa Mariastyle, though doesn't claim to be. It's caramelized over flames and seemingly marinated in a traditional salt mixture containing onion and garlic powders. The difference is that the meat initially receives a long, gentle roasting in the oven opposed to a full run on the grill. But so what; the texture was fork tender as we jabbed into numerous pieces strewn

throughout a superb salad accented with muddled mint and tangy tomato

> dressing. St. Louis ribs are defined by their trimmed cartilage. In addition, their gnarly backside mem-

branes are removed.

Served straight from the smoker in precise, rectangular half slabs, they were dangerously delicious. Each rib oozed with just the right amount of fat while marrying with the ultra-tender meat and the prized sheath of "bark" that forms on top during the smoking process.

The rub was on point — peppery with sweet undertones. It needed no interference from Wood Ranch's proprietary, bottled barbecue sauce, a mediocre recipe with high-fructose corn syrup listed as a leading ingredient.

But the house chipotle-cherry sauce we requested with a plate of tender brisket tasted lusciously homespun, wowing us with its striking balance of chilies and stone fruit. Chalk it up as one of those sauces tailor-made for red meat, whether smoked or broiled.

In a subsequent visit, we loosened our belts for half-pound burgers licked wholly by mesquite flames. They were chubby, juicy and delicious. But we made the mistake of applying mustard and ketchup to them, which was as unnecessary as smearing A-1 Steak Sauce onto filet mignon.

DAN PATERSON Handyman

Repair of plumbing, Electrical, Fencing, Decking, Roofing, Painting, Termite Repair, Finish carpentry

FREE ESTIMATES 20 years in the construction field. Raised in Allied Gardens

619.481.9978 | pat2946@cox.net

I am not a licensed contractor



DINING & DRINK



(clockwise from above) Tri-tip salad; St. Louis ribs and roasted corn; the exterior and half chicken with baked beans. (Photos by Frank Sabatini Jr.)



Carolina pulled pork from hormone-free pigs is also on the menu. So are Nebraska-sourced steaks broiled over non-pungent white oak to maintain flavor integrity. Pescetarians have less to choose from, with only grilled shrimp, rainbow trout and Atlantic salmon comprising the seafood list.

Plates, burgers and sand-

wiches each come with a side dish. Our choices included lightly oiled peanut coleslaw; a full ear of grilled sweet corn; and a withered Idaho baked potato, lacking steam. Compared to the latter, the mashed spuds were notably better, given their naughty lacings of butter and sour cream.

At less than two months in, the wait staff appeared to oper-

Wood Ranch BBQ & Grill 7510 Hazard Center Drive. Suite 215 (Mission Valley) 619-764-4411

Prices: Appetizers and salads, \$4.95 to \$14.95; burgers and sandwiches, \$11.95 to \$13.95; entrees, \$13.95 to \$31.95

ate sharply. Cocktails from the bar and house-made lemonade from the kitchen arrived to the table quickly. Our water glasses were refilled regularly, and there were no hiccups in our food orders.

Based on the welcoming vibe of the place and the breadth of the menu, I'm betting that Wood Ranch is here to stay.

—Frank Sabatini Jr. is the author of "Secret San Diego" (ECW Press), and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. You can reach him at fsabatini@san. rr.com.



WATCH YOUR FAVORITE TEAM HERE!

26 flat screen TVs Two 65" TVs NHL • NBA • NFL • COLLEGE



We deliver our entire menu! (within 5 mile radius) Order online at Oggis.com

Burgers • Wraps Pasta Wings • Pizza • Salads **Sandwiches** and Quesedillas

Football Season Kickoff Party!

14 craft beers

brewed on site!



August 15, 2-8pm Football Trivia Contest & Prizes!

2245 Fenton Pkwy Ste. 101 • Mission Valley • 619.640.1072









5161 Waring Road San Diego, CA 92120 • (619) 583-7963 • idealsvc.com • Lic# 348810

Residential Water Heaters 411

"By failing to prepare, you are preparing to fail." This quotation applies to many things in life, and even in preparing your home. We've all had the experience of taking something for granted... that is until that "something" stops working. For example, your dishwasher, washing machine, or even your television remote or cell phone. We become accustomed to relying on these items in our day-to-day lives, and are taken by surprise when something goes awry. Water heaters are no different and also fall in this category - we're shocked when our water no longer turns hot, or when we walk out to our garage and find our water heater leaking. Below we'll walk you through some water heater essentials, and we hope you'll take a proactive approach in preparing your home.

Protect Your Home against Water Damage:

The Water Heater Drain Pan and Temperature and Pressure Relief Drain Line: Install a water heater drain pan with drain to outside to protect the structure. You can also extend temperature and pressure relief drain line outside to help avoid costly damages associated with a water loss, such as wood damage, mold/mildew, and remediation services.

Receive Alerts when your Water Heater Leaks:

Adding a water alarm is another step you can take to help protect your home. The device will alarm when it senses moisture. Water alarms can even tie-in to your security system – and your monitoring service will notify you when a leak occurs.

Reduce Scale Buildup:

Consider adding an anti-scale device, such as the *Flow-Tech Home System*, to reduce scale and increase efficiency. This particular system provides all of the desirable benefits of a water softener without salt, chemicals, water waste or the slimy feel of salt softened water. Installing the Flow-Tech Home Anti-Scale System can help protect appliances, like your water heater, as well as other fixtures in your home. Learn more: http://idealsvc.com/plumbing/water-softener-installation/

Save for the Future:

Newer water heaters (those manufactured after April 16, 2015 or later) have a higher energy factor rating than previous water heaters. These water heaters are more efficient than older styles and save energy, resulting in lower operating costs.

Consider Going "Tankless":

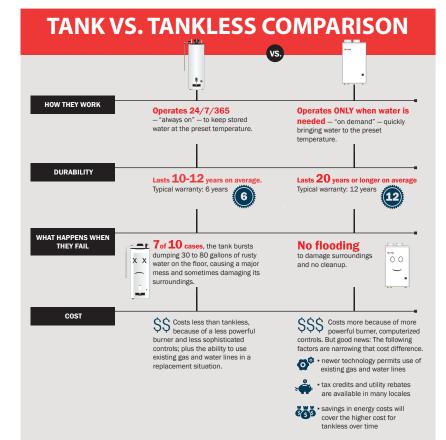
Tankless water heaters are an excellent alternative for saving space, reducing the risk of water damage, and increasing energy savings. Although tankless water heaters require regular annual servicing, this style of water heater may be beneficial to you in the long run (see comparison chart).

Consider This...

□ Does your family frequently run out of hot water, especially during showers? □ Are your monthly gas bills too high? ☐ Is your current water heater more than 10 years old? \square Could you use some extra space in the room your water heater sits? If you answered, "ves," to one or more of these questions, maybe it's time to replace your old tank-type water heater with a new, high-efficiency, tankless model.

Have questions about your current or future water heater? Call your water heater experts at Ideal Plumbing! 619-583-7963









IDEAL IS A PROUD SUPPORTER OF:

San Diego Rotary Club 33

Mission Trails Regional Park Foundation, Inc.

Kiwanis Club of Grantville-Allied Gardens Title Sponsor - Allied Gardens First Fridays - Summer Concerts in the Park



