



KUSI-TV meteorologist Dave Scott takes his off-camera time seriously as a trombonist with his band Monsoon. Scott plays Monday's at Croce's, located at 802 Fifth Ave. PAUL HANSEN Downtown News

Dave Scott, a mild-mannered TV meteorologist, turns musician at a regular downtown gig

By BART MENDOZA | DOWNTOWN NEWS

Best known as meteorologist and feature reporter for KUSI-TV, many music fans also know Dave Scott is also a San Diego jazz institution. A regular at area nightspots since the late seventies, the trombonist and his band Monsoon — featuring pianist Irving Flores, bassist Justin Myles Grinnell, saxophonist Bill Shreeve and drummer Kevin Koch — have their own Monday night residency at Croce's Jazz Bar, now in its eighth year.

Scott arrived in the area at the age of one in 1958, later spending part of his childhood in Hawaii. He came to the trombone by accident. A youthful ukulele player, his signature instrument came about from his seating choice on the first day of band class.

"The band instructor got to me and said, 'What do you want to play?' and I said, 'I don't know,'" Scott recalled. "He

DAVE SCOTT

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said, 'Well, you're sitting in the trombone section, so reach back there and grab a trombone.'

Simple as that, Scott fell in love with the instrument and soon starting a paper route to raise money to buy his own.

He returned to San Diego in time to finish his education at Grossmont High School, quickly becoming part of the local music scene, including nine years alongside Fro Brigham.

He's also been a sideman with some of the area's most notable players since the

SEE SCOTT, Page 4



JAZZ MAN

Q&A: DOWNTOWN PARTNERSHIP

Maloni talks about his experiences

By MANNY LOPEZ | DOWNTOWN NEWS

Scott Maloni has stepped down as chairman of the Downtown San Diego Partnership, a nonprofit advocacy organization promoting the economic growth and revitalization of downtown. His one-year term has ended and Maloni, who also served as the interim president since August, will move on to chair a new political action committee started by the partnership.

In addition to his volunteer work, Maloni is the vice president of project development for Poseidon Resources, a company that develops and finances water infrastructure projects, with an emphasis on desalination. After graduating from Brown University with a degree in public policy, he returned home to Washington, D.C., to work on Capitol Hill for the Republican Party and later Oliver North, before relocating to San Diego in 1997 to work as Mayor Susan Golding's press secretary and spokesman.

Here is what Maloni had to say about his experiences with the partnership:

Why did you get involved with the

Downtown San Diego Partnership?

Maloni: I joined the downtown board in early 2000, largely for networking opportunities and professional development, since I was working for a public relations consulting firm doing government media relations. I was interested in learning more about downtown in terms of development. It was good for my business to be networked into that community. I really came to appreciate the amazing transformation of downtown over the last 20 to 30 years. Specifically the 10 years that I've been here.

The second phase of the convention center, the ballpark village, those were projects that had a significant impact in transforming downtown, not only in terms of what downtown looks like, but



Scott Maloni

SEE MALONI, Page 4

Downtown San Diego Partnership

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Golden Hill residents Rachel Stewart and Matthew O'Donovan won the Ultimate San Diego Wedding contest and were married at the El Cortez Hotel on Jan. 19.

Photo by Carrie McCluskey Photography

Couple wins ultimate wedding

By KAI OLIVER-KURTIN | DOWNTOWN NEWS

A recent contest encouraging soon-to-be brides and grooms to explain why they should win an Ultimate San Diego Wedding has sent one lucky couple to the altar. Golden Hill residents Rachel Stewart and Matthew O'Donovan were chosen by a public vote to receive a gratis wedding with an estimated value of \$60,000.

The couple was married at the historic downtown El Cortez Hotel on Jan. 19 (Stewart's birthday), and benefited from more than 20 wedding industry vendors who donated their time, knowledge, lavish products and services including cater-

ing, wedding cake, photography, videography, wedding attire, invitations, flowers, music, venue and event coordination.

The contest was sponsored by Bridal Insider (bridalinsider.com), a website for planning San Diego weddings and also an informative social network for local brides, grooms and wedding vendors. Bridal Insider also opened a physical location at 305 Laurel St.

"Anyone would be jealous of their incredible wedding," said Rachel Welland, wedding coordinator and owner of Bliss Events.

"I was blown away by the generosity and creativity of all the vendors," said

SEE WEDDING, Page 4

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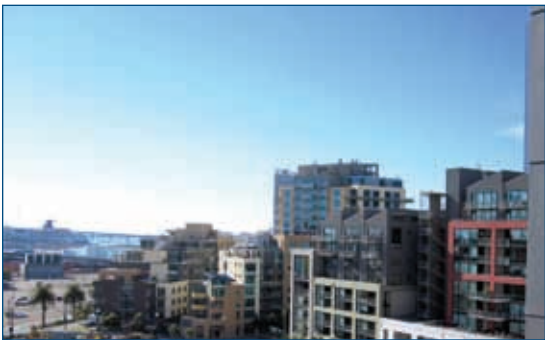
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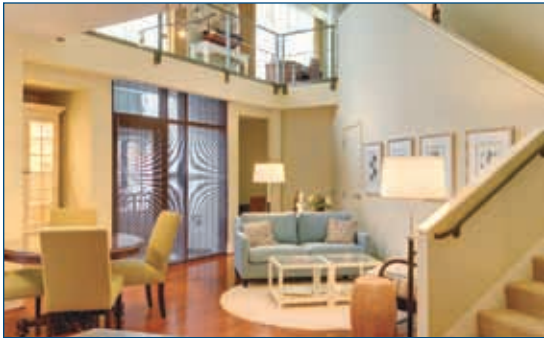
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This artist's rendering shows the area where an urban plaza would be developed.

COURTESY RENDERING

Urban plaza expected to become vibrant central gathering place

By MANNY LOPEZ | DOWNTOWN NEWS

San Diego's iconic Westfield Horton Plaza is poised to undergo its most dramatic transformation since the downtown shopping center opened its doors to great fanfare in 1985.

Under a \$35.1 million owner participation agreement between Horton Plaza shopping center owner Westfield and the redevelopment agency of the city of San Diego, Westfield will demolish the former Robinson-May building and transfer to the city an approximately 37,000-square-foot upgraded land parcel, with an expansion to the historic Horton Plaza Park, located on south Broadway between Broadway Circle and Fourth Avenue.

The San Diego City Council, sitting as the city's redevelopment agency, voted unanimously on Jan. 11 to approve the agreement, which planners say will bring a world class urban plaza that would create a central gathering place similar to Union Square in San Francisco or Pioneer Courthouse Square in Portland, Oregon.

"I think this will be a benefit not only for businesses in the plaza and surrounding area, but a huge and important amenity for our residents who have invested a lot of their hard-earned dollars," said City Council president pro tem Kevin Faulconer of District 2, who has been a strong proponent of the project. "They believe in downtown San Diego and I think we have to keep making improvements to keep this economic engine going."

In return, the city agrees to terminate an existing payment agreement under which Westfield shares a percentage of the annual gross revenues from the retail center stores and parking facilities. Westfield will prepay in full the estimated value of the revenue stream that was scheduled to terminate in August of 2036, which an official said is worth approximately \$1.8 to \$1.9 million per year. The plan calls for the redevelopment efforts to be completed ahead of the Horton Plaza Redevelopment Project Area's expiration in 2013.

Westfield will further operate and maintain the site for a period of 25 years and promises to stage more than 200 community-oriented events annually such as farmers markets, movies, craft fairs, concerts and holiday celebrations. In addition, Westfield will make a \$1 million contribution to the city for operations of the Balboa and Lyceum theaters and a future homeless shelter.

Eli Sanchez, senior project manager for the Centre City Development Corporation, which is under contract to implement San Diego's redevelopment plans at Horton Plaza, said the project will be a catalyst for the area.

"By tripling the size of the park and opening it up to what's happening downtown creates a whole new space for people to come and enjoy themselves on a regular basis," Sanchez said. "I think the significance comes from the fact that there isn't anything going on

there and it is a poorly-used space."

The 130,000-square-foot Robinson's May building has sat mostly empty since the retailer vacated the premises in 1994. Attempts have been made over the years to revitalize the site, which had been home to a Planet Hollywood until 2001, Cinema Theatres and its current tenant, Sam Goodies.

"The advantage is we have an opportunity to do something that is really transformational," said Jerry Engen, senior vice president of corporate development for Westfield. "Downtown has changed itself over the last 25 years and it's time for the center to change with it."

Engen pointed out that San Diego does not have an urban plaza like other great cities do and that the effect they have on the community is priceless. Engen expects that thousands of visitors will be drawn to a new downtown plaza, which will help restore the significance of Horton Plaza Park and ultimately transfer directly into additional shoppers and increased business activity for the retail center and surrounding neighborhoods.

Russ Mitchell, director of sales and marketing for the U.S. Grant Hotel, located directly across the street from the Horton Plaza Park, said that in terms of attracting business, the plan provides a great opportunity because it's an excellent gathering place.

"It will help improve the area's look and feel," Mitchell said. "It will provide an open space that will be very welcoming and inviting."



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SCOTT

CONTINUED FROM Page 1

late seventies, a regular as a sideman with the likes of Daniel Jackson, Glen Fisher and Hollis Gentry. Scott has released several albums, most recently 2005's "In A Fog." However, his most-heard piece of music is the theme music to KUSI's "Good Morning, San Diego."

Though Scott is a lifelong jazz fan, his love of melody has seen him take musical detours, including a stint in a cruise-ship rock band the Hitmen, where his duties included playing the part of Elvis and Buddy Holly.

"I learned guitar enough to play three chords," he said. "I love jazz, but I also like melody. The Beatles are a perfect example. Their music changed over the years, but their

melodies were so strong. There's a reason why people remember songs like that, standards. It's melody."

With more than three decades on local stages, Scott is clear on the best part of being a musician.

"Hand's down, it's being in the moment live," he said. "When you're feeling good and the band is playing good, you have those moments live that you can't duplicate in the recording session. You can't duplicate anywhere. The best things in life are priceless like that. You can't buy them."

Is it hard to balance his on-air time and his life as a musician?

"Yes, it is," he laughed. "I have great support at KUSI because I don't let it affect my job, but there have been moments when I finished the six o'clock news and rushed off to Croce's, rushed off to another gig, done

that for a couple of hours and then come right back for the ten and eleven (o'clock news)."

While Scott has no plans to tour in the near future, he does have new music planned, with two albums already recorded.

"The best thing is that I've (occasionally) blended meteorology and music. I write a lot of songs where I use weather metaphors," he said, citing songs like "On A Rainy Day" and "Samba Del Sol."

"You take in life your strengths and you focus on them," he said.

"The great thing for me now is to write music and have it performed. I write lyrics and music. It's kind of like writing a story for the news," Scott said. "It's the same time frame. You have a couple of minutes to tell a story and that's what I do. Whether it's on the news or through jazz."



KUSI-TV meteorologist Dave Scott takes his off-camera time seriously as a trombonist with his band Monsoon. Scott plays Mondays at Croce's, located at 802 5th Ave.
PAUL HANSEN Downtown News

MALONI

CONTINUED FROM Page 1

in terms of the economic and job value. I fell in love with the idea of redeveloping urban areas. I grew up in Washington, D.C., and in my experience every major city had a big downtown. I was not accustomed to living in a city where downtown was not a sophisticated and modern place. I just stayed involved with the partnership and rose up the ladder.

How do you feel about Gov. Brown's proposed plan to eliminate California's redevelopment agencies?

Maloni: Gov. Brown's budget reform proposal is the single biggest threat to urban areas in California in recent history. It is not only ill-conceived, but it is a Faustian choice, because it's not going to solve the state's budget problems and it's going to rob urban areas throughout California of important tax revenue, job production and economic activity. We are adamantly opposed to his proposal. We've written him a letter and we're working with other organizations to lobby him not to push his redevelopment proposal. The short answer is that it's a bad idea.

What is your proudest accomplishment since working with the Partnership?

Maloni: Probably our work on the homeless issue this past year, which is a very severe issue. What I say every opportunity I get is that it's not a downtown crisis, it's a San Diego crisis. We have an obligation to address it. So, one of the things we did this past year that we've never done before is we partnered with a national organization called Common Ground, and we organized a registry of the most vulnerable people that live on the streets of downtown San Diego. We went out three straight nights between midnight and 3 a.m. and interviewed these folks and asked them serious questions about their histories, health status, issues with drug abuse, military history, etc. We created profiles so that we could determine which were the most vulnerable and would be subject to difficulties if left unattended. And now we're in the process of getting them off of the streets and into permanent housing. Of the people that we came in contact with, six have been permanently housed and 37 are in the process of being placed in permanent housing. And that's a big deal when you look at the number of homeless people that are on the streets downtown. It's a social issue, it's an economic issue and it's something I think we took a leadership role in the past year and I'm really proud of it.

WEDDING

CONTINUED FROM Page 1

Welland. "Everyone went above and beyond to give Matt and Rachel an incredible wedding and really enjoyed the opportunity to showcase their products without any restriction."

More than 200 couples entered the contest for a chance at winning their dream wedding, billed to be a golden winter romance — without having to foot the expenses.

"The entries were narrowed down to about 50 couples who were qualified to enter the contest according to the official rules," said Welland. "Next, a judging panel comprised of nine wedding industry professionals ranked the top contestants. We were unanimous in our decision."

The top three contestants then campaigned for the public's votes through TV and radio appearances during the weeklong voting period.

"Our story was different," said O'Donovan. "We haven't suffered any personal tragedy — we're just regular people with young kids who want a good family structure. We're just two all-American kids trying to do the right thing."

"I don't have an emotion-filled, heartbreaking story — just love," O'Donovan wrote in his contest

entry. As a groom-to-be, O'Donovan stood out among all the entries, which were from brides-to-be.

"This would mean the world to her. What a wonderful birthday gift this would be!" he wrote.

Stewart and O'Donovan, both state of California employees, met three years ago and have been adversely affected by salary reductions, mandatory furloughs and the rising cost of daycare.

"Matt and Rachel had a compelling story that people could relate to," said Welland. "The cost of two kids made them prioritize and put their wedding on the backburner. Since they put their kids before a grand wedding, I think the public wanted to treat them."

The couple had planned to marry at the local courthouse a week prior to their ceremony. "It wouldn't have been nearly as extravagant," said O'Donovan. "We are so grateful for the whole experience ... everyone made us feel like such royalty."

Using money they would have spent on a wedding reception to celebrate with friends and family, the newlyweds were able to enjoy a honeymoon on Maui instead.

"This is definitely a blessing," said O'Donovan. "We feel like somebody's looking after us."

For more information on the Ultimate San Diego Wedding or to read contestant entries, visit ultimatesandiegowedding.com.

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Shuttle plan linking Cabrillo monument and convention center gains speed

By **SEBASTIAN RUIZ** | DOWNTOWN NEWS

A shuttle system linking Cabrillo National Monument to the San Diego Convention Center — a route that would wind up and down port tidelands — is finally taking shape for the Unified Port of San Diego, thanks to a \$625,000 federal transportation grant announced in December.

The idea of the so-called Cabrillo Circulator Shuttle has been battled about for about 10 years, according to Ronald

Powell, port director of corporate communications.

Port officials plan for a five-shuttle fleet that would be capable of moving passengers about 12 miles along North Harbor Drive, stopping at Seaport Village, cruise ship terminals and other destinations, on the way to the San Diego Convention Center.

"We have, for years, needed a downtown shuttle to bring people to the waterfront," Powell said. "This will give us an opportunity to expose tourists [to

the port tidelands] and we look forward to doing that."

Port officials are currently looking for private partnerships to sustain the shuttle after it's initial five-year run. The Port District has up to three years to launch the program and will be working with port tenants to maintain the system to boost exposure for businesses in the future, according to Powell.

About \$125,000 of the grant will go toward signage along the routes, with added signage aboard the shuttles. About

five natural gas, hybrid or biodiesel-fueled shuttles would cost roughly \$100,000 each, according to estimates.

The shuttle should help ease transportation snarls along the destination points up and down Harbor Drive, said Steven Johnson, the San Diego Convention Center Corporation's vice president

of public affairs.

The San Diego Convention Center Corporation projects more than \$20 million in tax revenue will be infused into the local economy over the next year as a result of 120 events that could draw about 800,000 people to the convention center, according to port officials.

Thomas Jefferson School of Law opens new campus

By **JOSHUA LOWE** | DOWNTOWN NEWS

The opening of the new campus of Thomas Jefferson School of Law, 1155 Island Ave. in the East Village, doesn't just mark a physical relocation, but a rededication to the school's core mission of educating the next generation of local law students and being an integral part of their neighborhood.

The school opened in 1969, originally inhabiting part of an old Trailways Bus terminal downtown, then moved to San Diego Avenue near Old Town in 1983.

The plans are to expand from a student body of 850 to a new maximum of 1,025 students eventually, according to Chris Saunders, the school's communications specialist. The new campus also represents a significant investment in new classroom technology and "green" architecture.

"Each classroom is, in effect, a studio," Saunders said. "Students have the ability to link with any other classroom."

Students will be able to do presentations from their seats, download recorded lectures, watch lectures taking place in other classes, and even at other schools.

The East Village has been remaking itself since the construction of Petco Park in 2004, and the law school is seeking to take an active role in this blossoming community. Besides public spaces such as a café and law library, the school also plans to open a public law clinic in the fall to help local small businesses.

"The law clinic will be part self help, counseling part. The focus will be entrepreneurship and helping people take the



The new campus of Thomas Jefferson School of Law, 1155 Island Ave., features a café and law library. COURTESY PHOTO

right steps to set up a business, and protect their intellectual property," Saunders said.

The decision to include a legal clinic was made after a study conducted by marketing students at San Diego State University demonstrated a need for low cost legal help for small business in the East Village, Saunders said.

The new \$90 million campus is now in operation, although there are still some maintenance and miscellaneous items to move.

"27 Tips for short selling your home and avoiding foreclosure"

SAN DIEGO, If you've tried to sell your home yourself, you know that the minute you put the "For Sale by Owner" sign up, the phone will start to ring off the hook. Unfortunately, most calls aren't from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

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The Airport Authority is hosting a kick-off to a series of Steering Committee meetings that will provide a forum for public input during the planning process. The Steering Committee meetings will allow interested members of the public to review technical information and provide input in the development of ALUCP policies. Each meeting will focus on a specific topic so participants can attend meetings of specific interest to them. Meetings are open to all who are interested in participating.

Date: Wednesday, February 23, 2011

Topic: SDIA Operations and Environs

Time: 1:00 p.m. to 5:00 p.m.

Location: Courtyard by Marriott San Diego Airport/Liberty Station
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For more information, please visit www.san.org/alucp.

For questions or comments, please contact
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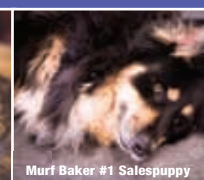
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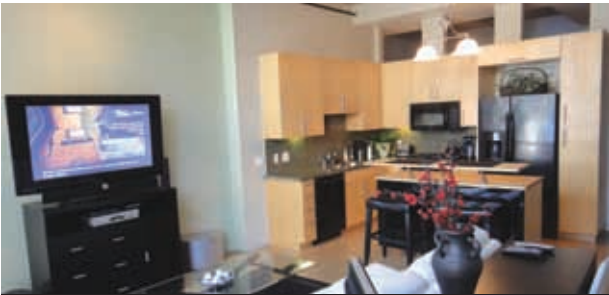
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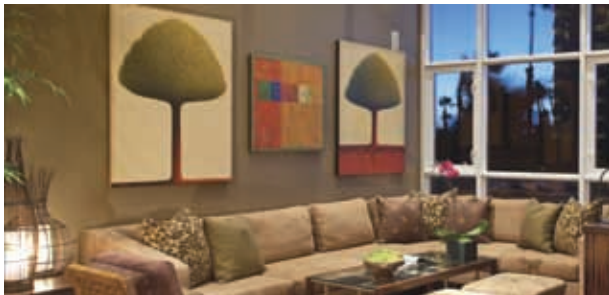
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Leader's protest plan to cut redevelopment agencies

By MANNY LOPEZ | DOWNTOWN NEWS

San Diego city leaders joined together to protest Gov. Jerry Brown's proposed plan to eliminate California's 425 redevelopment agencies by July 1 and redirect their revenues to Sacramento in an effort to close the state's \$25.4 billion budget deficit next year.

The City Council voted 7-1 on Jan. 24 to pass a resolution authored by District 2 City Councilman Kevin Faulconer that opposes the governor's plan, stating that the effects would be devastating to the San Diego region. The resolution further stated that the area stands to lose billions in investment dollars, thousands of jobs, and countless neighborhood projects and improvements. District 1 City Councilwoman Sherri Lightner was the lone dissenter, expressing concern that Brown would cut funds for schools and public safety if his plan is not adopted.

Proponents of the resolution argue that redevelopment agencies directly address blight in neighborhoods and kickstart development, turning areas that are a drain on the city's resources into areas that produce a gain.

"If it wasn't for redevelopment agencies, downtown would not look like it does today. These things don't happen by accident," said Scott Maloni, interim president of the Downtown San Diego Partnership, which advocates for projects, programs and policies that benefit downtown. "There is an organization and a plan in place to ensure that downtown is redeveloped and has the resources to do so. If you strip down that organization and that resource, then the job can't be finished."

Among the projects at risk is a potential football stadium for the Chargers, the expansion of Horton Plaza Park, a 2-acre open space along the waterfront north of the Broadway

"If it wasn't for redevelopment agencies, downtown would not look like it does today. These things don't happen by accident."

Scott Maloni
Interim President of Downtown
San Diego Partnership

Pier, expansion of the San Diego Convention Center and affordable housing developments and road improvement projects throughout the county.

According to a California Legislative Analyst's Office report dated Jan. 18, redevelopment agencies, which currently receive about 12 percent of statewide property taxes, pull resources away from school districts and other local agencies. The report also stated that there is no reliable evi-

dence to show that redevelopment improves overall economic development in California.

Brown's budget calls for changes in the funding mechanism for redevelopment agencies, which would force local and state governments to find other ways to bankroll local development activities. The governor's budget would also remove state tax benefits designed to stimulate economic growth within distressed business communities.

"I'm conflicted about the governor's plan because if you take that redevelopment money out, it's going to hurt the local economy, but the state is in a desperate situation right now," said Alan Gin, associate professor of Economics at the University of San Diego. "Looking at the projects that the redevelopment is used for, such as the stadium and ballpark, and comparing that to things like teachers being laid off, sometimes

it's difficult to make an argument."

Enacted in 1945, the California Community Redevelopment Law gives counties and cities throughout the state the authority to establish local redevelopment agencies to create project areas, issue bonds and acquire property through eminent domain.

Redevelopment agencies are funded through property taxes. As they create redevelopment project areas, growth created in property taxes, called tax increment, is used to finance current projects. Normally, those funds would be sent to school districts and local agencies.

The governor claims that billions in property tax revenue will be directed to schools, cities and counties to help fund education, public safety and other vital services. Additionally, funds would be used to repay an estimated \$2.2 billion in redevelopment debts and obligations.



The next Little Italy Section runs March 3rd, 2011.
The deadline for submission is Feb. 25th, so call today!
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Meyer Fine Art, Inc.

presents a unique collection of small, hand-colored etchings, aquatints and carborundum on paper by the prominent British artist Howard Hodgkin. The 7 smaller prints, published by Alan Cristea, were created from 2000-2002. Four additional prints, the suite "Two's Company", a collaboration between Alan Cristea and the Elton John Aids Foundation, were published in 2003.

Hodgkin, a brilliant colorist whose work lies between representation and abstraction, created his first print in 1953. In 1977 he began to hand-color the images, resulting in his multiples/editions becoming unique entities. The highly recognizable enhancement of hand-coloring became the trademark of Hodgkin's prints and forged his place as a preeminent 21st century printmaker.

The gallery's monumental print exhibition, from Friday, January 14, 2011 to Friday, February 26, 2011, will overlap the Hodgkin painting exhibition, "Time and Place," at the San Diego Museum of Art, January 29, 2011 - May 01, 2011.

Meyer Fine Art, Inc. is located at: 2400 Kettner Boulevard #104, San Diego, CA 92101, 619-358-9512, kmeyer1027@aol.com, www.plmeyerfineart.com

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© Howard Hodgkin. Courtesy Alan Cristea Gallery, London

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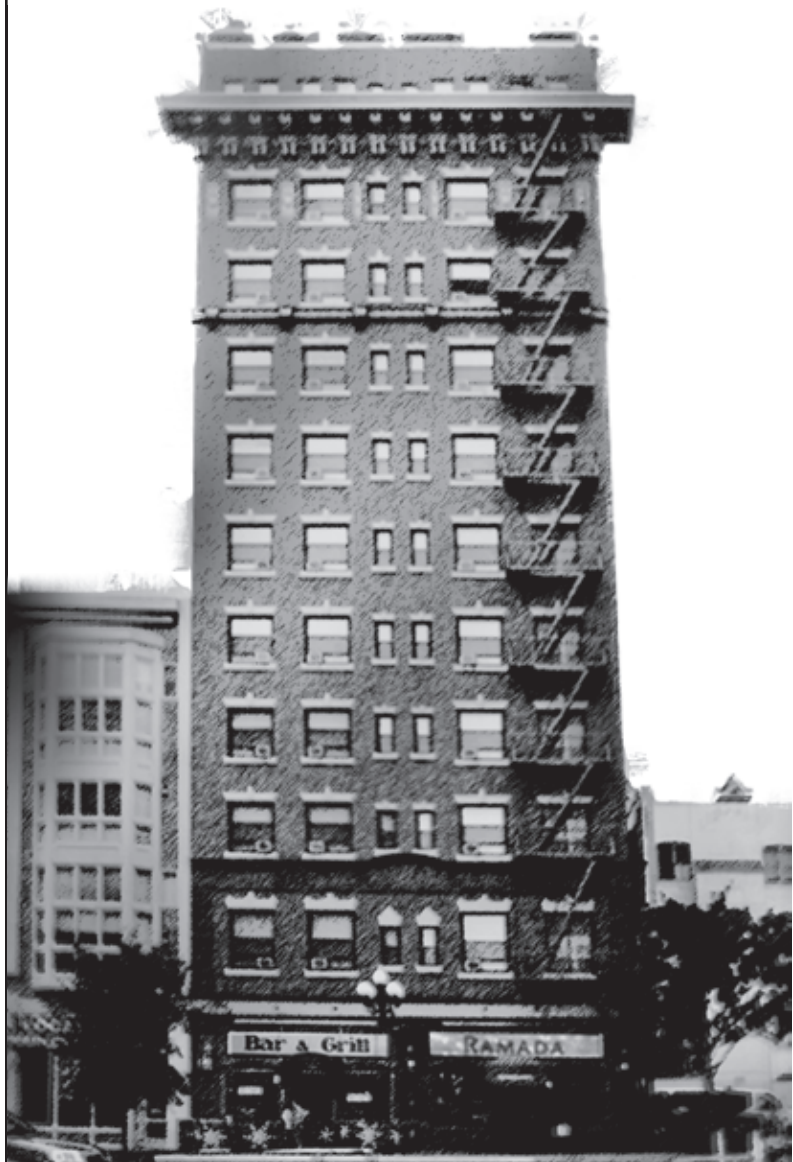
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WORLD VIBE

An impressive banner bearing the likeness of Martin Luther King Jr. serves as the background for the drummer of the band Rebel Tribe during a Jan. 17 performance at the World Beat Cultural Center in Balboa Park. The performance was part of the center's 21st annual Martin Luther King Day Celebration, an all-day event.

PAUL HANSEN | Downtown News

MOONLIGHT DANCERS

Dressed in colorful garb, Moonlight Dancers perform a traditional dance for the crowd at the Sheila R. Hardin San Diego Multicultural Festival held Jan. 15 along the Martin King Jr. Promenade. The festive event was presented by the Centre City Development Corporation.

PAUL HANSEN | Downtown News



EVENTS CALENDAR

Looking ahead

WEDNESDAY, Feb. 9

The Gaslamp Quarter Association, in partnership with KIFM Smooth Jazz

98.1, announces the return of the Gaslamp Lovers Promotion, an online contest where friends of the Gaslamp Quarter are welcome to submit their true stories of how they met their special someone in the Gaslamp Quarter, for a chance to win the Gaslamp Valentines Package (valued at more than \$1,000). Stories must be submitted by noon on Feb. 9 on the Gaslamp

Lovers Promotion contest page at: <http://www.gaslamp.org/valentines-day>

SATURDAY, Feb. 12

Celebrate the Year of the Rabbit at the free Chinese New Year Food and Culture Fair in the heart of San Diego's Asian Pacific Historic District. (also Sunday, Feb. 13) 10 a.m. to 5 p.m. Lion and dragon dancers, martial artists, acrobats and musicians will perform, and food and craft vendors will fill the streets at the intersection of Third Avenue and J Street.

The USS Midway Museum will be almost directly under the flight path of what the U.S. Navy expects to be the largest flyover since the end of World War II when it celebrates its Centennial of Naval Aviation on Saturday, Feb. 12. The Midway will feature up to 1,000 guaranteed flight deck seats and live entertainment by NRG beginning at noon. The Navy's Parade of Flight will start at 1 p.m. and approach the Midway from the south. The Navy has announced it expects approximately 100 aircraft to participate in its "Parade of Flight," dating almost back to the first aircraft that proved the viability of concept of naval aviation. VIP tickets are available at www.midway.org and at the museum ticket

FRIDAY, Feb. 25

Dave Freeman Open Badminton Tournament, (also Feb. 26 and 27), Balboa Park Activity Center. Online registration at www.tournamentsoftware.com. Cindy de Gruchy, (619) 204-8815.

SATURDAY, Feb. 26

It's time again for all aspiring pirates to board their ships and head out on San Diego Bay for thrilling cannon battle reenactments. Cannon battle reenactments will take place on two weekends, Feb. 26 and 27 or March 12 and 13 from 12:30 to 3:30 p.m. Ships depart from the Maritime Museum of San Diego on the Embarcadero. Tickets are from \$35-\$55. www.sdmaritime.org. (619) 234-9153, ext. 101.



Gaslamp has new gastronomic treats

By **MEAGHAN CLARK** | DOWNTOWN NEWS

The Gaslamp Quarter, one of the most sought-out destinations in San Diego, finds new restaurants opening just about every week. A central theme is the food. Here are some of the latest additions to the district, including a national chain and an eatery/nightclub.

• **The Lincoln Room, 901 Fourth Ave.,** is just that: Abe Lincoln's room. Designed to combine characteristics of a traditional log cabin — complete with large logs trimming the sides of the building — with a classic, old-timer's bar, The Lincoln Room serves comfort food with a twist. House favorites include the deconstructed pizza with roasted garlic, tomato chutney and goat cheese, and the mac and cheese with bacon. Just a few weeks old, the red leather booths lined with shiny gold buttons still shimmer with newness.

• **Don't let the name fool you. Rendezvous, at 587 J St.,** isn't associated with the Del Mar favorite of the same name. Rather, this downtown eatery and pub serves up home-made pastries, cocktails and grub inspired by the Parisians. This establishment is open for breakfast, lunch and dinner, offering locals freshly-created gourmet French cuisine including rotisserie sandwiches, soups, pizzas, fish and pastries. Open since New Year's Day, the Gaslamp Rendezvous is becoming a new tradition on Sunday mornings with its French roast coffees and fresh pastries.

• **The Hopping Pig, 734 Fifth Ave.,** advertises itself as a gastropub, otherwise known as a restaurant/bar that serves high-end cuisine. While the menu for both the beer and



Diners at Voyeur may enjoy complimentary entry to Revolver, a new nightclub at 755 Fifth Ave. COURTESY PHOTO

food is slim, The Hopping Pig doesn't skimp on flavors. Oddly enough, the most memorable dishes don't all include pork. That being said, the décor pays tribute to its namesake. The Hopping Pig features outdoor seating and a bar where guests are offered fried calamari, fried pork belly and ravioli. Local beer includes Green Flash and Julian's Hard Apple Cider.

• **For those who call Gaslamp home, Voyeur** might already be a favorite haunt on the weekends. Opening just a few days ago, the nightclub has turned its attention toward food in a place called **Revolver at 755 Fifth Ave.** Diners can enjoy complimentary entry into the nightclub late at night following upscale dining via executive chef

Kari Rich, who turns Spanish tapas into another nouveau feast. Featuring items such as the grilled cheese with gouda and apricot spread, and filet sliders on a Hawaiian roll, local and organic ingredients are Revolver's favorite partner.

• **Wet Willies, 555 Market St.,** might be new to San Diego, but it's a franchise that's been all over the country for years. One thing it is famous for is the adult slushie. The attraction for the place and its icy blends with names like Monster Melon and Monkey Shine is only accelerated by its standard bar fare. On the full menu, guests can find items like the base model burger, tequila shrimp salad, BBQ breast sandwich and chicken wings.

hotel INDIGO

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Hotel Indigo rebrands its restaurant, rooftop bar

By **MARIKO LAMB** | DOWNTOWN NEWS

Hotel Indigo, located in San Diego's Gaslamp Quarter, has now rebranded its Phi Bar & Bistro and Phi Terrace to incorporate more local flavor and less confusion.

"The Hotel Indigo brand was originally designed around mathematics," said hotel spokesman Patrick McTigue.

From welcome letters in the form of haikus to the Fibonacci sequence subtly incorporated into room designs, Hotel Indigo represents a calculated, well-balanced and high-style design in all of its amenities.

In keeping with the trademark, the hotel's restaurant-bar, located on the first floor of the hotel, and the rooftop terrace bar, located on the ninth floor of the hotel, were both named "Phi," referring to the naturally-occurring "golden ratio."

Therein lay the confusion. Few guests could pronounce the name. Even fewer understood the rationale behind the title. Furthermore, guests could easily mistake one food and beverage venue with



Table 509 is an open-air style restaurant with floor-to-ceiling windows and a new, expanded menu featuring seasonal, local produce.

PAUL HANSEN | Downtown News

the other as both shared the same name.

The rebranding of the food and beverage outlets came with more than just a new sign. The menu expanded to incorporate more local flavor catered to guests' desires.

"When we opened the restaurant, the food and beverage options were more limited and focused on small entrees. Guests liked the small entrees, but they wanted something more," McTigue said.

Table 509, formerly Phi Bar & Bistro, is an open-air style restaurant with floor-

to-ceiling windows and a new, expanded menu featuring seasonal, local produce from farms such as Crows Pass in Temecula. Herbs used for gourmet items on the menu are grown just about as local as they come — on the ninth floor terrace.

Level Nine, formerly Phi Terrace, is the hotel's rooftop terrace bar that overlooks Petco Park. In keeping with the hotel's locally-inspired fresh design and sustainable building practices, the terrace is complete with a "green roof," a moisture-shield composite deck made from polyethylene plastic and recycled wood fibers, and a fresh herb garden.

Events such as the once-monthly "Canine Cocktail Hour" bring out-of-town guests and local residents together with their pooches to enjoy rooftop treats of both the human and canine varieties. Live music will coordinate with the upcoming Padres' baseball schedule to bring fans to the sunlit terrace that overlooks the stadium.

Hotel Indigo is located at 509 Ninth Ave. For reservations, call (619) 727-4000 or visit www.hotelsandiegodowntown.com.

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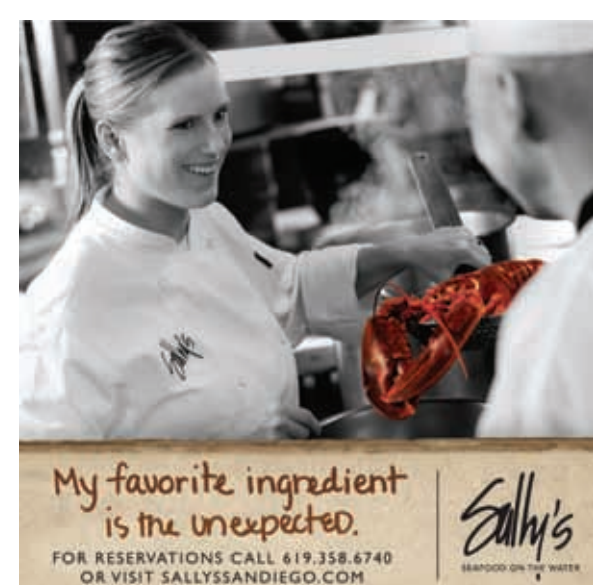
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Enjoy the best in beachfront hospitality this Valentine's Weekend. Indulge in this romantic package for two, which includes overnight beachfront accommodations at the La Jolla Shores Hotel on Saturday, February 12, sparkling wine with chocolate-covered strawberries in the room upon arrival, three-course Chocolate Sip & Savor dinner and breakfast the next morning for \$349. Call 877.483.6516 for reservations.**

♥ **Sip & Savor Chocolate Wine Pairing**
Friday & Saturday from 5 to 10 p.m.
\$30 per person, \$45 with wine pairing*
Indulge in a three-course tasting menu featuring perfectly paired wines. In February, savor a Chocolate Tasting menu with chocolate in every course.

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*TAX AND GRATUITY NOT INCLUDED. MENU ITEMS SUBJECT TO CHANGE.
**PACKAGE IS SUBJECT TO AVAILABILITY AND DOES NOT INCLUDE ROOM TAX OR ASSESSMENTS.

Richard Walker's Pancake House

Richard Walker's Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the "premier" breakfast destination for San Diego's residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker's with you as we prepare orders to go.

Brian's 24

Brian's 24 serves breakfast 24 hours a day and is famous for its Chicken & Waffles, Krab Cake Benedict and Gaslamp Power Breakfast. Brian's 24 is also known for its oversized portions of home style comfort food, including certified angus choice steaks and house-made meatloaf and mashed potatoes. They have anything you want, whenever you want it! Grab a cocktail at the mahogany bar, or sit under crystal chandeliers for breakfast. Meet friends or business associates for lunch, a quiet dinner, late snack or nightcap. Brian's makes it happen 24 hours a day! Located at 828 6th Avenue in the Gaslamp Quarter. For more information and the complete menu, visit: www.brians24.com

Manchester Grand Hyatt

Just a stone crab's throw from Seaport Village is Sally's Seafood on the Water, a charming and sophisticated waterfront eatery. Chef de Cuisine Sarah Linkenheil's obsession with fresh fish and bold flavors shines through in signature dishes like the decadent Lobster Pot Pie and Smoked Tomato Cioppino. Open daily for lunch, happy hour, and dinner. Late breakfast, served on weekends. Three hour validated self-parking at the Manchester Grand Hyatt San Diego.

The Fish Market

Two outstanding locations. Award-winning seafood on San Diego Bay or across from the Del Mar Race Track. 100+ item seafood menu is printed 2 times a day to ensure quality and freshness. Plus, oyster bar, cocktail bar with happy hour and retail market. Lunch and dinner served daily. www.thefishmarket.com

Bread on Market

Downtown's Artisan Bakery, Breads On Market is open from 7:30 to 4:00 Sunday-Thursday and 7:30 to 5:00 Friday & Saturday. We are open late night for all Padre games. Voted Best Bakery 2008 from the San Diego Downtown News 2008 and received the Silver Fork Award from San Diego Home and Garden. Schedule your next business or organization board meeting in our quaint patio or let us cater your next event. We deliver Hot Lunch and Sandwich Special or come in and enjoy a wonder Cheese Plate with a glass of wine or beer to go with our famous Rueben. For Sweet and Treats we serve Cookies, Brownies, and Package Housemade Granola. Take a loaf of fresh Artisan bread home for dinner. 730 Market Street SD, 92101 (Between 7th & 8th) 619-795-2730 www.breadonmarket.com

The Cask Room

The Cask Room is a premiere cozy wine bar & bistro in San Diego, from the moment you arrive, you'll feel instantly comfortable. Slink into one of our leather sofas or club chairs, soak in the candle light, engage with live musicians crafting amazing melodies, and prepare to be delighted with one of our small production wines. JOIN US FOR OUR WEEKLY HAPPY HOUR LINE UP!

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The University Club's six-month renovation project resulted in upgrades such as new plasma screens for business meetings, sporting events or movie nights, and an expansion of services including private meeting rooms and Wi-Fi. Bar, lounge and dining areas were also expanded and remodeled, as was the Laureate Ballroom.

COURTESY PHOTO

University Club rediscovers itself

By LAROLEE OLEJNIK | DOWNTOWN NEWS

With its mantra “Dedicated to our future, inspired by our heritage” in mind, the University Club, downtown San Diego’s most-established business and social club, celebrated its recent renovation at a “Rediscovery Reception” Jan. 31.

High atop the Symphony Towers building, the club, which for the last century has been playing host to the most prominent business, political and social figures to pass through America’s Finest City, celebrated a recent \$2.4 million expansion and remodel project completed last October.

“It’s really meant to be the basis for interaction, not just décor,” said Tommy Trause, club manager.

The club’s focus is interaction, indeed. Each month, the University Club, currently at 2,700 members, about 100 to 500 of whom visit on an average day, hosts dozens of programming events ranging from business and distinguished speakers series to wine dinners and sunrise yoga.

“It’s my home away from home,” said Renee Comeau, senior vice president of California Bank & Trust and 15-year member of the University Club.

Comeau, who serves on the club’s board of governors and executive committee, said she uses the club regularly for both business and personal activities,

UNIVERSITY CLUB
750 B St., Suite 3400,
atop Symphony Towers.
www.uc-sandiego.com.

including entertaining clients and guests from out of town.

The University Club was one of three locations in the network of ClubCorp properties across the country selected to be remodeled as a business club of the future. The six-month renovation project resulted in upgrades to the business amenities, such as a media room with plasma screen for business meetings, sporting events or movie nights, and an expansion of services including private meeting rooms and Wi-Fi. Bar, lounge and dining areas were also expanded and remodeled, as was the Laureate Ballroom, a west-facing venue with one of the most spectacular views in San Diego. The room can host most events, including weddings.

A large focus in the remodel has been the incorporation of local elements, and what says “San Diego” more than surfing, the Padres and Taylor Guitars?

San Diego surfer John Bishop, surf artisan and owner of Hot Rod Surfboards, crafted a large, communal walnut and cherry table that resembles a longboard, an item that has become a focal point of the club’s Apollo Room Lounge.

“They wanted a centerpiece table to give the atmosphere of San Diego,” said Bishop, who grew up in Ocean Beach and also has his work on display at the W Hotel. “It’s the idea of the guy seeing the table and remembering that feeling of a great wave, that nostalgia.”

Bishop said the table is “surfboard-esque” down to his adding a tailblock by the fins.

The new media room has two original Taylor acoustic guitars placed on the wall at founder Bob Taylor’s request so that they can be accessible for club members who want to pick one up for an impromptu jam session.

The room also hosts a collection of Padres memorabilia, though the signed bats in glass cases are not as accessible for impromptu games of indoor, pick-up baseball.

The University Club was founded around the turn of the 20th century, just as the major higher educational institutions were being established in San Diego. In 1896, eight men and 13 women gathered to form the “College Graduate Club” to discuss topics of current interest. Original members of this group included San Diego founding figures Kate Sessions and Elisha Babcock. In 1909, the club was formally founded as a fraternal organization to promote art, literature and cul-

SEE CLUB, Page 16

Museum Month touts family adventures at bargain prices

By JOHNNY McDONALD | DOWNTOWN NEWS

Once again, February is front and center as Museum Month — a time when thousands of families can enjoy at half price the vast cultural and historical sites in San Diego County. These choice experiences cover everything from ships, space flight, contemporary art, science and even an aquarium.

“This is our 22nd year in which we work as corporate partners with Macy’s half-price pass program,” said Theresa Kosen, executive director of the San Diego Museum Council, which numbers 37 museums as its members.

“We’re the only city that does something on this grand a scale. And it has increased in popularity.”

She said the basic role of the coun-

cil is to make more people aware of the collaborative efforts by these small and large institutions in the county and in Temecula to educate and entertain.

“Operational funding is obtained from the city’s Commission of Arts and Culture,” Kosen said. “It (the council) has been in operation since 1977, helping museums work together. The council provides support services to the museum industry in management, resource networking, advocacy, education and promotional opportunities.”

The department store participation began with the old May Co. and has been continued by Macy’s.

The month’s activities include such versatile locations as the USS

SEE MUSEUM, Page 16



Artists with the Market Street Group will host an open house to celebrate their 25th anniversary on Feb. 11 at the gallery at 2400 Kettner St.

COURTESY PHOTO

Market Street Group ready for open house

By JOHNNY McDONALD | DOWNTOWN NEWS

The Market Street Group of artists will escape the shadows of Kettner Street with an open house celebrating its 25th anniversary. The event is scheduled from 5:30 to 9 p.m. on Friday, Feb. 11 in Studio 247 of the gallery, located at 2400 Kettner St.

Visitors are welcome by appointment only on Feb. 12.

“The story of the Market Street Group is a unique one and kept secret for a long time,” said longtime supporter and painter Dr. George Wahab. “It deserves to be uncovered and

brought to the public’s attention.”

The cooperative venture has been a haven for serious San Diego artists, some of whose works have been recognized internationally. But it has been somewhat of an exclusive studio for 18 dues-paying practitioners.

Special artwork featuring past and current members of the art community’s leaders will be on display, including Sebastian Capella, Ilse T. Hable, Ken and Stephanie Goldman. To recognize the encouragement of Capella to form the studio, a scholar-

SEE MARKET, Page 16

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February is hot with performing arts classics of various kinds. *Check it out:*



THE LIVELY ARTS Charlene Baldrige

At Copley Symphony Hall

• **Friday-Saturday, Feb. 11-12, 8 p.m., and Sunday, Feb. 13, 2 p.m.:** Maestro Jahja Ling conducts the orchestra, violinist William Preucil and cellist Eric Kim in performance of Johannes Brahms' Double Concerto, and if that's not enough, vocal soloists join Ling and the orchestra in Franz Schubert's Mass No. 6 in E-flat. (\$20-\$96)

• **Friday-Saturday, Feb. 18-19, 8 p.m.:** San Diego Symphony Winter Pops presents "The Great American Songbook" with jazz singer Jane Monheit, destined to become a classic in her own right. Monheit presents American masterpieces accompanied by Marvin Hamlisch and the orchestra in such songs as "Moon River," "Like a Lover" and "Since You Asked." (\$20-\$85)

San Diego Symphony, 1245 Seventh Ave.,
www.sandiegosymphony.org
or (619) 235-0804.

At the Lyceum

• **Tuesdays-Sundays, Feb. 5-March 6:** San Diego Repertory Theatre presents Tracy Letts' recent Broadway hit "Superior Donuts," directed by Sam Woodhouse and starring stage, screen and TV actor Robert Foxworth as a one-time 1960s hippie radical who owns an uptown Chicago donut shop that's seen better times. (\$29-\$47)

Lyceum Space, San Diego Repertory Theatre,
79 Horton Plaza, www.sdrep.org
or (619) 544-1000.



The San Diego Symphony Winter Pops presents "The Great American Songbook" with jazz singer Jane Monheit, Feb. 18-19 at Copley Symphony Hall. COURTESY PHOTO

At Tenth Avenue Theatre

• **Thursday, Feb. 24-Sunday, March 20:** Mo'olelo Performing Arts Company presents Lydia R. Diamond's "Stick Fly," directed by Robert Barry Fleming. The gripping script concerns an affluent African-American family whose two successful sons bring their respective "ladies" home to meet mom and dad. Fireworks ensue. Tenth Avenue Theatre, 930 10th Ave. (\$22-\$27), www.moolelo.net or (619) 342-7395.

At the Old Globe

• **Tuesdays-Sundays through Feb. 27:** The Old Globe presents two classics: Arthur Miller's timeless tragedy "Death of a Salesman" in the Sheryl and Harvey White Theatre (\$29-\$67) and a new musical, "Jane Austen's Emma – A Musical Romantic Comedy," playing in the Old Globe Theatre. (\$39-\$94)

The Old Globe, 1363 Old Globe Way,
Balboa Park, www.theoldglobe.org
or (619) 23-6LOBE.



Patti Murin will star as Emma Woodhouse and Adam Monley as Mr. Knightley in Jane Austen's "Emma – A Musical Romantic Comedy," directed by Jeff Calhoun with book, music and lyrics by Paul Gordon, at The Old Globe through Feb. 27, 2010. Photo by JOAN MARCUS

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WINTER POPS THE GREAT AMERICAN SONGBOOK WITH JANE MONHEIT

Friday & Saturday, February 18 & 19, 8pm

Marvin Hamlisch, conductor; Jane Monheit, vocals

Acclaimed jazz vocalist Jane Monheit performs old familiar standards to modern jazz including *Moon River*, *Over the Rainbow*, *A Time for Love* and more!



San Diego Master Chorale and San Diego Symphony



Orli Shaham

**JACOBS MASTERWORKS
BRAHMS' DOUBLE CONCERTO**
February 11, 12, 13
Jahja Ling, conductor; William Preucil, violin
Eric Kim, cello; Erin Wall, soprano
San Diego Master Chorale
MOZART: Overture to *The Marriage of Figaro*
BRAHMS: Double Concerto for Violin and Cello
SCHUBERT: Mass No. 6 in E-flat

**JACOBS MASTERWORKS
GRIEG'S PIANO CONCERTO**
March 11, 12, 13
David Robertson, conductor; Orli Shaham, piano
LIGETI: *Concert Românesco*; GRIEG: Piano Concerto in A minor
SCHUMANN: Symphony No. 3 in E-flat, *Rhenish*



ONE NIGHT ONLY!

**WINTER POPS SPECIAL
SILENT FILM NIGHT:
HAROLD LLOYD
IN SAFETY LAST! (1923)***
February 26, 8pm
Russ Peck, organ
Performing his own stunts, master silent comedian Harold Lloyd is the new office boy who finds himself famously clinging to a towering clock-face just to keep his job, with organ score performed by Russ Peck on the "Fox Theatre" Pipe Organ.

Tickets start at \$20!



Copley Symphony Hall, Seventh Avenue & B Street

For Complete Season Information:

CALL 619.235.0804 or VISIT sandiegosymphony.com

*San Diego Symphony does not perform at these events.



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Show 'em you love 'em with gifts from the Bazaar del Mundo Shops

Forget the typical Valentine's Day standbys: red roses and chocolates, and give her something that she'll truly adore this year. Diane Powers' Bazaar del Mundo Shops specialize in one-of-a-kind gifts — from heart-shaped keepsakes she'll cherish forever to fabulous fare she'll find irresistible. Powers personally hand-picks uniquely-chic merchandise from around the world, making it easy to find a present that's sure to please.

Powers' picks for Valentine's Day include:

Not your garden variety
Forget flowers that will wilt and fade.

Michael Michaud's beautiful botanical jewelry captures the exquisite beauty of nature in metals, pearls and stones. Molded "copies of nature," each delicate piece will last forever with beguiling berry bracelets, entrancing eucalyptus earrings and heavenly hosta necklaces. \$64 to \$220

Have a heart

Show her you love her with hearts of stone, glass or silver. Whether hand-blown, -carved or -cut, these elegant keepsakes are a beautiful reminder of your devotion that she can display around the house or wear for everyone to see. \$19 and up

The language of love

Be it Byron, Keats or Browning, share your affections with a selection of books filled with heartfelt words of romance. The impassioned poetry collections of these mid-century masters will make her heart melt. \$13 to \$17

How about some hanky-panky

Fun and flirty, flower, lace and taffeta-trimmed "entertainment" aprons for the girl who likes to throw parties. Hanky-Panky Kitchen Apparel lets her dress to impress even while she's catering to her guests. \$110

Dinner for two

Whether you say "te amo" or "te quiero" it all means "I love you" at the Bazaar del Mundo Restaurants: Casa de Pico (La Mesa), Casa Guadalajara (Old Town) and Casa de Bandini (Carlsbad). With the romance of old Mexico in the air, lovers can enjoy colorful and festive ambience, authentic folk art, warm lantern lighting and beautiful courtyard dining, while indulging in a special Valentine's Day meal for two, complete with strolling mariachis and sweet vocal serenades by a Mexican troubadour.

About Bazaar del Mundo

The Bazaar del Mundo Shops creates

a lively and colorful entry to San Diego's Old Town community while Powers' restaurants, Casa Guadalajara (in Old Town, next door to the Shops), Casa de Pico (La Mesa) and Casa de Bandini (Carlsbad), which make up the Bazaar del Mundo Restaurant Group, provide authentic Mexican flavor and ambience to locations throughout San Diego. The Bazaar del Mundo Shops and Casa Guadalajara Mexican Restaurant are at the entrance to Old Town on the corner of Taylor and Juan Streets.

For information on upcoming events, call (619) 296-3161 or visit www.bazaardelmundo.com.

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FEBRUARY & MARCH

Springs Nights at El Fandango Mexican Restaurant

Friday January 28th 6:00pm: Misussi
February 5th 6:00pm: Noche Bohemia
The Romantic and adventures are invited to come and hear the sweet sounds at the cantina where specials and botanas flow all night.

Poker Party Fundraiser at Barra Barra Saloon

March 27
Come dressed in your best 1870s wear for this poker party at Barra Barra Saloon. Featuring old-fashioned games, dinner, drinks, the Old Town Poker Party is a fundraiser for the Old Town Merchants Association to put on events in the state park. The cost is \$30 per person and \$50 per couple. Call 619-297-3100 x22 for tickets.

Spring Nights in Old Town

Every Night through Sunday
in February and March
All through February and March, the cool

spring nights will warm up with live entertainment and vibrant performances bringing a festive evening atmosphere to Old Town San Diego State Historic Park.

Presented by Fiesta de Reyes, exciting shows take place every evening in February and March in the Fiesta de Reyes courtyard from 5:30 p.m. to 8 p.m. With authentic outdoor furniture imported from Mexico, patio umbrellas and fire pits, the courtyard blends California history and modern flavor to create a festive ambience that will make everyone want to celebrate.

On Mondays, visitors can expect a historic drama presentation by actors who will reenact stories from 1850s. Tuesdays will be Potpourri Performance night with a variety of groups ranging from folkloric dancing to performing arts schools. On Wednesdays, the plaza will celebrate the Jalisco traditional dance of Folklorico and will feature folklorico troupes from all around San Diego County. On Thursday and Friday, live music will be performed by various Andean and Latin music groups, respectively. On Saturdays and Sundays, Los Rios will entertain the crowd with Mariachi Fusion music.



Sempra is proud to sponsor the community events page

The Labor Council's 3rd Annual

Cesar Chavez Day March



Wednesday, March 31st
Meet at Spanish Landing, 1PM
Rally at Civic Center Plaza, 4PM

For more information or to RSVP, please contact
Amber at 619-228-8101 x2 or aprentice@unionyes.org

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Financial support for the San Diego Chinese Historical Museum
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NEW EXHIBIT

Undercover: Tea Cozies of China & Beyond

2011 San Diego Chinese New Year Fair

February 12 & 13
10:00am - 5:00pm

15th Annual Banquet

at Pearl Chinese Cuisine
February 19, 2011
Please RSVP

Asian Pacific Historic District Walking Tour

March 12, 2011
Please RSVP



Latina Latino & Indigenous People's Unity Coalition Monthly Networking Breakfast

First Friday of the Month: February 4, 2011 7:30-9:00

La Querencia Restaurant
676 Broadway
Chula Vista, CA 91910

\$10 at the door, \$5 with rsvp by Thursday February 3, 2011,
at noon to latinounitycoalition@hotmail.com

Theme: Your money and how to keep it.
Tax Advice | Managing your credit | Budgeting

MARKET

CONTINUED FROM Page 13

ship in his name will be awarded to an Athenaeum School of Art student. Emerging artists, too, will be offered a limited number of free one-month studio privileges.

Capella is known by many as a "modern 17th-century master." He was edu-

cated classically with lengthy and thorough academic training at the School of Fine Arts in Valencia, Spain. He resides in La Jolla and has taught oil painting classes for the last 30 years.

"The Market Street Group was founded to provide live models and an environment to expand artist talent in this shared studio," said Wahab. "It was originally located in the old artist district of Market Street in the mid-1980s."

Members Ron Spelman, Stehenie Goldman and Wahab have served as presidents of the San Diego Portrait Society, San Diego Museum of Art, Artist Guild and have been on the board of trustees of the San Diego Museum of Art.

Most of the painters belong to the San Diego Art Institute and Museum for Living Artists.

Carol Prior, who serves as an "unofficial" public relations director, said painters come occasionally from Mexico.

Prior explains there are no titles in this tight co-op group.

"You might call George (Wahab) our

vice president of finances," she said. "We don't have a president. And, really, I'm just a painter."

"We have live models three days a week so everyone can improve his or her figure drawing, portrait or full face," Prior said. "The artists can set their own scenes in the 2,000-square-foot studio and it might take them two days. There's a relaxed environment."

But it's amazing how long it has lasted. Usually these type of things die after a few years."

For more information, call (619) 702-2130, or visit www.marketstreetstudio.com.

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MUSEUM

CONTINUED FROM Page 13

Midway Museum and the New Children's Museum. It also includes the Museum of Contemporary Art, Birch Aquarium at Scripps Institute of Oceanography in La Jolla and 13 world-class facilities in Balboa Park.

"Museum Month is a treasured, month-long event for our region," said Vanessa Ruiz, president of the council and marketing director of the USS Midway. "It is an opportunity for residents to visit a variety of museums during the month at a steep discount. For a family of four, that's a savings of \$28 to visit the Midway. With those savings, they can head to more museums and make it a month to remember."

In honor of the Centennial of Naval Aviation, the aircraft carrier Midway will host a series of exhibitions depicting San Diego as the birthplace from naval aviation to the jet age and beyond.

Samplings of other museums include "Madame Curie," the Contemporary Art museum's exhibits of renowned digital-video artist Jennifer Steinkam, with a seven-channel projection inspired by the

artist's recent research into atomic energy, atomic explosions, and the effects of these forces on nature; and the Children's Museum's Animal Art displays.

In collaboration with NASA, the Air and Space museum will offer "SPACE: A Journey to our Future" as one of the largest-ever touring exhibitions on space exploration and the history of space.

The museum of Photographic Arts brings "Imagine That! Photographing an Invisible World" as an in-depth examination of the pursuit of photography to capture invisible worlds and unseeable phenomenon.

For young children, age five and under, the recently-improved Rueben H. Fleet Science Center's "Kid City" exhibition will include a fire truck and fire station, new little learner's lab and an exciting ball wall with multiple chutes, ladders and levers.

The Birch Aquarium will highlight "Seahorses Alive," featuring more than a dozen threatened species of seahorses and 60 tanks of Pacific fishes and invertebrates from the cold waters of the Pacific Northwest to the tropical waters of Mexico.

For more information, visit www.sandiegomuseumcouncil.org/museum_month.

CLUB

CONTINUED FROM Page 13

ture. Their original home was a rented mansion on the corner of Fourth and A streets, where the founding members could order a steak dinner for 35 cents. The club was also located for several years at the corner of Seventh and A streets, in the current San Diego Bar Association building.

When the Symphony Towers were completed in 1989, the University Club moved into its location on the 34th floor where it has resided since.

In 2009, the University Club celebrated its 100th anniversary, and kept looking forward in 2010 with the renovation.

Over the last century the club has hosted a wide range of distinguished speakers, including a 1961 visit by Jack Kemp of the San Diego Chargers, who explained what the arrival of the Chargers meant for San Diego.

The club has also stayed true to its focus of supporting the interests of business.

Beth Binger, member and representative of the club, said the University Club gives small business owners a place to network and connect, as well as host business meetings.

"I've been there since the beginning and thoroughly enjoyed it. It's the premier club, certainly in downtown, and in all of the county," said Paul Robinson, who has been a University Club member since the 1980s when members moved into the Symphony Towers. Robinson said he regularly ventures out from his downtown law firm to host business meetings at the club, and also enjoys being a member of the Wine Club.

The remodel will also help the club reach out to the next generation of San Diego executives, as will some of the programming, including Superbowl parties, book clubs, cooking events, etiquette classes and hiking groups.

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Fashions by Rhodes and a new concept for a boutique



Fashion Files Diana Cavagnaro

A magical evening

The Mingei International Museum rolled out the pink carpet for Zandra Rhodes on Jan. 21. This extravaganza included an evening with a dinner, auction and a New York-style Zandra Rhodes Fashion Show. Many of the guests arrived wearing Zandra Rhodes designs. Unlike many high-fashion designers, these creations are wearable and it was a delight to see the guests in these imaginative garments with their rich palette. Women look like fairy princesses wearing these designs because they exude femininity.

Currently, there is an exhibition — “A Lifelong Love Affair with Textiles” — in the Mingei International Museum. The guests viewed the exhibit displaying both Rhodes’ incredible textiles and her garments created from them. It was breathtaking to look around the room at this dynamic designer’s extraordinary use of color.

Just as we thought the night couldn’t get any better, the fashion show began and wowed the audience. A magical forest of torn chiffon set the scene. The models arrived wearing original and historic designs from 1969 and 1970 leading up to 1980s. This spectacular show continued up to the present and was a combination of vintage, classic and old, demonstrating the timelessness of Rhodes’ designs. The finale was a sea of pink petals strewn by the models and culminating with a bridal procession. The bride herself, Natasha

Reiss, wore her bridal dress down the runway. The evening ended on a perfect note. The exhibition will be on display until April 3.

‘Pretty is?’

“Pretty Is?” is a new concept for a boutique incorporating both buying and borrowing. The owner, Lupe Ahearn, said customers will never have to worry about what to wear again. This store offers memberships and the customer can come in and get decked-out with a complete outfit including shoes, bag and jewelry. Ahearn will style the package for you and Idania Mejia will complete the look with hair and make-up.

I asked Ahearn how she came up with this concept and she said, “Women don’t want to worry about wearing the same outfit twice.”

This idea is similar to the business Bag Borrow and Steal, although they only exchange accessories, and Pretty Is? sells or exchanges the entire look. The boutique is for women only and has a size range from extra small to extra large.

While I was there, Daniela Olachea, a store customer who works downtown, came in for a few new looks. Olachea was looking for an outfit for work, clubbing and the upcoming Valentine’s Day. Ahearn styled her clothes and accessories and Mejia finished the look with make-up and hair. She said upcoming trends are the gray and metallic colors along with knits that are very popular. Floral will be strong for spring.

The boutique also offers styling classes in make-up and fashion. Additional classes include lap dancing, pole dancing, strip tease and chair dancing. Discounts are given to all members for the classes. For a fun night, they offer bachelorette parties and burlesque parties. If

you would like to change your image “from ordinary to extraordinary,” call Pretty is? at (619) 702-2005.

Upcoming events

Feb. 5: Second annual Pugs n’ Kisses Wine & Cheese Fashion Show Fundraiser at Fido & Co. Canine Country Club in Hillcrest at 2 p.m. www.fidoandcompany.com

Feb. 23: Nordstrom’s Spring 2011 Designer Preview Fashion Show & Boutique Shopping at Landmark Aviation on 2904 Pacific Highway at 6 p.m. Event will benefit The New Children’s Museum. For tickets call (619) 795-1723.

Feb. 24: Sassy City Chicks Fashion Bash at the Culy Warehouse, 338 Seventh Ave. from 5 to 10 p.m. Shoppers must be 21. www.sassycitychicks.com

Feb. 25: The third edition of Project Ethos in San Diego at the FLUXX downtown. This is a night of fashion, music and art all under one roof. <http://projectethos.com>

Feb. 27: A Royal Affair presented by the U.S. Grant from noon to 4 p.m. for the 2011 Wedding & Event Showcase.



A model showcases a Zandra Rhodes design at the Mingei International Museum.
DIANA CAVAGNARO | Downtown News



Daniela Olachea (above, center) before Styling at Pretty Is? and (right) ready for Valentine’s Day with red dress and leopard accessories.
DIANA CAVAGNARO | Downtown News

— Diana Cavagnaro is a nationally-recognized hat designer and milliner. She has operated a fashion business for 28 years, the last 18 years in the Gaslamp Quarter. Diana has taught in the Fashion Department at San Diego Mesa College for 18 years. She is an active member of the Gaslamp Quarter Association, the American Sewing Guild, the San Diego Costume Council and Fashion Group International.

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FILM DOWNTOWN

By CATHY ANDERSON



A Tennessee production company spent two days in San Diego filming a pilot for Lifetime. The TV series will focus on missing persons, with the goal of solving the cases. The crew filmed near the U.S. and Mexico border in San Ysidro as well as Balboa Park. These reality-based shows have been very successful in educating the public on cases

of missing people and cases have been solved as a result. Of course, this show will film all over the United States tracking missing people.

"ABC's Extreme Make Over: Home Edition" sent a family of five on a San Diego vacation while their home was being built in Florida. Although we regret that they didn't find a contestant here in San Diego to build a home for, the vacation with film crew attached was like a travel log for the show, giving millions of viewers a commercial for San Diego. The family stayed in a hotel located in Mission Bay Park and visited icon locations throughout San Diego.

Downtown San Diego continues to be attractive to filmmakers. Commercials, print shoots, TV movies and series, as well as feature films like what downtown has to offer. Several commercials filmed this month, and one for the U.S. Navy shot some footage of Balboa Park. We worked on two music videos, one that filmed on C Street for recording artist Danielle Lo Presti. Travel films were another popular genre that includes downtown as an icon location. Gaslamp and Little Italy are favorite film sites as well as our beautiful skyline.

The San Diego Film Commission has been busy scouting, with some potential new production. Usually the script drives the locations of the scout although sometimes there is an opportunity to show location managers interesting prospects for other projects they may have. Whether we can bring in that work or not, scouting is important for future work and lasting impressions with location managers and scouts.

— *Cathy Anderson is the president and CEO of the San Diego Film Commission, and film commissioner of San Diego. Anderson has earned a national reputation for developing programs to foster the growth of the production industry in the region and for making San Diego "Hollywood South."*

PRINT MAKER

Emotionally-vibrant

By WILL BOWEN | DOWNTOWN NEWS

What is your relationship to your memories? How would you paint or draw the mind picture of a memory of a past time and place to make it seem alive, emotionally vibrant, and present in this moment? These are some of the issues that inform the painting and print-making of the renowned British artist Sir Howard Hodgkin.

A selection of 11 prints of Hodgkin, titled "Small Prints: Abstractions in Color," will be showing until Feb. 26 at Meyer Fine Art gallery, 2400 Kettner Blvd., Suite 104. The show of Hodgkin's prints at Meyer is running in conjunction with a larger exhibition of Hodgkin's paintings, called "Time and Place," at the San Diego Museum of Art in Balboa Park, scheduled through May 1.

Hodgkin uses a very complicated and involved process for making his prints, and each one is a little different and unique, even though they are a part of a numbered series. Hodgkin works in close collaboration with his printer, Jack Shirreff, as well as several painters who follow his instructions and carry out his conceptual ideas through hand coloring.

Although there seems to be a similarity between the colorful abstract paintings of Hodgkin and his prints, he denies this, saying, "I always think of my prints as being completely different from my paintings. I want my prints to be like my pictures only in one way ... I want them to be things that are self-sufficient."

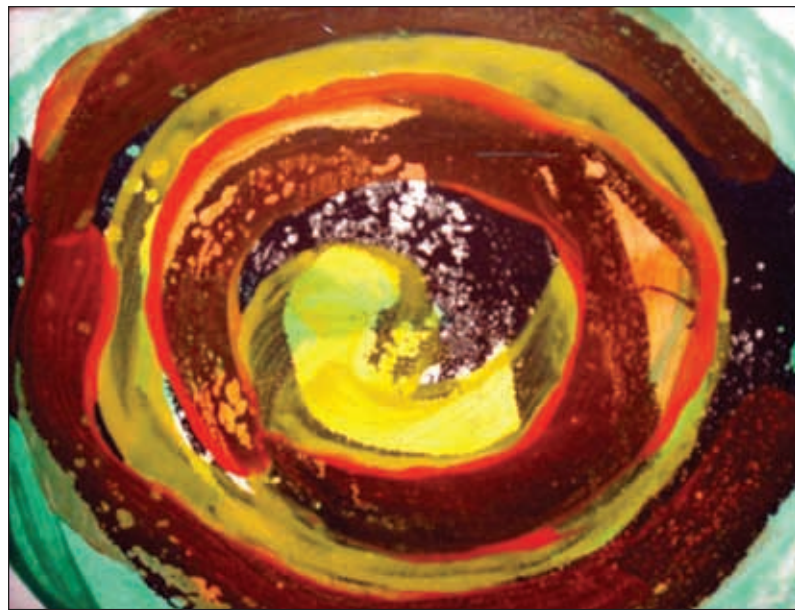
The theme of Hodgkin's prints has to do with the representation of memories. For example, his memories of the canals of Venice, Italy at different times of day, or even how the sunlight played on the swimming pool of his artist friend, David Hockey, in Los Angeles, throughout the day. But Hodgkin is unique in that he has a highly refined, perhaps mystical perception of certain details of his memories. When he works, he brings the artistic beauty of these details to life through abstraction.

As Hodgkin says, "There are certain elements of scale, form and color that are beyond verbal description."

Perry Meyer, owner of Meyer Gallery, thinks that there is a great deal of emotion conveyed in Hodgkin's prints.

"It is in the texture of Hodgkin's prints that we find the emotion," he said.

For further information, see www.plmeyerfineart.com or call (619) 358-9512.



British artist Sir Howard Hodgkin is displaying a selection of 11 prints in an exhibit titled "Small Prints: Abstractions in Color," showing through Feb. 26 at Meyer Fine Art.

WILL BOWEN | Downtown News



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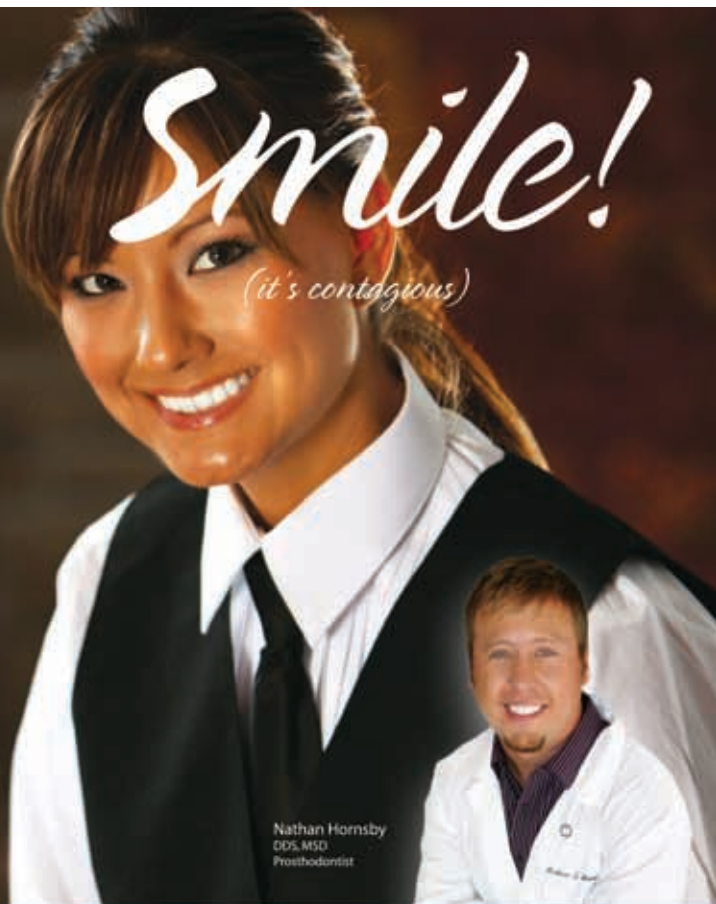
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FIT SAVVY

By Connie Cook | Guest Columnist

How do you mend a broken heart?

Every year at this time, there is a huge amount of commercial attention placed on the status of your heart – is it broken, lonely, filled, overflowing, fragile or hardened? Just how much chocolate does it take to mend a wounded heart?



Scripps is committed to keeping you and your family well all year long. We offer a variety of classes throughout San Diego County every month. Look for these upcoming classes in your community.

InConcert for Cancer

Friday, March 11

Join Scripps Health for a star-studded evening of jazz on the flight deck of the USS Midway aircraft carrier featuring musicians Jeff Kashiwa, Steve Cole, Richard Smith and Gregg Karukas among others. This very special evening benefits Scripps Cancer Center and is produced by Cjazz. For more information and tickets, go to cjazz.com.

Osteoporosis—An Orthopedist's Perspective

Friday, Feb. 4, 1:15–2:45p.m.

Osteoporosis is often thought of as a disease that affects older individuals, but it can strike men and women of any age or ethnicity at any time. Join orthopedic spine surgeon Maneesh Bawa, MD, to learn more about osteoporosis risk factors, as well as operative and nonoperative treatment options. Cost: \$4. Presented by Scripps Mercy at OASIS in Mission Valley at Macy's.

Preventing and Understanding COPD

Thursday, Feb. 14, 10–11a.m.

Chronic Obstructive Pulmonary Disease (COPD) is one of the most common lung diseases. COPD makes it difficult to breathe and can eventually lead to death if untreated. There are many things you can do to relieve symptoms and keep the disease from getting worse. Come learn about the types, causes, symptoms and treatments of COPD. Free. Presented by Chula Vista Well Being Center at Normal Park Center.

Common Foot and Ankle Disorders

Friday, Feb. 18, 1:15–2:45p.m.

Join orthopedic surgeon Franz Kopp, MD, and learn how to treat your feet properly in order to achieve an active, pain-free lifestyle. Leading-edge techniques, proven traditional methods for care and the most common foot and ankle disorders will be discussed. Cost: \$4. Presented by Scripps Mercy at OASIS in Mission Valley at Macy's.

AARP Driver Safety—Refresher Class

Saturday, Feb. 19, 8:30a.m.–12:30p.m.

Get qualified for insurance discounts and improve your driving skills. Cost: \$12/AARP member or \$14/non-member. Location: Scripps Mercy San Diego, educational center, classrooms 5B and 5C.

Healthy Liver

Thursday, Feb. 24, 10–11a.m.

Liver problems include a wide range of diseases and conditions that can affect your entire body. Liver problems can be inherited or can occur in response to viruses and chemicals. Some liver problems are temporary and go away on their own, while others can last for a long time and lead to serious complications. Free. Presented by Chula Vista Well Being Center at the Congregational Towers in Chula Vista.

Diabetes Management

Mondays, 5:30–7:30p.m.—English

Tuesdays, 5:30–7:30p.m.—Spanish

Learn to manage your diabetes by preventing and treating high and low blood sugars, choosing meals and understanding physical activities that are appropriate for you. Share your experience, hear from others and learn about other diabetes programs. Free. Presented by Scripps Whittier Diabetes Institute at Scripps Mercy Chula Vista, medical education building.

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How many flowers prove one heart loves another? How many sappy love songs confirm no one has the answers to the mystery of this thing we call love, which seemingly comes from our heart?

If this love-struck holiday gets you thinking about the status of your heart, then the most important question to ask yourself this month is: "How STRONG is my heart?" I don't mean strong as in resilient. We've all been through a few daisies ("he/she loves me, loves me not") and we ultimately get over it.

What I mean is how efficiently is your heart performing? With each heart beat your heart pumps blood around your body. Blood provides your body with the oxygen and nutrients it needs to function and it also carries away waste. The average heartbeat is 72 times per minute. In the course of one day, it beats over 100,000 times. In one year, the heart beats almost 38 million times, and by the time you are 70 years old, it beats an average of 2.5 billion times. That may be hard to comprehend, considering your heart weighs less than a pound, but it's a busy little muscle with more work to do than a hungry mosquito at a nude beach.

If your heart is unable to pump the amount of blood required to meet all of your body's needs, then blood is diverted away from less-crucial areas, including your arms and legs, in order to supply the heart and brain. When this happens you will often begin to feel weak and tired and simple, ordinary activities such as walking, climbing stairs or carrying groceries will begin to feel exhausting.

The good news here is that unless you have some pre-diagnosed heart condition, you have control over how healthy your heart can be. Yes, you have the power to create a healthy heart through what you choose to eat, how you choose to use your body and the life you choose to live.

You are what you eat — and that is not a cliché. (Think about that the next time you reach for a Ding Dong!) We live in a world of convenience with quick bites and fast foods practically knocking on our doors. Unfortunately, the "good for you" food isn't always around. But if you will simply make a daily effort to put fresh, clean food in your body on a regular basis there is a higher chance your arteries won't get clogged up with junk and your heart will be able function efficiently.

Unless you've been living under a rock for the last, let's say, ten years or so, you should have some idea of the do's and don'ts of eating healthy. It's

practically impossible to screw it up if you just use some common sense. Did it grow in the ground or on a tree and are you eating it in as close to its natural state as it can be, like an apple? Good. Is it wrapped in plastic, like a caramel apple? Not so good. Did you get a 2-for-1 deal at the drive-through, like fried apple pies? Run, Toto, run!

Now back to your heart. Your heart is a muscle and to make it stronger it needs to be trained just like all the other muscles in your body. You do that by getting your heart pumping by moving with vigor and energy. I know some of you think treadmills, stair climbers and cross trainers are the devil's spawn, but sweat and dedication on these machines can help create healthy hearts.

There are endless ways to raise your heart rate and strengthen your heart and they don't have to be regimented to a piece of equipment. James Brown suggested many years ago: "Get up off that thang and dance 'til you feel better!" I agree. Dance! It frees the soul and is a great way to express yourself at the same time. Walk the dog, skate, swim, play tennis, take a bike ride or just pucker up with your Valentine; because even a good roll in the hay has its cardio advantages!

Living as stress-free as possible is one of the best ways you can protect your heart. All too often we get way too caught up in the daily little nuisances that trip us up and raise our blood pressure: bad drivers, bad breath, irritating co-workers, annoying sounds, lost homework, lost causes, lost keys, long lines, short patience, and the list goes on. These things add up and can cause stress to your heart's performance without you even being aware of it. Try your best laugh things off when you can, like you do when you're watching your favorite sitcom and these things happen to someone else.

Nuisances, however you define them, will be with us for a long time. Get over them and don't let them get the best of you, it's not worth the stress and potential damage you can do to your heart. Instead, lighten up and live longer. If you're going to harbor things in your heart, make sure the things you hold close are positive and worth holding on to. Leave the stress behind so your heart can thrive. Your heart has plenty of room for good company.



Connie Cook "C2"
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It's all Happening!

Marc & Darlynn Menkin

For years, it was known as one of the happening spots. Every week, people from all over San Diego would pack The Magic Lounge — a cool, magic-themed bar where employees would pull double duty as bartenders and magicians. Eventually, the place shut down. But now, that same core group of magicians who performed some 30 years ago at the Magic Lounge are back. This time, they're entertaining crowds at the new Magic Lounge at the Rock Bottom in the Gaslamp Quarter.

According to magician Terry Lunceford, the deal was in the works for months and finally came to fruition in January. The magic shows are held at 7 p.m. Thursdays and Fridays and feature local magicians Mike Stilwell, Joe Mystic, Terry Lunceford and other guest performers. It's a nice mix of close-up magic and a stand-up show.

"Performing in San Diego is absolutely amazing. Every day, I get up and think about how I get to do magic. It's

an awesome feeling," Lunceford said.

Although the show is relatively new, it's definitely gaining momentum.

"It was standing room only at our last show," Lunceford said.

David Pease has seen the show twice and said he can't wait to go back.

"It's a wonderful break from reality. The show is fresh and always changing. It's top-notch entertainment for only \$10 per person," Pease said.

One tip: if you want a good seat, come at 7 p.m. when the doors open because it does fill up fast. www.magiclounge.weebly.com

• We may be getting older but one thing that hasn't changed is our appreciation for live music. The challenge, however, is that many shows don't start until 10 p.m. or later, which can be tough if you're an early riser. One option worth checking out is The Mystique Band, which specializes in soul, rock and other great tunes that hit a nerve. This month, the group has two gigs in Little Italy and they start before 10 p.m. On Feb. 14 from 8 p.m. to midnight, they'll play at Spaghetteria, 1953 India St. On Feb. 4, 11 and 12, the show kicks off at 9 p.m. at Po Pazzo on 1917 India St.

Love is in the air in the EV!

Attend the East Village Valentine's Day Drink About on Sunday, Feb 13 from 4 to 9 p.m. and e-mail us a photo of you, one of the bartenders and a unique bottle of tequila from the bar. The most colorful picture will win two tickets to a Saturday Amazing Race Adventure downtown. E-mail the fun picture with your name and the bartender's name to tours@wheretours.com. For more information on the Valentine's Day event, visit www.eastvillagesandiego.com.

The band's playlist includes songs by The Temptations, Al Green and Marvin Gaye.

"Our songs will take you down memory lane. When we perform, I will often go into the crowd and serenade the ladies, get them started, and the dancing usually takes off from there," said band leader Kevin Smith.

— Marc and Darlynn Menkin are the co-owners of *Where You Want To Be Tours*. Many of their tours and team-building scavenger hunts feature secret downtown areas. www.wheretours.com

BALBOA PARK

Costumes, games and a movie prop

By JOHNNY McDONALD | DOWNTOWN NEWS

Want to dress up and be a star for a few minutes? Well, you can with a visit to the Old Globe wardrobe department — at least until April 14. Stage time, too, but no script.

Through the San Diego History Center's interactive exhibition "Dressing the Part: Costume Design at the Old Globe," visitors can tour backstage to observe the complex costume design process.

There are dozens of original costumes from past Old Globe productions. Dressing the Part is a unique collaborative exhibition between two prominent Balboa Park institutions. The exhibition incorporates a number of multimedia and interactive components of costume design.

Using videos, sketches and mockups, the exhibition traces the creation of a wedding dress — from concept to fitting to final product — for the character of Bianca in last summer's production of "The Taming of the Shrew." Another display reveals how an actor's appearance is transformed through the magic of costume and makeup and how that appearance helps the actor get in character.

Visitors are given the opportunity to experience this for themselves as they

try on authentic costumes from the productions of "The Taming of the Shrew," "King Lear" and "Dr. Seuss' How the Grinch Stole Christmas!"

Then, they can step on a small stage as house lights dim and stage lights engage for a photo opportunity.

Playtime at Museum of Man

Life's a big game. Well, it is if you're around the Museum of Man these days. Visitors can become their own game piece as they play their way through displays of games from around the world. Included are old classics, contemporary, rare and historic games drawn in part from a remarkable private collection of more than 1,400 games.

Young people today may think a game is something you play with a motion controller or computer keyboard. But for thousands of years, people invented fun ways to pass the time with cards, stones, sticks, boards and tiles. The Museum's "Counter Cultures: The Secret Lives of Games" explores the evolution of many well-known games still played today, like "Go," "Parcheesi," "Dominos" and "Chutes and Ladders."

The exhibition also considers the important roles games played in the cultures that created them, from pallanguli,

a centuries-old counting game played by Tamil women in South India, to "Pirate and Traveler," a popular educational game in the mid-20th century that taught U.S. schoolchildren geography.

The exhibition is rife with facts about games, such as the one that explains that "Chinese Checkers" was invented in Germany as "Stern-Halma" in 1892. American marketers in the 1930s changed the name to make it sound more exotic.

Movie prop on display

The Lockheed Vega 5B used in the movie "Amelia," starring Academy Award-winning actress Hilary Swank, has now joined the San Diego Air & Space Museum's permanent collection. The plane was created as a prop for the film and was donated to the museum by Avalon Pictures.

Amelia Earhart flew a Lockheed Vega 5B on many historic occasions including the 1929 first Women's Cross-Country Air Race, first female solo flight across the Atlantic, first female solo flight across the United States, and also set several women's speed and distance records. The Vega 5B was known as a racing and record-setting aircraft and established a standard for many other transport aircraft.



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Community Benefit Assessment Public Outreach Meetings



You may have heard the news that state legislation removed the financial cap on downtown redevelopment. What you may not know is what that all means.

Interested in learning more?

Come to one of several meetings being held throughout San Diego hosted by Centre City Development Corporation (CCDC) and learn how lifting of this financial cap could affect downtown and the entire region. Individual meetings will also focus on such important topics as affordable housing, the environment, impacts to other neighborhoods and job creation. Don't miss the chance to give your opinion on future goals and priorities, too.

Meeting highlights

- Downtown Redevelopment Defined
- Review of Current Projects and Priorities
- Discussion of New Opportunities
- Discussion of Governor's Budget Proposal
- Question-and-Answer Session

Schedule of Public Meetings:

Thursday, February 17
6 p.m. to 8 p.m.

Kick-off Event—San Diego Concourse
Silver Room, 3rd & B St., 92101

Focus topic: Redevelopment overview

Wednesday, February 23

6 p.m. to 7:30 p.m.

District 7—Tierrasanta
Recreation Center

11220 Clairemont Mesa Blvd., 92124

Focus topic: Quality of life,
historic preservation and arts and culture

Tuesday, March 1

6 p.m. to 7:30 p.m.

District 5—Carmel Mountain
Ranch/Sabre Springs Recreation Center

10152 Rancho Carmel Drive, 92128

Focus topic: CCDC loans and debt

Wednesday, March 2

6 p.m. to 7:30 p.m.

District 8—Otay Mesa—Nestor Library

3003 Coronado Ave., 92154

Focus topic: Business development,
job creation and social equity

Additional meetings will be held in March

For more information on CCDC and its Community Benefit
Assessment Outreach Schedule, visit www.ccdc.com.



Local surgeon chats about the challenges in providing perfection

With the rise of plastic surgery-related TV shows, state-of-the-art technology and ever-changing concepts of self image, the practice of plastic surgery has increasingly become commonplace. Here, Dr. Stuart Kincaid, an award-winning plastic surgeon in San Diego, answers some up-close and personal questions about the evolving practice that can change both lives and appearances.

— Claire Harlin



Dr. Stuart Kincaid

Question: You've received your medical background from Duke and fellowships from Stanford, Harvard and the University of California, San Francisco. What made you want to get into this profession in the first place?

Stuart Kincaid: I try to share each of my patients' concerns and improve whatever physical feature it is so they can become more self-actualized, better people and more confident. The more self-actualized we are, the more positive; it's a more fun way to live our lives. The word "plastic" comes from the Greek word "plastikos," meaning "to shape or to mold," and I would like to think that to shape or to mold the body and those features that have been affected by aging or birthing or trauma can bring the self image into better balance, better harmony.

Question: You mentioned your mother may have played a role in you becoming a plastic surgeon?

SK: In a small town in the Midwest, I had two older sisters who were destined to become schoolteachers, and I guess my mother had it set in her mind that I was going to become the physician in the family. Plus, I was diagnosed with kind of an unusual disease, Rocky Mountain spotted fever, in 1958 as a boy of 8, and I was taken to a big referral hospital. I vividly remember that experience. I was in for over a month, and I guess the rest was destiny.

Question: So you got your first dose of the medical field by personal experience?

SK: Yes.

Question: You've been practicing for more than 25 years. What have been most significant changes you've seen in your field in medical advances and also the attitude toward cosmetic surgery?

SK: In its inception, specifically back in the 1950s and 1960s, it was really in the hands of the rich and famous. But as time went by, there were more trained surgeons who went out in America, and not just in the East and West Coasts, and it became readily available to mainstream America. For instance, the American Society of Plastic Surgeons (ASPS) says the average household income of people seeking plastic surgery today is \$50,000 to \$100,000. It's not just for the millionaires and the billionaires. The challenge is, along with more people embracing plastic surgery, it's becoming increasingly difficult to meet people's expectations. Through talk shows and the Internet and neighbors, I think many people have been led to believe they can achieve perfection and they can achieve it instantly with no down side, no complications and no risks, which obviously is not true.

Question: Can you estimate what percentage of your clients is female versus male?

SK: It's probably 85-90 percent female and 10-15 percent male, and the male sector is growing proportionately faster than females. Approximately 50 percent

of marriages have ended in divorce, and we as a nation are struggling with that issue. We are faced with retiring at a later age, we are very competitive, and now that we are in a global marketplace, psychologists have done studies to prove that people who are youthful in appearance are generally more productive and achieve more in life.

Question: Have you ever turned down a patient?

SK: Yes, on a number of occasions. Generally it's a person whose desire didn't come from within. It could be a mate; it could be a neighbor; it could be in the workplace. They were, in my professional opinion, doing it for the wrong reasons, or even if the desire came from within them, they had, in the interview process, unrealistic expectations, something that I honestly didn't feel like I could deliver on. I like to under-promise and over-deliver with every one of my patients.

Question: Is there one particular request you see a lot of these days?

SK: For women, the No. 1 request in recent years is the breast augmentation, but a close second is lipo suction. A phenomenon we should be aware of is the weight issue. The First Lady of the United States, one of her dreams is to improve nutrition and the dynamics of American eating habits, and I agree with her. Two-thirds of Americans are overweight, one-third is obese and we are a nation that is overfed and underexercised.

Question: What's the strangest request you've had so far?

SK: I do remember a number of years ago a young man in his 20s wrote a lengthy letter to me about his emotional ups and downs over many years. He felt he was a human being locked in a spider body. He had a very round body and very long, thin upper and lower extremities. Sad to say, that man didn't feel particularly good about himself. He'd never had a date with a woman in his life, and he had not had any psychiatric or psychological counseling prior to coming to my doorstep. In that situation, even though I felt empathy for him and wanted to help him — I did talk to him about some body contouring procedures — I thought in that particular case he needed emotional health practitioners to address some of his issues prior to embarking on plastic surgery.

Question: What suggestions do you have for those who are experiencing the effects of age and gravity?

SK: I'd say do it when it's right for you. The desire should come from within you.

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Batteries and Light Bulbs: Universal or Hazardous Waste? You Choose!

What do you do when batteries die and light bulbs burn out? And after that, what do you do with your brand-new electronic waste?

In California, discarded batteries and electric lamps (light bulbs and tubes) are regulated as universal wastes, which must be recycled—or be managed as hazardous waste, and legally disposed of as such. Wouldn't you rather recycle?

Here are the details, according to the Department of Toxic Substances Control (DTSC):

Universal waste batteries include rechargeable nickel-cadmium batteries, silver button batteries, mercury batteries, small sealed lead-acid batteries (burglar alarm and emergency light batteries), most alkaline batteries, carbon-zinc batteries, and any other batteries that exhibit a characteristic of a hazardous waste.*

Note: Spent, automotive-type lead-acid storage batteries are not universal waste. They are hazardous waste, and managed under different regulatory requirements.

Universal waste lamps include fluorescent tubes and bulbs, high-intensity discharge lamps, sodium vapor lamps, and any other type of lamps that exhibit a characteristic of a hazardous waste.* Also, any electric lamp that contains added mercury, whether or not it exhibits a hazardous waste characteristic, is a universal waste.*

*Hazardous waste can be poisonous, flammable, explosive, and/or corrosive.

Recycle San Diego recycles unwanted electronics in accordance with state and federal laws, and we're proud of our commitment to ensuring that the materials we collect will never enter a landfill.

We accept all rechargeable batteries for free, and single-use batteries for \$1 per pound. And we accept not only lamps (bulbs and tubes), but also light fixtures (without lamps) for a small fee.

Recycle San Diego can collect e-waste at your location and recycle it—for free. (The recycler dismantles the devices, separates the different components, and ships them to various U.S. end recyclers for further processing.) Need to recycle TVs, computers, or monitors? **No hassles, no worries, no problems!**

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We host household e-waste collection events every weekend and offer on-site business pick-ups during the week.



Jeffrey Harding is the President and Founder of Recycle San Diego.

Founded in 2006, Recycle San Diego is the largest e-waste collection company in San Diego.



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Downtown • “The Metropolitan”
Take advantage of this SHORT-SALE beauty with stunning, 24th-floor water views, approximately 2000 square feet, 3 bedrooms and 3 baths! Located atop the Omni Hotel at Petco Park!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5039



Downtown • “The Metropolitan”
This elegant, BANK-OWNED foreclosure in one of Downtown's most desirable luxury high-rises is well priced. One of few residences atop the Omni Hotel at the entrance to Petco Park, the views are spectacular!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5329



Downtown • “Harbor Club”
This spectacular 'bubble unit' on the 33rd floor of the Marina District's premier, resort-style residential high-rise boasts a completely remodeled interior with the finest of finishes and phenomenal, 180-degree water views!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5289



Downtown • “Electra”
Situating near the top of San Diego's tallest residential high-rise, this expansive 1850 square-foot beauty on the 41st floor will knock your socks off! The touch of a button operates the window shades and lights & the interior is upgraded beyond belief!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5099



Downtown • “Bayside”
Boasting sweeping Northwest views to the bay and ocean, this 21st-floor beauty in Bosa Development's newest and most exciting residential community has it all! Dual bedrooms and baths, quality cabinetry and finishes, and so much more!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5559



Downtown • “The Mark”
This drop-dead, 'WOW' residence at one of Downtown's most exciting residential communities enjoys elegant finishes, custom lighting & wall treatments, gleaming hardwood floors, a private terrace, & even a water-feature. Truly special!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5539



“Electra” Builder Close-Out
Bosa Development has selected us to market their few remaining luxury residences at one of Downtown's most unique and desirable residential communities! Boasting elegant finishes and common amenities par excellence! Just two left!
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call 1-800-709-1995, Ext. 5139



Downtown • “Meridian”
Enjoy a lifestyle found nowhere else at this high-amenity, luxury community! The residence boasts upgrades galore and 1800 square feet, short-sale priced to sell!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5609



Downtown • “Alta”
This super SHORT-SALE is a rare opportunity to enjoy a prime, 14th-floor, Northwest corner beauty in one of Downtown's most exciting, newer communities, complete with stunning views, and an oversized terrace!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5309



Downtown • “The Grande”
Featuring an upgraded and pristine interior, this lovely residence enjoys gleaming cherry hardwood floors, a bay view terrace, a black-granite kitchen with glass-tile backsplash and stainless appliances, dual secured parking spaces, and may convey 'furnished' with a strong offer! Stunning!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5369



Downtown • “Watermark”
This well-priced residence in recently renovated community enjoys a west-facing orientation, a private terrace looking toward the Old Police Quarters, and dual parking spaces!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5299



Downtown • “J. Segal Rowhome”
This award-winning masterpiece offers the ultimate in urban living! Located on the edge of the Marina District, the remodeled residence includes approximately 2300 sq. ft. of 'hip' architecture, PLUS a separate, 700 sq. ft. work loft/granny-flat, or entertainer's mecca w/ home theatre & wet-bar.
For full details in a recorded message,
call 1-800-709-1995, Ext. 5479



Downtown • “Horizons”
In pristine condition, this Northwest corner two-bedroom residence enjoys a private view terrace, a granite and stainless kitchen, and rich stone surfaces in the bathrooms!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5159



Downtown • “Horizons”
Live the good life in this desirable Marina District location on the Southwest corner on the 14th floor, with sweeping water views! You'll love the gleaming hardwood floors, multiple balconies, and dual side-by-side parking and storage!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5019



Downtown • “City Walk”
This expansive, 1684 square-foot town home feels more like a house than a condo! It enjoys an oversized terrace, access from the street as well as the interior of the community, and a private corner locale!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5119



Downtown • “La Vita”
Take in the stunning city views from this 16th-floor 2-bedroom beauty in the Northeast corner of the building! Lots of light and an oversized terrace make this one you'll want to call 'home'!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5579

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Downtown • “Icon”
Wait until you see the views to Petco Park and the urban sights from this prime, Northwest corner, 2-Bedroom residence located at East Village's hippest residential community! You'll love the gleaming hardwood floors, sunny windows, a private view terrace, & dual parking, for starters!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5529



Downtown • “Alta”
Come see why so many are making Alta their choice! Intelligently located on the edge of the bustling Gaslamp Quarter, this fabulous SHORT-SALE boasts a prime southwest corner locale with walls of windows, a spacious terrace, & gleaming hardwood floors!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5569



Downtown • “Icon”
You'll be amazed at the views to Petco Park from this 15th-floor, west-facing, two-bedroom residence with gleaming hardwood floors! Mere steps to Petco, as well as to a multitude of restaurants and shops!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5219



Bankers Hill • “BayVu”
Located near Downtown, this rare, top-floor beauty boasts stunning bay views, brand new carpet, and a freshly painted interior! Located in a secured building with dual parking spaces, this one's super sweet!
For full details in a recorded message,
call 1-800-709-1995, Ext. 5209



Downtown • “Porta d'Italia”
The ideal 2nd-home opportunity, this top-floor pied-a-terre boasts lovely bay & Pt. Loma views, a granite & stainless kitchen, & lovely furnishings that may convey! This small, intimate community is just steps to the Village of Little Italy with its multitude of shops & restaurants!
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Downtown • “Gaslamp City Square”
The ideal starter property, this studio residence overlooking the pool deck and courtyard offers the first-time buyer an awesome opportunity to own a property at a bargain, short-sale price!
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Downtown • “Discovery”
Ideally located in the quiet, private Northwest corner of the building, this charming 1-BR with spacious terrace and freshly painted interior is priced to sell! Atop Cortez Hill, you're close to the action but away from it, too!
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Bankers Hill • “Century Plaza Towers”
Enjoy almost 1500 square feet of upgrades in the area's landmark luxury high-rise near Balboa Park! Featuring dual parking spaces and brand new Plantation shutters throughout, this pristine residence also includes a full-size laundry room, lovely views from its northeast corner location, and a private terrace!
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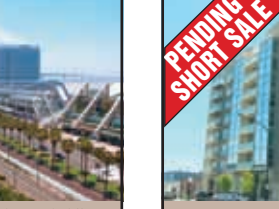
Downtown • “El Cortez”
Own a piece of history & take advantage of this well-priced SHORT-SALE! The residence enjoys a warm and inviting interior w/vintage moldings and fixtures, a pleasant south-facing view, & a prized location atop Cortez Hill! A short walk will take you to the bustling Gaslamp Quarter or take in a game at Petco Park! It's a good life!
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Downtown • “Hawthorn Place”
Walk to everything the Little Italy village has to offer from this beautifully located and well-priced two-bedroom unit! You'll enjoy sweeping bay views, a wrap-around terrace, dual parking, and dual master suites! A low HOA fee, too so don't delay!
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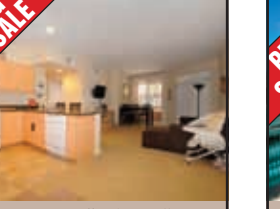
Downtown • “Harbor Club”
You'll want to make this lovely residence your home or home-away-from-home. Featuring stunning views to the South & East, an oversized view terrace & 2 terrific parking spaces near the entrance. This resort-style community is located in the heart of the Marina District.
For full details in a recorded message,
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Downtown • “Element”
Newly listed, take advantage of this super SHORT-SALE opportunity in hip East Village community! This sunny Northwest corner residence enjoys dual bedrooms and baths and custom quartz kitchen counters and back-splash! Priced to sell!
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call 1-800-709-1995, Ext. 5169



Downtown • “Palermo”
Beautifully located on the pool level, this dual bedroom, dual bath residence features a private patio, a granite kitchen, and two parking spaces! Just steps to Little Italy's many wonderful venues, Palermo enjoys lush courtyards, a pool & spa, fitness center & secured parking! Don't miss this super short-sale opportunity!
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Downtown • “Pinnacle”
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