

Downtown's Hidden Treasures

By JOHN GREGORY
DOWNTOWN NEWS

The frenzied pace of urban life seldom leaves time for enjoying the details that make city living so attractive to some. But applying the brakes to savor the often-overlooked landscape is worth the effort — and downtown San Diego has its share of hidden gems.

Just ask Darlynn and Marc Menkin, owners of Where You Want To Be Tours, a company that makes its mark by pointing out these treasures.

Where You Want To Be Tours takes care to highlight the not-so-obvious — whether it be concealed pathways, secluded watering holes or serene gardens.

The Menkins and their tour guides are also quick to share historic lore and urban legends.

The company offers a variety of interactive tours, including scavenger hunts, a "Downtown with a Difference" walking tour, cycling adventures and bus tours.

"Our goal is that ... at some point in your adventure with us you'll look around and say, 'You know what, I'm exactly where I want to be,'" Darlynn said.

Marc can easily rattle off two dozen points of interest on a surprisingly quick stroll starting at Seaport Village and ending in East Village.

First of all, Marc suggests a different way of getting around coastal San Diego that most overlook. Take a water taxi from the dock near Roy's restaurant at Seaport Village instead of land transportation. Water taxis come by twice an hour or they



Darlynn and Marc Menkin, owners of Where You Want To Be Tours, stand before Georges on 5th restaurant, pointing to one of their favorite Victorian-style buildings. The building used to be Wyatt Earp's gambling hall and saloon.

SEE HIDDEN, Page 9



Horses of the San Diego Police Department's equestrian unit, based in Balboa Park stables, are being auctioned off this week.
COURTESY PHOTO

Equestrian unit horses go on the auction block

By JOHNNY McDONALD
DOWNTOWN NEWS

The San Diego Police Department's equestrian unit will no longer roam sprawling Balboa Park's canyons, walkways and streets. The team's members are being reined in by budget cuts after 15 years of service.

The cuts are part of a \$12.5 million trimming that includes the Harbor Police, some police automobiles, one-third of the canine unit and eventual layoffs of 84 office workers and investigators, according to assistant police chief Bob Kanaski.

Seven horses, trailers, tack and saddles were scheduled to be sold at an online auction that began Feb. 1, and will run through Feb. 10. Viewing of the horses is scheduled for today, Feb. 4, from 9 a.m. to noon. Pickup of horses sold is scheduled for Feb. 16-18 at the stables based in Balboa Park, according to a police press release.

"Average age of these horses is between nine and 12 years old," Kanaski said. "Horses can live from 25 to 35 years, so these are still juveniles. The buyer would get long usage with them."

"According to my sergeant, Bret Righthurst, we've had about 20 to 30 inquiries concerning the auction. The bidding should be pretty spirited."

Righthurst was once a member of the unit.

"We have used the horses at the beach and for crowd control. They've done a pretty good job for us but mostly for public relations rather than enforcement," he said. "Most agencies are cutting the mounted police enforcement units."

Boston had one of the longest-running horse units and they're eliminating that."

Seven officers and one sergeant with the mounted unit will be placed on other duties.

The main focus during these changes is to ensure that there are enough officers out on the field, Kanaski said.

The police department cutback is part of Mayor Jerry Sanders' order to close an overall \$179 million city budget gap. Sanders formerly served as police chief.

The removal of the horse patrol represents a saving of \$282,000 when one considers specialty pay, food, the veterinarian, saddles, tack, trailers and cars.

As for the Harbor Patrol boats, Kanaski said they belong to the state of California.

In addition, 12 dogs have been retired from the canine unit.

"That leaves me with 21 full units," Kanaski said. "Right now I have six sergeants who have dogs."

The cost of an effective police dog service team is expensive. The typical costs include the purchase of the dog, vehicle, handlers' pay and training, and the daily expenses — food and veterinary care.

"We're doing everything to find a place for them, whether in retirement, to another agency or return to the vendor," Kanaski said. "They're not trained to be a regular family dog."

The dismissal of the workers is being negotiated with the Municipal Employees Assn.

The Central Division, which also covers downtown San Diego and Logan Heights, will assume law enforcement duties in Balboa Park.

**DIVINELY
DELECTABLE**
*a healthy menu when
you're being good*

**HEAVEN
& HELL**
LIMITED TIME MENU

**Tilted
KILT**
PUB & EATERY

**DEVILISHLY
DELICIOUS**
*an indulgent menu when
you're being naughty*

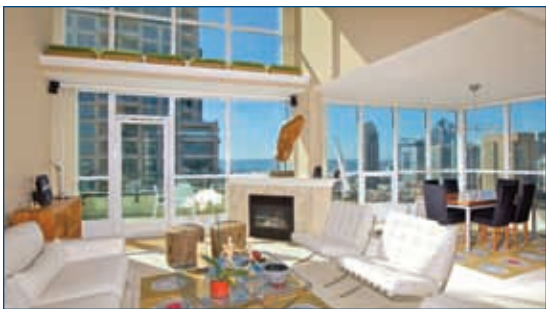
10th & K Street 619.814.KILT tiltedkiltssandiego.com



WILLIS ALLEN

REAL ESTATE

REAL ESTATE. REAL INTEGRITY. SINCE 1914.



HORIZONS

\$1,395,000

A picture perfect work of art aptly describes this 3-bedroom, 3-bath spacious two-story penthouse with eye catching accents, dramatic stairway and jaw dropping views.



RENAISSANCE

\$1,195,000

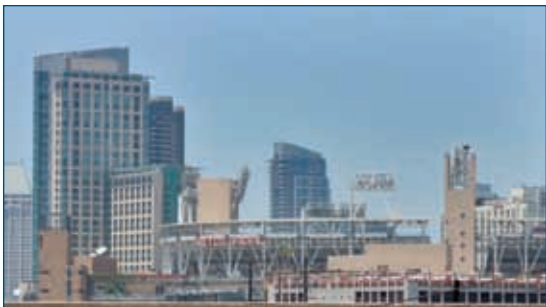
Southeast corner on the 18th floor with spectacular views of the ocean, bay, Coronado, Point Loma, the skyline and Petco Park. 3 bedrooms, 3 baths gorgeously decorated in rich elegant Tuscan Old World Style.



NEXUS

\$339,000

Enjoy a rare and special view of the city from this west-facing light, bright and open one-bedroom with a fabulous floor plan and amazing upgrades.



BARRIO LOGAN

\$5,000,000

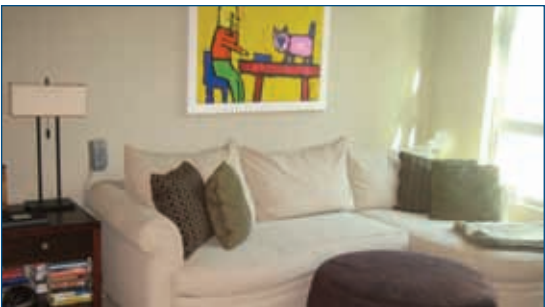
One acre, five-parcel lot in vibrant Barrio Logan Redevelopment Zone offering excellent local, state and federal incentives for development. Light Industrial/multi-family/warehouse. Near Petco & Coronado Bridge.



CITYFRONT TERRACE

\$599,000

Wonderful wide open boulevard and city views from this charming two-bedroom, two-bath home. Great changes and upgrades at Cityfront Terrace are underway in this popular sought after building.



ACQUA VISTA

\$349,900

Pristine corner unit with a split two complete master bedrooms floor plan, tasteful upgrades, lots of natural light, tree top views and the fun of living in vibrant Little Italy!



ELECTRA

\$1,650,000

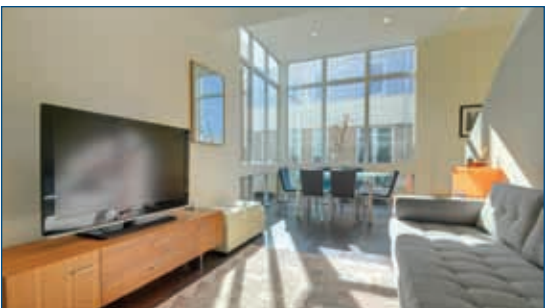
The ultimate in PENTHOUSE living with captivating and sweeping views from this utterly stunning and spacious 2-bedroom, 2-bath home in the sky featuring a large master suite, 2 balconies and a den.



1MISSION

FROM THE HIGH \$300,000s to \$1,200,000

Exceptional brand new award-winning, 2-story townhomes & flats now selling in Mission Hills — open daily 10 AM–5 PM at 845 Ft. Stockton #114 www.1mission.com



PALOMA NUEVO

\$520,000

Contemporary view row home in prime Mission Hills location with 2 bedrooms, 2 baths, loft/office, 2 balconies and attached 2-car garage. Built in 2008 with many energy saving earth friendly features.

Downtown's Finest Professionals

Ken Baer	Anne Effinger	Marla Hovland	Alan Hamrick	Brian Borkum	Julie Adams	Lisa Allen	Leslie Kilpatrick	Mary Schlesing	Ron & Betsy Ryan
(619) 248-4200	(619) 339-2663	(619) 518-7444	(619) 322-3321	(619) 300-2209	(619) 481-0200	(619) 808-9595	(619) 522-9494	(619) 994-8816	(858) 353-0364 (858) 353-0365
Pat Edmondson	Monica Stone	Sonja Kiczula	J Q Stearman	Steve Kellam	Stella Biggs	Deb Herscovitz	Amy Barry	Vicki Droz	Victoria Crown
(619) 322-5866	(619) 571-8841	(619) 889-3274	(619) 701-4823	(619) 518-1788	(619) 384-1945	(619) 871-7202	(619) 818-3095	(619) 729-8682	(619) 977-3174

King-Chavez High School is giving its students a different look at the world

By ANTHONY GENTILE | DOWNTOWN NEWS

In its first year, King-Chavez High School (KCHS) is giving local high school students a different option downtown. The public charter school opened its doors to ninth-graders in August.

"We seek excellence in arts, academics and athletics through the foundation of love," said KCHS principal Jeb Hubbs. "It's all based on love – we love what we do, we love our students and we really believe that love makes the world go round."

KCHS is the seventh school in the King-Chavez family, which opened its first school in 2000. As more and more students passed through the ranks of the King-Chavez schools, a high school became necessary.

"We really believe in what we're doing and we didn't want to turn our kids out to high schools that didn't necessarily follow the same mission that we have," Hubbs said.

The high school currently has 210 students in its freshman class. Each year it will add a grade until it becomes a full

KING-CHAVEZ HIGH SCHOOL



high school in 2013.

"We wanted to give our kids an opportunity to stay in the school system and continue on through high school," Hubbs said.

KCHS is a dual-outcome school, with the aim of preparing students for both college and career. This means that in addition to taking required college prep courses, students are also required to take an internship as juniors and seniors to give them real-life experience prior to graduation.

"We want a well-rounded student. We

want these kids to have the knowledge to go to college and skills to be able to find employment," Hubbs said. "We know that in the demographic of kids that we're working with that some kids need to find work now. We need to prepare them for everything they need after they graduate high school."

Two things set KCHS apart from its local high school counterparts – size and schedule. Hubbs said when the high school becomes all four grades it will have 800 students, and the school has a class schedule from 8:45 a.m. to 4:05 p.m., one thought to mimic the career work-day.

KCHS is currently enrolling students from around the county for ninth and 10th grades. Though the school is free, an application process is necessary for enrollment.

"We always welcome people to come on down and check us out," Hubbs said.

King-Chavez High School is located at 201 A St. For more information, visit www.kingchavez.net or call (619) 704-1020.

Downtown will celebrate Year of the Tiger

By ANTHONY GENTILE | DOWNTOWN NEWS

Chinese culture will be on the prowl downtown later this month. The 28th annual San Diego Chinese New Year Fair will ring in the Year of the Tiger on Feb. 20 and 21 in downtown's Asian Pacific Thematic Historic District.

"If they want to come out and check out local culture, we have live performances and food and booths for families," said Linh Du, a volunteer with event coordinator San Diego Chinese Center.

The Year of the Metal Tiger, year 4708 on the lunar calendar, officially begins Feb. 14. According to Online Chinese Astrology, the combined metal tiger signifies the energy to begin activity and the determination to follow it, and that events set in motion will gain steam in the new year.

Du said she expects about 25,000 people to attend the free two-day festival that will take place between 10 a.m. and 5 p.m. each day. Entertainment at the event includes Chinese acrobats, local folk dance and music performances, local martial arts performers and an Asian story theater, in addition to various food and vendor booths.

"It's a family event, so bring the kids," Du said. "It's good for families because we have our children's center."

Activities in the children's area include Chinese crafts and calligraphy. There will also be a children's lantern parade.

The nearby San Diego Chinese Historical Museum will also take part in the Chinese New Year festivities. The museum, located at 404 Third Ave., has prepared special exhibits for the fair, including an exhibition of Chinese New Year prints and a display case dedicated to the new year with firecrackers, lanterns and a lion's head.

"We have about 60 to 70 copies from the Chinese Palace Museum (in the Forbidden City)," Alexander Chuang, executive director of the museum, said about the prints. "There are many categories."

Also on display in time for the fair is a new addition to the museum's permanent collection – eight Chinese opera masks. These masks convey specific posi-



The heads of Chinese dragon costumes are prepared for a previous year's Chinese New Year Fair in downtown's Asian Pacific Thematic Historic District. COURTESY PHOTO

tions and poses from the ancient tradition of Chinese opera.

"They are very real because they are made of clay and fired in low temperature," Chuang said. "It's hard to keep from the damage from shipping."

The San Diego Chinese New Year Fair will be held at Third Avenue and J Street downtown. For more information, visit www.sdcny.org. The San Diego Chinese Historical Museum is online at www.sdchm.org.

Now Enrolling Grades K-8!

Small class sizes where student's learning experiences transform in a hands-on environment. Our teachers are caring and dedicated, making a safe environment.

- Rigorous curriculum including English, Language Arts, Mathematics, Science and Social Studies
- Consistent, highly qualified faculty and staff
- After-school tutoring programs available
- Computer lab with advanced computer literacy and educational interactive programs
- Family and community involvement
- Financial and academic accountability
- 24 hour access to Odyssey Learning System
- Positive Classroom Management



Iftin Charter School

5465 El Cajon Blvd. San Diego CA 92115
619.265.2411 www.iftincharter.org



**Dale Bowen
& Ann LeBaron**
(619) 300-7180 or
(619) 252-2494

Selling Downtown Since 1990
BowenLeBaron@cox.net



PINNACLE. Prized corner plan with expansive terraces has a lofty open feel with ten-foot floor-to-ceiling glass. 2BR/2BA/2 Parking spaces. Why look beyond the Marina District at this price? Only \$699,000

HARBOR CLUB. Awe inspiring harbor and ocean views from this 33rd floor designer showcase. Why pay for a water view that's going to be blocked? This one is here to stay! 2 parking spaces included. \$779,000



Leased

HARBOR CLUB
"BUBBLE" sought after 2BR plan features sweeping walls of wrap-around glass. From this 29th floor location, you are guaranteed fabulous water views from every room. Call today! \$1,395,000

Entry level pricing to a luxurious urban resort lifestyle! Spacious one bedroom with picturesque views of the lush pool terrace, city, and harbor beyond. Only \$599,000

In Escrow



Reduced

HARBOR CLUB. Rarely available half floor penthouse. Residence 3701 holds a towering position over the Gaslamp, ballpark and sparkling harbor. 2,084 sq. ft. with open flowing plan. Well priced at \$1,599,000

FULL PRIVATE FLOOR! For front row water views and comfortable living this Harbor Club penthouse is tough to beat. Award winning layout with enormous great room, 3BR/Den/5BA/4 Parking. \$4,500,000



Now \$4,500,000

Call for a free e-mail alert on new listings in your favorite building.
CALL THE RESIDENT EXPERTS!

Tour These Featured Listings at
www.daleann.net



San Diego Downtown Breakfast Rotary

Club's members work for the betterment of the community

By LILLIAN COX | DOWNTOWN NEWS

The 102 members of the San Diego Downtown Breakfast Rotary get more things done by 9 a.m. on Wednesday than most people do all week.

The club meets between 7:30 and 9 a.m. at the University Club, located on the top floor of Symphony Towers at 750 B St.

Last year, the group contributed more than \$50,000 to local nonprofit organizations and schools. Members also provided more than 400 hours of direct community service.

In addition, the organization's annual Holes for Heroes golf event netted \$64,000 for military supporting charities and Rotary Foundation humanitarian projects.

Nonprofits benefitting from the club's efforts include the USO, Veterans Village and Catholic Charities.

"We don't just give money, we do hands-on work," said Downtown Breakfast Rotary President Karen Green. "For Catholic Charities we assembled Thanksgiving meal packages and distributed them to families ourselves."

Another of the club's major projects is the Polio Plus Foundation, a partnership between Microsoft founder Bill Gates and Rotary International to eradicate polio throughout the world. The Rotary Club has set as its goal matching a \$100 million grant by Gates over a three-year period.

"Even though the economy is bad, we are way ahead of our giving," Green said. "With our Polio Plus project, we doubled our goal in half the time."

Last month the club didn't waste any

"What brings us together is that you want to help the local community. We're not a networking group, we're a service organization."

Karen Green
President

time coming to the aid of Haitian earthquake victims.

"We've already committed \$1,000 and our members are continuing to add more," she said. "We will be giving a total of approximately \$2,000."

Rotarians represent a wide variety of professions including judges, attorneys, retail owners and realtors like Green.

"What brings us together is that you want to help the local community," she said. "We're not a networking group, we're a service organization."

Prospective members must actively hold or be retired from a professional, proprietary, executive or managerial position. They must have the desire and ability to attend weekly meetings and live within the territorial limits of the club or adjoining club. To join they must have a sponsor, attend a minimum of three meetings and secure approval by the board of directors.

Green said members can expect to pay about \$1,000 a year to belong to the club. This includes the cost of weekly breakfasts. Guests and visiting Rotarians pay \$18 at the door to attend a breakfast meeting.

For more information, visit www.sdrotary.org or e-mail karen-green@cox.net.



Karen Green, Downtown Breakfast Rotary president.



Fank DeFransco, a member of the San Diego Downtown Breakfast Rotary, serves breakfast at the Potiker Senior Center.
Courtesy San Diego Downtown Breakfast Rotary

Ace Hardware store owners paint Washington Elementary

More than 75 Ace Hardware store owners from across the country came together Jan. 22 to give a fresh coat of paint to Washington Elementary, which is part of the San Diego Unified School District and located at 1789 State St. Led by Ace's Home Expert Lou Manfredini, the volunteers used Ace's Royal interior paint to brighten the walls of the school's library and several administrative offices, and all

of the paint and supplies were provided by siblings Pam and Harry Schwartz, owners of the Downtown Ace Hardware at 675 Sixth St. The paint project provided Ace an opportunity to give back to the San Diego community during its three-day annual conference dedicated to Ace store owners networking, learning new initiatives and sharing best practices on how to succeed at retail.



21st Century STEM Education

SCIENCE TECHNOLOGY ENGINEERING MATHEMATICS

JOHNSON MAGNET SCHOOL

API: 803
1355 Kelton Rd. (92114)
(619) 264-0103
Principal: Tracey Jenkins-Martin
Grades: K-6
<http://new.sandi.net/schools/johnson>

MILLENNIAL TECH MIDDLE

API: 809
1110 Carolina Ln. (92102)
(619) 527-6933
Principal: Helen V. Griffith
Grades: 6-8
<http://lmttechmiddle.org>

San Diego Unified SCHOOL DISTRICT

Call Now For A Stem Magnet Tour!

ENROLLMENT DEADLINE: 2/15/10

San Diego's BIGGEST PARTY!

GET YOUR TICKETS NOW AND SAVE

GASLAMP QUARTER

MARDI GRAS

6 PM to MIDNIGHT
FAT TUESDAY
FEB 16, 2010

Outdoor Celebration & Festival

ONLY \$15
in advance
Gate price \$20

ORDER ONLINE
Save Time & Money!

21 & UP ONLY
6 pm to midnight

Gaslamp.org
619.233.5227

CIRQUE DU SOLEIL

"Simply. Amazing."
—Los Angeles Times

KOOZA

Written and Directed by David Shiner
PRESENTED BY
iShares

OPENS FEBRUARY 25 **GET YOUR TICKETS NOW!**
IN SAN DIEGO **CIRQUEDUSOLEIL.COM**

UNDER THE GRAND CHAPITEAU AT DEL MAR FAIRGROUNDS

OFFICIAL SPONSORS
CGI WYNDHAM Hotels and Resorts Sun Life Financial American Express

MEDIA PARTNER
739

Downtown-headquartered Census Bureau office gets ready for the 2010 count

By SEBASTIAN RUIZ | DOWNTOWN NEWS

The U.S. Census Bureau is hiring up to 20,000 staff employees at three San Diego County branch offices in Chula Vista, Escondido and El Cajon, this month to augment its downtown headquarters at 1370 India St. Temporary positions ranging from clerk-level to supervisor positions pay from \$12.50 to \$18.50 an hour.

Some staff will also personally count residents starting in April depending on households returning the census survey or not returning them, said Robert Borboa, spokesman for the bureau.

"If you don't want anyone to come to your home, please fill out the questionnaire and return it," he said.

Residents should expect a letter in late February announcing the beginning of the count, which takes place every 10 years. Citizens can expect a 10-question form about a week later. The government asks residents to fill it out promptly and return it.

The survey asks for the number of people living at a residence and tracks information such as Global Positioning System (GPS) coordinates. The form asks for type of residence, names, birth-

days, telephone numbers and race. It does not include questions relating to citizenship.

The government uses the information to track population growth. Government officials also use the information while redrawing congressional districts, Borboa said. Approximately \$400 billion a year is handed out through Congress to communities to augment social services, infrastructure and schools, Borboa said.

"(So) if we undercount by 1,000, that translates to a million (dollars) that that community has lost over the 10 years," Borboa said.

Since 1790, the count has taken place every 10 years as required by the U.S. Constitution. In between those counts, the government also sends out additional surveys every third and seventh year for a demographic "portrait" of the country, which is what residents may remember filling out in recent years, Borboa said.

Under federal law, the U.S. Census Bureau cannot share the information with other government agencies.

For more information about the U.S. Census, visit www.2010.census.gov.



FUN AT THE FESTIVAL The 12th annual San Diego Multicultural Festival brought out families and performers Jan. 16 to Martin Luther King Jr. Promenade. TOP LEFT: Black Star Eyed Eagle of the Tongva tribe, originally from Catalina Island, performs at the festival. TOP RIGHT: A family wearing sack hats strolls by the public art sculpture titled "Breaking the Chains of Hate." BELOW, RIGHT: An assortment of Mexican wrestling masks is displayed at a booth. BELOW, LEFT: A Native American group conducts a traditional dance.

PAUL HANSEN | Downtown News



Alaska Cruise and the Canadian Rockies Tour!

from \$1599*

Depart May thru September; start in Calgary for your scenic six-day motor coach tour to Vancouver, B.C. You'll visit Calgary, Banff National Park, Lake Louise, take a "SnoCoach" ride over the Columbia Ice Fields, visit Jasper National Park, and Vancouver, B.C., where you'll board a 5-STAR cruise ship for your seven-day Holland America Line cruise. Travel through a wondrous maze of forested-island and glacier-carved bays to Juneau, Skagway, Ketchikan, and spectacular Glacier Bay.

*Price per pers., based on dbl. occ. Add \$349 taxes including Alaska's visitors tax, port charges, gov't fees, and service charges. Airfare is extra. Call for prices from your closest major airport.

**For Details, Itinerary and Tour Map
Call 7 Days a Week**

**YMT Vacations
1-800-736-7300**

Affordable fun-filled travel since 1967!

Bakery
Italian and Sicilian Breads
Pastries, Cookies & Cakes

Hours:
Monday: 9 am – 3pm
Tuesday – Friday: 9am – 5pm
Saturday: 8am – 5pm
Sunday: 8am – 4pm

Lunch
Serving Sitdown or take out

Dinner
Sicilian Style Cuisine

Hours:
Tuesday – Saturday: 5pm – 10pm



**Panificio e Ristorante
Solunto**
In Business for 40 years!

1643-45 India Street
San Diego, CA 92101
619-233-3506
www.solunto.biz

VISA MC DISCOVER

Come for lunch... stay all night

Happy Wednesdays
1/2 price drinks
& appetizers all day

Ph. (619) 23-FUNKY
www.funkygarcias.com

San Diego Gaslamp 421 Market St. San Diego CA 92101



Est. 1972

WANTED
SALAZAR'S

Come Try Our Fish Tacos & Authentic Margaritas!



Fish Tacos!

Breakfast • Lunch • Dinner / 6:30am - 9pm Daily
1502 Market St. / San Diego / 619-238-9674
www.salazarsfinemexicanfood.com



Free Pizza with Purchase
of a menu item of equal or greater value.

SAMMY'S WOODFIRED PIZZA
Eat Well. Feel Good.
www.sammyspizza.com

770 Fourth Avenue / 619.230.8888

Valid Sun.-Thur. One coupon per party of 4 or fewer. Not valid with take-out or other coupons/promotions. Expires 3/7/10. NP 60

For more information on advertising in this section,

please call (858) 270-3103

Deborah Vasquez x118

Jason Gregory x116

FOOD & DRINK

Go to: www.sdnews.com/pages/dining for more dining information

Panificio e Ristorante Solunto

Panificio e Ristorante Solunto has been around for over 40 years. The name change from Solunto Baking Co is only to show that we added a restaurant for the evening. The décor has changed as well to uplift the ambiance for day and night. One of the last original family members still runs the new transition of a landmark that made San Diego exuberant in delicious Sicilian style bread, cookies and pastries. The lunch portion of the business still carries all the delicacies that made us flourish like sandwiches, hot food, and pizza. Now the dinnertime has a great influence in the Little Italy arena of great food. Hours are as follows: Bakery/Lunchtime Monday 9AM-3PM, Tues-Fri 9AM-5PM, Saturday 8AM-5PM Sunday 8AM-4PM Dinnertime Tues-Sat 5PM-10PM Address: 1643 India St San Diego CA 92101 619-233-3506 www.solunto.biz email: solunto@cox.net

Richard Walker's Pancake House

Richard Walker's Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the "premier" breakfast destination for San Diego's residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker's with you as we prepare orders to go.

Funky Garcia's

Where Dreams Become Reality...after a few drinks! Stop by Funky Garcias (located at 421 Market Str) for these great weekday promotions. MONDAY INDUSTRY NIGHT-\$4 shots of Patron Silver, Don Julio Blanco, Jack Daniels and other fine spirits from 7pm-Close. TACO TUESDAY- \$2 Tecate and Tecate Light, \$4 Smirnoff and Cuervo Tradicional. HAPPY WEDNESDAY-1/2 price all drinks and appetizers ALL DAY! THURSDAY 80's NIGHT- \$3 Tecate and Tecate Lights, \$2 12oz Bud Light drafts. CHILLAX SUNDAYS- Incredible Mexican Brunch \$2.50 Tecate and Tecate Lights, \$4 house margaritas, \$4 Bloody Marias, \$1 Mimosa. For additional information, please see www.funkygarcias.com.

Tabule Restaurant + Bar

Tabule is a cozy hidden gem. Tucked away on 4th Avenue between Market Street and Island Avenue is Tabule Restaurant + Wine Bar. Tabule's menu spans a wide variety of international cuisines including Italian, Thai, Middle Eastern, ceviches, sushi, seafood dishes and steaks. Tabule has also been voted as one of the "Top10 Restaurants in the Gaslamp Quarter" as well as "Most Romantic". In addition to their unique dishes, Tabule hosts a daily "Power Hour" from 5pm-6pm Monday through Friday. All drinks and appetizers are HALF PRICE and this includes their signature Pomegranate Martini. On Tuesday guests can enjoy and ALL NIGHT HAPPY HOUR from 5pm to close and another extended Happy Hour from 3pm-6pm on Saturdays and Sundays.

Salazar's Taco Shop

Salazar's Taco Shop Began as a dream in 1945 and turned into a reality in 1972. The owner and founder, Frank Salazar, began working at the age of 14 in the kitchen of the La Fonda Hotel in Santa Fe under the supervision of a German chef named Konrad. Today the "taste of home" quality of the food is enjoyed by many long-time customers and some of our new neighbors who are becoming our new regulars. The fine food at Salazar's can be enjoyed seven days a week, 6:30 am until 9 p.m. Breakfast, lunch and dinner as well as food to go are served all day. Bulk food orders with advance notice are available. The margaritas are real and the bottled beer is cold. The best thing I've ever been told by a customer is that "there's a genuine-ness about this place."

East Village Tavern & Bowl

Let's Bowl! Good food, frosty beer, tasty eats and bowling to boot, what a better way to celebrate any occasion. 30-50" HD Flat Screens, 12 brand spankin' new bowling lanes and plenty of room for 300 people! There's an action filled event package for every degree of hunger and thirst. And every budget. For more information:619.677.BOWL(2695) www.bowlevt.com~events@bowlevt.com

Wolffy's Place

Wolffy's Place-authentic Chicago Eatery featuring Chicago Vienna hotdogs,Italian Beef on Gonnella rolls, Baby back BBQ ribs, Chicago Deep Dish Pizza as well as thin crust, Brats, Italian and Polish sausage, and a full bar with happy hour 3pm-6pm M-F with 2 for 1 beers, and 4\$ wells, half price appetisers and 3\$ sandwiches; come watch all Bears, Bulls and Blackhawk games on Direct T.V.

RICHARD WALKER'S
Pancake House



6:30am-2:30pm • 7 days a week
520 Front Street • Just South of Market, Downtown
619-231-7777 • www.richardwalkers.com

tabule
Restaurant & Bar



San Diego Gaslamp
535 4th Ave. San Diego CA 92101
Ph. (619) 238.0048
www.tabulorestaurantbar.com


*Celebrate Valentine's Day
All Weekend Long at Roppongi
Feb. 12-14*

We're turning Valentine's Day into a whole weekend experience. Treat your valentine to our delightful three-course prix-fixe dinner available Feb. 12-14. Book your reservations today.

ROPPONGI
RESTAURANT • SUSHI BAR

875 Prospect Street, La Jolla
858-551-5252 / roppongiusa.com

LET'S ROLL!
DAILY 11:30-2AM



EAST VILLAGE
TAVERN + BOWL

www.bowlevt.com 619.677.BOWL(2695)
930 MARKET STREET, SAN DIEGO

WOLFFY'S PLACE
A CHICAGO EATERY

HAPPY HOUR: 4 TO 7
APPETIZERS: 1/2 PRICE M-F

FREE
LUNCH OR DINNER
WITH PURCHASE OF ANY ENTREE
OF EQUAL OR GREATER VALUE
& 2 BEVERAGES.
NOT VALID WITH ANY OTHER OFFER.

50% Off
ONE FOOD ITEM WITH PURCHASE
OF 1 BEVERAGE.
NOT VALID WITH ANY OTHER OFFER.

- SPECIALTY -
Chicago Ribs \$18.95 • Hot Dog Italian Beef • Deep Dish Pizza



844 Market St. | Downtown | 619-234-2626 | wolffysplace.com

NEWS**briefs****CCDC hosts informative 'coffee' meeting**

Centre City Development Corporation (CCDC) is hosting "Coffee with CCDC," a discussion forum where the public can

fill up with information about downtown redevelopment, projects and plans. "Coffee with CCDC" will take place at 6 p.m. today, Feb. 4 at the Downtown Information Center, located at 193 Horton Plaza (above CVS/pharmacy). No reservation is required to attend this free meeting.



A family enjoys the setting during a previous TET Festival. This year's event will be held Feb. 19-21 in Balboa Park. COURTESY PHOTO

TET Festival set for Balboa Park

In an effort to preserve Vietnamese culture and heritage, the Vietnamese American Youth Alliance (VAYA) is putting together the fifth annual TET Festival at Balboa Park to celebrate the 2010 Lunar New Year.

"Huong Mua Xuan, Spring of Harmony" is the theme for this year's festival that will run on three consecutive days: Friday, Feb. 19, 4-10 p.m., Saturday, Feb. 20, 10 a.m.-10 p.m. and Sunday, Feb. 21, 10 a.m.-8 p.m. The activities will be located at Balboa Park on the corner of Park Boulevard and Presidents Way.

Expanding on the Cultural Village area of the festival, this year's festival will feature events for all ages and more replica Vietnamese structures providing a nostalgic look at life in Vietnam. In

addition, this year's featured cultural entertainers include Minh Tuyet, My Huyen, Phillip Huy, Mai Thiên Vân and Justin Nguyễn. The festival will also showcase cultural and hip-hop dances from various youth organizations throughout San Diego.

In addition to the diverse entertainment, the festival will host more than 100 vendors including more than 25 food vendors.

Parking will be available at the Inspiration Lot and San Diego City College parking lots at the corner of Russ Boulevard and 16th Street. Shuttles will be provided from various parking lots as well as various communities in San Diego, including Mira Mesa, Linda Vista and east San Diego. For more information visit www.sdtet.com.

Airport offers flu shots to ticketed passengers

The San Diego County Regional Airport Authority has announced a partnership with Pacifica Medical to offer H1N1, pneumonia and other CDC-recommended shots to ticketed passengers and employees at San Diego International Airport. The flu shots are being offered at four post-security locations in Terminals 1 and 2 between 6 a.m. and 6 p.m. Vaccinations are expected to be available through early 2010. At each kiosk, travelers will have the option of receiving the H1N1 vaccine as well as a host of other travel-related vaccines, including hepatitis A, hepatitis B, pneumonia and typhoid. Seasonal flu shots will also be available. For all vaccines, there will be a discount for San Diego residents. For more information, call (619) 400-2884 or (619) 400-2881, or e-mail

kjones@san.org or sshultz@san.org.

City College wins parade grand prize

San Diego City College earned top honors in the Jan. 16 San Diego Martin Luther King Parade. Although a parade float winner throughout its 25-plus years of participating in the MLK Parade, this is the first time City College has earned the Sweepstakes Overall Grand Prize. With "Living the Dream, Let Freedom Ring" as the theme of this year's 30th annual parade, San Diego City College students took inspiration from Dr. King's quote, "Nothing in the world is more dangerous than sincere ignorance and conscientious stupidity." More than two dozen San Diego City College students, faculty and staff designed and assembled their 24-foot float titled, "Letting Freedom Ring Through Education, NOT Incarceration."

Bank of America Tower receives TOBY Award

Downtown San Diego's Bank of America Tower at 450 B St. was awarded The Office Building of the Year (TOBY) Award under the Renovated Building category in late December 2009. The prestigious TOBY competition is held in conjunction with Building Owner's Management Association (BOMA) International. The TOBY Award is bestowed as the highest mark of excellence for office building management. The Bank of America Tower is owned by One San Diego Associates L.P. of New York, New York and is managed/leased by the San Diego, California office of Colliers International. Ware Malcomb's San Diego office provided architectural and interior design services for the renovation of a portion of the 277,351 square foot, 20-story office tower.

**Learn how invisalign can work for you.**

Invisalign Day : Tuesday, March 16th 8:00am-1:00pm

Dr. Suzanne Popp will be providing Invisalign treatment consultations to answer your questions about Invisalign treatment, the clear way to straighten teeth. If you have wondered if Invisalign is right for you ask the scheduling coordinator to schedule you for an appointment for this special event.



Dr. Suzanne Popp-Advanced Cosmetic Dentistry

1010 Eighth Street, Suite A • Coronado, CA 92118
619-435-4444 • www.drpoppp.com

**FOR ELIGIBLE
INVISALIGN DAY
PATIENTS:**

\$500 off your Invisalign treatment.

Complimentary records
(x-ray, photos, impressions, etc.)
a \$500 value.

FREE teeth whitening
a \$350 value.

Financing Options Available

Space is limited to the first 8 appointments.

**Call Today about Invisalign
Day Patient Eligibility.
619.435.4444**

invisalign
THE CLEAR ALIGNMENT SOLUTION



HOTEL DEL CORONADO
**CELEBRATING
OVER A CENTURY
OF ROMANCE**
THROUGHOUT FEBRUARY AT THE DEL

**- VALENTINE'S DAY -
Sweetheart Ball**

Join us for an enchanting evening starting with a champagne reception in the Coronet Room followed by a spectacular 4-course dinner in the magnificent Crown Room. Then dance the night away to local favorites, the Mar Dels. \$100++ per person.

Dinner For Two

With spectacular ocean views and cozy fire pits, 1500 OCEAN is the perfect spot for a romantic rendezvous.

All-Nighter

For information about romantic room packages and gift cards, visit hoteldel.com.

**- EVERY DAY -
Double Bubbles**

Spa at The Del features a variety of ways to get a little closer, including the Double Bubbles Package where you can enjoy side-by-side massages and two glasses of bubbly for \$199++.

Spark the Flames

We'll provide champagne, delectable s'mores, a spectacular sunset view and private bonfire for two.

The Finer Things

ENO offers an intimate setting for sampling fine wines, rare cheeses and gourmet chocolates.

800.HOTEL.DEL • HOTELDEL.COM

COASTAL SAGE GARDENING

**LANDSCAPE
TUNE-UP
\$500**

ONE HOUR CONSULTATION	\$100
8 HOURS LABOR	\$320
FERTILIZER AND AMENDMENTS	\$50
COLOR PACKS AND SEEDS	\$80
DUMP RUN	\$100
\$650 WORTH OF SERVICES	
(OFFER EXPIRE MARCH 17, 2010)	

**GARDEN INSTALL &
DESIGN MAINTAIN**
COASTALSAGE.COM 619 223 5229

**Seaforth
BOAT RENTALS**
DOWNTOWN

Private Sunset Sail Tours
(includes complimentary bottle of champagne)

**Join San Diego's Premier
Sailing Club**

**Powerboat
Rentals (from 17' to 26')**

**Ask about our
Locals Discounts!**

Reserve Online!

333 West Harbor Drive Gate 1 Downtown San Diego
(in the Marriott Marina)
619-239-BOAT
www.seaforthboatrental.com

BEING **fit** HAS ITS *Perx*



Ryan Kelter, Stephanie Barker, Israel Hechter & Enrique Becerra at the Hard Rock Hotel.



Kim Wagner leading in the Fit yoga room.



Eduardo Verdi & Brian Terzi at Sa.

SHOW YOUR WALLET SOME LOVE THIS VALENTINE'S SEASON.



This Valentine's season, take an opportunity to relieve some of that financial heartache and still enjoy the restaurants/bars, salons and boutiques that you LOVE.

A Fit membership automatically enrolls you in our Perx Program so you can start saving money just as soon as you start getting into shape. Members receive discounts of at least 20% at more than 100 participating local businesses.

With the money you save when flashing your new Fit Perx card, your Fit membership will pay for itself.

Call or visit FITPERX.COM today to learn more.

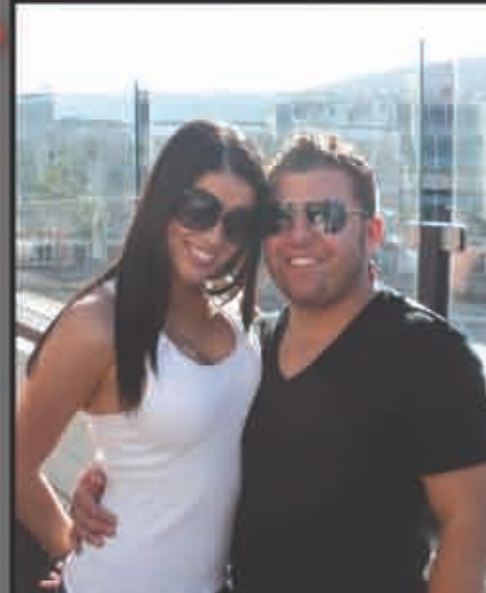
JOIN **fit**, SAVE MONEY,
HAVE FUN.



Priscilla Gusmano & Justin Rosenthal at Confidential Bar + Loft.



Bruno & Magdalena at the Fit Yoga patio.



Fit Martial Arts Instructor Jaxson & Jasmine Guerrero at the Hard Rock Hotel.



Greg Kelley & Melina Fernandez at RA.



Fit Pilates Instructors Gabby, Alicia & Katie.



Steve Sesterhenn, Brittany Mulch, Robert Brightly & Chris Haas at the Indigo Hotel Doggy Happy Hour.

FITATHLETIC.COM

350 10TH AVE. SUITE 200

SAN DIEGO, CA

619.764.5348

HIDDEN

CONTINUED FROM Page 1

can be called for pick-up. They will deliver passengers to a number of destinations, including several restaurants along the ocean front.

"You don't have to own a boat to have a nautical adventure," Marc said.

Nearby, the Manchester Grand Hyatt, One Market Place, provides spectacular views at the Top of the Hyatt lounge, 40 stories high. Tourists and locals alike can peek at an urban landscape, San Diego Bay or get a bird's-eye view of the USS Midway aircraft carrier museum.

Next door, the tropical setting of the swimming pool area at the Marriott Hotel & Marina, 333 W. Harbor Drive, complete with water falls, also features a tiki bar that is open to locals. Anyone can walk into the area, buy a cool drink and take in the scene. "It's a slice of paradise," Marc said.

Those who prefer a coffee drink may go inside to the Marriott's second floor Starbucks, order a cup and sit in the plentiful seating while looking down on the tropical view from above. It's definitely one of the most scenic Starbucks locations and it rarely has a line, Marc said.

Back on the ground level, a few steps east of the pool area reveals a mermaid wire sculpture on the side of the Convention Center — one piece of hidden public art the tour company delights in showing off.

"It's totally hidden and never gets mentioned," Marc said.

Between the Marriott and the Convention Center is a rarely seen tropical pathway with a variety of leafy plants. The opening of the path on the other side reveals another wire sculpture, this one titled "For the Benefit of Mr. Kite."

Parked nearby is a large vehicle used to shuttle Marriott guests. Mounted on its roof is a huge double-wide paddle board made from wood. Marc said he has tried to use the paddle board on a few occasions, and the hotel has been obliging, but the schedule hasn't worked out so far.

A glance at the Convention Center between the old and new structure offers a look at the many locals who use the steps as a workout course. But a closer look uncovers a little-used incline elevator that takes guests upward parallel to the stairway, and provides a great view. Anyone can hop on.

Marc mentioned that a pedestrian bridge under construction further to the east is scheduled to open this spring close to the Bayfront Hilton, allowing pedestrians to cross over Harbor Drive toward Petco Park. The new bridge will have a nautical look, he said.

Crossing Harbor Drive from the western edge of the Convention Center brings pedestrians to Martin Luther King Walkway and more public art in the form of a powerful sculpture called "Breaking the Chains of Hate."

Along the walkway an outdoor fireplace signals the San Diego Culinary Center, 200 Harbor Drive, housed on the ground floor of the Harbor Club Towers. Aside from a selection of fine wines for sampling and purchase, the center hosts Dizzy's live jazz club.



A group takes in the view on the rooftop lounge called Altitude atop the Gaslamp Marriott during one of Where You Want To Be Tours' downtown scavenger hunts. COURTESY PHOTO



A tranquil garden is situated between buildings just to the right of the Chinese Historical Museum. PAUL HANSEN | Downtown News

Walking up some stairs and through a gate, Marc leads the way into the deck outside the Hilton San Diego Gaslamp Quarter, 401 K St. Here, he provides details of all the many historic photos on display. He explains that, long before the Convention Center existed, a dock once came all the way up to where the hotel now stands, and that a metal overlook jutting from the deck of the Hilton was built to acknowledge the position of the old dock. He explained that some photos illustrate the old Stingaree district dotted with brothels, and that the name stingaree comes from the stingrays that inhabited the bay. Then he came to one of his favorite characters, Alonzo Horton. Marc explained that Horton came to the area in the late 1800s, bought land and promoted the area. "I see (Horton's) long beard and I think, 'Did ZZ Top get their inspiration from Alonzo Horton?'"

Back to the subject of the Stingaree district, Marc said he is fascinated that some local bar and restaurant establishments are named after madams from that era. For instance, madam Cora's Marble Room Kitchen & Saloon, 535 Fifth Ave., is named for a madam whose brothel operated on a color scheme. If a patron chose a woman in a red dress, for instance, then he would be taken into the room with a red door at the entrance.

The Horton Grand Hotel, 311 Island Ave., has a restaurant named Ida Bailey's. Bailey once ran a high-end brothel where none of her workers were allowed to swear. While inside The Horton Grand, Marc was sure to point out the highly-detailed Victorian staircase, which is well preserved.

Nearby, at the Chinese Historical Museum, 404 Third Ave., Marc unveiled a tranquil pathway and garden sand-

wiched between the museum building and its neighboring structure. It's a place he and Darlynnne have visited to share a peaceful moment, he said. Marc also detailed the efforts the city is undertaking to promote and establish an Asian cultural district in the area.

Then came a walk to Petco Park.

"Even locals are very captivated by what they see in Petco Park: special access areas, rooftop lounges, public art, colorful restaurants," Marc said.

He mentioned that Park at the Park is fairly substantial, open from sunrise to sunset. It's a dog-friendly park. He said he brings tours to the park to hit a bucket of tennis balls at the miniature ball field situated at one corner.

"When you're hitting a line drive at Park at the Park, you're really hitting the ball inside Petco Park," he said.

Here are a number of other treasures and tales throughout San Diego's downtown area that Marc mentioned:

- **Jessop's clock in the middle of Horton Plaza:** Commissioned by jeweler Joseph Jessop, it began keeping time publicly in 1907. It only stopped running three times according to fable — 1) the day that Joseph Jessop died, 2) When a horse and buggy ran into it, 3) when an earthquake struck.

- **University Club Atop Symphony Towers,** 750 B St. It is accessible to the public and you can schedule business meetings or hold weddings there, Marc said. The view from the bar is incredible; you can see the ocean and Petco Park, he said.

- **The Courtyard Marriott,** 530 Broadway. An old vault is used as a meeting room.

- **Downtown's rooftop lounges:** the Andaz San Diego (formerly The Ivy Luxury San Diego Hotel), 600 F St.; Se San Diego, 1047 Fifth Ave.; Hotel Solamar San Diego, 435 Sixth Ave.; the W San Diego Hotel, 421 W. B St.; Hotel Indigo San Diego, 509 Ninth Ave.

- **Dog-friendly hotels:** Omni San Diego,



Jessop's clock at Horton Plaza is said to have stopped only three times, once when jeweler Joseph Jessop died. PAUL HANSEN | Downtown News

675 L St.; Hotel Indigo San Diego, 509 Ninth Ave.; Hotel Solamar San Diego, 435 Sixth Ave., Hilton San Diego Gaslamp Quarter, 401 K St., the Andaz San Diego, 600 F St.

- **Anthology,** 1337 India St. "Just the look of the place is amazing," Marc said. A jazz place, it has three levels. People are still finding out about it, he said. It has live music, great sound system, an outstanding house band and happy hour.

- **Hike through canyons in Banker's Hill (with foot bridges):** Maple Canyon and Kate Sessions Canyon.

- **Palm Canyon in Balboa Park:** 400 different palms. "A total sanctuary on a hot day," Marc said.

- **World Beat Center in Balboa Park:** It's colorful and exciting. Always something going on; music, even workout classes and healthy eating courses.

- **U.S. Grant Hotel,** 326 Broadway: A knock-your-socks-off vintage look and great colors. They are trying to bring local music back into the bar, Marc said.



Darlynnne and Marc Menkin

WHERE YOU WANT TO BE TOURS

OWNERS: Darlynnne and Marc Menkin
(619) 917-6037

www.wheretours.com

INTERACTIVE TOURS:

Scavenger hunts

Walking tours

Cycling adventures

Bus tours (both open air and closed top)

TOUR LOCATIONS:

Downtown San Diego, Pacific

Beach/Mission Bay, Balboa Park, Coronado, Old Town, NTC/Liberty Station, Del Mar, Dana Point

"Whenever we travel we always love to check out other tours, and the one thing we never want to do is bore people to death," Darlynnne said. "You don't want to feel like you're stuck on the bus. Our tours are very interactive."

VIDEO DIVISION: The company also produces travel and lifestyle video segments for TV and Internet. It does work for San Diego ConVis to promote San Diego.

SEE PAGE 24 for a list of six romantic things to do in downtown San Diego, recommended by Where You Want To Be Tours.

CIRCULATION
VERIFICATION
COUNCIL

SAN DIEGO
DOWNTOWN NEWS



Mannis Communications
4845 Cass St. Box 9550
San Diego, CA 92169
Fax: (619) 270-9325
Ad Fax: (619) 713-0095

downtown@sdnews.com
(858) 270-3103



sdnews.com

PUBLISHER

Julie Mannis Hoisington
(858) 270-3103 x106
jmannis@sdnews.com

EXECUTIVE EDITOR

John Gregory x130
bbp@sdnews.com

MANAGING EDITOR

Anne Terhune x133
mail@sdnews.com

ACCOUNTING

Heather Glynn x103
Patty Angley x120
Accounts Receivable

AD CONSULTANTS

Mike Fahey x117
Jason Gregory x116
Sheri Starko-Jones x147
Marjorie Kirby x122
Michael Long x112
Ashlee Manzo x123
Heather Snyder x115
Deborah Vazquez x118

CLASSIFIEDS MGR.

Heather Snyder x115
heather@sdnews.com

CLASSIFIEDS

Kim Donaldson x140
kim@sdnews.com
Steve Lieber x111
steve@sdnews.com

PRODUCTION MGR.

Casey Dean x107
casey@sdnews.com

PRODUCTION

Dee Kahler, David Ramsey,
Nicola Rushford, Chris Baker,
Anna Magulac

PHOTOGRAPHERS

Don Balch, Paul Gallegos,
Ron Gallegos, Ronan Gray,
Paul Hansen, Kirby Yau

CONTRIBUTORS

Charlene Baldridge, Diana
Cavagnaro, Anthony Gentile,
Dave Kensler, Johnny
McDonald, Bart Mendoza,
Loralee Olejnik, Neal Putnam,
Sebastian Ruiz, Sandra
Simmons, Laurie Smith

OPINIONS Signed letters to the editor are encouraged. All letters must include a phone number for verification. The editor may edit letters for clarity and accuracy. Letters should be 350 words or less. Views expressed are not necessarily the views of this newspaper or staff.

SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The editor reserves the right to edit for clarity.

DEADLINES All content must be received by 5 p.m. on the Thursday prior to publication.

DISTRIBUTION San Diego Downtown News is available free the first Thursday every month.

COPYRIGHT © 2010. All rights are reserved. Printed in the United States of America

PRINTED with soy inks and recycled paper. Please recycle.

THE BEST HOTCAKES YOU'VE EVER TASTED OR THEY'RE FREE

We are so confident that you will agree that our hotcakes are the best you'll ever taste, that we are willing to put your taste buds to the test. Our pancakes are made from the finest flour and sweetest buttermilk on the planet. And the same goes for our Old Fashioned Malted Waffles. Try them once. You'll be hooked for life. We also offer these delicious waffles with our special Fried Chicken.

NOW FREE DELIVERY
(within a limited area)

**DOWNTOWN San Diego's
ONLY 24/7 RESTAURANT**



**BRIAN'S
24**
RESTAURANT DAY & NIGHT

BREAKFAST AVAILABLE 24 HOURS
828 6TH AVE, GASLAMP DISTRICT
619-702-8410

The heart of the matter is the matter of the heart

FIT SAVVY

By *Connie Cook* | Guest Columnist

Is love really a many splendored thing? Well, if that includes drama, excitement, giddiness, heartbreak, lust, anger, happiness, fear, pleasure and worry, then I would say yes, it is.

It's been said that love makes the world go round, it's also been said love is blind. No matter what your take on love, one thing for sure is that everyone feels it, good or bad, in their heart.

The heart is an amazing organ. Not only is it your body's lifeline, it's the one organ where you can actually feel the emotions related to that crazy little thing called love. For its size, the heart does a tremendous job of keeping the blood flowing throughout the body. The average human heart, beating at 72 beats per minute, will beat approximately 2.5 billion times during an average 66 year lifespan. With that in mind, you should maximize the strength of every beat to make each stroke as strong as you possibly can.

Training your heart is as important as training the rest of your body. But sometimes the "out of sight out of mind" aspect comes into play. If we all truly wore our heart on our sleeve then we could see exactly what kind of shape it's in. Is it as buff as our biceps or as lean as our legs? The only way to get your heart in tip top shape is to train it with cardiovascular conditioning such as walking, jogging, biking, jumping rope, swimming, rowing or any other activity that elevates your heart rate for an extended period of time. Which one is best? The one you enjoy the most and will do consistently. Here are three of my favorite cardio workouts:

Sit and spin

Hopping on a bike in a cycling class is one of the quickest ways to get your heart pumping and have a great time in the process. You won't be popping wheelies, but you will be monitoring your heart rate and cadence along the way. My favorite cycling class is interval training. It alternates between high and low intervals of intense work followed by short rests. It is one of the most effective ways to increase your cycling speed and endurance while challenging your heart. Plus, you burn a ton of calories in the process and develop endurance and strength in the lower body along the way.

"Training your heart is as important as training the rest of your body. But sometimes the "out of sight out of mind" aspect comes into play."

Go for an indoor hike

Want to mimic the great outdoors with a challenging indoor hike? Hop on a treadmill and turn the incline UP. I'm amazed how many people don't realize how steep treadmills rise. Maintain a steady walking speed and increase your incline every five minutes or so and you'll be surprised how the pitter patter of your heart gradually increases with the rise of the treadmill. Walking a steep incline requires considerably more effort than a leisurely stroll on flat terrain. It not only challenges your cardiovascular system but burns more fat and calories. You also get additional toning benefits to your posterior thigh and calf muscles.

Row, row, row

It's interesting to see some people tip toe around the rowing machines and not even give them a second thought when rowing is one of the best cardio workouts around. It's a full-body workout that is hard to beat. Apart from the cross trainer, this is the only cardio machine that fully engages the upper body. It can be a little tricky to establish your rhythm, but once you've got it down it's downright cool. By creating your own rhythmic style and rowing to your own groove you'll get a great heart-pumping cardio workout that works your whole body.

Taking care of your heart should be your number one priority and the goal of any cardio workout should be to elevate your heart rate and get it pumping to make it stronger and more efficient. And you know, if you can't make it to the gym, you can always try fooling around. Your heart (and partner) will thank you for that too. Sex can give you a great workout. By some estimates, a vigorous "roll in the hay" can double a person's heart rate and burn up about 200 calories, or the equivalent of a brisk 15-minute run. Think of it as preventive maintenance and put a little love in your heart.



Connie Cook "C²"
Fitness Director
Fit Athletic Club

3¢ COPIES

From one original only, please
100 min. on 8 1/2 x 11" white paper

SHOP OPEN MONDAY THRU FRIDAY 12:30 to 5:00 PM

Sales, Service & Supplies
Same Day Response
Digital/Analog • Reliable



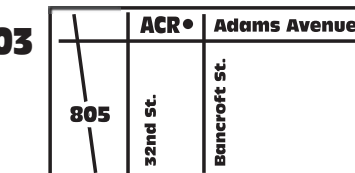
AFFORDABLE COPY RESOURCE

**Color
Copies
.29¢
and Up**

3200 ADAMS AVE. STE. 103
SAN DIEGO, CA 92116

Ph. (619) 282-6252
Fax (619) 521-0117

copyserv@att.net



Park in Rear Next to Laundromat

UPCOMING SPECIAL SECTIONS
BUSINESS & FINANCE
MONTHLY PROMO PAGE

REAL ESTATE
MONTHLY PROMO PAGE

Appearing March 2010

Advertising opportunities in these
Special Section.

- Special Discount Group Rates
- Reach 50,000 Readers

Call to reserve your space today!
Deborah (858) 270-3103 x118

SAN DIEGO DOWNTOWN NEWS
(858) 270-3103 • www.sdnews.com

6°
SAN DIEGO

NETWORKING NEWS

6° San Diego: Cultivating the next generation of San Diego's Business Leaders

6 Degrees launched their first San Diego 2010 networking event at West Coast Tavern in North Park on January 27th. Our title sponsor for the evening festivities was Massage Envy while the Non-Profit partner was the Downtown YMCA. The next function will be hosted at Sidebar on February 24th and will coincide with the launch event of SDOR Networks/San Diego Online Radio. We are also happy to announce our new media partner San Diego Downtown News, to join our numerous other cherished media partners.



Matt Greene
President 6°



To join or get more information
about our next event contact us at
WWW.SD6DEGREES.COM
or call **(619) 255-4079**

CONTACT US
EDITORIAL
(858) 270-3103 x130
DOWNTOWN@SDNEWS.COM

CLASSIFIEDS
(858) 270-3103 x123

ONLINE
WWW.SDNEWS.COM

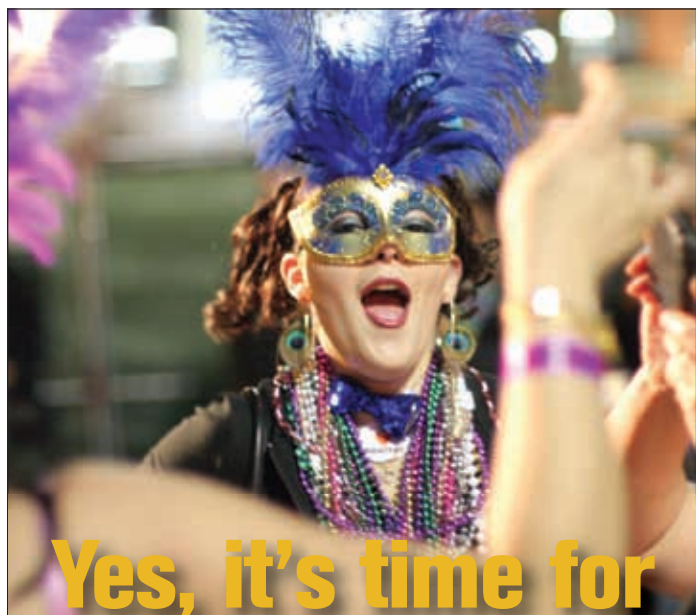
SAN DIEGO DOWNTOWN NEWS

A NATIONAL AWARD-WINNING NEWSPAPER

SECTION

B

FEBRUARY 2010
VOL. 11, No. 2



Yes, it's time for Mardi Gras in the Gaslamp Quarter

By **SEBASTIAN RUIZ** | DOWNTOWN NEWS

The biggest party of the year comes to the Gaslamp Quarter on Fat Tuesday, Feb. 16, from 6 p.m. to midnight during the annual Mardis Gras in the Gaslamp celebration.

The event features two parades — one at 7:30 p.m. and another at 10 p.m. — live music, dancers, performers and bayou-themed live entertainers roaming up and down Market Street. Thousands are expected to fill the blocks from Broadway to K Street, across Fourth, Fifth and Sixth avenues.

"The celebration is Gaslamp-wide, and every business along there is actually involved. Many of them will waive cover charges and have drink specials," said Heather Ashby, marketing manager for the Gaslamp Quarter Association.

Tickets range from a \$15 pre-sale and \$20 at the gates, to a variety of package deals for local restaurants and night spots. Gates are located at Fifth Avenue and Broadway; and Sixth Avenue and K Street.

This year's event, Ashby said, will feature approximately 40 to 50 floats parading down Fifth Avenue. Dancers, fire-breathers, bead-wranglers and performers will walk up and down cross streets for the full Mardis Gras cause célèbre.

"The highlight of the event is the parades," Ashby said. "Usually we'll see about 40 and 50 floats. The 10 p.m. parade is a little more adult."

One tradition includes giving out bead necklaces to those risqué

partiers willing to bare a little more than warranted on a usual Tuesday. Elite Security guards will stand by during this year's Mardi Gras celebration. Partiers must be 21 and over to attend.

The event should provide an economic boon to local businesses. Promoting the area is part of the local business association's responsibility. The Gaslamp Quarter Association, the area's Business Improvement District, uses part of local business fees to promote and drive traffic to the area.

For more information, ticket sales and details, visit www.gaslamp.org.



COURTESY PHOTO



PAUL HANSEN | DOWNTOWN NEWS



Life-size replicas of a mammoth family, a ground sloth and a saber-toothed cat are on display at Elephant Odyssey for comparisons with their living counterparts.

COURTESY PHOTO

Elephant Odyssey: a trip through time

By **JOHNNY McDONALD** | DOWNTOWN NEWS

Journey by Skyfari or take an escalator ride from Cat Canyon to a plot of land atop the world-famous San Diego Zoo that depicts what animal life was like here 12,000 years ago.

This 7.5-acre, \$45 million Elephant Odyssey features living relatives — like elephants, lions and jaguars — of the species that once roamed Southern California.

Experience an active mock tar pit and fossil dig with interpretive volunteers. This exhibit offers the concept of what once lived here, establish their extinction and what may have happened to them.

See life-size statues of a mammoth family, a ground sloth and a saber-toothed cat for comparisons with their living counterparts.

Some of those counterparts might also be in danger of going the way of their Pleistocene ancestors. The California condor, once on the brink of extinction, did make a comeback.

"With the construction of Odyssey, we tried to bring to life a knowledge of what was here when humans first arrived," said project creator and coordinator Ed Lewins, who also serves as a paleontologist. "Everything there on exhibit has a counterpart to that period."

Fossil research suggests that Columbian mammoths and saber-toothed cats roamed the area, and teratorn birds with 12-foot wingspans soared above.

"Yes, fossils have been found in San Diego County," he said. "Our focus was on Southern California."

Lewins did his research at the Page Museum and LaBrea tar pits in Los Angeles, Anzo Borrego and the San

SEE **ODYSSEY**, Page 24



The California condor was saved from extinction long after the mammoth disappeared.

COURTESY PHOTO

If you're reading this, then we're what you're looking for.



You don't have to dress up to get down.

•NEW Happy Hour Monday thru Friday from 5 to 7pm

\$5 U-Call-Its & \$5 Specialty Food Menu

•Wed: Half-Off Wine Bottles

•Thurs: \$5 U-Call-Its from 5pm to Close

•Weekend Football Specials

Champagne Brunch, \$3 Coors Light Drafts, \$5 Bloody Marys



639 J St. | San Diego, CA 92110 | 619.702.7700 | www.thefleetwood.com



The Old Globe's presentation of "Street Lights" is about three high school students who refuse to be marginalized by their society, and includes hip-hop, R&B and pop music.

COURTESY PHOTO

On downtown stages Grand opera, comedy and a parody of classical dance

At the Old Globe

Feb. 20-28, The Old Globe presents Joe Drymala's world premiere musical "Street Lights," with book by Jon Hartmere and direction by Kristin Henggi. The piece concerns three high school students who refuse to be marginalized by their society. Expect hip-hop, R&B and pop music along with strong language. It's part of the Globe's Southeastern San Diego Residency Project, which last year presented the astonishing new musical "Kingdom." For info and tickets go to www.theoldglobe.org or phone (619) 23-GLOBE.



THE LIVELY
ARTS
Charlene Baldrige

cert includes the composer's "Andante Spaniato et Grande Polonaise brillante" and Piano Concerto No. 2. The orchestra plays Jean Sibelius' Symphony No. 2. Copley Symphony Hall, Seventh at B St. For tickets and info go to www.sandiegosymphony.com or phone (619) 235-0804.

At the Balboa

Feb. 18, for one night only, San Diego Theatres presents the fabled Les Ballets Trockadero de Monte Carlo in ballet hijinks, 7:30 p.m., Balboa Theatre, 868 Fourth Ave. For tickets and info go to www.ticketmaster.com or phone (619) 570-1100.

At Copley Symphony Hall

Feb. 12-14, renowned pianist Garrick Ohlsson plays music of Frédéric Chopin in San Diego Symphony's Jacobs' Masterworks Series. The con-

At the Civic Theatre

Feb. 20-28, San Diego Opera presents Giuseppe Verdi's magnificent "Nabucco," based on the biblical story of Nebuchadnezzar and the Babylonians. Sylvie Valayre, last season's Tosca, returns to sing the role of the vengeful Abigaille. The continuing season takes place at San Diego Civic Theatre, Third and B St. Info and tickets at www.sdopera.com or (619) 533-7000.

SEE LIVELY ARTS, Page 13

NUTRITION ZONE

Weight Loss & Sports Nutrition Superstores

WHOLESALE PRICES

POPULAR PRODUCTS

BSN - N.O.-Xplode	\$33.99
BodyFuel - Torque	\$39.99
CytoSport - Muscle Milk	\$21.99
Universal Nutrition - Animal Pak	\$23.99
BodyFuel - Enormass	\$39.99
NLN - Lean Pro Matrix	\$29.99
Gaspari - Super Pump 250	\$34.99
VPX - N.O. Shotgun	\$33.99
BSN - CellMass	\$34.99
NUTREX - Lipo-6	\$24.99



- ★ WEIGHTLOSS
- ★ SPORTS NUTRITION
- ★ ANTI-AGING
- ★ VITAMINS
- ★ HERBS
- ★ FREE DIET CONSULTATION

GRAND OPENING DOWNTOWN ACROSS FROM RALPHS

619-237-9399



SPECIAL

• Lose 8 to 20 lbs! **\$29.99**
• Helps flatten your waistline
• Supports weight loss programs

\$20 OFF
ANY PURCHASE
OF \$100 OR MORE

Valid from customers only. Not valid with other offers. Expires 2/28/10.

\$5 OFF ANY
PURCHASE OF \$30 OR MORE

Valid from customers only. Not valid with other offers. Expires 2/28/10.

\$10 OFF
PURCHASE OF \$50 OR MORE

Valid from customers only. Not valid with other offers. Expires 2/28/10.

FREE SHAKER CUP
NO PURCHASE NECESSARY

Valid from customers only. Not valid with other offers. Expires 2/28/10.

from the smallest bathroom to the entire home

design & remodel

von Kurt/Lipsman inc

www.vklips.com

619.297.8952 Lori Lipsman

ca license 733502 BFA & MFA & LEED AP

Nutrition Zone opens new location in Downtown

NUTRITION ZONE Weight Loss & Sports Nutrition Superstores™ has opened its newest location in Downtown San Diego at 650 First Avenue (across from Ralphs). The store is owned and operated by John Giannattasio and Aaron Bearce, two local San Diego residents. Nutrition Zone provides its customers a wide variety of sports nutrition and weight loss products in addition to vitamins, minerals and other health supplements. As a wholesale retailer, the company offers these products at prices that are significantly lower than the competition. New customers should bring the advertisement in Downtown News to the store and take advantage of some amazing grand opening specials through the end of February. All new customers also receive a free diet consultation, shaker bottle and workout t-shirt for visiting the store. Offers are valid only at the Downtown location and cannot be combined with other promotions.

650 First Avenue, San Diego CA 619-237-9399

ADVERTORIAL



San Diego Repertory Theatre's "Culture Clash in America," playing at the Lyceum Theatre, explores cultural anthropology with comedic sketches featuring characters of both genders, all played by the same three actors. COURTESY PHOTO

LIVELY ARTS

CONTINUED FROM Page 12

At the Lyceum

Feb. 18-March 7, San Diego Repertory Theatre presents "Culture Clash in America," starring Richard Montoya, Ricardo Salinas and Herbert Siguenza, who dig further into their exploration of cultural anthropology with comedic sketches featuring unforgettable characters of both genders, all played by the same three guys at the Lyceum Theatre, 79 Horton Plaza. For tickets and info go to www.sdtype.org or phone (619) 544-1000.



San Diego Opera presents Giuseppe Verdi's "Nabucco," based on the biblical story of Nebuchadnezzar and the Babylonians, playing at the San Diego Civic Theatre. COURTESY PHOTO

Power hour

Happy hour

5p.m. to 6p.m. Monday to Friday

Half price all drinks and appetizers
*Bottles excluded

Tuesdays
5p.m. to close

Happy hour

Saturdays & Sundays
3p.m. to 6p.m.

Happy hour

tabule
Restaurant & Bar

535 4th. Ave. Gaslamp
Reservations: 619.238.0048
www.tabulerestaurant.com

Ask about our Private Room for your next event.
We can accommodate up to 75 people.

Gaslamp
355 6th Ave.
(619) 338-YOLK(9655)
www.thebrokenyolkcafe.com

The Local knows breakfast!

Breakfast is served with NFL and College Packages



the local
eatery & drinking hole

Sat and Sun Mornings from 9a.m til 2p.m!

Our breakfast will not disappoint!

Eggs, hashes, challah toast, cornmeal pancakes, homemade chorizo and much more! Strong coffee and fresh oj!

www.thelocalsandiego.com | 1065 Fourth Ave. | 619.231.4447

...wines with soul

550 park blvd
in East Village
caskroom.com
619.822.1606

open from 5 p.m. daily

Voted "Best Wine Bar"
by San Diego Magazine, 2007!



Anthology starts a series of craft beer dinners

AROUND THE KEG



By
**TONY
CLARKE**

It's always nice to find a new place to drink, especially when they are pouring some really great beer. Better still is when you discover that a local favorite has had a change of heart and is "trading up" to local craft beer!

I was glad to hear recently that Anthology in Little Italy will be running a monthly craft beer dinner in 2010. Little Italy is a fantastic place to spend an evening, window shop, snack on delectable treats, enjoy a great meal or share a beautiful bottle of wine. Unfortunately, it isn't the easiest place to find a great pint of local beer, or craft beer for that matter. While this statement is slightly exaggerated, it isn't too far from reality. You can find some great beer in Little Italy, just not in a large selection or as a featured part of the menu. There is some draft beer, but not as much as you would expect to see in America's Craft Beer Capital.

However, it looks like Anthology may be trying to change that. Owner's Howard and Marsha Berkson, and executive chef Eric Bauer, are working on integrating a new passion for great local beer into their chic establishment. Beginning this past month, Anthology will be highlighting a different local brewer each month, serving, cooking and pairing their beers with a specially made

pairing menu. Chef Bauer and team will be taking the time to pull interesting flavors out of each beer and enhancing them on the dinner plate. The results are an eclectic and interesting a la carte dinner menu paired perfectly with fresh craft beer.

For example, this past January, Anthology served an inspiring menu. Braised Pork Pastor Tostada with Vanilla Bean Scented Pineapple, Chipotle Crema, and Pickled Red Onion was a great start to the night along with the Chorizo Sausage & Saffron Risotto Bites and Ranchero Salsa. Just reading the description of those two dishes brings about a multitude of flavors and aromas that stimulate the appetite! And don't forget the beer; each dish was specifically made to pair with a full flavored craft beer.

"You can find some great beer in Little Italy, just not in a large selection or as a featured part of the menu...However, it looks like Anthology may be trying to change that."

Some of the entrées included Goat Cheese Polenta & Roasted Vegetable Ratatouille with Crispy Elephant Garlic and Tomato Sugo; and Beer Braised Chicken Enchiladas with Roasted Poblanos, Spanish Rice and Caramelized Pearl Onions. Chef Bauer's menu kept me on my toes, as the various flavors were both complementary and aggressively independent at the same time.

SEE ANTHOLOGY, Page 15

Come for lunch... stay all night

Monday Industry Night



\$1.50 Tacos*
*Carne asada & chicken
7 p.m. to close

\$4

From 7pm
to close

Shots of
Patron Silver
Don Julio Blanco
Jagger
Jack Daniel's
Absolut, Smirnoff
& U4rik Vodka
*Red Bull extra

\$2 Tecate & Tecate light cans
& 12 Oz. Budlight Draft



Good drinks Good food
Good times!!!

Funky Garcia's
Mexican Eatery & Bar



**Gourmet Pizza • Pastas • Sandwiches • Salads
Burgers • Calzones • Appetizers**

Weekly Lunch Specials Starting at \$6.95 Mon-Fri Until 2:00pm

Enjoy your favorite sporting event on our 22" HD Plasma TV's and our 110" HD Big Screen
Video Arcade • Bring the kids... Wednesday is Kids Eat Free Night
Balloon Artist every Wednesday & Friday evening 5pm to 8pm

Located at Harbor & Laning Near the USS Recruit

Call for Delivery at 619-876-5000

Order Your Delivery or Pick-Up at Oggis.com

Daily Dinner Specials • 4-7 pm

2/7/10 - 2/11/10 SUNDAY thru THURSDAYS

Sun: Blackened Mahi Mahi

Mon: Marland Crab Cakes

Tues: Crab Stuffed Sole

Wed: Stuffed Char-burger w/ Mushrooms
& Onions

Thur: Roast Pork w/Mashed Potatoes & Gravy



**RED SAILS
INN**
•Breakfast
•Lunch •Dinner

2614 Shelter Island Dr.

223-3030

**PRIME RIB \$17.95
EVERY SUNDAY NIGHT
WWW.THEREDSAILSINN.COM**



ANTHOLOGY

CONTINUED FROM Page 14

With all of this great food and beer, it's easy to forget that Anthology is a fantastic live music venue. Not to be excluded, there is live music every night and I happened to enjoy The Long Run, an Eagles tribute band, with dinner.

Talk about a complete experience. Fresh local craft beer, expertly paired menu, gorgeous atmosphere and unbeatable live music; a killer start to Anthology's craft beer series. As craft beer comes into its own, we can expect

to find fewer and fewer voids of good beer in our communities and more celebration of beer, as was my night at Anthology. I do tend to partake in a beer dinner or two from time to time, and I'm sure I'll be checking back in to see what's next on the pairing menu at Anthology. Cheers! ■

Anthology is located at: 1337 India St, www.anthologysd.com

Tony Clarke and his wife Liz own Airdale Brewing Company, located in San Diego. airdalebrewing.com



Anthology, 1337 India St., is running a monthly craft and beer dinner, pairing a local craft brew with a specially made menu.



WHATEVER THE OCCASION... Celebrate at Buca!

Birthdays • Anniversaries • Rehearsal Dinners • Bridal Showers • Baby Showers
Communions • Confirmations • Sports Team Parties • Dance Recitals



At Buca di Beppo, you'll find a delicious selection of family-style dishes for just about any event or budget—all served up in an eclectic vintage setting. Whether you're having dinner with family and friends or celebrating a special occasion, Buca is the perfect place for great Italian food and fun.

\$10 off

ANY PURCHASE OF \$20 OR MORE



CARLSBAD | 1921 CALLE BARCELONA • 760.479.2533
MIRA MESA | 10749 WESTVIEW PARKWAY • 858.536.2822
SAN DIEGO | GASLAMP DISTRICT • 705 6TH AVE. • 619.233.7272

bucadibepco.com

One coupon per visit per table. Present this coupon at time of purchase to receive discount off your total purchase. Not valid with any other offers or discounts. Unauthorized internet distribution or resale is strictly prohibited. Not refundable or redeemable for cash. Excludes tax, alcohol, gratuity and purchase of gift cards. Valid for dine in or Buca To Go. Expires 02/28/10. **LMPSoH**



CONFIDENTIAL HAPPY HOUR

1/2 OFF DRINKS

TUESDAY ALL NIGHT LONG 5-close
WEDNESDAY-SAT 5-8PM





901 4TH AVE SAN DIEGO GASLAMP 619.696.8888

CONFIDENTIALSD.COM MYSFACE.COM/CONFIDENTIALSD

OUR BRUNCH ROCKS.

\$1 MIMOSAS - SATURDAY/SUNDAY - 10AM TO 2PM



La Puerta

— A MEXPERIENCE —

560 4TH AVENUE SAN DIEGO CA. 92101 | 619-696-3466 | TACO619.COM

Medavog Couture

This driven designer is passionate about his work

By DIANA CAVAGNARO
DOWNTOWN NEWS

Francisco Medavog is a passionate fashion designer, artist and collector of couture. He first thought of being a fashion designer when he was 13 years old. He said he was reading a GQ Magazine and was impressed by the men's suits.

The first thought that came to him was, how do you construct a jacket? He said that inspired him to think about being a fashion designer.

"In 1988, I attended FIDM (Fashion Institute of Design & Merchandising) and at that time I started to collect couture and would study the clothes, look at the seams and see how they were sewn," Medavog said.

After 20 years of collecting couture, Medavog now owns more than

20,000 pieces, including gowns, handbags and jewelry.

In 1987, FIDM inherited 200 pieces from Rudi Gernreich who was a famous fashion designer in the '60s. Peggy Moffitt was his model and muse, and visited the college one day in 1988. She looked at Medavog's work and said, "If you keep working like this you are going to be an amazing designer." Medavog said this was a huge compliment from such a famous fashion model.

In 1992 the Summer Olympics was in Spain. In conjunction with the Olympics was the Expo Sevilla celebrating the 500th anniversary of Christopher Columbus. Medavog was picked to represent Mexico. Medavog said this was an incredible honor as he was picked out of

SEE MEDAVOG, Page 18



Francisco Medavog's Newspaper Dress, made out newspapers from around the world.
Kelli Osterkamp model; Aron Martinez Photography; hair and makeup by Madison Jane



Francisco Medavog creates fashions with style, glamour and artistry. He has so much passion for his chosen field that he owns more than 20,000 pieces of couture, including gowns, handbags and jewelry.
Aron Martinez Photography

OPEN 7 DAYS!

In the dark about color?

Talk to Dunn-Edwards, your neighborhood paint store.

Our professional paint advisors can help you find a paint, gloss, and color palette you'll love.

FREE Color Design Classes

Saturday, February 13th 11 am - 12 pm*

Kearny Mesa

*Limited seating available. First come, first served.

Saturday, February 20th 11 am - 12 pm*

Escondido

*Limited seating available. First come, first served.

SDDN2410

San Diego Store Hours

Mon. - Wed. 6:30 am - 5 pm

Saturday 6:30 am - 6 pm

Thur. - Fri. 6:30 am - 7 pm

Sunday 11 am - 4 pm

Chula Vista (Eastlake)

851 Showroom Pl.

Chula Vista, CA 91914

(619) 216-0075

Del Mar

2689 Via De La Valle

Del Mar, CA 92014

(858) 847-9127

Escondido

SPECIAL EVENT! Feb. 20*

505 N. Broadway

Escondido, CA 92025

(760) 741-3633

La Mesa

5250 Jackson Dr.

La Mesa, CA 91941

(619) 668-5091

National City (South Bay)

1747 Sweet Water Rd.

National City, CA 91950

(619) 474-1708

Poway

12344 Poway Rd.

Poway, CA 92064

(858) 679-0514

San Diego (Kearny Mesa)

SPECIAL EVENT! Feb. 13*

7347 Clairemont Mesa Blvd.

San Diego, CA 92111

(858) 571-0495

San Diego (Miramar)

8400 Miramar Rd.

San Diego, CA 92126

(858) 527-1460

San Diego (Pacific Beach)

5180 Mission Blvd.

San Diego, CA 92109

(858) 488-8312

Vista

1970-1972 Hacienda Dr.

Vista, CA 92083

(760) 945-1199

(888) DE PAINT

dunnedwards.com

THE #1 CHOICE OF PAINTING PROFESSIONALS®

©2010 Dunn-Edwards Corporation. All rights reserved.

Being local is a beautiful thing.

20% Off All Mid-Week Spa & Salon Services and \$35 Men's Haircuts

To schedule an appointment call 619.358.6699

the soul of the sea

the spirit of the spa

Manchester Grand Hyatt San Diego • One Market Place • San Diego, CA 92101 • 3rd Floor Harbor Tower

kinspa.hyattpure.com

20% off offer valid Monday thru Thursday. Manchester Grand Hyatt San Diego reserves the right to alter or withdraw this program at any time without notice. Offer is not to be combined with other promotional offers. Tax and gratuity not included.

M. Dot Design

ss10 collection. light flowing garments hit the runway. futuristic textiles and color palette.

Photos by James Norton
www.shootnorton.com

M. Dot Design held its first fashion show at Beach Bar at the W Hotel on Jan. 28. "Futuristic Safari," the theme of the event, showcased M. Dot's spring/summer 2010 collection. Each garment on the runway was handcrafted, and a part of M. Dot's limited edition collection. The show consisted of a transition throughout the runway, from high-bright neon African safari print garments, to easy earth tone safari outfits, ending with a bang of futuristic pieces.



Easy earthtone handmade two-sided tee and safari shorts.



Busy, bright safari vest and skirt.



SS10 Futuristic Safari. M. Dot grey knit Dress with futuristic scarf.

spark some romance
bring your match
to valentine's dinner



4 Courses \$54.95
Oceanside
760.433.3333

Thee Bungalow

3 Courses with
shared dessert
\$39.95 Available
Fri, Sat & Sun Evening
Point Loma
619.224.2884



\$29.95 For Two
Liberty Station
619.542.1476



3 Courses \$29.95
Gaslamp 619.233.1183



4 Courses with
shared dessert \$69.95
Balboa Park
619.557.9441



3 Courses with
shared app
& dessert \$44.95
Hillcrest 619.220.6802



3 Courses with
shared app
& dessert \$49.95
Little Italy
619.234.6802

dinecrg.com



3 Courses \$69.95
Gaslamp
619.233.6623



3 Courses with
shared dessert
\$64.95
Harbor Island
619.298.6802



\$49.95 Grill Your
Own Steak Dinner
& Cocktail Package
Gaslamp
619.231.3140



\$49.95 Grill Your
Own Steak Dinner
& Cocktail Package
Costa Verde Center
858.450.1400



Valentine's Day at The Shores Restaurant

This February, there are plenty of reasons to fall in love with The Shores Restaurant. Savor the culinary artistry of Chef de Cuisine, Augie Saucedo and savvy wine selections of Certified Sommelier, Lisa Redwine. Come for the fresh ingredients, friendly hospitality and fun wines; stay for the captivating ocean views.

Valentine's Day

Take in a stunning sunset while you savor a special three-course menu featuring Maine Lobster Tail, Midwestern Filet Mignon, Kona Kahlúa Crème Brûlée and more!
Sunday, February 14 from 5 to 10 p.m.
\$55 per person. Reservations Recommended

"Savor and Sip"

Friday and Saturday evenings "savor" our unique Chocolate Dinner Tasting Menu and "sip" a perfectly paired wine with each of the three-courses.
Friday and Saturday evenings in February from 5 to 10 p.m.

"Divas that Drink"

Enjoy half-priced wines from female winemakers.
Wednesdays, 5 to 10 p.m.

"Five for \$5"

Unwind during Happy Hour featuring our special food and cocktail menu with items such as Baja Fish Tacos, Steamed Carlsbad Black Mussels, select glasses of wine, and classic martinis for just \$5 each!
Monday to Friday from 4 to 6 p.m.

THE SHORES
DINE ON THE BEACH

Located next to Kellogg Park at the La Jolla Shores Hotel
(858) 456-0600 TheShoresRestaurant.com

San Diego Style and 'Fisch Out of Water' exhibits bring fashion to Balboa Park

San Diego Style

San Diego Style celebrates the 20th Anniversary of the Costume Council. The San Diego Historical Society presents this installation and focuses on high fashion worn by San Diegans to events while they lived here. Each mannequin in the show was accompanied by a picture and bio of the San Diegan who wore the ensemble along with information about the fashion designer. There are more than 100 years of fashion from the late 19th century to the present in this stunning exhibit.

One of my favorites was a 1953 blue suit that was a knock-off of a Christian Dior suit. Marston's department store would send their buyers to Europe and spend \$3,000 on a Dior Couture Suit, bring it back to San Diego, have their pattern makers knock-it off and sell them for \$25.

Some of the standouts were a hand-designed dress by Italian designer Pucci, a taffeta cocktail dress worn by Lisa Casey to the 2009 Obama Inaugural Ball and a Chinese inspired hand painted Zandra Rhodes dress.

More popular designs were Jeanne Jones's hand painted giraffe gown designed by Jordan, Janet Sutter's 1970s space-age couture by French designer Pierre Cardin, and Lael Kovtun's silver



FASHION FILES
By
DIANA
CAVAGNARO

Badgley Mishka gown with chinchilla trim. This impressive exhibit is well worth a visit.

Tim Long, curator of costumes at the Chicago History Museum, organized this exhibit. San Diego Style will be at the San Diego Historical Society in Balboa Park through April 1.

Fisch Out of Water

San Diegan artist and jewelry maker Arline Fisch currently has her exhibit "Fisch Out of Water" at the Mingei International Museum in Balboa Park until May 16. This installation was originally commissioned by the Racine Art Museum and was titled "Arline Fisch: Creatures from the Deep."

Fisch is a pioneer in the field and has made groundbreaking techniques in weaving, knitting, crocheting and braiding of metals. She specializes in crocheting small-gauge copper wire.

In this exhibit, there are more than 150 sea creatures such as jellyfish, sea



San Diego Style exhibit at the San Diego Historical Society.

DIANA CAVAGNARO | Downtown News

anemones and coral that have been crocheted with color-coated copper wire. There is a sea of florescent colors that float from the Cornell Rotunda Gallery. This truly breathtaking experience gives you the feeling you are underwater. In conjunction, the Collectors' Gallery features Fisch's jewelry and books. For those who would like to learn this art, she will hold a "Knit & Crochet with Wire" workshop on March 6 at the museum. For information, call (619) 239-0003, ext. 405.

The Mingei also has another extraor-

dinary collection called "Fifty-six Chinese Hatboxes and One Hat." This exhibit displays hatboxes made from wood, lacquer, bamboo, paper, leather and cloth. Some were adorned with Chinese symbols and are from the late Qing Dynasty. This exhibit will be at the museum through March 21.

Upcoming Events

• ASR Access, Class@ASR and Crossroads final day will be today, will be Feb. 4 at the San Diego Convention Center. The 2010 Fall/Holiday fashion show "A Royal Affair" will be a 3 p.m. today. For

more information, visit asrbiz.com.

• Feb. 12 will be "Hearts United" at the W Hotel San Diego at 6-9 p.m. This evening is presented by United Way and "Style Guy" Leonard Simpson, and will include a runway show, silent auction, hosted bar and hors d'oeuvres by the W San Diego. Tickets are \$75 and may be purchased at uwsd.org.

• The Costume Council of the San Diego Historical Society presents San Diego Style curated by Timothy Long. This exhibit will be there until April 1. Call (619) 232-6203.

• Feb 24 is the day of the annual Nordstrom Designer Preview Runway Show to benefit The New Children's Museum, 200 West Island Ave. For ticket information, call (619) 233-8792, ext. 129.

Diana Cavagnaro is a nationally recognized hat designer and milliner. She has operated a fashion business for 27 years, the last 17 years in downtown San Diego's Gaslamp Quarter. She has taught in the Fashion Department at San Diego Mesa College for 17 years. Diana is an active member of the Gaslamp Quarter Association, the American Sewing Guild, the San Diego Costume Council and the Fashion Group International.

www.aheadproductions.com

HEALTH AND BEAUTY

Beatitude

Changing lives...one client at a time.



BEFORE



AFTER

ACTUAL PATIENT. RESULTS MAY VARY.

"When I first came to Beatitude, my acne was so severe that it caused me not only pain but also embarrassment. Thankfully, Beatitude restored my confidence. The transformation of my skin is miraculous."

— Danielle L.

We treat:

Acne & Acne Scars

Skin Rejuvenation

- Sun Damage / Brown Spots
- Rosacea
- Melasma / Hyperpigmentation
- Large Pores
- Skin Tags
- Spider Veins

Anti-Aging & Wrinkles

- Botox
- Fillers (Juvéderm)
- Laser Skin Tightening

Laser Body Shaping

- Zerona (myzerona.com)
- Velashape (velashape.com)

Esthetician Services

- Facials
- Chemical Peels
- Microdermabrasion
- Hydrafacial
- Echo2 plus Oxygen

We offer:

- Free Consultations
- Customized treatments
- Visible results
- Committed to excellence
- Latest technologies, safe for all skin types
- Little to no downtime
- Great values
- Treatments for men and women

Botox \$99

includes 12 units and \$9/unit for additional units

Laser Packages

starting at \$999

Dr. Chang performs all consultations and medical procedures.

Beatitude
AESTHETIC MEDICINE & ACNE CENTER

1-888-220-9476

9040 Friars Rd., Suite 500

M-F 10 am-7 pm, Sat. by appointment

Conveniently located in Mission Valley, 2 blks. west of Costco

www.beatitudemedspa.com

"The doctor is always in."



Aeria Chang, M.D.



Francisco Medavog works on his "MOOKS" gown in ostrich. DIANA CAVAGNARO | Downtown News

MEDAVOG

CONTINUED FROM Page 16

1,000 people to show in Spain.

Medavog said he fell in love with the future. His current "Space Invaders" collection is inspired and designed through this love. The fabrics are imported from Rome and all the designs are hand sewn.

During the past summer, Medavog participated in the first San Diego Bikini Week, showing his "Space Invaders" Bikini Line at the Se Hotel Downtown.

Currently he is working on his Fall/Winter 2010 Collection named "Erte in the 21st Century." This elegant collection is inspired by Erte, the Russian-born French artist and designer, and will feature beautiful gowns with capes and opera coats.

"It would be nice to find someone who believes in me and would like to invest in my line to make it a big sensation," Medavog explained when asked about what his future goals are.

To see Medavog's work, visit his Web site: medavogcouture.com.

Platt students have led a cultural resurgence with Art on Tuesday

By MARTIN JONES WESTLIN | VILLAGE NEWS

Not everyone holds to the mainstream belief that Petco Park has anchored East Village's resurgence. The spring of 2000, when work on the San Diego Padres' home began, would soon mark the end for several small nearby art galleries and one big cultural mainstay – the Art Academy of San Diego, whose rolls were decimated during four years of construction and would never again hit pre-Petco levels.

The galleries haven't returned to the area, and the Academy has since moved to North Park. But artistic expression has always found a way to navigate the obstacles – and thanks to an enterprising group at Platt College, it's accompanied by a fair share of beer and some decent pizza.

Basic Urban Kitchen + Bar, itself an example of applied art (it was converted from a 98-year-old warehouse, with the original brick intact), hosts "Art on Tuesday," an installment featuring design media creations by Platt students. Computer-intensive portraiture, logo designs and periodical covers are among the entries, generated from several electronic packages and courses in color theory, electronic code and typography.

Platt, a 300-student art and design media school in San Diego's Rolando neighborhood, has been serving up some of the most innovative artwork on the public's behalf for the last 30 years. Students' inspirations have their basis in the marketplace they one day hope to serve – their regimen includes field trips to museums, theaters, concerts and parks, and annual trips abroad. Greece and Italy are on the docket for 2010; a group of students visited Japan late last year.

Marketa Hancova, the school's dean of education, said these outings serve a far greater purpose than the obvious.

"I am getting here at the college students who are, unfortunately in many cases, (culturally) inept," Hancova told Downtown News in a 2009 interview. "And it's not their fault. (Elementary and secondary) school doesn't fulfill the role that it should, to sophisticate the students in every avenue. Each student has an inner story. If it stops at ninth grade and you don't cultivate it, you're just stuck on one level, and you never grow. I think that's a crime."

On Tuesday evenings, Basic is thus a place of absolute. It's located at 410 10th Ave. More information is available at (619) 531-8869.



Audrey Hepburn (lower right) peers out from below a collection of artwork by Platt College students. The revolving exhibit is on tap at East Village's Basic Urban Kitchen + Bar every Tuesday evening.

COURTESY PHOTO



The Children's School

REAL WORLD LEARNING



At The Children's School, we inspire, engage and prepare children for a lifetime of learning. Students take intellectual risks, explore innovative ideas and broaden their understanding of the world. And what's best, our test scores and 37-year track record prove that children don't have to be bored to learn or pressured to succeed.

OPEN HOUSE FOR TODDLERS-FIFTH GRADE

THURSDAY, FEBRUARY 11, 2010, 9:00AM

RSVP to our admissions office at admissions@tcslj.org or 858-454-0184.

Toddler - Eighth Grade • CAIS and WASC Accredited • Member NAIS
2225 Torrey Pines Lane • La Jolla, CA 92037
858-454-0184 • www.tcslj.org

The Children's School does not discriminate on the basis of race, gender, national or ethnic origin, religion or sexual orientation in the administration of its educational policies, admission policies, financial aid or other school-administered programs and activities.



PARADISE
HAS A NEW ADDRESS



\$49*

Introductory 1-Hour
Massage Session

Massage Envy

Our professional therapists will help you feel completely relaxed, when it's most convenient for you. A soothing one-hour session is only \$39 for first time guests. And Massage Envy is open weeknights and weekends to accommodate your busy schedule. Escape to Paradise today, at Massage Envy.

EAST VILLAGE
1091 K Street, 10th & K near Petco Park
(619) 238-4206

Franchises Available | MassageEnvy.com | Convenient Hours. Open 7 days: M-F 8am-10pm, Sat 8am-6pm, Sun 10am-6pm

*Valid for first-time four guest-only session of a 60-minute massage and facial for consultation and training. Prices subject to change. Allow and service may vary by location. Additional fees (tax and tip) apply. © 2007 Massage Envy, LLC.

February is Museum Month

During the entire month of February, individuals can pick up a free Museum Month Pass at Macy's to receive half-off admission at 39 San Diego County museums all month long. Guests with a pass may bring up to three people with them to any participating museum to receive half-off, too.

Museum Month was created in 1989 to promote awareness of the region's museums, historical sites, educational institutions and cultural offerings. Since that time the promotion has grown to become a cultural tradition on a level witnessed by very few cities in the country. Last year more than 19,000 visitors used the Museum Month Pass to visit museums at half-price. For more information visit: www.sandiegomuseumcouncil.org/museum_month/.

These beasts are carved art pieces on park's vintage carousel

By **JOHNNY McDONALD**
DOWNTOWN NEWS

There's a small herd of animals that circulate on the weekends not far from the entrance to the world famous San Diego Zoo, and not a single roar can be heard as they go round and round.

They are European hand-carved animals on a 100-year-old carousel, a park fixture for the small fry, put to music with military marches. Surrounding the upper portion are brilliant painted murals.

It's one of the few in the world still offering the brass ring game for everyone taking a five-minute ride.

In the summer, this historic ride operates daily from 11 a.m. to 5 p.m.; and Saturdays, Sundays and school holidays in the winter. Admission is \$2.

The Park Carousel is one of only a few built by Herschell-Spillman Co. of New York that is still operational. The factory started by carving and creating carousels in the old style and created some large park machines, generally

elaborate menagerie carousels. They consist of 18 separate menagerie animals.

Herschell Spillman menageries can also be found in Ocean City, Md., Golden Gate Park in San Francisco and Greenfield Village near Detroit.

Balboa Park's version has certainly been around. Originally built in 1910 for Los Angeles' Luna Park, the carousel was moved to Coronado's Tent City and various locations within Balboa Park before finally settling at its current location along Park Boulevard.

Nearby, a miniature railroad offers a three-minute, seven-mile trip through four acres. The train is a model G16, now a rare antique with only 50 remaining.

Darwin celebrates 200

The most in-depth exhibition ever mounted on Charles Darwin and his theory of evolution by natural selection will continue its run at the Natural History Museum through February. The exhibition's appearance coincides with the celebration of the 200th anniversary of

Darwin's birthday and the 150th anniversary of the publication of "On the Origin of Species," and features the broadest collection ever assembled of specimens, artifacts and original manuscripts.

Oceanic artwork

Approximately 70 artworks that represent ancient oceanic traditions from Melanesia, Micronesia and Polynesia are featured at the San Diego Museum of Art. The works include a variety of three-dimensional objects: elaborate sculptures, jewelry, weapons and cooking tools.

Motion Mania

Discover what makes the world go round with new hands-on exhibits with Motion Mania at the Reuben H. Fleet Science Center. It deals with about every kind of motion from the kind that underlies the solar system to pendulum motions, turbulent motion and motion illusions. Push, pull, lift, stop, go, drop and bounce your way to discovering more about how the world works.



European hand-carved animals adorn the 100-year-old carousel at Balboa Park. The park's carousel is one of only a few built by Herschell-Spillman Co. of New York that is still operational. COURTESY PHOTO

PETS IN THE CITY

Doggie Street Festival returns to Liberty Station Feb. 28

By **NICOLE SOURS LARSON**
SAN DIEGO PETS MAGAZINE

What's more typically American than a kid romping with a dog? Or, especially in San Diego, seeing a kid pal around with a rescue dog? Or a free festival celebrating dogs where friendly leashed dogs are actually encouraged

to attend?

This year on Sun., Feb. 28, from 9 a.m. to 4 p.m., the 2nd Annual Doggie Street Festival returns to Liberty Station with a fun-filled, entertaining event designed to promote and celebrate adoption of shelter and rescue dogs and teach children about the importance of appropriate pet care and responsible pet parenting.

At least 35 breed-specific rescue groups and animal shelters will bring adoptable dogs to the festival at this year's site at the new Liberty Station park at Preble Field, located at 2600 Cushing Rd., between Dewey and Roosevelt Rds. Here families and individuals can interact with volunteers from rescue organizations, learn about the various breeds and meet dogs auditioning for the role of life-long best furry friend.

Nearby will be booths filled with dog-

friendly merchandise and services, while other vendors will offer tempting edibles for both human and canines.

In addition, there will be an "Ask a Pet Professional" booth staffed by vets and other pet pros with perspectives varying from traditional veterinary approaches to the holistic. They will be able to answer questions about health and behavioral issues, training, nutrition, spaying and neutering and environmental concerns.

Entertainment will include the Paul Green School of Rock House Band featuring talented young rock musicians from 7 to 17 as well as a return engagement by the Koalas, a local rock cover band. San Diego Gymnastics will present a choreographed performance. The Monarch School's steel band is also expected to perform, while face-painters will adorn all comers.

In addition to silent auction items of pet-related products and services, museum and vineyard passes, restaurant meals, overnight stays and sports and theatre experiences, there will be an auction of original canine art donated by six area artists.

A newly developed sister-city relationship with Loreto in Baja California will benefit Loreto's rescue community with a "care package" to assist local volunteers with pet medical care and spaying and neutering services.

Festival organizer Jude Arntstein, a San Diego-based filmmaker, documentarian and screenwriter, was inspired by the faithful companionship of her golden retriever Scout, who stayed by her side, nurtured her and helped her heal after a devastating accident.

While recovering from her injuries

she began researching a documentary now in production entitled Rescue Me, which chronicles the stories of a group of dogs, some lost or abandoned, some at risk of euthanasia in shelters and others rescued and adopted, through five American cities, including San Diego.

While working on her film she delved into the daily tragedies experienced by people and pets resulting from the economic meltdown, foreclosures and hurricanes.

"While our nation is trying to pull itself out of the doghouse, millions of dogs are just trying to find one," Arntstein explained.

For more information and an up-to-date list of rescue organization participants, food and pet product vendors and silent auction donors, please visit the website, www.doggiestreetfestival.org.

**Takin' Care
of
Whiz-Ness**
Dog Walker & Pet Sitter
in Downtown San Diego



**Get 1
Walk
FREE**

Expires
March 6th, 2010

(619) 694-9525

www.TakinCareOfWhizNess.com

Grooming, Dogwash & Pet Supplies



**FREE Self Serve
Dog Wash**
First-time clients only please.

545 Park Blvd. East Village • 619-269-0201 www.citydogsd.com

**She sees sea
suds at the
seashore**

Mochi, the petite pug,
ponders the sea suds
after the seasonal
storm in Pacific Beach.
PHOTO BY JOHN DOWD



VCA Main Street Animal Hospital

Rated "Best of San Diego" for 2006 & 2007

Complete Wellness Care

Medical Diagnostics • (Radiology/Ultrasound/Endoscopy)

Board certified internist • Dentistry

Surgery (soft tissue, orthopedic and neurosurgery)

AAHA Member (since 1959)

OPEN 7 DAYS A WEEK

One exit south of the coronado bay bridge. Take the 28th st/national ave. Exit. Follow the sign which reads 28th st. South. Go 1 1/2 blocks to the second stop light, turn right at main st. We are on the left side of main st.

From downtown, take either 5 south to 28th st. or harbor drive to 28th street. we are a short 5 min. drive from downtown. (CLOSE TO DOWNTOWN)



VCA
Animal Hospitals
Expert care. With a passion.

Chosen by the San Diego Police Department, National Citi Police Department, and the CHP for canine care.

2773 Main Street • San Diego

619-232-7401

www.VCAMainStreet.com

**San Diego
Pet Supply**

(619) 263-2211

www.sandiegopetsupply.com

Store Hours: Monday-Saturday,

9am-7pm

10am-4pm Sunday.

Located at the corner of 15th & Market Street in San Diego's East Village.

WWW.SANDIEGOPETSUPPLY.COM is happy to announce the super **SUPERBOWL WEEKEND SALE**. Everything in our store will be 10% off on February 6th and 7th. Don't miss out on this sale. We will be conducting our garage sale on this same date. Garage sale items are slightly used pet supplies at giveaway prices. We collect near new used items throughout the year and this is when you can save on this type of product. Thanks again for your continued support and will see you on our sale day!!

IMPECCABLE HOMES. UNPRECEDENTED VALUE. OVER 100 HOMES SOLD



Views and Values Never Seen Before.

Overlooking San Diego Bay, a new standard of living has come to the Embarcadero. Premium waterside location, the ultimate quality finishing and outstanding amenities. San Diego's best value. Period.

Priced from \$600,000



Model Homes Now Open Visit the Sales Center Today!

SALES CENTER OPEN DAILY 11-5,
1325 PACIFIC HIGHWAY, SAN DIEGO

BaysideByBosa.com 619-239-2339

REMAX DRE 01188886. THIS IS NOT AN OFFER TO SELL, BUT IS INTENDED FOR INFORMATION ONLY. THE DEVELOPER RESERVES THE RIGHT TO MAKE MODIFICATIONS IN MATERIALS, SPECIFICATIONS, PLANS, PRICING, VARIOUS FEES, DESIGNS, SCHEDULING, AND DELIVERY OF THE HOMES WITHOUT PRIOR NOTICE.





Don't Miss the
5th Annual Little Italy Carnevale
Saturday, February 13, 2010

No sweat, it's electric!



THE PERFECT URBAN COMMUTER VEHICLE
No license, registration, parking, insurance or gas

20 mph



As low as
\$49
mo

NoPed Cycle Center
www.NoPed.com

DOWNTOWN LOCATION
619 569-1908



2010 Carnevale

Saturday, February 13



Panificio e Ristorante
Solunto
PRESENTS
Valentine's Dinner for Two

Sunday, Feb 14th 5:00pm – 10:00pm
Join us for a romantic evening of Sicilian style cuisine enjoy our four course prefixed dinner menu with a bottle of wine in a warm ambiance

619-233-3506
FOR RESERVATIONS

\$59.95
PER PERSON
www.solunto.biz

1643-45 India St.
SAN DIEGO CA 92101

The Little Italy Association and the Italian Board of Tourism made San Diego's Little Italy come alive with the 5th Annual Little Italy Carnevale and over 15,000 attendees. This event mirrored Carnevale in Venice with various vignettes of entertainment, a costume competition at the Piazza Basilone, an Italy for Life Hospitality Tour on Date Street, a Passaporto di Carnevale part of the event and social gatherings. The Passaporto di Carnevale took attendees on a stroll throughout Little Italy and introduced them to over 21 participating businesses.



DOWNTOWN REAL ESTATE CONSULTANTS, INC
PROFESSIONAL REAL ESTATE SALES AND PROPERTY MANAGEMENT SERVICES
GREG BERNAVE 619-696-9935

Downtown Sales, Rentals and Property Management

I've been in real estate sales and management since 1992 and specialize in the Downtown area exclusively with over 260 properties under my management.

As your area specialist, I spend a good deal of my time keeping an eye on what is happening in the Downtown community. This allows me greater efficiency when it comes to keeping you informed, as well as helping you with all your real estate needs. In addition, I own rental properties in the area myself so I can identify with the concerns of other owners. It pays to work with someone who is familiar dealing with management companies, homeowners associations, CC&R's, condo bylaws, and other particulars related to condominiums.

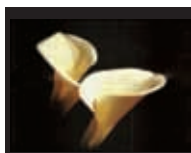
WWW.DOWNTOWNCONSULTANTS.COM
Downtown Real Estate Consultants, Inc.
1501 India Street Suite 104, San Diego CA 92101



H1N1 Influenza – Not a Seasonal Problem

Contrary to popular belief, the purpose of the flu vaccination is not primarily to prevent infection by the influenza virus, but instead to prevent the complications resulting from having the flu, namely pneumonia, bronchitis, sinusitis, worsening of underlying medical conditions, and even death. The increasing death toll is ironically the impetus that drives many people to get the vaccinated. It is important to know that the H1N1 influenza virus unlike the typical influenza is not seasonal, but can cause problems year round. While it appears that vaccination has led to a decline in cases of H1N1 infection, experts have predicted an upsurge in the number of cases in the coming months. The H1N1 influenza virus has affected

unusual population groups, namely pregnant females and obese patients, besides those traditionally affected groups, the very young and the elderly patients. Alarming, it also has infected a number of young, otherwise healthy individuals. At this time there is still a shortage of vaccine due to the difficulties of production. Eventually, the Center of Disease Control (CDC) reports there will be enough vaccine for everyone who wants it. In the meantime, unless you live in a bubble, the flu vaccination is likely to benefit you. Come in today and get your H1N1 vaccination and start on your New Year's resolution health needs at Metro Comprehensive Medical Center here in Downtown. ■



Christian Arthur Design
Urban Patio Design

**Furniture, Pottery, Plants
& Accessories**

**Plant Design, Installation
& Maintenance Services**

Hours: Tuesday–Saturday 11 a.m.-6 p.m.

1954 Kettner Blvd., San Diego, CA 92101
619.269.5302 christianarthurdesign@yahoo.com

NOW OPEN!

Accepting New Patients in the Heart of Downtown



METRO COMPREHENSIVE Medical Center

FAMILY MEDICINE • SPORTS MEDICINE
OCCUPATIONAL MEDICINE • URGENT CARE

Get your H1N1 Flu Vaccination Here!

Limited Supply so call for an appointment today.

Price Reduction only \$10 (nasal or injectables).

(619) 232-6262

Monday – Friday • 8AM–5:30PM

Saturday by appointment only

444 W. C Street, Suite #185

San Diego, CA 92101

(Corner Of C St And Columbia)

www.metrocompmed.com



Calvin K. Wong, M.D.

Eric Skoblar, M.D.

Diplomats of the American Academy of Family Physicians

Neglected muscles of the world, arise and be toned.



The anti-shoe.
Style: Kimondo. ©2010 Masai USA Corp



MBTs prevent joint damage and tone major muscles like your core.



walk your world in our shoes

Little Italy
1680 India Street - 92101
619-233-1221

Rancho Bernardo - Outlet
16777 Bernardo Center Dr. -92128
858-613-1221

footwearetc.com

San Mateo • San Carlos • Palo Alto • Los Altos • Cupertino • San Jose

Gift Cards Available



A toast to Toast Enoteca and Cucina

Michael Lee (from left), Courtney Brockmeyer, Ruth Rankin and Francesca Albanese at the *San Diego Downtown News* Jan. 12 pre-grand opening event at Toast Enoteca and Cucina, 927 J St. at the base of DiamondView Tower in East Village. Officially open to the public Jan. 16, this authentic Italian wine bar brings the world's premier wines to San Diego. It features an Italian menu that complements a selection of 400 wines.

BRENT ANDECK | www.sdpdphoto.com

Six romantic downtown recommendations for Valentine's Day

Suggested by Darlynn and Marc Menkin of Where You Want To Be Tours

1. The view of the Embarcadero from the back side of the Convention Center (cool place to bring a picnic, cup of hot chocolate, etc.). You can get there by walking up the steps or taking the fun incline and then walking to the area with the view of the bay. You can also now catch the Ferry to Coronado at the new dock, located next to the Hilton Bayfront Hotel.
2. Hotel Solamar's Lounge Six (roof-top lounge): Nice ambience, especially at night when it's lit up. The fun bar is on the fourth floor at Sixth and J.
3. For the "party animal couple," here's an idea: Everything's better when it comes in threes! On Friday, Feb. 11, W Hotel in San Diego, San Francisco and Los Angeles are hosting their first multi-city W Happening, "Voulez Vous W?" All three parties will start simultaneously at 7 p.m. and won't stop until 10 p.m. All guests can enjoy benefits from Virgin America, cuddling up in "kissing" booths and sipping on hosted Pinky vodka from 7-8 p.m.
4. Go to Altitude, 660 K St., at 5 p.m. for the final 45 minutes of daylight/sunset. Chances are good there will be less than 30 people there. Find your own spot on the rooftop, overlooking the ball-

park, Coronado and the setting sun. Very nice!

5. A pedi cab ride from the area just outside the Manchester Grand Hyatt, through the Martin Luther King Promenade and down Fifth Avenue to the Se San Diego Hotel Bar or The House of Blues. The Manchester Grand Hyatt has a spectacular view, especially if you time it for sunset. Cool, romantic spot. The Top of the Hyatt opens at 3 p.m. It usually isn't crowded in the first hour, so you can wander around and see all the wonderful views.
6. Colorful, off-the-beaten path wine bars are a great way to paint the town: The Wine Bar Bacchus is doing themed tastings Friday from 4 to 8:30 p.m. and Saturday from 2 to 8:30 p.m., and a wine and chocolate event from 1 to 5 p.m. on Valentine's Day. The cost is \$15 in advance. The Wine Bank on Fifth Avenue will also have tastings Friday and Saturday. Benny, Bruno or a local wine maker are usually adding color commentary to the tastings. Another option is live music at Dizzy's, which is part of the San Diego Wine and Culinary Center. On Sunday, Feb. 14, the music is 7 to 9 p.m. You could combine one or two of these into a progressive tour and happening scene.

ODYSSEY

CONTINUED FROM Page 11

Diego Natural History Museum.

"At the start, six years ago, there were just four of us sitting around a table," he said.

The ranks swelled as all the parts were put in place.

It is called Odyssey because it is literally an odyssey through time. During the Pleistocene epoch, North America was alive with a wealth of animals unmatched today on this continent.

Herbivores like the large-headed llama, dwarf pronghorn, ground sloth and the mammoth once grazed and browsed. Saber-toothed cats and American lions were carnivores that dominated their territories. Eagles and teratons soared,

scavenged and hunted throughout the area.

"The elephants (here) are a counterpart of the Colombian mammoth," Lewins said. "The woolly mammoth was further north. The jaguars are cousins to the saber tooth cats. But the big mystery is the mammoth being here.

"At the end of the ice age — one of the terminal periods — there were 34 mega species we lost."

Scientists have different theories of what happened over a couple thousand years or a couple 100 years. Probably a combination of many things.

"Extinction is a natural occurrence. Species come and go," Lewins said. "Yet, depending on a theory you subscribe to, it could be hunters, climate change or a comet explosion. But we

don't have a crater."

The flora and fauna here is basically the same, but they might have found Northern California, just below San Francisco, a cooler and wetter environment.

A recent "60 Minutes" TV segment featured DNA work being done with woolly mammoths for potential cloning.

"They were northern species and there are excellent remains that were frozen," said Lewins, who has been with the zoo 20 years. "There are full body parts.

"Recently they completed an entire DNA sequence of the woolly mammoth. The plan is to work with African elephants to create another woolly. Our elephants are not a whole lot different."

Lewins was asked if cloning would



Elephants are not far-removed from the Columbian mammoth. The San Diego Zoo's Elephant Odyssey takes visitors on an odyssey through time.

COURTESY PHOTO

be a method of correcting the problem of endangered animals.

"Where it goes is kind of debatable and would it be the wisest thing to do?"

he replied. "How would it affect breeding and survival further on down the line. The general consensus is, 'Let's preserve what we have.'"



SEMPRA IS PROUD TO SPONSOR THE COMMUNITY EVENTS PAGE

IN THE
community

THE SAN DIEGO CHINESE HISTORICAL MUSEUM INVITES YOU TO CELEBRATE THE

2010 Chinese New Year Fair

Year of the Tiger 虎

February 20 - 21, 2010
10:00am - 5:00pm
Corner of Third Avenue and J St.

FOR MORE INFO CONTACT
619.338.9888 OR [HTTP://2010.SDCNY.ORG](http://2010.SDCNY.ORG)

SAN DIEGO REPERTORY THEATRE



Culture Clash in AmeriCCa

For Ticket info call

(619) 544-1000

or visit www.sdrep.org

Culture Clash In AmeriCCa

By & Starring Richard Montoya, Ricardo Salinas, and Herbert Siguenza

February 18 - March 7, 2010

Opening Night - Sunday, February 21 at 7pm

Heritage Day Festival & Parade

Saturday - February 27th
10AM - 4PM

Parade Starts at the corner of Euclid Ave. & Imperial Ave.
Festival Location: **MARKET CREEK PLAZA**

"Operation Family 2010"

Still accepting Parade & Vending Registrations
For more information call (619) 262-6134

Sponsored in part by:

CULTURAL VILLAGE • TRADITIONAL VIETNAMESE FOOD • CARNIVAL RIDES • STAGE ENTERTAINMENT

Admission
\$5 Adult @ the door
\$4 Child @ the door
\$4 Online (Limited Time Only)

HƯƠNG MÙA XUÂN
SPRING of HARMONY
5TH ANNUAL LUNAR NEW YEAR TET FESTIVAL 2010

HOSTED BY THE VIETNAMESE AMERICAN YOUTH ALLIANCE

BALBOA PARK, SAN DIEGO
FEB. 19, 20, 21, 2010 Corner of Park Blvd. & Presidents Way
Fri. 4p-10p / Sat. 10a-10p / Sun. 10a-8p

SAN DIEGO
COASTALclassified
marketplaceOver 85,000
copies
distributed
in your
central coastal
communities!

The #1 Local Place to go for Autos, Homes, Services and More!

Place or view ads at www.sdnews.com • Call 858-270-3103

ANNOUNCEMENTS 100

GARDEN APARTMENT IN QUIET area. 1 bdrm avail, small car parking, laundry, small pet with deposit, fruit trees and rose garden in Point Loma \$975 mo. 13th mo. free Mr. Crane 619-222-2849

Calendar/Events



NEW CHURCH GRAND OPENING Metro Baptist Church is a new Bible-centered independent church in Point Loma. Come to our Grand Opening Service on Valentine's Day February 14 at Barnard Elementary. Go to metrobaptistchurch.net or call Pastor Tim Sneedeen (619) 804-3413

HELP WANTED 250

BARBER/STYLIST WANTED PARADISE BARBER SALON is now hiring licensed barber/stylist..comission/ boothrent available... if you are interres please contact Saida@619)756-7778 or (619) 929-7310

General Help Wanted

AMATEUR FEMALE MODELS Amateur Female Models Wanted: \$700 and more per day. All expenses paid. Easy money. (619) 702-7911

ATTENTION MOMS/DADS Work from home, text & call hands-free. Call 1-909-593-7105 www.fdivoice.com/ murrellfreeman

FUN TRAVEL JOB. 18-23 individuals to travel USA. Two weeks paid transportation and lodging furnished. Toll free 877-646-5050

HAIR SALON BOOTH AVAILABLE! In beautiful, new, full-service, eco-friendly salon in Point Loma. Excellent location, excellent opportunity. Move-in incentive! Looking for experienced Hair Stylist w/ clientele. Please call Mindy at (619) 723-9046

OCEAN CORP Houston, TX. Train for NEW Career. *Underwater Welder. Commercial Diver. *NDT/ Weld Inspector. Job placement and financial aid for those who qualify. 800-321-0298.

THE E SPOT PT/ FT positions in marketing, promotions, sales, and distribution! Call 858.633.1099

Work Wanted

ITALIAN NANNY AVAILABLE 40 yo, mature, responsible, reliable, 10+ yrs exper. infants/ toddlers, CPR, excellent refer. Full time, part time...considering housecleaning too. (619)300-1911 (619) 300-1911

ITEMS FOR SALE 300

Antiques & Collectibles

AVON/MARK IND SLS REP, EUROPA www.youravon.com/europa (928) 759-0467

Misc. For Sale

FAST FOOD DISCOUNT CARDS Fast Food Discount Cards that never expires. 24 Restaurants including Arbys, Wendys, Pizza Hut, Krispy Kreme and more. Cost \$20. R. T. 3115 WhiteHorse Road PMB 177, Greenville, SC 29611. (864) 295-5551

MANGOSTEEN THE QUEEN OF FRUITS Feel better now and try risk free today: www.MyMangosteen.net

LAVA FITNESS MEMBERSHIP \$79 per month, for sale. No hidden fees. Contact yogakiwi@gmail.com (619) 9910431 Lava Sport & Fitness www.theboxingclub.net

MAKAYLA-ANNDESIGNS.COM Handmade & handcrafted jewelry. Unique and at low prices! www.Makayla-AnnDesigns.com

OUTLET CENTER DOORS WINDOWS We have warehouse full of Doors, Windows, Flooring reduced Prices (858) 268-0679

ITEMS FOR SALE 300

OVER WEIGHT AND UNHAPPY? Need A Physical And Mental Makeover? Visit www.theseecretofsuccessfulweightloss.com

RESALE & NEW women's clothes, accessories, shoes, jewelry, \$5 - 35, Designer BARGAINS, Tierrasanta. (619) 985-6700

WEIGHTLOSS Fast results! Dr. recommended! amazing energy! \$100 months supply www.30lbsthirtydays.com (866) 285-7045

Misc. For Trade

ATT READERS! FREE BOOKS! Trade your books for free at www.PaperBackSwap.com/

HEALTH SERVICES 375

Health Care

IF YOU USED TYPE 2 DIABETES DRUG AVANDIA AND SUFFERED A STROKE OR HEART ATTACK. You may be entitled to compensation. Call Attorney Charles Johnson 1-800-535-5727

SENIOR SERVICES 376

Seniors

CAREGIVER LOVING Honest 17yrs. caring for Coronado resident excellent references own car, light housekeeping, meals Available 24/7 or hourly call Corina 619-454-1767

PETS & PET SERVICES 400

GERMAN SHEPHERD PUPPIES puppies are 5 weeks old. ready to go to a good home. Both parents on site. mom is black with brown and dad is tan with black. We have 4 males and 2 females. price asking is 325 to 350. please contact if really interested. We live in the Chula Vista Area.

K9 PHYSICAL THERAPY/REHAB CUTTING EDGE K9 REHAB <http://www.cuttingedgek9.com> Cutting Edge K9 Rehab Has Been Featured On Local And National News, Radio And A Number Of Local Papers And Magazine Articles. Swimming is one of our strongest recommendations for most K9's. It is an ideal form of exercise for a number of reasons. Our rehab services offer assisted swimming in a warm water environment. The benefits are: • Non-weight-bearing (reducing stress on joints) • Facilitates full use of the front and hind legs vs. partial use as seen with underwater treadmills • Dogs are often able to actively swim although unable to move their legs on land (due to stroke/spinal injury) • Allows manual techniques by therapist/ manual resistance to an affected limb • Swimming in a controlled environment is the safest way for clients to exercise. • Speeds recovery following injury/ surgery • Improves function and quality of life • Works reciprocal muscle groups throughout the session (helps correct muscle imbalances) • Reduces pain and inflammation • Reduces canine obesity thus decreasing the risk of other health-related problems • Increases strength, range of motion (ROM) and cardiovascular conditioning • Prevents overheating through proper water temperature • Increases tolerance for extended cardiovascular training • Decreases recovery time • Reduces post-exercise soreness • Provides good cross training for the competitive, athletic dog (619) 227-7802

SALMON PAWS-PREMIUM PET TREATS Buy online 100% pure Alaskan wild salmon treats for dogs and cats at www.salmonpaws.com. All natural and human grade. We sell 5 products that have no fillers or preservatives. Our products range in price from \$5-\$12. They are hand made and baked in Bellingham, Wa. Family owned and operated. Check us out online at www.salmonpaws.com for stores that carry Salmon Paws products or call in your order (858) 204-4622.

PETS & PET SERVICES 400

Pet Adoption/Sale



An All Volunteer Non Profit Corporation
Lucky was rescued off the streets of SE San Diego abandoned by a roadside. Lucky and many other Rescued Cats and Kittens are looking for loving permanent homes. Come visit them at the **La Jolla Petmart** located in La Jolla Village Square.

For more information please visit our website at www.catadoptionsservice.org



2-year-old male Doxie/Chihuahua mix. He is 8 lbs, neutered, micro chipped, and has all his shots. Jet is completely housebroken, gets along very well with other dogs, is obedient, friendly, and pretty quiet. Jet would probably do best in a home with older children or adults. He is a little timid at first but warms up quickly. Jet would love a home where someone was home with him much of the day instead of being left alone.
Please call SNAP foster at 619-795-6100



Duchess is quite the lady! This precious 10-yr-old Labrador blend weighs 50 lbs. Sadly, she was given up when her family lost their home. Duchess is friendly and sweet. She has lived with young children and other dogs. She is good on leash, knows "sit" and loves to cuddle. Duchess is a FOCAS spotlight dog. Her \$69 adoption fee includes spay, vaccinations, license and microchip. You can meet Duchess at the County Animal Shelter in Carlsbad: 2481 Palomar Airport Rd., 9:30-5:30 Tue-Sat. For more information, call 858-205-9974.

www.focas-sandiego.org
or call 760.960.7293

Pet Services



Licensed/Insured/Bonded Animal Care Specialists
858.397.8338 www.DivinePetCare.com

MISC. SERV. OFFERED 450

ARTI LIMO BUSES PARTY TIME IN DOWNTOWN ARTI Limousine San Diego can make your evening even more special with luxury transportation wherever you want to go. Our Night Out Service keeps you on time for your Downtown outing, concert, sporting event, restaurant reservations, and our chauffeurs will be ready and waiting before you step outside. Wherever you want to go to celebrate a special occasion or an evening out on the town, our courteous and elegant service eliminates needless transportation hassles and adds just the right touch. TheLimo San Diego.com info@TheLimoSanDiego.com 877.531.0644 (858) 531-0644

PROFESSIONAL
ENGLISH
NANNYEXCELLENT LOCAL
REFERENCES!

Degree in nursing • All background checks
• Reliable • Love of children

Call Sandra (619) 297-6480

Cell: (619) 925-5005

MISC. SERV. OFFERED 450

Services Offered

GET DISH FREE INSTALLATION \$19.99/mo HBO & Showtime FREE-Over 50 HD Channels FREE Lowest Prices No Equipment to Buy! Call Now for full Details 866-949-3596

Computer Repair/Support

FINEST CITY PC REPAIR Mobile PC Repairs and Upgrades, Wired/ Wireless Networking, Virus Removal, and more! \$49 hr. 25% off for first time clients. (858) 245-9216

DJ / Karaoke

DJ, KARAOKE, PRIVATE PARTIES Including weddings, birthday parties, anniversaries and any event you can think of. Also available for clubs and bars. Make your next event the best ever with So Cal Sings Karaoke and DJ Pros. Your complete musical entertainment source. Providing quality entertainment for San Diego County since 1980. DJ Music, videos and karaoke for all ages and tastes. Rentals also available with everything onclunding free set up and delivery Also available weekly for your club or bar. Call today for information or a free quote (858) 232-5639

Handyman - Construction

WAYNE'S ALL-AROUND skilled Handyman service. Quality work at reasonable rates for flooring, cabinetry, electrical, drywall, painting, hauling, plumbing, Yacht refinishing 858-356-7378



No job too small!

- Carpentry
- Plumbing repairs
- Windows & Doors Installation

**CALL FOR PROMPT
FREE ESTIMATE**
**References Available
858/361-5166**

(Not a contractor)

BUSINESS OPTS. 550

Income Opportunities

WWW.SPORTSGIRLJEWELRY.COM FUND RAISERS FOR YOUTH SPORTS- VERY PROFITABLE

RENTALS 750

Rentals

LA JOLLA SHORES guest house.fully furnished. Near beach. weekly housekeeper. Utilities included. \$ 3200 per month.. Call Mary Mc Gonigle 858-361-2556

BEAUMONT, 4 BR, 3+ BA, \$5000 Unfurnished Beautiful Upper Hermosa home, elegant and updated this home features Brazilian cherry floors, a gorgeous and efficient high end kitchen and private yard with pool, spa and pool bath. Close to the bike path. Available for terms of 1 year or more (858) 682-5561

SOUTHPOINTE, 3 BR, 3 BA. \$2400 Unfurnished Located in the popular Southpointe complex this unit features newer carpet and laminate floors with a sunny south facing location. There is a fireplace, in unit laundry, a private patio yard and a new heating and air conditioning system. Available now for terms of 1 year or mo (858) 682-5561

RENTALS 750

THOMAS ST. PACIFIC BEACH 3 BR, 2 BA, \$2200 Unfurnished New carpet and paint give this townhouse style unit a fresh look. Walking distance to the beach, laundry hook-ups, fireplace, extra storage and 3 patio/ balconies. Available now for terms of 1 year or more (858) 682-5561

Condos for Rent

HEART OF VILLAGE Best location in town, walk to everything. Sunny 2BR 2Ba on Eads at Silverado. \$2200 (619) 463-443

HEART OF VILLAGE Best location in town, walk to everything. Sunny 2BR 2Ba on Eads at Silverado. \$2200 (619) 463-4433

OCEANFRONT RENTAL, , fully furnished, extra large oceanfont studio with floor to ceiling ocean views. Luxury hi-rise in heart of la jolla village. Pool, spa, gym, valet parking. Offered at \$ 2000. per month. To see virtual tour go to 939 Coast, unit 3A. Mary McGonigle 858-3612556

SPACIOUS 2BR/2BA Heart of La Jolla easy walk to cafes, shops, cove. Pristine condition washer / dryer in unit, security entrance, underground parking, no smoking avail Jan 1st \$2800 mo. 619-437-4817

REAL ESTATE 800

Investment Properties

SERVING S.D. SINCE 1967
INVESTMENT PROPERTY SPECIALISTS, SALES & EXCHANGES
APARTMENTS • OFFICE BUILDINGS
COMMERCIAL • LEASING • FEE COUNSELING
• RESORT PROPERTIES ANYWHERE
• REAL ESTATE PROBLEM SOLVING
GEORGE JONILONIS
"The Estate Builder"
858-278-4040

3536 Ashford St., San Diego, CA 92111
in Clairemont.
gjonilonis@att.net
Fax 760-431-4744

For Sale or Exchange

Water view home. Buy, or lease option, \$1650K. 21,800 ft Kearny Mesa office building \$4.350,000, 18 miles Baja oceanfront, need partner, Idaho Resort F & C \$625,000. Try your sale, exchange ideas? Geo. Jonilonis, Rltr. 619 454 4151

Need Help
Selling
Your Home?

All areas of the Real Estate Directory:

- Rentals
- Forclosures
- Open Houses
- Realtors/Lenders/Brokers

For as low as:

**\$75/wk for an ad with picture
\$25/wk for a 3 line classified ad**

For a listing, call us today at:

858.270.3103

Discount Fabrics

In the old Adams Avenue Theater

Best Prices

Upholstery • Drapery • Trims • Vinyls

Foam (cut to order) • Notions

Batting & Stuffings

3325 Adams Avenue
San Diego, CA 92116
(619) 280-1791

Religious Directory

DISCIPLES OF CHRIST

TORREY PINES CHRISTIAN CHURCH

8320 La Jolla Scenic Dr. North • 858-453-3550
9:30 a.m. — Bridge / Contemporary Woprship & Sunday School
10:45 a.m. — Traditional Worship & Sunday School
Childcare Available • www.torreypineschurch.org

NON-DENOMINATIONAL

SAN DIEGO BAHAI COMMUNITY

6545 Alcala Knolls Dr. (off Linda Vista Rd.)
SUNDAY 9:00 - 10:00 Interfaith Devotions; 10:30 - 12:30 Introductory Talk & Discussion
Please Call 858-274-0178 for Directions or for more information
General Baha'i Info - www.bahai.org
www.sandiegobahai.org

VIDEO to DVD

Film 8mm & 16mm to DVD | Slides & Photos to DVD



**10%
OFF**

When you mention this ad

Video Tapes Deteriorate Don't Lose Your Memories
Record to DVD • Play on Computer or TV

5201 Linda Vista Rd. • 619.220.8500

ASSISTANT

How is 2010 going to be for you? Will you be unorganized or efficient? Will you finally complete those projects? Need Help? Your Own Girl Friday is here!

Your Own Girl Friday

www.yourowngirlfriday.com
Stacey Blanchet (619) 997-7601

CABINETS

Kitchen Cabinet Refinishing



Specializing in Old World Finishes: French Country, Spanish Hacienda, Tuscan Villa, Traditional, and more... Never have to refinish them again!

- ❖ European craftsmanship.
- ❖ Timeless beauty & elegance.
- ❖ Durable & lasting finishes.

760-310-7570
CabinetsReborn.com
State Lic. 618636

CARPENTER

POINT LOMA FINISHING

FINE FINISH CARPENTRY
AND
WOOD FLOOR INSTALLATION

619.807.8734 CA. Lic.#936405
POINTLOMAFINISHING.CARBONMADE.COM

CLEANING

San Diego's Premier House Cleaning and Carpet Cleaning Service

Competitive Pricing.
Weekend and same day service.



A Perfect Shine Cleaning Service

APerfectShine.com
619.269.1745

Cleaning Service
by Cecilia Sanchez
Family owned & operated
15 years experience.

Office, residential & vacancy cleanings

#1 vacation rental experts

Free estimates & excellent references

(619) 248-5238



Maid Service

Trustworthy, reliable & detail oriented!
Weekly • Monthly • Special Occasions

FREE ESTIMATES!
Call Valentina
(858) 229-0016



CONCRETE/MASONRY

CONCRETE MASONRY

STRUCTURAL & DECORATIVE

BRICK • BLOCK
STONE • TILE
CONCRETE
DRAINAGE
WATERPROOFING

30 years experience

References & Portfolio
carsonmasonrysandiego.com

WILLIAM CARSON
Licensed & Insured Lic #638122

(858) 459-0959
cell: (858) 405-7484

CONSTRUCTION

ROOM ADDITIONS

Kitchen & Bath
General Repairs
FREE ESTIMATES
30 years experience

Brad Johnson Construction

619.280.3650 Lic #691349 bonded & insured



CONSTRUCTION

Re-Stucco Specialists

Interior Plaster/Drywall Repairs

All Work Guaranteed

30+ Years Experience
Lic. # 694956



Repairs • Lath & Plaster
Re-Stucco • Custom Work
Clean • Reliable • Reasonable

D'arlex

619-846-2734 Cell
619-265-9294
Email: darlex0907@hotmail.com

DAY SPA

CARRIE'S DAY SPA

DAY SPA. EARN EXTRA INCOME AND RECEIVE A FREE FACIAL!

Earn \$10/each time you sell a Promotional Facial Offer.

Call Carrie
619-920-4342

or view website:
www.carriesdayspa.com

ELECTRICAL

JACOB'S ELECTRIC

Clean, Quality Work!

- Residential / Commercial
- Service / Repair - Panels
- Custom Lighting / Spas

Bonded & Insured • License #903497

(619) 843-9291



FLOORING

Traditional Hardwood Flooring



- REFINISHING
- REPAIR
- INSTALLATION

SPECIALIZING IN HARDWOOD FLOORS

Over 20 years experience in San Diego

JOHN WEIGHTMAN
(619) 218-8828

GARDENING-LANDSCAPING

Jose's Gardening Clean-up

Hedges hauling • Reasonable Rates
Free Estimates • References

619-847-1535



Teco's Gardening

Tree Trimming
Lawn Renovation
New Plants & Design
Whole Tree Removal
Sprinkler Installation/Repair
General Clean-Ups
Stump Grinder Service
Clean Palms & Trees

We Also Do:
Fencing, Floors, Stucco Repairs
Concrete, Demolition, Brick & Block Walls
Drywall, Painting, Roofing
Plumbing, Drains Installed/Repaired
General Hauling

Low Prices Free Estimates
(858) 503-5976
(858) 220-6184
t.teco@yahoo.com



Lawn Care & Gardening

Retired gentleman, weekly, bi-monthly, residential & commercial.

Low as \$20 a visit.

619.450-9804

A gardener you can talk to!



LANDSCAPING & MAINTENANCE

Free Estimates, Low Prices

Landscaping renewal
Sprinklers/Installation & Repair
Turf & Sod Installation
Landscape Lighting

858-222-9045
ALFREDO DIAZ



HAIR

STUDIO M HAIR SALON

WELCOME TO THE NEIGHBORHOOD

- HAIR CUT \$25-\$45
- COLOR \$55-\$85
- HIGHLIGHTS . . . \$75-\$135
- PERMS \$75-\$125
- MANICURE or PEDICURE \$20

(619) 234-3611

1399 Ninth Ave., SD 92101
Between A & Ash St.
Open Tues-Sat.
Eve by appointment



HANDYMAN

RENT-A-HUSBAND

Handyman with 20 years experience.
Many Skills • Hourly or Bid
Prompt & Professional
Insured

Non-licensed

Ask for Bob
858-454-5922

HANDYMAN

Free Estimates

GMD COMPANY
(619) 244-9380

DRYWALL, ELECTRICAL,
PLUMBING, TILE, DOORS,
FRAMING, WINDOWS,
CEMENT, PAINTING,
BATH & KITCHEN
REMODELING

LIC# 420564
LIABILITY INSURANCE AND BONDED

WWW.GMDCOMPANY.COM



Ocean Home Services
High Quality Home Improvement

Only \$35/hr. Master Carpenter w/ 25 years experience.
Interior /exterior woodworking (ex-termites inspector)

Quality design fence work wood /vinyl

Professionally Installed windows & doors

Drywall Install/Repair and finish work.

Detail Quality Painting
Light Electrical & Plumbing

Call Scott
(619) 241-1231
not licensed

HAULING

A VETERAN HAULING

Insured • Reliable

Best Prices & Free Estimates
10% Discount - Senior & Veteran

Call A Veteran
619-225-8362



I IUV JUNK HAULING

You Call-We Haul!
No Job Too Small!

Evictions, cleanouts,
construction debris,
tree trimming, etc.

619-933-4346
www.iluvjunk.com

10% Senior Discount



PAINTING

hcraft PAINTING

CLEAN - COURTEOUS - PROFESSIONAL

- Interior / Exterior
- Custom Cabinet Finishing
- Residential & Commercial
- Wallpaper Removal
- Stucco Repair
- "Popcorn" Ceiling Removal

• Insured, Quality Workmanship

FREE ESTIMATES
619-219-1923
BRETTCUSTOMS@COX.NET
LIC #936550



PAINTING

Chuckie's Painting Company

(619) 795-9429
www.chuckiespainting.com
chuckgjr@cox.net
CA Lic. #925325



SEE WORTHY PAINTING

"The job is not done until you are satisfied."

- Interior Specialists
- Exceptional Prep-Work
- Dry Wall & Popcorn Removal

CALL: (858) 583-6272

FREE ESTIMATES

Baylor's Brush Painting
Interior - Exterior Painting

- Personal Service
- Established 1980

Bonded, St. Lic. #538443
ED BOEHLER (619) 224-9713

POOL SERVICES

EXTRA CLEAN

Quality,
Realiable Pool Service
& Repairs

"I don't cut corners!"



Free Estimates
BRUCE WALKER
(619) 224-6558 | Cell (619) 517-1445

SWIMCARE



The Pool Service & Repair people you keep.

30 yrs in the neighborhood

(858) 277-7096

TOM RIVES Cont. Lic# 445392

PLUMBING

-BILL HARPER PLUMBING & HEATING-

\$58 first hour for repairs,
fixture installation only
(estimates given for additional services)

BBB Member since 1986 Self-Employed Lic #504044
CALL BILL 619-224-0586

SPA

CARRIE'S DAY SPA

DAY SPA. EARN EXTRA INCOME AND RECEIVE A FREE FACIAL!

Earn \$10/each time you sell a Promotional Facial Offer.

Call Carrie
619-920-4342

or view website:
www.carriesdayspa.com

ROOFING

SMITH ROOFING CO.
224-ROOF, INC.
S.D. # 404207

Scott Smith, has been serving the beach communities since 1979.

858-272-ROOF (7663)
619-224-ROOF (7663)



TILE

D.K. TILE

Repairs, re-grouts & installations of all ceramic tile & stone.
All work done by owner.

Free Estimates Lic # 428658
858.566.7454 858.382.2472



TREE SERVICES

CROWN POINT CLIPPERS, INC.

TREE SERVICE
FREE ESTIMATES!

- FINE PRUNING & THINNING
- ARTISTIC TREE LACING
- TREE & STUMP REMOVAL

www.CROWNPOINTCLIPPERS.COM

(858) 270-1742

Fully licensed and insured. Lic# 723867



WINDOW CLEANING

JB's Window Cleaning & Service

- Mini Blinds
- Screens
- Mirrors

Pressure Washing
Experienced



Call
(619) 248-2778

Save Hundreds of Dollars On Yellow Page Ads!

Advertise Your Service for as low as \$35 per week!

- Over 160,000 readers!
- Guaranteed Direct Delivery to homes and businesses
- Low Wholesales rates
- Satisfied clients for over 20 years!

Call today!
858-270-3103 Steve x 111

WHEELS & DEALS
CARS TRUCKS SCOOTERS BIKES & MORE!



DEC California 5DWN303

NO MORE DMV!

DON'T WASTE HALF A DAY AT THE DMV!
LET US DO IT FOR YOU!

Finest City Registration

5010 Cass PB, 858.270.1471
(2nd Floor, Cass & Loring)
4837 Newport Ave. OB, 619.255.2233

REGISTRATION TITLE • PLATES

COMPLETE AUTO DETAILING

RECESSION SPECIAL \$25⁰⁰ OFF

ANY DETAIL SERVICE

- Hand Washing & Waxing
- Oxidation & Fall out Removal
- Complete Interior Work
- Engine Cleaning

Your Green Alternative Since 1981

Pacific Beach AUTO DETAILING

4645 Cass Street • 858-581-0211
Beach & Bay Press Building- entrance on Emerald Street across from the Post Office

CARZ

www.SanDiegoCarz.com

25+ Cars Under \$3,990

MARK or JASON
3196 MIDWAY DR.
(619)224-0500

"A" Street Auto Service

Foreign & Domestic • Factory Maint. Service

FREE OIL SERVICE with MAJOR TUNE-UP
(Most Cars, Call for Details)

1ST TIME CUSTOMERS: FREE BUMPER TO BUMPER INSPECTION

1263 State St., San Diego 92101
(619) 239-8600

OPEN: Monday-Friday 7:30am-5pm • Saturday 8:30am-3pm





CLAIR COON
Residential Realtor and
Fine Homes Specialist
Prudential
California Realty
858.243.3878
www.ClairCoon.com • coon@prusd.com
DRE# 01326893

SWEETHEART DEALS
4052 Promontory St., Pacific Beach
3947 Sequoia St., Pacific Beach
Open House Most Sat/Sun 1-4
Brand new Tuscan-style contemporary single family homes, almost 2,000 sf. Each 3BR/4BA with penthouse room opening to large rooftop deck, perfect for watching the Superbowl!
Either 1 blk to Crown Point Shores or 3 blks to Sail Bay... with miles of sandy beaches and park areas to walk, sail, run, bike or sunbathe.



Kathy Evans
858.488.SELL
DRE #00872108
RE/MAX Coastal Properties

Just listed: 900 sf home or office on 6,250 sf lot zoned for mixed use. Potential to build 4 condos plus commercial in 92109! Perfect for owner/user. Use now, expand your business & build later. \$665K

The House Doctor Rx
All Trades. All Problems. Fixed.
#1 in customer Service, Very Reasonable



858.245.1381
contractor's lic # 507762

Buying? Selling?
THINKBRIAN.BIZ

Brian J. Lewis
619-300-5032
DRE #01440201



CA DRE Broker's # 01312924 Karen Dodge
CA DRE Broker's # 01312925 Mike Dodge

Pacific paradise

Half Block to Sail Bay



This 2BD/2BA Condo is just steps from Mission Bay and a few blocks to the ocean. Light & Bright southernly facing unit. 2-car underground parking spaces. 2 storage areas. Fireplace. Great Vacation home! **Offered at \$540,000**



Karen & Mike DODGE
Find Your Place in Paradise

Karen: 619-379-1194 • Mike: 619-384-8538
E-mail: Karen-Mike@San.rr.com
Web: www.karen-mike.com



VISIT US ON THE WEB
www.sdnews.com

Work with a Beach Specialist

Pacific Beach
New Condos
Half Block to Ocean
3 Bedrooms/3 Baths
Solar Electricity
Stainless Appliances
Granite Counters
Secured Parking



Bernie SOS
Lic 01104934
(619) 977-4334 CELL
(858) 490-6127 DIRECT
Century 21

"I'll Come To Your Rescue"
WWW.BERNIESOSNA.COM

WHEELS & DEALS
CARS TRUCKS SCOOTERS BIKES & MORE!



WE HAVE THE BEST "DEALS" TO MARKET YOUR "WHEELS"

- 120,000 READERS
- STARTING AT \$55/ISSUE

CALL 858-270-3103

Thanks for keeping our beaches clean!

OPEN HOUSE directory

LA JOLLA

Fri 1-4pm	5470 La Jolla Blvd. #303	2BR/2BA	\$1,895,000	Ozstar De Jourday • 619-248-7827
Sat 1-4pm	935 Genter #203	2BR/2BA	\$679,000	James Shultz • 858-775-6782
Sat 1-4pm	830 Midway St.	3BR/2BA	\$949,900	Dan Willibey • 619-987-8387
Sat 1-4pm	303 Coast #1	2BR/2BA	\$1,145,000	Michelle Serafini • 858-829-6210
Sat 1-4pm	5485 Bahia Lane	4BR/3BA	\$1,145,000	Ben Kashefi • 858-353-2636
Sat 1-1pm	5470 La Jolla Blvd.	2BR/2BA	\$1,895,000	Ozstar De Jourday • 619-248-7827
Sat 1-4pm	475 Marine St.	3BR/3BA	\$2,150,000	Lauren Gross • 619-778-4050
Sat 1-4pm	7964 Calle de la Plata	5BR/4BA	\$2,595,000-\$2,795,000	Brenda Wyatt • 858-775-7333
Sat 1-4pm	5749 Abalone	4BR/4.5BA	\$3,495,000	Erica Derby • 858-361-4903
Sat 1-4pm	1540 Bluebird Lane	4BR/4BA	\$3,850,000	Elaina Nieman • 619-742-2343
Sat 1-4pm	2610 Inyaha Lane	6BR/6.5BA	\$4,845,000-\$5,755,876	Claire Melbo • 858-229-8383
Sun 12-2pm	935 Genter St. Unit 211	1BR/1BA	\$499,000-\$525,876	Eric Kalisky • 858-454-5677
Sun 1-4pm	935 Genter #203	2BR/2BA	\$679,000	James Shultz • 858-775-6782
Sun 11am-2pm	2458 Azure Coast	3BR/2.5BA	\$849,000	Novell Riley • 619-890-7342
Sun 1-4pm	303 Coast #1	2BR/2BA	\$1,145,000	Michelle Serafini • 858-829-6210
Sun 11am-2pm	6748 Tyrian	2BR/2BA	\$1,149,000-\$1,259,000	Peter Van Rossum • 858-204-3221
Sun 10am-1pm	5470 La Jolla Blvd.	2BR/2BA	\$1,895,000	Ozstar De Jourday • 619-248-7827
Sun 1-4pm	7964 Calle de la Plata	5BR/4BA	\$2,595,000-\$2,795,000	Yvonne Sorour • 858-967-0816
Sun 1-4pm	1540 Bluebird Lane	4BR/4BA	\$3,850,000	Elaina Nieman • 619-742-2343

PB / MISSION BEACH / CROWN POINT

Tu, W, F 12-4pm	924 Hornblend	2BR Units	\$519,000-\$556,000	Alex Rojas • 858-427-3664
Th 10:30am-1pm	3445 Bayside Walk	3BR/3BA	\$1,495,000	Valerie Zatt • 858-274-1553
Sat 1-4pm	2036 Garnet Ave.	2BR/2BA	\$440,000	Pete Morrissey • 858-205-2408

PB / MISSION BEACH / CROWN POINT

Sat 10am-2pm	649 Chalcedony	4BR/4BA	\$829,000	Mel Burgess • 619-857-8930
Sat 1-4pm	4052 Promontory	3BR/4BA	\$899,000	Kathy Evans • 858-488-SELL
Sat 1-4pm	3947 Sequoia	3BR/4BA	\$899,000	Kathy Evans • 858-488-SELL
Sat 12:30-3pm	3876 Sequoia St.	4BR/2BA	\$979,000	Kristi Olson / Team Chodorow • 858-456-6850
Sat 10am-2pm	3671 Ocean Front Walk	8BR/8.5BA	\$13,478,000	Valerie Zatt • 858-274-1553
Sun 1-4pm	649 Chalcedony	4BR/4BA	\$829,000	Rossana Pestana • 619-218-4593
Sun 1-4pm	5323 Soledad Mountain Rd.	4BR/2BA	\$895,000	James Shultz • 858-775-6782
Sun 1-4pm	4052 Promontory	3BR/4BA	\$899,000	Kathy Evans • 858-488-SELL
Sun 1-4pm	3947 Sequoia	3BR/4BA	\$899,000	Kathy Evans • 858-488-SELL
Sun 10:30am-1pm	3445 Bayside Walk	3BR/3BA	\$1,495,000	Valerie Zatt • 858-274-1553
Sun 10am-2pm	3671 Ocean Front Walk	8BR/8.5BA	\$13,478,000	Valerie Zatt • 858-274-1553

POINT LOMA / OCEAN BEACH

Sat 10am-2pm	1150 Anchorage Lane #5121BR/1BA		\$565,000	Martin Redford • 619-742-0265
Sat 11am-4pm	3336 Browning St.	3BR/3BA	\$849,000	JJ Realty • 619-226-2325
Sat 11am-4pm	425 San Geronio St. 10000Sq. Ft. Lot		\$1,200,000	Robert Realty • 619-852-8827
Sat 11am-2pm	430 Tavera Pl.	3BR/3BA	\$1,475,000	Robert Realty • 619-852-8827
Sat 11am-2pm	448 San Geronio St.	5BR/4.5BA	\$2,375,000	Robert Realty • 619-852-8827
Sun 11am-4pm	3336 Browning St.	3BR/3BA	\$849,000	JJ Realty • 619-226-2325
Sun 11am-4pm	425 San Geronio St. 10000Sq. Ft. Lot		\$1,200,000	Robert Realty • 619-852-8827
Sun 11am-2pm	430 Tavera Pl.	3BR/3BA	\$1,475,000	Robert Realty • 619-852-8827
Sun 11am-2pm	448 San Geronio St.	5BR/4.5BA	\$2,375,000	Robert Realty • 619-852-8827

FAIRBANKS RANCH

Sun 10:30-2:30	17231 Camino de Montecillo	9BR/10BA	\$4,450,000	Myriam Huneke • 619-246-9999
----------------	----------------------------	----------	-------------	------------------------------

The
Power of
Teamwork®

NEUMAN
NEUMAN &

Open 7 Days a Week, 8am to 7pm
516 5th Avenue, San Diego, CA 92101



Search entire Southern California's
Multiple Listing Services
for over 100,000+ listed properties
with virtual tours and photos at
www.sellsandiego.com

Downtown · “Pinnacle”

Enjoy panoramic, 26th-floor city and Coronado Bay Bridge views from this picture-perfect, two-bedroom residence in one of the Marina District's most popular, luxury, residential high-rise communities! Walk to a multitude of restaurants and entertainment venues from this beautifully located development!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5239

Downtown · “Harbor Club”

Enjoy over 2500 square feet of luxury and expansive views to the West, South, and East from this elegant residence! The warm and inviting interior boasts gleaming marble flooring, walls of windows taking in the views, three bedrooms, three walk-in closets, and three bathrooms. A bonus is the three secured parking spaces! Truly a resort environment in the heart of the coveted Marina District!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5219

Downtown · “Renaissance”

Boasting one of the best water views in the Marina District, this 20th-floor penthouse-level residence features over 2,000 square feet! Original owner recrafted the interior by creating an open living space and a gourmet kitchen to die for! Four balconies and dual side-by-side parking, too!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5469

“Segal Live/Work Rowhome”

Truly one-of-a-kind, this award-winning masterpiece offers the ultimate in urban living! Ideally located in the Marina District, the residence includes approximately 2,300 square feet of “hip” architecture PLUS a separate, 700-square-foot work loft/ granny-flat, or entertainer's mecca, with home theater & wet-bar. A “must see”!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5479

Downtown · “The Mark”

You haven't seen another like it—builder only constructed a few of this popular floor plan with an open living area, dual view terraces, and dead-on views directly into the ballpark and to the scenic bay and Coronado Bridge beyond! You'll love the upgrades from this 26th-floor penthouse level beauty, which may convey full furnished with the right offer! Dual side-by-side parking, too!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5279

“Electra” Builder Close-Out

Bosa Development has selected us to market their few remaining luxury residences at one of Downtown's most unique and desirable residential communities! Boasting stunning views, elegant finishes, and common amenities par excellence! Take advantage of these blow-out prices today! Starting at \$349,000!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5139

Downtown · “Harbor Club”

You'll love this perfect pied a terre in the Marina District's premier, resort-style, luxury high-rise community! The residence boasts panoramic southeast corner views to the Coronado Bridge, Bay, and Petco Park, an elegant granite kitchen & an oversize view terrace. Enjoy!
For details in a recorded message,

call 800-709-1995, Ext. 5269

Downtown · “Meridian”

The ideal second home or primary residence, this east-facing residence is in wonderful condition and boasts wonderful night-time views of the city lights and urban surroundings! Meridian is Downtown San Diego's own “Trump Tower,” complete with service and amenities beyond compare!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5259

Downtown · “Pinnacle”

This stunning beauty on the 17th floor boasts split, dual master suite design, a warming fireplace, gleaming granite and stone surfaces in the kitchen and baths, travertine floors in the living areas, and a private balcony with views to the Coronado Bay Bridge! You'll love life in this luxury, high-amenity tower!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5229

Downtown · “Meridian”

Nothing compares—approximately 40 staff members ensure the ultimate in luxury living in an urban environment! This unique residence in the premium southwest corner of the community features 180-degree water views, 1,900 sq. ft., an open “loft style” floor plan designed for entertaining and easy living, and top-quality finishes throughout!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5499

Downtown · “CityFront Terrace”

Truly stunning, this total remodel boasts rich stone flooring, new kitchen and baths with “hip” fixtures, ambient lighting throughout, and dual view terraces! Walk to everything from this prime Marina District location and enjoy stellar community amenities including two pools, party room, staffed lobby, valet parking, and state-of-the-art fitness center!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5169

Downtown · “Harbor Club”

You'll want to make this lovely residence your home or home-away-from-home! Featuring stunning views to the South and East, it enjoys an oversize view terrace and two terrific parking spaces near the entrance. This resort-style community is located in the heart of the Marina District.
For full details in a recorded message,

call 1-800-709-1995, Ext. 5109

Downtown · “ParkLoft Short Sale”

Almost 1,700 square feet of classic “loft” design are in evidence, including high ceilings, cement walls and ceilings, exposed ductwork, & custom lighting. A room-size, organized walk-in closet is a dream! Take advantage of this super, below-market opportunity!
For full details in a recorded message,

call 1-800-709-1995

Downtown · “Breeza”

Brand new construction, choose from the ideal “starter” one-bedroom to the premier, southwest corner, 3-bedroom, 2-bath residence with stunning water and bayfront views! The heart of the community is its center courtyard, complete with a pool and spa, and scenic patios and lush, tropical landscaping!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5069

Downtown · “Watermark”

Hold onto your hats, you will LOVE this elegant, beautifully re-crafted and remodeled beauty, complete with 2+ bedrooms, 2 baths, over 1550 square feet, rich stone surfaces and high-quality appointments throughout, including Merano glass lighting, dual parking spaces, and a covered terrace accessed via the living area as well as the master suite. Stunning!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5189

Downtown · “The Grande”

Sold for \$940,000!
Priced under most others in the community with this desirable, 1,944-square-foot floor plan, this elegant, 2-bedroom + den, 2-bath boasts stunning views from its southwest corner locale! You'll love the walnut flooring throughout, upgraded kitchen granite, dual balconies and parking spaces, and upgraded lighting! \$553 per sq. ft!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5099

Downtown · “Discovery”

Take advantage of this fabulous SHORT-SALE on the 14th floor on Cortez Hill's premier community! Boasting south-facing views to the Coronado Bridge and a multitude of interior upgrades, this one should not be missed!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5019

Downtown · “235 on Market”

Take advantage of this well-priced SHORT-SALE with 2-bedrooms/ 2-baths, and a premium end-unit locale overlooking the community courtyard in a prized Marina District location! You'll enjoy a granite kitchen, a private balcony overlooking the urban sights, dual parking, and an organized walk-in closet in the master!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5199

Downtown · “La Vita Short Sale”

Take advantage of this super opportunity to own a pristine starter property in Little Italy's premier residential community with superb north-facing views over the scenic courtyard! Walk to everything the village offers from this ideally-located property!
For full details in a recorded message,

call 1-800-709-1995, ext. 5089

Golden Hill · Hist. Victorian + Income

Originally constructed as a single-family home and modified into four income-producing units. Conveniently located to downtown, one of the units spans the entire top floor of the property, and includes 3 bedrooms, an updated kitchen and bath, and lovely views of the downtown skyline and Coronado Bay Bridge—perfect for an owner-occupant! Off-street parking for 4 vehicles. Truly special! For full details

call 1-800-709-1995, Ext. 5249

1-800-221-2210
www.sellsandiego.com

Before you put your home on the market
call for a FREE Marketing Package

It's only a buyer's market if you BUY!
When it's over, where will YOU be living?

Neuman & Neuman does not guarantee the accuracy of square footage, lot size or other information concerning the condition or features of property provided by the seller or obtained from public records or other sources, and the buyer is advised to independently verify the accuracy of the information through personal inspection and with appropriate professionals. Independently owned and operated of Prudential Real Estate Affiliates, Inc. Equal Housing Opportunity.