

SAN DIEGO COMMUNITY NEWSPAPER GROUP

October 2009

WWW.SDNEWS.com ■ VOLUME X, NUMBER 10

Scary thoughts





It's that month again-the one with the ghouls and goblins and the gajillion-dollar retail sales they command. Downtown San Diego is doing its part this year, as it's decked out the Gaslamp Quarter in chilling regalia (for more, see www.gaslamp.org). And if that isn't enough, there's always the Haunted Trail in Balboa Park (www.balboapark.org).

Lindbergh station is on track within new high-speed rail plan

By ADRIANE TILLMAN | DOWNTOWN NEWS

San Diego residents will have the chance to weigh in on the three proposed routes for the California High-Speed Rail line that is expected to run from Los Angeles to San Diego by 2019.

The state is planning to construct a high-speed train that will ultimately run from San Francisco and Sacramento to San Diego and perhaps include a stop at Lindbergh Field.

The railroad line is being California High-Speed Rail Authority with input from regional planning groups.

Three meetings will be held, on Oct. 13, 14 and 15, for the public to comment on the three proposed routes that will stop in University City and then continue Downtown. The meetings will feature various information booths — rather than a lecture presentation — to discuss

environmental issues, stations, the process and so on.

"It's an opportunity for everyone to look at the alternatives, say whether they are the correct alternatives; to indicate where there are flaws [with the proposed routes] or to say whether they think something else should be looked at," said Mike Zdon, project manager for the Southern California segment of the High-Speed Rail Line, and a consultant with the engineering group HNTB.

The public will have 60 days to nario," Zdon said. planned in eight segments by the submit comments on the proposed routes, either at the meetings (a make up the California High-Speed court reporter will be present) or in Rail Line is being constructed as a writing, until Nov. 21.

from a proposed UTC tunnel. The train will surface either at the corner of Rose Canyon or, as an alter-Lindbergh Field or another Downtown stop.

Building a station at Qualcomm

Stadium has been ruled out by the High-Speed Rail Authority.

The California High-Speed Rail Authority will likely choose one route to study in-depth for the state environmental impact report (EIR) and the federal environmental impact statement (EIS).

Zdon said he expects the EIR/EIS process to take four years, followed by preliminary design work beginning in 2013 and completion of the track by 2019.

This is the most optimistic sce-

Each of the eight sections that complete corridor within itself — One of the plans includes a route meaning that it can operate even if some of the other sections are never completed.

Zdon estimated that the Ananative, travel along I-5 to either heim to Los Angeles connection will be finished first, followed by

SEE **RAIL**, Page 3

A fish story

Exhibit fetes canners from generations past

By ANTHONY GENTILE | DOWNTOWN NEWS

A thriving industry in San Diego in the 20th century — one steeped in tradition for generations of Portuguese and Italian families in the Peninsula area — tuna fishing and canning was driven from the area in the mid-1980s because of toothier environmental laws, foreign competition and cost efficiency problems that forced much of the industry overseas.

But on Saturday, Sept. 26, a public art project honoring the gritty, physically demanding industry was dedicated downtown.

The tribute to cannery workers, dubbed Parque del Sol, is located at the corner of Cesar Chavez Parkway and Crosby Street, adjacent to Crosby Street Park. The site is where cannery workers used to go during their breaks.

"Parque del Sol was originally created by the workers themselves," said Allan Tait, Port of San Diego public art organizer, "even though it was [initially] not much more than a coral tree and some picnic tables in this little parcel next to the building."

Port of San Diego Commissioner Robert "Dukie" Valderrama, who hosted the dedication, said they event had special meaning for him. Ten of his family members worked in the Van Camp and Bumble Bee canneries around the waterfront.

"It means a lot because I come from a very big family that was really not a very rich family," Valderrama said. "We were a working family and this was the means of how our family was able to survive. And it was not only our family, it was the whole community.'

The tribute consists of three lifesize bronze figures — a woman



Parque del Sol, an exhibit built in honor of San Diego's tuna canning industry and workers, is a permanent fixture at the location at which the canners used to take their breaks.





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SAN DIEGO DOWNTOWN NEWS

PARQUE CONTINUED FROM Page 1

and two men. An arch of stainlesssteel tuna connects the male figures, one crouched with a basket of fish and the other who appears to be catching fish. The female figure is cleaning the fish.

Each of the figures is depicted in cannery-appropriate uniforms from three eras — the 1920s, 1940s and 1960s.

Near the three statues are historical plagues attached to equipment and parts retrieved from former canneries.

The landscaping at the tribute site is focused around a coral tree that is an original fixture of the

The tree is encircled by a mosaic sun and has a seat wall and sidewalk around it.

The project was created by Valerie Salatino and Nancy Moran of Nature Works, Inc., an Escondido-based company.

"It's a completely different design that anything we've done," Tait said.

The idea for the tribute arose when the Port District was considering public art projects in 2004. ning industry employed 17,000

By then, the tuna canning industry had been dark for about two decades.

"Thousands of people were involved in the industry," Tait said. "There were canneries all along the shore of San Diego Bay at one

Even though [San Diego residents may not have worked in [the canning industry], their ancestors did.

ALLAN TAIT

According to Point Loma resident August Felando, a local historian and 40-year veteran of the industry, the first cannery dedicated to packing canned tuna opened in San Diego in 1911. By the early 1950s, there were six tuna canneries operating in San Diego.

According to Port District officials, at its height, the tuna can-

and had an annual economic impact of \$65 million.

The industry also has ties to the roots of a number of different cultures' origins in San Diego. Among the ethnic groups that worked in tuna fishing and cannery were Italians, Portuguese, Japanese and Mexicans.

"It's important to a lot of people in the community because even though they may not have worked in it, their ancestors did," Tait said.

"It was a real entry point for immigrants who came to America in those days, enabling them to get a foot in the door of the so-called 'American Dream.'

While the bulk of the tuna industry vanished from San Diego in the mid-1980s, Felando said that two major tuna canners — Bumble Bee Foods and Chicken of the Sea International — still have their headquarters in San Diego.

Meanwhile, the exhibit "will have a big impact for the residents that have been here for a long period of time that have actually worked in the industry," Valderrama said.

"I think it's going to have a lot of significance to these individuals because this was part of the histo-



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Picture perfect

PHOTOS BY MARKETA HANCOVA | DOWNTOWN NEWS A rendering of Audrey Hepburn (left) adorned East Village's Bar Basic last month as students from San Diego's Platt College design school mounted an exhibit of their work. At right, a patron takes it all in. The college, in the city's Rolando area, regularly avails itself of Downtown's cultural attractions as inspiration for its graphics design and multimedia courses.



CONTINUED FROM Page 1

the San Jose to San Francisco line and then the Merced to Bakersfield track.

In 2008, voters approved Prop. 1a to allow the state to issue \$9.95 billion in bonds for the line. The federal government has also allocated \$8 billion for high-speed rail, and Zdon estimates that a third of those funds will go to California. Congress is also updating the transportation bill, and Zdon said are earthquake faults. There could

that an estimated \$1.5 billion is expected to go toward high-speed

From Los Angeles, trains will travel east to the Ontario Airport, cut through San Bernardino and Riverside counties and head into San Diego County along I-15 to the first station in the county, Escondi-

From Escondido, the train will head to Mira Mesa Boulevard.

Zdon said the engineering for the proposed tunnel under UTC has not yet been studied.

"We have to check soils. There

be a whole series of reasons that this doesn't work, but in the scoping process we have to make the decision about whether we check this out or not, and that's what's happening," Zdon said.

Here's a schedule of the scoping meetings:

• Tuesday, Oct. 13, 3-7 p.m. Lawrence Family Jewish Community Center, 4126 Executive

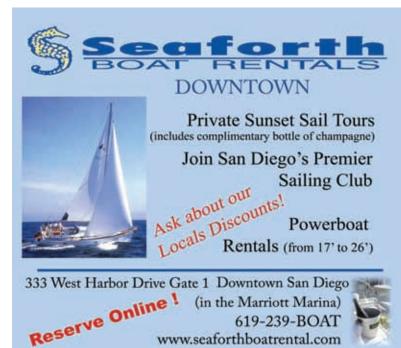
• Wednesday, Oct. 14, 3-7 p.m. Ramada Inn, 1403 Rosecrans St.

• Thursday, Oct. 15, 3-7 p.m. Escondido, California Center for the Arts, 340 N. Escondido Blvd.



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News

Streetsweeps

Notes from the heart of America's Finest City

edited by Martin Jones Westlin

City Council names panel to develop med pot regs

San Diego City Council has appointed an 11-member Medical Marijuana Task Force to develop regulations governing the city's medical marijuana dispensaries.

The group will review guidelines for the operation of dispensaries and rules for police enforcement. The panel has been asked to make its first recommendations by January.

Appointees include land use professional Dave Potter; law professor Alex Kreit; attorney Mark-Robert Bluemel; business owner Dave Martin; community planner Craig Balben; physician Thomas Cummings; retired police officer John Minto; medical marijuana collective director Kim Twolan; medical marijuana patient Larry Sweet; social service provider Rev. Wayne Riggs; and community advocate Steve Whitburn.

Council voted in September to create the task force amid concern about unlicensed medical marijuana dispensaries in the city.

Rock run organizer reimburses payouts

The Competitor Group, organizer of the San Diego Rock 'n' Roll Marathon, has reimbursed taxpayers to the—uh—tune of more than \$200,000 for excessive payouts during the past 10 years.

Checks for \$173,000 and \$39,000 went to the county and city respectively on Monday, Oct. 5. The Competitor Group has returned more

than \$344,000 in public funds since published reports alleged last February that it profited amid police service fees, grants and tourism promotion fees through the Elite Racing Foundation for Chil-

dren, Education and Medical

Research, an affiliated group.

The Competitor Group said it was unaware of the arrangements with the foundation when it took over as organizer of the marathon in early 2008. It reportedly will dissolve the foundation as soon as it resolves federal tax issues.

The foundation has been awarded \$190,500 in county grants since its inception in 1998. The grants are available only to nonprofit organizations.

The marathon benefits the Leukemia and Lymphoma Society.

Layoffs almost certain amid budget shortfall

Layoffs and service cuts, particularly at libraries and among parks, police and fire personnel, are highly likely in 2010 as the city of San Diego confronts its 2010 deficit of \$179 million.

Mayor Jerry Sanders' office released the update Thursday, Oct. 1, adding that falling tax revenues and rising pension costs figure in the imbalance.

San Diego is projected to receive \$67 million less in sales and property tax revenues for the fiscal year, which begins July 1. It is also required to make an estimated \$224 million contribution to the pension fund.

The city has filled recent budget gaps by cutting vacant jobs and using reserves.

City Hall evacuated amid odor of smoke

A strong odor of smoke prompted a Monday, Oct. 5 building-wide evacuation of City Hall at 202 C St. Downtown. Employees were allowed back into the building an hour later.

The odor was apparently the result of paper charring on a 12th-floor light fixture whose ballast gave way.

Fire department spokesman Maurice Luque reportedly said the evacuation, conducted just before 2:30 p.m., was voluntary at first, becoming mandatory as firefighters intensified their search.

Water usage drops amid mandatory cuts

Water use in August dropped 11.3 percent citywide compared with that in the same month of 2008, meaning that residents largely complied with mandatory restrictions.

Residential customers reportedly cut their water use by 10.7 percent in August compared with a year ago, according to the mayor's office. Commercial and industrial water use dropped 5.1 percent and the use of water for irrigation fell by 19.5 percent.

A series of \$100 fine notices have gone out to water customers who failed to heed the restrictions. The citations are the first issued since the restrictions took effect on June 1.

Those sanctions limit times for watering lawns and washing cars. They're considered level 2 restrictions; the city's highest alert is level 4.



COLLETESY PHOTO

With an attendant's help, a pod of dolphins chows down at SeaWorld San Diego, a local amusement park staple. Anheuser-Busch InBev, which assumed control of the former Anheuser-Busch last year, has sold its holdings to the private Blackstone Group equity firm for more than \$2 billion.

SeaWorld among amusement parks sold to New York equity company

San Diego's SeaWorld, along with its two sister SeaWorld parks, two Busch Gardens parks and five other entertainment attractions, will be sold to The Blackstone Group, an international private equity firm head-quartered in New York.

A joint announcement yesterday by Anheuser-Busch InBev and The Blackstone Group stated that the Busch Entertainment Corp. will be acquired by Blackstone in a deal involving a \$2.3 billion cash payment and the right to participate in a return on investment totaling up to \$400 million.

The transaction is pending regulatory clearance.

"We have no staff reductions at all related to this transaction at any level," said Busch Entertainment Corporation President Jim Atchison, adding that the corporation will continue to run and maintain the park as usual.

Blackstone owns Hilton Hotels, Orbitz Travel and the United Kingdom's Merlin theme parks. It also has a 50 percent ownership in Universal Orlando.

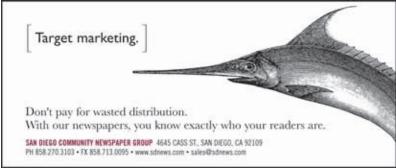
The sale will allow Anheuser-Busch InBev to focus on its core business of brewing beer, according to the joint statement.



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Downtown post office on national list of those facilities marked for closure

By ANTHONY GENTILE | DOWNTOWN NEWS

Ten San Diego County post office branches, including one Downtown, recently emerged on a national list of 677 facilities marked for possible closure or consolidation. And while early indicators show that a Point Loma facility will be spared, the Downtown location is not out of the woods yet, according to postal officials.

The list was presented by the U.S. Postal Service (USPS) to the House of Representatives on July 30 and included the George Washington facility at 2692 C St. Downtown

Of those 677 facilities identified nationally, however, none will be subject to closure in the immediate future, according to postal officials.

"It's customary. This process we've had in place for many, many years," said USPS spokesperson Don Smeraldi. "Like any business, we're always looking for ways if we have extra space.

"With the financial situation we're in, it's becoming more important than ever," Smeraldi added. "From a national level, they said out of all the 3,000 post offices that are in urban centers and cities are there any that we could possibly consolidate."

Smeraldi said the list is part of the postal service's regular review process. He said all affected parties, including employees, em-

ployee unions, customers and city officials, would be notified well in advance of any possible consolidations or closures.

"It's so preliminary, and all the stakeholders would all be kept informed," Smeraldi said. "It's not something that can happen overnight."

According to Smeraldi, the review process will have started Oct. 1, the beginning of the new fiscal year. He said the beginning

...30 percent of our retail revenue doesn't take place at a traditional post office anymore.

> DON SMERALDI USPS SPOKESPERSON

of the new fiscal year is not a deadline for any decisions to be made and that a timetable on closures is unknown.

"It's about the extra facility space, and maintaining a retail presence in the area just depends on where that might be," Smeraldi said. "We've determined that about 30 percent of our retail rev-

ployee unions, customers and city enue doesn't take place at a tradiofficials, would be notified well in tional post office anymore."

Smeraldi said more customers are using the USPS website, which allows customers to ship packages without leaving their houses. Other locations that offer similar services to the post office include contract postal units—stores that the Postal Service contracts with—and grocery stores, warehouse stores and ATMs that sell stamps.

"If you're looking at different possibilities, you probably want to go with the best possibility in that the floor space in this particular location when we consolidate with another one would be to our greatest advantage to do that. So that would probably be the first thing we'd initiate," Smeraldi said.

Smeraldi said some of the potential closures and consolidations might not even affect customers at all.

"We're talking about maybe consolidating some of the retail service with a nearby office or, totally transparent to customers, consolidating some of our carrier operations," Smeraldi said. "We have facilities that are just letter carriers in the building. We may consolidate that building with another one and the customers wouldn't even notice any impact."

For more information, call (800) 275-8777 from 5 a.m. to 5:30 p.m. Mondays through Fridays and from 5 a.m. to 3 p.m. Saturdays, or visit www.usps.gov.







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2009 Centre City Advisory Committee ELECTIONS

2009 Centre City Advisory Committee (CCAC) Elections

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For more information about available seats, candidate registration forms, deadline details and a map of qualifying area boundaries visit www.ccdc.com/ccac.

Vote

Be part of downtown San Diego's future. Hear from the candidates and vote at the Oct. 26 election kick-off event at the Lyceum Theatre from 5 to 7 p.m. Voting stations also will be open on Tuesday, Oct. 27 from noon to 6:30 p.m. at three convenient downtown voting stations:

Downtown Information Center 193 Horton Plaza (Level One above CVS/pharmacy) Java Jones 631 Ninth Avenue (cross street Market St) Sole Luna Café 702 Ash Street (cross street Seventh Ave)

For more information about the 2009 Election, a complete list of current CCAC members and all election and voting forms, visit www.ccdc.com/ccac.

Questions? Please call Brandon Nichols at 619-533-7182 or e-mail Nichols@ccdc.com.

COMMENTARY

Put shelter Downtown, and be quick about it

By MARTIN JONES WESTLIN

DOWNTOWN NEWS

To look at the official record, you'd have thought Mayor Jerry Sanders' latest call for suitable homeless shelter locales had gone in one ear, slipped on the wax and exited butt-first down the same canal. Not a single one of the eight City Council members had offered the mayor a potential site in their districts by the end of business on Monday, Sept. 21, Sanders' original deadline.

Since then, seven of 'em, including Downtown representative Kevin Faulconer, managed a reply to the mayor, which is at least something still, the councilmembers had no suggestions for an appropriate permanent location, and that's a dismaying state of affairs indeed.

It's dismaying because council has been grappling with this question for a decade and then some. Back in the '90s, when Susan Golding was mayor, San Diego County's homeless numbered about 5,000, and Golding was instrumental in establishing a shelter at that time.

But just as she allegedly didn't mention homelessness in her 2000 State of the City speech, the issue has been punted between the mayor's office and council chambers since then, with no clear outcome.

Meanwhile, according to the Regional Task Force on the Homeless San Diego, the county's homeless population has doubled — this amid council's latest round of inaction.

In opposing a temporary shelter Downtown this year, Faulconer reportedly wrote in his reply that "I look forward to offering lasting services that will benefit the homeless population, as well as our neighbors and business owners Downtown." That's fine and dandy for the intermediate and long term — but winter and its attendant rains will be here in about 15 minutes, and that leaves precious little time to approve a site, forge a plan, find the money and get 10,000 people (or a portion tnereon) settled in.

But since Downtown serves as a regional city center, it

seems the most expedient locale in which to address this immediate, very regional issue (remember, the current 10,000 homeless exist throughout the county, not just in San Diego's core). Faulconer noted that Downtown has a "disproportionate" number of services of which the homeless ${\rm can\ take\ advantage-but\ dis-}$ proportionate or not, those services are already there and can serve in part to alleviate homelessness. T

here's an insidious benefit to a Downtown shelter as well: The vast concentration of citycenter businesses will grow as the recession heads out and full-scale development resumes, and the able-bodied homeless would thus have a tailor-made infrastructure at their doorstep through which they can extricate themselves from their plight.

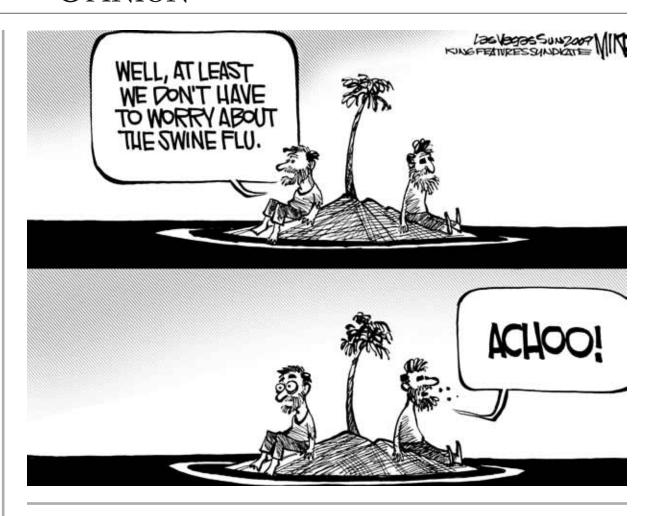
Sanders has said that his office will now propose several sites in each district, picking up where the reluctant councilmembers left off — but the shelter's importance to the community, of course, trumps any decision on its locale.

Just ask Dr. Jim Dunford, city medical director and UCSD emergency physician, who in 2006 reportedly told The New Yorker magazine all about the people such a shelter often serves:

"...[I]t's the guy who falls down and hits his head who ends up costing you at least \$50,000. Meanwhile, they are going through alcoholic withdrawal and have devastating liver disease that only adds to their inability to fight infections. There is no end to the issues. We do this huge drill. We run up big lab fees, and the nurses want to quit because they see the same guys come in over and over, and all we're doing is making them capable of walking down the block."

Unless, of course, the shelter's placed Downtown. The center city's glut of services will give the shelter's patrons a fighting chance at mainstream life, at least theoreti-

And in any event, by the time you read this, that 15minute window between now and the day the rains set in has just dwindled to 12.



LETTER FROM THE EDITOR

Westlin is finally taking his act on the road

A few months ago, a local physician marveled at the fact that I've spent the last 37 years in either newspaper journalism or the private legal sector. "You must be awfully close to burnout," he fairly gasped, looking at me like I'm some kind of candidate for a public works effigy. "Thirty-seven years under those kinds of deadlines is a long, long time." I have to admit I do feel like I could use a

...It's too short, of course, but at my age, so is everything else.

MARTIN JONES WESTLIN EDITOR, SAN DIEGO DOWNTOWN NEWS

month off, especially since I basically haven't stopped working in nine years. And to boot, this guy's a doctor, so I figure his .02 sort of sanctions my con-

As of Friday, Oct. 23, he'll have a little less to worry about. That's my last day with the San

Diego Community Newspaper Group, at least as I know the company. Not only will there be a new Downtown News editor; I'll have completed at least one special project by then, designed to make life a little easier for the 50,000 or so who read this publication every month. I've also been asked to stay aboard in a diminished capacity, writing stories for this and the chain's other papers and perhaps lending my minuscule expertise to the quality control part of the operation. Other than that, that month off actually seems feasible for once. It's too short, of course, but at my age, so is everything

I do hope that these last 19 months have been as enlightening for you as they have for me. I took in more than my fill of all this newfangled software that makes the papers prettier and everybody's lives behind the scenes so much simpler, and it's my wish that Downtown News is as easy on the eye as it is intent on furnishing true community-based news. And if I regret that my time's run out on instituting fresh ideas about the paper's role, I'm delighted to have heard from you to that end, whether you've come bearing bouquets, brickbats or something in between.

My plans include a return to school, a new and vastly

improved personal website, the pursuit of current and prospective professional endeavors and, of course, that elusive month off. Through it all, you guys will never be far from my thoughts. Thanks so much for reading, calling and writing, everybody - meanwhile, it's onward an upward for one of the most interesting city centers in the nation.

> - Martin Jones Westlin, editor San Diego Downtown News

poll

Last month, we asked if San Diego Unified School District should fight to keep Superintendent Terry Grier in office. Less than a day later, Grier accepted an offer of a similar position in a Houston school district.

NEW QUESTION: Should City Council settle on Downtown as the locale for its winter homeless shelter?

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SAN DIEGO

4645 Cass St. Box 9550 San Diego, CA 92169

Ad Fax: (858) 713-0095 downtown@sdnews.com (858) 270-3103

BEE alco IFPA (CV sdnews.com

PUBLISHER

Julie Mannis Hoisington (858) 270-3103 x106 jmannis@sdnews.com

DIRECTOR OF SALES & MARKETING

John Dowd x136

iohn@sdnews.com **EDITOR IN CHIEF**

Anne Terhune x133 mail@sdnews.com

EDITOR Martin Jones Westlin x134 downtown@sdnews.com

ACCOUNTING

Heather Glynn x103 Patty Angley x120 Accounts Receivable

AD CONSULTANTS

Mike Fahey x117 Jason Gregory x116 Sheri Starko-Jones x147 Marjorie Kirby x122 Michael Long x112 Ashlee Manzo x123 Heather Snyder x115 Johnny Spicer x111

Deborah Vazquez x118 CLASSIFIEDS MGR.

Heather Snyder x115 heather@sdnews.com

CLASSIFIEDS

Kim Donaldson x140 kim@sdnews.com

PRODUCTION MGR.

Casey Dean x107 casey@sdnews.com

PRODUCTION

Dee Kahler, David Ramsey, Nicola Rushford, Chris Baker, Anna Magulac

PHOTOGRAPHERS

Don Balch, Paul Gallegos, Ron Gallegos, Ronan Gray, Paul Hansen, Kirby Yau

CONTRIBUTORS

Charlene Baldridge, Diana Cavagnaro, Anthony Gentile, Joseph Greenberg, James Colt Harrison, Natasha Josefowitz, Dave Kensler, Nicole Larson, Linda Marrone, Johnny McDonald, Bart Mendoza, Loralee Olejnik, Neal Putnam, Alyssa Ramos, Sebastian Ruiz, Sandra Simmons, Laurie Smith

OPINIONS Signed letters to the editor are encouraged. All letters must include a phone number for verification. The editor may edit letters for clarity and accuracy. Letters should be 350 words or less. Views expressed are not necessarily the views of this newspaper or staff.

SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The

editor reserves the right to edit for clarity. **DEADLINES** All content must be received by 5 p.m. on the Thursday prior to publication.

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First San Diego Triathlon Classic to feature 1,500-meter swim in Bay

By ANTHONY GENTILE | DOWNTOWN NEWS

Some of the nation's best athletes will run, swim and bike their way through San Diego this weekend, beginning and ending in Point Loma and stretching down San Diego Triathlon Classic commences Saturday, Oct. 10.

"This is the only [U.S.A. Triathlon] -sanctioned Olympic distance race in San Diego," said Rachel Gordon, director of marketing and sales of Moment Cycle Sport.

"It's the only race that has a full swim, bike and run."

The race will begin and end at Liberty Station. Nearly 700 racers will swim 1,500 meters in San Diego Bay, bike for 40 kilometers around the Peninsula and run for 10 kilometers — the distance necessary to make the event a U.S.A. Triathlon (USAT) -sanctioned race.

"Having it be a USAT-sanctioned race puts a little bit more prestige on the race and gives athletes who are USAT members the ability to collect points in their age group to be ranked nationally," Gordon said.

"Through those national rankings, they can qualify for the national team as well as the world

The Olympic distance race starts at 6:30 a.m., with the sprint race starting 30 to 45 minutes later. The sprint race is half the distance of the Olympic distance race.

"It's pretty high competition in Diego Bay, as the inaugural San the sprint event by people who only train for the quick, fast races," Gordon said.

> In the classic, racers will compete on a unique and challenging course. Along the way, racers will swim under the Harbor Drive pedestrian footbridge, bike through the Naval Base Point Loma sub base and up to Cabrillo National Monument and run along the water and by the USS Recruit.

> "All of us at the shop are triathletes ourselves, and we just wanted something different," Gor-

> "Triathlon was born in San Diego, and it's something that we're all pretty passionate about."

> Gordon said the bike portion is the race's most challenging. Part of the 10-kilometer ride is a threequarter-mile trek up McClelland Road to Cabrillo National Monument.

> Gordon said the race is very spectator friendly and that there are seven different points along the

course from which the public can watch. She said the best spot to catch a lot of action is in the transition area on Farragut Road behind Liberty Station.

"It's where the finish line is, where the expo will be and where racers will be exiting the water, going in and out on the bike, going out on the run and finishing the race," Gordon said.

On Friday, an expo on the lawn next to Cushing and Farragut roads will precede the race. The expo is free and will go from 2 to 7 p.m.

Festivities will also follow the race on Saturday. There will be award ceremonies, entertainment, refreshments, vendors and exhibits to go along with a beer garden.

On race day, portions of Farragut and Cushing roads will be closed from 6 a.m. to noon. A number of other roads will be closed from 6 to 9.30 a m

A list of closures can be found at momentcyclesport.com. Residents with questions or concerns about traffic on race day can call (619) 523-2453.

Moment Cycle Sport is located at 1357 Rosecrans St., Suite A. The shop specializes in custom road and triathlon bikes.

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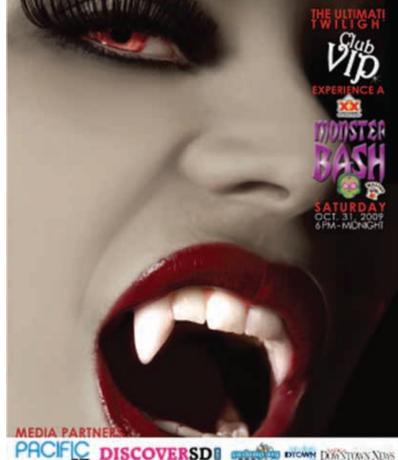
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Towers' firing seems kind of ill-timed

By MARTIN JONES WESTLIN | DOWNTOWN NEWS recasting its infrastructure accord-

The San Diego Padres decided to get real fun again in the last half of the season, and their rebirth augurs well for 2010. Field manager Bud Black promised improvements in the team's overall record this year, and although 87 losses is tough to take, it sure beats the hell out of the 99 the team racked up in 2008. After the All-Star break, the Padres were 39–35; beforehand, they ran up a 36-52 tally.

The good news from the season's latter stages was tempered with the Oct. 3 firing of Kevin Towers, at 14 years' service the longesttenured general manager with a single team in the bigs. Towers, 47, was in charge when the Dads won four NL West titles and made it to the World Series (1998), where they were swept by the Yankees.

Team CEO Jeff Moorad, whose ownership group acquired the Padres last March, said the move was about the club's future and

ingly. That makes sense, as new management routinely brings in its own people; and in any event,



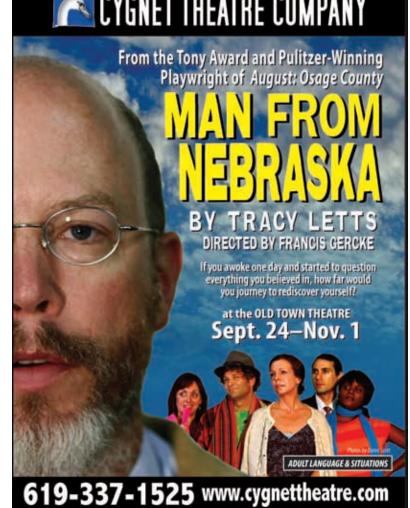
PHOTO BY JON HAYT | DOWNTOWN NEWS **Kevin Towers**

Moorad must've looked twice at a published report in which Towers said. "I don't know if we need to do a lot this winter." Well, of course

the franchise needs to do a lot this winter. Even the sweep-happy Yankees, with 2009's best record, need to do a lot this winter. Trades, salary discussions and fitness reports are what winters are for.

Still, Towers' termination seems oddly timed. If new owners are intent on hiring fresh personnel, they normally do it sooner than later, before any harmful residual effects have a chance to set in. Towers may have had a reputation as a "gunslinger," like the reports say, but amid the late-season uptick and his own track record, it might have been prudent to wait another year before deciding on his dismissal. On-field progress like this is usually traceable to work behind the scenes, and Towers was a formidable figure in such affairs. We trust that Moorad knows what he's doing and that Towers' departure won't come back to haunt him or the team. Opening day, after all, is less than a scant six months





SAN DIEGO DOWNTOWN NEWS

The Main element: Think of the possibilities for Downtown



By SANDRA SIMMONS

San Diego, you and me, Filled with possibility. Beauty far as I can see; It's our Downtown.

> Lyrics from "Our Downtown" by Steve Tussey

After selling my home in The Brickyard, I packed my belongings into storage, crammed my car with necessities and, together with my two kitties, AlexSandra and CalexSandra, drove to Oregon on an extended holiday.

The adventure has given me a new perspective on how neighborhoods create a sense of place. A place that is livable, attractive and interesting. A place where residents greet neighbors as friends.

Back in time, on a dirt path to a destination, a building was constructed, and then another, and another, forming a row of buildings, first on one side of the path, then on the other. The expansive pathway became known as Main Street, and it was now the destination.

The Pearl Station preservation as the first path to a dimportance. The Pearl Station preservation as the first path to a dimportance. The Pearl Station preservation as the first path to a dimportance. The Pearl Station preservation as the first path to a dimportance. The Pearl Station preservation as the first path to a dimportance. The Pearl Station preservation as the first path to a dimportance. The Pearl Station preservation as the first path to a dimportance are preservation.

On market day, residents would "go into town" to pick up their mail, shop for groceries and hardware and gather the local news. As they walked from shop to shop, they lingered. There was a sense of place and community.

As I walk through the Old Mill District in Bend, the Pearl District in downtown Portland and Orenco Station in Hillsboro, I discovered these communities share a few fascinating attributes.

The streets are narrow ("skinny" streets in Orenco are 20 feet in width!), often without centerline striping, and offer limited on-street parking. With corner pop-outs, crosswalks and intersections enhanced with distinctive pavers,

66

I pose... Aren't we just making paths through our Main Streets?

each junction signals a place of importance.

The Pearl District and Orenco Station present residents with light rail as the solution for traveling longer distances.

And Portland's light rail and streetcars share lanes with vehicular traffic.

Most important, the sidewalks are nearly as wide as the streets, allowing ample space for cafés to spill out with more than enough sidewalk remaining for pedestrians to pass comfortably. (Oh, and I can't recall an abovegrade utility box anywhere!)

Every day, rain or shine, the Main Streets in these communities teem with shoppers and residents. Some walk with purpose, others for enjoyment.

Which begs the question: Why don't we narrow our neighborhood Main Streets by increasing the adjacent pedestrian rights-of-way? Merchants argue customers want handy parking and won't walk the few blocks to their shops.

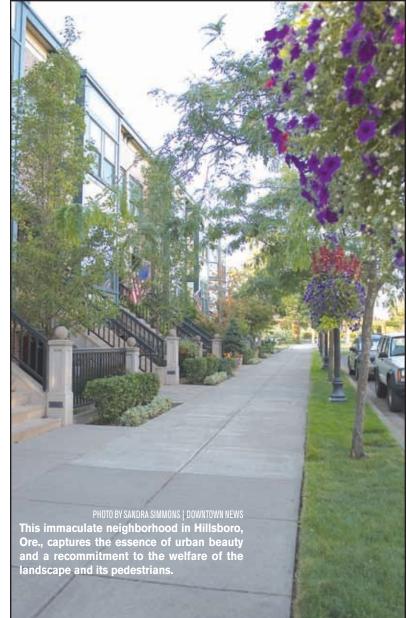
Isn't a mall basically a path lined with shops? A modern-day Main Street without the interference of vehicles? A commercial shopping district void of living units due to the vast parking lots and structures that repress residential development? And don't we as consumers walk much farther through car-peppered parking lots or, even more unpleasant, through massive, dark, eerie structures to reach the object of our desire?

I pose... Aren't we just making paths through our Main Streets?

It's now time to rethink the neighborhood Main Streets. The structure must focus on the pleasure of the pedestrian with expansive boardwalks, limited short-term parking and streetcars servicing parking garages.

By creating beauty as far as the eye can see, our neighborhood Main Streets become filled with possibilities, a place of importance and the destination.

Viva-city fostering a vibrant, welcoming community; where residents greet neighbors as friends! Visit www.viva-city.info.





Art by Jesi is Pacific BeachFest's presenting artist in 2009.

Visit her work at www.artbyjesi.com or find her at BeachFest on the Boardwalk.

Little Italy Association Pays Tribute to Italian Heritage and Culture

In homage to Italian Heritage and Culture Month celebrated in October, this year's FESTA will highlight history, arts and cuisine from Italy with host of commemorative events leading up to the Annual FESTA! The Little Italy Association (LIA) is proud to announce its line-up of activities and highlights for this year's annual event. In its 15th year, the free event has become fondly known as the largest single-day Italian American festival west of the Mississippi and is expected to attract more than 120,000 to the hip and historic Little Italy neighborhood in San Diego. This year, there are more ways the public can learn about the history, experience live entertainment and get inspired by the united community enthusiasm for Italian heritage.

All local restaurants will be open and overflowing, serving up the best Italian cuisine - everything from pizza and pastries to authentic pastas and giant calamari! In a picturesque urban setting, the beer and wine garden will provide guests with an exciting venue to mix and mingle; Italian entertainment: Two entertainment stages will feature an array of talented musicians and performers throughout the day (details needed on performances and times); Italian-inspired fun and sports: Bocce ball tournament; Stickball exhibition game; Raffle prizes; and an interactive children's area and Italian art: This well-known Gesso Italian Chalk Painting Contest and artisian work for display and sale, which will take place in the heart of the neighborhood on India Street (between Fir and Grape

- Sunday, October 4, 2009 Our Lady of the Rosary Catholic Church Special Procession. Formal details being announced soon!
- Self-guided one-mile walk gives people an opportunity to tour the Little Italy neighborhood and experience the charm, history, sights and sounds to enjoy. The one-mile walk is identified by markers permanently displayed on the sidewalks that guide visitors and locals alike on a tour through the neighborhood. * One mile walk guides are available by visiting the Little Italy Association office at 1668 Columbia Street, San Diego, CA 92101 (Phone: 619-233-3898)





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With all the wonderful restaurants, shops and parks in Little Italy and Downtown, isn't it time to ask yourself: Why don't we live here? If that's what you're thinking and you don't call Anthony, well... you're "stunato!!!" (not thinking). No one knows the Little Italy and Downtown real estate market better than Anthony. Whether it's for residential or commercial use, buying or selling, give Anthony a call.



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Calvin K. Wong, M.D. Fellow of the American Academy of Family Physicians

Insanity Plea for Progress



By Connie Cook | Guest Columnist

Have you lost your mind? Your marbles? Your sanity? If your reality bites, it might be time to put a few things in check and evaluate those you find yourself doing over and over that progressively get you forms the sit-ups. You should cross nowhere, like sleeping with your your arms at your chest so you ex, eating snacks rather than won't strain your neck. If your meals, surfing the web when you chest reaches your knees and your should be working, telling yourself "just one more time and I will stop" or, my personal pet peeve, doing the same old workout routine every time you go to the gym.

as repeating an action and expecting a different outcome. But let's face it: We're all a little insane. It's upper body strength and eneasy to fall into a rut without realizing it, especially when it comes to your workout. It's something I witness often.

Are you guilty of doing the same workout each time you go to the gym? Maybe 30 minutes on the treadmill followed by 20 minutes of same fitness classes each week? Perhaps you use your favorite weight machines each time you work out, or maybe you just spend your time stalking the same hottie over and over (how's that working for va?).

you back on track. You simply won't improve, and won't realize chart your progress. You need a new push-up goal. baseline to measure your results

Three of my favorite simple fitness tests include the one-mile walk-run and push-up and sit-up tests. I use these tests to evaluate just get out there and do the best more comprehensive. you can that dav.

top of your lungs at the driver in to keep us growing, to keep us inwalk a one-mile path as fast as you would be static, boring and dull. you to finish. I like doing this test it 100 percent—even if it feels a litoutdoors on a set path, usually at tle crazy! Balboa Park or at the Embarcadero South behind the convention center.

As your aerobic fitness improves, you can do more physical activity without becoming out of breath or feeling like your heart is about to jump out of your chest. You'll be amazed how much you can improve in just four weeks with a good plan in place.

You might think you have just had a great ab workout until vou Fit Athletic Club

encounter the two-minute ab test. "Crunch time" takes on a whole new meaning when you test the endurance of your abdominal muscles and hip flexors. Both are important for your back support and core stability.

Usually, you partner up for the abs test so one person can anchor the other's feet while the other pertrunk returns to the floor, and the upper back or shoulder blades also touch the floor, you're performing the exercise correctly. Do this test for two minutes and record your It's true that insanity is defined results. It will probably be the longest two minutes of your day.

The push-up test measures your durance. You literally push yourself off the ground with your upper body from a face-down position. (Of course, Chuck Norris doesn't push himself up. He pushes the world down. But that's another topic altogether.)

For your purposes, let's just see upper body? Or do you go to the how many complete push-ups you can do. You'll need to keep your body and legs in a straight line, with your arms at shoulder width apart, and lower your body until you achieve a 90-degree angle at the elbows, with the upper arms parallel to the floor. Then push If you've reached the point of yourself up back to the starting postagnation in your workout, then I sition. You can time yourself and suggest you add a few checks and see how many you can do in a spebalances to your efforts to help get cific amount of time, or you can do them until you physically can't do any more. I like that route the best. you're not improving, if you don't Record your results and set your

So there you have it. Take the and to analyze the effects of your tests. Record your results and retest yourself every four to six weeks to stay on track. Make notes on your performance and the test conditions, and retest later under the same conditions to see how my boot-camp participants each you've progressed. You can also month at the beginning and end of mix it up with other kinds of fitness the program. The good news is tests (for example, pull-ups and these are not pass or fail tests. You running stairs) to make it even

We all tend to be creatures of The one-mile walk-run mea- habit, so you have to make it a sures your aerobic fitness. It tells point to change up your workout you how long your body can sus- and keep yourself motivated and tain work, like walking, running, moving forward. In fact, change is climbing a hill or screaming at the necessary in life to keep us moving, front of you. You simply run, jog or terested. Life without change can and record the time it takes Just do something new and go with



Fitness Director

Fabulous Fashions style celebration is history



 $\mathbf{B}\mathbf{y}$ **DIANA** CAVAGNARO

The Costume Council of the San Diego Historical Society presented Fabulous Fashions: San Diego Style at Balboa Park's Organ Pavilion on Sept. 17. Executive director David Kahn was on hand to greet the guests for this celebration of the council's 20th birthday. Handpainted models mingled with the guests. Garments featured outfits from the closets of San Diego's best-dressed women.

The prominent women's gowns included Sally Thornton's couture red-beaded gown by Stephen Yearich and Mrs. Pete Wilson's Oscar de la Renta gown for the 1995 gubernatorial inaugural ball. Audrey Geisel's dress was worn for the opening night of "How the Grinch Stole Christmas!" and came with a Grinch purse especially designed by a Dr. Seuss product designer. Rana Sampson's favorite was a vintage-1950 blue cocktail dress. Joan Embrey displayed the outfit she wore for the first time on the "Tonight" show during Johnny Carson's tenure, and Darlene Davies' ensemble was designed and made by Union-Tribune columnist Burl Stiff. One of the delightful additions was a stunning Red Rose gown worn by service animal Kima Schwab.

This event benefits the preservation and conservation of the San Diego Historical Society costume

collection and contributes to upcoming exhibitions and public programs. The current exhibit runs through April 1 and features 40 works of fashion in San Diego from the 19th century to the present. Timothy Long, curator of costumes at Chicago History Museum, will be guest curator for the exhibit. www.sandiegohistory.org.



PHOTOS BY DIANA CAVAGNARO I DOWNTOWN NEWS Rock icons inspired the fashions at the ASR Marketplace trade show.

'Fashionably Loud'

The San Diego Convention Center was home to the ASR Marketplace trade show on Sept. 10–12. The highlight was the runway show, featuring 2010 spring and summer fashions. The theme for this upbeat fashion show was "Fashionably Loud." The models came down the catwalk with looks



inspired by rock icons. This retrospective in fashion and music rocked the runway and was styled by Seventeen magazine. A Robert Cromeans salon provided the hairstyles.

Class@ASR was a new addition, combining fashion and action sports and running concurrently with ASR Marketplace. Premium boutiques were set up with upscale brands such as the whimsical Modern Amusement, the trendy men's shirts from Sovereign Code with '60s-inspired ties, cool recycled belts and wallets from Spacecraft and the must-have men's shirts from Jach's (which stands for Just a Cheap Shirt).

Barracuda hair salon came down from Melrose to give free haircuts, and OSEA Organic gave facials and hand massages. Mike

SEE ASR, Page 12



MOZART'S REQUIEM

October 30, 31 & November 1 Jahja Ling, conductor / Jeff Thayer, violin San Diego Master Chorale BRUCH: Violin Concerto No. 2

Winter Pops

DIA DE LOS MUERTOS*

November 1

Jeff Nevin, conductor / Monica Abrego, soprano Jorge Lopez-Yañez, tenor / Mariachi Champaña Nevin Come celebrate The Day of the Dead with San Diego's most popular Mariachi artists!

*San Diego Symphony does not appear as an ensemble on this concert event

BARBRA STREISAND SONG BOOK with JULIE BUDD

November 6 & 7

Marvin Hamlisch, conductor / Julie Budd, vocalist

Family Festival

BEHOLD THE BOLD (UMBRELLAPHANT



November 8

Philip Mann, conductor Children's Poet Laureate (2006-2008) Jack Prelutsky, narrator Based on the book by Jack Prelutsky.

All concerts at Symphony Hall, 750 B Street, San Diego, CA 92101.

619.235.0804 sandiegosymphony.com













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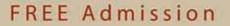






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The Old Town San Diego Art Festival is partially supported by funding from the City of San Diego Economic Development and Tourism Support Program and the County of San Diego Community Enhancement Program.

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CERT



ASR

CONTINUED FROM Page 10

Torquato de Nicola, Tom Andor and "Art is Alive" by Big Red Sun displayed art at the venue. The next ASR will be Feb. 3-4. www.asrbiz.com.

Art of Fashion

The second annual Art of Fashion show was presented by the Timken Museum of Art and Fashion Careers College on Saturday, Aug. 29 in Balboa Park. The evening began with cocktails and hors d'oeuvres in the Galleries. Students and graduates of the college designed costumes that were inspired by the beautiful art in this world-class collection. Models posing en tableau showed off the creations in front of each painting and work of art. During the evening, the creations were informally modeled throughout the crowd. College founder Patricia O'Connor was chairperson, international fashion designer Zandra Rhodes was honorary chairperson and Tanya McAnear was the fashion show coordinator.

One of my favorite designs was the interpretation of Sir Anthony van Dyck's painting in the Dutch gallery (see photo below). Jemima



Dutra designed a gorgeous yellow raw silk dress with white beaded lace and black velvet ribbon. The design reflected the elegance of the 1636 painting interpreted for today's modern woman.

San Diego Home/Garden Lifestyles sponsored this stylish event. The evening included a silent auction featuring the students' artwork and an opportunity drawing. The Timken Museum of Art is considered one of the top three of its kind in the world and includes American, French, Dutch/Flemish and Italian galleries. For more information about this delightful museum, visit timkenmuseum.org.

For your information...

Tuesday, Oct. 13, Fashion Group International Mixer at GOGA Boutique, located at Fourth Avenue and Market Street. (619) 952-

Wednesday, Oct. 28, Zandra Rhodes Fashion Show at the Westgate Hotel, located at 1055 Second Ave. (858) 792-1892.

Diana Cavagnaro is a nationally recognized hat designer and milliner. Diana has been operating a fashion business for 27 years, the last 17 years in Downtown San Diego's historic Gaslamp Quarter. She has been teaching in the fashion department at San Diego Mesa College for 17 years. ${\it Diana\ is\ an\ active\ member\ of\ the\ Gaslamp}$ Quarter Association, the American Sewing Guild, the San Diego Costume Council and the Fashion Group International. www. ahead productions. com.

Tickets \$5 each • Kids Under 2 are Free!

For tickets & information visit www.gaslampquarter.org or

www.mcfarlanepromotions.com or at the William Heath Davis House

410 Island Avenue • Gaslamp Quarter or call (619) 233-5008

Chalk-boards





A major annual outdoor event is on tap this time - but with the onset of cooler weather, your activities of choice may move indoors as well. Little Italy's 16th annual Festa, one of the largest Italian-American festivals west of the Mississippi, is on tap Sunday, Oct. 11, replete with its gesso Italiano chalk drawings like the one above (for more info, see www.littleitalysd.com/festa). Two days later, Disney's "The Lion King" returns to San Diego by popular demand at the Civic Theatre Downtown (see more at www.broadwaysd.com).







Geezer 12:25 40 Oz to Freedom 2:10 South Town Generals 5:45 The Styletones 7:25

Way Cool Jr 10:45

Lobster Bob (Seaside stage) 4:00 * Emcee Jose Sinatra presides *

www.lajollaartandwinefestival.com

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The real Jesus prevails in 'Savannah Disputation'

By CHARLENE BALDRIDGE | DOWNTOWN NEWS

The West Coast premiere of Evan Smith's "The Savannah Disputation," a comedy about serious matters of faith, is highly recommended. It concerns two aging Roman Catholic parishioners, Mary and Margaret, who attend Father Murphy's church. Mary (Nancy Robinette) is especially cantankerous, having had a youthful marriage that failed due to her husband's infidelity. Her never-married sister, Margaret (Mikel Sarah Lambert), enjoys a simple, uncomplicated life, never questioning the rituals and routines of faith and

A long way from "Sister Mary Ignatius Explains It All for You," "The Savannah Disputation" is intelligent, profound and at the same time excruciatingly funny. The playwright refuses to take sides, and life itself is called into question. It's a terrific play and a marvelous production, sublimely acted.

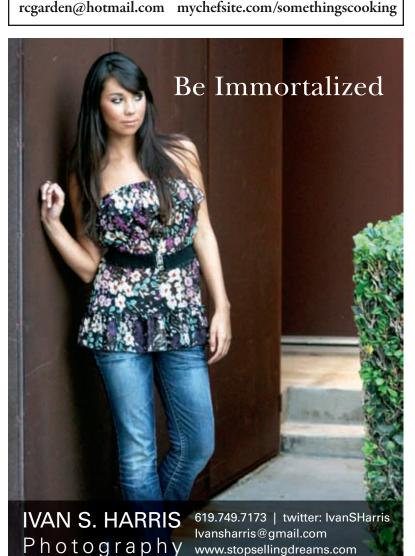
As usual, the Globe production values are tops, with scenic design by Deb O, costumes by Judith Dolan, lighting by Alan Burrett (professor of design at UCSD) and sound by Paul Peterson. Even though the setting is contemporary Savannah, the attitudes, the furnishings and the disputation itself suggest earlier times in long ago places.

"Savannah Disputation" continues at 7 p.m. Tuesdays, Wednesdays and Sundays; 8 p.m. Thursdays through Saturdays; 2 p.m. Saturdays and Sundays through Nov. 1 at the Old Globe Arena Stage at Copley Auditorium, San Diego Museum of Art, Balboa Park.

For tickets (\$29-\$62), visit www.theoldglobe.org or call (619) 23-GLOBE.



Rosalind Cottingham 619.252.7602



Where to look for stuff to do

As a service to the leisure community and its insatiable desire for center-city entertainment, San Diego Downtown News presents the single handiest directory in the history of the universe. By no means is it comprehensive — many venues present different types of fare at a given time (the Balboa Theatre, for example, is the home of the classical Mainly Mozart group, yet it's also a major site for ballet and the like). Other than that, knock yourself out. All area codes are 619 unless otherwise indicated.

General information

City Park and Recreation Department, 202 C St., 525-8213, sandiego.gov

Gaslamp Quarter Association, 614 Fifth Ave., 233-5227, gaslamp.org

Greater San Diego Chamber of Commerce, 402 W. Broadway, Ste. 1000, 544-1300, sdchamber.org

San Diego Convention and Visitors Bureau, 2215 India St., 232-3101, sandiego.org

Miscellany

Maritime Museum of San Diego, restoration/operation of historic vessels, 1492 N. Harbor Dr., 234-9152, sdmaritime.com

San Diego Zoo, 4,000 animals, panda research station, 2920 Zoo Dr., 231-1515, sandiego-

William Heath Davis House, oldest still-standing Downtown structure, 410 Island Ave., 233-5227, gaslamp.org

Gaslamp 15 Pacific Theatres, 701 Fifth Ave., 232-0400, pacific theatres.com

United Artists Horton Plaza 14, 475 Horton Plaza, 234-4661, cinematreasures.org

Music

Anthology, jazz, rock, 1337 India St., 595-0300, anthologysd.com The Casbah, rock, 2501 Kettner Blvd., 232-4355, casbah music.com

Copley Symphony Hall, classical, 750 B St., 235-0804, sandiegosymphony.com

Croce's Restaurant & Jazz Bar, 802 Fifth Ave., 232-4355, croces.com

Dizzy's, jazz, Second Avenue at J Street, (858) 270-7467, dizzyssandiego.com

The Field, Irish, 544 Fifth Ave., 232-9840, the field.com

Hard Rock Café, rock, 801 Fourth Ave., 615-7625, hardrock.com House of Blues, rock, blues, jazz, 1055 Fifth Ave., 299-2583, hob.com

Performing Arts

Balboa Park, home to several venues, including the Old Globe Theatre, between Park Boulevard and State Route 163 above Bankers Hill, 239-0512

The Balboa Theatre, home of Mainly Mozart, 868 Fourth Ave., 570-1100, sandiego theatres.org

The Civic Theatre, Broadwaystyle programming, 1100 Third Ave., 570-1100, broadway

The Lyceum, San Diego Repertory Theatre and other troupes, 79 Horton Plaza, 544-1000, sdrep.org

The Old Globe Theatre, plays, 1363 Old Globe Way, Balboa Park, 23-GLOBE, oldglobe.org

The Spreckels Theatre, home of City Ballet of San Diego, 121 E. Broadway, 235-9500, spreckels

Sushi, a Center for the Urban Arts, dance, plays, visual, 390 11th Ave., 235-8466, sushiart.org

The Tenth Avenue Theatre, plays, dance, 930 Tenth Ave., visit website of target performing

The Theatre, Inc., Greek and other classic plays, 899 CSt., 216-3016, thetheatreinc.com

Visual arts

Balboa Park, largest concentration of museums in the United States (15) including the San Diego Museum of Art (see below), between Park Boulevard and State Route 163 above Bankers Hill, 239-0512

The Museum of Contemporary Art San Diego, permanent and rotating exhibits, 1100 and 1001 Kettner Blvd., (858) 454-3541, mcasd.org/downtown

The New Children's Museum, children's venue and playground, 200 W. Island Ave., 233-8792, thinkplaycreate.org

The San Diego Museum of Art, permanent and rotating exhibits, 1450 El Prado, Balboa Park, 232-7931, sdmart.org

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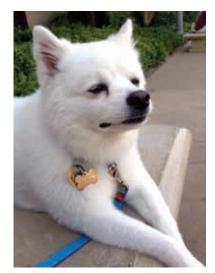




PETS and the CITY



PET PHOTO OF THE MONTH



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What is the Number One Disease that Veterinarians Treat?

By Dr. Rosza

Skin Disease!

Skin diseases are frequently caused by allergies which in turn causes itchy skin. This leads to self trauma and resultant secondary skin infections. Allergies are usually not curable but they can be controlled. Recurrent episodes of skin sores and infection not only cause distress to owners, but also cause pets to suffer.

infection not only cause distress to owners, but also cause pets to suffer.

If your pet has been itching and scratching cycles, monitor the area and level of itch on a 1 to 10 scale (with 10 being extremely itchy). Common causes of allergies that lead to skin disease are fleas, inhalants (pollen, smoke, molds, other pets, etc.) and food. Strict flea control on all pets in the household and environmental control is a must. Flea allergy typically causes itching on the back half of the dog and it only takes a few flea bites to make some dogs very itchy. Inhalant allergies are usually seasonal, causing itching on the front half of the dog, whilst food allergies are typically year-round.

A food elimination trial of 8 weeks should be done on all pets that are chronically itchy. Allergy testing can help determine what your pet is allergic to so that we can avoid the allergens, and tailor treatment to the individual.

Steroids are commonly used to control allergies in pets-as with most drugs, they do have potential side effects and some pets not suited to the use of steroids. Some other commonly used drugs for skin disease are anti-histamines, fatty acid supplements, medicated shampoos and antibiotics to control secondary bacterial and treat infections.

Ask your veterinarian to create a proper long term preventative plan for your pet. If you have any questions, feel free to stop by Bayside Veterinary Hospital and ask for Dr. Rosza or Dr. Deo, or give us a call at (619) 225-8000. We are located at 1270 Scott Street, Point Loma, CA 92106

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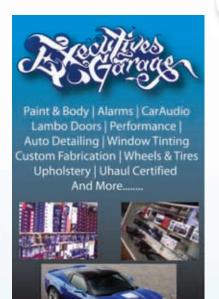
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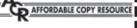
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Alex Rojas • 858-427-3664

Sharok Eslamian • 858-449-0501

T US ON THE WEB
WW.Sdnews.com

LA JO	LLA		
Thurs 1-4pm	469 Arenas	2BR/2BA	\$947,000-\$990,000
Sat 1-4pm	1532 Virginia Way	3BR/3BA	\$1,950,000
Sat 1-4pm	7248 Encelia Dr.	4BR/4.5BA	\$3,395,000
Sat 1-4pm	5380 Calumet	4BR/2BA	\$5,450,000
Sun 1-4pm	6333 La Jolla Blvd. #18	0 1BR/1BA	\$345,000
Sun 1-4pm	935 Genter St. Unit 211	1BR/1BA	\$549,000
Sun 1-4pm	935 Genter #203	1BR/2BA	\$699,999
Sun 1-4pm	5833 Caminito Empresa	3BR/2.5BA	\$859,000
Sun 1-4pm	5324 La Jolla Blvd.	2BR/2BA	\$949,000
Sun 1-4pm	1228 Cave St.	3BR/3.5BA	\$998,000
Sun 11am-4pm	5242 Renaissance Ave.	4BR/3.5BA	\$1,050,000-\$1,150,000
Sun 1-4pm	5606 Dolphin Pl.	2BR/2BA	\$1,299,000
Sun 2-4pm	7748 Eads Ave.	2BR/2.5BA	\$1,395,000
Sun 1-4pm	1260 Via Barranca	3BR/2BA	\$1,395,000
Sun 1-4pm	1000 Genter #305	3BR/2.5BA	\$1,460,000-\$1,549,000
Sun 1-4pm	303 Coast #2	2BR/2BA	\$1,495,000
Sun 1-4pm	7124 Olivetas	2BR/2BA	\$1,549,000
Sun 1-4pm	2521 Via Viesta	4BR/3.5BA	\$1,875,000
Sun 1-4pm	1532 Virginia Way	3BR/3BA	\$1,950,000
Sun 1-4pm	1168 Muirlands Vista W	y 3BR/3.5BA	\$1,950,000
Sun 1-4pm	5445 Candlelight Dr.	4BR/5.5BA	\$1,995,000-\$2,245,000
Sun 1-4pm	5432 Candlelight	4BR/3BA	\$2,195,000-\$2,449,000
Sun 1-4pm	2810 Hidden Valley Roa	d 4BR/3BA	\$2,795,000
Sun 12-3pm	7402 High Ave.	5BR/4.5BA	\$2,800,000-\$3,200,876
Sun 1-4pm	7964 Calle de la Plata	5BR/4BA	\$2,895,000
Sun 1-4pm	6022 La Jolla Mesa Dr.	3BR/3BA	\$2,895,000
Sun 1-4pm	2035 Lowry Pl.	4BR/4BA	\$3,495,000
Sun 1-4pm	8083 La Jolla Scenic Dr	. North6BR/7B	A \$3,995,000
Sun 1-4pm	5380 Calumet	4BR/2BA	\$5,450,000

Joe Koors • 619-410-4213 Team Chodorow • 858-456-6850 Whitney & Associates • 858-456-3282 Maxine & Marti Gellens • 858-551-6630 Joe Koors • 619-410-4213 Eric Kalisky Helena Holloway • 619-829-2636 Karen Hickman • 858-551-7204 Dan Ryan • 858-454-7344 Greg Noonan • 858-551-3302 Bobby Graham • 619-379-9668 Yvonne Sorour • 858-967-0816 Patricia Denning • 858-449-5899 Greg Noonan • 858-551-3302 Ozstar De Jourday • 619-248-7827 Claudette Berwin • 858-361-7448 Linda Marrone • 858-456-3224 Team Chodorow • 858-456-6850 Team Chodorow • 858-456-6850 Kim Caniglia • 858-342-5298 Sheiva Pousti • 858-504-2020 Mary Ann Holladay • 858-864-7091 Mindy Flanagan • 858-922-5996 Michelle Serafini • 858-829-6210 John Tolerico • 619-889-4672

Patty Cohen / Susana Corrigan • 858-427-3664

Maxine & Marti Gellens • 858-551-6630

Elaina Nieman • 619-742-2343 Greg Noonan • 858-551-3302

PACIFIC BEACH / MISSION BEACH

2BR Units

1	Sat 11am-4pm	924 Hornblend	2BR Units	\$519,000-\$556,000	Alex Rojas ● 858-427-3664
1	Sat 12-3pm	4627 Ocean Blvd	2BR/2BA	\$565,000	Brian J. Lewis • 619-300-5032
1	Sat 12-3pm	3997 Crown Pt. Dr. #34	2BR/2BA	\$475,000	Brian J. Lewis • 619-300-5032
1	Sat 1-4pm	4052 & 4056 Promontory	3BR/4BA	\$899,000 & \$919,000	Kathy Evans ● 858-488-SELL
1	Sat 1-4pm	3947 Sequoia	3BR/4BA	\$929,000	Kathy Evans ● 858-488-SELL
1	Sat 1-4pm	5132 Pacifica Dr.	3BR/2BA	\$1,195,000	Patty Cohen / Susana Corrigan • 858-414-4555
1	Sat 10am-1pm	2663 Ocean Front Walk #	13BR/2BA	\$1,425,000	Jen Desposato ● 858-414-1706
1	Sun 1-4pm	4052 & 4056 Promontory		\$899,000 & \$919,000	Kathy Evans ● 858-488-SELL
1	Sun 1-4pm	3947 Sequoia	3BR/4BA	\$929,000	Kathy Evans • 858-488-SELL
ı	POINT	LOMA /	DCE	IN BEAC	H
1	Sat 11am-4pm	425 San Gorgonio St. 10	K Sq Ft. Lot	\$1,300,000	Robert Realty • 619-852-8827
1	Sat 11am-4pm	821 Armada Terrace	4BR/3BA	\$2,500,000	Robert Realty • 619-852-8827
1	Sun 1-4pm	4891 Narragansett Ave.	2BR/1BA	\$499,000	Cindy Wing • 619-223-9464
1	Sun 1-4pm	4862 Santa Cruz Ave.	3BR/3BA	\$560,000-\$650,000	Cindy Wing • 619-223-9464
1	Sun 1-4pm	1150 Anchorage Ln. #612	23BR/2.5BA	\$795,000	Greg Noonan ● 858-551-3302
1	Sun 11am-4pm	425 San Gorgonio St. 100	000 Sq Ft. Lot	\$1,300,000	Robert Realty • 619-852-8827
1	BAY P	ARK			
1	Sun 1-4pm	1439 Monitor Rd.	4BR/3BA	\$1,400,000	Monty Grout • 619-549-3812
1	CLAIRI	EMONT			
1	Sun 1-4pm	4051 Mt. Bross	3BR/2BA	\$449,000	Joann Mockbee • 619-200-8194
	CARMI	EL VALLE	Y		
	Sun 1-4pm	4520 Calle Mar De Armor	ia5BR/4BA	\$899,000	Karen Ekroos ● 858-735-9299
	OLIVE	HAIN			

\$519,000-\$556,000



3371 Calle Tres Vistas 6BR/6BA

\$2.995.000



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Search entire Southern California's **Multiple Listing Services** for over 100,000+ listed properties with virtual tours and photos at www.sellsandiego.com



Enjoy over 2500 square feet of luxury and expansive views to the West, South, and East from this elegant residence! The warm and inviting interior boasts gleaming marble flooring, walls of windows taking in the views, three bedrooms, three walk-in closets, and three bathrooms. A bonus are the three secured parking spaces! Truly a resort environment in the heart of the coveted Marina District! For full details in a recorded message,

call 1-800-709-1995, Ext. 5219



Truly one-of-a-kind, this award-winning masterpiece offers the ultimate in urban living! Ideally located in the Marina District, the residence includes approximately 2,300 square feet of "hip" architecture PLUS a separate, 700-square-foot work loft/granny-flat, or entertainer's mecca, with home-theater & wet-bar. A "must see"! For full details in a recorded message,

call 1-800-709-1995, Ext. 5479



This unique 2BR residence features a prime location verlooking the community's urban canyon + views to th orth from the opposite side! It also enjoys an oversize terrace overlooking the city sights and a second terrace or the canyon side! Priced right!

call 1-800-709-1995, Ext. 5559



Come experience the vibrant lifestyle downtown and fall n love with the Marina District's newest luxury high-rise development "Pinnacle Museum Tower"! This 21st-floor rest-facing residence boasts views to the Coronado Bay Bridge and Bay, dual balconies, expansive stone floors and granite kitchen and baths, & 4-car secured parking!

call 1-800-709-1995, Ext. 5159



Downtown · "Electra" Penthouse

It doesn't get much better than this and definitely doesn't get any higher in the stratosphere! Featuring the premium northwest corner of the top-floor of the highest residential building downtown, this amazing has it all! Did we mention the view? property has it all! Did we memon a For full details in a recorded message,

call 1-800-709-1995, Ext. 5429



This great northwest corner residence boasts eximately 300 square feet of private terrace space, ning stone surfaces in the kitchen and bathrooms. and active city views! Pinnacle Museum Tower enjoys a priviliged location in the heart of the Marina District! For full details in a recorded message,

Downtown · "Pinnacle"

call 1-800-709-1995, Ext. 5509



Nothing compares—approximately 40 staff members nsure the ultimate in luxury living in an urban nvironment! This unique residence in the premiun outhwest corner of the community features 180-degree water views, an open floor plan designed for entertaining and easy living, and top-quality finishes throughout! For full details in a recorded message

call 1-800-709-1995, Ext. 5499



Priced under most others in the community with this desirable, 1,944-square-foot floor plan, this elegant, 2-bedroom + den, 2-bath boasts stunning views from flooring throughout, upgraded kitchen granite, dual balconies and parking spaces, and upgraded lighting! \$553 per sq. ft! For full details in a recorded message,

call 1-800-709-1995, Ext. 5099



You'll love this perfect pied a terre in the Marina District's ier, resort-style, luxury high-rise community! The Coronado Bridge, Bay, and Petco Park, an elegant granite For details in a recorded message

call 800-709-1995, Ext. 5269



Bosa Development has selected us to market their few remaining luxury residences at one of Downtown's most unique and desirable residential communities! Boasting stunning views, elegant finishes, and common amenities par excellence! Take advantage of these blow-out prices today! Starting at \$399,000! For full details in a recorded me

call 1-800-709-1995, Ext. 5139



You'll want to make this lovely residence your home or ome-away-from-home! Featuring stunning views to the South and East, it enjoys an oversize view terrace and two errific parking spaces near the entrance. This resort-style community is located in the heart of the Marina District



Downtown · "Pinnacle"

This stunning beauty on the 17th floor boasts split, dual master suite design, a warming fireplace, gleaming granit and stone surfaces in the kitchen and baths, travertine floors in the living areas, and a private balcony with views to the Coronado Bay Bridge! You'll love life in this luxury

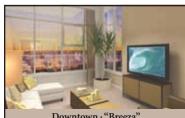
call 1-800-709-1995, Ext. 5229



Downtown · "Renaissance'

Boasting one of the best water views in the Marina District, this 20th-floor penthouse-level residence featur over 2,000 square feet! Original owner recrafted the interior by creating an open living space and a gourmet kitchen to die for! Four balconies and dual side-by-side

call 1-800-709-1995, Ext. 5469



Brand new construction, choose from the ideal "starter one-bedroom to the premier, southwest corner, 3-bed-room, 2-bath residence with stunning water and bayfron views! The heart of the community is its center courtyard, complete with a pool and spa, scenic patios and lush, tropical landscaping!

call 1-800-709-1995, Ext. 5069



Hold onto your hats, you will LOVE this elegant, vith 2+ bedrooms, 2 baths, over 1550 square feet, rich stone surfaces and high-quality appointments throughout including Merano glass lighting, dual parking spaces, and a covered terrace accessed via the living area as well as the master suite. Stunning! For full details in a recorded message,

call 1-800-709-1995, Ext. 5189



Golden Hill • Hist. Victorian + Incom

Originally constructed as a single-family home and modified into four income-producing units. Conveniently located to downtown, one of the units spans the entire top floor of the property, and includes 3 bedrooms, an updated kitchen and bath, and lovely views of the lowntown skyline and Coronado Bay Bridge perfect for an owner-occupant! Off-street park ng for 4 vehicles. Truly special! For full details

call 1-800-709-1995, Ext. 5249



Downtown · "Marina Park"

This top-floor cutie has been upgraded with dwood floors, custom paint-tones, and pristinely-presented interior! Perched in a quiet location in a low-density, beautifully manicured community with HOA fees under \$500! For full details in a recorded message

call 1-800-709-1995, Ext. 5299



Bankers Hill · "Century Plaza Towers

Enjoy almost 1,500 square feet of upgrades in the area's landmark luxury high-rise hear Balboa Park! Featuring dual parking spaces and brand new Plantation shutters throughout, this oristine residence also includes a full-size aundry room, lovely views from its northeast corner location, and a private terrace! or full details in a recorded message

call 1-800-709-1995, Ext. 5149



Downtown · "Renaissance"

oasting a premium north-facing location away om the usual train/trolley urban sounds, this expansive two-level town home is truly priced to sell! You'll enjoy gleaming hardwood floors and dual side-by-side parking spaces!
For full details in a recorded message,

call 1-800-709-1995, Ext. 5459



Take advantage of this well-priced SHORT-SALE with 2-bedrooms/ 2-baths, and a remium end-unit locale overlooking the community courtyard in a prized Marina District location! You'll enjoy a granite kitchen a private balcony overlooking the urban sights, ual parking, and an organized walk-in closet For full details in a recorded message

call 1-800-709-1995, Ext. 5199



Downtown · "La Vita Short Sale" Take advantage of this super opportunity to

wwn a pristine starter property in Little Italy's premier residential community with superb oorth-facing views over the scenic courtyard! Valk to everything the village offers from this deally-located property! For full details in a recorded message,

call 1-800-709-1995, ext. 5089



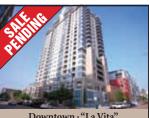
Just minutes from Downtown and a direct waterfront location complete with gorgeous kyline views of the city, this single-wall attached residence features over 1900 square eet, a spacious private yard with direct water ess, a gated courtyard entry, and an ideal ation just steps from the ocean and a brisk

call 1-800-709-1995, Ext. 5209



Ideally situated at the entrance to Petco Park this fabulously-upgraded residence owned by tone-mason overlooks the playing field as well as the Park at the Park! Don't delay

call 1-800-709-1995, Ext. 5079



This fabulous SHORT SALE opportunity boast bedrooms, 2 baths, 2 expansive terrace mbient fireplace, and 2 parking spaces! For full details in a recorded message,

call 1-800-709-1995, Ext. 5519



Take advantage of this fabulous SHORT-SALE on the 14th floor on Cortez Hill's premier

community! Boasting south-facing views to the Coronado Bridge and a multitude of interior upgrades, this one should not be missed!



Downtown · "ParkLoft"

Almost 1,700 square feet of classic "loft" design re in evidence, including high ceilings, cement valls and ceilings, exposed ductwork, & custom ighting. A room-size, organized walk-in closet a dream! Take advantage of this super. opportunit



This elegant residence in one of the Marina

District's landmark communities includes almost 1,500 square feet with an abundance of quality upgrades throughout! Mere steps to Pantoja Park!

call 1-800-709-1995, Ext. 5049

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And the Winners Are...

... all of you! Downtown San Diego sports a population of about 30,000 these days, and a lot of you have a thought or two about the best restaurants and bars in the immediate vicinity. As befits our duty to the community, we thought you might like a peek at your own reflections on those establishments, which were compiled over the summer. The most striking thing about the results is your worldliness – you're not afraid to venture to far-flung North Park or Coronado for your favorite fare, and you let us know accordingly. Thanks for participating – now, put your money where your mouths are and support these venues!

> Martin Jones Westlin, editor San Diego Downtown News

Restaurant

Urban Solace

Downtowners are a curious bunch. We know this because sometimes that curiosity takes them off the beaten center-city path. Their favorite restaurant, after all isn't even in Downtown; it's in North Park, which has a dynamic all its own. Urban Solace, founded two years ago, doesn't sit still any more than its neighborhood does. It's open seven days a week and features classic and cutting-edge American-style dishes. A crafted beer list is the crowning touch on a restaurant with nowhere to go but up – and in the minds of Downtowners, it's already at the top.

Urban Solace 3823 30th St. 295-6464 www.urbansolace.net

Soleil@K

Soleil@K keeps things fresh and local to deliver an exceptional contemporary Californian cuisine. To boot, it's on a corner and opens onto the roily Gaslamp streets, replete with sidewalk patio tables. Plush leather booths and wicker chairs dot the welcoming vibe as well. If it's the Gaslamp, it's Soleil@K.

Soleil@K 660 K St. 446-6088 www.soleilatk.com

Restaurant Service

Bertrand at Mister A's

What with its magnificent Downtown panoramas, you'd think this restaurant would have won a mention for Best View. It could, and easily-but you liked it for its exceptional service (something you don't see so much as experience).

Bertrand at Mister A's 2550 Fifth Ave. www.bertrandatmisteras.com

Confidential Restaurant & Loft

Located smack on the corner of Fourth Avenue and E Street, Confidential has created a new hybrid for dining and entertainment service since opening in April of 2005. You know this is true because it's won no fewer than 11,712 awards since then amid its artful approach to cuisine and cocktails. As you relax in the warmth of contemporary design, you will undoubtedly come to realize that the San Diego dining experience has been reinvented here.

Confidential Restaurant & Loft 901 Fourth Ave. 696-8888 www.confidentialsd.com

New Restaurant

La Puerta

For a new restaurant, La Puerta has an amazing acumen for the whole Gaslamp vibe thing-casual, busy and full of itself in all the right ways. And if the tortilla soup doesn't get you, the prices and the great happy hours will. Potato cheese

tacos, bacon-wrapped turkey hot dogs, \$1 mimosas during Sunday brunch: It's all here, with a kitchen open until 1 a.m. to boot.

La Puerta 560 Fourth Ave. 696-3466 www.taco619.com

El Vitral

El Vitral is so new that it doesn't even have a website, at least not at this writing. That's OK, though. We can assure you it's here, because it has a beautiful patio that sits right next to Petco Park. It also has a baby scallop ceviche that'll make you drop over dead unless the chili relleno gets you first. That and three styles of guacamole dip oughta get you started, but leave room for the churros with coconut dip.

El Vitral 815 J St. 236-9420

Matt Gordon

(see entry and photo page 3)

Eddie Fincher

Eddie Fincher, executive chef at the Gaslamp's Soleil@K, is feeling pretty good these days, and that's because you voted his restaurant into Downtown's No. 2 spot. No wonder. Fincher has transformed this place from a touristonly destination to a high-end after-work spot for Downtowners and their friends. Family gatherings are a big item at the Soleil, located in the Marriott San Diego Gaslamp Quarter, and Fincher is at the bottom of it all.

Soleil@K 660 K St. 446-6088

Breakfast

Richard Walker's Pancake House

Richard Walker's Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, has griddlecakes, crepes, omelets and other specialties. Yeah, so do other breakfast eateries. But they probably don't have hand-blown glass art and classical music as part of their amenities.

Richard Walker's Pancake House 520 Front St. 231-7777

www.richardwalkers.com The Broken Yolk Cafe

The Broken Yolk, of course, has had its cadre of followers in Pacific Beach for the last 700 years. And no wonder. This place has been serving some of the best breakfasts in the region, including your choice

of 20 omelets (not to be eaten at once) and out-of-this-world pancakes and waffles. And now, you don't even have to go to PB to enjoy it all.

The Broken Yolk Café 355 6th Ave. 338-9655 www.thebrokenyolkcafe.com

Lunch

Zanzibar Café

If you're like most people (and you probably are), you have to-uh-sandwich a lot in between noon and 1, or whenever your lunch hour happens to be. Zanzibar can help. It has no fewer than 40 entries on its lunch menu; all that choice translates to less guesswork.

Zanzibar Café 707 G St. www.zanzibarcafe.com

Urban Solace

(see entry under Restaurant)

Dinner

Soleil@K

(see entry under Restaurant)

Cowboy Star

Cowboy Star is the first restaurant in the East Village to serve up a unique dining experience by combining contemporary American cuisine with a western flair. The restaurant features exposed beam ceilings, cowboy accents and classic landscape photography - it translates to a welcoming atmosphere, into which locals gravitate.

Cowboy Star 640 10th Ave. 450-5880 www.thecowboystar.com

Take-out

Lolita's Mexican

s: You ii never get tak like this again, not even if you live to be 312. Plus you've got East Village at your feet, plus Padres game-day specials. Don't forget to order, though. Rolled tacos and guacamole, carne asada fries and the California burrito are the orders of the day. The mini-tacos get the job done as well.

Lolita's Mexican 202 Park Blvd. 269-6055

Sushi Deli

Downtown's businesspeople and locals know a good take-out thing when they eat it. That's why they come here. Japanese entrees such as Sesame Chicken and Tempura are available, yet, oddly enough, the primary item on the menu is sushi, and the combos are too numerous for the human mind to deal with.

Sushi Deli 135 Broadway 233-3072

Sunday Brunch

Urban Solace

(see entry under Restaurant)

Currant, an American **Brasserie**

As the Sofia Hotel has gone, so goes Currant. That's to say that the Sofia, which launched in 2006, has brought this beautiful American-style eatery and its noted Sunday brunch with it. Steak and eggs, turkey, homestyle soups, an otherworldly drink menu and so much more await (you can even enjoy them all from a series of private booths).

Currant, an American Brasserie 140 West Broadway 702-6309

www.currantrestaurant.com

Family Restaurant Filippi's Pizza Grotto

San Diego is a long way from Italy and France, but that's the route Vincent DePhilippis and Madeleine Stefani, the original founders of Filippi's, took to get here. What once was a deli on India Street is now a bastion of traditional Italian family recipes these 58 years later.

Filippi's Pizza Grotto 1747 India St. 232-5094

Buca Di Beppo

OK. So it's a chain. That doesn't make Buca Di Beppo a lousy restaurant, by any means. It continues to innovate and create recipes beyond traditional Italian style by adding new menu items, featuring appetizers, salads, pastas, pizzas, entrees, desserts, beer and fine wine.

Buca Di Benno 705 Sixth Ave. 233-7272 www.bucadibeppo.com

Wine Selection

Fleming's Prime Steakhouse & Wine Bar

You know Fleming's for some of the best steak around — as it happens, this place doesn't second-guess itself in the wine department, either. The Merlots, every

one of 'em, are to die for. Just leave room for the magnificent peach cobbler.

Fleming's Prime Steakhouse & Wine Bar 350 K St. 237-1155

www.flemingssteakhouse.com

Rainwater's on Kettner

The steakburger. The club sandwich. Clam chowder and black bean soup. The Chicago salad. They're all at their best at Rainwater's. But it's the neat wine-tasting dinners and price fixe menu that'll get ya Rainwater's has you covered, even if you're with a corporation. When wine is the byword, Rainwater's is the eatery.

Rainwater's 1202 Kettner Blvd. 233-5757 www.rainwaters.com

Wine Bar

The Cask Room

The Cask Room has its secret weapon in owner Mike Kallay, who's forgotten more about wine than the entire Downtown population will ever know. Kallay can even speak to the weather differences in the hemispheres as a mitigating factor in winemaking; that's when you know you're getting some of the best fare you

The Cask Room 550 Park Blvd. www.caskroom.com

Enoteca Style

The granite top is a giveaway that you're in a wine bar-but Enoteca Style is so much more. Panini, bruschetta, salads, cheese and bread/olive plates: They're served as veritable main courses rather than side items here. Check out the daily specials and special events, too.

Enoteca Style 1445 India St. 546-7138 www.enotecastyle.com

Wine Shop

The Cask Room

(see entry under Wine Bar)

Tango Wine Company

Tango offers great wines from around the world, of course. But the owners are also loopy about the Internet, so much so that they have an online community section where you can ask questions, start a wine blog or whatever you want. They'll soon be launching a video section and already have a newsletter and even a T-shirt line.

Tango Wine Company 2161 India St. 564-7700 www.tangowine.com

Local Winery

Orfila Vineyards & Winery

Let Northern California take all the glory it wants. The fact of the matter is that San Diego County has somewhere around 30 wineries of its own, all of which produce some pretty fine product. The one you like best is Orfila Vineyards & Winery, even though it's not exactly Downtown. It's about 30 minutes outside the city, nearly into Escondido. So just go, already.

Orfila Vineyards & Winery. 13455 San Pasqual Road, Escondido (760) 738-6500, ext. 27 www.orfila.com

Wilson Creek Winery

OK. So it's in Temecula, which is more than an hour away. When's that ever stopped you? If you've indeed visited the winery, you've seen the fabulous pavilion and gazebo and jazz stage. The owners have had hundreds of amazing weddings and private events. Oh – and we hear the hundreds of wines are out of this world.

Wilson Creek Winery 39560 Rancho California Rd., Temecula (951) 699-9463 www.wilsoncreekwinery.com

Beer Selection

Hamilton's Tavern

San Diego's South Park has its historic side. Take Hamilton's. It's been licensed to serve beer and wine for over 75 years, making it the oldest beer and wine licensed location in San Diego. Formerly

the beloved dive bar Sparky's, Hamilton's opened in 2006 under new ownership and is now solely focused on offering the highest- quality ales, real ales and craft beers from around the world.

Hamilton's Tavern 1521 30th St. 238-5460 www.hamiltonstavern.com

Neighborhood

With its gargantuan beer selection, Neighborhood is all things to all people. It's refined and stylish, yet it retains the beer-and-burger feel that epitomizes the San Diego mainstream. Béarnaise on your burger? You'll find it here, and you'll eat it amid some chic, postmodern trappings. Drink here, and you're getting two places for the price of one.

Neighborhood 777 G St. 446-0002

Local Brewery

Stone Brewing Co.

The Stone Brewing Co. logo sports a big ugly gargoyle designed to strike fear in the hearts of evil spirits. In this case, the bad guys take the form of chemical additives, preservatives and adjuncts. One taste of this stuff, and you'll see the gargoyle does his job very well.

Stone Brewing Co. 1999 Citracado Parkway, Escondido (760) 471-4999 www.stonebrew.com

Airedale Brewing Co.

Airdale Brewing Co. embodies a passion for aviation and a love of great beer. Behind its founders' backgrounds in aviation and craft brewing, Airdale strives to produce quality-handcrafted ales worthy of those pioneers who take to the skies. Airdale uses only the finest malts and hops available, paired with truly premium yeast strains and water tailor-conditioned for each specific beer style.

Airedale Brewing Co. 8385 Miramar Mall, No. 206 822-1612 www.airdalebrewing.com

East Village Tavern and Bowl

Like a little beer to celebrate that 300 you just bowled? East Village has just the ticket. Not only does it have every single beer in the universe at its disposal; you can bowl that perfect game under the same roof. This is a big football-watching venue, too. If you don't believe it, just stop in on Saturdays, Sundays and Monday nights. You haven't seen specials like these since you last went bowling, which was in 1933 - half-priced appetizers and reduced costs on pitchers are endemic on weekends here (don't forget the sausage sampler, giant bucket of wings and panini sandwiches). Any way you look at it, East Village Tavern and Bowl has something to -ah – strike your fancy.

East Village Tavern and Bowl 930 Market St. 677-BOWL www.bowlevt.com

The Local Eatery and Drinking Hole

Some sports places claim they have the cheapest happy hour; others say theirs features the most beers on tap. None of em comes close to matching The Local's outrageous challenge: Happy hour here runs from 4 p.m. until closing Mondays

through Thursdays. At The Local, it's all

about keeping you sports guys happy. The Local Eatery and Drinking Hole 1065 4th Ave. 231-4447

www.thelocalsandiego.com

Place to People-Watch Altitude Sky Bar

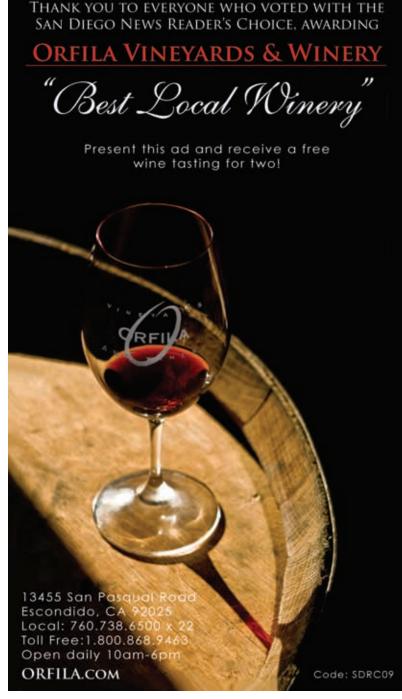
and Garden Lounge

People-watching is great at Altitude, especially if you're prepared to look onto Downtown's array of streets from atop the San Diego Marriott Gaslamp Quarter. If that isn't your thing, there are plenty of people at lounge level amid all types of ages, persuasions and expectations (or lack of them) - assuming, of course, that you can keep your eyes off the killer view.

Altitude Sky Lounge 660 K St. 696-0234 www.altitudeskylounge.com



dinecrg.com



Gaslamp Tavern Bar food is usually pretty run-of-the-mill, because the staff is there to serve you beer and booze (fuel for all that peoplewatching), which is why you need to go to the Gaslamp at your earliest convenience. Yes, the Gaslamp has about 1,200 beers on tap (fuel for all that peoplewatching), and yes, there's an equal number of big-screen TVs for sports-gazing, but the people-checking-out quotient compares with anywhere else's in town.

Gaslamp Tavern 868 Fifth Ave. 239-3339

Pet-friendly place

www.gaslamptavern.com

Sally's on the Water

Gotta love Sally's for its "yappy hour," featuring drink and appetizer specials (if you're real discreet, you can probably sneak some to Fido). Meanwhile, for the humans among you, Sally's pairs San Diego's finest seafood with a bayfront view. Each dish is crafted to your specifications, creating a culinary experience unrivaled among San Diego seafood restaurants, one that features an impressive wine and sake menu.

Sally's on the Water 1 Market Pl. 358-6740 www.sallyssandiego.com

The FleetWood

The FleetWood, which is as pet-friendly as you please, also brings Downtown San Diego something it's never seen. It's a place where options are endless - a bar, restaurant and lounge, a place where you can meet people from all walks of life or bring your own party, a place where you can be comfortable, laid back or dressed up. Simply put, it's San Diego's coolest way to eat, drink and mix and keep an eye on Fido at the same time.

The FleetWood 639 J St. 702-7700 www.thefleetwood.com

Happy Hour

La Puerta

(see entry under New Restaurant)

Latitude Lounge

Latitude has a few things in common with Altitude (our Place to People-Watch selection), like the fact that it's located in the San Diego Marriott Gaslamp Quarter. Unlike Altitude, however, it features a striking difference, in that it's the first and only Downtown bar named by the locals. That heralds a pretty friendly crowd, there to enjoy the millions of beers and cocktails-just like you.

660 K St. 696-0234 www.latitudeloungesd.com

Latitude Lounge

Restaurant with Live Music

Croce's Restaurant & Jazz Bar

When rocker Jim Croce died in 1973, his wife Ingrid was left with an uncertain future. Twelve years later, she would launch this club as a tribute to her late husband. Little did she know the move would spearhead the growth of the Gaslamp Quarter into the iconic neighborhood we know today. Croce's is worth a visit on that alone. And the food...

Croce's Restaurant & Jazz Bar 802 5th Ave. 232-2891 www.croces.com

Urban Solace

(see entry under Restaurant)

Comfort Food

Urban Solace

(see entry under Restaurant)

Gaslamp Tavern

(see entry under Places to People-Watch)

Late-Night Eatery

Brians 24

it first opened. Maybe it was the copperclad open kitchen, its historic "Joan Crawford" mahogany bar or its beveled glass window wall and crystal chandelier that got everybody's attention. Or it could have been the malted waffles, krab cake

Benedict or killer pastas. Likely, it was a

Everybody raved about Brian's 24 when

combination of all of those and more, waiting 24 hours a day for everybody's enjoyment.

Brians 24 702-8410 www.brians24.com

Ciro's Pizzeria

Ciro's opened in January of 2003, but its recipes are much older, originated by a large Italian family outside New York's Queens borough. It uses nothing but the freshest ingredients and takes pride in its lasagna, Buffalo wings, dough, pizza sauce, marinara sauce and other pasta dishes. A while back, it also expanded its storefront and has seating for up to 40 people inside. Join 'em, 24 hours!

Place to Go on a Budget

La Puerta

(see entry under New Restaurant)

(see entry under Take-Out)

Birthday Party

The Old Spaghetti Factory

Just 'cause this is a national chain doesn't mean the fare-colored with fine antiques from around the world—takes a back seat. Find out for yourself, especially over a big birthday meal. Savor the perfectly cooked pasta and spaghetti sauces, freshly made, using only the finest ingredients. Dedicated to satisfying dining in warm surroundings, The Old Spaghetti Factory is where to wind up!

The Old Spaghetti Factory 275 Fifth Ave. 233-4323 www.osf.com

Corvette Diner

Go ahead. Move this birthday-savvy place to Point Loma's Liberty Station after 22 years in Hillcrest, like last June. Rock 'n' roll, burgers and shakes still rule at this '50's throwback, with sassy waitresses in poodle skirts and bouffant hairdos. The Garbage Plate, the Chili Cheez Waffle Fries and the Pickle Me Up at 7 are more than their names—they're just a few of the items that have made

Chef

Matt Gordon

Urban Solace owner and executive chef Matt Gordon is a 20-year veteran of the restaurant industry. He's headed numerous kitchen operations ranging from formal fine dining to bustling, high-volume corporate eateries. He also used to be executive chef at the Gordon Biersch Brewing Company's anchor locale in San Francisco and held the same position at the acclaimed Willi's Seafood and Raw Bar in Healdsburg, Calif. What we're saying is he's been there and done that-meanwhile, Northern California's loss is San Diego's gain. **Urban Solace** 3823 30th St.



Corvette Diner the landmark everybody knows it to be.

Corvette Diner 2965 Historic Decatur Rd. (619) 542-1476 www.cohnrestaurants.com

Most Romantic Spot

1500 Ocean

295-6464

Enjoy glowing sunset colors from the patio and a beachfront cabana setting at 1500 Ocean Restaurant and Bar, located inside the Hotel del Coronado. The experience begins in the Sunset Bar and its terraced entrance overlooking the Pacific. Inside, the venue features two private dining venues and a wine vault.

1500 Ocean 1500 Orange Ave., Coronado 522-8490 www.dine1500ocean.com

Chez Loma French Bistro

The first of this venue's romantic trappings is the locale itself. It's not situated in a restaurant space, or at least not the kind you think of right away. It's actually situated in a house — Coronado's 120vear-old Carez Hizar house, to be exact. And it's moments from some of the most romantic beachland in the area.

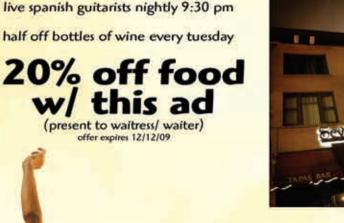
Chez Loma French Bistro 1132 Loma Ave., Coronado 435-0661 www.chezloma.com

Ocean View

Island Prime/ C Level

Island Prime / C Level are like the ocean they overlook — mesmerizing. Check out the magnificent view of the world's largest body of water over a

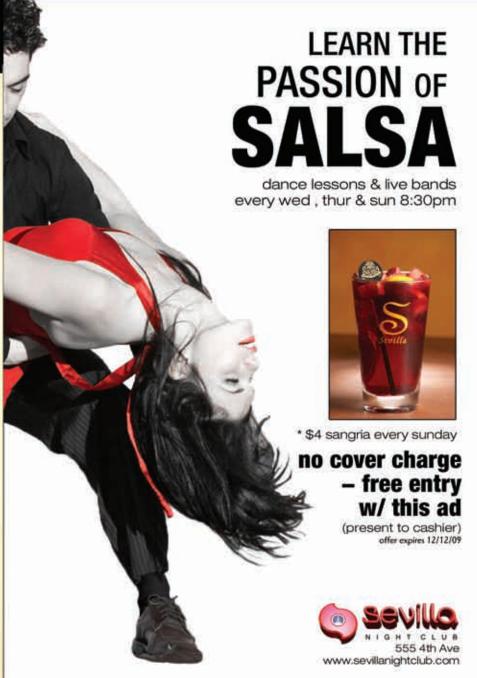




happy hour 5-6:30 pm daily







We are so confident that you will agree that our hotcakes are the best you'll ever taste, that we are willing to put your taste buds to the test. Our pancakes are made from the finest flour and sweetest buttermilk on the planet. And the same goes for our Old Fashioned Malted Waffles. Try them once. You'll be hooked for life. We also offer these delicious waffles with our special Fried Chicken.

Extraordinary portions served around the clock including: Massive Breakfast Burrito | Ultimate Pancake Sandwich Triple Decker Grilled Cheese with Bacon | Peanut Butter Burger

DOWNTOWN San Diego's ONLY 24/7 RESTAURANT



BRIAN'S

BREAKFAST AVAILABLE 24 HOURS

828 6TH AVE, GASLAMP DISTRICT 619-702-8410

lobster truffle or pineapple cake. The food and the view simply can't do without one another here.

Island Prime/C Level Lounge 880 Harbor Island Dr. 298-6802 www.dinecrg.com

Top of the Market

Top of the Market got its name because it's upstairs from a fish market. Clever, eh? What's even better is that there's no punches pulled on expense here. Neither is there any skimping on the view. Imagine all the traditional seafood entries at your disposal, with an expanded wine list and a spectacular vista of the harbor. You'll know you're in San Diego. And you'll know you're upstairs.

Top of the Market 750 N. Harbor Dr. (629) 232-3474 www.thefishmarket.com

Appetizers

Cowboy Star

(see entry under Dinner)

Bite

Bistros/wine bars like this one traditionally serve smaller portions as their appetizers, like grilled cheese baguettes and baby beets. You can get stuff like that here, and it's great—but we just wanted to remind you that entrees featuring grilled sweet corn and pizza Bianco are available as well. It's called full service.

1417 University Ave. 299-BITE www.myspace.com/bitesd

Burrito

La Puerta

(see entry under New Restaurant)

Valentine's Taco Shop

The Santa Fe burrito is the hands-down fave here — it's the size of Wichita Falls and comes in chicken, vegetarian and beef editions to satisfy any taste. And if you're looking for a late-night breakfast, here's your answer.

Valentine's Taco Shop 844 Market St. 234-8256

Burger

O'Brothers

Tasty? No question. Organic? Absolutely. Every element of the O'Brothers burger comes from a place where organic is the rule of law. The beef is raised in South Dakota. The cheese is made in Bridgewater, N.J. The buns come from Boulder. Most everything at O'Brothers is 100 percent organic. So if you've been looking for something real, taste it here.

O'Brothers 188 Horton Plaza 615-0909 www.obrothersburgers.com

The Corner Restaurant & Bar

The hip factor rules at The Corner. And that's not all because of the great burgers and brews or the sweet potato fries or the fried pickles or the dipping sauce that comes with them. It's because The Corner is located in the Carnation Milk Factory, which still showcases some of its original features. Very, very cool.

The Corner Restaurant and Bar 10th Avenue and J Street 531-8804

www.thecornersd.com

Fish Taco The Tin Fish

Don't worry. Really. The fish here aren't really made of tin. That's just what the name says. Understandably, you voted this place as among the best fish taco eateries, and the friendly, fast service probably weighed in your excellent deci-

The Tin Fish 170 6th Ave. 238-8100 www.thetinfish.com

The Local Eatery and Drinking Hole

(see entry under Sports Bar)

Extraordinary Desserts

Owner Karen Krasne says food is best enjoyed as a reflection of culture — so she embellishes her desserts with tastes from around the world. To boot, her cafe sports mementos of all sorts, from Africa

to Italy, helping enhance the flavors from faraway places. Krasne says she's discovered a connection between her yoga practice and the pleasures of a fine dessert. It so happens that the word "yum" is also a yogic mantra for healing a heart, so the link is fairly obvious. If it's not, let us know.

Extraordinary Desserts 1430 Union St. 294-7001 www.extraordinarydesserts.com

Currant

(see entry under Sunday Brunch)

Basic

Everybody knows Basic's reputation for great pizza. What everybody may not be aware of is its hip urban setting. The eatery is located in East Village and converted from a circa 1912 warehouse, It's left open and raw, with its original brick walls, high ceilings and industrial garage doors. Meanwhile, the crowd is chill and preoccupied with those great New Haven thincrust brick- oven pizzas, serve until 2 a.m.

Basic 410 Tenth Ave. 531-8869 www.barbasic.com

Pizzicato Gourmet Pizza

We have one word for you when it comes to Pizzicato: Try the thin-crust entries! The staff have a way of balancing the dough and the cheese they slather on it, with one amazing result. They're not too heavy on the other toppings either; the result is some of the very best fare of its kind.

Pizzicato Gourmet Pizza 2420 Fifth Ave. 232-9000 www.pizzicatopizza.com

Margarita

La Puerta

(see entry under New Restaurant)

Fred's Mexican Café

Fred's Mexican Café has won a slew of awards (including this one) just by being cool. Besides serving up some of the best





CELEBRATE FALL AT OUR LOCAL FOOD & BEER FEST

- 1500 OCEAN AT HOTEL DEL CORONADO -

1500 OCEAN and Chef de Cuisine Brian Sinnott are pleased to present the final "Celebrate Sustainability" dinner event this year in conjunction with San Diego's inaugural Beer Week. The 2009 event series, which focuses on utilizing ingredients that are local, sustainable and responsible, will conclude by highlighting San Diego's local breweries.

ENO Wine Director Ted Glennon will be joined by The Lost Abbey, Ballast Point, and Coronado Brewing Co. for the dinner's delicious beer pairings.

"It is very important to us at The Del to support and work with our local producers. A lot of people don't realize what amazing offerings we have right here in our own backyard," says Chef Sinnott. "Working with local purveyors is good for the environment and it's good for San Diego."

Menu highlights include:

Lamb sausage filled fried olives | Housemade soft pretzels | Lobster corn dogs BBQ pulled pork grilled pizzas | Beef short ribs | Clams with chorizo, peppers and onions Eno cheese display | Artic char tartare | Pork and fig crepinette | Lamb lollipops

SUNDAY, NOVEMBER 8, 2009 -6pm-

ADVANCE RESERVATIONS REQUIRED: 619-522-8490 (details subject to change)

Please visit Dine1500OCEAN.com for more information.

margaritas in town, Fred's also can accommodate big fat gatherings, as in up to 50 or 100. That'll hold the peoplewatchers over for a while.

Fred's Mexican Café 527 5th Ave. 232-8226 www.fredsmexicancafe.com

Salad

Currant

(see entry under Sunday Brunch)

Sammy's Woodfired Pizza

Contemporary tables and a gardened patio mark the Sammy's atmosphere as salads and appetizers appear like magic. Meanwhile, the teriyaki chicken and grilled shrimp pizza entries are not to be missed—just leave room for that salad, an unlikely favorite in this most pleasant

Sammy's Woodfired Pizza 770 Fourth Ave. 230-8888 www.sammyspizza.com

Sandwich

Tin Can Ale House

Don't be alarmed by the All-in-One Sandwich's appearance-it's supposed to be sloppy and askew, because it contains everything to eat in the universe, plus fries. It's also a big deal among the regs here, who have 50 beers to choose from and think they may have stumbled on the perfect rock club for Bankers Hill.

Tin Can Ale House 1863 Fifth Ave. 955-8525

Grant's Marketplace

If Grant's doesn't carry some of the best sandwiches in the universe, then no such sandwich exists. Such a sandwich, of course, wouldn't be complete without Boar's Head deli meats and bread from Bread & Cie, and the smarties at Grant's know this. Try The Californian. If the avocado doesn't get you, you probably don't belong on the planet.

Grant's Marketplace 2953 Beech St. 231-0524

Cowboy Star

(see entry under Best Dinner)

Donovan's Steak & Chop House

Non-steak moments have their traditions at Donovan's, too. That's why the exceptional service includes a wide array of seafood to go with the elegantly appointed décor. But meanwhile, dig into the pork chops. You'll be struck so speechless by the taste that, ironically, you'll never be able to divulge your delight.

Donovan's Steak & Chop House 570 K St. (also in La Jolla) 237-9700

www.donovanssteakhouse.com

Hive Sushi Lounge

If you can get past the name "Caterpillar Roll," you'll enjoy this venue's particular delicacy for what it is-it features eel and cucumber and is topped with avocado and eel sauce. There's a whole menu of stuff like this, and it's plastered with rolls, appetizers and drink specials for your listening and dancing pleasure.

Fax (619) 521-0117

copysery@att.net

Hive Sushi Lounge 1409 C St. 702-6010

www.hivesushilounge.com

Sushi Deli 2

Sushi Deli 2 carries most of the stuff on the menu of its Hillcrest counterpart, called, oddly enough, Sushi Deli 1. The difference is that Sushi Deil 2 is Downtown, so you get to enjoy the same delicious entries—like the Big Monster or Spider rolls—that they do up there (not to mention the legendary Sapporo beer). Dig in and wash down!

Sushi Deli 2 135 Broadway 233-3072 www.sushideli2.com

The Oceanaire Seafood Room

Retro is the watchword at this exceptional Downtown eatery, its interior patterned after that of a 1930s ocean liner. (Maybe the chef hauls in his catch from one of the staterooms). And just because head chef Brian Malarkey left some weeks ago is no reason to stay away. The preparations and award-winning fare are still well in hand.

The Oceanaire Seafood Room 400 J St. 858-2277 www.theoceanaire.com

McCormick & Schmick's

Tilapia and catfish are about as far apart geographically as they are gastronomically, but darned if McCormick doesn't serve them both, along with about 30 other seafood entrees. There's steak, too, and the cocktails to wash it all down.

McCormick & Schmick's 645-6545 www.mccormickandschmicks.com

American

Urban Solace

(see entry under Restaurant)

Dakota Grill & Spirits

Skirt steak. Mashed potatoes. Prime rib. Mashed potatoes. Cheddar biscuits and goat cheese. Mashed potatoes. Plank salmon and crushed halibut. Mashed potatoes. Piano playing in the back-ground. It doesn't get much more downhome than this, except maybe your meal could use a few more mashed potatoes.

Dakota Grill & Spirits 901 Fifth Ave. 234-5554

www.cohnrestaurants.com

BBO

Kansas City Barbeque There's a reason that the bar at Kansas

City Barbeque is called the Top Gun. Turns out it was the setting for a couple scenes in the Tom Cruise movie of the same name. But it's the aroma that draws the patrons, inasmuch as it wafts all the way down Market Street. Barbecued beef, pork, chicken and all the sides are here for ya. Tom, however, is not. Get over it.

Kansas City Barbeque 610 W. Market St. (619) 231-9680 www.kcbbq.net

House of Blues

Yeah, you know this venue for its great live acts and its parent company's place in the public mind. But check this out: HoB's passion for the South has guided the creation of its unique barbecue menu. Its chefs have developed artistic adaptations of traditional southern favorites such as Creole jambalaya and barbecue babyback ribs. HoB takes pride in serving those entries with soulful southern hospitality.

Park in Rear Next to Laundromat

House of Blues 1055 5th Ave. 299-2583

Asian Fusion

Red Pearl Kitchen

Tim and Liza Goodell had long sought the perfect location for their second Red Pearl Kitchen, and they found it in the heart of the Gaslamp. Their original Red Pearl Kitchen has been a mainstay of the Huntington Beach dining scene, and the San Diego restaurant follows suit, combining authentic Chinese/East Asian recipes with a hip, contemporary bar scene.

Red Pearl Kitchen 440 J St. 231-1100

Nobu

Nobu, the world's most recognized Japanese restaurant known for its innovative new-style Japanese Cuisine, launched here about two years ago at the Hard Rock Hotel. With the original in New York, the Nobu brand is now an empire that spans the globe, offering dishes such as yellowtail with jalapeno, tiradito Nobu style, rock shrimp tempura and blackcod with miso soup. The local entry even has a private room.

Nobu 207 Fifth Ave. 814-4124 www.hardrockhotelsd.com

Thai

Lotus Thai

With more than 40 combinations of noodle, stir-fry, curry and traditional entrées and your choice of meat, seafood or vegetables and sauce, Lotus Thai has you covered in every respect. Just don't forget to order something with peanut sauce. Otherwise, it's not real Thai.

Lotus Thai 906 Market St. 595-0115

Rama, a Thai Restaurant

Amid its museumlike setting and its designers' eyes for architecture, Rama has staked a claim as among the finest Thai restaurants in town. In fact, the decor is almost a dish in itself. Ask to sit in the back room, with air chilled by a waterfall that flows over a towering rock wall.

Rama, a Thai Restaurant 327 4th Ave. 501-8424 www.ramarestaurant.com

Chinese

Red Pearl Kitchen

(see entry under Asian Fusion)

Gen Lai Sen Seafood Restaurant

Park Boulevard, of course, is the Downtown gateway to University Heights, sort of like Gen Lai Sen is your gateway to the wonders of Chinese fare, at least if you're uninitiated. And since Gen Lai Sen is on Park, that means a lot of gateways are flying around. Pay them no mind as you savor dishes like Hakka (stuffed tofu) and the seafood hot pot.

Gen Lai Sen Seafood Restaurant 1065 Park Blvd. 239-5478

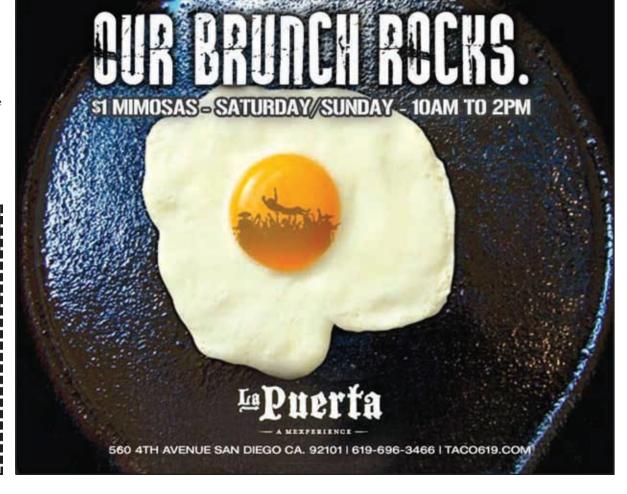
www.restaurantplace.com

Café Chloe

Café Chloe likes to think it's where the East Village meets Paris chic. And by any definition, the comparison is pretty darn close. Check out the "Urban Tea" feature, which includes an assortment of sandwiches and housemade cakes. You'll see what they mean.

Café Chloe 721 9th Ave., #1 232-3242 www.cafechloe.com











Currant (see entry under Sunday Brunch)

If you don't try the Love Story at Masala, this newspaper can't be held responsible for what happens. How a simple bread and curried dip entry can make such an everlasting impression defies description. Maybe it's the hummus. Or the garlic. Or the other spices. Anyway, go find out.

324 5th Ave. 232-5050

www.masalaresturant.com

Monsoon

Fine Cuisine of India

This place takes its sweet time with everything, and you're the happy beneficiary. The Tandoori chicken is one of your best bets-the dish is marinated in yogurt, lemon juice and assorted spices for about a day before it's served. Wash this down with a soothing glass of chai tea. You won't leave your chair, precisely because you can't.

Monsoon Fine Cuisine of India 729 Fourth Ave. 234-5555 www.monsoonrestaurant.com

Dublin Square Irish Pub

San Diego has its own piece of Dublin, not just in atmosphere but also in practice. The building was manufactured by O'Sullivan Interiors of Dublin and shipped thousands of miles across the Atlantic. Dublin Square is an authentic Irish pub exuding warm hospitality and

Dublin Square Irish Pub 554 4th Ave. 239-5818 www.dublinsquareirishpub.com

The Field

The Irish have earned a worldwide reputation for friendliness and hospitality. A trip to The Field will show you why. This turn-of-the-century Irish pub was shipped literally piece by piece from Ireland and relocated in the heart of the Gaslamp. Blimey!

The Field 544 5th Ave. 232-9840 www.thefield.com

Italian

Acqua Al 2 Ristorante

The staff at Acqua Al 2 got pretty tired of the same old same-old among Italian restaurants - the menu and food, they said, lacked flair. Innovations like a series of five different pasta dishes, each with a different sauce, three different salads served creatively and cut beefsteak on a plate of warm bread and served with various sauces took care of that.

Acqua Al 2 Ristorante 322 5th Ave. 230-0382 www.acquaal2.com

Trattoria La Bocca

Trattoria La Bocca has everybody covered, by design. It's taken great pains to include traditional Italian fare while keeping things up to date for the pleasure of the gastronomically savvy among you. On the more traditional end, there's the boneless chicken; for you hipsters, the gnocchi is designed to tide you over. Either way, you'll find this place burns the candle at-uh-both ends.

Trattoria La Bocca 515 Fifth Ave. (619) 232-3352 www.trattorialabocca.com

Mediterranean

Café Sevilla

As the Gaslamp Quarter went, so went Café Sevilla of San Diego, or, depending on who you talk to, vice versa. The café has been here for more than 20 years, just about the length of time since Downtown had its last major renaissance-yet the original Spanish/Mediterranean ambiance has hung on. Try the Tapas bar on settle in with a coldcut sampler platter. Suddenly, Downtown's a third of the world away.

Café Sevilla 555 Fourth Ave. 233-5979 www.cafesevilla.com

Sultan Schawarma

Think of schawarma as a Middle Easternstyle taco-thinly sliced cuts of meat, like chicken, beef, goat, lamb and sometimes turkey, rolled into a large piece of flatbread or pita. Inside the pita, foods like hummus, tahini, pickles, vegetables, and even french fries are added. Then head here for the delectable real thing.

Sultan Schawarma 543 Fourth Ave. 231-1824 www.sultansd.com

Mexican

La Puerta

(see entry under New Restaurant)

El Vitral

(see entry under New Restaurant)

Altitude

(see entry under Place to People-Watch)

(see entry under Sunday Brunch)

Bread on Market

Sadly (or happily, depending), the Padres have closed shop for 2009. That's too bad, because Bread on Market kept longer hours during weekday games. You'll just have to adjust your schedule now to get hold of some great homemade bread and sweets.

Bread on Market 730 Market St. 795-2730 www.breadonmarket.com

Heavenly Cupcake

Heavenly Cupcake specializes in baking cupcakes the old-fashioned way. Each cupcake is hand-baked throughout the

day to ensure you'll get a fresh one no matter the time. And check out the halo candy on these festive treats, especially the pumpkin number with ginger frosting. Too, too good.

Heavenly Cupcake 518 Sixth Ave. 235-9235 www.heavenlycupcake.com

Zanzibar

(see entry under Lunch)

Café Chloe

(see entry under French)

St. Tropez Bakery & Bistro

This concept venue was established in 2001 with the opening of the first St. Tropez in downtown Encinitas. The combination of fine French cuisine, a splendid, soothing décor, and offerings of breakfast, lunch and dinner created a unique dining experience that was wellreceived, and the catering took off from there. And here all this time, you thought St. Tropez was somewhere in the tropics.

St. Tropez Bakery & Bistro 600 W. Broadway 497-0297 www.sttropezbistro.com

Chef DK Catering

You crazy Downtowners are sure particular about your catering, aren't youeither that, or this Carlsbad outfit, almost 45 miles away, does an absolutely splendid job in guaranteeing itself repeat and new business. This place can do no wrong, what with its gigantic corporate menu and Dave Krohn, its acclaimed chef.

Chef DK Catering 2502 Navarra Dr., Suite 221, Carlsbad (760) 828-0596 www.chefdk.com

Coffee Shop

Caffé Italia

Caffe Italia is the best coffee shop in Little Italy. Not only is the service as friendly as you are; the salads are as big as you are! The place features an awesome courtyard in back and outdoor seating in front, and they'll let you bring in your dog. They can even make you a soy chai latte, something once thought reserved for Starbucks (guess not).

Caffe Italia 1704 Indian St. www.caffeitalialittleitally.com

Java Jones Coffeehouse

With the opening of its roasting facility in 2007, Java Jones has been committed to selling only 100 percent organic and 100 percent fair-traded coffee. Shortly after that facility was opened, Java Jones Coffeehouse opened its fifth store. That one's in the East Village. You should go there. Right now.

Java Jones Coffeehouse www.javajonescoffeehouse.com

SEE RCA, Page B11









San Diego Beer Week, 2009: Are You Ready?

AROUND THE KEG

By Tony Clarke | Special correspondent

Having recently returned from the Great American Beer Festival in Denver, I am amazed and impressed at the creativity American craft brewers put into their beers. More than 3,300 beer samples were submitted for judging, and the results were definitely a feather in San Diego's cap! San Diego County grossed 14 medals at this year's festival, led by Pizza Port Carlsbad, with seven awards. In fact, San Diego County was one of the highestgrossing counties in the country and earned more recognition

than most states!

Home to more than 33 brewhouses, San Diego County is fast becoming one of the nation's premiere craft beer destinations. And with so much good beer flowing, it's time for San Diego to host its own Beer Week. Running from Nov. 6 through 15, San Diego Beer Week is a ten-day celebration of San Diego's thriving brew culture, designed to inspire people to drink local craft beer.

"We have amazing brewing talent in this city, and we've had people asking us why we don't have a Beer Week of our own," said Colby Chandler, San Diego Brewers Guild president and founding member of San Diego Beer Week. "We're looking for-

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ward to exposing a lot of new people to craft beer."

In addition to touting local craft beer, San Diego Beer Week will also be promoting the craft beer industry as a whole, with several prominent breweries from across the country participating.

San Diego Beer Week is based on a model implemented by many other cities, including Philadelphia, Seattle, San Francisco and New York. San Diego's bars, restaurants and hotels will be teaming up with local and regional craft breweries to host a variety of events, including beer and cheese tastings, "Meet the Brewers" nights, homebrewing classes and brewery tours.

Beer Week will kick off with the brewers guild's beer festival, wherein more than 80 entries brewed in San Diego County will be poured. Local restaurants will serve small bites paired with ing to travel for great beer," select beers. Other highlights of the week include Green Flash bring in a good crowd over these Brewing's seventh anniversary

party; a class on beer and cooking hosted by Karl Strauss Brewing Co. and Great News Cooking School; Liars Club Redux at Hamilton's tavern, which is also hosting a "Disc Golf with the Brewers" event; and Russian River Brewing Night at Toronado. In addition, a number of San Diego breweries will be producing special, one-off releases for Beer Week.

"Not only will San Diego Beer Week promote craft beer," Chandler said. "We're hoping it will boost our local economy.

To that end, San Diego Beer Week has partnered with several hotels offering special room rates, including the Town & Country in Mission Valley and the Hotel Solamar, located in the heart of San Diego's historic Gaslamp Quarter.

"There are a lot of people will-Chandler said. "And we hope to ten days.'

With all this great beer right in our backyard and a full ten days to appreciate it next month, there is no excuse for missing out! Go to your local watering hole and ask the staff what it's doing for San Diego Craft Beer Week. If the peeps don't know what you're talking about, maybe you should reconsider the places you drink at. If they do, let them know you'll be coming out to help celebrate craft beer in San Diego. Cheers!

You can find more about San Diego Beer Week and upcoming events at sdbw.org.



Tony Clarke and his wife Liz own Airdale Brewing Company, located in San Diego. airdalebrewing.com

Spirit of Oktoberfest Moves A-Head in Beer Minded San Diego

By BART MENDOZA | DOWNTOWN NEWS

No question about it: Beer is a drink of custom and history. The existence of the beverage has been dated to 600 B.C., but the tradition most associated with beer. Oktoberfest, is of a more recent vintage. Started in Munich on Oct. 18, 1810 to commemorate the marriage of Prince Ludwig I, the event is a worldwide phenomenon. Oktobersynonymous with boisterous revelry, colorful costumes and micro-

seem like the obvious place for fest now hails the end of summer, Oktoberfest and a beer culture to take hold, but indeed it has. Among the many celebrations around town, generally held the last two

San Diego County might not weeks of September into the first week of October, is La Mesa's Oktoberfest, the biggest such event west of the Mississippi River, having just completed its 36th year. Meanwhile, microbrews, or craft beers, have become one of the city's calling cards. The city now hosts four annual beer-centric events, including the two-year-old Festival of Beers.

According to organizer Kevin Hellman, the event has exceeded expectations. With almost three dozen microbrews available, attendance at the sold-out event doubled from 600 to 1.200 customers when it was held last month. "San Diego certainly seems to have become one of the hotspots for craft brewing," Hellman said. "We're thinking of expanding capacity next year."

For a beer connoisseur, San Diego is a paradise. Carlsbad's Pizza Port Brewery won Large Brewer of the Year at the Great American Beer Festival, while Stone Brewing, Point Ballast, Green Flash and many more are also bottled locally. In the mid-'80s, two microbrewers, Bolt and Mission, emerged as pioneers in the field. Both were short-lived, although Mission Brewery reopened in 2007. However, it was the founding and staying power of The Karl Strauss Brewery in 1989 that has been a catalyst for much of the growth today.

Strauss' flagship restaurantbrewery is located on Columbia Street Downtown.

SEE **OKTOBERFEST**, Page B10





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Injury riddled Chargers face Broncos after bye week

By BOB HURST | DOWNTOWN NEWS

This long-running rivalry of original AFL teams continues after they split the series last season. Denver won 39-38 at home last year thanks to a controversial fumble rell Buckhalter, they can put some call that led to the winning touch- pressure on the Broncos passing down and two-point conversion. The Bolts earned revenge with a 52-21 home victory in the regularseason finale, taking the AFC West Division crown. The teams piled up vardage in those games, combining for 942 yards in the first meeting and 897 in the second, which also saw the Chargers set a team rushing record with 289 yards.

Keys to this game will be if Philip Rivers can find some holes in the Broncos improved secondary and hit Vincent Jackson with key passes. And if the Chargers defense can bottle up Denver running back Cor-

Noteworthy: Denver is 26-32-1 all-time on Monday Night Football. San Diego is 18-14-0 on MNF. The last time these teams played each other on MNF, the Bolts beat the Broncos 23-3 at home in 2007.

Prediction: Chargers 38, Bron-

<u>CHARGERS GAME PREVIEW</u> Monday Oct. 19 **Denver at San Diego,** Qualcomm Stadium, 5:30 p.m. TV: ESPN All-time Series: Broncos lead 53-44-1. Last meeting: Chargers won 52-21 in 2008. Key Stats: Denver's pass defense was ranked No. 2 in the NFL after the first three weeks of the season, allowing 136.3 yards per game. The Chargers passing offense ranked No. 2 going into Week 4 at 315.7 yards.

Times are changing in the ranks of pro football head coaches

By BOB HURST | DOWNTOWN NEWS

A group of young coaches from top to bottom are a part of the head coach of the Miami Dolphins National Football League, and owners and general managers aren't shy about hiring them.

The trend currently appears to be leaning toward hiring younger 21-7 record in his first seven seacoaches, as head coaches or coor-

Mike Tomlin, 37, guided the title last season. Raheem Morris, 33, is Tampa Bay's new coach after being promoted from secondary coach. Denver Broncos coach Josh better to the younger players, their McDaniels, also just 33, got his job after spending three years as offensive coordinator for the New England Patriots. And Eric Mangini, 38, is the Cleveland Browns jobs. head coach, after holding the same job with the Jets, where he led them to the playoffs in 2006.

But hiring young isn't such a new

who was 34 when hired in 1992. might be looking for work again in Jon Gruden was just 35 when he coached the Raiders in 1998, and

Tampa Bay after the 2002 season. Don Shula, the NFL's all-time wins leader, was 39 when he became after the 1969 season.

And don't forget John Madden, who was hired at the age of 32 by the Raiders in 1969 and had a 70sons. Madden won a Super Bowl at the age of 40 with Oakland.

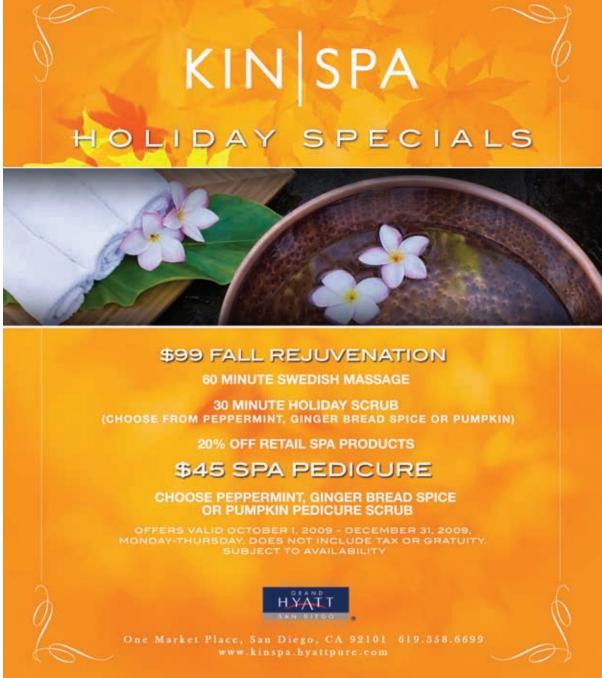
More youthful coaches might be Pittsburgh Steelers to a Super Bowl considered in the near future as nine NFL teams have coordinators under the age of 40.

> Whether it's their ability to relate energy or willingness to take on lower-paying salaries, young coaches seem to have an advantage lately when it comes to the top

But what matters the most is a coach's record. And if that goes south, there are older guys like Gruden, Mike Shanahan, Brian Billick, Cowher, Jim Haslett, Mike Tomlin took over for Bill Cowher, Martz and Herm Edwards who the NFL some day.







FOOD & DRINK

OKTOBERFEST

CONTINUED FROM Page B8

In 2003, the company started its own Oktoberfest, dubbed "Karl Fest," complete with 35 beers on tap, nine participating breweries and live music. One of the company's biggest sellers each year is brewed for the event, fittingly called Oktoberfest.

"People are very excited for this beer to come out," said Melody Daversa, Strauss marketing events and PR manager. "They're still brewing batches just to get us through the end of the month. It's a pretty crazy amount to keep up with demand."

Daversa noted that the beer has special significance beyond Oktoberfest itself. "It's a decade old, though we revisited the recipe a few years ago," she explained. "It was the last recipe that [company founder] Karl Strauss, the man, worked on and kind of tweaked before he passed away. It was the last beer that he gave his input on, so it's a very special beer to us."

Strauss died in 2006 at age 94. Though Daversa is unsure what has made San Diego a beer enthusiast center, she considers the area lifestyle a key ingredient. "What's cool about San Diego is that we have a free spirit in our community," she said. "People here are willing to try new things. It's the same

sense of adventure that kind of rolls into surfing, outdoor activities, hiking and so on. We're kind of a good breeding ground for craft breweries. I don't think that it would have taken off in the same way in another city."

Daversa acknowledged the company's pioneer pride.

"We are so excited and honored that so many people have followed us into the craft beer scene, especially in San Diego. We're known throughout the country for the incredible craft beer that we have. There are so many award-winning breweries, and we're really proud that we were able to kind of kick that off in 1989.

"Yes, we are competitors," she added. "But really, the craft beer industry has a genuine camaraderie, which I really haven't experienced in other industries. As part of the San Diego Brewers Guild, we all come together and share advice."

Daversa noted that when a shortage of hops and malts threatened production a few years back, breweries helped each other with supplies. "I think although we are all competitors, we're kind of all in it together against the big guys," she said.

Oktoberfest, the microbrew, is available at Karl Strauss, 5985 Santa Fe St. in Clairemont.

Pacific Beach hotspot Moondoggies is one of the local businesses that stock the big-name brands as well as microbrews. "It's a decent part of our business, not big, not small, but somewhere in the middle," said manager Lupe Brookhart. He added that he considers Oktoberfest to be a boon to area bars and restaurants.

"I've only been here a year, but at other places I've worked at, I definitely do notice an increase in beer sales during this month," he stated.

Oktoberfest celebrations will take place in El Cajon Oct. 9-11, Ocean Beach Oct. 10, Julian Oct. 10-11 and Ramona Oct. 17-19.





Balboa Park's lower garden terrace is setting for unlikely fight to the finish at 9th annual Harvest Festival

By STAFF WRITER | DOWNTOWN NEWS

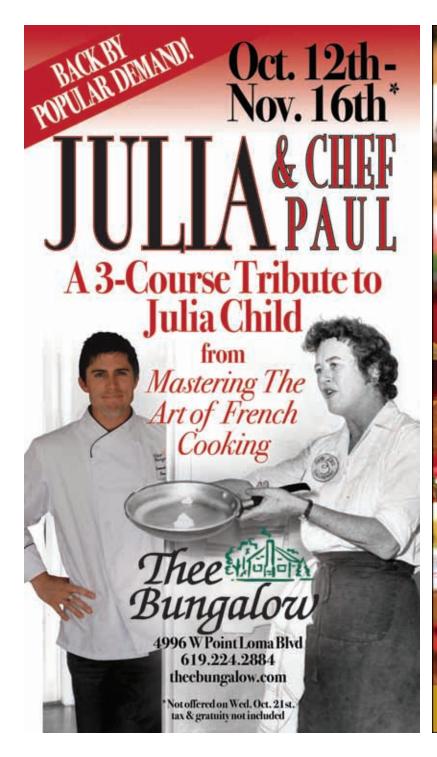
The Prado, located in picturesque Balboa Park, is celebrating the start of fall with their 9th Annual Harvest Festival on Thursday, October 15 from 5-9 p.m. Guests are invited to experience a taste of everything The Prado has to offer, including the cuisine of

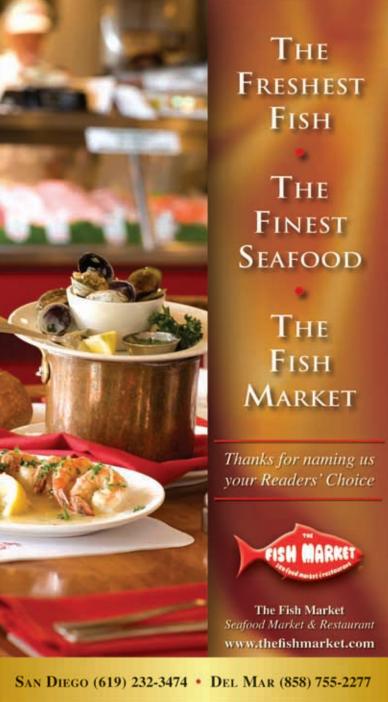
Executive Chef Jeff Thurston and a spread of decadent desserts created by Certified Master Pastry Chef Francesco Santoro. Enhancing the culinary offerings will be a diverse selection of more than 50 wines from around the globe and an assortment of San Diego's best local brews and a spirits tasting.

This year's event will feature the first annual Chef Grill-Off set in Balboa Park's lower garden terraces. The inaugural competition will feature the culinary stylings of Kensington Grill's Executive Chef Hanis Cavin, the 2009 Gold Medallion Chef of the Year award winner, Chef Melissa Mayer of Martini Media, a past contestant on the "Next Food Network Star," and former "Top Chef Season 5" contestant, Chef Rich Sweeney, previously the Executive Chef of the Gaslamp's Confidential, who is getting ready to open his first restaurant in Hillcrest later this year.

Sip, savor and enjoy on Thursday, October 15, 2009 from 5-9 p.m. Tickets are \$59.95 per person in advance (plus tax) and \$69.95 per person at the door (plus tax). Proceeds from the 9th Annual Harvest Festival will benefit Meals-on-Wheels of Greater San Diego, dedicated to the overall well-being of seniors by providing regular nutrition and daily contact with a caring volunteer. For more information on the Harvest Festival, please visit cohnrestaurants.com/restaurants/ theprado. The Cohn Restaurant Group has much to be thankful for this year. In January of 2009 they opened the elegant oceanfront 333 Pacific Steak + Sea Restaurant, offering stunning views of the Oceanside Pier and award-winning cuisine. They recently relocated the Corvette Diner, from Hillcrest where they called home for 22 years to Historic Liberty Station, a move that has been embraced by the community with great enthusi-

The Cohn Restaurant Group looks forward to an exciting 2010 with the upcoming opening of the popular Gaslamp Strip Club in the bustling neighborhood of UTC in La Jolla.





READERS CHOICE AWARDS 2009 SAN DIEGO DOWNTOWN NEWS

CONTINUED FROM Page B6

Deli

The Cheese Shop

Don't let the name fool you. This place serves all sorts of fare, including blueberry pancakes. It'll even deliver them to your office. Not bad for a place that started out as a small La Jolla cheese vendor. Oh, yeah - the sandwiches: No better grilled cheese was ever made.

The Cheese Shop 627 4th Ave. 232-2303 www.cheeseshopdeli.com

Beach City Market

Beach City offers a New York-style deli, a sushi bar, a juice and coffee bar, a salad bar, a lunchtime barbecue, hot, healthy breakfast and lunch meals and freshly prepared to-go items. In addition, the shelves are filled with drinks, wine and beer, chips, and candy and energy bars. And don't be afraid to ask about catering. Beach City has you covered there as well.

Beach City Market 3 Horton Plaza 232-2491 www.beachcitymarket.com

Frozen Yogurt

Yogurtland

Everything's pretty much self-serve in here, but that's OK, 'cuz you knew what you wanted when you came in. This place has about 12 flavors, which may not seem like many, but go ahead. Be adventurous. Scoop a bunch of different ones on top of each other. Your tongue will never know what hit it.

Yogurtland 1680 India St. 544-1818 www.yogurt-land.com

Mondo Gelato

Some gelato-making styles produce a heavy frozen yogurt. Some produce a light simple frozen delicacy, while others, like the one here, produce a rich, dense, flavorful fare, without the heavy attributes of traditional premium-style ice creams. This style is generally referred to as the Sicilian style. But the real challenge is creating a recipe that fully utilizes these products and philosophies to create an outstanding product that remains true to intentions. It's here that Mondo Gelato mixes the philosophy and science.

Mondo Gelato 435 10th Ave. 955-6630

www.mondogelatosandiego.com

Patio Dining

Sloppy Joey's Pizza & Pasta Joint

This is a family-owned pizzeria, but once you get a load of the patio, you won't care. The atmosphere is relaxed and fun. with a marble floor to boot. And somehow, San Diego's ubiquitous sun is no problem at all—the combination of the buildings and the patio's angle make it impossible for it to peek through and spoil everything.

Sloppy Joey's Pizza & Pasta Joint 525-9960

www.sloppyjoeyspizza.com

Currant

(see entry under Sunday Brunch)

Vegetarian

Pokez

If nothing else strikes you about this place (besides the delightfully garish, funky décor), it'll be the veggie breakfast. Not only is it served all day; there are 10 entrees to choose from, all of which are as delicious as the next. Pokez also uses organic produce whenever possible, and its rice and beans are 100 vegetarian.

Pokez 947 E St. 702-7160 www.pokezsd.com

Mama's Bakery & Lebanese Deli

This venue may look a bit out of place sandwiched among houses on Alabama Street just south of El Cajon Boulevard in North Park. It's actually a converted old home, with the backyard now serving as a covered dining patio. Meanwhile, Mama's offers a delicious variety of authentic Lebanese sandwiches/wraps (the manakeesh and hummus are two of the best), pies (meat, cheese and spinach here) and desserts (phyllo bread seasoned and stuffed with ground cashews, pistachios and other nuts). This is the real deal.

Mama's Bakery & Lebanese Deli 4237 Alabama St. 688-0717

Senior Special

www.mamasbakerv.net

Hob Nob Hill

This place is probably San Diego's oldest restaurant in the same location with the same ownership and management. The consistency has allowed it to continue its commitment to quality food and service with maximum economy. Just about everything, from baking fresh muffins and cakes to curing corned beef, is done on the premises.

Hob Nob Hill 2271 1st Ave. 239-8176 www.hobnobhill.com

Bartender

Billy Bonnett at La Puerta

(see entry top right)

Chad at Altitude Sky Bar and Garden Lounge

Word is that Chad looks a little like Johnny Depp and does funny bar tricks. We don't know what "bar tricks" entails, but the Depp part is easily discernible. You're welcome to see for yourself, of course. As likely as not, Chad will be behind the bar at one of Conde Nast's top 25 new lounges in the world. Hopefully, those "tricks" of his involve a generous pour, the kind that would do justice to Depp's Jack Sparrow character.

Altitude Sky Bar 666 K St. 450-2457

Acai Bowl

Market 32

There's a big thing in Florida right now about an acai berry scam—to hear the newsies tell it, the fruit can do everything but wash your dishes, and somebody was

trying to get a cut off the upshot. Whether or not the buzz is true, you'll certainly find the freshest acai bowl right here, along with all kinds of other select produce, their specialty vats lining the walls like so many customers.

Market 32 1000 Island Dr. 255-7155

Farmers Market

Little Italy Mercato

It's only been around for about a year and a half, but rumor has it that this farmers market is the best in town, and that obviously confirms your suspicions. Flowers, plants, live music and even natural pet foods coexist with the fruits and vegetables from 12 state-certified organic producers. Artisans and craftsmen roam around as well, hawking an amazing collection of specialty gifts.

Little Italy Mercato Date Street between India and State streets (619) 233-3769 www.littleitalysd.com

Market 32

(see entry under Acai Bowl)

Produce

Little Italy Mercato

(see entry under Farmers Market)

Market 32

(see entry under Acai Bowl)

Gelato

Mondo Gelato

(see entry under Frozen Yogurt)

Gelato Vero Caffe

Gelato Vero is the smallest ice cream parlor in the history of the universe. What it doesn't have in stature, however, it makes up for in product. First of all, it makes its own gelato right on the premises, ensuring its freshness. And the staff is more than generous with its condiments-the fresh fruit, chocolate and butter. That oughta silence the navsavers who deride this place over its size.

Gelato Vero Caffe 3757 India St. (619) 295-9269

Hot Dog

Hot Dogs @ 428

The National Hot Dog Council says Americans skarf about 20 billion-billion-hot dogs a year. If they're that hot

Bartender

Billy Bonnett at La Puerta

Recently, a character tongue-in-cheekly referred to as the Masked Wrestler Nudist had baffled the cops with his impromptu appearances at a few Downtown watering holes. "We have a ton of regular guests for our Happy Hours," La Puerta bartender Billy Bonnett commented to Downtown News about the incidents. "However, we don't have much to go on, so I guess everyone is a suspect." Unfazed, Bonnett went on to pour the meanest Afternoon Delight (mainly tequila) that any wrestler, clothed or not, has ever tasted, let alone seen. Now, that's customer service!

La Puerta • 560 4th Ave • 696-3466

dog-dependent, they should all move to San Diego and at least enjoy their repast to the fullest here. And who knows; they just might take a shine to something called the tofurkey, a vegetarian delight that out-tastes the other entries.

Hot Dogs @ 428 428 G St. 544-0428 www.sandiegohotdogs.net

TJ Dawg | La Puerta

(see entry under New Restaurant)

Martini

The Ivy Hotel

The Ivy Hotel-more specifically Eden, the venue's rooftop bar-has its edgy side, just like the martini it serves. Did you know, for example, that vermouth (next to gin the principal martini ingredient) is a wine? Somehow, the staff here gets the point. Something about their

martinis has that extra zing that wine lends to any occasion. Cool.

Eden Rooftop Bar 600 F St. 814-1000

The Bitter End

A splash of Hershey's chocolate syrup in a martini?! Yep-that's what The Bitter End, a tri-level Gaslamp bar you really like, calls its Chocolate Bliss (emphasis on the second word). And it's only one of several specialty martinis the End has for you, along with catering menus and hosted bar packages. Full service all around.

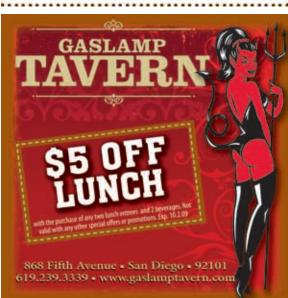
The Bitter End 770 Fifth Ave. 338-9300 www.thebitterend.com

> Thank you all for voting!











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FOOD & DRINK

Go to: www.sdnews.com/pages/dining for more dining information

O'Brothers

O'Brothers is located at 188 Horton Plaza, San Diego, CA 92101. O'Brothers is open for lunch and dinner Monday through Saturday, 10 a.m. to 9 p.m. and Sundays, 11 a.m. to 6 p.m. Happy Hour is available daily from 3 p.m. to close, where guests can enjoy \$5 sliders with fries, \$5 glasses of wine, \$3 12oz beers and \$6 22oz beers. Take-out and curbside delivery is also available. For more information, call 619.615.0909 or visit www.obrothersburgers.com

Richard Walker's Pancake House

Richard Walker's Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the "premier" breakfast destination for San Diego's residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker's with you as we prepare orders to go.

Gaslamp Tavern is the place to be!

Neighborhood sports bar serving food daily from 11:30-2am. Happy Hour M-F 3-7pm- \$3 Drafts-\$3 House Wine-\$3 Wells Tuesday & Thursday 1/2 off all Pitchers. Live Music!! Tuesday 9-12pm, Wednesday & Thursday 8-12pm & Friday 4-8pm Saturday & Sunday Brunch from 11:30-2pm ~ Sunday ALL DAY Happy Hour! For more info & special events ~ www.gaslamptavern.com

Bleu Boheme

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El Indio - Mexican Restaurant & Catering

Since 1940, El Indio has been dedicated to delivering the finest Mexican food in the world. We are the birth place of the "Taquito" and make fresh tortillas daily. Our authentic Sonora style Mexican cuisine is made with traditional herbs and spices. Specific ingredient Information is available upon request. El Indio has won the Gold Medallion for Best Mexican Casual Dining from the California Restaurant Association. Our food is prepared without preservatives or additives & is the Freshest Mexican Food In Town.

East Village Tavern & Bowl

Let's Bowl! Good food, frosty beer, tasty eats and bowling to boot, what a better way to celebrate any occasion. 30–50" HD Flat Screens, 12 brand spankin' new bowling lanes and plenty of room for 300 people! There's an action filled event package for every degree of hunger and thirst. And every budget. For more information:619.677.BOWL(2695) www.bowlevt.com~events@bowlevt.com

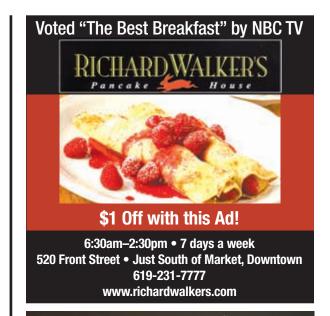
Salazar's Taco Shop

Salazar's Taco Shop Began as a dream in 1945 and turned into a reality in 1972. The owner and founder, Frank Salazar, began working at the age of 14 in the kitchen of the La Fonda Hotel in Santa Fe under the supervision of a German chef named Konrad. Today the "taste of home" quality of the food is enjoyed by many long-time customers and some of our new neighbors who are becoming our new regulars. The fine food at Salazar's can be enjoyed seven days a week, 6:30 am until 9 p.m. Breakfast, lunch and dinner as well as food to go are served all day. Bulk food orders with advance notice are available. The margaritas are real and the bottled beer is cold. The best thing I've ever been told by a customer is that "there's a genuine-ness about this place."

The Bernardo Winery

Established in 1889, is the relaxing oasis you are looking for and a step back in time. Enjoy a glass of wine on the tasting room patio, lunch at Café Merlot, a walk under the olive trees or through the village shops. Enjoy music on the patio every Sunday from 2-5 and the 32nd Annual Fall Arts and Crafts Fair October 17th and 18th from 10-4. Visit www.bernardowinery.com for more information.













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