

## Takin' it to the street (again)



In a way, Street Scene's roily history makes it seem like the event's been here way longer than 25 years—but on Friday and Saturday, Aug. 28 and 29, the East Village music fest reached the quarter-century turn without a discernible hitch. At left, fans only had eyes for rapper Busta Rhymes, while Brian Aubert, vocalist and lead guitarist for L.A. indie band Silversun Pickups, rocked on. The landmark event shows no signs of slowing down, even at its advanced age, with more than 100,000 in attendance this time. For more photos, see page 10.

PHOTOS BY CASEY DEAN | DOWNTOWN NEWS

## Gas guzzlers

### Strauss focus of fuel conversion effort

By JOSEPH GREENERG | DOWNTOWN NEWS

GreenHouse Energy (GHE), a three-year-old San Diego company on Santa Fe Street, wants to make the conversion of beer byproducts into a clean-burning fuel as commonplace as brewing a strong pot of coffee. And it's focusing on a brewery with a Downtown pedigree to do it.

GHE has created the E-Fuel MicroFueller, which converts spent beer yeast and sugar waste into ethanol through the processes of fermentation and distillation. The company aims to sell these consumer-size machines to local businesses and private residences to brew beer fuel.

To make its business model run, GHE requires large amounts of organic waste. Breweries and wineries are logical providers, and GHE President Russ Earnshaw knew early on he wanted to work with one brewery in particular.

"Karl Strauss is a great local brewery," Earnshaw said. "They have a well-known name and want to be on the cutting edge of green energy solutions, so we thought it would be great to step in and open up a relationship with them."

GHE is also partnering with Stone Brewery and Gordon Bier-sch. Karl Strauss Brewery and Grill, at 1157 Columbia St. Downtown, was Strauss' first such venue.

The nuts and bolts of GHE's method consist of combining spent

SEE STRAUSS, Page 4

## Midway Museum payroll ex-head pleads guilty in fraud case

By NEAL PUTNAM | DOWNTOWN NEWS

The former payroll manager for the *USS Midway* Museum pleaded guilty Aug. 26 to grand theft and fraudulent appropriation.

Veronica Gonzalez Monay, 35, of San Diego, acknowledged the \$111,000 embezzlement seven weeks after San Diego police arrested her July 8. She had worked for the museum for three years.

San Diego Superior Court Judge Michael Smyth set sentencing for Sept. 24.

Monay faces a maximum term of four years in prison and made "no deals" with Deputy District Attorney James Teh. However, Smyth indicated he might consider probation and work furlough if she qualifies, according to court records.

The thefts began on April 3, 2007 and ended on Dec. 30, 2008. Museum president and CEO Mac McLaughlin declined comment when Monay was arrested but did say the museum reported the embezzlement to police.

Monay was convicted of a similar crime in 1997, but the finding was reportedly expunged.

Monay has not been able to post \$100,000 bail since her arrest and remains in the Las Colinas Detention Facility in Santee.

"She is extremely remorseful for what happened," said Gretchen von Helms, Monay's attorney. "She will be ordered to pay restitution, to make full restitution. She is working to cash out her 401(k) (retirement account)," which would be turned over to the museum. "She definitely wants to do what she can."

The museum, whose exhibits include 25 restored World War II aircraft, is located at 910 North Harbor Drive alongside the Navy pier. When the *Midway* was christened in 1945, it was reportedly the largest ship in the world.

Approximately 225,000 men and women served aboard the ship, the longest-serving naval aircraft carrier of the 20th century, from 1945 to 1955. The museum is a popular tourist attraction and boasts the most visits to a floating ship in the world.

## Exit the king: Tresnjak's Globe departure a tragedy for city

By CHARLENE BALDRIDGE | DOWNTOWN NEWS

Sept. 30 marks the departure of The Old Globe Theatre's resident artistic director and Shakespeare festival director Darko Tresnjak, whose record at the Balboa Park venue has been exemplary and exciting.

The young Yugoslavia-born director was already known to former artistic director Jack O'Brien from his work at the Williamstown Theatre Festival and the Huntington Theatre. San Diego theatergoers first

became aware of him when he staged Shakespeare's seldom-performed "Pericles, Prince of Tyre" during the 2003 Shakespeare festival. It was the summer's big hit, and Tresnjak was invited to head the festival beginning in 2004.

At a press conference announcing the 2005 Shakespeare festival and also the appointment of Jerry Patch as Globe artistic director, O'Brien remarked, "Darko brings the Shakespeare festival his intelli-

SEE DARKO, Page 12



COURTESY PHOTO  
Cyrano and Roxane (Patrick Page and Dana Green) discuss their futures in "Cyrano de Bergerac," an Old Globe Theatre entry directed by Globe artistic director Darko Tresnjak. Tresnjak is leaving The Globe at the end of the month.

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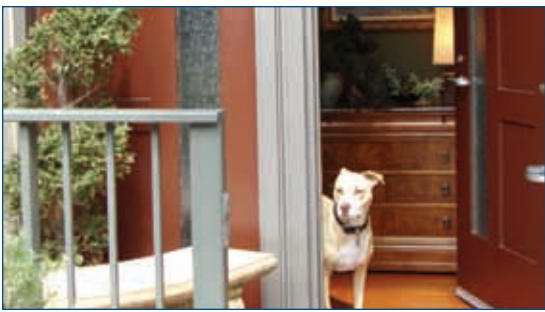
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# E-mails? What e-mails?

## Airport Authority pays \$45,000 in legal fees amid resident's flap over noise mitigation

By SEBASTIAN RUIZ | DOWNTOWN NEWS

The San Diego County Regional Airport Authority has forked over more than \$45,000 in legal fees to a near-Downtown resident for an apparent violation of the California Public Records Act.

Roger Britt, 77, of Point Loma, claims the Airport Authority withheld vital e-mails that would demonstrate how the body "has violated the law by falsely reporting to the public and the state the amount of noise generated by airport operations," according to language in the lawsuit Britt brought against the authority in 2007.

"It's concealment," Britt said. "[The Airport Authority] felt there was some disclosure that they didn't want [the public] to see."

The authority is the governing body for operations at Lindbergh Field, whose flight paths and construction plans are persistent topics of debate among residents of Downtown and Point Loma.

Although authority officials confirmed the court order to pay a portion of Britt's legal fees, airport officials maintain the decision does not mean the authority violated the law.

"Nothing was pulled as exempt from this [information] request," said Lee Kaminetz, authority counsel.

But, according to Kaminetz, other such requests from Britt involve proprietary information exempt from disclosure under the California Public Records Act (CPRA).

In 2006, Britt asked the Airport Authority for every interagency e-mail exchanged between the authority's noise mitigation office and the authority's Quieter Home Program and related agencies of the California Department of Transportation between January of 2003 and July of 2006. The request involved the disclosure of e-mails between several individuals and supervisors in the various departments.

These agencies measure and report noise in the airport's surrounding communities, including Downtown, and are responsible for retrofitting the affected Peninsula homes with special sound-dampening windows and equipment to reduce noise inside the homes.

Britt asked for these e-mails—which can be made available under the CPRA—in their original electronic format so that he could search through them electronically.

According to a statement from Airport Authority representatives, airport officials initially offered Britt seven Bankers Boxes of printed e-mails.

Divulging the e-mails in their original electronic format would require access to a central server and compromise security and information protected under federal law, said Steve Schultz, a spokesman for the Airport Authority.

After about two years of correspondence and litigation, Britt received eight compact discs full of e-mails. Britt maintains, however,

he hasn't received much of the original information he sought.

"They gave the e-mails to me in an alternative format, so I never really got to see the unedited e-mails," Britt said. "That leads me to believe that somebody's hiding these things."

Britt said he wants access to the jet-noise measuring processes used by the Airport Authority. The formulas, however, may be exempt from the California Public Records Act as proprietary software, according to documents.

Britt said he believes there may be discrepancies between the average noise level in the area and the numbers actually reported on the Airport Authority's website and that careful analysis of the formulas may reveal this disparity.

Differences could mean that noise from airport operations could affect more homes than previously thought, according to Britt.

The Airport Authority reports the noise measurements to the California Department of Transportation and the public by way of its website, [www.san.org](http://www.san.org).

Airport officials said Britt's claim is speculative.

"There's no evidence that suggests the [noise measuring] is faulty," Kaminetz said.

In the interim, residents will have to contend with recent developments in the airport's ongoing construction and near-term improvements that could result in a temporary shift in jet departure paths to the south, an area that includes Downtown.



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# This dog's had his day



COURTESY PHOTO

He doesn't look a day over 140 in human years, and he's still got a long way to go. Baxter, the world's oldest working therapy dog, is 19, counting the San Diego Hospice Center as one of his many caregiving venues. The county supervisors like Baxter so much that they proclaimed July 21 Baxter Day and honored him with a plaque. Holding it is Baxter's owner Melissa Joseph; she's flanked by her husband Dennis Bussey (left) and her father Maurice Joseph. Melissa has written a book on her favorite topic, called "Moments with Baxter."





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# Streetsweeps

Notes from the heart of America's Finest City

edited by Martin Jones Westlin

## Man is fatally shot at Balboa Park party

A San Diego man was fatally shot Sunday, Sept. 6 in the Morley Field section of Balboa Park as a party was breaking up.

Brandon Robinson, 23, reportedly was shot while on his motorcycle, next to which officers and paramedics found him Sunday night on Jacaranda Place, just west of Pershing Drive. The motive is not known, but homicide detectives are investigating.

Police are asking anyone with information on the incident to call the homicide unit at (619) 531-2293.

## City to create unit on medical pot law

City Council Tuesday voted to create a task force to study regulations on medical marijuana dispensaries in order to address concerns on public safety.

The council has set Dec. 31 as the deadline for the 11-member group — which will include affected residents, physicians and attor-

neys — to deliver its proposals. Council will appoint the task force members.

The city has no guidelines on the location of such cooperatives. Neither does it require police department approval of their opening.

Ten cities in San Diego County have banned or put moratoriums on pot shops. San Diego isn't on the list. In July, the city suspended approvals for dispensaries.

In 1996, California voters approved a proposition to legalize marijuana for seriously ill patients. The law states that nonprofit medical pot dispensaries are legal if they verify the patients' medical necessity.

## Task force OK's convention center plan

Despite questions regarding funding sources, a task force has approved plans for a \$753 million expansion of the San Diego Convention Center.

The 15-1 vote of Monday, Aug. 31 sends the matter back to City

SEE **SWEEPS**, Page 5

## STRAUSS

CONTINUED FROM Page 1

beer yeast from Karl Strauss Breweries with sugar waste to create an organic concoction called feedstock. The feedstock is then distilled to create ethanol with potable water as a byproduct. The beer yeast, which has a slurry consistency like soft-serve ice cream, can be reused 10 to 20 times before it is spent. GHE currently uses sugar waste from Sunny Delight and is looking to partner with some wineries.

"In a week, we create 2- to 3,000 gallons of spent beer yeast," said Karl Strauss quality control manager Shawn Steele. "It costs us money to dispose of and has not been 100 percent recycled. Now, [GHE] will collect most of that spent beer yeast to recycle."

Both companies look forward to forming the relationship as GHE receives its crucial distillation ingredient for free. In exchange, the Karl Strauss Brewery on Sante Fe Street will receive an E-Fuel MicroFueller free of charge.

According to the GHE website, all the MicroFueller needs to function is a 110-volt electrical hookup, a water supply with a drain and a connection to the internet.

"This process will require three kilowatts of electricity to produce one gallon of ethanol, which, in turn, will create 23 kilowatts of electricity," Earnshaw said.

The distilled ethanol will be stored in a 50-gallon tank that comes attached to the MicroFueller, which owners will be able to pump straight into their gas tanks.

"Our MicroFuelers take up the

same amount of space as a regular washing machine and have pretty much the same requirements to function," Earnshaw said. "Through the Internet connection, each machine will be hooked up on our global networking system."

The connection between GHE and its MicroFuelers means the company will know if its machines need more feedstock or need to be repaired, relieving the owner of much of the stress.

After a quick and inexpensive conversion procedure, ethanol will be safe to use in any vehicle manufactured after 1991, according to Earnshaw.

GHE is prepared to set up and install its trademarked distillation system at any location and keep it filled with an unlimited supply of feedstock. In the case of a repair or malfunction, GHE technicians will be available to perform the required maintenance as well. The warranty lasts for 12 months, and the life span of the unit is estimated at 30 years.

The real obstacle is the cost of a unit, which hovers around \$10,000 for the machine and its installation. Consumers will also be required to pay GHE \$2 per gallon for the fuel, a price that is not expected to fluctuate. According to the GHE website, however, customers will be eligible for federal tax rebates that could reduce the cost to \$6,998. The state also offers a rebate program that could cut the cost even further.

GHE plans to distribute the MicroFuelers to buyers by November and already has orders for more than 100.

For more information, visit [energy.greenhouseintl.com](http://energy.greenhouseintl.com).

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# Contractors take school district to court

By SEBASTIAN RUIZ | DOWNTOWN NEWS

The San Diego Chapter of the Associated General Contractors of America (AGC) filed a lawsuit against the San Diego Unified School District (SDUSD) board of education over part of an agreement between unions and the school district mandating that only apprentices associated with a union can work on about \$2.1 billion worth of voter-approved school construction bond projects over the next several years.

San Diego voters approved Proposition S bonds in November 2008 to repair and improve school facilities and infrastructure.

AGC representatives claim the Project Stabilization Agreement, or Project Labor Agreement, violates California law and discriminates against state-approved nonunion apprentices seeking job opportunities without joining a union, said Brad Barnum, AGC San Diego chapter vice president of government relations. The current agreement would prevent approximately 750 San Diego AGC apprentices from working on future Prop S school bond projects, he said.

"San Diego is very unique in that [contractors] have a thriving apprenticeship program, a very effective, productive program. I don't think the [school board] understands that they'll be shutting that down," Barnum said.

AGC wants the court to stop the school district from "carrying out or enforcing the District's Resolution or policy in any way," according to language in the lawsuit.

AGC is asking the court that the "union-only" apprenticeship requirement be removed from the PSA.

School district board member John de Beck represents an area comprising several beach community schools in La Jolla and Ocean, Mission and Pacific beaches. De Beck voted against the Project Stabilization Agreement because of apparent discrimination against nonunion apprentices. Board president Shelia Jackson, and board members John Lee Evans and Richard Barrera, voted for the agreement. De Beck and board member Katherine Nakamura voted against implementing the agreement July 28 during a SDUSD board of education meeting.

"It isn't fair not to be using apprentices approved by the state [of California]," de Beck said. "I think they should be working for us."

De Beck added that the suit could hold up progress on school construction projects if the court decides to step in and stop all contracts from moving forward while deciding the case. Lawyers representing AGC could not be reached.

The school board, however, has approved the agreement and district staff currently work to implement the language for future contracts, he said.

Tom Lemmon, business manager for the San Diego County Building and Construction Trades Council, said that private contracting groups often sue over Project Labor Agreements.

"This lawsuit has no merit," Lemmon said. "[Courts] have said

that this type of agreement is legal."

In June 2004, seven apprentices affiliated with the Associated Builders and Contractors of California (ABC), a state and national association of private contractors, filed a lawsuit against Orange County's Rancho Santiago Community College District, claiming the community college district's Project Labor Agreement discriminated against nonunion apprentices, according to ABC documents. A federal judge ruled against the apprentices, the ABC said.

As contractors fight to allow state-approved, merit-shop apprentices to work on future SDUSD construction projects, community advocate organizations continue to defend the PSA.

In a statement to the SDUSD board, Corinne Wilson, research and policy analyst for the Center on Policy Initiatives, said agreements like the PSA help set standards for employee healthcare and funnel jobs to communities historically suffering from higher unemployment rates.

More than 29 school bond measures have project agreements similar to the SDUSD's Proposition S Independent Oversight Committee, with union apprenticeship programs graduating a vast majority of minority and female apprentices, according to the statement.

"PLAs (project labor agreements, or project stabilization agreements) are not new," Wilson said. "They're just new to San Diego." ■

## SWEEPS

CONTINUED FROM Page 4

Council for ideas on funding sources, which could include bumps in the city's motel-hotel or food and beverage tax. The prospect of contributions from the Port District and the county is also being weighed.

The new wing would require an average \$49 million in annual funding. The city's convention center agency also needs nearly \$15 million by the end of the year to buy out a lease on an adjacent building. Expansion plans also call for construction of a 500-room hotel nearby.

### Lawsuits are filed to save park plans

A lawsuit to stop construction at the North Embarcadero on San Diego Bay's waterfront was filed in August against the Port of San Diego and the city of San Diego by a group calling itself Citizens for Public Bay and Park Access, said Scott Andrews, a member of the group.

The intention is to save the "Port-promised park on waterfront public tidelands," Andrews said. Construction under way at Broadway Pier for the new cruise ship terminal will displace parklands intended for the area in the Port Master Plan, he said.

"This can be a magnificent signature city park unless the Port cancels it," Andrews said. "Where the city meets the bay, city officials want semi trucks instead of parks."

But the Port intends to continue construction, said John Gilmore, Port of San Diego communications manager, noting that the Port obtained all the necessary permits.

The Navy Broadway Complex Coalition, another citizens group, also filed suit last month against the Port's intention to place a cruise ship terminal on Broadway Pier, said Diane Coombs, coalition co-chair.

"The Port's decision to permanently place a cruise ship terminal on Broadway Pier did away with the plan to build the oval park at the foot of Broadway," she said.

The lawsuit points out that the Port is continuing with the cruise ship terminal in violation of its own master plan, Coombs said.

### Officials told to close flu-affected schools

School officials must close campuses when flu-related absentee levels reach 30 percent, according to the county's public health administrator.

Dr. Wilma Wooten said that while she recognizes the inconvenience school closures cause, the public safety impact is the priority consideration. She added that the precaution is prudent amid a threat of a swine flu outbreak this fall.

Last spring, the county conformed to the national strategy for containing the flu outbreak — shutting down for two weeks schools with probable or confirmed cases of swine flu.

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## EDITORIAL

# Dugard case should spur capital punishment debate

By MARTIN JONES WESTLIN | DOWNTOWN NEWS

On June 10, 1991, 11-year-old Jaycee Lee Dugard was kidnapped on her way to school in South Lake Tahoe, Calif. Today, the whole world pretty much knows what happened after that. Two heads-up UC, Berkeley police employees cracked the case on instinct alone last month, with Dugard and her daughters Angel and Starlet thrust into the spotlight. Dugard and the girls, apparently fathered by Dugard's rapist, are the central figures in a grisly, almost otherworldly tale of captivity, slavery and, happily, joyous reunion.

Phillip Garrido and his wife Nancy allegedly held Dugard and her daughters in their Antioch backyard for 18 years, a compound of tents and heavy flora shielding them from view. There's been some talk about bad police work surrounding that arrangement, chiefly in the person of an officer who didn't inspect the lay of Garrido's land as judiciously as the law allows. That allegation, along with several others inside the mountain of paperwork this matter will generate (including the suspicion that Garrido killed as many as 10 prostitutes), will play itself out in due course, with as ideal a result as Dugard's rescue itself.

But there's a bigger issue at work here—that of the justice society will exact from the Garridos, who as of last week were on suicide watch at the Contra Costa County jail in Martinez. As things stand, they could face multiple life sentences on 29 felony charges. Meanwhile, one newspaper reported that they may be subject to the death penalty. And although that information is inaccurate, it does spark a certain concept of just deserts in the minds and hearts of an outraged public.

I've always been pretty liberal in my sociopolitical views—the way I see it, you only go around once, and I'd prefer a far less provincialized society around me to that end. Capital punishment, however, is an issue I take a certain heed on. It's absolutely true that no person has the right to sit in judgment of another, especially in matters of life and death—which is why we have 12 jurors, not one, and a series of alternates to hear most criminal cases. Moreover, we have decades of trial and error and an avalanche of documentation in our attempts to fit the punishment to the crime; even after all that, capital punishment still stands as a legal consequence in many quarters for the most heinous offenses.

I've been thinking about Jaycee's case a lot because it touches so close to home. Recently, someone very dear to me was horrifically injured at the hands of an ex-boyfriend whose jealousy had inexplicably turned militant. Her recovery is proceeding miraculously; the perp is in for the judicial ride of his life. There's a small, sick part of me that wishes him the gravest of ill in the days ahead—but in this society of laws, governance must come first. It's the *nature* of that governance that may bear new scrutiny. Plea bargains, prison overcrowding, milquetoast judges, confusion over legal rights and responsibilities in the Internet age: All seem to erode the rule of law, under which we enjoy a greater degree of freedom than without it. Dugard's ordeal is an ideal case in point. Garrido broke the law, it's said, by holding her captive for nearly 20 years, during which she may never have seen the light of day except for her work in Garrido's print shop.

If the Garridos (and my gunman) are found guilty, society will have sanctioned what everybody's thinking—that they deserve retribution under the fullest extent of the law. I'm just not so sure the fullest extent is full enough. That decades-long trial-and-error routine featured escalated sanctions amid varying degrees of offense. Likewise, maybe it's time to revisit the capital punishment phenomenon, framing it as a last-resort declaration of our better selves.

## poll

San Diego Unified School District superintendent Terry Grier is being courted for a post at a Houston school district. Should Unified fight to keep Grier here?

VOTE ONLINE AT  
**SANDIEGODOWNTOWNNEWS.COM**



## LETTERS TO THE EDITOR

### Turn Downtown condos into HUD-run housing

There's an old saying about a guy deciding to drain the swamp, which then becomes inundated with alligators. When San Diego allowed thousands of new housing units Downtown, that was a blessing for construction workers, commerce and developers and potentially for property-tax revenue. But the city also got rid of most of the inexpensive housing, used by the hotel maids, janitors, bartenders, cab drivers, cooks and the elderly and disabled.

It ended the housing shortage but created an affordability problem. It also increased the number of homeless ("alligators" in the analogy). Few jobs pay enough to buy a condo Downtown. And if wealthy retirees should [want to] live there, how many of them lost money in stocks and scams and can no longer afford to do so?

I want to see the tens of thousands of vacant residences Downtown run by the federal Department of Housing and Urban Development — the tenant pays \$200 a month and the federal government another \$800 a month. To help this happen, I propose a real estate tax of \$2,000 per month on each vacant unit.

That would help San Diego pay its bills without dreadful cuts [in services]. After all, government spending cuts are the only thing that causes an economic depres-

sion. You think you got lots of alligators now? Keep draining the swamp, and your leg will get bitten with a 45 percent unemployment rate!

John Kitchin  
Alpine

### Flight path changes landscape of region

As reported over the past several weeks, San Diego Lindbergh Field's Taxiway C construction will alter the flight path of westerly aircraft departures. To accommodate timely aircraft operations during peak periods, the traditional 275-degree departure track will be supplemented by an additional 250-degree departure track. This new track will launch jet aircraft directly over a new set of homes, businesses and schools.

The Peninsula Community Planning Board Airport Committee [PCPB] (check out [www.pcpb.net](http://www.pcpb.net)) has been working hard at mitigating the new noise challenges that this change will bring to our community, but with little success to date.

As reported following the PCPB's Aug. 20 meeting, the Federal Aviation Administration (FAA) and the Airport Authority will not budge on their plans to add this more southerly departure path, negatively impacting this new section of Point Loma, near Downtown.

Although the new 250-degree track is allowed by law and has always been available, the airport

has chosen not to use it based on a handshake agreement with the surrounding community years ago. However, FAA manager David Borcalli has stated, "We've never signed anything."

Apparently, the FAA and the Airport Authority are determined to break this handshake agreement and implement a new swath of noisy departures. In my 13 years living in Loma Portal, I had, until last week, never seen a jet depart Lindbergh south of the 275 track, but that's now changed with the taxiway construction. And once the additional gates and capacity are added to the airport over the next several years, these 250-degree departures will become commonplace. Going forward, this issue's negative ramifications have the potential to grow exponentially. We are fortunate that Taxiway C construction has afforded us an opportunity to develop long-term plans.

I implore Point Loma residents to challenge this additional noise signature across our neighborhoods. The Quieter Home Program does not account for this southwesterly track, so our homes, businesses and schools will surely feel the brunt of this wholesale change to the area's landscape.

If a handshake agreement isn't strong enough, let's get something in writing to protect our property values, businesses and quality of life.

Robert Bates  
Loma Portal resident, airline pilot, naval aviator

SAN DIEGO  
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# Melody Makers brings centuries-old tradition to street level

By **RONAN GRAY AND  
MARTIN JONES WESTLIN**  
DOWNTOWN NEWS

Katie O'Neill is a precocious 12-year-old—the picture of the all-American pre-teen, complete with freckles and braces. The Lewis Middle School seventh-grader rolls her eyes as she answers questions about the Melody Makers music group, an informal collection of friends she put together two years ago. During the school year, they perform a variety of selections, from classical to pop, at local retirement homes on the last Friday of each month.

On this particular Friday evening, the venue is the St. Paul's Villa assisted living center on Fourth Avenue Downtown. A jet roars through the darkening evening sky on final approach to Lindbergh Field. Purple Jacaranda petals cover the sidewalk in front of the 122-unit venue, which houses upwards of 110 clients at a time. O'Neill and her mother, Jennifer Coburn, are waiting in the comfort of some overstuffed chairs in the quiet, ornately carpeted lobby.

Melody Makers started around the end of the 2007 school year, O'Neill explained, speaking clearly and precisely, without the use of the ubiquitous "like" that seems to pepper the conversations of many children her age. She was doing a project with the Girl Scouts at the time, a project that made her think about some sort of community service work in the area.

"I'd been taking piano lessons since I was about 8, and that was

around the time that they were starting to get more interesting—not just scales and stuff," she said. Trying to combine her desire to help the community with her passion for music, she came up with the idea for Melody Makers.

"I realized that I had a ton of friends who could all play piano or another musical instrument," she said.

Finding enough friends was no problem, and, with the help of her mother, O'Neill set about contacting hospitals and retirement homes in the area. O'Neill emcees each event and galvanizes everyone in advance by sending reminder e-mails and creating an event program with the performers' names and pieces. Coburn and another mom contact the homes and arrange for the children to come in each month.

Karen Kerhin, St. Paul's Villa administrator, reported that the venue's average age is 88. A trove of experience resides in such a collective, she said—and awakening that experience is a key component of the residents' comfort.

"When we have music groups come in," Kerhin explained, "we'll often have them play music from the era the residents are from. That [awakens] memories, and that gives them a better sense of well-being."

St. Paul's also hosts an intergenerational meet-and-greet program, wherein elderly clients make contact with others from succeeding generations. "A lot of times, the residents can't have their great-grandchildren here. The program



PHOTO BY RONAN GRAY | DOWNTOWN NEWS

**Katie O'Neill is all concentration as she flourishes on the piano at St. Paul's Villa assisted living center Downtown. The Lewis Middle School seventh-grader spearheaded the Melody Makers music group, which performs for patrons at area retirement centers.**

lets them connect with younger people," she said, furthering social contact and the pleasant memories that evolve therefrom.

But the real miracle is in the music. Wholesale studies reflect the art's vital role in lifting the spirit and in healing certain psychological and physiological imbalances. Increased awareness of these findings has taken on a certain refinement in professional circles in the form of the Certification Board for Music Therapists, a Downingtown, Pa. institution that credentials and recertifies more than 4,500 Certified Music Therapists (CMTs) nationwide.

"Anytime you smile at a senior," Kerhin said, "it brightens their day. The music makes it even better."

On this evening, 10 children ranging in age from 7 to 15, CMTs in their own rights, have arrived. All are ready to play one or more pieces on the piano, violin or flute. The residents of St. Paul's have begun to file into a spacious ballroom next to the lobby, where several rows of chairs sit next to a wooden dance floor. In the far corner, beside a pair of French doors that lead to the central courtyard, a large white grand piano faces the room.

The front row is empty. The

seats behind are sparsely filled with gray-haired ladies and two elderly men as O'Neill gets things under way. She introduces herself, explains what the group is and why it's here. She introduces the first performer, 7-year-old Aubrey Hanna, who strides across the room and disappears behind the huge piano. From the far side of the room, only a tiny pair of legs is visible, swinging beneath the bench as the music begins.

The skill level varies from child to child, but each receives a hearty round of applause from the audience and the back row, filled with beaming parents. The residents seem genuinely pleased to have the young people come in and perform.

"They're always great," said one lady. "It's a delight to have them here every time."

And both groups made out like bandits this time. It turns out, Kerhin said, that "everybody got to taste each other's cookies" as patrons and players had brought the treats for the other, not knowing each was bearing the same gift.

Afterward, O'Neill makes her way through the rows, speaking with each resident. She makes sure the reporter has spoken to each child and checks that everyone's name has been spelled correctly. Then she insists that they all sit for a group portrait.

The Melody Makers "are always looking for more people," said O'Neill. She can be reached at [katieonell@cox.net](mailto:katieonell@cox.net). Jennifer Coburn's e-mail is [jencoburn@cox.net](mailto:jencoburn@cox.net).

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## Campland Flashback

Get out your bell bottoms, tie-dye shirts, Glove beads and headbands, because Campland on the Bay is going back to the late 1960s on Saturday, Oct. 10. Opened in 1969, the popular RV park and campground will celebrate 40 years of family fun on the bay by rocking to sounds of the 60s at a live concert featuring Beatles-tribute band, Rockola.

The event, called Campland Flashback, is free and open to the public and also will feature family games and contests during the day. The groovy concert will include far-out opening guests performing music of the 60s and will be staged in Campland's Central Park from 6 to 9 p.m.

Admission to the concert is free, and if ride your bike, skateboard or scooter to the park at 2211 Pacific Beach Drive, you'll avoid a \$10 per car on-site parking fee. Oh, and by all means, don't forget your puka shells.

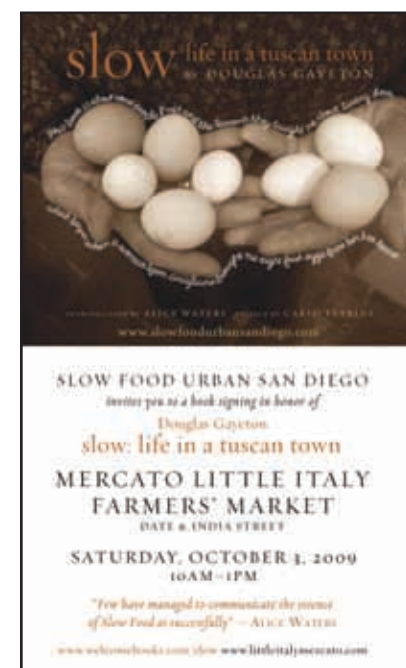
**For more information, visit [www.campland.com](http://www.campland.com).**





## Douglas Gayeton book signing at the Little Italy Mercato

Douglas Gayeton, a California author and artisan food producer, will sign his new book "Slow: Life in a Tuscan Town" at the Little Italy Mercato farmers' market on Saturday, October 3, from 10 am to 1 pm.



The book tells the story of rural Italian life in sepia toned collages, recipes, quotes and history and its relation to the Slow Food movement that started in Italy and has contributed to the growth of organic farming, farmers' markets, and chefs who concentrate on local, natural food.

Chef Pete Balistreri of Tender Greens, whose grandparents grew up in San Diego's Little Italy, will demonstrate recipes from the book during the event, which benefits local organization Slow Food Urban San Diego.

Books will be on sale from 9 am to 1:30; Gayeton will be on hand to read and sign copies from 10 am to 1 pm, and Balistreri will demonstrate Italian cooking from 11 am to noon. It's all at the Little Italy Mercato, offering 4 full blocks of farm fresh and artisan foods on Date Street from Kettner to Union, every Saturday year round, rain or shine. For more info: [www.littleitalymercato.com](http://www.littleitalymercato.com)

## Burger Lounge opens their 4th location in Little Italy



San Diego, CA- Burgers are making their way on Little Italy's main street: Burger Lounge, the San Diego-based restaurant serving organic, grass-fed beef, veggie, and turkey burgers in a retro meets modern setting, has opened on India Street.

The Little Italy location is Burger Lounge's fourth location, joining the company's La Jolla, Kensington and Coronado locations.

Dean Loring, owner of Burger Lounge, announced, "We've had our eye on a Little Italy location since we opened our first store in La Jolla. We feel our concept will add a new twist to Little Italy, which is an ever dynamic and cherished neighborhood of San Diego."

The Little Italy Burger Lounge is open for

lunch and dinner, serving a menu featuring all-natural beef TallGrass burgers, house-cut fries, authentic milkshakes and root beer floats, wines and beers, organic salads, and home-made cupcakes.

"We have a simple, pure concept," says Jim Little, executive chef of Burger Lounge. "Serving healthier products while respecting the environment are qualities we find our customers demand and truly enjoy."

The Little Italy Burger Lounge is located at 1608 India Street.

### About Burger Lounge

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hand cut French Fries, and signature bun recipe, Burger Lounge's quality is top-notch and unmatched. Located throughout San Diego's eclectic neighborhoods, Burger Lounge's contemporary design, welcoming patios, and outgoing staff beckon patrons to savor a moment and taste how good a casual lunch, late night burger or a mid-day snack can truly be.

Ten items make up Burger Lounge's simple menu of burgers, salads, and sides, in addition to soft drinks, beer and wine, and classic milkshakes and root beer floats. At Burger Lounge, fast food has been transformed.

To learn about Burger Lounge, visit their website: [www.burgerlounge.com](http://www.burgerlounge.com)



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## Wet, Wild, Workout!

FIT & FAB  
IN DOWNTOWN

By Connie Cook | Guest Columnist

There is a place where Speedos abound that is not creepy, gross or scary. As hard as that might be to imagine, given the bad rap the skin hugging swimsuits have garnered over the years, imagine Michael Phelps poolside in his weenie bikini. He's coaching you to tread water faster in an effort to raise your heart rate as you struggle to make it through your first Aqua Fit class. Suddenly, his Speedo becomes your personal motivator. It takes on a whole new perception and successfully raises your heart rate; and so do workouts in the water.

I recently participated in my first water workout in over 15 years and was amazed how it had changed. No more swaying to the music, riding water weenies up and down the pool and treading water with buoyancy belts on. What I experienced was way more challenging and much more fun than I imagined it would be.

Not one to work out alone, I asked our Aqua Fit instructor, Brooks Hollan, if he would teach my boot camp a private class one Saturday when we were scheduled to go to the park. When I told my boot camp we would be meeting poolside, they were a bit skeptical at first. They were used to running and jumping and climbing stairs and didn't think the pool workout would be that hard.

HA!

Twenty minutes into it, after jogging in the pool, treading water with our hands over our heads (with NO buoyancy belt to help keep us afloat), pushups on the side of the pool and plyometric jumps in the pool, we still had 40 minutes to go! So, like fish out of water, we continued our journey deeper into the water workout from hell. Laughing at ourselves and each other for even considering the workout wouldn't be "hard enough" for us, we moved onward like true boot camp soldiers and got our butts handed to us.

Most people who work out in the water will tell you some of the benefits of the workout include: very little impact to your joints (which is great news for those who may suffer from arthritis, a previous injury, or may just be a little clumsy on the land); the water itself provides resistance for your workout fifteen times greater than that of

air due to its natural viscosity, and a water workout can also be a great "recovery" workout for athletes who still need to train on their day off, but without any pounding on their joints. That being said, don't be fooled, this particular class was not a "kinder, gentler" workout.

So it came time to see how much we remembered from swimming lessons of years gone by. Brooks (who sports his own very hot speedo and looks very hot in it) divided us into teams and we had relays across the pool and back (luckily Fit's pool is more of a lounging pool than a true swimming pool, otherwise I would have sunk like a rock!). We all got our game on and kicked and crawled and butterflyed to the best of our abilities. As it turned out, some were much better swimmers than others. So my group (the not so great swimmers) secretly wished a few bathing suits from the other team would drop in the middle of our laps so we could at least have a fighting chance. But once Brooks brought out the kickboards, we redeemed ourselves.

Since any good workout session includes some great ab work, we knew there was more to come. Partnering up, one person was instructed to sit poolside and the other person was in the water. The person sitting poolside held the legs of

the other while the person in the water performed sit-ups from under the water, upside down against the wall. With all your might you power yourself up from below to the side of the pool, to almost a cool 180 degree sit-up. The water provided a lot of resistance and it turned out to be a very unique ab workout.

We ended the workout with grueling pool-side dive-bombers, 400 scissor kicks and 200 of some exercise lying on our bellies mimicking swimming motions.

That was killer move for our backs and shoulders. It was challenging, fun and exhilarating. All in all Brooks Aqua Fit class gave us a whole new respect for water workouts, swim training and of course speedos.



Connie Cook "C2"  
Fitness Director  
Fit Athletic Club

## Book: D'town had its growing pains

By ADRIANE TILLMAN | DOWNTOWN NEWS

Kevin Starr, California state librarian emeritus, historian and professor, has completed another volume — this one featuring Downtown's struggles with reinvention — in his epic series on California, titled "Golden Dreams: California in an Age of Abundance," which chronicles California from 1950 to 1963.

Donning a pink and black striped bowtie, Starr spoke about his book at the Museum of San Diego History, Balboa Park, on Wednesday, Aug. 26.

Attending a lecture by Starr is worth the effort; he glides through the eras with such gusto and confidence (he could hang each sentence on its date if called upon) that he also brings humor and clarity to his talks and inspires the audience to read on.

Starr taps into San Diego's love-hate relationship with its big-city status.

"In the decade to come, San Diego would replay this ambivalent drama of growth versus stasis, smokestacks versus geraniums," Starr writes. He runs through the lives of the movers and shakers that launched San Diego into big-city status in the 1950s despite its dwellers' reluctance.

C. Arnholt Smith was a real estate baron, bank owner and shipbuilder who helped fishermen ditch their bamboo poles for nets to compete with the Japanese fishing industry. Roger Revelle built a top-down research university, and spurned a biotech kingdom, on the pueblo lands above La Jolla.

"Navy officer, scientist, power player, social lion: Roger Revelle emerged in the 1950s as the embodiment of San Diego value, La Jolla style, just as C. Arnholt Smith epitomized the downtown establishment. San Diego was expressed in each of these men," he writes.

In this era, Downtown struggled to reinvent itself from an intimate harborside city to a corporate, high-rise city core. Voters rejected plans to accept or acknowledge growth. They said no to a proposal for a city-county administration building near San Diego Harbor in 1947. They rejected a sewer bond for \$16 million to curb pollution in the bay in 1954. In 1956, they rejected plans to build a conven-

tion-civic center Downtown.

Alas, Starr's portrayal of San Diego in the 1950s strikes a cord today: "It could be said, through the 1950s, that San Diego was a privileged provincial place: a city, enjoying the cultural amenities of urbanism — an impressive central park with a restored Spanish Revival complex of museums at its center, a world-class zoo, an internationally ranked oceanographic research center, a state college, a private Catholic university, an orchestra, a civic light opera company, a flourishing tradition of little theater, while at the same time remaining (so it told itself frequently) a laid-back kind of a place, blessed with the best climate in the nation."

## The second time around



COURTESY PHOTO

A couple endowed with the best of artistic sensibilities takes in one of the pieces at last year's ArtWalk on the Bay, spawned amid the success of its Little Italy counterpart every spring. This year's fete, to be held Saturday and Sunday, Sept. 12 and 13 at Embarcadero Marina Park North, features painting, sculpture, glasswork and jewelry for sale; more than 30,000 are expected to attend.



## 'Scene' scenes

Clockwise, from left: Cake cooks, Rhymes raps, Modest Mouse moans and Dead Weather wails at Street Scene 2009.

PHOTOS BY CASEY DEAN | DOWNTOWN NEWS



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Connie Cook & Diamond Dallas Page at Fit

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Alix Alderman & Max Dworkin at Fit Bootcamp in Rosarito



Jess Williams at The Glass Door



Stacey Looney & Dani Martin at Suite & Tender



Kathy, Paul & Gian-Luca Corona at Fit Bootcamp in Rosarito



Jason Gregory & Bert



Lisa Padilla & Jeanette Finete at El Vitral



Class in session at W's Fashion Runway Experience



By DIANA CAVAGNARO

The W Hotel was the location for a Fashion Runway Experience on Aug. 13. The reception included three presentations from local fashion schools. Fashion Institute of Design & Merchandising displayed a denim installation on mannequins and chairs. The Art Institute of California modeled its water-themed pieces from the Liquid Runway fashion show held in May. Fashion Careers College showcased costumes from its upcoming presentation at the Timkin Gallery. The crowd gathered in the lobby to watch the fashion show on the second floor. The audience looked upward as models strutted across the upper-level balcony used as the runway. This fast-paced show ended with the "noir" collection by featured designer Qadir Hamidi. Co-chairs for the event were Daran Grimm and Ron McMillan. KUSI-TV morning anchor Sandra Maas was master of ceremonies. KUSI's "Style Guy" Leonard Simpson produced this creative show. Proceeds go to the Southern California Chapter of Childhelp. This nonprofit charity helps victims of child abuse and neglect and at-risk-children. For more information call (800) 4-A-CHILD.

Haute with Heart

St. Madeleine Sophie's Center presented Haute with Heart at the Sheraton San Diego Hotel & Marina on Aug. 22. The 32nd annual fashion show and luncheon began with a social hour and boutique shopping. Sophie's Gallery was one of the featured boutiques, with pieces of art for sale created by the talented students at St. Madeleine Sophie's Center. Carol Lebeau welcomed the audience with opening remarks, after which a live auction was presented while everyone ate their lunch on tables set with beautiful fresh roses arranged by Jasmine Creek Florist. It seemed the event's favorite live auction item was an AKC-registered Labrador retriever. This darling Lab won the hearts of the audience. "Style Guy" Leonard Simpson from Fashion Forward produced this fashion show. The well-orchestrated event began with community leaders, such as honorary chair Sally Thornton, making a special appearance on the runway. The show was very entertaining and included several song and dance numbers. Proceeds from the show go to students at St. Madeleine's Center. These students are adults afflicted with developmental disabilities, and St. Madeleine's provides a "Life Program" of classes and seminars to help them to live life to the fullest. For more information call (619) 442-5129.

'Project Runway' designer

On Aug. 20, TRIAX Associates invited me to a private party featuring one of their clients, GOGA by Gordana. Gordana Gelhausen is a contestant on the reality TV show "Project Runway" and operates a retail store called GOGA on the corner of 4th and Market streets. This invitation-only party was held at the spacious venue FixturesKB. The guests had fun shopping for GOGA's creative designs in a boutique just for them. As the night progressed, everyone was able to watch the airing of the first episode of the sixth season of "Project Runway" on a jumbo screen. When the cheering finally wound down, a fashion show got under way showcasing GOGA's upcoming spring 2010 collection. The audience was allowed to ask Gelhausen questions, and she shared some of her experiences on the show. Triax Associates is a marketing company located at the Burnham HouseIts clients include Michel Benaroch Hair Studio, Uni.K.Wax Center, Mane Tain Beauty Boutique and Jade Phoenix Designs. The services are the brainchild of Lena Evans, Mary Beth Kellee and Mary Ellen Wengler.



PHOTO BY DIANA CAVAGNARO | DOWNTOWN NEWS

The Runway Experience was a runaway success Aug. 13 at the W Hotel.

For your information...

Sept. 17, The Costume Council of the San Diego Historical Society presents Fabulous Fashions: San Diego Style in the Spreckels Organ Pavilion, Balboa Park. (619) 232-6203. Sept. 19, A New PATH will present the fifth annual Strut for

Sobriety! luncheon and fashion show at the Westin Gaslamp Quarter. Event includes PATH to Recovery awards, boutique, silent auction and fashion show Gretchen productions. (619) 670-1184. Sept. 24, The Country Friends will present the 54th annual Art of Fashion show at The Inn at Rancho Santa Fe, with fare by South Coast Plaza. (858) 756-1192, ext. 4. Oct. 1 through April 1, 2010, The Costume Council of the San Diego Historical Society presents San Diego Style, curated by Timothy

Long. (619) 232-6203. Diana Cavagnaro is a noted hat designer and milliner. She has been operating a fashion business for 27 years, the last 17 years in the Gaslamp Quarter. She teaches at the fashion department at San Diego Mesa College. Diana is a member of the Gaslamp Quarter Association, the American Sewing Guild, the San Diego Costume Council and the Fashion Group International. www.aheadproductions.com.

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- ACROSS 1 Scenes from a movie 6 Raised 11 Revealed 16 Chimp's cousin 21 Kitchen appliance 22 Explosive stuff, for short 23 Playing marble 24 -plexus 25 Rose oil 26 Stoneworker 27 Inner tube shape 28 Barrel part 29 Chemin de - 30 Muffin variety 32 Bathing or diving 34 Town in Minnesota 36 Kitty 37 Fast gait 39 Egyptian goddess 41 Related 43 Before 44 The Sooner State (abbr.) 45 Cutting tool 48 Tidy 50 Perpetually 52 Disfigure 55 Toy on runners 57 Watch part 59 Mystery writer - Christie 63 Of sheep 64 Amuse 66 Shameful 68 Spitz or Wahlberg 69 Domesticated 70 Point a weapon 72 Work dough 73 Annoy 74 Publishing employees (abbr.) 75 Source of poi 76 Less coarse 78 Tin 79 Floating ice mass 80 City in Michigan 82 Write 83 More broad 85 Mixture 86 Hooting creature 87 Get brown in the sun 88 Chubby 89 So-so grade 90 Bruckner or Chekhov 93 Opera by Puccini 95 Crafty 96 Sovereign ruler 100 Turnpike 101 Chicle 102 Fill with gladness 104 Rigging support 105 Levin or Gershwin 106 - tide 107 Citified 109 Paid athlete 110 After-dinner candy 111 Iridescent stone 112 Relieved 115 Undoubtedly 117 Alla - 118 Looked 119 Leave unmentioned 121 Small monkey 122 Meadows or Hepburn 123 Crafted 125 Racetrack shape 127 French painter 129 Curds and - 132 - of luxury 134 Remotely 136 Short letter 137 Wholly absorbed 141 Garment border 142 Cap 144 An amphibian 146 "Moby Dick" captain 148 Armed conflict 149 Word of greeting 151 Artless 153 Smell 155 Degrade 157 Metric measurement 158 Brilliance 159 Mutineer 160 Hospital employee 161 Put forth effort 162 Greek letter 163 Pigs 164 Terminated
- DOWN 1 Skilled trade 2 Afterward 3 Musical passage, for short 4 Sports org. 5 Eastern European 6 Expose 7 Very softly, in music 8 Liquid measures (abbr.) 9 Greek god 10 Sinker 11 Fought 12 In the past 13 Hard to find 14 Composition for piano 15 "A Streetcar Named -" 16 Greek peak 17 Decompose 18 Word of woe 19 Of warships 20 Garbo or Van Susteren 31 Paddy plant 33 Charged particle

CROSSWORD PUZZLE COMPLIMENTS OF STUDIO DENTISTRY (SEE ABOVE)

DARKO

CONTINUED FROM Page 1

gence and original vision. What we've been missing is Jerry Patch." Patch left The Globe for the Manhattan Theatre Club in 2008. Tresnjak, who had been named co-artistic director with Patch, became the resident artistic director but never artistic director, and now he is leaving, too, according to the theater's July 10 announcement. An interview request went unfulfilled. According to a spokesman for the theater spokesman, Tresnjak has been on vacation since the final work in the summer repertory, his staging of "Coriolanus," which opened July 5. Tresnjak is also represented this summer at the Globe by "Cyrano de Bergerac," which closes on Sept. 27. Tresnjak deserves every rhapsody ever sung about his work. I remember the accessible Tresnjak coming to an interview the first year of the Shakespeare festival, lugging his enormous production book. He was so enamored of imagery that sometimes he went a bit too far, but he was always worthy of forgiveness. Even his most outrageous excesses were brilliant. He is a sweet, giving soul, filled with love of the art. His leaving is a great loss for The Old Globe and a great tragedy for the city of San Diego. This writer trekked to the Los Angeles Opera for his production

of "The Birds," whereupon he exclaimed, "Oh, it is so good that someone from home came to see my opening!" She will undoubtedly trek to Oregon Shakespeare Festival next summer to see his "Twelfth Night." Over six festival seasons, Tresnjak developed a core company of much-admired actors, among them Celeste Ciulla, Charles Janasz, Katie MacNichol and Bruce Turk. When announcing Tresnjak's departure, Globe executive producer Louis Spisto also announced the appointment of former Royal Shakespeare Company artistic director Adrian Noble as artistic director of the Old Globe Shakespeare Festival for the summer of 2010. Hopes are high for the acclaimed Noble. Meanwhile, Tresnjak will be fine between directing the classics and opera. He made his London debut last season with a critically acclaimed production of "The Merchant of Venice," which he originated at New York's Theatre for a New Audience. Think about the excellence of Tresnjak's productions at The Globe: "The Pleasure of His Company," "All's Well That Ends Well," "Bell, Book and Candle," "A Midsummer Night's Dream" and "Titus Andronicus." Some live only in memory. But there is still time to catch "Cyrano" and "Coriolanus" before the season ends in September. Check them out at www.theoldglobe.org or phone (619) 23-GLOBE.



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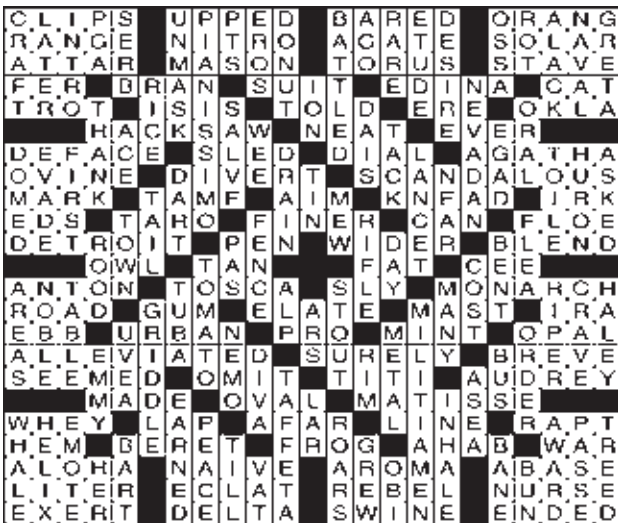
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# OPEN HOUSE directory

### LA JOLLA

Sun 1-4pm	1334 Caminito Arriata	4BR/3BA	\$1,000,000-\$1,500,876
Sun 12-3pm	748 Archer	2+BR/2.5BA	\$1,249,000
Sun 1-4pm	7194 La Jolla Scenic So.	4BR/4BA	\$1,595,000
Sun 2-4:30	1667 Calle Alta	5BR/2.5BA	\$1,600,000
Sun 1-4pm	1471 Caminito Batea	3BR/3.5BA	\$1,700,000-\$1,849,876
Sun 1:30-4pm	1265 Park Row	3BR/2BA + 1BR/1BA Guest House	\$2,150,000
Sun 1-4pm	1663 Bahia Vista	4BR/4BA	\$2,450,000
Sun 1-4pm	7271 Carrizo	5BR/6BA	\$3,900,000-\$4,350,000
Sun 1-4pm	1949 Paseo Dorado	6BR/7BA	\$4,100,000
Sun 1-4pm	5380 Calumet Ave.	4BR/2BA	\$5,450,000

### PACIFIC BEACH / MISSION BEACH

Tu, W, F 12-4pm	924 Hornblend	2BR Units	\$519,000-\$556,000
Sat 11am-4pm	924 Hornblend	2BR Units	\$519,000-\$556,000
Sat 12-3pm	1022 Felspar	3BR/3BA	\$598,995-\$648,995
Sat 1-4pm	1420 Missouri St.	3BR/3.5BA	\$925,000
Sun 1-4pm	4316 Dawes	3BR/2BA	\$598,000
Sun 12-3pm	1022 Felspar	3BR/3BA	\$598,995-\$648,995
Sun 1-4pm	1836 Reed Ave.	3BR/3BA	\$659,000
Sun 1-4pm	1076 Opal St.	3BR/3BA	\$675,000
Sun 1-4pm	5317 Westknoll	3BR/2BA	\$850,000

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### PACIFIC BEACH / MISSION BEACH, cont.

Sun 1-4pm	822 Nantasket Ct.	2BR+ Room/2BA	\$895,000	Lawrence Tollenaere • 858-740-1011
Sun 1-4pm	1420 Missouri St.	3BR/3.5BA	\$925,000	Team Frager-Hixson • 858-405-9100

### POINT LOMA / OCEAN BEACH

Sat 11am-4pm	425 San Geronio St.	10000 Sq Ft	\$1,350,000	Robert Realty • 619-852-8827
Sat 11am-4pm	821 Armada Terrace	4BR/3BA	\$2,500,000	Robert Realty • 619-852-8827
Sun 11am-4pm	425 San Geronio St.	10000 Sq Ft	\$1,350,000	Robert Realty • 619-852-8827
Sun 11am-4pm	821 Armada Terrace	4BR/3BA	\$2,500,000	Robert Realty • 619-852-8827

### UNIVERSITY CITY

Sat & Sun	10am-4pm	4070 Porte La Paz #16	2BR/1BA	\$3,800,000-\$3,950,000
Suzy Davis • 805-340-2814				
Sun 1-4pm	5339 Renaissance	3BR/2.5BA	\$675,000-\$750,876	David Schroedl • 858-459-0202



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**Downtown · “Harbor Club”**

You'll want to make this lovely residence your home or home-away-from-home! Featuring stunning views to the South and East, it enjoys an oversize view terrace and two terrific parking spaces near the entrance. This resort-style community is located in the heart of the Marina District. For full details in a recorded message,

**call 1-800-709-1995, Ext. 5109**

**Downtown · “Renaissance”**

Boasting one of the best water views in the Marina District, this 20th-floor penthouse-level residence features over 2,000 square feet! Original owner recreated the interior by creating an open living space and a gourmet kitchen to die for! Four balconies and dual side-by-side parking, too! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5469**

**Downtown · “Meridian”**

Nothing compares—approximately 40 staff members ensure the ultimate in luxury living in an urban environment! This unique residence in the premium southwest corner of the community features 180-degree water views, an open floor plan designed for entertaining and easy living, and top-quality finishes throughout! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5499**

**Downtown · “Electra” Builder Close-Out**

Bosa Development has selected us to market their few remaining luxury residences at one of Downtown's most unique and desirable residential communities! Boasting stunning views, elegant finishes, and common amenities par excellence! Take advantage of these blow-out prices today! Starting at \$599,000! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5139**

**Downtown · “Pinnacle”**

Come experience the vibrant lifestyle downtown and fall in love with the Marina District's newest luxury high-rise development “Pinnacle Museum Tower”! This 21st-floor Southwest-facing residence boasts views to the Coronado Bay Bridge and Bay, dual balconies, expansive stone floors and granite kitchen and baths, & 4-car secured parking! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5159**

**“Segal Live/Work Rowhome”**

Truly one-of-a-kind, this award-winning masterpiece offers the ultimate in urban living! Ideally located in the Marina District, the residence includes approximately 2,300 square feet of “hip” architecture PLUS a separate, 700-square-foot work loft/ granny-flat, or entertainer's mecca, with home-theater & wet-bar. A “must see”! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5479**

**Downtown · “Electra” Penthouse**

It doesn't get much better than this and definitely doesn't get any higher in the stratosphere! Featuring the premium northwest corner of the top-floor of the highest residential building downtown, this amazing property has it all! Did we mention the view? For full details in a recorded message,

**call 1-800-709-1995, Ext. 5429**

**Downtown · “The Grande”**

Priced under all others in the community with this desirable, 1,944-square-foot floor plan, this elegant, 2-bedroom + den, 2-bath boasts stunning views from its southwest corner locale! You'll love the walnut flooring throughout, upgraded kitchen granite, dual balconies and parking spaces, and upgraded lighting! \$565 per sq. ft! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5099**

**Coronado Cays**

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**call 1-800-709-1995, Ext. 5209**

**Downtown · “Breezea”**

Brand new construction, choose from the ideal “starter” one-bedroom to the premier, southwest corner, 3-bedroom, 2-bath residence with stunning water and bayfront views! The heart of the community is its center courtyard, complete with a pool and spa, scenic patios and lush, tropical landscaping! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5069**

**Downtown · “Watermark”**

This elegant residence in one of the Marina District's landmark communities includes almost 1,500 square feet with an abundance of quality upgrades throughout! Mere steps to Pantoja Park! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5049**

**Downtown · “CityFront Terrace”**

This unique 2BR residence features a prime location overlooking the community's urban canyon + views to the north from the opposite side! It also enjoys an oversize terrace overlooking the city sights and a second terrace on the canyon side! Priced right! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5559**

**Downtown · “Pinnacle”**

This great northwest corner residence boasts approximately 300 square feet of private terrace space, gleaming stone surfaces in the kitchen and bathrooms, and active city views! Pinnacle Museum Tower enjoys a privileged location in the heart of the Marina District! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5509**

**Downtown · “Harbor Club”**

You'll love this perfect pied a terre in the Marina District's premier, resort-style, luxury high-rise community! The residence boasts panoramic southeast corner views to the Coronado Bridge, Bay, and Petco Park, an elegant granite kitchen & an oversize view terrace. Enjoy! For details in a recorded message,

**call 800-709-1995, Ext. 5269**

**Downtown · “Pinnacle”**

You'll love the exciting lifestyle at one of the Marina District's most sought-after, luxury high-rise communities! This beauty boasts a prime Northwest corner location, dual balconies, custom lighting and paint, luxurious marble flooring, granite and stainless kitchen with gleaming Snaidero cabinetry, and dual parking! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5179**

**Downtown · “Watermark”**

Hold onto your hats, you will LOVE this elegant, beautifully re-crafted and remodeled beauty, complete with 2+ bedrooms, 2 baths, over 1550 square feet, rich stone surfaces and high-quality appointments throughout, including Merano glass lighting, dual parking spaces, and a covered terrace accessed via the living area as well as the master suite. Stunning! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5189**

**Downtown · “Marina Park”**

One of the Marina District's originals, this popular mid-rise community boasts dual pool, a staffed lobby, and lovely, mature landscaping. This expansive 2-bedroom, 2-bath residence in a quiet location includes granite kitchen and a real, working fireplace! Dual secured parking spaces and a multitude of guest parking! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5029**

**Downtown · “Marina Park”**

This top-floor cutie has been upgraded with rich hardwood floors, custom paint-tones, and a pristinely-presented interior! Perched in a quiet location in a low-density, beautifully manicured community with HOA fees under \$500! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5299**

**Downtown · “The Grande”**

This super northwest-facing two-bedroom in the south tower of the Grande features lovely views, a pristine, freshly-painted and newly-carpeted interior, gleaming granite and stainless kitchen, and a community lifestyle to envy! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5129**

**Downtown · “Renaissance”**

Boasting a premium north-facing location away from the usual train/trolley urban sounds, this expansive two-level town home is truly priced to sell! You'll enjoy gleaming hardwood floors and dual side-by-side parking spaces! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5459**

**Downtown · “235 on Market”**

Take advantage of this well-priced SHORT-SALE with 2-bedrooms/ 2-baths, and a premium end-unit locale overlooking the community courtyard in a prized Marina District location! You'll enjoy a granite kitchen, a private balcony overlooking the urban sights, dual parking, and an organized walk-in closet in the master! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5199**

**Downtown · “La Vita Short Sale”**

Take advantage of this super opportunity to own a pristine starter property in Little Italy's premier residential community with superb north-facing views over the scenic courtyard! Walk to everything the village offers from this ideally-located property! For full details in a recorded message,

**call 1-800-709-1995, ext. 5089**

**Hillcrest · “Coral Tree Plaza”**

Boasting incredible, 180-degree views to the west, south and east, this elegant penthouse features a wrap-around balcony taking in the views, a remodeled interior, and a lifestyle like none other! Over 2,300 square feet of luxury! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5169**

**Downtown · “The Legend”**

Ideally situated at the entrance to Petco Park, this fabulously-upgraded residence owned by a stone-mason overlooks the playing field as well as the Park at the Park! Don't delay! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5079**

**Downtown · “La Vita”**

This fabulous SHORT SALE opportunity boasts 3 bedrooms, 2 baths, 2 expansive terraces, an ambient fireplace, and 2 parking spaces! A terrific buy! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5519**

**Downtown · “Discovery”**

Take advantage of this fabulous SHORT-SALE on the 14th floor on Cortez Hill's premier community! Boasting south-facing views to the Coronado Bridge and a multitude of interior upgrades, this one should not be missed! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5019**

**Golden Hill · Hist. Victorian + Income**

Originally constructed as a single-family home and modified into four income-producing units. Conveniently located to downtown, one of the units spans the entire top floor of the property, and includes 3 bedrooms, an updated kitchen and bath, and lovely views of the downtown skyline and Coronado Bay Bridge—perfect for an owner-occupant! Off-street parking for 4 vehicles. Truly special! For full details

**call 1-800-709-1995, Ext. 5249**

**Bankers Hill · “Century Plaza Towers”**

Enjoy almost 1,500 square feet of upgrades in the area's landmark luxury high-rise near Balboa Park! Featuring dual parking spaces and brand new Plantation shutters throughout, this pristine residence also includes a full-size laundry room, lovely views from its northeast corner location, and a private terrace! For full details in a recorded message,

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SAN DIEGO  
**RESTAURANT WEEK**

SEPTEMBER  
13-18 2009

SanDiegoRestaurantWeek.com

# Fifth Restaurant Week features fine food for folks on fixed funds

By **LORALEE OLEJNIK** | DOWNTOWN NEWS

Despite the economy, local restaurants fare quite well during San Diego Restaurant Week. San Diego's culinary showcase returns for its fifth installment Sunday, Sept. 13 to Friday, Sept. 18. More than 180 participating restaurants, a record for the event, across the county will offer \$20, \$30 and \$40 three-course, prix-fix menus, allowing diners to enjoy fine food on fixed funds. "Everyone realizes it's tough economic times. You have to offer even more value," said Lehn Goetz, owner of Café Coyote and president of the San Diego chapter of the California Restaurant Association. Goetz said that San Diego has

come to have one of the top restaurant week promotions in the nation, attracting an estimated 200,000 diners over the six-day event. Goetz said he believes that San Diego restaurants have not been hit as hard by the recession as other markets such as Las Vegas, but he added that events that promote eating out are still greatly beneficial. This year, Restaurant Week has been held as a biannual event, with another having been held in January. The face of this year's restaurant week is San Diego's Sam the Cooking Guy, Sam Zien. "I'm all about people cooking for themselves," said Zien, who was asked to serve as the spokesperson for Restaurant Week and hosts the

cooking show of the same name. "But I'm also the first to say there's stuff you don't want to make or can't take the time to make but you still want to try. (Restaurant Week) is giving you a reason to do it." Zien has also shot a series of vignettes for the show's website on how to eat like a pro and to be more adventurous in your food and an etiquette short on being kind to your server. Participants in this year's Restaurant Week include casual eateries such as Point Loma's Corvette diner and Nick's at the Pier in Ocean Beach and more formal establishments such as La Jolla's Marine Room and Nine-Ten restaurant as well as beach-area favorites such as JRDN restaurant

and the Fishery. "While the pricier restaurants sell out very fast because there's an impression of greater value," said Zien, "I think you should go eat out where you want to." San Diego Restaurant Week is sponsored by the California Restaurant Association's San Diego chapter, an organization of about 1,500 local restaurants that meet to promote the business, share information on practices and raise money for charity. Not only does Restaurant Week serve to highlight the city's finest restaurants. In the past, it's been very good for business, packing out eateries during slower weeknights (events run Sundays through Fridays), in a slower time of the year,

at the end of tourist season. Event organizers have also launched a new website that allows visitors to select a restaurant according to price, location or variety. The site also gives complete menu listings and brief restaurant profiles, and when you sign up for the newsletter, you are entered in a contest to win dinner out every weekend for a year. No special tickets or passes are required for Restaurant Week. However, reservations are strongly recommended and can be made by calling the restaurants directly or by visiting [sandiegorestaurantweek.com](http://sandiegorestaurantweek.com)

## Blue Point Coastal Cuisine Announces Cavi-Hour

Blue Point Coastal Cuisine, located in the heart of the Gaslamp Quarter will offer you nothing less than a first class dining experience. Visit Blue Point during "Restaurant Week 2009" where you'll taste Executive Chef Jonathan Hale's mouthwatering creations including Pan Seared Loch Duart Salmon, Crab and Pancetta Stuffed Whole Trout, Grilled Sterling Silver Pork Tenderloin and Liquid Center Chocolate Cake for just \$30 for an unforgettable three-course meal. Visit Blue Point Coastal Cuisine for Cavi-Hour. Cavi-Hour features a selection of fine caviars, discounted appetizers, and drink specials. Choose from a selection of caviars, explore our special caviar & libation pairings, or enjoy house favorites like freshly shucked oysters for \$1 and crispy calamari for just \$6. Drink specials change nightly but always include our specialty martinis at half price, \$5 wines by the glass, and \$4 domestic draft beers. Cavi-Hour is available Monday through Friday from 5pm to 6:30pm in the bar and lounge only. Call Blue Point Coastal Cuisine at 619-236-6623 for reservations.



Executive Chef Jonathan Hale, Blue Point Coastal Cuisine

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619.233.6623

Thee Bungalow  
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619.224.2884

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619.234.5554

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619.220.6802

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Chef Paul Niles, Thee Bungalow

## Thee Bungalow - Fine Food & Wine since '69

Located in the seaside community of Ocean Beach, adjacent to Point Loma, Thee Bungalow restaurant has been a San Diego dining favorite for over 35 years. A wonderful, quaint, country Bungalow located off the beaten path and away from tourist destinations, this hidden gem is a favorite for locals offering world class French cuisine and an extensive wine list featuring modestly priced wines from all regions of the world. Be sure to give it a try during "Restaurant Week 2009" where Executive Chef Paul Niles will "wow" you with a three-course menu featuring options such as his famous Lobster Bisque to start and delicious entrée selections such as Bouillabaisse Provençal, New Zealand Rack of Lamb or Scottish Salmon, and to finish a Chocolate Trio for just \$30. If you're looking for an unforgettable culinary adventure take part in the "Five-Course Wine Dinner", offered every third Wednesday, featuring local wineries and mouth-watering culinary creations. The Wine Dinners begin at 6:30pm with tray passed appetizers followed by a five course meal paired with wine. Call Thee Bungalow at 619-224-2884 for reservations.



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# SAN DIEGO RESTAURANT WEEK

SEPTEMBER  
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## Roppongi

Visit Roppongi during Restaurant Week and try their inventive prix-fixe menu which includes selections such as Thai Coconut Sweet Corn Soup with Grilled Shrimp, Edamame and Opal Basil, Pan Seared Halibut with Wasabi Pea Puree and Shiitake Mushroom Vinaigrette, and Boneless Beef Short Ribs with Honey Mustard Glaze.

Conveniently located on Prospect Street, it's obvious why Roppongi is Zagat rated "One of the Top Five Most Popular Restaurants in San Diego" and is a recipient of Wine Spectator's "Award of Excellence." Executive Chef Stephen Window continually finesses the extensive menu of tapas, salads, sushi and seafood, delighting guests with fresh, exotic fare prepared with traditional European gourmet cooking techniques.

Roppongi is open daily for lunch and dinner with an ever-popular happy hour from 3-6pm. Spend an evening dining around the firepit, cozy up around the indoor fireplace and aquarium, indulge at the stunning sushi bar or just have fun watching the scene from their covered/heated patio.

Roppongi Restaurant & Sushi Bar  
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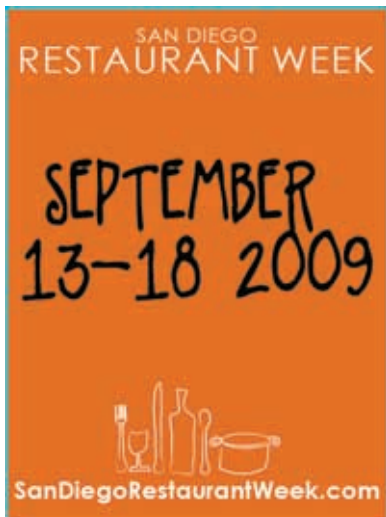


Chef Stephen Window, Roppongi.

## Bulthaup announces Chef Series



bulthaup San Diego is proud to announce the launch of bulthaup Chef Series, featuring the executive chefs from Tender Greens, Pete Balistreri and Rian Brandenburg, to kick off our first season. Join us in our cutting-edge downtown showroom to learn how to cook using fresh local ingredients in the beautiful bulthaup b3 kitchen. Mingle with other guests who have appreciation for fine food and design over family-style dinner with wine and beer pairing. The cost is \$60 per person, limited to 24 guests per event. All proceeds will go to benefit the San Diego Roots Sustainable Food Project. Thursday 10.15.09 at 7pm: Oktoberfest Thursday 11.19.09 at 7pm: Celebrating Harvest Thursday 12.17.09 at 7pm: New Holiday Traditions Please call 619 237 5510 or email [info@bulthaupSD.com](mailto:info@bulthaupSD.com) to make your reservation or to request further information. Reservation requires full payment and closes one week prior to each event.



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Delight your taste buds at the multi-award winning Marine Room. Consistently voted "Best of the Best," don't miss your opportunity to experience Chef Bernard's delectable Restaurant Week menu, served alongside incomparable white water views. September 13 to 18, 2009 from 5 to 10 p.m. \$40 per person.

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Blue Heron Farm Magenta ~ Mâche Salad  
Sweet Corn Blue Crab Bisque

### Choice of Main Course

Chervil Fennel Pollen Crusted Alaskan Halibut  
Honey Crystal Plum Scented Maine Diver Scallops  
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# A Very, Very Brief History of Beer, Part II

## AROUND THE KEG

By Tony Clarke | Special correspondent

Last month, we began a conversation about the history of beer. This month, we will look at the history of the rise and fall and rise again of beer in America and at the United States as a world-wide destination for craft beer.

America has a rich brewing history, spawned by our ancestors' love of craft beer. They loved it so much that they brought it with them to the New World. Early American beers revolved around indigenous ingredients, which made for some unusual, not so tasty flavor profiles. Americans thus began importing beer from England around the beginning of the 1600s. Shortly thereafter, America began recruiting brewers—and in 1612, the first known commercial brewery was established in New Amsterdam (now Manhattan), and America's obsession with beer began.

From the beginning of the 1600s to the 1870s, beer in America was widely produced, distributed and consumed. The Pilgrims were forced to land in Plymouth, Mass. due to low levels of beer aboard the Mayflower. George Washington and Thomas Jefferson had personal brew houses. Beer was rationed to American soldiers during the Revolutionary War. With such a passion for beer, it is no wonder that America was a hotbed for brewery growth during this time.

Breweries began popping up all over the colonies. As our union of states was formed, they quickly spread across the country. In 1810, there were 32 operating breweries producing 185,000 barrels of beer for 7 million people. By 1852, there were 431 breweries in the country, producing about 750,000 barrels for 23 million. 1860 saw a huge expan-



sion of breweries in a short amount of time, as there were 1,269 breweries producing over one million barrels for 31 million. Thirteen years later, 4,131 breweries produced 9 million barrels every year.

This signified the peak of breweries in America. A sharp decline would follow amid improved production and distribution methods. These improved methods meant fewer breweries could manufacture more beer. By 1910, the number of breweries had dropped to approximately 1,500. In 1919, the Eighteenth Amendment to the Constitution was ratified, and its presidential veto was overridden to put into place national prohibition. This amendment, while in effect only 14 years, had a huge upshot on our national image of beer and affected its production, taxation, distribution and sale detrimentally for decades after.

After prohibition, American breweries began a slow comeback but were hampered by pro-

hibitive laws, regulations and taxes. As new breweries came online, taxation of beer by the barrel was stiffly increased, causing many new brewers to close down and others to sell out or consolidate. With an initial surge of new brewers hitting a high of 756 in 1934, brewery numbers slowly diminished over the next 40 years, with only 80 breweries open at the beginning of the 1980s.

From this low point began a brewing revolution still going today. In 1977, the New Albion Brewery began producing ales in Sonoma, Calif. New Albion is considered America's first microbrewery and craft brewery. While this venture lasted only 6 years, New Albion inspired many to follow in this brewery's footsteps.

Brewers of the 1980s faced extraordinarily difficult market conditions and an industry that refused to recognize them as serious players. Through a passion for their trade and a love of flavorful craft beer, early pio-

neers like Sierra Nevada Brewing Company and Boston Beer Company forged a foundation for the craft beer resurgence we enjoy today.

By 1995, about 500 breweries existed in the United States, and the addition of new ones is estimated at three to four per week. Today, the country boasts more than 1,400 unique breweries creating some of the freshest and most flavorful beers in the world. Most people in America live within 10 miles of a craft brewery.

American craft brewers have used a mixture of traditional recipes and methods from Old World Europe and artistic innovation to create the current market. The United States boasts the most breweries of any country in the world; our unique interpretations of traditional beer styles have attracted worldwide attention. America is considered a premiere destination for those looking for great craft beer.

The Great American Beer Festival, said to be one of the 1,001 things everyone should do before they die, was started in 1981 as a showcase of America's burgeoning craft beer market. Today, it is called the single greatest collection of American craft beer in any one location. Usually held at the end of September to the beginning of October, the festival is a celebration of how far beer has come in this country and how much farther we can go.

Not only is the country's beer history part of its past, it's also shaped who we are and where we're going. As I walk through the Great American Beer Festival in Denver this year (Sept. 24-26), I'll marvel at the selection of beers and how it came to be that I can taste them. Cheers!

*Tony Clarke and his wife Liz own Airdale Brewing Company, located in San Diego. airdalebrewing.com*

## Sun City delivers "Green" Italian Ice

Sun City Italian Ice is a brand new business hitting up the streets of San Diego. We are the first to bring the people of the West Coast the glory of having "REAL" Italian Ice readily available to them all day, every day. This is a luxury that up until now has only been available to the people on the East Coast.

So what is Italian Ice, exactly? Italian Water Ice is a frozen dessert made from a fruit puree. It is NOT shaved ice that is flavored, or a snow cone, like some people think before they experience it; rather, it is made by a similar process by which ice cream is made: mixing ingredients and your recipe to combine the two and get a velvety texture like no other. Common flavors include mango, cherry, coconut, piña colada, blueberry and lemon.

Sun City Italian Ice also sells a wider array of flavors, such as cantaloupe, orange and chocolate, etc... Italian Water Ice does not contain any Dairy. Besides being AMAZING to the taste, it is fat-free, cholesterol-free, and healthier for you than an ice cream or frozen yogurt.

Sun City Italian Ice was brought here by Robert Sonsini Sr. and his son Rob Sonsini. Robert Sr.'s background starts a long time ago when he started an air freight company and built it up for over 25 years. During this time he always dreamed of starting an Italian Ice business in San Diego. Rob Jr. graduated from Penn State a few years ago right around the time that his father sold the air freight business and was starting a construction company up at the New Jersey Shore.

Robert took his son under his wing and taught him the ins and outs of running a business. After a few years they decided that there was no better time than NOW to move out to sunny San Diego and start to fulfill their dreams.

What came next, according to Sonsini, was 8 months of design, engineering and construction of the most State-of-the Art Frozen Desert Mobile EVER. "This was NOT an easy task seeing as all the things required to keep the product cold. We needed to get it to the people all over San Diego with-

SEE ICE, Page B6



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http://VinVillage.com  
/Vino-Italiano



# Police Stumped by Downtown Masked Nudist Wrestler.

By TYLER OWEN

San Diego police are baffled by the popularity and whereabouts of the elusive so-called "Masked Wrestler Nudist," a bare skinned, bar hopping, San Diegan who has been seen streaking the Gaslamp wearing nothing but a Mexican Wrestling mask. Although the descriptions are sketchy at best, "One thing is for certain," declares Sgt. Moore, of San Diego's Nudity Division, "The culprit is a 4'0"-6'10" African-American, or Hispanic, or Caucasian male between the ages of twenty-one and forty-six who frequents the Happy Hour deals at Confidential Restaurant + Loft and La Puerta. So we are pretty close. But cracking...I mean breaking this thing wide open is still a ways off."

Though the secretive streaker is not a high priority for the Department, the Gaslamp is a worldwide tourist attraction, the biggest in the County, and can not let a suspected downtown local resident run naked as a jaybird through the streets unchecked. Many locals and tourists are not offended by the buck naked wrestler because of his jovial attitude and because he has yet to engage anyone in an inappropriate or suggestive manner, "He merely runs through the

streets yelling, 'I love these guys' Happy Hour.'" Even though the nudist seems to be out for fun, San Diego City Officials are out for justice and snap shots. The San Diego Police Department is stepping up efforts to catch the streaker by hanging out off duty at the suspects regular haunts along E Street. "We would like to catch this "wrestling nudist" and give them a stern talking to, and of course give them some clothes."

When asked to comment on the suspect being a frequent patron of their great Happy Hour deals, Billy Bonnet of La Puerta responded, "We have a ton of regular guests for our Happy Hours. However, we don't have much to go on, so I guess everyone one is a suspect."

Mike Roels of Confidential wishes he had a little more information too, "All we know right now is that the suspect is a male and runs naked through the Gaslamp yelling that our Happy Hours are the best. I have recently heard that he is not operating alone and there is a female masked nude streaker as well. It wouldn't surprise me... Confidential is a great place for dates." Mike laughs.

"It's crazy," says Joe Ebner of La Puerta, "We love getting



Confidential's Courtney Jo caught off guard by the Happy Hour nudist

downtown residents excited over our local deals, but this is maybe taking it a little too far."

Merritte Powell, Owner of Confidential Restaurant + Loft and La Puerta says he hopes all of Downtown goes naked by year end. "We offer half off for Happy Hour, and if people want to take it all the way off, who are we to stop them?"

Anyone who has any information about either suspect should stop by our Happy Hours at:

#### La Puerta

Monday 3-close.

Tuesday – Sunday 3-7.

#### Confidential Restaurant + Loft

All night Tuesday.

Wednesday – Friday 5-8.

Saturday 5-6.

If you have any photos of the suspects please email them to [info@confidentialsd.com](mailto:info@confidentialsd.com)

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# Full Package, Part I: Gimme Some Closure



## THE CORK BOARD

By Ted Glennon | Special correspondent

As long as we've made wine, we have looked for something to put it in. Vessels 10,000 years or older have been discovered in recent years. Wine was in ceramic vessels called amphorae for thousands of years; only since the 17th century has glass been the preferred material.

And as long as we have been filling things with wine, we have been looking for a way to seal them. Any advancement, from ceramic to glass, concrete to oak to stainless steel, wax to cork to screwcap, is always pushed with one purpose: Make the wine taste better.

The cork is the traditional and reportedly proven closure for fine wine; wine around the world would not have become what it is today if cork had not been modified to seal the vessel. Bottle aging of wine would never have developed were it not for the cork, one of the world's true wonders.

Cork is made from the bark of *Quercus suber*, an oak tree variety found in Southwest Europe and

Northwest Africa. More than half the world's cork supply comes from Portugal. This natural material is sustainable, buoyant, fireproof and elastic.

However, cork is not a perfect seal. It has side effects. Cork contains the compound TCA (trichloroanisole), which taints wine. A wine with cork taint smells like leaves and wet newspaper or moldy cardboard; the wine is said to be "corked." Sommeliers train themselves to detect even the smallest amount of TCA. Also, many wines are oxidized (turned rotten) due to faulty corks.

My professional and personal experience with wine has taught me to love and hate the cork and that the cork is unreliable. Even wineries I work with that spend amazing amounts on the very best corks possible (up to \$2.50 per cork) are only reducing the amount of corked bottles at best.

Yes, we have fewer problems with those wineries' products, but over the course of many cases, we still get corked bottles. TCA is the mother of all wine flaws; it's at the center of an arms race among companies to develop the next great stopper.

There's an issue within the wine industry involving the potential for



aging wines in alternate closures. In Germany, a glass closure called Vino-Lok is becoming popular. This is a glass "t-top" closure made to fit specific bottles and create a hermetic seal due to a gasket, or "O-ring," fastened to it.

German Riesling is one of the world's finest wines and has the capacity to age for decades. In the last few years, many top wineries throughout Germany have made

the switch to Vino-Lok. In Napa, many believe that nothing is better than cork for aging big reds such as Cabernets and Merlots. This is a one-sided battle, as no one has conducted extensive tests to prove that alternate closures will not outperform cork. It is easy to say that only cork works when no one can prove it can or, most important, cannot—not to mention that only a very small percentage of these expensive and massive wines will actually be aged in cellars. Most are consumed in the first two years after purchase.

What about crown caps used on beer bottles? These are strong enough to hold pressure and fit very well, and they sure are easy to open. Why not use them on wine bottles? Wine consumers have been resistant to the introduction of alternate wine closures. There is a stigma, rooted in the jug wine days, that wine in screwcap bottles is cheap. The screwcap, however, eliminates the possibility of TCA and provides a hermetic seal, eliminating oxidation.

The simple fact is that wine sealed with a screwcap or glass top is more likely to be as the winery intended and not ruined by cork taint or oxidation.

The wine trade has done a terrible job educating people on the advantages of alternate closures. Retailers sometimes refuse to stock good wines because they are not sealed with cork; they thus rob the consumer (you) of the opportunity to try this new technology and making your own decision. This ignorance results in retarding the development of new closures. The proof, as always, is in the pudding. Try wines with screwcap or Vino-Lok tops and see for yourself.

I don't care if the wine came in a juice box with a straw. If it was Sta. Rita Hills Pinot Noir or German Riesling or Napa Cabernet and it was delicious, it could have a pink unicorn on the front label, for all I care. I'm going to pour it into a beautiful crystal wine glass and enjoy it. If you bring a great, tasty bottle of wine to your next party and it has a screwcap or Vino-Lok and someone says "I like the sound the cork makes when I pull it from the bottle," tell them this: "I'm here for what lies within."

Cheers!

*Ted Glennon, is the Wine Director of OENOLOGY, a modern wine tasting room at the Hotel Del Coronado. [hoteldel.com/enowinerooms.com](http://hoteldel.com/enowinerooms.com)*

## ICE

CONTINUED FROM Page B4

out leaving ANY carbon footprint like those OLD gas-guzzling ice cream trucks you still see driving around the neighborhoods of San Diego." Sonsini explained. Finally,

after all their time on development and obtaining all the right permits and licenses, they are open to the public.

"WE DID IT. We created the World's 1st Eco-Friendly "GREEN" mobile Italian Ice company. With the help of Life Long Friend Ken Ordille we successful-

ly opened up a wholesale division due to the high volume of demand for Italian Ice all over Southern California. This allows us to move our product into stand-alone businesses for even more people to enjoy." Sonsini explained.

For more information visit our website at [www.suncityice.com](http://www.suncityice.com).



## UPCOMING EVENTS AND WEEKLY SPECIALS — ENO AT HOTEL DEL CORONADO —

### ENO-VERSITY SCHEDULE

Renowned winemakers, cheesemakers and chocolatiers will join Wine Director and Sommelier Ted Glennon in leading ENO-Versity classes through an exploration of exquisite wines and the art of pairing.

#### September 12 – Sparkling Wines from Around the World

This was one of the most talked about ENO-Versity classes of last year. Get Ready for Round 2!

#### October 24 – Taste of Spain

Few countries have as much to offer in food and wine as Spain, and the value for these items is at times almost absurd.

#### October 31 – Ted's Favorite Things

Every day, guests ask Wine Director Ted Glennon what his favorite wines are, and every day he tries to avoid the question. This ENO class will be a no holds-barred tasting of many of Ted's favorite wines and promises to be an eye-opening experience.

**Classes are from 4pm - 5:30pm and are \$35 per person**  
**Call 619-522-8546 for reservations**

*Space is limited. Guest speakers are subject to change without notice. 3-hour parking is validated with purchase.*

### WEEKLY SPECIALS

Enjoy the California sunset out on the outdoor patio with fire pits overlooking the Pacific.

#### Tasting Tuesdays, 5pm - 8pm

A unique twist on the traditional happy hour experience. ENO sommeliers offer guests the opportunity to sample 10 wines for just \$10. This fun experience is perfect for people who want to learn more about their favorite wines or just love sampling different flavors.

#### Say Cheese Wednesdays, 5pm - 10pm

One of the largest selections of artisanal cheeses in San Diego, learn which pairs best with your favorite wine. Enjoy 50% off all cheese all night on Wednesdays.

#### Bubbly Thursdays, 5pm - 10pm

Everyone needs something to help kick the weekend off right, and ENO Wine Room has just the thing to help — bubbles! Enjoy 1/2 price sparkling wines by the glass or bottle.

#### \$5 Fridays, 5pm - 7pm

Unwind after a long work week at ENO and enjoy a glass of wine for just \$5 every Friday.

*No advance reservations necessary. For information, please call 619-522-8546. 3-hour parking is validated with purchase.*



Rob Sonsini currently operates 4 electric vehicles delivering Italian Ice throughout the downtown and beach communities of San Diego.

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# Football 2009: Downtown's the place to drink it all in

By ANTHONY GENTILE | DOWNTOWN NEWS

With the college football season already here and NFL play beginning this weekend, even the hot temperatures can't get in the way. For those that don out-of-town pro or college gear on the weekends, or simply for Chargers fans who don't like to spend Sundays alone, the local sports bar is the place to be.

So you don't miss seeing your favorite team in action or end up at a place with one small black-and-white TV in the back, Down-

“

[WHEN] I came on board, all they talked about was how busy we got on Sundays for the Chargers in [the] NFL

CHRIS HYSLOP  
GENERAL MANAGER  
EAST VILLAGE TAVERN & BOWL

”

town News provides a guide to the best spots to catch a game in the center city.

With local ownership and staff, it's no surprise that The Local Eatery & Drinking Hole, located at 1065 4th Ave., roots for one team on Sundays. And it's not the Raiders.

“We're definitely a Chargers bar,” said the owner. “We don't promote any other team but the Chargers. We're loyal.”

The Local has 18 42-inch TVs and rolls out the projection

screen for the big games. Those TVs are almost exclusively dedicated to the Bolts, along with the bar's audio.

For those who want to settle in before an afternoon kickoff, The Local has a breakfast menu that features hallah french toast in a Grand Mariner egg wash with cinnamon, butter, powdered sugar and a raspberry puree, cornmeal pancakes topped with bananas, walnuts and honey, a filet-tip hash and three different breakfast burritos. This year's menu is designed to look like the cover of the Madden 10 video game.

On game day, everyone at The Local is given a ticket. At half-time, Chargers stuff, from old knick-knacks to leather chairs, is raffled off. The Local serves up pitchers of Tang and vodka, bloody marys and \$3 drinks all Sunday long.

For those interested in catching all the pro games at once, Redfield's Sports Bar, located inside the Manchester Grand Hyatt at 1 Market Place, is the spot. With 20 high-definition TVs and NFL Sunday Ticket, there's a pretty good chance you can catch your team in action.

Redfield's offers a \$10 breakfast buffet during NFL games as well as \$2 Miller Lite drafts, \$3 domestic beer and \$5 Svedka vodka cocktails. For those made ill by a poor performance, Redfield's has darts, billiards and fantasy football stations—enough to dull the pain of even the soundest blowout.

On Saturdays, East Village Tav-

ern and Bowl, located at 930 Market St., is as close to The Swamp as you can get. It is the downtown home for the San Diego Gator Club. On Saturdays, anywhere from 40 to 100 Florida Gators fans flock here, where they have banners, their own seating section and food and beer specials.

“When I came on board, all they talked about was how busy we got on Sundays for the Chargers in [the] NFL,” said general manager Chris Hyslop. “I asked everyone here because I'm a big college football geek. I love getting up in the morning and watching games all day long.”

East Village Tavern and Bowl has 30 50-inch TVs. It is also home for games featuring Arizona State, Hyslop's alma mater—and Hyslop does not want it to stop there.

“College football, unlike NFL, you don't go there just to watch your game. You go there to watch other people root for their team and the excitement,” Hyslop said. “As long as they're not playing your team, you get caught up in the excitement of the other people's game.”

Hyslop said the line on Sundays for the NFL starts at 8 a.m. On Monday nights, authentic jerseys from each team are raffled off. If

you're not here for the football, come for the atmosphere and the food—wings and nachos that Hyslop said are the best in town.

Home of the Trojan Club of San Diego, the Tilted Kilt Pub & Eatery is the downtown venue of the Men of Troy. Located at 310 10th Ave. near Petco Park, Tilted Kilt has 30 flat-screen plasma TVs, three 12-foot high-definition projection screens and a \$4 bloody mary bar from 9 a.m. to 2 p.m. on Saturdays. Tilted Kilt also has specials for NFL games on Sundays and Monday nights.

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## Marine Corps – Law Enforcement Foundation Makes Presence Known in San Diego



San Diego Charger offensive line are donating \$100 to MCLEF from each rushing touchdown for 2009/10 season

SAN DIEGO, Calif. — September 2, 2009 For the past fifteen years, the Marine Corps-Law Enforcement Foundation (MCLEF) has been making an extraordinary difference for America's youth. MCLEF's mission is to encourage the spiritual, moral, intellectual and physical development of children through education. Through the continuous support of donors, MCLEF has distributed aid with a value of more than 40 million dollars to eligible children. This assistance is primarily rendered to children of Marines or Federal law enforcement personnel who were killed on duty or died under extraordinary circumstances while serving our country at home or abroad.

The funds are provided to these



San Diego Chargers presenting bonds

children in the form of U.S. Treasury Bonds, to be used for their higher education. Mentally and physically challenged children of Marine families may also receive assistance with payments for special medical equipment or tutoring when the costs are not entirely cov-

ered by the family's insurance.

In 2003, the Foundation also undertook a special initiative to award a \$40K scholarship bond to eligible children whose parent was killed in the line of duty in Iraq or Afghanistan during the period of March through mid-July. This special program covered eligible children whose parent served with any branch of the U.S. or Coalition Forces military.

Here in San Diego, this month the Foundation is presenting \$60K in treasury bonds to the children of U.S. Border Patrol Agent, Robert Rosas, Jr., who was recently killed on duty. These funds will be used to offset future education expenses for his son and daughter whose ages are two and one, respectively.

The Foundation's work in San Diego is not going unnoticed. The San Diego Chargers are getting in on the action. The Chargers' offensive line has supported and attended past MCLEF fundraising events, giving their time, money and compassion. Now they are taking it to the next level and dedicating their season success to children who have lost a parent in the line duty. For every rushing touchdown the Chargers score this season, they will contribute \$100.

100% of all donations, and the net proceeds from special events, go toward scholarships, with no administrative costs whatsoever being deducted from donations.

"A lot of people come at you with charities," the Chargers' Kris Dielman said. "But with this one, 100 percent of the money goes to the kids."

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# Qualcomm takes you In The Huddle

ESPN's Monday Night Football broadcast team will be on-hand alongside the San Diego Chargers to honor San Diego coaching legend Don Coryell

SAN DIEGO (Sept. 4, 2009) — The Huntington's Disease Society of America's (HDSA) annual Celebration of Hope Gala will take place on Saturday, Oct. 17, 2009, at the Manchester Grand Hyatt when Qualcomm opens up the San Diego Chargers' huddle at In the Huddle, a program presented by Palomar Pomerado Health.

The night of football anecdotes and ad-libs will feature an All-Pro lineup of players, coaches and NFL broadcasters talking about America's favorite sport: football. San Diego Chargers' Norv Turner, Philip Rivers and Shawne Merriman as well as ESPN's Monday Night Football broadcast team of Mike Tirico, Ron Jaworski, Jon Gruden, Michele Tafoya and Suzy Kolber will be on-hand for this unforgettable evening.

A key highlight of the night will feature a special 85th birthday celebration for San Diego coaching legend Don Coryell, the evening's Guest of Honor.

Doors open at 6 p.m. for delicious food, cocktails, and live and silent auctions. The dinner and program will begin at 7:30 p.m. Before and during the fun football presentations and audience interaction, guests can bid on international vacation packages, sports memorabilia, dining at San Diego's finest restaurants, and many more one-of-a-kind items.

Proceeds from the event will directly benefit the HDSA Center of Excellence at the UCSD Medical Center and other care and research programs committed to finding a cure for the fatal neurological disease. General tickets start at \$300 per person. To purchase tickets please contact Natalie Carpenter at (619) 225-2255 or [ncarpenter@hdsa.org](mailto:ncarpenter@hdsa.org). For additional information about HDSA San Diego or the Celebration of Hope Gala, please visit [www.hdsa.sandiego.org](http://www.hdsa.sandiego.org).

## About Huntington's Disease:

Since the discovery of the gene that causes Huntington's disease in 1993, the pace of Huntington's disease research has accelerated dramatically. Today, researchers have come to view Huntington's disease as a "model" for other neuron-degenerative disorders and recognize that the answers they find for Huntington's disease may be applied to other neuron-degenerative diseases. Approximately 30,000 people in the United States have been diagnosed with Huntington's disease, however, it is suspected that an equal number carry the disease, but have chosen not to be tested. In addition, approximately 200,000 carry the burden that they, too, could have inherited the Huntington's disease gene and eventually will suffer the same fate. Currently there is no effective treatment or cure; however, with help, there is hope.

## There's something always going on at Taste + Thirst.

7 days a week, Taste and Thirst features specials that let you settle in, watch your favorite team with great values on food and drink. Every time a football game is on enjoy 50 cent wings. Tailgate Monday (\$2 Keystone Lights/ Bud Lights/ Natural Ice, \$3 PBR 24 oz Tall Boys, and \$5 Build Your Own

Burger). You can go just about anywhere for a \$2 small taco but how about a \$9.99 T-Bone (14oz-18oz T-Bone Rib Eye or New York Steak w Steamed Vegetables, fresh garlic mashed & draft beer or soft drink)? Wing night Wednesday (\$2.25 wings from open to close. Thursday ALL NIGHT HAPPY

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**CHARGERS Q&A**# 52 **LARRY ENGLISH****Man Behind the Mask: Larry English**  
*By Xochitl Glaser**Before becoming the Chargers' first-round draft pick this year, linebacker Larry English was one of the most decorated athletes in Northern Illinois University history. Chargers.com goes behind the mask to discover the real Larry English.***Since your arrival in San Diego, what have you enjoyed most about living here?**

"The best part has been getting the chance to be around the team and to build that comfort level with everybody. That's important, especially if you're new to the area and with a new team. That's the first thing that's going to make you comfortable playing with the organization, with your surroundings and the people you're surrounded by."

**Have you noticed a big difference between the Midwest and Southern California?**

"The first thing is the weather. Also, there aren't any mountains around where I grew up in Chicago, so that's really different."

**What was it like attending an all-boys military academy in high school?**

"It was good. It helped me become disciplined. My city school was big on basketball, but I knew that wasn't my calling. I knew football was my calling and the military academy was better in football. When I had the option to go there, I knew it would help me. It ended up being a good experience for me. I feel I made the right choice, especially since I made it this far."

**Besides football, you played basketball and ran track in high school. What made you decide to concentrate solely on football?**

"Football was always my first love. I knew that's what I wanted to do. I can't really say why; I just knew it."

**Who were your favorite football team and player growing up?**

"The Bears and Walter Payton. It was my home team, but he's a legend in football so obviously he was one of the first people that I was drawn to."

**Do you listen to any particular songs to pump you****up before a game?**

"I don't really have one song that I always listen to before a game, but I usually listen to T.I. or Jay-Z."

**Do you have any other pregame rituals?**

"No, I'm not really superstitious. I don't want to do a lot of extra stuff. It's football, something that I love and that I've been doing my whole life, so I don't need to concentrate on anything extra. It's all about the game and having fun playing ball."

**How do you feel being a part of such a talented group of linebackers?**

"It's a great group to be in. I still have a lot to prove though. I'm happy to be here and to be picked as high as I was. Now the next challenge is to be successful here and help this team win."

**How has the transition been from college football to the NFL?**

"It's going good so far. At the beginning it was a little different, just because the position is a little different from what I did in college, but I've been transitioning smoothly."

**What are a few things you do to relax after a long day at practice?**

"I just go back to the room and chill. I watch some TV, call a few friends and rest up to get ready for the next day."

**Are there any TV shows that you watch and can't miss?**

"I don't have one TV show that I always have to watch. I used to watch Martin Lawrence and The Cosby Show all the time. Now I haven't really been into it because I don't have as much time. I've been watching NFL Network and ESPN to know what's going on. That's been it lately."

**CHARGERS Q&A**# 92 **VAUGHN MARTIN****Man Behind the Mask: Vaughn Martin**  
*By Rick Harpin***Growing up you didn't actually start playing football until the 10th grade. What inspired you to begin playing at such a late age?**

"I was really active when I was young, and I liked contact sports. I played hockey and a little bit of basketball. I was actually just standing there one day waiting for one of my friends who p l a y e d football, and one of the coaches approached me and was like, 'Do you want to play football?,' and I was like, 'Sure.'"

**What is the most significant difference you notice between the Canadian and American game of football?**

"Obviously besides the different rules, the American style is more aggressive, more balanced. In the Canadian game there's a lot more passing. It's more hardnosed here and a lot tougher."

**You were born in Jamaica. When was the last time you visited, and is there anything you miss from your childhood there?**

"I visited Jamaica just a couple years ago. I do miss it. I miss the whole spirit about the place. It's really laid back there. It's kind of like that here in San Diego, too, so it's nice."

**You said you also played hockey when you were younger. Who is your favorite hockey team?**

"Toronto Maple Leafs all day! I also like the Red Wings, but Toronto is my favorite team and I don't care what anybody says."

**On game day do you have any pre game routines or superstitions that you perform before you hit the field?**

"I do everything on the left side first. If I'm putting my gloves on, it's always the left glove first. With my socks, it's always the left sock first. The same with my belt. I'm kind of weird like that. I also don't like when people touch me. It just bothers me for some reason."

**What has been your favorite thing about San****Diego since you have moved down here?**

"Other than the football, my favorite thing is the weather. I do not miss the cold at all. . . I don't miss the snow one bit. Snow is the most useless thing to me. I don't ski or do any of that stuff."

**After playing in Canada for so many years, how good is your French?**

"It's terrible! It's pretty bad. I am definitely not bilingual."

**Being on a strict practice and workout regiment, are there any types of "junk food" or any other guilty pleasures you can't live without?**

"I like Jamaican food a lot and it's not exactly the best thing for you. I found a good place in San Diego actually. It's called Island Spice."

**What's playing on your iPod right now?**

"Yo Gotti and Gucci Mane."

**What's the most recent movie you watched?**

"The Curious Case of Benjamin Button."

**What's one TV show you don't miss?**

"Man vs. Wild."

**What's one word or phrase you say a lot?**

"I can sleep when I'm dead"

**What's your favorite video game?**

"Mario Kart for Nintendo 64."

**What's your favorite car?**

"1973 Caprice."

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# Taking it on the road



Former San Diego High School basketball player Jeremy Tyler became the nation's first high school player to leave school early for overseas play when he signed with Maccabi Haifa, of the Israeli Premier League, on Aug. 13. Tyler, who averaged 28.7 points per game as a junior last season, signed a one-year, \$140,000 contract with the club. The 6-foot-11 center is one of the top prospects in the 2011 NBA draft.

PHOTO BY ANTHONY GENTILE | DOWNTOWN NEWS

# Padres could've taken start time changes a step further

By MARTIN JONES WESTLIN | DOWNTOWN NEWS

The Padres may suck, but as it turns out, they don't exactly bite at the same time, at least if very recent history is a barometer. The Dads went 14-14 for August, easing into September with a sweep of the Washington Nationals and taking two of three from the league-leading Los Angeles Dodgers. And don't lose sight of the fact that they're above .500 at home, a distinguishing factor among all last-place major-league teams except for the Pittsburgh Pirates. Only eight weeks ago, the Padres were drowning in the desolation of their paltry 39th win; as of Sept. 6, they've won their 61st and are posed to overtake the Arizona Diamondbacks, extracting their butts from the cellar for a change.

Perhaps stoked by the potentials, management has latched onto an idea founded in some apparently good intentions—start-time changes for weekday afternoon and Saturday night games during the 2010 campaign. As management explains it, this creates more chances for Padres fans to enjoy Downtown. A 5:30 Saturday night start leaves plenty of time for dinner and drinks (and other stuff) in the Gaslamp Quarter afterward, while a 3:35 p.m. weekday tilt means more fans will miss less work or school in favor of the games.

Saturday games now start at 7:05 p.m., while the daytime weekday gun sounds at 12:35 p.m.

I think the idea's a good one, as do the majority of Dads fans in at least one quarter. Several days ago, a Padres blog reflected that 80 percent of those con-

cerned like the prospect, especially for the aforementioned reasons. I do think, though, that there's a bigger issue at play here, one that speaks to fan involvement at the most meaningful level. It's one thing to extend conveniences to your franchise base wherever possible. It's another to spearhead those conveniences as part of the public process.

The NFL's Green Bay Packers entry is run the way every major sports enterprise in the United States should be—it's the only nonprofit, community-owned big-league professional sports team in the U.S. It sells stock to the hardy folks in that northeast Wisconsin town, whose undying love for its team has kept the franchise on the NFL map in its current state for close to 60 years (it's also supported by a city of 102,000, whereas other NFL areas have populations in the millions or the many hundreds of thousands). It's a cinch, then, that Green Bay's board of directors would have put any start-time change proposal to a vote, since the stockholders own the club.

True, Padres attendance isn't where we'd like to see it. Still, thousands of people attend the games, and that means thousands of different dispositions toward the new starts. With numbers like those, it'd be nice to think a vote on the matter had been in order, and weeks ago to boot. Green Bay may be tiny and remote, but its anchor industry is a primary example of democracy in the sports environment. Other teams, in this instance the San Diego Padres, ought to follow suit.

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## Richard Walker's Pancake House

Richard Walker's Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the "premier" breakfast destination for San Diego's residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker's with you as we prepare orders to go.

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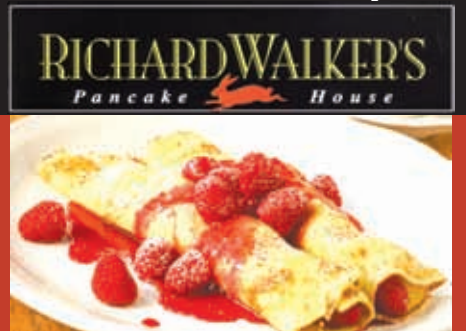
## Salazar's Taco Shop

Salazar's Taco Shop Began as a dream in 1945 and turned into a reality in 1972. The owner and founder, Frank Salazar, began working at the age of 14 in the kitchen of the La Fonda Hotel in Santa Fe under the supervision of a German chef named Konrad. Today the "taste of home" quality of the food is enjoyed by many long-time customers and some of our new neighbors who are becoming our new regulars. Some comments include, "The food has such Mexican flavor" and "the menudo tastes just like my mom's." Some of our house specialties are Caldo de Pescado, which is enjoyed by local divers, Camarrones al Mojo de Ajo and more. The staff has been a part of Salazar's for more than 20 years and are a big part of the success we enjoy. The fine food at Salazar's can be enjoyed seven days a week, 6:30 am until 9 p.m. Breakfast, lunch and dinner as well as food to go are served all day. Bulk food orders with advance notice are available. The margaritas are real and the bottled beer is cold. The best thing I've ever been told by a customer is that "there's a genuine-ness about this place."

*We began advertising the the Downtown News in November 2007 and it has proven to be the most effective advertising we have ever tried. Jason, our representative at the paper, urged us to try it and we are glad we did. — Salazar's Taco Shop*

For more information on the Dining Guide, call Jason (858) 270-3103 x116

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with the purchase of any two lunch entrees and 2 beverages. Not valid with any other special offers or promotions. Exp. 10.2.09

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Est. 1972

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**Fish Tacos!**

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[www.salazarsfinemexicanfood.com](http://www.salazarsfinemexicanfood.com)

For more information on advertising in this section,  
please call (858) 270-3103  
Deborah Vasquez x118  
Jason Gregory x116

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SAN DIEGO DOWNTOWN NEWS  
AUGUST 6TH HAPPY HOUR AT THE ONYX ROOM

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KIN LOUNGE

**DOWNTOWN'S DAY OFF**

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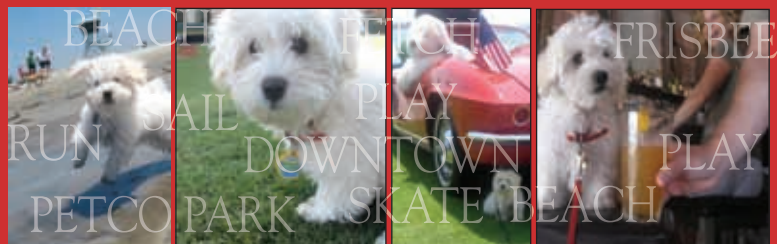
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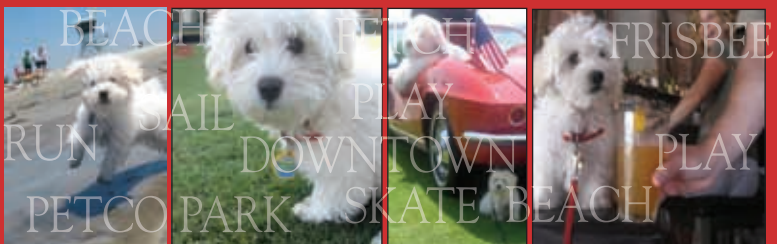
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# PETS and the CITY



## Pet Day Bow Wow Brunch Cruise on the Bay

**what:** Join Hornblower Cruises & Events on Sunday, September 20, 2009, for the inaugural "Pet Day Bow Wow Brunch Cruise on the Bay." The two-hour brunch cruise benefits the orphaned pets and pet adoption programs at Helen Woodward Animal Center in Rancho Santa Fe. Participating pups will be treated to a special pet buffet and doggie snacks, plus Easy Turf will sponsor a dog relief walk on the yacht's sun deck. Owners and guests enjoy a brunch buffet with free-flowing champagne and mimosas, desserts, socializing and Sand Diego Bay views.

**where:** The cruise boards and departs from 1066 N. Harbor Drive, in downtown San Diego.

**when:** Sunday, September 20th, 2009  
Boarding begins at 10:30 a.m. The cruise follows from 11 a.m. - 1 p.m.

**cost:** Purchase tickets in advance through Hornblower Cruises & Events by calling 619-686-8715 or visiting [www.hornblower.com/petrescueday](http://www.hornblower.com/petrescueday). Tickets are \$59.95 per person, plus tax and tip. Dogs cruise for free. (Only one dog per person. All dogs must be manageable and on a leash to attend.)

**more:** In today's dog-eat-dog world, this exciting outing is a welcome treat for both pets and people. In addition to gourmet fare, grand vistas and activities guaranteed to get tails wagging, participants are invited to meet and mingle with other dogs and dog enthusiasts. Hornblower staff members will set up the yacht to ensure the safety of furry first mates, as well.



### PET PHOTO OF THE MONTH



Photo submitted by Ella Wins

This picture is of my dogs King Louie, our boy Yorkie-Poo, who is three years old, and Saylor our girl Yo-chon who is 6 months.

Submit your pet's photo to: [jason@sdnews.com](mailto:jason@sdnews.com)

### San Diego Pet Supply

(619) 263-2211  
[www.sandiegopetsupply.com](http://www.sandiegopetsupply.com)

Store Hours: Monday-Saturday :  
9am-7pm and 10am-4pm on Sunday.  
Located at the corner of 15th and Market street  
in San Diego's East Village.

[WWW.SANDIEGOPETSSUPPLY.COM](http://WWW.SANDIEGOPETSSUPPLY.COM) is having this months special on Eukanuba puppy/dog food. We will honor while supplies last 1 bag of dog food for \$3.33. This bag of food is a great deal at 3 bags for 10 bucks. This has never happened before. Please come in and take advantage of this SUPER SALE. We of course still have our Vet Clinics Monthly and next date will be on September the 26th dont miss it. We carry over 5000 products in stock. I am sure we will have something your pet desires. dont forget San Diego Pet Supply is the oldest pet store around and we carry the hard to find products. we can be reached at 619-263-2211 and are open 7 days.

### Grooming, Dogwash & Pet Supplies



**FREE** Self Serve  
Dog Wash  
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Why not advertise here?



Call for more information: (858) 270-3103

Jason Gregory x 116



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1/2 off Appetizers

**Sally's**  
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[sallyssandiego.com](http://sallyssandiego.com)

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From downtown, take either 5 south to 28th  
st. or harbor drive to 28th street. we are a  
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# Places to look for stuff to do

As a service to the leisure community and its insatiable desire for center-city entertainment, *San Diego Downtown News* presents the single handiest directory in the history of the universe. By no means is it comprehensive—many venues present different types of fare at a given time (the Balboa Theatre, for example, is the home of the classical Mainly Mozart group, yet it's also a major site for ballet and the like). Other than that, knock yourself out. All area codes are 619 unless otherwise indicated.

## General information

**City Park and Recreation Department**, 202 C St., 525-8213, sandiego.gov

**Gaslamp Quarter Association**, 614 Fifth Ave., 233-5227, gaslamp.org

**Greater San Diego Chamber of Commerce**, 402 W. Broadway, Ste. 1000, 544-1300, sdchamber.org

**San Diego Convention and Visitors Bureau**, 2215 India St., 232-3101, sandiego.org

## Miscellany

**Maritime Museum of San Diego**, restoration/operation of historic vessels, 1492 N. Harbor Dr., 234-9152, sdmaritime.com

**San Diego Zoo**, 4,000 animals, panda research station, 2920 Zoo Dr., 231-1515, sandiegozoo.org

**William Heath Davis House**, oldest still-standing Downtown structure, 410 Island Ave., 233-5227, gaslamp.org

## Film

**Gaslamp 15 Pacific Theatres**, 701 Fifth Ave., 232-0400, pacifictheatres.com

**United Artists Horton Plaza 14**, 475 Horton Plaza, 234-4661, cinematreasures.org

## Music

**Anthology, jazz, rock**, 1337 India St., 595-0300, anthologysd.com

**The Casbah, rock**, 2501 Kettner Blvd., 232-4355, casbahmusic.com

**Copley Symphony Hall**, classical, 750 B St., 235-0804, sandiegosymphony.com

**Croce's Restaurant & Jazz Bar**, 802 Fifth Ave., 232-4355, croces.com

**Dizzy's, jazz**, Second Avenue at J Street, (858) 270-7467, dizzyssandiego.com

**The Field, Irish**, 544 Fifth Ave., 232-9840, thefield.com

**Hard Rock Café, rock**, 801 Fourth Ave., 615-7625, hardrock.com

**House of Blues, rock, blues, jazz**, 1055 Fifth Ave., 299-2583, hob.com

## Performing Arts

**Balboa Park**, home to several venues, including the Old Globe Theatre, between Park Boulevard and State Route 163 above Bankers Hill, 239-0512

**The Balboa Theatre**, home of Mainly Mozart, 868 Fourth Ave., 570-1100, sandiegotheatres.org

**The Civic Theatre**, Broadway-style programming, 1100 Third Ave., 570-1100, broadwaysd.com

**The Lyceum**, San Diego Repertory Theatre and other troupes, 79 Horton Plaza, 544-1000, sdrep.org

**The Old Globe Theatre**, plays, 1363 Old Globe Way, Balboa Park, 23-GLOBE, oldglobe.org

**The Spreckels Theatre**, home of City Ballet of San Diego, 121 E. Broadway, 235-9500, spreckels.net

**Sushi**, a Center for the Urban Arts, dance, plays, visual, 390 11th Ave., 235-8466, sushiart.org



COURTESY PHOTO

Things in outer space have changed a little bit since William Shatner played Capt. James Kirk in the original *Star Trek* TV series—and if you go to the San Diego Film Festival, set from Sept. 23 to 27, you might get a chance to ask him about it. Shatner, who also played Kirk in the franchise's film series, is among the festival's special guests. Tickets for this year's installment go on sale Monday, Sept. 14; all films will be shown at the Gaslamp Theater, 701 Fifth Ave. For particulars, please visit [www.sdff.org](http://www.sdff.org).

**The Tenth Avenue Theatre**, plays, dance, 930 Tenth Ave., visit website of target performing group

**The Theatre, Inc.**, Greek and other classic plays, 899 C St., 216-3016, thetheatreinc.com

## Visual arts

**Balboa Park**, largest concentration of museums in the United States (15) including the San Diego Museum of Art (see below), between Park Boulevard and State Route 163 above Bankers Hill, 239-0512

**The Museum of Contemporary Art San Diego**, permanent and rotating exhibits, 1100 and 1001 Kettner Blvd., (858) 454-3541, mcsd.org/downtown

**The New Children's Museum**, children's venue and playground, 200 W. Island Ave., 233-8792, thinkplaycreate.org

**The San Diego Museum of Art**, permanent and rotating exhibits, 1450 El Prado, Balboa Park, 232-7931, sdmart.org

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- Illume Bistro\*
- Indigo Grill
- Karl Strauss Brewing Company
- Rice Restaurant
- Broken Yolk Cafe
- Dirty Del's\*
- East Village Tavern & Bowl
- El Vitral Restaurant
- Lotus Thai
- Mondo Gelato\*
- The Corner
- Tilted Kilt
- Valentine's Mexican Food
- Wings, Pizza 'N' Things

### EAST VILLAGE

- Ben & Jerry's Ice Cream
- Sweet Factory\*

### FINANCIAL DISTRICT

- Dos Patron
- Extreme Pita
- House of Blues
- La Gran Tapa
- La Cake Chateau
- Maria's Mexican Cocina
- Sixth Avenue Bistro
- Stout Public House
- St. Tropez Bakery & B
- Grant Grill at the US Grant Hotel

### GASLAMP QUARTER

- Bare Back Grill
- Bondi Australian Beer & Food
- Brian's 24
- Ciro's Pizzeria
- Crunchtime Popcorn\*
- Dick's Last Resort
- Donovan's Steak & Chop House
- Dublin Square Irish Pub & Grill
- Funky Garcia's Mexican Eatery
- Gaslamp Tavern
- Gelateria Frizzante
- Henry's Pub
- Hooters Gaslamp Quarter
- La Boca
- Las Hadas
- Maloney's Tavern
- Masala
- Mister Tiki Mai Thai Lounge
- Monsoon Fine Cuisine of India
- OperaCaffe
- Patrick's II
- Rockin' Baja Coastal Cantina
- Royal India Exquisite Indian Cuisine
- Sammy's Woodfired Pizza
- Side Bar
- Soleil @K - Marriott Gaslamp
- Tabule International Cuisine
- Tequila 100\*
- The Field Authentic Irish Pub & Restaurant\*
- The MerK Bistro Italiano\*
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- Yogotango\*

New restaurants being added daily!

### TICKETS:

Purchase tickets at any restaurant with an asterisk\*  
or go online to:  
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