

## Making a Scene



PHOTOS BY CASEY DEAN | DOWNTOWN NEWS

**Street Scene founder Rob Hagey and The Casbah's Tim Mays hit it out of the park this year as San Diego's largest outdoor music festival returned to its downtown roots, rocking the East Village neighborhood adjacent to Petco Park. The two-day event, held Sept. 19 and 20, featured musical acts Beck, Spoon, Tegan and Sara, The Hives, MGMT, and DEVO, a last-minute replacement for The Black Crowes, who were originally slated to headline Saturday. An estimated 40,000 attended over the two days. The event was held Downtown from its inception in 1984 until its move to the Qualcomm Stadium parking lot in 2005, where it could accommodate larger headlining bands and crowds. It was held there for two years before moving to the Cricket Wireless Amphitheater, where it suffered dwindling attendance. Many complained that Street Scene just wasn't Street Scene without the "street," and organizers decided to bring the event back to its urban festival roots.**

## In the name of the law

Aguirre, Goldsmith jockey for position as city attorney election day closes in

By SEBASTIAN RUIZ | DOWNTOWN NEWS

The walls of the city attorney's office are dotted with pictures of John and Robert Kennedy studiously working over legal briefs. And alongside a portrait of Abraham Lincoln, you'll find a famous Norman Rockwell civil rights-era painting of U.S. marshals escorting a little black girl to school.

These images represent the power the law has bestowed on the people. Yet for all the power it represents, the office on floor 16 of a Downtown skyscraper is surprisingly easy to access. Maybe that shouldn't be so surprising given that it's the city voters — every-day folks — who elect its chief occupant.

Two candidates vie for that position, to be decided in the Nov. 4 general election — Jan Goldsmith, a 10-year veteran Superior Court judge and the former mayor of Poway, and current San Diego City Attorney Michael Aguirre. The race is important because whoever wields the city's legal briefs can influence City Council policy decisions, protect the city's pocketbook in the courtroom and act as the City Council's legal council.

The San Diego Community Newspaper Group recently met with both candidates for their views on several topics that in addition to Muhammad Ali, include:

### The city attorney's role

Besides their divisions down political party lines, Aguirre, a Democrat, and Goldsmith, a Republican, view the role and responsibility of the city attorney in vastly different

ways.

"I view the city attorney as serving the broad interests of the public. It's a public office, and it's supposed to serve the public interest. And that means everybody," Aguirre said.

Aguirre further accused his opponent of rolling over on pension reform, a pivotal local topic, to gain the support of some unions.

"My opponent, his whole campaign is financed by the upper echelon of special interests that control our city, the developers, the munic-



ipal unions, the people that are in the bureaucracy, and he represents the old system and how we got ourselves in trouble... I represent a break with the past, and I represent the basic principle that government is established to serve the people," Aguirre said.

Goldsmith favors a stricter interpretation of the role of the city's top lawyer. His past experience, he said, lends a sense of authority and establishes his credibility for the job.

"I see the role of the city attorney as a law office. We focus and base

SEE **LAW**, Page 3

## New Children's Museum: Class is now in session

By MARTIN JONES WESTLIN |  
DOWNTOWN NEWS

The returns are in, and they've been in for decades: Children benefit exponentially, probably in ways we can't imagine, from exposure to the arts. Critical thinking, cellular development, capacity for everyday problem solving: All are touched in one way or another amid a session or two with a paintbrush or a dowdy ol' keyboard, and all are markedly enhanced throughout the student's life. Yet cuts in California's school arts programs are legendary as the state struggles year after year to find

new sources of revenue.

The New Children's Museum, which opened May 4 with educational collaboration its stated purpose, has instituted a program designed to shore up some of the backlash from local arts education funding cuts. But while the program's intent is no different from scores of others across the state, its creators are aware that a key component could spell its success or failure.

Friday, Oct. 10, marks the last day of a three-week pilot program in which students from Down-

SEE **SCHOOL**, Page 4

## No walk in the park



COURTESY PHOTO

If you like being chased by demented clowns and otherwise scared out of your wits, it seems The Haunted Trail of Balboa Park is for you. Again this year, the trail features a mile-long stand of twisted pines and gnarled oaks, and it's strongly suggested you grow eye in the back of your head—you never know what awaits. The trail is located at Marston Point, just east of the intersection of Sixth Avenue and Juniper Street. The event is for those age 10 and up and runs Sundays, Wednesdays and Thursdays from 7 to 11 p.m. and Fridays and Saturdays from 7 p.m. to midnight through Nov. 1. Tickets are \$14.99 to \$19.99 for both haunts. For more information, call 696-SCARE or visit [www.hauntedtrail.net](http://www.hauntedtrail.net).

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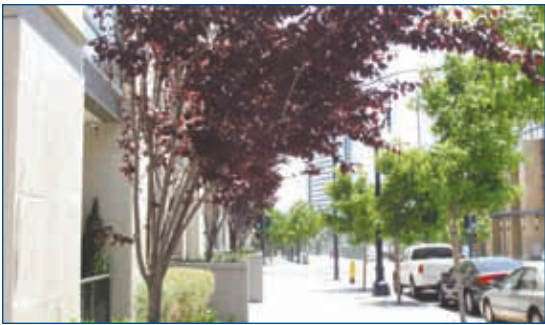




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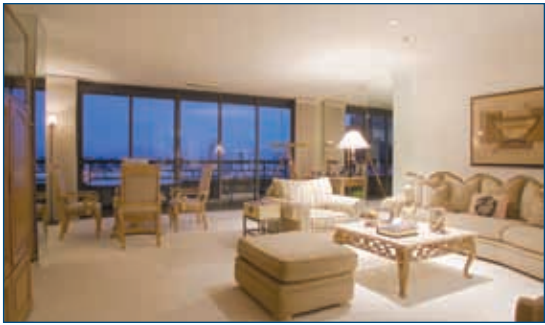
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## LAW

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our work solely on the law, similar to what I do as a judge. We state the law as we see it, not as the mayor may want to see it, or the city council, or what plays well with the press, or if we have a political agenda. We don't have a political agenda. We have an agenda that's based only on the law," Goldsmith said.

He takes issue with Aguirre's use of the office as a "political operation." Aguirre, he said, politicizes the office, and "as a result the city has been denied a lawyer, and that's not good. As a result there's been criminal prosecutions aimed at his opponents to punish people for being political opponents. I think that's not only bad. I think it's horrible. The main reason I'm running is to professionalize the office. I think what he's done is wrong and it's hurt the city."

### City development versus future water provisions

Both men agree that the letter of the law requires the city be able to provide water to city residents. There's a law that says large developments must be able to provide water for people 20 years into the future, Aguirre said.

So while average San Diegans may never wake up and turn on the faucet to find only schprits of dust, the question remains as to who would eventually foot the bill during a time when the city imports a majority of its current water supply.

Goldsmith promises to give the city council sound legal advice, while Aguirre said he would write legal opinions and issue public reports outlining steps the city

council can take try and tackle the problem.

Whereas Aguirre said he would seek to enforce the law, Goldsmith would stay away from attempting to implement policy as city attorney.

"There has to be a plan for water. That's required by state law, and it has to be in the general plan. It has to be specific enough to address the needs of the city. And that's what my advice would be to the city in no uncertain terms. How they go about doing that is up to the city council and the mayor. It's not the city attorney. When I was mayor of the City of Poway, I was instrumental in pushing for water reclamation and water conservation. But that was a different role that I had," Goldsmith said.

Aguirre said the city is breaking the law when it comes to providing water supplies. He blames politicians who don't want to tell the public the truth that eventually "we're going to have to raise money to get ourselves a secure water supply."

"We have not been, in my opinion, complying with that law. We need to have a very effective program to provide the people of San Diego a secure water supply — that's a charter obligation. And that means we recycle. Whether we recycle ocean water or recycle wastewater, conserve water [to] increase our storage capacity, all those things are things that we're going to have to do and we're required to do under the charter, and I've been enforcing that," Aguirre said.

### Council's OK of the city attorney's role in suits

The city attorney doesn't need permission to prosecute a criminal case on behalf of the city, but in

certain cases that may require litigation or a settlement agreement, such as a breach of contract or conflict of interest case, cooperation between the city council and the city attorney can save the city money, according to Goldsmith.

While certain cases do require city council approval and the city attorney must carry out the city's litigation, Aguirre maintains that the city attorney's office should operate independently of city council decisions regarding these matters in order to protect the broader interests of the city.

He points to the Sunroad Centrum building fiasco as another example of why city officials shouldn't be in charge of litigation.


According to statements released by the city attorney, Sunroad developers wanted to construct a building in Kearny Mesa that was too tall according to Federal Aviation Administration and California transportation guidelines. Aguirre wanted to stop it.

Allegations of political insiders maneuvering to ensure the building became a reality despite the law caused a political dust-up between the mayor and city attorney, with accusations of corruption and political posturing on all sides.


"If there's ever an example of why you don't want the council in charge of litigation, Sunroad is a perfect example, because there the city attorney brought the action and did so based upon the law. Had we had to get the OK from the council, I think we might not have gotten the building down."

"You want the city attorney exercising independent judgment. The city attorney in essence is a trustee of the city that's charged with the management of the city's litigation," he said.


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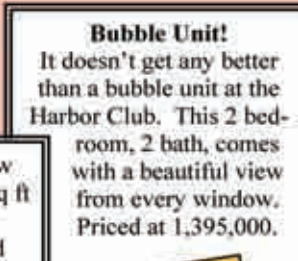
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**Votes also may be cast** Tuesday, Oct. 28, at the following locations:









**Downtown Information Center (DIC)** Noon to 6:30 p.m.  
193 Horton Plaza (upstairs above Longs Drugs)

**Art Academy of San Diego** Noon to 6:30 p.m.  
840 G Street (cross street is Ninth Avenue)

**The Firehouse Museum** Noon to 6:30 p.m.  
1572 Columbia Street (cross street is Cedar Street)

*For more information about CCAC, the election, or becoming a candidate, visit [www.ccdc.com/ccac](http://www.ccdc.com/ccac) or contact Brandon Nichols at 619-533-7182 or [nichols@ccdc.com](mailto:nichols@ccdc.com).*

**Centre City Advisory Committee**



SCHOOL

CONTINUED FROM Page 1

town’s Washington Elementary School will have spent three weeks at the museum, taking their regular classes in the facility’s Arts Education Center. The 50 third-graders participated in a curriculum designed to enhance creativity through

examination of objects in new ways, with their own empowerment as artists the goal.

In addition, students from Downtown’s Monarch School will participate in after-school arts enrichment programs throughout the schoolyear.

“There is an amazing creativity in every child,” said museum director Rachel Teagle. “What becomes an issue is accessibility

and how often children really get the opportunity to tap into that creativity. I’m just so happy that Washington Elementary and Monarch School have made such real efforts.”

“We are thrilled to be participating in this valuable program with The New Children’s Museum, which is providing much-needed access to arts programming,” explained Washington

principal Janie Wardlow in a statement. “Our students would not otherwise be exposed to the visual arts or have these kinds of meaningful learning experiences.”

Teagle cautioned, however, that exposure to the arts is one thing and that guidance is something else. Even the most well-intentioned volunteer may not always be compatible with such a program due to lack of disciplinary or teaching skills.

Mark Schwarz, who teaches the Washington third-graders, is aware of this -- and unless the museum carefully cultivates its volunteers, future programs may breed the potential for harm.

“We as teachers and [museum staff] have results we’d like to see,” he said. “Those are based on standards for arts education in the state of California. But this is also kind of a cutting-edge thing. We’re pushing the envelope in arts instruction, and we’re wanting to see kids grow in that way. That’s probably not something you can do in a two-hour volunteer training session.

“It would be like a volunteer coming in and reading with the kid without knowing what the purpose of the reading is. It’s not unhelpful, but it’s not as powerful as it could be, and in some cases it could be detrimental.”

Lauren Popp, the museum’s volunteer coordinator, said the facility anticipates the need for guidance among those who seek to donate their time.

“We haven’t met yet with any of those who’ve asked to volunteer,” Popp said, “but when we do, I want them to be able to share what they can about the program with visitors. I want them to be able to help the kids engage with

the artwork safely. “I also want them to be aware of our mission, what’s important to us here at the museum as well.”

Since opening to the public, the museum has hosted more than 80 school tours and visits from nonprofit educational groups. Close to 4,000 students have experienced “childsplay,” the museum’s opening exhibit, and the venue’s hands-on studios.

Many young artists have participated in a variety of arts-based camps and workshops, while moms and toddlers have been enjoying weekly music and movement classes.

Museum sets fundraiser to benefit education unit

On Oct. 11, the museum will hold its first gala fundraiser, with proceeds going toward proper outfitting of the Arts Education Center.

“We’re still using folding tables,” Teagle said. “We’d like to have proper classroom furniture. We’d like to have computers. We’d like to have books on the shelves. We hope we’re going to have a really successful gala that will help us do that.”

Tickets range from \$75 to \$500. Teagle said the museum can seat 400 for dinner and accommodate 400 for the party afterward.

Rock legend Pat Benatar and her husband, acclaimed guitarist Neil Giraldo, are slated to perform.

The museum is located at 200 W. Island Ave. More information about the fundraiser and the museum’s programs is available at 233-8792 or [www.thinkplaycreate.org](http://www.thinkplaycreate.org).



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## LAW

CONTINUED FROM Page 5



Mike Aguirre

But Goldsmith said otherwise when it comes to the relationship between city council and the city attorney.

He said that if elected, more cooperation with the city council, especially when it saves the city money by avoiding costly litigation, would benefit the city.

Aguirre often sues without taking into consideration "less costly and more effective" alternatives, according to Goldsmith.

"Often, [lawsuits and trials don't] solve the problem, and I've seen thousands and thousands of lawsuits as a judge in the last ten years where I thought their clients could have been better served had they just pushed this other button before they decided to follow a lawsuit.

That's why the client has to be involved," Goldsmith said.

### Dealing with potential for corporate corruption

According to published reports, Southeastern Development Corporation (SEDC) officials gave themselves close to \$1 million in bonuses over several years. Volleys of

conflict of interest accusations led to the resignation of Centre City Development Corporation president Nancy Graham last July.

According to Aguirre, "The city's attorney's role [in such cases] is to protect the public interest and ferret out wrongdoing and to prosecute it criminally or civilly and to hold people accountable under the law. The city attorney's job is to vindicate the rights of the public, and the public have an absolute right to the undivided loyalty of its public officials."

According to statements from his office, Aguirre helped provide documents of conflict of interest attributed to Graham, and he advised the organizations to "take new official action" to correct the problem.

But while Aguirre advised CCDC to take action toward the recent fallout from the \$409 million mixed-use condominium development at Seventh and Market streets Downtown, and condemns corruption at every turn, Goldsmith said Aguirre should've have been aggressive and stepped in.

"The lawyer should have been involved before anything happened to give the city better control," Goldsmith said.

And while he doesn't blame Aguirre for what happened, he said appointing a receiver to take control of SEDC would have stopped any more money from being siphoned to employees in the form of bonuses.

### The city attorney's role in forming public policy

Aguirre's open involvement in public policy issues have landed him in the spotlight and in the shadow of criticism. Through his office, he's tried to get the city to implement water recycling and

emergency water conservation procedures. He's tried to get the city to repair infrastructure, often going head to head with Mayor Jerry Sanders over the best direction for such policies.

"I just think those of us that are elected want to help make it a better city," he said. "You don't see me over at council very often... but a lot of times there's interactions between law and policy. For example,... [d]isobeying the law is not a policy choice. A lot of times when people say 'you're involved in policy,' really it's the opposite; it's that they're involved in doing something that's outside the boundaries [of the law]. The only reason it's a policy [issue] is because past officials have treated violating the law as if that is a policy choice, and I don't believe it is."

Goldsmith said he would try to stay out of the policy decision-making process because, as the city attorney, he would emphasize his role of ensuring people are held accountable to the law and not mix it up with politics.

"The city attorney ought to be the adult in the room," he said. "That is, you don't get down into the political sandbox and throw sand with the councilmembers. You stay away from the politics.



Jan Goldsmith

The role of the city attorney is to give the legal guidelines, come up with creative options. And once the city council and the mayor decide on policy, as long as they are legal, [they then] help to implement those policies. If something slips through and there are crimes committed, the role of the city attorney is to make sure that the people are held accountable. You do not look the other way. I like to say: You are not a lapdog. You are not an attack dog. You are a watchdog."

### Efforts in improving the office of the city attorney

It's hard to imagine how one could possibly improve a political position that demands the utmost integrity from an individual and office, but the candidates seem to know how.

One of the key differences between the two revolves around access to information. Aguirre wants to increase information about city council meetings, while Goldsmith would clam up about ongoing criminal investigations.

"Less talk, more action," he said, adding he would avoid the "press conference of the week" practices of the current city attorney. Gone would be the days of lambasting public accusations of corruption. "This is serious business," he said.

Effectiveness would be the hallmark of a his office, Goldsmith said. "We do not believe in berating people. We believe in Muhammad Ali: Fly like a butterfly, sting like a bee. And that will be our MO. We will not go berate people and yell at people and call people names, but we will be effective, and the people who we are targeting would find out that we mean business," Goldsmith said.

So as not to jeopardize legal

cases or individual reputations, Goldsmith said he would not openly publicize criminal investigations the way Aguirre does. He added that it's a waste of tax dollars to open investigations publicly and spend time and money on lawsuits only to have them dismissed quietly.

"He's called investigations on half of San Diego," Goldsmith said of Aguirre.

On the other end, Aguirre said he would work to increase public access to information about the city's public dealings.

"When matters come before the city council, there's no reason for the materials that the council is receiving not to be put online," he said.

He added he would improve access to information by logging every legal opinion ever issued from the city attorney's office onto the Internet all the way back to 1931.

Aguirre said he would continue to try to create and maintain a diverse group of attorneys dedicated to the public interest.

He said the office would run with a focus on one question: "Are we advancing the broadest interest of our city and the way we're carrying out our responsibilities?"

### The biggest problem San Diego must face

Aguirre does not hesitate. "There's a lack of basic integrity," he said. "There's a lack of basic competence within in the city for a lot of different reasons. The city has lost its focus. We are not focused on serving the public. We are mostly focused on increasing financial benefits for people who

SEE **LAW**, Page 9

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# NewsBriefs

## Better late than never for bayfront face-lift plan

The talks started three years ago and never really convened in earnest until 2007 — but finally, the City of San Diego and the San Diego Unified Port District have given the go-ahead to the nearly \$29 million first phase of the long-standing North Embarcadero visionary Plan.

The first phase, which marks a block of West Broadway between the Navy and B Street piers, will include light poles that look like dancers, other public art, date palms, purple jacaranda trees, restrooms and shade areas. A slice of nearby Harbor Drive will be narrowed as a result of the plan, which altogether will cost \$228 million and will encompass a mile and a half of Harbor Drive from Laurel Street to G Street.

The city's Downtown Redevelopment Agency will foot \$18.6 million of the first-phase tab, with the port paying \$10 million.

Construction on the first phase is expected to begin next fall.

In an unrelated matter, the port district also foresees construction of a Broadway Pier cruise-ship terminal.

## Council votes to oppose Tenth Avenue deck plan

San Diego City Council voted 7-1 Tuesday to oppose Proposition B, the plan to build a sprawling development platform over Downtown's Tenth Avenue Marine Terminal.

The vote came on the heels of considerable criticism from several groups, among them a number of workers from Longshore and Warehouse Union Local 29 (see

related story on page 7). The plan would reportedly affect about 400 union jobs, which would be interrupted during the platform's construction.

The initiative put forward by San Diego Community Solutions, LLC, would change the port's master plan to allow commercial developments such as hotels and restaurants on port-controlled tidelands. Plans would include building a deck above the area — possibly including a sports stadium or arena.

## Attorney named in probe of Carol Lam's dismissal

Investigators have found no evidence that former U.S. Attorney Carol Lam of San Diego was fired nearly two years ago for prosecuting Republican members of Congress, according to a new report. Meanwhile, U.S. Attorney General Michael Mukasey has named a prosecutor to investigate whether former Attorney General Alberto Gonzales or Republicans in Congress should face criminal charges in the firings of Lam and eight other U.S. attorneys.

Nora Danehy, a Connecticut U.S. attorney, will head a criminal inquiry that follows the recommendation of internal Justice Department investigators who concluded that political considerations played a part in the firings of at least four of the prosecutors.

Lam was among the eight attorneys fired in December of 2006. She left the office in February of 2007. She testified before House and Senate units that she was never told officials had problems with her performance. Justice Department officials later told lawmakers they were bothered by the low number of prosecutions of gun crimes and immigration law viola-

tions during Lam's 4-and-a-half-year tenure.

## Judge blocks severance for former SEDC president

A superior court judge, citing the potential for harm to taxpayers, has blocked payment of more than \$100,000 to the former president of the Southeastern Economic Development Corporation.

Judge Jay Bloom took the action Tuesday, Oct. 7, against Carolyn Smith, who left the agency Sept. 24 amid allegations of fraudulent compensation packages. An audit released last month found that Smith granted more than \$800,000 in extra compensation to herself and other staff over a five-year period.

Smith was to have received the severance pay on Oct. 6.

The nonprofit corporation is responsible for redevelopment east of Downtown.

The court has scheduled another hearing next month to act on matters regarding the denial of payment through preliminary injunctions.

## Arsonist sought in fires in or near downtown

Police investigators are seeking a suspected serial arsonist who has shoved incendiary materials into the mail slots at at least 10 San Diego businesses in or near downtown since July. No injuries have been reported, and damage has reportedly been minimal.

The suspect is linked to four fires in July, three in August and three in September. The downtown fires occurred along Kettner Boulevard and India Street.

The arsonist may be a transient, police said.

San Diego Crime Stoppers and

the San Diego Metro Arson Strike Team are offering up to \$10,000 for information leading to an arrest. Anyone with information about these fires, or the arsonist, should call Crime Stoppers at (888) 580-8477.

## Mingle at Mingei set to raise funds for exhibits

The Rotaract Club of Downtown San Diego will host a wine, beer and art fundraiser, with proceeds to benefit a landmark Balboa Park museum.

Mingle at Mingei, to be held Saturday, Nov. 1 from 7 to 10 p.m. at the Mingei International Museum, will feature a wine tasting, a raffle and a silent auction to raise funds for the

museum's exhibits and projects.

Jessica Harris, Rotaract presidents, said in a statement that "We are honored to host this fundraiser for such a well-renowned international museum..."

Established in 1978, the Mingei collects, conserves and exhibits items of daily use by ancient craftsmen and by historical and contemporary designers. It operates a satellite venue in Escondido.

Rotaract is an offshoot of Rotary International and comprises a group of young professionals dedicated to public service.

The Mingei International Museum is located at 1439 El Prado. For further information on the event, call 239-0003 visit [www.mingei.org](http://www.mingei.org).



COURTESY PHOTO

The Mingei International Museum is the site of a Nov. 1 fundraiser.



## SAN DIEGO SYMPHONY

### JACOBS' MASTERWORKS

OCTOBER 10, 11 & 12

Jahja Ling, conductor  
Nadja Salerno-Sonnenberg, violin  
SHOSTAKOVICH: Violin Concerto No. 1  
TCHAIKOVSKY: *Swan Lake* (suite)



Nadja Salerno-Sonnenberg

OCTOBER 24, 25 & 26

Jahja Ling, conductor  
Yolanda Kondonassis, harp  
HOLST: *The Planets*  
SHENG: Harp Concerto (world premiere)



Jahja Ling

NOVEMBER 7, 8 & 9

Peter Oundjian, conductor  
Pascal Rogé, piano  
SAINT-SAËNS: Piano Concerto No. 2  
BARTÓK: Concerto for Orchestra

NOVEMBER 21, 22 & 23

Jahja Ling, conductor  
The Romeros, guitar quartet  
STRAVINSKY: *Petrushka*  
PALOMO: *Concierto de Cienfuegos*



Yolanda Kondonassis

DECEMBER 5, 6 & 7

Jahja Ling, conductor  
MAHLER: Symphony No. 6, *Tragic*

DECEMBER 12, 13 & 14

Nicholas McGegan, conductor  
Jeff Thayer, violin  
San Diego Master Chorale  
BACH: Concerto for Violin No. 2  
HANDEL: *Messiah* (highlights) *Water Music*  
CORELLI: *Christmas Concerto*



The Romeros

### HALLOWEEN WEEKEND



Marvin Hamlisch



Anne Runolfsson



Hugh Panaro

OCTOBER 31 & NOVEMBER 1, 8pm

### HAUNTED HAMLISCH

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Marvin Hamlisch, conductor  
Anne Runolfsson & Hugh Panaro, vocals  
"Little Shop of Horrors" Medley, "The Chamber of Secrets" from *Harry Potter*, "Music of the Night" from *Phantom of the Opera* and more.

NOVEMBER 2, 2pm  
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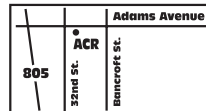
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# Bay marine terminal union workers push to defeat redevelopment plan

By SEBASTIAN RUIZ | DOWNTOWN NEWS

San Diego Bay marine terminal union workers get up early on Saturdays. They go door to door as part of a campaign to stop a local development company from changing the way this major San Diego Bay terminal operates.

Brian Whatley, president of the International Longshore and Warehouse Union Local 29, said the redevelopment initiative, in the form of Proposition B on the November ballot, would threaten about 400 jobs the local chapter represents.

The initiative put forward by San Diego Community Solutions, LLC, would change the port's master plan to allow commercial developments such as hotels and restaurants on port-controlled tidelands. Plans would include building a deck above the area — possibly including a sports stadium or arena.

The Tenth Avenue Marine Terminal lies near the end of Harbor Drive.

But union workers fear the repercussions of such a development.

According to Whatley, the average annual pay for a longshore union worker can range from \$90,000 to \$120,000. That includes overtime, employment benefits and salary, he said. The union organized the door-to-door campaign against Proposition B at a cost of about \$20,000 so far, he said.

Longshore union workers move large equipment, including windmills, propeller parts and steel cargo, Whatley said. Physical restrictions accompanying redevelopment would interrupt work. Port officials have said more than 45,000 jobs could be indirectly affected by the initiative.

"It's just not possible for us to load the type of cargo that we do... with a 40-foot deck above us. You just can't move that type of equip-

ment around," he said.

Over the last few months, proponents of the redevelopment initiative were able to gather the 60,000 signatures needed to begin the initiative process. The Port of San Diego would also have to pay the estimated \$10,000 to verify the signatures.

Port officials, local union workers and some businesses have joined together against the proposed change under the banner of "Save our Working Waterfront." The group is made up of Port Tenants Association members and others opposed to the measure.

“These are supportive uses that would be allowed on this terminal so long as they didn't conflict with priority use.

FRANK GALLAGHER  
SAN DIEGO COMMUNITY SOLUTIONS

Frank Gallagher, a principal partner in the redevelopment company backing the initiative, said redevelopment would add more jobs, not threaten them.

And with the possibility of a brand-new sports venue, hotels and hospitality industry business attracting tourists, opening up the terminal to private development would also bring lots of tax and rent money into city coffers at no cost to the public, he said.

"These are supportive uses that would be allowed on this terminal so long as they didn't conflict with priority use," Gallagher said in a recent interview.

There are no solid plans, howev-

er, depicting what exactly would be built, he said.

A superior court judge ruled in September that San Diego voters would decide in November whether a private firm can redevelop about 100 acres of terminal now under the control of the Port of San Diego.

An appellate court delivered another blow to opponents of the measure a few days later, when the court denied an appeal by the Port of San Diego to stop the initiative from reaching the ballot.

The court cited lack of a "clear and compelling" reason to stop it from going to voters, according to court documents.

Port officials said they also tried to change the language on the ballot last month because the original ballot language was "misleading." The appellate court rejected that move as well.

Court documents say the text that should now appear on the November ballot would read: "Shall the San Diego Unified Port District's Master Plan be Amended by the Adoption of 'The Port of San Diego Marine Freight Preservation and Bayfront Redevelopment Initiative?'"

If voters pass the measure, any construction would have to be vetted by the California Coastal Commission, according to a letter from the commission addressed to the Port of San Diego.

However, so long as any redevelopment complies with state environmental laws, nothing short

of a California Coastal Act violation can stop redevelopment.

"Whatever is going to get built there is going to be in compliance with regulations and with the coastal commission...no different than what you already see right across the street from Petco [Park]," Gallagher said.

The battle over the bay has been raging in the public arena since the Board of Port Commissioners voted unanimously in May to place the redevelopment initiative after sufficient signatures were gathered

to bring the matter to a public vote, according to port officials.

The most recent debate between sides took place Friday, Sept. 12 at the Southeastern Economic Development Council's annual summit.

Panelists included Gallagher, representatives of the Imperial Labor Council, port officials and marine industry contractors.

To watch a video of the forum or for more information on the initiative, please visit [www.portofsandiego.org](http://www.portofsandiego.org).

## Who are all these people?



They're among the thousands that came together Sunday, Sept. 28 in Balboa Park as part of the largest HIV/AIDS fundraiser in the region. And it's not over yet. Funds collected through Friday, Oct. 24 still count toward individual and team fundraising totals. Established as AIDS Walk San Diego in 1989, the event has raised more than \$7 million toward local AIDS prevention and care programs. - COURTESY PHOTO

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## HIDDEN TREASURES

Appraisal Event

What is your hidden treasure worth? Find out for a small donation!

1 item \$15  
2 items \$25  
3 items \$30

Hidden Treasures is an appraisal event supported by Bonhams & Butterfields auction house. 100% of the proceeds support Friends of County Animal Shelters (FOCAS)

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**Who:** Friends of County Animal Shelters is raising money for their Medical Fund which aids sick and injured shelter animals.  
**What:** For a small donation, specialists provided by Bonhams and Butterfields will verbally appraise your hidden treasure.  
**Where:** St. James by the Sea Church Hall: 7776 Eads Ave, La Jolla, CA 92037  
**When:** 11am - 3pm, Saturday, October 18<sup>th</sup>, 2008.  
**Why:** So FOCAS can continue their mission to assist the many (furry) hidden treasures within The San Diego County Animal Shelters.

In the below noted categories:  
Furniture and Decorative Arts\* • Fine Arts • Books and Manuscripts  
Asian Works of Art • Jewelry • Entertainment Memorabilia

For more information and to pre-register for the event, please visit [www.focas-sandiego.org](http://www.focas-sandiego.org) or call 858-459-5046

\*Furniture and large items will be appraised by photo only

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## GUEST COMMENTARY

# Proposed relocation of Harbor Drive is disturbing at best

By TOM DELAHANTY

The proposed relocation and narrowing of Harbor Drive is very disturbing to the majority of residents who have become aware of what the Port Authority is proposing.

It appears the entire project is directed primarily at providing more parking places for the sportfishing industry and that everything else is relatively unimportant.

In the following eight points I would like to point out my analysis of the proposed plan and what changes should be made.

1. The sportfishing industry has 464 "paid parking" places. They claim they need 910 spaces for 3 months of the peak fishing season (July – Sept.). From July 4 through Aug. 28, there were an average of 72 empty spaces per day, and they were never full. Why do they need 910 spaces when they can't fill 464 spaces?

2. There is a plan to build a parking structure on the present Westy's parking lot on Harbor Drive. That will add 237 more spaces for the sportfishing industry. That will more than satisfy the needs for the area, including any further commercial expansion.

3. If the Port Authority feels more parking places are needed for peak periods, they presently have a 293-space parking site at the corner of Shelter Island Drive and Anchorage Lane (near the Rondolet). It is only a 4-minute walk to the sport fishing wharfs. During the past two weekends, they averaged 230 empty spaces per day. On weekdays they averaged 180 empty spaces.

It is easier to manage the use of these empty spaces for the sportfishing industry than to dig up and relocate Harbor Drive.

4. The Port's plan to add 188 new parking spaces on Harbor Drive will all be paid parking. And the present 112 free parking places on Harbor Drive will be turned into paid parking.

That will force workers in the area to go and park in

front of residents' homes. This is a very sore point among local residents. These new spaces are not needed and should not be built on Harbor Drive.

5. The curved lane from Scott Street to Harbor Drive is very important to local residents and to workers who use it daily to go to and from work. The relocation of Harbor Drive will eliminate the curved lane and force drivers to go up to a traffic light, stop and make a sharp right turn. This will slow and backup traffic along Scott Street and is completely unnecessary.

6. The Port has stated that the safety of pedestrians is very important. We all agree with that. A pedestrian light can be placed at the Scott Street curve so that they can stop traffic whenever they wish to cross. This will not be a major disruption to traffic. On one day that I counted the traffic, from 3:30 to 5 p.m., there were 767 vehicles that used the curve, and only nine pedestrians crossed.

7. The Port Authority plans to cut down and remove over 100 trees on Harbor Drive. That is another very disturbing part of this plan. Many of those trees are the large ones in front of the Navy base at the corner of Harbor Drive and Nimitz Boulevard.

If those trees are removed to create pay parking places, the visual entrance to Point Loma will be the unattractive gray Navy buildings. We cannot let that happen.

8. One point we all agree on is that the area should be beautified and made more attractive. Harbor Drive should be repaved and potholes repaired. If only a part of the \$4 million in the Port Authority Plan were used to beautify the entrance to Point Loma, it would be highly beneficial to everyone.

We would be happy to work with the Port Authority and the city to work out a solution which is beneficial to both businesses and residents of the area.

— Tom Delahanty is a resident of Point Loma.



## LETTER TO THE EDITOR

### Council's apathy speaks volumes to one resident

To get a crash course on just how unimportant you are to the San Diego City Council, I suggest you attend one of their meetings at the Downtown Council Chambers to either observe or provide public commentary. It will be a real eye-opening experience.

As San Diego Community Advocate for the past 14 years, I attended such a meeting on Sept. 3 to address the council regarding a legislation proposal. After nearly 5 years of research and preparation, it was an opportunity I had looked forward to.

The experience certainly was memorable, however not in the manner I'd expected from our city representatives. Throughout my presentation, with the exception of one councilmember, the remaining members were exceptionally rude, disrespectful and discourteous.

Scanning the audience for signs

indicating an interest in my proposal, I made a special point to observe the reactions of my own district representative, Kevin Faulconer.

During my well-prepared and well-thought-out commentary, Mr. Faulconer never once looked up from his papers to so much as acknowledge my presence, let alone my presentation. As I spoke, another member of the council smiled and waved exuberantly to someone in the public audience. Looking down at the table or around the room, the others sat with bored, disinterested expressions on their faces. Only one councilmember, Toni Atkins, stood out from the rest. She exhibited courtesy, respect and an obvious interest in the fact that someone from "the public" was addressing them on an important issue affecting so many of their constituents.

Once my allotted time was over, I walked away from the podium in pure disgust. When, I thought, had becoming a political figure so disengaged these "representatives of

the people" from basic social graces? By using a well-known political tactic of ignoring and dismissing a constituent to make [him or her] give up and go away, did they actually believe they would succeed? When had their positions ever allowed for such blatant arrogance? What had possessed them to assume they were above the rest of us?

Later that day, I telephoned Councilmember Faulconer's office to inform him that his behavior was unacceptable and unbecoming a city representative of the people. I also contacted Councilmember Toni Atkins to thank her for the respect and courtesy she had exhibited during my commentary. As I stated to each of them, I will not forget the experience. Nor do I intend to keep it to myself.

A simple political title does not impress me in the least. It is the character and actions of the political figure that does...

Christina Wynne Torkay  
Point Loma



Send you letters  
to the editor to

downtown@sdnews.com.



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DOWNTOWN NEWS



Mannis Communications  
4645 Cass St. Box 9550  
San Diego, CA 92169  
Fax: (858) 270-9325  
Ad Fax: (858) 713-0095

downtown@sdnews.com  
(858) 270-3103



sdnews.com

#### PUBLISHERS

Mannis Communications  
David Mannis  
(858) 270-3103 x105  
dmannis@sdnews.com  
Julie Mannis Hoisington  
(858) 270-3103 x106  
jmannis@sdnews.com

#### EDITOR IN CHIEF

Anne Terhune x133  
mail@sdnews.com

#### EDITOR

Martin Jones Westlin x134  
downtown@sdnews.com

#### ACCOUNTING

Heather Glynn x103  
Patty Angley x120  
Accounts Receivable

#### OPERATIONS MGR.

Julie Mannis Hoisington x106  
julie@sdnews.com

#### AD CONSULTANTS

Mike Fahey x117  
Jason Gregory x116  
Marjorie Kirby x122  
Michael Long x112  
Ashlee Manzo x123  
Laura North x136  
Michael Padden x146  
Heather Snyder x115  
Innessa Zavulunova x147

#### CLASSIFIEDS MGR.

Heather Snyder x115  
heather@sdnews.com

#### CLASSIFIEDS

Kristin Silvestri x144  
kristin@sdnews.com  
Kim Donaldson x118  
kim@sdnews.com

#### PRODUCTION MGR.

Casey Dean x107  
casey@sdnews.com

#### PRODUCTION

Dee Kahler, David Ramsey,  
Chris Baker

#### PHOTOGRAPHERS

Mercy Arcolas, Don Balch,  
Paul Gallegos, Ron Gallegos,  
Ronan Gray, Paul Hansen,  
Paul Parks, Eric Rife,  
Tom Walko, Kirby Yau

#### CONTRIBUTORS

Stephanie A. Alderette,  
Charlene Baldrige, Matthew  
Busse, Diana Cavagnaro,  
Amber Dance, Anthony  
Gentile, Corrinne Gray-  
Staples, Larry Harmon,  
James Colt Harrison, Dave  
Kensler, Nicole Larson, Linda  
Marrone, Johnny McDonald,  
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Loralee Olejnik, Neal Putnam,  
Alyssa Ramos, Sebastian  
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Simmons, Laurie Smith, Ron  
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Thomas, Heather Tyler,  
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**DEADLINES** All content must be received by 5 p.m. on the Thursday prior to publication.

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# Jury deadlocks over firefighters' sexual harassment suit

**By NEAL PUTNAM | DOWNTOWN NEWS**

After four days of deliberations, a jury deadlocked Oct. 6 over whether four San Diego firefighters were sexually harassed during the 2007 LGBT parade.

Jurors were able to answer only one question in the lawsuit, and they voted 11–1 to conclude that firefighter Jason Hewitt was not subjected to an adverse employment action by filing the lawsuit with the three others against the city and the city's fire-rescue department. In a civil case, nine votes are required to reach a decision. San Diego Superior Court Judge Michael Anello set a retrial for Jan. 16.

City Attorney Mike Aguirre

called the verdict a victory for the city of San Diego and said the firefighters were motivated by greed.

Aguirre said that if a jury had awarded damages, the money would come from taxpayer dollars.

Charles LiMandri, the firefighters' attorney, said the city violated its own anti-sexual harassment policy by ordering the four into the parade even though they objected and that other firefighters had complained about slurs and crude gestures from crowds at previous parades. He had sought \$500,000 to \$1 million for each plaintiff.

Hewitt and the three other firefighters testified they were forced to drive a fire truck in the July 2007 parade in Hillcrest after one crew originally set to appear dropped out after their driver had

“For me, I feel it was a win because we stood up for what we believe in. It was never about any money from the city.”

**JOHN GHIOTTO**  
SEXUAL HARASSMENT PLAINTIFF

a sudden family emergency. Hewitt was promoted to captain last February.

Several jurors said they were

split in many different ways and could not get the nine votes needed to answer any of the lawsuit's claims, such as the severity of the harassment and the relative hostility at the parade.

Along with Hewitt, John Ghiotto, Chad Allison and Alexander Kane testified they were repeatedly subjected to jokes about hoses during the parade.

They also said they were forced to participate and given only five hours' notice.

Fire Chief Tracy Jarman testified that policy has changed as a result of the firefighters' complaints. She told the six-man, six-woman jury that only volunteers will be asked to operate a fire truck and march in future parades, a policy that was followed in the 2008 parade. Jar-

man said she remembered the hose jokes, but she and other firefighters testified they did not hear or see other types of behavior the firefighters said they witnessed.

Deputy City Attorney Maria Severson told jurors in closing arguments the city cannot be responsible for comments made by the public and the city can't regulate how someone dresses in a parade. Severson argued the firefighters claimed they were sexually harassed but that none of them said they were touched by any parade spectator.

“For me, I feel it was a win because we stood up for what we believe in,” said Ghiotto after the mistrial. “It was never about any money from the city. It's too bad we had to go this far.”

## LAW

CONTINUED FROM Page 5

work here.”

He cited a laundry list of the city's failures.

“We don't have the water. We don't have the roads repaired. We don't have the streets, the alleys, the buildings repaired... We're behind on our wastewater system. We're behind on our cleansing system and our water system,” he said.

The city has done a very poor job of providing basic services that taxpayers expect, he said.

“But at the same time” he added, “while were not doing all those things, we have one of the most massive lucrative pension pyramids that's ever been built in the history of western civilization that pays people more money to retire than to work. And you have to wonder, ‘Gee, this seems to suggest, the circumstantial evidence suggests, that the city officials spent more time trying to figure out how to line their pockets than they have in figuring out how to serve the public.’”

Aguirre thinks he has the answers. And some may agree.

“That's why The Wall Street Journal weighed in on this and said what I'm doing should be a model for the nation in trying to set aside the \$800 million of illegal [pension] benefits, which my opponent has given up on so he can get the support of the powerful unions who have so much to say about the election,” Aguirre said.

While Aguirre cites what is wrong with the city as a whole, Goldsmith sees Aguirre as part of those same problems.

“The biggest problem facing the city is its fiscal problems. There's no question about it,” Goldsmith said.

“This is a multi-billion-dollar municipal corporation that does not have a lawyer that views the city as its client and doesn't give advice.

“[City officials] are prone to making some very big mistakes without legal advice, and that goes hand in hand.”

Aguirre has tried to set himself as a steward of the community using the law to look out for Joe Taxpayer while painting his opponent as a protector of the Old Guard.

Goldsmith has made a commitment to the people of San Diego to put the law, not the law office or its power, first and foremost — a commitment that he may well believe Aguirre has forgotten about.

So who will it be? Goldsmith or Aguirre?

You decide.

## Re-Elect Mitz Lee for School Board

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*The teamwork of Paul Phillips, M.D. and Linda Beckman, R.N. is one of the reasons why Scripps Mercy Hospital's Heart Care Center is among the most respected in the region.*





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# PLNU grad was a bright spot in a disappointing Padres skein

By KEITH ANTIGIOVANNI | DOWNTOWN NEWS

Despite the San Diego Padres' disappointing 2008 season, there is a ray of hope for the franchise and for Point Loma Nazarene University (PLNU) backers who witnessed former Sea Lion Michael Ekstrom make his major league debut as a reliever for San Diego on Sept. 10.

"Coming to the Padres has been [a] great and awesome experience overall," Ekstrom said. "It has been a lot of fun traveling around. The whole experience is awesome."

Ekstrom struck out Los Angeles Dodgers power hitter Manny Ramirez and held Los Angeles to two scoreless innings that night.

"I had just walked two batters and had two strikes on him. I made a pitch on the corner and was able to strike him out. It was nice to get that out," Ekstrom said.

The 25-year-old right-hander was called up by San Diego on Sept. 6 after pitching for the San

Antonio Missions, the Padres' double-A affiliate. During the season, he faced the Los Angeles Dodgers and the Milwaukee Brewers, both postseason contenders. He ended the regular season having pitched 9.2 innings and given up 14 hits, 8 earned runs and 7 walks; he also notched the strikeout of the vaunted Ramirez.

On Sept. 15, he closed out an 11-5 victory over the Colorado Rockies at Coors Field. In two innings of work, he gave up two hits, one run and a walk.

While at San Antonio this season, Ekstrom posted an 11-8 record and a 4.58 earned run average (ERA) in 41 appearances and worked 108 innings.

It was his recent set of performances — with a 9-3 record, 2.34 ERA and 53 strikeouts in his last 50 innings pitched — that prompted the September call-up to the majors.

"Playing in the major leagues is quite a bit different than the minor leagues," Ekstrom said. "You have

to work hard in the minors, and hopefully it can pay off for you."

Ekstrom was drafted by the Padres in the 12th round of the 2004 amateur draft after he led the Sea Lions to the 2004 College World Series. He has made his mark in the PLNU record book as the school record holder for most wins in a single season (12) and in the ERA department with 1.96.

He began his college career at Oregon State University in Corvallis before he transferred to PLNU before his sophomore season.

After two years in the minors, Ekstrom emerged as the Padres' Minor League Pitcher of the Year in 2006, when he split the season between single-A and double-A before spending the 2007 and 2008 seasons with San Antonio.

The Missions won the Texas League championship in 2007 and clinched a Texas South League Division wild-card berth in the postseason this year.

Ekstrom is only the second player from PLNU to reach the major



PHOTO BY JORGE DE LA TORRE | DOWNTOWN NEWS

Mike Ekstrom, seen here pitching for Point Loma Nazarene University during a game against UCSD at the Aztec Invitational at Petco Park in 2004, was called up to bolster the Padres bullpen as the regular 2008 season came to a close. The Padres finished last in the National League West, arguably the weakest division in baseball.

leagues and the first since pitcher Marty Decker in 1983. Decker also pitched for the Padres, posting a 2.08 ERA in 8.66 innings before arm injuries forced him to retire early.

Getting called up in September can be a mixed blessing — the player gets an opportunity to play in the majors, but it is usually with a team out of the playoff hunt and whose veterans may be experiencing motivational breakdowns.

Not true for Ekstrom and other young players finally getting their shot at the bigtime.

"I'm still kind of new to the team, but we have a lot of new guys that I have played together with in the minors that [have] also been called up," Ekstrom had said before season's end.

"We know we have to fight and play hard. We are going to play the best that we can and try and win as many games as we can."

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## "San Diego Doctor 'Spills the Beans' and Reveals How to... Live Life Without Neck Pain, Back Pain, or Headaches"

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Suffering from back or neck pain can be one of the worst things that any person can go through. Believe me, I know.

Thirteen years ago, I suffered from extreme back pain. In fact, the pain was so strong that I would get muscle spasms for days at a time. I even remember one instance where I just couldn't stand the agony any longer, and **I broke down and cried.**

It was at this point that one of my friends recommended that I go and see a chiropractor. To be honest with you, I had no idea how a chiropractor could help me. I always thought that the only solution was to take an over-the-counter medication, like aspirin, Motrin or Tylenol.

But since these medications weren't helping any, I decided to give the chiropractor a try. After the first adjustment, I didn't know whether to thank my friend for recommending me to the chiropractor, or scolding him for not telling me sooner!

I was worried that the chiropractic adjustment would hurt, or that it wouldn't work. Well, I was **wrong** on both counts. **Not only did the adjustment not hurt, in actually made me feel a lot better.** And as for my fear that the chiropractic adjustment wouldn't be effective, well it worked so well that I decided to become a chiropractor myself!

This was then, now I help people live life free from **back and neck pain, just like I was helped.** I also help people who suffer from **headaches, carpal tunnel, numbness in the shoulders and legs, and people who have been involved in sports injuries and car accidents.**

In fact, here is what a few of my patients had to say about me...

### \* UNSOLICITED TESTIMONIAL \*

"I was having so much back pain, neck pain and terrible headaches that affected my job. I was misdiagnosed so many times but now, I live pain free since I've been seeing Dr. Wong. My husband and kids used to call me 'grumpy' but not anymore! Thank you Dr. Wong!"

Signed,

*Ligaya A.*, RN, San Diego, CA.



Dr. Wong (right) takes some time from his busy schedule to talk with Registered Nurse and former migraine headache sufferer, Ligaya A. She is one of many patients who's life has changed since she has been seeing Dr. Wong.

(STAFF PHOTO)

And just like I helped those people described, I also want to help you. So if you suffer from neck or back pain, headaches, carpal tunnel, numbness, or have been involved in a sports injury or car accident, give our office a call at (619) 222-8885.

### \* UNSOLICITED TESTIMONIAL \*



When I first came to Dr. Wong, I was in constant pain and could barely walk up the steps to his office. Now, after being under his care, exercise to strengthen my back and body, I can honestly say that I am pain free! I am no longer taking any pain medication. My bowling game is better and I am now walking about 3 miles a day. I am back to enjoying life as I did before my back problems.

Signed,

*Larry D.*, San Diego, CA

In fact, if you call our office by **October 31<sup>st</sup>, 2008**, I will provide you with a full exam for **only \$47.** And when I say **complete, I mean complete!** I'll see what's wrong with you, take any x-rays that might be needed, go through your exam with you, and provide you with a detailed report on what is the cause of the problem, and what is the solution. Other chiropractors **charge as much as \$270 for the same exact exam that I am offering you for only \$47.**

And don't worry, you won't be obligated for any further care. The only thing that I'll do is find out what is causing your problem, and what you can do about it. If you decide to stick with me with further care, I'll let you know about how long it will take to correct the problem, and how much it will end up costing.

Also, I accept most insurance plans. But even if you don't have insurance, that's okay. I keep my fees low enough that it won't be a financial hardship. **I'm not just trying to lure you in with a \$47 initial visit, and then hit you up with ridiculous fees - I want to be able to help you with your health problem.**

When you call, I will have my staff will do everything possible to get you in the same day even if they have to work you in during a busy time.

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*Dr. Henry Wong, D.C.*

**P.S.** When accompanied by the first, we're also offering the second family member this same examination for only **\$27 - What a great offer!**

**P.P.S.** Don't forget, this offer ends at noon on **10-31-2008** so call right now!





# Little Italy’s Calendar of Events

### Every Saturday – Little Italy Mercato: City Market

The Little Italy Association is proud to present a new weekly event — Little Italy Mercato — poised to become downtown San Diego’s official ‘city market.’ Little Italy Mercato will be held every Saturday from 9 a.m. to 1:30 p.m. on Date Street (between Kettner and State streets in Little Italy). Visitors will have the unique opportunity to select fresh specialty items such as organic produce; meats, cheeses, pastas and other authentic foods; enjoy live chef demonstrations; tastings and more. For more information, click here. (www.littleitalymercato.com)

### October 12, 2008: 14th Annual Little Italy Festa

Little Italy Association is proud to make the Little Italy District come alive. Come and enjoy over 120 Italian Food & Crafter Booths, 2 stages of entertainment, Gesso Italiano (Italian Chalk): Little Italy’s Chalk Painting Event, a Stickball Tournament and a Beer & Wine Garden. Load up the family, friends & pets and come to the Largest Italian Festival outside of New York City. This event is held on India Street between Ash and Grape Streets from 10:00a.m. - 6:00p.m. For more information, click here.

### October 16 – The Bulls of St. Agata Charge Little Italy: Lamborghini Show

Symbolic Motors, Lamborghini of San Diego and the Little Italy Association are thrilled to invite the Lamborghini USA to display over 50 Lamborghinis, some of Italy’s finest Italian machinery, on the corner of Date and India Streets from 6 to 10 p.m. Come see these fine vehicles gleam in the evening lights and make the ground rumble with their powerful engines. It is an event you and the family won’t want to miss.

### October 31 – 2nd Annual Trick-or-Treat on India Street

Little Italy businesses are opening their doors for the little ghouls and goblins of the Downtown neighborhoods to come Trick-or-Treat from 5:30 to 7:30 p.m. This fun-filled family event allows children to experience Trick-or-Treating in an safe and urban environment. Just because children grow up in the City doesn’t mean they shouldn’t enjoy the fun of dressing-up and getting candy. There will also be a Halloween costume competition for the kids (10 and under) at the Piazza Basilone at 6:30 p.m.

### November 5 – Taste of Little Italy

Back by Popular Demand, Taste of Little Italy...Come Taste the Flavors of Fall from 5 to 9 p.m. For more information and tickets, visit www.tasteoflittleitalysd.com

### December 6 – 9th Annual Little Italy Holiday Tree Lighting

The Little Italy Association is proud to present the kick-off to its annual holiday shopping, dining and pampering season with the 9th Annual Little Italy Holiday Tree Lighting held at the Piazza Natale on the corner of India & Date Streets from 5:30 to 7 p.m. Come one and all; family, friends and pets are welcome. Also we are expecting a surprise guest to add that additional holiday cheer; along with the music, Italian cookies, cider and coffee we will be providing.

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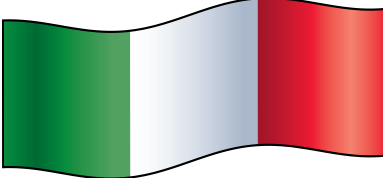
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# Little Italy’s Festa Extends to Anthology’s Stage for a Free Concert with SD Music Award Winners

Anthology, Little Italy’s internationally acclaimed, new live music venue and fine dining restaurant celebrates October with two big events.

Sunday, October 12, Anthology joins the neighborhood Festa festivities by opening their venue to a free concert from 12 to 5 p.m. on the Anthology Stage. Winners from this year’s San Diego Music Awards will be featured including: Billy Midnight —Best Americana Album; Say Vinyl — Best Local Recording; Eve Selis — Best Americana; and Nathan James & Ben Hernandez — Best Blues Album. KXYX and Sophie 103.7 are co-sponsors.

Anthology will open the doors at 11 a.m. with full bar service, drink specials, light fare menu, plus burgers and hot dogs on the grill. After Festa, it’s Sunday Night Football with the San Diego Chargers vs. New England Patriots on the largest screen in Little Italy. Festa runs from 10 a.m. to 6 p.m. and expands for the first time down India Street to A Street in downtown San Diego.

Friday, October 31, Anthology turns into the favorite neighborhood haunt with a rockin’ Halloween in Little Italy sponsored by Jack 100.7FM. Happy hour potions and brews start at 5:30 p.m. High performance rockers The Tubes [most recognized for their song: Talk to You Later] headline the 7:30 p.m. dinner concert and the 10 p.m. show. The late night 10 p.m. party crowd gets in half price

if donned in a costume. Over \$15,000 worth of prizes will be given away — including \$1,000 cash prize for best costume.

For a complete up-to-date calendar listing, artists, online ticket purchases, and private event information visit [www.anthologysd.com](http://www.anthologysd.com).



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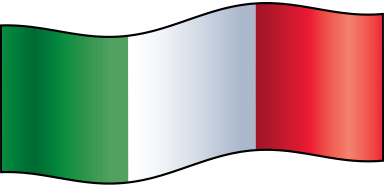



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## A NEW LAW FIRM IN DOWNTOWN SAN DIEGO

May 1, 2008, When Attorney Gerald E. Smith decided to go on his own practice after the Law firm of Kerry Steigerwalt decided to merge with Pacific Law Center, where was a senior associate and handled serious felony cases such as murder, assault with deadly weapon, child molest and serious drug charges.

Attorney Gerald E. Smith grew up in Superior, Wisconsin. As a youth he consistently achieved high academics all the while competing with the Traveling All-Star Hockey Team in national tournaments throughout the Northern States. He was also proficient in the Martial Arts, both as an Instructor and Full Contact Fighter. After attending three years at the University of Minnesota, he transferred to the University of Texas where he obtained his Bachelor of Science Degree.

Prior to his decision to pursue his career as an attorney, Mr. Smith had a highly successful career as a Texas Police Officer, ultimately obtaining the rank of Sergeant. In addition, Mr. Smith was a member of the Department's SWAT Team. Mr. Smith was recognized not only for his work while on duty as a police officer, but also for the implementation of a Drug Educational Program (DARE) in Three School Districts. Mr. Smith achieved his Instructor's Certification from Texas Commission Law Enforcement Officers Standards and Education (T.C.L.O.S.E.) and taught various topics to new officers in the Academy. However, due to a serious car accident, Mr. Smith was forced to pursue another career and decided to attend law school. As a law clerk, Mr. Smith interned for the U.S. Attorney's Office and in the private sector for a small civil firm. After graduating from Thomas Jefferson School of Law in 1993, he passed the February 1994 Bar Exam.

Mr. Smith is a member of the State Bar of California and the Federal Bar in Central and Southern Districts of California. He had previously worked for a large criminal defense firm (Steigerwalt and Associates) and exceptionally handled the firm's serious felony cases (e.g., murder, attempt murder, robbery, rapes, sexual assaults, child molestations, assault, battery, domestic violence, drug charges, theft related charges, and DUIs). Mr. Smith is highly respected by both judges and prosecutors, and has been very successful in negotiating cases where a trial was not in the best interest of his clients.

Mr. Smith is an aggressive experienced attorney who has handled a multitude of cases with impressive results. He believes in earning the trust from his clients and getting to know them personally, so they do not feel that they are just a file number. For most of his 15 years as an attorney, Mr. Smith has used his experience and skill defending the rights of the wrongfully accused.

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# FASHION

## ASR electrifies convention center audience



### Fashion Files

By DIANA CAVAGNARO

Action Sports Retailer (ASR), known for its surf, skate and snow fare and for its recent forays into mixed martial arts and freestyle motocross, skated into the San Diego Convention Center Sept. 4 to 6. One of the biggest highlights of the expo was the runway show, sponsored by Seventeen magazine. The runway show was mounted twice during the event, with hot spring fashions coming down the catwalk. The theme of the show was "It's Electric," and the popular trends featured neon colors in electric pinks, yellows and oranges.

The Goldbox Mission was set up again, featuring smaller businesses such as Spicy, with organic cottons and temple-effectives with skateboards (graffiti artists designed the wheels). A greenroom was set up for the socially conscious shopper. Quicksilver had a huge selection of environmentally friendly garments; Reef introduced a new sandal that produces no waste when stamped out; and Seed Sucker specializes in organic apparel with a message.

Dr. Scholl's was there with a new eco-friendly sandal. Ytono Surf had a new girl guard designed by an 11-year-old for young girl surfers. Split was on hand with two sewing machines for its reLoved Project. Previous-

ly made garments were redesigned and reworked. The seamsters worked their magic, turning a dress into a skirt and a T-shirt into a halter-top right in front of your eyes.

ASR will be back Jan. 22 to 24 at the Convention Center. For more information, visit [www.asrbiz.com](http://www.asrbiz.com).

### Passport to Style

The Fashion Group International in San Diego presented Passport to Style Sept. 5 to 14. This week of fashion was set up to coordinate with Fashion Week in New York. A contest was held for fashion students in all the local fashion colleges. Fifteen outstanding fashion students were chosen, and one of their creations was put in 15 local boutiques. The participating retail stores are located in downtown San Diego, La Jolla/Pacific Beach and Little Italy/North Park. Each boutique had the garments on display all week so shoppers could come in and vote for their favorite designer.

An industry development conference and career day was presented at the Art Institute of California in Mission Valley for the students. Dianne O. Atelier began as inspirational speaker; Mike Corrales discussed marketing green companies; and the afternoon culminated with a Career Faire. This gave the students and young professionals a chance to network.

The finale, held Sept. 14 at NTC Promenade's Luce Court, Liberty Station, featured a runway show, with the collections of the 15 students. Three fashion college scholarships were awarded at the end of the night — \$1,200 for third place (Angela Saint Laurent), \$1,500 for second place (Brooke Catherine) and \$1,800 for first place (Courtney Little). For more information about the Fashion Group International, please visit [www.fgi.org](http://www.fgi.org).

SEE FASHION, Page 16



Angela Saint Laurent scored a cool \$1,200 fashion education scholarship for this entry.

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# If at first you don't succeed: Theatre, Inc. back at old venue

By CHARLENE BALDRIDGE | DOWNTOWN NEWS

"The place has a certain 'je ne sais quoi,'" says Douglas Lay of The Theatre, Inc.'s new and former location, set to open next month at 899 C St. "Someone threw up outside the door the other day. You just don't get that in Carlsbad."

In recent years, the Downtown area has been a veritable revolving door of smaller gypsy theater companies. The Theatre, Inc., of which Lay is artistic director, was no different — it produced two plays at the same Churchill Hotel location last season and then departed for Swedenborg Hall in University Heights.

Lay and The Theatre are back, bloodied but uncowed following their experience with an extremely successful "One Flew Over the Cuckoo's Nest," for which they sublet the space. The landlord literally locked the company out in midrun, and even though momentum was lost, The Theatre finished the show at an anteroom at Twiggs Tea & Coffee in University Heights. It then moved to Swedenborg, where it subsequently produced Euripides' "Helen."

Before the lockout, Lay and the owner of the historic Churchill had exchanged business cards — one thing led to another, and the owner eventually called Lay, who leaped at the chance to lease the 2,000-square-foot space. Since then, Lay and executive producer Melissa Hamilton have devoted all their time and energy to the venue's

refurbishment.

When interviewed in late September, Lay, paintbrush in hand, had spent much of two months' time on a scissors lift (the ceilings are 20 feet tall). He says he's never been so filthy in his entire life.

"There's something sort of spiritual about creating your own space, putting your blood, sweat and tears into it," he said.

At press time, lighting designer/electrician Mitchell Simcovsky and technical director Vince Sneddon of South Bay Welding were welding and hanging pipes for the lighting grids. "We had to redo all the lights because it was all fluorescent lighting, and I'll have none of that," said Lay. He's opened up the entire space, having torn out walls and cleaned the bathrooms.

He even had an encounter with a toilet: "Melissa! Help! I'm stuck!"

Lay also reported that there are separate bathrooms for actors and audience members. He relates stories of other small theaters where there's only one bathroom and where the actors are told to "hold it" till after the show. All this bathroom humor leads right into the kind of classical farce for which The Theater, Inc. is known.

"The Greeks always started with a tragedy," Lay said, "then closed the evening with a satyr play." The new season opens with a double bill — Marianne McDonald's new translation of "Cyclops," which centers on a bunch of horny satyrs (aren't they always?), and Aeschylus' "Prometheus Bound," also translated by McDonald. Lay directs.

The double bill plays at 8 p.m. Thursdays through Saturdays Nov. 8 through Dec. 14. The Theatre will remount "Helen" at 2 p.m. Sundays during the double bill's run.

Next up is William Wycherley's licentious Restoration comedy "The Country Wife," playing Feb. 28 to March 27, to be followed by McDonald's translation of Euripides' "The Phoenician Women," playing May 1 to 24, and Lillian Hellman's "The Children's Hour" August 1 to 30.

For additional information, visit [www.thetheatreinc.com](http://www.thetheatreinc.com) or phone 216-3016.

## 14th annual Festa set for Oct. 12 in Little Italy

It's not just any festa. It's a precious festa. No kidding-- that's its name.

The 14th annual Little Italy Precious Festa, one of the largest events of its kind west of the Mississippi, is set for Sunday, Oct. 12. About 140,000 are expected for the event, which features Italian food, art, craft vendors, gourmet Italian cuisine, and live music. A stickball tournament and an Alfa Romeo car show highlight various aspects of Italian culture.

For more information on the event, please visit [www.littleitalysd.com](http://www.littleitalysd.com).



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# MUSIC—A LOOK *ahead*

Kelly’s astral local acclaim continues; British vocalist Alison Moyet won’t go

## Astra Kelly Oct. 20

Many local performers have quickly gained a foothold in the local music scene, but singer-songwriter Astra Kelly’s rise has been nothing less than meteoric. Relocating to San Diego from Chicago in 2006, she has become one of the area’s top promoters of local music, a DJ on KPRI and a host of KNSD-TV’s “Concerts on The Square” show. But performing her own music remains her first love. On Oct. 20, Kelly performs an acoustic set at Dublin Square pre-viewing material from her upcom-

ing fourth album. While there is no shortage of singer-songwriters today, Kelly infuses her tunes with just enough rock ‘n’ roll edge to keep things fresh while keeping the melody quotient in her music high.

## Alison Moyet Oct. 23

Although British vocalist Alison Moyet has had an illustrious career since she first made an impact on the charts in 1981, it’s still the early tracks recorded with her group Yaz that resonate with fans. Moyet, who performs at the House of Blues on Oct. 23, was part of a

synth-pop wave of bands, but Moyet’s soulful voice gave her group a power their contemporaries lacked. Though her later solo work didn’t fare well in the U.S., Moyet’s catalog is packed with superb material, from 1984’s “Love Resurrection” to 2007’s “A Guy Like You.” While the emphasis at the show will likely be on her most recent album, “The Turn,” it’s safe to say the biggest cheers will be reserved for her early dance floor classics such as “Don’t Go” and “Situation.”

## Johnny Vernazza Oct. 24

What is it about San Diego that finds so many legendary guitarists settling here? To a list that includes Barney Kessell, Greg Douglass and Jake E. Lee, add blues guitarist Johnny Vernazza, who performs at Patricks II on Oct. 24. While his

name may not be familiar, you’ve heard his music. He came of age in the San Francisco music scene of the late ‘60s, paying his dues in myriad local bands before landing in The Elvin Bishop Group. His tenure in the band yielded Bishop’s sole hit, “Fooled Around and Fell in Love,” which propelled them to international stardom. Vernazza stayed with the band through six albums before embarking on a solo career that has seen him record or perform with the likes of Santana, Chuck Berry and Charlie Daniels. If you’re a blues or guitar fan of any stripe, Vernazza’s performances are never less than a rousing good time.

## Mundell Lowe Oct. 26

The word “legendary” gets bandied about a lot these days, but

in the case of jazz guitarist Mundell Lowe, who performs at Dizzy’s on Oct. 26, it barely begins to describe the man or his music. A current resident of San Diego, Lowe began his career in the 1930s and encompasses recording with such iconic performers as Billie Holiday, Stan Getz and Charlie Parker. In the ‘70s, he moved on to TV and film work, notably the cult classic film “Billy Jack.” The recipient of the Lifetime Achievement Award at the 2008 San Diego Music Awards, Lowe is in his ‘80s and continues to tour and record regularly. Jazz guitar players will come and go, but no one will ever scale the musical heights that Lowe has achieved.

## Greg Laswell Oct. 28-29

Greg Laswell’s most recent album, “Three Flights from Alto Nido,” hasn’t set radio on fire – but when it comes to television, it’s a different story. Long a major local act, Laswell, who headlines a two-night stand at The Casbah on Oct. 28-29, has seen his national profile rise in conjunction with his songs being placed in major TV shows. In the past year alone, he could be heard on numerous shows including episodes of “Grey’s Anatomy,” “Cold Case” and “Kyle XY.” It’s a fitting fate for songs that at their core are cinematic. Now working on his fourth album, Laswell continues to be one of indie music’s most promising young performers. Radio will catch on eventually.

## Wild Weekend Oct. 31

They started out as an all-girl tribute band to ‘70s-era punkers The Zeros, but Wild Weekend, who performs Oct. 31 at The Casbah, has changed. They still perform the occasional Zeros tune, but their set is now primarily originals-based, while the addition of drummer Marcus D’Camp confirms the change of direction. One thing that has remained the same is the group’s high-energy performances. Currently working on their debut album with Gar Wood of the night’s headliners The Night Marchers, Wild Weekend excels at catchy tunes that recall a cross between the Ramones and The Go-Gos. The band’s music is both high-octane and fun.

## FASHION

CONTINUED FROM Page 14

### Strut for Sobriety!

A New PATH (Parents for Addiction Treatment and Healing) presented the fourth annual Strut for Sobriety! at the Westin Gaslamp Quarter Sept. 20. The event began with a boutique and silent auction in the foyer and moved into the California Ballroom for the luncheon. Lael and Annika Kovtun were honorary chairs. Geni Cavitt, Channel 10 News, got the festivities going by honoring celebrity chair Laura Cain, Star 94.1 FM. Joe Bauer, host of San Diego Living, warmed up the crowd with an upbeat live auction. Rory Devine, KNSD News 7/39, gave the PATH to Recovery Awards. Honorees included Ted Judson, drug and alcohol counselor and Navy chief petty officer; John de Miranda, chief executive officer of Stepping Stone; Rev. Canon Mary Moreno-Richardson, director of the Guadalupe Art Program at St. Paul’s Episcopal Church; and Lori Saldana, assemblymember of the state’s 76th District.

SEE FASHION, Page 17



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## FASHION

CONTINUED FROM Page 16

Co-chairs Connie Conard and Colleen Ruis Jackson got the fashion show under way. The event was choreographed and coordinated by Gretchen Productions. Fall fashions from Macy's West North County were shown on the runway. The day culminated with a walk throughout the Gaslamp Quarter to support therapies for those suffering from addiction. The event coincided with a Faces and Voices of Recovery rally for Recovery Day across the nation.

The nonprofit A New PATH works to reduce recidivism, save lives, heal families and move toward a healthier society. For more information, visit [www.anewpathsite.org](http://www.anewpathsite.org).

**For your information...**

Fall Bridal Bazaar with fashion show presented by Gretchen Productions at the Del Mar Fairgrounds on Sunday, Oct. 26. Three shows presented throughout the day. For info, call (760) 334-5500.

*Diana Cavagnaro is a nationally recognized hat designer and milliner. She has been operating a fashion business for 27 years, the last 17 in San Diego's Gaslamp Quarter. She has been teaching in the Fashion Department at Mesa College for 17 years. Diana is an active member of the Gaslamp Quarter Association, The American Sewing Guild, the San Diego Costume Council and the Fashion Group International. [www.aheadproductions.com](http://www.aheadproductions.com).*

# Now hear this: 2008-09 Symphony season features some serious guest artists and events

By CHARLENE BALDRIDGE | DOWNTOWN NEWS

The San Diego Symphony's 2008-2009 season affords plenty of opportunities to hear outstanding guest artists play great music greatly.

Regular-season programming begins Friday, Oct. 10 at Copley Symphony Hall, with knockout-gorgeous violinist Nadja Salerno-Sonnenberg playing Dmitri Shostakovich's Violin Concerto No. 1, which opens the Jacobs' Masterworks Series. The rest of the season — a Family Festival Series, Winter Pops, Thursday night Symphony Exposed programs and one-night-only special events — continues along with twice monthly Jacobs' Masterworks programs through May 22-24.

A great favorite with San Diegans, powerful and pleasing pianist Jon Kimura Parker concludes the season with George Gershwin's Piano Concerto in F, conducted by Maestro Jahja Ling. That'll be something to hear. The program also features Rachmaninoff's Second Symphony and John Harbison's "Remembering Gatsby" (a brief, lively pastiche of foxtrot sketches for an opera he didn't write till much later).

In between the Jacobs' Series' October alpha and May omega, Jahja (whose contract continues through August 2012) conducts a total of 11 programs that include a two-week Beethoven Festival (Jan. 9-11 and 16-18) with concertmaster Jeff Thayer, violin, and guest artists Jessie Chang, piano; Carter

Brey, cello; San Diego Master Chorale; and Anne-Marie McDermott, piano. The Triple Concerto will be performed during concerts the first weekend, and McDermott plays Piano Concerto No. 1 during the second.

Jahja continues his survey of Gustav Mahler with the master's Symphony No. 6 ("Tragic") Dec. 5 to 7. December special events include jazz trumpeter Chris Botti (Dec. 15) and George Frideric Handel's "Messiah" (Dec. 14), with Nicholas McGegan, soloist, and San Diego Master Chorale. Violinist Yefim Bronfman returns to play Johannes Brahms' Piano Concerto

No. 2 (Feb. 27 to March 1) with Jahja on the podium.

San Diego Symphony's American conducting fellow Philip Mann makes his Masterworks Series debut April 4 with a nonsubscription concert featuring Canadian violinist Corey Cerovsek in performance of Felix Mendelssohn's Violin Concerto. The program includes Ottorino Respighi's popular "Fountains of Rome" and Mendelssohn's Symphony No. 4 ("Italian"). May 16, renowned soprano Kathleen Battle appears with the orchestra in a program of Mozart concert arias, American spirituals and operatic arias. Jahja conducts.

According to a symphony spokesman, Jahja, who was conducting in China at press time, is exceedingly proud of this season's programming and of the orchestra, with whom he recorded San Diego Symphony's first CD in ten years. Recently released, it features Hector Berlioz's "Benvenuto Cellini" Overture and Nicolai Rimsky-Korsakov's "Scheherazade." The plan is to release two CDs each year for ten years.

For a complete schedule of Jacobs' Masterworks programs, other series and special events, go to [www.sandiegosymphony.com](http://www.sandiegosymphony.com) or phone (619) 235-0804.

## PETS and the CITY

### Chargers' Darren Sproles "Lends a Helping Paw" International Pet Adoption Drive "Kicks Off" in San Diego

3,100 animal shelters and pet rescue organizations in 17 countries worldwide...including 31 here in San Diego County...are joining together for the 10th annual "Iams Home 4 the Holidays" pet adoption drive. Again this year Chargers Running Back Darren Sproles will "lend a helping

paw" for the San Diego H4TH "kickoff" event and "VIP" (Very Important Pet) news conference on Tuesday, October 7 at 1:30 at Qualcomm Stadium.

"Home 4 the Holidays began in 1999 when Helen Woodward Animal Center organized 14 animal shelters in San Diego County to work together during the holiday season," says IH4TH spokesman John Van Zante. "Our goals were to find families for orphaned pets, lower the rate of euthanasia, and encourage people to adopt orphaned pets instead of supporting breeders and puppy mills during their most profitable time of year. During the first drive these 14 shelters reported 2,563 adoptions."

H4TH 2000 grew to include 130 shelters in 5 states, completing 20,000 adoptions. And the 2001 campaign expanded to 450 groups in 4 countries and more than 100,000 adoptions...making IH4TH the largest and most

successful pet adoption drive in history.

In the first 9 years IH4TH shelters and rescues worldwide have reported more than 2-million adoptions.

The public is invited to attend the San Diego Iams Home 4 the Holidays kickoff and VIP news conference at Qualcomm Stadium on Tuesday, October 7th at 1:30 PM.

Van Zante says, "Many of our area shelters and rescues will attend the event with pets that need families. And, again this year, Chargers running back Darren Sproles will be there to encourage families to adopt their new pets. We're proud to have Darren's support along with the Chargers and the NFL players' union."

For more information about Iams Home for the Holidays or to locate participating shelters or rescues log on to [www.iamshome4thetholi-days.com](http://www.iamshome4thetholi-days.com) or call 800-421-6456.

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**Every Friday:** – 7:15 p.m., Saturday: 1:15 p.m. & 7:15 p.m., and Sunday: 1:15 p.m.: Triangle Club's OLD TIME MELODRAMA – Town Hall

**10/1-10/13:** – Home Show – 9 a.m. to 5 p.m. – Town Hall

**10/1-10/21:** – Julian Apple Days - [www.julianca.com](http://www.julianca.com)

**10/14-31:** Town Hall Crafters Fall Arts & Crafts Show– 10 a.m. to 4 p.m. – Town Hall

**10/2-11** – Annual Laguna Mountain Rendezvous – Gate open 8:00 a.m. to 6:00 p.m., Friday until 8:00 p.m

**10/19** – Volcan Mountain Guided Hike – 4 p.m. – Volcan Mountain trail head – (760) 765-4098

**10/31** – Julian Elementary & Jr. High Halloween Carnival– 1 p.m. to 5 p.m. – Cake Walk, Wheel of Luck, Go Fish & Duck Pond, Tattoos & Face Painting, Ping Pong Toss, Dime Toss – 1704 Cape Horn Drive (behind the Julian High School)



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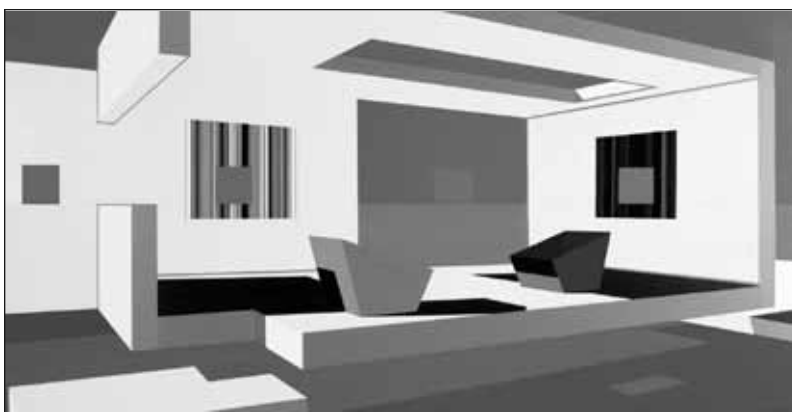
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COURTESY PHOTO

Betcha never knew there were so many different colors of duct tape, didja? The proof's all here in this David Fobes concoction, called "Chromatic," which is on display at the San Diego Academy of Art's Simayspace through tomorrow, Oct. 10. Duct tape is an extremely temperamental material, but it's no match for Fobes. The art academy is located at 840 G St. Downtown. For details, call 231-3900 or see [www.artacademyofsandiego.com](http://www.artacademyofsandiego.com).

## ArtBriefs

### Kid-pleaser

Animals can be pretty gross sometimes, which is of course what makes them so cool in your kids' eyes — and until Jan. 4, the Reuben H. Fleet Science Center is presenting "Animal Grossology," a 5,000-square-foot exhibit that satisfies their instinctive interest in all things gross. Hands-on activities and clever animatronics explain why cows are one of the gassiest animals on Earth, how blood-sucking leeches and snails are used in medicine and exactly how the dung beetle got its name. Visitors will learn about animals in a uniquely gross and exciting way through lifelike models and games such as "Party Pooper," where participants follow clues to correctly identify which doo-doo belongs to each animal. The Fleet is located at 1875 El Prado in Balboa Park. For details, call (619) 238-1233 or see [www.rhfleet.org](http://www.rhfleet.org).

### New face in the crowd

Shostakovich and Tchaikovsky you know. But chances are you've never heard of Bright Sheng, whose "Shanghai Overture" depicts the state of things from his side of the world. The San Diego Symphony thinks Sheng's music is worth an introduction — accordingly, it will present "Shanghai Overture" Friday through Sunday, Oct. 10 through 12, along with selections by the other two. Shostakovich's Violin Concert No. 1 is on tap, along with excerpts from Tchaikovsky's "Swan Lake." Acclaimed violinist Nadja Salerno-Sonnenberg is featured. East meets West at Copley Symphony Hall, 750 B St., at 8 p.m. Oct. 10 and 11 and 2 p.m. Oct. 12. Call (619) 235-0804 or see [www.sandiegosymphony.com](http://www.sandiegosymphony.com) for details.

### A how to the East

The Berlin Wall, which theoretically divided Western and Eastern European culture, fell about 20 years ago — and even when it was standing, it did little to dispel the Eastern flavor of centuries-old European song and dance. You'll get a slice of what that means at this year's Lawn Program of the House of Czech and Slovak Republics Sunday, Oct. 19, at the House of Pacific Relations in Balboa Park. Old World music and songs are on tap, and artifacts from both republics will be on display. And you can have your fill of traditional sausage, rye bread, sauerkraut, dill pickles and pastries. The House of Pacific Relations is located at 2125 Park Blvd., and the program runs from 10:30 a.m. to 4 p.m. For details, call (619) 287-9071.

### More than a name

Lots of people have a nodding acquaintance with classical music's "Carnival of the Animals," or at least the title. The Camille Saint-Saens masterwork depicts lions, roosters, donkeys and more in its trip through the animal kingdom — and Wednesday, Oct. 22, through Sunday, Oct. 26, San Diego Ballet (SDB) will give the piece its own stamp. It will dance to "Carnival" and a series of world music selections from Argentina, South Africa, Brazil, Trinidad and the Netherlands before it sets out on a tour of Texas and Colorado. The performance, the latest in a seven-year collaboration between SDB, Culture Shock San Diego and Young Audiences of San Diego, will run at the Lyceum Theatre, 79 Horton Plaza Downtown, at 8 p.m. For more information, call (619) 544-1000 or take a look at [www.sandiegoballet.org](http://www.sandiegoballet.org).

SEE ARTS, Page 20

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# The Quarrymen, precursor to history's greatest band, set to play Anthology

By BART MENDOZA | DOWNTOWN NEWS

Since the dawn of the rock 'n' roll era in the mid-1950s, many groups have been considered important, or even iconic, but only one can lay claim to having been part of the birth of pop culture's greatest phenomenon. Without The Quarrymen, John Lennon's first band of import, there would have been no Beatles. No one could have had any idea of the importance July 6, 1957 would have on future generations, but on that date, at a local church event, not only did John Lennon make his

first recording, but the wheels were set in motion for Paul McCartney and George Harrison to become latter-day members in their pre-Beatles days.

On Oct. 21, The Quarrymen, featuring original members Len Garry, Rod Davis and Colin Hanton, will perform at Anthology in Little Italy. The band, sans the former Beatles, reunited in 1997 for the 40th anniversary of the fateful day that Lennon and McCartney first exchanged musical ideas, and they've remained active ever since. Ironically, though they now have two albums to their credit, the

band never released anything during their late-'50s heyday. In fact, The Quarrymen only recorded a pair of tunes, as heard on the first volume of the Beatles' career retrospective, "Anthology." However, the impact of those few minutes has extended far from Liverpool. Indeed, many San Diego musicians consider The Quarrymen an important influence.

Ironically, The Quarrymen didn't play rock 'n' roll per se. They were part of a skiffle boom among British teenagers at the time. Using homemade instruments, including a washtub bass, the group would

tackle folk favorites such as "Cumberland Gap" and then-current hits such as The Everly Brothers' "Wake Up Little Susie."

"Skiffle was an empowering musical movement in that it provided an easy way for people with limited musical skills and experience to play," explained producer Sven-Erik Seaholm. "All you needed was three chords and an acoustic guitar, and you could start bashing away. You could become not only a fan of rock 'n' roll but a part of it," he enthused.

"They and hundreds of other kids in the U.K. got into the skiffle

thing after Lonnie Donegan got really big with "Rock Island Line," recalled singer-songwriter Dave Humphries. A child in Durham, England during the mid-'50s, he got into music as a direct result of the skiffle boom.

"The fact that bands could do it themselves was the big thing, a bit like when punk hit in the '70s after bands like Yes or Pink Floyd got too far out on the technical and belly-button-gazing side," he joked.

The fact that so many rock music founders are performing 50 years after the fact is a testament to the power of music.

"It's incredibly surreal that The Quarrymen still exist and tour," noted bassist Hector Penalosa of The Baja Bugs, a Beatles cover band. "But any Beatle fan who knows his or her Beatle history [should] appreciate this phenomenon."

The songs on The Quarrymen's set list are all considered standards today, but Four Eyes guitarist Mark DeCerberio doesn't consider any of them to be old hat.


"Where would rock 'n' roll be without its amazing roots?" queried Rockola guitarist Mark DeCerberio. Known for their note perfect renditions of late-period Beatles classics, the band occasionally digs further back for their set list, including tunes performed by The Quarrymen.

"We stay mostly in the classic rock vein, but songs like "Ain't That A Shame" or "Heartbreak Hotel" are crowd-pleasers we've been known to throw into the set to spice things up," DeCerberio said. He considers the band to be ground zero for rock 'n' roll groups as we know them.

"Considering that the Quarrymen at one point held 3/4 of the members of the greatest band in the world, I would say that they are very important to the history of modern music. I give them 4 out of 4 on the importance scale."

Whether you are a fan of The Beatles or just want a great night of great roots-based fare played by pioneers in music, this show just may be one of the year's highlights. "It's as close as you're going to get to where it all started," DeCerberio said.

The Quarrymen perform at Anthology, 1337 India St., on Tuesday, Oct. 21. 7:30 p.m. Tickets are \$33. For more information, visit [www.anthologysd.com](http://www.anthologysd.com).



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## ARTS

CONTINUED FROM Page 19

### One wicked party

Downtown San Diego's vaunted Gaslamp Quarter can be spooky enough as it is — but try it on Halloween night, and you're asking to lose your wits from fright! If you like that sort of thing, then the Dos Equis Monster Bash is for you. The peeps over at Southern Comfort are sponsoring the event, set for Oct. 31. Tilted Kilt, the Disco Pimps and The Trip are among the music acts, while buskers Mango and Dango will thrill you with their acrobatics. And come dressed for the occasion — the best costume nets a \$3,000 grand prize for its owner. Proceeds will benefit the Gaslamp Quarter Historical Foundation. The fun runs from 6 p.m. to midnight between Market and J streets and at Island Avenue between 6th and 8th. For more stuff, call (619) 233-5008 or take a look at [www.gaslampquarter.org](http://www.gaslampquarter.org).



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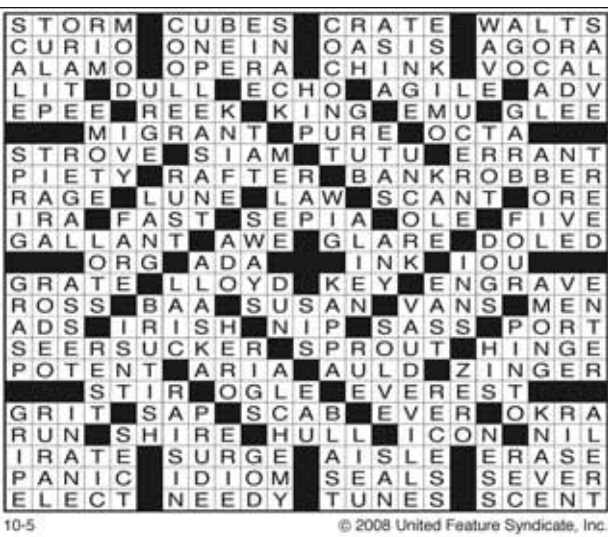
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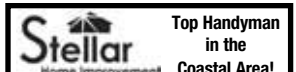
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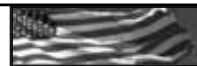
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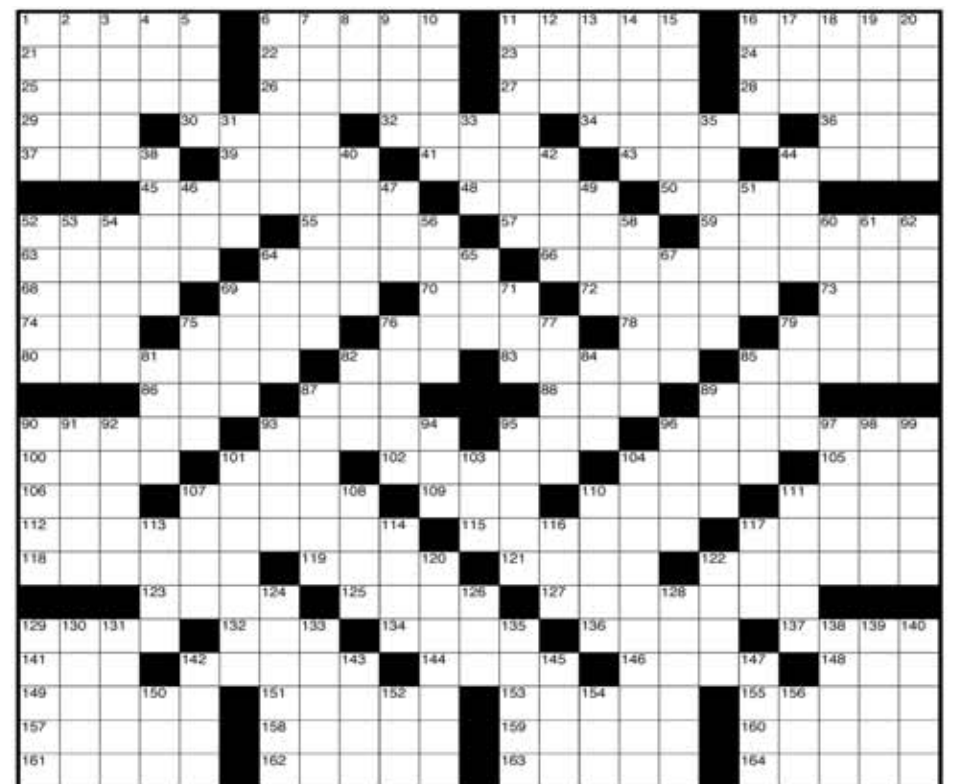
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- Geometric figures
- Shipping container
- Whitman and Disney
- Oddity
- a million
- Place of refuge
- Where Greeks assembled
- Texas landmark
- "Aida" is one
- Narrow opening
- Outspoken
- Kindled
- Tedious
- Repeat
- Like a gymnast
- Part of speech (abbr.)
- Sword
- Smell a lot
- Chess piece
- Flightless bird
- Merriment
- Traveling worker
- Unadulterated
- Numerical prefix
- Tried hard
- Thailand, previously
- Ballet skirt
- Straying
- Devoutness
- Prayer for supporting a roof
- Certain thief (2 wds.)
- Fury
- Clair de —
- and order
- Meager
- Mine's output
- Nest egg letters
- Eat no food
- Brown pigment
- Cry heard at bullfights
- Playing card
- Chivalrous
- Solemn fear
- Angry look
- Distributed (with "out")
- Assoc.
- Oklahoma city
- Red or India
- Promise to pay (abbr.)
- Rub harshly
- Frank — Wright
- Coral reef
- Etch
- Betsy or Diana
- Sheep's cry
- Sarandon or Hayward
- Cilburn and Hefflin
- Gents
- Classified items
- Kind of stew
- Bite
- Back talk
- Sweet red wine
- Puckered fabric
- Produce buds

## DOWN

- Weighing machine
- A flower
- Speechify
- Curved edge
- Temperament
- Picnic container
- Disagreeable
- A letter
- The Emerald Isle
- Small meal
- Tropical fruit
- Go team!
- A continent
- Bit of color
- Inuit
- Ripple
- In the past
- Making all stops
- Commerce
- Soothing preparation
- Press
- "With-it"
- Lake in Switzerland
- Overact
- Dagger
- Vittles
- Clothing
- Plant that climbs
- Tit for —
- Greek letters
- Go at a fast pace
- Small branch
- Jeweled headband
- Kingly
- Fracas
- Open a certain way
- Seething
- Effrontery
- Brought to bay
- Become oxidized
- Knock
- Cabbage variety
- Mother tongue (abbr.)
- Hairpiece
- Get along
- Influences
- Foreign
- Playing card
- Quite a bit
- Fuss
- Every
- Pugs and poodles
- Baked —
- Hotels
- Take hold of
- Roundup
- Something of value
- Secular
- Demand payment from
- Phi Beta —
- Bridge position
- Surrounded by
- Brink
- Stage direction
- Beastly
- Family member, for short
- Old-style entertainment
- "— it a pity?"
- Big sandwich
- Unriddle
- Spotted horse
- Remainder
- Fixes fraudulently
- Regret
- That man's
- Medieval "science"
- Ni
- Dried grape
- -de-vie
- Niche
- Complaint
- Countrified
- Lacking sense
- Nice Nelly
- Explosion
- Scountrel
- Gone up
- Wide awake
- Denomination
- A Great Lake
- Place
- Promontory
- A twitching
- Deity
- Francisco
- Chronicle (abbr.)





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\$1,700,000-\$2,095,000  
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\$1,700,000-\$2,895,000  
SATURDAY - OCT 11 - LA JOLLA - 10AM-4PM  
\$529,000-\$939,000  
11AM-2PM  
\$1,895,000-\$2,795,000  
12PM-2PM  
\$1,795,000  
12PM-3PM  
\$2,777,000  
1PM-4PM  
\$1,199,000  
\$315,000  
\$3,750,000  
\$1,399,900  
\$1,295,000  
\$2,195,000  
\$1,099-\$1,150,000  
1PM-5PM  
\$4,750,000  
3PM-5PM  
\$699,000-\$715,000  
PACIFIC BEACH / MISSION BEACH - 12PM-3PM  
\$1,700,000-\$2,695,000  
\$1,600,000-\$2,400,000  
1PM-4PM  
\$1,069,000  
\$1,049,000  
\$331,550  
\$1,049,000  
1PM-5PM  
\$1,599,000  
\$6,745,000  
\$995,000  
OCEAN BEACH / POINT LOMA - 1PM-4PM  
CARMEL VALLEY - 1PM-4PM  
\$1,295,000-\$1,450,000  
\$599,000  
SUNDAY - OCT 12 - LA JOLLA - 12PM-3PM  
\$1,800,000-\$2,000,000  
1PM-3PM  
\$599,000  
1PM-4PM  
\$4,250,000-\$4,850,000  
\$1,895,000  
\$1,795,000  
\$364,900-\$369,000  
\$3,690,000  
\$1,099,000-\$1,150,000  
\$1,880,000  
\$695,000  
\$1,875,000  
\$2,450,000  
\$2,600,000  
\$1,075,000  
\$3,600,000  
\$1,199,000  
\$999,999  
\$8,900,000-\$17,500,000  
\$6,500,000-\$7,500,000  
\$675,000-\$745,000  
\$675,000  
\$10,900,000-\$19,950,000  
\$5,300,000  
\$4,375,000  
\$529,000-\$939,000  
\$1,395,000  
2PM-4PM  
\$7,000,000  
\$825,000  
\$1,599,000  
PACIFIC BEACH / MISSION BEACH - 12PM-3PM  
\$915,000  
1PM-4PM  
\$589,000-\$689,000  
\$1,069,000  
\$1,049,000  
\$549,000-\$599,000  
\$1,079,126  
\$1,139,000  
\$1,049,000  
POINT LOMA / OCEAN BEACH - 1PM-4PM  
\$1,795,000  
\$1,099,000-\$1,145,000  
\$750,000-\$999,000  
2PM-5PM  
\$1,049,000  
DOWNTOWN - 1PM-4PM  
\$230,000  
\$165,000  
\$370,000-\$390,000  
\$955,000-\$1,000,000  
SCRIPPS/MIRAMAR - 1PM-4PM  
\$1,088,000  
SATURDAY & SUNDAY - LA JOLLA - 1PM-4PM  
\$2,100,000-\$2,450,876  
\$3,295,000  
4BR/4BA  
\$5,950,000  
PACIFIC BEACH - 1PM-4PM  
\$2,100,000-\$2,450,876

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# 'Change' involves more than a spell-check and a vote



## Life in the City

By SANDRA SIMMONS

"Nothing endures but change."  
— Heraclitus

There is a ubiquitous buzzword, smattered throughout conversations, swirling around us everywhere we turn these days; the word we cannot escape is change.

There's climate change, change in season and a change in the way we look at energy. Even Barack Obama's trademark tagline recently received a change (from "Change we can believe in" to "Change we need").

There are far-reaching global and national changes and changes close to home. Come November, not only is there a vote on who will lead our country for the next four years; more than half of San Diego residents will vote for new city council representation. Even though Downtowners are not voting in the upcoming city council race, this election will dramatically affect our community. As well as assuming their duties governing the city, the newly elected council will

serve as the board of directors for the Redevelopment Agency, the unit that oversees Centre City Development Corporation (CCDC).

Decisions on our quality of life hang in the balance. They involve issues such as funding open space and parks, our main library, the location of the temporary and permanent homeless shelter, the development of a new Civic Center complex and, heaven forbid, the San Diego Quiet Zone.

As a Downtowner for nearly 17 years and a former employee of CCDC, I am an ardent supporter of the organization and its accomplishments in transforming our community. However, under former president Nancy Graham's reign, there was a whole lot of talking and studying but not much work accomplished, much to the silent chagrin of her staff and the community.

How many redevelopment dollars were spent on projects no longer viable due to the alleged double-dealings of the former president? What is the cost to restore the public's faith? And will there be enough available funds to finish the revitalization?

I question: Can we endure the change?

Change, the hot word of the season, means something dif-

ferent to each of us, but we Downtowners all have a common wish for the best changes possible in our community.

The biggest priority right now is approving funding for the Quiet Zone improvements, says Richie Griffith, a new resident in The Grande South. The project needs to be quickly completed to ensure a good night's sleep for residents.

Rae Ellen Simmons Adatto (Element), retired economist, is excited about participating in the revitalization of her East Village neighborhood, yet she wonders if the current economic climate will slow down the influx of new businesses and residents moving into the community.

With so much of the money being spent on large infrastructure projects, Lee Morris (CityWalk) hopes that parks aren't forgotten. In addition to creating green spaces for residents, there is a need for an open place for his two dogs, Sara and Daisey, to run and play.

Change is not always easy, but it is inevitable. Even as I spell-check this column, one of the options is change.

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## Caregiver Support Group



Providing direct care to a senior loved one can be rewarding, exhausting and frustrating. If you would like to talk with other caregivers, then please join Sunrise of La Jolla for our ongoing Caregiver Support Group.

This gathering is designed to provide emotional support and practical information for family members and caregivers of seniors who need assistance with the daily tasks of living. Participants will be encouraged to share information, give and receive mutual support, and exchange coping skills with one another. Handouts will be available. Light refreshments will be served.

Care provided for loved one if needed.

### EVENT DETAILS

Caregiver Support Group  
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Third Wednesday of every month

1:30 pm

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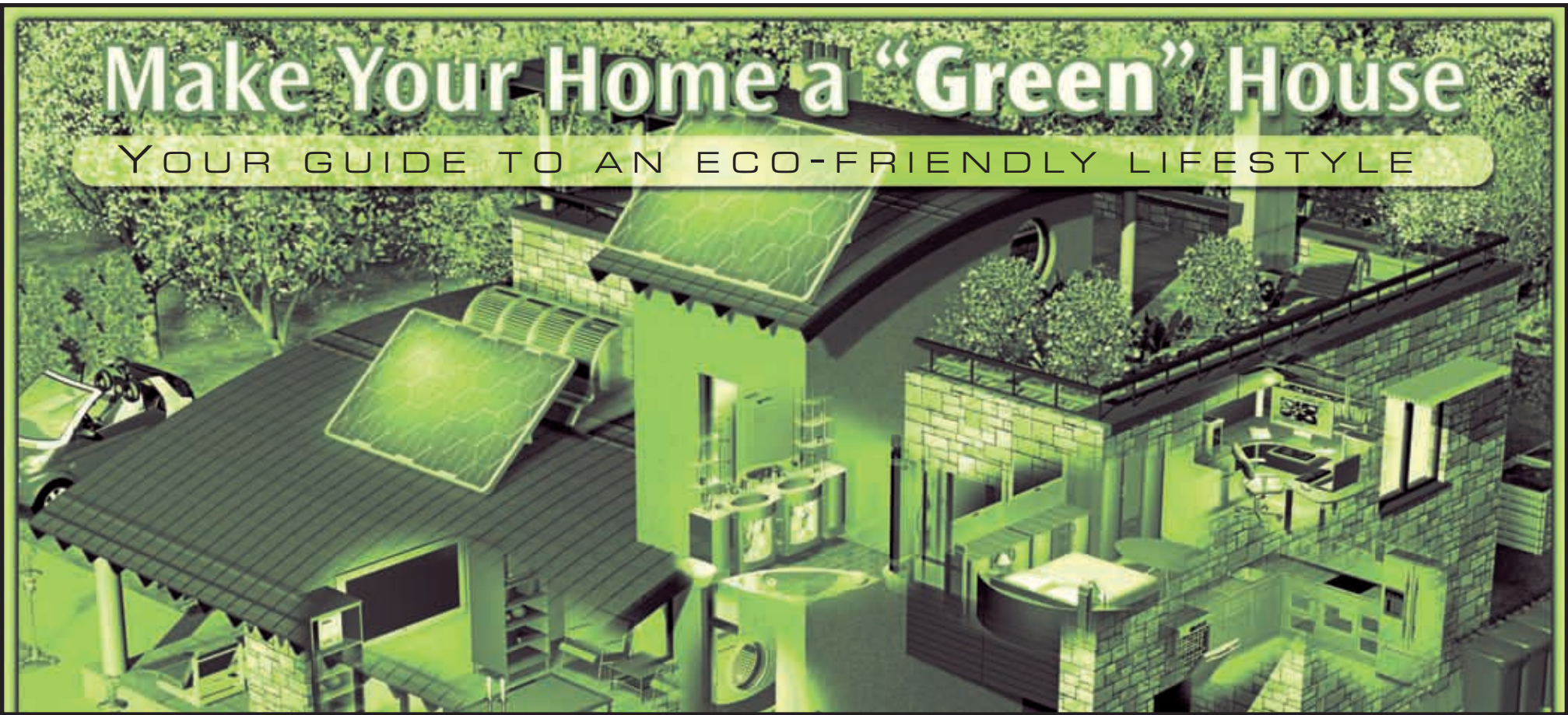
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### USE LESS ENERGY

Currently the United States is the world's largest energy consumer in the world, and for that reason is also the largest source of global warming pollution. The U.S. emits more carbon dioxide than China, India and Japan, combined. 25% of the carbon dioxide pollution produced by the U.S. comes from fossil-fuel burning. By switching to more energy efficient appliances and equipment, we can reduce the demand for electricity and cut carbon dioxide

pollution from power plants. When it comes to water heating, you won't find a higher performing and highly efficient unit than a Noritz tankless water heater. By eliminating stand-by heat loss alone, energy consumption can be reduced 20% to 30%. Did you know if every tank heater was replaced with a high-efficiency Noritz tankless water heater, North American society alone could annually save; 290 million gallons of fuel oil, 164 million gallons of propane, 6 billion hours of kilowatt electricity.

### PRODUCE LESS WASTE

It is estimated that 7.3 million traditional tank-based water heaters are disposed into landfills each year in the United States.

Keys to preventing the production of

waste are to practice the 3Rs: Reduce, Reuse and Recycle. With a Noritz tankless water heater you can be sure that the 3Rs are in place.

### REDUCE

The most effective way to decrease waste is to prevent it in the first place. Purchasing durable, long lasting products is a means of waste prevention. With a Noritz tankless water heater you can rest assured that you will be getting an extremely durable unit. The average tank water heater has a lifespan of 8-10 years, but a Noritz tankless water heater can last 2-3 times longer.

### REUSE

Reusing a product may actually be more beneficial than recycling, because it doesn't require any reprocessing before it can be used again. Every part on a Noritz tankless water heater is replaceable, so you won't have to worry

about replacing the entire unit if there's a malfunction. Just repair the damaged part and your unit is as good as new. With a tank water heater you're more than likely going to have to replace the whole thing.

### RECYCLE

Recycling turns materials that would otherwise turn to waste, into valuable resources. The main components of a Noritz tankless water heater are recyclable, so there will be a significant decrease in waste materials from a Noritz unit.

### GLOBAL WARMING

With the ever growing concern over the threat of Global warming, the time to take action is now. While it's hard to predict the full-scale impact of Global warming it is feared that if measures aren't taken to reduce it within 10 years, catastrophic impacts may be

inevitable. By taking a few simple steps in reducing greenhouse gas, we can all make a difference and reduce the effects of Global warming.

### CO2 EMISSION

By reducing the amount of CO2 emitted into the atmosphere we can reduce the effects of Global warming significantly. A Noritz tankless water heater is 83%-93% efficient so it reduces over 700 lbs. of CO2 per year. This reduction compared to a tank water heater greatly reduces the emission of CO2 into the atmosphere, and greatly reduces the effects of Global warming.

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**call 1-800-709-1995, Ext. 5229**



Downtown • “Electra”

Boasting a spectacular Northwest corner locale, this upgraded residence in one of Downtown’s most exciting new residential towers includes almost 1,500 square feet, gleaming hardwood and granite surfaces, and an address to envy! Built around an historic electric company, the common amenities are unparalleled!

For full details in a recorded message,

**call 1-800-709-1995, Ext. 5159**



Downtown • “Pinnacle”

This prime, Northeast corner residence at one of the Marina District’s finest addresses features dual view balconies, sunny banks of windows taking in the views, polished marble flooring and baths, & gleaming black-granite kitchen countertops! Two terraces also!

For full details in a recorded message,

**call 1-800-709-1995, Ext. 5419**



Downtown • “La Vita”

This great southwest corner unit offers amazing bay, airport, and ocean views! You’ll enjoy two split bedrooms, two baths, and over 1,000 square feet of living space which is made even larger by two balconies! Don’t forget the two side-by-side parking spaces! Kitchen has granite countertops and stainless steel appliances. Located in the heart of Little Italy!

For full details in a recorded message,

**call 1-800-709-1995, Ext. 5289**



Mission Hills

Enjoy panoramic views to the Bay, Pt Loma, Coronado Islands, and airport from this pristine residence, upgraded and newly-listed, in a prime location near Little Italy, Downtown, Balboa Park, and Hillcrest! There’s more—a fully-contained and furnished granny-flat, an ambient roof-deck, a rear garden perfect for entertaining, complete with cabana & built-in BBQ, and a charming main residence with hardwood floors and approximately 1,700 square feet! Enjoy the good life! For details in a recorded message,

**call 800-709-1995 Ext # 5089**



Hillcrest • “Century Plaza Towers”

Enjoy almost 1,500 square feet of upgrades in the area’s landmark luxury high-rise hear Balboa Park! Featuring dual parking spaces and brand new Plantation shutters throughout, this pristine residence also includes a full-size laundry room, lovely views from its northeast corner location, and a private terrace!

For full details in a recorded message,

**call 1-800-709-1995, Ext. 5149**



Downtown • “La Vita”

This southwest corner residence offers wonderful bay and airport views , 2 bedrooms, 2 baths, 2 balconies, and 2 SIDE-BY-SIDE parking spaces in a top-quality building in Little Italy! Super amenities include (pool, spa, gym, courtyard) and reasonable HOA fees! Don’t settle for anything less!

For full details in a recorded message,

**call 1-800-709-1995, Ext. 5279**



Downtown • “CityFront Terrace”

Reminiscent of an East Coast brownstone, this upgraded, two-level, street-level town home boasts two expansive master suites, an office or optional third bedroom, approximately 1,900 square feet, custom closet systems, dual terraces, and common area amenities of the highest quality!

For full details in a recorded message,

**call 1-800-709-1995, Ext. 5039**



Golden Hill • Historic Victorian + Income

Originally constructed as a single-family home and modified into four income-producing units. Conveniently located to downtown, one of the units spans the entire top-floor of the property, and includes 3 bedrooms, an updated kitchen and bath, and lovely views of the downtown skyline and Coronado Bay Bridge—perfect for an owner-occupant! Truly special! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5249**



Downtown • “Icon”

Sold for \$370,000! One of only a few residences in the original facade of the 100-year-old, historic Carnation Building, this unique, split-level loft includes 13-foot ceiling, exposed ductwork and cement-accented walls, hardwood and granite, and is offered fully furnished!

For full details in a recorded message,

**call 1-800-709-1995, Ext. 5119**



Downtown • “TREO”

Sold for \$680,000! Truly special, you’ll love this gorgeous residence on the 19th floor on the southwest corner of this luxury highrise community! It features 3 bedrooms/2 baths, dual view balconies, and a highly upgraded interior! A short walk to Little Italy with its multitude of restaurants and shops. Call today! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5139**



Downtown • “Gaslamp City Square”

You’ll want to see this townhome-style residence with private terrace, located on the desirable pool-level! In immaculate condition, this virtually-new condo in the heart of the vibrant Gaslamp Quarter comes with dual, secured parking spaces and an exciting lifestyle! For full details in a recorded message,

**call 1-800-709-1995, Ext. 5319**



Downtown • “Pinnacle”

Boasting incredible views to the Coronado Bay Bridge and bay, this 23rd-floor corner unit is one of the development’s largest, with dual balconies, expansive stone floors, granite kitchen and baths & 4-car secured parking! Find out why so many people are calling Pinnacle “home.” For full details in a recorded message,

**call 1-800-709-1995, Ext. 5529**

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# SAN DIEGO DOWNTOWN NEWS

OCTOBER 2008 - Special Supplement

# READERS CHOICE AWARDS BEST RESTAURANTS 2008

## And the Winners Are...

... all of you! Downtown San Diego sports a population of about 30,000 these days, and a lot of you have a thought or two about the best restaurants and bars in the immediate vicinity. As befits our duty to the community, we thought you might like a peek at your own reflections on those establishments, which were compiled over the summer. The most striking thing about the results is your worldliness – you're not afraid to venture to far-flung North Park or Coronado for your favorite fare, and you let us know accordingly. Thanks for participating – now, put your money where your mouths are and support these venues!

**Martin Jones Westlin, editor**  
San Diego Downtown News



The 2008 Readers' Choice Award winners were selected by The San Diego Downtown News' readers!



# Voted Best Chef



## Brian Malarkey - The Oceanaire

You might say chef Brian Malarkey was home-schooled at first. His initial fascination with seafood was cultivated at his grandmother’s house in Oregon (a seafood-crazy state to being with), and he’d take his ichthyologic sensibilities on the road to a Portland cooking school. From there, the rest is history – Malarkey’s been to Europe and Northern Africa in an effort to learn what food means to different cultures and launched Oceanaire restaurants in Minneapolis and Seattle prior to opening the local outlet in 2004. Since then, he’s donated his time, talent and food to support charitable organizations such as the National Kidney Foundation, It’s All About the Kids, the San Diego Zoo, KPBS, Huntington’s Disease Society of San Diego, the Juvenile Diabetes Research Foundation, Eldercare and many more. Malarkey continues to extend his talents to these groups because he’s proud to be a part of the community. If food is at the heart of a locale’s sense of self, then Malarkey is a community service all by his lonesome.

## Overall Restaurant

### Urban Solace

Downtowners are a curious bunch — we know this because sometimes that curiosity takes them off the beaten center-city path. Their favorite restaurant, after all, isn’t even in Downtown;

it’s in North Park, which has a dynamic all its own. Urban Solace, founded last year, doesn’t sit still any more than its neighborhood does – it’s open seven days a week and features classic and cutting-edge American-style dishes, from its Angus ground chuck burger to its cornmeal-crust

(whatever that is). And go ahead. Test the servers on their knowledge about the menu and the neighborhood. Their expertise on both will blow you away. The eatery has taken in a number of awards as best new restaurant, and not only because of the great food or the patio, which reminds at least one patron of a New Orleans setting. Its innovative Bluegrass Brunch, held every Sunday, features as many as six bluegrass bands, with mimosas and a Southern-style menu. The down-home feel even extends to the wine list, full of selections from California’s north and south coasts. A crafted beer list is the crowning touch on a restaurant with nowhere to go but up – and in the minds of Downtowners, it’s already at the top.

**Urban Solace**  
**3823 30th St.**  
**295-6464**  
**www.urbansolace.net**

### The Oceanaire Seafood Room

Retro is the watchword at this exceptional Downtown eatery, its interior patterned after that of a 1930s ocean liner. (Maybe the chef hauls in his catch from one of the staterooms).

**The Oceanaire Seafood Room**  
**400 J St.**  
**858-2277**  
**www.theoceanaire.com**

## Overall Restaurant Service

### Donovan’s Steak & Chop House

Non-steak moments have their traditions at Donovan’s too – that’s why the exceptional service includes a wide array of seafood and chops to go with the elegantly appointed décor.

**Donovan’s Steak & Chop House**  
**570 K St. (also in La Jolla)**  
**237-9700**  
**www.donovanssteakhouse.com**

### Bertrand at Mister A’s

What with its magnificent Downtown panoramas, you’d think this restaurant would have won a mention for Best View. It could, and easily – but you liked it for its exceptional service (something you don’t see so much as experience).

**Bertrand at Mister A’s**  
**2550 Fifth Ave.**  
**239-1379**  
**www.bertrandatmisteras.com**

## New Restaurant

### The Better Half Bistro

Southern-style buttermilk biscuits, grits, eggs, pancakes, crawfish and – wine? Actually, the wine part is how The Better Half started. The owners got the bright idea to serve wine in half bottles as a less cumbersome means of completing a meal. It works, too. Today’s vintners recognize that wine is no longer the province of the wealthy or the alcoholically savvy. The public has begun to demand its availability on a dime – accordingly, the press abounds with stories about wine paired with everything from Graham crackers to popcorn. The outcry isn’t without its results on an international scale, either; the current mania is expected to lead to America’s world leadership in per-capita

wine consumption within the next two years. The owners figured the time was right to get in on the act, and The Better Half was born. Good thing, too. If it weren’t, you’d have had to settle for some other place as your favorite new restaurant. And then where would you be? Huh?

**The Better Half Bistro**  
**127 University Ave.543-9340**  
**www.thebetterhalfbistro.com**

### Bleu Boheme

If you like a little chalk with your meal, the Bleu Boheme is where you need to be. In true bohemian style, this new eatery posts its menu on three ginormous chalkboards – and unlike at some other such venues, each entry is perfectly legible.

**Bleu Boheme**  
**4090 Adams Ave.**  
**255-4167**  
**www.bleuboheme.com**

## Chef

(See Brian Malarkey featured left)

### Deborah Scott - Indigo Grill

If you’re looking for the brains behind the eclectic Pacific Rim menu at Hillcrest’s Kemo Sabe eatery, Scott’s your gal. She created the Roasted Nut Crusted Fried Brie and Thai Fish Chowder, with mussels, fresh fish and New Mexico chilis. Scott is in her element in San Diego, and apparently, you’re pretty happy about that.

## Breakfast

### The Mission

The Mission is open for lunch and dinner, but you seem to like its breakfasts best. It’s not so much the informal, comfortable atmosphere that draws you, either, so much as the strawberry-granola pancakes and the Zen Breakfast, made up of egg whites, tofu, zucchini and brown rice. Too good.

**The Mission**  
**2801 University Ave.**  
**220-8992**

### Richard Walker’s Pancake House

Richard Walker’s Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, has griddlecakes, crepes, omelets and other specialties. Yeah, so do other breakfast eateries – but they probably don’t have hand-blown glass art and classical music as part of their amenities.

**Richard Walker’s**  
**520 Front St.**  
**231-7777**  
**www.richardwalkers.com**

## Lunch

### Hob Nob Hill

The peeps over at Hob Nob Hill say that their venue is San Diego’s oldest in the same location – and since it’s been there 64 years, that’s hard to argue. Meanwhile, its home-cured corned beef and steamed cabbage, served Mondays, are awfully hard to beat.

**Hob Nob Hill**  
**2271 First Ave.**  
**239-8176**  
**www.hobnobhill.com**

### Zanzibar Café

If you’re like most people (and you probably are), you have to – uh – sandwich a lot in between noon and 1, or whenever your lunch hour happens to be. Zanzibar can help. It has no fewer than 40—forty – entries on its lunch menu; all that choice translates to less guesswork.

**Zanzibar Café**  
**707 G St.**  
**230-0125**  
**www.zanzibarcafe.com**

## Dinner

### The Palm

OK. So it’s part of a chain. But that chain’s been around for 80 years, renowned for its A-list guests, high-quality ingredients (not to mention prime-aged steaks), saloon-like atmosphere and caricature portraits of celebrity guests. San Diego’s installment, barely 3 years old, has learned its lessons well.

**The Palm**  
**615 J St.**  
**702-6500**  
**www.thepalm.com**

### Indigo Grill

This Little Italy hotspot features cuisine by Deborah Scott (see entry under Chef), which is reason enough to dine here. But check out the refinements on the décor, which tell a story as you travel from the Arctic to Southern Mexico. And the blueberry-lacquered rack of lamb is nothing to sneeze at.

**Indigo Grill**  
**1536 India St.**  
**234-6802**

## Take-Out

### Basic Urban Kitchen + Bar

How about a little mashed potatoes and eggplant on top of that pizza? No joke – Basic serves ’em as toppings on its signature offerings (the pies are made with your choice of red or white sauce), and the word is they’re fairly popular. No worries – the more pedestrian stuff, like chicken, pepperoni and mushrooms, is available too.

**Basic Urban Kitchen + Bar**  
**410 Tenth Ave.**  
**531-8869**

### Salad Style

The folks at this great boutique salad bar ask that you inquire about their 12-step program. Meanwhile, their salads are so full of fixin’s (like grilled steak, ahi tuna and assorted fruits and toppings) that you can order them as wraps.

**Salad Style**  
**807 F St.**  
**255-6731**  
**www.saladstyle.com**

## Sunday Brunch

### Hotel del Coronado

Did you know that L. Frank Baum modeled one of the venues in his The Wizard of Oz after the Hotel Del? If the place had a brunch in those days, it’s a cinch it wasn’t as impressive as today’s. Check out the white bean and chorizo cassoulet – to die for.

**Hotel del Coronado**  
**1500 Orange Ave.**  
**435-6611**  
**www.hoteldel.com**

Thanks for your continued support!

*Best Chef, Brian Malarkey*

*Best Seafood Restaurant*

*Best Restaurant, Silver*

The Oceanaire Seafood Room  
400 J Street, Corner of 4th and J  
(619) 858-2277 (BASS)  
www.theoceanaire.com





Urban Solace

(See entry under Overall Restaurant.)

Family Restaurant

Buca Di Beppo

Okay. So it's a chain. That doesn't make Buca Di Beppo a lousy restaurant, by any means. It continues to innovate and create recipes beyond traditional Italian style by adding new menu items, featuring appetizers, salads, pastas, pizzas, entrees, desserts, beer and fine wine.

**Buca Di Beppo**  
705 Sixth Ave.  
233-7272  
www.bucadibeppo.com

Filippi's Pizza Grotto

San Diego is a long way from Italy and France – but that's the route Vincent DePhilippis and Madeleine Stefani, the original founders of Filippi's, took to get here. What once was a deli on India Street is now a bastion of traditional Italian recipes these 58 years later.

**Filippi's Pizza Grotto**  
1747 India St.  
232-5094

Restaurant  
with Wine Selection

Ruth's Chris  
Steak House

Imagine it was 1,800 degrees Fahrenheit outside your house. Now imagine that same 1,800 degrees searing a delectable Ruth's Chris sirloin inside out. The second part's easier on the brain, since that's the temp at which these nationally renowned steaks are prepared. They sizzle all the way to your table – better than you.

**Ruth's Chris Steak House**  
1355 North Harbor Drive,  
233-1422

Sogno di Vino

"Signo di Vino" means "a dream of wine," and that's a good thing. Indeed, this is a dream of a place, what with its comfy couches, rustic inside tables, friend-friendly bar and outside patio. Don't forget to try the wine and appetizers (the poke tuna's the best!).

**Sogno di Vino**  
1607 India St.  
531-8887  
www.sogno-divino.com

Wine Bar

(See Cask Room featured below)

Wine Steals

The peeps at Wine Steals want you to feel free to explore their selection of more than 300 wines – that just may be why they now run three venues. They offer wines by the glass and half-glass, by flights or by the bottle. Check out the cheap corkage fees, too. You'll be hard-pressed to find a better deal! Visit the Hillcrest, Point Loma or Cardiff locations, grab a bottle and enjoy!

**Wine Steals**  
1243 University Ave. | 295-1188  
2970 Truxtun Rd. | 221-1959  
1953 San Elijo Ave. | 846-4903  
www.winestealssd.com

Wine Shop

The Wine Bank

You've tried the shops that tout their scores and hundreds of labels. Now check out The Wine Bank, with its thousands of labels of wines, spirits and liqueurs. This place has had more than enough time to build on its wine list – it was opened more than 40 years ago, and it's recently gone through a major overhaul and renovation, which has meant more brands, some experienced wine professionals who can assist you with your selections and a new passion for wine. A serious collection of worldwide wines

packs two floors. The lower level houses a wide variety of worldly wines to allow for easy comparison. You'll be able to find everything you're looking for, in all price ranges and styles. Wine tasting can seem like a complicated hobby; however, it can be a lovely way to spend an evening. Quite instinctive, traditional wine tasting is based on your senses. Swirling, sniffing and peering into your wine glass allows you to enjoy the full experience and impact of the specialty wines we have to offer. Let these wine experts take your tastebuds on a guided tour of wines from all over the world.

**The Wine Bank**  
363 Fifth Ave.  
234-7487  
www.sdwinebank.com

3rd Corner

3rd Corner is actually a restaurant – but it's the wine bar, or, as this venue calls it, the Wine Vault, that'll especially capture your attention. Hundreds of bottles from around the world are there for the taking, surrounded by funky-colored walls and maps of the world's most well-known wine regions; many dinner patrons make a habit of ordering a meal and then visiting the racks to pick the wine that goes best with their food. It's cool.

**3rd Corner**  
2265 Bacon St.  
223-2700  
www.the3rdcorner.com

Local Winery

Orfila Vineyards  
& Winery

Let Northern California take all the glory it wants. The fact of the matter is that San Diego County has somewhere around 30 wineries of its own, all of which produce some pretty fine product. The one you like best is Orfila Vineyards & Winery, even though it's not exactly downtown – it's about 30 minutes outside the city, nearly into Escondido. So just go to the store, already.

**Orfila Vineyards & Winery.**  
13455 San Pasqual Road, Escondido  
(760) 738-6500, ext. 27  
www.ortila.com

Salerno Winery

Ermano Salerno and his wife Rose used to run a pizza place in North Park. After many years, they decided to move up to North County and settle in Ramona, an area that has recently started to be called the "Ramona Valley." Sounds like there's lots of wine manufacturing going on or something – and at Salerno, indeed there is.

**Salerno Winery**  
17948 Highway 67, Ramona  
(760) 788-7160

Beer Selection

Hamilton's Tavern

San Diego's South Park has its historic side. Take Hamilton's. It's been licensed to serve beer and wine for over 75 years, making it the oldest beer and wine licensed location in San Diego. Formerly the beloved dive bar, Sparky's, Hamilton's opened in 2006 under new ownership and is now solely focused on offering the highest

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Voted Best Wine Bar



The Cask Room

If Mike Kallay knew as much about curing cancer as he does about wine, the disease would have been under the bridge about 700 years ago. You should hear him talk about mouthfeel, bouquets, points, the differences between growing seasons in the hemispheres, the number of cases it takes to establish credibility—the man's a total walking grape orchard, and he eagerly notes the gaps in his knowledge amid the constant discoveries in his field. But Kallay's expertise is a big part of what makes downtown's The Cask Room, which he owns, such an enjoyable place. Pick something like Argentina's Bodega Lurton Pinot Gris from 2005—you learn that it's not only a "great food wine" (which it is) but also that the 90-something family patriarch, who lives in France, is still working the land! Kallay has nuggets like that off the top of his head at every turn. Leather sofas, free wi-fi, a modest bistro menu, beer, cheeses and desserts also await.

**The Cask Room**  
505 Park Blvd.  
822-1606  
www.caskroom.com



quality ales, real ales and craft beers from around the world.

**Hamilton's Tavern**  
1521 30th St.  
238-5460  
www.hamiltonstavern.com

The Yardhouse

The Yardhouse derives its name from a 3-foot-tall glass originally designed in England to hand stagecoach drivers back in the day. You don't care about that, though. You just like the diverse menu of American fare and the classic rock that comes with it – and what's not to like?

**The Yardhouse Restaurant**  
1023 4th St.  
233-YARD  
www.yardhouse.com

Happy Hour

Bare Back Grill

The Bare Back's website says its burger is the best in the universe. The universe is a pretty big place as universes go, so that's a pretty big claim — but darned if the staff can't back it up. There's lots more where that came from, in amenities alone; this New Zealand-themed eatery features names like "Maori" and "kiwi" on its menu, and it insists that its fare is the

most healthful available (organic meat and veggies, apropos of New Zealand's health-conscious restaurant industry). But it's the happy hour that holds sway here. The Bare Back carries exactly 1 billion beers in tap — but if you like, it serves 'em in a schooner, a 12-ounce glass designed to complement the traditional pint. Schooners are rare birds in Southern California, but the peeps at the Bare Back have thought of everything. This venue is chill and accommodating, just like you.

**Bare Back Grill**  
624 E St.  
237-9990  
www.barebackgrill.com

The Local Eatery and Drinking Hole

Some places claim they have the cheapest happy hour; others say theirs features the most beers on tap. None of 'em comes close to matching The Local's outrageous challenge: Happy hour here runs from 4 p.m. until closing Mondays through Thursdays. At The Local, it's all about keeping you happy.

**The Local Eatery and Drinking Hole**  
1065 4th Ave.  
231-4447  
www.thelocalsandiego.com

Local Brewery

Stone Brewing Co.

The Stone Brewing Co. logo sports a big ugly gargoyle designed to strike fear in the hearts of evil spirits. In this case, the bad guys take the form of chemical additives, preservatives and adjuncts. One taste of this stuff, and you'll see the gargoyle does his job very well.

**Stone Brewing Co.**  
1999 Citracado Parkway, Escondido  
(760) 471-4999  
www.stonebrew.com

Karl Strauss Brewery Gardens

Yes, there really was a Karl Strauss; yes, he was a master brewer; and yes, he was a local. He, his nephew Chris Cramer and their friend Matt Rattner founded the brewery on a wing and a prayer, working up recipes for microbrews out of Chris' Mission Boulevard apartment. All they did was brew the best-tasting beer ever to come out of this town.

**Karl Strauss Brewing Company**  
1157 Columbia St.  
234-BREW  
www.karlstrauss.com

Sports Bar

East Village Tavern and Bowl

Like a little beer to celebrate that 300 you just bowled? East Village has just the ticket. Not only does it have every single beer in the universe at its disposal; you can bowl that perfect game under the same roof. This is a big football-watching venue, too – if you don't believe it, just stop in on Saturdays, Sundays and Monday nights. You haven't seen specials like these since you last went bowling, which was in 1933 – half-priced appetizers and reduced costs on pitchers are endemic on weekends here (don't forget the sausage sampler, giant bucket of wings and panini sandwiches). You can even rent the place for birthdays, corporate events and other special occasions. Any way you look at it, East Village Tavern and Bowl has something to – ah – strike your fancy.

**East Village Tavern and Bowl**  
930 Market St.  
677-BOWL  
www.bowlevt.com

Tilted Kilt

The idea for an American, Irish, Scottish and English sports pub was the brainchild of restaurateur Mark DiMartino. Wanting to impress Harrah's hotel executives, Mark dressed in his finest T-shirt, ripped Levis and well-worn Chuck Taylor sneakers and pitched his idea of a contemporary, Celtic-themed sports pub staffed with beautiful servers wearing halter tops. It worked.

**Tilted Kilt**  
310 10th Ave.  
814-KILT  
www.tiltedkilt.com

Place to People-Watch

Fred's Mexican Café

Fred's Mexican Café has won a slew of awards (including this one) just by being cool. Besides serving up some of the best Mexi-

can fare in town, Fred's also can accommodate big fat gatherings, as in up to 50 or 100. That'll hold the people-watchers over for a while.

**Fred's Mexican Café**  
527 5th Ave.  
232-8226  
www.fredsmexicancafe.com

The FleetWood

The FleetWood brings Downtown San Diego something it's never seen. It's a place where options are endless — a bar, restaurant and lounge, a place where you can meet people from all walks of life or bring your own party, a place where you can be comfortable, laid back or dressed up. Simply put, it's San Diego's coolest way to eat, drink and mix.

**The FleetWood**  
639 J St.  
702-7700  
www.thefleetwood.com

Pet-Friendly Restaurant

Basic Urban Kitchen + Bar

(See entry under Take-Out.)

Java Jones Coffeehouse

With the opening of its roasting facility in 2007, Java Jones has been committed to selling only 100 percent organic and 100 percent fair-traded coffee. Shortly after that facility was opened, Java Jones Coffeehouse opened its fifth store. That one's in the East Village. You should go there.

**Java Jones Coffeehouse**  
631 9th Ave.  
696-9664  
www.javajonescoffeehouse.com

Restaurant with Live Music

Croce's Restaurant & Jazz Bar

When rocker Jim Croce died in 1973, his wife Ingrid was left with an uncertain future. Twelve years later, she would launch this club as a tribute to her late husband. Little did she know the move would spearhead the growth of the Gaslamp Quarter into the iconic neighborhood we know today. Croce's is worth a visit on that alone. And the food...

**Croce's Restaurant & Jazz Bar**  
802 5th Ave.  
232-2891  
www.croces.com

House of Blues

Yeah, you know this venue for its great live acts and its parent company's place in the public mind. But check this out: HOB's passion for the South has guided the creation of its unique menu. Its chefs have developed artistic adaptations of traditional southern favorites such as Creole Jambalaya and barbecue babyback ribs while serving up their own dishes at the same time. HOB takes pride in serving those entries with soulful southern hospitality.

**House of Blues**  
1055 5th Ave.  
299-2583  
www.hob.com

Favorite Comfort Food

Hash House a Go-Go

Hash House a Go-Go has cornered the comfort food market around here amid its iconic, convenient Hillcrest location. And have you checked out the sizes of the portions lately? The sandwiches, desserts and entrees are totally on steroids, and — if the gigantic fare doesn't comfort you, nothing will. Tip: The sage chicken is to die for, as is everything else.

**Hash House a Go-Go**  
3628 5th Ave.  
298-4646  
www.hashhouseagogo.com

Neighborhood

Neighborhood is all things to all people — it's refined and stylish, yet it retains the beer-and-burger feel that epitomizes the San Diego mainstream. Bearnaise on your burger? You'll find it here, and you'll eat it amid some chic, post-modern trappings. Dine here, and you're getting two places for the price of one.

**Neighborhood**  
777 G St.  
446-0002

Late-Night Eatery

Maryjane's Coffeeshop

The Hard Rock Hotel rocks hard and long into the roily Gaslamp night, as you already know — but you might not have considered that one of the venue's main attractions outdoes itself in late-night fodery. Maryjane's Coffeeshop is open until all hours and touts contemporary American cuisine with an upscale vibe. Must be that central bar with the white stools around it, or the super-shiny floors, or the purple booths, or the Benatar and Jagger retro posters, or the dark wood trim dotted with dashes of purple and blue on the walls. Or maybe it's just the eats themselves. Or the funny waiters that serve them. Hard to pin this place down — then again, that's the fun of it.

**Maryjane's Coffeeshop**  
207 5th Ave.  
751-7625  
www.hardrockhotelsd.com

Gaslamp Pizza

The Gaslamp Quarter is known for its hopping bars and nightlife above all else — so it's easy to forget that the area features one of the best straight-ahead late-night pizza joints in town. Gaslamp Pizza's cheesy topping is second to none, and if you like your wings super-hot, you're on your way.

**Gaslamp Pizza**  
505 5th Ave.  
231-7542

Place to Go on a Budget

Sushi Deli

Downtown's businesspeople and locals know a good thing when they eat it — that's why they come here. Japanese entrees such as Sesame Chicken and Tempura are available, yet, oddly enough, the primary item on the menu is sushi, and the combos are too numerous for the human

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**Sushi Deli**  
135 Broadway  
233-3072

**Bareback Grill**  
*(See entry under Happy Hour.)*

**Place for a Party**  
**Gaslamp Strip Club – A Steak Place**

This isn't really a strip club, at least not the kind you're thinking of. But take heart. We're talking strips of meat here — and the cool thing is that you get to cook 'em to order yourself. After all, it's your birthday, so you're entitled.

**Gaslamp Strip Club – A Steak Place**  
340 5th Ave.  
231-3140  
www.gaslampsteak.com

**Buca di Beppo**  
*(See entry under Family Restaurant.)*

**Most Romantic**

**Alexander's**  
Situating in the heart of North Park, Alexander's features select wines and food made of choice ingredients handled with care and continental influences. But if romance is your MO, the warm candlelight and quilted banquettes can't hurt. Neither can the cute waitresses or the sedate seating area out back.

**Alexander's**  
3391 30th St.  
281-2539  
www.alexanderson30th.com

**Chez Loma French Bistro**  
The first of this venue's romantic trappings is the locale itself. It's not situated in a restaurant space, or at least not the kind you think of right away. It's actually situated in a house — Coronado's 120-year-old Carez Hizar house, to be exact. And it's moments from some of the most romantic beachland in the area.

**Chez Loma French Bistro**  
1132 Loma Ave., Coronado  
435-0661  
www.chezloma.com

**Best Ocean View**  
**Hotel del Coronado**  
*(See entry under Sunday brunch.)*

**Island Prime/C Level Lounge**  
C Level is like the ocean it over-looks — mesmerizing. Check out the magnificent view of the world's largest body of water over a lobster truffle or pineapple cake. The food and the view simply can't do without one another here.

**Island Prime/C Level Lounge**  
880 Harbor Island Dr.  
298-6802

**Appetizer**  
**Urban Solace**  
*(See entry under Overall Restaurant.)*

**Indigo Grill**  
*(See entry under Dinner.)*

**Burrito**  
**Fred's Mexican Cafe**  
*(See entry under Place to People-Watch.)*

**Valentine's Taco Shop**  
The Santa Fe burrito is the hands-down fave here — it's the size of Wichita Falls and comes in chicken, vegetarian and beef editions to satisfy any taste. And if you're looking for a late-night breakfast, here's your answer.

**Valentine's Taco Shop**  
844 Market St.  
234-8256

**Burger**  
**Bare Back Grill**  
*(See entry under Happy Hour.)*

**Nicky Rottens**  
If the decor here is any barometer, Nicky must have been rotten indeed. Pictures of the world's most famous gangsters dot the walls, and there's lots of leather and brick around, maybe copping to the look of the old walk-down Chicago bars where the Mafiosi used to meet.

**Nicky Rottens**  
560 5th Ave.  
702-8068

**Neighborhood**  
*(See entry under Favorite Comfort Food.)*

**Fish Taco**  
**Salazar's Fine Mexican Food**  
When your clientele says your retro jukebox dates to 1985, you

know time's flying. Before it's too late, hurry to Salazar's (which actually does have such a contraption) and scarf down a delicious fish taco or two, while zoning out on Tears for Fears and all that other '80s stuff.

**Salazar's Fine Mexican Food**  
1502 Market St.  
238-9674

**The Tin Fish**  
Don't worry. The fish here aren't really made of tin. That's just what the name says. Understandably, you voted this place as among the best fish taco eateries, and the friendly, fast service probably weighed in your excellent decision.

**The Tin Fish**  
170 6th Ave.  
238-8100  
www.thetinfish.com

**Desserts**  
**Extraordinary Desserts**

Owner Karen Krasne says food is best enjoyed as a reflection of culture — so she embellishes her desserts with tastes from around the world. To boot, her cafe sports mementos of all sorts, from Africa to Italy, helping enhance the flavors from faraway places. Krasne says she's discovered a connection between her yoga practice and the pleasures of a fine dessert — it so happens that the word "yum" is also a yogic mantra for healing a heart, so the link is fairly obvious. Meanwhile, the cakes, tarts, pies, cookies, custards and puddings, shortbread and ice cream at Extraordinary

Desserts are spiritual practices of their own.

**Extraordinary Desserts**  
1430 Union St.  
294-7001  
www.extraordinarydesserts.com

**Fleming's Prime Steakhouse & Wine Bar**

You know Fleming's for some of the best steak and wine around -- as it happens, this place doesn't second-guess itself in the dessert department, either. The creme broulee and lava cake are to die for -- unfortunately, that means you'll miss out on the magnificent peach cobbler. Meanwhile, kudos to Michelle Tran Dube', from East Village, who recently won a \$100 gift card to Fleming's.


**Fleming's Prime Steakhouse & Wine Bar**  
350 K St.  
237-1155  
www.flemingssteakhouse.com

**Margarita**  
**Fred's Mexican Cafe**  
*(See entry under Places to People-Watch.)*

**La Puerta**  
It's said that the margarita was named after the wife of a Mexican bartender. Nobody knows the extent of the truth behind such things — but if that guy were to visit today's La Puerta, he'd say the staff had done Margarita proud. The margarita machines here are gigantic, and they yield nothing but the best frosty concoctions.


**La Puerta**  
560 4th Ave.  
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Pizza

Basic Urban Kitchen  
+ Bar

(See entry under Take-Out.)

City Pizzeria

There's no such thing as a San Diego-style pizza — and until there is, we'll have to content ourselves with the New York-style entries you get at City Pizzeria. Pizza, calzones, salads and subs are on tap, and City Pizzeria caters as well.

City Pizzeria  
1125 6th Ave.  
531-0955  
www.citypizzeriasd.com

Salad Bar

Salad Style

(See entry under Take-Out.)

Organic to Go

Organic to Go is the nation's first cafe chain to be certified as an organic retailer. The food is grown and assembled without the use of pesticides, herbicides and other proven contaminants — and you, sir/madam, love the idea, which is why the San Diego franchise gets a big fat mention.

Organic to Go  
1143 6th Ave.  
(800) 304-4550

Sandwich

The Cheese Shop

Don't let the name fool you. This place serves all sorts of fare, including blueberry pancakes. It'll even deliver them to your office. Not bad for a place that started out as a small La Jolla cheese vendor. Oh, yeah — the

sandwiches: No better grilled cheese was ever made.

The Cheese Shop  
627 4th Ave.  
232-2303  
www.cheeseshopdeli.com

Corner Restaurant  
and Bar

How does a restaurant wind up feeling like a bar, other than the fact it's on a corner? We don't know — but this one sure feels like both. Maybe it's the great ahi burger, which goes perfectly with any of the bar's beers you care to name.

Corner Restaurant and Bar  
369 10th Ave.  
531-8804  
www.thecornersd.com

Steak

Fleming's

(See entry under Dessert.)

Donovan's

(See entry under Overall Restaurant Service.)

Sushi

Ono Sushi

Roughly, "ono sushi" means "one sushi," which is simple enough — but things get complicated when you figure that sashimi, not sushi, is actually what you order at a sushi restaurant. It doesn't matter — the stuff here is delicious, and the drink menu is spectacular.

Ono Sushi  
1236 University Ave.  
298-0616  
www.onosushi.com

Sushi Deli

(See entry under Place to Go on a Budget.)

Seafood

Oceanaire

(See entry under Overall Restaurant.)

McCormick  
& Schmick's

Tilapia and catfish are about as far apart geographically as they are gastronomically — but darned if McCormick doesn't serve them both, along with about 30 other seafood entrees. There's steak, too, and the cocktails make you proud to wash it all down.

McCormick & Schmick's  
675 L St.  
645-6545  
www.mccormickandschmicks.com

American

Rainwater's

The steakburger. The club sandwich. Clam chowder and black bean soup. The Chicago salad. They're all American, all right, and they're all at their best at Rainwater's. Corn-fed steak, fish, soups, even wine-tasting dinners and a price fix menu: Rainwater's has you covered, even if you're with a corporation. Business dinners are a specialty here, and you and your coworkers can enjoy a relaxing stroll through Little Italy after your meal (the restaurant is located just south of the heart of the neighborhood). When Ameri-

cana is the byword, Rainwater's is the eatery.

Rainwater's  
1202 Kettner Blvd.  
233-5757  
www.rainwaters.com

Cowboy Star

Cowboy Star is the first restaurant in the East Village to serve up a unique dining experience by combining contemporary American cuisine with a western flair. The restaurant features exposed beam ceilings, cowboy accents and classic landscape photography — it translates to a welcoming atmosphere, into which locals gravitate.

Cowboy Star  
640 10th Ave.  
450-5880  
www.thecowboystar.com

Asian Fusion

Red Pearl Kitchen

Tim and Liza Goodell have long sought the perfect location for their second Red Pearl Kitchen, and they found it in the heart of the Gaslamp. Their original Red Pearl Kitchen has been a mainstay of the Huntington Beach dining scene, and the San Diego restaurant follows suit, combining authentic Chinese/East Asian recipes with a hip, contemporary bar scene.

Red Pearl Kitchen  
440 J St.  
231-1100

Parallel 33

Morocco, Lebanon, India, China, Japan, San Diego and others — they form a swath around the planet at the 33rd parallel, teeming with rich culinary and architectural traditions. The excitement of trying to combine the wealth of color, texture, flavor and shadow from these faraway yet connected lands proved irresistible — and you're the beneficiary.

Parallel 33  
741 W. Washington St.  
260-0033  
www.parallel33sd.com

Thai

Lotus Thai

With more than 40 combinations of noodle, stir-fry, curry and traditional entrées and your choice of meat, seafood or vegetables and sauce, Lotus Thai has you covered in every respect. Just don't forget the peanut sauce.

Lotus Thai  
906 Market St.  
595-0115

Rama, a Thai  
Restaurant

Amid its museumlike setting and eye for architecture, Rama has staked a claim as among the finest Thai restaurants in town. In fact, the decor is almost a dish in itself — ask to sit in the back room, with air chilled by a waterfall that flows over a towering rock wall.

Rama, a Thai Restaurant  
327 4th Ave.  
501-8424  
www.ramarestaurant.com

Chinese

Red Pearl Kitchen

(See entry under Asian Fusion.)

French

(See entry under New Restaurant.)

Café Chloe

Café Chloe likes to think it's where the East Village meets Paris chic — and by any definition, the comparison is pretty darn close. Check out the "Urban Tea" feature, which includes an assortment of sandwiches and house-made cakes. You'll see what they mean.

Café Chloe  
721 9th Ave., #1  
232-3242  
www.cafechloe.com

Indian

Royal India

Royal India serves gourmet lunch buffet and Monday night buffet that include more than 20 items. It serves delicious, authentic North Indian foods like vegetarian, chicken, lamb, seafood curries and fresh tandoori kababs in the magnificent architectural decor Imported from the palaces of India. Come by and see what the buzz is about.

Royal India  
329 Market St.  
269-9999  
www.royalindia.com

Masala -  
Spices of India

If you don't try the Love Story at Masala, this newspaper can't be held responsible for what happens. How a simple bread and curried dip entry can make such an everlasting impression defies description. Maybe it's the hummus. Or the garlic. Or the other spices. Anyway, go find out.

Masala - Spices of India  
324 5th Ave.  
232-5050  
www.masalarestaurant.com

Irish

The Field

The Irish have earned a worldwide reputation for friendliness and hospitality — your first trip to The Field will show you why. This turn-of-the-century Irish pub was shipped literally piece by piece from Ireland and relocated in the heart of the Gaslamp.

The Field  
544 5th Ave.  
232-9840  
www.thefield.com

Dublin Square  
Irish Pub

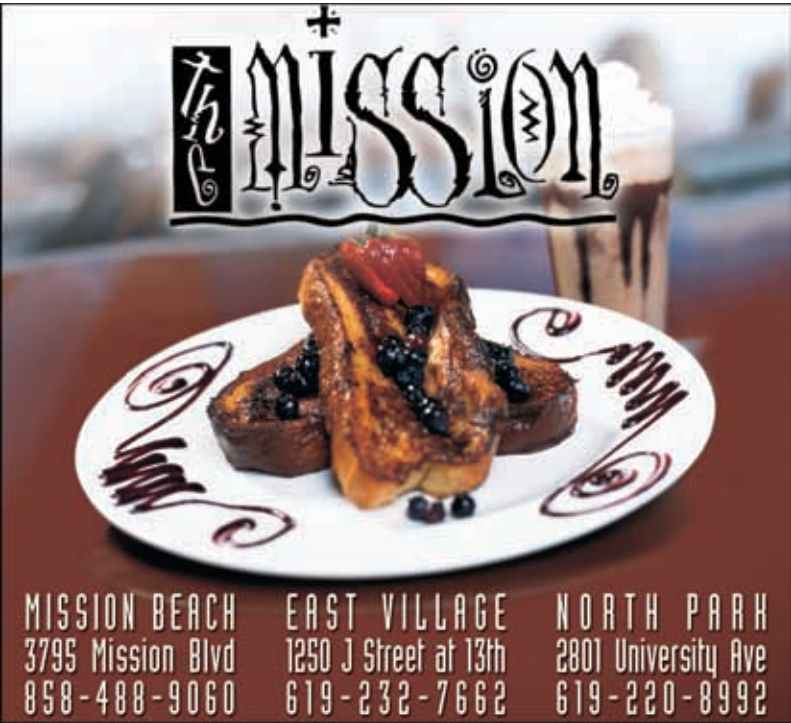
San Diego has its own piece of Dublin, not just in atmosphere but also in practice. The building was manufactured by O'Sullivan Interiors of Dublin and shipped thousands of miles across the Atlantic. Dublin Square is an authentic Irish pub exuding warm hospitality and fun.

Dublin Square Irish Pub  
554 4th Ave.  
239-5818  
www.dublinsquareirishpub.com

Italian

Acqua Al 2 Ristorante

The staff at Acqua Al 2 got pretty tired of the same old same-old among Italian restaurants — the menu and food, they said, lacked



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(800) 472-2377 www.callawaycoastal.com

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(951) 694-9070 www.innatchuronwinery.com

Cougar Vineyards  
39870 DePortola Road  
(951)-491-0825 www.cougarvineyards.com

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40620 Calle Contento  
(951) 676-8231 www.falknerwinery.com

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39050 De Portola Road  
(951) 302-6363 www.filsingerwinery.com

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36650 Glen Oaks Road  
(951) 265-9951 www.footeprintwinery.com

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39750 De Portola Rd.  
(951) 699-8845 www.frangipaniwinery.com

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(951) 676-6300

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(951) 217-7355 www.leonessecellars.com

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13455 San Pasqual Road, Escondido  
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Beginning this summer visitors to the De Portola Wine Trail will have the opportunity to participate in a fun and exciting game called "Mapping your way through the De Portola Wine Trail". Every participant will receive a map of the De Portola Wine Trail at their first winery and a sticker from that winery to put on the map after they enjoy their tasting. When the map is complete with all 7 stickers the guest will leave it at the last winery they visit and they will be entered into a monthly drawing. The lucky winner will receive 2 bottles of wine from each winery, signed by the owners. Wine tasting along the De Portola Wine Trail has its benefits. Come visit us and see...

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# Versatile Beer: Complexity Defined



## AROUND THE KEG

By Tony Clarke

It is amazing to me that in today's modern age, the perception of beer still has an overarching stigma of being unsophisticated and pedestrian compared to its beverage counterparts; particularly wine. Wine is a wonderful creation that stimulates the senses and palate, and I find myself partaking in a glass or two... or a bottle from time to time. However, I must disagree when the point is brought up that wine is a more versatile pairing with food than beer.

Good craft beer is a versatile companion to any meal. The melding of malt sweetness, hop bitterness, carbonation, exquisite body and mouthfeel, along with literally thousands of complex flavor compounds make beer truly foods best friend. You might ask, "Doesn't wine do the same thing?" Yes and no. Wine has foods and flavors that it pairs with excellently. However, when you talk about versatility, wine falls short of beer. One main reason for this is that the spices we put in our food tend to alter our perception of wines flavor. Not so in beer. Additionally, unlike beer, most wines tend not to refresh the palate, have no caramelized or roasted flavors to match some of our favorite dishes, and have many foods that they simply do not go well with.

Beer on the other hand truly works well with most any food imaginable. Chinese, Mexican, Indian, Thai, Japanese, Middle Eastern, French, Italian, American cuisines and many more, they all can find a home with beer. The aromas that brewers craft in their beers allow for the wide range of flavors perceived. Your tongue perceives only four sensations, sweet, salty, sour, and bitter. Your sense of smell is the key to flavor. From the citrusy nose of American Pale Ales to the banana and clove like esters in German weissbiers, or the herbal notes of Belgian tripels to the chocolate,

coffee, and roasted aromas of brown ales, porters, and stouts, beer covers thousands of aromas which help us taste and appreciate our beer.

The balance between sweetness, bitterness, carbonation, and mouthfeel is an exquisite work of art many brewers take pride in. Each beer is defined by these basic attributes and understanding them will help to understand the complexity of beer. Roasted malts lend a caramelized sweetness to beer that pairs perfectly with any grilled or smoked meats. Malt sweetness on the other hand is perceived due to a few different factors. The sugar left behind in the beer after fermentation can cause a sweet taste, but only if complimented by other factors. Most foods have a sugar component, as do beers, lending to a nice marriage of flavors.

Bitterness plays a part. Bitterness is the counterpart to sweetness. They balance each other out. The more bitterness in a beer, the less you will perceive sweetness, and vice versa. A beer may not have much residual sugar left, but if there is an absence of bitterness you will perceive a sweet beer. Hop bitterness has the grace to balance out the inherent sweetness of beer yet the strength to stand up to many heavy flavors, sauces, fats, and oils. Bitterness is essential to good balance, and it can refresh and stimulate our palates and appetites.

Carbonation is another factor in beer flavor. Carbonation is experienced as carbonic acid on the tongue and helps to concentrate bitterness. A beer with high carbonation will seem drier while a beer with little carbonation will seem sweeter. Also, carbonation serves to scrub our palates and prepare us for another bite of food. Imagine tasting your food each and every time like it was the first bite you ate. With a properly carbonated beer, your palate will be reset and ready every time you sip.

The temperature of beer can affect its perceive taste as well.

The lower the serving temperature of the beer, the drier the beer will taste and its bitterness will seem enhanced. With this in mind, the serving temperature of beer is just as important as it is for wine.

Mouthfeel is an essential part of a quality beer. Dependent on what style of beer you are drinking, you can experience a light, almost watery, feel to the beer or you can experience a heavy, full-bodied, beer with many interesting components. Mouthfeel is the result of unfermentable compounds left over in the finished beer. While these compounds are unusable by the yeast in beer, they do serve a purpose. Left over sugars, proteins, and starches add flavor, foam retention, and body to our beers. They can help a beer with its bright flavors, brisk, acidic, and citrusy, or dark flavors, chocolate, coffee, dark fruit. It is these compounds that lend their flavors to beer and create the thousands of different sensations we experience. The complexity of beer comes from these compounds melding together with all of the other factors mentioned.

So the next time you are out on the town, looking at the wine list, trying to decide what wine would help to make your meal into a feast; ask your waiter for their beer list as well. Not only will you find a wide selection of appropriate choices, but it may also open your eye to a new world of fine dining. Craft beers are truly a unique and complex dining choice only a fool would dismiss as "pedestrian"!



Tony Clarke & his wife Liz own Airdale Brewing Company, located in San Diego [airdalebrewing.com](http://airdalebrewing.com)



## San Diego Festival of Beers Rocks Downtown

BY TONY CLARKE

The 14th Annual San Diego Festival of Beers took place September 19th in the Columbia neighborhood of downtown San Diego. A record-setting attendance of 4,595 beer lovers came out to raise money for cancer research... and do a little beer tasting as well.

Over 55 breweries donated their time and product to the worthy cause. As has been the trend in the past, the festival included a well-rounded list of local, regional, and national breweries. Some participants included Victory Brewing of Pennsylvania, Oskar Blues Brewery of Colorado, Allagash Brewing of Maine, and Coronado Brewing and Airdale Brewing of San Diego.

The festival grounds were alive with great music, great beer, and great food. In fact, this event has become so popular over the years that maximum capacity for the festival grounds was reached early in the evening, denying entry to some tardy guests. Those of us, who did get in, were able to taste some of the best beer in the country.

Each brewery brought a few of their tasty creations. San Diego Brewing Company brought their Peep Show Pale Ale, a well-rounded pale ale, which uses marshmallow peeps as an additional source of fermentable sugar. Hoppy Brewing out of

Sacramento, brought some of their Hoppy Face Amber Ale, a nice representation of a west coast IPA. Airdale Brewing brought their Homecoming Spiced Holiday Porter. A fine example of a brown porter, Homecoming's chocolate flavors are enhanced through spicing with cinnamon, nutmeg, and vanilla, giving it a smooth espresso flavor.

The San Diego Professionals Against Cancer (SDPAC) put this event on annually. SDPAC is run entirely by volunteers, and is dedicated to generating monies for cancer research, patient treatment, and services through fundraising events. SDPAC President Candace Brown noted that there were over 300 volunteers who worked on the festival and \$70,000 was raised for cancer research in the one day charity event.

Overall, the night was a big success. Over 4,500 people came out to celebrate San Diego's award-winning craft beer scene, while raising money to help our community and its families fight the ongoing battle against cancer. Mark your calendars for next year and plan on attending this worthwhile event as it has come into its own as an annual San Diego favorite!

San Diego Professionals Against Cancer [sdpac.org](http://sdpac.org)

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Recession Proof Wines



VINEYARD  
PLACE  
By Mike Kallay

While the politicians and policy makers figure out how to fix the economy, it should already be quite apparent to everyone that times are a bit tighter than normal. Of course you don't want to stop drinking your favorite wines, beers, and cocktails, but you'll need to be a bit more shrewd in order to help offset the rising costs all around you.

One of my favorite adages about wine is from Napoleon: "In victory, you deserve Champagne, in defeat, you need it." Therefore, with the spirit of that saying, you either need wine more now than ever, or you deserve it. Or both. Let's talk about some of the best values out there right now.

Everyone has their favorite producers, but I like to empower my friends & guests to start thinking in terms of "region" & "varietal." That is, once you know for example that you like Pinot Noir from Santa Barbara, but not so much from Santa Monica, you'll begin to unlock the treasure trove of wineries waiting for you to discover.

I am defining a wine value as a wine that retails in the \$8 - \$15 range.

I'll say right now that if you're looking for value from California, you are going to be sorely underwhelmed. Land prices, insurance prices, distribution margins, and a host of other factors conspire to keep the wines from our state at a pretty high baseline price. I

would say that for most of what is coming from a defined AVA in the state, not from a more generic appellation such as Central Coast or California, those wines are priced north of \$20 -- not the value that we are looking for. There are some anomalies: Paso Robles puts out some nice blends in the \$15 range. Same with Amador & Lodi up near the Sierras. Lots of Italian heritage means plenty of Zinfandel, Barbera, and Sangiovese. Actually, anytime you follow the Italians as they made their way around the globe, you will almost always find some great wines with some great values.

Probably the best place in the world for value right now is Argentina. I'm sure you all know that Malbec is the adopted red grape of Argentina, but have you ventured out to taste the incredible Cabernet Sauvignon, Merlot, or Charbono from there? How about the incredibly aromatic and refreshing Torrontes? You'll easily find incredible wines in this price point. And lest you think that this is some johnny-come-lately wine region, you should realize that they've been making fine wine down there for far longer than we have here in America.

Chile also offers an incredible bang-for-the-buck, with the star varietals being Cabernet Sauvignon, Merlot, Chardonnay, Sauvignon Blanc, and Carmenere. Chilean wines have a distinct "funkiness" to them (for lack of a better word) -- almost a weed or wet earth nose. Some people love this funkiness. I would just decant the wine a bit and enjoy the

incredible fruit & structure left behind. And, if we're talking "funkiness," I'd be remiss to not mention South African wines. Chenin Blanc is what they do best, but the Shiraz and other reds are incredible values if you can find them. And decant them -- to take off that funkiness. Pinotage is the premier grape down there, but I find it to be almost always awful.

Moving more to the old world, Spain and the south of France are still pumping out incredible values that defy the Euro/Dollar conversion. Tempranillo is found in almost all regions in Spain, and you really can't go wrong with it. From the meaty & dried fruit versions in Rioja, to the huge lipsmacking bombs coming out of La Mancha & Ribera del Duero. Wine values from France, you say? Sure! Once you get outside the Bordeaux, Burgundy, Champagne, and Alsace regions, many incredible values show themselves. The Languedoc region in the south of France is the world's largest growing region (700,000 acres). They produce everything from Chardonnay to Syrah there, and the nice thing for American consumers is that the wines typically are labelled by varietal so you know what you are getting -- no Little Orphan Annie decoder ring needed. These wines are frequently sub \$10, so take the time to explore what is available. One of my "go to" wines before I was in the business was a simple Cotes du Rhone. While the press really loves the wines of Chateaufort-du-Pape, Hermitage, and other notable sub-

appellations of the Rhone, very similar aromas & flavors can be had for under \$10 from the more generic Cotes du Rhone appellation. This region is where Grenache & Syrah marry into something so wonderfully flavorful and sublime, but with enough character to stand up to most food dishes.

In fact, if you're looking for a magical dinner under \$20 for you & your sweetheart, swing by BevMo or Trader Joes for a CDR, and use the rest of the money to buy mussels & french bread. Steam the mussels over some of the wine with some shallot & garlic, and use the bread to enjoy the remainder of the broth. You'll be transported to a French cafe

without the hassles of passports & Euro conversions.

Of course, there's plenty of other great stuff out there from the likes of Australia and Italy, but we'll talk more about those next month.

You can absolutely find & enjoy some incredible wines without letting your wine budget go the way of the gas budget. Cheers!

Mike Kallay & his wife  
Stephanie own  
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a wine bar in East Village.  
www.caskroom.com

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Citrus Crusted King Salmon  
Bouillabaisse Provençal  
Tapena, Tempranillo, Tierra de Castilla, 2005

THIRD COURSE choice of  
Tahitian Vanilla Crème Brûlée  
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\*Our Fall Classic menu will not be offered on Wed. Oct. 22nd & Oct. 28th  
due to special wine dinners already scheduled

Reservations 619.224.2884  
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The Spirit of the Highlands

Morton's The Steakhouse in San Diego hosted an evening of fine Macallan Scotches and hand-rolled Fumar Cigars earlier this week. Eden Algie, native Scotsman and the Macallan Brand Ambassador, spoke about the aging process, the difference

between Fine Oak vs. Sherry Oak and the best way to drink scotch to release its taste, aroma and color.

Cigar rolling demonstration was presented by Fumar Cigars. Guests enjoyed a complementary cigar, and sampled Sherry.



Dates with Grapes  
WINE CALENDAR

OCTOBER 12TH  
Breast Cancer 3-Day fundraiser  
Benefiting Susan G. Komen for the Cure

October 18th, 2008 4PM – 7PM  
MELLOW – A Wine Bar  
2556 Lanning Road, San Diego, CA 92106 (In Liberty Station)  
Bar Phone- 619-223-3348  
Tickets -\$35 at the door.  
Includes light appetizers and three wine tastes featuring a selection of whites, reds and bubbly. Support Melissa's 60-mile journey through San Diego by bidding on various silent auction items! Proceeds go towards breast cancer research, education, screening and treatment.

For reservations, or for more information, contact Melissa at 619-813-9561

OCTOBER 16TH  
Flight Night at the Top of the Plaza

Thursday, October 16, 2008, 5:30-8pm  
at the Napa Valley Grille, Horton Plaza Level 5. Featuring a flight of four wines from BV, the latest fall looks from Guess, and music by Gonzo.

\$15 in advance; \$18 at the door  
RSVP: 619/236-9649 or hortonplaza-events@napavalleygrille.com

OCTOBER 22ND  
Thee Bungalow's Ravenswood Wine Dinner

Join us for the Ravenswood Wine Dinner on Wednesday, October 22nd at 6:30pm. Executive Chef Paul Niles' has created a 5-course menu paired with Ravenswood wines. The Ravenswood Wine Dinner is priced at \$69.95 per person, excluding tax and gratuity. For reservations and information please call Thee Bungalow at 619-224-2884.

OCTOBER 23RD  
Dakota Grill & Spirits - Grgich Hills Estate Wine Dinner

Dakota Grill & Spirits is pleased and excited to be featuring a very special wine dinner in partnership with Grgich Hills Estate Winery of Napa Valley. Join us on Thursday, October 23rd at 7:00 pm, as executive chef Todd Nash fashions a richly flavored 4-course dinner to pair with a range of exciting wines from Grgich Hills. Grgich Hills Estate Winery has been a leader in the California wine community since 1977, producing world-class wines and being among the forerunners of wine stewards utilizing organic, bio-dynamic and sustainable wine growing practices. Justin Kleineider, Grgich Hills Director

of Sales for Southern California will be on hand to guide you through this special evening. Cost is \$59.95 per person, excluding tax and gratuity. Seating is limited. Call today for reservations. Dakota Grill & Spirits 619-234-5554.

NOVEMBER 6-9, 2008  
Art of Food & Wine Palm Desert

The third annual Art of Food & Wine Palm Desert, a unique four-day celebration of the senses, attracts thousands of art and culinary enthusiasts from across California and around the country to enjoy the very best in art, food and wine hospitality and education. The event features food and wine tastings; celebrity chefs; elite vintners; exclusive restaurants; wine, culinary and cultural seminars; art; music; shopping and golf - all nestled in Southern California's beautiful Coachella Valley. Tickets start at \$45 and are on sale now.

For more information, visit www.artoffoodandwine.com or call toll-free 866.96.TASTE.

To have your wine event added to this calendar, please send an email to: Jason@sdnews.com with a headline and approximately 100 words describing your event.



# Chargers Become Second Upset Victim to Resurgent Dolphins

BY BOB HURST

If anything, the San Diego Chargers proved Sunday that Miami's upset of New England nearly two weeks ago was not a fluke. The Chargers became the second straight upset victim of the resurgent Dolphins, losing 17-10 at Miami.

The usually explosive Bolts were held to their fewest points since the end of the 2005 season, when they scored only seven points a game in consecutive losses to Kansas City and Denver. San Diego came into the game leading the NFL with 34.5 points per game.

Miami running back Ronnie Brown was up to his old tricks, taking a direct snap and running five yards for a touchdown and 17-3 lead in the second quarter. Brown had 24 carries for 125 yards, while his counterpart, LaDainian Tomlinson, was limited to just 35 yards on 12 carries.

The loss kept the Chargers winless in six games at Miami since their playoff win in overtime in 1982.

Philip Rivers brought the Chargers back on a 17-yard scoring pass to Chris Chambers in the third quarter, making it 17-10. But Tomlinson was stopped on a fourth-and-goal at the Dolphins 1 early in the fourth.

"It was one of our favorite plays down there, and we have been successful in doing it," Tomlinson said. "They get paid too, and they did a good job of snuffing out the play."

Miami didn't give the Bolts much time with the ball, owning the possession game 36:41 - 23:19, including the last 5:55 of the game.

The Dolphins (2-2) surpassed their 2007 win total when they went 1-15.

*San Diego (2-3) hosts New England on Sunday night at Qualcomm Stadium before going on the road to Buffalo and New Orleans*



**SAN DIEGO CHARGERS OCTOBER SCHEDULE**

Sun.	Oct. 12		NEW ENGLAND	5:15 p.m.	NBC
Sun.	Oct. 19		at Buffalo	10:00 a.m.	CBS
Sun.	Oct. 26		New Orleans (at London)	10:00 a.m.	CBS

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## ***CHARGERS Q&A*** ***#20 ANTOINE CASON***

**By: Raymond J. Tioseco**

***You were eligible for the draft last year. Why did you decide to come back to Arizona for one season?***

"I wanted to accomplish some goals I had not reached yet like winning the Jim Thorpe Award, being an All-American, leading my team to a bowl game with a winning season, and of course graduate."

***What are your goals for your career so far?***

"I just want my first year to be successful. I want to keep my body right and do the things necessary to have a long career."

***What current DB's do you most resemble style wise?***

"I don't know. I'm just trying to mold my own style. I haven't really studied other DB's in depth and how they compare to me."

***Who is your favorite musician?***

"I like a lot of stuff. I don't want to go with the rap or R&B because that is so common so I'll go with my favorite jazz musician, Wayman Tisdale."

***What is the first thing you are going to buy with your signing bonus?***

"Good question. I haven't even thought about it because training camp and the season have been the only things on my mind. I haven't really bought anything yet."

***What is your favorite Movie?***

"I have a few: Coming to America, Top Gun, Norbit, Harlem Nights."

***What was your first car?***

"I had an '89 Chevrolet but I totaled it so that didn't last too long. I've always had a Dodge after that happened. I'm a big Dodge guy. I bought a Dodge Charger even before I got drafted here."

***What is your favorite TV Show?***

"Right now I'd have to say The Office."

***What is your favorite thing to eat?***

"I love homemade family food."

***Who was your hero growing up?***

"I'd have to say my family. They are my personal heroes."

***Best advice anyone has ever given you?***

"The best advice anyone has given me is don't stress over things you can't control."

***If you were stuck on a deserted island, what are the three things that you can't live without?***

"I'll say my dog, my couch and a TV."

***Do you have any interesting hobbies or interests?***

"I like dogs, I like bowling, and I like vintage muscle cars."

***Do you have any pets?***

"I am laid back and chill."

***What are two words that describe you?***

"I have a Rottweiler and I am looking to get another dog after the season."

***What is one thing that not a lot of people know about you?***

"I'm mostly a homebody. I don't really go out too much."



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Continued from page 7

Café  
St. Tropez Bakery & Bistro

This concept venue was established in 2001 with the opening of the first St. Tropez in downtown Encinitas. The combination of fine French cuisine, a splendid, soothing décor, and offerings of breakfast, lunch and dinner created a unique dining experience that was well received and made St. Tropez an instant success. And here all this time, you thought St. Tropez was somewhere in the tropics.

**St Tropez Bakery & Bistro**  
600 W. Broadway  
497-0297  
www.sttropezbistro.com

Café Chloe  
(See entry under French)

Catering  
Waters Fine Catering and Foods

Waters gives nothing less than the best in its desire to please its remote customers – one taste of the eatery’s wok-fried beans, chicken skewers and Portobello Polenta Napoleon roasted peppers, and you’ll know you’ve hired out to the right place.

**Waters Fine Catering and Foods**  
1105/1115 W. Morena Blvd.  
276-8803  
www.waterscatering.com

Yogurt/Ice Cream  
Mondo Gelato

Just as there are many food regions and styles of cooking across Italy, so are there many styles of making gelato. Some styles produce a heavy custard-like ice cream; some produce a light simple frozen delicacy, while others, like ours, produce a rich, dense, flavorful gelato, without the heavy attributes of traditional premium-style ice creams. This style is generally referred to as the Sicilian style of gelato. This is where the philosophy of food comes in. Sourcing great ingredients and products, and having a strict philosophy, is only half the battle. The real challenge is creating a recipe that fully utilizes these products and philosophies to create an outstanding product that remains true to our intentions. It’s here that Mondo Gelato mixes the philosophy and science. All the science in the world cannot help you create a brilliant

product if you do not have a passion to do just that. Mondo Gelato’s determination to create the world’s best gelato is an ongoing pursuit fueled by passion. We share not only a passion for gelato but a passion for the experience that is Mondo Gelato.

**Mondo Gelato**  
435 10th Ave.  
955-6630  
www.mondogelatosandiego.com

Yolicious

Yolicious claims its gelato has only 13 calories per spoonful. That’s the first reason to go, especially if you’ve looked at your waistline lately. The second reason is actually a lot of reasons in one – the variety and tastes of this product are among second to none in this town.

**Yolicious**  
1021 Market St.  
238-1125

Vegetarian  
Pokez

If nothing else strikes you about this place (besides the delightfully garish, funky décor), it’ll be the breakfast. Not only is it served all day; there are 10 – ten – entrees to choose from, all of which are as delicious as the next. Pokez also uses organic produce whenever possible, and its rice and beans are 100 vegetarian.

**Pokez**  
947 E St.  
702-7160  
www.pokezsd.com

Spread

Spread’s mission is to stimulate the imagination of its diners by working with and serving only locally grown, organic ingredients. With an uncompromising belief in eating exclusively vegetarian and/or vegan, Spread is dedicated to providing the best of the best, and it accomplishes that by scouring the local farmer’s markets daily.

**Spread**  
2879 University Ave.  
503-0406  
www.spreadtherestaurant.com

Patio Dining  
1500 Ocean

Enjoy glowing sunset colors from the patio and a beachfront cabana setting at 1500 Ocean Restaurant and Bar, located inside the Hotel del Coronado. The experience begins in the Sunset Bar and its terraced entrance overlooking the Pacific. Inside, the

venue features two private dining venues and a wine vault.

**1500 Ocean**  
1500 Orange Ave., Coronado  
522-8490  
www.dine1500ocean.com

Lou & Mickey’s

Two cousins honor their fathers with a restaurant that showcases their roots, serving choice seafood and prime beef in a relaxed, inviting environment. Located at the entrance to the Gaslamp and celebrating Mid-western hospitality and the music of their fathers’ generation, the guys serve classic American food.

**Lou & Mickey’s**  
224 5th Ave.  
237-4900  
www.louandmickeys.com

Deli  
Mona Lisa Deli

So why’d you get your deli sandwich to go? Sit, relax and chow down on some of the best deli fare in San Diego in this exceptionally cozy little setting. The close, intimate quarters are in keeping with the vibe from Little Italy, where this eatery is located.

**Mona Lisa Deli**  
2061 India St.  
234-4893

Beach City Market

Beach City offers a New York-style deli, a sushi bar, a juice and coffee bar, a salad bar, a lunchtime barbecue, hot, healthy breakfast and lunch meals and freshly prepared to-go items. In addition, the shelves are filled with drinks, wine and beer, chips, and candy and energy bars. And don’t be afraid to ask about catering – Beach City has you covered there as well.

**Beach City Market**  
3 Horton Plaza  
232-2491  
www.beachcitymarket.com

Senior Special  
Hob Nob Hill

This place is probably San Diego’s oldest restaurant in the same location with the same ownership and management. The consistency has allowed it to continue its commitment to quality food and service with maximum economy. Just about everything, from baking fresh muffins and cakes to curing corned beef, is done on the premises.

**Hob Nob Hill**  
2271 1st Ave.  
239-8176  
www.hobnobhill.com

Chicken Pie Shop

A friend of ours remembers going to this place when San Diego wasn’t even a glint in the national eye. Now that the city’s such a treasured destination, you’d expect this place has changed accordingly – but nothing is further from the truth. The same chicken pot pie, and its very, very low cost, awaits.

**Chicken Pie Shop**  
2633 El Cajon Blvd.  
295-0156

Coffee Shop  
Java Jones

(See entry under Pet-Friendly Restaurant)

Zanzibar  
(See entry under Lunch)

Bartender  
(See Shawn Burkholder featured below)  
Ariana Johnson -  
Modus Supper Club

Ariana says she likes every drink at Modus as imaginative as every dish at Modus – so feel free to try something new at each turn. Ariana mixed just about everything down the pike during her tenure at another downtown establishment; if she hasn’t heard of it, it hasn’t been ordered yet, anywhere. You go first.

**Modus Supper Club**  
2202 4th Ave.  
236-8516  
www.modusbar.com

A special thank you to everyone who submitted their ballots and voted for their favorite restaurants and congratulations to Michelle Tran Dube’ from East Village who won a \$100 gift card to Flemings Steakhouse.

Voted Best Bartender



Shawn Burkholder - Nicky Rottens  
(See entry under Burger)

Food and Drink

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EXQUISITE RESTAURANT BAR & LOUNGE

**FINE DINING COCKTAIL LOUNGE**

**BUY 1 GET 1 FREE**

Buy one lunch buffet or entree and 2 drinks and get a second entree of equal or lesser value free.

**329 Market St. @ 4th Ave. • 619.269.9999**

[www.royalindia.com](http://www.royalindia.com)



Go to: [www.SDDiningScene.com](http://www.SDDiningScene.com) for more dining information



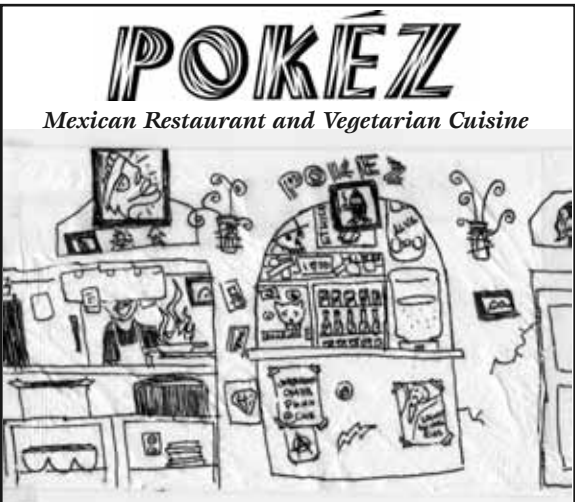
619.261.6721  
333 5th Ave.  
[www.thebondi.com](http://www.thebondi.com)  
Online reservations: [www.opentable.com](http://www.opentable.com)

BONDI

Great Australian Food, Cold Australian Beer. Relaxed by day and bustling at night, Bondi Australian beer and food brings the contemporary flavors, sights and sounds of Australia to the historic Gaslamp Quarter. Bondi is all about top-quality Australian products and people. It's also about the relaxed and casual Aussie attitude to life. Named after Sydney's famed Bondi Beach, Bondi brings you ice-cold Aussie beer on tap, along with a large range of Australian and international bottled beer and the longest and strongest Australian wine list in the US.

POKEZ Mexican & Vegetarian

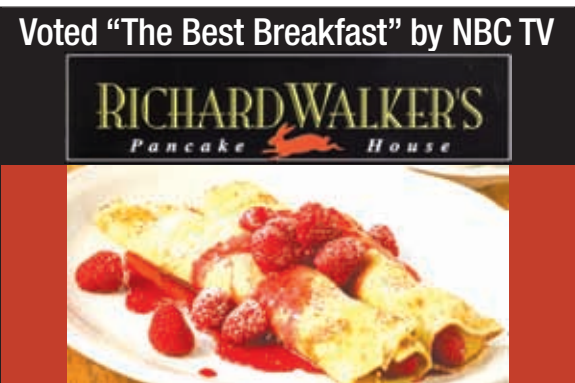
Welcome to Pokez! We make our food with love. We cook with vegetable oil (no lard). We use the finest ingredients including organic produce when possible. Our beans and rice are 100% vegetarian, low in fat and sodium (no artificial coloring, no MSG).



947 E St. / 10th & E EAST VILLAGE  
619-702-7160

Richard Walker's Pancake House

Richard Walker's Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the 'premier' breakfast destination for San Diego's residents, employees and the tourist community! Open 6:30 A.M. to 2:30 PM 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker's with you as we prepare orders to go.



**\$1 Off with this Ad!** Expires 11-04-08

6:30am–2:30pm • 7 days a week  
520 Front Street • Just South of Market, Downtown  
619-231-7777  
[www.richardwalkers.com](http://www.richardwalkers.com)

Royal India

Awarded best Indian food in the Gaslamp, Royal India is the premier Indian restaurant located in the beautiful Gaslamp Quarter. Come by and see what all the buzz is about. Royal India serves gourmet lunch buffet and Monday night buffet that include over 20 items. Royal India serve delicious authentic North Indian foods with vegetarian, chicken, lamb, seafood curries, fresh tandoori kababs in the magnificent architectural decor Imported from the palaces of India, Royal Chandeliers with 10 ft waterfall and custom carved wood bar so unique you must not have seen in any Indian restaurant and you would love to dine in. Join us for a drink before dinner in our cozy lounge or sit outside on our largest patio in the Gaslamp. We provide catering and private parties too. You can park in Horton Plaza parking structure and get free validation.



329 Market St. @ 4th Ave. • 619.269.9999  
[www.royalindia.com](http://www.royalindia.com)



Happy Hour is every day from 2pm to 6pm.  
Half off all appetizers and great drink specials!

\$3 Beers \$4 U Call Wells \$6 Premiums



535 4th Ave | 619-238-0048

Tabule

The tastes of the world combine with the comfort of home at Tabule Restaurant and Bar, Executive Chef Moe Sadighian's first US restaurant concept in San Diego's dining heart, the Gaslamp Quarter, at 535 4th Ave. Patrons dine on an intimate patio or inside Tabule's orange drenched dining room bordered by an inset fireplace and handsome black glass bar. Wines plucked from Chile, Baja, and Napa compose Tabule's refined wine list and the restaurant's signature, "perfected" martinis entice patrons with pomegranate, tamarindo, coconut, mango, pear, banana, and apple renditions. Expert staff guide patrons through Tabule's menu which unfurls an array of steaks, fish, and duck creations, highlighted by Chilean sea bass, Mandarin Cornish hen, and Mesquite Duck Tacos. At Tabule, every taste is familiar yet enjoyably indescribable. For more information, call 619-238-0048 or visit [www.tabulerestaurantandbar.com](http://www.tabulerestaurantandbar.com)



**50% OFF**  
One Bottle or Glass of Wine or One Beer  
Dine-in Only. Limit 1 coupon per person.  
Not valid with other offers. Exp. 11-04-08

**FREE**  
Breakfast Item, Panini, Salad or Sandwich with the purchase of one item of equal or greater value and two beverages

**or 50% OFF**  
One Food Item with purchase of one beverage  
Not valid with any other offers.  
Exp. 11-04-08

Downtown Gaslamp ~ 238 5th Ave. ~ 619.231.5788  
(corner of 5th & K St. - Across Dussini & Rockin' Baja Lobster)

Toscana Café and Wine Bar

Formerly PJs Café, Toscana Café & Wine Bar has been recently remodeled and is beautiful and cozy. Outside there is a shaded patio great for people watching. The interior is luscious. Dark wood furniture and wood paneling created a comfy ambiance that all chain coffee stores tend to lack. Toscana's selection of coffee drinks is immense, as is their food menu. The best part? HAPPY HOUR! 2-6pm DAILY! Nachos from \$4 to a Bratwurst for \$6. Beer on tap \$3 (from Stone Brewing Company). Bottled beers are also available upon request. For wine lovers there are wine tastings every Thursday night 5-9pm, \$15/taste. Toscana Café and Wine Bar 238 5th Avenue, (619) 231-5788.

Valentine's Mexican Restaurant

Valentine's Mexican Restaurant is family owned and operated and conveniently located at 844 Market Street in the East Village. Valentine's offers downtown San Diegans quality traditional Mexican breakfast, lunch and dinner (also OPEN LATE for the bar crowds). In addition to the excellent burritos, tortas, tacos, and homemade salsa at the salsa bar, you can also choose from a selection of Mexican beers and fine wine when you visit Valentines. Call ahead to pick up your orders "to go"! 619-234-8256.



**Authentic Homestyle Since 1982**

844 Market 619.234.8256



**FOR MORE INFORMATION ON THE DINING GUIDE CALL:**

**JASON GREGORY**  
858.270.3103 x116



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