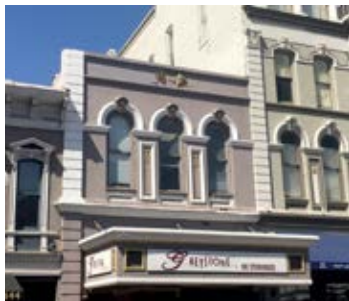


▶▶ **LOCAL BUSINESS P. 3**



App to track collisions

▶▶ **HISTORY P. 8**



The Bijou Theater

▶▶ **THEATER REVIEW P. 7**

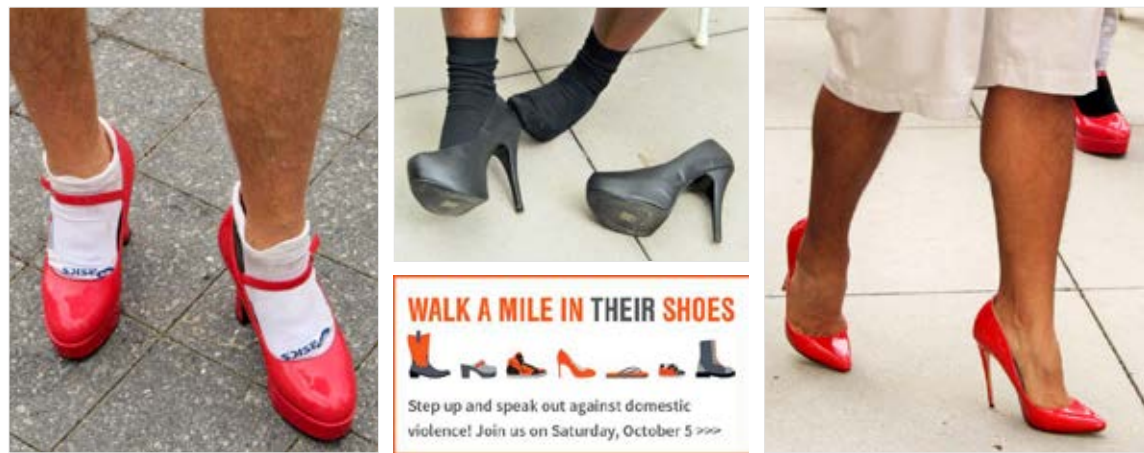


'Man of La Mancha'

▶▶ **FASHION FILES P. 12**



Strut for Sobriety



Participants in last year's Walk A Mile In Their Shoes (Photos by Lucia Viti)

Walk A Mile In Their Shoes

LUCIA VITI | DOWNTOWN NEWS

Glenn and Claudia Sinkule lost their 25-year-old daughter Nicole to domestic violence. The “artistic beauty” was bludgeoned to death with a hammer – 13 blows to her head and neck – by her boyfriend who was high on methamphetamine.

Upon arrival, the police removed the hammer's claw still protruding from Nicole's neck.

The young couple's relationship ran rabid with the

red flags of domestic violence. Incredibly, the police were called to the couple's apartment earlier that fateful day. Assured that the incident in question lacked physical violence, they left. Three hours later Nicole was dead.

In exchange for a guilty plea for first-degree murder, Nicole's abuser and murderer received the minimum punishment, 16 years to life in prison.

Nicole's story of domestic violence is sadly a familiar tale, one

that the Sinkule's have dedicated themselves to ending.

Glenn and Claudia will be among the many participating in San Diego's YWCA's Walk A Mile In Their Shoes event to be held on Saturday, Oct. 13, at Downtown's Martin Luther King Promenade at K Street.

Men, women and children will don high heels – although heels are optional – and walk a mile to raise awareness for domestic

SEE **WALK A MILE**, Page 4

Landscape architects from all over the world meet in San Diego

DELLE WILLETT | DOWNTOWN NEWS

From Nov. 15-18, more than 6500 attendees will take part in the American Society of Landscape Architects' (ASLA) Conference on Landscape Architecture at the San Diego Convention Center. This is the largest gathering of landscape architects and allied professionals in the world.



SEE **ARCHITECTS**, Page 5 Botanical Building, Balboa Park (Photo by Delle Willett)

Airport takes nation's top spot in analysis

Ranking comes as officials zero in on large-scale facilities improvements

DAVE FIDLIN | DOWNTOWN NEWS

With high marks for convenience, fewer than average flight delays and robust dining options, the San Diego International Airport recently took the top spot in a nationwide analysis on venues across the U.S.

The Points Guy, a travel resource website, recently released its annual report on the best and worst airports on 2019. The researchers associated with the analysis worked within several parameters, including limiting the scope to the 50 busiest airports in the U.S.

In the report, issued in August, San Diego International Airport was noted especially for its proximity to Downtown — a feature few other venues in major cities across the U.S. can claim.

Points Guy contributor Carissa Rawson conducted the review of San Diego's airport in her report, describing it as “phenomenally located.”

“San Diego's airport is one of the most pleasant I've had the opportunity to experience, far from the angry hordes of LAX and its nightmarish construction,” Rawson wrote. “Though the airport itself is gorgeous, where it really stands out is its unparalleled

SEE **AIRPORT**, Page 6

Index

Puzzles	7
Dining	10
Classifieds	14
Calendar	15

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Downtown resident launches Bmmpr

VINCE MEEHAN | DOWNTOWN NEWS

The I.D.E.A. District in Downtown’s East Village is starting to live up to its core concept. The plan is to create a cultural mecca where people can work and live in the same area, while growing a community of like-minded individuals. I.D.E.A. is an acronym, which stands for innovation, design, education and arts, and the district is now being populated by a collection of innovators.

Marko Mandaric is one of those innovators and has jumped head first into this sea of creativity by launching his unique automotive aftermarket security device known as Bmmpr. The idea is simple; the device lets you know via your smartphone if your vehicle has been bumped into. Mandaric



Marko Mandaric with his wife, Kahlie Mandaric, who also serves as head of communication for Bmmpr.

is the founder and CEO of Bmmpr and has an office located on 13th Avenue in the I.D.E.A. District.

“The idea came to me when my wife and I were traveling northbound from Los Angeles up to Seattle to do some work with Microsoft,” Mandaric explained. “She had a hankering for some yogurt late night and we pulled off into a very dark and dingy part of Oregon. In that grocery store, while she was picking out her yogurt, it dawned upon me how stupid it is that car alarms don’t actually text you when they go off. It’s a simple concept, but really frustrating reality because every single car out there is just like that. So we got to work on that immediately afterward.”

The Bmmpr.com website features a video of Mandaric bouncing a tennis ball off a vehicle which results in a notification on his phone within seconds. This video went viral and now Mandaric is shipping stacks of boxes of his product to excited customers everywhere. The device is plugged into the diagnostic port of the vehicle, which then syncs up to an app installed on your phone. The device senses any vibration to the chassis of the car much like standard car alarms do. The difference is that it measures the impact to differentiate between a small bump or something more severe. Bmmpr rates the impact and with future

firmware updates, will identify break-ins, and towing attempts. Additionally, Bmmpr will integrate with GPS to assist in locating stolen cars and helping with vehicle recovery.

Mandaric says that these software updates will be implemented by the end of the year increasing the value of the app. “In the near future, we’re going to be implementing break-in detection and towing situations. So you’ll be able to tell what’s been happening to the vehicle and have an appropriate response. If somebody backs into your car and it’s a significant amount of damage, you should probably go take a look. But if somebody has broken into the vehicle, you should probably stay away and call the authorities. Each individual car installation has its own cellular connection so you don’t have to be near the vehicle whatsoever. We actually had one of our original investors on his honeymoon in Taiwan get a notification on the other side of the earth about his car in Los Angeles.”

Also in the works will be a feature to allow car owners to hot dial 911 from within the app. “We’ve been working on this for a good solid four years and are really excited to have our units out in the world. Our customers have been waiting for those units it was amazing watching them get installed the day they got delivered. They were eager for our



Bmmpr founder and CEO Marko Mandaric (Photos by Vince Meehan)

hardware to start doing what we’d showcased on our tennis ball test. It speaks to us that what we’ve created is really something that people want.

The Bmmpr device is available at Bmmpr.com

—Vince Meehan can be reached at vinniemeehan@gmail.com.

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Walk A Mile

CONTINUED FROM Page 1

violence while supporting the many programs offered to victims of abuse by YWCA's Becky's House.

The Sinkules also participate to "keep Nicole's memory alive."

"We walk to help others spread the word about a topic few are willing to talk about," said Claudia.

"Domestic violence is a non-issue until people become victims," added Glenn. "Walk A Mile In Their Shoes is a lighthearted day that brings exposure to the victims shamed by domestic abuse."

The self-described "poster children" for a club they never wanted to belong to, promise to walk at the annual event, now in its 12th year, until the cycle of abuse ends.

"Walk A Mile In Their Shoes engages men and women to discuss the issues surrounding domestic violence," said Heather Finlay, YWCA's chief executive officer. "Men walk in heels as a symbolic gesture to initiate a conversation and raise awareness of the issues surrounding domestic violence, although heels are optional; all shoes are invited."

"Everyone walks in their chosen shoes to raise money as we – the YWCA and Becky's House – educate the community to the services that we provide for victims too frightened to ask for help," she continued.

Finlay described the endemic of domestic violence as "pervasive." One in 4 women and 1 in 7 men experience domestic violence, usually at the hands of a spouse or partner. One in 7 children are added into the mix. No one is exempt.

"Domestic violence knows no boundaries," she said. "Domestic violence affects everyone regardless of race, gender, age, creed, income or socio-economic status. Walk A Mile In Their Shoes engages the community to understand the issues of domestic abuse while reaching out victims to let them know that they're not alone."

Finley noted that the programs offered by the YWCA and YWCA's Becky's House are dedicated to helping victims and their families secure safety from their abuser and recover from the trauma of violence. In addition, counselors work with victims to obtain permanent housing so survivors may ultimately achieve independence.

Finlay encourages everyone to join Walk A Mile In Their Shoes and speak out against domestic violence.

"Join us to walk a mile with your friends, family and colleagues in solidarity with domestic violence survivors," she said. "Everyone and every shoe is welcome!"

Post-walk activities will include fresh Mediterranean fare provided by Luna Grill, the musical trio Mo Jo Jackson, and family-friendly activities and games including a "best-looking shoes" competition.

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Architects

CONTINUED FROM Page 1

The conference features over 300 speakers and experts, discussing a wide variety of subjects, including climate change and resilience, and the design of parks, streetscapes, and other public spaces.



Waterfront Park at the County Administration Building (Photo courtesy Schmidt Design Group)

Attendees will also have the opportunity to explore San Diego in 12 different field sessions, which include tours of Balboa Park, Torrey Pines State Park, the San Elijo Lagoon, UCSD, historic biotech campuses, outdoor learning labs, waterfront and urban parks, a major urban mixed-use development, and Tijuana. The ASLA Expo will explore hundreds of new products, services, technology applications, and design solutions. With nearly 300 exhibitors, the expo is the largest trade show in the

SEE ARCHITECTS, Page 13

The future of sidewalk vending Downtown

LANA HARRISON | DOWNTOWN SAN DIEGO PARTNERSHIP

Residents and visitors of San Diego may have recently noticed a new sound around town — the jingle of small, mobile carts announcing the presence of sidewalk vendors with a broad array of goodies. It can be hard to ignore the call of a refreshing ice cream while walking around town on these beautiful San Diego days. These sidewalk vendors are, formally, a recent phenomenon in San Diego, at least since Senate Bill 946, signed in September 2018 by then-Governor Jerry Brown, went into action in January.

As with any new policy that impacts the business and social environment, there are undoubtedly a lot of questions: How did this start? Why the change? Where do things stand today and what kind of input can vendors expect regarding regulations coming through the legislative pipeline? SB946, also called the Safe Sidewalk Vending Act, decriminalizes sidewalk vending, citing opportunities for entrepreneurship and economic growth, especially for low-income and immigrant communities, and the dissemination of culturally significant food and merchandise as the benefits of this approach to sidewalk vending. Indeed, since the law went into effect at the beginning of this year, these small-business owners

seem to have quickly utilized the change in policy. Concerns have been raised, however, that unregulated sidewalk vending poses unintended risks. Under SB 946, local governments can establish parameters that regulate how the enterprises operate within the public right of way and impact public health and safety. As a result, Mayor Kevin Faulconer has proposed an ordinance that would establish permitting and operating procedures. Below is a non-exhaustive list of some of those regulations.

PERMITTING

Vendors would need to obtain a \$30 permit (with a valid business tax certificate and release of indemnification) through the City Treasurer's Office, valid for one calendar year. Food vendors would need a valid County Department of Environmental Health Permit and Food Handlers Card. The following areas in Downtown San Diego would be prohibited:

- Fourth and Fifth avenues between Broadway and Harbor Drive.
- Imperial Avenue from Park Boulevard to 17th Street.
- Petco Park and the Ballpark District on event and Padres game days: Sixth Avenue through 14th Street between Market Street,

Harbor Drive, and Commercial Street.

- Within 500 feet of the Convention Center during convention.

Additional proposed requirements:

Vending would be allowed in public parks except during the summer moratorium in Balboa Park, Mission Bay Park, Presidio Park, Belmont Park, and the beach from Ocean Beach to La Jolla.

Prohibited within 5 feet of any fire hydrant, fire escape, or above ground facility (i.e. streetlight, tree well, parking meter, scooter corral).

Within 15 feet of another sidewalk vendor, intersection, driveway, building entrance, parking space, access ramp, outdoor dining or patio area, public restroom.

Within 25 feet of any fire lane.

Within 100 feet of any vehicle entrance, emergency facility, major transit stops, city street or sidewalk closure.

And within 500 feet of any permitted special event, school

during recess or within 30 minutes before or after operating hours, and city sports facilities on event days.

The proposed ordinance was unanimously forwarded to the City Council by the Economic Development and Intergovernmental Relations Committee, with additional local prohibitions that include cross streets bounded by Kettner, Columbia, Beech, and Laurel.

In an effort to communicate the regulations outlined in the ordinance as well as receive input from sidewalk vendors and community members, the city of San Diego is hosting a number of workshops, which can be found at sandiego.gov/sidewalkvending and is inviting additional comments at sidewalkvending@sandiego.gov.

—Lana Harrison is the communications coordinator for the Downtown San Diego Partnership. She can be reached at lharrison@downtownsandiego.org.

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Giovanni Cozic, Mattico David, and Lameece Issaq.
Photo by Jim Cox.

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Trick or Treat on India Street returns for the 13th year in San Diego's Little Italy!

Little Italy News
By **CHRISTOPHER GOMEZ**

Prepare for a fangtastic night in one of San Diego's premier neighborhoods, Little Italy, for its 13th annual Trick-or-Treat on India Street. On Friday, Oct. 25, from 5:30 p.m. to 7:30 p.m., little monsters and goblins will roam the streets of Little Italy to celebrate the season's beloved holiday tradition that makes trick-or-treating possible for urban families. Kids of all ages are encouraged to dress up in their best costume attire to enjoy an evening of authentic trick-or-treating throughout the Little Italy neighborhood.

On this spooktacular night, little ghouls and witches will walk door to door to fill their bags with tasty treats and Halloween candy from participating Little Italy businesses. Kids will get to enjoy a Halloween event without the spooks and scares and participate in an evening of traditional Halloween activities.

Hosted by the Little Italy Association for the 13th year in a row, this fun-filled event makes it possible for families living in Downtown San Diego to trick-or-treat in a safe environment. Parents and their little ones can



Last year's event (Photo courtesy Office of Chris Gomez)

dress up in their best costumes and get ready for a full night of filling their bags up with yummy treats, while creating heartwarming family memories that will last a lifetime!

The Halloween event will kick off at the Piazza della Famiglia, located between India Street and W. Date Street. The entire 10,000-square-foot space will be decked out with Halloween décor, providing the perfect fall backdrop to capture family photos before the fun begins. Halloween-themed music will play throughout the Piazza, setting the mood for the evening's festivities. Trick-or-treaters will be able to collect maps of participating businesses and get their first round of goodies from the Little Italy Association in the Piazza!

Sponsored by the San Diego Firehouse Museum and

getaround, this year's Trick-or-Treat on India Street will provide an evening of family-friendly Halloween fun. Families, residents and visitors everywhere are invited to enjoy this one-of-a-kind Halloween event and an evening under the stars in this historic neighborhood. Don't miss out on an unbooleivable night!

To stay connected with Little Italy, check out what's going on in the neighborhood by following the community on Instagram and Twitter: @LittleItalySD and Facebook: LittleItalySD. To learn more things happening in the neighborhood, visit www.LittleItalySD.com.

—Christopher Gomez has been Little Italy's district manager since 2000. Reach him at chris@littleitalysd.com.

October is Italian Heritage Month!

TOM CESARINI | CONVIVIO

It's never a dull moment every October when we celebrate the Italian contributions to our nation and revel in the celebrations of all things Italian! We have lots of events happening this month to help promote Italian cultural identity, help preserve the Italian historical assets in San Diego, and help homeless children at Washington Elementary. We hope to see you at one of our events!

STELLAR SOUNDS OPEN-AIR CONCERTS PRESENTS GINO VANNELLI LIVE AT AMICI PARK – OCT. 11

8 p.m.; Doors open at 6:30 p.m.
Tickets: www.universe.com/vannelli / \$70

Proceeds from Stellar Sounds benefit Convivio education, arts, and culture programs as well as Convivio's partner, the Washington Elementary School Foundation, for the school's programs and its homeless and at-risk youth (30% of the school's population).

THE ROMANTIC SOUNDS OF DANNY M – OCT. 17

Our next installment of Musicarramba! International Music Series delivers local crooner and Little Italy favorite Danny M! Don't miss out on a great evening of Danny M's lush interpretations of captivating

songs while great friends and our intimate setting under the stars contribute the perfect accompaniments. Get your tickets and help support local arts and culture in our community!

Tickets: www.conviviosociety.org / \$12.50

CHRIST: LIFE, DEATH, AND RESURRECTION – OCT. 19

Join us for an enlightening lecture, art viewing, and wine reception at the University of San Diego as we celebrate Christ: Life, Death, and Resurrection — an extraordinary exhibition of original Italian Renaissance art that includes Michelangelo's "The Three Crosses."

Lecture by Kevin Petti, Ph.D. Connecting art, anatomy, and religion in the Italian Renaissance.

Theatre, Kroc Institute for Peace and Justice.

Tickets: www.conviviosociety.org / \$25

—Tom Cesarini is the executive director of Convivio.

Convivio cultivates community and fellowship, advances Italian cultural identity, and fosters multicultural awareness in the arts and humanities through education and research, social enrichment, and innovative programming.

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Walk A Mile

CONTINUED FROM Page 4

“Mo Jo Jackson are fabulous musicians,” said Finlay. “And Luna Grill truly understands that a strong community is a community that’s supported by its businesses.”

Walk A Mile In Their Shoes is sponsored by The Smile Generation; Cavnagac & Associates; Grahovac Construction Company, Inc.; Macy’s; Sycuan Band of the Kumeyaay Nation; Benefit Pro Insurance Services, Inc.; LMC

A Lennar Company; KFMB; and Luna Grill.

Event proceeds benefit survivors overcoming trauma and abuse at Becky’s House Domestic Violence Programs.

Registration includes access to all festivities, lunch, an official event T-shirt and a tote bag. Adults are \$50 and youth are \$30.

To purchase tickets, contact Allison Hall at 619-239-0355 x217 or ahall@ywcasandiego.org.

—Lucia Viti can be reached at luciviti@roadrunner.com.

Founded in 1908, San Diego’s YWCA provides domestic violence victims emergency shelter 24/7. Services include a 24-hour crisis hotline; emergency and short-term shelter; longer-term housing; comprehensive housing solutions; and integrated services.

Becky’s House Domestic Violence Programs

A regional emergency shelter for domestic violence victims and their children. Services include a 24-hour crisis hotline; therapeutic counseling; children’s and youth services; employment assistance; transitional housing; housing coordination; and rental assistance.

The Vi McKinney Becky’s House Shelter

The Vi McKinney Becky’s House Shelter, provides domestic violence victims short-term emergency shelter. Services include safety planning; case management; legal services; therapeutic counseling; and housing stability.

24-Hour Domestic Violence Hotline

Certified bilingual staff provide crisis counseling and critical resource referrals for victims and the community, 24/7. 24-Hour Domestic Violence Hotline 619-234-3164

Becky’s House Transitional Housing

Becky’s House Transitional Housing provides longer-term housing and supportive services for individuals and families of domestic violence. Services include case management; therapeutic counseling; legal assistance; children’s and youth services; education; and employment development in order to obtain permanent housing.

From hardware to hardcore to haute cuisine

SANDEE WILHOIT | DOWNTOWN NEWS

Although this structure, adjoining Old City Hall on the northern lot, appears to be a continuation of the Old City Hall building, it is actually a separate building with an entirely separate history. It was built by John P. Backesto, owner of both sites, after the larger property was underway and was the first building in the Gaslamp to be built of all local materials. Architect William Lacey was also responsible for the design of the larger site, now owned by the Consolidated Bank, so the similarities in both buildings are not only notable but understandable and indicate a common bond.

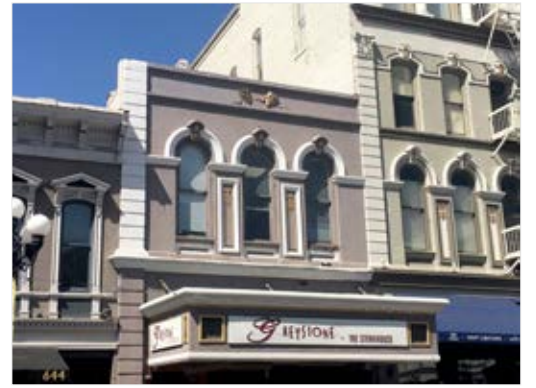
The lower front of the two-story building was of iron with the castings done at the San Diego Foundry according to Lacey’s designs, and the remainder of the building was of brick with a stone finish of Portland cement. All the subcontractors were also local from the roofer to the plasterer to the painter and plumber. Construction was completed on the bank building in May of 1874, and the “new Backesto brick building,” as it was dubbed by the San Diego Union, was completed approximately a year later.

By the late 1870s, George Marston, well-known civic leader and businessman, was operating a clothing store on the lower level, and the upper level was listed as a

“hall.” In September of 1881, Marston sold his stock and interest in the building to Jacob Schiller and F.D. Murtha, who remained there until 1892. Both men were prominent businessmen. Upon their departure, they moved their business further up Fifth Avenue to 600-612. During their tenancy, the upstairs was occupied by the Turn Verein Hall, a German fraternal society.

Their departure made way for Todd and Hawley, a wholesale and retail hardware store, which only remained for a year. Enter San Diego Hardware, a San Diego landmark! This move to Fifth Avenue by founders Fred Gazlay, John Wood and George T. Hawley, enabled them to establish a storefront and presence on Fifth Avenue. In 1923, they moved to 840 Fifth, where they remained into the 21st century and were still family owned.

In 1924, the Rivoli, first of a succession of motion picture theaters, opened its doors. This enterprise was sold two years later to Alton Stoll, who operated the theater as the Diana Theatre. The Diana was affectionately called the “Flea-ana” by Tom Hom, our first Asian American City



The Bijou Theater today (Photo courtesy Gaslamp Quarter Historical Society)

Commercial Bank Addition / Bijou Theater

(1875)

658 Fifth Ave.

Architectural style: Florentine Revival

William Lacey, architect

Councilman, when he and his brother occasionally went to see a show there. Unfortunately for Mr. Stoll, his theater came with an infestation of fleas! He sold the Diana to Benjamin Hayward in September of 1935.

As the Downtown area deteriorated, so did the quality of cinematic purviews. After WWII, Downtown became a haven for “grindhouses,” or theaters grinding out films from 9:30 in the morning until 5:30 the following morning. Many of these film houses were infamous for their pornographic movies and peep shows.

The Diana was no exception. It changed owners and names regularly, becoming the Roxy and the Savoy in the 1940s and finally, in the early 1970s, the Bijou. The Bijou was operated by Pussycat Theaters and their franchise owners, Vincent Miranda and George Tate. They advertised the Bijou as screening adult films. Miranda and Tate also owned the casino across the street from the Bijou, the Tower, the Aztec and the Balboa on Fourth. Additionally, they owned the William Penn Hotel and the Hotel St. James. The Bijou operated until the late ’70s, when it became the Cinema XXX — showing very adult films! Cinema XXX closed in 1981.

The restoration of the Gaslamp in the ’80s resulted in the closure of all these cinematic ventures. The buildings, including the Bijou, have been restored to their original appearances and have been preserved and repurposed into thriving attractions for the multitudes of tourists and locals who frequent the historic Gaslamp Quarter.

The Bijou was reopened in 1999 as Greystone Steak and Seafood. It is one of San Diego’s highest rated restaurants and a top dining destination in the Gaslamp.

—Sande Wilhoit is the historian for the Gaslamp Quarter Historical Foundation. She can be reached at swilhoit@gaslampfoundation.org.



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Video chat makes you feel as though everyone’s in the same room. Use apps like Skype or FaceTime to have a video conversation from virtually any device, and share life events such as graduations or weddings.

3. Gaming and Creativity Apps

Apps like Magisto and PhotoFunia allow you to personalize photos and videos. Looking for some friendly competition with your grandparents? Try a gaming app like Wheel of Fortune or Minecraft. Or keep your grandparents updated with an app like Keepy, an interactive platform for sharing school projects and artwork.

Use family tree apps like Ancestry to discover photos and stories together as you navigate your family history.

4. Social Media

Start a private Instagram account where you can post photos and videos. Grandparents have lots to share as well, so encourage them to make their own Instagram handles and record their stories. This can be a unique way to learn about your grandparents’ past, pass down family memories or share family recipes.

Snapchat is another option for sending and receiving custom pictures or videos with a variety of fun filters and lenses.

How to Help Your Grandparents

Only 44% of grandparents identify as tech-savvy.

Teaching non-tech-savvy family members how to use video chat and social media can be a bonding experience. You can also set your grandparents up with useful home features like the SURE Universal Remote, which allows them to control their TV and other devices from their smartphone. Less tech-savvy grandparents may not realize they can watch their cable TV content from their mobile device or schedule DVR recordings with apps like Cox Connect.

Giving your elders the power to connect helps build relationships with the people you love most, and that’s priceless at any age.



Four easy ways tech can help grandparents bond with younger family members

Grandparents: a word often associated with presents, special outings, yummy food and unconditional love. Yet many Americans don’t talk to, or see, their grandparents as often as they’d like.

Here are four ways technology can help you connect with your grandparents.

1. Messaging Apps

A recent study revealed that 73% of grandparents own smartphones. Messaging apps like WhatsApp or Talkatone are a great introduction to texting for grandparents.

With messaging apps, you can send and receive text updates, photos and videos in one place. When there’s time for a longer conversation, you can use these apps to chat for free, as most don’t use cell minutes.

A quixotic musical production in ‘Man of La Mancha’

Theater Review
By **JEAN LOWERISON**

What is it about “Man of La Mancha” that always brings me to tears, no matter how many times I see it? It’s the reminder of what we do to ourselves and others, and the chance to consider what we might be if we dared give our better nature free rein.

San Diego Musical Theatre offers a sterling production of the five-time Tony-Award-winning show through Oct. 27 at the Horton Grand Theatre, 444 Fourth Ave., Downtown.

Scott Thompson directs. The setting is Spain during the Inquisition, where the writer Miguel de Cervantes has just been arrested and is tossed into jail to await trial, not for any violent crime but for the temerity of foreclosing on the monastery of La Merced in his other job as tax collector.

There, tradition has it, he must first be judged by his fellow prisoners. Cervantes will defend himself by telling the story of elderly idealist Don Quixote, labeled “crazy” by everyone but his faithful sidekick Sancho (a charmingly funny Jeffrey Landman) for his insistence on dreaming “the impossible dream.”

With music by Mitch Leigh, lyrics by Joe Darion and Dale Wasserman’s script (based on Cervantes’ epic novel), this show boasts an outstanding cast headed by Robert J. Townsend as Cervantes/Quixote, Jeffrey Landman as his sidekick Sancho, and Heidi Meyer as Aldonza, the self-described “kitchen slut reeking of sweat” who finally gets a chance to feel what it’s like to be

treated as royalty rather than “a strumpet men use and forget.”

On a suitably tacky-looking rented set, the Captain of the Inquisition (Brian Doig) occasionally descends the famous, ominous retractable staircase to snatch the next victim, while the remaining detainees listen to Quixote’s story.

Whether Quixote goes off with corkscrew-shaped sword to fight a “monster” that turns out to be a windmill, or charges off to the “castle” he sees in the distance (where he hopes to be dubbed a knight), his trusty squire and friend Sancho humors and protects him.

When Quixote spots Aldonza (a wonderfully earthy Heidi Meyer), he calls her “milady” and renames her Dulcinea, which first makes her laugh and later convinces her that the others are right: he really is crazy. But as time goes on, and she sees him fighting for the right and dreaming “the impossible dream,” she may come around.

This trio is surrounded by an assortment of others including a kindly priest (Joseph Grienberger), Quixote’s niece Antonia (Francesca Sola), her fiancé Dr. Carrasco (Michael Thomas-Visgar), a barber (Hanz Enyeart) and several muleteers (including Max Cadillac and Enyeart, especially amusing as two Mule Dancers wearing gigantic, fake mule heads while they dance).

These characters are wonderfully written and brilliantly performed. Townsend is spectacular as Quixote, with great acting chops and a voice I would gladly listen to all day.

Landman is adorable as Sancho, who early on tries to

The details

“Man of La Mancha” plays through Oct. 27, 2019 at the Horton Grand Theatre, 444 Fourth Ave., Downtown.

Wednesday and Thursday at 7:30 p.m.; Friday and Saturday at 8 p.m.; Sunday at 2 p.m.

Tickets: 858-560-5740 or sdmt.org

explain to Aldonza why he sticks with this crazy guy with his lunatic ideas in four simple words: “I Really Like Him.”

Meyer gives us the most convincing Aldonza I’ve seen, with a voice that can make you believe she’s either a slut or a princess at will.



Before facing a judge, Cervantes first faces a jury of his fellow prisoners. (Photos by Ken Jacques Photography)

Francesca Sola’s Antonia gets her turn as she, the housekeeper (Bethany Slomka) and

Grienberger as the priest give forth in the amusing “I’m Only Thinking of Him.”

There isn’t a weak spot in the show, nor in this production. Kudos to director Scott Thompson, who keeps the circus moving, and to Don Le Master, SDMT’s conductor extraordinaire, who leads his capable if invisible 13-member band from their perch above the audience.

The actors do the rest, enchanting the audience from the first moment. Don’t miss this show.

—Jean Lowerison is a long-standing member of the San Diego Theatre Critics Circle and can be reached at infodame@cox.net.❖



The musical plays through Oct. 27



Don Quixote and Miguel de Cervantes are played by Robert J. Townsend

SUDOKU & CROSSWORD PUZZLE ANSWERS FROM PAGE 13

Q	N	I	B	R	E	N	E	R	O	E	S
A	B	B	D	S	S	A	M	E	R	E	S
T	V	V	B	S	T	S	M	E	I	A	V
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7	5	2	3	6	4	9	8	1	8	1
2	9	5	4	8	7	1	3	6	9	7
4	8	1	6	3	9	2	5	7	3	6
3	7	9	2	5	1	8	4	6	9	4
8	1	3	7	2	5	9	6	4	9	7
9	6	7	4	1	8	3	2	5	7	3
5	2	4	6	9	3	7	1	8	4	6

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MICHELIN
2019

Food & Drink Blotter.

BY FRANK SABATINI JR.

The most talked-about restaurant to open Downtown in a while is **Animae**, a \$5.5 million architectural wonder combining sexy Art Deco elements and heavy draperies with an abstract interpretation of an ancient cedar forest on Japan's Yakushima island.

Launched by the Puffer Malarkey Collective (**Herb & Wood, Herb & Eatery**, and **Farmer & the Seahorse**), the pan-Asian menu begins with various crudos and extends to black garlic udon noodles with lobster; butter dumplings with escargot and beef carpaccio; roasted duck with pineapple; wagyu porterhouse steak with miso butter, and more.

The dishes were conceived by San Diego restaurateur Brian Malarkey, and Joe Magnanelli, who previously served as



San Diego's latest showpiece restaurant has arrived. (By Dustin Bailey)

executive chef for the **Urban Kitchen Group**.

Located on the ground floor of the new Pacific Gate luxury condominium complex, Animae's full bar spotlights single malts and gins, as well as sake and Japanese whiskey.

The restaurant opens for dinner at 5:30 p.m., daily. Happy hour is held from 4:30 to 6 p.m., Monday through Friday. 969 Pacific Highway, 619-432-1225, animaesd.com.

Brewmaster Benjamin "Benny" Shirley of **10 Barrel Brewing Co.** is basing some of his fall/winter beers on the 2004 American cult film, "Anchorman: The Legend of Ron Burgundy." Fans of the movie, which is set in San Diego, will easily make the connections to the names of the debut beers.

The series kicks off with a session IPA called "Afternoon Delight," which is made with an experimental hop. Later this fall, look for a pungent black IPA named "Sex Panther," followed by another session IPA, "Rich Mahogany," and concluding with the lightly spiced "Scotch Ale." 1501 E St., 619-578-2311, 10barrel.com.



Beers that pay homage to a fictional movie journalist (Crowe PR)

Dunkin' Donuts is coming to Downtown San Diego as the chain spreads its wings throughout San Diego in the coming months, with

properties in Hillcrest and La Jolla as well. The Downtown spot will reportedly be a step above the smaller drive-through operations.

It will offer indoor seating, take-out foods and a tap system for iced teas and cold brews. 605 C St., dunkindonuts.com.

A Los Angeles-based French cafe and wine bar has nudged into Little Italy within a new mixed-use structure on Kettner Boulevard.

The 3,000-square-foot **Zinque** greets with a chic design featuring wrought iron, wooden tables, a fireplace and central bar. It was founded in 2012 by restaurateur Emmanuel Dossetti, who currently has three locations in the LA area.

The bill of fare centers on French classics for breakfast, lunch and dinner such as



French fare reigns supreme at the new Zinque in Little Italy. (Haley Hill Photography)

house-made croissants, sandwiches using bread imported from Paris, various tartines, ratatouille, steak frites, and more. 2101 Kettner Blvd., 619-915-6172, lezinque.com.

Bobboi Natural Gelato has set its sights on Little Italy for launching its third and largest San Diego location. Due to open by late fall, Bobboi has attracted gelato lovers with its vegan options and unique line of flavors since opening in 2014 in La Jolla.



Cool your palate with charcoal-vanilla gelato. (Bread & Butter PR)

They include "quattroberry," grape nectar, and charcoal-vanilla. The gelato shop also added a satellite operation in the Little Italy Food Hall, although its newest spot will feature ample seating, weathered-wood accents and windows that open to the street. 2175 Kettner Blvd., 858-255-8693, bobboi.com.

Over in Coronado, a spacious all-day restaurant known as **The Henry** is stealing the show with an inviting design that combines midcentury appointments with industrial elements — and with menus that cater to many tastes.



The Henry is now in full swing in Coronado. (Fox Restaurant Concepts)

Founded in Phoenix by Sam Fox of Fox Restaurant Concepts, the Coronado kitchen offers dishes unique to this location, such as fish and chips, tuna over crispy rice, and shrimp cocktail with a Southern California spin.

Established entrees include spaghetti Bolognese, rotisserie chicken, Scottish salmon and more. There is also a full bar that runs along the roomy front patio. 1031 Orange Ave., 619-762-1022, thehenryrestaurant.com.

—Frank Sabatini Jr. can be reached at fsabatini@san.rr.com.

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Bang-up meals from a trusted, Sicilian family

Restaurant Review

By FRANK SABATINI JR.



Complimentary house-made potato chips dusted in Parmesan cheese are the first clue the Sicilian-inspired meals you're about to eat at Barbusa are not of the old-school ilk. Yet after your first chomp into the crispy spuds, traditional table bread served with olive oil becomes an afterthought.

Barbusa is owned and operated by the legendary Busalacchi family — patriarch Joe, his two sons, Joey and PJ, and nephew Nino Zizzo, who serves as head chef.

This is papa Joe's umpteenth restaurant since he first opened the acclaimed Busalacchi's Restaurant in Hillcrest some 33 years ago. That had its run along with several other kitchens over time, although Barbusa and nearby Nonna, with its adjoining Zucchero café, have risen as chic destinations for Italian indulgences.

Barbusa's food particularly stands out because of its modern, global spins, and in a few cases, its fine use of chili peppers. It's the place to come if you're bored with everyday pasta dishes or if you want to delve into grilled meats served with Italian touches, such as fabulous lamb lollipops dripping in Gorgonzola sauce.

Pop art hanging from a long wall sets a whimsical tone while a large bar on the other side of the room becomes an open invitation to make Barbusa your neighborhood watering hole. In fact, the name "Barbusa" cleverly combines the word "bar" with the first four letters of the family's surname.

The varied drink offerings extend to signature cocktails, like the bourbon-based "Busa julip" and rye whiskey-centric

"Siciliano." There's also local craft beers and numerous wines, including a memorably smooth Mongrana super Tuscan that calls for a little red meat on your table.

Arancini is a Sicilian favorite involving crispy rice balls stuffed usually with cheese and meat ragu. Zizzo adheres largely to the classic recipe, filling them with ultra-tender beef short rib as well as mushrooms, tomatoes and Parmesan. They're soon coming off the appetizer menu, but will be offered occasionally as a special. Take full advantage if you see them.



Lamb lollipops

Fortunately, the aforementioned lamb lollipops are staying put in all their tender glory and steak-like flavor. Served three to an order, they rank on the upper end of the price spectrum (\$19.85) as a luxurious appetizer. Although if you have money to burn, a double order as a

Barbusa

1917 India St. (Little Italy)

619-238-1917, barbusa.com

Prices: "For the table" appetizers, \$14.85 to \$23.87; crudo bar items, \$13.76 to \$19.88; salads, \$12.22 to \$12.78; pizzas, \$14.31 to \$17.25; pasta dishes, \$16.42 to \$24.92; main entrees, \$24.94 to \$48.57

main entree will undoubtedly keep your palate engaged to the very last bite.

House-made "spaghettini" tossed in red sauce, dungeness crab and serrano chilies was exquisitely sweet and spicy at the same time. The thin string noodles, which are a tad thicker than angel hair pasta, offered a semi-firm chew that corresponded well to the finely shredded crab meat strewn generously throughout the dish. This is seafood pasta at its best, provided you can withstand some heat.

My companion's choice was funghi e tartufo, which involves tube-shaped pasta tossed in coveted oyster mushrooms and cloaked in a whipped sauce of cream, sheep cheese and black truffle oil. Chalk it up to one of those pasta creations that makes you turn a blind eye to the caloric consequences of eating the whole portion in one sitting.

Other pasta choices include capelacci (square-shaped



Your passport to Sicily on bustling India Street (Photos by Frank Sabatini Jr.)

pillows) stuffed with pistachio pesto and sun-dried tomatoes; orecchiette (little ears) topped with olives and duck ragu; and bone marrow cavatelli (small loosely formed shells) mixed with Sicilian sausage and cream.

From a choice of five pizzas, which includes a vegan pie using Beyond Meat sausage and cheese, we opted for the "dolci e picante" accented with soppressata — the peppy cousin to American salami.

Covered judiciously with mozzarella and Granna Padano cheeses, it was the stunning interplay of the proteins, the kicky Calabrian chili peppers, and drizzles of lavender honey that made this pizza unlike any I've previously encountered. Even

though I'd vouch for a little less honey, it's a brilliant construct that pushes the envelope, yet without sending the combined flavors into Kookyville.

As for the crust, it was soft, springy, and easy on the choppers, and with a discernible yeast flavor that commonly goes missing in San Diego pizzas.

Other menu items include seafood from the crudo bar; sirloin meatballs; duck ragu polenta; whole fish of the day; tomahawk pork; and a 20-ounce bone-in rib-eye with "Sicilian seasonings."

Barbusa is one of the few restaurants in town actually offering a tangible, money-saving deal on Oct. 17 for National Pasta Day. The one-day special allows guests to eat all the pasta they can consume for \$35 from a choice of three preparations — with seafood, with meat sauce, or in the form of veggie ravioli. The cost includes salad and dessert.

—Frank Sabatini Jr. is the author of 'Secret San Diego' (ECW Press) and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. You can reach him at fsabatini@san.rr.com.❖



(l-r) Mushroom-rich funghi e tartufo pasta; Sweet and spicy 'dolci e picante' pizza; Spaghetti 'granchio' conceals serrano chilies and dungeness crab



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Models showing off designs on the runway at Sheraton San Diego Hotel & Marina to reduce the stigma of addiction and to find quality treatment. (Photos by Diana Cavagnaro)



Strut for Sobriety!

Fashion Files

By DIANA CAVAGNARO



The 15th annual Strut for Sobriety was presented by A New PATH (Parents for Addiction Treatment & Healing) on Sept. 21 at the Sheraton San Diego Hotel & Marina. The luncheon and fashion show is about reducing the stigma of addictive illness and finding quality treatment rather than incarceration. This signature recovery

event began with a Champagne social hour and fun shopping in booths set up by local boutiques. TV personality Geni Cavitt was the "Mistress of Ceremonies" for the afternoon. She got the program rolling by announcing the 2019 Path to Recovery honorees. Awards were given to Claudio Cabrejos, M.D., Mary Jo Grubbs, Grace Micetich, and Donald Stewart, Ph.D., for their service and countless hours of volunteering.

Radio and television's Little Tommy Sablan was the guest

speaker and he presented a special award to Geni Cavitt for her years of volunteering efforts. The honorary chairs were Shirley and Hank Murphy. During the luncheon, guest auctioneer Joe Bauer oversaw the live auction. You may remember him from the "Hudson & Bauer Show," which is San Diego's longest running and most successful morning radio team. Chairs for this wonderful event were Liz Crocker and Colleen Ruis, Inc. Professional models as well as guest models who are in recovery strutted down the runway for a special segment wearing Macy's fashions.

Gretchen Productions produced the theatrical fashion show, which began after the lunch. This entertaining show features a combination of dance, theater, and fashion. The opening number began with models wearing all combinations of black and red. Gretchen Bergman's trademark has always been to come out in the first segment dancing and singing and greeting the audience. The fashions on the runway were provided by Macy's Fashion Valley and local boutiques. One of the standout trends in the fashion show was a section with animal prints and models rocked the runway with this fashion trend.

A New PATH is a nonprofit organization in its 20th year of working for quality treatment, reduction of recidivism and free from discrimination drug policies. A New PATH was instrumental in passing Proposition 36 in California, which mandated treatment instead of incarceration for non-violent drug offenders. The goal is to save lives and move to a healthier society. For more information or to attend the fashion show next year, stay tuned to: www.anewpath.org

—Diana Cavagnaro is an internationally renowned couture milliner based in the historic Gaslamp Quarter. Learn more about our hat designer, teacher and blogger at DianaCavagnaro.com❖



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Upcoming Events

Oct. 19-Jan. 5, 2020 - 'Stories in Cloth.' Visions Art Museum's upcoming exhibits include a steampunk-themed solo show of wearable art, sculpture and assemblage by Marty Ornish. This is Marty-O's first invitational solo exhibition. Opening night is Oct. 19 from 5-7 p.m. and the exhibit runs until Jan. 5, 2020. Admission is free. Visions Art Museum, 2825 Dewey Road, San Diego

Nov. 7 - Zandra Rhodes Fashion Show celebrating her 20th anniversary in the Versailles Ballroom at the Westgate Hotel from 11:30 a.m.-2 p.m. with a three-course luncheon. For tickets, visit: www.westgatehotel.com.

Nov. 10 - Wedding Party Expo at the Hilton San Diego Resort at 1 p.m. There are 20,000 square feet of wedding experts to help. For tickets, visit: www.sandiegoweddingparty.com

Architects

CONTINUED FROM Page 5

industry and the best-attended event of the conference.

The conference and sessions are open to the public; however, paid registration is required. You can register here: aslaconference.com

Keynote speakers for the conference include Gina McCarthy, former EPA administrator, director of the Center for Climate Health and the Global Environment, who will address the opening session. The closing session is open to the public at no charge but requires a separate registration. Speakers include: Kongian Yu, president and principal, Turenscape;

Kotchakorn Voraakhom, CEO and founder Landprocess; and Hitesh Mehta, president, HM Design.

Co-chairs of this convention are San Diego landscape architects Vicki Estrada of Estrada Land Planning and Martin Flores of MSF-Landscape Architecture+Urban Design Associates.

Said Estrada, “Our profession is incredibly significant to our future quality of life. Mitigating for climate change, improving and protecting water and air quality, protecting open space, providing for recreation, improving public health, restoring damaged environments, honoring the past, designing for urban resiliency, and providing opportunities to interact with nature are all aspects



Rooftop desk, Block F (Rendering courtesy Carrier Johnson+Culture)



East Village Park (Rendering courtesy Office of James Burnett)

of landscape architecture. This conference will provide an opportunity for landscape architects to learn from each other as to how we can continue to make our word all it should and can be.”

Landscape architects analyze, plan, design, manage, and nurture

the built and natural environments, having a significant impact on communities and quality of life.

They design master-planned communities, parks, campuses, streetscapes, trails, plazas, hospital grounds, commercial sites, residential landscapes and

other projects that help define a community.

Downtown San Diego has a plethora of spaces designed by landscape architects, some highly popular such as Waterfront Park at

SEE ARCHITECTS, Page 14

PUZZLES ANSWERS ON PAGE 9

SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle.

8				9	6			
5							6	
4						3	1	
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		9				2	5	
3					8			
	6						3	1

CROSSWORD

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60					61					62			
63					64				65				
66					67				68				

- ACROSS**

1 Fertile desert spots

6 Married woman

9 Some animals travel in one

13 Fear

14 Hawaiian island

15 Fit to work

16 Electronic counter-counter-measures

17 Former Senator Specter

18 Cambodian currency

19 Dave Matthews Band hit

21 Lists ingredients

22 Endangered antelope

23 Jerry's TV partner

24 Blue grass state

25 Obstruct

28 Luke's mentor ___-Wan

29 Fencing swords

31 Oh, heavens!

33 Insensitive to changes in price

36 Hillsides

38 Brew

39 Gland secretion

41 A typical example

44 Get up

45 You put it on your pasta

46 Expresses surprise

48 News organization

49 Disorder of the lungs (abbr.)

51 One millionth of a gram

52 Some are of the "suit" variety

54 Group of organisms

56 Produce

60 Passage into a mine

61 ___ and cheeses

62 Semitic fertility god

63 Dry or withered

64 Religious ceremony

65 ___ Winger, actress

66 German river

67 Midway between northeast and east

68 Take something or somebody somewhere
- DOWN**

1 Lyric poems

2 Genus of saltwater clams

3 Ingroup

4 Type of lounge chair

5 Memory card

6 Archipelago

7 Common Korean surname

8 It's up there

9 Quantity that helps to define

10 First month of the Jewish ecclesiastical year

11 Metal-headed golf club

12 A shade of green

14 Begin

17 A good thing to have

20 Language spoken in Laos

21 Loosely compacted sediment

23 Naturally occurring protein

25 Woman

26 Central Indian city

27 Volcanic craters

29 The largest existing land animals

30 Rumanian city

32 Equal to 10 meters

34 Historic Nevada city

35 A point of transition

37 Remove

40 Overwatch character

42 Records electric currents linked to the heart

43 Settles in calmly

47 Partner to his

49 Banking giant

50 Slowly disappeared

52 End

53 Sword with a v-shaped blade

55 Fabric with smooth, shiny surface

56 Wild cherry tree

57 Traditional Japanese socks

58 Make of your hard work

59 Stony waste matter

61 Woman (French)

65 Unit of loudness



Here are some things you can do this season to save between 4 p.m. and 9 p.m. when energy prices are highest:

- Do laundry before 4 p.m. or after 9 p.m. when energy prices are lower.
- Caulk/weatherstrip doors and windows to save 10-20% on heating.
- Let hot foods cool off (1hr max.) before placing them in the fridge.
- Turn off computers, TV's and other electronics when not in use.
- Prepare meals in a slow cooker outside the hours of 4 p.m. and 9 p.m.

Find more tips at sdge.com/whenmatters



Time to save.

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Architects

CONTINUED FROM Page 13

the County Administration building and Balboa Park. Others include the first phase of the Embarcadero on Harbor Drive at the foot of Broadway; Tweet Street Park on Cortez Hill; Embarcadero Marina Park North and South; Faultline Park; the rooftop deck of the Westgate Hotel; City College campus; the streetscape and rooftop deck of Block F in East Village and more.

In 2008 ASLA introduced the Legacy Project as a gift to the host city of the annual conference and expo. The host chapter teams up with the local ACE Mentor Program affiliate to design a project that will benefit the landscape and people of the host city for generations to come.

Expo exhibitors generously donate products and plants each year for the



Faultline Park

project, allowing ASLA to give back to the city that hosts the meeting.

As co-chair Flores explained, when the National ASLA Convention was slated to come to San Diego, one of the first tasks they researched was to find a Legacy partner and project that aligns with their local binational philosophy. They chose EarthLab, a 4-acre outdoor climate-action park that advances a new model of experiential environmental education for the youth of the Chollas

Creek Watershed, and the larger San Diego community.

"We believe that our Legacy Project promotes EarthLab's philosophy of linking technology and science (reason), ecology and conservation (empathy) and culture and arts (expression). The San Diego Legacy project will leave behind a student-inspired Landscape Architectural Legacy project that will be constructed from conception to completion by Landscape Architecture ACE mentors and students."



Phase one of the Embarcadero (Photos by Delle Willett)

For more information about the ASLA conference, visit aslaconference.com. For EarthLab, visit <https://groundworksandiego.org/earthlab/> and for ACE Mentor Program, <https://www.acementor.org>

—Delle Willett has been a marketing and public relations professional for over 30 years, with an emphasis on conservation of the environment. She can be reached at dellewillett@gmail.com. ❖

Downtown News

COMMUNITY AND ARTS & ENTERTAINMENT CALENDAR

Saturday, Oct. 5

2nd annual Harvest Gathering

The San Diego American Indian Health Center will host its second annual Harvest Gathering 11 a.m.-2 p.m. at 2602 First Ave. The Harvest Gathering is the perfect time for the community to come together for some family fun! Guests are encouraged to participate in a chili cook-off and costume contest. Chili submissions are due at 11:30 a.m., and judging for both contests will be at 1 p.m. The winners for each will be announced at 1:30 p.m. There will also be arts and crafts for kids, games, prizes, food trucks, and more!



22nd annual Latina Legends Brindis Gala

Hundreds of Latinx leaders will celebrate Chula Vista Mayor Mary Salas and Southwest Airlines community outreach manager Lidia S. Martinez for breaking barriers for Latinas at MANA de San Diego's 22nd annual Latina Legends Brindis Gala. Mayor Salas is the first Latina mayor in Chula Vista and the County of San Diego, and Lidia S. Martinez is a Latina leading the community outreach at Southwest Airlines in San Diego. The two helped inspire MANA de San Diego's Latina Success Leadership Program, which addresses the lack of Latina representation in managerial posts and elected office. 6-10 p.m. at Hard Rock Hotel San Diego, 207 Fifth Ave. Tickets are \$500.

Sunday, Oct. 6

San Diego Team Hope Walk

The San Diego Team Hope Walk is a fundraising event that will consist of the community walking together to support HDSA's fight to improve the lives of people affected with Huntington's disease as well as their families. 9:30 a.m.-1 p.m. at Crown Point Park. Registration starts at 8:30 a.m. All donations go towards The Huntington's Disease Society of America.

Thursday, Oct. 10

Sunset Takeoff: Rooftop Spin at Layover

Cycle into the setting sun at Layover, InterContinental San Diego's newest rooftop bar and lounge. Led by an Elevate Training instructor, this 40-minute outdoor class overlooking

the waterfront sunset will spin away your stresses and put your evening workout into high gear. Cool down after class with a complimentary Flying Embers hard kombucha to start winding down the week. \$15 at InterContinental. 5:30 p.m.-6:45 p.m.

Friday, Oct. 11

How to Support Youths Who Engage in Nonsuicidal Self-injury

The Center for Children is hosting a training on supporting youths who engage in nonsuicidal self-injury. 9 a.m.-4:30 p.m. at Marina Village Conference Center – Starboard Room, 1936 Quivira Way.

Saturday, Oct. 12

TCYOYD Conference and Health Fair

Taking Control of Your Diabetes (TCOYD), a nationally-recognized nonprofit organization, is hosting its 25th annual life-changing conference and health fair for people living with diabetes, their loved ones and medical professionals seeking to advance their credentials. This will be a day of education, engagement and entertainment featuring enlightening lectures and intimate sit-downs with the nation's leading experts in diabetes care and management as well as a chance for people living with diabetes to take an active role in their health through education, motivation, empowerment and humor. \$35 for tickets at the door. San Diego convention Center, 111 W. Harbor Drive. 7:30 a.m. health fair, 9 a.m.-5 p.m. conference.

OktoberFest Street Fair

OktoberFest 2019 is going to be the best year yet and you know how we know that? Because an authentic Oktoberfest event in San Diego is the kind of thing that gets better with age – like whiskey, fine wine, or the leather of your lederhosen. Expect an authentic event featuring the best beer, sausages with kraut, fresh pretzels, schnitzel sandwich and other inspired German food and desserts! St. Pauli girls will entertain you as you enjoy a beautiful day on the Broadway Pier. Come dressed in theme and enjoy the event within the fun of community seating, games, and high-energy German music! The free event is from 1-8 p.m. at Broadway Pier, 1000 N Harbor Drive.

A Speakeasy Soiree

Hotel del Coronado is the setting for City Ballet of San Diego's Fundraising Gala. Dining, a ballet performance by City Ballet Dancers, live auction with auctioneer Darren Diess

and dancing to The Mighty Untouchables will be enjoyed in The Ballroom. The unmatched beauty of the Hotel del Coronado, the sunsets, and the ambiance of The Ballroom will set the scene for an exciting evening of fun and fundraising. Tickets start at \$250. 6 p.m.

Monday, Oct. 14



National Dessert Day

Sugar Factory American Brasserie at Theatre Box, located at 701 Fifth Ave. in the Gaslamp Quarter, is extending National Dessert Day to a weeklong celebration. The new luxury theatre, dining and entertainment complex will offer a limited-edition Candy Kong Sundae for the sweet holiday, available Thursday, Oct. 10, through Thursday, Oct. 17. In honor of the holiday, celebrated Monday, Oct. 14, Theatre Box will introduce the Candy Kong Sundae, a limited-edition version of Sugar Factory's famous King Kong Sundae. The over-the-top sundae is made with 24 scoops of ice cream garnished with red, green and blue white chocolate ganache, whipped cream, Nerds, Sprees, peach gummies, miniature jawbreakers, watermelon drops, gummy bears, M&Ms and Pop Rocks, topped with a rainbow Whirly Pop, miniature gumball machine, candy necklace, Nerds rope, cotton candy sticks and a signature Sugar Factory rubber duck to take home. The giant Candy Kong Sundae serves up to 12 people and is priced at \$119.

Thursday, Oct. 17

E-Commerce Day

An educational and inspirational one-day event for entrepreneurs interested in launching, buying or growing an e-commerce business will have its inaugural event in San Diego. Beginning at 8 a.m., experienced and early stage e-commerce merchants will unite at Carmel Valley's Del Mar Marriott for a full day of education and networking. Highlights include nationally recognized keynote speakers – Shopify's Director of Merchant Education Samantha Murray; founder of BestSelf Co. and winner of Shopify's "Build A Business" contest, Allen Brouwer, and more – one-on-one workshops, national sponsors and massive e-commerce funding

opportunities. The event includes a local element with its "How We Did It" series, which features San Diego-based e-commerce businesses Sand Cloud and Headhunter Surf. Tickets for E-Commerce Day are \$399 per person (\$499 at the door) and includes lunch, parking and a full day of workshops, keynote speakers and access to some of the savviest and experienced e-commerce merchants in a single day. 8 a.m.-7 p.m.

Saturday, Oct. 19



Studio by the Bay

Studio by the Bay offers visitors the chance to interact with and learn from two local artists-in-residence, Kurosh Yahyai and Jose Venegas. They are offering free weekend workshops for children through a partnership between San Diego Children's Museum and Seaport Village. This month's workshop will feature glow-in-the-dark art, creepy canvases and more. 1-5 p.m. at 809 W. Harbor Drive.

The Westgate Spring Literary Tea

While enjoying an exquisite three-course afternoon tea with Champagne, we will bask in the company of New York Times, USA Today, and international bestselling author Sarah McCoy for her new novel "Marilla of Green Gables." Tickets are \$65 per person (all inclusive). Parking validation will be available at The Westgate Hotel for \$3. Paperback books will be available for purchase and for signing during the event for an additional \$16. 2:30-5 p.m. at the Westgate Hotel, 1055 Second Ave.

Witches of Westgate Tea

It's time to celebrate witching season with a deliciously magical afternoon at the Westgate Hotel, hocus pocus guaranteed. Come dressed in your most bewitching costume and enjoy their renowned afternoon tea complete with house-made pastries, savory tea sandwiches, gourmet teas, kid-friendly beverages and a host of treats with a distinctly wicked twist. Awards will be given for the best-dressed witch contest with witch cackling competition.

2:30-5 p.m. at the Westgate Hotel, 1055 Second Ave. in the Versailles Ballroom. The price is \$69 for adults, \$40 for children ages 4-12 and complimentary for ages 3 and under. Prices include tax and gratuity. Special event parking is available for \$10.



12th annual Hallo-Wine Fall Festival

Home Start, Inc., a nonprofit child abuse prevention and treatment agency that has strengthened and developed San Diego's families and communities since 1972, will hold its 12th annual Hallo-Wine Fall Festival on Saturday, Oct. 19, from 3-6 p.m. at the Historic Burnham House, located at 3565 Seventh Ave. Held each October in recognition of National Domestic Violence Awareness Month, Home Start's Hallo-Wine Fall Festival raises funds for the organization's programs that provide critical assistance to vulnerable children and families in San Diego. Event guests can savor a variety of boutique wines, hand-crafted beers, small-batch spirits, and gourmet hors d'oeuvres while enjoying live entertainment, a silent auction and many more fun surprises. Tickets start at \$50.



Party With A Purpose: '80s Night

Join GiGi's Playhouse San Diego for their third annual Gala dinner to raise funds for individuals with Down syndrome and their families. The first of its kind in California, they are supporting families across San Diego county by providing them access to free, life-changing therapeutic and educational based programs. Party With A Purpose: '80s Night will be an evening of dancing, support and giving back while celebrating individuals with Down syndrome. Guests will enjoy a reception style dinner, open bar (beer and wine), silent auctions,

raffles, and a costume contest as they rock the night away to Betamaxx, one of San Diego's favorite '80s cover band. Solamar Rooftop, 435 Sixth Ave. 6:30 p.m. Tickets are \$150.

Saturday, Oct. 26

What's Out There Weekend San Diego

The Cultural Landscape Foundation will be hosting What's Out There Weekend San Diego on Oct. 26-27, featuring free, expert-led tours of the area's parks, gardens, landscapes, and open spaces. These tours enable people to discover the design history of places they may pass every day but don't necessarily know well. Expert guides provide rich stories, personal anecdotes, and keen observations about each site, all while imparting knowledge of landscape architecture, city shaping, and garden design. Highlights on Oct. 26 include Mission Basilica San Diego de Alcalá from 9-10:15, Barrio Logan Cultural Landscapes from 9-10:30 a.m., Gaslamp Quarter from 10:30 a.m.-noon, Presidio Park from 10:30 a.m.-noon, Old Town San Diego from 1-2:30 p.m., Mission Hills from 3-4:30 p.m. On Sunday, Oct. 27, join tours at Balboa Park from 10:45 a.m.-12:15 p.m., Bankers Hill from 1-2:30 p.m., Hotel del Coronado from 1-2:30 p.m., and more. Registration is required and spots are limited. Visit tlcf.org for more.



Panda Paddle

World Wildlife Fund, a conservation organization dedicated to securing a future where humans and nature thrive, will host its second annual standup paddle-boarding event. The peer-to-peer athletic fundraising event aimed at raising awareness and funds for global conservation work all while having fun on the water with a bayside festival filled with great music, delicious food, creative face painting, and loads of other awesome, family-friendly options. Register before Oct. 5 for \$55. The 10K course starts at 9:30 a.m., the 5K course at 11:45 a.m. and the 1-mile course at 1:30 p.m. 1100 W. Mission Bay Drive.✳

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