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SAN DIEGO COMMUNITY NEWSPAPER ONLINE



THOMAS MELVILLE / BEACH & BAY PRESS

World Beach Games pull out of San Diego

By **THOMAS MELVILLE** | BEACH & BAY PRESS

The Association of National Olympic Committees announced on May 30 that it is moving the inaugural World Beach Games from San Diego and is looking for other cities to host the event.

The World Beach Games, an Olympic-style competition of beach and water sports, was scheduled to take place this fall in Mission Beach. More than 1,300 athletes from 70 nations are expected to compete in 14 sports during the games.

"Due to challenges with securing the necessary sponsorships for the inaugural 2019 Association of National Olympic Committees World Beach Games in San Diego this October, and the time sensitivity, we have regretfully learned the Association of National Olympic Committees has decided to withdraw the event from San Diego," said Vince Mudd, chair, San Diego Exploratory Foundation.

Four years ago, San Diego earned the right to host the World Beach Games – beating out other major world cities. But lack of funding and corporate sponsorship for the nascent competition is being cited as the main reason ANOC pulled the plug on San Diego.

"We greatly appreciate everyone's work on diligently preparing our city for the games," Mudd said. "While it may not happen this year, the San Diego Exploratory Foundation will continue pursuing opportunities to host many more exciting activities in the future."

READ MORE ONLINE AT sdnews.com

Campland, environmental groups debate De Anza plans

By **DAVE SCHWAB** | BEACH & BAY PRESS

Campland's proposal to be granted a short-term City lease to do clean-up and asbestos removal at the now-abandoned De Anza RV area is either a win-win or a land grab delaying wetlands restoration.

Those opposing perspectives clashed at Mission Bay Park Committee's June 4 meeting at Santa Clara Recreation Center. It was a Campland "home crowd," as the meeting was packed with



An aerial view of the former mobile home park.

residents in yellow shirts who were supporters of the year-round, 40-acre Mission Bay destination RV resort with 500-plus RV sites.

Once again, environmentalists were pitted against commercial interests vying for influence in the City's ongoing De Anza Revitalization Plan. That plan seeks to reimagine, repurpose and re-

SEE DE ANZA, Page 2

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DE ANZA »
CONT. FROM PG. 1

talize the northeast corner of Mission Bay Park. The 166-acre, bay front project area identified in the Mission Bay Park Master Plan includes De Anza Cove Park, Mission Bay Golf Course, the Mission Bay Athletic Fields, the Pacific Beach Tennis Club and the Boat and Ski Club.

Pierre Saladin, of the City's Real Estate Assets Department, told MBPC De Anza Mobile Home Park's current operator noticed the City that they were "terminating their operating contract effective June 30."

Saladin said the City's proposed, short-term lease with Campland would be "four years initially, with one-year extensions that automatically take place if the lessee completes public benefits within a 24-month period."

Jacob Gelfand, vice president of operations for Campland, made his case to MBPC during a 15-minute slideshow presentation. He argued the dilapidated and asbestos-contaminated former De Anza Mobile Home Park constitutes an emergency health threat.

"Overgrown brush and trees also pose a hazard, and the bike and pedestrian path going all the way around the peninsula are in need of repair to make it safe and accessible," said Gelfand. "The bad news is, it's going to take a minimum of five years for the City to

Mission Bay Gateway Plan

Features:

- A - Youth Fields
- B - Tennis Facilities
- C - Aquatic Center
- D - Restaurant / Community Rooms / Amphitheater
- E - Golf Facilities
- F - Sand Volleyball
- G - Marshland / Rose Creek
- H - Skate Park / Lawn Games Area
- I - Rentals, Snack Bar / Maintenance Service and Delivery
- J - Guest Housing
- K - Adventure Play
- L - Nature Interpretive Center
- M - Marina

(P) Parking

Biking / Pedestrian Path



The Mission Bay Gateway Plan at De Anza Cove includes environmental and recreational needs.

move forward on its long-term revitalization plan. The good news is, we (Campland) can address some of these challenges during that interim period, without prejudicing the outcome of that long-term plan process."

Added Gelfand, "If anything, it (short-term lease) is going to accelerate the timing and dramatically reduce the cost and complexity in moving forward with whatever (redevelopment) plan is ultimately selected and approved."

MBPC board member Chris Redfern, representing District 2, asked, "Any reason why the City hasn't looking into a month-to-month

lease on the site?"

City real estate reps replied that the short notice given by the former mobile home park's current operator precluded that option.

Gelfand's plan includes: a five-year lease to take over camping at De Anza RV; a 24-month timeframe to do asbestos abatement and remove abandoned mobile homes; re-opening the scenic coastal bike and pedestrian path around De Anza peninsula; adding 150 more RV campsites to the existing 260, as well as a shuttle between De Anza and Campland; and extending Campland's lease through 2026.

Not everyone agreed with Gelfand's plan, with some critics questioning its motivation.

"We're looking forward to moving ahead with wetlands restoration that was identified 25 years ago in the Mission Bay master plan," said Karin Zirk, of Friends of Rose Creek. Warning of the potential for legal challenges, Zirk added, "I do not want a lease to be granted that would end up in litigation, where everyone loses."

PB activist Scott Chipman spoke in favor of the Mission Bay Gateway Plan, missionbaygateway.org, which calls for balancing recreational, educational and environ-

'We believe a holistic plan needs to be provided. There's no emergency here.'

KRISTEN VICTOR
C-3 REPRESENTATIVE

mental needs in Mission Bay Park redevelopment.

Kristen Victor, representing C-3, a nonprofit dedicated to preserving the region's built and natural environment, said: "We believe a holistic plan needs to be provided. There's no current emergency here."

"We are at a unique crossroads where the City has an opportunity to revitalize Mission Bay into a world-class water park with guest lodging, recreation, education, mobility and accessibility for all," said C-3 prior to the June 4 meeting.

"Yet, piecemeal planning and short-term interests threaten to diminish this historic opportunity... the City has proposed a short-term development deal for a portion of De Anza Cove. If the proposal is approved, commercial land uses will become further entrenched, limiting the ability to revitalize Mission Bay Park into a world-class destination with greater bay front access."

Gelfand's plan is expected to be heard by the City Council later in June. The Coastal Commission would also have to sign off on it at a later date.

FATHER'S DAY FEST AND CAR SHOW

Belmont Park will host its sixth-annual Cruise to Belmont Father's Day Fest and Car Show from 10 a.m. to 5 p.m., June 16. The event includes nearly 200 classic and modern cars as well as live music, a Father's Day brunch, a corn-hole tournament and a free craft for kids so they can make a homemade gift for dad this year. Free parking and admission. For more information, visit belmontpark.com.

TRIKE RACES IN PB

The Local PB, at 809 Thomas Ave., is keeping Nick's tradition alive by bringing back the Trike Races.

The races will take place 6 p.m. Thursday, June 27. The competition will be between five bars with two racers per team on a two-lap course. Contact info@thelocalpb.com if you're interested in racing.

CATAMARAN HOTEL AND SPA RUM SOCIAL

The Catamaran Resort Hotel and Spa will host a Rum Social from 5:30-7:30 p.m., June 26 at 3999 Mission Blvd. Using their Rum Social "passport," guests will enjoy two signature Catamaran rum cocktails, a Catamaran rum tasting guided by one of Malahat's founders, Ken Lee, and heavy stationed appetizers. All of this will be paired with a laid-back atmosphere, communal tables, live music, stunning bay views and lawn games.

The signature cocktails include Cat Collins | Catamaran rum, soda, lemon, simple syrup, on the rocks and garnished with a lemon and cherry.

SUMMER WINE SERIES AT TOWER23 HOTEL

Tower23 Hotel will hold its annual "Sip Into Summer Wine Series" at 6 p.m. every Wednesday from June 26 through Sept. 4 at 723 Felspar St. Drink and admire the coastal view of the beachfront hotel, right on the Pacific Beach boardwalk. Enjoy live music and more. Tickets start at \$25. For more information, visit t23hotel.com.

SURFRIDER'S ANNUAL SUMMER GALA

The Surfrider Foundation San Diego County will hold its 18th annual Endless Summer Art Gala and Auction at 7 p.m. June 21 at Seaside Room, 1936 Quivira Way. Tickets cost \$85 now and \$95 at the door. They include entry, buffet dinner, two drink tickets, and live entertainment from Iron Sage Wood with Paul Cannon. More than 75 art and non-art items are up for bid in a silent auction. Visit sandiego.surfrider.org for more information.

SAN DIEGO BEER FEST RETURNS

The ninth annual San Diego Beer Fest will return from 2-6 p.m., June 15 at Liberty Station, 2455 Cushing Road, with day of beer, food trucks, and music. The event will feature dozens of local and international craft beers, as well as popular food trucks. Tickets are \$45 for general admission (3-6 p.m.) and \$55 for early admission (2-6 p.m.). Both include unlimited beer tastings, with VIP admission offering an added hour. No pets are allowed. For more information, visit sandiegobeerfest.com.

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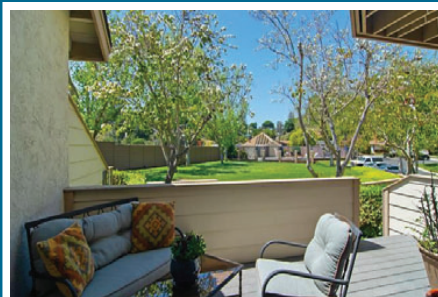
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Meet the team: Nicole, Scott, Kathy, Ali



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COMPASS



City working on making Mission Boulevard more transportation friendly

By DAVE SCHWAB | BEACH & BAY PRESS

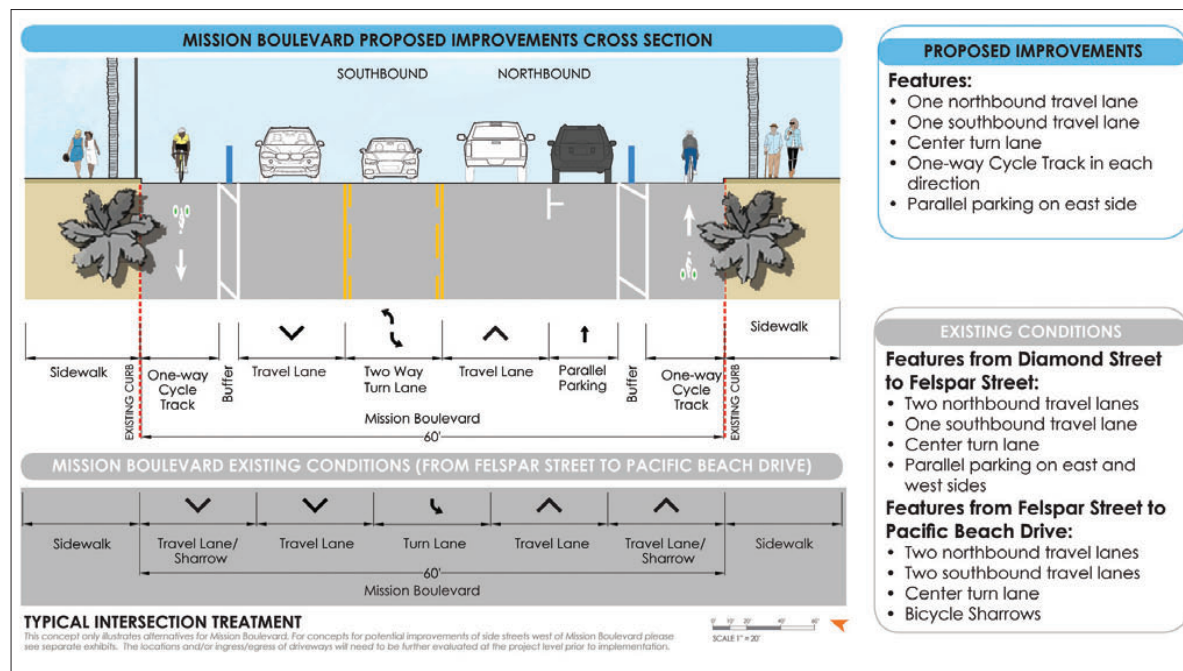
City planners returned with a refined visionary plan to make public park and street space along Mission Boulevard more bicycle- and pedestrian-friendly at a May 30 workshop.

In a follow-up to a September 2018 workshop introducing the Mission Boulevard Public Spaces and Active Transportation Plan, senior City planner Elizabeth Ocampo Vivero said: “We started working on this project in 2016, applying for a SANDAG grant as well as receiving support from various community organizations including beautifulPB, Discover PB, PB Town Council and Council District 2. The primary objective is to identify opportunities for multi-modal improvements. What this really means is improving walking, bicycling, access to transit and access to the beach.”

Added Ocampo Vivero: “We also want to identify additional community spaces while strengthening the community’s character. We really want to identify opportunities for future investment and projects in this study area.”

The project area lies between Mission Boulevard, Pacific Beach Drive, Diamond Street and the Ocean Boulevard boardwalk.

In 2015, a planning grant proposal called Pacific Beach Green-



ways, Parks and Transit was presented to SANDAG, resulting in a \$400,000 grant and an additional \$40,000 in matching funds. Ocampo Vivero said the new Public Spaces and Active Transportation Plan “builds upon beautifulPB’s concept plan, PB parks.

The PB Parks Project is a grassroots, community-inspired vision celebrating PB culture and incorporating resources for residents, visitors and local businesses focusing on accessibility, public open spaces, improved landscape and integrated sustainability.

Discussing five alternative

designs for reconfiguring PB streets, consultant Steve Cook, principal with Chen Ryan and Associates Inc. noted: “We can make the bike environment safer, more friendly and create more parking supply. We don’t want to create gridlock. We do want to slow people down.”

“Where do scooters fit in with this?” asked one audience member.

“They’ll use the bike lanes,” answered Cook.

“What about the bike corrals, if you don’t put them in by July 1, people will park on the sidewalk,” said PB activist Marcie Beckett, adding the traffic refinements as

proposed “would push a lot of traffic onto a purely residential street (Bayard).”

After the meeting, Beckett said, “The changes proposed for Mission Boulevard will slow traffic and increase congestion, so the plan needs to include measures to prevent an increase in cut-through traffic on adjacent residential streets such as Bayard.

“E-scooter parking corrals are currently not included in the plan, but they need to be added to every block. Otherwise, new City Code allows e-scooter parking on sidewalks in blocks with no parking corrals. We need to keep the side-

walks clear for pedestrian safety and ADA access,” Beckett said.

“That’s something we need to take into account,” replied Cook.

Roundabouts are a possibility in reconfiguring Mission Boulevard.

“One spot we think a roundabout would work the best is at PB Drive and Mission Boulevard,” said Cook. “The idea with this is this would be used more as a gateway, with the roundabout to slow people down coming into the community, and get them used to more of a two-lane roadway alerting them that they’re going into more of a different area.”

“It’s going to be really exciting when you have scooters, and e-bikes and bikes and pedestrians all trying to get around – very lively,” said longtime PB planner Eve Anderson. “Please do the (traffic) counts on the weekends.”

More than one person expressed concern about the safety of pedestrians crossing with roundabouts.

“One nice thing about roundabouts and pedestrian crossings is you can really cross in only one direction at a time,” noted Cook.

“The next steps after tonight are to take your thoughts and opinions about these concepts, meet with City departments and do more technical analysis of the preferred alternative,” said Ocampo Vivero.

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FLAMINGO CHICKS BORN AT SEAWORLD

Caribbean flamingo breeding season is here and SeaWorld has welcomed seven new flamingo chicks. Guests can see the chicks (ranging in age from 2 to 11 days old) any time during park hours, and learn more about flamingos and ask questions of the keepers during special “Inside Look” sessions June 8-9 at 12:30 and 4 p.m. at Flamingo Cove.

AIRPORT AUTHORITY HIRES SR. DIRECTOR

The Airport Authority recently hired Michelle Brega to fill the newly created role of senior director for external relations. In the role, Brega will be responsible for leading the Airport Authority’s public and community outreach, and government relations func-

tions. Brega has strong ties to the San Diego community, having been involved in key civic initiatives in San Diego during the past 25 years. She worked on San Diego International Airport’s Terminal 2 expansion in the late ‘90s along with a number of major downtown projects. As an executive with the Downtown San Diego Partnership, Brega was at the center of major campaigns.

INTERNATIONAL SURFING DAY

The Surfrider Foundation San Diego County will hold an event for International Surfing Day from 9 a.m. to 3 p.m., June 15 at La Jolla Shores on the grass north of the parking lot. There will be a beach cleanup, yoga, free surfboard rents, games, and goodies. For more information, visit sandiego.surfrider.org.



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NIBBLES AND SIPS: Rhythm's Chicken & Waffles, Pacific Fresh Grill and more Buzz

By FRANK SABATINI JR. | BEACH & BAY PRESS

Rhythm's Chicken & Waffles

What started out a year ago as a food truck in Big O Tires on Garnet Avenue has now materialized into a fast-casual eatery specializing in Southern fried chicken, burgers and bacon-wrapped hot dogs.

The brick-and-mortar version of Rhythm's Chicken & Waffles is the long-held dream of owner Brian Foxworth and his mom and dad.

"Our original chicken and waffle sandwich is the main, hyped dish since we opened a couple weeks ago," said Foxworth, adding that the loaded chicken fries and Hebrew National "street dawgs" wrapped in bacon and topped with grilled onions, mayo, mustard and ketchup are also top sellers.

1136 Garnet Ave.

619-452-8118

rhythmmanddesserts.com.



Rhythm's Chicken and Waffles eatery (left) specializes in this decadent chicken-and-waffle sandwich. Donut Bar owner Santiago Campa is bringing his 'big poppa tart' donuts to PB. Get your soft-serve ice cream fix at Better Buzz Coffee's new location in Pacific Beach (right).
HALEY HILL PHOTOGRAPHY (BETTER BUZZ)



matcha or flavored after the company's "best drink ever" coffee beverage. (The ice cream will be offered as well at the upcoming La Jolla location at 909 Prospect St., due to open in August.) The menu also features all of the signature hot and iced coffee drinks, smoothies and grilled sandwiches.

822 Grand Ave.

858-273-2899

betterbuzzcoffee.com.

Pacific Fresh Grill

Mexico City-style tacos on the cheap are all the rage at the new Pacific Fresh Grill in Pacific Beach. Two styles of pork – al pastor and cochinita pibil – are among the specialty tacos, which sell for \$2 apiece. There are also fish and carne asada options for a buck

more, plus deconstructed tacos priced at \$6 a plate. The taqueria is minimally decorated and offers limited seating.

2015 Garnet Ave.

619-279-1685

pacificfreshgrill.com.

Donut Bar

Donut Bar founder and Point Loma resident Santiago Campa is opening his third San Diego location of the gourmet donut business in Pacific Beach this summer, at 1380 Garnet Ave. His "hope-ening" date is the third week in August, he said.

Since launching Donut Bar's original location at 631 B St. in Downtown San Diego, Campa has developed about 60 different types of donuts, 24 of which are avail-

able on any given day. The shop is also famous for one-pound "big poppa tart donuts," which fold in Kellogg's Pop Tarts and other fillings.

"The new spot will feature everything on our tried-and-true menu, plus a nice outdoor patio," Campa said.

The address formerly housed Stuffed Burger, and with an annexed space in the back that operated as the short-lived Frat Boy Donuts. Campa gutted and remodeled both areas. Other Donut Bar locations are in East Lake, Temecula, Las Vegas and Scottsdale. donutbar.com.

Cruisers Gourmet Subs

Cruisers Gourmet Subs in La Jolla held its grand opening in early June, bringing to the village a diverse selection of toasted sandwiches made with meats and cheeses sliced in-house. The rolls

are sourced from Bread & Cie and the sauces used on the subs are made onsite.

Owner Kris Shea also runs another sandwich shop with his sister in Colorado. Here, the eatery features indoor-outdoor seating, sells beer and wine, and delivers within a mile radius.

637 Pearl St.

858-230-6414

cruisersgourmetsubs.com.

Cove House

The recently shuttered Cody's La Jolla is now home to Cove House, a breakfast-lunch spot launched by restaurateur Darren Moore, who also owns the nearby Shore Rider and The Cordova Bar in Linda Vista.

The kitchen is run by chefs Lance Repp of the University Club and Tommy Rogers, formerly of Leroy's Kitchen + Lounge. Their menu offers hearty, traditional fare with south-of-the-border touches. There is also a tribute to the late Theodore Geisel (a.k.a. Dr. Seuss) with a dish named "Sam and I." It features an egg tinted by seasonal greens that is set atop Nueske's ham and garlic-rosemary sourdough bread. The construct is covered under a mantle of hatch chili gravy.

Open from 8 a.m. to 3 p.m., daily, Moore tells us that he may add dinner service and happy hour to the schedule after obtaining his beer and wine license in a few months

8030 Girard Ave.

858-999-0034.

EYEBROWS ON POINT

Eyebrows On Point opened for business at 1138 Garnet Ave. Led by Saba Gul, the business started just as a chair within another beauty space and has now gone brick and mortar. Saba has more than 70 reviews on Yelp.com.

PACIFIC PARADISE REALTY RELOCATES

Pacific Paradise Realty relocated their business to 4688 Cass St. Led by Karen and Mike Dodge, Pacific Paradise Realty is a full service real estate company with a seasoned property management and sales team.

SPEAKEASY CLOTHING COMPANY OPENS

Speakeasy Clothing Company opened for business at 1150 Garnet Ave. Led by David Mizrahi, Speakeasy Clothing Co. offers a variety of name brand, and quality lifestyle brands, for everyday wear at its best. The inventory is ever expanding so there is always something new to browse. They get their clothes from LA companies, and work hard to bring you the best possible price on fresh clothes.

FRANCO REALTY GROUP

The Franco Realty Group also has new restaurants and regional named brand retail tenants signing leases and exploring the opportunities for opening businesses in Pacific Beach.

HIMALAYAN PALACE OPENS IN MIDWAY

Tucked behind Phil's BBQ is the new Himalayan Palace Restaurant at 3760 Sports Arena Blvd., which replaced Flavors of Mayura. The business is run by Khem Kharel who owns the well-established Himalayan Cuisine in La Mesa and other similar kitchens in Mission Valley, Chula Vista and Mira Mesa.

Unique to the Midway District location are house-made noodles and dumplings, plus a daily lunch buffet (11 a.m. to 3 p.m.) for \$11.99 that features an array of Nepalese and Tibetan dishes accented with exotic spices and chili peppers. himalayanpalacesd.com.

THE CRAVORY NAMED MOST INNOVATIVE

The Cravory, at 3960 W. Point Loma Blvd., was recently named "most innovative company" for 2019 by the San Diego Chamber of Commerce. The chamber bestowed the award to the gourmet cookie company in 2015 as well. "Over the last 10 years we've pushed the limits to what a cookie can be," said co-owner Collin Smith, adding that The Cravory has introduced more than 4,000 cookie flavors since the business began at farmers markets a decade ago.

The shop just added ice cream to their menus. It's sourced from National City-based Niederfrank's and flavored in-house by various cookies.



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High-energy workouts at new Rock Box Fitness

By DAVE SCHWAB | BEACH & BAY PRESS

It's like nightclub meets fight club. That's how Rock Box Fitness owner Kim Ryan described her new state-of-the-art fitness franchise, which opened in March at 1896 Garnet Ave. in Pacific Beach.

A former pharmaceutical sales rep and ultra-marathoner, Ryan is putting her best foot – and fist – forward with her new studio.

"We rock out in here," said Ryan of her wide-open space filled with kicking and punching bags and an assortment of free weights. "Every class is set to fun, high-energy music. You can see all our lights that multi color and strobe. We really try and make it a fun atmosphere."

RockBox is not about sparring in rings, but rather about boxing, kickboxing and functional training.

"We like to say, 'We don't hit people, we hit bags,'" Ryan said. "We want people to get a good workout and have fun while they do it. Every class is a group fitness class. Every single class is different."

Ryan promises her patrons they won't be bored.

"We want to change it up every day so you're always doing different workouts," she said. "There are a million different combinations and workouts that we can



RockBox is about boxing, kickboxing and functional training.
COURTESY PHOTO

do. Any time you go to RockBox Fitness, you don't know what you're going to get, but you know you're going to sweat."

Ryan caters to "people of all shapes, sizes and abilities. We can fit up to 40 people in a class. We have people who've never worked out before, who want to get into shape or lose weight. I had a woman here who's on diabetes medication. I have a guy who is now almost off his blood pressure medication. I've got ladies telling me they're wearing clothes they haven't worn in years. We're truly getting some big, life-changing results."

RockBox PB is also a true mom-and-pop. Ryan held her grand opening in early March, and delivered her second child the very next day.

ROCK BOX FITNESS

Where: 1896 Garnet Ave.

Info: rockboxfitness.com,
858-886-7114.

"It was a weekend my family will never forget," she said. "I kept telling them, 'I want to make it to my own grand opening. He (son) let me get there, but then the next day ...'"

RockBox has four different membership types from which to choose, ranging from unlimited training sessions to private lessons. Each trainer is professionally certified, accredited and has years of experience boxing, kickboxing, and working with a full range of clients.

Of the benefits of boxing and kicking, Ryan said, "You're using your entire body as you're kickboxing. It's very core-intensive. It's very cardiovascular so your heart rate's going, you're burning calories, it's stress relieving."

RockBox workouts are 50 minutes long. "We maximize that 50 minutes. There's no down time," said Ryan.

Members come first at RockBox. "We are invested in all of our members," said Ryan. "We know every single member individually, what their goals are, so we can help them achieve their goals."

READ MORE ONLINE AT sdnews.com

PB groups encourage members to reduce, reuse and 'buy nothing'

By LYNN WALSH | BEACH & BAY PRESS

In the age of online shopping and one-click ordering, buying has never been easier. But for a growing number of people, the notion of buying new is being replaced with buy nothing and social media is helping make it all possible.

It's called the "Buy Nothing Project" (buynothingproject.org). The group was started near Seattle in 2013 by two friends who wanted to create a gift economy in their neighborhood that was focused on reducing and reusing. It's since spread to communities around the world, including San Diego where there are currently two groups in Pacific and Mission beaches and one in La Jolla.

"It's not about the stuff," Molly Stewart said. "The whole thing is about getting to know your neighbors and building community."

The premise is simple: use the group to "gift" items to your neighbors or ask group members for something you want or need. The catch? No money can exchange hands and you cannot trade one item for another. It has to be given away (gifted) for free.

"We all have stuff that is just lying around our house," Stewart said. "You ask yourself, 'do I hold on to this or do I get rid of it?' Then

you see an ask in the group and you are able to fulfill it and you know it is going to someone who can use it. It's very fulfilling."

Stewart helps manage one of the groups in Pacific Beach and said she has made some really good friends through the group. All of the groups are managed using the group feature on Facebook and members participate by joining the group closest to where they live.

The groups do have rules and as Stewart said, it may not be a place for everyone. While there is the ability to "speed-gift," the point of the group is not to give it to the first person who responds or who is online the most, Stewart said.

People are asked to let group members comment on a post for 24-48 hours before making a decision about who will receive the items or services.

Common items gifted or requested in the groups include furniture, household appliances, children's clothing, toys and items for babies. It's not just "things" that are given away. Time, services and talents are sometimes offered as well. People offer to help fix electronics, put together furniture and help people move. As long as it's legal, you can gift it.

READ MORE ONLINE AT sdnews.com

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PB entrepreneurs build watches for military wingmen

By VICTORIA DAVIS | BEACH & BAY PRESS

While it may have started out as a personal project, U.S. Air Force pilot Garret Schmitz was quick to turn his taste for the classics into a full-fledged business, based in San Diego.

"The idea came while I was attending F-16 training in Tucson," said Garret, co-owner and founder of Wingman Watches. "I wanted to buy an affordable watch with a classic aviation theme, but everything I looked at was too expensive. So, I decided to design my own."

In 2015, the entrepreneurial wingman began networking with small watch builders that would help him create pilot watches, built for pilots by a pilot. After developing a few prototypes, and once a positive buzz about the one-of-a-kind watches began circulating through the squad, Garret called his brother Geoff about taking a leap into business.

"He contacted me and said, 'I think we have a business here,'" said Geoff, co-owner of Wingman Watches and resident of Pacific Beach. "Our business success so far has been a lot of word-of-mouth among the military and we're becoming one of the go-to companies they reach out to."

The two brothers launched their business as a Kickstarter campaign, offering up their "First



The KC-135 Custom Watch.
COURTESY PHOTO

Wave" designs: The Classic, The Patriot and The Defender. With a blue sapphire face, three white sundials and the bright red Wingman logo in the noon position, The Patriot became a best-seller among individual buyers and helped the Kickstarter campaign raise nearly 400 percent of the Schmitz brothers' goal. It wasn't long until Wingman came up with their signature idea: Custom Watch Campaigns.

"Watches are incredibly popular in aviation, and especially among fighter pilots," said Garret, who has been an active-duty pilot for the last 10 years. "Most military pilots save up their entire careers and can only afford to purchase one watch. We wanted

WINGMAN WATCHES

Visit wingmanwatch.com to find out more about the company including the Kickstarter video that captures the spirit of their business.

to change that. We were tired of guys overpaying for a watch that didn't really tell their story or catalog their career."

For the past three years, Wingman Watches has been helping squadrons in the Air Force as well as the Marines, Navy and Coast Guard, custom design watches that commemorate defining moments during their time in service. These military groups can request a personally crafted design for their watch and Wingman will create a model and help with the campaign to raise the funds for manufacturing. Most commonly, family and friends are the ones to donate.

"There's a lot of different elements we can tailor on that watch, like colors or symbols or designs and logos that mean something unique to the group," said Geoff. "But we still keep that traditional 'Wingman' look."

Most of the custom-designed, stainless steel watches are two-dialed to make room for the aviation design at the six o'clock mark, whether it be a Viper, Eagle, Galaxy or a B2 Bomber.

READ MORE ONLINE AT sdnews.com

Meet Dylan Barbour: Co-founder of Vizer competing on 'The Bachelorette'

By EMILY BLACKWOOD | BEACH & BAY PRESS

From growing up playing lacrosse to getting a bachelor's degree in English to studying business in London to starting a career in finance to co-founding an app with his cousin, Dylan's Barbour's next move is never quite what you'll think it'll be.

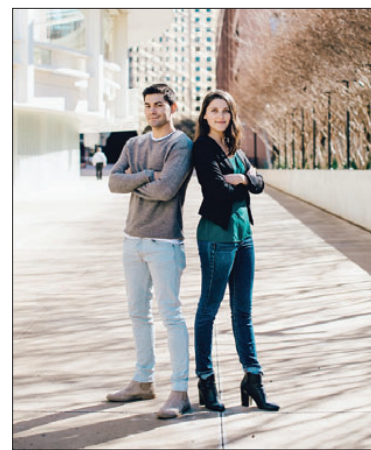
So it wasn't much of a surprise when he landed one of the 30 coveted roles on this season of ABC's "The Bachelorette."

Barbour is now one of 18 men left competing for the heart of Hannah Brown. While we know he's made it thus far, Barbour was hesitant to reveal any specifics about his time on the show.

"I never thought I would do it," he said. "It was a great experience, and I'm really happy that I did it."

Barbour's contestant bio describes him as an entrepreneur who "loves to drive his boat, scuba dive and cook up a big meal." While vague job descriptions have long been a point of amusement for Bachelor Nation contestants, Barbour's is legit. In 2017, he created an app called Vizer with his cousin, Samantha Pantazopoulos, that encourages people to workout while also donating food to those in need.

Vizer works by setting activity challenges each day; either 30



Cousins Dylan Babour and Samantha Pantazopoulos co-founded Vizer in 2017. COURTESY PHOTO

minutes of exercise tracked with a wearable like a Fitbit or an Apple Watch, or 10,000 steps tracked with your phone. You could also meet the daily fitness goal if you take a class at one of Vizer's partner studios like Corepower Yoga in Pacific Beach or VERVE Studios.

If you meet that daily goal, you can then donate one meal to the Jacobs & Cushman San Diego Food Bank, which earns you a point. Points can be redeemed for free drinks and appetizers at local restaurants like Bird Rock Coffee Roasters, Parakeet Cafe, Powerhaus Pizza and The Patio on Lamont in Pacific Beach.

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Generation of 'change' and 'diversity' graduates from Mission Bay High

By DAVE SCHWAB | BEACH & BAY PRESS

In an annual rite of passage, 223 Mission Bay High School graduating seniors were unleashed onto an unsuspecting world at commencement ceremonies June 11.

"We all recognize the many obstacles we've endured to reach this moment," said emcee and graduating senior Ashe Sphar. "Despite our many differences, we are leaving here today with the same principles that will aid us in our next chapter of life. We are open minded, we are risk-takers, we are balanced, we are the generation that will push boundaries and evoke change."

Senior class president Cynthia Taboada was in turns tearful, and gleeful, in delivering her speech.

"We finally made it," she said. "Thank you for all the teachers who filled us with knowledge and got us to this point. Thanks to classified staff who are sometimes overlooked. All I ask is that you take all these beautiful memories from Mission Bay with you – and



Mission Bay High graduates carry on the tradition of throwing their caps in the air.

THOMAS MELVILLE / BEACH & BAY PRESS

that you don't use plastic straws. We will be the generation of change and improvement."

Valedictorian Tetsuro Escudero congratulated the Class of 2019 for being "the best class to graduate from Mission Bay High School"

while adding, "I've always been surprised by the substantial amount of diversity here."

Escudero paid a fun salute to all the many colorful teachers and student group at MBHS, before mentioning the janitors whom, he said, "made the bathrooms smell like candy."

An International Baccalaureate student headed to UC Berkeley, Escudero said, "Mission Bay and the IB program connect students at a fundamental level." He closed by exhorting future IB and other students to: "Believe in yourself, and, most of all, don't procrastinate."

Salutatorian Zander Caufield noted MBHS's 2019 graduating

class "was the most athletic class in Mission Bay history... won more league and CIF championships... had the largest amount of IB diploma candidates ... was also the most musically, and artistically, talented."

Describing MBHS as a "tiny high school" where everyone knows your name, even the principal, Caufield said: "They feel like a family to me, perhaps dysfunctional at times. But at Mission Bay, we put the word fun in dysfunctional."

Caufield closed saying, "I wish everyone happiness in their lives. Ultimately, no matter how rich or successful you are, finding happiness is worth more than all the

'We will be the generation of change and improvement.'

CYNTHIA TABOADA
SENIOR CLASS PRESIDENT

money in the world. Go Bucs."

"You are about to begin the next journey in life," said MBHS principal Ernest Remillard. "I am confident you are leaving with the skills that employers are looking for. I look at each of you as complex problem solvers in real-world scenarios. You have developed critical thinking skills."

Added Remillard: "The Class of 2019 is one of the most creative groups of students I have ever had the pleasure to come in contact with. Your musical skills are second to none, Mr. B (music/band teacher J.P. Balmat) has literally taken you around the world – twice."

Cautioning grads to "always be respectful," Remillard advised, "There will be challenges along the way, but use what you've learned at Mission Bay, inside and outside the classroom the last four years, to guide you. And, most of all, enjoy what comes next."

Noting San Diego Unified School District is "the greatest urban school district in the nation," trustee Michael McQuary sent Class of 2019 students off noting, "I used to say, 'We want to prepare our students for the future.' "But now I think we need to prepare the future for this class."

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Marie Tolstad & Patrick Cohen of Coldwell Banker Real Estate Pacific Beach decorates a local residents yard with flags in celebration of Flag Day. Tolstad has been honoring Flag Day in this manner for over 30 years on June 14th.

Mission Bay High valedictorian and salutatorian ready to for new challenges

By DAVE SCHWAB | BEACH & BAY PRESS

Beach & Bay Press held a Q&A with Mission Bay High School valedictorian Tetsuro Escudero and salutatorian Zander Caufield. They discussed their high school experience and upcoming college transition, their generation, role models and the future. The MBHS commencement ceremony was held June 11.

BBP: What's next for you after graduation?

Escudero: I'm attending UC Berkeley and plan to major in some kind of biological science like integrative biology or data science or computer science, though I'm undeclared right now. But the general direction is technology, biology or math. I hope to create something like algorithms for hospitals to determine diseases or tumors.

Caufield: I love playing volleyball and that's one of the main reasons why I chose to go to UC Santa Barbara, though I got accepted at both UCLA and UC Berkeley. I plan on majoring in environmental science, perhaps minoring or double majoring with geology. I plan to

become an environmental engineer.

BBP: What did you like/dislike most about high school?

Escudero: I didn't like the lack of sleep because of all the homework and projects. But I survived having a job as a math tutor and played a sport, volleyball, on top of that. What I enjoyed most was the social aspect. Most of my friends I met from high school. Being an international baccalaureate student, I had a lot of the same classmates in multiple classes. That's bad because it segregates you. But is good because you get to spend a lot of time with your close friends.

Caufield: I do regret spending too much time focusing on school, and not enough time with friends out of school, except for sports. One of the best things for me was playing volleyball. I met a lot of interesting people, and it was a really enjoyable experience that was helpful in relieving stress from schoolwork and testing.

BBP: Tell us about the state of your generation during these turbulent times?



Mission Bay valedictorian Tetsuro Escudero and salutatorian Zander Caufield.

DAVE SCHWAB / BEACH & BAY PRESS

Escudero: Ours is one of the most vocal and outgoing generations. There are more kids in high school and college becoming activists than at any other point in history. Here at MBHS we've protested for gun control and had the entire school walk out to demonstrate their right to protest.

Caufield: With our generation there's so much more easily accessible information out there than there was with previous generations, for better or worse. You're exposed to a lot of misinformation. But there's also a lot of people out there finding solutions to problems, like a company that is grow-

SEE GRADS, Page 12



SESSIONS BUTTERFLY WALL
Holocaust survivor Fanny Krasner Lebovits, 96, and students from Kate Sessions Elementary School added a painted ceramic butterfly to the Sessions butterfly wall, a memorial to the Holocaust through the Butterfly Project.



HOPE OF AMERICA AWARD
Pacific Beach Elementary School fifth-grade students Parker Kaltsas and Sydney Schmitz received the Hope of America award for demonstrating leadership, good quality of character, and consistent devotion to learning throughout the entire school year. Pacific Beach Elementary School apologizes for its oversight in not recognizing its students at the Hope of America breakfast, sponsored by the Kiwanis.



BARNARD CHESS CHAMPS
Barnard Elementary's chess team brought home the gold at the 2019 National Elementary Championship in Nashville.



SPIRIT OF SERVICE AWARD WINNER
On May 31, Pacific Beach Middle School eighth-grader Khouri Evans was awarded the 2019 Dr. Shirley Weber Spirit of Service Award by the African American Educators Association recognizing her for outstanding service to the school and community.

EDUCATION
NOTEBOOK>>

MISSION BAY HIGH
■ Mission Bay High School sophomore Mariana Merlos won "Best Vocal Solo" and Connor Gilbert won "Best Accompaniment" for his stand-up bass playing with the choir at the Music in the Parks music festival. Mission Bay High School music students competed in the Music in the Parks music festival on May 18, in Anaheim. Symphony Orchestra and Swing Choir both placed first, with Swing Choir earning a "Superior," the highest rating given. MBHS music director JP Balmat and his musicians enjoyed a day in Knott's Berry Farm after the competition.

PACIFIC BEACH MIDDLE
■ On May 31, Pacific Beach Middle School eighth-grader Khouri Evans was awarded the 2019 Dr. Shirley Weber Spirit of Service Award by the African American Educators Association recognizing her for outstanding service to the school and community. Evans completed her eighth-grade IB Community Project and two year commitment by raising more than \$2,000 to fight blood cancers for the Leukemia Lymphoma Society. She served a two-year term as secretary for the PB Middle Builders Service Club, where students presented to community members, maintained a school food pantry, designed doggy bags for PAWS, planned service recognition events, and ran the PB Middle Beach-Fest booth. Logging more than 100 hours of service and earning the Presidential Award for Service, Khouri has



Connor Gilbert

maintained a 4.0 GPA, plays the tuba in the concert band, and won second place two years in a row in shotput at the track and field competition.

BARNARD ELEMENTARY
■ Barnard Mandarin Magnet Elementary School's chess team won first place in their age division at the 2019 National Elementary Championship in Nashville on May 11. Barnard's four-student chess team finished in three of the top four places in individual standings, including first place. The event, hosted by the United States Chess Federation, is one of the largest youth tournaments in the nation with over 2,000 participants. Barnard third-grader, Giuseppe M., finished first in individual standings. Third-grader Jayan F. and second graders Nathan C. and Evan M. also had impressive performances that earned their team the first place trophy in the kindergarten to third grade unrated section competition. The students' grit and determination paid off in the end as the team won by a total of 1.5 points.



Mariana Merlo

KATE SESSIONS
■ Holocaust survivor Fanny Krasner Lebovits, 96, and students from Kate Sessions Elementary School added a painted ceramic butterfly to the Sessions butterfly wall, a memorial to the Holocaust through the Butterfly Project. Each butterfly represents one child who perished in the Holocaust and honors the survivors. Lebovits visited Kate Sessions Elementary to share her inspirational story of survival through World War II. Only 19 years old when Nazis invaded her home in Liepaja, Latvia, Lebovits lost 79 family members, lived in the Libau ghetto, and survived five concentration camps. Her message of resilience and hope is congruent with Sessions International Baccalaureate program. ■ The fifth graders at Sessions had a fun week with a luau, skating at Skateworld, pizza party, kickball game against the teachers, participating in a mock trial, and picnicking at Kate Sessions Park. Thank you to Jen Henehan for sponsoring the luau and to Mission Bay Sport Center for donating the Lily Pad.

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SAN DIEGO COMMUNITY NEWSPAPER ONLINE

Knight scores a big season out on the links

By DAVE THOMAS | BEACH & BAY PRESS

Individual concentration is vitally important while playing golf. On the scholastic level, golfers compete with both an individual and team focus and the challenges can be even more demanding.

For Mission Bay High sophomore Andy Knight, this spring on the links turned out to be a big one.

Knight was the team's MVP, helping head coach Gebel Anderson's squad compete against some stiff competition.

According to Anderson, Knight's nine-hole differential was 83 (close to scratch). He shot par or better nine out of the 20 matches he played in.

"Andy has been the catalyst of the team," Anderson commented. "Knowing he will break 40 every time he tees it up makes our team that much more competitive."

According to Anderson, it is really up to Knight how much better he can get over his remaining two seasons in school.

"After the CIF Tournament this year (he missed CIF Regionals by four strokes) we talked about areas of his game that need improvement in order for him to take his game to the next level," Anderson noted. "Next year will



Andy Knight swung for success in his sophomore season and captured it.
COURTESY PHOTO

be a pivotal year for him as a junior when colleges actively begin the recruiting process."

Beach & Bay Press recently caught up with Knight for an interview.

BBP: How long have you been playing and what got you interested in coming out for the team?

Knight: I've been playing golf for around five years. When I was in eighth grade, I would always go to Mission Bay Golf Course to practice, and every once in a while, I would see the team practicing. I ended up making friends with a few of the players on the team and that is when I decided I was going to try out for the team.

BBP: What would you say were some highlights for you and the team?

that are not only environmentally friendlier, but also better for economics."

BBP: You both have to give speeches for graduation, how is that going?

Escudero: "I have not started but I've been doing a lot of brainstorming. I'd like to incorporate what we've learned in school to actual world events, like relating "The Handmaid's Tale" book I read in English class to what's going on in Alabama."

Caufield: "I've already written my speech, but will probably edit it once or twice before I give it. I'm just going to be a little light-hearted, a little funny."

BBP: What advice would you give to those filling your places in the future?

Escudero: Don't prioritize academically. Most prioritize academics, their work, their careers. What you need to do is prioritize first your family and what makes

Knight: There were a few highlights during the season for both me individually and the team as a whole. Some individual highlights for me would be my good rounds during the season. I shot 33 as well as 34 a few times. Another highlight for me individually would have to be making it to the top eight in the City Tournament, although I was disappointed as I lost by one in the final match I played. As a team, we did very well this season, and we had quite a few highlights. First, we ended our season with a good record of 14-7. Also, a big highlight was when we broke 200 as a team. Finally, we qualified for CIF as a team, which was a huge highlight this season.

BBP: With two more seasons left, any aspects of your golf game you want to work on?

Knight: I definitely need to work on quite a few areas of my game that could help me improve my scores in the next couple of seasons. Full-swing wise, I need to make my misses better, which would mean keeping the ball on the right side of the course rather than both sides. Short-game wise, I need to work on pitching and chipping inside of 50 yards quite a bit as well as work on my putting so I have a more pure roll.

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GRADS >>

CONT. FROM PG. 10

ing mushrooms in the shape of bricks to help construction become sustainable and biodegradable.

BBP: Are you encouraged or discouraged about the future?

Escudero: "I'm extremely discouraged by the future, but I'm extremely encouraged by the people of this world. There are so many bright ideas, like one from a Scandinavian engineer who's doing a contraption that moves along the ocean tides independently picking up micro plastics along the way.

Caufield: "I'm kind of in the middle. It's difficult to convince people (of things they should do). One example is we know electric cars are less polluting than gasoline cars, but it's hard to convince people to give up their gasoline cars. I want to create solutions

you happy. If you don't do that, you don't have a life to begin with.

Caufield: Don't procrastinate. I almost never procrastinate, and I've always had time to do what I wanted to do. Take things one at a time. It helps."

BBP: Who are your role models?

Escudero: I like Elon Musk, CEO of Tesla. He's brilliant and a little crazy, but that's OK. He wants to send people to Mars by 2050. Albert Einstein, just because he had a way of expressing unbelievably abstract ideas so people and scientists could understand them, and eventually prove his theories.

Caufield: My dad, who also went to UC Santa Barbara and majored in the environmental sciences. I'm following his legacy. He was on the board of I Love A Clean San Diego and he was a volleyball coach because he loves the sport. I hope I can be like him someday."

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Local women trying to catch a break in comedy

Do they have the 'BALLS' to become comedians?

By VICTORIA DAVIS | BEACH & BAY PRESS

With 20 live theatre venues, 12 acting schools and 10 comedy clubs, San Diego is not a bad launch pad for those trying to catch a break in the entertainment industry. From The Old Globe to The American Comedy Co., the city is enriched by theatre and is particularly welcoming to those who are willing to bear their amateur skills on the live stage.

Two of those brave souls are Jules Chanel Hoberg and Ava Bunn, both looking to tap into the world of comedy, one through stand-up and the other through acting.

Point Loma High graduate Bunn, now 18, has started attending The American Comedy Co.'s Tuesday night Open Mic Nights where she recently had the chance to see Hoberg, who prefers "Chanel," take her shot at the spotlight.

"It's in these little clubs and theatres where people often get discovered," said Bunn. "My friend and I saw probably 40 people go up on Open Mic Night and take a swing at comedy. It's amazing to know there's so many people out there trying to pursue their passions and do what they love here in San Diego."

While Chanel, a Pacific Beach resident, had no idea she was being observed by another aspiring comic, she says she's not surprised. To her, this is one of San Diego's many charms when it comes to entertainment.

"San Diego is very pro-youth," said Chanel, who moved from Bremerton, Wash. to Pacific Beach this past January on an impulse. "There's quite a few of us going for the same goals in comedy and entertainment. It's a city definite-



Pacific Beach resident Jules Chanel Hoberg performs on stage during The American Comedy Co.'s Open Mic Night. COURTESY PHOTO

ly geared towards younger people and it's a lot more welcoming than most other big cities."

Bunn added: "I've heard from people, 'Good luck being an actor. You'll live with your parents forever.' I know it's going to be tough, but there's no point in not believing in what you love to do."

For the past 10 years Bunn has performed in local theatre shows, such as in "Annie Get Your Gun" and The Old Globe's "Dr. Seuss' How The Grinch Stole Christmas," as well as starring in college short films and national commercials for Petco, SeaWorld, and Jeep. This May, Bunn was asked by TEDxYouth@SanDiego to do a TED Talk. Her subject? Having the "BALLS" to chase your dreams.

Standing for "Believe," "Achieve," "Listen," "Learn," and "Support," Bunn, who will be attending University of Southern California on scholarship for an acting major in comedy, believes these are the main ingredients everyone needs in order to successfully achieve their dreams.

"Don't have a back-up plan," said Bunn, during her talk. "Grow

a pair... Stop developing your plan B. You're putting energy in the wrong direction. Don't have something to fall back on. Instead, fail forward."

It certainly took "BALLS" for Chanel to get herself on the stand-up stage for the first time. While she's harbored a deep appreciation for comedy since age 17, Chanel still had serious doubts about getting on the San Diego stage, until she had a chance encounter with a celebrity in March.

"I was working at Hennessey's Tavern in La Jolla and just happened to serve David Koechner right before his stand-up show in La Jolla's Comedy Store that night," said Chanel. "I asked him for advice about getting into comedy and he said to me, 'Why are you nervous? You already know you're funny, so just do it.'"

That night, March 26, Chanel went to the American Comedy Co. club and did her first stand up. Now, the comedian works at the comedy club, and does stand-up every Tuesday night.

READ MORE ONLINE AT sdnews.com

LIVE MUSIC: 710 Beach Club 'Bringing Back Rock 'n' Roll'

By BART MENDOZA | BEACH & BAY PRESS

The 710 Beach Club will be "Bringing Back Rock 'n' Roll" to Pacific Beach each Thursday in June, with a special jam session. Each week's show will start at 9 p.m. with a set featuring members of two popular local rock bands, Electric Mud and Modern History, followed by a chance for other local musicians to join in on the fun. Anyone who wants to show off their musical chops is encouraged to participate, while for music fans, the high quality of the backing band ensures a great night of rock 'n' roll.

Bringing Back Rock 'n' Roll: Thursdays at the 710 Beach Club, 710 Garnet Ave. 9 p.m. 21 and up. 710bc.com.

With Paul McCartney set to perform at Petco Park on June 22, Beatles fans can rest assured there will be plenty of activity in the days preceding the big event. Such is the case on June 20 with an appearance by Beatles cover band Come Together at Humphrey's Backstage Live. The band doesn't wear costumes, but instead emphasizes the music, with note perfect rendition of the Fab Four's classics. The band specializes in the Beatles trickier later material such as "I Am The Walrus," but also includes plenty of rockers in their set, which should keep the Humphreys dance floor packed.

Come Together: Saturday, June 15 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 8 p.m. humphreysconcerts.com.

On June 21, The Fred Benedetti Ensemble will perform the

music of Paul McCartney in a special concert at Dizzy's. The event is a wonderful precursor to Paul McCartney's return to San Diego the following day at Petco Park. With 55 years of hit songs, the set list possibilities are practically endless. But attendees can expect tunes from The Beatles and Wings as well as solo favorites, recast to take in Benedetti's virtuoso acoustic guitar work. Fab four aficionados will enjoy every second, but these are timeless tunes that will appeal to just about everyone.

The Fred Benedetti Ensemble Celebrates McCartney: Friday, June 21 at Dizzy's at Arias Hall, 1717 Morena Blvd. 8 p.m. \$20 (\$15 students). dizzysjazz.com.

There can be no doubt that Eric Burdon had one of the greatest voices of the 1960s British Invasion. Appearing at Humphrey's Concerts by the Bay on June 15 with the latest incarnation of The Animals, Burdon's run of hits is impressive, his rough bluesy voice the key instrument in such classics as "It's My Life," "Don't Let Me Be Misunderstood" and the definitive version of "House of the Rising Sun." Burdon hasn't released a new album since 2013's "Til Your River Runs Dry," but it's the songs from that initial run of hits, 1964-1969, that keep fans coming back. If you are a fan or rock 'n' roll, this should be a bucket list gig.

Eric Burdon and The Animals: Saturday, June 15 at Humphrey's Concerts by the Bay, 2241 Shelter Island Drive. 7:30 p.m.

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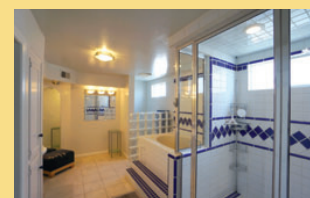
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