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THIS WEEK



Pacific Beach resident competes on TV's 'Survivor'
 SEE PAGE 8



Renovated Coaster Saloon brings BBQ to the beach
 SEE PAGE 7



Mission Bay High Homecoming King Troy Horton with classmate Natalie McDermott, who was standing in for the Homecoming Queen Kirra Barth, who was out of town, at the Homecoming Dance held at the San Diego Zoo on Sept. 28.
 ERNEST REMILLARD / CONTRIBUTED

BUCS BIGGEST FAN GIVEN THE ROYAL TREATMENT

By DAVE SCHWAB

He's Mr. Pacific Beach, and the area's biggest sports fan. This year, he is also Mission Bay High's homecoming king. "He's Troy. There's not another Troy," said teacher Amanda Logan. Horton is one of her special-needs students at Mission Bay High. "Troy is not like your typical student with special needs."

READ MORE ABOUT TROY ON PAGE 2



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KING TROY

CONT. FROM PG. 1

Logan said Horton's spirit is indomitable. "He's extremely outgoing. He's involved," she said.

"He is a man about Pacific Beach," she said. "He's Mr. Pacific Beach. He is known, not just on the school campus, but at the little league field, and all around town. He knows everyone's name. His parents have done a very good job including him in the community, and school events as well."

Of Mission Bay High, Troy, wearing his homecoming crown, pointed out, "I'm the number one biggest fan. I know all the players. I'm the ultimate fan."

Asked if he campaigned to be a monarch, Troy said: "I wanted to be the king — and everybody voted for me."

How does it feel?

"Great," replied gravel-voiced Troy, eliciting smiles all around. "Everybody calls me king Troy around school."

"He's the friendliest person I know," concluded Kirra Barth, MBHS's 2018 homecoming queen, about Troy.

The tale behind Troy becoming high-school royalty is heartwarming.

"I thought of all of the amazing things he has done for the rest of



Mission Bay High Homecoming King Troy Horton with good friend Natalie McDermott at the school.

DAVE SCHWAB / BEACH & BAY PRESS

us," said MBHS senior Natalie McDermott, who nominated him. "He goes to all of our sports events, sometimes even during the preseason. Troy is always so happy and can bring a smile to anyone's face ... He is always the loudest, most enthusiastic fan in the crowd. I thought we should give back to him."

Added McDermott, "I can't imagine what my high school experience would have been like without Troy yelling, 'Let's go Nat,' at all of my varsity basketball games."

Troy deserved his coronation.

"The kids love him, and the com-

munity all knows and loves Troy," noted Natalie McDermott's mother, Veronica. "When they announced Troy as the winner at the dance, the crowd went wild, throwing water in the air, jumping up and down, screaming. Troy is absolutely the star. Everyone could only be so lucky to know this boy, so full of life, excitement and love."

"We would like to thank the Pacific Beach Community for being so supportive of Troy and his whole family," said Troy's mother, Susie Horton. "We couldn't ask for a better group of neighbors for him to grow up with."



MISSION BAY HOMECOMING

Junior students (top) come out wearing masks during halftime festivities of the Mission Bay High School homecoming game on Sept. 28. Freshmen homecoming court winners, who were crowned as Lord and Lady, are Cooper Taffe and Saxon Edwards.

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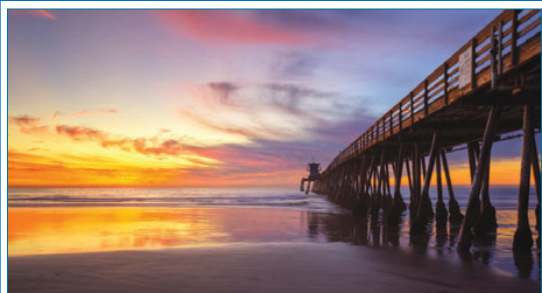
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Activists rally to try and stop hotel's expansion at Bahia Point

By DAVE SCHWAB | BEACH & BAY PRESS

Two new supporters – an environmental activist and a labor spokesman – have joined Mission Bay water users protesting expansion plans for Bahia Resort Hotel.

“The Mission Bay Park Master Plan (MBPMP) requires that development on Bahia Point retain Gleason Road,” said former City Councilmember Donna Frye. “The public deserves better. At a minimum, there needs to be an environmental analysis for the project where all the facts can be reviewed, along with a full staff report and not rushed through as a lease amendment.”

Frye added the requirement to retain Gleason Road “Appears to have been left out of the developer’s presentation that was shown to both the Mission Bay Park Committee and the Parks and Recreation Board before they voted. The information led to a false belief that the development was consistent with the MBPMP, when it was not.”

Bahia resort wants to nearly double its capacity, expanding from 315 to 600 rooms, while adding a 10-foot walkway and 20-foot grass area around Bahia Point park. That would necessitate shifting current public parking along Gleason Road from the periphery to the interior of Bahia’s peninsula. Detractors claim that would be a hardship on water users, denying public access to Bahia Point, a popular launching spot for standup paddle boards, kayaks and other watercraft.

Hotelier Bill Evans answered that his proposed parking changes will reconfigure – not eliminate – existing onsite parking, shifting it away from Gleason Road and into the peninsula’s interior.



Evans is holding to that view.

“We are continuing to work with the City on the specifics,” Evans told Beach & Bay Press. “At this time, we have nothing to add beyond what was presented to the Mission Bay Park Committee – which overwhelmingly agreed the proposal is consistent with the Mission Bay Park Master Plan – and the City of San Diego Park and Recreation Board – which voted unanimously to recommend the proposal to the City. We look forward to adding a grass recreation area around all of Bahia Point, as well as almost one-mile of pedestrian and bicycle pathways.”

The controversy began early in January when San Diego Park and

Recreation Board’s Mission Bay Park Committee voted near-unanimously to affirm Evans Hotels’ proposed expansion and parking changes on its existing site at 998 W. Mission Bay Drive. The board accepted the hotelier’s view that that action would be consistent with the master plan.

But Giovanni Ingolia, an Ocean Beach Town Council member, who also sits on the Mission Bay Park Committee, didn’t agree.

“There are parts of [Evans plan] that are in line with the master plan, and parts of it that are not. That’s why I voted against it,” he said. “One hundred percent of Gleason Road needs to be (retained) in the master plan. We can’t just cherry pick what parts are in

the plan, and what parts are not, and then just rubber stamp it.”

Added Ingolia: “The east side (of Bahia peninsula) is supposed to expand access for water users by taking out the road and just putting in a bike path. Who’s going to want to drag a kayak or a paddle board down a bike path?”

Some neighbors and water users are claiming Bahia’s expansion proposal would eliminate 170 of 270 parking spaces while decreasing public beach access.

“Evans’ proposal would not only redo the hotel, but extend its boundaries over Gleason Road and eliminate public access moving parking somewhere else,” said Rick Bates, spokesman for Unite Here, hospital-

‘We look forward to adding a grass recreation area around all of Bahia Point, as well as almost one-mile of pedestrian and bicycle pathways.’

BILL EVANS
OWNER OF EVANS HOTELS

ity union Local 30. “Is that right, and consistent, with the master plan? That [beach] was meant for public use, not to privatize it, or parcel it out for long-term leases.”

Greg Knight, a Mission Bay recreationalist and co-organizer of Bahia expansion opposition, said the project can still be stopped.

“Right now it is scheduled to go in front of the Smart Growth and Land Use Committee on Oct. 17, and they will vote on whether they will recommend it to the City Council,” Knight said. “We believe (fingers crossed) it will get a no vote. It would then go to the actual City Council. After that, It would go to the Coastal Commission for either final approval — or changes.”

“What Evans Hotels is doing is trying to get a development plan approved using a lease amendment as a vehicle,” contended union rep Bates. “It’s the wrong process. What he really needs to do is a master plan amendment.”

Added Bates, “But I understand why he would not want to go that route, because it’s much more expensive, takes much more public participation, and would trigger a new environmental impact report, which takes time.”

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Mission Beach Women’s Club donates to nonprofits

Each year, the Mission Beach Women’s Club gives away thousands of dollars to community nonprofit groups, which is the club’s mission.

This year, the club wrote checks totaling \$30,260 to 22 nonprofit groups, seven of which are headquartered in the beach area. In addition, the club waived rental fees for its clubhouse venue totaling \$9,000 to nonprofits, community organizations, and schools.

The largest donated amount, \$8,100, went to Pacific Beach Street Guardians, which, through payments from local businesses, helps homeless people by training and hiring them to do street and alley cleaning, janitorial work, and custodial property maintenance. The funds from the club will go toward expanding its services into Mission Beach.

The remaining list of recipients of this year’s Mission Beach Women’s Club funds includes:

■ Leap for Success received \$2,000;

■ Center for Community Solutions, \$2,000;
 ■ Mind Treasures, \$500;
 ■ Mission Bay High School Band Boosters, \$900;
 ■ Mission Bay Alumnae Association for MBHS girls lacrosse, \$500;
 ■ Community Campership Council, Inc. (Kids2Camp), \$1,000;
 ■ Angel Faces, \$1,000;
 ■ Outdoor Outreach, \$1,000.
 ■ South Mission Crew Foundation’s Jetty Kids, \$1,000;
 ■ Maruta Gardner Mural, \$1,000;
 ■ Friends of Crown Point Jr. Music Academy, \$1,000;
 ■ A Bridge For Kids, \$1,000;
 ■ Just In Time for Foster Youth, \$2,500;
 ■ Support the Enlisted Project (STEP), \$1,500;
 ■ The Unbattle Project, \$1,000;
 ■ LightBridge Hospice Community Foundation, \$1,000;
 ■ Special Delivery San Diego, \$1,500;

■ Foundation For Animal Care and Education (FACE), \$1,000;
 ■ Miscellaneous, \$760.

Throughout the year, Mission Beach Women’s Club gathers money through fundraising activities and events such as auctions, a restaurant walk, and other donation drives.

At the end of the fiscal year, the group then donates between \$25,000 and \$50,000 to nearly two-dozen groups, plus waives clubhouse rental fees for a number of nonprofit groups for their private events and parties.

The club’s philanthropy committee visits the nonprofit organization applicants and interviews them to learn more about their groups. Recommendations are then submitted to the club’s board for discussion and then onto the general membership for a vote.

The club welcomes nonprofit organizations to request funding by going to mbwc.org with their requests and dollar amounts they are seeking.

MISSION BEACH FIRE DAMAGES RESIDENCES, HOSPITALIZES ONE

A two-alarm fire early on the morning of Oct. 17 in Mission Beach believed to have originated in Dreyer's Ice Cream in a mixed-use building at 716 Ventura Place hospitalized one victim while causing an estimated \$600,00 in total damages.

According to City spokesperson Monica Munoz: "The origin of the fire was a rooftop storage area. The cause is undetermined. The estimated damage to the structure is \$500,000 and to the contents \$100,000. The only areas that sustained fire damage were residential (second floor). The residences are on top of Dreyer's Ice Cream and Kojack's, which sustained water damage but no fire damage.

"San Diego Fire Department lifeguards were at the scene very early and knocked on doors waking residents up and getting them out," said Munoz. "The first fire crews arrived at 6:53 a.m. and reported heavy flames upon arrival.

"The fire was knocked down at 7:25 a.m.," said Munoz, who added a request for an additional ambulance, for a total of three, was made at 7:33 a.m.

A structural engineer was called in to investigate the cause of the blaze, Munoz said. "One person was transported as a trauma patient to UCSD Hillcrest." The victim was not identified and the nature of their injuries was not disclosed. Munoz added no firefighters were injured.

Munoz said there might have been some damage to the Sandbar Sports Grill at 718 Ventura Place. Contacted by Beach & Bay Press, the restaurant's owner said he was still assessing the situation.

POLICE ARREST ALLEGED PACIFIC BEACH PEEPER

Between Sept. 11 and Oct. 12, a suspect repeatedly peeped into the windows of unsuspecting women in the Pacific Beach area. The suspect description was consistent; a white male, bald, of medium height, and medium to heavy-set build. Six reported cases occurred within this time frame.

Detectives immediately began to investigate, interviewing witnesses, and canvassing the area for evidence. Through their investigative efforts and with the assistance of patrol officers, James Wayne Hubbard, 48, was identified and arrested on Oct. 12. Hubbard was booked into the San Diego County Jail on six counts of peeping and one count of petty theft.

Anyone with information is requested to call Crime Stoppers at 888-580-8477.

SUSPICIOUS DEATH OFF COAST OF MISSION BEACH

On Wednesday, Oct. 10, at 10:20 a.m., a fisherman on a boat was about 2.5 miles off the coast of Mission Beach when he noticed a body floating in the ocean. The fisherman notified lifeguards via his boat radio and lifeguards notified the San Diego Police Department Communications Center.

Lifeguard's personnel went to the location with members from the San Diego Police Harbor Unit. They retrieved the body and transported it to the lifeguard's headquarters dock, located at 2581 Quivira Ct. The body was an unknown race and aged male. The condition of the body raised concerns about the cause of death. Out of an abundance of caution, the San Diego Police Department's Homicide Unit was called to the scene.

San Diego Police Homicide Detectives are currently investigating this incident as a suspicious death. The victim has been identified as Abdelkader Elshayeb, a citizen of Egypt. Anyone with information regarding this incident is asked to call Crime Stoppers at 888-580-8477.

CAR JACKING IN PACIFIC BEACH

The victim, a 21-year-old male, was sitting in his 2007 Hyundai Elantra. The suspect, a 19-year-old male, walked up to the victim, asked for a ride and proceeded to get in the vehicle.

The victim started to drive away when the suspect pulled out a hand gun and told him not to stop. The victim pulled over at 1400 Grand Ave., yelling for help. The suspect pistol whipped the victim, knocking out some of his teeth.

The victim got out and the suspect drove off with the vehicle. At 4600 Gresham the suspect crashed into a parked car. A police unit saw the crash and suspect running from the vehicle. The officer chased the suspect who jumped a fence into a yard at 4600 Gresham.

After a perimeter was setup, officers located the suspect hiding in the backyard and taken into custody without incident. Robbery detectives responded and are investigating. Anyone with information related to the incident is encouraged to call Crime Stoppers at 888-580-8477.

CITY OFFERS LANDSCAPE, RAIN BARREL REBATES

The City of San Diego offers money-saving ways for water customers to conserve water. The City's Public Utilities Department provides rebates through grant funding by the Department of Water Resources for both removing lawns and installing rain barrels. Homeowners may apply now for financial rebates to convert their lawns into a drought resistant landscape. The City is offering a \$1.25 per square foot rebate for all lawns that are converted. Converted areas must be designed to capture rainfall for reuse.

Applications are now being taken for Rainwater Harvesting Rebates. Rain barrels and downspouts catch rainwater from hard surfaces such as rooftops. While San Diego isn't in the rainy season yet, now is a good time to prepare. The barrels are a great way to conserve and then reuse the water for irrigation purposes. It also helps prevent pollution by reducing the amount of runoff that goes down the storm drain. Customers may receive \$1 per gallon of barrel storage capacity for residential rainwater harvesting up to 400 gallons or \$400 per property.

More information about these and other rebates as well as additional water conservation options is available at wastenowater.org.

COUNTY TO APPLY FOR STATE FUNDS TO HELP HOMELESS

The County Board of Supervisors recently voted to allow the Health and Human Services Agency to apply for state emergency funds to address homelessness in the region. The California 2018-19 State Budget includes \$53 million for the California Emergency Solutions and Housing Program, which provides grants to local communities to develop programs that assist people who are homeless or at risk of not having a stable place to live.

Council approves styrofoam ban throughout City

By DAVE SCHWAB | BEACH & BAY PRESS

San Diego City Council on Oct. 15 voted 5-3 to ban the use and distribution of styrofoam citywide.

The new ordinance allows a one-year grace period for small businesses with gross income of less than \$500,000 annually to transition into the change.

Council members Scott Sherman, Mark Kersey and Chris Cate voted no, with Councilmember David Alvarez absent.

Besides restaurant take-out food containers, the new polystyrene ban includes other common styrofoam products such as coolers and beach toys.

The new ordinance, which needs to return to the Council for a final vote, also requires the City's Environmental Services Department to provide a list of safe, affordable styrofoam alternatives.

The Council vote followed considerable testimony by mom-and-pop entrepreneurs, and the California Restaurant Association, who opposed the ban insisting it was inequitable to small businesses. They argued that banning foam food take-out containers would force small restaurants to spend 54 to 145 percent more for alternative products.

"We are very concerned by the rush to pass a sweeping policy without data, without an economic anal-

'I just feel we really need to move forward with this to protect our oceans, our marine life and ourselves.'

LORIE ZAPF
DISTRICT 2 COUNCILMEMBER

ysis, and most importantly, without addressing the realities that the new mandated costs would have on small mom-and-pop restaurants already struggling to make ends meet," said Chris Duggan of the California Restaurant Association.

District 3 Councilmember Chris Ward and District 1 Council President Pro Tem Barbara Bry teamed to push for the styrofoam ban.

Following public testimony, Bry of La Jolla, characterized the styrofoam ban as a "step in the right direction," adding the new ordinance, "Does give small businesses time to adapt."

Bry said thoughts of her two grandchildren influenced her decision on the ban adding, "It makes for sound environmental policy."

Lorie Zapf, of District 2, representing the Peninsula and Pacific and Mission beaches, concurred that the new ordinance was good on balance. "I was astounded at how much plastic and styrofoam makes its way into the ocean, bay and rivers," Zapf said.

Noting she would have preferred a stronger single-use plastics ordinance, Zapf added, "I just feel we really need to move forward with this to protect our oceans, our marine life and ourselves."

Ban opponent Sherman of District 7 pointed out styrofoam and plastic products ending up in the ocean are the fault of people. "The product does not cause the litter," he said, adding, "Without more data, I can't just jump on banning a product."

Councilman Kersey of District 5 said he would feel better if the outcome of the ban was that "people recycle more or change their behavior." Kersey added, "I think we need to do a better job of educating our communities (about plastic waste)."

"By passing this measure, the Council has reaffirmed our role as a national leader in pursuit of a safe, sustainable future and has made San Diego the largest city in California to ban styrofoam," said Ward.

"The negative impacts of styrofoam are permanent and threaten the health of San Diegans, wildlife and industries critical to our region. The time has come for us to listen to community groups, non-profits and businesses that have been advocating for this change for years, and move away from styrofoam and plastics in San Diego."

READ MORE ONLINE AT sdnews.com



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After devastating fire, Bike Garage reopens in new location

By DAVE SCHWAB | BEACH & BAY PRESS

Not even fire could prevent Ismael Bohme from fulfilling his mission as Pacific Beach's bicycle Mr. Fix-it.

Bohme, who officially opened Bike Garage at 4645 Cass St., Suite 105, in February 2017 with a business partner, had that space wiped out by an after-hours fire this April.

But after a brief hiatus, he's rebooted, in a brand new retail space at 1556 Grand Ave., Suite D he found on Craigslist, sandwiched in-between an auto repair shop and a surfboard shaper. He's also right around the corner from Pacific Beach Ace Hardware, which Boehme said helps a lot with foot traffic going by his bike-repair shop.

"I've actually been in business since 2013 when I was working out of my home garage (hence the name)," said Bohme, a Chilean native with an engineering degree who turned mechanic after discovering he loved working with his hands.

Bohme said he is back by popular demand. Following the fire, he was unsure about reopening right away. But people wanted him back. So he found a way to return.

While living in Chile, Boehme used to travel to America every year, working seasonally as a ski instructor at Lake Tahoe. But, after finding his bride-to-be, they decided to settle down in the States permanently, first in San Francisco before moving to San Diego.

What's different about Bohme's new garage?

"I'm trying to turn this into more of a workshop where I can do cus-



Ismael Bohme has reopened Bike Garage at 1556 Grand Ave., Suite D.

DAVE SCHWAB / BEACH & BAY PRESS

tomizing," Bohme said, noting he sells new bikes as well as repairing old ones including painting, rebuilding and repurposing of them.

"We sell new and used bikes, do e-bike conversions and any custom projects you want to give us," he said, adding he also now works only weekdays, and is off weekends.

Bike Garage guarantees a quick turnaround on repairs.

"We came back with lots more energy, we're ready for any project," said Bohme. "We guarantee 24-hours service on any project. You bring a bike in for a tune-up, we'll get it done by the next day. Walk-ins are more than welcome. Flat tires on the spot, cable repairs, battery changes while you wait. It's one-to-one. I love to work with my customers directly."

BIKE GARAGE

Where: 1556 Grand Ave., Suite D.

Info: bikegaragesd.com, 858-257-7375.

Bohme's clientele is mostly locals, but that includes the gamut of riders, everyone from casual boardwalk riders to commuters to competitive cyclists.

SD SPORTS MEDICINE CENTER CELEBRATES PARTNERSHIP

San Diego Sports Medicine Center is celebrating the one-year anniversary of the partnership with Anderson Medical Center. The integration has allowed the Urgent Care, at 1945 Garnet Ave., to add more family practice capabilities while still providing easy access.

The clinic is open 8 a.m. to 8 p.m. during the week, and 8 a.m. to 4 p.m. on weekends and holidays.

All injuries, illnesses and non-life threatening emergencies can be treated. In addition, routine primary care can be obtained including physicals and immunizations. Dr. Ken Anderson continues as the medical director for the clinic. He serves as the medical director for Sea World and team physician for the University of San Diego, Point Loma Nazarene and the San Diego Gulls.

LOCAL LEADERS CELEBRATE CAMPLAND ON THE BAY'S 50TH

Joined by Councilmember Lorie Zapf and other community leaders, thousands of campers gathered together on Oct. 6 in celebration of Campland on the Bay's 50th year providing waterfront camping in Mission Bay.

Campland on the Bay's president Michael Gelfand, who was at the event to accept the proclamations presented by the City and County, said: "Three generations of my family have had the great honor and responsibility of operating Campland. It is a truly special place that plays host to multi-generational families who come back again and again."

"For 50 years, Campland on the Bay has provided affordable waterfront accommodations on Mission Bay for San Diego families, serving as a beloved destination where multiple generations come together to experience a sense of community, recreate, make friends and build memories," said Zapf.

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 Collect one business card from each participating business & put your name and email on the business card. The more businesses you visit, the more chances you have to win!
Winner will receive 2 tickets to Farmers Open Golf Tournament!

COSTUME CONTEST
 Will be judged at Petite Street. Winner will win a basket of goodies from each participating business

HAUNTED HOUSE
 There will be a haunted house at Eco Design and an after party at Randall's Sandals. The after party is from 5-8pm

Participating Businesses:

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* Activities Subject to Change

Newly renovated Coaster Saloon brings Texas-style BBQ to Mission Beach

By PAIGE FULFER | BEACH & BAY PRESS

Cohn Restaurant Group is known throughout San Diego for their family-owned gourmet restaurants and culinary successes. Now owning and operating more than 24 restaurants in Southern California and Maui, CRG's newest property brings authentic, smoked barbecue to Mission Beach.

Just steps from the ocean and across from the iconic Giant Dipper roller coaster, the newly renovated Coaster Saloon dons a freshly painted building exterior all beach-goers are sure to love, labeled "BBQ, Burgers, Beer," while keeping a similar sign design as an ode to the restaurant's last 36 years as a local favorite.

"The renovation was super quick," says Coaster Saloon general manager Maciej Panocki. "We got it all done with closing the restaurant for only a few days, two different times."

With executive chef Tim Eylens at the forefront of Coaster Saloon's revamped menu, it's no mystery why this man is known for his barbecue. With a cult-like following, Indiana native Eylens brings his expertise and passion for meat to the beach.

Using traditional low-and-slow techniques, Eylens introduces cus-



The menu includes baby back pork ribs (above), pulled pork, burgers, and smoked gouda mac and cheese.

tomers to his oak-smoked beef brisket (that literally melts in your mouth), baby back pork ribs, pulled pork, burgers, and specialty items such as breaded chicken tenders, bell pepper rings, and smoked gouda mac and cheese.

"What really makes our barbecue stand out is that everything is

cooked fresh. We don't have everything back there sitting in a freezer," says Panocki. "You can taste the difference. The food speaks for itself."

Some must-try dishes include garbage fries (cheese, pulled pork, jalapeños, pickled onions, and barbecue), collard greens (the perfect mix of savory and sweet), and The Q

(a burger with cheddar cheese, onion strings, barbecue, lettuce, tomato, onion, pickles, topped with pulled pork).

The open-air eatery's red, white, and blue color scheme is reflected throughout both the inside and patio. Foosball, corn hole, and a pool table make the patio the perfect spot

COASTER SALOON

Where: 744 Ventura Place.

Hours: 11 a.m. to 10 p.m. daily; brunch 8 to 11 a.m. Saturdays and Sundays; bar 11 a.m. to 2 a.m.

Info: cohnrestaurants.com/coastersaloon.

to enjoy a cold craft beer in the sunshine. There is also a giant outdoor projector screen to catch all the biggest football games during the season.

If that's not enough, the restaurant features 40 brews on tap, 15 flat-screen TVs, daily happy hour from 3 to 6 p.m., and a different drink special every night of the week, with brunch on the weekends from 8 to 11 a.m.

"We kind of adopted the Arizona Cardinals as our team here," says Panocki. "After the Chargers left, we were looking for a team and we have so many Arizonans that visit, we adopted the Cardinals as our team!"

Coaster Saloon has a Tailgate Special Sundays, Mondays, and Thursdays during football season, offering \$4 drink specials, \$6.99 eats, and their touchdown combo featuring an Old Timer burger and Budweiser for \$10.

Come taste some BBQ and see for yourself why the locals have already given it their stamp of approval.

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Pacific Beach resident competing on TV show ‘Survivor’

By **BLAKE BUNCH** | BEACH & BAY PRESS

The CBS-produced competitive reality TV series “Survivor” recently aired its season premiere for what is now its 37th season, titled “Survivor: David vs. Goliath.”

While the show has hit record numbers of viewers during its 18 years of existence, this season, Pacific Beach resident and realtor Kara Kay will participate in the competition.

Originally from Carlsbad, Kay graduated from SDSU with a BA in public relations. To add to her all-around

San Diegan status, Kay was also a Charger Girl from 2011 to 2014, during which she was team captain her last two years on the squad. She currently works as a realtor in La Jolla, specializing in coastal properties in and around the area.

Now, Kay is putting her skills developed during a lifetime of cheerleading: balance, endurance, strength and positivity, on the season premier of the hit program.

“San Diego is just so beautiful,” said Kay prior to the season premiere. “They call La Jolla ‘the jewel’

of San Diego for a reason. It’s just amazing how you can go down to PB to kick back a little bit, or head back up to George’s at the Cove for dinner. The people here are just so friendly and laid-back.”

For those not familiar with the competition, contestants are marooned on a remote tropical island then divided into teams (David and Goliath in this season). On the island, they face off to earn basic necessities: food, water or shelter – but rarely any luxury item.

While Kay’s profession entails

dressing to the nines frequently, she seems to have relished (to some degree) in being forced to return to the basics during her time on “Survivor.”

“Honestly, wearing one outfit the whole time and subsisting nearly entirely off rice was a bit tough,” she said. “But, aside from that, it was such a freeing experience to not do my hair and make up throughout the competition. Being a beach girl, it was nice to get back to my roots.”

READ MORE ONLINE AT sdnews.com



Kara Kay

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Local author freezes PB in time with recent book release

By VICTORIA DAVIS | BEACH & BAY PRESS

Sixty years is a long time, especially when it comes to being reunited with a soul mate.

John Fry and Nancy Wingo first met in their eighth grade English class, then again in 1996, thanks to a little slice of modern technology called the internet. Now a couple, they've collaborated on a photo book, "Pacific Beach Through Time," compiling "then" and "now" photos of old business buildings, homes and even drugstores throughout the community.

While faces, styles and personalities might change as time meanders on, there's still that familiarity of what was precious to us, whether it be a person, or a drugstore.

"It's certainly better to know about what used to be here than to not know, and, for those who recognize the old places, the benefit will be a pleasant memory," said Fry. "That's what it's about. I hope people will look at the photos and recall special memories of an earlier time."

Fry moved to Pacific Beach in 1972, and co-founded the Pacific Beach Historical Society in 1979. He first started working with the photo archives at the San Diego History Center in 1965, so was "quite familiar" with photos of the beach. Having self-published a book on

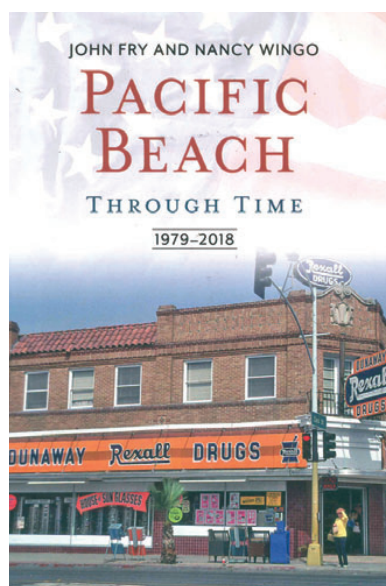
'I hope people will look at the photos and recall special memories of an earlier time.'

JOHN FRY
PACIFIC BEACH HISTORIAN

Crystal Pier, he wrote an illustrated history of the aircraft carrier USS Saratoga as well as Images of "America: Pacific Beach." It's no surprise Fonthill Media reached out to Fry about publishing another work on the coastal neighborhood.

"I told [Fonthill] that there were very few really old photos of Pacific Beach, and that most of them were not in the public domain," said Fry. "I suggested that we use photos I started taking in 1979 as 'then' photos, and Nancy could take 'new' photos."

With Fry having used a Canon A-1 and color slide film, and Wingo utilizing her Apple iPhone for the current pictures, their book, set to release Oct. 29, embodies the change in times with not only the subjects of photographs, but the photographs themselves. There isn't a lot of "talking" in the book, just captions for the photos, but some places changed hands enough to warrant four photos, instead of the



usual before-and-afters.

"Dunaway Drugstore, on the cover, changed enough to get six photos," said Fry, who has 36 pictures of the drugstore posted on his website. "Knowing what existed a century ago allows me not to fret when buildings that are, say, 50 years old are demolished."

Fry has more than 200 photos of Pacific Beach's most beloved buildings, from Cass Street to Turquoise Street, published on johnfry.com. While his niche lies in freezing time through a lens, Fry also believes that change is something everyone should get comfortable with, especially in San Diego.

"Change is inevitable in sunny California, perhaps more so in Southern California, and greater still in San Diego," said Fry. "I hear folks all the time say, 'They shouldn't have torn that down.' For the most part, they have no knowledge of how expensive it is to maintain an aging structure."

Still, this author and photographer believes there's something special about Pacific Beach, where time doesn't seem to move quite as fast.

"A three-story height limit has kept Pacific Beach recognizable, while downtown San Diego has become a forest of skyscrapers," said Fry. "Mostly, Pacific Beach businesses just change hands, get a face-lift, and reopen. I'm not sure if it's progress, but it is what it is."

With Wingo having lived in Escondido for many years, Pacific Beach doesn't hold the same nostalgic memories for her and Fry as it does for long-time residents, but in the process of making the book, perhaps those memories start now.

A list of retailers has yet to be established for "Pacific Beach Through Time," but copies will be available to purchase locally and can presently be pre-ordered through arcadiapublishing.com, bulkbookstore.com or on the website of Barnes & Noble.

SEAWORLD TO ADD HORIZONTAL ROLLER COASTER NEXT YEAR

SeaWorld will open a dueling roller coaster, dubbed Tidal Twister, as a new attraction for 2019. The first of its kind in the world, this unique and horizontal ride is an exhilarating experience that demonstrates the power of the ocean.

Accelerating to 30 mph, riders will twist and bank as if they are riding the tide along a tight figure-8 track that includes dynamic zero-g roll at the center section. Two trains, holding 16 passengers each, load at opposite ends of the figure-8 and cross in the center with guests facing both forward and backward on the trains. A lower-height requirement of 48 inches makes this attraction a better option for younger guests and families.

Tidal Twister, elevated 16 feet off the ground, will be located adjacent the Aquaria touch pool and aquarium in the northwest corner of the park, the perfect location to accentuate the new attraction's conservation element that focuses on sustainable aquaculture and coral reef protection.

COSTUME PARTY BEACH CLEAN UP AT FIESTA ISLAND

Costume party beach clean up at Fiesta Island, 1258 East Mission Bay Drive, will take place 10 a.m. to noon Oct 27. Come in costume and help clean Fiesta Island. Supplies will be provided, but bring a bucket and gloves.

Costume contest prizes for best duo or group, most original, eco-warrior, scariest, cutest, funniest, and best couple. Sponsored by Sand Cloud, Ocean Connectors, Route USA, and Shore Buddies.

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7TH ANNUAL KIWANIS SPOOKY PASTA DINNER

Thursday, October 25, 2018

Pernicano's Restaurant – 711 Turquoise Street

5:00 PM – 10:00 PM

The **Kiwanis Club** of Pacific Beach will be sponsoring their **7th Annual Spooky Pasta Dinner on October 25th**. They will be serving Mostaccioli with a meatball, salad, roll and non-alcoholic beverage at Pernicano's Restaurant.

Proceeds from this event fund the Kiwanis Youth Foundation. The Youth Foundation supports the Mission Bay High School Band, Drama, and Sports activities. They also support the Mission Bay High Key Club as well as the Builders Club at Pacific Beach Middle School and sponsor the Hope of America Awards for the five area elementary schools. Additionally the Pacific Beach Kiwanis Club provides support for our local library as well as Rady's Children Hospital Miracle Mile of Quarters, Meals on Wheels and other community events and organizations.

Pernicano's is all decked out for Halloween. Between now and the first of November it is a great place to celebrate the holiday with ghosts, goblins, witches and other spooky characters adorning the premises. If you can not make it on the 25th of October, Pernicano's will honor the tickets now thru the end of November.

The tickets are \$12 each and can be used any Wednesday - Sunday through the end of November. For tickets call Jim at 858-692-0403



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EDUCATION NOTEBOOK>>

PACIFIC BEACH MIDDLE

■ PB Middle students were featured in a photo shoot this week promoting Belmont Park's Fall events. Belmont Park and PB Middle are launching a STEM partnership where students will apply what they've learned about forces and motion to design and test models of rides.

"Our IB science and design teachers Mr. Greenberg and Mr. Winn, are working with students on design, pilot projects, and publishing learning experiences, which Belmont Park can then use with other schools," said Jennifer Sims from PB Middle. "It's a win, win. We want our students to see and experience science and design in the real-world. Belmont Park is always open to collaboration and are always supportive of schools."

PACIFIC BEACH ELEMENTARY

■ The Contribution Drive brought in

more than \$23,000 from PBE families, and on top of that, the generous corporate sponsors have already donated \$19,000 this school year.

■ PBE's first Halloween Carnival will take place 5 to 7 p.m. on Oct. 26. All are welcome to come check out the school and join the Halloween fun.

■ PBE's school garden is growing beautifully, and the after school Garden Club with Good Neighbor Gardens even added a fall touch with a mini pumpkin patch and informational signs to teach fellow students about the bugs in the garden.

CROWN POINT JR. MUSIC ACADEMY

■ Trunk or Treat at CPJMA, 5 to 8 p.m. on Friday, Oct. 26. Grab your friends, neighbors, and family for a spooky night of tricks and treats. Carnival games, food, cake walk and more. Do you dare to go through the haunted library? Admission is free.

KATE SESSIONS ELEMENTARY

■ It's that time of the year for Kate Sessions Elementary's Halloween Boo Bash. On Friday, Oct. 26, from 2:10 to 4:30 p.m.

the school will be transformed into a fun and scary place with game booths and prizes, yummy baked goods, a spooktacular obstacle course and the super creepy fifth grade haunted house. Wristbands may be pre-purchased for \$10, \$13 at the event.

■ The Boo Bash would not be possible without the help of the PB Middle Schoolers. To sign up to receive community service hours, go to m.signupgenius.com.

BARNARD ELEMENTARY

■ Barnard Mandarin Magnet Elementary School has been named a 2018-2019 School of Excellence by the National PTA for its commitment to building an inclusive and welcoming school community where all families contribute to enriching every student's educational experience and overall well-being. Barnard's PTA supports cultural, educational, and social programs that heighten school spirit, encourage family togetherness, and make a positive impact within the community. Through the support of Barnard families and local sponsorships, the PTA is providing extensive resources to all 500-plus Barnard students.



Barnard parents and San Diego Unified Council of PTAs executive vice president Mahogany Taylor and Barnard PTA president Janis Tan, third-grader Violet O., and Principal Aida Hernandez celebrate Barnard's National PTA School of Excellence Award.



Crown Point Junior Music Academy Associated Student Body (ASB) officers have been announced. Congratulations to Katie Sheppard (ASB president), Emma Love (vice president), Zion'ah Robinson (secretary), Ian Steinberger (treasurer), Madison Davis (historian).



Crown Point Junior Music Academy students in the after school Music Club, run by teachers and volunteers, performed at the PB BeachFest on Saturday Oct. 6.

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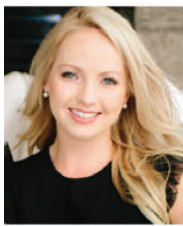
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Rapist, who assaulted 12 women in Pacific Beach and Mission Beach in 1980s, released from prison

By NEAL PUTNAM | BEACH & BAY PRESS

People reacted angrily in court Oct. 12 after a judge ordered the conditional release of the 1980s "Bolder Than Most" rapist to a house in Jacumba Hot Springs.

The courtroom was filled with people opposed to the release of Alvin Ray Quarles, now 56, who sexually assaulted 12 women in Pacific Beach, Mission Bay Park, Old Town, National City, and elsewhere from 1985-1988.

Quarles will be released to 24-hour supervision by Liberty Healthcare Corporation on or about Nov. 23 to a house surrounded by a chain-link fence on a dirt road.

"How can you allow that to happen?" asked a woman angrily to San Diego Superior Court Judge David Gill following his ruling in a three-hour hearing.

"It's not right," yelled another woman.

"The system has let her down," said Bob Meehan, the brother of Mary Taylor who testified in the hearing that Quarles had raped her in 1988.

"That night happened 30 years ago and I can feel like it happened last night," said Taylor before the ruling.

Taylor said her whole life changed that night and she became fearful to be out in public. She recalled Quarles broke into her

Mission Hills home "with a knife in his hand and he said he would kill me and my roommate."

"If another young woman's life changes, turns left, in the middle of the night like mine did, I'll be devastated," said Taylor to the judge.

"So will I," replied Gill. "So will I."

Gill said that Quarles had served 25 years of his 50-year term handed down in 1989 under a former law that gave him credit for half his sentence. Quarles is currently housed as a sexually violent predator (SVP) in the state psychiatric hospital in Coalinga and not was present in court.

Gill said Quarles met the criteria for conditional release and had completed most of the mental health program. He has been diagnosed with sadism, voyeurism, and anti-social personal disorder, according to the District Attorney's office.

"The conditions are very rigorous," said Gill, adding that Quarles will be with security personnel at all times.

Gill said he won't be permitted to leave the house without personnel and cannot drink alcohol. He will wear a GPS device at all times, said Gill.

Quarles pleaded guilty to committing four rapes at knifepoint, two robberies, and six burglaries. He sexually assaulted women while their boyfriends or husbands

were also in the residence.

A judge dismissed 50 similar charges after he pleaded guilty to 12 charges. He would have faced 200 years in prison had he been convicted of all 62 counts.

"He's served the maximum sentence under the (1989) law," said J. David Forester, regional coordinator for Liberty Healthcare.

Taylor said the prosecutor told her in 1989 that "50 means 50" years and was horrified to learn in 2013 that his term was ending.

Deputy District Attorney Jessica Soto said her office opposed his release, but agreed that a conditional release with supervision is better than outright release without any conditions.

Gill said he would not release Quarles without supervision by Liberty Healthcare.

County Supervisor Dianne Jacob wrote a letter to Gill protesting the proposed release, saying that Quarles should be housed in a trailer off prison grounds.

This was attempted decades ago, but the trailer is no longer habitable, said Gill. The California Department of Corrections is opposed to placing another trailer on its grounds, said Gill.

"She(Jacob) knows of that history, as I do," said Gill.

Gill, 84, is one of the longest serving judges in county history and has been on the bench almost 44 years, he said.

San Diego Coastkeeper: protecting waterways and ecosystems for 23 years

By LUCIA VITI | BEACH & BAY PRESS

Celebrating San Diego's sunshine requires a simple nod to the sun fairies. But celebrating San Diego's ocean, rivers, streams, waterways and its drinking water, requires active diligence with its dedicated, determined and protective water soldiers – the San Diego Coastkeeper.

Serving as role models and warriors for protecting the environment, including waters and marine life, San Diego Coastkeepers functions as a steward for clean water and healthy ecosystems. While addressing the issues that affect inland and coastal waters, these water curators acknowledge the connection between “humans and nature,” and offer solutions derived from “the best available scientific, legal and public policy rationale.”

And that's just the tip of the iceberg. The San Diego Coastkeeper also works in tandem with Coastkeeper Alliance and the International Waterkeeper Alliance. Headed by Robert F. Kennedy Jr., The International Water Alliance is described as “one of the world's fastest growing environmental movements.”

Matt O'Malley is San Diego Coastkeeper's executive director and man-

‘Our work protects the natural spaces where people live, work and play, and the water resources that fuel our economy. We will gather water quality samples, educate the community and organize cleanups. We've already achieved major successes and will continue to do so.’

MATT O'MALLEY
SAN DIEGO COASTKEEPER EXECUTIVE DIRECTOR

aging attorney in addition to serving as legal committee chair and board member of the California Coastkeeper Alliance. The maverick leads a team of scientists, activists, educators and lawyers to work with community members and politicians “to protect and restore fishable, swimmable and drinkable water in San Diego County.” Through community outreach and education, O'Malley's water defense team advocates clean water and healthy ecosystems in addition to “fixing pollution hazards.”

“We advocate holistic solutions,” said O'Malley. “Our work protects the natural spaces where people live, work and play, and the water resources that fuel our economy.”

Safeguarding against water contamination is not new. American Waterkeepers originated from its Riverkeepers, men who guarded pri-

vate streams against poachers. In the early 1980s, fishermen along New York's Hudson River took stock in fighting the water's most lethal poacher – pollution. Imprinted as America's first Waterkeeper organization, San Diego followed suit in 1995 as the San Diego Baykeeper.

The original, two-person team tackled chronic pollution and toxic waste then being dumped into the San Diego Bay. Today, renamed the San Diego Coastkeeper, the organization serves as the region's “watchdog” for clean water and healthy ecosystems.

Working with its community allies, Coastkeepers cleaned up the San Diego Bay by winning a regulatory ruling that closed the “ecosystem damaging” South Bay Power Plant. But they didn't stop there. Litigation against Southwest Marine Inc., spearheaded by the Regional

Water Quality Control Board, forced polluters to conduct “a massive cleanup of their toxic pollution” in the San Diego Bay.

“We also negotiated a \$15-million restoration plan with the Port of San Diego to turn the Campbell Shipyard (on the northeastern shore of San Diego Bay) into a thriving ecosystem and fish nursery,” added O'Malley.

The San Diego Coastkeeper lauds an impressive list of accomplishments. Among them, a collaboration with the Surfrider Foundation to commence a lawsuit against the City of San Diego for its sewage spills. As a result, San Diego, once nicknamed the sewage capital of America, invested \$1 billion in infrastructure upgrades to yield its present, 90 percent reduction in sewage spills.

Notably, in 2011, Coastkeeper volunteers identified a 1.9-million-gal-

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lon sewage spill in the Los Peñasquitos Lagoon. The finding resulted in a “\$12 million infrastructure investment by the City of San Diego to prevent future spills.”

The organization's vocation continued with cleaning beaches, noting that San Diego Coastkeeper and partner organizations have removed millions of pounds of debris from area beaches and waterways including the hazards of plastic.

“We played an instrumental role in restricting the use of single plastic water bottles and plastic foam products,” said O'Malley. “And we initiated the nation's first statewide plastic bag ban that we continue to defend against the lobbyists trying to overturn it.”

Coastkeepers also partnered with the City of San Diego and the San Diego Unified School District to showcase Project SWELL – Stewardship Water Education for Lifelong Leadership.

READ MORE ONLINE AT sdnews.com

Pacific Beach home, with original landscaping by Kate Sessions, on Green Homes Tour

By DAVE SCHWAB | BEACH & BAY PRESS

A green renovation of a Pacific Beach home built in 1912 with original landscaping by “Mother of Balboa Park” Kate Sessions, is on this year's San Diego Green Building Council's Green Homes Tour Sunday, Oct. 21.

Owned by the Victor family, the residence showcases grass-roots sustainability.

“When we learned of the home's historic value, we decided to maintain its integrity, and that's how we started integrating sustainability into it,” said Kristen Victor, noting their dwelling had no air conditioning, heating or ventilation.

What the Victors did was to adapt their home to use natural ventilation to heat and cool it.

“We also upgraded the home using recycled content with components with zero toxicity,” said Kristen adding, “The guest house was remodeled with 100 percent recycled content.”

But the exterior of the home was where the Victors really went to work.

“We put in rain gutters and a screening system that filters debris out of the water,” Kristen said. “We've attached a spout and a soaker hose to that which we used to water our food garden.”

The Victors installed a gray water system for their guest house bathroom plumbed through a purple pipe system using gravity flow trans-



Owned by the Victor family, the Pacific Beach residence showcases grass-roots sustainability.

ferring that gray water into a bioswell for natural cleansing.

“We have a food forest now completely watered by gray water,” said Kristen pointing out their sustainability improvements save money while conserving water.

“Our water bill went down from \$500 a month to \$120 to \$140 a month,” she said. “We qualified for water cistern rebates. It cost us about \$2,500 to put in the system — and we got \$1,500 back in rebates.”

Now in its ninth year, the Green Homes Tour celebrates best practices in green building and design while showcasing the innovative work of some of the industry's top professionals.

Pacific Beach is among nine San Diego communities to have a sustainable home showcased on this year's Green Home Tour sponsored by the San Diego Green Building Council, an environmental nonprofit dedicated to providing education, outreach and advocacy focused

on green building.

A ‘green’ building is one whose design, construction or operation reduces or eliminates negative impacts, creates positive environmental impacts and preserves natural resources. Green buildings efficiently use water and renewable solar energy employing re-use and recycling strategies while utilizing non-toxic and sustainable building materials.

Bryon Stafford, a board member for the San Diego Green Building

Council, said the Green Home Tour's purpose is to acquaint those unfamiliar with it about “sustainable building at the local level.”

Homes are selectively chosen, added Stafford. “We don't want homes that just have solar panels on the tour,” he said. “We want homes with green features or sustainable practices.”

Of sustainable building, Stafford said, “There are many ways to build green, and you don't add much to the cost. It's just doing things a little bit better than the industry standard. This is not rocket science. It's using different products that will last longer.”

The popular one-day event will showcase homes in South Park, Normal Heights, Pacific Beach, Point Loma, La Jolla, Encinitas, Vista, Lakeside and Campo.

On the self-guided tour from 10 a.m. to 4 p.m., attendees may visit as many of the homes as they like, meet with industry professionals and homeowners, and learn more about the latest green home design, construction and upgrade options.

Tickets are on sale now for \$15 per person. Discounts are available for San Diego Green Building Council members (\$10) and students (\$5, with I.D.). Children under 16 are free and must be accompanied by an adult.

Visit the tour website, sdgreen-hometour.org, for an updated lineup of home sites, project descriptions and photos.

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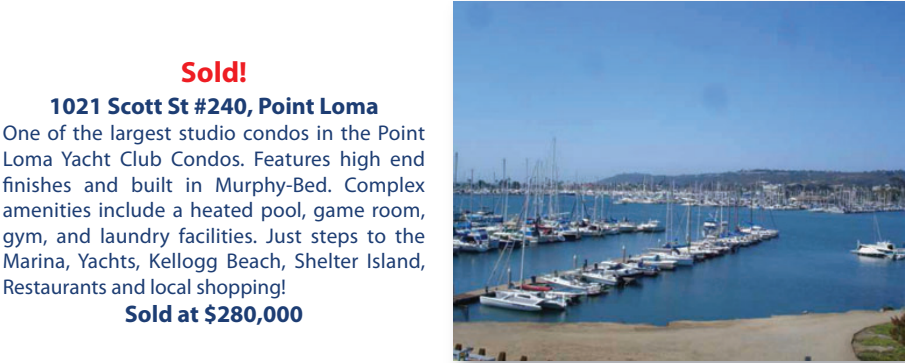


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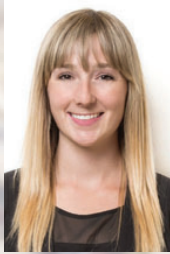


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