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# Beach & Bay PRESS

## THIS WEEK



**Over-the-Line Lager makes debut at annual tourney**

SEE PAGE 2



**Freshii brings variety of healthy superfoods to PB**

SEE PAGE 5

# BLAST INTO SUMMER

## Best ways to have fun on Mission Bay

SEE PAGE 7



Tabitha Lipkin, who is an anchor for Fox Sports San Diego, also enjoys occasionally flying above Mission Bay. (Insert) Alexis Hurey and Courtney Kessler head out for an adventure on standup paddle boards from Mission Bay Sportcenter.

COURTESY OF MISSION BAY SPORTCENTER

**NATIONAL Ice Cream Day**  
**SUNDAY JULY 15, 2018**

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**Hammond's Pacific Beach**  
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Organized by the Pacific Beach Town Council

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- July 22** ..... **The Reflectors**  
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- July 29** ..... **Bayou Brothers**  
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- August 5** .... **Siers Brothers**  
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- August 12** .. **Christopher Dale & The Rabbit Hole**  
Americana Pop Rock

**FREE**

**FREE**

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(858) 483-6666 [general@pbtowncouncil.org](mailto:general@pbtowncouncil.org) [www.pbtowncouncil.org](http://www.pbtowncouncil.org)  
PBTC at 1706 Garnet Avenue, San Diego, CA 92109

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Over-the-Line Lager, brewed with German pilsner malt and light floral hops, will be available in 16-ounce cans, kegs and drafts at the tourney.

## Suds, sand and summer fun at annual Over-the-Line

By DAVE SCHWAB | BEACH & BAY PRESS

The 65th annual Old Mission Beach Athletic Club's summer classic Over-the-Line Tournament will be over-the-brim this year, sporting its own festive brew.

Second Chance Beer Co. and OMBAC have teamed to debut a new, limited-release collaboration beer, "Over-the-Line Lager." It will be the hops of choice for many participants in the three-on-three beach softball tourney known for its risqué team names and free-wheeling spirit. OTL will be held on back-to-back weekends July 14-15 and 21-22 on Fiesta Island.

More than 1,200 teams will hit the sand at sunrise on July 14. The first three game days will start at 7:30 a.m. and continue until sunset, concluding on Sunday, July 22 with the Men's Open Championship.

Games will be three innings only for the first weekend of the tournament and four innings during the second weekend. The tournament will follow a double-elimination format for all participating teams in all nine divisions.

OMBAC provides complimentary bus transport, as traditional parking fills the island early, usually closing it to traffic by 10 a.m. The "OmShuttle" goes to and from the island during the first three days of OTL. OmShuttle runs from Fiesta Island to the Sun Runner lot on Sea World Drive and from Fiesta Island to the Linda Vista trolley station.

Over-the-Line Lager, brewed with German pilsner malt and light floral hops, is the perfect tournament complement, said Marty Mendiola, Second Chance brewmaster and co-founder.

"This light session lager is the perfect beer to seize, sip and enjoy with a bat in your hand and toes in the sand," Mendiola said. "You can enjoy a couple of pints or cans while playing OTL, or while watching the spectacle, still keeping your eye on the ball."

"It's about time San Diego's signature sport had its own beer,

*'It's about time San Diego's signature sport had its own beer brewed right here in the capital of craft.'*

**TOM DOYLE**  
OMBAC MEMBER

### PLAY BALL

**What:** 65th annual World Championship Over-The-Line Tournament.

**Where:** July 13-14 and July 20-21. Play begins at 7:30 a.m. ending at dusk.

**Where:** Fiesta Island in Mission Bay.

**Info:** [ombac.org](http://ombac.org).

brewed right here in the capital of craft beer," agreed Tom Doyle of OMBAC. "Over-the-Line Lager was brewed for just that reason, and we were proud to collaborate with Second Chance. They know the sport and our mission. We can't wait for everyone to taste it."

Over-the-Line Lager will be available in 16-ounce cans, kegs and drafts at the tournament, and has been available at Second Chance Beer Co. Tap Rooms in North Park and Carmel Mountain, as well as a limited number of bars and stores across San Diego, since June 18.

The origin of the homegrown OTL beach sport dates back to 1954 on the sand of Mission Beach where a group of beach volleyball players, awaiting an open court, grew antsy and began brainstorming ideas to pass the time. OTL was the result.

The sport, trademarked by OMBAC, is a variation of softball that uses a rope, softball bat and a rubber ball. Three-person teams pitch, bat and field. The game is played on a sand court resembling a triangle attached to an open-ended rectangle.

OMBAC asks OTL participants to observe the no B's rule: "No bottles, bikes, babies or bowsers."

READ MORE ONLINE AT [sdnews.com](http://sdnews.com)



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Why travel to a tropical island when you can just escape to your one-of-a-kind backyard with ocean views, hand-carved tiki palms, lush landscaping, and spacious grassy area? This is the ultimate space for barbecuing, relaxing while reading a book, or soaking up the summer sunshine. This eclectic and extremely charming single-level house sits on a full-size, North PB lot and has TONS of potential! Take in panoramic ocean views from the living room, backyard deck and rooftop deck of the garage. Call NOW for more information!

## JUST LISTED!



## 3843 Riviera Dr. #2

**3BR | 2.5 BA | 1,792 sq. ft. | Offered at \$849,000 - \$899,000**

Fabulous tri-level townhome just 1/2 a block away from Sail Bay! Make this the perfect beach home for you and your family or purchase it as an investment. The HOA allows short-term rentals. Let your inner creativity shine with the 3rd floor loft-style room by making it an office, a play area for children, a guest bedroom, or whatever you like...the opportunities are endless! The spacious second level with an open floor plan allows for the perfect area to entertain guests or relax after a long day at the beach. Enjoy amenities such as a 1-car garage, 1 extra off-street parking space, in-unit laundry, walk-in closets and more!

## JUST SOLD!



## 00000 Wilbur Ave, Block 6/ Lot 15

Scott Booth sold this vacant lot for \$110,000 off-market, and represented both the buyer and the seller!

**When inventory is low, knowing about a house for sale before it goes on the mls is key. Give us a call about multiple houses for sale in PB not yet on the mls.**

**isellbeach.com isell92109.com**



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# Mayor's rental plan riles residents in Mission Beach

By DAVE SCHWAB | BEACH & BAY PRESS

Mission Beach residents resent being “carved out” of the mayor’s compromise short-term vacation rental proposal and want a seven-day, not a three-day, vacation-rental minimum stay requirement for their community.

“Don’t let Mission Beach become the epicenter of short-term vacation rentals in San Diego,” decried one of about 70 residents attending a July 9 special meeting of Mission Beach Precise Planning Board.

The community meeting was called to discuss Mayor Kevin Faulconer’s recently released vacation-rental proposal, before the City Council re-hears the contentious issue on July 16.

At the end of the special meeting, the planning board crafted a laundry list of recommendations to be presented to the mayor prior to the vacation-rental showdown at City Hall.

Coastal communities have significantly more short-term vacation rentals than inland areas, and Mission Beach has the highest percentage of such rentals — as much as 40 percent or more — of available housing units.

Faulconer released his much-anticipated new regulations on a compromise plan to reign-in short-term vacation rentals. His plan



About 70 local residents attended a meeting of Mission Beach Precise Planning Board.

DAVE SCHWAB / BEACH & BAY PRESS

would require a three-night minimum stay for coastal and downtown communities. Rental owners would need to register with the City and pay an annual \$949 fee, per-year, per rental. Monies collected would be used for enforcement of a new rental ordinance.

Under Faulconer’s proposal, a maximum of two licenses can be issued to a host: one for their primary residence and one additional

license for a secondary residence. The primary residence could be rented out for up to six months per year, with the secondary residence available for year-round rental.

On July 9, Elyse Lowe, the City’s director of land use and economic development policy, broad-brushed the mayor’s proposal speaking before a mostly partisan crowd of Mission Beach residents opposed to Faulconer’s plan.

Lowe then fielded numerous questions from residents, who characterized Faulconer’s plan as being short-sighted and insensitive to the community’s needs. Residents argued Faulconer’s proposal “doesn’t solve the problems” of proliferating rentals in their community.

During more than an hour of public testimony, Mission Beach residents argued vacation rentals had “gotten out of hand” during a

‘I’m outraged by a city that puts the onus of vacation rentals on us here at Mission Beach and penalizes us.’

MARY WILMOT  
MISSION BEACH RESIDENT

decade or more of uncontrolled expansion.

“More is not better,” said Mary Wilmot. “I’m outraged by a city that puts the onus of vacation rentals on us here at Mission Beach and penalizes us. They have not done their jobs.”

Added Wilmot, “Nobody asked me or other residents in Mission Beach what we wanted. To carve us out is a form of discrimination.”

Mission Beach board members and residents alike at the special meeting characterized the proposed three-day minimum vacation-stay rental requirement as a “joke,” arguing such a short time period lends itself to renters only interested in partying at the expense of local residents.

Mission Beach Town Council president Gary Wonacott took issue with the “one on one” portion of the mayor’s plan.

SEE MISSION, Page 12



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Any unclaimed money not claimed by September 7, 2018 will become the property of the County of San Diego on September 8, 2018.

**Deadline to file a claim:  
September 7, 2018**

## City begins extra trash, recycling and street sweeping in Mission Beach

Starting July 14, the City of San Diego will increase trash, recycling and street sweeping services in Mission Beach to proactively address fly infestations that have been a perennial problem during the summer months. In April, the City Council included \$70,000 in the City’s fiscal year 2019 budget to increase the number of trash and recycling pickups and street sweeping in Mission Beach this summer.

“Our staff in collection services is pleased to be teaming up with the City’s street sweeping staff to help prevent fly infestations that normally happen in Mission Beach during the important summer tourist season,” said Environmental Services Department director Mario X. Sierra. “This effort has proven to be quite effective at reducing the number of flies in this community.”

The schedule to provide these additional City services was announced:

**Black refuse bins** - The City will collect residential trash twice a week on Tuesdays and Saturdays with the second weekly collection starting on Saturday, July 14 continuing through Saturday, Sept. 29.

**Blue recycling bins** - Recycling collection services will begin a weekly pickup schedule starting on Tues-

day, July 10 to Tuesday, Sept. 25.

**Street sweeping** - Street sweeping vehicles will begin cleaning alleyways on Wednesdays beginning on July 11 and continuing weekly through Wednesday, Sept. 26.

There are a number of things Mission Beach residents and visitors can do to help prevent fly infestations:

- Place waste containers in the street or alley at the point of collection no later than 6 a.m. on collection days;
- Take in trash bins immediately on trash collection days;
- Park in legal spaces only (no alley parking) to allow room for trash and recycling collection and street sweeping vehicles;
- Use trash can and trash bin liners to prevent the need for washing bins;
- Keep waste container lids closed so flies cannot access food sources to lay eggs;
- Keep trash bins and dumpsters away from storm drain inlets;
- Replace broken containers and/or cracked container lids;
- Wash trash and recycling containers to keep the bottoms and sides free of food sources for fly eggs.
- Provide a sufficient number of containers to fully contain waste generated each week.



# Entrepreneur brings Orange Power to PB

By DAVE SCHWAB | BEACH & BAY PRESS

Owner Michael Williams is really juiced about his new business, Orange Power, which just opened in the heart of Pacific Beach.

"Everybody is looking for a healthful alternative," said the mortgage-lender-turned-entrepreneur Williams, about his rationale for debuting a new smoothie place at 1422 Garnet Ave., formerly Function Juicery. "This seemed like a really great space. There are a lot of gyms, yoga and workout places within several blocks. We just feel like we're right in the sweet spot."

Having previously worked in both the airline and mortgage-lending industries, Williams said his family was previously in the restaurant business.

"My father had a fast-food, McDonald's-type store," he said. "I've always been in the service business, always serving the public in some capacity."

Why a juice/smoothie place? Part of the reason, said Williams, was the departure of his predecessor, who also owned a smoothie place.

"The gal who owned it before I did had a juicery in Las Vegas where she lived, and one here," Williams said. "The landlord told me she fell in love with an Aussie and walked away from both."

Williams said his name, Orange Power, was carefully chosen.



Orange Power recently opened in the heart of PB. DAVE SCHWAB / BEACH & BAY PRESS

"Feel the power," he said. "It's about personal power, about people taking control of what they put in their mouths."

Describing what makes his smoothies so good, Williams said, "It's all natural. There's no (added) sugar. Everything is fresh squeezed, from carrot to orange juice. We have acai and fruit bowls as well."

Williams said he also can add protein powders to his smoothies for the active set.

A standard Power Orange smoothie costs \$6.99. Acai bowls are \$8.99.

Like everyone else in PB's business district, Williams is catering to a large number of tourists right

## ORANGE POWER

Where: 1422 Garnet Ave.

Hours: 9 a.m. to 7 p.m. daily.

Info: [orangepower.com](http://orangepower.com), 619-992-7801.

now. But he's lucky because he's surrounded by residential. "The residents come down and buy weekly," he said.

"We're excited to be a part of it."

Power Orange has limited seating inside and a couple of outdoor tables. "We want to be the in and out of the juice business," said Williams.

Will Orange Power be a franchise someday?

"We've got some ambitious plans," admitted Williams. "But we've got to do the first one right. That's where our focus is. But we'd like to add multiple locations at some point."

Williams wants Orange Power to be "an intricate part of the community," adding he believes in the abundance principle.

"There's really enough for everybody," he said, while adding, "We've got a great product. But we want to infuse that with love and positive energy. That's really what it's about."

Pointing out he has a great staff, Williams said, "What's really going to make the difference is our service is going to be great."

# Using recycled water to make beer earns SD national award

The City has received a national award for an event celebrating the pioneering use of recycled water to make beer. The Public Relations Society of America (PRSA) recognized the City's Pure Stone event with an Award of Excellence for Events and Observances, Seven or Fewer Days for Associations-Government-Nonprofit Organizations. The award was presented at the PRSA Silver Anvil Awards Ceremony on June 7 in New York City.

Last year, the City partnered with Stone Brewing to brew beer

using 100 percent advanced-treated recycled water from the City's Pure Water Demonstration Facility. The limited-edition beer, named the Full Circle Pale Ale, was served at an event hosted at Stone Brewing World Bistro & Gardens - Liberty Station. Nearly 250 community leaders attended the event to taste the beer and celebrate the partnership. Mayor Kevin L. Faulconer proclaimed March 16, 2017, "Pure Stone Day" in San Diego.

READ MORE ONLINE AT [sdnews.com](http://sdnews.com)

## How to sell your home by yourself

SAN DIEGO, If you've tried to sell your home yourself, you know that the minute you put the "For Sale by Owner" sign up, the phone will start to ring off the hook. Unfortunately, most calls aren't from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

After all, with the proper information, selling a home isn't easy. A new report entitled "Sell Your Own Home" has been prepared especially for home sellers like you. You'll find that selling your home by yourself is entirely possible

once you understand the process.

Inside the report, you'll find 10 inside tips to selling your home by yourself which will help you sell for the best price in the shortest amount of time. You'll find out what real estate agents don't want you to know.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.

Courtesy of Dennis DeSouza Coldwell Banker Lic. 01220680

# Freshii offers a variety of healthy foods in PB

By PAIGE FULFER | BEACH & BAY PRESS

Founded in 2005, Freshii has become one of the world's fastest-growing restaurant franchises with more than 300 locations across the world. Fortunately, Freshii has chosen to make Pacific Beach its newest home.

With an ever-evolving menu to keep superfoods new and interesting, Freshii was established to help people live better lives by making healthy food affordable and convenient.

With its company mantra "Eat. Energize.," Freshii has no plans of slowing down in bringing their mix of culinary health trends, innovative recipes, and superfoods to communities through their modern, fast casual restaurants.

Chris Allen, John Christensen, and Alex Black are the owners of Freshii PB, and have four more locations coming soon across greater San Diego.

"I discovered Freshii up in Portland. I liked what the brand stood for in terms of the zero waste packaging, the charitable contributions, etc.," says Black.

Black, Allen, and Christensen had been discussing a venture together for a while. "Freshii seemed like they

'We wanted to create a breakfast menu with good food and coffee.'

ALEX BLACK  
CO-OWNER OF FRESHII PB

## FRESHII PB

Where: 1380 Garnet Ave.

Hours: 7 a.m. to 9 p.m. daily.

Info: [freshii.com](http://freshii.com).

were a business trying to grow responsibly, and it had a lot of the things you would want in growing a business," says Black. "The headquarters team is amazing. They are the type of people I wanted to work with, and so the rest kind of fell into place."

Freshii offers a diverse menu with seven different categories - bowls, burritos, salads, wraps, soups, smoothies, and juices. They also offer sweet treats, including low-fat frozen yogurt and Energii Bites (delicious peanut butter, honey, oats, coconut, and chocolate chips).

Black thinks this is one of the elements that makes Freshii so special. "There are a lot of smoothie and juice places, but we have a complete

menu and a complete brand. Not only is the idea good, but the execution I think is where we stand out," he says.

The menu is completely customizable to each individual's diet, whether they are vegan, vegetarian, or have a food allergy.

Black says that their breakfast is really the "undiscovered" part of their menu. "We wanted to create a breakfast menu with good food and coffee, so we brought in Stumptown coffee to serve," Black says.

Some of the menu highlights include the Pangoa bowl (brown rice, avocado, aged cheddar, cherry tomatoes, black beans, cilantro, lime wedge, and fiery barbeque sauce), Oaxaca bowl (brown rice and kale, avocado, beet slaw, black beans, corn, salsa fresca, crispy wontons, lime wedge, and spicy yogurt sauce), and the Metaboost salad or wrap (spinach, kale and field greens, goat cheese, mango, almonds, carrots, edamame, balsamic vinaigrette).

With its simple, efficient design dawning light wooden tables, white pallet walls, blue-and-green mosaic tiles, gray chairs, and a greenery wall labeled with the company's mantra, Freshii is the perfect addition to what locals have been craving.

## ARE YOU A SENIOR INTERESTED IN DOWNSIZING?

- Coming up on your Golden Years? • Confused about where to start?
- Are you an Empty Nester in a big house?
- Are you aging, have a large family and need to make sound decisions?
- Interested in Senior Communities or downsizing?
- Are you in need of support, assistance and help in selling and moving out of your current home?
- Wondering what your options are?

### Join Our FREE Senior Living Options Seminar Covering:

- The De-cluttering Process
- Senior Living Options and Choices
- To Sell or Not to Sell?
- The Downsizing Process

Seminar includes FREE lunch!

WHEN: Thursday, July 19th, 12:00-1:30 PM

WHERE: Point Loma Café: 4865 N Harbor Dr.

To RSVP, Please call Melissa at: 619-340-5050 - Seating is limited.

You are not alone! Over 50% of our population are seniors and Baby Boomers feeling the stresses of downsizing! Please come for our FREE Lunch and Learn that will take away the anxiety and concerns that aging and downsizing can bring. Expect to get clarity, peace of mind, and options. Receive the support you need to make the right choices. Feel relieved by solidifying all the details, minimizing worry and stress. We will provide 100% assistance throughout the process.

Join us Thursday, July 19th, 2018, 12:00pm at the Point Loma Cafe. Call us now to R.S.V.P. 619-340-5050 or email [realestaterelevance@gmail.com](mailto:realestaterelevance@gmail.com). ~Your San Diego Senior Specialists





Their new 6,000-square-foot location at 1019 Garnet Ave. will allow for a capacity of 125 people.

## Bad Axe Throwing grand opening in PB on July 20

With more than 18 locations across North America, Bad Axe Throwing is opening its doors in Pacific Beach July 20-22.

Their new 6,000-square-foot location at 1019 Garnet Ave. will allow for a capacity of 125 people. Bad Axe Throwing will allow guests to bring in or have delivered non-alcoholic drinks and catered food at no extra charge in their establishment. The business is applying for an alcohol license to serve beer and wine.

"We want to be the go-to bar and hangout spot in San Diego," said Mario Zelaya, president and CEO of Bad Axe Throwing.

Bad Axe Throwing is holding a free grand opening open house, the weekend of July 20-22. More than 2,000 San Diego residents have expressed interest in the open house event on Facebook.

"Our open houses are legendary. We'll be giving away T-shirts, group events and signing people up to our axe throwing leagues. It's going to be a very busy weekend," Zelaya said.

Serving Americans with quality, active-entertainment, Bad Axe Throwing coaches are trained in axe throwing techniques and safety guidelines. They provide private events for groups looking to celebrate a birthday, bachelor/bache-

### BAD AXE THROWING

**Where:** 1019 Garnet Ave.

**Hours:** 7 a.m. to 9 p.m. daily.

**Info:** badaxethrowing.com, 888-435-0001.

lorette party, corporate event or any other special occasion.

"We haven't officially opened up our doors yet and we're already getting people booking events with us in San Diego. It's a testament to how popular we've become across the U.S.," Zelaya said. Each location creates a fun and inviting atmosphere, built on the belief that anyone can learn a new skill regardless of age or ability.

"People are looking for new forms of entertainment that are interactive and completely different. Axe throwing is really a traditional hobby that we've turned into a unique experience. It's a perfect way to celebrate any occasion. I like to call it bowling 2.0," Zelaya said.

As part of the World Axe Throwing League, the governing body of the sport of urban axe throwing, Bad Axe Throwing will offer axe throwing leagues in San Diego. It will allow local residents to compete at a local and global level. People with group sizes as small as six or as large as 125 can book an axe throwing event online.

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## Volunteers remove 1,493 pounds of trash from beaches after July 4th

More than 525 volunteers gathered at four popular beaches on July 5 to assist with the Surfrider Foundation San Diego's annual post-Fourth of July "Morning After Mess" beach series.

By midday, Surfrider volunteers had recovered more than 1,493 pounds of trash and recycling, which otherwise would have been washed into the sea adding to the already critical pollution problem devastating the world's oceans.

Surfrider volunteers hosted four cleanups in collaboration with I Love a Clean San Diego and San Diego Coastkeeper from 9 a.m. to noon, at the Ocean Beach Pier, Fiesta Island, Crystal Pier in Pacific Beach and the Oceanside Pier. These cleanup sites were chosen because of the high concentration of beachgoers and notorious reputations for

post-4th of July trash.

Few holidays generate more trash on San Diego County beaches than the Fourth of July. Unfortunately, the majority of this litter is made up of single-use plastic, which exacerbates an already critical pollution problem devastating marine life in the world's oceans. This year's Morning After Mess recovered more than 8,000 cigarette butts, more than 1,535 plastic food wrappers, and a variety of obscure items including a garage door opener and a head massager.

"The more people visit the beach, the more trash ends up on the beach. But it doesn't have to be that way. Most of what our volunteers pick up could be avoided if we chose reusable items instead of single-use ones," said San Diego Chapter coordinator, Mitch Silverstein.

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# Have fun in Mission Bay with jet skis, wake surfing, sailing and hot tubs

By DAVE SCHWAB | BEACH & BAY PRESS

In San Diego, summertime fun in the sun means on the water too. In Mission Bay, water-sport rental companies fulfill every need and nuance in aquatic recreation, furnishing an almost inexhaustible array of watercraft.

Patrons can rent everything large and small from boats and jet skis to paddle boards, kayaks, aqua cycles, bicycles and peddle boats. There are even floating hot tubs and airborne flyboards using pressurized water pumped through hoses to propel users skyward.

Locals and tourists alike can indulge their every whim taking full advantage of San Diego's activities-based, water-sports culture. Following is a rundown of bayfront recreation companies and the rentals and services they provide.

## ADVENTURE WATER SPORTS

(Two locations)

2211 Pacific Beach Drive

858-581-9300

1710 W Mission Bay Drive

619-226-8611

adventurewatersports.com

Adventure Water Sports' motto is: "Don't waste your valuable time driving around and towing someone else's equip-



Cruise the water on a jet ski from Mission Bay Sportcenter, or learn to sail on a Hobie from Mission Bay Aquatic Center.

PHOTOS CONTRIBUTED

ment or driving 5 mph. Rent from us and just hop on, and go."

For watersport enthusiasts, and the industry catering to them, it's Christmas in July, noted Andrew Points, Adventure Water Sport's general manager. Asked what's hot now in rentals, Points said, "Everything is hot right now. In summer we sell out of everything. We're always busy."

What's the most trendy watercraft to rent?

"Wave runners, jet skis," answered Points, adding the personal water craft, rent for \$110 an hour with all-day special rates available.

"People can ride them in Mission Bay at full speed in a pretty big area," said Points,

adding the most difficult thing about renting jet skis in the mid-summer peak season is making a reservation.

"Right now we're booked the whole day," said Points advising prospective clients "to book at least a day, maybe even a couple of days in advance."

Adventure rents ski boats ranging from 19 to 24 feet as well as a pontoon boat. Stand-up paddle boards rent for \$25 an hour, \$35 for two hours and \$60 for four hours. Patrons must be 18 to rent.

## MISSION BAY AQUATIC CENTER

1001 Santa Clara Place

858-488-1000

mbaquaticcenter.com



Last year, Mission Bay Aquatic Center rented to 30,000 patrons helping them experience surfing, sailing, wake boarding, wake surfing, stand up paddling, waterskiing, rowing, kayaking, and windsurfing first-hand. The company has taught tens of thousands of others how to safely enjoy water sports during its 45-year existence hosting lessons, parties, picnics and classes for all manner of watercraft.

MBAC director Kevin Straw said post-July 4th is the peak of their summer beach-rental season. "Especially when the holiday falls in the middle of the week, as it did this year, with people taking time

out before and after to do stuff and travel," he said.

Straw noted MBAC, operated jointly by UC San Diego and San Diego State University, utilizes three buildings at Santa Clara Point in Mission Beach.

"We operate a kids program and the water sports camp for university students, which is open to the public including community members as well as tourists," said Straw. "We are primarily an educational facility, with a rental program whose goal is not just to rent people equipment, but to teach them how to use it properly and safely."

SEE **WATER**, Page 8



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**WATER >>**  
**CONT. FROM PG. 7**

Added Straw, "When you rent a paddle board or a kayak from us, it comes with a lesson before you go out, which differentiates us."

Concerning what's trending with rentals at MBAC, Straw replied: "We're finding that sailing has become more popular for youths this summer. We also have educational programs where people learn about marine sciences as well as STEM activities."

MBAC sees a full spectrum of ages in its programs and equipment rentals. "We have a wide variety of people from all over the Southwest from as young as 6 to as old as 80 out there on the water," Straw said. "It's a great way to get out there on Mission Bay and find out what San Diego has to offer, that you don't see in other places."

**MISSION BAY SPORTCENTER**

844 W. Mission Bay Drive  
858-203-3421  
missionbaysportcenter.com

Billing itself as the largest public water-sports facility in San Diego, the services provided by MBSC include boat rentals, tours/classes and jet board and jet ski rentals. The company also rents power boats, sailboats, hot tub cruises and jet packs. MBSC even offers paddle boards with LED lights for night tours.

"One of our main attractions is jet skis," said MBSC manager Matthew. "Jet-pack rentals are also popular, as are our hot-tub boats."



The still-popular waterskiing is available at Mission Bay Aquatic Center or try the new trend of wake surfing with Freedom Boat Club. PHOTOS CONTRIBUTED

MBSC has something for every individual, group or family. Added Matthew, "Paddle-boards and kayaks are always good family fun – and a big hit."

MBS also has kid-oriented "lily pads," two-inch thick, 20-foot long by six-foot wide floating rectangular foam play pads.

For the more adventurous, MBSC has water-propelled flyboards. "You put on wakeboard boots and a jet-ski pack with hoses that sucks up water and propels

you several feet into the air turning you into Ironman, Superman, Aquaman or the Rocketeer," Matthew said.

The pride of Sportcenter's fleet is its 47-foot charter Malarky luxury Catamaran accommodating up to 12 passengers. It can be rented for corporate or group events, weddings, whale watching, etc.

"The Malarky is our one piece of equipment that goes out on private tours," said Matthew.

**HOT TUB CRUISIN**

1010 Santa Clara Place  
619-905-5100  
hottubcruisin.com

Speaking of luxury, it's tough to beat cruising around Mission Bay in a hot tub for relaxing in style. Hot Tub Cruisin's pontoon-style hot-tub boats were the first ever to ply Mission Bay. The company, which

operates out of Mission Bay Sportcenter, just celebrated its fourth anniversary.

Pontoon-style craft seating up to 10 are rented out for a flat rate of \$215 an hour for up to four hours. There is a sound system on board connecting to musical devices, as well as an optional propane grill, a 50-quart under-seat cooler, a six-quart "in-hot tub" cooler, dry storage for

SEE **WATER**, Page 10

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Hot Tub Cruisin has become a favorite of millennials.

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## WATER >>

CONT. FROM PG. 8

personal belongings and additional deck seating.

The company's initial rollout has been so successful, plans are in play to expand and franchise," said co-owner Taylor Rhodes. "We now have a second boat, and we're looking to add a third boat, and another location, while simultaneously building out our boat-sales model," said Rhodes, adding custom hot-tub boats can be made to order from scratch. "We're looking to build them for personal use and franchise partnership," he added.

Rhodes said the target market for Hot Tub Cruisin is "young adults, tourists, corporations, groups and university students."

"We're really hitting the spectrum here," he added. "What we've found is that everybody wants to rent hot-tub boats, whether it be for a 5-year-old's birthday party or an 80-year-old's retirement."

Rhodes said their hot tubs are "accessorized" furnishing water slides, hooks and floats for kids, as well as offering barbecuing opportunities on-deck.

"It's a unique way to cruise around on the bay," he concluded.

### FREEDOM BOAT CLUB

2630 Ingraham St.

888-781-7363

freedomboatclub.com

This year's hot water sport in San Diego is wake surfing - wake boarding's safer and more thrilling counterpart. Wake surfing brings all the fun of surfing out on

the water, but with no paddling out and a perfect wave that lasts as long as you want.

Here's how it works: you go out in a boat with your friends or family and create the ideal surfing wave in the wake of the boat. Surfers use a specially designed smaller wakesurf board and use a rope to get in place behind the boat, then let go a free surf for as long as they keep their balance in the wake wave. Since the boat is only going about 10.5 mph, and you're not strapped into the board, it's much safer than wakeboarding and falling into the water is much more gentle on the body.

Dan Hasbrouck, president of Freedom Boat Club, has added wake-surfing boats to the fleet on Mission Bay. As a member of Freedom Boat Club, members have access to this boat as well as more than 27 boats at two locations.

# Summer Camps

## The Facility Summer Dance Camp

Make this summer the best summer yet and join The Facility Dance Studio at any of their nine hip hop dance camps located in Pacific Beach. Some of the top dancers and chore-

ographers in the industry will be leading these energetic and creative camps. Each camp will provide a new and unique experience for each camper. Kids of all skill level are welcome. All dancers, ages 5 through 17 can come advance their skill set and have a great time on and off the dance floor. Each camper will have the opportunity to train in hip hop,

breakdancing, popping and locking and be exposed to many other styles and genres with in the hip hop culture. Camps run through June, July and August. There is a spot on the dance floor for anyone who wants it! See you this summer. For more information and to register visit [www.thefacilitysd.com](http://www.thefacilitysd.com).

## San Diego Junior Theatre

Join Junior Theatre this summer and experience the wonderful world of Performing Arts where campers will take classes in acting, dance, and singing. Musical Theatre, Acting, Performance and Advanced camps available in Balboa Park. To register or for a list of dates, descriptions & pricing visit [juniortheatre.com](http://juniortheatre.com). Register early as our camps fill quickly. (619) 239-1311.

## German Language Summer Camps

Does your child speak German? How about a German language camp at German Pacific School San Diego? GPSSD offers four weeks of very creative, imaginative camps with many hands-on projects. This year's topics "Princesses, Knights and Dragons" (a fairy tale journey through Europe), an "Artist's workshop" and "European Children's Book Characters". (See detailed plan on website.) GPSSD, a nonprofit school with four locations in La Jolla, Clairemont, Carmel Valley, and Poway, also offers classes on Saturdays and on weekday afternoons. The younger students learn German by playing, singing, theater, stories and games. Later the students focus on reading and writing. During their

time at GPSSD students take different exams which lead to the AP exam and the German Language Diploma (DSD I and II). The DSD II exam is proof of the language proficiency for students applying at German universities. Registration for Summer camps is now open! More info: [gpssd.org](http://gpssd.org) 858-461-9118 or [emailgermanpacificschool@gmail.com](mailto:emailgermanpacificschool@gmail.com)

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# Galactic Empire to rock rebel swine at Brick by Brick

By BART MENDOZA | BEACH & BAY PRESS

There are always a lot of fun events surrounding San Diego's annual Comic-Con week. One of the most notable will take place on July 20 at Brick by Brick, with an appearance by Galactic Empire, a hard rock Star Wars tribute band that performs in full costume. Unlike many costumed tribute acts, Galactic Empire's music isn't a parody, but instead performs instrumental reinterpretations of the movies various soundtrack cuts.

The band both looks and sounds good, with Darth Vader on lead guitar, Boba Fett on drums and various minions filling out the rest of the band. Science fiction fans will love this show, but it will appeal to most music fans. Even without the costumes, these guys rock.

**Galactic Empire: Friday, July 20 at Brick by Brick, 1130 Buenos Ave. 8 p.m. 21 and up. [brickbybrick.com](http://brickbybrick.com).**

There is no doubt that the biggest music event

in San Diego of 2018 will be the KAABOO Festival, taking place on Sept. 14-16 at the Del Mar Fairgrounds. Such major talent as Katy Perry, The Foo Fighters and Robert Plant will be among the dozens of performers taking part. On July 13, the Quartyard will host the Discovery Tour, a special concert featuring local artists, with audience members voting on their favorites. It's an incredible opportunity for any musician, with the winner scoring a spot at this year's KAABOO festival. Performers will include The Desert Rhythm Project, Lindsay White, Sweet Tooth and Sophia Dion. This is a great chance to help one of your musical favorites get closer to their dreams.

**KAABOO Discovery Tour: Friday, July 13 at The Quartyard, 1301 Market St. 6 p.m. [kaaboodelmar.com](http://kaaboodelmar.com).**

Anyone who enjoys the golden age of surf music, roughly 1959-1964, will love The Tourmaliners, who perform at Tio Leo's on July 17. The band, which includes top area

drummer Jake Najor, plays vintage tracks that were created to fill dance floors, specializing in tunes by the classic artists of the era.

**The Tourmaliners: Tuesday, July 17 at Tio Leo's, 5302 Napa St. 9 p.m. 21 and up. [tioleos.com](http://tioleos.com).**

Saxophonist Ian Bluss performs at Dizzy's on July 21. One of the area's top players, he's

put together a great jazz all-star quintet for an evening of what's billed as "Favorite Songs." On hand will be vibraphonist Matt DiBiase, bassist Mackenzie Leighton, drummer Julien Cantelm and pianist Danny Green, the latter a three-time San Diego Music Award winner, including the 2018 trophy for "Best Jazz Artist." This show is a wonderful opportunity to hear the work of five of the major reasons for that musical renaissance.

**The Ian Bluss Quintet: Saturday, July 21, at Dizzy's at Arias Hall, 1717 Morena Blvd. 8 p.m. [dizzysjazz.com](http://dizzysjazz.com).**

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## MISSION >> CONT. FROM PG. 4

"This primary plus one [condition] is very misleading and is causing a lot of confusion," said Wonacott. "Is there any limit on the number of hosts? Can they be

husband and wife?"

In previous comments following issuance of the mayor's vacation-rental plan, Wonacott commented: "The mayor's STRO proposal is a ruse, a plan to proliferate short-term vacation rentals all over the coastal communities, covered up by a very effective PR campaign."

Concerning the mayor's proposed short-term plan, District 2 Councilmember Lorie Zapf said: "I share the concerns of the Mission Beach Planning Board and do not believe that the community should be excluded from the mayor's draft proposal, with no host limits. I plan to request that the same citywide restrictions on hosts apply equally to Mission Beach, as they do to the rest of San Diego."

Asked why Mission Beach was exempted from the mayor's vacation-rental plan, Craig Gustafson, the mayor's senior director of communications, replied, "There are no limitations on the number of licenses available to hosts within Mission Beach, given the long history of vacation rentals and unique character of the community."

Giving his take on why Faulconer left Mission Beach out of his reform vacation-rental plan, Noah Mechanic, of Sea Breeze Vacation Rentals in La Jolla, said, "The reason it makes sense is that Mission Beach is very unique, with easy access from the freeway and safe, lifeguarded beaches with no rocks and a family friendly boardwalk."

Pointing out that Mission Beach "has more multi-family duplexes, triplexes and quadplexes than anywhere else on the coast," Mechanic noted Faulconer's proposal would be unfair to existing Mission Beach vacation-rental owners with multiple properties.

"If an owner had three or more rental units in one building, they could only get one permit under the mayor's plan," he said. "What about the other two (or more) units?"

Concluded Mechanic: "Mission Beach's history and architecture is so unique that it deserves a carve out. It just does not fit into the rest of San Diego."

Faulconer's proposal is available at sandiego.gov/short-term-residential-occupancy.



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Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

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# PAWS program helps homeless keep pets healthy, happy

By LUCIA VITI | BEACH & BAY PRESS

Pets and people. Love and more love. It's just that simple. Sharing a life with a pet is all about love. Pets love – unconditionally – without judgement. And humans provide comfort with crunchy treats, bouncy balls, games of tug-of-war and hide-n-seek, squeaky toys, fluffy beds and lap naps. Seeking little, much is given. To both.

For those who are homeless, animal companions are a lifeline. As homelessness increases, statistics show that pet ownership among the homeless is also on the rise. Whether transitioning from their homes with their pets or adopting them while on the streets, four-legged fur and two legged-winged babies now serve as the consummate soulmate.

PAWS San Diego, a division of the San Diego Humane Society, works with the homeless to keep their pets. Because PAWS “recognizes and appreciates the unique bond shared by pet families experiencing homelessness,” they work with service organizations as a “one-of-a-kind safety net.” Assistance includes food, supplies and in some cases, essential care. Scheduled distributions take place at San Diego Humane Society campuses, outreach events and supplemental food assistance sites.

“PAWS keeps pets with their people,” said Geraldine D'Silva, the director of PAWS San Diego. “Home is where the heart is, so if pets are with their persons, and home is the streets, then they're home.”

Recently expanding their partnerships to include San Diego service



**Pet owners have free access to food, beds, blankets, pet bowls, bottles of water, carriers, collars, halters, rain jackets, clothing, balls and toys at Sacred Heart Church in Ocean Beach.**

LUCIA VITI / BEACH & BAY PRESS

groups, PAWS now works in tandem with the soup kitchen at Sacred Heart Church in Ocean Beach. Food is distributed every other Tuesday to owners and pets. Although dogs reign as the most popular pet, cats and birds occasionally appear.

Owners have free access to food, beds, blankets, pet bowls, bottles of water, carriers, collars, halters, rain jackets, clothing, balls and toys. Light goodie bags, “easy-to-carry backpacks,” are also provided as to not overburden what many already cart around daily. Dog food packages weigh no more than eight pounds and cat food weighs no more than four.

“Sometimes, owners just pick a ball to keep their dog occupied,” continued D'Silva. “They love their pets so much, it's not just about what they need, it's about what their pets enjoy.”

According to D'Silva, last year PAWS supported 2,500 pet families,



which included the homeless. Despite soup kitchens serving the homeless, many will forgo a warm meal because they refuse to leave their pets outside. Sacred Heart Church openly welcomes pets and people.

“Many owners will feed their pets before they'll feed themselves,” said D'Silva. “And many won't leave their pets outside while they congregate inside for a meal. Sacred Heart Church opens its doors to both.”

PAWS also assists with pet-sitting for those venues who insist that pets remain outdoors.

“And oddly enough,” continued D'Silva, “socializing with these dogs isn't always easy. They don't want to be with us. They're attached to their owners 24/7; that's all they have and that's all they know. They're not looking for attention from anyone else.”

D'Silva described pets as a safety measure and a source for purpose and

## PET ASSISTANCE

**Where:** Sacred Heart Church,  
4776 Saratoga Ave.

**When:** Alternate Tuesdays 6 to 8 p.m.

stability for the homeless. Owners will “avoid getting into trouble to ensure they're able to care for their pets.

“These animals play a major role in the emotional well-being of their owners and the way these men and women live because they're with them all of the time,” she said. “The bond is so very different from ours – we leave our pets. These dogs and cats are never without their owners.”

D'Silva also noted that PAWS works with victims of domestic violence living in their cars.

“We provide pet everything – deodorizer, wipes, shampoo, grooming tools, beds – whatever is needed for living in the car so owners can concentrate on what they need to do for themselves,” she said. “We provided partnership with a dog boarding facility for one woman living with her dog in her car while she used the library to look for a job. And we found care for the dog as she interviewed.”

Although limited, PAWS also provides emergency boarding for owners who are hospitalized.

“One gentleman came to us with a dog that never left his side for but six hours his entire life,” explained D'Silva. “He couldn't breathe. But he refused to go the hospital because he didn't want to leave his dog. We found care for the dog. And just in time.”

**READ MORE ONLINE AT** [sdnews.com](http://sdnews.com)

## SD Diplomacy Council's Cuba trip needs cultural ambassadors

In spring 2019, the San Diego Diplomacy Council will be partnering with Cuba Cultural Travel to offer a citizen diplomacy trip to Cuba from March 1-8.

The itinerary includes visits with professors, former diplomats, young journalists, farmers, artists, historians and alumni of U.S. exchange programs across the country in the cities of Havana, Artemisa, Cienfuegos and Trinidad. Citizen diplomacy is the concept that the individual has the right, even the responsibility, to help shape U.S. foreign relations, “one handshake at a time.” Embrace your citizen diplomat self and join this delegation as they tour around the island and learn about Cuba's past, present and future from Cubans themselves.

To learn more, the San Diego Diplomacy Council will hold an information session at 5:30 p.m. on Tuesday, July 24 at restaurant Havana 1920, 548 Fifth Ave.

“We believe that there is magic that happens when people of two different countries meet for the first time,” said Diplomacy Council executive director Fabienne Perlov.

# Kuma's short time here gives many an new appreciation of life

By GILLIAN WEINSTEIN | BEACH & BAY PRESS

From endless games of tug-of-war, to peaceful walks by the beach, the bond with our lovely four-legged friends will always be strong. Kaelin Munkelwitz, professional dog trainer and founder of All Things Pups ([allthingspups.com](http://allthingspups.com)), understands this connection to tail-waggers better than anyone.

At a young age, Munkelwitz knew that she had a gift: an ability to connect with and understand any dog she came in contact with. From age 3, she knew she wanted to be a veterinarian. That dream was later shattered when she interned at an animal hospital and discovered “it was all about money and politics.”

In search of a job that was geared toward truly helping animals, she noticed a lot of people coming to her for advice in regards to caring for their newly acquired dogs. She soon discovered that this skill came easy to her and turned it into a business, All Things Pups, that uses 100 percent positive reinforcement training on all dogs.

‘[Kuma] showed me what it means to be a true fighter, and how it's possible to remain positive even in the hardest of times.’

**ABBY SPENCER**  
PACIFIC BEACH RESIDENT

Last year, her celebrity dog training business led her to Kuma, a sweet, rescue Akita puppy. “Kuma had the sweetest little soul and was the most appreciative dog I've ever known,” Munkelwitz said. Unfortunately, Kuma had many rare juvenile medical issues, such as immune-mediated polyarthritis and steroid-responsive meningitis.

On one of the first days under Munkelwitz's care, Kuma began having seizures and spiking fevers. With the hope that it was nothing too serious, she rushed him to the hospital, where she was told Kuma had less than a 10 percent chance of making it through the night.

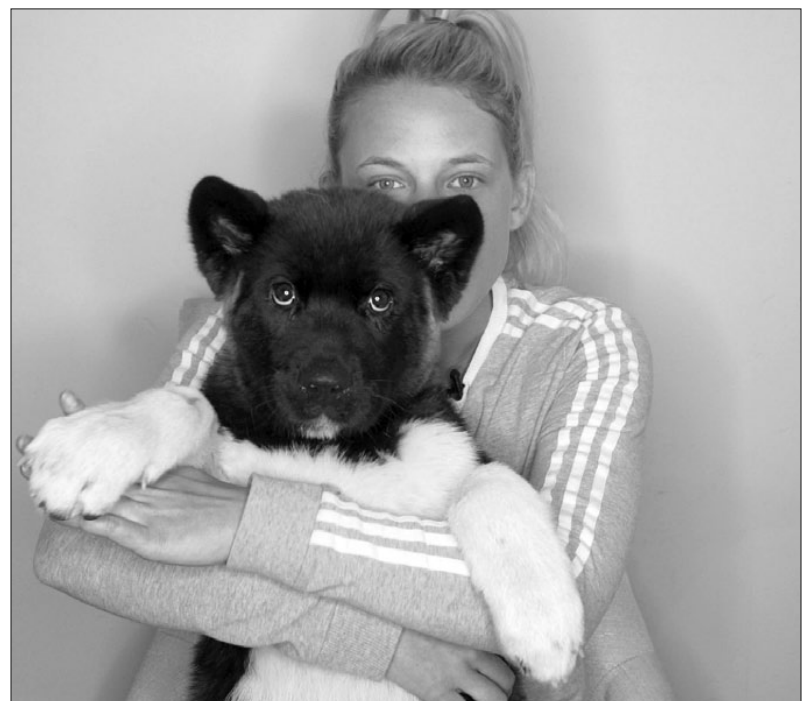
The original owners wanted to put him down because they knew how costly his medications and procedures would be, but Munkelwitz

wasn't going to let that happen. From that night on, she did everything she could for Kuma to have the best life possible.

The next eight months of Kuma's life was a “huge rollercoaster” as Munkelwitz described. “Some days I was up until four in the morning making sure his fever went down, not to mention the trips to the doctor about three or four times a week.”

Even through all the expenses that came with Kuma's condition, Munkelwitz loved him unconditionally. Every good day he had was valued and spent at fun places like a dog beach, Lake Poway, coffee shops, or just walks around the block. These are the memories that Munkelwitz will treasure forever.

Abby Spencer, a Pacific Beach resident and Munkelwitz's high school



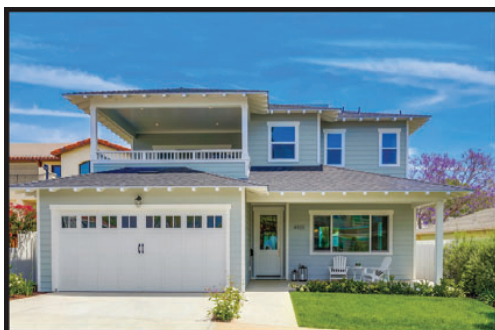
**Celebrity dog trainer Kaelin Munkelwitz with Kuma.**

intern, said: “[Kuma] was the most grateful dog I have ever met, always sweet, calm, content, and willing to please. He showed me what it means to be a true fighter, and how it's possible to remain positive even in the

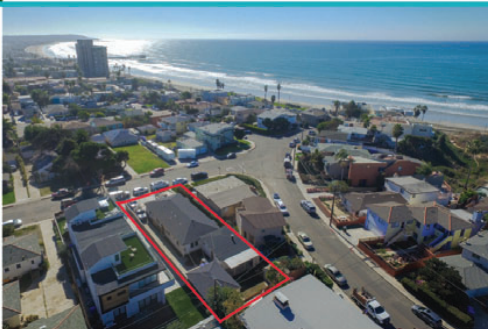
hardest of times.”

Kuma touched many lives in the short 11 months he got, but he made the most of it by teaching people to go through life with a wagging tail, even if times get tough.



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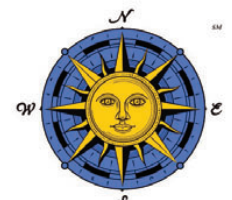


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pro·cras·ti·na·tion

**noun** the action of delaying or postponing something.  
"your first tip is to avoid procrastination"



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