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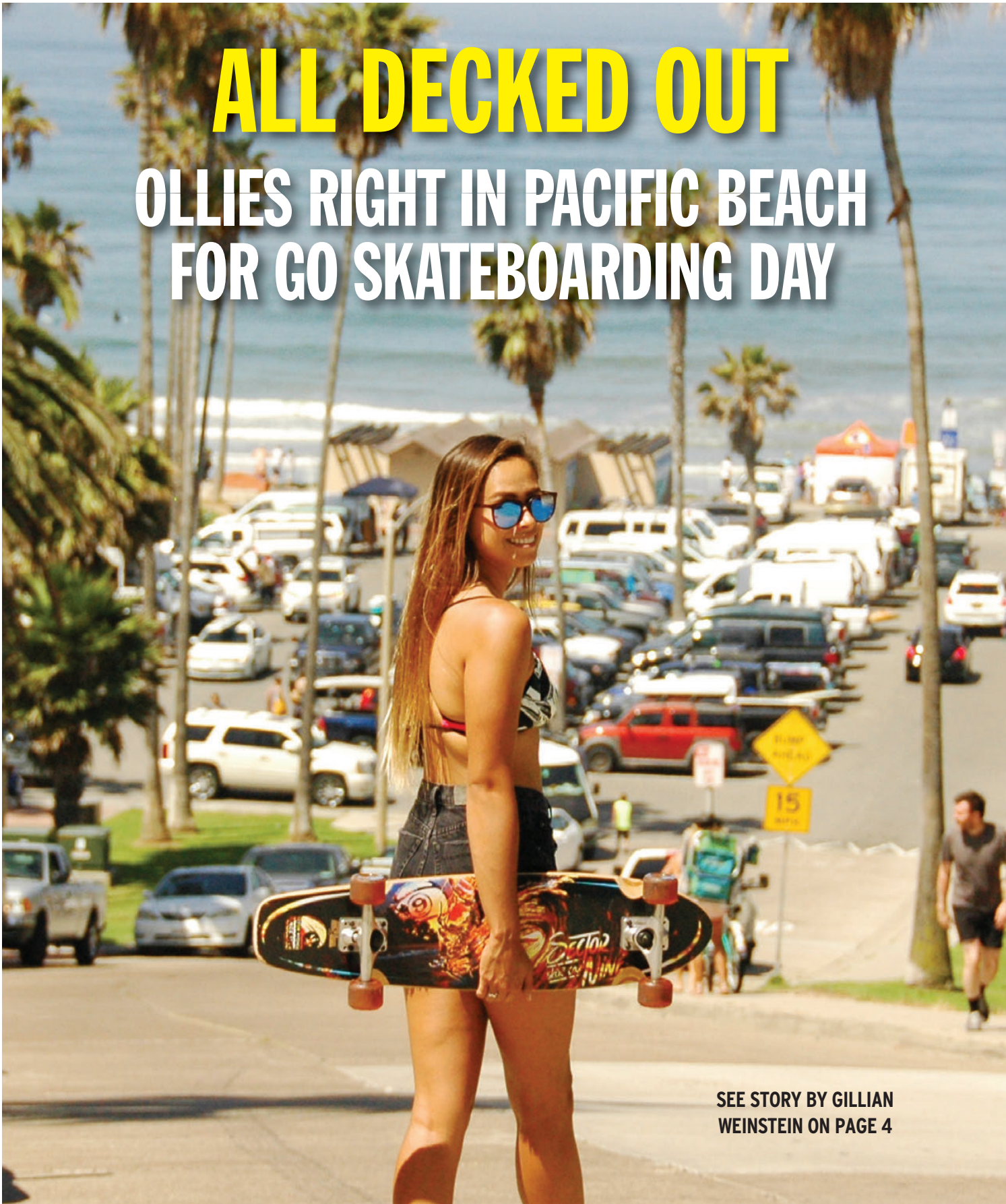
THIS WEEK



Ciara Gray is Mission Bay High's valedictorian
 SEE PAGE 13



Local entrepreneurs create eco-friendly sunblock
 SEE PAGE 13



SEE STORY BY GILLIAN WEINSTEIN ON PAGE 4

Izzy Poulin shows the deck design of her Sector 9 skateboard before riding at Tourmaline in North Pacific Beach. THOMAS MELVILLE / BEACH & BAY PRESS

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The repainted sign is located at the intersection of Pacific Beach Drive and Mission Boulevard.

Repainted welcome sign brightens Mission Beach

By GILLIAN WEINSTEIN | BEACH & BAY PRESS

Thanks to former Mission Beach resident Chris Cott and friend Tom Plonka, Mission Beach welcomes beachgoers with a brighter, more dazzling introduction. The two men spent two days this past week restoring one of the colorful welcome signs for Mission Beach, located at the intersection of Pacific Beach Drive and Mission Boulevard near the Catamaran Resort and Spa.

This sign was originally designed, built, and painted by Cott in 2006, with the intention of conveying some of Mission Beach's most well-known aspects. It lasted about five years, calling for its first renovation in 2011. With the UV clear that was recently painted on top, the sign should last at least another 10 years.

"It is important to renovate the signs when they start to wear and tear because it gives the impression that the community cares," Cott said.

The positive impact that Cott's upgrade has had on the community is just what he had hoped for. He said that "lots of people honked and even stopped to say 'thank you'" as he and Plonka were repainting the sign.

Cott also mentioned that the Mission Beach Town Council had a plan to place solar lights around the perimeter of the sign so it can shine at night. If all goes to plan, people will be able to admire the work of art even after the sun sets.



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OCEAN VIEWS

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In escrow in under 1 week

1968 Oliver Ave.

2BR | 1BA | 712 sq. ft. | Offered at \$849,000

Get into this adorable beach bungalow just in time to enjoy your summer the right way...just TWO blocks from the bay! Upgrades include hardwood flooring, granite counters, stainless steel appliances, recessed lighting, new windows, plantation shutters and ceiling fans. The spacious backyard will be your go-to for entertaining guests and relaxing on a sunny day! Conveniently access your 1-car, detached garage and additional parking space from the alley. Call now to schedule your showing!



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Due to Scott's connections and local knowledge, he was able to secure an off-market property for his buyers who had been searching for the perfect North PB home! SOLD for \$1,100,000!

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Marianne Kendall
(619) 708-3523
mariannek@coldwellbanker.com
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(619) 857-8930
mel.burgess@coldwellbanker.com
CalBRE# 01874411



JUST LISTED!

Spring Valley | \$599,000

Spring Valley investment opportunity! Two 3 br 2 ba spacious units. Each unit is equipped with an attached 2 car garage and private front patio/yard.

Mel Burgess
(619) 857-8930
mel.burgess@coldwellbanker.com
CalBRE# 01874411

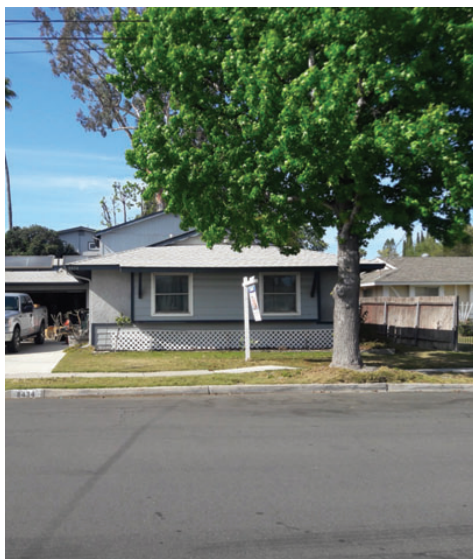


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North Park | \$2,199,000

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Marie Tolstad
(858) 705-1444
marie.tolstad@gmail.com
CalRE# 00555757



San Carlos | \$649,000

Opportunity 4 br 3 ba Home / MLS#180021693



Chula Vista | \$1,050,000

Amazing 4 br 4.5 ba home / MLS#180027157



JUST LISTED!

Pacific Beach | \$5,395,000

Enjoy coastal living at it's finest in this gorgeous 3 br 3.5 ba bay front estate. This tropical paradise is located in the highly sought after, rarely available Braemar Lane.

Chris Love
(619) 922-4062
chris.love@coldwellbanker.com
CalRE# 00586103



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1958 — The skateboard is made from roller skates attached to a board in Southern California. As surfing becomes popular, "sidewalk surfing" becomes a way to surf when there are no waves.

1973 — With the invention of urethane wheels and fiberglass boards, new possibilities emerge as banks and curves become skateable, and skating is never the same.

1982 — The Bones Brigade Video Show, which includes Stacey Peralta, Steve Caballero, and Tony Hawk, starts producing skateboarding videos that will reach kids all over the world.

2000 — Robb Field Skatepark in Ocean Beach, constructed by the City of San Diego, opens February 2000. In 2004, International Association of Skateboard Cos. conceives Go Skateboarding Day.

1958

1963-66

1973-75

1976-78

1980s

1990s

2000s

SOURCE: TEACHER.SCHOLASTIC.COM

1963 — Surfboard companies start making better-quality skateboards with clay wheels. The first skate contest is in Hermosa Beach. In 1964, Jan and Dean sing "Sidewalk Surfing" on "Dick Clark's American Bandstand." Skateboarder magazine debuts.

1977 — The California drought forces homeowners to drain their pools, and skateboarders use the new spaces. New tricks are invented daily — aerials, inverters, and the ollie.

1995 — Skateboarding takes a giant step into the mainstream with ESPN's Extreme Games, becoming more of a spectator sport. By the late '90s, skating appears in mainstream commercials.

SOCAL'S LOVE AFFAIR WITH SKATEBOARDING

By GILLIAN WEINSTEIN | BEACH & BAY PRESS

In Pacific Beach, skateboards are more than just a piece of maplewood with wheels. Skateboards are a method of transportation, a statement of identity, and are deeply ingrained in the vibrant beach culture.

As the international "Go Skateboarding Day" approaches in San Diego (on June 21), area skate shops are organizing skate sessions, barbecues, and competitions that will gather the skating community together for fellowship, to raise awareness of the cause, and, of course, to have fun.

So how did skateboarding become the wheels of a generation in SoCal? The Beach & Bay Press asked several local skate shop owners about skateboarding's appeal.

"Skateboarding became popular because of the strong surf culture, which ultimately led to skate culture because there is a lot of overlap between the two," said Pablo Lanatta, owner of Adrenalina Skate in La Jolla.

Paul (Pablo) Smith, owner of Soul Grind Skate Shop in Pacific Beach, spoke about his experience in the skating community, saying that the



Adriana Olmos and Deanna Naegele show their love of skateboarding in PB.

ERICK NELSON / C.O.V.E PHOTOGRAPHY

mon way to celebrate Go Skateboarding Day is to purchase new equipment, and locally-owned shops are a great place to start.

Tyler Ashton, general manager at Sun Diego Boardshop in Mission Beach, says that most shops that sell skating equipment actually stock the same products, only the

Adrenalina Skate is holding its annual skate event. Every year, the skate shop typically meets at a secret location that is announced shortly before the day, and skates in a group around the beach area.

Lanatta also expressed his love for skating and how it benefits the environment by reducing the

where they have a cookout to unite the community.

Andrew Stoner, general manager of Ocean Beach Surf and Skate, explained that OB has a large number of skaters mainly because of the culture that the community emits. He described this culture as "a Bohemian vibe," further clari-

'Not only is skating a good alternative mode of transportation to keep you fit, but it also gets people out of their cars, which keeps the air clean.' - PABLO LANATTA, OWNER OF ADRENALINA SKATE IN LA JOLLA

connection is strong because it is created through a passion for a thrill-seeking sport. He also brought up the originality factor within the community of skating.

"There is a strong community of skaters," he said, "but each person has a different style, does unique tricks, and follows a certain brand to express themselves."

According to reports, the skateboarding market is worth an estimated \$4.8 billion in annual revenue with 11.08 million active skateboarders in the world. A com-

brands are different. He mentioned that it is important to know that some brands are owned by big corporations and don't actually benefit the skating community.

"Brands owned by skaters are a better option to buy from because you know that the owner of the company is in it for the passion of skating," Tyler said. Some skater-owned companies that Tyler mentioned are Sk8mafia, Creature, and Santa Cruz.

If you are looking to be active on June 21, Lanatta says that

amount of motorized vehicles on the streets. He wants to share that message with the people outside of the skate community.

"Not only is skating a good alternative mode of transportation to keep you fit, but it also gets people out of their cars, which keeps the air clean," he said.

Another event will take place at Robb Field Skate Park in Ocean Beach, City of San Diego's first skatepark. Ocean Beach Surf and Skate organizes a ride every year from the store to the skate park,

fying that "Ocean Beach is a perfect beach area for people that enjoy the freedom of just riding around in the streets."

Ocean Beach Surf and Skate is known for being a family friendly skate shop that promotes and supports local skate companies. Revoked, a company that keeps its focus on the "lighter side of skating" while ensuring they give back to the community, sells their boards in OB Surf and Skate.

READ MORE ONLINE AT sdnews.com

ESSENTIAL SURF SHOPS

SOUL GRIND SKATE SHOP

4645 Cass St., soulgrind.com

Soul Grind Skate Shop is a family owned business that is specifically geared toward skateboarding. The staff is knowledgeable about skateboarding and the different brands that are offered in the store, but also other brands being sold.

This skate shop also has a huge selection of decks and all parts of the board, giving shoppers the option to build their own board or purchase one already completed.

OCEAN BEACH SURF AND SKATE SHOP

4940 Newport Ave.,
obsurfandskate.com

Ocean Beach Surf and Skate Shop is a great place to go for skating lessons, camps, and clinics for ages 6-16. They offer a community for new skaters to learn beginner tricks. They also offer a lot of safety equipment for starters.

ADRENALINA SKATE

5745 La Jolla Blvd.,
adrenalinastore.com

Adrenalina Skate Shop is family friendly, offering equipment for men, women, and children. They also have a price match guarantee where they will match lower prices found at competing stores. They also hold many events for the skating community to participate in.

Every Sunday they have a "dock session," where riders of all levels meet at the Broadway Pier and freestyle skate. In addition, every Tuesday during the summer they have an event called "Taco Tuesday Skate," which is a skate session down the Pacific Beach boardwalk to Mission Beach and back, followed by food and drinks with friends.

SUN DIEGO BOARDSHOP

3126 Mission Blvd., sundiego.com

Sun Diego Boardshop is a mini chain with eight different locations around San Diego County. This store offers a huge selection of brands and different style boards.

You can purchase already-built boards or build your own from the parts at the store. The employees at Sun Diego are knowledgeable about skating and suggest great boards or pieces for each individual.

REVOKED

revokedmob.com

Sold at OB Surf and Skate, Clairemont Surf Shop, Slappy's Garage in Linda Vista, Local Skate Shop in Lakeside. Revoked is an Ocean Beach-Point Loma company that makes and sells skateboards.

The company manages the San Diego branch of Skate for Change, which donates skateboards to children in need.

Construction to start in July to replace West Mission Bay Drive bridge

By **ANDREW EAKES & GILLIAN WEINSTEIN**
BEACH & BAY PRESS

San Diego Mayor Kevin Faulconer, along with District 2 Councilmember Lorie Zapf and Public Works director James Nagelvoort, announced on May 30 that construction to replace the West Mission Bay Drive bridge will start in July.

"It has served us well, but like much of the infrastructure in San Diego the time for it to be improved and modernized is long past due," Faulconer said at a press conference near the foot of the old bridge.

This \$110 million project will replace the current four-lane bridge, built in the 1950s, with two separate three-lane structures. The bridge was recently classified as "fracture critical" by the California Department of Transportation.

"This bridge is supported by timber piles, something you don't want to be driving over in the event of a major earthquake," Faulconer said.

The new structures are to be built on either side of the existing bridge, meaning traffic will go uninterrupted for the duration of construction.



Artist's renderings of the completed bridge were on display at the City's announcement. GILLIAN WEINSTEIN / BEACH & BAY PRESS

A temporary bridge will be used on the northbound side to store construction equipment. Once the northbound side is completed, residents and tourists can expect the same procedure for the southbound side.

Once completed, these two parallel bridges will provide not only three

driving lanes on each side, but also a protected Class-1 bike path on both sides and improvements to Sports Arena Boulevard, West Mission Bay Drive and the westbound I-8 off-ramp.

All of this comes as a part of Faulconer's "Proposed Fiscal Year 2019" budget of \$633 million in

one year, making it the largest infrastructure investment in San Diego's history.

The people driving, or biking, won't be the only ones to benefit from the new bridge, but the environment will as well. Zapf noted that the area below the bridge is a 12-acre, sensitive habitat that needs

'When this is done, this bridge is going to be seismically a lot stronger.'

JAMES NAGELVOORT
PUBLIC WORKS DIRECTOR

improvement.

"What will happen is that invasive plants will be removed, and it will be revegetated with native species, which will lead to a better ecosystem and better water quality," Zapf said.

Nagelvoort estimated that this project, being as large as it is, will be completed by 2022, making it an approximately three-and-a-half-year project.

"When this is done, this bridge is going to be seismically a lot stronger, have a much longer life span, and be able to hold up the earthquake activity much better than the current bridge," Nagelvoort said.

Updated information on the bridge construction can be found when you search West Mission Bay Bridge at sandiego.gov.

Pacific Beach Planning Group discusses environmental concerns with trolley stop

By **DAVE SCHWAB** | BEACH & BAY PRESS

Reacting to the draft EIR for the new Balboa Avenue Transit Center, Pacific Beach Planning Group supported increased density for the mixed-use trolley stop providing mobility improvements and proper infrastructure are assured.

The citizen's advisory group responded in a recent letter to the draft EIR sent to the City reviewing numerous environmental concerns. Those included mobility and traffic congestion and mitigation, as well as proposed zoning changes to create higher residential zoning onsite.

The Balboa Avenue Trolley Stop is one of nine planned for the Mid-Coast Trolley under development to extend trolley service from Sante Fe Depot downtown to University City. The extension will end at UTC and serve major activity centers including Old Town and UC San Diego.

Among PBPG's environmental recommendations:

- The draft plan must emphasize creating employment opportunities/job growth via office and live/work space.
- Only allow building height to top 30 feet if it does not impact views.
- Prioritize an expedited timeline for funding improvements on Garnet Avenue and the pedestrian/bicycle connection over/under Interstate 5.
- Proposed Garnet Avenue Class 3

(shared) bike lanes are dangerous and unacceptable. A safe bicycle route needs to be provided from the Balboa Avenue Station to bike routes west of Rose Creek and north of Garnet.

Pacific Beach is becoming certified as an eco-district, with the goal of attaining "sustainable development" while reducing the ecological footprint and impact of community projects.

PBPG's letter to the city in the trolley stop draft EIR reflects the community's emphasis on project sustainability.

"The City should require all development and/or redevelopment to be compatible with EcoDistrict principles and adhere to the most current project design checklist from the PBPG website," said the group in its draft EIR letter. "Rose Creek must be dedicated as parkland and be funded by the city for park services. New development of Rose Creek must celebrate the creek, not turn its back on it. Do not allow walling off of the creek frontage like recent construction behind Sonic Drive-In."

Friends of Rose Creek, an environmental nonprofit, also weighed-in the Balboa Trolley environmental review.

"Rose Creek is the heart of this community and we feel very strongly that by creating a project that recognizes the central role the creek serves in creating our community character, we can enhance the neighborhood for existing and future residents," said

Friends' spokesperson Karin Zirk.

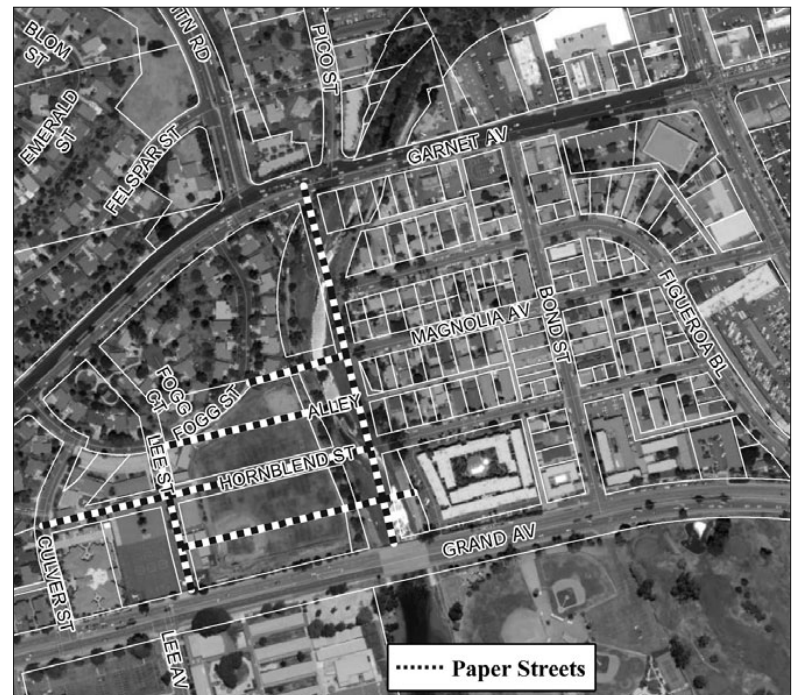
"Unfortunately the plan, as presently written, does not do enough for the creek. We feel very strongly that protections for Rose Creek need to be in place before any zoning changes are approved. Make additional density contingent on pedestrian improvements by assessing developer fees for any density increase, and requiring the pedestrian improvements to be made prior to completion of any new projects."

The Balboa Avenue project is to establish a "specific plan" that would increase residential density by re-designating and rezoning lands to allow for transit-oriented public and private development adjacent to the trolley station.

The plan provides recommendations and guidelines for new mixed-use development and improvements to the public right-of-way to develop access to the station on Balboa Avenue, and to capitalize on the new regional transit connection.

The plan promotes increasing transportation choices, decreasing dependence on single-occupancy vehicles, and reducing traffic congestion at local intersections and roadways. It would re-designate approximately 51 acres of commercial land uses to the "community village" land use designation within Pacific Beach.

READ MORE ONLINE AT sdnews.com



Aerial view of the Balboa/Pacific Beach Trolley Stop area showing future planned road (paper streets) extensions.

How to sell your home yourself

SAN DIEGO, If you've tried to sell your home yourself, you know that the minute you put the "For Sale by Owner" sign up, the phone will start to ring off the hook. Unfortunately, most calls aren't from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

After all, with the proper information, selling a home isn't easy. A new report entitled "Sell Your Own Home" has been prepared especially for home sellers like you. You'll find that selling your home by yourself is entirely possible

once you understand the process.

Inside the report, you'll find 10 inside tips to selling your home by yourself which will help you sell for the best price in the shortest amount of time. You'll find out what real estate agents don't want you to know.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.

Courtesy of Dennis DeSouza Coldwell Banker Lic. 01220680

Chef Piazza joins Ambrogio15

Ambrogio15, the Milan-style pizzeria in North Pacific Beach, has hired new executive chef and “dough master” Daniele Piazza from Italy to oversee the restaurant’s dough production and future recipes.

Piazza becomes Ambrogio15’s first executive chef since its opening in summer 2016 and steps into the role as the face of the creative kitchen where he will play a lead part in the restaurant’s planned expansion, both in terms of new recipes inspired by Northern Italy and future restaurant locations.

Coming from the kitchens of

Padova, Veneto in northeastern Italy, considered the hometown of “pizza gourmet” where the world’s top pizza chefs have developed a style that inspired Ambrogio15’s menu, Piazza is influenced by names like Renato Bosco and Simone Padoan, a candidate for the first Michelin Star ever given to a pizza restaurant.

His most recent role as head pizza chef at the historic Trattoria Ballotta, founded in 1605 more than 400 years ago, aligns with Ambrogio15’s commitment to a long fermentation process and stone ground Petra flour during the cre-



Daniele Piazza

ation of gourmet-style pizza. And also the sourcing from those using sustainable and organic farming techniques. Piazza’s knowledge will be a key factor in Ambrogio15’s expansion into Little Italy.

Free Global Youth Ambassador Volunteer Camp for teens

Global Youth Ambassador Project (GYAP) is a network of youth around the world with a mutual goal of international collaboration and cultural exchange. Leadership is a big part of the project, you’ll gain a better understanding of who you are and what you have to offer, no matter your career path.

Explore your strengths and talents as you unleash your natural leadership abilities while deepening your diversity and multiculturalism by sharing American culture

and experiencing Chinese culture. Advanced International Academy is offering free camps to teenage volunteers to take part in the GYAP at Mission Bay High and Pacific Beach Middle. Camp fees and lunches are FREE.

Build your community hours for one week or all four weeks by volunteering. July 9 - August 9 - 8:30 am to 4:00 pm. (619) 955-5955 emma.lotz@oneworldedu.org Facebook: AIA Global Education Event: Global Youth Ambassadors

Advanced Int’l Academy is offering FREE camps to teenage volunteers

Global Youth Ambassador Project

Location: Mission Bay High and Pacific Beach Middle School

Camp fees and lunches are FREE

Build your community hours for one week or all four weeks by volunteering.

July 9 - August 9 - 8:30 am to 4:00 pm

Global Youth Ambassador Project (GYAP) is a network of youth around the world with a mutual goal of international collaboration and cultural exchange. Leadership is a big part of the project. Explore your strengths and talents as you unleash your natural leadership abilities.

(619) 955-5955

emma.lotz@oneworldedu.org

FB: AIA Global Education Event: Global Youth Ambassadors

Pacific Beach start-up has a male take on fashion retail

By PAIGE FULFER | BEACH & BAY PRESS

I have a theory that men care a little more about dressing well than they will admit. It turns out I’m not alone, according to the team behind a new fashion retail app that changes the shopping game for men.

Pacific Beach-based Cayenne Clothing is a men’s clothing and accessory retail app putting a new twist on online fashion with the intention of making dressing well more accessible to the common man.

Cayenne makes it simple – they feature just one curated item per day. “We focus on the busy guy who does not have time to deal with the complexities of shopping online or the lines at the mall,” says co-founder Max Gleicher.

“If a guy is in an elevator on the way up to his office, he can look at the app, and check the app to see if he likes the product featured that specific day,” says CEO and co-founder Michael Sacks. “We offer them a quick opportunity to say yes or no for 24 hours.”

When asked how they came up with Cayenne’s concept, Sacks (who has a tech and fashion background along with co-founder Jimmy Woolley) said that there are a few big subscription box compa-

CAYENNE CLOTHING

Where: 2207 Garnet Ave.

Info: getcayenne.com.

nies, and they wanted to do something different.

“We didn’t want the customers to have to deal with returning any items they didn’t want, and that is how a lot of the subscription box systems work. We make it easy on the customer.”

The online marketplace is the first of its kind where men can go and discover a variety of new brands, with carefully curated products from each brand.

“We have two different types of guys we target with Cayenne. We target the guy who is intrinsically motivated to dress well – the one who doesn’t necessarily prioritize the mall, but who cares about dressing well and enjoys receiving compliments on their outfits,” said Gleicher.

“And then we have the guy who doesn’t have any idea of what to wear, how to wear it, or where to get it. He thinks that a great pair of pants will just magically appear in his closet,” Gleicher added.

READ MORE ONLINE AT sdnews.com

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Chili Cook-off Competition 11am to 2pm • Hodad's Burger Eating Contest 3:50pm to 4:20pm

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Mission Surf has been a fixture in Pacific Beach for 50 years.

Mission Surf rides 50 years of success in Pacific Beach

By DAVE SCHWAB | BEACH & BAY PRESS

Mission Surf, known as the “pearl” of Pacific Beach and the city’s oldest surf shop in its original location, turned 50 this year.

“We’re gatekeepers of this iconic surf shop in Pacific Beach,” said proprietor Ron Friedman, who co-owns the shop at 4320 Mission Blvd. along with wife Melody, a stand-up paddle board yoga instructor. “It used to be Bob’s Mission Surf. Bob’s still around. He has a stand-up paddle board shop.”

Noting Mission Surf has “changed hands a few times,” Friedman said there’s a good reason why the shop has survived half a century.

“We’re not a blow-out shop, not a tourist shop,” he said. “We have good products and we stand by them. We treat people right. That’s kind of our motto.”

Both Friedmans come from corporate backgrounds.

MISSION SURF

Where: 4320 Mission Blvd.

Hours: 10 a.m. to 6 p.m. daily, open later in summer.

Info: missionsurf.com, 858-483-8837.

“I was on the brand side with Quiksilver,” Friedman said, noting he and his wife are happy to be doing surf retail now because “it fits our lifestyle.”

It also doesn’t hurt that their shop is located at a crossroads on Mission Boulevard, just steps from the beach.

“We’re surrounded by Ralphs and Starbucks, restaurants and bars like PB Alehouse, Firehouse, Shore Club and the new Waterbar,” Friedman said. “We get a lot of people criss-crossing here.”

Of the active-sports retail trade, Friedman said, “It’s very exciting, interesting.”

SEE **SURF**, Page 9

The Facility Dance Studio brings hip hop to PB

By ASHLYN LIPORI-RUSSIE | BEACH & BAY PRESS

THE FACILITY DANCE STUDIO

Where: 1414 Garnet Ave.

Info: thefacilitysd.com.

Those looking to dance have a new outlet in Pacific Beach. The Facility Dance Studio recently opened up on Garnet Avenue, bringing a fresh take on San Diego’s vast dance community into our own backyard.

Studio co-owners Joe and Leila Carlson and Richie P. bring together the most endearing aspects of dance into their new space. Richie started dancing more than 20 years ago on a bet, and is now a well-respected teacher throughout San Diego. Joe and Leila met Richie when their son was taking a class at his old studio. Now the three of them are putting their vision and their love of dance together.

The facility has two studios, complete with lifted wood-sprung floors to prevent too much impact on dancers’ joints. The front studio is known as The Steel Room, with the walls giving off an industrial and gritty – yet very open – feel. The back studio, or The Brick Room, is a little more intimate, with distressed brick reflecting off the full length mirrors lining one side.

There’s also a comfortable lounge area for parents to relax while kids are in class. Sitting on big couches, they can watch what’s going on inside the studios from big TV screens. Soon, the lounge will fea-

ture a cyclorama stage for dance video production and photography. The facility also boasts a parking lot in the back.

The studio design was Richie P.’s brainchild. He said he wanted a space where videographers could shoot anywhere, while also fostering creativity and encouragement.

A wide variety of classes are offered each week. Dancers of every skill level and age have access to hip hop, cardio workouts, jazz, contemporary, burlesque, even line dancing and twerk.

“We have a lot of people who have never danced before, a lot of people who just want a good workout, and a lot of people who are training to be professional dancers,” said Leila. Among them are parents, children, teens, young adults, and everyone in between.

Joe, Leila, and Richie’s main goal is to foster a sense of community with their new space. The facility only works with local vendors to make sure everything stays in PB. They’re rolling out events like the “Hip Hop Social,” a Friday night dance class followed by an outing to the local bars with special deals.

Richie believes it’s this kind of investing in the community that sets the studio apart from others.

“We can help people learn, and meet other people with similar interests,” he said.

Joe and Leila fell in love with the dance community when their son started dancing four years ago, because of the encouraging and loving environment. People from all walks of life are able to laugh and dance and sweat together. “We want people to walk around here and be at home,” said Joe.

Four hundred people got their groove on in the first two weeks The Facility Dance Studio opened up. The great response is a reflection of the need for this kind of space in PB. Richie claims San Diego is a hip hop mecca, with many famous dancers having trained here. But despite the popularity, this is a first-of-its-kind studio in our little beach town.

“People are really excited we’re here,” said Leila. “Everyone left happy.”

Even if you have never danced before, something about the space makes you feel like you can hit the ground running. When they decided to open the studio, all three co-owners had a vision to create a positive environment for learning and play, without any intimidation.

READ MORE ONLINE AT sdnews.com



Marie Tolstad & Patrick Cohen of Coldwell Banker Real Estate Pacific Beach decorates a local residents yard with flags in celebration of Flag Day. Tolstad has been honoring Flag Day in this manner for over 30 years on June 14th.



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SURF >>
CONT. FROM PG. 7

Add challenging to the mix. Friedman said competition from online retail has forced them “to focus on private label-branded merchandise,” which, he said, “helps us celebrate the heritage and history of this place.”

The bread and butter of Mission Surf, which also has vacation rentals upstairs, is equipment rentals and beach-boutique accessories.

“We focus on sunglasses, sandals,

hats, backpacks, roller luggage, T-shirts and hoodies,” said Friedman noting he carries “premium brands that are quality, as opposed to cheap throwaways.”

Some of Friedman’s stock of T-shirts, hats and Baja hoodies is handmade in Mexican villages.

Brands carried at Mission Surf include Oakley, Ray-Ban, SPY, Olukai, Rainbow Sandals, Reef, Salty Crew, Sector 9 and Carver. It’s a one-stop surf shop carrying everything from a bar of wax to the full kit: shades, flip flops, board shorts and a tank top.



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EDUCATION NOTEBOOK>>

MISSION BAY HIGH

■ Congratulations to MBHS musicians who performed at Music in the Parks at Disneyland on Sunday, June 3. Led by music director Jean-Paul Balmat, the Swing Choir took first place in vocal jazz, Full Orchestra took home first in their category, and Concert Band was second in the high school division. Freshman Connor Gilbert won best accompanist performing with Swing Choir.

PACIFIC BEACH MIDDLE

■ PBMS physical education teacher Dennis (Coach G) Gildehaus was recognized as the 2018 Secondary Physical Education Teacher of the Year, by the California Association for Health, Physical Education, Recreation and Dance. Gildehaus is a leader in his profession, teaching students and developing professionally. He has played a key role in the development of the Fit 2 Learn Fit 4 Life website, regularly implements technology in physical education, and helps coordinate the California Middle School Physical Education Workshop.

BARNARD ELEMENTARY

■ Barnard Mandarin Magnet Elementary School held its first International Night on June 1. The school's auditorium was filled with students and their families eager to taste culinary delights from more than 20 countries, including Poland, Eng-



Three students sample the international food and culture at Barnard Mandarin Magnet Elementary's first International Night on June 1.

land, Greece, Germany, Mexico, Philippines, Russia, Ireland, and, of course, China. There were also cultural performances on the stage. Highlights included Russian and Flamenco dancing, tae kwon do, and a folk song about the Hebrew alphabet. Many attendees wore their family's national dress. For some, this meant wearing clothing that showcased more than one culture, hinting at the diversity found within the families themselves.

KATE SESSIONS ELEMENTARY

■ The fifth graders at Sessions have been having a blast participating in all their end-of-year activities that they have earned this school year. They visited JA Biztown and found out what it takes to run a business, they went to Skateworld, had a fifth grade dance, a beach party, pizza party, picnic at Kate Sessions Park, capture the flag field day with coach Josh and played kickball against the



Fifth-grade Pacific Beach Elementary student Lucy Worms adds to the mural surrounding the school's field. The first section of the mural was painted by the fifth-grade class in 2013, led by PB mom and local artist, Lorrie Blackard-Friet.

teachers. They all worked really hard this year to prepare themselves to be successful middle school students and successful citizens.



Music director John O'Donnell and PBMS music students hold up their trophies won at the Music in the Parks held at Disneyland on June 3. PBMS Concert Band and Orchestra each won first place in their divisions and both earned 'superior' ratings.



Crown Point Junior Music Academy students enjoy their end-of-the-year violin performance on Friday June 1 with 150 students from kindergarten beginners and their parents through fifth grade advanced players playing together as one.



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Moonshine Beach to feature tribute or cover bands throughout summer

By BART MENDOZA | BEACH & BAY PRESS

Moonshine Beach has established itself as one of San Diego's premier locations to hear country music, but a new weekly showcase, Summer Sundays, shows the nightspot branching out a little. Every Sunday evening through Sept. 2, Moonshine Beach will feature tribute or cover bands, with Boombox Heroes set for June 17. Their theme song is a recast version of Foreigner's "Jukebox Hero" and it's an apt description of this fun band's repertoire, which covers everything from "Don't Stop Believin'" to "Uptown Fun."

Boombox Heroes: Sunday, June 17 at Moonshine Beach, 1165 Garnet Ave., 9 p.m.
moonshinebeachsd.com.

Guitarist Israel Maldonado performs at the Duck Dive on June 20. A gifted player, Maldonado plays a mix of Latin-tinged tunes, hook-filled originals and classic covers by the likes of Santana and Bob Marley. But Maldonado is no mere background music, his is world-class playing befitting a concert stage. Maldonado plays with various size combos and in different formats, but it's at solo shows such as these where his pure talent stands out.

Israel Maldonado: Wednesday, June 20 at The Duck Dive, 4650

Mission Blvd. 7 p.m. All ages.
theduckdive.com.

Music fans that only know Robin Henkel through his acoustic blues performances will want to check out his appearance with a backing band at Dizzy's on June 22. Billed as "with horns," Henkel will be joined by a full band, complete with three-piece horn section for a night of inspired blues and jazz originals that swing. Henkel's virtuoso guitar playing and slide work will be at the forefront, but the band is given the opportunity to shine as well, with ace work

from bassist Jodie Hill.

Robin Henkel with Horns: Friday, June 22 at Dizzy's at Arias Hall, 1717 Morena Blvd. 8 p.m.
dizzysjazz.com.

Monthly music showcase San Diego Live returns to Tio Leo's on June 20 for a show topped by The Farmers. Led by guitarist Jerry Raney, the band, in various incarnations, has been delivering hard-driving barroom rock 'n' roll for decades, with no signs of slowing down. It's an all-star line-up with Joel Kmak (drums) and Chris Sulli-

van (bass) rounding out the band and a set list of road-tested tunes meant to keep the dance floor hopping. These guys have been at the top of the San Diego music scene for decades, and even took home the 2018 trophy for "Best Rock Band" at this year's San Diego Music Awards.

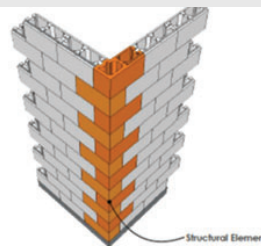
The Farmer's: Wednesday, June 20 at Tio Leo's, 5302 Napa St. 7 p.m. 21 and up. Cover TBD.
tioleos.com.

Humphrey's Backstage Live continues its great run of jazz shows with two performances from British band,

Acoustic Alchemy. The band still features guitarist Greg Carmichael, who has been with the band since the release of their first album, "Red Dust and Spanish Lace" (1987). No new music has been issued since 2011, but all the elements that initially brought them into the spotlight are still in place, perfect for anyone who enjoys virtuoso guitar work and smooth jazz rhythms.

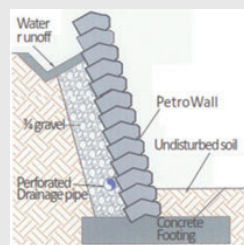
Acoustic Alchemy: Sunday, June 24 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 6:30 & 8:30 p.m.
humphreysbackstagelive.com.

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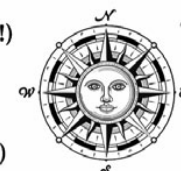
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- 1) Ask - "Where Did I See It Last?" - (That alone may be the key.)
- 2) Retrace Your Steps: - (It may be waiting patiently exactly where you left it!)
- 3) Make a List - (Lists trigger associations, locations, and directions.)
- 4) Ask - "If I Were 'item xyz', Where Would I Be Hiding?" - (Be Sneaky!)
- 5) Clean and Organize - (Admit it, you need to do that anyways.)
- 6) Visualize Yourself Finding 'item xyz' - (Enlist the Universe in the pursuit!)

In order to NOT LOSE an important Real Estate deal, and/or FIND that 'Lost' home you are looking for, contact me!

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Ocean Beach Street Fair & Chili Cook-Off features live music, food, and art

The 39th annual Ocean Beach Street Fair & Chili Cook-Off returns Saturday, June 23 with an array of food and merchandise vendors, the Community Mural Project with three new music-themed collaborative murals, and the Chili Cook-Off.

The event also includes Hodad's Burger-Eating Competition, an Artists Alley showcasing handmade goods and artwork from local artisans, a beachside beer garden in the main stage area and family-friendly attractions like the Kids Fun Zone, which will feature a Zip Line, Zorb balls, Hop 'n' Rock, laser tag, games and more.

There will be four music stages with bands playing Rock 'n' Roll, Blues, Reggae, Americana and more throughout the day. Rock 'n' Roll San Diego will also be returning this year with musical experiences for kids and adults.

The Community Mural Project is an OB Street Fair tradition where attendees paint a square section of a mural that is later

installed in the Ocean Beach community after the street fair. The mural area is on Bacon Street just south of Newport. Squares are \$20 each and go on sale at 10 a.m. They typically sell out very quickly, so come early to secure your space. All ages are welcome.

The Chili Cook-Off competition features more than 20 tastings in both amateur and restaurant divisions. Chili chefs compete to take home prizes like Best Restaurant Chili, Best Amateur Chili, Judge's Choice and People's Choice.

Chili tastings will begin at 11 a.m. and end when contestants run out of samples. Tastings can be purchased for \$2 per chili entry. If you want to try every recipe and vote for the best, you can buy a master ticket for \$20. If you're interested in competing in the Chili Cook-Off, applications are at oceanbeachsandiego.com.

The Hodad's Burger-Eating Competition is free to enter and offers contestants a chance to be featured on Hodad's Wall of Fame

at the Ocean Beach location. New this year, Hodad's will be donating \$100 to the San Diego Food Bank for every burger that the winner eats. The competition starts at 3:50 p.m. with 10 contestants, 7 minutes on the clock and six burgers on the plate.

Artists Alley displays local and regional artists and crafters along with entertaining art demonstrations. A large space hosted by local Ocean Beach art school, The Artist Outpost, will offer a variety of art projects for kids to explore different mediums and techniques.

The Beachside Beer Garden will be rockin' all day for guests looking to enjoy an ice cold brew with an ocean view and live music from 11 a.m. to 8 p.m. Featured breweries include 10 Barrel Brewing, Elysian Brewing Co., Stella Artois, Shock Top, Bud Light and more. Drinks are available for individual purchase; no tasters or wristbands will be sold.



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Mission Bay valedictorian and salutatorian ready for next-level education

By DAVE SCHWAB | BEACH & BAY PRESS

Mission Bay High School Class of 2018 valedictorian Ciara Gray and salutatorian Luke Loomis shared their hopes – and fears – entering a broader world of sweeping change.

The pair of graduates, who've known each other since karate class in third grade, said they had mixed feelings about leaving MBHS.

"There's a certain amount of anxiety about going off and living on your own," said Loomis, who's attending UC San Diego in the fall and majoring in human biology. "At the same time there's an element of excitement because we're going to be able to have our freedom and the ability to make our own lives."

"For most of the year, most of high school, I couldn't wait for graduation and was looking forward to college," said Gray, who will attend UC Santa Barbara as a math major. Gray, who's grown up around marine science and had an internship with NOAA Southwest Fisheries, added, "There's a lot of ways I could go" with a math-oriented career.

"It's something that's very much a part of me, science, biology," said Loomis. "If that leads me to med or law school, or to whatever post-bachelor degree schooling I decide I want to do – I'll see what happens."

Though she characterized herself



Mission Bay High School Class of 2018 salutatorian Luke Loomis and valedictorian Ciara Gray.

as "pessimistic," Gray said she nonetheless is optimistic about her career future. "People have told me the job you'll have in the future may not even exist yet," she said.

Asked what they saw as good and bad heading out into the world, Loomis answered, "Technology."

Gray concurred, noting she loves being able to Google how-to questions, while avoiding "being sucked into technology. The convenience is

nice, but it's scary how much [technology] has infiltrated our lives."

What of their fears?

Said Loomis, "One thing I've always been scared of is political dichotomy, one way or another, with or against ... I very much like to have options in my political views."

"I'm also very politically ambiguous," said Gray. "I have friends who are so politically one way or another that I can't even debate with them

because they believe so strongly. Everything is so extreme nowadays."

What of global warming?

"We've passed the point of no return," said Gray. "There are things we can do to reconcile what we've done, but we're never going to get it back to as good as we've had it."

"By 2050, there's going to be more plastic than biomass in the ocean, and that is insane to me

'People have told me the job you'll have in the future may not even exist yet.'

CIARA GRAY
MBHS VALEDICTORIAN

growing up surfing in the ocean," she added.

"It is very concerning being raised on the beaches," agreed Loomis of climate change. "Our school has done a good job of educating us about having a global mindset when it comes to how we act, about water conservation, etc."

Concerning their graduation speeches, both Loomis and Gray were working on theirs.

Loomis planned to give a shout out to parents for the roles they play in shaping their children's lives.

Gray was still kicking around ideas, not wanting to deliver a "typically overdone speech" about leaving for college.

What advice would they give to future Buccaneers?

"Get involved in things, clubs, sports, early," said Loomis. "Our school has so much to offer."

"Don't [just] focus on the grades," said Gray. "Teach yourself to find a way to get yourself interested in the material."

Mission Beach entrepreneurs driven to create eco-friendly sunblock

By LUCIA VITI | BEACH & BAY PRESS

Revolutions are sparked by an underbelly of discontent. Something is wrong. And someone – or two – will serve as a catalyst for change. Revolutionary change.

Mission Beach residents Maxine Chapman and Nicolette Rimmel are revolutionaries who refuse to simply dream about a future that respects the coral reefs. They're doing something about, slather upon slather of sunscreen.

The entrepreneurs have rolled out SurfDurt, a non-toxic, water-resistant, physical barrier sunblock. Not only is the organic "durt" a healthier and more effective sunscreen, SurfDurt is also reef-safe. This eco-friendly sun-tan protection will save the world's dwindling coral reefs.

"SurfDurt is sun protection that's better for our oceans and better for your skin," said Chapman. "Chemical sunscreens, however proficient in combating harmful UV rays, are toxic to your body and the ocean waters. Physical barrier sunscreens are just what they're called – a physical barrier that reflects UV rays. Because physical barriers are not absorbed into the skin, they're non-toxic to the body and they don't pollute the waters."

SurfDurt contains a non-nano zinc oxide, a mineral powder that reflects



Nicolette Rimmel and Maxine Chapman in their van at the beach.
JONATHAN SCHUMANN / CONTRIBUTOR

sunrays without seeping into the skin. This active ingredient is reef safe with a zero percent toxicity level. Chemical sunscreens contain nanoparticles that are immediately absorbed into the skin's dermal layer causing "oxidative stress that endangers skin cells and the coral reefs."

SurfDurt is also paraben-free. Parabens – preservatives – give cosmetics, lotions and creams a "creamy mayonnaise" texture. But not only are parabens linked to "estrogen disruption," they lack "conclusive scientific evidence" for "metabolizing out of the body," causing concern for its unknown cumulative effects.

Chapman's father, a Hawaiian "waterman," who doubles as a scientist and a chemist, recognized the toxicity of sunscreen to the ocean's eco systems early on. Teaching Maxine "his Ph.D. in layman's turn since I was a little girl," SurfDurt began as a kitchen project as a way "not to be a part of the problem," and carted to the beach in plastic containers.

Many versions of the "Tupperware stuff" were shared with fellow surfers, including long-time high school friend "Nicki" Rimmel. The home-made sunblock remedy was a huge hit.

Rimmel served as the catalyst for bringing the product to market.

Although not the first physical barrier sold in this niche market, other products fell short.

"Everything else smelled funny, turned hot in the water, or looked like white war paint," said Rimmel. "We changed the user experience so it smelled nice – naturally, like cookies; didn't sting the eyes or cause skin breakouts; and it's good for every outdoor sport, especially surfing. We are the product's consumers."

"We fiddled with the pigment, the texture, consistency, the smell, its water-resiliency, and endurance," added Chapman. "We especially didn't want lifeguard, all-white, clown-

nose war paint. The Tupperware carried many revisions before Nicki and I trademarked our recipe."

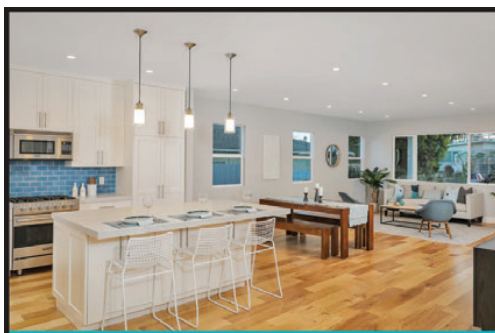
What was once mixed in stovetop pots is now manufactured in small batches, through solar-powered, "dad-inspired machines" on family-operated assembly lines. The clan affair has everyone donning lab coats, gloves, hair nets in a space forfeited by "mom."

Manufacturing is described as extensive.

"Everything is a process," continued Chapman. "There's a process to ensure the lotion's smoothness and consistency and a process to ensure the proper distribution of minerals. Without chemical add-ins, it's a long process that includes a heating element, a grinding element, an emulsifying element and a distribution element."

Because sunscreens advertise to prevent cancer, they're categorized as an over-the-counter drug that requires Federal Drug Administration approval. Tested as a medical treatment – as opposed to a cosmetic, – the FDA requires laboratory proof for every advertised claim.

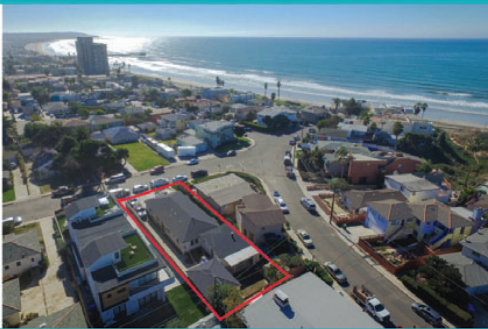
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