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DINING

Recently opened Frat Boy Donuts in Pacific Beach offers a collection of fraternity- and sorority-themed pastries, including one called 'Netflix and Chill.'

SEE PAGE 11



MUSIC

J'Adore (right) is just one of the top talents performing on Dec. 8 for the show celebrating Java Joe's 26 years in the live music venue business.

SEE PAGE 13



SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY, NOVEMBER 30, 2017

BEACHANDBAYPRESS.COM

Holidays begin with Christmas on Crystal Pier

Santa Run, Holiday Parade on Dec. 9 in Pacific Beach

By DAVE SCHWAB

The first of three Yuletide classics in Pacific Beach, Christmas on Crystal Pier, will take place Saturday, Dec. 2 from 2 to 5 p.m. The Santa Run and Holiday Parade will follow on Saturday, Dec. 9.

Join in celebrating the holiday season and get a one-of-a-kind photo on historic Crystal Pier taken with Santa, just in time for holiday cards to go out. Photos cost \$10, or \$5 with a donation of supplies for Pacific Beach schools. Photos are first-come, first-serve, and will end 10 minutes after sunset.

SEE HOLIDAYS, Page 4

Shopping local reduces stress, induces happiness

By DAVE SCHWAB

With the holiday season upon us, the importance of shopping local and supporting neighborhood merchants striving for success in today's ever-evolving marketplace cannot be overstated.

While the information age and the Internet are drawing customers away online, there's still huge value — and an entertaining personal experience — to be had shopping the old-fashioned way, with boots-on-the-ground browsing of brick-and-mortar establishments.

Nowhere is that as true as in Pacific and Mission beaches served by San Diego Community Newspaper Group's Beach & Bay Press.

SEE SHOP, Page 6



Sunset Point, Vacation Isle Park, Ingraham Street bridge, Ski Beach, and Government Island in Mission Bay.

PHOTO BY THOMAS MELVILLE

MORE AMENITIES AND MARSHLAND

San Diego officials have unveiled plans to spend \$117 million during the next decade upgrading Mission Bay Park, providing new amenities, restoring marshland and creating additional habitat for endangered species.

By DAVE SCHWAB

New amenities for Mission Bay Park will include cycling and pedestrian paths, playgrounds, a fitness course, lighting, signs, landscaping, resurfaced parking lots and rehabilitation of the seawall.

"This is very good news," said Mission Beach Town Council president Gary Wona-cott. "The town council has been promoting the restoration of the Boardwalk seawall for some time. The Mission Bay Park area truly serves all of San Diego. This investment is money well spent."

'Campland's 40 acres next to Kendall-Frost (preserve) will be converted to new wetland and marshland.'

TIM GRAHAM
SAN DIEGO CITY SPOKESMAN

Proposition C, approved by voters in 2008, mapped out a specific list of priority improvement projects for Mission Bay Park. Measure J, approved in 2016, allowed for multiple pro-

jects on the priority list to be pursued simultaneously, "As long as they did not preclude the completion of higher-priority projects," said City spokesman Tim Graham.

"The first few projects on the priority list require lengthy environmental analysis. We have, therefore, developed a plan that will first implement several projects such as new comfort stations, playgrounds and parking lots," Graham said.

San Diego Park and Recreation has started an evaluation of park amenities such as play-

SEE BAY, Page 2

BAY >>
CONT. FROM PG. 1

grounds, comfort stations and parking lots, said Graham. A 10-year Mission Bay Park Improvement Fund allocation plan, developed by Park and Recreation staff, will be considered by the City Council on Monday, Dec. 4.

Before being amended, the regulations required the park's share of lease revenues to be devoted to two priorities: dredging the floor of the bay to boost boating opportunities, and restoration of marshland, which helps fight sea-level rise.

New charter amendments maintain those priorities, but allow the city to begin spending money on lower-priority projects, while lengthy environmental approvals are secured for dredging and marshland restoration.

Graham said dredging and marshland restoration nonetheless still top the park's priority list.

"The dredging project is designed to return navigational boating safety to Mission Bay," he said. "It is scheduled to last approximately five to six months. Wetland creation and restoration is designed to improve the bay's water quality."

How will marshland habitat be restored?

"Campland's 40 acres next to Kendall-Frost (preserve) will be converted to new wetland/marshland," said Graham. "The goal is to first fil-



People ride jet skis in an area south of Fiesta Island in Mission Bay.

PHOTO BY THOMAS MELVILLE

ter low-flow runoff from Rose Creek before it reaches the bay. De Anza will have new wetland along Rose Creek and around its perimeter. New wetland restoration will also take place at Cudahy and Tecolote creeks where they enter the bay."

How long will it take the city to get environmental approvals for dredging/habitat restoration?

"The dredging project is currently permitted," Graham said. "We anticipate commencing the project in December or early January."

Graham added habitat restoration environmental review most likely will take at least three years.

"Any eelgrass impacted from the dredging project will be mitigated

through the planting of new eelgrass," he said. "Any impacts to nesting least terns will be minimized."

Graham said funds to upgrade the park are "100 percent Mission Bay Park lease revenues generated annually in Mission Bay Park and earmarked specifically for improvements in the park."

The city spokesperson said the park's annual lease revenues are approximately \$30 million. The first \$20 million goes to the city's general fund. The remaining \$10 million is allocated 65 percent to the Mission Bay Park Improvement Fund and 35 percent to the San Diego Regional Parks Improvement Fund.



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HOLIDAYS >>

CONT. FROM PG. 1

Be sure to stick around after the photo shoot, because Santa will help turn on the holiday lights along the pier and tree after sunset.

Christmas on Crystal Pier is also celebrated community-wide with decorative wreaths hanging from local businesses. Decorated wreaths hung along the pier are also available for sponsorship.

The event is sponsored by Discover PB, the beach community's business improvement district. For more information about the pier event, visit pacificbeach.org or send an email to ann@pacificbeach.org.

Santa Run, Pacific Beach Holiday Parade

Prepare to be dazzled as the annual Pacific Beach Holiday Parade will kick-off at 1 p.m. Saturday, Dec. 9 immediately following the end of the San Diego Santa Run.

The celebration begins at 10 a.m. at Garnet Avenue and Bayard Street with the San Diego Santa Run 5k and mile runs. Come join thousands of "Sunny Santas" running through PB, or enter your pup (human or dog) in one of the one-mile run options.

The PB Holiday Parade starts at 1 p.m. immediately following the run. The theme this year is "A Time to Give," which reflects the holiday



The Christmas tree at the end of the Crystal Pier. Participants in the Santa Run (right). PHOTOS BY THOMAS MELVILLE

spirit of giving and charity, offering a prime opportunity to highlight your favorite charity or organization.

With community floats, local school bands and Santa wrapping up the parade, join everyone on Gar-

net Avenue for a fabulous friends-and-family experience to rejoice in the holidays. There will be something for everyone, the young, young at heart and even four-legged family members to celebrate the holidays and everything local.

"The Pacific Beach Holiday Parade isn't just about the longstanding tradition of the event itself, but that it is an important day to reflect on our inclusive and eclectic beach community while out in the business district supporting our local shops and meet-



ing neighbors," said Sara Berns, executive director of event sponsor, Discover Pacific Beach. "The parade wouldn't be possible without the generous donation of Catamaran Resort Hotel and The Pacific Beach Hospitality Group this year."

The parade starts at Garnet Avenue and Haines Street and ends at Garnet Avenue and Bayard Street.

The parade is in need of participants, sponsors and donations. Contact Berns at sara@pacificbeach.org to sponsor or donate to the parade.

To register for the San Diego Santa Run, visit sandigosantarun.com. For more information, contact Ann Condon, program manager of Discover Pacific Beach, at ann@pacificbeach.org. Visit pacificbeach.org for more information or to get an entry form for the parade.

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SHOP >>

CONT. FROM PG. 1

According to the federal Small Business Administration, small businesses, so-called “mom and pops,” defined in the United States as having fewer than 25 full-time employees with annual wages below \$50,000, employ more than half our nation's working class.

Why shop local?

Sara Berns, executive director of Discover PB, Pacific Beach's business improvement district, noted it's critical to get word out that homegrown small businesses are essential to providing a healthy, innovative local economy creating jobs and opportunities and generating wealth.

“Shopping local is important all year-round, but this time of year more than ever as our retailers get one last push before the slow season to get through the year,” said Berns. “Shopping local means the stores you love to see in your neighborhood will ‘stay’ in your neighborhood. But even more so, it means jobs for your local community members and students and money that stays in the community, while strengthening the support between the businesses and the community-at-large.”

Added Berns: “When your school has a fundraiser, a local shop will support it. Or, when your community group is looking for a venue to host their next meeting — a local business will be there. Shopping local is a long-term investment in Pacific Beach.”

Following are snapshots of local businesses and what they're doing special during the holidays:

Fun memories

Patricia Benesh, Ed.D, self-employed owner of 7Memories.com, whose business involves partnering with clients to write their



Hot Tub Cruisin hosts year-round tours of Mission Bay. Shop local to find unique gifts and new friends.

memoirs, said her business “has gone full speed ahead with three books, workshops, and numerous collaborations. Of note are the unique gifts we offer: written memoirs and video memoirs so as to leave a legacy.”

Contact: info@7memories.com, 7Memories.com, 858-232-2293.

Local artists

The Gallery At Lands End “Sells only gifts and goods hand made here in San Diego year-round, so were doing more of the same,” said owner Thayne Yungman. “We represent more than 40 local artists and makers... ceramics, jewelry, blown glass, painters, photographers, woodworkers, soapmakers...you name it.”

The gallery is holding a shopping night to benefit Friends of Pacific Beach Schools on Dec. 14 from 5 to 8 p.m., with 10 percent of that day's sales donated to schools.

Yungman added: “The last thing that I'm very excited about is we are donating 5 percent of all retail purchases this holiday season to the Con-

certs on the Green live music series at Kate Sessions. It's a wonderful event that everyone seems to love supporting.”

This gallery, exhibiting work from local artists, offers handmade gifts and custom framing.

Contact: galleryatlandsend.com, 858-270-7820.

Cruisin the bay

Hot Tub Cruisin Inc., which hosts tours of Mission Bay on its hot tub-equipped craft noted: “Hot Tub Cruisin is a year-round, one-of-a-kind boat rental operation on beautiful Mission Bay. This holiday season we are offering a 30 percent off discount through the end of February (which brings the price of a cruise to \$149/hour from the normal rate of \$215/hour).”

Contact: Info@hottubcruisin.com, hottubcruisin.com, 619-905-5100.

For the children

Children's boutique Petite Street “has a few events this time of

year to keep people coming into the store,” said owner Kimberly Brophy, adding one is “Doodlebug Designs, which makes impressions of children's hand prints and footprints onto ceramic plates in varying styles such as surfboards, ornaments or traditional plates.

“We are also having Santa and free photos on Dec. 16. We offer free gift wrap to help encourage people to shop at our local store. Our store is very festive in decorations and there is just something magical about a children's toy store at Christmas.”

Contact: 858-539-0052, p s c b 7 4 7 @ g m a i l . c o m , petitestkids.com.

Positive products

Randall Engstrom, owner of Randall's Sandals, said: “As always we accept any old shoes or sandals and get those redistributed to the needy. We focus on positive products only, so everything is either local, eco-friendly, or charitable.

“We have a 15 percent discount

through the holidays with a local ID or shop local discount card. Also, we will be having our second annual Packages for a Purpose event where we wrap essentials (toothbrush, toothpaste, soap, toy, etc.) for San Diego's homeless children. We are also excited to participate in the PB Holiday Parade again on Dec 9.”

Unique gifts

Pamela Taylor, proprietor of Crystal Pier Bait and Tackle, said her business is “offering a big 25 percent discount to all locals. We also make sure to ask people what they are looking for. If we do not have it, we tell them where they can find it locally. We are also paying it forward this year when we feel it will help make someone's holiday happier and less stressful by picking up the bill on occasion.”

Contact: 858-273-3474.

Keep your hat on

Patrick McCormick, manager of the Village Hat Shop, said the first thing his firm did for the holiday season was to “take part in Small Business Saturday, Nov. 25. We encourage people to stop in and check us out. We offer a 15 percent discount to all guests as a thank you for supporting small PB businesses.

“We've decorated our store for the holiday season and taken part in Discover PB's wreath-making contest. During the PB Holiday Parade we will be opening early to accommodate early shoppers and those who've taken part in the Santa Run 5K, which will be right outside our store. We have a lot of Santa hats for sale.

“We are also on the local business discount card that Discover PB has put out and are offering a 15 percent discount with that card. We are participating in the annual Toys for Tots program. When a customer brings in a new, unwrapped toy, we offer them a 20 percent off coupon good for anything at our PB or other San Diego locations.”

Contact: villagehatshop.com.

Stay beautiful

“There are so many reasons to shop locally, especially during the holidays,” said Dawn Reily, project administrator for Beautiful MB, Inc.

“When you shop local, you are supporting a business that employs local people, has chosen to be part of the fabric of your community and is more likely to give back to the neighborhood. Studies show that approximately 70 percent of what you spend at a local shop stays in the local economy, as opposed to less than 40 percent when you shop a big-box store, even less when you shop online.

“There is the added bonus of avoiding the stress of holiday traffic and holiday crowds, which also frees up some of your time.

“Eat at that local restaurant you've been wanting to try, explore some shops near you, meet your neighbors, I bet you'll discover a unique gift for that special someone.”

Contact: BeautifulMB.com.

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SHOP & WIN

PLAY & STAY

Don't miss the annual Ocean Beach Holiday Parade and festivities Saturday, December 2 • Parade kicks off at 5:05 pm on Newport Avenue. In the spirit of everything OB, this year's theme is 'California Dreaming in the Season of Love'. Be sure to Shop OB local and complete your "Passport Card" to WIN great prizes! Stop by any participating businesses to pick up your card! For more info go to shoplocalOB.com or oceanbeachsandiego.com



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Cheez Whiz — authentic Philly-style cheesesteaks in Pacific Beach

By SAVANAH DUFFY

On Oct. 18, Angela Ortiz opened up a small restaurant called Steak N Fries to share with San Diegans one of her favorite childhood meals — cheesesteaks.

Angela and her husband Angel, who is also manager of the restaurant, are both originally from Philadelphia. The couple moved to New York, where Angela and Angel say they missed cheesesteaks.

"It's something that we always loved," says Angela.

This prompted the decision to eventually open a restaurant specifically for cheesesteaks, and after visiting California on vacation, the couple fell in love with San Diego and chose it as the location for their business.

Steak N Fries is primarily intended for take-out and is located at 1039 Garnet Ave. in Pacific Beach. It's open from 11 a.m. to 10 p.m. Sunday through Thursday, and from 11 a.m. to 2 a.m. on Fridays and Saturdays.

The menu ranges from steak to regular cheesesteak, and something called "The Loaded Cheesesteak." According to Angela, The Loaded

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What: 1039 Garnet Ave.

Hours: 11 a.m. to 10 p.m. Sundays through Thursdays, and 11 a.m. to 2 a.m. on Fridays and Saturdays.

Info: 858-352-6600.

Cheesesteak is a popular order.

Appropriately named, the cheesesteak is loaded with ribeye steak, the option of five different cheeses to choose from (Mozzarella, American, Cheez Whiz, Swiss cheese or provolone), fries, and the option of adding onions, peppers or mushrooms, all on an Amoroso's roll. Angela says The Loaded Cheesesteak brings together everything that's on the menu.

Also included on the menu are cheese fries and the "Steak N Fries," which as you might imagine, includes ribeye steak, Cheez Whiz, and fries.

If you don't see an option on the menu that you want, feel free to mention it to the Ortizes. Since Steak N Fries has opened, Angel says he has taken requests from customers to make additions to the menu, such as jalapeños.

"We're pretty open-minded to what we can do here," says Angel. "If I have to change the menu with a couple more items because people are requesting it, then that's what we'll do."

According to Angela, one of the aspects customers appreciate about her restaurant is that they get to watch the food being prepared and cooked in front of them. Nothing is pre-made and the meat is cut daily, so customers can be sure they're getting a quality meal.

But Steak N Fries is about more than just cheesesteaks and fresh ingredients. With Angela owning the restaurant, her husband as manager, and their two daughters and son-in-law helping out, it's a family-run business. The couple says they have no intention of franchising; their focus is on San Diego and the PB area.

Steak N Fries plans to be included as a sponsor in the sports program for Mission Bay High School as a way of reaching out to the community.

"We want to become part of the community, and we want the community to come out and be part of us," says Angel.



Angela and Angel Ortiz opened up Steak N Fries to share with San Diegans one of her favorite childhood meals — cheesesteaks.

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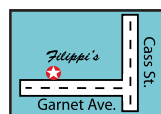


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Peter and Wendy

More than 50 of Barnard Mandarin Magnet Elementary School's most talented student thespians took to the stage on Nov. 17, to perform 'Peter and Wendy,' a light-hearted retelling of the J.M. Barrie classic 'Peter Pan.'

EDUCATION NOTEBOOK>>

Mission Bay High

■ On Dec. 7, the MBHS Music Program presents the Winter Concert at 7 p.m. in the auditorium. This performance will feature all ensembles, including the brand new full orchestra, and will have everything from holiday classics to jazz and salsa standards. The cost is \$5 general admission, students/kids are free.

Pacific Beach Middle

■ The PBMS annual Toy Drive is in full swing, with students bringing in new, unwrapped toys that will benefit less-fortunate children in San Diego. The classroom that collects the most toys between Nov. 13 and Dec. 1, will receive a day of fun and rides at Belmont Park.

■ The winter concerts presented

by the PBMS Music Department, led by award-winning music director John O'Donnell: the Strings Ensemble will perform 6:30 p.m. Tuesday, Dec. 12, with the Concert Band performing 6:30 p.m. Thursday, Dec. 14. Both performances are free to the public in the PBMS auditorium.

PB Elementary

■ PBE's annual Toy Drive will run through Dec. 1. Bring a new, unwrapped toy to your classroom to help less-fortunate kids.

■ Enjoy a Friday night out, thanks to G3 Kids. On Friday, Dec. 1, G3 Kids' monthly Friday Night Out benefits Pacific Beach Elementary. Drop your kids off for gym time, pizza, games, a movie, and more from 6 to 10 p.m. and enjoy a night out. Cost is \$29 per child or \$50 per family and \$10 from every participant goes directly to PBE. Visit g3kids.com to reserve your spot. While the kids are enjoying themselves, parents can

head over to Backyard Kitchen and Tap, where that night 10 percent of the proceeds will benefit the school.

■ On Saturday, Dec. 9, Cool Creations is holding a kids night out from 5 to 8 p.m. For \$30 (\$50 for two siblings, \$70 for three siblings), kids will paint a penguin mug, eat pizza, and play at the karate dojo, and a portion of the proceeds benefit Pacific Beach Elementary. Buy tickets by Dec. 1 at coolcreation-spb.com.

Kate Sessions

■ Kate Sessions is an authorized International Baccalaureate (IB) World School with an inquiry-based approach to teaching and learning. We create learning experiences and incorporate a global perspective along with a real-world application of concepts and skills. Sessions would like to congratulate November's "I See IB" winners: Maggie Segura for caring, Emily Coakley for



The Preservationists

Mission Bay High School's award-winning jazz band, The Preservationists, performed at the 38th annual Thanksgiving Jazz Festival held at Town and Country Resort and Convention Center. The festival featured a wide variety of traditional jazz, Dixieland, and ragtime.

respect, Garrison Sartain for being principled, Jaxon Dunsford for cooperation and Beckett Wolfe for respect.

Barnard Elementary

■ On Nov. 17, Barnard students (above) performed "Peter and Wendy," a light-hearted retelling of the J.M. Barrie classic "Peter Pan." The musical production was arranged by Missoula Children's Theater, a touring theater company that brings all the elements of a blockbuster show, including two directors, sets, costumes, and enough enthusiasm to make the grumpiest Neverland pirates smile, to schools throughout the country.

"Being in the play helped me learn how to talk on a stage in front of many people without being scared," said fourth-grader Angelia C., who played the role of Mrs. Darling. "It was a good way to get confident and believe in yourself."

After the sets were taken down on

Friday night, the school returned to its normal focus on teaching its students the Chinese language and culture. "Peter and Wendy" is the fourth Missoula Children's Theater show to be hosted at Barnard in the last two years.

These semi-annual productions have quickly become one of the Barnard community's favorite traditions, and audition buzz has already infiltrated the classrooms for the next Missoula play in the spring, "Sherwood Forest – Robin Hood."

Mission Bay Cluster

■ The Schoolyard Dash 5K will take place Jan. 28 at De Anza Cove. Benefiting Mission Bay High and Pacific Beach Middle Schools, this event is a fun time for all students in the Mission Bay Cluster. Run or walk along Mission Bay and enjoy local music, delicious food, and vendor booths afterward. Form a team or sign up individually at schoolyard-dash.org.

Beach Mailbox Offers Alternative to Long Lines at the Post Office this Holiday Season

Anyone who has visited the local post office during the holidays knows to plan ahead. Figure a 30-minute wait on a good day and a line out the door on a bad day. And, don't count on any help boxing up your gift or making sure it is properly packed. *Beach Mailbox and Gifts* in PB has long been the "hidden secret" among community locals. Not only do they offer the same shipping

options as the U.S. Postal Service at reasonable prices, but also "comparison shipping" where you can choose between USPS, FedEx, UPS, and DHL for international. Located at 864 Grand Ave. between Bayard St. and Mission Blvd, stop by to get all your gifts wrapped, packed, and shipped. It's a convenient way to help keep your happy holidays, well...happy!

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\$10,000 donated to Rady Children's Hospital in Ed Sheeran's name

In the name of Grammy-winning pop singer Ed Sheeran, Valley View Casino Center announced Nov. 2 a \$10,000 donation to Rady Children's Hospital.

In August, Ed Sheeran played to a sold-out audience at Valley View Casino Center. Knowing that children's medical care is a cause close to his heart, Valley View Casino Center joins venues across the country in making a donation in Ed Sheeran's name.

"We know these funds are supporting an amazing cause," said Valley View Casino Center general manager Ernie Hahn. "Rady Children's is where San Diego families turn for state-of-the-art children's medical care. Their skilled doctors and nurses have saved countless young lives."



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Stuffed! and Frat Boy Donuts open as neighbors in PB

By SAVANAH DUFFY

Brightly colored gourmet donuts and cheese-stuffed beef patties are about to become a few of Pacific Beach's favorite things, thanks to Alex and Tori Gould, owners of AG Industry Concepts and founders of the Liberty Station burger joint Stuffed!

The couple has just expanded their burger business to a new location on Garnet Avenue in Pacific Beach. Additionally, the couple is opening up a uniquely-themed donut shop next: Frat Boy Donuts.

Stuffed!'s official opening was Sunday Oct. 22 and Frat Boy Donuts opened the following day. Stuffed! is open daily from 11 a.m. to 10 p.m., and Frat Boy Donuts is open daily from 7 a.m. to 10 p.m.

Stuffed!'s new location offers the same signature burgers and sandwiches that their customers have grown to love, with a few new additions. Alex says that after doing some research into what the locals would be interested in, he decided to make the menu a little more "beach-friendly," by putting a fried fish sandwich on the menu. Customers can also look



The large spray-paint mural decorating the wall at Stuffed! is a piece done by artist Eric Cox.

forward to a new buffalo chicken sandwich and Mac Dog, a half-pound all-beef hot dog covered in mac 'n' cheese.

The Liberty Station Public Market's Stuffed! holds a certain appeal with its hustle-and-bustle atmosphere, but the Garnet location has its own space, creating a more traditional-feeling restaurant.

High-top table bars against large opened-out windows allow the establishment to feel spacious, while letting customers enjoy the fresh coastal air.

When customers first walk in, their attention will likely be drawn to the large spray-paint mural decorating the wall, a piece done by artist Eric Cox. Exclamations such as "Zaaap," "Boom" and "Pow Pow" are painted on the ceiling and walls in a style akin to comic book speech bubbles.

But as the vibrant, hot-pink colors in the Frat Boy Donut store right next door in Suite B will show, burgers were not enough for the Goulds. After

doing some research, Alex says they discovered a lack of gourmet donuts, or "glamorous donuts" as the shop's chef calls them, in the PB area.

Wanting to meet the needs of the locals, the Goulds opened up Frat Boy Donuts, a concept prompted by the college community known to frequent PB.

"We've been getting great feedback" says Alex. "A lot of locals are popping their heads in, introducing themselves. I'm overwhelmed with the amount of positive feedback."

According to Alex, there was some concern about whether the term

STUFFED!

Where: 1380 Garnet Ave.

Hours: 11 a.m. to 10 p.m. daily.

Info: stuffedsd.com, 858-263-4164.

FRAT BOY DONUTS

Where: 1380 Garnet Ave.

Hours: 7 a.m. to 10 p.m. daily.

Info: fratboydonuts.com, 858-263-4158.

"Frat Boy Donuts" would be seen as too polarizing, or would hold a negative connotation, but says that instead it has proved to be a good conversation starter.

True to its name, Frat Boy Donuts offers a collection of fraternity/sorority-themed pastries, including one called "Netflix and Chill," a donut with popcorn, pretzels, caramel and chocolate. Another donut has beer jelly made from a stout, according to Alex.

All of the donuts and pastries are original creations by chef Francis Laureano. He is known for his work at Bottega Louie in LA, and more locally, Crafted in Liberty Public Market.

"We want to take a moment to consider our food, our donuts, and to have a laugh a little bit about what we're doing," says Laureano. "We don't want to be too overly serious about it. We want to have something eccentric, fun, relatable and something that will definitely keep you wanting to come back."

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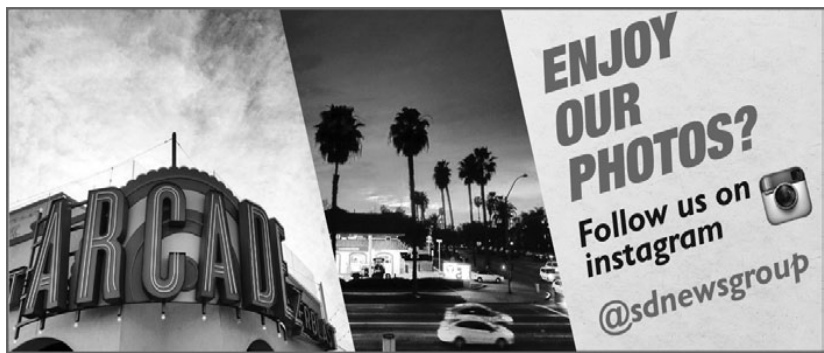
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Master Daymon Kenyon, his wife, Master Vicki Kenyon, and daughters Carli (left), and Laural.

Kenyon's Soo Bahk Do celebrates 50th anniversary

Kenyon's Soo Bahk Do, at 1551 Grand Ave., is celebrating its 50th anniversary in the martial arts business on Saturday, Dec. 2 with a martial arts training class starting at 9:30 a.m. It is open to all current, and former, Kenyon's students, as well as any visitors interested in experiencing the traditional Korean martial art of Soo Bahk Do.

The class will run from 9:30 a.m. to 11 a.m. at their studio in Pacific Beach where their school has been located for the past 40 of the 50 years. This will be followed by an open house until noon for sharing of photos and memories from the past. Later in the evening, there will be a dinner reception from 5 to 7:30 p.m. with some afterhours fun at Society in PB.

The current Master Instructor, Daymon Kenyon, is an 8th Dan (equal to 8th degree black belt). The studio's founder, Master Fred Kenyon, has promoted more than

500 students to the rank of 1st degree black belt or higher. There have been 20,000 students during the past 50 years who have trained, for at least some period of time, with the Kenyons.

Kenyon's Soo Bahk Do was founded in 1967 by Fred Kenyon on La Jolla Boulevard; who, in 1976, was one of 15 founding, charter members of the United States Soo Bahk Do Federation. Daymon Kenyon took over control of the schools after his father died in 1988. During the 50-year span, there have been Kenyon Karate locations in Kearny Mesa, Carmel Mountain, La Costa, South Bay and Rancho San Diego in addition to two Kenyon's martial arts clubs in La Jolla and at Mission Bay High.

Currently, they maintain the long-standing studio in Pacific Beach and another in Solana Beach. The lineage of martial artists continues in the Kenyon family with Daymon's wife, Vicki,

and his two daughters, Carli and Laural, who are both 3rd Dans.

Soo Bahk Do is a traditional martial art with roots in Korean martial arts history dating back more than 2,600 years, and is the oldest, known, named and documented martial art. This art is a striking art (as opposed to a grappling style such as Jiu Jitsu), and is characterized by its dynamic and focused punching and kicking style. Training in our martial art develops concentration, self-confidence, balance and fitness while promoting mental, as well as physical, well-being.

Anyone of all ages can benefit from training in this martial art and everyone is welcome to come and visit the studio on Dec. 2 during the open house from 11 a.m. to noon. If you would like to attend any of the events, feel free to stop by at the Pacific Beach studio to meet with Master Kenyon, or call 858-483-3330.



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Java Joe's celebrating 26 years of live music with an all-star concert

By BART MENDOZA

Java Joe's will celebrate 26 years of providing San Diego with great music with a special all-star concert on Dec. 8. On hand will be a who's who of local talent including J'Adore with Patric Petrie, Jeff Berkley, Nina Francis and Sven Erik Seaholm, with many special guests promised.

Owner Joe Flamini has persevered through several locations over the years, before finding the wonderful Old Town location. Here's hoping there will be at least 26 more years from the man who first gave a stage to the likes of Jewel, Jason Mraz, Steve Poltz and countless other music legends.

Java Joe's 26th Anniversary Party: Friday, Dec. 8, at Java Joe's, 2611 Congress St. 8 p.m. \$12. javajoessd.com.

Forty years after his passing, it's safe to say that for many fans, Elvis has not left the building. Indeed, he remains the most covered artist in the world, with hundreds of tribute acts around the globe and continued record sales in the millions. San Diego music fans wanting to hear the King of rock 'n' roll's music should check out Grace Band, performing at Tio Leo's on Dec. 1.

This show focuses on Presley's Las Vegas, jumpsuit wearing years, with a big band, backing singers and an over-the-top performing style, making it a lot of fun visually as well as musically. Topped by a seemingly endless list of hits, this show should please any Elvis fans.

Grace Band: Friday, Dec. 1 at Tio Leo's, 5302 Napa St. 9 p.m. 21 and up. tioleos.com.

Named after one of blues-legend

Muddy Waters albums, where he ventured into psychedelic rock territory, it's only natural that Electric Mud mixes blues and hard rock to great effect.

Appearing at the 710 Beach Club on Dec. 2, the band is built around the core of brothers Matt (drums) and Marc Hansen (guitar), with an excellent new take on the classic rock sound. The quartet has been in the studio recently recording with Alan Sanderson, but this show should keep their fans happy until it's release date.

Electric Mud: Saturday, Dec. 2 at 710 Beach Club, 710 Garnet Ave. 9 p.m. 21 and up. 710bc.com.

San Diego is known for having a wonderful music education available for children, but it's often forgotten that local colleges also have acclaimed music programs. Such is

the case with Mesa College, whose big band will perform at Dizzy's on Dec. 7. Music fans will hear selections from Thad Jones, Count Basie, Duke Ellington and more, all chosen to showcase the ensemble work of these young musicians.

Mesa College Big Band: Thursday, Dec. 7, at Dizzy's at Arias Hall, 1717 Morena Blvd. 8 p.m. dizzysjazz.com.

Rock royalty comes to Brick By Brick on Dec. 8 with an appearance from singer Graham Bonnet and his band. Bonnet has played with a legion of bands since he first started rocking in 1965, including time with such heavyweights as Rainbow, Alcatrazz and The Micheal Schenker Group.

He's even toured and recorded with San Diego's own Taz Taylor Group. Currently on the road pro-

moting a new compilation, "Anthology 1968-2017," look for Bonnet to include songs from throughout his career. Fans of hard rock won't want to miss a second of this show.

Graham Bonnet: Monday, Dec. 11, at Brick by Brick, 1130 Buenos Ave. 7:30 p.m. 21 and up. brickbybrick.com.

On Dec. 13, the OB Farmer's Market will host a special musical Holiday Drive, collecting unwrapped toys and canned food items to give to others less fortunate on this holiday season. Located at the intersection of Newport Avenue and Bacon Street, many local top musicians will take part, including Alicia Previn, Jeff Berkley and Michael Head.

OB Farmer's Holiday Drive: Wednesday, Dec. 13 at Ocean Beach Farmers Market, Newport and Bacon Ave. 4 to 7 p.m.



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Real Estate 201: From a House to a HOME

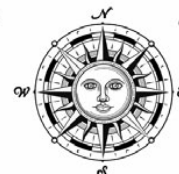
A house is a structure; a finite number of walls, a roof, some windows, appliances, maybe a yard. For all the value that it represents, it is inanimate. A HOME is a place which soothes your soul; a place to live and love. It contains all your stuff and is a launch pad for your life, a staging ground for new adventures; a place to raise a family, cook a stew, invite friends for backgammon and a merlot. A HOME is a place to relax around your kitchen table on a quiet morning, with your favorite cup of coffee.

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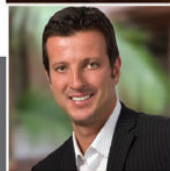
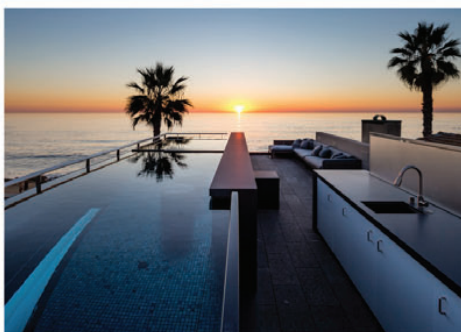
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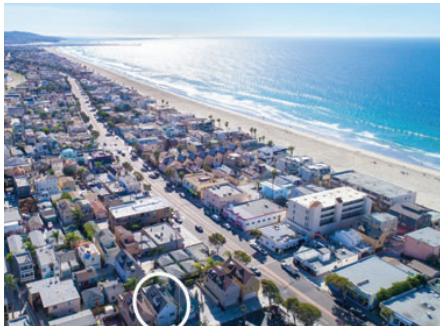
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