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#### **MARUTA'S DAY**

On Nov. 3, participating organizations in PB and MB are holding a "Day of Service" in memory and honor of Maruta Gardner.

SEE PAGE 5



#### **BUSINESS**

If you like your yoga/indoor cycling workouts served up with a French twist, then Oxygen Studio in PB is for you.

SEE PAGE 10



SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY, NOVEMBER 2, 2017

**BEACHANDBAYPRESS.COM** 

## Church leaders, neighbors discuss homeless issues

Some residents want free meals stopped

By DAVE SCHWAB

The first meeting between church leaders and concerned neighbors over problems surrounding churches feeding the homeless in Pacific Beach was described by both parties as encouraging.

"We were trying to tell the churches we've got problems here," said Matt Phillips, a Pacific Beach resident who started an online petition drive to encourage churches to stop feeding the homeless. Phillips believes such "handouts," in his view, are counterproductive, enabling the homeless to continue being dissolute without encouraging them to change.

Phillips said he's decided to continue his change.org petition drive, which netted 400 supporters for ending PB church feeds in a matter of weeks.

"The best way to ensure churches change their policies is to continue the petition and increase signatures," said Phillips. "The petition is an open

SEE **HOMELESS**, Page 12

#### **DIA DE LOS MUERTOS**



A young woman dressed up as 'La Calavera Catrina,' a Mexican character also known as 'the Dapper Skeleton,' at the Dia de los Muertos parade in Mexico City on Oct. 28.

## DAY OF THE DEAD CELEBRATION AT OLD TOWN

The annual Dia de los Muertos Campo Santo Cemetery. (Day of the Dead) will be celebrated in Old Town on Nov. 2 and will conclude with the traditional candlelight procession at 6 p.m., starting at San Diego Avenue and Twiggs Street. The procession will travel

Restaurants, museums and shops have created more than 50 traditional and contemporary Dia de los Muertos altars. A public alter is located in El Campo cemetery where visitors are encouraged to down San Diego Avenue to El add their own mementos, photos those who have died.

and written tributes to loved ones.

For Dia de los Muertos, Mexican families create special altars displaying offerings of food, candles, incense, ocre yellow marigolds and photos of departed loved ones as a celebration to remember and honor

# **Citywide hepatitis A** data released

#### Pacific, Mission beaches have 16 reported cases

By DAVE SCHWAB

Since November 2016, when a countywide hepatitis A outbreak was first detected, 507 people have been infected, 20 have died, and more than 80,000 others have been vaccinated, San Diego County Health Department authorities confirmed.

There were 16 cases reported in the Pacific and Mission beach communities, 11 in Ocean Beach and Point Loma, and three in La Jolla.

Hepatitis A is a liver infection caused by the hepatitis A virus, which is highly contagious. It can cause liver disease, lasting a few weeks to a serious illness lasting months, and in some cases, it can be fatal.

Contamination can occur when persons infected with hepatitis A do not wash their hands properly after going to the bathroom, then touch other objects or food items.

Hepatitis A virus does not always cause symptoms. Some with the

SEE HEPATITIS, Page 4











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## **Pacific Beach Town Council hears about** solutions from city's new homeless 'czar'

By DAVE SCHWAB

Gordon Walker, one of San Diego's new homeless "czars" crafting policies toward the downtrodden, was on the receiving end of some community angst surrounding the complex social issue during invited a response from local an Oct. 18 question and answer session at Pacific Beach Town Council.

Gordon, Utah's former state director of housing and community development, has been credited for being part of a successful decadelong effort to curb chronic homelessness in Utah. Recently unretired, Walker has been tapped by the city to be CEO of its Regional Task Force on the Homeless.

Holding his own at the PBTC meeting, while defending his staunch "housing first" stance on homelessness, Gordon, was asked if he supported a recent petition drive calling upon community churches to end or reign-in homeless feeds. "I find that [homeless] still need to eat. One of the important components of dealing with the homeless involves the faith-based community partnering and helping to organize things."

Gordon's response at the meeting

'I find that [homeless] still need to eat.'

> **GORDON WALKER** CITY'S LATEST HOMELESS 'CZAR'

activists concerned about worsening homelessness blighting the beach community.

"Everyone needs to understand that many of the neighbors feel powerless with what places of worship are doing (homeless feeds)," said PB activist Marcella Teran. "I have met with the different churches and have felt like they have not understood what was going on with the overflow of drug addicts, people hanging out in somebody else's front yards leaving needles, etc."

Recent past Pacific Beach Planning Group chair Brian Curry

"Four or five houses of worship that feed the homeless have some ing. residents very concerned," said Curry, adding, "I think everyone's heart is in the right place. It's a question of helping versus just serving (food). It's a volatile issue. I'm wondering whether feedings should be

companioned with some type of (social) service, or any other type of criteria, in residential areas."

Gordon noted one of the distinguishing characteristics of homelessness is that victims "have significant trust issues with society." Speaking from experience, he offered an anecdote.

"People were asked if they wanted help three, four, six times and declined. I know where one individual was asked 768 times before they accepted housing. This is long-term relationship building with each of these individuals. Most of them want to be housed. Many of them have forgotten how to be housed."

Gordon had two other major points to make about homelessness during his presentation. One is that it costs more ultimately to provide them with emergency services than to house them. The other is that there is property out there available to be used for new homeless hous-

"It [housing] doesn't have to be fancy," Gordon said. "[The city/county] in the process of converting some 11 identified properties into buildable properties. It's



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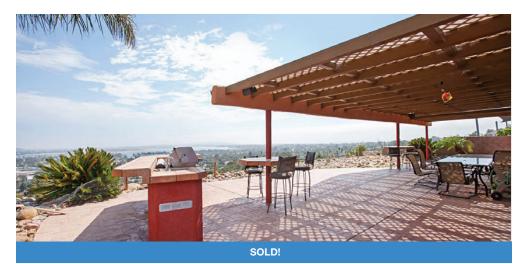


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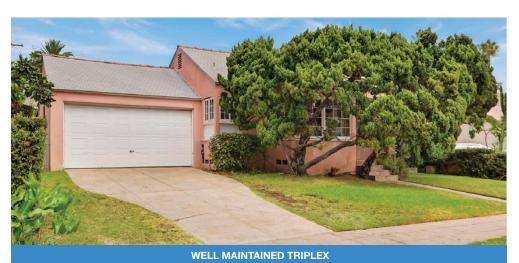


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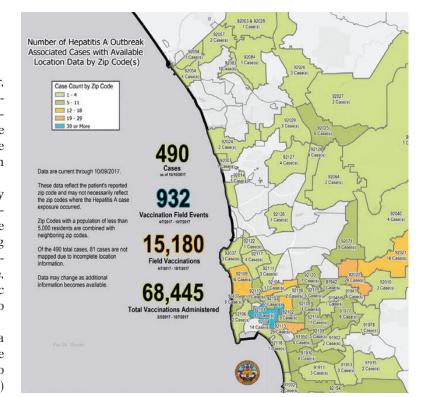
virus have no symptoms — fever, fatigue, nausea, loss of appetite, yellowing of the eyes (jaundice), stomach pain, vomiting, dark urine, pale stools and diarrhea. Adults are more likely to have symptoms than

Additionally, San Diego County Health Department reported roughly two-thirds of the victims have been homeless and/or illicit drug users. That makes the task of combatting the disease a real challenge, said Dr. Wilma Wooten, public health officer for the San Diego

"It's (homeless/drug abusers) a difficult-to-reach population," she said. "So we've had to creatively go where they are (on the street) because these people typically don't go to health clinics. We've put out teams of public health nurses and law enforcement homeless outreach officers to help us vaccinate those people."

The ongoing hepatitis outbreak was unexpected.

"Typically, every month we have two to three cases of hepatitis A that is travel-related, associated with someone who has gone to a country where there is a high prevalence of the disease where they can get exposed to it, and then bring it back with them," said Wooten. "[Hepatitis] has a long incubation period —



15 to 50 days."

Wooten said there was a spike in hepatitis A cases starting this March, which prompted her to declare a local public health emergency. And, because infections are most common among the homeless who often have no access to sanitary facilities, the county's efforts began turning toward installing hand-washing stations and doing street cleaning in early summer.

One theory advanced to explain the present hepatitis outbreak, is that California's discontinuation of single-use plastic bags has helped

spread the disease. Many people have discounted the plastic-bag theory, but not Wooten.

'Yes, absolutely, we know people use the bags for [defecation]," she said. "We know people don't have bathrooms and they can put bags in cans and buckets and maintain good hygiene. That's why we put plastic bags in the hygiene kits we're handing out. That's what we expect people will use them for."

The San Diego County Public Health Officer strongly recommends the following groups be vaccinated with the hepatitis A vaccine:

- People who are homeless.
- Users of illegal drugs.
- Men who have sex with men.
- People with chronic liver disease, such as cirrhosis, hepatitis B, or hepatitis C.
- People who work with, provide services to or clean up after the homeless and/or illegal drug users.
- Food handlers who have adult clients. Food handlers are not at increased risk, but if infected can impact a large number of people.
- People with clotting factor dis-
- People who conduct laboratory research with the virus.
- Travelers to countries where hepatitis A is common.
- People in close personal contact with adopted children from countries where hepatitis A is common.

Wooten said the county has employed a three-pronged approach to addressing the hepatitis outbreak: vaccination, sanitation, and educa-

"As of today, we've vaccinated almost 84,000 individuals since we identified the outbreak in March," she said.

"We've also been installing handsanitizing stations throughout the city and county, as well as cleaning and bleaching the sidewalks, using the same vendor as the city of Los Angeles, which has more homeless than San Diego, but has not had a hepatitis outbreak. We also have introduced a public education campaign with posters on trolleys."

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# **Pacific and Mission beach communities** come together for Maruta Gardner Day



A mural in memory of Maruta Gardner, designed by Israel (Ezra) Cervantes, will be dedicated at Mission Bay High School on Nov. 3. It is also being painted with the help of the Mission Bay High Mural Club.

Two communities in San Diego have decided to come together around a cause inspired by fallen community activist and former Mission Bay High School principal, Maruta Gardner. On Nov. 3, participating organizations are holding a "Day of Service" to inspire future leaders, and the community to make a positive impact.

Along with the Day of Service, a beautiful mural in memory of Gardner, and in the spirit of inspiring community service, designed by Israel (Ezra) Cervantes, will be dedicated at Mission Bay High School and is being painted with the help of the Mission Bay High Mural Club.

"Friday, we are hosting a number of events as part of our Day of Service, and anyone from the community, from military members to high school students are invited and encouraged to participate in one of the day's service projects, which start at 10 a.m., 11 a.m., 2 p.m., and 4 p.m. around Mission Beach and Pacific Beach," said Dawn Reilly, project administrator for BeautifulMB.

Community service projects include a cleanup around the Rose Creek and Crown Point Preserve areas, weeding and cleanup along the sidewalks, streets, and alleys in the business districts around Pacific Beach and Mission Beach, utility box painting and sealing along Mission Boulevard, anti-graffiti cleaning around the community (something that was very important to Gardner), and conversation and companionship at a local senior center.

The day's events will kick off with a dedication of a mural at Mission Bay High – inspiring community service in Gardner's honor at 9 a.m. Attendees will be treated to coffee and pastries from local businesses

#### MARUTA GARDNER DAY

When: 10 a.m. to 4 p.m. Nov. 3. Where: Mission and Pacific beaches.

Mural dedication: 9 a.m. Nov. 3 at Mission Bay High School, 2475 Grand Ave.

Info: www.beautifulmb.com.

Swell Coffee Co., and Olive Bakery. As a special treat, guests will also be able to add to the mural, painting flowers in honor of beautifying the city or in honor of a loved one.

"There's no better way to bring our community together, than to come out and participate in service projects," says John Vallas, a local business owner and one of the founders of BeautifulMB, along with Gina Champion-Cain, another local business owner. "We started BeautifulMB for this very reason, to improve and beautify our community, and what a special way to do Library, Friends of PB Library, Misthis on Maruta Gardner Day."

In 2015, the City of San Diego declared Nov. 3 as Maruta Gardner Games 2019.

Day in recognition of Gardner's years of service to the community through the Women's Club, for her graffiti eradication work, and for her most recent effort to upgrade the playground at Bonita Cove through the "Play by the Bay" fundraising effort. Gardner also served the community through education, as an administrator for San Diego Unified School District, as well as consulting at San Diego State University.

Anyone interested in participating or contributing to the Maruta Gardner "Day of Service" events are encouraged to visit www.beautifulmb.com, or BeautifulMB's facebook event page for more information.

Participating community organizations include the Mission Beach Town Council, Pacific Beach Town Council, OMBAC, Mission Beach Women's Club, BeautifulPB, BeautifulMB, PB Street Guardians, PB sion Bay High School, Olive Cafe & Bakery, and ANOC World Beach

## Police raid illegal pot delivery service

a.m., the San Diego Police Department's Narcotics Unit served search warrants at 1843 Grand Ave. and 655 6th Ave. These locations were being used to operate an illegal marijuana delivery service called Kings of Green. In addition to vehicle deliveries within San Diego, Kings of Green was delivering marijuana to areas outside of San Diego via the mail.

The search warrant yielded approximately 47 pounds of high grade marijuana, 120 edibles and

On Oct. 26, at approximately 7 concentrated cannabis, multiple ecstasy pills, \$2,700 cash, and business documents and records. Two employees, including the owner and an employee, were arrested for operating a business without a license and sales of marijuana.

> These subjects also face additional federal charges for using the U.S. mail to conduct their illegal business. A third subject was arrested and booked into jail for possession of a controlled substance (ecstasy) with intent to sell.

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# VFW Post 5985 serves veterans in Pacific Beach, 80 years and counting

By DAVE SCHWAB

Every day is Veterans Day at VFW Post 5985 in Pacific Beach.

"This VFW Post doesn't do a lot here to commemorate Veterans Day," said Frank Gless, quartermaster and CFO for Post 5985, which serves some 300 to 400 members Legion Auxiliary Unit 552, which both use the facility.

But Gless pointed out members at VFW Post 5985, which has existed since 1938 at 853 Turquoise St., are "usually in the (veterans) parade downtown, or are doing other things at Naval Base Coronado, which our guys enjoy.'

On its Facebook page, VFW Post 5985 notes that, for more than 80 years, the organization has "combined the laid-back San Diego beach mindset with good, old-fashioned values to provide a timeless location where our nation's veterans come together to relax, unwind and reminisce."

Gless said conviviality is why members and friends keep coming back to Post 5985.

great place, and we have a lot of fun here," said Gless. "People comment on how friendly the Post is. We get members transferring from other posts because they like the camaraderie here."

Post 5985 has an on-the-spot veteran service officer who is eager to assist veterans with V.A. claims and/or issues. The post also has a rentable hall for private events, and multiple big screens to watch sporting events. There is a pool table available for patrons, and, during hot days, the air conditioning is between the VFW and American always on and guests are welcome to come in an chill.

> "We have a canteen," said Gless. "We rent our meeting room out for parties for \$150, which takes care of security."

> Gless said PB VFW Post 5985 has a licensed kitchen with low-cost meals served to the local community. "We have a \$4 meal on Tuesday nights featuring items like lasagna or chili, as well as serving big breakfasts, a \$7 meal every other Sunday, offering bacon, corned beef, biscuits and gravy, pancakes and fruit salad with all the trimmings, that usually draws 40 or 50 people."

The Post's vision is to "ensure that veterans are respected for their service, always receive their earned entitlements, and are recognized for the sacrifices they and their loved "It's a little bit rustic, but ours is a ones have made on behalf of this great country."

Core values of the VFW Post:

- Always put the interests of our members first;
- Treat donors as partners in our

**VFW POST 5985** 

Where: 853 Turquoise St.

What: The Post serves some 300 to 400 members between the VFW and American Legion Auxiliary Unit 552, which both use

Community

Info: 858-488-3631.

- Promote patriotism;
- Honor military service;
- Ensure the care of veterans and their families;
- Serve our communities;
- Promote a positive image of the
- Respect the diversity of veteran opinions.

Post annually sponsors Boy Scouts, as well as offering fellowships to local seventh- and eighth-grade students who qualify by writing essays on patriotism.

"Every year, around December or January, [Post 5985] picks our national scholars, our top seventh and eighth graders, who go on to compete for \$2,000 to \$3,000 in the Museum of Flight. prizes, doing a speech rather than an essay, also on patriotism. Our future is the children of this world."

But Gless noted the Post's main function is to "be of service to our veterans."

On Veterans Day, Saturday, Nov. 11 this year, many VFW Post 5985



Gless pointed out the PB VFW The PB VFW Post 5985 on Turquoise Street has a licensed kitchen and serves low-cost meals to the local community. PHOTO BY DAVE SCHWAB

al Mt. Soledad National Veterans by Air Group One of the Commem-Memorial ceremony in La Jolla starting at 2 p.m. The event will feature keynote speaker Bonnie J. Dunbar, NASA astronaut, professor of aerospace engineering at Texas A&M, and former president/CEO of

The Mt. Soledad Memorial Day ceremony includes music by Marine Band San Diego from the Marine Corps Recruit Depot and Marine Veteran Rocio Sanchez, and honors will be presented by the MCRD Color Guard and Rifle Team.

As in years past, an emotionally veterans will be attending the annu- moving "Fly By" will be conducted

orative Air Force, and the San Diego Performance Team Aircraft, which will cross over the memorial following the keynote address, executing the traditional Missing Man forma-

Veterans Day attendees are encouraged to arrive early. Old Town Trolley will provide complimentary shuttle service to and from the memorial from nearby Mt. Soledad Presbyterian Church (6551 Soledad Mountain Road) and The French American School (6550 Soledad Mountain Road) parking lots.



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## Woman pleads guilty to manslaughter in PB death

By NEAL PUTNAM

the beating death of an acquain- of Joaquin Tuttle, 40. tance in a Pacific Beach motel.

against Samantha Grace Passmore, Parker, 29, was confirmed Oct. 27 A woman pleaded guilty on Oct. 24, after she pleaded guilty to 27 to voluntary manslaughter in manslaughter in the April 21 death

Meanwhile, the murder trial of

A murder charge was dismissed co-defendant Cameron Matthew for Jan. 16, 2018. Parker is alleged to have fought with Tuttle and causing his injuries.

> Deputy District Attorney Melissa Vasel said Passmore is expected to receive seven years in prison when she is sentenced by San Diego Superior Court Judge Michael Groch.

> Vasel said Passmore agreed to serve the seven-year term when she pleaded guilty. Sentencing will be Jan. 11.

> A security camera at the San Diego Motel at 4780 Mission Bay Drive caught a glimpse of Passmore looking into Tuttle's motel room for four seconds before turning away, according to testimony.

> It was believed at that moment Parker was fighting and stabbing Tuttle on April 14. He was hospitalized at Scripps La Jolla, but died there on April 21 from blunt force trauma injuries.

> A pathologist testified earlier that Tuttle had four rib fractures, stab wounds, a history of renal disease, and had used methamphetamine in the past. He said the cause of death was homicide because of the blunt force trauma injuries.

A police officer testified Tuttle told him in the hospital that it was possible his attacker, whom he did not know, was the jealous boyfriend of a woman he knew.



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## **EDUCATION** NOTEBOOK>>

#### Mission Bay Cluster

■ Do you have friends or family living outside of the Mission Bay Cluster that would like to attend one of Pacific Beach's exceptional schools during the 2018-2019 school year? With four elementary schools, a middle school, and a high school, the Mission Bay Cluster offers a variety of concentrations and curricula.

Barnard Asian Pacific Language Academy is a Mandarin Chinese immersion program giving students from kindergarten through fifth grade instruction in core academics in both English and Mandarin Chinese. Crown Point Junior Music Academy focuses on strong academics through music education, while Kate Sessions Elementary is an International Baccalaureate World School with an inquiry-based approach to teaching and learning. Pacific Beach Elementary is located in north Pacific Beach and offers differentiated instruction for all learners, including GATE and GATE/Seminar. Pacific Beach Middle and Mission Bay High schools are both International Baccalaureate World Schools offering a wide variety of courses, academic rigor, and athletic opportunities.

- The San Diego Unified School Choice Program provides students with the opportunity to attend PB schools even if they aren't their neighborhood school. Enrollment through the School Choice Program closes Nov. 13. Apply online at sandiegounified.org.
- The next Mission Bay Cluster meeting will take place 6 p.m. Thursday, Nov. 2, in the Pacific Beach Elementary library.
- At the Oct. 24 San Diego Unified School District Board of Education meeting (above photo), PBMS eighthgrader Katerina Sidell spoke about BlueSTEM, a new pathway at PBMS to add to their International Baccalaureate, music, and Mandarin immersion programs. Working with the Maritime Alliance, students are connected to BlueTech education, career, and service opportunities.

MBHS seniors spoke about their ongoing projects under the guidance of teachers Steve Walters and Tony Corbin. Jordan Grayson described their Virtual Reality Ocean Experience project where students developed VR experiences centered around environmental conservation. One project, in partnership with Cabrillo National Monument, involved filming with 360-degree cameras the hike to the tide pools to make the park accessible to everyone.

Ciara Gray spoke about the ongoing partnerships with NOAA/Southwest Fisheries and California Fish and Wildlife raising baby red abalone in the classroom and with Hubbs/Sea World raising and tagging white sea bass in the classroom and releasing them into Mission Bay.

She explained one of their goals is to bring students of all ages together as with their partnership with Climate Science Alliance sending MBHS students acting as Climate Ambassadors for a Clean Ocean to Pacific Beach elementary schools to "teach about the earth, their impact on it, and communication in science."

Arielle Hancko spoke about their three-year project of reducing plastic pollution on campus and in the local community and of their annual participation in the Ocean Plastic Pollution Summit at Monterey Bay Aquarium, where "like-minded youth get together to discuss the ways to reduce their ecological footprint in their own communities."

#### Mission Bay High

■ Have you heard about the excellent academic and sports programs at MBHS? Hear all about it at the next campus tour at 8 a.m. Thursday, Nov. 9.

#### Pacific Beach Middle

School tours are in full swing. Invite your neighbors and friends to the monthly tour so that families can learn about the school's programs. The next one is from 8 to 10 a.m. Thursday, Nov. 2.

#### Barnard Elementary

■ Barnard Mandarin Magnet Elementary School's annual Literacy Night, held on Oct. 20, was a scary success. A crowd of nearly 200 students, siblings, parents, and volunteers attended this award-winning, annual event, which aimed to show children how reading and writing can be fun. Just in time for Halloween, this year's theme, "Night of the Ghost Writers," brought out each student's best writing in creative and spooky ways. There was something for everyone, from



Pacific Beach Middle School principal Kimberly Meng and Mission Bay High School principal Ernie Remillard stand with four Mission Bay Cluster students, who presented before the San Diego Unified School District Board of Education at their meeting on Oct. 24. Read more about it in the Mission Bay Cluster section (at left).

kindergarten through fifth grade.

"There is no reason that students PB Elementary shouldn't enjoy reading, writing, and literacy," Barnard parent and eventcoordinator Amy Cheng said. "These kids had such a great time at this party that they didn't realize they were learning the entire time." Last year, the San Diego PTA Council honored Barnard's Literacy Night with the Ruth Johnson Award, which recognizes innovative programs.

- Girl Scouts Junior Troop 4288 at Barnard is collecting recycling to help fund their year-end bridging trip. They are collecting plastic bottles with CRV and aluminum cans.
- Girl Scout Junior Troop 4288 at Barnard set up The Little Free Library. The philosophy behind the library is that everyone should have access to books all the time. The policy is take a book and enjoy. The librarians are the Junior Troop 4288. They repair the books and stamp them. The girls also make sure they have a variety of books for all ages of students.

- Nov. 3 is Rollerskating Family Fun Night at Skateworld, at 6907 Linda Vista Road. Tickets are \$10 per person, including skate rentals. A portion of the proceeds from the night benefit the school.
- The community is invited to watch PBE students perform in Missoula Children's Theatre production of "Beauty Lou and the Country Beast." Shows are in the PBE auditorium on Saturday, Nov. 18 at 2:30 p.m. and 5:30 p.m.

#### **CPJMA**

- Are you thinking of enrolling your student at Crown Point Junior Music Academy, but live outside of Pacific Beach? The SDUSD Choice deadline is Nov. 13. Come tour the school Tuesday, Nov. 7, from 1:15 to 1:45 p.m. Learn about the free Suzuki violin program, free after-school music clubs, teachers and beautiful campus.
  - Join CPJMA families for a Dine world around them.

Out at Corvette Diner on Nov. 6 from 5:30 to 8:30 p.m. The flyer will be available on the Friends of CPIMA website and FB page.

■ CPJMA wants to thank everyone who was a part of the annual Trunk or Treat! Thank you to Newbreak for partnering with us to make it a big success and to the volunteers, community supporters, and attendees who enjoyed the festivities.

#### **Kate Sessions**

■ Sessions congratulates October's "ISee IB" winners: Charly-Beller Ramirez for being cooperative, Joel Levin for being respectful, Juan Diego Melendez for being cooperative, Lucia Fowler for helpfulness, Rileigh Heering for caring, and Rebecca Villalba for being a thinker. These are a few of the attributes that make up the International Baccalaureate learner profile, implying a commitment to help all members of the school community learn to respect themselves, others and the



#### **CELIA ANGOA AND TRISTAN HORTON** "Kiwanis Student of the Month"

Celia Angoa, from Pacific Beach Elem. and Tristan Horton, from Crown Point Jr. Music Academy are the Kiwanis Students of the Month. These students represent outstanding leadership in and outside of their classroom. They both were honored by the Kiwanis Club of Pacific Beach and Brian McMullen of Allstate P.B. with breakfast at the Broken Yolk. Congratulations to these outstanding students!

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## Two men on trial for allegedly robbing five tourists in Pacific Beach and La Jolla

By NEAL PUTNAM

stand trial for allegedly robbing five tourists vacationing from Arizona in Pacific Beach.

Additionally, Ephraim Jacob Byers, 21, is accused of holding up a woman on a La Jolla street on May 12. Byers was also held to answer for grand theft in the loss of an employee's iPhone in Pacific Beach.

Both Byers and Kyle James Holland, 20, were identified by most of the witnesses in a preliminary hearing conducted by San Diego Superior Court Judge Charles Rogers.

Three women who were vacationing together from Arizona and a couple also from Arizona were held up in two incidents in Pacific Beach in which their cell phones and other items were taken.

Rogers ordered the men to stand trial on a single count of making a criminal threat to one victim. He dismissed two counts of making a criminal threat to other victims.

Two men were ordered Oct. 19 to police until she was safely at home March. as her cell phone was stolen.

> husband were robbed at 2 a.m. July 24 after they left a Pacific Beach bar while they were vacationing here was valued at \$800. The three men from Arizona.

"Two guys jumped out of the darkness with a knife," said Garris.

"Give us all your (expletive), your purse," Garris quoted one robber as

Detective Stephanie Audette testified she interviewed Holland after his July 24 arrest and he told her he "was acting as a lookout." She said Holland admitted Byers gave him some money for helping him in the hold-ups.

The police detective also testified Holland kept one of the cellphones that was taken from an Arizona

Courtland Nead, a manager at California Accessories on Garnet Street, testified his iPhone 6S+ was READ MORE ONLINE AT sdnews.com

The La Jolla victim said the robber stolen by one man after two other pulled a gun on her and did not call men distracted him in the store in

Nead testified the three men came Lisa Garris testified she and her in together and it was believed Byers unplugged his phone that was charging at the time and took it. It then left together.

> The charge for the theft was changed at the hearing from robbery to grand theft since the phone was taken while the victim was not in personal possession of it at the time.

> Holland's attorney argued her client was in the background in most of the incidents and was 30 feet away from the three women who were held up by Byers.

> Deputy District Attorney Lucille Yturralde argued both men "acted together" in the robberies.

> Rogers ordered both men to next appear in court on Nov. 6 when a trial date will be set. They have both pleaded not guilty.

## San Diego County YMCA fined for chlorine spill

Bv NEAL PUTNAM

The YMCA of San Diego County was fined \$17,000 Oct. 20 and ordered to abide by numerous probation conditions for a chlorine spill that sickened 79 elementary students and eight adults in 2015.

The YMCA, as a non-profit corporation, pleaded guilty to four felony counts and one misdemeanor that involved a hazardous waste spill that occurred two years ago in Santee that also went into a storm drain.

The board of directors for the county-wide YMCA hired former District Attorney Paul Pfingst who represented them on Oct. 20. Approximately seven directors and employees were in the audience when San Diego Superior Court Judge Polly Shamoon placed the YMCA on two years probation.

The terms of probation affect all YMCA facilities in the county. The judge ordered all YMCA facilities to allow unannounced inspections by the County Department of Environmental Health and to nev's office.

improve its procedures for handling hazardous materials.

Pfingst filed documents noting the YMCA has since paid \$705,053 in facility improvements such as new chemical pumps, chemical monitoring systems, berms sourrounding chemical storage areas, and remodeling pump room doors.

"The YMCA is changing its entire culture and organization to try to respond to provide better aquatic safety inside the pool," said Pfingst to the judge.

"These people," said Pfingst, gestering to the audience, "have worked tirelessly to put these changes in effect."

Also sentenced to three years probation was Lee Joseph Ladley, 64, the YMCA facilities director who now is the YMCA director for one facility in Spring Valley.

Ladley was fined \$6,150, and given credit for one day in jail for a previous booking when he and the YMCA were first charged on Oct. 19, 2016 by the District Attor-

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## French culture at indoor cycling and yoga studio in PB

By DAVE SCHWAB

If you like your workouts served up with a French twist, then Oxygen Studio in Pacific Beach is for you.

The yoga/indoor cycling studio at 1896 Garnet Ave. in Pacific Plaza II is co-owned and operated by Bam Coulibaly, who recently arrived from

Coulibaly cut her teeth as a physical training instructor at gyms in Paris for 14 years before exporting her talents to San Diego to reboot her career here. Bam's business partner is Karim, a former high-level Karate competitor on the French national team, whose business philosophies are in line with martial arts values.

Asked about her workout studio, which has been open since July 4, Coulibaly said, "This is a place where you can be free, no troubles. Just come here and take a cycling class for 45 minutes, or a 60-minute yoga class. Oxygen is about an experience, a journey."

Instruction at Oxygen is more than just a physical workout.

"You not only want to workout and sweat, but you can learn about yourself," Coulibaly said. "Just think about who you are, who you want to be, (while) on a bike."

Coulibaly added an Oxygen workout has positive consequences.

"You can find a balance with your-



Instructors at Oxygen Studio, including co-owner Bam Coulibaly (third from right).

PHOTO BY JARROD JOACHIM

self with this kind of workout," she important for me," she said. "I can be noted.

And what of the studio's name?

"You need oxygen to breathe, to be alive every single second," said Coulibaly. "It's why I chose the name, because with me, I even smile with oxygen. We have a French expression, I need to get my head out of the water to breathe and find oxygen."

Bam said yoga instruction can help work out the kinks. "Yoga is very just crazy and I can do yoga, and I can be just calm."

Will Oxygen Studio be a prototype for workout studios to come? "Maybe," said Coulibaly. "I cannot say."

Oxygen's website states that the mission "is to create a community with an emphasis on cultivating positive energy, where everybody feels welcome. Taking care of yourself should be a priority. Oxygen Studio

#### **OXYGEN STUDIO**

Where: Pacific Plaza II, 1896 Garnet Ave. Info: www.oxygenstudio.us, 858-230-7900.

brings smiles and balance. It's not just about fitness, it's a lifestyle."

The website goes on to state that the workout "journey" starts with music as patrons "disconnect themselves in candle-lit rooms," bringing the best out in themselves. "Trust the process, follow the rhythm, and let yourself be guided by an inspiring and passionate coach," states the website. "Together, we will create a spicy, energizing experience. Anything can happen...'

Bam invited the public to come in to her studio and "live the French-American experience."

### Lord of the Wings contest to benefit Discover PB Clean and Safe Program

Who will earn the title of Lord of the Wings? Visit the Karl Strauss tasting room, at 5985 Santa Fe St., from 5 to 9 p.m. on Tuesday, Nov. 14. and join "celebrity" judges in naming the best wings from area restaurants that will be competing for the Lord of the Wings crown.

This event is a fundraiser for the Discover Pacific Beach Clean and Safe Program. All proceeds benefit the program, which hires homeless individuals to clean and maintain the streets and sidewalks in the business district of Pacific Beach, provides outreach to other homeless individuals, and hires safety ambassadors to patrol the business district to address aggressive and criminal behavior.

The \$30 ticket includes chicken wing samples from all participating restaurants (PB Shore Club, Tavern, Tap Room, Dude's Grill To Go, PB Alehouse, and more) and two Karl Strauss craft beers. Tickets will be \$40 at the door. Additional beers will be available for purchase.

For more information, email sara.pacificbeach@gmail.com.

The Clean and Safe Program is in its pilot year and Discover Pacific Beach is attempting to raise funds to continue helping the community and business district. The program uses a threeprong approach that includes cleaning, security, and homeless outreach.



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## Java Joe's showcase to feature acoustic sets

By BART MENDOZA

On Nov. 10, Java Joe's will host a special music showcase featuring acoustic sets from a cross section of San Diego-based artists who don't often play in this format. On hand will be Dusty Recor and Indian Joe, The Universe Channel with Ted Stern, Steve Roche, singer-songwriter Jeff Ousley, frontman for indie rockers League of Liars, Michael Fairchild, and blues duo John January and Linda Berry.

All of the evening's performers are well worth hearing, but the nod goes to the latter. January and Berry's take on the blues, as heard on their latest album, "Chemistry 101," is charming, with great interplay between the duo and January's excellent guitar work part of their

John January and Linda Berry: Friday, Nov. 10 at Java Joe's, 2611 Congress St., 8 p.m. All ages. www.javajoessd.com.

Anyone looking for a relaxing spot for drinks or dinner, will want to check out The Turquoise on Fridays at 6 p.m. for a performance from guitarist Mario Marauak. Specializing in Brazilian sounds with a touch of reggae, Marauak plays solo, using looping pedals and technique to give his vocals and fretwork extra presence. It's a great way to kick off the weekend. Located right on Turqouise Street, this venue is one of San Diego's gems, an oasis for lovers of good food and music that's just outside the mainstream, in particular jazz and world sounds.

Marauak: Fridays, at Café-Bar Europa, 873 Turqouise St. 6 p.m. 21 and up. www.theturquoise.com.

Mixing up elements of jazz and soul with Latin sounds, it's easy to see why Gaby and La Buena Onda have become one of San Diego's favorite combos. Led by Gabriela Aparicio, the band's beats are infectious, perfect for dancing or as the night's soundtrack. However, as great as the players are, what makes



John January and Linda Berry will play at Java Joe's Friday, Nov. 10.

both English and Spanish, Aparicio has put together a great batch of original tunes, such as "You Captivate Me," which are as high in melody as they are in rhythm.

Gaby y La Buena Onda: Friday, Nov. 3 at the 710 Beach Club, 710 Garnet Ave. 9 p.m. 21 and up. www.710bc.com.

Anyone jaded by the typical set lists played by cover bands, will want to check out the Moonage Daydreamers, performing at Beaumont's on Nov. 10. Where many bands are content to rehash "Brown Eved Girl." this combo mixes it up with less obvious hits by the likes of Roxy Music, The Velvet Underground and their namesake. David Bowie. Pulling material from the 1960s through the 1980s gives the Moonage Daydreamers a wide net to choose from, but if you are looking for dance music that avoids the usual clichés, this is your dream

original album even has a San Diego connection in its drummer, former Point Loma student John Guerin, who also co-wrote the title track. Backed by a band that includes guitarist Jamie Kime, keyboardist Barnaby Finch, bassist Jim Reeves and drummer Duncan Moore, Adler and Blackburn will wonderfully evoke the sounds of Laurel Canyon's most famous songstress.

Robin Adler and Dave Blackburn: Saturday, Nov. 11, at Dizzy's at Arias Hall, 1717 Morena Blvd. 8 p.m. \$20. www.dizzysjazz.com.

The sound of New Orleans comes to Humphrey's backstage Live on Nov. 15 with an appearance by The Bayou Brothers. The name is a bit of a misnomer, as there is also a "sister" in the band, rubboard player Judy Seid, but there is no doubt that their Cajun sounds are an instant dance party. The band is a blur of motion and most of all a lot of fun to watch and listen to. Theirs is a wide ranging sound as can be attested to by their 2013 SDMA win as "Best Blues Band," but for authentic Louisiana rhythms and grooves, the Bayou Brothers are hard to beat.

The Bayou Brothers: Wednesday, Nov. 15 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 7 p.m. \$12. www.humphreysbackstagelive.com.

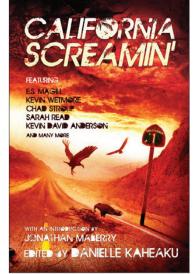
## PB writer's story featured in creepy 'California Screamin'

By LUCIA VITI

The reality of nightmares is not only alive and well in Pacific Beach, it's perfectly prepared for the Halloween season! Just ask resident horror fiction writer Brian Asman, a skilled artist who delights in gore. Noted for his short stories dripping with absolute weirdness, some even lined with creep, Asman is one of 16 writers featured in "California Screamin'," a new publication sure to delight and entertain those who relish the ghostly, sinister, eerie, absurd and disturbed.

The eclectic array of stories, edited by Danielle Kaheaku, transforms the land of "perpetual sunshine, swaying palm trees and blue waters lapping at sandy beaches" into California's dark side of "wraithlike fog, dense shadows and hellish heat." Stories lined with "primeval specters, soured fantasies, transplanted vampires and bizarre geography," tap into a Twilight Zone of fiction sure to surprise America's Finest City.

Asman's story, Bumming Smokes, leaves little to the imagination of "I need a smoke." An



odd, dry humor conjures up images of San Diego's clicks, leaving no doubt of his opinion of "those" people.

He writes, "Especially after the last lady – typical upper-middle class Whole Foods shopper. Some kind of Japanese or Chinese symbols linked up the inside of her arm, wearing a tank top covered in mandalas. Carrying a purse with a faux-Warhol photo print of Nelson Mandelas. The kind of

SEE **SCREAMIN**', Page 12



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CONT. FROM PG. 1

channel for the community to talk to churches and be heard."

Brian Curry, a past president of PB Planning Group, a participant in the 90-minute meeting between 16 or so participants, including churches and community reps, characterized it as a solid begin-

"I've been working on this for about four months trying to get the churches together with community leaders and concerned residents: We do have an issue with people living near those churches being concerned about drugs, trash and (associated) crime," said Curry. "It's positive that the churches are hearing from the community about what's bugging them. A lot of the residents have felt like they were not being heard and were being ignored.'

"I would agree with Brian that it for best practices."

was a very preliminary meeting, just a chance to hear each other," said Pastor David Nagler, of Christ Lutheran Church at 4761 Cass St. "That was very helpful."

The pastor described one moment during the group discussion when the energy in the room shifted.

"That was when one of the church leaders said, 'We want the neighbors who are sharing their stories about what happened in their yards with people who are on the street ... We want you to know that we believe that what you are telling us is true, that you feel unsafe in your neighborhood, or there are trash problems or things that you want to have dealt with."

But Phillips was not entirely happy with the inaugural PB community-church meeting. "My objective was to get churches to be willing to adopt stricter policies for (meal) recipients. The only thing that came out of it was suggestions

However, Phillips conceded, "For the first time, we actually began talks. The community deserves to hear that." Phillips said his hope moving for-

the churches to slowly but surely come on board (with discussions to reign-in homeless feeds)." Nagler was "encouraged" by the initial face-to-face, church-com-

ward is "about progress. We want

munity meeting. "There was no sense of people digging in their heels," Nagler said, adding both sides are well intentioned and want to do what's best

for the community. "Our neighbors who are complaining are caring people, and they care about people who are down on their luck. They would like to see something happen. That is hopeful. There wasn't any sense in the air of 'We don't care what you say.' None of that energy was

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in the room."

#### ${\sf SCREAMIN'}$ $_{s}$ CONT. FROM PG. 11

verse cares about her. Like Jupiter's trying to make sure all her stupid chakras are aligned or something."

Admitting that he "writes stuff, mostly horror, but also whatever weirdness pops into my head," Asman also confesses to loving dogs "way more than people," and enjoying a barrel-aged beer on a sunny Southern California day with punk rock blaring in the background.

"Bumming Smokes" is not for

the faint of heart. Nicotine afi-tion, fantasy and action. Mayberry enjoy the journey of the jones.

chick who actually thinks the uni- with stories to engage an audience Screamin'" as a book that contains who enjoys the art of the bizarre. As noted in the introduction written by famed writer and Southern Cal resident, Jonathan Maberry, "The stories in this book represent, for some of the contributors, their first published works. They are, without a doubt or reservation, worlds better than my first story."

Maberry is a New York Times bestselling author and comic book writer. Covering the genres of suspense, thriller, horror, science fic-

cionados, however, are sure to has won the Bram Stoker Award five times.

"California Screamin'" is replete He describes "California "terrific stories. And lots of monsters. Lots of shadows. Lots of horror." The self-described weird kid applies the same label to the authors. "My readers are weird, because – like me – they dig that kind of thing," he writes. "So are these writers. Weird and delightfully delicious."

> No ghastly ghoul or party should be without a copy of "California Screamin'" to highlight Halloween!



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## **Buccaneers battling in CIF**

By DAVE THOMAS

As October turned to November, a the year." number of Mission Bay fall sports that conclusion.

#### Boys beach volleyball

Head coach Nikki Caufield's er/Briski playoffs at the end of league play.

After a first-round bye, the Bucs played Sage Creek in the semifinal match and won 5-0.

"Sage Creek ended up being shorthanded and our top two teams pulled out solid wins to give us a 5-0 victory," Caufield commented.

The Bucs then went on to play Poway High in the Division II finals, seeking to repeat as the Division II champions.

of Zander Caufield/Andy Knight in the front row were all freshmen. posted a 2-1 victory.

team was comprised largely of juniors and seniors with almost the entire team being club volleyball players," Nikki Caufield remarked.

"It would pose a tough matchup for our very young squad. Our week. teams of Dusty Schraeder/Ian Briski and Stephen Tarbell/Cody Armstrong played really close matches ment for this very young squad," and nearly posted upset victories in Upp remarked.

probably their strongest matches of

According to Caufield, next year, teams saw their seasons either come the Bucs will return everyone except to an end or move a step closer to for their lone senior, Tarbell. "I think we are going to be a strong squad," Caufield added.

On Oct. 27, the teams of Schraedand Zander squad was seeded into the Division II Caufield/Knight both broke pool in the boys' varsity individual team championship to make the gold bracket finals on Nov. 1.

#### Girls volleyball

Head coach Steve Upp's squad finished its regular season with an impressive win over Mira Mesa.

Seniors Kim Hollaway and Shelby Moore played key roles in the victory for their last home game as Bucs.

During the final match, there was Mission Bay lost 4-1, as the team a rotation where the three players That trio was comprised of Mila "We knew that the Poway High Anderson, Jerne Ward and Maya

> Mission Bay ended up the 12th seed in Division II and was slated to play a very strong Steele Canyon squad in the first round CIF's this

"After moving up from Division III this year it is quite an accomplish-



LAST FOOTBALL GAME ON FRIDAY Mission Bay senior running back Kenneth Russell bursts through the line during the Bucs' loss to Patrick Henry earlier this season. Mission Bay (0-9) finishes the PHOTO BY THOMAS MELVILLE season at 6:30 p.m. Friday, Nov. 3 at Scripps Ranch.

#### Girls tennis

The Bucs got points from Rosina Valia and Amanda Edmunds (No. 1 doubles) in the team's CIF match.

Mission Bay qualified for Team CIF Mission Bay came into the week but had to play the top seed for the with an overall record of 9-5, 9-3 in second straight year. The Bucs fell league play for head coach Trong 16-2 to Vincent Memorial with a much-depleted team.

Sydenstricker, Jeanne Picard, Luz Zayetzi Bojorquez-Pinuelas, Valia, and Sophia Gillenberg for competing until the very last point in an uphill battle.

Mission Bay was to move on to According to Tong, honorable League finals this week, and then mentions go to Edmunds, Ashley hopefully Individual CIF next week.

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