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Beach & Bay PRESS

DINING

Chicken wings are a staple of beach bar menus, and with National Chicken Wing Day being July 29, the Beach & Bay Press offers readers a sample of the best wings.

SEE PAGE 10



BUSINESS

Bicycle Warehouse is celebrating its 25 year anniversary by gathering bikes for their Africa Project, which supplies refurbished rides to 8 countries.

SEE PAGE 9



SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY, JULY 13, 2017

BEACHANDBAYPRESS.COM

HATS, HAUTE, AND HORSES AT OPENING DAY

Summer racing season underway at Del Mar



La Jolla native Soha Dokainish (above) watches the fourth race at the rail during Opening Day on July 19. Competitors come around the first turn on the turf course in the third race, which was won by Cheekaboombboom. PHOTOS BY THOMAS MELVILLE



SEE RACES, Page 6

On a sweltering afternoon in mid-July, hats, haute, and horses assembled to live up to the hype of Opening Day for Del Mar Racetrack's 78th summer season. Women in elevated heels – only surpassed by the cusp of their millinery adorned with flowers, feathers, and fil-lies – modeled colorful dresses with matching gloves that held the arms of suitors styled in jackets, ties, and toppers as they paraded into the track.

New trolley station to spur development

High density family housing planned

By DAVE SCHWAB

The public is registering what they'd like to see considered in planning for preparation of an environmental impact report, as required by the California Environmental Quality Act for the Balboa Avenue Trolley Station project, following a July 19 city scoping meeting at Pacific Beach Library.

The trolley stop at Balboa Avenue is one of nine planned for the Mid-Coast Trolley project, which will extend trolley service 11

miles from Sante Fe Depot downtown to University City, ending at UTC and serving major activity centers including Old Town and two stops at UC San Diego.

The Balboa Avenue project is to establish a "specific plan" that would increase residential density by re-designating and rezoning lands to allow for transit-oriented public and private development adjacent to the trolley station. The plan provides recom-

SEE TROLLEY, Page 13

Mental competency hearing for Guerrero

By NEAL PUTMAN

A judge suspended criminal proceedings on July 14 against Jon David Guerrero in the murders and attacks of homeless men in Ocean Beach, the Midway District, and near Mission Bay.

San Diego Superior Court Judge Michael Smyth set a mental competency hearing for this week by another judge for Guerrero, 40, in which he might be returned to a state psychiatric facility for treatment.

Smyth didn't make a ruling on mental compe-

tency because he only received an email from a court-appointed psychiatrist who interviewed Guerrero in jail instead of a full psychiatric evaluation.

In the email, the psychiatrist reported he evaluated Guerrero in jail recently and determined he was not mentally competent. The email message was discussed by Smyth and the attorneys in open court.

The ruling about suspending criminal proceedings was opposed by

SEE HEARING, Page 12



Jon David Guerrero

De Anza Cove revitalization plans met with skepticism from San Diego Audubon

By DAVE SCHWAB

San Diego Audubon, spearheading a wetlands reclamation effort in the city's ongoing De Anza Revitalization Plan, credited the city for backing habitat restoration — but claims it isn't enough.

"The City of San Diego's De Anza Cove plans are driven by misguided priorities and therefore have a short-sighted approach to protecting Mission Bay," said San Diego Audubon director of conservation and ad-hoc committee vice chair Rebecca Schwartz Lesberg. "Both of the De Anza Revitalization plans reconnect Kendall-Frost Marsh with Rose Creek, which will help the remaining 40 acres of wetlands survive. What is missing from both alternatives is the long-term view to ensure wetlands can continue to create cleaner water, buffer communities from sea-level rise, provide habitat for wildlife, and get people out in nature. If they (wetlands) disappear — so do those services."

The conservation group's comments followed a June 29 city-sponsored workshop at Mission Bay High School. That was the first public meeting since November 2016, when the city unveiled three draft

alternative restoration plans for De Anza Cove.

ReWild Mission Bay is a project of San Diego Audubon to enhance and restore up to 170 acres of wetlands in the northeast corner of Mission Bay.

Wetlands including marshes, mud flats and riverbanks, which play an important role in San Diego's quality of life, attracting wildlife, fostering a diverse ecosystem, improving water quality and protecting communities from flooding by providing a cushion during high tides.

Today, only about 1 percent of the historic 4,500 acres of Mission Bay wetlands remain, making ReWild Mission Bay a critical and time-sensitive project for the area.

ReWild co-exists with the city of San Diego's De Anza Revitalization Plan, which seeks to re-imagine, repurpose and revitalize De Anza and the surrounding area. The three-year De Anza program is developing conceptual revitalization plan alternatives that result in a preferred plan, an amendment to the Mission Bay Park Master Plan and an environmental impact report. The goal is to create an iconic recreation destination that balances

recreation, environment and commerce.

Discussing De Anza Revitalization Plan Ad-hoc Committee's review of two plans for De Anza Cove last month, San Diego Audubon and residents gave feedback.

"The plans have come a long way since they were first released last November by integrating more wildlife habitat and water quality improvements, but clearly will not protect the integrity of the bay in the long run," said Lesberg Schwartz.

Audubon noted that, "While the De Anza Revitalization project is vital to safeguard the area from the impacts of climate change including the survival of the endangered species that rely on Mission Bay's remnant wetland areas, it does very little to correct the bay-wide imbalance that has, for decades, favored commerce and recreation at the expense of the environment."

"Over the past few months, city planners have engaged with the ReWild Mission Bay project team and have made a good-faith effort to include and configure habitat in their planning area," said San Diego Audubon's executive director Chris Redfern.



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**Studio, One Bedroom and Two Bedroom
Apartment Homes Now Available for Reservation**

San Diego desperately needs apartments; Can it keep up with increasing demand?

By JONATHAN LO

Housing in San Diego – we know there is a problem, but how much of a problem is it? A recent study on apartments by the National Multifamily Housing Council and National Apartment Association showed that San Diego needs 72,775 new apartments by 2030 to keep up with increasing demand.

To reach that goal, San Diego will need to make an average of 5,198 units per year, which is a tall order considering data from Axiometrics shows only an average of 1,857 investment grade units were built the last five years.

Older apartments

Alan Pentico, executive director of the San Diego County Apartment Association, said, "Nationally, as well as here in San Diego, we're experiencing fundamental shifts in our housing dynamics, as more people are moving away from buying houses and choosing apartments instead."

Pentico also notes that more than half of the current apartments are categorized as older units, meaning that not only does San Diego need to build new housing, but also update much of its existing apartments.

According to research by Hoyt Advisory Services and commissioned by National Apartment Association (NAA) and National Multifamily Housing Council (NMHC), 51 percent of apartments were built before 1980.

"The growing demand for apartments – combined with the need to renovate thousands of apartment buildings across the country – will make a significant and positive impact on our nation's economy for years to come," explained NMHC chair Bob DeWitt. "If plans for more construction and renovations come through, jobs are sure to follow."

Causes for demand

The report points to three main causes for the steep growth in the renting population: an increasing aging population, immigrants, and declining home purchases.

The biggest chunk of this new demand is the older population. As more people reach retirement, they have several reasons for moving out of houses and into apartments. After their families move out, the multi-bedroom homes retirees have are unnecessarily spacious, and they decide to downsize.

Moreover, many lost property value or were unable to hold onto

their homes because of the recession. The recession also led to others losing substantial amounts of retirement benefits.

These problems are further exacerbated considering the generation currently reaching retirement age is the baby boomers. Owning a home is no longer attractive, needed, or viable for many baby boomers, so they settle for an apartment.

Another population seeking apartment are immigrants, who tend to rent at higher rates and rent for longer periods of time.

NAA chair Cindy Clare said, "The Western U.S., as well as states such as Texas, Florida and North Carolina, are expected to have the greatest need for new apartment housing through 2030."

A big reason why the Western states have that difference is because of immigrants. Nationally, they make up around 51 percent of population growth, but in border or coastal states' regions like San Diego, that percentage is higher.

The reason immigrants stay in apartments longer than others is directly related to the next point – a vast majority of people are currently unable to afford homes.

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Water documentary at PB Library

The University of Arizona's Water Resources Research Center director, Dr. Sharon B. Megdal, Ph.D, will be presenting a viewing of "Beyond the Mirage: The Future of Water in the West" at the Pacific Beach Library 6 p.m. Tuesday, Aug. 1.

"Beyond the Mirage" explores the West's water situation in detail, including how the region arrived at this point. Through interviews with noted public policy and environmental experts, the documentary puts viewers at the center of this issue and prompts candid discussion about water resources and the need for viable, sustainable solutions.

The screening of the film will be followed by a question-and-answer session.

Paddle out

Celebration of life, potluck and paddle out for local swimming icon Anne Cleveland will take place 11 a.m. July 30 at Windansea Beach, Nautilus Street.

Yoga on library lawn

Vinyasa flow summer series yoga, led by Jennifer Butler, will take place Thursdays at 6 p.m. on the Pacific Beach Library lawn, 4274 Cass St. The series is free and runs through Sept. 21.

Summer meet-ups

Community meet-ups at Pacific Beach Library Park will take place 5 to 7 p.m. Tuesdays (on the grass lawn on east side of the library) at 4275 Cass St. Bring your family, friends and neighbors.

Bring your dinner, munchies, leashed dogs, and lawn chairs for a fun time socializing and getting to know others in your community. Children may use the playground. This weekly event is a great way for the community to reclaim and enjoy the library grounds.

Van Duzer joins PB Coldwell Banker

Amy Van Duzer has affiliated with the Pacific Beach office of Coldwell Banker Residential Brokerage as a

sales associate.

Prior to affiliating with Coldwell Banker Residential Brokerage, Van Duzer was the business development manager for Aberdeen Market



Amy Van Duzer

Intelligence. She holds a bachelor's degree and a master of business administration. She actively volunteers with Father Joe's Village.

Hivoral joins CDC Small Business Finance

Ray Hivoral, of Pacific Beach, has been hired by CDC Small Business

Finance to coach and advise small business owners seeking and securing financing to grow their companies. Specifically, Hivoral will be tasked with assisting minority-women- and veteran-owned small businesses who have struggled to obtain financing via traditional channels.

Simple tips to get every penny out of your home sale

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To assist home sellers, a new industry report has just been released called "27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar."

In this report you'll discover how to avoid financial disaster when

selling your home. Using a common-sense approach you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1023. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW.

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In order to fix this, I had my son sign an Advance Healthcare Directive and Power of Attorney on his 18th birthday!

While at age eighteen your child may not be ready to create a Trust, having an Advance Healthcare Directive and Power of Attorney in place can save their family a lot of trouble in the event that something does happen. Have them come in and create these documents before they go away to college!



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U.S., Brazil to face off in Tournament of Nations

By DAVE THOMAS

Two long-time women's soccer rivals are set to square off 5 p.m. Sunday, July 30 at Qualcomm Stadium in Mission Valley in their second match of the Tournament of Nations.

When the U.S. women's national team, under head coach Jill Ellis, tackles Brazil, it will renew friendly hostilities dating back to their last meetings two years ago. For the U.S., this will be their seventh-ever visit to play in San Diego.

For those heading to the Q this Sunday, expect a good crowd on hand. In the last meeting (Oct. 21, 2015) between the two in Seattle, a record attendance of 23,603 showed up to cheer on their respective teams.

In 2015, the U.S. netted a 1-1 draw in the first encounter (in Florida), going on to tally a 3-1 victory

in their second installment.

For their meeting in Orlando, Fla. nearly 33,000 fans were in attendance to watch a U.S. friendly win. That crowd was the biggest stand-alone crowd to watch such action in the Sunshine State.

The year prior in South America, Brazil defended its home turf by beating the U.S. 3-2 and settling for a 0-0 tie, respectively.

Both squads sport some of the top women's players in their sport.

For the U.S., soccer fans know the impact Carli Lloyd has had on the game. Meanwhile, Brazil features Marta, a five-time FIFA Women's Player of the Year. Highlighting her talents, Lloyd has captured the award twice (back-to-back).

Before the U.S. and Brazil collide, Japan and Australia will battle in the first match at 2:15 p.m.

For ticket information, visit www.ussoccer.com.



U.S. forward Alex Morgan slides in front of a clear attempt against Ireland at Qualcomm in January 2016. PHOTO BY THOMAS MELVILLE

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The hats contest finalists were (from left) Aubrey Fohl, Christine Best, Lauren Donahue, Andria Elam, Lauren Jenkins, Virginia Foster, Carlene McKnight, Mollie Cameron, Belinda Berry, and Christina Stutz.

RACES >> CONT. FROM PG. 1

"It all starts with the shoes," said Soha Dokainish, about constructing her outfit for the occasion. Her heels, a Carolina blue, led to a cerulean and white dress with a cobalt and cream hat. "It took a long time to create my look – like months," said the La Jolla native, who checked out horses in the paddock and watched the fourth race of the day from the rail.

The fashion – including the 23rd annual Opening Day Hats Contest, which drew more than 300 contestants – usually comes first, but soon after, the betting windows open and horses burst out of the gate.

Del Mar presented a half-dozen stakes races during the first week, highlighted by an extraordinary running of the TVG San Diego Handicap on Saturday that saw overwhelming favorite Arrogate suffer a shocking defeat at the hands of Accelerate, in

a race that drew a national buzz and added a new dimension to the track's TVG Pacific Classic scheduled for Aug. 19.

Music and donuts

The Summer Concert Series, held Fridays after the races, carries on with the Violent Femmes performance at 7 p.m. Friday, July 28.

On Saturday, July 29, head to the Seaside Terrace area from 8 to 10 a.m. for free coffee, orange juice and donuts. Track announcer, Trevor Denman, will host a Q&A session with jockeys and trainers while attendees can watch horses do their morning workouts. Later that day, the Gourmet Food Truck Festival rolls into Del Mar.

On weekends, from 1 to 6 p.m., families may join the party in the infield with a variety of free activities including pony rides, face painting and an obstacle course. Children receive free racetrack admission, and for adults the cost is \$6.

Hats contest winners

The winners of the Opening Day Hats Contest at Del Mar were announced late in the afternoon at the winners circle on the track. Categories included Most Glamorous, Best Fascinator, Best Flowers, Best Race Track Theme and Most Outrageous. Contestants competed for more than \$5,000 in cash and prizes.

The Grand Prize winner was Christina Stutz of San Diego who competed in the Most Outrageous category. Stutz won a Fairmont Grand Del Mar one-night stay and dinner for two at Addison Restaurant, featuring chef William Bradley's multi-course tasting menu with wine pairings valued at \$1,000. She also received \$300 cash and a Studio Savvy gift basket valued at \$250.

Stutz delighted Del Mar race fans with a grand scale presentation topped with an elegant life-sized horse enthusiast in a lovely hat of her own. The race fan topper carried an authentic 1948 vintage Del Mar racing program with betting slips. Stutz, whose hat took two months on-and-off to design, told the story about her father attending Opening Day in 1948 and was the inspiration for her clever take on the Del Mar scene.

Christine Best of Carlsbad won the category of Best Flowers made of gorgeous live white orchids in an understated elegant form. Mollie Cameron, of San Diego, who won the Best Fascinator category, wore an incredibly architected fascinator design that was stunningly simplistic and sculpted out of a single sheet of paper.

The winner in the Most Glamorous category, Lauren Donahue, from San Diego, was dressed in a beautiful vintage lace dress and hand-made hatinator in beautiful fruit with flowers and ostrich feathers. And rounding out the field of winners in the category of Best Racing Theme, Lauren Jenkins donned a full-size surfer wave, with horse race and aquarium atop a surf board themed "Where the Turf Meets The Surf."

Racing at Del Mar happens Wednesday through Sunday with the exception of Closing Day on Labor Day Monday. First post daily will be at 2 p.m. First post on Fridays will be at 4 p.m. with the exceptions of Aug. 25 and Sept. 1 when the first post is 3:30 p.m. For more information, visit delmarracing.com. —Thomas Melville



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Oakmont of Pacific Beach luxury assisted living center to open in August

By DAVE SCHWAB

Oakmont of Pacific Beach is the savoir-faire of senior care.

The brand new, 74-unit, three-floor, 72,266-square-foot luxury assisted-living and memory-care community at 955 Grand Ave. will hold a grand opening event 4 to 7 p.m. Wednesday, Aug. 2.

On a recent tour of the senior living complex by Beach & Bay Press, Oakmont sales specialist Shiela Dudley and corporate communications director Honey Lopez talked about the amenities of the senior living facility, which looks and feels like a plush resort.

Floor plans at Oakmont include studio, one- and two-bedroom options ranging from 400 to 966 square feet, all with 10-foot-high ceilings and spacious bathrooms.

More than 80 percent of the rooms in Oakmont were already spoken for just prior to its opening.

Oakmont delivers three different levels of senior care: completely unassisted independent living, assisted living for the less capable and memory care, on the second floor, for residents with more acute assistance needs.

And memory “care” at Oakmont, is exactly that. The facility uses the latest cutting-edge approaches to dealing with the memory-challenged, like having rooms with desks full of an individual’s personal



Shiela Dudley, Oakmont sales specialist, shows off a luxury room at the facility.

PHOTO BY DAVE SCHWAB

effects, used as a device to help “trigger” familiar memories for them. For men, there are suits and ties, a typewriter, a watch and masculine-oriented items. For women, jewelry boxes with beads, a wedding dress and framed pictures are used as reference points.

Oakmont’s amenity package for all residents includes:

- Gourmet meals served in a

restaurant-style dining room;

- On and off-site recreational and social activities;

• A library, and movie theater with plush seating, full-size fitness center with exercise classes and activity rooms with scheduled social events, games, arts and crafts;

- An onsite salon and day spa, private dining room, flower and veg-

etable garden, walking paths and a pet park; and

- Secured underground parking, chauffeured transportation and concierge services.

The new facility is extremely security conscious. Coded keypads are required to access all elevators. There are motion sensors in every room to detect movements of

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dementia sufferers to monitor their well being.

The chef-prepared cuisine at the facility is strictly top drawer.

“We are one of the very few senior communities that are able to have nurses on staff,” said Dudley, showing off model rooms in the complex. She noted trained professionals can properly care for residents suffering from diseases like diabetes, which require daily maintenance including insulin injections.

A Founder’s Club has also been established at Oakmont to provide special benefits to the first residents who move in. Founding Club members fill out paperwork, choose a preferred floor plan and location and make a refundable \$2,000 deposit.

In August 2014, Pacific Beach Planning Group voted 14-4-1 in favor Oakmont. However, community planners expressed two main concerns about the project: the appropriateness of a senior facility so near traffic and the beach, and displacement of the popular Purple Cafe.

Rising Sun Comics offers graphic novels, and manga

By DAVE SCHWAB

Rising Sun Comics is not your typical bookstore.

Yet the new comic book shop in Pacific Beach serves much the same function, especially for youngsters.

“We’re kid friendly, and kids like graphic novels,” said owner Ed Sherman of his recently opened shop at 1041 Garnet Ave., which has a sizable selection of graphic novels. “Librarians will tell you the best way to get them to embrace reading is to get them to read things they like.

“Schoolteachers now are using comics in their classrooms, they’re teaching college courses with comics,” Sherman added, offering an example of how a “floppy,” as comics are sometimes referred, or graphic novels or other related periodicals can inspire literacy.

“Just the other day, a woman came in with her son who was struggling with reading and he liked playing the Plants Versus Zombies video game,” Sherman said. “He saw the book (graphic novel of the same name) and his eyes lit up and he grabbed it. His

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mother looked at me and said, ‘What did you just do?’”

Sherman said the woman came back later and told him, “I’ve never seen him that happy about reading a book. There are so many parents out there saying, ‘My child was struggling, didn’t like reading, and I got them into graphic novels — and now they’re reading at an advanced level.’”

In Japan, a country with a long tradition for illustration, comics have been hugely popular. Referred to as manga, the Japanese form was established after World War II by Osamu Tezuka, who expanded the page count of a work to number in the hundreds, and who developed a filmic style, heavily influenced by the Disney animations of the time.

SEE COMICS, Page 9

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Bicycle Warehouse hits 25 year mark, celebrates with its Africa Project

By MARTIN JONES WESTLIN

"It's your world; ride it!" proclaims the tag line at Pacific Beach's Bicycle Warehouse retail and repair center. Co-owner Debbe Simmons thinks it has a nice ring, and as the warehouse marks its 25th anniversary, she adds that it's about to take on a certain literal significance. The local bike community has come a long way since the venue's opening on Independence Day of 1992, she says — as the fraternity grows, so too does its connection with the rest of the planet.

WANT TO HELP?

For more on Bicycle Warehouse, see bicyclerwarehouse.com. The number is 858-273-7300. More on Africa Project, including a number of introductory videos, can be found at mikesbikesafrica.com.

On Feb. 8, Simmons and co-owner husband Mike will travel to Africa as part of Africa Project, which supplies refurbished bikes to the continent as a public service. It's the brainchild of Mike's Bikes, a San Francisco shop that started the venture in 2008 — 20,000 vehicles later, the movement has taken hold in eight countries from Lesotho to Kenya.

The Simmonses, whose shop has participated in the project for the last four years, will travel to Botswana on their maiden voyage, helping sell the recast bikes to partner African dealers at greatly reduced cost. "What a great, great project," Simmons says. "It serves a purpose for somebody else, and it really changes lives."

Simmons is searching feverishly for 50 more vehicles to fill the latest 400-bike container for shipment. Kids bikes and mountain bikes are much appreciated, she says, adding that interested donors may drop off the vehicles at any Bicycle Warehouse store (the business has outlets in seven communities, from Chula Vista to Termecula, and it also operates a mobile unit). Money, as you might also imagine, wouldn't be turned away.

Merchandise, raffles and a barbecue were among the orders of the day on July 1 as Bicycle Warehouse celebrated its 25th year at its flagship store, 4670 Santa Fe St. in PB — but even as the event marked San Diego's growth as a bike community, it doesn't necessarily herald a new era. San Francisco, New York and Washington, D.C. are miles ahead of us in bike commutership; indeed, Portland's ridership roles jumped 215 percent between 1990 and 2000 amid intense public campaigns.

But Simmons' glass is half full as she cites the growing local trend and its impact on regional highways.

"There's more to be done," she says, "but we've also done a lot. Look at downtown. I see people riding downtown all the time. It's much greater than it was even five years ago."

READ MORE ONLINE AT sdnews.com

COMICS »

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The Japanese market expanded its range to cover works in many genres, from juvenile fantasy through romance to adult fantasies.

Rising Sun Comics carries a lot of manga, and Japanese anime, a style of Japanese film and television animation, typically aimed at adults as well as children.

Sherman, who is also a taxpreparer year-round, and has a second comic store location in a Mission Valley mall, said the location his new PB store is not a coincidence.

"I wanted to be on Garnet, and I wanted to be close to the beach to accommodate tourists and locals," he said, adding he believes "there needs to be more traditional retail on this street. I figured this would be something different."

Sherman noted the demographics of today's comics readership is changing.

"Now women make up at least 50 percent of the people who read comics," he said.

Sherman pointed out that comics are no longer just about traditional superheroes.

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The classic Buffalo-style chicken wings at Dirty Birds in Pacific Beach. PHOTO BY RONAN ELLIOTT

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NATIONAL CHICKEN WING DAY IS JULY 29

Some of the best wings in San Diego come with the some of best views at the beach

By RONAN ELLIOTT

They come sweet or sour, tender or crispy, hot or not. Wherever you eat them, however you like them, chicken wings are a staple of American cuisine – and with National Chicken Wing Day coming up on Saturday, July 29 – the Beach & Bay Press offers you a sample of some of the best places to find wings and ocean views in Pacific Beach, Mission Beach, and La Jolla.

Pacific Beach

Dirty Birds: It's impossible to discuss chicken wings in San Diego without mentioning Dirty Birds, at 4656 Mission Blvd. (just steps from the beach), and at 2970 Truxtun Road in Liberty Station.

Ranked by The Daily Meal as the No. 12 Best Buffalo Wings in America (and No. 1 in the San Diego region), Dirty Bird's sports a mind-boggling 37 varieties of chicken wing flavors, ranging from milder classics like Hawaiian and Honey Mustard, to the mouth-scorching Ghost Wing and Habanero. Come for the food, or just to enjoy the laid-back atmosphere and friendly staff, who are more than willing to guide you through your options.

Bub's at the Beach: With 25 types of wings, Bub's at the Beach, at 1030 Garnet Ave., weighs in as a close second to Dirty Birds, but this dive bar's zany, family-friendly atmosphere is more than enough to set it apart. Come with your kids to play Connect 4 on a jumbo-sized board, or knock down the massive Jenga tower. The bar's specialty dishes include the Russian Roulette Wings, a plate of nine buffalo wings and one super-spicy "bullet" – perfect for sharing with friends. Make sure to try the Archie sauce, Bub's good-with-everything blend of classic buffalo and honey mustard.

Miller's Field: Visit Miller's Field, at 4465 Mission Blvd., and you're likely to find the place packed with sports fans. With nearly 50 TVs in the building, this bar's sports coverage is a major draw – but their chicken wings and ocean breezes keep the patrons coming back.

Offering classics like Buffalo and Lemon Pepper along with in-house inventions such as Peach Habanero and Mezcal BBQ, Miller's Field is a prime example of how bar food can be more than just bar food.

Mission Beach

Guava Beach Bar & Grill: Some food you eat for the quality,



Chicken wings served at The Spot in La Jolla.

PHOTO BY RONAN ELLIOTT

and some food you eat for the spectacle. At Guava Beach, at 3714 Mission Blvd., you can have both. Their SoCal-infused, too-good-to-be-bar-food burgers and tacos are served alongside some of the spiciest grub this side of the border.

Their Beautiful Death wings are advertised as "The Hottest on the Beach," and they aren't joking around – at Guava's recent wing-eating competition, one team was forced to quit rather than finish a basket of the stuff. Chew on that.

Sandbar Sports Grill: The Sandbar's location, at 718 Ventura Place, makes it the perfect place to go after a ride on the Giant Dipper roller coaster. Have a seat at the bar, or sun yourself on the skydeck with a view of the ocean, and send for a basket of the Sandbar's fried-to-order buffalo wings.

This bar's commitment to top-notch Mexi-Cali food is obvious from the first bite. Their wings are dry-rubbed with fresh-made sauce, and are served with both ranch and blue cheese dipping cups.

Cannonball: With artisanal sushi served on a rooftop terrace overlooking Mission Beach, Cannonball, at 3105 Ocean Front Walk, prides itself on delivering a relaxed,

poolside atmosphere – minus all the splashing.

Their menu offers a Far Eastern spin on beloved bar classics, including both red chili- and garlic-rubbed chicken wings. Come in the evening, order a plate for yourself, and lick your fingers as you watch the sun set over the ocean.

La Jolla

The Bar Key: Whatever you can say about The Bar Key, at 954 Turquoise St., they aren't one to do things by halves.

Their wings' menu features more than 20 flavors, and the options run from barroom staples like Cajun and Teriyaki to decadent creations like Bacon Cheddar Gorgonzola and Spicy BBQ Blueberry. The bar is a great place to have a drink and catch the game with friends. Check out their rotating Wing of the Week while you're at it.

Regents Pizzeria: Pizza may be their specialty, but their wings are some of the best in the business. While Regents Pizzeria, at 4150 Regents Park Row, doesn't have as many flavors as some San Diego eateries, what they do have is heat;

'American Idol' performer Haeley Vaughn to play Moonshine Beach in Pacific Beach

By BART MENDOZA

If you like country music, you'll want to visit Moonshine Beach. The venue specializes in up-and-coming national talent, including Nashville-based singer-guitarist Haeley Vaughn on July 28. Vaughn appeared on "American Idol" in 2010 and although she didn't win, she did pick up a national following.

Though she has yet to release an album, she has penned songs with numerous hit tunesmiths, making for a set that's full of her own catchy, melodic country-pop songs as well as covers of the likes of Carrie Underwood and The Judds. Best of all, she's not afraid to recast modern pop, such as Rihanna's "Love On The Brain," making for a set that's both well rounded and yields surprises.

Haeley Vaughn: Friday, July 28 at Moonshine Beach 1165 Garnet Ave., 10 p.m. www.moonshinebeachsd.com.

With its panoramic view of San Diego, Kate Sessions Park is already one of San Diego's scenic jewels. Add in free Sunday afternoon music concerts and it becomes the perfect way and place to wind down a busy weekend. The next two concerts feature country favorites Three Chord Justice (July 30) and New Orleans-inspired band, The Bayou Brothers (Aug. 6).

Both concerts promise to be a lot of fun, but the nod here goes to Three Chord Justice, fronted by

powerhouse singer Liz Grace. This is classic country full of twangy guitars, shuffle beats and classic covers by the likes of Johnny Cash or left-field tunes such as "These Boots Are Made For Walking."

Swing dancers will find much to admire in this band's grooves, Three Chord Justice are crowd pleasers across genres.

Three Chord Justice : Sunday, July 30, at Concerts on the Green, Kate Sessions Park. 4 p.m. All ages. www.pbconcerts.com.

Rock fans won't want to miss former Queensryche frontman Geoff Tate's new band, Operation Mindcrime, when they appear at Brick by Brick on July 27.

Named after Queensryche's third album, Tate's new group was formed in 2012. Expect the biggest cheers to be for classic tracks such as their 1990 No. 9 hit, "Silent Lucidity," but anyone who likes their music loud and rocking will enjoy this show which also includes openers, Lucky Bailey's Dirty Puppets.

Geoff Tate's Operation Mindcrime: Thursday July 27, at Brick by Brick, 1130 Buenos Ave. 8 p.m. 21 and up. \$25. www.brickbybrick.com.

Anyone looking for the perfect way to kick off a Saturday night's fun will want to hear singer-songwriter Angie Keilhauer, appearing at the Wavehouse on July 29. Currently best known as a 2016 contestant on "The Voice," with a little luck, she'll soon surpass that accolade.

Angie Keilhauer: Saturday, July 29, at the Wavehouse, 3125 Oceanfront Walk. 6 p.m. 21 and up. www.belmontpark.com/restaurants/wavehouse.

Party band Liquid Blue performs at Humphrey's Backstage Live on Aug. 5. According to the Guinness Book of World Records, the band is the world's most traveled band, having played in more than 100 countries since 1996. They have scored chart hits with their own music, but for these club dates, the focus is on the hits, from Bruno Mars to Adele.

There have been numerous lineup changes over the years, but if you want great dance music, mixing a truly wide range of classic tunes, you can't beat Liquid Blue.

Liquid Blue: Saturday, Aug. 5, at Humphrey's Backstage Live, 2241 Shelter Island Drive. 9 p.m. \$12. humphreysbackstagelive.com.



Haeley Vaughn will perform Friday, July 28 at Moonshine Beach.

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CONT. FROM PG. 10

their wings run the range from Regular, to Habanero, to Ghost Pepper, to – if you're willing to sign a waiver – the infamous Scorpion Wings.

This, alongside the pizzeria's commitment to quality – their wings are delivered whole-cut and fresh from a local free-range chicken farm – set it head and shoulders above the rest.

The Spot: Unlike the others on this list, The Spot, at 1005 Prospect St., offers only one variety of buffalo wing – and this bar is living proof that quality outweighs quantity.

Both crispy and tender, and drenched in their spicy-sour buffalo sauce, The Spot's wings alone make the visit worthwhile. And that's without mentioning the stellar burgers, or the relaxed, upscale atmosphere, or the fact that you'll be eating at the oldest restaurant location in La Jolla – all in all, there's a reason it's known as The Spot.

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HEARING »
CONT. FROM PG. 1

Deputy District Attorney Makenzie Har-
vey, because she noted it was only an
email message and not a full psychiatric
report.

Guerrero's attorney, Dan Tandon,
asked for the full hearing. "Jon Guer-
rero undoubtedly suffers from severe
mental illness," he said afterwards.

"It's clear he has suffered from men-
tal illness for many, many years," said
Tandon, who added the key to under-
standing "what happened and why" is
to understand the underlying mental
illness.

The ruling is a blow to the prosecu-
tion as Mackenzie wanted to present
witnesses in a four-day preliminary
hearing that is now put off indefinitely.

Railroad spikes were plunged into the
bodies of three of the murder victims
and other survivors. The identification
of two victims was found in Guerrero's
apartment after he was arrested on July

15, 2016.

The first homicide victim was Ange-
lo DeNardo, 53, who was attacked
where he was sleeping under the Inter-
state 5 bridge near Mission Bay on July
3, 2016. His body was set on fire after
he died.

Shawn Longley, 41, died in Ocean
Beach where he was sleeping on July
4, 2016. Another man was attacked in
the Midway District after a railroad
spike was driven into his sinus cavity
and he survived, but was left blind.

The third murder victim was Dionicio
Vahidy, 23, who was found dead on July
6, 2016, downtown. A fourth murder
victim was Molly Simons, 83, who was
walking to a bus stop in North Park on
July 13, 2016 when she suffered a skull
fracture. Simons is the only female vic-
tim.

Guerrero was found to be mentally
incompetent in Oct. 2016, and sent to
Patton State Hospital. With medication,
Guerrero was found to be mentally
competent in March and returned here.

He previously has pleaded not guilty.

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TROLLEY »

CONT. FROM PG. 1

mendations and guidelines for new mixed-use development and improvements to the public right-of-way to develop access to the station on Balboa Avenue and to capitalize on the new regional transit connection in the area.

The plan promotes increasing transportation choices, decreasing dependence on single-occupancy vehicles, and reducing traffic congestion at local intersections and roadways. The plan would re-designate approximately 51 acres of commercial land uses to the "community village" land use designation within the Pacific Beach community. The community village land use designation would allow for the development of high density multi-family housing in a mixed-use setting and commercial, service, and civic uses.

The plan would also identify multi-modal improvements to increase bicycle, pedestrian, and transit access to the trolley station.

Environmental issues to be addressed in the upcoming EIR include: air quality, biological resources, energy conservation, geology and soils, greenhouse gas emissions, historical resources, human health/public safety/hazardous materials, hydrology and water quality, land use, noise, paleontological resources, population and housing, public services and facilities, public utilities, transportation/circulation, tribal cultural resources, and visual effects and neighborhood character.

Henish Pulickal, chair of Pacific Beach Planning Group, gave the community advisory group's perspective on the Balboa Avenue Trolley Station project.

"The overall impression of the project from

the planning group is favorable," Pulickal said. "Obviously, we all wish it was built 30 years ago. The biggest concern is how it helps people – or how it connects people – who don't live within a quarter-mile of the station."

Pulickal offered his personal view of the project.

"I believe the funds for the trolley would have been better spent improving current technology, like driverless cars and shuttles, and the infrastructure needed to support those efforts in our neighborhood and surrounding areas," he said. "I don't believe the effectiveness of the trolley in this location is justified by its massive cost."

Mid-Coast Trolley construction, costing approximately \$2 billion, has already begun along sections of the trolley extension route. Construction is expected to be completed in 2019, with the Balboa station construction expected to be complete in 2021.

The city has received a \$787,000 state grant to begin developing a specific plan for the region surrounding the proposed station that will slice through Pacific Beach and Clairemont.

Residents of Pacific Beach and Clairemont are being engaged to produce the plan, and an implementation program that would address transportation demand, economic market analysis, urban design concepts and multi-modal improvement projects.

City supervising public information officer, Arian Collins, said the city's plan "does not impact the construction or completion of the transit/trolley station or expansion currently being done by the San Diego Association of Governments."

Collins noted the city will review all written comments received during the public comment period now until Aug. 4, for consideration of the

'The biggest concern is how it helps people – or how it connects people – who don't live within a quarter-mile of the station.'

HENISH PULICKAL
CHAIR OF PACIFIC BEACH PLANNING GROUP

scope of the analysis to be conducted within the environmental impact report, as well as alternatives to the proposed specific plan.

Following the close of that comment period and the review of all received written comments, the city will conduct technical analysis and prepare a draft environmental impact report for the project, which will take approxi-

mately four to six months.

The city will then circulate the draft environmental impact report for a 45 day public review.

See a project description and map at sandiego.gov/sites/default/files/notice_of_preparation_balboa_avenue_station_area_070517.pdf.



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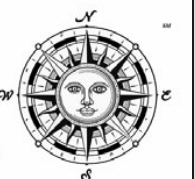
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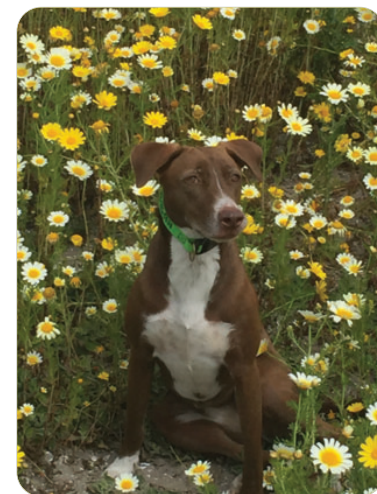
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- my apologies to George Gershwin

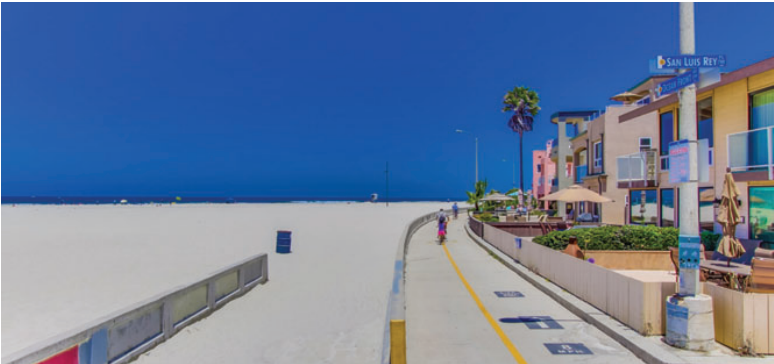
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Direct Ocean Front Condo in South Mission!

This sharp and spacious ground-level condo is a perfect owner-occupied beach getaway or an excellent vacation rental investment. This 2 bedroom 2.5 bath features a large, private ocean front patio, highly updated kitchen and 2 car direct access garage. Enjoy the wide sandy beach and amazing sunsets from this unit! This property positions you perfectly on the boardwalk to enjoy everything that makes Mission Beach a great place to be.
2685 Ocean Front Walk | \$1,225,000



Outstanding development opportunity in Banker's Hill.

Property spans a 3 way corner covering the entire blocks of Union, Ivy & Brant St. Zoned for multi-unit, build up to 6 units with a 50 foot height restriction on this large 6,217 square foot lot. A Developer's Dream property that will provide 180 degree sit down water views of the San Diego Bay to Point Loma from a future 2nd plus floor.
2165 Union Street | \$1,149,000



Greg Flaherty

Broker/Owner

CABRE #00935682

www.CoastalPro.com | 858-692-0185



2595 Ocean Front Walk #5

This fantastic 4 bedroom and 3 full bathrooms condo is in the southern most building along South Mission Beach's Ocean Front Walk, and has unobstructable views of the Mission Bay Channel and Pacific Ocean from every room! Almost 2,100 square feet of living space that looks out across the Mission Bay Channel to the Pacific Ocean towards Sunset Cliffs and Point Loma! Asking \$1,995,000.

View this home in 3D at missionbeachhomes.com
Call today for details!



Dane Scharetz

CA BRE #01345168

858-504-3263

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Two Off Market Properties in PB!



4944 Cass St #1104

2/2 1100 sqft

Top of the world views from the 11th floor of La Jolla, Ocean, PB City life, Bay, and Point Loma. Watch the sunset on the ocean from the comfort of your deck! Undergoing a complete remodel and will be completed early August.



Townhome on Agate Street

3/2.5 1287 sqft

Great spanish-style townhome with ocean views from almost every room in North West PB. La Jolla school district. \$799,000



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1 Bed/1 Bath	\$1,650
1 Bed/1 Bath	\$1,650
1 Bed/1 Bath	\$1,700
3 Bed/2 Bath	\$3,900

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930 Felspar #22
725 Wrelton #A
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4015 Crown Point Drive #110
1049 Beryl Street
3907 Gresham #1

1 Bed/1 Bath	\$1,650
1 Bed/1 Bath	\$1,595
1 Bed/1 Bath	\$1,600
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2 Bed/1 Bath	\$2,395
2 Bed/2 Bath	\$2,395
2 Bed/2 Bath	\$3,150
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