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## LIFESTYLE

The annual Bikes, Boards and Brews event, promoting the best in local hops and eats in Pacific Beach, will be Saturday, May 6 at a new venue: Crown Point Park.

SEE PAGE 17



## MUSIC

Singer-songwriter fans should head to The Loft at UC San Diego for a show celebrating the release of Elise Trouw's debut album, "Unraveling," as well as her 18th birthday.

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SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY • MAY 4, 2017

BEACHANDBAYPRESS.COM

# Hit-and-run driver in PB gets 15 years

By NEAL PUTNAM

Fifteen years in state prison was handed down Wednesday to the motorist who ran down three people in Pacific Beach, causing severe brain damage to one of them, who told the judge of his struggles.

Omar Anthony Gutierrez, 24, had been free on bond, but was handcuffed and led to jail at the end of an emotional sentencing in a packed courtroom.

His girlfriend, Jamillah Amirah Jones, 23, also was led away to jail to start her 180-day jail term after she pleaded guilty to being an accessory after the fact, a misdemeanor offense.

Gutierrez was driving Jones' car on Aug. 5, 2016, when he severely injured J'Ron Erby, 23, who was in a coma for 27 days. He had to re-learn how to walk and talk again, his parents said in court.

Erby told San Diego Superior Court Judge Timothy Walsh he had recovered enough to leave a rehab clinic and has recently been medically cleared to seek employment.

"The car came out of nowhere. I was run over like a bowling pin," said Erby, who was with his roommate and a friend when they were all struck on Garnet Avenue.

## ALL HANDS ON DECK | STUDENTS CLEAN PACIFIC BEACH



Team MarsMission - Pauline and Kathy from Marston Middle along with Jennifer from Mission Bay High - scrubs graffiti from a utility box during the annual Pacific Beach Graffiti Clean Up last Saturday.

# Momentum for farmers market move

PB planners endorse shift to Garnet Ave.

By DAVE SCHWAB

Pacific Beach Planning Group voted in favor of moving the weekly farmers market from Bayard to Garnet in the heart of the beach community's business district.

The group's April 26 vote was 9-4-2 in favor of the proposal.

Dissenters expressed reservations about the unintended consequences of moving the market to area traffic, congestion and safety. They contended the proposal is being rushed through without adequate notice or proper vetting.

Kristen Victor of beautifulPB introduced the proposal to relocate the market, noting it would draw more customers to the business district and promote making the community more walkable and pedestrian-friendly. She added it would also afford the farmers market the opportunity to expand.

"We want to change the personality of Garnet Avenue and have it be representative of the community," said Victor. "The only way to

SEE MARKET, Page 6

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# Pacific Beach family counts its blessings

By THOMAS MELVILLE

The Clay family, who lives on Jewell Street in Pacific Beach, saw a need in the community and decided to do something about it. They took the concept of a Little Free Library and turned it into a "Blessing Box."

The family built and installed the light blue box in front of their house, in the 4700 block of Jewell Street, this week and filled it with packaged food, canned goods with utensils and napkins.

"My mom sent me an article from someone who did it in North Carolina, and since we already feed the homeless twice a month, it felt like it was a great project to take on," said Amy Clay.

Her boys Dylan and Jesse, students at Bird Rock Elementary, helped build and fill the box.

"I want the boys to know that we have more blessings than we can count and others are not as fortunate. Sometimes growing up in communities like Pacific Beach and



Dylan and Jesse Clay next to their 'Blessing Box' on Jewell Street.

Bird Rock give you a false sense of reality on what really exists outside of these bubbles," she said.

The Clays have lived in San Diego's coastal communities for about 12

years, but were not sure how their Pacific Beach neighbors would react.

"At first we were worried about the neighbors resisting the idea, but since it's been up we find new

things in it every day, books, jackets, food, etc. I guess it's almost a bit of a hybrid but the intention is to be food. It's so nice to have a community so interested in helping."

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# ReWild wraps up wetlands workshops

Beach residents got their last chance on April 25 to weigh in on proposed alternatives for reclaiming marshland in Mission Bay at a fourth public workshop hosted by ReWild Mission Bay at Mission Bay High School.

ReWild Mission Bay is a project of San Diego Audubon to enhance and restore up to 170 acres of wetlands in the northeast corner of Mission Bay.

Wetlands including marshes, mud flats and riverbanks play an important role in San Diego's quality of life, attracting wildlife, fostering a diverse ecosystem, improving water quality and protecting communities from flooding by providing a cushion during high tides.

Today, only about 1 percent of the historic 4,500 acres of Mission Bay wetlands remain, making ReWild Mission Bay a critical and time-sensitive project for the area.

ReWild co-exists with the city of San Diego's De Anza Revitalization Plan, which seeks to re-imagine,

repurpose and revitalize De Anza and the surrounding area. The three-year De Anza program will develop conceptual revitalization plan alternatives that result in a preferred plan, an amendment to the Mission Bay Park Master Plan and an environmental impact report. The goal will be to create an iconic recreation destination that balances recreation, environment and commerce.

How the city chooses to revitalize De Anza Cove, will directly impact how the sensitive wetlands in the North East corner of the regional park are restored.

Mission Bay attracts more than 14 million visitors annually. Its wetlands supply habitat for hundreds of local wildlife species, while protecting San Diego from climate change impacts such as flooding, as well as improving water quality.

Based on community suggestions from three public workshops earlier this year, ReWild's draft plans to restore up to 170 acres of wetlands

were presented April 25 to more than 140 community members to collect input one last time.

"These plans have been vetted by our scientific partners to determine their feasibility, and this last round of public input brings us to the next important phase to finalize the plans," said Rebecca Schwartz Lesberg, project manager for ReWild Mission Bay.

ReWild Mission Bay will now use all the public input gained to refine options to ensure they meet the Rewild project's restoration goals.

Those goals include:

- Restoring wetlands to improve water quality, reduce flooding, adapt to climate change, and support fish, birds, and other animals and plants.
- Protecting wetlands from the negative impacts of human activity.
- Providing ways for the community to engage with natural resources through access, recreation and education.

"Mission Bay started its life as a 4,500-acre estuary complex at the mouth of the San Diego River," noted Schwartz Lesberg. "From the 1940s to the 1960s, the city of San



**Rebecca Schwartz Lesberg, project manager for ReWild Mission Bay, points out wetlands on the map at the workshop.** PHOTO BY DAVE SCHWAB

Diego dredged most of the wetlands to transform the bay into the recreational destination we see today. At the time, the importance of wetlands to our coastal communities wasn't well understood. Now we know better."

Next steps include a final presentation to the community in September, approval by the San Diego City Council, environmental review, and permitting before the restoration of the area's wetlands.

San Diego Audubon, a nonprofit dedicated to protecting birds, other wildlife and their habitats, is working closely with the City of San Diego, the California State Coastal Conservancy, the United States Fish and Wildlife Service, and the University of California's Natural Reserve System on the wetlands effort.

For more information on ReWild Mission Bay, visit [www.rewildmissionbay.org](http://www.rewildmissionbay.org).

## Avoid losing thousands when selling your home

SAN DIEGO, A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home. A 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes.

As this report uncovers, most

homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. I answer to this issue, industry insiders have prepared for a free special report entitled "The 9 step System to Get Your Home Sold Fast and For Top Dollar."

To order a FREE special report, call toll-free 1-800-276-0763 and enter 1000. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to find out how you can get the most money for your home.

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## Cafe Milano-a taste of Northern Italy in La Jolla

Owner/chef Pasquale Cianni brought northern Italian cuisine to La Jolla 16 years ago and has been successfully pleasing both local residents and out-of-towners — even out-of-the-country guests — with his homemade pappardelle pasta, veal ossobuco, lobster ravioli, chicken marsala, veal scaloppini and many other authentic Italian dishes. This is just a small sampling of their extensive menu. The kitchen at Cafe Milano uses only fresh, local and seasonal ingredients in its dishes and the full bar has a large range of Italian and Californian wines to choose from. The bread and balsamic dipping sauce is so good you need to be sure to save room for the delicious entrees to come. And to finish off your dining experience, the tiramisu is simply scrumptious - one of a large variety of dessert selections. Add to this service that is fast, friendly, and attentive and it's no wonder they are a consistent award winner for Best Italian Restaurant. Cafe Milano is an exciting and



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# Surfrider Foundation's Art Gala & Auction to include recycled textiles fashion show

On May 12, the San Diego County Chapter of the Surfrider Foundation will host its 17th annual Art Gala & Auction at Paradise Point Resort on Mission Bay to benefit the Foundation's critical programs and policy work.

The Art Gala & Auction will feature silent and live auctions, an exclusive fashion show by Fashion Week San Diego, a delectable menu designed by executive chef JoJo Ruiz of Lionfish, and music by DJ Hevrock. The online auction started May 2, and concludes at the gala.

"Our annual Art Gala & Auction provides an excellent platform to celebrate the local art community, raise funds for our programs, and educate our friends, families and neighbors on the significant environmental issues that are affecting our communities," said Jake Sneed, executive committee chair of

Surfrider San Diego. "This year, our goal is to raise more than \$100,000 to support our mission to protect the ocean, waves and beaches for all to enjoy."

Erika Torri, the executive director of the Athenaeum Music and Arts Library, will jury and curate the fine-art portion of the auction with more than 20 pieces up for bid. Honorary chair is Aaron Chang, an award-winning and internationally acclaimed photographer.

"It is an honor to be selected by Surfrider to chair this year's Art Gala," said Chang. "I am most happy whenever I can use my talents to give back to the community and to do so while helping our ocean with the Surfrider initiatives is the best. We will be working hard to bring a fantastic offering of world-class local art to the Gala. This will be an event not to miss."

Fashion Week San Diego's top eco-conscious designers will unveil an exclusive collection made from recycled materials.

"Fashion Week San Diego and its designers are honored to create original works of fashion art and not-so-typical textiles to showcase the wonderful programs Surfrider is known for," said Allison Andrews founder and producer of Fashion Week San Diego. "It's perfect collaboration to physically show the work Surfrider is doing in our community. Many of the items used were collected from beach clean ups."

"The craftsmanship of these talented designers to create couture pieces from these everyday trash items will have you looking twice, and never looking at trash the same again," she said.

**READ MORE ONLINE AT [sdnews.com](http://sdnews.com)**

# Annual quarantine begins for sport-harvested mussels

The California Department of Public Health recently announced the annual quarantine of sport-harvested mussels gathered along the California coast. The quarantine began May 1 and applies to all species of mussels that are recreationally harvested along the California coast, including all bays and estuaries. The quarantine is in place to protect the public against poisoning that can lead to serious illness, including coma and death.

"Don't let your dinner party turn into tragedy by risking the consumption of sport-harvested mussels," said CDPH director and State Public Health officer Dr. Karen Smith. "The toxins found in shellfish can kill a person within 30 minutes. There are no known antidotes, and the toxins are not reliably destroyed by cooking."

The quarantine is designed to prevent paralytic shellfish poisoning (PSP) and domoic acid poisoning

(DAP) in people who might otherwise consume sport-harvested mussels. Both of these toxins are linked to plankton consumed by shellfish, including mussels and clams.

Historically, the majority of human cases of PSP illnesses occur between spring and fall. In California, PSP is extremely rare in part due to the efforts put forth by CDPH to protect the public against poisoning. There have been no reported cases of DAP in California.



## NEW PLACE TO GROW

## Community garden opening at St. Andrews

By DAVE SCHWAB

Bit by bit, progress is being made adding new community gardens in Pacific Beach.

The latest announcement is that St. Andrews by-the Sea Episcopal Church in PB at 1050 Thomas Ave. is converting part of its front lawn for garden space.

Leigh Adams, who's shepherding St. Andrews new garden addition, said the notion of the church joining the local gardening mix was suggested by Paula Gandolfo, PB's "god-mother of gardening." Gandolfo has been promoting the activity far and wide, including lobbying to have a community garden included in the ongoing De Anza Revitalization Plan for redeveloping the regional park.

"I'm the church's garden coordinator, and I'm in the process of forming a leadership committee," said Adams, adding they're still one member short.

"We need to fill a big need to find somebody willing to step up and be secretary," she said noting, "Once that's done, we can begin planning for the garden."

Adams said there will be about 20 plots in 4-foot by 8-foot and 4-foot by 6-foot plots available to local gardeners to use on a first-come, first-served basis.

"It will cost users \$20 to \$25 a month for water, insurance, mulch, compost and maintenance of their plots, which will mainly grow vegetables in planters," Adams said. "We're also hoping to put in a few fruit, citrus and fig trees on a sloped terrace in the church's front grassy area left of the entrance."

Gardeners will be expected to devote eight volunteer hours annually for upkeep of theirs' and others' plots in the church garden.

Gandolfo talked about gardening's importance.

"The best part of a community garden is the community," she said.

"It's a place where people learn new skills, develop friendships and promotes healthy eating."

Noting there's no "available" land for community gardens in PB, Gandolfo pointed out places like Crown Point Park, with its vast area of passive use, can't be converted into a Community Garden because the city's policy about public park land is that 'passive space' can not be re-purposed.

"Hence, my application to the city in 2015 for 1.5 acres of the De Anza Revitalization Project," continued Gandolfo. "If the space is designated as a community garden, then a community garden can be included and the PB community garden can once

again thrive. That's about 80 gardeners, plus new members."

Even individuals like Russel Goltz, who lives in a condominium on Mission Boulevard at Opal Street in PB, are also getting into the gardening act.

Goltz's sidewalk in front of his condo complex had a hedge along the sidewalk for 35 years. He's found a "higher" purpose for it.

"It was a big ugly hedge and we took it out and planted vegetables, including cherry tomato plants in a 2 1/2-foot-wide, 115-foot-long stretch," he said, adding he has kale and 12-foot-high sunflowers growing in his narrow gardening patch. "I have carrots and radishes and a little herb garden with sage, oregano, basil, chives, scallions, cilantro and garlic."

Referring to his homespun garden as "a community experiment," Goltz commented, "It's not a huge garden, but it's noticeable on a corner."

Goltz pointed out people need to "think outside the box" sometimes in re-imagining outdoor space that could be re-purposed.

"There are plants that grow in the dark without a lot of sun," he noted. "People have shaded areas. I found another little area I'm tearing out and putting in carrots and things that grow."



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## MARKET»

CONT. FROM PG. 1

do that is to get community residents and visitors to start supporting the businesses that are there.”

“A vibrant ‘Main Street’ is a critical element for a livable and sustainable community. It is time for the residents of PB to embrace our businesses district and support the best operators,” said planning group member Chris Olson. “Moving the farmer’s market to Garnet is a first step to connect our residents with

our businesses and make PB the best it can be.”

Longtime PBPG board member Eve Anderson opposed the market-moving motion. She agreed the issue needs to be more thoroughly vetted, while arguing the proposal is problematic.

In remarks, Anderson referenced the annual PB Block Party, which she had a hand in establishing, which had to be discontinued in 2005 because of problems with crowd size and management.

“It’s a wonderful farmers market,” commented Anderson, who noted,

where the market is proposed to be moved, the 800-900 block of Garnet, there’s lots of bars (on 800 block) which have a taco Tuesdays weekly promotion the same day and time, 2 to 7 p.m., as the weekly farmers market.

“Closing that area to traffic – you’re going to have a permanent block party in those two blocks,” Anderson argued, adding some farmers market vendors she quizzed about the proposed move “weren’t even aware of it.”

Board member and PB Realtor Tony Franco said landlords on Gar-

net where the market is proposed to be relocated were “100 percent” behind it.

Colleague Ed Gallagher said he “liked the farmers market where it is,” adding it’s a positive that the market is “not so big or crowded.”

Both Metropolitan Transit Service providing bus service through PB, and the San Diego Police Department, expressed opposition early-on to moving the farmers market from Bayard to Garnet. MTS said the move would force them to alter their existing bus routes and schedules. SDPD feared a bigger market in a

more heavily trafficked area invites greater security risks.

Victor pointed out no existing farmers markets in San Diego County have had major crime incidents associated with them.

## In other action

• Longtime PB community planner Chris Olson was re-elected to the board to take the place of recent past chair Brian Curry, who stepped down after a six-year tenure.

• Group election chair Eve Anderson noted there remains one open seat on the planning group.

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# Happi Yeti's cool treats create smiles in PB

By DAVE SCHWAB

Happi Yeti is an Asian concept with America flavors run by Latinos in the heart of Pacific Beach. What could be more international?

Mexican natives Luis Derechin and Mauricio Finkel have teamed up to bring the latest trend in cool treats, Happi Yeti, from Taiwan to PB at 1560 Garnet Ave.

They opened March 9 at their location a few blocks from the beach near Ingraham Street sandwiched in between a yoga studio and White Elephant resale.

Happi Yeti serves shaved "snow," not shaved ice, a healthy dessert alternative to ice cream and frozen yogurt.

There's a difference," explained Derechin while taking a cylindrical block of flavored snow out of the freezer.

"Normally the syrup they put on top is very artificial," he said. "Our ice block, with 18 to 20 servings, already has a flavor."

Derechin puts the ice block into a special machine that shaves off the finished product into razor-thin sheets in popular flavors with a water, coconut or dairy base. "All our ingredients are organic and natural."

## HAPPI YETI

**Where:** 1560 Garnet Ave.

**Hours:** Sundays-Thursdays: noon to 9 p.m.; Fridays-Saturdays noon to 10 p.m.

**Contact:** 619-997-3046

"What we do is put in real fruit to make them natural and wholesome," concurred Finkel about their cool treat.

Exposed to the Taiwanese take on ice dessert, Derechin and his business partners determined "we could use the same concept, but use more Western-like flavors."

Yeti cups come in 10-, 12-, 16- and 24-ounce sizes. Flavors include green tea, cookies and cream, cappuccino, banana, peanut butter, strawberry, chocolate chipotle and salted caramel.

The end result is subtly tasty without being overpowering or sweet. When you're eating it, the special spoon they give you turns blue with the cold.

Derechin noted Happy Yeti also carries cold-pressed juices, kombucha, coconut water, organic chocolate and a full line of abominable snowman T-shirts and products.

The big-eyed abominable snowman mascot is another novelty.

"Our snacks typically come with two jelly (snowman) gummi eyes," noted Finkel.

Derechin pointed out they source locally for dairy and other products used in their flavorful mix.

Derechin said all his employees are trained to be customer savvy. He said Happi Yeti is getting increasingly more business from local schoolchildren, as well as prospering from walk-in traffic from the nearby yoga studio.

"We're doing fundraisers for the schools," said Derechin about "giving back to the community."

"We want to attract families," Derechin added, noting the Yeti has a "happy hour for kids" charging a discounted rate.

Happi Yeti also gives out "diploma" awards to local kids for things like academic achievement or good behavior.

"We're doing the same thing for local churches," noted Derechin.

Happy Yeti is also aesthetically pleasing, with fanciful photos of Yetis "taken" around the globe, in places like the Eiffel Tower.

There's also a Yeti promotion benefiting families for one week at a time, which is transferable to friends.

READ MORE ONLINE AT [sdnews.com](http://sdnews.com)



Happi Yeti flavors include green tea, cookies and cream, cappuccino, banana, peanut butter, strawberry, chocolate chipotle and salted caramel.



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An artist's rendering of the former visitor information center, which is being redeveloped into Shoreline Mission Bay restaurant.

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# Former visitor center to become Shoreline Mission Bay restaurant and events center

By DAVE SCHWAB

The long-dormant Mission Bay Visitor Information Center is getting re-purposed as a waterfront restaurant/event center while preserving the existing building's marine theme.

The \$3 million redevelopment project, known as Shoreline Mission Bay is being undertaken by Playground Concepts, a San Diego-based hospitality group, at the old visitor center site at 2688 E. Mission Bay Drive off Interstate-5.

Recently, San Diego City Council green-lit a 25-year lease agreement with Playground to redevelop the 2.6-acre city-owned site.

Playground intends to convert the 4,600-square-foot building as a casual, counter-service eatery, while adding outdoor seating, a children's play area, public information services and beach and bike rentals.

"Our team is excited for the opportunity to reinvigorate this iconic San Diego building with new life," said Kristine Schnell, creative director of Playground Concepts, a boutique design and development firm focused on restaurant and hospitality projects.

"It's a space that holds fond mem-

ories for many San Diegans, and we are looking forward to creating memories here for the next generation," Schnell said.

Built in 1969 by local architect Richard Lareau, the building originally catered to visitors purchasing tickets, picking up maps of area attractions, making hotel reservations or renting bikes. The information center closed in 2010, a victim of visitors going to the Internet instead of brick-and-mortar sites for travel information.

The building, shaped like a seashell, is a unique example of California organic modernism architecture by Lareau. Now retired, Lareau is consulting on the project to ensure renovations conform to his original design and intent for the building.

Playground, led by local husband-and-wife team Bradley and Kristine Schnell and Greg Van de Velde, a current partner in Bottega Americano and former general manager of Bottega Americano and Mister A's, will manage all aspects of restaurant operations at the revitalized information center.

The project, expected to break ground later this year, will feature a counter-service restaurant with

local wine and beer on tap and grab-and-go picnic arrangements, as well as a walk-up coffee and juice bar for early morning joggers and cyclists. Also planned is a space for private events and bayfront weddings and beach and bike rentals, as well as a small retail component and children's play area.

"The redevelopment of the vacant San Diego Visitor Information Center at Mission Bay will make this landmark once again into a destination point that will be enjoyed by visitors and locals alike," said Cybele Thompson, the city's Real Estate Assets Department director. "Future generations will be able to indulge in waterfront dining next to Mission Bay, rent and purchase beach supplies and bicycles, and visit the new Mission Bay Park public information center."

The site was put out to request for proposals by the City of San Diego Real Estate Assets Department on Oct. 26, 2015. In February 2016, playground concepts was formally selected out of several dozen proposals from reputable real estate development firms by the city of San Diego, the San Diego Planning Commission and numerous community support groups to redevelop this highly visible property.

READ MORE ONLINE AT [sdnews.com](http://sdnews.com)

## OB Surf Lodge opens the shades in Ocean Beach

By DAVE SCHWAB

New owners of OB Surf Lodge (formerly Shades) have let the outside in while introducing a new theme, menu and style.

"The bar is now indoor-outdoor," said Mina Desiderio of the surf-themed restaurant at 5083 Santa Monica Ave.

Desiderio, the owner of Wonderland Ocean Pub upstairs from OB Surf Lodge, along with business partners Brendan Huffman and Hoffman Leung, now operate the re-imagined eatery.

"The whole restaurant opens up now, where before they had just windows," said Desiderio. "So now, on really nice days, we can open up all the windows and let the outdoors in."

Desiderio said extension of the restaurant's outdoor patio, a work in progress delayed by seasonal rains, will increase the restaurant's seating capacity from 140 to 186.

And expect Shades' longstanding tradition of community activism to continue.

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The Buccaneers boys and girls swim teams compete at City Conference championships this week. Mission Bay High's girls sand volleyball team is 5-2 in their division.

## Mission Bay's girls sand volleyball and swim teams seeing improvements

By DAVE THOMAS

With the regular season winding down and CIF playoffs on the horizon, several Mission Bay High spring sports teams are heading toward the finish line.

### Girls sand volleyball

In girls sand volleyball action, Mission Bay is 5-2 in the division entering action this week.

The Bucs had two teams lose their first games, only to come back and win the next two. "We played a tough match against University City, but our varsity girls never quit," Mission Bay head coach Brad Wills noted.

According to Wills, seniors Alex Briski and Maddie Tandy are true leaders, leading the Bucs as the "A" team with experience, excellence, and solid play week after week.

Wills also noted that sophomore Bethany Kepner is an offensive

machine and freshman Juliette Castner a defensive machine. "They complement each other very well," Wills remarked.

"Freshmen Chloe Gallego and Kate Geenen round out the third varsity team with excellent defense and smart offense," Wills added. "Watch for these two teams to continue to do great things in the future as they grow in the sport."

The team's last league match is Thursday (May 4) against Pacific Ridge.

According to Wills, a win would close out the season with a 6-2 record heading into the playoffs, the following week.

"We would like to win our division and keep that momentum as we get set for the playoffs," Wills added.

The winner of the "Open" division will go to (for the first time) state playoffs in Santa Monica at Ocean Park.

### Boys volleyball

In boys volleyball action, Mission Bay pulled out a 3-0 victory against San Diego last week to complete a season sweep of the Cavers.

Alex Torres, Jesus Zarate and Zander Caufield led the team in kills. Zarate led the team in aces and Jacob Cayatano in assists.

Two days later, the Bucs squared off against Kearny High and lost a close four-set match by scores of 23-25, 24-26, and 23-25.

Zarate led the team in both kills and aces.

"The boys are playing really well right now, but we struggle at times with consistency," Mission Bay head coach Nikki Caufield commented. "Our middle blockers Stephen Tarbell and Josh Leone are starting to slowly get involved in our offense and getting quite a few blocks. We need to tighten up our passing and we will pull out the close games."

The Bucs are still in the playoff hunt; it will depend on the results of their matches this week against Coronado and Lincoln.

"As none of our players has more than two years experience, they are playing really well," Caufield added.

Torres and Zarate are in the top four in Division IV in hitting percentage, respectively, and Zarate leads Division IV in aces.

### Swim teams

In the swimming pool, head coach John Knight's boys and girls teams have seen improvements this season.

"We've had tremendous growth this season, both in number of swimmers and in personal bests," Knight commented. "We have gone from having 21 swimmers last year to 33 this year. Every meet, there are swimmers taking seconds off their previous best. Our league record stands at 3-2 for girls and 2-3 for boys."

This week, Mission Bay was slated to compete at City Conference championships, with the CIF championships being held next week.

According to Knight, Camila Pelt and Kiley Knight each qualified for two individual swims in the City meet. All of Mission Bay's relay teams also qualified.

Other girls who will be competing this week include Izanna Hypse, Ciara Gray, Clemence Tardivel, Jeanne Picard, Rory Knight, Blu Keegan, Zoe Wynne, and Keleah Valverde-Flores.

The boys will be represented by Jackson Combs, Whitney Snead, Ethan Gathright, Andy Dorris, Kyle Baker, Alex Bauer, Forrest Wells, Sean Watson, Tanner Delong, Jake Halvin, and Joe Monaco.

"We are looking forward to swimming our fastest times in the next two weeks," John Knight remarked. "Hopefully all our hard work will pay off."

## Point Loma grad drafted by Detroit Lions

By SCOTT HOPKINS

And after a record-setting four-year career at University of San Diego, defensive back Jamal Agnew's dream came true when the Point Loma High graduate was selected by the Detroit Lions in the annual NFL draft.

About 20 people were gathered at his ill grandmother's house, Agnew said.

"I got the call and my heart dropped," he said. "I was like, 'No way is this happenining! I saw the TV, I saw Detroit on the clock, man, and then I saw the area code. I was like, 'No way this is happening right now!'"

"I had my phone on loud and my phone started ringing and everybody in the room just got

quiet. I answered the phone and it was (Lions' assistant to the general manager) Kevin (Anderson). You know, I'm still in shock right now. I'm still kind of shaking."

Agnew, who ran an attention-grabbing 4.32 second 40-yard dash at his pro day workout, heard his name called in the fifth round, the 165th overall pick of the draft, and he was thrilled to be taken by Detroit after making a visit there recently.

"You have no idea how excited me and my family are right now," Agnew told press members during a conference call. "I went there for a visit and I had a blast. Great people I met out there, great facilities and I'm just so excited to be a Lion."

READ MORE ONLINE AT [sdnews.com](http://sdnews.com)

## Bucs softball and baseball make final playoff pushes

By DAVE THOMAS

With the regular season down to a handful of games, the Mission Bay softball and baseball teams are making their moves for the CIF playoffs.

On the softball diamond, head coach Vince Ichihara's team came into action this week with an overall mark of 12-8-2.

"We are 9-0 in league and on course to win the league championship with only three games left in league against all teams we have run-ruled so far," Ichihara commented. "We are currently ranked fourth in our division after recently beating top-ranked Division IV Coronado 2-1 in eight innings."

According to Ichihara, Cassidy

West continues to dominate in the circle with a 0.91 ERA and 134 strikeouts. West also is batting .548 to date.

Mission Bay's offensive attack has four girls (Kiki Flores, Maya Cota, Cheyenne Chavez and Serena Castro) all batting over .400.

SEE **BUCS**, Page 18



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An artist's rendering of Jefferson Pacific Beach at 4275 Mission Bay Drive, a three-level, mixed-use project with one level of retail/parking and 172 residential units, which will take over the location of former Guy Hill Cadillac and San Diego Jet Ski Rental.



## Luxury apartments, retail space coming to Mission Bay Drive

Something transformational is happening in the gateway of Mission Bay Park in Pacific Beach.

Recently inhabited by Guy Hill Cadillac and San Diego Jet Ski Rental at 4275 Mission Bay Drive, the building has been demolished to be replaced by a three-level, mixed-use project with one level of retail/parking and 172 residential units.

Scheduled for groundbreaking in summer 2017, Jefferson Pacific Beach is a bay-front development on a nearly three-acre site comprised of 172-luxury apartment units, including 14 affordable units (low income level), and 14,000

square feet of ground floor retail/office space. The land is situated at the gateway of San Diego's Mission Bay Park in the Pacific Beach community.

The mixed-use project's owner is JPI, headquartered at 12250 El Camino Real, Suite 380. The architect is Carrier Johnson + Culture. Leppert Engineering Corp. is handling the civil engineering and GMP is the landscaper.

JPI is one of the most active, privately-held real estate companies in America. The company's portfolio includes low-density, garden-style, mid-to-high density wrap and podi-

um projects, student living and mixed-use high-rise developments.

"The finance closing of the development will be in the second quarter of 2017," said Myrna Marston of consultants MPR+Strategic Communications. "We are looking forward to introducing this project to the Mission Bay/Pacific Beach community in a bigger way once financing of the project closes."

Previously, Pacific Beach Planning Group approved the high-profile mixed-use project, but advisory group members raised several concerns about it including possible negative traffic effects.

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Bishop's offers students opportunities to explore their favorite topics, from STEM to STEAM, in creative, interactive and engaging ways," says Julie Zedalis, director of summer session. "If only all learning could be this fun!" The summer curriculum includes courses for credit, preparation, review and enrichment. Students can enroll in a maximum of four classes or, combined with the summer athletics program, build an entire well-balanced day. Package pricing (\$150 per class or \$300 for four) and financial aid are available for pre-grades 4-8. Please visit [bishops.com/summersession](http://bishops.com/summersession) for more information!

## Nike Tennis Camps at University Of San Diego

Come join the fun and get better this summer at the Nike Tennis Camps at University of San Diego. Directors Bill and Shelly Scott, and USD Head Women's Tennis Coach, Sherri Stephens, along with their experienced staff, have another amazing summer lined up with fun both on and off the

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color paint with Michelle. Michelle has a unique impressionist style. She takes the students to locations in Balboa Park to paint different views of the gardens and historical buildings while teaching color blending, composition and working on developing the student's style. Friday the students return to help unload the ceramic kiln and pick up their finished projects. Often there are

ending embellishments to add to the ceramic pieces.

Dates: June 26-30, 2017  
 Time: 9:30-12:30 Monday-Friday  
 Classes are for grades: 6 and up  
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Explore the Magic at MBMA, a summer program located in University City. There are a variety of classes, with schedules offered weekly from June 26-Aug 18. The school is open from 7:00-6:00 p.m. for children 5-11 years. Memories are made at MBMA, as students from everywhere return each year to fill their day with everything from cooking classes and golf, to Lego Robotics and Musical Theatre. There are more than 50+ classes to choose from and a couple of field trips. There are also Specialty camps offered. See the website for registration today. [mbmacademy.com](http://mbmacademy.com) or 858-457-5895.

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The YMCA is again hosting a summer filled with fun day camps for kids ages 5-17 starting June 15. Whether you child loves sports, the arts, animals, science or even Legos – the Y has a camp that will help them build confidence, meet new friends and make memories that will last a lifetime! Plus, with camps available in convenient locations include Pt. Loma, La Jolla, Pacific Beach and University City there's definitely a camp that will fit

into your schedule and lifestyle! To ensure that everyone has the chance to go to camp, the YMCA also offers camp scholarships to those in need. Learn more at [ymca.org/peninsula](http://ymca.org/peninsula) or [ymca.org/lajolla](http://ymca.org/lajolla).

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Week #5: Aug. 7 - 11  
Week #6: Aug. 14 - 18  
Week #7: Aug. 21 - 25  
Week #8: Aug. 28 - Sep 1.

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At Studio 6, discover clay sculpture, glazing and the pottery wheel. At studio 10, discover mixed media sculpture. Hike through Balboa Park, then create art projects. Students learn to use tools, acrylic paints & more.

Classes are for grades 1-8  
Time: 9:00-12:00 Monday to Friday  
Fee: \$160  
Registration Information:  
[www.spanishvillageart.com](http://www.spanishvillageart.com) • [www.ewoolrychpottery.com](http://www.ewoolrychpottery.com)  
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Noah's Natural Pet Market manager Maegan Turnquist and co-owner Mary Knight at the shop in Pacific Beach. PHOTO BY DAVE SCHWAB

## Natural Pet Market in PB to hold birthday fundraiser for Shelter to Soldier nonprofit

By DAVE SCHWAB

Two events are being celebrated Saturday, May 6 at Noah's Natural Pet Market at 4431 Cass St.: The pet shop's "sweet 16" birthday, and a fundraiser for Shelter to Soldier, a nonprofit benefiting vets with post traumatic stress disorder.

Noah's co-owner Mary Knight noted Shelter to Soldier is a worthy cause.

"It's a local San Diego nonprofit that rescues dogs out of shelters, sometimes ones on the euthanasia list, and takes them and trains them for psychiatric service for combat veterans with PTSD," said Knight. "It's a win-win for both the dog and the veteran."

Victor E. Martin, U.S. Navy (Ret.), was the second recipient of the 13 Shelter to Soldier service dogs placed in the program thus far.

"Before receiving my dog, I hadn't left the house in several months," said Martin, a married father of three who was wounded in the Arabian Gulf and suffered a brain injury.

"I was also diagnosed with severe anxiety disorder, major depressive disorder and PTSD," continued Martin adding, "I was suicidal and

**'I've never stopped volunteering and raising awareness about veteran suicide, and the mental health benefits of psychiatric service dogs.'**

**VICTOR E. MARTIN**  
U.S. NAVY (RET.)

Martin noted service dog training takes anywhere between 12 and 18 months and costs roughly \$12,000. That cost is paid for by sponsors and through fundraising. There is never a cost to veterans.

Knight said Noah's continues to thrive, 16 years after opening in PB, because "our customers realize how important a role food has in their pets lives."

The pet store owner noted "non-processed food is more natural, better, easier to digest and has more nutrients in it. We educate our customers on how to read a label, and know what's good – and not good – in their pet food."

"We really do good things for the community and we love our customers," said Noah's manager, Maegan Turnquist. "We want to give back to our customers."

On May 6, during its daylong celebration fundraiser, Noah's will be showcasing its progressive store offering raffles and giving away gift baskets, as well as having eight different cat and dog vendors onsite. There will be food, drinks and refreshments.

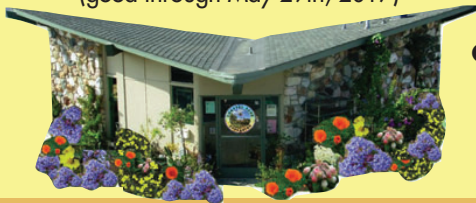
"We have been here in the neighborhood for 16 years and we're proud of that," noted Knight.

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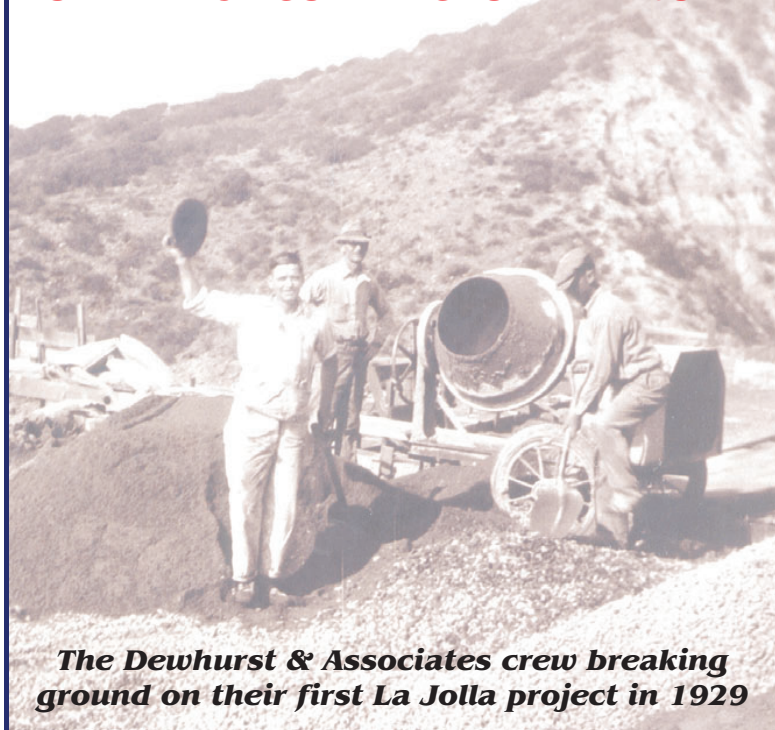


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## Ambrogio15 in PB launches brunch, redesigned patio

Ambrogio15, at 926 Turquoise St. in North Pacific Beach, has ushered in the Milan-style restaurant's first regular brunch service this month. Saturdays and Sundays between noon and 3 p.m., guests can explore a brunch menu strongly influenced by the Milano culture of Ambrogio15's Italian-born founders Giacomo Pizzigoni, Andrea Burrone and Luca Salvi.

Menu highlights include Scrocchiarella Nutella e Banana, a crunchy focaccia bread filled with Nutella and banana, topped with homemade whipped cream, served with maple syrup and best consid-

ered Ambrogio15's Milan-style answer to traditional Nutella waffles and pancakes; Mini Calzone Salsiccia e Uovo, filled with San Marzano tomato DOP, mozzarella fiordilatte, imported Italian sausage and egg; and Pizza Prosciutto Cotto e Uovo, topped with mozzarella fiordilatte, imported prosciutto cotto and a sunny side up egg.

Rounding out the experience is a selection of additional breakfast pizzas, breads and salads as well as seasonal organic sorbets from La Jolla's Bobboi Natural Gelato. Menu prices range from \$9 to \$19.

During brunch, Ambrogio15 will

offer mimosa, Bellini and Rossini cocktails for \$7-8 and bottomless mimosas at \$16 per person. Other brunch libations include more than a dozen San Diego craft beers and small batch, biodynamic wines from a consortium of small-scale wine makers in Italy called CoViBio, which represents six different regions of Italy and focuses on biodiversity, sustainability and natural agriculture.

Beginning immediately, dining duos can also take advantage of the restaurant's newly redesigned patio, which now features added tables and foliage.

## Annual Taste of Mission Beach benefits Shelter to Soldier

The fourth annual Taste of Mission Beach progressive dinner fundraising event will take place 5 to 9 p.m. Thursday, May 11 throughout the Mission Beach community. Bring your appetites and walking shoes to sample the best eateries in the Mission Beach environ, or take a cruise on the Bahia Belle.

Sponsored by the Mission Beach Women's Club, all proceeds raised will benefit Shelter to Soldier, a non-profit organization that adopts dogs from rescues and trains them to be psychiatric service dogs for post-9/11 combat veterans suffering from post traumatic stress, traumatic brain injury and other injuries associated with traumatic service experiences. Visit sheltertosoldier.org for additional information.

Tickets are \$30 per person and will be sold at Mission Beach Coffee Break, Olive Baking Co. and Saska's Steakhouse. Tickets may also be purchased at tasteofmissionbeach.com or mbwc.org, or call the MBWC at 858-488-2628.

"We're tremendously honored and humbled that the Mission Beach Women's Club has selected our non-profit organization this year as the recipient charity of

choice for the Taste of Mission Beach – they are a dynamic group of dedicated volunteers who have supported community causes beginning in 1926," said Graham Bloem, Shelter to Soldier founder and president.

"The original organization, comprised of predominantly Navy wives, is a perfect fit for our non-profit entity that supports post-9/11 combat veterans. With their help, we will continue to advance our mission of 'Saving Lives, Two at a Time,'" Bloem said.

Participating restaurants include: The Pennant; Mission Beach Coffee Break (check-in and selling tickets); Kojack's Restaurant; Draft; Marcy's Mexican Food; Luigi's at the Beach; Sandbar Sports Grill; Bahia Café; Draft; Toot's Sand-Bar; Luigi's; Olive Café; Olive Baking Company; Miss B's Coconut Club; Guava Beach Bar & Grill; Bao Beach Eats; Saska's; Juice Wave; Rubicon Deli; Swell Coffee Co.; Arslan's Gyros; Rosaria Pizza; Oceana Coastal Kitchen; and World Famous.

The Mission Beach Women's Club is dedicated to educational enrichment, community service, social opportunities and charitable giving. The MBWC was organized on Nov. 4, 1926.



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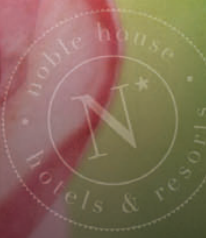
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# ‘Carmen’ and ‘Four Seasons’ on pointe for City Ballet’s spring season finale

By LUCIA VITA

The City Ballet of San Diego’s season finale will feature performances of “Carmen” and Vivaldi’s “Four Seasons” at San Diego’s historic Spreckels Theatre, May 12 through May 14. Accompanied by the City Ballet Orchestra, conducted by John Nettle, the Pacific Beach ballet company will crown its 24th season with yet another milestone production.

Artistic directors Steven and Elizabeth Wistrich will lower the curtain with classic performances — “Carmen,” choreographed by Elizabeth Wistrich, and Vivaldi’s Four Seasons, a world premiere for resident choreographer Geoff Gonzalez. According to Steven Wistrich, the large-scale ballets exemplify the talent, creativity and dedication the City Ballet of San Diego offers its audience.

“Elizabeth’s one-act version of ‘Carmen’ — choreographed in 1988 — is one of her most popular, critically acclaimed and in-demand ballets,” said Wistrich. “Geoff Gonzalez, selected as one of only 10 choreographers for New York City Ballet’s New York Choreographic Institute, will present a contemporary spin on Antonio Vivaldi’s classical score.”

“Carmen,” a condensed version of Georges Bizet’s famous opera, is a one-act ballet originally composed in 1967 by Alberto Alonso, a Cuban choreographer, for his wife Maya Plisetskaya, a prima ballerina. The music, underscored from the opera with strings and percussion, was composed by Russia’s Rodion Shchedrin.

Set in Spain circa 1820, Carmen,

‘Carmen seduces men; she’s passionate, alluring, and manipulative. Fortune tellers add a flair of fatalism to a story of power and destiny.’

STEVEN WISTRICH  
CITY BALLET ARTISTIC DIRECTOR

an exotic, sultry factory worker and noted gypsy, becomes the center of a love triangle that culminates in murder. The vamp, sidling the margins of society, argues with another worker and is arrested by a police sergeant, Don José.

In love with the alluring seductress, he becomes a fugitive and joins her gypsy entourage. Quickly consumed by his jealousy, Carmen leaves Don José for Escamillo, a famous Spanish bull fighter. Don José pleads with Carmen to leave the toreador but she refuses. Don José stabs her in a jealous rage.

“‘Carmen’ involves a love triangle filled with jealousy and intrigue,” said Wistrich. “Carmen seduces men; she’s passionate, alluring, and manipulative. Fortune tellers add a flair of fatalism to a story of power and destiny.”

“Personally, ‘Carmen’ makes a better ballet than an opera. Dancers can interpret the story through their bodies rather than just their voices. Our principle dancers bring this powerful and tragic story to life,” said Wistrich. “Elizabeth captured the storyline perfectly. Audiences will leave stunned from Carmen’s dramatic impact.”

Wistrich described the colorful costumes, designed and created by world-renown designer David Heuvel, as “scrumptious” and the scenery

as “incredible.”

“We have stunning visuals and several elaborate set changes — from the town’s square to the bull ring, to inside the tavern and the mountainous area of the waterfall,” he continued. “A large cast of dancers — gypsies, townspeople, soldiers, urchins, and characters of all kinds — are in constant stage action with complex choreography.”

Wistrich touted “Carmen’s” world-famous musical score as melodious, rapturous and mysterious. “We’ve augmented ‘Carmen’s’ Spanish flavor,” he said. “Our Castanets add energy. Our lighting, fog, and special effects enhance the story. We will keep the audience riveted, wondering what happens to this charming and sexy woman headed on a course of disaster.”

The City Ballet of San Diego’s final season performance will open with the “Four Seasons,” noted by Wistrich as a “breathtaking reflection of Antonio Vivaldi’s most popular score.”

“The ‘Four Seasons’ uses every dancer in the company,” he said. “Geoff Gonzales completely reimaged the musical score with contemporary, thrilling and stunning melodies. The score advances from season to season with an entirely different cast of dancers performing through ebullient, athletic and ethe-



City Ballet of San Diego’s performances of ‘Carmen’ and Vivaldi’s ‘Four Seasons’ will be at Spreckels Theatre, May 12 through May 14.

real choreography.

“This high-energy ballet is rich with athleticism, amazing visuals and lighting. Projections on the scenic elements will also be incredible. Costumes, also designed by David Heuvel, will add an indelible impression sure to lift your spirits.”

Lauded by critics as a “top-tier” dance company, the non-profit organization remains committed to “furthering the ballet art form.” Critics tout the company as “dazzling, electrifying, polished, delightful, highly-entertaining and professional.”

Steven Wistrich labeled his dancers as professionals from the U.S., Japan, Canada, Mexico, Russia

“who spend 26 weeks of the year in San Diego dancing for a living.”

City Ballet also hosts classes for children and pre-professionals by alumnus from the American Ballet Theatre, Pittsburgh Ballet, Pennsylvania Ballet, Atlanta Ballet, Texas Ballet Theater and The Joffrey Ballet. City Ballet’s educational programs also outreach to inner-city children. The company is preparing for its 2017 summer intensive programs.

City Ballet is funded by the City of San Diego Commission for Arts and Culture, the County of San Diego, Mandell Weiss Charitable Trust, Qualcomm, US Bank, Robert Half International as well as generous donors.

## From Olympian to Vegas call girl - life in the fast lane with Suzy Favor Hamilton

By LUCIA VITA

Suzy Favor Hamilton is a highly-decorated champion athlete. The three-time Olympic runner lauds a history — from high school to the Olympics — of record-breaking and record-making track wins. Dubbed as one of the fastest runners in the world during the ‘90s, she reigned behind Mary Decker Slaney as the second-fastest 1500-meter runner in American history until 2014. Despite heartbreaking Olympic losses, the long-legged, Wisconsin beauty touted sponsorships from the likes of Nike and Reebok. She even published a swim-suit calendar.

When the Olympian retired her running cleats, she became a popular public speaker, wife, mother and successful real estate mogul with her husband Mark. So how does a woman who achieved the American dream become outed by a gossip website tabloid as an expensive, Las Vegas escort? How does the consummate perfectionist land on the front page of the New York Daily News beneath the headline, “On Your Mark, Get Set, Ho?”

Bipolar disorder; a disease often misdiagnosed and mistreated. A mental illness criticized by those lacking the education to understand its parameters. Today, Favor Hamilton is back on track and still a champion. But today, she uses her celebrity status to advocate for those, like her, suffering from this insidious disease.

Favor Hamilton will deliver the keynote speech on Living with Bipolar Disorder at the Hyatt Regency La Jolla on Monday, May 15, at 11 a.m. Hosted by the Jewish Family Service of San Diego, the New York Times bestselling author of “Fast Girl: A Life Spent Running from Madness,” will discuss living with bipolar disorder.

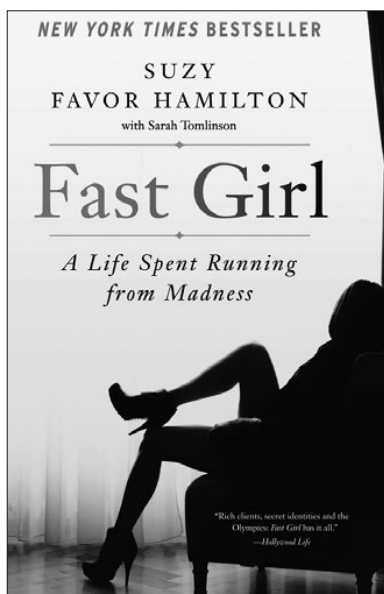
“The Behavioral Health Committee is determined to de-stigmatize mental illness in all of its forms; to increase the openness, transparency, and understanding around mental illness,” said Michael Hopkins, Jewish Family Service CEO. “Suzy Favor Hamilton will offer great insight for helping family members and friends serve as partners along the path to healing.”



Suzy Favor Hamilton during her running career and her book cover.

Favor Hamilton hopes to impact others to support, not judge, those suffering from bipolar disorder.

“Those who don’t understand bipolar disorder judge those who suffer from the illness,” she said. “Bipolar is a disease, an illness, like cancer is a disease, an illness. Support is key.



Without support, there’s no reason to get healthy.”

The components of bipolar disorder include manic highs and depressive lows and excessive use of drugs, alcohol and/or sex. Fifty-percent of bipolar patients suffer from hyper sexuality. While exhibiting classic bipolar

symptoms—rapid speech, endless energy, insomnia and reckless spending, Favor Hamilton became strangled by manic hyper sexuality.

“I was not a sex addict, I was hyper sexual,” she said. “There’s a distinction, one that’s often misdiagnosed. I freely slept with strange men, knowing that my behavior wasn’t right. But it felt normal; a delusion caused by the illness. The chemical imbalance caused by bipolar gives the brain power. Reflecting, I can’t believe that was my life.”

But how does the tale of the victorious competitor segue into the narrative of the high-class hooker? A doctor’s rush to judgement. Favor Hamilton was misdiagnosed with post-partum depression — not bipolar disorder — and prescribed Zoloft following the birth of her daughter, Kylie. Zoloft triggered a bipolar mania for sex. She remained in denial, cognizant that something was terribly wrong but confident that “tomorrow would be better.”

READ MORE ONLINE AT [sdnews.com](http://sdnews.com)



# Annual Bikes, Boards and Brews expands to Crown Point Park on May 6

The annual Bikes, Boards and Brews event, promoting the best in local hops and eats, will be Saturday, May 6 at a new venue: Crown Point Park.

The event recalls the endless summer days at Tourmaline Beach with surf boards, beach cruisers, beach-

inspired art and craft-beer tasting, plus offering amazing bay views from Crown Point Park. It includes unique displays of vintage surfboards, classic beach cruisers and locally inspired art.

Participants will enjoy tasters from San Diego's best craft brewers and food

pairings from Pacific Beach and Mission Beach restaurants, live entertainment, a bike show and more.

Previously held at the Catamaran Hotel, the locale for this year's event, to be held from 1 to 5 p.m. with a preceding VIP hour from noon to 1 p.m.,

was shifted to the park at 3600 Corona Oriente Road.

"The move to Crown Point Shores will allow us to expand our bike show and add more brewers and artists," said Sara Berns, executive director of event host Discover PB. "The idea behind this event is to experience your local favorites — or maybe a new place — you've never tried before and see that PB has a strong presence in the craft beer movement."

Berns noted San Diegans typically associate great beer joints with other neighborhoods. She added, "But we have them here at the beach."

Participating breweries and restaurants include: PB Alehouse, Iron Fire Brewery, Coronado Brewing, Amplified Ale Works, The Lost Abbey, Firestone Walker Brewery, Resident Brewing, Refuge Brewery, Mikkeller Brewing, Bitter Brothers Brewery, Lagunitas, Embarcadero Brewing, SD Tap Room, Woodstock's Pizza, Sandbar, The Fish Shop, Cerveza Jack's, Bareback, Tavern at the Beach, and Board and Brew.

Event proceeds help fund Discover PB programs. Cost is \$40 general admission, \$45 for VIPs. Tickets are available at [www.pbbeerfest.com](http://www.pbbeerfest.com).




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CONT. FROM PG. 9

Paige Parkhill and Cat Griffiths both respectively are in the .300s and contribute to a great team batting average of .379.

Jessi Grigolite and JP Perez have had a few clutch hits this season so far that have decided a few outcomes.

"Playoffs are a couple weeks away and we look to finish strong and get a league title for the school," Ichihara added.

**Baseball**

On the baseball diamond, head coach Dennis Pugh's squad was 12-9-1 entering the week. The Bucs are 5-6-1 at home and 7-3 on the road.

Mission Bay is riding a winning streak, including wins last week over Hoover and Crawford, respectively.

On the schedule this week, Mission Bay will visit Lincoln High on Thursday.

According to Pugh, the Bucs are getting contributions from all players seeing action.

**EDUCATION  
NOTEBOOK>>****Mission Bay High**

■ As Central Division champions, Mission Bay High Varsity Academic League went up against Patrick Henry High at the Metro San Diego semifinal competition, which was televised on ITV on April 24. Mission Bay took an early lead, but was defeated by Patrick Henry 260-360. Congratulations for an outstanding season to coach Nathan Sheehy and the Varsity Team.

**PB Elementary**

■ PBE has its annual variety show, 24K Magic, featuring the many talents and routines of its amazing students in the auditorium 6:30 p.m. on Friday, May 12. Tickets will be on sale at the door.

■ On June 1, PBE will have its annual Open House and Celebration of Art. If you are considering having a child in your family attend PBE, this is a great time to tour classrooms and see the work of all students.

There is a Celebration of Art show in the auditorium with art work from every child at PBE displayed. Chips Beach Eatz food truck will be there as well, so stop by, order some food, and check out this dynamic school environment. Doors open at 5:30 p.m.

**Kate Sessions**

■ Congratulations to the Drama Club for a successful production of "Peter Pan," held on April 27. And a special thank you to Ms. Deirdre, and Sessions mom, Amy Gangolea, for their hard work and dedication to bringing the performance together.

■ Thank you to all of the auction sponsors and local businesses that came together to support a hugely successful Spring Auction. San Diego Surf School, Shore Club, Fish Shop, Duck Dive, Ocean Park Inn and Shawn VanMeter at Coldwell Banker, helped make it possible for FOKS to continue providing wonderful art, music, library and other essential programs for all Sessions students.

**FOPBSS**

■ Friends of Pacific Beach Secondary School's Hammond's Gourmet Ice Cream fundraiser is through May 31. Hammond's is generously donating 50 percent of net sales to PB schools. Check them out at 1418 Garnet Ave. and mention the FOPBSS fundraiser.

**Mission Bay Cluster**

■ The next Mission Bay Cluster meeting will take place 6 p.m. May 4 at Pacific Beach Middle School media center.



Members of the MBHS Varsity Academic League team are (standing) coach Nathan Sheehy, Shelby Spillers (senior); and (seated) Dylan Groves (junior), Nick Archer (sophomore), Vicente Gonzalez (senior), Pauline Hales-Brown (senior), Jason Watts (junior).

**EARTH DAY AT PBMS**

KUSI's Elizabeth Alvarez broadcast live from PB Middle School's Earth Day Celebration on April 21. The celebration was coordinated by PB Middle library technician and Garden Club advisor Sally Kaufman, Erin Fitzpatrick from UPS, principal Meng, IB coordinator Jennifer Sims, and PB Middle's ASB. Students released ladybugs, demonstrated composting techniques, showed off the baby chicks hatched in the library, and made natural bird-feeders to hang in PBMS' student garden.

**MONTH OF THE MILITARY CHILD**

On April 14, Kate Sessions Elementary School celebrated Month of the Military Child with a special visit from Sessions parent, LCDR O'Donnell and his crew from Coast Guard Sector San Diego. Students arrived to school to find a helicopter parked in the middle of their morning Jogging Club track and were treated to a take off from the field after the crew gave helicopter tours to military students.

**Princeton Prize winner**

■ The Princeton Prize in Race Relations Committee of San Diego recently announced the winner of its annual award, Yulvi Reyes, a senior at San Diego High School of International Studies.

Three other local students, Erika Gutierrez, Olia Javidi, and Leslie

Martinez, have been recognized with a Certificate of Accomplishment for their efforts.

All students will be honored in a ceremony beginning at 2 p.m. on May 7 at the San Diego Yacht Club. Kristina Medina, program officer at the Joan B. Kroc School of Peace Studies, will be the keynote speaker.

**Village Veterinary Hospital now offers Patient Pick Up, Drop Off and House Calls**

The Village Veterinary Hospital, located at 7527 Draper Ave in La Jolla, is now offering special services for animal's and owners with special needs. You can arrange to have your pet picked up for transport to the hospital and returned home when the pet's needs have been met and it has been treated later that same day, or the next day if needed or requested. They also offer pick up & drop off service to Senior Living facilities in the La Jolla area. Under certain circumstances, house calls can be arranged. Village Vet is a full-service facility offering professional grooming, bathing, boarding, medical and surgical services. They can be reached at (858) 412-4776 between the



hours of 9 am to 6 pm Monday through Friday and 9 am to 2 pm on Saturday. With advanced notice, early drop off can be easily arranged by phone.

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# Elise Trouw comes of age with debut album

By BART MENDOZA

Singer-songwriter fans will want to head to The Loft at UC San Diego on May 7 for a show celebrating both the release of Elise Trouw's debut album, "Unraveling," as well as her 18th birthday. Trouw is a gifted multi-instrumentalist who has crafted a compelling modern indie pop album, featuring confessional tales set to radio-friendly tunes, such as the opening single, "Burn."

Meanwhile, opening the night will be Tolan Shaw, who recently won the "Best Singer / Songwriter" category at the 2017 San Diego Music Awards. It's a terrific bill, with two young artists, both on the cusp of national stardom. This concert showcases just how strong the talent pool is in San Diego.

**Elise Trouw and Tolan Shaw: Sunday, May 7 at The Loft, UCSD campus. 6 p.m. theloft.ucsd.edu.**

As much fun as it is for audiences to watch a band perform, it's even more enjoyable for those onstage. On May 4, the 710 Beach Club will give local singers a chance to make their rock 'n' roll dreams come true, with a special edition of "Live Band Karaoke." With hundreds of songs to choose from and an enthusiastic crowd cheering you on, this is a

great way to spend an evening. While many who participate are quite good, no actual talent is required, just a sense of humor willingness to take the spotlight for a few moments and a good sense of humor.

**Live Band Karaoke: Thursday, May 4 at the 710 Beach Club, 710 Garnet Ave. 9 p.m. 21 and up. www.710bc.com.**

San Diego jazz fans have a wonderful opportunity to see the next generation of emerging talent at a special show May 10 at Dizzy's, featuring percussionist Charlie Chavez y su AfroTruko teaming up with the Mission Bay High School's acclaimed Mambo Orchestra, under the direction of JP Balmat.

Mixing established music veterans with rising young performers is a great way to inspire musicians at both ends of the spectrum, a win-win situation for both the onstage talent and audiences alike. The night will be an explosion of rhythm, with Latin jazz and salsa as the focus, sure to inspire dancing in the aisles.

**Charlie Chavez and the MBHS Mambo Orchestra: Wednesday, May 10 at Dizzy's at Arias Hall, 1717 Morena Blvd. 8 p.m. \$15. www.dizzysjazz.com.**

Despite not releasing new music since 1993, Billy Joel continues to be one of the hottest acts on the planet, playing a show at Dodger Stadium on May 13. Fans who don't want to make the trek to Los Angeles, or want to get a little preview of the show, will want to head to Humphrey's Backstage Live on May 10 for a set from tribute band, 52nd Street. The band turns out worthy versions of everything from "My Life" to "You May Be Right," providing a hit-filled night for anyone who enjoys Joel's music.

**52nd Street: Wednesday, May 10 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 7 p.m. \$5. humphreysbackstagelive.com.**

One of the hottest talents in town, Ariel Levine, performs a two-night stand, in two guises, at Beaumont's on May 11 and May 12. A classy mix of David Byrne, Bowie and Sinatra cool, on May 11, Levine will perform a solo acoustic set, featuring a mix of top-notch originals and choice covers. On May 12 he will perform an all-covers set with his band, The Moonage Daydreamers.

**Ariel Levine / Modern Day Moonshine: Thursday and Friday, May 11-12 at Beaumont's, 5662 La Jolla Blvd. 7:30 p.m. 21 and up. www.beaumontseatory.com.**



Elise Trouw will play at The Loft at UC San Diego on May 7 for a show celebrating the release of her album 'Unraveling,' and her birthday.

## Join Us for "Pilates Day"

Each year on the first Saturday in May, the Pilates Method Alliance® (PMA)® celebrates Pilates Day. Pilates Day was created by the PMA® to promote awareness of the many benefits that Pilates Method brings to every age group, and to promote healthy living. Celebrate with us and enjoy Pilates and Pancakes, Friday May 5th at 8am. Followed by a complimentary introduction to the Reformer class at 9 am, no experience required. 1pm complimentary Paddleboard fitness class with our WPA certified trainer! Saturday May 6, Paddleboard Pilates at 8am, followed by Pancakes at

9:30am 11:30am-3:30pm complimentary half hour classes featuring, Jumpboard Reformer, Cardio Tone & Tower, Pilates Playground, and Kettlites. Mission Beach Pilates, is a member of the Pilates Method Alliance, has been teaching the Pilates protocol since 2007. Additionally, there will be a chance for attendees to enter to win ONE MONTH OF FREE pilates classes. The winner will be announced on our Facebook Page on May 4th. Make sure you check in!

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### Start locations:

Go to either start location below to exchange your ticket for a Taste of Mission Beach wrist band and map to guide you to the restaurants.

Mission Beach Coffee Break — 2888 Mission Blvd.

Saska's Steak & Seafood — 3768 Mission Blvd.

### Participating restaurants:

Arsilan's Gyros • Bao Beach Eats • Cafe' Bahia • Cannonball • Draft • Guava Beach Bar & Grill • Juice Wave • Kojak's • Luigi's At the Beach • Marcy's • Miss B's Coconut Club • Mission Beach Coffee Break • Olive Cafe • Olive Bakery • Rosaria Pizza • Rubicon Deli • Sandbar Sports Bar & Grill • Saska's Steak & Seafood • Swell Coffee Co. • The Pennant • Toots Sandbar • Oceana Coastal Kitchen • World Famous

### Purchase tickets at these locations:

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Mission Beach Coffee Break

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Funding for Taste of Mission Beach to support Shelter to Soldier — an organization which takes shelter dogs, trains them to be service dogs, then imparts the dog to post-9/11 combat veterans.

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## Drought's Not Over Yet - State Urges More Conservation

California may be getting near-record rain and snow, but the state Water Resources Control Board isn't ready to call an end to the drought. The board on recently extended its existing water conservation regulations, which prohibit wasteful prac-

tices such as watering lawns right after rain, until the next meeting in May.

"We are beyond happy that water conditions continue to improve this year, but the rainy season isn't over yet and some areas of the state continue to suffer significant drought impacts," said Chair Felicia Marcus. "So it is most prudent to wait a bit longer until close of the rainy season to take stock of the statewide situation and decide what to do

next."

The decision doesn't affect San Diego, which has ample local supplies and has already declared the drought over. But many communities in the Central Valley continue to face drought conditions.

Last month, the San Diego County Water Authority declared the drought over in its region, ending all restrictions. There is enough water supply to cover the region's needs for three years with-

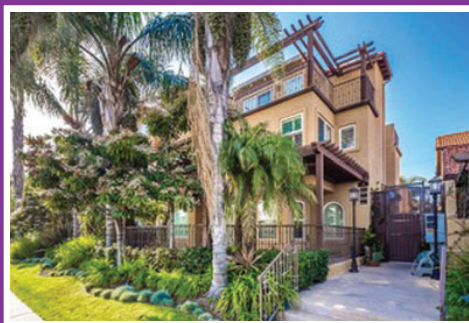
out additional rain.

California's water use was down nearly 21 percent in December compared to December 2013, according to figures released by the state board. Cumulative statewide savings from June 2015 through December 2016 are enough to supply close to a third of the state's population for a year.

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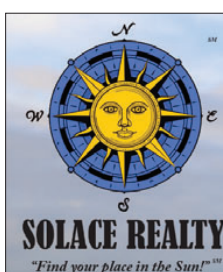
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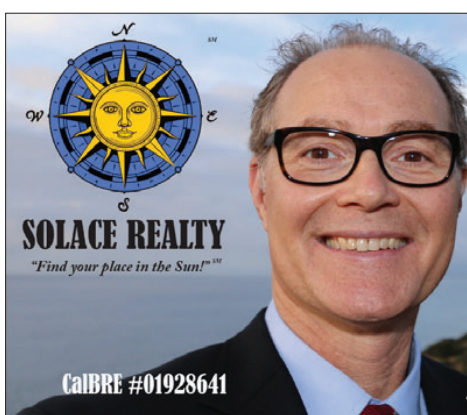


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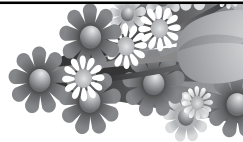
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## CLASSIFIEDS MARKETPLACE

## ANNOUNCEMENTS 100

## ▼ calendar/events

Sat., May 6, 8am-4pm  
Sun., May 7, 10am-2pm

All sales proceeds benefit  
Pacific Beach Taylor Library

LIBRARY  
RUMMAGE  
SALE

**Antiques  
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## ▼ rummage sales

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## Briefs

## Hearing delayed for motel murder

A man and woman charged with killing a man in  
a Pacific Beach motel agreed Tuesday to delay their  
preliminary hearing until July 7.

Cameron Matthew Parker, 29, and Samantha  
Grace Passmore, 23, appeared before San Diego  
Superior Court Judge Joan Weber and waived having  
a speedy hearing.

They are accused of killing Joaquin Tuttle, 40,  
who was stabbed and beaten with an unknown  
object on April 14 at a motel on Mission Bay Drive.

Deputy District Attorney Melissa Vasel said the  
cause of death was believed to be blunt force trauma,  
but the autopsy report has not yet been completed.  
She said the stab wounds were not believed to be  
fatal. Vasel said Passmore was acquainted with the  
victim. Tuttle died in a hospital about a week after the  
attack. Parker and Passmore were arrested for mur-  
der on April 25 where they were staying at a Mission  
Valley motel. Both have pleaded not guilty and they  
remain in jail on \$1 million bail.

— Neal Putnam

Thousands of volunteers  
join Creek to Bay Cleanup

On April 22, I Love A Clean San Diego's 15th  
annual Creek to Bay Cleanup engaged 6,200 regis-  
tered volunteers at 113 cleanup sites around San  
Diego County. Volunteers channeled their apprecia-  
tion for San Diego's environment into action by par-  
ticipating in the annual Earth Day cleanup. During  
the three-hour event, volunteers improved the health  
and beauty of San Diego's natural environment by  
removing more than 150,000 pounds of trash and  
debris from locations throughout San Diego County.

Among the debris, there were several notable odd it-  
-ems collected during the cleanup including: a \$90  
check at Monterey Heights Park, an ATM machine  
shell at Allied Gardens, and a raw chicken package at  
Del Mar Powerhouse Park.

Volunteers beautified and restored the local envi-  
ronment through painting projects, planting pro-  
jects, and weeding projects. Thanks to  
thousands of volunteers, 113 parks, beaches and  
community spaces received special care to keep the  
area healthy and beautiful for the community.

## PB Library closes for two weeks

The Pacific Beach Library will be closed from May  
1 to May 12 for necessary system technology  
upgrades. The Do Your Homework @ The Library  
tutoring program will continue to operate during  
their normal scheduled hours in the Community  
Room. Enter the Community Room directly from the  
Cass Street Plaza.

Items placed on hold for pick-up at the Pacific  
Beach Library will not be available during this peri-  
od, so the pick-up date will be extended for two weeks  
after re-opening, to May 27. The library will re-open  
9:30 a.m. Saturday, May 13. For questions, call 858-  
581-9934.

## ZLAC Rowing Club celebration

An author presentation, dinner, and book signing  
in celebration of ZLAC Rowing Club's 125th year  
anniversary will take place 6 to 9 p.m. Sunday, May  
21. Daniel J. Boyle will be presenting his book "The  
Red Rose Crew: A True Story of Women, Winning,  
and the Water." The 1976 Olympics were the first to  
include women's crew. This story tells how a group  
of amazing young women trained, competed, and  
coached by the legendary Harry Parker, became the  
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Make reservations by May 15 at  
[www.payit2.com/p/red-rose-talk](http://www.payit2.com/p/red-rose-talk). No tickets will be  
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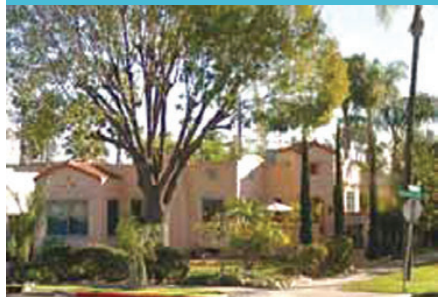
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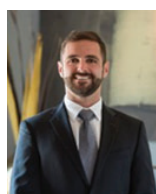
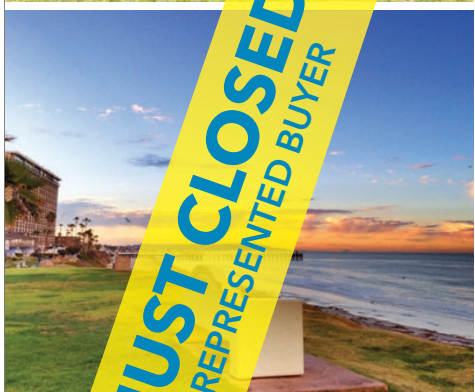
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