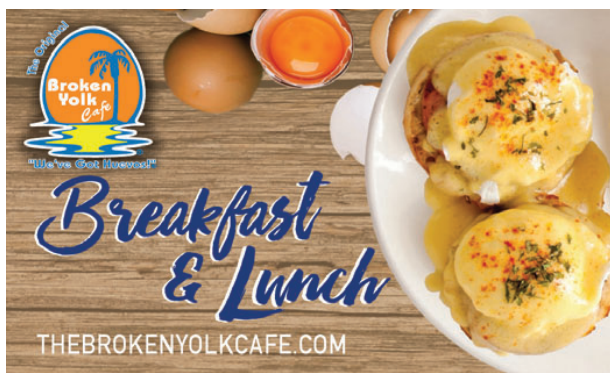


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NEWS

San Diego Fire Chief Brian Fennessy refuted allegations by the lifeguards' union that procedural changes to emergency calls delay lifeguard response times.

SEE PAGE 5



BUSINESS

Juan and Julia Armfield Candillo will be celebrating the silver anniversary of their shop, Beads and More, on April 25. The Crown Point couple has built a thriving business.

SEE PAGE 8



SAN DIEGO COMMUNITY NEWSPAPER GROUP

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Status of short-term vacation rentals in limbo

By DAVE SCHWAB

The tide in the battle by beach residents seeking to restrict – or exclude – short-term vacation rentals in single-family neighborhoods may have turned with the new city attorney's memo.

Immediate past City Attorney Jan Goldsmith had maintained

rules and regulations governing short-term vacation rentals were vague and needed clarification.

New City Attorney Mara Elliott has taken a completely different tack with her March 15 issuance of a memorandum of law advising the City Council on the housing issue. "The city has a 'permissive zoning ordinance,'" read

Elliott's memorandum. "This means that any use that is not listed in the city's zoning ordinance is prohibited."

Elliott's memo subsequently pointed out, "Short-term vacation rentals are not specifically defined, expressly permitted, or listed in any of the zone use categories, including residential or

commercial." The city attorney's memo came at a key time, just before the city's Smart Growth and Land Use Committee is scheduled to take up the vacation rental issue again on March 24.

Last November, following five hours of public testimony, a

SEE RENTALS, Page 6



A sign in a Crown Point neighborhood lawn.

Two men get 18 months for scuttling boat

By NEAL PUTMAN

Two Mission Beach businessmen were placed on 18 months federal probation Monday and they have paid the U.S. Coast Guard \$18,000 for rescuing them after they intentionally sank their boat to try and collect insurance proceeds.

Christopher Alan Switzer, 39, of La Jolla, and Mark D. Gillette, 37, of San Diego, were spared any jail time by U.S. District Court Judge Michael Anello.

Both men pleaded guilty to conspiracy to sink their 57-foot boat used for charter sport fishing trips. Switzer's attorney, Victor Pippins, said no insurance claim was actually filed "after he realized the gravity of his actions."

"My life has so changed. I'm truly sorry for the pain I caused my family," said Switzer to the judge. "I'm a true American, and a patriot."

Switzer is a retired U.S. Army ranger and several other rangers wrote character letters on his behalf.

SEE BOAT, Page 7

Sundae school teachers



Physical education teacher Lori Emerson and principal Dr. Margaret Joseph fulfilled a promise to their students at Kate Sessions Elementary on March 6 in front of the student body, faculty, and parents. The duo had promised the students that if they met the PTO's fundraising goal of \$15,000 at the jog-a-thon, they

would allow the children to turn them into human sundaes. The students not only met the goal but exceeded it and raised \$16,400, which funds the library, music, art, and Spanish programs at the school. One by one, students added layers of ice cream, chocolate syrup, and cherries to the splattered pedagogues.

Man accused of homeless killings ruled mentally fit to stand trial

By NEAL PUTMAN

A judge on March 20 determined Jon David Guerrero is mentally competent to stand trial for three bizarre murders

of homeless men in Ocean Beach, Mission Bay, and downtown.

San Diego Superior Court Judge David Jon David Guerrero confirmed a psychiatric hospital's finding that Guerrero is competent and criminal proceedings resumed with his Monday ruling.

Guerrero, 40, was returned from Patton State Hospital on Jan. 19 and he remains in the central jail without bail. Daniels set the next hearing for April 4 and Guerrero is expected to enter a not guilty plea.

"We still have not had an arraignment," said Deputy District Attorney Mackenzie Harvey to reporters afterwards.

SEE TRIAL, Page 7

New Pathway Ale benefits bike riders in PB

By DAVE SCHWAB

Two Pacific Beach breweries, Karl Strauss Brewing Co. and Amplified Ale Works, recently teamed to brew something special, a new milky stout Pathway Ale, to help raise funding for the PB Pathways project.

A portion of the proceeds from the sale of the new ale, introduced on March 16 at Amplified Ale at 4150 Mission Blvd., was donated to support the community improvement project organized by beautifulPB.

BeautifulPB is a public nonprofit charity focused on creating a sustainable and more beautiful Pacific Beach. The goal of the PB Pathways project is to build a network of safe neighborhood routes encouraging people to walk, bike, or skate, making PB a safer and friendlier place for non-vehicular transportation.

The event was also another stop along the way in an ongoing series of "Bike on Tap" informal functions hosted in various neighborhoods by the San Diego County Bike Coalition.

The bike coalition is a nonprofit advocating for protecting the rights of all people who ride bicycles. They promote bicycling as a mainstream, safe and enjoyable, safe and viable form of transportation and recreation.

The current focus for beautifulPB is PB Pathways, a network of safe neighborhood routes encouraging

BEER FOR BIKES

What: Amplified Ale Works and Karl Strauss Brewing Co. recently introduced the new Pathway Ale milky stout.

Why: \$1 from each pint will go to Phase II or PB Pathways.

Where: Amplified Ale Works is located at 4150 Mission Blvd.

people to walk, bike or skate to their destinations with traffic-calming measures and other safety features.

BeautifulPB is working to implement a number of community projects and programs with the goal of realizing a Pacific Beach eco-district. An eco-district is a long-range plan that incorporates methods aimed at making the area more environmentally sustainable and economically viable.

PB Pathways routes are being implemented in phases. Phase one pathways installation is now complete on two north-south corridors on Cass and Fanuel streets, and two east-west corridors on Law Street and Reed Avenue/Pacific Beach Drive.

Phase two pathways are being planned as well as more infrastructure improvements to improve safety for pedestrians, bikers and skaters.

At the March 16 fundraiser, Beach & Bay Press asked guests about their experience cycling in and around PB.

"If you know what you're doing,

you can get around pretty easily," said Oscar Medina, of Circulate San Diego, a regional grassroots group lobbying to make neighborhoods more walkable and bikeable. "But if you're a tourist, or someone from a different part of the county, riding along the major corridors is still pretty scary."

Why scary?

"They're (bikes) pretty close to cars that are coming pretty fast," answered Medina.

Medina said he'd like to see "more bike infrastructure" physically separating bikes from cars to give both "their own space."

San Diego County Bike Coalition executive director Andy Hanshaw, who rode his bike to the fundraiser from downtown San Diego, noted, "[The coalition] is working to make biking better and more accessible, more connected for everybody. That's our mission. That's our plan. That's our goal."

Paola Alvarado, project coordinator for Circulate San Diego, talked briefly on Vision Zero, a program aimed at eliminating all traffic fatalities and serious injuries by 2025.

She noted Pacific Beach has three extremely dangerous intersections: La Playa and Ingraham; Mission Boulevard and Garnet; and Cass and Garnet.

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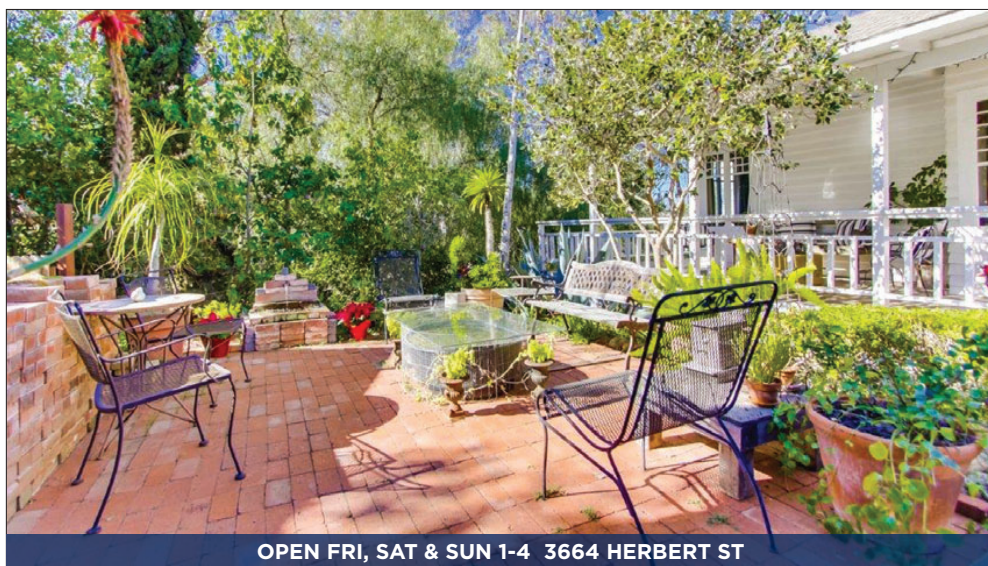
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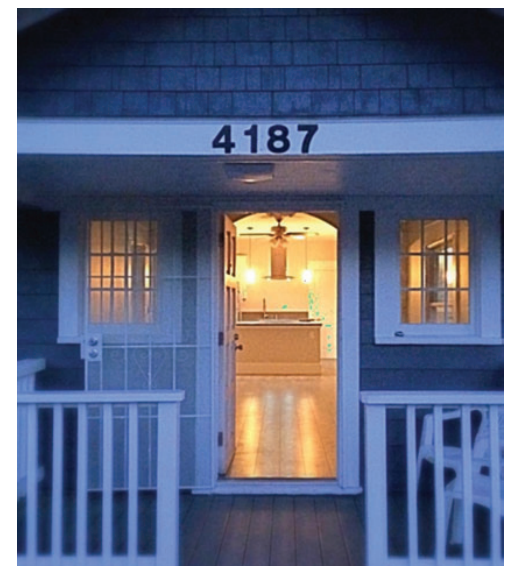
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Crown Point Junior Music Academy entertained during the Kiwanis Meeting on March 9, 2017 at the Broken Yolk Restaurant. Mr. Steven Luchs the Director of the program lead the group of first through third grade students during the concert. The group was then treated to breakfast by the Kiwanis Club. Mrs. Susie Vitale, a Kiwanis member coordinated the activities and represents the

Kiwanis Club at Crown Point Elementary. The Pacific Beach Kiwanis is especially active in the Elementary Schools of Pacific Beach, and provides a student leadership Award each month to the most deserving student in each of the four elementary schools in Pacific Beach. To learn more about the Pacific Beach Kiwanis; join the group for breakfast any Thursday at 07:30 at the Broken Yolk.

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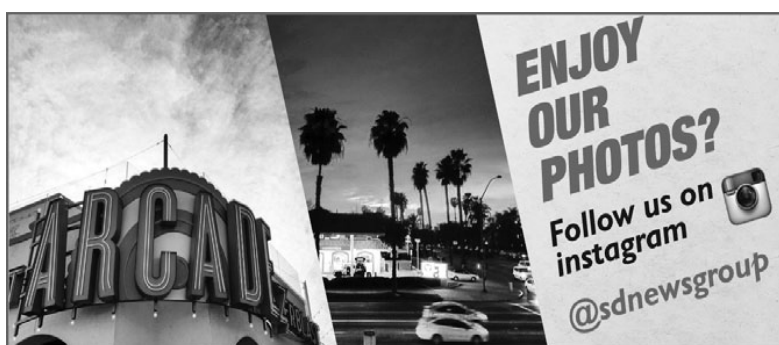


Pictured left to right is Henry Gildehaus, Dennis Gildehaus (Henry's father), Zarah Silvas-Bacerra, Michael Vanderhoofven (Zarah's teacher), Caden Taffe, John Liss (Caden's teacher), Alyssa Deaton, Christene Gage (Alyssa's teacher), Gisele Johnson and Rosa Sanchez (Gisele's teacher)

HENRY GILDEHAUS, ZARAH SILVAS-BACERRA, CADEN TAFFE, ALYSSA DEATON & GISELE JOHNSON "Kiwanis Student of the Month"

Henry Gildehaus, from Pacific Beach Elem., Zarah Silvas-Bacerra from Barnard Asian Pacific Language Acad., Caden Taffe and Alyssa Deaton from Kate Sessions Elem., and Gisele Johnson from Crown Point Jr Music Acad. are the Kiwanis Students of the Month. These students represent outstanding leadership in and out of their classroom. Wow! What a wonderful group of students. They were honored by the Kiwanis Club of Pacific Beach and Brian McMullen of Allstate P.B. with breakfast at the Broken Yolk.

CONGRATULATIONS!



Mission Bay spring sports off and running

By DAVE THOMAS

As winter turned to spring to start this week, it should come as no surprise that the spring sports teams at Mission Bay High are off and running.

Volleyball

On the volleyball scene, the boys team is in action for head coach Nikki Caufield's team, which is coming off of a successful beach volleyball season that saw the Bucs win the Division II championship.

Last year, the boys restarted the indoor program at the high school and played as a Division IV team. In doing so, the Bucs were in a league comprised almost entirely of established Division II and III teams, coming close to making the playoffs.

So far this year, the Bucs' garnered fifth place in the Lions Volleyball Classic silver division, notching a couple of upsets.

Just over a week ago, the Bucs played their first league game, sweeping Madison High 3-0.

Jesus Zarate led the team with 12 aces and six kills; Kieran Wills led the team with seven kills; and Jacob Cayetano paced the team with 22 assists and also was tops in digs.

"Last year with a brand new team, we had to basically start from scratch and the boys showed steady improvement over the season," Caufield stated. "This year, we have six seniors on the team that also played beach volleyball and we have a solid core of boys with at least one year of experience.

"The boys have great attitudes and are working really hard at practices. Having made a good showing at our first tournament, and in winning our first league match, we are hopeful that we will continue to improve and work towards making the playoffs.

"We couldn't ask for a nicer group of boys to work with and will really miss our seniors next year. Boys volleyball at Mission Bay High School is like a family," Caufield said.

Girls beach volleyball

Meanwhile, the girls beach volleyball (2-0) team under head coach Brad Wills recently played Coronado, coming away with a clean sweep.

The Bucs are part of the Sand Volleyball Association and not yet a



PBMS surfer

Kale Cadam surfed in the final Scholastic Surf Series contest for PBMS at La Jolla Shores on Feb. 12, placing third in the shortboard competition and first overall for the season. The Mission Bay High School surf team won against High Tech High School in Division 4 of the Scholastic Surf Series contest in Carlsbad on Feb. 4.

part of the CIF.

According to Wills, the plan is to make this sport CIF in the next couple of years, maybe as soon as next year.

This is the fifth season of high school beach volleyball, with a total of 36 teams in the league, a league that is broken up into four divisions. Mission Bay plays in the Central Division (seven teams total).

"Our goal is to win our division," Wills commented. "On the team this year, we have two returning seniors and a group of solid freshmen and sophomores."

Baseball

Over on the baseball diamond, returning head coach Dennis Pugh noted that while it may take some time for the program to get its "mojo" back, the past success of Mission Bay is what the program is striving for.

According to Pugh, key players this season look to be pitcher/infielder Aiden Young (sophomore), shortstop/pitcher Joey Witkowski (senior), outfield/pitcher Parker St. Germain (junior), pitcher/first baseman Jaiden Correa (junior), pitcher/third baseman Dillon Kasper (senior) and infielder Zay Pena (sophomore), who Pugh tabbed the best new player to date.

Pugh has set goals of winning the City League and getting back to the

CIFs, along with setting a new culture and attitude for the program.

The Bucs finished 11-16 a season ago, missing out on the CIF playoffs.

Softball

On the softball diamond, head coach Vince Ichihara's team went 9-18 a season ago, yet made a run all the way to the CIF semifinals, coming up a game short of the championship.

Heading into this week's play, the Bucs were 1-4 in the Gold Division 3 Tournament, having yet to play anyone within their division.

"Every game we have lost this year has come by two runs or less and we've had a chance to win each of these games," Ichihara remarked. "Our last game we put it all together and beat Serra High School 11-0, led by freshman pitcher Cassidy West's 16 strikeouts.

Mission Bay also got timely hitting from Maya Cota and Cheyenne Chavez, a strong four-hit performance, with Paige Parkhill and Kiki Valverde-Flores cleaning up the bases with two RBIs each.

Serena Castro, who controlled the game behind the plate despite playing through an injured thumb, added a pair of hits and an RBI.

Editor's note: More MBHS spring sports teams will be profiled in the April 6 issue.

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San Diego fire chief counters lifeguards' claims about emergency call delays

By DAVE SCHWAB

San Diego Fire Chief Brian Fennessy refuted allegations by the lifeguards' union that a recent change to how water-related emergency calls are handled slows down lifeguard response times jeopardizing public safety.

Flanked by San Diego Fire-Rescue officials and San Diego Lifeguard Chief Rick Wurts, Fennessy at a press conference characterized the claims leveled by lifeguard spokesman Ed Harris at him as "politically motivated."

Fennessy countered Harris and the lifeguard union's claim that his altering of how radio dispatch works, with all water-related 911 calls now going first to the fire department instead of directly to lifeguards, has caused unnecessary problems, including delaying lifeguards' emergency response times.

Noting SDFD "fosters quality relations with its labor unions," Harris said of Teamsters Local 911 representing lifeguards, "It's been a challenge with them for many years. So much so, that my predecessor refused to have any interaction with them, as it always ended in hostile conflict."

Pointing out there was no trouble with lifeguards until a "minor change" to how water rescue calls inland was instituted this past December, Fennessy maintained the dispatching change "significantly reduced the life safety risk to the public."

The lifeguards have officially challenged Fennessy's new call routing system, appealing to Mayor Kevin Faulconer's office. Lifeguards are even suggesting the possibility of seceding from SDFD if their concerns are not adequately addressed by the city.

Fennessy labeled as "absolutely ridiculous," Harris' allegations that he had a plan to have firefighters replace lifeguards, or that lifeguards were giving firefighters swim lessons.

Regarding lifeguards separating from SDFD, Fennessy said, "I can tell you all right now, this will not happen."

Fennessy said the radio dispatch change became necessary following serious flooding citywide during the recent winter storms. He said emergency call volume during storms revealed a flaw in lifeguards existing radio dispatch system.

"There were 911 calls being forwarded from police to lifeguards that were not being answered at all by dispatchers because the call volume quickly overwhelmed lifeguard dispatchers," Fennessy said adding, "Lifeguards are not trained—or experienced—to handle such a large call volume."

The fire chief added the technology used currently by lifeguard dispatch is old, pointing out their system "only allows for two calls to be answered at a time, giving a busy signal if both lifeguard dispatch numbers are busy. Clearly, a change needed to be made."

Fennessy described Harris's claim that the radio dispatch change has "led to serious confusion" as "patently false."

"There's been no confusion, no delays as a result of this change," he said adding, "We (SDFD) don't accept the factual inaccuracies being represented."

San Diego's fire chief also criticized the way allegations from the lifeguards' union have been brought forward.

"Shame on you Ed Harris, you crossed the line," Fennessy said. "And shame on your members that supported your approach. Our hope is, that in the future, you won't use a family's pain (to make a point)—that you'll use a different approach."

Michael Zucchet, general manager of the San Diego Municipal Employees Association, the city's largest labor union, commented, "We share and support all of the words and sentiments of the chief

and are disappointed on how the lifeguards' union has responded on this matter."

Zucchet described the lifeguards' decision to attack the fire chief's changes to the radio dispatch system as "political decisions, not decisions made on behalf of the public's safety."

Zucchet characterized radio dispatch rerouting as "very minor, common-sense changes based on real happenings with call volumes."

"This has mushroomed into this messy drama bringing in old political grievances," Zucchet concluded.

Responding to the fire chief's criticism of how he's handled the radio dispatch controversy, Harris said, "No matter how they (SDFD) slice this, when they add a step (police calls to fire then to lifeguards) it will cause delays and confusion."

Harris also denied Fennessy's claim that his criticism of changes to how emergency radio calls are dispatched was politically motivated.

"He's looking at this from the lens of a career firefighter," Harris said. "He's not able to see it from the lens of a career lifeguard, because, the changes he's making are changes that won't be reversible."

Men charged in cell phone store robbery plea not guilty

By NEAL PUTMAN

Two men have pleaded not guilty to a federal grand jury indictment in the robbery of a Pacific Beach cell phone store on Grand Avenue and nine other hold-ups of other stores.

Robberies are normally charged in state court, but the federal charges allege they interfered with interstate commerce by threats and violence.

They are also charged with conspiracy to affect interstate commerce by robbery.

Carlos Adolfo Soto, 39, and Justin Wayne Caldwell, 30, were arrested Feb. 21 after Soto allegedly robbed the Metro PCS store at 2:05 p.m. at 909 Grand Ave. San Diego Police recovered \$155 in cash, nine cellular telephones, and a pellet gun that resembled a pistol.

The conspiracy charge carries a 20-year sentence and so does each federal robbery charge. Soto and Caldwell were arraigned March 7 in U.S. District Court.

The nine other robberies were all at Metro PCS stores in Claire-

mont, Normal Heights, Serra Mesa, San Marcos, Spring Valley, Nestor, Poway, and several were on El Cajon Boulevard.

Soto agreed to remain in the Metropolitan Correctional Center without bail for now, but Caldwell's attorney asked for bail and a magistrate set it at \$35,000. Caldwell also remains in jail.

The U.S. Attorney's office objected to the \$35,000 bail figure and asked Magistrate Judge Karen Crawford to reconsider the ruling. They asked her to either raise the bail or deny it altogether at a hearing set for March 23. Caldwell is a flight risk, court papers say.

There were 16 people who were employees and customers whose lives were threatened in the 10 hold-ups, according to the U.S. Attorney's office.

The robber pointed with what looked like a pistol at the head and body of some employees and customers, but only a pellet gun was found with Soto by police.

The victim in the first hold-up on Jan. 25 was threatened with a machete.

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RENTALS >>

CONT. FROM PG. 1

motion by then-City Council President Sherri Lightner, which some feel would have largely banned short-term vacation rentals in single-family neighborhoods, was defeated by a 7-2 vote. Lightner's proposal would have restricted a homeowner's ability to rent to transients for less than 30 days in most single-family zones, with renters or owners of single-family homes also not able to rent out a room or space for less than seven days without proper permitting.

An alternative motion brought by then-Councilmember, now-Assemblyman Todd Gloria was subsequently passed in November by the same 7-2 margin. His counter motion requested city staff do a fiscal analysis to determine the cost of greater strv enforcement citywide, asked staff to draft and return with a comprehensive ordinance better defining and regulating short-term vacation rentals, as well as remanding the matter back to the City Council's Smart Growth and Land Use Committee for further consideration.

Reacting to Elliott's memo, 1st District Councilmember Barbary Bry said: "I was pleased to read the memo issued

'This type of use is clearly commercial.'

RONAN GRAY
SAVE SAN DIEGO NEIGHBORHOODS

by City Attorney Mara Elliott confirming that short-term vacation rentals do not fall under any permissible use in the municipal code and are therefore prohibited in the city of San Diego. I look forward to working with my colleagues on the council to determine the best way to allow property owners to participate in home sharing."

Pacific Beach resident Ronan Gray, a

spokesperson for Save San Diego Neighborhoods, a grassroots group opposed to short-term vacation rentals in single-family neighborhoods, called Elliott's comment a "game changer" in beginning to address noise, trash and other recurrent problems with short-term rentals.

"Suddenly, these mini hotels that have been popping up are now illegal," Gray said. "We bought our homes expecting to be living in residential, not commercial areas. This type of use is clearly commercial."

Gray added: "When you turn a home into a hotel – nobody wants to live there, it's just a constant stream of

strangers and tourists. That's not what our neighborhoods are for."

Gary Wonacott, president of Mission Beach Town Council, located in an area where large numbers of short-term vacation rentals are present, said the beach community has taken a centrist approach to dealing with the issue.

"While the MBTC membership has, on multiple occasions, expressed concern for the increase in the number of short-term rentals in Mission Beach in the past decade, and has voted for a minimum number of days allowed for a short-term rental, the Mission Beach community has historically embraced vacation rentals," Wonacott said.

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TRIAL »
CONT. FROM PG. 1

Harvey and defense attorney Dan Tandon submitted two psychiatric reports to Danielsen in a brief hearing as well as the certificate of mental competency issued by Patton.

The first victim was Angelo DeNardo, 53, who was attacked where he was sleeping under the Interstate 5 bridge near Mission Bay on July 3, 2016. An autopsy determined he died before his body was set on fire.

Shawn Longley, 41, was found dead in Ocean Beach on July 4 and Dionicio Vahidy, 23, died July 10, four days after he was mortally wounded downtown.

The prosecutor said one surviving victim had a railroad spike cut into his sinus cavity and he was left blind in the Midway District. The fifth victim in Golden Hill was also attacked with a railroad spike. She said police found railroad spikes and a mallet in Guerrero's downtown apartment, along with identification from two victims.

Tandon said Guerrero had "extensive mental health history."

READ MORE ONLINE AT sdnews.com

BOAT »
CONT. FROM PG. 1

"We've got basically a good guy here who made a mistake," said Anello about Switzer.

Gillette produced a cashier's check for \$9,000 Monday, which is his half of the Coast Guard's costs. Both men also had to pay the costs of storage of the Commander, which did not fully sink on Oct. 11, 2016.

"Luckily, nothing worse hap-

pened here. We have a pretty good guy here," said Anello about Gillette.

Assistant U.S. Attorney Ari Fitzwater did not ask for any jail time and agreed the defendants are remorseful. They could have received a maximum 10-year sentence in federal prison.

Pippins said Switzer's total financial loss "is in the high six figures" as a result of his "foolish desperation" in trying to sink the boat.

READ MORE ONLINE AT sdnews.com

**Pacific Beach Kiwanis Club**

On May 12, 2017, the PB Kiwanis Club will sponsor their second annual Golf Classic at the Mission Bay Golf Course. The club and the golf classic were established to support the youth and community of Pacific Beach. Kiwanis is especially active in the Elementary, Middle and High Schools as well as community activities such as; Concerts on the Green, and Rady's Children Hospital. The Broken Yolk will be the Title Sponsor for this year's Golf Classic but there are still a few selected Gold level sponsorships available. The Club will also begin reserving golf foursomes (\$300/4) on March 1, 2017, if interested in either a sponsorship or playing in the tournament call the club at 858 353 1829. Lunch begins at Noon followed by a shot-

gun start at 1PM, The PB Kiwanis Club is a volunteer group of congenial men and women who meet each week on Thursday at 7:30AM at the Broken Yolk for friendship and service. If you are interested in community service or to learn more about PB Kiwanis join us for breakfast.

As part of the celebration, and in conjunction with the golf tournament, from March 1 until May 30 there is a three course Mostaccioli Dinner including non-alcoholic beverage being offered for \$12 at Pernicano's Restaurant 711 Turquoise Street Pacific Beach with proceeds going to the Club charities. See a Kiwanis member for a ticket or mention the Kiwanis when visiting Pernicano's. Offer available every day the restaurant is open.

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Kelli Denton R.N., is the director and

has more than 35 years of nursing experience that includes oncology, infusion therapy, home health and home care. Denton explains that all caregivers are live-scanned fingerprinted, have extensive background checks through the Ca. DOJ (Dept. of Justice) and FBI on a national level. All employees are also bonded and covered with worker's comp. Effective 6.1.16, all home care agencies were required to be licensed with Ca.'s Dept. of Social Services, Community Care Licensing Division and are subject to un-announced state surveys, which Denton welcomes. "Licensure keeps us on top of our game and will weed out those agencies that are not compliant with regulations".

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**A gem of a business: Beads and More in Pacific Beach celebrates silver anniversary**

By MARSHA KAY SEFF

Its silver anniversary is strung together with hundreds of thousands of beads and a treasure trove of handcrafted jewelry.

On April 25, Beads and More, in The Promenade at Pacific Beach shopping center, celebrates a quarter of a century in the same location and 19 years under the ownership of Julia Armfield Candillo.

Julia, who originally was a customer of the specialty bead store on Mission Boulevard at Pacific Beach Drive, began working there part time in 1995. She quickly became manager and bought the place in '98 with a loan from her parents. The former biochemistry major met her longtime beau and husband as of last year in the shop. Juan Candillo also is an avid beader.

"A lot more men than you think bead," says the former theater major. "I've made tons of cool-boy stuff and I once taught a retired surgeon how to wire-wrap, using some of the same techniques as he used in his profession."

Together, the Crown Point couple has built Beads and More into a thriving business, as well as a San Diego destination for locals, tourists and regulars who enjoy visiting and sharing their craft.

Julia reminisces about the first piece of jewelry she made for the store. The bracelet sold within an hour, she says, adding that running a business wasn't destined to be nearly as easy. But she's proud that she paid off the loan to her parents in five years.

And despite the recent recession, Beads and More has continued to prosper, and creativity and attention to detail were greatly responsible for the shop's survival.

"We handpick every stone we sell," Julia says, adding that she buys from artists, trade shows and importers who buy worldwide. The diversity of beads includes every-



Juan and Julia Armfield Candillo will celebrate the silver anniversary of their shop, Beads and More, on April 25.

PHOTO BY MARSHA KAY SEFF

thing from Czech glass to abalone shell and semi-precious stones.

The trick is to stay abreast of trends, according to Juan. As part of their offerings, the couple sells ready-to-make necklace, bracelet and earring kits and has found a niche market in repairing fashion jewelry.

To communicate with long-time and prospective customers, Julia sends out a constant stream of Instagram updates about new materials, her handcrafted jewelry and his beaded frames.

Not limited by the PB storefront, Julia has been designing jewelry for the San Diego Museum of Art gift shop for 14 years.

Then there are beading classes and private lessons. The store is a venue for visiting beachgoers in search of a San Diego keepsake as well as children's and bachelorette parties and Girl Scout troops.

"Some kids come back years later and bring their own kids," Julia says. "And some days we see as

BEADS AND MORE**Where:** 4150 Mission Blvd., Suite 111.**Contact:** 858-483-4190
sandiegobeads.com.

many as four generations of families crafting side-by-side."

As for competition from Internet shopping, she says, "Beading is tactile; people want to touch the beads, see how big they are and how heavy." Plus, "We've been here so long, people want to visit with us, see what's new."

Juan adds, "We've always tried to be part of the community ... During the recession, customers would come in just to see if we were still here."

Fortunately, the couple says, business has been climbing for the last three years and is good today. The Candillos' hope their enthusiasm for their craft and what they regard as a local "gem" will lead to continued success.

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Freedom Rows at Crew Classic help disabled vets

By DAVE THOMAS

One of San Diego's more popular outdoor events takes to the water again this year in early April.

Making the day even better; the opportunity for disabled veterans and members of the military to partake in the 44th annual San Diego Crew Classic, which hits Mission Bay on Saturday, April 1. The event features military veteran crew teams racing among the more than 4,000 athletes.

The Freedom Rows program assists disabled veterans competing in adaptive and para-rowing events through guidance from experts and coaches, both of whom have tailored plans to help these veterans get on the water, fall in love with rowing and compete at the highest levels.

Spectators can cheer on these inspirational veteran athletes while eating lunch at food trucks and drinking a beer garden beverage.

As organizers of the event have noted, with the huge veteran population in San Diego and the city's long military history, it only makes sense that the San Diego Crew Classic host this unique event.

Beach & Bay Press recently caught up with Mary-Carol Madison, director of finance and administration with the San Diego Crew Classic, for a Q&A.



Teams race on Mission Bay at the Crew Classic. PHOTO BY THOMAS MELVILLE

BBP: How has the San Diego Crew Classic grown over the years?

MCM: This is our 44th year, we began in 1973. The San Diego Crew Classic has grown from a one-day three-hour regatta to a two-day regatta with more than 120 races. We have more than 4,000 competitors from 120 clubs participating from throughout the country.

BBP: Approximately how many local high schools/colleges will be entered?

MCM: More than 100 different high schools and colleges are entered. Cathedral Catholic High School has their own team. Other local high schools such as Mission Bay High School compete with San Diego Rowing Club Jrs and ZLAC Jrs. SDSU, USD, and UCSD will all have men's and women's teams competing.

BBP: Given San Diego is a military community, how important was it to extend the invitation to disabled vets

and members of the armed forces to participate in this event?

MCM: We are very excited to have Freedom Rows racing at the San Diego Crew Classic again for the third year. Being part of a military town, we offer free admission to anyone with military ID as a thank you for their service. We are very honored to now also sponsor this event.

BBP: Anything else locals and tourists should know about the event?

MCM: Come to Crown Point Shores on April 1 and 2 to enjoy great racing. Friday night there is a pasta party and on Sunday morning we have a brunch catered by Giuseppe's Catering, both in the Champions Pavilion. We are pleased to have the U.S. women's national rowing team on site that weekend and are sponsoring them at the brunch. Tickets are available online at crewclassic.org for all events.

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Acoustic guitar duo Strunz & Farah at Humphreys

By BART MENDOZA

Grammy-nominated acoustic guitar duo, Strunz & Farah, will perform two shows at Humphreys Backstage Live on April 1. Formed in 1980, from the ashes of under-rated Latin jazz band Caldera, the pair play an instrumental mix of world fusion and flamenco, touring the world and recording with artists ranging from Sting to Rodrigo y Gabriela.

However it's their 19 albums to date that have brought them acclaim, most recently, "Moods and Visions" (2014). If you like new age music, Latin sounds or soundtrack tunes, you will love this performance from two guitar virtuosos.

Strunz & Farah: Saturday April 1, at Humphrey's Backstage Live, 2241 Shelter Island Drive. 6:30 p.m. and 8:30 p.m. \$12. www.humphreysbackstagelive.com.

Punk Rock Karaoke comes to Brick by Brick on March 25. Lucky



Strunz & Farah, who have opened for international artists Rodrigo y Gabriela, will perform two shows at Humphreys Backstage Live on April 1.

audience members will get a chance to come on stage and sing-a-long to a punk rock classic, the twist here being that the backing will be from a live band featuring punk legends Steve Soto (The Adolescents), Stan Lee (The Dickies), Greg Hetson (Circle Jerks) and Darrin Pfeiffer

(Goldfinger). The night is full of fun with the band providing backing on an impressive list of tunes, from Motorhead to Green Day, perfect for anyone who's ever wanted to play rock star for a day.

Punk Rock Karaoke: Saturday, March 25, at Brick by Brick, 1130 Buenos Ave. 8 p.m. 21 and up. \$16. www.brickbybrick.com.

On March 25, acclaimed pianist Joshua White performs a special themed show, Monk @100, at Dizzy's. The event is part of a multi-concert series celebrating the music of Thelonius Monk, who would have been 100 this year, with future shows set for May 27 and July 22.

Joshua White: Saturday, March 25, at Dizzy's at Arias Hall, 1717 Morena Blvd. 8 p.m. \$20. www.dizzysjazz.com.

Blues fans won't want to miss a special CD release show for the Casey Hensley Band's debut album, "Live," on March 28 at Tio Leo's. It's the perfect way to be introduced to this fine band, after all, live is where they excel. Led by fiery singer Casey Hensley, the band is an all-star affair with drummer Evan Caleb Yearsley, saxophonist Jonny Viau, bassist Marcos C. and powerhouse guitarist Laura Chavez. The latter is one of the best guitarists on the planet right now, with an improvisational skill that is mind blowing, yet still full of subtle touches that truly highlight the song being performed.

The Casey Hensley Band: Tuesday March 28 at Tio Leo's, 5302 Napa St. 9 p.m. 21 and up. \$10. www.tioleos.com.

The most unique dance club in San Diego, The Bahia Belle is back in post-winter action, with a performance from reggae favorites Twisted Relatives on March 31. Fans will be able to take in island sounds as they cruise around Mission Bay, with the band highlighting tunes from their recent EP.

Twisted Relatives: Friday, March 31 at the Bahia Resort, 998 West Mission Bay Drive. 9:30 p.m. 21 and up. \$10. www.bahiabelle.com.



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Rubik's Cube team

PB Elementary teacher Dave Sandler and his team of fifth-graders competed in the Rubik's Cube Competition at Super Stem Saturday at Cal State University San Marcos on March 11. Placing fourth overall in their division, Sandler remarked, 'More important than winning, was the memory of the experience the kids had together.'

PHOTO BY STEVE SIDELL

EDUCATION NOTEBOOK>>

Mission Bay High

■ The MBHS Annual Talent Show is 6:30 p.m. Friday, April 7, in the auditorium. With celebrity judges, delicious refreshments, and a few surprises in store, there will be a night of fantastic singers, dancers, bands, and unique acts. Enjoy a wonderful evening, showcasing the amazing talent of MBHS students. Tickets are \$5 at the door.

Pacific Beach Middle

■ Listen to the beautiful sounds of PBMS musicians at the Spring Pops Concert on 6:30 p.m. Thursday, March 23, in the PBMS auditorium.

FOPBSS

■ The next Friends of Pacific Beach Secondary Schools meeting is 6 p.m. Wednesday, March 22 at MBHS Library.

■ FOPBSS Boards and Brew Auction is Friday, April 14, at the Soledad Club from 5:30 to 9:30 p.m. Enjoy tastings from three local breweries, a roving Tiki Table, photo booth, and fabulous auction items. Tickets are \$30 per person and can be purchased at PBMS and MBHS front offices or online at www.fopbss.org. Everyone is invited to join in on the fun while raising money for PBMS and MBHS.

PB Elementary

■ PBE would like to thank the businesses and community members who contributed to the online auction. The school community is incredibly grateful for your generosity and commitment to making PBE an amazing school. Thanks to many donations the online auction was a huge success, raising more than \$11,000. PBE is still looking for sponsors and donors for the annual spring auction event, Island Nights, on April 7. You can sponsor, donate, or buy tickets by visiting



Academic League champions

The Mission Bay High Varsity Academic League team has been declared the Central Division champion for the 2016-2017 year. The playoff match will occur on April 4 and will be televised by ITV on April 6. Mission Bay's other two Academic League teams, Junior Varsity and Novice, also performed well this season, especially the Novice team, so the future looks bright for MBHS's Academic League teams. MBHS English teacher and Academic League coach Nathan Sheehy said, 'It is nice to know that we are reloading for the future.' Pictured are members of the MBHS Varsity Academic League team. Back row: Coach Nathan Sheehy, Pauline Hales-Brown, Vicente Gonzalez, Shelby Spillers Jacob Cayetano, Emery Reyna (all seniors). Front row: Daniel Lagaspi (junior), Nick Archer (sophomore), Jason Watts (junior), Dylan Groves (junior).

PHOTO BY ALEX TORRES

nights/ or emailing pacificbeachelementary@gmail.com.

Kate Sessions

■ Special thanks to Susan Fall for sponsoring family bingo night at Mission Bay Boat and Ski Club.

■ FOKS is hard at work collecting sponsorships and donations from local area businesses for the annual spring online auction. Thanks to Shore Club, Fish Shop, Duck Dive, Ocean Park Inn and San Diego Surf School for your continued support. Bidding is open to all starting April 10-14 at www.Sessions.sandi.net.

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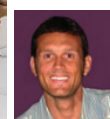
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iSWEAT LODGE recommends using infrared heat body wraps and whole body vibration as an enhancement to a healthy life. When you book a session, you receive 10-minutes on the whole body vibration machine and 50-minutes in the infrared heat body wrap.

The best news is that Infrared heat therapy and whole body vibration is for everyone, even those who aren't in the best shape to begin with or have been struggling to get healthy. In addition to burning up to 1,600 calories per session, there are numerous health benefits:

- Detoxing heavy metals and pollution found in the body and skin
- Improving chronic fatigue
- Boosting your immune system
- Reducing cellulite and fat
- Aids in full muscle and tissue relaxation and recovery
- Helps with skin disorders
- Improves the digestive system
- Strengthens bone tissue
- Improves lymph drainage and blood circulation



"There are so many benefits to a sweat session, that I probably give my new clients information over-load," said Kat Pytko, Owner of iSWEAT LODGE. "It's not just a quick fix, but a process that helps you become your healthiest self by detoxing, reducing stress, and promoting overall wellness."

Pricing for the sessions are cost-effective, to allow people the affordability to come more frequently and enhance their overall well-being. New clients receive buy one, get one free session. Go to www.iSWEATLODGE.com to book.

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The shop was opened by Usman's Grandfather, Mother and Father, Mohammed and Munira back in 1980 and has been a La Jolla Establishment for 37 years this April. Copy Cove is now the last of the independent printers in La Jolla. It's the kind of place where everyone knows your name and all treated like locals. Copy Cove has been printing for the community so long that they've printed for La Jolla businesses, schools and families through their own generations.

Their professional, courteous and knowledgeable staff strives to assist their customers with all of their print needs from printing documents directly from their iPhones to creating unique business cards and stationery to event invitations and programs to brilliant color copies, flyers, brochures, postcards, directories, manuals, custom greeting cards and color posters and canvas gliché prints as well as helping self publishers print their paperback books. Copy Cove of La Jolla is the only printer for miles to offer in-house Perfect Binding. They also offer the new 'triple-thick' business card printing.

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Debra's grandfather established their family's first Jewelry store 95 years ago in Endicott, New York. "I developed a passion for gemology watching my Father and Uncles' enthusiasm for gems" said Debra. In 1986 Debra moved to California to attend the Gemological Institute of America (G.I.A.), at the time in Los Angeles, where she obtained her Graduate Gemologist diploma G.G.. Upon her graduation she was selected to work at the G.I.A. as a diamond grader in their lab providing Diamond Certificates and Reports!. Debra's desire to work more closely with people led her to transfer to the education division where she continued her career as a Diamond Grading Educator.

In 1990 she moved to San Diego where she became a partner in a diamond wholesale Company. Missing the personal connection with her clients she opened a small jewelry store near UTC and then moved to Mission Valley in 1998. She chose to open a store in Bird Rock with her son David because it has the intimate feeling of a small community, and is reminiscent of her hometown. Stop by and say hello! For that personal touch in selecting the perfect engagement ring, designing custom jewelry, or expert repairs, they will take care of you!

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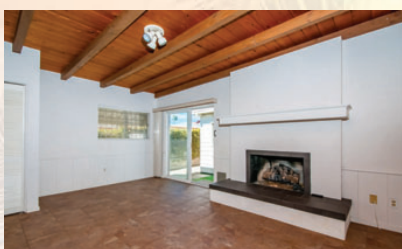


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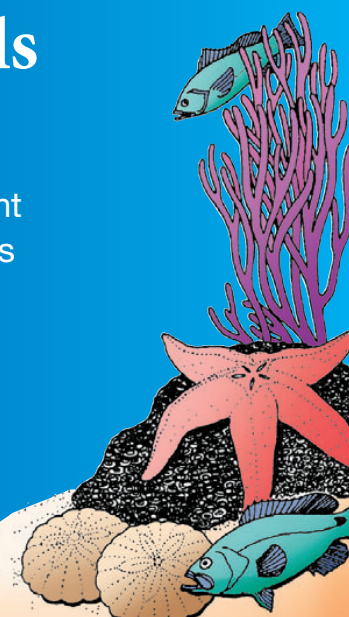
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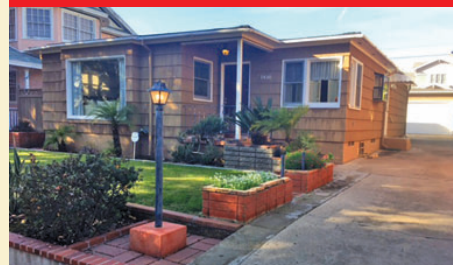


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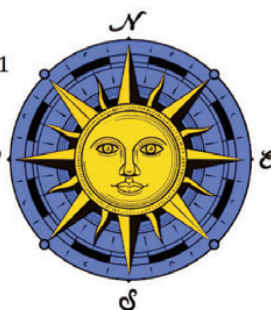
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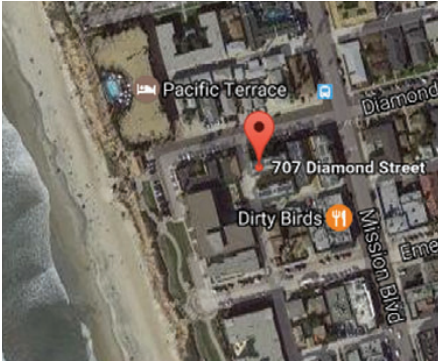


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707 Diamond

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\$1,400,000 • Not Yet On MLS



816 Pacific Beach Dr

Move right into or vacation rent this turn-key 3 BR, 1BA house in a fun Pacific Beach location just 1 block to the ocean & bay! Well maintained home features nicely updated kitchen & bathroom, original hardwood floors, forced air gas heating & AC, newer windows, laundry hookups & more. Enjoy a 5,600 sqft lot boasting gorgeous front & back yards with low-maintenance landscape, street & alley access & 2-car garage for excellent parking. This home is located in the coveted Braemar district of Pacific Beach.

\$1,100,000



Steve Cairncross

CA BRE #00859218

TeamCairncross.com | 858-859-3370



10485 Pine Grove Street

Beautiful Single Family Home in well kept community of Crestwood 3 Bedrooms + Den, 2 Baths, 2 Car attached garage Located across the street from lovely Del Parque County Park Just minutes east of Downtown San Diego

\$469,000

Call for details!



Dane Scharetg

CA BRE #01345168

858-504-3263

sdcoastalhomesales.com



North West PB townhome only 4 blocks to the beach. Open floor plan, 2 fireplaces, brand new wood flooring, carpet, and paint throughout.

1051 Beryl Street #D

3BR/2.5BA • 1575 esf • \$749,000



Coming Soon! 737 Windemere Court

Nicest Court in Mission Beach

New Construction • 3BR/3BA • 1308 esf



Kara Watkins Norgart

CA BRE #01389633

619-708-8276

www.KaraWatkins.com



Outstanding Value in Ocean Beach

This is one of the largest 2 Bed Condo's in the Vantage Point Complex. Tile floors in Entry, Kitchen & Baths, newer Laminate Hardwood flooring in Living Room & all 3 Bedrooms. Enjoy the warm Ocean Breeze in the Summer or use the Fireplace to keep warm on Winter Nights. Large Balcony with Storage Closet and southern Views. 2 car garage. Easy Freeway access/easy commute. 4402 Mentone Street #202 – \$389,900

www.4402mentonest.com



Bay Front Investment Opportunity

Coming Soon! Don't miss out on this unique, bay front investment opportunity. The current property has over 2,500 square feet of living space, divided into three profitable income units that include water views and patios. With a lot size of 2,772 square feet and Multi Family zoning, there are several desirable options for this property.

3525 Bayside Walk – \$2,450,000



Greg Flaherty

Broker/Owner

CABRE #00935682

www.CoastalPro.com | 858-692-0185