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Beach & Bay to the Max - Iconic artist Peter Max created this cover for us in advance of his new show at Monarch/Arredon Contemporary Art in La Jolla. More on page 12.



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Festival in PB celebrates Polish culture and cuisine

By DAVE SCHWAB

October wouldn't seem right without the annual Polish Festival in San Diego taking place Friday through Sunday, Oct. 7-9, at St. Maximilian Kolbe Roman Catholic Church at 1735 Grand Ave. in Pacific Beach.

"This annual fundraising event is one of the most popular ethnic festivals in the Pacific Beach area, attracting people from all around San Diego as well as international visitors who want to get a taste of what Poland is all about," said Kolbe spokeswoman Agnieszka Giacalone.

"Delicious Polish food is definitely a must at the festival – pierogis (dumplings stuffed with sauerkraut or potato and cheese), Golabki (meat stuffed cabbage rolls), Bigos (Hunter's stew), potato pancakes and famous grilled kielbasa (Polish sausage)," Giacalone said. "Polish pastries, soft drinks, coffee and tea will also be available."

The colorful Polish Festival is a tribute to Polish heritage, culture and cuisine. St. Maximilian was built in 1995 in Pacific Beach to serve the Polish community, a large number of whom who emigrated from their native land during the Solidarity labor-union movement of the 1990s.

POLISH FESTIVAL

When: Friday through Sunday, Oct. 7-9.

Where: St. Maximilian Kolbe Roman Catholic Church at 1735 Grand Ave. in Pacific Beach.

Info: www.polishmission.org

The church is named for St. Maximilian Kolbe, a Franciscan friar and World War II-era hero who voluntarily sacrificed himself in the place of a stranger at the infamous Auschwitz concentration camp.

Kolbe provided shelter to refugees from Greater Poland, including 2,000 Jews, whom he hid from Nazi persecution in his friary until he was arrested by the German Gestapo and imprisoned. While imprisoned, Kolbe volunteered to take the place of a man condemned to be starved to death. In his cell, Kolbe led men in songs and prayer. After three weeks of dehydration and starvation, only he and three others were still alive. He was murdered with an injection of carbolic acid.

Adults over 21 years of age will have an opportunity to try Polish beer at the festival by well-known brands such as Okocim, Warka and Zywiec.

Artistic entertainment will include Polish folk dance groups –

Polonez from San Diego and Krakusy from Los Angeles, 224 Kosciuszko Polka Band, Il Giardino d'Amore baroque chamber orchestra from Vienna, and many others.

For those who want to learn more about the church and also join in prayer, Holy Mass and tours of the church will be offered. Veneration of the relics of St. John Paul II, St. Sister Faustina, Mother Teresa of Calcutta, St. Padre Pio and other saints will also be offered.

All proceeds from the fundraiser will go toward supporting the Parish – the main goal being the continued renovation of St. Maximilian Kolbe Roman Catholic Church.

Father Jerzy Frydrych of Saint Maximilian Maria Kolbe said the church's primary mission is to "serve the needs of Polish people." He noted part of that is having mass said in Polish, while adding there is also a Saturday service in English.

Frydrych said funds raised from the annual festival "go to renovate the church," pointing out improvements have included stained-glass windows and a new church sanctuary.

Event admission is \$5. Those under age 16 get in for free.

For more information and details, visit www.polishmission.org/festival/index.php.

Happy Halloween



IN ESCROW

1222 Opal St. | North Pacific Beach
4 BR | 4.5 BA | 3,167 sq. ft.

This newly rebuilt home features high end stainless steel appliances, luxury finishes, and 751 total sq. ft. of decks to soak up the sun and gaze at amazing views from downtown to the ocean! Located on one of PB's most desirable streets!



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4051 Fanuel St. #8 | Sail Bay
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Scott Represented the buyer and sold this condo for \$549,000



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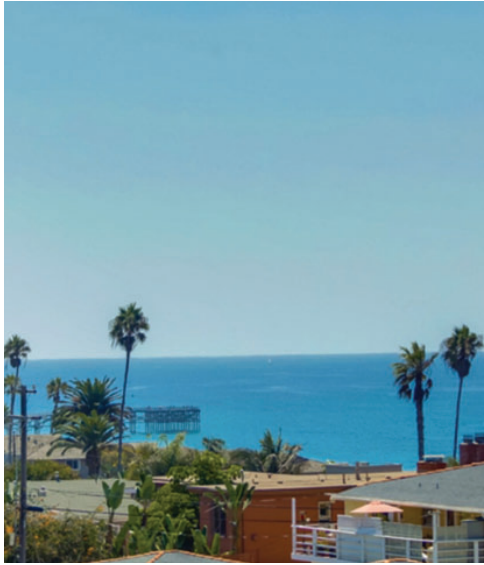
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Water polo wins

Mission Bay water polo beat Mira Mesa in their first home league game 12-10. From left: Tanner DeLong; Joe Monaco; Jake Halvin; Brad Palmer; Alex Bauer; Andy Dorris; Mitchell Meara; Michael O'Leary; Parker St Germaine; Sean Watson, Thomas Grigolite.

11 Critical Home Inspections traps to be aware of before listing your home sale

SAN DIEGO. According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an older home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. To help home-

sellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved. To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1003. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to learn how to ensure a home inspection doesn't cost you the sale of your home.

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Bucs' duo sticking to success in field hockey

By DAVE THOMAS

Ask any coach what makes a team a winner and they will tell you it is when the players buy into what you're saying.

When it comes to the Mission Bay High field hockey team, head coach Kris Auer has a pair of players that have taken on leadership roles, helping the Bucs strive to be a competitive team on a regular basis.

For seniors Kylie Kroeger and Emery Reyna, field hockey is a big part of their lives, something that is benefitting the team.

Beach & Bay Press recently caught up with the duo for an email interview, looking at this season, the girls' goals, and advice for potential upcoming players.

BBP: What attracted you to field hockey at MBHS and what are your thoughts on how the team is doing so far this season?

Kroeger: Being an avid soccer and lacrosse player, I hoped that field hockey would translate well with my athletic abilities when I started at MBHS. I fell in love with the sport and have enjoyed the strategy. Last year our team went to playoffs; this year we have high hopes to repeat! This is a young team, but the girls have stepped up, practiced hard and continue to gel as a team.

Reyna: I was attracted to field hockey at Mission Bay because of the intensity and speed of the game, as well as the type of field hockey players you see on the field. It's an intense game with equally intense



Emery Reyna and Kylie Kroeger

people that really take you in and teach you what the sport is really about. This season is going well so far; all of our players are so talented at what they do. We have struggled at points, but in the end, we never stop playing what coach calls "beautiful hockey."

BBP: How do you each see your roles on the team as leaders?

Kroeger: Field hockey is unfortunately not a common sport for the West Coast. High school is typically the first time girls even pick up a stick and learn the rules. Experience allows me to help guide the rookies, whether it be through sportsmanship, helping to teach new moves, or just being someone to talk to about the added pressures of being a student athlete. Emery and I, as captains, try to be mentors on and off

the field.

Reyna: Kylie and I have been friends for all of high school and have truly found out each other's strengths and weaknesses as leaders. Kylie is one of, if not the best, field hockey player on the team, and she really guides the team by being an example, and guiding us on how we can improve our game. I try to lead the team by bringing us closer together, connecting one-on-one with each player, and setting the example of perseverance by attending practice no matter what. We've had multiple practices where Kylie and I have wanted to opt out and go to the beach, but we both know that we are the ones our teammates look to when things get tough. It's been an amazing experience we've shared.

BBP: How has the coaching staff helped you become better players?

Kroeger: Throughout the year, coach Auer communicates with the team, whether it be about practices or upcoming clinics/camps. My freshman year, I had never played field hockey, but his enthusiasm for the game was what ignited my love for field hockey!

Reyna: Coach Auer is an amazing coach, one like no other. Most coaches struggle to achieve a balance of respect and fondness. He demands respect and our effort, but he truly understands us and our priorities.

READ MORE ONLINE AT sdnews.com

Mission Bay teams ready for October league races

By DAVE THOMAS

With September in the books, a number of Mission Bay fall sports teams head into October looking to secure league victories.

On the boys' beach volleyball scene, the Bucs, under head coach Nikki Caufield, fell to second place in league play with a tough 2-1 loss to The Bishop's School.

"We had an injury that required us to re-shuffle our lineup at the last minute and it may have cost us the match," Caufield stated.

"We clearly had the stronger teams but really played down to our competition. Our first and second-ranked team both lost close match-

es in three games so the entire match came down to one or two plays."

Kieran Wills teamed up with Dusty Schraeder to win their match easily in two games (21-10 and 21-8). Jake Smyrnos and Ryan Derry also had a really good win in their junior varsity match and are continuing to improve.

"We have one more match against first-place Coronado on Oct. 13 that promises to be a tough one as we play in Coronado where it is extremely windy in the afternoons. Coronado has played every match at their home courts this year where the wind gives them a huge advantage. Unfortunately, until we can get

courts built at MBHS finding court space to play matches is going to continue to be a challenge."

Playoffs for team and individual pairs are scheduled to start in two weeks and will continue into November.

Football

Mission Bay had a bye this past weekend. Under head coach Willie Matson, the Bucs enter play this week with a record of 3-2 as they prepare to host Lincoln this Friday.

According to Matson, junior running back Kenyon Sims, senior wide receiver Keyon Holiday, and senior defensive back Tyrese Reed are all performing at a high level for the team.

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EDUCATION NOTEBOOK>>

Mission Bay High

■ Support the Mission Bay High School Aquatics Program by dining out at Boudin, 5407 Balboa Ave., Suite 400, on 4 to 8 p.m. Wednesday, Oct. 12, and 30 percent of sales will be donated to MBHS Aquatics.

PB Elementary

■ The annual Contributions Drive ends Oct. 13 but the school is always looking for business sponsors to help support students. If you would like to sponsor PBE in some

way, email pacificbeachelementary@gmail.com.

■ The science program has kicked off for the year at PBE. During the summer principal Goulart was able to secure a new bungalow that is currently being outfitted with technology to support PBE's science program and Project Lead the Way STEM modules, along with state-of-the-art furniture purchased by FOPBE.

FOPBSS

■ Friends of Pacific Beach Secondary Schools Family Dine-Out at Beachtown BBQ (corner of Mission Boulevard and Pacific Beach Drive), Oct. 13, 4 p.m. to closing. Join friends and family for delicious food,

watch the Chargers vs. Broncos game, and enter the raffle to win fabulous prizes. Have a great time while supporting MBHS and PBMS.

Mission Bay Cluster

■ PB School Tour dates: The window to submit an application through Open Enrollment (CHOICE)

has been moved up this year to Oct. 3 to Nov. 14. If you have friends or family outside of the boundaries considering one of the schools for next year, note these tour dates:

■ Mission Bay High School: Oct. 13 and Nov. 10 at 7:55 a.m.
■ PB Middle School: Oct. 6 and Nov. 3 at 8 a.m.

■ Kate Sessions: Oct. 10, Oct. 20, Nov. 1, Nov. 7, at 1 p.m.

■ Barnard APLA: each Monday at 10:20 a.m.

■ CPJMA: each Monday and Friday at 1:15 p.m.

■ PB Elementary: Call 858-488-8316 for more information.

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More at: www.polishmission.org



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ReWild unveils 8 options for Mission Bay

ReWild Mission Bay – a project of San Diego Audubon and its partners to enhance and restore up to 170 acres of wetlands in the north east corner of Mission Bay – recently unveiled eight possible options for restoration.

Based on community suggestions from two public workshops earlier this year, the draft plans were presented to more than 135 residents to collect input.

Visit www.rewildmissionbay.org to view the potential alternatives.

“Our community has been very vocal about its support for restoring and protecting this iconic part of San Diego that so many people love and cherish,” said Rebecca Schwartz Lesberg, project manager for ReWild Mission Bay.

“These eight designs reflect what the community has asked for and identified as important to keep Mission Bay healthy and enjoyable for all uses and for generations to

come,” Schwartz Lesberg said.

The recent public workshop was the third in a series of four. ReWild Mission Bay will work with scientists and engineers to determine the feasibility of the eight initial restoration alternatives. Refined versions of the alternatives presented on Tuesday, or combinations of features from several different alternatives, may move forward to become final restoration designs. Residents can expect one more public workshop to weigh in on these designs before they are finalized.

“This is an unprecedented opportunity to protect our communities from sea level rise, expand habitat for endangered birds, help our kids get out in nature, and provide cleaner water for all San Diegans to enjoy in Mission Bay,” said Schwartz Lesberg.

READ MORE ONLINE AT sdnews.com

Prop. J sparks debate at PB town council

By DAVE SCHWAB

Many who came to Pacific Beach Town Council's Sept. 21 meeting on Proposition J, a November ballot charter amendment regarding use of Mission Bay Park lease revenue, expected to hear it praised, not panned.

But what they got was a full-blown debate over it instead of a rubber-stamping, with much of the proposition being questioned – if not outright objected to – by several critics, including two former District 2 City Council members.

Proposition J, if passed Nov. 8, would change the current allocation of lease revenue derived from city-owned property in Mission Bay Park. Currently, 25 percent of \$2.5 million of Mission Bay lease revenue, more than \$20 million, goes to the City's Regional Parks Improvement Fund. All remaining funds are then allocated to the Mission Bay Park Improvement Fund.

Additionally, the measure would clarify the process for completing prioritized capital improvements. Prop. J would also extend restricted use of annual Mission Bay lease revenue more than \$20 million for an additional 30 years from the current expiration of 2039 to 2069.

Where the biggest concern lies

though, is one aspect of the proposition which calls for contiguous land parcels to be added to Mission Bay Regional Park, which some suspect could be used to further commercialize the bay front, perhaps opening the door for a future hotel.

“Right now with Mission Bay lease revenues, the first \$20 million goes to the city's general fund, and with anything above and beyond that, 25 percent of the remainder goes to regional parks,” Christiana Gauger, a city fiscal and policy analyst, told PBTC. “After that, the rest of it goes to Mission Bay.”

Should Prop. J pass and Mission Bay Park's lease is extended another 30 years, Gauger said the city estimates that more than “\$1 billion will go to regional parks, with the lion's share of that going to Mission Bay.”

But there were skeptics of the plan, including former District 2 council members Donna Frye and Ed Harris. The pair urged PBTC and local voters to take a much closer look at the proposition. They argued it may have loopholes in that could bring unintended consequences.

“The idea behind Mission Bay Park was that we would have this beautiful public park and we would allow 25 percent of that park to be used by commercial leaseholders,

and the rest had to be used for the public,” Frye said. “A yes vote on this ballot measure will incorporate those limits into the City Charter, which currently limits commercial development to one hotel, that can only be changed by a two-thirds vote of the people.”

But Frye contended that language in Prop. J subtly changes “the definition of what Mission Bay Park is.” She argued Prop. J, when read carefully, would allow city-owned property that is contiguous to Mission Bay Park to be added to it.

“To me, this (language) change means that, for every acre of new contiguous land added to Mission Bay Park, that 25 percent of that could be developed for commercial leases,” Frye said. “We all need to think about how this measure might increase the total acreage available for commercial development above what is currently allowed.”

Immediate past District 2 Councilman Ed Harris concurred with Frye.

Noting he “had a hard time finding stuff on Prop. J,” Harris said “this is about another hotel on Mission Bay. If we (public) don't get involved ... we're going to lose Mission Bay, and Rose Creek and Tecolote Canyon.”

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Garnet Avenue rated dangerous for pedestrians and bicyclists

By DAVE SCHWAB

Garnet Avenue has been listed as one of the eight most dangerous corridors for motor vehicle-related pedestrian and bicycle collisions in San Diego.

That reason is one of many and why several members of beautifulPB, a public nonprofit charity working to create a more sustainable Pacific Beach, attended a Sept. 29 Vision Zero Neighborhood Symposium discussing ways to make all streets in San Diego safer for pedestrians and other non-motorists.

Vision Zero is working toward zero traffic deaths in San Diego, acknowledging that no loss of life is acceptable. San Diego is one of 15 cities nationwide committed to getting to zero deaths through Vision Zero.

"The City has plans for seven of the eight corridors with designs for safer streets," said Kathleen Ferrier, director of advocacy for Circulate San Diego, a regional nonprofit working to improve mobility choices and create healthy, more vibrant neighborhoods.

"These plans include items such as curb extensions (pop outs) to shorten crossing distance for pedestrians, road diets (removing one lane

of travel, which has a high success rate for safety), roundabouts, bike lanes (as much as they provide for safer bicycling, they also help to slow traffic speeds and make streets safer in general)."

Ferrier added that "PB has a concept for Garnet to put the road on a diet and remove one of the travel lanes in lieu of a protected bikeway, curb extensions, and high visibility crosswalks."

"Closing Garnet to vehicles for a few days/hours will not only improve safety at some of those key hotspots, it's a great way to make people aware of the safety problems PB faces and to get everyone thinking about creative solutions to those problems," said Pacific Beach Planning Group member Henish Pulickal, who attended the symposium. "The idea I like the best would be to create a pedestrian-only promenade."

Ferrier said a Comprehensive Pedestrian Collision Analysis – conducted by the City – of pedestrian/vehicle crashes between 1998-2012, showed Garnet Avenue had a total of 157 pedestrian/vehicle crashes and "ranked seventh out of our eight (dangerous) corridors."

READ MORE ONLINE AT sdnews.com

PB man receives prison term for prostitution website

By NEAL PUTNAM

Christian J. Koalani, 67, of Pacific Beach, was sentenced Wednesday to eight years in state prison after operating a website that was used in online prostitution.


Deputy District Attorney Dan Owens said this was Koalani's third conviction for pimping and pandering, and this offense involved furnishing tranquilizers to a 17-year-old girl.

"He victimized numerous people over many years and destroyed lives along the way," said Owens afterwards.

San Diego Superior Court Judge Polly Shamoon gave Koalani credit for serving 119 days in jail since his June 2 arrest by San Diego Police following a year-long investigation by the San Diego Human Trafficking Task Force.

Koalani pleaded guilty to two counts of pandering in operating the now closed website. He also pleaded guilty to conspiracy with his 23-year-old wife, Hannah Koalani, who pleaded guilty to conspiracy as well.

READ MORE ONLINE AT sdnews.com



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The Patio on Lamont Street, an entree at Mamma Mia, an Italian restaurant on Balboa Avenue, and Better Buzz Coffee on Garnet Avenue.

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Sushi Ota
4529 Mission Bay Drive
858-270-5670
sushiota.com

Lanna Thai

Lanna offers authentic Thai food with homemade recipes passed through generations. The menu provides an extensive selection of the most popular Thai dishes from different regions of Thailand. They prepare cuisine to-order, made from the finest spices and freshest ingredients (no MSG added). They also make use of local produce whenever possible. Visit Lanna Thai and enjoy the art of Thai cuisine dining experience today.

Lanna Thai
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858-274-842
lannathaicuisine.com

Pho Sao Bien

Vietnamese restaurant Pho Sao Bien is known for its rice noodle soup, called pho, that visitors from the north rave about, which is saying something since the competition up there is more fierce between Vietnamese restaurants. The restaurant also sells a Vietnamese coffee with a French influence — served with a strainer and condensed milk on the side. A selection of beer is also available. Lunch goes shouldn't expect to wait more than five minutes for their meal, and homebodies can place an order and carry out their food.

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5TH ANNUAL KIWANIS SPOOKY PASTA DINNER
Thursday, October 27, 2015
Pernicano's Restaurant – 711 Turquoise Street
4:30 PM – 10:00 PM

The **Kiwanis Club** of Pacific Beach will be sponsoring their **5th Annual Spooky Pasta Dinner on October 27th**. They will be serving Mostaccioli with a meatball, salad, roll and non-alcoholic beverage at Pernicano's Restaurant.

Proceeds from this event fund the Kiwanis Youth Foundation. The Youth Foundation supports the Mission Bay High School Band, Drama, and Sports activities. They also support the Mission Bay High Key Club as well as the Builders Club at Pacific Beach Middle School and sponsor the Hope of America Awards for the five area elementary schools. Additionally the Pacific Beach Kiwanis Club provides support for our local library as well as Rady's Children Hospital Miracle Mile of Quarters, Meals on Wheels and other community events and organizations.

Pernicano's is all decked out for Halloween. Between now and the first of November it is a great place to celebrate the holiday with ghosts, goblins, witches and other spooky characters adorning the premises. If you can not make it on the 27th of October, Pernicano's will honor the tickets now thru the end of November.

The tickets are \$12 each and can be used any Wednesday - Sunday through the end of November. For tickets call Jim at 858-692-0403

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The Point in MB offers SoCa style vibes for rent

By MANNY LOPEZ

According to Casey Fields, if you combine a skill set that includes professional experience as an event planner, decorator and owner of an outdoor adventure company, and spin it in a tornado, what you will wind up with is The Point.

Located at 1010 Santa Clara Place in Mission Bay Park, The Point is a new and unique 3,000-square-foot meeting space, co-founded by Fields, that is situated just steps away from an aquatic playground that spotlights the appeal of San Diego.

"We saw that many companies just want to have a space that they can rent for a day to focus, or think creatively," Fields said. "In the long-term, people value experiences more than anything else, and we're in the business of creating experiences away from the worksite. We call it California style offsite."

Fields said that a key feature of her design is the ability to have synergy with the outdoors by incorporating plants, nine-foot-

tall bay windows that overlook Mission Bay, a living chandelier, natural lighting and desks, drawers, walls and chairs made from sustainably farmed, and locally sourced materials recycled after the 2003 Cedar Fire.

To address the changing and unique needs of each user, Fields has incorporated a modular approach that extends to its conference room walls, which gives organizers the ability to reconfigure the entire space throughout the day, and customize the floor plan to suit their company's particular needs for communication.

The Point sits within the space that once housed the original Performance 360 gym, next door to the Mission Bay Sportcenter, where clients can rent jet-ski's, paddleboards and other water sports equipment. A water taxi is available to shuttle people back and forth from other Mission Beach locations.

More information about The Point can be found at www.gettothepoint.io, or 858-336-7083.

READ MORE ONLINE AT sdnews.com

Upscale, modern Baja-inspired Pueblo opens

By DAVE SCHWAB

When restaurateur Mark Oliver acquired the former China Inn site in Pacific Beach, he wanted to establish something new – and different – among local eateries.

He succeeded in creating the more upscale, seafood-centric Pueblo at 877 Hornblend St., which opened recently with its modernistic, indoor-outdoor look and feel in a larger revamped space with new outside and upstairs patio dining spaces.

"I knew I wanted to do something coastal," said Oliver, who was once part of the executive team at George's La Jolla, and was also previously involved with Mission Valley's Randy Jones All American Sports Grill. "In my view, Pacific Beach was underserved in terms of upscale restaurants."

Oliver talked about his business approach.

"My passion is nice ambience, great food, good service and hospitality, serving an adult market," he said. "I'd like to serve a market that caters and appeals to all spectrums, all age groups."

Pueblo does all that.

"It can be a family place for casual dining, or it could be a special occasion place for a family, or a date night, or a place to meet friends," said Oliver, who described his new eatery's cuisine as modern Baja coastal.

"We're looking at Baja as the influence," he said, adding, "But we're not doing necessarily traditional recipes."

Noting his menu is strongly influenced with fresh seafood, Oliver pointed out, "My aim was to take Baja coastal food and add our twist on it to make it contemporary, with seafood, fresher ingredients, less reliance on fats and more reliance on



Upscale, seafood-centric Pueblo opened recently with its new outside and upstairs patio dining spaces. PHOTO BY DAVE SCHWAB

the ocean. Healthy dining, really."

Noting the original China Inn site when acquired in January 2015 was about 5,800 square feet, Oliver noted Pueblo has now been redeveloped into an 8,000-square-foot space.

"It was completely indoors," said Oliver adding, "We got a remodel permit. I took a good year and a half (to remodel) and the first several months were all dedicated to getting permits and the plan passed through the city."

Reconstruction on the nearly 60-year-old building began in late October 2015 and took somewhat less than "10 months to build," Oliver said noting getting his alcohol license transferred from the China Inn was challenged, which significantly lengthened how long it took to get the restaurant open.

"When they protest, that takes what normally is a 45- to 60-day process, and puts it into the 1-1/2 year category, or it can, as it was in our case. I have an agreement with the

PUEBLO

Where: 877 Hornblend St. (formerly China Inn).

Hours: 11:30 a.m. to 10 p.m. daily.

Info: www.pueblopb.com, 858-412-3312.

police and the ABC on what the 10 conditions are for the license here. They're downgraded significantly from what they were when it was the China Inn, and the police and the ABC were satisfied with that."

What are people looking for today in a modern, upscale coastal eatery?

"They're looking for food and service in a happy environment," said Oliver. "What I've tried to create here is a place that very much fits in with Pacific Beach, and the lifestyle of Pacific Beach. It's a little bit more upscale than most other things out here."

READ MORE ONLINE AT sdnews.com

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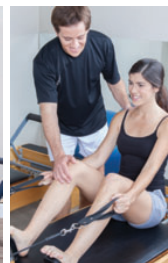


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Pilates is not considered a cardio-vascular workout, except when certain exercises, such as the Jump board when added to the reformer. However, many Pilates addicts claim it is great for stress relief, and mood boosting. The focus upon proper breathing, stretching, and correct, aligned motion in space can help release negative emotions in the body.

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BLOCK >> CONT. FROM PG. 8

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Mamma Mia

Mamma Mia is an Italian Restaurant located in Pacific Beach. The dishes at Mamma Mia follow the traditional Mediterranean diet full of variety, both light and healthy, and complete with fresh vegetables, olive oil, meat, fish, and red wine. The menu has perfect choices for events ranging from a great date night dinner, a quick meal with friends to a full Italian mouth-watering culinary celebration.

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www.pointloma.edu/fallfestival

Iconic artist Peter Max to exhibit paintings at La Jolla gallery

A newly-curated collection of paintings by artist Peter Max will be on exhibition and available for acquisition in a presentation at Monarch/Arredon Contemporary Art, 7629 Girard Ave., La Jolla's premier contemporary fine art gallery.

Previews begin Saturday, Oct. 15, with a special preview event 6 to 8 p.m. Friday, Oct. 14.

Max will make two appearances at the gallery and appearances are complimentary and open to the public with an RSVP required. The two scheduled Meet the Artist receptions will take place 4 to 7 p.m. Saturday, Oct. 22, and 1 to 4 p.m. Sunday, Oct. 23. RSVP at 858-454-1231 or info@monarchfineart.com.

With paintings on exhibition in hundreds of museums and galleries worldwide, Max and his vibrant colors have become part of the fabric of contemporary culture. Max has been successively called a pop icon, neo Fauvist, abstract expressionist and the United States "Painter Laureate."

For more information on the exhibit, visit www.monarchfineart.com.

Rock 4 Autism fundraiser for Carly's Cause set for Oct. 14

By BART MENDOZA

On Oct. 14 Brick by Brick will be the site of Rock 4 Autism, a fundraiser for Carly's Cause, an organization raising money for an arts and music program to benefit special needs children. The night features four bands, including cover band, Get Groovin', Iron Maiden tribute Up The Irons, Black Sabbath tribute Lords of Sabbath and headliner Fred Barchetta with Points North performing a tribute to Rush. Classic rock fans will love every second of this show, but it's also an opportunity to do a good deed while getting a great night of music in return.

Rock 4 Autism: Friday, Oct. 14, March 23, at Brick by Brick, 1130 Buenos Ave. 7 p.m. 21 and up. \$15. www.brickbybrick.com.

Music aficionados looking for a great way to kick off an evening need look no further than Firefly at the Dana. On Oct. 8 Firefly will host a performance from guitarist David Shyde. Shyde's music offers up something for just about everybody, with a Broadway worthy voice and bluesy takes ranging from evergreens like "Georgia On My Mind," to Justin Bieber's "Love Yourself."

David Shyde: Saturday, Oct. 8 at Firefly, 1710 West Mission Bay Drive. 7 p.m. 21 and up. No cover. www.thedana.com/dining.

One of the area's best kept secrets is the monthly free music concert series at the Pacific Beach Library. The intimate setting is perfect for listening, with a full program of jazz, pop and world music throughout the year. On Oct. 12, one of the area's most beloved performers, legendary pianist Sue Palmer will take over the libraries grand piano with a set of classic boogie-woogie and blues tunes. Backed by drummer Sharon Shufelt on drums and Pete Harrison on bass, Palmer is a virtuoso dynamo on the keys – if you haven't caught one of her sets yet, you are missing out on one of San Diego's musical treasures.

Sue Palmer: Wednesday, Oct. 12 at Pacific Beach Library, 4275 Cass St. 7 p.m. All ages. No cover. www.pblibraryfriends.org.

With the release of the new film, "Eight Days A Week," the Beatles are once again in the headlines and on the charts. Local fans will have a chance to help celebrate rhythm guitarist John Lennon's birthday with a special concert from the Benedetti Trio at Dizzy's on Oct. 15. Featuring guitarist Fred Benedetti and his daughters, Regina and Julia, the concert will take in music from throughout Lennon's career, for a well rounded listen through his musical life. Benedetti has recorded numerous albums of Beatles music, but it's live where the magic really is and audiences can thrill to those fleet fingers at work.

The Benedetti Trio: Saturday, Oct. 15, at Dizzy's, 4275 Mission Bay Drive. 8 p.m. \$15. www.dizzys-jazz.com.

The 710 Beach Club hosts a free cover band double bill, featuring Dirty Taxi and Copy Cat Killers. If it's a musical jukebox of hits you are looking for, this is the show for you, with all bases covered. Copy Cat Killers will open up with a set of hard rock from the likes of AC/DC and Led Zeppelin, before handing

things over to Dirty Taxi for more modern tunes from artists such as Weezer and Red Hot Chili Peppers. While surprises will be few, both bands turn out worthy versions of classic tunes, just what you need to keep the dance floor full.

Dirty Taxi: Saturday, Oct. 15, at the 710 Beach Club, 710 Garnet Ave. 9 p.m. 21 and up. No cover. www.710bc.com.

Blues fans and sports fans have an opportunity to come together this month on Oct. 17 and 24, at Humphrey's Backstage Live, with a Monday night blues jam hosted by Chargers offensive lineman Joe Barksdale. The evening will open with a short set from Barksdale before opening up the stage to anyone who would like to join in.

Joe Barksdale: Oct. 17 and 24, at Humphrey's Backstage Live, 2241 Shelter Island Drive. 8 p.m.



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Sun 1:30-4:30pm	8001 Paseo del Ocaso	4BR/3BA	\$2,595,000	Yvonne Oberle • 619-316-3188
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Sat & Sun 1-4pm	6767 Neptune unit 301	3BR/3BA	\$2,875,000	Steve Cairncross • 858-859-3370
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- 3. Showings, but no Offers.** The BIGGEST sign a home is overpriced is regular showings, but no offers, which means the market has rejected the seller's list price. Some seller's will argue and say it's going to take a "special buyer" to purchase their home, that may be the case for some properties and some price ranges, but for most homes this is not the case.



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