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Sweet-voiced Raelee Nikole will perform at the unique Conservation Concert, pairing her music with a chat by scientist Dr. Connie Silber-nagel at the Hubbs-Sea-World Research Institute at 5:30 p.m. on Aug. 25.

SEE PAGE 11



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THURSDAY, AUGUST 25, 2016

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PB man arrested for prostitution website

By NEAL PUTNAM

A Sept. 8 preliminary hearing was set Wednesday for a Pacific Beach man who is charged with pimping and pandering involving a website used for prostitution.

The offenses against Christian J. Koalani, 67, allege he derived money from prostitution that came from a website he owned in which customers could log on and eventually meet people who

would charge a fee for sex.

A relative, Hannah Koalani, 23, is also charged with conspiring with Christian Koalani to recruit young women to work as prostitutes, according to court records.

Christian Koalani was arrested June 14 by San Diego Police following a year-long investigation by the San Diego Human Trafficking

SEE WEBSITE, Page 12

Mission Bay football ready for home opener on Friday

By DAVE THOMAS

If you are Mission Bay High head football coach Willie Matson, you have to like where the football program is headed.

In his 11th season with the Bucs, Matson and his team are coming off a 10-3 campaign a season ago.

Last season saw Mission Bay reach the CIF Division III final, losing to Bonita Vista 34-14.

FRIDAY NIGHT FOOTBALL

What: Mission Bay High vs. Escondido High

When: 6 p.m. Friday, Aug. 26.

Where: Mission Bay High School, 2475 Grand Ave.

As for this season, Matson said there are 14 starters back from 2015, with 33 players out for varsity altogether.

SEE FOOTBALL, Page 10

Mondays can be a bear ... crawl



Kevin Sgambelluri does a bear crawl on Tourmaline Surfing Park beach Monday morning.

PHOTO BY THOMAS MELVILLE

Fun, free and early workouts for November Project SD

By JENNY WERTH

As the sun rises across the United States the tribes of the November Project can be found greeting the day with sweat, smiles and silliness.

This is not your typical workout group. First off, locating a consistently free (yes, free) guided workout is

next to impossible; finding one that meets with a reliability that parallels that of a military boot-camp is remarkable. Enter November Project to alter the culture of working out and the entire concept behind it.

The November Project guarantees that at 6:29 a.m. an enthusiastic tribe (group) of extremely motivated peo-

ple will be geared up and ready to follow one of their tribe member's lead the next hour-long class (rain or shine).

In San Diego, one of the three leaders is Ashleigh Voychick. This is a woman who could easily be cast in a

SEE FITNESS, Page 11

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Locally owned bike rental shops feel economic impact of DecoBike

By DAVE SCHWAB

Bike rental shops in Pacific and Mission beaches say their business has unquestionably been hurt by competition from Florida-based DecoBike, which operates bike share stations citywide, including two controversial ones on Pacific Beach's boardwalk.

Matt Gardner, longtime owner of four rental outlets, Cheap Rentals and Mission Beach Rentals at Belmont in Mission Beach, claims he's lost \$60,000 in sales over the past year due to DecoBike competition.

"That's a big hit to take," Gardner said. "We never had a loss in (rental) numbers ever from the previous year until DecoBike came in."

Jake Russell, whose family has owned Surf Monkey, at 853 Grand Ave., for generations, pointed out "it's difficult to break out" the actual numbers on just how much his business is down from bikeshare competition. But he added, "Obviously, we've been impacted."

Russell noted a nearby bike share station, located across Grand a few hundred yards up the street from Surf Monkey, "gets very little play" from customers, mostly tourists who Russell claims, "couldn't find my store."

DecoBike signed a 10-year contract with the city of San Diego and spent \$8 million setting up bike share infrastructure citywide. After more

than a year of delays, DecoBike opened its first rental stations in January 2015.

And the attitude of many beach residents toward the bike share company has not been positive.

"I am adamantly opposed to the DecoBike corporation putting their monstrous kiosks on the boardwalk," said Jennifer Tandy, a community activist and former honorary PB mayor. "All Pacific Beach and Mission Beach groups vehemently oppose the kiosks on the boardwalk, as it is in direct unfair competition with the established local bike-rental businesses, obstructs disabled and general-public access, blocks the stunning views and does not benefit the community of PB at all."

Melinda Pederson, administrative manager for DecoBike San Diego, has defended the company's bike share locations, including the two existing ones on the PB boardwalk.

"Ridership revenue and advertising/sponsorship revenue are the only sources of income for the bike share," Pederson said. "For this reason, it's very important that we have visible stations in desirable locations that generate high ridership."

"We do have quite a bit of local ridership," Pederson continued. "Most riders, both visitors and locals, use the bike share for short trips purchased at the station."

Both beach bike-rental owners Russell and Gardner concur in the view that bike share, though it may be intended to be the final leg of a mass-transit commute back and forth to work, remains primarily a recreational indulgence for tourists.

"The county grand jury's report says 77 percent of DecoBike's ride sharing is for recreational use," said Gardner. "The city of San Diego has no business renting bikes on a recreational basis that compete with local bike shops."

Gardner added that bike-rental mom and pops, like many other beach-oriented businesses, are geared toward tourists and the prime summer season. "We make about 40 percent of our income from June through August," he said.

Russell takes the argument even further claiming DecoBike's business model "is an utter failure."

Beyond that, Russell said, "What really grinds me is their top-down, not bottom-up business model," wherein the city comes in and "tells you (business) this is what you have to do — whether it works or not."

"They're trying to put me out of business," claimed Russell, adding, "So what we (rental owners) need to do is organize and get the word out" about DecoBike's ongoing expansion plans citywide.

"I think DecoBike's business model



A DecoBike station on the boardwalk in PB.

PHOTO BY THOMAS MELVILLE

is flawed and going to fail on its own," concluded Russell, noting bike rentals "are an industry in PB."

"We (Surf Monkey) have more than 50 employees operating on leased, taxable property," Russell said. "We probably do more business here

in PB than DecoBike does throughout the entire city."

Gardner pointed out something's got to give soon on the DecoBike vs. local bike rental issue.

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New start date, programs and paint at Mission Bay Cluster schools

By DAVE SCHWAB

Principals at Mission Bay Cluster's six schools – Barnard Asia Pacific Language Academy, Crown Point, Mission Bay High, Pacific Beach Elementary, Pacific Beach Middle and Kate Sessions – say there's a lot to look forward to in the new school year.

The first day of school is Monday, Aug. 29, a week earlier than normal, so mark your calendars, notes the San Diego Unified School District (SDUSD), the second largest school district in the state, of which the Mission Bay Cluster is a part.

"Pacific Beach Elementary (PBE) has undergone some major changes," noted principal Denise Goulart, who joined the PBE team in April. "Starting with beautification efforts, PBE has brought families and community members together to clean the school grounds, paint murals, and to declutter excess materials. All hallways have been repainted, and the main office got a much needed face-lift."

Goulart added PBE, in partnership with the community, has "co-created new mission and vision statements that allow us to build a culture at our school that focuses on strengthening all disciplines by using a scientific lens. We were lucky enough to receive a 'Project Lead the Way' grant, which will

allow us to bring science, technology, engineering and math (STEM) teaching to all of our students."

The principal added PBE is also "proud to announce that we have received our Maker-Space/Science Lab building that will be outfitted with state-of-the-art furniture, allowing the space to be versatile in nature. And, thanks to our Foundation, we have received access to premier programs like RMC Music, hands-on Science, Mystery-Science.com, NWEA/MAP testing, and R-AZ kids."

Furthermore, noted Goulart, SDUSD has purchased Envision Math and ST Math/Jiji, to "help align our math instruction to California State Standards. We are ready for the school year to begin."

"Crown Point Junior Music Academy is moving forward with creating our academy focus," noted principal Muriel Bartolini. "The staff has attended trainings throughout the summer to deepen our focus in science, math, literacy and music."

We have established new partnerships with the Yokohama Sister City Society Japanese Arts and Music Society (JAMS) and the Balboa Friendship Garden. We are energized and ready for a fabulous new school year."

Ernest Remillard, Mission Bay High School's principal, now in his



Texas Zubiller, who will enter third grade at Barnard this fall, enjoyed the Chinese summer camp program at the Confucius Institute. (For more on the camp, see Education Notebook below.)

third year, said the institution has "a new look for Mission Bay with its newly painted campus."

Remillard said MBHS recently "wrapped up four amazing days of student orientation with Mr. Palacios and Mrs. Littlefield along with our Link Crew Leaders introducing ninth-grade students to our campus. They completed a number of engaging activities in order to introduce students to the Buccaneer Way."

The high school skipper added, "Our ASB and cheer team have been working throughout the summer to bring spirit and leadership to our early school events. I am looking forward to seeing what they do during the school year."

Noting the high school's first football game is 6 p.m. Friday, Aug. 26, Remillard "encourages the community to come celebrate with the students of Mission Bay."

At Kate Sessions Elementary, principal Margaret Joseph noted "staff is energized and excited to begin the 2016-2017 school year."

Joseph said Sessions is proud to introduce two new third-grade staffers: PB resident Jennifer Deaton, and Kristin Cardrant.

"Both teachers are experienced, enthusiastic, and amazing," Joseph said adding the Families of Kate Sessions (FOKS) and the former fifth-grade class, "donated funds to have three new murals painted on campus. Local artist Tom Plonka continued his original beach theme and ingeniously incorporated the International Baccalaureate attitudes and learner profile tenets into the murals. The murals look awesome."

Joseph thanked Julia Seiders "for her leadership around this project."

At Kate Sessions, new student orientation will be 9:30 a.m. Thursday, Aug. 25 for military families only.

The elementary school's non-military families' orientation will be 8 a.m. Friday, Aug. 26.

"We will hold our transitional kinder and kindergarten orientation then," said Joseph. "Students will meet their new teachers and parents will learn about our school. At 11 a.m., we will hold our new student orientation for new students in grades 1-5. These students will receive a tour of the school by former Student Council members."

Aida Hernandez is principal of Barnard Asian Pacific Language Academy at 2445 Fogg St. She said Barnard is looking forward to a great year of learning.

"Our Mandarin program this year will feature the Better Immersion Kindergarten through fifth grade Mandarin curriculum that has a clear, comprehensive Mandarin language pathway for our students," Hernandez said.

She added, "Barnard is the only Mandarin immersion school in San Diego County that offers Mandarin curriculum emphasizing a balanced literacy approach, based on the Common Core State Standards K-5 grades, and that is specifically designed for the non-native speaker."

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EDUCATION NOTEBOOK>>

Mission Bay High

■ Mission Bay High School Buccaneers are participating in Swim 24, an event supporting the San Diego Junior Lifeguard Foundation. The SDJGF supported Mission Bay Aquatics Program during the 2015-2016 school year with a \$2,500 grant, and 12 MBHS Bucs are giving back by swimming as a relay team for 24 hours.

The SDJGF is a nonprofit organization working to save lives with drowning prevention and teaching children to swim. The average cost to teach a child to swim is \$100, and each member of the Bucs team is raising money to save lives. For more information, or to donate to the team, go to crowdrise.com/tomwatson4-Swim24Challenge2016.

Pacific Beach Middle

■ Did you miss the PBMS orientation? It's OK! Make-up orientation is 9 a.m. Friday, Aug. 26 in the auditorium.

Kate Sessions

■ Kate Sessions Elementary will host a new student orientation for military families 9:30 a.m. Aug. 25 in the auditorium. On Aug. 26, TK and kindergarten student orienta-

tion is at 8 a.m., and new students, grades 1-5, will begin at 11 a.m.

Barnard Elementary

■ Barnard Asian Pacific Language Academy students get a Taste of China. Twelve Mandarin immersion students from Barnard Elementary School participated in a two-week Chinese summer camp program at the Confucius Institute (CI) at SDSU this summer. The program aims to enhance the students' Chinese proficiency during the summer break, as well as to introduce them to different aspects of China.

The curriculum, titled Ten Days Traveling in China, was created by CI with the goal of introducing a new province every day and teaching the cultural highlights for each one. Students learned folk dances and listened to regional music, tasted traditional dishes, and studied the styles of living and customs particular to each province. The program concluded with student performance of dances, poems, and kung fu, and a demonstration of the abacus.

Second-time participant Texas Zubiller, who will enter third grade at Barnard this fall, enjoyed the camp's field trip to Balboa Park the most. "We went on a scavenger hunt for Chinese art and artifacts through the San Diego Museum of Art. Lots of things that we learned at school and at camp came together on that day. It made China's his-

tory more real to me."

Zubiller has dreams of traveling to China – and maybe even working there someday – so he can put his language skills to use.

FOPBSS

■ On Wednesday, Aug. 24, at 6 p.m. the first Friends of Pacific Beach Secondary Schools meeting will take place. Meet in Room 186 on the west side of campus to join in the conversation about Pacific Beach secondary schools and learn about volunteer opportunities.

■ FOPBSS Dine-Outs are starting again. Join friends and families every Wednesday in September for delicious pizza at Pieology in Pacific Beach on Garnet Avenue. Last school year, Pieology gave \$3,550 to Pacific Beach schools through fundraisers. Mention the fundraiser and FOPBSS will receive 20 percent of sales.

Mission Bay Cluster

■ The Mission Bay Cluster is an organization that represents the six public schools in Pacific Beach – Mission Bay High, PB Middle, Sessions Elementary, PB Elementary, Crown Point Junior Music Academy and Barnard Asian Pacific Language Academy.

■ The first Mission Bay Cluster meeting of the school year 2016-17 will take place at 6 p.m. Thursday, Sept. 8 at Pacific Beach Middle School.

AROUND THE BLOCK: From Ingraham Street to Lamont Street

Banks, breakfasts and barbells are all represented businesses in this latest Around the Block from Ingraham to Lamont streets.

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views of the community to the appropriate governmental agencies; and to take action on community issues, specifically, but not limited to: the general betterment and beautification of the community of Pacific Beach; the promotion of the welfare of the residents of the community; the fostering of the cooperative efforts among the business people and residents of the community for the mutual benefit; and the continued improvement of Mission Bay Park.

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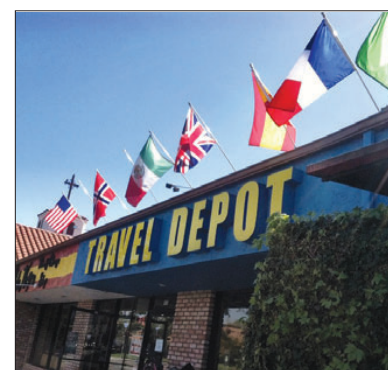


shopping center, next to Vons. You can expect the same great menu, same prices, same hours, and many of the same staff from Kono's, but at Konito's, you won't have to search for parking. We serve the highest quality breakfast all day as well as lunch and all at a low price. Konito's accepts credit cards and can serve food to go, but does not take phone orders. The PB community now has a Kono's all to itself.

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SEE BLOCK, Page 6

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BLOCK »
CONT. FROM PG. 5

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The Libs – a husband-and-wife team – have run Libs Chiropractic Center since the early '80s. Dr. Lori Libs has been practicing since 1979 with a focus on family care. She continues to study gentle chiropractic techniques. Dr. David Libs has been a practicing chiropractor since 1982. He has advanced training in the Gonstead technique and is a qualified medical examiner.

David specializes in working with accident/workers comp cases and severe lower back pain patients. The center offers Vax D treatment to treat herniated discs, as well as massage therapy, nutrition consultation and acupuncture.

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Pho Time

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SEE BLOCK, Page 9

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Sponsored by Fiesta de Reyes, County of San Diego, and the Boosters of Old Town, these free events feature a different theme each Saturday such as: Days of the Vaqueros, Women of the West, Soldiers and Citizens, TwainFest and Taste of the Past.

Attendees will enjoy afternoons filled with activities that reflect life in early San Diego and celebrate the West on the move. Through living history activities and demonstrations, stories and songs, visitors will gain an appreciation for early modes of transportation and daily life. All activities

are geared toward children and adults of all ages.

“This year’s Stagecoach Days will be the best in our park’s history,” stated Event Coordinator Gregg Giacomuzzi. “We have added many more family friendly activities to the event this year so visitors will get a true taste of what Old Town was like in the 1800s.”

The Stagecoach Days schedule is as follows:

August 27 - “West on the Move” - The California Gold Rush brought thousands of people to San Diego. Some stayed, many more passed through seeking their fortunes further north. Today, California State Parks will present demonstrations and activities that were part of the lives of these people on the move. For more information, go to www.parks.ca.gov/oldtownsandiego or call 619-220-5422

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Pacific Beach couple's innovative flytrap to be on store shelves soon

By DAVE SCHWAB

Thanks to an enterprising Pacific Beach couple, a better household flytrap may be on a store shelf near you soon.

Dennis and Joylyn Darnell have spent two years developing and marketing a new product named the Garbage Can Fly Trap, marketed at Hammer & Nails Ace Hardware at 890 Turquoise St.

"The owners said OK for that to be our first retail location," said Dennis adding, "as soon as our (first) shipment clears customs (in L.A.) we'll stock his store. It will basically be a pilot for us."

"We're excited to help local inventors get their first product on the shelves," said PB Ace Hardware owner Ron Roman. "Even better if it solves a local problem."

Inventing a product, testing and marketing it, getting all the necessary permitting and licensing, copy-

writing it as well as finding a Chinese manufacturing site, has all been a real learning experience for both Darnells.

"We knew it would be a challenge – and it was," said Dennis.

"The packaging, the graphics, the design, the content – it's just constantly been working and re-working, learning, receiving feedback from (potential) customers," said Joylyn. "We're excited to (finally) get it out there."

The Darnells were sitting in their North PB kitchen a couple of years ago when Dennis, an engineering graduate from UC San Diego, had the proverbial "light bulb" go off over his head.

"Dennis really hates flies," noted Joylyn, an SDSU marketing graduate. She pointed out Dennis had "tinkered" with developing flytraps previously, and that they both had become irritated noticing flies walking around the rim of their indoor



The Garbage Can Fly Trap will be available soon at Hammer & Nails Ace Hardware. PHOTO BY DAVE SCHWAB

garbage cans trying to get in. Dennis went to a home appliance store that very night to buy parts to construct his better flytrap.

A year later, the couple had a patent pending for their "Garbage Can Fly Trap." They then launched a fundraising campaign on kickstarter.com to get prospective buyers to help them launch early develop-

ment of their new household flytrap.

Dennis noted the couple was successful in their Kickstarter campaign, raising \$13,000 in pre-orders for the Garbage Can Fly Trap.

District 2 Councilwoman Lorie Zapf was one of the Darnell's Kickstarter pre-orderers.

"She's the one who put us over the top," Dennis said.

With Kickstarter funds, the Darnells hired a local engineering firm to optimize trap design for injection molding.

The pair said UC San Diego student Du Chen from China reached out to them about her parent's manufacturing firm, which the Darnells, with their 3-year-old son Dakota in tow, visited in May.

Subsequently, the Darnell's reduced their 24-piece fly trap design down to a 4-piece, plastic injected molded version. Their first shipment of 500 fly traps and 3,000 cartridges just arrived and will be transported to San Diego.

Dennis is also working on an

"industrial size" fly trap to go in dumpsters, but added he and Joylyn are just focused on their garbage can prototype for now.

All that's needed to install the Garbage Can Fly Trap is to bore a small hole with a drill into the side of the garbage can, and the plastic trap cartridge lined with fly paper just pops right in.

The Darnells also conducted a pilot test with local residents for the city of San Diego, which has determined their invention works, and said it's OK to modify curbside cans to incorporate their trap into the lids.

Is this the end of product invention and development for the Darnells?

No way, said Joylyn, noting Dennis already is working on something new, something totally unrelated to the fly trap – though he won't disclose exactly what it is. Yet.

For more information, www.garbagecanflytrap.com.

Your Age Vs. Your Posture – Pilates will make a difference.

People everywhere are talking about and finding ways to fight the signs of aging and are spending millions of dollars on skin care, cosmetic and plastic surgery procedures. What makes a person look older, saggy skin, gray hair, wrinkles? If you think about it, poor posture really makes people look older, plus the pain and discomfort that is associated with it. A 55+ year old who walks stooped over vs a 70 year old who stands tall and walks with a graceful gait, can look as much as 15 years younger.

A Pilates repertoire can provide long term anti-aging benefits plus it is less expensive than surgery. Of course pilates is not for everybody, but Jeff T. from PB says "I came to Mission Beach Pilates for help in correcting long-term posture problems and to loosen up some tight joints and muscles. My six weeks of classes with Jennifer really made a difference."

Mission Beach Pilates

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BLOCK >> CONT. FROM PG. 6

this year. The broth is not too oily and even referred to as golden and sparkly, a perfect formed and tasty concoction. With tender steak and finely cut tripe and tendon, the Pho Time soup is a standout.

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Tickets for San Diego's post-season collegiate football games, the Holiday Bowl and San Diego County Credit Union Poinsettia Bowl, are on sale.

The Holiday Bowl will kick off at 4 p.m. Tuesday, Dec. 27 at Qualcomm Stadium. The San

Diego County Credit Union Poinsettia Bowl will be played 6 p.m. Wednesday, Dec. 21 at Qualcomm Stadium. Tickets may be purchased through the San Diego Bowl Games ticket office at Qualcomm Stadium – Gate A, or by calling 619-283-5808.

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Bucs field hockey set for winning campaign

By DAVE THOMAS

Much to the chagrin of many people, summer is only here for a few more weeks.

That said, it means that fall high school sports at Mission Bay High are up and running.

One sport that is looking to stick to a winning formula is the girls field hockey program.

Under the direction of 14th year coach Kris Auer, the Bucs are coming off of a 10-6 season in 2015.

According to Auer, key contributions are expected this season from the likes of Kylie Kroeger, Naomy Espinosa, Katrin Eisenhardt, Emery Reyna and Claire Fitzsimmons.

While summer practices can be a little difficult



Mission Bay field hockey players practice at the school's stadium last week. PHOTO BY THOMAS MELVILLE

for some teams, Auer said the Bucs have been productive in forming a team environment.

"The girls have created

a positive attitude and a family atmosphere where the juniors and seniors welcome the younger athletes," Auer commented.

As for goals this season, Auer noted winning the league crown and then a Division II CIF title are the top two focuses.

One goal that has already been met is these young ladies doing their best to represent their school and community.

"Our team represents the best of Mission Bay High School," Auer stated. "These student athletes represent this community with pride on the field and in the classroom."

"I couldn't be more proud of how these girls take on the ownership of this team and have molded it in their own image: fun-loving and hard-working," he added.

With a winning formula such as that, expect good things again this season from the Buccaneers.

FOOTBALL >>

CONT. FROM PG. 1

"If our team stays healthy we are expecting a strong run at the Division III CIF title this year," Matson noted.

According to Matson, Mission

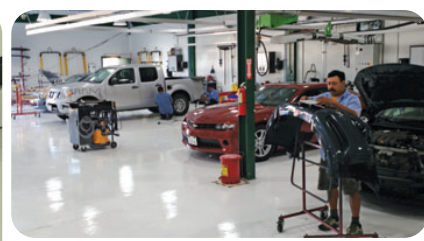
Bay's entire offensive line returns, along with quarterback Jaiden Correa, who will be challenged by junior Trevor Scully.

Schyler Cenicerros and Kenyon Sims will provide a strong running game. Keyon Holiday, Brent Jenkins, Chuck Hicks, and Wesley Danzy will be the targets at the wide receiver.

"Defensively, our defensive line will be one of the best in the county, anchored by Kaydence Jackson, Jack Lashchuck, Naom Bass, and Eric Purma," Matson commented.

According to Matson, Mission Bay will get strong competition from the likes of Morse, Scripps Ranch, Lincoln, and Christian.

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Chuck Lynch and Louis John Altieri (foreground), Holly Mumford Palma and Kacie Oliver workout on Monday at Tourmaline Surfing Park in Pacific Beach as part of November Project SD. PHOTO BY THOMAS MELVILLE

FITNESS >>

CONT. FROM PG. 1

reality show such as “American Ninja Warrior” or even “Survivor,” but for now, she is one of the leaders along with Eugene Kim and Angelo Neroni.

Voychick, a Pacific Beach resident, said she never knew how being a tribe leader would dramatically influence her life. “It blows my mind that all I am doing is dishing out a gnarly workout, acting crazy and having a great time, but somehow making a world of a difference to so many people in my community.”

Really, this kind of “buzz” about the November Project is a common theme among enthusiasts nationwide – just read their blogs. Co-founder of November Project and current La Jolla resident Brogan Graham said the movement’s success only confirmed his belief that “the world needs more kindness and more free outdoor classes. It’s not surprising (to me). The better we get on our smartphones, the worse we get at communication.”

Although the free fitness movement started in Boston, it has

already traveled to 20 other cities in the United States, seven in Canada and two in Europe. Voychick said many participants become part of an “extended family” and create lifelong friendships and even unexpected romances.

“The people at November Project don’t come because it’s an obligation or because they feel guilty that they spent money on it. They come for the good vibes, the hugs, and the workout. So when you #justshowup and it is free for everyone, there is a different feel to it all.”

However, just because there’s a bunch of active folks gathering at the crack of dawn to workout doesn’t mean one should feel intimidated to try out the group. It’s not just for people who are already in great shape or happen to be extroverts. It’s a group for everyone. And everyone, literally, from the 99-year-old to the baby (and even the dog), are invited.

“It’s (for) adults who still want to play. There are two rules: (you) have to be kind and you have to work your butt out,” Graham explained.

Voychick seconds Graham’s thoughts. “I would tell people not to feel nervous and to trust me – if they

regret coming, I will buy them breakfast.” Plus, she added that the group “has been the most positive influence in my life and my family’s life.”

In fact, it seems no one can say enough about the life-changing results found in the November Project. Everyone can just show up. It’s that simple. Arrive and be ready to go at 6:29 a.m. and plan to leave at 7:29 a.m.

The group meets every Wednesday at Balboa Park at the Bea Evenson Fountain and on Mondays for the rest of August they’ll be meeting at Tourmaline Surfing Park in North Pacific Beach. The group changes their Monday locations every month (in September, Monday meetings will be at the Embarcadero), however Wednesdays are always in Balboa Park.

Voychick is a trooper and Graham knows it. “The success of the November Project has to do with the leaders... look at Ashleigh... she’s a powerhouse person and no matter where she is, people gravitate to her.”

Voychick has been with the San Diego tribe since its inception in 2013. Visit www.november-project.com for more information and to read their hilarious blogs.

Raelee Nikole to perform at Conservation Concert in PB

By BART MENDOZA

One of the most promising new performers to emerge from San Diego’s music scene in recent memory is sweet-voiced Raelee Nikole. She released her debut album, “Always,” in 2015, spending the last year building a sizable fan base for her hook-filled acoustic pop tunes through relentless touring.

Performing on Thursday, Aug. 25 at the Hubbs-SeaWorld Research Institute, Nikole will be part of a unique Conservation Concert, pairing her music with a science chat by HSWRI scientist, Dr. Connie Silbernagel. Funds raised from the concert go directly to the institute’s local wildlife conservation efforts making this a great opportunity to help the community while enjoying the music of one of San Diego’s top talents. The evening will include complimentary munchies and a drink on the shores of Mission Bay at HSWRI HQ on Ingraham Street.

Raelee Nikole: Thursday, Aug. 25 at Hubbs-SeaWorld Research Institute, 2595 Ingraham St. 5:30 p.m.

On Aug. 26, blues combo The Fremonts celebrate the release of their new album, “Alligator,” with a show at Tio Leo’s. As the album’s title indicates, the band’s music has a swampy feel, somewhere between Creedence and James Harman, with frontman Joe Milsap’s commanding vocals at the forefront.

Longtime festival favorites, the band’s previous effort, “Mighty Crazy,” took home the 2006 San Diego Music Award for Best Blues Album, with this album already looking like a contender in this year’s contest. If you are a fan of the blues, The Fremonts are amongst San Diego’s best.

The Fremonts: Friday, Aug. 26. Tio Leo’s, 5302 Napa St. 9 p.m. 21 and up. Cover TBD. www.tioleos.com

Fans of soul and R&B will want to check out Rising Star at Humphrey’s Backstage Live on Aug. 26. You won’t find any classic rock or pre-’70s oldies in their repertoire, but the six-piece band does include a healthy dose of classics from artists such as Prince and Cameo, while specializing in modern dance hits from the likes of Rhianna and Pitbull. With a dance floor overlooking the boats at dockside and an excellent drinks and dinner menu, this is the perfect date night for any couples who enjoy dancing the night away.

Rising Star: Friday, Aug. 26 at Humphrey’s Backstage Live, 2241 Shelter Island Drive. 9 p.m. \$12. www.humphreysbackstagelive.com.

Blues and Americana fans will love every second of Nathan James performance at Firefly on Aug. 27. Meant to be the evening’s dinner and drinks soundtrack, for music fans, James is the main course.

An acclaimed guitarist with numerous recordings to his credit, James is known for his work with his band the Rhythm Scratchers, but is equally impressive in one-band mode, where he multitasks on harmonica, percussion and his signature washboard guitar. It all adds up to music that’s well above the average supper club fare. Nathan James is both a great listen and a lot of fun to watch.

Nathan James: Saturday, Aug. 27 at Firefly, 1710 West Mission Bay Drive. 7 p.m. 21 and up. No cover. www.thegriffinsd.com.

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WEBSITE >>

CONT. FROM PG. 1

Task Force that looked into criminal commercial sex enterprises.

Dale A. Vinzant, 68, operated another similar website and he has pleaded guilty to attempted pimping, soliciting a prostitute, and two counts of money laundering.

Vinzant, who was arrested in Mission Bay on June 3 in the same investigation, faces up to four years and four months in state prison. Sentencing is set for Sept. 8 before San Diego Superior Court Judge Dan Link.

Court documents say Vinzant must forfeit his business account assets from the website

as part of his sentence. His website allowed prostitutes to post profiles and ads for sexual services.

Before his website was shut down, Vinzant offered membership services for both customers and prostitutes that included dozens of chat rooms. Members paid \$15 per month. Vinzant posted a review about his sexual encounter with one person, records say.

Vinzant is free on \$150,000 bond. Christian Koalani remains in jail on \$500,000 bail while Hannah Koalani is free on bond. Christian and Hannah Koalani have both pleaded not guilty.



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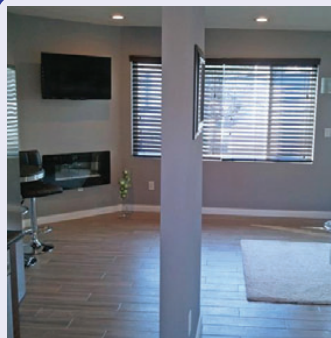
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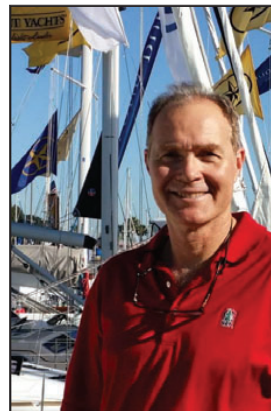
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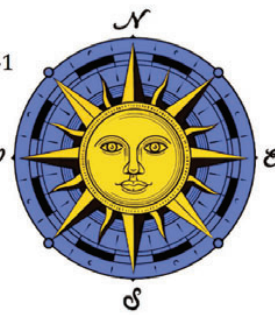
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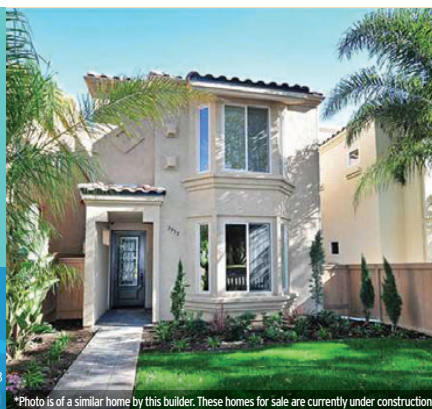
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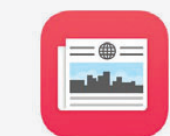
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Alex Rojas 858-863-4141

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CA BRE Broker's # 01312924 Karen Dodge • CA BRE Broker's # 01312925 Mike Dodge



New Listing in North Pacific Beach Just a few blocks to the Ocean!

1175 Missouri - Offered at \$1,250,000

Major remodel just completed. This 3 bedroom, 2 bath beach house has an open floor plan designed for today's lifestyle. South facing back yard. Full 5400 sf lot! Spacious LR, DR with French doors, kitchen with SS appliances, easy close cabinets, quartz counters, & walk-in pantry. Dual vanities with quartz counters in BOTH bathrooms. Master Suite has walk-in closet & large bath. Very appropriate, laminate throughout for sandy beaches 5 blocks away! Beautifully landscaped & fenced yard with ample patio space & fountain. Oversized 2 car garage with attic storage.



Karen & Mike DODGE
Find Your Place in Paradise



Karen: 619-379-1194 • Mike: 619-384-8538
PacificParadiseRealty@gmail.com
www.karen-mike.com

Pacific
paradise
Realty

OPEN HOUSE

PACIFIC BEACH / MISSION BEACH / CROWN POINT

Sat 10am-1pm	5347 Soledad Rancho	4BR/2.5BA	\$825,000	Scott Parsons 619-851-5364
Sun 1-4	1221 Van Nuys Ave	4BR/3BA	\$1,595,000-\$1,695,000	Russ Eskilson 619-276-1177
Sun 1-4pm	1235 Parker Pl #3E		\$949,000	Barbara Leinenweber 619-981-0002
Sat & Sun 11am-2pm	1175 Missouri St	3BR/2BA	\$1,250,000	Karen and Mike Dodge 619-379-1194
Sun 1-4	1209 Loring St	5+BR/4BA	\$1,625,000	Helen Spear 619-813-8503 / Trevor Pike 619-823-7503
Fri 4-6pm	1068 Archer St	3BR/2BA	\$944,000-\$1,194,000	Helen Spear 619-813-8503
Sat & Sun 1-4	1068 Archer St	3BR/2BA	\$944,000-\$1,194,000	Helen Spear 619-813-8503
Sat 10am-2pm	2965 Mission Blvd 4-C	2BR/2BA	\$675,000	Laura Manges 707-888-5086

OCEAN BEACH / POINT LOMA

Sat & Sun 12-4	868 Bangor St	5BR/5BA	\$2,695,000	Steve Cairncross 858-859-3370
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NORMAL HEIGHTS

Sat 1pm-4pm	3532 Meade Ave #26	2BD/2BA	\$329,900	Krista Bell 619-209-9953
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HILLCREST

Sunday 1-4	3750 3rd Ave unit 2	2BR/2.5BA	\$759,000	Steve Cairncross 858-859-3370
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DOWNTOWN

Sunday 1-4pm	3750 3rd Ave Unit 4	2BR/2.5BA	\$759,000	Steve Cairncross 858-859-3370
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LA JOLLA

Sat 1-4pm	8001 Paseo del Ocaso	4BR/3BA	\$2,695,000	Yvonne Oberle 619-316-3188
Sat 1-4pm	848 Prospect	3BR/3.5BA	\$2,145,000	Moiria Tapia 858-337-7269
Sat 1-4pm	7742 Whitefield Pl	6BR/5BA	\$3,495,000	The Reed Team 858-395-4033
Sun 2-4:30pm	6423 Camino De La Costa	4BR/4.5BA	\$6,490,000-\$6,700,000	Susana Corrigan 858-229-8120
Sun 1-4pm	1642 Valdes Dr	5BR/5BA	\$4,980,000	Thomas Moran 858-405-7609
Sun 2-4pm	7742 Whitefield Pl	6BR/5BA	\$3,495,000	The Reed Team 858-395-4033
Sun 1-4pm	5702 La Jolla Blvd	1BR/2BA	\$751,990	Nelson Brothers 858-459-4033
Sun 1-4pm	5615 Soledad Road	5BR/3.5BA	\$2,195,000	Yvonne Oberle 619-316-3188
Sun 1-4pm	7157 Eads Ave	3BR/2BA	\$1,550,000	Jorie Fischer 858-945-4059
Sun 1-4pm	7315 Remley Pl	5BR/5.5BA	\$5,300,000	Vonnie Mellon 858-395-0153
Sun 1-4pm	6106 Camino De La Costa	4BR/3.5BA	\$14,950,000	Lysianne Jones 858-922-6228
Sun 1-4pm	909 Coast Blvd	2BR/2BA	\$1,179,000	Moiria Tapia 858-337-7269
Sun 1-4pm	7135 Olivetas Ave	3BR/2BA	\$2,295,000	Nelson Brothers 970-376-5016
Sun 1-3pm	4674 Point Loma Ave	2BR/2.5BA	\$899,000	Bennett Real Estate 619-929-6858
Sat & Sun 1-4pm	7907 Princess St	6BR/7+BA	\$7,800,000	Ross Clark 858-442-2643
Sat & Sun 1-4pm	6349 Via Cabrera	3BR/2BA	\$949,500	Myriam Huneke 619-246-9999
Sat & Sun 10am-2pm	511 Genter St	3BR/3BA	\$1,795,000	Carly Suniga 619-920-2307
Sat & Sun 1-4pm	6106 Camino De La Costa	4BR/3.5BA	\$14,950,000	Lysianne Jones 858-922-6228
Sat & Sun 1-4pm	6767 Neptune Pl #301	3BR/3BA	\$2,985,000	Steve Cairncross 858-859-3370
Sat & Sun 1-4pm	7555 Eads Avenue #16	2BR/2BA	\$950,000	David Schroedl 858-353-5300

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6 BLOCKS TO BEACH WITH OCEAN VIEWS!
• Newly Rebuilt Contemporary Coastal Craftsman • 5+BR/4BA
• 2900esf Home on 6300sf Lot • Family Room
• Chef's Kitchen & Great Room Open to 300esf Outdoor Patio-Loggia
• Palatial Master Suite • Completely Gated • Yard • Alley Access
• 2-Car Gar+Boat Pkg • 400sf ROOFTOP OCEAN VIEW DECK!



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Team Cairncross' Pacific Beach Listings



1535 Loring

A meticulous collaboration between a visionary owner & renowned architectural firm, CDGI, resulted in an entertainer's dream that masterfully frames floor-to-ceiling, 270 degree views from Downtown SD to La Jolla encompassing bay, ocean, & city panorama. Estate features 4 beds + office, 5 full & 2 half baths, theater, gym, wet bar, infinity pool & spa, Olympic torches, 360 degree roof deck, 3 car garage (fits limo), & Lutron Home Works tech throughout. Check out video and more at 1535Loring.com
\$5,475,000



1684 Los Altos

This masterfully designed storybook Craftsman fuses pristine stone & woodwork w/ open & bright spaces, luxury tech, & seamless indoor/outdoor integration. A few blocks from Kate Sessions Park & nestled on a 20,000sqft lot w/ bay, city & ocean views, this 5+ bed estate lives beautifully w/ the conveniences of an indoor gym, game room, laundry on 2 floors including an impressive mudroom, & a state-of-the-art kitchen. Master is an ocean-view retreat w/ a private sunset terrace.
\$2,975,000

Team Cairncross' Mission Beach Listings



714-716 Isthmus Ct.

Fantastic Mission Beach duplex for sale less than a frisbee toss away from the sand with amazing ocean views from both units! Each home features 3 beds, 2.5 baths, a side-by-side 2-car garage, individual laundry, and over 1,500 sqft! Amazing vacation rental opportunity. Approximately \$206k in gross income for 2015. Upper unit has multiple balconies including wrap-around fantastic view deck on 3rd floor. Lower level unit has large ocean view patio. Perfect for entertaining!
\$2,225,000



2915-2917 Mission Blvd

South Mission Beach duplex located near many conveniences and steps to beach and bay! North unit is a 3BR/1BA with a large sunny patio. South unit is a 2BR/1BA with a front deck. Wood floors throughout both units! This beach property sits on an oversized 3,290 sqft lot. Do not miss this opportunity!
\$1,195,000

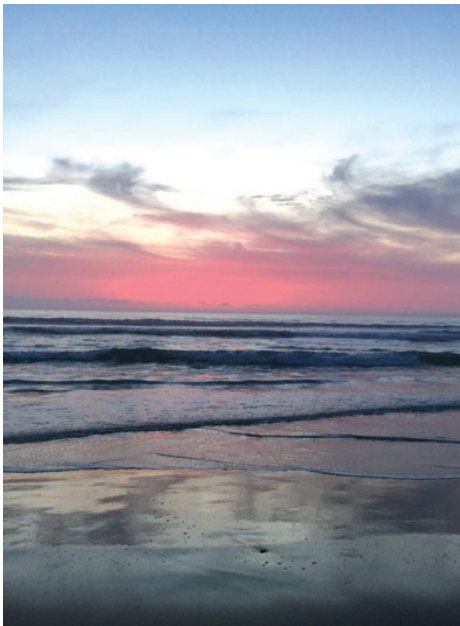


Steve Cairncross

CA BRE #00859218



TeamCairncross.com | 858-859-3370



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Dane Scharetg
CA BRE #01345168
858-504-3263
sdcoastalhomesales.com



4921 Quincy

4Br/2.5Ba 1,737sf \$1,099,000
North Pacific Beach home situated on an oversized 8500 sqft canyon lot with views, privacy & Bay Breezes!



Kara Watkins Norgart
CA BRE #01389633
619-708-8276
www.KaraWatkins.com



2774 Bayside Walk #1

Pristine Bay Front First Floor 3 BR / 2 BA. Enjoy the Beach and Bay Lifestyle from your very own private and expansive wrap around Patio that fronts Mission Bay. The views of the water and evening lights are breath taking. Built in 2007, the Kitchen and Bathrooms feature granite counters and travertine flooring.



9442 Caminito Cabana

Incredible Value - A 3 Bedroom Townhome for only \$339,900! Well located 3 Bedroom Townhome in the Quest Playmor Complex. This corner unit boasts a functional open floor plan with a private patio off the main living area. Laundry room is right off the patio with newer Washer / Dryer. All 3 Bedrooms are upstairs. Conveniently located to freeway access, shopping centers, restaurants, movie theater and Miramar College. Enjoy the beautiful community pool. A wonderful Home or Cash Flow Investment Property.



Greg Flaherty
CABRE #00935682
Broker/Owner | 858-692-0185