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HOMELESS AWARENESS DAY IS AUG. 17 | OUR SPECIAL COVERAGE BEGINS ON PAGE 2



A passed-out homeless man sleeps in the dirt of a restaurant's landscaping at the intersection of Garnet Avenue and Mission Boulevard in Pacific Beach. PHOTO BY THOMAS MELVILLE

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Seeing homeless as an individual issue

By DAVE SCHWAB

They're the see-through people. That's how "Paul," who characterizes himself as a "missionary," describes Pacific Beach's homeless population.

Changing that perception is the first — and most essential — step to be taken to cross the homeless "divide" bridging the "caring gap," said the self-styled evangelist, who voluntarily abandoned seminary school and a material lifestyle to pursue a spiritual "calling" out on the street.

"We look too much to government to solve our problems," Paul said, noting the problem "really boils down to a human issue."

"What happens is, people who are homeless tend to become invisible to

said. "Each time someone walks by a is improved, humanity is added." homeless person and basically looks through them — It takes a little bit of humanity out of both the person sitting on the sidewalk, and the person walking by. When we lose our humanity, we lose our interaction, our pathos, our concern for our fellow human beings. We lose a little bit of the humanity in ourselves."

Paul believes "solving" homelessness "has to come first from within each individual person."

What could be done to help?

"The question isn't what can be done to help the homeless problem," Paul said. "It's what can be done to help a homeless 'person.' If one person would walk up to another person, and simply ask, 'What can I do to help?' That is almost never asked. That's the bottom line. In that interthose who are not homeless," Paul action, that step forward, humanity

"Buddha" as he is known in PB homeless circles, suffers from bipolarism and depression. Currently undergoing alcohol rehab, he spoke of attempting, after more than four years living on PB's streets, to reverse his downward spiral by breaking the endlessly repeating "cycle" of "self-medicating" to anesthetize oneself against the pain of being rootless on the street.

One view Paul, the now-homeless evangelist, and Buddha, the recovering alcoholic, share in common is their conviction that homeless people need to be seen — and dealt with— as individuals. That they shouldn't be treated as if they belong in some kind of one-size-fits-all cat-

of the economy who are on the



A homeless man next to the Pacific Beach Library near the corner of Dawes Street and Thomas Avenue. PHOTO BY DAVE SCHWAB

streets because their finances ing an early, mid-summer morning became unsustainable because they got laid off, or their workplace downsized," said Buddha, a former sales and marketing rep with a college degree who's traveled the world. "The changing economy has shifted "Many of these people are victims these people out of their homes and into their vehicles (or onto the streets), where they're living like less, Michael replied, "If you respect vagabond gypsies."

> Asked what he would do to resolve homelessness, Buddha said, "First and foremost, you have to have a central place where people can go and sleep and feel safe in a nurturing environment. Many of them (homeless) are highly intelligent and are interested in putting their lives back together. But finding an avenue to do so can be very difficult because society isn't (exactly) rolling out the red carpet."

A stroll along PB's boardwalk dur-

is an eye-opening — and heartrending — experience.

Michael, a young Asian homeless man from Arizona, clutches a Mexican blanket someone gave him. When asked why he's here, he replied, "The ocean." Quizzed about his relationship with the non-homepeople, you get it back."

Queried as to whether he would accept housing if it were offered, Michael said, "I don't need that. I prefer here."

Ellen, another weather-beaten, homeless person on PB's boardwalk, is short on teeth but long on street experience.

Asked where she sleeps at night, Ellen replies, "In the (public) bathroom on the floor."

SEE HUMANITY, Page 9



Schedule of Activities

Cabrillo National Monument August 25th, 2016

Lighthouse Open Tower

10am - 3pm: Get in line for the opportunity to climb to the top of the lighthouse. The line closes promptly at 3pm. (no purses and backpacks policy in effect, free bag check will be available)

Antique Vehicle Display

10am - 3pm: The Horseless Carriage Car Club joins us for this historic event, some cars on display date back to 1916.

Military History Open Bunker

10am - 3pm: Location: Battery Command E.

Centennial Cake Celebration

11am - 1pm: The Cabrillo National Monument Foundation will serve free cake (while supplies last). Location: back patio of the Visitor Center.

Lighthouse Postcard Painting

12pm - 2pm: Join our Artist in Residence for this fun art project and paint a watercolor postcard of the lighthouse (while supplies last)

Centennial Jr. Ranger Program

All Day - All ages welcome, pick up a program in the Visitor Center.

National Park Service Exhibit

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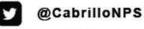
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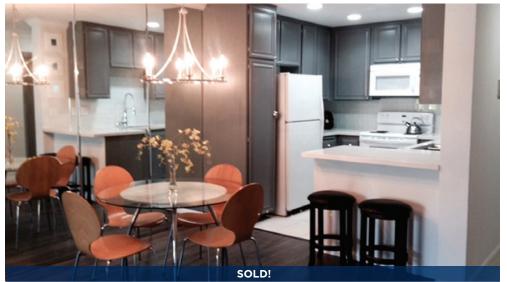




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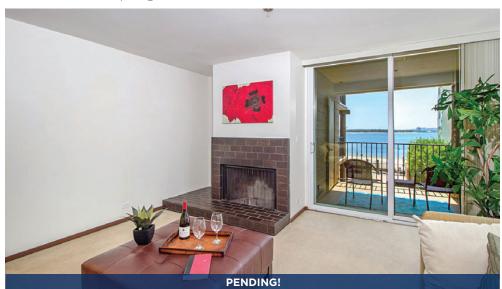




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'Quality of life and safety' concerns for PB residents

By DAVE SCHWAB

There is growing concern among community leaders and residents alike as the rising number of homeless – and issues associated with them - continues to grow in coastal communities like Pacific and Mission

Some people, in fact, are downright scared, like Montana Lumm of PB Southwest.

"I've noticed the homeless population is getting ridiculous, especially in the beach communities," said Lumm recently on NextDoor.com.

"It's scary dealing with intoxicated people, worrying about stepping on used needles on the beach, walking past their camps only to be asked for money (yelled at if you refuse) or fearing for (your) personal safety on the sidewalks and alleys, along with our taxes going to cleaning up after them instead of making the community more family friendly," said Lumm.

"I love my neighborhood. But I'm tired of worrying about them (homeless) all the time and I wouldn't want to start a family here — unless the homeless problem is dealt with."

Lumm offered a possible plan of

"If I create a petition for stricter policies (toward homeless), would anyone share and sign it?" she asked.

Four months ago, Mike Spangler, who organizes the annual North PB Sip 'N Stroll summer block party, started a Facebook site, facebook.com /cleanuppb/, to draw attention to streets – just a particular group of homelessness in PB.

In creating the new site, Spangler noted PB residents "are sick and tired of the city ignoring our homeless, transients, lack of police and overall trash issues. We encourage pictures and specific accounts of what is hap-

"In general, the public is fed up with it," Spangler said recently, noting there's a growing perception that Point Loma), Zapf said she "learned a business-as-usual in turning a blind eye toward homelessness and hoping the problems will resolve themselves and the work they do. just won't work.

homeless Facebook site has gotten ing public intoxication, drug use, theft



A homeless camp off Old SeaWorld Drive.

PHOTO BY THOMAS MELVILLE

positive results.

"The police and city officials are using it as a tool," he said.

Drawing a distinction among subgroups within the homeless population, Spangler pointed out there are "thieves, drug addicts and transients" who are causing most of the problems. Those, he said, should be distinguished from the homeless who are "mentally ill, military veterans or people down on their luck.

"There are some homeless who are stealing bikes and breaking into cars at night," Spangler said, adding, "We need more police now. We need to let (homeless) know they can't get away with these (crimes)."

"Many constituents have contacted me regarding problems associated with 'aggressive transients' in our beach communities," said District 2 Councilwoman Lorie Zapf. "I am not talking about all homeless on our individuals who are very aggressive and generally exhibiting lawless behavior. Unfortunately, this lawless behavior has caused real problems in our communities."

Noting she recently went on two San Diego Police Department ridealongs in Northern Division (Pacific and Mission beaches) and Western Division (Midway, Ocean Beach and great deal and have an even deeper appreciation for our police officers

"The problems that were encoun-Spangler said the Pacific Beach tered were numerous, often includand violence."

Zapf held two meetings recently with community and business leaders to discuss homeless problems and possible solutions.

"The SDPD Homeless Outreach Team is working hard to provide services to the homeless," Zapf said. "Unfortunately, only one in 10 (homeless) will accept help to get off the streets."

Spangler commented that, at present, "there's nowhere for them (homeless) to go. It's a big problem."

Pointing out there aren't any easy solutions to problematic homelessness, Spangler said many residents would be "happy to pay our tax dollars to get them off the street."

Noting homeless are traditionally drawn to beach areas because of the beautiful scenery and nice weather, Spangler said he's noticed issues surrounding their presence has been gradually ratcheting up for several

With summer tourism at its peak, Spangler added, "This is our busy season. Don't condone panhandling. Don't feed these people who are begging with cell phones in their pockets. Don't give them money. Don't enable

Spangler noted the homeless demographic is changing along the beachfront.

"There is a new generation of homeless, the transients," he said. "It's a bigger issue now than ever. We're (PB's) sick of it. Something has to change, because it's affecting everyone's quality of life and safety."

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Homeless expert: 'Understanding, resources and leadership is needed'

By LAINIE FRASER

Michael McConnell, a San Diego business owner and long-time philanthropist, is determined to solve homelessness in San Diego. The founder of the Facebook page Homelessness News San Diego says, the city



McConnell

is full of different kinds of homelessness and the solution lies in leadership and the community.

McConnell has been a businessman more than 35 years and was

the vice president of the board of directors for the Regional Task Force on Homelessness for nearly two years. The Regional Task Force on Homelessness is a nonprofit that provides data and analysis to communities that will allow them to identify and alleviate issues within their homeless communities.

In 2014, McConnell became a San Diego affiliate member for Funders Together to End Homelessness, which is the only national network of philanthropists working to strategically develop solutions for homelessness.

The Beach & Bay Press spoke with McConnell about homelessness in the beach communities.

BBP: Where does your passion to end homelessness in San Diego come from?

MM: I am a long-time San Diego business owner. I did that for more than 35 years and I decided I wanted to do something different so I chose to help the homeless. I had a brother who was mentally ill and while he was never really homeless he struggled, and I see my brother in the people who are sick and on the streets.

This helps me understand them and understand that they don't want to be there. So my brother was a big factor for me but the big big factor is the beautiful ripple effect that solving homelessness has on a community. The effect on businesses, on tourism and on housing. As "America's Finest City," we need to be treating all of our citizens, both those on and off the streets, like they deserve, especially in "America's Finest City."

BBP: *Do the kinds of people who are* homeless vary depending on where they

MM: The beaches are home to a lot more young people. Definitely more young people, both unaccompanied minors and those in the transitioning age and a few older. I definitely don't see a lot of families along the beach that's for sure. There are definitely fewer services, which creates a different dynamic than other places in the city. People say there are so many homeless downtown because the ser-

vices and agencies are down there RCC as I'll refer to it. It is designed to landlords and others involved in placand they are, but that just isn't the case for the beaches.

There are a lot less agencies, housing options and shelters in the beach communities. Because of this lack of services, a lot of these people became homeless in the beach communities, or they just want to remain close to the coast for one reason or another. This is totally different from say homeless in downtown.

BBP: Do you know of any initiatives, programs or agencies that work to specifically help the beach communities and/or the homeless youth?

MM: A great agency helping the situation in a beach community is the Pacific Beach Homeless Coalition. They have a Facebook page you should definitely look at and they have meetings.

I went to one and there they offer services like meal sharing and laundry programs. Ocean Beach has always been a hotspot for the homeless, and I'm not sure about the agencies at work there, but I know the churches out there do their part. There is also San Diego Youth Services. They do great street outreach.

BBP: How is homelessness in communities across San Diego being addressed?

MM: There is something called the Regional Continuum of Care or the

promote community-wide commitment to end homelessness. It is part of a regional response to homelessness. Communities get funds to assist this regional response. This money is then put into initiatives.

BBP: Have you seen other cities deal with homelessness successfully or use models that you think we should follow here in San Diego?

MM: Yes, definitely in central Orlando, Fla. They have made dramatic progress. Houston as well. Philadelphia is another place with dramatic progress. They created additions to their resources rather than just displacing the homeless there.

They added more outreach people and put out more beds. It was about increasing the available resources for them not about displacing these people. But Orlando did great work, so did Houston.

BBP: What are the different initiatives, projects and programs you know about in San Diego, and in your opinion, how successful are they?

MM: For veterans, who in large part settle in areas like downtown, the Opening Doors Committee is a federal initiative trying to end veteran homelessness. The Opening Doors Committee has big goals but have put in great effort recently. Housing for Heroes is another that deals with the

ing homeless veterans directly into housing. These provide assistance to the regional effort of ending homelessness throughout the county.

Project One for All is a great initiative working for people who have serious mental illnesses across San Diego County. The goal is to provide 24hour access to necessary services. They have already placed more than 1,250 people with a housing agency and instilling a systematic placement process. There is an assessment done to determine what kind of housing someone needs and where they should be placed.

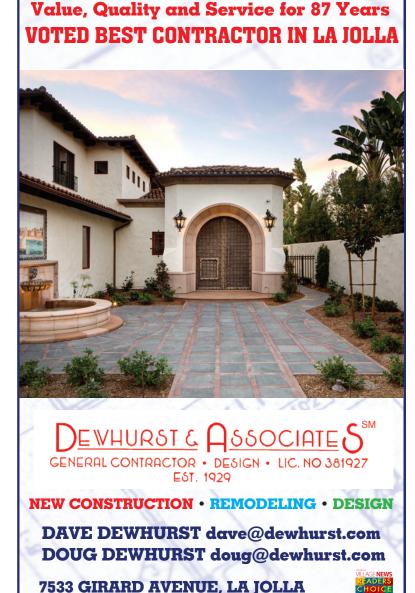
The issue is that people tend to get into multiple programs and on multiple waitlists in an attempt to get help, but this creates a duplication of services. One for All helps coordinate the assessments and is overseen by the Continuance of Care to match the homeless with the right services and care. This streamlines the duplication of work and services.

This helps more people more effectively while using the same amount of money. There is a shift happening from an older ineffective and inefficient method. The shift puts housing first and services second, and this is a major transformation and a big funding shift.

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Three myths about San Diego's homeless

By LISA HALVERSTADT VOICE OF SAN DIEGO

As more tents go up across San Diego, more San Diegans are talking about homelessness – and many of the same myths keep circulating.

We've all heard them: Most homeless folks are mentally ill. They don't want our help. They're moving here in droves.

None of those statements is entirely true. But perhaps they serve a purpose. All are convenient crutches that make it easier to avoid confronting the hard work necessary to aid the homeless, especially those who seem hardest to reach.

Some of them involve placing blame or making excuses, which are easier to do than having the tougher, solutions-oriented conversations about whether we're doing enough to help the homeless and whether the resources we're offering them are working.

Here are the facts on three of the most persistent and distracting myths about the homeless in San Diego.

Myth: *Most homeless people have serious mental illnesses.*

The most memorable encounters many of us have with the homeless are with those who seem to be mentally ill and that can lead to some faulty conclusions.

For that reason, there's a tendency

to link homelessness and mental illness—and to suggest it's a major roadblock to eradicating an overwhelming social problem.

In recent interviews with political candidates, the Union-Tribune's editorial board repeatedly suggested it wouldn't be possible to end homelessness in San Diego because that "would mean ending mental illness."

Yet only a fraction of San Diegans who live on the street report having serious mental illnesses.

This January, volunteers surveyed hundreds who live on the street and used the responses they received to gauge the likely percentage of the unsheltered population considered mentally ill.

The Regional Task Force on the Homeless, which conducts the count, estimated just 14 percent of the unsheltered homeless in San Diego have a mental illness.

Since those stats do rely on self-reporting, I did more research and found this conclusion by University of Pennsylvania professor Dennis Culhane, who's done extensive datacrunching on mental illness among the homeless.

Here's what he wrote in a 2010 oped for The Washington Post:

"In my own research, I have calculated that the rate of severe mental illness among the homeless (including families and children) is 13 to 15 percent. Among the much smaller

group of single adults who are chronically homeless, however, the rate reaches 30 to 40 percent."

(The Task Force estimates 22 percent of the county's homeless population is chronically homeless, which means they've been homeless for more than a year or had multiple stints of homelessness.)

Culhane told me he stands by that national estimate today, though he believes the percentage of chronically homeless adults with serious mental illness is probably closer to 30 percent.

Myth: *Most of San Diego's homeless moved here from elsewhere.*

Anyone who lives in San Diego knows we've got a mild climate with fewer cold nights than other parts of the country. This helps fuel the assumption that much of San Diego's homeless population came here from one of those less-comfortable places.

A Business Insider piece, for example, chronicled nomadic folks who "seek refuge from colder climates on the warm beaches and bays of Southern California. Here, they regroup, reconnect, and plan ahead for their next move"—reinforcing the idea that outsiders comprise a large share of San Diego's homeless population.

Even Alpha Project CEO Bob McElroy, whose nonprofit aims to combat homelessness locally, has sometimes seemed to imply San Diego's weather could be drawing the homeless here. "Smart homeless people are in San Diego, dummies are on 12-foot snow drifts back east somewhere," McElroy told KUSI last year.

But data that's been collected about such movements doesn't support the theory that there's massive migration to San Diego.

The latest point-in-time count survey included a question that aimed to address whether homeless folks were migrating to San Diego.

The Regional Task Force on the Homeless has since estimated that 70 percent of San Diego's unsheltered homeless population became homeless in San Diego and that just 24 percent became homeless elsewhere before coming here.

Dolores Diaz, who leads the Task Force, has noted that migration within San Diego – particularly, to downtown San Diego – is far more common.

Tales of the homeless folks migrating aren't unique to San Diego, so the Veteran Affairs' National Center on Homelessness Among Veterans took a look at such movements for a national analysis published last fall.

The VA think tank tracked more than 113,000 veterans who accessed the agency's homeless services and found just 15 percent moved across large geographic areas during a two-year period.

"The converse of this is that over five-sixths of this study group were stationary or moved only in a local context," the analysis says. "Even when looking only at those veterans who were homeless for extended

"Smart homeless people are in San episodes, migration is more the excepego, dummies are on 12-foot snow tion than the norm."

The net result for the VA region that includes San Diego, other parts of Southern California and southern Nevada, further drives home the insignificance of homeless migration.

Researcher Stephen Metraux found 14 percent of those who utilized VA homeless services in the region moved out and 13 percent moved in – meaning there was actually a net loss of 107 veterans in the region.

Metraux also emphasized that there wasn't a massive movement to warmer weather cities like San Diego during the winter months.

Myth: *Many of San Diego's homeless aren't interested in getting off the streets.*

It's a comment often expressed in exasperation when the conversation turns to ending homelessness in San Diego, a goal that can seem insurmountable after years of effort.

Many homeless people in San Diego don't want help. They prefer life on the street, they say.

San Diego authorities do face big challenges as they try to get the homeless into shelter but the truth is far more complicated than this myth implies.

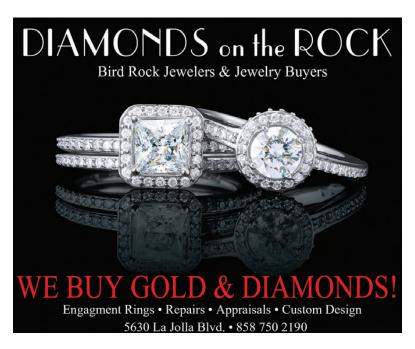
For one, many people do want to get in shelter but can face weeks-long waits and seemingly complex sign-up processes to get into those beds. The latter can be enough to discourage some people.

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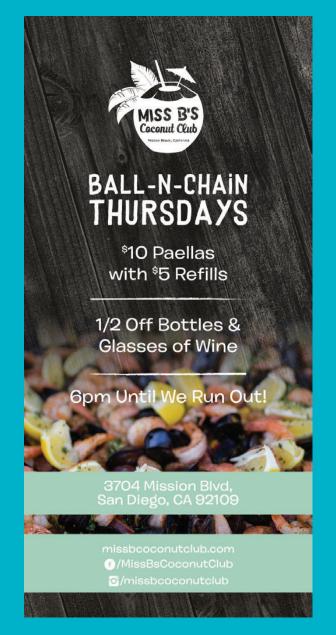










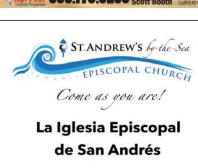












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Railroad spikes used to kill homeless men

By NEAL PUTNAM

Railroad spikes were plunged into the bodies of three homeless men who were killed in a series of attacks, a prosecutor told a judge on Tuesday.

Deputy District Attorney Makenzie Harvey told San Diego Superior Court Judge Fred Maguire the actions by Jon David Guerrero, 39, involved "extreme planning in each of the occasions in which the victims were sleeping."

Harvey said a railroad spike was plunged into the head and chest of Angelo DeNardo, 53, who was attacked where he was sleeping under the Interstate 5 Bridge near Mission Bay on July 3. An autopsy determined he died before his body was set on fire.

Harvey said railroad spikes were used in the deaths of Shawn Longley, 41, in Ocean Beach on July 4, and Dionicio Vahidy, 23, who was found downtown July 6 and died in a hospital on July 10.

The prosecutor told a judge one surviving victim had a railroad spike cut into his sinus cavity and he was left blind in the Midway District. The fifth victim in Golden Hill was also attacked with a railroad spike. She said police found railroad spikes and a mallet in Guerrero's downtown from two victims.

"Each of them was caught

said Harvey. "With such extensive planning, sophistication, I feel he does understand the (court) proceedings.'

Harvey said these actions are not "from a disorganized mind," adding "he's articulate, intelligent."

Harvey opposed the request by Guerrero's attorney, Dan Tandon, to suspend criminal proceedings, and asked for the court to appoint psychiatrists to evaluate Guerrero without suspending proceedings.

"I'm harboring a doubt Mr. Guerrero is competent to stand trial," said Tandon.

"My client is severely mentally ill. He has an extensive mental health history," said Tandon.

Maguire said he had suspended criminal proceedings before for Guerrero in a robbery case and was obligated to suspend proceedings again, based on his attorney's belief he could not be arraigned.

Psychiatrists will examine Guerrero in jail on Sept. 22 and report their findings to another judge on Oct. 7. If a judge finds he is mentally incompetent, he will be sent to a state mental hospital for treatment until he regains his ability to understand court pro-

Meanwhile, a memorial service for apartment, along with identification DeNardo was held Sunday, Aug. 7 at the Metropolitan Community Church where he attended for two years. The

unaware — each was vulnerable," services were also a memorial for the two other slain victims, Shawn Longley, and Dionicio Vahidy.

> "My heart is grieved over the senseless murders of these homeless individuals," said Metropolitan Community Church senior pastor Dan Koeshall in a statement.

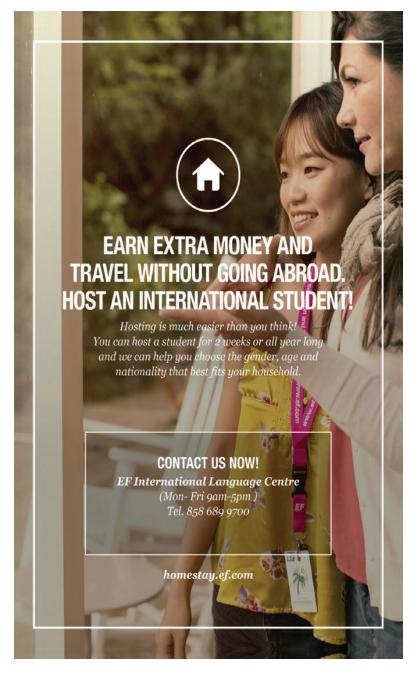
> "I believe each person is a unique reflection of God's love and presence in our midst. We want to remember and honor these lives, these victims of brutality," said Koeshall.

> "I know we can't fix the problem by ourselves; however, as we show compassion, each doing our part by being loving, respectful, noticing them (they aren't invisible), supporting organizations who are trained and equipped to work with this marginalized population, it will make a difference — one life at a time," said Koe-

> Special circumstance charges alleging Guerrero committed multiple murders have been filed and the DA's office is considering seeking the death penalty, though no decision has been

> Guerrero pleaded guilty in 2010 to committing a robbery from a homeless woman whom he pushed down twice and stole her bicycle. He was sentenced to one year in jail, but he violated terms of probation.

READ MORE ONLINE AT sdnews.com







Doing the Lord's work in PB, 'Minister' Dance-Cellah spreads love

By MARSHA KAY SEFF

She lives in a bright-turquoise van parked around Pacific Beach that proclaims "Yeshua/Jesus Saves," relies on a wheelchair after losing a leg, showers at a local gym - and "ministers" to the beach's homeless. For all that, the woman who calls herself "Dance-Cellah" believes she's "blessed."

Sure, the septuagenarian with three grandchildren admits, her two children think she's kooky. "I am kind of kooky." And confined to a "funny farm" for "alcohol-induced psychosis" three decades ago, she admits she had lost her way.

But she says she's been sober since she was 40, graduated from college after that and then was "called by God" to live among the homeless and "minister" to them.

With three marriages behind her, the woman, who says her real name is Nancel Lauffer and was once both a secretary and dancer, lives on a \$1,700 a month Social Security check from her "best husband."

"People may think I have a screw loose, but whatever Jesus did, people thought he was crazy. Doing what is right can make you look crazy."

Crazy or not, the woman, who dresses in long, peasant skirts and a choice of a half-dozen big hats, believes, "God allowed me to lose a



Dance-Cellah says the homeless come to the driver's-side window of her van and she prays for them.

PHOTO BY MARSHA KAY SEFF

leg (in a freak van accident)" for sent me to the boardwalk." good reasons. For one thing, after recuperating in a convalescent home where she claims patients were abused, she has been on a mission for more oversight, including cameras, in skilled-nursing facilities.

posed to make money, but the Lord unconditionally."

Dance-Cellah says the homeless come to the driver's-side window of her van and she prays for them. Sometimes, she offers them bananas and sandwiches.

"I do not try to change them. I Meanwhile, "I thought I was sup- accept them as they are. I love them

She does discuss their options and says some of the people in her prayers have started feeling better about themselves, sobered up and found jobs.

Of her life on the streets, Dance-Cellah assures people, "It's not lonely because I'm not alone. I'm married to the Lord."

Asked what could be done to help the homeless, Ellen answered, "We need the cops off our backs. We need somewhere to be. We used to have places to congregate, but (homeless) people are all hiding out (now)."

"I've lived here 30 years and pick up trash on this beach every day," boasts Michael, another PB boardwalk homeless man who has his name tattooed on his neck.

"Jim," from Lebanon, a middle-aged man who suffers from vision diminishment and is sober, said he came to the United States originally as a foreign student and to escape high unemployment in the wartorn Middle East.

Asked what could be done to help people like himself, Jim replied, "Maybe affordable housing. I get Social Security, but it's not enough to rent a place."

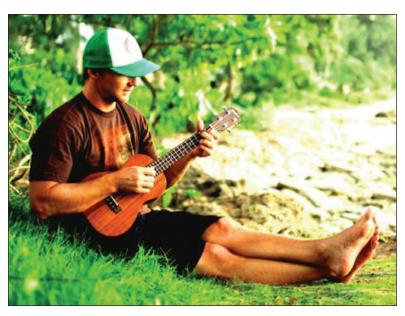
Of the present social system, Jim said, "It doesn't work. It isn't monitored properly. There's a lot of room for improvement."

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Casey Turner will play Friday, Aug. 12, at the 710 Beach Club.



Local musician to release song on space station

By BART MENDOZA

It's been said that some musician's music is out of this world, but in singer-songwriter Casey Turner's case, on Sept. 23, it will actually be true. On that date, the former NASA employee will have a special gravityfree release event for his new single, "Waves on the Ocean," as the song will be played on the International Space Station and added to its music the 710 Beach Club, 710 Garnet

While that is a major accomplishment, Turner isn't resting on his laurels in the meantime, with a

beach-area acoustic gigs in town the Powerhouse Quintet. The band before his song blasts off into space, including a date at the 710 Beach phonist Steve Feierabend, Portland Club on Aug. 12.

Turner is an engaging artist, with plenty of radio-friendly tunes and a growing West Coast fan base. With just a bit of luck, this event could indeed propel a deserving performer's career skyward.

Casey Turner: Friday, Aug. 12, at Ave. 5 p.m. 21 and up. www.710bc.com.

On Aug.13, Dizzy's will be the site Hawaiian tour and a round of of a special reunion concert from

features musicians, Bay-area saxotrumpeter Bryant Allard, and New York-bassist Bim Strasberg, who began performing jazz 40 years ago in Del Mar before heading off to Boston to work on their musical careers.

Fast forward several decades and the musicians have all moved on with their lives, but this concert brings everyone back together for one more go-round.

The trio will be joined by Rob Whitlock on piano and the great Jim Plank on drums, with highlights set to include tracks from a 2002 album release, Reunion, but anyone who enjoys jazz will love every second of heartfelt music from The Powerhouse Quintet.

The Powerhouse Quintet: Saturday Aug. 13, at Dizzy's, 4275 Mission Bay Drive. 8 p.m. \$15. www.dizzysjazz.com.

The only band from San Diego to ever rate their own edition of tellall TV show, "Behind the Music," Ratt have officially long been broken up. However the music lives on with various band members touring in what are essentially tribute bands to their own group.

On Aug. 13, it's Ratt's bassist Juan Croucier's turn with a performance at Brick by Brick, the night set to feature a greatest hit's set, including evergreens, "Round & Round" and "Way Cool, Jr." While he's a long way from his arena-filling days, Croucier's take on the songs is well played with real passion.

Juan Croucier: Saturday, Aug. 13, at Brick by Brick, 1130 Buenos Ave. 8 p.m. 21 and up. \$20. www.brickbybrick.com.

Award-winning world-music group Todo Mundo performs a brunch set at the Kona Kai Resort on Aug. 14. Led by Santiago Orozco, the band has become one of the area's most popular groups, particularly in outdoor settings where their joyous sound really resonates. Both of their albums have taken home trophies as "Best World Music" at the annual San Diego Music Awards.

Todo Mundo: Sunday, Aug. 14 at the Kona Kai Resort, 1551 Shelter Island Drive. 11 a.m. All Ages. No cover. www.resortkonakai.com.

San Diego gets a little taste of New Orleans with an appearance on Aug. 14 by zydeco band, the Bayou Brothers, at the annual Concerts on the Green series at Kate Sessions Park. The group plays many of the genre's best-known tunes, complete with washboard, but kicks up the funk a little for a set that's full of energy and fun to dance to.

The Bayou Brothers: Sunday, Aug. 14 at Concerts on the Green, Kate Sessions Park. 4 p.m.



Your Age Vs. Your Posture!

People everywhere are talking about and finding ways to fight the signs of aging and are spending millions of dollars on skin care, cosmetic and plastic surgery procedures. What makes a person look older, saggy skin, gray hair, wrinkles? If you think about it, poor posture really makes people look older, plus the pain and discomfort that is associated with it. A 55+ year old who walks stooped over vs a 70 year old who stands tall and walks with a graceful gait, can look as much as 15 years younger.

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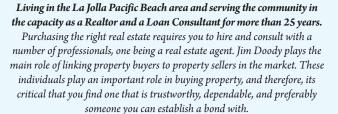
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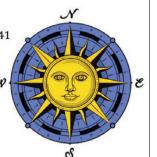


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Son of Kono's: Konito's Cafe opens

By DAVE SCHWAB

Oceanfront, surf-themed bistro Kono's Cafe just gave

The new arrival has been christened Konito's Cafe.

Tucked away at 1730 Garnet Ave. in Pacific Plaza, Konito's is in a rear courtyard behind the Starbucks and Jamba Juice.

Konito's is a chip off the old block. For one, the new eatery is being managed by Joe Bettles, son of Kono's founder Steve Bettles. The senior Bettles has partnered with longtime Kono's manager, Pablo Sanchez, to open a second, satellite restaurant.

Though the two restaurants are open the same hours and have virtually the same menus, their clientele isn't the same, though there's significant crossover between the non-stop. two, said Joe Bettles.

"Ours is a real local's restaunoted, adding, "Every local in PB knows this (shopping) something or other."

KONITO'S CAFE

Where: Pacific Plaza, 1730 Garnet Ave., between Kendall and Jewell

Hours: 7 a.m. to 3 p.m. weekdays; 7 a.m. to 4 p.m. weekends.

Info: konoscafe.com, 858-230-7355.

out Konito's appeals more to PB residents. And it doesn't hurt that Konito's, being much further from the beach and in a strip mall, has more available parking and shorter lines drawing appreciative cus-

Joe Bettles said Konito's has added three things Kono's doesn't have to its menu: a chicken quesadilla, a veggie scramble and a chorizo breakfast sandwich. Like its parent, Konito's also is adorned with beach art and runs surf films

"We kept the Kono's style and logo," noted Joe Bettles, rant, which is different," he adding the beach vibe, obviously, is also similar.

There is a huge beach scene complex, and come here for on one of Konito's walls from local surf photographer Jeff Noting Kono's caters more Devine showing a crowded to the tourist- and vacation- summer beach. A huge table rental crowds, Bettles pointed inside Konito's is also made

from the same wood used in Crystal Pier. There is also a fish carved from a surfboard made by another local artisan.

The story of how Kono's got started, and had an "offspring" nearly 25 year's later, is a fascinating one.

"They had always been in the evening restaurant business, and they were tired of working at night," Joe Bettles said, adding there was a cantina where Kono's is now next to Crystal Pier that became available.

Joe Bettles said the original idea when his dad first opened up Kono's was to serve "coneshaped tacos" that were all the rage in Baja, California in 1991. But it was decided to go with a more traditional breakfast menu.

Adding Mexican influences, particularly breakfast burritos that were popular south of the border but practically unknown here.

So how did Konito's come about a quarter-century later?

"My dad had never been interested in another location, had always wanted to focus on the one location they had and

SEE KONITO'S, Page 13





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SAN MARCOS 141 East Carmel Street San Marcos, CA 92078

590 3rd Avenue Chula Vista, CA 91910

KONITO'S » CONT. FROM PG. 12

two years."

be," said Joe Bettles. "Then he was convinced by Pablo to find a second location, which they looked for for about

making it as good as it could

Joe Bettles stressed Konito's is now part of a coalescing "restau-

which includes two bagel places and Broken Yolk across Garnet Avenue. He added the outside courtyard fronting his bistro is also becoming a big draw luring rands," he said. "You can have folks in for breakfast and lunch.

of your one-stop shop. "It's kind of the perfect, day-off

place to go if you need to do erbreakfast, get filled up, and then go shop."

For more information, call 858-230-7355 konoscafe.com.

rant row" around Pacific Plaza,

Sandwiched in between a dry cleaner and a shoe repair place, Konito's is near Vons and other shops in the strip mall.

Bettles concluded it's great to be in Pacific Plaza, which is sort

y painting

DAN McALLISTER TREASURER-TAX COLLECTOR / SAN DIEGO COUNTY

IF YOU'VE DONE BUSINESS WITH THE COUNTY IN THE PAST ...

Notice is hereby given by the Treasurer of San Diego County that money, not property of this County, now on deposit in the Treasury of San Diego County which has remained unclaimed for over three years will become the property

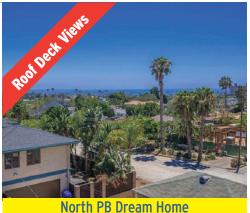
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Listed \$1,295,000

1209 Loring St

5BR/4BA ~2900esf + Bonus 2 Car Garage + Spaces/Yard Roof Deck & Covered Loggia Ocean Views

Listed \$1,625,000



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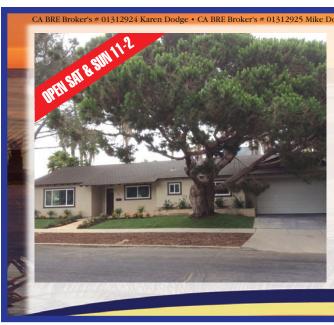


Alex Rojas 858-863-4141

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New Listing in North Pacific Beach Just a few blocks to the Ocean!

1175 Missouri - Offered at \$1,250,000

Major remodel just completed. This 3 bedroom, 2 bath beach house has an open floor plan designed for today's lifestyle. South facing back yard. Full 5400 sf lot.! Spacious LR, DR with French doors, kitchen with SS appliances, easy close cabinets, quartz counters, & walk-in pantry. Dual vanities with quartz counters in BOTH bathrooms. Master Suite has walk-in closet & large bath. Very appropriate, laminate throughout for sandy beaches 5 blocks away! Beautifully landscaped & fenced yard with ample patio space & fountain. Oversized 2 car garage with attic storage.



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Fri, Sat & Sun 1-4pm .1068 Archer St	3BR/2BA\$1,195,000	Helen Spear 619-813-8503
Sat & Sun 11am-2pm 1175 Missouri St	3BR/2BA\$1,250,000	
Sun 1-4pm5067 Windsor Dr	4BR/4BA\$2,000,000	Sara Wells 619-990-3514
Sun 1-4	4BR/4.5BA\$1,749,000	
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Sun 1-41671 Los Altos Road	4BR/2.5BA\$1,495,000	
Sat & Sun 11am-3pm .1049 Felspar #9	1BR/1BA\$360,000	Alex Rojas 858-863-4141

OCEAN BEACH / POINT LOMA

Sunday 1-4	.868 Bangor St	5BR/4.5BA	\$2,695,000	Steve Cairncross 858-859-3370
				Robert Realty 619-852-8827
Sat & Sun 1-4pm	.1333 Cornish Dr	5BR/3BA .	\$2,999,999-	\$3,299,999 Pete Middleton 858-764-4808

NORMAL HEIGTHS

Sat	1pm-4pm	3532 Meade Ave #26	2BD/2BA	\$329,90	Krista Bell 619-209-9953	

HILLCREST

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Sat & Sun 1pm-4pm /555 Eads Avenue #16 2BR/2BA	\$950,000			858-353-5300
Sat 1-4pm7907 Princess St6BR/8BA				
Sat 1-4pm8001 Paseo del Ocaso4BR/3BA	\$2,695,000		Yvonne Oberle	619-316-3188
Sat 1-4pm914 Costebelle Way4BR/4.5BA				
Sat 1-4pm	\$1,488,000-	\$1,568,000	Nellie High	858-886-9223
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Sat 1-4pm8001 Paseo del Ocaso4BR/3BA	\$2,695,000			619-316-3188
Sun 1-4pm				
Sun 1-4pm	\$5,300,000		Vonnie Mellon	858-395-0153
Sun 1-4pm	\$652,990-\$7	799,990	Drew Nelson & Cortney Bennet	t 858-242-2468
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Sun 1-4pm7907 Princess St6BR/8BA	\$7,800,000		Lysianne Audet Jones	858-922-6228
Sun 1-4pm230 Prospect Street #12 Studio/1BA .	\$469,000		George Daglas	858-367-0585
Sun 1-4pm7742 Whitefield PI6BR/5BA				
Sun 1-4pm6036 Waverly Ave5.5BR/5.5BA	\$3,750,000		Gina Hixson and Elaine Robbs	858-405-9100
Sun 1:30-4:30pm1856 Nautilus St4BR/3.5BA .				
Sun 1-4pm	\$1,995,000		Kelly Macdonald	866-635-7667
Sun 1-4pm4627 Ocean Blvd #2082BR/2BA				
Sat & Sun 1-4pm 511 Genter St				
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- 3BR/2BA Single-Level on Full-Sized 6300esf Ocean View Lot
 - Room to build up, out, or add pool Quiet Street
- Bright South-Facing Living Rm w/ Fireplace
 Hardwood Floors
 - Private Back Yard w/ Patio 2-Car Garage



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FOR SALE

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1671 Los Altos Rd. | North Pacific Beach 4 BR | 2.5 BA | 3,497 sq. ft.

This charming house is situated on a massive 12,700 sq. ft. lot. and is surrounded by lush trees that create $tons\ of\ privacy.\ The\ park-like\ backyard\ is\ the\ perfect\ place\ to\ entertain\ guests\ or\ for\ children\ to\ play.\ Walk$ to Kate Sessions Park to take in some of the best views of San Diego, or make a short drive down the hill to enjoy restaurants, shopping, and the beach. Excellent new price of \$1,495,000!



1222 Opal St. | North Pacific Beach 4 BR | 4.5 BA | 3,167 sq. ft.

This newly rebuilt home features high end stainless steel appliances, luxury finishes, and 751 total sq. ft. of decks to soak up the sun and gaze at amazing views from downtown to the ocean! Located on one of PB's most desirable streets! Call for more details.



1228 Opal St. | North Pacific Beach 4 BR | 5 BA | 3,148 sq. ft.

Enjoy a newly rebuilt home with an open and bright great room, gourmet kitchen with luxury appliances/ finishes, 10 ft ceilings, and a 346 sq. ft. rooftop deck with panoramic views of the ocean, bay and downtown! Only 5 short blocks to the beach! Call for more details.



1243 Beryl St. | North Pacific Beach 3 BR | 2 BA | 2,032 sq. ft.

Open and spacious home that features a backyard deck with an outdoor fireplace, bay views from the second floor and a two car garage off of the alley. Home is located in a fun and friendly neighborhood that hosts an annual 4th of July Parade and Block Party.



isellbeach.com

scottboothsd@gmail.com



1535 Loring \$5,475,000

A meticulous collaboration between a visionary owner & renowned architectural firm, CDGI, resulted in an entertainer's dream that masterfully frames floor-to-ceiling, 270 degree views from Downtown San Diego (east) to La Jolla (north) encompassing bay, ocean, & city panorama. No expense spared. Estate features 4 beds + office, 5 full & 2 half baths, movie theater, gym, wet bar/lounge, infinity pool & spa, Olympic torches, 360 degree roof deck, 3 car garage (fits limo), & Lutron HomeWorks tech throughout.





1068 Archer

Lowest priced beach home north of Turquoise • 3BR/2BA Single-Level on Full-Sized 6300esf Ocean View Lot • Room to build up, out, or add pool • Quiet Street • Bright South-Facing Living Rm w/ Fireplace • Hardwood Floors • Private Back Yard w/ Patio • 2-Car Garage

Call Dane today and live your dreams











2774 Bayside Walk #1

Pristine Bay Front First Floor 3 BR / 2 BA. Enjoy the Beach and Bay Lifestyle from your very own private and expansive wrap around Patio that fronts Mission Bay. The views of the water and evening lights are breath taking. Built in 2007, the Kitchen and Bathrooms feature granite counters and travertine flooring.

