

SURFIN' BUCS

Lucas Monari, of the Mission Bay High School surf team, shreds a wave during a recent competition. The Buccaneers' surfers finished second in their division this season.

SAN DIEGO COMMUNITY NEWSPAPER GROUP





THURSDAY, MAY 19, 2016

BEACHANDBAYPRESS.COM

Sagan wins sprint finish in Mission Bay



Peter Sagan, of Team Tinkoff (in white jersey, black helmet, on right), won Stage 1 of the Amgen Tour of California with a come-from-behind sprint down Quivira Way to nip second-place finisher Wouter Wippert, of Cannondale Pro Cycling Team (in green helmet), and Dylan Groenewegen, of Team Lotto NL - Jumbo (left, in yellow and black helmet) at the finish line in Mission Bay. (Below) Sagan receives the Amgen Leader Jersey.

PHOTOS BY THOMAS MELVILLE

Amgen Tour of California races through San Diego

pion and UCI's topranked rider Peter Sagan ish in Mission Bay. (Tinkoff) won Stage 1 of the Amgen Tour of California with a comefrom-behind sprint down Quivira Way to nip second place finisher Wouter Wippert (Cannondale Pro Cycling Team) and Dylan Groe-

Reigning world cham- newegen (Team Lotto NL - Jumbo) at the fin-Sagan also earned the Visit California Sprint

> Stage 1 kicked off the 11th annual eight-day stage race, which features some of the most



Local volunteers, teamwork kept Stage 1 rolling along

By LAINIE FRASER

Hundreds of volunteers across the county helped San Diego host Stage 1 of the Amgen Tour of California this past weekend, and, according to volunteer coordinator Julie Hamilton, their efforts made the event a complete of California Local Orgasuccess.

The race started in Mis-

sion Bay, went south through Imperial Beach, headed east and then eventually went back west through Pacific Beach.

It was the first time San Diego hosted the road race, and with a large amount of land to cover, San Diego police, the San Diego Tour

Mission Beach flies in the face of residents

By DAVE SCHWAB

Ideally, Mission Beach would like to become a no-fly zone.

Unfortunately, given its ideal breeding conditions, the beach community is presently a free-fly

Each summer, MB experiences a severe, filthy fly problem, with an overwhelming infestation of pesky flies negatively impacting residents, visitors, vacation rental agencies and businesses. Additionally, MB restaurants have chalked up more than 250 negative Yelp! restaurant reviews and a multitude of health department citations, largely attributable to the insect infestation.

'The fly and filth problem, especially in the alleys, is horrible.'

DAWN REILLY OF BEAUTIFUL MB

"The fly and filth problem, especially in the alleys, is horrible," said Dawn Reilly, project administrator for Beautiful MB Inc., a nonprofit dedicated to Mission Beach's improvement and enhancement. "It looks like some ghetto in some war-torn destination," Reilly said.

Reilly is working with others in the community to create a special district to help eradicate MB's fly problem.

"It is clear the City of San Diego will not provide the level of services and amenities our unique community needs and deserves," said Reilly. "We have refocused our time and energy to accomplishing those goals ourselves,

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Satiate your appetite at Coast of Pacific Beach Restaurant Walk, set for May 24

Discover the best eats in Pacific Beach at the upcoming, self-guided Coast of Pacific Beach Restaurant Walk 4 to 9 p.m. Tuesday, May 24.

Whet your appetite at this increasingly popular annual event, which continues to grow, offering a large variety of food choices from more than 20 local eateries along Mission Boulevard from Pacific Beach Drive to Emerald Street and along Garnet Avenue up through Dawes Street (maps provided).

Also, special deals from local retailers will be offered as participants stroll past the shops, all for only \$25 presale.

Participating restaurants include PB Shore Club, The Duck Dive, Miller's Field, Big Kahunas Homemade Ice Cream, Crushed, Filippi's Pizza Grotto, The Local PB, Oceana Bub's at the Beach, Jinya Ramen Bar, The Wood, Backyard Kitchen and Tap, Society, PB Tuesday Farmer's Market, Baja Beach Café, Cabo Cantina, Bare Back Grill, Tony Roma's, Coconut Thai, Dolce Italian Ice, Cream, and Board and Brew.

Watch the sun setting overhead while sampling the best of Pacific Beach's eclectic coastal cuisine.



Coastal Kitchen, The Mad Beet, Duck Dive on Mission Boulevard offered poke tacos last year.

Even better, event proceeds will help day of the event. Tickets are available keep the coastal neighborhood

This year, five new restaurants – Jinya Ramen Bar, The Mad Beet, Society, Cream and Dolce Italian Ice Discover Pacific Beach, the commu-– will be on the walk, plus all the old favorites, of course.

Cost is \$25 presale and \$30 the Ann Condon at (858) 273-3303.

at PacificBeach.org or at Filippi's Pizza Grotto, at 962 Garnet Ave., and The Mad Beet, at 933 Garnet Ave.

The event is hosted by nonprofit nity's Business Improvement District. For more information, call



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Retail roundup: Openings and closings in Pacific Beach

■ Kids gymnastics studio coming to Pacific Beach

The Franco Realty Group represented the landlord in successfully leasing approximately 8,300 square feet of commercial space at 929 Garnet Ave. to G3 Kids Inc., a gymnastics-based program for children.

According to its website, "G3Kids is a learning facility for all children combining gymnastics with traditional educational programs to build a foundation for a successful life. G3kids is the marriage between a gymnastics-based athletic program and an interactive learning acade-

SAN DIEGO, A new report has

just been released which reveals 7

costly mistakes that most home-

owners make when selling their

home. A 9 Step System that can

help you sell your home fast and

clearly how the traditional ways

of selling homes have become in-

creasingly less and less effective in

today's market. The fact of the

matter is that fully three quarters

of homesellers don't get what they

As this report uncovers, most

homesellers make 7 deadly mis-

want for their homes.

This industry report shows

for the most amount of money.

my. G3 offers traditional and untraditional gymnastics classes while ensuring safety and exploration."

G3 is expecting its doors to open for business in mid-June.

■ Sprouts expanding next door

Sprouts Farmers Market at 1260 Garnet Ave. is expanding into the former American Apparel clothing store at 1280 Garnet Ave.

"American Apparel filed for bankruptcy and closed down," said Pacific Beach commercial Realtor Tony Franco, president of The Franco Realty Group. "Sprouts is currently demolishing the space and

takes that cost them literally thou-

sands of dollars. The good news is

that each and every one of these

mistakes is entirely preventable. I

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converting it into a grocery store."

Business

■ Carl's Jr. is out, Vallerta Express is in at 1375 Garnet Ave.

Franco said Vallerta Express outbid Carl's Jr., which had a restaurant onsite. "Vallerta Express is open for business," he said. "Carls Jr. is now scrambling trying to find a new location in 92109. It's a sign that local and regional tenants are willing to pay more than national name-brand tenants."

■ Pueblo to open next month

Chef Sean McCart of Pueblo Baja coastal cuisine, formerly The China Inn at 877 Hornblend St., has been working on the menu of the new upscale restaurant that is still slated for a mid-June opening, said one of the new restaurant's managers, Lindsay Blanchard.

"McCart has been working to perfect our Baja menu and spends almost all of his weekend time in Baja with local fisherman and developing new recipes," Blanchard said. "Our chef has a home in Baja and dives into the culture, cuisine and of course the surfing as much as possible."

■ New tenants at The Rose Center Two office spaces in The Rose Center on the corner of Garnet Avenue and Fanuel Street have been leased. One business, Lotus and Luna, specializes in selling authentic hand-

crafted accessories from Thailand while empowering women.

According to LotusandLuna.com, "each Lotus and Luna accessory is handcrafted by female artisans living in various small villages in Northern Thailand, providing them and their neighbors with consistent, fair employment."

The other business, NatX-ray, at natx-ray.com, notes that it's "dedicated to helping speed up and improve X-ray and neutron-based sample analysis, and to provide researchers and industries with the latest highly automated techniques with equipment that implement them."

■ Villa Grande Triplexes at 1634, 1644 and 1652 Grand Ave.

Project architect Tim Golba described Villa Grande as "an odd mixed-use site," noting the location is three original lots, with the far western lot being zoned commercial, and the two eastern lots as multifamily.

"We elected to do a project that we thought was one of the first projects to reflect the whole eco-district for Pacific Beach," said Golba. "This site was tailor-made for that type of infill, and we designed a very sustainable model to reflect many of the goals from that charrette process."

Golba said smaller-scale triplex



Vallerta Express has opened in the former Carl's Jr. on Garnet Avenue. PHOTO BY LAINIE FRASER

structures were chosen versus the typical Grand Avenue big-box. He pointed out the project's designed to be "very energy efficient and incorporate many sustainable features into the final product."

From an architecture standpoint, Golba said, "We wanted to do something more 'urban' given the very commercial context around this site."

Other openings/clos-

- Crunch Gym has a new gym under construction at the former Trader Joe's site at 1211 Garnet Ave.
- Papa Lunas at 1404 Garnet Ave. was sold and has closed and is to be replaced by a new poke restaurant, according to Franco.
- Gelson's on Turquoise (formerly Albertsons) is under construction. "Gelson's is very bullish and opening several locations throughout Southern California," Franco said.

Gregory B. Anderson March 21, 1931–March 17, 2016

Courtesy of Dennis DeSouza Remax Lic. 01220680

Home owners lose thousands when selling their home



PACIFIC BEACH-Greg Anderson passed away peacefully at home just days shy of his 85th oirthday, surrounded by his wife Eve and his children.

Greg grew up in Hazardville, CT, attended the University of Connecticut and fought in the Korean War. After graduating from the University of Arizona in Tucson, he worked as a Rehab Counselor for the State of California in San Diego.

Greg was best know, however,

as the Coordinator of Gems, Minerals and Jewelry for the San Diego County Fair. Thousands of people benefited from his enthusiasm and knowledge over his 37 years as Coordinator, retiring in 2014. Today, his department presents museum-quality, competitive exhibits. He loved giving docent tours, sharing the beauty of the natural world-especially fluorescent minerals. He waited for the ooohs and aaahs, as the plain gray rocks glowed brilliantly when hit with ultraviolet lighting.

Additionally, he was the owner of Anderson's Fluorescent Minerals, dealing with collectors throughout the country.

In 1981, he met Eve Smull, his soul-mate, at the Fair. He leaves his wife, Eve, sons Paul (Lisa) and Jay (Claudine) Anderson, step-children Steve Smull (Brenda) and Sally Smull (Jorge Parada); and three grand-children. He was buried at Miramar National Cemetary with military honors and a Celebration of Life was held at PB Chapel.

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Around the Block: From Pacific Beach Drive south down Mission Boulevard

Cannonball

Sushi with a splash! Besides the delicious California cuisine Pacific Rim influences and sushi, this oceanfront restaurant is also serving up the best view in San Diego. It's never been more enjoyable to sip on refreshing, seasonally inspired beach craft cocktails while soaking up the essence of the beach. With thoughtful details and accents, this Mission Beach rooftop transports you to a poollike setting without all the splashing and twice the views! So dive in; there's nothing quite like Cannonball.

Cannonball 3105 Ocean Front Walk (858) 228-9304 cannonballsd.com

Draft

Tapping into the surf and sand, views to the west, brews in your Pizzeria. hand. Located directly on the Mission Beach boardwalk, Draft is serving up 69 beers on tap and 30-plus (858) 228-9283 bottles pairing the surf and sand belmontpark.com with a wide variety of craft beers. But the appeal doesn't stop at the #brewsandviews; come hungry and experience a fresh take on beachside dining, featuring casual, handcrafted fare from executive chef Brad Wise.

Draft 3105 Ocean Front Walk (858) 228-9305 belmontpark.com/restaurants/draft

Belmont Park

Sure to please the entire family, Belmont Park is located on the surf and sand of Mission Beach and offers free parking and free park admission. Visitors can enjoy traditional and contemporary amuseincludes beachfront restaurants like themed hotel offers coastal dining



The Catamaran Resort Hotel and Spa on the shores of Mission Bay.

rant and bar Cannonball as well as Catamaran Spa and the popular food court-style dining like Belmonty's Burgers and The Plunge

Belmont Park 3146 Mission Blvd.

Swell Cafe

Swell Cafe, in Mission Beach, is known for its fun latte espressos. The craft coffee is locally roasted and goes perfectly with your gourmet breakfast and lunch. Panini sandwiches, pastries and smoothies are popular here as well. If you're an acai-granola sort, this is the place for you.

Swell Cafe 3833 Mission Blvd. (858) 539-0039 theswellcafe.com

Catamaran Resort Hotel and Spa

The Catamaran Resort Hotel and ment park rides, ride the wave Spa is a San Diego institution locatmachines at Wave House Beach ed on the shores of Mission Bay and Club, play laser tag, visit the arcade mere steps from San Diego's famous and midway-style games and shop Pacific Beach. Featuring lush tropiand enjoy a wide array of cuisine cal gardens and complimentary throughout the park, which beach cabanas, the Polynesian-

the newly opened rooftop restau- at Oceana Coastal Kitchen, The Sunset Luaus on Mission Bay. Catamaran Resort Hotel and Spa 3999 Mission Blvd. (858) 488-1081 catamaranresort.com

The Catamaran Spa

Located inside the Catamaran Resort Hotel and Spa on Mission Bay, the award-winning Catamaran Spa is San Diego's only beachfront spa. Services inspired by South Pacific traditions use marine- and botanical-based products and include relaxing massages, skin care therapies, body exfoliating treatments and more. Guest amenities include a relaxation lounge, outdoor pool and whirlpool, beach cabanas, open-air fitness center and seasonal outdoor yoga classes.

The Catamaran Spa 3999 Mission Blvd. (858) 539-8820 catamaranspa.com

Oceana Coastal Kitchen

Oceana Coastal Kitchen is the vibrant signature restaurant inside the Catamaran Resort Hotel and

SEE Page 7



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Spa on San Diego's Mission Bay. Opened in 2015, Oceana embraces fresh California flavors and a modern, marine-inspired design including an 800-gallon aquarium stocked with tropical jellyfish and an outdoor patio with panoramic bay

Executive chef Steven Riemer leads the kitchen and is dedicated to using local, sustainable ingredients for the restaurant's surf-and-turfinspired breakfast, lunch, dinner and Sunday brunch menus. Oceana is also home to nightly, weekly and monthly specials, including the allyou-can-eat Oyster Fest at Oceana Cold Bar and monthly wine dinners that celebrate California's rich wine culture.

Oceana Coastal Kitchen 3999 Mission Blvd. (858) 539-8635 oceanacoastalkitchen.com

The Bahia Resort Hotel

The Bahia Resort Hotel is a welcoming waterfront property located on a 14-acre picturesque peninsula in the heart of Mission Bay. Featuring spectacular views of the Pacific Ocean, Mission Bay and lush tropical gardens as well as friendly service and comfortable accommodations, Bahia Resort Hotel is the ideal destination for a quintessential Southern California beach getaway. Locals and travelers enjoy the hotel's summer event "California Dreaming - Beach Party of the Decades," featuring live music, a clam bake and BBQ on the Bahia's private beach.

The Bahia Resort Hotel 998 West Mission Bay Drive (858) 488-0551 bahiahotel.com

Chop Shop Teriyaki

Chop Shop Teriyaki, in Mission Beach, serves up fresh teriyaki bowls and plates, yakisoba plates, salads, teriyaki burgers, fried rice and lettuce wraps. It now offers beer and wine. Come in today and enjoy Mission Beach's newest and freshest teriyaki restaurant. Call ahead take-out orders are always welcome – or come have a seat on the comfy outdoor patio. Chop Shop Teriyaki looks forward to seeing you.

Chop Shop Teriyaki 3852 Mission Blvd. (858) 230-6522 chopshopteriyaki.com

Guava Beach Bar & Grill

bar for everyone. It combines a warm and comfortable atmosphere with a lively and fun energy that ensure good times for all. It's just steps away from the ocean and Sail Bay in beautiful Mission Beach. It offers plenty of plasma TVs, including a 10-foot HD projection screen with Surround Sound to satisfy all your sports-viewing needs.

The programming features the NFL, NBA, MLB, NHL, college foot-

ball and Fox soccer packages, so you don't have to miss any of the games. Its VIP room includes an elevated pool table lounge, two jumbo booths, a plush leather couch, a cozy fireplace and a long mahogany bar where there is a comfortable spot for all. You'll also find free parking in the bayside lot at Santa Clara.

Guava Beach 3714 Mission Blvd. (858) 488-6688 guava-beach.com

The Olive Cafe

The Olive Cafe is the perfect spot to grab a bite between all your beach activities, especially if you are looking for one of the best breakfasts in Pacific Beach. The scones and pastries disappear so quickly you may want to call ahead. It offers wireless high-speed access, so bring your laptop and get hooked up.

The Olive Cafe 805 Santa Clara Place (858) 488-1224 olivecafe.biz

Better Buzz Coffee

Better Buzz Coffee has the freshest coffee, roasted right here in San Diego. This includes but is not limited to organic, fair trade, dark roasts and one-of-a-kind blends. It is our promise that you will get a 'Better Buzz' with us over any other coffee business out there. We strive for quality, consistency and outstanding customer service. What are you waiting for? Get buzzed with Better Buzz Coffee. We take the sting out of your morning.

Better Buzz Coffee 1909 Garnet Ave. (858) 270-2899 betterbuzzcoffee.com

Juice Wave

Juice Wave's mission is to refresh and nourish the soul by using the best quality ingredients fresh from local farms that reflect the radiant growing season in Southern California and to help save the environment by sustainable practices.

Juice Wave 3733 Mission Blvd. (240) 246-5126 juicewavesd.com

Liquid Foundation

Liquid Foundation is a core-oriented surfshop dedicated to the surfing lifestyle and to the people who know what it is like to live a Liquid Foundation. Liquid Foundation supports local surfers of all ages by providing gear, team workouts, coach-Guava Beach Bar & Grill is a locals ing and online promotions. Our products are original designs made of top-quality materials. We design everything from surfing accessories to a wide array of clothing that fits all our seasonal needs and desires. Liquid Foundation strives to bring the surfing lifestyle to everyone. Liquid Foundation

> 3731 Mission Blvd. (858) 488-3260 liquidfoundationsurfshop.com

Saska's Steak & Seafood

Joe Saska opened this simple restaurant 60 years ago with the idea of offering quality steaks and real Roquefort salad dressing to his customers. Today, Saska's offers a distinctive dining experience in a quaint, intimate atmosphere. Steaks have always been the main draw to this place — the juicy, expertly cooked "Duke" is one of the most delicious in San Diego. Saska's also offers an engaging variety of fresh seafood entrées in addition to a great selection of pastas. Parking available, too!

Saska's Steak & Seafood 3768 Mission Blvd. (858) 488-7311 saskas.com

Luv Surf

We're Luv Surf, a lifestyle brand inspired by the eclectic beach communities of San Diego. We are beach lovers who embrace the San Diego culture of surf and sun! We are pet friendly, environmentally aware and active and hope that our line of beachwear and accessories is a reflection of our Luv for this great place.

Luv Surf 3816 Mission Blvd. (858) 230-6682 luvsurfretail.com

Pilar's Beachwear

It does not matter if you are a size 2 or a size 32; Pilar's Beachwear has been suiting up San Diegans for more than 30 years. The specialized staff will always help you find the perfect suit, matching cover-up and beach accessories. Open year-round, the shop offers designer swimwear and cruisewear from more than 200 manufacturers. This is your onestop shop for those weekend trips, holiday cruises or monthlong vacations to the location of your dreams. No matter your size, the knowledgeable staff is here to make sure your shopping experience is painless and always fun.

Pilars Beachwear 3790 Mission Blvd. (858) 488-3056 pilarsbeachwear.com

Coldwell Banker PB

Coldwell Banker Residential Brokerage is located at the southwest corner of Mission Boulevard and Pacific Beach Drive. With more than 52 dedicated agents, their years of experience and knowledge of the erty management services, please local market along with their commitment to professionalism, customer service and attention to details makes this office one of the best serving all areas of San Diego

Our office is open seven days a week for your convenience. An independent sales associate is always available to answer any questions or to help you with your real estate needs. Coldwell Banker was designated a 2015 World's Most Ethical



Belmont Park is located on the surf and sand of Mission Beach.

and was ranked the No. 1 real estate brokerage firm in the U.S. for 18 consecutive years.

Coldwell Banker 4090 Mission Blvd. (858) 488-4090 coldwellbanker.com

Gone Bananas Beachwear

This place has one up on the other beach clothing stores in the area. It takes its fashion cues right off the beach. It's just off the boardwalk, after all, and it has everything you need for a day on the sand — coverups, bikinis, one-piece suits, sandals, beach bags and more. All this stuff comes in designer or more affordable models. And you're so close to the beach that you don't even have to take your purchase home first. Gone Bananas Beachwear 3785 Mission Blvd. (858) 488-4900 gonebananasbeachwear.com

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Bill Luther Realty, Inc. 3685 Ocean Front Walk (858) 488-1580 billluther.com

Mission Bay Aquatic Center

Located in San Diego's beautiful Mission Bay Park, the Mission Bay Aquatic Center is the ideal location for a wide variety of watersports.

Company by Ethisphere Institute MBAC is located on the east side of Mission Bay and only a quarter-mile from the ocean of Mission Beach.

This centralized location allows for surfing the waves of San Diego beaches, rowing the sheltered waters of Mission Bay, sailing the afternoon westerly winds, kayaking or paddleboarding the nearby coves or riding the morning glassy waters on the best wakeboarding equipment and boats available. Nowhere else in the world can you find such a diverse mix of watersports equipment and instruction under one roof. Similar facilities worldwide have looked to Mission Bay Aquatic Center as a model of excellence in watersports programming and instruction.

Mission Bay Aquatic Center 1001 Santa Clara Place (858) 488-1000 mbaquaticcenter.com

Single Fin

The blue wood that's part of Single Fin's decor will take you back, and well it should - it's salvaged from an ancient bait barge. But the decor is also a nod to the surf community, complete with surfboard fins installed on the walls in a massive overhead light box, courtesy of Fins Unlimited. Oh – the menu. You'll get the best huevos rancheros this side of Mars, surpassed only by the beer-batter fish tacos. And they're not quite done yet. Patrons can enjoy this cool rotating photography exhibit from various local artists while dining. Single Fin Surf Grill

Cheap Rentals

3844 Mission Blvd.

(858) 352-6611

singlefinsd.com

Welcome to the world-famous Cheap Rentals San Diego, named Diego by leading local publications. Cheap Rentals is where you'll find the best rental and sales rates in San Diego on bikes, surfboards, bodyboards. kavaks. wetsuits, Rollerblades, skateboards, beach chairs, umbrellas, snorkeling equipment and more.

Cheap Rentals 3715 Mission Blvd. (858) 886-7748 cheap-rentals.com

Stacy Ross, of Clairemont, washes her dog Bailey at Noah's Natural Pet Market and Dog Wash in Pacific Beach. PHOTO BY DAVE SCHWAB



Noah's Natural Pet Market celebrates 15 years

By DAVE SCHWAB

Noah's Natural Pet Market holistic retail and self-serve pet wash in Pacific Beach has been a sanctuary for its animal-loving patrons.

If you don't believe it, ask any of the customers of the homegrown business at 4431 Cass St., co-owned and operated by pet nutrition experts Liz Oshant and Mary Knight.

"I've been a customer for over 10 years now, taking two of my dogs there, because I know, without a doubt, that the products they carry are the best in the market to keep my pets healthy and happy," said Nita Wang. "Plus, not only are Mary and Liz so welcoming to me and Duncan and Daisy, but the entire staff knows my entire pack and treats them as if they were their own. There is no other place I would go to, and trust me, I go every week (spending over \$200) to get the best food and supplements to make sure my pups continuously look spry and active. I love Noah's and always recommend it to every dog owner I talk to."

Another satisfied customer, Stacy Ross of Clairemont, who was washing her pooch Bailey on a recent Thursday, concurred.

"These tubs are really awesome," Ross said, preparing to brush her dog's teeth in one of the tubs. "The animals enjoy the experience; it's pleasant." **NOAH'S NATURAL PET MARKET**

Where: 4431 Cass St.

What: 15th anniversary celebration **When:** 11 a.m. to 4 p.m. Saturday, May 21

Contact: (858) 270-8161 www.noahsnaturalpetmarket.com

Ross said Bailey is too comfortable at home, one of many reasons why she brings him to Noah's. "He calms down when he comes here," she said.

"I come here for the food," said Ross adding, "That's how I found out about this place."

"Most dogs like it here," agreed Knight. "We give them treats. They like the energy in here."

Noah's is marking its 15-year anniversary with a party for patrons at the store on Saturday, May 21 from 11 a.m. to 4 p.m. The celebration will include food and drink, pet food discounts, raffle prizes, vendor samples and dog adoptions.

"All of our vendors have given us baskets for our raffle," said Oshant.

Knight said Noah's was originally just a pet wash, half its size now. A year or so ago, Knight and Oshant took their self-serve pet wash to the next level.

"We inherited a pet wash with only a cash register and no products whatsoever," Knight said, noting, "Liz and I had shared this vision of helping dogs with their health."

"We have something for everybody here now," said Oshant, adding, "We're really picky about what we carry."

Walking down aisles strewn with all the latest dog food products and accessories — chew toys, dog jerky, leashes and collars, treats, stuffed animals, etc. — Oshant pointed out, "Our focus is nutrition and health here."

"We're pet nutrition experts," said Knight. "Our job here is to help our customers realize the health that their dog can obtain."

Noah's owners note they're on a first-name basis with their patrons—and their pets.

"We can't go anywhere without running into people we know," said Knight adding, "We were leadingedge (with nutrition) in the beginning, and now (other) people have jumped on our bandwagon."

"There are a lot more choices now," said Oshant of the growing holistic health food industry. "There weren't hardly any natural food choices back when. Now there are a plethora of raw and freeze-dried dog and cat foods on the market. A new one comes out practically every month."

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Bill Walton sculpture as large as his life

PHOTO BY JIM GRANT

A lifesize bronze sculpture of legendary San Diego national championships in the early 1970s before joinathlete Bill Walton was unveiled Saturday, May 14 at Ski Beach Park in Mission Bay. Walton, a lifelong cycling enthusiast, is commemorated in bronze with weighs 1,200 pounds. Alison Brown, the bronze sculpthe man himself. Walton led the UCLA Bruins to tiny detail in bronze,' said Brown.

0

ing the NBA and playing for the Portland Trail Blazers, San Diego Clippers, and Boston Celtics. Walton won two NBA championships and was named the his bicycle. The statue stands 6 feet, 11 inches tall and NBA's most valuable player. He was eventually inducted into the Basketball Hall of Fame and named as one tor who created the monument, took exact measure- of the NBA's 50 Greatest Players of all time. 'In clay, ments of Walton's bicycle, his shoes and other per- every fingerprint, every detail created in the sculpture sonal items. These were carefully replicated in the is transferred into bronze. When the sculpture is ultifinished work, a life-size, highly detailed replica of mately cast, the finished monument reflects every

Bike to Work Day in San Diego set for Friday

third Friday in May as part of National Bike Month. Bike to place Friday, May 20.

The local event is organized by from 6 to 9:30 a.m.).

Bike to Work Day is a national the SANDAG iCommute program event celebrated annually on the in conjunction with local jurisdictions, businesses, and other partners and offers 101 pit stops Work Day San Diego will take (including one at the Pacific Beach Library, 4275 Cass St.,



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Mission Bay surfers catch that winning wave

By DAVE THOMAS

While you might mostly associate the spring sports season with baseball, softball, lacrosse or swimming, you'd be missing out on some great action if you did not know about the Mission Bay High School

Led by head coach Greg Farrar, the Buccaneers have grown into quite the solid surfing program.

"I revived the team as an advisor in the fall of 2011," Farrar said. "I have always coached athletics at MBHS (19 years).

"I have coached freshman and JV football my entire career. Also as alumni of MBHS, I coached JV baseball under Dennis Pugh for many years and coached the varsity for five years following his retirement. After baseball, I decided it would be a great time to revive the surf team."

As Farrar noted, "MBHS, Pacific and Mission beaches have always our student body to see if we could begin to build a winner (the team the season finale," Farrar stated. competes in Division IV of the Scholastic Surf Series)."



Senior standout Pearl Moore gets her toes on the nose.

contest. The top three male and female surfers in each heat move on to individual rounds in the afternoon of the contest.

"This season, we finished second overall in our division, with a 3-1-1 been a hotbed for surfers for record. We narrowly missed being decades, so I felt I'd like to tap into champs by coming up short 60-55 to El Camino High School (4-0) in

"What I acknowledged real quickly was that surfers are talented in The team season is a round-robin many areas," Farrar went on to say. format. Mission Bay High surfs head "Of the 16 male and female surfers to head against each team, each on the team, 14 of them play at

least one additional CIF sport.

"Many play baseball, girls volleyball, water polo, field hockey, lacrosse, swimming, tennis, and some participate in our outstanding music program. Also, many manage part-time jobs as well as a demanding academic course load.

"Many of my surfers elect to take our most rigorous IB curriculum. As a result, many of this year's graduates are reaping the benefits," Farrar added.

READ MORE ONLINE AT sdnews.com

Mission Bay High teams chase CIF medals

By DAVE THOMAS

With the school year winding down, numerous Mission Bay High athletes will be going after CIF gold recently or hope to in the next week.

On the baseball diamond, head coach Chad Starkey's Buccaneers finish up the regular season at home on Friday, May 20 vs. Foothills Christian (3:30 p.m.) on Senior Day.

were looking to win out this week and lock-up a last-minute playoff

In recent action, Mission Bay got its first win over rival La Jolla in three years with a 6-5 victory.

here at Mission Bay, I am pleased to see the growth and support within the program," Starkey commented.

mark among the many other great Mission Bay teams. Keep your eye out for us to make some noise back

in the baseball world."

Softball

On the softball diamond, the Bucs under head coach Vince Ichihara were to meet Orange Glen this past Tuesday, May 17 in a CIF playoff game (after press time).

Mission Bay made the playoffs with quality wins over Francis Parker, Montgomery, Southwest San According to Starkey, the Bucs Diego and second-ranked Calvin Christian in Division IV.

According to Ichihara, key contributors this spring include sophomore pitcher Maya Cota, who has thrown just about every pitch on the mound this season for the team. "Looking back on my second year Ichihara noted that Cota has been a quiet leader playing through injury

Sophomore catcher Serena Cas-"The core group of players is tro has caught every game and young but hungry to make their every pitch this season, leading the squad in most offensive stats.

> Senior first baseman Savannah Tarbell is a leader on and off the READ MORE ONLINE AT sdnews.com

field, according to Ichihara. He noted that Tarbell is a great defender, while at 5 foot 10 inches tall; she gives the infield a big target not to mention a good stick at the plate.

Sophomore third baseman Paige Parkhill is another quiet leader, who also has a good bat and good speed at the leadoff position to get the

Sophomore outfielder Hailey Matthews works really hard and has made plenty of defensive plays in the outfield that most players will not make, according to her head

Senior shortstop Hannah Bloom has been a staple for Mission Bay softball the last few years, controlling the defense.

Freshman outfielder/second baseman Keonna Valverde-Flores quickly has become one of the team's best offensive players while also playing great defense.



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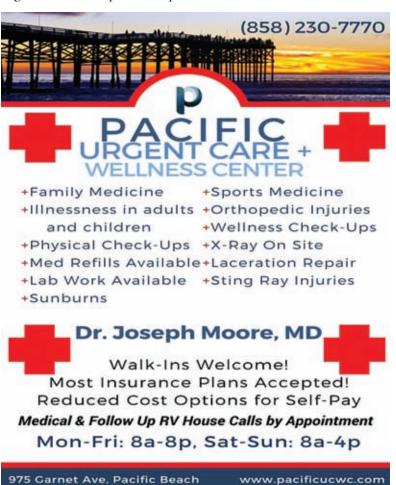
Education

EDUCATION NOTEBOOK >>

Mission Bay High

■ Mission Bay High School annual talent show titled "Get Your Act" are \$5 at the door. Together!" will take place 6:30 p.m.

Friday, June 10 at the MBHS auditorium. With cash prizes, celebrity judges and a few surprises in store, you'll enjoy this exciting night of fantastic singers, dancers, bands and unique acts. The evening will showcase the amazing talent of Mission Bay High School students. Tickets





PB Elementary

- PBE presents its 27th annual variety show, GIANT, 6 p.m. Friday, May 20. Come to the PBE auditorium for a fun night of performances and entertainment featuring talented and creative students. Tickets can be bought in the office or at the door.
- Join the PBE community for the Celebration of Art and Open House 5 p.m. Thursday, June 2. Artwork from every student will be on display in the auditorium. The Open House will feature classroom projects and different forms of creativity, such as architecture, recorder performances and the living museum. If you are new to the school or dren, please attend.

Kate Sessions

■ The school has many exciting events occurring within the next 30 days, but the best day for students will be Tuesday, May 24, when Sessions will hold its annual talent show. Featured acts include Hula-Hoopers, tap dancers, singers, and more. On June 8, the staff at Sessions will thank the amazing volunteers who support the school with their time and generosity. Without volunteers, the school would not be able to create a safe place for students to grow and learn.

CPJMA

■ On Friday, May 20, Crown thinking about enrolling your chil- Point Junior Music Academy students will attend the Classics for Kids

Concert, where strings players will perform with the professional musicians. On Thursday, May 26, the school choir concert will take place in the auditorium at 8 a.m. On Wednesday, June 1, the Music Club (rock band) concert will take place in the auditorium at 8:15 a.m.

the '80s" themed PTO auction that will take place on Saturday, June 4. Proceeds from the auction help support many music and academic procpjmusicacademy@gmail.com or call (858) 273-9830 if you would like to make a donation or help out.

■ They are gearing up for "I Love

Mission Bay Cluster

- The Mission Bay Cluster elected a new board for the 2016-17 school year: Past Chair - Jennifer Tandy Chair - Bonnie Franklin, Chair Elect - Lily Higman, Secretary - Margot Hutchinson, District Liaison - Maria Mikus, Community Liaison - Nadine Dunphy.
- The final Mission Bay Cluster meeting of the school year is 6 p.m. Thursday, June 2 at Mission Bay High School in the library. This last meeting will include a panel discussion with a group of MBHS seniors sharing their experiences at Mission Bay High. The discussion will be moderated by a graduate of MBHS and will include time for Q&A. You will hear about the success, struggles and rewards of high school, straight from the students themselves.

BABY BOOMERS NEED HEPATITIS SCREENING

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sexual practices and IV drug use. Since 2012, the CDC has recommended testing for the Hepatitis C virus for persons born between 1945 and 1965. Hepatitis means inflammation of the liver, and it impairs the ability of the liver to carry out its normal functions. If it becomes chronic, it can lead to cirrhosis. Visit us at Pacific Urgent Care and Wellness Center for your Hep C screening, and other wellness updates. Dr. Joseph Moore, MD.

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By BART MENDOZA

passed away this past March, but friends and fans couldn't let the occasion of his 84th birthday pass without notice. So on Tuesday, May 24, Dizzy's will pay tribute to the legendary saxophonist.

On hand will be a who's who of local jazz, including guitarist Peter Sprague, flautist Lori Bell, pianist Ed Kornhauser and drummer Duncan Moore, for a memorial concert that honors all that Marillo gave to the community. Making the show extra-special, there will also be an exhibition of photos of Marillo by Michael Olet.

Joe Marillo Birthday Celebration: Tuesday, May 24 at Dizzy's, 4275 Mission Bay Drive. 8 p.m. \$15. dizzysjazz.com

Anyone looking to hit the dance floor this weekend may want to check out R: Tyme, performing May 19 at Humphrey's Backstage Lounge. The sextet specializes in funky, uptempo songs with a set list that takes in everything from disco classics, such as "Le Freak," to modern-day favorites like Pharell's "Happy," the latter making good use of singer Jessie Atalig's passing resemblance to the original artist.

R: Tyme: Thursday, May 19 at Humphrey's Backstage Live, 2241 Shelter Island Drive. 9 p.m. \$12. humphreysbackstagelive.com

Dale will perform aboard the Bahia Belle Cruise on May 20. A terrific

good recast covers of artists ranging Beloved musician Joe Marillo from The Ramones to the Cars, with Ozzy Osbourne's "Crazy Train" transformed into a heartfelt ballad. Even better, though, are his originals, hook-filled, should-be hits such as "Waitress" and "Friend," full of wry observational lyrics and stories about the human condition.

> Christopher Dale: Friday, May 20 at the Bahia Resort, 998 West Mission Bay Drive. 9:30 p.m. 21 and up. \$10. bahiabelle.com

> Prolific blues performers, guitarist Robin Henkel and singer Whitney Shay are powerhouses on their own, but when they team up, it's truly something special. Appearing at the Backyard Kitchen & Tap on May 22, Henkel's manic guitar playing is perfectly matched to Shay's sassy vocals for a set that's just as much fun to watch as it is to listen to. The pair mix in standards, iazz cuts and blues for music that's a cut above the usual brunch time soundtrack fare found in most restaurants.

> Robin Henkel & Whitney Shay, Sunday May 22 at the Backyard Kitchen & Tap, 832 Garnet Ave. 11 a.m. No cover. backyardpb.com

> San Diego has many artists that might qualify as cult artists, but none is quite like Gary Wilson, who performs at Brick by Brick on Friday, May 27.

Gary Wilson: Friday, May 27, at Singer-songwriter Christopher Brick by Brick, 1130 Buenos Avenue. 10:30 p.m. 21 and up. \$18.

performer, Dale performs really READ MORE ONLINE AT sdnews.com



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Que pasó? San Diego Taco Festival billboard pilfered in Pacific Beach

San Diegans have endlessly Avenue in Pacific Beach. searched for the region's best tacos.

On or about Friday, May 6, someone decided to help themselves to a billboard that was promoting San Diego Taco Fest placed at the corner of Mission Bay Drive and Garnet

Taco Fest organizers and Outfront Now, one thief has his favorite Taco Media teamed up to create a unique campaign that included a Taco Man character having fun with unique taco sayings. The stolen billboard simply said "Eat me!" Other unique billboard sayings include "I can walk the guac," "I'm tasty – deal with it" and

"I'm one tasty taco," to name a few.

Billboards promoting the event were placed around the county a few weeks ago. Outfront Media quickly replaced the pilfered PB billboard on May 14 with a different for any information leading to the creative feature.

"When Outfront Media developed the Taco Man and fun tag lines, we

certainly didn't take into account that someone might want this for their living room," said Tim Young, one of the Taco Fest organizers.

"We would like to offer a reward capture of the Taco Man bandit, which will include free tacos at San Diego Taco Fest."

San Diego Taco Fest will take place at Waterfront Park on Saturday, May 21. The festival will feature 20 of San Diego's best taco-centric restaurants, a line-up of local and national concert acts, live Lucha Libre wrestling matches and interactive experiences.

Oh, and one less Taco Man!

Protesters ask SeaWorld to Empty the Tanks



Caitlin Cambern (right) and Holly Harvey (holding the try. The activists are not demanding the release of all cap-'Thanks but no Tanks' sign), students at Biola University, located east of Los Angeles, joined the annual Empty the Tanks global protest on SeaWorld Drive in Mission Bay on May 7. Empty the Tanks is a worldwide protest and public awareness campaign against the cetacean captivity indus-

tive marine mammals into the wild, only the animals that might be great candidates for release. Those animals that are not good candidates for release should be retired into sea pens, according to the Empty the Tanks founder Rachel Carbary, where they can enjoy the rest of their days in natural

seawater, feeling the waves of the ocean around them. 'They should not be worked until their last breath is taken and then thrown out like trash and replaced,' Carbary says. For more information, visit www.emptythetanks.org.

PHOTO BY LORA NESHOVSKA

Mission Beach group files suit to stop condo project at former elementary school

A local nonprofit opposed to a developer's plans to construct 63 condos on two separate parcels on the former Mission Beach Elementary School site have filed a lawsuit challenging the City Council's approval of the project.

Attorney Cory Briggs May 10 filed the lawsuit on behalf of Mission Beach Citizens for Responsible

of Mission Beach's character, San Diego City Council voted 6-2 in favor of the condo project, which had previously been unanimously approved by the city Planning Commission.

The lawsuit maintains project opponents have "exhausted administrative remedies" while arguing that "the public will suffer irreparable harm" as a result of developers alleged "violations of applicable laws."

The crux of the suit is the con-On April 11, overriding concerns tention that an environmental

about traffic, parking and alteration impact report required by the Cali-inate or substantially reduce all such "We'll probably be sitting down with (CEQA) for the project was inade-

> "The project's EIR," the suit says, "fails to provide adequate identification and analysis of traffic, parking and transportation, air quality, community character, noise and cumulative impacts. ... the EIR fails to provide adequate identification and analysis of measures to mitigate the project's significant adverse environmental impacts and fails to elim-

fornia Environmental Qualities Act impacts. ... The project's approval will result in increased traffic and the demand for parking in a location that already suffers from too much traffic and too little parking."

Briggs declined comment on the lawsuit other than to say, should it go to court, there's only a slight chance that could happen this year.

"It's unlikely to go to court," Briggs said, noting project opponents remain open to negotiations with developer McKellar McGowan. them in the not-too-distant future,"

McKellar McGowan is proposing a total of 20 buildings housing 63 individual units in a mix of duplexes, triplexes, fourplexes and one single-family residence on the site at 825 Santa Barbara Place.

Two projects are actually in play: Mission Beach Residences and Santa Barbara Place Residences.

READ MORE ONLINE AT sdnews.com

City attorney candidates debate at Pacific Beach Middle

By DAVE SCHWAB

Four of five candidates running for city attorney in November to replace termed-out Jan Goldsmith crossed swords at a May 11 Pacific Beach public forum, tackling hotbutton issues like short-term vacation rentals (STVRs) and homeless-

All four Democrat candidates -Mara Elliott, Bryan Pease, Gil Cabrera and Rafael Castallanos — were present. The lone Republican in the race, Robert (Bob) Hickey, was not.

In opening remarks, Chief Deputy City Attorney Elliott, a 22-year law veteran, claimed to be the race's "insider," noting she knows how things work at City Hall. "I've got a

lot of experience in auditing specializing in operational effectiveness and saving money," she said. "I can't stress the importance of this office. It requires experience in just about everything.'

If elected, Elliott would become the city's first female city attorney.

"This is the most important office nobody knows about," said Cabrera. "We need a lawyer with the highest ethics. It will be a priority of mine to work to increase the transparency of the office."

Animal-rights activist and attorney Bryan Pease saw the city attorney's role somewhat differently, casting himself as the race's populist candidate.

"I'm the only candidate here who

has a judgment against the city in allowed under current law, all four Cabrera. both civil and criminal cases," said Pease, who's defended the harbor seals' presence at La Jolla's Children's Pool. "The city attorney needs to enforce the law but always stand for code allowing minihotels in neighthe public's interest."

Castellanos, a land-use lawyer and a Port commissioner, argued that "The city for decades has not had an attorney representing it in hoods. the core areas of infrastructure, finance and real estate development." He added his experience as a transactional attorney will allow him to ensure that the city "doesn't make another bad deal" like the (previous) Chargers ticket guaran-

On STVRs and whether they're ative in solving the problem," said

candidates agreed it's a real problem needing revision. But their take on the required changes varied.

"There's nothing in the municipal borhoods," said Elliott, who's been endorsed by Save San Diego Neighborhoods, lobbying to remove STVRs from single-family neighbor-

"We need to make sure all the codes and regulations are being followed," said Pease. "But we also have a responsibility to protect the property rights of those who are doing things legally and are good for the community."

"We need to become more cre-

"There's a balance that needs to be struck," said Castellanos, adding, "We need better enforcement of STVRs that are illegal under the municipal code."

On homelessness, the candidates had their own takes and what needs to be done to resolve the issue.

"At the Port, we addressed chronic homelessness on the waterfront with outreach to the homeless population," said Castellanos. "We matched them with wrap-around services, which is critical."

"It's a complex issue with drug and alcohol problems and mental instability," said Elliott. "We need to work together better to try and resolve this."

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Community

VOLS » CONT. FROM PG. 1

nizing Committee, and Amgen worked together to make the event happen with as few issues as possible.

"Our success is measured by the community outreach and response, and I am proud to say this was an absolute success," said Ed Clancy, chairman of the San Diego Tour of California Local Organizing Committee.

Through sign-up sheets outside popular businesses, print and online advertising and a variety of media commercials and fan engagement, more than 300 volunteers gathered to give their time on Sunday.

"It was an incredible weekend for San Diego and particularly the Mission Bay area,"

said Kim Merrill, spokesperson for the San Diego Tour of California Local Organizing Committee.

Clancy says he is fortunate that Mayor Kevin Faulconer is as interested in sports as he is and says he cannot thank the community members – from all around the county enough for doing their part.

"We are a grassroots system, and it was through community engagement events and a genuine interest by residents that we were able to pull this off," Clancy said.

The volunteers arrived at 6 a.m. the morning of the race and set up barricades, closed lanes, facilitated traffic, escorted racers and went door to door handing out fliers and informing residents of the event.

"A lot of the volunteers sim-

ply love San Diego and love volunteering," Clancy said. "They were given a behind the scenes look at an event, which a lot of people were excited about, but I think most of these people just love the community."

Initial planning for the event began roughly two years ago. The route for the race and the roles for the volunteers were finalized in November of last year. The last two months prior to the race were described by Clancy as "madhouse crunch time" and were spent finalizing details and fully preparing the volunteers.

Part of this preparation took place at an orientation earlier in May that pressed safety as the number one concern for the Local Organizing Committee.

READ MORE ONLINE AT sdnews.com

RACE » CONT. FROM PG. 1

sport competing across 782 miles before concluding in Sacramento on May 22.

here again, to catch a first victory here, in the first stage. Thank you to all my

teammates. Today was a much of the stage. For his good day," said Sagan of his 14th Amgen Tour of California career victory (the accomplished riders in the race's all-time record holder for stage wins).

ride began with a break-"I'm very happy to be away group of seven riders who sprang out to take a 4plus-minute lead over the peloton, which they held for READ MORE ONLINE AT schnews.com

part in the breakaway, Jacob Rathe (USA) of San Diegobased Jelly Belly p/b Maxxis, the 24-year-old rider who is coming back from artery The picturesque 108-mile surgery last season, was awarded the Amgen Breakaway from Cancer Most Courageous Rider Jersey.





The peloton heads over the Ingraham Street bridge at the beginning of Stage 1 of the Amgen Tour of California in Mission Bay. PHOTO BY MIKE MCCARTHY









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FLIES » CONT. FROM PG. 1

attempting to expand the current Maintenance Assessment District (MAD)."

Reilly noted that "the logical next step (is) to look into forming a Community Benefits District (CBD)."

The area has been determined to be an ideal breeding ground for flies due to several unique factors: high population density with 20,000 new transient occupants every weekend at the beach community; MB's unique geography, with the ocean and bay creating a moisture-rich environment for flies to reproduce; overflowing, unsecured, unlocked trash cans and bins accessible to "scavengers" who rip open bags; unlined and unclean trash cans; unswept alleyways with trash cans and the heat that speeds up the flv life cycle.

"In essence, we are manufacturing flies in Mission Beach,"

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FLY SUMMIT

What: Second District Councilmember Lorie Zapf, along with Supervisor Ron Roberts' office, Beautiful Mission Beach and the Mission Beach Town Council, will hold a meeting to address community pest concerns and work toward solutions.

When: 11 a.m. Wednesday, June 8

Where: Belmont Park Community

concluded Reilly.

Second District Councilmember Lorie Zapf along with Supervisor Ron Roberts' office, Beautiful Mission Beach and the Mission Beach Town Council will host a Fly Summit to address community pest concerns and work toward solutions Wednesday, June 8 at 11 a.m in the Belmont Park Community Room.

The City and MB civic groups have been working for years to solve the fly problem. The City's **Environmental Services Depart**ment steps up its code enforcement during summer months. Inspectors look for overflowing

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refuse containers and illegal dumping and work to ensure waste containers are moved out of the public right of way after 6 p.m. on collection day.

The City's Transportation and Storm Water Department has also amended its street-sweeping schedule to reduce the amount of debris/material on the ground that may attract flies. The department also provides street sweeping services in the alleys of Mission Beach during the summer months.

Additionally, the City and local community groups have worked extensively with businesses and property management companies to encourage them to maintrash and recycling containers and dumpsters in good operating condition, to increase collection frequency of dumpsters and to ensure waste containers are free of holes and cracks and have functioning lids.

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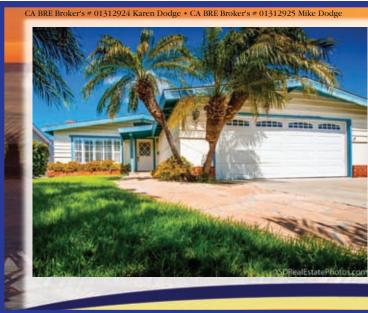


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