

MBHS seniors will be off to the colleges of their choice this fall. The school's commencement ceremonies are 5 to 6:30 p.m. on Monday, June 15.

PAGE 6



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Michelle Serafini & Rosa Buettner

City approves PB pot shop on DeSoto St.

By DAVE SCHWAB

Despite overriding opposition from Pacific Beach Planning Group, the city Planning Commission last week voted 4-0 to approve a medical marijuana dispensary in a hard-to-access location at 4645 DeSoto St.

PBPG had previously voted 12-5-2 to deny a conditional use permit (CUP) for the proposed dispensary in a 2,470-square-foot building.

The owner of a storage lot near the now-approved dispensary had implored the advisory group to deny approving it because an easement through her property would be necessary to access it. An argument was made that the area surrounding the proposed DeSoto dispensary was never intended for higher traffic volumes and would cause severe disruption to traffic and circulation.

Reacting to the marijuana dispensary's approval, PBPG member Scott Chipman, an outspoken opponent of medical-marijuana dispensaries and spokesman for a citizens group known as San Diegans for Safe Neighborhoods, characterized the opening (and closing) of pot shops in San Diego as "the irresponsible permitting of retail drug dealers by the city of San Diego."

"The only difference between the operation of the newly permitted pot shops and those that have been operating without permits for the last three years is where they are located in industrial zones only," he said.

READ MORE ONLINE AT sdnews.com



Artist Autumn Love writes another positive message on Bayard Street on Saturday.

PHOTO BY THOMAS MELVILLE

Artist's positive messages throughout Pacific Beach bring smiles and hugs

By THOMAS MELVILLE

What is love? Ask 50 people and get 50 different definitions.

Maybe it's what makes us smile in a quiet moment. It's a thought, a feeling, the purrs of our heart.

We all need it, seek it and find it, even in the most unlikely places. Sometimes we just need to open our eyes to see that it's there, all around us.

Maybe it's right here, on a

'I am on a mission to spread love everywhere I go.'

AUTUMN LOVE
PACIFIC BEACH RESIDENT

sidewalk, at the intersection of Emerald and Bayard streets.

"All of these messages around this block, it's things I'm screaming at myself, yet if I

know I need it, I know the rest of the world needs it," says Pacific Beach artist Autumn Love. "You know, I need to share this love with the world. I mean, it's perfect! Chalk, sidewalk, everyone's walking, it's beautiful."

It's usually while we're asleep. That's when Love strikes and writes her life-affirming mes-

SEE LOVE, Page 10

Stricter rules coming for vacation rentals

City committee also calls for tighter enforcement of current regulations

By DAVE SCHWAB

The City Council's Smart Growth and Land Use (SGLU) Committee directed staff to return with a new draft ordinance on short-term vacation rentals (STVRs) better defining and more strictly controlling them, while also seeking funding in current city budget deliberations for better enforcement of existing rules governing their operation.

That was the end result of deliberations May 29 among SGLU's four committee members — Lorie

'We have been failing by not enforcing some of our laws that exist today.'

TODD GLORIA
CITY COUNCILMAN

Zapf, David Alvarez, Scott Sherman and Todd Gloria — following hours of public testimony for and against the polarizing STVR issue.

SEE RENTALS, Page 8

She's Pacific Beach's first toast of the town

Graham has served breakfast at the Broken Yolk for more than 20 years

By DAVE SCHWAB

When Karen Graham started out at the Pacific Beach Broken Yolk restaurant more than two decades ago, it was the only one, and she worked in its only room.

Fast-forward 21 years, and there are now 17 Broken Yolks, the PB restaurant has added another whole room and an upstairs patio, and Karen Graham is still there and still "loves her breakfast job."

"I can't imagine my life without being here,"



Karen Graham

admitted Graham, who's been around restaurants since age 15, and was a bartender for 12 years, but just can't resist serv-

SEE BREAKFAST, Page 11



Welcome home to Paradise!

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Situated in a premiere location on the coveted Archer Street in North Pacific Beach, this entertainers home has it all. Featuring 4 BR, 4 BA, upgraded top to bottom with amazing curb appeal. The back yard is an entertainers dream, featuring a saltwater pool, pavers, fire pit, tiki bar with fridge and built in BBQ. At approximately 2,576 sq. feet, this home's floor plan gives you everything you need with close proximity to the beach.

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Federal agents seize pot yacht near Mission Bay

Federal agents near Mission Bay seized a 35-foot yacht returning from Mexico stuffed with nearly 1,200 pounds of marijuana, authorities announced on June 2. U.S. Customs and Border Protection agents spotted the yacht while patrolling outside Mission Bay early Friday and took it to a nearby marina for further inspection, according to Jackie Wasiluk, a spokeswoman for the federal agency. Wasiluk said the pot was worth an estimated \$715,800.



Congratulations to our winner! Lisa from Crown Point was the winner from our Shredding Event Drawing held at Coldwell Banker Pacific Beach. If you're looking to buy or sell condos, houses, or investment property in the beach, call Nicole on the team of Mel Burgess & Associates!



Nicole Grier 619.559.9914

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Multiple hit-and-run driver in Pacific Beach pleads guilty

A hit-and-run driver who damaged five cars during a collision-filled rampage in Pacific Beach pleaded guilty June 1 to driving under the influence of drugs.

Jon Michael Richards, 27, was arrested on Feb. 11, 2014, after a hit-and-run spree witnessed by scores of people in busy lunch-hour traffic. Over the course of 17 minutes, Richards:

- Ran a red light on Grand Avenue and hit his first victim's car in the intersection. That car spun out and hit another car, and Richards fled the scene, leaving behind one of his car bumpers bearing his license plate.

- Rear-ended a second vehicle at a red light at 1800 Garnet Avenue while police were investigating the first collision. Witnesses said Richards was speeding and did not slow down. The driver of the car he rear-ended told Richards to follow him to a nearby parking lot so they could exchange insurance information, but Richards instead drove around the accident scene and fled.

- Hit a parked car in the 2700 block of Garnet Avenue from behind, reversed, drove against traffic, sideswiped another car and fled the scene.

Pursued by witnesses, Richards drove to his residence in the De Anza Cove Mobile Home Park. When police found him outside his mobile home, Richards initially claimed he had no involvement in the accidents. Only after being identified by several witnesses did he admit he was the driver.

As they interviewed Richards, officers noted that he was slurring his speech and mumbling, swaying and staggering and that, while he was agitated and had an elevated pulse rate, he nodded off when placed in a patrol car. He admitted to having taken Klonopin and "some blue pills" earlier.

Blood tests subsequently showed high levels of methamphetamine and Clonazepam, a nervous system depressant marketed as Klonopin and prescribed for people suffering from panic attacks and epilepsy.

The case was prosecuted by Deputy City Attorney Taylor Garrot, who specializes in drugged driving cases, under a \$263,000 grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration.

Richards was sentenced to 120 days in a residential treatment program and five years' probation.

PB man pleads guilty in chemical explosion

Steve Elar Mora, of Pacific Beach, has pleaded guilty to manufacturing a chemical that resulted in an explosion at a marijuana dispensary he operated.

Mora, 34, also pleaded guilty to being a felon in possession of an AR-15 assault rifle in the incident, which happened on July 21, 2014 in Clairemont. The rifle was found in his residence near Mission Bay High School.

Sentencing was set for Aug. 21 by U.S. District Court Judge Barry Moskowitz. Mora faces a maximum sentence of 10 years in federal prison. He remains free on \$75,000 bond and must abide by a 9 p.m. curfew, according to court documents.

It was believed that Mora was trying to extract tetrahydrocannabinol, known popularly as THC, from marijuana in a process known as blasting. The U.S. Attorney's office said this was a dangerous risk to human life, though no one was believed injured in this explosion.

Mora's previous convictions include burglary and marijuana sale. Mora, who owns an unnamed business in PB, has agreed to forfeit \$1,178 in cash, the rifle, ammunition, a gun case and drug paraphernalia.



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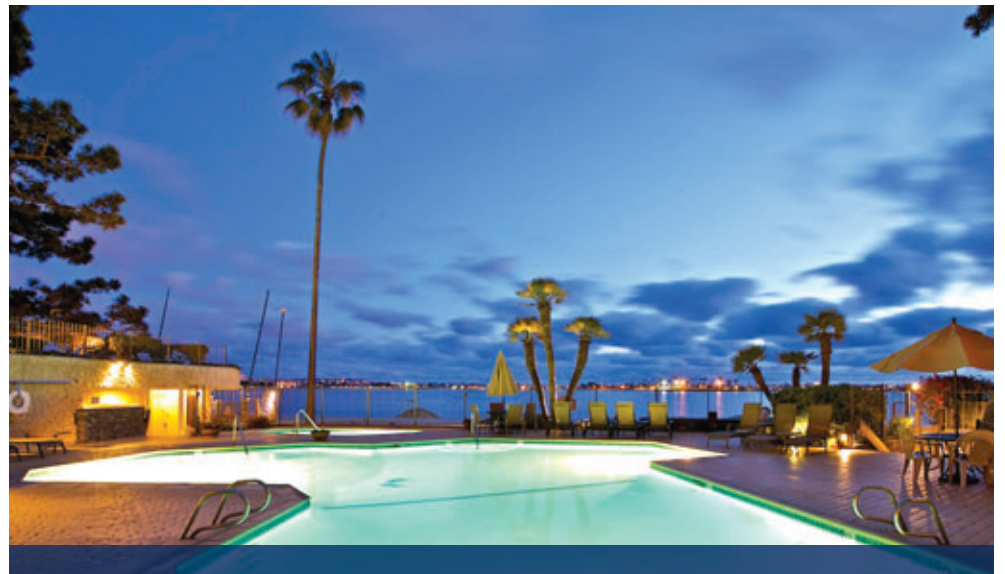


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UCSD Preuss School teacher Ann Artz, with students Janette Jaimes and Alexis Roman, and Hubbs-SeaWorld research assistant Ashleigh Palinkas, release seabass into Mission Bay at Crown Point Park last week. PHOTO BY THOMAS MELVILLE

Students create their own fish story with seabass care and release in Crown Point

By DAVE SCHWAB

Four UCSD Preuss School students participating in Hubbs-SeaWorld Research Institute's (HSWRI) Seabass In The Classroom (SITC) program completed a months-long animal husbandry project by releasing 40 tagged fish they nurtured since February into Mission Bay from Crown Point Park in Pacific Beach on May 28.

The SITC program incorporates a hands-on learning experience into school science curriculum, coupling it with field activities releasing cultured marine fish. The program teaches students about aquaculture and stock enhancement by growing, feeding, tagging and finally releasing fish into local waters. Once released, the students' cultured seabass are tracked by tags embedded in their cheeks.

"This is our stellar Science Technology Engineering Math (STEM) program we started three years ago teaching students about wildlife conservation," said Eileen Sigler, development director of Hubbs-SeaWorld. Sigler said seabass were especially chosen for the SITC program.

"From the 1950s to the 1980s, the white seabass catch in California

'I realized there was a lot more to taking care of the fish than just making sure they were alive.'

EDUARDO ARCE
PREUSS STUDENT

dropped from more than 55,000 to less than 3,500," she said noting the SITC program is not only an educational tool for students, but an important first step in repopulating the species.

Preuss teacher Ann Artz led her four students in the May 28 seabass release. It was the culmination of a classroom project that began in February, when juvenile white seabass obtained from HSWRI's Carlsbad fish hatchery were transferred to the Preuss science class. Students there maintained them in a large tank while they grew to about 7 inches in length, a size affording them a greater opportunity to survive in the wild.

"These students have been in an environmental science class all year raising seabass," Artz said. "This is our

second batch. Students fed them and did water analysis in their tank every day, ensuring there was no ammonia or other harmful elements."

Artz complimented the SITC program, noting it offered her students an opportunity to get involved in — and inspired by — a science research project that taught them about oceanography. They also got to tour the Carlsbad hatchery, which the teacher said was a real learning experience for them to see high numbers of fish being cultured in one place.

Preuss students at UCSD are from underprivileged families whose children have never gone on to college or higher education. The La Jolla school's program seeks to change that.

Preuss student Eduardo Arce from City Heights said he "definitely" got something out of the SITC program.

"I realized there was a lot more to taking care of the fish than just making sure they were alive," he said. "You have to do a lot of water analysis to make sure the conditions for them are just right."

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New restaurants on the way, and office buildings changing hands in Pacific Beach

There have been many recent changes in businesses and their locations in Pacific and Mission beaches. Here are a few:

- The **Carl's Jr.** at 1375 Garnet Ave., which closed a couple of months ago and is now fenced off, is being remodeled and converted into a Mexican restaurant.

- Word has it that the now-closed **Good Time Charlie's** restaurant/bar at 910 Grand Ave. could be converted into a new restaurant format by the Kam family, who previously owned China Inn at 877 Hornblend St. The cuisine of the restaurant-to-be is not yet known. However, the name China Inn is now copyrighted and cannot be reused.

- The old **China Inn** site is being redeveloped by Mark Oliver, formerly part of the executive team at **George's** La Jolla, into a new more upscale eatery, though few details have been disclosed. Oliver said he expects his new restaurant to open sometime this fall. The 5,900-square-foot corner property is being "reimagined" by two local architectural firms, Golba Architecture Inc. of Pacific Beach and David Robinson Design of Bird Rock. Both have been

engaged, respectively, to handle exterior and interior design.

- **Jinya Ramen Bar**, with other locations in Los Angeles and Hillcrest, is reportedly also coming to Pacific Beach. Capital Real Estate Ventures' Justin Earley confirmed the noodle shop will be taking over **Oggi's Pizza** at 825 Garnet Ave. New construction is hoped to be completed by mid-August or September.

- **Pacific Beach Shore Club** at 4343 Ocean Blvd. is opening a new deck and an additional bar this weekend above the boardwalk, offering an extra 1,800 square feet of outdoor space to the beachfront eatery. PB Shore Club owner Billy Ramirez, who also runs PB Fish Shop, said the deck project has been six years in the making.

- Sugar & Scribe's former location on Garnet Avenue has been filled with **PB Bakery and Cafe**. The Italian-influenced bakery specializes in pastries, cookies, tarts and custom cakes and will be expanding into a savory menu of breakfast and sandwiches.

- **Board & Brew**, which first opened in Del Mar in 1979 and has locations spanning from Scripps

Ranch and Carlsbad to Orange County, has expanded its popular sandwich shop to 4516 Mission Blvd. Craft brews are expected soon.

- A mixed-use development, retail on the ground floors with condos above, is being developed next door to U.S. Bank at 1606 Grand Ave. The site was previously used for jet ski rentals.

- The mixed-use 3,194-square-foot commercial building located at 1146-1148 Garnet Ave. has been sold for \$694,000 cash to Canadian investor Elena Savella. The property includes two detached leased retail buildings and one detached 2,200-square-foot three-bed, three-bathroom apartment.

- Tony Franco, president of **The Franco Realty Group**, and Dan Moore represented the seller of the 12,000-square-foot mixed-use retail and office building on the signalized corner of Garnet Avenue and Fanuel Street. The 25-tenant, mixed-use shopping center at 1277 Garnet Ave. has been sold for \$2.57 million. The buyer was the Abeles Family Trust, and the seller was the Rose Revocable Trust.

READ MORE ONLINE AT sdnews.com

How to save thousands when selling your home

When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range.

Your asking price is often your home's "first impression," and if you want to realize the most money you can for your home, it's imperative that you make a good first impression.

This is not as easy as it sounds, and pricing strategy should not be taken lightly. Pricing too high can be as costly to a homeseller as pricing too low. A

recent study, which compiles 10 years of industry research, has resulted in a new special report entitled "Home-sellers: How to Get the Price You Want (and Need)." This report will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell at the price you want.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how to price your home to your maximum financial advantage.

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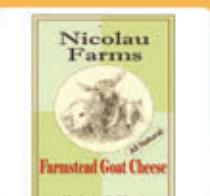
FLAG DAY HONORED Marie Tolstad of Coldwell Banker Real Estate Pacific Beach decorates a local residents yard with flags in celebration of Flag Day. Tolstad has been honoring Flag Day in this manner for 30 years on June 14th. Other neighborhood events she promotes are the "Shred Documents" event hosted post-tax season at her office in PB and neighborhood yard sale event."

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Mission Bay High

■ Congratulations to Mission Bay High School's surf team. This was another great year, with five students landing in the top 10 for the year: Men's shortboard, fifth, Lucas Monari (11th grade) and seventh, Kieran Wills (10th grade); women's longboard, third, Pearl Moore (11th grade) and eighth, Ciara Gray (ninth grade); bodyboard Div. 4 champion, first place, Nicolas Campagna (ninth grade).

Pacific Beach Middle

■ Piatt Pund, PB Middle IB World School seventh-grader, with two years' Mandarin experience, won second place in his category in the 2015 Chinese Bridge Proficiency Competition Preliminary Contest.

Sponsored by Los Angeles Chinese General Consulate Office and hosted by Confucius Institute at San Diego State University on May 15, the competition was open to all students in first through 12th grades under the judiciary region of Los Angeles Chinese General Consulate Office, and it included contestants from California, Oregon and Arizona.

PB Middle IB offers Mandarin for non-native speakers and will become one of the only Mandarin Immersion Middle Years IB programs in California starting in the fall.

■ Welcome Cecilie Udsen to PB Middle. Udsen is a teacher in Denmark and will be volunteering in classrooms at PB Middle through June. She has come to learn more about our system of public education at the IB Middle Years Programme.

Mission Bay Cluster

■ Mission Bay High School seniors are excited for their next steps after graduation. This great class got accepted to some of the finest schools in the nation, including Vanderbilt University, Boston College, UC Berkeley, UCLA, USC and so many more.

■ The final Mission Bay Cluster meeting of the school year is 6 p.m. Thursday, June 4 at Mission Bay High School in the library. We will reflect on a successful year of collaboration, advocacy and growth.

This last meeting will include a panel discussion, with a group of MBHS seniors sharing their experiences. The discussion will be moderated by a graduate of MBHS and will include time for Q&A.

You will not want to miss this opportunity to hear about the successes, struggles and rewards of high school, straight from the students themselves.

■ If you are part of the Facebook community, consider joining the Facebook page, Mission Bay Cluster of Pacific Beach Schools, to hear the latest and greatest about the community schools.



And they're off ... to college!

Congratulations to graduating MBHS seniors, who are off to their colleges of choice. PHOTO CONTRIBUTED



Community service presentations

Eighth-graders at Pacific Beach Middle IB World School completed their IB portfolio and community service presentations to panel members, including local business and community leaders. Thank you to Councilmember Lorie Zapf and Bruce Williams from the City Council office for volunteering their time. In the photo: Benito H., Delanira V., Zapf and Sam S. PHOTO CONTRIBUTED

New Outdoor Learning Center dedicated at St. Paul's Lutheran School

St. Paul's Lutheran School of Pacific Beach dedicated its newly built Outdoor Learning Center on May 6. Students in preschool through eighth grade planted vegetable seeds, fruit trees and pollinator plants. They also took home vegetable and flower seeds to plant in their own gardens.

Throughout the day of planting, students learned through hands-on, inquiry-based learning. Second-graders found aphids while pruning an apricot tree, thus learning about the intricate web of life and the interconnectedness of nature. Fifth-graders used their math skills to lay out corn seeds in a raised planter bed. Eighth-graders used group problem-solving skills as they designed a pollinator bed. Kindergartners used their sense of smell and touch as they learned about basil and cilantro.

The venter allows students to learn through multiple educational styles, including those with a more experiential approach. Students learn how the food they eat grows and are more likely to eat vegetables that they nurtured, thus improving nutrition.

Teachers utilize the center as an essential resource in teaching the Common Core State Standards.

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Local Company Employs Seniors Wanting to Give Back

Many seniors retire from one career and immediately jump back into the workforce. Seniors often continue to work for financial reasons, to supplement their retirement income and make it last longer, but others are rejoining the workforce to give back and feel productive. A recent Gallup survey found that 63 percent of workers planned to work part-time when they reached retirement age, the majority saying they would do it because they wanted to.

Seniors returning to work are

very focused on work/life issues, pursuing employment that is personally satisfying and allows them time to pursue travel, enrichment and family activities.

A local company, Seniors Helping Seniors, offers a unique opportunity for retirees to remain active in the workforce, supplement retirement income and help other seniors. The company matches active seniors with seniors who need some assistance to remain independent.

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Fair begins Friday

The San Diego County Fair will run for 25 days at the Del Mar Fairgrounds from 4 p.m. Friday, June 5 through Sunday, July 5, and will be closed on Mondays and the first two Tuesdays. The Fair is the largest annual event in San Diego County. Admission is \$15 for adults; \$8 for ages 6-12, and 62 and older; free for ages 5 and younger. For information, visit www.sdfair.com.

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RENTALS »

CONT. FROM PG. 1

Coastal residents have increasingly come forward complaining that noise, partying, traffic, trash and other problems caused by some troublesome STVRs have become an intolerable disruption that is eroding neighborhood character. Many residents are calling for stricter rules, tighter enforcement and greater accountability over rentals. Some are advocating entirely barring STVRs from single-family neighborhoods.

STVR reps and proponents have countered that a few bad operators are giving the entire rental industry a bad name. They insist the answer is to better enforce existing regulations, not make wholesale changes with them.

SGLU chair and District 2 Councilwoman Lorie Zapf, who represents Ocean, Mission and Pacific beaches, called the committee's action an "important first step," adding "this is going to be a long process."

Alvarez, on behalf of the city, took blame for the escalating STVR situation.

"We need to apologize to everybody because the city has not been doing our job, we have been failing by not enforcing some of our laws that exist today," Alvarez said.

Two members of Pacific Beach Planning Group, chair Brian Curry and Chris Olson, speaking on their own behalf and not the group's, reacted to the May 29 Council committee hearing.

Curry contended changes need to be made in both policy and procedures governing STVRs.

"The city's position on the municipal code is flawed," Curry said. "Development Services suggests STVRs are not visitor accommodations, a commercial use prohibited in residential zones. Hence, STVRs are allowed in all residential zones."

But Curry pointed out that the city treasurer includes STVRs with other visitor accommodations and insists STVRs are subject to a transient-occupancy tax (TOT).

"Hence, the city acknowledges STVRs as transient-occupancy use when it comes to taxes but ignores them when it comes to zoning," he said. "San Diegans should be concerned that every residentially zoned neighborhood is a commercial-use hospitality zone. Neighborhoods are no longer for neighbors but (for) more taxation and social disruption."

Olson gave kudos to Zapf for confronting the STVR issue.

"We have to give a big hurrah to Councilmember Zapf for being the first person in our city government to have the leadership to bring this issue forward," Olson said. "She also shows courage to stand up for our residential neighborhoods rather than joining the 'it's all about the money' parade."

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LOVE >>

CONT. FROM PG. 1

sages around town. When she needs inspiration while painting in her studio on Emerald Street, she gets on her longboard and rides through the night, leaving messages to inspire others.

"I am on a mission to spread love everywhere I go," she says. "So that is the underlying theme of my life and my existence. So in any capacity I can do that, I will, and I do."

It's even written on her head, her arm, and across her board. It's the main theme of her paintings. It radiates from her sapphire blue eyes and dimpled smile. She pours her energy into it. Love.

"One piece of chalk. I have 25 pieces of chalk for 99 cents. What is that, 5 cents apiece? I'm like, for 5 cents the impact I could make is just, it's unstoppable. It's amazing."

The impact has been felt. On Instagram, Twitter, and Facebook, locals have been sharing and commenting on the messages. "You're doing a lot



Artist Autumn Love in her 'love circle.'

of needed healing for a lot of people whether you know it or not. Keep up the inspiration," reads one of the comments on Instagram about her "You are perfect as is" message near the Crystal Pier.

Last Saturday, as Autumn was working on another message on Bayard, three young blonde women in wetsuits and carrying shortboards walked by on Emerald. They stopped, looked down, and the one said, "I love seeing all these messages. It makes my day." The other two shook

their heads in agreement as they continued toward the beach.

Autumn stood up, brushed off her scraped knees and just smiled.

"I know that there's a reason I'm here. I'm here to raise the general vibration to a more loving space, more loving existence in the world. I think the world is shifting into a more beautiful space. With my art and all that I do, I'm on a mission to do that."

A few nights ago while she was creating her circle of love – "In this space is pure love only" – a distraught young man lumbered by, saw the circle, stood in it and said to Autumn, "You just made my night."

"I said 'Thank you' and gave him a hug. I'm obsessed with hugging people, and I want to be a professional hugger. If we get off track in life, love centers us and brings us back to our purpose and why we're here."

Growing up in Michigan, Autumn was smothered with love from an adoring family. She earned an art degree from the University of Michigan in Ann Arbor and eventually moved out west a few years ago.

"I account the love that I have in

me from my upbringing. So much love, just nothing but love all the time. When you're little and you have that, you don't realize the value, you just know you're a happy child.

"It's like I can still carry all that love that filled me. What do I do with it? You know, now I'm just this one being, this vessel with all this love in me that I have to just pour everywhere. It's just what's in me. It fuels my art, my creativity."

And her art is not just featured on the boardwalk, benches and sidewalks – it will be hanging on the walls of the Mad Beat's new location on Garnet Avenue. Her large-scale abstract paintings based on love will be available for purchase at the popular juice shop.

"I'm still growing and I still have so much love to give and to bless this beautiful town and this space. I'm happy here, and especially happy if I feel like I can make a change here. As humans we forget, and we need the reminder all the time. We need to be reminded to love."

Follow Autumn on her Instagram account at @artbyautumn.

Bird's surf scoop



Photo by Goulding/jagmediaproductions.com

Bird Huffman

Changing tides!

Since the latter part of the 1950s, polyurethane foam has been at the core of most all surfboards built. But after more than half a century of repeated use, surfboard technology and construction is moving toward a significant change.

You may ask why has it taken so long. For starters, surfers are a notorious bunch for not accepting change, but I feel the main reason has been based upon build costs and availability of material. Having started selling boards in 1970, when prices started at under \$100 for a professionally built board, I note that retail prices have not kept up with the times. Excluding the offshore-built boards of dubious design and quality, hand-built boards made right here in San Diego can cost under \$500. Not much of an increase in the past 45 years when comparing the cost of goods sold in almost any other item built with so much time and effort.

So why the change now? Performance is one factor. With the current level of surfing being taken to such new extremes, stronger, lighter and faster equipment becomes more sought after. With the larger surf and the radical above-the-lip surfing taking place today, boards will break at a more accelerated rate. In order to place these surfers on those waves, the board has to have improved surfing characteristics.

Although an elite group truly requires these aspects, the end result is a trickle-down effect of design and technology for the average rider. Standard polyurethane foam has been the strength of a board, along with the wooden stringer that usually runs from nose to tail. The Fiberglass and resins used to seal the board from water penetration also add strength.

One of the newer and strongest ways to build surfboards now relies on a lighter, expanded polystyrene foam core, vastly lighter than the traditional polyurethane blank. This is wrapped in various layers of Fiberglass and other light but high-strength materials saturated in epoxy resins. Through a practice known as vacuum bagging, the excess resin is removed under pressure in a controlled temperature setting. This basically creates a high-strength, more flexible shell surrounding the foam.

This type of build, also known as sandwich construction, is superior in strength to traditional methods, and it offers up some different riding characteristics.

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BREAKFAST >>

CONT. FROM PG. 1

ing at Broken Yolk.

"I've always been very happy here," she said. "The quality of my life is better because of this job."

An avowed "people person," Graham enthused that "I'm good at it."

She acknowledged being adept at dealing with people — all kinds — is what you have to be to achieve success in the restaurant biz.

"We are the ones (servers) who always have to be happy no matter what," Graham said. "I love talking to people. It's something that comes natural. I'm very happy doing what I do."

But one downside, according to Graham, is that waitresses often "get blamed for everything."

"People don't realize what we do a lot of times," she said while pointing out the wait staff "doesn't cook."

Graham cited one occasion when the kitchen had messed up her order, but one patron overheard and was sympathetic.

"She said to me, 'If I wasn't sitting up here (counter) — I would have blamed you.' But because I saw what happened, it wasn't you."

"Thank you for saying that," Graham responded, adding, "I can only do so much."

One of the hardest parts of being a server, besides juggling several

plates of food at one time and dealing with the occasional problem patron, is of course being on your feet for long periods.

"Sometimes it's physical," she said, pointing out it can be mentally taxing too.

"We deal with so many different personalities, sometimes it's exhausting mentally for sure," Gra-

ham said.

"My boss has always been good to me," she said. "His daughter is one of my best friends. I'm considered part of the family almost."

It also doesn't hurt that being a server is one of those few occupations where you go home with money in your pocket from tips after every shift. Graham likes that. She

even likes being more busy than not, which is why she likes working downstairs at Broken Yolk where the customer action, she said, is more "burn and turn."

"I work at the counter where people eat and then go," Graham said. "I love the fast pace. I really do."

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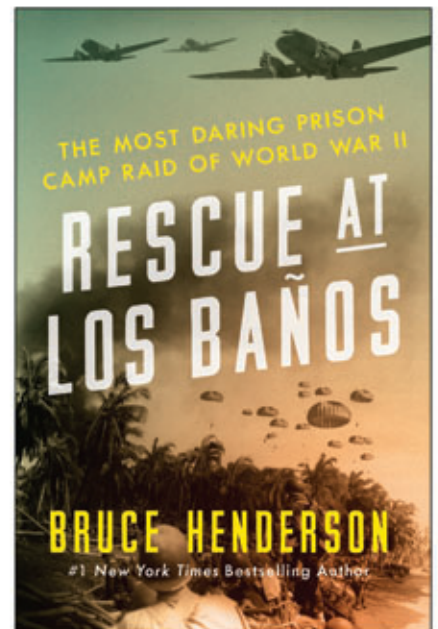
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Beatles tribute at Dizzy's on Saturday

By BART MENDOZA

Just ahead of Paul McCartney's 73rd birthday on June 18, The Fred Benedetti Trio will celebrate the music legend's songs with a special concert at Dizzy's on June 6.

Benedetti is one of the area's best acoustic guitarists and, along with fellow strummer Peter Puppington, has recorded several Beatles-themed albums well worth hearing.

For this concert, Benedetti and company will perform a mix of McCartney's Beatles and solo material, with one of the world's greatest repertoires at their disposal.

■ Anyone who enjoys music circa the 1990s will enjoy a two-band bill taking place on June 5. Opening up will be the Fooz Fighters, playing the hits of Dave Grohl's hitmakers. Closing out the

MUST HEAR

■ Fred Benedetti Trio: Saturday, June 6, at Dizzy's, 4275 Mission Bay Drive. 8 p.m. \$15.

■ The Big Lewinsky: Friday, June 5, at the 710 Beach Club, 710 Garnet Ave. 9 p.m. 21 and up. \$5. www.710bc.com

■ Agent Orange: Saturday, June 6, at Brick by Brick, 1130 Buenos Ave. 9 p.m. 21 and up. \$15. www.brickbybrick.com

■ In-A-Fect: Sunday, June 10, at Humphrey's Backstage Live, 2241 Shelter Island Drive, Shelter Island. 9 p.m. \$12. humphreysbackstagelive.com

■ Joey Harris: Friday, June 12, at Tio Leo's, 5302 Napa St. 9 p.m. 21 and up. Cover TBD. www.tioleos.com

night will be one of the area's most versatile combos, The Big Lewinsky. Rather than tribute a particular band, this quintet celebrates the whole decade, across genres, resulting in a set list that can mix

Weezer, Notorious B.I.G., Lenny Kravitz and Naughty by Nature. Anyone who is tired of the basic classic rock set list of many bar bands will enjoy the Big Lewinsky's sets of more recent favorites.

■ Legendary Orange County band Agent Orange performs at Brick by Brick on Saturday, June 6. Mixing surf and Who power-chord elements with punk, the trio blazed a trail from the first note of their 1980 "Bloodstains" EP.

The key to their popularity and longevity is down to the song writing of frontman Mike Palm, who has penned or co-penned a slew of great tunes, such as "I Kill Spies," "Everything Turns to Grey" and "It's in Your Head," all singles in the classic sense of a three-minute rocker with great hooks.

READ MORE ONLINE AT sdnews.com

Calendar

Thursday, June 4

■ Beachwear with Luli Fama at Gone Bananas Beachwear, 3785 Mission Blvd. 4 to 7 p.m. Custom fitting by the designer of Luli Fama Swimwear. Food, drinks, hair styling, DJ, and gifts.

■ Night Flight at the Wave House, 3125 Ocean Front Walk. 7:30 to 9 p.m. Pro flow-boarders perform on the Flow Wave. Drink specials at the bar.

Friday, June 5

■ Louis Valenzuela and Friends at the Turquoise Café-Bar Europa, 873 Turquoise St. 9 p.m.

Saturday, June 6

■ National Learn to Row Day at the San Diego Rowing Club, 1220 El Carmel Place. 7 to 11:30 a.m. Learn to row on a rowing machine and in the water.

■ Family Fun Day at Café of Life Chiropractic, 4535 Fanuel St. 10 a.m. to noon. Something for the whole family. Proceeds benefit PB Schools.

Sunday, June 7

■ Junior OTL tournament at Fiesta Island. Sign-ups at 8 a.m., games start at 9 a.m. \$20 team entry fee. Fee includes lunch.

■ Crucial Blend performing at Winstons Beach Club, 1921 Bacon St. 5 p.m.

Tuesday, June 9

■ Pacific Beach farmers market, Bayard St. between Grand and Garnet. 2 to 7 p.m. Produce, live music, art, and dinner.

■ Tuesday Night Trivia at 710 Beach Club, 710 Garnet Ave. 7 to 9 p.m. Food and drink specials and gift certificates for winners.

Wednesday, June 10

■ Adult Art Class, PB Library, 4275 Cass St. 5 to 7 p.m.



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PB Kiwanis Recognizes Local Students



The Pacific Beach Kiwanis Club held its annual Hope of America Award ceremony on May 21, 2015, at the Broken Yolk Restaurant. The award recognizes students who demonstrate leadership, good character, and academic performance. The honorees were 6th grade students from local elementary schools. From Barnard Asian-Pacific Academy, students Marleigh Henehan and Mario Rocha; from Pacific Beach Elementary, students Justin Coleman and Lily Horowitz; from Saint Paul's Lutheran students Lauren McKenzie and Sydney Paul; and from Kate Sessions Elementary students Isabelle Frank and Cooper Taffe. Also recognized were students Sierra Trout and Roberto Mejia from Crown Point Music Academy.

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Sat 2-6pm	1120 Chalcedony St.	5BR/3BA	\$1,595,000	Frank Caruso • 858-699-4614
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Sun 1-4pm	1720 Nautilus Street	4BR/3BA	\$1,485,000	Coolleen Anne Cooney • 858-367-3454
Sun 1-4pm	5663 Chelsea	3BR/2BA	\$1,890,000	Christiane Scott • 858-735-6578
Sun 1-4pm	1533 Copa De Oro	3BR/2BA	\$1,895,000	Cher Conner • 858-361-8714
Sun 1-4pm	1781 Calle Delicada	5BR/4BA	\$1,900,000-\$1,949,000	George Daglas • 858-367-0585
Sun 1-4pm	6275 Cardeno Drive	4BR/2.5BA	\$2,095,000	Monica Baxter • 858-752-7854
Sun 1-4pm	964 La Jolla Rancho	4BR/3.5BA	\$2,475,000	Cher Conner • 858-361-8714
Sun 1-4pm	383 Westbourne Street	3BR/2BA	\$2,749,000	Linda Marrone • 858-735-4173
Sun 12-4pm	5788 La Jolla Corona	4BR/4BA	\$2,775,000-\$2,975,000	Christiane Scott • 858-337-6578
Sun 10-1pm	5486 Rutgers Rd.	4BR/4+BA	\$4,425,000	Bianca Diaz • 858-232-7507
Sun 1-4pm	1329 West Muirlands Dr.	7BR/7.5BA	\$5,795,000	Gina Hixson & Elaine Robbs 858-405-9100
Sat 12:30-3:30pm	3417 Kennelworth	11BR/6BA	\$925,000	Mark Levit • 858-509-3930

UNIVERSITY CITY

Sun 1-4pm	3977 Caminito Terviso	3BR/2.5BA	\$839,900	Russ Craig • 858-361-7877
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{“Group” represented lucky buyers on both purchases.
Both properties had multiple offers.}

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LAND VALUE NORTH PACIFIC BEACH



Photo represents
similar view.

Asking about 950K
• 6500SF lot near park

2/2 OCEANFRONT CONDO, CAPRI BY SEA



Asking about 1.2M
• rarely available

NORTH PB DUPLEX 1/2 BLOCK TO BEACH



Photo represents
similar property.

Asking about 1.4M
• 3/3 + 1/1, keep rented or move in
• 2-car garage + 3 spaces

SOUTH LA JOLLA DUPLEX W/ PRIVACY



Photo represents
similar property.

CALL HELEN FOR PRICE
• 3/2 + 2/1 turnkey & upside
• 7000SF lot, VIEW POTENTIAL

{Not on MLS. Principals only.}



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*Source: MMR Strategy Group study of unaided awareness among buyers, sellers, and those planning to buy or sell; asked, when they think of real estate brands, which ones come to mind?"

92109's

Top Team

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New Construction 4 new, ocean-close townhomes you will want to consider! Each has 2bd/2ba, a bonus room, and approx. 1,400 - 1620 sq ft. The homes each feature an outdoor fireplace, a single car garage + 1 parking spot, a lot of modern amenities, and are only 4 blocks to the beach. CALL NOW FOR DETAILS & PRICING!



1375 Emerald St This Spanish-themed, 3bd/ 2 ba house is located in a fabulous location on a large corner lot, close to all and provides a blank canvas for someone to create their forever home. Home has multiple outdoor alcoves and lots of yard space, perfect for entertaining. The two car garage, 2 car driveway and RV pad provide plenty of parking and storage. Home needs a little love and TLC, but with a little work, it could be a beauty.



1819 Law St. The home features 4bd/ 2ba & 2123 sq ft of single level living space on a 7500 sq ft lot. Entertain in your HUGE great room w/9ft ceilings, an open floor plan, 6ft kitchen island, & wine fridge. Enjoy the outdoors on your large redwood deck & spacious grassy yard. The high-end features in this home seem endless w/ a dual sink marble top vanity in the master bath, solar tube skylights, quartz kitchen counters, Frigidaire Gallery Series appliances, & SO MUCH MORE.



CALL US

We will handle all your Real Estate needs

Kathy Evans
(858) 775-1575
isellbeach.com
CA BRE #00872108



Scott Booth
(858) 775-0280
scottboothsd@gmail.com
CA BRE #01397371



5227 Ocean Breeze Ct. Offered at \$1,995,000 - \$2,195,000

Space to play in this tastefully renovated 5 bedroom, 5 bath home with a bonus room and guest suite on an elegant cul-de-sac in North Pacific Beach. Features include soaring ceilings, sunny and open floor plan, fireplace in living room, and brand new custom island kitchen with breakfast area and seamless continuity into the living room, dining room, and large back yard with built-in barbecue and fireplace. Master Suite enjoys a Juliette balcony, separate tub and shower, double vanity, and walk-in closet. Guest Suite is equipped with a kitchenette, full bathroom, and private patio. 3-car garage and generous driveway makes parking a breeze.

Steve Cairncross SteveSellsCoastal.com 858-735-1045 CA BRE #0859218



This 3 bedroom 2 bath townhome sold with multiple offers above list price in less than a week.

www.806Monterey.com Sold for \$982,000

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Detached Mission Beach Home, Not On The Market!

Now this is what you call a Beach House! Steps from the Ocean and White Sand in North Mission Beach, North side of the Court on the Ocean side of the Blvd. Just remodeled with Southern Coastal charm.



Contact Kara for more details!

Kara Watkins Norgart
619-708-8276
www.KaraWatkins.com
CA BRE #01389633



3910 Haines St. #106 Offered at \$359,000

Fabulous Condo only one short block to Sail Bay! This is a well maintained, pet friendly Complex. New Kitchen and Bath installed in 2006 with gorgeous Granite Counter Tops and tasteful Tiling in Shower. Kitchen, living room and dining area have a Great Room effect that sets off the nice stainless steel appliances and upscale cabinetry. There is an in-unit Washer/Dryer and one parking space.



GREG FLAHERTY BROKER/OWNER 858-692-0185 CA BRE #00935682



727 Sapphire #204 Offered at \$299,000

Cozy North Pacific Beach Condo. Steps to the Surf, plus Ocean View from the Balcony, This Studio Condo has floor to ceiling sliding glass. The Barrier Reef Complex features a pool, secure building, security gated garage plus storage, common laundry facility, rec room and bike locker area.

